

Prueba 31  
09/02/2025

Masc., 400m Libre

JUSE M  
Resultados

RG	3:54.87	, GARCÍA CASTRO MATEO	ARTEIXO	22/06/2024
MMG 18	3:55.85	, GARCÍA CASTRO, MATEO	ARTEIXO	26/07/2023
MMG 17	4:01.69	, TOME SANLES, MANUEL	RIVEIRA	24/06/2016
MMG 16	4:03.85	, PASSARETTI PEREIRA, ALEJANDRO	CIDSANTI	26/07/2014

Clasificación

Edad

Tiempo Puntos

JUNI M

1. PEREZ FERNANDEZ, Brais	18	PORTAMIÑA	<b>4:15.05</b>	19,00
50m: 29.29 29.29	150m: 1:33.95 32.97	250m: 2:38.18 31.99	350m: 3:42.68 31.88	
100m: 1:00.98 31.69	200m: 2:06.19 32.24	300m: 3:10.80 32.62	400m: 4:15.05 32.37	
2. SOUTO RAMOS, Manuel	18	CASINOC	<b>4:15.49</b>	16,00
50m: 28.53 28.53	150m: 1:31.50 31.82	250m: 2:36.50 32.62	350m: 3:44.23 34.18	
100m: 59.68 31.15	200m: 2:03.88 32.38	300m: 3:10.05 33.55	400m: 4:15.49 31.26	
3. ALONSO VIDAL, Teo	18	RIASBAIXAS	<b>4:19.60</b>	14,00
50m: 29.54 29.54	150m: 1:34.24 32.72	250m: 2:39.94 32.87	350m: 3:46.54 33.18	
100m: 1:01.52 31.98	200m: 2:07.07 32.83	300m: 3:13.36 33.42	400m: 4:19.60 33.06	
4. DIAZ RODRIGUEZ, Ivan	17	PORTAMIÑA	<b>4:21.51</b>	13,00
50m: 29.43 29.43	150m: 1:34.39 32.99	250m: 2:42.12 33.41	350m: 3:49.22 33.17	
100m: 1:01.40 31.97	200m: 2:08.71 34.32	300m: 3:16.05 33.93	400m: 4:21.51 32.29	
5. LONGUEIRA GILDA, Martín	18	CDELMAR	<b>4:26.43</b>	12,00
50m: 28.35 28.35	150m: 1:33.52 33.64	250m: 2:44.47 35.71	350m: 3:53.90 33.65	
100m: 59.88 31.53	200m: 2:08.76 35.24	300m: 3:20.25 35.78	400m: 4:26.43 32.53	
6. PATIÑO RÍOS, Jesús	16	RIVEIRA	<b>4:26.97</b>	11,00
50m: 30.49 30.49	150m: 1:38.16 34.41	250m: 2:46.47 34.29	350m: 3:54.32 33.65	
100m: 1:03.75 33.26	200m: 2:12.18 34.02	300m: 3:20.67 34.20	400m: 4:26.97 32.65	
7. RODRIGUEZ RAÑA, Miguel	16	RIASBAIXAS	<b>4:27.02</b>	10,00
50m: 31.75 31.75	150m: 1:39.22 33.99	250m: 2:47.54 34.18	350m: 3:55.09 33.20	
