

## 1. 100 m Libre Feminino

### 20+

|   |         |                                 |      |          |         |      |            |                 |    |
|---|---------|---------------------------------|------|----------|---------|------|------------|-----------------|----|
| 1 | 1089303 | ABASOLO RUEDA CLAUDIA           | 2000 | NCORUÑA  | 1:06.50 | M 25 | 2024-05-11 | Riazor          | 13 |
|   |         | 50L: 31.69                      |      |          |         |      |            |                 |    |
| 2 | 1228009 | SOUTIÑO RAMIREZ CARMEN VICTORIA | 2001 | POR-MIÑA | 1:15.45 | M 25 | 2024-05-19 | Carballo Calero | 10 |
|   |         | 50L: 33.90                      |      |          |         |      |            |                 |    |
| 3 | 1254264 | MUÑIZ MARTÍNEZ LUCIA            | 2000 | ARTEIXO  | 1:28.31 | M 25 | 2024-05-11 | Riazor          | 8  |
|   |         | 50L: 40.81                      |      |          |         |      |            |                 |    |
| 4 | 1230349 | VICENTE RODRIGUEZ ANDREA        | 2002 | NPONTEA  | 1:28.33 | M 25 | 2024-05-12 | Álvaro Pino     | 7  |
|   |         | 50L: 41.28                      |      |          |         |      |            |                 |    |

### 25+

|   |         |                                |      |         |         |      |            |                 |    |
|---|---------|--------------------------------|------|---------|---------|------|------------|-----------------|----|
| 1 | 1039096 | LAGO LOPEZ RAQUEL              | 1995 | RBAIXAS | 1:09.07 | M 25 | 2024-05-12 | Álvaro Pino     | 13 |
|   |         | 50L: 32.69                     |      |         |         |      |            |                 |    |
| 2 | 1037836 | VEIGA RODRIGUEZ ROSALIA        | 1999 | NCORUÑA | 1:09.34 | M 25 | 2024-05-11 | Riazor          | 10 |
|   |         | 50L: 34.05                     |      |         |         |      |            |                 |    |
| 3 | 1039634 | LAGO CASTILLO NATALIA          | 1999 | NCORUÑA | 1:10.05 | M 25 | 2024-05-11 | Riazor          | 8  |
|   |         | 50L: 33.09                     |      |         |         |      |            |                 |    |
| 4 | 1037987 | MENDEZ SEIJO NEREA             | 1999 | RBAIXAS | 1:10.51 | M 25 | 2024-05-12 | Álvaro Pino     | 7  |
|   |         | 50L: 33.55                     |      |         |         |      |            |                 |    |
| 5 | 1038608 | SUAREZ GARCIA SOFIA            | 1997 | RBAIXAS | 1:12.17 | M 25 | 2024-05-12 | Álvaro Pino     | 6  |
|   |         | 50L: 35.08                     |      |         |         |      |            |                 |    |
| 6 | 1243122 | DARRIBA CASTRO MARIA           | 1996 | RBAIXAS | 1:38.37 | M 25 | 2024-05-12 | Álvaro Pino     | 5  |
|   |         | 50L: 45.82                     |      |         |         |      |            |                 |    |
| 7 | 1257939 | PUENTE MARIN CRISTINA          | 1995 | CFVLUGO | 1:46.09 | M 25 | 2024-05-19 | Carballo Calero | 4  |
|   |         | 50L: 48.26                     |      |         |         |      |            |                 |    |
| 8 | 1222772 | RODRIGUEZ-TOUBES FORRYAN IRENE | 1999 | NPONTEA | 1:54.71 | M 25 | 2024-05-12 | Álvaro Pino     | 3  |
|   |         | 50L: 54.26                     |      |         |         |      |            |                 |    |

### 30+

|   |         |                            |      |         |         |      |            |             |    |
|---|---------|----------------------------|------|---------|---------|------|------------|-------------|----|
| 1 | 1256967 | DEL RIO REGUEIRA SARA      | 1991 | NCORUÑA | 1:06.13 | M 25 | 2024-05-11 | Riazor      | 13 |
|   |         | 50L: 31.79                 |      |         |         |      |            |             |    |
| 2 | 1040719 | CUBA KOSTER ESMERALDA      | 1992 | CNXOVE  | 1:24.39 | M 25 | 2024-05-11 | Riazor      | 10 |
|   |         | 50L: 39.66                 |      |         |         |      |            |             |    |
| 3 | 1141053 | IGLESIAS SUÁREZ LAURA      | 1992 | CDELMAR | 1:29.46 | M 25 | 2024-05-11 | Riazor      | 8  |
|   |         | 50L: 43.14                 |      |         |         |      |            |             |    |
| 4 | 1218233 | SANCHEZ DE LLANO M. NIEVES | 1992 | CASINOC | 1:31.57 | M 25 | 2024-05-11 | Riazor      | 7  |
|   |         | 50L: 42.55                 |      |         |         |      |            |             |    |
| 5 | 1257417 | ALONSO GONZALEZ INES       | 1992 | CNMOS   | 1:35.57 | M 25 | 2024-05-12 | Álvaro Pino | 6  |
|   |         | 50L: 44.66                 |      |         |         |      |            |             |    |
| 6 | 1256963 | ARIAS CHAO SARA            | 1991 | CASINOC | 1:43.04 | M 25 | 2024-05-11 | Riazor      | 5  |

50L: 46.99

### 35+

|   |         |                           |      |          |         |      |            |             |    |
|---|---------|---------------------------|------|----------|---------|------|------------|-------------|----|
| 1 | 1040731 | GESTO ALONSO CLARISA      | 1989 | NPONTEA  | 1:13.34 | M 25 | 2024-05-12 | Álvaro Pino | 13 |
|   |         | 50L: 35.09                |      |          |         |      |            |             |    |
| 2 | 1144948 | GONZALEZ PEREZ JESSICA    | 1987 | RBAIXAS  | 1:19.11 | M 25 | 2024-05-12 | Álvaro Pino | 10 |
|   |         | 50L: 37.63                |      |          |         |      |            |             |    |
| 3 | 1129954 | GONZALEZ GARCIA COVADONGA | 1989 | GALAICO  | 1:35.47 | M 25 | 2024-05-12 | Álvaro Pino | 8  |
|   |         | 50L: 46.38                |      |          |         |      |            |             |    |
| 4 | 1254267 | LÓPEZ DOPICO FATIMA       | 1985 | TRICORUÑ | 1:42.30 | M 25 | 2024-05-11 | Riazor      | 7  |
|   |         | 50L: 47.46                |      |          |         |      |            |             |    |
| 5 | 1258330 | BEN CILLERO NATALIA       | 1989 | CNXOVE   | 1:44.00 | M 25 | 2024-05-11 | Riazor      | 6  |
|   |         | 50L: 48.07                |      |          |         |      |            |             |    |
| 6 | 1110693 | FERNANDEZ GUARDIOLA LOIRA | 1989 | NPONTEA  | 1:58.41 | M 25 | 2024-05-12 | Álvaro Pino | 5  |
|   |         | 50L: 54.98                |      |          |         |      |            |             |    |

### 40+

|   |         |                             |      |          |         |      |            |                 |    |
|---|---------|-----------------------------|------|----------|---------|------|------------|-----------------|----|
| 1 | 1013486 | GONZALEZ RODRIGUEZ MARIA    | 1982 | CIDSANTI | 1:06.06 | M 25 | 2024-05-19 | Carballo Calero | 13 |
|   |         | 50L: 31.29                  |      |          |         |      |            |                 |    |
| 2 | 1144200 | RODRIGUEZ LOPEZ BELEN       | 1981 | RBAIXAS  | 1:18.05 | M 25 | 2024-05-12 | Álvaro Pino     | 10 |
|   |         | 50L: 35.92                  |      |          |         |      |            |                 |    |
| 3 | 1236642 | ABBATEMARCO CRISTINA        | 1984 | SALESTRA | 1:20.30 | M 25 | 2024-05-19 | Carballo Calero | 8  |
|   |         | 50L: 37.40                  |      |          |         |      |            |                 |    |
| 4 | 1041646 | MOLANES PIÑEIRO MARIA ELENA | 1984 | NPONTEA  | 1:31.92 | M 25 | 2024-05-12 | Álvaro Pino     | 7  |
|   |         | 50L: 42.83                  |      |          |         |      |            |                 |    |
| 5 | 1075224 | BROZOS VAZQUEZ ELENA MARÍA  | 1982 | CIDSANTI | 1:40.36 | M 25 | 2024-05-19 | Carballo Calero | 6  |
|   |         | 50L: 48.50                  |      |          |         |      |            |                 |    |
| 6 | 1243198 | MARTIN VILAS MARIA JESUS    | 1982 | CNORDES  | 1:49.44 | M 25 | 2024-05-19 | Carballo Calero | 5  |
|   |         | 50L: 49.71                  |      |          |         |      |            |                 |    |
| 7 | 1250481 | MENDEZ ABELAIRA JESSICA     | 1982 | VALDEORR | 2:08.42 | M 25 | 2024-05-19 | Carballo Calero | 4  |
|   |         | 50L: 1:00.17                |      |          |         |      |            |                 |    |

### 45+

|   |         |                             |      |          |         |      |            |                 |    |
|---|---------|-----------------------------|------|----------|---------|------|------------|-----------------|----|
| 1 | 1057273 | MARCOS VARELA LAURA         | 1976 | RBAIXAS  | 1:11.49 | M 25 | 2024-05-12 | Álvaro Pino     | 13 |
|   |         | 50L: 35.20                  |      |          |         |      |            |                 |    |
| 2 | 1205780 | ROMAR GASALLA AURORA FATIMA | 1977 | CMARINA  | 1:18.62 | M 25 | 2024-05-11 | Riazor          | 10 |
|   |         | 50L: 37.17                  |      |          |         |      |            |                 |    |
| 3 | 1040944 | VARELA REDONDO VERONICA     | 1975 | NPONTEA  | 1:22.40 | M 25 | 2024-05-12 | Álvaro Pino     | 8  |
|   |         | 50L: 39.09                  |      |          |         |      |            |                 |    |
| 4 | 1146901 | LUACES MENDEZ CRISTINA      | 1978 | MPVETUS  | 1:27.03 | M 25 | 2024-05-12 | Álvaro Pino     | 7  |
|   |         | 50L: 40.08                  |      |          |         |      |            |                 |    |
| 5 | 1224731 | RIVEIRA CAAMAÑO REBECA      | 1977 | CNORDES  | 1:31.69 | M 25 | 2024-05-19 | Carballo Calero | 6  |
|   |         | 50L: 43.94                  |      |          |         |      |            |                 |    |
| 6 | 1258213 | NAVEIRA VANESA              | 1977 | TRICORUÑ | 1:33.50 | M 25 | 2024-05-11 | Riazor          | 5  |

