

## 1.- 100 m Estilos Masculino (TIM)

2025-03-22 17:00

ABSO\_M

1	1039141	<b>ARES BARRAL, Anton</b>	00	PANAS	<b>1:00.71</b>	<b>23.0</b>
	50 m:	27.58 27.58	100 m:	1:00.71	33.13	
2	1076386	<b>VICENTE FERREIRA, Yago</b>	07	CNVILAG	<b>1:01.72</b>	<b>20.0</b>
	50 m:	28.04 28.04	100 m:	1:01.72	33.68	
3	1143945	<b>CARRIL FERNANDEZ, Nicolas</b>	09	ARZUA	<b>1:01.88</b>	<b>18.0</b>
	50 m:	29.92 29.92	100 m:	1:01.88	31.96	
4	1110116	<b>BLANCO RUIZ, Jacobo</b>	98	PANAS	<b>1:03.89</b>	<b>17.0</b>
	50 m:	28.68 28.68	100 m:	1:03.89	35.21	
5	1144176	<b>CILLERO GARCÍA, Antón</b>	08	CDELMAR	<b>1:04.51</b>	<b>16.0</b>
	50 m:	29.98 29.98	100 m:	1:04.51	34.53	
6	1108775	<b>GONZÁLEZ MARIÑO, Jorge</b>	01	RIVEIRA	<b>1:06.20</b>	<b>15.0</b>
	50 m:	30.11 30.11	100 m:	1:06.20	36.09	
7	1147173	<b>LOPEZ TURIÑO, Hugo</b>	09	CNLICEO	<b>1:06.69</b>	<b>14.0</b>
	50 m:	31.23 31.23	100 m:	1:06.69	35.46	
8	1144742	<b>GARABATOS CRESPO, Marcos</b>	11	CNMOS	<b>1:07.37</b>	<b>13.0</b>
	50 m:	30.64 30.64	100 m:	1:07.37	36.73	
9	1187890	<b>SILVA GUERRERO, Jeyden Jael</b>	11	RIVEIRA	<b>1:07.42</b>	<b>12.0</b>
	50 m:	30.24 30.24	100 m:	1:07.42	37.18	
10	1077366	<b>CASTRO GARCIA, Pedro</b>	02	CNMOS	<b>1:07.58</b>	<b>11.0</b>
	50 m:	30.80 30.80	100 m:	1:07.58	36.78	
11	1146769	<b>GARAIZABAL DE LA MONTAÑA, Carlos</b>	07	CDELMAR	<b>1:07.70</b>	<b>10.0</b>
	50 m:	31.43 31.43	100 m:	1:07.70	36.27	
12	1037490	<b>PAMPIN IGLESIAS, David</b>	98	ARZUA	<b>1:08.84</b>	<b>9.0</b>
	50 m:	32.41 32.41	100 m:	1:08.84	36.43	
13	1147193	<b>FREIRE ALVAREZ, Ivan</b>	09	CNLICEO	<b>1:10.32</b>	<b>8.0</b>
	50 m:	32.52 32.52	100 m:	1:10.32	37.80	
14	1144443	<b>LAGE GUIMIL, Damián</b>	10	CNVILAG	<b>1:13.90</b>	<b>7.0</b>
	50 m:	35.22 35.22	100 m:	1:13.90	38.68	
15	1077354	<b>SEIJAS SOBRAL, Samuel</b>	89	CNREDON	<b>1:15.89</b>	<b>6.0</b>
	50 m:	36.16 36.16	100 m:	1:15.89	39.73	
16	1195561	<b>GARCÍA MEÍTIN, Angel</b>	10	CNXOVE	<b>1:16.55</b>	<b>5.0</b>
	50 m:	35.49 35.49	100 m:	1:16.55	41.06	
17	1185652	<b>PIGUEIRAS ESCUREDO, Pablo</b>	11	CNXOVE	<b>1:17.37</b>	<b>4.0</b>
	50 m:	36.90 36.90	100 m:	1:17.37	40.47	
18	1208829	<b>RODRIGUEZ BOUZON, Diego</b>	06	CNREDON	<b>1:18.97</b>	<b>3.0</b>
	50 m:	36.50 36.50	100 m:	1:18.97	42.47	



LIGA GAL. CLUBES PRE XOR 3 DIV. 3  
As Pozas. Piscina de 25 m. Cronometraxe manual.

19	1243192	<b>CALVO GRELA, Abel</b>				11	CNORDES	<b>1:20.45</b>	<b>2.0</b>
	50 m:	56.56	56.56	100 m:	1:20.45	23.89			

## 2.- 100 m Estilos Feminino (TIM)

2025-03-22 17:00

ABSO\_F

1	1143775	<b>MARTINEZ OTERO, Eva</b>	08	CNMOS	<b>1:10.22</b>	<b>23.0</b>
	50 m:	32.16 32.16	100 m:	1:10.22	38.06	
2	1147020	<b>PEREIRO RODRIGUEZ, Carolina</b>	08	CNMOS	<b>1:10.35</b>	<b>20.0</b>
	50 m:	33.03 33.03	100 m:	1:10.35	37.32	
3	1107223	<b>PENSADO PARADA, Sabela</b>	85	RIVEIRA	<b>1:13.43</b>	<b>18.0</b>
	50 m:	33.55 33.55	100 m:	1:13.43	39.88	
4	1101801	<b>BOTANA PEDREIRA, Lola</b>	06	PANAS	<b>1:13.56</b>	<b>17.0</b>
	50 m:	33.99 33.99	100 m:	1:13.56	39.57	
5	1196050	<b>CEBEY FIDALGO, Iraide</b>	11	CNLICEO	<b>1:14.45</b>	<b>16.0</b>
	50 m:	35.44 35.44	100 m:	1:14.45	39.01	
6	1226321	<b>LOPEZ SUAREZ, Alda</b>	10	CNORDES	<b>1:15.78</b>	<b>15.0</b>
	50 m:	34.16 34.16	100 m:	1:15.78	41.62	
7	1144436	<b>ESPADA RADÍO, Noemí</b>	09	CNVILAG	<b>1:15.98</b>	<b>14.0</b>
	50 m:	35.48 35.48	100 m:	1:15.98	40.50	
8	1143800	<b>IBAÑEZ JIMENO, Paula</b>	09	RIVEIRA	<b>1:16.00</b>	<b>13.0</b>
	50 m:	34.26 34.26	100 m:	1:16.00	41.74	
9	1143741	<b>CORES VAZQUEZ, Mariña</b>	10	CNVILAG	<b>1:16.40</b>	<b>12.0</b>
	50 m:	35.06 35.06	100 m:	1:16.40	41.34	
10	1143765	<b>BUJAN ROUCO, Enma</b>	07	CNXOVE	<b>1:17.34</b>	<b>11.0</b>
	50 m:	35.28 35.28	100 m:	1:17.34	42.06	
11	1039655	<b>ABELEIRA ALVAREZ, Raquel</b>	99	PANAS	<b>1:17.56</b>	<b>10.0</b>
	50 m:	34.78 34.78	100 m:	1:17.56	42.78	
12	1041448	<b>VAZQUEZ SANCHEZ, Pilar</b>	98	CNXOVE	<b>1:18.91</b>	<b>9.0</b>
	50 m:	37.15 37.15	100 m:	1:18.91	41.76	
13	1144332	<b>RODRÍGUEZ QUINTELA, Uxía</b>	08	CDELMAR	<b>1:21.46</b>	<b>8.0</b>
	50 m:	39.22 39.22	100 m:	1:21.46	42.24	
14	1192780	<b>PLA PERNAS, Aina</b>	11	CDELMAR	<b>1:21.99</b>	<b>7.0</b>
	50 m:	36.36 36.36	100 m:	1:21.99	45.63	
15	1135399	<b>ALFAYA RAFAEL, Julia</b>	05	CNREDON	<b>1:22.14</b>	<b>6.0</b>
	50 m:	35.47 35.47	100 m:	1:22.14	46.67	
16	1263039	<b>CASTRO FANDIÑO, Icíá</b>	10	CNORDES	<b>1:25.68</b>	<b>5.0</b>
	50 m:	39.39 39.39	100 m:	1:25.68	46.29	
17	1236267	<b>RODRIGUEZ GARCÍA, Martina Laura</b>	10	CNLICEO	<b>1:28.32</b>	<b>4.0</b>
	50 m:	40.11 40.11	100 m:	1:28.32	48.21	
WDR	1253927	<b>LOSADA BINI, Daniela</b>	11	CNREDON		<b>0.0</b>



LIGA GAL. CLUBES PRE XOR 3 DIV. 3  
As Pozas. Piscina de 25 m. Cronometraxe manual.

