

1.- 100 m Estilos Masculino (TIM)

2026-03-28 17:00

ABSO_M

1	1075927	NOVO LOPEZ, Brais	03	PORTMIÑA	57.67	15.0
	50 m:	27.42 27.42	100 m:	57.67 30.25		
2	1140876	NAVARRO LOSADA, Sergi	07	NFERROL	58.02	12.0
	50 m:	25.81 25.81	100 m:	58.02 32.21		
3	1087107	ESTEVEZ CRESPO, Hugo	06	POURENSE	58.07	10.0
	50 m:	26.37 26.37	100 m:	58.07 31.70		
4	1075356	SEIJO BERMUDEZ, Daniel	04	NFERROL	58.07	9.0
	50 m:	26.98 26.98	100 m:	58.07 31.09		
5	1038465	SANCHEZ LOUZAN, Daniel	98	GALAICO	59.61	8.0
	50 m:	26.68 26.68	100 m:	59.61 32.93		
6	1087074	QUIROGA RAMOS, Yago	05	POURENSE	59.73	7.0
	50 m:	26.96 26.96	100 m:	59.73 32.77		
7	1086280	AGUILAR URTXEGI, Xabier	00	GALAICO	59.93	6.0
	50 m:	26.83 26.83	100 m:	59.93 33.10		
8	1146918	GOMEZ PUMARIÑO, Samuel	08	PORTMIÑA	1:01.11	5.0
	50 m:	28.30 28.30	100 m:	1:01.11 32.81		
9	1143429	FARO MARTINEZ, Yoel	07	PONTEARE	1:02.88	4.0
	50 m:	29.27 29.27	100 m:	1:02.88 33.61		
10	1144608	FRAGA VISOS, Teo	08	CIDSANTI	1:04.61	3.0
	50 m:	30.79 30.79	100 m:	1:04.61 33.82		
11	1197575	GUERRA SAAVEDRA, Uxio	10	CIDSANTI	1:05.00	2.0
	50 m:	30.39 30.39	100 m:	1:05.00 34.61		
DSQ	1147053	RODRIGUEZ DA SILVA, Bruno	10	PONTEARE		0.0

2.- 100 m Estilos Feminino (TIM)

2026-03-28 17:00

ABSO_F

1	1076335	LEMONS FERNANDEZ, Iria	06	PONTEARE	1:05.70	15.0
	50 m:	30.13 30.13	100 m:	1:05.70	35.57	
2	1086358	FEIJOO GOMEZ, Eva	04	POURENSE	1:05.79	12.0
	50 m:	29.73 29.73	100 m:	1:05.79	36.06	
3	1128200	CONS GESTIDO, Henar Diana	02	GALAICO	1:07.43	10.0
	50 m:	32.11 32.11	100 m:	1:07.43	35.32	
4	1141262	LOPEZ-FREIRE FRANCIA, Celia	10	PORTMIÑA	1:07.70	9.0
	50 m:	29.81 29.81	100 m:	1:07.70	37.89	
5	1087081	CAMBA PRADA, Alexia	05	POURENSE	1:07.98	8.0
	50 m:	30.98 30.98	100 m:	1:07.98	37.00	
6	1076330	FARO MARTINEZ, Carla	03	PONTEARE	1:08.03	7.0
	50 m:	31.47 31.47	100 m:	1:08.03	36.56	
7	1140810	RODRIGUEZ ALONSO, Julia	05	GALAICO	1:08.26	6.0
	50 m:	32.25 32.25	100 m:	1:08.26	36.01	
8	1146805	ILLAN LAMAS, Aroa	10	PORTMIÑA	1:08.41	5.0
	50 m:	31.58 31.58	100 m:	1:08.41	36.83	
9	1091897	GONZALEZ TOJO, Raquel	99	CIDSANTI	1:08.69	4.0
	50 m:	31.04 31.04	100 m:	1:08.69	37.65	
10	1140814	PARDO CHAS, Eva	04	NFERROL	1:09.85	3.0
	50 m:	31.94 31.94	100 m:	1:09.85	37.91	
11	1253460	VICENTINI, Sofia Chiara	03	CIDSANTI	1:10.36	2.0
	50 m:	32.30 32.30	100 m:	1:10.36	38.06	
12	1144881	LEIVAS ROCA, Candela	05	NFERROL	1:12.00	1.0
	50 m:	34.71 34.71	100 m:	1:12.00	37.29	

3.- 1500 m Libre Masculino (TIM)