50L: 44.01

|   |         |                               |      |          |         |      |            |        |   |
|---|---------|-------------------------------|------|----------|---------|------|------------|--------|---|
| 7 | 1197606 | CARBALLO BALOIRA SUSANA MARÍA | 1975 | HERCULES | 1:34.99 | M 25 | 2024-05-11 | Riazor | 4 |
|---|---------|-------------------------------|------|----------|---------|------|------------|--------|---|

50L: 45.20

|   |         |                             |      |         |         |      |            |        |   |
|---|---------|-----------------------------|------|---------|---------|------|------------|--------|---|
| 8 | 1217442 | VILLASANTE ARMAS MARIA ROSA | 1975 | NCORUÑA | 1:37.66 | M 25 | 2024-05-11 | Riazor | 3 |
|---|---------|-----------------------------|------|---------|---------|------|------------|--------|---|

50L: 46.14

|   |         |                         |      |         |         |      |            |             |   |
|---|---------|-------------------------|------|---------|---------|------|------------|-------------|---|
| 9 | 1178771 | BESADA FERNÁNDEZ ANA M. | 1978 | NPONTEA | 1:37.88 | M 25 | 2024-05-12 | Álvaro Pino | 2 |
|---|---------|-------------------------|------|---------|---------|------|------------|-------------|---|

50L: 46.74

## 50+

|   |         |                             |      |          |         |      |            |        |    |
|---|---------|-----------------------------|------|----------|---------|------|------------|--------|----|
| 1 | 1197600 | SANDERSON KEOUGH HELEN JANE | 1970 | CULLERED | 1:19.06 | M 25 | 2024-05-11 | Riazor | 13 |
|---|---------|-----------------------------|------|----------|---------|------|------------|--------|----|

50L: 37.89

|   |         |                       |      |         |         |      |            |        |    |
|---|---------|-----------------------|------|---------|---------|------|------------|--------|----|
| 2 | 1145023 | SALES MANTIÑAN CARMEN | 1974 | CASINOC | 1:22.68 | M 25 | 2024-05-11 | Riazor | 10 |
|---|---------|-----------------------|------|---------|---------|------|------------|--------|----|

50L: 39.69

|   |         |                              |      |         |         |      |            |             |   |
|---|---------|------------------------------|------|---------|---------|------|------------|-------------|---|
| 3 | 1143584 | FERNANDEZ SESTELO MARIA JOSE | 1970 | NPONTEA | 1:57.22 | M 25 | 2024-05-12 | Álvaro Pino | 8 |
|---|---------|------------------------------|------|---------|---------|------|------------|-------------|---|

50L: 53.31

## 55+

|   |         |                          |      |         |         |      |            |             |    |
|---|---------|--------------------------|------|---------|---------|------|------------|-------------|----|
| 1 | 1038729 | DEL AMO BLANCO MARGARITA | 1967 | NPONTEA | 1:36.62 | M 25 | 2024-05-12 | Álvaro Pino | 13 |
|---|---------|--------------------------|------|---------|---------|------|------------|-------------|----|

50L: 45.71

|   |         |                            |      |         |         |      |            |             |    |
|---|---------|----------------------------|------|---------|---------|------|------------|-------------|----|
| 2 | 1076506 | MARTY PAZOS MARIA VICTORIA | 1965 | CTRAVIE | 1:37.75 | M 25 | 2024-05-12 | Álvaro Pino | 10 |
|---|---------|----------------------------|------|---------|---------|------|------------|-------------|----|

50L: 47.12

|   |         |                         |      |         |         |      |            |             |   |
|---|---------|-------------------------|------|---------|---------|------|------------|-------------|---|
| 3 | 1079968 | CHUB SAVCHENKO LYUDMYLA | 1965 | GALAICO | 1:47.02 | M 25 | 2024-05-12 | Álvaro Pino | 8 |
|---|---------|-------------------------|------|---------|---------|------|------------|-------------|---|

50L: 49.92

|   |         |                                    |      |         |         |      |            |             |   |
|---|---------|------------------------------------|------|---------|---------|------|------------|-------------|---|
| 4 | 1253458 | IGNACIO QUINTEIRO MARIA DEL CARMEN | 1965 | MPVETUS | 1:48.03 | M 25 | 2024-05-12 | Álvaro Pino | 7 |
|---|---------|------------------------------------|------|---------|---------|------|------------|-------------|---|

50L: 49.99

## 60+

|   |         |                          |      |          |         |      |            |        |    |
|---|---------|--------------------------|------|----------|---------|------|------------|--------|----|
| 1 | 1145099 | LOPEZ MAHIA PURIFICACION | 1963 | HERCULES | 1:36.09 | M 25 | 2024-05-11 | Riazor | 13 |
|---|---------|--------------------------|------|----------|---------|------|------------|--------|----|

50L: 44.60

|   |         |                       |      |         |         |      |            |                 |    |
|---|---------|-----------------------|------|---------|---------|------|------------|-----------------|----|
| 2 | 1127105 | PEREIRA ALONSO ISABEL | 1961 | ADFOGAR | 1:38.20 | M 25 | 2024-05-19 | Carballo Calero | 10 |
|---|---------|-----------------------|------|---------|---------|------|------------|-----------------|----|

50L: 47.75

|   |         |                        |      |         |         |      |            |        |   |
|---|---------|------------------------|------|---------|---------|------|------------|--------|---|
| 3 | 1170586 | OREIRO PAZOS M. GLORIA | 1960 | ARTEIXO | 1:42.51 | M 25 | 2024-05-11 | Riazor | 8 |
|---|---------|------------------------|------|---------|---------|------|------------|--------|---|

50L: 49.36

|   |         |                       |      |          |         |      |            |                 |   |
|---|---------|-----------------------|------|----------|---------|------|------------|-----------------|---|
| 4 | 1144231 | PEREZ GALLARDO TERESA | 1964 | POURENSE | 2:10.69 | M 25 | 2024-05-19 | Carballo Calero | 7 |
|---|---------|-----------------------|------|----------|---------|------|------------|-----------------|---|

50L: 1:02.77

## 65+

|   |         |                                |      |         |         |      |            |             |    |
|---|---------|--------------------------------|------|---------|---------|------|------------|-------------|----|
| 1 | 1076494 | SUEIRO COSTAS MARIA DEL CARMEN | 1956 | NPONTEA | 2:20.73 | M 25 | 2024-05-12 | Álvaro Pino | 13 |
|---|---------|--------------------------------|------|---------|---------|------|------------|-------------|----|

50L: 1:05.90

|   |         |                       |      |         |         |      |            |             |    |
|---|---------|-----------------------|------|---------|---------|------|------------|-------------|----|
| 2 | 1249213 | GUARDIOLA MEDEL NURIA | 1956 | NPONTEA | 2:57.02 | M 25 | 2024-05-12 | Álvaro Pino | 10 |
|---|---------|-----------------------|------|---------|---------|------|------------|-------------|----|

50L: 1:18.65

## 75+

|   |         |                             |      |         |         |      |            |             |    |
|---|---------|-----------------------------|------|---------|---------|------|------------|-------------|----|
| 1 | 1076482 | GONZALEZ RODRIGUEZ S. MARTA | 1946 | NPONTEA | 2:53.64 | M 25 | 2024-05-12 | Álvaro Pino | 13 |
|---|---------|-----------------------------|------|---------|---------|------|------------|-------------|----|



## LIGA GALEGA MÁSTER XOR. 5 (UNIFICADOS)

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50L: 1:24.15

## 2. 100 m Libre Masculino

### 20+

|   |         |                            |      |         |         |      |            |             |    |
|---|---------|----------------------------|------|---------|---------|------|------------|-------------|----|
| 1 | 1068314 | MARTINEZ MARTINEZ MARCOS   | 2003 | NPONTEA | 58.83   | M 25 | 2024-05-12 | Álvaro Pino | 13 |
|   |         | 50L: 28.46                 |      |         |         |      |            |             |    |
| 2 | 1061561 | INCUTTI TELLADO DENIS      | 2000 | NPONTEA | 1:00.79 | M 25 | 2024-05-12 | Álvaro Pino | 10 |
|   |         | 50L: 29.23                 |      |         |         |      |            |             |    |
| 3 | 1097741 | GONZÁLEZ MARTÍNEZ CRISTIAN | 2003 | ARTEIXO | 1:03.81 | M 25 | 2024-05-11 | Riazor      | 8  |
|   |         | 50L: 30.56                 |      |         |         |      |            |             |    |
| 4 | 1230348 | GONZALEZ ALONSO ALEJANDRO  | 2002 | NPONTEA | 1:13.28 | M 25 | 2024-05-12 | Álvaro Pino | 7  |
|   |         | 50L: 35.18                 |      |         |         |      |            |             |    |
| 5 | 1208836 | GÓMEZ MÉNDEZ BORJA         | 2002 | NPONTEA | 2:02.35 | M 25 | 2024-05-12 | Álvaro Pino | 6  |
|   |         | 50L: 57.19                 |      |         |         |      |            |             |    |

### 25+

|   |         |                      |      |          |         |      |            |                 |    |
|---|---------|----------------------|------|----------|---------|------|------------|-----------------|----|
| 1 | 1039755 | RIVAS MACEIRAS ISAAC | 1999 | HERCULES | 59.22   | M 25 | 2024-05-11 | Riazor          | 13 |
|   |         | 50L: 27.81           |      |          |         |      |            |                 |    |
| 2 | 1232980 | PICALLO MATO ADRIAN  | 1995 | SALESTRA | 1:08.25 | M 25 | 2024-05-19 | Carballo Calero | 10 |
|   |         | 50L: 33.44           |      |          |         |      |            |                 |    |

### 30+

|   |         |                       |      |          |         |      |            |                 |    |
|---|---------|-----------------------|------|----------|---------|------|------------|-----------------|----|
| 1 | 1093458 | MUIÑO ALONSO ANTON    | 1994 | NCORUÑA  | 57.72   | M 25 | 2024-05-11 | Riazor          | 13 |
|   |         | 50L: 28.04            |      |          |         |      |            |                 |    |
| 2 | 1130602 | TENORIO FREIRE MARTIN | 1992 | GALAICO  | 59.03   | M 25 | 2024-05-12 | Álvaro Pino     | 10 |
|   |         | 50L: 28.79            |      |          |         |      |            |                 |    |
| 3 | 1107418 | LAGO LOPEZ DIEGO      | 1991 | NCORUÑA  | 1:00.41 | M 25 | 2024-05-11 | Riazor          | 8  |
|   |         | 50L: 28.62            |      |          |         |      |            |                 |    |
| 4 | 1255452 | MARCOS PAZOS PABLO    | 1991 | HERCULES | 1:01.59 | M 25 | 2024-05-11 | Riazor          | 7  |
|   |         | 50L: 29.02            |      |          |         |      |            |                 |    |
| 5 | 1038638 | CASTRO VILLAR DAVID   | 1991 | CFVLUGO  | 1:02.32 | M 25 | 2024-05-19 | Carballo Calero | 6  |
|   |         | 50L: 30.09            |      |          |         |      |            |                 |    |
| 6 | 1251210 | ANDRES DUASO OLMO     | 1993 | ARTEIXO  | 1:09.37 | M 25 | 2024-05-11 | Riazor          | 5  |
|   |         | 50L: 32.31            |      |          |         |      |            |                 |    |
| 7 | 1249163 | BELLO PORTO DAVID     | 1990 | NCORUÑA  | 1:09.41 | M 25 | 2024-05-11 | Riazor          | 4  |
|   |         | 50L: 34.29            |      |          |         |      |            |                 |    |
| 8 | 1222771 | LAGO GONZALEZ IVAN    | 1993 | NPONTEA  | 1:48.74 | M 25 | 2024-05-12 | Álvaro Pino     | 3  |
|   |         | 50L: 49.22            |      |          |         |      |            |                 |    |