100m: 1:05.23 33.48	200m: 2:13.36 34.14	300m: 3:21.89 34.35	400m: 4:27.02 31.93	
8. PENAS CAYADO, Fernando	16	CASINOC	<b>4:28.46</b>	9,00
50m: 28.77 28.77	150m: 1:32.41 32.64	250m: 2:44.47 38.07	350m: 3:55.13 35.25	
100m: 59.77 31.00	200m: 2:06.40 33.99	300m: 3:19.88 35.41	400m: 4:28.46 33.33	
9. CUBEIRO ROSENDE, Xael	18	LICEO	<b>4:30.26</b>	8,00
50m: 29.64 29.64	150m: 1:35.90 34.38	250m: 2:44.59 35.29	350m: 3:55.42 34.94	
100m: 1:01.52 31.88	200m: 2:09.30 33.40	300m: 3:20.48 35.89	400m: 4:30.26 34.84	
10. MENDEZ-BENEGASSI FDEZ., Adrian	17	GALAICO	<b>4:31.01</b>	7,00
50m: 30.70 30.70	150m: 1:38.61 34.10	250m: 2:47.83 34.80	350m: 3:57.72 34.17	
100m: 1:04.51 33.81	200m: 2:13.03 34.42	300m: 3:23.55 35.72	400m: 4:31.01 33.29	
11. LEIROS FERNANDEZ, Lucas	17	PONTEAREAS	<b>4:31.53</b>	6,00
50m: 29.93 29.93	150m: 1:38.14 34.97	250m: 2:48.39 34.96	350m: 3:57.70 34.23	
100m: 1:03.17 33.24	200m: 2:13.43 35.29	300m: 3:23.47 35.08	400m: 4:31.53 33.83	
12. PREGO GROBA, Brais	17	PONTEAREAS	<b>4:32.39</b>	5,00
50m: 31.62 31.62	150m: 1:40.81 35.42	250m: 2:50.82 35.31	350m: 3:59.97 34.74	
100m: 1:05.39 33.77	200m: 2:15.51 34.70	300m: 3:25.23 34.41	400m: 4:32.39 32.42	
13. LOPEZ VARELA, Anton	16	ARZUA	<b>4:33.50</b>	4,00
50m: 30.90 30.90	150m: 1:39.80 34.84	250m: 2:50.49 35.57	350m: 4:01.16 35.05	
100m: 1:04.96 34.06	200m: 2:14.92 35.12	300m: 3:26.11 35.62	400m: 4:33.50 32.34	
14. QUIÑOY VEIGA, Alvaro	16	CIDSANTI	<b>4:34.27</b>	3,00
50m: 31.25 31.25	150m: 1:40.25 35.09	250m: 2:50.32 35.01	350m: 4:00.01 34.82	
100m: 1:05.16 33.91	200m: 2:15.31 35.06	300m: 3:25.19 34.87	400m: 4:34.27 34.26	
15. LOPEZ TURIÑO, Hugo	16	LICEO	<b>4:35.22</b>	2,00
50m: 30.81 30.81	150m: 1:38.38 34.11	250m: 2:47.33 34.89	350m: 3:59.70 36.45	
100m: 1:04.27 33.46	200m: 2:12.44 34.06	300m: 3:23.25 35.92	400m: 4:35.22 35.52	

