

1.- 4x50 m Libre Feminino (TIM)

2026-01-17 17:00

ABSO_F

1	00784	GALAICO 01				GALAICO	1:48.17	30.0
	1077381	GOYANES GARCIA, Paula	98	50 m:	27.28	27.28		
	1060970	SOLER LOMBA, Rosalia	00	100 m:	53.77	26.49		
	1130727	CONS GESTIDO, Victoria Anna	05	150 m:	1:20.83	27.06		
	1128200	CONS GESTIDO, Henar Diana	02	200 m:	1:48.17	27.34		
2	00101	POURENSE 02				POURENSE	1:48.72	24.0
	1086358	FEIJOO GOMEZ, Eva	04	50 m:	26.06	26.06		
	1252283	FERNANDEZ GIL, Alexia	11	100 m:	53.29	27.23		
	1144536	GARCIA FEIJOO, Vera	10	150 m:	1:21.61	28.32		
	1144722	REQUEJO FERNANDEZ, Irene	10	200 m:	1:48.72	27.11		
3	01156	PORTMIÑA 01				PORTMIÑA	1:50.13	20.0
	1141074	MOURENZA ROCHA, Ines	07	50 m:	27.50	27.50		
	1141262	LOPEZ-FREIRE FRANCIA, Celia	10	100 m:	55.22	27.72		
	1141075	MOURENZA ROCHA, Sofia	07	150 m:	1:22.97	27.75		
	1079134	LOPEZ-FREIRE FRANCIA, Carmen	07	200 m:	1:50.13	27.16		
4	00878	PONTEARE 01				PONTEARE	1:50.44	18.0
	1144111	QUINTAS MELON, Maria	10	50 m:	28.39	28.39		
	1076335	LEMOS FERNANDEZ, Iria	06	100 m:	54.61	26.22		
	1076330	FARO MARTINEZ, Carla	03	150 m:	1:22.75	28.14		
	1145009	VILA RIAL, Zaira	11	200 m:	1:50.44	27.69		
5	00674	NFERROL 02				NFERROL	1:51.43	16.0
	1075381	VILLARNOVO PAZOS, Lucia	08	50 m:	28.21	28.21		
	1111194	MARTINEZ NOVOA, Angela	04	100 m:	56.33	28.12		
	1144062	HERNANDEZ FIGUEROA, Ange Marie	09	150 m:	1:24.06	27.73		
	1075328	LOPEZ SANMARTIN, Nerea	96	200 m:	1:51.43	27.37		
6	00784	GALAICO 02				GALAICO	1:52.78	14.0
	1140841	BOUZAS PEDREIRA, Alicia	05	50 m:	28.06	28.06		
	1147034	BAYON ALVAREZ, Alicia	11	100 m:	56.89	28.83		
	1281917	PARDO VILADOMS, Ximena	10	150 m:	1:25.06	28.17		
	1144310	VIDAL RODRIGUEZ, Mara	10	200 m:	1:52.78	27.72		
7	01156	PORTMIÑA 02				PORTMIÑA	1:53.11	12.0
	1146805	ILLAN LAMAS, Aroa	10	50 m:	26.25	26.25		
	1147224	SANTAS VAZQUEZ, Laura	09	100 m:	56.25	30.00		
	1075937	CANDO SANTOS, Raquel	03	150 m:	1:24.21	27.96		
	1141255	ROIS PRADO, Marta	08	200 m:	1:53.11	28.90		
8	00674	NFERROL 01				NFERROL	1:56.33	10.0
	1140814	PARDO CHAS, Eva	04	50 m:	28.77	28.77		
	1144881	LEIVAS ROCA, Candela	05	100 m:	57.97	29.20		
	1182370	JIMENEZ FILGUEIRA, Aroa	12	150 m:	1:27.13	29.16		
	1075380	SALVANTE LAGO, Ainhoa	03	200 m:	1:56.33	29.20		
9	01295	CIDSANTI 01				CIDSANTI	1:56.41	8.0
	1091897	GONZALEZ TOJO, Raquel	99	50 m:	27.70	27.70		
	1208851	BLANCO IGLESIAS, Carmen	08	100 m:	58.11	30.41		
	1253460	VICENTINI, Sofia Chiara	03	150 m:	1:26.06	27.95		
	1266338	CASTRO LOPEZ, Nuria	12	200 m:	1:56.41	30.35		

10	00101	POURENSE 01				POURENSE	1:56.41	6.0
	1087080	CARRIL GONZALEZ, Eva	02	50 m:	29.13	29.13		
	1086375	MENDEZ BERNARDEZ, Arianna	04	100 m:	57.45	28.32		
	1141278	ALVAREZ GARCIA, Mencia	10	150 m:	1:26.98	29.53		
	1144537	GUERRA RODRIGUEZ, Zaida	10	200 m:	1:56.41	29.43		
11	00878	PONTEARE 02				PONTEARE	1:57.83	4.0
	1143299	ELJO GIL, Naiara	06	50 m:	29.08	29.08		
	1061551	CARBALLO GONZALEZ, Sofia	06	100 m:	57.66	28.58		
	1143180	ESTEVEZ MONTES, Naroa	08	150 m:	1:27.28	29.62		
	1214818	FERNANDEZ GARCIA, Raquel	11	200 m:	1:57.83	30.55		
12	01295	CIDSANTI 02				CIDSANTI	2:09.93	2.0
	1208869	SANMIGUEL LOPEZ, Xulia	11	50 m:	31.93	31.93		
	1197579	NOYA REIRIZ, Natalia	12	100 m:	1:03.60	31.67		
	1249223	GARCIA CASTRO, Alicia	12	150 m:	1:37.06	33.46		
	1213612	GUERRA SAAVEDRA, Antia	12	200 m:	2:09.93	32.87		

2.- 4x50 m Libre Masculino (TIM)