### 35+

|   |         |                       |      |         |         |      |            |        |    |
|---|---------|-----------------------|------|---------|---------|------|------------|--------|----|
| 1 | 1143515 | BLANCO PEREZ JESUS    | 1986 | NTNARON | 1:01.66 | M 25 | 2024-05-11 | Riazor | 13 |
|   |         | 50L: 28.93            |      |         |         |      |            |        |    |
| 2 | 1185622 | DÍAZ RODRÍGUEZ ANDRÉS | 1989 | NTNARON | 1:03.70 | M 25 | 2024-05-11 | Riazor | 10 |

|            |         |                                 |      |          |         |      |            |                 |    |  |
|------------|---------|---------------------------------|------|----------|---------|------|------------|-----------------|----|--|
| 50L: 31.06 |         |                                 |      |          |         |      |            |                 |    |  |
| 3          | 1199549 | MARTINEZ DOPAZO DAVID           | 1987 | GALAICO  | 1:04.33 | M 25 | 2024-05-12 | Álvaro Pino     | 8  |  |
| 50L: 30.54 |         |                                 |      |          |         |      |            |                 |    |  |
| 4          | 1226258 | BERNARDEZ FERRO JUAN JOSE       | 1987 | CIDSANTI | 1:05.08 | M 25 | 2024-05-19 | Carballo Calero | 7  |  |
| 50L: 30.14 |         |                                 |      |          |         |      |            |                 |    |  |
| 5          | 1126597 | FERNANDEZ GAYOSO JOSE MANUEL    | 1986 | CNMOS    | 1:06.25 | M 25 | 2024-05-12 | Álvaro Pino     | 6  |  |
| 50L: 32.36 |         |                                 |      |          |         |      |            |                 |    |  |
| 6          | 1097263 | LAMEIRO SEOANE JAVIER           | 1987 | HERCULES | 1:07.35 | M 25 | 2024-05-11 | Riazor          | 5  |  |
| 50L: 31.82 |         |                                 |      |          |         |      |            |                 |    |  |
| 7          | 1240711 | MIRAS LOPEZ RAUL                | 1987 | NCORUÑA  | 1:07.73 | M 25 | 2024-05-11 | Riazor          | 4  |  |
| 50L: 31.66 |         |                                 |      |          |         |      |            |                 |    |  |
| 8          | 1036745 | BARCIA SIXTO FRANCISCO JOSÉ     | 1985 | NTNARON  | 1:08.25 | M 25 | 2024-05-11 | Riazor          | 3  |  |
| 50L: 31.98 |         |                                 |      |          |         |      |            |                 |    |  |
| 9          | 1226234 | COTELO SENANDE ALBERTO          | 1988 | ADFOGAR  | 1:09.77 | M 25 | 2024-05-19 | Carballo Calero | 2  |  |
| 50L: 30.94 |         |                                 |      |          |         |      |            |                 |    |  |
| 10         | 1086708 | ABUIN ARES MANUEL               | 1987 | CIDSANTI | 1:12.93 | M 25 | 2024-05-19 | Carballo Calero | 1  |  |
| 50L: 35.01 |         |                                 |      |          |         |      |            |                 |    |  |
| 11         | 1145090 | MARTÍNEZ DOMÍNGUEZ IVÁN         | 1988 | NPONTEA  | 1:16.29 | M 25 | 2024-05-12 | Álvaro Pino     | 0  |  |
| 50L: 35.84 |         |                                 |      |          |         |      |            |                 |    |  |
| 12         | 1241048 | PUIG GONZALEZ PABLO             | 1986 | CASINOC  | 1:19.90 | M 25 | 2024-05-11 | Riazor          | 0  |  |
| 50L: 36.89 |         |                                 |      |          |         |      |            |                 |    |  |
| 13         | 1178928 | FIDALGO SERRANO GUILLERMO       | 1986 | CTRAVIE  | 1:20.29 | M 25 | 2024-05-12 | Álvaro Pino     | 0  |  |
| 50L: 38.22 |         |                                 |      |          |         |      |            |                 |    |  |
| 14         | 1236854 | GIRALDEZ VILLANUEVA IVAN        | 1987 | NPONTEA  | 2:03.41 | M 25 | 2024-05-12 | Álvaro Pino     | 0  |  |
| 50L: 58.32 |         |                                 |      |          |         |      |            |                 |    |  |
| <b>40+</b> |         |                                 |      |          |         |      |            |                 |    |  |
| 1          | 1141151 | CALLE FACAL TELMO               | 1983 | GALAICO  | 1:00.02 | M 25 | 2024-05-12 | Álvaro Pino     | 13 |  |
| 50L: 28.85 |         |                                 |      |          |         |      |            |                 |    |  |
| 2          | 1041444 | FERNANDEZ VARELA PABLO J.       | 1984 | ADFOGAR  | 1:02.43 | M 25 | 2024-05-19 | Carballo Calero | 10 |  |
| 50L: 30.32 |         |                                 |      |          |         |      |            |                 |    |  |
| 3          | 1182358 | CANOSA RODRÍGUEZ JUAN JOSÉ      | 1980 | NTNARON  | 1:03.16 | M 25 | 2024-05-11 | Riazor          | 8  |  |
| 50L: 29.79 |         |                                 |      |          |         |      |            |                 |    |  |
| 4          | 1224733 | ARANGO GAYAR SAUL               | 1980 | RBAIXAS  | 1:10.46 | M 25 | 2024-05-12 | Álvaro Pino     | 7  |  |
| 50L: 33.23 |         |                                 |      |          |         |      |            |                 |    |  |
| 5          | 1190909 | CARBALLA BARROSO ROGELIO MANUEL | 1981 | GALAICO  | 1:12.73 | M 25 | 2024-05-12 | Álvaro Pino     | 6  |  |
| 50L: 34.84 |         |                                 |      |          |         |      |            |                 |    |  |
| 6          | 1084041 | SUAREZ GARCIA SERGIO            | 1980 | MPVETUS  | 1:15.98 | M 25 | 2024-05-12 | Álvaro Pino     | 5  |  |
| 50L: 36.03 |         |                                 |      |          |         |      |            |                 |    |  |
| 7          | 1141126 | GOLPE IGLESIAS JOSE ANTONIO     | 1982 | MPVETUS  | 1:19.19 | M 25 | 2024-05-12 | Álvaro Pino     | 4  |  |
| 50L: 38.31 |         |                                 |      |          |         |      |            |                 |    |  |
| 8          | 1238132 | FIDALGO SERRANO MANUEL A.       | 1981 | CTRAVIE  | 1:23.83 | M 25 | 2024-05-12 | Álvaro Pino     | 3  |  |
| 50L: 40.43 |         |                                 |      |          |         |      |            |                 |    |  |
| 9          | 1107557 | MELLA BARBEITO JAVIER           | 1983 | ARTEIXO  | 1:23.95 | M 25 | 2024-05-11 | Riazor          | 2  |  |

50L: 41.16

|            |         |                                |      |         |         |      |            |             |   |
|------------|---------|--------------------------------|------|---------|---------|------|------------|-------------|---|
| 10         | 1239346 | CASTIÑEIRAS ACUÑA MIGUEL ANGEL | 1981 | GALAICO | 1:25.62 | M 25 | 2024-05-12 | Álvaro Pino | 1 |
| 50L: 40.40 |         |                                |      |         |         |      |            |             |   |

|            |         |                        |      |         |         |      |            |             |   |
|------------|---------|------------------------|------|---------|---------|------|------------|-------------|---|
| 11         | 1076542 | GONZALEZ CONDE RODRIGO | 1982 | NPONTEA | 1:28.97 | M 25 | 2024-05-12 | Álvaro Pino | 0 |
| 50L: 41.90 |         |                        |      |         |         |      |            |             |   |

#### 45+

|            |         |                         |      |          |         |      |            |                 |    |
|------------|---------|-------------------------|------|----------|---------|------|------------|-----------------|----|
| 1          | 1144267 | FINS SEOANE JUAN MIGUEL | 1977 | SALESTRA | 1:03.50 | M 25 | 2024-05-19 | Carballo Calero | 13 |
| 50L: 30.30 |         |                         |      |          |         |      |            |                 |    |

|            |         |                      |      |         |         |      |            |        |    |
|------------|---------|----------------------|------|---------|---------|------|------------|--------|----|
| 2          | 1144212 | MON FERNÁNDEZ JAVIER | 1976 | ARTEIXO | 1:03.72 | M 25 | 2024-05-11 | Riazor | 10 |
| 50L: 30.27 |         |                      |      |         |         |      |            |        |    |

|            |         |                       |      |          |         |      |            |        |   |
|------------|---------|-----------------------|------|----------|---------|------|------------|--------|---|
| 3          | 1205935 | GUIRADO CARABEL OSCAR | 1976 | CULLERED | 1:04.75 | M 25 | 2024-05-11 | Riazor | 8 |
| 50L: 30.67 |         |                       |      |          |         |      |            |        |   |

|            |         |                  |      |          |         |      |            |                 |   |
|------------|---------|------------------|------|----------|---------|------|------------|-----------------|---|
| 4          | 1247553 | MUIÑO LOPEZ IAGO | 1977 | CIDSANTI | 1:08.83 | M 25 | 2024-05-19 | Carballo Calero | 7 |
| 50L: 32.75 |         |                  |      |          |         |      |            |                 |   |

|            |         |                      |      |         |         |      |            |        |   |
|------------|---------|----------------------|------|---------|---------|------|------------|--------|---|
| 5          | 1143662 | BALSA MOSQUERA PABLO | 1978 | CMARINA | 1:09.05 | M 25 | 2024-05-11 | Riazor | 6 |
| 50L: 32.50 |         |                      |      |         |         |      |            |        |   |

|            |         |                  |      |          |         |      |            |        |   |
|------------|---------|------------------|------|----------|---------|------|------------|--------|---|
| 6          | 1144297 | LAMAS SOTO CESAR | 1975 | CULLERED | 1:09.34 | M 25 | 2024-05-11 | Riazor | 5 |
| 50L: 32.70 |         |                  |      |          |         |      |            |        |   |

