

Prueba 38
06/07/2025

Fem., 400m Estilos

Absoluto Femenino
Resultados

Clasificación					Edad	Tiempo							ABSO	JUNI	
Junior Femenino															
1.	MOURENZA ROCHA, Ines				18	PORTAMIÑA	5:03.76							19,00	19,00
	50m:	31.31	31.31	150m:	1:47.38	40.64	250m:	3:11.70	45.78	350m:	4:30.48	34.11			
	100m:	1:06.74	35.43	200m:	2:25.92	38.54	300m:	3:56.37	44.67	400m:	5:03.76	33.28			
2.	ESTEVEZ MONTES, Naroa				17	PONTEAREAS	5:20.42							13,00	16,00
	50m:	34.33	34.33	150m:	1:56.99	43.06	250m:	3:22.32	43.94	350m:	4:44.46	36.73			
	100m:	1:13.93	39.60	200m:	2:38.38	41.39	300m:	4:07.73	45.41	400m:	5:20.42	35.96			
3.	LOPEZ FERNANDEZ, Aitana				16	PORTAMIÑA	5:29.90							12,00	14,00
	50m:	33.86	33.86	150m:	1:55.27	42.77	250m:	3:24.61	46.95	350m:	4:51.70	38.48			
	100m:	1:12.50	38.64	200m:	2:37.66	42.39	300m:	4:13.22	48.61	400m:	5:29.90	38.20			
4.	GIL GARNACHO, Carlota				16	SPORTINGCASINO	5:36.09							10,00	13,00
	50m:	35.45	35.45	150m:	2:00.77	42.36	250m:	3:32.24	50.17	350m:	4:59.86	37.71			
	100m:	1:18.41	42.96	200m:	2:42.07	41.30	300m:	4:22.15	49.91	400m:	5:36.09	36.23			
5.	PARDAVILA DAVILA, Ainoa				17	RBAIXASVIGO	5:38.18							-	12,00
	50m:	36.81	36.81	150m:	2:01.53	43.61	250m:	3:32.83	49.19	350m:	5:01.21	38.85			
	100m:	1:17.92	41.11	200m:	2:43.64	42.11	300m:	4:22.36	49.53	400m:	5:38.18	36.97			
6.	CABANAS DEL RIO, Carla				16	SPORTINGCASINO	5:40.89							-	11,00
	50m:	38.51	38.51	150m:	2:04.95	42.95	250m:	3:34.61	48.29	350m:	5:01.55	41.11			
	100m:	1:22.00	43.49	200m:	2:46.32	41.37	300m:	4:20.44	45.83	400m:	5:40.89	39.34			
7.	FEAL DEVESA, Carlota				16	CULLEREDO	5:42.79							-	10,00
	50m:	35.63	35.63	150m:	2:06.64	49.16	250m:	3:39.21	47.13	350m:	5:05.46	37.50			
	100m:	1:17.48	41.85	200m:	2:52.08	45.44	300m:	4:27.96	48.75	400m:	5:42.79	37.33			
8.	COUCEIRO BARREIRO, Marta				18	SPORTINGCASINO	5:50.64							-	-
	50m:	37.63	37.63	150m:	2:06.12	44.38	250m:	3:39.06	48.65	350m:	5:12.15	40.73			
	100m:	1:21.74	44.11	200m:	2:50.41	44.29	300m:	4:31.42	52.36	400m:	5:50.64	38.49			
9.	LOPEZ ALVAREZ, Paula				16	RBAIXASVIGO	5:52.82							-	-
	50m:	37.50	37.50	150m:	2:06.23	44.50	250m:	3:42.46	52.30	350m:	5:14.04	38.94			
	100m:	1:21.73	44.23	200m:	2:50.16	43.93	300m:	4:35.10	52.64	400m:	5:52.82	38.78			
10.	IBAÑEZ JIMENO, Paula				16	RIVEIRA	5:57.42							-	-
	50m:	35.42	35.42	150m:	2:02.66	46.08	250m:	3:41.83	53.21	350m:	5:16.63	41.23			
	100m:	1:16.58	41.16	200m:	2:48.62	45.96	300m:	4:35.40	53.57	400m:	5:57.42	40.79			
11.	NUÑEZ PARDO, Laura				17	RBAIXASVIGO	6:03.00							-	-
	50m:	39.33	39.33	150m:	2:09.95	44.57	250m:	3:48.44	55.86	350m:	5:24.04	39.98			
	100m:	1:25.38	46.05	200m:	2:52.58	42.63	300m:	4:44.06	55.62	400m:	6:03.00	38.96			

Absoluto Femenino

1.	MOURENZA ROCHA, Ines				18	PORTAMIÑA				5:03.76	19,00	19,00
	50m:	31.31	31.31	150m:	1:47.38	40.64	250m:	3:11.70	45.78	350m:	4:30.48	34.11
	100m:	1:06.74	35.43	200m:	2:25.92	38.54	300m:	3:56.37	44.67	400m:	5:03.76	33.28
2.	FARO MARTINEZ, Carla				22	PONTEAREAS				5:15.84	16,00	-
	50m:	32.22	32.22	150m:	1:52.80	42.65	250m:	3:19.10	45.00	350m:	4:41.24	37.30
	100m:	1:10.15	37.93	200m:	2:34.10	41.30	300m:	4:03.94	44.84	400m:	5:15.84	34.60

