

Todas las pruebas

Todos, Abs.

| | | |
|---------------------------|-------|--------|
| 1. C. N. Galaico | 00784 | 112,00 |
| 2. Sporting C. Casino | 00287 | 86,00 |
| 3. C. N. Ponteareas | 00878 | 77,00 |
| 4. C. N. Vigo Rías Baixas | 00765 | 70,00 |
| 5. C. N. Pabellón Ourense | 00101 | 66,00 |
| 6. C. N. Ferrol | 00674 | 64,00 |
| 7. C. N. Arteixo | 01133 | 54,00 |
| 8. C. N. Portamiñá Lugo | 01156 | 53,00 |
| 9. C. N. Liceo | 01269 | 47,00 |
| 10. C. Marina Ferrol | 00146 | 25,00 |
| 11. C.N. Riveira | 00769 | 23,00 |
| 12. Agrup. Dep. Fogar | 00617 | 22,00 |
| 13. C. N. Coruña | 00186 | 17,00 |
| 14. C. N. Culleredo | 01433 | 14,00 |

Masc., Abs.

| | | |
|---------------------------|-------|-------|
| 1. Sporting C. Casino | 00287 | 74,00 |
| 2. C. N. Galaico | 00784 | 61,00 |
| 3. C. N. Ponteareas | 00878 | 49,00 |
| 4. C. N. Vigo Rías Baixas | 00765 | 45,00 |
| 5. C. N. Liceo | 01269 | 37,00 |
| C. N. Pabellón Ourense | 00101 | 37,00 |
| 7. C. N. Ferrol | 00674 | 35,00 |
| 8. C. N. Portamiñá Lugo | 01156 | 26,00 |
| 9. C. Marina Ferrol | 00146 | 20,00 |
| 10. C. N. Arteixo | 01133 | 19,00 |
| 11. C. N. Coruña | 00186 | 17,00 |
| 12. Agrup. Dep. Fogar | 00617 | 13,00 |
| 13. C.N. Riveira | 00769 | 9,00 |

Fem., Abs.

| | | |
|---------------------------|-------|-------|
| 1. C. N. Galaico | 00784 | 51,00 |
| 2. C. N. Arteixo | 01133 | 35,00 |
| 3. C. N. Pabellón Ourense | 00101 | 29,00 |
| C. N. Ferrol | 00674 | 29,00 |
| 5. C. N. Ponteareas | 00878 | 28,00 |
| 6. C. N. Portamiñá Lugo | 01156 | 27,00 |
| 7. C. N. Vigo Rías Baixas | 00765 | 25,00 |
| 8. C. N. Culleredo | 01433 | 14,00 |
| C.N. Riveira | 00769 | 14,00 |
| 10. Sporting C. Casino | 00287 | 12,00 |
| 11. C. N. Liceo | 01269 | 10,00 |
| 12. Agrup. Dep. Fogar | 00617 | 9,00 |
| 13. C. Marina Ferrol | 00146 | 5,00 |