|            |         |                       |      |          |         |      |            |                 |   |
|------------|---------|-----------------------|------|----------|---------|------|------------|-----------------|---|
| 7          | 1076564 | CABANELAS EIRAS PABLO | 1979 | CIDSANTI | 1:10.07 | M 25 | 2024-05-19 | Carballo Calero | 4 |
| 50L: 34.43 |         |                       |      |          |         |      |            |                 |   |

|            |         |                      |      |          |         |      |            |                 |   |
|------------|---------|----------------------|------|----------|---------|------|------------|-----------------|---|
| 8          | 1258069 | ORGEIRA CRESPO PEDRO | 1976 | POURENSE | 1:12.51 | M 25 | 2024-05-19 | Carballo Calero | 3 |
| 50L: 34.85 |         |                      |      |          |         |      |            |                 |   |

|            |         |                    |      |         |         |      |            |                 |   |
|------------|---------|--------------------|------|---------|---------|------|------------|-----------------|---|
| 9          | 1079491 | GOMEZ MARTIN RUBEN | 1978 | CFVLUGO | 1:12.52 | M 25 | 2024-05-19 | Carballo Calero | 2 |
| 50L: 33.90 |         |                    |      |         |         |      |            |                 |   |

|            |         |                            |      |         |         |      |            |                 |   |
|------------|---------|----------------------------|------|---------|---------|------|------------|-----------------|---|
| 10         | 1224729 | FERNADEZ BARREIROS CLAUDIO | 1975 | CNORDES | 1:12.57 | M 25 | 2024-05-19 | Carballo Calero | 1 |
| 50L: 35.39 |         |                            |      |         |         |      |            |                 |   |

|            |         |                             |      |          |         |      |            |        |   |
|------------|---------|-----------------------------|------|----------|---------|------|------------|--------|---|
| 11         | 1215947 | VAZQUEZ PEREZ LUIS FERNANDO | 1979 | CULLERED | 1:13.42 | M 25 | 2024-05-11 | Riazor | 0 |
| 50L: 34.95 |         |                             |      |          |         |      |            |        |   |

|            |         |                      |      |         |         |      |            |                 |   |
|------------|---------|----------------------|------|---------|---------|------|------------|-----------------|---|
| 12         | 1201621 | ALONSO ORTIZ MARIANO | 1976 | CFVLUGO | 1:16.73 | M 25 | 2024-05-19 | Carballo Calero | 0 |
| 50L: 36.87 |         |                      |      |         |         |      |            |                 |   |

|            |         |                               |      |          |         |      |            |        |   |
|------------|---------|-------------------------------|------|----------|---------|------|------------|--------|---|
| 13         | 1253935 | DOCAMPO DÍAZ FRANCISCO GERMÁN | 1976 | TRICORUÑ | 1:17.97 | M 25 | 2024-05-11 | Riazor | 0 |
| 50L: 40.03 |         |                               |      |          |         |      |            |        |   |

|            |         |                                  |      |         |         |      |            |             |   |
|------------|---------|----------------------------------|------|---------|---------|------|------------|-------------|---|
| 14         | 1197558 | FERNANDEZ FERNANDEZ MIGUEL ANGEL | 1977 | RBAIXAS | 1:26.47 | M 25 | 2024-05-12 | Álvaro Pino | 0 |
| 50L: 40.27 |         |                                  |      |         |         |      |            |             |   |

|            |         |                    |      |         |         |      |            |             |   |
|------------|---------|--------------------|------|---------|---------|------|------------|-------------|---|
| 15         | 1235958 | BRIOSO DÍAZ MANUEL | 1977 | CNREDON | 1:28.42 | M 25 | 2024-05-12 | Álvaro Pino | 0 |
| 50L: 42.16 |         |                    |      |         |         |      |            |             |   |

|            |         |                        |      |          |         |      |            |                 |   |
|------------|---------|------------------------|------|----------|---------|------|------------|-----------------|---|
| 16         | 1251233 | GONZALEZ SANDEZ CARLOS | 1979 | VALDEORR | 1:59.80 | M 25 | 2024-05-19 | Carballo Calero | 0 |
| 50L: 58.12 |         |                        |      |          |         |      |            |                 |   |

#### 50+

|            |         |                        |      |         |         |      |            |        |    |
|------------|---------|------------------------|------|---------|---------|------|------------|--------|----|
| 1          | 1141206 | ANEIROS GARCIA JOSE M. | 1974 | CMARINA | 1:07.87 | M 25 | 2024-05-11 | Riazor | 13 |
| 50L: 32.42 |         |                        |      |         |         |      |            |        |    |

|   |         |                              |      |         |         |      |            |             |     |
|---|---------|------------------------------|------|---------|---------|------|------------|-------------|-----|
| 2 | 1079343 | MOURIÑO ORTIGUERA ROBERTO C. | 1974 | NPONTEA | 1:09.49 | M 25 | 2024-05-12 | Álvaro Pino | 9.0 |
|---|---------|------------------------------|------|---------|---------|------|------------|-------------|-----|

|            |         |                                |      |          |         |      |            |                 |     |  |
|------------|---------|--------------------------------|------|----------|---------|------|------------|-----------------|-----|--|
| 50L: 32.90 |         |                                |      |          |         |      |            |                 |     |  |
| 3          | 1084040 | GARCIA CASTIÑEIRA DANIEL       | 1974 | GALAICO  | 1:09.49 | M 25 | 2024-05-12 | Álvaro Pino     | 9.0 |  |
| 50L: 32.33 |         |                                |      |          |         |      |            |                 |     |  |
| 4          | 1251882 | IGLESIAS CARRERA PIO           | 1973 | CIDSANTI | 1:09.57 | M 25 | 2024-05-19 | Carballo Calero | 7   |  |
| 50L: 33.95 |         |                                |      |          |         |      |            |                 |     |  |
| 5          | 1255450 | RODRÍGUEZ RODRÍGUEZ SANTIAGO   | 1972 | CIDSANTI | 1:10.07 | M 25 | 2024-05-19 | Carballo Calero | 6   |  |
| 50L: 33.82 |         |                                |      |          |         |      |            |                 |     |  |
| 6          | 1171462 | FERREIRO SEOANE JOSE RAUL      | 1973 | RBAIXAS  | 1:13.74 | M 25 | 2024-05-12 | Álvaro Pino     | 5   |  |
| 50L: 35.96 |         |                                |      |          |         |      |            |                 |     |  |
| 7          | 1244393 | REY RODRIGUEZ OSCAR            | 1974 | POR-MIÑA | 1:18.87 | M 25 | 2024-05-19 | Carballo Calero | 4   |  |
| 50L: 36.25 |         |                                |      |          |         |      |            |                 |     |  |
| 8          | 1141071 | LORENZO FERNANDEZ JOSE MANUEL  | 1972 | RBAIXAS  | 1:19.33 | M 25 | 2024-05-12 | Álvaro Pino     | 3   |  |
| 50L: 36.79 |         |                                |      |          |         |      |            |                 |     |  |
| 9          | 1141356 | GENDE DIAZ JUAN F.             | 1970 | ADFOGAR  | 1:21.11 | M 25 | 2024-05-19 | Carballo Calero | 2   |  |
| 50L: 39.11 |         |                                |      |          |         |      |            |                 |     |  |
| 10         | 1076553 | FERNANDEZ-TESTA BARREIRO DAVID | 1974 | RBAIXAS  | 1:21.33 | M 25 | 2024-05-12 | Álvaro Pino     | 1   |  |
| 50L: 38.16 |         |                                |      |          |         |      |            |                 |     |  |
| 11         | 1078844 | FERNÁNDEZ FERNÁNDEZ JOSÉ LUIS  | 1974 | CIDSANTI | 1:21.80 | M 25 | 2024-05-19 | Carballo Calero | 0   |  |
| 50L: 38.39 |         |                                |      |          |         |      |            |                 |     |  |
| 12         | 1146902 | PEREIRO LOPEZ-QUECUTY SIMON    | 1973 | RBAIXAS  | 1:23.49 | M 25 | 2024-05-12 | Álvaro Pino     | 0   |  |
| 50L: 41.34 |         |                                |      |          |         |      |            |                 |     |  |
| 13         | 1180236 | DE LA VEGA GÁNDARAS FELIPE     | 1973 | HERCULES | 1:24.14 | M 25 | 2024-05-11 | Riazor          | 0   |  |
| 50L: 41.18 |         |                                |      |          |         |      |            |                 |     |  |
| 14         | 1199640 | BURGO CARLOS D.                | 1974 | CASINOC  | 1:29.17 | M 25 | 2024-05-11 | Riazor          | 0   |  |
| 50L: 43.99 |         |                                |      |          |         |      |            |                 |     |  |
| <b>55+</b> |         |                                |      |          |         |      |            |                 |     |  |
| 1          | 1232926 | TAPIA PORTO ENRIQUE            | 1965 | NCORUÑA  | 1:05.76 | M 25 | 2024-05-11 | Riazor          | 13  |  |
| 50L: 31.59 |         |                                |      |          |         |      |            |                 |     |  |
| 2          | 1143575 | FERREIRA GONZALEZ XOSE ANXO    | 1966 | CNREDON  | 1:14.73 | M 25 | 2024-05-12 | Álvaro Pino     | 10  |  |
| 50L: 34.53 |         |                                |      |          |         |      |            |                 |     |  |
| 3          | 1193949 | LAMELO OTERO RAMÓN JESUS       | 1968 | CIDSANTI | 1:23.45 | M 25 | 2024-05-19 | Carballo Calero | 8   |  |
| 50L: 39.82 |         |                                |      |          |         |      |            |                 |     |  |
| 4          | 1195569 | PEREZ LEIVA MANUEL             | 1968 | RBAIXAS  | 1:28.65 | M 25 | 2024-05-12 | Álvaro Pino     | 7   |  |
| 50L: 40.86 |         |                                |      |          |         |      |            |                 |     |  |
| 5          | 1228047 | PEREZ GARCIA MANUEL            | 1967 | CULLERED | 1:36.31 | M 25 | 2024-05-11 | Riazor          | 6   |  |
| 50L: 44.99 |         |                                |      |          |         |      |            |                 |     |  |
| 6          | 1256976 | RODRIGUEZ SANCHEZ MARCOS       | 1966 | NCORUÑA  | 1:45.22 | M 25 | 2024-05-11 | Riazor          | 5   |  |
| 50L: 47.42 |         |                                |      |          |         |      |            |                 |     |  |
| <b>60+</b> |         |                                |      |          |         |      |            |                 |     |  |
| 1          | 1076173 | FERNANDEZ NUÑEZ SANTIAGO       | 1963 | CIDSANTI | 1:02.90 | M 25 | 2024-05-19 | Carballo Calero | 13  |  |
| 50L: 30.09 |         |                                |      |          |         |      |            |                 |     |  |
| 2          | 1078597 | SOLLEIRO TIZON JUAN JOSE       | 1963 | NCORUÑA  | 1:12.69 | M 25 | 2024-05-11 | Riazor          | 10  |  |



