

### 1.- 100 m Estilos Masculino (TIM)

2026-03-28 17:00

ABSO\_M

1	1037175	<b>ALVAREZ FERNANDEZ, Borja</b>	96	FLUVLUGO	<b>58.50</b>	<b>15.0</b>
	50 m:	26.53 26.53	100 m:	58.50 31.97		
2	1140987	<b>ETAYO GARCIA, Oscar</b>	06	NCORUÑA	<b>58.50</b>	<b>12.0</b>
	50 m:	26.67 26.67	100 m:	58.50 31.83		
3	1098388	<b>GOMEZ MESIAS, Miguel Angel</b>	03	ARTEIXO	<b>59.10</b>	<b>10.0</b>
	50 m:	27.05 27.05	100 m:	59.10 32.05		
4	1111166	<b>LOPEZ FRANCO, Martin</b>	01	ADFOGAR	<b>59.51</b>	<b>9.0</b>
	50 m:	28.58 28.58	100 m:	59.51 30.93		
5	1143981	<b>SUAREZ MARTINEZ, Diego</b>	08	SCASINO	<b>1:01.00</b>	<b>8.0</b>
	50 m:	26.87 26.87	100 m:	1:01.00 34.13		
6	1107868	<b>MARTINEZ SUAREZ, Diego</b>	99	FLUVLUGO	<b>1:02.10</b>	<b>7.0</b>
	50 m:	28.73 28.73	100 m:	1:02.10 33.37		
7	1144193	<b>PASTORIZA SANTACLARA, Jorge</b>	97	RBAIXAS	<b>1:02.60</b>	<b>6.0</b>
	50 m:	29.48 29.48	100 m:	1:02.60 33.12		
8	1146785	<b>ALCALDE MAHIA, Jun Bin</b>	08	NCORUÑA	<b>1:02.74</b>	<b>5.0</b>
	50 m:	28.76 28.76	100 m:	1:02.74 33.98		
9	1260356	<b>BELLO LAGUNA, Santiago</b>	08	ARTEIXO	<b>1:02.88</b>	<b>4.0</b>
	50 m:	29.26 29.26	100 m:	1:02.88 33.62		
10	1117210	<b>SOBRINO BUJIA, Mateo</b>	06	RBAIXAS	<b>1:02.88</b>	<b>3.0</b>
	50 m:	29.69 29.69	100 m:	1:02.88 33.19		
11	1037932	<b>LUQUE ROMERO, Nicolas</b>	98	ADFOGAR	<b>1:03.77</b>	<b>2.0</b>
	50 m:	29.36 29.36	100 m:	1:03.77 34.41		
12	1143971	<b>GERVENO PRADA, Luis</b>	09	SCASINO	<b>1:03.77</b>	<b>1.0</b>
	50 m:	29.55 29.55	100 m:	1:03.77 34.22		

## 2.- 100 m Estilos Feminino (TIM)

2026-03-28 17:00

ABSO\_F

1	1079883	<b>RODRIGUEZ RODRIGUEZ, Nina</b>	02	RBAIXAS	<b>1:07.11</b>	<b>15.0</b>
	50 m:	30.00 30.00	100 m:	1:07.11	37.11	
2	1104197	<b>SANCHEZ BELLO, Eva</b>	07	ARTEIXO	<b>1:07.75</b>	<b>12.0</b>
	50 m:	30.87 30.87	100 m:	1:07.75	36.88	
3	1143978	<b>GIL GARNACHO, Carlota</b>	09	SCASINO	<b>1:08.18</b>	<b>10.0</b>
	50 m:	30.42 30.42	100 m:	1:08.18	37.76	
4	1205818	<b>LAMAS SANTOS, Alba</b>	11	ADFOGAR	<b>1:09.56</b>	<b>9.0</b>
	50 m:	31.20 31.20	100 m:	1:09.56	38.36	
5	1143717	<b>MACIAS FERNANDEZ, Miriam</b>	09	ARTEIXO	<b>1:11.25</b>	<b>8.0</b>
	50 m:	33.01 33.01	100 m:	1:11.25	38.24	
6	1144900	<b>RODRIGUEZ VIÑA, Valeria</b>	09	ADFOGAR	<b>1:11.25</b>	<b>7.0</b>
	50 m:	32.22 32.22	100 m:	1:11.25	39.03	
7	1207030	<b>GOMEZ PEDROUZO, Martina</b>	12	FLUVLUGO	<b>1:12.18</b>	<b>6.0</b>
	50 m:	33.67 33.67	100 m:	1:12.18	38.51	
8	1141397	<b>MARTINEZ GARCIA, Uxia</b>	09	RBAIXAS	<b>1:12.42</b>	<b>5.0</b>
	50 m:	32.86 32.86	100 m:	1:12.42	39.56	
9	1146991	<b>CANALDA RAMOS, Laura</b>	09	NCORUÑA	<b>1:12.57</b>	<b>4.0</b>
	50 m:	33.27 33.27	100 m:	1:12.57	39.30	
10	1192265	<b>CAGIAO VILLAR, Lucia</b>	11	SCASINO	<b>1:15.30</b>	<b>3.0</b>
	50 m:	34.56 34.56	100 m:	1:15.30	40.74	
11	1189567	<b>MOSQUERA SANCHEZ, Daniella</b>	12	NCORUÑA	<b>1:15.48</b>	<b>2.0</b>
	50 m:	36.14 36.14	100 m:	1:15.48	39.34	
12	1147159	<b>VARELA BAZA, Lucia</b>	11	FLUVLUGO	<b>1:16.02</b>	<b>1.0</b>
	50 m:	34.27 34.27	100 m:	1:16.02	41.75	

