

## 1.- 100 m Estilos Masculino (TIM)

2025-03-22 17:00

ABSO\_M

1	1140897	<b>REY PITA, Simon</b>	04	SCASINO	<b>1:00.93</b>	<b>15.0</b>
	50 m:	27.71 27.71	100 m:	1:00.93	33.22	
2	1039024	<b>PICALLO MARANTE, Sergio</b>	01	NCORUÑA	<b>1:01.21</b>	<b>12.0</b>
	50 m:	29.14 29.14	100 m:	1:01.21	32.07	
3	1146897	<b>GUITIAN LOPEZ, Xabier</b>	05	SCASINO	<b>1:01.53</b>	<b>10.0</b>
	50 m:	28.71 28.71	100 m:	1:01.53	32.82	
4	1100851	<b>PÉREZ LORENZO, Manuel</b>	05	SDBOIRO	<b>1:02.42</b>	<b>9.0</b>
	50 m:	30.70 30.70	100 m:	1:02.42	31.72	
5	1078641	<b>GRACIA CARBAJO, Miguel</b>	94	NTNARON	<b>1:03.45</b>	<b>8.0</b>
	50 m:	29.34 29.34	100 m:	1:03.45	34.11	
6	1143658	<b>MEIZOSO FERNÁNDEZ, Daniel</b>	09	NTNARON	<b>1:03.59</b>	<b>7.0</b>
	50 m:	28.66 28.66	100 m:	1:03.59	34.93	
7	1117210	<b>SOBRINO BUJIA, Mateo</b>	06	CULLERED	<b>1:04.46</b>	<b>6.0</b>
	50 m:	29.46 29.46	100 m:	1:04.46	35.00	
8	1041309	<b>SENDINO GESTOSO, Roi</b>	01	NCORUÑA	<b>1:05.34</b>	<b>5.0</b>
	50 m:	30.70 30.70	100 m:	1:05.34	34.64	
9	1095445	<b>LAGO CASTILLO, Diego</b>	07	CULLERED	<b>1:06.06</b>	<b>4.0</b>
	50 m:	31.74 31.74	100 m:	1:06.06	34.32	
10	1133849	<b>PÉREZ GONZÁLEZ, Pablo</b>	01	CMARINA	<b>1:11.12</b>	<b>3.0</b>
	50 m:	33.30 33.30	100 m:	1:11.12	37.82	
11	1239551	<b>CHOUZA POUSO-VAZQUEZ, Martin</b>	11	SDBOIRO	<b>1:14.06</b>	<b>2.0</b>
	50 m:	34.31 34.31	100 m:	1:14.06	39.75	
12	1174935	<b>REY LOPEZ, Anxo</b>	11	CMARINA	<b>1:18.32</b>	<b>1.0</b>
	50 m:	35.00 35.00	100 m:	1:18.32	43.32	

## 2.- 100 m Estilos Feminino (TIM)

2025-03-22 17:00

ABSO\_F

1	1145002	<b>OUVIÑA PICOS, Nadiuska</b>	10	SDBOIRO	<b>1:07.71</b>	<b>15.0</b>
	50 m:	30.25 30.25	100 m:	1:07.71	37.46	
2	1030568	<b>JIMENEZ COPPA, Carla M.</b>	06	SCASINO	<b>1:08.08</b>	<b>12.0</b>
	50 m:	32.19 32.19	100 m:	1:08.08	35.89	
3	1143125	<b>ALBES ALVARIÑO, Paula</b>	03	NTNARON	<b>1:09.00</b>	<b>10.0</b>
	50 m:	31.22 31.22	100 m:	1:09.00	37.78	
4	1143978	<b>GIL GARNACHO, Carlota</b>	09	SCASINO	<b>1:09.71</b>	<b>9.0</b>
	50 m:	31.43 31.43	100 m:	1:09.71	38.28	
5	1038068	<b>ANEIROS DOPICO, Laura</b>	00	CMARINA	<b>1:11.17</b>	<b>8.0</b>
	50 m:	32.74 32.74	100 m:	1:11.17	38.43	
6	1140828	<b>RICO MARTINEZ, Martina Xia</b>	05	NTNARON	<b>1:12.38</b>	<b>7.0</b>
	50 m:	32.63 32.63	100 m:	1:12.38	39.75	
7	1143806	<b>SÁNCHEZ TOJA, Candela</b>	08	SDBOIRO	<b>1:13.50</b>	<b>6.0</b>
	50 m:	34.90 34.90	100 m:	1:13.50	38.60	
8	1099709	<b>BARCIA RAMA, Lucia</b>	04	NCORUÑA	<b>1:13.97</b>	<b>5.0</b>
	50 m:	33.08 33.08	100 m:	1:13.97	40.89	
9	1143174	<b>HERMIDA PEREIRA, Carmen</b>	10	CMARINA	<b>1:16.53</b>	<b>4.0</b>
	50 m:	36.03 36.03	100 m:	1:16.53	40.50	
10	1146969	<b>FEAL DEVESA, Carlota</b>	09	CULLERED	<b>1:16.66</b>	<b>3.0</b>
	50 m:	35.98 35.98	100 m:	1:16.66	40.68	
11	1140988	<b>PICALLO MARANTE, Claudia</b>	06	NCORUÑA	<b>1:23.44</b>	<b>2.0</b>
	50 m:	37.26 37.26	100 m:	1:23.44	46.18	
12	1197600	<b>SANDERSON KEOUGH, Helen Jane</b>	70	CULLERED	<b>1:30.87</b>	<b>1.0</b>
	50 m:	42.16 42.16	100 m:	1:30.87	48.71	

