

Prueba 32
12/01/2025

Masc., 200m Libre

2005 y mayores
Resultados

Clasificación				Edad					Tiempo	Puntos
20+										
1.	1142991	PEREZ PAZ, Dario	20	PONTEAREAS					2:01.56	13,00
	50m:	27.94 27.94	100m:	59.03	31.09	150m:	1:30.50	31.47	200m:	2:01.56 31.06
2.	1068314	MARTINEZ MARTINEZ, Marcos	22	PONTEAREAS					2:05.03	10,00
	50m:	28.50 28.50	100m:	59.37	30.87	150m:	1:31.35	31.98	200m:	2:05.03 33.68
3.	1076409	CANCELA GOMEZ, Hugo	22	PONTEAREAS					2:07.66	8,00
	50m:	28.40 28.40	100m:	59.92	31.52	150m:	1:32.97	33.05	200m:	2:07.66 34.69
4.	1266300	ARANDA FERNANDEZ, Anton	21	POURENSE					2:28.61	7,00
	50m:	34.38 34.38	100m:	1:11.28	36.90	150m:	1:50.04	38.76	200m:	2:28.61 38.57
5.	1135985	CASARES GARCIA, Adrian	22	PONTEAREAS					2:28.70	6,00
	50m:	33.48 33.48	100m:	1:10.82	37.34	150m:	1:49.71	38.89	200m:	2:28.70 38.99
6.	1143066	DE LUIS ROIBÁS, Unai	20	PORTAMIÑA					2:45.48	5,00
	50m:	37.28 37.28	100m:	1:19.01	41.73	150m:	2:01.78	42.77	200m:	2:45.48 43.70
25+										
1.	1144193	PASTORIZA SANTA CLARA, Jorge	28	RIASBAIXAS					2:02.06	13,00
	50m:	29.14 29.14	100m:	59.71	30.57	150m:	1:31.26	31.55	200m:	2:02.06 30.80
2.	1110128	CAMINO PARDO, Rodrigo	25	NCORUÑA					2:10.11	10,00
	50m:	28.60 28.60	100m:	1:01.60	33.00	150m:	1:35.58	33.98	200m:	2:10.11 34.53
3.	1061561	INCUTTI TELLADO, Denis	25	PONTEAREAS					2:11.27	8,00
	50m:	29.61 29.61	100m:	1:02.13	32.52	150m:	1:36.69	34.56	200m:	2:11.27 34.58
4.	1039270	TRILLO RODRIGUEZ, Adrian	28	CNMOS					2:16.97	7,00
	50m:	30.98 30.98	100m:	1:05.86	34.88	150m:	1:41.43	35.57	200m:	2:16.97 35.54
30+										
1.	1093458	MUIÑO ALONSO, Anton	31	NCORUÑA					2:10.13	13,00
	50m:	31.03 31.03	100m:	1:03.02	31.99	150m:	1:36.13	33.11	200m:	2:10.13 34.00
2.	1232980	PICALLO MATO, Adrian	30	SALESTRA					2:28.13	10,00
	50m:	34.30 34.30	100m:	1:12.42	38.12	150m:	1:50.94	38.52	200m:	2:28.13 37.19
3.	1251210	ANDRES DUASO, Olmo	32	ARTEIXO					2:36.85	8,00
	50m:	32.67 32.67	100m:	1:11.45	38.78	150m:	1:53.69	42.24	200m:	2:36.85 43.16
4.	1076271	NOVALES BLANCO, Xabier	34	RIASBAIXAS					2:48.49	7,00
	50m:	40.75 40.75	100m:	1:24.00	43.25	150m:	2:08.45	44.45	200m:	2:48.49 40.04
5.	1264780	CEDIEL SANDE, Johann Sebastian	34	C. N. As Meigas					3:05.55	6,00
	50m:	38.40 38.40	100m:	1:23.65	45.25	150m:	2:13.38	49.73	200m:	3:05.55 52.17
Baja	1119327	SUAREZ FERNÁNDEZ, Santiago	30	MONFORTE						-