2026-01-17 17:00

ABSO_M

1	00101	POURENSE 01			POURENSE	1:34.00	30.0
	1039567	CIVEIRA CORRAL, Raul	02	50 m:	23.88 23.88		
	1079217	PONTON RODRIGUEZ, Javier	05	100 m:	47.28 23.40		
	1086359	MOURE DOVAL, Jose	99	150 m:	1:10.78 23.50		
	1087107	ESTEVEZ CRESPO, Hugo	06	200 m:	1:34.00 23.22		
2	00674	NFERROL 02			NFERROL	1:34.27	24.0
	1140876	NAVARRO LOSADA, Sergi	07	50 m:	23.82 23.82		
	1140795	LOSADA JIMENEZ, Sergio	04	100 m:	48.05 24.23		
	1075356	SEJO BERMUDEZ, Daniel	04	150 m:	1:10.91 22.86		
	1057304	TABEIRA OLASCOAGA, Tadeo	07	200 m:	1:34.27 23.36		
3	00784	GALAICO 01			GALAICO	1:34.44	20.0
	1084749	ALVAREZ VAZQUEZ, Gael	07	50 m:	24.44 24.44		
	1038465	SANCHEZ LOUZAN, Daniel	98	100 m:	47.90 23.46		
	1086280	AGUILAR URTXEGI, Xabier	00	150 m:	1:11.22 23.32		
	1144309	PEREZ GARCIA, Iker	07	200 m:	1:34.44 23.22		
4	01156	PORTMIÑA 01			PORTMIÑA	1:36.21	18.0
	1079023	SANCHEZ VAZQUEZ, Antonio	04	50 m:	24.44 24.44		
	1141073	PEREZ FERNANDEZ, Brais	07	100 m:	49.01 24.57		
	1141252	DIAZ- BECERRA LOPEZ, Anton	05	150 m:	1:13.56 24.55		
	1075971	VAZQUEZ LOPEZ, Martin	03	200 m:	1:36.21 22.65		
5	01156	PORTMIÑA 02			PORTMIÑA	1:37.71	16.0
	1075938	RODRIGUEZ SANCOSMED, Pablo	03	50 m:	24.07 24.07		
	1141256	ROIS PRADO, Luis	08	100 m:	49.59 25.52		
	1075927	NOVO LOPEZ, Brais	03	150 m:	1:13.17 23.58		
	1146918	GOMEZ PUMARIÑO, Samuel	08	200 m:	1:37.71 24.54		
6	00878	PONTEARE 01			PONTEARE	1:38.26	14.0
	1147053	RODRIGUEZ DA SILVA, Bruno	10	50 m:	24.15 24.15		
	1140852	RODRIGUEZ DOMINGUEZ, Francisco Javier	04	100 m:	49.39 25.24		
	1208834	ESPERON RODRIGUEZ, Rodrigo	07	150 m:	1:13.26 23.87		
	1084854	GONZALEZ ESTEVEZ, Yoel	07	200 m:	1:38.26 25.00		
7	00101	POURENSE 02			POURENSE	1:38.92	12.0
	1038566	CIVEIRA CORRAL, Samuel	02	50 m:	24.74 24.74		
	1079004	ARIAS FRANCO, Odei	06	100 m:	49.17 24.43		
	1087074	QUIROGA RAMOS, Yago	05	150 m:	1:12.92 23.75		
	1144577	GOMEZ SAINZ-AJA, Marcelo	10	200 m:	1:38.92 26.00		
8	00878	PONTEARE 02			PONTEARE	1:40.36	10.0
	1143429	FARO MARTINEZ, Yoel	07	50 m:	25.57 25.57		
	1142991	PEREZ PAZ, Dario	05	100 m:	50.84 25.27		
	1135986	CASARES GARCIA, Brais	04	150 m:	1:15.47 24.63		
	1079430	PREGO GROBA, Brais	08	200 m:	1:40.36 24.89		
9	00784	GALAICO 02			GALAICO	1:40.41	8.0
	1144508	CHAN VAZQUEZ, Lois	11	50 m:	24.96 24.96		
	1023004	INFESTAS CARAZO, Samuel	03	100 m:	50.19 25.23		
	1141480	VAZQUEZ COSTA, Miguel	06	150 m:	1:15.98 25.79		
	1130724	ROCHA GONZALEZ, Olivier	08	200 m:	1:40.41 24.43		

10	00674	NFERROL 01				NFERROL	1:40.41	6.0
	1037154	LOSADA JIMENEZ, Alvaro	99	50 m:	24.52	24.52		
	1140806	LOPEZ ANIDO, Nelson Andres	00	100 m:	49.64	25.12		
	1039297	DOPICO REY, Anton	97	150 m:	1:14.54	24.90		
	1075438	PEDRE SALIDO, Julio	03	200 m:	1:40.41	25.87		
11	01295	CIDSANTI 01				CIDSANTI	1:45.20	4.0
	1144616	REY MUNIN, Alonso	08	50 m:	26.06	26.06		
	1208865	QUIÑOY VEIGA, Alvaro	09	100 m:	52.36	26.30		
	1197575	GUERRA SAAVEDRA, Uxio	10	150 m:	1:18.78	26.42		
	1144608	FRAGA VISOS, Teo	08	200 m:	1:45.20	26.42		
12	01295	CIDSANTI 02				CIDSANTI	1:53.54	2.0
	1213611	FRAGA VISOS, Gael	11	50 m:	30.70	30.70		
	1144614	MUNIN CANDAL, Eric	07	100 m:	58.21	27.51		
	1146877	REY MUNIN, Tomas	06	150 m:	1:24.64	26.43		
	1197580	ORECHIA, Bautista	09	200 m:	1:53.54	28.90		

3.- 800 m Libre Feminino (TIM)

2026-01-17 17:00

ABSO_F

1	1075937	CANDO SANTOS, Raquel					03	PORTMIÑA		9:00.75		15.0
	50 m:	31.57	31.57	100 m:	1:05.60	34.03	150 m:	1:39.67	34.07	200 m:	2:13.29	33.62
	250 m:	2:46.94	33.65	300 m:	3:20.72	33.78	350 m:	3:54.18	33.46	400 m:	4:28.05	33.87
	450 m:	5:01.96	33.91	500 m:	5:35.75	33.79	550 m:	6:09.73	33.98	600 m:	6:43.80	34.07
	650 m:	7:18.16	34.36	700 m:	7:52.80	34.64	750 m:	8:27.19	34.39	800 m:	9:00.75	33.56
2	1031658	BARROS DA SILVA, Sofia					09	GALAICO		9:05.63		12.0
	50 m:	31.81	31.81	100 m:	1:05.82	34.01	150 m:	1:39.85	34.03	200 m:	2:13.93	34.08
	250 m:	2:47.65	33.72	300 m:	3:21.57	33.92	350 m:	3:55.92	34.35	400 m:	4:30.02	34.10
	450 m:	5:04.33	34.31	500 m:	5:38.58	34.25	550 m:	6:12.93	34.35	600 m:	6:47.39	34.46
	650 m:	7:22.11	34.72	700 m:	7:56.61	34.50	750 m:	8:31.24	34.63	800 m:	9:05.63	34.39
3	1147224	SANTAS VAZQUEZ, Laura					09	PORTMIÑA		9:20.83		10.0
	50 m:	32.01	32.01	100 m:	1:06.09	34.08	150 m:	1:40.56	34.47	200 m:	2:14.75	34.19
	250 m:	2:49.00	34.25	300 m:	3:23.53	34.53	350 m:	3:59.07	35.54	400 m:	4:34.45	35.38
	450 m:	5:09.79	35.34	500 m:	5:44.71	34.92	550 m:	6:20.38	35.67	600 m:	6:56.28	35.90
	650 m:	7:32.63	36.35	700 m:	8:09.16	36.53	750 m:	8:45.49	36.33	800 m:	9:20.83	35.34
4	1075381	VILLARNOVO PAZOS, Lucia					08	NFERROL		9:24.88		9.0
	50 m:	31.00	31.00	100 m:	1:04.77	33.77	150 m:	1:39.60	34.83	200 m:	2:14.65	35.05
	250 m:	2:50.00	35.35	300 m:	3:25.18	35.18	350 m:	4:00.72	35.54	400 m:	4:36.48	35.76
	450 m:	5:12.08	35.60	500 m:	5:47.83	35.75	550 m:	6:24.13	36.30	600 m:	7:00.56	36.43
	650 m:	7:37.17	36.61	700 m:	8:13.66	36.49	750 m:	8:50.18	36.52	800 m:	9:24.88	34.70
5	1108651	ORTIZ DE GUINEA BASTON, Alba					97	PONTEARE		9:32.19		8.0
	50 m:	31.81	31.81	100 m:	1:06.69	34.88	150 m:	1:42.01	35.32	200 m:	2:17.68	35.67
	250 m:	2:53.48	35.80	300 m:	3:29.66	36.18	350 m:	4:05.60	35.94	400 m:	4:41.88	36.28
	450 m:	5:18.16	36.28	500 m:	5:54.32	36.16	550 m:	6:30.66	36.34	600 m:	7:07.06	36.40
	650 m:	7:43.65	36.59	700 m:	8:20.33	36.68	750 m:	8:56.72	36.39	800 m:	9:32.19	35.47
6	1140814	PARDO CHAS, Eva					04	NFERROL		9:34.25		7.0
	50 m:	32.19	32.19	100 m:	1:07.10	34.91	150 m:	1:42.33	35.23	200 m:	2:17.86	35.53
	250 m:	2:53.76	35.90	300 m:	3:24.99	31.23	350 m:	4:06.18	41.19	400 m:	4:42.33	36.15
	450 m:	5:18.57	36.24	500 m:	5:54.89	36.32	550 m:	6:31.34	36.45	600 m:	7:07.91	36.57
	650 m:	7:44.76	36.85	700 m:	8:21.32	36.56	750 m:	8:58.57	37.25	800 m:	9:34.25	35.68
7	1061551	CARBALLO GONZALEZ, Sofia					06	PONTEARE		9:47.16		6.0
	50 m:	32.71	32.71	100 m:	1:08.16	35.45	150 m:	1:44.75	36.59	200 m:	2:21.71	36.96
	250 m:	2:58.74	37.03	300 m:	3:35.71	36.97	350 m:	4:12.78	37.07	400 m:	4:50.05	37.27
	450 m:	5:27.04	36.99	500 m:	6:04.46	37.42	550 m:	6:41.75	37.29	600 m:	7:19.32	37.57
	650 m:	7:56.00	36.68	700 m:	8:33.11	37.11	750 m:	9:10.15	37.04	800 m:	9:47.16	37.01
8	1144966	CASTRO CIDRAS, Alba					10	GALAICO		9:48.53		5.0
	50 m:	32.11	32.11	100 m:	1:07.53	35.42	150 m:	1:43.03	35.50	200 m:	2:19.00	35.97
	250 m:	2:55.06	36.06	300 m:	3:32.21	37.15	350 m:	4:06.78	34.57	400 m:	4:47.89	41.11
	450 m:	5:25.78	37.89	500 m:	6:03.86	38.08	550 m:	6:41.89	38.03	600 m:	7:19.86	37.97
	650 m:	7:57.39	37.53	700 m:	8:34.78	37.39	750 m:	9:11.78	37.00	800 m:	9:48.53	36.75
9	1144540	COBELAS ALVAREZ, Laura					11	POURENSE		10:14.64		4.0
	50 m:	34.98	34.98	100 m:	1:13.15	38.17	150 m:	1:51.16	38.01	200 m:	2:29.35	38.19
	250 m:	3:08.00	38.65	300 m:	3:46.93	38.93	350 m:	4:25.69	38.76	400 m:	5:04.61	38.92
	450 m:	5:43.82	39.21	500 m:	6:22.36	38.54	550 m:	7:01.30	38.94	600 m:	7:40.56	39.26
	650 m:	8:19.71	39.15	700 m:	8:58.61	38.90	750 m:	9:37.00	38.39	800 m:	10:14.64	37.64

