

Prueba 36
15/06/2025

Masc., 200m Espalda

2005 y mayores
Resultados

Clasificación	Edad										Tiempo	Puntos
25+												
1.	1087073	QUIROGA RAMOS, Noel	25	POURENSE							2:21.08	13,00
	50m:	33.89	33.89	100m:	1:10.70	36.81	150m:	1:46.48	35.78	200m:	2:21.08	34.60
2.	1078908	MEILAN SANCHEZ, Sergio Jose	29	PORTAMIÑA							3:09.57	10,00
	50m:	40.53	40.53	100m:	1:26.07	45.54	150m:	2:17.73	51.66	200m:	3:09.57	51.84
30+												
1.	1107418	LAGO LOPEZ, Diego	34	NCORUÑA							2:25.19	13,00
	50m:	34.52	34.52	100m:	1:11.55	37.03	150m:	1:49.05	37.50	200m:	2:25.19	36.14
2.	1038638	CASTRO VILLAR, David	34	CDELMAR							2:28.29	10,00
	50m:	34.72	34.72	100m:	1:12.58	37.86	150m:	1:50.99	38.41	200m:	2:28.29	37.30
3.	1037824	FREIRE GONZALEZ, Javier	32	RBAIXAS							2:49.43	8,00
	50m:	40.28	40.28	100m:	1:25.07	44.79	150m:	2:08.90	43.83	200m:	2:49.43	40.53
4.	1232980	PICALLO MATO, Adrian	30	SALVESTRADA							2:59.69	7,00
	50m:	44.26	44.26	100m:	1:29.70	45.44	150m:	2:15.43	45.73	200m:	2:59.69	44.26
35+												
1.	1143890	FORTES NOVOA, Martino	37	ESCUALOS							2:46.66	13,00
	50m:	41.59	41.59	100m:	1:22.97	41.38	150m:	2:05.38	42.41	200m:	2:46.66	41.28
2.	1178928	FIDALGO SERRANO, Guillermo	39	TRAVIESAS							3:31.54	10,00
	50m:	52.11	52.11	100m:	1:44.17	52.06	150m:	2:39.23	55.06	200m:	3:31.54	52.31
3.	1236854	GIRALDEZ VILLANUEVA, Ivan	38	PONTEAREAS							4:21.89	8,00
	50m:	58.50	58.50	100m:	2:03.27	1:04.77	150m:	3:10.58	1:07.31	200m:	4:21.89	1:11.31
40+												
1.	1141151	CALLE FACAL, Telmo	42	CIDSANTIAGO							2:22.03	13,00
	50m:	33.73	33.73	100m:	1:09.23	35.50	150m:	1:45.53	36.30	200m:	2:22.03	36.50
2.	1240331	DE LORENZO FERNANDEZ, Javier	44	ESCUALOS							3:01.40	10,00
	50m:	42.62	42.62	100m:	1:28.42	45.80	150m:	2:16.77	48.35	200m:	3:01.40	44.63
3.	1107557	MELLA BARBEITO, Javier	42	ARTEIXO							4:03.02	8,00
	50m:	56.35	56.35	100m:	1:57.77	1:01.42	150m:	3:01.59	1:03.82	200m:	4:03.02	1:01.43
DSQ	1170841	BASTIDA CAMPOS, Alejandro	43	SALVESTRADA								-
	Chegada irregular											
45+												
1.	1205935	GUIRADO CARABEL, Oscar	49	CULLEREDO							2:46.75	13,00
	50m:	38.55	38.55	100m:	1:20.32	41.77	150m:	2:04.63	44.31	200m:	2:46.75	42.12
2.	1251233	GONZALEZ SANDEZ, Carlos	46	VALDEORRAS							5:53.62	10,00
	50m:	1:19.42	1:19.42	100m:	2:51.09	1:31.67	150m:	4:23.77	1:32.68	200m:	5:53.62	1:29.85

