

1. 200 m Libre Masculino

20+

1	1142991	PEREZ PAZ DARIO	2005	PONTEARE	2:09.92	M 25	2025-12-21	AS POZAS	13
		50L: 29.33 100L: 1:02.59 150L: 1:37.07							
2	1076409	CANCELA GOMEZ HUGO	2003	PONTEARE	2:12.38	M 25	2025-12-21	AS POZAS	10
		50L: 27.74 100L: 58.56 150L: 1:35.01							
3	1135986	CASARES GARCIA BRAIS	2004	PONTEARE	2:22.18	M 25	2025-12-21	AS POZAS	8
		50L: 28.33 100L: 1:00.25 150L: 1:45.46							
4	1075388	MENDEZ LORENZO BRUNO	2004	NFERROL	2:26.05	M 25	2025-12-20	J. GÓMEZ NOYA	7
		50L: 36.54 100L: 1:14.36 150L: 1:50.92							
5	1079156	MARQUEZ VAZQUEZ PABLO	2002	ASMEIGAS	2:49.50	M 50	2025-12-21	ROSARIO DUEÑAS	6
		100L: 1:17.69							
6	1287196	LORENZO BAUTISTA ANXO	2003	PONTEARE	4:04.34	M 25	2025-12-21	AS POZAS	0
		50L: 46.34 100L: 1:46.54 150L: 2:56.51							
7	1287242	VALVERDE TABOADA MARTIN	2006	PONTEARE	5:02.08	M 25	2025-12-21	AS POZAS	0
		50L: 51.93 100L: 2:11.77 150L: 3:35.41							

25+

1	1115676	GONZALEZ IGLESIAS ALBERTO	1997	CULLERED	2:16.54	M 25	2025-12-20	J. GÓMEZ NOYA	13
		50L: 31.98 100L: 1:06.36 150L: 1:42.05							
2	1039270	TRILLO RODRIGUEZ ADRIAN	1997	MOS	2:22.24	M 25	2025-12-21	AS POZAS	10
		50L: 32.03 100L: 1:08.62 150L: 1:46.34							
3	1284785	ABALDE PUJALES ALBERTO	2000	RBAIXAS	3:03.89	M 25	2025-12-21	AS POZAS	8
		50L: 39.60 100L: 1:24.61 150L: 2:14.66							
4	1287820	BOTNARI ZAVTUR LORENZO	2001	LICEO	3:14.44	M 25	2025-12-20	J. GÓMEZ NOYA	7
		50L: 41.79 100L: 1:31.05 150L: 2:53.12							

30+

1	1178904	TRONCOSO GARRIDO DAVID	1995	GALAICO	2:16.01	M 25	2025-12-21	AS POZAS	13
		50L: 29.12 100L: 1:03.26 150L: 1:39.01							
2	1037824	FREIRE GONZALEZ JAVIER	1993	RBAIXAS	2:21.71	M 25	2025-12-21	AS POZAS	10
		50L: 32.90 100L: 1:09.04 150L: 1:46.31							
3	1078692	GONZALEZ FRANCO DAVID	1995	NFERROL	2:34.43	M 25	2025-12-20	J. GÓMEZ NOYA	8
		50L: 33.49 100L: 1:11.17 150L: 1:51.73							
4	1191498	CASANOVA MARTINEZ VICTOR	1996	MOLEMS	2:34.88	M 50	2025-12-21	ROSARIO DUEÑAS	7
		100L: 1:13.28							
5	1284749	MONTERO PERRONI ANDRES ALEXANDER	1992	ESCUALOS	2:37.32	M 50	2025-12-21	ROSARIO DUEÑAS	6
		100L: 1:06.51							
6	1037164	GONZALEZ BLANCO JOSE LUIS	1992	PORTMIÑA	2:38.64	M 50	2025-12-21	ROSARIO DUEÑAS	5
		100L: 1:13.87							
7	1287224	TORNE BOBO BORJA	1992	VALDEORR	2:48.40	M 50	2025-12-21	ROSARIO DUEÑAS	4

100L: 1:21.82

8	1284784	CARRERA PRIEGUE SENEN	1992	RBAIXAS	3:13.96	M 25	2025-12-21	AS POZAS	3
		50L: 41.79 100L: 1:31.26 150L: 2:23.17							
9	1284672	SAINZ-MAZA VILAR ADOLFO ANTONIO	1995	ASMEIGAS	3:36.67	M 50	2025-12-21	ROSARIO DUEÑAS	2
		100L: 1:43.04							
10	1222771	LAGO GONZALEZ IVAN	1993	PONTEARE	3:56.93	M 25	2025-12-21	AS POZAS	1
		50L: 47.54 100L: 1:43.88 150L: 2:49.00							

35+

1	1178769	RODRIGUEZ GONZALEZ ANTONIO JOAQUIN	1991	NFERROL	2:25.85	M 25	2025-12-20	J. GÓMEZ NOYA	13
		50L: 33.30 100L: 1:09.73 150L: 1:47.92							
2	1097263	LAMEIRO SEOANE JAVIER	1987	HERCULES	2:30.40	M 25	2025-12-20	J. GÓMEZ NOYA	10
		50L: 34.68 100L: 1:12.61 150L: 1:51.82							
3	1076271	NOVALES BLANCO XABIER	1991	RBAIXAS	2:40.89	M 25	2025-12-21	AS POZAS	8
		50L: 37.52 100L: 1:19.06 150L: 2:01.27							
4	1226234	COTELO SENANDE ALBERTO	1988	ADFOGAR	2:41.65	M 25	2025-12-20	J. GÓMEZ NOYA	7
		50L: 37.46 100L: 1:19.07 150L: 2:03.20							
5	1145090	MARTINEZ DOMINGUEZ IVAN	1988	PONTEARE	2:43.83	M 25	2025-12-21	AS POZAS	6
		50L: 34.80 100L: 1:14.45 150L: 1:58.24							
6	1023057	PEREZ VAZQUEZ TELMO	1988	NTNARON	3:10.24	M 25	2025-12-20	J. GÓMEZ NOYA	5
		50L: 39.67 100L: 1:25.30 150L: 2:15.67							
7	1284783	AZZOULAI GONZALEZ ILAN	1987	RBAIXAS	3:22.64	M 25	2025-12-21	AS POZAS	4
		50L: 44.87 100L: 1:38.31 150L: 2:33.84							
8	1236854	GIRALDEZ VILLANUEVA IVAN	1987	PONTEARE	4:32.65	M 25	2025-12-21	AS POZAS	3
		50L: 1:00.42 100L: 2:08.74 150L: 3:18.54							

40+

1	1014291	GOMEZ CARDESIN ALVARO	1985	NCORUÑA	2:15.31	M 25	2025-12-20	J. GÓMEZ NOYA	13
		50L: 31.36 100L: 1:05.51 150L: 1:40.41							
2	1141151	CALLE FACAL TELMO	1983	CIDSANTI	2:17.73	M 50	2025-12-21	ROSARIO DUEÑAS	10
		100L: 1:05.50							
3	1145052	FIERRO FERNANDEZ JULIO	1982	SCASINO	2:35.92	M 25	2025-12-20	J. GÓMEZ NOYA	8
		50L: 35.70 100L: 1:15.45 150L: 1:56.52							
4	1141095	LOPEZ BERMUDEZ GABRIEL	1984	RSDH	2:36.76	M 25	2025-12-20	J. GÓMEZ NOYA	7
		50L: 33.67 100L: 1:12.49 150L: 1:53.43							
5	1036745	BARCIA SIXTO FRANCISCO JOSE	1985	NTNARON	2:40.66	M 25	2025-12-20	J. GÓMEZ NOYA	6
		50L: 35.63 100L: 1:14.19 150L: 1:56.26							
6	1203519	KRUGLOV KRUGLOV MYKOLA	1985	ESCUALOS	2:41.61	M 50	2025-12-21	ROSARIO DUEÑAS	5
		100L: 1:18.68							
7	1170841	BASTIDA CAMPOS ALEJANDRO	1982	SALESTRA	2:45.76	M 50	2025-12-21	ROSARIO DUEÑAS	4
		100L: 1:17.08							
8	1190529	CERVELA DEBER MOISES	1982	SALESTRA	2:46.37	M 50	2025-12-21	ROSARIO DUEÑAS	3
		100L: 1:17.69							
9	1284680	CAMPELOS FREIRE DIEGO	1983	REDONDEL	2:48.16	M 25	2025-12-21	AS POZAS	2

		50L: 37.17	100L: 1:16.73	150L: 1:59.56						
10	1257944	PEREZ GONZALEZ IVAN		1982	MOLE MOS	2:57.12	M 50	2025-12-21	ROSARIO DUEÑAS	1
		100L: 1:23.15								
11	1284808	LONGA IGLESIAS PABLO		1985	RBAIXAS	3:11.60	M 25	2025-12-21	AS POZAS	0
		50L: 40.73	100L: 1:26.92	150L: 2:18.90						
12	1107557	MELLA BARBEITO JAVIER		1983	ARTEIXO	3:25.01	M 25	2025-12-20	J. GÓMEZ NOYA	0
		50L: 47.05	100L: 1:36.73	150L: 2:30.61						

45+

1	1182358	CANOSA RODRIGUEZ JUAN JOSE		1980	NTNARON	2:23.43	M 25	2025-12-20	J. GÓMEZ NOYA	13
		50L: 32.36	100L: 1:06.79	150L: 1:43.24						
2	1244353	TATO FUENTES VICTOR		1979	ADFOGAR	2:25.02	M 25	2025-12-20	J. GÓMEZ NOYA	10
		50L: 34.76	100L: 1:11.84	150L: 1:48.72						
3	1144267	FINS SEOANE JUAN MIGUEL		1977	SALESTRA	2:29.12	M 50	2025-12-21	ROSARIO DUEÑAS	8
		100L: 1:11.68								
4	1076571	PEREZ CRUCES ENRIQUE		1980	RBAIXAS	2:32.04	M 25	2025-12-21	AS POZAS	7
		50L: 34.40	100L: 1:12.88	150L: 1:52.54						
5	1281943	MARX SVEN OLIVER		1977	CULLERED	2:38.61	M 25	2025-12-20	J. GÓMEZ NOYA	6
		50L: 35.05	100L: 1:13.43	150L: 1:55.43						
6	1006004	GUIMAREY VAZQUEZ MARCOS		1977	PORTMIÑA	2:40.53	M 50	2025-12-21	ROSARIO DUEÑAS	5
		100L: 1:14.20								
7	1144584	ALVAREZ SILVA RUBEN		1981	ESCUALOS	2:44.33	M 50	2025-12-21	ROSARIO DUEÑAS	4
		100L: 1:20.15								
8	1079491	GOMEZ MARTIN RUBEN		1978	FLUVLUGO	2:46.63	M 25	2025-12-20	J. GÓMEZ NOYA	3
		50L: 39.17	100L: 1:20.85	150L: 2:03.67						
9	1192271	MOURIÑO FORTES VICTOR MANUEL		1977	PONTEARE	2:49.17	M 25	2025-12-21	AS POZAS	2
		50L: 36.46	100L: 1:18.48	150L: 2:04.26						
10	1254829	FARIAS FORNEIRO PATRICIO CRUZ		1977	FLUVLUGO	2:59.05	M 25	2025-12-20	J. GÓMEZ NOYA	1
		50L: 40.43	100L: 1:24.36	150L: 2:11.05						
11	1284807	VAZQUEZ ARGONES JOSE CARLOS		1978	REDONDEL	3:53.46	M 25	2025-12-21	AS POZAS	0
		50L: 49.83	100L: 1:46.10	150L: 2:50.33						

50+

1	1274246	MARTINEZ JACOME FELIX		1973	MOS	2:12.00	M 25	2025-12-21	AS POZAS	13
		50L: 30.09	100L: 1:03.31	150L: 1:37.57						
2	1243174	SONEIRA REBOREDO OSCAR		1975	CIDSANTI	2:18.94	M 50	2025-12-21	ROSARIO DUEÑAS	10
		100L: 1:08.11								
3	1264722	BALDOMAR OBELLEIRA RUBEN		1974	NCORUÑA	2:26.00	M 25	2025-12-20	J. GÓMEZ NOYA	8
		50L: 35.17	100L: 1:12.24	150L: 1:49.19						
4	1079343	MOURIÑO ORTIGUEIRA ROBERTO CARLOS		1974	PONTEARE	2:29.99	M 25	2025-12-21	AS POZAS	7
		50L: 34.11	100L: 1:12.45	150L: 1:51.48						
5	1076185	PEREIRA DIAZ ANGEL		1972	ESCUALOS	2:30.99	M 50	2025-12-21	ROSARIO DUEÑAS	6
		100L: 1:11.32								
6	1040137	QUINTAS BARROS JESUS CARLOS		1973	ESCUALOS	2:36.23	M 50	2025-12-21	ROSARIO DUEÑAS	5

100L: 1:15.95

7	1180192	SAAVEDRA GONZALEZ RAUL	1973	LICEO	2:36.67	M 25	2025-12-20	J. GÓMEZ NOYA	4
		50L: 35.17 100L: 1:14.85 150L: 1:56.98							
8	1147010	SANJURJO POVEDA PABLO	1974	NFERROL	2:42.09	M 25	2025-12-20	J. GÓMEZ NOYA	3
		50L: 36.86 100L: 1:17.93 150L: 1:59.50							
9	1282520	BLANCO MAGALLAN ALEJANDRO	1974	ADFOGAR	2:49.78	M 25	2025-12-20	J. GÓMEZ NOYA	2
		50L: 39.82 100L: 1:22.72 150L: 2:07.21							
10	1171462	FERREIRO SEOANE JOSE RAUL	1973	RBAIXAS	2:51.02	M 25	2025-12-21	AS POZAS	1
		50L: 36.58 100L: 1:18.34 150L: 2:04.02							
11	1079478	GONZALEZ PEREIRA JOSE CARLOS	1975	GALAICO	2:56.00	M 25	2025-12-21	AS POZAS	0
		50L: 41.12 100L: 1:25.59 150L: 2:11.18							
12	1198237	TABOAS LOBATO ANGEL	1976	RCNVIGO	3:00.36	M 25	2025-12-21	AS POZAS	0
		50L: 38.55 100L: 1:23.43 150L: 2:12.36							
13	1141071	LORENZO FERNANDEZ JOSE MANUEL	1972	RBAIXAS	3:01.22	M 25	2025-12-21	AS POZAS	0
		50L: 40.21 100L: 1:24.61 150L: 2:11.78							
14	1076535	DE LUIS GONZALEZ AITOR	1974	PORTMIÑA	3:07.86	M 50	2025-12-21	ROSARIO DUEÑAS	0
		100L: 1:32.87							

55+

1	1143605	FERNANDEZ MARTINEZ ALBERTO	1971	ESCUALOS	3:00.92	M 50	2025-12-21	ROSARIO DUEÑAS	13
		100L: 1:26.37							
2	1239550	NUÑEZ SEOANE JUAN	1971	SALESTRA	3:03.98	M 50	2025-12-21	ROSARIO DUEÑAS	10
		100L: 1:27.43							
3	1180234	SANCHEZ SECO MANUEL	1968	ESCUALOS	3:05.48	M 50	2025-12-21	ROSARIO DUEÑAS	8
		100L: 1:28.61							
4	1193949	LAMELO OTERO RAMON JESUS	1968	CIDSANTI	3:13.23	M 50	2025-12-21	ROSARIO DUEÑAS	7
		100L: 1:33.68							
5	1274570	CEDRON VILAR RAUL	1969	MULLEREF	3:32.09	M 25	2025-12-20	J. GÓMEZ NOYA	6
		50L: 47.38 100L: 1:40.29 150L: 2:35.96							
6	1145039	FERREIRO SANCHEZ LUIS	1970	POURENSE	4:00.45	M 50	2025-12-21	ROSARIO DUEÑAS	5
		100L: 1:54.90							

60+

1	1105220	GARCIA RIÑON JAIME	1964	NCORUÑA	2:27.47	M 25	2025-12-20	J. GÓMEZ NOYA	13
		50L: 34.66 100L: 1:10.90 150L: 1:48.08							
2	1085112	RIVAS FEAL ANTONIO	1966	SCASINO	2:30.27	M 25	2025-12-20	J. GÓMEZ NOYA	10
		50L: 34.92 100L: 1:12.82 150L: 1:51.95							
3	1076250	BETHENCOURT IGLESIAS SERGIO	1963	CIDSANTI	3:00.29	M 50	2025-12-21	ROSARIO DUEÑAS	8
		100L: 1:28.44							
4	1290118	PEREZ PAREDES MARCOS	1966	RCNVIGO	3:02.18	M 25	2025-12-21	AS POZAS	7
		50L: 38.27 100L: 1:23.91 150L: 2:12.71							
5	1078802	CEGARRA GARCIA EUGENIO	1964	RSDH	3:07.81	M 25	2025-12-20	J. GÓMEZ NOYA	6
		50L: 40.36 100L: 1:28.05 150L: 2:17.79							
6	1144940	HERNANZ MORAL FAUSTO	1962	RBAIXAS	3:07.88	M 25	2025-12-21	AS POZAS	5

		50L: 43.92	100L: 1:32.00	150L: 2:20.71						
7	1199641	COUCEIRO SANCHEZ GONZALO	1966	SCASINO	3:10.30	M 25	2025-12-20	J. GÓMEZ NOYA	4	
		50L: 42.95	100L: 1:31.34	150L: 2:22.13						
8	1053394	SANJORGE PEDREIRA CARMELO	1962	ARTEIXO	3:11.33	M 25	2025-12-20	J. GÓMEZ NOYA	3	
		50L: 44.73	100L: 1:33.02	150L: 2:23.08						
9	1143536	BLANCO PEREZ ANGEL	1964	POURENSE	3:18.54	M 50	2025-12-21	ROSARIO DUEÑAS	2	
		100L: 1:36.02								
10	1040281	MARTINEZ BERJANO JOSE MANUEL	1963	MOLEMOS	3:27.40	M 50	2025-12-21	ROSARIO DUEÑAS	1	
		100L: 1:36.96								
11	1076514	LAGO REY JOSE MANUEL	1963	IHAVEADR	5:17.97	M 25	2025-12-21	AS POZAS	0	
		50L: 1:09.25	100L: 2:30.93	150L: 3:56.09						
65+										
1	1170858	CODESIDO LOPEZ JOSE	1959	CIDSANTI	2:47.62	M 50	2025-12-21	ROSARIO DUEÑAS	13	
		100L: 1:21.67								
70+										
1	1076165	GARCIA COLOMO MANUEL RAMON	1954	POURENSE	3:01.64	M 50	2025-12-21	ROSARIO DUEÑAS	13	
		100L: 1:30.73								
2	1075177	LOPEZ VIDAL ANTONIO	1952	GALAICO	4:16.65	M 25	2025-12-21	AS POZAS	10	
		50L: 58.19	100L: 2:03.49	150L: 3:11.37						
75+										
1	1076488	MONROY FERNANDEZ MANUEL	1950	PONTEARE	3:42.52	M 25	2025-12-21	AS POZAS	13	
		50L: 51.27	100L: 1:48.06	150L: 2:46.04						

