

MARCAS MÍNIMAS

Tempada 2026/27. Circular 26-08.

Piscina de 25 metros con cronometraxe electrónica

Masculino								Proba	Feminino								
INFANTIL		JÚNIOR			ABSOLUTA				Conv	ABSOLUTA			JÚNIOR			INFANTIL	
2013	2012	2011	2010	2009	SUB 20 e maiores*	Abso.	Conv			Abso	SUB 20 e maiores*	2009	2010	2011	2012	2013	
00:32,10	00:29,10	00:27,70	00:27,60	00:27,30	00:26,00	00:25,15	00:00,60	50 Libre	00:00,40	00:29,30	00:30,00	00:30,40	00:30,90	00:30,70	00:31,10	00:31,60	
01:09,10	01:04,60	01:01,00	01:00,30	00:59,50	00:56,90	00:55,85	00:01,60	100 Libre	00:01,10	01:03,80	01:05,00	01:05,70	01:06,30	01:06,40	01:07,30	01:08,70	
02:30,20	02:21,50	02:13,70	02:12,50	02:12,00	02:04,50	02:03,20	00:03,50	200 Libre	00:02,50	02:18,00	02:21,20	02:22,00	02:24,00	02:24,40	02:25,40	02:29,50	
05:16,50	04:55,00	04:43,00	04:41,80	04:36,80	04:26,35	04:25,90	00:06,70	400 Libre	00:06,20	04:53,00	04:56,80	04:59,70	05:02,50	05:04,00	05:08,00	05:16,00	
10:45,00	10:16,50	09:52,00	09:45,00	09:30,00	09:16,50	09:02,00	00:12,90	800 Libre	00:11,00	09:55,00	10:04,50	10:13,00	10:17,50	10:22,00	10:29,00	10:42,50	
20:22,00	19:25,00	18:50,00	18:36,00	18:20,00	17:56,00	17:25,00	00:23,50	1500 Libre	00:20,60	18:52,90	19:22,00	19:31,50	19:38,50	19:47,50	20:00,00	20:33,00	
00:38,35	00:35,20	00:33,00	00:32,90	00:32,00	00:30,40	00:29,80	00:01,50	50 Costas	00:00,90	00:34,45	00:35,25	00:35,40	00:35,70	00:35,80	00:36,50	00:37,80	
01:19,90	01:14,50	01:11,30	01:09,80	01:08,85	01:04,50	01:03,90	00:02,90	100 Costas	00:02,10	01:13,20	01:14,80	01:16,20	01:16,50	01:17,30	01:18,50	01:20,60	
02:51,50	02:42,00	02:37,00	02:33,50	02:31,50	02:24,50	02:21,50	00:05,50	200 Costas	00:03,90	02:39,20	02:40,50	02:42,30	02:44,00	02:46,50	02:46,30	02:52,50	
00:43,50	00:40,00	00:37,00	00:35,80	00:35,50	00:34,50	00:32,50	00:00,70	50 Braza	00:00,50	00:38,80	00:39,00	00:39,60	00:40,80	00:40,70	00:41,15	00:41,80	
01:32,40	01:24,50	01:18,70	01:16,50	01:16,75	01:14,30	01:11,90	00:02,40	100 Braza	00:01,40	01:24,10	01:24,30	01:24,50	01:25,50	01:26,80	01:27,50	01:30,00	
03:17,00	03:02,00	02:48,50	02:48,00	02:49,00	02:42,50	02:38,50	00:05,40	200 Braza	00:04,40	02:59,80	03:01,50	03:03,00	03:05,60	03:07,50	03:12,00	03:14,00	
00:37,20	00:33,10	00:31,00	00:30,60	00:30,30	00:28,20	00:27,20	00:00,40	50 Bolboreta	00:00,30	00:32,10	00:32,80	00:33,60	00:34,20	00:33,85	00:34,50	00:36,80	
01:24,00	01:16,00	01:09,80	01:08,00	01:07,70	01:03,75	01:02,00	00:01,10	100 Bolboreta	00:00,70	01:13,30	01:15,80	01:14,90	01:15,90	01:16,40	01:20,00	01:23,80	
03:06,50	02:50,50	02:38,90	02:36,00	02:32,60	02:25,80	02:23,50	00:02,90	200 Bolboreta	00:01,70	02:44,00	02:46,90	02:48,50	02:53,50	02:55,30	02:57,50	03:09,00	
01:23,50	01:18,80	01:14,00	01:11,60	01:09,00	01:06,30	01:03,30		100 Estilos		01:13,90	01:15,40	01:16,80	01:17,20	01:17,50	01:21,00	01:22,30	
02:50,50	02:41,30	02:34,00	02:30,50	02:27,80	02:24,50	02:19,40	00:03,70	200 Estilos	00:02,90	02:40,30	02:41,50	02:43,80	02:47,00	02:46,60	02:48,20	02:50,60	
05:59,50	05:42,50	05:28,20	05:23,80	05:18,00	05:04,00	05:02,50	00:08,80	400 Estilos	00:06,30	05:34,00	05:38,50	05:44,00	05:48,80	05:52,00	05:59,50	06:00,50	
					01:43,30		00:02,40	4x50 Libre	00:01,60	01:59,50							
04:21,40		04:04,20			03:51,50		00:06,40	4x100 Libre	00:04,40	04:23,70		04:29,60			4:39,20		
09:23,00		08:59,50			08:23,50		00:14,00	4x200 Libre	00:10,00	09:30,50		09:44,00			9:56,20		
					01:58,50		00:03,20	4x50 Estilos	00:02,10	02:16,40							
04:57,10		04:38,20			04:14,00		00:08,00	4x100 Estilos	00:05,30	04:58,50		05:09,20			05:25,70		
* Mínima de participación só para absolutos																	
Para a conversión de electrónico a manual restaranse 19 centésimas, a excepción das probas de 50 metros onde restaranse 29 centésimas																	

