

Prueba 1
11/01/2025

Mixto, 4 x 50m Estilos

AG 80 - 359
Resultados

Clasificación

Tiempo Puntos

+80 (PRE-MASTER)

1.	PONTEAREAS 1			PONTEAREAS	2:12.83	26,00
	FERNANDEZ PARDO, Irene	24	33.44	CASARES GARCIA, Adrian	22	31.82
	ALVAREZ SOUTO, Claudia	24	40.10	CASARES GARCIA, Brais	21	27.47

+100

1.	NCORUÑA 1			NCORUÑA	2:03.00	26,00 RG
	CAMINO PARDO, Rodrigo	25	28.71	MUIÑO ALONSO, Anton	31	27.26
	VEIGA RODRIGUEZ, Rosalia	26	37.78	DEL RIO REGUEIRA, Sara	34	29.25
2.	CIDSANTIAG 1			CIDSANTIAG	2:11.27	20,00
	GARCIA MIGUEZ, Rosalia	27	37.11	CASTRO RODRIGUEZ, Francisco	25	28.71
	QUINTAS MOSQUERA, Manuel	29	31.96	GONZALEZ AVENDAÑO, Lucia	26	33.49
3.	RIASBAIXAS 1			RIASBAIXAS	2:13.53	16,00
	FREIRE GONZALEZ, Javier	32	34.13	VILARIÑO SAN JOSE, Alba	32	35.42
	PASTORIZA SANTA CLARA, Jorge	28	32.30	MENDEZ SEIJO, Nerea	26	31.68
4.	PONTEAREAS 2			PONTEAREAS	2:26.83	14,00
	RODRIGUEZ PAZ, Lucia	25	44.18	INCUTTI TELLADO, Denis	25	31.23
	SUAREZ GONZALEZ, Gracia	25	36.31	ALVAREZ PRESA, Samuel	25	35.11

Baja

NTNARON 2

NTNARON

-

+120

1.	NTNARON 1			NTNARON	2:04.61	26,00
	LOUREIRO AMOR, Belen Martina	37	33.84	ORTIZ ANEIROS, Lorenzo	30	27.07
	GRACIA CARBAJO, Miguel	31	32.32	RIVAS TENREIRO, Arantza	36	31.38
2.	NCORUÑA 2			NCORUÑA	2:10.09	20,00
	RIVAS MACEIRAS, Isaac	26	31.02	DOPEIREIRO GARCIA, Alba	35	34.23
	BORRAZAS RUMBO, Manuel	32	31.39	MUIÑO, Andrea	34	33.45
3.	XOVE 1			XOVE	2:13.93	16,00
	FERRO SANTOS, JUAN MANUEL	25	32.32	ISASTI OTERO, Patxi	30	29.35
	BEN CILLERO, Sabela	33	38.17	GONZALEZ FERNANDEZ, Leticia	43	34.09
4.	CIDSANTIAG 2			CIDSANTIAG	2:21.09	14,00
	CRUZ GARCIA, Aurora	30	37.24	MAURIZ BARREIRO, Maria Violeta	33	38.90
	TENORIO FREIRE, Martin	33	32.71	FERNANDEZ MONTEAGUDO, Rube	40	32.24
5.	NFERROL 1			NFERROL	2:23.01	12,00
	SOUTO DERUNGS, Cristina	40	41.53	MUIÑO REY, Daniel	41	32.78
	HERMIDA RODRIGUEZ, Blanca	44	39.75	RODRÍGUEZ GONZÁLEZ, Antonio	34	28.95
6.	RIASBAIXAS 2			RIASBAIXAS	2:25.37	10,00
	PENIDE CALVO, Gabriel	32	38.63	PRADO FRANCO, Martha-Elizabeth	46	37.63
	FIGUEIRA DOMINGUEZ, Javier	37	37.22	SUAREZ GARCIA, Sofia	28	31.89

Splash Meet Manager, 11.80519

Registered to Galicia

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Prueba 1, Mixto, 4 x 50m Estilos, +120

Clasificación

Tiempo Puntos

7.	CULLEREDO 1			CULLEREDO	2:27.46	8,00
	GUIRADO CARABEL, Oscar 49	34.38		SANDERSON KEOUGH, Helen Jane55		41.75
	IGLESIAS LOPEZ, Maria 24	41.56		GONZALEZ IGLESIAS, Alberto 28		29.77
8.	PONTEAREAS 3			PONTEAREAS	2:31.17	6,00
	IBAÑEZ CARRERA, Manuel Gabriel29	35.20		GONZALEZ PEREZ, Paula 29		44.50
	CARRERA COSTAS, Martin 29	34.70		PAZOS GANDARA, Andrea 33		36.77
9.	CDELMAR 2			CDELMAR	2:36.79	4,00
	IGLESIAS SUÁREZ, Laura 33	47.27		LOBELLE GONZALEZ, Marcos 36		27.99
	GARCÍA MERA, Rodrigo 33	45.34		ARAÚJO CASTRO, Paula 34		36.19
10.	C. N. As Meigas 1			C. N. As Meigas	2:40.92	2,00
	CEDIEL SANDE, Johann Sebastian 34	43.81		FRANCO CAL, Alba 34		28.68
	GARCÍA ARCE, Gonzalo 34	42.72		FRANCO CAL, Sonia 38		45.71
11.	ESCUALOS 1			ESCUALOS	2:42.43	-
	CASTRO BLANCO, Brenda 25	50.08		CID ALVAREZ, Isabel 45		45.16
	PAZOS ALONSO, Josue 39	35.42		PADIN CHARLIN, Joaquin 45		31.77
12.	SALESTRA 2			SALESTRA	2:50.28	-
	ABBATEMARCO, Cristina 41	44.00		DURO GONZALEZ, Antonio 51		40.10
	SIMOIS MORAIS, Yolanda 31	55.53		PICALLO MATO, Adrian 30		30.65
13.	MONFORTE 1			MONFORTE	2:52.55	-
	RODRIGUEZ GONZÁLEZ, Raquel 32	45.24		MARTINEZ GARCIA, Susana 34		45.60
	TORRES FRAILE, Emilio 41	46.05		PÉREZ GONZÁLEZ, Iván 43		35.66
Baja	ARTEIXO 1			ARTEIXO		-
Baja	POURENSE 1			POURENSE		-

+160

1.	ESCUALOS 2			ESCUALOS	2:21.25	26,00
	SANCHEZ LEDO, Cira 44	40.18		KRUGLOV, Mykola 40		30.15
	MIRA VAZQUEZ, Marta 44	41.74		ALVAREZ SILVA, Ruben 44		29.18
2.	RIASBAIXAS 3			RIASBAIXAS	2:27.91	20,00
	FUENTES FERNANDEZ, Eugenio 53	37.80		SANCHEZ GORDON, Roman 47		31.21
	RODRIGUEZ PEREZ, Vanesa 39	42.71		ESTEBAN VILLA, Alba 35		36.19
3.	CIDSANTIAG 3			CIDSANTIAG	2:32.72	16,00
	CARBALLA BARROSO, Rogelio Mª44iel	37.24		IGLESIAS GOMEZ, Gonzalo 46		31.28
	MURAS MORA, Andrea 36	47.46		PELETEIRO FRANCO, Angela Maria36		36.74
4.	SALESTRA 1			SALESTRA	2:34.72	14,00
	BASTIDA CAMPOS, Alejandro 43	40.14		FINS SEOANE, Juan Miguel 48		33.26
	OTERO FERNANDEZ, Maria Luisa 32	48.83		ROZADOS LUIS, Adriana 40		32.49
5.	NTNARON 3			NTNARON	2:39.94	12,00
	LOPEZ GARCIA, Sandra 44	54.84		BALSA MOSQUERA, Pablo 47		32.62
	HERMIDA SALIDO, Gustavo 48	38.70		MERA GONZÁLEZ, Irene 25		33.78
6.	PORTAMIÑA 1			PORTAMIÑA	2:40.00	10,00
	GONZALEZ VICENTE, Ruben 44	43.41		RAMOS LOBO, Raquel 32		35.77
	GONZALEZ PEÑAS, David 41	46.20		OJEA DE CASTRO, Macarena 52		34.62

Prueba 1, Mixto, 4 x 50m Estilos, +160

Clasificación

Tiempo Puntos

7.	FLUVIAL 2			FLUVIAL	2:41.04	8,00
	GOMEZ PAREDES, Maria	49	43.13	GOMEZ MARTIN, Ruben	47	37.07
	IGLESIAS LAPIDO, Miguel	40	36.11	PUENTE MARIN, Cristina	30	44.73
8.	PONTEAREAS 4			PONTEAREAS	2:41.47	6,00
	GESTO ALONSO, Clarisa	36	39.00	CARRERA COSTAS, Andres	43	41.68
	COVELO SAAVEDRA, Nahir	47	45.91	PASCUAL DE PEDRO, Jorge	39	34.88
9.	C. N. Ordes 1			C. N. Ordes	2:42.67	4,00
	FERNADEZ BARREIROS, Claudio	50	41.91	TELLA FERREIRO, Miguel	37	31.83
	MARTIN VILAS, Maria Jesus	43	50.54	RIVEIRA CAAMAÑO, Rebeca	48	38.39
10.	C. N. Valdeorras 1			C. N. Valdeorras	3:02.35	2,00
	VAZQUEZ GONZALEZ, Yolanda	49	1:04.54	ESPINOSA MIRA, Jorge	47	33.02
	ALEJANDRE SALGADO, German	39	43.70	RODRIGUEZ DE DIOS, Amparo	38	41.09
11.	GALAICO 1			GALAICO	3:09.69	-
	LOPEZ VIDAL, Antonio	73	1:08.19	VYNOHRADOVA, Kateryna	39	42.94
	BUGALLO PÉREZ, Estíbaliz	35	40.48	CASTIÑEIRAS ACUÑA, Miguel Ángel	44	38.08
12.	POURENSE 2			POURENSE	3:46.34	-
	FERNANDEZ PARADA, Clara	32	1:27.38	RODRIGUEZ VAZQUEZ, Maria Teresa	53	1:04.80
	TABOADA VILA, Alberto	38	32.64	BLANCO PEREZ, Angel	61	41.52
Baja	ARTEIXO 2			ARTEIXO		-
Baja	NFERROL 2			NFERROL		-
Baja	SCASINO 1			SCASINO		-

+200

1.	CDELMAR 1			CDELMAR	2:31.15	26,00
	GARCIA SANJURJO, Jose Manuel	58	44.90	LOBELLE GONZALEZ, Ivan	36	25.99
	LOPEZ ARTABE, Inmaculada	45	45.41	TERCEIRO DELGADO, María Del Mar	62	34.85
2.	SCASINO 2			SCASINO	2:35.66	20,00
	VINAGRE SENDINO, Cora	37	38.74	CAGIAO RODRIGUEZ, Natalia	47	43.77
	RIVAS FEAL, Antonio	59	40.04	NISTAL GARCÍA, Eduardo	57	33.11
3.	CIDSANTIAG 5			CIDSANTIAG	2:37.08	16,00
	PUENTE DÍAZ, Javier	54	37.99	BETHENCOURT IGLESIAS, Sergio	62	35.57
	FKEOUI OMARI, Salma	43	44.78	FARIÑA SOUSA, Noemi	42	38.74
4.	PONTEAREAS 5			PONTEAREAS	2:44.38	14,00
	DEL AMO BLANCO, Margarita	58	48.15	FERNANDEZ IGLESIAS, Emilio J.	48	35.23
	SUAREZ GARCIA, Pedro Lois	45	45.22	VARELA REDONDO, Veronica	50	35.78
5.	ARTEIXO 3			ARTEIXO	2:55.49	12,00
	MELLA BARBEITO, Javier	42	47.95	GONZÁLEZ RIVAS, Sara	36	33.13
	DURÁN VEIRAS, Raquel	41	41.01	FOLCH MALLOFRE, Ramon	88	53.40
6.	CNMOS 1			CNMOS	2:57.86	10,00
	SOUSA CARNEIRO, Rosana	54	46.33	CARRERA PEREZ, Carolina	31	47.21
	PEXEGUEIRO BALADRON, Nicolas	48	46.34	RODRIGUEZ VIEITO, Ricardo M.	68	37.98
7.	ESCUALOS 3			ESCUALOS	3:09.33	8,00
	REBOREDA MORILLO, Susana	63	1:08.42	FERNANDEZ MARTINEZ, Alberto	54	43.54
	BOUSO FUENTECILLA, Fernando	54	40.66	DE LORENZO FERNANDEZ, Maria	47	36.71

Splash Meet Manager, 11.80519

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Prueba 1, Mixto, 4 x 50m Estilos, +200

Clasificación

					Tiempo	Puntos
8.	POURENSE 3		POURENSE		3:13.92	6,00
	SEARA JALON, Monica 55	1:03.66	TABARES DOMINGUEZ, Rafael 51			46.39
	CADAVID NUÑEZ, Jose 55	36.45	RODRIGUEZ LOPEZ, Rosa Maria 50			47.42
DSQ	PORTAMIÑA 2		PORTAMIÑA			-
	<i>Posta anticipada 3º relevista</i>					
	MOURIZ LOMBAO, Fco. Javier 50	36.37	PEREZ ARIAS, Hector 54			
	LOPEZ GONZALEZ, Monica 55	47.89	FERNANDEZ GONZALEZ, Iria 43			
DSQ	FLUVIAL 1		FLUVIAL			-
	<i>Nado irregular</i>					
	GURIDI HUERTA, Jesus M., CASTRO MAESTRE, Isaura, ALONSO ORTIZ, Mariano, GOMEZ DOVAL, Maria Angela					
Baja	C. N. Valdeorras 2		C. N. Valdeorras			-
+240						
1.	HERCULES 1		HERCULES		2:56.14	26,00
	YAÑEZ WONENBURGER, Juan Cai66	41.25	GARCÍA SEOANE, Cristina María 50			46.66
	BORDALLO CORTINA, Fernando 71	46.87	LOPEZ MAHIA, Purificacion 62			41.36
2.	CIDSANTIAG 4		CIDSANTIAG		2:56.17	20,00
	CELEMIN PORRERO, Maria Teresa 66	57.11	CODESIDO LOPEZ, José 66			43.16
	FERNANDEZ ARRUTI, Jose Angel 66	40.49	SUAREZ BUJAN, Rebeca 42			35.41
3.	POURENSE 4		POURENSE		2:56.74	16,00
	GARCIA COLOMO, Maria Cristina 63	44.72	IVANCHENKO, Yurii 72			45.25
	BALADO LOPEZ, Ana Maria 64	49.22	GARCIA COLOMO, Manuel Ramon 71			37.55
4.	PONTEAREAS 6		PONTEAREAS		3:16.83	14,00
	RODRIGUEZ GOMEZ, Emilio 64	49.18	CALVIÑO CANCELA, Maria Cristina57			52.43
	JORGE IGLESIAS, Marcelino 59	35.33	RODRÍGUEZ TRONCOSO, Marina 66			59.89
5.	TRAVIESAS 2		TRAVIESAS		3:37.41	12,00
	SANTAMARINA LÓPEZ, Javier 67	1:13.34	MILLÁN ALONSO, Rubén 55			43.70
	BARJA BARJA, Liliana 60	53.82	MARTY PAZOS, Maria Victoria 60			46.55
DSQ	RIASBAIXAS 4		RIASBAIXAS			-
	<i>Nado irregular</i>					
	REGUEIRO RODRIGUEZ, Ana 59	51.74	CHAMOSA MARTIN, Julia 64			
	HERNANZ MORAL, Fausto 63		LAGO REY, Jose Manuel 62			
+280						
1.	TRAVIESAS 1		TRAVIESAS		3:56.35	26,00 RG
	MAROTO REGLERO, Maria Consue73Paula	1:20.17	GONZALEZ-ALEGRE BURGUEÑO, 73ª Maria			58.80
	SEGUÍN CID, Severino 66	48.21	VIRUEL RODRÍGUEZ, Diego 73			49.17
2.	PONTEAREAS 7		PONTEAREAS		4:34.18	20,00
	GONZALEZ RODRIGUEZ, S. Marta 79	1:37.18	MOURIÑO FORTES, Victor Manuel 48			38.15
	ARAUJO DOMINGUEZ, Francisco 85	1:15.55	SUEIRO COSTAS, Maria Del Carne69			1:03.30

Prueba 2
11/01/2025

Fem., 400m Libre

2005 y mayores
Resultados

Clasificación		Edad			Tiempo	Puntos
20+						
1.	1079883 RODRIGUEZ RODRIGUEZ, Nina	23	RIASBAIXAS		4:37.79	13,00 RG
	50m: 32.48 32.48 150m: 1:43.48 35.24 250m: 2:54.43 35.14 350m: 4:03.43 34.57					
	100m: 1:08.24 35.76 200m: 2:19.29 35.81 300m: 3:28.86 34.43 400m: 4:37.79 34.36					
2.	1038179 IBAÑEZ CARRERA, Sara	24	PONTEAREAS		5:14.61	10,00
	50m: 34.14 34.14 150m: 1:51.78 39.50 250m: 3:11.16 39.71 350m: 4:33.90 41.48					
	100m: 1:12.28 38.14 200m: 2:31.45 39.67 300m: 3:52.42 41.26 400m: 5:14.61 40.71					
3.	1108843 ESTEVEZ BASTERO, Ana	20	RIASBAIXAS		5:41.88	8,00
	50m: 37.70 37.70 150m: 2:02.18 42.96 250m: 3:30.63 44.68 350m: 4:58.95 43.96					
	100m: 1:19.22 41.52 200m: 2:45.95 43.77 300m: 4:14.99 44.36 400m: 5:41.88 42.93					
Baja	1144257 FERNANDEZ GONZALEZ, Elena	24	HERCULES			-
25+						
1.	1038929 GONZALEZ AVENDAÑO, Lucia	26	CIDSANTIAG		5:34.06	13,00
	50m: 36.93 36.93 150m: 1:58.58 41.49 250m: 3:23.54 42.75 350m: 4:51.09 43.75					
	100m: 1:17.09 40.16 200m: 2:40.79 42.21 300m: 4:07.34 43.80 400m: 5:34.06 42.97					
2.	1266318 GORDILLO VAN GILS, Silvia	29	NTNARON		6:24.48	10,00
	50m: 40.67 40.67 150m: 2:15.85 48.34 250m: 3:55.50 50.14 350m: 5:33.83 48.77					
	100m: 1:27.51 46.84 200m: 3:05.36 49.51 300m: 4:45.06 49.56 400m: 6:24.48 50.65					
3.	1038466 RODRIGUEZ PAZ, Lucia	25	PONTEAREAS		6:46.70	8,00
	50m: 42.34 42.34 150m: 2:20.98 50.69 250m: 4:07.15 53.90 350m: 5:54.68 53.95					
	100m: 1:30.29 47.95 200m: 3:13.25 52.27 300m: 5:00.73 53.58 400m: 6:46.70 52.02					
30+						
1.	1078925 SALGADO CASTELO, Marta	31	MULLEREF		6:33.34	13,00
	50m: 45.07 45.07 150m: 2:23.92 50.08 250m: 4:04.17 49.32 350m: 5:45.12 50.07					
	100m: 1:33.84 48.77 200m: 3:14.85 50.93 300m: 4:55.05 50.88 400m: 6:33.34 48.22					
2.	1143565 ARAÚJO CASTRO, Paula	34	CDELMAR		6:48.97	10,00
	50m: 41.12 41.12 150m: 2:18.20 50.58 250m: 4:04.77 53.52 350m: 5:55.69 55.68					
	100m: 1:27.62 46.50 200m: 3:11.25 53.05 300m: 5:00.01 55.24 400m: 6:48.97 53.28					
3.	1141053 IGLESIAS SUÁREZ, Laura	33	CDELMAR		6:59.84	8,00
	50m: 48.66 48.66 150m: 2:34.06 52.71 250m: 4:22.71 54.81 350m: 6:12.57 54.64					
	100m: 1:41.35 52.69 200m: 3:27.90 53.84 300m: 5:17.93 55.22 400m: 6:59.84 47.27					
4.	1224940 PAZOS GANDARA, Andrea	33	PONTEAREAS		7:00.13	7,00
	50m: 45.30 45.30 150m: 2:30.06 54.05 250m: 4:19.94 55.08 350m: 6:08.77 53.31					
	100m: 1:36.01 50.71 200m: 3:24.86 54.80 300m: 5:15.46 55.52 400m: 7:00.13 51.36					

Prueba 2, Fem., 400m Libre

35+

1.	1076543 RODRIGUEZ PEREZ, Vanesa	39	RIASBAIXAS	5:41.74	13,00
	50m: 40.17 40.17 150m: 2:05.81 42.98 250m: 3:32.28 43.45 350m: 4:59.32 43.25				
	100m: 1:22.83 42.66 200m: 2:48.83 43.02 300m: 4:16.07 43.79 400m: 5:41.74 42.42				
2.	1144894 VINAGRE SENDINO, Cora	37	SCASINO	5:48.24	10,00
	50m: 37.60 37.60 150m: 2:02.58 43.35 250m: 3:30.87 44.60 350m: 5:02.50 46.37				
	100m: 1:19.23 41.63 200m: 2:46.27 43.69 300m: 4:16.13 45.26 400m: 5:48.24 45.74				
3.	1144948 GONZALEZ PEREZ, Jessica	38	RIASBAIXAS	6:03.22	8,00
	50m: 40.29 40.29 150m: 2:11.95 46.54 250m: 3:45.00 46.81 350m: 5:18.41 46.69				
	100m: 1:25.41 45.12 200m: 2:58.19 46.24 300m: 4:31.72 46.72 400m: 6:03.22 44.81				
4.	1129917 MURAS MORA, Andrea	36	CIDSANTIAG	6:42.67	7,00
	50m: 43.16 43.16 150m: 2:17.43 48.25 250m: 4:01.43 53.05 350m: 5:49.74 54.22				
	100m: 1:29.18 46.02 200m: 3:08.38 50.95 300m: 4:55.52 54.09 400m: 6:42.67 52.93				
5.	1036315 LOPEZ CORTABITARTE, Belen	38	SCASINO	6:44.51	6,00
	50m: 49.25 49.25 150m: 2:30.35 50.81 250m: 4:12.91 50.77 350m: 5:55.07 50.71				
	100m: 1:39.54 50.29 200m: 3:22.14 51.79 300m: 5:04.36 51.45 400m: 6:44.51 49.44				
6.	1144592 ACUÑA MELLA, Maria	37	PONTEAREAS	7:24.18	5,00
	50m: 49.62 49.62 150m: 2:44.01 58.10 250m: 4:39.81 57.32 350m: 6:34.42 56.88				
	100m: 1:45.91 56.29 200m: 3:42.49 58.48 300m: 5:37.54 57.73 400m: 7:24.18 49.76				
7.	1260386 FRANCO CAL, Sonia	38	C. N. As Meigas	7:59.54	4,00
	50m: 50.65 50.65 150m: 2:53.33 1:02.51 250m: 4:58.84 1:02.15 350m: 7:01.97 1:02.18				
	100m: 1:50.82 1:00.17 200m: 3:56.69 1:03.36 300m: 5:59.79 1:00.95 400m: 7:59.54 57.57				

40+

1.	1075221 HERMIDA RODRIGUEZ, Blanca	44	NFERROL	4:59.83	13,00
	50m: 33.92 33.92 150m: 1:49.78 38.13 250m: 3:05.95 37.93 350m: 4:22.81 38.59				
	100m: 1:11.65 37.73 200m: 2:28.02 38.24 300m: 3:44.22 38.27 400m: 4:59.83 37.02				
2.	1180232 FKEOUI OMARI, Salma	43	CIDSANTIAG	5:59.53	10,00
	50m: 42.60 42.60 150m: 2:13.86 45.68 250m: 3:45.02 45.80 350m: 5:15.44 45.01				
	100m: 1:28.18 45.58 200m: 2:59.22 45.36 300m: 4:30.43 45.41 400m: 5:59.53 44.09				
3.	1143597 SANCHEZ LEDO, Cira	44	ESCUALOS	6:01.95	8,00
	50m: 42.33 42.33 150m: 2:12.66 45.67 250m: 3:45.57 46.67 350m: 5:17.85 46.19				
	100m: 1:26.99 44.66 200m: 2:58.90 46.24 300m: 4:31.66 46.09 400m: 6:01.95 44.10				
4.	1144598 OLMO VAQUEIRO, Leticia	44	PONTEAREAS	6:24.80	7,00
	50m: 44.14 44.14 150m: 2:20.69 48.69 250m: 3:59.52 49.06 350m: 5:37.79 49.25				
	100m: 1:32.00 47.86 200m: 3:10.46 49.77 300m: 4:48.54 49.02 400m: 6:24.80 47.01				
5.	1145082 FARIÑA SOUSA, Noemi	42	CIDSANTIAG	7:07.39	6,00
	50m: 43.12 43.12 150m: 2:29.59 55.10 250m: 4:21.53 55.73 350m: 6:14.78 56.13				
	100m: 1:34.49 51.37 200m: 3:25.80 56.21 300m: 5:18.65 57.12 400m: 7:07.39 52.61				

Baja 1237395 VILARIÑO CACHO, Elvira

44 SALESTRA

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Prueba 2, Fem., 400m Libre

45+

1.	1221213 CAGIAO RODRIGUEZ, Natalia	47	SCASINO	6:17.18	13,00
	50m: 39.83 39.83 150m: 2:13.34 47.97 250m: 3:50.56 48.81 350m: 5:29.18 49.66				
	100m: 1:25.37 45.54 200m: 3:01.75 48.41 300m: 4:39.52 48.96 400m: 6:17.18 48.00				
2.	1143894 DE LORENZO FERNANDEZ, Maria	47	ESCUALOS	6:26.66	10,00
	50m: 42.84 42.84 150m: 2:20.08 49.45 250m: 4:00.62 50.04 350m: 5:39.55 49.04				
	100m: 1:30.63 47.79 200m: 3:10.58 50.50 300m: 4:50.51 49.89 400m: 6:26.66 47.11				
3.	1178771 BESADA FERNÁNDEZ, Ana M.	47	PONTEAREAS	8:27.92	8,00
	50m: 50.09 50.09 150m: 2:54.81 1:04.30 250m: 5:08.25 1:07.17 350m: 7:23.68 1:07.31				
	100m: 1:50.51 1:00.42 200m: 4:01.08 1:06.27 300m: 6:16.37 1:08.12 400m: 8:27.92 1:04.24				

Baja 1119241 VIDAL BELLO, Mara 48 C. N. Valdeorras -

50+

1.	1040944 VARELA REDONDO, Veronica	50	PONTEAREAS	6:01.51	13,00
	50m: 40.05 40.05 150m: 2:11.95 46.95 250m: 3:45.09 46.45 350m: 5:17.10 45.82				
	100m: 1:25.00 44.95 200m: 2:58.64 46.69 300m: 4:31.28 46.19 400m: 6:01.51 44.41				
2.	1180238 GARCÍA SEOANE, Cristina María	50	HERCULES	6:26.25	10,00
	50m: 41.80 41.80 150m: 2:16.85 48.57 250m: 3:54.84 49.33 350m: 5:31.20 47.14				
	100m: 1:28.28 46.48 200m: 3:05.51 48.66 300m: 4:44.06 49.22 400m: 6:26.25 55.05				
3.	1076154 ABREU FERNANDEZ, Marta	54	PONTEAREAS	7:28.08	8,00
	50m: 51.37 51.37 150m: 2:44.23 57.42 250m: 4:38.70 57.06 350m: 6:33.09 56.93				
	100m: 1:46.81 55.44 200m: 3:41.64 57.41 300m: 5:36.16 57.46 400m: 7:28.08 54.99				

55+

1.	1147048 REGUEIRO RODRIGUEZ, Ana	59	RIASBAIXAS	6:29.81	13,00
	50m: 44.87 44.87 150m: 2:21.66 48.99 250m: 4:00.88 49.72 350m: 5:41.31 50.01				
	100m: 1:32.67 47.80 200m: 3:11.16 49.50 300m: 4:51.30 50.42 400m: 6:29.81 48.50				
2.	1037970 CALVIÑO CANCELA, Maria Cristina	57	PONTEAREAS	6:52.00	10,00
	50m: 45.74 45.74 150m: 2:30.30 53.11 250m: 4:17.40 53.74 350m: 6:03.49 52.89				
	100m: 1:37.19 51.45 200m: 3:23.66 53.36 300m: 5:10.60 53.20 400m: 6:52.00 48.51				
3.	1143584 FERNANDEZ SESTELO, Maria Jose	55	PONTEAREAS	8:28.07	8,00
	50m: 55.78 55.78 150m: 3:05.42 1:05.72 250m: 5:17.09 1:05.48 350m: 7:28.07 1:05.41				
	100m: 1:59.70 1:03.92 200m: 4:11.61 1:06.19 300m: 6:22.66 1:05.57 400m: 8:28.07 1:00.00				
4.	1267371 FORRYAN SECCOMBE, Anne May	59	PONTEAREAS	9:31.62	7,00
	50m: 54.52 54.52 150m: 3:16.38 1:14.39 250m: 5:49.21 1:17.27 350m: 8:18.26 1:14.78				
	100m: 2:01.99 1:07.47 200m: 4:31.94 1:15.56 300m: 7:03.48 1:14.27 400m: 9:31.62 1:13.36				

Baja 1144697 ACEVEDO REGO, Ermitas 59 POURENSE -

60+

1.	1144331 TERCEIRO DELGADO, María Del Mar	62	CDELMAR	6:15.29	13,00
	50m: 40.14 40.14 150m: 2:14.27 48.31 250m: 3:51.55 48.42 350m: 5:28.52 48.28				
	100m: 1:25.96 45.82 200m: 3:03.13 48.86 300m: 4:40.24 48.69 400m: 6:15.29 46.77				

Prueba 2, Fem., 400m Libre, 60+

Clasificación							Edad			Tiempo	Puntos	
2.	1144231 PEREZ GALLARDO, Teresa						61	POURENSE		9:35.29	10,00	
	50m:	1:03.89	1:03.89	150m:	3:26.83	1:12.95	250m:	5:54.57	1:13.61	350m:	8:22.35	1:13.92
	100m:	2:13.88	1:09.99	200m:	4:40.96	1:14.13	300m:	7:08.43	1:13.86	400m:	9:35.29	1:12.94

65+

1.	1143622	OTERO LOPEZ, Maria Elisa				65	POURENSE			7:47.84	13,00	
	50m:	52.84	52.84	150m:	2:50.99	59.36	250m:	4:50.11	59.27	350m:	6:50.80	59.85
	100m:	1:51.63	58.79	200m:	3:50.84	59.85	300m:	5:50.95	1:00.84	400m:	7:47.84	57.04
2.	1217937	RODRÍGUEZ TRONCOSO, Marina				66	PONTEAREAS			9:46.95	10,00	
	50m:	1:07.21	1:07.21	150m:	3:36.41	1:16.04	250m:	6:04.74	1:14.22	350m:	8:34.63	1:15.03
	100m:	2:20.37	1:13.16	200m:	4:50.52	1:14.11	300m:	7:19.60	1:14.86	400m:	9:46.95	1:12.32
3.	1076494	SUEIRO COSTAS, Maria Del Carmen				69	PONTEAREAS			10:22.92	8,00	
	50m:	1:07.67	1:07.67	150m:	3:46.49	1:19.99	250m:	6:24.30	1:18.75	350m:	9:05.48	1:20.66
	100m:	2:26.50	1:18.83	200m:	5:05.55	1:19.06	300m:	7:44.82	1:20.52	400m:	10:22.92	1:17.44

Prueba 3
11/01/2025

Masc., 400m Libre

2005 y mayores
Resultados

Clasificación				Edad					Tiempo	Puntos
20+										
1.	1068314	MARTINEZ MARTINEZ, Marcos	22	PONTEAREAS					4:29.41	13,00
	50m:	30.12	30.12	150m:	1:37.30	34.15	250m:	2:46.10	34.29	350m: 3:56.37 35.36
	100m:	1:03.15	33.03	200m:	2:11.81	34.51	300m:	3:21.01	34.91	400m: 4:29.41 33.04
2.	1135985	CASARES GARCIA, Adrian	22	PONTEAREAS					5:22.02	10,00
	50m:	35.51	35.51	150m:	1:54.82	40.43	250m:	3:19.01	42.27	350m: 4:41.85 40.78
	100m:	1:14.39	38.88	200m:	2:36.74	41.92	300m:	4:01.07	42.06	400m: 5:22.02 40.17
25+										
1.	1061561	INCUTTI TELLADO, Denis	25	PONTEAREAS					4:46.35	13,00
	50m:	29.80	29.80	150m:	1:38.04	34.92	250m:	2:52.12	37.47	350m: 4:08.16 38.29
	100m:	1:03.12	33.32	200m:	2:14.65	36.61	300m:	3:29.87	37.75	400m: 4:46.35 38.19
2.	1039270	TRILLO RODRIGUEZ, Adrian	28	CNMOS					4:54.92	10,00
	50m:	32.11	32.11	150m:	1:44.89	36.82	250m:	3:00.17	37.81	350m: 4:16.77 38.56
	100m:	1:08.07	35.96	200m:	2:22.36	37.47	300m:	3:38.21	38.04	400m: 4:54.92 38.15
30+										
1.	1093458	MUIÑO ALONSO, Anton	31	NCORUÑA					4:49.24	13,00
	50m:	32.11	32.11	150m:	1:44.62	36.40	250m:	2:58.77	37.20	350m: 4:12.37 36.81
	100m:	1:08.22	36.11	200m:	2:21.57	36.95	300m:	3:35.56	36.79	400m: 4:49.24 36.87
2.	1037824	FREIRE GONZALEZ, Javier	32	RIASBAIXAS					4:59.33	10,00
	50m:	33.39	33.39	150m:	1:47.75	37.39	250m:	3:04.96	38.69	350m: 4:22.66 38.93
	100m:	1:10.36	36.97	200m:	2:26.27	38.52	300m:	3:43.73	38.77	400m: 4:59.33 36.67
3.	1232980	PICALLO MATO, Adrian	30	SALESTRA					5:13.95	8,00
	50m:	36.59	36.59	150m:	1:54.98	40.03	250m:	3:15.38	39.88	350m: 4:35.26 40.00
	100m:	1:14.95	38.36	200m:	2:35.50	40.52	300m:	3:55.26	39.88	400m: 5:13.95 38.69
4.	1178769	RODRÍGUEZ GONZÁLEZ, Antonio Joaquín	34	NFERROL					5:19.00	7,00
	50m:	36.30	36.30	150m:	1:57.18	41.36	250m:	3:19.73	41.24	350m: 4:40.85 40.19
	100m:	1:15.82	39.52	200m:	2:38.49	41.31	300m:	4:00.66	40.93	400m: 5:19.00 38.15
35+										
1.	1140778	RODRIGUEZ LAGO, David	39	CIDSANTIAG					4:28.07	13,00
	50m:	30.15	30.15	150m:	1:37.62	34.20	250m:	2:46.41	34.28	350m: 3:55.66 34.41
	100m:	1:03.42	33.27	200m:	2:12.13	34.51	300m:	3:21.25	34.84	400m: 4:28.07 32.41
2.	1143515	BLANCO PEREZ, Jesus	39	NTNARON					5:02.06	10,00
	50m:	32.81	32.81	150m:	1:45.81	37.11	250m:	3:02.52	38.54	350m: 4:22.25 40.43
	100m:	1:08.70	35.89	200m:	2:23.98	38.17	300m:	3:41.82	39.30	400m: 5:02.06 39.81
3.	1178928	FIDALGO SERRANO, Guillermo	39	TRAVIESAS					6:34.54	8,00
	50m:	41.81	41.81	150m:	2:17.55	48.84	250m:	4:00.40	51.82	350m: 5:45.41 53.17
	100m:	1:28.71	46.90	200m:	3:08.58	51.03	300m:	4:52.24	51.84	400m: 6:34.54 49.13

Prueba 3, Masc., 400m Libre

40+

1.	1199899 DOMINGUEZ PHILOCREON, Ticiano	44	CIDSANTIAG	5:38.48	13,00
	50m: 35.99 35.99 150m: 1:56.06 41.20 250m: 3:22.70 44.40 350m: 4:54.60 45.94				
	100m: 1:14.86 38.87 200m: 2:38.30 42.24 300m: 4:08.66 45.96 400m: 5:38.48 43.88				
2.	1214823 GONZALEZ PEÑAS, David	41	PORTAMIÑA	5:42.75	10,00
	50m: 39.61 39.61 150m: 2:05.16 43.66 250m: 3:33.68 44.27 350m: 5:00.47 42.93				
	100m: 1:21.50 41.89 200m: 2:49.41 44.25 300m: 4:17.54 43.86 400m: 5:42.75 42.28				
3.	1145052 FIERRO FERNÁNDEZ, Julio	43	SCASINO	5:44.40	8,00
	50m: 38.82 38.82 150m: 2:04.81 43.88 250m: 3:33.89 44.75 350m: 5:02.25 43.88				
	100m: 1:20.93 42.11 200m: 2:49.14 44.33 300m: 4:18.37 44.48 400m: 5:44.40 42.15				
4.	1141126 GOLPE IGLESIAS, Jose Antonio	43	C. N. Máster Pons Vetus	6:19.96	7,00
	50m: 41.16 41.16 150m: 2:14.20 47.87 250m: 3:53.51 50.90 350m: 5:32.81 49.51				
	100m: 1:26.33 45.17 200m: 3:02.61 48.41 300m: 4:43.30 49.79 400m: 6:19.96 47.15				
5.	1020991 FERNANDEZ MONTEAGUDO, Ruben	40	CIDSANTIAG	6:27.77	6,00
	50m: 42.76 42.76 150m: 2:22.09 50.80 250m: 4:04.26 51.33 350m: 5:41.27 47.17				
	100m: 1:31.29 48.53 200m: 3:12.93 50.84 300m: 4:54.10 49.84 400m: 6:27.77 46.50				

45+

1.	1118746 SANCHEZ GORDON, Roman	47	RIASBAIXAS	4:50.23	13,00
	50m: 32.25 32.25 150m: 1:44.19 36.52 250m: 2:58.81 37.25 350m: 4:13.23 37.21				
	100m: 1:07.67 35.42 200m: 2:21.56 37.37 300m: 3:36.02 37.21 400m: 4:50.23 37.00				
2.	1175127 MASSO AGUADO, Jorge	49	RIASBAIXAS	5:10.89	10,00
	50m: 35.17 35.17 150m: 1:52.72 39.77 250m: 3:13.32 40.42 350m: 4:32.91 39.43				
	100m: 1:12.95 37.78 200m: 2:32.90 40.18 300m: 3:53.48 40.16 400m: 5:10.89 37.98				
3.	1192271 MOURIÑO FORTES, Victor Manuel	48	PONTEAREAS	5:49.11	8,00
	50m: 39.50 39.50 150m: 2:07.61 45.09 250m: 3:38.82 45.46 350m: 5:08.94 44.91				
	100m: 1:22.52 43.02 200m: 2:53.36 45.75 300m: 4:24.03 45.21 400m: 5:49.11 40.17				
4.	1096414 ALIAGA SOLA, Alberto	48	PONTEAREAS	6:29.08	7,00
	50m: 40.25 40.25 150m: 2:10.49 46.01 250m: 3:50.33 51.63 350m: 5:37.54 54.09				
	100m: 1:24.48 44.23 200m: 2:58.70 48.21 300m: 4:43.45 53.12 400m: 6:29.08 51.54				
5.	1254829 FARIAS FORNEIRO, Patricio Cruz	48	FLUVIAL	6:46.76	6,00
	50m: 43.53 43.53 150m: 2:23.61 52.18 250m: 4:11.07 54.05 350m: 5:57.71 52.88				
	100m: 1:31.43 47.90 200m: 3:17.02 53.41 300m: 5:04.83 53.76 400m: 6:46.76 49.05				
6.	1253459 TEIJEIRO IGLESIAS, Jesus	49	PORTAMIÑA	6:59.97	5,00
	50m: 42.95 42.95 150m: 2:26.12 53.50 250m: 4:14.73 54.42 350m: 6:05.66 55.52				
	100m: 1:32.62 49.67 200m: 3:20.31 54.19 300m: 5:10.14 55.41 400m: 6:59.97 54.31				

50+

1.	1264722 BALDOMAR OBELLEIRA, Ruben	51	NCORUÑA	5:11.10	13,00
	50m: 36.98 36.98 150m: 1:56.76 39.84 250m: 3:14.22 37.89 350m: 4:31.63 39.17				
	100m: 1:16.92 39.94 200m: 2:36.33 39.57 300m: 3:52.46 38.24 400m: 5:11.10 39.47				
2.	1251882 IGLESIAS CARRERA, Pio	52	CIDSANTIAG	5:18.97	10,00
	50m: 36.83 36.83 150m: 1:58.11 40.76 250m: 3:20.27 41.17 350m: 4:41.24 39.99				
	100m: 1:17.35 40.52 200m: 2:39.10 40.99 300m: 4:01.25 40.98 400m: 5:18.97 37.73				

Splash Meet Manager, 11.80519

Registered to Galicia

12/01/2025 15:09 - Página 2



Prueba 3, Masc., 400m Libre, 50+

Clasificación				Edad					Tiempo	Puntos
3.	1038104 PEREZ ARIAS, Hector	54	PORTAMIÑA						5:24.03	8,00
	50m: 37.28 37.28 150m: 1:58.23 41.06 250m: 3:21.06 41.38 350m: 4:44.76 42.09									
	100m: 1:17.17 39.89 200m: 2:39.68 41.45 300m: 4:02.67 41.61 400m: 5:24.03 39.27									
4.	1084040 GARCIA CASTIÑEIRA, Daniel	51	CIDSANTIAG						5:24.05	7,00
	50m: 37.49 37.49 150m: 1:59.51 41.67 250m: 3:22.70 41.85 350m: 4:45.69 41.28									
	100m: 1:17.84 40.35 200m: 2:40.85 41.34 300m: 4:04.41 41.71 400m: 5:24.05 38.36									
5.	1203306 DURO GONZALEZ, Antonio	51	SALESTRA						5:48.64	6,00
	50m: 38.76 38.76 150m: 2:04.80 43.58 250m: 3:34.91 45.73 350m: 5:05.76 45.05									
	100m: 1:21.22 42.46 200m: 2:49.18 44.38 300m: 4:20.71 45.80 400m: 5:48.64 42.88									
6.	1268047 CUETO ALVAREZ, Elias	50	CIDSANTIAG						5:53.09	5,00
	50m: 40.45 40.45 150m: 2:08.19 44.88 250m: 3:38.91 45.62 350m: 5:10.11 44.95									
	100m: 1:23.31 42.86 200m: 2:53.29 45.10 300m: 4:25.16 46.25 400m: 5:53.09 42.98									
7.	1079478 GONZÁLEZ PEREIRA, J. Carlos	50	GALAICO						6:08.23	4,00
	50m: 40.78 40.78 150m: 2:12.20 46.25 250m: 3:47.00 48.11 350m: 5:22.45 47.14									
	100m: 1:25.95 45.17 200m: 2:58.89 46.69 300m: 4:35.31 48.31 400m: 6:08.23 45.78									
8.	1143605 FERNANDEZ MARTINEZ, Alberto	54	ESCUALOS						6:10.04	3,00
	50m: 41.94 41.94 150m: 2:14.80 47.41 250m: 3:49.99 48.19 350m: 5:24.47 46.77									
	100m: 1:27.39 45.45 200m: 3:01.80 47.00 300m: 4:37.70 47.71 400m: 6:10.04 45.57									
9.	1171462 FERREIRO SEOANE, Jose Raul	52	RIASBAIXAS						6:11.23	2,00
	50m: 40.21 40.21 150m: 2:10.36 46.92 250m: 3:46.64 48.65 350m: 5:25.50 49.17									
	100m: 1:23.44 43.23 200m: 2:57.99 47.63 300m: 4:36.33 49.69 400m: 6:11.23 45.73									
10.	1141071 LORENZO FERNANDEZ, Jose Manuel	53	RIASBAIXAS						6:11.91	1,00
	50m: 42.49 42.49 150m: 2:17.66 48.06 250m: 3:54.05 48.12 350m: 5:28.27 46.58									
	100m: 1:29.60 47.11 200m: 3:05.93 48.27 300m: 4:41.69 47.64 400m: 6:11.91 43.64									
11.	1076553 FERNANDEZ-TESTA BARREIRO, David	51	RIASBAIXAS						6:12.21	-
	50m: 40.64 40.64 150m: 2:11.08 46.12 250m: 3:46.69 48.21 350m: 5:24.42 49.23									
	100m: 1:24.96 44.32 200m: 2:58.48 47.40 300m: 4:35.19 48.50 400m: 6:12.21 47.79									
12.	1078844 FERNÁNDEZ FERNÁNDEZ, José Luis	51	CIDSANTIAG						6:29.78	-
	50m: 42.16 42.16 150m: 2:21.06 50.10 250m: 4:03.05 51.07 350m: 5:45.66 51.19									
	100m: 1:30.96 48.80 200m: 3:11.98 50.92 300m: 4:54.47 51.42 400m: 6:29.78 44.12									
13.	1180236 DE LA VEGA GÁNDARAS, Felipe	52	HERCULES						6:31.35	-
	50m: 46.16 46.16 150m: 2:23.44 49.05 250m: 4:02.55 50.35 350m: 5:43.22 50.00									
	100m: 1:34.39 48.23 200m: 3:12.20 48.76 300m: 4:53.22 50.67 400m: 6:31.35 48.13									
Baja	1266322 NUÑEZ FERNANDEZ, Angel	50	C. N. Máster Pons Vetus							-
Baja	1143850 IGLESIAS MIRA, Felipe	51	POURENSE							-

55+

1.	1085112 RIVAS FEAL, Antonio	59	SCASINO						5:06.61	13,00
	50m: 35.02 35.02 150m: 1:52.11 38.81 250m: 3:10.20 39.05 350m: 4:28.22 38.91									
	100m: 1:13.30 38.28 200m: 2:31.15 39.04 300m: 3:49.31 39.11 400m: 5:06.61 38.39									
2.	1175089 NISTAL GARCÍA, Eduardo	57	SCASINO						5:52.88	10,00
	50m: 38.58 38.58 150m: 2:06.50 45.02 250m: 3:39.44 46.76 350m: 5:10.91 45.25									
	100m: 1:21.48 42.90 200m: 2:52.68 46.18 300m: 4:25.66 46.22 400m: 5:52.88 41.97									

Prueba 3, Masc., 400m Libre, 55+

Clasificación				Edad				Tiempo	Puntos
3.	1057905	GURIDI HUERTA, Jesus M.	57	FLUVIAL				6:22.44	8,00
	50m:	44.44	44.44	150m:	2:17.34	47.78	250m:	3:54.69	49.65
	100m:	1:29.56	45.12	200m:	3:06.18	48.84	300m:	4:44.33	49.64
							400m:	6:22.44	48.46
4.	1236643	MAGARIÑOS MACEIRAS, Xose	57	SALESTRA				7:21.32	7,00
	50m:	48.13	48.13	150m:	2:35.99	55.61	250m:	4:30.75	57.16
	100m:	1:40.38	52.25	200m:	3:33.59	57.60	300m:	5:30.41	59.66
							400m:	7:21.32	53.34

60+

1.	1105220	GARCIA RIÑON, Jaime	61	NCORUÑA				5:10.59	13,00 RG
	50m:	35.29	35.29	150m:	1:51.15	38.80	250m:	3:10.05	39.84
	100m:	1:12.35	37.06	200m:	2:30.21	39.06	300m:	3:50.76	40.71
							400m:	5:10.59	40.58
2.	1076250	BETHENCOURT IGLESIAS, Sergio	62	CIDSANTIAG				5:49.06	10,00
	50m:	39.76	39.76	150m:	2:06.92	44.04	250m:	3:37.23	46.05
	100m:	1:22.88	43.12	200m:	2:51.18	44.26	300m:	4:21.52	44.29
							400m:	5:49.06	43.17
3.	1078802	CEGARRA GARCIA, Eugenio	61	RSDH				6:38.67	8,00
	50m:	42.87	42.87	150m:	2:21.14	51.32	250m:	4:06.24	52.84
	100m:	1:29.82	46.95	200m:	3:13.40	52.26	300m:	4:58.02	51.78
							400m:	6:38.67	51.35
4.	1143536	BLANCO PEREZ, Angel	61	POURENSE				6:43.82	7,00
	50m:	43.60	43.60	150m:	2:26.50	52.36	250m:	4:10.57	52.50
	100m:	1:34.14	50.54	200m:	3:18.07	51.57	300m:	5:03.59	53.02
							400m:	6:43.82	51.51
5.	1075770	RODRIGUEZ BASANTA, Fco. Jose	64	C. N. Valdeorras				6:44.65	6,00
	50m:	43.19	43.19	150m:	2:24.55	51.61	250m:	4:10.29	52.79
	100m:	1:32.94	49.75	200m:	3:17.50	52.95	300m:	5:02.72	52.43
							400m:	6:44.65	51.60
6.	1144940	HERNANZ MORAL, Fausto	63	RIASBAIXAS				6:45.03	5,00
	50m:	45.73	45.73	150m:	2:28.26	51.98	250m:	4:12.52	52.04
	100m:	1:36.28	50.55	200m:	3:20.48	52.22	300m:	5:04.46	51.94
							400m:	6:45.03	50.82
7.	1076514	LAGO REY, Jose Manuel	62	RIASBAIXAS				11:03.05	4,00
	50m:	1:07.79	1:07.79	150m:	3:53.03	1:25.80	250m:	6:47.18	1:26.11
	100m:	2:27.23	1:19.44	200m:	5:21.07	1:28.04	300m:	8:13.75	1:26.57
							400m:	11:03.05	1:27.18
									1:22.12

65+

1.	1170858	CODESIDO LOPEZ, José	66	CIDSANTIAG				5:47.15	13,00 RG
	50m:	39.01	39.01	150m:	2:04.99	43.90	250m:	3:33.80	44.41
	100m:	1:21.09	42.08	200m:	2:49.39	44.40	300m:	4:18.29	44.49
							400m:	5:47.15	45.21
									43.65

70+

1.	1076165	GARCIA COLOMO, Manuel Ramon	71	POURENSE				6:16.25	13,00
	50m:	43.29	43.29	150m:	2:18.68	48.26	250m:	3:55.03	47.65
	100m:	1:30.42	47.13	200m:	3:07.38	48.70	300m:	4:43.29	48.26
							400m:	6:16.25	45.82
2.	1075177	LOPEZ VIDAL, Antonio	73	GALAICO				8:34.29	10,00
	50m:	55.53	55.53	150m:	3:05.84	1:06.66	250m:	5:18.18	1:05.78
	100m:	1:59.18	1:03.65	200m:	4:12.40	1:06.56	300m:	6:23.91	1:05.73
							400m:	8:34.29	1:06.45
									1:03.93

Prueba 4
11/01/2025

Fem., 100m Estilos

2005 y mayores
Resultados

Clasificación							Edad			Tiempo	Puntos
20+											
1.	1113219	IGLESIAS LOPEZ, Maria					24	CULLEREDO		1:21.80	13,00
	50m:	39.12	39.12	100m:	1:21.80	42.68					
2.	1076336	BLANCO PEREZ, Laura					21	PONTEAREAS		1:23.91	10,00
	50m:	38.64	38.64	100m:	1:23.91	45.27					
3.	1087099	GOMEZ FERNANDEZ, Uxia					22	ESCUALOS		1:26.40	8,00
	50m:	39.95	39.95	100m:	1:26.40	46.45					
4.	1266324	ALVAREZ FERNANDEZ, Sofia					21	PONTEAREAS		1:45.66	7,00
	50m:	50.98	50.98	100m:	1:45.66	54.68					
DSQ	1143380	SUAREZ GARCIA, Marta					22	RIASBAIXAS			-
Nado irregular											
25+											
1.	1108273	SUAREZ GONZALEZ, Gracia					25	PONTEAREAS		1:09.72	13,00
	50m:	32.06	32.06	100m:	1:09.72	37.66					
2.	1130789	GARCIA MIGUEZ, Rosalia					27	CIDSANTIAG		1:18.30	10,00
	50m:	35.87	35.87	100m:	1:18.30	42.43					
3.	1037987	MENDEZ SEIJO, Nerea					26	RIASBAIXAS		1:24.20	8,00
	50m:	38.17	38.17	100m:	1:24.20	46.03					
4.	1038608	SUAREZ GARCIA, Sofia					28	RIASBAIXAS		1:25.95	7,00
	50m:	39.99	39.99	100m:	1:25.95	45.96					
5.	1093694	SANCHEZ LENCE, Maria					28	NCORUÑA		1:26.31	6,00
	50m:	40.31	40.31	100m:	1:26.31	46.00					
6.	1257948	TORTOSA MENDOZA, Maria Gabriela					29	CULLEREDO		1:30.33	5,00
	50m:	41.71	41.71	100m:	1:30.33	48.62					
7.	1145008	GONZALEZ PEREZ, Paula					29	PONTEAREAS		1:33.74	4,00
	50m:	44.29	44.29	100m:	1:33.74	49.45					
30+											
1.	1116506	RAMOS LOBO, Raquel					32	PORTAMIÑA		1:18.31	13,00
	50m:	36.45	36.45	100m:	1:18.31	41.86					
2.	1051353	CRUZ GARCIA, Aurora					30	CIDSANTIAG		1:23.03	10,00
	50m:	37.76	37.76	100m:	1:23.03	45.27					
3.	1266341	MAURIZ BARREIRO, Maria Violeta					33	CIDSANTIAG		1:30.07	8,00
	50m:	44.17	44.17	100m:	1:30.07	45.90					
4.	1236745	RODRIGUEZ GONZÁLEZ, Raquel					32	MONFORTE		1:35.56	7,00
	50m:	43.03	43.03	100m:	1:35.56	52.53					

Splash Meet Manager, 11.80519

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Prueba 4, Fem., 100m Estilos, 30+

Clasificación				Edad			Tiempo	Puntos
5.	1224940	PAZOS GANDARA, Andrea	33	PONTEAREAS			1:35.85	6,00
	50m:	44.50	44.50	100m:	1:35.85	51.35		
6.	1141053	IGLESIAS SUÁREZ, Laura	33	CDELMAR			1:45.92	5,00
	50m:	48.65	48.65	100m:	1:45.92	57.27		
7.	1221892	OTERO FERNANDEZ, Maria Luisa	32	SALESTRA			1:50.50	4,00
	50m:	54.22	54.22	100m:	1:50.50	56.28		
DSQ	1247615	ALONSO PEREIRA, Fatima	32	RIASBAIXAS				-
		<i>Nado irregular</i>						
Baja	1140780	LÓPEZ MORADO, María	34	NFERROL				-
Baja	1221887	CARRERA PEREZ, Carolina	31	CNMOS				-
35+								
1.	1212097	LOUREIRO AMOR, Belen Martina	37	NTNARON			1:13.77	13,00 RG
	50m:	33.39	33.39	100m:	1:13.77	40.38		
2.	1141212	RIVAS TENREIRO, Arantza	36	NTNARON			1:22.29	10,00
	50m:	38.14	38.14	100m:	1:22.29	44.15		
3.	1084711	DOPEREIRO GARCIA, Alba	35	NCORUÑA			1:24.52	8,00
	50m:	37.25	37.25	100m:	1:24.52	47.27		
4.	1040731	GESTO ALONSO, Clarisa	36	PONTEAREAS			1:28.88	7,00
	50m:	40.37	40.37	100m:	1:28.88	48.51		
5.	1266339	GONZALEZ ARIAS, Marta	36	CIDSANTIAG			1:35.33	6,00
	50m:	42.40	42.40	100m:	1:35.33	52.93		
6.	1202705	MARTINEZ BARCIELA, Maria Olga	35	RIASBAIXAS			2:01.79	5,00
	50m:	1:04.60	1:04.60	100m:	2:01.79	57.19		
40+								
1.	1222531	FERNANDEZ GONZALEZ, Iria	43	PORTAMIÑA			1:38.85	13,00
	50m:	46.31	46.31	100m:	1:38.85	52.54		
2.	1145082	FARIÑA SOUSA, Noemi	42	CIDSANTIAG			1:46.51	10,00
	50m:	51.75	51.75	100m:	1:46.51	54.76		
3.	1250481	MENDEZ ABELAIRA, Jessica	43	C. N. Valdeorras			2:42.77	8,00
	50m:	1:12.34	1:12.34	100m:	2:42.77	1:30.43		
Baja	1237395	VILARIÑO CACHO, Elvira	44	SALESTRA				-
45+								
1.	1144680	LOPEZ ARTABE, Inmaculada	45	CDELMAR			1:34.89	13,00
	50m:	44.05	44.05	100m:	1:34.89	50.84		
2.	1107383	CAMINO GONZALEZ, Catuxa	48	C. N. Máster Pons Vetus			1:46.90	10,00
	50m:	47.05	47.05	100m:	1:46.90	59.85		

Prueba 4, Fem., 100m Estilos, 45+

Clasificación			Edad			Tiempo	Puntos
3.	1224731	RIVEIRA CAAMAÑO, Rebeca	48	C. N. Ordes		1:46.91	8,00
	50m:	52.25	52.25	100m:	1:46.91	54.66	
4.	1036387	VAZQUEZ PARCERO, Marta	45	CULLEREDO		2:20.44	7,00
	50m:	1:09.38	1:09.38	100m:	2:20.44	1:11.06	
DSQ	1253190	GARCÍA NAVAS, Carolina	46	MULLEREF			-
	<i>Nado irregular</i>						