2. 200 m Libre Feminino

20+

1	1086366	ESTEVEZ CRESPO ALDARA	2004	POURENSE	2:28.47	M 50	2025-12-21	ROSARIO DUEÑAS	13
		100L: 1:11.51							
2	1077375	LOPEZ ALVAREZ ARSU	2002	RCNVIGO	2:40.69	M 25	2025-12-21	AS POZAS	10
		50L: 35.17 100L: 1:14.64 150L: 1:57.66							
3	1108843	ESTEVEZ BASTERO ANA	2005	RBAIXAS	2:42.86	M 25	2025-12-21	AS POZAS	8
		50L: 37.67 100L: 1:19.53 150L: 2:01.21							
4	1194207	VALIÑO FERRAZ TATYANA	2003	PONTEARE	2:50.63	M 25	2025-12-21	AS POZAS	7
		50L: 38.99 100L: 1:22.64 150L: 2:07.76							
5	1199453	FILGUEIRAS OLMO HELENA	2004	PORTMIÑA	2:53.69	M 50	2025-12-21	ROSARIO DUEÑAS	6
		100L: 1:24.23							
6	1289860	LORENZO PEREZ AROA	2002	POURENSE	4:08.58	M 50	2025-12-21	ROSARIO DUEÑAS	5
		100L: 2:01.30							

25+

1	1144257	FERNANDEZ GONZALEZ ELENA	2001	HERCULES	2:40.63	M 25	2025-12-20	J. GÓMEZ NOYA	13
		50L: 35.63 100L: 1:15.23 150L: 1:57.45							
2	1145079	RIVADULLA MALLO MARIA IRENE	1998	SALESTRA	2:46.34	M 50	2025-12-21	ROSARIO DUEÑAS	10
		100L: 1:20.76							
3	1041231	RODRIGUEZ PEREZ LORENA	2001	PONTEARE	2:49.56	M 25	2025-12-21	AS POZAS	8
		50L: 38.11 100L: 1:19.84 150L: 2:03.96							
4	1115644	FERNANDEZ JUAN MARIA	1998	CIDSANTI	3:06.72	M 50	2025-12-21	ROSARIO DUEÑAS	7
		100L: 1:35.13							
5	1038466	RODRIGUEZ PAZ LUCIA	2000	PONTEARE	3:07.61	M 25	2025-12-21	AS POZAS	6
		50L: 40.96 100L: 1:27.71 150L: 2:17.75							
6	1037158	RAÑALES GRAÑA NAILA	2001	NFERROL	3:17.55	M 25	2025-12-20	J. GÓMEZ NOYA	5
		50L: 36.70 100L: 1:22.82 150L: 2:17.70							
7	1266329	PRADO POSADA SOFIA	1997	PONTEARE	3:32.29	M 25	2025-12-21	AS POZAS	4
		50L: 47.37 100L: 1:39.37 150L: 2:35.53							
8	1222772	RODRIGUEZ-TOUBES FORRYAN IRENE	1999	PONTEARE	4:24.04	M 25	2025-12-21	AS POZAS	0
		50L: 55.21 100L: 2:00.98 150L: 3:12.91							

30+

1	1076407	SILVEIRA LOUREIRO MARIA	1995	MOS	2:51.99	M 25	2025-12-21	AS POZAS	13
		50L: 36.16 100L: 1:19.08 150L: 2:05.41							
2	1247615	ALONSO PEREIRA FATIMA	1993	RBAIXAS	3:00.87	M 25	2025-12-21	AS POZAS	10
		50L: 41.84 100L: 1:28.01 150L: 2:15.23							
3	1236745	RODRIGUEZ GONZALEZ RAQUEL	1993	MOLEMOS	3:01.67	M 50	2025-12-21	ROSARIO DUEÑAS	8
		100L: 1:25.63							
4	1078925	SALGADO CASTELO MARTA	1994	MULLEREF	3:03.36	M 25	2025-12-20	J. GÓMEZ NOYA	7

50L: 41.62 100L: 1:28.98 150L: 2:16.85

5 1287813 GONZALEZ COVELO SANDRA 1993 RBAIXAS 3:24.71 M 25 2025-12-21 AS POZAS 6
50L: 50.31 100L: 1:43.48 150L: 2:37.06

6 1250483 RODRIGUEZ RODRIGUEZ EVA 1993 VALDEORR 3:44.68 M 50 2025-12-21 ROSARIO DUEÑAS 5
100L: 1:40.98

35+

1 1144948 GONZALEZ PEREZ JESSICA 1987 RBAIXAS 2:52.70 M 25 2025-12-21 AS POZAS 13
50L: 38.96 100L: 1:22.51 150L: 2:07.68

2 1036315 LOPEZ CORTABITARTE BELEN 1987 SCASINO 3:02.70 M 25 2025-12-20 J. GÓMEZ NOYA 10
50L: 44.17 100L: 1:29.84 150L: 2:16.24

3 1284727 GONZALEZ NUNEZ CRISTINA 1987 RCNVIGO 3:22.24 M 25 2025-12-21 AS POZAS 8
50L: 46.83 100L: 1:39.07 150L: 2:32.45

4 1129917 MURAS MORA ANDREA 1989 CIDSANTI 3:28.65 M 50 2025-12-21 ROSARIO DUEÑAS 7
100L: 1:33.91

5 1202705 MARTINEZ BARCIELA MARIA OLGA 1990 RBAIXAS 3:37.59 M 25 2025-12-21 AS POZAS 6
50L: 50.43 100L: 1:46.42 150L: 2:43.02

6 1274005 TORRENT I LLAMAS ARES 1990 ASMEIGAS 3:42.50 M 50 2025-12-21 ROSARIO DUEÑAS 5
100L: 1:43.87

7 1260385 CASTRO MAYO JOANA 1990 ASMEIGAS 4:23.53 M 50 2025-12-21 ROSARIO DUEÑAS 4
100L: 2:01.47

40+

1 1075496 BARBEITO DOMINGUEZ MARTA 1984 SCASINO 2:29.38 M 25 2025-12-20 J. GÓMEZ NOYA 13
50L: 34.04 100L: 1:10.87 150L: 1:49.95

2 1203741 QUEREDA RODRIGUEZ ALMUDENA 1985 LICEO 2:40.27 M 25 2025-12-20 J. GÓMEZ NOYA 10
50L: 38.06 100L: 1:18.76 150L: 1:59.82

3 1273995 RAMOS GONZALEZ NOA 1985 IHAVEADR 2:48.47 M 25 2025-12-21 AS POZAS 8
50L: 38.43 100L: 1:19.89 150L: 2:03.89

4 1267367 VYNOHRADOVA KATERYNA 1986 GALAICO 2:55.98 M 25 2025-12-21 AS POZAS 7
50L: 41.14 100L: 1:25.70 150L: 2:11.19

5 1180232 FKEOUI OMARI SALMA 1982 CIDSANTI 2:56.54 M 50 2025-12-21 ROSARIO DUEÑAS 6
100L: 1:27.83

6 1251885 SUAREZ BUJAN REBECA 1983 CIDSANTI 3:03.17 M 50 2025-12-21 ROSARIO DUEÑAS 5
100L: 1:29.13

7 1141313 MIRA VAZQUEZ PAULA 1986 ESCUALOS 3:18.65 M 50 2025-12-21 ROSARIO DUEÑAS 4
100L: 1:36.79

8 1290448 VILAS ROMAN MARIA 1984 PONTEARE 3:56.29 M 25 2025-12-21 AS POZAS 3
50L: 55.45 100L: 1:53.36 150L: 2:55.93

9 1250481 MENDEZ ABELAIRA JESSICA 1982 VALDEORR 4:37.08 M 50 2025-12-21 ROSARIO DUEÑAS 2
100L: 2:14.72

45+

1 1075221 HERMIDA RODRIGUEZ BLANCA 1981 NFERROL 2:24.88 M 25 2025-12-20 J. GÓMEZ NOYA 13

		50L: 33.59	100L: 1:09.88	150L: 1:47.23						
2	1290288	RODRIGUEZ OLIVEIRA MANUELA	1977	VALDEORR	2:53.57	M 50	2025-12-21	ROSARIO DUEÑAS	10	
		100L: 1:18.68								
3	1143598	MIRA VAZQUEZ MARTA	1981	ESCUALOS	2:57.79	M 50	2025-12-21	ROSARIO DUEÑAS	8	
		100L: 1:25.28								
4	1146893	PRADO FRANCO MARTHA-ELIZABETH	1979	RBAIXAS	2:58.75	M 25	2025-12-21	AS POZAS	7	
		50L: 42.81	100L: 1:27.65	150L: 2:12.58						
5	1144598	OLMO VAQUEIRO LETICIA	1981	PONTEARE	3:07.90	M 25	2025-12-21	AS POZAS	6	
		50L: 43.38	100L: 1:30.59	150L: 2:19.38						
6	1143894	DE LORENZO FERNANDEZ MARIA	1978	ESCUALOS	3:15.08	M 50	2025-12-21	ROSARIO DUEÑAS	5	
		100L: 1:34.16								
7	1273323	LOPEZ BARREIRO CRISTINA	1979	MULLEREF	3:25.67	M 25	2025-12-20	J. GÓMEZ NOYA	4	
		50L: 48.85	100L: 1:40.79	150L: 2:33.73						
8	1178771	BESADA FERNANDEZ ANA M.	1978	PONTEARE	3:55.53	M 25	2025-12-21	AS POZAS	3	
		50L: 49.16	100L: 1:47.64	150L: 2:52.79						
9	1253184	ABELLEIRA CORRAL GEMA	1980	MULLEREF	3:56.23	M 25	2025-12-20	J. GÓMEZ NOYA	2	
		50L: 50.48	100L: 1:48.91	150L: 2:52.19						
10	1240321	FILGUEIRA FRANCO LAURA	1978	PONSVETU	4:08.07	M 25	2025-12-21	AS POZAS	1	
		50L: 53.31	100L: 1:56.44	150L: 3:02.23						
50+										
1	1040944	VARELA REDONDO VERONICA	1975	PONTEARE	3:01.56	M 25	2025-12-21	AS POZAS	13	
		50L: 40.23	100L: 1:24.99	150L: 2:11.95						
2	1180238	GARCIA SEOANE CRISTINA MARIA	1975	LICEO	3:08.87	M 25	2025-12-20	J. GÓMEZ NOYA	10	
		50L: 42.13	100L: 1:29.38	150L: 2:19.44						
3	1264733	GOMEZ PAREDES MARIA	1976	FLUVLUGO	3:12.11	M 25	2025-12-20	J. GÓMEZ NOYA	8	
		50L: 42.92	100L: 1:30.36	150L: 2:20.11						
4	1288431	SACRISTAN GARCIA MARIA	1974	RCNVIGO	3:32.96	M 25	2025-12-21	AS POZAS	7	
		50L: 44.49	100L: 1:43.90	150L: 2:39.68						
5	1287817	ZAVTUR GAVRILOV GALA	1976	LICEO	3:50.46	M 25	2025-12-20	J. GÓMEZ NOYA	6	
		50L: 55.54	100L: 1:54.11	150L: 2:52.49						
6	1287818	GARCIA ALONSO PAULA	1974	LICEO	4:11.17	M 25	2025-12-20	J. GÓMEZ NOYA	5	
		50L: 54.46	100L: 2:01.54	150L: 3:06.18						
7	1244370	GONZALEZ HERMO MARIA CARMEN	1976	RIVEIRA	4:11.92	M 25	2025-12-21	AS POZAS	4	
		50L: 55.75	100L: 2:02.69	150L: 3:09.02						
55+										
1	1037939	CASTRO MAESTRE ISAURA	1969	FLUVLUGO	3:09.13	M 25	2025-12-20	J. GÓMEZ NOYA	13	
		50L: 43.68	100L: 1:31.89	150L: 2:21.54						
2	1037970	CALVIÑO CANCELA MARIA CRISTINA	1968	PONTEARE	3:23.28	M 25	2025-12-21	AS POZAS	10	
		50L: 45.74	100L: 1:37.68	150L: 2:31.21						
3	1141127	PAREDES RIOS ROSA MARIA	1968	PONSVETU	3:34.85	M 25	2025-12-21	AS POZAS	8	
		50L: 45.54	100L: 1:38.60	150L: 2:36.51						
4	1199642	GARNACHO GAYARRE NURIA	1969	SCASINO	3:54.19	M 25	2025-12-20	J. GÓMEZ NOYA	7	

50L: 52.30 100L: 1:51.44 150L: 2:53.87

5 1288425 MARIN CASTRO MONTSEERAT 1971 MULLEREF 4:11.70 M 25 2025-12-20 J. GÓMEZ NOYA 6

50L: 55.92 100L: 1:59.54 150L: 3:04.86

6 1286086 GAMALLO ROSA 1967 POURENSE 4:15.75 M 50 2025-12-21 ROSARIO DUEÑAS 5

100L: 2:05.00

60+

1 1076172 GARCIA COLOMO MARIA CRISTINA 1962 POURENSE 2:55.30 M 50 2025-12-21 ROSARIO DUEÑAS 13

100L: 1:23.43

2 1143893 REBORED A MORILLO SUSANA 1962 ESCUALOS 4:08.26 M 50 2025-12-21 ROSARIO DUEÑAS 10

100L: 1:58.54

3 1260384 CAL FERNANDEZ MONICA CATALINA 1964 ASMEIGAS 4:16.75 M 50 2025-12-21 ROSARIO DUEÑAS 8

100L: 2:04.27

4 1144697 ACEVEDO REGO ERMITAS 1966 POURENSE 4:21.75 M 50 2025-12-21 ROSARIO DUEÑAS 7

100L: 2:09.10

5 1076174 LOPEZ BLANCO LAURA 1962 PORTMIÑA 4:31.45 M 50 2025-12-21 ROSARIO DUEÑAS 6

100L: 2:08.28

6 1197564 SANCHEZ VAZQUEZ MARIA LUISA 1965 PONSVETU 4:42.93 M 25 2025-12-21 AS POZAS 5

50L: 1:03.97 100L: 2:17.12 150L: 3:31.31

7 1144231 PEREZ GALLARDO TERESA 1964 POURENSE 4:58.79 M 50 2025-12-21 ROSARIO DUEÑAS 4

100L: 2:33.34

65+

1 1170586 OREIRO PAZOS M. GLORIA 1960 ARTEIXO 3:46.16 M 25 2025-12-20 J. GÓMEZ NOYA 13

50L: 51.39 100L: 1:49.33 150L: 2:48.58

2 1143622 OTERO LOPEZ MARIA ELISA 1960 POURENSE 3:51.27 M 50 2025-12-21 ROSARIO DUEÑAS 10

100L: 1:52.41

3 1217937 RODRIGUEZ TRONCOSO MARINA 1959 PONTEARE 4:54.81 M 25 2025-12-21 AS POZAS 8

50L: 1:04.02 100L: 2:17.23 150L: 3:35.43

70+

1 1076490 GONZALEZ-ALEGRE BURGUEÑO ANA MARIA 1952 PONTEARE 3:43.28 M 25 2025-12-21 AS POZAS 13

50L: 52.08 100L: 1:47.15 150L: 2:44.84

3. 50 m Braza Feminino

20+										
1	1194207	VALIÑO FERRAZ TATYANA	2003	PONTEARE	44.78	M 25	2025-12-21	AS POZAS		13
25+										
1	1107420	DAVILA SILVA ALICIA	1998	MOS	37.14	M 25	2025-12-21	AS POZAS		13
2	1101513	POLO GIL PAULA	1997	ASMEIGAS	40.33	M 50	2025-12-21	ROSARIO DUEÑAS		10
3	1228048	ALVAREZ SOUTO CLAUDIA	2001	PONTEARE	42.51	M 25	2025-12-21	AS POZAS		8
4	1037987	MENDEZ SEIJO NEREA	1999	RBAIXAS	43.38	M 25	2025-12-21	AS POZAS		7
5	1040620	RODRIGUEZ CERVINO ANA	2000	RBAIXAS	43.48	M 25	2025-12-21	AS POZAS		6
6	1038179	IBAÑEZ CARRERA SARA	2001	PONTEARE	48.13	M 25	2025-12-21	AS POZAS		5
7	1259711	FERNANDEZ ESCURIS IRIA	1997	RIVEIRA	48.42	M 25	2025-12-21	AS POZAS		4
8	1078736	LOPEZ LOSADA SARA	2001	NTNARON	49.13	M 25	2025-12-20	J. GÓMEZ NOYA		3
9	1212510	NOVOA VAZQUEZ EVA	2000	MARINAFE	1:01.98	M 25	2025-12-20	J. GÓMEZ NOYA		2
10	1212511	NOVOA VAZQUEZ LAURA	2000	MARINAFE	1:02.67	M 25	2025-12-20	J. GÓMEZ NOYA		1
30+										
1	1041452	BEN CILLERO SABELA	1992	ASMEIGAS	40.33	M 50	2025-12-21	ROSARIO DUEÑAS		13
2	1284670	BATISTA CORTES LAURA	1996	ASMEIGAS	47.87	M 50	2025-12-21	ROSARIO DUEÑAS		10
3	1191499	GONZALEZ MACIA ALBA	1994	MOLEMOS	47.90	M 50	2025-12-21	ROSARIO DUEÑAS		8
4	1221892	OTERO FERNANDEZ MARIA LUISA	1993	SALESTRA	47.99	M 50	2025-12-21	ROSARIO DUEÑAS		7
5	1287813	GONZALEZ COVELO SANDRA	1993	RBAIXAS	52.16	M 25	2025-12-21	AS POZAS		6
6	1240953	SIMOIS MORAIS YOLANDA	1994	SALESTRA	56.28	M 50	2025-12-21	ROSARIO DUEÑAS		5

35+

1	1144155	ALVAREZ COSTAS MARIA PAZ	1988	PONTEARE	43.41	M 25	2025-12-21	AS POZAS	13
2	1141212	RIVAS TENREIRO ARANTZA	1989	NTNARON	43.72	M 25	2025-12-20	J. GÓMEZ NOYA	10
3	1142917	LOPEZ SANMARTIN TANIA	1991	NFERROL	44.20	M 25	2025-12-20	J. GÓMEZ NOYA	8
4	1274005	TORRENT I LLAMAS ARES	1990	ASMEIGAS	50.93	M 50	2025-12-21	ROSARIO DUEÑAS	7
5	1204918	MARTINEZ GARCIA SUSANA	1991	MOLEMOS	51.61	M 50	2025-12-21	ROSARIO DUEÑAS	6
6	1040731	GESTO ALONSO CLARISA	1989	PONTEARE	52.42	M 25	2025-12-21	AS POZAS	5
7	1256963	ARIAS CHAO SARA	1991	SCASINO	54.52	M 25	2025-12-20	J. GÓMEZ NOYA	4
8	1202705	MARTINEZ BARCIELA MARIA OLGA	1990	RBAIXAS	57.53	M 25	2025-12-21	AS POZAS	3
9	1129954	GONZALEZ GARCIA COVADONGA	1989	GALAICO	1:00.48	M 25	2025-12-21	AS POZAS	2
10	1260385	CASTRO MAYO JOANA	1990	ASMEIGAS	1:06.76	M 50	2025-12-21	ROSARIO DUEÑAS	1