Prueba 38, Fem., 400m Estilos, Absoluto Femenino

Clasificación					Edad						Tiempo	ABSO	JUNI
3.	ALBES ALVARIÑO, Paula				22	NTNARON					5:18.74	14,00	-
	50m:	33.18	33.18	150m:	1:53.10	40.53	250m:	3:18.36	46.15	350m:	4:42.23	37.32	
	100m:	1:12.57	39.39	200m:	2:32.21	39.11	300m:	4:04.91	46.55	400m:	5:18.74	36.51	
4.	ESTEVEZ MONTES, Naroa				17	PONTEAREAS					5:20.42	13,00	16,00
	50m:	34.33	34.33	150m:	1:56.99	43.06	250m:	3:22.32	43.94	350m:	4:44.46	36.73	
	100m:	1:13.93	39.60	200m:	2:38.38	41.39	300m:	4:07.73	45.41	400m:	5:20.42	35.96	
5.	LOPEZ FERNANDEZ, Aitana				16	PORTAMIÑA					5:29.90	12,00	14,00
	50m:	33.86	33.86	150m:	1:55.27	42.77	250m:	3:24.61	46.95	350m:	4:51.70	38.48	
	100m:	1:12.50	38.64	200m:	2:37.66	42.39	300m:	4:13.22	48.61	400m:	5:29.90	38.20	
6.	CAGIAO VILLAR, Lucia				14	SPORTINGCASINO					5:35.92	11,00	-
	50m:	34.52	34.52	150m:	1:58.69	44.28	250m:	3:30.94	48.84	350m:	4:59.12	38.06	
	100m:	1:14.41	39.89	200m:	2:42.10	43.41	300m:	4:21.06	50.12	400m:	5:35.92	36.80	
7.	GIL GARNACHO, Carlota				16	SPORTINGCASINO					5:36.09	10,00	13,00
	50m:	35.45	35.45	150m:	2:00.77	42.36	250m:	3:32.24	50.17	350m:	4:59.86	37.71	
	100m:	1:18.41	42.96	200m:	2:42.07	41.30	300m:	4:22.15	49.91	400m:	5:36.09	36.23	
8.	PARDAVILA DAVILA, Ainoa				17	RBAIXASVIGO					5:38.18	-	12,00
	50m:	36.81	36.81	150m:	2:01.53	43.61	250m:	3:32.83	49.19	350m:	5:01.21	38.85	
	100m:	1:17.92	41.11	200m:	2:43.64	42.11	300m:	4:22.36	49.53	400m:	5:38.18	36.97	
9.	SOUTO GOMEZ, Claudia				15	FLUVIALLUGO					5:40.03	-	-
	50m:	35.27	35.27	150m:	2:02.28	45.42	250m:	3:35.94	49.17	350m:	5:03.63	37.47	
	100m:	1:16.86	41.59	200m:	2:46.77	44.49	300m:	4:26.16	50.22	400m:	5:40.03	36.40	
10.	CABANAS DEL RIO, Carla				16	SPORTINGCASINO					5:40.89	-	11,00
	50m:	38.51	38.51	150m:	2:04.95	42.95	250m:	3:34.61	48.29	350m:	5:01.55	41.11	
	100m:	1:22.00	43.49	200m:	2:46.32	41.37	300m:	4:20.44	45.83	400m:	5:40.89	39.34	
11.	FEAL DEVESA, Carlota				16	CULLEREDO					5:42.79	-	10,00
	50m:	35.63	35.63	150m:	2:06.64	49.16	250m:	3:39.21	47.13	350m:	5:05.46	37.50	
	100m:	1:17.48	41.85	200m:	2:52.08	45.44	300m:	4:27.96	48.75	400m:	5:42.79	37.33	
12.	COUCEIRO BARREIRO, Marta				18	SPORTINGCASINO					5:50.64	-	-
	50m:	37.63	37.63	150m:	2:06.12	44.38	250m:	3:39.06	48.65	350m:	5:12.15	40.73	
	100m:	1:21.74	44.11	200m:	2:50.41	44.29	300m:	4:31.42	52.36	400m:	5:50.64	38.49	
13.	LOPEZ ALVAREZ, Paula				16	RBAIXASVIGO					5:52.82	-	-
	50m:	37.50	37.50	150m:	2:06.23	44.50	250m:	3:42.46	52.30	350m:	5:14.04	38.94	
	100m:	1:21.73	44.23	200m:	2:50.16	43.93	300m:	4:35.10	52.64	400m:	5:52.82	38.78	
14.	IBÁÑEZ JIMENO, Paula				16	RIVEIRA					5:57.42	-	-
	50m:	35.42	35.42	150m:	2:02.66	46.08	250m:	3:41.83	53.21	350m:	5:16.63	41.23	
	100m:	1:16.58	41.16	200m:	2:48.62	45.96	300m:	4:35.40	53.57	400m:	5:57.42	40.79	
15.	NUÑEZ PARDO, Laura				17	RBAIXASVIGO					6:03.00	-	-
	50m:	39.33	39.33	150m:	2:09.95	44.57	250m:	3:48.44	55.86	350m:	5:24.04	39.98	
	100m:	1:25.38	46.05	200m:	2:52.58	42.63	300m:	4:44.06	55.62	400m:	6:03.00	38.96	