

1.- 4x50 m Estilos Feminino (TIM)

2025-01-25 17:00

ABSO_F

1	00287	CASINOC 01				CASINOC	2:04.97	30.0
	1144161	BORRAZAS RODRIGUEZ, Noa	08	50 m:	30.88	30.88		
	1030568	JIMENEZ COPPA, Carla M.	06	100 m:	1:03.93	33.05		
	1113386	REY PITA, Clara	07	150 m:	1:36.83	32.90		
	1143972	COUCEIRO BARREIRO, Marta	07	200 m:	2:04.97	28.14		
2	00639	NTNARON 01				NTNARON	2:05.18	24.0
	1143125	ALBES ALVARIÑO, Paula	03	50 m:	31.43	31.43		
	1075304	LOPEZ RAMUDO, Icia	04	100 m:	1:05.97	34.54		
	1146828	CARRASCO BOUZAMAYOR, Sabela	08	150 m:	1:36.39	30.42		
	1180152	PEREZ MARTINEZ, Sara	10	200 m:	2:05.18	28.79		
3	00146	CMARINA 01				CMARINA	2:09.54	20.0
	1143169	CARRASCO DE CASTRO, Marina	10	50 m:	32.95	32.95		
	1198792	GARCIA RODRIGUEZ, Andrea	10	100 m:	1:10.65	37.70		
	1078709	BALADO PENA, Celtia	07	150 m:	1:40.96	30.31		
	1038068	ANEIROS DOPICO, Laura	00	200 m:	2:09.54	28.58		
4	P1106	SDBOIRO 02				SDBOIRO	2:09.89	18.0
	1144628	TUBÍO SUEIRO, Rita	11	50 m:	33.96	33.96		
	1205945	GONZÁLEZ TUBÍO, Alejandra	11	100 m:	1:11.04	37.08		
	1144288	OZORES CHOUZA, Lara	06	150 m:	1:44.00	32.96		
	1145002	OUVIÑA PICOS, Nadiuska	10	200 m:	2:09.89	25.89		
5	00639	NTNARON 02				NTNARON	2:10.70	16.0
	1212097	LOUREIRO AMOR, Belen Martina	88	50 m:	33.97	33.97		
	1034019	LÓPEZ RODRÍGUEZ, Maia	02	100 m:	1:09.80	35.83		
	1054495	SEGOVIA CARBALLO, Paula	00	150 m:	1:42.12	32.32		
	1140828	RICO MARTINEZ, Martina Xia	05	200 m:	2:10.70	28.58		
6	P1106	SDBOIRO 01				SDBOIRO	2:11.28	14.0
	1144637	VILARNOVO SUÁREZ, Noelia	06	50 m:	35.45	35.45		
	1143806	SÁNCHEZ TOJA, Candela	08	100 m:	1:10.81	35.36		
	1144638	GARCÍA ESPAÑA, Elena	09	150 m:	1:42.43	31.62		
	1143590	PÉREZ LORENZO, Celia	07	200 m:	2:11.28	28.85		
7	01433	CULLERED 01				CULLERED	2:14.09	12.0
	1203742	GUIRADO AGRA, Sofia	09	50 m:	34.42	34.42		
	1178955	HERNAEZ GONZALEZ, Paula	08	100 m:	1:11.03	36.61		
	1146969	FEAL DEVESA, Carlota	09	150 m:	1:43.57	32.54		
	1143385	RODRIGUEZ SUAREZ, Iria	07	200 m:	2:14.09	30.52		
8	00287	CASINOC 02				CASINOC	2:14.49	10.0
	1143978	GIL GARNACHO, Carlota	09	50 m:	32.26	32.26		
	1144162	CABANAS DEL RIO, Carla	09	100 m:	1:07.99	35.73		
	1144160	FERREÑO LOURO, Andrea	09	150 m:	1:46.34	38.35		
	1144416	GERVENO PRADA, Eva	11	200 m:	2:14.49	28.15		
9	00186	NCORUÑA 01				NCORUÑA	2:15.07	8.0
	1099709	BARCIA RAMA, Lucia	04	50 m:	33.41	33.41		
	1146724	VILLAR ARCEO, Iria	08	100 m:	1:14.14	40.73		
	1095446	ALCALDE MAHIA, Ariadna	04	150 m:	1:44.81	30.67		
	1101223	ROMERO LOURES, Lucia	04	200 m:	2:15.07	30.26		

10	00146	CMARINA 02				CMARINA	2:17.02	6.0
	1140901	CARRASCO DE CASTRO, Ana	07	50 m:	34.31	34.31		
	1143174	HERMIDA PEREIRA, Carmen	10	100 m:	1:15.16	40.85		
	1039295	PEREIRA FERY, Marta	01	150 m:	1:47.84	32.68		
	1199122	LOPEZ GOMEZ, Antia	09	200 m:	2:17.02	29.18		
11	00186	NCORUÑA 02				NCORUÑA	2:28.88	4.0
	1187883	ARRUÑADA VAZQUEZ, Carmen	10	50 m:	36.31	36.31		
	1187884	BARREIRA PERMUY, Lucia	09	100 m:	1:20.03	43.72		
	1140988	PICALLO MARANTE, Claudia	06	150 m:	1:56.69	36.66		
	1199124	PEREZ FIGUEROA, Sabela	10	200 m:	2:28.88	32.19		

2.- 4x50 m Estilos Masculino (TIM)

