

1 - Sábado, 14 de Junio de 2025

14/06/2025 - 10:00

Prueba 1
14/06/2025

Mixto, 4 x 50m Estilos

AG 80 - 359
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1	CIDSANTIAGO	160	+160 CIDSANTIAGO	2:07.70	S	2:07.70
2	ARTEIXO	100	+100 ARTEIXO	2:08.39		2:11.09
3	ARTEIXO	120	+120 ARTEIXO	2:08.52		2:11.22
4	CIDSANTIAGO	100	+100 CIDSANTIAGO	2:11.27	S	2:11.27
5	PONTEAREAS	80	+80 (PIPONTEAREAS	2:12.83	S	2:12.83
6	MOS	80	+80 (PIMOSTASTER)	2:11.22		2:13.92
7	PONTEAREAS	120	+120 PONTEAREAS	2:16.57	S	2:16.57
8	CIDSANTIAGO	120	+120 CIDSANTIAGO	2:16.64	S	2:16.64
9	RBAIXAS	160	+160 RBAIXAS	2:17.77	S	2:17.77
10	ESCUALOS	120	+120 ESCUALOS	2:15.83		2:18.53
11	NCORUÑA	120	+120 NCORUÑA	2:15.85		2:18.55
12	PONTEAREAS	100	+100 PONTEAREAS	2:19.43	S	2:19.43
13	RBAIXAS	120	+120 RBAIXAS	2:21.11	S	2:21.11
14	NCORUÑA	160	+160 NCORUÑA	2:23.38		2:26.08
15	PORTAMIÑA	160	+160 PORTAMIÑA	2:23.86		2:26.56
16	MONFORTE	120	+120 MONFORTE	2:26.76	S	2:26.76
17	ARTEIXO	160	+160 ARTEIXO	2:25.16		2:27.86
18	CULLEREDO	160	+160 CULLEREDO	2:27.33		2:30.03
19	PONTEAREAS	160	+160 PONTEAREAS	2:30.39	S	2:30.39
20	XOVE	160	+160 XOVE	2:27.78		2:30.48
21	ESCUALOS	200	+200 ESCUALOS	2:30.78	S	2:30.78
22	RBAIXAS	200	+200 RBAIXAS	2:30.93	S	2:30.93
23	CDELMAR	200	+200 CDELMAR	2:31.15	S	2:31.15
24	SALVESTRADA	160	+160 SALVESTRADA	2:30.29		2:32.99
25	PORTAMIÑA	200	+200 PORTAMIÑA	2:33.14	S	2:33.14
26	CIDSANTIAGO	200	+200 CIDSANTIAGO	2:34.39	S	2:34.39
27	CDELMAR	120	+120 CDELMAR	2:36.79	S	2:36.79
28	PONTEAREAS	200	+200 PONTEAREAS	2:38.37	S	2:38.37
29	ESCUALOS	160	+160 ESCUALOS	2:35.94		2:38.64
30	NTNARON	160	+160 NTNARON	2:39.94	S	2:39.94
31	CASINOC	160	+160 CASINOC	2:40.32	S	2:40.32
32	MOS	120	+120 MOS	2:47.64	S	2:47.64
33	ARTEIXO	200	+200 ARTEIXO	2:46.26		2:48.96
34	POURENSE	240	+240 POURENSE	2:50.29	S	2:50.29
35	CIDSANTIAGO	240	+240 CIDSANTIAGO	2:56.17	S	2:56.17
36	ORDES	160	+160 ORDES	2:53.60		2:56.30
37	VALDEORRAS	200	+200 VALDEORRAS	3:11.82	S	3:11.82
38	TRAVIESAS	240	+240 TRAVIESAS	3:12.03		3:14.73
39	FLUVIAL	200	+200 FLUVIAL	3:15.67	S	3:15.67
40	PONTEAREAS	240	+240 PONTEAREAS	3:16.83	S	3:16.83
41	MOS	240	+240 MOS	3:15.49		3:18.19
42	RBAIXAS	240	+240 RBAIXAS	3:25.41	S	3:25.41
43	PONTEAREAS	280	+280 PONTEAREAS	4:34.18	S	4:34.18

Prueba 2
14/06/2025

Fem., 400m Libre

2005 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1 SUAREZ GONZALEZ, Gracia	25	25+	PONTEAREAS	4:31.09	S	4:31.09
2 VEIGA SOUTO, Ana	27	25+	ARTEIXO	4:34.63	S	4:34.63
3 GONZALEZ RODRIGUEZ, Maria	43	40+	CIDSANTIAGO	5:01.83	L	4:55.63
4 RAMOS LOBO, Raquel	32	30+	PORTAMIÑA	5:16.73	S	5:16.73
5 ABADIN ROZENBAUM, Lucia Iara	28	25+	CDELMAR	5:18.73	S	5:18.73
6 ESTEVEZ BASTERO, Ana	20	20+	RBAIXAS	5:36.86	S	5:36.86
7 VILARIÑO CACHO, Elvira	44	40+	SALVESTRADA	5:52.65	L	5:46.45
8 TERCEIRO DELGADO, Maria Del Mar	62	60+	CDELMAR	6:06.17	L	5:59.97
9 GONZALEZ PEREZ, Jessica	38	35+	RBAIXAS	6:01.44	S	6:01.44
10 VARELA REDONDO, Veronica	50	50+	PONTEAREAS	6:01.51	S	6:01.51
11 SANCHEZ LEDO, Cira	44	40+	ESCUALOS	6:01.95	S	6:01.95
12 GARCES FERNANDEZ, Erea	22	20+	RBAIXAS	6:06.03	S	6:06.03
13 SALGADO CASTELO, Marta	31	30+	MULLEREF	6:21.16	S	6:21.16
14 OLMO VAQUEIRO, Leticia	44	40+	PONTEAREAS	6:24.12	S	6:24.12
15 GORDILLO VAN GILS, Silvia	29	25+	NTNARON	6:24.48	S	6:24.48
16 PRADO FRANCO, Martha-Elizabeth	46	45+	RBAIXAS	6:25.39	S	6:25.39
17 REGUEIRO RODRIGUEZ, Ana	59	55+	RBAIXAS	6:29.81	S	6:29.81
18 RODRIGUEZ DE DIOS, Amparo	38	35+	VALDEORRAS	6:39.10	S	6:39.10
19 MURAS MORA, Andrea	36	35+	CIDSANTIAGO	6:41.79	S	6:41.79
20 LOPEZ CORTABITARTE, Belen	38	35+	CASINOC	6:44.51	S	6:44.51
21 IGLESIAS SUAREZ, Laura	33	30+	CDELMAR	6:59.39	S	6:59.39
22 MOLANES PIÑEIRO, Maria Elena	41	40+	PONTEAREAS	6:59.50	S	6:59.50
23 ANDON YAÑEZ, Lorena	47	45+	CASINOC	7:17.82	L	7:11.62
24 OREIRO PAZOS, M. Gloria	65	65+	ARTEIXO	7:35.23	S	7:35.23
25 FRANCO CAL, Sonia	38	35+	ASMEIGAS	7:59.54	S	7:59.54

Prueba 3
14/06/2025

Masc., 400m Libre

2005 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1 PASTORIZA SANTACLARA, Jorge	28	25+	RBAIXAS	4:16.88	S	4:16.88
2 CARRERA COSTAS, Martin	29	25+	PONTEAREAS	4:33.58	S	4:33.58
3 INCUTTI TELLADO, Denis	25	25+	PONTEAREAS	4:41.55	S	4:41.55
4 TRILLO RODRIGUEZ, Adrian	28	25+	MOS	4:54.92	S	4:54.92
5 FREIRE GONZALEZ, Javier	32	30+	RBAIXAS	4:59.33	S	4:59.33
6 QUINTAS BARROS, Jesus Carlos	52	50+	ESCUALOS	5:08.52	L	5:01.82
7 BLANCO PEREZ, Jesus	39	35+	NTNARON	5:02.06	S	5:02.06
8 RIVAS FEAL, Antonio	59	55+	CASINOC	5:06.40	S	5:06.40
9 MOURIÑO ORTIGUEIRA, Roberto Carlos	51	50+	PONTEAREAS	5:08.78	S	5:08.78
10 GARCIA RIÑON, Jaime	61	60+	NCORUÑA	5:10.59	S	5:10.59
11 BALDOMAR OBELLEIRA, Ruben	51	50+	NCORUÑA	5:11.10	S	5:11.10
12 PICALLO MATO, Adrian	30	30+	SALVESTRADA	5:13.95	S	5:13.95
13 IGLESIAS CARRERA, Pio	52	50+	CIDSANTIAGO	5:18.97	S	5:18.97
14 CASARES GARCIA, Adrian	22	20+	PONTEAREAS	5:22.02	S	5:22.02
15 GARCIA CASTIÑEIRA, Daniel	51	50+	CIDSANTIAGO	5:23.64	S	5:23.64
16 MARTINEZ FAJARDO, Julio Enrique	55	55+	FOGAR	5:23.78	S	5:23.78
17 MUÑIZ CAL, Rafael	51	50+	ARTEIXO	5:26.25	S	5:26.25
18 BETHENCOURT IGLESIAS, Sergio	62	60+	CIDSANTIAGO	5:33.23	S	5:33.23
19 DOMINGUEZ PHILOCREON, Ticiano	44	40+	CIDSANTIAGO	5:33.90	S	5:33.90
20 FIERRO FERNANDEZ, Julio	43	40+	CASINOC	5:40.37	S	5:40.37
21 GONZALEZ PEÑAS, David	41	40+	PORTAMIÑA	5:40.44	S	5:40.44
22 CUETO ALVAREZ, Elias	50	50+	CIDSANTIAGO	5:47.07	S	5:47.07
23 CODESIDO LOPEZ, Jose	66	65+	CIDSANTIAGO	5:47.15	S	5:47.15
24 NISTAL GARCIA, Eduardo	57	55+	CASINOC	5:48.82	S	5:48.82
25 LAMAS SOTO, Cesar	50	50+	CULLEREDO	5:50.50	S	5:50.50
26 BARCIA SIXTO, Francisco Jose	40	40+	NTNARON	5:52.09	S	5:52.09
27 GARCIA COLOMO, Manuel Ramon	71	70+	POURENSE	6:07.65	S	6:07.65
28 LORENZO FERNANDEZ, Jose Manuel	53	50+	RBAIXAS	6:08.84	S	6:08.84
29 FERNANDEZ MARTINEZ, Alberto	54	50+	ESCUALOS	6:10.04	S	6:10.04
30 SUAREZ GARCIA, Sergio	45	45+	PONSVETUS	6:10.91	S	6:10.91
31 FERREIRO SUAREZ, Javier M.	52	50+	CASINOC	6:19.30	S	6:19.30
32 FIDALGO SERRANO, Guillermo	39	35+	TRAVIESAS	6:22.55	S	6:22.55
33 GOLPE IGLESIAS, Jose Antonio	43	40+	PONSVETUS	6:28.23	S	6:28.23
34 CEGARRA GARCIA, Eugenio	61	60+	RSDH	6:28.27	S	6:28.27
35 HERNANZ MORAL, Fausto	63	60+	RBAIXAS	6:30.24	S	6:30.24
36 BLANCO PEREZ, Angel	61	60+	POURENSE	6:43.06	S	6:43.06
37 RODRIGUEZ BASANTA, Fco. Jose	64	60+	VALDEORRAS	6:44.65	S	6:44.65
38 TABOADA CALVELO, Jose Carlos	46	45+	SALVESTRADA	6:51.58	L	6:44.88
39 FARIAS FORNEIRO, Patricio Cruz	48	45+	FLUVIAL	6:46.76	S	6:46.76
40 MAGARIÑOS MACEIRAS, Xose	57	55+	SALVESTRADA	7:01.47	S	7:01.47
41 SANJORGE PEDREIRA, Carmelo	63	60+	ARTEIXO	7:21.82	L	7:15.12
42 MONROY FERNANDEZ, Manuel	75	75+	PONTEAREAS	7:22.74	L	7:16.04
43 FERNANDEZ RODRIGUEZ, Miguel Ange	56	55+	VALDEORRAS	7:17.52	S	7:17.52
44 PERDIZ GONZALEZ, Jose Ramon	67	65+	ESCUALOS	8:32.69	S	8:32.69
45 LOPEZ VIDAL, Antonio	73	70+	GALAICO	8:34.29	S	8:34.29
46 LAGO REY, Jose Manuel	62	60+	RBAIXAS	10:00.20	S	10:00.20

Prueba 4
14/06/2025

Fem., 100m Estilos

2005 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1 FRANCO CAL, Alba	34	30+	ASMEIGAS	1:08.31	S	1:08.31
2 DAVILA SILVA, Alicia	27	25+	MOS	1:13.59	S	1:13.59
3 GARCIA MIGUEZ, Rosalia	27	25+	CIDSANTIAGO	1:15.81	S	1:15.81
4 VEIGA RODRIGUEZ, Rosalia	26	25+	NCORUÑA	1:16.28	S	1:16.28
5 CRUZ GARCIA, Aurora	30	30+	CIDSANTIAGO	1:20.59	S	1:20.59
6 SOUTIÑO RAMIREZ, Carmen Victoria	24	20+	PORTAMIÑA	1:21.15	S	1:21.15
7 ESCUREDO DIEZ, Mirta	47	45+	XOVE	1:24.51	S	1:24.51
8 GARCIA ESTEVEZ, Nahir	23	20+	MOS	1:25.78	S	1:25.78
9 GOMEZ FERNANDEZ, Uxia	22	20+	ESCUALOS	1:26.40	S	1:26.40
10 FKEOUI OMARI, Salma	43	40+	CIDSANTIAGO	1:26.44	S	1:26.44
11 TORTOSA MENDOZA, Maria Gabriela	29	25+	CULLEREDO	1:29.89	S	1:29.89
12 AZANZA MORENO, Cristina	49	45+	MULLEREF	1:31.54	S	1:31.54
13 CUBA KOSTER, Esmeralda	33	30+	XOVE	1:32.88	S	1:32.88
14 GONZALEZ PEREZ, Paula	29	25+	PONTEAREAS	1:33.23	S	1:33.23
15 ROIG SANCHEZ, Blanca Ana	51	50+	RBAIXAS	1:34.36	S	1:34.36
16 CHAMOSA MARTIN, Julia	64	60+	RBAIXAS	1:34.82	S	1:34.82
17 COVELO SAAVEDRA, Nahir	47	45+	PONTEAREAS	1:35.97	S	1:35.97
18 CARRERA PEREZ, Carolina	31	30+	MOS	1:36.43	S	1:36.43
19 FERNANDEZ GONZALEZ, Iria	43	40+	PORTAMIÑA	1:37.36	S	1:37.36
20 MARTIN, Christelle	44	40+	ESCUALOS	1:38.35	S	1:38.35
21 RODRIGUEZ PAZ, Lucia	25	25+	PONTEAREAS	1:38.90	S	1:38.90
22 ABBATEMARCO, Cristina	41	40+	SALVESTRADA	1:40.22	S	1:40.22
23 REGUEIRO RODRIGUEZ, Ana	59	55+	RBAIXAS	1:42.21	S	1:42.21
24 RIVEIRA CAAMAÑO, Rebeca	48	45+	ORDES	1:46.91	S	1:46.91
25 RODRIGUEZ PANTIN, Marta Maria	59	55+	HERCULES	1:47.19	S	1:47.19
26 RIVAS RODRIGUEZ, Lucia	46	45+	NCORUÑA	1:47.69	S	1:47.69
27 SOUSA CARNEIRO, Rosana	54	50+	MOS	1:50.28	S	1:50.28
28 GARCIA NAVAS, Carolina	46	45+	MULLEREF	1:50.53	S	1:50.53
29 CALVO RODRIGUEZ, Maria	38	35+	NTNARON	1:57.36	S	1:57.36
30 VILLASANTE ARMAS, Maria Rosa	50	50+	NCORUÑA	1:57.39	S	1:57.39
31 MARTY PAZOS, Maria Victoria	60	60+	TRAVIESAS	1:58.03	S	1:58.03
32 OREIRO PAZOS, M. Gloria	65	65+	ARTEIXO	1:58.79	S	1:58.79
33 MARTINEZ BARCIELA, Maria Olga	35	35+	RBAIXAS	2:01.79	S	2:01.79
34 CELEMIN PORRERO, Maria Teresa	66	65+	CIDSANTIAGO	2:02.39	S	2:02.39
35 SANCHEZ BARREIRO, Maria Carmen	49	45+	PONTEAREAS	2:06.44	S	2:06.44
36 ABELLEIRA CORRAL, Gema	45	45+	MULLEREF	2:12.29	S	2:12.29
37 VAZQUEZ PARCERO, Marta	45	45+	CULLEREDO	2:18.31	S	2:18.31
38 GONZALEZ PIMENTEL, Saleta	53	50+	PONSVETUS	2:22.48	S	2:22.48
39 SANCHEZ VAZQUEZ, Maria Luisa	60	60+	PONSVETUS	2:29.90	S	2:29.90
40 MENDEZ ABELAIRA, Jessica	43	40+	VALDEORRAS	2:39.64	S	2:39.64

Prueba 5
14/06/2025

Masc., 100m Estilos

2005 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1 PONTON RODRIGUEZ, Juan	23	20+	MONFORTE	1:01.71	S	1:01.71
2 PEREZ PAZ, Dario	20	20+	PONTEAREAS	1:03.18	S	1:03.18
3 LOBELLE GONZALEZ, Ivan	36	35+	CDELMAR	1:04.44	S	1:04.44
4 CALLE FACAL, Telmo	42	40+	CIDSANTIAGO	1:04.94	S	1:04.94
5 MUIÑO ALONSO, Anton	31	30+	NCORUÑA	1:05.54	S	1:05.54
6 TORRES NEIRA, Mateo	46	45+	CASINOC	1:06.18	S	1:06.18
7 EIRIZ DIEGUEZ, Daniel	47	45+	MOS	1:06.29	S	1:06.29
8 LOBELLE GONZALEZ, Marcos	36	35+	CDELMAR	1:06.33	S	1:06.33
9 LOPEZ LOPEZ, Jaime Borja	25	25+	PORTAMIÑA	1:06.62	S	1:06.62
10 MORGADAS IGLESIAS, Pablo	27	25+	MOS	1:09.24	S	1:09.24
11 MARTINEZ DOPAZO, David	38	35+	CIDSANTIAGO	1:09.73	S	1:09.73
12 GUIRADO CARABEL, Oscar	49	45+	CULLEREDO	1:11.41	S	1:11.41
13 FERNANDEZ NUÑEZ, Santiago	62	60+	CIDSANTIAGO	1:11.67	S	1:11.67
14 CASTRO VILLAR, David	34	30+	CDELMAR	1:12.09	S	1:12.09
15 FINS SEOANE, Juan Miguel	48	45+	SALVESTRADA	1:13.32	S	1:13.32
16 FORTES NOVOA, Martino	37	35+	ESCUALOS	1:13.34	S	1:13.34
17 DIZ NIEVES, David	21	20+	NFERROL	1:13.65	S	1:13.65
18 IGLESIAS LAPIDO, Miguel	40	40+	FLUVIAL	1:13.87	S	1:13.87
19 ESCUREDO DIEZ, Alberto	41	40+	XOVE	1:15.35	S	1:15.35
20 FEIJOO REY, Roi	46	45+	POURENSE	1:16.19	S*	1:16.38
21 CASARES GARCIA, Brais	21	20+	PONTEAREAS	1:17.40	S*	1:17.59
22 HERNAEZ OUBIÑA, David	52	50+	CULLEREDO	1:17.69	S	1:17.69
23 DIEGUEZ ARANDA, Hector	52	50+	PORTAMIÑA	1:17.79	S	1:17.79
24 ESPINOSA MIRA, Jorge	47	45+	VALDEORRAS	1:19.23	S	1:19.23
25 ALVAREZ SILVA, Ruben	44	40+	ESCUALOS	1:19.24	S	1:19.24
26 PEREZ VAZQUEZ, Telmo	37	35+	NTNARON	1:20.98	S	1:20.98
27 RODRIGUEZ RODRIGUEZ, Santiago	53	50+	CIDSANTIAGO	1:21.50	S	1:21.50
28 PUENTE DIAZ, Javier	54	50+	CIDSANTIAGO	1:22.54	S	1:22.54
29 IGLESIAS FUERTES, Abel	46	45+	ESCUALOS	1:22.72	S	1:22.72
30 FERNANDEZ BARREIROS, Claudio	50	50+	ORDES	1:23.81	S	1:23.81
31 PENIDE CALVO, Gabriel	32	30+	RBAIXAS	1:24.10	S	1:24.10
32 GOMEZ MARTIN, Ruben	47	45+	FLUVIAL	1:25.28	S	1:25.28
33 PIÑEIRO PEON, Antonio	41	40+	CIDSANTIAGO	1:25.34	S	1:25.34
34 SOLLEIRO TIZON, Juan Jose	62	60+	NCORUÑA	1:26.27	S	1:26.27
35 FERNANDEZ IGLESIAS, Emilio J.	48	45+	PONTEAREAS	1:26.49	S	1:26.49
36 BASTIDA CAMPOS, Alejandro	43	40+	SALVESTRADA	1:27.76	S	1:27.76
37 SANCHEZ SECO, Manuel	57	55+	ESCUALOS	1:28.16	S	1:28.16
38 ALIAGA SOLA, Alberto	48	45+	PONTEAREAS	1:29.38	S	1:29.38
39 DIAZ QUEZADA, Miguel Bismark	27	25+	VALDEORRAS	1:31.26	S	1:31.26
40 LORENZO FERNANDEZ, Jose Manuel	53	50+	RBAIXAS	1:31.81	S	1:31.81
41 PEXEGUEIRO BALADRON, Nicolas	48	45+	MOS	1:32.26	S	1:32.26
42 GONZALEZ VICENTE, Ruben	44	40+	PORTAMIÑA	1:35.10	S	1:35.10
43 REBANAL ALFAYA, Fernando	54	50+	VALDEORRAS	1:37.09	S	1:37.09
44 DURO GONZALEZ, Antonio	51	50+	SALVESTRADA	1:38.69	S	1:38.69
45 RODRIGUEZ GOMEZ, Emilio	64	60+	PONTEAREAS	1:39.13	S	1:39.13
46 SANCHEZ VAZQUEZ, Jesus	63	60+	PORTAMIÑA	1:44.92	S	1:44.92
47 LORENZO GONZALEZ-VISO, Carlos	54	50+	POURENSE	1:47.31	S	1:47.31
48 RODRIGUEZ LEMOS, Andres Jesus	76	75+	MOS	1:51.23	S	1:51.23