Prueba 36, Masc., 200m Espalda

50+

1.	1075601	MOURIZ LOMBAO, Fco. Javier	50	PORTAMIÑA	2:58.27	13,00		
	50m:	39.85 39.85	100m:	1:22.47 42.62	150m:	2:08.41 45.94	200m:	2:58.27 49.86
2.	1040137	QUINTAS BARROS, Jesus Carlos	52	ESCUALOS	3:00.24	10,00		
	50m:	43.00 43.00	100m:	1:29.19 46.19	150m:	2:15.59 46.40	200m:	3:00.24 44.65
3.	1144601	PUENTE DIAZ, Javier	54	CIDSANTIAGO	3:04.53	8,00		
	50m:	43.08 43.08	100m:	1:28.59 45.51	150m:	2:17.46 48.87	200m:	3:04.53 47.07
4.	1244393	REY RODRIGUEZ, Oscar	51	CIDSANTIAGO	3:19.44	7,00		
	50m:	49.37 49.37	100m:	1:38.68 49.31	150m:	2:30.19 51.51	200m:	3:19.44 49.25
5.	1144117	PREGO MARTINEZ, Benjamin	52	PONTEAREAS	3:32.03	6,00		
	50m:	51.64 51.64	100m:	1:45.44 53.80	150m:	2:40.55 55.11	200m:	3:32.03 51.48
6.	1268047	CUETO ALVAREZ, Elias	50	CIDSANTIAGO	3:39.99	5,00		
	50m:	54.43 54.43	100m:	1:50.12 55.69	150m:	2:46.07 55.95	200m:	3:39.99 53.92
7.	1076526	REBANAL ALFAYA, Fernando	54	VALDEORRAS	3:43.71	4,00		
	50m:	53.02 53.02	100m:	1:50.23 57.21	150m:	2:50.86 1:00.63	200m:	3:43.71 52.85
8.	1141502	TRONCOSO CAAMAÑO, Fernando	50	ESCUALOS	3:48.29	3,00		
	50m:	58.15 58.15	100m:	1:56.05 57.90	150m:	2:53.34 57.29	200m:	3:48.29 54.95

55+

1.	1076516	JORGE IGLESIAS, Marcelino	59	PONTEAREAS	2:47.47	13,00		
	50m:	39.41 39.41	100m:	1:22.03 42.62	150m:	2:05.81 43.78	200m:	2:47.47 41.66
2.	1180234	SANCHEZ SECO, Manuel	57	ESCUALOS	3:22.20	10,00		
	50m:	50.06 50.06	100m:	1:40.71 50.65	150m:	2:33.09 52.38	200m:	3:22.20 49.11
3.	1193949	LAMELO OTERO, Ramon Jesus	57	CIDSANTIAGO	3:58.11	8,00		
	50m:	57.14 57.14	100m:	1:59.70 1:02.56	150m:	3:01.07 1:01.37	200m:	3:58.11 57.04

DSQ 1145039 FERREIRO SANCHEZ, Luis 55 POURENSE -
Viraxe irregular

60+

1.	1076250	BETHENCOURT IGLESIAS, Sergio	62	CIDSANTIAGO	3:19.87	13,00		
	50m:	47.82 47.82	100m:	1:39.53 51.71	150m:	2:31.22 51.69	200m:	3:19.87 48.65
2.	1075770	RODRIGUEZ BASANTA, Fco. Jose	64	VALDEORRAS	3:58.83	10,00		
	50m:	57.00 57.00	100m:	1:58.27 1:01.27	150m:	3:01.34 1:03.07	200m:	3:58.83 57.49
3.	1143966	FERNANDEZ GONZALEZ, Alvaro	60	MOS	4:14.98	8,00		
	50m:	1:01.31 1:01.31	100m:	2:06.88 1:05.57	150m:	3:12.79 1:05.91	200m:	4:14.98 1:02.19

75+

1.	1076487	RODRIGUEZ LEMOS, Andres Jesus	76	MOS					4:17.31	13,00		
	50m:	1:04.08	1:04.08	100m:	2:08.82	1:04.74	150m:	3:14.18	1:05.36	200m:	4:17.31	1:03.13

85+

1.	1143727	FOLCH MALLOFRE, Ramon	88	ARTEIXO	4:51.06	13,00						
	50m:	1:09.61	1:09.61	100m:	2:23.49	1:13.88	150m:	3:38.76	1:15.27	200m:	4:51.06	1:12.30