2025-01-25 17:00

ABSO_M

1	00287	CASINOC 01				CASINOC	1:46.03	30.0
	1143981	SUAREZ MARTINEZ, Diego	08	50 m:	27.10	27.10		
	1144159	GUIITIAN LOPEZ, Iago	10	100 m:	57.61	30.51		
	1140897	REY PITA, Simon	04	150 m:	1:22.45	24.84		
	1146789	RIVAS TORRES, Paulo	08	200 m:	1:46.03	23.58		
2	00186	NCORUÑA 01				NCORUÑA	1:46.31	24.0
	1110119	CAMPOS VARELA, Sergio	96	50 m:	27.78	27.78		
	1140987	ETAYO GARCIA, Oscar	06	100 m:	57.53	29.75		
	1202934	BALSA VIGO, Javier	05	150 m:	1:22.78	25.25		
	1143193	GOMEZ LIMIA, Pablo	06	200 m:	1:46.31	23.53		
3	00287	CASINOC 02				CASINOC	1:51.74	20.0
	1141092	SOUTO VILAS, Jorge	07	50 m:	28.02	28.02		
	1143971	GERVENO PRADA, Luis	09	100 m:	59.71	31.69		
	1144423	IGLESIAS PEÑA, Gabriel	09	150 m:	1:27.43	27.72		
	1144145	SOUTO RAMOS, Manuel	07	200 m:	1:51.74	24.31		
4	00186	NCORUÑA 02				NCORUÑA	1:52.57	18.0
	1146785	ALCALDE MAHIA, Jun Bin	08	50 m:	29.15	29.15		
	1039024	PICALLO MARANTE, Sergio	01	100 m:	1:00.11	30.96		
	1100546	CRESPO GONZALEZ, David	01	150 m:	1:27.28	27.17		
	1041309	SENDINO GESTOSO, Roi	01	200 m:	1:52.57	25.29		
5	00639	NTNARON 01				NTNARON	1:52.57	16.0
	1143658	MEIZOSO FERNÁNDEZ, Daniel	09	50 m:	28.66	28.66		
	1078641	GRACIA CARBAJO, Miguel	94	100 m:	1:01.47	32.81		
	1099306	ORTIZ ANEIROS, Lorenzo	95	150 m:	1:26.99	25.52		
	1143421	ALBES ALVARIÑO, David	06	200 m:	1:52.57	25.58		
6	P1106	SDBOIRO 01				SDBOIRO	1:54.38	14.0
	1108773	SANLÉS DIESTE, Hugo	04	50 m:	29.32	29.32		
	1100851	PÉREZ LORENZO, Manuel	05	100 m:	58.33	29.01		
	1196086	CAO HERMO, Breixo	10	150 m:	1:24.69	26.36		
	1239551	CHOUZA POUSO-VAZQUEZ, Martin	11	200 m:	1:54.38	29.69		
7	00146	CMARINA 01				CMARINA	1:55.94	12.0
	1205872	SANESTEBAN LÓPEZ, Teo	10	50 m:	29.76	29.76		
	1143170	ASTIGARRABIA RODRIGUEZ, Nicolas	10	100 m:	1:01.19	31.43		
	1133849	PÉREZ GONZÁLEZ, Pablo	01	150 m:	1:30.47	29.28		
	1075477	SÁNCHEZ GRANDAL, Samuel	07	200 m:	1:55.94	25.47		
8	00639	NTNARON 02				NTNARON	2:02.09	10.0
	1189930	OTERO LAMAS, Alejandro	10	50 m:	33.34	33.34		
	1078684	FREIRE CORRAL, Roi	99	100 m:	1:06.28	32.94		
	1075433	PORTELA LEIRA, Miguel	07	150 m:	1:34.97	28.69		
	1078719	LÓPEZ CABANAS, Francisco Jose	03	200 m:	2:02.09	27.12		
9	01433	CULLERED 01				CULLERED	2:05.46	8.0
	1235968	CHACON ALVAREZ, Alejandro	05	50 m:	33.16	33.16		
	1117210	SOBRINO BUJIA, Mateo	06	100 m:	1:05.65	32.49		
	1147000	RODA MARQUEZ, Joao Victor	07	150 m:	1:35.32	29.67		
	1147230	ALVAREZ RIO, Daniel	11	200 m:	2:05.46	30.14		

10	00146	CMARINA 02				CMARINA	2:09.48	6.0
	1140830	ASTIGARRABIA RODRIGUEZ, Eneko	05	50 m:	37.95	37.95		
	1146778	FERNANDEZ BLANCO, Anton	08	100 m:	1:07.27	29.32		
	1174935	REY LOPEZ, Anxo	11	150 m:	1:41.50	34.23		
	1078776	MUIÑO PÉREZ, Manuel Angel	07	200 m:	2:09.48	27.98		
BAI	01433					CULLERED		0,0
	50 m:							

3.- 400 m Libre Feminino (TIM)

2025-01-25 17:00

ABSO_F

1	1144161	BORRAZAS RODRIGUEZ, Noa	08	CASINOC	4:32.57	15.0
	50 m:	31.16 31.16	100 m:	1:05.22 34.06	150 m:	1:39.75 34.53
	250 m:	2:48.96 34.23	300 m:	3:23.81 34.85	350 m:	3:58.58 34.77
					200 m:	2:14.73 34.98
					400 m:	4:32.57 33.99
2	1144416	GERVENO PRADA, Eva	11	CASINOC	4:39.54	12.0
	50 m:	31.88 31.88	100 m:	1:06.07 34.19	150 m:	1:41.18 35.11
	250 m:	2:52.65 35.82	300 m:	3:28.47 35.82	350 m:	4:04.06 35.59
					200 m:	2:16.83 35.65
					400 m:	4:39.54 35.48
3	1079422	SÁNCHEZ TOUZA, Candela	07	NTNARON	4:41.33	10.0
	50 m:	31.88 31.88	100 m:	1:06.56 34.68	150 m:	1:41.77 35.21
	250 m:	2:52.69 35.92	300 m:	3:28.91 36.22	350 m:	4:05.36 36.45
					200 m:	2:16.77 35.00
					400 m:	4:41.33 35.97
4	1146969	FEAL DEVESA, Carlota	09	CULLERED	4:51.11	9.0
	50 m:	33.91 33.91	100 m:	1:10.03 36.12	150 m:	2:24.33 1:14.30
	250 m:	3:37.23 36.82	300 m:	4:14.70 37.47	350 m:	4:51.11 36.41
					200 m:	3:00.41 36.08
					400 m:	4:51.11
5	1198792	GARCIA RODRIGUEZ, Andrea	10	CMARINA	4:52.75	8.0
	50 m:	34.10 34.10	100 m:	1:20.75 46.65	150 m:	1:47.45 26.70
	250 m:	3:01.63 36.43	300 m:	3:34.51 32.88	350 m:	4:16.94 42.43
					200 m:	2:25.20 37.75
					400 m:	4:52.75 35.81
6	1143385	RODRIGUEZ SUAREZ, Iria	07	CULLERED	4:52.91	7.0
	50 m:	34.19 34.19	100 m:	1:10.80 36.61	150 m:	1:47.91 37.11
	250 m:	3:02.62 37.31	300 m:	3:39.91 37.29	350 m:	4:47.08 1:07.17
					200 m:	2:25.31 37.40
					400 m:	4:52.91 5.83
7	1180204	ALEN FERNANDEZ, Irea Adriana	07	NTNARON	4:55.44	6.0
	50 m:	33.79 33.79	100 m:	1:09.92 36.13	150 m:	1:47.47 37.55
	250 m:	3:03.12 37.73	300 m:	3:41.20 38.08	350 m:	4:19.45 38.25
					200 m:	2:25.39 37.92
					400 m:	4:55.44 35.99
8	1144637	VILARNOVO SUÁREZ, Noelia	06	SDBOIRO	4:56.84	5.0
	50 m:	33.60 33.60	100 m:	1:10.59 36.99	150 m:	1:48.28 37.69
	250 m:	3:04.04 37.35	300 m:	3:42.16 38.12	350 m:	4:20.58 38.42
					200 m:	2:26.69 38.41
					400 m:	4:56.84 36.26
9	1144628	TUBÍO SUEIRO, Rita	11	SDBOIRO	5:02.33	4.0
	50 m:	35.20 35.20	100 m:	1:13.32 38.12	150 m:	1:51.49 38.17
	250 m:	3:07.46 37.92	300 m:	3:46.65 39.19	350 m:	4:24.65 38.00
					200 m:	2:29.54 38.05
					400 m:	5:02.33 37.68
10	1147228	ABAD PAMPIN, Uxia	09	NCORUÑA	5:20.48	3.0
	50 m:	35.34 35.34	100 m:	1:14.73 39.39	150 m:	1:53.76 39.03
	250 m:	3:16.21 41.56	300 m:	3:57.81 41.60	350 m:	4:39.54 41.73
					200 m:	2:34.65 40.89
					400 m:	5:20.48 40.94
11	1075390	SERANTES BARREIRO, Ines	07	CMARINA	5:26.67	2.0
	50 m:	34.57 34.57	100 m:	1:11.45 36.88	150 m:	1:50.41 38.96
	250 m:	3:12.79 42.71	300 m:	3:56.55 43.76	350 m:	4:41.54 44.99
					200 m:	2:30.08 39.67
					400 m:	5:26.67 45.13
12	1147330	MENDEZ LOPEZ, Helena	10	NCORUÑA	5:28.62	1.0
	50 m:	36.40 36.40	100 m:	1:16.40 40.00	150 m:	1:57.94 41.54
	250 m:	3:21.97 42.64	300 m:	4:01.79 39.82	350 m:	4:47.12 45.33
					200 m:	2:39.33 41.39
					400 m:	5:28.62 41.50