Prueba 1
07/12/2024

Masc., 2000m Libre

INFANTIL MASCULINO LD
Resultados

| Clasificación | | | Edad | | | | | | | Marca | | |
|---------------|---------------------------------|---------|-------|----------------------|---------|---------|--------|----------|---------|-----------------|----------|---------|
| 1. | SUAREZ MARTINEZ, Pedro | | 14 | Sporting C. Casino | | | | | | 23:29.55 | 19,00 | |
| | 50m: | 32.56 | 32.56 | 200m: | 2:15.55 | 1:09.10 | 800m: | 9:21.59 | 4:46.68 | 2000m: | 23:29.55 | 5:49.24 |
| | 100m: | 1:06.45 | 33.89 | 400m: | 4:34.91 | 2:19.36 | 1500m: | 17:40.31 | 8:18.72 | | | |
| 2. | BRAÑAS VILLAR, Alejandro José | | 14 | NFERROL | | | | | | 23:30.12 | 16,00 | |
| | 50m: | 33.97 | 33.97 | 200m: | 2:19.72 | 1:11.35 | 800m: | 9:22.62 | 4:41.18 | 2000m: | 23:30.12 | 5:51.21 |
| | 100m: | 1:08.37 | 34.40 | 400m: | 4:41.44 | 2:21.72 | 1500m: | 17:38.91 | 8:16.29 | | | |
| 3. | FERNANDEZ ABEL, Adrian | | 13 | C. N. Portamiñá Lugo | | | | | | 23:34.42 | 14,00 | |
| | 50m: | 34.82 | 34.82 | 200m: | 2:21.52 | 1:11.94 | 800m: | 9:31.50 | 4:47.27 | 2000m: | 23:34.42 | 5:48.58 |
| | 100m: | 1:09.58 | 34.76 | 400m: | 4:44.23 | 2:22.71 | 1500m: | 17:45.84 | 8:14.34 | | | |
| 4. | CASAL CANCELA, Carlos | | 14 | FOGAR | | | | | | 23:49.91 | 13,00 | |
| | 50m: | 35.33 | 35.33 | 200m: | 2:20.59 | 1:10.55 | 800m: | 9:24.05 | 4:41.83 | 2000m: | 23:49.91 | 6:04.80 |
| | 100m: | 1:10.04 | 34.71 | 400m: | 4:42.22 | 2:21.63 | 1500m: | 17:45.11 | 8:21.06 | | | |
| 5. | SANESTEBAN LÓPEZ, Teo | | 14 | C. Marina Ferrol | | | | | | 23:57.27 | 12,00 | |
| | 50m: | 33.85 | 33.85 | 200m: | 2:19.95 | 1:11.14 | 800m: | 9:24.13 | 4:42.14 | 2000m: | 23:57.27 | 6:07.14 |
| | 100m: | 1:08.81 | 34.96 | 400m: | 4:41.99 | 2:22.04 | 1500m: | 17:50.13 | 8:26.00 | | | |
| 6. | FERNANDEZ QUINTELA, Daniel | | 14 | POURENSE | | | | | | 24:12.78 | 11,00 | |
| | 50m: | 34.32 | 34.32 | 200m: | 2:20.98 | 1:11.32 | 800m: | 9:33.21 | 4:48.85 | 2000m: | 24:12.78 | 6:02.32 |
| | 100m: | 1:09.66 | 35.34 | 400m: | 4:44.36 | 2:23.38 | 1500m: | 18:10.46 | 8:37.25 | | | |
| 7. | NACHER RODRIGUEZ, Alejandro | | 14 | POURENSE | | | | | | 24:23.70 | 10,00 | |
| | 50m: | 34.23 | 34.23 | 200m: | 2:23.66 | 1:13.38 | 800m: | 9:46.50 | 4:55.23 | 2000m: | 24:23.70 | 6:00.46 |
| | 100m: | 1:10.28 | 36.05 | 400m: | 4:51.27 | 2:27.61 | 1500m: | 18:23.24 | 8:36.74 | | | |
| 8. | BORRAZAS RODRIGUEZ, Mauro | | 13 | Sporting C. Casino | | | | | | 24:24.78 | 9,00 | |
| | 50m: | 34.97 | 34.97 | 200m: | 2:22.08 | 1:11.64 | 800m: | 9:36.02 | 4:50.14 | 2000m: | 24:24.78 | 6:11.75 |
| | 100m: | 1:10.44 | 35.47 | 400m: | 4:45.88 | 2:23.80 | 1500m: | 18:13.03 | 8:37.01 | | | |
| 9. | GOMEZ SAINZ-AJA, Marcelo | | 14 | POURENSE | | | | | | 24:34.09 | - | |
| | 50m: | 33.74 | 33.74 | 200m: | 2:23.24 | 1:13.53 | 800m: | 9:49.53 | 4:58.36 | 2000m: | 24:34.09 | 6:03.38 |
| | 100m: | 1:09.71 | 35.97 | 400m: | 4:51.17 | 2:27.93 | 1500m: | 18:30.71 | 8:41.18 | | | |
| 10. | ASTIGARRABIA RODRIGUEZ, Nicolas | | 14 | C. Marina Ferrol | | | | | | 24:34.94 | 8,00 | |
| | 50m: | 34.19 | 34.19 | 200m: | 2:23.20 | 1:12.89 | 800m: | 9:48.33 | 4:58.55 | 2000m: | 24:34.94 | 6:06.63 |
| | 100m: | 1:10.31 | 36.12 | 400m: | 4:49.78 | 2:26.58 | 1500m: | 18:28.31 | 8:39.98 | | | |
| 11. | RODRIGUEZ JUSTO, Pedro | | 13 | RBAIXAS | | | | | | 24:43.84 | 7,00 | |
| | 50m: | 36.16 | 36.16 | 200m: | 2:26.19 | 1:13.57 | 800m: | 9:52.87 | 4:58.65 | 2000m: | 24:43.84 | 6:09.75 |
| | 100m: | 1:12.62 | 36.46 | 400m: | 4:54.22 | 2:28.03 | 1500m: | 18:34.09 | 8:41.22 | | | |
| 12. | GONZALEZ BLANCO, Marco | | 14 | POURENSE | | | | | | 24:49.74 | - | |
| | 50m: | 34.73 | 34.73 | 200m: | 2:22.14 | 1:11.48 | 800m: | 9:46.46 | 4:57.01 | 2000m: | 24:49.74 | 6:14.53 |
| | 100m: | 1:10.66 | 35.93 | 400m: | 4:49.45 | 2:27.31 | 1500m: | 18:35.21 | 8:48.75 | | | |
| 13. | CHAN VAZQUEZ, Lois | | 13 | GALAICO | | | | | | 24:51.88 | 6,00 | |
| | 50m: | 34.92 | 34.92 | 200m: | 2:25.65 | 1:14.49 | 800m: | 9:53.81 | 4:58.73 | 2000m: | 24:51.88 | 6:12.62 |
| | 100m: | 1:11.16 | 36.24 | 400m: | 4:55.08 | 2:29.43 | 1500m: | 18:39.26 | 8:45.45 | | | |
| 14. | PRADO FERNANDEZ, Mateo | | 14 | GALAICO | | | | | | 25:13.08 | 5,00 | |
| | 50m: | 34.02 | 34.02 | 200m: | 2:24.44 | 1:13.96 | 800m: | 9:57.68 | 5:03.93 | 2000m: | 25:13.08 | 6:15.64 |
| | 100m: | 1:10.48 | 36.46 | 400m: | 4:53.75 | 2:29.31 | 1500m: | 18:57.44 | 8:59.76 | | | |
| 15. | RODRIGUEZ DA SILVA, Bruno | | 14 | PONTEA | | | | | | 25:22.93 | 4,00 | |
| | 50m: | 34.66 | 34.66 | 200m: | 2:25.09 | 1:14.02 | 800m: | 10:02.30 | 5:05.24 | 2000m: | 25:22.93 | 6:23.18 |
| | 100m: | 1:11.07 | 36.41 | 400m: | 4:57.06 | 2:31.97 | 1500m: | 18:59.75 | 8:57.45 | | | |

