

Prueba 37
06/07/2025 - 17:00

Masc., 400m Estilos

Absoluto Masculino
Resultados

Clasificación					Edad					Tiempo	ABSO	JUNI
Junior Masculino												
1.	NAVARRO LOSADA, Sergi				18	NATACIONFERROL				4:37.61	19,00	19,00
	50m:	28.27	28.27	150m:	1:36.86	34.88	250m:	2:52.25	41.53	350m:	4:05.59	32.05
	100m:	1:01.98	33.71	200m:	2:10.72	33.86	300m:	3:33.54	41.29	400m:	4:37.61	32.02
2.	FARO MARTINEZ, Yoel				18	PONTEAREAS				4:55.11	14,00	16,00
	50m:	30.28	30.28	150m:	1:46.21	41.04	250m:	3:07.01	40.68	350m:	4:22.36	34.41
	100m:	1:05.17	34.89	200m:	2:26.33	40.12	300m:	3:47.95	40.94	400m:	4:55.11	32.75
3.	PREGO GROBA, Brais				17	PONTEAREAS				4:55.22	13,00	14,00
	50m:	31.91	31.91	150m:	1:48.69	38.57	250m:	3:07.35	41.38	350m:	4:23.13	34.05
	100m:	1:10.12	38.21	200m:	2:25.97	37.28	300m:	3:49.08	41.73	400m:	4:55.22	32.09
4.	LOPEZ TURÍÑO, Hugo				16	LICEO				5:00.49	11,00	13,00
	50m:	30.69	30.69	150m:	1:45.21	39.16	250m:	3:05.70	42.70	350m:	4:26.44	35.51
	100m:	1:06.05	35.36	200m:	2:23.00	37.79	300m:	3:50.93	45.23	400m:	5:00.49	34.05
5.	GAVIEIRO MONTERO, Raul				18	PORTAMIÑA				5:00.79	10,00	12,00
	50m:	31.35	31.35	150m:	1:49.38	41.04	250m:	3:10.87	42.13	350m:	4:28.52	34.31
	100m:	1:08.34	36.99	200m:	2:28.74	39.36	300m:	3:54.21	43.34	400m:	5:00.79	32.27
6.	MARIÑO SILVA, Brais				17	RIVEIRA				5:02.49	8,00	11,00
	50m:	30.66	30.66	150m:	1:47.26	39.40	250m:	3:09.77	44.26	350m:	4:29.67	34.79
	100m:	1:07.86	37.20	200m:	2:25.51	38.25	300m:	3:54.88	45.11	400m:	5:02.49	32.82
7.	FRAGA VISOS, Teo				17	CIDSANTIAGO				5:02.76	5,00	10,00
	50m:	31.28	31.28	150m:	1:48.03	39.83	250m:	3:09.72	42.18	350m:	4:28.82	35.37
	100m:	1:08.20	36.92	200m:	2:27.54	39.51	300m:	3:53.45	43.73	400m:	5:02.76	33.94
8.	ALONSO VIDAL, Teo				18	RBAIXASVIGO				5:03.55	4,00	9,00
	50m:	31.44	31.44	150m:	1:49.11	41.05	250m:	3:11.53	42.85	350m:	4:30.25	34.53
	100m:	1:08.06	36.62	200m:	2:28.68	39.57	300m:	3:55.72	44.19	400m:	5:03.55	33.30
9.	REY MUNIN, Alonso				17	CIDSANTIAGO				5:09.23	-	8,00
	50m:	30.85	30.85	150m:	1:46.37	40.01	250m:	3:11.12	44.81	350m:	4:34.66	36.61
	100m:	1:06.36	35.51	200m:	2:26.31	39.94	300m:	3:58.05	46.93	400m:	5:09.23	34.57
10.	GARCIA AROCHENA, Jacobo Javier				16	NCORUÑA				5:14.79	-	7,00
	50m:	33.47	33.47	150m:	1:52.67	40.13	250m:	3:18.29	47.00	350m:	4:40.94	35.03
	100m:	1:12.54	39.07	200m:	2:31.29	38.62	300m:	4:05.91	47.62	400m:	5:14.79	33.85
11.	GAVIEIRO MONTERO, Sergio				16	PORTAMIÑA				5:20.10	-	6,00
	50m:	33.97	33.97	150m:	1:55.34	42.59	250m:	3:23.22	46.34	350m:	4:45.88	36.44
	100m:	1:12.75	38.78	200m:	2:36.88	41.54	300m:	4:09.44	46.22	400m:	5:20.10	34.22
12.	FREIRE ALVAREZ, Ivan				16	LICEO				5:21.78	-	5,00
	50m:	32.92	32.92	150m:	1:53.77	42.95	250m:	3:21.23	46.80	350m:	4:46.36	37.18
	100m:	1:10.82	37.90	200m:	2:34.43	40.66	300m:	4:09.18	47.95	400m:	5:21.78	35.42
13.	PENAS CAYADO, Fernando				16	SPORTINGCASINO				5:22.98	-	4,00
	50m:	32.54	32.54	150m:	1:51.12	41.01	250m:	3:19.49	48.14	350m:	4:45.53	37.73
	100m:	1:10.11	37.57	200m:	2:31.35	40.23	300m:	4:07.80	48.31	400m:	5:22.98	37.45
14.	GONZALEZ PREGO, Xose				17	NCORUÑA				5:27.28	-	3,00
	50m:	35.87	35.87	150m:	2:03.47	45.22	250m:	3:29.48	43.17	350m:	4:52.57	38.05
	100m:	1:18.25	42.38	200m:	2:46.31	42.84	300m:	4:14.52	45.04	400m:	5:27.28	34.71