50L: 34.43

|   |         |                   |      |          |         |      |            |        |   |
|---|---------|-------------------|------|----------|---------|------|------------|--------|---|
| 3 | 1144788 | BEREA RUIZ MANUEL | 1964 | HERCULES | 1:18.22 | M 25 | 2024-05-11 | Riazor | 8 |
|---|---------|-------------------|------|----------|---------|------|------------|--------|---|

50L: 37.33

|   |         |                           |      |         |         |      |            |        |   |
|---|---------|---------------------------|------|---------|---------|------|------------|--------|---|
| 4 | 1053394 | SANJORGE PEDREIRA CARMELO | 1962 | ARTEIXO | 1:26.57 | M 25 | 2024-05-11 | Riazor | 7 |
|---|---------|---------------------------|------|---------|---------|------|------------|--------|---|

50L: 41.61

|   |         |                    |      |          |         |      |            |                 |   |
|---|---------|--------------------|------|----------|---------|------|------------|-----------------|---|
| 5 | 1143536 | BLANCO PEREZ ANGEL | 1964 | POURENSE | 1:29.24 | M 25 | 2024-05-19 | Carballo Calero | 6 |
|---|---------|--------------------|------|----------|---------|------|------------|-----------------|---|

50L: 43.24

|   |         |                        |      |          |         |      |            |        |   |
|---|---------|------------------------|------|----------|---------|------|------------|--------|---|
| 6 | 1250479 | ROMERO PENA JUAN RAMON | 1963 | HERCULES | 1:36.02 | M 25 | 2024-05-11 | Riazor | 5 |
|---|---------|------------------------|------|----------|---------|------|------------|--------|---|

50L: 46.17

|   |         |                      |      |         |         |      |            |             |   |
|---|---------|----------------------|------|---------|---------|------|------------|-------------|---|
| 7 | 1076514 | LAGO REY JOSE MANUEL | 1963 | RBAIXAS | 2:09.58 | M 25 | 2024-05-12 | Álvaro Pino | 4 |
|---|---------|----------------------|------|---------|---------|------|------------|-------------|---|

50L: 1:00.84

## 65+

|   |         |                     |      |          |         |      |            |                 |    |
|---|---------|---------------------|------|----------|---------|------|------------|-----------------|----|
| 1 | 1170858 | CODESIDO LOPEZ JOSÉ | 1959 | CIDSANTI | 1:12.53 | M 25 | 2024-05-19 | Carballo Calero | 13 |
|---|---------|---------------------|------|----------|---------|------|------------|-----------------|----|

50L: 35.00

|   |         |                             |      |          |         |      |            |                 |    |
|---|---------|-----------------------------|------|----------|---------|------|------------|-----------------|----|
| 2 | 1174449 | FERNANDEZ ARRUTI JOSE ANGEL | 1959 | CIDSANTI | 1:13.23 | M 25 | 2024-05-19 | Carballo Calero | 10 |
|---|---------|-----------------------------|------|----------|---------|------|------------|-----------------|----|

50L: 35.37

|   |         |                       |      |         |         |      |            |             |   |
|---|---------|-----------------------|------|---------|---------|------|------------|-------------|---|
| 3 | 1048207 | ROS ROSILLO ALEJANDRO | 1958 | RBAIXAS | 1:23.70 | M 25 | 2024-05-12 | Álvaro Pino | 8 |
|---|---------|-----------------------|------|---------|---------|------|------------|-------------|---|

50L: 42.59

## 70+

|   |         |                        |      |          |         |      |            |        |    |
|---|---------|------------------------|------|----------|---------|------|------------|--------|----|
| 1 | 1075190 | SUANZES PEREZ FERNANDO | 1953 | HERCULES | 1:20.00 | M 25 | 2024-05-11 | Riazor | 13 |
|---|---------|------------------------|------|----------|---------|------|------------|--------|----|

50L: 38.72

|   |         |                         |      |         |         |      |            |             |    |
|---|---------|-------------------------|------|---------|---------|------|------------|-------------|----|
| 2 | 1076488 | MONROY FERNÁNDEZ MANUEL | 1950 | NPONTEA | 1:34.40 | M 25 | 2024-05-12 | Álvaro Pino | 10 |
|---|---------|-------------------------|------|---------|---------|------|------------|-------------|----|

50L: 44.96

## 75+

|   |         |                              |      |       |         |      |            |             |    |
|---|---------|------------------------------|------|-------|---------|------|------------|-------------|----|
| 1 | 1076487 | RODRIGUEZ LEMOS ANDRES JESUS | 1949 | CNMOS | 1:39.96 | M 25 | 2024-05-12 | Álvaro Pino | 13 |
|---|---------|------------------------------|------|-------|---------|------|------------|-------------|----|

50L: 46.09

|   |         |                            |      |         |         |      |            |             |    |
|---|---------|----------------------------|------|---------|---------|------|------------|-------------|----|
| 2 | 1247512 | VILLORIA CARAMES ALEJANDRO | 1945 | CTRAVIE | 1:53.59 | M 25 | 2024-05-12 | Álvaro Pino | 10 |
|---|---------|----------------------------|------|---------|---------|------|------------|-------------|----|

50L: 54.09

## +80

|   |         |                      |      |         |         |      |            |        |    |
|---|---------|----------------------|------|---------|---------|------|------------|--------|----|
| 1 | 1143727 | FOLCH MALLOFRE RAMON | 1937 | ARTEIXO | 1:59.00 | M 25 | 2024-05-11 | Riazor | 13 |
|---|---------|----------------------|------|---------|---------|------|------------|--------|----|

50L: 57.32

|   |         |                            |      |         |         |      |            |             |    |
|---|---------|----------------------------|------|---------|---------|------|------------|-------------|----|
| 2 | 1143430 | ARAUJO DOMINGUEZ FRANCISCO | 1940 | NPONTEA | 2:59.64 | M 25 | 2024-05-12 | Álvaro Pino | 10 |
|---|---------|----------------------------|------|---------|---------|------|------------|-------------|----|

50L: 1:16.89

### 3. 50 m Braza Feminino

#### 20+

|   |         |                        |      |         |         |      |            |             |    |
|---|---------|------------------------|------|---------|---------|------|------------|-------------|----|
| 1 | 1194207 | VALIÑO FERRAZ TATYANA  | 2003 | NPONTEA | 43.74   | M 25 | 2024-05-12 | Álvaro Pino | 13 |
| 2 | 1143380 | SUAREZ GARCIA MARTA    | 2003 | RBAIXAS | 47.62   | M 25 | 2024-05-12 | Álvaro Pino | 10 |
| 3 | 1203517 | CABALEIRO FREIRIA LARA | 2001 | NPONTEA | 48.10   | M 25 | 2024-05-12 | Álvaro Pino | 8  |
| 4 | 1212510 | NOVOA VAZQUEZ EVA      | 2000 | CMARINA | 1:04.10 | M 25 | 2024-05-11 | Riazor      | 7  |
| 5 | 1212511 | NOVOA VAZQUEZ LAURA    | 2000 | CMARINA | 1:05.40 | M 25 | 2024-05-11 | Riazor      | 6  |

#### 25+

|   |         |                                |      |          |         |      |            |                 |    |
|---|---------|--------------------------------|------|----------|---------|------|------------|-----------------|----|
| 1 | 1257948 | TORTOSA MENDOZA MARIA GABRIELA | 1996 | CULLERED | 44.17   | M 25 | 2024-05-11 | Riazor          | 13 |
| 2 | 1243122 | DARRIBA CASTRO MARIA           | 1996 | RBAIXAS  | 53.50   | M 25 | 2024-05-12 | Álvaro Pino     | 10 |
| 3 | 1257939 | PUENTE MARIN CRISTINA          | 1995 | CFVLUGO  | 55.37   | M 25 | 2024-05-19 | Carballo Calero | 8  |
| 4 | 1222772 | RODRIGUEZ-TOUBES FORRYAN IRENE | 1999 | NPONTEA  | 1:11.50 | M 25 | 2024-05-12 | Álvaro Pino     | 7  |

#### 30+

|   |         |                              |      |         |       |      |            |                 |    |
|---|---------|------------------------------|------|---------|-------|------|------------|-----------------|----|
| 1 | 1093459 | FRANCO CAL ALBA              | 1991 | CFVLUGO | 36.53 | M 25 | 2024-05-19 | Carballo Calero | 13 |
| 2 | 1041452 | BEN CILLERO SABELA           | 1992 | CNXOVE  | 40.21 | M 25 | 2024-05-11 | Riazor          | 10 |
| 3 | 1224940 | PAZOS GANDARA ANDREA         | 1992 | NPONTEA | 48.67 | M 25 | 2024-05-12 | Álvaro Pino     | 8  |
| 4 | 1257417 | ALONSO GONZALEZ INES         | 1992 | CNMOS   | 50.83 | M 25 | 2024-05-12 | Álvaro Pino     | 7  |
| 5 | 1141053 | IGLESIAS SUÁREZ LAURA        | 1992 | CDELMAR | 51.03 | M 25 | 2024-05-11 | Riazor          | 6  |
| 6 | 1256963 | ARIAS CHAO SARA              | 1991 | CASINOC | 54.31 | M 25 | 2024-05-11 | Riazor          | 5  |
| 7 | 1202705 | MARTINEZ BARCIELA MARIA OLGA | 1990 | RBAIXAS | 57.49 | M 25 | 2024-05-12 | Álvaro Pino     | 4  |

#### 35+

|   |         |                           |      |         |       |      |            |             |    |
|---|---------|---------------------------|------|---------|-------|------|------------|-------------|----|
| 1 | 1141212 | RIVAS TENREIRO ARANTZA    | 1989 | NTNARON | 41.61 | M 25 | 2024-05-11 | Riazor      | 13 |
| 2 | 1243130 | TORRE GONZALEZ ELISA      | 1985 | RBAIXAS | 43.13 | M 25 | 2024-05-12 | Álvaro Pino | 10 |
| 3 | 1253681 | LATA NUÑEZ DIANA          | 1985 | NTNARON | 52.25 | M 25 | 2024-05-11 | Riazor      | 8  |
| 4 | 1258330 | BEN CILLERO NATALIA       | 1989 | CNXOVE  | 56.51 | M 25 | 2024-05-11 | Riazor      | 7  |
| 5 | 1129954 | GONZALEZ GARCIA COVADONGA | 1989 | GALAICO | 58.24 | M 25 | 2024-05-12 | Álvaro Pino | 6  |

