

Prueba 17  
28/12/2024

Masc., 400m Libre

Absoluto Masculino  
Resultados

RG	3:50.73	, REGUEIRA SUAREZ, RUFINO	RIVEIRA	02/12/2010
RC	3:50.95	, REGUEIRA SUAREZ, RUFINO	RIVEIRA	27/12/2008
MMG 18	3:50.95	, REGUEIRA SUAREZ, RUFINO	RIVEIRA	27/12/2008
MMG 17	3:54.73	, GARCÍA CASTRO, MATEO	ARTEIXO	17/12/2022
MMG 16	3:54.44	, TOME SANLES, MANUEL	RIVEIRA	28/12/2015
MMG 15	3:59.42	, TOME SANLES, MANUEL	RIVEIRA	19/12/2014
MMG 14	4:08.23	, LAGES BRION, ALEXANDRE	RIVEIRA	28/12/2015
MMG 13	4:21.21	, CARNEIRO VIQUEIRA, XABIER	CNLICEO	28/12/2013

Clasificación

Edad

Tiempo

ABSOJUNI

RG

1. GARCÍA CASTRO, Mateo	19	C. N. ARTEIXO	<b>3:49.65</b>	27,00	
50m: 26.58 26.58	150m: 1:24.42 29.04	250m: 2:23.00 29.34	350m: 3:21.56 29.27		
100m: 55.38 28.80	200m: 1:53.66 29.24	300m: 2:52.29 29.29	400m: 3:49.65 28.09		
2. MANEIROS PAZ, Mario	18	C. N. FERROL	<b>4:06.90</b>	16,00	
50m: 27.02 27.02	150m: 1:27.54 30.82	250m: 2:30.99 31.84	350m: 3:35.43 32.30		
100m: 56.72 29.70	200m: 1:59.15 31.61	300m: 3:03.13 32.14	400m: 4:06.90 31.47		
3. SOUTO RAMOS, Manuel	17	SPORTING CASINO	<b>4:07.01</b>	14,00	
50m: 28.38 28.38	150m: 1:29.69 30.90	250m: 2:32.58 31.72	350m: 3:35.84 31.48		
100m: 58.79 30.41	200m: 2:00.86 31.17	300m: 3:04.36 31.78	400m: 4:07.01 31.17		
4. CIVEIRA CORRAL, Raul	22	PABELLON OURENSE	<b>4:07.57</b>	13,00	
50m: 28.29 28.29	150m: 1:29.33 30.91	250m: 2:32.61 31.63	350m: 3:37.45 32.28		
100m: 58.42 30.13	200m: 2:00.98 31.65	300m: 3:05.17 32.56	400m: 4:07.57 30.12		
5. PEREZ FERNANDEZ, Brais	17	C. N. PORTAMIÑA	<b>4:09.58</b>	12,00	
50m: 27.75 27.75	150m: 1:29.59 31.87	250m: 2:32.91 31.73	350m: 3:37.95 32.40		
100m: 57.72 29.97	200m: 2:01.18 31.59	300m: 3:05.55 32.64	400m: 4:09.58 31.63		
6. GOMEZ LIMIA, Pablo	18	C. N. CORUÑA	<b>4:10.53</b>	11,00	
50m: 27.96 27.96	150m: 1:31.31 32.05	250m: 2:35.21 31.61	350m: 3:40.06 32.42		