Prueba 1, Masc., 2000m Libre, INFANTIL MASCULINO LD

| Clasificación | Edad | | | | | | | | Marca | |
|---|------------|--|--|--|--|--|--|--|-----------------|------|
| 16. ESPERÓN BESADA, Felix | 14 PONTEA | | | | | | | | 25:55.40 | 3,00 |
| 50m: 35.26 35.26 200m: 2:29.12 1:16.49 800m: 10:18.75 5:13.87 2000m: 25:55.40 6:27.83 | | | | | | | | | | |
| 100m: 1:12.63 37.37 400m: 5:04.88 2:35.76 1500m: 19:27.57 9:08.82 | | | | | | | | | | |
| 17. DE CARLOS TOBIO, Mauro | 13 RBAIXAS | | | | | | | | 27:03.58 | 2,00 |
| 50m: 37.96 37.96 200m: 2:36.88 1:19.86 800m: 10:40.88 5:22.17 2000m: 27:03.58 6:45.86 | | | | | | | | | | |
| 100m: 1:17.02 39.06 400m: 5:18.71 2:41.83 1500m: 20:17.72 9:36.84 | | | | | | | | | | |
| 18. PEREIRA FERNANDEZ, Andres | 13 RBAIXAS | | | | | | | | 27:22.29 | - |
| 50m: 36.33 36.33 200m: 2:37.77 1:21.82 800m: 10:54.29 4:49.74 2000m: 27:22.29 6:47.00 | | | | | | | | | | |
| 100m: 1:15.95 39.62 400m: 6:04.55 3:26.78 1500m: 20:35.29 9:41.00 | | | | | | | | | | |
| Baja FERNANDEZ DIAZ, Sergio | 14 FLUVIAL | | | | | | | | - | - |
| Baja NUÑEZ SALINAS, Ricardo | 14 FLUVIAL | | | | | | | | - | - |

