

Prueba 3
07/12/2024

Masc., 3000m Libre

JUNIOR 1 MASCULINO LD
Resultados

Clasificación

Edad

Marca

1.	LEIROS FERNANDEZ, Lucas	16	PONTEA	34:19.34	19,00
	50m: 32.00 32.00 200m: 2:11.68 1:06.77 800m: 8:53.04 4:29.07 3000m: 34:19.34 17:21.11				
	100m: 1:04.91 32.91 400m: 4:23.97 2:12.29 1500m: 16:58.23 8:05.19				
2.	PENAS CAYADO, Fernando	15	Sporting C. Casino	34:28.32	16,00
	50m: 32.75 32.75 200m: 2:12.48 1:06.74 800m: 8:57.00 4:30.43 3000m: 34:28.32 17:28.43				
	100m: 1:05.74 32.99 400m: 4:26.57 2:14.09 1500m: 16:59.89 8:02.89				
3.	LOPEZ TURÍÑO, Hugo	15	LICEO	34:48.96	14,00
	50m: 32.12 32.12 200m: 2:14.38 1:08.85 800m: 9:11.93 4:39.12 3000m: 34:48.96 17:31.81				
	100m: 1:05.53 33.41 400m: 4:32.81 2:18.43 1500m: 17:17.15 8:05.22				
4.	SANCHEZ GONZALEZ, Samuel	15	RBAIXAS	35:03.60	13,00
	50m: 33.57 33.57 200m: 2:16.78 1:08.95 800m: 9:12.87 4:37.90 3000m: 35:03.60 17:43.87				
	100m: 1:07.83 34.26 400m: 4:34.97 2:18.19 1500m: 17:19.73 8:06.86				
5.	DIAZ RODRIGUEZ, Ivan	16	C. N. Portamiñá Lugo	35:05.81	12,00
	50m: 31.50 31.50 200m: 2:11.61 1:07.08 800m: 8:59.93 4:38.12 3000m: 35:05.81 17:58.58				
	100m: 1:04.53 33.03 400m: 4:21.81 2:10.20 1500m: 17:07.23 8:07.30				
6.	ALVAREZ VAZQUEZ, Sergio	15	RBAIXAS	35:12.11	11,00
	50m: 34.50 34.50 200m: 2:16.65 1:08.31 800m: 9:12.67 4:37.77 3000m: 35:12.11 17:52.16				
	100m: 1:08.34 33.84 400m: 4:34.90 2:18.25 1500m: 17:19.95 8:07.28				
7.	PREGO GROBA, Brais	16	PONTEA	35:16.10	10,00
	50m: 33.26 33.26 200m: 2:15.30 1:08.02 800m: 9:13.83 4:39.54 3000m: 35:16.10 17:53.13				
	100m: 1:07.28 34.02 400m: 4:34.29 2:18.99 1500m: 17:22.97 8:09.14				
8.	RODRIGUEZ RAÑA, Miguel	15	RBAIXAS	35:41.86	-
	50m: 35.52 35.52 200m: 2:24.39 1:12.65 800m: 9:35.79 4:47.03 3000m: 35:41.86 17:45.42				
	100m: 1:11.74 36.22 400m: 4:48.76 2:24.37 1500m: 17:56.44 8:20.65				
9.	PATÍÑO RÍOS, Jesús	15	C.N. Riveira	36:37.55	9,00
	50m: 32.61 32.61 200m: 2:14.47 1:08.82 800m: 9:12.19 4:38.97 3000m: 36:37.55 19:08.83				
	100m: 1:05.65 33.04 400m: 4:33.22 2:18.75 1500m: 17:28.72 8:16.53				
10.	ROCHA GONZALEZ, Olivier	16	GALAICO	36:50.44	8,00
	50m: 34.15 34.15 200m: 2:16.97 1:08.00 800m: 9:38.19 4:57.65 3000m: 36:50.44 18:31.04				
	100m: 1:08.97 34.82 400m: 4:40.54 2:23.57 1500m: 18:19.40 8:41.21				
11.	FREIRE ALVAREZ, Ivan	15	LICEO	36:50.54	7,00
	50m: 34.07 34.07 200m: 2:20.97 1:12.08 800m: 9:47.62 4:57.63 3000m: 36:50.54 18:20.00				
	100m: 1:08.89 34.82 400m: 4:49.99 2:29.02 1500m: 18:30.54 8:42.92				
12.	COBELAS ALVAREZ, Alvaro	16	POURENSE	37:19.26	6,00
	50m: 34.32 34.32 200m: 2:24.08 1:14.12 800m: 9:54.85 5:00.45 3000m: 37:19.26 18:40.97				
	100m: 1:09.96 35.64 400m: 4:54.40 2:30.32 1500m: 18:38.29 8:43.44				
13.	MENDEZ-BENEGASSI FDEZ., Adrian	16	GALAICO	37:27.76	5,00
	50m: 33.64 33.64 200m: 2:15.17 1:08.24 800m: 9:12.99 4:39.32 3000m: 37:27.76 19:37.66				
	100m: 1:06.93 33.29 400m: 4:33.67 2:18.50 1500m: 17:50.10 8:37.11				
14.	BAO PURRIÑOS, Manuel	16	LICEO	37:39.68	-
	50m: 34.36 34.36 200m: 2:19.90 1:10.79 800m: 9:35.97 4:51.82 3000m: 37:39.68 19:20.71				
	100m: 1:09.11 34.75 400m: 4:44.15 2:24.25 1500m: 18:18.97 8:43.00				
15.	GARCIA AROCHENA, Jacobo Javier	15	C. N. Coruña	37:47.61	4,00
	50m: 34.31 34.31 200m: 2:21.53 1:11.64 800m: 9:40.37 4:53.60 3000m: 37:47.61 19:13.99				
	100m: 1:09.89 35.58 400m: 4:46.77 2:25.24 1500m: 18:33.62 8:53.25				

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Clasificación				Edad						Marca				
16. MOREIRA REY, Luis				15 RBAIXAS						39:26.24 -				
50m:		33.67	33.67	200m:		2:18.83	1:10.77	800m:		9:48.52	5:03.06	3000m:	39:26.24	20:35.14
100m:		1:08.06	34.39	400m:		4:45.46	2:26.63	1500m:		18:51.10	9:02.58			