2026-03-28 17:00

ABSO_M

1	1140899	MANEIROS PAZ, Mario	06	NFERROL	16:27.18	15.0		
	50 m:	27.78 27.78	100 m:	58.16 30.38	150 m:	1:30.78 32.62	200 m:	2:01.10 30.32
	250 m:	2:33.40 32.30	300 m:	3:06.01 32.61	350 m:	3:38.07 32.06	400 m:	4:10.20 32.13
	450 m:	4:42.77 32.57	500 m:	5:15.33 32.56	550 m:	5:48.41 33.08	600 m:	6:21.02 32.61
	650 m:	6:53.30 32.28	700 m:	7:25.81 32.51	750 m:	7:59.35 33.54	800 m:	8:32.41 33.06
	850 m:	9:06.22 33.81	900 m:	9:40.15 33.93	950 m:	10:14.24 34.09	1000 m:	10:48.61 34.37
	1050 m:	11:23.41 34.80	1100 m:	11:56.94 33.53	1150 m:	12:30.78 33.84	1200 m:	13:04.45 33.67
	1250 m:	13:38.79 34.34	1300 m:	14:13.71 34.92	1350 m:	14:47.31 33.60	1400 m:	15:21.60 34.29
	1450 m:	15:53.58 31.98	1500 m:	16:27.18 33.60				
2	1144339	FERNANDEZ ABEL, Adrian	11	PORTMIÑA	16:31.58	12.0		
	50 m:	29.31 29.31	100 m:	1:01.39 32.08	150 m:	1:34.33 32.94	200 m:	2:07.02 32.69
	250 m:	2:40.02 33.00	300 m:	3:13.14 33.12	350 m:	3:45.95 32.81	400 m:	4:19.08 33.13
	450 m:	4:52.16 33.08	500 m:	5:24.53 32.37	550 m:	5:56.90 32.37	600 m:	6:29.65 32.75
	650 m:	7:02.16 32.51	700 m:	7:35.10 32.94	750 m:	8:08.05 32.95	800 m:	8:41.24 33.19
	850 m:	9:14.73 33.49	900 m:	9:47.92 33.19	950 m:	10:21.73 33.81	1000 m:	10:55.36 33.63
	1050 m:	11:29.05 33.69	1100 m:	12:02.73 33.68	1150 m:	12:36.73 34.00	1200 m:	13:10.98 34.25
	1250 m:	13:45.11 34.13	1300 m:	14:19.11 34.00	1350 m:	14:52.96 33.85	1400 m:	15:26.88 33.92
	1450 m:	16:00.08 33.20	1500 m:	16:31.58 31.50				
3	1141348	DIAZ RODRIGUEZ, Ivan	08	PORTMIÑA	16:45.21	10.0		
	50 m:	28.88 28.88	100 m:	1:00.27 31.39	150 m:	1:32.78 32.51	200 m:	2:05.87 33.09
	250 m:	2:39.18 33.31	300 m:	3:12.64 33.46	350 m:	3:45.86 33.22	400 m:	4:18.84 32.98
	450 m:	4:51.98 33.14	500 m:	5:24.95 32.97	550 m:	5:58.44 33.49	600 m:	6:32.03 33.59
	650 m:	7:06.22 34.19	700 m:	7:40.40 34.18	750 m:	8:14.81 34.41	800 m:	8:49.24 34.43
	850 m:	9:23.81 34.57	900 m:	9:58.17 34.36	950 m:	10:31.59 33.42	1000 m:	11:06.46 34.87
	1050 m:	11:41.27 34.81	1100 m:	12:15.69 34.42	1150 m:	12:50.00 34.31	1200 m:	13:24.98 34.98
	1250 m:	13:59.68 34.70	1300 m:	14:33.41 33.73	1350 m:	15:07.71 34.30	1400 m:	15:42.08 34.37
	1450 m:	16:15.87 33.79	1500 m:	16:45.21 29.34				
4	1079430	PREGO GROBA, Brais	08	PONTEARE	16:51.67	9.0		
	50 m:	29.49 29.49	100 m:	1:01.05 31.56	150 m:	1:33.67 32.62	200 m:	2:06.61 32.94
	250 m:	2:39.61 33.00	300 m:	3:12.79 33.18	350 m:	3:46.44 33.65	400 m:	4:19.93 33.49
	450 m:	4:54.01 34.08	500 m:	5:28.22 34.21	550 m:	6:02.90 34.68	600 m:	6:37.97 35.07
	650 m:	7:13.05 35.08	700 m:	7:47.92 34.87	750 m:	8:22.92 35.00	800 m:	8:57.73 34.81
	850 m:	9:32.36 34.63	900 m:	10:07.24 34.88	950 m:	10:41.73 34.49	1000 m:	11:16.81 35.08
	1050 m:	11:50.65 33.84	1100 m:	12:24.59 33.94	1150 m:	12:57.97 33.38	1200 m:	13:31.36 33.39
	1250 m:	14:05.43 34.07	1300 m:	14:39.11 33.68	1350 m:	15:13.11 34.00	1400 m:	15:46.61 33.50
	1450 m:	16:19.24 32.63	1500 m:	16:51.67 32.43				
5	1144508	CHAN VAZQUEZ, Lois	11	GALAICO	17:03.06	8.0		
	50 m:	29.81 29.81	100 m:	1:03.24 33.43	150 m:	1:37.09 33.85	200 m:	2:10.57 33.48
	250 m:	2:44.35 33.78	300 m:	3:18.34 33.99	350 m:	3:52.55 34.21	400 m:	4:26.59 34.04
	450 m:	5:00.97 34.38	500 m:	5:34.47 33.50	550 m:	6:09.87 35.40	600 m:	6:44.58 34.71
	650 m:	7:19.21 34.63	700 m:	7:53.84 34.63	750 m:	8:28.41 34.57	800 m:	9:03.20 34.79
	850 m:	9:37.55 34.35	900 m:	10:12.53 34.98	950 m:	10:46.90 34.37	1000 m:	11:21.55 34.65
	1050 m:	11:56.06 34.51	1100 m:	12:30.83 34.77	1150 m:	13:05.13 34.30	1200 m:	13:34.46 29.33
	1250 m:	14:13.80 39.34	1300 m:	14:47.87 34.07	1350 m:	15:21.92 34.05	1400 m:	15:55.48 33.56
	1450 m:	16:25.59 30.11	1500 m:	17:03.06 37.47				
6	1208865	QUIÑÓY VEIGA, Alvaro	09	CIDSANTI	17:12.75	7.0		
	50 m:	30.63 30.63	100 m:	1:04.15 33.52	150 m:	1:38.02 33.87	200 m:	2:12.43 34.41
	250 m:	2:47.07 34.64	300 m:	3:21.69 34.62	350 m:	3:56.61 34.92	400 m:	4:31.81 35.20

450 m:	5:07.06	35.25	500 m:	5:41.76	34.70	550 m:	6:16.93	35.17	600 m:	6:51.99	35.06
650 m:	7:26.63	34.64	700 m:	8:01.18	34.55	750 m:	8:35.62	34.44	800 m:	9:09.97	34.35
850 m:	9:44.34	34.37	900 m:	10:18.64	34.30	950 m:	10:53.26	34.62	1000 m:	11:27.74	34.48
1050 m:	12:02.55	34.81	1100 m:	12:36.81	34.26	1150 m:	13:11.54	34.73	1200 m:	13:46.46	34.92
1250 m:	14:21.28	34.82	1300 m:	14:56.09	34.81	1350 m:	15:30.79	34.70	1400 m:	16:05.15	34.36
1450 m:	16:39.32	34.17	1500 m:	17:12.75	33.43						