#### 40+

|   |         |                             |      |          |         |      |            |                 |    |
|---|---------|-----------------------------|------|----------|---------|------|------------|-----------------|----|
| 1 | 1075221 | HERMIDA RODRIGUEZ BLANCA    | 1981 | CMARINA  | 40.62   | M 25 | 2024-05-11 | Riazor          | 13 |
| 2 | 1146780 | DURÁN VEIRAS RAQUEL         | 1984 | ARTEIXO  | 41.61   | M 25 | 2024-05-11 | Riazor          | 10 |
| 3 | 1041646 | MOLANES PIÑEIRO MARIA ELENA | 1984 | NPONTEA  | 51.52   | M 25 | 2024-05-12 | Álvaro Pino     | 8  |
| 4 | 1243198 | MARTIN VILAS MARIA JESUS    | 1982 | CNORDES  | 54.16   | M 25 | 2024-05-19 | Carballo Calero | 7  |
| 5 | 1093456 | RAMIREZ INSUA JULIA         | 1983 | RSDH     | 54.90   | M 25 | 2024-05-11 | Riazor          | 6  |
| 6 | 1075224 | BROZOS VAZQUEZ ELENA MARÍA  | 1982 | CIDSANTI | 1:09.52 | M 25 | 2024-05-19 | Carballo Calero | 5  |
| 7 | 1036387 | VAZQUEZ PARCERO MARTA       | 1980 | CMARINA  | 1:12.20 | M 25 | 2024-05-11 | Riazor          | 4  |
| 8 | 1250481 | MENDEZ ABELAIRA JESSICA     | 1982 | VALDEORR | 1:34.50 | M 25 | 2024-05-19 | Carballo Calero | 3  |

#### 45+

|   |         |                               |      |          |         |      |            |             |    |
|---|---------|-------------------------------|------|----------|---------|------|------------|-------------|----|
| 1 | 1057273 | MARCOS VARELA LAURA           | 1976 | RBAIXAS  | 39.54   | M 25 | 2024-05-12 | Álvaro Pino | 13 |
| 2 | 1178775 | COVELO SAAVEDRA NAHIR         | 1978 | NPONTEA  | 46.67   | M 25 | 2024-05-12 | Álvaro Pino | 10 |
| 3 | 1254838 | ANDÍA NOGUERAS MARÍA          | 1975 | TRICORUÑ | 47.66   | M 25 | 2024-05-11 | Riazor      | 8  |
| 4 | 1222316 | GIL VILLARINO MARTA           | 1977 | HERCULES | 58.12   | M 25 | 2024-05-11 | Riazor      | 7  |
| 5 | 1180238 | GARCÍA SEOANE CRISTINA MARÍA  | 1975 | HERCULES | 58.34   | M 25 | 2024-05-11 | Riazor      | 6  |
| 6 | 1246144 | SANCHEZ BARREIRO MARIA CARMEN | 1976 | NPONTEA  | 1:00.10 | M 25 | 2024-05-12 | Álvaro Pino | 5  |
| 7 | 1144074 | SERRANO AVENDAÑO SILVIA       | 1975 | CTRAVIE  | 1:00.27 | M 25 | 2024-05-12 | Álvaro Pino | 4  |
| 8 | 1040944 | VARELA REDONDO VERONICA       | 1975 | NPONTEA  | 1:08.35 | M 25 | 2024-05-12 | Álvaro Pino | 3  |

#### 50+

|   |         |                               |      |         |         |      |            |             |    |
|---|---------|-------------------------------|------|---------|---------|------|------------|-------------|----|
| 1 | 1127346 | SOBRINO EIRIZ MARIA DEL VALLE | 1972 | NPONTEA | 56.02   | M 25 | 2024-05-12 | Álvaro Pino | 13 |
| 2 | 1143584 | FERNANDEZ SESTELO MARIA JOSE  | 1970 | NPONTEA | 1:31.65 | M 25 | 2024-05-12 | Álvaro Pino | 10 |

#### 55+

|   |         |                          |      |         |       |      |            |                 |    |
|---|---------|--------------------------|------|---------|-------|------|------------|-----------------|----|
| 1 | 1037939 | CASTRO MAESTRE ISAURA    | 1969 | CFVLUGO | 49.34 | M 25 | 2024-05-19 | Carballo Calero | 13 |
| 2 | 1038729 | DEL AMO BLANCO MARGARITA | 1967 | NPONTEA | 51.13 | M 25 | 2024-05-12 | Álvaro Pino     | 10 |
| 3 | 1086162 | BARJA BARJA LILIANA      | 1965 | CTRAVIE | 53.30 | M 25 | 2024-05-12 | Álvaro Pino     | 8  |
| 4 | 1079968 | CHUB SAVCHENKO LYUDMYLA  | 1965 | GALAICO | 54.06 | M 25 | 2024-05-12 | Álvaro Pino     | 7  |

#### 60+

|   |         |                          |      |          |         |      |            |                 |    |
|---|---------|--------------------------|------|----------|---------|------|------------|-----------------|----|
| 1 | 1145099 | LOPEZ MAHIA PURIFICACION | 1963 | HERCULES | 55.62   | M 25 | 2024-05-11 | Riazor          | 13 |
| 2 | 1144231 | PEREZ GALLARDO TERESA    | 1964 | POURENSE | 1:26.35 | M 25 | 2024-05-19 | Carballo Calero | 10 |

#### 65+

|   |         |                                |      |          |         |      |            |             |    |
|---|---------|--------------------------------|------|----------|---------|------|------------|-------------|----|
| 1 | 1075178 | SAR MORANO DOLORES             | 1955 | CULLERED | 58.66   | M 25 | 2024-05-11 | Riazor      | 13 |
| 2 | 1141154 | CELEMIN PORRERO MARIA TERESA   | 1959 | GALAICO  | 1:01.05 | M 25 | 2024-05-12 | Álvaro Pino | 10 |
| 3 | 1076494 | SUEIRO COSTAS MARIA DEL CARMEN | 1956 | NPONTEA  | 1:32.01 | M 25 | 2024-05-12 | Álvaro Pino | 8  |

#### 75+

|   |         |                             |      |         |         |      |            |             |    |
|---|---------|-----------------------------|------|---------|---------|------|------------|-------------|----|
| 1 | 1076482 | GONZALEZ RODRIGUEZ S. MARTA | 1946 | NPONTEA | 2:21.65 | M 25 | 2024-05-12 | Álvaro Pino | 13 |
|---|---------|-----------------------------|------|---------|---------|------|------------|-------------|----|

#### 4. 50 m Braza Masculino

|     |         |                                  |      |          |         |      |            |                 |    |
|-----|---------|----------------------------------|------|----------|---------|------|------------|-----------------|----|
| 20+ |         |                                  |      |          |         |      |            |                 |    |
| 1   | 1068314 | MARTINEZ MARTINEZ MARCOS         | 2003 | NPONTEA  | 35.34   | M 25 | 2024-05-12 | Álvaro Pino     | 13 |
| 2   | 1061561 | INCUTTI TELLADO DENIS            | 2000 | NPONTEA  | 41.12   | M 25 | 2024-05-12 | Álvaro Pino     | 10 |
| 25+ |         |                                  |      |          |         |      |            |                 |    |
| 1   | 1038178 | IBAÑEZ CARRERA MANUEL GABRIEL    | 1996 | NPONTEA  | 41.01   | M 25 | 2024-05-12 | Álvaro Pino     | 13 |
| 30+ |         |                                  |      |          |         |      |            |                 |    |
| 1   | 1037824 | FREIRE GONZALEZ JAVIER           | 1993 | RBAIXAS  | 36.91   | M 25 | 2024-05-12 | Álvaro Pino     | 13 |
| 2   | 1241139 | DIÉGUEZ GONZALEZ BRUNO           | 1990 | CIDSANTI | 39.20   | M 25 | 2024-05-19 | Carballo Calero | 10 |
| 3   | 1256973 | PENIDE CALVO GABRIEL             | 1993 | RBAIXAS  | 44.42   | M 25 | 2024-05-12 | Álvaro Pino     | 8  |
| 4   | 1222771 | LAGO GONZALEZ IVAN               | 1993 | NPONTEA  | 1:06.38 | M 25 | 2024-05-12 | Álvaro Pino     | 7  |
| 35+ |         |                                  |      |          |         |      |            |                 |    |
| 1   | 1191119 | CAO LAGO PABLO                   | 1987 | RBAIXAS  | 34.63   | M 25 | 2024-05-12 | Álvaro Pino     | 13 |
| 2   | 1136629 | FIGUEIRA DOMINGUEZ JAVIER GUZMAN | 1988 | RBAIXAS  | 34.90   | M 25 | 2024-05-12 | Álvaro Pino     | 10 |
| 3   | 1143515 | BLANCO PEREZ JESUS               | 1986 | NTNARON  | 36.13   | M 25 | 2024-05-11 | Riazor          | 8  |
| 4   | 1240711 | MIRAS LOPEZ RAUL                 | 1987 | NCORUÑA  | 37.71   | M 25 | 2024-05-11 | Riazor          | 7  |
| 5   | 1005819 | LAZARO GUERRERO VICTOR           | 1988 | CMARINA  | 39.07   | M 25 | 2024-05-11 | Riazor          | 6  |
| 6   | 1023057 | PEREZ VAZQUEZ TELMO              | 1988 | CMARINA  | 40.08   | M 25 | 2024-05-11 | Riazor          | 5  |
| 7   | 1086708 | ABUIN ARES MANUEL                | 1987 | CIDSANTI | 40.45   | M 25 | 2024-05-19 | Carballo Calero | 4  |
| 8   | 1226258 | BERNARDEZ FERRO JUAN JOSE        | 1987 | CIDSANTI | 41.52   | M 25 | 2024-05-19 | Carballo Calero | 3  |
| 9   | 1144194 | TELLA FERREIRO MIGUEL            | 1988 | CNORDES  | 43.34   | M 25 | 2024-05-19 | Carballo Calero | 2  |
| 40+ |         |                                  |      |          |         |      |            |                 |    |
| 1   | 1038913 | SUAREZ GARCIA PEDRO LOIS         | 1980 | NPONTEA  | 44.42   | M 25 | 2024-05-12 | Álvaro Pino     | 13 |
| 2   | 1076542 | GONZALEZ CONDE RODRIGO           | 1982 | NPONTEA  | 46.34   | M 25 | 2024-05-12 | Álvaro Pino     | 10 |
| 3   | 1239346 | CASTIÑEIRAS ACUÑA MIGUEL ANGEL   | 1981 | GALAICO  | 48.69   | M 25 | 2024-05-12 | Álvaro Pino     | 8  |
| 4   | 1107557 | MELLA BARBEITO JAVIER            | 1983 | ARTEIXO  | 53.31   | M 25 | 2024-05-11 | Riazor          | 7  |
| 45+ |         |                                  |      |          |         |      |            |                 |    |
| 1   | 1258069 | ORGEIRA CRESPO PEDRO             | 1976 | POURENSE | 43.99   | M 25 | 2024-05-19 | Carballo Calero | 13 |
| 2   | 1178772 | CARRERA RODRÍGUEZ RUBÉN          | 1979 | NPONTEA  | 46.67   | M 25 | 2024-05-12 | Álvaro Pino     | 10 |
| 3   | 1144181 | PEREZ CARRERA ELIAS              | 1979 | RBAIXAS  | 46.83   | M 25 | 2024-05-12 | Álvaro Pino     | 8  |
| 4   | 1143542 | FERNANDEZ GONZALEZ BRUNO         | 1977 | POURENSE | 48.41   | M 25 | 2024-05-19 | Carballo Calero | 7  |
| 5   | 1251233 | GONZALEZ SANDEZ CARLOS           | 1979 | VALDEORR | 53.12   | M 25 | 2024-05-19 | Carballo Calero | 6  |
| 50+ |         |                                  |      |          |         |      |            |                 |    |
| 1   | 1051938 | SOTO HECTOR OSCAR                | 1970 | RBAIXAS  | 36.35   | M 25 | 2024-05-12 | Álvaro Pino     | 13 |
| 2   | 1197597 | HERNAEZ OUBIÑA DAVID             | 1973 | CULLERED | 37.68   | M 25 | 2024-05-11 | Riazor          | 10 |