Prueba 2
07/12/2024

Fem., 2000m Libre

INFANTIL FEMENINO LD
Resultados

| Clasificación | Edad | | | | | | | | Marca | |
|------------------------------|------------------------|-------------------------|-------------------------|--|--|--|--|--|-----------------|-------|
| 1. CASTRO CIDRAS, Alba | 14 | GALAICO | | | | | | | 24:40.81 | 19,00 |
| 50m: 34.68 34.68 | 200m: 2:25.67 1:14.46 | 800m: 9:42.27 4:48.83 | 2000m: 24:40.81 6:14.27 | | | | | | | |
| 100m: 1:11.21 36.53 | 400m: 4:53.44 2:27.77 | 1500m: 18:26.54 8:44.27 | | | | | | | | |
| 2. GUERRA RODRIGUEZ, Zaida | 14 | POURENSE | | | | | | | 24:48.37 | 16,00 |
| 50m: 35.16 35.16 | 200m: 2:24.44 1:12.89 | 800m: 9:46.62 4:56.43 | 2000m: 24:48.37 6:04.83 | | | | | | | |
| 100m: 1:11.55 36.39 | 400m: 4:50.19 2:25.75 | 1500m: 18:43.54 8:56.92 | | | | | | | | |
| 3. AGEITOS ROMERO, Lucia | 13 | C.N. Riveira | | | | | | | 25:02.00 | 14,00 |
| 50m: 35.65 35.65 | 200m: 2:27.85 1:15.57 | 800m: 10:00.16 5:01.50 | 2000m: 25:02.00 6:16.79 | | | | | | | |
| 100m: 1:12.28 36.63 | 400m: 4:58.66 2:30.81 | 1500m: 18:45.21 8:45.05 | | | | | | | | |
| 4. VIDAL RODRIGUEZ, Mara | 14 | GALAICO | | | | | | | 25:22.03 | 13,00 |
| 50m: 35.07 35.07 | 200m: 2:26.34 1:14.70 | 800m: 9:55.84 5:01.63 | 2000m: 25:22.03 6:27.04 | | | | | | | |
| 100m: 1:11.64 36.57 | 400m: 4:54.21 2:27.87 | 1500m: 18:54.99 8:59.15 | | | | | | | | |
| 5. GERVENO PRADA, Eva | 13 | Sporting C. Casino | | | | | | | 25:26.07 | 12,00 |
| 50m: 34.27 34.27 | 200m: 2:23.93 1:13.79 | 800m: 9:58.45 5:04.66 | 2000m: 25:26.07 6:28.08 | | | | | | | |
| 100m: 1:10.14 35.87 | 400m: 4:53.79 2:29.86 | 1500m: 18:57.99 8:59.54 | | | | | | | | |
| 6. QUINTAS MELON, Maria | 14 | PONTEA | | | | | | | 25:30.44 | 11,00 |
| 50m: 34.97 34.97 | 200m: 2:26.72 1:15.00 | 800m: 10:05.81 5:06.49 | 2000m: 25:30.44 6:27.01 | | | | | | | |
| 100m: 1:11.72 36.75 | 400m: 4:59.32 2:32.60 | 1500m: 19:03.43 8:57.62 | | | | | | | | |
| 7. CEBEY FIDALGO, Iraide | 13 | LICEO | | | | | | | 25:32.68 | 10,00 |
| 50m: 34.80 34.80 | 200m: 2:26.74 1:15.84 | 800m: 10:06.66 5:06.08 | 2000m: 25:32.68 6:23.43 | | | | | | | |
| 100m: 1:10.90 36.10 | 400m: 5:00.58 2:33.84 | 1500m: 19:09.25 9:02.59 | | | | | | | | |
| 8. FERREIRO FIGUEIRAS, Noa | 13 | FOGAR | | | | | | | 25:50.43 | 9,00 |
| 50m: 35.91 35.91 | 200m: 2:26.69 1:14.18 | 800m: 10:08.36 5:09.85 | 2000m: 25:50.43 6:28.95 | | | | | | | |
| 100m: 1:12.51 36.60 | 400m: 4:58.51 2:31.82 | 1500m: 19:21.48 9:13.12 | | | | | | | | |
| 9. ABUIN RAMOS, Laura | 13 | C. N. Portamiñá Lugo | | | | | | | 25:51.09 | 8,00 |
| 50m: 36.29 36.29 | 200m: 2:27.44 1:14.50 | 800m: 10:11.69 5:12.21 | 2000m: 25:51.09 6:26.79 | | | | | | | |
| 100m: 1:12.94 36.65 | 400m: 4:59.48 2:32.04 | 1500m: 19:24.30 9:12.61 | | | | | | | | |
| 10. CANO BURILLO, Carmen | 13 | NFERROL | | | | | | | 25:51.30 | 7,00 |
| 50m: 37.00 37.00 | 200m: 2:32.78 1:17.57 | 800m: 10:16.70 5:08.54 | 2000m: 25:51.30 6:24.86 | | | | | | | |
| 100m: 1:15.21 38.21 | 400m: 5:08.16 2:35.38 | 1500m: 19:26.44 9:09.74 | | | | | | | | |
| 11. JOVE NOVO, Alicia | 13 | NFERROL | | | | | | | 25:51.99 | 6,00 |
| 50m: 36.17 36.17 | 200m: 2:31.04 1:16.90 | 800m: 10:13.84 5:08.57 | 2000m: 25:51.99 6:33.96 | | | | | | | |
| 100m: 1:14.14 37.97 | 400m: 5:05.27 2:34.23 | 1500m: 19:18.03 9:04.19 | | | | | | | | |
| 12. GARCIA RODRIGUEZ, Andrea | 14 | C. Marina Ferrol | | | | | | | 25:53.05 | 5,00 |
| 50m: 36.33 36.33 | 400m: 5:05.22 2:34.85 | 1500m: 19:29.87 9:17.91 | 2000m: 25:53.05 6:23.18 | | | | | | | |
| 200m: 2:30.37 1:54.04 | 800m: 10:11.96 5:06.74 | 2000m: 25:53.05 6:23.18 | | | | | | | | |
| 13. VILA RIAL, Zaira | 13 | PONTEA | | | | | | | 26:24.49 | 4,00 |
| 50m: 33.45 33.45 | 200m: 2:30.10 1:17.29 | 800m: 10:18.17 5:13.40 | 2000m: 26:24.49 6:42.32 | | | | | | | |
| 100m: 1:12.81 39.36 | 400m: 5:04.77 2:34.67 | 1500m: 19:42.17 9:24.00 | | | | | | | | |
| 14. GARCIA FEIJOO, Vera | 14 | POURENSE | | | | | | | 26:43.75 | 3,00 |
| 50m: 35.78 35.78 | 200m: 2:31.75 1:18.14 | 800m: 10:26.93 5:18.65 | 2000m: 26:43.75 6:45.47 | | | | | | | |
| 100m: 1:13.61 37.83 | 400m: 5:08.28 2:36.53 | 1500m: 19:58.28 9:31.35 | | | | | | | | |
| 15. ALVARIÑO FRAGA, Daniela | 13 | NFERROL | | | | | | | 26:48.05 | - |
| 50m: 36.87 36.87 | 200m: 2:33.70 1:18.62 | 800m: 10:34.74 5:21.71 | 2000m: 26:48.05 6:45.20 | | | | | | | |
| 100m: 1:15.08 38.21 | 400m: 5:13.03 2:39.33 | 1500m: 20:02.85 9:28.11 | | | | | | | | |

Prueba 2, Fem., 2000m Libre, INFANTIL FEMENINO LD

| Clasificación | | | | | Edad | | | | | Marca | | |
|---------------|--------------------------|---------|-------|-------|---------|---------|--------|----------|---------|----------|----------|---------|
| 16. | RODRIGUEZ DA SILVA, Gara | | | | 13 | PONTEA | | | | 28:06.57 | | - |
| | 50m: | 40.05 | 40.05 | 200m: | 2:45.69 | 1:24.48 | 800m: | 11:14.67 | 5:39.66 | 2000m: | 28:06.57 | 6:55.77 |
| | 100m: | 1:21.21 | 41.16 | 400m: | 5:35.01 | 2:49.32 | 1500m: | 21:10.80 | 9:56.13 | | | |
| 17. | LEDO BARRIOS, Ana | | | | 13 | RBAIXAS | | | | 28:07.72 | | 2,00 |
| | 50m: | 41.06 | 41.06 | 200m: | 2:46.29 | 1:24.43 | 800m: | 11:15.33 | 5:39.63 | 2000m: | 28:07.72 | 6:57.03 |
| | 100m: | 1:21.86 | 40.80 | 400m: | 5:35.70 | 2:49.41 | 1500m: | 21:10.69 | 9:55.36 | | | |