### 3.- 1500 m Libre Masculino (TIM)

2026-03-28 17:00

#### ABSO\_M

1	1144145	<b>SOUTO RAMOS, Manuel</b>	07	NCORUÑA	<b>16:25.91</b>	<b>15.0</b>		
	50 m:	29.31 29.31	100 m:	1:02.12 32.81	150 m:	1:34.44 32.32	200 m:	2:06.31 31.87
	250 m:	2:38.77 32.46	300 m:	3:11.45 32.68	350 m:	3:44.01 32.56	400 m:	4:16.70 32.69
	450 m:	4:49.51 32.81	500 m:	5:22.35 32.84	550 m:	5:55.53 33.18	600 m:	6:29.22 33.69
	650 m:	7:03.14 33.92	700 m:	7:36.77 33.63	750 m:	8:10.15 33.38	800 m:	8:43.81 33.66
	850 m:	9:17.69 33.88	900 m:	9:50.83 33.14	950 m:	10:24.53 33.70	1000 m:	10:57.95 33.42
	1050 m:	11:31.08 33.13	1100 m:	12:04.22 33.14	1150 m:	12:37.73 33.51	1200 m:	13:11.26 33.53
	1250 m:	13:44.35 33.09	1300 m:	14:17.70 33.35	1350 m:	14:51.53 33.83	1400 m:	15:25.35 33.82
	1450 m:	15:57.85 32.50	1500 m:	16:25.91 28.06				
2	1075757	<b>PARDO PERNAS, Martin</b>	02	FLUVLUGO	<b>16:26.10</b>	<b>12.0</b>		
	50 m:	29.12 29.12	100 m:	1:01.87 32.75	150 m:	1:34.64 32.77	200 m:	2:06.80 32.16
	250 m:	2:39.57 32.77	300 m:	3:12.50 32.93	350 m:	3:45.64 33.14	400 m:	4:18.56 32.92
	450 m:	4:51.37 32.81	500 m:	5:24.26 32.89	550 m:	5:56.75 32.49	600 m:	6:29.50 32.75
	650 m:	7:02.67 33.17	700 m:	7:36.39 33.72	750 m:	8:10.08 33.69	800 m:	8:43.45 33.37
	850 m:	9:17.18 33.73	900 m:	9:50.64 33.46	950 m:	10:23.93 33.29	1000 m:	10:57.50 33.57
	1050 m:	11:30.67 33.17	1100 m:	12:03.98 33.31	1150 m:	12:37.39 33.41	1200 m:	13:11.01 33.62
	1250 m:	13:44.57 33.56	1300 m:	14:18.05 33.48	1350 m:	14:51.43 33.38	1400 m:	15:25.22 33.79
	1450 m:	15:57.57 32.35	1500 m:	16:26.10 28.53				
3	1193048	<b>ALONSO BECERRA, Tristan</b>	10	FLUVLUGO	<b>16:32.46</b>	<b>10.0</b>		
	50 m:	29.82 29.82	100 m:	1:02.46 32.64	150 m:	1:35.76 33.30	200 m:	2:08.46 32.70
	250 m:	2:41.36 32.90	300 m:	3:13.96 32.60	350 m:	3:47.19 33.23	400 m:	4:20.32 33.13
	450 m:	4:53.56 33.24	500 m:	5:26.82 33.26	550 m:	5:59.96 33.14	600 m:	6:33.46 33.50
	650 m:	7:07.14 33.68	700 m:	7:40.38 33.24	750 m:	8:14.12 33.74	800 m:	8:47.76 33.64
	850 m:	9:20.61 32.85	900 m:	9:54.46 33.85	950 m:	10:27.80 33.34	1000 m:	11:01.76 33.96
	1050 m:	11:34.96 33.20	1100 m:	12:08.67 33.71	1150 m:	12:42.33 33.66	1200 m:	13:15.44 33.11
	1250 m:	13:49.12 33.68	1300 m:	14:22.63 33.51	1350 m:	14:56.67 34.04	1400 m:	15:30.56 33.89
	1450 m:	16:02.88 32.32	1500 m:	16:32.46 29.58				
4	1143983	<b>SUAREZ MARTINEZ, Pedro</b>	10	SCASINO	<b>16:33.01</b>	<b>9.0</b>		
	50 m:	29.57 29.57	100 m:	1:02.11 32.54	150 m:	1:34.15 32.04	200 m:	2:06.16 32.01
	250 m:	2:38.56 32.40	300 m:	3:11.08 32.52	350 m:	3:43.83 32.75	400 m:	4:16.71 32.88
	450 m:	4:49.61 32.90	500 m:	5:22.31 32.70	550 m:	5:55.59 33.28	600 m:	6:36.20 40.61
	650 m:	7:09.64 33.44	700 m:	7:43.77 34.13	750 m:	8:17.03 33.26	800 m:	8:49.64 32.61
	850 m:	9:22.59 32.95	900 m:	9:55.66 33.07	950 m:	10:28.72 33.06	1000 m:	11:02.08 33.36
	1050 m:	11:35.28 33.20	1100 m:	12:09.15 33.87	1150 m:	12:41.41 32.26	1200 m:	13:14.54 33.13
	1250 m:	13:48.58 34.04	1300 m:	14:22.97 34.39	1350 m:	14:57.01 34.04	1400 m:	15:30.88 33.87
	1450 m:	16:02.84 31.96	1500 m:	16:33.01 30.17				
5	1180216	<b>FUENTEFRIA FERNANDEZ, Anxo</b>	09	ADFOGAR	<b>16:55.18</b>	<b>8.0</b>		
	50 m:	29.66 29.66	100 m:	1:02.41 32.75	150 m:	1:34.77 32.36	200 m:	2:07.66 32.89
	250 m:	2:40.70 33.04	300 m:	3:14.08 33.38	350 m:	3:47.20 33.12	400 m:	4:20.59 33.39
	450 m:	4:54.08 33.49	500 m:	5:27.59 33.51	550 m:	6:01.58 33.99	600 m:	6:35.33 33.75
	650 m:	7:08.58 33.25	700 m:	7:43.22 34.64	750 m:	8:17.15 33.93	800 m:	8:50.81 33.66
	850 m:	9:25.03 34.22	900 m:	9:59.53 34.50	950 m:	10:34.26 34.73	1000 m:	11:08.95 34.69
	1050 m:	11:43.53 34.58	1100 m:	12:18.20 34.67	1150 m:	12:52.64 34.44	1200 m:	13:27.83 35.19
	1250 m:	14:02.78 34.95	1300 m:	14:37.37 34.59	1350 m:	15:11.97 34.60	1400 m:	15:46.58 34.61
	1450 m:	16:20.53 33.95	1500 m:	16:55.18 34.65				
6	1180199	<b>CASAL CANCELA, Carlos</b>	10	ADFOGAR	<b>17:04.62</b>	<b>7.0</b>		
	50 m:	30.36 30.36	100 m:	1:03.28 32.92	150 m:	1:36.22 32.94	200 m:	2:09.28 33.06
	250 m:	2:42.55 33.27	300 m:	3:15.74 33.19	350 m:	3:49.36 33.62	400 m:	4:23.30 33.94

450 m:	4:57.09	33.79	500 m:	5:30.91	33.82	550 m:	6:04.97	34.06	600 m:	6:39.14	34.17
650 m:	7:13.41	34.27	700 m:	7:47.97	34.56	750 m:	8:22.22	34.25	800 m:	8:56.80	34.58
850 m:	9:31.91	35.11	900 m:	10:06.66	34.75	950 m:	10:41.47	34.81	1000 m:	11:16.15	34.68
1050 m:	11:50.80	34.65	1100 m:	12:25.91	35.11	1150 m:	13:00.74	34.83	1200 m:	13:35.92	35.18
1250 m:	14:11.05	35.13	1300 m:	14:46.04	34.99	1350 m:	15:20.92	34.88	1400 m:	15:55.80	34.88
1450 m:	16:30.54	34.74	1500 m:	17:04.62	34.08						

7	1110671	<b>RUBIO RUBIRA, Ivan</b>	74	ARTEIXO	<b>17:13.02</b>	<b>6.0</b>						
	50 m:	30.92	30.92	100 m:	1:04.36	33.44	150 m:	1:38.67	34.31	200 m:	2:13.15	34.48
	250 m:	2:47.36	34.21	300 m:	3:21.72	34.36	350 m:	3:56.20	34.48	400 m:	4:30.52	34.32
	450 m:	5:05.46	34.94	500 m:	5:39.52	34.06	550 m:	6:14.10	34.58	600 m:	6:48.72	34.62
	650 m:	7:23.23	34.51	700 m:	7:57.72	34.49	750 m:	8:32.23	34.51	800 m:	9:07.00	34.77
	850 m:	9:41.82	34.82	900 m:	10:16.52	34.70	950 m:	10:51.36	34.84	1000 m:	11:26.02	34.66
	1050 m:	12:00.92	34.90	1100 m:	12:35.78	34.86	1150 m:	13:10.70	34.92	1200 m:	13:45.80	35.10
	1250 m:	14:20.84	35.04	1300 m:	14:55.86	35.02	1350 m:	15:30.78	34.92	1400 m:	16:05.80	35.02
	1450 m:	16:40.46	34.66	1500 m:	17:13.02	32.56						

8	1146983	<b>BORRAZAS RODRIGUEZ, Mauro</b>	11	SCASINO	<b>17:17.61</b>	<b>5.0</b>						
	50 m:	30.20	30.20	100 m:	1:04.22	34.02	150 m:	1:39.04	34.82	200 m:	2:13.77	34.73
	250 m:	2:48.77	35.00	300 m:	3:22.98	34.21	350 m:	3:57.67	34.69	400 m:	4:32.86	35.19
	450 m:	5:07.42	34.56	500 m:	5:42.26	34.84	550 m:	6:17.09	34.83	600 m:	6:51.78	34.69
	650 m:	7:26.66	34.88	700 m:	8:01.22	34.56	750 m:	8:35.59	34.37	800 m:	9:10.42	34.83
	850 m:	9:45.37	34.95	900 m:	10:20.26	34.89	950 m:	10:55.04	34.78	1000 m:	11:29.86	34.82
	1050 m:	12:04.72	34.86	1100 m:	12:39.64	34.92	1150 m:	13:14.91	35.27	1200 m:	13:49.61	34.70
	1250 m:	14:24.59	34.98	1300 m:	14:59.89	35.30	1350 m:	15:34.89	35.00	1400 m:	16:09.59	34.70
	1450 m:	16:44.22	34.63	1500 m:	17:17.61	33.39						

9	1195558	<b>VICENTE MEIER, Alex</b>	10	ARTEIXO	<b>18:18.67</b>	<b>4.0</b>						
	50 m:	32.50	32.50	100 m:	1:07.32	34.82	150 m:	1:42.75	35.43	200 m:	2:19.39	36.64
	250 m:	2:55.75	36.36	300 m:	3:31.92	36.17	350 m:	4:08.31	36.39	400 m:	4:44.75	36.44
	450 m:	5:21.83	37.08	500 m:	5:58.86	37.03	550 m:	6:35.51	36.65	600 m:	7:12.06	36.55
	650 m:	7:47.62	35.56	700 m:	8:24.66	37.04	750 m:	9:01.45	36.79	800 m:	9:38.64	37.19
	850 m:	10:15.06	36.42	900 m:	10:51.68	36.62	950 m:	11:28.75	37.07	1000 m:	12:05.62	36.87
	1050 m:	12:42.38	36.76	1100 m:	13:19.31	36.93	1150 m:	13:56.18	36.87	1200 m:	14:33.68	37.50
	1250 m:	15:12.08	38.40	1300 m:	15:49.13	37.05	1350 m:	16:27.12	37.99	1400 m:	17:04.50	37.38
	1450 m:	17:41.68	37.18	1500 m:	18:18.67	36.99						