WDR	1109179	<b>SANTIAGO DE LA CASA, Laura</b>	99	ARZUA	<b>0,0</b>
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### 3.- 1500 m Libre Masculino (TIM)

2025-03-22 17:00

ABSO\_M

1	1100541	<b>CUBEIRO ROSENDE, Xoel</b>	07	CNLICEO	<b>16:16.55</b>	<b>23.0</b>
	50 m:	27.99 27.99	100 m:	59.76 31.77	150 m:	200 m: 2:04.46 1:04.70
	250 m:		300 m:		350 m:	400 m: 4:15.35 2:10.89
	450 m:		500 m:		550 m:	600 m:
	650 m:		700 m:		750 m:	800 m: 8:39.08 4:23.73
	850 m:		900 m:		950 m:	1000 m:
	1050 m:		1100 m:		1150 m:	1200 m:
	1250 m:		1300 m:		1350 m:	1400 m:
	1450 m:		1500 m:	16:16.55 7:37.47		
2	1143549	<b>LOPEZ VARELA, Anton</b>	09	ARZUA	<b>17:04.04</b>	<b>20.0</b>
	50 m:	30.21 30.21	100 m:	1:04.03 33.82	150 m:	200 m: 2:12.40 1:08.37
	250 m:		300 m:		350 m:	400 m: 4:28.90 2:16.50
	450 m:		500 m:		550 m:	600 m:
	650 m:		700 m:		750 m:	800 m: 9:03.47 4:34.57
	850 m:		900 m:		950 m:	1000 m:
	1050 m:		1100 m:		1150 m:	1200 m:
	1250 m:		1300 m:		1350 m:	1400 m:
	1450 m:		1500 m:	17:04.04 8:00.57		
3	1144481	<b>PATIÑO RÍOS, Jesús</b>	09	RIVEIRA	<b>17:23.93</b>	<b>18.0</b>
	50 m:	30.65 30.65	100 m:	1:04.51 33.86	150 m:	200 m: 2:13.53 1:09.02
	250 m:		300 m:		350 m:	400 m: 4:30.73 2:17.20
	450 m:		500 m:		550 m:	600 m:
	650 m:		700 m:		750 m:	800 m: 9:11.66 4:40.93
	850 m:		900 m:		950 m:	1000 m:
	1050 m:		1100 m:		1150 m:	1200 m:
	1250 m:		1300 m:		1350 m:	1400 m:
	1450 m:		1500 m:	17:23.93 8:12.27		
4	1180213	<b>ANTON PEREZ, Ruben</b>	11	CNXOVE	<b>18:00.46</b>	<b>17.0</b>
	50 m:	31.41 31.41	100 m:	1:06.23 34.82	150 m:	200 m: 2:18.83 1:12.60
	250 m:		300 m:		350 m:	400 m: 4:45.14 2:26.31
	450 m:		500 m:		550 m:	600 m:
	650 m:		700 m:		750 m:	800 m: 9:36.64 4:51.50
	850 m:		900 m:		950 m:	1000 m:
	1050 m:		1100 m:		1150 m:	1200 m:
	1250 m:		1300 m:		1350 m:	1400 m:
	1450 m:		1500 m:	18:00.46 8:23.82		
5	1143737	<b>CASTRO DURO, Xoel</b>	10	CNVILAG	<b>18:52.59</b>	<b>16.0</b>
	50 m:	33.35 33.35	100 m:	1:10.06 36.71	150 m:	200 m: 2:25.81 1:15.75
	250 m:		300 m:		350 m:	400 m: 4:58.40 2:32.59
	450 m:		500 m:		550 m:	600 m:
	650 m:		700 m:		750 m:	800 m: 10:07.45 5:09.05
	850 m:		900 m:		950 m:	1000 m:
	1050 m:		1100 m:		1150 m:	1200 m:
	1250 m:		1300 m:		1350 m:	1400 m:
	1450 m:		1500 m:	18:52.59 8:45.14		
6	1187891	<b>PEREZ MOURE, Nicolas</b>	06	CDELMAR	<b>19:19.36</b>	<b>15.0</b>
	50 m:	30.72 30.72	100 m:	1:06.00 35.28	150 m:	200 m: 2:20.74 1:14.74
	250 m:		300 m:		350 m:	400 m: 4:56.22 2:35.48



LIGA GAL. CLUBES PRE XOR 3 DIV. 3  
As Pozas. Piscina de 25 m. Cronometraxe manual.

450 m:	500 m:	550 m:	600 m:
650 m:	700 m:	750 m:	800 m: 10:09.14 5:12.92
850 m:	900 m:	950 m:	1000 m:
1050 m:	1100 m:	1150 m:	1200 m:
1250 m:	1300 m:	1350 m:	1400 m:
1450 m:	1500 m: 19:19.36 9:10.22		

7	1039270	<b>TRILLO RODRIGUEZ, Adrian</b>	97	CNMOS	<b>19:56.73</b>	<b>14.0</b>
	50 m: 33.21 33.21	100 m: 1:10.10 36.89		150 m:	200 m: 2:26.18 1:16.08	
	250 m:	300 m:		350 m:	400 m: 5:02.44 2:36.26	
	450 m:	500 m:		550 m:	600 m:	
	650 m:	700 m:		750 m:	800 m: 10:22.76 5:20.32	
	850 m:	900 m:		950 m:	1000 m:	
	1050 m:	1100 m:		1150 m:	1200 m:	
	1250 m:	1300 m:		1350 m:	1400 m:	
	1450 m:	1500 m: 19:56.73 9:33.97				

DNF	1113228	<b>ARES MIRAGAYA, Adrian</b>	00	PANAS		<b>0,0</b>
WDR	1130788	<b>GONZALEZ GARCIA, Martin</b>	08	CNREDON		<b>0,0</b>

