

MARCAS MÍNIMAS

Tempada 2024/25. Circular 24-08.

Piscina de 25 metros con cronometraxe electrónica

Masculino										Proba	Feminino											
ALEVÍN		INFANTIL		JÚNIOR			ABSOLUTA				Conv	Conv	ABSOLUTA			JÚNIOR			INFANTIL		ALEVÍN	
2013	2012	2011	2010	2009	2008	2007	SUB 20 e maiores*	Abso.	Conv				Abso	SUB 20 e maiores*	2007	2008	2009	2010	2011	2012	2013	
00:38.90	00:36.15	00:32.30	00:29.10	00:28.20	00:27.40	00:26.80	00:26.30	00:25.85	00:00.60	50 Libre	00:00.40	00:29.60	00:30.00	00:30.25	00:30.60	00:31.10	00:31.70	00:32.30	00:33.50	00:35.75		
01:20.20	01:15.50	01:07.50	01:04.20	01:01.70	01:00.50	00:59.00	00:57.60	00:56.50	00:01.60	100 Libre	00:01.10	01:04.25	01:05.05	01:05.50	01:06.00	01:06.90	01:08.35	01:09.75	01:13.60	01:18.30		
02:51.50	02:43.00	02:24.00	02:19.00	02:15.50	02:13.00	02:11.00	02:06.50	02:04.00	00:03.50	200 Libre	00:02.50	02:18.00	02:20.50	02:21.75	02:23.00	02:24.05	02:27.95	02:30.25	02:41.45	02:49.95		
06:01.65	05:42.00	05:08.00	04:53.00	04:45.00	04:38.00	04:34.00	04:26.35	04:25.35	00:06.70	400 Libre	00:06.20	04:50.45	04:55.70	04:57.45	04:59.25	05:01.70	05:09.70	05:18.95	05:33.00	05:52.65		
12:35.00	11:54.20	10:36.20	10:06.20	09:47.00	09:32.00	09:26.45	09:12.50	09:00.00	00:12.90	800 Libre	00:11.00	09:52.30	10:00.00	10:06.00	10:12.00	10:18.50	10:27.95	10:45.00	11:20.10	12:04.60		
		20:09.45	19:17.25	18:45.00	18:30.00	18:18.00	17:52.00	17:25.00	00:23.50	1500 Libre	00:20.60	18:52.90	19:17.40	19:28.00	19:38.55	19:47.50	20:00.00	20:32.90				
00:43.80	00:41.40	00:37.60	00:35.65	00:34.10	00:32.60	00:32.10	00:31.00	00:30.20	00:01.50	50 Costas	00:00.90	00:34.50	00:35.00	00:35.30	00:35.60	00:36.50	00:36.65	00:37.35	00:39.70	00:42.10		
01:31.50	01:26.50	01:18.50	01:14.50	01:11.20	01:09.50	01:07.50	01:05.20	01:04.10	00:02.90	100 Costas	00:02.10	01:12.50	01:14.65	01:15.00	01:15.30	01:17.00	01:18.00	01:19.50	01:24.50	01:29.50		
03:15.00	03:06.00	02:47.00	02:41.00	02:37.00	02:33.00	02:30.00	02:25.00	02:21.50	00:05.50	200 Costas	00:03.90	02:37.10	02:38.95	02:40.35	02:41.75	02:45.25	02:46.90	02:51.00	03:02.75	03:11.95		