4.- 400 m Libre Masculino (TIM)

2025-01-25 17:00

ABSO_M

1	1144145	SOUTO RAMOS, Manuel	07	CASINOC	4:05.71	15.0
	50 m:	28.02 28.02	100 m:	58.85 30.83	150 m:	1:30.08 31.23
	250 m:	2:33.96 32.00	300 m:	3:05.58 31.62	350 m:	3:35.62 30.04
					200 m:	2:01.96 31.88
					400 m:	4:05.71 30.09
2	1143193	GOMEZ LIMIA, Pablo	06	NCORUÑA	4:14.00	12.0
	50 m:	28.47 28.47	100 m:	59.52 31.05	150 m:	1:30.94 31.42
	250 m:	2:35.11 27.26	300 m:	3:04.07 28.96	350 m:	3:40.40 36.33
					200 m:	2:07.85 36.91
					400 m:	4:14.00 33.60
3	1075477	SÁNCHEZ GRANDAL, Samuel	07	CMARINA	4:20.98	10.0
	50 m:	27.85 27.85	100 m:	59.26 31.41	150 m:	1:32.34 33.08
	250 m:	2:38.70 33.44	300 m:	3:12.81 34.11	350 m:	3:47.20 34.39
					200 m:	2:05.26 32.92
					400 m:	4:20.98 33.78
4	1023167	PENAS CAYADO, Fernando	09	CASINOC	4:25.82	9.0
	50 m:	29.21 29.21	100 m:	1:00.36 31.15	150 m:	1:32.85 32.49
	250 m:	2:40.58 34.30	300 m:	3:15.51 34.93	350 m:	3:51.04 35.53
					200 m:	2:06.28 33.43
					400 m:	4:25.82 34.78
5	1147000	RODA MARQUEZ, Joao Victor	07	CULLERED	4:28.94	8.0
	50 m:	29.94 29.94	100 m:	1:02.84 32.90	150 m:	1:36.47 33.63
	250 m:	2:45.79 34.60	300 m:	3:20.44 34.65	350 m:	3:54.94 34.50
					200 m:	2:11.19 34.72
					400 m:	4:28.94 34.00
6	1143658	MEIZOSO FERNÁNDEZ, Daniel	09	NTNARON	4:29.36	7.0
	50 m:	28.76 28.76	100 m:	1:01.35 32.59	150 m:	1:35.01 33.66
	250 m:	2:44.82 35.24	300 m:	3:19.78 34.96	350 m:	3:51.82 32.04
					200 m:	2:09.58 34.57
					400 m:	4:29.36 37.54
7	1185607	GIL - RIVERA BARBEITO, Hugo	09	NCORUÑA	4:31.31	6.0
	50 m:	29.07 29.07	100 m:	1:07.88 38.81	150 m:	1:35.91 28.03
	250 m:	2:46.07 35.42	300 m:	3:21.46 35.39	350 m:	3:56.59 35.13
					200 m:	2:10.65 34.74
					400 m:	4:31.31 34.72
8	1078702	RIOLA DELGADO, Lucas	07	CMARINA	4:39.12	5.0
	50 m:	27.89 27.89	100 m:	1:03.02 35.13	150 m:	1:38.12 35.10
	250 m:	2:50.37 36.35	300 m:	3:26.69 36.32	350 m:	4:02.87 36.18
					200 m:	2:14.02 35.90
					400 m:	4:39.12 36.25
9	1143421	ALBES ALVARIÑO, David	06	NTNARON	4:40.93	4.0
	50 m:		100 m:		150 m:	
	250 m:		300 m:		350 m:	
					200 m:	
					400 m:	4:40.93 4:40.93
10	1235968	CHACON ALVAREZ, Alejandro	05	CULLERED	4:41.62	3.0
	50 m:	30.19 30.19	100 m:	1:03.27 33.08	150 m:	1:37.54 34.27
	250 m:	2:49.10 31.26	300 m:	3:26.03 36.93	350 m:	4:04.04 38.01
					200 m:	2:17.84 40.30
					400 m:	4:41.62 37.58
11	1239551	CHOUZA POUSO-VAZQUEZ, Martin	11	SDBOIRO	5:09.28	2.0
	50 m:	34.55 34.55	100 m:	1:12.49 37.94	150 m:	1:52.17 39.68
	250 m:	3:11.88 39.78	300 m:	3:52.44 40.56	350 m:	4:32.47 40.03
					200 m:	2:32.10 39.93
					400 m:	5:09.28 36.81

5.- 100 m Braza Feminino (TIM)

2025-01-25 17:00

ABSO_F

1	1030568	JIMENEZ COPPA, Carla M.	06	CASINOC	1:14.00	15.0
	50 m:	33.81 33.81	100 m:	1:14.00	40.19	
2	1075304	LOPEZ RAMUDO, Icia	04	NTNARON	1:16.11	12.0
	50 m:	35.81 35.81	100 m:	1:16.11	40.30	
3	1034019	LÓPEZ RODRÍGUEZ, Maia	02	NTNARON	1:19.11	10.0
	50 m:	36.75 36.75	100 m:	1:19.11	42.36	
4	1144162	CABANAS DEL RIO, Carla	09	CASINOC	1:19.60	9.0
	50 m:	37.50 37.50	100 m:	1:19.60	42.10	
5	1143806	SÁNCHEZ TOJA, Candela	08	SDBOIRO	1:20.17	8.0
	50 m:	36.67 36.67	100 m:	1:20.17	43.50	
6	1178955	HERNAEZ GONZALEZ, Paula	08	CULLERED	1:20.63	7.0
	50 m:	38.02 38.02	100 m:	1:20.63	42.61	
7	1143590	PÉREZ LORENZO, Celia	07	SDBOIRO	1:22.90	6.0
	50 m:	38.80 38.80	100 m:	1:22.90	44.10	
8	1205862	FREIRE PERNAS, Andrea	11	CMARINA	1:25.69	5.0
	50 m:	39.09 39.09	100 m:	1:25.69	46.60	
9	1143174	HERMIDA PEREIRA, Carmen	10	CMARINA	1:26.09	4.0
	50 m:	40.53 40.53	100 m:	1:26.09	45.56	
10	1113219	IGLESIAS LOPEZ, Maria	01	CULLERED	1:26.79	3.0
	50 m:	41.62 41.62	100 m:	1:26.79	45.17	
11	1147337	FERNANDEZ SOUTO, Sabela	11	NCORUÑA	1:34.38	2.0
	50 m:	44.67 44.67	100 m:	1:34.38	49.71	
12	1270533	FERNANDEZ BELLO, Laura	10	NCORUÑA	1:35.41	1.0
	50 m:		100 m:	1:35.41	1:35.41	

6.- 100 m Braza Masculino (TIM)