#### 4.- 200 m Libre Feminino (TIM)

2025-03-22 17:00

ABSO\_F

1	1144414	<b>HERMIDA ALONSO, Antia</b>	08	CNMOS	<b>2:12.88</b>	<b>23.0</b>
	50 m:	30.48 30.48	100 m:	1:03.71 33.23	150 m:	200 m: 2:12.88 1:09.17
2	1144484	<b>AGEITOS ROMERO, Lucia</b>	11	RIVEIRA	<b>2:16.86</b>	<b>20.0</b>
	50 m:	31.08 31.08	100 m:	1:06.03 34.95	150 m:	200 m: 2:16.86 1:10.83
3	1196050	<b>CEBEY FIDALGO, Iraide</b>	11	CNLICEO	<b>2:17.10</b>	<b>18.0</b>
	50 m:	31.46 31.46	100 m:	1:06.15 34.69	150 m:	200 m: 2:17.10 1:10.95
4	1143653	<b>TOUCEDA LOURIDO, Laura</b>	07	CNVILAG	<b>2:17.49</b>	<b>17.0</b>
	50 m:	32.15 32.15	100 m:	1:06.59 34.44	150 m:	200 m: 2:17.49 1:10.90
5	1184176	<b>SALGUEIRIÑO ÁLVAREZ, Noa</b>	08	CNMOS	<b>2:18.68</b>	<b>16.0</b>
	50 m:	31.17 31.17	100 m:	1:06.39 35.22	150 m:	200 m: 2:18.68 1:12.29
6	1141232	<b>MUÑIZ RAMA, Maria</b>	08	RIVEIRA	<b>2:20.84</b>	<b>15.0</b>
	50 m:	33.38 33.38	100 m:	1:08.83 35.45	150 m:	200 m: 2:20.84 1:12.01
7	1201624	<b>DOVAL CASTRO, Carla</b>	08	CNREDON	<b>2:20.85</b>	<b>14.0</b>
	50 m:	32.74 32.74	100 m:	1:08.80 36.06	150 m:	200 m: 2:20.85 1:12.05
8	1180421	<b>GONZÁLEZ DIOSDADO, Irene</b>	09	CNVILAG	<b>2:23.53</b>	<b>13.0</b>
	50 m:	33.17 33.17	100 m:	1:10.14 36.97	150 m:	200 m: 2:23.53 1:13.39
9	1192783	<b>SANTOS SÁNCHEZ, Sara</b>	11	CDELMAR	<b>2:26.21</b>	<b>12.0</b>
	50 m:	35.55 35.55	100 m:	1:10.64 35.09	150 m:	200 m: 2:26.21 1:15.57
10	1219489	<b>GONZALEZ GARCIA, Julia</b>	11	CNXOVE	<b>2:27.63</b>	<b>11.0</b>
	50 m:	34.95 34.95	100 m:	1:13.60 38.65	150 m:	200 m: 2:27.63 1:14.03
11	1253170	<b>ABADIN ROZENBAUM, Lucia lara</b>	97	CDELMAR	<b>2:27.72</b>	<b>10.0</b>
	50 m:	34.54 34.54	100 m:	1:12.68 38.14	150 m:	200 m: 2:27.72 1:15.04
12	1076366	<b>BARRO ALVAREZ, Emilia</b>	06	CNXOVE	<b>2:28.12</b>	<b>9.0</b>
	50 m:	32.84 32.84	100 m:	1:10.84 38.00	150 m:	200 m: 2:28.12 1:17.28
13	1234808	<b>VÁZQUEZ CAMPOS, Noelia</b>	10	ARZUA	<b>2:28.40</b>	<b>8.0</b>
	50 m:	33.79 33.79	100 m:	1:13.07 39.28	150 m:	200 m: 2:28.40 1:15.33
14	1250485	<b>ALVAREZ RIOS, Andrea</b>	11	CNORDES	<b>2:31.23</b>	<b>7.0</b>
	50 m:	34.55 34.55	100 m:	1:13.41 38.86	150 m:	200 m: 2:31.23 1:17.82
15	1093692	<b>GARRIDO MARTÍNEZ, Elena</b>	02	PANAS	<b>2:33.43</b>	<b>6.0</b>
	50 m:	34.69 34.69	100 m:	1:13.06 38.37	150 m:	200 m: 2:33.43 1:20.37
16	1144644	<b>CAMBA VÁZQUEZ, Maria</b>	08	CNLICEO	<b>2:34.08</b>	<b>5.0</b>
	50 m:	34.51 34.51	100 m:	1:13.07 38.56	150 m:	200 m: 2:34.08 1:21.01
17	1231593	<b>MALLO RODRIGUEZ, Erika</b>	10	CNORDES	<b>2:34.32</b>	<b>4.0</b>
	50 m:	35.06 35.06	100 m:	1:14.17 39.11	150 m:	200 m: 2:34.32 1:20.15
18	1111721	<b>PAZOS FERNÁNDEZ, Carolina</b>	02	PANAS	<b>2:40.06</b>	<b>3.0</b>
	50 m:	35.30 35.30	100 m:	1:14.84 39.54	150 m:	200 m: 2:40.06 1:25.22



LIGA GAL. CLUBES PRE XOR 3 DIV. 3  
As Pozas. Piscina de 25 m. Cronometraxe manual.

19	1252674	<b>ZAPATA VILLAR, Celia</b>				10	ARZUA	<b>2:47.79</b>	<b>2.0</b>
	50 m:	36.72	36.72	100 m:	1:18.69	41.97	150 m:	200 m:	2:47.79 1:29.10



## 5.- 50 m Braza Masculino (TIM)

2025-03-22 17:00

ABSO\_M

1	1143945	CARRIL FERNANDEZ, Nicolas	09	ARZUA	30.24	23.0
2	1017218	LEIRO ALVAREZ, Luis	90	CNREDON	31.04	20.0
3	1110118	CARNEIRO VIQUEIRA, Xabier	00	PANAS	32.05	18.0
4	1143774	BELTRAN FREIRIA, Oskar	04	CNMOS	32.56	17.0
5	1076544	GARABATOS RODRIGUEZ, Santiago	74	CNMOS	32.77	16.0
6	1111709	BRAVO CUENCA, Pablo	00	PANAS	33.03	15.0
7	1037490	PAMPIN IGLESIAS, David	98	ARZUA	33.54	14.0
8	1144995	RIAL SIEIRA, Leo	06	RIVEIRA	34.55	13.0
9	1141235	MARIÑO SILVA, Brais	08	RIVEIRA	34.99	12.0
10	1143353	PEREZ TEIJEIRA, Iago	06	CNXOVE	35.95	11.0
11	1147193	FREIRE ALVAREZ, Ivan	09	CNLICEO	36.20	10.0
12	1144443	LAGE GUIMIL, Damián	10	CNVILAG	36.78	9.0
13	1243192	CALVO GRELA, Abel	11	CNORDES	41.39	8.0
14	1192779	PÉREZ MOURE, César	10	CDELMAR	41.57	7.0
15	1173199	LEAL DURAN, David	10	CNXOVE	42.31	6.0
16	1144440	GARCÍA ÁLVAREZ, Marcos	10	CNVILAG	44.50	5.0
DSQ	1202053	REY FERNANDEZ, Miguel	11	CNREDON		0,0

6.- 50 m Braza Feminino (TIM)

2025-03-22 17:00

ABSO\_F

1	1147020	PEREIRO RODRIGUEZ, Carolina	08	CNMOS	35.04	23.0
2	1107420	DAVILA SILVA, Alicia	98	CNMOS	37.09	20.0
3	1226323	VEIRAS MARTIN, Blanca	11	CNORDES	37.23	18.0
4	1141243	REY OLVEIRA, Ana	07	RIVEIRA	38.15	17.0
5	1101801	BOTANA PEDREIRA, Lola	06	PANAS	38.60	16.0
6	1143790	MUÑOZ RAMA, Marta	10	RIVEIRA	39.30	15.0
7	1192782	SANTOS SÁNCHEZ, Irene	11	CDELMAR	40.21	14.0
8	1041448	VAZQUEZ SANCHEZ, Pilar	98	CNXOVE	40.27	13.0
9	1146756	RAMOS DAYAN, Sabela	08	CNXOVE	40.84	12.0
10	1039655	ABELEIRA ALVAREZ, Raquel	99	PANAS	41.23	11.0
11	1244351	TABOADA TORRES, Victoria Andrea	08	CDELMAR	41.62	10.0
12	1226320	GESTAL BOQUETE, Andrea	10	CNORDES	46.06	9.0
13	1244438	PULLEIRO MAZÁS, Helena	09	ARZUA	55.99	8.0
DSQ	1144439	SANTOS CAEIRO, Noelia	10	CNVILAG		0,0
DSQ	1241053	GARCIA RIVERA, Natalia	11	ARZUA		0,0
DSQ	1144837	HAREA HAREA, Catalina	08	CNVILAG		0,0