00:47.00	00:44.90	00:40.80	00:38.00	00:36.60	00:35.30	00:34.90	00:33.90	00:33.10	00:00.70	50 Braza	00:00.50	00:38.20	00:38.70	00:39.00	00:39.30	00:39.90	00:40.10	00:40.30	00:42.60	00:44.70		
01:41.00	01:36.50	01:27.70	01:21.70	01:18.70	01:17.00	01:16.50	01:13.20	01:12.20	00:02.40	100 Braza	00:01.40	01:22.75	01:23.40	01:23.70	01:24.00	01:25.10	01:26.00	01:27.00	01:32.00	01:36.50		
03:38.85	03:27.00	03:10.00	02:59.00	02:50.50	02:48.05	02:43.50	02:39.00	02:37.00	00:05.40	200 Braza	00:04.40	02:57.00	02:59.80	03:01.25	03:02.70	03:05.20	03:07.00	03:10.00	03:19.15	03:31.00		
00:44.15	00:41.40	00:36.75	00:34.20	00:32.80	00:31.00	00:30.50	00:28.40	00:27.90	00:00.40	50 Bolboreta	00:00.30	00:32.60	00:33.50	00:34.00	00:34.50	00:35.20	00:35.40	00:37.45	00:39.75	00:42.50		
01:35.00	01:29.00	01:19.00	01:13.50	01:10.50	01:08.20	01:06.90	01:03.20	01:02.50	00:01.10	100 Bolboreta	00:00.70	01:12.50	01:14.50	01:14.75	01:15.00	01:16.30	01:17.50	01:22.00	01:27.00	01:33.00		
03:29.00	03:17.00	02:57.00	02:45.00	02:39.00	02:34.00	02:30.00	02:24.00	02:21.50	00:02.90	200 Bolboreta	00:01.70	02:39.90	02:44.00	02:46.00	02:48.00	02:50.05	02:53.80	03:05.70	03:14.95	03:26.95		
01:36.50	01:32.00	01:19.00	01:14.20	01:12.00	01:10.20	01:08.80	01:06.00	01:04.50		100 Estilos		01:14.70	01:15.50	01:16.00	01:16.50	01:17.30	01:18.70	01:20.50	01:25.50	01:30.00		
03:19.00	03:08.00	02:50.00	02:42.00	02:36.00	02:31.00	02:28.00	02:23.50	02:20.00	00:03.70	200 Estilos	00:02.90	02:36.00	02:39.00	02:40.50	02:42.00	02:45.50	02:48.00	02:51.00	02:59.00	03:10.00		
07:02.00	06:39.00	05:52.00	05:36.00	05:27.00	05:22.00	05:16.00	05:03.00	04:59.00	00:08.80	400 Estilos	00:06.30	05:30.00	05:35.00	05:37.50	05:40.00	05:46.00	05:53.00	05:59.00	06:14.00	06:37.00		
								01:45.00	00:02.40	4x50 Libre	00:01.60	02:01.50										
	05:20.00		04:17.00		04:06.80			03:54.00	00:06.40	4x100 Libre	00:04.40	04:26.00			04:28.00		04:40.00		05:13.00			
	11:44.00		09:16.00		09:00.00			08:36.00	00:14.00	4x200 Libre	00:10.00	9:32.00			09:40.00		10:00.00		11:20.00			
								02:01.30	00:03.20	4x50 Estilos	00:02.10	2:17.50										
	06:03.00		04:54.00		04:41.00			04:18.00	00:08.00	4x100 Estilos	00:05.30	5:00.00			05:05.00		05:22.00		06:01.00			

