

Prueba 2
14/06/2025

Fem., 400m Libre

2005 y mayores
Resultados

Clasificación	Edad										Tiempo	Puntos
20+												
1.	1108843	ESTEVEZ BASTERO, Ana				20	RBAIXAS				5:37.00	13,00
	50m:	38.58	38.58	150m:	2:03.11	42.50	250m:	3:28.62	42.64	350m:	4:54.88	43.23
	100m:	1:20.61	42.03	200m:	2:45.98	42.87	300m:	4:11.65	43.03	400m:	5:37.00	42.12
2.	1111470	GARCES FERNANDEZ, Erea				22	RBAIXAS				5:46.88	10,00
	50m:	38.13	38.13	150m:	2:03.36	43.35	250m:	3:32.07	44.80	350m:	5:02.58	45.13
	100m:	1:20.01	41.88	200m:	2:47.27	43.91	300m:	4:17.45	45.38	400m:	5:46.88	44.30
25+												
1.	1039750	VEIGA SOUTO, Ana				27	ARTEIXO				4:38.78	13,00
	50m:	32.71	32.71	150m:	1:42.96	35.39	250m:	2:54.33	35.25	350m:	4:04.20	35.00
	100m:	1:07.57	34.86	200m:	2:19.08	36.12	300m:	3:29.20	34.87	400m:	4:38.78	34.58
2.	1108273	SUAREZ GONZALEZ, Gracia				25	PONTEAREAS				4:43.06	10,00
	50m:	32.49	32.49	150m:	1:43.24	35.72	250m:	2:54.92	35.79	350m:	4:07.31	36.46
	100m:	1:07.52	35.03	200m:	2:19.13	35.89	300m:	3:30.85	35.93	400m:	4:43.06	35.75
3.	1253170	ABADIN ROZENBAUM, Lucia Iara				28	CDELMAR				5:13.87	8,00
	50m:	35.99	35.99	150m:	1:55.24	39.70	250m:	3:16.38	40.24	350m:	4:36.09	39.55
	100m:	1:15.54	39.55	200m:	2:36.14	40.90	300m:	3:56.54	40.16	400m:	5:13.87	37.78
4.	1266318	GORDILLO VAN GILS, Silvia				29	NTNARON				5:59.69	7,00
	50m:	38.36	38.36	150m:	2:07.44	46.01	250m:	3:41.69	47.25	350m:	5:15.05	47.23
	100m:	1:21.43	43.07	200m:	2:54.44	47.00	300m:	4:27.82	46.13	400m:	5:59.69	44.64
30+												
1.	1116506	RAMOS LOBO, Raquel				32	PORTAMIÑA				5:19.60	13,00
	50m:	34.38	34.38	150m:	1:51.97	39.63	250m:	3:14.33	41.38	350m:	4:38.23	42.05
	100m:	1:12.34	37.96	200m:	2:32.95	40.98	300m:	3:56.18	41.85	400m:	5:19.60	41.37
2.	1078925	SALGADO CASTELO, Marta				31	MULLEREF				6:26.02	10,00
	50m:	44.20	44.20	150m:	2:22.06	49.49	250m:	4:01.85	49.27	350m:	5:39.72	48.01
	100m:	1:32.57	48.37	200m:	3:12.58	50.52	300m:	4:51.71	49.86	400m:	6:26.02	46.30
3.	1141053	IGLESIAS SUAREZ, Laura				33	CDELMAR				6:58.83	8,00
	50m:	46.37	46.37	150m:	2:31.95	54.02	250m:	4:22.41	56.01	350m:	6:12.86	54.97
	100m:	1:37.93	51.56	200m:	3:26.40	54.45	300m:	5:17.89	55.48	400m:	6:58.83	45.97
35+												
1.	1144948	GONZALEZ PEREZ, Jessica				38	RBAIXAS				5:58.59	13,00
	50m:	40.26	40.26	150m:	2:11.30	46.30	250m:	3:43.07	45.73	350m:	5:14.23	45.64
	100m:	1:25.00	44.74	200m:	2:57.34	46.04	300m:	4:28.59	45.52	400m:	5:58.59	44.36
2.	1036315	LOPEZ CORTABITARTE, Belen				38	CASINOC				6:26.20	10,00
	50m:	46.93	46.93	150m:	2:22.45	48.35	250m:	3:59.60	48.79	350m:	5:37.78	49.12
	100m:	1:34.10	47.17	200m:	3:10.81	48.36	300m:	4:48.66	49.06	400m:	6:26.20	48.42
3.	1250482	RODRIGUEZ DE DIOS, Amparo				38	VALDEORRAS				6:31.85	8,00
	50m:	43.05	43.05	150m:	2:18.11	49.01	250m:	3:59.01	50.96	350m:	5:41.94	51.87
	100m:	1:29.10	46.05	200m:	3:08.05	49.94	300m:	4:50.07	51.06	400m:	6:31.85	49.91
4.	1129917	MURAS MORA, Andrea				36	CIDSANTIAGO				6:43.51	7,00
	50m:	43.24	43.24	150m:	2:18.05	48.43	250m:	4:01.78	53.10	350m:	5:49.79	54.47
	100m:	1:29.62	46.38	200m:	3:08.68	50.63	300m:	4:55.32	53.54	400m:	6:43.51	53.72