## 7.- 200 m Bolboreta Masculino (TIM)

2025-03-22 17:00

ABSO\_M

1	1093687	<b>GARCIA GARAY, Marcos</b>	01	PANAS	<b>2:14.30</b>	<b>23.0</b>
	50 m:	30.07 30.07	100 m:	150 m:	200 m:	2:14.30 1:44.23
2	1147173	<b>LOPEZ TURIÑO, Hugo</b>	09	CNLICEO	<b>2:14.32</b>	<b>20.0</b>
	50 m:	29.94 29.94	100 m:	150 m:	200 m:	2:14.32 1:10.27
3	1144449	<b>TOURÍS RODRÍGUEZ, Anxo</b>	08	CNVILAG	<b>2:17.31</b>	<b>18.0</b>
	50 m:	30.07 30.07	100 m:	150 m:	200 m:	2:17.31 1:12.13
4	1141235	<b>MARIÑO SILVA, Brais</b>	08	RIVEIRA	<b>2:18.57</b>	<b>17.0</b>
	50 m:	29.67 29.67	100 m:	150 m:	200 m:	2:18.57 1:14.20
5	1037839	<b>BRAVO CONDE, Cristian</b>	00	PANAS	<b>2:24.10</b>	<b>16.0</b>
	50 m:	31.62 31.62	100 m:	150 m:	200 m:	2:24.10 1:16.21
6	1144481	<b>PATÍÑO RÍOS, Jesús</b>	09	RIVEIRA	<b>2:31.59</b>	<b>15.0</b>
	50 m:	32.60 32.60	100 m:	150 m:	200 m:	2:31.59 1:20.68
7	1195561	<b>GARCÍA MEÍTIN, Angel</b>	10	CNXOVE	<b>2:36.78</b>	<b>14.0</b>
	50 m:	35.56 35.56	100 m:	150 m:	200 m:	2:36.78 1:21.65
8	1144316	<b>LONGUEIRA GILDA, Martín</b>	07	CDELMAR	<b>2:37.56</b>	<b>13.0</b>
	50 m:	32.04 32.04	100 m:	150 m:	200 m:	2:37.56 1:26.37
9	1144434	<b>GONZÁLEZ FERNÁNDEZ, Hugo</b>	07	CNVILAG	<b>2:40.15</b>	<b>12.0</b>
	50 m:	32.18 32.18	100 m:	150 m:	200 m:	2:40.15 1:29.91
10	1202053	<b>REY FERNANDEZ, Miguel</b>	11	CNREDON	<b>2:48.68</b>	<b>11.0</b>
	50 m:	35.74 35.74	100 m:	150 m:	200 m:	2:48.68 1:30.87
11	1221224	<b>VÁZQUEZ MARTÍNEZ, Martín</b>	11	CNLICEO	<b>2:52.32</b>	<b>10.0</b>
	50 m:	37.94 37.94	100 m:	150 m:	200 m:	2:52.32 1:30.61
12	1185652	<b>PIGUEIRAS ESCUREDO, Pablo</b>	11	CNXOVE	<b>2:58.52</b>	<b>9.0</b>
	50 m:	37.80 37.80	100 m:	150 m:	200 m:	2:58.52 1:37.01
13	1222942	<b>PARAMOS ALONSO, Martin</b>	11	CNMOS	<b>3:16.18</b>	<b>8.0</b>
	50 m:	40.61 40.61	100 m:	150 m:	200 m:	3:16.18 1:45.12
14	1175119	<b>BAUTISTA ESTEVEZ, Xabier</b>	09	CNMOS	<b>3:26.21</b>	<b>7.0</b>
	50 m:	42.63 42.63	100 m:	150 m:	200 m:	3:26.21 1:54.59
WDR	1217943	<b>SANGUIAO REGUEIRA, Felix</b>	09	ARZUA		<b>0,0</b>

## 8.- 200 m Bolboreta Feminino (TIM)

2025-03-22 17:00

ABSO\_F

1	1144484	<b>AGEITOS ROMERO, Lucia</b>	11	RIVEIRA	<b>2:30.50</b>	<b>23.0</b>
	50 m:	33.71 33.71	100 m:	1:11.47 37.76	150 m:	200 m: 2:30.50 1:19.03
2	1143800	<b>IBAÑEZ JIMENO, Paula</b>	09	RIVEIRA	<b>2:36.98</b>	<b>20.0</b>
	50 m:	34.37 34.37	100 m:	1:13.15 38.78	150 m:	200 m: 2:36.98 1:23.83
3	1143765	<b>BUJAN ROUCO, Enma</b>	07	CNXOVE	<b>2:46.95</b>	<b>18.0</b>
	50 m:	35.75 35.75	100 m:	1:18.06 42.31	150 m:	200 m: 2:46.95 1:28.89
4	1144436	<b>ESPADA RADÍO, Noemí</b>	09	CNVILAG	<b>2:52.77</b>	<b>17.0</b>
	50 m:	36.05 36.05	100 m:	1:18.28 42.23	150 m:	200 m: 2:52.77 1:34.49
5	1249260	<b>ABALO GALBÁN, Naira</b>	09	CNVILAG	<b>2:55.16</b>	<b>16.0</b>
	50 m:	38.26 38.26	100 m:	1:22.53 44.27	150 m:	200 m: 2:55.16 1:32.63
6	1195560	<b>DEÁN PARDO, Lucia</b>	11	CNXOVE	<b>2:58.84</b>	<b>15.0</b>
	50 m:	37.78 37.78	100 m:	1:23.56 45.78	150 m:	200 m: 2:58.84 1:35.28
7	1040157	<b>CORRAL SANTOS, Uxia</b>	97	CNREDON	<b>3:00.50</b>	<b>14.0</b>
	50 m:	37.55 37.55	100 m:	1:22.58 45.03	150 m:	200 m: 3:00.50 1:37.92
8	1110136	<b>DIAZ CORDAL, Lorena</b>	00	PANAS	<b>3:05.08</b>	<b>13.0</b>
	50 m:	38.89 38.89	100 m:	1:26.09 47.20	150 m:	200 m: 3:05.08 1:38.99
9	1239956	<b>REY CALVIÑO, Andrea</b>	11	CNORDES	<b>3:08.77</b>	<b>12.0</b>
	50 m:	42.12 42.12	100 m:	1:29.04 46.92	150 m:	200 m: 3:08.77 1:39.73
10	1141109	<b>MONTES CAMIÑA, Noelia</b>	05	PANAS	<b>3:21.80</b>	<b>11.0</b>
	50 m:	51.57 51.57	100 m:	1:32.24 40.67	150 m:	200 m: 3:21.80 1:49.56
11	1200123	<b>GARRIDO BARCIELA, Valeria</b>	11	CNMOS	<b>3:29.31</b>	<b>10.0</b>
	50 m:	45.27 45.27	100 m:	1:38.53 53.26	150 m:	200 m: 3:29.31 1:50.78
DSQ	1264725	<b>ABADIN ROZENBAUM, Manuela Rocio</b>	95	CDELMAR		<b>0,0</b>
DNF	1222779	<b>CARRERA ALONSO, Aroa</b>	11	CNMOS		<b>0,0</b>
WDR	1235971	<b>MORAN PIN, Marie Joyeuse</b>	11	CNORDES		<b>0,0</b>

## 9.- 100 m Libre Masculino (TIM)

2025-03-22 17:00

ABSO\_M

1	1039141	<b>ARES BARRAL, Anton</b>	00	PANAS	<b>52.74</b>	<b>23.0</b>
	50 m:	25.00 25.00	100 m:	52.74 27.74		
2	1076386	<b>VICENTE FERREIRA, Yago</b>	07	CNVILAG	<b>53.26</b>	<b>20.0</b>
	50 m:		100 m:	53.26 53.26		
3	1130788	<b>GONZALEZ GARCIA, Martin</b>	08	CNREDON	<b>54.81</b>	<b>18.0</b>
	50 m:	25.88 25.88	100 m:	54.81 28.93		
4	1140802	<b>CARREIRA POSADA, Jorge</b>	00	PANAS	<b>54.97</b>	<b>17.0</b>
	50 m:	25.99 25.99	100 m:	54.97 28.98		
5	1141410	<b>COSTA FIGUEIRAS, Pedro</b>	07	CNVILAG	<b>55.01</b>	<b>16.0</b>
	50 m:	26.59 26.59	100 m:	55.01 28.42		
6	1143549	<b>LOPEZ VARELA, Anton</b>	09	ARZUA	<b>55.41</b>	<b>15.0</b>
	50 m:	27.11 27.11	100 m:	55.41 28.30		
7	1144176	<b>CILLERO GARCÍA, Antón</b>	08	CDELMAR	<b>56.31</b>	<b>14.0</b>
	50 m:	26.71 26.71	100 m:	56.31 29.60		
8	1144742	<b>GARABATOS CRESPO, Marcos</b>	11	CNMOS	<b>56.78</b>	<b>13.0</b>
	50 m:	26.80 26.80	100 m:	56.78 29.98		
9	1077366	<b>CASTRO GARCIA, Pedro</b>	02	CNMOS	<b>58.02</b>	<b>12.0</b>
	50 m:	28.09 28.09	100 m:	58.02 29.93		
10	1108775	<b>GONZÁLEZ MARIÑO, Jorge</b>	01	RIVEIRA	<b>58.06</b>	<b>11.0</b>
	50 m:	28.03 28.03	100 m:	58.06 30.03		
11	1146769	<b>GARAIZABAL DE LA MONTAÑA, Carlos</b>	07	CDELMAR	<b>58.27</b>	<b>10.0</b>
	50 m:	27.66 27.66	100 m:	58.27 30.61		
12	1143811	<b>SALGADO POUSO, Jorge</b>	09	RIVEIRA	<b>58.62</b>	<b>9.0</b>
	50 m:	28.08 28.08	100 m:	58.62 30.54		
13	1180213	<b>ANTON PEREZ, Ruben</b>	11	CNXOVE	<b>58.93</b>	<b>8.0</b>
	50 m:	27.78 27.78	100 m:	58.93 31.15		
14	1071514	<b>MERA TATO, Hugo</b>	06	ARZUA	<b>59.08</b>	<b>7.0</b>
	50 m:	28.35 28.35	100 m:	59.08 30.73		
15	1144105	<b>BAO PURRIÑOS, Manuel</b>	08	CNLICEO	<b>1:02.01</b>	<b>6.0</b>
	50 m:	30.05 30.05	100 m:	1:02.01 31.96		
16	1143353	<b>PEREZ TEIJEIRA, Iago</b>	06	CNXOVE	<b>1:03.83</b>	<b>5.0</b>
	50 m:	29.43 29.43	100 m:	1:03.83 34.40		
17	1243194	<b>CASTRO PAZOS, Antón</b>	11	CNORDES	<b>1:08.95</b>	<b>4.0</b>
	50 m:	32.07 32.07	100 m:	1:08.95 36.88		
18	1221224	<b>VÁZQUEZ MARTÍNEZ, Martín</b>	11	CNLICEO	<b>1:10.20</b>	<b>3.0</b>
	50 m:	33.36 33.36	100 m:	1:10.20 36.84		