10	1208851	BLANCO IGLESIAS, Carmen					08	CIDSANTI		10:18.98		3.0
	50 m:	35.61	35.61	100 m:	1:13.81	38.20	150 m:	1:52.74	38.93	200 m:	2:31.83	39.09
	250 m:	3:10.34	38.51	300 m:	3:44.03	33.69	350 m:	4:28.24	44.21	400 m:	5:07.48	39.24
	450 m:	5:46.59	39.11	500 m:	6:25.59	39.00	550 m:	7:04.80	39.21	600 m:	7:44.02	39.22
	650 m:	8:23.43	39.41	700 m:	9:02.83	39.40	750 m:	9:41.21	38.38	800 m:	10:18.98	37.77
11	1141278	ALVAREZ GARCIA, Mencia					10	POURENSE		10:19.73		2.0
	50 m:	33.78	33.78	100 m:	1:10.15	36.37	150 m:	1:47.43	37.28	200 m:	2:25.06	37.63
	250 m:	3:03.27	38.21	300 m:	3:41.66	38.39	350 m:	4:20.50	38.84	400 m:	4:59.91	39.41
	450 m:	5:39.02	39.11	500 m:	6:18.84	39.82	550 m:	6:58.80	39.96	600 m:	7:38.96	40.16
	650 m:	8:18.70	39.74	700 m:	8:59.36	40.66	750 m:	9:39.91	40.55	800 m:	10:19.73	39.82
12	1197579	NOYA REIRIZ, Natalia					12	CIDSANTI		10:42.14		1.0
	50 m:	36.28	36.28	100 m:	1:14.64	38.36	150 m:	1:54.09	39.45	200 m:	2:34.03	39.94
	250 m:	3:14.07	40.04	300 m:	3:54.14	40.07	350 m:	4:34.17	40.03	400 m:	5:14.81	40.64
	450 m:	5:55.07	40.26	500 m:	6:35.96	40.89	550 m:	7:17.59	41.63	600 m:	7:58.39	40.80
	650 m:	8:40.59	42.20	700 m:	9:21.78	41.19	750 m:	10:02.76	40.98	800 m:	10:42.14	39.38

4.- 200 m Libre Masculino (TIM)

2026-01-17 17:00

ABSO_M

1	1075971	VAZQUEZ LOPEZ, Martin	03	PORTMIÑA	1:53.78	15.0
	50 m:	26.68 26.68 100 m: 56.49 29.81	150 m:	1:25.93 29.44	200 m:	1:53.78 27.85
2	1140876	NAVARRO LOSADA, Sergi	07	NFERROL	1:54.18	12.0
	50 m:	26.46 26.46 100 m: 56.13 29.67	150 m:	1:25.96 29.83	200 m:	1:54.18 28.22
3	1086359	MOURE DOVAL, Jose	99	POURENSE	1:54.65	10.0
	50 m:	26.77 26.77 100 m: 56.00 29.23	150 m:	1:26.56 30.56	200 m:	1:54.65 28.09
4	1039567	CIVEIRA CORRAL, Raul	02	POURENSE	1:55.92	9.0
	50 m:	26.69 26.69 100 m: 56.42 29.73	150 m:	1:26.71 30.29	200 m:	1:55.92 29.21
5	1146918	GOMEZ PUMARIÑO, Samuel	08	PORTMIÑA	1:56.13	8.0
	50 m:	25.28 25.28 100 m: 54.85 29.57	150 m:	1:24.75 29.90	200 m:	1:56.13 31.38
6	1057304	TABEIRA OLASCOAGA, Tadeo	07	NFERROL	1:56.80	7.0
	50 m:	26.39 26.39 100 m: 55.77 29.38	150 m:	1:26.10 30.33	200 m:	1:56.80 30.70
7	1144508	CHAN VAZQUEZ, Lois	11	GALAICO	1:57.95	6.0
	50 m:	27.06 27.06 100 m: 57.28 30.22	150 m:	1:27.95 30.67	200 m:	1:57.95 30.00
8	1079430	PREGO GROBA, Brais	08	PONTEARE	1:59.22	5.0
	50 m:	27.86 27.86 100 m: 57.53 29.67	150 m:	1:27.99 30.46	200 m:	1:59.22 31.23
9	1023004	INFESTAS CARAZO, Samuel	03	GALAICO	2:03.06	4.0
	50 m:	28.55 28.55 100 m: 59.41 30.86	150 m:	1:30.90 31.49	200 m:	2:03.06 32.16
10	1084854	GONZALEZ ESTEVEZ, Yoel	07	PONTEARE	2:04.20	3.0
	50 m:	28.95 28.95 100 m: 1:00.58 31.63	150 m:	1:32.54 31.96	200 m:	2:04.20 31.66
11	1146877	REY MUNIN, Tomas	06	CIDSANTI	2:05.00	2.0
	50 m:	29.22 29.22 100 m: 1:00.65 31.43	150 m:	1:32.27 31.62	200 m:	2:05.00 32.73
12	1208865	QUIÑOY VEIGA, Alvaro	09	CIDSANTI	2:06.36	1.0
	50 m:	28.79 28.79 100 m: 1:00.80 32.01	150 m:	1:33.72 32.92	200 m:	2:06.36 32.64

