

Prueba 44  
01/12/2024

Masc., 400m Libre

Open masculino  
Resultados

RG	3:50.73	, REGUEIRA SUAREZ, RUFINO	RIVEIRA	02/12/2010
MMG 18	3:50.95	, REGUEIRA SUAREZ, RUFINO	RIVEIRA	27/12/2008
MMG 17	3:54.73	, GARCÍA CASTRO, MATEO	ARTEIXO	17/12/2022
MMG 16	3:54.44	, TOME SANLES, MANUEL	RIVEIRA	28/12/2015
MMG 15	3:59.42	, TOME SANLES, MANUEL	RIVEIRA	19/12/2014
MMG 14	4:08.23	, LAGES BRION, ALEXANDRE	RIVEIRA	28/12/2015
MMG 13	4:21.21	, CARNEIRO VIQUEIRA, XABIER	CNLICEO	28/12/2013

Clasificación

Edad

Tiempo

PUNTOS

1. GARCÍA CASTRO, Mateo	19	C. N. ARTEIXO	<b>3:52.73</b>	35,00	
50m: 26.92 26.92	150m: 1:25.00 29.29	250m: 2:24.42 29.93	350m: 3:23.82 29.38		
100m: 55.71 28.79	200m: 1:54.49 29.49	300m: 2:54.44 30.02	400m: 3:52.73 28.91		
2. PARDO PERNAS, Martin	22	C. FLUVIAL LUGO	<b>4:07.39</b>	32,00	
50m: 28.15 28.15	150m: 1:30.21 31.26	250m: 2:33.07 31.28	350m: 3:36.26 31.54		
100m: 58.95 30.80	200m: 2:01.79 31.58	300m: 3:04.72 31.65	400m: 4:07.39 31.13		
3. PEREZ FERNANDEZ, Brais	17	C. N. PORTAMIÑA	<b>4:08.17</b>	30,00	
50m: 27.68 27.68	150m: 1:29.13 31.10	250m: 2:32.58 31.37	350m: 3:36.96 32.12		
100m: 58.03 30.35	200m: 2:01.21 32.08	300m: 3:04.84 32.26	400m: 4:08.17 31.21		
4. SOUTO RAMOS, Manuel	17	SPORTING CASINO	<b>4:08.70</b>	29,00	
50m: 28.39 28.39	150m: 1:29.80 31.28	250m: 2:33.25 31.77	350m: 3:37.28 32.23		
100m: 58.52 30.13	200m: 2:01.48 31.68	300m: 3:05.05 31.80	400m: 4:08.70 31.42		
5. COSTA FERNANDEZ, Lucas	26	C. N. PONTEAREAS	<b>4:11.88</b>	28,00	
50m: 28.48 28.48	150m: 1:30.77 31.53	250m: 2:35.28 32.41	350m: 3:40.57 32.47		
100m: 59.24 30.76	200m: 2:02.87 32.10	300m: 3:08.10 32.82	400m: 4:11.88 31.31		
6. INFESTAS CARAZO, Samuel	21	C. N. GALAICO	<b>4:15.42</b>	27,00	
50m: 28.96 28.96	150m: 1:31.99 32.22	250m: 2:37.01 32.49	350m: 3:43.63 33.00		
100m: 59.77 30.81	200m: 2:04.52 32.53	300m: 3:10.63 33.62	400m: 4:15.42 31.79		
7. PEDRE SALIDO, Julio	21	C. N. FERROL	<b>4:15.62</b>	26,00	
50m: 28.24 28.24	150m: 1:31.04 31.63	250m: 2:35.92 32.57	350m: 3:42.83 33.56		
100m: 59.41 31.17	200m: 2:03.35 32.31	300m: 3:09.27 33.35	400m: 4:15.62 32.79		
8. PARCERO AREOSO, Xael	17	CIDADE SANTIAGO	<b>4:15.71</b>	25,00	
50m: 28.63 28.63	150m: 1:32.18 32.14	250m: 2:37.86 32.86	350m: 3:43.40 32.72		
100m: 1:00.04 31.41	200m: 2:05.00 32.82	300m: 3:10.68 32.82	400m: 4:15.71 32.31		
9. PENAS CAYADO, Fernando	15	SPORTING CASINO	<b>4:16.02</b>	24,00	
50m: 28.47 28.47	150m: 1:31.47 32.12	250m: 2:37.05 32.62	350m: 3:44.07 33.77		
100m: 59.35 30.88	200m: 2:04.43 32.96	300m: 3:10.30 33.25	400m: 4:16.02 31.95		
10. PEREZ PAZ, Dario	19	C. N. PONTEAREAS	<b>4:16.94</b>	23,00	
50m: 29.14 29.14	150m: 1:33.62 32.51	250m: 2:38.66 32.47	350m: 3:44.39 33.00		
100m: 1:01.11 31.97	200m: 2:06.19 32.57	300m: 3:11.39 32.73	400m: 4:16.94 32.55		
11. GARRIDO BRUN, Jacobo	22	C. N. Panas	<b>4:17.04</b>	22,00	
50m: 28.75 28.75	150m: 1:32.30 32.18	250m: 2:38.05 32.98	350m: 3:44.87 33.53		
100m: 1:00.12 31.37	200m: 2:05.07 32.77	300m: 3:11.34 33.29	400m: 4:17.04 32.17		
12. LOPEZ VARELA, Anton	15	C. N. ARZUA	<b>4:19.79</b>	21,00	
50m: 29.07 29.07	150m: 1:34.51 32.96	250m: 2:41.06 33.56	350m: 3:48.10 33.70		
100m: 1:01.55 32.48	200m: 2:07.50 32.99	300m: 3:14.40 33.34	400m: 4:19.79 31.69		

Prueba 44, Masc., 400m Libre, Open masculino

Clasificación	Edad	Tiempo	PUNTOS
13. TIMIRAOS FERNANDEZ, Marcos	19	C. N. PORTAMIÑA <b>4:21.28</b>	20,00
50m: 28.20 28.20 150m: 1:32.15 32.55 250m: 2:38.99 33.68 350m: 3:47.25 34.37			
100m: 59.60 31.40 200m: 2:05.31 33.16 300m: 3:12.88 33.89 400m: 4:21.28 34.03			
14. SANCHEZ GONZALEZ, Samuel	15	VIGO RIAS BAIXAS <b>4:21.60</b>	19,00
50m: 29.16 29.16 150m: 1:34.75 33.35 250m: 2:42.73 33.96 350m: 3:50.37 33.81			
100m: 1:01.40 32.24 200m: 2:08.77 34.02 300m: 3:16.56 33.83 400m: 4:21.60 31.23			
15. SOBRINO BUJIA, Mateo	18	C. N. CULLEREDO <b>4:21.92</b>	18,00
50m: 29.03 29.03 150m: 1:33.93 32.85 250m: 2:40.92 33.58 350m: 3:49.27 34.44			
100m: 1:01.08 32.05 200m: 2:07.34 33.41 300m: 3:14.83 33.91 400m: 4:21.92 32.65			
16. ALVAREZ VAZQUEZ, Sergio	15	VIGO RIAS BAIXAS <b>4:21.98</b>	17,00
50m: 30.48 30.48 150m: 1:35.82 32.85 250m: 2:42.13 33.37 350m: 3:49.73 33.91			
100m: 1:02.97 32.49 200m: 2:08.76 32.94 300m: 3:15.82 33.69 400m: 4:21.98 32.25			
17. GUERRA SAAVEDRA, Uxio	14	CIDADE SANTIAGO <b>4:24.90</b>	16,00
50m: 29.99 29.99 150m: 1:36.57 33.56 250m: 2:44.19 33.66 350m: 3:52.71 33.80			
100m: 1:03.01 33.02 200m: 2:10.53 33.96 300m: 3:18.91 34.72 400m: 4:24.90 32.19			
18. GARCÍA AFONSO, Alexis	17	C. N. FERROL <b>4:25.57</b>	15,00
50m: 29.33 29.33 150m: 1:33.93 32.80 250m: 2:40.51 33.20 350m: 3:50.86 35.68			
100m: 1:01.13 31.80 200m: 2:07.31 33.38 300m: 3:15.18 34.67 400m: 4:25.57 34.71			
19. CADAVID RIBEIRO, Tiziano	16	C. N. PABELLON <b>4:37.22</b>	14,00
50m: 30.42 30.42 150m: 1:37.93 34.15 250m: 2:48.84 35.80 350m: 4:01.80 36.86			
100m: 1:03.78 33.36 200m: 2:13.04 35.11 300m: 3:24.94 36.10 400m: 4:37.22 35.42			
20. CAYAZZO BRANDARIZ, Iván	16	C. N. ARTEIXO <b>4:37.51</b>	13,00
50m: 30.94 30.94 150m: 1:39.60 35.06 250m: 2:50.11 35.48 350m: 4:01.71 35.92			
100m: 1:04.54 33.60 200m: 2:14.63 35.03 300m: 3:25.79 35.68 400m: 4:37.51 35.80			
21. GONZALEZ BLANCO, Marco	14	C. N. PABELLON <b>4:40.12</b>	12,00
50m: 31.23 31.23 150m: 1:41.00 35.44 250m: 2:52.64 35.83 350m: 4:05.23 36.52			
100m: 1:05.56 34.33 200m: 2:16.81 35.81 300m: 3:28.71 36.07 400m: 4:40.12 34.89			
22. ÁLVAREZ RIVAS, Nicolás	15	RCN VIGO <b>4:45.67</b>	11,00
50m: 30.97 30.97 150m: 1:42.79 36.34 250m: 2:56.00 36.49 350m: 4:10.30 36.68			
100m: 1:06.45 35.48 200m: 2:19.51 36.72 300m: 3:33.62 37.62 400m: 4:45.67 35.37			
23. MARIZ FERNANDEZ, Adrian	14	C. FLUVIAL LUGO <b>4:47.60</b>	10,00
50m: 32.90 32.90 150m: 1:45.19 36.39 250m: 2:58.96 37.21 350m: 4:12.12 36.53			
100m: 1:08.80 35.90 200m: 2:21.75 36.56 300m: 3:35.59 36.63 400m: 4:47.60 35.48			
24. CHAMORRO LÓPEZ, Guzmán	15	RCN VIGO <b>4:49.09</b>	9,00
50m: 31.94 31.94 150m: 1:43.60 36.77 250m: 2:56.85 36.61 350m: 4:11.86 37.30			
100m: 1:06.83 34.89 200m: 2:20.24 36.64 300m: 3:34.56 37.71 400m: 4:49.09 37.23			
25. GERPE RODRIGUEZ, Fco. Jose	26	C. N. Panas <b>6:00.77</b>	8,00
50m: 34.13 34.13 150m: 1:56.89 43.21 250m: 3:32.44 48.93 350m: 5:13.19 50.15			
100m: 1:13.68 39.55 200m: 2:43.51 46.62 300m: 4:23.04 50.60 400m: 6:00.77 47.58			
DSQ MENDEZ-BENEGASSI FDEZ., Adrian	16	C. N. GALAICO	-
<i>Saída anticipada</i>			
Baja MERA TATO, Hugo	18	C. N. ARZUA	-