LIGA GAL. CLUBES PRE XOR 3 DIV. 3  
As Pozas. Piscina de 25 m. Cronometraxe manual.

19	1258569	<b>BLANCO BALLESTEROS, Gabriel</b>					08	CNREDON	<b>1:22.64</b>	<b>2.0</b>
	50 m:	36.61	36.61	100 m:	1:22.64	46.03				

10.- 50 m Libre Feminino (TIM)

2025-03-22 17:00

ABSO\_F

1	1184176	SALGUEIRIÑO ÁLVAREZ, Noa	08	CNMOS	28.60	23.0
2	1226323	VEIRAS MARTIN, Blanca	11	CNORDES	28.61	20.0
3	1144414	HERMIDA ALONSO, Antia	08	CNMOS	28.72	18.0
4	1201624	DOVAL CASTRO, Carla	08	CNREDON	28.77	17.0
5	1146756	RAMOS DAYAN, Sabela	08	CNXOVE	30.77	16.0
6	1143741	CORES VAZQUEZ, Mariña	10	CNVILAG	30.81	15.0
7	1098386	CABEZAS COLINAS, Elsa	04	PANAS	30.83	14.0
8	1236257	SAMPEDRO AYASO, Noa	11	RIVEIRA	30.89	13.0
9	1237397	CAAMAÑO MOSQUERA, Marta	10	CNORDES	31.07	12.0
10	1141241	IBAÑEZ JIMENO, Andrea	06	RIVEIRA	31.49	11.0
11	1253170	ABADIN ROZENBAUM, Lucia Iara	97	CDELMAR	31.65	10.0
12	1219489	GONZALEZ GARCIA, Julia	11	CNXOVE	31.75	9.0
13	1093692	GARRIDO MARTÍNEZ, Elena	02	PANAS	32.07	8.0
14	1143651	COSTA FIGUEIRAS, Carla	09	CNVILAG	33.79	7.0
15	1236267	RODRIGUEZ GARCÍA, Martina Laura	10	CNLICEO	34.15	6.0
16	1244351	TABOADA TORRES, Victoria Andrea	08	CDELMAR	34.26	5.0
17	1144648	CEBEY FIDALGO, Olaya	09	CNLICEO	34.57	4.0
18	1253927	LOSADA BINI, Daniela	11	CNREDON	35.60	3.0
19	1241053	GARCIA RIVERA, Natalia	11	ARZUA	40.39	2.0
20	1244438	PULLEIRO MAZÁS, Helena	09	ARZUA	41.38	1.0

## 11.- 100 m Costas Masculino (TIM)

2025-03-22 17:00

ABSO\_M

1	1141113	<b>GUNCHE BARREIRO, Paulo</b>	07	CNREDON	<b>59.40</b>	<b>23.0</b>
	50 m:	29.25 29.25 100 m:	59.40	30.15		
2	1110118	<b>CARNEIRO VIQUEIRA, Xabier</b>	00	PANAS	<b>59.79</b>	<b>20.0</b>
	50 m:	29.40 29.40 100 m:	59.79	30.39		
3	1037641	<b>ABELEIRA ALVAREZ, Carlos</b>	02	PANAS	<b>1:01.40</b>	<b>18.0</b>
	50 m:	29.65 29.65 100 m:	1:01.40	31.75		
4	1100541	<b>CUBEIRO ROSENDE, Xoel</b>	07	CNLICEO	<b>1:01.99</b>	<b>17.0</b>
	50 m:	30.33 30.33 100 m:	1:01.99	31.66		
5	1187890	<b>SILVA GUERRERO, Jeyden Jael</b>	11	RIVEIRA	<b>1:04.26</b>	<b>16.0</b>
	50 m:	31.55 31.55 100 m:	1:04.26	32.71		
6	1144105	<b>BAO PURRIÑOS, Manuel</b>	08	CNLICEO	<b>1:07.63</b>	<b>15.0</b>
	50 m:	33.81 33.81 100 m:	1:07.63	33.82		
7	1141410	<b>COSTA FIGUEIRAS, Pedro</b>	07	CNVILAG	<b>1:08.03</b>	<b>14.0</b>
	50 m:	33.60 33.60 100 m:	1:08.03	34.43		
8	1141394	<b>AMOEDO CABALEIRO, Jorge</b>	08	CNREDON	<b>1:08.81</b>	<b>13.0</b>
	50 m:	32.31 32.31 100 m:	1:08.81	36.50		
9	1040945	<b>ALVAREZ LAGO, Rodrigo</b>	00	CNMOS	<b>1:09.43</b>	<b>12.0</b>
	50 m:	33.27 33.27 100 m:	1:09.43	36.16		
10	1217943	<b>SANGUIAO REGUEIRA, Felix</b>	09	ARZUA	<b>1:10.03</b>	<b>11.0</b>
	50 m:	33.64 33.64 100 m:	1:10.03	36.39		
11	1039873	<b>MORGADAS IGLESIAS, Pablo</b>	98	CNMOS	<b>1:12.46</b>	<b>10.0</b>
	50 m:	34.32 34.32 100 m:	1:12.46	38.14		
12	1071514	<b>MERA TATO, Hugo</b>	06	ARZUA	<b>1:12.63</b>	<b>9.0</b>
	50 m:	35.45 35.45 100 m:	1:12.63	37.18		
13	1143751	<b>DIAZ LOPEZ, Mateo</b>	06	CNXOVE	<b>1:15.27</b>	<b>8.0</b>
	50 m:	36.60 36.60 100 m:	1:15.27	38.67		
14	1143811	<b>SALGADO POUSO, Jorge</b>	09	RIVEIRA	<b>1:15.59</b>	<b>7.0</b>
	50 m:	36.22 36.22 100 m:	1:15.59	39.37		
15	1192779	<b>PÉREZ MOURE, César</b>	10	CDELMAR	<b>1:20.10</b>	<b>6.0</b>
	50 m:	39.33 39.33 100 m:	1:20.10	40.77		
16	1243194	<b>CASTRO PAZOS, Antón</b>	11	CNORDES	<b>1:21.62</b>	<b>5.0</b>
	50 m:	39.30 39.30 100 m:	1:21.62	42.32		
17	1173199	<b>LEAL DURAN, David</b>	10	CNXOVE	<b>1:22.30</b>	<b>4.0</b>
	50 m:	39.40 39.40 100 m:	1:22.30	42.90		
18	1180419	<b>CASTRELO MOURE, Aday</b>	10	CNVILAG	<b>1:23.34</b>	<b>3.0</b>
	50 m:	40.06 40.06 100 m:	1:23.34	43.28		