Prueba 5, Masc., 100m Estilos

49 LAMELO OTERO, Ramon Jesus	57	55+	CIDSANTIAGO	1:51.99 S	1:51.99
50 PEREZ GARCIA, Manuel	58	55+	CULLEREDO	1:52.61 S	1:52.61

Prueba 6
14/06/2025

Fem., 200m Braza

2005 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1 ALVITE BERGARA, Nerea	26	25+	ARTEIXO	3:00.62	S	3:00.62
2 HERMIDA RODRIGUEZ, Blanca	44	40+	NFERROL	3:10.47	S	3:10.47
3 DURAN VEIRAS, Raquel	41	40+	ARTEIXO	3:12.38	S	3:12.38
4 FERNANDEZ JUAN, Maria	27	25+	CIDSANTIAGO	3:19.49	S	3:19.49
5 ALVAREZ SOUTO, Claudia	24	20+	PONTEAREAS	3:20.42	S	3:20.42
6 TORRE GONZALEZ, Elisa	40	40+	RBAIXAS	3:25.83	S	3:25.83
7 SANDERSON KEOUGH, Helen Jane	55	55+	CULLEREDO	3:35.95	L	3:31.55
8 OJEA DE CASTRO, Macarena	52	50+	PORTAMIÑA	3:34.71	S	3:34.71
9 LOPEZ ARTABE, Inmaculada	45	45+	CDELMAR	3:41.93	S	3:41.93
10 GONZALEZ PEREZ, Paula	29	25+	PONTEAREAS	3:43.04	S	3:43.04
11 GONZALEZ MACIA, Alba	31	30+	MONFORTE	3:51.71	L	3:47.31
12 DEL AMO BLANCO, Margarita	58	55+	PONTEAREAS	3:54.75	S	3:54.75
13 MARTINEZ GARCIA, Susana	34	30+	MONFORTE	3:58.08	S	3:58.08
14 MELLA CASTRO, Ana Maria	31	30+	ORDES	3:59.14	S	3:59.14
15 PUENTE MARIN, Cristina	30	30+	FLUVIAL	4:08.13	S	4:08.13
16 BEN CILLERO, Natalia	36	35+	XOVE	4:16.50	S	4:16.50
17 ABELLEIRA CORRAL, Gema	45	45+	MULLEREF	4:48.13	S	4:48.13
18 RODRIGUEZ TRONCOSO, Marina	66	65+	PONTEAREAS	4:57.07	S	4:57.07
19 GOMEZ DOVAL, Maria Angela	69	65+	FLUVIAL	5:11.06	S	5:11.06
20 MELON PARENTE, M. Lourdes	56	55+	PONTEAREAS	6:22.96	S	6:22.96

Prueba 7
14/06/2025

Masc., 200m Braza

2005 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1 FERNANDEZ DEL VALLE, Ivan	20	20+	POURENSE	2:27.10	S	2:27.10
2 TENORIO FREIRE, Martin	33	30+	CIDSANTIAGO	2:32.38	S	2:32.38
3 PAZOS ALONSO, Josue	39	35+	ESCUALOS	2:41.62	S	2:41.62
4 VILLAMOR FERRO, Ruben	25	25+	ARTEIXO	2:46.67	S	2:46.67
5 ARGIZ MARTINEZ, David	25	25+	MONFORTE	2:51.47	S	2:51.47
6 GARCIA REBOLO, Alejandro	50	50+	POURENSE	2:55.83	S	2:55.83
7 CARBALLO OTERO, Cesar	22	20+	MOS	2:56.45	S	2:56.45
8 HERMIDA RAMOS, Raul	25	25+	NTNARON	3:00.76	S	3:00.76
9 GONZALEZ IGLESIAS, Alberto	28	25+	CULLEREDO	3:02.10	S	3:02.10
10 CARBALLO CABEZAS, Enrique	49	45+	POURENSE	3:03.80	S	3:03.80
11 TOURINO GONZALEZ, Victor M.	57	55+	CMARINA	3:04.42	S	3:04.42
12 FIERRO FERNANDEZ, Julio	43	40+	CASINOC	3:07.50	S	3:07.50
13 BOUSO FUENTECILLA, Fernando	54	50+	ESCUALOS	3:07.67	S	3:07.67
14 GUIMAREY VAZQUEZ, Marcos	48	45+	PORTAMIÑA	3:09.97	S	3:09.97
15 REY RODRIGUEZ, Oscar	51	50+	CIDSANTIAGO	3:13.70	S	3:13.70
16 PREGO MARTINEZ, Benjamin	52	50+	PONTEAREAS	3:13.76	S	3:13.76
17 PADIN CHARLIN, Joaquin	45	45+	ESCUALOS	3:19.59	L	3:14.19
18 PEREZ GONZALEZ, Ivan	43	40+	MONFORTE	3:16.03	S	3:16.03
19 DIEGUEZ GONZALEZ, Bruno	35	35+	CIDSANTIAGO	3:18.77	S	3:18.77
20 FERREIRO SUAREZ, Javier M.	52	50+	CASINOC	3:19.14	S	3:19.14
21 MARQUEZ VAZQUEZ, Pablo	23	20+	ASMEIGAS	3:20.32	S	3:20.32
22 GONZALEZ PEÑAS, David	41	40+	PORTAMIÑA	3:28.16	L	3:22.76
23 FERNANDEZ MARTINEZ, Alberto	54	50+	ESCUALOS	3:23.31	S	3:23.31
24 GARCIA SANJURJO, Jose Manuel	58	55+	CDELMAR	3:26.65	S	3:26.65
25 SUAREZ GARCIA, Pedro Lois	45	45+	PONTEAREAS	3:34.51	S	3:34.51
26 CADAVID NUÑEZ, Jose	55	55+	POURENSE	3:44.09	S	3:44.09
27 GARCIA COLOMO, Manuel Ramon	71	70+	POURENSE	3:57.48	L	3:52.08
28 RODRIGUEZ VIEITO, Ricardo M.	68	65+	MOS	4:01.54	S	4:01.54
29 HERNANZ MORAL, Fausto	63	60+	RBAIXAS	4:05.12	S	4:05.12
30 GONZALEZ SANDEZ, Carlos	46	45+	VALDEORRAS	4:20.87	S	4:20.87
31 LAGO GONZALEZ, Ivan	32	30+	PONTEAREAS	4:23.88	S	4:23.88
32 FERREIRO SANCHEZ, Luis	55	55+	POURENSE	4:40.34	S	4:40.34

Prueba 8
14/06/2025

Fem., 100m Mariposa

2005 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1 RODRIGUEZ RODRIGUEZ, Nina	23	20+	RBAIXAS	1:05.07	L	1:04.37
2 SUAREZ GONZALEZ, Gracia	25	25+	PONTEAREAS	1:07.25	S	1:07.25
3 ABADIN ROZENBAUM, Manuela Rocio	30	30+	CDELMAR	1:23.95	S	1:23.95
4 ESTEVEZ BASTERO, Ana	20	20+	RBAIXAS	1:26.18	S	1:26.18
5 PRADO FRANCO, Martha-Elizabeth	46	45+	RBAIXAS	1:31.40	S	1:31.40
6 GARCIA COLOMO, Maria Cristina	63	60+	POURENSE	1:40.77	S	1:40.77
7 TOMILLO SANTOS, Erika	35	35+	PONSVETUS	1:41.67	S	1:41.67
8 CARRERA PEREZ, Carolina	31	30+	MOS	1:46.30	S	1:46.30
9 SALGADO CASTELO, Marta	31	30+	MULLEREF	1:51.88	S	1:51.88
10 ALONSO PEREIRA, Fatima	32	30+	RBAIXAS	1:54.32	S	1:54.32
11 BARJA BARJA, Liliana	60	60+	TRAVIASAS	1:55.62	S	1:55.62
12 ABREU FERNANDEZ, Marta	54	50+	PONTEAREAS	1:55.66	S	1:55.66
13 SOBRINO EIRIZ, MARIA DEL VALLE	53	50+	PONTEAREAS	2:00.57	S	2:00.57
14 PAZOS SOAGE, Paloma	55	55+	PONSVETUS	2:10.30	S	2:10.30
15 FERNANDEZ GUARDIOLA, Loira	36	35+	PONTEAREAS	2:18.89	S	2:18.89
16 SANCHEZ BARREIRO, Maria Carmen	49	45+	PONTEAREAS	2:39.54	S	2:39.54

Prueba 9
14/06/2025

Masc., 100m Mariposa

2005 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1 SUAREZ FERNANDEZ, Santiago	30	30+	MONFORTE	1:01.98	S	1:01.98
2 CARRERA COSTAS, Martin	29	25+	PONTEAREAS	1:02.47	S	1:02.47
3 CASTRO RODRIGUEZ, Francisco	25	25+	CIDSANTIAGO	1:03.98	S	1:03.98
4 SONEIRA REBOREDO, Oscar	50	50+	CIDSANTIAGO	1:07.44	S	1:07.44
5 DIZ NIEVES, David	21	20+	NFERROL	1:08.72	L	1:07.62
6 BELTRAN DIAZ, Emilio	48	45+	MONFORTE	1:08.57	S	1:08.57
7 FREIRE GONZALEZ, Javier	32	30+	RBAIXAS	1:09.96	S	1:09.96
8 IGLESIAS GOMEZ, Gonzalo	46	45+	CIDSANTIAGO	1:10.36	S	1:10.36
9 MARTINEZ FAJARDO, Julio Enrique	55	55+	FOGAR	1:11.20	S	1:11.20
10 CASARES GARCIA, Adrian	22	20+	PONTEAREAS	1:13.96	S	1:13.96
11 ROADE MORADO, Aitor	40	40+	NTNARON	1:18.62	L	1:17.52
12 KRUGLOV, Mykola	40	40+	ESCUALOS	1:18.07	S	1:18.07
13 MONTERO PRIETO, Carlos Eugenio	47	45+	CIDSANTIAGO	1:20.32	S	1:20.32
14 MENDEZ LORENZO, Bruno	21	20+	NFERROL	1:20.82	S	1:20.82
15 ARANGO GAYAR, Saul	45	45+	RBAIXAS	1:21.22	S	1:21.22
16 ISASTI MAIZA, Patxi Xabier	60	60+	XOVE	1:22.39	S	1:22.39
17 NOVALES BLANCO, Xabier	34	30+	RBAIXAS	1:24.86	S	1:24.86
18 CARRIL SOUTO, Javier	22	20+	ARTEIXO	1:25.76	S	1:25.76
19 FERNANDEZ IGLESIAS, Emilio J.	48	45+	PONTEAREAS	1:26.19	S	1:26.19
20 BETHENCOURT IGLESIAS, Sergio	62	60+	CIDSANTIAGO	1:26.42	S	1:26.42
21 Balsa Mosquera, Pablo	47	45+	NTNARON	1:27.64	S	1:27.64
22 GULIAS GARCIA, Jose Ruben	34	30+	PONSVETUS	1:29.01	S	1:29.01
23 PICALLO MATO, Adrian	30	30+	SALVESTRADA	1:33.78	S	1:33.78
24 DURO GONZALEZ, Antonio	51	50+	SALVESTRADA	1:34.91	S	1:34.91
25 FERREIRA GONZALEZ, Xose Anxo	59	55+	REDONDELA	1:37.99	S	1:37.99
26 SUAREZ GARCIA, Sergio	45	45+	PONSVETUS	1:39.06	S	1:39.06
27 DIAZ QUEZADA, Miguel Bismark	27	25+	VALDEORRAS	1:40.39	S	1:40.39
28 GOLPE IGLESIAS, Jose Antonio	43	40+	PONSVETUS	1:40.98	S	1:40.98
29 TRONCOSO CAAMAÑO, Fernando	50	50+	ESCUALOS	1:42.44	S	1:42.44
30 GESTOSO PAZO, Juan Francisco	58	55+	SALVESTRADA	1:45.76	S	1:45.76
31 FIDALGO SERRANO, Guillermo	39	35+	TRAVIESAS	1:52.43	S	1:52.43
32 MARTINEZ BERJANO, Jose Manuel	62	60+	MONFORTE	1:52.69	S	1:52.69
33 FERNANDEZ CORRAL, Marcos	46	45+	PORTAMIÑA	2:01.65	S	2:01.65

Prueba 10
14/06/2025

Fem., 100m Espalda

2005 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1 HERMIDA RODRIGUEZ, Blanca	44	40+	NFERROL	1:13.48	S	1:13.48
2 SOUTIÑO RAMIREZ, Carmen Victoria	24	20+	PORTAMIÑA	1:17.82	S	1:17.82
3 CRUZ GARCIA, Aurora	30	30+	CIDSANTIAGO	1:18.49	S	1:18.49
4 OTERO RODRIGUEZ, Sandra	38	35+	ESCUALOS	1:18.69	S	1:18.69
5 SANCHEZ LEDO, Cira	44	40+	ESCUALOS	1:24.18	S	1:24.18
6 OJEA DE CASTRO, Macarena	52	50+	PORTAMIÑA	1:26.74	S	1:26.74
7 GOMEZ FERNANDEZ, Uxia	22	20+	ESCUALOS	1:29.12	S	1:29.12
8 RODRIGUEZ PAZ, Lucia	25	25+	PONTEAREAS	1:33.12	S	1:33.12
9 ROIG SANCHEZ, Blanca Ana	51	50+	RBAIXAS	1:33.22	S	1:33.22
10 SANDERSON KEOUGH, Helen Jane	55	55+	CULLEREDO	1:33.25	S	1:33.25
11 ABBATEMARCO, Cristina	41	40+	SALVESTRADA	1:35.58	S	1:35.58
12 GARCIA COLOMO, Maria Cristina	63	60+	POURENSE	1:36.82	S	1:36.82
13 GOMEZ PAREDES, Maria	49	45+	FLUVIAL	1:37.30	S	1:37.30
14 MARTIN, Christelle	44	40+	ESCUALOS	1:39.59	L	1:37.49
15 GANDARA SUAREZ, Tania	32	30+	ORDES	1:38.66	S	1:38.66
16 CHAMOSA MARTIN, Julia	64	60+	RBAIXAS	1:39.42	S	1:39.42
17 GORDILLO VAN GILS, Silvia	29	25+	NTNARON	1:39.43	S*	1:39.62
18 TOMILLO SANTOS, Erika	35	35+	PONSVETUS	1:42.05	S	1:42.05
19 SOUSA CARNEIRO, Rosana	54	50+	MOS	1:42.36	S	1:42.36
20 DEL AMO BLANCO, Margarita	58	55+	PONTEAREAS	1:42.59	S	1:42.59
21 VAZQUEZ DUARTE, Cristina	39	35+	RBAIXAS	1:43.12	S	1:43.12
22 LOPEZ CORTABITARTE, Belen	38	35+	CASINOC	1:43.73	S	1:43.73
23 IGLESIAS SUAREZ, Laura	33	30+	CDELMAR	1:44.87	S	1:44.87
24 ALVAREZ FERNANDEZ, Sofia	21	20+	PONTEAREAS	1:45.36	S	1:45.36
25 VILLASANTE ARMAS, Maria Rosa	50	50+	NCORUÑA	1:46.02	S	1:46.02
26 SALES MANTIÑAN, Carmen	51	50+	CASINOC	1:47.14	S	1:47.14
27 GARCIA NAVAS, Carolina	46	45+	MULLEREF	1:53.62	S	1:53.62
28 BEN CILLERO, Natalia	36	35+	XOVE	1:58.82	S	1:58.82
29 GONZALEZ GARCIA, Covadonga	36	35+	GALAICO	1:59.56	S	1:59.56
30 SOUSA CARNEIRO, Alicia	51	50+	MOS	2:01.62	S	2:01.62
31 GONZALEZ ALCARAZ, Glenda Teresa	55	55+	MULLEREF	2:01.72	S	2:01.72
32 MARTY PAZOS, Maria Victoria	60	60+	TRAVIESAS	2:02.14	S	2:02.14
33 CELEMIN PORRERO, Maria Teresa	66	65+	CIDSANTIAGO	2:02.60	S	2:02.60
34 GONZALEZ PIMENTEL, Saleta	53	50+	PONSVETUS	2:05.12	S	2:05.12
35 FILGUEIRA FRANCO, Laura	47	45+	PONSVETUS	2:06.97	S	2:06.97
36 PAZOS SOAGE, Paloma	55	55+	PONSVETUS	2:08.14	S	2:08.14
37 ABREU FERNANDEZ, Marta	54	50+	PONTEAREAS	2:08.99	S	2:08.99
38 FRANCO CAL, Sonia	38	35+	ASMEIGAS	2:11.10	S	2:11.10
39 VAZQUEZ GONZALEZ, Yolanda	49	45+	VALDEORRAS	2:19.66	S	2:19.66
40 FERNANDEZ SESTELO, Maria Jose	55	55+	PONTEAREAS	2:28.44	S	2:28.44
41 IGNACIO QUINTEIRO, Maria Del Carmen	60	60+	PONSVETUS	2:29.90	S	2:29.90
42 FORRYAN SECCOMBE, Anne May	59	55+	PONTEAREAS	2:42.33	S	2:42.33
43 GONZALEZ RODRIGUEZ, S. Marta	79	75+	PONTEAREAS	3:16.85	S	3:16.85