40+

1	1013486	GONZALEZ RODRIGUEZ MARIA	1982	CIDSANTI	40.64	M 50	2025-12-21	ROSARIO DUEÑAS	13
2	1146780	DURAN VEIRAS RAQUEL	1984	ARTEIXO	42.67	M 25	2025-12-20	J. GÓMEZ NOYA	10
3	1243130	TORRE GONZALEZ ELISA	1985	RBAIXAS	43.06	M 25	2025-12-21	AS POZAS	8
4	1267367	VYNOHRADOVA KATERYNA	1986	GALAICO	45.97	M 25	2025-12-21	AS POZAS	7
5	1251885	SUAREZ BUJAN REBECA	1983	CIDSANTI	46.82	M 50	2025-12-21	ROSARIO DUEÑAS	6
6	1075225	SOUTO DERUNGS CRISTINA	1985	NFERROL	49.30	M 25	2025-12-20	J. GÓMEZ NOYA	5
7	1287809	CRUZ ANEIROS ANA MARIA	1983	NFERROL	51.98	M 25	2025-12-20	J. GÓMEZ NOYA	4
8	1290448	VILAS ROMAN MARIA	1984	PONTEARE	55.87	M 25	2025-12-21	AS POZAS	3
9	1287810	NOVO MARTINEZ ROCIO	1984	NFERROL	1:02.30	M 25	2025-12-20	J. GÓMEZ NOYA	2

45+

1	1224731	RIVEIRA CAAMAÑO REBECA	1977	ORDES	55.17	M 50	2025-12-21	ROSARIO DUEÑAS	13
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2	1107383	CAMINO GONZALEZ CATUXA	1977	PONSVETU	56.04	M 25	2025-12-21	AS POZAS	10
3	1253190	GARCIA NAVAS CAROLINA	1979	MULLEREF	56.67	M 25	2025-12-20	J. GÓMEZ NOYA	8
4	1036387	VAZQUEZ PARCERO MARTA	1980	CULLERED	1:13.63	M 25	2025-12-20	J. GÓMEZ NOYA	7
5	1275673	VARELA COSTA PAULA MARIA	1978	MOS	1:28.98	M 25	2025-12-21	AS POZAS	6

50+

1	1284736	BARCALA PEREZ MARIA ROSA	1976	VALDEORR	51.15	M 50	2025-12-21	ROSARIO DUEÑAS	13
2	1039438	RODRIGUEZ REY MARIA JOSE	1973	ADFOGAR	53.99	M 25	2025-12-20	J. GÓMEZ NOYA	10
3	1288431	SACRISTAN GARCIA MARIA	1974	RCNVIGO	54.69	M 25	2025-12-21	AS POZAS	8
4	1246140	MARIÑO PAZ EVA MARIA	1974	PONSVETU	57.19	M 25	2025-12-21	AS POZAS	7
5	1127346	SOBRINO EIRIZ MARIA DEL VALLE	1972	PONTEARE	57.43	M 25	2025-12-21	AS POZAS	6
6	1244370	GONZALEZ HERMO MARIA CARMEN	1976	RIVEIRA	1:01.86	M 25	2025-12-21	AS POZAS	5
7	1273331	PEREZ CASTRO MARIA RUTH	1975	MULLEREF	1:03.47	M 25	2025-12-20	J. GÓMEZ NOYA	4
8	1287797	SALGADO IGLESIAS MARIA ANGELES	1972	MULLEREF	1:04.61	M 25	2025-12-20	J. GÓMEZ NOYA	3
9	1246142	GONZALEZ PIMENTEL SALETA	1972	PONSVETU	1:08.72	M 25	2025-12-21	AS POZAS	2
10	1246135	MILLAN MIRANDA MARIA ELISA	1972	RIVEIRA	1:10.34	M 25	2025-12-21	AS POZAS	1

55+

1	1197600	SANDERSON KEOUGH HELEN JANE	1970	CULLERED	45.35	M 25	2025-12-20	J. GÓMEZ NOYA	13
2	1037939	CASTRO MAESTRE ISAURA	1969	FLUVLUGO	49.61	M 25	2025-12-20	J. GÓMEZ NOYA	10
3	1075200	JIMENEZ PEREZ VICTORIA	1969	NFERROL	51.39	M 25	2025-12-20	J. GÓMEZ NOYA	8
4	1141128	LLEVOT SANCHEZ ANA ISABEL	1970	PONSVETU	52.67	M 25	2025-12-21	AS POZAS	7
5	1286087	VILELA PASCUAL MARIA LUISA	1971	POURENSE	1:01.85	M 50	2025-12-21	ROSARIO DUEÑAS	6
6	1258401	CALVIÑO VAZQUEZ MARIA CORAL	1968	POURENSE	1:02.14	M 50	2025-12-21	ROSARIO DUEÑAS	5

7	1288425	MARIN CASTRO MONTSERRAT	1971	MULLEREF	1:16.05	M 25	2025-12-20	J. GÓMEZ NOYA	4
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60+

1	1145099	LOPEZ MAHIA PURIFICACION	1963	HERCULES	56.57	M 25	2025-12-20	J. GÓMEZ NOYA	13
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2	1197564	SANCHEZ VAZQUEZ MARIA LUISA	1965	PONSVETU	1:09.09	M 25	2025-12-21	AS POZAS	10
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70+

1	1076490	GONZALEZ-ALEGRE BURGUEÑO ANA MARIA	1952	PONTEARE	1:04.06	M 25	2025-12-21	AS POZAS	13
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2	1036752	BAGLIETTO MILLAN MARIA DOLORES	1952	PONSVETU	1:08.36	M 25	2025-12-21	AS POZAS	10
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3	1037151	GOMEZ DOVAL MARIA ANGELA	1956	FLUVLUGO	1:09.37	M 25	2025-12-20	J. GÓMEZ NOYA	8
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4. 50 m Braza Masculino

20+										
1	1107916	FERNANDEZ DEL VALLE IVAN	2005	POURENSE	32.45	M 50	2025-12-21	ROSARIO DUEÑAS	13	
2	1068314	MARTINEZ MARTINEZ MARCOS	2003	PONTEARE	34.39	M 25	2025-12-21	AS POZAS	10	
3	1144995	RIAL SIEIRA LEO	2006	RIVEIRA	35.44	M 25	2025-12-21	AS POZAS	8	
4	1287139	FERNANDEZ HERNADEZ HUGO	2006	PONSVETU	41.78	M 25	2025-12-21	AS POZAS	7	
5	1284677	GONZALEZ LOVELLE ALEJANDRO	2005	ASMEIGAS	46.11	M 50	2025-12-21	ROSARIO DUEÑAS	6	
25+										
1	1087104	GONZALEZ GARCIA DAVID	2000	POURENSE	30.25	M 50	2025-12-21	ROSARIO DUEÑAS	13	
2	1038800	ALONSO RODRIGUEZ JAVIER	2001	PONTEARE	34.16	M 25	2025-12-21	AS POZAS	10	
30+										
1	1037284	SABUZ FORNEIRO MARTIN	1994	POURENSE	31.27	M 50	2025-12-21	ROSARIO DUEÑAS	13	
2	1078641	GRACIA CARBAJO MIGUEL	1994	NTNARON	32.76	M 25	2025-12-20	J. GÓMEZ NOYA	10	
3	1040779	QUINTAS MOSQUERA MANUEL	1996	CIDSANTI	33.48	M 50	2025-12-21	ROSARIO DUEÑAS	8	
4	1216460	FRANCISCO MACIAS SIMON	1996	POURENSE	40.21	M 50	2025-12-21	ROSARIO DUEÑAS	7	
5	1038178	IBAÑEZ CARRERA MANUEL GABRIEL	1996	PONTEARE	42.91	M 25	2025-12-21	AS POZAS	6	
35+										
1	1136629	FIGUEIRA DOMINGUEZ JAVIER GUZMAN	1988	RBAIXAS	36.44	M 25	2025-12-21	AS POZAS	13	
2	1143890	FORTES NOVOA MARTIÑO	1988	ESCUALOS	36.58	M 50	2025-12-21	ROSARIO DUEÑAS	10	
3	1185622	DIAZ RODRIGUEZ ANDRES	1989	NTNARON	36.77	M 25	2025-12-20	J. GÓMEZ NOYA	8	
4	1273713	MORQUILLAS RIOBO BRAIS	1987	MOS	40.15	M 25	2025-12-21	AS POZAS	7	

40+

1	1267364	PINTO RAMNARINE ROHAN IAN	1986	RCNVIGO	30.40	M 25	2025-12-21	AS POZAS	13
2	1143515	BLANCO PEREZ JESUS	1986	NTNARON	34.16	M 25	2025-12-20	J. GÓMEZ NOYA	10
3	1218108	IGLESIAS LAPIDO MIGUEL	1985	FLUVLUGO	36.43	M 25	2025-12-20	J. GÓMEZ NOYA	8
4	1041444	FERNANDEZ VARELA PABLO J.	1984	ADFOGAR	37.53	M 25	2025-12-20	J. GÓMEZ NOYA	7
5	1257944	PEREZ GONZALEZ IVAN	1982	MOLEMOS	39.89	M 50	2025-12-21	ROSARIO DUEÑAS	6
6	1036745	BARCIA SIXTO FRANCISCO JOSE	1985	NTNARON	40.49	M 25	2025-12-20	J. GÓMEZ NOYA	5
7	1076282	CARRERA COSTAS ANDRES	1982	PONTEARE	43.36	M 25	2025-12-21	AS POZAS	4
8	1144946	RODRIGUEZ GARCIA JOSE BERNARDO	1983	RBAIXAS	44.09	M 25	2025-12-21	AS POZAS	3
9	1076542	GONZALEZ CONDE RODRIGO	1982	PONTEARE	45.03	M 25	2025-12-21	AS POZAS	2
10	1284808	LONGA IGLESIAS PABLO	1985	RBAIXAS	46.34	M 25	2025-12-21	AS POZAS	1
11	1107557	MELLA BARBEITO JAVIER	1983	ARTEIXO	57.05	M 25	2025-12-20	J. GÓMEZ NOYA	0

45+

1	1143601	NOGUEIRA-PINTO CRESPO HUGO	1978	POURENSE	35.12	M 50	2025-12-21	ROSARIO DUEÑAS	13
2	1075217	ESPINOSA MIRA JORGE	1978	VALDEORR	40.10	M 50	2025-12-21	ROSARIO DUEÑAS	10
3	1143895	PADIN CHARLIN JOAQUIN	1980	ESCUALOS	40.73	M 50	2025-12-21	ROSARIO DUEÑAS	8
4	1238677	MARIÑO GONZALEZ RAMON	1980	POURENSE	42.23	M 50	2025-12-21	ROSARIO DUEÑAS	7
5	1143662	BALSA MOSQUERA PABLO	1978	NTNARON	44.94	M 25	2025-12-20	J. GÓMEZ NOYA	6
6	1282609	ABALO IBARLUCEA PABLO	1979	RCNVIGO	48.21	M 25	2025-12-21	AS POZAS	5
7	1288430	MIGUEZ CRESPO AVELINO	1977	RCNVIGO	48.40	M 25	2025-12-21	AS POZAS	4
8	1274004	SANMARTIN GONZALEZ VICTORIANO	1977	IHAVEADR	53.51	M 25	2025-12-21	AS POZAS	3
9	1284807	VAZQUEZ ARGONES JOSE CARLOS	1978	REDONDEL	1:03.91	M 25	2025-12-21	AS POZAS	2

50+

1	1076544	GARABATOS RODRIGUEZ SANTIAGO	1974	MOS	32.53	M 25	2025-12-21	AS POZAS	13
2	1197597	HERNAEZ OUBIÑA DAVID	1973	CULLERED	36.84	M 25	2025-12-20	J. GÓMEZ NOYA	9.0
3	1141329	ANDRES IGLESIAS JOSE CARLOS	1976	RCNVIGO	36.84	M 25	2025-12-21	AS POZAS	9.0
4	1251854	CARBALLO CABEZAS ENRIQUE	1976	POURENSE	36.87	M 50	2025-12-21	ROSARIO DUEÑAS	7
5	1231581	RODRIGUEZ SALGADO MANUEL	1975	CIDSANTI	37.86	M 50	2025-12-21	ROSARIO DUEÑAS	6
6	1243174	SONEIRA REBOREDO OSCAR	1975	CIDSANTI	38.21	M 50	2025-12-21	ROSARIO DUEÑAS	5
7	1201621	ALONSO ORTIZ MARIANO	1976	FLUVLUGO	39.35	M 25	2025-12-20	J. GÓMEZ NOYA	4
8	1141303	ESTEVEZ SANTOS MARCOS	1974	POURENSE	39.40	M 50	2025-12-21	ROSARIO DUEÑAS	3
9	1144117	PREGO MARTINEZ BENJAMIN	1973	PONTEARE	42.77	M 25	2025-12-21	AS POZAS	2
10	1224729	FERNADEZ BARREIROS CLAUDIO	1975	ORDES	42.89	M 50	2025-12-21	ROSARIO DUEÑAS	1
11	1274000	FREIRE PIÑEIRO JOSE MANUEL	1974	IHAVEADR	1:03.18	M 25	2025-12-21	AS POZAS	0

55+

1	1051938	SOTO HECTOR OSCAR	1970	RBAIXAS	36.76	M 25	2025-12-21	AS POZAS	13
2	1143661	TOURIÑO GONZALEZ VICTOR M.	1968	LICEO	37.77	M 25	2025-12-20	J. GÓMEZ NOYA	10
3	1178895	CRESPO PEREZ ALBARINO	1970	ESCUALOS	41.16	M 50	2025-12-21	ROSARIO DUEÑAS	8
4	1141504	BOUSO FUENTECILLA FERNANDO	1971	ESCUALOS	41.37	M 50	2025-12-21	ROSARIO DUEÑAS	7
5	1141356	GENDE DIAZ JUAN F.	1970	ADFOGAR	44.45	M 25	2025-12-20	J. GÓMEZ NOYA	6
6	1203919	CRESPO PIÑEIRO NATALIO	1969	RBAIXAS	47.27	M 25	2025-12-21	AS POZAS	5
7	1144698	CADAVID NUÑEZ JOSE	1970	POURENSE	48.28	M 50	2025-12-21	ROSARIO DUEÑAS	4
8	1261336	NOVO FERNANDEZ ALFREDO	1970	RBAIXAS	49.30	M 25	2025-12-21	AS POZAS	3
9	1228047	PEREZ GARCIA MANUEL	1967	CULLERED	53.68	M 25	2025-12-20	J. GÓMEZ NOYA	2
10	1208795	LORENZO GONZALEZ-VISO CARLOS	1971	POURENSE	54.57	M 50	2025-12-21	ROSARIO DUEÑAS	1

11	1261402	FERNANDEZ RODRIGUEZ MIGUEL ANGEL	1969	VALDEORR	54.60	M 50	2025-12-21	ROSARIO DUEÑAS	0
12	1195569	PEREZ LEIVA MANUEL	1968	RBAIXAS	54.98	M 25	2025-12-21	AS POZAS	0
13	1290116	SAL MARTINEZ JORGE	1967	POURENSE	58.33	M 50	2025-12-21	ROSARIO DUEÑAS	0
14	1106828	TRILLO CARLIN JOSE FDO.	1968	ADFOGAR	1:00.46	M 25	2025-12-20	J. GÓMEZ NOYA	0
65+									
1	1048207	ROS ROSILLO ALEJANDRO	1958	RBAIXAS	41.41	M 25	2025-12-21	AS POZAS	13
2	1222391	AREA PEREIRA JOSE MANUEL	1957	GALAICO	1:09.42	M 25	2025-12-21	AS POZAS	10
70+									
1	1240096	IVANCHENKO YURII	1953	POURENSE	50.22	M 50	2025-12-21	ROSARIO DUEÑAS	13
75+									
1	1076488	MONROY FERNANDEZ MANUEL	1950	PONTEARE	59.74	M 25	2025-12-21	AS POZAS	13
85+									
1	1143430	ARAUJO DOMINGUEZ FRANCISCO	1940	PONTEARE	1:23.69	M 25	2025-12-21	AS POZAS	13

5. 100 m Bolboreta Feminino

20+										
1	1140796	DIAZ DOPICO SABELA	2002	NFERROL	1:16.67	M 25	2025-12-20	J. GÓMEZ NOYA	13	
		50M: 35.29								
2	1076318	LEMONS FERNANDEZ ZAIRA	2002	PONTEARE	1:16.98	M 25	2025-12-21	AS POZAS	10	
		50M: 35.49								
25+										
1	1054495	SEGOVIA CARBALLO PAULA	2000	NTNARON	1:14.78	M 25	2025-12-20	J. GÓMEZ NOYA	13	
		50M: 33.94								
2	1076332	PORTELA CARBALLIDO ANDREA	2001	CIDSANTI	1:21.11	M 50	2025-12-21	ROSARIO DUEÑAS	10	
3	1037965	COSTA FERNANDEZ LAURA	2001	PONTEARE	1:25.35	M 25	2025-12-21	AS POZAS	8	
		50M: 39.16								
4	1272805	ABREU RAMOS INES ISABEL	1998	ASMEIGAS	1:28.59	M 50	2025-12-21	ROSARIO DUEÑAS	7	
5	1145079	RIVADULLA MALLO MARIA IRENE	1998	SALESTRA	1:44.02	M 50	2025-12-21	ROSARIO DUEÑAS	6	
30+										
1	1266318	GORDILLO VAN GILS SILVIA	1996	NTNARON	1:44.92	M 25	2025-12-20	J. GÓMEZ NOYA	13	
		50M: 46.54								
2	1145008	GONZALEZ PEREZ PAULA	1996	PONTEARE	1:49.87	M 25	2025-12-21	AS POZAS	10	
		50M: 49.35								
3	1257939	PUENTE MARIN CRISTINA	1995	FLUVLUGO	1:59.63	M 25	2025-12-20	J. GÓMEZ NOYA	8	
		50M: 57.30								
35+										
1	1093459	FRANCO CAL ALBA	1991	ASMEIGAS	1:07.45	M 50	2025-12-21	ROSARIO DUEÑAS	13	
2	1084714	BUGALLO PEREZ ESTIBALIZ	1990	GALAICO	1:17.57	M 25	2025-12-21	AS POZAS	10	
		50M: 36.49								
3	1250482	RODRIGUEZ DE DIOS AMPARO	1987	VALDEORR	1:47.93	M 50	2025-12-21	ROSARIO DUEÑAS	8	
4	1110693	FERNANDEZ GUARDIOLA LOIRA	1989	PONTEARE	2:55.23	M 25	2025-12-21	AS POZAS	7	
		50M: 1:02.31								
40+										
1	1203741	QUEREDA RODRIGUEZ ALMUDENA	1985	LICEO	1:39.16	M 25	2025-12-20	J. GÓMEZ NOYA	13	
		50M: 46.17								
2	1274254	VAZQUEZ DUARTE CRISTINA	1986	RBAIXAS	1:44.97	M 25	2025-12-21	AS POZAS	10	

