

MARCAS MÍNIMAS

Tempada 2025/26. Circular 25-08.

Piscina de 25 metros con cronometraxe electrónica

Masculino										Proba	Feminino										
ALEVÍN		INFANTIL		JÚNIOR			ABSOLUTA					ABSOLUTA			JÚNIOR			INFANTIL		ALEVÍN	
2014	2013	2012	2011	2010	2009	2008	SUB 20 e maiores*	Abso.	Conv		Conv	Abso	SUB 20 e maiores*	2008	2009	2010	2011	2012	2013	2014	
00:38.30	00:35.60	00:32.00	00:29.10	00:28.00	00:27.80	00:27.00	00:26.00	00:25.30	00:00.60	50 Libre	00:00.40	00:29.30	00:30.00	00:30.40	00:30.80	00:31.40	00:31.30	00:31.80	00:33.00	00:36.00	
01:21.50	01:16.00	01:08.50	01:05.00	01:01.40	01:00.50	00:59.00	00:57.30	00:56.10	00:01.60	100 Libre	00:01.10	01:04.00	01:05.30	01:05.50	01:06.30	01:07.10	01:08.50	01:08.90	01:12.80	01:18.60	
02:52.00	02:46.50	02:28.50	02:21.50	02:15.50	02:12.00	02:11.00	02:05.30	02:03.60	00:03.50	200 Libre	00:02.50	02:18.00	02:21.60	02:21.75	02:23.80	02:24.40	02:28.80	02:29.50	02:40.50	02:50.00	
06:03.00	05:48.00	05:15.00	04:55.50	04:45.00	04:38.00	04:35.50	04:26.35	04:25.90	00:06.70	400 Libre	00:06.20	04:52.50	04:55.70	04:58.00	04:59.50	05:03.50	05:11.00	05:17.50	05:35.50	05:55.00	
12:45.00	12:00.00	10:40.00	10:14.00	09:50.00	09:36.50	09:28.00	09:16.30	09:02.00	00:12.90	800 Libre	00:11.00	09:53.00	10:04.50	10:11.00	10:15.00	10:22.00	10:32.00	10:45.00	11:20.10	12:06.00	
		20:15.00	19:25.00	18:50.00	18:36.00	18:20.00	17:56.00	17:25.00	00:23.50	1500 Libre	00:20.60	18:52.90	19:20.00	19:28.00	19:38.50	19:47.50	20:06.00	20:36.00			
00:44.50	00:41.40	00:38.60	00:35.20	00:33.90	00:33.20	00:32.30	00:30.80	00:30.15	00:01.50	50 Costas	00:00.90	00:34.60	00:35.40	00:35.70	00:36.00	00:36.80	00:36.95	00:37.80	00:39.00	00:42.10	
01:33.00	01:26.50	01:20.50	01:15.30	01:12.00	01:09.50	01:08.20	01:05.20	01:04.60	00:02.90	100 Costas	00:02.10	01:13.00	01:14.80	01:16.00	01:16.50	01:17.60	01:19.50	01:20.60	01:24.80	01:29.50	
03:17.00	03:09.50	02:50.50	02:42.00	02:38.50	02:33.00	02:31.50	02:25.00	02:22.80	00:05.50	200 Costas	00:03.90	02:39.20	02:40.50	02:41.50	02:43.00	02:46.50	02:47.60	02:52.50	03:01.50	03:13.00	
00:47.80	00:46.50	00:41.70	00:40.30	00:37.00	00:35.50	00:35.30	00:34.90	00:32.80	00:00.70	50 Braza	00:00.50	00:38.40	00:39.00	00:39.40	00:40.80	00:42.00	00:41.30	00:41.50	00:43.60	00:46.70	
01:42.50	01:39.50	01:30.70	01:23.00	01:18.70	01:18.40	01:17.20	01:14.30	01:12.20	00:02.40	100 Braza	00:01.40	01:23.80	01:24.20	01:24.50	01:25.50	01:26.80	01:27.50	01:29.30	01:32.80	01:39.00	
03:40.00	03:33.00	03:14.80	03:02.00	02:50.50	02:51.00	02:43.50	02:40.50	02:38.50	00:05.40	200 Braza	00:04.40	02:59.00	03:01.50	03:03.00	03:04.70	03:06.50	03:09.00	03:12.30	03:22.00	03:35.50	
00:44.30	00:42.00	00:37.80	00:33.20	00:32.00	00:30.80	00:30.20	00:28.20	00:27.60	00:00.40	50 Bolboreta	00:00.30	00:32.10	00:33.00	00:33.90	00:34.20	00:35.10	00:34.80	00:36.80	00:38.80	00:42.50	
01:36.80	01:32.50	01:23.50	01:14.60	01:10.50	01:08.80	01:07.50	01:03.90	01:02.50	00:01.10	100 Bolboreta	00:00.70	01:13.70	01:15.80	01:14.90	01:15.50	01:17.80	01:19.80	01:23.20	01:27.60	01:35.50	
03:33.00	03:27.00	03:03.00	02:50.50	02:39.50	02:35.50	02:32.60	02:25.80	02:23.50	00:02.90	200 Bolboreta	00:01.70	02:43.50	02:46.90	02:48.00	02:52.00	02:55.00	02:57.50	03:07.40	03:17.00	03:32.00	
01:36.50	01:33.50	01:22.50	01:15.50	01:13.80	01:12.00	01:09.00	01:06.30	01:03.30		100 Estilos		01:14.20	01:16.20	01:16.80	01:17.20	01:18.50	01:21.00	01:21.90	01:25.50	01:30.50	
03:19.00	03:12.00	02:50.00	02:42.00	02:36.00	02:31.00	02:28.00	02:24.50	02:20.00	00:03.70	200 Estilos	00:02.90	02:39.80	02:41.50	02:43.80	02:46.20	02:47.40	02:50.00	02:51.50	02:59.00	03:12.00	
07:05.00	06:43.00	06:02.00	05:40.00	05:30.80	05:23.80	05:16.00	05:04.00	05:02.50	00:08.80	400 Estilos	00:06.30	05:33.50	05:37.00	05:42.50	05:45.00	05:50.00	05:59.50	06:02.30	06:16.50	06:42.00	
									01:43.50	00:02.40	4x50 Libre	00:01.60	01:59.50								
Inv. Rk/	05:22.50		04:20.00	04:05.00				03:52.50	00:06.40	4x100 Libre	00:04.40	04:24.50			04:30.00	04:40.00		Inv. Rk/ 05:13.00			
Inv. Rk/	11:49.00		9:20.00	08:57.50				08:25.00	00:14.00	4x200 Libre	00:10.00	09:32.00			09:42.00	10:00.00		Inv. Rk/ 11:20.00			
									01:59.50	00:03.20	4x50 Estilos	00:02.10	02:17.00								
Inv. RK/	06:06.50		4:56.50	4:40.50				04:16.50	00:08.00	4x100 Estilos	00:05.30	04:58.50			5:08.00	05:24.50		Inv. Rk/ 06:01.00			

* Mínima de participación só para absolutos

Para a conversión de electrónico a manual restaranse 19 centésimas, a excepción das probas de 50 metros onde restaranse 29 centésimas



**Federación Galega
de Natación**



**XUNTA
DE GALICIA**



**DEPORTE
GALEGO**