Prueba 31, Masc., 400m Libre, JUNI M

Clasificación	Edad				Tiempo				Puntos
16. GONZALEZ GARCIA, Martin	17	REDONDELA				<b>4:35.30</b>	1,00		
50m: 31.15 31.15 150m: 1:41.07 34.76 250m: 2:51.79 34.95 350m: 4:01.64 34.00									
100m: 1:06.31 35.16 200m: 2:16.84 35.77 300m: 3:27.64 35.85 400m: 4:35.30 33.66									
17. ORTEGO PORTA, Andre	18	GALAICO				<b>4:39.27</b>	-		
50m: 31.79 31.79 150m: 1:41.91 35.14 250m: 2:53.54 35.64 350m: 4:04.55 35.03									
100m: 1:06.77 34.98 200m: 2:17.90 35.99 300m: 3:29.52 35.98 400m: 4:39.27 34.72									
18. GAVIEIRO MONTERO, Sergio	16	PORTAMIÑA				<b>4:40.97</b>	-		
50m: 31.95 31.95 150m: 1:42.87 36.20 250m: 2:53.99 35.44 350m: 4:05.82 35.81									
100m: 1:06.67 34.72 200m: 2:18.55 35.68 300m: 3:30.01 36.02 400m: 4:40.97 35.15									
19. GIL - RIVERA BARBEITO, Hugo	16	NCORUÑA				<b>4:43.06</b>	-		
50m: 31.58 31.58 150m: 1:42.73 36.27 250m: 2:56.58 37.12 350m: 4:09.49 36.33									
100m: 1:06.46 34.88 200m: 2:19.46 36.73 300m: 3:33.16 36.58 400m: 4:43.06 33.57									
20. PALLIN BUJAN, Hector	17	FLUVIAL				<b>4:43.37</b>	-		
50m: 30.35 30.35 150m: 1:41.10 36.30 250m: 2:54.19 35.93 350m: 4:06.71 35.81									
100m: 1:04.80 34.45 200m: 2:18.26 37.16 300m: 3:30.90 36.71 400m: 4:43.37 36.66									
21. RODRIGUEZ ANTON, Adrian	16	RIASBAIXAS				<b>4:44.38</b>	-		
50m: 31.51 31.51 150m: 1:42.73 36.49 250m: 2:55.11 35.09 350m: 4:07.85 36.40									
100m: 1:06.24 34.73 200m: 2:20.02 37.29 300m: 3:31.45 36.34 400m: 4:44.38 36.53									
22. GARCÍA AFONSO, Alexis	18	NFERROL				<b>4:44.52</b>	-		
50m: 31.04 31.04 150m: 1:41.19 35.89 250m: 2:55.35 36.95 350m: 4:08.41 35.73									
100m: 1:05.30 34.26 200m: 2:18.40 37.21 300m: 3:32.68 37.33 400m: 4:44.52 36.11									
23. GOMEZ RODRIGUEZ, Tomas	16	GALAICO				<b>4:46.36</b>	-		
50m: 30.95 30.95 150m: 1:42.80 36.55 250m: 2:56.70 36.52 350m: 4:10.37 36.82									
100m: 1:06.25 35.30 200m: 2:20.18 37.38 300m: 3:33.55 36.85 400m: 4:46.36 35.99									
24. BAO PURRIÑOS, Manuel	17	LICEO				<b>4:46.53</b>	-		
50m: 31.84 31.84 150m: 1:42.57 36.00 250m: 2:56.97 37.51 350m: 4:10.26 36.28									
100m: 1:06.57 34.73 200m: 2:19.46 36.89 300m: 3:33.98 37.01 400m: 4:46.53 36.27									
25. ÁLVAREZ RIVAS, Nicolás	16	RCNVIGO				<b>4:47.68</b>	-		
50m: 31.47 31.47 150m: 1:43.42 36.55 250m: 2:57.09 37.26 350m: 4:12.49 37.46									
100m: 1:06.87 35.40 200m: 2:19.83 36.41 300m: 3:35.03 37.94 400m: 4:47.68 35.19									
26. CHAMORRO LÓPEZ, Guzmán	16	RCNVIGO				<b>4:52.73</b>	-		
50m: 31.64 31.64 150m: 1:44.42 37.06 250m: 2:58.61 37.00 350m: 4:14.83 40.41									
100m: 1:07.36 35.72 200m: 2:21.61 37.19 300m: 3:34.42 35.81 400m: 4:52.73 37.90									
27. FREIRE ALVAREZ, Ivan	16	LICEO				<b>4:54.75</b>	-		
50m: 32.40 32.40 150m: 1:44.26 36.78 250m: 3:00.29 38.37 350m: 4:17.18 38.67									
100m: 1:07.48 35.08 200m: 2:21.92 37.66 300m: 3:38.51 38.22 400m: 4:54.75 37.57									
WDR MUIÑO GARCÍA, Alejandro	16	LICEO					-		

SENI M

1. MOURE DOVAL, Jose	26	POURENSE				<b>4:17.67</b>	-		
50m: 28.04 28.04 150m: 1:29.69 31.79 250m: 2:37.59 34.40 350m: 3:45.14 32.77									
100m: 57.90 29.86 200m: 2:03.19 33.50 300m: 3:12.37 34.78 400m: 4:17.67 32.53									
2. MANEIROS PAZ, Mario	19	NFERROL				<b>4:20.95</b>	-		
50m: 28.94 28.94 150m: 1:33.88 33.15 250m: 2:40.22 33.42 350m: 3:47.14 33.46									
100m: 1:00.73 31.79 200m: 2:06.80 32.92 300m: 3:13.68 33.46 400m: 4:20.95 33.81									
3. PEDRE SALIDO, Julio	22	NFERROL				<b>4:23.37</b>	-		
50m: 29.79 29.79 150m: 1:36.81 33.57 250m: 2:43.37 33.11 350m: 3:50.29 33.34									
100m: 1:03.24 33.45 200m: 2:10.26 33.45 300m: 3:16.95 33.58 400m: 4:23.37 33.08									
4. AVILES ZHUAVLEV, Santiago	21	CASINOC				<b>4:24.69</b>	-		
50m: 30.24 30.24 150m: 1:35.89 33.03 250m: 2:43.22 33.70 350m: 3:51.48 33.93									
100m: 1:02.86 32.62 200m: 2:09.52 33.63 300m: 3:17.55 34.33 400m: 4:24.69 33.21									