* Mínima de participación só para absolutos

Para a conversión de electrónico a manual restaranse 19 centésimas, a excepción das probas de 50 metros onde restaranse 29 centésimas

Piscina de 50 metros con cronometraxe electrónica

En caso de discrepancia a táboa correcta é a de 25 metros.

Masculino										Proba	Feminino										
ALEVÍN		INFANTIL		JÚNIOR			ABSOLUTA				Conv	ABSOLUTA			JÚNIOR			INFANTIL		ALEVÍN	
2013	2012	2011	2010	2009	2008	2007	SUB 20 e maiores*	Abso.	Conv			Abso	SUB 20 e maiores*	2007	2008	2009	2010	2011	2012	2013	
00:39.50	00:36.75	00:32.90	00:29.70	00:28.80	00:28.00	00:27.40	00:26.90	00:26.45	00:00.60	50 Libre	00:00.40	00:30.00	00:30.40	00:30.65	00:31.00	00:31.50	00:32.10	00:32.70	00:33.90	00:36.15	
01:21.80	01:17.10	01:09.10	01:05.80	01:03.30	01:02.10	01:00.60	00:59.20	00:58.10	00:01.60	100 Libre	00:01.10	01:05.35	01:06.15	01:06.60	01:07.10	01:08.00	01:09.45	01:10.85	01:14.70	01:19.40	
02:55.00	02:46.50	02:27.50	02:22.50	02:19.00	02:16.50	02:14.50	02:10.00	02:07.50	00:03.50	200 Libre	00:02.50	02:20.50	02:23.00	02:24.25	02:25.50	02:26.55	02:30.45	02:32.75	02:43.95	02:52.45	
06:08.35	05:48.70	05:14.70	04:59.70	04:51.70	04:44.70	04:40.70	04:33.05	04:32.05	00:06.70	400 Libre	00:06.20	04:56.65	05:01.90	05:03.65	05:05.45	05:07.90	05:15.90	05:25.15	05:39.20	05:58.85	
12:47.90	12:07.10	10:49.10	10:19.10	09:59.90	09:44.90	09:39.35	09:25.40	09:12.90	00:12.90	800 Libre	00:11.00	10:03.30	10:11.00	10:17.00	10:23.00	10:29.50	10:38.95	10:56.00	11:31.10	12:15.60	
		20:32.95	19:40.75	19:08.50	18:53.50	18:41.50	18:15.50	17:48.50	00:23.50	1500 Libre	00:20.60	19:13.50	19:38.00	19:48.60	19:59.15	20:08.10	20:20.60	20:53.50			
00:45.30	00:42.90	00:39.10	00:37.15	00:35.60	00:34.10	00:33.60	00:32.50	00:31.70	00:01.50	50 Costas	00:00.90	00:35.40	00:35.90	00:36.20	00:36.50	00:37.40	00:37.55	00:38.25	00:40.60	00:43.00	
01:34.40	01:29.40	01:21.40	01:17.40	01:14.10	01:12.40	01:10.40	01:08.10	01:07.00	00:02.90	100 Costas	00:02.10	01:14.60	01:16.75	01:17.10	01:17.40	01:19.10	01:20.10	01:21.60	01:26.60	01:31.60	
03:20.50	03:11.50	02:52.50	02:46.50	02:42.50	02:38.50	02:35.50	02:30.50	02:27.00	00:05.50	200 Costas	00:03.90	02:41.00	02:42.85	02:44.25	02:45.65	02:49.15	02:50.80	02:54.90	03:06.65	03:15.85	
00:47.70	00:45.60	00:41.50	00:38.70	00:37.30	00:36.00	00:35.60	00:34.60	00:33.80	00:00.70	50 Braza	00:00.50	00:38.70	00:39.20	00:39.50	00:39.80	00:40.40	00:40.60	00:40.80	00:43.10	00:45.20	
01:43.40	01:38.90	01:30.10	01:24.10	01:21.10	01:19.40	01:18.90	01:15.60	01:14.60	00:02.40	100 Braza	00:01.40	01:24.15	01:24.80	01:25.10	01:25.40	01:26.50	01:27.40	01:28.40	01:33.40	01:37.90	
03:44.25	03:32.40	03:15.40	03:04.40	02:55.90	02:53.45	02:48.90	02:44.40	02:42.40	00:05.40	200 Braza	00:04.40	03:01.40	03:04.20	03:05.65	03:07.10	03:09.60	03:11.40	03:14.40	03:23.55	03:35.40	
00:44.55	00:41.80	00:37.15	00:34.60	00:33.20	00:31.40	00:30.90	00:28.80	00:28.30	00:00.40	50 Bolboreta	00:00.30	00:32.90	00:33.80	00:34.30	00:34.80	00:35.50	00:35.70	00:37.75	00:40.05	00:42.80	
01:36.10	01:30.10	01:20.10	01:14.60	01:11.60	01:09.30	01:08.00	01:04.30	01:03.60	00:01.10	100 Bolboreta	00:00.70	01:13.20	01:15.20	01:15.45	01:15.70	01:17.00	01:18.20	01:22.70	01:27.70	01:33.70	
03:31.90	03:19.90	02:59.90	02:47.90	02:41.90	02:36.90	02:32.90	02:26.90	02:24.40	00:02.90	200 Bolboreta	00:01.70	02:41.60	02:45.70	02:47.70	02:49.70	02:51.75	02:55.50	03:07.40	03:16.65	03:28.65	
										100 Estilos											
03:22.70	03:11.70	02:53.70	02:45.70	02:39.70	02:34.70	02:31.70	02:27.20	02:23.70	00:03.70	200 Estilos	00:02.90	02:38.90	02:41.90	02:43.40	02:44.90	02:48.40	02:50.90	02:53.90	03:01.90	03:12.90	
07:10.80	06:47.80	06:00.80	05:44.80	05:35.80	05:30.80	05:24.80	05:11.80	05:07.80	00:08.80	400 Estilos	00:06.30	05:36.30	05:41.30	05:43.80	05:46.30	05:52.30	05:59.30	06:05.30	06:20.30	06:43.30	
								01:47.40	00:02.40	4x50 Libre	00:01.60	02:03.10									
05:26.40	04:23.40			04:13.20				04:00.40	00:06.40	4x100 Libre	00:04.40	04:30.40		04:32.40		04:44.40		05:17.40			
11:58.00	09:30.00			09:14.00				08:50.00	00:14.00	4x200 Libre	00:10.00	09:42.00		09:50.00		10:10.00		11:30.00			
								02:04.50	00:03.20	4x50 Estilos	00:02.10	02:19.60									
06:11.00	05:02.00			04:49.00				04:26.00	00:08.00	4x100 Estilos	00:05.30	05:05.30		05:10.30		05:27.30		06:06.30			