50+

1.	1076524	SOUSA CARNEIRO, Rosana	54	CNMOS		1:50.28	13,00
	50m:	49.90	49.90	100m:	1:50.28	1:00.38	
2.	1144710	RODRIGUEZ VAZQUEZ, Maria Teresa	53	POURENSE		1:57.96	10,00
	50m:	59.13	59.13	100m:	1:57.96	58.83	
Baja	1217442	VILLASANTE ARMAS, Maria Rosa	50	NCORUÑA			-
Baja	1172138	ROIG SANCHEZ, Blanca Ana	51	RIASBAIXAS			-

55+

1.	1076186	LOPEZ GONZALEZ, Monica	55	PORTAMIÑA		1:36.98	13,00
	50m:	47.75	47.75	100m:	1:36.98	49.23	
2.	1147048	REGUEIRO RODRIGUEZ, Ana	59	RIASBAIXAS		1:42.21	10,00
	50m:	50.22	50.22	100m:	1:42.21	51.99	
3.	1075200	JIMENEZ PEREZ, Victoria	56	NFERROL		1:44.15	8,00
	50m:	47.96	47.96	100m:	1:44.15	56.19	
4.	1264777	GONZÁLEZ ALCARAZ, Glenda Teresa	55	MULLEREF		1:49.67	7,00
	50m:	50.60	50.60	100m:	1:49.67	59.07	
Baja	1264754	RODRIGUEZ PANTIN, Marta Maria	59	HERCULES			-
Baja	1144697	ACEVEDO REGO, Ermitas	59	POURENSE			-
Baja	1058998	MUTILBA OBREGON, Nuria	56	PONTEAREAS			-

60+

1.	1076172	GARCIA COLOMO, Maria Cristina	63	POURENSE		1:34.43	13,00
	50m:	42.70	42.70	100m:	1:34.43	51.73	
2.	1145099	LOPEZ MAHIA, Purificacion	62	HERCULES		1:57.11	10,00
	50m:	58.51	58.51	100m:	1:57.11	58.60	
3.	1076506	MARTY PAZOS, Maria Victoria	60	TRAVIESAS		1:58.45	8,00
	50m:	57.53	57.53	100m:	1:58.45	1:00.92	

Prueba 4, Fem., 100m Estilos

65+

1.	1141154 CELEMIN PORRERO, Maria Teresa	66	CIDSANTIAG	2:05.92	13,00
	50m: 58.76 58.76 100m: 2:05.92 1:07.16				
2.	1075765 FERNANDEZ FERNANDEZ, Maria Tere	69	MULLEREF	2:50.21	10,00
	50m: 1:27.90 1:27.90 100m: 2:50.21 1:22.31				
3.	1076494 SUEIRO COSTAS, Maria Del Carmen	69	PONTEAREAS	3:16.18	8,00
	50m: 1:44.01 1:44.01 100m: 3:16.18 1:32.17				

Prueba 5
11/01/2025

Masc., 100m Estilos

2005 y mayores
Resultados

Clasificación				Edad		Tiempo	Puntos
25+							
1.	1110128	CAMINO PARDO, Rodrigo	25	NCORUÑA		1:04.64	13,00
	50m:	28.78 28.78	100m:	1:04.64	35.86		
2.	1039755	RIVAS MACEIRAS, Isaac	26	NCORUÑA		1:06.50	10,00
	50m:	30.22 30.22	100m:	1:06.50	36.28		
3.	1040779	QUINTAS MOSQUERA, Manuel	29	CIDSANTIAG		1:06.51	8,00
	50m:	31.49 31.49	100m:	1:06.51	35.02		
4.	1037180	CARRERA COSTAS, Martin	29	PONTEAREAS		1:07.18	7,00
	50m:	31.22 31.22	100m:	1:07.18	35.96		
5.	1038178	IBAÑEZ CARRERA, Manuel Gabriel	29	PONTEAREAS		1:17.72	6,00
	50m:	35.10 35.10	100m:	1:17.72	42.62		
30+							
1.	1078641	GRACIA CARBAJO, Miguel	31	NTNARON		1:02.98	13,00
	50m:	28.64 28.64	100m:	1:02.98	34.34		
2.	1107418	LAGO LOPEZ, Diego	34	NCORUÑA		1:06.95	10,00
	50m:	30.97 30.97	100m:	1:06.95	35.98		
3.	1040484	ISASTI OTERO, Patxi	30	XOVE		1:07.41	8,00
	50m:	30.86 30.86	100m:	1:07.41	36.55		
4.	1128175	GULIAS GARCIA, Jose Ruben	34	C. N. Máster Pons Vetus		1:18.64	7,00
	50m:	35.73 35.73	100m:	1:18.64	42.91		
5.	1256973	PENIDE CALVO, Gabriel	32	RIASBAIXAS		1:25.36	6,00
	50m:	38.61 38.61	100m:	1:25.36	46.75		
6.	1264780	CEDIEL SANDE, Johann Sebastian	34	C. N. As Meigas		1:38.29	5,00
	50m:	40.86 40.86	100m:	1:38.29	57.43		
Baja	1119327	SUAREZ FERNÁNDEZ, Santiago	30	MONFORTE			-
35+							
1.	1089000	TABOADA VILA, Alberto	38	POURENSE		1:04.89	13,00
	50m:	29.30 29.30	100m:	1:04.89	35.59		
2.	1199549	MARTINEZ DOPAZO, David	38	CIDSANTIAG		1:10.47	10,00
	50m:	33.85 33.85	100m:	1:10.47	36.62		
3.	1143890	FORTES NOVOA, Martiño	37	ESCUALOS		1:14.18	8,00
	50m:	36.25 36.25	100m:	1:14.18	37.93		
DSQ	1075908	LOBELLE GONZALEZ, Marcos	36	CDELMAR			-
		<i>Viraxe irregular</i>					

Splash Meet Manager, 11.80519

Registered to Galicia

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Prueba 5, Masc., 100m Estilos

40+

1.	1141151	CALLE FACAL, Telmo	42	CIDSANTIAG	1:08.14	13,00
	50m:	30.91 30.91	100m:	1:08.14	37.23	
2.	1228089	NERA MONTECELOS, Pablo	42	HERCULES	1:12.01	10,00
	50m:	34.11 34.11	100m:	1:12.01	37.90	
3.	1218108	IGLESIAS LAPIDO, Miguel	40	FLUVIAL	1:14.09	8,00
	50m:	35.67 35.67	100m:	1:14.09	38.42	
4.	1144584	ALVAREZ SILVA, Ruben	44	ESCUALOS	1:19.24	7,00
	50m:	39.10 39.10	100m:	1:19.24	40.14	
5.	1170841	BASTIDA CAMPOS, Alejandro	43	SALESTRA	1:27.76	6,00
	50m:	40.44 40.44	100m:	1:27.76	47.32	
6.	1147216	GONZALEZ VICENTE, Ruben	44	PORTAMIÑA	1:37.06	5,00
	50m:	48.74 48.74	100m:	1:37.06	48.32	

45+

1.	1076560	EIRIZ DIEGUEZ, Daniel	47	CNMOS	1:07.76	13,00
	50m:	30.41 30.41	100m:	1:07.76	37.35	
2.	1006004	GUIMAREY VAZQUEZ, Marcos	48	PORTAMIÑA	1:12.20	10,00
	50m:	34.10 34.10	100m:	1:12.20	38.10	
3.	1144267	FINS SEOANE, Juan Miguel	48	SALESTRA	1:13.80	8,00
	50m:	35.23 35.23	100m:	1:13.80	38.57	
4.	1090758	IGLESIAS FUERTES, Abel	46	ESCUALOS	1:22.72	7,00
	50m:	38.41 38.41	100m:	1:22.72	44.31	
5.	1143662	BALSA MOSQUERA, Pablo	47	NTNARON	1:25.06	6,00
	50m:	37.79 37.79	100m:	1:25.06	47.27	
6.	1079491	GOMEZ MARTIN, Ruben	47	FLUVIAL	1:25.28	5,00
	50m:	40.43 40.43	100m:	1:25.28	44.85	
7.	1144269	LOPEZ PAYO, Mario	48	SALESTRA	1:33.64	4,00
	50m:	44.72 44.72	100m:	1:33.64	48.92	
8.	1235958	BRIOSO DÍAZ, Manuel	48	REDONDELA	1:55.51	3,00
	50m:	56.97 56.97	100m:	1:55.51	58.54	
DSQ	1144181	PEREZ CARRERA, Elias	46	RIASBAIXAS		-
	<i>Nado irregular</i>					
Baja	1075220	MARTINEZ FERNANDEZ, Hector	48	NTNARON		-

Prueba 5, Masc., 100m Estilos

50+

1.	1076538	FUENTES FERNANDEZ, Eugenio	53	RIASBAIXAS	1:19.77	13,00
	50m:	37.11 37.11	100m:	1:19.77 42.66		
2.	1146934	DIEGUEZ ARANDA, Hector	52	PORTAMIÑA	1:20.38	10,00
	50m:	37.73 37.73	100m:	1:20.38 42.65		
3.	1147287	ESCUDEIRO DANS, David	52	NCORUÑA	1:21.44	8,00
	50m:	38.90 38.90	100m:	1:21.44 42.54		
4.	1144601	PUENTE DÍAZ, Javier	54	CIDSANTIAG	1:22.83	7,00
	50m:	38.17 38.17	100m:	1:22.83 44.66		
5.	1267343	ALVAREZ DE SOTOMAYOR PUIGNAIF51, J.	NCORUÑA	1:23.95	6,00	
	50m:	39.37 39.37	100m:	1:23.95 44.58		
6.	1141071	LORENZO FERNANDEZ, Jose Manuel	53	RIASBAIXAS	1:33.03	5,00
	50m:	43.36 43.36	100m:	1:33.03 49.67		
7.	1203306	DURO GONZALEZ, Antonio	51	SALESTRA	1:42.17	4,00
	50m:	47.26 47.26	100m:	1:42.17 54.91		
Baja	1258336	MUÑIZ CAL, Rafael	51	ARTEIXO	-	-
Baja	1076544	GARABATOS RODRIGUEZ, Santiago	51	CNMOS	-	-

55+

1.	1076516	JORGE IGLESIAS, Marcelino	59	PONTEAREAS	1:14.19	13,00 RG
	50m:	35.98 35.98	100m:	1:14.19 38.21		
2.	1082554	MARTINEZ FAJARDO, Julio Enrique	55	ADFOGAR	1:20.45	10,00
	50m:	36.98 36.98	100m:	1:20.45 43.47		
3.	1180234	SÁNCHEZ SECO, Manuel	57	ESCUALOS	1:31.28	8,00
	50m:	44.34 44.34	100m:	1:31.28 46.94		
4.	1079460	REY ROMERO, Jorge J.	59	PORTAMIÑA	1:37.25	7,00
	50m:	50.30 50.30	100m:	1:37.25 46.95		
5.	1266323	MILLÁN ALONSO, Rubén	55	TRAVIESAS	1:38.83	6,00
	50m:	45.81 45.81	100m:	1:38.83 53.02		
6.	1228047	PEREZ GARCIA, Manuel	58	CULLEREDO	1:51.87	5,00
	50m:	55.09 55.09	100m:	1:51.87 56.78		
7.	1193949	LAMELO OTERO, Ramón Jesus	57	CIDSANTIAG	1:53.01	4,00
	50m:	52.16 52.16	100m:	1:53.01 1:00.85		
8.	1075593	PIROSCIA PENADO, Jose	59	PORTAMIÑA	2:00.53	3,00
	50m:	58.54 58.54	100m:	2:00.53 1:01.99		

Prueba 5, Masc., 100m Estilos

60+

1.	1078597	SOLLEIRO TIZON, Juan Jose	62	NCORUÑA	1:26.27	13,00
	50m:	43.83 43.83	100m:	1:26.27 42.44		
2.	1079361	RODRIGUEZ GOMEZ, Emilio	64	PONTEAREAS	1:41.20	10,00
	50m:	48.50 48.50	100m:	1:41.20 52.70		
3.	1075589	SANCHEZ VAZQUEZ, Jesus	63	PORTAMIÑA	1:47.45	8,00
	50m:	53.55 53.55	100m:	1:47.45 53.90		
Baja	1076173	FERNANDEZ NUÑEZ, Santiago	62	CIDSANTIAG		-
Baja	1250479	ROMERO PENA, Juan Ramon	62	HERCULES		-

65+

1.	1174449	FERNANDEZ ARRUTI, Jose Angel	66	CIDSANTIAG	1:28.89	13,00
	50m:	43.86 43.86	100m:	1:28.89 45.03		
2.	1075185	YAÑEZ WONENBURGER, Juan Carlos	66	HERCULES	1:29.40	10,00
	50m:	42.08 42.08	100m:	1:29.40 47.32		
3.	1079748	SANTAMARINA LÓPEZ, Javier	67	TRAVIESAS	2:45.48	8,00
	50m:	1:16.26 1:16.26	100m:	2:45.48 1:29.22		

70+

1.	1075190	SUANZES PEREZ, Fernando	72	HERCULES	1:33.02	13,00
	50m:	44.27 44.27	100m:	1:33.02 48.75		

Prueba 6
11/01/2025

Fem., 200m Braza

2005 y mayores
Resultados

Clasificación	Edad								Tiempo		Puntos	
20+												
1.	1228048	ALVAREZ SOUTO, Claudia			24	PONTEAREAS			3:20.42	13,00		
	50m:	46.24	46.24	100m:	1:36.88	50.64	150m:	2:29.71	52.83	200m:	3:20.42	50.71
25+												
1.	1037836	VEIGA RODRIGUEZ, Rosalia			26	NCORUÑA			3:04.69	13,00		
	50m:	41.83	41.83	100m:	1:28.65	46.82	150m:	2:16.07	47.42	200m:	3:04.69	48.62
2.	1115644	FERNÁNDEZ JUAN, María			27	CIDSANTIAG			3:27.88	10,00		
	50m:	48.18	48.18	100m:	1:39.76	51.58	150m:	2:33.58	53.82	200m:	3:27.88	54.30
30+												
1.	1204918	MARTINEZ GARCIA, Susana			34	MONFORTE			3:58.08	13,00		
	50m:	52.53	52.53	100m:	1:53.14	1:00.61	150m:	2:56.15	1:03.01	200m:	3:58.08	1:01.93
2.	1257939	PUENTE MARIN, Cristina			30	FLUVIAL			4:08.13	10,00		
	50m:	57.93	57.93	100m:	1:59.74	1:01.81	150m:	3:04.64	1:04.90	200m:	4:08.13	1:03.49
3.	1240953	SIMOIS MORAIS, Yolanda			31	SALESTRA			4:27.35	8,00		
	50m:	58.81	58.81	100m:	2:06.32	1:07.51	150m:	3:17.24	1:10.92	200m:	4:27.35	1:10.11
DSQ	1041452	BEN CILLERO, Sabela			33	XOVE						-
	Saída anticipada											
35+												
1.	1084714	BUGALLO PÉREZ, Estíbaliz			35	GALAICO			3:00.00	13,00		
	50m:	40.52	40.52	100m:	1:25.91	45.39	150m:	2:12.89	46.98	200m:	3:00.00	47.11
2.	1076543	RODRIGUEZ PEREZ, Vanesa			39	RIASBAIXAS			3:29.54	10,00		
	50m:	48.58	48.58	100m:	1:41.94	53.36	150m:	2:36.31	54.37	200m:	3:29.54	53.23
3.	1250482	RODRIGUEZ DE DIOS, Amparo			38	C. N. Valdeorras			4:04.75	8,00		
	50m:	56.66	56.66	100m:	1:58.58	1:01.92	150m:	3:00.84	1:02.26	200m:	4:04.75	1:03.91
4.	1258330	BEN CILLERO, Natalia			36	XOVE			4:17.78	7,00		
	50m:	55.74	55.74	100m:	2:00.45	1:04.71	150m:	3:09.65	1:09.20	200m:	4:17.78	1:08.13
40+												
1.	1146780	DURÁN VEIRAS, Raquel			41	ARTEIXO			3:15.12	13,00		
	50m:	43.85	43.85	100m:	1:32.59	48.74	150m:	2:22.97	50.38	200m:	3:15.12	52.15
2.	1143598	MIRA VAZQUEZ, Marta			44	ESCUALOS			3:20.02	10,00		
	50m:	44.84	44.84	100m:	1:35.68	50.84	150m:	2:28.42	52.74	200m:	3:20.02	51.60
3.	1180232	FKEOUI OMARI, Salma			43	CIDSANTIAG			3:24.54	8,00		
	50m:	48.35	48.35	100m:	1:40.40	52.05	150m:	2:33.03	52.63	200m:	3:24.54	51.51

Splash Meet Manager, 11.80519

Registered to Galicia

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Prueba 6, Fem., 200m Braza, 40+

Clasificación	Edad								Tiempo	Puntos		
4.	1243130	TORRE GONZALEZ, Elisa				40	RIASBAIXAS		3:25.83	7,00		
	50m:	47.59	47.59	100m:	1:39.67	52.08	150m:	2:34.57	54.90	200m:	3:25.83	51.26
45+												
1.	1144680	LOPEZ ARTABE, Inmaculada				45	CDELMAR		3:41.93	13,00		
	50m:	49.68	49.68	100m:	1:46.43	56.75	150m:	2:44.51	58.08	200m:	3:41.93	57.42
2.	1170845	CID ALVAREZ, Isabel				45	ESCUALOS		3:42.87	10,00		
	50m:	51.46	51.46	100m:	1:47.98	56.52	150m:	2:45.99	58.01	200m:	3:42.87	56.88
3.	1178775	COVELO SAAVEDRA, Nahir				47	PONTEAREAS		3:51.48	8,00		
	50m:	51.66	51.66	100m:	1:49.15	57.49	150m:	2:49.36	1:00.21	200m:	3:51.48	1:02.12
4.	1253184	ABELLEIRA CORRAL, Gema				45	MULLEREF		4:48.13	7,00		
	50m:	59.19	59.19	100m:	2:09.87	1:10.68	150m:	3:27.90	1:18.03	200m:	4:48.13	1:20.23
Baja	1246144	SANCHEZ BARREIRO, Maria Carmen				49	PONTEAREAS					-
50+												
1.	1144710	RODRIGUEZ VAZQUEZ, Maria Teresa				53	POURENSE		4:38.82	13,00		
	50m:	1:02.58	1:02.58	100m:	2:14.28	1:11.70	150m:	3:27.40	1:13.12	200m:	4:38.82	1:11.42
2.	1144074	SERRANO AVENDAÑO, Silvia				50	TRAVIESAS		4:43.98	10,00		
	50m:	1:05.03	1:05.03	100m:	2:19.45	1:14.42	150m:	3:32.03	1:12.58	200m:	4:43.98	1:11.95
55+												
1.	1038729	DEL AMO BLANCO, Margarita				58	PONTEAREAS		3:58.35	13,00		
	50m:	55.40	55.40	100m:	1:56.96	1:01.56	150m:	2:57.69	1:00.73	200m:	3:58.35	1:00.66
60+												
1.	1039437	BALADO LOPEZ, Ana Maria				64	POURENSE		3:43.59	13,00		
	50m:	48.16	48.16	100m:	1:42.89	54.73	150m:	2:42.88	59.99	200m:	3:43.59	1:00.71
2.	1079968	CHUB SAVCHENKO, Lyudmyla				60	GALAICO		4:27.19	10,00		
	50m:	1:02.45	1:02.45	100m:	2:10.87	1:08.42	150m:	3:20.48	1:09.61	200m:	4:27.19	1:06.71
3.	1143893	REBORDA MORILLO, Susana				63	ESCUALOS		4:33.50	8,00		
	50m:	1:01.86	1:01.86	100m:	2:10.94	1:09.08	150m:	3:22.43	1:11.49	200m:	4:33.50	1:11.07
65+												
1.	1217937	RODRÍGUEZ TRONCOSO, Marina				66	PONTEAREAS		5:14.35	13,00		
	50m:	1:10.44	1:10.44	100m:	2:30.58	1:20.14	150m:	3:55.15	1:24.57	200m:	5:14.35	1:19.20
2.	1037151	GOMEZ DOVAL, Maria Angela				69	FLUVIAL		5:14.82	10,00		
	50m:	1:11.65	1:11.65	100m:	2:31.85	1:20.20	150m:	3:55.47	1:23.62	200m:	5:14.82	1:19.35

Prueba 7
11/01/2025

Masc., 200m Braza

2005 y mayores
Resultados

Clasificación	Edad										Tiempo	Puntos
20+												
1.	1107916	FERNANDEZ DEL VALLE, Ivan	20	POURENSE							2:35.58	13,00
	50m:	33.90	33.90	100m:	1:13.04	39.14	150m:	1:54.18	41.14	200m:	2:35.58	41.40
2.	1142991	PEREZ PAZ, Dario	20	PONTEAREAS							2:36.19	10,00
	50m:	34.35	34.35	100m:	1:14.17	39.82	150m:	1:55.02	40.85	200m:	2:36.19	41.17
3.	1079156	MARQUEZ VAZQUEZ, Pablo	23	C. N. As Meigas							3:21.62	8,00
	50m:	42.33	42.33	100m:	1:31.71	49.38	150m:	2:25.94	54.23	200m:	3:21.62	55.68
25+												
1.	1115676	GONZALEZ IGLESIAS, Alberto	28	CULLEREDO							2:59.77	13,00
	50m:	40.69	40.69	100m:	1:26.00	45.31	150m:	2:13.33	47.33	200m:	2:59.77	46.44
DSQ	1038178	IBAÑEZ CARRERA, Manuel Gabriel	29	PONTEAREAS								-
	<i>Viraxe irregular</i>											
Baja	1078716	HERMIDA RAMOS, Raul	25	NTNARON								-
30+												
1.	1130602	TENORIO FREIRE, Martin	33	CIDSANTIAG							2:32.84	13,00
	50m:	34.99	34.99	100m:	1:13.58	38.59	150m:	1:52.67	39.09	200m:	2:32.84	40.17
2.	1222771	LAGO GONZALEZ, Ivan	32	PONTEAREAS							4:51.42	10,00
	50m:	57.89	57.89	100m:	2:08.78	1:10.89	150m:	3:28.87	1:20.09	200m:	4:51.42	1:22.55
DSQ	1174923	GARCÍA MERA, Rodrigo	33	CDELMAR								-
	<i>Viraxe irregular</i>											
35+												
1.	1076287	PAZOS ALONSO, Josue	39	ESCUALOS							2:47.22	13,00
	50m:	36.87	36.87	100m:	1:19.87	43.00	150m:	2:04.16	44.29	200m:	2:47.22	43.06
2.	1136629	FIGUEIRA DOMINGUEZ, Javier Guzman	37	RIASBAIXAS							2:58.50	10,00
	50m:	39.11	39.11	100m:	1:23.76	44.65	150m:	2:10.92	47.16	200m:	2:58.50	47.58
3.	1241139	DIÉGUEZ GONZALEZ, Bruno	35	CIDSANTIAG							3:18.77	8,00
	50m:	43.36	43.36	100m:	1:31.93	48.57	150m:	2:24.24	52.31	200m:	3:18.77	54.53
4.	1263089	ALEJANDRE SALGADO, German	39	C. N. Valdeorras							3:36.11	7,00
	50m:	46.07	46.07	100m:	1:39.81	53.74	150m:	2:38.34	58.53	200m:	3:36.11	57.77

Prueba 7, Masc., 200m Braza

40+

1.	1143897	SEVILLA AROCA, Javier	42	ESCUALOS	2:56.63	13,00	
	50m:	38.33 38.33	100m:	1:22.19	43.86 150m:	2:08.96 46.77 200m:	2:56.63 47.67
2.	1145052	FIERRO FERNÁNDEZ, Julio	43	SCASINO	3:09.61	10,00	
	50m:	43.30 43.30	100m:	1:30.73	47.43 150m:	2:20.59 49.86 200m:	3:09.61 49.02
3.	1257944	PÉREZ GONZÁLEZ, Iván	43	MONFORTE	3:16.03	8,00	
	50m:	41.62 41.62	100m:	1:30.82	49.20 150m:	2:24.64 53.82 200m:	3:16.03 51.39
4.	1214823	GONZALEZ PEÑAS, David	41	PORTAMIÑA	3:24.77	7,00	
	50m:	47.25 47.25	100m:	1:38.93	51.68 150m:	2:31.34 52.41 200m:	3:24.77 53.43
5.	1076282	CARRERA COSTAS, Andres	43	PONTEAREAS	3:34.00	6,00	
	50m:	47.84 47.84	100m:	1:41.79	53.95 150m:	2:37.51 55.72 200m:	3:34.00 56.49

45+

1.	1218110	HERMIDA SALIDO, Gustavo	48	NTNARON	3:11.81	13,00	
	50m:	44.43 44.43	100m:	1:33.41 48.98	150m:	2:22.70 49.29 200m:	3:11.81 49.11
2.	1143895	PADIN CHARLIN, Joaquin	45	ESCUALOS	3:15.28	10,00	
	50m:	40.98 40.98	100m:	1:28.79 47.81	150m:	2:20.66 51.87 200m:	3:15.28 54.62
3.	1201621	ALONSO ORTIZ, Mariano	49	FLUVIAL	3:16.30	8,00	
	50m:	44.29 44.29	100m:	1:32.41 48.12	150m:	2:24.31 51.90 200m:	3:16.30 51.99
4.	1038913	SUAREZ GARCIA, Pedro Lois	45	PONTEAREAS	3:34.51	7,00	
	50m:	48.96 48.96	100m:	1:44.72 55.76	150m:	2:41.60 56.88 200m:	3:34.51 52.91
5.	1084041	SUAREZ GARCIA, Sergio	45	C. N. Máster Pons Vetus	3:38.53	6,00	
	50m:	48.58 48.58	100m:	1:42.35 53.77	150m:	2:39.65 57.30 200m:	3:38.53 58.88
6.	1200126	TABOADA CALVELO, Jose Carlos	46	SALESTRA	3:41.61	5,00	
	50m:	45.43 45.43	100m:	1:40.95 55.52	150m:	2:41.36 1:00.41 200m:	3:41.61 1:00.25
Baja	1251854	CARBALLO CABEZAS, Enrique	49	POURENSE		-	
Baja	1238677	MARIÑO GONZALEZ, Ramón	45	POURENSE		-	
Baja	1251233	GONZALEZ SANDEZ, Carlos	46	C. N. Valdeorras		-	

50+

1.	1076185	PEREIRA DIAZ, Angel	53	ESCUALOS	3:06.06	13,00
	50m:	41.19 41.19	100m:	1:28.29 47.10	150m:	2:16.74 48.45
					200m:	3:06.06 49.32
2.	1244393	REY RODRIGUEZ, Oscar	51	CIDSANTIAG	3:13.70	10,00
	50m:	44.33 44.33	100m:	1:32.81 48.48	150m:	2:23.02 50.21
					200m:	3:13.70 50.68
3.	1224729	FERNADEZ BARREIROS, Claudio	50	C. N. Ordes	3:25.10	8,00
	50m:	46.56 46.56	100m:	1:39.05 52.49	150m:	2:32.93 53.88
					200m:	3:25.10 52.17
Baja	1010047	GARCIA REBOLO, Alejandro	50	POURENSE		-

Prueba 7, Masc., 200m Braza

55+

1.	1085112	RIVAS FEAL, Antonio	59	SCASINO	2:59.22	13,00		
	50m:	40.86 40.86	100m:	1:26.77 45.91	150m:	2:13.28 46.51	200m:	2:59.22 45.94
2.	1141191	GARCIA SANJURJO, Jose Manuel	58	CDELMAR	3:26.65	10,00		
	50m:	46.26 46.26	100m:	1:38.90 52.64	150m:	2:33.18 54.28	200m:	3:26.65 53.47
3.	1144698	CADAVID NUÑEZ, Jose	55	POURENSE	3:44.09	8,00		
	50m:	48.73 48.73	100m:	1:45.29 56.56	150m:	2:44.69 59.40	200m:	3:44.09 59.40
Baja	1178895	CRESPO PÉREZ, Albarino	55	ESCUALOS		-		

60+

1.	1144940	HERNANZ MORAL, Fausto	63	RIASBAIXAS	4:14.56	13,00						
	50m:	57.32	57.32	100m:	2:02.61	1:05.29	150m:	3:09.64	1:07.03	200m:	4:14.56	1:04.92
2.	1143966	FERNANDEZ GONZALEZ, Alvaro	60	CNMOS	4:27.73	10,00						
	50m:	56.59	56.59	100m:	2:03.63	1:07.04	150m:	3:15.22	1:11.59	200m:	4:27.73	1:12.51

65+

1.	1141150	RODRIGUEZ VIEITO, Ricardo M.	68	CNMOS	4:01.54	13,00						
	50m:	55.24	55.24	100m:	1:56.44	1:01.20	150m:	2:59.95	1:03.51	200m:	4:01.54	1:01.59
Baja	1048207	ROS ROSILLO, Alejandro	67	RIASBAIXAS								-

70+

1.	1076165	GARCIA COLOMO, Manuel Ramon			71	POURENSE			4:03.63	13,00		
	50m:	56.68	56.68	100m:	1:57.89	1:01.21	150m:	3:01.36	1:03.47	200m:	4:03.63	1:02.27

Prueba 8
11/01/2025

Fem., 100m Mariposa

2005 y mayores
Resultados

Clasificación				Edad		Tiempo	Puntos
20+							
1.	1140796	DIAZ DOPICO, Sabela	23	NFERROL		1:16.15	13,00
	50m:	35.95 35.95	100m:	1:16.15	40.20		
2.	1076318	LEMONS FERNANDEZ, Zaira	23	PONTEAREAS		1:18.59	10,00
	50m:	35.85 35.85	100m:	1:18.59	42.74		
Baja	1144257	FERNANDEZ GONZALEZ, Elena	24	HERCULES			-
25+							
1.	1038929	GONZALEZ AVENDAÑO, Lucia	26	CIDSANTIAG		1:27.17	13,00
	50m:	39.26 39.26	100m:	1:27.17	47.91		
2.	1093694	SANCHEZ LENCE, Maria	28	NCORUÑA		1:28.76	10,00
	50m:	41.74 41.74	100m:	1:28.76	47.02		
3.	1145008	GONZALEZ PEREZ, Paula	29	PONTEAREAS		1:46.44	8,00
	50m:	47.32 47.32	100m:	1:46.44	59.12		
30+							
1.	1093459	FRANCO CAL, Alba	34	C. N. As Meigas		1:04.41	13,00 RE
	50m:	30.26 30.26	100m:	1:04.41	34.15		
2.	1266341	MAURIZ BARREIRO, Maria Violeta	33	CIDSANTIAG		1:29.22	10,00
	50m:	42.27 42.27	100m:	1:29.22	46.95		
3.	1237382	MUÑO, Andrea	34	NCORUÑA		1:32.35	8,00
	50m:	41.17 41.17	100m:	1:32.35	51.18		
4.	1204918	MARTINEZ GARCIA, Susana	34	MONFORTE		1:52.59	7,00
	50m:	49.46 49.46	100m:	1:52.59	1:03.13		
35+							
1.	1144592	ACUÑA MELLA, Maria	37	PONTEAREAS		2:01.02	13,00
	50m:	56.52 56.52	100m:	2:01.02	1:04.50		
45+							
1.	1146893	PRADO FRANCO, Martha-Elizabeth	46	RIASBAIXAS		1:31.40	13,00
	50m:	43.87 43.87	100m:	1:31.40	47.53		
2.	1170845	CID ALVAREZ, Isabel	45	ESCUALOS		1:46.63	10,00
	50m:	51.22 51.22	100m:	1:46.63	55.41		
3.	1107383	CAMINO GONZALEZ, Catuxa	48	C. N. Máster Pons Vetus		1:46.76	8,00
	50m:	45.91 45.91	100m:	1:46.76	1:00.85		
Baja	1246144	SANCHEZ BARREIRO, Maria Carmen	49	PONTEAREAS			-

Splash Meet Manager, 11.80519

Registered to Galicia

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Prueba 8, Fem., 100m Mariposa, 45+

Clasificación							Edad		Tiempo	Puntos
Baja	1119241	VIDAL BELLO, Mara					48	C. N. Valdeorras		-
50+										
1.	1180238	GARCÍA SEOANE, Cristina María					50	HERCULES	1:53.62	13,00
	50m:	47.68	47.68	100m:	1:53.62	1:05.94				
2.	1127346	SOBRINO EIRIZ, Maria Del Valle					53	PONTEAREAS	2:00.57	10,00
	50m:	52.58	52.58	100m:	2:00.57	1:07.99				
3.	1076154	ABREU FERNANDEZ, Marta					54	PONTEAREAS	2:04.69	8,00
	50m:	58.86	58.86	100m:	2:04.69	1:05.83				
55+										
1.	1197600	SANDERSON KEOUGH, Helen Jane					55	CULLEREDO	1:33.93	13,00 RG
	50m:	44.93	44.93	100m:	1:33.93	49.00				
2.	1145007	MELON PARENTE, M. Lourdes					56	PONTEAREAS	3:14.86	10,00
	50m:	1:33.54	1:33.54	100m:	3:14.86	1:41.32				
60+										
1.	1086162	BARJA BARJA, Liliana					60	TRAVIESAS	2:07.24	13,00
	50m:	59.81	59.81	100m:	2:07.24	1:07.43				

Prueba 9
11/01/2025

Masc., 100m Mariposa

2005 y mayores
Resultados

Clasificación							Edad			Tiempo	Puntos
20+											
1.	1076409	CANCELA GOMEZ, Hugo				22	PONTEAREAS		1:03.25	13,00	
	50m:	29.58	29.58	100m:	1:03.25	33.67					
2.	1135986	CASARES GARCIA, Brais				21	PONTEAREAS		1:11.24	10,00	
	50m:	32.84	32.84	100m:	1:11.24	38.40					
25+											
1.	1144193	PASTORIZA SANTACLARA, Jorge				28	RIASBAIXAS		1:03.61	13,00	
	50m:	29.96	29.96	100m:	1:03.61	33.65					
2.	1130804	CASTRO RODRIGUEZ, Francisco				25	CIDSANTIAG		1:05.19	10,00	
	50m:	29.79	29.79	100m:	1:05.19	35.40					
30+											
1.	1099306	ORTIZ ANEIROS, Lorenzo				30	NTNARON		1:01.39	13,00	
	50m:	28.69	28.69	100m:	1:01.39	32.70					
2.	1128175	GULIAS GARCIA, Jose Ruben				34	C. N. Máster Pons Vetus		1:18.88	10,00	
	50m:	36.44	36.44	100m:	1:18.88	42.44					
3.	1076271	NOVALES BLANCO, Xabier				34	RIASBAIXAS		1:24.86	8,00	
	50m:	39.20	39.20	100m:	1:24.86	45.66					
DSQ	1232980	PICALLO MATO, Adrian				30	SALESTRA			-	
Nado irregular											
35+											
1.	1041299	MARTÍNEZ GESTAL, Alejandro				35	CDELMAR		1:04.50	13,00	
	50m:	28.81	28.81	100m:	1:04.50	35.69					
2.	1144194	TELLA FERREIRO, Miguel				37	C. N. Ordes		1:22.82	10,00	
	50m:	37.85	37.85	100m:	1:22.82	44.97					
3.	1217936	PASCUAL DE PEDRO, Jorge				39	PONTEAREAS		1:32.99	8,00	
	50m:	45.76	45.76	100m:	1:32.99	47.23					
40+											
1.	1230338	MUIÑO REY, Daniel				41	NFERROL		1:17.99	13,00	
	50m:	35.55	35.55	100m:	1:17.99	42.44					
2.	1203519	KRUGLOV, Mykola				40	ESCUALOS		1:18.07	10,00	
	50m:	35.67	35.67	100m:	1:18.07	42.40					
3.	1036745	BARCIA SIXTO, Francisco José				40	NTNARON		1:27.23	8,00	
	50m:	37.53	37.53	100m:	1:27.23	49.70					

Splash Meet Manager, 11.80519

Registered to Galicia

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Prueba 9, Masc., 100m Mariposa, 40+

Clasificación					Edad		Tiempo	Puntos
4.	1141126	GOLPE IGLESIAS, Jose Antonio	43	C. N. Máster Pons Vetus			1:42.63	7,00
	50m:	46.90	46.90	100m:	1:42.63	55.73		

45+

1.	1024675	IGLESIAS GOMEZ, Gonzalo	46	CIDSANTIAG			1:10.48	13,00
	50m:	33.54	33.54	100m:	1:10.48	36.94		
2.	1198273	MONTERO PRIETO, Carlos Eugenio	47	CIDSANTIAG			1:20.32	10,00
	50m:	34.48	34.48	100m:	1:20.32	45.84		
3.	1224733	ARANGO GAYAR, Saul	45	RIASBAIXAS			1:21.22	8,00
	50m:	36.23	36.23	100m:	1:21.22	44.99		
4.	1145005	FERNANDEZ IGLESIAS, Emilio J.	48	PONTEAREAS			1:26.49	7,00
	50m:	41.81	41.81	100m:	1:26.49	44.68		
5.	1084041	SUAREZ GARCIA, Sergio	45	C. N. Máster Pons Vetus			1:39.79	6,00
	50m:	47.13	47.13	100m:	1:39.79	52.66		
6.	1190398	FERNANDEZ CORRAL, Marcos	46	PORTAMIÑA			2:01.65	5,00
	50m:	57.16	57.16	100m:	2:01.65	1:04.49		

50+

1.	1243174	SONEIRA REBOREDO, Oscar	50	CIDSANTIAG			1:08.13	13,00
	50m:	31.44	31.44	100m:	1:08.13	36.69		
2.	1180192	SAAVEDRA GONZÁLEZ, Raul	52	HERCULES			1:11.61	10,00
	50m:	32.95	32.95	100m:	1:11.61	38.66		
3.	1038104	PEREZ ARIAS, Hector	54	PORTAMIÑA			1:16.41	8,00
	50m:	35.30	35.30	100m:	1:16.41	41.11		
4.	1141504	BOUSO FUENTECILLA, Fernando	54	ESCUALOS			1:24.97	7,00
	50m:	38.48	38.48	100m:	1:24.97	46.49		
5.	1171462	FERREIRO SEOANE, Jose Raul	52	RIASBAIXAS			1:39.24	6,00
	50m:	45.01	45.01	100m:	1:39.24	54.23		

Baja	1258336	MUÑIZ CAL, Rafael	51	ARTEIXO				-
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55+

1.	1143575	FERREIRA GONZALEZ, Xose Anxo	59	REDONDELA			1:39.28	13,00
	50m:	46.68	46.68	100m:	1:39.28	52.60		
2.	1253683	GESTOSO PAZO, Juan Francisco	58	SALESTRA			1:45.76	10,00
	50m:	47.97	47.97	100m:	1:45.76	57.79		

Baja	1145039	FERREIRO SANCHEZ, Luis	55	POURENSE				-
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Prueba 9, Masc., 100m Mariposa

60+

1.	1232926	TAPIA PORTO, Enrique	60	NCORUÑA	1:11.42	13,00	RG
	50m:	33.22 33.22	100m:	1:11.42 38.20			
2.	1061111	ISASTI MAIZA, Patxi Xabier	60	XOVE	1:22.84	10,00	
	50m:	38.32 38.32	100m:	1:22.84 44.52			
3.	1040281	MARTINEZ BERJANO, Jose Manuel	62	MONFORTE	1:53.08	8,00	
	50m:	48.65 48.65	100m:	1:53.08 1:04.43			

Prueba 10
11/01/2025

Fem., 100m Espalda

2005 y mayores
Resultados

Clasificación			Edad			Tiempo	Puntos
20+							
1.	1079883	RODRIGUEZ RODRIGUEZ, Nina	23	RIASBAIXAS		1:09.74	13,00 RG
	50m:	33.85 33.85	100m:	1:09.74	35.89		
2.	1037966	FERNANDEZ PARDO, Irene	24	PONTEAREAS		1:11.86	10,00
	50m:	34.87 34.87	100m:	1:11.86	36.99		
3.	1038179	IBÁÑEZ CARRERA, Sara	24	PONTEAREAS		1:11.88	8,00
	50m:	35.16 35.16	100m:	1:11.88	36.72		
4.	1228009	SOUTIÑO RAMIREZ, Carmen Victoria	24	PORTAMIÑA		1:20.91	7,00
	50m:	37.70 37.70	100m:	1:20.91	43.21		
5.	1087099	GOMEZ FERNANDEZ, Uxia	22	ESCUALOS		1:29.12	6,00
	50m:	43.38 43.38	100m:	1:29.12	45.74		
25+							
1.	1041218	ISASTI OTERO, Nerea	28	XOVE		1:26.87	13,00
	50m:	42.09 42.09	100m:	1:26.87	44.78		
30+							
1.	1256967	DEL RIO REGUEIRA, Sara	34	NCORUÑA		1:15.86	13,00
	50m:	36.22 36.22	100m:	1:15.86	39.64		
2.	1051353	CRUZ GARCIA, Aurora	30	CIDSANTIAG		1:21.99	10,00
	50m:	39.63 39.63	100m:	1:21.99	42.36		
3.	1236745	RODRIGUEZ GONZÁLEZ, Raquel	32	MONFORTE		1:39.06	8,00
	50m:	46.78 46.78	100m:	1:39.06	52.28		
4.	1078925	SALGADO CASTELO, Marta	31	MULLEREF		1:41.11	7,00
	50m:	47.66 47.66	100m:	1:41.11	53.45		
5.	1247615	ALONSO PEREIRA, Fatima	32	RIASBAIXAS		1:42.98	6,00
	50m:	50.52 50.52	100m:	1:42.98	52.46		
Baja	1221887	CARRERA PEREZ, Carolina	31	CNMOS			-
35+							
1.	1028641	OTERO RODRIGUEZ, Sandra	38	ESCUALOS		1:19.14	13,00
	50m:	37.25 37.25	100m:	1:19.14	41.89		
2.	1144894	VINAGRE SENDINO, Cora	37	SCASINO		1:22.82	10,00
	50m:	39.73 39.73	100m:	1:22.82	43.09		
3.	1040731	GESTO ALONSO, Clarisa	36	PONTEAREAS		1:26.63	8,00
	50m:	42.14 42.14	100m:	1:26.63	44.49		

Splash Meet Manager, 11.80519

Registered to Galicia

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Prueba 10, Fem., 100m Espalda, 35+

Clasificación						Edad			Tiempo	Puntos
4.	1141440	ESTEBAN VILLA, Alba	35	RIASBAIXAS	1:28.72	47.08			1:28.72	7,00
	50m:	41.64	41.64	100m:						
5.	1141313	MIRA VAZQUEZ, Paula	39	ESCUALOS	1:43.50	52.09			1:43.50	6,00
	50m:	51.41	51.41	100m:						
6.	1258330	BEN CILLERO, Natalia	36	XOVE	1:58.86	1:01.30			1:58.86	5,00
	50m:	57.56	57.56	100m:						

40+

1.	1143597	SANCHEZ LEDO, Cira	44	ESCUALOS	1:24.18	42.30			1:24.18	13,00
	50m:	41.88	41.88	100m:						
2.	1144270	ROZADOS LUIS, Adriana	40	SALESTRA	1:25.96	43.84			1:25.96	10,00
	50m:	42.12	42.12	100m:						
3.	1236642	ABBATEMARCO, Cristina	41	SALESTRA	1:35.58	48.58			1:35.58	8,00
	50m:	47.00	47.00	100m:						
4.	1250481	MENDEZ ABELAIRA, Jessica	43	C. N. Valdeorras	2:44.91	1:28.09			2:44.91	7,00
	50m:	1:16.82	1:16.82	100m:						

45+

1.	1143894	DE LORENZO FERNANDEZ, Maria	47	ESCUALOS	1:37.82	49.53			1:37.82	13,00
	50m:	48.29	48.29	100m:						
2.	1264733	GOMEZ PAREDES, Maria	49	FLUVIAL	1:41.15	53.70			1:41.15	10,00
	50m:	47.45	47.45	100m:						
3.	1253190	GARCÍA NAVAS, Carolina	46	MULLEREF	1:56.42	1:01.35			1:56.42	8,00
	50m:	55.07	55.07	100m:						
4.	1250484	VAZQUEZ GONZALEZ, Yolanda	49	C. N. Valdeorras	2:26.40	1:14.77			2:26.40	7,00
	50m:	1:11.63	1:11.63	100m:						

50+

1.	1228008	OJEA DE CASTRO, Macarena	52	PORTAMIÑA	1:28.53	44.80			1:28.53	13,00
	50m:	43.73	43.73	100m:						
2.	1076524	SOSA CARNEIRO, Rosana	54	CNMOS	1:43.38	52.91			1:43.38	10,00
	50m:	50.47	50.47	100m:						

Baja	1217442	VILLASANTE ARMAS, Maria Rosa	50	NCORUÑA					-	
Baja	1145023	SALES MANTIÑAN, Carmen	51	SCASINO					-	

Prueba 10, Fem., 100m Espalda

55+

1.	1038729 DEL AMO BLANCO, Margarita	58	PONTEAREAS	1:44.75	13,00
	50m: 50.99 50.99 100m: 1:44.75 53.76				
2.	1174378 PAZOS SOAGE, Paloma	55	C. N. Máster Pons Vetus	2:05.36	10,00
	50m: 57.30 57.30 100m: 2:05.36 1:08.06				
3.	1144696 SEARA JALON, Monica	55	POURENSE	2:19.09	8,00
	50m: 1:07.43 1:07.43 100m: 2:19.09 1:11.66				
4.	1143584 FERNANDEZ SESTELO, Maria Jose	55	PONTEAREAS	2:28.44	7,00
	50m: 1:12.83 1:12.83 100m: 2:28.44 1:15.61				

60+

1.	1079307 CHAMOSA MARTIN, Julia	64	RIASBAIXAS	1:39.42	13,00
	50m: 49.04 49.04 100m: 1:39.42 50.38				
2.	1076506 MARTY PAZOS, Maria Victoria	60	TRAVIESAS	2:02.14	10,00
	50m: 1:01.31 1:01.31 100m: 2:02.14 1:00.83				
3.	1145099 LOPEZ MAHIA, Purificacion	62	HERCULES	2:13.67	8,00
	50m: 1:04.67 1:04.67 100m: 2:13.67 1:09.00				
4.	1143893 REBOREDAS MORILLO, Susana	63	ESCUALOS	2:26.61	7,00
	50m: 1:13.00 1:13.00 100m: 2:26.61 1:13.61				

65+

1.	1141154 CELEMIN PORRERO, Maria Teresa	66	CIDSANTIAG	2:05.04	13,00
	50m: 59.16 59.16 100m: 2:05.04 1:05.88				
2.	1143622 OTERO LOPEZ, Maria Elisa	65	POURENSE	2:13.39	10,00
	50m: 1:06.80 1:06.80 100m: 2:13.39 1:06.59				
3.	1075765 FERNANDEZ FERNANDEZ, Maria Tere	69	MULLEREF	2:59.70	8,00
	50m: 1:34.88 1:34.88 100m: 2:59.70 1:24.82				

70+

1.	1208789 MAROTO REGLERO, Maria Consuelo	73	TRAVIESAS	2:55.79	13,00
	50m: 1:23.04 1:23.04 100m: 2:55.79 1:32.75				

75+

1.	1076482 GONZALEZ RODRIGUEZ, S. Marta	79	PONTEAREAS	3:18.55	13,00
	50m: 1:35.26 1:35.26 100m: 3:18.55 1:43.29				

Prueba 11
11/01/2025

Masc., 100m Espalda

2005 y mayores
Resultados

Clasificación				Edad			Tiempo	Puntos
25+								
1.	1087073	QUIROGA RAMOS, Noel	25	POURENSE			1:00.90	13,00 RG
		50m: 29.78 29.78 100m: 1:00.90 31.12						
2.	1130804	CASTRO RODRIGUEZ, Francisco	25	CIDSANTIAG			1:07.02	10,00
		50m: 33.12 33.12 100m: 1:07.02 33.90						
3.	1039755	RIVAS MACEIRAS, Isaac	26	NCORUÑA			1:07.68	8,00
		50m: 33.04 33.04 100m: 1:07.68 34.64						
4.	1037192	FERRO SANTOS, JUAN MANUEL,	25	XOVE			1:09.85	7,00
		50m: 32.83 32.83 100m: 1:09.85 37.02						
5.	1267370	ALVAREZ PRESA, Samuel	25	PONTEAREAS			1:37.39	6,00
		50m: 46.69 46.69 100m: 1:37.39 50.70						
30+								
1.	1107418	LAGO LOPEZ, Diego	34	NCORUÑA			1:06.71	13,00
		50m: 32.60 32.60 100m: 1:06.71 34.11						
2.	1038638	CASTRO VILLAR, David	34	CDELMAR			1:08.47	10,00
		50m: 32.92 32.92 100m: 1:08.47 35.55						
3.	1256973	PENIDE CALVO, Gabriel	32	RIASBAIXAS			1:27.65	8,00
		50m: 41.77 41.77 100m: 1:27.65 45.88						
35+								
1.	1089000	TABOADA VILA, Alberto	38	POURENSE			1:01.41	13,00
		50m: 30.01 30.01 100m: 1:01.41 31.40						
2.	1185622	DÍAZ RODRÍGUEZ, Andrés	36	NTNARON			1:13.28	10,00
		50m: 35.86 35.86 100m: 1:13.28 37.42						
3.	1226258	BERNARDEZ FERRO, Juan Jose	38	CIDSANTIAG			1:13.31	8,00
		50m: 35.89 35.89 100m: 1:13.31 37.42						
4.	1097263	LAMEIRO SEOANE, Javier	38	HERCULES			1:25.69	7,00
		50m: 42.10 42.10 100m: 1:25.69 43.59						
5.	1217936	PASCUAL DE PEDRO, Jorge	39	PONTEAREAS			1:34.06	6,00
		50m: 46.03 46.03 100m: 1:34.06 48.03						
6.	1178928	FIDALGO SERRANO, Guillermo	39	TRAVIESAS			1:37.13	5,00
		50m: 48.90 48.90 100m: 1:37.13 48.23						

Prueba 11, Masc., 100m Espalda

40+

1.	1190909	CARBALLA BARROSO, Rogelio Manue	44	CIDSANTIAG	1:22.60	13,00
	50m:	38.59	38.59	100m:	1:22.60	44.01
2.	1036745	BARCIA SIXTO, Francisco José	40	NTNARON	1:26.36	10,00
	50m:	43.14	43.14	100m:	1:26.36	43.22
3.	1170841	BASTIDA CAMPOS, Alejandro	43	SALESTRA	1:26.75	8,00
	50m:	43.10	43.10	100m:	1:26.75	43.65
4.	1107557	MELLA BARBEITO, Javier	42	ARTEIXO	1:44.70	7,00
	50m:	49.47	49.47	100m:	1:44.70	55.23
5.	1198878	MUINELO LORENZO, Manuel	44	PORTAMIÑA	1:47.93	6,00
	50m:	50.69	50.69	100m:	1:47.93	57.24
6.	1239346	CASTIÑEIRAS ACUÑA, Miguel Angel	44	GALAICO	1:53.58	5,00
	50m:	56.88	56.88	100m:	1:53.58	56.70

45+

1.	1118746	SANCHEZ GORDON, Roman	47	RIASBAIXAS	1:10.69	13,00
	50m:	34.60	34.60	100m:	1:10.69	36.09
2.	1205935	GUIRADO CARABEL, Oscar	49	CULLEREDO	1:14.96	10,00
	50m:	36.30	36.30	100m:	1:14.96	38.66
3.	1075217	ESPINOSA MIRA, Jorge	47	C. N. Valdeorras	1:15.46	8,00
	50m:	36.45	36.45	100m:	1:15.46	39.01
4.	1078611	MARTIN MONTERO, Manuel Jose	48	ARTEIXO	1:24.91	7,00
	50m:	41.41	41.41	100m:	1:24.91	43.50
5.	1143895	PADIN CHARLIN, Joaquin	45	ESCUALOS	1:25.37	6,00
	50m:	42.06	42.06	100m:	1:25.37	43.31
6.	1079491	GOMEZ MARTIN, Ruben	47	FLUVIAL	1:30.27	5,00
	50m:	43.96	43.96	100m:	1:30.27	46.31
7.	1096414	ALIAGA SOLA, Alberto	48	PONTEAREAS	1:34.46	4,00
	50m:	45.80	45.80	100m:	1:34.46	48.66
8.	1127402	PEXEGUEIRO BALADRON, Nicolas	48	CNMOS	1:37.77	3,00
	50m:	46.56	46.56	100m:	1:37.77	51.21

Baja	1267355	TORRES NEIRA, Mateo	46	SCASINO	-	-
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50+

1.	1075601	MOURIZ LOMBAO, Fco. Javier	50	PORTAMIÑA	1:16.19	13,00
	50m:	37.00	37.00	100m:	1:16.19	39.19
2.	1144601	PUENTE DÍAZ, Javier	54	CIDSANTIAG	1:20.94	10,00
	50m:	39.48	39.48	100m:	1:20.94	41.46
3.	1255450	RODRÍGUEZ RODRÍGUEZ, Santiago	53	CIDSANTIAG	1:22.53	8,00
	50m:	40.53	40.53	100m:	1:22.53	42.00

Splash Meet Manager, 11.80519

Registered to Galicia

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Prueba 11, Masc., 100m Espalda, 50+

Clasificación					Edad			Tiempo	Puntos
4.	1180192	SAAVEDRA GONZÁLEZ, Raul	52	HERCULES				1:24.47	7,00
	50m:	41.13	41.13	100m:	1:24.47	43.34			
5.	1076538	FUENTES FERNANDEZ, Eugenio	53	RIASBAIXAS				1:26.16	6,00
	50m:	42.42	42.42	100m:	1:26.16	43.74			
6.	1076535	DE LUIS GONZÁLEZ, Aitor	51	PORTAMIÑA				1:30.15	5,00
	50m:	44.84	44.84	100m:	1:30.15	45.31			
7.	1244388	DIEZ RODRIGUEZ, Ignacio J.	53	PORTAMIÑA				1:41.85	4,00
	50m:	48.96	48.96	100m:	1:41.85	52.89			
8.	1180236	DE LA VEGA GÁNDARAS, Felipe	52	HERCULES				1:49.92	3,00
	50m:	53.66	53.66	100m:	1:49.92	56.26			
DSQ	1267343	ALVAREZ DE SOTOMAYOR PUIGNAIF51, J. NCORUÑA							-
		<i>Nado irregular</i>							
Baja	1143850	IGLESIAS MIRA, Felipe	51	POURENSE					-
55+									
1.	1195569	PEREZ LEIVA, Manuel	57	RIASBAIXAS				1:37.99	13,00
	50m:	47.60	47.60	100m:	1:37.99	50.39			
2.	1057905	GURIDI HUERTA, Jesus M.	57	FLUVIAL				1:47.55	10,00
	50m:	52.23	52.23	100m:	1:47.55	55.32			
60+									
1.	1076250	BETHENCOURT IGLESIAS, Sergio	62	CIDSANTIAG				1:30.29	13,00
	50m:	44.54	44.54	100m:	1:30.29	45.75			
Baja	1076173	FERNANDEZ NUÑEZ, Santiago	62	CIDSANTIAG					-
65+									
1.	1170858	CODESIDO LOPEZ, José	66	CIDSANTIAG				1:28.25	13,00
	50m:	42.75	42.75	100m:	1:28.25	45.50			
2.	1075185	YAÑEZ WONENBURGER, Juan Carlos	66	HERCULES				1:33.42	10,00
	50m:	46.16	46.16	100m:	1:33.42	47.26			
70+									
1.	1075177	LOPEZ VIDAL, Antonio	73	GALAICO				2:27.49	13,00
	50m:	1:10.56	1:10.56	100m:	2:27.49	1:16.93			
2.	1076489	VIRUEL RODRÍGUEZ, Diego	73	TRAVIESAS				2:45.31	10,00
	50m:	1:21.70	1:21.70	100m:	2:45.31	1:23.61			

Prueba 11, Masc., 100m Espalda

75+

1.	1076487	RODRIGUEZ LEMOS, Andres Jesus	76	CNMOS	1:58.93	13,00
	50m:	58.95	58.95	100m:	1:58.93	59.98
Baja	1076488	MONROY FERNÁNDEZ, Manuel	75	PONTEAREAS		-