Prueba 32, Masc., 200m Libre

35+

1.	1143515	BLANCO PEREZ, Jesus	39	NTNARON	2:19.20	13,00		
	50m:	31.76 31.76	100m:	1:06.72 34.96	150m:	1:43.41 36.69	200m:	2:19.20 35.79
2.	1097263	LAMEIRO SEOANE, Javier	38	HERCULES	2:35.33	10,00		
	50m:	36.39 36.39	100m:	1:16.57 40.18	150m:	1:56.94 40.37	200m:	2:35.33 38.39
3.	1249163	BELLO PORTO, David	35	NCORUÑA	2:35.63	8,00		
	50m:	34.54 34.54	100m:	1:13.07 38.53	150m:	1:53.76 40.69	200m:	2:35.63 41.87
4.	1145090	MARTÍNEZ DOMÍNGUEZ, Iván	37	PONTEAREAS	2:54.31	7,00		
	50m:	37.74 37.74	100m:	1:21.78 44.04	150m:	2:08.57 46.79	200m:	2:54.31 45.74
5.	1178928	FIDALGO SERRANO, Guillermo	39	TRAVIESAS	2:58.98	6,00		
	50m:	42.59 42.59	100m:	1:28.26 45.67	150m:	2:15.15 46.89	200m:	2:58.98 43.83
Baja	1140778	RODRIGUEZ LAGO, David	39	CIDSANTIAG		-		

40+

1.	1084043	PIÑEIRO PEON, Antonio	41	CIDSANTIAG	2:18.25	13,00		
	50m:	33.00 33.00	100m:	1:07.34 34.34	150m:	1:42.12 34.78	200m:	2:18.25 36.13
2.	1141126	GOLPE IGLESIAS, Jose Antonio	43	C. N. Máster Pons Vetus	2:53.59	10,00		
	50m:	40.27 40.27	100m:	1:24.07 43.80	150m:	2:09.27 45.20	200m:	2:53.59 44.32
3.	1239346	CASTIÑEIRAS ACUÑA, Miguel Angel	44	GALAICO	3:18.86	8,00		
	50m:	43.10 43.10	100m:	1:32.13 49.03	150m:	2:23.10 50.97	200m:	3:18.86 55.76

45+

1.	1024675	IGLESIAS GOMEZ, Gonzalo	46	CIDSANTIAG	2:19.48	13,00
	50m:	32.79 32.79 100m: 1:08.21	35.42	150m: 1:44.93 36.72	200m: 2:19.48	34.55
2.	1144267	FINS SEOANE, Juan Miguel	48	SALESTRA	2:19.87	10,00
	50m:	32.10 32.10 100m: 1:07.20	35.10	150m: 1:43.48 36.28	200m: 2:19.87	36.39
3.	1175127	MASSO AGUADO, Jorge	49	RIASBAIXAS	2:26.30	8,00
	50m:	32.52 32.52 100m: 1:09.36	36.84	150m: 1:47.68 38.32	200m: 2:26.30	38.62
4.	1192271	MOURIÑO FORTES, Victor Manuel	48	PONTEAREAS	2:40.72	7,00
	50m:	37.72 37.72 100m: 1:18.32	40.60	150m: 1:59.77 41.45	200m: 2:40.72	40.95
5.	1145005	FERNANDEZ IGLESIAS, Emilio J.	48	PONTEAREAS	2:49.50	6,00
	50m:	40.10 40.10 100m: 1:23.91	43.81	150m: 2:07.89 43.98	200m: 2:49.50	41.61
6.	1096414	ALIAGA SOLA, Alberto	48	PONTEAREAS	2:56.68	5,00
	50m:	40.95 40.95 100m: 1:26.36	45.41	150m: 2:13.50 47.14	200m: 2:56.68	43.18
7.	1253459	TEIJEIRO IGLESIAS, Jesus	49	PORTAMIÑA	3:17.66	4,00
	50m:	43.34 43.34 100m: 1:32.60	49.26	150m: 2:24.49 51.89	200m: 3:17.66	53.17
Baia	1267355	TORRES NEIRA, Mateo	46	SCASINO		-