* Mínima de participación só para absolutos
Para a conversión de electrónico a manual restaranse 19 centésimas, a excepción das probas de 50 metros onde restaranse 29 centésimas

Marcas mínimas de nadadores con discapacidade categoría Júnior e Absoluta

Mínimas Femininas para Nadadoras con Discapacidade													
	50L	100L	200L	400L	1500L	50M	100M	200M	50E	100E	50B	100B	200S
S1	2:50.45	6:13.56							2:37.59	5:52.15			
S2	2:14.82	5:06.02	12:51.54						2:10.54	4:38.20	2:40.93	5:48.23	
S3	1:59.84	4:00.75	9:04.52			2:05.92			1:53.42	3:39.35	1:47.00	3:55.40	8:17.55
S4	1:28.81	3:12.60	6:30.55	13:11.80		1:50.10			1:29.88	3:19.02	1:36.30	3:23.30	6:30.55
S5	59.92	2:08.40	4:22.15	9:00.35		1:07.41	2:27.66	5:15.65	1:07.41	2:24.45	1:10.62	2:26.59	4:48.90
S6	54.57	1:58.77	4:11.45	8:31.46		1:04.20	2:19.10	4:54.25	1:03.13	2:14.82	1:08.48	2:24.45	4:43.55
S7	50.29	1:44.86	3:50.05	8:01.50		58.85	2:08.40	4:29.64	1:02.06	2:11.61	1:05.27	2:19.10	4:38.20
S8	44.94	1:33.09	3:30.79	7:14.42		50.29	1:57.70	4:20.01	51.36	1:52.35	54.57	1:57.70	4:16.80
S9	40.66	1:26.67	3:01.90	6:14.50		44.94	1:36.30	3:35.07	46.01	1:41.65	50.29	1:47.00	3:39.35
S10	40.13	1:25.60	2:59.76	6:09.15		41.73	1:30.95	3:13.67	44.94	1:39.51			3:28.65
S11	57.25	2:02.41	4:08.24	8:28.79		56.71	1:57.70	4:08.24	1:04.09	2:14.29	1:03.13	2:16.96	4:22.15
S12	44.73	1:41.65	3:44.70	7:40.10		47.51	1:45.93	3:39.35	51.25	1:53.42	53.50	1:55.56	4:00.75
S13	44.73	1:41.65	3:44.70	7:40.10		47.51	1:45.93	3:39.35	51.25	1:53.42	53.50	1:55.56	4:00.75
Mínimas Masculinas para Nadadores con Discapacidade													
	50L	100L	200L	400L	1500L	50M	100M	200M	50E	100E	50B	100B	200S
S1	2:18.18	5:01.23							2:37.10	5:37.31			
S2	1:47.00	3:38.28	7:16.56						1:30.95	3:37.21	1:47.00	4:24.74	
S3	1:14.90	2:49.06	5:15.65			1:57.92			1:20.25	2:53.34	1:25.60	3:34.00	8:12.20
S4	1:10.62	2:29.80	4:49.97	10:09.90		1:23.46			1:18.11	2:45.85	1:20.25	2:45.85	5:58.45
S5	51.36	1:51.28	3:57.54	8:17.55		1:02.60	2:19.67	4:49.05	58.85	2:08.40	1:09.55	2:19.10	4:16.80
S6	48.15	1:41.65	3:41.49	7:29.40		49.22	1:41.65	3:39.35	57.78	1:57.70	1:04.20	2:13.75	4:00.75
S7	41.73	1:32.02	3:28.65	7:18.70		44.94	1:36.30	3:28.65	52.43	1:54.49	57.78	2:08.40	3:50.05
S8	39.06	1:24.53	3:01.90	6:25.20		40.66	1:30.95	3:17.95	46.01	1:33.09	46.01	1:42.72	3:34.00
S9	35.31	1:19.18	2:51.20	5:58.45		39.59	1:25.60	3:04.04	42.80	1:30.95	42.80	1:39.51	3:28.65
S10	33.71	1:14.90	2:45.85	5:53.10		37.45	1:20.25	2:56.55	39.59	1:28.81			3:17.95
S11	40.13	1:35.12	3:39.35	7:37.96		44.94	1:50.21	4:11.45	43.87	1:50.21	50.18	1:51.82	3:55.40
S12	34.78	1:19.18	2:45.85	6:03.80		38.52	1:34.16	3:12.60	38.52	1:41.65	45.37	1:43.79	3:39.35
S13	34.78	1:19.18	2:45.85	6:03.80		38.52	1:34.16	3:12.60	38.52	1:41.65	45.37	1:43.79	3:39.35