* Mínima de participación só para absolutos

Para a conversión de electrónico a manual restaranse 19 centésimas, a excepción das probas de 50 metros onde restaranse 29 centésimas



**Federación Galega
de Natación**



XUNTA
DE GALICIA



DEPORTE
GALEGO

Piscina de 50 metros con cronometraxe electrónica

Marcas mínimas de nadadores con discapacidade categoría Júnior e Absoluta

Mínimas Femininas para Nadadoras con Discapacidade													
	50L	100L	200L	400L	1500L	50M	100M	200M	50E	100E	50B	100B	200S
S1	2:50,45	6:13,56							2:37,59	5:52,15			
S2	2:14,82	5:06,02	12:51,54						2:10,54	4:38,20	2:40,93	5:48,23	
S3	1:59,84	4:00,75	9:04,52			2:05,92			1:53,42	3:39,35	1:47,00	3:55,40	8:17,55
S4	1:28,81	3:12,60	6:30,55	13:11,80		1:50,10			1:29,88	3:19,02	1:36,30	3:23,30	6:30,55
S5	59,92	2:08,40	4:22,15	9:00,35		1:07,41	2:27,66	5:15,65	1:07,41	2:24,45	1:10,62	2:26,59	4:48,90
S6	54,57	1:58,77	4:11,45	8:31,46		1:04,20	2:19,10	4:54,25	1:03,13	2:14,82	1:08,48	2:24,45	4:43,55
S7	50,29	1:44,86	3:50,05	8:01,50		58,85	2:08,40	4:29,64	1:02,06	2:11,61	1:05,27	2:19,10	4:38,20
S8	44,94	1:33,09	3:30,79	7:14,42		50,29	1:57,70	4:20,01	51,36	1:52,35	54,57	1:57,70	4:16,80
S9	40,66	1:26,67	3:01,90	6:14,50		44,94	1:36,30	3:35,07	46,01	1:41,65	50,29	1:47,00	3:39,35
S10	40,13	1:25,60	2:59,76	6:09,15		41,73	1:30,95	3:13,67	44,94	1:39,51			3:28,65
S11	57,25	2:02,41	4:08,24	8:28,79		56,71	1:57,70	4:08,24	1:04,09	2:14,29	1:03,13	2:16,96	4:22,15
S12	44,73	1:41,65	3:44,70	7:40,10		47,51	1:45,93	3:39,35	51,25	1:53,42	53,50	1:55,56	4:00,75
S13	44,73	1:41,65	3:44,70	7:40,10		47,51	1:45,93	3:39,35	51,25	1:53,42	53,50	1:55,56	4:00,75
Mínimas Masculinas para Nadadores con Discapacidade													
	50L	100L	200L	400L	1500L	50M	100M	200M	50E	100E	50B	100B	200S
S1	2:18,18	5:01,23							2:37,10	5:37,31			
S2	1:47,00	3:38,28	7:16,56						1:30,95	3:37,21	1:47,00	4:24,74	
S3	1:14,90	2:49,06	5:15,65			1:57,92			1:20,25	2:53,34	1:25,60	3:34,00	8:12,20
S4	1:10,62	2:29,80	4:49,97	10:09,90		1:23,46			1:18,11	2:45,85	1:20,25	2:45,85	5:58,45
S5	51,36	1:51,28	3:57,54	8:17,55		1:02,60	2:19,67	4:49,05	58,85	2:08,40	1:09,55	2:19,10	4:16,80
S6	48,15	1:41,65	3:41,49	7:29,40		49,22	1:41,65	3:39,35	57,78	1:57,70	1:04,20	2:13,75	4:00,75
S7	41,73	1:32,02	3:28,65	7:18,70		44,94	1:36,30	3:28,65	52,43	1:54,49	57,78	2:08,40	3:50,05
S8	39,06	1:24,53	3:01,90	6:25,20		40,66	1:30,95	3:17,95	46,01	1:33,09	46,01	1:42,72	3:34,00