2025-01-25 17:00

ABSO_M

1	1100851	PÉREZ LORENZO, Manuel	05	SDBOIRO	1:04.95	15.0
	50 m:	31.45 31.45	100 m:	1:04.95	33.50	
2	1140987	ETAYO GARCIA, Oscar	06	NCORUÑA	1:05.77	12.0
	50 m:	30.32 30.32	100 m:	1:05.77	35.45	
3	1039024	PICALLO MARANTE, Sergio	01	NCORUÑA	1:07.20	10.0
	50 m:	32.18 32.18	100 m:	1:07.20	35.02	
4	1141092	SOUTO VILAS, Jorge	07	CASINOC	1:07.20	9.0
	50 m:	31.25 31.25	100 m:	1:07.20	35.95	
5	1143170	ASTIGARRABIA RODRIGUEZ, Nicolas	10	CMARINA	1:09.44	8.0
	50 m:	32.83 32.83	100 m:	1:09.44	36.61	
6	1117210	SOBRINO BUJIA, Mateo	06	CULLERED	1:10.21	7.0
	50 m:	32.72 32.72	100 m:	1:10.21	37.49	
7	1143971	GERVENO PRADA, Luis	09	CASINOC	1:10.69	6.0
	50 m:	33.56 33.56	100 m:	1:10.69	37.13	
8	1078641	GRACIA CARBAJO, Miguel	94	NTNARON	1:12.01	5.0
	50 m:	33.45 33.45	100 m:	1:12.01	38.56	
9	1078684	FREIRE CORRAL, Roi	99	NTNARON	1:13.90	4.0
	50 m:	34.84 34.84	100 m:	1:13.90	39.06	
10	1146778	FERNANDEZ BLANCO, Anton	08	CMARINA	1:17.38	3.0
	50 m:	36.82 36.82	100 m:	1:17.38	40.56	
11	1115676	GONZALEZ IGLESIAS, Alberto	97	CULLERED	1:25.03	2.0
	50 m:	39.56 39.56	100 m:	1:25.03	45.47	

7.- 100 m Bolboreta Feminino (TIM)

2025-01-25 17:00

ABSO_F

1	1145002	OUIÑA PICOS, Nadiuska	10	SDBOIRO	1:05.96	15.0
	50 m:	30.57 30.57	100 m:	1:05.96	35.39	
2	1146828	CARRASCO BOUZAMAYOR, Sabela	08	NTNARON	1:08.05	12.0
	50 m:	31.96 31.96	100 m:	1:08.05	36.09	
3	1095446	ALCALDE MAHIA, Ariadna	04	NCORUÑA	1:10.29	10.0
	50 m:	32.69 32.69	100 m:	1:10.29	37.60	
4	1078709	BALADO PENA, Celtia	07	CMARINA	1:10.29	9.0
	50 m:	37.22 37.22	100 m:	1:10.29	33.07	
5	1199122	LOPEZ GOMEZ, Antia	09	CMARINA	1:13.13	8.0
	50 m:	33.44 33.44	100 m:	1:13.13	39.69	
6	1054495	SEGOVIA CARBALLO, Paula	00	NTNARON	1:13.74	7.0
	50 m:	34.26 34.26	100 m:	1:13.74	39.48	
7	1144288	OZORES CHOUZA, Lara	06	SDBOIRO	1:14.34	6.0
	50 m:	34.01 34.01	100 m:	1:14.34	40.33	
8	1113386	REY PITA, Clara	07	CASINOC	1:15.46	5.0
	50 m:	34.60 34.60	100 m:	1:15.46	40.86	
9	1146969	FEAL DEVESA, Carlota	09	CULLERED	1:16.29	4.0
	50 m:	35.31 35.31	100 m:	1:16.29	40.98	
10	1196833	SALLERES MOURO, Candela	07	CASINOC	1:22.20	3.0
	50 m:	38.70 38.70	100 m:	1:22.20	43.50	
11	1140988	PICALLO MARANTE, Claudia	06	NCORUÑA	1:23.29	2.0
	50 m:	37.72 37.72	100 m:	1:23.29	45.57	
12	1197600	SANDERSON KEOUGH, Helen Jane	70	CULLERED	1:35.72	1.0
	50 m:	45.82 45.82	100 m:	1:35.72	49.90	

8.- 100 m Bolboreta Masculino (TIM)

2025-01-25 17:00

ABSO_M

1	1140897	REY PITA, Simon	04	CASINOC	58.00	15.0
	50 m:	27.42 27.42	100 m:	58.00 30.58		
2	1108773	SANLÉS DIESTE, Hugo	04	SDBOIRO	58.49	12.0
	50 m:	27.24 27.24	100 m:	58.49 31.25		
3	1100546	CRESPO GONZALEZ, David	01	NCORUÑA	1:02.30	10.0
	50 m:	28.77 28.77	100 m:	1:02.30 33.53		
4	1196086	CAO HERMO, Breixo	10	SDBOIRO	1:03.44	9.0
	50 m:	28.85 28.85	100 m:	1:03.44 34.59		
5	1202934	BALSA VIGO, Javier	05	NCORUÑA	1:03.80	8.0
	50 m:	28.63 28.63	100 m:	1:03.80 35.17		
6	1075433	PORTELA LEIRA, Miguel	07	NTNARON	1:04.95	7.0
	50 m:	30.24 30.24	100 m:	1:04.95 34.71		
7	1147000	RODA MARQUEZ, Joao Victor	07	CULLERED	1:05.03	6.0
	50 m:	30.64 30.64	100 m:	1:05.03 34.39		
8	1186861	SOBRINO NOGALES, Sebastian	08	CASINOC	1:05.54	5.0
	50 m:	30.42 30.42	100 m:	1:05.54 35.12		
9	1133849	PÉREZ GONZÁLEZ, Pablo	01	CMARINA	1:08.08	4.0
	50 m:	31.43 31.43	100 m:	1:08.08 36.65		
10	1189930	OTERO LAMAS, Alejandro	10	NTNARON	1:12.97	3.0
	50 m:	33.02 33.02	100 m:	1:12.97 39.95		
11	1174935	REY LOPEZ, Anxo	11	CMARINA	1:20.92	2.0
	50 m:	35.70 35.70	100 m:	1:20.92 45.22		
DSA	1147230	ALVAREZ RIO, Daniel	11	CULLERED		0,0

9.- 200 m Costas Feminino (TIM)

2025-01-25 17:00

ABSO_F

1	1143978	GIL GARNACHO, Carlota					09	CASINOC		2:23.94		15.0
	50 m:	34.77	34.77	100 m:	1:11.43	36.66	150 m:	1:48.20	36.77	200 m:	2:23.94	35.74
2	1144161	BORRAZAS RODRIGUEZ, Noa					08	CASINOC		2:24.08		12.0
	50 m:	33.92	33.92	100 m:	1:10.65	36.73	150 m:	1:48.10	37.45	200 m:	2:24.08	35.98
3	1143125	ALBES ALVARIÑO, Paula					03	NTNARON		2:25.17		10.0
	50 m:	34.62	34.62	100 m:	1:11.12	36.50	150 m:	1:48.89	37.77	200 m:	2:25.17	36.28
4	1143169	CARRASCO DE CASTRO, Marina					10	CMARINA		2:32.42		9.0
	50 m:	34.46	34.46	100 m:	1:12.46	38.00	150 m:	1:52.14	39.68	200 m:	2:32.42	40.28
5	1144628	TUBÍO SUEIRO, Rita					11	SDBOIRO		2:38.47		8.0
	50 m:	37.16	37.16	100 m:	1:17.56	40.40	150 m:	1:58.35	40.79	200 m:	2:38.47	40.12
6	1140901	CARRASCO DE CASTRO, Ana					07	CMARINA		2:39.38		7.0
	50 m:	37.19	37.19	100 m:	1:17.59	40.40	150 m:	1:59.03	41.44	200 m:	2:39.38	40.35
7	1212097	LOUREIRO AMOR, Belen Martina					88	NTNARON		2:41.81		6.0
	50 m:	36.65	36.65	100 m:	1:16.65	40.00	150 m:	1:58.65	42.00	200 m:	2:41.81	43.16
8	1203742	GUIRADO AGRA, Sofia					09	CULLERED		2:45.25		5.0
	50 m:	37.80	37.80	100 m:	1:18.37	40.57	150 m:	2:01.31	42.94	200 m:	2:45.25	43.94
9	1187883	ARRUÑADA VAZQUEZ, Carmen					10	NCORUÑA		2:46.03		4.0
	50 m:	37.84	37.84	100 m:	1:18.85	41.01	150 m:	2:02.21	43.36	200 m:	2:46.03	43.82
10	1146724	VILLAR ARCEO, Iria					08	NCORUÑA		2:49.56		3.0
	50 m:	39.50	39.50	100 m:	1:22.60	43.10	150 m:	2:06.53	43.93	200 m:	2:49.56	43.03
11	1192795	RODRÍGUEZ NINE, Emma					11	SDBOIRO		2:50.21		2.0
	50 m:	39.36	39.36	100 m:	1:22.68	43.32	150 m:	2:06.13	43.45	200 m:	2:50.21	44.08
12	1243190	PEREZ PAZ, Uxia					09	CULLERED		3:18.47		1.0
	50 m:	46.00	46.00	100 m:	1:35.18	49.18	150 m:	2:27.00	51.82	200 m:	3:18.47	51.47