As mínimas da presente táboa serán as mesmas para piscina de 25 e 50 metros con cronometraxe electrónica.
As categorías en probas de braza e estilos, serán as correspondentes á SB y SM, do certificado que acredita a discapacidade.

Marcas mínimas de nadadores con discapacidade categoría infantil

Mínimas Femininas para Nadadoras con Discapacidade							
	50L	100L	200L	100E	100B	100M	200S
S1	3:06.64	6:49.05		6:25.60			
S2	2:27.63	5:35.09	14:04.84	5:04.63	6:21.31		
S3	2:11.22	4:23.62	9:56.25	4:00.19	4:17.76		9:04.82
S4	1:37.25	3:30.90	7:07.65	3:37.93	3:42.61		7:07.65
S5	1:05.61	2:20.60	4:47.05	2:38.17	2:40.52	2:41.69	5:16.35
S6	59.75	2:10.05	4:35.34	2:27.63	2:38.17	2:32.31	5:10.49
S7	55.07	1:54.82	4:11.90	2:24.11	2:32.31	2:20.60	5:04.63
S8	49.21	1:41.93	3:50.82	2:03.02	2:08.88	2:08.88	4:41.20
S9	44.52	1:34.90	3:19.18	1:51.31	1:57.17	1:45.45	4:00.19
S10	43.94	1:33.73	3:16.84	1:48.96		1:39.59	3:48.47
S11	1:02.69	2:14.04	4:31.82	2:27.05	2:29.97	2:08.88	4:47.05
S12	48.98	1:51.31	4:06.05	2:04.19	2:06.54	1:55.99	4:23.62
S13	48.98	1:51.31	4:06.05	2:04.19	2:06.54	1:55.99	4:23.62
Mínimas Masculinas para Nadadores con Discapacidade							
	50L	100L	200L	100E	100B	100M	200S
S1	2:31.31	5:29.85		6:09.35			
S2	1:57.17	3:59.02	7:58.03	3:57.84	4:49.89		
S3	1:22.02	3:05.12	5:45.64	3:09.81	3:54.33		8:58.96
S4	1:17.33	2:44.03	5:17.52	3:01.61	3:01.61		6:32.50
S5	56.24	2:01.85	4:20.11	2:20.60	2:32.31	2:32.94	4:41.20
S6	52.72	1:51.31	4:02.53	2:08.88	2:26.46	1:51.31	4:23.62
S7	45.69	1:40.76	3:48.47	2:05.37	2:20.60	1:45.45	4:11.90
S8	42.77	1:32.56	3:19.18	1:41.93	1:52.48	1:39.59	3:54.33
S9	38.66	1:26.70	3:07.46	1:39.59	1:48.96	1:33.73	3:48.47
S10	36.91	1:22.02	3:01.61	1:37.25		1:27.87	3:36.76
S11	43.94	1:44.16	4:00.19	2:00.68	2:02.44	2:00.68	4:17.76
S12	38.08	1:26.70	3:01.61	1:51.31	1:53.65	1:43.11	4:00.19
S13	38.08	1:26.70	3:01.61	1:51.31	1:53.65	1:43.11	4:00.19