### 3.- 1500 m Libre Masculino (TIM)

2025-03-22 17:00

ABSO\_M

1	1098991	AVILES ZHUAVLEV, Santiago					04	SCASINO		16:25.46		15.0
	50 m:	29.63	29.63	100 m:	1:01.65	32.02	150 m:	1:34.13	32.48	200 m:	2:06.70	32.57
	250 m:	2:39.05	32.35	300 m:	3:11.63	32.58	350 m:	3:44.59	32.96	400 m:	4:17.70	33.11
	450 m:	4:56.63	38.93	500 m:	5:23.45	26.82	550 m:	5:56.27	32.82	600 m:	6:29.27	33.00
	650 m:	7:02.48	33.21	700 m:	7:35.52	33.04	750 m:	8:08.48	32.96	800 m:	8:41.48	33.00
	850 m:	9:14.38	32.90	900 m:	9:46.98	32.60	950 m:	10:20.13	33.15	1000 m:	10:53.16	33.03
	1050 m:	11:26.45	33.29	1100 m:	11:59.77	33.32	1150 m:	12:33.05	33.28	1200 m:	13:06.52	33.47
	1250 m:	13:40.05	33.53	1300 m:	14:13.48	33.43	1350 m:	14:46.80	33.32	1400 m:	15:20.13	33.33
	1450 m:	15:53.45	33.32	1500 m:	16:25.46	32.01						
2	1143193	GOMEZ LIMIA, Pablo					06	NCORUÑA		16:55.69		12.0
	50 m:	29.22	29.22	100 m:	1:01.97	32.75	150 m:	1:34.44	32.47	200 m:	2:07.04	32.60
	250 m:	2:39.97	32.93	300 m:	3:12.47	32.50	350 m:	3:45.33	32.86	400 m:	4:18.54	33.21
	450 m:	4:52.40	33.86	500 m:	5:26.04	33.64	550 m:	5:59.62	33.58	600 m:	6:33.37	33.75
	650 m:	7:07.62	34.25	700 m:	7:42.50	34.88	750 m:	8:16.58	34.08	800 m:	8:50.72	34.14
	850 m:	9:25.58	34.86	900 m:	9:59.69	34.11	950 m:	10:34.50	34.81	1000 m:	11:09.72	35.22
	1050 m:	11:44.12	34.40	1100 m:	12:19.22	35.10	1150 m:	12:54.29	35.07	1200 m:	13:29.22	34.93
	1250 m:	14:04.37	35.15	1300 m:	14:38.69	34.32	1350 m:	15:14.00	35.31	1400 m:	15:48.47	34.47
	1450 m:	16:22.37	33.90	1500 m:	16:55.69	33.32						
3	1023167	PENAS CAYADO, Fernando					09	SCASINO		17:12.07		10.0
	50 m:	30.53	30.53	100 m:	1:04.31	33.78	150 m:	1:37.99	33.68	200 m:	2:11.67	33.68
	250 m:	2:45.14	33.47	300 m:	3:18.71	33.57	350 m:	3:52.26	33.55	400 m:	4:25.99	33.73
	450 m:	4:59.65	33.66	500 m:	5:33.67	34.02	550 m:	6:07.99	34.32	600 m:	6:42.41	34.42
	650 m:	7:16.92	34.51	700 m:	7:51.81	34.89	750 m:	8:26.57	34.76	800 m:	9:01.84	35.27
	850 m:	9:36.71	34.87	900 m:	10:12.21	35.50	950 m:	10:47.67	35.46	1000 m:	11:22.81	35.14
	1050 m:	11:57.67	34.86	1100 m:	12:32.74	35.07	1150 m:	13:07.64	34.90	1200 m:	13:42.81	35.17
	1250 m:	14:18.24	35.43	1300 m:	14:53.31	35.07	1350 m:	15:28.92	35.61	1400 m:	16:03.57	34.65
	1450 m:	16:37.92	34.35	1500 m:	17:12.07	34.15						
4	1147000	RODA MARQUEZ, Joao Victor					07	CULLERED		17:53.76		9.0
	50 m:	30.91	30.91	100 m:	1:03.97	33.06	150 m:	1:37.94	33.97	200 m:	2:12.44	34.50
	250 m:	2:47.16	34.72	300 m:	3:22.09	34.93	350 m:	3:57.37	35.28	400 m:	4:32.72	35.35
	450 m:	5:08.30	35.58	500 m:	5:44.16	35.86	550 m:	6:19.84	35.68	600 m:	6:55.97	36.13
	650 m:	7:32.30	36.33	700 m:	8:08.91	36.61	750 m:	8:45.47	36.56	800 m:	9:22.05	36.58
	850 m:	9:58.84	36.79	900 m:	10:35.51	36.67	950 m:	11:11.51	36.00	1000 m:	11:48.19	36.68
	1050 m:	12:24.55	36.36	1100 m:	13:00.94	36.39	1150 m:	13:37.19	36.25	1200 m:	14:14.19	37.00
	1250 m:	14:50.62	36.43	1300 m:	15:27.12	36.50	1350 m:	16:04.12	37.00	1400 m:	16:41.12	37.00
	1450 m:	17:18.44	37.32	1500 m:	17:53.76	35.32						
5	1143170	ASTIGARRABIA RODRIGUEZ, Nicolas					10	CMARINA		17:58.50		8.0
	50 m:	31.72	31.72	100 m:	1:05.87	34.15	150 m:	1:40.87	35.00	200 m:	2:16.15	35.28
	250 m:	2:51.72	35.57	300 m:	3:27.72	36.00	350 m:	4:03.75	36.03	400 m:	4:39.62	35.87
	450 m:	5:15.47	35.85	500 m:	5:51.62	36.15	550 m:	6:27.75	36.13	600 m:	7:03.40	35.65
	650 m:	7:38.97	35.57	700 m:	8:15.72	36.75	750 m:	8:50.97	35.25	800 m:	9:27.47	36.50
	850 m:	10:04.08	36.61	900 m:	10:39.97	35.89	950 m:	11:16.58	36.61	1000 m:	11:52.40	35.82
	1050 m:	12:28.50	36.10	1100 m:	13:05.22	36.72	1150 m:	13:41.72	36.50	1200 m:	14:18.79	37.07
	1250 m:	14:55.65	36.86	1300 m:	15:32.58	36.93	1350 m:	16:10.19	37.61	1400 m:	16:47.15	36.96
	1450 m:	17:22.65	35.50	1500 m:	17:58.50	35.85						
6	1144853	GONZALEZ PREGO, Xose					08	NCORUÑA		18:02.55		7.0
	50 m:	31.69	31.69	100 m:	1:06.26	34.57	150 m:	1:41.19	34.93	200 m:	2:17.05	35.86
	250 m:	2:53.12	36.07	300 m:	3:29.62	36.50	350 m:	4:05.22	35.60	400 m:	4:41.84	36.62

450 m:	5:17.91	36.07	500 m:	5:53.91	36.00	550 m:	6:30.55	36.64	600 m:	7:07.22	36.67
650 m:	7:43.72	36.50	700 m:	8:20.55	36.83	750 m:	8:57.16	36.61	800 m:	9:33.62	36.46
850 m:	10:10.47	36.85	900 m:	10:47.09	36.62	950 m:	11:23.44	36.35	1000 m:	12:00.16	36.72
1050 m:	12:37.02	36.86	1100 m:	13:13.66	36.64	1150 m:	13:50.57	36.91	1200 m:	14:27.05	36.48
1250 m:	15:03.87	36.82	1300 m:	15:40.26	36.39	1350 m:	16:16.69	36.43	1400 m:	16:52.94	36.25
1450 m:	17:28.69	35.75	1500 m:	18:02.55	33.86						

7	1189930	OTERO LAMAS, Alejandro					10	NTNARON		18:29.59		6.0
	50 m:	32.02	32.02	100 m:	1:06.66	34.64	150 m:	1:42.87	36.21	200 m:	2:19.66	36.79
	250 m:	2:56.56	36.90	300 m:	3:33.48	36.92	350 m:	4:10.98	37.50	400 m:	4:48.51	37.53
	450 m:	5:26.26	37.75	500 m:	6:04.16	37.90	550 m:	6:41.56	37.40	600 m:	7:19.16	37.60
	650 m:	7:56.91	37.75	700 m:	8:34.38	37.47	750 m:	9:11.66	37.28	800 m:	9:48.69	37.03
	850 m:	10:26.41	37.72	900 m:	11:03.73	37.32	950 m:	11:41.06	37.33	1000 m:	12:18.23	37.17
	1050 m:	12:55.41	37.18	1100 m:	13:32.69	37.28	1150 m:	14:09.56	36.87	1200 m:	14:46.19	36.63
	1250 m:	15:24.26	38.07	1300 m:	16:01.06	36.80	1350 m:	16:38.84	37.78	1400 m:	17:16.69	37.85
	1450 m:	17:54.06	37.37	1500 m:	18:29.59	35.53						