Prueba 32, Masc., 200m Libre

50+

1.	1076185 PEREIRA DIAZ, Angel	53	ESCUALOS	2:22.65	13,00
	50m: 33.53 33.53 100m: 1:09.71 36.18 150m: 1:46.39 36.68 200m: 2:22.65 36.26				
2.	1264722 BALDOMAR OBELLEIRA, Ruben	51	NCORUÑA	2:26.20	10,00
	50m: 34.69 34.69 100m: 1:11.72 37.03 150m: 1:48.89 37.17 200m: 2:26.20 37.31				
3.	1251882 IGLESIAS CARRERA, Pio	52	CIDSANTIAG	2:30.21	8,00
	50m: 35.45 35.45 100m: 1:14.26 38.81 150m: 1:53.26 39.00 200m: 2:30.21 36.95				
4.	1084040 GARCIA CASTIÑEIRA, Daniel	51	CIDSANTIAG	2:35.02	7,00
	50m: 35.93 35.93 100m: 1:15.11 39.18 150m: 1:55.31 40.20 200m: 2:35.02 39.71				
5.	1144297 LAMAS SOTO, Cesar	50	CULLEREDO	2:39.63	6,00
	50m: 35.68 35.68 100m: 1:15.54 39.86 150m: 1:57.85 42.31 200m: 2:39.63 41.78				
6.	1255450 RODRÍGUEZ RODRÍGUEZ, Santiago	53	CIDSANTIAG	2:41.06	5,00
	50m: 37.53 37.53 100m: 1:18.49 40.96 150m: 2:01.54 43.05 200m: 2:41.06 39.52				
7.	1075597 RODRIGUEZ BALIÑA, Marcos	54	PONTEAREAS	2:41.53	4,00
	50m: 37.19 37.19 100m: 1:17.75 40.56 150m: 2:00.40 42.65 200m: 2:41.53 41.13				
8.	1268047 CUETO ALVAREZ, Elias	50	CIDSANTIAG	2:43.34	3,00
	50m: 40.49 40.49 100m: 1:20.57 40.08 150m: 2:03.06 42.49 200m: 2:43.34 40.28				
9.	1203306 DURO GONZALEZ, Antonio	51	SALESTRA	2:43.62	2,00
	50m: 37.96 37.96 100m: 1:19.27 41.31 150m: 2:01.70 42.43 200m: 2:43.62 41.92				
10.	1203923 FERNANDEZ PEREZ, Ramiro Ederaldo	54	RIASBAIXAS	2:48.98	1,00
	50m: 41.44 41.44 100m: 1:23.61 42.17 150m: 2:06.11 42.50 200m: 2:48.98 42.87				
11.	1076553 FERNANDEZ-TESTA BARREIRO, David	51	RIASBAIXAS	2:49.87	-
	50m: 39.22 39.22 100m: 1:22.72 43.50 150m: 2:06.68 43.96 200m: 2:49.87 43.19				
12.	1076535 DE LUIS GONZÁLEZ, Aitor	51	PORTAMIÑA	2:50.95	-
	50m: 41.42 41.42 100m: 1:24.62 43.20 150m: 2:08.39 43.77 200m: 2:50.95 42.56				
13.	1141071 LORENZO FERNANDEZ, Jose Manuel	53	RIASBAIXAS	2:56.15	-
	50m: 41.40 41.40 100m: 1:25.47 44.07 150m: 2:11.05 45.58 200m: 2:56.15 45.10				
14.	1147211 BLANCO HORTAS, Jose Ramon	51	PORTAMIÑA	3:00.84	-
	50m: 41.03 41.03 100m: 1:26.14 45.11 150m: 2:14.17 48.03 200m: 3:00.84 46.67				
Baja	1258336 MUÑIZ CAL, Rafael	51	ARTEIXO	-	-
Baja	1143605 FERNANDEZ MARTINEZ, Alberto	54	ESCUALOS	-	-
Baja	1143850 IGLESIAS MIRA, Felipe	51	POURENSE	-	-

55+

1.	1085112 RIVAS FEAL, Antonio	59	SCASINO	2:27.37	13,00
	50m: 35.02 35.02 100m: 1:12.89 37.87 150m: 1:50.41 37.52 200m: 2:27.37 36.96				
2.	1175089 NISTAL GARCÍA, Eduardo	57	SCASINO	2:45.72	10,00
	50m: 37.48 37.48 100m: 1:19.96 42.48 150m: 2:04.53 44.57 200m: 2:45.72 41.19				
3.	1082554 MARTINEZ FAJARDO, Julio Enrique	55	ADFOGAR	2:45.74	8,00
	50m: 36.58 36.58 100m: 1:19.06 42.48 150m: 2:03.59 44.53 200m: 2:45.74 42.15				