Prueba 3
07/12/2024

Masc., 3000m Libre

JUNIOR 1 MASCULINO LD
Resultados

| Clasificación | Edad | | Marca | |
|---|------|----------------------|-----------------|-------|
| 1. LEIROS FERNANDEZ, Lucas | 16 | PONTEA | 34:19.34 | 19,00 |
| 50m: 32.00 32.00 200m: 2:11.68 1:06.77 800m: 8:53.04 4:29.07 3000m: 34:19.34 17:21.11 | | | | |
| 100m: 1:04.91 32.91 400m: 4:23.97 2:12.29 1500m: 16:58.23 8:05.19 | | | | |
| 2. PENAS CAYADO, Fernando | 15 | Sporting C. Casino | 34:28.32 | 16,00 |
| 50m: 32.75 32.75 200m: 2:12.48 1:06.74 800m: 8:57.00 4:30.43 3000m: 34:28.32 17:28.43 | | | | |
| 100m: 1:05.74 32.99 400m: 4:26.57 2:14.09 1500m: 16:59.89 8:02.89 | | | | |
| 3. LOPEZ TURIÑO, Hugo | 15 | LICEO | 34:48.96 | 14,00 |
| 50m: 32.12 32.12 200m: 2:14.38 1:08.85 800m: 9:11.93 4:39.12 3000m: 34:48.96 17:31.81 | | | | |
| 100m: 1:05.53 33.41 400m: 4:32.81 2:18.43 1500m: 17:17.15 8:05.22 | | | | |
| 4. SANCHEZ GONZALEZ, Samuel | 15 | RBAIXAS | 35:03.60 | 13,00 |
| 50m: 33.57 33.57 200m: 2:16.78 1:08.95 800m: 9:12.87 4:37.90 3000m: 35:03.60 17:43.87 | | | | |
| 100m: 1:07.83 34.26 400m: 4:34.97 2:18.19 1500m: 17:19.73 8:06.86 | | | | |
| 5. DIAZ RODRIGUEZ, Ivan | 16 | C. N. Portamiñá Lugo | 35:05.81 | 12,00 |
| 50m: 31.50 31.50 200m: 2:11.61 1:07.08 800m: 8:59.93 4:38.12 3000m: 35:05.81 17:58.58 | | | | |
| 100m: 1:04.53 33.03 400m: 4:21.81 2:10.20 1500m: 17:07.23 8:07.30 | | | | |
| 6. ALVAREZ VAZQUEZ, Sergio | 15 | RBAIXAS | 35:12.11 | 11,00 |
| 50m: 34.50 34.50 200m: 2:16.65 1:08.31 800m: 9:12.67 4:37.77 3000m: 35:12.11 17:52.16 | | | | |
| 100m: 1:08.34 33.84 400m: 4:34.90 2:18.25 1500m: 17:19.95 8:07.28 | | | | |
| 7. PREGO GROBA, Brais | 16 | PONTEA | 35:16.10 | 10,00 |
| 50m: 33.26 33.26 200m: 2:15.30 1:08.02 800m: 9:13.83 4:39.54 3000m: 35:16.10 17:53.13 | | | | |
| 100m: 1:07.28 34.02 400m: 4:34.29 2:18.99 1500m: 17:22.97 8:09.14 | | | | |
| 8. RODRIGUEZ RAÑA, Miguel | 15 | RBAIXAS | 35:41.86 | - |
| 50m: 35.52 35.52 200m: 2:24.39 1:12.65 800m: 9:35.79 4:47.03 3000m: 35:41.86 17:45.42 | | | | |
| 100m: 1:11.74 36.22 400m: 4:48.76 2:24.37 1500m: 17:56.44 8:20.65 | | | | |
| 9. PATIÑO RÍOS, Jesús | 15 | C.N. Riveira | 36:37.55 | 9,00 |
| 50m: 32.61 32.61 200m: 2:14.47 1:08.82 800m: 9:12.19 4:38.97 3000m: 36:37.55 19:08.83 | | | | |
| 100m: 1:05.65 33.04 400m: 4:33.22 2:18.75 1500m: 17:28.72 8:16.53 | | | | |
| 10. ROCHA GONZALEZ, Olivier | 16 | GALAICO | 36:50.44 | 8,00 |
| 50m: 34.15 34.15 200m: 2:16.97 1:08.00 800m: 9:38.19 4:57.65 3000m: 36:50.44 18:31.04 | | | | |
| 100m: 1:08.97 34.82 400m: 4:40.54 2:23.57 1500m: 18:19.40 8:41.21 | | | | |
| 11. FREIRE ALVAREZ, Ivan | 15 | LICEO | 36:50.54 | 7,00 |
| 50m: 34.07 34.07 200m: 2:20.97 1:12.08 800m: 9:47.62 4:57.63 3000m: 36:50.54 18:20.00 | | | | |
| 100m: 1:08.89 34.82 400m: 4:49.99 2:29.02 1500m: 18:30.54 8:42.92 | | | | |
| 12. COBELAS ALVAREZ, Alvaro | 16 | POURENSE | 37:19.26 | 6,00 |
| 50m: 34.32 34.32 200m: 2:24.08 1:14.12 800m: 9:54.85 5:00.45 3000m: 37:19.26 18:40.97 | | | | |
| 100m: 1:09.96 35.64 400m: 4:54.40 2:30.32 1500m: 18:38.29 8:43.44 | | | | |
| 13. MENDEZ-BENEGASSI FDEZ., Adrian | 16 | GALAICO | 37:27.76 | 5,00 |
| 50m: 33.64 33.64 200m: 2:15.17 1:08.24 800m: 9:12.99 4:39.32 3000m: 37:27.76 19:37.66 | | | | |
| 100m: 1:06.93 33.29 400m: 4:33.67 2:18.50 1500m: 17:50.10 8:37.11 | | | | |
| 14. BAO PURRIÑOS, Manuel | 16 | LICEO | 37:39.68 | - |
| 50m: 34.36 34.36 200m: 2:19.90 1:10.79 800m: 9:35.97 4:51.82 3000m: 37:39.68 19:20.71 | | | | |
| 100m: 1:09.11 34.75 400m: 4:44.15 2:24.25 1500m: 18:18.97 8:43.00 | | | | |
| 15. GARCIA AROCHENA, Jacobo Javier | 15 | C. N. Coruña | 37:47.61 | 4,00 |
| 50m: 34.31 34.31 200m: 2:21.53 1:11.64 800m: 9:40.37 4:53.60 3000m: 37:47.61 19:13.99 | | | | |
| 100m: 1:09.89 35.58 400m: 4:46.77 2:25.24 1500m: 18:33.62 8:53.25 | | | | |