10	1224929	<b>LAGO SOTO, David</b>	12	RBAIXAS	<b>18:33.32</b>	<b>3.0</b>						
	50 m:	32.40	32.40	100 m:	1:07.73	35.33	150 m:	1:44.36	36.63	200 m:	2:21.40	37.04
	250 m:	2:58.96	37.56	300 m:	3:36.73	37.77	350 m:	4:13.76	37.03	400 m:	4:51.34	37.58
	450 m:	5:29.09	37.75	500 m:	6:06.73	37.64	550 m:	6:44.14	37.41	600 m:	7:21.84	37.70
	650 m:	7:59.54	37.70	700 m:	8:36.88	37.34	750 m:	9:14.85	37.97	800 m:	9:52.13	37.28
	850 m:	10:29.73	37.60	900 m:	11:07.54	37.81	950 m:	11:45.41	37.87	1000 m:	12:23.41	38.00
	1050 m:	13:00.52	37.11	1100 m:	13:38.14	37.62	1150 m:	14:15.73	37.59	1200 m:	14:53.00	37.27
	1250 m:	15:30.41	37.41	1300 m:	16:08.14	37.73	1350 m:	16:44.65	36.51	1400 m:	17:21.78	37.13
	1450 m:	17:57.41	35.63	1500 m:	18:33.32	35.91						

11	1147331	<b>PASANDIN GONZALEZ, Hugo</b>	11	NCORUÑA	<b>18:37.51</b>	<b>2.0</b>						
	50 m:	33.50	33.50	100 m:	1:09.83	36.33	150 m:	1:47.07	37.24	200 m:	2:23.86	36.79
	250 m:	3:01.11	37.25	300 m:	3:38.75	37.64	350 m:	4:16.30	37.55	400 m:	4:53.88	37.58
	450 m:	5:31.48	37.60	500 m:	6:09.33	37.85	550 m:	6:47.08	37.75	600 m:	7:24.54	37.46
	650 m:	8:02.00	37.46	700 m:	8:39.51	37.51	750 m:	9:17.69	38.18	800 m:	9:54.50	36.81
	850 m:	10:32.12	37.62	900 m:	11:09.83	37.71	950 m:	11:46.62	36.79	1000 m:	12:24.14	37.52
	1050 m:	13:01.52	37.38	1100 m:	13:38.77	37.25	1150 m:	14:15.51	36.74	1200 m:	14:53.01	37.50
	1250 m:	15:30.58	37.57	1300 m:	16:07.89	37.31	1350 m:	16:45.74	37.85	1400 m:	17:23.64	37.90
	1450 m:	18:01.20	37.56	1500 m:	18:37.51	36.31						

12	1178910	<b>BERNARDEZ VAZQUEZ, Xandre</b>	11	RBAIXAS	<b>18:59.03</b>	<b>1.0</b>
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50 m:	33.16	33.16	100 m:	1:08.99	35.83	150 m:	1:45.13	36.14	200 m:	2:21.71	36.58
250 m:	2:58.17	36.46	300 m:	3:37.05	38.88	350 m:	4:14.10	37.05	400 m:	4:51.80	37.70
450 m:	5:28.69	36.89	500 m:	6:06.30	37.61	550 m:	6:42.93	36.63	600 m:	7:20.73	37.80
650 m:	7:58.07	37.34	700 m:	8:35.05	36.98	750 m:	9:12.48	37.43	800 m:	9:50.42	37.94
850 m:	10:20.01	29.59	900 m:	11:05.41	45.40	950 m:	11:42.77	37.36	1000 m:	12:20.39	37.62
1050 m:	12:58.27	37.88	1100 m:	13:36.32	38.05	1150 m:	14:14.93	38.61	1200 m:	14:52.67	37.74
1250 m:	15:30.69	38.02	1300 m:	16:08.73	38.04	1350 m:	16:46.74	38.01	1400 m:	17:25.43	38.69
1450 m:	18:04.04	38.61	1500 m:	18:59.03	54.99						

#### 4.- 200 m Libre Feminino (TIM)

2026-03-28 17:00

ABSO\_F

1	1037642	<b>GOMEZ MESIAS, Alba</b>	00	ARTEIXO	<b>2:06.06</b>	<b>15.0</b>
	50 m:	28.20 28.20	100 m:	1:00.14 31.94	150 m:	1:33.31 33.17
					200 m:	2:06.06 32.75
2	1144161	<b>BORRAZAS RODRIGUEZ, Noa</b>	08	SCASINO	<b>2:07.75</b>	<b>12.0</b>
	50 m:	30.20 30.20	100 m:	1:02.95 32.75	150 m:	1:35.68 32.73
					200 m:	2:07.75 32.07
3	1144416	<b>GERVENO PRADA, Eva</b>	11	SCASINO	<b>2:09.82</b>	<b>10.0</b>
	50 m:	30.20 30.20	100 m:	1:02.82 32.62	150 m:	1:36.46 33.64
					200 m:	2:09.82 33.36
4	1191910	<b>INSUA REY, Carmela</b>	09	ADFOGAR	<b>2:10.18</b>	<b>9.0</b>
	50 m:	30.68 30.68	100 m:	1:03.24 32.56	150 m:	1:36.48 33.24
					200 m:	2:10.18 33.70
5	1144642	<b>RODRIGUEZ RODRIGUEZ, Paula</b>	08	ARTEIXO	<b>2:12.61</b>	<b>8.0</b>
	50 m:	30.91 30.91	100 m:	1:04.25 33.34	150 m:	1:38.54 34.29
					200 m:	2:12.61 34.07
6	1200451	<b>FERREIRO FIGUEIRAS, Noa</b>	11	ADFOGAR	<b>2:13.46</b>	<b>7.0</b>
	50 m:	30.46 30.46	100 m:	1:03.52 33.06	150 m:	1:37.41 33.89
					200 m:	2:13.46 36.05
7	1146954	<b>LADRA CAMPO, Martina</b>	08	FLUVLUGO	<b>2:14.09</b>	<b>6.0</b>
	50 m:	30.66 30.66	100 m:	1:04.47 33.81	150 m:	1:38.98 34.51
					200 m:	2:14.09 35.11
8	1216628	<b>DE CARLOS TOBIO, Begoña</b>	08	RBAIXAS	<b>2:15.20</b>	<b>5.0</b>
	50 m:	31.36 31.36	100 m:	1:05.61 34.25	150 m:	1:40.13 34.52
					200 m:	2:15.20 35.07
9	1197541	<b>RODRIGUEZ VARELA, Aine</b>	12	FLUVLUGO	<b>2:17.58</b>	<b>4.0</b>
	50 m:	32.04 32.04	100 m:	1:06.02 33.98	150 m:	1:41.57 35.55
					200 m:	2:17.58 36.01
10	1143498	<b>BLANCO ROUCO, Carmen</b>	06	RBAIXAS	<b>2:18.56</b>	<b>3.0</b>
	50 m:	31.02 31.02	100 m:	1:05.07 34.05	150 m:	1:41.46 36.39
					200 m:	2:18.56 37.10
11	1147330	<b>MENDEZ LOPEZ, Helena</b>	10	NCORUÑA	<b>2:25.74</b>	<b>2.0</b>
	50 m:	33.51 33.51	100 m:	1:10.89 37.38	150 m:	1:48.50 37.61
					200 m:	2:25.74 37.24
12	1199124	<b>PEREZ FIGUEROA, Sabela</b>	10	NCORUÑA	<b>2:28.05</b>	<b>1.0</b>
	50 m:	34.31 34.31	100 m:	1:12.32 38.01	150 m:	1:50.62 38.30
					200 m:	2:28.05 37.43

5.- 50 m Braza Masculino (TIM)