8	1189237	PIÑEIRO VAZQUEZ, Alvaro					10	NTNARON		18:44.57	5.0	
	50 m:	33.53	33.53	100 m:	1:09.92	36.39	150 m:	1:47.07	37.15	200 m:	2:23.96	36.89
	250 m:	3:01.42	37.46	300 m:	3:38.78	37.36	350 m:	4:16.57	37.79	400 m:	4:54.39	37.82
	450 m:	5:32.21	37.82	500 m:	6:09.96	37.75	550 m:	6:48.07	38.11	600 m:	7:25.99	37.92
	650 m:	8:03.39	37.40	700 m:	8:41.21	37.82	750 m:	9:19.31	38.10	800 m:	9:57.09	37.78
	850 m:	10:34.31	37.22	900 m:	11:12.42	38.11	950 m:	11:50.14	37.72	1000 m:	12:27.99	37.85
	1050 m:	13:05.96	37.97	1100 m:	13:44.24	38.28	1150 m:	14:22.42	38.18	1200 m:	14:59.84	37.42
	1250 m:	15:38.17	38.33	1300 m:	16:15.96	37.79	1350 m:	16:54.03	38.07	1400 m:	17:31.57	37.54
	1450 m:	18:08.92	37.35	1500 m:	18:44.57	35.65						

9	1147230	ALVAREZ RIO, Daniel					11	CULLERED		18:51.54	4.0	
	50 m:	33.55	33.55	100 m:	1:09.84	36.29	150 m:	1:46.76	36.92	200 m:	2:24.02	37.26
	250 m:	3:01.37	37.35	300 m:	3:39.19	37.82	350 m:	4:16.44	37.25	400 m:	4:54.44	38.00
	450 m:	5:32.44	38.00	500 m:	6:10.30	37.86	550 m:	6:48.69	38.39	600 m:	7:26.72	38.03
	650 m:	8:04.72	38.00	700 m:	8:42.19	37.47	750 m:	9:20.55	38.36	800 m:	9:58.16	37.61
	850 m:	10:36.20	38.04	900 m:	11:13.97	37.77	950 m:	11:52.69	38.72	1000 m:	12:30.66	37.97
	1050 m:	13:09.55	38.89	1100 m:	13:47.72	38.17	1150 m:	14:25.76	38.04	1200 m:	15:03.97	38.21
	1250 m:	15:42.44	38.47	1300 m:	16:20.76	38.32	1350 m:	16:58.94	38.18	1400 m:	17:37.30	38.36
	1450 m:	18:15.02	37.72	1500 m:	18:51.54	36.52						

10	1220566	RODRIGUEZ COLLADO, Miguel					10	CMARINA		20:51.16		3.0
	50 m:	34.45	34.45	100 m:	1:12.85	38.40	150 m:	1:51.95	39.10	200 m:	2:31.60	39.65
	250 m:	3:12.81	41.21	300 m:	3:54.21	41.40	350 m:	4:35.52	41.31	400 m:	5:17.45	41.93
	450 m:	5:59.38	41.93	500 m:	6:41.70	42.32	550 m:	7:23.99	42.29	600 m:	8:06.31	42.32
	650 m:	8:48.06	41.75	700 m:	9:30.60	42.54	750 m:	10:13.09	42.49	800 m:	10:55.27	42.18
	850 m:	11:37.92	42.65	900 m:	12:20.74	42.82	950 m:	13:04.20	43.46	1000 m:	13:47.92	43.72
	1050 m:	14:31.10	43.18	1100 m:	15:13.77	42.67	1150 m:	15:56.25	42.48	1200 m:	16:39.60	43.35
	1250 m:	17:22.35	42.75	1300 m:	18:04.42	42.07	1350 m:	18:47.20	42.78	1400 m:	19:29.45	42.25
	1450 m:	20:11.85	42.40	1500 m:	20:51.16	39.31						

#### 4.- 200 m Libre Feminino (TIM)

2025-03-22 17:00

ABSO\_F

1	1145002	<b>OUVIÑA PICOS, Nadiuska</b>	10	SDBOIRO	<b>2:05.78</b>	<b>15.0</b>
	50 m:	30.47 30.47	100 m:	1:02.18 31.71	150 m:	1:33.50 31.32
					200 m:	2:05.78 32.28
2	1144161	<b>BORRAZAS RODRIGUEZ, Noa</b>	08	SCASINO	<b>2:08.51</b>	<b>12.0</b>
	50 m:	30.59 30.59	100 m:	1:02.94 32.35	150 m:	1:35.44 32.50
					200 m:	2:08.51 33.07
3	1144416	<b>GERVENO PRADA, Eva</b>	11	SCASINO	<b>2:10.20</b>	<b>10.0</b>
	50 m:	31.13 31.13	100 m:	1:04.03 32.90	150 m:	1:37.52 33.49
					200 m:	2:10.20 32.68
4	1146828	<b>CARRASCO BOUZAMAYOR, Sabela</b>	08	NTNARON	<b>2:15.22</b>	<b>9.0</b>
	50 m:	31.66 31.66	100 m:	1:06.19 34.53	150 m:	1:41.16 34.97
					200 m:	2:15.22 34.06
5	1075304	<b>LOPEZ RAMUDO, Icia</b>	04	NTNARON	<b>2:19.45</b>	<b>8.0</b>
	50 m:	32.06 32.06	100 m:	1:06.63 34.57	150 m:	1:43.03 36.40
					200 m:	2:19.45 36.42
6	1140901	<b>CARRASCO DE CASTRO, Ana</b>	07	CMARINA	<b>2:20.19</b>	<b>7.0</b>
	50 m:	31.02 31.02	100 m:	1:05.51 34.49	150 m:	1:42.54 37.03
					200 m:	2:20.19 37.65
7	1143385	<b>RODRIGUEZ SUAREZ, Iria</b>	07	CULLERED	<b>2:20.28</b>	<b>6.0</b>
	50 m:	33.03 33.03	100 m:	1:08.28 35.25	150 m:	1:44.61 36.33
					200 m:	2:20.28 35.67
8	1143169	<b>CARRASCO DE CASTRO, Marina</b>	10	CMARINA	<b>2:20.47</b>	<b>5.0</b>
	50 m:	31.90 31.90	100 m:	1:07.58 35.68	150 m:	1:44.15 36.57
					200 m:	2:20.47 36.32
9	1143590	<b>PÉREZ LORENZO, Celia</b>	07	SDBOIRO	<b>2:24.58</b>	<b>4.0</b>
	50 m:	33.47 33.47	100 m:	1:10.05 36.58	150 m:	1:47.25 37.20
					200 m:	2:24.58 37.33
10	1146969	<b>FEAL DEVESA, Carlota</b>	09	CULLERED	<b>2:24.75</b>	<b>3.0</b>
	50 m:	33.53 33.53	100 m:	1:09.64 36.11	150 m:	1:46.56 36.92
					200 m:	2:24.75 38.19
11	1147330	<b>MENDEZ LOPEZ, Helena</b>	10	NCORUÑA	<b>2:35.28</b>	<b>2.0</b>
	50 m:	31.02 31.02	100 m:	1:14.31 43.29	150 m:	1:54.57 40.26
					200 m:	2:35.28 40.71
DSQ	1199124	<b>PEREZ FIGUEROA, Sabela</b>	10	NCORUÑA		<b>0.0</b>