Prueba 32, Masc., 200m Libre, 55+

Clasificación							Edad				Tiempo	Puntos
4.	1079460	REY ROMERO, Jorge J.				59	PORTAMIÑA				2:56.00	7,00
	50m:	40.71	40.71	100m:	1:25.16	44.45	150m:	2:11.54	46.38	200m:	2:56.00	44.46
5.	1253683	GESTOSO PAZO, Juan Francisco				58	SALESTRA				2:58.44	6,00
	50m:	40.15	40.15	100m:	1:26.67	46.52	150m:	2:14.15	47.48	200m:	2:58.44	44.29
6.	1199641	COUCEIRO SANCHEZ, Gonzalo				59	SCASINO				3:04.16	5,00
	50m:	40.27	40.27	100m:	1:27.61	47.34	150m:	2:17.72	50.11	200m:	3:04.16	46.44
7.	1193949	LAMELO OTERO, Ramón Jesus				57	CIDSANTIAG				3:04.40	4,00
	50m:	42.87	42.87	100m:	1:30.60	47.73	150m:	2:19.28	48.68	200m:	3:04.40	45.12
8.	1180249	SUAREZ FREIRE, David Manuel				57	RIASBAIXAS				3:39.85	3,00
	50m:	48.54	48.54	100m:	1:43.49	54.95	150m:	2:41.59	58.10	200m:	3:39.85	58.26

60+

1.	1105220	GARCIA RIÑON, Jaime	61	NCORUÑA					2:26.94	13,00	RG	
	50m:	35.29	35.29	100m:	1:13.12	37.83	150m:	1:50.58	37.46	200m:	2:26.94	36.36
2.	1076250	BETHENCOURT IGLESIAS, Sergio	62	CIDSANTIAG					2:50.44	10,00		
	50m:	39.25	39.25	100m:	1:22.69	43.44	150m:	2:07.16	44.47	200m:	2:50.44	43.28
3.	1143536	BLANCO PEREZ, Angel	61	POURENSE					3:12.63	8,00		
	50m:	42.71	42.71	100m:	1:32.31	49.60	150m:	2:23.87	51.56	200m:	3:12.63	48.76
4.	1144940	HERNANZ MORAL, Fausto	63	RIASBAIXAS					3:12.86	7,00		
	50m:	43.77	43.77	100m:	1:33.00	49.23	150m:	2:23.44	50.44	200m:	3:12.86	49.42
5.	1075770	RODRIGUEZ BASANTA, Fco. Jose	64	C. N. Valdeorras					3:13.90	6,00		
	50m:	41.04	41.04	100m:	1:30.79	49.75	150m:	2:21.57	50.78	200m:	3:13.90	52.33
6.	1075589	SANCHEZ VAZQUEZ, Jesus	63	PORTAMIÑA					3:22.75	5,00		
	50m:	47.04	47.04	100m:	1:37.49	50.45	150m:	2:31.30	53.81	200m:	3:22.75	51.45
7.	1076514	LAGO REY, Jose Manuel	62	RIASBAIXAS					5:02.39	4,00		
	50m:	1:04.64	1:04.64	100m:	2:22.68	1:18.04	150m:	3:42.33	1:19.65	200m:	5:02.39	1:20.06
DSQ	1078802	CEGARRA GARCIA, Eugenio	61	RSDH								-
	Salida anticipada											

65+

1.	1141150	RODRIGUEZ VIEITO, Ricardo M.				68	CNMOS			3:16.15	13,00	
	50m:	45.61	45.61	100m:	1:36.01	50.40	150m:	2:28.20	52.19	200m:	3:16.15	47.95

70+

1.	1076165	GARCIA COLOMO, Manuel Ramon	71	POURENSE						2:58.86	13,00	
	50m:	41.69	41.69	100m:	1:27.52	45.83	150m:	2:13.78	46.26	200m:	2:58.86	45.08
2.	1075190	SUANZES PEREZ, Fernando	72	HERCULES						3:03.12	10,00	
	50m:	42.16	42.16	100m:	1:29.96	47.80	150m:	2:17.11	47.15	200m:	3:03.12	46.01