10.- 200 m Costas Masculino (TIM)

2025-01-25 17:00

ABSO_M

1	1143981	SUAREZ MARTINEZ, Diego	08	CASINOC	2:05.29	15.0
	50 m:	29.64 29.64 100 m: 1:00.54 30.90	150 m:	1:32.10 31.56	200 m:	2:05.29 33.19
2	1146785	ALCALDE MAHIA, Jun Bin	08	NCORUÑA	2:16.57	12.0
	50 m:	31.04 31.04 100 m: 1:05.49 34.45	150 m:	1:40.83 35.34	200 m:	2:16.57 35.74
3	1205872	SANESTEBAN LÓPEZ, Teo	10	CMARINA	2:18.05	10.0
	50 m:	32.10 32.10 100 m: 1:06.85 34.75	150 m:	1:42.46 35.61	200 m:	2:18.05 35.59
4	1143658	MEIZOSO FERNÁNDEZ, Daniel	09	NTNARON	2:18.55	9.0
	50 m:	31.66 31.66 100 m: 1:06.56 34.90	150 m:	1:42.59 36.03	200 m:	2:18.55 35.96
5	1023160	ORTEGA CRUZ, German	09	CASINOC	2:19.25	8.0
	50 m:	31.62 31.62 100 m: 1:06.47 34.85	150 m:	1:42.11 35.64	200 m:	2:19.25 37.14
6	1187886	GARCIA AROCHENA, Jacobo Javier	09	NCORUÑA	2:22.51	7.0
	50 m:	32.89 32.89 100 m: 1:08.75 35.86	150 m:	1:45.57 36.82	200 m:	2:22.51 36.94
7	1075477	SÁNCHEZ GRANDAL, Samuel	07	CMARINA	2:30.67	6.0
	50 m:	35.31 35.31 100 m: 1:12.89 37.58	150 m:	1:51.67 38.78	200 m:	2:30.67 39.00
8	1189930	OTERO LAMAS, Alejandro	10	NTNARON	2:31.35	5.0
	50 m:	33.76 33.76 100 m: 1:13.83 40.07	150 m:	1:52.94 39.11	200 m:	2:31.35 38.41
9	1235968	CHACON ALVAREZ, Alejandro	05	CULLERED	2:35.19	4.0
	50 m:	35.73 35.73 100 m: 1:13.56 37.83	150 m:	1:54.23 40.67	200 m:	2:35.19 40.96
10	1205935	GUIRADO CARABEL, Oscar	76	CULLERED	2:48.57	3.0
	50 m:	38.99 38.99 100 m: 1:20.93 41.94	150 m:	2:05.02 44.09	200 m:	2:48.57 43.55
11	1239551	CHOUZA POUSO-VAZQUEZ, Martin	11	SDBOIRO	2:52.53	2.0
	50 m:	41.03 41.03 100 m: 1:25.09 44.06	150 m:	2:10.34 45.25	200 m:	2:52.53 42.19

11.- 200 m Estilos Feminino (TIM)

2025-01-25 17:00

ABSO_F

1	1143125	ALBES ALVARIÑO, Paula	03	NTNARON	2:30.36	15.0
	50 m:	32.03 32.03 100 m: 1:08.21 36.18	150 m:	1:52.81 44.60	200 m:	2:30.36 37.55
2	1030568	JIMENEZ COPPA, Carla M.	06	CASINOC	2:34.21	12.0
	50 m:	32.67 32.67 100 m: 1:15.29 42.62	150 m:	1:55.99 40.70	200 m:	2:34.21 38.22
3	1178955	HERNAEZ GONZALEZ, Paula	08	CULLERED	2:36.54	10.0
	50 m:	34.65 34.65 100 m: 1:16.90 42.25	150 m:	2:00.79 43.89	200 m:	2:36.54 35.75
4	1038068	ANEIROS DOPICO, Laura	00	CMARINA	2:39.26	9.0
	50 m:	33.49 33.49 100 m: 1:15.39 41.90	150 m:	2:00.75 45.36	200 m:	2:39.26 38.51
5	1075304	LOPEZ RAMUDO, Icia	04	NTNARON	2:39.59	8.0
	50 m:	35.72 35.72 100 m: 1:17.41 41.69	150 m:	2:01.94 44.53	200 m:	2:39.59 37.65
6	1143978	GIL GARNACHO, Carlota	09	CASINOC	2:40.14	7.0
	50 m:	34.42 34.42 100 m: 1:12.44 38.02	150 m:	2:02.98 50.54	200 m:	2:40.14 37.16
7	1143806	SÁNCHEZ TOJA, Candela	08	SDBOIRO	2:40.57	6.0
	50 m:	34.14 34.14 100 m: 1:16.48 42.34	150 m:	2:01.80 45.32	200 m:	2:40.57 38.77
8	1143174	HERMIDA PEREIRA, Carmen	10	CMARINA	2:46.28	5.0
	50 m:	38.00 38.00 100 m: 1:22.01 44.01	150 m:	2:09.22 47.21	200 m:	2:46.28 37.06
9	1205945	GONZÁLEZ TUBÍO, Alejandra	11	SDBOIRO	2:46.81	4.0
	50 m:	36.49 36.49 100 m: 1:21.23 44.74	150 m:	2:08.58 47.35	200 m:	2:46.81 38.23
10	1147228	ABAD PAMPIN, Uxia	09	NCORUÑA	2:55.46	3.0
	50 m:	38.45 38.45 100 m: 1:22.69 44.24	150 m:	2:14.78 52.09	200 m:	2:55.46 40.68
11	1147337	FERNANDEZ SOUTO, Sabela	11	NCORUÑA	3:03.09	2.0
	50 m:	40.33 40.33 100 m: 1:28.56 48.23	150 m:	2:21.70 53.14	200 m:	3:03.09 41.39
12	1197600	SANDERSON KEOUGH, Helen Jane	70	CULLERED	3:23.55	1.0
	50 m:	44.69 44.69 100 m: 1:38.02 53.33	150 m:	2:35.16 57.14	200 m:	3:23.55 48.39

12.- 200 m Estilos Masculino (TIM)