5.- 50 m Bolboreta Feminino (TIM)

2026-01-17 17:00

ABSO_F

1	1086358	FEIJOO GOMEZ, Eva	04	POURENSE	28.03	15.0
2	1060970	SOLER LOMBA, Rosalia	00	GALAICO	28.22	12.0
3	1141074	MOURENZA ROCHA, Ines	07	PORTMIÑA	29.21	10.0
4	1076335	LEMONS FERNANDEZ, Iria	06	PONTEARE	29.43	9.0
5	1253460	VICENTINI, Sofia Chiara	03	CIDSANTI	29.54	8.0
6	1091897	GONZALEZ TOJO, Raquel	99	CIDSANTI	30.25	7.0
7	1144062	HERNANDEZ FIGUEROA, Ange Marie	09	NFERROL	30.42	6.0
8	1111194	MARTINEZ NOVOA, Angela	04	NFERROL	30.53	5.0
9	1130727	CONS GESTIDO, Victoria Anna	05	GALAICO	30.56	4.0
10	1144111	QUINTAS MELON, Maria	10	PONTEARE	31.11	3.0
11	1079134	LOPEZ-FREIRE FRANCIA, Carmen	07	PORTMIÑA	31.13	2.0
12	1087080	CARRIL GONZALEZ, Eva	02	POURENSE	31.17	1.0

6.- 50 m Bolboreta Masculino (TIM)

2026-01-17 17:00

ABSO_M

1	1087107	ESTEVEZ CRESPO, Hugo	06	POURENSE	25.04	15.0
2	1079217	PONTON RODRIGUEZ, Javier	05	POURENSE	25.04	12.0
3	1086280	AGUILAR URTXEGI, Xabier	00	GALAICO	25.48	10.0
4	1140795	LOSADA JIMENEZ, Sergio	04	NFERROL	25.49	9.0
5	1075938	RODRIGUEZ SANCOSMED, Pablo	03	PORTMIÑA	25.74	8.0
6	1147053	RODRIGUEZ DA SILVA, Bruno	10	PONTEARE	25.74	7.0
7	1144309	PEREZ GARCIA, Iker	07	GALAICO	26.05	6.0
8	1037154	LOSADA JIMENEZ, Alvaro	99	NFERROL	26.16	5.0
9	1079023	SANCHEZ VAZQUEZ, Antonio	04	PORTMIÑA	26.19	4.0
10	1140852	RODRIGUEZ DOMINGUEZ, Francisco Javier	04	PONTEARE	27.26	3.0
11	1197575	GUERRA SAAVEDRA, Uxio	10	CIDSANTI	28.02	2.0
12	1197580	ORECHIA, Bautista	09	CIDSANTI	30.63	1.0

7.- 200 m Braza Feminino (TIM)

2026-01-17 17:00

ABSO_F

1	1141075	MOURENZA ROCHA, Sofia					07	PORTMIÑA		2:40.45		15.0
	50 m:	36.71	36.71	100 m:	1:17.67	40.96	150 m:	1:58.76	41.09	200 m:	2:40.45	41.69
2	1061551	CARBALLO GONZALEZ, Sofia					06	PONTEARE		2:41.48		12.0
	50 m:	37.14	37.14	100 m:	1:18.17	41.03	150 m:	2:00.01	41.84	200 m:	2:41.48	41.47
3	1076330	FARO MARTINEZ, Carla					03	PONTEARE		2:45.27		10.0
	50 m:	37.36	37.36	100 m:	1:18.79	41.43	150 m:	2:01.42	42.63	200 m:	2:45.27	43.85
4	1039710	PEREZ GARCIA-PICHER, Ana					98	GALAICO		2:51.72		9.0
	50 m:	36.03	36.03	100 m:	1:21.72	45.69	150 m:	2:05.30	43.58	200 m:	2:51.72	46.42
5	1144881	LEIVAS ROCA, Candela					05	NFERROL		2:53.65		8.0
	50 m:	38.90	38.90	100 m:	1:23.16	44.26	150 m:	2:06.13	42.97	200 m:	2:53.65	47.52
6	1147062	JOVE NOVO, Alicia					11	NFERROL		2:54.11		7.0
	50 m:	39.52	39.52	100 m:	1:23.43	43.91	150 m:	2:08.68	45.25	200 m:	2:54.11	45.43
7	1147214	LOPEZ FERNANDEZ, Aitana					09	PORTMIÑA		2:54.50		6.0
	50 m:	39.43	39.43	100 m:	1:23.19	43.76	150 m:	2:08.95	45.76	200 m:	2:54.50	45.55
8	1034146	ROCHA GONZALEZ, Marlene					11	GALAICO		2:55.22		5.0
	50 m:	38.70	38.70	100 m:	1:23.22	44.52	150 m:	2:09.14	45.92	200 m:	2:55.22	46.08
9	1145032	ALVAREZ GANDARA, Maria					10	POURENSE		2:55.59		4.0
	50 m:	39.26	39.26	100 m:	1:22.28	43.02	150 m:	2:08.19	45.91	200 m:	2:55.59	47.40
10	1144537	GUERRA RODRIGUEZ, Zaida					10	POURENSE		3:00.88		3.0
	50 m:	40.67	40.67	100 m:	1:26.33	45.66	150 m:	2:13.13	46.80	200 m:	3:00.88	47.75
11	1249223	GARCIA CASTRO, Alicia					12	CIDSANTI		3:19.06		2.0
	50 m:	43.76	43.76	100 m:	1:33.60	49.84	150 m:	2:25.17	51.57	200 m:	3:19.06	53.89
12	1208869	SANMIGUEL LOPEZ, Xulia					11	CIDSANTI		3:19.87		1.0
	50 m:	43.20	43.20	100 m:	1:33.95	50.75	150 m:	2:26.99	53.04	200 m:	3:19.87	52.88

8.- 200 m Braza Masculino (TIM)