S9	35,31	1:19,18	2:51,20	5:58,45		39,59	1:25,60	3:04,04	42,80	1:30,95	42,80	1:39,51	3:28,65
S10	33,71	1:14,90	2:45,85	5:53,10		37,45	1:20,25	2:56,55	39,59	1:28,81			3:17,95
S11	40,13	1:35,12	3:39,35	7:37,96		44,94	1:50,21	4:11,45	43,87	1:50,21	50,18	1:51,82	3:55,40
S12	34,78	1:19,18	2:45,85	6:03,80		38,52	1:34,16	3:12,60	38,52	1:41,65	45,37	1:43,79	3:39,35
S13	34,78	1:19,18	2:45,85	6:03,80		38,52	1:34,16	3:12,60	38,52	1:41,65	45,37	1:43,79	3:39,35

As mínimas da presente táboa serán as mesmas para piscina de 25 e 50 metros con cronometraxe electrónica.
As categorías en probas de braza e estilos, serán as correspondentes á SB y SM, do certificado que acredita a discapacidade.

Marcas mínimas de nadadores con discapacidade categoría infantil

Mínimas Femininas para Nadadoras con Discapacidade							
	50L	100L	200L	100E	100B	100M	200S
S1	3:06,64	6:49,05		6:25,60			
S2	2:27,63	5:35,09	14:04,84	5:04,63	6:21,31		
S3	2:11,22	4:23,62	9:56,25	4:00,19	4:17,76		9:04,82
S4	1:37,25	3:30,90	7:07,65	3:37,93	3:42,61		7:07,65
S5	1:05,61	2:20,60	4:47,05	2:38,17	2:40,52	2:41,69	5:16,35
S6	59,75	2:10,05	4:35,34	2:27,63	2:38,17	2:32,31	5:10,49
S7	55,07	1:54,82	4:11,90	2:24,11	2:32,31	2:20,60	5:04,63
S8	49,21	1:41,93	3:50,82	2:03,02	2:08,88	2:08,88	4:41,20
S9	44,52	1:34,90	3:19,18	1:51,31	1:57,17	1:45,45	4:00,19
S10	43,94	1:33,73	3:16,84	1:48,96		1:39,59	3:48,47
S11	1:02,69	2:14,04	4:31,82	2:27,05	2:29,97	2:08,88	4:47,05
S12	48,98	1:51,31	4:06,05	2:04,19	2:06,54	1:55,99	4:23,62
S13	48,98	1:51,31	4:06,05	2:04,19	2:06,54	1:55,99	4:23,62
Mínimas Masculinas para Nadadores con Discapacidade							
	50L	100L	200L	100E	100B	100M	200S
S1	2:31,31	5:29,85		6:09,35			
S2	1:57,17	3:59,02	7:58,03	3:57,84	4:49,89		
S3	1:22,02	3:05,12	5:45,64	3:09,81	3:54,33		8:58,96
S4	1:17,33	2:44,03	5:17,52	3:01,61	3:01,61		6:32,50
S5	56,24	2:01,85	4:20,11	2:20,60	2:32,31	2:32,94	4:41,20
S6	52,72	1:51,31	4:02,53	2:08,88	2:26,46	1:51,31	4:23,62
S7	45,69	1:40,76	3:48,47	2:05,37	2:20,60	1:45,45	4:11,90
S8	42,77	1:32,56	3:19,18	1:41,93	1:52,48	1:39,59	3:54,33
S9	38,66	1:26,70	3:07,46	1:39,59	1:48,96	1:33,73	3:48,47
S10	36,91	1:22,02	3:01,61	1:37,25		1:27,87	3:36,76
S11	43,94	1:44,16	4:00,19	2:00,68	2:02,44	2:00,68	4:17,76
S12	38,08	1:26,70	3:01,61	1:51,31	1:53,65	1:43,11	4:00,19
S13	38,08	1:26,70	3:01,61	1:51,31	1:53,65	1:43,11	4:00,19