## 12.- 100 m Costas Feminino (TIM)

2025-03-22 17:00

ABSO\_F

1	1143775	<b>MARTINEZ OTERO, Eva</b>	08	CNMOS	<b>1:07.68</b>	<b>23.0</b>
	50 m:	33.04 33.04	100 m:	1:07.68	34.64	
2	1107223	<b>PENSADO PARADA, Sabela</b>	85	RIVEIRA	<b>1:11.76</b>	<b>20.0</b>
	50 m:	34.94 34.94	100 m:	1:11.76	36.82	
3	1205930	<b>FERNANDEZ BERDULLES, Nahia</b>	11	CNMOS	<b>1:14.61</b>	<b>18.0</b>
	50 m:	35.81 35.81	100 m:	1:14.61	38.80	
4	1180421	<b>GONZÁLEZ DIOSDADO, Irene</b>	09	CNVILAG	<b>1:15.73</b>	<b>17.0</b>
	50 m:	37.12 37.12	100 m:	1:15.73	38.61	
5	1141241	<b>IBAÑEZ JIMENO, Andrea</b>	06	RIVEIRA	<b>1:16.93</b>	<b>16.0</b>
	50 m:	36.72 36.72	100 m:	1:16.93	40.21	
6	1143653	<b>TOUCEDA LOURIDO, Laura</b>	07	CNVILAG	<b>1:17.08</b>	<b>15.0</b>
	50 m:	37.29 37.29	100 m:	1:17.08	39.79	
7	1135399	<b>ALFAYA RAFAEL, Julia</b>	05	CNREDON	<b>1:17.34</b>	<b>14.0</b>
	50 m:	36.33 36.33	100 m:	1:17.34	41.01	
8	1076366	<b>BARRO ALVAREZ, Emilia</b>	06	CNXOVE	<b>1:17.43</b>	<b>13.0</b>
	50 m:	37.52 37.52	100 m:	1:17.43	39.91	
9	1111721	<b>PAZOS FERNÁNDEZ, Carolina</b>	02	PANAS	<b>1:19.43</b>	<b>12.0</b>
	50 m:	38.59 38.59	100 m:	1:19.43	40.84	
10	1234808	<b>VÁZQUEZ CAMPOS, Noelia</b>	10	ARZUA	<b>1:19.93</b>	<b>11.0</b>
	50 m:	39.38 39.38	100 m:	1:19.93	40.55	
11	1144644	<b>CAMBA VÁZQUEZ, Maria</b>	08	CNLICEO	<b>1:21.77</b>	<b>10.0</b>
	50 m:	39.66 39.66	100 m:	1:21.77	42.11	
12	1038689	<b>VILLALTA VAZQUEZ, Maria</b>	99	PANAS	<b>1:22.21</b>	<b>9.0</b>
	50 m:	39.04 39.04	100 m:	1:22.21	43.17	
13	1192782	<b>SANTOS SÁNCHEZ, Irene</b>	11	CDELMAR	<b>1:22.63</b>	<b>8.0</b>
	50 m:	39.66 39.66	100 m:	1:22.63	42.97	
14	1250485	<b>ALVAREZ RIOS, Andrea</b>	11	CNORDES	<b>1:22.70</b>	<b>7.0</b>
	50 m:	40.06 40.06	100 m:	1:22.70	42.64	
15	1226320	<b>GESTAL BOQUETE, Andrea</b>	10	CNORDES	<b>1:23.43</b>	<b>6.0</b>
	50 m:	39.43 39.43	100 m:	1:23.43	44.00	
16	1144648	<b>CEBEY FIDALGO, Olaya</b>	09	CNLICEO	<b>1:32.57</b>	<b>5.0</b>
	50 m:	45.04 45.04	100 m:	1:32.57	47.53	
17	1252674	<b>ZAPATA VILLAR, Celia</b>	10	ARZUA	<b>1:32.97</b>	<b>4.0</b>
	50 m:	45.26 45.26	100 m:	1:32.97	47.71	
18	1144526	<b>BARRO ÁLVAREZ, Berta</b>	09	CNXOVE	<b>1:38.63</b>	<b>3.0</b>
	50 m:	47.64 47.64	100 m:	1:38.63	50.99	

### 13.- 4x200 m Libre Masculino (TIM)

2025-03-22 17:00

ABSO\_M

1	01785	<b>PANAS 01</b>				PANAS	<b>8:19.21</b>	<b>46.0</b>
	1111709	BRAVO CUENCA, Pablo	00	50 m:	29.12	29.12	100 m:	1:01.43 32.31
				150 m:	1:35.14	33.71	200 m:	2:09.58 34.44
	1037839	BRAVO CONDE, Cristian	00	250 m:	2:36.13	26.55	300 m:	3:06.95 30.82
				350 m:	3:39.88	32.93	400 m:	4:13.63 33.75
	1093687	GARCIA GARAY, Marcos	01	450 m:	4:42.18	28.55	500 m:	5:13.40 31.22
				550 m:	5:45.43	32.03	600 m:	6:17.36 31.93
	1110118	CARNEIRO VIQUEIRA, Xabier	00	650 m:	6:45.14	27.78	700 m:	7:15.88 30.74
				750 m:	7:47.18	31.30	800 m:	8:19.21 32.03
2	01785	<b>PANAS 02</b>				PANAS	<b>8:22.65</b>	<b>40.0</b>
	1039141	ARES BARRAL, Anton	00	50 m:	27.03	27.03	100 m:	57.97 30.94
				150 m:	1:29.72	31.75	200 m:	2:00.54 30.82
	1110123	RIVAS PEREIRA, Jorge	97	250 m:	2:28.37	27.83	300 m:	2:59.91 31.54
				350 m:	3:33.21	33.30	400 m:	4:03.37 30.16
	1110116	BLANCO RUIZ, Jacobo	98	450 m:	4:35.79	32.42	500 m:	5:07.15 31.36
				550 m:	5:40.84	33.69	600 m:	6:16.71 35.87
	1140802	CARREIRA POSADA, Jorge	00	650 m:	6:45.38	28.67	700 m:	7:17.26 31.88
				750 m:	7:50.02	32.76	800 m:	8:22.65 32.63
3	00282	<b>CDELMAR 01</b>				CDELMAR	<b>8:26.58</b>	<b>36.0</b>
	1144316	LONGUEIRA GILDA, Martín	07	50 m:	26.81	26.81	100 m:	57.77 30.96
				150 m:	1:29.21	31.44	200 m:	2:00.32 31.11
	1144176	CILLERO GARCÍA, Antón	08	250 m:	2:27.78	27.46	300 m:	2:58.98 31.20
				350 m:	3:31.31	32.33	400 m:	4:03.85 32.54
	1146769	GARAIZABAL DE LA MONTAÑA, Carlos	07	450 m:	4:33.40	29.55	500 m:	5:05.34 31.94
				550 m:	5:38.65	33.31	600 m:	6:11.30 32.65
	1187891	PEREZ MOURE, Nicolas	06	650 m:	6:39.91	28.61	700 m:	7:13.64 33.73
				750 m:	7:49.36	35.72	800 m:	8:26.58 37.22
4	00769	<b>RIVEIRA 01</b>				RIVEIRA	<b>8:37.37</b>	<b>34.0</b>
	1144481	PATÍÑO RÍOS, Jesús	09	50 m:	29.52	29.52	100 m:	1:02.19 32.67
				150 m:	1:36.42	34.23	200 m:	2:10.11 33.69
	1143811	SALGADO POUSO, Jorge	09	250 m:	2:39.37	29.26	300 m:	3:13.52 34.15
				350 m:	3:49.31	35.79	400 m:	4:23.49 34.18
	1187890	SILVA GUERRERO, Jeyden Jael	11	450 m:	4:53.39	29.90	500 m:	5:25.82 32.43
				550 m:	5:59.37	33.55	600 m:	6:33.03 33.66
	1141235	MARIÑO SILVA, Brais	08	650 m:	7:00.78	27.75	700 m:	7:32.56 31.78
				750 m:	8:04.94	32.38	800 m:	8:37.37 32.43
5	00873	<b>CNREDON 01</b>				CNREDON	<b>8:42.90</b>	<b>32.0</b>
	1130788	GONZALEZ GARCIA, Martin	08	50 m:	28.24	28.24	100 m:	58.98 30.74
				150 m:	1:30.40	31.42	200 m:	2:01.78 31.38
	1202053	REY FERNANDEZ, Miguel	11	250 m:	2:34.18	32.40	300 m:	3:08.75 34.57
				350 m:	3:44.00	35.25	400 m:	4:17.93 33.93
	1017218	LEIRO ALVAREZ, Luis	90	450 m:	4:48.29	30.36	500 m:	5:22.82 34.53
				550 m:	6:00.53	37.71	600 m:	6:39.31 38.78
	1141113	GUNCHE BARREIRO, Paulo	07	650 m:	7:07.23	27.92	700 m:	7:38.61 31.38
				750 m:	8:10.84	32.23	800 m:	8:42.90 32.06
6	P1112	<b>ARZUA 01</b>				ARZUA	<b>8:43.18</b>	<b>30.0</b>
	1143945	CARRIL FERNANDEZ, Nicolas	09	50 m:	28.68	28.68	100 m:	59.63 30.95
				150 m:	1:31.54	31.91	200 m:	2:03.50 31.96