50M: 48.43

45+

1	1146893	PRADO FRANCO MARTHA-ELIZABETH	1979	RBAIXAS	1:35.83	M 25	2025-12-21	AS POZAS	13
		50M: 43.68							
2	1170845	CID ALVAREZ ISABEL	1980	ESCUALOS	1:46.68	M 50	2025-12-21	ROSARIO DUEÑAS	10
3	1264778	VAZQUEZ LOPEZ EVA	1977	MULLEREF	2:18.75	M 25	2025-12-20	J. GÓMEZ NOYA	8
		50M: 1:04.98							

50+

1	1143813	REGUEIRA MARTINEZ MARIA J.	1975	RIVEIRA	1:43.03	M 25	2025-12-21	AS POZAS	13
		50M: 47.97							
2	1180238	GARCIA SEOANE CRISTINA MARIA	1975	LICEO	1:44.79	M 25	2025-12-20	J. GÓMEZ NOYA	10
		50M: 47.43							
3	1127346	SOBRINO EIRIZ MARIA DEL VALLE	1972	PONTEARE	2:12.26	M 25	2025-12-21	AS POZAS	8
		50M: 57.29							
4	1246144	SANCHEZ BARREIRO MARIA CARMEN	1976	PONTEARE	2:30.44	M 25	2025-12-21	AS POZAS	7
		50M: 1:03.17							

55+

1	1197600	SANDERSON KEOUGH HELEN JANE	1970	CULLERED	1:37.06	M 25	2025-12-20	J. GÓMEZ NOYA	13
		50M: 46.80							
2	1037970	CALVIÑO CANCELA MARIA CRISTINA	1968	PONTEARE	2:01.95	M 25	2025-12-21	AS POZAS	10
		50M: 55.06							
3	1145007	MELON PARENTE M. LOURDES	1969	PONTEARE	3:15.72	M 25	2025-12-21	AS POZAS	8
		50M: 1:34.22							

60+

1	1076172	GARCIA COLOMO MARIA CRISTINA	1962	POURENSE	1:49.31	M 50	2025-12-21	ROSARIO DUEÑAS	13
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65+

1	1079307	CHAMOSIA MARTIN JULIA	1961	RBAIXAS	1:39.12	M 25	2025-12-21	AS POZAS	13
		50M: 45.43							

6. 100 m Bolboreta Masculino

20+										
1	1076409	CANCELA GOMEZ HUGO	2003	PONTEARE	1:05.81	M 25	2025-12-21	AS POZAS		13
		50M: 30.09								
2	1142991	PEREZ PAZ DARIO	2005	PONTEARE	1:06.40	M 25	2025-12-21	AS POZAS		10
		50M: 30.35								
3	1135985	CASARES GARCIA ADRIAN	2003	PONTEARE	1:15.69	M 25	2025-12-21	AS POZAS		8
		50M: 31.72								
30+										
1	1037824	FREIRE GONZALEZ JAVIER	1993	RBAIXAS	1:13.04	M 25	2025-12-21	AS POZAS		13
		50M: 33.89								
2	1256973	PENIDE CALVO GABRIEL	1993	RBAIXAS	1:23.72	M 25	2025-12-21	AS POZAS		10
		50M: 37.46								
3	1287224	TORNE BOBO BORJA	1992	VALDEORR	1:34.16	M 50	2025-12-21	ROSARIO DUEÑAS		8
4	1037164	GONZALEZ BLANCO JOSE LUIS	1992	PORTMIÑA	1:38.08	M 50	2025-12-21	ROSARIO DUEÑAS		7
35+										
1	1076271	NOVALES BLANCO XABIER	1991	RBAIXAS	1:31.16	M 25	2025-12-21	AS POZAS		13
		50M: 43.09								
40+										
1	1286165	LOUREIRO FERREIROA MARCOS	1985	SALESTRA	1:21.43	M 50	2025-12-21	ROSARIO DUEÑAS		13
2	1203519	KRUGLOV KRUGLOV MYKOLA	1985	ESCUALOS	1:22.15	M 50	2025-12-21	ROSARIO DUEÑAS		10
45+										
1	1118746	SANCHEZ GORDON ROMAN	1978	RBAIXAS	1:11.68	M 25	2025-12-21	AS POZAS		13
		50M: 33.14								
2	1024675	IGLESIAS GOMEZ GONZALO	1979	CIDSANTI	1:12.72	M 50	2025-12-21	ROSARIO DUEÑAS		10
3	1076571	PEREZ CRUCES ENRIQUE	1980	RBAIXAS	1:17.17	M 25	2025-12-21	AS POZAS		8
		50M: 36.39								
4	1224733	ARANGO GAYAR SAUL	1980	RBAIXAS	1:22.38	M 25	2025-12-21	AS POZAS		7
		50M: 37.15								
5	1144181	PEREZ CARRERA ELIAS	1979	RBAIXAS	1:31.41	M 25	2025-12-21	AS POZAS		0
		50M: 43.48								
6	1084041	SUAREZ GARCIA SERGIO	1980	PONSVETU	1:39.43	M 25	2025-12-21	AS POZAS		6

50M: 44.78

7	1038913	SUAREZ GARCIA PEDRO LOIS	1980	PONTEARE	1:45.18	M 25	2025-12-21	AS POZAS	5
50M: 49.34									

50+

1	1174152	TORRES NEIRA FRANCISCO	1975	PONSVETU	1:14.09	M 25	2025-12-21	AS POZAS	13
50M: 33.77									
2	1180192	SAAVEDRA GONZALEZ RAUL	1973	LICEO	1:17.11	M 25	2025-12-20	J. GÓMEZ NOYA	10
50M: 36.17									
3	1076182	TABARES DOMINGUEZ RAFAEL	1974	POURENSE	1:26.76	M 50	2025-12-21	ROSARIO DUEÑAS	8
4	1203306	DURO GONZALEZ ANTONIO	1974	SALESTRA	1:39.63	M 50	2025-12-21	ROSARIO DUEÑAS	7
5	1076535	DE LUIS GONZALEZ AITOR	1974	PORTMIÑA	1:48.92	M 50	2025-12-21	ROSARIO DUEÑAS	6

55+

1	1284773	LOPEZ VIEIRA IGNACIO	1970	PONTEARE	1:13.72	M 25	2025-12-21	AS POZAS	13
50M: 33.81									
2	1249205	ABELLEIRA COSTAS JOSE LUIS	1970	PONSVETU	2:01.04	M 25	2025-12-21	AS POZAS	10
50M: 49.20									

7. 100 m Costas Feminino

20+										
1	1108844	BORGE JUSTE INES	2006	PONTEARE	1:15.17	M 25	2025-12-21	AS POZAS		13
		50E: 36.38								
2	1267340	VIEZZOLI CECILIA	2003	RCNVIGO	1:20.50	M 25	2025-12-21	AS POZAS		10
		50E: 38.71								
3	1086366	ESTEVEZ CRESPO ALDARA	2004	POURENSE	1:22.27	M 50	2025-12-21	ROSARIO DUEÑAS		8
4	1077375	LOPEZ ALVAREZ ARSU	2002	RCNVIGO	1:23.20	M 25	2025-12-21	AS POZAS		7
		50E: 40.02								
5	1079203	DURAN PALEO SABELA	2005	ASMEIGAS	1:31.11	M 50	2025-12-21	ROSARIO DUEÑAS		6
6	1289860	LORENZO PEREZ AROA	2002	POURENSE	2:00.64	M 50	2025-12-21	ROSARIO DUEÑAS		5
25+										
1	1038179	IBAÑEZ CARRERA SARA	2001	PONTEARE	1:15.68	M 25	2025-12-21	AS POZAS		13
		50E: 36.26								
2	1101513	POLO GIL PAULA	1997	ASMEIGAS	1:29.46	M 50	2025-12-21	ROSARIO DUEÑAS		10
3	1228009	SOUTIÑO RAMIREZ CARMEN VICTORIA	2001	PORTMIÑA	1:33.14	M 50	2025-12-21	ROSARIO DUEÑAS		8
4	1038466	RODRIGUEZ PAZ LUCIA	2000	PONTEARE	1:33.31	M 25	2025-12-21	AS POZAS		7
		50E: 45.97								
5	1266329	PRADO POSADA SOFIA	1997	PONTEARE	1:53.13	M 25	2025-12-21	AS POZAS		6
		50E: 55.14								
6	1222772	RODRIGUEZ-TOUBES FORRYAN IRENE	1999	PONTEARE	2:19.99	M 25	2025-12-21	AS POZAS		0
		50E: 1:09.39								
30+										
1	1076407	SILVEIRA LOUREIRO MARIA	1995	MOS	1:23.09	M 25	2025-12-21	AS POZAS		13
		50E: 40.34								
2	1041452	BEN CILLERO SABELA	1992	ASMEIGAS	1:24.24	M 50	2025-12-21	ROSARIO DUEÑAS		10
3	1236745	RODRIGUEZ GONZALEZ RAQUEL	1993	MOLEMOS	1:37.65	M 50	2025-12-21	ROSARIO DUEÑAS		8
4	1266318	GORDILLO VAN GILS SILVIA	1996	NTNARON	1:38.81	M 25	2025-12-20	J. GÓMEZ NOYA		7
		50E: 47.61								
5	1247615	ALONSO PEREIRA FATIMA	1993	RBAIXAS	1:41.62	M 25	2025-12-21	AS POZAS		6
		50E: 49.15								
6	1040719	CUBA KOSTER ESMERALDA	1992	ASMEIGAS	1:44.02	M 50	2025-12-21	ROSARIO DUEÑAS		5

7	1191499	GONZALEZ MACIA ALBA	1994	MOLEMOS	2:08.46	M 50	2025-12-21	ROSARIO DUEÑAS	4
8	1286109	GARCIA VILLARONGA CECILIA	1992	RIVEIRA	2:10.56	M 25	2025-12-21	AS POZAS	3
		50E: 1:02.69							
35+									
1	1142917	LOPEZ SANMARTIN TANIA	1991	NFERROL	1:26.05	M 25	2025-12-20	J. GÓMEZ NOYA	13
		50E: 42.30							
2	1144948	GONZALEZ PEREZ JESSICA	1987	RBAIXAS	1:35.89	M 25	2025-12-21	AS POZAS	10
		50E: 46.14							
3	1036315	LOPEZ CORTABITARTE BELEN	1987	SCASINO	1:44.96	M 25	2025-12-20	J. GÓMEZ NOYA	8
		50E: 50.73							
4	1204918	MARTINEZ GARCIA SUSANA	1991	MOLEMOS	1:45.18	M 50	2025-12-21	ROSARIO DUEÑAS	7
5	1250482	RODRIGUEZ DE DIOS AMPARO	1987	VALDEORR	1:46.63	M 50	2025-12-21	ROSARIO DUEÑAS	6
6	1258330	BEN CILLERO NATALIA	1989	ASMEIGAS	2:00.61	M 50	2025-12-21	ROSARIO DUEÑAS	5
7	1260386	FRANCO CAL SONIA	1987	ASMEIGAS	2:20.14	M 50	2025-12-21	ROSARIO DUEÑAS	4
40+									
1	1141313	MIRA VAZQUEZ PAULA	1986	ESCUALOS	1:47.75	M 50	2025-12-21	ROSARIO DUEÑAS	13
2	1250481	MENDEZ ABELAIRA JESSICA	1982	VALDEORR	2:46.67	M 50	2025-12-21	ROSARIO DUEÑAS	10
45+									
1	1237395	VILARIÑO CACHO ELVIRA	1981	SALESTRA	1:34.01	M 50	2025-12-21	ROSARIO DUEÑAS	13
2	1143894	DE LORENZO FERNANDEZ MARIA	1978	ESCUALOS	1:45.61	M 50	2025-12-21	ROSARIO DUEÑAS	10
3	1107383	CAMINO GONZALEZ CATUXA	1977	PONSVETU	1:52.36	M 25	2025-12-21	AS POZAS	8
		50E: 52.14							
4	1253184	ABELLEIRA CORRAL GEMA	1980	MULLEREF	2:10.23	M 25	2025-12-20	J. GÓMEZ NOYA	7
		50E: 1:05.82							
5	1237398	SIEIRA NOCEDA DIANA MARIA	1979	RIVEIRA	2:51.20	M 25	2025-12-21	AS POZAS	6
		50E: 1:22.37							
50+									
1	1264733	GOMEZ PAREDES MARIA	1976	FLUVLUGO	1:39.81	M 25	2025-12-20	J. GÓMEZ NOYA	13
		50E: 48.56							
2	1261398	DIEGUEZ SANMARTIN MARIA DE LA CONCEPCION	1970	SALESTRA	1:49.82	M 50	2025-12-21	ROSARIO DUEÑAS	10

3	1076525	SOUSA CARNEIRO ALICIA	1974	MOS	2:06.92	M 25	2025-12-21	AS POZAS	8
		50E: 1:01.36							
4	1197606	CARBALLO BALOIRA SUSANA MARIA	1975	HERCULES	2:07.69	M 25	2025-12-20	J. GÓMEZ NOYA	7
		50E: 1:00.79							
5	1287244	MENDEZ VARELA ANA	1973	RCNVIGO	2:10.53	M 25	2025-12-21	AS POZAS	6
		50E: 1:02.42							
6	1246142	GONZALEZ PIMENTEL SALETA	1972	PONSVETU	2:14.26	M 25	2025-12-21	AS POZAS	5
		50E: 1:03.44							
7	1250484	VAZQUEZ GONZALEZ YOLANDA	1976	VALDEORR	2:26.33	M 50	2025-12-21	ROSARIO DUEÑAS	4

55+

1	1076524	SOUSA CARNEIRO ROSANA	1971	MOS	1:44.93	M 25	2025-12-21	AS POZAS	13
		50E: 50.27							
2	1075200	JIMENEZ PEREZ VICTORIA	1969	NFERROL	1:53.61	M 25	2025-12-20	J. GÓMEZ NOYA	10
		50E: 55.00							
3	1141127	PEREDES RIOS ROSA MARIA	1968	PONSVETU	2:00.71	M 25	2025-12-21	AS POZAS	8
		50E: 58.72							

60+

1	1145099	LOPEZ MAHIA PURIFICACION	1963	HERCULES	2:03.25	M 25	2025-12-20	J. GÓMEZ NOYA	13
		50E: 1:01.38							
2	1144697	ACEVEDO REGO ERMITAS	1966	POURENSE	2:19.42	M 50	2025-12-21	ROSARIO DUEÑAS	10
3	1267371	FORRYAN SECCOMBE ANNE MAY	1966	PONTEARE	2:50.78	M 25	2025-12-21	AS POZAS	8
		50E: 1:20.14							

65+

1	1079307	CHAMOSA MARTIN JULIA	1961	RBAIXAS	1:39.60	M 25	2025-12-21	AS POZAS	13
		50E: 49.23							
2	1039437	BALADO LOPEZ ANA MARIA	1961	POURENSE	1:54.96	M 50	2025-12-21	ROSARIO DUEÑAS	10
3	1170586	OREIRO PAZOS M. GLORIA	1960	ARTEIXO	2:01.79	M 25	2025-12-20	J. GÓMEZ NOYA	8
		50E: 58.61							
4	1143622	OTERO LOPEZ MARIA ELISA	1960	POURENSE	2:21.54	M 50	2025-12-21	ROSARIO DUEÑAS	7

70+

1	1075765	FERNANDEZ FERNANDEZ MARIA TERESA	1956	MULLEREF	3:07.21	M 25	2025-12-20	J. GÓMEZ NOYA	13
		50E: 1:34.54							

80+

1	1076482	GONZALEZ RODRIGUEZ S. MARTA	1946	PONTEARE	3:28.16	M 25	2025-12-21	AS POZAS	13
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50E: 1:39.33

8. 100 m Costas Masculino

20+

1	1087096	LOPEZ FERNANDEZ MARTIN	2004	POURENSE	1:03.86	M 50	2025-12-21	ROSARIO DUEÑAS	13
2	1090926	SIGNO IGLESIAS SAMUEL 50E: 33.24	2003	MOS	1:10.47	M 25	2025-12-21	AS POZAS	10
3	1075385	DIZ NIEVES DAVID 50E: 36.36	2004	NFERROL	1:14.46	M 25	2025-12-20	J. GÓMEZ NOYA	8
4	1135986	CASARES GARCIA BRAIS 50E: 36.42	2004	PONTEARE	1:15.27	M 25	2025-12-21	AS POZAS	7
5	1079156	MARQUEZ VAZQUEZ PABLO	2002	ASMEIGAS	1:30.75	M 50	2025-12-21	ROSARIO DUEÑAS	6
6	1287242	VALVERDE TABOADA MARTIN 50E: 1:01.03	2006	PONTEARE	2:31.03	M 25	2025-12-21	AS POZAS	5
7	1287196	LORENZO BAUTISTA ANXO 50E: 1:19.25	2003	PONTEARE	2:49.62	M 25	2025-12-21	AS POZAS	4

25+

1	1038800	ALONSO RODRIGUEZ JAVIER 50E: 32.75	2001	PONTEARE	1:06.56	M 25	2025-12-21	AS POZAS	13
2	1130804	CASTRO RODRIGUEZ FRANCISCO	2000	CIDSANTI	1:12.16	M 50	2025-12-21	ROSARIO DUEÑAS	10
3	1163269	TAPIA COELLO MARIO	2001	ASMEIGAS	1:18.64	M 50	2025-12-21	ROSARIO DUEÑAS	8

30+

1	1191498	CASANOVA MARTINEZ VICTOR	1996	MOLEMS	1:20.12	M 50	2025-12-21	ROSARIO DUEÑAS	13
2	1256973	PENIDE CALVO GABRIEL 50E: 39.88	1993	RBAIXAS	1:22.86	M 25	2025-12-21	AS POZAS	10
3	1207051	LAVIA PINTOS DAVID 50E: 43.53	1993	PONSVETU	1:30.85	M 25	2025-12-21	AS POZAS	8
4	1144070	FERNANDEZ MELENDEZ ANDRES	1995	VALDEORR	1:39.39	M 50	2025-12-21	ROSARIO DUEÑAS	7

35+

1	1185622	DIAZ RODRIGUEZ ANDRES 50E: 36.02	1989	NTNARON	1:13.08	M 25	2025-12-20	J. GÓMEZ NOYA	13
2	1143890	FORTES NOVOA MARTIÑO	1988	ESCUALOS	1:21.21	M 50	2025-12-21	ROSARIO DUEÑAS	10
3	1236854	GIRALDEZ VILLANUEVA IVAN	1987	PONTEARE	2:07.57	M 25	2025-12-21	AS POZAS	8