Prueba 37, Masc., 400m Estilos, Junior Masculino

Clasificación	Edad	Tiempo	ABSO	JUNI
15. MENDEZ-BENEGASSI FDEZ., Adrian	17 GALAICO	5:27.79	-	2,00
50m: 31.98 31.98 150m: 1:52.47	41.42 250m: 3:19.48 45.81 350m: 4:48.51 38.73			
100m: 1:11.05 39.07 200m: 2:33.67	41.20 300m: 4:09.78 50.30 400m: 5:27.79 39.28			
WDR DOMINGUEZ HERMIDA, Lucas	16 NATACIONFERROL	-	-	-

Absoluto Masculino

1. NAVARRO LOSADA, Sergi	18 NATACIONFERROL	4:37.61	19,00	19,00
50m: 28.27 28.27 150m: 1:36.86	34.88 250m: 2:52.25 41.53 350m: 4:05.59 32.05			
100m: 1:01.98 33.71 200m: 2:10.72	33.86 300m: 3:33.54 41.29 400m: 4:37.61 32.02			
2. ALVAREZ FERNANDEZ, Borja	29 FLUVIALUGO	4:49.86	16,00	-
50m: 28.96 28.96 150m: 1:40.59	37.77 250m: 2:59.24 41.49 350m: 4:16.10 34.37			
100m: 1:02.82 33.86 200m: 2:17.75	37.16 300m: 3:41.73 42.49 400m: 4:49.86 33.76			
3. FARO MARTINEZ, Yoel	18 PONTEAREAS	4:55.11	14,00	16,00
50m: 30.28 30.28 150m: 1:46.21	41.04 250m: 3:07.01 40.68 350m: 4:22.36 34.41			
100m: 1:05.17 34.89 200m: 2:26.33	40.12 300m: 3:47.95 40.94 400m: 4:55.11 32.75			
4. PREGO GROBA, Brais	17 PONTEAREAS	4:55.22	13,00	14,00
50m: 31.91 31.91 150m: 1:48.69	38.57 250m: 3:07.35 41.38 350m: 4:23.13 34.05			
100m: 1:10.12 38.21 200m: 2:25.97	37.28 300m: 3:49.08 41.73 400m: 4:55.22 32.09			
5. PASTORIZA SANTA CLARA, Jorge	28 RBAIXASVIGO	5:00.30	12,00	-
50m: 31.64 31.64 150m: 1:47.72	39.63 250m: 3:09.28 42.64 350m: 4:27.11 35.77			
100m: 1:08.09 36.45 200m: 2:26.64	38.92 300m: 3:51.34 42.06 400m: 5:00.30 33.19			
6. LOPEZ TURÍÑO, Hugo	16 LICEO	5:00.49	11,00	13,00
50m: 30.69 30.69 150m: 1:45.21	39.16 250m: 3:05.70 42.70 350m: 4:26.44 35.51			
100m: 1:06.05 35.36 200m: 2:23.00	37.79 300m: 3:50.93 45.23 400m: 5:00.49 34.05			
7. GAVIEIRO MONTERO, Raul	18 PORTAMIÑA	5:00.79	10,00	12,00
50m: 31.35 31.35 150m: 1:49.38	41.04 250m: 3:10.87 42.13 350m: 4:28.52 34.31			
100m: 1:08.34 36.99 200m: 2:28.74	39.36 300m: 3:54.21 43.34 400m: 5:00.79 32.27			
8. SANESTEBAN LOPEZ, Teo	15 MARINAFERROL	5:02.39	9,00	-
50m: 32.84 32.84 150m: 1:47.95	37.75 250m: 3:09.29 44.29 350m: 4:28.53 34.12			
100m: 1:10.20 37.36 200m: 2:25.00	37.05 300m: 3:54.41 45.12 400m: 5:02.39 33.86			
9. MARIÑO SILVA, Brais	17 RIVEIRA	5:02.49	8,00	11,00
50m: 30.66 30.66 150m: 1:47.26	39.40 250m: 3:09.77 44.26 350m: 4:29.67 34.79			
100m: 1:07.86 37.20 200m: 2:25.51	38.25 300m: 3:54.88 45.11 400m: 5:02.49 32.82			
10. LOSADA JIMENEZ, Sergio	21 NATACIONFERROL	5:02.60	7,00	-
50m: 30.68 30.68 150m: 1:47.79	41.53 250m: 3:11.01 43.14 350m: 4:29.40 34.34			
100m: 1:06.26 35.58 200m: 2:27.87	40.08 300m: 3:55.06 44.05 400m: 5:02.60 33.20			
11. GIL-RIVERA BARBEITO, Pablo	19 CIDSANTIAGO	5:02.70	6,00	-
50m: 31.59 31.59 150m: 1:46.77	40.20 250m: 3:10.79 44.34 350m: 4:30.13 34.83			
100m: 1:06.57 34.98 200m: 2:26.45	39.68 300m: 3:55.30 44.51 400m: 5:02.70 32.57			
12. FRAGA VISOS, Teo	17 CIDSANTIAGO	5:02.76	5,00	10,00
50m: 31.28 31.28 150m: 1:48.03	39.83 250m: 3:09.72 42.18 350m: 4:28.82 35.37			
100m: 1:08.20 36.92 200m: 2:27.54	39.51 300m: 3:53.45 43.73 400m: 5:02.76 33.94			
13. ALONSO VIDAL, Teo	18 RBAIXASVIGO	5:03.55	4,00	9,00
50m: 31.44 31.44 150m: 1:49.11	41.05 250m: 3:11.53 42.85 350m: 4:30.25 34.53			
100m: 1:08.06 36.62 200m: 2:28.68	39.57 300m: 3:55.72 44.19 400m: 5:03.55 33.30			