2026-03-28 17:00

ABSO\_M

1	1111166	<b>LOPEZ FRANCO, Martin</b>	01	ADFOGAR	<b>28.29</b>	<b>15.0</b>
2	1098388	<b>GOMEZ MESIAS, Miguel Angel</b>	03	ARTEIXO	<b>29.44</b>	<b>12.0</b>
3	1140987	<b>ETAYO GARCIA, Oscar</b>	06	NCORUÑA	<b>29.68</b>	<b>10.0</b>
4	1113222	<b>SUAREZ COSTA, Luis</b>	96	ARTEIXO	<b>31.10</b>	<b>9.0</b>
5	1075751	<b>NEIRA CERVERA, Max Galvan</b>	96	FLUVLUGO	<b>31.11</b>	<b>8.0</b>
6	1143971	<b>GERVENO PRADA, Luis</b>	09	SCASINO	<b>31.46</b>	<b>7.0</b>
7	1144193	<b>PASTORIZA SANTACLARA, Jorge</b>	97	RBAIXAS	<b>31.62</b>	<b>6.0</b>
8	1182376	<b>RODRIGUEZ JUSTO, Pedro</b>	11	RBAIXAS	<b>32.21</b>	<b>5.0</b>
9	1146994	<b>ETAYO GARCIA, Bruno</b>	09	NCORUÑA	<b>32.74</b>	<b>4.0</b>
10	1146949	<b>LORENZO RODRIGUEZ, Alejandro</b>	10	FLUVLUGO	<b>33.13</b>	<b>3.0</b>
11	1144415	<b>NISTAL PALACIOS, Rafael</b>	09	SCASINO	<b>34.01</b>	<b>2.0</b>
12	1110540	<b>IGLESIAS PIÑEIRO, Carlos</b>	76	ADFOGAR	<b>34.02</b>	<b>1.0</b>

**6.- 50 m Braza Feminino (TIM)**

2026-03-28 17:00

ABSO\_F

1	1037642	<b>GOMEZ MESIAS, Alba</b>	00	ARTEIXO	<b>33.72</b>	<b>15.0</b>
2	1144900	<b>RODRIGUEZ VIÑA, Valeria</b>	09	ADFOGAR	<b>36.13</b>	<b>12.0</b>
3	1144162	<b>CABANAS DEL RIO, Carla</b>	09	SCASINO	<b>36.39</b>	<b>10.0</b>
4	1207030	<b>GOMEZ PEDROUZO, Martina</b>	12	FLUVLUGO	<b>36.57</b>	<b>9.0</b>
5	1144902	<b>MOURELLE PENA, Carla</b>	08	ADFOGAR	<b>36.78</b>	<b>8.0</b>
6	1143970	<b>NISTAL PALACIOS, Mariña</b>	07	SCASINO	<b>37.72</b>	<b>7.0</b>
7	1143411	<b>SANCHEZ GARCIA, Antia</b>	10	FLUVLUGO	<b>39.32</b>	<b>6.0</b>
8	1270533	<b>FERNANDEZ BELLO, Laura</b>	10	NCORUÑA	<b>39.67</b>	<b>5.0</b>
9	1104174	<b>CARBALLIDO NAYA, Claudia</b>	07	ARTEIXO	<b>39.92</b>	<b>4.0</b>
10	1141397	<b>MARTINEZ GARCIA, Uxia</b>	09	RBAIXAS	<b>40.56</b>	<b>3.0</b>
11	1221621	<b>ARRUÑADA VAZQUEZ, Clara</b>	12	NCORUÑA	<b>40.81</b>	<b>2.0</b>
DSQ	1257940	<b>PEREZ SOTELO, Yaiza</b>	11	RBAIXAS		<b>0,0</b>

## 7.- 200 m Bolboreta Masculino (TIM)

2026-03-28 17:00

ABSO\_M

1	1079205	<b>TEIJEIRO PRADO, Xoel</b>	06	FLUVLUGO	<b>2:07.97</b>	<b>15.0</b>
	50 m:	27.72 27.72	100 m:	1:00.51 32.79	150 m:	1:34.31 33.80
					200 m:	2:07.97 33.66
2	1143983	<b>SUAREZ MARTINEZ, Pedro</b>	10	SCASINO	<b>2:13.28</b>	<b>12.0</b>
	50 m:	29.96 29.96	100 m:	1:05.21 35.25	150 m:	1:39.48 34.27
					200 m:	2:13.28 33.80
3	1185616	<b>LOPEZ CASTRO, Manuel</b>	10	ADFOGAR	<b>2:15.00</b>	<b>10.0</b>
	50 m:	29.21 29.21	100 m:	1:03.18 33.97	150 m:	1:39.28 36.10
					200 m:	2:15.00 35.72
4	1186861	<b>SOBRINO NOGALES, Sebastian</b>	08	SCASINO	<b>2:18.96</b>	<b>9.0</b>
	50 m:	30.22 30.22	100 m:	1:05.72 35.50	150 m:	1:41.64 35.92
					200 m:	2:18.96 37.32
5	1084761	<b>MASSO ROIG, Martin</b>	07	RBAIXAS	<b>2:20.75</b>	<b>8.0</b>
	50 m:	31.20 31.20	100 m:	1:06.77 35.57	150 m:	1:43.70 36.93
					200 m:	2:20.75 37.05
6	1185607	<b>GIL-RIVERA BARBEITO, Hugo</b>	09	NCORUÑA	<b>2:23.16</b>	<b>7.0</b>
	50 m:	32.10 32.10	100 m:	1:08.62 36.52	150 m:	1:46.26 37.64
					200 m:	2:23.16 36.90
7	1144159	<b>GUITIAN LOPEZ, Iago</b>	10	ARTEIXO	<b>2:23.37</b>	<b>6.0</b>
	50 m:	31.21 31.21	100 m:	1:08.08 36.87	150 m:	1:46.08 38.00
					200 m:	2:23.37 37.29
8	1144670	<b>RIVERA PORRUA, Alejandro</b>	11	RBAIXAS	<b>2:24.74</b>	<b>5.0</b>
	50 m:	32.19 32.19	100 m:	1:10.57 38.38	150 m:	1:47.96 37.39
					200 m:	2:24.74 36.78
9	1143393	<b>PALLIN BUJAN, Hector</b>	08	FLUVLUGO	<b>2:25.33</b>	<b>4.0</b>
	50 m:	29.69 29.69	100 m:	1:04.90 35.21	150 m:	1:43.18 38.28
					200 m:	2:25.33 42.15
10	1187886	<b>GARCIA AROCHENA, Jacobo Javier</b>	09	NCORUÑA	<b>2:32.50</b>	<b>3.0</b>
	50 m:	31.89 31.89	100 m:	1:10.37 38.48	150 m:	1:52.24 41.87
					200 m:	2:32.50 40.26
11	1180199	<b>CASAL CANCELA, Carlos</b>	10	ADFOGAR	<b>2:34.36</b>	<b>2.0</b>
	50 m:	32.14 32.14	100 m:	1:10.24 38.10	150 m:	1:51.13 40.89
					200 m:	2:34.36 43.23
12	1207059	<b>CAYAZZO BRANDARIZ, Ivan</b>	08	ARTEIXO	<b>2:43.99</b>	<b>1.0</b>
	50 m:	31.37 31.37	100 m:	1:09.34 37.97	150 m:	1:53.68 44.34
					200 m:	2:43.99 50.31