50E: 1:02.32

40+

1	1141151	CALLE FACAL TELMO	1983	CIDSANTI	1:10.59	M 50	2025-12-21	ROSARIO DUEÑAS	13
2	1076287	PAZOS ALONSO JOSUE	1986	ESCUALOS	1:21.84	M 50	2025-12-21	ROSARIO DUEÑAS	10
3	1190529	CERVELA DEBER MOISES	1982	SALESTRA	1:26.31	M 50	2025-12-21	ROSARIO DUEÑAS	8
4	1170841	BASTIDA CAMPOS ALEJANDRO	1982	SALESTRA	1:31.69	M 50	2025-12-21	ROSARIO DUEÑAS	7
5	1076282	CARRERA COSTAS ANDRES	1982	PONTEARE	1:38.38	M 25	2025-12-21	AS POZAS	6
		50E: 46.94							
6	1076542	GONZALEZ CONDE RODRIGO	1982	PONTEARE	1:53.06	M 25	2025-12-21	AS POZAS	5
		50E: 54.65							

45+

1	1244353	TATO FUENTES VICTOR	1979	ADFOGAR	1:14.46	M 25	2025-12-20	J. GÓMEZ NOYA	13
		50E: 37.17							
2	1075217	ESPINOSA MIRA JORGE	1978	VALDEORR	1:21.60	M 50	2025-12-21	ROSARIO DUEÑAS	10
3	1144267	FINS SEOANE JUAN MIGUEL	1977	SALESTRA	1:24.48	M 50	2025-12-21	ROSARIO DUEÑAS	8
4	1006004	GUIMAREY VAZQUEZ MARCOS	1977	PORTMIÑA	1:24.75	M 50	2025-12-21	ROSARIO DUEÑAS	7
5	1143895	PADIN CHARLIN JOAQUIN	1980	ESCUALOS	1:26.02	M 50	2025-12-21	ROSARIO DUEÑAS	6
6	1078611	MARTIN MONTERO MANUEL JOSE	1977	ARTEIXO	1:28.92	M 25	2025-12-20	J. GÓMEZ NOYA	5
		50E: 43.98							
7	1079491	GOMEZ MARTIN RUBEN	1978	FLUVLUGO	1:30.94	M 25	2025-12-20	J. GÓMEZ NOYA	4
		50E: 43.67							
8	1275100	COTO DONO PABLO	1980	SALESTRA	1:58.77	M 50	2025-12-21	ROSARIO DUEÑAS	3
9	1251233	GONZALEZ SANDEZ CARLOS	1979	VALDEORR	2:46.96	M 50	2025-12-21	ROSARIO DUEÑAS	2

50+

1	1174152	TORRES NEIRA FRANCISCO	1975	PONSVETU	1:20.91	M 25	2025-12-21	AS POZAS	13
		50E: 39.49							
2	1267343	ALVAREZ DE SOTOMAYOR PUIGNAIRE JUAN	1974	NCORUÑA	1:22.57	M 25	2025-12-20	J. GÓMEZ NOYA	10
		50E: 39.40							
3	1258336	MUÑIZ CAL RAFAEL	1974	NCORUÑA	1:22.69	M 25	2025-12-20	J. GÓMEZ NOYA	8
		50E: 40.09							
4	1144297	LAMAS SOTO CESAR	1975	CULLERED	1:26.85	M 25	2025-12-20	J. GÓMEZ NOYA	7

50E: 43.03

5	1274415	FERNANDEZ RAMOS CARLOS	1975	MARINAFE	1:30.54	M 25	2025-12-20	J. GÓMEZ NOYA	6
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50E: 43.85

6	1144117	PREGO MARTINEZ BENJAMIN	1973	PONTEARE	1:33.91	M 25	2025-12-21	AS POZAS	5
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50E: 45.86

7	1244393	REY RODRIGUEZ OSCAR	1974	CIDSANTI	1:34.60	M 50	2025-12-21	ROSARIO DUEÑAS	4
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8	1141502	TRONCOSO CAAMAÑO FERNANDO	1975	ESCUALOS	1:50.01	M 50	2025-12-21	ROSARIO DUEÑAS	3
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55+

1	1287832	PITA SANTIN ANTONIO	1971	PONSVETU	1:33.91	M 25	2025-12-21	AS POZAS	13
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50E: 44.44

2	1180234	SANCHEZ SECO MANUEL	1968	ESCUALOS	1:37.72	M 50	2025-12-21	ROSARIO DUEÑAS	10
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3	1195569	PEREZ LEIVA MANUEL	1968	RBAIXAS	1:40.66	M 25	2025-12-21	AS POZAS	8
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50E: 49.74

4	1193949	LAMELO OTERO RAMON JESUS	1968	CIDSANTI	1:57.54	M 50	2025-12-21	ROSARIO DUEÑAS	7
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60+

1	1232926	TAPIA PORTO ENRIQUE	1965	NCORUÑA	1:21.12	M 25	2025-12-20	J. GÓMEZ NOYA	13
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50E: 39.60

2	1143575	FERREIRA GONZALEZ XOSE ANXO	1966	REDONDEL	1:40.84	M 25	2025-12-21	AS POZAS	10
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50E: 49.01

3	1053394	SANJORGE PEDREIRA CARMELO	1962	ARTEIXO	1:43.24	M 25	2025-12-20	J. GÓMEZ NOYA	8
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50E: 52.35

4	1040281	MARTINEZ BERJANO JOSE MANUEL	1963	MOLEMOS	1:53.36	M 50	2025-12-21	ROSARIO DUEÑAS	7
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5	1143966	FERNANDEZ GONZALEZ ALVARO	1965	MOS	1:58.73	M 25	2025-12-21	AS POZAS	6
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50E: 58.56

65+

1	1075185	YAÑEZ WONENBURGER JUAN CARLOS	1959	HERCULES	1:32.59	M 25	2025-12-20	J. GÓMEZ NOYA	13
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50E: 44.46

2	1170858	CODESIDO LOPEZ JOSE	1959	CIDSANTI	1:35.79	M 50	2025-12-21	ROSARIO DUEÑAS	10
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70+

1	1076165	GARCIA COLOMO MANUEL RAMON	1954	POURENSE	1:51.80	M 50	2025-12-21	ROSARIO DUEÑAS	13
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2	1075177	LOPEZ VIDAL ANTONIO	1952	GALAICO	2:25.26	M 25	2025-12-21	AS POZAS	10
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50E: 1:11.74



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75+

1	1076487	RODRIGUEZ LEMOS ANDRES JESUS	1949	MOS	1:56.16	M 25	2025-12-21	AS POZAS	13
50E: 59.08									

9. 50 m Libre Feminino

20+										
1	1108844	BORGE JUSTE INES	2006	PONTEARE	31.50	M 25	2025-12-21	AS POZAS		13
2	1076318	LEMOS FERNANDEZ ZAIRA	2002	PONTEARE	31.74	M 25	2025-12-21	AS POZAS		10
3	1079203	DURAN PALEO SABELA	2005	ASMEIGAS	33.24	M 50	2025-12-21	ROSARIO DUEÑAS		8
25+										
1	1107420	DAVILA SILVA ALICIA	1998	MOS	30.28	M 25	2025-12-21	AS POZAS		13
2	1272805	ABREU RAMOS INES ISABEL	1998	ASMEIGAS	31.48	M 50	2025-12-21	ROSARIO DUEÑAS		10
3	1144257	FERNANDEZ GONZALEZ ELENA	2001	HERCULES	32.08	M 25	2025-12-20	J. GÓMEZ NOYA		8
4	1037987	MENDEZ SEIJO NEREA	1999	RBAIXAS	32.38	M 25	2025-12-21	AS POZAS		7
5	1040620	RODRIGUEZ CERVINO ANA	2000	RBAIXAS	33.00	M 25	2025-12-21	AS POZAS		6
6	1076332	PORTELA CARBALLIDO ANDREA	2001	CIDSANTI	33.26	M 50	2025-12-21	ROSARIO DUEÑAS		5
7	1078736	LOPEZ LOSADA SARA	2001	NTNARON	33.76	M 25	2025-12-20	J. GÓMEZ NOYA		4
8	1115644	FERNANDEZ JUAN MARIA	1998	CIDSANTI	34.21	M 50	2025-12-21	ROSARIO DUEÑAS		3
9	1037158	RAÑALES GRAÑA NAILA	2001	NFERROL	36.07	M 25	2025-12-20	J. GÓMEZ NOYA		2
10	1212511	NOVOA VAZQUEZ LAURA	2000	MARINAFE	53.48	M 25	2025-12-20	J. GÓMEZ NOYA		1
11	1212510	NOVOA VAZQUEZ EVA	2000	MARINAFE	54.33	M 25	2025-12-20	J. GÓMEZ NOYA		0
12	1201604	BARBADILLO ECHEVARRIA SOFIA	1999	MARINAFE	58.65	M 25	2025-12-20	J. GÓMEZ NOYA		0
30+										
1	1040719	CUBA KOSTER ESMERALDA	1992	ASMEIGAS	37.71	M 50	2025-12-21	ROSARIO DUEÑAS		13
2	1221892	OTERO FERNANDEZ MARIA LUISA	1993	SALESTRA	39.71	M 50	2025-12-21	ROSARIO DUEÑAS		10
3	1250483	RODRIGUEZ RODRIGUEZ EVA	1993	VALDEORR	43.74	M 50	2025-12-21	ROSARIO DUEÑAS		8

4	1286109	GARCIA VILLARONGA CECILIA	1992	RIVEIRA	44.84	M 25	2025-12-21	AS POZAS	7
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35+

1	1093459	FRANCO CAL ALBA	1991	ASMEIGAS	28.13	M 50	2025-12-21	ROSARIO DUEÑAS	13
2	1084714	BUGALLO PEREZ ESTIBALIZ	1990	GALAICO	31.56	M 25	2025-12-21	AS POZAS	10
3	1141212	RIVAS TENREIRO ARANTZA	1989	NTNARON	33.17	M 25	2025-12-20	J. GÓMEZ NOYA	8
4	1144155	ALVAREZ COSTAS MARIA PAZ	1988	PONTEARE	33.85	M 25	2025-12-21	AS POZAS	7
5	1040731	GESTO ALONSO CLARISA	1989	PONTEARE	34.58	M 25	2025-12-21	AS POZAS	6
6	1129917	MURAS MORA ANDREA	1989	CIDSANTI	37.03	M 50	2025-12-21	ROSARIO DUEÑAS	5
7	1129954	GONZALEZ GARCIA COVADONGA	1989	GALAICO	44.80	M 25	2025-12-21	AS POZAS	4
8	1256963	ARIAS CHAO SARA	1991	SCASINO	48.38	M 25	2025-12-20	J. GÓMEZ NOYA	3
9	1260386	FRANCO CAL SONIA	1987	ASMEIGAS	50.45	M 50	2025-12-21	ROSARIO DUEÑAS	2
10	1110693	FERNANDEZ GUARDIOLA LOIRA	1989	PONTEARE	52.11	M 25	2025-12-21	AS POZAS	1

40+

1	1075496	BARBEITO DOMINGUEZ MARTA	1984	SCASINO	30.55	M 25	2025-12-20	J. GÓMEZ NOYA	13
2	1075225	SOUTO DERUNGS CRISTINA	1985	NFERROL	35.79	M 25	2025-12-20	J. GÓMEZ NOYA	10
3	1287809	CRUZ ANEIROS ANA MARIA	1983	NFERROL	39.91	M 25	2025-12-20	J. GÓMEZ NOYA	8
4	1287810	NOVO MARTINEZ ROCIO	1984	NFERROL	43.79	M 25	2025-12-20	J. GÓMEZ NOYA	7

45+

1	1290288	RODRIGUEZ OLIVEIRA MANUELA	1977	VALDEORR	33.84	M 50	2025-12-21	ROSARIO DUEÑAS	13
2	1144598	OLMO VAQUEIRO LETICIA	1981	PONTEARE	40.89	M 25	2025-12-21	AS POZAS	10
3	1253190	GARCIA NAVAS CAROLINA	1979	MULLEREF	41.35	M 25	2025-12-20	J. GÓMEZ NOYA	8
4	1268743	ANTON FUENTES VERONICA MARIA	1979	GALAICO	41.44	M 25	2025-12-21	AS POZAS	7

5	1178771	BESADA FERNANDEZ ANA M.	1978	PONTEARE	43.68	M 25	2025-12-21	AS POZAS	6
6	1240321	FILGUEIRA FRANCO LAURA	1978	PONSVETU	49.34	M 25	2025-12-21	AS POZAS	5
7	1036387	VAZQUEZ PARCERO MARTA	1980	CULLERED	54.24	M 25	2025-12-20	J. GÓMEZ NOYA	4
8	1237398	SIEIRA NOCEDA DIANA MARIA	1979	RIVEIRA	57.70	M 25	2025-12-21	AS POZAS	3

50+

1	1143813	REGUEIRA MARTINEZ MARIA J.	1975	RIVEIRA	36.92	M 25	2025-12-21	AS POZAS	13
2	1040944	VARELA REDONDO VERONICA	1975	PONTEARE	37.91	M 25	2025-12-21	AS POZAS	10
3	1039438	RODRIGUEZ REY MARIA JOSE	1973	ADFOGAR	40.11	M 25	2025-12-20	J. GÓMEZ NOYA	8
4	1284736	BARCALA PEREZ MARIA ROSA	1976	VALDEORR	40.85	M 50	2025-12-21	ROSARIO DUEÑAS	7
5	1246140	MARIÑO PAZ EVA MARIA	1974	PONSVETU	44.29	M 25	2025-12-21	AS POZAS	6
6	1273331	PEREZ CASTRO MARIA RUTH	1975	MULLEREF	48.78	M 25	2025-12-20	J. GÓMEZ NOYA	5
7	1287244	MENDEZ VARELA ANA	1973	RCNVIGO	51.55	M 25	2025-12-21	AS POZAS	4
8	1246135	MILLAN MIRANDA MARIA ELISA	1972	RIVEIRA	54.10	M 25	2025-12-21	AS POZAS	3

55+

1	1232962	JARDON GONZALEZ HELENA	1971	PONTEARE	39.83	M 25	2025-12-21	AS POZAS	13
2	1076524	SOUSA CARNEIRO ROSANA	1971	MOS	41.67	M 25	2025-12-21	AS POZAS	10
3	1141128	LLEVOT SANCHEZ ANA ISABEL	1970	PONSVETU	42.50	M 25	2025-12-21	AS POZAS	8
4	1258401	CALVIÑO VAZQUEZ MARIA CORAL	1968	POURENSE	46.53	M 50	2025-12-21	ROSARIO DUEÑAS	7
5	1199642	GARNACHO GAYARRE NURIA	1969	SCASINO	46.54	M 25	2025-12-20	J. GÓMEZ NOYA	6
6	1287796	MAURIZ ABUIN MARIA DEL MAR	1969	MULLEREF	49.05	M 25	2025-12-20	J. GÓMEZ NOYA	5
7	1286086	GAMALLO ROSA	1967	POURENSE	1:00.91	M 50	2025-12-21	ROSARIO DUEÑAS	4
8	1264776	FERNANDEZ COPA MARIA SUSANA	1967	MULLEREF	1:01.74	M 25	2025-12-20	J. GÓMEZ NOYA	3

60+

1	1264754	RODRIGUEZ PANTIN MARTA MARIA	1966	HERCULES	38.03	M 25	2025-12-20	J. GÓMEZ NOYA	13
2	1253458	IGNACIO QUINTEIRO MARIA DEL CARMEN	1965	PONSVETU	51.41	M 25	2025-12-21	AS POZAS	10
3	1260384	CAL FERNANDEZ MONICA CATALINA	1964	ASMEIGAS	53.84	M 50	2025-12-21	ROSARIO DUEÑAS	8
4	1076174	LOPEZ BLANCO LAURA	1962	PORTMIÑA	58.64	M 50	2025-12-21	ROSARIO DUEÑAS	7
5	1144231	PEREZ GALLARDO TERESA	1964	POURENSE	1:05.31	M 50	2025-12-21	ROSARIO DUEÑAS	6

70+

1	1036752	BAGLIETTO MILLAN MARIA DOLORES	1952	PONSVETU	54.39	M 25	2025-12-21	AS POZAS	13
2	1249213	GUARDIOLA MEDEL NURIA	1956	PONTEARE	1:18.84	M 25	2025-12-21	AS POZAS	10

80+

1	1076482	GONZALEZ RODRIGUEZ S. MARTA	1946	PONTEARE	1:31.40	M 25	2025-12-21	AS POZAS	13
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10. 50 m Libre Masculino

20+

1	1090926	SIGNO IGLESIAS SAMUEL	2003	MOS	26.94	M 25	2025-12-21	AS POZAS	13
2	1087096	LOPEZ FERNANDEZ MARTIN	2004	POURENSE	27.09	M 50	2025-12-21	ROSARIO DUEÑAS	10
3	1144995	RIAL SIEIRA LEO	2006	RIVEIRA	28.01	M 25	2025-12-21	AS POZAS	8
4	1075388	MENDEZ LORENZO BRUNO	2004	NFERROL	29.40	M 25	2025-12-20	J. GÓMEZ NOYA	7
5	1284677	GONZALEZ LOVELLE ALEJANDRO	2005	ASMEIGAS	35.38	M 50	2025-12-21	ROSARIO DUEÑAS	6

25+

1	1130804	CASTRO RODRIGUEZ FRANCISCO	2000	CIDSANTI	28.10	M 50	2025-12-21	ROSARIO DUEÑAS	13
2	1039270	TRILLO RODRIGUEZ ADRIAN	1997	MOS	28.99	M 25	2025-12-21	AS POZAS	10
3	1163269	TAPIA COELLO MARIO	2001	ASMEIGAS	29.74	M 50	2025-12-21	ROSARIO DUEÑAS	8
4	1287137	BALTAR LOSADA MIGUEL	2001	IHAVEADR	36.84	M 25	2025-12-21	AS POZAS	7

30+

1	1078641	GRACIA CARBAJO MIGUEL	1994	NTNARON	25.65	M 25	2025-12-20	J. GÓMEZ NOYA	13
2	1178904	TRONCOSO GARRIDO DAVID	1995	GALAICO	26.56	M 25	2025-12-21	AS POZAS	10
3	1037284	SABUZ FORNEIRO MARTIN	1994	POURENSE	27.43	M 50	2025-12-21	ROSARIO DUEÑAS	8
4	1284749	MONTERO PERRONI ANDRES ALEXANDER	1992	ESCUALOS	30.01	M 50	2025-12-21	ROSARIO DUEÑAS	7
5	1078692	GONZALEZ FRANCO DAVID	1995	NFERROL	30.46	M 25	2025-12-20	J. GÓMEZ NOYA	6
6	1284784	CARRERA PRIEGUE SENEN	1992	RBAIXAS	34.05	M 25	2025-12-21	AS POZAS	5
7	1284672	SAINZ-MAZA VILAR ADOLFO ANTONIO	1995	ASMEIGAS	35.38	M 50	2025-12-21	ROSARIO DUEÑAS	4
8	1216460	FRANCISCO MACIAS SIMON	1996	POURENSE	36.00	M 50	2025-12-21	ROSARIO DUEÑAS	3
9	1207051	LAVIA PINTOS DAVID	1993	PONSVETU	36.31	M 25	2025-12-21	AS POZAS	2