7	1037190	COSTA FERNANDEZ, Lucas	98	PONTEARE	17:23.15	6.0					
50 m:	30.38	30.38	100 m:	1:02.52	32.14	150 m:	1:35.42	32.90	200 m:	2:08.84	33.42
250 m:	2:42.19	33.35	300 m:	3:15.96	33.77	350 m:	3:50.30	34.34	400 m:	4:24.84	34.54
450 m:	4:59.61	34.77	500 m:	5:34.26	34.65	550 m:	6:09.20	34.94	600 m:	6:44.47	35.27
650 m:	7:19.82	35.35	700 m:	7:55.23	35.41	750 m:	8:30.69	35.46	800 m:	9:05.91	35.22
850 m:	9:41.03	35.12	900 m:	10:16.49	35.46	950 m:	10:52.12	35.63	1000 m:	11:27.69	35.57
1050 m:	12:03.22	35.53	1100 m:	12:38.98	35.76	1150 m:	13:14.54	35.56	1200 m:	13:50.37	35.83
1250 m:	14:26.00	35.63	1300 m:	15:01.63	35.63	1350 m:	15:37.35	35.72	1400 m:	16:12.82	35.47
1450 m:	16:48.50	35.68	1500 m:	17:23.15	34.65						

8	1107916	FERNANDEZ DEL VALLE, Ivan	05	POURENSE	17:31.15	5.0					
50 m:	30.57	30.57	100 m:	1:04.08	33.51	150 m:	1:37.98	33.90	200 m:	2:12.35	34.37
250 m:	2:46.88	34.53	300 m:	3:21.88	35.00	350 m:	3:56.35	34.47	400 m:	4:31.33	34.98
450 m:	5:06.02	34.69	500 m:	5:41.38	35.36	550 m:	6:16.83	35.45	600 m:	6:52.14	35.31
650 m:	7:27.51	35.37	700 m:	8:02.85	35.34	750 m:	8:38.16	35.31	800 m:	9:14.02	35.86
850 m:	9:50.08	36.06	900 m:	10:25.93	35.85	950 m:	11:01.50	35.57	1000 m:	11:37.19	35.69
1050 m:	12:12.74	35.55	1100 m:	12:47.94	35.20	1150 m:	13:23.35	35.41	1200 m:	13:59.29	35.94
1250 m:	14:35.14	35.85	1300 m:	15:10.59	35.45	1350 m:	15:46.50	35.91	1400 m:	16:22.62	36.12
1450 m:	16:58.30	35.68	1500 m:	17:31.15	32.85						

9	1111699	GIL-RIVERA BARBEITO, Pablo	06	CIDSANTI	17:39.67	4.0					
50 m:	31.73	31.73	100 m:	1:06.35	34.62	150 m:	1:40.46	34.11	200 m:	2:15.11	34.65
250 m:	2:50.17	35.06	300 m:	3:24.87	34.70	350 m:	4:00.27	35.40	400 m:	4:35.57	35.30
450 m:	5:10.52	34.95	500 m:	5:46.43	35.91	550 m:	6:21.76	35.33	600 m:	6:56.86	35.10
650 m:	7:32.67	35.81	700 m:	8:08.47	35.80	750 m:	8:44.31	35.84	800 m:	9:20.17	35.86
850 m:	9:55.59	35.42	900 m:	10:30.94	35.35	950 m:	11:06.09	35.15	1000 m:	11:41.80	35.71
1050 m:	12:17.33	35.53	1100 m:	12:53.05	35.72	1150 m:	13:29.23	36.18	1200 m:	14:04.34	35.11
1250 m:	14:40.50	36.16	1300 m:	15:16.50	36.00	1350 m:	15:52.67	36.17	1400 m:	16:28.50	35.83
1450 m:	17:04.62	36.12	1500 m:	17:39.67	35.05						

10	1057304	TABEIRA OLASCOAGA, Tadeo	07	NFERROL	18:03.94	3.0					
50 m:	29.91	29.91	100 m:	1:03.20	33.29	150 m:	1:37.75	34.55	200 m:	2:11.78	34.03
250 m:	2:46.89	35.11	300 m:	3:22.07	35.18	350 m:	3:56.26	34.19	400 m:	4:31.98	35.72
450 m:	5:08.65	36.67	500 m:	5:44.71	36.06	550 m:	6:20.84	36.13	600 m:	6:57.01	36.17
650 m:	7:33.28	36.27	700 m:	8:10.15	36.87	750 m:	8:47.52	37.37	800 m:	9:22.66	35.14
850 m:	10:00.01	37.35	900 m:	10:38.31	38.30	950 m:	11:15.89	37.58	1000 m:	11:52.22	36.33
1050 m:	12:28.81	36.59	1100 m:	13:06.83	38.02	1150 m:	13:44.42	37.59	1200 m:	14:21.67	37.25
1250 m:	14:58.71	37.04	1300 m:	15:36.31	37.60	1350 m:	16:14.65	38.34	1400 m:	16:51.93	37.28
1450 m:	17:28.43	36.50	1500 m:	18:03.94	35.51						

DSQ	1143823	NACHER RODRIGUEZ, Alejandro	10	POURENSE		0,0
-----	---------	------------------------------------	----	----------	--	------------

DSQ	1023004	INFESTAS CARAZO, Samuel	03	GALAICO		0,0
-----	---------	--------------------------------	----	---------	--	------------

4.- 200 m Libre Feminino (TIM)