100m: 59.26 31.30	200m: 2:03.60 32.29	300m: 3:07.64 32.43	400m: 4:10.53 30.47		
7. ALONSO VIDAL, Teo	17	VIGO RIAS BAIXAS	<b>4:13.74</b>	10,00	
50m: 28.11 28.11	150m: 1:30.77 31.92	250m: 2:35.81 32.70	350m: 3:41.60 32.93		
100m: 58.85 30.74	200m: 2:03.11 32.34	300m: 3:08.67 32.86	400m: 4:13.74 32.14		
8. INFESTAS CARAZO, Samuel	21	C. N. GALAICO	<b>4:16.04</b>	9,00	
50m: 28.80 28.80	150m: 1:32.71 32.25	250m: 2:37.60 32.66	350m: 3:43.68 33.02		
100m: 1:00.46 31.66	200m: 2:04.94 32.23	300m: 3:10.66 33.06	400m: 4:16.04 32.36		
9. DEL RIO REGUEIRA, Marcos	31	C. N. ARTEIXO	<b>4:16.55</b>	8,00	
50m: 29.39 29.39	150m: 1:33.83 32.46	250m: 2:39.34 32.74	350m: 3:44.98 33.11		
100m: 1:01.37 31.98	200m: 2:06.60 32.77	300m: 3:11.87 32.53	400m: 4:16.55 31.57		
10. DIAZ RODRIGUEZ, Ivan	16	C. N. PORTAMIÑA	<b>4:16.93</b>	7,00	
50m: 28.33 28.33	150m: 1:32.20 32.64	250m: 2:38.39 33.08	350m: 3:45.40 33.61		
100m: 59.56 31.23	200m: 2:05.31 33.11	300m: 3:11.79 33.40	400m: 4:16.93 31.53		
11. TIMIRAOS FERNANDEZ, Marcos	19	C. N. PORTAMIÑA	<b>4:16.94</b>	-	
50m: 29.12 29.12	150m: 1:33.33 32.43	250m: 2:38.48 32.74	350m: 3:44.77 33.13		
100m: 1:00.90 31.78	200m: 2:05.74 32.41	300m: 3:11.64 33.16	400m: 4:16.94 32.17		
12. PEDRE SALIDO, Julio	21	C. N. FERROL	<b>4:18.18</b>	6,00	
50m: 28.67 28.67	150m: 1:33.79 32.86	250m: 2:39.97 33.14	350m: 3:46.21 32.99		
100m: 1:00.93 32.26	200m: 2:06.83 33.04	300m: 3:13.22 33.25	400m: 4:18.18 31.97		
13. PEREZ PAZ, Dario	19	C. N. PONTEAREAS	<b>4:18.79</b>	5,00	
50m: 29.05 29.05	150m: 1:35.11 33.34	250m: 2:41.26 32.83	350m: 3:46.27 32.36		
100m: 1:01.77 32.72	200m: 2:08.43 33.32	300m: 3:13.91 32.65	400m: 4:18.79 32.52		
14. GARRIDO BRUN, Jacobo	22	C. N. PANAS	<b>4:18.94</b>	4,00	
50m: 29.09 29.09	150m: 1:33.44 32.54	250m: 2:39.98 33.22	350m: 3:46.89 33.30		
100m: 1:00.90 31.81	200m: 2:06.76 33.32	300m: 3:13.59 33.61	400m: 4:18.94 32.05		