2025-01-25 17:00

ABSO_M

1	1039024	PICALLO MARANTE, Sergio					01	NCORUÑA		2:14.01		15.0
	50 m:	30.03	30.03	100 m:	1:05.68	35.65	150 m:	1:42.33	36.65	200 m:	2:14.01	31.68
2	1100851	PÉREZ LORENZO, Manuel					05	SDBOIRO		2:16.46		12.0
	50 m:	30.34	30.34	100 m:	1:08.59	38.25	150 m:	1:44.80	36.21	200 m:	2:16.46	31.66
3	1146897	GUITIAN LOPEZ, Xabier					05	CASINOC		2:16.62		10.0
	50 m:	29.64	29.64	100 m:	1:04.30	34.66	150 m:	1:43.66	39.36	200 m:	2:16.62	32.96
4	1144853	GONZALEZ PREGO, Xose					08	NCORUÑA		2:22.61		9.0
	50 m:	32.81	32.81	100 m:	1:11.11	38.30	150 m:	1:50.11	39.00	200 m:	2:22.61	32.50
5	1143421	ALBES ALVARIÑO, David					06	NTNARON		2:23.10		8.0
	50 m:	31.13	31.13	100 m:	1:09.35	38.22	150 m:	1:49.87	40.52	200 m:	2:23.10	33.23
6	1117210	SOBRINO BUJIA, Mateo					06	CULLERED		2:24.79		7.0
	50 m:	29.25	29.25	100 m:	1:08.14	38.89	150 m:	1:50.22	42.08	200 m:	2:24.79	34.57
7	1205872	SANESTEBAN LÓPEZ, Teo					10	CMARINA		2:26.48		6.0
	50 m:	32.14	32.14	100 m:	1:09.95	37.81	150 m:	1:52.62	42.67	200 m:	2:26.48	33.86
8	1075433	PORTELA LEIRA, Miguel					07	NTNARON		2:28.11		5.0
	50 m:	31.49	31.49	100 m:	1:04.14	32.65	150 m:	1:53.40	49.26	200 m:	2:28.11	34.71
9	1143170	ASTIGARRABIA RODRIGUEZ, Nicolas					10	CMARINA		2:29.40		4.0
	50 m:	33.53	33.53	100 m:	1:14.42	40.89	150 m:	1:55.13	40.71	200 m:	2:29.40	34.27
10	1144415	NISTAL PALACIOS, Rafael					09	CASINOC		2:30.59		3.0
	50 m:	31.88	31.88	100 m:	1:10.97	39.09	150 m:	1:54.98	44.01	200 m:	2:30.59	35.61
11	1144297	LAMAS SOTO, Cesar					75	CULLERED		3:14.65		2.0
	50 m:	37.32	37.32	100 m:	1:29.53	52.21	150 m:	2:30.18	1:00.65	200 m:	3:14.65	44.47

13.- 100 m Libre Feminino (TIM)

2025-01-25 17:00

ABSO_F

1	1146828	CARRASCO BOUZAMAYOR, Sabela	08	NTNARON	1:01.91	15.0
	50 m:	30.24 30.24	100 m:	1:01.91	31.67	
2	1143972	COUCEIRO BARREIRO, Marta	07	CASINOC	1:04.03	12.0
	50 m:	30.78 30.78	100 m:	1:04.03	33.25	
3	1078709	BALADO PENA, Celtia	07	CMARINA	1:04.03	10.0
	50 m:	30.50 30.50	100 m:	1:04.03	33.53	
4	1143590	PÉREZ LORENZO, Celia	07	SDBOIRO	1:04.34	9.0
	50 m:	30.95 30.95	100 m:	1:04.34	33.39	
5	1144162	CABANAS DEL RIO, Carla	09	CASINOC	1:04.56	8.0
	50 m:	31.19 31.19	100 m:	1:04.56	33.37	
6	1180152	PEREZ MARTINEZ, Sara	10	NTNARON	1:05.08	7.0
	50 m:	30.86 30.86	100 m:	1:05.08	34.22	
7	1144638	GARCÍA ESPAÑA, Elena	09	SDBOIRO	1:05.38	6.0
	50 m:	31.05 31.05	100 m:	1:05.38	34.33	
8	1140901	CARRASCO DE CASTRO, Ana	07	CMARINA	1:05.38	5.0
	50 m:	31.48 31.48	100 m:	1:05.38	33.90	
9	1099709	BARCIA RAMA, Lucia	04	NCORUÑA	1:07.01	4.0
	50 m:	32.29 32.29	100 m:	1:07.01	34.72	
10	1143385	RODRIGUEZ SUAREZ, Iria	07	CULLERED	1:07.01	3.0
	50 m:	32.28 32.28	100 m:	1:07.01	34.73	
11	1203742	GUIRADO AGRA, Sofia	09	CULLERED	1:09.80	2.0
	50 m:	33.37 33.37	100 m:	1:09.80	36.43	
12	1101223	ROMERO LOURES, Lucia	04	NCORUÑA	1:10.08	1.0
	50 m:	33.25 33.25	100 m:	1:10.08	36.83	

14.- 50 m Libre Masculino (TIM)

2025-01-25 17:00

ABSO_M

1	1202934	BALSA VIGO, Javier	05	NCORUÑA	23.22	15.0
2	1108773	SANLÉS DIESTE, Hugo	04	SDBOIRO	23.76	12.0
3	1110119	CAMPOS VARELA, Sergio	96	NCORUÑA	24.33	10.0
4	1099306	ORTIZ ANEIROS, Lorenzo	95	NTNARON	24.49	9.0
5	1146789	RIVAS TORRES, Paulo	08	CASINOC	24.49	8.0
6	1078641	GRACIA CARBAJO, Miguel	94	NTNARON	25.75	7.0
7	1144423	IGLESIAS PEÑA, Gabriel	09	CASINOC	25.81	6.0
8	1196086	CAO HERMO, Breixo	10	SDBOIRO	25.87	5.0
9	1133849	PÉREZ GONZÁLEZ, Pablo	01	CMARINA	26.60	4.0
10	1140830	ASTIGARRABIA RODRIGUEZ, Eneko	05	CMARINA	28.24	3.0
11	1115676	GONZALEZ IGLESIAS, Alberto	97	CULLERED	29.76	2.0
12	1147230	ALVAREZ RIO, Daniel	11	CULLERED	30.10	1.0

15.- 4x200 m Libre Feminino (TIM)

