

Prueba 17  
08/02/2025

Fem., 1500m Libre

JUSE F  
Resultados

Clasificación

Edad

Tiempo Puntos

JUNI F

1.	MOURENZA ROCHA, Ines	18	PORTAMIÑA	17:39.43	19,00		
	50m: 32.17 32.17	450m: 5:11.13 35.01	850m: 9:54.69 35.57	1250m: 14:41.99 35.89			
	100m: 1:06.67 34.50	500m: 5:46.57 35.44	900m: 10:30.60 35.91	1300m: 15:18.06 36.07			
	150m: 1:41.33 34.66	550m: 6:21.88 35.31	950m: 11:06.35 35.75	1350m: 15:54.00 35.94			
	200m: 2:15.98 34.65	600m: 6:57.30 35.42	1000m: 11:42.00 35.65	1400m: 16:29.75 35.75			
	250m: 2:50.89 34.91	650m: 7:32.55 35.25	1050m: 12:18.04 36.04	1450m: 17:04.93 35.18			
	300m: 3:25.82 34.93	700m: 8:07.97 35.42	1100m: 12:54.06 36.02	1500m: 17:39.43 34.50			
	350m: 4:00.96 35.14	750m: 8:43.30 35.33	1150m: 13:30.02 35.96				
	400m: 4:36.12 35.16	800m: 9:19.12 35.82	1200m: 14:06.10 36.08				
2.	RODRÍGUEZ RODRÍGUEZ, Paula	17	ARTEIXO	18:42.96	16,00		
	50m: 33.86 33.86	450m: 5:30.03 37.23	850m: 10:31.17 37.78	1250m: 15:34.27 37.80			
	100m: 1:10.20 36.34	500m: 6:07.64 37.61	900m: 11:08.78 37.61	1300m: 16:12.60 38.33			
	150m: 1:47.00 36.80	550m: 6:44.81 37.17	950m: 11:46.60 37.82	1350m: 16:50.75 38.15			
	200m: 2:24.08 37.08	600m: 7:22.52 37.71	1000m: 12:24.55 37.95	1400m: 17:28.77 38.02			
	250m: 3:00.91 36.83	650m: 7:59.83 37.31	1050m: 13:02.22 37.67	1450m: 18:06.30 37.53			
	300m: 3:38.08 37.17	700m: 8:37.86 38.03	1100m: 13:40.36 38.14	1500m: 18:42.96 36.66			
	350m: 4:15.16 37.08	750m: 9:15.24 37.38	1150m: 14:18.24 37.88				
	400m: 4:52.80 37.64	800m: 9:53.39 38.15	1200m: 14:56.47 38.23				
3.	VILLARNOVO PAZOS, Lucia	17	NFERROL	18:50.85	14,00		
	50m: 33.01 33.01	450m: 5:28.33 37.45	850m: 10:30.36 38.01	1250m: 15:37.58 39.05			
	100m: 1:08.91 35.90	500m: 6:05.71 37.38	900m: 11:08.14 37.78	1300m: 16:16.38 38.80			
	150m: 1:45.55 36.64	550m: 6:43.31 37.60	950m: 11:46.28 38.14	1350m: 16:55.37 38.99			
	200m: 2:22.22 36.67	600m: 7:20.81 37.50	1000m: 12:24.15 37.87	1400m: 17:34.23 38.86			
	250m: 2:59.34 37.12	650m: 7:58.65 37.84	1050m: 13:02.65 38.50	1450m: 18:13.10 38.87			
	300m: 3:36.40 37.06	700m: 8:36.21 37.56	1100m: 13:41.01 38.36	1500m: 18:50.85 37.75			
	350m: 4:13.72 37.32	750m: 9:14.31 38.10	1150m: 14:19.75 38.74				
	400m: 4:50.88 37.16	800m: 9:52.35 38.04	1200m: 14:58.53 38.78				
4.	ESTEVEZ MONTES, Naroa	17	PONTEAREAS	19:03.63	13,00		
	50m: 34.05 34.05	450m: 5:34.64 38.58	850m: 10:42.23 38.67	1250m: 15:52.41 39.09			
	100m: 1:10.48 36.43	500m: 6:12.51 37.87	900m: 11:20.54 38.31	1300m: 16:31.10 38.69			
	150m: 1:47.82 37.34	550m: 6:51.31 38.80	950m: 11:59.14 38.60	1350m: 17:09.97 38.87			
	200m: 2:24.79 36.97	600m: 7:29.40 38.09	1000m: 12:37.78 38.64	1400m: 17:48.43 38.46			
	250m: 3:02.45 37.66	650m: 8:07.97 38.57	1050m: 13:16.76 38.98	1450m: 18:26.38 37.95			
	300m: 3:40.11 37.66	700m: 8:46.43 38.46	1100m: 13:55.62 38.86	1500m: 19:03.63 37.25			
	350m: 4:18.65 38.54	750m: 9:25.31 38.88	1150m: 14:34.45 38.83				
	400m: 4:56.06 37.41	800m: 10:03.56 38.25	1200m: 15:13.32 38.87				
5.	MUÑOZ GAVINO, Paula	17	PORTAMIÑA	19:12.02	12,00		
	50m: 33.98 33.98	450m: 5:38.53 38.54	850m: 10:47.33 38.39	1250m: 15:58.51 38.51			
	100m: 1:10.66 36.68	500m: 6:17.38 38.85	900m: 11:26.23 38.90	1300m: 16:37.71 39.20			
	150m: 1:48.23 37.57	550m: 6:55.73 38.35	950m: 12:05.18 38.95	1350m: 17:16.62 38.91			
	200m: 2:26.17 37.94	600m: 7:34.29 38.56	1000m: 12:43.93 38.75	1400m: 17:55.88 39.26			
	250m: 3:04.42 38.25	650m: 8:12.81 38.52	1050m: 13:22.66 38.73	1450m: 18:34.26 38.38			
	300m: 3:43.22 38.80	700m: 8:51.65 38.84	1100m: 14:01.87 39.21	1500m: 19:12.02 37.76			
	350m: 4:21.53 38.31	750m: 9:30.23 38.58	1150m: 14:40.98 39.11				
	400m: 4:59.99 38.46	800m: 10:08.94 38.71	1200m: 15:20.00 39.02				
6.	PARDAVILA DAVILA, Ainoa	17	RIASBAIXAS	19:28.63	11,00		
	50m: 34.38 34.38	450m: 5:42.07 38.84	850m: 10:53.23 39.22	1250m: 16:09.44 39.73			
	100m: 1:11.88 37.50	500m: 6:20.72 38.65	900m: 11:32.08 38.85	1300m: 16:49.06 39.62			
	150m: 1:50.03 38.15	550m: 6:59.65 38.93	950m: 12:11.86 39.78	1350m: 17:29.05 39.99			
	200m: 2:28.53 38.50	600m: 7:38.51 38.86	1000m: 12:51.25 39.39	1400m: 18:09.02 39.97			
	250m: 3:07.02 38.49	650m: 8:17.25 38.74	1050m: 13:30.96 39.71	1450m: 18:49.21 40.19			
	300m: 3:45.81 38.79	700m: 8:56.32 39.07	1100m: 14:10.66 39.70	1500m: 19:28.63 39.42			
	350m: 4:24.36 38.55	750m: 9:35.11 38.79	1150m: 14:50.42 39.76				
	400m: 5:03.23 38.87	800m: 10:14.01 38.90	1200m: 15:29.71 39.29				