2026-03-28 17:00

ABSO_F

1	1031658	BARROS DA SILVA, Sofia	09	GALAICO	2:04.38	15.0
	50 m:	29.74 29.74	100 m:	1:01.14 31.40	150 m:	1:32.92 31.78
					200 m:	2:04.38 31.46
2	1075937	CANDO SANTOS, Raquel	03	PORTMIÑA	2:06.79	12.0
	50 m:	30.24 30.24	100 m:	1:01.85 31.61	150 m:	1:34.05 32.20
					200 m:	2:06.79 32.74
3	1075381	VILLARNOVO PAZOS, Lucia	08	NFERROL	2:08.17	10.0
	50 m:	30.45 30.45	100 m:	1:02.76 32.31	150 m:	1:35.21 32.45
					200 m:	2:08.17 32.96
4	1144390	RAMOS PEREZ, Rocio Del Carmen	12	NFERROL	2:08.91	9.0
	50 m:	30.24 30.24	100 m:	1:03.10 32.86	150 m:	1:36.23 33.13
					200 m:	2:08.91 32.68
5	1077381	GOYANES GARCIA, Paula	98	GALAICO	2:10.97	8.0
	50 m:	30.87 30.87	100 m:	1:03.77 32.90	150 m:	1:36.80 33.03
					200 m:	2:10.97 34.17
6	1147213	LOPEZ FERNANDEZ, Patricia	12	PORTMIÑA	2:15.71	7.0
	50 m:	31.65 31.65	100 m:	1:05.33 33.68	150 m:	1:40.28 34.95
					200 m:	2:15.71 35.43
7	1144111	QUINTAS MELON, Maria	10	PONTEARE	2:16.29	6.0
	50 m:	30.78 30.78	100 m:	1:05.02 34.24	150 m:	1:40.54 35.52
					200 m:	2:16.29 35.75
8	1141278	ALVAREZ GARCIA, Mencia	10	POURENSE	2:19.53	5.0
	50 m:	31.95 31.95	100 m:	1:06.71 34.76	150 m:	1:42.77 36.06
					200 m:	2:19.53 36.76
9	1145009	VILA RIAL, Zaira	11	PONTEARE	2:19.85	4.0
	50 m:	30.30 30.30	100 m:	1:04.24 33.94	150 m:	1:41.54 37.30
					200 m:	2:19.85 38.31
10	1208851	BLANCO IGLESIAS, Carmen	08	CIDSANTI	2:21.49	3.0
	50 m:	33.43 33.43	100 m:	1:09.61 36.18	150 m:	1:46.11 36.50
					200 m:	2:21.49 35.38
11	1144537	GUERRA RODRIGUEZ, Zaida	10	POURENSE	2:22.71	2.0
	50 m:	32.20 32.20	100 m:	1:08.04 35.84	150 m:	1:45.51 37.47
					200 m:	2:22.71 37.20
12	1266338	CASTRO LOPEZ, Nuria	12	CIDSANTI	2:24.76	1.0
	50 m:	34.07 34.07	100 m:	1:10.82 36.75	150 m:	1:48.29 37.47
					200 m:	2:24.76 36.47

5.- 50 m Braza Masculino (TIM)

2026-03-28 17:00

ABSO_M

1	1075356	SEIJO BERMUDEZ, Daniel	04	NFERROL	29.17	15.0
2	1087107	ESTEVEZ CRESPO, Hugo	06	POURENSE	29.61	12.0
3	1143443	GRAÑA DEL SOLAR, Miguel	08	NFERROL	30.06	10.0
4	1075971	VAZQUEZ LOPEZ, Martin	03	PORTMIÑA	30.45	9.0
5	1079105	VAZQUEZ LIZ, Alejandro	03	PORTMIÑA	30.66	8.0
6	1107916	FERNANDEZ DEL VALLE, Ivan	05	POURENSE	31.03	7.0
7	1143429	FARO MARTINEZ, Yoel	07	PONTEARE	31.26	6.0
8	1077357	RODRIGUEZ PENA, Alejandro	92	GALAICO	31.73	5.0
9	1147053	RODRIGUEZ DA SILVA, Bruno	10	PONTEARE	33.32	4.0
10	1144608	FRAGA VISOS, Teo	08	CIDSANTI	33.49	3.0
11	1213611	FRAGA VISOS, Gael	11	CIDSANTI	38.01	2.0
DSQ	1023004	INFESTAS CARAZO, Samuel	03	GALAICO		0,0

6.- 50 m Braza Feminino (TIM)

2026-03-28 17:00

ABSO_F

1	1141075	MOURENZA ROCHA, Sofia	07	PORTMIÑA	33.73	15.0
2	1061551	CARBALLO GONZALEZ, Sofia	06	PONTEARE	33.76	12.0
3	1128200	CONS GESTIDO, Henar Diana	02	GALAICO	34.91	10.0
4	1034469	ABUIN RAMOS, Laura	11	PORTMIÑA	36.32	9.0
5	1034146	ROCHA GONZALEZ, Marlene	11	GALAICO	36.59	7.5
	1075328	LOPEZ SANMARTIN, Nerea	96	NFERROL	36.59	7.5
7	1140948	CAMPOS TATO, Uxia	05	POURENSE	36.60	6.0
8	1144875	MARTINEZ QUIJADA, Irati	12	NFERROL	36.81	5.0
9	1145032	ALVAREZ GANDARA, Maria	10	POURENSE	37.09	4.0
10	1143299	EIJO GIL, Naiara	06	PONTEARE	37.60	3.0
11	1249223	GARCIA CASTRO, Alicia	12	CIDSANTI	37.69	2.0
12	1208869	SANMIGUEL LOPEZ, Xulia	11	CIDSANTI	40.94	1.0

7.- 200 m Bolboreta Masculino (TIM)

2026-03-28 17:00

ABSO_M

1	1140876	NAVARRO LOSADA, Sergi	07	NFERROL	2:06.04	15.0
	50 m:	27.27 27.27	100 m:	59.27 32.00	150 m:	1:32.34 33.07
			200 m:	2:06.04 33.70		
2	1086280	AGUILAR URTXEGI, Xabier	00	GALAICO	2:07.24	12.0
	50 m:	28.52 28.52	100 m:	1:01.51 32.99	150 m:	1:34.27 32.76
			200 m:	2:07.24 32.97		
3	1141073	PEREZ FERNANDEZ, Brais	07	PORTMIÑA	2:09.49	10.0
	50 m:	29.05 29.05	100 m:	1:02.30 33.25	150 m:	1:35.30 33.00
			200 m:	2:09.49 34.19		
4	1140795	LOSADA JIMENEZ, Sergio	04	NFERROL	2:10.93	9.0
	50 m:	28.66 28.66	100 m:	1:02.08 33.42	150 m:	1:35.42 33.34
			200 m:	2:10.93 35.51		
5	1086359	MOURE DOVAL, Jose	99	POURENSE	2:12.11	8.0
	50 m:	28.49 28.49	100 m:	1:02.30 33.81	150 m:	1:37.61 35.31
			200 m:	2:12.11 34.50		
6	1141072	GAVIEIRO MONTERO, Raul	07	PORTMIÑA	2:14.05	7.0
	50 m:	30.32 30.32	100 m:	1:04.32 34.00	150 m:	1:39.22 34.90
			200 m:	2:14.05 34.83		
7	1084749	ALVAREZ VAZQUEZ, Gael	07	GALAICO	2:17.38	6.0
	50 m:	28.76 28.76	100 m:	1:03.56 34.80	150 m:	1:39.42 35.86
			200 m:	2:17.38 37.96		
8	1186956	GONZALEZ BLANCO, Marco	10	POURENSE	2:18.85	5.0
	50 m:	30.60 30.60	100 m:	1:06.33 35.73	150 m:	1:42.29 35.96
			200 m:	2:18.85 36.56		
9	1142991	PEREZ PAZ, Dario	05	PONTEARE	2:26.28	4.0
	50 m:	30.86 30.86	100 m:	1:08.29 37.43	150 m:	1:46.52 38.23
			200 m:	2:26.28 39.76		
10	1079430	PREGO GROBA, Brais	08	PONTEARE	2:28.92	3.0
	50 m:	31.13 31.13	100 m:	1:09.22 38.09	150 m:	1:49.95 40.73
			200 m:	2:28.92 38.97		
11	1197580	ORECHIA, Bautista	09	CIDSANTI	2:30.05	2.0
	50 m:	33.60 33.60	100 m:	1:10.59 36.99	150 m:	1:49.71 39.12
			200 m:	2:30.05 40.34		
12	1251226	VAZQUEZ GOMEZ, Lucas	12	CIDSANTI	2:37.11	1.0
	50 m:	35.02 35.02	100 m:	1:14.39 39.37	150 m:	1:55.66 41.27
			200 m:	2:37.11 41.45		

