

Prueba 3  
08/02/2025

Fem., 400m Estilos

JUSE F  
Resultados

Clasificación	Edad								Tiempo		Puntos	
JUNI F												
1.	MOURENZA ROCHA, Sofia				18	PORTAMIÑA				5:08.19	19,00	
	50m:	33.36	33.36	150m:	1:52.79	41.89	250m:	3:14.30	41.99	350m:	4:32.01	36.81
	100m:	1:10.90	37.54	200m:	2:32.31	39.52	300m:	3:55.20	40.90	400m:	5:08.19	36.18
2.	ESTEVEZ MONTES, Naroa				17	PONTEAREAS				5:29.13	16,00	
	50m:	33.74	33.74	150m:	1:55.20	43.40	250m:	3:23.46	46.37	350m:	4:51.01	38.79
	100m:	1:11.80	38.06	200m:	2:37.09	41.89	300m:	4:12.22	48.76	400m:	5:29.13	38.12
3.	CABANAS DEL RIO, Carla				16	CASINOC				5:36.14	14,00	
	50m:	37.97	37.97	150m:	2:02.09	41.85	250m:	3:29.60	47.03	350m:	4:57.74	40.49
	100m:	1:20.24	42.27	200m:	2:42.57	40.48	300m:	4:17.25	47.65	400m:	5:36.14	38.40

SENI F										
1.	ALBES ALVARIÑO, Paula	22	NARON	5:16.88	-					
	50m: 33.54 33.54	150m: 1:53.08	40.18	250m: 3:17.22	45.32	350m: 4:40.42	37.17			
	100m: 1:12.90 39.36	200m: 2:31.90	38.82	300m: 4:03.25	46.03	400m: 5:16.88	36.46			

17 - 18 años												
1.	MOURENZA ROCHA, Sofia				18	PORTAMIÑA			5:08.19	19,00		
	50m:	33.36	33.36	150m:	1:52.79	41.89	250m:	3:14.30	41.99	350m:	4:32.01	36.81
	100m:	1:10.90	37.54	200m:	2:32.31	39.52	300m:	3:55.20	40.90	400m:	5:08.19	36.18
2.	ESTEVEZ MONTES, Naroa				17	PONTEAREAS			5:29.13	16,00		
	50m:	33.74	33.74	150m:	1:55.20	43.40	250m:	3:23.46	46.37	350m:	4:51.01	38.79
	100m:	1:11.80	38.06	200m:	2:37.09	41.89	300m:	4:12.22	48.76	400m:	5:29.13	38.12

16 años										
1.	CABANAS DEL RIO, Carla	16	CASINOC	5:36.14	14,00					
	50m: 37.97 37.97	150m: 2:02.09	41.85	250m: 3:29.60	47.03	350m: 4:57.74	40.49			
	100m: 1:20.24 42.27	200m: 2:42.57	40.48	300m: 4:17.25	47.65	400m: 5:36.14	38.40			