2026-01-17 17:00

ABSO_M

1	1075927	NOVO LOPEZ, Brais					03	PORTMIÑA		2:21.94		15.0
	50 m:	31.90	31.90	100 m:	1:08.27	36.37	150 m:	1:45.81	37.54	200 m:	2:21.94	36.13
2	1079105	VAZQUEZ LIZ, Alejandro					03	PORTMIÑA		2:22.38		12.0
	50 m:	32.20	32.20	100 m:	1:08.20	36.00	150 m:	1:45.01	36.81	200 m:	2:22.38	37.37
3	1039148	LARA RENUNCIO, Jorge					00	PONTEARE		2:22.56		10.0
	50 m:	31.61	31.61	100 m:	1:08.32	36.71	150 m:	1:45.43	37.11	200 m:	2:22.56	37.13
4	1038465	SANCHEZ LOUZAN, Daniel					98	GALAICO		2:26.60		9.0
	50 m:	32.69	32.69	100 m:	1:10.59	37.90	150 m:	1:48.41	37.82	200 m:	2:26.60	38.19
5	1107916	FERNANDEZ DEL VALLE, Ivan					05	POURENSE		2:28.11		8.0
	50 m:	32.60	32.60	100 m:	1:10.93	38.33	150 m:	1:49.50	38.57	200 m:	2:28.11	38.61
6	1140899	MANEIROS PAZ, Mario					06	NFERROL		2:29.96		7.0
	50 m:	33.60	33.60	100 m:	1:11.32	37.72	150 m:	1:50.22	38.90	200 m:	2:29.96	39.74
7	1147024	FERNANDEZ QUINTELA, Daniel					10	POURENSE		2:30.27		6.0
	50 m:	33.45	33.45	100 m:	1:11.32	37.87	150 m:	1:50.82	39.50	200 m:	2:30.27	39.45
8	1039470	LEAL FERNANDEZ, Cibran					00	GALAICO		2:31.83		5.0
	50 m:	33.11	33.11	100 m:	1:11.21	38.10	150 m:	1:50.71	39.50	200 m:	2:31.83	41.12
9	1039297	DOPICO REY, Anton					97	NFERROL		2:32.20		4.0
	50 m:	34.82	34.82	100 m:	1:13.85	39.03	150 m:	1:52.94	39.09	200 m:	2:32.20	39.26
10	1144110	PREGO GROBA, Xian					11	PONTEARE		2:33.94		3.0
	50 m:	34.74	34.74	100 m:	1:13.67	38.93	150 m:	1:53.69	40.02	200 m:	2:33.94	40.25
11	1144614	MUNIN CANDAL, Eric					07	CIDSANTI		2:43.45		2.0
	50 m:	36.67	36.67	100 m:	1:19.16	42.49	150 m:	2:01.75	42.59	200 m:	2:43.45	41.70
12	1213611	FRAGA VISOS, Gael					11	CIDSANTI		3:02.69		1.0
	50 m:	41.87	41.87	100 m:	1:28.69	46.82	150 m:	2:16.12	47.43	200 m:	3:02.69	46.57

9.- 50 m Costas Feminino (TIM)

2026-01-17 17:00

ABSO_F

1	1086358	FEIJOO GOMEZ, Eva	04	POURENSE	29.38	15.0
2	1141262	LOPEZ-FREIRE FRANCIA, Celia	10	PORTMIÑA	29.88	12.0
3	1060970	SOLER LOMBA, Rosalia	00	GALAICO	29.95	10.0
4	1087081	CAMBA PRADA, Alexia	05	POURENSE	30.10	9.0
5	1111194	MARTINEZ NOVOA, Angela	04	NFERROL	30.41	8.0
6	1143299	EIJO GIL, Naiara	06	PONTEARE	30.95	7.0
7	1144310	VIDAL RODRIGUEZ, Mara	10	GALAICO	31.00	6.0
8	1076335	LEMOS FERNANDEZ, Iria	06	PONTEARE	31.48	5.0
9	1091897	GONZALEZ TOJO, Raquel	99	CIDSANTI	32.73	4.0
10	1075380	SALVANTE LAGO, Ainhoa	03	NFERROL	32.78	3.0
11	1141255	ROIS PRADO, Marta	08	PORTMIÑA	33.23	2.0
12	1266338	CASTRO LOPEZ, Nuria	12	CIDSANTI	34.79	1.0

10.- 50 m Costas Masculino (TIM)

2026-01-17 17:00

ABSO_M

1	1075971	VAZQUEZ LOPEZ, Martin	03	PORTMIÑA	25.74	15.0
2	1038465	SANCHEZ LOUZAN, Daniel	98	GALAICO	26.01	12.0
3	1144702	CARBALLO RODRIGUEZ, Enrique	07	POURENSE	26.10	10.0
4	1084749	ALVAREZ VAZQUEZ, Gael	07	GALAICO	26.61	9.0
5	1079004	ARIAS FRANCO, Odei	06	POURENSE	26.61	8.0
6	1141252	DIAZ- BECERRA LOPEZ, Anton	05	PORTMIÑA	27.17	7.0
7	1075356	SEIJO BERMUDEZ, Daniel	04	NFERROL	27.44	6.0
8	1037154	LOSADA JIMENEZ, Alvaro	99	NFERROL	28.19	5.0
9	1084854	GONZALEZ ESTEVEZ, Yoel	07	PONTEARE	28.78	4.0
10	1147053	RODRIGUEZ DA SILVA, Bruno	10	PONTEARE	29.34	3.0
11	1146877	REY MUNIN, Tomas	06	CIDSANTI	29.38	2.0
12	1144608	FRAGA VISOS, Teo	08	CIDSANTI	31.34	1.0

11.- 400 m Estilos Feminino (TIM)

2026-01-17 17:00

ABSO_F

1	1141074	MOURENZA ROCHA, Ines	50 m: 31.29	100 m: 1:07.24	35.95	07	PORTMIÑA	5:03.97	15.0
			150 m: 1:47.17	200 m: 2:25.17	38.00				
			250 m: 3:09.13	300 m: 3:54.09	44.96			400 m: 5:03.97	34.14
2	1031658	BARROS DA SILVA, Sofia	50 m: 33.86	100 m: 1:11.66	37.80	09	GALAICO	5:06.72	12.0
			150 m: 1:52.41	200 m: 2:31.20	38.79				
			250 m: 3:15.27	300 m: 3:58.99	43.72			400 m: 5:06.72	33.65
3	1077381	GOYANES GARCIA, Paula	50 m: 32.21	100 m: 1:09.56	37.35	98	GALAICO	5:09.94	10.0
			150 m: 1:49.61	200 m: 2:29.82	40.21				
			250 m: 3:14.15	300 m: 3:59.90	45.75			400 m: 5:09.94	34.33
4	1075381	VILLARNOVO PAZOS, Lucia	50 m: 32.78	100 m: 1:10.26	37.48	08	NFERROL	5:11.39	9.0
			150 m: 1:50.95	200 m: 2:30.80	39.85				
			250 m: 3:15.89	300 m: 4:01.70	45.81			400 m: 5:11.39	34.17
5	1076330	FARO MARTINEZ, Carla	50 m: 32.30	100 m: 1:08.29	35.99	03	PONTEARE	5:12.66	8.0
			150 m: 1:49.52	200 m: 2:30.57	41.05				
			250 m: 3:13.69	300 m: 3:58.19	44.50			400 m: 5:12.66	37.14
6	1143180	ESTEVEZ MONTES, Naroa	50 m: 34.08	100 m: 1:12.81	38.73	08	PONTEARE	5:15.36	7.0
			150 m: 1:53.76	200 m: 2:34.16	40.40				
			250 m: 3:18.01	300 m: 4:03.13	45.12			400 m: 5:15.36	35.75
7	1182370	JIMENEZ FILGUEIRA, Aroa	50 m: 33.08	100 m: 1:09.91	36.83	12	NFERROL	5:16.35	6.0
			150 m: 1:51.01	200 m: 2:30.28	39.27				
			250 m: 3:14.82	300 m: 4:00.78	45.96			400 m: 5:16.35	37.10
8	1146805	ILLAN LAMAS, Aroa	50 m: 32.19	100 m: 1:10.09	37.90	10	PORTMIÑA	5:20.38	5.0
			150 m: 1:50.59	200 m: 2:31.01	40.42				
			250 m: 3:17.09	300 m: 4:04.96	47.87			400 m: 5:20.38	37.41
9	1253460	VICENTINI, Sofia Chiara	50 m: 32.72	100 m: 1:11.19	38.47	03	CIDSANTI	5:32.66	4.0
			150 m: 1:55.82	200 m: 2:38.26	42.44				
			250 m: 3:26.41	300 m: 4:15.30	48.89			400 m: 5:32.66	37.15
10	1144537	GUERRA RODRIGUEZ, Zaida	50 m: 37.92	100 m: 1:22.81	44.89	10	POURENSE	5:40.52	3.0
			150 m: 2:05.16	200 m: 2:46.01	40.85				
			250 m: 3:34.17	300 m: 4:23.02	48.85			400 m: 5:40.52	39.38
11	1144540	COBELAS ALVAREZ, Laura	50 m: 46.04	100 m: 1:40.24	54.20	11	POURENSE	6:19.59	2.0
			150 m: 2:27.09	200 m: 3:11.52	44.43				
			250 m: 4:07.81	300 m: 5:02.59	54.78			400 m: 6:19.59	37.75
WDR	1013486	GONZALEZ RODRIGUEZ, Maria				82	CIDSANTI		0,0