As mínimas da presente táboa serán as mesmas para piscina de 25 e 50 metros con cronometraxe electrónica.
As categorías en probas de braza e estilos, serán as correspondentes á SB y SM, do certificado que acredita a discapacidade.

Marcas mínimas de nadadores con discapacidade categoría Alevín

Mínimas Femininas para Nadadoras con Discapacidade						
	100L	200L	100E	100B	100M	200S
S1	7:50,41		7:23,44			
S2	6:25,35	16:11,57	5:50,32	7:18,51		
S3	5:03,16	11:25,69	4:36,22	4:56,42		10:26,54
S4	4:02,53	8:11,80	4:10,62	4:16,00		8:11,80
S5	2:41,69	5:30,11	3:01,90	3:04,60	3:05,94	6:03,80
S6	2:29,56	5:16,64	2:49,77	3:01,90	2:55,16	5:57,06
S7	2:12,04	4:49,68	2:45,73	2:55,16	2:41,69	5:50,32
S8	1:57,22	4:25,44	2:21,47	2:28,21	2:28,21	5:23,38
S9	1:49,14	3:49,06	2:08,01	2:14,75	2:01,27	4:36,22
S10	1:47,79	3:46,37	2:05,30		1:54,53	4:22,74
S11	2:34,15	5:12,59	2:49,11	2:52,47	2:28,21	5:30,11
S12	2:08,01	4:42,96	2:22,82	2:25,52	2:13,39	5:03,16
S13	2:08,01	4:42,96	2:22,82	2:25,52	2:13,39	5:03,16
Mínimas Masculinas para Nadadores con Discapacidade						
	100L	200L	100E	100B	100M	200S
S1	6:19,33		7:04,75			
S2	4:34,87	9:09,73	4:33,52	5:33,37		
S3	3:32,89	6:37,49	3:38,28	4:29,48		10:19,80
S4	3:08,63	6:05,15	3:28,85	3:28,85		7:31,38
S5	2:20,13	4:59,13	2:41,69	2:55,16	2:55,88	5:23,38
S6	2:08,01	4:38,91	2:28,21	2:48,43	2:08,01	5:03,16
S7	1:55,87	4:22,74	2:24,18	2:41,69	2:01,27	4:49,68
S8	1:46,44	3:49,06	1:57,22	2:09,35	1:54,53	4:29,48
S9	1:39,71	3:35,58	1:54,53	2:05,30	1:47,79	4:22,74
S10	1:34,32	3:28,85	1:51,84		1:41,05	4:09,27
S11	1:59,78	4:36,22	2:18,78	2:20,81	2:18,78	4:56,42
S12	1:39,71	3:28,85	2:08,01	2:10,70	1:58,58	4:36,22
S13	1:39,71	3:28,85	2:08,01	2:10,70	1:58,58	4:36,22
As mínimas da presente táboa serán as mesmas para piscina de 25 e 50 metros con cronometraxe electrónica. As categorías en probas de braza e estilos, serán as correspondentes á SB y SM, do certificado que acredita a discapacidade.						