8.- 200 m Bolboreta Feminino (TIM)

2026-03-28 17:00

ABSO_F

1	1076335	LEMONS FERNANDEZ, Iria	06	PONTEARE	2:22.21	15.0
	50 m:	31.61 31.61	100 m:	1:08.03 36.42	150 m:	1:45.38 37.35
					200 m:	2:22.21 36.83
2	1182370	JIMENEZ FILGUEIRA, Aroa	12	NFERROL	2:24.73	12.0
	50 m:	32.05 32.05	100 m:	1:08.73 36.68	150 m:	1:46.79 38.06
					200 m:	2:24.73 37.94
3	1147214	LOPEZ FERNANDEZ, Aitana	09	PORTMIÑA	2:26.63	10.0
	50 m:	33.00 33.00	100 m:	1:09.71 36.71	150 m:	1:48.20 38.49
					200 m:	2:26.63 38.43
4	1140810	RODRIGUEZ ALONSO, Julia	05	GALAICO	2:27.90	9.0
	50 m:	32.14 32.14	100 m:	1:08.73 36.59	150 m:	1:46.91 38.18
					200 m:	2:27.90 40.99
5	1076330	FARO MARTINEZ, Carla	03	PONTEARE	2:30.87	8.0
	50 m:	32.49 32.49	100 m:	1:09.61 37.12	150 m:	1:48.44 38.83
					200 m:	2:30.87 42.43
6	1194870	ARTICO LOPEZ, Icia	12	NFERROL	2:31.57	7.0
	50 m:	35.02 35.02	100 m:	1:13.30 38.28	150 m:	1:52.68 39.38
					200 m:	2:31.57 38.89
7	1144619	PRIETO CANTEIRO, Antia	11	PORTMIÑA	2:36.36	6.0
	50 m:	33.81 33.81	100 m:	1:12.75 38.94	150 m:	1:54.03 41.28
					200 m:	2:36.36 42.33
8	1030940	INFESTAS CARAZO, Claudia	08	GALAICO	2:42.30	5.0
	50 m:	33.44 33.44	100 m:	1:16.00 42.56	150 m:	1:58.35 42.35
					200 m:	2:42.30 43.95
9	1144537	GUERRA RODRIGUEZ, Zaida	10	POURENSE	3:06.14	4.0
	50 m:	39.61 39.61	100 m:	1:27.49 47.88	150 m:	2:16.88 49.39
					200 m:	3:06.14 49.26
10	1145032	ALVAREZ GANDARA, Maria	10	POURENSE	3:08.22	3.0
	50 m:	40.73 40.73	100 m:	1:29.88 49.15	150 m:	2:19.88 50.00
					200 m:	3:08.22 48.34

9.- 100 m Libre Masculino (TIM)

2026-03-28 17:00

ABSO_M

1	1039567	CIVEIRA CORRAL, Raul	02	POURENSE	52.30	15.0
	50 m:	25.61 25.61	100 m:	52.30 26.69		
2	1057304	TABEIRA OLASCOAGA, Tadeo	07	NFERROL	52.60	12.0
	50 m:	25.21 25.21	100 m:	52.60 27.39		
3	1075938	RODRIGUEZ SANCOSMED, Pablo	03	PORTMIÑA	52.77	10.0
	50 m:	25.35 25.35	100 m:	52.77 27.42		
4	1079023	SANCHEZ VAZQUEZ, Antonio	04	PORTMIÑA	52.96	9.0
	50 m:	25.68 25.68	100 m:	52.96 27.28		
5	1079217	PONTON RODRIGUEZ, Javier	05	POURENSE	53.30	8.0
	50 m:	25.93 25.93	100 m:	53.30 27.37		
6	1144508	CHAN VAZQUEZ, Lois	11	GALAICO	55.17	7.0
	50 m:	26.21 26.21	100 m:	55.17 28.96		
7	1037154	LOSADA JIMENEZ, Alvaro	99	NFERROL	55.38	6.0
	50 m:	26.60 26.60	100 m:	55.38 28.78		
8	1208834	ESPERON RODRIGUEZ, Rodrigo	07	PONTEARE	55.81	5.0
	50 m:	26.41 26.41	100 m:	55.81 29.40		
9	1140852	RODRIGUEZ DOMINGUEZ, Francisco Javier	04	PONTEARE	55.98	4.0
	50 m:	26.61 26.61	100 m:	55.98 29.37		
10	1144616	REY MUNIN, Alonso	08	CIDSANTI	56.36	3.0
	50 m:	27.05 27.05	100 m:	56.36 29.31		
11	1141480	VAZQUEZ COSTA, Miguel	06	GALAICO	57.46	2.0
	50 m:	27.38 27.38	100 m:	57.46 30.08		
12	1197575	GUERRA SAAVEDRA, Uxio	10	CIDSANTI	59.39	1.0
	50 m:	28.74 28.74	100 m:	59.39 30.65		

10.- 50 m Libre Feminino (TIM)

