

Prueba 19
22/06/2025 - 10:00

Masc., 400m Libre

Alevín Masculino
Resultados

MMG 13	4:29.27	, TOME SANLES, MANUEL	SDBOIRO	06/07/2012
MMG 12	4:58.47	, BORRALLO CASTELO, HUGO	CNLICEO	05/07/2015

Clasificación

AN

Tiempo

Alevín Masculino

1.	SIMON GARRIDO, Guillermo	12	C. N. LICEO	4:37.71	19,00	
	50m: 31.09 31.09 150m: 1:40.96 35.50 250m: 2:52.05 35.54 350m: 4:03.03 35.40					
	100m: 1:05.46 34.37 200m: 2:16.51 35.55 300m: 3:27.63 35.58 400m: 4:37.71 34.68					
2.	OTERO GONZALEZ, Hugo	12	C. N. XOVE	4:51.55	16,00	
	50m: 32.92 32.92 150m: 1:46.29 36.87 250m: 3:01.54 37.79 350m: 4:16.72 37.60					
	100m: 1:09.42 36.50 200m: 2:23.75 37.46 300m: 3:39.12 37.58 400m: 4:51.55 34.83					
3.	CANEIRO FONTICOPA, Roque	12	C. N. CEDEIRA	5:09.33	14,00	
	50m: 34.14 34.14 150m: 1:51.45 39.51 250m: 3:11.46 40.24 350m: 4:31.78 39.97					
	100m: 1:11.94 37.80 200m: 2:31.22 39.77 300m: 3:51.81 40.35 400m: 5:09.33 37.55					
4.	LAGO SOTO, David	12	VIGO RIAS BAIXAS	5:10.06	13,00	
	50m: 34.09 34.09 150m: 1:53.48 40.66 250m: 3:14.68 40.89 350m: 4:34.60 39.24					
	100m: 1:12.82 38.73 200m: 2:33.79 40.31 300m: 3:55.36 40.68 400m: 5:10.06 35.46					
5.	VAZQUEZ GOMEZ, Lucas	12	CIDADE SANTIAGO	5:13.53	12,00	
	50m: 35.09 35.09 150m: 1:54.64 40.39 250m: 3:15.73 40.28 350m: 4:36.47 39.65					
	100m: 1:14.25 39.16 200m: 2:35.45 40.81 300m: 3:56.82 41.09 400m: 5:13.53 37.06					
6.	CILLERO RIVEIRO, Pablo	12	C. N. PORTAMIÑA	5:18.25	11,00	
	50m: 34.31 34.31 150m: 1:53.91 39.95 250m: 3:16.68 41.13 350m: 4:38.35 40.38					
	100m: 1:13.96 39.65 200m: 2:35.55 41.64 300m: 3:57.97 41.29 400m: 5:18.25 39.90					
7.	HERMIDA PEREIRA, Santiago	13	C. MARINA FERROL	5:19.89	10,00	
	50m: 35.60 35.60 150m: 1:57.81 41.99 250m: 3:20.53 42.13 350m: 4:43.27 41.23					
	100m: 1:15.82 40.22 200m: 2:38.40 40.59 300m: 4:02.04 41.51 400m: 5:19.89 36.62					
8.	CASAL ALONSO, Alejandro	12	C. N. LICEO	5:22.22	9,00	
	50m: 34.94 34.94 150m: 1:56.39 41.60 250m: 3:20.90 43.05 350m: 4:43.68 41.62					
	100m: 1:14.79 39.85 200m: 2:37.85 41.46 300m: 4:02.06 41.16 400m: 5:22.22 38.54					
9.	ESTEVEZ MONTES, Ian	13	C. N. PONTEAREAS	5:31.19	8,00	
	50m: 37.40 37.40 150m: 2:02.34 42.84 250m: 3:28.87 43.50 350m: 4:52.70 42.10					
	100m: 1:19.50 42.10 200m: 2:45.37 43.03 300m: 4:10.60 41.73 400m: 5:31.19 38.49					
10.	BENASACH LOPEZ, Miguel	12	C. MARINA FERROL	5:33.68	7,00	
	50m: 36.89 36.89 150m: 2:02.14 43.04 250m: 3:26.65 42.51 350m: 4:53.21 42.93					
	100m: 1:19.10 42.21 200m: 2:44.14 42.00 300m: 4:10.28 43.63 400m: 5:33.68 40.47					
11.	LOPEZ SALGADO, Alejandro	13	C. N. FERROL	5:36.34	6,00	
	50m: 36.89 36.89 150m: 2:00.82 42.81 250m: 3:28.04 44.15 350m: 4:54.83 43.94					
	100m: 1:18.01 41.12 200m: 2:43.89 43.07 300m: 4:10.89 42.85 400m: 5:36.34 41.51					
12.	PARDO PAREDES, Hugo	12	C. N. LICEO	5:49.02	-	
	50m: 38.06 38.06 150m: 2:08.55 45.09 250m: 3:38.76 44.54 350m: 5:07.08 43.51					
	100m: 1:23.46 45.40 200m: 2:54.22 45.67 300m: 4:23.57 44.81 400m: 5:49.02 41.94					
13.	BRAQUE SEOANE, Diego	13	VIGO RIAS BAIXAS	5:56.52	5,00	
	50m: 41.67 41.67 150m: 2:16.54 46.92 250m: 3:45.90 41.50 350m: 5:13.48 44.98					
	100m: 1:29.62 47.95 200m: 3:04.40 47.86 300m: 4:28.50 42.60 400m: 5:56.52 43.04					
14.	LOURIÑO SASTRE, Jacobo	13	C. N. PONTEAREAS	6:10.71	4,00	
	50m: 41.77 41.77 150m: 2:15.00 47.45 250m: 3:50.39 47.46 350m: 5:25.12 47.30					
	100m: 1:27.55 45.78 200m: 3:02.93 47.93 300m: 4:37.82 47.43 400m: 6:10.71 45.59					

