

Prueba 5  
07/12/2024

Fem., 3000m Libre

YOB 1924 - 2009  
Resultados

Clasificación

Edad

Marca

### JUNIOR 2 FEMENINO LD

|                           |                       |                         |                 |          |
|---------------------------|-----------------------|-------------------------|-----------------|----------|
| 1. MOURENZA ROCHA, Ines   | 17                    | C. N. Portamiñá Lugo    | <b>34:25.53</b> | 19,00    |
| 50m: 32.43 32.43          | 200m: 2:12.74 1:07.19 | 800m: 9:02.58 4:34.49   | 3000m: 34:25.53 | 17:16.81 |
| 100m: 1:05.55 33.12       | 400m: 4:28.09 2:15.35 | 1500m: 17:08.72 8:06.14 |                 |          |
| Baja ALVAREZ PAZOS, Maria | 17                    | RBAIXAS                 |                 | -        |

### SENIOR FEMENINO LD

|                               |                       |                         |                 |          |
|-------------------------------|-----------------------|-------------------------|-----------------|----------|
| 1. OTERO FERNÁNDEZ, Paula     | 20                    | ARTEIXO                 | <b>32:45.16</b> | 19,00    |
| 50m: 31.63 31.63              | 200m: 2:07.47 1:04.12 | 800m: 8:33.16 4:18.12   | 3000m: 32:45.16 | 16:34.00 |
| 100m: 1:03.35 31.72           | 400m: 4:15.04 2:07.57 | 1500m: 16:11.16 7:38.00 |                 |          |
| 2. PARDO CHAS, Eva            | 20                    | NFERROL                 | <b>36:34.62</b> | 16,00    |
| 50m: 35.05 35.05              | 200m: 2:23.11 1:12.35 | 800m: 9:39.03 4:50.95   | 3000m: 36:34.62 | 18:24.25 |
| 100m: 1:10.76 35.71           | 400m: 4:48.08 2:24.97 | 1500m: 18:10.37 8:31.34 |                 |          |
| Baja PEREZ GARCIA-PICHER, Ana | 26                    | GALAICO                 |                 | -        |

### JUNIOR 1 FEMENINO LD

|                               |                       |                         |                 |          |
|-------------------------------|-----------------------|-------------------------|-----------------|----------|
| 1. BARROS DA SILVA, Sofia     | 15                    | GALAICO                 | <b>35:00.98</b> | 19,00    |
| 50m: 33.58 33.58              | 200m: 2:15.54 1:08.23 | 800m: 9:13.05 4:39.87   | 3000m: 35:00.98 | 17:36.87 |
| 100m: 1:07.31 33.73           | 400m: 4:33.18 2:17.64 | 1500m: 17:24.11 8:11.06 |                 |          |
| 2. RODRÍGUEZ RODRÍGUEZ, Paula | 16                    | ARTEIXO                 | <b>37:13.83</b> | 16,00    |
| 50m: 34.85 34.85              | 200m: 2:24.13 1:13.44 | 800m: 9:45.30 4:53.80   | 3000m: 37:13.83 | 18:48.67 |
| 100m: 1:10.69 35.84           | 400m: 4:51.50 2:27.37 | 1500m: 18:25.16 8:39.86 |                 |          |
| 3. HERNAEZ GONZALEZ, Paula    | 16                    | C. N. Culleredo         | <b>37:22.46</b> | 14,00    |
| 50m: 34.79 34.79              | 200m: 2:23.73 1:12.95 | 800m: 9:45.21 4:54.86   | 3000m: 37:22.46 | 18:48.74 |
| 100m: 1:10.78 35.99           | 400m: 4:50.35 2:26.62 | 1500m: 18:33.72 8:48.51 |                 |          |
| 4. ESTEVEZ MONTES, Naroa      | 16                    | PONTEA                  | <b>37:45.02</b> | 13,00    |
| 50m: 35.28 35.28              | 200m: 2:23.10 1:12.15 | 800m: 9:54.30 5:02.32   | 3000m: 37:45.02 | 18:57.39 |
| 100m: 1:10.95 35.67           | 400m: 4:51.98 2:28.88 | 1500m: 18:47.63 8:53.33 |                 |          |
| 5. MARTINEZ GARCIA, Uxia      | 15                    | RBAIXAS                 | <b>37:56.02</b> | 12,00    |
| 50m: 35.86 35.86              | 800m: 10:05.52        | 1550m:                  | 2300m:          |          |
| 100m: 1:12.67 36.81           | 850m:                 | 1600m:                  | 2350m:          |          |
| 150m:                         | 900m:                 | 1650m:                  | 2400m:          |          |
| 200m: 2:28.17                 | 950m:                 | 1700m:                  | 2450m:          |          |
| 250m:                         | 1000m:                | 1750m:                  | 2500m:          |          |
| 300m:                         | 1050m:                | 1800m:                  | 2550m:          |          |
| 350m:                         | 1100m:                | 1850m:                  | 2600m:          |          |
| 400m: 5:00.25                 | 1150m:                | 1900m:                  | 2650m:          |          |
| 450m:                         | 1200m:                | 1950m:                  | 2700m:          |          |
| 500m:                         | 1250m:                | 2000m:                  | 2750m:          |          |
| 550m:                         | 1300m:                | 2050m:                  | 2800m:          |          |
| 600m:                         | 1350m:                | 2100m:                  | 2850m:          |          |
| 650m:                         | 1400m:                | 2150m:                  | 2900m:          |          |
| 700m:                         | 1450m:                | 2200m:                  | 2950m:          |          |
| 750m:                         | 1500m: 18:57.49       | 2250m:                  | 3000m: 37:56.02 |          |
| 6. PARDAVILA DAVILA, Ainoa    | 16                    | RBAIXAS                 | <b>38:23.52</b> | 11,00    |
| 50m: 36.96 36.96              | 200m: 2:29.07 1:14.65 | 800m: 10:03.07 5:03.15  | 3000m: 38:23.52 | 19:24.20 |
| 100m: 1:14.42 37.46           | 400m: 4:59.92 2:30.85 | 1500m: 18:59.32 8:56.25 |                 |          |

Prueba 5, Fem., 3000m Libre, JUNIOR 1 FEMENINO LD

| Clasificación  | Edad        |  |  |  |  |  |  |  | Marca                 |
|--|-------------|--|--|--|--|--|--|--|-----------------------|
| 7. BABARRO LOPEZ, Maria  | 16 POURENSE |  |  |  |  |  |  |  | <b>40:47.33</b> 10,00 |
| 50m: 36.32 36.32 200m: 2:32.58 1:18.34 800m: 10:27.93 5:17.20 3000m: 40:47.33 20:49.28 |             |  |  |  |  |  |  |  |                       |
| 100m: 1:14.24 37.92 400m: 5:10.73 2:38.15 1500m: 19:58.05 9:30.12                      |             |  |  |  |  |  |  |  |                       |
| DSQ VILLARNOVO PAZOS, Lucia  | 16 NFERROL  |  |  |  |  |  |  |  | -                     |
| <i>Descalificado</i>   |             |  |  |  |  |  |  |  |                       |
| Baja LOPEZ ALVAREZ, Paula  | 15 RBAIXAS  |  |  |  |  |  |  |  | -                     |