Prueba 2, Fem., 400m Libre, 35+

Clasificación	Edad								Tiempo	Puntos		
5.	1260386	FRANCO CAL, Sonia	38	ASMEIGAS					8:08.84	6,00		
	50m:	49.28	49.28	150m:	2:51.13	1:03.04	250m:	4:59.50	1:04.72	350m:	7:09.00	1:05.65
	100m:	1:48.09	58.81	200m:	3:54.78	1:03.65	300m:	6:03.35	1:03.85	400m:	8:08.84	59.84
40+												
1.	1013486	GONZALEZ RODRIGUEZ, Maria	43	CIDSANTIAGO					4:59.66	13,00		
	50m:	33.80	33.80	150m:	1:48.07	37.60	250m:	3:04.66	38.52	350m:	4:21.87	38.60
	100m:	1:10.47	36.67	200m:	2:26.14	38.07	300m:	3:43.27	38.61	400m:	4:59.66	37.79
2.	1237395	VILARIÑO CACHO, Elvira	44	SALVESTRADA					5:36.21	10,00		
	50m:	39.18	39.18	150m:	2:03.81	42.71	250m:	3:30.13	43.24	350m:	4:55.61	42.55
	100m:	1:21.10	41.92	200m:	2:46.89	43.08	300m:	4:13.06	42.93	400m:	5:36.21	40.60
3.	1143597	SANCHEZ LEDO, Cira	44	ESCUALOS					6:06.76	8,00		
	50m:	43.27	43.27	150m:	2:15.56	46.07	250m:	3:47.96	46.26	350m:	5:20.77	46.75
	100m:	1:29.49	46.22	200m:	3:01.70	46.14	300m:	4:34.02	46.06	400m:	6:06.76	45.99
4.	1144598	OLMO VAQUEIRO, Leticia	44	PONTEAREAS					6:26.29	7,00		
	50m:	43.41	43.41	150m:	2:18.73	48.18	250m:	3:57.76	50.05	350m:	5:38.26	50.82
	100m:	1:30.55	47.14	200m:	3:07.71	48.98	300m:	4:47.44	49.68	400m:	6:26.29	48.03
5.	1041646	MOLANES PIÑEIRO, Maria Elena	41	PONTEAREAS					7:20.00	6,00		
	50m:	49.17	49.17	150m:	2:39.98	55.76	250m:	4:32.27	56.51	350m:	6:25.02	56.27
	100m:	1:44.22	55.05	200m:	3:35.76	55.78	300m:	5:28.75	56.48	400m:	7:20.00	54.98
45+												
1.	1223050	ANDON YAÑEZ, Lorena	47	CASINOC					7:01.72	13,00		
	50m:	47.00	47.00	150m:	2:32.41	52.95	250m:	4:19.93	54.17	350m:	6:09.04	54.92
	100m:	1:39.46	52.46	200m:	3:25.76	53.35	300m:	5:14.12	54.19	400m:	7:01.72	52.68
50+												
1.	1040944	VARELA REDONDO, Veronica	50	PONTEAREAS					6:07.86	13,00		
	50m:	41.83	41.83	150m:	2:14.11	47.35	250m:	3:49.13	47.58	350m:	5:23.36	47.57
	100m:	1:26.76	44.93	200m:	3:01.55	47.44	300m:	4:35.79	46.66	400m:	6:07.86	44.50
55+												
1.	1147048	REGUEIRO RODRIGUEZ, Ana	59	RBAIXAS					6:22.68	13,00		
	50m:	44.95	44.95	150m:	2:22.05	49.29	250m:	3:59.69	48.63	350m:	5:35.88	47.92
	100m:	1:32.76	47.81	200m:	3:11.06	49.01	300m:	4:47.96	48.27	400m:	6:22.68	46.80
60+												
1.	1144331	TERCEIRO DELGADO, Maria Del Mar	62	CDELMAR					6:07.71	13,00		
	50m:	41.80	41.80	150m:	2:14.11	47.25	250m:	3:50.49	47.98	350m:	5:24.14	46.74
	100m:	1:26.86	45.06	200m:	3:02.51	48.40	300m:	4:37.40	46.91	400m:	6:07.71	43.57