## 8.- 200 m Bolboreta Feminino (TIM)

2026-03-28 17:00

ABSO\_F

1	1192265	<b>CAGIAO VILLAR, Lucia</b>	11	SCASINO	<b>2:32.78</b>	<b>15.0</b>
	50 m:	35.08 35.08	100 m:	1:14.57 39.49	150 m:	1:53.40 38.83
			200 m:	2:32.78 39.38		
2	1104638	<b>SUAREZ DOSIL, Claudia</b>	07	ARTEIXO	<b>2:33.42</b>	<b>12.0</b>
	50 m:	33.63 33.63	100 m:	1:11.90 38.27	150 m:	1:51.77 39.87
			200 m:	2:33.42 41.65		
3	1143978	<b>GIL GARNACHO, Carlota</b>	09	SCASINO	<b>2:36.12</b>	<b>10.0</b>
	50 m:	35.52 35.52	100 m:	1:17.19 41.67	150 m:	1:57.32 40.13
			200 m:	2:36.12 38.80		
4	1182354	<b>SOUTO GOMEZ, Claudia</b>	10	FLUVLUGO	<b>2:36.41</b>	<b>9.0</b>
	50 m:	35.74 35.74	100 m:	1:15.43 39.69	150 m:	1:55.06 39.63
			200 m:	2:36.41 41.35		
5	1144048	<b>PARDAVILA DAVILA, Ainoa</b>	08	RBAIXAS	<b>2:40.31</b>	<b>8.0</b>
	50 m:	36.81 36.81	100 m:	1:17.16 40.35	150 m:	1:58.68 41.52
			200 m:	2:40.31 41.63		
6	1194846	<b>FERNANDEZ AMADO, Lucia</b>	11	ADFOGAR	<b>2:41.33</b>	<b>7.0</b>
	50 m:	35.50 35.50	100 m:	1:16.39 40.89	150 m:	1:58.74 42.35
			200 m:	2:41.33 42.59		
7	1191910	<b>INSUA REY, Carmela</b>	09	ADFOGAR	<b>2:42.47</b>	<b>6.0</b>
	50 m:	35.68 35.68	100 m:	1:16.59 40.91	150 m:	1:59.45 42.86
			200 m:	2:42.47 43.02		
8	1145057	<b>RODRIGUEZ RODRIGUEZ, Carla</b>	09	ARTEIXO	<b>2:42.59</b>	<b>5.0</b>
	50 m:	37.04 37.04	100 m:	1:17.91 40.87	150 m:	1:59.59 41.68
			200 m:	2:42.59 43.00		
9	1202704	<b>LOPEZ ALVAREZ, Paula</b>	09	RBAIXAS	<b>2:47.84</b>	<b>4.0</b>
	50 m:	37.20 37.20	100 m:	1:19.89 42.69	150 m:	2:03.58 43.69
			200 m:	2:47.84 44.26		
10	1187883	<b>ARRUÑADA VAZQUEZ, Carmen</b>	10	NCORUÑA	<b>2:52.83</b>	<b>3.0</b>
	50 m:	38.47 38.47	100 m:	1:20.84 42.37	150 m:	2:05.34 44.50
			200 m:	2:52.83 47.49		
11	1194181	<b>CAMPANON VIDAL, Claudia</b>	12	FLUVLUGO	<b>2:54.86</b>	<b>2.0</b>
	50 m:	37.23 37.23	100 m:	1:21.74 44.51	150 m:	2:09.07 47.33
			200 m:	2:54.86 45.79		
12	1147330	<b>MENDEZ LOPEZ, Helena</b>	10	NCORUÑA	<b>3:06.04</b>	<b>1.0</b>
	50 m:	40.16 40.16	100 m:	1:27.13 46.97	150 m:	2:16.36 49.23
			200 m:	3:06.04 49.68		

### 9.- 100 m Libre Masculino (TIM)

2026-03-28 17:00

ABSO\_M

1	1143193	<b>GOMEZ LIMIA, Pablo</b>	06	NCORUÑA	<b>50.72</b>	<b>15.0</b>
	50 m:	23.74 23.74	100 m:	50.72 26.98		
2	1075757	<b>PARDO PERNAS, Martin</b>	02	FLUVLUGO	<b>52.76</b>	<b>12.0</b>
	50 m:	25.32 25.32	100 m:	52.76 27.44		
3	1037175	<b>ALVAREZ FERNANDEZ, Borja</b>	96	FLUVLUGO	<b>53.26</b>	<b>10.0</b>
	50 m:	25.45 25.45	100 m:	53.26 27.81		
4	1079880	<b>RODRIGUEZ VIEITEZ, Hugo</b>	08	RBAIXAS	<b>53.62</b>	<b>9.0</b>
	50 m:	26.08 26.08	100 m:	53.62 27.54		
5	1140925	<b>ALONSO VIDAL, Teo</b>	07	RBAIXAS	<b>53.98</b>	<b>8.0</b>
	50 m:	25.72 25.72	100 m:	53.98 28.26		
6	1260356	<b>BELLO LAGUNA, Santiago</b>	08	ARTEIXO	<b>54.08</b>	<b>7.0</b>
	50 m:	25.24 25.24	100 m:	54.08 28.84		
7	1286123	<b>MIGUEZ BLANCO, Aritz</b>	07	ARTEIXO	<b>54.23</b>	<b>6.0</b>
	50 m:	25.81 25.81	100 m:	54.23 28.42		
8	1110128	<b>CAMINO PARDO, Rodrigo</b>	00	NCORUÑA	<b>55.19</b>	<b>5.0</b>
	50 m:	26.31 26.31	100 m:	55.19 28.88		
9	1244360	<b>LAVANDEIRA AMADO, Alvaro</b>	09	ADFOGAR	<b>55.36</b>	<b>4.0</b>
	50 m:	26.68 26.68	100 m:	55.36 28.68		
10	1023167	<b>PENAS CAYADO, Fernando</b>	09	SCASINO	<b>55.69</b>	<b>3.0</b>
	50 m:	26.61 26.61	100 m:	55.69 29.08		
11	1037932	<b>LUQUE ROMERO, Nicolas</b>	98	ADFOGAR	<b>56.07</b>	<b>2.0</b>
	50 m:	27.45 27.45	100 m:	56.07 28.62		
12	1144423	<b>IGLESIAS PEÑA, Gabriel</b>	09	SCASINO	<b>56.15</b>	<b>1.0</b>
	50 m:	26.93 26.93	100 m:	56.15 29.22		

**10.- 50 m Libre Feminino (TIM)**

2026-03-28 17:00

ABSO\_F

1	1144197	<b>ALVAREZ PAZOS, Maria</b>	07	RBAIXAS	<b>27.40</b>	<b>15.0</b>
2	1146954	<b>LADRA CAMPO, Martina</b>	08	FLUVLUGO	<b>28.26</b>	<b>12.0</b>
3	1144902	<b>MOURELLE PENA, Carla</b>	08	ADFOGAR	<b>28.31</b>	<b>10.0</b>
4	1144416	<b>GERVENO PRADA, Eva</b>	11	SCASINO	<b>28.50</b>	<b>9.0</b>
5	1143717	<b>MACIAS FERNANDEZ, Miriam</b>	09	ARTEIXO	<b>28.66</b>	<b>8.0</b>
6	1216628	<b>DE CARLOS TOBIO, Begoña</b>	08	RBAIXAS	<b>28.72</b>	<b>7.0</b>
7	1200451	<b>FERREIRO FIGUEIRAS, Noa</b>	11	ADFOGAR	<b>29.00</b>	<b>6.0</b>
8	1182353	<b>PARCERO GOMEZ, Lidia</b>	12	FLUVLUGO	<b>29.23</b>	<b>5.0</b>
9	1143972	<b>COUCEIRO BARREIRO, Marta</b>	07	SCASINO	<b>29.55</b>	<b>4.0</b>
10	1104173	<b>GARCIA NAYA, Irene</b>	06	ARTEIXO	<b>29.64</b>	<b>3.0</b>
11	1187884	<b>BARREIRA PERMUY, Lucia</b>	09	NCORUÑA	<b>29.66</b>	<b>2.0</b>
12	1199124	<b>PEREZ FIGUEROA, Sabela</b>	10	NCORUÑA	<b>31.64</b>	<b>1.0</b>

### 11.- 100 m Costas Masculino (TIM)

2026-03-28 17:00

ABSO\_M

1	1143981	<b>SUAREZ MARTINEZ, Diego</b>	08	SCASINO	<b>56.70</b>	<b>15.0</b>
	50 m:	100 m:	56.70	56.70		
2	1146785	<b>ALCALDE MAHIA, Jun Bin</b>	08	NCORUÑA	<b>1:01.08</b>	<b>12.0</b>
	50 m:	29.43	29.43	100 m:	1:01.08	31.65
3	1185616	<b>LOPEZ CASTRO, Manuel</b>	10	ADFOGAR	<b>1:03.03</b>	<b>10.0</b>
	50 m:	30.14	30.14	100 m:	1:03.03	32.89
4	1180216	<b>FUENTEFRIA FERNANDEZ, Anxo</b>	09	ADFOGAR	<b>1:03.04</b>	<b>9.0</b>
	50 m:	30.67	30.67	100 m:	1:03.04	32.37
5	1143780	<b>MARIZ FERNANDEZ, Adrian</b>	10	FLUVLUGO	<b>1:03.10</b>	<b>8.0</b>
	50 m:	30.10	30.10	100 m:	1:03.10	33.00
6	1075751	<b>NEIRA CERVERA, Max Galvan</b>	96	FLUVLUGO	<b>1:03.70</b>	<b>7.0</b>
	50 m:	30.52	30.52	100 m:	1:03.70	33.18
7	1116761	<b>RUIBAL CABALLERO, Manuel Francisco</b>	03	ARTEIXO	<b>1:04.27</b>	<b>6.0</b>
	50 m:	30.80	30.80	100 m:	1:04.27	33.47
8	1023160	<b>ORTEGA CRUZ, German</b>	09	SCASINO	<b>1:05.06</b>	<b>5.0</b>
	50 m:	31.70	31.70	100 m:	1:05.06	33.36
9	1205844	<b>DE CARLOS TOBIO, Mauro</b>	11	RBAIXAS	<b>1:06.26</b>	<b>4.0</b>
	50 m:	32.32	32.32	100 m:	1:06.26	33.94
10	1143708	<b>DIAZ DOMINGUEZ, Jose Manuel</b>	09	ARTEIXO	<b>1:07.56</b>	<b>3.0</b>
	50 m:	33.20	33.20	100 m:	1:07.56	34.36
11	1146972	<b>OLVEIRA BARTOLOME, Pedro</b>	08	NCORUÑA	<b>1:08.59</b>	<b>2.0</b>
	50 m:	33.07	33.07	100 m:	1:08.59	35.52
12	1243128	<b>PEREIRA FERNANDEZ, Andres</b>	11	RBAIXAS	<b>1:08.72</b>	<b>1.0</b>
	50 m:	33.49	33.49	100 m:	1:08.72	35.23