Prueba 11
14/06/2025

Masc., 100m Espalda

2005 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1 QUIROGA RAMOS, Noel	25	25+	POURENSE	1:00.71	S	1:00.71
2 PASTORIZA SANTACLARA, Jorge	28	25+	RBAIXAS	1:05.25	S	1:05.25
3 TORRES NEIRA, Mateo	46	45+	CASINOC	1:05.49	S	1:05.49
4 EIRIZ DIEGUEZ, Daniel	47	45+	MOS	1:08.02	S	1:08.02
5 CASTRO VILLAR, David	34	30+	CDELMAR	1:08.47	S	1:08.47
6 FERNANDEZ NUÑEZ, Santiago	62	60+	CIDSANTIAGO	1:13.51	L	1:10.61
7 DIAZ RODRIGUEZ, Andres	36	35+	NTNARON	1:13.28	S	1:13.28
8 GUIRADO CARABEL, Oscar	49	45+	CULLEREDO	1:17.24	L	1:14.34
9 MOURIZ LOMBAO, Fco. Javier	50	50+	PORTAMIÑA	1:16.19	S	1:16.19
10 JORGE IGLESIAS, Marcelino	59	55+	PONTEAREAS	1:19.12	S	1:19.12
11 PUENTE DIAZ, Javier	54	50+	CIDSANTIAGO	1:20.54	S	1:20.54
12 MEILAN SANCHEZ, Sergio Jose	29	25+	PORTAMIÑA	1:24.93	L	1:22.03
13 PADIN CHARLIN, Joaquin	45	45+	ESCUALOS	1:24.42	S	1:24.42
14 ALVAREZ DE SOTOMAYOR PUIGNAIRI, Juan	51	50+	NCORUÑA	1:25.91	S	1:25.91
15 BARCIA SIXTO, Francisco Jose	40	40+	NTNARON	1:26.36	S	1:26.36
16 BASTIDA CAMPOS, Alejandro	43	40+	SALVESTRADA	1:26.75	S	1:26.75
17 CODESIDO LOPEZ, Jose	66	65+	CIDSANTIAGO	1:28.15	S	1:28.15
18 LAMAS SOTO, Cesar	50	50+	CULLEREDO	1:29.75	S	1:29.75
19 GOMEZ MARTIN, Ruben	47	45+	FLUVIAL	1:30.27	S	1:30.27
20 FONTAN SEIJO, Adrian	32	30+	MOS	1:33.55	S	1:33.55
21 ALIAGA SOLA, Alberto	48	45+	PONTEAREAS	1:34.46	S	1:34.46
22 MILLAN ALONSO, Ruben	55	55+	TRAVIESAS	1:35.05	S*	1:35.24
23 PEXEGUEIRO BALADRON, Nicolas	48	45+	MOS	1:35.33	S	1:35.33
24 REBANAL ALFAYA, Fernando	54	50+	VALDEORRAS	1:41.72	L	1:38.82
25 MELLA BARBEITO, Javier	42	40+	ARTEIXO	1:44.70	S	1:44.70
26 CUETO ALVAREZ, Elias	50	50+	CIDSANTIAGO	1:46.72	S	1:46.72
27 VAZQUEZ PEREZ, Diego	30	30+	MONFORTE	1:49.10	S	1:49.10
28 FIDALGO SERRANO, Manuel A.	44	40+	TRAVIESAS	1:53.21	S*	1:53.40
29 RODRIGUEZ LEMOS, Andres Jesus	76	75+	MOS	1:55.33	S	1:55.33
30 FERNANDEZ GONZALEZ, Alvaro	60	60+	MOS	1:58.90	L	1:56.00
31 GIRALDEZ VILLANUEVA, Ivan	38	35+	PONTEAREAS	2:00.11	S	2:00.11
32 LOPEZ VIDAL, Antonio	73	70+	GALAICO	2:23.10	L	2:20.20
33 GONZALEZ SANDEZ, Carlos	46	45+	VALDEORRAS	2:47.66	S	2:47.66
34 ARAUJO DOMINGUEZ, Francisco	85	85+	PONTEAREAS	2:56.91	S	2:56.91

Prueba 12
14/06/2025

Fem., 50m Libre

2005 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1 FRANCO CAL, Alba	34	30+	ASMEIGAS	27.17	S	27.17
2 LEMOS FERNANDEZ, Zaira	23	20+	PONTEAREAS	31.19	S	31.19
3 OTERO RODRIGUEZ, Sandra	38	35+	ESCUALOS	31.29	S	31.29
4 DOPEREIRO GARCIA, Alba	35	35+	NCORUÑA	31.33	S	31.33
5 ABADIN ROZENBAUM, Lucia Iara	28	25+	CDELMAR	31.94	S	31.94
6 VILARIÑO SAN JOSE, Alba	32	30+	RBAIXAS	32.35	S	32.35
7 GESTO ALONSO, Clarisa	36	35+	PONTEAREAS	33.08	L	32.68
8 TERCEIRO DELGADO, Maria Del Mar	62	60+	CDELMAR	33.32	S	33.32
9 AZANZA MORENO, Cristina	49	45+	MULLEREF	33.37	S	33.37
10 MUIÑO, Andrea	34	30+	NCORUÑA	33.37	S	33.37
11 GONZALEZ FERNANDEZ, Leticia	43	40+	XOVE	33.93	S	33.93
12 OLMO VAQUEIRO, Leticia	44	40+	PONTEAREAS	34.44	L	34.04
13 ABREU RAMOS, Ines Isabel	27	25+	ASMEIGAS	34.49	S	34.49
14 ROMAR GASALLA, Aurora Fatima	48	45+	NTNARON	35.57	L	35.17
15 ARAUJO CASTRO, Paula	34	30+	CDELMAR	35.30	S	35.30
16 VARELA REDONDO, Veronica	50	50+	PONTEAREAS	35.39	S	35.39
17 SUAREZ BUJAN, Rebeca	42	40+	CIDSANTIAGO	35.73	S	35.73
18 MOLINOS LAMAS, Bibiana	48	45+	RBAIXAS	35.94	S	35.94
19 MAURIZ BARREIRO, Maria Violeta	33	30+	CIDSANTIAGO	36.23	S	36.23
20 ALONSO GONZALEZ, Ines	33	30+	MOS	36.24	S	36.24
21 GANDARA SUAREZ, Tania	32	30+	ORDES	37.12	L	36.72
22 CUBA KOSTER, Esmeralda	33	30+	XOVE	36.80	S	36.80
23 RODRIGUEZ TAPIA, Alba	21	20+	XOVE	36.86	S	36.86
24 SALES MANTIÑAN, Carmen	51	50+	CASINOC	37.56	L	37.16
25 MARTINEZ GARCIA, Susana	34	30+	MONFORTE	37.18	S	37.18
26 MURAS MORA, Andrea	36	35+	CIDSANTIAGO	37.37	S	37.37
27 GOMEZ PAREDES, Maria	49	45+	FLUVIAL	37.43	S	37.43
28 OTERO FERNANDEZ, Maria Luisa	32	30+	SALVESTRADA	37.65	S	37.65
29 CASTRO MAESTRE, Isaura	56	55+	FLUVIAL	38.76	L	38.36
30 ANDON YAÑEZ, Lorena	47	45+	CASINOC	38.69	S	38.69
31 MAZAIRO CASTRO, Carmen	52	50+	ESCUALOS	38.76	S	38.76
32 RIVAS RODRIGUEZ, Lucia	46	45+	NCORUÑA	39.62	L	39.22
33 LLEVOT SANCHEZ, Ana Isabel	55	55+	PONSVETUS	40.57	S	40.57
34 RODRIGUEZ PANTIN, Marta Maria	59	55+	HERCULES	40.61	S	40.61
35 VAZQUEZ DUARTE, Cristina	39	35+	RBAIXAS	42.28	S	42.28
36 ESPASANDIN FERNANDEZ, Raquel	27	25+	MONFORTE	43.08	S	43.08
37 GONZALEZ-ALEGRE BURGUEÑO, Ana Maria	73	70+	TRAVIESAS	44.15	S	44.15
38 MARTIN VILAS, Maria Jesus	43	40+	ORDES	44.63	S	44.63
39 ALVAREZ GONZALEZ, Lara	40	40+	PONTEAREAS	45.05	S	45.05
40 FERNANDEZ SESTELO, Maria Jose	55	55+	PONTEAREAS	48.33	L	47.93
41 IGNACIO QUINTEIRO, Maria Del Carmen	60	60+	PONSVETUS	49.56	S	49.56
42 FERNANDEZ GUARDIOLA, Loira	36	35+	PONTEAREAS	50.42	S	50.42
43 REY OTERO, Angela Maria	59	55+	MULLEREF	50.60	S	50.60
44 GONZALEZ PIMENTEL, Maria Belen	49	45+	PONSVETUS	52.25	S	52.25
45 FERNANDEZ PARADA, Clara	32	30+	POURENSE	53.17	S	53.17
46 DIAZ PARDO, Nuria M	50	50+	PORTAMIÑA	54.52	L	54.12
47 MENDEZ ABELAIRA, Jessica	43	40+	VALDEORRAS	54.72	S	54.72
48 GOMEZ DOVAL, Maria Angela	69	65+	FLUVIAL	56.10	S	56.10

Prueba 12, Fem., 50m Libre

49	FILGUEIRA FRANCO, Laura	47	45+	PONSVETUS	57.58 S	57.58
50	SANCHEZ VAZQUEZ, Maria Luisa	60	60+	PONSVETUS	1:00.11 S	1:00.11
51	PEREZ GALLARDO, Teresa	61	60+	POURENSE	1:00.69 L	1:00.29
52	FERNANDEZ COPA, Maria Susana	58	55+	MULLEREF	1:02.31 S	1:02.31
53	GONZALEZ RODRIGUEZ, S. Marta	79	75+	PONTEAREAS	1:21.15 S	1:21.15

Prueba 13
14/06/2025

Masc., 50m Libre

2005 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1 LOBELLE GONZALEZ, Ivan	36	35+	CDELMAR	23.74	S	23.74
2 PONTON RODRIGUEZ, Juan	23	20+	MONFORTE	24.49	S	24.49
3 PINTO RAMNARINE, Rohan Ian	39	35+	GALAICO	24.64	S	24.64
4 VAZQUEZ PEREZ, Sergio	33	30+	CDELMAR	24.70	S	24.70
5 MUIÑO ALONSO, Anton	31	30+	NCORUÑA	24.97	S	24.97
6 GARABATOS RODRIGUEZ, Santiago	51	50+	MOS	25.39	S	25.39
7 ALONSO RODRIGUEZ, Javier	24	20+	PONTEAREAS	25.73	S	25.73
8 QUIROGA RAMOS, Noel	25	25+	POURENSE	26.36	L	25.76
9 BELTRAN DIAZ, Emilio	48	45+	MONFORTE	26.47	L	25.87
10 LOBELLE GONZALEZ, Marcos	36	35+	CDELMAR	26.48	S	26.48
11 LOPEZ LOPEZ, Jaime Borja	25	25+	PORTAMIÑA	26.78	S	26.78
12 SONEIRA REBOREDO, Oscar	50	50+	CIDSANTIAGO	26.90	S	26.90
13 CASARES GARCIA, Brais	21	20+	PONTEAREAS	26.64	S*	26.93
14 PIÑEIRO PEON, Antonio	41	40+	CIDSANTIAGO	27.17	S	27.17
15 BELTRAN FREIRIA, Oskar	21	20+	MOS	27.51	S	27.51
16 BLANCO PEREZ, Jesus	39	35+	NTNARON	27.83	S	27.83
17 IGLESIAS GOMEZ, Gonzalo	46	45+	CIDSANTIAGO	27.99	S	27.99
18 MORQUILLAS RIOBO, Brais	38	35+	MOS	28.39	S	28.39
19 HERMIDA RAMOS, Raul	25	25+	NTNARON	28.44	S	28.44
20 MENDES FERRAS, Artur Leonel	44	40+	MONFORTE	28.64	S	28.64
21 RODRIGUEZ SALGADO, Manuel	50	50+	CIDSANTIAGO	29.34	L	28.74
22 IGLESIAS CARRERA, Pio	52	50+	CIDSANTIAGO	29.37	L	28.77
23 DIEGUEZ ARANDA, Hector	52	50+	PORTAMIÑA	28.83	S	28.83
24 TRILLO RODRIGUEZ, Adrian	28	25+	MOS	28.86	S	28.86
25 MENDEZ LORENZO, Bruno	21	20+	NFERROL	29.22	S	29.22
26 ANDRES DUASO, Olmo	32	30+	ARTEIXO	29.25	S	29.25
27 KRUGLOV, Mykola	40	40+	ESCUALOS	29.35	S	29.35
28 BALDOMAR OBELLEIRA, Ruben	51	50+	NCORUÑA	29.44	S	29.44
29 GARCIA MUGGIA, Erick Jose	39	35+	RBAIXAS	29.57	S	29.57
30 Balsa MOSQUERA, Pablo	47	45+	NTNARON	30.24	L	29.64
31 CAMIÑA MARTINEZ, Oscar	45	45+	CIDSANTIAGO	30.24	L	29.64
32 FEIJOO REY, Roi	46	45+	POURENSE	29.77	S	29.77
33 MARTINEZ JACOME, Felix	52	50+	POURENSE	29.91	S	29.91
34 GARCIA CASTIÑEIRA, Daniel	51	50+	CIDSANTIAGO	30.19	S	30.19
35 RIVAS FEAL, Antonio	59	55+	CASINOC	30.31	S	30.31
36 MONTERO PRIETO, Carlos Eugenio	47	45+	CIDSANTIAGO	30.47	S	30.47
37 IGLESIAS FUERTES, Abel	46	45+	ESCUALOS	30.57	S	30.57
38 BELLO PORTO, David	35	35+	NCORUÑA	30.71	S	30.71
39 ALONSO NOVOA, Diego	35	35+	MOS	30.94	S	30.94
40 MEILAN SANCHEZ, Sergio Jose	29	25+	PORTAMIÑA	31.31	S	31.31
41 ALVAREZ DE SOTOMAYOR PUIGNAIRI, Juan	51	50+	NCORUÑA	31.48	S	31.48
42 FREIRE DONADO, Guillermo	41	40+	CIDSANTIAGO	31.54	S	31.54
43 FERREIRA GONZALEZ, Xose Anxo	59	55+	REDONDELA	32.21	L	31.61
44 FERNANDEZ ARRUTI, Jose Angel	66	65+	CIDSANTIAGO	31.99	S	31.99
45 VEIGA PILLADO, Jose	47	45+	CASINOC	32.11	S	32.11
46 NISTAL GARCIA, Eduardo	57	55+	CASINOC	32.24	S	32.24
47 MILLAN ALONSO, Ruben	55	55+	TRAVIESAS	32.45	S	32.45
48 ISASTI MAIZA, Patxi Xabier	60	60+	XOVE	32.80	S	32.80

Prueba 13, Masc., 50m Libre

49	MOVILLA FERNANDEZ, Jose Fco.	56	55+	POURENSE	32.87	S	32.87
50	BORDALLO CORTINA, Fernando	71	70+	HERCULES	32.91	S	32.91
51	GRIECO BARRETO, Jose Antonio	43	40+	POURENSE	33.17	S	33.17
52	FONTAN SEIJO, Adrian	32	30+	MOS	34.06	L	33.46
53	BURGO, Carlos D.	51	50+	CASINOC	34.15	L	33.55
54	COUCEIRO SANCHEZ, Gonzalo	59	55+	CASINOC	34.16	L	33.56
55	SOBRINO EIRIZ, Manuel	50	50+	PONTEAREAS	33.71	S	33.71
56	ALONSO ORTIZ, Mariano	49	45+	FLUVIAL	33.72	S	33.72
57	DIEZ RODRIGUEZ, Ignacio J.	53	50+	PORTAMIÑA	33.97	S	33.97
58	TRONCOSO CAAMAÑO, Fernando	50	50+	ESCUALOS	34.11	S	34.11
59	FARIAS FORNEIRO, Patricio Cruz	48	45+	FLUVIAL	34.67	S	34.67
60	MARIÑO GONZALEZ, Ramon	45	45+	POURENSE	35.42	L	34.82
61	CEGARRA GARCIA, Eugenio	61	60+	RSDH	34.83	S	34.83
62	MARTINEZ BERJANO, Jose Manuel	62	60+	MONFORTE	34.99	S	34.99
63	BLANCO HORTAS, Jose Ramon	51	50+	PORTAMIÑA	35.30	S	35.30
64	GESTOSO PAZO, Juan Francisco	58	55+	SALVESTRADA	35.93	S	35.93
65	FIDALGO SERRANO, Manuel A.	44	40+	TRAVIESAS	36.69	L	36.09
66	RODRIGUEZ VIEITO, Ricardo M.	68	65+	MOS	36.34	S	36.34
67	RODRIGUEZ BLANCO, Jose Francisco	49	45+	POURENSE	36.51	S	36.51
68	COUSELO CASTIÑEIRAS, Miguel Angel	49	45+	ORDES	36.96	S	36.96
69	NOVO FERNANDEZ, Alfredo	55	55+	RBAIXAS	37.46	S	37.46
70	VAZQUEZ PEREZ, Diego	30	30+	MONFORTE	37.56	S	37.56
71	BLANCO PEREZ, Angel	61	60+	POURENSE	37.80	S	37.80
72	BRIOSO DIAZ, Manuel	48	45+	REDONDELA	38.88	L	38.28
73	PEREZ GARCIA, Manuel	58	55+	CULLEREDO	39.03	S	39.03
74	MONROY FERNANDEZ, Manuel	75	75+	PONTEAREAS	40.39	S	40.39
75	LORENZO GONZALEZ-VISO, Carlos	54	50+	POURENSE	40.45	S	40.45
76	RODRIGUEZ LOPEZ, Eloy Jesus	57	55+	VALDEORRAS	40.54	S	40.54
77	SEGUIN CID, Severino	66	65+	TRAVIESAS	41.39	S	41.39
78	MAGARIÑOS MACEIRAS, Xose	57	55+	SALVESTRADA	42.10	S	42.10
79	TEIJEIRO IGLESIAS, Jesus	49	45+	PORTAMIÑA	42.95	S	42.95
80	PERDIZ GONZALEZ, Jose Ramon	67	65+	ESCUALOS	43.21	S	43.21
81	GIRALDEZ VILLANUEVA, Ivan	38	35+	PONTEAREAS	48.63	S	48.63
82	IGLESIAS FERREIRO, Juan Carlos	54	50+	PONSVETUS	48.72	S	48.72
83	POMAR VARELA, Pedro	38	35+	TRAVIESAS	58.85	S	58.85

Prueba 14
14/06/2025

Fem., 200m Estilos

2005 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1 VEIGA SOUTO, Ana	27	25+	ARTEIXO	2:28.99	S	2:28.99
2 RODRIGUEZ RODRIGUEZ, Nina	23	20+	RBAIXAS	2:29.74	S	2:29.74
3 ALVITE BERGARA, Nerea	26	25+	ARTEIXO	2:38.93	S	2:38.93
4 GARCIA MIGUEZ, Rosalia	27	25+	CIDSANTIAGO	2:45.38	S	2:45.38
5 RAMOS LOBO, Raquel	32	30+	PORTAMIÑA	2:46.52	S	2:46.52
6 IGLESIAS LOPEZ, Maria	24	20+	CULLEREDO	2:49.98	S	2:49.98
7 LEMOS FERNANDEZ, Zaira	23	20+	PONTEAREAS	2:51.87	S	2:51.87
8 ABADIN ROZENBAUM, Manuela Rocio	30	30+	CDELMAR	2:58.54	S	2:58.54
9 FKEOUI OMARI, Salma	43	40+	CIDSANTIAGO	3:03.90	S	3:03.90
10 ESCUREDO DIEZ, Mirta	47	45+	XOVE	3:06.58	S	3:06.58
11 FERNANDEZ JUAN, Maria	27	25+	CIDSANTIAGO	3:13.24	S	3:13.24
12 GONZALEZ PEREZ, Jessica	38	35+	RBAIXAS	3:17.33	L	3:14.43
13 MIRA VAZQUEZ, Marta	44	40+	ESCUALOS	3:14.55	S	3:14.55
14 VILARIÑO CACHO, Elvira	44	40+	SALVESTRADA	3:18.58	S	3:18.58
15 GARCES FERNANDEZ, Erea	22	20+	RBAIXAS	3:19.39	S	3:19.39
16 LOPEZ ARTABE, Inmaculada	45	45+	CDELMAR	3:26.17	S	3:26.17
17 FERNANDEZ GONZALEZ, Iria	43	40+	PORTAMIÑA	3:32.75	S	3:32.75
18 RODRIGUEZ DE DIOS, Amparo	38	35+	VALDEORRAS	3:39.00	S	3:39.00
19 ALONSO PEREIRA, Fatima	32	30+	RBAIXAS	3:39.90	S	3:39.90
20 CASTRO MAESTRE, Isaura	56	55+	FLUVIAL	3:48.72	S	3:48.72
21 ALVAREZ FERNANDEZ, Sofia	21	20+	PONTEAREAS	3:56.62	S	3:56.62
22 RIVEIRA CAAMAÑO, Rebeca	48	45+	ORDES	3:57.37	S	3:57.37
23 PUENTE MARIN, Cristina	30	30+	FLUVIAL	4:05.14	S	4:05.14
24 VAZQUEZ GONZALEZ, Yolanda	49	45+	VALDEORRAS	4:46.68	S	4:46.68
25 FORRYAN SECCOMBE, Anne May	59	55+	PONTEAREAS	5:37.04	S	5:37.04
26 MELON PARENTE, M. Lourdes	56	55+	PONTEAREAS	5:38.07	S	5:38.07