10	1144070	FERNANDEZ MELENDEZ ANDRES	1995	VALDEORR	37.65	M 50	2025-12-21	ROSARIO DUEÑAS	1
11	1202676	MARTINEZ ARADES BRAIS	1995	MARINAFE	1:19.79	M 25	2025-12-20	J. GÓMEZ NOYA	0
35+									
1	1273713	MORQUILLAS RIOBO BRAIS	1987	MOS	27.97	M 25	2025-12-21	AS POZAS	13
2	1178769	RODRIGUEZ GONZALEZ ANTONIO JOAQUIN	1991	NFERROL	29.18	M 25	2025-12-20	J. GÓMEZ NOYA	10
3	1097263	LAMEIRO SEOANE JAVIER	1987	HERCULES	30.46	M 25	2025-12-20	J. GÓMEZ NOYA	8
4	1226234	COTELO SENANDE ALBERTO	1988	ADFOGAR	31.38	M 25	2025-12-20	J. GÓMEZ NOYA	7
5	1284783	AZZOULAI GONZALEZ ILAN	1987	RBAIXAS	33.34	M 25	2025-12-21	AS POZAS	6
40+									
1	1267364	PINTO RAMNARINE ROHAN IAN	1986	RCNVIGO	24.13	M 25	2025-12-21	AS POZAS	13
2	1143515	BLANCO PEREZ JESUS	1986	NTNARON	28.01	M 25	2025-12-20	J. GÓMEZ NOYA	10
3	1041444	FERNANDEZ VARELA PABLO J.	1984	ADFOGAR	28.80	M 25	2025-12-20	J. GÓMEZ NOYA	8
4	1141095	LOPEZ BERMUDEZ GABRIEL	1984	RSDH	29.00	M 25	2025-12-20	J. GÓMEZ NOYA	7
5	1143897	SEVILLA AROCA JAVIER	1983	ESCUALOS	29.23	M 50	2025-12-21	ROSARIO DUEÑAS	6
6	1144946	RODRIGUEZ GARCIA JOSE BERNARDO	1983	RBAIXAS	32.33	M 25	2025-12-21	AS POZAS	5
7	1284680	CAMPELOS FREIRE DIEGO	1983	REDONDEL	32.65	M 25	2025-12-21	AS POZAS	4
45+									
1	1284730	RODRIGUEZ ESTEVEZ DAMIAN	1977	POURENSE	28.22	M 50	2025-12-21	ROSARIO DUEÑAS	13
2	1182358	CANOSA RODRIGUEZ JUAN JOSE	1980	NTNARON	28.80	M 25	2025-12-20	J. GÓMEZ NOYA	10
3	1144584	ALVAREZ SILVA RUBEN	1981	ESCUALOS	29.84	M 50	2025-12-21	ROSARIO DUEÑAS	8
4	1143662	BALSA MOSQUERA PABLO	1978	NTNARON	30.46	M 25	2025-12-20	J. GÓMEZ NOYA	7
5	1192271	MOURIÑO FORTES VICTOR MANUEL	1977	PONTEARE	32.14	M 25	2025-12-21	AS POZAS	6

6	1144181	PEREZ CARRERA ELIAS	1979	RBAIXAS	32.66	M 25	2025-12-21	AS POZAS	5
7	1238677	MARIÑO GONZALEZ RAMON	1980	POURENSE	33.41	M 50	2025-12-21	ROSARIO DUEÑAS	4
8	1254829	FARIAS FORNEIRO PATRICIO CRUZ	1977	FLUVLUGO	34.11	M 25	2025-12-20	J. GÓMEZ NOYA	3
9	1084041	SUAREZ GARCIA SERGIO	1980	PONSVETU	35.78	M 25	2025-12-21	AS POZAS	2
10	1287251	NEIRA IGLESIAS JOSE MANUEL	1978	SALESTRA	40.10	M 50	2025-12-21	ROSARIO DUEÑAS	1
11	1288430	MIGUEZ CRESPO AVELINO	1977	RCNVIGO	40.59	M 25	2025-12-21	AS POZAS	0
12	1282609	ABALO IBARLUCEA PABLO	1979	RCNVIGO	41.51	M 25	2025-12-21	AS POZAS	0
13	1274004	SANMARTIN GONZALEZ VICTORIANO	1977	IHAVEADR	50.11	M 25	2025-12-21	AS POZAS	0
50+									
1	1076544	GARABATOS RODRIGUEZ SANTIAGO	1974	MOS	25.58	M 25	2025-12-21	AS POZAS	13
2	1274246	MARTINEZ JACOME FELIX	1973	MOS	26.60	M 25	2025-12-21	AS POZAS	10
3	1231581	RODRIGUEZ SALGADO MANUEL	1975	CIDSANTI	29.53	M 50	2025-12-21	ROSARIO DUEÑAS	8
4	1274415	FERNANDEZ RAMOS CARLOS	1975	MARINAFE	29.99	M 25	2025-12-20	J. GÓMEZ NOYA	7
5	1267343	ALVAREZ DE SOTOMAYOR PUIGNAIRE JUAN	1974	NCORUÑA	30.46	M 25	2025-12-20	J. GÓMEZ NOYA	6
6	1251854	CARBALLO CABEZAS ENRIQUE	1976	POURENSE	30.54	M 50	2025-12-21	ROSARIO DUEÑAS	5
7	1197597	HERNAEZ OUBIÑA DAVID	1973	CULLERED	31.26	M 25	2025-12-20	J. GÓMEZ NOYA	4
8	1144297	LAMAS SOTO CESAR	1975	CULLERED	31.67	M 25	2025-12-20	J. GÓMEZ NOYA	3
9	1258069	ORGEIRA CRESPO PEDRO	1976	POURENSE	31.99	M 50	2025-12-21	ROSARIO DUEÑAS	2
10	1282520	BLANCO MAGALLAN ALEJANDRO	1974	ADFOGAR	32.94	M 25	2025-12-20	J. GÓMEZ NOYA	1
11	1171462	FERREIRO SEOANE JOSE RAUL	1973	RBAIXAS	32.97	M 25	2025-12-21	AS POZAS	0
12	1143990	MUÑIZ VILAR JOSE B.	1975	RIVEIRA	33.51	M 25	2025-12-21	AS POZAS	0
13	1203306	DURO GONZALEZ ANTONIO	1974	SALESTRA	34.58	M 50	2025-12-21	ROSARIO DUEÑAS	0

14	1141502	TRONCOSO CAAMAÑO FERNANDO	1975	ESCUALOS	35.30	M 50	2025-12-21	ROSARIO DUEÑAS	0
15	1199640	BURGO CARLOS DIEGO	1974	SCASINO	35.97	M 25	2025-12-20	J. GÓMEZ NOYA	0
16	1141071	LORENZO FERNANDEZ JOSE MANUEL	1972	RBAIXAS	36.25	M 25	2025-12-21	AS POZAS	0
17	1243120	COSTAS LOPEZ JORGE JUAN	1975	RBAIXAS	36.66	M 25	2025-12-21	AS POZAS	0
18	1240470	RODRIGUEZ BLANCO JOSE FRANCISCO	1976	POURENSE	36.80	M 50	2025-12-21	ROSARIO DUEÑAS	0
19	1274000	FREIRE PIÑEIRO JOSE MANUEL	1974	IHAVEADR	42.37	M 25	2025-12-21	AS POZAS	0

55+

1	1284773	LOPEZ VIEIRA IGNACIO	1970	PONTEARE	30.88	M 25	2025-12-21	AS POZAS	13
2	1287832	PITA SANTIN ANTONIO	1971	PONSVETU	31.28	M 25	2025-12-21	AS POZAS	10
3	1141356	GENDE DIAZ JUAN F.	1970	ADFOGAR	32.30	M 25	2025-12-20	J. GÓMEZ NOYA	8
4	1195570	TERREN ENRUBIA LUCIO A	1970	RBAIXAS	33.69	M 25	2025-12-21	AS POZAS	7
5	1282485	PLAZA RAMIREZ RAUL	1971	ADFOGAR	35.49	M 25	2025-12-20	J. GÓMEZ NOYA	6
6	1143605	FERNANDEZ MARTINEZ ALBERTO	1971	ESCUALOS	35.63	M 50	2025-12-21	ROSARIO DUEÑAS	5
7	1261402	FERNANDEZ RODRIGUEZ MIGUEL ANGEL	1969	VALDEORR	36.11	M 50	2025-12-21	ROSARIO DUEÑAS	4
8	1261336	NOVO FERNANDEZ ALFREDO	1970	RBAIXAS	37.17	M 25	2025-12-21	AS POZAS	3
9	1239550	NUÑEZ SEOANE JUAN	1971	SALESTRA	37.52	M 50	2025-12-21	ROSARIO DUEÑAS	2
10	1228047	PEREZ GARCIA MANUEL	1967	CULLERED	39.00	M 25	2025-12-20	J. GÓMEZ NOYA	1
11	1290116	SAL MARTINEZ JORGE	1967	POURENSE	39.95	M 50	2025-12-21	ROSARIO DUEÑAS	0
12	1208795	LORENZO GONZALEZ-VISO CARLOS	1971	POURENSE	42.11	M 50	2025-12-21	ROSARIO DUEÑAS	0
13	1106828	TRILLO CARLIN JOSE FDO.	1968	ADFOGAR	49.06	M 25	2025-12-20	J. GÓMEZ NOYA	0

60+

1	1232926	TAPIA PORTO ENRIQUE	1965	NCORUÑA	30.30	M 25	2025-12-20	J. GÓMEZ NOYA	13
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2	1076250	BETHENCOURT IGLESIAS SERGIO	1963	CIDSANTI	33.66	M 50	2025-12-21	ROSARIO DUEÑAS	10
3	1199641	COUCEIRO SANCHEZ GONZALO	1966	SCASINO	34.99	M 25	2025-12-20	J. GÓMEZ NOYA	8
4	1078802	CEGARRA GARCIA EUGENIO	1964	RSDH	35.23	M 25	2025-12-20	J. GÓMEZ NOYA	7
5	1290118	PEREZ PAREDES MARCOS	1966	RCNVIGO	36.41	M 25	2025-12-21	AS POZAS	6
6	1143998	FERNANDEZ GARCIA MANUEL V.	1965	RIVEIRA	39.99	M 25	2025-12-21	AS POZAS	5
7	1143536	BLANCO PEREZ ANGEL	1964	POURENSE	40.17	M 50	2025-12-21	ROSARIO DUEÑAS	4
8	1076514	LAGO REY JOSE MANUEL	1963	IHAVEADR	1:00.34	M 25	2025-12-21	AS POZAS	3
65+									
1	1222391	AREA PEREIRA JOSE MANUEL	1957	GALAICO	45.98	M 25	2025-12-21	AS POZAS	13
70+									
1	1048954	BORDALLO CORTINA FERNANDO	1954	HERCULES	33.76	M 25	2025-12-20	J. GÓMEZ NOYA	13
2	1240096	IVANCHENKO YURII	1953	POURENSE	41.76	M 50	2025-12-21	ROSARIO DUEÑAS	10
3	1075764	NOVOA GONZALEZ EDMUNDO	1952	HERCULES	45.74	M 25	2025-12-20	J. GÓMEZ NOYA	8
85+									
1	1143430	ARAUJO DOMINGUEZ FRANCISCO	1940	PONTEARE	1:26.31	M 25	2025-12-21	AS POZAS	13

11. 200 m Braza Feminino

20+

1	1267340	VIEZZOLI CECILIA	2003	RCNVIGO	3:05.06	M 25	2025-12-21	AS POZAS	13
		50B: 40.69 100B: 1:27.36 150B: 2:16.24							
2	1140796	DIAZ DOPICO SABELA	2002	NFERROL	3:22.83	M 25	2025-12-20	J. GÓMEZ NOYA	10
		50B: 45.46 100B: 1:36.64 150B: 2:29.73							
3	1199453	FILGUEIRAS OLMO HELENA	2004	PORTMIÑA	3:25.60	M 50	2025-12-21	ROSARIO DUEÑAS	8
		100B: 1:40.39							

25+

1	1054495	SEGOVIA CARBALLO PAULA	2000	NTNARON	3:18.67	M 25	2025-12-20	J. GÓMEZ NOYA	13
		50B: 46.31 100B: 1:36.27 150B: 2:27.17							
2	1228048	ALVAREZ SOUTO CLAUDIA	2001	PONTEARE	3:27.99	M 25	2025-12-21	AS POZAS	10
		50B: 48.87 100B: 1:42.13 150B: 2:35.90							
3	1041231	RODRIGUEZ PEREZ LORENA	2001	PONTEARE	3:40.03	M 25	2025-12-21	AS POZAS	8
		50B: 48.05 100B: 1:42.43 150B: 2:39.34							
4	1037965	COSTA FERNANDEZ LAURA	2001	PONTEARE	3:50.11	M 25	2025-12-21	AS POZAS	7
		50B: 52.38 100B: 1:51.53 150B: 2:51.25							
5	1259711	FERNANDEZ ESCURIS IRIA	1997	RIVEIRA	4:10.19	M 25	2025-12-21	AS POZAS	6
		50B: 53.67 100B: 1:57.09 150B: 3:04.15							
6	1228009	SOUTIÑO RAMIREZ CARMEN VICTORIA	2001	PORTMIÑA	4:22.09	M 50	2025-12-21	ROSARIO DUEÑAS	5
		100B: 2:07.53							

30+

1	1145008	GONZALEZ PEREZ PAULA	1996	PONTEARE	3:55.40	M 25	2025-12-21	AS POZAS	13
		50B: 54.46 100B: 1:53.24 150B: 2:54.12							
2	1257939	PUENTE MARIN CRISTINA	1995	FLUVLUGO	4:00.28	M 25	2025-12-20	J. GÓMEZ NOYA	10
		50B: 55.00 100B: 1:56.32 150B: 2:58.20							
3	1257417	ALONSO GONZALEZ INES	1992	MOS	4:01.76	M 25	2025-12-21	AS POZAS	8
		50B: 53.79 100B: 1:54.12 150B: 2:58.15							
4	1284670	BATISTA CORTES LAURA	1996	ASMEIGAS	4:05.67	M 50	2025-12-21	ROSARIO DUEÑAS	7
		100B: 2:00.02							
5	1078925	SALGADO CASTELO MARTA	1994	MULLEREF	4:26.85	M 25	2025-12-20	J. GÓMEZ NOYA	6
		50B: 1:01.17 100B: 2:09.05 150B: 3:19.69							
6	1240953	SIMOIS MORAIS YOLANDA	1994	SALESTRA	4:44.93	M 50	2025-12-21	ROSARIO DUEÑAS	5
		100B: 2:14.60							

35+

1	1284727	GONZALEZ NUNEZ CRISTINA	1987	RCNVIGO	3:59.17	M 25	2025-12-21	AS POZAS	13
		50B: 55.64 100B: 1:56.41 150B: 2:57.87							
2	1258330	BEN CILLERO NATALIA	1989	ASMEIGAS	4:35.44	M 50	2025-12-21	ROSARIO DUEÑAS	10

100B: 2:10.45

40+

1	1146780	DURAN VEIRAS RAQUEL	1984	ARTEIXO	3:15.84	M 25	2025-12-20	J. GÓMEZ NOYA	13
		50B: 45.38 100B: 1:35.02 150B: 2:25.42							
2	1013486	GONZALEZ RODRIGUEZ MARIA	1982	CIDSANTI	3:19.08	M 50	2025-12-21	ROSARIO DUEÑAS	10
		100B: 1:34.47							
3	1243130	TORRE GONZALEZ ELISA	1985	RBAIXAS	3:25.22	M 25	2025-12-21	AS POZAS	8
		50B: 45.66 100B: 1:37.75 150B: 2:32.02							
4	1273995	RAMOS GONZALEZ NOA	1985	IHAVEADR	3:32.94	M 25	2025-12-21	AS POZAS	7
		50B: 47.98 100B: 1:41.42 150B: 2:37.07							
5	1180232	FKEOUI OMARI SALMA	1982	CIDSANTI	3:35.78	M 50	2025-12-21	ROSARIO DUEÑAS	6
		100B: 1:44.96							
6	1274254	VAZQUEZ DUARTE CRISTINA	1986	RBAIXAS	3:57.20	M 25	2025-12-21	AS POZAS	5
		50B: 54.35 100B: 1:55.10 150B: 2:56.53							

45+

1	1075221	HERMIDA RODRIGUEZ BLANCA	1981	NFERROL	3:10.89	M 25	2025-12-20	J. GÓMEZ NOYA	13
		50B: 44.36 100B: 1:32.49 150B: 2:21.38							
2	1143598	MIRA VAZQUEZ MARTA	1981	ESCUALOS	3:35.21	M 50	2025-12-21	ROSARIO DUEÑAS	10
		100B: 1:44.54							
3	1237395	VILARIÑO CACHO ELVIRA	1981	SALESTRA	3:46.91	M 50	2025-12-21	ROSARIO DUEÑAS	8
		100B: 1:50.64							
4	1170845	CID ALVAREZ ISABEL	1980	ESCUALOS	4:00.42	M 50	2025-12-21	ROSARIO DUEÑAS	7
		100B: 1:57.07							
5	1273323	LOPEZ BARREIRO CRISTINA	1979	MULLEREF	4:05.07	M 25	2025-12-20	J. GÓMEZ NOYA	6
		50B: 57.43 100B: 1:58.43 150B: 3:01.79							
6	1224731	RIVEIRA CAAMAÑO REBECA	1977	ORDES	4:13.01	M 50	2025-12-21	ROSARIO DUEÑAS	5
		100B: 2:02.55							
7	1275673	VARELA COSTA PAULA MARIA	1978	MOS	6:14.98	M 25	2025-12-21	AS POZAS	4
		50B: 1:25.48 100B: 3:01.46 150B: 4:39.66							

50+

1	1057273	MARCOS VARELA LAURA	1976	RCNVIGO	3:19.22	M 25	2025-12-21	AS POZAS	13
		50B: 44.89 100B: 1:35.40 150B: 2:27.75							
2	1261398	DIEGUEZ SANMARTIN MARIA DE LA CONCEPCION	1970	SALESTRA	4:11.71	M 50	2025-12-21	ROSARIO DUEÑAS	10
		100B: 2:00.19							
3	1197606	CARBALLO BALOIRA SUSANA MARIA	1975	HERCULES	4:24.67	M 25	2025-12-20	J. GÓMEZ NOYA	8
		50B: 1:00.36 100B: 2:06.98 150B: 3:16.24							
4	1246144	SANCHEZ BARREIRO MARIA CARMEN	1976	PONTEARE	4:35.66	M 25	2025-12-21	AS POZAS	7
		50B: 1:07.44 100B: 2:16.87 150B: 3:26.31							
5	1287818	GARCIA ALONSO PAULA	1974	LICEO	4:37.91	M 25	2025-12-20	J. GÓMEZ NOYA	6
		50B: 1:00.79 100B: 2:11.24 150B: 3:24.95							
6	1287817	ZAVTUR GAVRILOV GALA	1976	LICEO	4:55.41	M 25	2025-12-20	J. GÓMEZ NOYA	5