|   |         |                             |      |          |       |      |            |                 |   |
|---|---------|-----------------------------|------|----------|-------|------|------------|-----------------|---|
| 3 | 1180192 | SAAVEDRA GONZÁLEZ RAUL      | 1973 | HERCULES | 39.59 | M 25 | 2024-05-11 | Riazor          | 8 |
| 4 | 1180239 | MARTÍNEZ LEMA JOSÉ ANTONIO  | 1972 | TRICORUÑ | 41.72 | M 25 | 2024-05-11 | Riazor          | 7 |
| 5 | 1244393 | REY RODRIGUEZ OSCAR         | 1974 | POR-MIÑA | 46.24 | M 25 | 2024-05-19 | Carballo Calero | 6 |
| 6 | 1078814 | CANOSA RODRIGUEZ ALFONSO J. | 1971 | ADFOGAR  | 48.88 | M 25 | 2024-05-19 | Carballo Calero | 5 |

### 55+

|   |         |                            |      |         |       |      |            |                 |    |
|---|---------|----------------------------|------|---------|-------|------|------------|-----------------|----|
| 1 | 1076516 | JORGE IGLESIAS MARCELINO   | 1966 | RBAIXAS | 34.90 | M 25 | 2024-05-12 | Álvaro Pino     | 13 |
| 2 | 1143661 | TOURIÑO GONZALEZ VICTOR M. | 1968 | CMARINA | 37.84 | M 25 | 2024-05-11 | Riazor          | 10 |
| 3 | 1195569 | PEREZ LEIVA MANUEL         | 1968 | RBAIXAS | 56.91 | M 25 | 2024-05-12 | Álvaro Pino     | 8  |
| 4 | 1106828 | TRILLO CARLIN JOSE FDO.    | 1968 | ADFOGAR | 59.60 | M 25 | 2024-05-19 | Carballo Calero | 7  |

### 60+

|   |         |                                |      |          |         |      |            |                 |    |
|---|---------|--------------------------------|------|----------|---------|------|------------|-----------------|----|
| 1 | 1241138 | RODRIGUEZ QUEIRUGA JUAN CARLOS | 1963 | NCORUÑA  | 45.04   | M 25 | 2024-05-11 | Riazor          | 13 |
| 2 | 1144788 | BEREA RUIZ MANUEL              | 1964 | HERCULES | 45.41   | M 25 | 2024-05-11 | Riazor          | 10 |
| 3 | 1079361 | RODRIGUEZ GOMEZ EMILIO         | 1961 | NPONTEA  | 46.66   | M 25 | 2024-05-12 | Álvaro Pino     | 8  |
| 4 | 1075770 | RODRIGUEZ BASANTA FCO. JOSE    | 1961 | VALDEORR | 49.50   | M 25 | 2024-05-19 | Carballo Calero | 7  |
| 5 | 1076514 | LAGO REY JOSE MANUEL           | 1963 | RBAIXAS  | 1:25.75 | M 25 | 2024-05-12 | Álvaro Pino     | 6  |

### 65+

|   |         |                             |      |          |         |      |            |                 |    |
|---|---------|-----------------------------|------|----------|---------|------|------------|-----------------|----|
| 1 | 1174449 | FERNANDEZ ARRUTI JOSE ANGEL | 1959 | CIDSANTI | 42.00   | M 25 | 2024-05-19 | Carballo Calero | 13 |
| 2 | 1144180 | SEGUÍN CID SEVERINO         | 1959 | CTRAVIE  | 47.73   | M 25 | 2024-05-12 | Álvaro Pino     | 10 |
| 3 | 1079748 | SANTAMARINA LÓPEZ JAVIER    | 1958 | CTRAVIE  | 1:13.41 | M 25 | 2024-05-12 | Álvaro Pino     | 8  |

### 70+

|   |         |                         |      |          |       |      |            |                 |    |
|---|---------|-------------------------|------|----------|-------|------|------------|-----------------|----|
| 1 | 1240096 | IVANCHENKO YURII        | 1953 | POURENSE | 48.38 | M 25 | 2024-05-19 | Carballo Calero | 13 |
| 2 | 1076488 | MONROY FERNÁNDEZ MANUEL | 1950 | NPONTEA  | 59.97 | M 25 | 2024-05-12 | Álvaro Pino     | 10 |

### 75+

|   |         |                              |      |         |         |      |            |             |    |
|---|---------|------------------------------|------|---------|---------|------|------------|-------------|----|
| 1 | 1076487 | RODRIGUEZ LEMOS ANDRES JESUS | 1949 | CNMOS   | 50.37   | M 25 | 2024-05-12 | Álvaro Pino | 13 |
| 2 | 1247512 | VILLORIA CARAMES ALEJANDRO   | 1945 | CTRAVIE | 1:23.30 | M 25 | 2024-05-12 | Álvaro Pino | 10 |

### +80

|   |         |                            |      |         |         |      |            |             |    |
|---|---------|----------------------------|------|---------|---------|------|------------|-------------|----|
| 1 | 1143430 | ARAUJO DOMINGUEZ FRANCISCO | 1940 | NPONTEA | 1:20.43 | M 25 | 2024-05-12 | Álvaro Pino | 13 |
|---|---------|----------------------------|------|---------|---------|------|------------|-------------|----|

## 5. 200 m Estilos Feminino

|            |         |                                |      |          |         |      |            |             |    |  |
|------------|---------|--------------------------------|------|----------|---------|------|------------|-------------|----|--|
| <b>20+</b> |         |                                |      |          |         |      |            |             |    |  |
| 1          | 1076318 | LEMONS FERNANDEZ ZAIRA         | 2002 | NPONTEA  | 2:51.68 | M 25 | 2024-05-12 | Álvaro Pino | 13 |  |
|            |         | 50M: 34.82                     |      |          |         |      |            |             |    |  |
| 2          | 1194207 | VALIÑO FERRAZ TATYANA          | 2003 | NPONTEA  | 3:10.62 | M 25 | 2024-05-12 | Álvaro Pino | 10 |  |
|            |         | 50M: 42.39                     |      |          |         |      |            |             |    |  |
| 3          | 1143380 | SUAREZ GARCIA MARTA            | 2003 | RBAIXAS  | 3:35.75 | M 25 | 2024-05-12 | Álvaro Pino | 8  |  |
|            |         | 50M: 48.07                     |      |          |         |      |            |             |    |  |
| <b>25+</b> |         |                                |      |          |         |      |            |             |    |  |
| 1          | 1115615 | PASCUAL GUTIERREZ MARIA TERESA | 1998 | HERCULES | 2:44.41 | M 25 | 2024-05-11 | Riazor      | 13 |  |
|            |         | 50M: 32.09                     |      |          |         |      |            |             |    |  |
| 2          | 1037836 | VEIGA RODRIGUEZ ROSALIA        | 1999 | NCORUÑA  | 2:49.29 | M 25 | 2024-05-11 | Riazor      | 10 |  |
|            |         | 50M: 37.45                     |      |          |         |      |            |             |    |  |
| 3          | 1039634 | LAGO CASTILLO NATALIA          | 1999 | NCORUÑA  | 2:55.41 | M 25 | 2024-05-11 | Riazor      | 8  |  |
|            |         | 50M: 38.98                     |      |          |         |      |            |             |    |  |
| 4          | 1039096 | LAGO LOPEZ RAQUEL              | 1995 | RBAIXAS  | 2:59.66 | M 25 | 2024-05-12 | Álvaro Pino | 7  |  |
|            |         | 50M: 40.17                     |      |          |         |      |            |             |    |  |
| 5          | 1093694 | SANCHEZ LENCE MARIA            | 1997 | NCORUÑA  | 3:04.52 | M 25 | 2024-05-11 | Riazor      | 6  |  |
|            |         | 50M: 40.48                     |      |          |         |      |            |             |    |  |
| 6          | 1038608 | SUAREZ GARCIA SOFIA            | 1997 | RBAIXAS  | 3:11.28 | M 25 | 2024-05-12 | Álvaro Pino | 5  |  |
|            |         | 50M: 43.49                     |      |          |         |      |            |             |    |  |
| 7          | 1145008 | GONZALEZ PEREZ PAULA           | 1996 | NPONTEA  | 3:24.61 | M 25 | 2024-05-12 | Álvaro Pino | 4  |  |
|            |         | 50M: 48.44                     |      |          |         |      |            |             |    |  |
| <b>30+</b> |         |                                |      |          |         |      |            |             |    |  |
| 1          | 1256967 | DEL RIO REGUEIRA SARA          | 1991 | NCORUÑA  | 2:51.86 | M 25 | 2024-05-11 | Riazor      | 13 |  |
|            |         | 50M: 35.53                     |      |          |         |      |            |             |    |  |
| 2          | 1247615 | ALONSO PEREIRA FATIMA          | 1993 | RBAIXAS  | 3:39.71 | M 25 | 2024-05-12 | Álvaro Pino | 10 |  |
|            |         | 50M: 51.47                     |      |          |         |      |            |             |    |  |
| <b>35+</b> |         |                                |      |          |         |      |            |             |    |  |
| 1          | 1212097 | LOUREIRO AMOR BELEN MARTINA    | 1988 | NTNARON  | 2:42.41 | M 25 | 2024-05-11 | Riazor      | 13 |  |
|            |         | 50M: 33.77                     |      |          |         |      |            |             |    |  |
| 2          | 1141212 | RIVAS TENREIRO ARANTZA         | 1989 | NTNARON  | 3:04.56 | M 25 | 2024-05-11 | Riazor      | 10 |  |
|            |         | 50M: 37.74                     |      |          |         |      |            |             |    |  |
| 3          | 1040731 | GESTO ALONSO CLARISA           | 1989 | NPONTEA  | 3:16.17 | M 25 | 2024-05-12 | Álvaro Pino | 8  |  |
|            |         | 50M: 46.10                     |      |          |         |      |            |             |    |  |
| 4          | 1144948 | GONZALEZ PEREZ JESSICA         | 1987 | RBAIXAS  | 3:20.08 | M 25 | 2024-05-12 | Álvaro Pino | 7  |  |
|            |         | 50M: 46.83                     |      |          |         |      |            |             |    |  |