2025-01-25 17:00

ABSO_F

1	00287	CASINOC 01				CASINOC		9:04.04	30.0
	1144161	BORRAZAS RODRIGUEZ, Noa	08	50 m:	30.77	30.77	100 m:	1:05.01	34.24
				150 m:	1:39.34	34.33	200 m:	2:13.23	33.89
	1144416	GERVENO PRADA, Eva	11	250 m:	2:44.25	31.02	300 m:	3:18.35	34.10
				350 m:	3:54.01	35.66	400 m:	4:29.45	35.44
	1030568	JIMENEZ COPPA, Carla M.	06	450 m:	5:01.84	32.39	500 m:	5:36.59	34.75
				550 m:	6:12.54	35.95	600 m:	6:46.65	34.11
	1144162	CABANAS DEL RIO, Carla	09	650 m:	7:17.71	31.06	700 m:	7:52.33	34.62
				750 m:	8:28.29	35.96	800 m:	9:04.04	35.75
2	00639	NTNARON 01				NTNARON		9:08.24	24.0
	1146828	CARRASCO BOUZAMAYOR, Sabela	08	50 m:	32.17	32.17	100 m:	1:06.67	34.50
				150 m:	1:41.92	35.25	200 m:	2:17.31	35.39
	1143125	ALBES ALVARIÑO, Paula	03	250 m:	2:48.34	31.03	300 m:	3:23.07	34.73
				350 m:	3:58.42	35.35	400 m:	4:33.21	34.79
	1079422	SÁNCHEZ TOUZA, Candela	07	450 m:	5:03.74	30.53	500 m:	5:37.59	33.85
				550 m:	6:12.57	34.98	600 m:	6:47.31	34.74
	1075304	LOPEZ RAMUDO, Icia	04	650 m:	7:17.89	30.58	700 m:	7:52.78	34.89
				750 m:	8:30.14	37.36	800 m:	9:08.24	38.10
3	00287	CASINOC 02				CASINOC		9:28.61	20.0
	1113386	REY PITA, Clara	07	50 m:	32.79	32.79	100 m:	1:09.51	36.72
				150 m:	1:47.44	37.93	200 m:	2:27.59	40.15
	1143972	COUCEIRO BARREIRO, Marta	07	250 m:	3:00.15	32.56	300 m:	3:35.53	35.38
				350 m:	4:11.31	35.78	400 m:	4:46.53	35.22
	1192265	CAGIAO VILLAR, Lucia	11	450 m:	5:19.72	33.19	500 m:	5:16.89	59:58.17
				550 m:	6:34.23	1:17.34	600 m:	7:10.73	36.50
	1143978	GIL GARNACHO, Carlota	09	650 m:	7:42.38	31.65	700 m:	8:17.14	34.76
				750 m:	8:54.20	37.06	800 m:	9:28.61	34.41
4	P1106	SDBOIRO 01				SDBOIRO		9:31.81	18.0
	1143590	PÉREZ LORENZO, Celia	07	50 m:	33.06	33.06	100 m:	1:08.43	35.37
				150 m:	1:46.30	37.87	200 m:	2:23.53	37.23
	1143806	SÁNCHEZ TOJA, Candela	08	250 m:	2:55.33	31.80	300 m:	3:31.42	36.09
				350 m:	4:08.87	37.45	400 m:	4:46.17	37.30
	1144638	GARCÍA ESPAÑA, Elena	09	450 m:	5:19.37	33.20	500 m:	5:56.61	37.24
				550 m:	6:35.53	38.92	600 m:	7:13.97	38.44
	1144637	VILARNOVO SUÁREZ, Noelia	06	650 m:	7:45.65	31.68	700 m:	8:20.71	35.06
				750 m:	8:56.09	35.38	800 m:	9:31.81	35.72
5	P1106	SDBOIRO 02				SDBOIRO		9:37.94	16.0
	1145002	OUVIÑA PICOS, Nadiuska	10	50 m:	30.88	30.88	100 m:		
				150 m:	1:33.97	1:03.09	200 m:	2:10.94	36.97
	1144628	TUBÍO SUEIRO, Rita	11	250 m:			300 m:		
				350 m:			400 m:		
	1205945	GONZÁLEZ TUBÍO, Alejandra	11	450 m:			500 m:		
				550 m:			600 m:		
	1192795	RODRÍGUEZ NINE, Emma	11	650 m:			700 m:		
				750 m:			800 m:	9:37.94	7:27.00
6	01433	CULLERED 01				CULLERED		9:37.97	14.0
	1146969	FEAL DEVESA, Carlota	09	50 m:	34.08	34.08	100 m:	1:11.15	37.07
				150 m:	1:49.25	38.10	200 m:	2:26.75	37.50

	1113219	IGLESIAS LOPEZ, Maria	01	250 m:	3:00.05	33.30	300 m:	3:37.22	37.17
				350 m:	4:16.50	39.28	400 m:	4:56.33	39.83
	1143385	RODRIGUEZ SUAREZ, Iria	07	450 m:	5:30.08	33.75	500 m:	6:06.55	36.47
				550 m:	6:43.94	37.39	600 m:	7:21.12	37.18
	1178955	HERNAEZ GONZALEZ, Paula	08	650 m:	7:52.37	31.25	700 m:	8:27.37	35.00
				750 m:	9:03.19	35.82	800 m:	9:37.97	34.78
7	00146	CMARINA 01					CMARINA	9:39.32	12.0
	1198792	GARCIA RODRIGUEZ, Andrea	10	50 m:	32.93	32.93	100 m:	1:08.57	35.64
				150 m:	1:45.90	37.33	200 m:	2:24.07	38.17
	1143174	HERMIDA PEREIRA, Carmen	10	250 m:	2:57.57	33.50	300 m:	3:35.17	37.60
				350 m:	4:13.77	38.60	400 m:	4:51.96	38.19
	1143169	CARRASCO DE CASTRO, Marina	10	450 m:	5:24.65	32.69	500 m:	6:01.69	37.04
				550 m:	6:38.88	37.19	600 m:	7:16.61	37.73
	1140901	CARRASCO DE CASTRO, Ana	07	650 m:	7:48.16	31.55	700 m:	8:24.39	36.23
				750 m:	9:02.10	37.71	800 m:	9:39.32	37.22
8	00639	NTNARON 02					NTNARON	9:48.73	10.0
	1180152	PEREZ MARTINEZ, Sara	10	50 m:	33.63	33.63	100 m:	1:11.20	37.57
				150 m:	1:51.06	39.86	200 m:	2:31.16	40.10
	1140828	RICO MARTINEZ, Martina Xia	05	250 m:	3:02.53	31.37	300 m:	3:38.55	36.02
				350 m:	4:17.09	38.54	400 m:	4:56.58	39.49
	1180204	ALEN FERNANDEZ, Irea Adriana	07	450 m:	5:20.13	23.55	500 m:	6:05.53	45.40
				550 m:	6:42.23	36.70	600 m:	7:18.59	36.36
	1034019	LÓPEZ RODRÍGUEZ, Maia	02	650 m:	7:50.98	32.39	700 m:	8:27.34	36.36
				750 m:	9:07.38	40.04	800 m:	9:48.73	41.35
9	00146	CMARINA 02					CMARINA	9:51.74	8.0
	1038068	ANEIROS DOPICO, Laura	00	50 m:	31.80	31.80	100 m:	1:06.59	34.79
				150 m:	1:43.66	37.07	200 m:	2:20.85	37.19
	1075390	SERANTES BARREIRO, Ines	07	250 m:	2:54.84	33.99	300 m:	3:31.52	36.68
				350 m:	4:10.33	38.81	400 m:	4:51.05	40.72
	1205862	FREIRE PERNAS, Andrea	11	450 m:	5:25.80	34.75	500 m:	6:05.56	39.76
				550 m:	6:46.55	40.99	600 m:	7:27.25	40.70
	1078709	BALADO PENA, Celtia	07	650 m:	7:58.84	31.59	700 m:	8:34.92	36.08
				750 m:	9:13.62	38.70	800 m:	9:51.74	38.12
10	00186	NCORUÑA 02					NCORUÑA	10:05.16	6.0
	1147330	MENDEZ LOPEZ, Helena	10	50 m:	34.64	34.64	100 m:	1:14.13	39.49
				150 m:	1:55.66	41.53	200 m:	2:35.58	39.92
	1187883	ARRUÑADA VAZQUEZ, Carmen	10	250 m:	3:08.66	33.08	300 m:	3:44.80	36.14
				350 m:	4:23.63	38.83	400 m:	5:02.63	39.00
	1199124	PEREZ FIGUEROA, Sabela	10	450 m:	5:36.45	33.82	500 m:	6:13.91	37.46
				550 m:	6:52.91	39.00	600 m:	7:32.59	39.68
	1147228	ABAD PAMPIN, Uxia	09	650 m:	8:08.38	35.79	700 m:	8:48.45	40.07
				750 m:	9:28.34	39.89	800 m:	10:05.16	36.82
11	00186	NCORUÑA 01					NCORUÑA	10:11.00	4.0
	1146724	VILLAR ARCEO, Iria	08	50 m:	34.04	34.04	100 m:	1:12.71	38.67
				150 m:	1:53.15	40.44	200 m:	2:33.56	40.41
	1095446	ALCALDE MAHIA, Ariadna	04	250 m:	3:05.85	32.29	300 m:	3:42.08	36.23
				350 m:	4:17.60	35.52	400 m:	4:53.77	36.17
	1099709	BARCIA RAMA, Lucia	04	450 m:	5:26.45	32.68	500 m:	6:04.41	37.96
				550 m:	6:45.72	41.31	600 m:	7:29.27	43.55
	1101223	ROMERO LOURES, Lucia	04	650 m:	8:04.33	35.06	700 m:	8:43.25	38.92
				750 m:	9:26.11	42.86	800 m:	10:11.00	44.89