	1071514	MERA TATO, Hugo	06	250 m:	2:34.53	31.03	300 m:	3:09.03	34.50
				350 m:	3:44.10	35.07	400 m:	4:18.88	34.78
	1143549	LOPEZ VARELA, Anton	09	450 m:	4:48.14	29.26	500 m:	5:21.44	33.30
				550 m:	5:55.38	33.94	600 m:	6:27.46	32.08
	1217943	SANGUIAO REGUEIRA, Felix	09	650 m:	6:57.95	30.49	700 m:	7:32.56	34.61
				750 m:	8:08.02	35.46	800 m:	8:43.18	35.16
7	01269	<b>CNLICEO 01</b>			<b>CNLICEO</b>			<b>8:46.69</b>	<b>28.0</b>
	1100541	CUBEIRO ROSENDE, Xoel	07	50 m:	28.67	28.67	100 m:	1:00.33	31.66
				150 m:	1:33.85	33.52	200 m:	2:06.88	33.03
	1147193	FREIRE ALVAREZ, Ivan	09	250 m:	3:37.56	1:30.68	300 m:	3:11.50	59:34.94
				350 m:	3:47.36	35.86	400 m:	4:23.50	36.14
	1144105	BAO PURRIÑOS, Manuel	08	450 m:	4:54.39	30.89	500 m:	5:28.20	33.81
				550 m:	6:02.43	34.23	600 m:	6:36.24	33.81
	1147173	LOPEZ TURIÑO, Hugo	09	650 m:	7:05.05	28.81	700 m:	7:36.45	31.40
				750 m:	8:11.11	34.66	800 m:	8:46.69	35.58
8	01424	<b>CNMOS 01</b>			<b>CNMOS</b>			<b>8:49.04</b>	<b>26.0</b>
	1144742	GARABATOS CRESPO, Marcos	11	50 m:	28.83	28.83	100 m:	1:01.42	32.59
				150 m:	1:34.17	32.75	200 m:	2:06.43	32.26
	1077366	CASTRO GARCIA, Pedro	02	250 m:	2:37.12	30.69	300 m:	3:10.81	33.69
				350 m:	3:44.66	33.85	400 m:	4:18.36	33.70
	1039270	TRILLO RODRIGUEZ, Adrian	97	450 m:	4:48.75	30.39	500 m:	5:24.66	35.91
				550 m:	6:02.35	37.69	600 m:	6:39.53	37.18
	1076544	GARABATOS RODRIGUEZ, Santiago	74	650 m:	7:09.41	29.88	700 m:	8:41.46	1:32.05
				750 m:	8:14.72	59:34.26	800 m:	8:49.04	34.32
9	P1107	<b>CNVILAG 02</b>			<b>CNVILAG</b>			<b>8:53.48</b>	<b>24.0</b>
	1144449	TOURÍS RODRÍGUEZ, Anxo	08	50 m:	29.06	29.06	100 m:	1:01.27	32.21
				150 m:	1:34.22	32.95	200 m:	2:07.05	32.83
	1143737	CASTRO DURO, Xoel	10	250 m:	2:38.75	31.70	300 m:	3:13.73	34.98
				350 m:	3:49.69	35.96	400 m:	4:24.18	34.49
	1144440	GARCÍA ÁLVAREZ, Marcos	10	450 m:	4:57.32	33.14	500 m:	5:33.78	36.46
				550 m:	6:11.96	38.18	600 m:	6:47.71	35.75
	1076386	VICENTE FERREIRA, Yago	07	650 m:	7:15.21	27.50	700 m:	7:46.79	31.58
				750 m:	8:19.92	33.13	800 m:	8:53.48	33.56
10	P1107	<b>CNVILAG 01</b>			<b>CNVILAG</b>			<b>9:14.43</b>	<b>22.0</b>
	1141410	COSTA FIGUEIRAS, Pedro	07	50 m:	28.62	28.62	100 m:	59.69	31.07
				150 m:	1:30.89	31.20	200 m:	2:01.71	30.82
	1180419	CASTRELO MOURE, Aday	10	250 m:	2:38.68	36.97	300 m:	3:16.68	38.00
				350 m:	3:59.73	43.05	400 m:	4:41.88	42.15
	1144443	LAGE GUIMIL, Damián	10	450 m:	5:14.18	32.30	500 m:	5:51.48	37.30
				550 m:	6:28.33	36.85	600 m:	7:03.15	34.82
	1144434	GONZÁLEZ FERNÁNDEZ, Hugo	07	650 m:	7:33.96	30.81	700 m:	8:07.82	33.86
				750 m:	8:41.59	33.77	800 m:	9:14.43	32.84
11	00622	<b>CNXOVE 01</b>			<b>CNXOVE</b>			<b>9:28.67</b>	<b>20.0</b>
	1180213	ANTON PEREZ, Ruben	11	50 m:	29.72	29.72	100 m:	1:03.08	33.36
				150 m:	1:38.34	35.26	200 m:	2:12.94	34.60
	1195561	GARCÍA MEÍTIN, Angel	10	250 m:	2:46.37	33.43	300 m:	3:21.76	35.39
				350 m:	3:57.82	36.06	400 m:	4:32.74	34.92
	1185652	PIGUEIRAS ESCUREDO, Pablo	11	450 m:	5:06.04	33.30	500 m:	5:43.37	37.33
				550 m:	6:19.75	36.38	600 m:	6:55.09	35.34
	1143353	PEREZ TEIJEIRA, Iago	06	650 m:	7:27.45	32.36	700 m:	8:05.10	37.65
				750 m:	8:46.49	41.39	800 m:	9:28.67	42.18
12	01424	<b>CNMOS 02</b>			<b>CNMOS</b>			<b>9:55.68</b>	<b>18.0</b>

	1143774	BELTRAN FREIRIA, Oskar	04	50 m:	32.98	32.98	100 m:	1:08.39	35.41
				150 m:	1:44.14	35.75	200 m:	2:17.58	33.44
	1039873	MORGADAS IGLESIAS, Pablo	98	250 m:	2:51.34	33.76	300 m:	3:29.19	37.85
				350 m:	4:09.28	40.09	400 m:	4:49.28	40.00
	1040945	ALVAREZ LAGO, Rodrigo	00	450 m:	5:24.18	34.90	500 m:	6:02.00	37.82
				550 m:	6:41.28	39.28	600 m:	7:19.89	38.61
	1175119	BAUTISTA ESTEVEZ, Xabier	09	650 m:	7:57.41	37.52	700 m:	8:37.07	39.66
				750 m:	9:16.82	39.75	800 m:	9:55.68	38.86
DSQ	00769						RIVEIRA		<b>0,0</b>
	1108775	GONZÁLEZ MARIÑO, Jorge	01						
	1144995	RIAL SIEIRA, Leo	06						
	1143990	MUÑIZ VILAR, Benito	75						
	1180243	LAIÑO SILVA, Victor	87						
WDR	00622						CNXOVE		<b>0,0</b>
	50 m:								
WDR	00873						CNREDON		<b>0,0</b>
	50 m:								

## 14.- 4x100 m Libre Feminino (TIM)

2025-03-22 17:00

ABSO\_F

1	01424	CNMOS 01				CNMOS	4:13.64	46.0	
	1144414	HERMIDA ALONSO, Antia	08	50 m:	30.21	30.21	100 m:	1:03.22	33.01
	1184176	SALGUEIRIÑO ÁLVAREZ, Noa	08	150 m:	1:33.27	30.05	200 m:	2:06.28	33.01
	1147020	PEREIRO RODRIGUEZ, Carolina	08	250 m:	2:35.87	29.59	300 m:	3:09.51	33.64
	1143775	MARTINEZ OTERO, Eva	08	350 m:	3:40.20	30.69	400 m:	4:13.64	33.44
2	00769	RIVEIRA 01				RIVEIRA	4:19.98	40.0	
	1144484	AGEITOS ROMERO, Lucia	11	50 m:	31.02	31.02	100 m:	1:03.30	32.28
	1107223	PENSADO PARADA, Sabela	85	150 m:	1:33.43	30.13	200 m:	2:06.43	33.00
	1143800	IBAÑEZ JIMENO, Paula	09	250 m:	2:39.10	32.67	300 m:	3:14.38	35.28
	1141232	MUÑIZ RAMA, Maria	08	350 m:	3:45.56	31.18	400 m:	4:19.98	34.42
3	01785	PANAS 02				PANAS	4:26.96	36.0	
	1098386	CABEZAS COLINAS, Elsa	04	50 m:	32.13	32.13	100 m:	1:09.20	37.07
	1101801	BOTANA PEDREIRA, Lola	06	150 m:	1:39.77	30.57	200 m:	2:13.21	33.44
	1110136	DIAZ CORDAL, Lorena	00	250 m:	2:45.62	32.41	300 m:	3:21.85	36.23
	1039655	ABELEIRA ALVAREZ, Raquel	99	350 m:	3:52.54	30.69	400 m:	4:26.96	34.42
4	00622	CNXOVE 01				CNXOVE	4:28.94	34.0	
	1146756	RAMOS DAYAN, Sabela	08	50 m:	31.85	31.85	100 m:	1:07.31	35.46
	1076366	BARRO ALVAREZ, Emilia	06	150 m:	1:39.31	32.00	200 m:	2:15.09	35.78
	1195560	DEÁN PARDO, Lucia	11	250 m:	2:47.09	32.00	300 m:	3:22.96	35.87
	1143765	BUJAN ROUCO, Enma	07	350 m:	3:54.30	31.34	400 m:	4:28.94	34.64
5	P1107	CNVILAG 01				CNVILAG	4:30.01	32.0	
	1249260	ABALO GALBÁN, Naira	09	50 m:	32.04	32.04	100 m:	1:04.95	32.91
	1144837	HAREA HAREA, Catalina	08	150 m:	1:39.40	34.45	200 m:	2:13.52	34.12
	1143741	CORES VAZQUEZ, Mariña	10	250 m:	2:50.34	36.82	300 m:	3:26.64	36.30
	1143653	TOUCEDA LOURIDO, Laura	07	350 m:	3:56.62	29.98	400 m:	4:30.01	33.39
6	01766	CNORDES 01				CNORDES	4:31.63	30.0	
	1226321	LOPEZ SUAREZ, Alda	10	50 m:	33.09	33.09	100 m:	1:09.42	36.33
	1226323	VEIRAS MARTIN, Blanca	11	150 m:	1:39.66	30.24	200 m:	2:11.75	32.09
	1237397	CAAMAÑO MOSQUERA, Marta	10	250 m:	2:44.45	32.70	300 m:	3:19.95	35.50
	1250485	ALVAREZ RIOS, Andrea	11	350 m:	3:54.18	34.23	400 m:	4:31.63	37.45
7	00282	CDELMAR 01				CDELMAR	4:37.51	28.0	
	1192783	SANTOS SÁNCHEZ, Sara	11	50 m:	32.27	32.27	100 m:	1:07.56	35.29
	1253170	ABADIN ROZENBAUM, Lucia Iara	97	150 m:	1:40.69	33.13	200 m:	2:16.69	36.00
	1192780	PLA PERNAS, Aina	11	250 m:	2:50.16	33.47	300 m:	3:27.09	36.93
	1192782	SANTOS SÁNCHEZ, Irene	11	350 m:	4:00.78	33.69	400 m:	4:37.51	36.73
8	P1107	CNVILAG 02				CNVILAG	4:42.43	26.0	
	1144436	ESPADA RADÍO, Noemí	09	50 m:	32.03	32.03	100 m:	1:06.25	34.22
	1144439	SANTOS CAEIRO, Noelia	10	150 m:	1:43.82	37.57	200 m:	2:25.68	41.86
	1143651	COSTA FIGUEIRAS, Carla	09	250 m:	3:00.49	34.81	300 m:	3:36.98	36.49
	1180421	GONZÁLEZ DIOSDADO, Irene	09	350 m:	4:07.99	31.01	400 m:	4:42.43	34.44
9	00873	CNREDON 01				CNREDON	4:44.67	24.0	
	1201624	DOVAL CASTRO, Carla	08	50 m:	29.89	29.89	100 m:	1:03.32	33.43
	1135399	ALFAYA RAFAEL, Julia	05	150 m:	1:36.00	32.68	200 m:	2:13.42	37.42
	1040157	CORRAL SANTOS, Uxia	97	250 m:	2:50.72	37.30	300 m:	3:35.53	44.81
	1253927	LOSADA BINI, Daniela	11	350 m:	4:07.57	32.04	400 m:	4:44.67	37.10

10	01424	<b>CNMOS 02</b>				<b>CNMOS</b>		<b>4:45.01</b>	<b>22.0</b>
	1107420	DAVILA SILVA, Alicia	98	50 m:	31.41	31.41	100 m:	1:07.50	36.09
	1222780	CARRERA ALONSO, Emma	07	150 m:	1:41.31	33.81	200 m:	2:19.66	38.35
	1084799	GARCIA ESTEVEZ, Nahir	02	250 m:	2:52.25	32.59	300 m:	3:30.65	38.40
	1226312	LORENZO ALONSO, Lara	09	350 m:	4:05.81	35.16	400 m:	4:45.01	39.20
11	01269	<b>CNLICEO 02</b>				<b>CNLICEO</b>		<b>4:50.55</b>	<b>20.0</b>
	1196050	CEBEY FIDALGO, Iraide	11	50 m:	31.10	31.10	100 m:	1:04.53	33.43
	1236267	RODRIGUEZ GARCÍA, Martina Laura	10	150 m:	1:40.97	36.44	200 m:	2:20.40	39.43
	1144648	CEBEY FIDALGO, Olaya	09	250 m:	2:57.45	37.05	300 m:	3:39.68	42.23
	1144644	CAMBA VÁZQUEZ, Maria	08	350 m:	4:13.82	34.14	400 m:	4:50.55	36.73
12	01785	<b>PANAS 01</b>				<b>PANAS</b>		<b>4:53.31</b>	<b>18.0</b>
	1038689	VILLALTA VAZQUEZ, Maria	99	50 m:	34.44	34.44	100 m:	1:14.82	40.38
	1093692	GARRIDO MARTÍNEZ, Elena	02	150 m:	1:48.13	33.31	200 m:	2:24.80	36.67
	1111721	PAZOS FERNÁNDEZ, Carolina	02	250 m:	2:59.70	34.90	300 m:	3:38.90	39.20
	1141109	MONTES CAMIÑA, Noelia	05	350 m:	4:13.06	34.16	400 m:	4:53.31	40.25
13	01766	<b>CNORDES 02</b>				<b>CNORDES</b>		<b>4:57.69</b>	<b>16.0</b>
	1263039	CASTRO FANDIÑO, Icíá	10	50 m:	33.39	33.39	100 m:	1:12.31	38.92
	1231593	MALLO RODRIGUEZ, Erika	10	150 m:	1:46.89	34.58	200 m:	2:25.83	38.94
	1226320	GESTAL BOQUETE, Andrea	10	250 m:	3:01.81	35.98	300 m:	3:43.35	41.54
	1239956	REY CALVIÑO, Andrea	11	350 m:	4:19.21	35.86	400 m:	4:57.69	38.48
14	P1112	<b>ARZUA 01</b>				<b>ARZUA</b>		<b>5:32.06</b>	<b>14.0</b>
	1234808	VÁZQUEZ CAMPOS, Noelia	10	50 m:	33.37	33.37	100 m:	1:10.08	36.71
	1252674	ZAPATA VILLAR, Celia	10	150 m:	1:46.59	36.51	200 m:	2:27.72	41.13
	1241053	GARCIA RIVERA, Natalia	11	250 m:	3:09.62	41.90	300 m:	3:58.63	49.01
	1244438	PULLEIRO MAZÁS, Helena	09	350 m:	4:41.66	43.03	400 m:	5:32.06	50.40
DSQ	00769					<b>RIVEIRA</b>			<b>0,0</b>
	1141243	REY OLVEIRA, Ana	07						
	1236257	SAMPEDRO AYASO, Noa	11						
	1143790	MUÑIZ RAMA, Marta	10						
	1108768	MARIÑO SILVA, Uxia	05						
WDR	00622					<b>CNXOVE</b>			<b>0,0</b>
	50 m:								