## 5.- 50 m Braza Masculino (TIM)

2025-03-22 17:00

ABSO\_M

1	1140987	ETAYO GARCIA, Oscar	06	NCORUÑA	29.98	15.0
2	1141092	SOUTO VILAS, Jorge	07	SCASINO	30.10	12.0
3	1100851	PÉREZ LORENZO, Manuel	05	SDBOIRO	30.50	10.0
4	1039024	PICALLO MARANTE, Sergio	01	NCORUÑA	31.16	9.0
5	1143170	ASTIGARRABIA RODRIGUEZ, Nicolas	10	CMARINA	31.69	8.0
6	1117210	SOBRINO BUJIA, Mateo	06	CULLERED	31.81	7.0
7	1143971	GERVENO PRADA, Luis	09	SCASINO	32.20	6.0
8	1078641	GRACIA CARBAJO, Miguel	94	NTNARON	32.46	5.0
9	1140830	ASTIGARRABIA RODRIGUEZ, Eneko	05	CMARINA	34.55	4.0
10	1115676	GONZALEZ IGLESIAS, Alberto	97	CULLERED	36.59	3.0
11	1189237	PIÑEIRO VAZQUEZ, Alvaro	10	NTNARON	38.61	2.0

## 6.- 50 m Braza Feminino (TIM)

2025-03-22 17:00

ABSO\_F

1	1030568	JIMENEZ COPPA, Carla M.	06	SCASINO	33.76	15.0
2	1038068	ANEIROS DOPICO, Laura	00	CMARINA	35.98	12.0
3	1205945	GONZÁLEZ TUBÍO, Alejandra	11	SDBOIRO	36.31	10.0
4	1143806	SÁNCHEZ TOJA, Candela	08	SDBOIRO	36.49	9.0
5	1144162	CABANAS DEL RIO, Carla	09	SCASINO	36.75	8.0
6	1034019	LÓPEZ RODRÍGUEZ, Maía	02	NTNARON	36.86	7.0
7	1075304	LOPEZ RAMUDO, Icia	04	NTNARON	36.87	6.0
8	1198792	GARCIA RODRIGUEZ, Andrea	10	CMARINA	36.88	5.0
9	1143385	RODRIGUEZ SUAREZ, Iria	07	CULLERED	43.45	4.0
10	1257948	TORTOSA MENDOZA, Maria Gabriela	96	CULLERED	45.34	3.0
DNS	1270533	FERNANDEZ BELLO, Laura	10	NCORUÑA		0,0
DNS	1187884	BARREIRA PERMUY, Lucia	09	NCORUÑA		0,0



## 7.- 200 m Bolboreta Masculino (TIM)

2025-03-22 17:00

ABSO\_M

1	1143983	<b>SUAREZ MARTINEZ, Pedro</b>	10	SCASINO	<b>2:13.87</b>	<b>15.0</b>
	50 m:	29.60 29.60 100 m: 1:03.60 34.00	150 m:	1:38.77 35.17	200 m:	2:13.87 35.10
2	1144423	<b>IGLESIAS PEÑA, Gabriel</b>	09	SCASINO	<b>2:24.74</b>	<b>12.0</b>
	50 m:	31.53 31.53 100 m: 1:07.84 36.31	150 m:	1:45.57 37.73	200 m:	2:24.74 39.17
3	1205872	<b>SANESTEBAN LÓPEZ, Teo</b>	10	CMARINA	<b>2:25.38</b>	<b>10.0</b>
	50 m:	33.77 33.77 100 m: 1:11.52 37.75	150 m:	1:49.17 37.65	200 m:	2:25.38 36.21
4	1187886	<b>GARCIA AROCHENA, Jacobo Javier</b>	09	NCORUÑA	<b>2:27.15</b>	<b>9.0</b>
	50 m:	32.40 32.40 100 m: 1:09.25 36.85	150 m:	1:47.22 37.97	200 m:	2:27.15 39.93
5	1147000	<b>RODA MARQUEZ, Joao Victor</b>	07	CULLERED	<b>2:28.31</b>	<b>8.0</b>
	50 m:	32.49 32.49 100 m: 1:09.17 36.68	150 m:	1:48.07 38.90	200 m:	2:28.31 40.24
6	1196086	<b>CAO HERMO, Breixo</b>	10	SDBOIRO	<b>2:30.43</b>	<b>7.0</b>
	50 m:	29.84 29.84 100 m: 1:07.09 37.25	150 m:	1:46.89 39.80	200 m:	2:30.43 43.54
7	1075433	<b>PORTELA LEIRA, Miguel</b>	07	NTNARON	<b>2:34.38</b>	<b>6.0</b>
	50 m:	34.45 34.45 100 m: 1:13.03 38.58	150 m:	1:53.48 40.45	200 m:	2:34.38 40.90
8	1147230	<b>ALVAREZ RIO, Daniel</b>	11	CULLERED	<b>2:37.81</b>	<b>5.0</b>
	50 m:	33.92 33.92 100 m: 1:13.28 39.36	150 m:	1:54.96 41.68	200 m:	2:37.81 42.85
9	1189930	<b>OTERO LAMAS, Alejandro</b>	10	NTNARON	<b>2:40.81</b>	<b>4.0</b>
	50 m:	34.38 34.38 100 m: 1:15.06 40.68	150 m:	1:58.35 43.29	200 m:	2:40.81 42.46
10	1174935	<b>REY LOPEZ, Anxo</b>	11	CMARINA	<b>2:55.00</b>	<b>3.0</b>
	50 m:	35.05 35.05 100 m: 1:19.69 44.64	150 m:	2:07.75 48.06	200 m:	2:55.00 47.25
11	1239551	<b>CHOUZA POUSO-VAZQUEZ, Martin</b>	11	SDBOIRO	<b>2:58.84</b>	<b>2.0</b>
	50 m:	37.87 37.87 100 m: 1:21.49 43.62	150 m:	2:08.92 47.43	200 m:	2:58.84 49.92
DSQ	1100546	<b>CRESPO GONZALEZ, David</b>	01	NCORUÑA		<b>0.0</b>