2026-03-28 17:00

ABSO_F

1	1086358	FEIJOO GOMEZ, Eva	04	POURENSE	26.67	15.0
2	1091897	GONZALEZ TOJO, Raquel	99	CIDSANTI	27.36	12.0
3	1079134	LOPEZ-FREIRE FRANCIA, Carmen	07	PORTMIÑA	27.67	10.0
4	1130727	CONS GESTIDO, Victoria Anna	05	GALAICO	27.74	9.0
5	1144062	HERNANDEZ FIGUEROA, Ange Marie	09	NFERROL	28.03	8.0
6	1147224	SANTAS VAZQUEZ, Laura	09	PORTMIÑA	28.09	7.0
7	1140814	PARDO CHAS, Eva	04	NFERROL	28.24	6.0
8	1145009	VILA RIAL, Zaira	11	PONTEARE	28.37	5.0
9	1144111	QUINTAS MELON, Maria	10	PONTEARE	28.58	4.0
10	1086375	MENDEZ BERNARDEZ, Arianna	04	POURENSE	29.30	3.0
11	1281917	PARDO VILADOMS, Ximena	10	GALAICO	29.50	2.0
12	1266338	CASTRO LOPEZ, Nuria	12	CIDSANTI	30.18	1.0

11.- 100 m Costas Masculino (TIM)

2026-03-28 17:00

ABSO_M

1	1144702	CARBALLO RODRIGUEZ, Enrique	07	POURENSE	55.94	15.0
	50 m:	26.76 26.76	100 m:	55.94 29.18		
2	1087074	QUIROGA RAMOS, Yago	05	POURENSE	57.92	12.0
	50 m:	28.49 28.49	100 m:	57.92 29.43		
3	1038465	SANCHEZ LOUZAN, Daniel	98	GALAICO	58.88	10.0
	50 m:	28.47 28.47	100 m:	58.88 30.41		
4	1182372	TROITIÑO HERMIDA, Diego	11	NFERROL	59.92	9.0
	50 m:	28.92 28.92	100 m:	59.92 31.00		
5	1143452	DE SAN JUAN GARCIA, Nicolas	07	PORTMIÑA	1:00.23	8.0
	50 m:	28.84 28.84	100 m:	1:00.23 31.39		
6	1140806	LOPEZ ANIDO, Nelson Andres	00	NFERROL	1:00.71	7.0
	50 m:	29.52 29.52	100 m:	1:00.71 31.19		
7	1077357	RODRIGUEZ PENA, Alejandro	92	GALAICO	1:01.21	6.0
	50 m:	30.09 30.09	100 m:	1:01.21 31.12		
8	1084854	GONZALEZ ESTEVEZ, Yoel	07	PONTEARE	1:01.64	5.0
	50 m:	29.67 29.67	100 m:	1:01.64 31.97		
9	1146877	REY MUNIN, Tomas	06	CIDSANTI	1:03.49	4.0
	50 m:	30.61 30.61	100 m:	1:03.49 32.88		
10	1141256	ROIS PRADO, Luis	08	PORTMIÑA	1:03.63	3.0
	50 m:	30.44 30.44	100 m:	1:03.63 33.19		
11	1037190	COSTA FERNANDEZ, Lucas	98	PONTEARE	1:05.49	2.0
	50 m:	31.85 31.85	100 m:	1:05.49 33.64		
12	1208865	QUIÑOY VEIGA, Alvaro	09	CIDSANTI	1:08.66	1.0
	50 m:	33.15 33.15	100 m:	1:08.66 35.51		

12.- 100 m Costas Feminino (TIM)

2026-03-28 17:00

ABSO_F

1	1060970	SOLER LOMBA, Rosalia	00	GALAICO	1:04.56	15.0
	50 m:	31.06 31.06	100 m:	1:04.56 33.50		
2	1087081	CAMBA PRADA, Alexia	05	POURENSE	1:06.11	12.0
	50 m:	31.92 31.92	100 m:	1:06.11 34.19		
3	1141074	MOURENZA ROCHA, Ines	07	PORTMIÑA	1:06.13	10.0
	50 m:	32.28 32.28	100 m:	1:06.13 33.85		
4	1075381	VILLARNOVO PAZOS, Lucia	08	NFERROL	1:06.36	9.0
	50 m:	32.21 32.21	100 m:	1:06.36 34.15		
5	1144722	REQUEJO FERNANDEZ, Irene	10	POURENSE	1:06.58	8.0
	50 m:	31.70 31.70	100 m:	1:06.58 34.88		
6	1077381	GOYANES GARCIA, Paula	98	GALAICO	1:07.19	7.0
	50 m:	32.53 32.53	100 m:	1:07.19 34.66		
7	1111194	MARTINEZ NOVOA, Angela	04	NFERROL	1:07.38	6.0
	50 m:	32.31 32.31	100 m:	1:07.38 35.07		
8	1143299	EIJO GIL, Naiara	06	PONTEARE	1:07.52	5.0
	50 m:	32.60 32.60	100 m:	1:07.52 34.92		
9	1144803	LEMA CASTRO, Alba	11	PORTMIÑA	1:08.92	4.0
	50 m:	33.43 33.43	100 m:	1:08.92 35.49		
10	1061551	CARBALLO GONZALEZ, Sofia	06	PONTEARE	1:09.92	3.0
	50 m:	34.30 34.30	100 m:	1:09.92 35.62		
11	1253460	VICENTINI, Sofia Chiara	03	CIDSANTI	1:10.51	2.0
	50 m:	34.68 34.68	100 m:	1:10.51 35.83		
12	1197579	NOYA REIRIZ, Natalia	12	CIDSANTI	1:16.84	1.0
	50 m:	37.29 37.29	100 m:	1:16.84 39.55		