Prueba 15
14/06/2025

Masc., 200m Estilos

2005 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1 FERNANDEZ DEL VALLE, Ivan	20	20+	POURENSE	2:15.65	S	2:15.65
2 CALLE FACAL, Telmo	42	40+	CIDSANTIAGO	2:18.03	S	2:18.03
3 TENORIO FREIRE, Martin	33	30+	CIDSANTIAGO	2:22.12	S	2:22.12
4 CASTRO RODRIGUEZ, Francisco	25	25+	CIDSANTIAGO	2:29.41	S	2:29.41
5 PAZOS ALONSO, Josue	39	35+	ESCUALOS	2:31.42	S	2:31.42
6 ARGIZ MARTINEZ, David	25	25+	MONFORTE	2:31.94	S	2:31.94
7 VILLAMOR FERRO, Ruben	25	25+	ARTEIXO	2:32.32	S	2:32.32
8 MARTINEZ DOPAZO, David	38	35+	CIDSANTIAGO	2:35.08	S	2:35.08
9 IBAÑEZ CARRERA, Manuel Gabriel	29	25+	PONTEAREAS	2:37.09	S	2:37.09
10 ALONSO RODRIGUEZ, Javier	24	20+	PONTEAREAS	2:41.09	L	2:37.39
11 FINS SEOANE, Juan Miguel	48	45+	SALVESTRADA	2:42.73	S	2:42.73
12 QUINTAS BARROS, Jesus Carlos	52	50+	ESCUALOS	2:44.65	S	2:44.65
13 MOURIZ LOMBAO, Fco. Javier	50	50+	PORTAMIÑA	2:45.15	S	2:45.15
14 GUIMAREY VAZQUEZ, Marcos	48	45+	PORTAMIÑA	2:45.81	S	2:45.81
15 ESCUREDO DIEZ, Alberto	41	40+	XOVE	2:51.20	S	2:51.20
16 MUÑIZ CAL, Rafael	51	50+	ARTEIXO	2:55.80	S	2:55.80
17 ARANGO GAYAR, Saul	45	45+	RBAIXAS	2:56.66	S	2:56.66
18 DE LORENZO FERNANDEZ, Javier	44	40+	ESCUALOS	3:04.60	L	3:00.90
19 GULIAS GARCIA, Jose Ruben	34	30+	PONSVETUS	3:01.61	S	3:01.61
20 ALVAREZ SILVA, Ruben	44	40+	ESCUALOS	3:01.95	S	3:01.95
21 DOMINGUEZ PHILOCREON, Ticiano	44	40+	CIDSANTIAGO	3:02.64	S	3:02.64
22 PENIDE CALVO, Gabriel	32	30+	RBAIXAS	3:06.08	S	3:06.08
23 PEREZ VAZQUEZ, Telmo	37	35+	NTNARON	3:07.47	S	3:07.47
24 NOVALES BLANCO, Xabier	34	30+	RBAIXAS	3:07.77	S	3:07.77
25 GARCIA SANJURJO, Jose Manuel	58	55+	CDELMAR	3:12.63	S	3:12.63
26 VEIGA PILLADO, Jose	47	45+	CASINOC	3:19.28	L	3:15.58
27 SANCHEZ SECO, Manuel	57	55+	ESCUALOS	3:19.40	L	3:15.70
28 SUAREZ GARCIA, Pedro Lois	45	45+	PONTEAREAS	3:26.25	S	3:26.25
29 SANCHEZ VAZQUEZ, Jesus	63	60+	PORTAMIÑA	3:52.63	S	3:52.63
30 COUCEIRO SANCHEZ, Gonzalo	59	55+	CASINOC	3:53.09	S	3:53.09
31 RODRIGUEZ BASANTA, Fco. Jose	64	60+	VALDEORRAS	3:57.85	S	3:57.85
32 LAMELO OTERO, Ramon Jesus	57	55+	CIDSANTIAGO	3:57.87	S	3:57.87
33 SANJORGE PEDREIRA, Carmelo	63	60+	ARTEIXO	4:04.48	L	4:00.78
34 MELLA BARBEITO, Javier	42	40+	ARTEIXO	4:04.94	S	4:04.94
35 FERREIRO SANCHEZ, Luis	55	55+	POURENSE	4:23.51	L	4:19.81
36 FERNANDEZ CORRAL, Marcos	46	45+	PORTAMIÑA	4:21.29	S	4:21.29

Prueba 16
14/06/2025

Fem., 50m Braza

2005 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1 DAVILA SILVA, Alicia	27	25+	MOS	36.72	S	36.72
2 VEIGA RODRIGUEZ, Rosalia	26	25+	NCORUÑA	38.26	S	38.26
3 CIDRAS ANGEL, Iria	35	35+	NCORUÑA	38.73	S	38.73
4 IGLESIAS LOPEZ, Maria	24	20+	CULLEREDO	40.11	S	40.11
5 GONZALEZ RODRIGUEZ, Maria	43	40+	CIDSANTIAGO	40.59	S	40.59
6 ALVAREZ SOUTO, Claudia	24	20+	PONTEAREAS	40.84	S	40.84
7 MIRA VAZQUEZ, Marta	44	40+	ESCUALOS	41.07	S	41.07
8 DURAN VEIRAS, Raquel	41	40+	ARTEIXO	41.77	S	41.77
9 TORRE GONZALEZ, Elisa	40	40+	RBAIXAS	42.06	S	42.06
10 VILARIÑO SAN JOSE, Alba	32	30+	RBAIXAS	43.22	S	43.22
11 TORTOSA MENDOZA, Maria Gabriela	29	25+	CULLEREDO	44.46	S	44.46
12 ABREU RAMOS, Ines Isabel	27	25+	ASMEIGAS	44.99	S	44.99
13 COVELO SAAVEDRA, Nahir	47	45+	PONTEAREAS	45.08	S	45.08
14 MOLINOS LAMAS, Bibiana	48	45+	RBAIXAS	45.76	S	45.76
15 MAURIZ BARREIRO, Maria Violeta	33	30+	CIDSANTIAGO	46.34	S	46.34
16 SUAREZ BUJAN, Rebeca	42	40+	CIDSANTIAGO	46.93	S	46.93
17 GONZALEZ MACIA, Alba	31	30+	MONFORTE	47.12	S	47.12
18 GONZALEZ FERNANDEZ, Leticia	43	40+	XOVE	47.19	S	47.19
19 ALONSO GONZALEZ, Ines	33	30+	MOS	48.41	S	48.41
20 OTERO FERNANDEZ, Maria Luisa	32	30+	SALVESTRADA	48.61	S	48.61
21 MELLA CASTRO, Ana Maria	31	30+	ORDES	49.63	S	49.63
22 MARTIN VILAS, Maria Jesus	43	40+	ORDES	49.81	S	49.81
23 BARJA BARJA, Liliana	60	60+	TRAVIESAS	50.58	S	50.58
24 GESTO ALONSO, Clarisa	36	35+	PONTEAREAS	50.83	S	50.83
25 LLEVOT SANCHEZ, Ana Isabel	55	55+	PONSVETUS	52.47	S	52.47
26 MAZAIRO CASTRO, Carmen	52	50+	ESCUALOS	52.73	S	52.73
27 GONZALEZ ALCARAZ, Glenda Teresa	55	55+	MULLEREF	53.71	S	53.71
28 SOBRINO EIRIZ, MARIA DEL VALLE	53	50+	PONTEAREAS	54.45	S	54.45
29 MARTINEZ BARCIELA, Maria Olga	35	35+	RBAIXAS	54.68	S	54.68
30 CALVO RODRIGUEZ, Maria	38	35+	NTNARON	56.95	S	56.95
31 GONZALEZ-ALEGRE BURGUEÑO, Ana Maria	73	70+	TRAVIESAS	59.85	S	59.85
32 RODRIGUEZ TRONCOSO, Marina	66	65+	PONTEAREAS	1:03.69	S	1:03.69
33 ALVAREZ GONZALEZ, Lara	40	40+	PONTEAREAS	1:04.58	S	1:04.58
34 VAZQUEZ PARCERO, Marta	45	45+	CULLEREDO	1:07.31	S	1:07.31
35 FERNANDEZ PARADA, Clara	32	30+	POURENSE	1:10.56	S	1:10.56
36 PEREZ GALLARDO, Teresa	61	60+	POURENSE	1:23.93	S	1:23.93

Prueba 17
14/06/2025

Masc., 50m Braza

2005 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1 PINTO RAMNARINE, Rohan Ian	39	35+	GALAICO	30.63	S	30.63
2 SUAREZ FERNANDEZ, Santiago	30	30+	MONFORTE	32.04	S	32.04
3 PEREZ PAZ, Dario	20	20+	PONTEAREAS	32.56	S	32.56
4 LOBELLE GONZALEZ, Marcos	36	35+	CDELMAR	32.66	S	32.66
5 BELTRAN FREIRIA, Oskar	21	20+	MOS	32.74	S	32.74
6 GARABATOS RODRIGUEZ, Santiago	51	50+	MOS	33.06	S	33.06
7 FORTES NOVOA, Martino	37	35+	ESCUALOS	34.30	L	33.60
8 CARBALLO OTERO, Cesar	22	20+	MOS	34.00	S	34.00
9 GARCIA REBOLO, Alejandro	50	50+	POURENSE	34.18	S	34.18
10 JORGE IGLESIAS, Marcelino	59	55+	PONTEAREAS	35.04	S	35.04
11 CARBALLO CABEZAS, Enrique	49	45+	POURENSE	35.55	S	35.55
12 RODRIGUEZ SALGADO, Manuel	50	50+	CIDSANTIAGO	35.60	S	35.60
13 IGLESIAS LAPIDO, Miguel	40	40+	FLUVIAL	35.88	S	35.88
14 TOURINO GONZALEZ, Victor M.	57	55+	CMARINA	36.10	S	36.10
15 ESPINOSA MIRA, Jorge	47	45+	VALDEORRAS	36.50	S	36.50
16 HERNAEZ OUBIÑA, David	52	50+	CULLEREDO	37.20	L	36.50
17 GONZALEZ IGLESIAS, Alberto	28	25+	CULLEREDO	36.88	S	36.88
18 DE LORENZO FERNANDEZ, Javier	44	40+	ESCUALOS	38.27	S	38.27
19 BOUSO FUENTECILLA, Fernando	54	50+	ESCUALOS	39.21	L	38.51
20 DIEGUEZ GONZALEZ, Bruno	35	35+	CIDSANTIAGO	38.55	S	38.55
21 CARRIL SOUTO, Javier	22	20+	ARTEIXO	38.59	S	38.59
22 ALONSO ORTIZ, Mariano	49	45+	FLUVIAL	38.64	S	38.64
23 ANDRES DUASO, Olmo	32	30+	ARTEIXO	38.80	S	38.80
24 ALONSO NOVOA, Diego	35	35+	MOS	38.84	S	38.84
25 MENDES FERRAS, Artur Leonel	44	40+	MONFORTE	38.87	S	38.87
26 PEREZ GONZALEZ, Ivan	43	40+	MONFORTE	39.09	S	39.09
27 DIAZ RODRIGUEZ, Andres	36	35+	NTNARON	39.29	S	39.29
28 FERNANDEZ ARRUTI, Jose Angel	66	65+	CIDSANTIAGO	39.43	S	39.43
29 IBÁÑEZ CARRERA, Manuel Gabriel	29	25+	PONTEAREAS	39.70	S	39.70
30 MARQUEZ VAZQUEZ, Pablo	23	20+	ASMEIGAS	39.79	S	39.79
31 PREGO MARTINEZ, Benjamin	52	50+	PONTEAREAS	41.21	S	41.21
32 REY RODRIGUEZ, Oscar	51	50+	CIDSANTIAGO	41.24	S	41.24
33 MARIÑO GONZALEZ, Ramon	45	45+	POURENSE	41.48	S	41.48
34 SOLLEIRO TIZON, Juan Jose	62	60+	NCORUÑA	41.67	S	41.67
35 GONZALEZ VICENTE, Ruben	44	40+	PORTAMIÑA	42.29	S	42.29
36 FERNANDEZ BARREIROS, Claudio	50	50+	ORDES	42.44	S	42.44
37 FREIRE DONADO, Guillermo	41	40+	CIDSANTIAGO	42.82	S	42.82
38 TABOADA CALVELO, Jose Carlos	46	45+	SALVESTRADA	43.21	S	43.21
39 CAMIÑA MARTINEZ, Oscar	45	45+	CIDSANTIAGO	44.25	S	44.25
40 DIEZ RODRIGUEZ, Ignacio J.	53	50+	PORTAMIÑA	44.71	S	44.71
41 CADAVID NUÑEZ, Jose	55	55+	POURENSE	44.87	S	44.87
42 COUSELO CASTIÑEIRAS, Miguel Angel	49	45+	ORDES	45.30	S	45.30
43 IVANCHENKO, Yurii	72	70+	POURENSE	46.56	L	45.86
44 BORDALLO CORTINA, Fernando	71	70+	HERCULES	46.43	S	46.43
45 BLANCO HORTAS, Jose Ramon	51	50+	PORTAMIÑA	46.59	S	46.59
46 RODRIGUEZ GOMEZ, Emilio	64	60+	PONTEAREAS	46.95	S	46.95
47 SEGUIN CID, Severino	66	65+	TRAVIESAS	47.89	S	47.89
48 SOBRINO EIRIZ, Manuel	50	50+	PONTEAREAS	47.87	S*	48.16

Prueba 17, Masc., 50m Braza

49	FERNANDEZ GONZALEZ, Alvaro	60	60+	MOS	48.33	S	48.33
50	FERNANDEZ RODRIGUEZ, Miguel Ange	56	55+	VALDEORRAS	50.73	S	50.73
51	NOVO FERNANDEZ, Alfredo	55	55+	RBAIXAS	52.46	S	52.46
52	BRIOSO DIAZ, Manuel	48	45+	REDONDELA	52.80	S	52.80
53	LAGO GONZALEZ, Ivan	32	30+	PONTEAREAS	53.65	L	52.95
54	IGLESIAS FERREIRO, Juan Carlos	54	50+	PONSVETUS	54.62	S	54.62
55	ARAUJO DOMINGUEZ, Francisco	85	85+	PONTEAREAS	1:00.67	L	59.97
56	RODRIGUEZ LOPEZ, Eloy Jesus	57	55+	VALDEORRAS	1:11.62	S	1:11.62
57	POMAR VARELA, Pedro	38	35+	TRAVIESAS	1:18.97	S	1:18.97
58	LAGO REY, Jose Manuel	62	60+	RBAIXAS	1:23.45	S	1:23.45

Prueba 18
14/06/2025

Fem., 4 x 50m Libre

AG 80 - 359
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1	PONTEAREAS	80	+80 (PIPONTEAREAS	2:01.40	S	2:01.40
2	CIDSANTIAGO	120	+120 CIDSANTIAGO	2:06.71	S	2:06.71
3	RBAIXAS	80	+80 (PIRBAIXASER)	2:11.34	L	2:09.74
4	NCORUÑA	120	+120 NCORUÑA	2:08.34		2:09.94
5	XOVE	120	+120 XOVE	2:10.32	S	2:10.32
6	RBAIXAS	120	+120 RBAIXAS	2:13.45	S	2:13.45
7	RBAIXAS	160	+160 RBAIXAS	2:15.46	S	2:15.46
8	CIDSANTIAGO	100	+100 CIDSANTIAGO	2:18.17	S	2:18.17
9	PONTEAREAS	120	+120 PONTEAREAS	2:23.29	S	2:23.29
10	ARTEIXO	120	+120 ARTEIXO	2:22.82		2:24.42
11	MOS	120	+120 MOS	2:24.02		2:25.62
12	CDELMAR	160	+160 CDELMAR	2:26.38	S	2:26.38
13	CIDSANTIAGO	160	+160 CIDSANTIAGO	2:27.11	S	2:27.11
14	RBAIXAS	200	+200 RBAIXAS	2:27.69	S	2:27.69
15	PONTEAREAS	100	+100 PONTEAREAS	2:29.08	S	2:29.08
16	PONTEAREAS	160	+160 PONTEAREAS	2:30.14	S	2:30.14
17	CULLEREDO	120	+120 CULLEREDO	2:32.65		2:34.25
18	MULLEREF	160	+160 MULLEREF	2:33.72		2:35.32
19	ESCUALOS	160	+160 ESCUALOS	2:34.25		2:35.85
20	PORTAMIÑA	160	+160 PORTAMIÑA	2:35.56		2:37.16
21	PONTEAREAS	200	+200 PONTEAREAS	2:37.45	S	2:37.45
22	ORDES	120	+120 ORDES	2:44.93		2:46.53
23	FLUVIAL	200	+200 FLUVIAL	3:00.22	S	3:00.22
24	PONSVETUS	200	+200 PONSVETUS	3:04.09		3:05.69
25	PONTEAREAS	240	+240 PONTEAREAS	3:28.94	S	3:28.94
26	PONTEAREAS	280	+280 PONTEAREAS	4:47.02	S	4:47.02

Prueba 19
14/06/2025

Masc., 4 x 50m Libre

AG 80 - 359
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1		+120	CDELMAR	1:41.62	S	1:41.62
2		+80	PIPONTEAREAS	1:44.62	S	1:44.62
3		+120	CIDSANTIAGO	1:44.64	S	1:44.64
4		+120	NTNARON	1:45.23	S	1:45.23
5		+200	CIDSANTIAGO	1:51.65	S	1:51.65
6		+160	CIDSANTIAGO	1:51.99	S	1:51.99
7		+120	RBAIXAS	1:56.34	L	1:53.94
8		+80	PIMOSASTER	1:51.86		1:54.26
9		+100	PONTEAREAS	1:56.72	S	1:56.72
10		+160	MOS	1:54.86		1:57.26
11		+160	RBAIXAS	1:58.96	S	1:58.96
12		+160	NCORUÑA	1:56.60		1:59.00
13		+160	ESCUALOS	1:57.33		1:59.73
14		+160	FLUVIAL	2:03.26	L	2:00.86
15		+200	PORTAMIÑA	2:01.00		2:03.40
16		+160	CASINOC	2:03.06		2:05.46
17		+240	CIDSANTIAGO	2:05.61	S	2:05.61
18		+120	PONTEAREAS	2:05.62	S	2:05.62
19		+120	POURENSE	2:03.52		2:05.92
20		+120	ARTEIXO	2:04.60		2:07.00
21		+160	ARTEIXO	2:05.03		2:07.43
22		+200	CASINOC	2:08.82	S	2:08.82
23		+160	MONFORTE	2:07.11		2:09.51
24		+160	CULLEREDO	2:07.49		2:09.89
25		+200	PONTEAREAS	2:10.07	S	2:10.07
26		+160	POURENSE	2:07.74		2:10.14
27		+160	PONTEAREAS	2:10.34	S	2:10.34
28		+120	PORTAMIÑA	2:11.04		2:13.44
29		+200	ESCUALOS	2:13.55		2:15.95
30		+200	RBAIXAS	2:17.96	S	2:17.96
31		+200	SALVESTRADA	2:19.77		2:22.17
32		+200	POURENSE	2:19.83		2:22.23
33		+200	MOS	2:28.11	S	2:28.11
34		+240	POURENSE	2:28.34		2:30.74
35		+200	VALDEORRAS	2:43.18	S	2:43.18
36		+280	PONTEAREAS	3:03.44		3:05.84
37		+240	PONTEAREAS	3:07.02	S	3:07.02
38		+200	TRAVIESAS	3:37.34		3:39.74