Prueba 31, Masc., 400m Libre, SENI M

Clasificación	Edad	Tiempo	Puntos
5. PEREZ PAZ, Dario	20	PONTEAREAS	4:29.29 -
50m: 30.55 30.55 150m: 1:38.64 34.68 250m: 2:47.24 34.00 350m: 3:56.21 34.56			
100m: 1:03.96 33.41 200m: 2:13.24 34.60 300m: 3:21.65 34.41 400m: 4:29.29 33.08			
6. PASTORIZA SANTACLARA, Jorge	28	RIASBAIXAS	4:32.51 -
50m: 32.19 32.19 150m: 1:40.66 34.59 250m: 2:50.86 35.31 350m: 4:00.67 34.44			
100m: 1:06.07 33.88 200m: 2:15.55 34.89 300m: 3:26.23 35.37 400m: 4:32.51 31.84			
7. INFESTAS CARAZO, Samuel	22	GALAICO	4:36.14 -
50m: 31.02 31.02 150m: 1:38.98 34.70 250m: 2:49.66 35.59 350m: 4:00.62 35.62			
100m: 1:04.28 33.26 200m: 2:14.07 35.09 300m: 3:25.00 35.34 400m: 4:36.14 35.52			
8. GOMEZ LIMIA, Pablo	19	NCORUÑA	4:46.88 -
50m: 31.24 31.24 150m: 1:40.40 35.25 250m: 2:54.68 38.02 350m: 4:11.67 38.77			
100m: 1:05.15 33.91 200m: 2:16.66 36.26 300m: 3:32.90 38.22 400m: 4:46.88 35.21			