12.- 400 m Estilos Masculino (TIM)

2026-01-17 17:00

ABSO_M

1	1140876	NAVARRO LOSADA, Sergi	07	NFERROL	4:32.89	15.0
	50 m:	27.56 27.56	100 m:	1:01.71 34.15	150 m:	1:35.75 34.04
	200 m:	2:08.66 32.91	250 m:	2:48.06 39.40	300 m:	3:28.16 40.10
			350 m:	4:01.85 33.69	400 m:	4:32.89 31.04
2	1141073	PEREZ FERNANDEZ, Brais	07	PORTMIÑA	4:36.09	12.0
	50 m:	27.97 27.97	100 m:	1:00.11 32.14	150 m:	1:36.34 36.23
	200 m:	2:11.43 35.09	250 m:	2:51.59 40.16	300 m:	3:32.99 41.40
			350 m:	4:05.25 32.26	400 m:	4:36.09 30.84
3	1087074	QUIROGA RAMOS, Yago	05	POURENSE	4:37.18	10.0
	50 m:	29.71 29.71	100 m:	1:02.03 32.32	150 m:	1:37.53 35.50
	200 m:	2:11.82 34.29	250 m:	2:52.40 40.58	300 m:	3:33.78 41.38
			350 m:	4:06.95 33.17	400 m:	4:37.18 30.23
4	1140899	MANEIRO PAZ, Mario	06	NFERROL	4:37.31	9.0
	50 m:	28.91 28.91	100 m:	1:01.84 32.93	150 m:	1:37.30 35.46
	200 m:	2:12.63 35.33	250 m:	2:52.72 40.09	300 m:	3:34.09 41.37
			350 m:	4:06.66 32.57	400 m:	4:37.31 30.65
5	1086359	MOURE DOVAL, Jose	99	POURENSE	4:41.17	8.0
	50 m:	28.29 28.29	100 m:	1:02.02 33.73	150 m:	1:38.92 36.90
	200 m:	2:15.56 36.64	250 m:	2:55.25 39.69	300 m:	3:36.39 41.14
			350 m:	4:09.34 32.95	400 m:	4:41.17 31.83
6	1086280	AGUILAR URTXEGI, Xabier	00	GALAICO	4:43.18	7.0
	50 m:	28.16 28.16	100 m:	1:01.35 33.19	150 m:	1:37.85 36.50
	200 m:	2:13.66 35.81	250 m:	2:56.16 42.50	300 m:	3:38.77 42.61
			350 m:	4:12.10 33.33	400 m:	4:43.18 31.08
7	1079430	PREGO GROBA, Brais	08	PONTEARE	4:44.67	6.0
	50 m:	30.29 30.29	100 m:	1:06.75 36.46	150 m:	1:43.96 37.21
	200 m:	2:20.09 36.13	250 m:	2:59.17 39.08	300 m:	3:39.89 40.72
			350 m:	4:12.78 32.89	400 m:	4:44.67 31.89
8	1144508	CHAN VAZQUEZ, Lois	11	GALAICO	4:51.81	5.0
	50 m:	29.90 29.90	100 m:	1:04.69 34.79	150 m:	1:42.92 38.23
	200 m:	2:20.69 37.77	250 m:	3:01.92 41.23	300 m:	3:44.66 42.74
			350 m:	4:19.05 34.39	400 m:	4:51.81 32.76
9	1141072	GAVIEIRO MONTERO, Raul	07	PORTMIÑA	4:54.42	4.0
	50 m:	30.92 30.92	100 m:	1:07.74 36.82	150 m:	1:46.68 38.94
	200 m:	2:24.03 37.35	250 m:	3:06.29 42.26	300 m:	3:48.19 41.90
			350 m:	4:21.89 33.70	400 m:	4:54.42 32.53
10	1144608	FRAGA VISOS, Teo	08	CIDSANTI	4:58.47	3.0
	50 m:	31.95 31.95	100 m:	1:08.40 36.45	150 m:	1:47.13 38.73
	200 m:	2:25.05 37.92	250 m:	3:07.06 42.01	300 m:	3:48.80 41.74
			350 m:	4:24.23 35.43	400 m:	4:58.47 34.24
11	1144616	REY MUNIN, Alonso	08	CIDSANTI	5:03.08	2.0
	50 m:	32.61 32.61	100 m:	1:09.29 36.68	150 m:	1:48.79 39.50
	200 m:	2:27.44 38.65	250 m:	3:10.90 43.46	300 m:	3:55.33 44.43
			350 m:	4:30.22 34.89	400 m:	5:03.08 32.86
12	1142991	PEREZ PAZ, Dario	05	PONTEARE	5:07.41	1.0
	50 m:	31.38 31.38	100 m:	1:09.02 37.64	150 m:	1:49.91 40.89
	200 m:	2:29.41 39.50	250 m:	3:13.23 43.82	300 m:	3:58.51 45.28
			350 m:	4:33.34 34.83	400 m:	5:07.41 34.07

13.- 4x100 m Estilos Feminino (TIM)