	1037154	LOSADA JIMENEZ, Alvaro	99	250 m:	2:26.11	28.76	300 m:	2:58.81	32.70
				350 m:	3:32.70	33.89	400 m:	4:07.68	34.98
	1140795	LOSADA JIMENEZ, Sergio	04	450 m:	4:35.73	28.05	500 m:	5:07.32	31.59
				550 m:	5:39.23	31.91	600 m:	6:11.56	32.33
	1039297	DOPICO REY, Anton	97	650 m:	6:40.21	28.65	700 m:	7:11.89	31.68
				750 m:	7:43.18	31.29	800 m:	8:14.10	30.92
7	00878	PONTEARE 01				PONTEARE		8:14.42	12.0
	1079430	PREGO GROBA, Brais	08	50 m:	27.72	27.72	100 m:	58.42	30.70
				150 m:	1:29.29	30.87	200 m:	2:00.64	31.35
	1208834	ESPERON RODRIGUEZ, Rodrigo	07	250 m:	2:28.85	28.21	300 m:	3:00.81	31.96
				350 m:	3:33.06	32.25	400 m:	4:05.19	32.13
	1084854	GONZALEZ ESTEVEZ, Yoel	07	450 m:	4:33.63	28.44	500 m:	5:05.17	31.54
				550 m:	5:36.87	31.70	600 m:	6:08.43	31.56
	1037190	COSTA FERNANDEZ, Lucas	98	650 m:	6:36.24	27.81	700 m:	7:07.50	31.26
				750 m:	7:41.29	33.79	800 m:	8:14.42	33.13
8	00878	PONTEARE 02				PONTEARE		8:28.26	10.0
	1142991	PEREZ PAZ, Dario	05	50 m:	28.29	28.29	100 m:	1:00.34	32.05
				150 m:	1:33.42	33.08	200 m:	2:05.25	31.83
	1143429	FARO MARTINEZ, Yoel	07	250 m:	2:34.14	28.89	300 m:	3:06.46	32.32
				350 m:	3:39.16	32.70	400 m:	4:13.96	34.80
	1147053	RODRIGUEZ DA SILVA, Bruno	10	450 m:	4:42.48	28.52	500 m:	5:15.24	32.76
				550 m:	5:47.70	32.46	600 m:	6:20.07	32.37
	1140852	RODRIGUEZ DOMINGUEZ, Francisco Javier	04	650 m:	6:48.65	28.58	700 m:	7:21.55	32.90
				750 m:	7:54.89	33.34	800 m:	8:28.26	33.37
9	01295	CIDSANTI 01				CIDSANTI		8:33.19	8.0
	1144616	REY MUNIN, Alonso	08	50 m:	28.41	28.41	100 m:	59.78	31.37
				150 m:	1:31.28	31.50	200 m:	2:02.88	31.60
	1146877	REY MUNIN, Tomas	06	250 m:	2:31.88	29.00	300 m:	3:04.55	32.67
				350 m:	3:37.96	33.41	400 m:	4:11.75	33.79
	1251226	VAZQUEZ GOMEZ, Lucas	12	450 m:	4:43.35	31.60	500 m:	5:17.76	34.41
				550 m:	5:53.09	35.33	600 m:	6:28.02	34.93
	1111699	GIL-RIVERA BARBEITO, Pablo	06	650 m:	6:56.06	28.04	700 m:	7:27.28	31.22
				750 m:	8:00.57	33.29	800 m:	8:33.19	32.62
10	01295	CIDSANTI 02				CIDSANTI		8:47.61	6.0
	1267405	FERNANDEZ IGLESIAS, Anxo	12	50 m:	33.30	33.30	100 m:	1:08.61	35.31
				150 m:	1:45.24	36.63	200 m:	2:20.49	35.25
	1208865	QUIÑÓY VEIGA, Alvaro	09	250 m:	2:49.36	28.87	300 m:	3:20.85	31.49
				350 m:	3:53.73	32.88	400 m:	4:26.70	32.97
	1197575	GUERRA SAAVEDRA, Uxio	10	450 m:	4:56.51	29.81	500 m:	5:29.89	33.38
				550 m:	6:04.77	34.88	600 m:	6:38.91	34.14
	1144608	FRAGA VISOS, Teo	08	650 m:	7:08.49	29.58	700 m:	7:41.43	32.94
				750 m:	8:14.79	33.36	800 m:	8:47.61	32.82
DSQ	00784					GALAICO			0,0
	1141480	VAZQUEZ COSTA, Miguel	06						
	1144960	GARCIA GONZALEZ, Nicolas	08						
	1135484	GOMEZ RODRIGUEZ, Tomas	09						
	1023004	INFESTAS CARAZO, Samuel	03						
DSQ	01156					PORTMIÑA			0,0
	1143452	DE SAN JUAN GARCIA, Nicolas	07						
	1144339	FERNANDEZ ABEL, Adrian	11						
	1146918	GOMEZ PUMARIÑO, Samuel	08						
	1075927	NOVO LOPEZ, Brais	03						

14.- 4x100 m Libre Feminino (TIM)