Prueba 17, Masc., 400m Libre, Absoluto Masculino

Clasificación	Edad				Tiempo				ABSOJUNI			
15. MENDEZ-BENEGASSI FDEZ., Adrian	16	C. N. GALAICO	<b>4:20.54</b>	3,00								
50m: 28.27 28.27	150m: 1:32.30	32.56	250m: 2:39.23	33.66	350m: 3:48.46	34.88						
100m: 59.74 31.47	200m: 2:05.57	33.27	300m: 3:13.58	34.35	400m: 4:20.54	32.08						
16. CUBEIRO ROSENDE, Xoel	17	C. N. LICEO	<b>4:20.64</b>	2,00								
50m: 28.77 28.77	150m: 1:33.61	32.61	250m: 2:40.43	33.20	350m: 3:48.38	34.28						
100m: 1:01.00 32.23	200m: 2:07.23	33.62	300m: 3:14.10	33.67	400m: 4:20.64	32.26						
17. GARCÍA AFONSO, Alexis	17	C. N. FERROL	<b>4:21.19</b>	-								
50m: 29.16 29.16	150m: 1:33.67	32.83	250m: 2:40.52	33.31	350m: 3:48.25	33.86						
100m: 1:00.84 31.68	200m: 2:07.21	33.54	300m: 3:14.39	33.87	400m: 4:21.19	32.94						
18. PREGO GROBA, Brais	16	C. N. PONTEAREAS	<b>4:21.26</b>	1,00								
50m: 29.05 29.05	150m: 1:34.64	33.26	250m: 2:41.06	33.26	350m: 3:47.72	33.05						
100m: 1:01.38 32.33	200m: 2:07.80	33.16	300m: 3:14.67	33.61	400m: 4:21.26	33.54						
19. SANCHEZ GONZALEZ, Samuel	15	VIGO RIAS BAIXAS	<b>4:22.91</b>	-								
50m: 29.89 29.89	150m: 1:36.11	33.85	250m: 2:43.56	33.51	350m: 3:51.28	33.91						
100m: 1:02.26 32.37	200m: 2:10.05	33.94	300m: 3:17.37	33.81	400m: 4:22.91	31.63						
20. RODRIGUEZ RAÑA, Miguel	15	VIGO RIAS BAIXAS	<b>4:23.37</b>	-								
50m: 29.03 29.03	150m: 1:35.21	34.28	250m: 2:43.20	33.99	350m: 3:50.70	33.68						
100m: 1:00.93 31.90	200m: 2:09.21	34.00	300m: 3:17.02	33.82	400m: 4:23.37	32.67						
21. LEIROS FERNANDEZ, Lucas	16	C. N. PONTEAREAS	<b>4:23.64</b>	-								
50m: 29.30 29.30	150m: 1:35.77	34.03	250m: 2:43.01	33.56	350m: 3:51.24	34.34						
100m: 1:01.74 32.44	200m: 2:09.45	33.68	300m: 3:16.90	33.89	400m: 4:23.64	32.40						
22. GIL-RIVERA BARBEITO, Pablo	18	CIDADE SANTIAGO	<b>4:24.92</b>	-								
50m: 29.13 29.13	150m: 1:34.82	33.23	250m: 2:43.39	34.50	350m: 3:51.71	33.34						
100m: 1:01.59 32.46	200m: 2:08.89	34.07	300m: 3:18.37	34.98	400m: 4:24.92	33.21						
23. GUTIERREZ MARÍÑO, Santiago	22	PABELLON OURENSE	<b>4:25.47</b>	-								
50m: 29.76 29.76	150m: 1:34.92	32.97	250m: 2:42.13	33.73	350m: 3:51.31	34.83						
100m: 1:01.95 32.19	200m: 2:08.40	33.48	300m: 3:16.48	34.35	400m: 4:25.47	34.16						
24. GUERRA SAAVEDRA, Uxio	14	CIDADE SANTIAGO	<b>4:26.76</b>	-								
50m: 31.17 31.17	150m: 1:38.20	33.82	250m: 2:46.26	33.64	350m: 3:54.57	33.71						
100m: 1:04.38 33.21	200m: 2:12.62	34.42	300m: 3:20.86	34.60	400m: 4:26.76	32.19						
ALVAREZ VAZQUEZ, Sergio	15	VIGO RIAS BAIXAS	<b>4:26.76</b>	-								
50m: 29.97 29.97	150m: 1:35.68	33.82	250m: 2:44.14	34.64	350m: 3:53.35	34.05						
100m: 1:01.86 31.89	200m: 2:09.50	33.82	300m: 3:19.30	35.16	400m: 4:26.76	33.41						
26. RODRÍGUEZ RODRÍGUEZ, Germán	19	C. N. FERROL	<b>4:27.18</b>	-								
50m: 28.68 28.68	150m: 1:34.67	33.81	250m: 2:43.50	34.71	350m: 3:53.46	35.01						
100m: 1:00.86 32.18	200m: 2:08.79	34.12	300m: 3:18.45	34.95	400m: 4:27.18	33.72						
27. LOPEZ VARELA, Anton	15	C. N. ARZUA	<b>4:28.72</b>	-								
50m: 29.00 29.00	150m: 1:35.93	34.05	250m: 2:44.51	34.19	350m: 3:54.72	35.17						
100m: 1:01.88 32.88	200m: 2:10.32	34.39	300m: 3:19.55	35.04	400m: 4:28.72	34.00						
28. ROCHA GONZALEZ, Olivier	16	C. N. GALAICO	<b>4:34.63</b>	-								
50m: 29.78 29.78	150m: 1:36.43	33.75	250m: 2:45.91	35.13	350m: 3:58.55	36.70						
100m: 1:02.68 32.90	200m: 2:10.78	34.35	300m: 3:21.85	35.94	400m: 4:34.63	36.08						
Baja PARDO PERNAS, Martin	22	C. FLUVIAL LUGO	-									
Baja MASSO ROIG, Martin	17	VIGO RIAS BAIXAS	-									
Baja AVILES ZHUAVLEV, Santiago	20	SPORTING CASINO	-									
Baja PENAS CAYADO, Fernando	15	SPORTING CASINO	-									