16.- 4x100 m Libre Masculino (TIM)

2025-01-25 17:00

ABSO_M

1	00186	NCORUÑA 01			NCORUÑA		3:33.25		30.0
	1110119	CAMPOS VARELA, Sergio	96	50 m:	25.95	25.95	100 m:	54.38	28.43
	1202934	BALSA VIGO, Javier	05	150 m:	1:18.70	24.32	200 m:	1:45.88	27.18
	1140987	ETAYO GARCIA, Oscar	06	250 m:	2:12.80	26.92	300 m:	2:41.06	28.26
	1143193	GOMEZ LIMIA, Pablo	06	350 m:	3:05.84	24.78	400 m:	3:33.25	27.41
2	00287	CASINOC 01			CASINOC		3:33.25		24.0
	1144145	SOUTO RAMOS, Manuel	07	50 m:	25.50	25.50	100 m:	52.98	27.48
	1146789	RIVAS TORRES, Paulo	08	150 m:	1:17.61	24.63	200 m:	1:45.15	27.54
	1141092	SOUTO VILAS, Jorge	07	250 m:	2:10.46	25.31	300 m:	2:38.21	27.75
	1146897	GUIITIAN LOPEZ, Xabier	05	350 m:	3:04.70	26.49	400 m:	3:33.25	28.55
3	00287	CASINOC 02			CASINOC		3:42.16		20.0
	1143981	SUAREZ MARTINEZ, Diego	08	50 m:	25.48	25.48	100 m:	53.53	28.05
	1140897	REY PITA, Simon	04	150 m:	1:19.37	25.84	200 m:	1:46.86	27.49
	1143983	SUAREZ MARTINEZ, Pedro	10	250 m:	2:13.50	26.64	300 m:	2:44.37	30.87
	1023167	PENAS CAYADO, Fernando	09	350 m:	3:11.64	27.27	400 m:	3:42.16	30.52
4	00186	NCORUÑA 02			NCORUÑA		3:43.76		18.0
	1039024	PICALLO MARANTE, Sergio	01	50 m:	26.89	26.89	100 m:	55.06	28.17
	1041309	SENDINO GESTOSO, Roi	01	150 m:	1:22.09	27.03	200 m:	1:50.76	28.67
	1146785	ALCALDE MAHIA, Jun Bin	08	250 m:	2:17.59	26.83	300 m:	2:47.31	29.72
	1100546	CRESPO GONZALEZ, David	01	350 m:	3:14.24	26.93	400 m:	3:43.76	29.52
5	00639	NTNARON 01			NTNARON		3:43.81		16.0
	1099306	ORTIZ ANEIROS, Lorenzo	95	50 m:	27.21	27.21	100 m:	55.43	28.22
	1078641	GRACIA CARBAJO, Miguel	94	150 m:	1:21.77	26.34	200 m:	1:51.19	29.42
	1143658	MEIZOSO FERNÁNDEZ, Daniel	09	250 m:	2:17.78	26.59	300 m:	2:46.71	28.93
	1143421	ALBES ALVARIÑO, David	06	350 m:	3:13.83	27.12	400 m:	3:43.81	29.98
6	P1106	SDBOIRO 01			SDBOIRO		3:46.71		14.0
	1108773	SANLÉS DIESTE, Hugo	04	50 m:	25.23	25.23	100 m:	52.63	27.40
	1239551	CHOUZA POUSO-VAZQUEZ, Martin	11	150 m:	1:24.33	31.70	200 m:	2:00.02	35.69
	1196086	CAO HERMO, Breixo	10	250 m:	2:26.10	26.08	300 m:	2:54.09	27.99
	1100851	PÉREZ LORENZO, Manuel	05	350 m:	3:19.60	25.51	400 m:	3:46.71	27.11
7	00146	CMARINA 01			CMARINA		3:52.98		12.0
	1133849	PÉREZ GONZÁLEZ, Pablo	01	50 m:	28.45	28.45	100 m:	58.34	29.89
	1075477	SÁNCHEZ GRANDAL, Samuel	07	150 m:	1:24.88	26.54	200 m:	1:54.91	30.03
	1205872	SANESTEBAN LÓPEZ, Teo	10	250 m:	2:22.48	27.57	300 m:	2:52.66	30.18
	1143170	ASTIGARRABIA RODRIGUEZ, Nicolas	10	350 m:	3:21.06	28.40	400 m:	3:52.98	31.92
8	01433	CULLERED 01			CULLERED		4:01.54		10.0
	1147230	ALVAREZ RIO, Daniel	11	50 m:	31.96	31.96	100 m:	1:07.38	35.42
	1235968	CHACON ALVAREZ, Alejandro	05	150 m:	1:33.87	26.49	200 m:	2:04.65	30.78
	1147000	RODA MARQUEZ, Joao Victor	07	250 m:	2:32.64	27.99	300 m:	3:02.90	30.26
	1117210	SOBRINO BUJIA, Mateo	06	350 m:	3:30.72	27.82	400 m:	4:01.54	30.82
9	00639	NTNARON 02			NTNARON		4:04.48		8.0
	1075433	PORTELA LEIRA, Miguel	07	50 m:	29.59	29.59	100 m:	1:00.92	31.33
	1078684	FREIRE CORRAL, Roi	99	150 m:	1:29.97	29.05	200 m:	2:01.59	31.62
	1189930	OTERO LAMAS, Alejandro	10	250 m:	2:31.89	30.30	300 m:	3:04.79	32.90
	1078719	LÓPEZ CABANAS, Francisco Jose	03	350 m:	3:33.05	28.26	400 m:	4:04.48	31.43

10	00146	CMARINA 02				CMARINA	4:11.75	6.0
	1146778	FERNANDEZ BLANCO, Anton	08	50 m:	30.65	30.65	100 m: 1:05.32	34.67
	1078702	RIOLA DELGADO, Lucas	07	150 m:	1:34.00	28.68	200 m: 2:06.53	32.53
	1078776	MUIÑO PÉREZ, Manuel Angel	07	250 m:	2:35.90	29.37	300 m: 3:08.28	32.38
	1140830	ASTIGARRABIA RODRIGUEZ, Eneko	05	350 m:	3:37.78	29.50	400 m: 4:11.75	33.97
BAI	01433					CULLERED		0,0
	50 m:							