## 8.- 200 m Bolboreta Feminino (TIM)

2025-03-22 17:00

ABSO\_F

1	1143125	ALBES ALVARIÑO, Paula					03	NTNARON		2:36.31		15.0
	50 m:	34.13	34.13	100 m:	1:14.13	40.00	150 m:	1:55.88	41.75	200 m:	2:36.31	40.43
2	1144628	TUBÍO SUEIRO, Rita					11	SDBOIRO		2:36.71		12.0
	50 m:	35.25	35.25	100 m:	1:14.43	39.18	150 m:	1:55.81	41.38	200 m:	2:36.71	40.90
3	1054495	SEGOVIA CARBALLO, Paula					00	NTNARON		2:39.87		10.0
	50 m:	34.84	34.84	100 m:	1:15.84	41.00	150 m:	1:58.70	42.86	200 m:	2:39.87	41.17
4	1144288	OZORES CHOUZA, Lara					06	SDBOIRO		2:46.63		9.0
	50 m:	35.53	35.53	100 m:	1:17.41	41.88	150 m:	2:01.20	43.79	200 m:	2:46.63	45.43
5	1178955	HERNAEZ GONZALEZ, Paula					08	CULLERED		2:47.52		8.0
	50 m:	37.63	37.63	100 m:	1:20.17	42.54	150 m:	2:03.42	43.25	200 m:	2:47.52	44.10
6	1113386	REY PITA, Clara					07	SCASINO		2:48.06		7.0
	50 m:	35.49	35.49	100 m:	1:16.67	41.18	150 m:	2:00.74	44.07	200 m:	2:48.06	47.32
7	1078709	BALADO PENA, Celtia					07	CMARINA		2:48.87		6.0
	50 m:	35.15	35.15	100 m:	1:17.83	42.68	150 m:	2:03.15	45.32	200 m:	2:48.87	45.72
8	1187883	ARRUÑADA VAZQUEZ, Carmen					10	NCORUÑA		2:50.90		5.0
	50 m:	38.42	38.42	100 m:	1:21.10	42.68	150 m:	2:04.87	43.77	200 m:	2:50.90	46.03
9	1196833	SALLERES MOURO, Candela					07	SCASINO		2:58.11		4.0
	50 m:	39.14	39.14	100 m:	1:23.31	44.17	150 m:	2:10.61	47.30	200 m:	2:58.11	47.50
10	1143174	HERMIDA PEREIRA, Carmen					10	CMARINA		3:01.26		3.0
	50 m:	39.05	39.05	100 m:	1:24.72	45.67	150 m:	2:13.44	48.72	200 m:	3:01.26	47.82
11	1147337	FERNANDEZ SOUTO, Sabela					11	NCORUÑA		3:20.60		2.0
	50 m:	41.70	41.70	100 m:	1:31.35	49.65	150 m:	2:25.52	54.17	200 m:	3:20.60	55.08
12	1197600	SANDERSON KEOUGH, Helen Jane					70	CULLERED		3:39.21		1.0
	50 m:	48.59	48.59	100 m:	1:41.99	53.40	150 m:	2:40.07	58.08	200 m:	3:39.21	59.14

## 9.- 100 m Libre Masculino (TIM)

2025-03-22 17:00

ABSO\_M

1	1202934	<b>BALSA VIGO, Javier</b>	05	NCORUÑA	<b>51.63</b>	<b>15.0</b>
	50 m:	24.03 24.03	100 m:	51.63 27.60		
2	1146789	<b>RIVAS TORRES, Paulo</b>	08	SCASINO	<b>51.71</b>	<b>12.0</b>
	50 m:	25.04 25.04	100 m:	51.71 26.67		
3	1108773	<b>SANLÉS DIESTE, Hugo</b>	04	SDBOIRO	<b>53.07</b>	<b>10.0</b>
	50 m:	25.09 25.09	100 m:	53.07 27.98		
4	1144145	<b>SOUTO RAMOS, Manuel</b>	07	SCASINO	<b>53.27</b>	<b>9.0</b>
	50 m:	25.38 25.38	100 m:	53.27 27.89		
5	1140987	<b>ETAYO GARCIA, Oscar</b>	06	NCORUÑA	<b>54.59</b>	<b>8.0</b>
	50 m:	26.01 26.01	100 m:	54.59 28.58		
6	1196086	<b>CAO HERMO, Breixo</b>	10	SDBOIRO	<b>55.37</b>	<b>7.0</b>
	50 m:	27.19 27.19	100 m:	55.37 28.18		
7	1143421	<b>ALBES ALVARIÑO, David</b>	06	NTNARON	<b>57.12</b>	<b>6.0</b>
	50 m:	27.59 27.59	100 m:	57.12 29.53		
8	1133849	<b>PÉREZ GONZÁLEZ, Pablo</b>	01	CMARINA	<b>57.91</b>	<b>5.0</b>
	50 m:	27.63 27.63	100 m:	57.91 30.28		
9	1146833	<b>GONZALEZ PERNAS, Diego</b>	07	NTNARON	<b>1:00.69</b>	<b>4.0</b>
	50 m:	29.22 29.22	100 m:	1:00.69 31.47		
10	1205935	<b>GUIRADO CARABEL, Oscar</b>	76	CULLERED	<b>1:02.72</b>	<b>3.0</b>
	50 m:	29.22 29.22	100 m:	1:02.72 33.50		
11	1115676	<b>GONZALEZ IGLESIAS, Alberto</b>	97	CULLERED	<b>1:03.94</b>	<b>2.0</b>
	50 m:	30.69 30.69	100 m:	1:03.94 33.25		
12	1220566	<b>RODRIGUEZ COLLADO, Miguel</b>	10	CMARINA	<b>1:07.18</b>	<b>1.0</b>
	50 m:	32.39 32.39	100 m:	1:07.18 34.79		

## 10.- 50 m Libre Feminino (TIM)

2025-03-22 17:00

ABSO\_F

1	1143978	GIL GARNACHO, Carlota	09	SCASINO	28.71	15.0
2	1146828	CARRASCO BOUZAMAYOR, Sabela	08	NTNARON	29.06	12.0
3	1180152	PEREZ MARTINEZ, Sara	10	NTNARON	29.15	10.0
4	1140901	CARRASCO DE CASTRO, Ana	07	CMARINA	29.30	9.0
5	1203742	GUIRADO AGRA, Sofia	09	CULLERED	29.31	8.0
6	1143972	COUCEIRO BARREIRO, Marta	07	SCASINO	29.45	7.0
7	1078709	BALADO PENA, Celtia	07	CMARINA	29.56	6.0
8	1144638	GARCÍA ESPAÑA, Elena	09	SDBOIRO	29.84	5.0
9	1143590	PÉREZ LORENZO, Celia	07	SDBOIRO	30.02	4.0
10	1178955	HERNAEZ GONZALEZ, Paula	08	CULLERED	30.10	3.0
11	1146991	CANALDA RAMOS, Laura	09	NCORUÑA	30.45	2.0
DNS	1187884	BARREIRA PERMUY, Lucia	09	NCORUÑA		0,0