2 - Domingo, 15 de Junio de 2025

15/06/2025 - 10:00

Prueba 20
15/06/2025

Mixto, 4 x 50m Libre

AG 80 - 359
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1	NTNARON	+120	NTNARON	1:50.38	S	1:50.38
2	CIDSANTIAGO	+100	CIDSANTIAGO	1:54.82	S	1:54.82
3	NCORUÑA	+120	NCORUÑA	1:54.01		1:56.01
4	PONTEAREAS	+120	PONTEAREAS	1:57.25	S	1:57.25
5	PONTEAREAS	+80	(PIPONTEAREAS	1:57.68	S	1:57.68
6	ARTEIXO	+100	ARTEIXO	1:56.16		1:58.16
7	ARTEIXO	+120	ARTEIXO	1:56.29		1:58.29
8	CIDSANTIAGO	+120	CIDSANTIAGO	1:58.60	S	1:58.60
9	PONTEAREAS	+100	PONTEAREAS	1:58.79	S	1:58.79
10	CIDSANTIAGO	+200	CIDSANTIAGO	2:02.29	S	2:02.29
11	CIDSANTIAGO	+160	CIDSANTIAGO	2:04.70	S	2:04.70
12	RBAIXAS	+120	RBAIXAS	2:05.43	S	2:05.43
13	MOS	+120	MOS	2:06.23	S	2:06.23
14	MOS	+80	(PIMOSASTER)	2:05.04		2:07.04
15	ESCUALOS	+120	ESCUALOS	2:05.82		2:07.82
16	CDELMAR	+200	CDELMAR	2:08.09	S	2:08.09
17	RBAIXAS	+160	RBAIXAS	2:09.23	S	2:09.23
18	MOS	+160	MOS	2:10.21	S	2:10.21
19	PORTAMIÑA	+160	PORTAMIÑA	2:08.43		2:10.43
20	SALVESTRADA	+160	SALVESTRADA	2:09.19		2:11.19
21	CDELMAR	+120	CDELMAR	2:11.25	S	2:11.25
22	PONTEAREAS	+160	PONTEAREAS	2:13.58	L	2:11.58
23	XOVE	+160	XOVE	2:09.62		2:11.62
24	RBAIXAS	+200	RBAIXAS	2:11.86	S	2:11.86
25	NCORUÑA	+160	NCORUÑA	2:10.42		2:12.42
26	ARTEIXO	+160	ARTEIXO	2:11.96		2:13.96
27	PONTEAREAS	+200	PONTEAREAS	2:15.53	S	2:15.53
28	NCORUÑA	+200	NCORUÑA	2:20.63		2:22.63
29	FOGAR	+160	FOGAR	2:22.13		2:24.13
30	ORDES	+160	ORDES	2:25.36		2:27.36
31	CULLEREDO	+200	CULLEREDO	2:25.70		2:27.70
32	ESCUALOS	+160	ESCUALOS	2:25.76		2:27.76
33	PORTAMIÑA	+200	PORTAMIÑA	2:25.90		2:27.90
34	MONFORTE	+100	MONFORTE	2:26.38		2:28.38
35	PONSVETUS	+160	PONSVETUS	2:27.21		2:29.21
36	ARTEIXO	+200	ARTEIXO	2:31.69		2:33.69
37	PONTEAREAS	+240	PONTEAREAS	2:37.60	S	2:37.60
38	CIDSANTIAGO	+240	CIDSANTIAGO	2:41.43	S	2:41.43
39	VALDEORRAS	+120	VALDEORRAS	2:43.36	S	2:43.36
40	VALDEORRAS	+200	VALDEORRAS	2:46.23	S	2:46.23
41	ESCUALOS	+200	ESCUALOS	2:47.65		2:49.65
42	POURENSE	+240	POURENSE	2:48.32		2:50.32
43	PONSVETUS	+200	PONSVETUS	2:54.25		2:56.25
44	POURENSE	+200	POURENSE	3:01.38		3:03.38
45	TRAVIESAS	+240	TRAVIESAS	3:04.72		3:06.72
46	PONTEAREAS	+280	PONTEAREAS	4:04.23	S	4:04.23

Prueba 21
15/06/2025

Fem., 400m Estilos

2005 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1 HERMIDA RODRIGUEZ, Blanca	44	40+	NFERROL	5:32.63	S	5:32.63
2 RAMOS LOBO, Raquel	32	30+	PORTAMIÑA	5:56.07	S	5:56.07
3 SANCHEZ LEDO, Cira	44	40+	ESCUALOS	6:47.92	S	6:47.92
4 GARCES FERNANDEZ, Erea	22	20+	RBAIXAS	6:54.46	S	6:54.46
5 GORDILLO VAN GILS, Silvia	29	25+	NTNARON	7:14.08	S*	7:14.27
6 SANDERSON KEOUGH, Helen Jane	55	55+	CULLEREDO	7:15.87	S	7:15.87
7 GONZALEZ PEREZ, Paula	29	25+	PONTEAREAS	7:19.63	S	7:19.63
8 TOMILLO SANTOS, Erika	35	35+	PONSVETUS	7:23.17	S	7:23.17
9 RODRIGUEZ DE DIOS, Amparo	38	35+	VALDEORRAS	7:42.33	S	7:42.33
10 SALGADO CASTELO, Marta	31	30+	MULLEREF	7:44.45	S	7:44.45
11 BARJA BARJA, Liliana	60	60+	TRAVIESAS	7:48.37	S	7:48.37
12 ALONSO PEREIRA, Fatima	32	30+	RBAIXAS	7:57.71	S	7:57.71
13 ALVAREZ FERNANDEZ, Sofia	21	20+	PONTEAREAS	8:15.60	S	8:15.60
14 GARCIA RODRIGUEZ, Teresa	53	50+	PORTAMIÑA	8:29.77	S	8:29.77
15 VAZQUEZ LOPEZ, Eva	48	45+	MULLEREF	9:21.66	S	9:21.66
16 MELON PARENTE, M. Lourdes	56	55+	PONTEAREAS	11:50.40	S	11:50.40
17 FERNANDEZ FERNANDEZ, Maria Teres	69	65+	MULLEREF	14:00.69	S	14:00.69

Prueba 22
15/06/2025

Masc., 400m Estilos

2005 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1 GUTIERREZ MARIÑO, Santiago	23	20+	POURENSE	4:54.55	S	4:54.55
2 CALLE FACAL, Telmo	42	40+	CIDSANTIAGO	4:55.41	S	4:55.41
3 TENORIO FREIRE, Martin	33	30+	CIDSANTIAGO	5:05.66	S	5:05.66
4 VILLAMOR FERRO, Ruben	25	25+	ARTEIXO	5:31.66	S	5:31.66
5 PAZOS ALONSO, Josue	39	35+	ESCUALOS	5:36.54	S	5:36.54
6 QUINTAS BARROS, Jesus Carlos	52	50+	ESCUALOS	5:40.50	S	5:40.50
7 GONZALEZ IGLESIAS, Alberto	28	25+	CULLEREDO	5:40.82	S	5:40.82
8 FREIRE GONZALEZ, Javier	32	30+	RBAIXAS	5:51.50	S	5:51.50
9 MORGADAS IGLESIAS, Pablo	27	25+	MOS	6:05.59	S	6:05.59
10 MOURIÑO ORTIGUEIRA, Roberto Carlos	51	50+	PONTEAREAS	6:10.05	S	6:10.05
11 CABANELAS EIRAS, Pablo	46	45+	CIDSANTIAGO	6:30.37	S	6:30.37
12 TOURIÑO GONZALEZ, Victor M.	57	55+	CMARINA	6:34.85	S	6:34.85
13 DOMINGUEZ PHILOCREON, Ticiano	44	40+	CIDSANTIAGO	6:40.81	S	6:40.81
14 DE LORENZO FERNANDEZ, Javier	44	40+	ESCUALOS	6:41.20	S	6:41.20
15 FERNADEZ BARREIROS, Claudio	50	50+	ORDES	6:44.02	S	6:44.02
16 ALONSO NOVOA, Diego	35	35+	MOS	6:44.70	S	6:44.70
17 LAMAS SOTO, Cesar	50	50+	CULLEREDO	6:55.42	S	6:55.42
18 NOVALES BLANCO, Xabier	34	30+	RBAIXAS	7:02.75	S	7:02.75
19 FERREIRA GONZALEZ, Xose Anxo	59	55+	REDONDELA	7:23.20	S	7:23.20
20 FIDALGO SERRANO, Guillermo	39	35+	TRAVIESAS	7:32.31	S	7:32.31
21 RODRIGUEZ BASANTA, Fco. Jose	64	60+	VALDEORRAS	8:21.02	S	8:21.02
22 LAMELO OTERO, Ramon Jesus	57	55+	CIDSANTIAGO	8:23.65	S	8:23.65
23 FERNANDEZ CORRAL, Marcos	46	45+	PORTAMIÑA	8:59.02	S	8:59.02

Prueba 23
15/06/2025

Fem., 100m Libre

2005 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1 RODRIGUEZ RODRIGUEZ, Nina	23	20+	RBAIXAS	58.62	S	58.62
2 SUAREZ GONZALEZ, Gracia	25	25+	PONTEAREAS	59.11	S	59.11
3 FRANCO CAL, Alba	34	30+	ASMEIGAS	59.45	S	59.45
4 GARCIA MIGUEZ, Rosalia	27	25+	CIDSANTIAGO	1:05.32	S	1:05.32
5 GONZALEZ RODRIGUEZ, Maria	43	40+	CIDSANTIAGO	1:06.98	L	1:05.88
6 IGLESIAS LOPEZ, Maria	24	20+	CULLEREDO	1:06.78	S	1:06.78
7 CRUZ GARCIA, Aurora	30	30+	CIDSANTIAGO	1:08.75	S	1:08.75
8 BEN CILLERO, Sabela	33	30+	XOVE	1:08.93	S	1:08.93
9 ABADIN ROZENBAUM, Lucia Iara	28	25+	CDELMAR	1:09.22	S	1:09.22
10 VILARIÑO SAN JOSE, Alba	32	30+	RBAIXAS	1:10.17	S	1:10.17
11 SUAREZ GARCIA, Sofia	28	25+	RBAIXAS	1:10.43	S	1:10.43
12 OTERO RODRIGUEZ, Sandra	38	35+	ESCUALOS	1:10.55	S	1:10.55
13 ABADIN ROZENBAUM, Manuela Rocio	30	30+	CDELMAR	1:11.78	S	1:11.78
14 ALVAREZ SOUTO, Claudia	24	20+	PONTEAREAS	1:14.55	L	1:13.45
15 TERCEIRO DELGADO, Maria Del Mar	62	60+	CDELMAR	1:15.34	L	1:14.24
16 FERNANDEZ JUAN, Maria	27	25+	CIDSANTIAGO	1:14.68	S	1:14.68
17 ESTEVEZ BASTERO, Ana	20	20+	RBAIXAS	1:14.93	S	1:14.93
18 VILARIÑO CACHO, Elvira	44	40+	SALVESTRADEA	1:15.03	S	1:15.03
19 OJEA DE CASTRO, Macarena	52	50+	PORTAMIÑA	1:17.07	S	1:17.07
20 VARELA REDONDO, Veronica	50	50+	PONTEAREAS	1:18.38	S	1:18.38
21 SOUTO DERUNGS, Cristina	40	40+	NFERROL	1:18.54	S	1:18.54
22 ROMAR GASALLA, Aurora Fatima	48	45+	NTNARON	1:18.81	S	1:18.81
23 GOMEZ FERNANDEZ, Uxia	22	20+	ESCUALOS	1:19.87	S	1:19.87
24 SUAREZ BUJAN, Rebeca	42	40+	CIDSANTIAGO	1:20.60	S	1:20.60
25 MURAS MORA, Andrea	36	35+	CIDSANTIAGO	1:20.82	S	1:20.82
26 LOPEZ ARTABE, Inmaculada	45	45+	CDELMAR	1:22.76	S	1:22.76
27 MOLINOS LAMAS, Bibiana	48	45+	RBAIXAS	1:23.19	S	1:23.19
28 ROIG SANCHEZ, Blanca Ana	51	50+	RBAIXAS	1:23.74	S	1:23.74
29 RODRIGUEZ PAZ, Lucia	25	25+	PONTEAREAS	1:23.85	S	1:23.85
30 CUBA KOSTER, Esmeralda	33	30+	XOVE	1:25.10	L	1:24.00
31 GANDARA SUAREZ, Tania	32	30+	ORDES	1:25.31	L	1:24.21
32 CASTRO MAESTRE, Isaura	56	55+	FLUVIAL	1:25.33	S	1:25.33
33 ALONSO GONZALEZ, Ines	33	30+	MOS	1:25.78	S	1:25.78
34 COVELO SAAVEDRA, Nahir	47	45+	PONTEAREAS	1:25.89	S	1:25.89
35 BARCA PENSADO, Maria	29	25+	FOGAR	1:25.93	S	1:25.93
36 RODRIGUEZ TAPIA, Alba	21	20+	XOVE	1:27.78	S	1:27.78
37 CARRERA PEREZ, Carolina	31	30+	MOS	1:28.42	S	1:28.42
38 ANDON YAÑEZ, Lorena	47	45+	CASINOC	1:29.65	L	1:28.55
39 GONZALEZ GARCIA, Covadonga	36	35+	GALAICO	1:30.54	S	1:30.54
40 ALVAREZ GONZALEZ, Lara	40	40+	PONTEAREAS	1:31.53	S	1:31.53
41 MARTINEZ BARCIELA, Maria Olga	35	35+	RBAIXAS	1:34.73	L	1:33.63
42 MELLA CASTRO, Ana Maria	31	30+	ORDES	1:35.67	S	1:35.67
43 GONZALEZ-ALEGRE BURGUEÑO, Ana 73aria	70+	70+	TRAVIESAS	1:38.80	L	1:37.70
44 MARTY PAZOS, Maria Victoria	60	60+	TRAVIESAS	1:37.94	S	1:37.94
45 BROZOS VAZQUEZ, Elena Maria	43	40+	CIDSANTIAGO	1:38.07	S	1:38.07
46 PEREIRA ALONSO, Isabel	64	60+	FOGAR	1:38.39	S	1:38.39
47 MARIÑO PAZ, Eva Maria	51	50+	PONSVETUS	1:39.74	S	1:39.74
48 RODRIGUEZ RODRIGUEZ, Eva	32	30+	VALDEORRAS	1:40.60	S	1:40.60

Prueba 23, Fem., 100m Libre

49	OREIRO PAZOS, M. Gloria	65	65+	ARTEIXO	1:42.47	S	1:42.47
50	MARTIN VILAS, Maria Jesus	43	40+	ORDES	1:44.41	S	1:44.41
51	LOPEZ BARREIRO, Cristina	46	45+	MULLEREF	1:45.37	S	1:45.37
52	IGNACIO QUINTEIRO, Maria Del Carmen	60	60+	PONSVETUS	1:48.22	S	1:48.22
53	REY OTERO, Angela Maria	59	55+	MULLEREF	1:51.26	S	1:51.26
54	CALVIÑO VAZQUEZ, Coral	57	55+	POURENSE	1:51.92	S	1:51.92
55	RODRIGUEZ-TOUBES FORRYAN, Irene	26	25+	PONTEAREAS	1:52.42	S	1:52.42
56	ACEVEDO REGO, Ermitas	59	55+	POURENSE	1:55.26	S	1:55.26
57	FERNANDEZ GUARDIOLA, Loira	36	35+	PONTEAREAS	1:57.42	L	1:56.32
58	FORRYAN SECCOMBE, Anne May	59	55+	PONTEAREAS	1:56.56	S	1:56.56
59	GOMEZ DOVAL, Maria Angela	69	65+	FLUVIAL	2:02.25	S	2:02.25
60	PEREZ GALLARDO, Teresa	61	60+	POURENSE	2:09.23	S	2:09.23
61	BAL ALVAREDO, Mercedes De Las Niev	65	65+	MULLEREF	2:32.18	S	2:32.18
62	DIAZ PERNAS, Maria Carmen	70	70+	MULLEREF	4:55.74	S	4:55.74

Prueba 24
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Masc., 100m Libre

2005 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1 LOBELLE GONZALEZ, Ivan	36	35+	CDELMAR	53.20	S	53.20
2 PONTON RODRIGUEZ, Juan	23	20+	MONFORTE	55.31	S	55.31
3 CANCELA GOMEZ, Hugo	22	20+	PONTEAREAS	56.42	S	56.42
4 MUIÑO ALONSO, Anton	31	30+	NCORUÑA	56.90	S	56.90
5 CARRERA COSTAS, Martin	29	25+	PONTEAREAS	57.43	S	57.43
6 PEREZ PAZ, Dario	20	20+	PONTEAREAS	57.50	S	57.50
7 CASTRO RODRIGUEZ, Francisco	25	25+	CIDSANTIAGO	57.84	S	57.84
8 LOPEZ LOPEZ, Jaime Borja	25	25+	PORTAMIÑA	59.82	L	58.22
9 IGLESIAS GOMEZ, Gonzalo	46	45+	CIDSANTIAGO	1:01.19	L	59.59
10 CARRIL SOUTO, Javier	22	20+	ARTEIXO	1:01.42	L	59.82
11 INCUTTI TELLADO, Denis	25	25+	PONTEAREAS	59.87	S	59.87
12 CASARES GARCIA, Brais	21	20+	PONTEAREAS	59.91	S*	1:00.10
13 EIRIZ DIEGUEZ, Daniel	47	45+	MOS	1:00.34	S	1:00.34
14 MARTINEZ JACOME, Felix	52	50+	POURENSE	1:00.78	S	1:00.78
15 MARTINEZ DOPAZO, David	38	35+	CIDSANTIAGO	1:00.89	S	1:00.89
16 FINS SEOANE, Juan Miguel	48	45+	SALVESTRADA	1:02.71	L	1:01.11
17 BLANCO PEREZ, Jesus	39	35+	NTNARON	1:01.33	S	1:01.33
18 GARCIA MUGGIA, Erick Jose	39	35+	RBAIXAS	1:02.17	S	1:02.17
19 FERNANDEZ NUÑEZ, Santiago	62	60+	CIDSANTIAGO	1:02.43	S	1:02.43
20 FERNANDEZ GAYOSO, Jose Manuel	39	35+	MOS	1:04.58	L	1:02.98
21 TRILLO RODRIGUEZ, Adrian	28	25+	MOS	1:03.24	S	1:03.24
22 ARANDA FERNANDEZ, Anton	21	20+	POURENSE	1:04.46	S	1:04.46
23 DIEGUEZ ARANDA, Hector	52	50+	PORTAMIÑA	1:04.66	S	1:04.66
24 ALVAREZ SILVA, Ruben	44	40+	ESCUALOS	1:05.11	S	1:05.11
25 IGLESIAS CARRERA, Pio	52	50+	CIDSANTIAGO	1:06.79	L	1:05.19
26 KRUGLOV, Mykola	40	40+	ESCUALOS	1:05.22	S	1:05.22
27 CAMIÑA MARTINEZ, Oscar	45	45+	CIDSANTIAGO	1:05.71	S	1:05.71
28 ALVAREZ DE SOTOMAYOR PUIGNAIRI, Juan	51	50+	NCORUÑA	1:05.88	S	1:05.88
29 ANDRES DUASO, Olmo	32	30+	ARTEIXO	1:06.05	S	1:06.05
30 ESCUREDO DIEZ, Alberto	41	40+	XOVE	1:07.70	S	1:07.70
31 CASARES GARCIA, Adrian	22	20+	PONTEAREAS	1:07.76	S	1:07.76
32 BELLO PORTO, David	35	35+	NCORUÑA	1:10.11	L	1:08.51
33 GARCIA CASTIÑEIRA, Daniel	51	50+	CIDSANTIAGO	1:08.95	S	1:08.95
34 RODRIGUEZ BALIÑA, Marcos	54	50+	PONTEAREAS	1:11.42	L	1:09.82
35 IGLESIAS FUERTES, Abel	46	45+	ESCUALOS	1:10.48	S	1:10.48
36 NISTAL GARCIA, Eduardo	57	55+	CASINOC	1:12.52	L	1:10.92
37 TABARES DOMINGUEZ, Rafael	51	50+	POURENSE	1:11.05	S	1:11.05
38 DIAZ QUEZADA, Miguel Bismark	27	25+	VALDEORRAS	1:11.08	S	1:11.08
39 MARQUEZ VAZQUEZ, Pablo	23	20+	ASMEIGAS	1:11.30	S	1:11.30
40 VEIGA PILLADO, Jose	47	45+	CASINOC	1:13.00	L	1:11.40
41 ORGEIRA CRESPO, Pedro	49	45+	POURENSE	1:13.06	L	1:11.46
42 MONTERO PRIETO, Carlos Eugenio	47	45+	CIDSANTIAGO	1:13.13	L	1:11.53
43 CODESIDO LOPEZ, Jose	66	65+	CIDSANTIAGO	1:12.72	S	1:12.72
44 GARCIA SANJURJO, Jose Manuel	58	55+	CDELMAR	1:12.85	S	1:12.85
45 MARTINEZ FAJARDO, Julio Enrique	55	55+	FOGAR	1:13.82	S	1:13.82
46 DURO GONZALEZ, Antonio	51	50+	SALVESTRADA	1:14.33	S	1:14.33
47 LORENZO FERNANDEZ, Jose Manuel	53	50+	RBAIXAS	1:18.80	L	1:17.20
48 DIEZ RODRIGUEZ, Ignacio J.	53	50+	PORTAMIÑA	1:18.11	S	1:18.11