Prueba 12
11/01/2025

Fem., 50m Libre

2005 y mayores
Resultados

Clasificación			Edad		Tiempo	Puntos
20+						
1.	1037951	SOILAN FERNANDEZ, Raquel	24	C. N. As Meigas	29.38	13,00
2.	1037966	FERNANDEZ PARDO, Irene	24	PONTEAREAS	30.21	10,00
3.	1076336	BLANCO PEREZ, Laura	21	PONTEAREAS	31.75	8,00
4.	1079203	DURAN PALEO, Sabela	20	C. N. As Meigas	32.92	7,00
5.	1199453	FILGUEIRAS OLMO, Helena	21	PORTAMIÑA	33.15	6,00
6.	1143380	SUAREZ GARCIA, Marta	22	RIASBAIXAS	36.56	5,00
25+						
1.	1038608	SUAREZ GARCIA, Sofia	28	RIASBAIXAS	32.60	13,00
2.	1115644	FERNÁNDEZ JUAN, María	27	CIDSANTIAG	32.95	10,00
3.	1041218	ISASTI OTERO, Nerea	28	XOVE	34.69	8,00
4.	1249230	MIRAS VAZQUEZ, Irene	28	CIDSANTIAG	35.49	7,00
5.	1266318	GORDILLO VAN GILS, Silvia	29	NTNARON	35.74	6,00
6.	1038466	RODRIGUEZ PAZ, Lucia	25	PONTEAREAS	37.45	5,00
7.	1263196	CASTRO BLANCO, Brenda	25	ESCUALOS	42.62	4,00
30+						
1.	1256967	DEL RIO REGUEIRA, Sara	34	NCORUÑA	29.31	13,00
2.	1257417	ALONSO GONZALEZ, Ines	33	CNMOS	36.24	10,00
3.	1143565	ARAÚJO CASTRO, Paula	34	CDELMAR	36.94	8,00
4.	1266328	PEREIRA FERNÁNDEZ, Patricia	33	PONTEAREAS	41.77	7,00
5.	1215890	FERNANDEZ PARADA, Clara	32	POURENSE	1:03.53	6,00
Baja	1266325	BARBOSA FERNÁNDEZ, Tania	34	PONTEAREAS		-
35+						
1.	1127407	GONZÁLEZ RIVAS, Sara	36	ARTEIXO	30.19	13,00
2.	1084711	DOPEREIRO GARCIA, Alba	35	NCORUÑA	31.33	10,00
3.	1028641	OTERO RODRIGUEZ, Sandra	38	ESCUALOS	31.94	8,00
4.	1267367	VYNOHRADOVA, Kateryna	39	GALAICO	34.45	7,00
5.	1129917	MURAS MORA, Andrea	36	CIDSANTIAG	37.37	6,00
6.	1129954	GONZALEZ GARCIA, Covadonga	36	GALAICO	41.95	5,00
7.	1040100	CALVO RODRÍGUEZ, María	38	NTNARON	45.47	4,00
8.	1260385	CASTRO MAYO, Joana	35	C. N. As Meigas	51.63	3,00
Baja	1226235	EIRIS CASTRO, Andrea	35	ADFOGAR		-
Baja	1228002	PELETEIRO FRANCO, Angela Maria	36	CIDSANTIAG		-

Prueba 12, Fem., 50m Libre

40+

1.	1013486	GONZALEZ RODRIGUEZ, Maria	43	CIDSANTIAG	30.42	13,00	RG
2.	1144270	ROZADOS LUIS, Adriana	40	SALESTRA	32.20	10,00	
3.	1075843	GONZALEZ FERNANDEZ, Leticia	43	XOVE	34.86	8,00	
4.	1236642	ABBATEMARCO, Cristina	41	SALESTRA	35.14	7,00	
5.	1075225	SOUTO DERUNGS, Cristina	40	NFERROL	35.31	6,00	
6.	1251885	SUAREZ BUJAN, Rebeca	42	CIDSANTIAG	35.81	5,00	
7.	1222531	FERNANDEZ GONZALEZ, Iria	43	PORTAMIÑA	37.28	4,00	
8.	1144598	OLMO VAQUEIRO, Leticia	44	PONTEAREAS	39.97	3,00	
9.	1253681	LATA NUÑEZ, Diana	40	NTNARON	41.38	2,00	
10.	1205838	LOPEZ GARCIA, Sandra	44	NTNARON	42.72	1,00	
11.	1243198	MARTIN VILAS, Maria Jesus	43	C. N. Ordes	44.83	-	

45+

1.	1244421	DE MARTIN MIGUEL, Ana Asunción	45	ESCUALOS	34.93	13,00	
2.	1221213	CAGIAO RODRIGUEZ, Natalia	47	SCASINO	36.68	10,00	
3.	1178771	BESADA FERNÁNDEZ, Ana M.	47	PONTEAREAS	44.91	8,00	
4.	1253184	ABELLEIRA CORRAL, Gema	45	MULLEREF	50.04	7,00	
DSQ	1264733	GOMEZ PAREDES, Maria	49	FLUVIAL		-	
<i>Descalificado</i>							

50+

1.	1040944	VARELA REDONDO, Veronica	50	PONTEAREAS	36.05	13,00	
2.	1232962	JARDON GONZALEZ, Helena	54	PONTEAREAS	40.11	10,00	
3.	1075503	DE LA MONTAÑA ALCANTARA, Gloria	52	RSDH	40.56	8,00	
4.	1246140	MARIÑO PAZ, Eva Maria	51	C. N. Máster Pons Vetus	43.65	7,00	
5.	1144695	RODRIGUEZ LOPEZ, Rosa Maria	50	POURENSE	47.36	6,00	
Baja	1193540	DIAZ PARDO, Nuria M	50	PORTAMIÑA		-	
Baja	1145023	SALES MANTIÑAN, Carmen	51	SCASINO		-	

55+

1.	1075200	JIMENEZ PEREZ, Victoria	56	NFERROL	38.92	13,00	
2.	1141128	LLEVOT SANCHEZ, Ana Isabel	55	C. N. Máster Pons Vetus	39.27	10,00	
3.	1037939	CASTRO MAESTRE, Isaura	56	FLUVIAL	39.39	8,00	
4.	1037970	CALVIÑO CANCELA, Maria Cristina	57	PONTEAREAS	41.26	7,00	
5.	1264777	GONZÁLEZ ALCARAZ, Glenda Teresa	55	MULLEREF	41.53	6,00	
6.	1174378	PAZOS SOAGE, Paloma	55	C. N. Máster Pons Vetus	43.01	5,00	
7.	1267371	FORRYAN SECCOMBE, Anne May	59	PONTEAREAS	52.96	4,00	
8.	1144696	SEARA JALON, Monica	55	POURENSE	1:00.18	3,00	
9.	1264776	FERNÁNDEZ COPA, María Susana	58	MULLEREF	1:02.31	2,00	
Baja	1264754	RODRIGUEZ PANTIN, Marta Maria	59	HERCULES		-	

Prueba 12, Fem., 50m Libre

60+

1.	1144331	TERCEIRO DELGADO, María Del Mar	62	CDELMAR	34.07	13,00
2.	1079307	CHAMOSA MARTIN, Julia	64	RIASBAIXAS	38.38	10,00
3.	1079968	CHUB SAVCHENKO, Lyudmyla	60	GALAICO	49.46	8,00
4.	1253458	IGNACIO QUINTEIRO, Maria Del Carme	60	C. N. Máster Pons Vetus	49.56	7,00
5.	1260384	CAL FERNÁNDEZ, Mónica Catalina	61	C. N. As Meigas	55.30	6,00
DSQ	1144231	PEREZ GALLARDO, Teresa	61	POURENSE		-

Salida anticipada

65+

1.	1037151	GOMEZ DOVAL, Maria Angela	69	FLUVIAL	56.17	13,00
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70+

1.	1076490	GONZALEZ-ALEGRE BURGUEÑO, A.	73	TRAVIESAS	47.38	13,00
2.	1036752	BAGLIETTO MILLAN, M. Dolores	73	C. N. Máster Pons Vetus	53.50	10,00
3.	1208789	MAROTO REGLERO, Maria Consuelo	73	TRAVIESAS	1:00.11	8,00

75+

1.	1076482	GONZALEZ RODRIGUEZ, S. Marta	79	PONTEAREAS	1:27.82	13,00
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Prueba 13
11/01/2025

Masc., 50m Libre

2005 y mayores
Resultados

Clasificación			Edad		Tiempo	Puntos
20+						
1.	1076409	CANCELA GOMEZ, Hugo	22	PONTEAREAS	26.33	13,00
2.	1068314	MARTINEZ MARTINEZ, Marcos	22	PONTEAREAS	26.50	10,00
3.	1135986	CASARES GARCIA, Brais	21	PONTEAREAS	27.38	8,00
4.	1023017	CARRIL SOUTO, Javier	22	ARTEIXO	28.53	7,00
5.	1135985	CASARES GARCIA, Adrian	22	PONTEAREAS	30.24	6,00
Baja	1040558	PONTON RODRIGUEZ, Juan	23	MONFORTE	-	-
Baja	1266300	ARANDA FERNANDEZ, Anton	21	POURENSE	-	-
25+						
1.	1110128	CAMINO PARDO, Rodrigo	25	NCORUÑA	25.33	13,00
2.	1037192	FERRO SANTOS, JUAN MANUEL,	25	XOVE	27.31	10,00
3.	1037180	CARRERA COSTAS, Martin	29	PONTEAREAS	27.67	8,00
4.	1061561	INCUTTI TELLADO, Denis	25	PONTEAREAS	30.58	7,00
5.	1267370	ALVAREZ PRESA, Samuel	25	PONTEAREAS	37.13	6,00
DSQ	1039270	TRILLO RODRIGUEZ, Adrian	28	CNMOS	-	-
		<i>Salida anticipada</i>				
Baja	1078716	HERMIDA RAMOS, Raul	25	NTNARON	-	-
30+						
1.	1099306	ORTIZ ANEIROS, Lorenzo	30	NTNARON	24.33	13,00
2.	1110674	BORRAZAS RUMBO, Manuel	32	NCORUÑA	25.52	10,00
3.	1040484	ISASTI OTERO, Patxi	30	XOVE	26.80	8,00
4.	1037824	FREIRE GONZALEZ, Javier	32	RIASBAIXAS	28.55	7,00
5.	1178769	RODRÍGUEZ GONZÁLEZ, Antonio Joaqu	34	NFERROL	28.56	6,00
6.	1251210	ANDRES DUASO, Olmo	32	ARTEIXO	29.66	5,00
7.	1252298	SANMARTIN GARCÍA, Jorge	34	NTNARON	30.51	4,00
8.	1260387	GARCÍA ARCE, Gonzalo	34	C. N. As Meigas	34.42	3,00
9.	1207051	LAVIA PINTOS, David	32	C. N. Máster Pons Vetus	34.64	2,00
DSQ	1264780	CEDIEL SANDE, Johann Sebastian	34	C. N. As Meigas	-	-
		<i>Salida anticipada</i>				
35+						
1.	1078993	LOBELLE GONZALEZ, Ivan	36	CDELMAR	23.74	13,00 RG
2.	1143515	BLANCO PEREZ, Jesus	39	NTNARON	27.83	10,00
3.	1144194	TELLA FERREIRO, Miguel	37	C. N. Ordes	28.21	8,00
4.	1226258	BERNARDEZ FERRO, Juan Jose	38	CIDSANTIAG	29.80	7,00
5.	1023057	PEREZ VAZQUEZ, Telmo	37	NTNARON	30.10	6,00
6.	1249163	BELLO PORTO, David	35	NCORUÑA	30.71	5,00
7.	1236854	GIRALDEZ VILLANUEVA, Ivan	38	PONTEAREAS	49.21	4,00

Splash Meet Manager, 11.80519

Registered to Galicia

12/01/2025 15:10 - Página 1



Prueba 13, Masc., 50m Libre

40+

1.	1107942	GARCIA RODRIGUEZ, Sergio	44	HERCULES	26.78	13,00
2.	1228089	MERA MONTECELOS, Pablo	42	HERCULES	27.33	10,00
3.	1084043	PIÑEIRO PEON, Antonio	41	CIDSANTIAG	27.78	8,00
4.	1218108	IGLESIAS LAPIDO, Miguel	40	FLUVIAL	28.36	7,00
5.	1203519	KRUGLOV, Mykola	40	ESCUALOS	29.35	6,00
6.	1144584	ALVAREZ SILVA, Ruben	44	ESCUALOS	29.53	5,00
7.	1144946	RODRIGUEZ GARCIA, Jose Bernardo	42	RIASBAIXAS	32.26	4,00
8.	1230338	MUIÑO REY, Daniel	41	NFERROL	32.30	3,00
9.	1190909	CARBALLA BARROSO, Rogelio Manue	44	CIDSANTIAG	33.66	2,00
10.	1238132	FIDALGO SERRANO, Manuel A.	44	TRAVIESAS	37.47	1,00
Baja	1020991	FERNANDEZ MONTEAGUDO, Ruben	40	CIDSANTIAG		-

45+

1.	1024675	IGLESIAS GOMEZ, Gonzalo	46	CIDSANTIAG	27.99	13,00
2.	1205935	GUIRADO CARABEL, Oscar	49	CULLEREDO	28.50	10,00
3.	1143662	BALSA MOSQUERA, Pablo	47	NTNARON	30.29	8,00
4.	1090758	IGLESIAS FUERTES, Abel	46	ESCUALOS	30.99	7,00
5.	1078611	MARTIN MONTERO, Manuel Jose	48	ARTEIXO	31.40	6,00
6.	1192271	MOURIÑO FORTES, Victor Manuel	48	PONTEAREAS	31.65	5,00
7.	1198273	MONTERO PRIETO, Carlos Eugenio	47	CIDSANTIAG	32.17	4,00
8.	1144181	PEREZ CARRERA, Elias	46	RIASBAIXAS	32.25	3,00
9.	1254829	FARIAS FORNEIRO, Patricio Cruz	48	FLUVIAL	34.67	2,00
10.	1235958	BRIOSO DÍAZ, Manuel	48	REDONDELA	38.60	1,00
Baja	1267355	TORRES NEIRA, Mateo	46	SCASINO		-

50+

1.	1243174	SONEIRA REBOREDO, Oscar	50	CIDSANTIAG	27.59	13,00
2.	1264722	BALDOMAR OBELLEIRA, Ruben	51	NCORUÑA	29.44	10,00
3.	1146934	DIEGUEZ ARANDA, Hector	52	PORTAMIÑA	29.48	8,00
4.	1251882	IGLESIAS CARRERA, Pio	52	CIDSANTIAG	29.50	7,00
5.	1084040	GARCIA CASTIÑEIRA, Daniel	51	CIDSANTIAG	31.05	6,00
6.	1127349	SOBRINO EIRIZ, Manuel	50	PONTEAREAS	33.71	5,00
7.	1268047	CUETO ALVAREZ, Elias	50	CIDSANTIAG	34.18	4,00
8.	1147211	BLANCO HORTAS, Jose Ramon	51	PORTAMIÑA	35.30	3,00
9.	1079478	GONZÁLEZ PEREIRA, J. Carlos	50	GALAICO	37.50	2,00
10.	1253457	IGLESIAS FERREIRO, Juan Carlos	54	C. N. Máster Pons Vetus	49.07	1,00

Prueba 13, Masc., 50m Libre

55+

1.	1175089	NISTAL GARCÍA, Eduardo	57	SCASINO	32.24	13,00
2.	1266323	MILLÁN ALONSO, Rubén	55	TRAVIESAS	32.63	10,00
3.	1143575	FERREIRA GONZALEZ, Xose Anxo	59	REDONDELA	33.25	8,00
4.	1199641	COUCEIRO SANCHEZ, Gonzalo	59	SCASINO	34.10	7,00
5.	1253683	GESTOSO PAZO, Juan Francisco	58	SALESTRA	35.93	6,00
6.	1228047	PEREZ GARCIA, Manuel	58	CULLEREDO	38.59	5,00
7.	1236643	MAGARIÑOS MACEIRAS, Xose	57	SALESTRA	42.78	4,00

60+

1.	1105220	GARCIA RIÑON, Jaime	61	NCORUÑA	29.79	13,00
2.	1078802	CEGARRA GARCIA, Eugenio	61	RSDH	35.30	10,00
3.	1040281	MARTINEZ BERJANO, Jose Manuel	62	MONFORTE	35.52	8,00
4.	1143536	BLANCO PEREZ, Angel	61	POURENSE	38.25	7,00
5.	1076514	LAGO REY, Jose Manuel	62	RIASBAIXAS	57.91	6,00
Baja	1250479	ROMERO PENA, Juan Ramon	62	HERCULES		-

65+

1.	1174449	FERNANDEZ ARRUTI, Jose Angel	66	CIDSANTIAG	33.18	13,00
2.	1141150	RODRIGUEZ VIEITO, Ricardo M.	68	CNMOS	37.61	10,00
3.	1144180	SEGUÍN CID, Severino	66	TRAVIESAS	42.50	8,00

70+

1.	1048954	BORDALLO CORTINA, Fernando	71	HERCULES	32.89	13,00 RG
2.	1075764	NOVOA GONZALEZ, Edmundo	73	HERCULES	40.28	10,00
3.	1240096	IVANCHENKO, Yurii	72	POURENSE	40.48	8,00

75+

Baja	1076488	MONROY FERNÁNDEZ, Manuel	75	PONTEAREAS		-
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85+

1.	1143727	FOLCH MALLOFRE, Ramon	88	ARTEIXO	54.01	13,00
2.	1143430	ARAUJO DOMINGUEZ, Francisco	85	PONTEAREAS	1:23.16	10,00

Prueba 14
11/01/2025

Fem., 200m Estilos

2005 y mayores
Resultados

Clasificación	Edad								Tiempo	Puntos
20+										
1.	1076318	LEMONS FERNANDEZ, Zaira				23	PONTEAREAS		2:55.00	13,00
	50m:	34.06	34.06	100m:	1:20.07	46.01	150m:	2:14.92	54.85	200m: 2:55.00 40.08
25+										
1.	1108273	SUAREZ GONZALEZ, Gracia				25	PONTEAREAS		2:29.48	13,00 RG
	50m:	31.95	31.95	100m:	1:10.66	38.71	150m:	1:56.10	45.44	200m: 2:29.48 33.38
2.	1130789	GARCIA MIGUEZ, Rosalia				27	CIDSANTIAG		2:45.38	10,00
	50m:	35.21	35.21	100m:	1:17.93	42.72	150m:	2:07.19	49.26	200m: 2:45.38 38.19
3.	1037836	VEIGA RODRIGUEZ, Rosalia				26	NCORUÑA		2:49.39	8,00
	50m:	38.40	38.40	100m:	1:24.04	45.64	150m:	2:08.60	44.56	200m: 2:49.39 40.79
30+										
1.	1093459	FRANCO CAL, Alba				34	C. N. As Meigas		2:27.77	13,00 RG
	50m:	30.50	30.50	100m:	1:09.01	38.51	150m:	1:52.03	43.02	200m: 2:27.77 35.74
2.	1116506	RAMOS LOBO, Raquel				32	PORTAMIÑA		2:46.93	10,00
	50m:	36.88	36.88	100m:	1:19.63	42.75	150m:	2:08.80	49.17	200m: 2:46.93 38.13
35+										
1.	1084714	BUGALLO PÉREZ, Estíbaliz				35	GALAICO		2:40.57	13,00 RG
	50m:	35.80	35.80	100m:	1:17.19	41.39	150m:	2:03.46	46.27	200m: 2:40.57 37.11
2.	1212097	LOUREIRO AMOR, Belen Martina				37	NTNARON		2:43.46	10,00
	50m:	33.89	33.89	100m:	1:14.90	41.01	150m:	2:04.66	49.76	200m: 2:43.46 38.80
3.	1144948	GONZALEZ PEREZ, Jessica				38	RIASBAIXAS		3:19.46	8,00
	50m:	46.62	46.62	100m:	1:37.20	50.58	150m:	2:34.11	56.91	200m: 3:19.46 45.35
4.	1250482	RODRIGUEZ DE DIOS, Amparo				38	C. N. Valdeorras		3:39.00	7,00
	50m:	51.72	51.72	100m:	1:46.92	55.20	150m:	2:51.01	1:04.09	200m: 3:39.00 47.99
5.	1036315	LOPEZ CORTABITARTE, Belen				38	SCASINO		3:45.27	6,00
	50m:	56.22	56.22	100m:	1:54.20	57.98	150m:	2:54.50	1:00.30	200m: 3:45.27 50.77
40+										
1.	1075221	HERMIDA RODRIGUEZ, Blanca				44	NFERROL		2:41.35	13,00 RG
	50m:	34.34	34.34	100m:	1:17.04	42.70	150m:	2:04.93	47.89	200m: 2:41.35 36.42
Baja	1203741	QUEREDA RODRIGUEZ, Almudena				40	LICEO			-

Prueba 14, Fem., 200m Estilos

45+

1.	1250484	VAZQUEZ GONZALEZ, Yolanda	49	C. N. Valdeorras	5:36.33	13,00
	50m:	1:23.14	1:23.14	100m:	2:49.50	1:26.36
	150m:	4:31.33	1:41.83	200m:	5:36.33	1:05.00

50+

Baja	1172138	ROIG SANCHEZ, Blanca Ana	51	RIASBAIXAS	-
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55+

1.	1197600	SANDERSON KEOUGH, Helen Jane	55	CULLEREDO	3:26.45	13,00
	50m:	45.55	45.55	100m:	1:38.95	53.40
	150m:	2:37.13	58.18	200m:	3:26.45	49.32
2.	1145007	MELON PARENTE, M. Lourdes	56	PONTEAREAS	5:56.45	10,00
	50m:	1:29.84	1:29.84	100m:	3:09.29	1:39.45
	150m:	4:48.05	1:38.76	200m:	5:56.45	1:08.40

DSQ	1037939	CASTRO MAESTRE, Isaura	56	FLUVIAL	-
		<i>Nado irregular</i>			

60+

1.	1076172	GARCIA COLOMO, Maria Cristina	63	POURENSE	3:32.32	13,00
	50m:	47.26	47.26	100m:	1:42.57	55.31
	150m:	2:46.86	1:04.29	200m:	3:32.32	45.46

Prueba 15
11/01/2025

Masc., 200m Estilos

2005 y mayores
Resultados

Clasificación					Edad					Tiempo	Puntos
20+											
1.	1142991	PEREZ PAZ, Dario	20	PONTEAREAS						2:19.84	13,00
	50m:	29.74	29.74	100m:	1:07.43	37.69	150m:	1:48.31	40.88	200m:	2:19.84 31.53
25+											
1.	1144193	PASTORIZA SANTACLARA, Jorge	28	RIASBAIXAS						2:18.33	13,00
	50m:	30.36	30.36	100m:	1:05.70	35.34	150m:	1:45.78	40.08	200m:	2:18.33 32.55
30+											
1.	1130602	TENORIO FREIRE, Martin	33	CIDSANTIAG						2:22.12	13,00
	50m:	29.92	29.92	100m:	1:08.09	38.17	150m:	1:48.99	40.90	200m:	2:22.12 33.13
2.	1093458	MUIÑO ALONSO, Anton	31	NCORUÑA						2:28.91	10,00
	50m:	30.23	30.23	100m:	1:09.51	39.28	150m:	1:53.89	44.38	200m:	2:28.91 35.02
3.	1076271	NOVALES BLANCO, Xabier	34	RIASBAIXAS						3:07.77	8,00
	50m:	39.72	39.72	100m:	1:34.41	54.69	150m:	2:26.82	52.41	200m:	3:07.77 40.95
35+											
1.	1076287	PAZOS ALONSO, Josue	39	ESCUALOS						2:35.01	13,00
	50m:	33.62	33.62	100m:	1:16.19	42.57	150m:	1:58.56	42.37	200m:	2:35.01 36.45
2.	1199549	MARTINEZ DOPAZO, David	38	CIDSANTIAG						2:35.98	10,00
	50m:	33.20	33.20	100m:	1:15.18	41.98	150m:	1:58.18	43.00	200m:	2:35.98 37.80
3.	1097263	LAMEIRO SEOANE, Javier	38	HERCULES						2:59.14	8,00
	50m:	38.93	38.93	100m:	1:27.91	48.98	150m:	2:20.41	52.50	200m:	2:59.14 38.73
40+											
1.	1141151	CALLE FACAL, Telmo	42	CIDSANTIAG						2:26.96	13,00
	50m:	31.32	31.32	100m:	1:09.26	37.94	150m:	1:52.00	42.74	200m:	2:26.96 34.96
2.	1240331	DE LORENZO FERNÁNDEZ, Javier	44	ESCUALOS						3:03.83	10,00
	50m:	39.66	39.66	100m:	1:26.43	46.77	150m:	2:20.99	54.56	200m:	3:03.83 42.84
3.	1199899	DOMINGUEZ PHILOCREON, Ticiano	44	CIDSANTIAG						3:04.21	8,00
	50m:	36.66	36.66	100m:	1:28.75	52.09	150m:	2:22.48	53.73	200m:	3:04.21 41.73
4.	1076282	CARRERA COSTAS, Andres	43	PONTEAREAS						3:31.10	7,00
	50m:	47.09	47.09	100m:	1:44.77	57.68	150m:	2:39.68	54.91	200m:	3:31.10 51.42

Splash Meet Manager, 11.80519

Registered to Galicia

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Prueba 15, Masc., 200m Estilos

45+

1.	1076560	EIRIZ DIEGUEZ, Daniel	47	CNMOS	2:32.54	13,00
	50m:	31.75 31.75 100m: 1:11.99	40.24	150m: 1:55.93 43.94	200m: 2:32.54	36.61
2.	1144267	FINS SEOANE, Juan Miguel	48	SALESTRA	2:42.73	10,00
	50m:	33.38 33.38 100m: 1:16.48	43.10	150m: 2:04.05 47.57	200m: 2:42.73	38.68
3.	1006004	GUIMAREY VAZQUEZ, Marcos	48	PORTAMIÑA	2:47.18	8,00
	50m:	33.33 33.33 100m: 1:19.79	46.46	150m: 2:07.88 48.09	200m: 2:47.18	39.30
4.	1038913	SUAREZ GARCIA, Pedro Lois	45	PONTEAREAS	3:29.80	7,00
	50m:	47.99 47.99 100m: 1:44.58	56.59	150m: 2:40.97 56.39	200m: 3:29.80	48.83
5.	1190398	FERNANDEZ CORRAL, Marcos	46	PORTAMIÑA	4:21.29	6,00
	50m:	56.91 56.91 100m: 2:10.99 1:14.08		150m: 3:19.44 1:08.45	200m: 4:21.29	1:01.85
DSQ	1145005	FERNANDEZ IGLESIAS, Emilio J.	48	PONTEAREAS		-
	Nado irregular					
Baja	1075220	MARTINEZ FERNANDEZ, Hector	48	NTNARON		-

50+

1.	1076185	PEREIRA DIAZ, Angel	53	ESCUALOS	2:44.85	13,00		
	50m:	34.98 34.98	100m:	1:21.61 46.63	150m:	2:08.46 46.85	200m:	2:44.85 36.39
2.	1075601	MOURIZ LOMBAO, Fco. Javier	50	PORTAMIÑA	2:45.15	10,00		
	50m:	34.63 34.63	100m:	1:16.70 42.07	150m:	2:06.25 49.55	200m:	2:45.15 38.90
3.	1224729	FERNADEZ BARREIROS, Claudio	50	C. N. Ordes	3:04.64	8,00		
	50m:	41.60 41.60	100m:	1:29.63 48.03	150m:	2:23.61 53.98	200m:	3:04.64 41.03
4.	1147287	ESCUDERO DANS, David	52	NCORUÑA	3:05.84	7,00		
	50m:	38.87 38.87	100m:	1:31.41 52.54	150m:	2:23.88 52.47	200m:	3:05.84 41.96
5.	1143605	FERNANDEZ MARTINEZ, Alberto	54	ESCUALOS	3:13.79	6,00		
	50m:	44.05 44.05	100m:	1:37.08 53.03	150m:	2:30.18 53.10	200m:	3:13.79 43.61
6.	1076553	FERNANDEZ-TESTA BARREIRO, David	51	RIASBAIXAS	3:14.53	5,00		
	50m:	45.17 45.17	100m:	1:35.62 50.45	150m:	2:30.07 54.45	200m:	3:14.53 44.46
7.	1076535	DE LUIS GONZÁLEZ, Aitor	51	PORTAMIÑA	3:15.62	4,00		
	50m:	44.49 44.49	100m:	1:34.57 50.08	150m:	2:30.99 56.42	200m:	3:15.62 44.63
Baja	1076544	GARABATOS RODRIGUEZ, Santiago	51	CNMOS		-		

55+

1.	1082554	MARTINEZ FAJARDO, Julio Enrique	55	ADFOGAR					2:58.96	13,00		
	50m:	35.78	35.78	100m:	1:24.21	48.43	150m:	2:19.44	55.23	200m:	2:58.96	39.52
2.	1141191	GARCIA SANJURJO, Jose Manuel	58	CDELMAR						3:12.63	10,00	
	50m:	42.53	42.53	100m:	1:35.43	52.90	150m:	2:29.74	54.31	200m:	3:12.63	42.89
3.	1180234	SÁNCHEZ SECO, Manuel	57	ESCUALOS						3:30.05	8,00	
	50m:	49.94	49.94	100m:	1:42.59	52.65	150m:	2:43.21	1:00.62	200m:	3:30.05	46.84

Prueba 15, Masc., 200m Estilos, 55+

Clasificación					Edad				Tiempo	Puntos
4.	1193949	LAMELO OTERO, Ramón Jesus	57	CIDSANTIAG					4:02.09	7,00
		50m: 57.12 57.12 100m: 1:58.30 1:01.18 150m: 3:17.76 1:19.46 200m: 4:02.09								44.33
5.	1075593	PIROSCIA PENADO, Jose	59	PORTAMIÑA					4:45.10	6,00
		50m: 1:02.58 1:02.58 100m: 2:19.18 1:16.60 150m: 3:42.56 1:23.38 200m: 4:45.10								1:02.54
Baja	1145039	FERREIRO SANCHEZ, Luis	55	POURENSE						-
60+										
1.	1232926	TAPIA PORTO, Enrique	60	NCORUÑA					2:45.61	13,00 RG
		50m: 33.08 33.08 100m: 1:17.76 44.68 150m: 2:05.68 47.92 200m: 2:45.61								39.93
2.	1075589	SANCHEZ VAZQUEZ, Jesus	63	PORTAMIÑA					3:54.36	10,00
		50m: 54.11 54.11 100m: 1:57.70 1:03.59 150m: 3:02.39 1:04.69 200m: 3:54.36								51.97
3.	1075770	RODRIGUEZ BASANTA, Fco. Jose	64	C. N. Valdeorras					4:01.84	8,00
		50m: 57.73 57.73 100m: 2:07.16 1:09.43 150m: 3:13.84 1:06.68 200m: 4:01.84								48.00
70+										
1.	1075190	SUANZES PEREZ, Fernando	72	HERCULES					3:30.96	13,00
		50m: 41.35 41.35 100m: 1:38.98 57.63 150m: 2:43.31 1:04.33 200m: 3:30.96								47.65
75+										
1.	1076487	RODRIGUEZ LEMOS, Andres Jesus	76	CNMOS					4:13.52	13,00
		50m: 57.56 57.56 100m: 2:03.29 1:05.73 150m: 3:14.21 1:10.92 200m: 4:13.52								59.31

Prueba 16
11/01/2025

Fem., 50m Braza

2005 y mayores
Resultados

Clasificación			Edad		Tiempo	Puntos
20+						
1.	1037951	SOILAN FERNANDEZ, Raquel	24	C. N. As Meigas	38.24	13,00
2.	1228048	ALVAREZ SOUTO, Claudia	24	PONTEAREAS	40.84	10,00
3.	1113219	IGLESIAS LOPEZ, Maria	24	CULLEREDO	41.45	8,00
4.	1140796	DIAZ DOPICO, Sabela	23	NFERROL	42.66	7,00
5.	1199453	FILGUEIRAS OLMO, Helena	21	PORTAMIÑA	43.47	6,00
6.	1228009	SOUTIÑO RAMIREZ, Carmen Victoria	24	PORTAMIÑA	44.61	5,00
7.	1079203	DURAN PALEO, Sabela	20	C. N. As Meigas	47.31	4,00
8.	1266324	ALVAREZ FERNANDEZ, Sofia	21	PONTEAREAS	53.76	3,00
25+						
1.	1037987	MENDEZ SEJO, Nerea	26	RIASBAIXAS	41.92	13,00
2.	1257948	TORTOSA MENDOZA, Maria Gabriela	29	CULLEREDO	46.73	10,00
30+						
1.	1041452	BEN CILLERO, Sabela	33	XOVE	38.59	13,00
2.	1221622	BUENADICHA AVILES, Ines	30	ARTEIXO	39.20	10,00
3.	1261339	VILARIÑO SAN JOSE, Alba	32	RIASBAIXAS	43.41	8,00
4.	1257417	ALONSO GONZALEZ, Ines	33	CNMOS	48.41	7,00
5.	1221892	OTERO FERNANDEZ, Maria Luisa	32	SALESTRA	49.20	6,00
6.	1257939	PUENTE MARIN, Cristina	30	FLUVIAL	53.16	5,00
7.	1266328	PEREIRA FERNÁNDEZ, Patricia	33	PONTEAREAS	56.21	4,00
8.	1215890	FERNANDEZ PARADA, Clara	32	POURENSE	1:17.29	3,00
Baja	1240953	SIMOIS MORAIS, Yolanda	31	SALESTRA		-
Baja	1140780	LÓPEZ MORADO, María	34	NFERROL		-
Baja	1266325	BARBOSA FERNÁNDEZ, Tania	34	PONTEAREAS		-
35+						
1.	1127407	GONZÁLEZ RIVAS, Sara	36	ARTEIXO	38.38	13,00
2.	1141212	RIVAS TENREIRO, Arantza	36	NTNARON	42.83	10,00
3.	1141440	ESTEBAN VILLA, Alba	35	RIASBAIXAS	47.49	8,00
4.	1266339	GONZALEZ ARIAS, Marta	36	CIDSANTIAG	48.37	7,00
5.	1267367	VYNOHRADOVA, Kateryna	39	GALAICO	48.51	6,00
6.	1141313	MIRA VAZQUEZ, Paula	39	ESCUALOS	50.03	5,00
7.	1260386	FRANCO CAL, Sonia	38	C. N. As Meigas	55.58	4,00
8.	1202705	MARTINEZ BARCIELA, Maria Olga	35	RIASBAIXAS	55.81	3,00
9.	1129954	GONZALEZ GARCIA, Covadonga	36	GALAICO	56.93	2,00
10.	1040100	CALVO RODRÍGUEZ, María	38	NTNARON	56.95	1,00

Prueba 16, Fem., 50m Braza

40+

1.	1143598 MIRA VAZQUEZ, Marta	44	ESCUALOS	41.07	13,00
2.	1146780 DURÁN VEIRAS, Raquel	41	ARTEIXO	42.31	10,00
3.	1243130 TORRE GONZALEZ, Elisa	40	RIASBAIXAS	42.44	8,00
4.	1075843 GONZALEZ FERNANDEZ, Leticia	43	XOVE	47.93	7,00
5.	1075225 SOUTO DERUNGS, Cristina	40	NFERROL	50.63	6,00
6.	1243198 MARTIN VILAS, Maria Jesus	43	C. N. Ordes	50.72	5,00
7.	1253681 LATA NUÑEZ, Diana	40	NTNARON	53.23	4,00
8.	1205838 LOPEZ GARCIA, Sandra	44	NTNARON	54.09	3,00
DSQ	1013486 GONZALEZ RODRIGUEZ, Maria	43	CIDSANTIAG		-
<i>Nado irregular</i>					

45+

1.	1244421 DE MARTIN MIGUEL, Ana Asunción	45	ESCUALOS	42.13	13,00
2.	1178775 COVELO SAAVEDRA, Nahir	47	PONTEAREAS	46.32	10,00
3.	1146893 PRADO FRANCO, Martha-Elizabeth	46	RIASBAIXAS	46.88	8,00
4.	1224731 RIVEIRA CAAMAÑO, Rebeca	48	C. N. Ordes	48.92	7,00
5.	1036387 VAZQUEZ PARCERO, Marta	45	CULLEREDO	1:09.85	6,00

50+

1.	1228008 OJEA DE CASTRO, Macarena	52	PORTAMIÑA	46.55	13,00
2.	1232962 JARDON GONZALEZ, Helena	54	PONTEAREAS	49.69	10,00
3.	1075503 DE LA MONTAÑA ALCANTARA, Gloria	52	RSDH	53.48	8,00
4.	1127346 SOBRINO EIRIZ, Maria Del Valle	53	PONTEAREAS	54.45	7,00

55+

1.	1076186 LOPEZ GONZALEZ, Monica	55	PORTAMIÑA	47.23	13,00
2.	1141128 LLEVOT SANCHEZ, Ana Isabel	55	C. N. Máster Pons Vetus	52.07	10,00
Baja	1058998 MUTILBA OBREGON, Nuria	56	PONTEAREAS		-

60+

1.	1039437 BALADO LOPEZ, Ana Maria	64	POURENSE	46.73	13,00
2.	1197564 SANCHEZ VAZQUEZ, Maria Luisa	60	C. N. Máster Pons Vetus	1:08.86	10,00

70+

1.	1076490 GONZALEZ-ALEGRE BURGUEÑO, A.	73	TRAVIESAS	1:03.35	13,00
2.	1036752 BAGLIETTO MILLAN, M. Dolores	73	C. N. Máster Pons Vetus	1:08.58	10,00

Prueba 17
11/01/2025

Masc., 50m Braza

2005 y mayores
Resultados

Clasificación		Edad		Tiempo	Puntos
20+					
1.	1107916 FERNANDEZ DEL VALLE, Ivan	20	POURENSE	31.05	13,00
2.	1023017 CARRIL SOUTO, Javier	22	ARTEIXO	38.59	10,00
3.	1079156 MARQUEZ VAZQUEZ, Pablo	23	C. N. As Meigas	39.83	8,00
25+					
1.	1040779 QUINTAS MOSQUERA, Manuel	29	CIDSANTIAG	32.49	13,00
2.	1115676 GONZALEZ IGLESIAS, Alberto	28	CULLEREDO	39.11	10,00
30+					
1.	1110674 BORRAZAS RUMBO, Manuel	32	NCORUÑA	31.23	13,00
2.	1078641 GRACIA CARBAJO, Miguel	31	NTNARON	31.54	10,00
3.	1252298 SANMARTIN GARCÍA, Jorge	34	NTNARON	39.71	8,00
4.	1174923 GARCÍA MERA, Rodrigo	33	CDELMAR	43.32	7,00
5.	1260387 GARCÍA ARCE, Gonzalo	34	C. N. As Meigas	43.59	6,00
DSQ	1251210 ANDRES DUASO, Olmo	32	ARTEIXO		-
<i>Nado irregular</i>					
DSQ	1222771 LAGO GONZALEZ, Ivan	32	PONTEAREAS		-
Baja	1119327 SUAREZ FERNÁNDEZ, Santiago	30	MONFORTE		-
35+					
1.	1140778 RODRIGUEZ LAGO, David	39	CIDSANTIAG	32.32	13,00
2.	1075908 LOBELLE GONZALEZ, Marcos	36	CDELMAR	32.66	10,00
3.	1143890 FORTES NOVOA, Martiño	37	ESCUALOS	34.95	8,00
4.	1136629 FIGUEIRA DOMINGUEZ, Javier Guzman	37	RIASBAIXAS	36.22	7,00
5.	1241139 DIÉGUEZ GONZALEZ, Bruno	35	CIDSANTIAG	38.69	6,00
6.	1023057 PEREZ VAZQUEZ, Telmo	37	NTNARON	41.46	5,00
7.	1263089 ALEJANDRE SALGADO, German	39	C. N. Valdeorras	43.14	4,00
DSQ	1185622 DÍAZ RODRÍGUEZ, Andrés	36	NTNARON		-
<i>Nado irregular</i>					
40+					
1.	1107942 GARCIA RODRIGUEZ, Sergio	44	HERCULES	33.80	13,00
2.	1084043 PIÑEIRO PEON, Antonio	41	CIDSANTIAG	35.34	10,00
3.	1143897 SEVILLA AROCA, Javier	42	ESCUALOS	35.78	8,00
4.	1240331 DE LORENZO FERNÁNDEZ, Javier	44	ESCUALOS	38.27	7,00
5.	1257944 PÉREZ GONZÁLEZ, Iván	43	MONFORTE	39.57	6,00
6.	1147216 GONZALEZ VICENTE, Ruben	44	PORTAMIÑA	43.07	5,00
7.	1144946 RODRIGUEZ GARCIA, Jose Bernardo	42	RIASBAIXAS	43.86	4,00

Splash Meet Manager, 11.80519

Registered to Galicia

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Prueba 17, Masc., 50m Braza, 40+

Clasificación		Edad		Tiempo	Puntos
8.	1204315 TORRES FRAILE, Emilio	41	MONFORTE	44.15	3,00
9.	1239346 CASTIÑEIRAS ACUÑA, Miguel Angel	44	GALAICO	47.44	2,00
10.	1198878 MUINELO LORENZO, Manuel	44	PORTAMIÑA	49.44	1,00
11.	1107557 MELLA BARBEITO, Javier	42	ARTEIXO	49.63	-
45+					
1.	1075217 ESPINOSA MIRA, Jorge	47	C. N. Valdeorras	36.98	13,00
2.	1224733 ARANGO GAYAR, Saul	45	RIASBAIXAS	38.69	10,00
3.	1218110 HERMIDA SALIDO, Gustavo	48	NTNARON	39.29	8,00
4.	1200126 TABOADA CALVELO, Jose Carlos	46	SALESTRA	43.21	7,00
5.	1127402 PEXEGUEIRO BALADRON, Nicolas	48	CNMOS	43.85	6,00
DSQ	1201621 ALONSO ORTIZ, Mariano	49	FLUVIAL		-
<i>Salida anticipada</i>					
Baja	1144269 LOPEZ PAYO, Mario	48	SALESTRA		-
Baja	1263044 MUCIENTES MOLINA, Diego	48	C. N. Ordes		-
Baja	1251854 CARBALLO CABEZAS, Enrique	49	POURENSE		-
Baja	1238677 MARIÑO GONZALEZ, Ramón	45	POURENSE		-
Baja	1251233 GONZALEZ SANDEZ, Carlos	46	C. N. Valdeorras		-
50+					
1.	1141504 BOUSO FUENTECILLA, Fernando	54	ESCUALOS	39.48	13,00
2.	1244393 REY RODRIGUEZ, Oscar	51	CIDSANTIAG	41.24	10,00
3.	1230361 VERDE LEBORANS, José	52	CIDSANTIAG	45.13	8,00
4.	1078844 FERNÁNDEZ FERNÁNDEZ, José Luis	51	CIDSANTIAG	47.29	7,00
5.	1147211 BLANCO HORTAS, Jose Ramon	51	PORTAMIÑA	47.79	6,00
6.	1127349 SOBRINO EIRIZ, Manuel	50	PONTEAREAS	49.87	5,00
DSQ	1244388 DIEZ RODRIGUEZ, Ignacio J.	53	PORTAMIÑA		-
<i>Nado irregular</i>					
Baja	1010047 GARCIA REBOLO, Alejandro	50	POURENSE		-
55+					
1.	1076516 JORGE IGLESIAS, Marcelino	59	PONTEAREAS	35.46	13,00
2.	1079460 REY ROMERO, Jorge J.	59	PORTAMIÑA	42.23	10,00
3.	1144698 CADAVID NUÑEZ, Jose	55	POURENSE	47.15	8,00
4.	1195569 PEREZ LEIVA, Manuel	57	RIASBAIXAS	55.10	7,00
Baja	1178895 CRESPO PÉREZ, Albarino	55	ESCUALOS		-
60+					
1.	1078597 SOLLEIRO TIZON, Juan Jose	62	NCORUÑA	42.05	13,00
2.	1079361 RODRIGUEZ GOMEZ, Emilio	64	PONTEAREAS	47.65	10,00
3.	1143966 FERNANDEZ GONZALEZ, Alvaro	60	CNMOS	51.47	8,00

Prueba 17, Masc., 50m Braza

65+

1.	1144180	SEGUÍN CID, Severino	66	TRAVIESAS	47.96	13,00
Baja	1048207	ROS ROSILLO, Alejandro	67	RIASBAIXAS		-

70+

1.	1240096	IVANCHENKO, Yurii	72	POURENSE	46.89	13,00
2.	1048954	BORDALLO CORTINA, Fernando	71	HERCULES	47.30	10,00
3.	1076489	VIRUEL RODRÍGUEZ, Diego	73	TRAVIESAS	1:12.00	8,00

85+

1.	1143430	ARAUJO DOMINGUEZ, Francisco	85	PONTEAREAS	1:22.00	13,00
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Prueba 18
11/01/2025

Fem., 4 x 50m Libre

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Resultados

Clasificación

Tiempo Puntos

+80 (PRE-MASTER)

DSQ	PONTEAREAS 1			PONTEAREAS		
	<i>Posta anticipada da remuda 4</i>					-
	LEMONS FERNANDEZ, Zaira	23	31.19	IBANEZ CARRERA, Sara	24	29.59
	BLANCO PEREZ, Laura	21	31.32	FERNANDEZ PARDO, Irene	24	

+100

1.	CIDSANTIAG 1			CIDSANTIAG	2:18.17	26,00
	FERNANDEZ JUAN, Maria	27	33.16	MIRAS VAZQUEZ, Irene	28	35.94
	MAURIZ BARREIRO, Maria Violeta	33	35.82	GONZALEZ AVENDAÑO, Lucia	26	33.25
2.	PONTEAREAS 2			PONTEAREAS	2:29.08	20,00
	SUAREZ GONZALEZ, Gracia	25	27.65	RODRIGUEZ PAZ, Lucia	25	37.04
	GESTO ALONSO, Clarisa	36	33.85	PEREIRA FERNANDEZ, Patricia	33	50.54

+120

1.	NCORUÑA 1			NCORUÑA	2:04.31	26,00 RG
	DEL RIO REGUEIRA, Sara	34	29.42	DOPEREIRO GARCIA, Alba	35	30.98
	MUIÑO, Andrea	34	33.77	VEIGA RODRIGUEZ, Rosalia	26	30.14
2.	CIDSANTIAG 2			CIDSANTIAG	2:06.71	20,00
	GARCIA MIGUEZ, Rosalia	27	30.22	MURAS MORA, Andrea	36	35.77
	CRUZ GARCIA, Aurora	30	30.93	GONZALEZ RODRIGUEZ, Maria	43	29.79
3.	NTNARON 1			NTNARON	2:12.00	16,00 RG
	LOUREIRO AMOR, Belen Martina	37	29.90	GORDILLO VAN GILS, Silvia	29	36.18
	MERA GONZÁLEZ, Irene	25	33.50	RIVAS TENREIRO, Arantza	36	32.42
4.	RIASBAIXAS 1			RIASBAIXAS	2:17.56	14,00
	VILARIÑO SAN JOSE, Alba	32	32.35	RODRIGUEZ PEREZ, Vanesa	39	36.39
	MENDEZ SEIJO, Nerea	26	32.72	ESTEBAN VILLA, Alba	35	36.10
5.	XOVE 1			XOVE	2:26.82	12,00
	BEN CILLERO, Sabela	33	31.06	ISASTI OTERO, Nerea	28	34.11
	GONZALEZ FERNANDEZ, Leticia	43	35.53	BEN CILLERO, Natalia	36	46.12
6.	CULLEREDO 1			CULLEREDO	2:37.36	10,00
	SANDERSON KEOUGH, Helen Jane	55	37.48	IGLESIAS LOPEZ, Maria	24	32.65
	VAZQUEZ PARCERO, Marta	45	51.74	TORTOSA MENDOZA, Maria Gabri	29	35.49
7.	PONTEAREAS 3			PONTEAREAS	2:44.90	8,00
	GONZALEZ PEREZ, Paula	29	38.16	BESADA FERNÁNDEZ, Ana M.	47	44.85
	ACUÑA MELLA, Maria	37	41.95	OLMO VAQUEIRO, Leticia	44	39.94

Baja SALESTRA 1
Baja ESCUALOS 1

SALESTRA -
ESCUALOS -

Splash Meet Manager, 11.80519

Registered to Galicia

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Prueba 18, Fem., 4 x 50m Libre

+160

1.	PORTAMIÑA 1			PORTAMIÑA	2:19.64	26,00
	FERNANDEZ GONZALEZ, Iria	43	37.64	LOPEZ GONZALEZ, Monica	55	36.99
	OJEA DE CASTRO, Macarena	52	34.47	RAMOS LOBO, Raquel	32	30.54
2.	NFERROL 1			NFERROL	2:22.22	20,00 RG
	HERMIDA RODRIGUEZ, Blanca	44	29.99	JIMENEZ PEREZ, Victoria	56	38.74
	LÓPEZ MORADO, María	34	38.41	SOUTO DERUNGS, Cristina	40	35.08
3.	ESCUALOS 2			ESCUALOS	2:24.59	16,00
	MIRA VAZQUEZ, Paula	39	40.81	SANCHEZ LEDO, Cira	44	37.17
	MIRA VAZQUEZ, Marta	44	35.52	OTERO RODRIGUEZ, Sandra	38	31.09
4.	CDELMAR 1			CDELMAR	2:26.38	14,00
	TERCEIRO DELGADO, María Del Mar	62	33.91	LOPEZ ARTABE, Inmaculada	45	36.83
	ARAÚJO CASTRO, Paula	34	36.39	IGLESIAS SUÁREZ, Laura	33	39.25
5.	CIDSANTIAG 3			CIDSANTIAG	2:27.11	12,00
	FARIÑA SOUSA, Noemi	42	40.10	FKEOUI OMARI, Salma	43	34.73
	SUAREZ BUJAN, Rebeca	42	35.86	GONZALEZ ARIAS, Marta	36	36.42
6.	GALAICO 1			GALAICO	2:35.83	10,00
	GONZALEZ GARCIA, Covadonga	36	41.41	CHUB SAVCHENKO, Lyudmyla	60	48.58
	VYNOHRADOVA, Kateryna	39	35.34	BUGALLO PÉREZ, Estíbaliz	35	30.50
7.	C. N. As Meigas 1			C. N. As Meigas	2:59.07	8,00
	FRANCO CAL, Alba	34	27.37	CAL FERNÁNDEZ, Mónica Catalina	61	53.76
	CASTRO MAYO, Joana	35	50.45	FRANCO CAL, Sonia	38	47.49
8.	POURENSE 1			POURENSE	3:34.82	6,00
	RODRIGUEZ LOPEZ, Rosa María	50	49.58	RODRIGUEZ VAZQUEZ, Maria Teresa	53	45.74
	SEARA JALON, Monica	55	57.16	FERNANDEZ PARADA, Clara	32	1:02.34
Baja	PONTEAREAS 4			PONTEAREAS		-
Baja	C. N. Valdeorras 1			C. N. Valdeorras		-

+200

1.	RIASBAIXAS 2			RIASBAIXAS	2:27.79	26,00
	CHAMOSA MARTIN, Julia	64	38.01	TORRE GONZALEZ, Elisa	40	37.15
	REGUEIRO RODRIGUEZ, Ana	59	37.95	PRADO FRANCO, Martha-Elizabeth	46	34.68
2.	PONTEAREAS 5			PONTEAREAS	2:38.05	20,00
	VARELA REDONDO, Veronica	50	36.76	JARDON GONZALEZ, Helena	54	41.49
	COVELO SAAVEDRA, Nahir	47	37.66	DEL AMO BLANCO, Margarita	58	42.14
3.	ESCUALOS 3			ESCUALOS	2:48.05	16,00
	DE MARTIN MIGUEL, Ana Asunción	45	34.84	REBORDA MORILLO, Susana	63	54.04
	CID ALVAREZ, Isabel	45	40.53	DE LORENZO FERNANDEZ, Maria	47	38.64
4.	FLUVIAL 1			FLUVIAL	3:00.22	14,00
	GOMEZ PAREDES, Maria	49	37.94	CASTRO MAESTRE, Isaura	56	40.63
	PUENTE MARIN, Cristina	30	45.64	GOMEZ DOVAL, Maria Angela	69	56.01
5.	MULLEREF 1			MULLEREF	3:31.15	12,00
	FERNANDEZ FERNANDEZ, Maria Teresa	69	1:03.93	FERNÁNDEZ COPA, María Susana	58	1:05.25
	GARCÍA NAVAS, Carolina	46	39.02	GONZÁLEZ ALCARAZ, Glenda Teresa	55	42.95

Splash Meet Manager, 11.80519

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Prueba 18, Fem., 4 x 50m Libre, +200

Clasificación					Tiempo	Puntos
Baja	POURENSE 2		POURENSE			-
+240						
1.	POURENSE 3		POURENSE		3:06.57	26,00
	BALADO LOPEZ, Ana Maria 64	40.40	OTERO LOPEZ, Maria Elisa 65			50.39
	GARCIA COLOMO, Maria Cristina 63	35.97	PEREZ GALLARDO, Teresa 61			59.81
2.	TRAVIESAS 1		TRAVIESAS		3:15.99	20,00
	MAROTO REGLERO, Maria Consue73Paula	1:01.19	SERRANO AVENDAÑO, Silvia 50			45.99
	MARTY PAZOS, Maria Victoria 60	47.05	BARJA BARJA, Liliana 60			41.76
3.	PONTEAREAS 6		PONTEAREAS		3:28.94	16,00
	CALVIÑO CANCELA, Maria Cristina57	44.27	RODRÍGUEZ TRONCOSO, Marina 66			59.55
	SOBRINO EIRIZ, Maria Del Valle 53	42.51	SUEIRO COSTAS, Maria Del Carme69			1:02.61

Prueba 19
11/01/2025

Masc., 4 x 50m Libre

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Resultados

Clasificación

Tiempo Puntos

+80 (PRE-MASTER)

1.	PONTEAREAS 1			PONTEAREAS	1:44.62	26,00
	PEREZ PAZ, Dario	20	25.58	MARTINEZ MARTINEZ, Marcos	22	26.03
	CANCELA GOMEZ, Hugo	22	26.11	CASARES GARCIA, Brais	21	26.90

Baja	POURENSE 1			POURENSE		-
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+100

1.	NCORUÑA 1			NCORUÑA	1:41.49	26,00 RG
	BORRAZAS RUMBO, Manuel	32	25.46	CAMINO PARDO, Rodrigo	25	24.78
	MUIÑO ALONSO, Anton	31	25.32	RIVAS MACEIRAS, Isaac	26	25.93
2.	PONTEAREAS 2			PONTEAREAS	2:22.06	20,00
	INCUTTI TELLADO, Denis	25	28.59	IBAÑEZ CARRERA, Manuel Gabriel	29	30.41
	ALVAREZ PRESA, Samuel	25	36.78	LAGO GONZALEZ, Ivan	32	46.28

+120

1.	CDELMAR 1			CDELMAR	1:41.62	26,00 RG
	LOBELLE GONZALEZ, Ivan	36	23.76	MARTÍNEZ GESTAL, Alejandro	35	25.94
	LOBELLE GONZALEZ, Marcos	36	25.14	CASTRO VILLAR, David	34	26.78
2.	CIDSANTIAG 2			CIDSANTIAG	1:44.64	20,00
	QUINTAS MOSQUERA, Manuel	29	26.84	CALLE FACAL, Telmo	42	26.86
	TENORIO FREIRE, Martin	33	26.15	RODRIGUEZ LAGO, David	39	24.79
3.	NTNARON 1			NTNARON	1:45.23	16,00
	ORTIZ ANEIROS, Lorenzo	30	24.49	BLANCO PEREZ, Jesus	39	27.28
	DÍAZ RODRÍGUEZ, Andrés	36	28.42	GRACIA CARBAJO, Miguel	31	25.04
4.	ESCUALOS 1			ESCUALOS	1:57.09	14,00
	PAZOS ALONSO, Josue	39	29.00	KRUGLOV, Mykola	40	28.64
	FORTES NOVOA, Martiño	37	30.89	SEVILLA AROCA, Javier	42	28.56
5.	RIASBAIXAS 1			RIASBAIXAS	2:01.50	12,00
	FREIRE GONZALEZ, Javier	32	28.54	PENIDE CALVO, Gabriel	32	32.93
	NOVALES BLANCO, Xabier	34	33.33	PASTORIZA SANTA CLARA, Jorge	28	26.70
6.	PONTEAREAS 3			PONTEAREAS	2:10.08	10,00
	CARRERA COSTAS, Martin	29	28.29	FERNANDEZ IGLESIAS, Emilio J.	48	34.07
	MARTÍNEZ DOMÍNGUEZ, Iván	37	33.33	PASCUAL DE PEDRO, Jorge	39	34.39

Baja	ARTEIXO 1			ARTEIXO		-
Baja	POURENSE 2			POURENSE		-

Splash Meet Manager, 11.80519

Registered to Galicia

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Prueba 19, Masc., 4 x 50m Libre