## 11.- 100 m Costas Masculino (TIM)

2025-03-22 17:00

ABSO\_M

1	1143981	<b>SUAREZ MARTINEZ, Diego</b>	08	SCASINO	<b>57.41</b>	<b>15.0</b>
	50 m:	27.19 27.19 100 m: 57.41 30.22				
2	1143658	<b>MEIZOSO FERNÁNDEZ, Daniel</b>	09	NTNARON	<b>1:00.88</b>	<b>12.0</b>
	50 m:	29.03 29.03 100 m: 1:00.88 31.85				
3	1146785	<b>ALCALDE MAHIA, Jun Bin</b>	08	NCORUÑA	<b>1:02.23</b>	<b>10.0</b>
	50 m:	29.74 29.74 100 m: 1:02.23 32.49				
4	1023160	<b>ORTEGA CRUZ, German</b>	09	SCASINO	<b>1:03.97</b>	<b>9.0</b>
	50 m:	31.33 31.33 100 m: 1:03.97 32.64				
5	1205872	<b>SANESTEBAN LÓPEZ, Teo</b>	10	CMARINA	<b>1:04.34</b>	<b>8.0</b>
	50 m:	31.71 31.71 100 m: 1:04.34 32.63				
6	1095445	<b>LAGO CASTILLO, Diego</b>	07	CULLERED	<b>1:08.53</b>	<b>7.0</b>
	50 m:	33.18 33.18 100 m: 1:08.53 35.35				
7	1146972	<b>OLVEIRA BARTOLOME, Pedro</b>	08	NCORUÑA	<b>1:10.74</b>	<b>6.0</b>
	50 m:	34.64 34.64 100 m: 1:10.74 36.10				
8	1143421	<b>ALBES ALVARIÑO, David</b>	06	NTNARON	<b>1:10.75</b>	<b>5.0</b>
	50 m:	34.28 34.28 100 m: 1:10.75 36.47				
9	1108773	<b>SANLÉS DIESTE, Hugo</b>	04	SDBOIRO	<b>1:11.95</b>	<b>4.0</b>
	50 m:	35.23 35.23 100 m: 1:11.95 36.72				
10	1140830	<b>ASTIGARRABIA RODRIGUEZ, Eneko</b>	05	CMARINA	<b>1:14.25</b>	<b>3.0</b>
	50 m:	36.18 36.18 100 m: 1:14.25 38.07				
11	1205935	<b>GUIRADO CARABEL, Oscar</b>	76	CULLERED	<b>1:24.50</b>	<b>2.0</b>
	50 m:	41.21 41.21 100 m: 1:24.50 43.29				

## 12.- 100 m Costas Feminino (TIM)

2025-03-22 17:00

ABSO\_F

1	1144161	<b>BORRAZAS RODRIGUEZ, Noa</b>	08	SCASINO	<b>1:04.57</b>	<b>15.0</b>
	50 m:	31.53 31.53	100 m:	1:04.57	33.04	
2	1143169	<b>CARRASCO DE CASTRO, Marina</b>	10	CMARINA	<b>1:09.61</b>	<b>12.0</b>
	50 m:	33.31 33.31	100 m:	1:09.61	36.30	
3	1140828	<b>RICO MARTINEZ, Martina Xia</b>	05	NTNARON	<b>1:11.09</b>	<b>10.0</b>
	50 m:	33.74 33.74	100 m:	1:11.09	37.35	
4	1144162	<b>CABANAS DEL RIO, Carla</b>	09	SCASINO	<b>1:11.18</b>	<b>9.0</b>
	50 m:	35.07 35.07	100 m:	1:11.18	36.11	
5	1212097	<b>LOUREIRO AMOR, Belen Martina</b>	88	NTNARON	<b>1:12.72</b>	<b>8.0</b>
	50 m:	34.50 34.50	100 m:	1:12.72	38.22	
6	1203742	<b>GUIRADO AGRA, Sofia</b>	09	CULLERED	<b>1:13.70</b>	<b>7.0</b>
	50 m:	35.84 35.84	100 m:	1:13.70	37.86	
7	1075476	<b>SÁNCHEZ GRANDAL, Lucía</b>	04	CMARINA	<b>1:14.68</b>	<b>6.0</b>
	50 m:	35.50 35.50	100 m:	1:14.68	39.18	
8	1192795	<b>RODRÍGUEZ NINE, Emma</b>	11	SDBOIRO	<b>1:15.73</b>	<b>5.0</b>
	50 m:	36.23 36.23	100 m:	1:15.73	39.50	
9	1144628	<b>TUBÍO SUEIRO, Rita</b>	11	SDBOIRO	<b>1:16.65</b>	<b>4.0</b>
	50 m:	36.57 36.57	100 m:	1:16.65	40.08	
10	1147228	<b>ABAD PAMPIN, Uxia</b>	09	NCORUÑA	<b>1:18.65</b>	<b>3.0</b>
	50 m:	38.12 38.12	100 m:	1:18.65	40.53	
11	1146724	<b>VILLAR ARCEO, Iria</b>	08	NCORUÑA	<b>1:22.05</b>	<b>2.0</b>
	50 m:	38.55 38.55	100 m:	1:22.05	43.50	
12	1243190	<b>PEREZ PAZ, Uxia</b>	09	CULLERED	<b>1:36.06</b>	<b>1.0</b>
	50 m:	46.78 46.78	100 m:	1:36.06	49.28	