50B: 1:08.80 100B: 2:24.41 150B: 3:41.09

7 1250484 VAZQUEZ GONZALEZ YOLANDA 1976 VALDEORR 5:34.81 M 50 2025-12-21 ROSARIO DUEÑAS 4
100B: 2:39.82

55+

1 1287796 MAURIZ ABUIN MARIA DEL MAR 1969 MULLEREF 4:30.05 M 25 2025-12-20 J. GÓMEZ NOYA 13
50B: 1:01.98 100B: 2:09.17 150B: 3:19.11

2 1145007 MELON PARENTE M. LOURDES 1969 PONTEARE 6:28.61 M 25 2025-12-21 AS POZAS 10
50B: 1:33.65 100B: 3:11.54 150B: 4:50.62

60+

1 1143893 REBOREDA MORILLO SUSANA 1962 ESCUALOS 4:36.71 M 50 2025-12-21 ROSARIO DUEÑAS 13
100B: 2:14.58

2 1267371 FORRYAN SECCOMBE ANNE MAY 1966 PONTEARE 4:41.70 M 25 2025-12-21 AS POZAS 10
50B: 1:04.52 100B: 2:15.18 150B: 3:29.35

65+

1 1039437 BALADO LOPEZ ANA MARIA 1961 POURENSE 3:49.97 M 50 2025-12-21 ROSARIO DUEÑAS 13
100B: 1:46.52

2 1217937 RODRIGUEZ TRONCOSO MARINA 1959 PONTEARE 5:01.98 M 25 2025-12-21 AS POZAS 10
50B: 1:09.45 100B: 2:25.62 150B: 3:44.16

70+

1 1037151 GOMEZ DOVAL MARIA ANGELA 1956 FLUVLUGO 5:27.42 M 25 2025-12-20 J. GÓMEZ NOYA 13
50B: 1:14.32 100B: 2:37.81 150B: 4:02.56

2 1075765 FERNANDEZ FERNANDEZ MARIA TERESA 1956 MULLEREF 6:10.27 M 25 2025-12-20 J. GÓMEZ NOYA 10
50B: 1:25.06 100B: 2:59.69 150B: 4:36.50

12. 200 m Braza Masculino

20+

1	1107916	FERNANDEZ DEL VALLE IVAN	2005	POURENSE	2:39.71	M 50	2025-12-21	ROSARIO DUEÑAS	13
		100B: 1:14.68							
2	1068314	MARTINEZ MARTINEZ MARCOS	2003	PONTEARE	2:53.43	M 25	2025-12-21	AS POZAS	10
		50B: 38.68 100B: 1:24.13 150B: 2:08.33							
3	1075385	DIZ NIEVES DAVID	2004	NFERROL	3:05.49	M 25	2025-12-20	J. GÓMEZ NOYA	8
		50B: 43.49 100B: 1:31.67 150B: 2:18.61							
4	1135985	CASARES GARCIA ADRIAN	2003	PONTEARE	3:19.25	M 25	2025-12-21	AS POZAS	7
		50B: 44.17 100B: 1:35.74 150B: 2:28.05							

25+

1	1115676	GONZALEZ IGLESIAS ALBERTO	1997	CULLERED	2:49.07	M 25	2025-12-20	J. GÓMEZ NOYA	13
		50B: 36.73 100B: 1:22.13 150B: 2:06.32							
2	1284785	ABALDE PUJALES ALBERTO	2000	RBAIXAS	3:27.64	M 25	2025-12-21	AS POZAS	10
		50B: 47.17 100B: 1:39.69 150B: 2:35.19							

30+

1	1040779	QUINTAS MOSQUERA MANUEL	1996	CIDSANTI	2:45.89	M 50	2025-12-21	ROSARIO DUEÑAS	13
		100B: 1:17.35							
2	1038178	IBAÑEZ CARRERA MANUEL GABRIEL	1996	PONTEARE	3:21.25	M 25	2025-12-21	AS POZAS	10
		50B: 44.43 100B: 1:35.55 150B: 2:28.60							
3	1222771	LAGO GONZALEZ IVAN	1993	PONTEARE	4:48.04	M 25	2025-12-21	AS POZAS	8
		50B: 1:00.29 100B: 2:12.49 150B: 3:29.32							

35+

1	1240711	MIRAS LOPEZ RAUL	1987	NCORUÑA	2:58.03	M 25	2025-12-20	J. GÓMEZ NOYA	13
		50B: 40.32 100B: 1:25.02 150B: 2:11.55							
2	1136629	FIGUEIRA DOMINGUEZ JAVIER GUZMAN	1988	RBAIXAS	3:00.77	M 25	2025-12-21	AS POZAS	10
		50B: 39.61 100B: 1:26.02 150B: 2:13.81							
3	1023057	PEREZ VAZQUEZ TELMO	1988	NTNARON	3:45.58	M 25	2025-12-20	J. GÓMEZ NOYA	8
		50B: 49.52 100B: 1:44.80 150B: 2:45.17							

40+

1	1076287	PAZOS ALONSO JOSUE	1986	ESCUALOS	2:53.85	M 50	2025-12-21	ROSARIO DUEÑAS	13
		100B: 1:24.09							
2	1218108	IGLESIAS LAPIDO MIGUEL	1985	FLUVLUGO	2:59.70	M 25	2025-12-20	J. GÓMEZ NOYA	10
		50B: 38.93 100B: 1:23.77 150B: 2:11.58							
3	1143897	SEVILLA AROCA JAVIER	1983	ESCUALOS	3:07.46	M 50	2025-12-21	ROSARIO DUEÑAS	8
		100B: 1:31.33							
4	1145052	FIERRO FERNANDEZ JULIO	1982	SCASINO	3:12.18	M 25	2025-12-20	J. GÓMEZ NOYA	7

50B: 45.11 100B: 1:34.79 150B: 2:25.76

5 1286165 LOUREIRO FERREIROA MARCOS 1985 SALESTRA 3:20.00 M 50 2025-12-21 ROSARIO DUEÑAS 6
100B: 1:36.82

45+

1 1118746 SANCHEZ GORDON ROMAN 1978 RBAIXAS 2:55.09 M 25 2025-12-21 AS POZAS 13
50B: 38.92 100B: 1:23.62 150B: 2:09.43

2 1143601 NOGUEIRA-PINTO CRESPO HUGO 1978 POURENSE 3:16.52 M 50 2025-12-21 ROSARIO DUEÑAS 10
100B: 1:28.45

3 1224733 ARANGO GAYAR SAUL 1980 RBAIXAS 3:20.88 M 25 2025-12-21 AS POZAS 8
50B: 43.69 100B: 1:34.87 150B: 2:28.70

4 1038913 SUAREZ GARCIA PEDRO LOIS 1980 PONTEARE 3:42.27 M 25 2025-12-21 AS POZAS 7
50B: 50.03 100B: 1:46.94 150B: 2:45.27

5 1078611 MARTIN MONTERO MANUEL JOSE 1977 ARTEIXO 3:52.11 M 25 2025-12-20 J. GÓMEZ NOYA 6
50B: 50.67 100B: 1:47.73 150B: 2:49.30

6 1251233 GONZALEZ SANDEZ CARLOS 1979 VALDEORR 4:23.32 M 50 2025-12-21 ROSARIO DUEÑAS 5
100B: 2:05.07

7 1275100 COTO DONO PABLO 1980 SALESTRA 4:51.00 M 50 2025-12-21 ROSARIO DUEÑAS 4
100B: 2:22.27

50+

1 1076185 PEREIRA DIAZ ANGEL 1972 ESCUALOS 3:08.81 M 50 2025-12-21 ROSARIO DUEÑAS 13
100B: 1:30.32

2 1141303 ESTEVEZ SANTOS MARCOS 1974 POURENSE 3:14.43 M 50 2025-12-21 ROSARIO DUEÑAS 10
100B: 1:35.63

3 1258336 MUÑIZ CAL RAFAEL 1974 NCORUÑA 3:15.20 M 25 2025-12-20 J. GÓMEZ NOYA 8
50B: 44.44 100B: 1:32.93 150B: 2:23.87

4 1201621 ALONSO ORTIZ MARIANO 1976 FLUVLUGO 3:15.63 M 25 2025-12-20 J. GÓMEZ NOYA 7
50B: 45.53 100B: 1:35.34 150B: 2:26.23

5 1244393 REY RODRIGUEZ OSCAR 1974 CIDSANTI 3:16.03 M 50 2025-12-21 ROSARIO DUEÑAS 6
100B: 1:34.52

6 1040137 QUINTAS BARROS JESUS CARLOS 1973 ESCUALOS 3:19.46 M 50 2025-12-21 ROSARIO DUEÑAS 5
100B: 1:37.40

7 1079343 MOURIÑO ORTIGUEIRA ROBERTO CARLOS 1974 PONTEARE 3:20.47 M 25 2025-12-21 AS POZAS 4
50B: 44.24 100B: 1:35.21 150B: 2:27.31

8 1224729 FERNADEZ BARREIROS CLAUDIO 1975 ORDES 3:35.70 M 50 2025-12-21 ROSARIO DUEÑAS 3
100B: 1:43.38

9 1147010 SANJURJO POVEDA PABLO 1974 NFERROL 3:35.79 M 25 2025-12-20 J. GÓMEZ NOYA 2
50B: 47.23 100B: 1:42.92 150B: 2:39.18

10 1143990 MUÑIZ VILAR JOSE B. 1975 RIVEIRA 3:49.03 M 25 2025-12-21 AS POZAS 1
50B: 51.90 100B: 1:49.80 150B: 2:48.95

11 1198237 TABOAS LOBATO ANGEL 1976 RCNVIGO 3:51.56 M 25 2025-12-21 AS POZAS 0
50B: 50.33 100B: 1:49.79 150B: 2:51.44

12 1079478 GONZALEZ PEREIRA JOSE CARLOS 1975 GALAICO 3:51.66 M 25 2025-12-21 AS POZAS 0

50B: 53.48 100B: 1:52.17 150B: 2:53.09

13 1243120 COSTAS LOPEZ JORGE JUAN 1975 RBAIXAS 4:11.46 M 25 2025-12-21 AS POZAS 0
50B: 53.22 100B: 1:57.56 150B: 3:05.97

55+

1 1051938 SOTO HECTOR OSCAR 1970 RBAIXAS 3:04.29 M 25 2025-12-21 AS POZAS 13
50B: 42.13 100B: 1:29.63 150B: 2:17.52
2 1143661 TOURIÑO GONZALEZ VICTOR M. 1968 LICEO 3:12.38 M 25 2025-12-20 J. GÓMEZ NOYA 10
50B: 45.30 100B: 1:35.17 150B: 2:26.07
3 1141504 BOUSO FUENTECILLA FERNANDO 1971 ESCUALOS 3:35.73 M 50 2025-12-21 ROSARIO DUEÑAS 8
100B: 1:45.07
4 1178895 CRESPO PEREZ ALBARINO 1970 ESCUALOS 3:47.27 M 50 2025-12-21 ROSARIO DUEÑAS 7
100B: 1:46.01
5 1249205 ABELLEIRA COSTAS JOSE LUIS 1970 PONSVELTU 3:47.61 M 25 2025-12-21 AS POZAS 6
50B: 50.89 100B: 1:49.75 150B: 2:51.08
6 1203919 CRESPO PIÑEIRO NATALIO 1969 RBAIXAS 3:53.09 M 25 2025-12-21 AS POZAS 5
50B: 51.06 100B: 1:49.24 150B: 2:51.31
7 1144698 CADAVID NUÑEZ JOSE 1970 POURENSE 3:53.57 M 50 2025-12-21 ROSARIO DUEÑAS 4
100B: 1:51.74
8 1274570 CEDRON VILAR RAUL 1969 MULLEREF 4:06.55 M 25 2025-12-20 J. GÓMEZ NOYA 3
50B: 54.32 100B: 1:55.88 150B: 3:00.83

60+

1 1085112 RIVAS FEAL ANTONIO 1966 SCASINO 3:03.35 M 25 2025-12-20 J. GÓMEZ NOYA 13
50B: 40.74 100B: 1:27.56 150B: 2:15.47
2 1143575 FERREIRA GONZALEZ XOSE ANXO 1966 REDONDEL 4:10.97 M 25 2025-12-21 AS POZAS 10
50B: 56.44 100B: 2:01.75 150B: 3:07.13
3 1144940 HERNANZ MORAL FAUSTO 1962 RBAIXAS 4:12.83 M 25 2025-12-21 AS POZAS 8
50B: 57.90 100B: 2:02.91 150B: 3:10.24
4 1143966 FERNANDEZ GONZALEZ ALVARO 1965 MOS 4:25.93 M 25 2025-12-21 AS POZAS 7
50B: 58.55 100B: 2:03.77 150B: 3:15.45

65+

1 1048207 ROS ROSILLO ALEJANDRO 1958 RBAIXAS 3:24.35 M 25 2025-12-21 AS POZAS 13
50B: 46.50 100B: 1:37.65 150B: 2:31.09

75+

1 1076487 RODRIGUEZ LEMOS ANDRES JESUS 1949 MOS 4:14.06 M 25 2025-12-21 AS POZAS 13
50B: 56.76 100B: 2:01.01 150B: 3:09.45

13. 4x50 m Libre Masculina

+80									
1	C. N. PONTEAREAS	PONTEARE	1:46.92	M 25	2025-12-21	AS POZAS		26	
	CASARES GARCIA ADRIAN (2003)								
	50L: 29.30								
	CASARES GARCIA BRAIS (2004)								
	50L: 55.03								
	CANCELA GOMEZ HUGO (2003)								
	50L: 1:21.17								
	PEREZ PAZ DARIO (2005)								
	50L: 1:46.92								
+120									
1	C. DEP. N. CIDADE DE SANTIAGO	CIDSANTI	1:52.37	M 50	2025-12-21	ROSARIO DUEÑAS		26	
	IGLESIAS GOMEZ GONZALO (1979)								
	50L: 29.13								
	QUINTAS MOSQUERA MANUEL (1996)								
	50L: 1:52.37								
2	C. N. ESCUALOS	ESCUALOS	1:59.54	M 50	2025-12-21	ROSARIO DUEÑAS		20	
	MONTERO PERRONI ANDRES ALEXANDER (1992)								
	50L: 30.11								
	KRUGLOV KRUGLOV MYKOLA (1985)								
	50L: 1:59.54								
3	C. N. VIGO RÍAS BAIXAS	RBAIXAS	2:03.58	M 25	2025-12-21	AS POZAS		16	
	PENIDE CALVO GABRIEL (1993)								
	50L: 31.26								
	FIGUEIRA DOMINGUEZ JAVIER GUZMAN (1988)								
	50L: 1:02.22								
	NOVALES BLANCO XABIER (1991)								
	50L: 1:35.49								
	FREIRE GONZALEZ JAVIER (1993)								
	50L: 2:03.58								
4	C. N. PABELLÓN OURENSE	POURENSE	2:06.21	M 50	2025-12-21	ROSARIO DUEÑAS		14	
	SABUZ FORNEIRO MARTIN (1994)								
	50L: 27.23								
	FEIJOO REY ROI (1979)								
	50L: 2:06.21								
5	C. N. PONTEAREAS	PONTEARE	2:14.61	M 25	2025-12-21	AS POZAS		12	
	ALONSO RODRIGUEZ JAVIER (2001)								
	50L: 26.18								
	MARTINEZ DOMINGUEZ IVAN (1988)								

50L: 58.14

IBAÑEZ CARRERA MANUEL GABRIEL (1996)

50L: 1:28.95

LAGO GONZALEZ IVAN (1993)

50L: 2:14.61

+160

1	C. N. MOS	MOS	1:48.43	M 25	2025-12-21	AS POZAS	26
	MORQUILLAS RIOBO BRAIS (1987)						
	50L: 27.94						
	TRILLO RODRIGUEZ ADRIAN (1997)						
	50L: 56.62						
	MARTINEZ JACOME FELIX (1973)						
	50L: 1:22.98						
	GARABATOS RODRIGUEZ SANTIAGO (1974)						
	50L: 1:48.43						
2	AGRUP. DEP. NÁUTICO DE NARÓN	NTNARON	1:51.32	M 25	2025-12-20	J. GÓMEZ NOYA	20
	GRACIA CARBAJO MIGUEL (1994)						
	50L: 25.66						
	CANOSA RODRIGUEZ JUAN JOSE (1980)						
	50L: 53.99						
	BLANCO PEREZ JESUS (1986)						
	50L: 1:21.30						
	BALSA MOSQUERA PABLO (1978)						
	50L: 1:51.32						
3	C. N. ESCUALOS	ESCUALOS	2:01.83	M 50	2025-12-21	ROSARIO DUEÑAS	16
	SEVILLA AROCA JAVIER (1983)						
	50L: 29.54						
	ALVAREZ SILVA RUBEN (1981)						
	50L: 2:01.83						
4	C. N. E SALVAMENTO A ESTRADA	SALESTRA	2:01.94	M 50	2025-12-21	ROSARIO DUEÑAS	14
	LOUREIRO FERREIROA MARCOS (1985)						
	50L: 27.94						
	FINS SEOANE JUAN MIGUEL (1977)						
	50L: 2:01.94						
5	C. N. PABELLÓN OURENSE	POURENSE	2:05.11	M 50	2025-12-21	ROSARIO DUEÑAS	12
	NOGUEIRA-PINTO CRESPO HUGO (1978)						
	50L: 29.09						
	RODRIGUEZ ESTEVEZ DAMIAN (1977)						
	50L: 2:05.11						
6	C. N. MASTER PONS VETUS	PONSVETU	2:07.43	M 25	2025-12-21	AS POZAS	10
	PITA SANTIN ANTONIO (1971)						
	50L: 30.70						
	SUAREZ GARCIA SERGIO (1980)						

50L: 1:04.94

LAVIA PINTOS DAVID (1993)

50L: 1:39.42

TORRES NEIRA FRANCISCO (1975)

50L: 2:07.43

7 REAL C. NÁUTICO DE VIGO RCNVIGO 2:07.82 M 25 2025-12-21 AS POZAS 8

ANDRES IGLESIAS JOSE CARLOS (1976)

50L: 29.86

ABALO IBARLUCEA PABLO (1979)

50L: 1:10.41

TABOAS LOBATO ANGEL (1976)

50L: 1:43.95

PINTO RAMNARINE ROHAN IAN (1986)

50L: 2:07.82

8 C. FLUVIAL LUGO FLUVLUGO 2:11.70 M 25 2025-12-20 J. GÓMEZ NOYA 6

IGLESIAS LAPIDO MIGUEL (1985)

50L: 29.70

GOMEZ MARTIN RUBEN (1978)

50L: 1:02.64

ALONSO ORTIZ MARIANO (1976)

50L: 1:37.33

FARIAS FORNEIRO PATRICIO CRUZ (1977)

50L: 2:11.70

9 C. N. CULLEREDO CULLERED 2:12.13 M 25 2025-12-20 J. GÓMEZ NOYA 4

MARX SVEN OLIVER (1977)