+160

1.	CIDSANTIAG 4			CIDSANTIAG	1:51.99	26,00
	PIÑEIRO PEON, Antonio	41	27.54	MARTINEZ DOPAZO, David	38	27.47
	IGLESIAS GOMEZ, Gonzalo	46	27.89	BERNARDEZ FERRO, Juan Jose	38	29.09
2.	HERCULES 2			HERCULES	1:52.72	20,00
	MERA MONTECELOS, Pablo	42	27.17	SAAVEDRA GONZÁLEZ, Raul	52	28.86
	LAMEIRO SEOANE, Javier	38	30.31	GARCIA RODRIGUEZ, Sergio	44	26.38
3.	ESCUALOS 2			ESCUALOS	2:01.35	16,00
	PADIN CHARLIN, Joaquin	45	31.42	DE LORENZO FERNÁNDEZ, Javier	44	30.12
	ALVAREZ SILVA, Ruben	44	29.51	IGLESIAS FUERTES, Abel	46	30.30
4.	NTNARON 2			NTNARON	2:03.10	14,00
	PEREZ VAZQUEZ, Telmo	37	28.89	BALSA MOSQUERA, Pablo	47	29.88
	HERMIDA SALIDO, Gustavo	48	33.07	SANMARTIN GARCÍA, Jorge	34	31.26
5.	NCORUÑA 2			NCORUÑA	2:03.19	12,00
	BALDOMAR OBELLEIRA, Ruben	51	29.86	ALVAREZ DE SOTOMAYOR PUIGNA, Juan	51	30.68
	BELLO PORTO, David	35	30.74	SOLLEIRO TIZON, Juan Jose	62	31.91
6.	SALESTRA 1			SALESTRA	2:04.11	10,00
	PICALLO MATO, Adrian	30	30.55	FINS SEOANE, Juan Miguel	48	28.65
	BASTIDA CAMPOS, Alejandro	43	32.33	TABOADA CALVELO, Jose Carlos	46	32.58
7.	FLUVIAL 1			FLUVIAL	2:13.24	8,00
	IGLESIAS LAPIDO, Miguel	40	28.68	ALONSO ORTIZ, Mariano	49	34.84
	GOMEZ MARTIN, Ruben	47	32.70	GURIDI HUERTA, Jesus M.	57	37.02
8.	CNMOS 1			CNMOS	2:15.86	6,00
	EIRIZ DIEGUEZ, Daniel	47	28.22	PEXEGUEIRO BALADRON, Nicolas	48	34.68
	TRILLO RODRIGUEZ, Adrian	28	28.59	FERNANDEZ GONZALEZ, Alvaro	60	44.37
9.	PORTAMIÑA 1			PORTAMIÑA	2:26.23	4,00
	DIEZ RODRIGUEZ, Ignacio J.	53	35.10	GONZALEZ PEÑAS, David	41	38.57
	GONZALEZ VICENTE, Ruben	44	37.19	TEJEIRO IGLESIAS, Jesus	49	35.37
Baja	ARTEIXO 2			ARTEIXO		-
Baja	MONFORTE 1			MONFORTE		-
Baja	POURENSE 3			POURENSE		-
Baja	PONTEAREAS 4			PONTEAREAS		-
Baja	C. N. Valdeorras 1			C. N. Valdeorras		-

+200

1.	NCORUÑA 3			NCORUÑA	1:57.01	26,00
	LAGO LOPEZ, Diego	34	27.18	ESCUDEIRO DONS, David	52	31.16
	GARCIA RIÑON, Jaime	61	29.59	TAPIA PORTO, Enrique	60	29.08
2.	PORTAMIÑA 2			PORTAMIÑA	1:58.51	20,00
	PEREZ ARIAS, Hector	54	31.10	MOURIZ LOMBAO, Fco. Javier	50	29.77
	DIEGUEZ ARANDA, Hector	52	29.23	GUIMAREY VAZQUEZ, Marcos	48	28.41
3.	SCASINO 1			SCASINO	2:08.82	16,00
	COUCEIRO SANCHEZ, Gonzalo	59	34.01	NISTAL GARCÍA, Eduardo	57	32.13
	RIVAS FEAL, Antonio	59	29.89	FIERRO FERNÁNDEZ, Julio	43	32.79

Splash Meet Manager, 11.80519

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Prueba 19, Masc., 4 x 50m Libre, +200

Clasificación

					Tiempo	Puntos
4.	CIDSANTIAG 1		CIDSANTIAG	2:09.95	14,00	
	GARCIA CASTIÑEIRA, Daniel 51	31.01	FERNÁNDEZ FERNÁNDEZ, José Lú51		37.10	
	MONTERO PRIETO, Carlos Eugenio 47	29.53	RODRÍGUEZ RODRÍGUEZ, Santiagc53		32.31	
5.	PONTEAREAS 5		PONTEAREAS	2:10.07	12,00	
	JORGE IGLESIAS, Marcelino 59	30.34	SOBRINO EIRIZ, Manuel 50		34.64	
	MOURIÑO FORTES, Victor Manuel 48	31.10	CARRERA COSTAS, Andres 43		33.99	
6.	ESCUALOS 3		ESCUALOS	2:13.47	10,00	
	PEREIRA DIAZ, Angel 53	29.41	SÁNCHEZ SECO, Manuel 57		36.03	
	FERNANDEZ MARTINEZ, Alberto 54	34.53	BOUSO FUENTECILLA, Fernando 54		33.50	
7.	RIASBAIXAS 3		RIASBAIXAS	2:19.13	8,00	
	FERREIRO SEOANE, Jose Raul 52	34.02	LORENZO FERNANDEZ, Jose Man53		34.77	
	PEREZ LEIVA, Manuel 57	40.26	FUENTES FERNANDEZ, Eugenio 53		30.08	
8.	ARTEIXO 3		ARTEIXO	2:30.04	6,00	
	ANDRES DUASO, Olmo 32	29.77	MELLA BARBEITO, Javier 42		36.74	
	MARTIN MONTERO, Manuel Jose 48	30.99	FOLCH MALLOFRE, Ramon 88		52.54	
9.	TRAVIESAS 1		TRAVIESAS	2:32.33	4,00	
	SEGUÍN CID, Severino 66	44.98	FIDALGO SERRANO, Manuel A. 44		36.16	
	MILLÁN ALONSO, Rubén 55	32.70	FIDALGO SERRANO, Guillermo 39		38.49	
Baja	SALESTRA 2		SALESTRA		-	
+240						
1.	CIDSANTIAG 3		CIDSANTIAG	2:05.61	26,00	
	FERNANDEZ ARRUTI, Jose Angel 66	33.20	BETHENCOURT IGLESIAS, Sergio 62		32.01	
	CODESIDO LOPEZ, José 66	33.04	SONEIRA REBOREDO, Oscar 50		27.36	
2.	POURENSE 5		POURENSE	2:29.34	20,00	
	TABARES DOMINGUEZ, Rafael 51	33.75	GARCIA COLOMO, Manuel Ramon 71		37.08	
	BLANCO PEREZ, Angel 61	37.42	IVANCHENKO, Yurii 72		41.09	
3.	PONTEAREAS 6		PONTEAREAS	3:10.95	16,00	
	SUAREZ GARCIA, Pedro Lois 45	38.61	RODRIGUEZ GOMEZ, Emilio 64		40.02	
	ALIAGA SOLA, Alberto 48	35.05	ARAUJO DOMINGUEZ, Francisco 85		1:17.27	
Baja	PORTAMIÑA 3		PORTAMIÑA		-	
Baja	RIASBAIXAS 4		RIASBAIXAS		-	
+280						
1.	HERCULES 1		HERCULES	2:22.49	26,00 RG	
	YAÑEZ WONENBURGER, Juan Cai66	34.18	SUANZES PEREZ, Fernando 72		34.73	
	NOVOA GONZALEZ, Edmundo 73	40.27	BORDALLO CORTINA, Fernando 71		33.31	
Baja	PONTEAREAS 7		PONTEAREAS		-	

Prueba 20
12/01/2025

Mixto, 4 x 50m Libre

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Resultados

Clasificación

Tiempo Puntos

+80 (PRE-MASTER)

1.	PONTEAREAS 1			PONTEAREAS	2:02.79	26,00
	PEREZ PAZ, Dario	20	26.08	BLANCO PEREZ, Laura	21	31.90
	CANCELA GOMEZ, Hugo	22	25.94	ALVAREZ FERNANDEZ, Sofia	21	38.87

+100

1.	CIDSANTIAG 1			CIDSANTIAG	1:54.82	26,00
	GARCIA MIGUEZ, Rosalia	27	30.03	GONZALEZ AVENDAÑO, Lucia	26	32.78
	TENORIO FREIRE, Martin	33	26.13	CASTRO RODRIGUEZ, Francisco	25	25.88
2.	NCORUÑA 1			NCORUÑA	1:55.81	20,00
	RIVAS MACEIRAS, Isaac	26	26.87	CAMINO PARDO, Rodrigo	25	24.68
	SANCHEZ LENCE, Maria	28	34.12	VEIGA RODRIGUEZ, Rosalia	26	30.14
3.	RIASBAIXAS 1			RIASBAIXAS	1:59.74	16,00
	PASTORIZA SANTA CLARA, Jorge	28	27.01	MENDEZ SEIJO, Nerea	26	32.01
	SUAREZ GARCIA, Sofia	28	32.71	FREIRE GONZALEZ, Javier	32	28.01
4.	PONTEAREAS 2			PONTEAREAS	2:27.52	14,00
	INCUTTI TELLADO, Denis	25	28.28	RODRIGUEZ PAZ, Lucia	25	36.75
	BARBOSA FERNÁNDEZ, Tania	34	47.21	ALVAREZ PRESA, Samuel	25	35.28

Baja

NTNARON 3

NTNARON

-

+120

1.	NTNARON 1			NTNARON	1:50.38	26,00 RG
	GRACIA CARBAJO, Miguel	31	25.39	RIVAS TENREIRO, Arantza	36	31.63
	ORTIZ ANEIROS, Lorenzo	30	24.01	LOUREIRO AMOR, Belen Martina	37	29.35
2.	NCORUÑA 2			NCORUÑA	1:52.81	20,00
	MUIÑO ALONSO, Anton	31	25.62	BORRAZAS RUMBO, Manuel	32	25.25
	MUIÑO, Andrea	34	33.16	DEL RIO REGUEIRA, Sara	34	28.78
3.	PONTEAREAS 3			PONTEAREAS	1:57.25	16,00
	CARRERA COSTAS, Martin	29	27.16	CHAMADOIRA DOMÍNGUEZ, Jenni	31	29.99
	SUAREZ GONZALEZ, Gracia	25	27.14	MARTÍNEZ DOMÍNGUEZ, Iván	37	32.96
4.	ARTEIXO 1			ARTEIXO	1:57.39	14,00
	BUENADICHA AVILES, Ines	30	31.12	ANDRES DUASO, Olmo	32	29.03
	VILLAMOR FERRO, Rubén	25	27.71	GONZÁLEZ RIVAS, Sara	36	29.53
5.	XOVE 1			XOVE	1:58.19	12,00
	FERRO SANTOS, JUAN MANUEL,	25	27.08	BEN CILLERO, Sabela	33	30.51
	ISASTI OTERO, Patxi	30	26.14	GONZALEZ FERNANDEZ, Leticia	43	34.46
6.	CULLEREDO 1			CULLEREDO	2:04.76	10,00
	TORTOSA MENDOZA, Maria	29	35.01	IGLESIAS LOPEZ, Maria	24	32.50
	GONZALEZ IGLESIAS, Alberto	28	29.26	GUIRADO CARABEL, Oscar	49	27.99

Splash Meet Manager, 11.80519

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Prueba 20, Mixto, 4 x 50m Libre, +160

Clasificación

					Tiempo	Puntos
8.	PONTEAREAS 4			PONTEAREAS	2:29.10	6,00
	GESTO ALONSO, Clarisa 36	34.22		SUAREZ GARCIA, Pedro Lois 45		30.04
	COVELO SAAVEDRA, Nahir 47	37.32		RODRIGUEZ BALIÑA, Mauro 35		47.52
9.	C. N. Máster Pons Vetus 1			C. N. Máster Pons Vetus	2:30.51	4,00
	CAMINO GONZALEZ, Catuxa 48	40.23		MARIÑO PAZ, Eva Maria 51		42.58
	LAVIA PINTOS, David 32	37.18		GULIAS GARCIA, Jose Ruben 34		30.52
10.	GALAICO 1			GALAICO	2:30.72	2,00
	VYNOHRADOVA, Kateryna 39	35.50		CHUB SAVCHENKO, Lyudmyla 60		48.12
	CASTIÑEIRAS ACUÑA, Miguel Ang44	37.60		DOMÍNGUEZ PARDELLAS, Rubén 37		29.50
11.	C. N. Valdeorras 1			C. N. Valdeorras	2:34.09	-
	ESPINOSA MIRA, Jorge 47	28.92		RODRIGUEZ DE DIOS, Amparo 38		39.47
	ALEJANDRE SALGADO, German 39	33.47		VAZQUEZ GONZALEZ, Yolanda 49		52.23
12.	ADFOGAR 1			ADFOGAR	2:37.62	-
	MARTINEZ FAJARDO, Julio Enrique55	33.38		POSE MATO, Cesar 42		42.08
	BARCA PENSADO, Maria 29	38.59		PEREIRA ALONSO, Isabel 64		43.57
Baja	ARTEIXO 2			ARTEIXO		-
Baja	POURENSE 2			POURENSE		-
Baja	SCASINO 1			SCASINO		-
+200						
1.	CDELMAR 2			CDELMAR	2:08.09	26,00
	LOBELLE GONZALEZ, Ivan 36	24.08		GARCIA SANJURJO, Jose Manuel 58		32.34
	LOPEZ ARTABE, Inmaculada 45	37.45		TERCEIRO DELGADO, María Del Me62		34.22
2.	SCASINO 2			SCASINO	2:15.18	20,00
	RIVAS FEAL, Antonio 59	31.35		COUCEIRO SANCHEZ, Gonzalo 59		34.46
	VINAGRE SENDINO, Cora 37	32.59		CAGIAO RODRIGUEZ, Natalia 47		36.78
3.	CIDSANTIAG 4			CIDSANTIAG	2:18.33	16,00
	BETHENCOURT IGLESIAS, Sergio 62	31.73		SUAREZ BUJAN, Rebeca 42		36.01
	LAMELO OTERO, Ramón Jesus 57	36.76		FKEQUI OMARI, Salma 43		33.83
4.	PONTEAREAS 5			PONTEAREAS	2:21.45	14,00
	MOURIÑO FORTES, Victor Manuel 48	31.68		JARDON GONZALEZ, Helena 54		40.98
	FERNANDEZ IGLESIAS, Emilio J. 48	33.35		VARELA REDONDO, Veronica 50		35.44
5.	PORTAMIÑA 3			PORTAMIÑA	2:28.88	12,00
	SANCHEZ VAZQUEZ, Jesus 63	37.68		LOPEZ GONZALEZ, Monica 55		37.54
	GARCIA RODRIGUEZ, Teresa 53	42.59		PEREZ ARIAS, Hector 54		31.07
6.	ESCUALOS 3			ESCUALOS	2:35.83	10,00
	DE LORENZO FERNANDEZ, Maria 47	37.25		BOUSO FUENTECILLA, Fernando 54		34.47
	REBOREDA MORILLO, Susana 63	54.29		PEREIRA DIAZ, Angel 53		29.82
7.	C. N. Máster Pons Vetus 2			C. N. Máster Pons Vetus	2:44.61	8,00
	IGNACIO QUINTEIRO, Maria Del Car60n	50.51		GOLPE IGLESIAS, Jose Antonio 43		46.58
	PAZOS SOAGE, Paloma 55	32.22		SUAREZ GARCIA, Sergio 45		35.30
8.	POURENSE 3			POURENSE	3:17.93	6,00
	CADAVID NUÑEZ, Jose 55	42.46		PEREZ GALLARDO, Teresa 61		1:00.99
	LORENZO GONZALEZ-VISO, Carl654	42.32		ACEVEDO REGO, Ermitas 59		52.16

Splash Meet Manager, 11.80519

Registered to Galicia

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Prueba 20, Mixto, 4 x 50m Libre, +200

Clasificación

Tiempo Puntos

Baja	ARTEIXO 3	ARTEIXO	-
Baja	C. N. Valdeorras 2	C. N. Valdeorras	-
Baja	RIASBAIXAS 4	RIASBAIXAS	-

+240

1.	HERCULES 1	HERCULES	2:29.52	26,00
	YÑEZ WONENBURGER, Juan Car66;	GARCÍA SEOANE, Cristina María	50	39.21
	LOPEZ MAHIA, Purificacion 62	SUANZES PEREZ, Fernando	72	34.54
2.	POURENSE 4	POURENSE	2:32.47	20,00
	GARCIA COLOMO, Manuel Ramon 71	BLANCO PEREZ, Angel	61	39.61
	GARCIA COLOMO, Maria Cristina 63	BALADO LOPEZ, Ana Maria	64	39.85
3.	RIASBAIXAS 5	RIASBAIXAS	2:34.60	16,00
	REGUEIRO RODRIGUEZ, Ana 59	PEREZ LEIVA, Manuel	57	39.27
	HERNANZ MORAL, Fausto 63	CHAMOSA MARTIN, Julia	64	37.30
4.	CIDSANTIAG 5	CIDSANTIAG	2:41.43	14,00
	BROZOS VAZQUEZ, Elena María 43	FERNANDEZ ARRUTI, Jose Angel	66	32.56
	CODESIDO LOPEZ, José 66	CELEMIN PORRERO, Maria Teresa	66	50.98
5.	PONTEAREAS 6	PONTEAREAS	2:54.53	12,00
	RODRIGUEZ BALIÑA, Marcos 54	DEL AMO BLANCO, Margarita	58	42.18
	RODRIGUEZ GOMEZ, Emilio 64	RODRÍGUEZ TRONCOSO, Marina	66	59.38
6.	TRAVIESAS 1	TRAVIESAS	3:02.84	10,00
	VIRUEL RODRÍGUEZ, Diego 73	SERRANO AVENDAÑO, Silvia	50	47.62
	GONZALEZ-ALEGRE BURGUEÑO, 73ia Maria	FIDALGO SERRANO, Manuel A.	44	36.67

+280

1.	PONTEAREAS 7	PONTEAREAS	4:57.36	26,00
	GONZALEZ RODRIGUEZ, S. Marta 79	ALIAGA SOLA, Alberto	48	1:20.90
	ARAUJO DOMINGUEZ, Francisco 85	SUEIRO COSTAS, Maria Del Carne	69	1:37.60

Prueba 21
12/01/2025

Fem., 400m Estilos

2005 y mayores
Resultados

Clasificación				Edad				Tiempo	Puntos
20+									
1.	1194207	VALIÑO FERRAZ, Tatyana		22	PONTEAREAS			6:46.17	13,00
	50m:	45.90	45.90	150m:	2:31.70	51.70	250m:	4:17.58	55.28
	100m:	1:40.00	54.10	200m:	3:22.30	50.60	300m:	5:14.62	57.04
							350m:	6:01.58	46.96
							400m:	6:46.17	44.59
25+									
1.	1038929	GONZALEZ AVENDAÑO, Lucia		26	CIDSANTIAG			6:25.93	13,00
	50m:	41.77	41.77	150m:	2:19.10	48.82	250m:	4:01.72	55.44
	100m:	1:30.28	48.51	200m:	3:06.28	47.18	300m:	4:58.98	57.26
							350m:	5:42.59	43.61
							400m:	6:25.93	43.34
2.	1145008	GONZALEZ PEREZ, Paula		29	PONTEAREAS			7:22.71	10,00
	50m:	48.23	48.23	150m:	2:46.06	58.02	250m:	4:42.05	59.64
	100m:	1:48.04	59.81	200m:	3:42.41	56.35	300m:	5:44.39	1:02.34
							350m:	6:35.62	51.23
							400m:	7:22.71	47.09
30+									
1.	1237382	MUIÑO, Andrea		34	NCORUÑA			7:03.38	13,00
	50m:	43.57	43.57	150m:	2:33.61	58.46	250m:	4:26.13	59.30
	100m:	1:35.15	51.58	200m:	3:26.83	53.22	300m:	5:27.61	1:01.48
							350m:	6:16.27	48.66
							400m:	7:03.38	47.11
35+									
1.	1144894	VINAGRE SENDINO, Cora		37	SCASINO			6:31.02	13,00
	50m:	40.05	40.05	150m:	2:16.65	47.90	250m:	4:02.03	57.88
	100m:	1:28.75	48.70	200m:	3:04.15	47.50	300m:	4:58.59	56.56
							350m:	5:45.19	46.60
							400m:	6:31.02	45.83
40+									
1.	1143597	SANCHEZ LEDO, Cira		44	ESCUALOS			6:47.92	13,00
	50m:	51.33	51.33	150m:	2:39.57	48.36	250m:	4:20.81	54.70
	100m:	1:51.21	59.88	200m:	3:26.11	46.54	300m:	5:15.87	55.06
							350m:	6:03.47	47.60
							400m:	6:47.92	44.45
Baja	1237395	VILARIÑO CACHO, Elvira		44	SALESTRA				-
45+									
Baja	1119241	VIDAL BELLO, Mara		48	C. N. Valdeorras				-
50+									
1.	1171727	GARCIA RODRIGUEZ, Teresa		53	PORTAMIÑA			8:55.12	13,00
	50m:	1:01.07	1:01.07	150m:	3:24.46	1:16.04	250m:	5:47.13	1:10.49
	100m:	2:08.42	1:07.35	200m:	4:36.64	1:12.18	300m:	6:57.14	1:10.01
							350m:	7:56.34	59.20
							400m:	8:55.12	58.78

Prueba 21, Fem., 400m Estilos

55+

DSQ 1145007 MELON PARENTE, M. Lourdes 56 PONTEAREAS -
Nado irregular

60+

1.	1076172 GARCIA COLOMO, Maria Cristina	63	POURENSE	7:37.90	13,00
	50m: 50.49 50.49 150m: 2:48.64 56.64 250m: 4:52.53 1:08.75 350m: 6:50.31 49.53				
	100m: 1:52.00 1:01.51 200m: 3:43.78 55.14 300m: 6:00.78 1:08.25 400m: 7:37.90 47.59				
2.	1086162 BARJA BARJA, Liliana	60	TRAVIESAS	8:16.33	10,00
	50m: 1:00.91 1:00.91 150m: 3:12.21 1:01.48 250m: 5:17.92 1:05.74 350m: 7:21.61 56.73				
	100m: 2:10.73 1:09.82 200m: 4:12.18 59.97 300m: 6:24.88 1:06.96 400m: 8:16.33 54.72				

Prueba 22
12/01/2025

Masc., 400m Estilos

2005 y mayores
Resultados

Clasificación		Edad		Tiempo	Puntos
20+					
1.	1142991 PEREZ PAZ, Dario	20	PONTEAREAS	4:55.22	13,00
	50m: 30.63 30.63 150m: 1:47.36 39.84 250m: 3:07.89 41.31 350m: 4:24.36 33.48				
	100m: 1:07.52 36.89 200m: 2:26.58 39.22 300m: 3:50.88 42.99 400m: 4:55.22 30.86				
DSQ	1107916 FERNANDEZ DEL VALLE, Ivan	20	POURENSE		-
	<i>Viraje irregular</i>				
25+					
1.	1144193 PASTORIZA SANTA CLARA, Jorge	28	RIASBAIXAS	4:52.80	13,00
	50m: 31.86 31.86 150m: 1:45.93 38.17 250m: 3:04.01 41.53 350m: 4:19.64 33.82				
	100m: 1:07.76 35.90 200m: 2:22.48 36.55 300m: 3:45.82 41.81 400m: 4:52.80 33.16				
30+					
1.	1130602 TENORIO FREIRE, Martin	33	CIDSANTIAG	5:08.77	13,00
	50m: 31.67 31.67 150m: 1:49.34 40.91 250m: 3:11.41 41.42 350m: 4:31.81 36.52				
	100m: 1:08.43 36.76 200m: 2:29.99 40.65 300m: 3:55.29 43.88 400m: 5:08.77 36.96				
2.	1037824 FREIRE GONZALEZ, Javier	32	RIASBAIXAS	5:59.15	10,00
	50m: 36.92 36.92 150m: 2:08.45 48.62 250m: 3:47.28 51.82 350m: 5:20.39 40.62				
	100m: 1:19.83 42.91 200m: 2:55.46 47.01 300m: 4:39.77 52.49 400m: 5:59.15 38.76				
3.	1076271 NOVALES BLANCO, Xabier	34	RIASBAIXAS	7:04.91	8,00
	50m: 46.44 46.44 150m: 2:37.88 59.18 250m: 4:32.82 56.51 350m: 6:18.53 49.12				
	100m: 1:38.70 52.26 200m: 3:36.31 58.43 300m: 5:29.41 56.59 400m: 7:04.91 46.38				
35+					
1.	1136629 FIGUEIRA DOMINGUEZ, Javier Guzman	37	RIASBAIXAS	6:40.39	13,00
	50m: 45.51 45.51 150m: 2:33.48 58.02 250m: 4:19.63 49.75 350m: 5:57.12 46.57				
	100m: 1:35.46 49.95 200m: 3:29.88 56.40 300m: 5:10.55 50.92 400m: 6:40.39 43.27				
40+					
1.	1240331 DE LORENZO FERNÁNDEZ, Javier	44	ESCUALOS	6:41.20	13,00
	50m: 47.30 47.30 150m: 2:36.16 51.87 250m: 4:22.03 55.18 350m: 6:01.42 45.45				
	100m: 1:44.29 56.99 200m: 3:26.85 50.69 300m: 5:15.97 53.94 400m: 6:41.20 39.78				
2.	1214823 GONZALEZ PEÑAS, David	41	PORTAMIÑA	6:43.52	10,00
	50m: 52.01 52.01 150m: 2:38.54 51.30 250m: 4:21.07 54.24 350m: 6:01.34 45.50				
	100m: 1:47.24 55.23 200m: 3:26.83 48.29 300m: 5:15.84 54.77 400m: 6:43.52 42.18				
3.	1039360 POSE MATO, Cesar	42	ADFOGAR	9:52.94	8,00
	50m: 1:10.14 1:10.14 150m: 3:51.39 1:20.16 250m: 6:28.73 1:19.42 350m: 8:51.66 1:06.15				
	100m: 2:31.23 1:21.09 200m: 5:09.31 1:17.92 300m: 7:45.51 1:16.78 400m: 9:52.94 1:01.28				

Prueba 22, Masc., 400m Estilos, 40+

Clasificación	Edad	Tiempo	Puntos
DSQ 1199899 DOMINGUEZ PHILOCREON, Ticiano <i>Nado irregular</i>	44 CIDSANTIAG		-
DSQ 1141151 CALLE FACAL, Telmo <i>Viraje irregular</i>	42 CIDSANTIAG		-

45+

1.	1118746 SANCHEZ GORDON, Roman	47 RIASBAIXAS	5:32.65	13,00
	50m: 34.78 34.78 150m: 1:58.40 43.73 250m: 3:29.99 49.45 350m: 4:55.61 37.54			
	100m: 1:14.67 39.89 200m: 2:40.54 42.14 300m: 4:18.07 48.08 400m: 5:32.65 37.04			
2.	1076564 CABANELAS EIRAS, Pablo	46 CIDSANTIAG	6:32.09	10,00
	50m: 41.45 41.45 150m: 2:19.97 50.81 250m: 4:06.69 55.69 350m: 5:47.65 44.41			
	100m: 1:29.16 47.71 200m: 3:11.00 51.03 300m: 5:03.24 56.55 400m: 6:32.09 44.44			
3.	1190398 FERNANDEZ CORRAL, Marcos	46 PORTAMIÑA	8:59.02	8,00
	50m: 1:00.40 1:00.40 150m: 3:20.81 1:13.92 250m: 5:43.32 1:08.24 350m: 7:57.21 1:03.88			
	100m: 2:06.89 1:06.49 200m: 4:35.08 1:14.27 300m: 6:53.33 1:10.01 400m: 8:59.02 1:01.81			
Baja	1075220 MARTINEZ FERNANDEZ, Hector	48 NTNARON		-
Baja	1075217 ESPINOSA MIRA, Jorge	47 C. N. Valdeorras		-

50+

1.	1076553 FERNANDEZ-TESTA BARREIRO, David	51 RIASBAIXAS	6:59.60	13,00
	50m: 47.80 47.80 150m: 2:41.04 57.74 250m: 4:32.05 56.13 350m: 6:14.73 46.83			
	100m: 1:43.30 55.50 200m: 3:35.92 54.88 300m: 5:27.90 55.85 400m: 6:59.60 44.87			

55+

1.	1037161 TOME NOGUEIRA, Alberto M.	57 ADFOGAR	7:16.59	13,00
	50m: 45.69 45.69 150m: 2:40.94 57.74 250m: 4:36.67 1:00.33 350m: 6:29.57 49.82			
	100m: 1:43.20 57.51 200m: 3:36.34 55.40 300m: 5:39.75 1:03.08 400m: 7:16.59 47.02			
2.	1143575 FERREIRA GONZALEZ, Xose Anxo	59 REDONDELA	7:47.40	10,00
	50m: 50.42 50.42 150m: 2:51.99 1:03.06 250m: 5:01.85 1:07.88 350m: 7:01.78 51.63			
	100m: 1:48.93 58.51 200m: 3:53.97 1:01.98 300m: 6:10.15 1:08.30 400m: 7:47.40 45.62			
3.	1193949 LAMELO OTERO, Ramón Jesus	57 CIDSANTIAG	8:27.02	8,00
	50m: 59.20 59.20 150m: 3:08.30 1:05.34 250m: 5:30.46 1:21.21 350m: 7:40.92 49.01			
	100m: 2:02.96 1:03.76 200m: 4:09.25 1:00.95 300m: 6:51.91 1:21.45 400m: 8:27.02 46.10			

60+

1.	1075770 RODRIGUEZ BASANTA, Fco. Jose	64 C. N. Valdeorras	8:40.18	13,00
	50m: 59.63 59.63 150m: 3:32.33 1:19.30 250m: 5:44.64 1:05.43 350m: 7:50.14 55.87			
	100m: 2:13.03 1:13.40 200m: 4:39.21 1:06.88 300m: 6:54.27 1:09.63 400m: 8:40.18 50.04			

Prueba 22, Masc., 400m Estilos

65+

Baja 1048207 ROS ROSILLO, Alejandro

67 RIASBAIXAS

-

Prueba 23
12/01/2025

Fem., 100m Libre

2005 y mayores
Resultados

Clasificación			Edad		Tiempo	Puntos
20+						
1.	1144257	FERNANDEZ GONZALEZ, Elena	24	HERCULES	1:11.86	13,00
	50m:	34.72 34.72	100m:	1:11.86	37.14	
2.	1113219	IGLESIAS LOPEZ, Maria	24	CULLEREDO	1:12.25	10,00
	50m:	34.93 34.93	100m:	1:12.25	37.32	
3.	1076336	BLANCO PEREZ, Laura	21	PONTEAREAS	1:12.47	8,00
	50m:	34.26 34.26	100m:	1:12.47	38.21	
4.	1228048	ALVAREZ SOUTO, Claudia	24	PONTEAREAS	1:14.33	7,00
	50m:	35.24 35.24	100m:	1:14.33	39.09	
5.	1199453	FILGUEIRAS OLMO, Helena	21	PORTAMIÑA	1:14.41	6,00
	50m:	35.22 35.22	100m:	1:14.41	39.19	
6.	1108843	ESTEVEZ BASTERO, Ana	20	RIASBAIXAS	1:14.93	5,00
	50m:	36.14 36.14	100m:	1:14.93	38.79	
7.	1079203	DURAN PALEO, Sabela	20	C. N. As Meigas	1:18.14	4,00
	50m:	37.43 37.43	100m:	1:18.14	40.71	
Baja	1038179	IBAÑEZ CARRERA, Sara	24	PONTEAREAS		-
Baja	1143380	SUAREZ GARCIA, Marta	22	RIASBAIXAS		-
25+						
1.	1130789	GARCIA MIGUEZ, Rosalia	27	CIDSANTIAG	1:05.49	13,00
	50m:	31.26 31.26	100m:	1:05.49	34.23	
2.	1038608	SUAREZ GARCIA, Sofia	28	RIASBAIXAS	1:11.49	10,00
	50m:	33.55 33.55	100m:	1:11.49	37.94	
3.	1115644	FERNÁNDEZ JUAN, María	27	CIDSANTIAG	1:14.68	8,00
	50m:	35.67 35.67	100m:	1:14.68	39.01	
4.	1041218	ISASTI OTERO, Nerea	28	XOVE	1:16.25	7,00
	50m:	35.83 35.83	100m:	1:16.25	40.42	
5.	1266318	GORDILLO VAN GILS, Silvia	29	NTNARON	1:22.28	6,00
	50m:	37.54 37.54	100m:	1:22.28	44.74	
6.	1249230	MIRAS VAZQUEZ, Irene	28	CIDSANTIAG	1:22.37	5,00
	50m:	38.33 38.33	100m:	1:22.37	44.04	
7.	1038466	RODRIGUEZ PAZ, Lucia	25	PONTEAREAS	1:24.15	4,00
	50m:	39.47 39.47	100m:	1:24.15	44.68	
8.	1238682	BARCA PENSADO, Maria	29	ADFOGAR	1:25.93	3,00
	50m:	39.58 39.58	100m:	1:25.93	46.35	
9.	1263196	CASTRO BLANCO, Brenda	25	ESCUALOS	1:34.06	2,00
	50m:	43.84 43.84	100m:	1:34.06	50.22	

Splash Meet Manager, 11.80519

Registered to Galicia

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Prueba 23, Fem., 100m Libre, 25+

Clasificación					Edad		Tiempo	Puntos
10.	1266329	PRADO POSADA, Sofia	28	PONTEAREAS			1:36.09	1,00
	50m:	45.89	45.89	100m:	1:36.09	50.20		

30+

1.	1093459	FRANCO CAL, Alba	34	C. N. As Meigas			59.49	13,00
	50m:	29.04	29.04	100m:	59.49	30.45		
2.	1116506	RAMOS LOBO, Raquel	32	PORTAMIÑA			1:08.00	10,00
	50m:	32.10	32.10	100m:	1:08.00	35.90		
3.	1178773	CHAMADOIRA DOMÍNGUEZ, Jennifer	31	PONTEAREAS			1:08.32	8,00
	50m:	31.82	31.82	100m:	1:08.32	36.50		
4.	1143565	ARAÚJO CASTRO, Paula	34	CDELMAR			1:21.75	7,00
	50m:	38.02	38.02	100m:	1:21.75	43.73		
5.	1257417	ALONSO GONZALEZ, Ines	33	CNMOS			1:25.78	6,00
	50m:	41.28	41.28	100m:	1:25.78	44.50		
6.	1221892	OTERO FERNANDEZ, Maria Luisa	32	SALESTRA			1:26.58	5,00
	50m:	41.01	41.01	100m:	1:26.58	45.57		
7.	1266328	PEREIRA FERNÁNDEZ, Patricia	33	PONTEAREAS			1:36.12	4,00
	50m:	45.95	45.95	100m:	1:36.12	50.17		
8.	1240953	SIMOIS MORAIS, Yolanda	31	SALESTRA			1:55.17	3,00
	50m:	54.34	54.34	100m:	1:55.17	1:00.83		
9.	1215890	FERNANDEZ PARADA, Clara	32	POURENSE			2:16.95	2,00
	50m:	1:06.26	1:06.26	100m:	2:16.95	1:10.69		

35+

1.	1193947	ALCALDE BALADO, Tania	39	CIDSANTIAG			1:07.34	13,00
	50m:	32.46	32.46	100m:	1:07.34	34.88		
2.	1028641	OTERO RODRIGUEZ, Sandra	38	ESCUALOS			1:10.55	10,00
	50m:	33.96	33.96	100m:	1:10.55	36.59		
3.	1267367	VYNOHRADOVA, Kateryna	39	GALAICO			1:20.72	8,00
	50m:	39.30	39.30	100m:	1:20.72	41.42		
4.	1129917	MURAS MORA, Andrea	36	CIDSANTIAG			1:20.82	7,00
	50m:	38.68	38.68	100m:	1:20.82	42.14		
5.	1040731	GESTO ALONSO, Clarisa	36	PONTEAREAS			1:23.81	6,00
	50m:	40.07	40.07	100m:	1:23.81	43.74		
6.	1144592	ACUÑA MELLA, Maria	37	PONTEAREAS			1:38.57	5,00
	50m:	46.36	46.36	100m:	1:38.57	52.21		
7.	1260386	FRANCO CAL, Sonia	38	C. N. As Meigas			1:42.07	4,00
	50m:	47.06	47.06	100m:	1:42.07	55.01		

Splash Meet Manager, 11.80519

Registered to Galicia

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Prueba 23, Fem., 100m Libre, 35+

Clasificación					Edad		Tiempo	Puntos
8.	1040100	CALVO RODRÍGUEZ, María	38	NTNARON			1:47.12	3,00
	50m:	49.95	49.95	100m:	1:47.12	57.17		
9.	1258330	BEN CILLERO, Natalia	36	XOVE			1:52.34	2,00
	50m:	51.32	51.32	100m:	1:52.34	1:01.02		
Baja	1226235	EIRIS CASTRO, Andrea	35	ADFOGAR				-
Baja	1228002	PELETEIRO FRANCO, Angela Maria	36	CIDSANTIAG				-

40+

1.	1144270	ROZADOS LUIS, Adriana	40	SALESTRA			1:12.01	13,00
	50m:	34.01	34.01	100m:	1:12.01	38.00		
2.	1180232	FKEOUI OMARI, Salma	43	CIDSANTIAG			1:15.38	10,00
	50m:	36.69	36.69	100m:	1:15.38	38.69		
3.	1236642	ABBATEMARCO, Cristina	41	SALESTRA			1:20.73	8,00
	50m:	37.75	37.75	100m:	1:20.73	42.98		
4.	1144598	OLMO VAQUEIRO, Leticia	44	PONTEAREAS			1:26.44	7,00
	50m:	42.61	42.61	100m:	1:26.44	43.83		
5.	1145082	FARIÑA SOUSA, Noemi	42	CIDSANTIAG			1:30.97	6,00
	50m:	40.96	40.96	100m:	1:30.97	50.01		
6.	1075224	BROZOS VAZQUEZ, Elena María	43	CIDSANTIAG			1:38.07	5,00
	50m:	47.02	47.02	100m:	1:38.07	51.05		
7.	1250481	MENDEZ ABELAIRA, Jessica	43	C. N. Valdeorras			2:04.79	4,00
	50m:	58.27	58.27	100m:	2:04.79	1:06.52		

45+

1.	1143894	DE LORENZO FERNANDEZ, Maria	47	ESCUALOS			1:23.11	13,00
	50m:	40.98	40.98	100m:	1:23.11	42.13		
2.	1221213	CAGIAO RODRIGUEZ, Natalia	47	SCASINO			1:23.72	10,00
	50m:	38.21	38.21	100m:	1:23.72	45.51		
3.	1178771	BESADA FERNÁNDEZ, Ana M.	47	PONTEAREAS			1:46.67	8,00
	50m:	47.99	47.99	100m:	1:46.67	58.68		
4.	1036387	VAZQUEZ PARCERO, Marta	45	CULLEREDO			2:03.42	7,00
	50m:	59.14	59.14	100m:	2:03.42	1:04.28		

50+

1.	1040944	VARELA REDONDO, Veronica	50	PONTEAREAS			1:19.83	13,00
	50m:	37.77	37.77	100m:	1:19.83	42.06		
2.	1180238	GARCÍA SEOANE, Cristina María	50	HERCULES			1:26.55	10,00
	50m:	40.74	40.74	100m:	1:26.55	45.81		

Prueba 23, Fem., 100m Libre, 50+

Clasificación					Edad		Tiempo	Puntos
3.	1075503	DE LA MONTAÑA ALCANTARA, Gloria	52	RSDH			1:29.80	8,00
	50m:	42.01	42.01	100m:	1:29.80	47.79		
4.	1144074	SERRANO AVENDAÑO, Silvia	50	TRAVIESAS			1:39.87	7,00
	50m:	48.91	48.91	100m:	1:39.87	50.96		
5.	1246140	MARIÑO PAZ, Eva Maria	51	C. N. Máster Pons Vetus			1:41.68	6,00
	50m:	44.75	44.75	100m:	1:41.68	56.93		
Baja	1145023	SALES MANTIÑAN, Carmen	51	SCASINO				-

55+

1.	1076186	LOPEZ GONZALEZ, Monica	55	PORTAMIÑA			1:24.04	13,00
	50m:	40.33	40.33	100m:	1:24.04	43.71		
2.	1037939	CASTRO MAESTRE, Isaura	56	FLUVIAL			1:25.94	10,00
	50m:	41.57	41.57	100m:	1:25.94	44.37		
3.	1147048	REGUEIRO RODRIGUEZ, Ana	59	RIASBAIXAS			1:26.85	8,00
	50m:	41.65	41.65	100m:	1:26.85	45.20		
4.	1037970	CALVIÑO CANCELA, Maria Cristina	57	PONTEAREAS			1:38.06	7,00
	50m:	45.49	45.49	100m:	1:38.06	52.57		
5.	1174378	PAZOS SOAGE, Paloma	55	C. N. Máster Pons Vetus			1:43.71	6,00
	50m:	49.83	49.83	100m:	1:43.71	53.88		
6.	1269270	REY OTERO, Angela Maria	59	MULLEREF			1:57.23	5,00
	50m:	55.08	55.08	100m:	1:57.23	1:02.15		
7.	1267371	FORRYAN SECCOMBE, Anne May	59	PONTEAREAS			2:10.70	4,00
	50m:	53.32	53.32	100m:	2:10.70	1:17.38		

60+

1.	1144331	TERCEIRO DELGADO, María Del Mar	62	CDELMAR			1:16.97	13,00
	50m:	37.36	37.36	100m:	1:16.97	39.61		
2.	1145099	LOPEZ MAHIA, Purificacion	62	HERCULES			1:37.89	10,00
	50m:	44.90	44.90	100m:	1:37.89	52.99		
3.	1253458	IGNACIO QUINTEIRO, Maria Del Carme	60	C. N. Máster Pons Vetus			1:53.14	8,00
	50m:	53.44	53.44	100m:	1:53.14	59.70		
4.	1079968	CHUB SAVCHENKO, Lyudmyla	60	GALAICO			1:54.24	7,00
	50m:	52.42	52.42	100m:	1:54.24	1:01.82		
5.	1144231	PEREZ GALLARDO, Teresa	61	POURENSE			2:13.32	6,00
	50m:	1:03.23	1:03.23	100m:	2:13.32	1:10.09		
Baja	1260384	CAL FERNÁNDEZ, Mónica Catalina	61	C. N. As Meigas				-

Prueba 23, Fem., 100m Libre

65+

1.	1037151 GOMEZ DOVAL, Maria Angela	69	FLUVIAL	2:08.00	13,00
	50m: 1:00.18 1:00.18 100m: 2:08.00 1:07.82				
2.	1217937 RODRÍGUEZ TRONCOSO, Marina	66	PONTEAREAS	2:12.11	10,00
	50m: 1:03.32 1:03.32 100m: 2:12.11 1:08.79				
3.	1076494 SUEIRO COSTAS, Maria Del Carmen	69	PONTEAREAS	2:17.61	8,00
	50m: 1:05.41 1:05.41 100m: 2:17.61 1:12.20				
Baja	1143622 OTERO LOPEZ, Maria Elisa	65	POURENSE		-

70+

1.	1076490 GONZALEZ-ALEGRE BURGUEÑO, A.	73	TRAVIESAS	1:46.83	13,00
	50m: 49.60 49.60 100m: 1:46.83 57.23				

75+

1.	1076482 GONZALEZ RODRIGUEZ, S. Marta	79	PONTEAREAS	3:07.98	13,00
	50m: 1:31.67 1:31.67 100m: 3:07.98 1:36.31				

Prueba 24
12/01/2025

Masc., 100m Libre

2005 y mayores
Resultados

Clasificación				Edad		Tiempo	Puntos
20+							
1.	1135986	CASARES GARCIA, Brais	21	PONTEAREAS		1:00.83	13,00
	50m:	28.51 28.51	100m:	1:00.83	32.32		
2.	1023017	CARRIL SOUTO, Javier	22	ARTEIXO		1:03.10	10,00
	50m:	30.08 30.08	100m:	1:03.10	33.02		
3.	1075388	MÉNDEZ LORENZO, Bruno	21	NFERROL		1:04.19	8,00
	50m:	31.05 31.05	100m:	1:04.19	33.14		
4.	1266300	ARANDA FERNANDEZ, Anton	21	POURENSE		1:07.33	7,00
	50m:	33.28 33.28	100m:	1:07.33	34.05		
5.	1135985	CASARES GARCIA, Adrian	22	PONTEAREAS		1:07.76	6,00
	50m:	30.85 30.85	100m:	1:07.76	36.91		
6.	1079156	MARQUEZ VAZQUEZ, Pablo	23	C. N. As Meigas		1:11.30	5,00
	50m:	32.82 32.82	100m:	1:11.30	38.48		
7.	1143066	DE LUIS ROIBÁS, Unai	20	PORTAMIÑA		1:11.63	4,00
	50m:	33.72 33.72	100m:	1:11.63	37.91		
25+							
1.	1110128	CAMINO PARDO, Rodrigo	25	NCORUÑA		55.67	13,00
	50m:	26.41 26.41	100m:	55.67	29.26		
2.	1037180	CARRERA COSTAS, Martin	29	PONTEAREAS		59.45	10,00
	50m:	28.07 28.07	100m:	59.45	31.38		
3.	1061561	INCUTTI TELLADO, Denis	25	PONTEAREAS		59.87	8,00
	50m:	28.84 28.84	100m:	59.87	31.03		
4.	1037192	FERRO SANTOS, JUAN MANUEL,	25	XOVE		1:00.49	7,00
	50m:	29.26 29.26	100m:	1:00.49	31.23		
5.	1039270	TRILLO RODRIGUEZ, Adrian	28	CNMOS		1:03.73	6,00
	50m:	30.71 30.71	100m:	1:03.73	33.02		
6.	1115676	GONZALEZ IGLESIAS, Alberto	28	CULLEREDO		1:03.93	5,00
	50m:	30.72 30.72	100m:	1:03.93	33.21		
30+							
1.	1078641	GRACIA CARBAJO, Miguel	31	NTNARON		56.64	13,00
	50m:	27.25 27.25	100m:	56.64	29.39		
2.	1093458	MUIÑO ALONSO, Anton	31	NCORUÑA		57.18	10,00
	50m:	27.36 27.36	100m:	57.18	29.82		
3.	1040484	ISASTI OTERO, Patxi	30	XOVE		57.77	8,00
	50m:	27.64 27.64	100m:	57.77	30.13		

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Prueba 24, Masc., 100m Libre, 30+

Clasificación					Edad			Tiempo	Puntos
4.	1232980	PICALLO MATO, Adrian	30	SALESTRA				1:06.52	7,00
	50m:	32.61	32.61	100m:	1:06.52	33.91			
5.	1251210	ANDRES DUASO, Olmo	32	ARTEIXO				1:06.84	6,00
	50m:	31.02	31.02	100m:	1:06.84	35.82			
6.	1252298	SANMARTIN GARCÍA, Jorge	34	NTNARON				1:10.72	5,00
	50m:	32.83	32.83	100m:	1:10.72	37.89			
7.	1207051	LAVIA PINTOS, David	32	C. N. Máster Pons Vetus				1:20.26	4,00
	50m:	38.18	38.18	100m:	1:20.26	42.08			
8.	1260387	GARCÍA ARCE, Gonzalo	34	C. N. As Meigas				1:22.28	3,00
	50m:	38.68	38.68	100m:	1:22.28	43.60			
9.	1222771	LAGO GONZALEZ, Ivan	32	PONTEAREAS				1:42.03	2,00
	50m:	46.44	46.44	100m:	1:42.03	55.59			
35+									
1.	1078993	LOBELLE GONZALEZ, Ivan	36	CDELMAR				53.56	13,00 RG
	50m:	25.48	25.48	100m:	53.56	28.08			
2.	1041299	MARTÍNEZ GESTAL, Alejandro	35	CDELMAR				59.49	10,00
	50m:	27.18	27.18	100m:	59.49	32.31			
3.	1199549	MARTINEZ DOPAZO, David	38	CIDSANTIAG				1:01.26	8,00
	50m:	29.34	29.34	100m:	1:01.26	31.92			
4.	1143515	BLANCO PEREZ, Jesus	39	NTNARON				1:01.33	7,00
	50m:	28.24	28.24	100m:	1:01.33	33.09			
5.	1010948	CAMPAÑA BARROS, Adrian	35	CIDSANTIAG				1:03.32	6,00
	50m:	30.87	30.87	100m:	1:03.32	32.45			
6.	1076287	PAZOS ALONSO, Josue	39	ESCUALOS				1:03.98	5,00
	50m:	30.72	30.72	100m:	1:03.98	33.26			
7.	1185622	DÍAZ RODRÍGUEZ, Andrés	36	NTNARON				1:04.34	4,00
	50m:	30.97	30.97	100m:	1:04.34	33.37			
8.	1249163	BELLO PORTO, David	35	NCORUÑA				1:08.98	3,00
	50m:	32.48	32.48	100m:	1:08.98	36.50			
9.	1240711	MIRAS LOPEZ, Raul	38	NCORUÑA				1:09.59	2,00
	50m:	31.35	31.35	100m:	1:09.59	38.24			
10.	1241139	DIÉGUEZ GONZALEZ, Bruno	35	CIDSANTIAG				1:14.85	1,00
	50m:	34.79	34.79	100m:	1:14.85	40.06			
11.	1263089	ALEJANDRE SALGADO, German	39	C. N. Valdeorras				1:16.30	-
	50m:	34.68	34.68	100m:	1:16.30	41.62			
12.	1145090	MARTÍNEZ DOMÍNGUEZ, Iván	37	PONTEAREAS				1:19.34	-
	50m:	36.51	36.51	100m:	1:19.34	42.83			

Prueba 24, Masc., 100m Libre, 35+

Clasificación					Edad			Tiempo	Puntos
13.	1078909	RODRIGUEZ BALIÑA, Mauro	35	PONTEAREAS				1:27.75	-
	50m:	39.79	39.79	100m:	1:27.75	47.96			
14.	1236854	GIRALDEZ VILLANUEVA, Ivan	38	PONTEAREAS				2:04.22	-
	50m:	58.77	58.77	100m:	2:04.22	1:05.45			

40+

1.	1084043	PIÑEIRO PEON, Antonio	41	CIDSANTIAG				1:02.15	13,00
	50m:	29.26	29.26	100m:	1:02.15	32.89			
2.	1143897	SEVILLA AROCA, Javier	42	ESCUALOS				1:03.36	10,00
	50m:	30.42	30.42	100m:	1:03.36	32.94			
3.	1144584	ALVAREZ SILVA, Ruben	44	ESCUALOS				1:05.11	8,00
	50m:	32.05	32.05	100m:	1:05.11	33.06			
4.	1203519	KRUGLOV, Mykola	40	ESCUALOS				1:05.22	7,00
	50m:	30.22	30.22	100m:	1:05.22	35.00			
5.	1036745	BARCIA SIXTO, Francisco José	40	NTNARON				1:09.00	6,00
	50m:	32.16	32.16	100m:	1:09.00	36.84			
6.	1141126	GOLPE IGLESIAS, Jose Antonio	43	C. N. Máster Pons Vetus				1:16.87	5,00
	50m:	36.67	36.67	100m:	1:16.87	40.20			
7.	1144946	RODRIGUEZ GARCIA, Jose Bernardo	42	RIASBAIXAS				1:18.14	4,00
	50m:	35.59	35.59	100m:	1:18.14	42.55			
8.	1107557	MELLA BARBEITO, Javier	42	ARTEIXO				1:21.90	3,00
	50m:	38.37	38.37	100m:	1:21.90	43.53			

Baja	1020991	FERNANDEZ MONTEAGUDO, Ruben	40	CIDSANTIAG					-
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45+

1.	1144267	FINS SEOANE, Juan Miguel	48	SALESTRA				1:02.79	13,00
	50m:	30.09	30.09	100m:	1:02.79	32.70			
2.	1118746	SANCHEZ GORDON, Roman	47	RIASBAIXAS				1:03.24	10,00
	50m:	30.77	30.77	100m:	1:03.24	32.47			
3.	1182358	CANOSA RODRÍGUEZ, Juan José	45	NTNARON				1:03.85	8,00
	50m:	30.38	30.38	100m:	1:03.85	33.47			
4.	1192271	MOURIÑO FORTES, Victor Manuel	48	PONTEAREAS				1:09.64	7,00
	50m:	33.48	33.48	100m:	1:09.64	36.16			
5.	1078611	MARTIN MONTERO, Manuel Jose	48	ARTEIXO				1:10.16	6,00
	50m:	33.01	33.01	100m:	1:10.16	37.15			
6.	1090758	IGLESIAS FUERTES, Abel	46	ESCUALOS				1:10.48	5,00
	50m:	33.08	33.08	100m:	1:10.48	37.40			
7.	1143662	BALSA MOSQUERA, Pablo	47	NTNARON				1:10.71	4,00
	50m:	33.41	33.41	100m:	1:10.71	37.30			

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Prueba 24, Masc., 100m Libre, 45+

Clasificación					Edad		Tiempo	Puntos
8.	1258069	ORGEIRA CRESPO, Pedro	49	POURENSE			1:11.53	3,00
	50m:	34.49 34.49	100m:	1:11.53	37.04			
9.	1198273	MONTERO PRIETO, Carlos Eugenio	47	CIDSANTIAG			1:11.70	2,00
	50m:	34.61 34.61	100m:	1:11.70	37.09			
10.	1076564	CABANELAS EIRAS, Pablo	46	CIDSANTIAG			1:12.09	1,00
	50m:	34.88 34.88	100m:	1:12.09	37.21			
11.	1200126	TABOADA CALVELO, Jose Carlos	46	SALESTRA			1:15.08	-
	50m:	35.54 35.54	100m:	1:15.08	39.54			
12.	1096414	ALIAGA SOLA, Alberto	48	PONTEAREAS			1:18.83	-
	50m:	37.93 37.93	100m:	1:18.83	40.90			
Baja	1247553	MUIÑO LOPEZ, Iago	48	CIDSANTIAG				-
Baja	1144269	LOPEZ PAYO, Mario	48	SALESTRA				-

50+

1.	1243174	SONEIRA REBOREDO, Oscar	50	CIDSANTIAG			1:01.13	13,00
	50m:	29.43 29.43	100m:	1:01.13	31.70			
2.	1231581	RODRÍGUEZ SALGADO, Manuel	50	CIDSANTIAG			1:04.31	10,00
	50m:	30.24 30.24	100m:	1:04.31	34.07			
3.	1146934	DIEGUEZ ARANDA, Hector	52	PORTAMIÑA			1:05.56	8,00
	50m:	32.32 32.32	100m:	1:05.56	33.24			
4.	1251882	IGLESIAS CARRERA, Pio	52	CIDSANTIAG			1:06.25	7,00
	50m:	32.74 32.74	100m:	1:06.25	33.51			
5.	1076538	FUENTES FERNANDEZ, Eugenio	53	RIASBAIXAS			1:06.54	6,00
	50m:	31.60 31.60	100m:	1:06.54	34.94			
6.	1264722	BALDOMAR OBELLEIRA, Ruben	51	NCORUÑA			1:06.85	5,00
	50m:	32.10 32.10	100m:	1:06.85	34.75			
7.	1084040	GARCIA CASTIÑEIRA, Daniel	51	CIDSANTIAG			1:08.95	4,00
	50m:	32.97 32.97	100m:	1:08.95	35.98			
8.	1244393	REY RODRIGUEZ, Oscar	51	CIDSANTIAG			1:11.99	3,00
	50m:	33.93 33.93	100m:	1:11.99	38.06			
9.	1171462	FERREIRO SEOANE, Jose Raul	52	RIASBAIXAS			1:13.73	2,00
	50m:	35.60 35.60	100m:	1:13.73	38.13			
10.	1268047	CUETO ALVAREZ, Elias	50	CIDSANTIAG			1:14.84	1,00
	50m:	38.45 38.45	100m:	1:14.84	36.39			
11.	1141071	LORENZO FERNANDEZ, Jose Manuel	53	RIASBAIXAS			1:18.88	-
	50m:	36.93 36.93	100m:	1:18.88	41.95			
12.	1147211	BLANCO HORTAS, Jose Ramon	51	PORTAMIÑA			1:18.99	-
	50m:	37.93 37.93	100m:	1:18.99	41.06			
13.	1244388	DIEZ RODRIGUEZ, Ignacio J.	53	PORTAMIÑA			1:19.72	-
	50m:	38.85 38.85	100m:	1:19.72	40.87			

Splash Meet Manager, 11.80519

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Prueba 24, Masc., 100m Libre, 50+

Clasificación				Edad		Tiempo	Puntos
14.	1208795	LORENZO GONZALEZ-VISO, Carlos	54	POURENSE		1:35.16	-
	50m:	44.27 44.27	100m:	1:35.16	50.89		
DSQ	1147287	ESCUDEIRO DANS, David	52	NCORUÑA			-
		<i>Saída anticipada</i>					
Baja	1258336	MUÑIZ CAL, Rafael	51	ARTEIXO			-
Baja	1076544	GARABATOS RODRIGUEZ, Santiago	51	CNMOS			-

55+

1.	1085112	RIVAS FEAL, Antonio	59	SCASINO		1:08.49	13,00
	50m:	33.16 33.16	100m:	1:08.49	35.33		
2.	1175089	NISTAL GARCÍA, Eduardo	57	SCASINO		1:11.82	10,00
	50m:	34.79 34.79	100m:	1:11.82	37.03		
3.	1141191	GARCIA SANJURJO, Jose Manuel	58	CDELMAR		1:12.85	8,00
	50m:	35.03 35.03	100m:	1:12.85	37.82		
4.	1199641	COUCEIRO SANCHEZ, Gonzalo	59	SCASINO		1:18.87	7,00
	50m:	37.06 37.06	100m:	1:18.87	41.81		
5.	1079460	REY ROMERO, Jorge J.	59	PORTAMIÑA		1:20.87	6,00
	50m:	38.02 38.02	100m:	1:20.87	42.85		
6.	1228047	PEREZ GARCIA, Manuel	58	CULLEREDO		1:29.45	5,00
	50m:	42.01 42.01	100m:	1:29.45	47.44		
7.	1180249	SUAREZ FREIRE, David Manuel	57	RIASBAIXAS		1:39.33	4,00
	50m:	47.65 47.65	100m:	1:39.33	51.68		
8.	1144698	CADAVID NUÑEZ, Jose	55	POURENSE		1:41.55	3,00
	50m:	45.55 45.55	100m:	1:41.55	56.00		