As mínimas da presente táboa serán as mesmas para piscina de 25 e 50 metros con cronometraxe electrónica.
As categorías en probas de braza e estilos, serán as correspondentes á SB y SM, do certificado que acredita a discapacidade.

Marcas mínimas de nadadores con discapacidade categoría Alevín

Mínimas Femininas para Nadadoras con Discapacidade						
	100L	200L	100E	100B	100M	200S
S1	7:50.41		7:23.44			
S2	6:25.35	16:11.57	5:50.32	7:18.51		
S3	5:03.16	11:25.69	4:36.22	4:56.42		10:26.54
S4	4:02.53	8:11.80	4:10.62	4:16.00		8:11.80
S5	2:41.69	5:30.11	3:01.90	3:04.60	3:05.94	6:03.80
S6	2:29.56	5:16.64	2:49.77	3:01.90	2:55.16	5:57.06
S7	2:12.04	4:49.68	2:45.73	2:55.16	2:41.69	5:50.32
S8	1:57.22	4:25.44	2:21.47	2:28.21	2:28.21	5:23.38
S9	1:49.14	3:49.06	2:08.01	2:14.75	2:01.27	4:36.22
S10	1:47.79	3:46.37	2:05.30		1:54.53	4:22.74
S11	2:34.15	5:12.59	2:49.11	2:52.47	2:28.21	5:30.11
S12	2:08.01	4:42.96	2:22.82	2:25.52	2:13.39	5:03.16
S13	2:08.01	4:42.96	2:22.82	2:25.52	2:13.39	5:03.16
Mínimas Masculinas para Nadadores con Discapacidade						
	100L	200L	100E	100B	100M	200S
S1	6:19.33		7:04.75			
S2	4:34.87	9:09.73	4:33.52	5:33.37		
S3	3:32.89	6:37.49	3:38.28	4:29.48		10:19.80
S4	3:08.63	6:05.15	3:28.85	3:28.85		7:31.38
S5	2:20.13	4:59.13	2:41.69	2:55.16	2:55.88	5:23.38
S6	2:08.01	4:38.91	2:28.21	2:48.43	2:08.01	5:03.16
S7	1:55.87	4:22.74	2:24.18	2:41.69	2:01.27	4:49.68
S8	1:46.44	3:49.06	1:57.22	2:09.35	1:54.53	4:29.48
S9	1:39.71	3:35.58	1:54.53	2:05.30	1:47.79	4:22.74
S10	1:34.32	3:28.85	1:51.84		1:41.05	4:09.27
S11	1:59.78	4:36.22	2:18.78	2:20.81	2:18.78	4:56.42
S12	1:39.71	3:28.85	2:08.01	2:10.70	1:58.58	4:36.22
S13	1:39.71	3:28.85	2:08.01	2:10.70	1:58.58	4:36.22

As mínimas da presente táboa serán as mesmas para piscina de 25 e 50 metros con cronometraxe electrónica.
As categorías en probas de braza e estilos, serán as correspondentes á SB y SM, do certificado que acredita a discapacidade.