2026-03-28 17:00

ABSO_F

1	00784	GALAICO 01			GALAICO	3:58.38	30.0
	1031658	BARROS DA SILVA, Sofia	09	50 m:	29.11 29.11	100 m:	59.73 30.62
	1060970	SOLER LOMBA, Rosalia	00	150 m:	1:29.52 29.79	200 m:	2:00.06 30.54
	1077381	GOYANES GARCIA, Paula	98	250 m:	2:29.27 29.21	300 m:	3:00.13 30.86
	1128200	CONS GESTIDO, Henar Diana	02	350 m:	3:28.11 27.98	400 m:	3:58.38 30.27
2	01156	PORTMIÑA 01			PORTMIÑA	3:59.42	24.0
	1141075	MOURENZA ROCHA, Sofia	07	50 m:	29.48 29.48	100 m:	1:00.27 30.79
	1141074	MOURENZA ROCHA, Ines	07	150 m:	1:29.16 28.89	200 m:	2:00.19 31.03
	1147224	SANTAS VAZQUEZ, Laura	09	250 m:	2:28.85 28.66	300 m:	2:59.34 30.49
	1079134	LOPEZ-FREIRE FRANCA, Carmen	07	350 m:	3:27.47 28.13	400 m:	3:59.42 31.95
3	00101	POURENSE 01			POURENSE	4:00.48	20.0
	1086358	FEIJOO GOMEZ, Eva	04	50 m:	27.88 27.88	100 m:	57.68 29.80
	1087081	CAMBA PRADA, Alexia	05	150 m:	1:25.80 28.12	200 m:	1:57.10 31.30
	1141278	ALVAREZ GARCIA, Mencia	10	250 m:	2:26.51 29.41	300 m:	2:59.43 32.92
	1144722	REQUEJO FERNANDEZ, Irene	10	350 m:	3:27.83 28.40	400 m:	4:00.48 32.65
4	00878	PONTEARE 01			PONTEARE	4:03.03	18.0
	1144111	QUINTAS MELON, Maria	10	50 m:	29.97 29.97	100 m:	1:03.07 33.10
	1076335	LEMOS FERNANDEZ, Iria	06	150 m:	1:29.76 26.69	200 m:	2:00.26 30.50
	1076330	FARO MARTINEZ, Carla	03	250 m:	2:28.90 28.64	300 m:	3:01.68 32.78
	1145009	VILA RIAL, Zaira	11	350 m:	3:30.64 28.96	400 m:	4:03.03 32.39
5	00674	NFERROL 01			NFERROL	4:04.44	16.0
	1144390	RAMOS PEREZ, Rocio Del Carmen	12	50 m:	29.73 29.73	100 m:	1:01.80 32.07
	1075381	VILLARNOVO PAZOS, Lucia	08	150 m:	1:30.50 28.70	200 m:	2:02.19 31.69
	1140814	PARDO CHAS, Eva	04	250 m:	2:31.32 29.13	300 m:	3:03.74 32.42
	1075328	LOPEZ SANMARTIN, Nerea	96	350 m:	3:31.93 28.19	400 m:	4:04.44 32.51
6	00784	GALAICO 02			GALAICO	4:09.45	14.0
	1140810	RODRIGUEZ ALONSO, Julia	05	50 m:	29.95 29.95	100 m:	1:02.60 32.65
	1172475	CABALLERIA ALFONSO, Sara	09	150 m:	1:32.21 29.61	200 m:	2:05.71 33.50
	1281917	PARDO VILADOMS, Ximena	10	250 m:	2:35.54 29.83	300 m:	3:08.67 33.13
	1130727	CONS GESTIDO, Victoria Anna	05	350 m:	3:37.03 28.36	400 m:	4:09.45 32.42
7	01156	PORTMIÑA 02			PORTMIÑA	4:09.63	12.0
	1075937	CANDO SANTOS, Raquel	03	50 m:	29.60 29.60	100 m:	1:00.41 30.81
	1146805	ILLAN LAMAS, Aroa	10	150 m:	1:29.52 29.11	200 m:	2:01.05 31.53
	1079174	MUÑOZ GAVINO, Paula	08	250 m:	2:31.21 30.16	300 m:	3:05.34 34.13
	1079235	SAAVEDRA BUIDE, Paula	07	350 m:	3:35.69 30.35	400 m:	4:09.63 33.94
8	01295	CIDSANTI 01			CIDSANTI	4:14.81	10.0
	1266338	CASTRO LOPEZ, Nuria	12	50 m:	32.48 32.48	100 m:	1:06.59 34.11
	1253460	VICENTINI, Sofia Chiara	03	150 m:	1:36.72 30.13	200 m:	2:09.99 33.27
	1091897	GONZALEZ TOJO, Raquel	99	250 m:	2:38.56 28.57	300 m:	3:09.05 30.49
	1208851	BLANCO IGLESIAS, Carmen	08	350 m:	3:40.56 31.51	400 m:	4:14.81 34.25
9	00674	NFERROL 02			NFERROL	4:14.90	8.0
	1111194	MARTINEZ NOVOA, Angela	04	50 m:	30.03 30.03	100 m:	1:02.67 32.64
	1144062	HERNANDEZ FIGUEROA, Ange Marie	09	150 m:	1:32.02 29.35	200 m:	2:04.12 32.10
	1075221	HERMIDA RODRIGUEZ, Blanca	81	250 m:	2:35.06 30.94	300 m:	3:09.66 34.60
	1075380	SALVANTE LAGO, Ainhoa	03	350 m:	3:39.65 29.99	400 m:	4:14.90 35.25

10	00101	POURENSE 02				POURENSE	4:18.39	6.0
	1086375	MENDEZ BERNARDEZ, Arianna	04	50 m:	30.88	30.88	100 m:	1:04.03 33.15
	1144536	GARCIA FEIJOO, Vera	10	150 m:	1:34.10	30.07	200 m:	2:07.22 33.12
	1140948	CAMPOS TATO, Uxia	05	250 m:	2:38.08	30.86	300 m:	3:11.98 33.90
	1144537	GUERRA RODRIGUEZ, Zaida	10	350 m:	3:43.68	31.70	400 m:	4:18.39 34.71
11	00878	PONTEARE 02				PONTEARE	4:26.82	4.0
	1061551	CARBALLO GONZALEZ, Sofia	06	50 m:	30.67	30.67	100 m:	1:03.11 32.44
	1143299	EIJO GIL, Naiara	06	150 m:	1:35.30	32.19	200 m:	2:10.34 35.04
	1076318	LEMOS FERNANDEZ, Zaira	02	250 m:	2:42.64	32.30	300 m:	3:18.46 35.82
	1214818	FERNANDEZ GARCIA, Raquel	11	350 m:	3:50.95	32.49	400 m:	4:26.82 35.87
12	01295	CIDSANTI 02				CIDSANTI	4:44.17	2.0
	1208869	SANMIGUEL LOPEZ, Xulia	11	50 m:	33.94	33.94	100 m:	1:11.38 37.44
	1197579	NOYA REIRIZ, Natalia	12	150 m:	1:43.63	32.25	200 m:	2:19.29 35.66
	1213612	GUERRA SAAVEDRA, Antia	12	250 m:	2:53.97	34.68	300 m:	3:32.60 38.63
	1249223	GARCIA CASTRO, Alicia	12	350 m:	4:06.43	33.83	400 m:	4:44.17 37.74

Sumario de participantes

Entidade	Participantes			Insc. individuais			Insc. remudas			
	Fem.	Mas.	Tot.	Fem.	Mas.	Tot.	Fem.	Mas.	Mix.	Tot.
C. N. GALAICO	36	21	57	12	12	24	2	2	0	4
C. N. PORTAMIÑA LUGO	16	16	32	12	12	24	2	2	0	4
C. N. PONTEAREAS	14	18	32	12	12	24	2	2	0	4
C. N. PABELLÓN OURENSE	13	25	38	12	12	24	2	2	0	4
C. N. FERROL	18	14	32	12	12	24	2	2	0	4
C. DEP. N. CIDADE DE SANTIAGO	30	29	59	10	12	22	2	2	0	4
	127	123	250	70	72	142	12	12	0	24

Clasificacións

TOTAL

1	C. N. FERROL	00674	267.5
2	C. N. PORTAMIÑA LUGO	01156	266.0
3	C. N. PABELLÓN OURENSE	00101	258.0
4	C. N. GALAICO	00784	235.5
5	C. N. PONTEAREAS	00878	183.0
6	C. DEP. N. CIDADE DE SANTIAGO	01295	88.0