Prueba 3, Masc., 3000m Libre, JUNIOR 1 MASCULINO LD

| Clasificación | | | | Edad | | | | | Marca | | | |
|---------------|-------------------|---------|-------|-------|---------|---------|--------|----------|---------|----------|----------|----------|
| 16. | MOREIRA REY, Luis | | | 15 | RBAIXAS | | | | | 39:26.24 | | - |
| | 50m: | 33.67 | 33.67 | 200m: | 2:18.83 | 1:10.77 | 800m: | 9:48.52 | 5:03.06 | 3000m: | 39:26.24 | 20:35.14 |
| | 100m: | 1:08.06 | 34.39 | 400m: | 4:45.46 | 2:26.63 | 1500m: | 18:51.10 | 9:02.58 | | | |

Prueba 4
07/12/2024

Masc., 3000m Libre

YOB 1924 - 2007
Resultados

Clasificación

Edad

Marca

JUNIOR 2 MASCULINO LD

| | | | | | |
|------|---|----|--------------------|-----------------|-------|
| 1. | MANEIROS PAZ, Mario | 18 | NFERROL | 33:21.05 | 19,00 |
| | 50m: 30.81 30.81 200m: 2:06.58 1:04.27 800m: 8:39.23 4:22.95 3000m: 33:21.05 16:54.96 | | | | |
| | 100m: 1:02.31 31.50 400m: 4:16.28 2:09.70 1500m: 16:26.09 7:46.86 | | | | |
| 2. | CUBEIRO ROSENDE, Xael | 17 | LICEO | 33:29.47 | 16,00 |
| | 50m: 30.01 30.01 200m: 2:07.28 1:05.05 800m: 8:44.79 4:25.44 3000m: 33:29.47 16:57.73 | | | | |
| | 100m: 1:02.23 32.22 400m: 4:19.35 2:12.07 1500m: 16:31.74 7:46.95 | | | | |
| 3. | SOUTO RAMOS, Manuel | 17 | Sporting C. Casino | 33:31.42 | 14,00 |
| | 50m: 31.51 31.51 200m: 2:10.28 1:06.03 800m: 8:51.16 4:26.98 3000m: 33:31.42 16:49.79 | | | | |
| | 100m: 1:04.25 32.74 400m: 4:24.18 2:13.90 1500m: 16:41.63 7:50.47 | | | | |
| 4. | GOMEZ LIMIA, Pablo | 18 | C. N. Coruña | 34:19.92 | 13,00 |
| | 50m: 33.10 33.10 200m: 2:12.37 1:06.13 800m: 9:03.68 4:33.78 3000m: 34:19.92 17:17.85 | | | | |
| | 100m: 1:06.24 33.14 400m: 4:29.90 2:17.53 1500m: 17:02.07 7:58.39 | | | | |
| 5. | PEREZ GARCIA, Iker | 17 | GALAICO | 36:30.55 | 12,00 |
| | 50m: 31.82 31.82 200m: 2:12.16 1:07.11 800m: 9:14.21 4:43.18 3000m: 36:30.55 18:42.22 | | | | |
| | 100m: 1:05.05 33.23 400m: 4:31.03 2:18.87 1500m: 17:48.33 8:34.12 | | | | |
| 6. | ORTEGO PORTA, Andre | 17 | GALAICO | 36:40.99 | 11,00 |
| | 50m: 33.20 33.20 200m: 2:19.49 1:11.79 800m: 9:34.00 4:50.64 3000m: 36:40.99 18:36.58 | | | | |
| | 100m: 1:07.70 34.50 400m: 4:43.36 2:23.87 1500m: 18:04.41 8:30.41 | | | | |
| 7. | CARBALLO RODRIGUEZ, Enrique | 17 | POURENSE | 38:02.64 | 10,00 |
| | 50m: 31.28 31.28 200m: 2:10.19 1:06.85 800m: 9:30.60 4:56.79 3000m: 38:02.64 19:37.05 | | | | |
| | 100m: 1:03.34 32.06 400m: 4:33.81 2:23.62 1500m: 18:25.59 8:54.99 | | | | |
| NP | SUÁREZ COUTO, Damián | 17 | C. Marina Ferrol | - | - |
| | No presentado | | | | |
| Baja | ALONSO VIDAL, Teo | 17 | RBAIXAS | - | - |