Prueba 24, Masc., 100m Libre

49 FONTAN SEIJO, Adrian	32	30+	MOS	1:19.83 L	1:18.23
50 BLANCO HORTAS, Jose Ramon	51	50+	PORTAMIÑA	1:18.99 S	1:18.99
51 GARCIA COLOMO, Manuel Ramon	71	70+	POURENSE	1:20.81 L	1:19.21
52 RODRIGUEZ VIEITO, Ricardo M.	68	65+	MOS	1:20.25 S	1:20.25
53 CEGARRA GARCIA, Eugenio	61	60+	RSDH	1:20.31 S	1:20.31
54 MOVILLA FERNANDEZ, Jose Fco.	56	55+	POURENSE	1:20.57 S	1:20.57
55 GRIECO BARRETO, Jose Antonio	43	40+	POURENSE	1:20.57 S	1:20.57
56 BURGO, Carlos D.	51	50+	CASINOC	1:22.31 L	1:20.71
57 PEREZ GONZALEZ, Ivan	43	40+	MONFORTE	1:20.90 S	1:20.90
58 FIDALGO SERRANO, Manuel A.	44	40+	TRAVIESAS	1:23.44 L	1:21.84
59 MELLA BARBEITO, Javier	42	40+	ARTEIXO	1:21.90 S	1:21.90
60 BLANCO PEREZ, Angel	61	60+	POURENSE	1:24.72 L	1:23.12
61 HERNANZ MORAL, Fausto	63	60+	RBAIXAS	1:25.07 L	1:23.47
62 SANJORGE PEDREIRA, Carmelo	63	60+	ARTEIXO	1:24.87 S	1:24.87
63 COUSELO CASTIÑEIRAS, Miguel Angel	49	45+	ORDES	1:26.05 S	1:26.05
64 ALVAREZ PRESA, Samuel	25	25+	PONTEAREAS	1:26.75 S	1:26.75
65 PEREZ GARCIA, Manuel	58	55+	CULLEREDO	1:31.02 L	1:29.42
66 NOVO FERNANDEZ, Alfredo	55	55+	RBAIXAS	1:31.58 S	1:31.58
67 MONROY FERNANDEZ, Manuel	75	75+	PONTEAREAS	1:32.56 S	1:32.56
68 TEIJEIRO IGLESIAS, Jesus	49	45+	PORTAMIÑA	1:32.60 S	1:32.60
69 MAGARIÑOS MACEIRAS, Xose	57	55+	SALVESTRADA	1:32.97 S	1:32.97
70 FERNANDEZ MELENDEZ, Andres	30	30+	VALDEORRAS	1:36.15 L	1:34.55
71 GONZALEZ ANTON, Jose Luis	63	60+	GALAICO	1:36.04 S	1:36.04
72 RODRIGUEZ LOPEZ, Eloy Jesus	57	55+	VALDEORRAS	1:37.38 S	1:37.38
73 SUAREZ FREIRE, David Manuel	57	55+	RBAIXAS	1:39.33 S	1:39.33
74 CADAVID NUÑEZ, Jose	55	55+	POURENSE	1:39.43 S	1:39.43
75 PERDIZ GONZALEZ, Jose Ramon	67	65+	ESCUALOS	1:46.91 S	1:46.91
76 LAGO REY, Jose Manuel	62	60+	RBAIXAS	2:08.56 S	2:08.56

Prueba 25
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Fem., 200m Mariposa

2005 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1 ALVITE BERGARA, Nerea	26	25+	ARTEIXO	2:31.90	S	2:31.90
2 RODRIGUEZ DE DIOS, Amparo	38	35+	VALDEORRAS	3:53.28	S	3:53.28
3 GONZALEZ PEREZ, Paula	29	25+	PONTEAREAS	3:55.40	S	3:55.40
4 SALGADO CASTELO, Marta	31	30+	MULLEREF	4:00.37	S	4:00.37
5 ABREU FERNANDEZ, Marta	54	50+	PONTEAREAS	4:06.36	S	4:06.36
6 BARJA BARJA, Liliana	60	60+	TRAVIESAS	4:11.51	S	4:11.51
7 GARCIA RODRIGUEZ, Teresa	53	50+	PORTAMIÑA	4:28.37	S	4:28.37
8 PAZOS SOAGE, Paloma	55	55+	PONSVETUS	4:40.81	S	4:40.81
9 ALVAREZ FERNANDEZ, Sofia	21	20+	PONTEAREAS	4:59.58	S	4:59.58
10 MELON PARENTE, M. Lourdes	56	55+	PONTEAREAS	6:21.73	S	6:21.73

Prueba 26
15/06/2025

Masc., 200m Mariposa

2005 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1 FERNANDEZ DEL VALLE, Ivan	20	20+	POURENSE	2:23.58	S	2:23.58
2 PASTORIZA SANTACLARA, Jorge	28	25+	RBAIXAS	2:23.66	S	2:23.66
3 CANCELA GOMEZ, Hugo	22	20+	PONTEAREAS	2:30.08	S	2:30.08
4 ARGIZ MARTINEZ, David	25	25+	MONFORTE	2:41.98	S	2:41.98
5 MARTINEZ FAJARDO, Julio Enrique	55	55+	FOGAR	2:46.19	L	2:43.29
6 CASTRO VILLAR, David	34	30+	CDELMAR	2:43.42	S	2:43.42
7 BELTRAN DIAZ, Emilio	48	45+	MONFORTE	2:46.01	S	2:46.01
8 MUÑIZ CAL, Rafael	51	50+	ARTEIXO	2:59.24	S	2:59.24
9 ISASTI MAIZA, Patxi Xabier	60	60+	XOVE	3:08.15	L	3:05.25
10 GULIAS GARCIA, Jose Ruben	34	30+	PONSVETUS	3:17.32	S	3:17.32
11 PENIDE CALVO, Gabriel	32	30+	RBAIXAS	3:27.73	S	3:27.73
12 GONZALEZ PEÑAS, David	41	40+	PORTAMIÑA	3:37.66	S	3:37.66
13 GOLPE IGLESIAS, Jose Antonio	43	40+	PONSVETUS	3:39.39	S	3:39.39
14 SUAREZ GARCIA, Sergio	45	45+	PONSVETUS	3:43.76	S	3:43.76
15 FERNANDEZ CORRAL, Marcos	46	45+	PORTAMIÑA	4:31.83	S	4:31.83

Prueba 27
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Fem., 50m Espalda

2005 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1 FERNANDEZ PARDO, Irene	24	20+	PONTEAREAS	32.64	S	32.64
2 HERMIDA RODRIGUEZ, Blanca	44	40+	NFERROL	33.85	S	33.85
3 SOUTIÑO RAMIREZ, Carmen Victoria	24	20+	PORTAMIÑA	34.75	S	34.75
4 LAGO CASTILLO, Natalia	26	25+	NCORUÑA	35.15	S	35.15
5 OTERO RODRIGUEZ, Sandra	38	35+	ESCUALOS	36.67	S	36.67
6 DOPEREIRO GARCIA, Alba	35	35+	NCORUÑA	37.68	S	37.68
7 ABADIN ROZENBAUM, Lucia Iara	28	25+	CDELMAR	38.79	S	38.79
8 LOPEZ SANMARTIN, Tania	34	30+	NFERROL	39.34	S	39.34
9 MUIÑO, Andrea	34	30+	NCORUÑA	40.40	L	39.50
10 ROMAR GASALLA, Aurora Fatima	48	45+	NTNARON	40.17	S	40.17
11 GONZALEZ FERNANDEZ, Leticia	43	40+	XOVE	40.39	S	40.39
12 OJEA DE CASTRO, Macarena	52	50+	PORTAMIÑA	41.73	L	40.83
13 SOUTO DERUNGS, Cristina	40	40+	NFERROL	40.85	S	40.85
14 DURAN VEIRAS, Raquel	41	40+	ARTEIXO	41.42	S	41.42
15 GARCIA COLOMO, Maria Cristina	63	60+	POURENSE	42.67	L	41.77
16 ABBATEMARCO, Cristina	41	40+	SALVESTRADA	43.30	L	42.40
17 GOMEZ PAREDES, Maria	49	45+	FLUVIAL	43.13	S	43.13
18 CARRERA PEREZ, Carolina	31	30+	MOS	43.31	S	43.31
19 TRILLO RODRIGUEZ, Lara	21	20+	MOS	43.37	S	43.37
20 GOMEZ FERNANDEZ, Uxia	22	20+	ESCUALOS	43.38	S	43.38
21 MARTIN, Christelle	44	40+	ESCUALOS	43.57	S	43.57
22 GANDARA SUAREZ, Tania	32	30+	ORDES	45.41	S	45.41
23 SOUSA CARNEIRO, Rosana	54	50+	MOS	46.33	S	46.33
24 JIMENEZ PEREZ, Victoria	56	55+	NFERROL	48.95	S	48.95
25 VAZQUEZ DUARTE, Cristina	39	35+	RBAIXAS	49.92	S	49.92
26 VILLASANTE ARMAS, Maria Rosa	50	50+	NCORUÑA	50.85	L	49.95
27 TOMILLO SANTOS, Erika	35	35+	PONSVETUS	51.55	S	51.55
28 ESPASANDIN FERNANDEZ, Raquel	27	25+	MONFORTE	51.95	S	51.95
29 MARTY PAZOS, Maria Victoria	60	60+	TRAVIESAS	53.12	S	53.12
30 PRADO POSADA, Sofia	28	25+	PONTEAREAS	53.65	S	53.65
31 BEN CILLERO, Natalia	36	35+	XOVE	54.80	S	54.80
32 PAREDES RIOS, Rosa Maria	57	55+	PONSVETUS	54.82	S	54.82
33 FRANCO CAL, Sonia	38	35+	ASMEIGAS	55.09	S	55.09
34 GONZALEZ PIMENTEL, Saleta	53	50+	PONSVETUS	55.59	S	55.59
35 SOUSA CARNEIRO, Alicia	51	50+	MOS	56.65	S	56.65
36 CELEMIN PORRERO, Maria Teresa	66	65+	CIDSANTIAGO	57.62	L	56.72
37 BROZOS VAZQUEZ, Elena Maria	43	40+	CIDSANTIAGO	56.98	S	56.98
38 VAZQUEZ PARCERO, Marta	45	45+	CULLEREDO	58.13	S	58.13
39 CALVIÑO VAZQUEZ, Coral	57	55+	POURENSE	1:00.79	S	1:00.79
40 IGNACIO QUINTEIRO, Maria Del Carmen	60	60+	PONSVETUS	1:02.06	S	1:02.06
41 HERRERO DIAZ, Isabel	49	45+	MULLEREF	1:06.68	S	1:06.68
42 YAÑEZ DOBARRO, Maria	50	50+	PONSVETUS	1:07.25	S	1:07.25
43 MENDEZ ABELAIRA, Jessica	43	40+	VALDEORRAS	1:11.33	S	1:11.33
44 PEREZ GALLARDO, Teresa	61	60+	POURENSE	1:16.80	L	1:15.90
45 FERNANDEZ PARADA, Clara	32	30+	POURENSE	1:18.72	L	1:17.82
46 NIKITIK BARTLETT, Anne Nikitik	66	65+	MULLEREF	1:30.44	S*	1:30.73
47 GONZALEZ RODRIGUEZ, S. Marta	79	75+	PONTEAREAS	1:32.97	S	1:32.97
48 DIAZ PERNAS, Maria Carmen	70	70+	MULLEREF	1:44.03	S	1:44.03

Prueba 28
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Masc., 50m Espalda

2005 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1 QUIROGA RAMOS, Noel	25	25+	POURENSE	28.35	S	28.35
2 LAGO LOPEZ, Diego	34	30+	NCORUÑA	31.28	L	29.78
3 MARTINEZ MARTINEZ, Marcos	22	20+	PONTEAREAS	30.15	S	30.15
4 EIRIZ DIEGUEZ, Daniel	47	45+	MOS	31.76	L	30.26
5 VAZQUEZ PEREZ, Sergio	33	30+	CDELMAR	31.00	S	31.00
6 TORRES NEIRA, Mateo	46	45+	CASINOC	31.15	S	31.15
7 FERNANDEZ NUÑEZ, Santiago	62	60+	CIDSANTIAGO	33.51	L	32.01
8 HERMIDA RAMOS, Raul	25	25+	NTNARON	32.44	S	32.44
9 GUIRADO CARABEL, Oscar	49	45+	CULLEREDO	34.26	L	32.76
10 ESPINOSA MIRA, Jorge	47	45+	VALDEORRAS	34.63	S	34.63
11 MOURIZ LOMBAO, Fco. Javier	50	50+	PORTAMIÑA	35.65	S	35.65
12 DIEGUEZ ARANDA, Hector	52	50+	PORTAMIÑA	37.38	L	35.88
13 PUENTE DIAZ, Javier	54	50+	CIDSANTIAGO	37.59	L	36.09
14 ALVAREZ DE SOTOMAYOR PUIGNAIRI, Juan	51	50+	NCORUÑA	36.99	S	36.99
15 BASTIDA CAMPOS, Alejandro	43	40+	SALVESTRADA	39.53	L	38.03
16 MEILAN SANCHEZ, Sergio Jose	29	25+	PORTAMIÑA	38.07	S	38.07
17 CAMIÑA MARTINEZ, Oscar	45	45+	CIDSANTIAGO	39.71	L	38.21
18 PADIN CHARLIN, Joaquin	45	45+	ESCUALOS	40.13	L	38.63
19 COTELO SENANDE, Alberto	37	35+	FOGAR	41.36	L	39.86
20 FONTAN SEIJO, Adrian	32	30+	MOS	41.46	L	39.96
21 REBANAL ALFAYA, Fernando	54	50+	VALDEORRAS	41.15	S	41.15
22 GONZALEZ VICENTE, Ruben	44	40+	PORTAMIÑA	42.88	L	41.38
23 MILLAN ALONSO, Ruben	55	55+	TRAVIESAS	42.32	S	42.32
24 GENDE DIAZ, Juan F.	55	55+	FOGAR	44.09	L	42.59
25 ALVAREZ PRESA, Samuel	25	25+	PONTEAREAS	43.79	S	43.79
26 DONG, Taogui	41	40+	PORTAMIÑA	43.92	S	43.92
27 PEXEGUEIRO BALADRON, Nicolas	48	45+	MOS	43.95	S	43.95
28 GRIECO BARRETO, Jose Antonio	43	40+	POURENSE	44.62	S	44.62
29 IGLESIAS FUERTES, Abel	46	45+	ESCUALOS	44.64	S	44.64
30 FIDALGO SERRANO, Manuel A.	44	40+	TRAVIESAS	47.55	L	46.05
31 FERNANDEZ MELENDEZ, Andres	30	30+	VALDEORRAS	46.97	S	46.97
32 GONZALEZ CONDE, Rodrigo	43	40+	PONTEAREAS	47.19	S	47.19
33 MARTINEZ BERJANO, Jose Manuel	62	60+	MONFORTE	47.28	S	47.28
34 GESTOSO PAZO, Juan Francisco	58	55+	SALVESTRADA	47.52	S	47.52
35 SANCHEZ VAZQUEZ, Jesus	63	60+	PORTAMIÑA	47.80	S	47.80
36 BORDALLO CORTINA, Fernando	71	70+	HERCULES	47.95	S	47.95
37 BURGO, Carlos D.	51	50+	CASINOC	49.98	L	48.48
38 MONROY FERNANDEZ, Manuel	75	75+	PONTEAREAS	54.86	L	53.36
39 GIRALDEZ VILLANUEVA, Ivan	38	35+	PONTEAREAS	54.55	S	54.55
40 FERNANDEZ RODRIGUEZ, Miguel Ange	56	55+	VALDEORRAS	55.59	S	55.59
41 RODRIGUEZ LOPEZ, Eloy Jesus	57	55+	VALDEORRAS	56.75	S	56.75
42 NOVOA GONZALEZ, Edmundo	73	70+	HERCULES	58.29	L	56.79
43 BRIOSO DIAZ, Manuel	48	45+	REDONDELA	56.91	S	56.91
44 MAGARIÑOS MACEIRAS, Xose	57	55+	SALVESTRADA	58.05	S	58.05
45 LOPEZ VIDAL, Antonio	73	70+	GALAICO	1:04.83	S	1:04.83
46 VIRUEL RODRIGUEZ, Diego	73	70+	TRAVIESAS	1:14.97	S	1:14.97
47 ARAUJO DOMINGUEZ, Francisco	85	85+	PONTEAREAS	1:22.03	S	1:22.03

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Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1 DAVILA SILVA, Alicia	27	25+	MOS	1:21.78	S	1:21.78
2 VEIGA RODRIGUEZ, Rosalia	26	25+	NCORUÑA	1:23.68	S	1:23.68
3 CIDRAS ANGEL, Iria	35	35+	NCORUÑA	1:24.19	S	1:24.19
4 BEN CILLERO, Sabela	33	30+	XOVE	1:24.67	S	1:24.67
5 BUGALLO PEREZ, Estibaliz	35	35+	GALAICO	1:25.17	S	1:25.17
6 IGLESIAS LOPEZ, Maria	24	20+	CULLEREDO	1:26.98	S	1:26.98
7 DURAN VEIRAS, Raquel	41	40+	ARTEIXO	1:29.92	S	1:29.92
8 ALVAREZ SOUTO, Claudia	24	20+	PONTEAREAS	1:31.10	S	1:31.10
9 MIRA VAZQUEZ, Marta	44	40+	ESCUALOS	1:31.17	S	1:31.17
10 FKEOUI OMARI, Salma	43	40+	CIDSANTIAGO	1:32.00	S	1:32.00
11 BARCA PENSADO, Maria	29	25+	FOGAR	1:32.65	S	1:32.65
12 ESCUREDO DIEZ, Mirta	47	45+	XOVE	1:33.20	S	1:33.20
13 TORRE GONZALEZ, Elisa	40	40+	RBAIXAS	1:34.64	L	1:33.24
14 FERNANDEZ JUAN, Maria	27	25+	CIDSANTIAGO	1:34.78	S	1:34.78
15 SANDERSON KEOUGH, Helen Jane	55	55+	CULLEREDO	1:36.64	S	1:36.64
16 MAURIZ BARREIRO, Maria Violeta	33	30+	CIDSANTIAGO	1:37.08	S	1:37.08
17 TORTOSA MENDOZA, Maria Gabriela	29	25+	CULLEREDO	1:41.93	S	1:41.93
18 GONZALEZ MACIA, Alba	31	30+	MONFORTE	1:43.99	S	1:43.99
19 LOPEZ ARTABE, Inmaculada	45	45+	CDELMAR	1:44.56	S	1:44.56
20 MOLINOS LAMAS, Bibiana	48	45+	RBAIXAS	1:44.96	S	1:44.96
21 MARTINEZ GARCIA, Susana	34	30+	MONFORTE	1:45.94	S	1:45.94
22 ALONSO GONZALEZ, Ines	33	30+	MOS	1:46.67	S	1:46.67
23 DEL AMO BLANCO, Margarita	58	55+	PONTEAREAS	1:48.42	S	1:48.42
24 CASTRO MAESTRE, Isaura	56	55+	FLUVIAL	1:48.73	S	1:48.73
25 OTERO FERNANDEZ, Maria Luisa	32	30+	SALVESTRADA	1:48.99	S	1:48.99
26 MELLA CASTRO, Ana Maria	31	30+	ORDES	1:51.12	S	1:51.12
27 MOLANES PIÑEIRO, Maria Elena	41	40+	PONTEAREAS	1:51.70	S	1:51.70
28 IGLESIAS SUAREZ, Laura	33	30+	CDELMAR	1:52.22	S	1:52.22
29 RIVEIRA CAAMAÑO, Rebeca	48	45+	ORDES	1:52.84	S	1:52.84
30 LOPEZ BARREIRO, Cristina	46	45+	MULLEREF	1:53.84	S	1:53.84
31 PEREIRA ALONSO, Isabel	64	60+	FOGAR	1:55.47	S	1:55.47
32 MARTIN VILAS, Maria Jesus	43	40+	ORDES	1:55.55	S	1:55.55
33 BEN CILLERO, Natalia	36	35+	XOVE	1:57.11	S	1:57.11
34 GONZALEZ ALCARAZ, Glenda Teresa	55	55+	MULLEREF	1:57.70	S	1:57.70
35 MAZAIRA CASTRO, Carmen	52	50+	ESCUALOS	2:00.41	L	1:59.01
36 MARIÑO PAZ, Eva Maria	51	50+	PONSVETUS	2:01.30	S	2:01.30
37 REBOREDAS MORILLO, Susana	63	60+	ESCUALOS	2:03.61	L	2:02.21
38 CALVO RODRIGUEZ, Maria	38	35+	NTNARON	2:04.08	S	2:04.08
39 SOBRINO EIRIZ, MARIA DEL VALLE	53	50+	PONTEAREAS	2:04.81	S	2:04.81
40 OREIRO PAZOS, M. Gloria	65	65+	ARTEIXO	2:05.94	S	2:05.94
41 CELEMIN PORRERO, Maria Teresa	66	65+	CIDSANTIAGO	2:07.34	S	2:07.34
42 ABELLEIRA CORRAL, Gema	45	45+	MULLEREF	2:08.08	S	2:08.08
43 FORRYAN SECCOMBE, Anne May	59	55+	PONTEAREAS	2:13.80	S	2:13.80
44 ALVAREZ GONZALEZ, Lara	40	40+	PONTEAREAS	2:18.48	S	2:18.48
45 YAÑEZ DOBARRO, Maria	50	50+	PONSVETUS	2:19.37	S	2:19.37
46 RODRIGUEZ TRONCOSO, Marina	66	65+	PONTEAREAS	2:21.25	S	2:21.25
47 GOMEZ DOVAL, Maria Angela	69	65+	FLUVIAL	2:28.94	S	2:28.94
48 NIKITIK BARTLETT, Anne Nikitik	66	65+	MULLEREF	2:31.58	S*	2:31.77