60+

1.	1232926	TAPIA PORTO, Enrique	60	NCORUÑA		1:05.03	13,00
	50m:	31.62 31.62	100m:	1:05.03	33.41		
2.	1105220	GARCIA RIÑON, Jaime	61	NCORUÑA		1:06.11	10,00
	50m:	32.38 32.38	100m:	1:06.11	33.73		
3.	1078597	SOLLEIRO TIZON, Juan Jose	62	NCORUÑA		1:13.80	8,00
	50m:	35.67 35.67	100m:	1:13.80	38.13		
4.	1078802	CEGARRA GARCIA, Eugenio	61	RSDH		1:20.39	7,00
	50m:	37.57 37.57	100m:	1:20.39	42.82		
5.	1040281	MARTINEZ BERJANO, Jose Manuel	62	MONFORTE		1:24.09	6,00
	50m:	38.67 38.67	100m:	1:24.09	45.42		
6.	1143536	BLANCO PEREZ, Angel	61	POURENSE		1:28.08	5,00
	50m:	41.03 41.03	100m:	1:28.08	47.05		
7.	1075589	SANCHEZ VAZQUEZ, Jesus	63	PORTAMIÑA		1:29.09	4,00
	50m:	42.28 42.28	100m:	1:29.09	46.81		

Splash Meet Manager, 11.80519

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Prueba 24, Masc., 100m Libre, 60+

Clasificación					Edad		Tiempo	Puntos
8.	1076248	GONZALEZ ANTON, Jose Luis	63	GALAICO			1:37.74	3,00
		50m: 47.53 47.53 100m: 1:37.74 50.21						
9.	1076514	LAGO REY, Jose Manuel	62	RIASBAIXAS			2:15.10	2,00
		50m: 1:00.28 1:00.28 100m: 2:15.10 1:14.82						
Baja	1076173	FERNANDEZ NUÑEZ, Santiago	62	CIDSANTIAG				-
65+								
1.	1174449	FERNANDEZ ARRUTI, Jose Angel	66	CIDSANTIAG			1:13.44	13,00
		50m: 35.80 35.80 100m: 1:13.44 37.64						
70+								
1.	1075190	SUANZES PEREZ, Fernando	72	HERCULES			1:21.74	13,00
		50m: 40.05 40.05 100m: 1:21.74 41.69						
75+								
Baja	1076488	MONROY FERNÁNDEZ, Manuel	75	PONTEAREAS				-
85+								
1.	1143727	FOLCH MALLOFRE, Ramon	88	ARTEIXO			2:02.90	13,00
		50m: 1:00.20 1:00.20 100m: 2:02.90 1:02.70						

Prueba 25
12/01/2025

Fem., 200m Mariposa

2005 y mayores
Resultados

Clasificación					Edad					Tiempo	Puntos
25+											
1.	1145008	GONZALEZ PEREZ, Paula	29	PONTEAREAS						3:59.27	13,00
	50m:	49.21	49.21	100m:	1:50.18	1:00.97	150m:	2:54.44	1:04.26	200m:	3:59.27 1:04.83
30+											
1.	1078925	SALGADO CASTELO, Marta	31	MULLEREF						4:00.37	13,00
	50m:	52.75	52.75	100m:	1:52.31	59.56	150m:	2:57.39	1:05.08	200m:	4:00.37 1:02.98
35+											
1.	1250482	RODRIGUEZ DE DIOS, Amparo	38	C. N. Valdeorras						4:03.55	13,00
	50m:	54.17	54.17	100m:	1:55.73	1:01.56	150m:	2:58.51	1:02.78	200m:	4:03.55 1:05.04
40+											
1.	1075221	HERMIDA RODRIGUEZ, Blanca	44	NFERROL						2:39.58	13,00 RG
	50m:	35.35	35.35	100m:	1:15.96	40.61	150m:	1:57.27	41.31	200m:	2:39.58 42.31
45+											
1.	1146893	PRADO FRANCO, Martha-Elizabeth	46	RIASBAIXAS						3:30.38	13,00
	50m:	47.40	47.40	100m:	1:43.08	55.68	150m:	2:38.59	55.51	200m:	3:30.38 51.79
2.	1170845	CID ALVAREZ, Isabel	45	ESCUALOS						3:53.60	10,00
	50m:	51.02	51.02	100m:	1:49.50	58.48	150m:	2:51.16	1:01.66	200m:	3:53.60 1:02.44
Baja	1119241	VIDAL BELLO, Mara	48	C. N. Valdeorras							-
50+											
1.	1171727	GARCIA RODRIGUEZ, Teresa	53	PORTAMIÑA						4:38.12	13,00
	50m:	1:01.60	1:01.60	100m:	2:09.62	1:08.02	150m:	3:22.52	1:12.90	200m:	4:38.12 1:15.60
55+											
1.	1037970	CALVIÑO CANCELA, Maria Cristina	57	PONTEAREAS						4:19.17	13,00
	50m:	56.94	56.94	100m:	2:01.39	1:04.45	150m:	3:11.08	1:09.69	200m:	4:19.17 1:08.09
2.	1145007	MELON PARENTE, M. Lourdes	56	PONTEAREAS						7:14.00	10,00
	50m:	1:37.64	1:37.64	100m:	3:33.29	1:55.65	150m:	5:18.62	1:45.33	200m:	7:14.00 1:55.38

Splash Meet Manager, 11.80519

Registered to Galicia

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Prueba 25, Fem., 200m Mariposa

60+

1.	1086162 BARJA BARJA, Liliana	60	TRAVIESAS	4:32.64	13,00
	50m: 1:00.36 1:00.36 100m: 2:10.67 1:10.31	150m: 3:22.23 1:11.56	200m: 4:32.64 1:10.41		

Prueba 26
12/01/2025

Masc., 200m Mariposa

2005 y mayores
Resultados

Clasificación					Edad					Tiempo	Puntos
30+											
1.	1128175	GULIAS GARCIA, Jose Ruben	34	C. N. Máster Pons Vetus						3:16.73	13,00
	50m:	40.37	40.37	100m:	1:30.46	50.09	150m:	2:24.08	53.62	200m:	3:16.73 52.65
35+											
1.	1107406	DOMÍNGUEZ PARDELLAS, Rubén	37	GALAICO						2:30.25	13,00
	50m:	32.93	32.93	100m:	1:11.57	38.64	150m:	1:50.55	38.98	200m:	2:30.25 39.70
40+											
1.	1039360	POSE MATO, Cesar	42	ADFOGAR						5:33.89	13,00
	50m:	1:12.69	1:12.69	100m:	2:35.84	1:23.15	150m:	4:03.68	1:27.84	200m:	5:33.89 1:30.21
45+											
1.	1024675	IGLESIAS GOMEZ, Gonzalo	46	CIDSANTIAG						2:51.31	13,00
	50m:	34.92	34.92	100m:	1:14.42	39.50	150m:	1:58.47	44.05	200m:	2:51.31 52.84
2.	1084041	SUAREZ GARCIA, Sergio	45	C. N. Máster Pons Vetus						3:43.52	10,00
	50m:	50.81	50.81	100m:	1:48.55	57.74	150m:	2:47.11	58.56	200m:	3:43.52 56.41
3.	1038913	SUAREZ GARCIA, Pedro Lois	45	PONTEAREAS						4:07.01	8,00
	50m:	52.27	52.27	100m:	1:56.01	1:03.74	150m:	3:00.35	1:04.34	200m:	4:07.01 1:06.66
4.	1190398	FERNANDEZ CORRAL, Marcos	46	PORTAMIÑA						4:31.83	7,00
	50m:	1:01.16	1:01.16	100m:	2:08.48	1:07.32	150m:	3:19.96	1:11.48	200m:	4:31.83 1:11.87
50+											
1.	1203923	FERNANDEZ PEREZ, Ramiro Ederaldo	54	RIASBAIXAS						3:33.30	13,00
	50m:	48.70	48.70	100m:	1:40.86	52.16	150m:	2:36.77	55.91	200m:	3:33.30 56.53
55+											
1.	1082554	MARTINEZ FAJARDO, Julio Enrique	55	ADFOGAR						2:43.51	13,00 RG
	50m:	34.88	34.88	100m:	1:15.14	40.26	150m:	1:58.40	43.26	200m:	2:43.51 45.11
2.	1037161	TOME NOGUEIRA, Alberto M.	57	ADFOGAR						3:38.13	10,00
	50m:	48.82	48.82	100m:	1:43.93	55.11	150m:	2:42.33	58.40	200m:	3:38.13 55.80
3.	1143575	FERREIRA GONZALEZ, Xose Anxo	59	REDONDELA						3:59.43	8,00
	50m:	53.74	53.74	100m:	1:53.80	1:00.06	150m:	2:56.32	1:02.52	200m:	3:59.43 1:03.11

Prueba 26, Masc., 200m Mariposa

60+

DSQ	1061111	ISASTI MAIZA, Patxi Xabier	60	XOVE	-
		<i>Nado irregular</i>			

Prueba 27
12/01/2025

Fem., 50m Espalda

2005 y mayores
Resultados

Clasificación			Edad		Tiempo	Puntos
20+						
1.	1079883	RODRIGUEZ RODRIGUEZ, Nina	23	RIASBAIXAS	32.42	13,00 RG
2.	1037966	FERNANDEZ PARDO, Irene	24	PONTEAREAS	33.19	10,00
3.	1228009	SOUTIÑO RAMIREZ, Carmen Victoria	24	PORTAMIÑA	35.70	8,00
4.	1079203	DURAN PALEO, Sabela	20	C. N. As Meigas	40.76	7,00
5.	1266324	ALVAREZ FERNANDEZ, Sofia	21	PONTEAREAS	48.10	6,00
Baja	1038179	IBÁÑEZ CARRERA, Sara	24	PONTEAREAS		-
25+						
1.	1037987	MENDEZ SEIJO, Nerea	26	RIASBAIXAS	38.20	13,00
2.	1041218	ISASTI OTERO, Nerea	28	XOVE	39.53	10,00
3.	1143257	MERA GONZÁLEZ, Irene	25	NTNARON	40.05	8,00
4.	1257948	TORTOSA MENDOZA, Maria Gabriela	29	CULLEREDO	44.70	7,00
5.	1263196	CASTRO BLANCO, Brenda	25	ESCUALOS	49.43	6,00
6.	1266329	PRADO POSADA, Sofia	28	PONTEAREAS	53.65	5,00
Baja	1198880	LOPEZ RODRIGUEZ, Aroa	28	PORTAMIÑA		-
30+						
1.	1093459	FRANCO CAL, Alba	34	C. N. As Meigas	31.64	13,00 RG
2.	1178773	CHAMADOIRA DOMÍNGUEZ, Jennifer	31	PONTEAREAS	33.87	10,00
3.	1256967	DEL RIO REGUEIRA, Sara	34	NCORUÑA	34.61	8,00
4.	1051353	CRUZ GARCIA, Aurora	30	CIDSANTIAG	36.84	7,00
5.	1237382	MUIÑO, Andrea	34	NCORUÑA	40.32	6,00
6.	1224940	PAZOS GANDARA, Andrea	33	PONTEAREAS	42.92	5,00
7.	1141053	IGLESIAS SUÁREZ, Laura	33	CDELMAR	47.02	4,00
8.	1204918	MARTINEZ GARCIA, Susana	34	MONFORTE	49.75	3,00
9.	1266328	PEREIRA FERNÁNDEZ, Patricia	33	PONTEAREAS	52.56	2,00
10.	1191499	GONZALEZ MACIA, Alba	31	MONFORTE	52.77	1,00
Baja	1142917	LÓPEZ SANMARTÍN, Tania	34	NFERROL		-
35+						
1.	1212097	LOUREIRO AMOR, Belen Martina	37	NTNARON	34.09	13,00
2.	1028641	OTERO RODRIGUEZ, Sandra	38	ESCUALOS	36.67	10,00
3.	1141440	ESTEBAN VILLA, Alba	35	RIASBAIXAS	40.68	8,00
4.	1141313	MIRA VAZQUEZ, Paula	39	ESCUALOS	47.08	7,00
5.	1129954	GONZALEZ GARCIA, Covadonga	36	GALAICO	54.22	6,00
6.	1258330	BEN CILLERO, Natalia	36	XOVE	55.10	5,00
7.	1260385	CASTRO MAYO, Joana	35	C. N. As Meigas	1:02.11	4,00
8.	1202705	MARTINEZ BARCIELA, Maria Olga	35	RIASBAIXAS	1:04.24	3,00
Baja	1228002	PELETEIRO FRANCO, Angela Maria	36	CIDSANTIAG		-

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Prueba 27, Fem., 50m Espalda

40+

1.	1144270	ROZADOS LUIS, Adriana	40	SALESTRA	39.98	13,00
2.	1075843	GONZALEZ FERNANDEZ, Leticia	43	XOVE	41.77	10,00
3.	1146780	DURÁN VEIRAS, Raquel	41	ARTEIXO	42.14	8,00
4.	1236642	ABBATEMARCO, Cristina	41	SALESTRA	44.11	7,00
5.	1170812	MARTIN, Christelle	44	ESCUALOS	46.17	6,00
6.	1222531	FERNANDEZ GONZALEZ, Iria	43	PORTAMIÑA	46.66	5,00
7.	1205838	LOPEZ GARCIA, Sandra	44	NTNARON	51.28	4,00
8.	1075224	BROZOS VAZQUEZ, Elena María	43	CIDSANTIAG	57.32	3,00
9.	1250481	MENDEZ ABELAIRA, Jessica	43	C. N. Valdeorras	1:14.05	2,00
DSQ	1251885	SUAREZ BUJAN, Rebeca	42	CIDSANTIAG		-
<i>Nado irregular</i>						
Baja	1075225	SOUTO DERUNGS, Cristina	40	NFERROL		-

45+

1.	1264733	GOMEZ PAREDES, Maria	49	FLUVIAL	44.23	13,00
2.	1107383	CAMINO GONZALEZ, Catuxa	48	C. N. Máster Pons Vetus	48.40	10,00
3.	1264778	VÁZQUEZ LÓPEZ, Eva	48	MULLEREF	56.70	8,00
4.	1036387	VAZQUEZ PARCERO, Marta	45	CULLEREDO	1:05.51	7,00
5.	1250484	VAZQUEZ GONZALEZ, Yolanda	49	C. N. Valdeorras	1:06.86	6,00

50+

1.	1228008	OJEA DE CASTRO, Macarena	52	PORTAMIÑA	41.80	13,00
Baja	1217442	VILLASANTE ARMAS, Maria Rosa	50	NCORUÑA		-
Baja	1172138	ROIG SANCHEZ, Blanca Ana	51	RIASBAIXAS		-
Baja	1145023	SALES MANTIÑAN, Carmen	51	SCASINO		-

55+

1.	1076186	LOPEZ GONZALEZ, Monica	55	PORTAMIÑA	47.39	13,00
2.	1038729	DEL AMO BLANCO, Margarita	58	PONTEAREAS	47.96	10,00
3.	1075200	JIMENEZ PEREZ, Victoria	56	NFERROL	48.95	8,00
4.	1264777	GONZÁLEZ ALCARAZ, Glenda Teresa	55	MULLEREF	53.03	7,00
5.	1267371	FORRYAN SECCOMBE, Anne May	59	PONTEAREAS	1:12.94	6,00

60+

1.	1079307	CHAMOSA MARTIN, Julia	64	RIASBAIXAS	44.15	13,00
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65+

1.	1141154	CELEMIN PORRERO, Maria Teresa	66	CIDSANTIAG	57.26	13,00
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Prueba 27, Fem., 50m Espalda

75+

1.	1076482	GONZALEZ RODRIGUEZ, S. Marta	79	PONTEAREAS	1:34.90	13,00
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Prueba 28
12/01/2025

Masc., 50m Espalda

2005 y mayores
Resultados

Clasificación		Edad		Tiempo	Puntos
25+					
1.	1087073 QUIROGA RAMOS, Noel	25	POURENSE	28.81	13,00
2.	1037192 FERRO SANTOS, JUAN MANUEL,	25	XOVE	30.60	10,00
3.	1039755 RIVAS MACEIRAS, Isaac	26	NCORUÑA	30.95	8,00
4.	1130804 CASTRO RODRIGUEZ, Francisco	25	CIDSANTIAG	31.63	7,00
5.	1267370 ALVAREZ PRESA, Samuel	25	PONTEAREAS	43.79	6,00
Baja	1078716 HERMIDA RAMOS, Raul	25	NTNARON		-
30+					
1.	1099306 ORTIZ ANEIROS, Lorenzo	30	NTNARON	28.75	13,00
2.	1107418 LAGO LOPEZ, Diego	34	NCORUÑA	30.30	10,00
3.	1038638 CASTRO VILLAR, David	34	CDELMAR	32.01	8,00
4.	1037824 FREIRE GONZALEZ, Javier	32	RIASBAIXAS	33.92	7,00
5.	1256973 PENIDE CALVO, Gabriel	32	RIASBAIXAS	39.10	6,00
6.	1264780 CEDIEL SANDE, Johann Sebastian	34	C. N. As Meigas	43.62	5,00
7.	1207051 LAVIA PINTOS, David	32	C. N. Máster Pons Vetus	45.69	4,00
35+					
1.	1226258 BERNARDEZ FERRO, Juan Jose	38	CIDSANTIAG	34.10	13,00
2.	1236854 GIRALDEZ VILLANUEVA, Ivan	38	PONTEAREAS	55.63	10,00
40+					
1.	1228089 MERA MONTECELOS, Pablo	42	HERCULES	35.65	13,00
2.	1190909 CARBALLA BARROSO, Rogelio Manue	44	CIDSANTIAG	37.75	10,00
3.	1170841 BASTIDA CAMPOS, Alejandro	43	SALESTRA	38.64	8,00
4.	1178765 ESPAÑA CABEZAS, Jesús	44	CIDSANTIAG	39.36	7,00
5.	1147216 GONZALEZ VICENTE, Ruben	44	PORTAMIÑA	44.19	6,00
6.	1076282 CARRERA COSTAS, Andres	43	PONTEAREAS	46.51	5,00
7.	1076542 GONZALEZ CONDE, Rodrigo	43	PONTEAREAS	47.19	4,00
8.	1238132 FIDALGO SERRANO, Manuel A.	44	TRAVIESAS	53.45	3,00
9.	1239346 CASTIÑEIRAS ACUÑA, Miguel Angel	44	GALAICO	53.81	2,00
45+					
1.	1205935 GUIRADO CARABEL, Oscar	49	CULLEREDO	33.98	13,00
2.	1075217 ESPINOSA MIRA, Jorge	47	C. N. Valdeorras	34.63	10,00
3.	1143895 PADIN CHARLIN, Joaquin	45	ESCUALOS	39.77	8,00
4.	1078611 MARTIN MONTERO, Manuel Jose	48	ARTEIXO	39.87	7,00
5.	1144181 PEREZ CARRERA, Elias	46	RIASBAIXAS	41.91	6,00
6.	1038913 SUAREZ GARCIA, Pedro Lois	45	PONTEAREAS	48.77	5,00
Baja	1251233 GONZALEZ SANDEZ, Carlos	46	C. N. Valdeorras		-
Baja	1267355 TORRES NEIRA, Mateo	46	SCASINO		-

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Prueba 28, Masc., 50m Espalda

50+

1.	1075601	MOURIZ LOMBAO, Fco. Javier	50	PORTAMIÑA	35.92	13,00
2.	1146934	DIEGUEZ ARANDA, Hector	52	PORTAMIÑA	37.03	10,00
3.	1255450	RODRÍGUEZ RODRÍGUEZ, Santiago	53	CIDSANTIAG	37.11	8,00
4.	1144601	PUENTE DÍAZ, Javier	54	CIDSANTIAG	37.42	7,00
5.	1076538	FUENTES FERNANDEZ, Eugenio	53	RIASBAIXAS	37.72	6,00
6.	1267343	ALVAREZ DE SOTOMAYOR PUIGNAIF51, J.	51	NCORUÑA	39.32	5,00
7.	1076526	REBANAL ALFAYA, Fernando	54	C. N. Valdeorras	41.15	4,00
8.	1208795	LORENZO GONZALEZ-VISO, Carlos	54	POURENSE	53.70	3,00
Baja	1143850	IGLESIAS MIRA, Felipe	51	POURENSE		-

55+

1.	1141356	GENDE DIAZ, Juan F.	55	ADFOGAR	43.55	13,00
2.	1180234	SÁNCHEZ SECO, Manuel	57	ESCUALOS	43.86	10,00
3.	1195569	PEREZ LEIVA, Manuel	57	RIASBAIXAS	44.93	8,00

60+

1.	1076173	FERNANDEZ NUÑEZ, Santiago	62	CIDSANTIAG	33.91	13,00
2.	1143966	FERNANDEZ GONZALEZ, Alvaro	60	CNMOS	55.29	10,00

65+

1.	1170858	CODESIDO LOPEZ, José	66	CIDSANTIAG	39.41	13,00 RG
2.	1075185	YAÑEZ WONENBURGER, Juan Carlos	66	HERCULES	41.42	10,00

70+

1.	1048954	BORDALLO CORTINA, Fernando	71	HERCULES	49.18	13,00
2.	1075177	LOPEZ VIDAL, Antonio	73	GALAICO	1:05.67	10,00
3.	1076489	VIRUEL RODRÍGUEZ, Diego	73	TRAVIESAS	1:14.97	8,00

75+

Baja	1076488	MONROY FERNÁNDEZ, Manuel	75	PONTEAREAS		-
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85+

1.	1143727	FOLCH MALLOFRE, Ramon	88	ARTEIXO	1:01.12	13,00
2.	1143430	ARAUJO DOMINGUEZ, Francisco	85	PONTEAREAS	1:22.03	10,00

Prueba 29
12/01/2025

Fem., 100m Braza

2005 y mayores
Resultados

Clasificación			Edad		Tiempo	Puntos
20+						
1.	1079883	RODRIGUEZ RODRIGUEZ, Nina	23	RIASBAIXAS	1:23.20	13,00
	50m:	40.29 40.29	100m:	1:23.20 42.91		
2.	1037951	SOILAN FERNANDEZ, Raquel	24	C. N. As Meigas	1:25.10	10,00
	50m:	40.76 40.76	100m:	1:25.10 44.34		
3.	1228048	ALVAREZ SOUTO, Claudia	24	PONTEAREAS	1:31.10	8,00
	50m:	43.25 43.25	100m:	1:31.10 47.85		
4.	1113219	IGLESIAS LOPEZ, Maria	24	CULLEREDO	1:33.82	7,00
	50m:	44.49 44.49	100m:	1:33.82 49.33		
5.	1199453	FILGUEIRAS OLMO, Helena	21	PORTAMIÑA	1:33.90	6,00
	50m:	45.20 45.20	100m:	1:33.90 48.70		
6.	1076336	BLANCO PEREZ, Laura	21	PONTEAREAS	1:37.42	5,00
	50m:	46.01 46.01	100m:	1:37.42 51.41		
25+						
1.	1037836	VEIGA RODRIGUEZ, Rosalia	26	NCORUÑA	1:25.00	13,00
	50m:	40.90 40.90	100m:	1:25.00 44.10		
2.	1115644	FERNÁNDEZ JUAN, María	27	CIDSANTIAG	1:35.09	10,00
	50m:	45.78 45.78	100m:	1:35.09 49.31		
3.	1238682	BARCA PENSADO, Maria	29	ADFOGAR	1:35.84	8,00
	50m:	45.20 45.20	100m:	1:35.84 50.64		
30+						
1.	1041452	BEN CILLERO, Sabela	33	XOVE	1:25.15	13,00
	50m:	40.31 40.31	100m:	1:25.15 44.84		
2.	1191499	GONZALEZ MACIA, Alba	31	MONFORTE	1:44.89	10,00
	50m:	49.29 49.29	100m:	1:44.89 55.60		
3.	1204918	MARTINEZ GARCIA, Susana	34	MONFORTE	1:45.94	8,00
	50m:	49.36 49.36	100m:	1:45.94 56.58		
4.	1221892	OTERO FERNANDEZ, Maria Luisa	32	SALESTRA	1:54.63	7,00
	50m:	50.92 50.92	100m:	1:54.63 1:03.71		
5.	1240953	SIMOIS MORAIS, Yolanda	31	SALESTRA	2:00.02	6,00
	50m:	58.15 58.15	100m:	2:00.02 1:01.87		

Splash Meet Manager, 11.80519

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Prueba 29, Fem., 100m Braza

35+

1.	1076543	RODRIGUEZ PEREZ, Vanesa	39	RIASBAIXAS	1:34.58	13,00
	50m:	44.87 44.87	100m:	1:34.58 49.71		
2.	1141212	RIVAS TENREIRO, Arantza	36	NTNARON	1:35.48	10,00
	50m:	45.26 45.26	100m:	1:35.48 50.22		
3.	1141313	MIRA VAZQUEZ, Paula	39	ESCUALOS	1:51.84	8,00
	50m:	54.95 54.95	100m:	1:51.84 56.89		

40+

1.	1146780	DURÁN VEIRAS, Raquel	41	ARTEIXO	1:31.00	13,00
	50m:	43.52 43.52	100m:	1:31.00 47.48		
2.	1143598	MIRA VAZQUEZ, Marta	44	ESCUALOS	1:31.56	10,00
	50m:	43.99 43.99	100m:	1:31.56 47.57		
3.	1243130	TORRE GONZALEZ, Elisa	40	RIASBAIXAS	1:33.97	8,00
	50m:	44.23 44.23	100m:	1:33.97 49.74		
4.	1145082	FARIÑA SOUSA, Noemi	42	CIDSANTIAG	1:53.49	7,00
	50m:	53.19 53.19	100m:	1:53.49 1:00.30		

Baja 1075225 SOUTO DERUNGS, Cristina 40 NFERROL -

45+

1.	1178775	COVELO SAAVEDRA, Nahir	47	PONTEAREAS	1:43.54	13,00
	50m:	47.60 47.60	100m:	1:43.54 55.94		
2.	1144680	LOPEZ ARTABE, Inmaculada	45	CDELMAR	1:44.56	10,00
	50m:	48.80 48.80	100m:	1:44.56 55.76		
3.	1170845	CID ALVAREZ, Isabel	45	ESCUALOS	1:45.58	8,00
	50m:	50.57 50.57	100m:	1:45.58 55.01		
4.	1246144	SANCHEZ BARREIRO, Maria Carmen	49	PONTEAREAS	2:04.81	7,00
	50m:	1:00.21 1:00.21	100m:	2:04.81 1:04.60		
5.	1253184	ABELLEIRA CORRAL, Gema	45	MULLEREF	2:12.24	6,00
	50m:	1:03.89 1:03.89	100m:	2:12.24 1:08.35		

50+

1.	1127346	SOBRINO EIRIZ, Maria Del Valle	53	PONTEAREAS	2:00.40	13,00
	50m:	55.34 55.34	100m:	2:00.40 1:05.06		

55+

1.	1197600	SANDERSON KEOUGH, Helen Jane	55	CULLEREDO	1:38.52	13,00
	50m:	46.58 46.58	100m:	1:38.52 51.94		
2.	1037939	CASTRO MAESTRE, Isaura	56	FLUVIAL	1:51.59	10,00
	50m:	53.42 53.42	100m:	1:51.59 58.17		

Prueba 29, Fem., 100m Braza

60+

1.	1039437	BALADO LOPEZ, Ana Maria	64	POURENSE	1:37.94	13,00	RG
	50m:	45.97	45.97	100m:	1:37.94	51.97	
2.	1127105	PEREIRA ALONSO, Isabel	64	ADFOGAR	1:55.47	10,00	
	50m:	55.19	55.19	100m:	1:55.47	1:00.28	
3.	1143893	REBOREDÁ MORILLO, Susana	63	ESCUALOS	2:08.27	8,00	
	50m:	1:00.27	1:00.27	100m:	2:08.27	1:08.00	
Baja	1079968	CHUB SAVCHENKO, Lyudmyla	60	GALAICO		-	

65+

1.	1141154	CELEMIN PORRERO, Maria Teresa	66	CIDSANTIAG	2:07.34	13,00	RG
	50m:	1:00.19	1:00.19	100m:	2:07.34	1:07.15	
2.	1217937	RODRÍGUEZ TRONCOSO, Marina	66	PONTEAREAS	2:29.49	10,00	
	50m:	1:10.71	1:10.71	100m:	2:29.49	1:18.78	
3.	1037151	GOMEZ DOVAL, Maria Angela	69	FLUVIAL	2:31.32	8,00	
	50m:	1:11.43	1:11.43	100m:	2:31.32	1:19.89	

Prueba 30
12/01/2025

Masc., 100m Braza

2005 y mayores
Resultados

Clasificación				Edad		Tiempo	Puntos
20+							
1.	1079156	MARQUEZ VAZQUEZ, Pablo	23	C. N. As Meigas		1:30.34	13,00
	50m:	41.65 41.65	100m:	1:30.34	48.69		
25+							
1.	1115676	GONZALEZ IGLESIAS, Alberto	28	CULLEREDO		1:24.59	13,00
	50m:	40.03 40.03	100m:	1:24.59	44.56		
DSQ	1141093	VILLAMOR FERRO, Rubén	25	ARTEIXO			-
30+							
1.	1110674	BORRAZAS RUMBO, Manuel	32	NCORUÑA		1:10.00	13,00
	50m:	32.12 32.12	100m:	1:10.00	37.88		
2.	1130602	TENORIO FREIRE, Martin	33	CIDSANTIAG		1:10.16	10,00
	50m:	32.98 32.98	100m:	1:10.16	37.18		
3.	1222771	LAGO GONZALEZ, Ivan	32	PONTEAREAS		2:11.30	8,00
	50m:	1:02.08 1:02.08	100m:	2:11.30	1:09.22		
Baja	1037284	SABUZ FORNEIRO, Martin	31	POURENSE			-
35+							
1.	1076287	PAZOS ALONSO, Josue	39	ESCUALOS		1:14.96	13,00
	50m:	34.61 34.61	100m:	1:14.96	40.35		
2.	1199549	MARTINEZ DOPAZO, David	38	CIDSANTIAG		1:18.10	10,00
	50m:	36.83 36.83	100m:	1:18.10	41.27		
3.	1143890	FORTES NOVOA, Martiño	37	ESCUALOS		1:18.74	8,00
	50m:	38.05 38.05	100m:	1:18.74	40.69		
4.	1136629	FIGUEIRA DOMINGUEZ, Javier Guzman	37	RIASBAIXAS		1:19.08	7,00
	50m:	37.15 37.15	100m:	1:19.08	41.93		
5.	1240711	MIRAS LOPEZ, Raul	38	NCORUÑA		1:19.97	6,00
	50m:	38.09 38.09	100m:	1:19.97	41.88		
6.	1241139	DIÉGUEZ GONZALEZ, Bruno	35	CIDSANTIAG		1:25.94	5,00
	50m:	40.33 40.33	100m:	1:25.94	45.61		
7.	1023057	PEREZ VAZQUEZ, Telmo	37	NTNARON		1:34.73	4,00
	50m:	44.29 44.29	100m:	1:34.73	50.44		
8.	1263089	ALEJANDRE SALGADO, German	39	C. N. Valdeorras		1:40.97	3,00
	50m:	46.00 46.00	100m:	1:40.97	54.97		

Splash Meet Manager, 11.80519

Registered to Galicia

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Prueba 30, Masc., 100m Braza

40+

1.	1143897	SEVILLA AROCA, Javier	42	ESCUALOS	1:19.29	13,00
	50m:	37.51 37.51	100m:	1:19.29 41.78		
2.	1218108	IGLESIAS LAPIDO, Miguel	40	FLUVIAL	1:20.34	10,00
	50m:	37.32 37.32	100m:	1:20.34 43.02		
3.	1257944	PÉREZ GONZÁLEZ, Iván	43	MONFORTE	1:28.92	8,00
	50m:	41.12 41.12	100m:	1:28.92 47.80		
4.	1199899	DOMINGUEZ PHILOCREON, Ticiano	44	CIDSANTIAG	1:35.01	7,00
	50m:	45.67 45.67	100m:	1:35.01 49.34		
5.	1076282	CARRERA COSTAS, Andres	43	PONTEAREAS	1:37.84	6,00
	50m:	46.97 46.97	100m:	1:37.84 50.87		
6.	1147216	GONZALEZ VICENTE, Ruben	44	PORTAMIÑA	1:38.77	5,00
	50m:	46.55 46.55	100m:	1:38.77 52.22		
7.	1076542	GONZALEZ CONDE, Rodrigo	43	PONTEAREAS	1:40.58	4,00
	50m:	46.64 46.64	100m:	1:40.58 53.94		
8.	1204315	TORRES FRAILE, Emilio	41	MONFORTE	1:43.57	3,00
	50m:	48.88 48.88	100m:	1:43.57 54.69		
9.	1107557	MELLA BARBEITO, Javier	42	ARTEIXO	1:54.88	2,00
	50m:	53.03 53.03	100m:	1:54.88 1:01.85		

45+

1.	1251854	CARBALLO CABEZAS, Enrique	49	POURENSE	1:20.52	13,00
	50m:	37.38 37.38	100m:	1:20.52 43.14		
2.	1218110	HERMIDA SALIDO, Gustavo	48	NTNARON	1:26.30	10,00
	50m:	41.58 41.58	100m:	1:26.30 44.72		
3.	1143895	PADIN CHARLIN, Joaquin	45	ESCUALOS	1:28.23	8,00
	50m:	40.01 40.01	100m:	1:28.23 48.22		
4.	1201621	ALONSO ORTIZ, Mariano	49	FLUVIAL	1:29.00	7,00
	50m:	42.77 42.77	100m:	1:29.00 46.23		
5.	1258069	ORGEIRA CRESPO, Pedro	49	POURENSE	1:33.57	6,00
	50m:	44.60 44.60	100m:	1:33.57 48.97		
6.	1182358	CANOSA RODRÍGUEZ, Juan José	45	NTNARON	1:34.10	5,00
	50m:	45.13 45.13	100m:	1:34.10 48.97		
7.	1144269	LOPEZ PAYO, Mario	48	SALESTRA	1:40.49	4,00
	50m:	45.99 45.99	100m:	1:40.49 54.50		
8.	1084041	SUAREZ GARCIA, Sergio	45	C. N. Máster Pons Vetus	1:40.68	3,00
	50m:	47.87 47.87	100m:	1:40.68 52.81		

Baja	1251233	GONZALEZ SANDEZ, Carlos	46	C. N. Valdeorras	-	
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Prueba 30, Masc., 100m Braza

50+

1.	1010047	GARCIA REBOLO, Alejandro	50	POURENSE	1:16.94	13,00
	50m:	35.56 35.56	100m:	1:16.94	41.38	
2.	1076185	PEREIRA DIAZ, Angel	53	ESCUALOS	1:22.67	10,00
	50m:	38.40 38.40	100m:	1:22.67	44.27	
3.	1141504	BOUSO FUENTECILLA, Fernando	54	ESCUALOS	1:26.94	8,00
	50m:	41.83 41.83	100m:	1:26.94	45.11	
4.	1244393	REY RODRIGUEZ, Oscar	51	CIDSANTIAG	1:29.30	7,00
	50m:	43.48 43.48	100m:	1:29.30	45.82	
5.	1143605	FERNANDEZ MARTINEZ, Alberto	54	ESCUALOS	1:32.09	6,00
	50m:	44.16 44.16	100m:	1:32.09	47.93	
6.	1244388	DIEZ RODRIGUEZ, Ignacio J.	53	PORTAMIÑA	1:41.24	5,00
	50m:	49.20 49.20	100m:	1:41.24	52.04	

55+

1.	1141191	GARCIA SANJURJO, Jose Manuel	58	CDELMAR	1:32.64	13,00
	50m:	44.23 44.23	100m:	1:32.64	48.41	
2.	1144698	CADAVID NUÑEZ, Jose	55	POURENSE	1:44.45	10,00
	50m:	48.97 48.97	100m:	1:44.45	55.48	
3.	1203919	CRESPO PIÑEIRO, Natalio	56	RIASBAIXAS	1:45.13	8,00
	50m:	49.36 49.36	100m:	1:45.13	55.77	
4.	1106828	TRILLO CARLIN, Jose Fdo.	57	ADFOGAR	2:10.21	7,00
	50m:	1:02.70 1:02.70	100m:	2:10.21	1:07.51	
Baja	1178895	CRESPO PÉREZ, Albarino	55	ESCUALOS	-	-
Baja	1145039	FERREIRO SANCHEZ, Luis	55	POURENSE	-	-
Baja	1076516	JORGE IGLESIAS, Marcelino	59	PONTEAREAS	-	-

60+

1.	1078597	SOLLEIRO TIZON, Juan Jose	62	NCORUÑA	1:31.22	13,00
	50m:	43.79 43.79	100m:	1:31.22	47.43	
2.	1079361	RODRIGUEZ GOMEZ, Emilio	64	PONTEAREAS	1:46.13	10,00
	50m:	49.28 49.28	100m:	1:46.13	56.85	
3.	1143966	FERNANDEZ GONZALEZ, Alvaro	60	CNMOS	1:57.12	8,00
	50m:	54.79 54.79	100m:	1:57.12	1:02.33	
4.	1144940	HERNANZ MORAL, Fausto	63	RIASBAIXAS	1:59.01	7,00
	50m:	55.47 55.47	100m:	1:59.01	1:03.54	
5.	1076248	GONZALEZ ANTON, Jose Luis	63	GALAICO	2:05.18	6,00
	50m:	1:00.32 1:00.32	100m:	2:05.18	1:04.86	

Prueba 30, Masc., 100m Braza

65+

1.	1174449	FERNANDEZ ARRUTI, Jose Angel	66	CIDSANTIAG	1:35.10	13,00
	50m:	45.51	45.51	100m:	1:35.10	49.59
2.	1141150	RODRIGUEZ VIEITO, Ricardo M.	68	CNMOS	1:49.61	10,00
	50m:	53.62	53.62	100m:	1:49.61	55.99
Baja	1048207	ROS ROSILLO, Alejandro	67	RIASBAIXAS		-

70+

1.	1076489	VIRUEL RODRÍGUEZ, Diego	73	TRAVIESAS	2:40.86	13,00
	50m:	1:14.25	1:14.25	100m:	2:40.86	1:26.61

75+

1.	1076487	RODRIGUEZ LEMOS, Andres Jesus	76	CNMOS	1:59.27	13,00
	50m:	57.74	57.74	100m:	1:59.27	1:01.53

85+

1.	1143430	ARAUJO DOMINGUEZ, Francisco	85	PONTEAREAS	2:57.78	13,00 RG
	50m:	1:27.00	1:27.00	100m:	2:57.78	1:30.78

Prueba 31
12/01/2025

Fem., 200m Libre

2005 y mayores
Resultados

Clasificación				Edad					Tiempo	Puntos
20+										
1.	1076318	LEMONS FERNANDEZ, Zaira	23	PONTEAREAS					2:31.79	13,00
	50m:	33.91 33.91	100m:	1:12.36	38.45	150m:	1:53.01	40.65	200m:	2:31.79 38.78
2.	1144257	FERNANDEZ GONZALEZ, Elena	24	HERCULES					2:37.86	10,00
	50m:	36.91 36.91	100m:	1:17.40	40.49	150m:	1:59.03	41.63	200m:	2:37.86 38.83
3.	1111470	GARCÉS FERNÁNDEZ, Erea	22	RIASBAIXAS					2:54.20	8,00
	50m:	38.39 38.39	100m:	1:21.92	43.53	150m:	2:07.82	45.90	200m:	2:54.20 46.38
4.	1266324	ALVAREZ FERNANDEZ, Sofia	21	PONTEAREAS					3:26.93	7,00
	50m:	46.81 46.81	100m:	1:40.18	53.37	150m:	2:35.60	55.42	200m:	3:26.93 51.33
25+										
1.	1038608	SUAREZ GARCIA, Sofia	28	RIASBAIXAS					2:45.95	13,00
	50m:	35.35 35.35	100m:	1:15.96	40.61	150m:	2:00.76	44.80	200m:	2:45.95 45.19
2.	1249230	MIRAS VAZQUEZ, Irene	28	CIDSANTIAG					2:55.71	10,00
	50m:	39.80 39.80	100m:	1:24.39	44.59	150m:	2:10.56	46.17	200m:	2:55.71 45.15
3.	1257948	TORTOSA MENDOZA, Maria Gabriela	29	CULLEREDO					2:58.47	8,00
	50m:	37.73 37.73	100m:	1:22.76	45.03	150m:	2:10.76	48.00	200m:	2:58.47 47.71
4.	1266318	GORDILLO VAN GILS, Silvia	29	NTNARON					3:05.05	7,00
	50m:	38.91 38.91	100m:	1:25.65	46.74	150m:	2:15.67	50.02	200m:	3:05.05 49.38
5.	1038466	RODRIGUEZ PAZ, Lucia	25	PONTEAREAS					3:08.14	6,00
	50m:	41.23 41.23	100m:	1:28.17	46.94	150m:	2:18.87	50.70	200m:	3:08.14 49.27
30+										
1.	1116506	RAMOS LOBO, Raquel	32	PORTAMIÑA					2:31.22	13,00
	50m:	33.84 33.84	100m:	1:11.49	37.65	150m:	1:51.24	39.75	200m:	2:31.22 39.98
2.	1051353	CRUZ GARCIA, Aurora	30	CIDSANTIAG					2:44.23	10,00
	50m:	36.10 36.10	100m:	1:16.40	40.30	150m:	1:59.67	43.27	200m:	2:44.23 44.56
3.	1247615	ALONSO PEREIRA, Fatima	32	RIASBAIXAS					3:06.91	8,00
	50m:	43.84 43.84	100m:	1:32.08	48.24	150m:	2:21.53	49.45	200m:	3:06.91 45.38
4.	1078925	SALGADO CASTELO, Marta	31	MULLEREF					3:08.32	7,00
	50m:	45.57 45.57	100m:	1:34.05	48.48	150m:	2:22.44	48.39	200m:	3:08.32 45.88
5.	1141053	IGLESIAS SUÁREZ, Laura	33	CDELMAR					3:16.28	6,00
	50m:	44.13 44.13	100m:	1:34.72	50.59	150m:	2:25.60	50.88	200m:	3:16.28 50.68
6.	1257417	ALONSO GONZALEZ, Ines	33	CNMOS					3:16.44	5,00
	50m:	43.38 43.38	100m:	1:30.52	47.14	150m:	2:22.76	52.24	200m:	3:16.44 53.68
DSQ	1215890	FERNANDEZ PARADA, Clara	32	POURENSE						-

Prueba 31, Fem., 200m Libre

35+

1.	1193947	ALCALDE BALADO, Tania	39	CIDSANTIAG	2:30.98	13,00		
	50m:	34.93 34.93	100m:	1:12.89 37.96	150m:	1:52.01 39.12	200m:	2:30.98 38.97
2.	1141212	RIVAS TENREIRO, Arantza	36	NTNARON	2:41.39	10,00		
	50m:	34.84 34.84	100m:	1:14.74 39.90	150m:	1:57.66 42.92	200m:	2:41.39 43.73
3.	1076543	RODRIGUEZ PEREZ, Vanesa	39	RIASBAIXAS	2:43.60	8,00		
	50m:	39.29 39.29	100m:	1:20.98 41.69	150m:	2:02.93 41.95	200m:	2:43.60 40.67
4.	1144948	GONZALEZ PEREZ, Jessica	38	RIASBAIXAS	2:52.63	7,00		
	50m:	38.62 38.62	100m:	1:22.63 44.01	150m:	2:07.97 45.34	200m:	2:52.63 44.66
5.	1129917	MURAS MORA, Andrea	36	CIDSANTIAG	3:05.69	6,00		
	50m:	40.32 40.32	100m:	1:25.44 45.12	150m:	2:14.73 49.29	200m:	3:05.69 50.96
6.	1267367	VYNOHRADOVA, Kateryna	39	GALAICO	3:06.28	5,00		
	50m:	42.17 42.17	100m:	1:28.93 46.76	150m:	2:18.56 49.63	200m:	3:06.28 47.72
7.	1250482	RODRIGUEZ DE DIOS, Amparo	38	C. N. Valdeorras	3:08.57	4,00		
	50m:	42.95 42.95	100m:	1:30.03 47.08	150m:	2:19.78 49.75	200m:	3:08.57 48.79
8.	1260386	FRANCO CAL, Sonia	38	C. N. As Meigas	3:53.63	3,00		
	50m:	50.59 50.59	100m:	1:50.91 1:00.32	150m:	2:53.65 1:02.74	200m:	3:53.63 59.98
9.	1110693	FERNANDEZ GUARDIOLA, Loira	36	PONTEAREAS	4:33.00	2,00		
	50m:	58.84 58.84	100m:	2:05.89 1:07.05	150m:	3:21.37 1:15.48	200m:	4:33.00 1:11.63

40+

1.	1075221	HERMIDA RODRIGUEZ, Blanca	44	NFERROL	2:19.30	13,00	RG	
	50m:	32.93 32.93	100m:	1:08.34 35.41	150m:	1:44.45 36.11	200m:	2:19.30 34.85
2.	1013486	GONZALEZ RODRIGUEZ, Maria	43	CIDSANTIAG	2:19.73	10,00		
	50m:	32.44 32.44	100m:	1:07.59 35.15	150m:	1:43.30 35.71	200m:	2:19.73 36.43
3.	1180232	FKEOUI OMARI, Salma	43	CIDSANTIAG	2:48.30	8,00		
	50m:	40.51 40.51	100m:	1:23.46 42.95	150m:	2:06.76 43.30	200m:	2:48.30 41.54
4.	1143598	MIRA VAZQUEZ, Marta	44	ESCUALOS	2:50.39	7,00		
	50m:	39.28 39.28	100m:	1:23.02 43.74	150m:	2:06.70 43.68	200m:	2:50.39 43.69
5.	1144598	OLMO VAQUEIRO, Leticia	44	PONTEAREAS	3:05.24	6,00		
	50m:	42.72 42.72	100m:	1:29.25 46.53	150m:	2:17.27 48.02	200m:	3:05.24 47.97
6.	1222531	FERNANDEZ GONZALEZ, Iria	43	PORTAMIÑA	3:08.51	5,00		
	50m:	43.60 43.60	100m:	1:32.34 48.74	150m:	2:23.54 51.20	200m:	3:08.51 44.97

Baja 1237395 VILARIÑO CACHO, Elvira

44 SALESTRA

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Prueba 31, Fem., 200m Libre

45+

1.	1143894	DE LORENZO FERNANDEZ, Maria	47	ESCUALOS	3:03.63	13,00
	50m:	42.19	42.19	100m:	1:28.97	46.78
	150m:	2:17.12	48.15	200m:	3:03.63	46.51
2.	1264778	VÁZQUEZ LÓPEZ, Eva	48	MULLEREF	3:43.84	10,00
	50m:	53.20	53.20	100m:	1:47.57	54.37
	150m:	2:45.43	57.86	200m:	3:43.84	58.41
3.	1178771	BESADA FERNÁNDEZ, Ana M.	47	PONTEAREAS	3:52.29	8,00
	50m:	52.41	52.41	100m:	1:53.30	1:00.89
	150m:	2:55.32	1:02.02	200m:	3:52.29	56.97
4.	1250484	VAZQUEZ GONZALEZ, Yolanda	49	C. N. Valdeorras	3:57.61	7,00
	50m:	55.61	55.61	100m:	1:54.35	58.74
	150m:	2:56.89	1:02.54	200m:	3:57.61	1:00.72
5.	1253184	ABELLEIRA CORRAL, Gema	45	MULLEREF	4:16.85	6,00
	50m:	54.68	54.68	100m:	1:58.85	1:04.17
	150m:	3:08.10	1:09.25	200m:	4:16.85	1:08.75

50+

1.	1040944	VARELA REDONDO, Veronica	50	PONTEAREAS	2:53.64	13,00
	50m:	39.31	39.31	100m:	1:24.04	44.73
	150m:	2:09.53	45.49	200m:	2:53.64	44.11
2.	1075503	DE LA MONTAÑA ALCANTARA, Gloria	52	RSDH	3:25.83	10,00
	50m:	46.76	46.76	100m:	1:39.04	52.28
	150m:	2:34.98	55.94	200m:	3:25.83	50.85
3.	1076154	ABREU FERNANDEZ, Marta	54	PONTEAREAS	3:38.37	8,00
	50m:	50.25	50.25	100m:	1:45.07	54.82
	150m:	2:42.05	56.98	200m:	3:38.37	56.32
4.	1144074	SERRANO AVENDAÑO, Silvia	50	TRAVIESAS	3:43.62	7,00
	50m:	53.37	53.37	100m:	1:48.67	55.30
	150m:	2:47.86	59.19	200m:	3:43.62	55.76

55+

1.	1147048	REGUEIRO RODRIGUEZ, Ana	59	RIASBAIXAS	3:07.53	13,00
	50m:	43.72	43.72	100m:	1:30.71	46.99
	150m:	2:18.20	47.49	200m:	3:07.53	49.33
2.	1264777	GONZÁLEZ ALCARAZ, Glenda Teresa	55	MULLEREF	3:30.73	10,00
	50m:	46.03	46.03	100m:	1:36.99	50.96
	150m:	2:32.90	55.91	200m:	3:30.73	57.83
3.	1174378	PAZOS SOAGE, Paloma	55	C. N. Máster Pons Vetus	3:43.32	8,00
	50m:	49.70	49.70	100m:	1:47.73	58.03
	150m:	2:46.35	58.62	200m:	3:43.32	56.97
4.	1144697	ACEVEDO REGO, Ermitas	59	POURENSE	4:02.61	7,00
	50m:	56.21	56.21	100m:	1:58.65	1:02.44
	150m:	3:01.55	1:02.90	200m:	4:02.61	1:01.06
5.	1143584	FERNANDEZ SESTELO, Maria Jose	55	PONTEAREAS	4:02.89	6,00
	50m:	52.66	52.66	100m:	1:55.87	1:03.21
	150m:	3:00.93	1:05.06	200m:	4:02.89	1:01.96
6.	1269270	REY OTERO, Angela Maria	59	MULLEREF	4:21.98	5,00
	50m:	57.04	57.04	100m:	2:02.17	1:05.13
	150m:	3:12.65	1:10.48	200m:	4:21.98	1:09.33

Prueba 31, Fem., 200m Libre

60+

1.	1144331	TERCEIRO DELGADO, María Del Mar	62	CDELMAR	2:53.93	13,00
	50m:	41.44	41.44	100m:	1:25.83	44.39
	150m:	2:10.97	45.14	200m:	2:53.93	42.96
2.	1253458	IGNACIO QUINTEIRO, Maria Del Carme	60	C. N. Máster Pons Vetus	4:01.89	10,00
	50m:	56.57	56.57	100m:	1:57.95	1:01.38
	150m:	3:01.68	1:03.73	200m:	4:01.89	1:00.21
3.	1143893	REBOREDÁ MORILLO, Susana	63	ESCUALOS	4:02.54	8,00
	50m:	56.36	56.36	100m:	1:57.35	1:00.99
	150m:	3:00.65	1:03.30	200m:	4:02.54	1:01.89
4.	1144231	PEREZ GALLARDO, Teresa	61	POURENSE	4:38.68	7,00
	50m:	1:05.18	1:05.18	100m:	2:15.49	1:10.31
	150m:	3:27.11	1:11.62	200m:	4:38.68	1:11.57
Baja	1260384	CAL FERNÁNDEZ, Mónica Catalina	61	C. N. As Meigas		-

65+

1.	1076494	SUEIRO COSTAS, Maria Del Carmen	69	PONTEAREAS	5:00.26	13,00
	50m:	1:06.10	1:06.10	100m:	2:23.91	1:17.81
	150m:	3:42.89	1:18.98	200m:	5:00.26	1:17.37
Baja	1143622	OTERO LOPEZ, Maria Elisa	65	POURENSE		-

Prueba 32
12/01/2025

Masc., 200m Libre

2005 y mayores
Resultados

Clasificación				Edad					Tiempo	Puntos
20+										
1.	1142991	PEREZ PAZ, Dario	20	PONTEAREAS					2:01.56	13,00
	50m:	27.94 27.94	100m:	59.03	31.09	150m:	1:30.50	31.47	200m:	2:01.56 31.06
2.	1068314	MARTINEZ MARTINEZ, Marcos	22	PONTEAREAS					2:05.03	10,00
	50m:	28.50 28.50	100m:	59.37	30.87	150m:	1:31.35	31.98	200m:	2:05.03 33.68
3.	1076409	CANCELA GOMEZ, Hugo	22	PONTEAREAS					2:07.66	8,00
	50m:	28.40 28.40	100m:	59.92	31.52	150m:	1:32.97	33.05	200m:	2:07.66 34.69
4.	1266300	ARANDA FERNANDEZ, Anton	21	POURENSE					2:28.61	7,00
	50m:	34.38 34.38	100m:	1:11.28	36.90	150m:	1:50.04	38.76	200m:	2:28.61 38.57
5.	1135985	CASARES GARCIA, Adrian	22	PONTEAREAS					2:28.70	6,00
	50m:	33.48 33.48	100m:	1:10.82	37.34	150m:	1:49.71	38.89	200m:	2:28.70 38.99
6.	1143066	DE LUIS ROIBÁS, Unai	20	PORTAMIÑA					2:45.48	5,00
	50m:	37.28 37.28	100m:	1:19.01	41.73	150m:	2:01.78	42.77	200m:	2:45.48 43.70
25+										
1.	1144193	PASTORIZA SANTA CLARA, Jorge	28	RIASBAIXAS					2:02.06	13,00
	50m:	29.14 29.14	100m:	59.71	30.57	150m:	1:31.26	31.55	200m:	2:02.06 30.80
2.	1110128	CAMINO PARDO, Rodrigo	25	NCORUÑA					2:10.11	10,00
	50m:	28.60 28.60	100m:	1:01.60	33.00	150m:	1:35.58	33.98	200m:	2:10.11 34.53
3.	1061561	INCUTTI TELLADO, Denis	25	PONTEAREAS					2:11.27	8,00
	50m:	29.61 29.61	100m:	1:02.13	32.52	150m:	1:36.69	34.56	200m:	2:11.27 34.58
4.	1039270	TRILLO RODRIGUEZ, Adrian	28	CNMOS					2:16.97	7,00
	50m:	30.98 30.98	100m:	1:05.86	34.88	150m:	1:41.43	35.57	200m:	2:16.97 35.54
30+										
1.	1093458	MUIÑO ALONSO, Anton	31	NCORUÑA					2:10.13	13,00
	50m:	31.03 31.03	100m:	1:03.02	31.99	150m:	1:36.13	33.11	200m:	2:10.13 34.00
2.	1232980	PICALLO MATO, Adrian	30	SALESTRA					2:28.13	10,00
	50m:	34.30 34.30	100m:	1:12.42	38.12	150m:	1:50.94	38.52	200m:	2:28.13 37.19
3.	1251210	ANDRES DUASO, Olmo	32	ARTEIXO					2:36.85	8,00
	50m:	32.67 32.67	100m:	1:11.45	38.78	150m:	1:53.69	42.24	200m:	2:36.85 43.16
4.	1076271	NOVALES BLANCO, Xabier	34	RIASBAIXAS					2:48.49	7,00
	50m:	40.75 40.75	100m:	1:24.00	43.25	150m:	2:08.45	44.45	200m:	2:48.49 40.04
5.	1264780	CEDIEL SANDE, Johann Sebastian	34	C. N. As Meigas					3:05.55	6,00
	50m:	38.40 38.40	100m:	1:23.65	45.25	150m:	2:13.38	49.73	200m:	3:05.55 52.17
Baja	1119327	SUAREZ FERNÁNDEZ, Santiago	30	MONFORTE						-

Prueba 32, Masc., 200m Libre

35+

1.	1143515	BLANCO PEREZ, Jesus	39	NTNARON	2:19.20	13,00		
	50m:	31.76 31.76	100m:	1:06.72 34.96	150m:	1:43.41 36.69	200m:	2:19.20 35.79
2.	1097263	LAMEIRO SEOANE, Javier	38	HERCULES	2:35.33	10,00		
	50m:	36.39 36.39	100m:	1:16.57 40.18	150m:	1:56.94 40.37	200m:	2:35.33 38.39
3.	1249163	BELLO PORTO, David	35	NCORUÑA	2:35.63	8,00		
	50m:	34.54 34.54	100m:	1:13.07 38.53	150m:	1:53.76 40.69	200m:	2:35.63 41.87
4.	1145090	MARTÍNEZ DOMÍNGUEZ, Iván	37	PONTEAREAS	2:54.31	7,00		
	50m:	37.74 37.74	100m:	1:21.78 44.04	150m:	2:08.57 46.79	200m:	2:54.31 45.74
5.	1178928	FIDALGO SERRANO, Guillermo	39	TRAVIESAS	2:58.98	6,00		
	50m:	42.59 42.59	100m:	1:28.26 45.67	150m:	2:15.15 46.89	200m:	2:58.98 43.83
Baja	1140778	RODRIGUEZ LAGO, David	39	CIDSANTIAG	-	-		

40+

1.	1084043	PIÑEIRO PEON, Antonio	41	CIDSANTIAG	2:18.25	13,00		
	50m:	33.00 33.00	100m:	1:07.34 34.34	150m:	1:42.12 34.78	200m:	2:18.25 36.13
2.	1141126	GOLPE IGLESIAS, Jose Antonio	43	C. N. Máster Pons Vetus	2:53.59	10,00		
	50m:	40.27 40.27	100m:	1:24.07 43.80	150m:	2:09.27 45.20	200m:	2:53.59 44.32
3.	1239346	CASTIÑEIRAS ACUÑA, Miguel Angel	44	GALAICO	3:18.86	8,00		
	50m:	43.10 43.10	100m:	1:32.13 49.03	150m:	2:23.10 50.97	200m:	3:18.86 55.76