SENIOR MASCULINO LD

| | | | | | |
|----|---|----|--------------------|-----------------|-------|
| 1. | GARCÍA CASTRO, Mateo | 19 | ARTEIXO | 30:59.23 | 19,00 |
| | 50m: 30.33 30.33 200m: 2:02.83 1:01.89 800m: 8:12.44 4:05.90 3000m: 30:59.23 15:35.96 | | | | |
| | 100m: 1:00.94 30.61 400m: 4:06.54 2:03.71 1500m: 15:23.27 7:10.83 | | | | |
| 2. | AVILES ZHUAVLEV, Santiago | 20 | Sporting C. Casino | 34:27.96 | 16,00 |
| | 50m: 31.39 31.39 200m: 2:09.96 1:06.00 800m: 8:55.25 4:31.40 3000m: 34:27.96 17:27.35 | | | | |
| | 100m: 1:03.96 32.57 400m: 4:23.85 2:13.89 1500m: 17:00.61 8:05.36 | | | | |
| 3. | INFESTAS CARAZO, Samuel | 21 | GALAICO | 34:28.41 | 14,00 |
| | 50m: 33.16 33.16 200m: 2:14.19 1:07.64 800m: 9:01.51 4:31.96 3000m: 34:28.41 17:26.29 | | | | |
| | 100m: 1:06.55 33.39 400m: 4:29.55 2:15.36 1500m: 17:02.12 8:00.61 | | | | |
| 4. | PEREZ PAZ, Dario | 19 | PONTEA | 34:52.24 | 13,00 |
| | 50m: 30.81 30.81 200m: 2:09.38 1:06.09 800m: 9:03.95 4:38.52 3000m: 34:52.24 17:39.45 | | | | |
| | 100m: 1:03.29 32.48 400m: 4:25.43 2:16.05 1500m: 17:12.79 8:08.84 | | | | |
| 5. | PASTORIZA SANTA CLARA, Jorge | 27 | RBAIXAS | 34:58.33 | 12,00 |
| | 50m: 33.04 33.04 200m: 2:15.01 1:08.36 800m: 9:11.95 4:39.44 3000m: 34:58.33 17:34.76 | | | | |
| | 100m: 1:06.65 33.61 400m: 4:32.51 2:17.50 1500m: 17:23.57 8:11.62 | | | | |

Prueba 5
07/12/2024

Fem., 3000m Libre

YOB 1924 - 2009
Resultados

Clasificación

Edad

Marca

JUNIOR 2 FEMENINO LD

1. MOURENZA ROCHA, Ines 17 C. N. Portamiñá Lugo **34:25.53** 19,00
50m: 32.43 32.43 200m: 2:12.74 1:07.19 800m: 9:02.58 4:34.49 3000m: 34:25.53 17:16.81
100m: 1:05.55 33.12 400m: 4:28.09 2:15.35 1500m: 17:08.72 8:06.14

Baja ALVAREZ PAZOS, Maria 17 RBAIXAS -

SENIOR FEMENINO LD

1. OTERO FERNÁNDEZ, Paula 20 ARTEIXO **32:45.16** 19,00
50m: 31.63 31.63 200m: 2:07.47 1:04.12 800m: 8:33.16 4:18.12 3000m: 32:45.16 16:34.00
100m: 1:03.35 31.72 400m: 4:15.04 2:07.57 1500m: 16:11.16 7:38.00

2. PARDO CHAS, Eva 20 NFERROL **36:34.62** 16,00
50m: 35.05 35.05 200m: 2:23.11 1:12.35 800m: 9:39.03 4:50.95 3000m: 36:34.62 18:24.25
100m: 1:10.76 35.71 400m: 4:48.08 2:24.97 1500m: 18:10.37 8:31.34

Baja PEREZ GARCIA-PICHER, Ana 26 GALAICO -

JUNIOR 1 FEMENINO LD

1. BARROS DA SILVA, Sofia 15 GALAICO **35:00.98** 19,00
50m: 33.58 33.58 200m: 2:15.54 1:08.23 800m: 9:13.05 4:39.87 3000m: 35:00.98 17:36.87
100m: 1:07.31 33.73 400m: 4:33.18 2:17.64 1500m: 17:24.11 8:11.06

2. RODRÍGUEZ RODRÍGUEZ, Paula 16 ARTEIXO **37:13.83** 16,00
50m: 34.85 34.85 200m: 2:24.13 1:13.44 800m: 9:45.30 4:53.80 3000m: 37:13.83 18:48.67
100m: 1:10.69 35.84 400m: 4:51.50 2:27.37 1500m: 18:25.16 8:39.86

3. HERNAEZ GONZALEZ, Paula 16 C. N. Culleredo **37:22.46** 14,00
50m: 34.79 34.79 200m: 2:23.73 1:12.95 800m: 9:45.21 4:54.86 3000m: 37:22.46 18:48.74
100m: 1:10.78 35.99 400m: 4:50.35 2:26.62 1500m: 18:33.72 8:48.51

4. ESTEVEZ MONTES, Naroa 16 PONTEA **37:45.02** 13,00
50m: 35.28 35.28 200m: 2:23.10 1:12.15 800m: 9:54.30 5:02.32 3000m: 37:45.02 18:57.39
100m: 1:10.95 35.67 400m: 4:51.98 2:28.88 1500m: 18:47.63 8:53.33

5. MARTINEZ GARCIA, Uxia 15 RBAIXAS **37:56.02** 12,00
50m: 35.86 35.86 800m: 10:05.52 1550m: 2300m:
100m: 1:12.67 36.81 850m: 1600m: 2350m:
150m: 900m: 2400m:
200m: 2:28.17 950m: 1700m: 2450m:
250m: 1000m: 1750m: 2500m:
300m: 1050m: 1800m: 2550m:
350m: 1100m: 1850m: 2600m:
400m: 5:00.25 1150m: 1900m: 2650m:
450m: 1200m: 1950m: 2700m:
500m: 1250m: 2000m: 2750m:
550m: 1300m: 2050m: 2800m:
600m: 1350m: 2100m: 2850m:
650m: 1400m: 2150m: 2900m:
700m: 1450m: 2200m: 2950m:
750m: 1500m: 18:57.49 2250m: 3000m: 37:56.02