### 13.- 4x200 m Libre Masculino (TIM)

2025-03-22 17:00

ABSO\_M

1	00287	<b>SCASINO 01</b>					<b>SCASINO</b>	<b>7:59.85</b>	<b>30.0</b>
	1023167	PENAS CAYADO, Fernando	09	50 m:	28.43	28.43	100 m:	59.43	31.00
				150 m:	1:30.90	31.47	200 m:	2:01.93	31.03
	1146789	RIVAS TORRES, Paulo	08	250 m:	2:27.85	25.92	300 m:	2:56.50	28.65
				350 m:	3:26.47	29.97	400 m:	3:55.97	29.50
	1141092	SOUTO VILAS, Jorge	07	450 m:	4:22.53	26.56	500 m:	4:52.07	29.54
				550 m:	5:22.22	30.15	600 m:	6:02.75	40.53
	1144145	SOUTO RAMOS, Manuel	07	650 m:	6:30.25	27.50	700 m:	6:59.75	29.50
				750 m:	7:30.18	30.43	800 m:	7:59.85	29.67
2	00186	<b>NCORUÑA 01</b>					<b>NCORUÑA</b>	<b>8:11.53</b>	<b>24.0</b>
	1202934	BALSA VIGO, Javier	05	50 m:	27.76	27.76	100 m:	59.46	31.70
				150 m:	1:31.36	31.90	200 m:	2:03.04	31.68
	1143193	GOMEZ LIMIA, Pablo	06	250 m:	2:29.11	26.07	300 m:	2:59.06	29.95
				350 m:	3:29.93	30.87	400 m:	4:00.96	31.03
	1041309	SENDINO GESTOSO, Roi	01	450 m:	4:29.11	28.15	500 m:	5:00.28	31.17
				550 m:	5:33.04	32.76	600 m:	6:07.14	34.10
	1039024	PICALLO MARANTE, Sergio	01	650 m:	6:35.48	28.34	700 m:	7:06.00	30.52
				750 m:	7:37.86	31.86	800 m:	8:11.53	33.67
3	00186	<b>NCORUÑA 02</b>					<b>NCORUÑA</b>	<b>8:20.85</b>	<b>20.0</b>
	1140987	ETAYO GARCIA, Oscar	06	50 m:	28.31	28.31	100 m:	58.85	30.54
				150 m:	1:29.56	30.71	200 m:	2:00.25	30.69
	1146785	ALCALDE MAHIA, Jun Bin	08	250 m:	2:28.13	27.88	300 m:	2:59.06	30.93
				350 m:	3:52.03	52.97	400 m:	4:05.60	13.57
	1187886	GARCIA AROCHENA, Jacobo Javier	09	450 m:	4:54.42	48.82	500 m:	5:07.05	12.63
				550 m:	5:40.35	33.30	600 m:	6:15.52	35.17
	1185607	GIL - RIVERA BARBEITO, Hugo	09	650 m:	6:42.87	27.35	700 m:	7:15.87	33.00
				750 m:	7:49.20	33.33	800 m:	8:20.85	31.65
4	00287	<b>SCASINO 02</b>					<b>SCASINO</b>	<b>8:32.50</b>	<b>18.0</b>
	1098991	AVILES ZHUAVLEV, Santiago	04	50 m:	28.61	28.61	100 m:	1:00.03	31.42
				150 m:	1:32.03	32.00	200 m:	2:02.93	30.90
	1143983	SUAREZ MARTINEZ, Pedro	10	250 m:	2:31.15	28.22	300 m:	3:02.01	30.86
				350 m:	3:35.93	33.92	400 m:	4:08.61	32.68
	1146987	PRIETO PIÑEIRO, Alejandro	11	450 m:	4:38.25	29.64	500 m:	5:11.61	33.36
				550 m:	5:46.43	34.82	600 m:	6:20.15	33.72
	1144415	NISTAL PALACIOS, Rafael	09	650 m:	6:50.11	29.96	700 m:	7:24.53	34.42
				750 m:	7:59.15	34.62	800 m:	8:32.50	33.35
5	P1106	<b>SDBOIRO 01</b>					<b>SDBOIRO</b>	<b>8:34.78</b>	<b>16.0</b>
	1108773	SANLÉS DIESTE, Hugo	04	50 m:	28.33	28.33	100 m:	59.08	30.75
				150 m:	1:30.00	30.92	200 m:	2:01.00	31.00
	1100851	PÉREZ LORENZO, Manuel	05	250 m:	2:28.97	27.97	300 m:	2:59.25	30.28
				350 m:	3:32.90	33.65	400 m:	4:07.65	34.75
	1196086	CAO HERMO, Breixo	10	450 m:	4:35.65	28.00	500 m:	5:06.40	30.75
				550 m:	5:38.43	32.03	600 m:	6:10.43	32.00
	1239551	CHOUZA POUSO-VAZQUEZ, Martin	11	650 m:	6:43.40	32.97	700 m:	7:19.40	36.00
				750 m:	7:57.58	38.18	800 m:	8:34.78	37.20
6	00639	<b>NTNARON 01</b>					<b>NTNARON</b>	<b>8:47.41</b>	<b>14.0</b>
	1143421	ALBES ALVARIÑO, David	06	50 m:	31.31	31.31	100 m:	1:05.45	34.14
				150 m:	1:40.78	35.33	200 m:	2:14.84	34.06

	1075433	PORTELA LEIRA, Miguel	07	250 m:	2:45.13	30.29	300 m:	3:14.13	29.00
				350 m:	3:55.38	41.25	400 m:	4:31.80	36.42
	1146833	GONZALEZ PERNAS, Diego	07	450 m:	5:02.13	30.33	500 m:	5:35.98	33.85
				550 m:	6:10.84	34.86	600 m:	6:45.66	34.82
	1143658	MEIZOSO FERNÁNDEZ, Daniel	09	650 m:	7:13.66	28.00	700 m:	7:44.18	30.52
				750 m:	8:15.84	31.66	800 m:	8:47.41	31.57
7	00146	<b>CMARINA 01</b>			<b>CMARINA</b>			<b>8:51.81</b>	<b>12.0</b>
	1133849	PÉREZ GONZÁLEZ, Pablo	01	50 m:	30.53	30.53	100 m:	1:03.89	33.36
				150 m:	1:38.03	34.14	200 m:	2:12.31	34.28
	1174935	REY LOPEZ, Anxo	11	250 m:	2:44.49	32.18	300 m:	3:20.49	36.00
				350 m:	3:58.49	38.00	400 m:	4:34.07	35.58
	1143170	ASTIGARRABIA RODRIGUEZ, Nicolas	10	450 m:	5:01.59	27.52	500 m:	5:38.81	37.22
				550 m:	6:14.81	36.00	600 m:	6:47.57	32.76
	1205872	SANESTEBAN LÓPEZ, Teo	10	650 m:	7:16.81	29.24	700 m:	7:47.57	30.76
				750 m:	8:19.71	32.14	800 m:	8:51.81	32.10
8	01433	<b>CULLERED 01</b>			<b>CULLERED</b>			<b>8:54.87</b>	<b>10.0</b>
	1117210	SOBRINO BUJIA, Mateo	06	50 m:	28.44	28.44	100 m:	1:00.16	31.72
				150 m:	1:34.94	34.78	200 m:	2:09.66	34.72
	1095445	LAGO CASTILLO, Diego	07	250 m:	2:40.31	30.65	300 m:	3:15.06	34.75
				350 m:	3:50.63	35.57	400 m:	4:25.76	35.13
	1115676	GONZALEZ IGLESIAS, Alberto	97	450 m:	4:57.76	32.00	500 m:	5:33.06	35.30
				550 m:	6:09.56	36.50	600 m:	6:45.16	35.60
	1147000	RODA MARQUEZ, Joao Victor	07	650 m:	7:15.13	29.97	700 m:	7:47.98	32.85
				750 m:	8:21.66	33.68	800 m:	8:54.87	33.21
9	00639	<b>NTNARON 02</b>			<b>NTNARON</b>			<b>9:12.19</b>	<b>8.0</b>
	1189930	OTERO LAMAS, Alejandro	10	50 m:	30.87	30.87	100 m:	1:05.09	34.22
				150 m:	1:40.59	35.50	200 m:	2:15.79	35.20
	1078719	LÓPEZ CABANAS, Francisco Jose	03	250 m:	2:46.49	30.70	300 m:	3:20.87	34.38
				350 m:	3:57.34	36.47	400 m:	4:34.62	37.28
	1078716	HERMIDA RAMOS, Raul	00	450 m:	5:05.21	30.59	500 m:	5:39.26	34.05
				550 m:	6:16.26	37.00	600 m:	6:53.59	37.33
	1189237	PIÑEIRO VAZQUEZ, Alvaro	10	650 m:	7:25.53	31.94	700 m:	8:01.26	35.73
				750 m:	8:37.19	35.93	800 m:	9:12.19	35.00
WDR	00146				<b>CMARINA</b>				<b>0,0</b>
	50 m:								