17 - 18 años

1. PEREZ FERNANDEZ, Brais	18	PORTAMIÑA	4:15.05 19,00
50m: 29.29 29.29 150m: 1:33.95 32.97 250m: 2:38.18 31.99 350m: 3:42.68 31.88			
100m: 1:00.98 31.69 200m: 2:06.19 32.24 300m: 3:10.80 32.62 400m: 4:15.05 32.37			
2. SOUTO RAMOS, Manuel	18	CASINOC	4:15.49 16,00
50m: 28.53 28.53 150m: 1:31.50 31.82 250m: 2:36.50 32.62 350m: 3:44.23 34.18			
100m: 59.68 31.15 200m: 2:03.88 32.38 300m: 3:10.05 33.55 400m: 4:15.49 31.26			
3. ALONSO VIDAL, Teo	18	RIASBAIXAS	4:19.60 14,00
50m: 29.54 29.54 150m: 1:34.24 32.72 250m: 2:39.94 32.87 350m: 3:46.54 33.18			
100m: 1:01.52 31.98 200m: 2:07.07 32.83 300m: 3:13.36 33.42 400m: 4:19.60 33.06			
4. DIAZ RODRIGUEZ, Ivan	17	PORTAMIÑA	4:21.51 13,00
50m: 29.43 29.43 150m: 1:34.39 32.99 250m: 2:42.12 33.41 350m: 3:49.22 33.17			
100m: 1:01.40 31.97 200m: 2:08.71 34.32 300m: 3:16.05 33.93 400m: 4:21.51 32.29			
5. LONGUEIRA GILDA, Martín	18	CDELMAR	4:26.43 12,00
50m: 28.35 28.35 150m: 1:33.52 33.64 250m: 2:44.47 35.71 350m: 3:53.90 33.65			
100m: 59.88 31.53 200m: 2:08.76 35.24 300m: 3:20.25 35.78 400m: 4:26.43 32.53			
6. CUBEIRO ROSENDE, Xoel	18	LICEO	4:30.26 8,00
50m: 29.64 29.64 150m: 1:35.90 34.38 250m: 2:44.59 35.29 350m: 3:55.42 34.94			
100m: 1:01.52 31.88 200m: 2:09.30 33.40 300m: 3:20.48 35.89 400m: 4:30.26 34.84			
7. MENDEZ-BENEGASSI FDEZ., Adrian	17	GALAICO	4:31.01 7,00
50m: 30.70 30.70 150m: 1:38.61 34.10 250m: 2:47.83 34.80 350m: 3:57.72 34.17			
100m: 1:04.51 33.81 200m: 2:13.03 34.42 300m: 3:23.55 35.72 400m: 4:31.01 33.29			
8. LEIROS FERNANDEZ, Lucas	17	PONTEAREAS	4:31.53 6,00
50m: 29.93 29.93 150m: 1:38.14 34.97 250m: 2:48.39 34.96 350m: 3:57.70 34.23			
100m: 1:03.17 33.24 200m: 2:13.43 35.29 300m: 3:23.47 35.08 400m: 4:31.53 33.83			
9. PREGO GROBA, Brais	17	PONTEAREAS	4:32.39 5,00
50m: 31.62 31.62 150m: 1:40.81 35.42 250m: 2:50.82 35.31 350m: 3:59.97 34.74			
100m: 1:05.39 33.77 200m: 2:15.51 34.70 300m: 3:25.23 34.41 400m: 4:32.39 32.42			
10. GONZALEZ GARCIA, Martin	17	REDONDELA	4:35.30 1,00
50m: 31.15 31.15 150m: 1:41.07 34.76 250m: 2:51.79 34.95 350m: 4:01.64 34.00			
100m: 1:06.31 35.16 200m: 2:16.84 35.77 300m: 3:27.64 35.85 400m: 4:35.30 33.66			
11. ORTEGO PORTA, Andre	18	GALAICO	4:39.27 -
50m: 31.79 31.79 150m: 1:41.91 35.14 250m: 2:53.54 35.64 350m: 4:04.55 35.03			
100m: 1:06.77 34.98 200m: 2:17.90 35.99 300m: 3:29.52 35.98 400m: 4:39.27 34.72			
12. PALLIN BUJAN, Hector	17	FLUVIAL	4:43.37 -
50m: 30.35 30.35 150m: 1:41.10 36.30 250m: 2:54.19 35.93 350m: 4:06.71 35.81			
100m: 1:04.80 34.45 200m: 2:18.26 37.16 300m: 3:30.90 36.71 400m: 4:43.37 36.66			

Prueba 31, Masc., 400m Libre, 17 - 18 años

Clasificación	Edad				Tiempo				Puntos	
13. GARCÍA AFONSO, Alexis	18				NFERROL				4:44.52	
50m:	31.04	31.04	150m:	1:41.19	35.89	250m:	2:55.35	36.95	350m:	4:08.41
100m:	1:05.30	34.26	200m:	2:18.40	37.21	300m:	3:32.68	37.33	400m:	4:44.52
14. BAO PURRIÑOS, Manuel	17				LICEO				4:46.53	
50m:	31.84	31.84	150m:	1:42.57	36.00	250m:	2:56.97	37.51	350m:	4:10.26
100m:	1:06.57	34.73	200m:	2:19.46	36.89	300m:	3:33.98	37.01	400m:	4:46.53