45+

1.	1024675	IGLESIAS GOMEZ, Gonzalo	46	CIDSANTIAG	2:19.48	13,00
	50m:	32.79 32.79 100m: 1:08.21	35.42	150m: 1:44.93 36.72	200m: 2:19.48	34.55
2.	1144267	FINS SEOANE, Juan Miguel	48	SALESTRA	2:19.87	10,00
	50m:	32.10 32.10 100m: 1:07.20	35.10	150m: 1:43.48 36.28	200m: 2:19.87	36.39
3.	1175127	MASSO AGUADO, Jorge	49	RIASBAIXAS	2:26.30	8,00
	50m:	32.52 32.52 100m: 1:09.36	36.84	150m: 1:47.68 38.32	200m: 2:26.30	38.62
4.	1192271	MOURIÑO FORTES, Victor Manuel	48	PONTEAREAS	2:40.72	7,00
	50m:	37.72 37.72 100m: 1:18.32	40.60	150m: 1:59.77 41.45	200m: 2:40.72	40.95
5.	1145005	FERNANDEZ IGLESIAS, Emilio J.	48	PONTEAREAS	2:49.50	6,00
	50m:	40.10 40.10 100m: 1:23.91	43.81	150m: 2:07.89 43.98	200m: 2:49.50	41.61
6.	1096414	ALIAGA SOLA, Alberto	48	PONTEAREAS	2:56.68	5,00
	50m:	40.95 40.95 100m: 1:26.36	45.41	150m: 2:13.50 47.14	200m: 2:56.68	43.18
7.	1253459	TEIJEIRO IGLESIAS, Jesus	49	PORTAMIÑA	3:17.66	4,00
	50m:	43.34 43.34 100m: 1:32.60	49.26	150m: 2:24.49 51.89	200m: 3:17.66	53.17
Baia	1267355	TORRES NEIRA, Mateo	46	SCASINO		-

Prueba 32, Masc., 200m Libre

50+

1.	1076185 PEREIRA DIAZ, Angel	53	ESCUALOS	2:22.65	13,00
	50m: 33.53 33.53 100m: 1:09.71 36.18 150m: 1:46.39 36.68 200m: 2:22.65 36.26				
2.	1264722 BALDOMAR OBELLEIRA, Ruben	51	NCORUÑA	2:26.20	10,00
	50m: 34.69 34.69 100m: 1:11.72 37.03 150m: 1:48.89 37.17 200m: 2:26.20 37.31				
3.	1251882 IGLESIAS CARRERA, Pio	52	CIDSANTIAG	2:30.21	8,00
	50m: 35.45 35.45 100m: 1:14.26 38.81 150m: 1:53.26 39.00 200m: 2:30.21 36.95				
4.	1084040 GARCIA CASTIÑEIRA, Daniel	51	CIDSANTIAG	2:35.02	7,00
	50m: 35.93 35.93 100m: 1:15.11 39.18 150m: 1:55.31 40.20 200m: 2:35.02 39.71				
5.	1144297 LAMAS SOTO, Cesar	50	CULLEREDO	2:39.63	6,00
	50m: 35.68 35.68 100m: 1:15.54 39.86 150m: 1:57.85 42.31 200m: 2:39.63 41.78				
6.	1255450 RODRÍGUEZ RODRÍGUEZ, Santiago	53	CIDSANTIAG	2:41.06	5,00
	50m: 37.53 37.53 100m: 1:18.49 40.96 150m: 2:01.54 43.05 200m: 2:41.06 39.52				
7.	1075597 RODRIGUEZ BALIÑA, Marcos	54	PONTEAREAS	2:41.53	4,00
	50m: 37.19 37.19 100m: 1:17.75 40.56 150m: 2:00.40 42.65 200m: 2:41.53 41.13				
8.	1268047 CUETO ALVAREZ, Elias	50	CIDSANTIAG	2:43.34	3,00
	50m: 40.49 40.49 100m: 1:20.57 40.08 150m: 2:03.06 42.49 200m: 2:43.34 40.28				
9.	1203306 DURO GONZALEZ, Antonio	51	SALESTRA	2:43.62	2,00
	50m: 37.96 37.96 100m: 1:19.27 41.31 150m: 2:01.70 42.43 200m: 2:43.62 41.92				
10.	1203923 FERNANDEZ PEREZ, Ramiro Ederaldo	54	RIASBAIXAS	2:48.98	1,00
	50m: 41.44 41.44 100m: 1:23.61 42.17 150m: 2:06.11 42.50 200m: 2:48.98 42.87				
11.	1076553 FERNANDEZ-TESTA BARREIRO, David	51	RIASBAIXAS	2:49.87	-
	50m: 39.22 39.22 100m: 1:22.72 43.50 150m: 2:06.68 43.96 200m: 2:49.87 43.19				
12.	1076535 DE LUIS GONZÁLEZ, Aitor	51	PORTAMIÑA	2:50.95	-
	50m: 41.42 41.42 100m: 1:24.62 43.20 150m: 2:08.39 43.77 200m: 2:50.95 42.56				
13.	1141071 LORENZO FERNANDEZ, Jose Manuel	53	RIASBAIXAS	2:56.15	-
	50m: 41.40 41.40 100m: 1:25.47 44.07 150m: 2:11.05 45.58 200m: 2:56.15 45.10				
14.	1147211 BLANCO HORTAS, Jose Ramon	51	PORTAMIÑA	3:00.84	-
	50m: 41.03 41.03 100m: 1:26.14 45.11 150m: 2:14.17 48.03 200m: 3:00.84 46.67				
Baja	1258336 MUÑIZ CAL, Rafael	51	ARTEIXO	-	-
Baja	1143605 FERNANDEZ MARTINEZ, Alberto	54	ESCUALOS	-	-
Baja	1143850 IGLESIAS MIRA, Felipe	51	POURENSE	-	-

55+

1.	1085112 RIVAS FEAL, Antonio	59	SCASINO	2:27.37	13,00
	50m: 35.02 35.02 100m: 1:12.89 37.87 150m: 1:50.41 37.52 200m: 2:27.37 36.96				
2.	1175089 NISTAL GARCÍA, Eduardo	57	SCASINO	2:45.72	10,00
	50m: 37.48 37.48 100m: 1:19.96 42.48 150m: 2:04.53 44.57 200m: 2:45.72 41.19				
3.	1082554 MARTINEZ FAJARDO, Julio Enrique	55	ADFOGAR	2:45.74	8,00
	50m: 36.58 36.58 100m: 1:19.06 42.48 150m: 2:03.59 44.53 200m: 2:45.74 42.15				

Prueba 32, Masc., 200m Libre, 55+

Clasificación	Edad	Tiempo	Puntos
4. 1079460 REY ROMERO, Jorge J. 50m: 40.71 40.71 100m: 1:25.16 44.45	59 PORTAMIÑA	2:56.00 200m: 2:56.00 44.46	7,00
5. 1253683 GESTOSO PAZO, Juan Francisco 50m: 40.15 40.15 100m: 1:26.67 46.52	58 SALESTRA	2:58.44 200m: 2:58.44 44.29	6,00
6. 1199641 COUCEIRO SANCHEZ, Gonzalo 50m: 40.27 40.27 100m: 1:27.61 47.34	59 SCASINO	3:04.16 200m: 3:04.16 46.44	5,00
7. 1193949 LAMELO OTERO, Ramón Jesus 50m: 42.87 42.87 100m: 1:30.60 47.73	57 CIDSANTIAG	3:04.40 200m: 3:04.40 45.12	4,00
8. 1180249 SUAREZ FREIRE, David Manuel 50m: 48.54 48.54 100m: 1:43.49 54.95	57 RIASBAIXAS	3:39.85 200m: 3:39.85 58.26	3,00

60+

1. 1105220 GARCIA RIÑON, Jaime 50m: 35.29 35.29 100m: 1:13.12 37.83	61 NCORUÑA	2:26.94 200m: 2:26.94 36.36	13,00 RG
2. 1076250 BETHENCOURT IGLESIAS, Sergio 50m: 39.25 39.25 100m: 1:22.69 43.44	62 CIDSANTIAG	2:50.44 200m: 2:50.44 43.28	10,00
3. 1143536 BLANCO PEREZ, Angel 50m: 42.71 42.71 100m: 1:32.31 49.60	61 POURENSE	3:12.63 200m: 3:12.63 48.76	8,00
4. 1144940 HERNANZ MORAL, Fausto 50m: 43.77 43.77 100m: 1:33.00 49.23	63 RIASBAIXAS	3:12.86 200m: 3:12.86 49.42	7,00
5. 1075770 RODRIGUEZ BASANTA, Fco. Jose 50m: 41.04 41.04 100m: 1:30.79 49.75	64 C. N. Valdeorras	3:13.90 200m: 3:13.90 52.33	6,00
6. 1075589 SANCHEZ VAZQUEZ, Jesus 50m: 47.04 47.04 100m: 1:37.49 50.45	63 PORTAMIÑA	3:22.75 200m: 3:22.75 51.45	5,00
7. 1076514 LAGO REY, Jose Manuel 50m: 1:04.64 1:04.64 100m: 2:22.68 1:18.04	62 RIASBAIXAS	5:02.39 200m: 5:02.39 1:20.06	4,00
DSQ 1078802 CEGARRA GARCIA, Eugenio <i>Salida anticipada</i>	61 RSDH	-	-

65+

1. 1141150 RODRIGUEZ VIEITO, Ricardo M. 50m: 45.61 45.61 100m: 1:36.01 50.40	68 CNMOS	3:16.15 200m: 3:16.15 47.95	13,00
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70+

1. 1076165 GARCIA COLOMO, Manuel Ramon 50m: 41.69 41.69 100m: 1:27.52 45.83	71 POURENSE	2:58.86 200m: 2:58.86 45.08	13,00
2. 1075190 SUANZES PEREZ, Fernando 50m: 42.16 42.16 100m: 1:29.96 47.80	72 HERCULES	3:03.12 200m: 3:03.12 46.01	10,00

Prueba 33
12/01/2025

Fem., 50m Mariposa

2005 y mayores
Resultados

Clasificación			Edad		Tiempo	Puntos
20+						
1.	1037951	SOILAN FERNANDEZ, Raquel	24	C. N. As Meigas	31.72	13,00
2.	1037966	FERNANDEZ PARDO, Irene	24	PONTEAREAS	31.87	10,00
3.	1076318	LEMONS FERNANDEZ, Zaira	23	PONTEAREAS	33.52	8,00
4.	1111470	GARCÉS FERNÁNDEZ, Erea	22	RIASBAIXAS	44.30	7,00
Baja	1143380	SUAREZ GARCIA, Marta	22	RIASBAIXAS		-
25+						
1.	1037836	VEIGA RODRIGUEZ, Rosalia	26	NCORUÑA	33.64	13,00
2.	1037987	MENDEZ SEIJO, Nerea	26	RIASBAIXAS	34.71	10,00
3.	1130789	GARCIA MIGUEZ, Rosalia	27	CIDSANTIAG	35.28	8,00
4.	1093694	SANCHEZ LENCE, Maria	28	NCORUÑA	37.99	7,00
Baja	1198880	LOPEZ RODRIGUEZ, Aroa	28	PORTAMIÑA		-
30+						
1.	1256967	DEL RIO REGUEIRA, Sara	34	NCORUÑA	32.12	13,00
2.	1221622	BUENADICHA AVILES, Ines	30	ARTEIXO	34.25	10,00
3.	1041452	BEN CILLERO, Sabela	33	XOVE	35.30	8,00
4.	1261339	VILARIÑO SAN JOSE, Alba	32	RIASBAIXAS	35.68	7,00
5.	1266341	MAURIZ BARREIRO, Maria Violeta	33	CIDSANTIAG	39.68	6,00
6.	1143565	ARAÚJO CASTRO, Paula	34	CDELMAR	43.50	5,00
7.	1224940	PAZOS GANDARA, Andrea	33	PONTEAREAS	44.16	4,00
8.	1247615	ALONSO PEREIRA, Fatima	32	RIASBAIXAS	47.69	3,00
35+						
1.	1144592	ACUÑA MELLA, Maria	37	PONTEAREAS	51.06	13,00
2.	1202705	MARTINEZ BARCIELA, Maria Olga	35	RIASBAIXAS	59.46	10,00
3.	1110693	FERNANDEZ GUARDIOLA, Loira	36	PONTEAREAS	1:01.92	8,00
40+						
1.	1075843	GONZALEZ FERNANDEZ, Leticia	43	XOVE	40.41	13,00
2.	1170812	MARTIN, Christelle	44	ESCUALOS	43.43	10,00
3.	1243130	TORRE GONZALEZ, Elisa	40	RIASBAIXAS	44.00	8,00

Prueba 33, Fem., 50m Mariposa

45+

1.	1146893	PRADO FRANCO, Martha-Elizabeth	46	RIASBAIXAS	37.85	13,00
2.	1107383	CAMINO GONZALEZ, Catuxa	48	C. N. Máster Pons Vetus	42.01	10,00
3.	1221213	CAGIAO RODRIGUEZ, Natalia	47	SCASINO	42.38	8,00
4.	1178775	COVELO SAAVEDRA, Nahir	47	PONTEAREAS	44.56	7,00
5.	1236743	RIVAS RODRIGUEZ, Lucia	46	NCORUÑA	48.28	6,00
6.	1246144	SANCHEZ BARREIRO, Maria Carmen	49	PONTEAREAS	1:04.59	5,00

50+

1.	1180238	GARCÍA SEOANE, Cristina María	50	HERCULES	44.77	13,00
2.	1127346	SOBRINO EIRIZ, Maria Del Valle	53	PONTEAREAS	48.16	10,00
3.	1246140	MARIÑO PAZ, Eva Maria	51	C. N. Máster Pons Vetus	56.57	8,00

55+

1.	1075200	JIMENEZ PEREZ, Victoria	56	NFERROL	49.23	13,00
Baja	1264754	RODRIGUEZ PANTIN, Marta Maria	59	HERCULES		-
Baja	1058998	MUTILBA OBREGON, Nuria	56	PONTEAREAS		-

60+

1.	1079307	CHAMOSA MARTIN, Julia	64	RIASBAIXAS	40.23	13,00 RG
2.	1127105	PEREIRA ALONSO, Isabel	64	ADFOGAR	50.77	10,00

70+

1.	1076490	GONZALEZ-ALEGRE BURGUEÑO, A.	73	TRAVIESAS	1:01.87	13,00
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Prueba 34
12/01/2025

Masc., 50m Mariposa

2005 y mayores
Resultados

Clasificación			Edad		Tiempo	Puntos
20+						
1.	1107916	FERNANDEZ DEL VALLE, Ivan	20	POURENSE	28.09	13,00
2.	1076409	CANCELA GOMEZ, Hugo	22	PONTEAREAS	29.34	10,00
3.	1135986	CASARES GARCIA, Brais	21	PONTEAREAS	29.61	8,00
4.	1023017	CARRIL SOUTO, Javier	22	ARTEIXO	32.37	7,00
5.	1075388	MÉNDEZ LORENZO, Bruno	21	NFERROL	34.66	6,00
Baja	1040558	PONTON RODRIGUEZ, Juan	23	MONFORTE		-
25+						
1.	1130804	CASTRO RODRIGUEZ, Francisco	25	CIDSANTIAG	29.22	13,00
2.	1037180	CARRERA COSTAS, Martin	29	PONTEAREAS	30.60	10,00
Baja	1078716	HERMIDA RAMOS, Raul	25	NTNARON		-
30+						
1.	1099306	ORTIZ ANEIROS, Lorenzo	30	NTNARON	26.22	13,00
2.	1110674	BORRAZAS RUMBO, Manuel	32	NCORUÑA	27.30	10,00
3.	1078641	GRACIA CARBAJO, Miguel	31	NTNARON	28.21	8,00
4.	1107418	LAGO LOPEZ, Diego	34	NCORUÑA	28.28	7,00
5.	1040484	ISASTI OTERO, Patxi	30	XOVE	29.48	6,00
6.	1037284	SABUZ FORNEIRO, Martin	31	POURENSE	29.68	5,00
7.	1128175	GULIAS GARCIA, Jose Ruben	34	C. N. Máster Pons Vetus	33.37	4,00
8.	1256973	PENIDE CALVO, Gabriel	32	RIASBAIXAS	38.76	3,00
9.	1260387	GARCÍA ARCE, Gonzalo	34	C. N. As Meigas	44.77	2,00
DSQ	1252298	SANMARTIN GARCÍA, Jorge	34	NTNARON		-
<i>Nado irregular</i>						
35+						
1.	1078993	LOBELLE GONZALEZ, Ivan	36	CDELMAR	26.51	13,00
2.	1041299	MARTÍNEZ GESTAL, Alejandro	35	CDELMAR	28.77	10,00
3.	1075908	LOBELLE GONZALEZ, Marcos	36	CDELMAR	28.83	8,00
4.	1107406	DOMÍNGUEZ PARDELLAS, Rubén	37	GALAICO	31.42	7,00
5.	1185622	DÍAZ RODRÍGUEZ, Andrés	36	NTNARON	32.14	6,00
6.	1023057	PEREZ VAZQUEZ, Telmo	37	NTNARON	36.88	5,00
7.	1078909	RODRIGUEZ BALIÑA, Mauro	35	PONTEAREAS	37.07	4,00
Baja	1140778	RODRIGUEZ LAGO, David	39	CIDSANTIAG		-

Splash Meet Manager, 11.80519

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Prueba 34, Masc., 50m Mariposa

40+

1.	1203519	KRUGLOV, Mykola	40	ESCUALOS	30.76	13,00
2.	1228089	MERA MONTECELOS, Pablo	42	HERCULES	31.86	10,00
3.	1218108	IGLESIAS LAPIDO, Miguel	40	FLUVIAL	32.49	8,00
4.	1144584	ALVAREZ SILVA, Ruben	44	ESCUALOS	33.39	7,00
5.	1178765	ESPAÑA CABEZAS, Jesús	44	CIDSANTIAG	33.75	6,00
6.	1144946	RODRIGUEZ GARCIA, Jose Bernardo	42	RIASBAIXAS	40.41	5,00
7.	1204315	TORRES FRAILE, Emilio	41	MONFORTE	44.41	4,00

45+

1.	1205935	GUIRADO CARABEL, Oscar	49	CULLEREDO	30.51	13,00
2.	1175127	MASSO AGUADO, Jorge	49	RIASBAIXAS	31.93	10,00
3.	1143662	BALSA MOSQUERA, Pablo	47	NTNARON	33.10	8,00
4.	1251854	CARBALLO CABEZAS, Enrique	49	POURENSE	33.29	7,00
5.	1198273	MONTERO PRIETO, Carlos Eugenio	47	CIDSANTIAG	33.38	6,00
6.	1144181	PEREZ CARRERA, Elias	46	RIASBAIXAS	33.98	5,00
7.	1145005	FERNANDEZ IGLESIAS, Emilio J.	48	PONTEAREAS	35.23	4,00
8.	1201621	ALONSO ORTIZ, Mariano	49	FLUVIAL	37.27	3,00
9.	1090758	IGLESIAS FUERTES, Abel	46	ESCUALOS	38.75	2,00
10.	1200126	TABOADA CALVELO, Jose Carlos	46	SALESTRA	44.88	1,00
Baja	1075220	MARTINEZ FERNANDEZ, Hector	48	NTNARON		-
Baja	1247553	MUIÑO LOPEZ, Iago	48	CIDSANTIAG		-

50+

1.	1243174	SONEIRA REBOREDO, Oscar	50	CIDSANTIAG	29.37	13,00
2.	1231581	RODRÍGUEZ SALGADO, Manuel	50	CIDSANTIAG	32.40	10,00
3.	1010047	GARCIA REBOLO, Alejandro	50	POURENSE	32.71	8,00
4.	1038104	PEREZ ARIAS, Hector	54	PORTAMIÑA	32.93	7,00
5.	1144601	PUENTE DÍAZ, Javier	54	CIDSANTIAG	36.15	6,00
6.	1147287	ESCUDEIRO DANS, David	52	NCORUÑA	36.53	5,00
7.	1144297	LAMAS SOTO, Cesar	50	CULLEREDO	37.29	4,00
8.	1141504	BOUSO FUENTECILLA, Fernando	54	ESCUALOS	39.87	3,00
9.	1171462	FERREIRO SEOANE, Jose Raul	52	RIASBAIXAS	41.00	2,00
10.	1203306	DURO GONZALEZ, Antonio	51	SALESTRA	41.70	1,00
11.	1075597	RODRIGUEZ BALIÑA, Marcos	54	PONTEAREAS	45.43	-
Baja	1076544	GARABATOS RODRIGUEZ, Santiago	51	CNMOS		-

55+

1.	1141356	GENDE DIAZ, Juan F.	55	ADFOGAR	41.25	13,00
2.	1180234	SÁNCHEZ SECO, Manuel	57	ESCUALOS	43.50	10,00
3.	1253683	GESTOSO PAZO, Juan Francisco	58	SALESTRA	44.18	8,00
4.	1228047	PEREZ GARCIA, Manuel	58	CULLEREDO	48.66	7,00
5.	1106828	TRILLO CARLIN, Jose Fdo.	57	ADFOGAR	1:01.88	6,00
Baja	1145039	FERREIRO SANCHEZ, Luis	55	POURENSE		-

Prueba 34, Masc., 50m Mariposa

60+

1.	1232926	TAPIA PORTO, Enrique	60	NCORUÑA	31.90	13,00
2.	1040281	MARTINEZ BERJANO, Jose Manuel	62	MONFORTE	44.76	10,00
3.	1079361	RODRIGUEZ GOMEZ, Emilio	64	PONTEAREAS	52.41	8,00

65+

1.	1075185	YAÑEZ WONENBURGER, Juan Carlos	66	HERCULES	41.81	13,00
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70+

1.	1048954	BORDALLO CORTINA, Fernando	71	HERCULES	44.17	13,00
2.	1240096	IVANCHENKO, Yuri	72	POURENSE	44.64	10,00

Prueba 35
12/01/2025

Fem., 200m Espalda

2005 y mayores
Resultados

Clasificación	Edad										Tiempo	Puntos
20+												
1.	1228009	SOUTIÑO RAMIREZ, Carmen Victoria					24	PORTAMIÑA			3:03.29	13,00
	50m:	41.39	41.39	100m:	1:28.30	46.91	150m:	2:16.28	47.98	200m:	3:03.29	47.01
2.	1087099	GOMEZ FERNANDEZ, Uxia					22	ESCUALOS			3:11.42	10,00
	50m:	45.41	45.41	100m:	1:33.52	48.11	150m:	2:22.32	48.80	200m:	3:11.42	49.10
25+												
1.	1038929	GONZALEZ AVENDAÑO, Lucia					26	CIDSANTIAG			2:58.95	13,00
	50m:	42.94	42.94	100m:	1:27.56	44.62	150m:	2:13.95	46.39	200m:	2:58.95	45.00
30+												
Baja	1142917	LÓPEZ SANMARTÍN, Tania					34	NFERROL				-
35+												
1.	1212097	LOUREIRO AMOR, Belen Martina					37	NTNARON			2:41.99	13,00
	50m:	37.59	37.59	100m:	1:17.94	40.35	150m:	2:00.01	42.07	200m:	2:41.99	41.98
2.	1144894	VINAGRE SENDINO, Cora					37	SCASINO			2:57.37	10,00
	50m:	41.45	41.45	100m:	1:26.72	45.27	150m:	2:12.58	45.86	200m:	2:57.37	44.79
3.	1144948	GONZALEZ PEREZ, Jessica					38	RIASBAIXAS			3:21.39	8,00
	50m:	47.70	47.70	100m:	1:38.20	50.50	150m:	2:30.04	51.84	200m:	3:21.39	51.35
4.	1040731	GESTO ALONSO, Clarisa					36	PONTEAREAS			3:26.67	7,00
	50m:	47.11	47.11	100m:	1:40.85	53.74	150m:	2:34.84	53.99	200m:	3:26.67	51.83
40+												
1.	1013486	GONZALEZ RODRIGUEZ, Maria					43	CIDSANTIAG			2:42.88	13,00 RG
	50m:	38.49	38.49	100m:	1:19.44	40.95	150m:	2:01.30	41.86	200m:	2:42.88	41.58
2.	1143597	SANCHEZ LEDO, Cira					44	ESCUALOS			2:59.26	10,00
	50m:	43.53	43.53	100m:	1:28.34	44.81	150m:	2:14.12	45.78	200m:	2:59.26	45.14
50+												
1.	1228008	OJEA DE CASTRO, Macarena					52	PORTAMIÑA			3:11.03	13,00
	50m:	45.21	45.21	100m:	1:33.07	47.86	150m:	2:22.44	49.37	200m:	3:11.03	48.59
2.	1076154	ABREU FERNANDEZ, Marta					54	PONTEAREAS			4:29.94	10,00
	50m:	1:06.38	1:06.38	100m:	2:15.28	1:08.90	150m:	3:24.57	1:09.29	200m:	4:29.94	1:05.37
Baja	1172138	ROIG SANCHEZ, Blanca Ana					51	RIASBAIXAS				-

Prueba 35, Fem., 200m Espalda

55+

1.	1197600 SANDERSON KEOUGH, Helen Jane	55	CULLEREDO	3:30.57	13,00
	50m: 48.47 48.47 100m: 1:41.06 52.59 150m: 2:36.05 54.99 200m: 3:30.57 54.52				
2.	1038729 DEL AMO BLANCO, Margarita	58	PONTEAREAS	3:45.87	10,00
	50m: 52.59 52.59 100m: 1:49.29 56.70 150m: 2:49.00 59.71 200m: 3:45.87 56.87				
3.	1144697 ACEVEDO REGO, Ermitas	59	POURENSE	4:27.03	8,00
	50m: 1:06.55 1:06.55 100m: 2:12.79 1:06.24 150m: 3:20.63 1:07.84 200m: 4:27.03 1:06.40				
4.	1143584 FERNANDEZ SESTELO, Maria Jose	55	PONTEAREAS	5:08.89	7,00
	50m: 1:13.60 1:13.60 100m: 2:33.95 1:20.35 150m: 3:52.73 1:18.78 200m: 5:08.89 1:16.16				

60+

1.	1039437 BALADO LOPEZ, Ana Maria	64	POURENSE	3:35.64	13,00 RG
	50m: 52.95 52.95 100m: 1:47.68 54.73 150m: 2:43.26 55.58 200m: 3:35.64 52.38				
2.	1145099 LOPEZ MAHIA, Purificacion	62	HERCULES	4:49.15	10,00
	50m: 1:07.63 1:07.63 100m: 2:18.94 1:11.31 150m: 3:36.55 1:17.61 200m: 4:49.15 1:12.60				
DSQ	1076172 GARCIA COLOMO, Maria Cristina	63	POURENSE		-
	<i>Viraje irregular</i>				

Prueba 36
12/01/2025

Masc., 200m Espalda

2005 y mayores
Resultados

Clasificación				Edad					Tiempo	Puntos
25+										
1.	1087073	QUIROGA RAMOS, Noel	25	POURENSE					2:15.83	13,00 RG
	50m:	32.90	32.90	100m:	1:08.25	35.35	150m:	1:42.65	34.40	200m: 2:15.83 33.18
2.	1039755	RIVAS MACEIRAS, Isaac	26	NCORUÑA					2:26.95	10,00
	50m:	34.79	34.79	100m:	1:12.13	37.34	150m:	1:49.11	36.98	200m: 2:26.95 37.84
3.	1141093	VILLAMOR FERRO, Rubén	25	ARTEIXO					2:34.68	8,00
	50m:	36.24	36.24	100m:	1:14.90	38.66	150m:	1:54.87	39.97	200m: 2:34.68 39.81
30+										
1.	1038638	CASTRO VILLAR, David	34	CDELMAR					2:41.88	13,00
	50m:	37.50	37.50	100m:	1:18.69	41.19	150m:	2:00.48	41.79	200m: 2:41.88 41.40
35+										
1.	1010948	CAMPAÑA BARROS, Adrian	35	CIDSANTIAG					2:40.97	13,00
	50m:	37.56	37.56	100m:	1:18.21	40.65	150m:	2:00.28	42.07	200m: 2:40.97 40.69
2.	1226258	BERNARDEZ FERRO, Juan Jose	38	CIDSANTIAG					2:41.10	10,00
	50m:	37.94	37.94	100m:	1:18.85	40.91	150m:	2:00.69	41.84	200m: 2:41.10 40.41
3.	1143890	FORTES NOVOA, Martiño	37	ESCUALOS					2:44.82	8,00
	50m:	40.87	40.87	100m:	1:22.10	41.23	150m:	2:04.23	42.13	200m: 2:44.82 40.59
4.	1097263	LAMEIRO SEOANE, Javier	38	HERCULES					3:02.42	7,00
	50m:	43.33	43.33	100m:	1:29.47	46.14	150m:	2:16.33	46.86	200m: 3:02.42 46.09
5.	1178928	FIDALGO SERRANO, Guillermo	39	TRAVIESAS					3:32.48	6,00
	50m:	52.60	52.60	100m:	1:46.00	53.40	150m:	2:41.02	55.02	200m: 3:32.48 51.46
40+										
1.	1141151	CALLE FACAL, Telmo	42	CIDSANTIAG					2:25.92	13,00
	50m:	33.84	33.84	100m:	1:10.69	36.85	150m:	1:48.73	38.04	200m: 2:25.92 37.19
2.	1036745	BARCIA SIXTO, Francisco José	40	NTNARON					3:03.17	10,00
	50m:	42.98	42.98	100m:	1:28.61	45.63	150m:	2:16.13	47.52	200m: 3:03.17 47.04
3.	1240331	DE LORENZO FERNÁNDEZ, Javier	44	ESCUALOS					3:06.07	8,00
	50m:	42.81	42.81	100m:	1:29.09	46.28	150m:	2:14.64	45.55	200m: 3:06.07 51.43
4.	1190909	CARBALLA BARROSO, Rogelio Manue	44	CIDSANTIAG					3:07.76	7,00
	50m:	43.47	43.47	100m:	1:31.27	47.80	150m:	2:20.65	49.38	200m: 3:07.76 47.11
5.	1214823	GONZALEZ PEÑAS, David	41	PORTAMIÑA					3:11.14	6,00
	50m:	47.13	47.13	100m:	1:35.57	48.44	150m:	2:24.15	48.58	200m: 3:11.14 46.99
6.	1170841	BASTIDA CAMPOS, Alejandro	43	SALESTRA					3:15.34	5,00
	50m:	46.28	46.28	100m:	1:34.99	48.71	150m:	2:25.89	50.90	200m: 3:15.34 49.45

Splash Meet Manager, 11.80519

Registered to Galicia

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Prueba 36, Masc., 200m Espalda

50+

1.	1038104 PEREZ ARIAS, Hector	54	PORTAMIÑA	2:58.34	13,00
	50m: 43.28 43.28 100m: 1:28.28 45.00 150m: 2:14.43 46.15 200m: 2:58.34 43.91				
2.	1075601 MOURIZ LOMBAO, Fco. Javier	50	PORTAMIÑA	3:00.63	10,00
	50m: 39.61 39.61 100m: 1:21.57 41.96 150m: 2:03.78 42.21 200m: 3:00.63 56.85				
3.	1076526 REBANAL ALFAYA, Fernando	54	C. N. Valdeorras	3:50.05	8,00
	50m: 46.46 46.46 100m: 1:40.30 53.84 150m: 2:45.16 1:04.86 200m: 3:50.05 1:04.89				
Baja	1076535 DE LUIS GONZÁLEZ, Aitor	51	PORTAMIÑA	-	

55+

1.	1195569 PEREZ LEIVA, Manuel	57	RIASBAIXAS	3:35.28	13,00
	50m: 48.32 48.32 100m: 1:42.53 54.21 150m: 2:39.56 57.03 200m: 3:35.28 55.72				
Baja	1178895 CRESPO PÉREZ, Albarino	55	ESCUALOS	-	

60+

1.	1076250 BETHENCOURT IGLESIAS, Sergio	62	CIDSANTIAG	3:24.34	13,00
	50m: 50.20 50.20 100m: 1:43.22 53.02 150m: 2:35.17 51.95 200m: 3:24.34 49.17				
Baja	1076177 TIMIRAOS CARRASCO, Fernando	60	PORTAMIÑA	-	

65+

1.	1170858 CODESIDO LOPEZ, José	66	CIDSANTIAG	3:21.48	13,00
	50m: 46.38 46.38 100m: 1:37.64 51.26 150m: 2:29.46 51.82 200m: 3:21.48 52.02				
Baja	1079748 SANTAMARINA LÓPEZ, Javier	67	TRAVIESAS	-	

70+

1.	1076165 GARCIA COLOMO, Manuel Ramon	71	POURENSE	3:43.41	13,00
	50m: 54.65 54.65 100m: 1:51.08 56.43 150m: 2:48.06 56.98 200m: 3:43.41 55.35				
2.	1075177 LOPEZ VIDAL, Antonio	73	GALAICO	5:16.10	10,00
	50m: 1:14.58 1:14.58 100m: 2:36.56 1:21.98 150m: 3:59.08 1:22.52 200m: 5:16.10 1:17.02				

75+

1.	1076487 RODRIGUEZ LEMOS, Andres Jesus	76	CNMOS	4:17.56	13,00
	50m: 1:03.40 1:03.40 100m: 2:08.58 1:05.18 150m: 3:15.17 1:06.59 200m: 4:17.56 1:02.39				

Prueba 37
12/01/2025

Fem., 4 x 50m Estilos

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Resultados

Clasificación

Tiempo Puntos

+80 (PRE-MASTER)

1.	PONTEAREAS 2			PONTEAREAS	2:13.71	26,00 RG
	FERNANDEZ PARDO, Irene	24	32.64	LEMONS FERNANDEZ, Zaira	23	32.62
	ALVAREZ SOUTO, Claudia	24	39.33	IBÁÑEZ CARRERA, Sara	24	29.12
2.	RIASBAIXAS 1			RIASBAIXAS	2:29.25	20,00
	GARCÉS FERNÁNDEZ, Erea	22	43.88	RODRIGUEZ RODRIGUEZ, Nina	23	28.70
	MENDEZ SEIJO, Nerea	26	41.45	SUAREZ GARCIA, Marta	22	35.22

+100

1.	CIDSANTIAG 1			CIDSANTIAG	2:39.75	26,00
	GONZALEZ AVENDAÑO, Lucía	26	40.49	MAURIZ BARREIRO, Maria Violeta	33	39.17
	FERNÁNDEZ JUAN, María	27	42.96	MIRAS VAZQUEZ, Irene	28	37.13
2.	PONTEAREAS 1			PONTEAREAS	3:11.95	20,00
	RODRIGUEZ PAZ, Lucía	25	44.67	GONZALEZ PEREZ, Paula	29	45.03
	PRADO POSADA, Sofía	28	56.35	BARBOSA FERNÁNDEZ, Tania	34	45.90

+120

1.	NCORUÑA 1			NCORUÑA	2:23.90	26,00
	DEL RIO REGUEIRA, Sara	34	34.83	SANCHEZ LENCE, Maria	28	37.92
	VEIGA RODRIGUEZ, Rosalia	26	38.04	MUÑO, Andrea	34	33.11
2.	NTNARON 1			NTNARON	2:36.55	20,00
	LOUREIRO AMOR, Belen Martina	37	34.45	GORDILLO VAN GILS, Silvia	29	39.47
	RIVAS TENREIRO, Arantza	36	42.76	MERA GONZÁLEZ, Irene	25	39.87
3.	CIDSANTIAG 2			CIDSANTIAG	2:36.83	16,00
	CRUZ GARCIA, Aurora	30	37.04	GARCIA MIGUEZ, Rosalia	27	34.01
	GONZALEZ ARIAS, Marta	36	45.82	FARIÑA SOUSA, Noemi	42	39.96
4.	RIASBAIXAS 3			RIASBAIXAS	2:40.12	14,00
	ESTEBAN VILLA, Alba	35	40.85	VILARIÑO SAN JOSE, Alba	32	35.33
	ALONSO PEREIRA, Fatima	32	51.67	SUAREZ GARCIA, Sofia	28	32.27
5.	PONTEAREAS 3			PONTEAREAS	2:44.18	12,00
	CHAMADOIRA DOMÍNGUEZ, Jenni	31	33.56	GESTO ALONSO, Clarisa	36	35.79
	PAZOS GANDARA, Andrea	33	49.08	PEREIRA FERNÁNDEZ, Patricia	33	45.75
6.	SALESTRA 1			SALESTRA	2:56.73	10,00
	ABBATEMARCO, Cristina	41	44.42	ROZADOS LUIS, Adriana	40	37.86
	SIMOIS MORAIS, Yolanda	31	55.25	OTERO FERNANDEZ, Maria Luisa	32	39.20
7.	CULLEREDO 1			CULLEREDO	3:00.78	8,00
	SANDERSON KEOUGH, Helen Jane	55	45.90	TORTOSA MENDOZA, Maria Gabri	29	40.93
	IGLESIAS LOPEZ, Maria	24	41.98	VAZQUEZ PARCERO, Marta	45	51.97

Baja

ESCUALOS 1

ESCUALOS

-

Splash Meet Manager, 11.80519

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Prueba 37, Fem., 4 x 50m Estilos, +120

Clasificación

Tiempo Puntos

Baja	XOVE 1			XOVE			-
+160							
1.	CIDSANTIAG 3			CIDSANTIAG	2:30.74	26,00	RG
	GONZALEZ RODRIGUEZ, Maria	43	37.13	ALCALDE BALADO, Tania	39	33.88	
	FKEOUI OMARI, Salma	43	43.78	MURAS MORA, Andrea	36	35.95	
2.	ESCUALOS 2			ESCUALOS	2:37.85	20,00	
	SANCHEZ LEDO, Cira	44	41.56	MARTIN, Christelle	44	44.18	
	MIRA VAZQUEZ, Marta	44	40.79	OTERO RODRIGUEZ, Sandra	38	31.32	
3.	RIASBAIXAS 4			RIASBAIXAS	2:38.08	16,00	
	GONZALEZ PEREZ, Jessica	38	42.31	PRADO FRANCO, Martha-Elizabeth	46	37.22	
	RODRIGUEZ PEREZ, Vanesa	39	42.63	TORRE GONZALEZ, Elisa	40	35.92	
4.	CDELMAR 1			CDELMAR	2:51.53	14,00	
	IGLESIAS SUÁREZ, Laura	33	48.08	ARAÚJO CASTRO, Paula	34	42.75	
	LOPEZ ARTABE, Inmaculada	45	46.19	TERCEIRO DELGADO, María Del Mæ	62	34.51	
5.	PONTEAREAS 4			PONTEAREAS	3:34.75	12,00	
	ACUÑA MELLA, Maria	37	56.70	OLMO VAQUEIRO, Leticia	44	57.15	
	SOBRINO EIRIZ, Maria Del Valle	53	55.67	BESADA FERNÁNDEZ, Ana M.	47	45.23	
Baja	C. N. As Meigas 1			C. N. As Meigas		-	
Baja	NFERROL 1			NFERROL		-	
Baja	POURENSE 1			POURENSE		-	
Baja	C. N. Valdeorras 1			C. N. Valdeorras		-	
Baja	SCASINO 1			SCASINO		-	
+200							
1.	PONTEAREAS 5			PONTEAREAS	2:57.24	26,00	
	DEL AMO BLANCO, Margarita	58	49.22	COVELO SAAVEDRA, Nahir	47	42.84	
	JARDON GONZALEZ, Helena	54	49.62	VARELA REDONDO, Veronica	50	35.56	
2.	PORTAMIÑA 1			PORTAMIÑA	3:01.74	20,00	
	OJEA DE CASTRO, Macarena	52	42.12	GARCIA RODRIGUEZ, Teresa	53	55.88	
	LOPEZ GONZALEZ, Monica	55	46.76	FERNANDEZ GONZALEZ, Iria	43	36.98	
Baja	ESCUALOS 3			ESCUALOS		-	
Baja	POURENSE 2			POURENSE		-	
Baja	RIASBAIXAS 5			RIASBAIXAS		-	
+240							
1.	POURENSE 3			POURENSE	3:33.58	26,00	
	ACEVEDO REGO, Ermitas	59	59.51	GARCIA COLOMO, Maria Cristina	63	46.49	
	BALADO LOPEZ, Ana Maria	64	46.25	PEREZ GALLARDO, Teresa	61	1:01.33	
2.	PONTEAREAS 6			PONTEAREAS	4:08.21	20,00	
	ABREU FERNANDEZ, Marta	54	1:01.43	CALVIÑO CANCELA, Maria Cristina	57	52.91	
	RODRÍGUEZ TRONCOSO, Marina	66	1:11.48	SUEIRO COSTAS, Maria Del Carne	69	1:02.39	

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Prueba 38
12/01/2025

Masc., 4 x 50m Estilos

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Resultados

Clasificación

Tiempo Puntos

+80 (PRE-MASTER)

1.	POURENSE 1			POURENSE	1:53.94	26,00 RG
	QUIROGA RAMOS, Noel	25	28.35	FERNANDEZ DEL VALLE, Ivan	20	27.39
	SABUZ FORNEIRO, Martin	31	29.89	ARANDA FERNANDEZ, Anton	21	28.31
2.	PONTEAREAS 1			PONTEAREAS	1:56.81	20,00
	MARTINEZ MARTINEZ, Marcos	22	30.42	CANCELA GOMEZ, Hugo	22	28.24
	PEREZ PAZ, Dario	20	32.52	CASARES GARCIA, Brais	21	25.63

+100

1.	NCORUÑA 1			NCORUÑA	1:52.56	26,00 RG
	CAMINO PARDO, Rodrigo	25	29.06	MUIÑO ALONSO, Anton	31	26.90
	BORRAZAS RUMBO, Manuel	32	30.39	RIVAS MACEIRAS, Isaac	26	26.21

DSQ

PONTEAREAS 2

PONTEAREAS

Saída anticipada segunda posta

ALVAREZ PRESA, Samuel	25	43.89	RODRIGUEZ BALIÑA, Mauro	35
INCUTTI TELLADO, Denis	25		LAGO GONZALEZ, Ivan	32

+120

1.	CDELMAR 1			CDELMAR	1:56.57	26,00
	CASTRO VILLAR, David	34	32.18	MARTÍNEZ GESTAL, Alejandro	35	28.54
	LOBELLE GONZALEZ, Marcos	36	32.62	LOBELLE GONZALEZ, Ivan	36	23.23
2.	CIDSANTIAG 1			CIDSANTIAG	2:00.50	20,00
	CALLE FACAL, Telmo	42	31.88	CASTRO RODRIGUEZ, Francisco	25	28.63
	TENORIO FREIRE, Martin	33	32.64	PIÑEIRO PEON, Antonio	41	27.35
3.	NTNARON 1			NTNARON	2:07.37	16,00
	GRACIA CARBAJO, Miguel	31	30.85	DÍAZ RODRÍGUEZ, Andrés	36	31.27
	BLANCO PEREZ, Jesus	39	34.96	SANMARTIN GARCÍA, Jorge	34	30.29
4.	ESCUALOS 1			ESCUALOS	2:11.22	14,00
	FORTES NOVOA, Martiño	37	38.18	KRUGLOV, Mykola	40	30.90
	PAZOS ALONSO, Josue	39	33.87	SEVILLA AROCA, Javier	42	28.27
5.	RIASBAIXAS 1			RIASBAIXAS	2:16.69	12,00
	FREIRE GONZALEZ, Javier	32	34.72	PENIDE CALVO, Gabriel	32	37.95
	PASTORIZA SANTA CLARA, Jorge	28	31.47	NOVALES BLANCO, Xabier	34	32.55

Baja	ARTEIXO 3			ARTEIXO		-
Baja	POURENSE 2			POURENSE		-
Baja	PONTEAREAS 3			PONTEAREAS		-

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Prueba 38, Masc., 4 x 50m Estilos

+160

1.	NTNARON 2			NTNARON	2:10.37	26,00
	ORTIZ ANEIROS, Lorenzo	30	28.72	BARCIA SIXTO, Francisco José	40	34.55
	HERMIDA SALIDO, Gustavo	48	38.06	CANOSA RODRÍGUEZ, Juan José	45	29.04
2.	CIDSANTIAG 2			CIDSANTIAG	2:12.72	20,00
	CAMPAÑA BARROS, Adrian	35	33.60	IGLESIAS GOMEZ, Gonzalo	46	31.93
	DIÉGUEZ GONZALEZ, Bruno	35	37.65	ESPAÑA CABEZAS, Jesús	44	29.54
3.	NCORUÑA 2			NCORUÑA	2:13.20	16,00
	LAGO LOPEZ, Diego	34	31.22	ESCUDEIRO DANS, David	52	36.45
	MIRAS LOPEZ, Raul	38	35.68	BALDOMAR OBELLEIRA, Ruben	51	29.85
4.	ESCUALOS 2			ESCUALOS	2:16.83	14,00
	DE LORENZO FERNÁNDEZ, Javier	44	38.47	ALVAREZ SILVA, Ruben	44	32.71
	PEREIRA DIAZ, Angel	53	35.99	IGLESIAS FUERTES, Abel	46	29.66
5.	RIASBAIXAS 2			RIASBAIXAS	2:18.68	12,00
	FUENTES FERNANDEZ, Eugenio	53	37.71	MASSO AGUADO, Jorge	49	31.84
	FIGUEIRA DOMINGUEZ, Javier Guz37in		36.27	RODRIGUEZ GARCIA, Jose Bernar42		32.86
6.	PONTEAREAS 5			PONTEAREAS	2:23.16	10,00
	CARRERA COSTAS, Martin	29	33.14	FERNANDEZ IGLESIAS, Emilio J.	48	35.69
	CARRERA COSTAS, Andres	43	42.50	MOURIÑO FORTES, Victor Manuel	48	31.83
7.	CULLEREDO 1			CULLEREDO	2:26.85	8,00
	GUIRADO CARABEL, Oscar	49	34.07	LAMAS SOTO, Cesar	50	36.79
	GONZALEZ IGLESIAS, Alberto	28	37.81	PEREZ GARCIA, Manuel	58	38.18
8.	SALESTRA 1			SALESTRA	2:27.66	6,00
	BASTIDA CAMPOS, Alejandro	43	39.28	FINS SEOANE, Juan Miguel	48	33.03
	TABOADA CALVELO, Jose Carlos46		42.24	DURO GONZALEZ, Antonio	51	33.11
9.	PORTAMIÑA 1			PORTAMIÑA	3:05.72	4,00
	DIEZ RODRIGUEZ, Ignacio J.	53	44.26	FERNANDEZ CORRAL, Marcos	46	55.28
	GONZALEZ PEÑAS, David	41	47.53	TEJEIRO IGLESIAS, Jesus	49	38.65
Baja	ARTEIXO 1			ARTEIXO		-
Baja	MONFORTE 1			MONFORTE		-
Baja	POURENSE 3			POURENSE		-
Baja	C. N. Valdeorras 1			C. N. Valdeorras		-

+200

1.	CIDSANTIAG 3			CIDSANTIAG	2:17.86	26,00
	PUENTE DÍAZ, Javier	54	37.77	GARCIA CASTIÑEIRA, Daniel	51	34.93
	RODRÍGUEZ SALGADO, Manuel	50	36.15	IGLESIAS CARRERA, Pio	52	29.01
2.	NCORUÑA 3			NCORUÑA	2:19.96	20,00
	ALVAREZ DE SOTOMAYOR PUIGN51RE, Juan		39.10	TAPIA PORTO, Enrique	60	31.90
	SOLLEIRO TIZON, Juan Jose	62	39.95	GARCIA RIÑON, Jaime	61	29.01
3.	PORTAMIÑA 2			PORTAMIÑA	2:20.84	16,00
	MOURIZ LOMBAO, Fco. Javier	50	35.65	PEREZ ARIAS, Hector	54	32.73
	GONZALEZ VICENTE, Ruben	44	43.13	DIEGUEZ ARANDA, Hector	52	29.33

Prueba 38, Masc., 4 x 50m Estilos, +200

Clasificación

Tiempo Puntos

4.	POURENSE 4			POURENSE	2:31.26	14,00
	CARBALLO CABEZAS, Enrique 49	36.74		ORGEIRA CRESPO, Pedro 49		39.79
	GARCIA REBOLO, Alejandro 50	34.30		LORENZO GONZALEZ-VISO, Carl54		40.43
5.	CNMOS 1			CNMOS	2:59.11	12,00
	RODRIGUEZ LEMOS, Andres Jesu:76	53.51		TRILLO RODRIGUEZ, Adrian 28		34.44
	FERNANDEZ GONZALEZ, Alvaro 60	52.52		RODRIGUEZ VIEITO, Ricardo M. 68		38.64
6.	RIASBAIXAS 3			RIASBAIXAS	3:03.85	10,00
	LORENZO FERNANDEZ, Jose Mani53	46.73		FERREIRO SEOANE, Jose Raul 52		40.73
	FERNANDEZ PEREZ, Ramiro Ederal54	49.34		SUAREZ FREIRE, David Manuel 57		47.05
7.	GALAICO 1			GALAICO	3:09.09	8,00
	LOPEZ VIDAL, Antonio 73	1:04.83		DOMÍNGUEZ PARDELLAS, Rubén 37		31.18
	GONZALEZ ANTON, Jose Luis 63	55.09		CASTIÑEIRAS ACUÑA, Miguel Ang44		37.99
Baja	ADFOGAR 1			ADFOGAR		-
Baja	ARTEIXO 2			ARTEIXO		-
Baja	ESCUALOS 3			ESCUALOS		-
Baja	PONTEAREAS 4			PONTEAREAS		-
Baja	TRAVIESAS 1			TRAVIESAS		-
Baja	SCASINO 1			SCASINO		-

+240

1.	CIDSANTIAG 4			CIDSANTIAG	2:14.39	26,00 RG
	FERNANDEZ NUÑEZ, Santiago 62	33.15		SONEIRA REBOREDO, Oscar 50		29.57
	FERNANDEZ ARRUTI, Jose Angel 66	40.26		BETHENCOURT IGLESIAS, Sergio 62		31.41
2.	HERCULES 1			HERCULES	2:28.85	20,00
	YÁÑEZ WONENBURGER, Juan Cai66:	40.89		SUANZES PEREZ, Fernando 72		37.33
	MERA MONTECELOS, Pablo 42	37.53		BORDALLO CORTINA, Fernando 71		33.10
3.	POURENSE 5			POURENSE	3:04.17	16,00
	GARCIA COLOMO, Manuel Ramon 71	50.72		IVANCHENKO, Yurii 72		46.79
	CADAVID NUÑEZ, Jose 55	48.07		BLANCO PEREZ, Angel 61		38.59
4.	PONTEAREAS 6			PONTEAREAS	3:21.58	14,00
	RODRIGUEZ GOMEZ, Emilio 64	50.83		RODRIGUEZ BALIÑA, Marcos 54		43.34
	ARAUJO DOMINGUEZ, Francisco 85	1:13.44		MARTÍNEZ DOMÍNGUEZ, Iván 37		33.97
Baja	PORTAMIÑA 3			PORTAMIÑA		-
Baja	RIASBAIXAS 4			RIASBAIXAS		-



Medallistas por prueba

Todas las pruebas

1. Mixto, 4 x 50m Estilos

+80 (PRE-MASTER)

1.	PONTEAREAS 1	PONTEAREAS	2:12.83	-
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1. Mixto, 4 x 50m Estilos

+100

1.	NCORUÑA 1	NCORUÑA	2:03.00	- RG
2.	CIDSANTIAG 1	CIDSANTIAG	2:11.27	-
3.	RIASBAIXAS 1	RIASBAIXAS	2:13.53	-

1. Mixto, 4 x 50m Estilos

+120

1.	NTNARON 1	NTNARON	2:04.61	-
2.	NCORUÑA 2	NCORUÑA	2:10.09	-
3.	XOVE 1	XOVE	2:13.93	-

1. Mixto, 4 x 50m Estilos

+160

1.	ESCUALOS 2	ESCUALOS	2:21.25	-
2.	RIASBAIXAS 3	RIASBAIXAS	2:27.91	-
3.	CIDSANTIAG 3	CIDSANTIAG	2:32.72	-

1. Mixto, 4 x 50m Estilos

+200

1.	CDELMAR 1	CDELMAR	2:31.15	-
2.	SCASINO 2	SCASINO	2:35.66	-
3.	CIDSANTIAG 5	CIDSANTIAG	2:37.08	-

1. Mixto, 4 x 50m Estilos

+240

1.	HERCULES 1	HERCULES	2:56.14	-
2.	CIDSANTIAG 4	CIDSANTIAG	2:56.17	-
3.	POURENSE 4	POURENSE	2:56.74	-

1. Mixto, 4 x 50m Estilos

+280

1.	TRAVIESAS 1	TRAVIESAS	3:56.35	- RG
2.	PONTEAREAS 7	PONTEAREAS	4:34.18	-

2. Fem., 400m Libre

20+

1.	1079883 RODRIGUEZ RODRIGUEZ, Nina	23	RIASBAIXAS	4:37.79	- RG
2.	1038179 IBÁÑEZ CARRERA, Sara	24	PONTEAREAS	5:14.61	-
3.	1108843 ESTEVEZ BASTERO, Ana	20	RIASBAIXAS	5:41.88	-

Splash Meet Manager, 11.80519

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2. Fem., 400m Libre						25+
1.	1038929	GONZALEZ AVENDAÑO, Lucia	26	CIDSANTIAG	5:34.06	-
2.	1266318	GORDILLO VAN GILS, Silvia	29	NTNARON	6:24.48	-
3.	1038466	RODRIGUEZ PAZ, Lucia	25	PONTEAREAS	6:46.70	-
2. Fem., 400m Libre						30+
1.	1078925	SALGADO CASTELO, Marta	31	MULLEREF	6:33.34	-
2.	1143565	ARAÚJO CASTRO, Paula	34	CDELMAR	6:48.97	-
3.	1141053	IGLESIAS SUÁREZ, Laura	33	CDELMAR	6:59.84	-
2. Fem., 400m Libre						35+
1.	1076543	RODRIGUEZ PEREZ, Vanesa	39	RIASBAIXAS	5:41.74	-
2.	1144894	VINAGRE SENDINO, Cora	37	SCASINO	5:48.24	-
3.	1144948	GONZALEZ PEREZ, Jessica	38	RIASBAIXAS	6:03.22	-
2. Fem., 400m Libre						40+
1.	1075221	HERMIDA RODRIGUEZ, Blanca	44	NFERROL	4:59.83	-
2.	1180232	FKEOUI OMARI, Salma	43	CIDSANTIAG	5:59.53	-
3.	1143597	SANCHEZ LEDO, Cira	44	ESCUALOS	6:01.95	-
2. Fem., 400m Libre						45+
1.	1221213	CAGIAO RODRIGUEZ, Natalia	47	SCASINO	6:17.18	-
2.	1143894	DE LORENZO FERNANDEZ, Maria	47	ESCUALOS	6:26.66	-
3.	1178771	BESADA FERNÁNDEZ, Ana M.	47	PONTEAREAS	8:27.92	-
2. Fem., 400m Libre						50+
1.	1040944	VARELA REDONDO, Veronica	50	PONTEAREAS	6:01.51	-
2.	1180238	GARCÍA SEOANE, Cristina María	50	HERCULES	6:26.25	-
3.	1076154	ABREU FERNANDEZ, Marta	54	PONTEAREAS	7:28.08	-
2. Fem., 400m Libre						55+
1.	1147048	REGUEIRO RODRIGUEZ, Ana	59	RIASBAIXAS	6:29.81	-
2.	1037970	CALVIÑO CANCELA, Maria Cristina	57	PONTEAREAS	6:52.00	-
3.	1143584	FERNANDEZ SESTELO, Maria Jose	55	PONTEAREAS	8:28.07	-
2. Fem., 400m Libre						60+
1.	1144331	TERCEIRO DELGADO, María Del Mar	62	CDELMAR	6:15.29	-
2.	1144231	PEREZ GALLARDO, Teresa	61	POURENSE	9:35.29	-