Prueba 30
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Masc., 100m Braza

2005 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1 FERNANDEZ DEL VALLE, Ivan	20	20+	POURENSE	1:07.49	S	1:07.49
2 PINTO RAMNARINE, Rohan Ian	39	35+	GALAICO	1:07.68	S	1:07.68
3 TENORIO FREIRE, Martin	33	30+	CIDSANTIAGO	1:10.16	S	1:10.16
4 BELTRAN FREIRIA, Oskar	21	20+	MOS	1:10.18	S	1:10.18
5 GARABATOS RODRIGUEZ, Santiago	51	50+	MOS	1:12.62	S	1:12.62
6 PAZOS ALONSO, Josue	39	35+	ESCUALOS	1:14.18	S	1:14.18
7 VILLAMOR FERRO, Ruben	25	25+	ARTEIXO	1:14.71	S	1:14.71
8 FORTES NOVOA, Martino	37	35+	ESCUALOS	1:18.50	L	1:16.10
9 ARGIZ MARTINEZ, David	25	25+	MONFORTE	1:16.77	S	1:16.77
10 GARCIA REBOLO, Alejandro	50	50+	POURENSE	1:16.94	S	1:16.94
11 MARTINEZ DOPAZO, David	38	35+	CIDSANTIAGO	1:17.21	S	1:17.21
12 JORGE IGLESIAS, Marcelino	59	55+	PONTEAREAS	1:17.82	S	1:17.82
13 GUIMAREY VAZQUEZ, Marcos	48	45+	PORTAMIÑA	1:21.19	L	1:18.79
14 HERNAEZ OUBIÑA, David	52	50+	CULLEREDO	1:19.05	S	1:19.05
15 LOBELLE GONZALEZ, Marcos	36	35+	CDELMAR	1:19.16	S	1:19.16
16 GONZALEZ IGLESIAS, Alberto	28	25+	CULLEREDO	1:19.86	S	1:19.86
17 CARBALLO CABEZAS, Enrique	49	45+	POURENSE	1:20.16	S	1:20.16
18 TOURINO GONZALEZ, Victor M.	57	55+	CMARINA	1:21.69	S	1:21.69
19 DIAZ RODRIGUEZ, Andres	36	35+	NTNARON	1:23.19	S	1:23.19
20 FEIJOO REY, Roi	46	45+	POURENSE	1:24.27	S	1:24.27
21 DIEGUEZ GONZALEZ, Bruno	35	35+	CIDSANTIAGO	1:25.94	S	1:25.94
22 MARQUEZ VAZQUEZ, Pablo	23	20+	ASMEIGAS	1:26.09	S	1:26.09
23 PADIN CHARLIN, Joaquin	45	45+	ESCUALOS	1:26.40	S	1:26.40
24 BOUSO FUENTECILLA, Fernando	54	50+	ESCUALOS	1:26.94	S	1:26.94
25 PEREZ GONZALEZ, Ivan	43	40+	MONFORTE	1:27.02	S	1:27.02
26 REY RODRIGUEZ, Oscar	51	50+	CIDSANTIAGO	1:28.24	S	1:28.24
27 SOLLEIRO TIZON, Juan Jose	62	60+	NCORUÑA	1:28.82	S	1:28.82
28 ALONSO ORTIZ, Mariano	49	45+	FLUVIAL	1:29.00	S	1:29.00
29 ANDRES DUASO, Olmo	32	30+	ARTEIXO	1:29.14	S	1:29.14
30 CARRIL SOUTO, Javier	22	20+	ARTEIXO	1:29.79	S	1:29.79
31 PEREZ VAZQUEZ, Telmo	37	35+	NTNARON	1:29.84	S	1:29.84
32 PREGO MARTINEZ, Benjamin	52	50+	PONTEAREAS	1:30.50	S	1:30.50
33 GARCIA SANJURJO, Jose Manuel	58	55+	CDELMAR	1:31.67	S	1:31.67
34 FERNANDEZ MARTINEZ, Alberto	54	50+	ESCUALOS	1:32.09	S	1:32.09
35 GONZALEZ VICENTE, Ruben	44	40+	PORTAMIÑA	1:34.95	S	1:34.95
36 FERNADEZ BARREIROS, Claudio	50	50+	ORDES	1:37.62	L	1:35.22
37 PEXEGUEIRO BALADRON, Nicolas	48	45+	MOS	1:37.78	S	1:37.78
38 CABANELAS EIRAS, Pablo	46	45+	CIDSANTIAGO	1:38.90	S	1:38.90
39 GONZALEZ CONDE, Rodrigo	43	40+	PONTEAREAS	1:39.52	S	1:39.52
40 SUAREZ GARCIA, Sergio	45	45+	PONSVETUS	1:40.68	S	1:40.68
41 DIEZ RODRIGUEZ, Ignacio J.	53	50+	PORTAMIÑA	1:40.90	S	1:40.90
42 RODRIGUEZ GOMEZ, Emilio	64	60+	PONTEAREAS	1:41.49	S	1:41.49
43 COUSELO CASTIÑEIRAS, Miguel Angel	49	45+	ORDES	1:41.81	S	1:41.81
44 CADAVID NUÑEZ, Jose	55	55+	POURENSE	1:44.51	L	1:42.11
45 RODRIGUEZ VIEITO, Ricardo M.	68	65+	MOS	1:46.59	S	1:46.59
46 RODRIGUEZ LEMOS, Andres Jesus	76	75+	MOS	1:50.49	S	1:50.49
47 FERNANDEZ GONZALEZ, Alvaro	60	60+	MOS	1:52.03	S	1:52.03
48 FERNANDEZ RODRIGUEZ, Miguel Ange	56	55+	VALDEORRAS	1:56.49	S	1:56.49

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49	FERREIRO SANCHEZ, Luis	55	55+	POURENSE	2:01.56 L	1:59.16
50	GONZALEZ SANDEZ, Carlos	46	45+	VALDEORRAS	1:59.26 S	1:59.26
51	LAGO GONZALEZ, Ivan	32	30+	PONTEAREAS	2:03.53 S	2:03.53
52	VIRUEL RODRIGUEZ, Diego	73	70+	TRAVIESAS	2:40.42 S	2:40.42
53	ARAUJO DOMINGUEZ, Francisco	85	85+	PONTEAREAS	2:54.10 S	2:54.10

Prueba 31
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Fem., 200m Libre

2005 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1 SUAREZ GONZALEZ, Gracia	25	25+	PONTEAREAS	2:07.54	S	2:07.54
2 VEIGA SOUTO, Ana	27	25+	ARTEIXO	2:09.85	S	2:09.85
3 GONZALEZ RODRIGUEZ, Maria	43	40+	CIDSANTIAGO	2:19.73	S	2:19.73
4 RAMOS LOBO, Raquel	32	30+	PORTAMIÑA	2:30.06	S	2:30.06
5 LEMOS FERNANDEZ, Zaira	23	20+	PONTEAREAS	2:31.79	S	2:31.79
6 AZANZA MORENO, Cristina	49	45+	MULLEREF	2:36.87	S	2:36.87
7 SUAREZ GARCIA, Sofia	28	25+	RBAIXAS	2:43.56	S	2:43.56
8 ESTEVEZ BASTERO, Ana	20	20+	RBAIXAS	2:45.38	S	2:45.38
9 TERCEIRO DELGADO, Maria Del Mar	62	60+	CDELMAR	2:50.35	L	2:47.85
10 VILARIÑO CACHO, Elvira	44	40+	SALVESTRADA	2:50.19	S	2:50.19
11 MIRA VAZQUEZ, Marta	44	40+	ESCUALOS	2:50.39	S	2:50.39
12 GONZALEZ PEREZ, Jessica	38	35+	RBAIXAS	2:53.03	L	2:50.53
13 GARCES FERNANDEZ, Erea	22	20+	RBAIXAS	2:51.03	S	2:51.03
14 VARELA REDONDO, Veronica	50	50+	PONTEAREAS	2:53.64	S	2:53.64
15 GORDILLO VAN GILS, Silvia	29	25+	NTNARON	2:57.64	S*	2:57.83
16 MURAS MORA, Andrea	36	35+	CIDSANTIAGO	3:03.15	S	3:03.15
17 IGLESIAS SUAREZ, Laura	33	30+	CDELMAR	3:16.28	S	3:16.28
18 CALVIÑO CANCELA, Maria Cristina	57	55+	PONTEAREAS	3:18.34	S	3:18.34
19 MOLANES PIÑEIRO, Maria Elena	41	40+	PONTEAREAS	3:18.77	S	3:18.77
20 ANDON YAÑEZ, Lorena	47	45+	CASINOC	3:21.43	S	3:21.43
21 GONZALEZ ALCARAZ, Glenda Teresa	55	55+	MULLEREF	3:29.06	S	3:29.06
22 VAZQUEZ LOPEZ, Eva	48	45+	MULLEREF	3:41.60	S	3:41.60
23 PRADO POSADA, Sofia	28	25+	PONTEAREAS	3:48.87	S	3:48.87
24 VAZQUEZ GONZALEZ, Yolanda	49	45+	VALDEORRAS	3:53.02	L	3:50.52
25 REBOREDAS MORILLO, Susana	63	60+	ESCUALOS	3:55.00	S	3:55.00
26 ACEVEDO REGO, Ermitas	59	55+	POURENSE	3:57.67	S	3:57.67
27 FERNANDEZ SESTELO, Maria Jose	55	55+	PONTEAREAS	4:01.69	S	4:01.69
28 ABELLEIRA CORRAL, Gema	45	45+	MULLEREF	4:06.57	S	4:06.57
29 REY OTERO, Angela Maria	59	55+	MULLEREF	4:16.20	S	4:16.20
30 RODRIGUEZ TRONCOSO, Marina	66	65+	PONTEAREAS	4:36.14	S	4:36.14

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Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1 PEREZ PAZ, Dario	20	20+	PONTEAREAS	2:00.66	S	2:00.66
2 PASTORIZA SANTACLARA, Jorge	28	25+	RBAIXAS	2:00.67	S	2:00.67
3 GUTIERREZ MARIÑO, Santiago	23	20+	POURENSE	2:00.84	S	2:00.84
4 CARRERA COSTAS, Martin	29	25+	PONTEAREAS	2:04.88	S	2:04.88
5 INCUTTI TELLADO, Denis	25	25+	PONTEAREAS	2:11.17	S	2:11.17
6 TORRES NEIRA, Mateo	46	45+	CASINOC	2:12.56	S	2:12.56
7 SONEIRA REBOREDO, Oscar	50	50+	CIDSANTIAGO	2:14.19	S	2:14.19
8 IGLESIAS GOMEZ, Gonzalo	46	45+	CIDSANTIAGO	2:15.03	S	2:15.03
9 TRILLO RODRIGUEZ, Adrian	28	25+	MOS	2:16.97	S	2:16.97
10 BLANCO PEREZ, Jesus	39	35+	NTNARON	2:22.53	L	2:19.03
11 FINS SEOANE, Juan Miguel	48	45+	SALVESTRADA	2:19.40	S	2:19.40
12 PICALLO MATO, Adrian	30	30+	SALVESTRADA	2:29.47	L	2:25.97
13 BALDOMAR OBELLEIRA, Ruben	51	50+	NCORUÑA	2:26.20	S	2:26.20
14 GARCIA RIÑON, Jaime	61	60+	NCORUÑA	2:26.94	S	2:26.94
15 IGLESIAS CARRERA, Pio	52	50+	CIDSANTIAGO	2:30.21	S	2:30.21
16 GARCIA CASTIÑEIRA, Daniel	51	50+	CIDSANTIAGO	2:32.51	S	2:32.51
17 ALVAREZ SILVA, Ruben	44	40+	ESCUALOS	2:34.48	S	2:34.48
18 MANEIRO BETANZOS, Javier	40	40+	PONSVETUS	2:35.09	S	2:35.09
19 BELLO PORTO, David	35	35+	NCORUÑA	2:35.63	S	2:35.63
20 BARCIA SIXTO, Francisco Jose	40	40+	NTNARON	2:36.26	S	2:36.26
21 MUÑIZ CAL, Rafael	51	50+	ARTEIXO	2:36.73	S	2:36.73
22 GUIMAREY VAZQUEZ, Marcos	48	45+	PORTAMIÑA	2:36.84	S	2:36.84
23 COTELO SENANDE, Alberto	37	35+	FOGAR	2:41.28	L	2:37.78
24 CODESIDO LOPEZ, Jose	66	65+	CIDSANTIAGO	2:40.76	S	2:40.76
25 RODRIGUEZ BALIÑA, Marcos	54	50+	PONTEAREAS	2:41.22	S	2:41.22
26 NISTAL GARCIA, Eduardo	57	55+	CASINOC	2:46.04	L	2:42.54
27 CUETO ALVAREZ, Elias	50	50+	CIDSANTIAGO	2:43.34	S	2:43.34
28 NOVALES BLANCO, Xabier	34	30+	RBAIXAS	2:48.49	S	2:48.49
29 FERNANDEZ IGLESIAS, Emilio J.	48	45+	PONTEAREAS	2:49.50	S	2:49.50
30 FERNANDEZ MARTINEZ, Alberto	54	50+	ESCUALOS	2:51.11	S	2:51.11
31 GOLPE IGLESIAS, Jose Antonio	43	40+	PONSVETUS	2:51.80	S	2:51.80
32 LORENZO FERNANDEZ, Jose Manuel	53	50+	RBAIXAS	2:53.14	S	2:53.14
33 GARCIA COLOMO, Manuel Ramon	71	70+	POURENSE	2:57.31	S	2:57.31
34 BLANCO HORTAS, Jose Ramon	51	50+	PORTAMIÑA	3:00.84	S	3:00.84
35 HERNANZ MORAL, Fausto	63	60+	RBAIXAS	3:04.88	L	3:01.38
36 CEGARRA GARCIA, Eugenio	61	60+	RSDH	3:03.59	S	3:03.59
37 RODRIGUEZ BALIÑA, Mauro	35	35+	PONTEAREAS	3:09.03	S	3:09.03
38 BLANCO PEREZ, Angel	61	60+	POURENSE	3:13.66	L	3:10.16
39 TABOADA CALVELO, Jose Carlos	46	45+	SALVESTRADA	3:13.75	L	3:10.25
40 SANJORGE PEDREIRA, Carmelo	63	60+	ARTEIXO	3:29.65	L	3:26.15
41 SUAREZ FREIRE, David Manuel	57	55+	RBAIXAS	3:35.69	S	3:35.69
42 GONZALEZ ANTON, Jose Luis	63	60+	GALAICO	3:43.29	S	3:43.29
43 LAGO GONZALEZ, Ivan	32	30+	PONTEAREAS	3:55.16	S	3:55.16
44 FOLCH MALLOFRE, Ramon	88	85+	ARTEIXO	4:05.74	S	4:05.74
45 LAGO REY, Jose Manuel	62	60+	RBAIXAS	4:44.24	S	4:44.24

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Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1 RODRIGUEZ RODRIGUEZ, Nina	23	20+	RBAIXAS	28.32	S	28.32
2 FRANCO CAL, Alba	34	30+	ASMEIGAS	28.53	S	28.53
3 FERNANDEZ PARDO, Irene	24	20+	PONTEAREAS	31.49	S	31.49
4 GARCIA MIGUEZ, Rosalia	27	25+	CIDSANTIAGO	33.04	S	33.04
5 LEMOS FERNANDEZ, Zaira	23	20+	PONTEAREAS	33.52	S	33.52
6 DOPEREIRO GARCIA, Alba	35	35+	NCORUÑA	33.64	S	33.64
7 VEIGA RODRIGUEZ, Rosalia	26	25+	NCORUÑA	33.64	S	33.64
8 ABADIN ROZENBAUM, Manuela Rocio	30	30+	CDELMAR	34.77	S	34.77
9 BUGALLO PEREZ, Estibaliz	35	35+	GALAICO	34.97	S	34.97
10 VILARIÑO SAN JOSE, Alba	32	30+	RBAIXAS	35.68	S	35.68
11 FKEOUI OMARI, Salma	43	40+	CIDSANTIAGO	37.40	L	37.10
12 TORTOSA MENDOZA, Maria Gabriela	29	25+	CULLEREDO	37.48	S	37.48
13 GONZALEZ FERNANDEZ, Leticia	43	40+	XOVE	37.96	S	37.96
14 MAURIZ BARREIRO, Maria Violeta	33	30+	CIDSANTIAGO	39.03	S	39.03
15 GESTO ALONSO, Clarisa	36	35+	PONTEAREAS	39.65	S	39.65
16 CHAMOSA MARTIN, Julia	64	60+	RBAIXAS	40.23	S	40.23
17 ARAUJO CASTRO, Paula	34	30+	CDELMAR	40.27	S	40.27
18 GARCIA COLOMO, Maria Cristina	63	60+	POURENSE	41.02	L	40.72
19 TORRE GONZALEZ, Elisa	40	40+	RBAIXAS	41.11	L	40.81
20 COVELO SAAVEDRA, Nahir	47	45+	PONTEAREAS	41.80	L	41.50
21 CUBA KOSTER, Esmeralda	33	30+	XOVE	42.13	S	42.13
22 ROIG SANCHEZ, Blanca Ana	51	50+	RBAIXAS	43.08	L	42.78
23 ESCUREDO DIEZ, Mirta	47	45+	XOVE	43.47	S	43.47
24 MARTINEZ GARCIA, Susana	34	30+	MONFORTE	44.43	S	44.43
25 RODRIGUEZ PANTIN, Marta Maria	59	55+	HERCULES	45.00	S	45.00
26 FERNANDEZ GONZALEZ, Iria	43	40+	PORTAMIÑA	45.82	S	45.82
27 RIVAS RODRIGUEZ, Lucia	46	45+	NCORUÑA	47.29	S	47.29
28 GONZALEZ MACIA, Alba	31	30+	MONFORTE	48.10	S	48.10
29 SOBRINO EIRIZ, MARIA DEL VALLE	53	50+	PONTEAREAS	48.16	S	48.16
30 TRILLO RODRIGUEZ, Lara	21	20+	MOS	48.30	S	48.30
31 RIVEIRA CAAMAÑO, Rebeca	48	45+	ORDES	49.03	S	49.03
32 JIMENEZ PEREZ, Victoria	56	55+	NFERROL	49.23	S	49.23
33 CALVIÑO CANCELA, Maria Cristina	57	55+	PONTEAREAS	51.46	L	51.16
34 MAZAIRO CASTRO, Carmen	52	50+	ESCUALOS	52.13	L	51.83
35 SOUSA CARNEIRO, Rosana	54	50+	MOS	52.94	S	52.94
36 OTERO FERNANDEZ, Maria Luisa	32	30+	SALVESTRADA	56.40	S	56.40
37 CALVO RODRIGUEZ, Maria	38	35+	NTNARON	57.33	S	57.33
38 MARTINEZ BARCIELA, Maria Olga	35	35+	RBAIXAS	59.73	L	59.43
39 FERNANDEZ GUARDIOLA, Loira	36	35+	PONTEAREAS	59.48	S	59.48
40 PAZOS SOAGE, Paloma	55	55+	PONSVETUS	59.87	S	59.87
41 FRANCO CAL, Sonia	38	35+	ASMEIGAS	1:01.20	S	1:01.20
42 RODRIGUEZ-TOUBES FORRYAN, Irene	26	25+	PONTEAREAS	1:06.87	S	1:06.87
43 GONZALEZ PIMENTEL, Saleta	53	50+	PONSVETUS	1:08.13	S	1:08.13
44 VAZQUEZ PARCERO, Marta	45	45+	CULLEREDO	1:09.37	S	1:09.37
45 MENDEZ ABELAIRA, Jessica	43	40+	VALDEORRAS	1:19.17	S	1:19.17