2026-01-17 17:00

ABSO_F

1	00784	GALAICO 01				GALAICO	4:24.42	30.0
	1140841	BOUZAS PEDREIRA, Alicia	05	50 m:	32.34	32.34	100 m:	1:06.27 33.93
	1128200	CONS GESTIDO, Henar Diana	02	150 m:	1:41.52	35.25	200 m:	2:22.24 40.72
	1060970	SOLER LOMBA, Rosalia	00	250 m:	2:51.53	29.29	300 m:	3:24.50 32.97
	1130727	CONS GESTIDO, Victoria Anna	05	350 m:	3:53.08	28.58	400 m:	4:24.42 31.34
2	01156	PORTMIÑA 01				PORTMIÑA	4:25.34	24.0
	1141262	LOPEZ-FREIRE FRANCIA, Celia	10	50 m:	31.75	31.75	100 m:	1:05.78 34.03
	1141075	MOURENZA ROCHA, Sofia	07	150 m:	1:40.18	34.40	200 m:	2:19.07 38.89
	1141074	MOURENZA ROCHA, Ines	07	250 m:	2:49.44	30.37	300 m:	3:24.33 34.89
	1079134	LOPEZ-FREIRE FRANCIA, Carmen	07	350 m:	3:52.88	28.55	400 m:	4:25.34 32.46
3	00878	PONTEARE 01				PONTEARE	4:29.34	20.0
	1143299	EIJO GIL, Naiara	06	50 m:	32.52	32.52	100 m:	1:06.47 33.95
	1061551	CARBALLO GONZALEZ, Sofia	06	150 m:	1:41.42	34.95	200 m:	2:20.78 39.36
	1076330	FARO MARTINEZ, Carla	03	250 m:	2:51.94	31.16	300 m:	3:27.55 35.61
	1076335	LEMONS FERNANDEZ, Iria	06	350 m:	3:55.75	28.20	400 m:	4:29.34 33.59
4	00101	POURENSE 02				POURENSE	4:36.40	18.0
	1087081	CAMBA PRADA, Alexia	05	50 m:	32.27	32.27	100 m:	1:07.81 35.54
	1145032	ALVAREZ GANDARA, Maria	10	150 m:	1:45.81	38.00	200 m:	2:28.65 42.84
	1086358	FEIJOO GOMEZ, Eva	04	250 m:	2:58.02	29.37	300 m:	3:32.56 34.54
	1144536	GARCIA FEIJOO, Vera	10	350 m:	4:02.74	30.18	400 m:	4:36.40 33.66
5	00784	GALAICO 02				GALAICO	4:37.02	16.0
	1144310	VIDAL RODRIGUEZ, Mara	10	50 m:	32.86	32.86	100 m:	1:07.86 35.00
	1034146	ROCHA GONZALEZ, Marlene	11	150 m:	1:45.41	37.55	200 m:	2:28.18 42.77
	1077381	GOYANES GARCIA, Paula	98	250 m:	2:59.69	31.51	300 m:	3:34.11 34.42
	1281917	PARDON VILADOMS, Ximena	10	350 m:	4:03.29	29.18	400 m:	4:37.02 33.73
6	00674	NFERROL 01				NFERROL	4:38.13	14.0
	1111194	MARTINEZ NOVOA, Angela	04	50 m:	32.35	32.35	100 m:	1:07.35 35.00
	1144881	LEIVAS ROCA, Candela	05	150 m:	1:44.87	37.52	200 m:	2:27.77 42.90
	1144062	HERNANDEZ FIGUEROA, Ange Marie	09	250 m:	2:59.25	31.48	300 m:	3:38.25 39.00
	1075381	VILLARNOVO PAZOS, Lucia	08	350 m:	4:06.52	28.27	400 m:	4:38.13 31.61
7	00878	PONTEARE 02				PONTEARE	4:42.18	12.0
	1145009	VILA RIAL, Zaira	11	50 m:	33.66	33.66	100 m:	1:10.58 36.92
	1144111	QUINTAS MELON, Maria	10	150 m:	1:47.08	36.50	200 m:	2:29.22 42.14
	1108651	ORTIZ DE GUINEA BASTON, Alba	97	250 m:	3:00.63	31.41	300 m:	3:38.48 37.85
	1143180	ESTEVEZ MONTES, Naroa	08	350 m:	4:09.19	30.71	400 m:	4:42.18 32.99
8	00101	POURENSE 01				POURENSE	4:43.50	10.0
	1144722	REQUEJO FERNANDEZ, Irene	10	50 m:	32.48	32.48	100 m:	1:07.63 35.15
	1087080	CARRIL GONZALEZ, Eva	02	150 m:	1:44.88	37.25	200 m:	2:28.63 43.75
	1141278	ALVAREZ GARCIA, Mencia	10	250 m:	3:01.06	32.43	300 m:	3:39.63 38.57
	1086375	MENDEZ BERNARDEZ, Arianna	04	350 m:	4:10.48	30.85	400 m:	4:43.50 33.02
9	00674	NFERROL 02				NFERROL	4:44.67	8.0
	1075380	SALVANTE LAGO, Ainhoa	03	50 m:	34.15	34.15	100 m:	1:10.50 36.35
	1147062	JOVE NOVO, Alicia	11	150 m:	1:48.92	38.42	200 m:	2:33.61 44.69
	1182370	JIMENEZ FILGUEIRA, Aroa	12	250 m:	3:05.80	32.19	300 m:	3:42.83 37.03
	1140814	PARDON CHAS, Eva	04	350 m:	4:12.23	29.40	400 m:	4:44.67 32.44

10	01295	CIDSANTI 01			CIDSANTI		4:45.68		6.0
	1266338	CASTRO LOPEZ, Nuria	12	50 m:	35.74	35.74	100 m:	1:13.00	37.26
	1208851	BLANCO IGLESIAS, Carmen	08	150 m:	1:51.71	38.71	200 m:	2:36.54	44.83
	1253460	VICENTINI, Sofia Chiara	03	250 m:	3:08.08	31.54	300 m:	3:44.14	36.06
	1091897	GONZALEZ TOJO, Raquel	99	350 m:	4:14.40	30.26	400 m:	4:45.68	31.28
11	01156	PORTMIÑA 02			PORTMIÑA		4:46.04		4.0
	1079235	SAAVEDRA BUIDE, Paula	07	50 m:	35.03	35.03	100 m:	1:12.53	37.50
	1147214	LOPEZ FERNANDEZ, Aitana	09	150 m:	1:50.67	38.14	200 m:	2:34.09	43.42
	1147224	SANTAS VAZQUEZ, Laura	09	250 m:	3:04.85	30.76	300 m:	3:41.82	36.97
	1079174	MUÑOZ GAVINO, Paula	08	350 m:	4:11.96	30.14	400 m:	4:46.04	34.08
12	01295	CIDSANTI 02			CIDSANTI		5:25.22		2.0
	1213612	GUERRA SAAVEDRA, Antia	12	50 m:	38.98	38.98	100 m:	1:21.76	42.78
	1249223	GARCIA CASTRO, Alicia	12	150 m:	2:03.41	41.65	200 m:	2:51.00	47.59
	1208869	SANMIGUEL LOPEZ, Xulia	11	250 m:	3:30.06	39.06	300 m:	4:17.17	47.11
	1197579	NOYA REIRIZ, Natalia	12	350 m:	4:49.53	32.36	400 m:	5:25.22	35.69

14.- 4x100 m Estilos Masculino (TIM)