2. Fem., 400m Libre						65+
1.	1143622	OTERO LOPEZ, Maria Elisa	65	POURENSE	7:47.84	-
2.	1217937	RODRÍGUEZ TRONCOSO, Marina	66	PONTEAREAS	9:46.95	-
3.	1076494	SUEIRO COSTAS, Maria Del Carmen	69	PONTEAREAS	10:22.92	-
3. Masc., 400m Libre						20+
1.	1068314	MARTINEZ MARTINEZ, Marcos	22	PONTEAREAS	4:29.41	-
2.	1135985	CASARES GARCIA, Adrian	22	PONTEAREAS	5:22.02	-
3. Masc., 400m Libre						25+
1.	1061561	INCUTTI TELLADO, Denis	25	PONTEAREAS	4:46.35	-
2.	1039270	TRILLO RODRIGUEZ, Adrian	28	CNMOS	4:54.92	-
3. Masc., 400m Libre						30+
1.	1093458	MUIÑO ALONSO, Anton	31	NCORUÑA	4:49.24	-
2.	1037824	FREIRE GONZALEZ, Javier	32	RIASBAIXAS	4:59.33	-
3.	1232980	PICALLO MATO, Adrian	30	SALESTRA	5:13.95	-
3. Masc., 400m Libre						35+
1.	1140778	RODRIGUEZ LAGO, David	39	CIDSANTIAG	4:28.07	-
2.	1143515	BLANCO PEREZ, Jesus	39	NTNARON	5:02.06	-
3.	1178928	FIDALGO SERRANO, Guillermo	39	TRAVIESAS	6:34.54	-
3. Masc., 400m Libre						40+
1.	1199899	DOMINGUEZ PHILOCREON, Ticiano	44	CIDSANTIAG	5:38.48	-
2.	1214823	GONZALEZ PEÑAS, David	41	PORTAMIÑA	5:42.75	-
3.	1145052	FIERRO FERNÁNDEZ, Julio	43	SCASINO	5:44.40	-
3. Masc., 400m Libre						45+
1.	1118746	SANCHEZ GORDON, Roman	47	RIASBAIXAS	4:50.23	-
2.	1175127	MASSO AGUADO, Jorge	49	RIASBAIXAS	5:10.89	-
3.	1192271	MOURIÑO FORTES, Victor Manuel	48	PONTEAREAS	5:49.11	-
3. Masc., 400m Libre						50+
1.	1264722	BALDOMAR OBELLEIRA, Ruben	51	NCORUÑA	5:11.10	-
2.	1251882	IGLESIAS CARRERA, Pio	52	CIDSANTIAG	5:18.97	-
3.	1038104	PEREZ ARIAS, Hector	54	PORTAMIÑA	5:24.03	-

3. Masc., 400m Libre 55+

1.	1085112 RIVAS FEAL, Antonio	59	SCASINO	5:06.61	-
2.	1175089 NISTAL GARCÍA, Eduardo	57	SCASINO	5:52.88	-
3.	1057905 GURIDI HUERTA, Jesus M.	57	FLUVIAL	6:22.44	-

3. Masc., 400m Libre 60+

1.	1105220 GARCIA RIÑÓN, Jaime	61	NCORUÑA	5:10.59	- RG
2.	1076250 BETHENCOURT IGLESIAS, Sergio	62	CIDSANTIAG	5:49.06	-
3.	1078802 CEGARRA GARCIA, Eugenio	61	RSDH	6:38.67	-

3. Masc., 400m Libre 65+

1.	1170858 CODESIDO LOPEZ, José	66	CIDSANTIAG	5:47.15	- RG
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3. Masc., 400m Libre 70+

1.	1076165 GARCIA COLOMO, Manuel Ramon	71	POURENSE	6:16.25	-
2.	1075177 LOPEZ VIDAL, Antonio	73	GALAICO	8:34.29	-

4. Fem., 100m Estilos 20+

1.	1113219 IGLESIAS LOPEZ, Maria	24	CULLEREDO	1:21.80	-
2.	1076336 BLANCO PEREZ, Laura	21	PONTEAREAS	1:23.91	-
3.	1087099 GOMEZ FERNANDEZ, Uxia	22	ESCUALOS	1:26.40	-

4. Fem., 100m Estilos 25+

1.	1108273 SUAREZ GONZALEZ, Gracia	25	PONTEAREAS	1:09.72	-
2.	1130789 GARCIA MIGUEZ, Rosalia	27	CIDSANTIAG	1:18.30	-
3.	1037987 MENDEZ SEIJO, Nerea	26	RIASBAIXAS	1:24.20	-

4. Fem., 100m Estilos 30+

1.	1116506 RAMOS LOBO, Raquel	32	PORTAMIÑA	1:18.31	-
2.	1051353 CRUZ GARCIA, Aurora	30	CIDSANTIAG	1:23.03	-
3.	1266341 MAURIZ BARREIRO, Maria Violeta	33	CIDSANTIAG	1:30.07	-

4. Fem., 100m Estilos 35+

1.	1212097 LOUREIRO AMOR, Belen Martina	37	NTNARON	1:13.77	- RG
2.	1141212 RIVAS TENREIRO, Arantza	36	NTNARON	1:22.29	-
3.	1084711 DOPEREIRO GARCIA, Alba	35	NCORUÑA	1:24.52	-

4. Fem., 100m Estilos						40+
1.	1222531	FERNANDEZ GONZALEZ, Iria	43	PORTAMIÑA	1:38.85	-
2.	1145082	FARIÑA SOUSA, Noemi	42	CIDSANTIAG	1:46.51	-
3.	1250481	MENDEZ ABELAIRA, Jessica	43	C. N. Valdeorras	2:42.77	-
4. Fem., 100m Estilos						45+
1.	1144680	LOPEZ ARTABE, Inmaculada	45	CDELMAR	1:34.89	-
2.	1107383	CAMINO GONZALEZ, Catuxa	48	C. N. Máster Pons Vetus	1:46.90	-
3.	1224731	RIVEIRA CAAMAÑO, Rebeca	48	C. N. Ordes	1:46.91	-
4. Fem., 100m Estilos						50+
1.	1076524	SOUSA CARNEIRO, Rosana	54	CNMOS	1:50.28	-
2.	1144710	RODRIGUEZ VAZQUEZ, Maria Teresa	53	POURENSE	1:57.96	-
4. Fem., 100m Estilos						55+
1.	1076186	LOPEZ GONZALEZ, Monica	55	PORTAMIÑA	1:36.98	-
2.	1147048	REGUEIRO RODRIGUEZ, Ana	59	RIASBAIXAS	1:42.21	-
3.	1075200	JIMENEZ PEREZ, Victoria	56	NFERROL	1:44.15	-
4. Fem., 100m Estilos						60+
1.	1076172	GARCIA COLOMO, Maria Cristina	63	POURENSE	1:34.43	-
2.	1145099	LOPEZ MAHIA, Purificacion	62	HERCULES	1:57.11	-
3.	1076506	MARTY PAZOS, Maria Victoria	60	TRAVIESAS	1:58.45	-
4. Fem., 100m Estilos						65+
1.	1141154	CELEMIN PORRERO, Maria Teresa	66	CIDSANTIAG	2:05.92	-
2.	1075765	FERNANDEZ FERNANDEZ, Maria Teresa	69	MULLEREF	2:50.21	-
3.	1076494	SUEIRO COSTAS, Maria Del Carmen	69	PONTEAREAS	3:16.18	-
5. Masc., 100m Estilos						25+
1.	1110128	CAMINO PARDO, Rodrigo	25	NCORUÑA	1:04.64	-
2.	1039755	RIVAS MACEIRAS, Isaac	26	NCORUÑA	1:06.50	-
3.	1040779	QUINTAS MOSQUERA, Manuel	29	CIDSANTIAG	1:06.51	-
5. Masc., 100m Estilos						30+
1.	1078641	GRACIA CARBAJO, Miguel	31	NTNARON	1:02.98	-
2.	1107418	LAGO LOPEZ, Diego	34	NCORUÑA	1:06.95	-
3.	1040484	ISASTI OTERO, Patxi	30	XOVE	1:07.41	-

5. Masc., 100m Estilos						35+
1.	1089000	TABOADA VILA, Alberto	38	POURENSE	1:04.89	-
2.	1199549	MARTINEZ DOPAZO, David	38	CIDSANTIAG	1:10.47	-
3.	1143890	FORTES NOVOA, Martiño	37	ESCUALOS	1:14.18	-
5. Masc., 100m Estilos						40+
1.	1141151	CALLE FACAL, Telmo	42	CIDSANTIAG	1:08.14	-
2.	1228089	MERA MONTECELOS, Pablo	42	HERCULES	1:12.01	-
3.	1218108	IGLESIAS LAPIDO, Miguel	40	FLUVIAL	1:14.09	-
5. Masc., 100m Estilos						45+
1.	1076560	EIRIZ DIEGUEZ, Daniel	47	CNMOS	1:07.76	-
2.	1006004	GUIMAREY VAZQUEZ, Marcos	48	PORTAMIÑA	1:12.20	-
3.	1144267	FINS SEOANE, Juan Miguel	48	SALESTRA	1:13.80	-
5. Masc., 100m Estilos						50+
1.	1076538	FUENTES FERNANDEZ, Eugenio	53	RIASBAIXAS	1:19.77	-
2.	1146934	DIEGUEZ ARANDA, Hector	52	PORTAMIÑA	1:20.38	-
3.	1147287	ESCUDEIRO DANS, David	52	NCORUÑA	1:21.44	-
5. Masc., 100m Estilos						55+
1.	1076516	JORGE IGLESIAS, Marcelino	59	PONTEAREAS	1:14.19	- RG
2.	1082554	MARTINEZ FAJARDO, Julio Enrique	55	ADFOGAR	1:20.45	-
3.	1180234	SÁNCHEZ SECO, Manuel	57	ESCUALOS	1:31.28	-
5. Masc., 100m Estilos						60+
1.	1078597	SOLLEIRO TIZON, Juan Jose	62	NCORUÑA	1:26.27	-
2.	1079361	RODRIGUEZ GOMEZ, Emilio	64	PONTEAREAS	1:41.20	-
3.	1075589	SANCHEZ VAZQUEZ, Jesus	63	PORTAMIÑA	1:47.45	-
5. Masc., 100m Estilos						65+
1.	1174449	FERNANDEZ ARRUTI, Jose Angel	66	CIDSANTIAG	1:28.89	-
2.	1075185	YAÑEZ WONENBURGER, Juan Carlos	66	HERCULES	1:29.40	-
3.	1079748	SANTAMARINA LÓPEZ, Javier	67	TRAVIESAS	2:45.48	-
5. Masc., 100m Estilos						70+
1.	1075190	SUANZES PEREZ, Fernando	72	HERCULES	1:33.02	-

6. Fem., 200m Braza						20+
1.	1228048	ALVAREZ SOUTO, Claudia	24	PONTEAREAS	3:20.42	-
6. Fem., 200m Braza						25+
1.	1037836	VEIGA RODRIGUEZ, Rosalia	26	NCORUÑA	3:04.69	-
2.	1115644	FERNÁNDEZ JUAN, María	27	CIDSANTIAG	3:27.88	-
6. Fem., 200m Braza						30+
1.	1204918	MARTINEZ GARCIA, Susana	34	MONFORTE	3:58.08	-
2.	1257939	PUENTE MARIN, Cristina	30	FLUVIAL	4:08.13	-
3.	1240953	SIMOIS MORAIS, Yolanda	31	SALESTRA	4:27.35	-
6. Fem., 200m Braza						35+
1.	1084714	BUGALLO PÉREZ, Estíbaliz	35	GALAICO	3:00.00	-
2.	1076543	RODRIGUEZ PEREZ, Vanesa	39	RIASBAIXAS	3:29.54	-
3.	1250482	RODRIGUEZ DE DIOS, Amparo	38	C. N. Valdeorras	4:04.75	-
6. Fem., 200m Braza						40+
1.	1146780	DURÁN VEIRAS, Raquel	41	ARTEIXO	3:15.12	-
2.	1143598	MIRA VAZQUEZ, Marta	44	ESCUALOS	3:20.02	-
3.	1180232	FKEOUI OMARI, Salma	43	CIDSANTIAG	3:24.54	-
6. Fem., 200m Braza						45+
1.	1144680	LOPEZ ARTABE, Inmaculada	45	CDELMAR	3:41.93	-
2.	1170845	CID ALVAREZ, Isabel	45	ESCUALOS	3:42.87	-
3.	1178775	COVELO SAAVEDRA, Nahir	47	PONTEAREAS	3:51.48	-
6. Fem., 200m Braza						50+
1.	1144710	RODRIGUEZ VAZQUEZ, Maria Teresa	53	POURENSE	4:38.82	-
2.	1144074	SERRANO AVENDAÑO, Silvia	50	TRAVIESAS	4:43.98	-
6. Fem., 200m Braza						55+
1.	1038729	DEL AMO BLANCO, Margarita	58	PONTEAREAS	3:58.35	-
6. Fem., 200m Braza						60+
1.	1039437	BALADO LOPEZ, Ana Maria	64	POURENSE	3:43.59	-
2.	1079968	CHUB SAVCHENKO, Lyudmyla	60	GALAICO	4:27.19	-
3.	1143893	REBORED A MORILLO, Susana	63	ESCUALOS	4:33.50	-

6. Fem., 200m Braza						65+
1.	1217937	RODRÍGUEZ TRONCOSO, Marina	66	PONTEAREAS	5:14.35	-
2.	1037151	GOMEZ DOVAL, Maria Angela	69	FLUVIAL	5:14.82	-
7. Masc., 200m Braza						20+
1.	1107916	FERNANDEZ DEL VALLE, Ivan	20	POURENSE	2:35.58	-
2.	1142991	PEREZ PAZ, Dario	20	PONTEAREAS	2:36.19	-
3.	1079156	MARQUEZ VAZQUEZ, Pablo	23	C. N. As Meigas	3:21.62	-
7. Masc., 200m Braza						25+
1.	1115676	GONZALEZ IGLESIAS, Alberto	28	CULLEREDO	2:59.77	-
7. Masc., 200m Braza						30+
1.	1130602	TENORIO FREIRE, Martin	33	CIDSANTIAG	2:32.84	-
2.	1222771	LAGO GONZALEZ, Ivan	32	PONTEAREAS	4:51.42	-
7. Masc., 200m Braza						35+
1.	1076287	PAZOS ALONSO, Josue	39	ESCUALOS	2:47.22	-
2.	1136629	FIGUEIRA DOMINGUEZ, Javier Guzman	37	RIASBAIXAS	2:58.50	-
3.	1241139	DIÉGUEZ GONZALEZ, Bruno	35	CIDSANTIAG	3:18.77	-
7. Masc., 200m Braza						40+
1.	1143897	SEVILLA AROCA, Javier	42	ESCUALOS	2:56.63	-
2.	1145052	FIERRO FERNÁNDEZ, Julio	43	SCASINO	3:09.61	-
3.	1257944	PÉREZ GONZÁLEZ, Iván	43	MONFORTE	3:16.03	-
7. Masc., 200m Braza						45+
1.	1218110	HERMIDA SALIDO, Gustavo	48	NTNARON	3:11.81	-
2.	1143895	PADIN CHARLIN, Joaquin	45	ESCUALOS	3:15.28	-
3.	1201621	ALONSO ORTIZ, Mariano	49	FLUVIAL	3:16.30	-
7. Masc., 200m Braza						50+
1.	1076185	PEREIRA DIAZ, Angel	53	ESCUALOS	3:06.06	-
2.	1244393	REY RODRIGUEZ, Oscar	51	CIDSANTIAG	3:13.70	-
3.	1224729	FERNADEZ BARREIROS, Claudio	50	C. N. Ordes	3:25.10	-

7. Masc., 200m Braza						55+
1.	1085112	RIVAS FEAL, Antonio	59	SCASINO	2:59.22	-
2.	1141191	GARCIA SANJURJO, Jose Manuel	58	CDELMAR	3:26.65	-
3.	1144698	CADAVID NUÑEZ, Jose	55	POURENSE	3:44.09	-
7. Masc., 200m Braza						60+
1.	1144940	HERNANZ MORAL, Fausto	63	RIASBAIXAS	4:14.56	-
2.	1143966	FERNANDEZ GONZALEZ, Alvaro	60	CNMOS	4:27.73	-
7. Masc., 200m Braza						65+
1.	1141150	RODRIGUEZ VIEITO, Ricardo M.	68	CNMOS	4:01.54	-
7. Masc., 200m Braza						70+
1.	1076165	GARCIA COLOMO, Manuel Ramon	71	POURENSE	4:03.63	-
8. Fem., 100m Mariposa						20+
1.	1140796	DIAZ DOPICO, Sabela	23	NFERROL	1:16.15	-
2.	1076318	LEMONS FERNANDEZ, Zaira	23	PONTEAREAS	1:18.59	-
8. Fem., 100m Mariposa						25+
1.	1038929	GONZALEZ AVENDAÑO, Lucia	26	CIDSANTIAG	1:27.17	-
2.	1093694	SANCHEZ LENCE, Maria	28	NCORUÑA	1:28.76	-
3.	1145008	GONZALEZ PEREZ, Paula	29	PONTEAREAS	1:46.44	-
8. Fem., 100m Mariposa						30+
1.	1093459	FRANCO CAL, Alba	34	C. N. As Meigas	1:04.41	- RE
2.	1266341	MAURIZ BARREIRO, Maria Violeta	33	CIDSANTIAG	1:29.22	-
3.	1237382	MUIÑO, Andrea	34	NCORUÑA	1:32.35	-
8. Fem., 100m Mariposa						35+
1.	1144592	ACUÑA MELLA, Maria	37	PONTEAREAS	2:01.02	-
8. Fem., 100m Mariposa						45+
1.	1146893	PRADO FRANCO, Martha-Elizabeth	46	RIASBAIXAS	1:31.40	-
2.	1170845	CID ALVAREZ, Isabel	45	ESCUALOS	1:46.63	-
3.	1107383	CAMINO GONZALEZ, Catuxa	48	C. N. Máster Pons Vetus	1:46.76	-

8. Fem., 100m Mariposa						50+
1.	1180238	GARCÍA SEOANE, Cristina María	50	HERCULES	1:53.62	-
2.	1127346	SOBRINO EIRIZ, Maria Del Valle	53	PONTEAREAS	2:00.57	-
3.	1076154	ABREU FERNANDEZ, Marta	54	PONTEAREAS	2:04.69	-
8. Fem., 100m Mariposa						55+
1.	1197600	SANDERSON KEOUGH, Helen Jane	55	CULLEREDO	1:33.93	- RG
2.	1145007	MELON PARENTE, M. Lourdes	56	PONTEAREAS	3:14.86	-
8. Fem., 100m Mariposa						60+
1.	1086162	BARJA BARJA, Liliana	60	TRAVIESAS	2:07.24	-
9. Masc., 100m Mariposa						20+
1.	1076409	CANCELA GOMEZ, Hugo	22	PONTEAREAS	1:03.25	-
2.	1135986	CASARES GARCIA, Brais	21	PONTEAREAS	1:11.24	-
9. Masc., 100m Mariposa						25+
1.	1144193	PASTORIZA SANTA CLARA, Jorge	28	RIASBAIXAS	1:03.61	-
2.	1130804	CASTRO RODRIGUEZ, Francisco	25	CIDSANTIAG	1:05.19	-
9. Masc., 100m Mariposa						30+
1.	1099306	ORTIZ ANEIROS, Lorenzo	30	NTNARON	1:01.39	-
2.	1128175	GULIAS GARCIA, Jose Ruben	34	C. N. Máster Pons Vetus	1:18.88	-
3.	1076271	NOVALES BLANCO, Xabier	34	RIASBAIXAS	1:24.86	-
9. Masc., 100m Mariposa						35+
1.	1041299	MARTÍNEZ GESTAL, Alejandro	35	CDELMAR	1:04.50	-
2.	1144194	TELLA FERREIRO, Miguel	37	C. N. Ordes	1:22.82	-
3.	1217936	PASCUAL DE PEDRO, Jorge	39	PONTEAREAS	1:32.99	-
9. Masc., 100m Mariposa						40+
1.	1230338	MUIÑO REY, Daniel	41	NFERROL	1:17.99	-
2.	1203519	KRUGLOV, Mykola	40	ESCUALOS	1:18.07	-
3.	1036745	BARCIA SIXTO, Francisco José	40	NTNARON	1:27.23	-
9. Masc., 100m Mariposa						45+
1.	1024675	IGLESIAS GOMEZ, Gonzalo	46	CIDSANTIAG	1:10.48	-
2.	1198273	MONTERO PRIETO, Carlos Eugenio	47	CIDSANTIAG	1:20.32	-
3.	1224733	ARANGO GAYAR, Saul	45	RIASBAIXAS	1:21.22	-

9. Masc., 100m Mariposa						50+
1.	1243174	SONEIRA REBOREDO, Oscar	50	CIDSANTIAG	1:08.13	-
2.	1180192	SAAVEDRA GONZÁLEZ, Raul	52	HERCULES	1:11.61	-
3.	1038104	PEREZ ARIAS, Hector	54	PORTAMIÑA	1:16.41	-
9. Masc., 100m Mariposa						55+
1.	1143575	FERREIRA GONZALEZ, Xose Anxo	59	REDONDELA	1:39.28	-
2.	1253683	GESTOSO PAZO, Juan Francisco	58	SALESTRA	1:45.76	-
9. Masc., 100m Mariposa						60+
1.	1232926	TAPIA PORTO, Enrique	60	NCORUÑA	1:11.42	- RG
2.	1061111	ISASTI MAIZA, Patxi Xabier	60	XOVE	1:22.84	-
3.	1040281	MARTINEZ BERJANO, Jose Manuel	62	MONFORTE	1:53.08	-
10. Fem., 100m Espalda						20+
1.	1079883	RODRIGUEZ RODRIGUEZ, Nina	23	RIASBAIXAS	1:09.74	- RG
2.	1037966	FERNANDEZ PARDO, Irene	24	PONTEAREAS	1:11.86	-
3.	1038179	IBAÑEZ CARRERA, Sara	24	PONTEAREAS	1:11.88	-
10. Fem., 100m Espalda						25+
1.	1041218	ISASTI OTERO, Nerea	28	XOVE	1:26.87	-
10. Fem., 100m Espalda						30+
1.	1256967	DEL RIO REGUEIRA, Sara	34	NCORUÑA	1:15.86	-
2.	1051353	CRUZ GARCIA, Aurora	30	CIDSANTIAG	1:21.99	-
3.	1236745	RODRIGUEZ GONZÁLEZ, Raquel	32	MONFORTE	1:39.06	-
10. Fem., 100m Espalda						35+
1.	1028641	OTERO RODRIGUEZ, Sandra	38	ESCUALOS	1:19.14	-
2.	1144894	VINAGRE SENDINO, Cora	37	SCASINO	1:22.82	-
3.	1040731	GESTO ALONSO, Clarisa	36	PONTEAREAS	1:26.63	-
10. Fem., 100m Espalda						40+
1.	1143597	SANCHEZ LEDO, Cira	44	ESCUALOS	1:24.18	-
2.	1144270	ROZADOS LUIS, Adriana	40	SALESTRA	1:25.96	-
3.	1236642	ABBATEMARCO, Cristina	41	SALESTRA	1:35.58	-

10. Fem., 100m Espalda						45+
1.	1143894	DE LORENZO FERNANDEZ, Maria	47	ESCUALOS	1:37.82	-
2.	1264733	GOMEZ PAREDES, Maria	49	FLUVIAL	1:41.15	-
3.	1253190	GARCÍA NAVAS, Carolina	46	MULLEREF	1:56.42	-
10. Fem., 100m Espalda						50+
1.	1228008	OJEA DE CASTRO, Macarena	52	PORTAMIÑA	1:28.53	-
2.	1076524	SOSA CARNEIRO, Rosana	54	CNMOS	1:43.38	-
10. Fem., 100m Espalda						55+
1.	1038729	DEL AMO BLANCO, Margarita	58	PONTEAREAS	1:44.75	-
2.	1174378	PAZOS SOAGE, Paloma	55	C. N. Máster Pons Vetus	2:05.36	-
3.	1144696	SEARA JALON, Monica	55	POURENSE	2:19.09	-
10. Fem., 100m Espalda						60+
1.	1079307	CHAMOSA MARTIN, Julia	64	RIASBAIXAS	1:39.42	-
2.	1076506	MARTY PAZOS, Maria Victoria	60	TRAVIESAS	2:02.14	-
3.	1145099	LOPEZ MAHIA, Purificacion	62	HERCULES	2:13.67	-
10. Fem., 100m Espalda						65+
1.	1141154	CELEMIN PORRERO, Maria Teresa	66	CIDSANTIAG	2:05.04	-
2.	1143622	OTERO LOPEZ, Maria Elisa	65	POURENSE	2:13.39	-
3.	1075765	FERNANDEZ FERNANDEZ, Maria Tere	69	MULLEREF	2:59.70	-
10. Fem., 100m Espalda						70+
1.	1208789	MAROTO REGLERO, Maria Consuelo	73	TRAVIESAS	2:55.79	-
10. Fem., 100m Espalda						75+
1.	1076482	GONZALEZ RODRIGUEZ, S. Marta	79	PONTEAREAS	3:18.55	-
11. Masc., 100m Espalda						25+
1.	1087073	QUIROGA RAMOS, Noel	25	POURENSE	1:00.90	- RG
2.	1130804	CASTRO RODRIGUEZ, Francisco	25	CIDSANTIAG	1:07.02	-
3.	1039755	RIVAS MACEIRAS, Isaac	26	NCORUÑA	1:07.68	-
11. Masc., 100m Espalda						30+
1.	1107418	LAGO LOPEZ, Diego	34	NCORUÑA	1:06.71	-
2.	1038638	CASTRO VILLAR, David	34	CDELMAR	1:08.47	-
3.	1256973	PENIDE CALVO, Gabriel	32	RIASBAIXAS	1:27.65	-

11. Masc., 100m Espalda						35+
1.	1089000	TABOADA VILA, Alberto	38	POURENSE	1:01.41	-
2.	1185622	DÍAZ RODRÍGUEZ, Andrés	36	NTNARON	1:13.28	-
3.	1226258	BERNARDEZ FERRO, Juan Jose	38	CIDSANTIAG	1:13.31	-
11. Masc., 100m Espalda						40+
1.	1190909	CARBALLA BARROSO, Rogelio Manue	44	CIDSANTIAG	1:22.60	-
2.	1036745	BARCIA SIXTO, Francisco José	40	NTNARON	1:26.36	-
3.	1170841	BASTIDA CAMPOS, Alejandro	43	SALESTRA	1:26.75	-
11. Masc., 100m Espalda						45+
1.	1118746	SANCHEZ GORDON, Roman	47	RIASBAIXAS	1:10.69	-
2.	1205935	GUIRADO CARABEL, Oscar	49	CULLEREDO	1:14.96	-
3.	1075217	ESPINOSA MIRA, Jorge	47	C. N. Valdeorras	1:15.46	-
11. Masc., 100m Espalda						50+
1.	1075601	MOURIZ LOMBAO, Fco. Javier	50	PORTAMIÑA	1:16.19	-
2.	1144601	PUENTE DÍAZ, Javier	54	CIDSANTIAG	1:20.94	-
3.	1255450	RODRÍGUEZ RODRÍGUEZ, Santiago	53	CIDSANTIAG	1:22.53	-
11. Masc., 100m Espalda						55+
1.	1195569	PEREZ LEIVA, Manuel	57	RIASBAIXAS	1:37.99	-
2.	1057905	GURIDI HUERTA, Jesus M.	57	FLUVIAL	1:47.55	-
11. Masc., 100m Espalda						60+
1.	1076250	BETHENCOURT IGLESIAS, Sergio	62	CIDSANTIAG	1:30.29	-
11. Masc., 100m Espalda						65+
1.	1170858	CODESIDO LOPEZ, José	66	CIDSANTIAG	1:28.25	-
2.	1075185	YAÑEZ WONENBURGER, Juan Carlos	66	HERCULES	1:33.42	-
11. Masc., 100m Espalda						70+
1.	1075177	LOPEZ VIDAL, Antonio	73	GALAICO	2:27.49	-
2.	1076489	VIRUEL RODRÍGUEZ, Diego	73	TRAVIESAS	2:45.31	-
11. Masc., 100m Espalda						75+
1.	1076487	RODRIGUEZ LEMOS, Andres Jesus	76	CNMOS	1:58.93	-

12. Fem., 50m Libre						20+
1.	1037951	SOILAN FERNANDEZ, Raquel	24	C. N. As Meigas	29.38	-
2.	1037966	FERNANDEZ PARDO, Irene	24	PONTEAREAS	30.21	-
3.	1076336	BLANCO PEREZ, Laura	21	PONTEAREAS	31.75	-
12. Fem., 50m Libre						25+
1.	1038608	SUAREZ GARCIA, Sofia	28	RIASBAIXAS	32.60	-
2.	1115644	FERNÁNDEZ JUAN, María	27	CIDSANTIAG	32.95	-
3.	1041218	ISASTI OTERO, Nerea	28	XOVE	34.69	-
12. Fem., 50m Libre						30+
1.	1256967	DEL RIO REGUEIRA, Sara	34	NCORUÑA	29.31	-
2.	1257417	ALONSO GONZALEZ, Ines	33	CNMOS	36.24	-
3.	1143565	ARAÚJO CASTRO, Paula	34	CDELMAR	36.94	-
12. Fem., 50m Libre						35+
1.	1127407	GONZÁLEZ RIVAS, Sara	36	ARTEIXO	30.19	-
2.	1084711	DOPEREIRO GARCIA, Alba	35	NCORUÑA	31.33	-
3.	1028641	OTERO RODRIGUEZ, Sandra	38	ESCUALOS	31.94	-
12. Fem., 50m Libre						40+
1.	1013486	GONZALEZ RODRIGUEZ, Maria	43	CIDSANTIAG	30.42	- RG
2.	1144270	ROZADOS LUIS, Adriana	40	SALESTRA	32.20	-
3.	1075843	GONZALEZ FERNANDEZ, Leticia	43	XOVE	34.86	-
12. Fem., 50m Libre						45+
1.	1244421	DE MARTIN MIGUEL, Ana Asunción	45	ESCUALOS	34.93	-
2.	1221213	CAGIAO RODRIGUEZ, Natalia	47	SCASINO	36.68	-
3.	1178771	BESADA FERNÁNDEZ, Ana M.	47	PONTEAREAS	44.91	-
12. Fem., 50m Libre						50+
1.	1040944	VARELA REDONDO, Veronica	50	PONTEAREAS	36.05	-
2.	1232962	JARDON GONZALEZ, Helena	54	PONTEAREAS	40.11	-
3.	1075503	DE LA MONTAÑA ALCANTARA, Gloria	52	RSDH	40.56	-
12. Fem., 50m Libre						55+
1.	1075200	JIMENEZ PEREZ, Victoria	56	NFERROL	38.92	-
2.	1141128	LLEVOT SANCHEZ, Ana Isabel	55	C. N. Máster Pons Vetus	39.27	-
3.	1037939	CASTRO MAESTRE, Isaura	56	FLUVIAL	39.39	-

12. Fem., 50m Libre						60+
1.	1144331	TERCEIRO DELGADO, María Del Mar	62	CDELMAR	34.07	-
2.	1079307	CHAMOSA MARTIN, Julia	64	RIASBAIXAS	38.38	-
3.	1079968	CHUB SAVCHENKO, Lyudmyla	60	GALAICO	49.46	-
12. Fem., 50m Libre						65+
1.	1037151	GOMEZ DOVAL, Maria Angela	69	FLUVIAL	56.17	-
12. Fem., 50m Libre						70+
1.	1076490	GONZALEZ-ALEGRE BURGUEÑO, A.	73	TRAVIESAS	47.38	-
2.	1036752	BAGLIETTO MILLAN, M. Dolores	73	C. N. Máster Pons Vetus	53.50	-
3.	1208789	MAROTO REGLERO, Maria Consuelo	73	TRAVIESAS	1:00.11	-
12. Fem., 50m Libre						75+
1.	1076482	GONZALEZ RODRIGUEZ, S. Marta	79	PONTEAREAS	1:27.82	-
13. Masc., 50m Libre						20+
1.	1076409	CANCELA GOMEZ, Hugo	22	PONTEAREAS	26.33	-
2.	1068314	MARTINEZ MARTINEZ, Marcos	22	PONTEAREAS	26.50	-
3.	1135986	CASARES GARCIA, Brais	21	PONTEAREAS	27.38	-
13. Masc., 50m Libre						25+
1.	1110128	CAMINO PARDO, Rodrigo	25	NCORUÑA	25.33	-
2.	1037192	FERRO SANTOS, JUAN MANUEL,	25	XOVE	27.31	-
3.	1037180	CARRERA COSTAS, Martin	29	PONTEAREAS	27.67	-
13. Masc., 50m Libre						30+
1.	1099306	ORTIZ ANEIROS, Lorenzo	30	NTNARON	24.33	-
2.	1110674	BORRAZAS RUMBO, Manuel	32	NCORUÑA	25.52	-
3.	1040484	ISASTI OTERO, Patxi	30	XOVE	26.80	-
13. Masc., 50m Libre						35+
1.	1078993	LOBELLE GONZALEZ, Ivan	36	CDELMAR	23.74	- RG
2.	1143515	BLANCO PEREZ, Jesus	39	NTNARON	27.83	-
3.	1144194	TELLA FERREIRO, Miguel	37	C. N. Ordes	28.21	-

13. Masc., 50m Libre						40+
1.	1107942	GARCIA RODRIGUEZ, Sergio	44	HERCULES	26.78	-
2.	1228089	MERA MONTECELOS, Pablo	42	HERCULES	27.33	-
3.	1084043	PIÑEIRO PEON, Antonio	41	CIDSANTIAG	27.78	-
13. Masc., 50m Libre						45+
1.	1024675	IGLESIAS GOMEZ, Gonzalo	46	CIDSANTIAG	27.99	-
2.	1205935	GUIRADO CARABEL, Oscar	49	CULLEREDO	28.50	-
3.	1143662	BALSA MOSQUERA, Pablo	47	NTNARON	30.29	-
13. Masc., 50m Libre						50+
1.	1243174	SONEIRA REBOREDO, Oscar	50	CIDSANTIAG	27.59	-
2.	1264722	BALDOMAR OBELLEIRA, Ruben	51	NCORUÑA	29.44	-
3.	1146934	DIEGUEZ ARANDA, Hector	52	PORTAMIÑA	29.48	-
13. Masc., 50m Libre						55+
1.	1175089	NISTAL GARCÍA, Eduardo	57	SCASINO	32.24	-
2.	1266323	MILLÁN ALONSO, Rubén	55	TRAVIESAS	32.63	-
3.	1143575	FERREIRA GONZALEZ, Xose Anxo	59	REDONDELA	33.25	-
13. Masc., 50m Libre						60+
1.	1105220	GARCIA RIÑON, Jaime	61	NCORUÑA	29.79	-
2.	1078802	CEGARRA GARCIA, Eugenio	61	RSDH	35.30	-
3.	1040281	MARTINEZ BERJANO, Jose Manuel	62	MONFORTE	35.52	-
13. Masc., 50m Libre						65+
1.	1174449	FERNANDEZ ARRUTI, Jose Angel	66	CIDSANTIAG	33.18	-
2.	1141150	RODRIGUEZ VIEITO, Ricardo M.	68	CNMOS	37.61	-
3.	1144180	SEGUÍN CID, Severino	66	TRAVIESAS	42.50	-
13. Masc., 50m Libre						70+
1.	1048954	BORDALLO CORTINA, Fernando	71	HERCULES	32.89	- RG
2.	1075764	NOVOA GONZALEZ, Edmundo	73	HERCULES	40.28	-
3.	1240096	IVANCHENKO, Yurii	72	POURENSE	40.48	-
13. Masc., 50m Libre						85+
1.	1143727	FOLCH MALLOFRE, Ramon	88	ARTEIXO	54.01	-
2.	1143430	ARAUJO DOMINGUEZ, Francisco	85	PONTEAREAS	1:23.16	-

14. Fem., 200m Estilos						20+
1.	1076318	LEMONS FERNANDEZ, Zaira	23	PONTEAREAS	2:55.00	-
14. Fem., 200m Estilos						25+
1.	1108273	SUAREZ GONZALEZ, Gracia	25	PONTEAREAS	2:29.48	- RG
2.	1130789	GARCIA MIGUEZ, Rosalia	27	CIDSANTIAG	2:45.38	-
3.	1037836	VEIGA RODRIGUEZ, Rosalia	26	NCORUÑA	2:49.39	-
14. Fem., 200m Estilos						30+
1.	1093459	FRANCO CAL, Alba	34	C. N. As Meigas	2:27.77	- RG
2.	1116506	RAMOS LOBO, Raquel	32	PORTAMIÑA	2:46.93	-
14. Fem., 200m Estilos						35+
1.	1084714	BUGALLO PÉREZ, Estíbaliz	35	GALAICO	2:40.57	- RG
2.	1212097	LOUREIRO AMOR, Belen Martina	37	NTNARON	2:43.46	-
3.	1144948	GONZALEZ PEREZ, Jessica	38	RIASBAIXAS	3:19.46	-
14. Fem., 200m Estilos						40+
1.	1075221	HERMIDA RODRIGUEZ, Blanca	44	NFERROL	2:41.35	- RG
14. Fem., 200m Estilos						45+
1.	1250484	VAZQUEZ GONZALEZ, Yolanda	49	C. N. Valdeorras	5:36.33	-
14. Fem., 200m Estilos						55+
1.	1197600	SANDERSON KEOUGH, Helen Jane	55	CULLEREDO	3:26.45	-
2.	1145007	MELON PARENTE, M. Lourdes	56	PONTEAREAS	5:56.45	-
14. Fem., 200m Estilos						60+
1.	1076172	GARCIA COLOMO, Maria Cristina	63	POURENSE	3:32.32	-
15. Masc., 200m Estilos						20+
1.	1142991	PEREZ PAZ, Dario	20	PONTEAREAS	2:19.84	-
15. Masc., 200m Estilos						25+
1.	1144193	PASTORIZA SANTA CLARA, Jorge	28	RIASBAIXAS	2:18.33	-

15. Masc., 200m Estilos						30+
1.	1130602	TENORIO FREIRE, Martin	33	CIDSANTIAG	2:22.12	-
2.	1093458	MUIÑO ALONSO, Anton	31	NCORUÑA	2:28.91	-
3.	1076271	NOVALES BLANCO, Xabier	34	RIASBAIXAS	3:07.77	-
15. Masc., 200m Estilos						35+
1.	1076287	PAZOS ALONSO, Josue	39	ESCUALOS	2:35.01	-
2.	1199549	MARTINEZ DOPAZO, David	38	CIDSANTIAG	2:35.98	-
3.	1097263	LAMEIRO SEOANE, Javier	38	HERCULES	2:59.14	-
15. Masc., 200m Estilos						40+
1.	1141151	CALLE FACAL, Telmo	42	CIDSANTIAG	2:26.96	-
2.	1240331	DE LORENZO FERNÁNDEZ, Javier	44	ESCUALOS	3:03.83	-
3.	1199899	DOMINGUEZ PHILOCREON, Ticiano	44	CIDSANTIAG	3:04.21	-
15. Masc., 200m Estilos						45+
1.	1076560	EIRIZ DIEGUEZ, Daniel	47	CNMOS	2:32.54	-
2.	1144267	FINS SEOANE, Juan Miguel	48	SALESTRA	2:42.73	-
3.	1006004	GUIMAREY VAZQUEZ, Marcos	48	PORTAMIÑA	2:47.18	-
15. Masc., 200m Estilos						50+
1.	1076185	PEREIRA DIAZ, Angel	53	ESCUALOS	2:44.85	-
2.	1075601	MOURIZ LOMBAO, Fco. Javier	50	PORTAMIÑA	2:45.15	-
3.	1224729	FERNADEZ BARREIROS, Claudio	50	C. N. Ordes	3:04.64	-
15. Masc., 200m Estilos						55+
1.	1082554	MARTINEZ FAJARDO, Julio Enrique	55	ADFOGAR	2:58.96	-
2.	1141191	GARCIA SANJURJO, Jose Manuel	58	CDELMAR	3:12.63	-
3.	1180234	SÁNCHEZ SECO, Manuel	57	ESCUALOS	3:30.05	-
15. Masc., 200m Estilos						60+
1.	1232926	TAPIA PORTO, Enrique	60	NCORUÑA	2:45.61	- RG
2.	1075589	SANCHEZ VAZQUEZ, Jesus	63	PORTAMIÑA	3:54.36	-
3.	1075770	RODRIGUEZ BASANTA, Fco. Jose	64	C. N. Valdeorras	4:01.84	-
15. Masc., 200m Estilos						70+
1.	1075190	SUANZES PEREZ, Fernando	72	HERCULES	3:30.96	-

15. Masc., 200m Estilos						75+
1.	1076487	RODRIGUEZ LEMOS, Andres Jesus	76	CNMOS	4:13.52	-
16. Fem., 50m Braza						20+
1.	1037951	SOILAN FERNANDEZ, Raquel	24	C. N. As Meigas	38.24	-
2.	1228048	ALVAREZ SOUTO, Claudia	24	PONTEAREAS	40.84	-
3.	1113219	IGLESIAS LOPEZ, Maria	24	CULLEREDO	41.45	-
16. Fem., 50m Braza						25+
1.	1037987	MENDEZ SEIJO, Nerea	26	RIASBAIXAS	41.92	-
2.	1257948	TORTOSA MENDOZA, Maria Gabriela	29	CULLEREDO	46.73	-
16. Fem., 50m Braza						30+
1.	1041452	BEN CILLERO, Sabela	33	XOVE	38.59	-
2.	1221622	BUENADICHA AVILES, Ines	30	ARTEIXO	39.20	-
3.	1261339	VILARIÑO SAN JOSE, Alba	32	RIASBAIXAS	43.41	-
16. Fem., 50m Braza						35+
1.	1127407	GONZÁLEZ RIVAS, Sara	36	ARTEIXO	38.38	-
2.	1141212	RIVAS TENREIRO, Arantza	36	NTNARON	42.83	-
3.	1141440	ESTEBAN VILLA, Alba	35	RIASBAIXAS	47.49	-
16. Fem., 50m Braza						40+
1.	1143598	MIRA VAZQUEZ, Marta	44	ESCUALOS	41.07	-
2.	1146780	DURÁN VEIRAS, Raquel	41	ARTEIXO	42.31	-
3.	1243130	TORRE GONZALEZ, Elisa	40	RIASBAIXAS	42.44	-
16. Fem., 50m Braza						45+
1.	1244421	DE MARTIN MIGUEL, Ana Asunción	45	ESCUALOS	42.13	-
2.	1178775	COVELO SAAVEDRA, Nahir	47	PONTEAREAS	46.32	-
3.	1146893	PRADO FRANCO, Martha-Elizabeth	46	RIASBAIXAS	46.88	-
16. Fem., 50m Braza						50+
1.	1228008	OJEA DE CASTRO, Macarena	52	PORTAMIÑA	46.55	-
2.	1232962	JARDON GONZALEZ, Helena	54	PONTEAREAS	49.69	-
3.	1075503	DE LA MONTAÑA ALCANTARA, Gloria	52	RSDH	53.48	-

16. Fem., 50m Braza						55+
1.	1076186	LOPEZ GONZALEZ, Monica	55	PORTAMIÑA	47.23	-
2.	1141128	LLEVOT SANCHEZ, Ana Isabel	55	C. N. Máster Pons Vetus	52.07	-
16. Fem., 50m Braza						60+
1.	1039437	BALADO LOPEZ, Ana Maria	64	POURENSE	46.73	-
2.	1197564	SANCHEZ VAZQUEZ, Maria Luisa	60	C. N. Máster Pons Vetus	1:08.86	-
16. Fem., 50m Braza						70+
1.	1076490	GONZALEZ-ALEGRE BURGUEÑO, A.	73	TRAVIESAS	1:03.35	-
2.	1036752	BAGLIETTO MILLAN, M. Dolores	73	C. N. Máster Pons Vetus	1:08.58	-
17. Masc., 50m Braza						20+
1.	1107916	FERNANDEZ DEL VALLE, Ivan	20	POURENSE	31.05	-
2.	1023017	CARRIL SOUTO, Javier	22	ARTEIXO	38.59	-
3.	1079156	MARQUEZ VAZQUEZ, Pablo	23	C. N. As Meigas	39.83	-
17. Masc., 50m Braza						25+
1.	1040779	QUINTAS MOSQUERA, Manuel	29	CIDSANTIAG	32.49	-
2.	1115676	GONZALEZ IGLESIAS, Alberto	28	CULLEREDO	39.11	-
17. Masc., 50m Braza						30+
1.	1110674	BORRAZAS RUMBO, Manuel	32	NCORUÑA	31.23	-
2.	1078641	GRACIA CARBAJO, Miguel	31	NTNARON	31.54	-
3.	1252298	SANMARTIN GARCÍA, Jorge	34	NTNARON	39.71	-
17. Masc., 50m Braza						35+
1.	1140778	RODRIGUEZ LAGO, David	39	CIDSANTIAG	32.32	-
2.	1075908	LOBELLE GONZALEZ, Marcos	36	CDELMAR	32.66	-
3.	1143890	FORTES NOVOA, Martiño	37	ESCUALOS	34.95	-
17. Masc., 50m Braza						40+
1.	1107942	GARCIA RODRIGUEZ, Sergio	44	HERCULES	33.80	-
2.	1084043	PIÑEIRO PEON, Antonio	41	CIDSANTIAG	35.34	-
3.	1143897	SEVILLA AROCA, Javier	42	ESCUALOS	35.78	-

17. Masc., 50m Braza 45+

1.	1075217	ESPINOSA MIRA, Jorge	47	C. N. Valdeorras	36.98	-
2.	1224733	ARANGO GAYAR, Saul	45	RIASBAIXAS	38.69	-
3.	1218110	HERMIDA SALIDO, Gustavo	48	NTNARON	39.29	-

17. Masc., 50m Braza 50+

1.	1141504	BOUSO FUENTECILLA, Fernando	54	ESCUALOS	39.48	-
2.	1244393	REY RODRIGUEZ, Oscar	51	CIDSANTIAG	41.24	-
3.	1230361	VERDE LEBORANS, José	52	CIDSANTIAG	45.13	-

17. Masc., 50m Braza 55+

1.	1076516	JORGE IGLESIAS, Marcelino	59	PONTEAREAS	35.46	-
2.	1079460	REY ROMERO, Jorge J.	59	PORTAMIÑA	42.23	-
3.	1144698	CADAVID NUÑEZ, Jose	55	POURENSE	47.15	-

17. Masc., 50m Braza 60+

1.	1078597	SOLLEIRO TIZON, Juan Jose	62	NCORUÑA	42.05	-
2.	1079361	RODRIGUEZ GOMEZ, Emilio	64	PONTEAREAS	47.65	-
3.	1143966	FERNANDEZ GONZALEZ, Alvaro	60	CNMOS	51.47	-

17. Masc., 50m Braza 65+

1.	1144180	SEGUÍN CID, Severino	66	TRAVIESAS	47.96	-
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17. Masc., 50m Braza 70+

1.	1240096	IVANCHENKO, Yurii	72	POURENSE	46.89	-
2.	1048954	BORDALLO CORTINA, Fernando	71	HERCULES	47.30	-
3.	1076489	VIRUEL RODRÍGUEZ, Diego	73	TRAVIESAS	1:12.00	-

17. Masc., 50m Braza 85+

1.	1143430	ARAUJO DOMINGUEZ, Francisco	85	PONTEAREAS	1:22.00	-
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18. Fem., 4 x 50m Libre +100

1.		CIDSANTIAG 1		CIDSANTIAG	2:18.17	-
2.		PONTEAREAS 2		PONTEAREAS	2:29.08	-

18. Fem., 4 x 50m Libre +120

1.		NCORUÑA 1		NCORUÑA	2:04.31	- RG
2.		CIDSANTIAG 2		CIDSANTIAG	2:06.71	-
3.		NTNARON 1		NTNARON	2:12.00	- RG

18. Fem., 4 x 50m Libre +160

1.	PORTAMIÑA 1	PORTAMIÑA	2:19.64	-
2.	NFERROL 1	NFERROL	2:22.22	- RG
3.	ESCUALOS 2	ESCUALOS	2:24.59	-

18. Fem., 4 x 50m Libre +200

1.	RIASBAIXAS 2	RIASBAIXAS	2:27.79	-
2.	PONTEAREAS 5	PONTEAREAS	2:38.05	-
3.	ESCUALOS 3	ESCUALOS	2:48.05	-

18. Fem., 4 x 50m Libre +240

1.	POURENSE 3	POURENSE	3:06.57	-
2.	TRAVIESAS 1	TRAVIESAS	3:15.99	-
3.	PONTEAREAS 6	PONTEAREAS	3:28.94	-

19. Masc., 4 x 50m Libre +80 (PRE-MASTER)

1.	PONTEAREAS 1	PONTEAREAS	1:44.62	-
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19. Masc., 4 x 50m Libre +100

1.	NCORUÑA 1	NCORUÑA	1:41.49	- RG
2.	PONTEAREAS 2	PONTEAREAS	2:22.06	-

19. Masc., 4 x 50m Libre +120

1.	CDELMAR 1	CDELMAR	1:41.62	- RG
2.	CIDSANTIAG 2	CIDSANTIAG	1:44.64	-
3.	NTNARON 1	NTNARON	1:45.23	-

19. Masc., 4 x 50m Libre +160

1.	CIDSANTIAG 4	CIDSANTIAG	1:51.99	-
2.	HERCULES 2	HERCULES	1:52.72	-
3.	ESCUALOS 2	ESCUALOS	2:01.35	-

19. Masc., 4 x 50m Libre +200

1.	NCORUÑA 3	NCORUÑA	1:57.01	-
2.	PORTAMIÑA 2	PORTAMIÑA	1:58.51	-
3.	SCASINO 1	SCASINO	2:08.82	-

19. Masc., 4 x 50m Libre					+240
1.	CIDSANTIAG 3	CIDSANTIAG	2:05.61	-	
2.	POURENSE 5	POURENSE	2:29.34	-	
3.	PONTEAREAS 6	PONTEAREAS	3:10.95	-	
19. Masc., 4 x 50m Libre					+280
1.	HERCULES 1	HERCULES	2:22.49	- RG	
20. Mixto, 4 x 50m Libre					+80 (PRE-MASTER)
1.	PONTEAREAS 1	PONTEAREAS	2:02.79	-	
20. Mixto, 4 x 50m Libre					+100
1.	CIDSANTIAG 1	CIDSANTIAG	1:54.82	-	
2.	NCORUÑA 1	NCORUÑA	1:55.81	-	
3.	RIASBAIXAS 1	RIASBAIXAS	1:59.74	-	
20. Mixto, 4 x 50m Libre					+120
1.	NTNARON 1	NTNARON	1:50.38	- RG	
2.	NCORUÑA 2	NCORUÑA	1:52.81	-	
3.	PONTEAREAS 3	PONTEAREAS	1:57.25	-	
20. Mixto, 4 x 50m Libre					+160
1.	CIDSANTIAG 3	CIDSANTIAG	2:07.77	-	
2.	SALESTRA 1	SALESTRA	2:09.90	-	
3.	PORTAMIÑA 2	PORTAMIÑA	2:11.62	-	
20. Mixto, 4 x 50m Libre					+200
1.	CDELMAR 2	CDELMAR	2:08.09	-	
2.	SCASINO 2	SCASINO	2:15.18	-	
3.	CIDSANTIAG 4	CIDSANTIAG	2:18.33	-	
20. Mixto, 4 x 50m Libre					+240
1.	HERCULES 1	HERCULES	2:29.52	-	
2.	POURENSE 4	POURENSE	2:32.47	-	
3.	RIASBAIXAS 5	RIASBAIXAS	2:34.60	-	
20. Mixto, 4 x 50m Libre					+280
1.	PONTEAREAS 7	PONTEAREAS	4:57.36	-	

21. Fem., 400m Estilos						20+
1.	1194207	VALIÑO FERRAZ, Tatyana	22	PONTEAREAS	6:46.17	-
21. Fem., 400m Estilos						25+
1.	1038929	GONZALEZ AVENDAÑO, Lucia	26	CIDSANTIAG	6:25.93	-
2.	1145008	GONZALEZ PEREZ, Paula	29	PONTEAREAS	7:22.71	-
21. Fem., 400m Estilos						30+
1.	1237382	MUIÑO, Andrea	34	NCORUÑA	7:03.38	-
21. Fem., 400m Estilos						35+
1.	1144894	VINAGRE SENDINO, Cora	37	SCASINO	6:31.02	-
21. Fem., 400m Estilos						40+
1.	1143597	SANCHEZ LEDO, Cira	44	ESCUALOS	6:47.92	-
21. Fem., 400m Estilos						50+
1.	1171727	GARCIA RODRIGUEZ, Teresa	53	PORTAMIÑA	8:55.12	-
21. Fem., 400m Estilos						60+
1.	1076172	GARCIA COLOMO, Maria Cristina	63	POURENSE	7:37.90	-
2.	1086162	BARJA BARJA, Liliana	60	TRAVIESAS	8:16.33	-
22. Masc., 400m Estilos						20+
1.	1142991	PEREZ PAZ, Dario	20	PONTEAREAS	4:55.22	-
22. Masc., 400m Estilos						25+
1.	1144193	PASTORIZA SANTACLARA, Jorge	28	RIASBAIXAS	4:52.80	-
22. Masc., 400m Estilos						30+
1.	1130602	TENORIO FREIRE, Martin	33	CIDSANTIAG	5:08.77	-
2.	1037824	FREIRE GONZALEZ, Javier	32	RIASBAIXAS	5:59.15	-
3.	1076271	NOVALES BLANCO, Xabier	34	RIASBAIXAS	7:04.91	-
22. Masc., 400m Estilos						35+
1.	1136629	FIGUEIRA DOMINGUEZ, Javier Guzman	37	RIASBAIXAS	6:40.39	-

22. Masc., 400m Estilos 40+

1.	1240331	DE LORENZO FERNÁNDEZ, Javier	44	ESCUALOS	6:41.20	-
2.	1214823	GONZALEZ PEÑAS, David	41	PORTAMIÑA	6:43.52	-
3.	1039360	POSE MATO, Cesar	42	ADFOGAR	9:52.94	-

22. Masc., 400m Estilos 45+

1.	1118746	SANCHEZ GORDON, Roman	47	RIASBAIXAS	5:32.65	-
2.	1076564	CABANELAS EIRAS, Pablo	46	CIDSANTIAG	6:32.09	-
3.	1190398	FERNANDEZ CORRAL, Marcos	46	PORTAMIÑA	8:59.02	-

22. Masc., 400m Estilos 50+

1.	1076553	FERNANDEZ-TESTA BARREIRO, David	51	RIASBAIXAS	6:59.60	-
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22. Masc., 400m Estilos 55+

1.	1037161	TOME NOGUEIRA, Alberto M.	57	ADFOGAR	7:16.59	-
2.	1143575	FERREIRA GONZALEZ, Xose Anxo	59	REDONDELA	7:47.40	-
3.	1193949	LAMELO OTERO, Ramón Jesus	57	CIDSANTIAG	8:27.02	-

22. Masc., 400m Estilos 60+

1.	1075770	RODRIGUEZ BASANTA, Fco. Jose	64	C. N. Valdeorras	8:40.18	-
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23. Fem., 100m Libre 20+

1.	1144257	FERNANDEZ GONZALEZ, Elena	24	HERCULES	1:11.86	-
2.	1113219	IGLESIAS LOPEZ, Maria	24	CULLEREDO	1:12.25	-
3.	1076336	BLANCO PEREZ, Laura	21	PONTEAREAS	1:12.47	-

23. Fem., 100m Libre 25+

1.	1130789	GARCIA MIGUEZ, Rosalia	27	CIDSANTIAG	1:05.49	-
2.	1038608	SUAREZ GARCIA, Sofia	28	RIASBAIXAS	1:11.49	-
3.	1115644	FERNÁNDEZ JUAN, María	27	CIDSANTIAG	1:14.68	-

23. Fem., 100m Libre 30+

1.	1093459	FRANCO CAL, Alba	34	C. N. As Meigas	59.49	-
2.	1116506	RAMOS LOBO, Raquel	32	PORTAMIÑA	1:08.00	-
3.	1178773	CHAMADOIRA DOMÍNGUEZ, Jennifer	31	PONTEAREAS	1:08.32	-

23. Fem., 100m Libre						35+
1.	1193947	ALCALDE BALADO, Tania	39	CIDSANTIAG	1:07.34	-
2.	1028641	OTERO RODRIGUEZ, Sandra	38	ESCUALOS	1:10.55	-
3.	1267367	VYNOHRADOVA, Kateryna	39	GALAICO	1:20.72	-
23. Fem., 100m Libre						40+
1.	1144270	ROZADOS LUIS, Adriana	40	SALESTRA	1:12.01	-
2.	1180232	FKEOUI OMARI, Salma	43	CIDSANTIAG	1:15.38	-
3.	1236642	ABBATEMARCO, Cristina	41	SALESTRA	1:20.73	-
23. Fem., 100m Libre						45+
1.	1143894	DE LORENZO FERNANDEZ, Maria	47	ESCUALOS	1:23.11	-
2.	1221213	CAGIAO RODRIGUEZ, Natalia	47	SCASINO	1:23.72	-
3.	1178771	BESADA FERNÁNDEZ, Ana M.	47	PONTEAREAS	1:46.67	-
23. Fem., 100m Libre						50+
1.	1040944	VARELA REDONDO, Veronica	50	PONTEAREAS	1:19.83	-
2.	1180238	GARCÍA SEOANE, Cristina María	50	HERCULES	1:26.55	-
3.	1075503	DE LA MONTAÑA ALCANTARA, Gloria	52	RSDH	1:29.80	-
23. Fem., 100m Libre						55+
1.	1076186	LOPEZ GONZALEZ, Monica	55	PORTAMIÑA	1:24.04	-
2.	1037939	CASTRO MAESTRE, Isaura	56	FLUVIAL	1:25.94	-
3.	1147048	REGUEIRO RODRIGUEZ, Ana	59	RIASBAIXAS	1:26.85	-
23. Fem., 100m Libre						60+
1.	1144331	TERCEIRO DELGADO, María Del Mar	62	CDELMAR	1:16.97	-
2.	1145099	LOPEZ MAHIA, Purificacion	62	HERCULES	1:37.89	-
3.	1253458	IGNACIO QUINTEIRO, Maria Del Carme	60	C. N. Máster Pons Vetus	1:53.14	-
23. Fem., 100m Libre						65+
1.	1037151	GOMEZ DOVAL, Maria Angela	69	FLUVIAL	2:08.00	-
2.	1217937	RODRÍGUEZ TRONCOSO, Marina	66	PONTEAREAS	2:12.11	-
3.	1076494	SUEIRO COSTAS, Maria Del Carmen	69	PONTEAREAS	2:17.61	-
23. Fem., 100m Libre						70+
1.	1076490	GONZALEZ-ALEGRE BURGUEÑO, A.	73	TRAVIESAS	1:46.83	-