Prueba 17, Fem., 1500m Libre, JUNI F

Clasificación	Edad				Tiempo				Puntos
7. RODRÍGUEZ RODRÍGUEZ, Carla	16				ARTEIXO				20:35.63 -
50m:	37.76	37.76	450m:	6:07.99	41.92	850m:	11:41.46	41.49	1250m: 17:13.39 41.24
100m:	1:18.03	40.27	500m:	6:50.14	42.15	900m:	12:22.52	41.06	1300m: 17:54.57 41.18
150m:	1:58.85	40.82	550m:	7:31.60	41.46	950m:	13:04.26	41.74	1350m: 18:35.50 40.93
200m:	2:39.88	41.03	600m:	8:12.89	41.29	1000m:	13:45.33	41.07	1400m: 19:16.84 41.34
250m:	3:21.42	41.54	650m:	8:54.31	41.42	1050m:	14:27.14	41.81	1450m: 19:57.10 40.26
300m:	4:02.67	41.25	700m:	9:36.21	41.90	1100m:	15:08.73	41.59	1500m: 20:35.63 38.53
350m:	4:44.29	41.62	750m:	10:18.30	42.09	1150m:	15:50.29	41.56	
400m:	5:26.07	41.78	800m:	10:59.97	41.67	1200m:	16:32.15	41.86	