Prueba 34
15/06/2025

Masc., 50m Mariposa

2005 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1 PONTON RODRIGUEZ, Juan	23	20+	MONFORTE	25.77	S	25.77
2 LOBELLE GONZALEZ, Ivan	36	35+	CDELMAR	26.51	S	26.51
3 VAZQUEZ PEREZ, Sergio	33	30+	CDELMAR	27.74	L	27.34
4 MUIÑO ALONSO, Anton	31	30+	NCORUÑA	27.79	L	27.39
5 BELTRAN FREIRIA, Oskar	21	20+	MOS	27.95	L	27.55
6 SUAREZ FERNANDEZ, Santiago	30	30+	MONFORTE	27.80	S	27.80
7 GARABATOS RODRIGUEZ, Santiago	51	50+	MOS	28.25	S	28.25
8 SONEIRA REBOREDO, Oscar	50	50+	CIDSANTIAGO	28.99	S	28.99
9 CASTRO RODRIGUEZ, Francisco	25	25+	CIDSANTIAGO	29.39	L	28.99
10 ALONSO RODRIGUEZ, Javier	24	20+	PONTEAREAS	29.19	S	29.19
11 LOPEZ LOPEZ, Jaime Borja	25	25+	PORTAMIÑA	29.61	S	29.61
12 CASARES GARCIA, Brais	21	20+	PONTEAREAS	29.61	S	29.61
13 MARTINEZ MARTINEZ, Marcos	22	20+	PONTEAREAS	29.68	S*	29.97
14 BELTRAN DIAZ, Emilio	48	45+	MONFORTE	30.04	S	30.04
15 HERMIDA RAMOS, Raul	25	25+	NTNARON	30.17	S	30.17
16 KRUGLOV, Mykola	40	40+	ESCUALOS	30.76	S	30.76
17 GARCIA MUGGIA, Erick Jose	39	35+	RBAIXAS	31.77	S	31.77
18 DIAZ RODRIGUEZ, Andres	36	35+	NTNARON	32.37	L	31.97
19 CASARES GARCIA, Adrian	22	20+	PONTEAREAS	32.07	S	32.07
20 FERNANDEZ GAYOSO, Jose Manuel	39	35+	MOS	32.08	S	32.08
21 FEIJOO REY, Roi	46	45+	POURENSE	32.62	S	32.62
22 GULIAS GARCIA, Jose Ruben	34	30+	PONSVETUS	33.03	S	33.03
23 CARBALLO CABEZAS, Enrique	49	45+	POURENSE	33.29	S	33.29
24 MONTERO PRIETO, Carlos Eugenio	47	45+	CIDSANTIAGO	33.38	S	33.38
25 GARCIA RIÑON, Jaime	61	60+	NCORUÑA	33.67	S	33.67
26 HERNAEZ OUBIÑA, David	52	50+	CULLEREDO	34.22	L	33.82
27 ESPINOSA MIRA, Jorge	47	45+	VALDEORRAS	34.28	S	34.28
28 PEREZ VAZQUEZ, Telmo	37	35+	NTNARON	34.74	S	34.74
29 BETHENCOURT IGLESIAS, Sergio	62	60+	CIDSANTIAGO	35.43	L	35.03
30 TABARES DOMINGUEZ, Rafael	51	50+	POURENSE	35.04	S	35.04
31 FERNANDEZ IGLESIAS, Emilio J.	48	45+	PONTEAREAS	35.23	S	35.23
32 FERREIRA GONZALEZ, Xose Anxo	59	55+	REDONDELA	35.23	S	35.23
33 DIAZ QUEZADA, Miguel Bismark	27	25+	VALDEORRAS	36.30	S	36.30
34 RODRIGUEZ BALIÑA, Mauro	35	35+	PONTEAREAS	36.79	L	36.39
35 DOMINGUEZ PHILOCREON, Ticiano	44	40+	CIDSANTIAGO	36.40	S	36.40
36 ALONSO ORTIZ, Mariano	49	45+	FLUVIAL	36.43	S	36.43
37 PENIDE CALVO, Gabriel	32	30+	RBAIXAS	37.31	L	36.91
38 DIEGUEZ GONZALEZ, Bruno	35	35+	CIDSANTIAGO	37.33	S	37.33
39 LAMAS SOTO, Cesar	50	50+	CULLEREDO	37.61	S	37.61
40 GENDE DIAZ, Juan F.	55	55+	FOGAR	37.70	S	37.70
41 ISASTI MAIZA, Patxi Xabier	60	60+	XOVE	37.93	S	37.93
42 MANEIRO BETANZOS, Javier	40	40+	PONSVETUS	38.77	S	38.77
43 ESCUREDO DIEZ, Alberto	41	40+	XOVE	39.43	S	39.43
44 ORGEIRA CRESPO, Pedro	49	45+	POURENSE	39.61	S	39.61
45 VEIGA PILLADO, Jose	47	45+	CASINOC	39.95	S	39.95
46 ALONSO NOVOA, Diego	35	35+	MOS	41.36	S	41.36
47 DURO GONZALEZ, Antonio	51	50+	SALVESTRADA	41.70	S	41.70
48 MILLAN ALONSO, Ruben	55	55+	TRAVIESAS	42.02	S	42.02

Prueba 34, Masc., 50m Mariposa

49	IVANCHENKO, Yurii	72	70+	POURENSE	42.81 L	42.41
50	SANCHEZ SECO, Manuel	57	55+	ESCUALOS	43.10 L	42.70
51	GESTOSO PAZO, Juan Francisco	58	55+	SALVESTRADA	42.81 S	42.81
52	MOVILLA FERNANDEZ, Jose Fco.	56	55+	POURENSE	42.92 S	42.92
53	TABOADA CALVELO, Jose Carlos	46	45+	SALVESTRADA	42.97 S	42.97
54	MARTINEZ BERJANO, Jose Manuel	62	60+	MONFORTE	44.76 S	44.76
55	PEREZ GARCIA, Manuel	58	55+	CULLEREDO	45.72 S	45.72
56	TRONCOSO CAAMAÑO, Fernando	50	50+	ESCUALOS	46.71 S	46.71
57	RODRIGUEZ GOMEZ, Emilio	64	60+	PONTEAREAS	48.10 S	48.10
58	NOVO FERNANDEZ, Alfredo	55	55+	RBAIXAS	49.35 S	49.35
59	SANCHEZ VAZQUEZ, Jesus	63	60+	PORTAMIÑA	49.37 S	49.37
60	BRIOSO DIAZ, Manuel	48	45+	REDONDELA	57.80 S	57.80
61	PERDIZ GONZALEZ, Jose Ramon	67	65+	ESCUALOS	1:14.59 S	1:14.59

Prueba 35
15/06/2025

Fem., 200m Espalda

2005 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1 VEIGA SOUTO, Ana	27	25+	ARTEIXO	2:24.32	S	2:24.32
2 LAGO CASTILLO, Natalia	26	25+	NCORUÑA	2:46.07	S	2:46.07
3 GESTO ALONSO, Clarisa	36	35+	PONTEAREAS	3:00.90	L	2:57.00
4 SANCHEZ LEDO, Cira	44	40+	ESCUALOS	3:01.42	L	2:57.52
5 SOUTIÑO RAMIREZ, Carmen Victoria	24	20+	PORTAMIÑA	2:58.61	S	2:58.61
6 CRUZ GARCIA, Aurora	30	30+	CIDSANTIAGO	2:58.99	S	2:58.99
7 AZANZA MORENO, Cristina	49	45+	MULLEREF	3:09.52	S	3:09.52
8 LOPEZ SANMARTIN, Tania	34	30+	NFERROL	3:12.54	S	3:12.54
9 GONZALEZ PEREZ, Jessica	38	35+	RBAIXAS	3:15.87	S	3:15.87
10 RODRIGUEZ PAZ, Lucia	25	25+	PONTEAREAS	3:19.22	S	3:19.22
11 ABBATEMARCO, Cristina	41	40+	SALVESTRADA	3:31.86	S	3:31.86
12 VAZQUEZ DUARTE, Cristina	39	35+	RBAIXAS	3:32.26	S	3:32.26
13 FERNANDEZ GONZALEZ, Iria	43	40+	PORTAMIÑA	3:32.52	S	3:32.52
14 MARTIN, Christelle	44	40+	ESCUALOS	3:38.79	L	3:34.89
15 GOMEZ PAREDES, Maria	49	45+	FLUVIAL	3:36.23	S	3:36.23
16 CHAMOSA MARTIN, Julia	64	60+	RBAIXAS	3:38.09	S	3:38.09
17 SUAREZ BUJAN, Rebeca	42	40+	CIDSANTIAGO	3:38.90	S	3:38.90
18 DEL AMO BLANCO, Margarita	58	55+	PONTEAREAS	3:40.13	S	3:40.13
19 PAREDES RIOS, Rosa Maria	57	55+	PONSVETUS	4:03.61	S	4:03.61
20 ABREU FERNANDEZ, Marta	54	50+	PONTEAREAS	4:29.94	S	4:29.94
21 VAZQUEZ GONZALEZ, Yolanda	49	45+	VALDEORRAS	5:00.99	S	5:00.99
22 FERNANDEZ SESTELO, Maria Jose	55	55+	PONTEAREAS	5:08.89	S	5:08.89
23 FERNANDEZ FERNANDEZ, Maria Teres	69	65+	MULLEREF	5:56.54	S	5:56.54
24 GONZALEZ RODRIGUEZ, S. Marta	79	75+	PONTEAREAS	6:41.58	S	6:41.58

Prueba 36
15/06/2025

Masc., 200m Espalda

2005 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1 QUIROGA RAMOS, Noel	25	25+	POURENSE	2:17.22	L	2:11.72
2 CALLE FACAL, Telmo	42	40+	CIDSANTIAGO	2:19.65	S	2:19.65
3 LAGO LOPEZ, Diego	34	30+	NCORUÑA	2:28.22	S	2:28.22
4 CASTRO VILLAR, David	34	30+	CDELMAR	2:35.16	S	2:35.16
5 FORTES NOVOA, Martino	37	35+	ESCUALOS	2:42.83	S	2:42.83
6 MOURIZ LOMBAO, Fco. Javier	50	50+	PORTAMIÑA	2:46.10	S	2:46.10
7 GUIRADO CARABEL, Oscar	49	45+	CULLEREDO	2:47.40	S	2:47.40
8 FREIRE GONZALEZ, Javier	32	30+	RBAIXAS	2:49.29	S	2:49.29
9 JORGE IGLESIAS, Marcelino	59	55+	PONTEAREAS	2:50.31	S	2:50.31
10 QUINTAS BARROS, Jesus Carlos	52	50+	ESCUALOS	2:54.61	S	2:54.61
11 BARCIA SIXTO, Francisco Jose	40	40+	NTNARON	3:03.17	S	3:03.17
12 MEILAN SANCHEZ, Sergio Jose	29	25+	PORTAMIÑA	3:09.09	L	3:03.59
13 GONZALEZ PEÑAS, David	41	40+	PORTAMIÑA	3:05.58	S	3:05.58
14 DE LORENZO FERNANDEZ, Javier	44	40+	ESCUALOS	3:06.07	S	3:06.07
15 PICALLO MATO, Adrian	30	30+	SALVESTRADA	3:06.60	S	3:06.60
16 PUENTE DIAZ, Javier	54	50+	CIDSANTIAGO	3:07.68	S	3:07.68
17 BETHENCOURT IGLESIAS, Sergio	62	60+	CIDSANTIAGO	3:09.12	S	3:09.12
18 BASTIDA CAMPOS, Alejandro	43	40+	SALVESTRADA	3:15.34	S	3:15.34
19 SANCHEZ SECO, Manuel	57	55+	ESCUALOS	3:21.93	S	3:21.93
20 PREGO MARTINEZ, Benjamin	52	50+	PONTEAREAS	3:21.99	S	3:21.99
21 REY RODRIGUEZ, Oscar	51	50+	CIDSANTIAGO	3:22.34	S	3:22.34
22 FIDALGO SERRANO, Guillermo	39	35+	TRAVIESAS	3:32.48	S*	3:32.67
23 TRONCOSO CAAMAÑO, Fernando	50	50+	ESCUALOS	3:42.53	S	3:42.53
24 CUETO ALVAREZ, Elias	50	50+	CIDSANTIAGO	3:43.82	S	3:43.82
25 REBANAL ALFAYA, Fernando	54	50+	VALDEORRAS	3:48.33	S	3:48.33
26 LAMELO OTERO, Ramon Jesus	57	55+	CIDSANTIAGO	4:05.88	S	4:05.88
27 RODRIGUEZ LEMOS, Andres Jesus	76	75+	MOS	4:07.19	S	4:07.19
28 FERNANDEZ GONZALEZ, Alvaro	60	60+	MOS	4:12.44	S	4:12.44
29 MELLA BARBEITO, Javier	42	40+	ARTEIXO	4:16.51	S	4:16.51
30 GIRALDEZ VILLANUEVA, Ivan	38	35+	PONTEAREAS	4:17.67	S	4:17.67
31 RODRIGUEZ BASANTA, Fco. Jose	64	60+	VALDEORRAS	4:28.49	L	4:22.99
32 FERREIRO SANCHEZ, Luis	55	55+	POURENSE	4:24.84	S	4:24.84
33 FOLCH MALLOFRE, Ramon	88	85+	ARTEIXO	4:47.64	S	4:47.64
34 LOPEZ VIDAL, Antonio	73	70+	GALAICO	5:04.75	L	4:59.25
35 GONZALEZ SANDEZ, Carlos	46	45+	VALDEORRAS	5:45.87	S	5:45.87

Prueba 37
15/06/2025

Fem., 4 x 50m Estilos

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Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1	PONTEAREAS	80	+80 (PIPONTEAREAS	2:13.71	S	2:13.71
2	NCORUÑA	120	+120 NCORUÑA	2:22.61		2:24.71
3	XOVE	120	+120 XOVE	2:25.10	S	2:25.10
4	RBAIXAS	120	+120 RBAIXAS	2:26.62	S	2:26.62
5	RBAIXAS	80	+80 (PIRBAIXASER)	2:29.25	S	2:29.25
6	CIDSANTIAGO	160	+160 CIDSANTIAGO	2:30.74	S	2:30.74
7	PONTEAREAS	120	+120 PONTEAREAS	2:33.51	S	2:33.51
8	CIDSANTIAGO	120	+120 CIDSANTIAGO	2:36.83	S	2:36.83
9	ARTEIXO	120	+120 ARTEIXO	2:34.88		2:36.98
10	ESCUALOS	160	+160 ESCUALOS	2:35.97		2:38.07
11	RBAIXAS	160	+160 RBAIXAS	2:38.08	S	2:38.08
12	NFERROL	160	+160 NFERROL	2:37.54		2:39.64
13	CIDSANTIAGO	100	+100 CIDSANTIAGO	2:39.75	S	2:39.75
14	PONTEAREAS	200	+200 PONTEAREAS	2:51.25	S	2:51.25
15	CDELMAR	160	+160 CDELMAR	2:51.53	S	2:51.53
16	CULLEREDO	120	+120 CULLEREDO	2:52.01		2:54.11
17	MULLEREF	160	+160 MULLEREF	3:00.07	S*	3:00.26
18	PORTAMIÑA	160	+160 PORTAMIÑA	2:58.30		3:00.40
19	RBAIXAS	200	+200 RBAIXAS	3:01.79	S	3:01.79
20	PONTEAREAS	160	+160 PONTEAREAS	3:08.10	S	3:08.10
21	MOS	160	+160 MOS	3:06.81		3:08.91
22	ORDES	120	+120 ORDES	3:08.70		3:10.80
23	PONTEAREAS	100	+100 PONTEAREAS	3:11.95	S	3:11.95
24	POURENSE	240	+240 POURENSE	3:33.58	S	3:33.58
25	PONTEAREAS	240	+240 PONTEAREAS	3:41.17	S	3:41.17
26	MULLEREF	200	+200 MULLEREF	3:51.75	L	3:49.65
27	POURENSE	200	+200 POURENSE	4:02.33	L	4:00.23
28	PONTEAREAS	280	+280 PONTEAREAS	4:38.31	S	4:38.31
29	MULLEREF	240	+240 MULLEREF	5:29.73	S*	5:29.92

Prueba 38
15/06/2025

Masc., 4 x 50m Estilos

AG 80 - 359
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
1		+120	CDELMAR	1:56.57	S	1:56.57
2		+80	(PIPONTEAREAS	1:56.80	S	1:56.80
3		+80	(PIPOURENSE)	1:53.83		1:57.03
4		+120	CIDSANTIAGO	2:00.50	S	2:00.50
5		+120	RBAIXAS	2:02.42	S	2:02.42
6		+160	CIDSANTIAGO	2:02.59	S	2:02.59
7		+120	NTNARON	2:06.36	L	2:03.16
8		+160	MOS	2:05.00	S	2:05.00
9		+100	PONTEAREAS	2:07.39	S	2:07.39
10		+200	ESCUALOS	2:10.13	S	2:10.13
11		+160	NCORUÑA	2:08.28		2:11.48
12		+240	CIDSANTIAGO	2:11.75	S	2:11.75
13		+160	RBAIXAS	2:12.39	S	2:12.39
14		+160	ESCUALOS	2:12.43		2:15.63
15		+160	MONFORTE	2:13.02		2:16.22
16		+120	MOS	2:17.27	S	2:17.27
17		+200	CIDSANTIAGO	2:17.86	S	2:17.86
18		+160	CULLEREDO	2:15.06		2:18.26
19		+200	RBAIXAS	2:19.42	S	2:19.42
20		+160	POURENSE	2:23.70	L	2:20.50
21		+200	PORTAMIÑA	2:20.84	S	2:20.84
22		+160	ARTEIXO	2:19.71		2:22.91
23		+160	PONTEAREAS	2:23.16	S	2:23.16
24		+120	ARTEIXO	2:22.96		2:26.16
25		+160	SALVESTRADA	2:23.90		2:27.10
26		+120	PONTEAREAS	2:27.46	S	2:27.46
27		+200	POURENSE	2:31.26	S	2:31.26
28		+120	PORTAMIÑA	2:28.88		2:32.08
29		+200	PONTEAREAS	2:33.38	S	2:33.38
30		+120	VALDEORRAS	2:36.49		2:39.69
31		+200	ARTEIXO	2:39.45		2:42.65
32		+200	CASINOC	2:46.60	L	2:43.40
33		+200	VALDEORRAS	2:47.18	L	2:43.98
34		+240	MOS	2:55.41	S	2:55.41
35		+240	ARTEIXO	2:54.91		2:58.11
36		+240	POURENSE	3:03.99	L	3:00.79
37		+160	PORTAMIÑA	3:05.83		3:09.03
38		+240	PONTEAREAS	3:21.58	S	3:21.58
39		+280	PONTEAREAS	4:01.37		4:04.57