## 12.- 100 m Costas Feminino (TIM)

2026-03-28 17:00

ABSO\_F

1	1144161	<b>BORRAZAS RODRIGUEZ, Noa</b>	08	SCASINO	<b>1:04.04</b>	<b>15.0</b>
	50 m:	30.91 30.91	100 m:	1:04.04 33.13		
2	1205818	<b>LAMAS SANTOS, Alba</b>	11	ADFOGAR	<b>1:04.70</b>	<b>12.0</b>
	50 m:	31.24 31.24	100 m:	1:04.70 33.46		
3	1104197	<b>SANCHEZ BELLO, Eva</b>	07	ARTEIXO	<b>1:06.04</b>	<b>10.0</b>
	50 m:	31.98 31.98	100 m:	1:06.04 34.06		
4	1111720	<b>GOMEZ TAIBO, Antia</b>	05	ARTEIXO	<b>1:09.50</b>	<b>9.0</b>
	50 m:	32.64 32.64	100 m:	1:09.50 36.86		
5	1144162	<b>CABANAS DEL RIO, Carla</b>	09	SCASINO	<b>1:10.40</b>	<b>8.0</b>
	50 m:	33.90 33.90	100 m:	1:10.40 36.50		
6	1197541	<b>RODRIGUEZ VARELA, Aine</b>	12	FLUVLUGO	<b>1:10.43</b>	<b>7.0</b>
	50 m:	33.81 33.81	100 m:	1:10.43 36.62		
7	1217797	<b>GIANCE GARCIA, Carla</b>	12	ADFOGAR	<b>1:10.73</b>	<b>6.0</b>
	50 m:	33.92 33.92	100 m:	1:10.73 36.81		
8	1146991	<b>CANALDA RAMOS, Laura</b>	09	NCORUÑA	<b>1:10.81</b>	<b>5.0</b>
	50 m:	34.24 34.24	100 m:	1:10.81 36.57		
9	1147159	<b>VARELA BAZA, Lucia</b>	11	FLUVLUGO	<b>1:14.10</b>	<b>4.0</b>
	50 m:	35.82 35.82	100 m:	1:14.10 38.28		
10	1144048	<b>PARDAVILA DAVILA, Ainoa</b>	08	RBAIXAS	<b>1:14.81</b>	<b>3.0</b>
	50 m:	35.91 35.91	100 m:	1:14.81 38.90		
11	1189567	<b>MOSQUERA SANCHEZ, Daniella</b>	12	NCORUÑA	<b>1:20.54</b>	<b>2.0</b>
	50 m:	39.54 39.54	100 m:	1:20.54 41.00		
12	1144862	<b>SANCHEZ GONZALEZ, Iria</b>	12	RBAIXAS	<b>1:24.85</b>	<b>1.0</b>
	50 m:	40.16 40.16	100 m:	1:24.85 44.69		

13.- 4x200 m Libre Masculino (TIM)

2026-03-28 17:00

ABSO\_M

1	00186	<b>NCORUÑA 01</b>			<b>NCORUÑA</b>		<b>7:50.51</b>	<b>30.0</b>	
	1143193	GOMEZ LIMIA, Pablo	06	50 m:	26.00	26.00	100 m:	54.58	28.58
				150 m:	1:24.26	29.68	200 m:	1:53.75	29.49
	1144145	SOUTO RAMOS, Manuel	07	250 m:	2:19.64	25.89	300 m:	2:48.77	29.13
				350 m:	3:18.31	29.54	400 m:	3:48.29	29.98
	1146785	ALCALDE MAHIA, Jun Bin	08	450 m:	4:16.31	28.02	500 m:	4:47.56	31.25
				550 m:	5:18.95	31.39	600 m:	5:50.45	31.50
	1185607	GIL-RIVERA BARBEITO, Hugo	09	650 m:	6:18.29	27.84	700 m:	6:49.45	31.16
				750 m:	7:20.08	30.63	800 m:	7:50.51	30.43
2	00398	<b>FLUVLUGO 01</b>			<b>FLUVLUGO</b>		<b>7:59.52</b>	<b>24.0</b>	
	1075757	PARDO PERNAS, Martin	02	50 m:	26.54	26.54	100 m:	55.70	29.16
				150 m:	1:26.21	30.51	200 m:	1:57.16	30.95
	1037175	ALVAREZ FERNANDEZ, Borja	96	250 m:	2:23.63	26.47	300 m:	2:53.21	29.58
				350 m:	3:23.54	30.33	400 m:	3:55.19	31.65
	1075751	NEIRA CERVERA, Max Galvan	96	450 m:	4:23.11	27.92	500 m:	4:53.71	30.60
				550 m:	5:24.98	31.27	600 m:	5:56.71	31.73
	1143393	PALLIN BUJAN, Hector	08	650 m:	6:24.13	27.42	700 m:	6:54.82	30.69
				750 m:	7:26.98	32.16	800 m:	7:59.52	32.54
3	00765	<b>RBAIXAS 01</b>			<b>RBAIXAS</b>		<b>8:05.30</b>	<b>20.0</b>	
	1144193	PASTORIZA SANTA CLARA, Jorge	97	50 m:	28.12	28.12	100 m:	58.65	30.53
				150 m:	1:30.30	31.65	200 m:	2:02.25	31.95
	1140925	ALONSO VIDAL, Teo	07	250 m:	2:29.32	27.07	300 m:	2:59.44	30.12
				350 m:	3:29.82	30.38	400 m:	4:00.61	30.79
	1079880	RODRIGUEZ VIEITEZ, Hugo	08	450 m:	4:28.78	28.17	500 m:	5:00.00	31.22
				550 m:	5:31.74	31.74	600 m:	6:04.61	32.87
	1084761	MASSO ROIG, Martin	07	650 m:	6:32.69	28.08	700 m:	7:03.19	30.50
				750 m:	7:34.29	31.10	800 m:	8:05.30	31.01
4	00287	<b>SCASINO 01</b>			<b>SCASINO</b>		<b>8:12.42</b>	<b>18.0</b>	
	1143971	GERVENO PRADA, Luis	09	50 m:	28.56	28.56	100 m:	1:01.17	32.61
				150 m:	1:33.94	32.77	200 m:	2:06.07	32.13
	1143983	SUAREZ MARTINEZ, Pedro	10	250 m:	2:34.46	28.39	300 m:	3:06.33	31.87
				350 m:	3:36.70	30.37	400 m:	4:07.07	30.37
	1143981	SUAREZ MARTINEZ, Diego	08	450 m:	4:33.70	26.63	500 m:	5:03.20	29.50
				550 m:	5:33.23	30.03	600 m:	6:02.62	29.39
	1186861	SOBRINO NOGALES, Sebastian	08	650 m:	6:31.86	29.24	700 m:	7:04.08	32.22
				750 m:	7:38.38	34.30	800 m:	8:12.42	34.04
5	00617	<b>ADFOGAR 01</b>			<b>ADFOGAR</b>		<b>8:13.85</b>	<b>16.0</b>	
	1180199	CASAL CANCELA, Carlos	10	50 m:	29.06	29.06	100 m:	1:00.17	31.11
				150 m:	1:31.79	31.62	200 m:	2:03.39	31.60
	1185616	LOPEZ CASTRO, Manuel	10	250 m:	2:32.10	28.71	300 m:	3:03.21	31.11
				350 m:	3:35.91	32.70	400 m:	4:08.35	32.44
	1180216	FUENTEFRIA FERNANDEZ, Anxo	09	450 m:	4:36.26	27.91	500 m:	5:07.80	31.54
				550 m:	5:40.36	32.56	600 m:	6:12.35	31.99
	1111166	LOPEZ FRANCO, Martin	01	650 m:	6:40.66	28.31	700 m:	7:12.16	31.50
				750 m:	7:43.08	30.92	800 m:	8:13.85	30.77
6	00398	<b>FLUVLUGO 02</b>			<b>FLUVLUGO</b>		<b>8:17.40</b>	<b>14.0</b>	
	1079205	TEIJEIRO PRADO, Xoel	06	50 m:	26.69	26.69	100 m:	56.12	29.43
				150 m:	1:26.42	30.30	200 m:	1:57.50	31.08