Prueba 37, Masc., 400m Estilos, Absoluto Masculino

Clasificación	Edad	Tiempo	ABSO	JUNI
14. REY MUNIN, Alonso	17 CIDSANTIAGO	5:09.23	-	8,00
50m: 30.85 30.85 150m: 1:46.37 40.01 250m: 3:11.12 44.81 350m: 4:34.66 36.61				
100m: 1:06.36 35.51 200m: 2:26.31 39.94 300m: 3:58.05 46.93 400m: 5:09.23 34.57				
15. BRAÑAS VILLAR, Alejandro Jose	15 NATACIONFERROL	5:11.22	-	-
50m: 32.23 32.23 150m: 1:51.07 41.40 250m: 3:15.38 44.78 350m: 4:36.99 35.94				
100m: 1:09.67 37.44 200m: 2:30.60 39.53 300m: 4:01.05 45.67 400m: 5:11.22 34.23				
16. GARCIA AROCHENA, Jacobo Javier	16 NCORUÑA	5:14.79	-	7,00
50m: 33.47 33.47 150m: 1:52.67 40.13 250m: 3:18.29 47.00 350m: 4:40.94 35.03				
100m: 1:12.54 39.07 200m: 2:31.29 38.62 300m: 4:05.91 47.62 400m: 5:14.79 33.85				
17. GAVIEIRO MONTERO, Sergio	16 PORTAMIÑA	5:20.10	-	6,00
50m: 33.97 33.97 150m: 1:55.34 42.59 250m: 3:23.22 46.34 350m: 4:45.88 36.44				
100m: 1:12.75 38.78 200m: 2:36.88 41.54 300m: 4:09.44 46.22 400m: 5:20.10 34.22				
18. FREIRE ALVAREZ, Ivan	16 LICEO	5:21.78	-	5,00
50m: 32.92 32.92 150m: 1:53.77 42.95 250m: 3:21.23 46.80 350m: 4:46.36 37.18				
100m: 1:10.82 37.90 200m: 2:34.43 40.66 300m: 4:09.18 47.95 400m: 5:21.78 35.42				
19. PENAS CAYADO, Fernando	16 SPORTINGCASINO	5:22.98	-	4,00
50m: 32.54 32.54 150m: 1:51.12 41.01 250m: 3:19.49 48.14 350m: 4:45.53 37.73				
100m: 1:10.11 37.57 200m: 2:31.35 40.23 300m: 4:07.80 48.31 400m: 5:22.98 37.45				
20. GONZALEZ PREGO, Xose	17 NCORUÑA	5:27.28	-	3,00
50m: 35.87 35.87 150m: 2:03.47 45.22 250m: 3:29.48 43.17 350m: 4:52.57 38.05				
100m: 1:18.25 42.38 200m: 2:46.31 42.84 300m: 4:14.52 45.04 400m: 5:27.28 34.71				
21. MENDEZ-BENEGASSI FDEZ., Adrian	17 GALAICO	5:27.79	-	2,00
50m: 31.98 31.98 150m: 1:52.47 41.42 250m: 3:19.48 45.81 350m: 4:48.51 38.73				
100m: 1:11.05 39.07 200m: 2:33.67 41.20 300m: 4:09.78 50.30 400m: 5:27.79 39.28				
WDR DOMINGUEZ HERMIDA, Lucas	16 NATACIONFERROL		-	-
WDR VAZQUEZ LIZ, Alejandro	22 PORTAMIÑA		-	-
WDR CUMMINGS CANDAL, James Fraser	20 NCORUÑA		-	-