# COPA ESPAÑA 2ª DIVISIÓN - LUGO, FIGSA

| Sábado 29 noviembre - 9:30 horas | | | | | |
|---|---|---|---|---|---|
| Hora | | | Nº series | Total prueba | Acumu |
| 9:30 | 1 | 200 libre masc | 5 | 16:03 | 0:16 |
| 9:46 | 2 | 400 estilos feme | 4 | 26:00 | 0:42 |
| 10:12 | 3 | 50 espalda masc | 6 | 10:25 | 0:52 |
| 10:22 | 4 | 50 espalda feme | 5 | 09:14 | 1:01 |
| 10:31 | 5 | 200 mariposa masc | 4 | 14:19 | 1:16 |
| 10:46 | 6 | 200 mariposa feme | 4 | 14:33 | 1:30 |
| 11:00 | 7 | 100 braza masc | 5 | 11:13 | 1:41 |
| 11:11 | 8 | 100 braza feme | 5 | 12:25 | 1:54 |
| 11:24 | 9 | 1500 libre masc | 5 | 30:11 | 3:24 |
| 12:54 | | **10 minutos descanso** | 1 | 10:00 | 3:34 |
| 13:04 | 10 | 4 x 200 libre feme | 3 | 32:32 | 4:06 |
| 13:36 | 11 | 4 x 100 libre masc | 3 | 15:35 | 4:22 |
| 13:52 | | **Final Sesión** | | | |

| Sábado 29 noviembre - 17:00 horas | | | | | |
|---|---|---|---|---|---|
| Hora | | | Nº series | Total prueba | Acumu |
| 17:00 | 12 | 200 libre feme | 5 | 17:15 | 0:17 |
| 17:17 | 13 | 400 estilos masc | 5 | 30:17 | 0:47 |
| 17:47 | 14 | 50 mariposa feme | 5 | 07:44 | 0:55 |
| 17:55 | 15 | 50 mariposa masc | 6 | 09:17 | 1:04 |
| 18:04 | 16 | 200 braza feme | 4 | 16:09 | 1:20 |
| 18:20 | 17 | 200 braza masc | 5 | 17:52 | 1:22 |
| 18:38 | 18 | 100 espalda feme | 5 | 12:47 | 1:35 |
| 18:51 | 19 | 100 espalda masc | 5 | 11:38 | 1:46 |
| 19:02 | 20 | 1500 libre feme | 4 | 19:28 | 3:06 |
| 20:22 | | **10 minutos descanso** | 1 | 10:00 | 3:16 |
| 20:32 | 21 | 4 x 200 libre masc | 3 | 29:00 | 3:45 |
| 21:01 | 22 | 4 x 100 libre feme | 3 | 16:53 | 4:02 |
| 21:18 | | **Final sesión** | | | |

| Domingo 30 noviembre - 9:30 horas | | | | | |
|---|---|---|---|---|---|
| Hora | | | Nº series | Total prueba | Acumu |
| 9:30 | 23 | 4 x 50 libre masc | 3 | 09:27 | 0:09 |
| 9:39 | 24 | 4 x 50 libre feme | 3 | 10:11 | 0:19 |
| 9:49 | 25 | 800 libre masc | 5 | 50:59 | 1:10 |
| 10:40 | 26 | 400 libre feme | 5 | 30:09 | 1:40 |
| 11:10 | 27 | 100 estilos masc | 6 | 12:40 | 1:53 |
| 11:23 | 28 | 100 estilos feme | 5 | 11:32 | 2:04 |
| 11:34 | 29 | 200 espalda masc | 5 | 19:30 | 2:24 |
| 11:54 | 30 | 200 espalda feme | 5 | 19:23 | 2:43 |
| 12:13 | 31 | 100 libre masc | 6 | 11:50 | 2:55 |
| 12:25 | 32 | 100 libre feme | 5 | 10:34 | 3:06 |
| 12:36 | | **10 minutos descanso** | 1 | 10:00 | 3:16 |
| 12:46 | 33 | 4 x 50 estilos masc | 3 | 10:04 | 3:26 |
| 12:56 | 34 | 4 x 50 estilos feme | 3 | 10:47 | 3:37 |
| 13:07 | | **Final Sesión** | | | |

| Domingo 30 noviembre - 17:00 horas | | | | | |
|---|---|---|---|---|---|
| Hora | | | Nº series | Total prueba | Acumu |
| 17:00 | 35 | 50 libre feme | 5 | 07:31 | 0:07 |
| 17:07 | 36 | 50 libre masc | 6 | 08:36 | 0:16 |
| 17:16 | 37 | 200 estilos feme | 5 | 17:53 | 0:34 |
| 17:34 | 38 | 200 estios masc | 5 | 17:57 | 0:51 |
| 17:51 | 39 | 50 braza feme | 5 | 08:26 | 1:00 |
| 18:00 | 40 | 50 braza masc | 5 | 07:42 | 1:08 |
| 18:08 | 41 | 100 mariposa feme | 5 | 11:43 | 1:19 |
| 18:19 | 42 | 100 mariposa masc | 5 | 10:29 | 1:30 |
| 18:30 | 43 | 800 libre feme | 4 | 44:32 | 2:14 |
| 19:14 | 44 | 400 libre masc | 5 | 27:50 | 2:42 |
| 19:42 | | **10 minutos descanso** | 1 | 10:00 | 2:52 |
| 19:52 | 45 | 4 x 100 estilos feme | 3 | 18:19 | 3:10 |
| 20:10 | 46 | 4 x 100 estilos masc | 3 | 16:22 | 3:27 |
| 20:27 | | **Entrega de trofeos** | 2 | 05:00 | 3:32 |
| 20:32 | | **Final sesión** | | | |