16 años

1. PATIÑO RÍOS, Jesús	16				RIVEIRA				4:26.97		11,00
50m:	30.49	30.49	150m:	1:38.16	34.41	250m:	2:46.47	34.29	350m:	3:54.32	33.65
100m:	1:03.75	33.26	200m:	2:12.18	34.02	300m:	3:20.67	34.20	400m:	4:26.97	32.65
2. RODRIGUEZ RAÑA, Miguel	16				RIASBAIXAS				4:27.02		10,00
50m:	31.75	31.75	150m:	1:39.22	33.99	250m:	2:47.54	34.18	350m:	3:55.09	33.20
100m:	1:05.23	33.48	200m:	2:13.36	34.14	300m:	3:21.89	34.35	400m:	4:27.02	31.93
3. PENAS CAYADO, Fernando	16				CASINOC				4:28.46		9,00
50m:	28.77	28.77	150m:	1:32.41	32.64	250m:	2:44.47	38.07	350m:	3:55.13	35.25
100m:	59.77	31.00	200m:	2:06.40	33.99	300m:	3:19.88	35.41	400m:	4:28.46	33.33
4. LOPEZ VARELA, Anton	16				ARZUA				4:33.50		4,00
50m:	30.90	30.90	150m:	1:39.80	34.84	250m:	2:50.49	35.57	350m:	4:01.16	35.05
100m:	1:04.96	34.06	200m:	2:14.92	35.12	300m:	3:26.11	35.62	400m:	4:33.50	32.34
5. QUIÑOY VEIGA, Alvaro	16				CIDSANTI				4:34.27		3,00
50m:	31.25	31.25	150m:	1:40.25	35.09	250m:	2:50.32	35.01	350m:	4:00.01	34.82
100m:	1:05.16	33.91	200m:	2:15.31	35.06	300m:	3:25.19	34.87	400m:	4:34.27	34.26
6. LOPEZ TURÍÑO, Hugo	16				LICEO				4:35.22		2,00
50m:	30.81	30.81	150m:	1:38.38	34.11	250m:	2:47.33	34.89	350m:	3:59.70	36.45
100m:	1:04.27	33.46	200m:	2:12.44	34.06	300m:	3:23.25	35.92	400m:	4:35.22	35.52
7. GAVIEIRO MONTERO, Sergio	16				PORTAMIÑA				4:40.97		-
50m:	31.95	31.95	150m:	1:42.87	36.20	250m:	2:53.99	35.44	350m:	4:05.82	35.81
100m:	1:06.67	34.72	200m:	2:18.55	35.68	300m:	3:30.01	36.02	400m:	4:40.97	35.15
8. GIL - RIVERA BARBEITO, Hugo	16				NCORUÑA				4:43.06		-
50m:	31.58	31.58	150m:	1:42.73	36.27	250m:	2:56.58	37.12	350m:	4:09.49	36.33
100m:	1:06.46	34.88	200m:	2:19.46	36.73	300m:	3:33.16	36.58	400m:	4:43.06	33.57
9. RODRIGUEZ ANTON, Adrian	16				RIASBAIXAS				4:44.38		-
50m:	31.51	31.51	150m:	1:42.73	36.49	250m:	2:55.11	35.09	350m:	4:07.85	36.40
100m:	1:06.24	34.73	200m:	2:20.02	37.29	300m:	3:31.45	36.34	400m:	4:44.38	36.53
10. GOMEZ RODRIGUEZ, Tomas	16				GALAICO				4:46.36		-
50m:	30.95	30.95	150m:	1:42.80	36.55	250m:	2:56.70	36.52	350m:	4:10.37	36.82
100m:	1:06.25	35.30	200m:	2:20.18	37.38	300m:	3:33.55	36.85	400m:	4:46.36	35.99
11. ÁLVAREZ RIVAS, Nicolás	16				RCNVIGO				4:47.68		-
50m:	31.47	31.47	150m:	1:43.42	36.55	250m:	2:57.09	37.26	350m:	4:12.49	37.46
100m:	1:06.87	35.40	200m:	2:19.83	36.41	300m:	3:35.03	37.94	400m:	4:47.68	35.19
12. CHAMORRO LÓPEZ, Guzmán	16				RCNVIGO				4:52.73		-
50m:	31.64	31.64	150m:	1:44.42	37.06	250m:	2:58.61	37.00	350m:	4:14.83	40.41
100m:	1:07.36	35.72	200m:	2:21.61	37.19	300m:	3:34.42	35.81	400m:	4:52.73	37.90
13. FREIRE ALVAREZ, Ivan	16				LICEO				4:54.75		-
50m:	32.40	32.40	150m:	1:44.26	36.78	250m:	3:00.29	38.37	350m:	4:17.18	38.67
100m:	1:07.48	35.08	200m:	2:21.92	37.66	300m:	3:38.51	38.22	400m:	4:54.75	37.57
WDR MUIÑO GARCÍA, Alejandro	16				LICEO						-