23. Fem., 100m Libre						75+
1.	1076482	GONZALEZ RODRIGUEZ, S. Marta	79	PONTEAREAS	3:07.98	-
24. Masc., 100m Libre						20+
1.	1135986	CASARES GARCIA, Brais	21	PONTEAREAS	1:00.83	-
2.	1023017	CARRIL SOUTO, Javier	22	ARTEIXO	1:03.10	-
3.	1075388	MÉNDEZ LORENZO, Bruno	21	NFERROL	1:04.19	-
24. Masc., 100m Libre						25+
1.	1110128	CAMINO PARDO, Rodrigo	25	NCORUÑA	55.67	-
2.	1037180	CARRERA COSTAS, Martin	29	PONTEAREAS	59.45	-
3.	1061561	INCUTTI TELLADO, Denis	25	PONTEAREAS	59.87	-
24. Masc., 100m Libre						30+
1.	1078641	GRACIA CARBAJO, Miguel	31	NTNARON	56.64	-
2.	1093458	MUIÑO ALONSO, Anton	31	NCORUÑA	57.18	-
3.	1040484	ISASTI OTERO, Patxi	30	XOVE	57.77	-
24. Masc., 100m Libre						35+
1.	1078993	LOBELLE GONZALEZ, Ivan	36	CDELMAR	53.56	- RG
2.	1041299	MARTÍNEZ GESTAL, Alejandro	35	CDELMAR	59.49	-
3.	1199549	MARTINEZ DOPAZO, David	38	CIDSANTIAG	1:01.26	-
24. Masc., 100m Libre						40+
1.	1084043	PIÑEIRO PEON, Antonio	41	CIDSANTIAG	1:02.15	-
2.	1143897	SEVILLA AROCA, Javier	42	ESCUALOS	1:03.36	-
3.	1144584	ALVAREZ SILVA, Ruben	44	ESCUALOS	1:05.11	-
24. Masc., 100m Libre						45+
1.	1144267	FINS SEOANE, Juan Miguel	48	SALESTRA	1:02.79	-
2.	1118746	SANCHEZ GORDON, Roman	47	RIASBAIXAS	1:03.24	-
3.	1182358	CANOSA RODRÍGUEZ, Juan José	45	NTNARON	1:03.85	-
24. Masc., 100m Libre						50+
1.	1243174	SONEIRA REBOREDO, Oscar	50	CIDSANTIAG	1:01.13	-
2.	1231581	RODRÍGUEZ SALGADO, Manuel	50	CIDSANTIAG	1:04.31	-
3.	1146934	DIEGUEZ ARANDA, Hector	52	PORTAMIÑA	1:05.56	-

24. Masc., 100m Libre						55+
1.	1085112	RIVAS FEAL, Antonio	59	SCASINO	1:08.49	-
2.	1175089	NISTAL GARCÍA, Eduardo	57	SCASINO	1:11.82	-
3.	1141191	GARCIA SANJURJO, Jose Manuel	58	CDELMAR	1:12.85	-
24. Masc., 100m Libre						60+
1.	1232926	TAPIA PORTO, Enrique	60	NCORUÑA	1:05.03	-
2.	1105220	GARCIA RIÑON, Jaime	61	NCORUÑA	1:06.11	-
3.	1078597	SOLLEIRO TIZON, Juan Jose	62	NCORUÑA	1:13.80	-
24. Masc., 100m Libre						65+
1.	1174449	FERNANDEZ ARRUTI, Jose Angel	66	CIDSANTIAG	1:13.44	-
24. Masc., 100m Libre						70+
1.	1075190	SUANZES PEREZ, Fernando	72	HERCULES	1:21.74	-
24. Masc., 100m Libre						85+
1.	1143727	FOLCH MALLOFRE, Ramon	88	ARTEIXO	2:02.90	-
25. Fem., 200m Mariposa						25+
1.	1145008	GONZALEZ PEREZ, Paula	29	PONTEAREAS	3:59.27	-
25. Fem., 200m Mariposa						30+
1.	1078925	SALGADO CASTELO, Marta	31	MULLEREF	4:00.37	-
25. Fem., 200m Mariposa						35+
1.	1250482	RODRIGUEZ DE DIOS, Amparo	38	C. N. Valdeorras	4:03.55	-
25. Fem., 200m Mariposa						40+
1.	1075221	HERMIDA RODRIGUEZ, Blanca	44	NFERROL	2:39.58	- RG
25. Fem., 200m Mariposa						45+
1.	1146893	PRADO FRANCO, Martha-Elizabeth	46	RIASBAIXAS	3:30.38	-
2.	1170845	CID ALVAREZ, Isabel	45	ESCUALOS	3:53.60	-
25. Fem., 200m Mariposa						50+
1.	1171727	GARCIA RODRIGUEZ, Teresa	53	PORTAMIÑA	4:38.12	-

Splash Meet Manager, 11.80519

Registered to Galicia

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25. Fem., 200m Mariposa						55+
1.	1037970	CALVIÑO CANCELA, Maria Cristina	57	PONTEAREAS	4:19.17	-
2.	1145007	MELON PARENTE, M. Lourdes	56	PONTEAREAS	7:14.00	-
25. Fem., 200m Mariposa						60+
1.	1086162	BARJA BARJA, Liliana	60	TRAVIESAS	4:32.64	-
26. Masc., 200m Mariposa						30+
1.	1128175	GULIAS GARCIA, Jose Ruben	34	C. N. Máster Pons Vetus	3:16.73	-
26. Masc., 200m Mariposa						35+
1.	1107406	DOMÍNGUEZ PARDELLAS, Rubén	37	GALAICO	2:30.25	-
26. Masc., 200m Mariposa						40+
1.	1039360	POSE MATO, Cesar	42	ADFOGAR	5:33.89	-
26. Masc., 200m Mariposa						45+
1.	1024675	IGLESIAS GOMEZ, Gonzalo	46	CIDSANTIAG	2:51.31	-
2.	1084041	SUAREZ GARCIA, Sergio	45	C. N. Máster Pons Vetus	3:43.52	-
3.	1038913	SUAREZ GARCIA, Pedro Lois	45	PONTEAREAS	4:07.01	-
26. Masc., 200m Mariposa						50+
1.	1203923	FERNANDEZ PEREZ, Ramiro Ederaldo	54	RIASBAIXAS	3:33.30	-
26. Masc., 200m Mariposa						55+
1.	1082554	MARTINEZ FAJARDO, Julio Enrique	55	ADFOGAR	2:43.51	- RG
2.	1037161	TOME NOGUEIRA, Alberto M.	57	ADFOGAR	3:38.13	-
3.	1143575	FERREIRA GONZALEZ, Xose Anxo	59	REDONDELA	3:59.43	-
27. Fem., 50m Espalda						20+
1.	1079883	RODRIGUEZ RODRIGUEZ, Nina	23	RIASBAIXAS	32.42	- RG
2.	1037966	FERNANDEZ PARDO, Irene	24	PONTEAREAS	33.19	-
3.	1228009	SOUTIÑO RAMIREZ, Carmen Victoria	24	PORTAMIÑA	35.70	-
27. Fem., 50m Espalda						25+
1.	1037987	MENDEZ SEIJO, Nerea	26	RIASBAIXAS	38.20	-
2.	1041218	ISASTI OTERO, Nerea	28	XOVE	39.53	-
3.	1143257	MERA GONZÁLEZ, Irene	25	NTNARON	40.05	-

27. Fem., 50m Espalda						30+
1.	1093459	FRANCO CAL, Alba	34	C. N. As Meigas	31.64	- RG
2.	1178773	CHAMADOIRA DOMÍNGUEZ, Jennifer	31	PONTEAREAS	33.87	-
3.	1256967	DEL RIO REGUEIRA, Sara	34	NCORUÑA	34.61	-
27. Fem., 50m Espalda						35+
1.	1212097	LOUREIRO AMOR, Belen Martina	37	NTNARON	34.09	-
2.	1028641	OTERO RODRIGUEZ, Sandra	38	ESCUALOS	36.67	-
3.	1141440	ESTEBAN VILLA, Alba	35	RIASBAIXAS	40.68	-
27. Fem., 50m Espalda						40+
1.	1144270	ROZADOS LUIS, Adriana	40	SALESTRA	39.98	-
2.	1075843	GONZALEZ FERNANDEZ, Leticia	43	XOVE	41.77	-
3.	1146780	DURÁN VEIRAS, Raquel	41	ARTEIXO	42.14	-
27. Fem., 50m Espalda						45+
1.	1264733	GOMEZ PAREDES, Maria	49	FLUVIAL	44.23	-
2.	1107383	CAMINO GONZALEZ, Catuxa	48	C. N. Máster Pons Vetus	48.40	-
3.	1264778	VÁZQUEZ LÓPEZ, Eva	48	MULLEREF	56.70	-
27. Fem., 50m Espalda						50+
1.	1228008	OJEA DE CASTRO, Macarena	52	PORTAMIÑA	41.80	-
27. Fem., 50m Espalda						55+
1.	1076186	LOPEZ GONZALEZ, Monica	55	PORTAMIÑA	47.39	-
2.	1038729	DEL AMO BLANCO, Margarita	58	PONTEAREAS	47.96	-
3.	1075200	JIMENEZ PEREZ, Victoria	56	NFERROL	48.95	-
27. Fem., 50m Espalda						60+
1.	1079307	CHAMOSA MARTIN, Julia	64	RIASBAIXAS	44.15	-
27. Fem., 50m Espalda						65+
1.	1141154	CELEMIN PORRERO, Maria Teresa	66	CIDSANTIAG	57.26	-
27. Fem., 50m Espalda						75+
1.	1076482	GONZALEZ RODRIGUEZ, S. Marta	79	PONTEAREAS	1:34.90	-

28. Masc., 50m Espalda 25+

1.	1087073 QUIROGA RAMOS, Noel	25	POURENSE	28.81	-
2.	1037192 FERRO SANTOS, JUAN MANUEL,	25	XOVE	30.60	-
3.	1039755 RIVAS MACEIRAS, Isaac	26	NCORUÑA	30.95	-

28. Masc., 50m Espalda 30+

1.	1099306 ORTIZ ANEIROS, Lorenzo	30	NTNARON	28.75	-
2.	1107418 LAGO LOPEZ, Diego	34	NCORUÑA	30.30	-
3.	1038638 CASTRO VILLAR, David	34	CDELMAR	32.01	-

28. Masc., 50m Espalda 35+

1.	1226258 BERNARDEZ FERRO, Juan Jose	38	CIDSANTIAG	34.10	-
2.	1236854 GIRALDEZ VILLANUEVA, Ivan	38	PONTEAREAS	55.63	-

28. Masc., 50m Espalda 40+

1.	1228089 MERA MONTECELOS, Pablo	42	HERCULES	35.65	-
2.	1190909 CARBALLA BARROSO, Rogelio Manue	44	CIDSANTIAG	37.75	-
3.	1170841 BASTIDA CAMPOS, Alejandro	43	SALESTRA	38.64	-

28. Masc., 50m Espalda 45+

1.	1205935 GUIRADO CARABEL, Oscar	49	CULLEREDO	33.98	-
2.	1075217 ESPINOSA MIRA, Jorge	47	C. N. Valdeorras	34.63	-
3.	1143895 PADIN CHARLIN, Joaquin	45	ESCUALOS	39.77	-

28. Masc., 50m Espalda 50+

1.	1075601 MOURIZ LOMBAO, Fco. Javier	50	PORTAMIÑA	35.92	-
2.	1146934 DIEGUEZ ARANDA, Hector	52	PORTAMIÑA	37.03	-
3.	1255450 RODRÍGUEZ RODRÍGUEZ, Santiago	53	CIDSANTIAG	37.11	-

28. Masc., 50m Espalda 55+

1.	1141356 GENDE DIAZ, Juan F.	55	ADFOGAR	43.55	-
2.	1180234 SÁNCHEZ SECO, Manuel	57	ESCUALOS	43.86	-
3.	1195569 PEREZ LEIVA, Manuel	57	RIASBAIXAS	44.93	-

28. Masc., 50m Espalda 60+

1.	1076173 FERNANDEZ NUÑEZ, Santiago	62	CIDSANTIAG	33.91	-
2.	1143966 FERNANDEZ GONZALEZ, Alvaro	60	CNMOS	55.29	-

28. Masc., 50m Espalda 65+

1.	1170858	CODESIDO LOPEZ, José	66	CIDSANTIAG	39.41	- RG
2.	1075185	YAÑEZ WONENBURGER, Juan Carlos	66	HERCULES	41.42	-

28. Masc., 50m Espalda 70+

1.	1048954	BORDALLO CORTINA, Fernando	71	HERCULES	49.18	-
2.	1075177	LOPEZ VIDAL, Antonio	73	GALAICO	1:05.67	-
3.	1076489	VIRUEL RODRÍGUEZ, Diego	73	TRAVIESAS	1:14.97	-

28. Masc., 50m Espalda 85+

1.	1143727	FOLCH MALLOFRE, Ramon	88	ARTEIXO	1:01.12	-
2.	1143430	ARAUJO DOMINGUEZ, Francisco	85	PONTEAREAS	1:22.03	-

29. Fem., 100m Braza 20+

1.	1079883	RODRIGUEZ RODRIGUEZ, Nina	23	RIASBAIXAS	1:23.20	-
2.	1037951	SOILAN FERNANDEZ, Raquel	24	C. N. As Meigas	1:25.10	-
3.	1228048	ALVAREZ SOUTO, Claudia	24	PONTEAREAS	1:31.10	-

29. Fem., 100m Braza 25+

1.	1037836	VEIGA RODRIGUEZ, Rosalia	26	NCORUÑA	1:25.00	-
2.	1115644	FERNÁNDEZ JUAN, María	27	CIDSANTIAG	1:35.09	-
3.	1238682	BARCA PENSADO, Maria	29	ADFOGAR	1:35.84	-

29. Fem., 100m Braza 30+

1.	1041452	BEN CILLERO, Sabela	33	XOVE	1:25.15	-
2.	1191499	GONZALEZ MACIA, Alba	31	MONFORTE	1:44.89	-
3.	1204918	MARTINEZ GARCIA, Susana	34	MONFORTE	1:45.94	-

29. Fem., 100m Braza 35+

1.	1076543	RODRIGUEZ PEREZ, Vanesa	39	RIASBAIXAS	1:34.58	-
2.	1141212	RIVAS TENREIRO, Arantza	36	NTNARON	1:35.48	-
3.	1141313	MIRA VAZQUEZ, Paula	39	ESCUALOS	1:51.84	-

29. Fem., 100m Braza 40+

1.	1146780	DURÁN VEIRAS, Raquel	41	ARTEIXO	1:31.00	-
2.	1143598	MIRA VAZQUEZ, Marta	44	ESCUALOS	1:31.56	-
3.	1243130	TORRE GONZALEZ, Elisa	40	RIASBAIXAS	1:33.97	-

29. Fem., 100m Braza						45+
1.	1178775	COVELO SAAVEDRA, Nahir	47	PONTEAREAS	1:43.54	-
2.	1144680	LOPEZ ARTABE, Inmaculada	45	CDELMAR	1:44.56	-
3.	1170845	CID ALVAREZ, Isabel	45	ESCUALOS	1:45.58	-
29. Fem., 100m Braza						50+
1.	1127346	SOBRINO EIRIZ, Maria Del Valle	53	PONTEAREAS	2:00.40	-
29. Fem., 100m Braza						55+
1.	1197600	SANDERSON KEOUGH, Helen Jane	55	CULLEREDO	1:38.52	-
2.	1037939	CASTRO MAESTRE, Isaura	56	FLUVIAL	1:51.59	-
29. Fem., 100m Braza						60+
1.	1039437	BALADO LOPEZ, Ana Maria	64	POURENSE	1:37.94	- RG
2.	1127105	PEREIRA ALONSO, Isabel	64	ADFOGAR	1:55.47	-
3.	1143893	REBORDA MORILLO, Susana	63	ESCUALOS	2:08.27	-
29. Fem., 100m Braza						65+
1.	1141154	CELEMIN PORRERO, Maria Teresa	66	CIDSANTIAG	2:07.34	- RG
2.	1217937	RODRÍGUEZ TRONCOSO, Marina	66	PONTEAREAS	2:29.49	-
3.	1037151	GOMEZ DOVAL, Maria Angela	69	FLUVIAL	2:31.32	-
30. Masc., 100m Braza						20+
1.	1079156	MARQUEZ VAZQUEZ, Pablo	23	C. N. As Meigas	1:30.34	-
30. Masc., 100m Braza						25+
1.	1115676	GONZALEZ IGLESIAS, Alberto	28	CULLEREDO	1:24.59	-
30. Masc., 100m Braza						30+
1.	1110674	BORRAZAS RUMBO, Manuel	32	NCORUÑA	1:10.00	-
2.	1130602	TENORIO FREIRE, Martin	33	CIDSANTIAG	1:10.16	-
3.	1222771	LAGO GONZALEZ, Ivan	32	PONTEAREAS	2:11.30	-
30. Masc., 100m Braza						35+
1.	1076287	PAZOS ALONSO, Josue	39	ESCUALOS	1:14.96	-
2.	1199549	MARTINEZ DOPAZO, David	38	CIDSANTIAG	1:18.10	-
3.	1143890	FORTES NOVOA, Martiño	37	ESCUALOS	1:18.74	-

30. Masc., 100m Braza						40+
1.	1143897	SEVILLA AROCA, Javier	42	ESCUALOS	1:19.29	-
2.	1218108	IGLESIAS LAPIDO, Miguel	40	FLUVIAL	1:20.34	-
3.	1257944	PÉREZ GONZÁLEZ, Iván	43	MONFORTE	1:28.92	-
30. Masc., 100m Braza						45+
1.	1251854	CARBALLO CABEZAS, Enrique	49	POURENSE	1:20.52	-
2.	1218110	HERMIDA SALIDO, Gustavo	48	NTNARON	1:26.30	-
3.	1143895	PADIN CHARLIN, Joaquin	45	ESCUALOS	1:28.23	-
30. Masc., 100m Braza						50+
1.	1010047	GARCIA REBOLO, Alejandro	50	POURENSE	1:16.94	-
2.	1076185	PEREIRA DIAZ, Angel	53	ESCUALOS	1:22.67	-
3.	1141504	BOUSO FUENTECILLA, Fernando	54	ESCUALOS	1:26.94	-
30. Masc., 100m Braza						55+
1.	1141191	GARCIA SANJURJO, Jose Manuel	58	CDELMAR	1:32.64	-
2.	1144698	CADAVID NUÑEZ, Jose	55	POURENSE	1:44.45	-
3.	1203919	CRESPO PIÑEIRO, Natalio	56	RIASBAIXAS	1:45.13	-
30. Masc., 100m Braza						60+
1.	1078597	SOLLEIRO TIZON, Juan Jose	62	NCORUÑA	1:31.22	-
2.	1079361	RODRIGUEZ GOMEZ, Emilio	64	PONTEAREAS	1:46.13	-
3.	1143966	FERNANDEZ GONZALEZ, Alvaro	60	CNMOS	1:57.12	-
30. Masc., 100m Braza						65+
1.	1174449	FERNANDEZ ARRUTI, Jose Angel	66	CIDSANTIAG	1:35.10	-
2.	1141150	RODRIGUEZ VIEITO, Ricardo M.	68	CNMOS	1:49.61	-
30. Masc., 100m Braza						70+
1.	1076489	VIRUEL RODRÍGUEZ, Diego	73	TRAVIESAS	2:40.86	-
30. Masc., 100m Braza						75+
1.	1076487	RODRIGUEZ LEMOS, Andres Jesus	76	CNMOS	1:59.27	-
30. Masc., 100m Braza						85+
1.	1143430	ARAUJO DOMINGUEZ, Francisco	85	PONTEAREAS	2:57.78	- RG

31. Fem., 200m Libre						20+
1.	1076318	LEMONS FERNANDEZ, Zaira	23	PONTEAREAS	2:31.79	-
2.	1144257	FERNANDEZ GONZALEZ, Elena	24	HERCULES	2:37.86	-
3.	1111470	GARCÉS FERNÁNDEZ, Erea	22	RIASBAIXAS	2:54.20	-
31. Fem., 200m Libre						25+
1.	1038608	SUAREZ GARCIA, Sofia	28	RIASBAIXAS	2:45.95	-
2.	1249230	MIRAS VAZQUEZ, Irene	28	CIDSANTIAG	2:55.71	-
3.	1257948	TORTOSA MENDOZA, Maria Gabriela	29	CULLEREDO	2:58.47	-
31. Fem., 200m Libre						30+
1.	1116506	RAMOS LOBO, Raquel	32	PORTAMIÑA	2:31.22	-
2.	1051353	CRUZ GARCIA, Aurora	30	CIDSANTIAG	2:44.23	-
3.	1247615	ALONSO PEREIRA, Fatima	32	RIASBAIXAS	3:06.91	-
31. Fem., 200m Libre						35+
1.	1193947	ALCALDE BALADO, Tania	39	CIDSANTIAG	2:30.98	-
2.	1141212	RIVAS TENREIRO, Arantza	36	NTNARON	2:41.39	-
3.	1076543	RODRIGUEZ PEREZ, Vanesa	39	RIASBAIXAS	2:43.60	-
31. Fem., 200m Libre						40+
1.	1075221	HERMIDA RODRIGUEZ, Blanca	44	NFERROL	2:19.30	- RG
2.	1013486	GONZALEZ RODRIGUEZ, Maria	43	CIDSANTIAG	2:19.73	-
3.	1180232	FKEOUI OMARI, Salma	43	CIDSANTIAG	2:48.30	-
31. Fem., 200m Libre						45+
1.	1143894	DE LORENZO FERNANDEZ, Maria	47	ESCUALOS	3:03.63	-
2.	1264778	VÁZQUEZ LÓPEZ, Eva	48	MULLEREF	3:43.84	-
3.	1178771	BESADA FERNÁNDEZ, Ana M.	47	PONTEAREAS	3:52.29	-
31. Fem., 200m Libre						50+
1.	1040944	VARELA REDONDO, Veronica	50	PONTEAREAS	2:53.64	-
2.	1075503	DE LA MONTAÑA ALCANTARA, Gloria	52	RSDH	3:25.83	-
3.	1076154	ABREU FERNANDEZ, Marta	54	PONTEAREAS	3:38.37	-
31. Fem., 200m Libre						55+
1.	1147048	REGUEIRO RODRIGUEZ, Ana	59	RIASBAIXAS	3:07.53	-
2.	1264777	GONZÁLEZ ALCARAZ, Glenda Teresa	55	MULLEREF	3:30.73	-
3.	1174378	PAZOS SOAGE, Paloma	55	C. N. Máster Pons Vetus	3:43.32	-

31. Fem., 200m Libre 60+

1.	1144331	TERCEIRO DELGADO, María Del Mar	62	CDELMAR	2:53.93	-
2.	1253458	IGNACIO QUINTEIRO, Maria Del Carme	60	C. N. Máster Pons Vetus	4:01.89	-
3.	1143893	REBORDA MORILLO, Susana	63	ESCUALOS	4:02.54	-

31. Fem., 200m Libre 65+

1.	1076494	SUEIRO COSTAS, Maria Del Carmen	69	PONTEAREAS	5:00.26	-
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32. Masc., 200m Libre 20+

1.	1142991	PEREZ PAZ, Dario	20	PONTEAREAS	2:01.56	-
2.	1068314	MARTINEZ MARTINEZ, Marcos	22	PONTEAREAS	2:05.03	-
3.	1076409	CANCELA GOMEZ, Hugo	22	PONTEAREAS	2:07.66	-

32. Masc., 200m Libre 25+

1.	1144193	PASTORIZA SANTACLARA, Jorge	28	RIASBAIXAS	2:02.06	-
2.	1110128	CAMINO PARDO, Rodrigo	25	NCORUÑA	2:10.11	-
3.	1061561	INCUTTI TELLADO, Denis	25	PONTEAREAS	2:11.27	-

32. Masc., 200m Libre 30+

1.	1093458	MUIÑO ALONSO, Anton	31	NCORUÑA	2:10.13	-
2.	1232980	PICALLO MATO, Adrian	30	SALESTRA	2:28.13	-
3.	1251210	ANDRES DUASO, Olmo	32	ARTEIXO	2:36.85	-

32. Masc., 200m Libre 35+

1.	1143515	BLANCO PEREZ, Jesus	39	NTNARON	2:19.20	-
2.	1097263	LAMEIRO SEOANE, Javier	38	HERCULES	2:35.33	-
3.	1249163	BELLO PORTO, David	35	NCORUÑA	2:35.63	-

32. Masc., 200m Libre 40+

1.	1084043	PIÑEIRO PEON, Antonio	41	CIDSANTIAG	2:18.25	-
2.	1141126	GOLPE IGLESIAS, Jose Antonio	43	C. N. Máster Pons Vetus	2:53.59	-
3.	1239346	CASTIÑEIRAS ACUÑA, Miguel Angel	44	GALAICO	3:18.86	-

32. Masc., 200m Libre 45+

1.	1024675	IGLESIAS GOMEZ, Gonzalo	46	CIDSANTIAG	2:19.48	-
2.	1144267	FINS SEOANE, Juan Miguel	48	SALESTRA	2:19.87	-
3.	1175127	MASSO AGUADO, Jorge	49	RIASBAIXAS	2:26.30	-

32. Masc., 200m Libre 50+

1.	1076185 PEREIRA DIAZ, Angel	53	ESCUALOS	2:22.65	-
2.	1264722 BALDOMAR OBELLEIRA, Ruben	51	NCORUÑA	2:26.20	-
3.	1251882 IGLESIAS CARRERA, Pio	52	CIDSANTIAG	2:30.21	-

32. Masc., 200m Libre 55+

1.	1085112 RIVAS FEAL, Antonio	59	SCASINO	2:27.37	-
2.	1175089 NISTAL GARCÍA, Eduardo	57	SCASINO	2:45.72	-
3.	1082554 MARTINEZ FAJARDO, Julio Enrique	55	ADFOGAR	2:45.74	-

32. Masc., 200m Libre 60+

1.	1105220 GARCIA RIÑON, Jaime	61	NCORUÑA	2:26.94	- RG
2.	1076250 BETHENCOURT IGLESIAS, Sergio	62	CIDSANTIAG	2:50.44	-
3.	1143536 BLANCO PEREZ, Angel	61	POURENSE	3:12.63	-

32. Masc., 200m Libre 65+

1.	1141150 RODRIGUEZ VIEITO, Ricardo M.	68	CNMOS	3:16.15	-
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32. Masc., 200m Libre 70+

1.	1076165 GARCIA COLOMO, Manuel Ramon	71	POURENSE	2:58.86	-
2.	1075190 SUANZES PEREZ, Fernando	72	HERCULES	3:03.12	-

33. Fem., 50m Mariposa 20+

1.	1037951 SOILAN FERNANDEZ, Raquel	24	C. N. As Meigas	31.72	-
2.	1037966 FERNANDEZ PARDO, Irene	24	PONTEAREAS	31.87	-
3.	1076318 LEMOS FERNANDEZ, Zaira	23	PONTEAREAS	33.52	-

33. Fem., 50m Mariposa 25+

1.	1037836 VEIGA RODRIGUEZ, Rosalia	26	NCORUÑA	33.64	-
2.	1037987 MENDEZ SEIJO, Nerea	26	RIASBAIXAS	34.71	-
3.	1130789 GARCIA MIGUEZ, Rosalia	27	CIDSANTIAG	35.28	-

33. Fem., 50m Mariposa 30+

1.	1256967 DEL RIO REGUEIRA, Sara	34	NCORUÑA	32.12	-
2.	1221622 BUENADICHA AVILES, Ines	30	ARTEIXO	34.25	-
3.	1041452 BEN CILLERO, Sabela	33	XOVE	35.30	-

33. Fem., 50m Mariposa 35+

1.	1144592 ACUÑA MELLA, Maria	37	PONTEAREAS	51.06	-
2.	1202705 MARTINEZ BARCIELA, Maria Olga	35	RIASBAIXAS	59.46	-
3.	1110693 FERNANDEZ GUARDIOLA, Loira	36	PONTEAREAS	1:01.92	-

33. Fem., 50m Mariposa 40+

1.	1075843 GONZALEZ FERNANDEZ, Leticia	43	XOVE	40.41	-
2.	1170812 MARTIN, Christelle	44	ESCUALOS	43.43	-
3.	1243130 TORRE GONZALEZ, Elisa	40	RIASBAIXAS	44.00	-

33. Fem., 50m Mariposa 45+

1.	1146893 PRADO FRANCO, Martha-Elizabeth	46	RIASBAIXAS	37.85	-
2.	1107383 CAMINO GONZALEZ, Catuxa	48	C. N. Máster Pons Vetus	42.01	-
3.	1221213 CAGIAO RODRIGUEZ, Natalia	47	SCASINO	42.38	-

33. Fem., 50m Mariposa 50+

1.	1180238 GARCÍA SEOANE, Cristina María	50	HERCULES	44.77	-
2.	1127346 SOBRINO EIRIZ, Maria Del Valle	53	PONTEAREAS	48.16	-
3.	1246140 MARIÑO PAZ, Eva Maria	51	C. N. Máster Pons Vetus	56.57	-

33. Fem., 50m Mariposa 55+

1.	1075200 JIMENEZ PEREZ, Victoria	56	NFERROL	49.23	-
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33. Fem., 50m Mariposa 60+

1.	1079307 CHAMOSA MARTIN, Julia	64	RIASBAIXAS	40.23	- RG
2.	1127105 PEREIRA ALONSO, Isabel	64	ADFOGAR	50.77	-

33. Fem., 50m Mariposa 70+

1.	1076490 GONZALEZ-ALEGRE BURGUEÑO, A.	73	TRAVIESAS	1:01.87	-
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34. Masc., 50m Mariposa 20+

1.	1107916 FERNANDEZ DEL VALLE, Ivan	20	POURENSE	28.09	-
2.	1076409 CANCELA GOMEZ, Hugo	22	PONTEAREAS	29.34	-
3.	1135986 CASARES GARCIA, Brais	21	PONTEAREAS	29.61	-

34. Masc., 50m Mariposa 25+

1.	1130804 CASTRO RODRIGUEZ, Francisco	25	CIDSANTIAG	29.22	-
2.	1037180 CARRERA COSTAS, Martin	29	PONTEAREAS	30.60	-

Splash Meet Manager, 11.80519

Registered to Galicia

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34. Masc., 50m Mariposa						30+
1.	1099306	ORTIZ ANEIROS, Lorenzo	30	NTNARON	26.22	-
2.	1110674	BORRAZAS RUMBO, Manuel	32	NCORUÑA	27.30	-
3.	1078641	GRACIA CARBAJO, Miguel	31	NTNARON	28.21	-
34. Masc., 50m Mariposa						35+
1.	1078993	LOBELLE GONZALEZ, Ivan	36	CDELMAR	26.51	-
2.	1041299	MARTÍNEZ GESTAL, Alejandro	35	CDELMAR	28.77	-
3.	1075908	LOBELLE GONZALEZ, Marcos	36	CDELMAR	28.83	-
34. Masc., 50m Mariposa						40+
1.	1203519	KRUGLOV, Mykola	40	ESCUALOS	30.76	-
2.	1228089	MERA MONTECELOS, Pablo	42	HERCULES	31.86	-
3.	1218108	IGLESIAS LAPIDO, Miguel	40	FLUVIAL	32.49	-
34. Masc., 50m Mariposa						45+
1.	1205935	GUIRADO CARABEL, Oscar	49	CULLEREDO	30.51	-
2.	1175127	MASSO AGUADO, Jorge	49	RIASBAIXAS	31.93	-
3.	1143662	BALSA MOSQUERA, Pablo	47	NTNARON	33.10	-
34. Masc., 50m Mariposa						50+
1.	1243174	SONEIRA REBOREDO, Oscar	50	CIDSANTIAG	29.37	-
2.	1231581	RODRÍGUEZ SALGADO, Manuel	50	CIDSANTIAG	32.40	-
3.	1010047	GARCIA REBOLO, Alejandro	50	POURENSE	32.71	-
34. Masc., 50m Mariposa						55+
1.	1141356	GENDE DIAZ, Juan F.	55	ADFOGAR	41.25	-
2.	1180234	SÁNCHEZ SECO, Manuel	57	ESCUALOS	43.50	-
3.	1253683	GESTOSO PAZO, Juan Francisco	58	SALESTRA	44.18	-
34. Masc., 50m Mariposa						60+
1.	1232926	TAPIA PORTO, Enrique	60	NCORUÑA	31.90	-
2.	1040281	MARTINEZ BERJANO, Jose Manuel	62	MONFORTE	44.76	-
3.	1079361	RODRIGUEZ GOMEZ, Emilio	64	PONTEAREAS	52.41	-
34. Masc., 50m Mariposa						65+
1.	1075185	YAÑEZ WONENBURGER, Juan Carlos	66	HERCULES	41.81	-

34. Masc., 50m Mariposa						70+
1.	1048954	BORDALLO CORTINA, Fernando	71	HERCULES	44.17	-
2.	1240096	IVANCHENKO, Yurii	72	POURENSE	44.64	-
35. Fem., 200m Espalda						20+
1.	1228009	SOUTIÑO RAMIREZ, Carmen Victoria	24	PORTAMIÑA	3:03.29	-
2.	1087099	GOMEZ FERNANDEZ, Uxia	22	ESCUALOS	3:11.42	-
35. Fem., 200m Espalda						25+
1.	1038929	GONZALEZ AVENDAÑO, Lucia	26	CIDSANTIAG	2:58.95	-
35. Fem., 200m Espalda						35+
1.	1212097	LOUREIRO AMOR, Belen Martina	37	NTNARON	2:41.99	-
2.	1144894	VINAGRE SENDINO, Cora	37	SCASINO	2:57.37	-
3.	1144948	GONZALEZ PEREZ, Jessica	38	RIASBAIXAS	3:21.39	-
35. Fem., 200m Espalda						40+
1.	1013486	GONZALEZ RODRIGUEZ, Maria	43	CIDSANTIAG	2:42.88	- RG
2.	1143597	SANCHEZ LEDO, Cira	44	ESCUALOS	2:59.26	-
35. Fem., 200m Espalda						50+
1.	1228008	OJEA DE CASTRO, Macarena	52	PORTAMIÑA	3:11.03	-
2.	1076154	ABREU FERNANDEZ, Marta	54	PONTEAREAS	4:29.94	-
35. Fem., 200m Espalda						55+
1.	1197600	SANDERSON KEOUGH, Helen Jane	55	CULLEREDO	3:30.57	-
2.	1038729	DEL AMO BLANCO, Margarita	58	PONTEAREAS	3:45.87	-
3.	1144697	ACEVEDO REGO, Ermitas	59	POURENSE	4:27.03	-
35. Fem., 200m Espalda						60+
1.	1039437	BALADO LOPEZ, Ana Maria	64	POURENSE	3:35.64	- RG
2.	1145099	LOPEZ MAHIA, Purificacion	62	HERCULES	4:49.15	-
36. Masc., 200m Espalda						25+
1.	1087073	QUIROGA RAMOS, Noel	25	POURENSE	2:15.83	- RG
2.	1039755	RIVAS MACEIRAS, Isaac	26	NCORUÑA	2:26.95	-
3.	1141093	VILLAMOR FERRO, Rubén	25	ARTEIXO	2:34.68	-

36. Masc., 200m Espalda						30+
1.	1038638	CASTRO VILLAR, David	34	CDELMAR	2:41.88	-
36. Masc., 200m Espalda						35+
1.	1010948	CAMPAÑA BARROS, Adrian	35	CIDSANTIAG	2:40.97	-
2.	1226258	BERNARDEZ FERRO, Juan Jose	38	CIDSANTIAG	2:41.10	-
3.	1143890	FORTES NOVOA, Martiño	37	ESCUALOS	2:44.82	-
36. Masc., 200m Espalda						40+
1.	1141151	CALLE FACAL, Telmo	42	CIDSANTIAG	2:25.92	-
2.	1036745	BARCIA SIXTO, Francisco José	40	NTNARON	3:03.17	-
3.	1240331	DE LORENZO FERNÁNDEZ, Javier	44	ESCUALOS	3:06.07	-
36. Masc., 200m Espalda						50+
1.	1038104	PEREZ ARIAS, Hector	54	PORTAMIÑA	2:58.34	-
2.	1075601	MOURIZ LOMBAO, Fco. Javier	50	PORTAMIÑA	3:00.63	-
3.	1076526	REBANAL ALFAYA, Fernando	54	C. N. Valdeorras	3:50.05	-
36. Masc., 200m Espalda						55+
1.	1195569	PEREZ LEIVA, Manuel	57	RIASBAIXAS	3:35.28	-
36. Masc., 200m Espalda						60+
1.	1076250	BETHENCOURT IGLESIAS, Sergio	62	CIDSANTIAG	3:24.34	-
36. Masc., 200m Espalda						65+
1.	1170858	CODESIDO LOPEZ, José	66	CIDSANTIAG	3:21.48	-
36. Masc., 200m Espalda						70+
1.	1076165	GARCIA COLOMO, Manuel Ramon	71	POURENSE	3:43.41	-
2.	1075177	LOPEZ VIDAL, Antonio	73	GALAICO	5:16.10	-
36. Masc., 200m Espalda						75+
1.	1076487	RODRIGUEZ LEMOS, Andres Jesus	76	CNMOS	4:17.56	-
37. Fem., 4 x 50m Estilos						+80 (PRE-MASTER)
1.	PONTEAREAS 2			PONTEAREAS	2:13.71	- RG
2.	RIASBAIXAS 1			RIASBAIXAS	2:29.25	-

37. Fem., 4 x 50m Estilos					+100
1.	CIDSANTIAG 1	CIDSANTIAG	2:39.75	-	
2.	PONTEAREAS 1	PONTEAREAS	3:11.95	-	
37. Fem., 4 x 50m Estilos					+120
1.	NCORUÑA 1	NCORUÑA	2:23.90	-	
2.	NTNARON 1	NTNARON	2:36.55	-	
3.	CIDSANTIAG 2	CIDSANTIAG	2:36.83	-	
37. Fem., 4 x 50m Estilos					+160
1.	CIDSANTIAG 3	CIDSANTIAG	2:30.74	-	RG
2.	ESCUALOS 2	ESCUALOS	2:37.85	-	
3.	RIASBAIXAS 4	RIASBAIXAS	2:38.08	-	
37. Fem., 4 x 50m Estilos					+200
1.	PONTEAREAS 5	PONTEAREAS	2:57.24	-	
2.	PORTAMIÑA 1	PORTAMIÑA	3:01.74	-	
37. Fem., 4 x 50m Estilos					+240
1.	POURENSE 3	POURENSE	3:33.58	-	
2.	PONTEAREAS 6	PONTEAREAS	4:08.21	-	
38. Masc., 4 x 50m Estilos					+80 (PRE-MASTER)
1.	POURENSE 1	POURENSE	1:53.94	-	RG
2.	PONTEAREAS 1	PONTEAREAS	1:56.81	-	
38. Masc., 4 x 50m Estilos					+100
1.	NCORUÑA 1	NCORUÑA	1:52.56	-	RG
38. Masc., 4 x 50m Estilos					+120
1.	CDELMAR 1	CDELMAR	1:56.57	-	
2.	CIDSANTIAG 1	CIDSANTIAG	2:00.50	-	
3.	NTNARON 1	NTNARON	2:07.37	-	
38. Masc., 4 x 50m Estilos					+160
1.	NTNARON 2	NTNARON	2:10.37	-	
2.	CIDSANTIAG 2	CIDSANTIAG	2:12.72	-	
3.	NCORUÑA 2	NCORUÑA	2:13.20	-	

38. Masc., 4 x 50m Estilos +200

1.	CIDSANTIAG 3	CIDSANTIAG	2:17.86	-
2.	NCORUÑA 3	NCORUÑA	2:19.96	-
3.	PORTAMIÑA 2	PORTAMIÑA	2:20.84	-

38. Masc., 4 x 50m Estilos +240

1.	CIDSANTIAG 4	CIDSANTIAG	2:14.39	- RG
2.	HERCULES 1	HERCULES	2:28.85	-
3.	POURENSE 5	POURENSE	3:04.17	-

Puntos

Todas las pruebas

Todos, Abs.

1. C. N. PONTEAREAS	00878	2.085,00
2. C. Dep. N. Cidade De Santiago	01295	1.846,00
3. C. N. Vigo Rías Baixas	00765	1.222,00
4. C. N. ESCUALOS	01547	934,00
5. C. N. CORUÑA	00186	890,00
6. C. N. Portamiñá Lugo	01156	722,00
7. C. N. Pabellón Ourense	00101	700,00
8. Agrup. Dep. Náutico De Narón	00639	625,00
9. C. Hércules Termaria	01572	497,00
10. C. Del Mar De San Amaro	00282	448,00
11. C. N. E Salvamento A Estrada	01576	343,00
12. C. TRAVIESAS N.	00824	336,00
13. C. N. CULLEREDO	01433	310,00
14. Sporting C. Casino	00287	284,00
15. C. N. Máster Pons Vetus	00819	274,00
16. C. N. MOS	01424	271,00
17. C. N. ARTEIXO	01133	260,00
18. C. N. Xove	00622	243,00
19. C. Fluvial De Lugo	00398	237,00
20. C. N. As Meigas	01837	225,00
21. C. N. GALAICO	00784	205,00
22. C. N. FERROL	00674	201,00
23. C. N. Valdeorras	01688	178,00
24. C. Muller En Forma	01824	164,00
25. Agrup. Dep. Fogar	00617	158,00
26. C. N. Monforte De Lemos	00837	121,00
27. Real Sociedad D. Hipica	00284	59,00
28. C. N. Ordes	01766	58,00
29. C. N. REDONDELA	00873	43,00

Masc., Abs.

1. C. Dep. N. Cidade De Santiago	01295	1.187,00
2. C. N. PONTEAREAS	00878	825,00
3. C. N. CORUÑA	00186	627,00
4. C. N. Vigo Rías Baixas	00765	590,00
5. C. N. ESCUALOS	01547	504,00
6. C. N. Pabellón Ourense	00101	415,00
7. Agrup. Dep. Náutico De Narón	00639	405,00
8. C. N. Portamiñá Lugo	01156	397,00
9. C. Hércules Termaria	01572	364,00
10. C. Del Mar De San Amaro	00282	250,00
11. C. N. MOS	01424	215,00
12. C. N. E Salvamento A Estrada	01576	201,00
13. Sporting C. Casino	00287	168,00
14. C. N. ARTEIXO	01133	157,00
15. C. TRAVIESAS N.	00824	141,00
16. C. N. CULLEREDO	01433	136,00
17. Agrup. Dep. Fogar	00617	127,00

18. C. N. Máster Pons Vetus	00819	105,00
19. C. N. GALAICO	00784	104,00
C. Fluvial De Lugo	00398	104,00
21. C. N. Valdeorras	01688	91,00
22. C. N. Xove	00622	88,00
23. C. N. As Meigas	01837	65,00
24. C. N. Monforte De Lemos	00837	64,00
25. C. N. FERROL	00674	49,00
26. C. N. REDONDELA	00873	43,00
27. C. N. Ordes	01766	36,00
28. Real Sociedad D. Hipica	00284	25,00

Fem., Abs.

1. C. N. PONTEAREAS	00878	1.260,00
2. C. Dep. N. Cidade De Santiago	01295	659,00
3. C. N. Vigo Rías Baixas	00765	632,00
4. C. N. ESCUALOS	01547	430,00
5. C. N. Portamiñá Lugo	01156	325,00
6. C. N. Pabellón Ourense	00101	285,00
7. C. N. CORUÑA	00186	263,00
8. Agrup. Dep. Náutico De Narón	00639	220,00
9. C. Del Mar De San Amaro	00282	198,00
10. C. TRAVIESAS N.	00824	195,00
11. C. N. CULLEREDO	01433	174,00
12. C. N. Máster Pons Vetus	00819	169,00
13. C. Muller En Forma	01824	164,00
14. C. N. As Meigas	01837	160,00
15. C. N. Xove	00622	155,00
16. C. N. FERROL	00674	152,00
17. C. N. E Salvamento A Estrada	01576	142,00
18. C. Hércules Termaria	01572	133,00
C. Fluvial De Lugo	00398	133,00
20. Sporting C. Casino	00287	116,00
21. C. N. ARTEIXO	01133	103,00
22. C. N. GALAICO	00784	101,00
23. C. N. Valdeorras	01688	87,00
24. C. N. Monforte De Lemos	00837	57,00
25. C. N. MOS	01424	56,00
26. Real Sociedad D. Hipica	00284	34,00
27. Agrup. Dep. Fogar	00617	31,00
28. C. N. Ordes	01766	22,00

Récords batidos por prueba...

Todas las pruebas

Masc., 50m Libre

13.	Serie 7	Bordallo Cortina, Fernando	71	01572	32.89	R. G.	70+
13.	Serie 15	Lobelle Gonzalez, Ivan	36	00282	23.74	R. G.	35+

Masc., 100m Libre

24.	Serie 17	Lobelle Gonzalez, Ivan	36	00282	53.56	R. G.	35+
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Masc., 200m Libre

32.	Serie 9	Garcia Riñon, Jaime	61	00186	2:26.94	R. G.	60+
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Masc., 400m Libre

3.	Serie 5	Codesido Lopez, José	66	01295	5:47.15	R. G.	65+
3.	Serie 8	Garcia Riñon, Jaime	61	00186	5:10.59	R. G.	60+

Masc., 50m Espalda

28.	Serie 5	Codesido Lopez, José	66	01295	39.41	R. G.	65+
38.	Serie 6	Quiroga Ramos, Noel	25	00101	28.35	R. G.	25+

Masc., 100m Espalda

11.	Serie 8	Quiroga Ramos, Noel	25	00101	1:00.90	R. G.	25+
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Masc., 200m Espalda

36.	Serie 5	Quiroga Ramos, Noel	25	00101	2:15.83	R. G.	25+
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Masc., 100m Braza

30.	Serie 1	Araujo Dominguez, Francisco	85	00878	2:57.78	R. G.	85+
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Masc., 100m Mariposa

9.	Serie 5	Tapia Porto, Enrique	60	00186	1:11.42	R. G.	60+
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Masc., 200m Mariposa

26.	Serie 2	Martinez Fajardo, Julio Enrique	55	00617	2:43.51	R. G.	55+
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Masc., 100m Estilos

5.	Serie 7	Jorge Iglesias, Marcelino	59	00878	1:14.19	R. G.	55+
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Masc., 200m Estilos

15.	Serie 6	Tapia Porto, Enrique	60	00186	2:45.61	R. G.	60+
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Masc., 4 x 50m Libre

19.	Serie 3	C. Hércules Termaria		01572	2:22.49	R. G.	+280
YAÑEZ WONENBURGER, Juan Carlos, NOVOA GONZALEZ, Edmundo, SUANZES PEREZ, Fernando, BORDALLO CORTINA, Fernando							
19.	Serie 8	C. Del Mar De San Amaro		00282	1:41.62	R. G.	+120
LOBELLE GONZALEZ, Ivan, LOBELLE GONZALEZ, Marcos, MARTÍNEZ GESTAL, Alejandro, CASTRO VILLAR, David							
19.	Serie 8	C. N. CORUÑA		00186	1:41.49	R. G.	+100
BORRAZAS RUMBO, Manuel, MUIÑO ALONSO, Anton, CAMINO PARDO, Rodrigo, RIVAS MACEIRAS, Isaac							

Masc., 4 x 50m Estilos

38.	Serie 5	C. Dep. N. Cidade De Santiago		01295	2:14.39	R. G.	+240
FERNANDEZ NUÑEZ, Santiago, FERNANDEZ ARRUTI, Jose Angel, SONEIRA REBOREDO, Oscar, BETHENCOURT IGLESIAS, Sergio							
38.	Serie 6	C. N. CORUÑA		00186	1:52.56	R. G.	+100
CAMINO PARDO, Rodrigo, BORRAZAS RUMBO, Manuel, MUIÑO ALONSO, Anton, RIVAS MACEIRAS, Isaac							

Fem., 50m Libre

12.	Serie 13	Gonzalez Rodriguez, Maria	43	01295	30.42	R. G.	40+
18.	Serie 6	Hermida Rodriguez, Blanca	44	00674	29.99	R. G.	40+
18.	Serie 6	Loureiro Amor, Belen Martina	37	00639	29.90	R. G.	35+

Fem., 200m Libre

31. Serie 9 Hermida Rodriguez, Blanca 44 00674 2:19.30 R. G. 40+

Fem., 400m Libre

2. Serie 7 Rodriguez Rodriguez, Nina 23 00765 4:37.79 R. G. 20+

Fem., 50m Espalda

27. Serie 11 Franco Cal, Alba 34 01837 31.64 R. G. 30+

27. Serie 11 Rodriguez Rodriguez, Nina 23 00765 32.42 R. G. 20+

Fem., 100m Espalda

10. Serie 8 Rodriguez Rodriguez, Nina 23 00765 1:09.74 R. G. 20+

Fem., 200m Espalda

35. Serie 2 Balado Lopez, Ana Maria 64 00101 3:35.64 R. G. 60+

35. Serie 4 Gonzalez Rodriguez, Maria 43 01295 2:42.88 R. G. 40+

Fem., 100m Braza

29. Serie 2 Celemin Porrero, Maria Teresa 66 01295 2:07.34 R. G. 65+

29. Serie 5 Balado Lopez, Ana Maria 64 00101 1:37.94 R. G. 60+

Fem., 50m Mariposa

33. Serie 4 Chamosa Martin, Julia 64 00765 40.23 R. G. 60+

Fem., 100m Mariposa

8. Serie 3 Sanderson Keough, Helen Jan 55 01433 1:33.93 R. G. 55+

8. Serie 4 Franco Cal, Alba 34 01837 1:04.41 R. E. 30+

8. Serie 4 Franco Cal, Alba 34 01837 1:04.41 R. G. 30+

Fem., 200m Mariposa

25. Serie 2 Hermida Rodriguez, Blanca 44 00674 2:39.58 R. G. 40+

Fem., 100m Estilos

4. Serie 9 Loureiro Amor, Belen Martina 37 00639 1:13.77 R. G. 35+

Fem., 200m Estilos

14. Serie 4 Hermida Rodriguez, Blanca 44 00674 2:41.35 R. G. 40+

14. Serie 4 Bugallo Pérez, Estíbaliz 35 00784 2:40.57 R. G. 35+

14. Serie 4 Franco Cal, Alba 34 01837 2:27.77 R. G. 30+

14. Serie 4 Suarez Gonzalez, Gracia 25 00878 2:29.48 R. G. 25+

Fem., 4 x 50m Libre

18. Serie 6 C. N. CORUÑA 00186 2:04.31 R. G. +120
DEL RIO REGUEIRA, Sara, MUIÑO, Andrea, DOPEREIRO GARCIA, Alba, VEIGA RODRIGUEZ, Rosalia

Fem., 4 x 50m Estilos

37. Serie 3 C. N. PONTEAREAS 00878 2:13.71 R. G. +80 (PRE-MASTER)
FERNANDEZ PARDO, Irene, ALVAREZ SOUTO, Claudia, LEMOS FERNANDEZ, Zaira, IBAÑEZ CARRERA, Sara

37. Serie 4 C. Dep. N. Cidade De Santiago 01295 2:30.74 R. G. +160
GONZALEZ RODRIGUEZ, Maria, FKEOUI OMARI, Salma, ALCALDE BALADO, Tania, MURAS MORA, Andrea

Mixto, 4 x 50m Libre

20. Serie 9 Agrup. Dep. Náutico De Narón 00639 1:50.38 R. G. +120
GRACIA CARBAJO, Miguel, ORTIZ ANEIROS, Lorenzo, RIVAS TENREIRO, Arantza, LOUREIRO AMOR, Belen Martina

Mixto, 4 x 50m Estilos

1. Serie 1 C. TRAVIESAS N. 00824 3:56.35 R. G. +280
MAROTO REGLERO, Maria Consuelo Paula, SEGUÍN CID, Severino, GONZALEZ-ALEGRE BURGUEÑO, Ana Maria, VIRUEL RODRÍGUEZ, Diego

1. Serie 10 C. N. CORUÑA 00186 2:03.00 R. G. +100
CAMINO PARDO, Rodrigo, VEIGA RODRIGUEZ, Rosalia, MUIÑO ALONSO, Anton, DEL RIO REGUEIRA, Sara

FICHA TÉCNICA DA COMPETICIÓN			
Competición: CAMPIONATO GALEGO MÁSTER DE INVERNO			
Datas: 11 e 12 de xaneiro de 2025		Número de xornadas: 2	
Piscina: MUNICIPAL ALVARO PINO		Concello: PONTEAREAS	
Lonxitude: 25	Número de estaxes: 6	Temperatura da auga: 26,50°	
Relación de clubs participantes e persoa acreditada:			
C DEL MAR SAN AMARO	CN PORTA MIÑA LUGO	CN HERCULES XTRM	CN PABELLON OURENSE
ADN NARON	CN VIGO RIAS BAIXAS	CN ARTEIXO	CS E N A ESTRADA
CN MONFORTE LEMOS	CN FERROL	CN CORUÑA	CN MULLER EN FORMA
C FLUVIAL DE LUGO	CN CULLEREDO	CN GALAICO	CN MOS
CN ARZUA	CN ORDES	CN VALDEORRAS	CN AS MEIGAS
AD FOGAR	CN LICEO	CN REDONDELA	CN XOVE
CN ESCUALOS	SPORTING CASINO CORUÑA	CDN CIDADE SANTIAGO	CN LICEO
CN MASTER PONS VETUS	C TRAVIESAS NATACION	RSD HIPICA	CN PONTEAREAS
Director de competición: SANTIAGO ESCUDERO PEREIRA			
Composición do xurado principal			
Posto	Nome e apelidos	LICENCIA	
Xuíz Árbitro Mas e Fem :	ALBERTO CANO PELAEZ - NOA SOBRADO CANOSA	1038058 - 1041484	
Xuíz Salidas Mas e Fem:	DAVID RODRIGUEZ FERRO - EVA CANDALES HERMIDA	1010050 - 1038083	
Xuíz Estilos /Viraxes	MARIA PAGAN OLIVEIRA - PAULA EIJO GIL	1142919 - 1143296	
Xuíz Estilos /Viraxes	ALDA DIZ LORENZO - LIDA DEIBE PIÑON	1040492 - 1038062	
Xuíz Estilos /Viraxes:	CARLOS GARIA GONZALEZ - Mª LUISA AVENDAÑO VILAS	1076292 - 1037960	
Xuíz Estilos/Viraxes:	AMANDA SOBRAL DIZ - LAURA RODRIGUEZ NOVOA	1017296 - 1039473	
Xuíz Estilos /Viraxes:	LORENA RODRIGUEZ PEREZ - ALBA SANROMAN SEOANE	1041231 - 1174195	
Xuíz Estilos /Viraxes:	INES TORNERO VIÑAS - NAIARA EIJO GIL	1040656 - 1143299	
Tipo de cronometraxe: AUTOMÁTICO			
Outros postos do xurado ao dorso			
Hora de comezo: 10:00/10:00		Hora de remate: 19:00/17:40	
Incidencias da competición:			
<p>Certifico a veracidade dos datos que figuran nestes resultados</p> <p>PONTEAREAS, 12 de xaneiro de 2025</p> <p>Asinado: Xuízes/as árbitros/as</p>			

FICHA TÉCNICA DA COMPETICIÓN

Axudante do xuíz de saídas: INES CARBALLO GONZALEZ – PEDRO JOSE LOPEZ GRACIA
BRAIS PREGO GROBA – ANA MARIA FERNANDEZ LOPEZ

Xefe de cronometradores: ANA FERNANDEZ CARRERA – LUIS ENRIQUE BLANCO GOMES
FRANCISCO JAVIER RODRIGUEZ DOMINGUEZ

Cronometradores:

Pista 1: MAI ARTERO MORENZA – VALENTIN TORRES

Pista 2: MARIA QUINTAS MELON – PEDRO PENEDO AMEIJERAS

Pista 3: FELIX ESPERON BESADA – CARLA OUTON NAVEIRO – BELEN POMBO LOPEZ

Pista 4: ALBERTO PEREZ PAZ – PAULA BAZ VIDEIRA

Pista 5: AITANA BLANCO LAGE – JULIA ALIAGA PEREZ

Pista 6: TOMAS BUTISTA BUGARIN – BEATRIZ CARBALLO PEDREIRA – TIZIANO CADAVID RIBEIRO

Cronometrador volante: LUCAS LEIROS FERNANDEZ – ANTIA PIÑEIRO FERNANDEZ

Locutor/a: ALBERTO ALIAGA – BEATRIZ PAZ – ANA BESADA

Axudantes de secretaría:

Resultados: SANDRA BOLAÑO PEDREIRA – DANIEL MUÑIZ FONTOIRA

Cronometraxe electrónica: FRANCISCO BARRAL TRIPOLI - JOSE LUIS FERNANDEZ GALLEGO

Técnico de son: MARTIN CARRERA COSTA

Outros postos: