

1.- 4x50 m Libre Feminino Título (TIM)

2024-05-11 10:30

ASCE_F

1	00878	NPONTEA 01				NPONTEA	1:48.39	14.0
	1076330	FARO MARTINEZ, Carla	03	50 m:	27.88	27.88		
	1108844	BORGE JUSTE, Ines	06	100 m:	55.16	27.28		
	1061551	CARBALLO GONZALEZ, Sofia	06	150 m:	1:22.67	27.51		
	1076335	LEMONS FERNANDEZ, Iria	06	200 m:	1:48.39	25.72		
2	00784	GALAICO 01				GALAICO	1:50.61	10.0
	1144310	VIDAL RODRIGUEZ, Mara	10	50 m:	28.39	28.39		
	1143941	GARCIA SILVA, Antia	98	100 m:	54.18	25.79		
	1140841	BOUZAS PEDREIRA, Alicia	05	150 m:	1:23.13	28.95		
	1031658	BARROS DA SILVA, Sofia	09	200 m:	1:50.61	27.48		
3	00617	ADFOGAR 01				ADFOGAR	1:55.20	8.0
	1100545	SUAREZ KITAHORI, Nana S.	05	50 m:	29.88	29.88		
	1144902	MOURELLE PENA, Carla	08	100 m:	57.92	28.04		
	1144900	RODRIGUEZ VIÑA, Valeria	09	150 m:	1:27.26	29.34		
	1030568	JIMENEZ COPPA, Carla M.	06	200 m:	1:55.20	27.94		
4	00784	GALAICO 02				GALAICO	1:55.78	6.0
	1033341	ROCHA GONZALEZ, Gisele	09	50 m:	30.43	30.43		
	1109006	FERNANDEZ PRIETO, Nayara	05	100 m:	58.59	28.16		
	1110950	CANO ROSALES, Laura	04	150 m:	1:27.35	28.76		
	1077381	GOYANES GARCIA, Paula	98	200 m:	1:55.78	28.43		
5	00878	NPONTEA 02				NPONTEA	1:58.25	4.0
	1108651	ORTIZ DE GUINEA BASTON, Alba	97	50 m:	30.56	30.56		
	1038179	IBÁÑEZ CARRERA, Sara	01	100 m:	59.43	28.87		
	1190538	BLANCO LAGE, Aitana	09	150 m:	1:29.39	29.96		
	1143299	EIJO GIL, Naiara	06	200 m:	1:58.25	28.86		
6	00617	ADFOGAR 02				ADFOGAR	2:00.44	2.0
	1141231	LOPEZ FRANCO, Maria	07	50 m:	29.93	29.93		
	1191910	INSUA REY, Carmela	09	100 m:	59.56	29.63		
	1111697	PEDREIRA GALEGO, Xiana	06	150 m:	1:29.75	30.19		
	1037385	PICHEL GARCIA, Elisa	84	200 m:	2:00.44	30.69		

2.- 4x50 m Libre Feminino Permanencia (TIM)

2024-05-11 10:30

PERM_F

1	00765	RBAIXAS 02				RBAIXAS	1:49.89	14.0
	1141397	MARTINEZ GARCIA, Uxia	09	50 m:	27.96	27.96		
	1079883	RODRIGUEZ RODRIGUEZ, Nina	02	100 m:	54.71	26.75		
	1144197	ALVAREZ PAZOS, Maria	07	150 m:	1:21.62	26.91		
	1143498	BLANCO ROUCO, Carmen	06	200 m:	1:49.89	28.27		
2	00186	NCORUÑA 02				NCORUÑA	1:53.32	10.0
	1146991	CANALDA RAMOS, Laura	09	50 m:	28.97	28.97		
	1110130	MARIN MARTINEZ, Rosalia	04	100 m:	55.58	26.61		
	1095446	ALCALDE MAHIA, Ariadna	04	150 m:	1:24.36	28.78		
	1038962	MARTINEZ CANOSA, Raquel	91	200 m:	1:53.32	28.96		
3	P1106	SDBOIRO 01				SDBOIRO	1:54.93	8.0
	1143590	PÉREZ LORENZO, Celia	07	50 m:	29.22	29.22		
	1145002	OUVIÑA PICOS, Nadiuska	10	100 m:	56.19	26.97		
	1143806	SÁNCHEZ TOJA, Candela	08	150 m:	1:25.30	29.11		
	1144638	GARCÍA ESPAÑA, Elena	09	200 m:	1:54.93	29.63		
4	00186	NCORUÑA 01				NCORUÑA	1:58.51	6.0
	1143418	FERNANDEZ AGUION, Sara	07	50 m:	29.51	29.51		
	1146724	VILLAR ARCEO, Iria	08	100 m:	59.56	30.05		
	1099709	BARCIA RAMA, Lucia	04	150 m:	1:28.90	29.34		
	1101223	ROMERO LOURES, Lucia	04	200 m:	1:58.51	29.61		
5	00765	RBAIXAS 01				RBAIXAS	1:58.51	4.0
	1141393	GONZALEZ GONZALEZ, Iara	09	50 m:	29.17	29.17		
	1178913	GIRALDEZ MARTINEZ, Nerea	07	100 m:	58.52	29.35		
	1144658	NUÑEZ PARDO, Laura	08	150 m:	1:28.86	30.34		
	1202704	LOPEZ ALVAREZ, Paula	09	200 m:	1:58.51	29.65		

3.- 4x50 m Libre Masculino Título (TIM)

2024-05-11 10:30

ASCE_M

1	00617	ADFOGAR 01			ADFOGAR	1:37.32	14.0
	1141092	SOUTO VILAS, Jorge	07	50 m:	24.49 24.49		
	1146789	RIVAS TORRES, Paulo	08	100 m:	48.70 24.21		
	1111166	LOPEZ FRANCO, Martin	01	150 m:	1:12.40 23.70		
	1078616	FERNANDEZ DOMINGUEZ, Alberto	87	200 m:	1:37.32 24.92		
2	00617	ADFOGAR 02			ADFOGAR	1:37.53	10.0
	1144145	SOUTO RAMOS, Manuel	07	50 m:	25.14 25.14		
	1037641	ABELEIRA ALVAREZ, Carlos	02	100 m:	49.29 24.15		
	1140897	REY PITA, Simon	04	150 m:	1:13.67 24.38		
	1022995	GALAN VICENTE, Pablo	02	200 m:	1:37.53 23.86		
3	00878	NPONTEA 01			NPONTEA	1:38.60	8.0
	1140852	RODRÍGUEZ DOMÍNGUEZ, Francisco Javier	04	50 m:	25.31 25.31		
	1037841	PINO LORENZO, Brais	01	100 m:	49.73 24.42		
	1084854	GONZALEZ ESTEVEZ, Yoel	07	150 m:	1:13.42 23.69		
	1076409	CANCELA GOMEZ, Hugo	03	200 m:	1:38.60 25.18		
4	00784	GALAICO 01			GALAICO	1:38.79	6.0
	1086280	AGUILAR URTXEGI, Xabier	00	50 m:	24.84 24.84		
	1109005	JUNCAL MOREIRA, Pablo	01	100 m:	49.85 25.01		
	1038465	SANCHEZ LOUZAN, Daniel	98	150 m:	1:13.62 23.77		
	1038930	BOUZAS PEDREIRA, Tomas	98	200 m:	1:38.79 25.17		
5	00784	GALAICO 02			GALAICO	1:40.17	4.0
	1130724	ROCHA GONZALEZ, Olivier	08	50 m:	23.39 23.39		
	1144309	PEREZ GARCIA, Iker	07	100 m:	50.35 26.96		
	1143345	BARROS DA SILVA, Pedro	07	150 m:	1:15.41 25.06		
	1215955	PISO SEÑORAN, Alejandro	03	200 m:	1:40.17 24.76		
6	00878	NPONTEA 02			NPONTEA	1:42.64	2.0
	1038800	ALONSO RODRIGUEZ, Javier	01	50 m:	26.54 26.54		
	1143429	FARO MARTINEZ, Yoel	07	100 m:	51.21 24.67		
	1142991	PEREZ PAZ, Dario	05	150 m:	1:17.21 26.00		
	1208834	ESPERÓN RODRÍGUEZ, Rodrigo	07	200 m:	1:42.64 25.43		

4.- 4x50 m Libre Masculino Permanencia (TIM)

2024-05-11 10:30

PERM_M

1	00186	NCORUÑA 01				NCORUÑA	1:38.61	14.0
	1140987	ETAYO GARCIA, Oscar	06	50 m:	24.40	24.40		
	1039024	PICALLO MARANTE, Sergio	01	100 m:	49.40	25.00		
	1041309	SENDINO GESTOSO, Roi	01	150 m:	1:14.33	24.93		
	1143193	GOMEZ LIMIA, Pablo	06	200 m:	1:38.61	24.28		
2	00765	RBAIXAS 01				RBAIXAS	1:38.85	10.0
	1079880	RODRIGUEZ VIEITEZ, Hugo	08	50 m:	24.86	24.86		
	1140925	ALONSO VIDAL, Teo	07	100 m:	49.81	24.95		
	1144035	RODRIGUEZ RAÑA, Miguel	09	150 m:	1:14.34	24.53		
	1079855	MENDEZ PUGA, Mario	03	200 m:	1:38.85	24.51		
3	00765	RBAIXAS 02				RBAIXAS	1:45.10	8.0
	1079879	PIÑEIRO RODRIGUEZ, Samuel	07	50 m:	25.36	25.36		
	1144193	PASTORIZA SANTACLARA, Jorge	97	100 m:	51.06	25.70		
	1143465	SANCHEZ GONZALEZ, Samuel	09	150 m:	1:19.96	28.90		
	1084761	MASSO ROIG, Martin	07	200 m:	1:45.10	25.14		
4	00186	NCORUÑA 02				NCORUÑA	1:46.07	6.0
	1146785	ALCALDE MAHIA, Jun Bin	08	50 m:	26.29	26.29		
	1075923	PEDROUZO ARES, Miguel	95	100 m:	52.92	26.63		
	1144853	GONZALEZ PREGO, Xose	08	150 m:	1:19.97	27.05		
	1095445	LAGO CASTILLO, Diego	07	200 m:	1:46.07	26.10		

5.- 200 m Libre Feminino Título (TIM)

2024-05-11 10:30

ASCE_F

1	1061551	CARBALLO GONZALEZ, Sofia	06	NPONTEA	2:07.46	7.0
	50 m:	30.18 30.18 100 m: 1:02.61 32.43	150 m:	1:35.50 32.89	200 m:	2:07.46 31.96
2	1031658	BARROS DA SILVA, Sofia	09	GALAICO	2:07.77	5.0
	50 m:	30.46 30.46 100 m: 1:02.86 32.40	150 m:	1:35.65 32.79	200 m:	2:07.77 32.12
3	1076330	FARO MARTINEZ, Carla	03	NPONTEA	2:08.01	4.0
	50 m:	30.49 30.49 100 m: 1:03.06 32.57	150 m:	1:35.60 32.54	200 m:	2:08.01 32.41
4	1144902	MOURELLE PENA, Carla	08	ADFOGAR	2:14.67	3.0
	50 m:	31.54 31.54 100 m: 1:05.92 34.38	150 m:	1:40.76 34.84	200 m:	2:14.67 33.91
5	1191910	INSUA REY, Carmela	09	ADFOGAR	2:14.74	2.0
	50 m:	32.26 32.26 100 m: 1:05.55 33.29	150 m:	1:41.05 35.50	200 m:	2:14.74 33.69
6	1144310	VIDAL RODRIGUEZ, Mara	10	GALAICO	2:14.74	1.0
	50 m:	31.10 31.10 100 m: 1:05.94 34.84	150 m:	1:41.31 35.37	200 m:	2:14.74 33.43

6.- 200 m Libre Feminino Permanencia (TIM)

2024-05-11 10:30

PERM_F

1	1144197	ALVAREZ PAZOS, Maria					07	RBAIXAS		2:14.64		7.0
	50 m:	31.47	31.47	100 m:	1:05.44	33.97	150 m:	1:39.84	34.40	200 m:	2:14.64	34.80
2	1141393	GONZALEZ GONZALEZ, Iara					09	RBAIXAS		2:15.05		5.0
	50 m:	31.32	31.32	100 m:	1:05.46	34.14	150 m:	1:40.00	34.54	200 m:	2:15.05	35.05
3	1199124	PEREZ FIGUEROA, Sabela					10	NCORUÑA		2:26.68		4.0
	50 m:	34.50	34.50	100 m:	1:10.80	36.30	150 m:	2:26.68	1:15.88	200 m:	2:26.68	
4	1147330	MENDEZ LOPEZ, Helena					10	NCORUÑA		2:28.79		3.0
	50 m:	34.37	34.37	100 m:	1:11.94	37.57	150 m:	1:50.96	39.02	200 m:	2:28.79	37.83

7.- 400 m Libre Masculino Título (TIM)

2024-05-11 10:30

ASCE_M

1	1144145	SOUTO RAMOS, Manuel	07	ADFOGAR	4:15.84	7.0
	50 m:	28.00 28.00	100 m:	58.46 30.46	150 m:	1:30.06 31.60
	200 m:	2:02.44 32.38	250 m:	2:35.71 33.27	300 m:	3:09.24 33.53
			350 m:	3:42.77 33.53	400 m:	4:15.84 33.07
2	1143181	LEIROS FERNANDEZ, Lucas	08	NPONTEA	4:20.43	5.0
	50 m:	28.98 28.98	100 m:	1:00.94 31.96	150 m:	1:34.53 33.59
	200 m:	2:07.64 33.11	250 m:	2:40.92 33.28	300 m:	3:14.27 33.35
			350 m:	3:48.04 33.77	400 m:	4:20.43 32.39
3	1079430	PREGO GROBA, Brais	08	NPONTEA	4:21.49	4.0
	50 m:	28.53 28.53	100 m:	1:00.52 31.99	150 m:	1:33.56 33.04
	200 m:	2:06.87 33.31	250 m:	2:40.27 33.40	300 m:	3:14.10 33.83
			350 m:	3:48.00 33.90	400 m:	4:21.49 33.49
4	1111730	ABELEDA PEREZ, Miguel A.	04	ADFOGAR	4:24.95	3.0
	50 m:	29.59 29.59	100 m:	1:01.62 32.03	150 m:	1:34.39 32.77
	200 m:	2:07.90 33.51	250 m:	2:41.78 33.88	300 m:	3:16.45 34.67
			350 m:	3:51.26 34.81	400 m:	4:24.95 33.69
5	1130724	ROCHA GONZALEZ, Olivier	08	GALAICO	4:34.43	2.0
	50 m:	29.44 29.44	100 m:	1:01.27 31.83	150 m:	1:35.48 34.21
	200 m:	2:10.16 34.68	250 m:	2:43.80 33.64	300 m:	3:21.53 37.73
			350 m:	3:58.45 36.92	400 m:	4:34.43 35.98
6	1144309	PEREZ GARCIA, Iker	07	GALAICO	4:37.89	1.0
	50 m:	29.81 29.81	100 m:	1:01.72 31.91	150 m:	1:36.18 34.46
	200 m:	2:12.43 36.25	250 m:	2:49.33 36.90	300 m:	3:26.08 36.75
			350 m:	4:02.41 36.33	400 m:	4:37.89 35.48

8.- 400 m Libre Masculino Permanencia (TIM)

2024-05-11 10:30

PERM_M

1	1084761	MASSO ROIG, Martin					07	RBAIXAS	4:06.39	7.0
	50 m:	28.10	28.10	100 m:	57.82	29.72	150 m:	1:28.19 30.37	200 m:	1:59.32 31.13
	250 m:	2:30.73	31.41	300 m:	3:02.75	32.02	350 m:	3:34.84 32.09	400 m:	4:06.39 31.55
2	1140925	ALONSO VIDAL, Teo					07	RBAIXAS	4:12.58	5.0
	50 m:	28.81	28.81	100 m:	59.78	30.97	150 m:	1:31.66 31.88	200 m:	2:04.37 32.71
	250 m:	2:36.64	32.27	300 m:	3:08.46	31.82	350 m:	3:40.91 32.45	400 m:	4:12.58 31.67
3	1143193	GOMEZ LIMIA, Pablo					06	NCORUÑA	4:13.85	4.0
	50 m:	28.97	28.97	100 m:	59.55	30.58	150 m:	1:30.89 31.34	200 m:	2:03.83 32.94
	250 m:	2:37.02	33.19	300 m:	3:09.71	32.69	350 m:	3:42.44 32.73	400 m:	4:13.85 31.41
4	1144471	ABELLEIRA GÓMEZ, Miguel A.					06	SDBOIRO	4:27.93	3.0
	50 m:	30.83	30.83	100 m:	1:04.20	33.37	150 m:	1:37.18 32.98	200 m:	2:10.87 33.69
	250 m:	2:45.49	34.62	300 m:	3:19.23	33.74	350 m:	3:54.07 34.84	400 m:	4:27.93 33.86
5	1041309	SENDINO GESTOSO, Roi					01	NCORUÑA	4:44.36	2.0
	50 m:	29.78	29.78	100 m:	1:02.08	32.30	150 m:	1:37.24 35.16	200 m:	2:13.24 36.00
	250 m:	2:50.52	37.28	300 m:	3:28.54	38.02	350 m:	4:06.74 38.20	400 m:	4:44.36 37.62

9.- 200 m Bolboreta Feminino Título (TIM)

2024-05-11 10:30

ASCE_F

1	1108651	ORTIZ DE GUINEA BASTON, Alba					97	NPONTEA		2:30.04		7.0
	50 m:	32.90	32.90	100 m:	1:11.11	38.21	150 m:	1:50.52	39.41	200 m:	2:30.04	39.52
2	1190538	BLANCO LAGE, Aitana					09	NPONTEA		2:38.95		5.0
	50 m:	35.03	35.03	100 m:	1:15.13	40.10	150 m:	1:56.55	41.42	200 m:	2:38.95	42.40
3	1033341	ROCHA GONZALEZ, Gisele					09	GALAICO		2:44.44		4.0
	50 m:	34.82	34.82	100 m:	1:15.26	40.44	150 m:	1:58.78	43.52	200 m:	2:44.44	45.66
4	1141082	ROMANELLI LONGO, Lucia					06	ADFOGAR		2:53.96		3.0
	50 m:	36.84	36.84	100 m:	1:19.84	43.00	150 m:	2:05.72	45.88	200 m:	2:53.96	48.24
5	1111697	PEDREIRA GALEGO, Xiana					06	ADFOGAR		3:13.61		2.0
	50 m:	39.75	39.75	100 m:	1:28.41	48.66	150 m:	2:21.25	52.84	200 m:	3:13.61	52.36
BAI	1111267	DE LA FUENTE PINTOS, Nadia					07	GALAICO				0,0

10.- 200 m Bolboreta Feminino Permanencia (TIM)

2024-05-11 10:30

PERM_F

1	1146991	CANALDA RAMOS, Laura	09	NCORUÑA	2:31.52	7.0
	50 m:	33.52 33.52	100 m:	1:10.87 37.35	150 m:	1:50.63 39.76
					200 m:	2:31.52 40.89
2	1202704	LOPEZ ALVAREZ, Paula	09	RBAIXAS	2:46.48	5.0
	50 m:	38.17 38.17	100 m:	1:20.25 42.08	150 m:	2:03.20 42.95
					200 m:	2:46.48 43.28
3	1187883	ARRUÑADA VAZQUEZ, Carmen	10	NCORUÑA	2:50.44	4.0
	50 m:	38.27 38.27	100 m:	1:20.38 42.11	150 m:	2:03.68 43.30
					200 m:	2:50.44 46.76
4	1178913	GIRALDEZ MARTINEZ, Nerea	07	RBAIXAS	2:50.44	3.0
	50 m:	35.18 35.18	100 m:	1:16.20 41.02	150 m:	2:01.62 45.42
					200 m:	2:50.44 48.82

11.- 200 m Bolboreta Masculino Título (TIM)

2024-05-11 10:30

ASCE_M

1	1086280	AGUILAR URTXEGI, Xabier					00	GALAICO		2:07.14		7.0
	50 m:	28.52	28.52	100 m:	1:01.20	32.68	150 m:	1:34.44	33.24	200 m:	2:07.14	32.70
2	1140897	REY PITA, Simon					04	ADFOGAR		2:13.54		5.0
	50 m:	29.70	29.70	100 m:	1:04.86	35.16	150 m:	1:37.38	32.52	200 m:	2:13.54	36.16
3	1146789	RIVAS TORRES, Paulo					08	ADFOGAR		2:14.73		4.0
	50 m:	29.00	29.00	100 m:	1:03.51	34.51	150 m:	1:37.38	33.87	200 m:	2:14.73	37.35
4	1143345	BARROS DA SILVA, Pedro					07	GALAICO		2:22.00		3.0
	50 m:	30.38	30.38	100 m:	1:05.39	35.01	150 m:	1:42.31	36.92	200 m:	2:22.00	39.69
5	1142991	PEREZ PAZ, Dario					05	NPONTEA		2:23.88		2.0
	50 m:	30.47	30.47	100 m:	1:06.94	36.47	150 m:	1:45.48	38.54	200 m:	2:23.88	38.40
6	1038181	BOUZA PADRON, Adrian					97	NPONTEA		2:28.03		1.0
	50 m:	31.52	31.52	100 m:	1:07.76	36.24	150 m:	1:46.41	38.65	200 m:	2:28.03	41.62

12.- 200 m Bolboreta Masculino Permanencia (TIM)

2024-05-11 10:30

PERM_M

1	1079855	MENDEZ PUGA, Mario					03	RBAIXAS		2:13.64		7.0
	50 m:	31.13	31.13	100 m:	1:04.81	33.68	150 m:	1:38.74	33.93	200 m:	2:13.64	34.90
2	1196086	CAO HERMO, Breixo					10	SDBOIRO		2:23.74		5.0
	50 m:	31.07	31.07	100 m:	1:07.04	35.97	150 m:	1:45.18	38.14	200 m:	2:23.74	38.56
3	1144860	ALVAREZ VAZQUEZ, Sergio					09	RBAIXAS		2:24.03		4.0
	50 m:	31.90	31.90	100 m:	1:07.51	35.61	150 m:	1:45.51	38.00	200 m:	2:24.03	38.52
4	1146785	ALCALDE MAHIA, Jun Bin					08	NCORUÑA		2:27.01		3.0
	50 m:	31.46	31.46	100 m:	1:07.28	35.82	150 m:	1:46.23	38.95	200 m:	2:27.01	40.78
DSA	1187886	GARCIA AROCHENA, Jacobo Javier					09	NCORUÑA				0.0

13.- 50 m Costas Feminino Título (TIM)

2024-05-11 10:30

ASCE_F

1	1143299	EIJO GIL, Naiara	06	NPONTEA	31.13	7.0
2	1108844	BORGE JUSTE, Ines	06	NPONTEA	31.44	5.0
3	1140841	BOUZAS PEDREIRA, Alicia	05	GALAICO	31.82	4.0
4	1077381	GOYANES GARCIA, Paula	98	GALAICO	31.86	3.0
5	1100545	SUAREZ KITAHORI, Nana S.	05	ADFOGAR	34.60	2.0
6	1144900	RODRIGUEZ VIÑA, Valeria	09	ADFOGAR	34.83	1.0

14.- 50 m Costas Feminino Permanencia (TIM)

2024-05-11 10:30

PERM_F

1	1110130	MARIN MARTINEZ, Rosalia	04	NCORUÑA	29.70	7.0
2	1143498	BLANCO ROUCO, Carmen	06	RBAIXAS	31.54	5.0
3	1145002	OUVIÑA PICOS, Nadiuska	10	SDBOIRO	32.79	4.0
4	1099709	BARCIA RAMA, Lucia	04	NCORUÑA	33.39	3.0
5	1144658	NUÑEZ PARDO, Laura	08	RBAIXAS	34.07	2.0

15.- 50 m Costas Masculino Título (TIM)

2024-05-11 10:30

ASCE_M

1	1038465	SANCHEZ LOUZAN, Daniel	98	GALAICO	26.43	7.0
2	1037641	ABELEIRA ALVAREZ, Carlos	02	ADFOGAR	27.50	5.0
3	1084854	GONZALEZ ESTEVEZ, Yoel	07	NPONTEA	28.19	4.0
4	1141092	SOUTO VILAS, Jorge	07	ADFOGAR	28.78	3.0
5	1068314	MARTINEZ MARTINEZ, Marcos	03	NPONTEA	29.38	2.0
6	1111256	MENDEZ-BENEGASSI FDEZ., Adrian	08	GALAICO	30.66	1.0

16.- 50 m Costas Masculino Permanencia (TIM)

2024-05-11 10:30

PERM_M

1	1079879	PIÑEIRO RODRIGUEZ, Samuel	07	RBAIXAS	29.65	7.0
2	1143465	SANCHEZ GONZALEZ, Samuel	09	RBAIXAS	30.12	5.0
3	1187886	GARCIA AROCHENA, Jacobo Javier	09	NCORUÑA	31.25	4.0
4	1146972	OLVEIRA BARTOLOME, Pedro	08	NCORUÑA	34.98	3.0

17.- 100 m Braza Feminino Título (TIM)

2024-05-11 10:30

ASCE_F

1	1061551	CARBALLO GONZALEZ, Sofia	06	NPONTEA	1:11.30	7.0
	50 m:	34.06 34.06	100 m:	1:11.30	37.24	
2	1030568	JIMENEZ COPPA, Carla M.	06	ADFOGAR	1:13.49	5.0
	50 m:	34.03 34.03	100 m:	1:13.49	39.46	
3	1141231	LOPEZ FRANCO, Maria	07	ADFOGAR	1:18.96	4.0
	50 m:	37.40 37.40	100 m:	1:18.96	41.56	
4	1144111	QUINTAS MELON, Maria	10	NPONTEA	1:19.15	3.0
	50 m:	36.71 36.71	100 m:	1:19.15	42.44	
5	1109006	FERNANDEZ PRIETO, Nayara	05	GALAICO	1:21.71	2.0
	50 m:	37.12 37.12	100 m:	1:21.71	44.59	
6	1110950	CANO ROSALES, Laura	04	GALAICO	1:23.20	1.0
	50 m:	38.50 38.50	100 m:	1:23.20	44.70	

18.- 100 m Braza Feminino Permanencia (TIM)

2024-05-11 10:30

PERM_F

1	1038962	MARTINEZ CANOSA, Raquel	91	NCORUÑA	1:17.02	7.0
	50 m:	36.72 36.72	100 m:	1:17.02	40.30	
2	1141393	GONZALEZ GONZALEZ, Iara	09	RBAIXAS	1:19.58	5.0
	50 m:	37.14 37.14	100 m:	1:19.58	42.44	
3	1143806	SÁNCHEZ TOJA, Candela	08	SDBOIRO	1:20.63	4.0
	50 m:	37.96 37.96	100 m:	1:20.63	42.67	
4	1141397	MARTINEZ GARCIA, Uxia	09	RBAIXAS	1:23.69	3.0
	50 m:	39.48 39.48	100 m:	1:23.69	44.21	
5	1199124	PEREZ FIGUEROA, Sabela	10	NCORUÑA	1:35.25	2.0
	50 m:	45.29 45.29	100 m:	1:35.25	49.96	

19.- 100 m Braza Masculino Título (TIM)

2024-05-11 10:30

ASCE_M

1	1111166	LOPEZ FRANCO, Martin	01	ADFOGAR	1:03.42	7.0
	50 m:	29.97 29.97	100 m:	1:03.42	33.45	
2	1143318	VAZQUEZ FERNANDEZ, Nicolas	06	GALAICO	1:08.05	5.0
	50 m:	31.25 31.25	100 m:	1:08.05	36.80	
3	1215955	PISO SEÑORAN, Alejandro	03	GALAICO	1:08.19	4.0
	50 m:	32.85 32.85	100 m:	1:08.19	35.34	
4	1037180	CARRERA COSTAS, Martin	96	NPONTEA	1:10.81	3.0
	50 m:	33.26 33.26	100 m:	1:10.81	37.55	
5	1180216	FUENTEFRIA FERNANDEZ, Anxo	09	ADFOGAR	1:10.97	2.0
	50 m:	33.65 33.65	100 m:	1:10.97	37.32	
6	1142991	PEREZ PAZ, Dario	05	NPONTEA	1:14.28	1.0
	50 m:	34.82 34.82	100 m:	1:14.28	39.46	

20.- 100 m Braza Masculino Permanencia (TIM)

2024-05-11 10:30

PERM_M

1	1039024	PICALLO MARANTE, Sergio	01	NCORUÑA	1:06.61	7.0
	50 m:	32.29 32.29	100 m:	1:06.61 34.32		
2	1144193	PASTORIZA SANTACLARA, Jorge	97	RBAIXAS	1:07.64	5.0
	50 m:	31.96 31.96	100 m:	1:07.64 35.68		
3	1144035	RODRIGUEZ RAÑA, Miguel	09	RBAIXAS	1:14.02	4.0
	50 m:	34.96 34.96	100 m:	1:14.02 39.06		
DSA	1095445	LAGO CASTILLO, Diego	07	NCORUÑA		0,0

21.- 800 m Libre Feminino Título (TIM)

2024-05-11 10:30

ASCE_F

1	1031658	BARROS DA SILVA, Sofia					09	GALAICO		9:13.83	7.0	
	50 m:			100 m:	1:06.53	1:06.53	150 m:	1:41.18	34.65	200 m:	2:15.52	34.34
	250 m:	2:49.68	34.16	300 m:	3:24.17	34.49	350 m:	3:58.39	34.22	400 m:	4:33.31	34.92
	450 m:	5:08.21	34.90	500 m:	5:42.95	34.74	550 m:	6:18.33	35.38	600 m:	6:53.66	35.33
	650 m:	7:28.92	35.26	700 m:	8:04.64	35.72	750 m:	8:40.04	35.40	800 m:	9:13.83	33.79
2	1108651	ORTIZ DE GUINEA BASTON, Alba					97	NPONTEA		9:28.93	5.0	
	50 m:	32.11	32.11	100 m:	1:06.31	34.20	150 m:	1:41.36	35.05	200 m:	2:16.34	34.98
	250 m:	2:51.30	34.96	300 m:	3:26.78	35.48	350 m:	4:02.38	35.60	400 m:	4:38.36	35.98
	450 m:	5:14.49	36.13	500 m:	5:50.71	36.22	550 m:	6:27.14	36.43	600 m:	7:03.62	36.48
	650 m:	7:40.15	36.53	700 m:	8:16.59	36.44	750 m:	8:53.01	36.42	800 m:	9:28.93	35.92
3	1143180	ESTEVEZ MONTES, Naroa					08	NPONTEA		9:34.80	4.0	
	50 m:	33.34	33.34	100 m:	1:08.61	35.27	150 m:	1:44.15	35.54	200 m:	2:20.08	35.93
	250 m:	2:55.77	35.69	300 m:	3:32.05	36.28	350 m:	4:08.53	36.48	400 m:	4:44.51	35.98
	450 m:	5:20.50	35.99	500 m:	5:57.07	36.57	550 m:	6:33.71	36.64	600 m:	7:09.99	36.28
	650 m:	7:46.62	36.63	700 m:	8:23.49	36.87	750 m:	8:59.32	35.83	800 m:	9:34.80	35.48
4	1144310	VIDAL RODRIGUEZ, Mara					10	GALAICO		9:41.25	3.0	
	50 m:	33.86	33.86	100 m:	1:10.31	36.45	150 m:	1:47.67	37.36	200 m:	2:24.90	37.23
	250 m:	3:02.27	37.37	300 m:	3:39.46	37.19	350 m:	4:16.63	37.17	400 m:	4:53.31	36.68
	450 m:	5:30.41	37.10	500 m:	6:05.88	35.47	550 m:	6:42.05	36.17	600 m:	7:17.51	35.46
	650 m:	7:54.36	36.85	700 m:	8:31.20	36.84	750 m:	9:07.97	36.77	800 m:	9:41.25	33.28
5	1191910	INSUA REY, Carmela					09	ADFOGAR		9:41.55	2.0	
	50 m:	33.11	33.11	100 m:	1:08.79	35.68	150 m:	1:45.75	36.96	200 m:	2:22.12	36.37
	250 m:	2:59.30	37.18	300 m:	3:36.76	37.46	350 m:	4:13.92	37.16	400 m:	4:51.10	37.18
	450 m:	5:27.83	36.73	500 m:	6:04.83	37.00	550 m:	6:41.05	36.22	600 m:	7:17.64	36.59
	650 m:	7:54.20	36.56	700 m:	8:31.35	37.15	750 m:			800 m:	9:41.55	1:10.20
6	1037385	PICHEL GARCIA, Elisa					84	ADFOGAR		10:26.77	1.0	
	50 m:	35.32	35.32	100 m:	1:13.13	37.81	150 m:	1:52.26	39.13	200 m:	2:31.56	39.30
	250 m:	3:11.03	39.47	300 m:	3:50.42	39.39	350 m:	4:29.95	39.53	400 m:	5:09.47	39.52
	450 m:	5:49.09	39.62	500 m:	6:28.69	39.60	550 m:	7:08.27	39.58	600 m:	7:48.15	39.88
	650 m:	8:27.91	39.76	700 m:	9:07.77	39.86	750 m:	9:47.51	39.74	800 m:	10:26.77	39.26

22.- 800 m Libre Feminino Permanencia (TIM)

2024-05-11 10:30

PERM_F

1	1146991	CANALDA RAMOS, Laura					09	NCORUÑA		9:30.68		7.0
	50 m:	33.17	33.17	100 m:	1:08.31	35.14	150 m:	1:44.04	35.73	200 m:	2:19.88	35.84
	250 m:	2:55.79	35.91	300 m:	3:31.70	35.91	350 m:	4:07.61	35.91	400 m:	4:43.46	35.85
	450 m:	5:19.04	35.58	500 m:	5:54.79	35.75	550 m:	6:30.89	36.10	600 m:	7:06.93	36.04
	650 m:	7:42.75	35.82	700 m:	8:18.85	36.10	750 m:	8:55.74	36.89	800 m:	9:30.68	34.94
2	1143418	FERNANDEZ AGUION, Sara					07	NCORUÑA		9:51.96		5.0
	50 m:	33.10	33.10	100 m:	1:08.66	35.56	150 m:	1:44.96	36.30	200 m:	2:22.04	37.08
	250 m:	2:59.45	37.41	300 m:	3:36.95	37.50	350 m:	4:14.65	37.70	400 m:	4:52.44	37.79
	450 m:	5:30.14	37.70	500 m:	6:07.72	37.58	550 m:	6:45.28	37.56	600 m:	7:22.65	37.37
	650 m:	8:00.25	37.60	700 m:	8:38.03	37.78	750 m:	9:15.40	37.37	800 m:	9:51.96	36.56
3	1144048	PARDAVILA DAVILA, Ainoa					08	RBAIXAS		10:05.33		4.0
	50 m:	34.81	34.81	100 m:	1:11.75	36.94	150 m:	1:49.00	37.25	200 m:	2:26.47	37.47
	250 m:	3:04.02	37.55	300 m:	3:42.05	38.03	350 m:	4:19.87	37.82	400 m:	4:58.21	38.34
	450 m:	5:35.99	37.78	500 m:	6:13.78	37.79	550 m:	6:51.68	37.90	600 m:	7:30.07	38.39
	650 m:	8:09.07	39.00	700 m:	8:47.66	38.59	750 m:	9:26.69	39.03	800 m:	10:05.33	38.64
4	1185589	RAMOS MÍGUEZ, Leyre					06	SDBOIRO		10:10.56		3.0
	50 m:	34.27	34.27	100 m:	1:10.81	36.54	150 m:	1:48.13	37.32	200 m:	2:25.96	37.83
	250 m:	3:03.92	37.96	300 m:	3:42.05	38.13	350 m:	4:20.47	38.42	400 m:	4:58.42	37.95
	450 m:	5:36.77	38.35	500 m:	6:15.58	38.81	550 m:	6:54.89	39.31	600 m:	7:33.96	39.07
	650 m:	8:13.57	39.61	700 m:	8:52.86	39.29	750 m:			800 m:	10:10.56	1:17.70
5	1202704	LOPEZ ALVAREZ, Paula					09	RBAIXAS		10:21.51		2.0
	50 m:	35.89	35.89	100 m:	1:14.09	38.20	150 m:	1:53.44	39.35	200 m:	2:32.40	38.96
	250 m:	3:10.90	38.50	300 m:	3:49.68	38.78	350 m:	4:28.67	38.99	400 m:	5:07.31	38.64
	450 m:	5:46.32	39.01	500 m:	6:25.53	39.21	550 m:	7:04.36	38.83	600 m:	7:44.54	40.18
	650 m:	8:24.18	39.64	700 m:	9:04.31	40.13	750 m:	9:43.69	39.38	800 m:	10:21.51	37.82

23.- 100 m Libre Masculino Título (TIM)

2024-05-11 10:30

ASCE_M

1	1038465	SANCHEZ LOUZAN, Daniel	98	GALAICO	53.80	7.0
	50 m:	25.87 25.87	100 m:	53.80 27.93		
2	1144145	SOUTO RAMOS, Manuel	07	ADFOGAR	53.80	5.0
	50 m:	25.81 25.81	100 m:	53.80 27.99		
3	1140852	RODRÍGUEZ DOMÍNGUEZ, Francisco Javier	04	NPONTEA	54.61	4.0
	50 m:	26.27 26.27	100 m:	54.61 28.34		
4	1109005	JUNCAL MOREIRA, Pablo	01	GALAICO	54.76	3.0
	50 m:	26.75 26.75	100 m:	54.76 28.01		
5	1022995	GALAN VICENTE, Pablo	02	ADFOGAR	55.18	2.0
	50 m:	26.37 26.37	100 m:	55.18 28.81		
6	1037841	PINO LORENZO, Brais	01	NPONTEA	55.93	1.0
	50 m:	26.48 26.48	100 m:	55.93 29.45		

24.- 100 m Libre Masculino Permanencia (TIM)

2024-05-11 10:30

PERM_M

1	1108773	SANLÉS DIESTE, Hugo	04	SDBOIRO	52.93	7.0
	50 m:	26.65 26.65	100 m:	52.93 26.28		
2	1143193	GOMEZ LIMIA, Pablo	06	NCORUÑA	53.75	5.0
	50 m:	26.38 26.38	100 m:	53.75 27.37		
3	1140987	ETAYO GARCIA, Oscar	06	NCORUÑA	54.08	4.0
	50 m:	25.90 25.90	100 m:	54.08 28.18		
4	1079880	RODRIGUEZ VIEITEZ, Hugo	08	RBAIXAS	54.50	3.0
	50 m:	26.38 26.38	100 m:	54.50 28.12		
5	1196086	CAO HERMO, Breixo	10	SDBOIRO	56.25	2.0
	50 m:	27.37 27.37	100 m:	56.25 28.88		
6	1144859	MOREIRA REY, Luis	09	RBAIXAS	57.69	1.0
	50 m:	27.54 27.54	100 m:	57.69 30.15		

25.- 50 m Libre Feminino Título (TIM)

2024-05-11 10:30

ASCE_F

1	1076335	LEMONS FERNANDEZ, Iria	06	NPONTEA	26.34	7.0
2	1143941	GARCIA SILVA, Antia	98	GALAICO	26.60	5.0
3	1108844	BORGE JUSTE, Ines	06	NPONTEA	27.76	4.0
4	1144902	MOURELLE PENA, Carla	08	ADFOGAR	28.52	3.0
5	1030568	JIMENEZ COPPA, Carla M.	06	ADFOGAR	29.42	2.0
6	1109006	FERNANDEZ PRIETO, Nayara	05	GALAICO	29.81	1.0

26.- 50 m Libre Feminino Permanencia (TIM)

2024-05-11 10:30

PERM_F

1	1079883	RODRIGUEZ RODRIGUEZ, Nina	02	RBAIXAS	27.32	7.0
2	1144197	ALVAREZ PAZOS, Maria	07	RBAIXAS	27.72	5.0
3	1095446	ALCALDE MAHIA, Ariadna	04	NCORUÑA	29.00	4.0
4	1143590	PÉREZ LORENZO, Celia	07	SDBOIRO	29.24	3.0
5	1144638	GARCÍA ESPAÑA, Elena	09	SDBOIRO	30.22	2.0
6	1101223	ROMERO LOURES, Lucia	04	NCORUÑA	30.55	1.0

27.- 200 m Costas Masculino Título (TIM)

2024-05-11 10:30

ASCE_M

1	1084854	GONZALEZ ESTEVEZ, Yoel	07	NPONTEA	2:08.50	7.0
	50 m:	30.00 30.00 100 m: 1:02.44 32.44	150 m:	1:35.81 33.37	200 m:	2:08.50 32.69
2	1141092	SOUTO VILAS, Jorge	07	ADFOGAR	2:14.41	5.0
	50 m:	30.53 30.53 100 m: 1:04.14 33.61	150 m:	1:39.70 35.56	200 m:	2:14.41 34.71
3	1037641	ABELEIRA ALVAREZ, Carlos	02	ADFOGAR	2:15.27	4.0
	50 m:	30.43 30.43 100 m: 1:03.37 32.94	150 m:	1:38.67 35.30	200 m:	2:15.27 36.60
4	1114334	ALVAREZ REPARAZ, Alejandro	04	GALAICO	2:15.67	3.0
	50 m:	31.78 31.78 100 m: 1:06.38 34.60	150 m:	1:41.15 34.77	200 m:	2:15.67 34.52
5	1068314	MARTINEZ MARTINEZ, Marcos	03	NPONTEA	2:17.18	2.0
	50 m:	31.74 31.74 100 m: 1:06.43 34.69	150 m:	1:41.69 35.26	200 m:	2:17.18 35.49
6	1111256	MENDEZ-BENEGASSI FDEZ., Adrian	08	GALAICO	2:22.70	1.0
	50 m:	33.11 33.11 100 m: 1:09.43 36.32	150 m:	1:46.21 36.78	200 m:	2:22.70 36.49

28.- 200 m Costas Masculino Permanencia (TIM)

2024-05-11 10:30

PERM_M

1	1084761	MASSO ROIG, Martin					07	RBAIXAS		2:16.05		7.0
	50 m:	31.90	31.90	100 m:	1:05.93	34.03	150 m:	1:41.01	35.08	200 m:	2:16.05	35.04
2	1146785	ALCALDE MAHIA, Jun Bin					08	NCORUÑA		2:18.59		5.0
	50 m:	31.32	31.32	100 m:	1:05.66	34.34	150 m:	1:42.32	36.66	200 m:	2:18.59	36.27
3	1143465	SANCHEZ GONZALEZ, Samuel					09	RBAIXAS		2:20.68		4.0
	50 m:	33.72	33.72	100 m:	1:09.32	35.60	150 m:	1:45.54	36.22	200 m:	2:20.68	35.14
4	1146972	OLVEIRA BARTOLOME, Pedro					08	NCORUÑA		2:39.46		3.0
	50 m:	37.28	37.28	100 m:	1:18.05	40.77	150 m:	1:58.94	40.89	200 m:	2:39.46	40.52

29.- 200 m Costas Feminino Título (TIM)

2024-05-11 10:30

ASCE_F

1	1143299	EIJO GIL, Naiara					06	NPONTEA		2:27.61		7.0
	50 m:	34.67	34.67	100 m:	1:11.83	37.16	150 m:	1:49.51	37.68	200 m:	2:27.61	38.10
2	1077381	GOYANES GARCIA, Paula					98	GALAICO		2:28.41		5.0
	50 m:	35.00	35.00	100 m:	1:12.08	37.08	150 m:	1:50.30	38.22	200 m:	2:28.41	38.11
3	1140841	BOUZAS PEDREIRA, Alicia					05	GALAICO		2:33.39		4.0
	50 m:	35.15	35.15	100 m:	1:13.36	38.21	150 m:	1:52.68	39.32	200 m:	2:33.39	40.71
4	1038179	IBAÑEZ CARRERA, Sara					01	NPONTEA		2:38.19		3.0
	50 m:	35.10	35.10	100 m:	1:14.01	38.91	150 m:	1:55.34	41.33	200 m:	2:38.19	42.85
5	1141231	LOPEZ FRANCO, Maria					07	ADFOGAR		2:44.24		2.0
	50 m:	37.26	37.26	100 m:	1:18.20	40.94	150 m:	2:00.75	42.55	200 m:	2:44.24	43.49
6	1111697	PEDREIRA GALEGO, Xiana					06	ADFOGAR		2:44.79		1.0
	50 m:	33.88	33.88	100 m:	1:19.04	45.16	150 m:	2:01.55	42.51	200 m:	2:44.79	43.24

30.- 200 m Costas Feminino Permanencia (TIM)

2024-05-11 10:30

PERM_F

1	1143498	BLANCO ROUCO, Carmen					06	RBAIXAS		2:20.31		7.0
	50 m:	34.51	34.51	100 m:	1:10.35	35.84	150 m:	1:45.87	35.52	200 m:	2:20.31	34.44
2	1110130	MARIN MARTINEZ, Rosalia					04	NCORUÑA		2:20.60		5.0
	50 m:	33.54	33.54	100 m:	1:09.42	35.88	150 m:	1:45.39	35.97	200 m:	2:20.60	35.21
3	1145002	OUVIÑA PICOS, Nadiuska					10	SDBOIRO		2:30.20		4.0
	50 m:	35.11	35.11	100 m:	1:12.62	37.51	150 m:	1:51.63	39.01	200 m:	2:30.20	38.57
4	1144658	NUÑEZ PARDO, Laura					08	RBAIXAS		2:36.55		3.0
	50 m:	37.45	37.45	100 m:	1:17.48	40.03	150 m:	1:57.47	39.99	200 m:	2:36.55	39.08
5	1146724	VILLAR ARCEO, Iria					08	NCORUÑA		2:43.93		2.0
	50 m:	37.78	37.78	100 m:	1:18.22	40.44	150 m:	2:01.50	43.28	200 m:	2:43.93	42.43

31.- 200 m Estilos Masculino Título (TIM)

2024-05-11 10:30

ASCE_M

1	1037180	CARRERA COSTAS, Martin	96	NPONTEA	2:14.26	7.0
	50 m:	29.33 29.33 100 m: 1:04.26 34.93	150 m:	1:42.26 38.00	200 m:	2:14.26 32.00
2	1143429	FARO MARTINEZ, Yoel	07	NPONTEA	2:15.00	5.0
	50 m:	28.30 28.30 100 m: 1:04.00 35.70	150 m:	1:41.76 37.76	200 m:	2:15.00 33.24
3	1146897	GUITIAN LOPEZ, Xabier	05	ADFOGAR	2:18.66	4.0
	50 m:	29.34 29.34 100 m: 1:03.83 34.49	150 m:	1:44.82 40.99	200 m:	2:18.66 33.84
4	1130724	ROCHA GONZALEZ, Olivier	08	GALAICO	2:21.46	3.0
	50 m:	30.69 30.69 100 m: 1:06.53 35.84	150 m:	1:49.04 42.51	200 m:	2:21.46 32.42
5	1141480	VAZQUEZ COSTA, Miguel	06	GALAICO	2:21.67	2.0
	50 m:	29.58 29.58 100 m: 1:05.60 36.02	150 m:	1:48.54 42.94	200 m:	2:21.67 33.13
6	1180216	FUENTEFRIA FERNANDEZ, Anxo	09	ADFOGAR	2:21.90	1.0
	50 m:	31.34 31.34 100 m: 1:09.07 37.73	150 m:	1:49.14 40.07	200 m:	2:21.90 32.76

32.- 200 m Estilos Masculino Permanencia (TIM)

2024-05-11 10:30

PERM_M

1	1079855	MENDEZ PUGA, Mario					03	RBAIXAS		2:11.70		7.0
	50 m:	27.42	27.42	100 m:	1:02.09	34.67	150 m:	1:39.70	37.61	200 m:	2:11.70	32.00
2	1039024	PICALLO MARANTE, Sergio					01	NCORUÑA		2:14.56		5.0
	50 m:	29.24	29.24	100 m:	1:04.20	34.96	150 m:	1:41.43	37.23	200 m:	2:14.56	33.13
3	1144193	PASTORIZA SNTACLARA, Jorge					97	RBAIXAS		2:15.25		4.0
	50 m:	29.71	29.71	100 m:	1:05.26	35.55	150 m:	1:44.04	38.78	200 m:	2:15.25	31.21
4	1144853	GONZALEZ PREGO, Xose					08	NCORUÑA		2:24.11		3.0
	50 m:	32.47	32.47	100 m:	1:10.84	38.37	150 m:	1:50.50	39.66	200 m:	2:24.11	33.61

33.- 200 m Estilos Feminino Título (TIM)

2024-05-11 10:30

ASCE_F

1	1076330	FARO MARTINEZ, Carla	03	NPONTEA	2:23.33	7.0
	50 m:	31.25 31.25	100 m:	1:09.52 38.27	150 m:	1:49.10 39.58
					200 m:	2:23.33 34.23
2	1143180	ESTEVEZ MONTES, Naroa	08	NPONTEA	2:30.83	5.0
	50 m:	33.89 33.89	100 m:	1:12.47 38.58	150 m:	1:55.72 43.25
					200 m:	2:30.83 35.11
3	1033341	ROCHA GONZALEZ, Gisele	09	GALAICO	2:40.38	4.0
	50 m:	33.69 33.69	100 m:	1:16.83 43.14	150 m:	2:02.53 45.70
					200 m:	2:40.38 37.85
4	1037385	PICHEL GARCIA, Elisa	84	ADFOGAR	2:42.07	3.0
	50 m:	35.48 35.48	100 m:	1:19.27 43.79	150 m:	2:04.77 45.50
					200 m:	2:42.07 37.30
5	1109006	FERNANDEZ PRIETO, Nayara	05	GALAICO	2:43.51	2.0
	50 m:	33.44 33.44	100 m:	1:15.60 42.16	150 m:	2:03.67 48.07
					200 m:	2:43.51 39.84
6	1146728	DORME RAMALLO, Zoe	03	ADFOGAR	2:56.82	1.0
	50 m:	36.39 36.39	100 m:	1:21.53 45.14	150 m:	2:15.45 53.92
					200 m:	2:56.82 41.37

34.- 200 m Estilos Feminino Permanencia (TIM)

2024-05-11 10:30

PERM_F

1	1038962	MARTINEZ CANOSA, Raquel	91	NCORUÑA	2:32.77	7.0
	50 m:	33.08 33.08 100 m: 1:13.04 39.96	150 m:	1:55.30 42.26	200 m:	2:32.77 37.47
2	1141397	MARTINEZ GARCIA, Uxia	09	RBAIXAS	2:33.01	5.0
	50 m:	32.18 32.18 100 m: 1:11.91 39.73	150 m:	1:58.22 46.31	200 m:	2:33.01 34.79
3	1178913	GIRALDEZ MARTINEZ, Nerea	07	RBAIXAS	2:40.27	4.0
	50 m:	34.66 34.66 100 m: 1:15.56 40.90	150 m:	2:03.79 48.23	200 m:	2:40.27 36.48
4	1143806	SÁNCHEZ TOJA, Candela	08	SDBOIRO	2:42.63	3.0
	50 m:	34.38 34.38 100 m: 1:16.22 41.84	150 m:	2:01.90 45.68	200 m:	2:42.63 40.73
5	1185589	RAMOS MÍGUEZ, Leyre	06	SDBOIRO	2:49.13	2.0
	50 m:	38.38 38.38 100 m: 1:22.30 43.92	150 m:	2:10.37 48.07	200 m:	2:49.13 38.76
6	1187883	ARRUÑADA VAZQUEZ, Carmen	10	NCORUÑA	2:49.34	1.0
	50 m:	36.98 36.98 100 m: 1:19.00 42.02	150 m:	2:11.64 52.64	200 m:	2:49.34 37.70

35.- 50 m Bolboreta Masculino Título (TIM)

2024-05-11 10:30

ASCE_M

1	1086280	AGUILAR URTXEGI, Xabier	00	GALAICO	25.81	7.0
2	1140897	REY PITA, Simon	04	ADFOGAR	26.22	5.0
3	1078616	FERNANDEZ DOMINGUEZ, Alberto	87	ADFOGAR	26.22	4.0
4	1143345	BARROS DA SILVA, Pedro	07	GALAICO	27.49	3.0
5	1140852	RODRÍGUEZ DOMÍNGUEZ, Francisco Javier	04	NPONTEA	27.54	2.0
6	1208834	ESPERÓN RODRÍGUEZ, Rodrigo	07	NPONTEA	29.68	1.0

36.- 50 m Bolboreta Masculino Permanencia (TIM)

2024-05-11 10:30

PERM_M

1	1079880	RODRIGUEZ VIEITEZ, Hugo	08	RBAIXAS	27.48	7.0
2	1140987	ETAYO GARCIA, Oscar	06	NCORUÑA	27.86	5.0
3	1075923	PEDROUZO ARES, Miguel	95	NCORUÑA	28.13	4.0
4	1210620	GONZÁLEZ BORGES, Marcos	01	RBAIXAS	29.33	3.0

37.- 50 m Bolboreta Feminino Título (TIM)

2024-05-11 10:30

ASCE_F

1	1076335	LEMONS FERNANDEZ, Iria	06	NPONTEA	28.02	7.0
2	1143941	GARCIA SILVA, Antia	98	GALAICO	28.49	5.0
3	1144900	RODRIGUEZ VIÑA, Valeria	09	ADFOGAR	31.94	4.0
4	1038179	IBAÑEZ CARRERA, Sara	01	NPONTEA	33.31	3.0
5	1141082	ROMANELLI LONGO, Lucia	06	ADFOGAR	34.20	2.0
6	1143316	PEREIRA URGAL, Maria	08	GALAICO	36.98	1.0

38.- 50 m Bolboreta Feminino Permanencia (TIM)

2024-05-11 10:30

PERM_F

1	1079883	RODRIGUEZ RODRIGUEZ, Nina	02	RBAIXAS	29.12	7.0
2	1095446	ALCALDE MAHIA, Ariadna	04	NCORUÑA	31.32	5.0
3	1175253	GONZÁLEZ OJEA, Carmen	06	SDBOIRO	31.92	4.0
4	1144638	GARCÍA ESPAÑA, Elena	09	SDBOIRO	33.58	3.0
5	1101223	ROMERO LOURES, Lucia	04	NCORUÑA	33.80	2.0
6	1108843	ESTEVEZ BASTERO, Ana	05	RBAIXAS	37.69	1.0

39.- 4x100 m Estilos Masculino Título (TIM)

2024-05-11 10:30

ASCE_M

1	00617	ADFOGAR 01			ADFOGAR	3:54.50	14.0
	1037641	ABELEIRA ALVAREZ, Carlos	02	50 m:	28.79 28.79	100 m:	1:00.07 31.28
	1111166	LOPEZ FRANCO, Martin	01	150 m:	1:29.57 29.50	200 m:	2:02.76 33.19
	1078616	FERNANDEZ DOMINGUEZ, Alberto	87	250 m:	2:29.98 27.22	300 m:	3:01.54 31.56
	1144145	SOUTO RAMOS, Manuel	07	350 m:	3:26.88 25.34	400 m:	3:54.50 27.62
2	00784	GALAICO 01			GALAICO	3:58.09	10.0
	1038465	SANCHEZ LOUZAN, Daniel	98	50 m:	28.24 28.24	100 m:	
	1143318	VAZQUEZ FERNANDEZ, Nicolas	06	150 m:	1:29.14 1:00.90	200 m:	2:06.49 37.35
	1086280	AGUILAR URTXEGI, Xabier	00	250 m:	2:32.88 26.39	300 m:	3:02.73 29.85
	1109005	JUNCAL MOREIRA, Pablo	01	350 m:	3:28.89 26.16	400 m:	3:58.09 29.20
3	00878	NPONTEA 01			NPONTEA	4:00.61	8.0
	1084854	GONZALEZ ESTEVEZ, Yoel	07	50 m:	29.61 29.61	100 m:	59.71 30.10
	1143429	FARO MARTINEZ, Yoel	07	150 m:	1:30.12 30.41	200 m:	2:05.30 35.18
	1140852	RODRÍGUEZ DOMÍNGUEZ, Francisco Javier	04	250 m:	2:33.13 27.83	300 m:	3:05.75 32.62
	1037841	PINO LORENZO, Brais	01	350 m:	3:31.15 25.40	400 m:	4:00.61 29.46
4	00617	ADFOGAR 02			ADFOGAR	4:03.49	6.0
	1141092	SOUTO VILAS, Jorge	07	50 m:	28.94 28.94	100 m:	59.28 30.34
	1180216	FUENTEFRIA FERNANDEZ, Anxo	09	150 m:	1:32.71 33.43	200 m:	2:10.44 37.73
	1140897	REY PITA, Simon	04	250 m:	2:36.72 26.28	300 m:	3:08.74 32.02
	1022995	GALAN VICENTE, Pablo	02	350 m:	3:34.56 25.82	400 m:	4:03.49 28.93
5	00784	GALAICO 02			GALAICO	4:10.68	4.0
	1114334	ALVAREZ REPARAZ, Alejandro	04	50 m:	30.92 30.92	100 m:	1:03.32 32.40
	1215955	PISO SEÑORAN, Alejandro	03	150 m:	1:35.54 32.22	200 m:	2:11.29 35.75
	1143345	BARROS DA SILVA, Pedro	07	250 m:	2:39.71 28.42	300 m:	3:12.44 32.73
	1144309	PEREZ GARCIA, Iker	07	350 m:	3:39.85 27.41	400 m:	4:10.68 30.83
6	00878	NPONTEA 02			NPONTEA	4:16.07	2.0
	1068314	MARTINEZ MARTINEZ, Marcos	03	50 m:	30.92 30.92	100 m:	1:03.94 33.02
	1037180	CARRERA COSTAS, Martin	96	150 m:	1:36.91 32.97	200 m:	2:14.93 38.02
	1076409	CANCELA GOMEZ, Hugo	03	250 m:	2:43.93 29.00	300 m:	3:17.83 33.90
	1142991	PEREZ PAZ, Dario	05	350 m:	3:45.41 27.58	400 m:	4:16.07 30.66

40.- 4x100 m Estilos Masculino Permanencia (TIM)

2024-05-11 10:30

PERM_M

1	00186	NCORUÑA 01							
	1146785	ALCALDE MAHIA, Jun Bin	08	50 m:	30.40	30.40	100 m:	1:03.37	32.97
	1095445	LAGO CASTILLO, Diego	07	150 m:	1:35.88	32.51	200 m:	2:11.69	35.81
	1039024	PICALLO MARANTE, Sergio	01	250 m:	2:39.61	27.92	300 m:	3:12.00	32.39
	1143193	GOMEZ LIMIA, Pablo	06	350 m:	3:37.73	25.73	400 m:	4:05.40	27.67
2	00765	RBAIXAS 02							
	1079879	PIÑEIRO RODRIGUEZ, Samuel	07	50 m:	30.28	30.28	100 m:	1:03.35	33.07
	1140925	ALONSO VIDAL, Teo	07	150 m:	1:35.57	32.22	200 m:	2:12.38	36.81
	1079880	RODRIGUEZ VIEITEZ, Hugo	08	250 m:	2:40.79	28.41	300 m:	3:13.10	32.31
	1084761	MASSO ROIG, Martin	07	350 m:	3:29.31	16.21	400 m:	4:07.67	38.36
3	00186	NCORUÑA 02							
	1187886	GARCIA AROCHENA, Jacobo Javier	09	50 m:	31.44	31.44	100 m:	1:05.31	33.87
	1075923	PEDROUZO ARES, Miguel	95	150 m:	1:37.33	32.02	200 m:	2:13.97	36.64
	1140987	ETAYO GARCIA, Oscar	06	250 m:	2:42.45	28.48	300 m:	3:15.49	33.04
	1041309	SENDINO GESTOSO, Roi	01	350 m:	3:42.24	26.75	400 m:	4:12.31	30.07
DNI	00765								
	1143465	SANCHEZ GONZALEZ, Samuel	09						
	1144193	PASTORIZA SANTACLARA, Jorge	97						
	1079855	MENDEZ PUGA, Mario	03						
	1144035	RODRIGUEZ RAÑA, Miguel	09						

41.- 4x100 m Estilos Feminino Título (TIM)

2024-05-11 10:30

ASCE_F

1	00878	NPONTEA 01				NPONTEA	4:22.01	14.0
	1143299	ELJO GIL, Naiara	06	50 m:	32.51	32.51	100 m:	1:07.10 34.59
	1061551	CARBALLO GONZALEZ, Sofia	06	150 m:	1:40.48	33.38	200 m:	2:18.45 37.97
	1076330	FARO MARTINEZ, Carla	03	250 m:	2:48.72	30.27	300 m:	3:24.14 35.42
	1076335	LEMONS FERNANDEZ, Iria	06	350 m:	3:51.98	27.84	400 m:	4:22.01 30.03
2	00784	GALAICO 01				GALAICO	4:37.13	10.0
	1140841	BOUZAS PEDREIRA, Alicia	05	50 m:	34.53	34.53	100 m:	1:11.47 36.94
	1109006	FERNANDEZ PRIETO, Nayara	05	150 m:	1:49.04	37.57	200 m:	2:33.09 44.05
	1143941	GARCIA SILVA, Antia	98	250 m:	3:03.02	29.93	300 m:	3:37.28 34.26
	1031658	BARROS DA SILVA, Sofia	09	350 m:	4:05.77	28.49	400 m:	4:37.13 31.36
3	00878	NPONTEA 02				NPONTEA	4:39.76	8.0
	1108844	BORGE JUSTE, Ines	06	50 m:	32.67	32.67	100 m:	1:07.33 34.66
	1144111	QUINTAS MELON, Maria	10	150 m:	1:43.51	36.18	200 m:	2:27.21 43.70
	1108651	ORTIZ DE GUINEA BASTON, Alba	97	250 m:	2:58.85	31.64	300 m:	3:35.69 36.84
	1190538	BLANCO LAGE, Aitana	09	350 m:	4:05.80	30.11	400 m:	4:39.76 33.96
4	00617	ADFOGAR 01				ADFOGAR	4:44.34	6.0
	1141231	LOPEZ FRANCO, Maria	07	50 m:	36.01	36.01	100 m:	1:15.42 39.41
	1030568	JIMENEZ COPPA, Carla M.	06	150 m:	1:48.82	33.40	200 m:	2:29.12 40.30
	1191910	INSUA REY, Carmela	09	250 m:	3:02.75	33.63	300 m:	3:41.67 38.92
	1144902	MOURELLE PENA, Carla	08	350 m:	4:11.31	29.64	400 m:	4:44.34 33.03
5	00784	GALAICO 02				GALAICO	4:51.07	4.0
	1077381	GOYANES GARCIA, Paula	98	50 m:	33.77	33.77	100 m:	1:10.19 36.42
	1110950	CANO ROSALES, Laura	04	150 m:	1:47.69	37.50	200 m:	2:33.20 45.51
	1033341	ROCHA GONZALEZ, Gisele	09	250 m:	3:07.28	34.08	300 m:	3:48.06 40.78
	1144310	VIDAL RODRIGUEZ, Mara	10	350 m:	4:17.64	29.58	400 m:	4:51.07 33.43
6	00617	ADFOGAR 02				ADFOGAR	4:57.57	2.0
	1113386	REY PITA, Clara	07	50 m:	35.49	35.49	100 m:	1:14.06 38.57
	1037385	PICHEL GARCIA, Elisa	84	150 m:	1:53.58	39.52	200 m:	2:38.68 45.10
	1111697	PEDREIRA GALEGO, Xiana	06	250 m:	3:12.30	33.62	300 m:	3:52.67 40.37
	1144900	RODRIGUEZ VIÑA, Valeria	09	350 m:	4:23.60	30.93	400 m:	4:57.57 33.97

42.- 4x100 m Estilos Feminino Permanencia (TIM)

2024-05-11 10:30

PERM_F

1	00765	RBAIXAS 02			RBAIXAS		4:27.98	14.0
	1143498	BLANCO ROUCO, Carmen	06	50 m:	33.05	33.05	100 m:	1:05.85 32.80
	1141393	GONZALEZ GONZALEZ, Iara	09	150 m:	1:42.49	36.64	200 m:	2:24.52 42.03
	1079883	RODRIGUEZ RODRIGUEZ, Nina	02	250 m:	2:54.83	30.31	300 m:	3:28.83 34.00
	1144197	ALVAREZ PAZOS, Maria	07	350 m:	3:57.18	28.35	400 m:	4:27.98 30.80
2	00186	NCORUÑA 01			NCORUÑA		4:34.93	10.0
	1110130	MARIN MARTINEZ, Rosalia	04	50 m:	31.78	31.78	100 m:	1:05.51 33.73
	1038962	MARTINEZ CANOSA, Raquel	91	150 m:	1:41.84	36.33	200 m:	2:22.55 40.71
	1095446	ALCALDE MAHIA, Ariadna	04	250 m:	2:54.83	32.28	300 m:	3:32.59 37.76
	1146991	CANALDA RAMOS, Laura	09	350 m:	4:01.83	29.24	400 m:	4:34.93 33.10
3	P1106	SDBOIRO 01			SDBOIRO		4:52.41	8.0
	1145002	OUVIÑA PICOS, Nadiuska	10	50 m:	33.82	33.82	100 m:	1:10.31 36.49
	1143806	SÁNCHEZ TOJA, Candela	08	150 m:	1:48.46	38.15	200 m:	2:31.29 42.83
	1175253	GONZÁLEZ OJEA, Carmen	06	250 m:	3:05.05	33.76	300 m:	3:44.43 39.38
	1185589	RAMOS MÍGUEZ, Leyre	06	350 m:	4:16.65	32.22	400 m:	4:52.41 35.76
4	00765	RBAIXAS 01			RBAIXAS		4:55.39	6.0
	1144658	NUÑEZ PARDO, Laura	08	50 m:	36.38	36.38	100 m:	1:14.11 37.73
	1141397	MARTINEZ GARCIA, Uxia	09	150 m:	1:53.33	39.22	200 m:	2:36.56 43.23
	1178913	GIRALDEZ MARTINEZ, Nerea	07	250 m:	3:10.35	33.79	300 m:	3:50.48 40.13
	1202704	LOPEZ ALVAREZ, Paula	09	350 m:	4:21.64	31.16	400 m:	4:55.39 33.75
5	00186	NCORUÑA 02			NCORUÑA		5:11.10	4.0
	1146724	VILLAR ARCEO, Iria	08	50 m:	36.15	36.15	100 m:	1:15.70 39.55
	1143418	FERNANDEZ AGUION, Sara	07	150 m:	1:56.83	41.13	200 m:	2:45.75 48.92
	1187883	ARRUÑADA VAZQUEZ, Carmen	10	250 m:	3:22.83	37.08	300 m:	4:06.61 43.78
	1099709	BARCIA RAMA, Lucia	04	350 m:	4:36.81	30.20	400 m:	5:11.10 34.29

43.- 4x50 m Estilos Masculino Título (TIM)

2024-05-11 17:00

ASCE_M

1	00617	ADFOGAR 01				ADFOGAR	1:46.33	14.0
	1037641	ABELEIRA ALVAREZ, Carlos	02	50 m:	27.30	27.30		
	1111166	LOPEZ FRANCO, Martin	01	100 m:	56.13	28.83		
	1140897	REY PITA, Simon	04	150 m:	1:21.56	25.43		
	1144145	SOUTO RAMOS, Manuel	07	200 m:	1:46.33	24.77		
2	00784	GALAICO 01				GALAICO	1:46.60	10.0
	1038465	SANCHEZ LOUZAN, Daniel	98	50 m:	26.61	26.61		
	1143318	VAZQUEZ FERNANDEZ, Nicolas	06	100 m:	56.93	30.32		
	1086280	AGUILAR URTXEGI, Xabier	00	150 m:	1:22.60	25.67		
	1109005	JUNCAL MOREIRA, Pablo	01	200 m:	1:46.60	24.00		
3	00617	ADFOGAR 02				ADFOGAR	1:49.81	8.0
	1141092	SOUTO VILAS, Jorge	07	50 m:	27.65	27.65		
	1146897	GUIITIAN LOPEZ, Xabier	05	100 m:	59.50	31.85		
	1146789	RIVAS TORRES, Paulo	08	150 m:	1:25.00	25.50		
	1022995	GALAN VICENTE, Pablo	02	200 m:	1:49.81	24.81		
4	00878	NPONTEA 01				NPONTEA	1:50.20	6.0
	1084854	GONZALEZ ESTEVEZ, Yoel	07	50 m:	28.17	28.17		
	1143429	FARO MARTINEZ, Yoel	07	100 m:	58.48	30.31		
	1140852	RODRÍGUEZ DOMÍNGUEZ, Francisco Javier	04	150 m:	1:25.88	27.40		
	1037841	PINO LORENZO, Brais	01	200 m:	1:50.20	24.32		
5	00784	GALAICO 02				GALAICO	1:54.87	4.0
	1111256	MENDEZ-BENEGASSI FDEZ., Adrian	08	50 m:	30.58	30.58		
	1215955	PISO SEÑORAN, Alejandro	03	100 m:	1:01.38	30.80		
	1143345	BARROS DA SILVA, Pedro	07	150 m:	1:29.02	27.64		
	1038930	BOUZAS PEDREIRA, Tomas	98	200 m:	1:54.87	25.85		
6	00878	NPONTEA 02				NPONTEA	1:59.68	2.0
	1068314	MARTINEZ MARTINEZ, Marcos	03	50 m:	30.38	30.38		
	1038181	BOUZA PADRON, Adrian	97	100 m:	1:03.56	33.18		
	1208834	ESPERÓN RODRÍGUEZ, Rodrigo	07	150 m:	1:33.09	29.53		
	1038800	ALONSO RODRIGUEZ, Javier	01	200 m:	1:59.68	26.59		

44.- 4x50 m Estilos Masculino Permanencia (TIM)

2024-05-11 17:00

PERM_M

1	00765	RBAIXAS 01				RBAIXAS	1:51.09	14.0
	1079879	PIÑEIRO RODRIGUEZ, Samuel	07	50 m:	29.66	29.66		
	1144193	PASTORIZA SANTACLARA, Jorge	97	100 m:	1:00.57	30.91		
	1079855	MENDEZ PUGA, Mario	03	150 m:	1:26.89	26.32		
	1079880	RODRIGUEZ VIEITEZ, Hugo	08	200 m:	1:51.09	24.20		
2	00186	NCORUÑA 01				NCORUÑA	1:52.45	10.0
	1187886	GARCIA AROCHENA, Jacobo Javier	09	50 m:	29.68	29.68		
	1075923	PEDROUZO ARES, Miguel	95	100 m:	1:00.90	31.22		
	1140987	ETAYO GARCIA, Oscar	06	150 m:	1:27.90	27.00		
	1041309	SENDINO GESTOSO, Roi	01	200 m:	1:52.45	24.55		
3	00186	NCORUÑA 02				NCORUÑA	1:54.78	8.0
	1146785	ALCALDE MAHIA, Jun Bin	08	50 m:	30.62	30.62		
	1095445	LAGO CASTILLO, Diego	07	100 m:	1:02.18	31.56		
	1039024	PICALLO MARANTE, Sergio	01	150 m:	1:29.42	27.24		
	1143193	GOMEZ LIMIA, Pablo	06	200 m:	1:54.78	25.36		
4	00765	RBAIXAS 02				RBAIXAS	1:56.50	6.0
	1143465	SANCHEZ GONZALEZ, Samuel	09	50 m:	30.70	30.70		
	1140925	ALONSO VIDAL, Teo	07	100 m:	1:02.51	31.81		
	1084761	MASSO ROIG, Martin	07	150 m:	1:31.13	28.62		
	1144035	RODRIGUEZ RAÑA, Miguel	09	200 m:	1:56.50	25.37		

45.- 4x50 m Estilos Feminino Título (TIM)

2024-05-11 17:00

ASCE_F

1	00878	NPONTEA 01				NPONTEA	2:00.39	14.0
	1143299	ELJO GIL, Naiara	06	50 m:	31.59	31.59		
	1061551	CARBALLO GONZALEZ, Sofia	06	100 m:	1:05.17	33.58		
	1076330	FARO MARTINEZ, Carla	03	150 m:	1:34.58	29.41		
	1076335	LEMONS FERNANDEZ, Iria	06	200 m:	2:00.39	25.81		
2	00784	GALAICO 01				GALAICO	2:02.68	10.0
	1077381	GOYANES GARCIA, Paula	98	50 m:	32.19	32.19		
	1109006	FERNANDEZ PRIETO, Nayara	05	100 m:	1:07.17	34.98		
	1143941	GARCIA SILVA, Antia	98	150 m:	1:34.82	27.65		
	1031658	BARROS DA SILVA, Sofia	09	200 m:	2:02.68	27.86		
3	00617	ADFOGAR 01				ADFOGAR	2:08.44	8.0
	1100545	SUAREZ KITAHORI, Nana S.	05	50 m:	34.72	34.72		
	1030568	JIMENEZ COPPA, Carla M.	06	100 m:	1:07.92	33.20		
	1144900	RODRIGUEZ VIÑA, Valeria	09	150 m:	1:39.90	31.98		
	1144902	MOURELLE PENA, Carla	08	200 m:	2:08.44	28.54		
4	00878	NPONTEA 02				NPONTEA	2:08.70	6.0
	1108844	BORGE JUSTE, Ines	06	50 m:	32.29	32.29		
	1144111	QUINTAS MELON, Maria	10	100 m:	1:08.61	36.32		
	1108651	ORTIZ DE GUINEA BASTON, Alba	97	150 m:	1:39.41	30.80		
	1038179	IBÁÑEZ CARRERA, Sara	01	200 m:	2:08.70	29.29		
5	00784	GALAICO 02				GALAICO	2:08.83	4.0
	1140841	BOUZAS PEDREIRA, Alicia	05	50 m:	32.13	32.13		
	1110950	CANO ROSALES, Laura	04	100 m:	1:08.70	36.57		
	1033341	ROCHA GONZALEZ, Gisele	09	150 m:	1:40.90	32.20		
	1144310	VIDAL RODRIGUEZ, Mara	10	200 m:	2:08.83	27.93		
6	00617	ADFOGAR 02				ADFOGAR	2:13.11	2.0
	1113386	REY PITA, Clara	07	50 m:	34.97	34.97		
	1141231	LOPEZ FRANCO, Maria	07	100 m:	1:11.55	36.58		
	1191910	INSUA REY, Carmela	09	150 m:	1:44.12	32.57		
	1101801	BOTANA PEDREIRA, Lola	06	200 m:	2:13.11	28.99		

46.- 4x50 m Estilos Feminino Permanencia (TIM)

2024-05-11 17:00

PERM_F

1	00765	RBAIXAS 02				RBAIXAS	2:03.76	14.0
	1143498	BLANCO ROUCO, Carmen	06	50 m:	31.82	31.82		
	1141393	GONZALEZ GONZALEZ, Iara	09	100 m:	1:08.51	36.69		
	1079883	RODRIGUEZ RODRIGUEZ, Nina	02	150 m:	1:36.64	28.13		
	1144197	ALVAREZ PAZOS, Maria	07	200 m:	2:03.76	27.12		
2	00186	NCORUÑA 02				NCORUÑA	2:06.45	10.0
	1110130	MARIN MARTINEZ, Rosalia	04	50 m:	30.77	30.77		
	1038962	MARTINEZ CANOSA, Raquel	91	100 m:	1:06.97	36.20		
	1095446	ALCALDE MAHIA, Ariadna	04	150 m:	1:37.45	30.48		
	1146991	CANALDA RAMOS, Laura	09	200 m:	2:06.45	29.00		
3	P1106	SDBOIRO 01				SDBOIRO	2:12.34	8.0
	1145002	OUVIÑA PICOS, Nadiuska	10	50 m:	33.00	33.00		
	1143590	PÉREZ LORENZO, Celia	07	100 m:	1:10.43	37.43		
	1175253	GONZÁLEZ OJEA, Carmen	06	150 m:	1:42.67	32.24		
	1144638	GARCÍA ESPAÑA, Elena	09	200 m:	2:12.34	29.67		
4	00186	NCORUÑA 01				NCORUÑA	2:17.30	6.0
	1099709	BARCIA RAMA, Lucia	04	50 m:	33.27	33.27		
	1143418	FERNANDEZ AGUION, Sara	07	100 m:	1:13.69	40.42		
	1101223	ROMERO LOURES, Lucia	04	150 m:	1:46.96	33.27		
	1146724	VILLAR ARCEO, Iria	08	200 m:	2:17.30	30.34		
5	00765	RBAIXAS 01				RBAIXAS	2:29.20	4.0
	1144658	NUÑEZ PARDO, Laura	08	50 m:	34.65	34.65		
	1217433	VARELA FERNANDEZ, Alba	07	100 m:	1:12.77	38.12		
	1108843	ESTEVEZ BASTERO, Ana	05	150 m:	1:50.77	38.00		
	1144044	FERNANDEZ LOPEZ, Uxia	08	200 m:	2:29.20	38.43		

47.- 200 m Braza Masculino Título (TIM)

2024-05-11 17:00

ASCE_M

1	1111166	LOPEZ FRANCO, Martin					01	ADFOGAR		2:22.15		7.0
	50 m:	33.63	33.63	100 m:	1:10.48	36.85	150 m:	1:46.41	35.93	200 m:	2:22.15	35.74
2	1143429	FARO MARTINEZ, Yoel					07	NPONTEA		2:24.56		5.0
	50 m:	32.61	32.61	100 m:	1:09.25	36.64	150 m:	1:46.55	37.30	200 m:	2:24.56	38.01
3	1037180	CARRERA COSTAS, Martin					96	NPONTEA		2:27.15		4.0
	50 m:	34.03	34.03	100 m:	1:11.39	37.36	150 m:	1:49.62	38.23	200 m:	2:27.15	37.53
4	1215955	PISO SEÑORAN, Alejandro					03	GALAICO		2:31.44		3.0
	50 m:	36.10	36.10	100 m:	1:15.29	39.19	150 m:	1:54.19	38.90	200 m:	2:31.44	37.25
5	1180216	FUENTEFRIA FERNANDEZ, Anxo					09	ADFOGAR		2:31.63		2.0
	50 m:	34.19	34.19	100 m:	1:12.12	37.93	150 m:	1:51.50	39.38	200 m:	2:31.63	40.13
6	1143318	VAZQUEZ FERNANDEZ, Nicolas					06	GALAICO		2:35.31		1.0
	50 m:	34.23	34.23	100 m:	1:13.34	39.11	150 m:	1:53.76	40.42	200 m:	2:35.31	41.55

48.- 200 m Braza Masculino Permanencia (TIM)

2024-05-11 17:00

PERM_M

1	1095445	LAGO CASTILLO, Diego					07	NCORUÑA		2:28.29		7.0
	50 m:	34.57	34.57	100 m:	1:11.96	37.39	150 m:	1:50.04	38.08	200 m:	2:28.29	38.25
2	1075923	PEDROUZO ARES, Miguel					95	NCORUÑA		2:29.21		5.0
	50 m:	34.81	34.81	100 m:	1:13.14	38.33	150 m:	1:50.95	37.81	200 m:	2:29.21	38.26
3	1140925	ALONSO VIDAL, Teo					07	RBAIXAS		2:34.30		4.0
	50 m:	35.01	35.01	100 m:	1:13.82	38.81	150 m:	1:53.81	39.99	200 m:	2:34.30	40.49
4	1144193	PASTORIZA SANTACLARA, Jorge					97	RBAIXAS		2:38.32		3.0
	50 m:	34.99	34.99	100 m:	1:13.53	38.54	150 m:	1:54.50	40.97	200 m:	2:38.32	43.82

49.- 200 m Braza Feminino Título (TIM)

2024-05-11 17:00

ASCE_F

1	1061551	CARBALLO GONZALEZ, Sofia	06	NPONTEA	2:40.04	7.0
	50 m:	36.08 36.08 100 m: 1:16.62 40.54	150 m:	1:58.59 41.97	200 m:	2:40.04 41.45
2	1030568	JIMENEZ COPPA, Carla M.	06	ADFOGAR	2:43.95	5.0
	50 m:	37.29 37.29 100 m: 1:19.06 41.77	150 m:	2:01.54 42.48	200 m:	2:43.95 42.41
3	1144111	QUINTAS MELON, Maria	10	NPONTEA	2:54.70	4.0
	50 m:	39.27 39.27 100 m: 1:23.89 44.62	150 m:	2:09.31 45.42	200 m:	2:54.70 45.39
4	1033341	ROCHA GONZALEZ, Gisele	09	GALAICO	2:54.70	3.0
	50 m:	39.88 39.88 100 m: 1:24.70 44.82	150 m:	2:10.35 45.65	200 m:	2:54.70 44.35
5	1141231	LOPEZ FRANCO, Maria	07	ADFOGAR	2:55.69	2.0
	50 m:	39.63 39.63 100 m: 1:24.37 44.74	150 m:	2:10.18 45.81	200 m:	2:55.69 45.51
6	1110950	CANO ROSALES, Laura	04	GALAICO	3:08.70	1.0
	50 m:	40.05 40.05 100 m: 1:27.84 47.79	150 m:	2:17.95 50.11	200 m:	3:08.70 50.75

50.- 200 m Braza Feminino Permanencia (TIM)

2024-05-11 17:00

PERM_F

1	1038962	MARTINEZ CANOSA, Raquel					91	NCORUÑA		2:49.61		7.0
	50 m:	39.41	39.41	100 m:	1:22.25	42.84	150 m:	2:05.57	43.32	200 m:	2:49.61	44.04
2	1141393	GONZALEZ GONZALEZ, Iara					09	RBAIXAS		2:51.45		5.0
	50 m:	39.36	39.36	100 m:	1:22.79	43.43	150 m:	2:07.56	44.77	200 m:	2:51.45	43.89
3	1141397	MARTINEZ GARCIA, Uxia					09	RBAIXAS		3:00.35		4.0
	50 m:	41.62	41.62	100 m:	1:27.80	46.18	150 m:	2:14.44	46.64	200 m:	3:00.35	45.91
4	1185589	RAMOS MÍGUEZ, Leyre					06	SDBOIRO		3:07.12		3.0
	50 m:	43.02	43.02	100 m:	1:29.73	46.71	150 m:	2:18.11	48.38	200 m:	3:07.12	49.01
DNI	1199124	PEREZ FIGUEROA, Sabela					10	NCORUÑA				0.0

51.- 200 m Libre Masculino Título (TIM)

2024-05-11 17:00

ASCE_M

1	1144145	SOUTO RAMOS, Manuel	07	ADFOGAR	1:56.24	7.0
	50 m:	27.20 27.20 100 m: 56.46 29.26	150 m:	1:26.14 29.68	200 m:	1:56.24 30.10
2	1086280	AGUILAR URTXEGI, Xabier	00	GALAICO	1:56.44	5.0
	50 m:	27.70 27.70 100 m: 57.35 29.65	150 m:	1:27.21 29.86	200 m:	1:56.44 29.23
3	1146789	RIVAS TORRES, Paulo	08	ADFOGAR	1:59.93	4.0
	50 m:	28.31 28.31 100 m: 58.50 30.19	150 m:	1:28.99 30.49	200 m:	1:59.93 30.94
4	1068314	MARTINEZ MARTINEZ, Marcos	03	NPONTEA	2:02.15	3.0
	50 m:	28.39 28.39 100 m: 59.17 30.78	150 m:	1:30.41 31.24	200 m:	2:02.15 31.74
5	1141480	VAZQUEZ COSTA, Miguel	06	GALAICO	2:03.46	2.0
	50 m:	28.02 28.02 100 m: 58.58 30.56	150 m:	1:31.11 32.53	200 m:	2:03.46 32.35
6	1142991	PEREZ PAZ, Dario	05	NPONTEA	2:03.67	1.0
	50 m:	28.46 28.46 100 m: 1:00.22 31.76	150 m:	1:32.54 32.32	200 m:	2:03.67 31.13

52.- 200 m Libre Masculino Permanencia (TIM)

2024-05-11 17:00

PERM_M

1	1108773	SANLÉS DIESTE, Hugo					04	SDBOIRO		1:56.02		7.0
	50 m:	28.83	28.83	100 m:	58.60	29.77	150 m:	1:27.26	28.66	200 m:	1:56.02	28.76
2	1084761	MASSO ROIG, Martin					07	RBAIXAS		1:57.53		5.0
	50 m:	28.92	28.92	100 m:	58.95	30.03	150 m:	1:28.59	29.64	200 m:	1:57.53	28.94
3	1143193	GOMEZ LIMIA, Pablo					06	NCORUÑA		1:57.80		4.0
	50 m:	27.63	27.63	100 m:	57.67	30.04	150 m:	1:27.69	30.02	200 m:	1:57.80	30.11
4	1041309	SENDINO GESTOSO, Roi					01	NCORUÑA		2:05.55		3.0
	50 m:	28.90	28.90	100 m:	59.76	30.86	150 m:	1:32.16	32.40	200 m:	2:05.55	33.39
5	1144471	ABELLEIRA GÓMEZ, Miguel A.					06	SDBOIRO		2:08.48		2.0
	50 m:	30.53	30.53	100 m:	1:02.74	32.21	150 m:	1:35.82	33.08	200 m:	2:08.48	32.66
6	1144666	GONZÁLEZ BORGES, David					03	RBAIXAS		2:08.89		1.0
	50 m:	29.89	29.89	100 m:	1:01.95	32.06	150 m:	1:35.04	33.09	200 m:	2:08.89	33.85

53.- 400 m Libre Feminino Título (TIM)

2024-05-11 17:00

ASCE_F

1	1031658	BARROS DA SILVA, Sofia	09	GALAICO	4:31.32	7.0
	50 m:	32.04 32.04	100 m:	1:05.73 33.69	150 m:	1:39.23 33.50
	200 m:	2:13.07 33.84	250 m:	2:47.67 34.60	300 m:	3:22.17 34.50
			350 m:	3:56.71 34.54	400 m:	4:31.32 34.61
2	1108651	ORTIZ DE GUINEA BASTON, Alba	97	NPONTEA	4:38.59	5.0
	50 m:	32.29 32.29	100 m:	1:06.23 33.94	150 m:	1:41.04 34.81
	200 m:	2:16.18 35.14	250 m:	2:51.79 35.61	300 m:	3:27.47 35.68
			350 m:	4:03.27 35.80	400 m:	4:38.59 35.32
3	1191910	INSUA REY, Carmela	09	ADFOGAR	4:39.14	4.0
	50 m:	32.67 32.67	100 m:	1:07.50 34.83	150 m:	1:43.39 35.89
	200 m:	2:19.10 35.71	250 m:	2:54.76 35.66	300 m:	3:30.08 35.32
			350 m:	4:04.35 34.27	400 m:	4:39.14 34.79
4	1143180	ESTEVEZ MONTES, Naroa	08	NPONTEA	4:40.12	3.0
	50 m:	33.59 33.59	100 m:	1:08.93 35.34	150 m:	1:44.65 35.72
	200 m:	2:20.05 35.40	250 m:	2:55.69 35.64	300 m:	3:30.09 34.40
			350 m:	4:04.98 34.89	400 m:	4:40.12 35.14
5	1144310	VIDAL RODRIGUEZ, Mara	10	GALAICO	4:48.93	2.0
	50 m:	34.16 34.16	100 m:	1:10.56 36.40	150 m:	1:47.53 36.97
	200 m:	2:23.95 36.42	250 m:	3:00.35 36.40	300 m:	3:37.12 36.77
			350 m:	4:13.18 36.06	400 m:	4:48.93 35.75
6	1037385	PICHEL GARCIA, Elisa	84	ADFOGAR	5:04.05	1.0
	50 m:	36.69 36.69	100 m:	1:14.61 37.92	150 m:	1:52.96 38.35
	200 m:	2:31.78 38.82	250 m:	3:10.67 38.89	300 m:	3:48.75 38.08
			350 m:	4:26.50 37.75	400 m:	5:04.05 37.55

54.- 400 m Libre Feminino Permanencia (TIM)

2024-05-11 17:00

PERM_F

1	1144197	ALVAREZ PAZOS, Maria					07	RBAIXAS		4:36.31	7.0
	50 m:	31.73	31.73	100 m:	1:06.44	34.71	150 m:	1:41.44	35.00	200 m:	2:16.43 34.99
	250 m:	2:51.46	35.03	300 m:	3:26.59	35.13	350 m:	4:01.69	35.10	400 m:	4:36.31 34.62
2	1144048	PARDAVILA DAVILA, Ainoa					08	RBAIXAS		4:48.08	5.0
	50 m:	33.08	33.08	100 m:	1:08.92	35.84	150 m:	1:44.74	35.82	200 m:	2:21.19 36.45
	250 m:	2:57.55	36.36	300 m:	3:34.12	36.57	350 m:	4:11.03	36.91	400 m:	4:48.08 37.05
3	1143418	FERNANDEZ AGUION, Sara					07	NCORUÑA		4:52.20	4.0
	50 m:	32.61	32.61	100 m:	1:08.58	35.97	150 m:	1:45.50	36.92	200 m:	2:21.67 36.17
	250 m:	2:59.30	37.63	300 m:	3:37.74	38.44	350 m:	4:15.66	37.92	400 m:	4:52.20 36.54
4	1187883	ARRUÑADA VAZQUEZ, Carmen					10	NCORUÑA		5:00.37	3.0
	50 m:	34.10	34.10	100 m:	1:11.17	37.07	150 m:	1:49.59	38.42	200 m:	2:28.33 38.74
	250 m:	3:06.47	38.14	300 m:	3:44.88	38.41	350 m:	4:23.04	38.16	400 m:	5:00.37 37.33

55.- 100 m Costas Masculino Título (TIM)

2024-05-11 17:00

ASCE_M

1	1038465	SANCHEZ LOUZAN, Daniel	98	GALAICO	58.76	7.0
	50 m:	28.32 28.32	100 m:	58.76 30.44		
2	1037641	ABELEIRA ALVAREZ, Carlos	02	ADFOGAR	59.48	5.0
	50 m:	29.00 29.00	100 m:	59.48 30.48		
3	1084854	GONZALEZ ESTEVEZ, Yoel	07	NPONTEA	59.68	4.0
	50 m:	29.61 29.61	100 m:	59.68 30.07		
4	1141092	SOUTO VILAS, Jorge	07	ADFOGAR	59.68	3.0
	50 m:	29.37 29.37	100 m:	59.68 30.31		
5	1114334	ALVAREZ REPARAZ, Alejandro	04	GALAICO	1:03.73	2.0
	50 m:	31.04 31.04	100 m:	1:03.73 32.69		
6	1038181	BOUZA PADRON, Adrian	97	NPONTEA	1:06.44	1.0
	50 m:	32.16 32.16	100 m:	1:06.44 34.28		

56.- 100 m Costas Masculino Permanencia (TIM)

2024-05-11 17:00

PERM_M

1	1079879	PIÑEIRO RODRIGUEZ, Samuel	07	RBAIXAS	1:03.03	7.0
	50 m:	30.88 30.88	100 m:	1:03.03 32.15		
2	1146785	ALCALDE MAHIA, Jun Bin	08	NCORUÑA	1:03.23	5.0
	50 m:	30.85 30.85	100 m:	1:03.23 32.38		
3	1143465	SANCHEZ GONZALEZ, Samuel	09	RBAIXAS	1:04.81	4.0
	50 m:	31.62 31.62	100 m:	1:04.81 33.19		
4	1187886	GARCIA AROCHENA, Jacobo Javier	09	NCORUÑA	1:05.33	3.0
	50 m:	31.78 31.78	100 m:	1:05.33 33.55		

57.- 100 m Costas Feminino Título (TIM)

2024-05-11 17:00

ASCE_F

1	1143299	EIJO GIL, Naiara	06	NPONTEA	1:06.54	7.0
	50 m:	32.31 32.31	100 m:	1:06.54 34.23		
2	1077381	GOYANES GARCIA, Paula	98	GALAICO	1:07.65	5.0
	50 m:	33.29 33.29	100 m:	1:07.65 34.36		
3	1108844	BORGE JUSTE, Ines	06	NPONTEA	1:07.92	4.0
	50 m:	33.10 33.10	100 m:	1:07.92 34.82		
4	1140841	BOUZAS PEDREIRA, Alicia	05	GALAICO	1:09.05	3.0
	50 m:	33.87 33.87	100 m:	1:09.05 35.18		
5	1113386	REY PITA, Clara	07	ADFOGAR	1:14.01	2.0
	50 m:	35.66 35.66	100 m:	1:14.01 38.35		
6	1111697	PEDREIRA GALEGO, Xiana	06	ADFOGAR	1:16.24	1.0
	50 m:	37.45 37.45	100 m:	1:16.24 38.79		

58.- 100 m Costas Feminino Permanencia (TIM)

2024-05-11 17:00

PERM_F

1	1110130	MARIN MARTINEZ, Rosalia	04	NCORUÑA	1:04.00	7.0
	50 m:	31.85 31.85 100 m: 1:04.00 32.15				
2	1143498	BLANCO ROUCO, Carmen	06	RBAIXAS	1:05.53	5.0
	50 m:	32.47 32.47 100 m: 1:05.53 33.06				
3	1144658	NUÑEZ PARDO, Laura	08	RBAIXAS	1:13.03	4.0
	50 m:	35.96 35.96 100 m: 1:13.03 37.07				
4	1146724	VILLAR ARCEO, Iria	08	NCORUÑA	1:16.41	3.0
	50 m:	37.01 37.01 100 m: 1:16.41 39.40				
BAI	1145002	OUVIÑA PICOS, Nadiuska	10	SDBOIRO		0,0

59.- 100 m Bolboreta Masculino Título (TIM)

2024-05-11 17:00

ASCE_M

1	1086280	AGUILAR URTXEGI, Xabier	00	GALAICO	57.84	7.0
	50 m:	27.77 27.77	100 m:	57.84	30.07	
2	1140897	REY PITA, Simon	04	ADFOGAR	58.84	5.0
	50 m:	27.78 27.78	100 m:	58.84	31.06	
3	1146789	RIVAS TORRES, Paulo	08	ADFOGAR	1:00.16	4.0
	50 m:	28.36 28.36	100 m:	1:00.16	31.80	
4	1143345	BARROS DA SILVA, Pedro	07	GALAICO	1:00.92	3.0
	50 m:	28.89 28.89	100 m:	1:00.92	32.03	
5	1140852	RODRÍGUEZ DOMÍNGUEZ, Francisco Javier	04	NPONTEA	1:00.95	2.0
	50 m:	28.17 28.17	100 m:	1:00.95	32.78	
6	1076409	CANCELA GOMEZ, Hugo	03	NPONTEA	1:03.34	1.0
	50 m:	29.38 29.38	100 m:	1:03.34	33.96	

60.- 100 m Bolboreta Masculino Permanencia (TIM)

2024-05-11 17:00

PERM_M

1	1108773	SANLÉS DIESTE, Hugo	04	SDBOIRO	1:00.35	7.0
	50 m:	28.59 28.59	100 m:	1:00.35 31.76		
2	1039024	PICALLO MARANTE, Sergio	01	NCORUÑA	1:01.00	5.0
	50 m:	29.30 29.30	100 m:	1:01.00 31.70		
3	1079880	RODRIGUEZ VIEITEZ, Hugo	08	RBAIXAS	1:01.49	4.0
	50 m:	28.87 28.87	100 m:	1:01.49 32.62		
4	1140987	ETAYO GARCIA, Oscar	06	NCORUÑA	1:02.45	3.0
	50 m:	29.61 29.61	100 m:	1:02.45 32.84		
5	1144860	ALVAREZ VAZQUEZ, Sergio	09	RBAIXAS	1:04.23	2.0
	50 m:	30.51 30.51	100 m:	1:04.23 33.72		

61.- 100 m Bolboreta Feminino Título (TIM)

2024-05-11 17:00

ASCE_F

1	1076335	LEMONS FERNANDEZ, Iria	06	NPONTEA	1:05.31	7.0
	50 m:	30.61 30.61	100 m:	1:05.31	34.70	
2	1076330	FARO MARTINEZ, Carla	03	NPONTEA	1:05.41	5.0
	50 m:	30.70 30.70	100 m:	1:05.41	34.71	
3	1143941	GARCIA SILVA, Antia	98	GALAICO	1:05.81	4.0
	50 m:	30.77 30.77	100 m:	1:05.81	35.04	
4	1033341	ROCHA GONZALEZ, Gisele	09	GALAICO	1:13.72	3.0
	50 m:	34.46 34.46	100 m:	1:13.72	39.26	
5	1101801	BOTANA PEDREIRA, Lola	06	ADFOGAR	1:15.55	2.0
	50 m:	34.87 34.87	100 m:	1:15.55	40.68	
6	1144900	RODRIGUEZ VIÑA, Valeria	09	ADFOGAR	1:16.05	1.0
	50 m:	35.96 35.96	100 m:	1:16.05	40.09	

62.- 100 m Bolboreta Feminino Permanencia (TIM)

2024-05-11 17:00

PERM_F

1	1079883	RODRIGUEZ RODRIGUEZ, Nina	02	RBAIXAS	1:05.39	7.0
	50 m:	31.33 31.33	100 m:	1:05.39 34.06		
2	1095446	ALCALDE MAHIA, Ariadna	04	NCORUÑA	1:10.02	5.0
	50 m:	32.77 32.77	100 m:	1:10.02 37.25		
3	1146991	CANALDA RAMOS, Laura	09	NCORUÑA	1:10.11	4.0
	50 m:	32.86 32.86	100 m:	1:10.11 37.25		
4	1178913	GIRALDEZ MARTINEZ, Nerea	07	RBAIXAS	1:15.17	3.0
	50 m:	34.63 34.63	100 m:	1:15.17 40.54		
5	1175253	GONZÁLEZ OJEA, Carmen	06	SDBOIRO	1:16.46	2.0
	50 m:	35.29 35.29	100 m:	1:16.46 41.17		

63.- 50 m Braza Masculino Título (TIM)

2024-05-11 17:00

ASCE_M

1	1111166	LOPEZ FRANCO, Martin	01	ADFOGAR	28.98	7.0
2	1143429	FARO MARTINEZ, Yoel	07	NPONTEA	30.56	5.0
3	1143318	VAZQUEZ FERNANDEZ, Nicolas	06	GALAICO	31.23	4.0
4	1215955	PISO SEÑORAN, Alejandro	03	GALAICO	31.41	3.0
5	1146897	GUITIAN LOPEZ, Xabier	05	ADFOGAR	32.12	2.0
6	1038181	BOUZA PADRON, Adrian	97	NPONTEA	34.16	1.0

64.- 50 m Braza Masculino Permanencia (TIM)

2024-05-11 17:00

PERM_M

1	1039024	PICALLO MARANTE, Sergio	01	NCORUÑA	31.70	7.0
2	1144193	PASTORIZA SANTACLARA, Jorge	97	RBAIXAS	31.82	5.0
3	1095445	LAGO CASTILLO, Diego	07	NCORUÑA	31.84	4.0
4	1144035	RODRIGUEZ RAÑA, Miguel	09	RBAIXAS	33.65	3.0

65.- 50 m Braza Feminino Título (TIM)

2024-05-11 17:00

ASCE_F

1	1061551	CARBALLO GONZALEZ, Sofia	06	NPONTEA	32.90	7.0
2	1030568	JIMENEZ COPPA, Carla M.	06	ADFOGAR	33.63	5.0
3	1109006	FERNANDEZ PRIETO, Nayara	05	GALAICO	35.93	4.0
4	1141231	LOPEZ FRANCO, Maria	07	ADFOGAR	36.71	3.0
5	1144111	QUINTAS MELON, Maria	10	NPONTEA	37.12	2.0
6	1110950	CANO ROSALES, Laura	04	GALAICO	38.37	1.0

66.- 50 m Braza Feminino Permanencia (TIM)

2024-05-11 17:00

PERM_F

1	1143806	SÁNCHEZ TOJA, Candela	08	SDBOIRO	35.80	7.0
2	1038962	MARTINEZ CANOSA, Raquel	91	NCORUÑA	36.80	5.0
3	1141393	GONZALEZ GONZALEZ, Iara	09	RBAIXAS	37.63	4.0
4	1143590	PÉREZ LORENZO, Celia	07	SDBOIRO	37.69	3.0
5	1141397	MARTINEZ GARCIA, Uxia	09	RBAIXAS	38.89	2.0
6	1101223	ROMERO LOURES, Lucia	04	NCORUÑA	40.97	1.0

67.- 1500 m Libre Masculino Título (TIM)

2024-05-11 17:00

ASCE_M

1	1180216	FUENTEFRIA FERNANDEZ, Anxo					09	ADFOGAR		17:01.79		7.0
	50 m:	31.65	31.65	100 m:	1:05.11	33.46	150 m:	1:38.78	33.67	200 m:	2:12.87	34.09
	250 m:	2:46.96	34.09	300 m:	3:21.19	34.23	350 m:	3:55.54	34.35	400 m:	4:29.65	34.11
	450 m:	5:04.36	34.71	500 m:	5:38.70	34.34	550 m:	6:13.11	34.41	600 m:	6:47.34	34.23
	650 m:	7:21.67	34.33	700 m:	7:55.79	34.12	750 m:	8:29.71	33.92	800 m:	9:03.61	33.90
	850 m:	9:37.37	33.76	900 m:	10:10.97	33.60	950 m:	10:44.81	33.84	1000 m:	11:18.68	33.87
	1050 m:	11:53.03	34.35	1100 m:	12:27.04	34.01	1150 m:	13:01.62	34.58	1200 m:	13:36.10	34.48
	1250 m:	14:10.36	34.26	1300 m:	14:44.99	34.63	1350 m:	15:19.71	34.72	1400 m:	15:54.32	34.61
	1450 m:	16:29.45	35.13	1500 m:	17:01.79	32.34						
2	1079430	PREGO GROBA, Brais					08	NPONTEA		17:06.52		5.0
	50 m:	30.07	30.07	100 m:	1:03.13	33.06	150 m:	1:36.63	33.50	200 m:	2:10.61	33.98
	250 m:	2:44.45	33.84	300 m:	3:18.72	34.27	350 m:	3:52.61	33.89	400 m:	4:27.12	34.51
	450 m:	5:01.75	34.63	500 m:	5:36.37	34.62	550 m:	6:10.72	34.35	600 m:	6:45.32	34.60
	650 m:	7:19.53	34.21	700 m:	7:54.15	34.62	750 m:	8:28.37	34.22	800 m:	9:02.61	34.24
	850 m:	9:37.53	34.92	900 m:	10:11.76	34.23	950 m:	10:46.20	34.44	1000 m:	11:20.93	34.73
	1050 m:	11:55.43	34.50	1100 m:	12:30.38	34.95	1150 m:	13:04.72	34.34	1200 m:	13:39.39	34.67
	1250 m:	14:14.50	35.11	1300 m:	14:48.83	34.33	1350 m:	15:23.61	34.78	1400 m:	15:58.51	34.90
	1450 m:	16:33.17	34.66	1500 m:	17:06.52	33.35						
3	1143181	LEIROS FERNANDEZ, Lucas					08	NPONTEA		17:07.76		4.0
	50 m:	30.42	30.42	100 m:	1:03.83	33.41	150 m:	1:37.38	33.55	200 m:	2:11.46	34.08
	250 m:	2:44.99	33.53	300 m:	3:18.96	33.97	350 m:	3:52.10	33.14	400 m:	4:25.88	33.78
	450 m:	4:59.86	33.98	500 m:	5:34.51	34.65	550 m:	6:08.39	33.88	600 m:	6:42.81	34.42
	650 m:	7:17.48	34.67	700 m:	7:52.00	34.52	750 m:	8:26.47	34.47	800 m:	9:00.96	34.49
	850 m:	9:35.78	34.82	900 m:	10:10.75	34.97	950 m:	10:45.54	34.79	1000 m:	11:20.36	34.82
	1050 m:	11:55.83	35.47	1100 m:	12:30.75	34.92	1150 m:	13:06.01	35.26	1200 m:	13:40.64	34.63
	1250 m:	14:15.53	34.89	1300 m:	14:56.67	41.14	1350 m:	15:25.91	29.24	1400 m:	16:01.16	35.25
	1450 m:	16:35.22	34.06	1500 m:	17:07.76	32.54						
4	1111699	GIL-RIVERA BARBEITO, Pablo					06	ADFOGAR		17:19.52		3.0
	50 m:	31.39	31.39	100 m:	1:05.75	34.36	150 m:	1:39.86	34.11	200 m:	2:14.52	34.66
	250 m:	2:49.16	34.64	300 m:	3:23.02	33.86	350 m:	3:57.36	34.34	400 m:	4:32.59	35.23
	450 m:	5:07.11	34.52	500 m:	5:41.90	34.79	550 m:	6:16.66	34.76	600 m:	6:51.22	34.56
	650 m:	7:25.48	34.26	700 m:	8:00.56	35.08	750 m:	8:35.40	34.84	800 m:	9:10.41	35.01
	850 m:	9:45.28	34.87	900 m:	10:20.17	34.89	950 m:	10:55.36	35.19	1000 m:	11:30.27	34.91
	1050 m:	12:05.24	34.97	1100 m:	12:40.46	35.22	1150 m:	13:15.88	35.42	1200 m:	13:50.98	35.10
	1250 m:	14:26.13	35.15	1300 m:	15:00.36	34.23	1350 m:	15:34.58	34.22	1400 m:	16:09.88	35.30
	1450 m:	16:45.47	35.59	1500 m:	17:19.52	34.05						
5	1130700	ORTEGO PORTA, Andre					07	GALAICO		18:03.04		2.0
	50 m:	31.64	31.64	100 m:	1:06.14	34.50	150 m:	1:40.85	34.71	200 m:	2:16.34	35.49
	250 m:	2:51.97	35.63	300 m:	3:27.90	35.93	350 m:	4:03.73	35.83	400 m:	4:39.84	36.11
	450 m:	5:16.02	36.18	500 m:	5:52.07	36.05	550 m:	6:28.28	36.21	600 m:	7:04.56	36.28
	650 m:	7:41.07	36.51	700 m:	8:17.73	36.66	750 m:	8:54.23	36.50	800 m:	9:31.32	37.09
	850 m:	10:07.64	36.32	900 m:	10:44.22	36.58	950 m:	11:20.45	36.23	1000 m:	11:56.65	36.20
	1050 m:	12:32.97	36.32	1100 m:	13:09.54	36.57	1150 m:	13:45.99	36.45	1200 m:	14:22.84	36.85
	1250 m:	14:59.02	36.18	1300 m:	15:36.01	36.99	1350 m:	16:13.25	37.24	1400 m:	16:50.51	37.26
	1450 m:	17:36.01	45.50	1500 m:	18:03.04	27.03						
DNI	1144309	PEREZ GARCIA, Iker					07	GALAICO				0,0

68.- 1500 m Libre Masculino Permanencia (TIM)

2024-05-11 17:00

PERM_M

1	1079855	MENDEZ PUGA, Mario					03	RBAIXAS		16:11.71		7.0
	50 m:	28.77	28.77	100 m:	59.87	31.10	150 m:	1:31.28	31.41	200 m:	2:03.65	32.37
	250 m:	2:35.70	32.05	300 m:	3:08.40	32.70	350 m:	3:40.54	32.14	400 m:	4:13.14	32.60
	450 m:	4:44.81	31.67	500 m:	5:16.74	31.93	550 m:	5:48.67	31.93	600 m:	6:20.46	31.79
	650 m:	6:52.98	32.52	700 m:	7:24.87	31.89	750 m:	7:56.77	31.90	800 m:	8:28.93	32.16
	850 m:	9:01.13	32.20	900 m:	9:35.20	34.07	950 m:	10:08.05	32.85	1000 m:	10:40.75	32.70
	1050 m:	11:13.42	32.67	1100 m:	11:45.91	32.49	1150 m:	12:19.09	33.18	1200 m:	12:52.68	33.59
	1250 m:	13:25.15	32.47	1300 m:	13:58.58	33.43	1350 m:	14:31.86	33.28	1400 m:	15:06.02	34.16
	1450 m:	15:38.68	32.66	1500 m:	16:11.71	33.03						
2	1084761	MASSO ROIG, Martin					07	RBAIXAS		16:12.56		5.0
	50 m:	29.22	29.22	100 m:	1:00.38	31.16	150 m:	1:32.25	31.87	200 m:	2:04.65	32.40
	250 m:	2:36.99	32.34	300 m:	3:09.40	32.41	350 m:	3:41.78	32.38	400 m:	4:14.34	32.56
	450 m:	4:46.16	31.82	500 m:	5:18.15	31.99	550 m:	5:50.16	32.01	600 m:	6:22.24	32.08
	650 m:	6:54.46	32.22	700 m:	7:26.66	32.20	750 m:	7:58.83	32.17	800 m:	8:31.16	32.33
	850 m:	9:03.89	32.73	900 m:	9:36.84	32.95	950 m:	10:09.51	32.67	1000 m:	10:42.55	33.04
	1050 m:	11:15.26	32.71	1100 m:	11:48.11	32.85	1150 m:	12:21.11	33.00	1200 m:	12:54.16	33.05
	1250 m:	13:27.30	33.14	1300 m:	14:00.70	33.40	1350 m:	14:34.01	33.31	1400 m:	15:07.25	33.24
	1450 m:	15:41.16	33.91	1500 m:	16:12.56	31.40						
3	1143193	GOMEZ LIMIA, Pablo					06	NCORUÑA		17:32.92		4.0
	50 m:	30.82	30.82	100 m:	1:04.23	33.41	150 m:	1:38.07	33.84	200 m:	2:12.75	34.68
	250 m:	2:48.27	35.52	300 m:	3:23.61	35.34	350 m:	3:58.19	34.58	400 m:	4:32.65	34.46
	450 m:	5:08.28	35.63	500 m:	5:43.37	35.09	550 m:	6:18.59	35.22	600 m:	6:53.82	35.23
	650 m:	7:27.99	34.17	700 m:	8:02.72	34.73	750 m:	8:38.65	35.93	800 m:	9:13.87	35.22
	850 m:	9:49.68	35.81	900 m:	10:25.81	36.13	950 m:	11:02.23	36.42	1000 m:	11:37.47	35.24
	1050 m:	12:12.75	35.28	1100 m:	12:49.02	36.27	1150 m:	13:25.52	36.50	1200 m:	14:01.22	35.70
	1250 m:	14:35.74	34.52	1300 m:	15:11.53	35.79	1350 m:	15:47.60	36.07	1400 m:	16:23.36	35.76
	1450 m:	16:58.33	34.97	1500 m:	17:32.92	34.59						
4	1144853	GONZALEZ PREGO, Xose					08	NCORUÑA		18:25.99		3.0
	50 m:	31.35	31.35	100 m:	1:07.61	36.26	150 m:	1:44.23	36.62	200 m:	2:21.18	36.95
	250 m:	2:58.20	37.02	300 m:	3:34.95	36.75	350 m:	4:11.99	37.04	400 m:	4:46.82	34.83
	450 m:	5:25.54	38.72	500 m:	6:00.43	34.89	550 m:	6:38.09	37.66	600 m:	7:15.25	37.16
	650 m:	7:52.49	37.24	700 m:	8:29.01	36.52	750 m:	9:05.11	36.10	800 m:		
	850 m:	10:19.47	1:14.36	900 m:	10:56.58	37.11	950 m:	11:34.40	37.82	1000 m:	12:11.34	36.94
	1050 m:	12:49.05	37.71	1100 m:	13:26.54	37.49	1150 m:	14:04.11	37.57	1200 m:	14:40.97	36.86
	1250 m:	15:18.93	37.96	1300 m:	15:56.77	37.84	1350 m:	16:34.29	37.52	1400 m:	17:11.46	37.17
	1450 m:	17:49.29	37.83	1500 m:	18:25.99	36.70						

69.- 100 m Libre Feminino Título (TIM)

2024-05-11 17:00

ASCE_F

1	1143941	GARCIA SILVA, Antia	98	GALAICO	57.30	7.0
	50 m:	27.88 27.88	100 m:	57.30 29.42		
2	1076335	LEMONS FERNANDEZ, Iria	06	NPONTEA	58.42	5.0
	50 m:	28.19 28.19	100 m:	58.42 30.23		
3	1108844	BORGE JUSTE, Ines	06	NPONTEA	1:00.80	4.0
	50 m:	28.64 28.64	100 m:	1:00.80 32.16		
4	1077381	GOYANES GARCIA, Paula	98	GALAICO	1:02.56	3.0
	50 m:	30.01 30.01	100 m:	1:02.56 32.55		
5	1144902	MOURELLE PENA, Carla	08	ADFOGAR	1:02.92	2.0
	50 m:	30.06 30.06	100 m:	1:02.92 32.86		
6	1101801	BOTANA PEDREIRA, Lola	06	ADFOGAR	1:06.07	1.0
	50 m:	31.76 31.76	100 m:	1:06.07 34.31		

70.- 100 m Libre Feminino Permanencia (TIM)

2024-05-11 17:00

PERM_F

1	1079883	RODRIGUEZ RODRIGUEZ, Nina	02	RBAIXAS	59.89	7.0
	50 m:	29.67 29.67	100 m:	59.89 30.22		
2	1143498	BLANCO ROUCO, Carmen	06	RBAIXAS	1:01.60	5.0
	50 m:	29.85 29.85	100 m:	1:01.60 31.75		
3	1095446	ALCALDE MAHIA, Ariadna	04	NCORUÑA	1:04.20	4.0
	50 m:	30.63 30.63	100 m:	1:04.20 33.57		
4	1143590	PÉREZ LORENZO, Celia	07	SDBOIRO	1:04.27	3.0
	50 m:	30.18 30.18	100 m:	1:04.27 34.09		
5	1143418	FERNANDEZ AGUION, Sara	07	NCORUÑA	1:06.17	2.0
	50 m:	31.55 31.55	100 m:	1:06.17 34.62		
6	1144638	GARCÍA ESPAÑA, Elena	09	SDBOIRO	1:06.85	1.0
	50 m:	31.93 31.93	100 m:	1:06.85 34.92		

71.- 50 m Libre Masculino Título (TIM)

2024-05-11 17:00

ASCE_M

1	1038465	SANCHEZ LOUZAN, Daniel	98	GALAICO	24.22	7.0
2	1037841	PINO LORENZO, Brais	01	NPONTEA	24.49	5.0
3	1144145	SOUTO RAMOS, Manuel	07	ADFOGAR	24.69	4.0
4	1109005	JUNCAL MOREIRA, Pablo	01	GALAICO	24.82	3.0
5	1022995	GALAN VICENTE, Pablo	02	ADFOGAR	24.87	2.0
6	1140852	RODRÍGUEZ DOMÍNGUEZ, Francisco Javier	04	NPONTEA	24.95	1.0

72.- 50 m Libre Masculino Permanencia (TIM)

2024-05-11 17:00

PERM_M

1	1079880	RODRIGUEZ VIEITEZ, Hugo	08	RBAIXAS	24.62	7.0
2	1140987	ETAYO GARCIA, Oscar	06	NCORUÑA	25.11	5.0
3	1041309	SENDINO GESTOSO, Roi	01	NCORUÑA	25.37	4.0
4	1140925	ALONSO VIDAL, Teo	07	RBAIXAS	25.58	3.0
5	1196086	CAO HERMO, Breixo	10	SDBOIRO	25.58	2.0
6	1144471	ABELLEIRA GÓMEZ, Miguel A.	06	SDBOIRO	27.01	1.0

73.- 400 m Estilos Feminino Título (TIM)

2024-05-11 17:00

ASCE_F

1	1076330	FARO MARTINEZ, Carla	03	NPONTEA	5:08.33	7.0
	50 m:	31.82 31.82	100 m:	1:08.23 36.41	150 m:	1:49.27 41.04
	200 m:	2:29.59 40.32	250 m:	3:12.61 43.02	300 m:	3:56.11 43.50
			350 m:	4:32.95 36.84	400 m:	5:08.33 35.38
2	1143180	ESTEVEZ MONTES, Naroa	08	NPONTEA	5:11.19	5.0
	50 m:	34.50 34.50	100 m:	1:12.57 38.07	150 m:	1:53.53 40.96
	200 m:	2:33.24 39.71	250 m:	3:17.11 43.87	300 m:	4:01.19 44.08
			350 m:	4:36.65 35.46	400 m:	5:11.19 34.54
3	1031658	BARROS DA SILVA, Sofia	09	GALAICO	5:17.27	4.0
	50 m:	34.01 34.01	100 m:	1:13.84 39.83	150 m:	1:55.68 41.84
	200 m:	2:36.89 41.21	250 m:	3:21.68 44.79	300 m:	4:07.51 45.83
			350 m:	4:42.67 35.16	400 m:	5:17.27 34.60
4	1191910	INSUA REY, Carmela	09	ADFOGAR	5:32.82	3.0
	50 m:	34.92 34.92	100 m:	1:14.66 39.74	150 m:	1:59.43 44.77
	200 m:	2:43.11 43.68	250 m:	3:30.03 46.92	300 m:	4:18.72 48.69
			350 m:	4:57.02 38.30	400 m:	5:32.82 35.80
5	1144310	VIDAL RODRIGUEZ, Mara	10	GALAICO	5:40.84	2.0
	50 m:	35.86 35.86	100 m:	1:21.05 45.19	150 m:	2:04.52 43.47
	200 m:	2:47.19 42.67	250 m:	3:37.44 50.25	300 m:	4:27.40 49.96
			350 m:	5:04.68 37.28	400 m:	5:40.84 36.16
6	1144902	MOURELLE PENA, Carla	08	ADFOGAR	5:58.05	1.0
	50 m:	38.18 38.18	100 m:	1:22.97 44.79	150 m:	2:12.59 49.62
	200 m:	3:03.42 50.83	250 m:	3:51.17 47.75	300 m:	4:38.85 47.68
			350 m:	5:19.34 40.49	400 m:	5:58.05 38.71

74.- 400 m Estilos Feminino Permanencia (TIM)

2024-05-11 17:00

PERM_F

1	1144197	ALVAREZ PAZOS, Maria					07	RBAIXAS		5:12.92	7.0
	50 m:	32.56	32.56	100 m:	1:10.56	38.00	150 m:	1:52.45	41.89	200 m:	2:32.24 39.79
	250 m:	3:15.60	43.36	300 m:	4:00.86	45.26	350 m:	4:37.82	36.96	400 m:	5:12.92 35.10
2	1110130	MARIN MARTINEZ, Rosalia					04	NCORUÑA		5:26.59	5.0
	50 m:	32.54	32.54	100 m:	1:11.10	38.56	150 m:	1:52.58	41.48	200 m:	2:33.77 41.19
	250 m:	3:21.25	47.48	300 m:	4:09.67	48.42	350 m:	4:48.36	38.69	400 m:	5:26.59 38.23
3	1146991	CANALDA RAMOS, Laura					09	NCORUÑA		5:29.20	4.0
	50 m:	34.00	34.00	100 m:	1:15.62	41.62	150 m:	1:58.13	42.51	200 m:	2:38.72 40.59
	250 m:	3:26.40	47.68	300 m:	4:14.97	48.57	350 m:	4:53.47	38.50	400 m:	5:29.20 35.73
4	1202704	LOPEZ ALVAREZ, Paula					09	RBAIXAS		5:38.21	3.0
	50 m:	37.59	37.59	100 m:	1:19.43	41.84	150 m:	2:01.72	42.29	200 m:	2:43.33 41.61
	250 m:	3:33.36	50.03	300 m:	4:24.02	50.66	350 m:	5:02.29	38.27	400 m:	5:38.21 35.92

75.- 400 m Estilos Masculino Título (TIM)

2024-05-11 17:00

ASCE_M

1	1037180	CARRERA COSTAS, Martin	96	NPONTEA	4:46.68	7.0
	50 m:	30.38 30.38	100 m:	1:05.05 34.67	150 m:	1:42.96 37.91
	200 m:	2:20.79 37.83	250 m:	2:59.78 38.99	300 m:	3:39.50 39.72
			350 m:	4:12.82 33.32	400 m:	4:46.68 33.86
2	1141092	SOUTO VILAS, Jorge	07	ADFOGAR	4:52.04	5.0
	50 m:	31.04 31.04	100 m:	1:05.99 34.95	150 m:	1:42.17 36.18
	200 m:	2:18.70 36.53	250 m:	3:03.34 44.64	300 m:	3:45.96 42.62
			350 m:	4:20.83 34.87	400 m:	4:52.04 31.21
3	1142991	PEREZ PAZ, Dario	05	NPONTEA	4:52.20	4.0
	50 m:	30.31 30.31	100 m:	1:07.15 36.84	150 m:	1:46.03 38.88
	200 m:	2:24.75 38.72	250 m:	3:05.86 41.11	300 m:	3:47.77 41.91
			350 m:	4:21.32 33.55	400 m:	4:52.20 30.88
4	1146897	GUITIAN LOPEZ, Xabier	05	ADFOGAR	4:54.98	3.0
	50 m:	31.53 31.53	100 m:	1:07.85 36.32	150 m:	1:46.22 38.37
	200 m:	2:24.07 37.85	250 m:	3:06.15 42.08	300 m:	3:48.57 42.42
			350 m:	4:23.02 34.45	400 m:	4:54.98 31.96
5	1114334	ALVAREZ REPARAZ, Alejandro	04	GALAICO	4:55.14	2.0
	50 m:	31.57 31.57	100 m:	1:08.14 36.57	150 m:	1:46.95 38.81
	200 m:	2:24.49 37.54	250 m:	3:06.09 41.60	300 m:	3:48.85 42.76
			350 m:	4:23.18 34.33	400 m:	4:55.14 31.96
DNI	1130724	ROCHA GONZALEZ, Olivier	08	GALAICO		0,0

76.- 400 m Estilos Masculino Permanencia (TIM)

2024-05-11 17:00

PERM_M

1	1079855	MENDEZ PUGA, Mario					03	RBAIXAS		4:53.24	7.0	
	50 m:	30.43	30.43	100 m:	1:05.70	35.27	150 m:	1:44.77	39.07	200 m:	2:21.72	36.95
	250 m:	2:59.66	37.94	300 m:	3:39.53	39.87	350 m:	4:17.53	38.00	400 m:	4:53.24	35.71
2	1144035	RODRIGUEZ RAÑA, Miguel					09	RBAIXAS		4:56.91	5.0	
	50 m:	33.64	33.64	100 m:	1:11.87	38.23	150 m:	1:49.86	37.99	200 m:	2:26.92	37.06
	250 m:	3:09.55	42.63	300 m:	3:51.88	42.33	350 m:	4:25.30	33.42	400 m:	4:56.91	31.61
3	1187886	GARCIA AROCHENA, Jacobo Javier					09	NCORUÑA		5:03.48	4.0	
	50 m:	32.24	32.24	100 m:	1:08.58	36.34	150 m:	1:46.83	38.25	200 m:	2:23.92	37.09
	250 m:	3:00.38	36.46	300 m:	3:55.64	55.26	350 m:	4:30.06	34.42	400 m:	5:03.48	33.42
4	1144853	GONZALEZ PREGO, Xose					08	NCORUÑA		5:05.97	3.0	
	50 m:	33.71	33.71	100 m:	1:13.26	39.55	150 m:	1:54.88	41.62	200 m:	2:34.59	39.71
	250 m:	3:15.24	40.65	300 m:	3:57.02	41.78	350 m:	4:32.40	35.38	400 m:	5:05.97	33.57

77.- 4x100 m Libre Feminino Título (TIM)

2024-05-11 17:00

ASCE_F

1	00878	NPONTEA 01				NPONTEA	4:01.15	14.0
	1076330	FARO MARTINEZ, Carla	03	50 m:	29.51	29.51	100 m:	1:00.59 31.08
	1108844	BORGE JUSTE, Ines	06	150 m:	1:28.87	28.28	200 m:	2:01.21 32.34
	1061551	CARBALLO GONZALEZ, Sofia	06	250 m:	2:30.81	29.60	300 m:	3:02.47 31.66
	1076335	LEMONS FERNANDEZ, Iria	06	350 m:	3:30.52	28.05	400 m:	4:01.15 30.63
2	00784	GALAICO 01				GALAICO	4:05.49	10.0
	1144310	VIDAL RODRIGUEZ, Mara	10	50 m:	30.62	30.62	100 m:	1:04.08 33.46
	1143941	GARCIA SILVA, Antia	98	150 m:	1:31.55	27.47	200 m:	2:01.37 29.82
	1077381	GOYANES GARCIA, Paula	98	250 m:	2:31.18	29.81	300 m:	3:03.50 32.32
	1031658	BARROS DA SILVA, Sofia	09	350 m:	3:32.96	29.46	400 m:	4:05.49 32.53
3	00784	GALAICO 02				GALAICO	4:15.94	8.0
	1033341	ROCHA GONZALEZ, Gisele	09	50 m:	31.57	31.57	100 m:	1:05.85 34.28
	1109006	FERNANDEZ PRIETO, Nayara	05	150 m:	1:35.74	29.89	200 m:	2:08.40 32.66
	1110950	CANO ROSALES, Laura	04	250 m:	2:37.79	29.39	300 m:	3:10.44 32.65
	1140841	BOUZAS PEDREIRA, Alicia	05	350 m:	3:41.15	30.71	400 m:	4:15.94 34.79
4	00617	ADFOGAR 01				ADFOGAR	4:16.98	6.0
	1144902	MOURELLE PENA, Carla	08	50 m:	30.83	30.83	100 m:	1:04.60 33.77
	1191910	INSUA REY, Carmela	09	150 m:	1:35.70	31.10	200 m:	2:08.62 32.92
	1030568	JIMENEZ COPPA, Carla M.	06	250 m:	2:38.44	29.82	300 m:	3:11.91 33.47
	1101801	BOTANA PEDREIRA, Lola	06	350 m:	3:43.90	31.99	400 m:	4:16.98 33.08
5	00878	NPONTEA 02				NPONTEA	4:18.88	4.0
	1143299	ELJO GIL, Naiara	06	50 m:	30.63	30.63	100 m:	1:04.61 33.98
	1108651	ORTIZ DE GUINEA BASTON, Alba	97	150 m:	1:35.36	30.75	200 m:	2:08.45 33.09
	1038179	IBÁÑEZ CARRERA, Sara	01	250 m:	2:39.01	30.56	300 m:	3:13.91 34.90
	1190538	BLANCO LAGE, Aitana	09	350 m:	3:44.75	30.84	400 m:	4:18.88 34.13
6	00617	ADFOGAR 02				ADFOGAR	4:29.17	2.0
	1144900	RODRIGUEZ VIÑA, Valeria	09	50 m:	32.04	32.04	100 m:	1:06.58 34.54
	1141231	LOPEZ FRANCO, Maria	07	150 m:	1:37.52	30.94	200 m:	2:12.86 35.34
	1111697	PEDREIRA GALEGO, Xiana	06	250 m:	2:45.38	32.52	300 m:	3:21.08 35.70
	1037385	PICHEL GARCIA, Elisa	84	350 m:	3:53.45	32.37	400 m:	4:29.17 35.72

78.- 4x100 m Libre Feminino Permanencia (TIM)

2024-05-11 17:00

PERM_F

1	00765	RBAIXAS 02				RBAIXAS	4:03.90	14.0
	1141397	MARTINEZ GARCIA, Uxia	09	50 m:	29.54	29.54	100 m:	1:01.32 31.78
	1079883	RODRIGUEZ RODRIGUEZ, Nina	02	150 m:	1:30.77	29.45	200 m:	2:01.58 30.81
	1143498	BLANCO ROUCO, Carmen	06	250 m:	2:31.71	30.13	300 m:	3:03.71 32.00
	1144197	ALVAREZ PAZOS, Maria	07	350 m:	3:32.77	29.06	400 m:	4:03.90 31.13
2	00186	NCORUÑA 02				NCORUÑA	4:15.69	10.0
	1110130	MARIN MARTINEZ, Rosalia	04	50 m:	29.32	29.32	100 m:	1:01.34 32.02
	1146991	CANALDA RAMOS, Laura	09	150 m:	1:31.72	30.38	200 m:	2:04.87 33.15
	1095446	ALCALDE MAHIA, Ariadna	04	250 m:	2:35.22	30.35	300 m:	3:10.32 35.10
	1038962	MARTINEZ CANOSA, Raquel	91	350 m:	3:40.55	30.23	400 m:	4:15.69 35.14
3	P1106	SDBOIRO 01				SDBOIRO	4:17.29	8.0
	1143590	PÉREZ LORENZO, Celia	07	50 m:	31.04	31.04	100 m:	1:06.13 35.09
	1145002	OUVIÑA PICOS, Nadiuska	10	150 m:	1:34.01	27.88	200 m:	2:03.98 29.97
	1185589	RAMOS MÍGUEZ, Leyre	06	250 m:	2:35.85	31.87	300 m:	3:11.07 35.22
	1144638	GARCÍA ESPAÑA, Elena	09	350 m:	3:42.47	31.40	400 m:	4:17.29 34.82
4	00765	RBAIXAS 01				RBAIXAS	4:19.26	6.0
	1141393	GONZALEZ GONZALEZ, Iara	09	50 m:	30.22	30.22	100 m:	1:02.93 32.71
	1178913	GIRALDEZ MARTINEZ, Nerea	07	150 m:	1:33.34	30.41	200 m:	2:06.32 32.98
	1202704	LOPEZ ALVAREZ, Paula	09	250 m:	2:38.44	32.12	300 m:	3:12.29 33.85
	1144658	NUÑEZ PARDO, Laura	08	350 m:	3:44.18	31.89	400 m:	4:19.26 35.08
5	00186	NCORUÑA 01				NCORUÑA	4:32.38	4.0
	1143418	FERNANDEZ AGUION, Sara	07	50 m:	31.64	31.64	100 m:	1:06.09 34.45
	1099709	BARCIA RAMA, Lucia	04	150 m:	1:37.15	31.06	200 m:	2:12.67 35.52
	1146724	VILLAR ARCEO, Iria	08	250 m:	2:44.86	32.19	300 m:	3:21.60 36.74
	1101223	ROMERO LOURES, Lucia	04	350 m:	3:54.19	32.59	400 m:	4:32.38 38.19

79.- 4x100 m Libre Masculino Título (TIM)

2024-05-11 17:00

ASCE_M

1	00784	GALAICO 01				GALAICO	3:33.02	14.0
	1109005	JUNCAL MOREIRA, Pablo	01	50 m:	26.31	26.31	100 m:	54.41 28.10
	1038465	SANCHEZ LOUZAN, Daniel	98	150 m:	1:19.52	25.11	200 m:	1:46.25 26.73
	1215955	PISO SEÑORAN, Alejandro	03	250 m:	2:12.38	26.13	300 m:	2:40.56 28.18
	1086280	AGUILAR URTXEGI, Xabier	00	350 m:	3:05.53	24.97	400 m:	3:33.02 27.49
2	00617	ADFOGAR 01				ADFOGAR	3:34.25	10.0
	1144145	SOUTO RAMOS, Manuel	07	50 m:	25.54	25.54	100 m:	53.23 27.69
	1037641	ABELEIRA ALVAREZ, Carlos	02	150 m:	1:18.10	24.87	200 m:	1:46.12 28.02
	1141092	SOUTO VILAS, Jorge	07	250 m:	2:12.59	26.47	300 m:	2:40.66 28.07
	1111166	LOPEZ FRANCO, Martin	01	350 m:	3:06.34	25.68	400 m:	3:34.25 27.91
3	00617	ADFOGAR 02				ADFOGAR	3:37.87	8.0
	1146789	RIVAS TORRES, Paulo	08	50 m:	25.91	25.91	100 m:	54.41 28.50
	1140897	REY PITA, Simon	04	150 m:	1:20.08	25.67	200 m:	1:47.80 27.72
	1146897	GUIITIAN LOPEZ, Xabier	05	250 m:	2:14.42	26.62	300 m:	2:43.61 29.19
	1022995	GALAN VICENTE, Pablo	02	350 m:	3:09.31	25.70	400 m:	3:37.87 28.56
4	00878	NPONTEA 01				NPONTEA	3:38.58	6.0
	1140852	RODRÍGUEZ DOMÍNGUEZ, Francisco Javier	04	50 m:	25.92	25.92	100 m:	55.17 29.25
	1037841	PINO LORENZO, Brais	01	150 m:	1:20.51	25.34	200 m:	1:50.12 29.61
	1084854	GONZALEZ ESTEVEZ, Yoel	07	250 m:	2:15.72	25.60	300 m:	2:44.32 28.60
	1143429	FARO MARTINEZ, Yoel	07	350 m:	3:09.35	25.03	400 m:	3:38.58 29.23
5	00784	GALAICO 02				GALAICO	3:41.87	4.0
	1130724	ROCHA GONZALEZ, Olivier	08	50 m:	26.84	26.84	100 m:	56.56 29.72
	1143345	BARROS DA SILVA, Pedro	07	150 m:	1:22.93	26.37	200 m:	1:51.59 28.66
	1144309	PEREZ GARCIA, Iker	07	250 m:	2:17.13	25.54	300 m:	2:46.19 29.06
	1143318	VAZQUEZ FERNANDEZ, Nicolas	06	350 m:	3:12.21	26.02	400 m:	3:41.87 29.66
6	00878	NPONTEA 02				NPONTEA	3:50.31	2.0
	1068314	MARTINEZ MARTINEZ, Marcos	03	50 m:	26.86	26.86	100 m:	57.10 30.24
	1076409	CANCELA GOMEZ, Hugo	03	150 m:	1:23.47	26.37	200 m:	1:53.55 30.08
	1037180	CARRERA COSTAS, Martin	96	250 m:	2:20.73	27.18	300 m:	2:51.49 30.76
	1038800	ALONSO RODRIGUEZ, Javier	01	350 m:	3:18.60	27.11	400 m:	3:50.31 31.71

80.- 4x100 m Libre Masculino Permanencia (TIM)

2024-05-11 17:00

PERM_M

1	00765	RBAIXAS 01				RBAIXAS		3:37.79	14.0
	1079880	RODRIGUEZ VIEITEZ, Hugo	08	50 m:	25.78	25.78	100 m:	54.05	28.27
	1084761	MASSO ROIG, Martin	07	150 m:	1:20.93	26.88	200 m:	1:49.45	28.52
	1079855	MENDEZ PUGA, Mario	03	250 m:	2:15.32	25.87	300 m:	2:43.13	27.81
	1140925	ALONSO VIDAL, Teo	07	350 m:	3:09.30	26.17	400 m:	3:37.79	28.49
2	00186	NCORUÑA 01				NCORUÑA		3:40.67	10.0
	1146785	ALCALDE MAHIA, Jun Bin	08	50 m:	27.09	27.09	100 m:	55.87	28.78
	1095445	LAGO CASTILLO, Diego	07	150 m:	1:22.10	26.23	200 m:	1:50.90	28.80
	1187886	GARCIA AROCHENA, Jacobo Javier	09	250 m:	2:17.77	26.87	300 m:	2:46.69	28.92
	1144853	GONZALEZ PREGO, Xose	08	350 m:	3:11.72	25.03	400 m:	3:40.67	28.95
3	00765	RBAIXAS 02				RBAIXAS		3:46.11	8.0
	1079879	PIÑEIRO RODRIGUEZ, Samuel	07	50 m:	26.50	26.50	100 m:	55.00	28.50
	1143465	SANCHEZ GONZALEZ, Samuel	09	150 m:	1:22.98	27.98	200 m:	1:53.21	30.23
	1144193	PASTORIZA SANTACLARA, Jorge	97	250 m:	2:20.11	26.90	300 m:	2:49.32	29.21
	1144035	RODRIGUEZ RAÑA, Miguel	09	350 m:	3:16.58	27.26	400 m:	3:46.11	29.53
4	00186	NCORUÑA 02				NCORUÑA		4:04.82	6.0
	1140987	ETAYO GARCIA, Oscar	06	50 m:	28.13	28.13	100 m:	59.49	31.36
	1039024	PICALLO MARANTE, Sergio	01	150 m:	1:28.92	29.43	200 m:	2:00.57	31.65
	1041309	SENDINO GESTOSO, Roi	01	250 m:	2:30.23	29.66	300 m:	3:02.77	32.54
	1143193	GOMEZ LIMIA, Pablo	06	350 m:	3:32.42	29.65	400 m:	4:04.82	32.40

Clasificacións

TÍTULO

1	C. N. PONTEAREAS	00878	387.0
2	C. N. GALAICO	00784	334.0
3	AGRUP. DEP. FOGAR	00617	332.0

PERMANENCIA

1	C. N. VIGO RÍAS BAIXAS	00765	446.0
2	C. N. CORUÑA	00186	392.0
3	SOC. DEP. CUL. N. BOIRO	P1106	119.0