50L: 30.79

LAMAS SOTO CESAR (1975)

50L: 1:03.99

PEREZ GARCIA MANUEL (1967)

50L: 1:42.70

GONZALEZ IGLESIAS ALBERTO (1997)

50L: 2:12.13

10 C. N. VALDEORRAS VALDEORR 2:14.18 M 50 2025-12-21 ROSARIO DUEÑAS 2

ESPINOSA MIRA JORGE (1978)

50L: 30.29

TORNE BOBO BORJA (1992)

50L: 1:03.12

FERNANDEZ MELENDEZ ANDRES (1995)

50L: 1:38.34

FERNANDEZ RODRIGUEZ MIGUEL ANGEL (1969)

50L: 2:14.18

11 C. N. VIGO RÍAS BAIXAS RBAIXAS 2:18.16 M 25 2025-12-21 AS POZAS 0

RODRIGUEZ GARCIA JOSE BERNARDO (1983)

50L: 32.42

NOVO FERNANDEZ ALFREDO (1970)

50L: 1:08.56

AZZOULAI GONZALEZ ILAN (1987)

50L: 1:44.02

CARRERA PRIEGUE SENEN (1992)

50L: 2:18.16

12 C. N. LICEO LICEO 2:19.68 M 25 2025-12-20 J. GÓMEZ NOYA 0

SAAVEDRA GONZALEZ RAUL (1973)

50L: 29.94

BOTNARI ZAVTUR LORENZO (2001)

50L: 1:04.76

LOPEZ QUINTEIRO FRANCISCO JAVIER (1986)

50L: 1:43.21

TOURIÑO GONZALEZ VICTOR M. (1968)

50L: 2:19.68

13 C. DEP. I HAVE A DREAM IHAVEADR 2:50.36 M 25 2025-12-21 AS POZAS 0

FERNANDEZ GONZALEZ JOSE MANUEL (1967)

50L: 51.57

FREIRE PIÑEIRO JOSE MANUEL (1974)

50L: 1:33.74

BALTAR LOSADA MIGUEL (2001)

50L: 2:10.16

SANMARTIN GONZALEZ VICTORIANO (1977)

50L: 2:50.36

+200

1 C. N. CORUÑA NCORUÑA 1:57.56 M 25 2025-12-20 J. GÓMEZ NOYA 26

ALVAREZ DE SOTOMAYOR PUIGNAIRE JUAN (1974)

50L: 29.96

GARCIA RIÑON JAIME (1964)

50L: 59.03

TAPIA PORTO ENRIQUE (1965)

50L: 1:29.07

GOMEZ CARDESIN ALVARO (1985)

50L: 1:57.56

2 AGRUP. DEP. FOGAR ADFOGAR 2:04.24 M 25 2025-12-20 J. GÓMEZ NOYA 20

FERNANDEZ VARELA PABLO J. (1984)

50L: 28.79

PLAZA RAMIREZ RAUL (1971)

50L: 1:02.43

TATO FUENTES VICTOR (1979)

50L: 1:31.73

GENDE DIAZ JUAN F. (1970)

50L: 2:04.24

3	C. N. PONTEAREAS	PONTEARE	2:09.11	M 25	2025-12-21	AS POZAS	16
	MOURIÑO ORTIGUEIRA ROBERTO CARLOS (1974)						
	50L: 31.82						
	MOURIÑO FORTES VICTOR MANUEL (1977)						
	50L: 1:03.48						
	PREGO MARTINEZ BENJAMIN (1973)						
	50L: 1:39.13						
	LOPEZ VIEIRA IGNACIO (1970)						
	50L: 2:09.11						
4	C. N. VIGO RÍAS BAIXAS	RBAIXAS	2:13.21	M 25	2025-12-21	AS POZAS	14
	ARANGO GAYAR SAUL (1980)						
	50L: 31.04						
	PEREZ CARRERA ELIAS (1979)						
	50L: 1:04.16						
	LORENZO FERNANDEZ JOSE MANUEL (1972)						
	50L: 1:40.82						
	FERREIRO SEOANE JOSE RAUL (1973)						
	50L: 2:13.21						
5	SPORTING C. CASINO	SCASINO	2:16.28	M 25	2025-12-20	J. GÓMEZ NOYA	12
	COUCEIRO SANCHEZ GONZALO (1966)						
	50L: 35.78						
	RIVAS FEAL ANTONIO (1966)						
	50L: 1:06.46						
	FIERRO FERNANDEZ JULIO (1982)						
	50L: 1:40.36						
	BURGO CARLOS DIEGO (1974)						
	50L: 2:16.28						
6	C. N. ESCUALOS	ESCUALOS	2:24.22	M 50	2025-12-21	ROSARIO DUEÑAS	10
	FERNANDEZ MARTINEZ ALBERTO (1971)						
	50L: 35.93						
	SANCHEZ SECO MANUEL (1968)						
	50L: 2:24.22						
7	C. N. PABELLÓN OURENSE	POURENSE	2:39.84	M 50	2025-12-21	ROSARIO DUEÑAS	8
	LORENZO GONZALEZ-VISO CARLOS (1971)						
	50L: 42.12						
	ESTEVEZ SANTOS MARCOS (1974)						
	50L: 2:39.84						
8	C. N. GALAICO	GALAICO	2:43.57	M 25	2025-12-21	AS POZAS	6
	LOPEZ VIDAL ANTONIO (1952)						
	50L: 52.98						
	AREA PEREIRA JOSE MANUEL (1957)						
	50L: 1:38.60						
	GONZALEZ PEREIRA JOSE CARLOS (1975)						
	50L: 2:17.42						

TRONCOSO GARRIDO DAVID (1995)

50L: 2:43.57

DES C. N. E SALVAMENTO A ESTRADA

SALESTRA

M 50

2025-12-21

ROSARIO DUEÑAS

0

+240

1 C. N. VIGO RÍAS BAIXAS

RBAIXAS

2:33.73

M 25

2025-12-21

AS POZAS

26

ROS ROSILLO ALEJANDRO (1958)

50L: 40.31

HERNANZ MORAL FAUSTO (1962)

50L: 1:21.90

PEREZ LEIVA MANUEL (1968)

50L: 2:01.14

TERREN ENRUBIA LUCIO A (1970)

50L: 2:33.73

2 C. N. PABELLÓN OURENSE

POURENSE

2:43.21

M 50

2025-12-21

ROSARIO DUEÑAS

20

GARCIA COLOMO MANUEL RAMON (1954)

50L: 40.24

BLANCO PEREZ ANGEL (1964)

50L: 1:20.12

SAL MARTINEZ JORGE (1967)

50L: 2:01.54

IVANCHENKO YURII (1953)

50L: 2:43.21

3 C. N. PONTEAREAS

PONTEARE

3:23.33

M 25

2025-12-21

AS POZAS

16

SUAREZ GARCIA PEDRO LOIS (1980)

50L: 39.92

GONZALEZ CONDE RODRIGO (1982)

50L: 1:15.88

ARAUJO DOMINGUEZ FRANCISCO (1940)

50L: 2:36.60

MONROY FERNANDEZ MANUEL (1950)

50L: 3:23.33

DES C. DEP. N. CIDADE DE SANTIAGO

CIDSANTI

M 50

2025-12-21

ROSARIO DUEÑAS

0

14. 4x50 m Libre Feminino

+80									
1	C. N. PONTEAREAS	PONTEARE	2:19.78	M 25	2025-12-21	AS POZAS			26
	LEMONS FERNANDEZ ZAIRA (2002)								
	50L: 31.85								
	BORGE JUSTE INES (2006)								
	50L: 1:03.18								
	PRADO POSADA SOFIA (1997)								
	50L: 1:44.69								
	VALIÑO FERRAZ TATYANA (2003)								
	50L: 2:19.78								
+100									
1	AGRUP. DEP. NÁUTICO DE NARÓN	NTNARON	2:15.45	M 25	2025-12-20	J. GÓMEZ NOYA			26
	SEGOVIA CARBALLO PAULA (2000)								
	50L: 33.02								
	GORDILLO VAN GILS SILVIA (1996)								
	50L: 1:09.39								
	LOPEZ LOSADA SARA (2001)								
	50L: 1:42.27								
	RIVAS TENREIRO ARANTZA (1989)								
	50L: 2:15.45								
2	C. N. VIGO RÍAS BAIXAS	RBAIXAS	2:19.76	M 25	2025-12-21	AS POZAS			20
	MENDEZ SEIJO NEREA (1999)								
	50L: 32.58								
	RODRIGUEZ CERVINO ANA (2000)								
	50L: 1:05.31								
	GONZALEZ COVELO SANDRA (1993)								
	50L: 1:44.15								
	ALONSO PEREIRA FATIMA (1993)								
	50L: 2:19.76								
3	C. N. PONTEAREAS	PONTEARE	2:40.04	M 25	2025-12-21	AS POZAS			16
	COSTA FERNANDEZ LAURA (2001)								
	50L: 35.02								
	RODRIGUEZ PAZ LUCIA (2000)								
	50L: 1:12.66								
	ALVAREZ SOUTO CLAUDIA (2001)								
	50L: 1:46.57								
	RODRIGUEZ-TOUBES FORRYAN IRENE (1999)								
	50L: 2:40.04								

+120

1	C. N. AS MEIGAS	ASMEIGAS	2:07.51	M 50	2025-12-21	ROSARIO DUEÑAS	26
	POLO GIL PAULA (1997)						
	50L: 31.61						
	FRANCO CAL ALBA (1991)						
	50L: 2:07.51						
2	C. DEP. N. CIDADE DE SANTIAGO	CIDSANTI	2:19.00	M 50	2025-12-21	ROSARIO DUEÑAS	20
	MURAS MORA ANDREA (1989)						
	50L: 36.09						
	GONZALEZ RODRIGUEZ MARIA (1982)						
	50L: 2:19.00						
3	C. N. PONTEAREAS	PONTEARE	2:19.58	M 25	2025-12-21	AS POZAS	16
	VARELA REDONDO VERONICA (1975)						
	50L: 37.72						
	GESTO ALONSO CLARISA (1989)						
	50L: 1:11.48						
	IBAÑEZ CARRERA SARA (2001)						
	50L: 1:41.86						
	GONZALEZ PEREZ PAULA (1996)						
	50L: 2:19.58						
4	C. N. MOS	MOS	2:24.42	M 25	2025-12-21	AS POZAS	14
	ALONSO GONZALEZ INES (1992)						
	50L: 36.98						
	SOUSA CARNEIRO ROSANA (1971)						
	50L: 1:19.59						
	SILVEIRA LOUREIRO MARIA (1995)						
	50L: 1:53.40						
	DAVILA SILVA ALICIA (1998)						
	50L: 2:24.42						
5	C. N. E SALVAMENTO A ESTRADA	SALESTRA	2:50.43	M 50	2025-12-21	ROSARIO DUEÑAS	12
	RIVADULLA MALLO MARIA IRENE (1998)						
	50L: 33.75						
	VILARIÑO CACHO ELVIRA (1981)						
	50L: 2:50.43						

+160

1	C. N. FERROL	NFERROL	2:18.07	M 25	2025-12-20	J. GÓMEZ NOYA	26
	LOPEZ SANMARTIN TANIA (1991)						
	50L: 33.81						
	SOUTO DERUNGS CRISTINA (1985)						
	50L: 1:08.65						
	JIMENEZ PEREZ VICTORIA (1969)						
	50L: 1:48.15						
	HERMIDA RODRIGUEZ BLANCA (1981)						

					50L: 2:18.07				
2	C. N. VIGO RÍAS BAIXAS	RBAIXAS	2:27.97	M 25	2025-12-21	AS POZAS			20
	CHAMOSA MARTIN JULIA (1961)								
	50L: 38.23								
	GONZALEZ PEREZ JESSICA (1987)								
	50L: 1:14.45								
	PRADO FRANCO MARTHA-ELIZABETH (1979)								
	50L: 1:48.72								
	VAZQUEZ DUARTE CRISTINA (1986)								
	50L: 2:27.97								
3	C. HÉRCULES TERMARIA	HERCULES	2:37.92	M 25	2025-12-20	J. GÓMEZ NOYA			16
	CARBALLO BALOIRA SUSANA MARIA (1975)								
	50L: 45.49								
	LOPEZ MAHIA PURIFICACION (1963)								
	50L: 1:27.85								
	RODRIGUEZ PANTIN MARTA MARIA (1966)								
	50L: 2:06.30								
	FERNANDEZ GONZALEZ ELENA (2001)								
	50L: 2:37.92								
4	C. N. ESCUALOS	ESCUALOS	2:37.97	M 50	2025-12-21	ROSARIO DUEÑAS			14
	MIRA VAZQUEZ PAULA (1986)								
	50L: 42.12								
	MIRA VAZQUEZ MARTA (1981)								
	50L: 2:37.97								
5	SPORTING C. CASINO	SCASINO	2:43.38	M 25	2025-12-20	J. GÓMEZ NOYA			12
	LOPEZ CORTABITARTE BELEN (1987)								
	50L: 40.80								
	GARNACHO GAYARRE NURIA (1969)								
	50L: 1:24.20								
	ARIAS CHAO SARA (1991)								
	50L: 2:13.53								
	BARBEITO DOMINGUEZ MARTA (1984)								
	50L: 2:43.38								
6	REAL C. NÁUTICO DE VIGO	RCNVIGO	2:45.82	M 25	2025-12-21	AS POZAS			10
	MENDEZ VARELA ANA (1973)								
	50L: 48.38								
	GONZALEZ NUNEZ CRISTINA (1987)								
	50L: 1:29.66								
	SACRISTAN GARCIA MARIA (1974)								
	50L: 2:13.36								
	MARCOS VARELA LAURA (1976)								
	50L: 2:45.82								
7	C. MULLER EN FORMA	MULLEREF	2:54.30	M 25	2025-12-20	J. GÓMEZ NOYA			8
	SALGADO CASTELO MARTA (1994)								

					50L: 41.72				
					ABELLEIRA CORRAL GEMA (1980)				
					50L: 1:29.37				
					LOPEZ BARREIRO CRISTINA (1979)				
					50L: 2:14.12				
					GARCIA NAVAS CAROLINA (1979)				
					50L: 2:54.30				
8	C. N. PONTEAREAS	PONTEARE	2:56.46	M 25	2025-12-21	AS POZAS			6
	ALVAREZ COSTAS MARIA PAZ (1988)								
	50L: 33.78								
	BESADA FERNANDEZ ANA M. (1978)								
	50L: 1:20.46								
	VILAS ROMAN MARIA (1984)								
	50L: 2:04.83								
	FERNANDEZ GUARDIOLA LOIRA (1989)								
	50L: 2:56.46								
9	C. N. RIVEIRA	RIVEIRA	2:56.56	M 25	2025-12-21	AS POZAS			4
	MILLAN MIRANDA MARIA ELISA (1972)								
	50L: 52.00								
	REGUEIRA MARTINEZ MARIA J. (1975)								
	50L: 1:28.80								
	FERNANDEZ ESCURIS IRIA (1997)								
	50L: 2:07.75								
	GONZALEZ HERMO MARIA CARMEN (1976)								
	50L: 2:56.56								
10	C. N. AS MEIGAS	ASMEIGAS	2:57.49	M 50	2025-12-21	ROSARIO DUEÑAS			2
	CAL FERNANDEZ MONICA CATALINA (1964)								
	50L: 53.23								
	CASTRO MAYO JOANA (1990)								
	50L: 2:57.49								
DES	C. N. VALDEORRAS	VALDEORR		M 50	2025-12-21	ROSARIO DUEÑAS			0
+200									
1	C. N. PONTEAREAS	PONTEARE	2:54.31	M 25	2025-12-21	AS POZAS			26
	CALVIÑO CANCELA MARIA CRISTINA (1968)								
	50L: 44.28								
	OLMO VAQUEIRO LETICIA (1981)								
	50L: 1:25.25								
	JARDON GONZALEZ HELENA (1971)								
	50L: 2:05.49								
	SANCHEZ BARREIRO MARIA CARMEN (1976)								
	50L: 2:54.31								
2	C. N. MASTER PONS VETUS	PONSVETU	2:56.96	M 25	2025-12-21	AS POZAS			20

CAMINO GONZALEZ CATUXA (1977)

50L: 39.58

FILGUEIRA FRANCO LAURA (1978)

50L: 1:29.20

LLEVOT SANCHEZ ANA ISABEL (1970)

50L: 2:12.39

MARIÑO PAZ EVA MARIA (1974)

50L: 2:56.96

3 C. FLUVIAL LUGO FLUVLUGO 2:59.03 M 25 2025-12-20 J. GÓMEZ NOYA 16

GOMEZ DOVAL MARIA ANGELA (1956)

50L: 57.37

PUENTE MARIN CRISTINA (1995)

50L: 1:42.38

CASTRO MAESTRE ISaura (1969)

50L: 2:21.77

GOMEZ PAREDES MARIA (1976)

50L: 2:59.03

4 C. N. PABELLÓN OURENSE POURENSE 3:31.67 M 50 2025-12-21 ROSARIO DUEÑAS 14

VILELA PASCUAL MARIA LUISA (1971)

50L: 50.70

ACEVEDO REGO ERMITAS (1966)

50L: 3:31.67

DES C. MULLER EN FORMA MULLEREF M 25 2025-12-20 J. GÓMEZ NOYA 0

+240

1 C. N. MASTER PONS VETUS PONSVETU 3:17.02 M 25 2025-12-21 AS POZAS 26

BAGLIETTO MILLAN MARIA DOLORES (1952)

50L: 53.51

IGNACIO QUINTEIRO MARIA DEL CARMEN (1965)

50L: 1:43.44

GONZALEZ PIMENTEL SALETA (1972)

50L: 2:35.16

PAREDES RIOS ROSA MARIA (1968)

50L: 3:17.02

2 C. N. PABELLÓN OURENSE POURENSE 3:18.96 M 50 2025-12-21 ROSARIO DUEÑAS 20

BALADO LOPEZ ANA MARIA (1961)

50L: 43.72

GARCIA COLOMO MARIA CRISTINA (1962)

50L: 3:18.96

3 C. N. PONTEAREAS PONTEARE 3:56.23 M 25 2025-12-21 AS POZAS 16

FORRYAN SECCOMBE ANNE MAY (1966)

50L: 52.24

SOBRINO EIRIZ MARIA DEL VALLE (1972)

50L: 1:36.64

RODRIGUEZ TRONCOSO MARINA (1959)

50L: 2:36.35

GUARDIOLA MEDEL NURIA (1956)

50L: 3:56.23

4 C. MULLER EN FORMA MULLEREF 3:56.46 M 25 2025-12-20 J. GÓMEZ NOYA 14

FERNANDEZ COPA MARIA SUSANA (1967)

50L: 1:00.84

MARIN CASTRO MONTSERRAT (1971)

50L: 1:57.90

MAURIZ ABUIN MARIA DEL MAR (1969)

50L: 2:48.69

FERNANDEZ FERNANDEZ MARIA TERESA (1956)

50L: 3:56.46