	1143401	CARCEDO LOPEZ, Rodrigo	10	250 m:	2:26.69	29.19	300 m:	2:58.74	32.05
				350 m:	3:31.30	32.56	400 m:	4:03.47	32.17
	1193048	ALONSO BECERRA, Tristan	10	450 m:	4:32.30	28.83	500 m:	5:04.09	31.79
				550 m:	5:36.19	32.10	600 m:	6:06.28	30.09
	1147158	NUÑEZ SALINAS, Ricardo	10	650 m:	6:35.48	29.20	700 m:	7:08.14	32.66
				750 m:	7:42.73	34.59	800 m:	8:17.40	34.67
7	01133	<b>ARTEIXO 01</b>			<b>ARTEIXO</b>			<b>8:17.93</b>	
	1260356	BELLO LAGUNA, Santiago	08	50 m:	28.57	28.57	100 m:	1:00.26	31.69
				150 m:	1:32.86	32.60	200 m:	2:04.86	32.00
	1098388	GOMEZ MESIAS, Miguel Angel	03	250 m:	2:32.39	27.53	300 m:	3:03.68	31.29
				350 m:	3:35.51	31.83	400 m:	4:07.31	31.80
	1286123	MIGUEZ BLANCO, Aritz	07	450 m:	4:35.00	27.69	500 m:	5:05.20	30.20
				550 m:	5:37.76	32.56	600 m:	6:10.16	32.40
	1281918	BALSA VIGO, Diego	09	650 m:	6:38.64	28.48	700 m:	7:11.06	32.42
				750 m:	7:44.37	33.31	800 m:	8:17.93	33.56
8	00186	<b>NCORUÑA 02</b>			<b>NCORUÑA</b>			<b>8:24.12</b>	
	1110128	CAMINO PARDO, Rodrigo	00	50 m:	28.42	28.42	100 m:	59.45	31.03
				150 m:	1:32.06	32.61	200 m:	2:05.39	33.33
	1187886	GARCIA AROCHENA, Jacobo Javier	09	250 m:	2:33.37	27.98	300 m:	3:05.29	31.92
				350 m:	3:38.67	33.38	400 m:	4:11.98	33.31
	1140987	ETAYO GARCIA, Oscar	06	450 m:	4:38.68	26.70	500 m:	5:08.83	30.15
				550 m:	5:40.26	31.43	600 m:	6:10.32	30.06
	1146972	OLVEIRA BARTOLOME, Pedro	08	650 m:	6:40.51	30.19	700 m:	7:14.33	33.82
				750 m:	7:49.67	35.34	800 m:	8:24.12	34.45
9	00765	<b>RBAIXAS 02</b>			<b>RBAIXAS</b>			<b>8:24.97</b>	
	1205844	DE CARLOS TOBIO, Mauro	11	50 m:	29.47	29.47	100 m:	1:02.43	32.96
				150 m:	1:36.59	34.16	200 m:	2:09.84	33.25
	1144670	RIVERA PORRUA, Alejandro	11	250 m:	2:37.95	28.11	300 m:	3:09.83	31.88
				350 m:	3:43.95	34.12	400 m:	4:17.45	33.50
	1243128	PEREIRA FERNANDEZ, Andres	11	450 m:	4:47.09	29.64	500 m:	5:19.92	32.83
				550 m:	5:53.84	33.92	600 m:	6:27.64	33.80
	1182376	RODRIGUEZ JUSTO, Pedro	11	650 m:	6:54.34	26.70	700 m:	7:23.84	29.50
				750 m:	7:54.61	30.77	800 m:	8:24.97	30.36
10	01133	<b>ARTEIXO 02</b>			<b>ARTEIXO</b>			<b>8:34.28</b>	
	1207059	CAYAZZO BRANDARIZ, Ivan	08	50 m:	29.65	29.65	100 m:	1:02.37	32.72
				150 m:	1:35.87	33.50	200 m:	2:09.00	33.13
	1110671	RUBIO RUBIRA, Ivan	74	250 m:	2:38.28	29.28	300 m:	3:10.31	32.03
				350 m:	3:42.48	32.17	400 m:	4:13.67	31.19
	1144159	GUITIAN LOPEZ, Iago	10	450 m:	4:42.48	28.81	500 m:	5:14.21	31.73
				550 m:	5:47.05	32.84	600 m:	6:19.12	32.07
	1116761	RUIBAL CABALLERO, Manuel Francisco	03	650 m:	6:49.05	29.93	700 m:	7:23.60	34.55
				750 m:	7:58.92	35.32	800 m:	8:34.28	35.36
11	00617	<b>ADFOGAR 02</b>			<b>ADFOGAR</b>			<b>8:37.29</b>	
	1244360	LAVANDEIRA AMADO, Alvaro	09	50 m:	27.98	27.98	100 m:	58.09	30.11
				150 m:	1:30.02	31.93	200 m:	2:02.89	32.87
	1261320	CAAMAÑO VERDIA, Pedro	11	250 m:	2:30.78	27.89	300 m:	3:02.32	31.54
				350 m:	3:34.60	32.28	400 m:	4:06.92	32.32
	1037932	LUQUE ROMERO, Nicolas	98	450 m:	4:35.21	28.29	500 m:	5:06.48	31.27
				550 m:	5:39.65	33.17	600 m:	6:14.60	34.95
	1110540	IGLESIAS PIÑEIRO, Carlos	76	650 m:	6:46.39	31.79	700 m:	7:21.70	35.31
				750 m:	7:58.90	37.20	800 m:	8:37.29	38.39
12	00287	<b>SCASINO 02</b>			<b>SCASINO</b>			<b>8:41.55</b>	
								<b>2.0</b>	

1144415	NISTAL PALACIOS, Rafael	09	50 m:	29.56	29.56	100 m:	1:02.39	32.83
			150 m:	1:36.63	34.24	200 m:	2:10.80	34.17
1023160	ORTEGA CRUZ, German	09	250 m:	2:40.19	29.39	300 m:	3:12.80	32.61
			350 m:	3:47.30	34.50	400 m:	4:22.36	35.06
1144423	IGLESIAS PEÑA, Gabriel	09	450 m:	4:51.86	29.50	500 m:	5:24.82	32.96
			550 m:	5:58.68	33.86	600 m:	6:33.88	35.20
1023167	PENAS CAYADO, Fernando	09	650 m:	7:01.92	28.04	700 m:	7:41.20	39.28
			750 m:	8:07.55	26.35	800 m:	8:41.55	34.00