6. PARDAVILA DAVILA, Ainoa 16 RBAIXAS **38:23.52** 11,00
50m: 36.96 36.96 200m: 2:29.07 1:14.65 800m: 10:03.07 5:03.15 3000m: 38:23.52 19:24.20
100m: 1:14.42 37.46 400m: 4:59.92 2:30.85 1500m: 18:59.32 8:56.25

Prueba 5, Fem., 3000m Libre, JUNIOR 1 FEMENINO LD

| Clasificación | Edad | | | | | | | | Marca |
|--|-------------|--|--|--|--|--|--|--|-----------------------|
| 7. BABARRO LOPEZ, Maria | 16 POURENSE | | | | | | | | 40:47.33 10,00 |
| 50m: 36.32 36.32 200m: 2:32.58 1:18.34 800m: 10:27.93 5:17.20 3000m: 40:47.33 20:49.28 | | | | | | | | | |
| 100m: 1:14.24 37.92 400m: 5:10.73 2:38.15 1500m: 19:58.05 9:30.12 | | | | | | | | | |
| DSQ VILLARNOVO PAZOS, Lucia | 16 NFERROL | | | | | | | | - |
| <i>Descalificado</i> | | | | | | | | | |
| Baja LOPEZ ALVAREZ, Paula | 15 RBAIXAS | | | | | | | | - |

| | | | |
|--|---------------------------------|-------------------------------------|------------------------------------|
| FICHA TÉCNICA DA COMPETICIÓN | | | |
| Competición: CAMPEONATO GALEGO DE LONGA DISTANCIA P25M | | | |
| Datas: 7 DE DICIEMBRE DE 2024 | | Número de sesións: 02 | |
| Piscina: COMPLEXO RIAS DO SUR | | Concello: PONTEVEDRA | |
| Lonxitude: 25 | Número de pistas: 8 | | Temperatura da auga: 26,50° |
| Relación de clubs participantes e persoa acreditada: | | | |
| ADFOGAR | CN PORTA MIÑA LUGO | CFLUVIAL DE LUGO | CN PABELLON OURENSE |
| SPORTING C CASINO | CN VIGO RIAS BAIXAS | CN ARTEIXO | CN PONTEAREAS |
| CN LICEO | CN FERROL | CN CORUÑA | CN MARINA |
| CN CULLEREDO | CN RIVEIRA | CN GALAICO | |
| Director de competición: SANTIAGO ESCUDERO PEREIRA | | | |
| Composición do xurado principal | | | |
| Posto | Nome e apelidos | LICENCIA | |
| Xuíz Árbitro Mas : | FRANCISCO BARRAL TRIPOLI | 1039267 | |
| Xuíz Árbitro Fem: | JOSE LUIS FERNANDEZ GALLEGO | 1039321 | |
| Xuíz Saídas Mas: | MARIA PILAR POUSA PRADO | 1040145 | |
| Xuíz Saídas Fem: | CAROLINA BARRAL FRAGA | 1039307 | |
| Xuíz Estilos /Viraxes: | ANDREA OTERO FERNANDEZ | 1038668 | |
| Xuíz Estilos/Viraxes: | LAURA RODRIGUEZ NOVOA | 1039473 | |
| Xuíz Estilos /Viraxes: | LUCIA GONZALEZ AVENDAÑO | 1038929 | |
| Xuíz Estilos /Viraxes: | CARMEN VICTORIA SOUTIÑO RAMIREZ | 1228009 | |
| Tipo de cronometraxe: MANUAL | | | |
| Outros postos do xurado ao dorso | | | |
| Hora de comezo: 10:30/16:30 | | Hora de remate: 12:20/ 18:38 | |
| Incidencias da competición: | | | |
| Certifico a veracidade dos datos que figuran nestes resultados | | | |
| PONTEVEDRA, 7___de ____DICIEMBRE_____ de 2024 | | | |
| Asinado: Xuízes árbitros | | | |

| FICHA TÉCNICA DA COMPETICIÓN | |
|---|--|
| Axudante do xuíz de saídas: | ALDA DIZ LORENZO |
| Xefe de cronometradores: | BEATRIZ BARRAL TRIPOLI |
| Cronometradores: | |
| Pista 1: | PEDRO PENEDO AMEIJEIRAS – MARIA DOLORES FERNANDEZ PORTAS |
| Pista 2: | IGNACIO MEIJON SANTIAGO – YAIZA MOLDES VAZQUEZ |
| Pista 3: | ABRIL S. RODRIGUEZ ROCHA – NADIA DE LA FUENTE PINTOS |
| Pista 4: | DIANA MARIA SIEIRA NOCEDA – MARIANO ORTEGO PORTA |
| Pista 5: | NICOLAS VAZQUEZ FERNANDEZ – PEDRO BARROS DA SILVA |
| Pista 6: | ALDARA ORTEGO PORTA – CARLA OUTON NAVEIRO |
| Pista 7: | MARIA PEREIRA URGAL – SHEILA MOLDES VAZQUEZ |
| Pista 8: | ROSALIA SOLER LOMBA – NICOLAS RIAL SIEIRA |
| Cronometrador volante: | M ^a LUISA AVENDAÑO VILAS |
| Locutor/a: | SUSANA GARCIA |
| Axudantes de secretaría: | |
| Resultados: SANDRA BOLAÑO PEDREIRA | |
| Cronometraxe electrónica: | |
| Técnico de son: ADOLFO PENEDO | |
| Outros postos: | |