## 14.- 4x100 m Libre Feminino (TIM)

2025-03-22 17:00

ABSO\_F

1	00287	SCASINO 02				SCASINO	4:08.25	30.0	
	1144416	GERVENO PRADA, Eva	11	50 m:	29.75	29.75	100 m:	1:00.86	31.11
	1143972	COUCEIRO BARREIRO, Marta	07	150 m:	1:30.90	30.04	200 m:	2:04.25	33.35
	1030568	JIMENEZ COPPA, Carla M.	06	250 m:	2:33.75	29.50	300 m:	3:06.75	33.00
	1143978	GIL GARNACHO, Carlota	09	350 m:	3:36.50	29.75	400 m:	4:08.25	31.75
2	00639	NTNARON 01				NTNARON	4:10.33	24.0	
	1146828	CARRASCO BOUZAMAYOR, Sabela	08	50 m:	29.83	29.83	100 m:	1:02.00	32.17
	1143125	ALBES ALVARIÑO, Paula	03	150 m:	1:31.83	29.83	200 m:	2:04.58	32.75
	1075304	LOPEZ RAMUDO, Icia	04	250 m:	2:34.87	30.29	300 m:	3:07.97	33.10
	1180152	PEREZ MARTINEZ, Sara	10	350 m:	3:37.44	29.47	400 m:	4:10.33	32.89
3	00146	CMARINA 01				CMARINA	4:16.42	20.0	
	1038068	ANEIROS DOPICO, Laura	00	50 m:	30.70	30.70	100 m:	1:03.45	32.75
	1143169	CARRASCO DE CASTRO, Marina	10	150 m:	1:34.06	30.61	200 m:	2:08.13	34.07
	1140901	CARRASCO DE CASTRO, Ana	07	250 m:	2:38.67	30.54	300 m:	3:12.38	33.71
	1078709	BALADO PENA, Celtia	07	350 m:	3:42.70	30.32	400 m:	4:16.42	33.72
4	P1106	SDBOIRO 02				SDBOIRO	4:17.78	18.0	
	1145002	OUVIÑA PICOS, Nadiuska	10	50 m:	27.68	27.68	100 m:	57.43	29.75
	1144628	TUBÍO SUEIRO, Rita	11	150 m:	1:29.00	31.57	200 m:	2:03.96	34.96
	1192795	RODRÍGUEZ NINE, Emma	11	250 m:	2:35.28	31.32	300 m:	3:10.11	34.83
	1205945	GONZÁLEZ TUBÍO, Alejandra	11	350 m:	3:42.22	32.11	400 m:	4:17.78	35.56
5	00639	NTNARON 02				NTNARON	4:21.21	16.0	
	1140828	RICO MARTINEZ, Martina Xia	05	50 m:	30.67	30.67	100 m:	1:01.49	30.82
	1034019	LÓPEZ RODRÍGUEZ, Maia	02	150 m:	1:35.09	33.60	200 m:	2:09.17	34.08
	1054495	SEGOVIA CARBALLO, Paula	00	250 m:	2:40.78	31.61	300 m:	3:16.09	35.31
	1212097	LOUREIRO AMOR, Belen Martina	88	350 m:	3:16.09		400 m:	4:21.21	1:05.12
6	00287	SCASINO 01				SCASINO	4:22.91	14.0	
	1144161	BORRAZAS RODRIGUEZ, Noa	08	50 m:	28.69	28.69	100 m:	59.44	30.75
	1144162	CABANAS DEL RIO, Carla	09	150 m:	1:30.51	31.07	200 m:	2:04.34	33.83
	1113386	REY PITA, Clara	07	250 m:	2:36.44	32.10	300 m:	3:10.97	34.53
	1196833	SALLERES MOURO, Candela	07	350 m:	3:45.44	34.47	400 m:	4:22.91	37.47
7	P1106	SDBOIRO 01				SDBOIRO	4:25.23	12.0	
	1144638	GARCÍA ESPAÑA, Elena	09	50 m:	30.41	30.41	100 m:	1:05.73	35.32
	1143806	SÁNCHEZ TOJA, Candela	08	150 m:	1:36.44	30.71	200 m:	2:10.87	34.43
	1144288	OZORES CHOUZA, Lara	06	250 m:	2:43.13	32.26	300 m:	3:19.06	35.93
	1143590	PÉREZ LORENZO, Celia	07	350 m:	3:49.26	30.20	400 m:	4:25.23	35.97
8	00186	NCORUÑA 01				NCORUÑA	4:33.17	10.0	
	1187883	ARRUÑADA VAZQUEZ, Carmen	10	50 m:	32.21	32.21	100 m:	1:07.14	34.93
	1199124	PEREZ FIGUEROA, Sabela	10	150 m:	1:40.07	32.93	200 m:	2:16.17	36.10
	1099709	BARCIA RAMA, Lucia	04	250 m:	2:47.28	31.11	300 m:	3:22.14	34.86
	1146724	VILLAR ARCEO, Iria	08	350 m:	3:54.99	32.85	400 m:	4:33.17	38.18
9	00146	CMARINA 02				CMARINA	4:34.03	8.0	
	1143174	HERMIDA PEREIRA, Carmen	10	50 m:	32.85	32.85	100 m:	1:07.99	35.14
	1198792	GARCIA RODRIGUEZ, Andrea	10	150 m:	1:39.85	31.86	200 m:	2:15.25	35.40
	1143221	VALENCIA MATEO, Covadonga	11	250 m:	2:48.95	33.70	300 m:	3:26.42	37.47
	1075476	SÁNCHEZ GRANDAL, Lucía	04	350 m:	3:58.31	31.89	400 m:	4:34.03	35.72

10	01433	<b>CULLERED 01</b>				CULLERED	<b>4:34.78</b>	<b>6.0</b>
	1143385	RODRIGUEZ SUAREZ, Iria	07	50 m:	32.34	32.34	100 m: 1:07.84	35.50
	1146969	FEAL DEVEZA, Carlota	09	150 m:	1:39.78	31.94	200 m: 2:14.81	35.03
	1257948	TORTOSA MENDOZA, Maria Gabriela	96	250 m:	2:50.46	35.65	300 m: 3:30.49	40.03
	1178955	HERNAEZ GONZALEZ, Paula	08	350 m:	4:01.17	30.68	400 m: 4:34.78	33.61
11	00186	<b>NCORUÑA 02</b>				NCORUÑA	<b>4:41.06</b>	<b>4.0</b>
	1147330	MENDEZ LOPEZ, Helena	10	50 m:	34.35	34.35	100 m: 1:11.81	37.46
	1101223	ROMERO LOURES, Lucia	04	150 m:	1:43.06	31.25	200 m: 2:19.10	36.04
	1147337	FERNANDEZ SOUTO, Sabela	11	250 m:	2:53.20	34.10	300 m: 3:29.92	36.72
	1147228	ABAD PAMPIN, Uxia	09	350 m:	4:04.31	34.39	400 m: 4:41.06	36.75