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12 años

1.	HERMIDA PEREIRA, Santiago	13	C. MARINA FERROL	5:19.89	10,00							
	50m:	35.60	35.60	150m:	1:57.81	41.99	250m:	3:20.53	42.13	350m:	4:43.27	41.23
	100m:	1:15.82	40.22	200m:	2:38.40	40.59	300m:	4:02.04	41.51	400m:	5:19.89	36.62
2.	ESTEVEZ MONTES, Ian	13	C. N. PONTEAREAS	5:31.19	8,00							
	50m:	37.40	37.40	150m:	2:02.34	42.84	250m:	3:28.87	43.50	350m:	4:52.70	42.10
	100m:	1:19.50	42.10	200m:	2:45.37	43.03	300m:	4:10.60	41.73	400m:	5:31.19	38.49
3.	LOPEZ SALGADO, Alejandro	13	C. N. FERROL	5:36.34	6,00							
	50m:	36.89	36.89	150m:	2:00.82	42.81	250m:	3:28.04	44.15	350m:	4:54.83	43.94
	100m:	1:18.01	41.12	200m:	2:43.89	43.07	300m:	4:10.89	42.85	400m:	5:36.34	41.51
4.	BRAQUE SEOANE, Diego	13	VIGO RIAS BAIXAS	5:56.52	5,00							
	50m:	41.67	41.67	150m:	2:16.54	46.92	250m:	3:45.90	41.50	350m:	5:13.48	44.98
	100m:	1:29.62	47.95	200m:	3:04.40	47.86	300m:	4:28.50	42.60	400m:	5:56.52	43.04
5.	LOURIÑO SASTRE, Jacobo	13	C. N. PONTEAREAS	6:10.71	4,00							
	50m:	41.77	41.77	150m:	2:15.00	47.45	250m:	3:50.39	47.46	350m:	5:25.12	47.30
	100m:	1:27.55	45.78	200m:	3:02.93	47.93	300m:	4:37.82	47.43	400m:	6:10.71	45.59

13 años

1.	SIMON GARRIDO, Guillermo				12	C. N. LICEO			4:37.71	19,00		
	50m:	31.09	31.09	150m:	1:40.96	35.50	250m:	2:52.05	35.54	350m:	4:03.03	35.40
	100m:	1:05.46	34.37	200m:	2:16.51	35.55	300m:	3:27.63	35.58	400m:	4:37.71	34.68
2.	OTERO GONZALEZ, Hugo				12	C. N. XOVE			4:51.55	16,00		
	50m:	32.92	32.92	150m:	1:46.29	36.87	250m:	3:01.54	37.79	350m:	4:16.72	37.60
	100m:	1:09.42	36.50	200m:	2:23.75	37.46	300m:	3:39.12	37.58	400m:	4:51.55	34.83
3.	CANEIRO FONTICOBIA, Roque				12	C. N. CEDEIRA			5:09.33	14,00		
	50m:	34.14	34.14	150m:	1:51.45	39.51	250m:	3:11.46	40.24	350m:	4:31.78	39.97
	100m:	1:11.94	37.80	200m:	2:31.22	39.77	300m:	3:51.81	40.35	400m:	5:09.33	37.55
4.	LAGO SOTO, David				12	VIGO RIAS BAIXAS			5:10.06	13,00		
	50m:	34.09	34.09	150m:	1:53.48	40.66	250m:	3:14.68	40.89	350m:	4:34.60	39.24
	100m:	1:12.82	38.73	200m:	2:33.79	40.31	300m:	3:55.36	40.68	400m:	5:10.06	35.46
5.	VAZQUEZ GOMEZ, Lucas				12	CIDADE SANTIAGO			5:13.53	12,00		
	50m:	35.09	35.09	150m:	1:54.64	40.39	250m:	3:15.73	40.28	350m:	4:36.47	39.65
	100m:	1:14.25	39.16	200m:	2:35.45	40.81	300m:	3:56.82	41.09	400m:	5:13.53	37.06
6.	CILLERO RIVEIRO, Pablo				12	C. N. PORTAMIÑA			5:18.25	11,00		
	50m:	34.31	34.31	150m:	1:53.91	39.95	250m:	3:16.68	41.13	350m:	4:38.35	40.38
	100m:	1:13.96	39.65	200m:	2:35.55	41.64	300m:	3:57.97	41.29	400m:	5:18.25	39.90
7.	CASAL ALONSO, Alejandro				12	C. N. LICEO			5:22.22	9,00		
	50m:	34.94	34.94	150m:	1:56.39	41.60	250m:	3:20.90	43.05	350m:	4:43.68	41.62
	100m:	1:14.79	39.85	200m:	2:37.85	41.46	300m:	4:02.06	41.16	400m:	5:22.22	38.54
8.	BENASACH LOPEZ, Miguel				12	C. MARINA FERROL			5:33.68	7,00		
	50m:	36.89	36.89	150m:	2:02.14	43.04	250m:	3:26.65	42.51	350m:	4:53.21	42.93
	100m:	1:19.10	42.21	200m:	2:44.14	42.00	300m:	4:10.28	43.63	400m:	5:33.68	40.47
9.	PARDO PAREDES, Hugo				12	C. N. LICEO			5:49.02	-		
	50m:	38.06	38.06	150m:	2:08.55	45.09	250m:	3:38.76	44.54	350m:	5:07.08	43.51
	100m:	1:23.46	45.40	200m:	2:54.22	45.67	300m:	4:23.57	44.81	400m:	5:49.02	41.94