SENI F

1. FARO MARTINEZ, Carla	22				PONTEAREAS				18:10.30 -
50m:	32.89	32.89	450m:	5:22.09	35.94	850m:	10:12.92	36.27	1250m: 15:07.04 37.05
100m:	1:07.96	35.07	500m:	5:58.78	36.69	900m:	10:49.71	36.79	1300m: 15:44.30 37.26
150m:	1:43.81	35.85	550m:	6:35.13	36.35	950m:	11:25.85	36.14	1350m: 16:21.25 36.95
200m:	2:20.24	36.43	600m:	7:11.64	36.51	1000m:	12:02.46	36.61	1400m: 16:58.03 36.78
250m:	2:56.53	36.29	650m:	7:47.76	36.12	1050m:	12:39.36	36.90	1450m: 17:33.71 35.68
300m:	3:33.19	36.66	700m:	8:24.17	36.41	1100m:	13:16.42	37.06	1500m: 18:10.30 36.59
350m:	4:09.54	36.35	750m:	9:00.22	36.05	1150m:	13:52.91	36.49	
400m:	4:46.15	36.61	800m:	9:36.65	36.43	1200m:	14:29.99	37.08	
2. PARDO CHAS, Eva	21				NFERROL				18:37.94 -
50m:	33.71	33.71	450m:	5:29.82	37.28	850m:	10:30.09	37.56	1250m: 15:30.26 37.62
100m:	1:09.64	35.93	500m:	6:07.15	37.33	900m:	11:07.87	37.78	1300m: 16:07.94 37.68
150m:	1:46.54	36.90	550m:	6:44.64	37.49	950m:	11:45.21	37.34	1350m: 16:45.54 37.60
200m:	2:23.50	36.96	600m:	7:22.22	37.58	1000m:	12:22.79	37.58	1400m: 17:23.16 37.62
250m:	3:00.79	37.29	650m:	7:59.68	37.46	1050m:	13:00.10	37.31	1450m: 18:00.86 37.70
300m:	3:37.90	37.11	700m:	8:37.12	37.44	1100m:	13:37.56	37.46	1500m: 18:37.94 37.08
350m:	4:15.10	37.20	750m:	9:14.76	37.64	1150m:	14:15.24	37.68	
400m:	4:52.54	37.44	800m:	9:52.53	37.77	1200m:	14:52.64	37.40	

17 - 18 años

1. MOURENZA ROCHA, Ines	18				PORTAMIÑA				17:39.43 19,00
50m:	32.17	32.17	450m:	5:11.13	35.01	850m:	9:54.69	35.57	1250m: 14:41.99 35.89
100m:	1:06.67	34.50	500m:	5:46.57	35.44	900m:	10:30.60	35.91	1300m: 15:18.06 36.07
150m:	1:41.33	34.66	550m:	6:21.88	35.31	950m:	11:06.35	35.75	1350m: 15:54.00 35.94
200m:	2:15.98	34.65	600m:	6:57.30	35.42	1000m:	11:42.00	35.65	1400m: 16:29.75 35.75
250m:	2:50.89	34.91	650m:	7:32.55	35.25	1050m:	12:18.04	36.04	1450m: 17:04.93 35.18
300m:	3:25.82	34.93	700m:	8:07.97	35.42	1100m:	12:54.06	36.02	1500m: 17:39.43 34.50
350m:	4:00.96	35.14	750m:	8:43.30	35.33	1150m:	13:30.02	35.96	
400m:	4:36.12	35.16	800m:	9:19.12	35.82	1200m:	14:06.10	36.08	
2. RODRÍGUEZ RODRÍGUEZ, Paula	17				ARTEIXO				18:42.96 16,00
50m:	33.86	33.86	450m:	5:30.03	37.23	850m:	10:31.17	37.78	1250m: 15:34.27 37.80
100m:	1:10.20	36.34	500m:	6:07.64	37.61	900m:	11:08.78	37.61	1300m: 16:12.60 38.33
150m:	1:47.00	36.80	550m:	6:44.81	37.17	950m:	11:46.60	37.82	1350m: 16:50.75 38.15
200m:	2:24.08	37.08	600m:	7:22.52	37.71	1000m:	12:24.55	37.95	1400m: 17:28.77 38.02
250m:	3:00.91	36.83	650m:	7:59.83	37.31	1050m:	13:02.22	37.67	1450m: 18:06.30 37.53
300m:	3:38.08	37.17	700m:	8:37.86	38.03	1100m:	13:40.36	38.14	1500m: 18:42.96 36.66
350m:	4:15.16	37.08	750m:	9:15.24	37.38	1150m:	14:18.24	37.88	
400m:	4:52.80	37.64	800m:	9:53.39	38.15	1200m:	14:56.47	38.23	
3. VILLARNOVO PAZOS, Lucia	17				NFERROL				18:50.85 14,00
50m:	33.01	33.01	450m:	5:28.33	37.45	850m:	10:30.36	38.01	1250m: 15:37.58 39.05
100m:	1:08.91	35.90	500m:	6:05.71	37.38	900m:	11:08.14	37.78	1300m: 16:16.38 38.80
150m:	1:45.55	36.64	550m:	6:43.31	37.60	950m:	11:46.28	38.14	1350m: 16:55.37 38.99
200m:	2:22.22	36.67	600m:	7:20.81	37.50	1000m:	12:24.15	37.87	1400m: 17:34.23 38.86
250m:	2:59.34	37.12	650m:	7:58.65	37.84	1050m:	13:02.65	38.50	1450m: 18:13.10 38.87
300m:	3:36.40	37.06	700m:	8:36.21	37.56	1100m:	13:41.01	38.36	1500m: 18:50.85 37.75
350m:	4:13.72	37.32	750m:	9:14.31	38.10	1150m:	14:19.75	38.74	
400m:	4:50.88	37.16	800m:	9:52.35	38.04	1200m:	14:58.53	38.78	

Prueba 17, Fem., 1500m Libre, 17 - 18 años

Clasificación	Edad				Tiempo		Puntos	
4. ESTEVEZ MONTES, Naroa	17				PONTEAREAS	19:03.63	13,00	
50m:	34.05	34.05	450m:	5:34.64	38.58	850m:	10:42.23	38.67
100m:	1:10.48	36.43	500m:	6:12.51	37.87	900m:	11:20.54	38.31
150m:	1:47.82	37.34	550m:	6:51.31	38.80	950m:	11:59.14	38.60
200m:	2:24.79	36.97	600m:	7:29.40	38.09	1000m:	12:37.78	38.64
250m:	3:02.45	37.66	650m:	8:07.97	38.57	1050m:	13:16.76	38.98
300m:	3:40.11	37.66	700m:	8:46.43	38.46	1100m:	13:55.62	38.86
350m:	4:18.65	38.54	750m:	9:25.31	38.88	1150m:	14:34.45	38.83
400m:	4:56.06	37.41	800m:	10:03.56	38.25	1200m:	15:13.32	38.87
5. MUÑOZ GAVINO, Paula	17				PORTAMIÑA	19:12.02	12,00	
50m:	33.98	33.98	450m:	5:38.53	38.54	850m:	10:47.33	38.39
100m:	1:10.66	36.68	500m:	6:17.38	38.85	900m:	11:26.23	38.90
150m:	1:48.23	37.57	550m:	6:55.73	38.35	950m:	12:05.18	38.95
200m:	2:26.17	37.94	600m:	7:34.29	38.56	1000m:	12:43.93	38.75
250m:	3:04.42	38.25	650m:	8:12.81	38.52	1050m:	13:22.66	38.73
300m:	3:43.22	38.80	700m:	8:51.65	38.84	1100m:	14:01.87	39.21
350m:	4:21.53	38.31	750m:	9:30.23	38.58	1150m:	14:40.98	39.11
400m:	4:59.99	38.46	800m:	10:08.94	38.71	1200m:	15:20.00	39.02
6. PARDAVILA DAVILA, Ainoa	17				RIASBAIXAS	19:28.63	11,00	
50m:	34.38	34.38	450m:	5:42.07	38.84	850m:	10:53.23	39.22
100m:	1:11.88	37.50	500m:	6:20.72	38.65	900m:	11:32.08	38.85
150m:	1:50.03	38.15	550m:	6:59.65	38.93	950m:	12:11.86	39.78
200m:	2:28.53	38.50	600m:	7:38.51	38.86	1000m:	12:51.25	39.39
250m:	3:07.02	38.49	650m:	8:17.25	38.74	1050m:	13:30.96	39.71
300m:	3:45.81	38.79	700m:	8:56.32	39.07	1100m:	14:10.66	39.70
350m:	4:24.36	38.55	750m:	9:35.11	38.79	1150m:	14:50.42	39.76
400m:	5:03.23	38.87	800m:	10:14.01	38.90	1200m:	15:29.71	39.29

16 años

1. RODRÍGUEZ RODRÍGUEZ, Carla	16				ARTEIXO	20:35.63	-	
50m:	37.76	37.76	450m:	6:07.99	41.92	850m:	11:41.46	41.49
100m:	1:18.03	40.27	500m:	6:50.14	42.15	900m:	12:22.52	41.06
150m:	1:58.85	40.82	550m:	7:31.60	41.46	950m:	13:04.26	41.74
200m:	2:39.88	41.03	600m:	8:12.89	41.29	1000m:	13:45.33	41.07
250m:	3:21.42	41.54	650m:	8:54.31	41.42	1050m:	14:27.14	41.81
300m:	4:02.67	41.25	700m:	9:36.21	41.90	1100m:	15:08.73	41.59
350m:	4:44.29	41.62	750m:	10:18.30	42.09	1150m:	15:50.29	41.56
400m:	5:26.07	41.78	800m:	10:59.97	41.67	1200m:	16:32.15	41.86