### 14.- 4x100 m Libre Feminino (TIM)

2026-03-28 17:00

ABSO\_F

1	00765	<b>RBAIXAS 01</b>			<b>RBAIXAS</b>	<b>4:02.96</b>	<b>30.0</b>
	1079883	RODRIGUEZ RODRIGUEZ, Nina	02	50 m:	29.17 29.17	100 m:	1:00.27 31.10
	1141397	MARTINEZ GARCIA, Uxia	09	150 m:	1:29.94 29.67	200 m:	2:01.86 31.92
	1216628	DE CARLOS TOBIO, Begoña	08	250 m:	2:31.25 29.39	300 m:	3:03.33 32.08
	1144197	ALVAREZ PAZOS, Maria	07	350 m:	3:31.96 28.63	400 m:	4:02.96 31.00
2	01133	<b>ARTEIXO 01</b>			<b>ARTEIXO</b>	<b>4:03.38</b>	<b>24.0</b>
	1104197	SANCHEZ BELLO, Eva	07	50 m:	29.33 29.33	100 m:	59.88 30.55
	1143717	MACIAS FERNANDEZ, Miriam	09	150 m:	1:31.02 31.14	200 m:	2:04.41 33.39
	1037642	GOMEZ MESIAS, Alba	00	250 m:	2:31.47 27.06	300 m:	3:01.20 29.73
	1144642	RODRIGUEZ RODRIGUEZ, Paula	08	350 m:	3:31.52 30.32	400 m:	4:03.38 31.86
3	00617	<b>ADFOGAR 01</b>			<b>ADFOGAR</b>	<b>4:07.88</b>	<b>20.0</b>
	1200451	FERREIRO FIGUEIRAS, Noa	11	50 m:	29.68 29.68	100 m:	1:03.68 34.00
	1144902	MOURELLE PENA, Carla	08	150 m:	1:33.18 29.50	200 m:	2:05.06 31.88
	1205818	LAMAS SANTOS, Alba	11	250 m:	2:34.38 29.32	300 m:	3:06.19 31.81
	1191910	INSUA REY, Carmela	09	350 m:	3:36.30 30.11	400 m:	4:07.88 31.58
4	00287	<b>SCASINO 01</b>			<b>SCASINO</b>	<b>4:10.54</b>	<b>18.0</b>
	1143978	GIL GARNACHO, Carlota	09	50 m:	29.51 29.51	100 m:	1:01.95 32.44
	1144162	CABANAS DEL RIO, Carla	09	150 m:	1:32.77 30.82	200 m:	2:07.50 34.73
	1144161	BORRAZAS RODRIGUEZ, Noa	08	250 m:	2:36.06 28.56	300 m:	3:07.33 31.27
	1144416	GERVENO PRADA, Eva	11	350 m:	3:37.18 29.85	400 m:	4:10.54 33.36
5	00398	<b>FLUVLUGO 01</b>			<b>FLUVLUGO</b>	<b>4:12.88</b>	<b>16.0</b>
	1146954	LADRA CAMPO, Martina	08	50 m:	29.34 29.34	100 m:	1:01.06 31.72
	1182354	SOUTO GOMEZ, Claudia	10	150 m:	1:32.06 31.00	200 m:	2:05.38 33.32
	1182353	PARCERO GOMEZ, Lidia	12	250 m:	2:36.24 30.86	300 m:	3:09.28 33.04
	1197541	RODRIGUEZ VARELA, Aine	12	350 m:	3:39.70 30.42	400 m:	4:12.88 33.18
6	00617	<b>ADFOGAR 02</b>			<b>ADFOGAR</b>	<b>4:15.77</b>	<b>14.0</b>
	1270954	AÑON SANCHEZ, Lucia	08	50 m:	29.27 29.27	100 m:	1:02.22 32.95
	1144900	RODRIGUEZ VIÑA, Valeria	09	150 m:	1:32.06 29.84	200 m:	2:04.99 32.93
	1194846	FERNANDEZ AMADO, Lucia	11	250 m:	2:36.60 31.61	300 m:	3:11.75 35.15
	1217797	GIANCE GARCIA, Carla	12	350 m:	3:42.11 30.36	400 m:	4:15.77 33.66
7	00398	<b>FLUVLUGO 02</b>			<b>FLUVLUGO</b>	<b>4:19.38</b>	<b>12.0</b>
	1147159	VARELA BAZA, Lucia	11	50 m:	31.45 31.45	100 m:	1:06.64 35.19
	1076296	RODRIGUEZ HUERTAS, Iria	99	150 m:	1:34.95 28.31	200 m:	2:07.26 32.31
	1207030	GOMEZ PEDROUZO, Martina	12	250 m:	2:37.83 30.57	300 m:	3:11.64 33.81
	1143411	SANCHEZ GARCIA, Antia	10	350 m:	3:44.10 32.46	400 m:	4:19.38 35.28
8	00765	<b>RBAIXAS 02</b>			<b>RBAIXAS</b>	<b>4:20.59</b>	<b>10.0</b>
	1257940	PEREZ SOTELO, Yaiza	11	50 m:	32.49 32.49	100 m:	1:08.02 35.53
	1143498	BLANCO ROUCO, Carmen	06	150 m:	1:37.69 29.67	200 m:	2:10.88 33.19
	1144048	PARDAVILA DAVILA, Ainoa	08	250 m:	2:41.90 31.02	300 m:	3:15.56 33.66
	1202704	LOPEZ ALVAREZ, Paula	09	350 m:	3:46.74 31.18	400 m:	4:20.59 33.85
9	01133	<b>ARTEIXO 02</b>			<b>ARTEIXO</b>	<b>4:23.56</b>	<b>8.0</b>
	1104638	SUAREZ DOSIL, Claudia	07	50 m:	31.98 31.98	100 m:	1:06.43 34.45
	1104173	GARCIA NAYA, Irene	06	150 m:	1:37.80 31.37	200 m:	2:12.23 34.43
	1111720	GOMEZ TAIBO, Antia	05	250 m:	2:43.31 31.08	300 m:	3:18.67 35.36
	1144917	RUBIO PARDO, Jazmin	10	350 m:	3:49.46 30.79	400 m:	4:23.56 34.10

10	00186	<b>NCORUÑA 01</b>				<b>NCORUÑA</b>		<b>4:24.36</b>	<b>6.0</b>
	1146991	CANALDA RAMOS, Laura	09	50 m:	30.96	30.96	100 m:	1:04.71	33.75
	1187883	ARRUÑADA VAZQUEZ, Carmen	10	150 m:	1:36.49	31.78	200 m:	2:10.90	34.41
	1199124	PEREZ FIGUEROA, Sabela	10	250 m:	2:44.40	33.50	300 m:	3:20.44	36.04
	1189567	MOSQUERA SANCHEZ, Daniella	12	350 m:	3:51.19	30.75	400 m:	4:24.36	33.17
11	00287	<b>SCASINO 02</b>				<b>SCASINO</b>		<b>4:33.02</b>	<b>4.0</b>
	1192265	CAGIAO VILLAR, Lucia	11	50 m:	32.03	32.03	100 m:	1:08.90	36.87
	1143972	COUCEIRO BARREIRO, Marta	07	150 m:	1:39.32	30.42	200 m:	2:13.76	34.44
	1143970	NISTAL PALACIOS, Mariña	07	250 m:	2:46.50	32.74	300 m:	3:23.66	37.16
	1147233	DIAZ-PACHE CIDONCHA, Mar	12	350 m:	3:57.28	33.62	400 m:	4:33.02	35.74
12	00186	<b>NCORUÑA 02</b>				<b>NCORUÑA</b>		<b>4:41.89</b>	<b>2.0</b>
	1147337	FERNANDEZ SOUTO, Sabela	11	50 m:	32.75	32.75	100 m:	1:09.78	37.03
	1147330	MENDEZ LOPEZ, Helena	10	150 m:	1:43.73	33.95	200 m:	2:21.33	37.60
	1187884	BARREIRA PERMUY, Lucia	09	250 m:	2:54.54	33.21	300 m:	3:32.51	37.97
	1146724	VILLAR ARCEO, Iria	08	350 m:	4:04.25	31.74	400 m:	4:41.89	37.64

## Sumario de participantes

Entidade	Participantes			Insc. individuais			Insc. remudas			
	Fem.	Mas.	Tot.	Fem.	Mas.	Tot.	Fem.	Mas.	Mix.	Tot.
AGRUP. DEP. FOGAR	9	15	24	12	13	25	2	2	0	4
C. FLUVIAL LUGO	21	19	40	12	12	24	2	2	0	4
C. N. CORUÑA	18	29	47	12	12	24	2	2	0	4
C. N. VIGO RÍAS BAIXAS	15	20	35	12	12	24	2	2	0	4
C. N. ARTEIXO	11	13	24	12	12	24	2	2	0	4
SPORTING C. CASINO	8	9	17	12	12	24	2	2	0	4
	<b>82</b>	<b>105</b>	<b>187</b>	<b>72</b>	<b>73</b>	<b>145</b>	<b>12</b>	<b>12</b>	<b>0</b>	<b>24</b>

## Clasificacións

### TOTAL

1	C. FLUVIAL LUGO	00398	248.0
2	C. N. ARTEIXO	01133	233.0
3	SPORTING C. CASINO	00287	232.0
	AGRUP. DEP. FOGAR	00617	232.0
5	C. N. VIGO RÍAS BAIXAS	00765	196.0
6	C. N. CORUÑA	00186	170.0