2026-01-17 17:00

ABSO_M

1	00101	POURENSE 01				POURENSE	3:51.60	30.0
	1144702	CARBALLO RODRIGUEZ, Enrique	07	50 m:	27.60	27.60	100 m:	57.10
	1087107	ESTEVEZ CRESPO, Hugo	06	150 m:	1:27.19	30.09	200 m:	2:01.61
	1087074	QUIROGA RAMOS, Yago	05	250 m:	2:28.56	26.95	300 m:	2:59.70
	1039567	CIVEIRA CORRAL, Raul	02	350 m:	3:24.60	24.90	400 m:	3:51.60
2	00674	NFERROL 01				NFERROL	3:52.57	24.0
	1140876	NAVARRO LOSADA, Sergi	07	50 m:	26.41	26.41	100 m:	56.02
	1075356	SEJO BERMUDEZ, Daniel	04	150 m:	1:26.31	30.29	200 m:	2:01.23
	1140795	LOSADA JIMENEZ, Sergio	04	250 m:	2:27.10	25.87	300 m:	2:58.54
	1037154	LOSADA JIMENEZ, Alvaro	99	350 m:	3:23.93	25.39	400 m:	3:52.57
3	01156	PORTMIÑA 02				PORTMIÑA	3:52.67	20.0
	1141252	DIAZ- BECERRA LOPEZ, Anton	05	50 m:	28.40	28.40	100 m:	58.79
	1075927	NOVO LOPEZ, Brais	03	150 m:	1:28.43	29.64	200 m:	2:03.84
	1075938	RODRIGUEZ SANCOSMED, Pablo	03	250 m:	2:30.14	26.30	300 m:	3:00.52
	1079023	SANCHEZ VAZQUEZ, Antonio	04	350 m:	3:25.43	24.91	400 m:	3:52.67
4	00784	GALAICO 01				GALAICO	3:54.78	18.0
	1084749	ALVAREZ VAZQUEZ, Gael	07	50 m:	28.50	28.50	100 m:	58.89
	1038465	SANCHEZ LOUZAN, Daniel	98	150 m:	1:30.25	31.36	200 m:	2:05.57
	1086280	AGUILAR URTXEGI, Xabier	00	250 m:	2:31.94	26.37	300 m:	3:01.84
	1144309	PEREZ GARCIA, Iker	07	350 m:	3:26.84	25.00	400 m:	3:54.78
5	01156	PORTMIÑA 01				PORTMIÑA	3:58.77	16.0
	1075971	VAZQUEZ LOPEZ, Martin	03	50 m:	28.25	28.25	100 m:	58.90
	1079105	VAZQUEZ LIZ, Alejandro	03	150 m:	1:28.99	30.09	200 m:	2:04.23
	1141256	ROIS PRADO, Luis	08	250 m:	2:32.19	27.96	300 m:	3:05.48
	1146918	GOMEZ PUMARIÑO, Samuel	08	350 m:	3:31.07	25.59	400 m:	3:58.77
6	00101	POURENSE 02				POURENSE	3:59.33	14.0
	1079004	ARIAS FRANCO, Odei	06	50 m:	29.48	29.48	100 m:	1:01.52
	1107916	FERNANDEZ DEL VALLE, Ivan	05	150 m:	1:32.00	30.48	200 m:	2:08.22
	1086359	MOURE DOVAL, Jose	99	250 m:	2:34.43	26.21	300 m:	3:05.98
	1038566	CIVEIRA CORRAL, Samuel	02	350 m:	3:30.98	25.00	400 m:	3:59.33
7	00878	PONTEARE 01				PONTEARE	4:03.64	12.0
	1084854	GONZALEZ ESTEVEZ, Yoel	07	50 m:	30.25	30.25	100 m:	1:01.14
	1039148	LARA RENUNCIO, Jorge	00	150 m:	1:31.68	30.54	200 m:	2:06.25
	1140852	RODRIGUEZ DOMINGUEZ, Francisco Javier	04	250 m:	2:34.56	28.31	300 m:	3:06.28
	1208834	ESPERON RODRIGUEZ, Rodrigo	07	350 m:	3:34.43	28.15	400 m:	4:03.64
8	00674	NFERROL 02				NFERROL	4:03.81	10.0
	1140806	LOPEZ ANIDO, Nelson Andres	00	50 m:	30.01	30.01	100 m:	1:01.74
	1039297	DOPICO REY, Anton	97	150 m:	1:33.16	31.42	200 m:	2:09.74
	1057304	TABEIRA OLASCOAGA, Tadeo	07	250 m:	2:36.25	26.51	300 m:	3:07.19
	1075438	PEDRE SALIDO, Julio	03	350 m:	3:34.19	27.00	400 m:	4:03.81
9	00784	GALAICO 02				GALAICO	4:08.99	8.0
	1130724	ROCHA GONZALEZ, Olivier	08	50 m:	30.10	30.10	100 m:	1:03.47
	1023004	INFESTAS CARAZO, Samuel	03	150 m:	1:36.47	33.00	200 m:	2:12.86
	1144508	CHAN VAZQUEZ, Lois	11	250 m:	2:41.16	28.30	300 m:	3:13.00
	1141480	VAZQUEZ COSTA, Miguel	06	350 m:	3:29.46	16.46	400 m:	4:08.99

10	00878	PONTEARE 02				PONTEARE		4:12.43	6.0
	1079430	PREGO GROBA, Brais	08	50 m:	31.70	31.70	100 m:	1:05.10	33.40
	1143429	FARO MARTINEZ, Yoel	07	150 m:	1:35.78	30.68	200 m:	2:12.74	36.96
	1147053	RODRIGUEZ DA SILVA, Bruno	10	250 m:	2:39.65	26.91	300 m:	3:12.80	33.15
	1142991	PEREZ PAZ, Dario	05	350 m:	3:40.55	27.75	400 m:	4:12.43	31.88
11	01295	CIDSANTI 01				CIDSANTI		4:16.36	4.0
	1146877	REY MUNIN, Tomas	06	50 m:	30.86	30.86	100 m:	1:02.93	32.07
	1144608	FRAGA VISOS, Teo	08	150 m:	1:37.42	34.49	200 m:	2:16.47	39.05
	1197575	GUERRA SAAVEDRA, Uxio	10	250 m:	2:45.95	29.48	300 m:	3:19.74	33.79
	1144616	REY MUNIN, Alonso	08	350 m:	3:47.00	27.26	400 m:	4:16.36	29.36
12	01295	CIDSANTI 02				CIDSANTI		4:40.74	2.0
	1208865	QUIÑÓY VEIGA, Alvaro	09	50 m:	33.58	33.58	100 m:	1:08.68	35.10
	1213611	FRAGA VISOS, Gael	11	150 m:	1:47.95	39.27	200 m:	2:32.31	44.36
	1197580	ORECHIA, Bautista	09	250 m:	3:03.90	31.59	300 m:	3:39.65	35.75
	1144614	MUNIN CANDAL, Eric	07	350 m:	4:08.35	28.70	400 m:	4:40.74	32.39

Sumario de participantes

Entidade	Participantes			Insc. individuais			Insc. remudas			
	Fem.	Mas.	Tot.	Fem.	Mas.	Tot.	Fem.	Mas.	Mix.	Tot.
C. N. GALAICO	36	40	76	10	10	20	4	4	0	8
C. N. PORTAMIÑA LUGO	15	13	28	10	10	20	4	4	0	8
C. N. PONTEAREAS	13	21	34	10	10	20	4	4	0	8
C. N. PABELLÓN OURENSE	14	23	37	10	10	20	4	4	0	8
C. N. FERROL	20	13	33	10	10	20	4	4	0	8
C. DEP. N. CIDADE DE SANTIAGO	28	18	46	10	10	20	4	4	0	8
	126	128	254	60	60	120	24	24	0	48

Clasificacións

TOTAL

1	C. N. PORTAMIÑA LUGO	01156	322.0
2	C. N. GALAICO	00784	302.0
3	C. N. PABELLÓN OURENSE	00101	298.0
4	C. N. FERROL	00674	259.0
5	C. N. PONTEAREAS	00878	216.0
6	C. DEP. N. CIDADE DE SANTIAGO	01295	78.0