40+

|   |         |                          |      |          |         |      |            |                 |    |
|---|---------|--------------------------|------|----------|---------|------|------------|-----------------|----|
| 1 | 1013486 | GONZALEZ RODRIGUEZ MARIA | 1982 | CIDSANTI | 2:43.25 | M 25 | 2024-05-19 | Carballo Calero | 13 |
|   |         | 50M: 35.69               |      |          |         |      |            |                 |    |
| 2 | 1146780 | DURÁN VEIRAS RAQUEL      | 1984 | ARTEIXO  | 3:10.52 | M 25 | 2024-05-11 | Riazor          | 10 |
|   |         | 50M: 43.81               |      |          |         |      |            |                 |    |
| 3 | 1237395 | VILARIÑO CACHO ELVIRA    | 1981 | SALESTRA | 3:18.39 | M 25 | 2024-05-19 | Carballo Calero | 8  |
|   |         | 50M: 48.31               |      |          |         |      |            |                 |    |

45+

|   |         |                               |      |          |         |      |            |                 |    |
|---|---------|-------------------------------|------|----------|---------|------|------------|-----------------|----|
| 1 | 1178775 | COVELO SAAVEDRA NAHIR         | 1978 | NPONTEA  | 3:34.60 | M 25 | 2024-05-12 | Álvaro Pino     | 13 |
|   |         | 50M: 47.90                    |      |          |         |      |            |                 |    |
| 2 | 1180238 | GARCÍA SEOANE CRISTINA MARÍA  | 1975 | HERCULES | 3:44.47 | M 25 | 2024-05-11 | Riazor          | 10 |
|   |         | 50M: 44.71                    |      |          |         |      |            |                 |    |
| 3 | 1197606 | CARBALLO BALOIRA SUSANA MARÍA | 1975 | HERCULES | 4:13.82 | M 25 | 2024-05-11 | Riazor          | 8  |
|   |         | 50M: 1:06.23                  |      |          |         |      |            |                 |    |
| 4 | 1250484 | VAZQUEZ GONZALEZ YOLANDA      | 1976 | VALDEORR | 4:46.49 | M 25 | 2024-05-19 | Carballo Calero | 7  |
|   |         | 50M: 1:08.55                  |      |          |         |      |            |                 |    |

50+

|   |         |                             |      |          |         |      |            |        |    |
|---|---------|-----------------------------|------|----------|---------|------|------------|--------|----|
| 1 | 1197600 | SANDERSON KEOUGH HELEN JANE | 1970 | CULLERED | 3:26.71 | M 25 | 2024-05-11 | Riazor | 13 |
|   |         | 50M: 45.75                  |      |          |         |      |            |        |    |

55+

|   |         |                            |      |         |         |      |            |                 |    |
|---|---------|----------------------------|------|---------|---------|------|------------|-----------------|----|
| 1 | 1037939 | CASTRO MAESTRE ISAURA      | 1969 | CFVLUGO | 3:48.54 | M 25 | 2024-05-19 | Carballo Calero | 13 |
|   |         | 50M: 57.52                 |      |         |         |      |            |                 |    |
| 2 | 1076506 | MARTY PAZOS MARIA VICTORIA | 1965 | CTRAVIE | 4:16.47 | M 25 | 2024-05-12 | Álvaro Pino     | 10 |
|   |         | 50M: 1:01.68               |      |         |         |      |            |                 |    |
| 3 | 1145007 | MELON PARENTE M. LOURDES   | 1969 | NPONTEA | 5:45.27 | M 25 | 2024-05-12 | Álvaro Pino     | 8  |
|   |         | 50M: 1:27.17               |      |         |         |      |            |                 |    |

60+

|   |         |                        |      |         |         |      |            |        |    |
|---|---------|------------------------|------|---------|---------|------|------------|--------|----|
| 1 | 1170586 | OREIRO PAZOS M. GLORIA | 1960 | ARTEIXO | 4:19.10 | M 25 | 2024-05-11 | Riazor | 13 |
|   |         | 50M: 1:04.26           |      |         |         |      |            |        |    |

65+

|   |         |                              |      |          |         |      |            |             |    |
|---|---------|------------------------------|------|----------|---------|------|------------|-------------|----|
| 1 | 1075178 | SAR MORANO DOLORES           | 1955 | CULLERED | 4:29.48 | M 25 | 2024-05-11 | Riazor      | 13 |
|   |         | 50M: 1:04.21                 |      |          |         |      |            |             |    |
| 2 | 1141154 | CELEMIN PORRERO MARIA TERESA | 1959 | GALAICO  | 4:38.09 | M 25 | 2024-05-12 | Álvaro Pino | 10 |
|   |         | 50M: 1:06.63                 |      |          |         |      |            |             |    |

## 6. 200 m Estilos Masculino

|            |         |                                  |      |          |         |      |            |                 |    |  |
|------------|---------|----------------------------------|------|----------|---------|------|------------|-----------------|----|--|
| <b>20+</b> |         |                                  |      |          |         |      |            |                 |    |  |
| 1          | 1130804 | CASTRO RODRIGUEZ FRANCISCO       | 2000 | GALAICO  | 2:36.79 | M 25 | 2024-05-12 | Álvaro Pino     | 13 |  |
|            |         | 50M: 30.15                       |      |          |         |      |            |                 |    |  |
| <b>25+</b> |         |                                  |      |          |         |      |            |                 |    |  |
| 1          | 1038178 | IBAÑEZ CARRERA MANUEL GABRIEL    | 1996 | NPONTEA  | 2:41.34 | M 25 | 2024-05-12 | Álvaro Pino     | 13 |  |
|            |         | 50M: 32.64                       |      |          |         |      |            |                 |    |  |
| <b>30+</b> |         |                                  |      |          |         |      |            |                 |    |  |
| 1          | 1130602 | TENORIO FREIRE MARTIN            | 1992 | GALAICO  | 2:23.83 | M 25 | 2024-05-12 | Álvaro Pino     | 13 |  |
|            |         | 50M: 31.22                       |      |          |         |      |            |                 |    |  |
| 2          | 1107418 | LAGO LOPEZ DIEGO                 | 1991 | NCORUÑA  | 2:34.20 | M 25 | 2024-05-11 | Riazor          | 10 |  |
|            |         | 50M: 33.04                       |      |          |         |      |            |                 |    |  |
| 3          | 1093458 | MUIÑO ALONSO ANTON               | 1994 | NCORUÑA  | 2:34.62 | M 25 | 2024-05-11 | Riazor          | 8  |  |
|            |         | 50M: 31.32                       |      |          |         |      |            |                 |    |  |
| 4          | 1076271 | NOVALES BLANCO XABIER            | 1991 | RBAIXAS  | 3:08.69 | M 25 | 2024-05-12 | Álvaro Pino     | 7  |  |
|            |         | 50M: 41.18                       |      |          |         |      |            |                 |    |  |
| <b>35+</b> |         |                                  |      |          |         |      |            |                 |    |  |
| 1          | 1199549 | MARTINEZ DOPAZO DAVID            | 1987 | GALAICO  | 2:52.90 | M 25 | 2024-05-12 | Álvaro Pino     | 13 |  |
|            |         | 50M: 39.11                       |      |          |         |      |            |                 |    |  |
| 2          | 1136629 | FIGUEIRA DOMINGUEZ JAVIER GUZMAN | 1988 | RBAIXAS  | 2:53.78 | M 25 | 2024-05-12 | Álvaro Pino     | 10 |  |
|            |         | 50M: 38.80                       |      |          |         |      |            |                 |    |  |
| 3          | 1235475 | ROADE MORADO AITOR               | 1985 | NTNARON  | 2:57.88 | M 25 | 2024-05-11 | Riazor          | 8  |  |
|            |         | 50M: 34.20                       |      |          |         |      |            |                 |    |  |
| 4          | 1023057 | PEREZ VAZQUEZ TELMO              | 1988 | CMARINA  | 3:07.28 | M 25 | 2024-05-11 | Riazor          | 7  |  |
|            |         | 50M: 39.89                       |      |          |         |      |            |                 |    |  |
| <b>40+</b> |         |                                  |      |          |         |      |            |                 |    |  |
| 1          | 1141151 | CALLE FACAL TELMO                | 1983 | GALAICO  | 2:23.83 | M 25 | 2024-05-12 | Álvaro Pino     | 13 |  |
|            |         | 50M: 31.58                       |      |          |         |      |            |                 |    |  |
| 2          | 1199899 | DOMINGUEZ PHILOCREON TICIANO     | 1981 | CIDSANTI | 3:11.50 | M 25 | 2024-05-19 | Carballo Calero | 10 |  |
|            |         | 50M: 38.40                       |      |          |         |      |            |                 |    |  |
| 3          | 1038913 | SUAREZ GARCIA PEDRO LOIS         | 1980 | NPONTEA  | 3:26.06 | M 25 | 2024-05-12 | Álvaro Pino     | 8  |  |
|            |         | 50M: 47.93                       |      |          |         |      |            |                 |    |  |
| 4          | 1076282 | CARRERA COSTAS ANDRES            | 1982 | NPONTEA  | 3:28.59 | M 25 | 2024-05-12 | Álvaro Pino     | 7  |  |
|            |         | 50M: 47.20                       |      |          |         |      |            |                 |    |  |
| 5          | 1039360 | POSE MATO CESAR                  | 1983 | ADFOGAR  | 4:25.16 | M 25 | 2024-05-19 | Carballo Calero | 6  |  |
|            |         | 50M: 1:08.97                     |      |          |         |      |            |                 |    |  |



45+

|   |         |                             |      |          |         |      |            |                 |    |
|---|---------|-----------------------------|------|----------|---------|------|------------|-----------------|----|
| 1 | 1205935 | GUIRADO CARABEL OSCAR       | 1976 | CULLERED | 2:45.91 | M 25 | 2024-05-11 | Riazor          | 13 |
|   |         | 50M: 33.46                  |      |          |         |      |            |                 |    |
| 2 | 1231581 | RODRÍGUEZ SALGADO MANUEL    | 1975 | CIDSANTI | 2:46.04 | M 25 | 2024-05-19 | Carballo Calero | 10 |
|   |         | 50M: 37.43                  |      |          |         |      |            |                 |    |
| 3 | 1144267 | FINS SEOANE JUAN MIGUEL     | 1977 | SALESTRA | 2:46.18 | M 25 | 2024-05-19 | Carballo Calero | 8  |
|   |         | 50M: 34.95                  |      |          |         |      |            |                 |    |
| 4 | 1075220 | MARTINEZ FERNANDEZ HECTOR   | 1977 | NTNARON  | 2:51.28 | M 25 | 2024-05-11 | Riazor          | 7  |
|   |         | 50M: 34.70                  |      |          |         |      |            |                 |    |
| 5 | 1076564 | CABANELAS EIRAS PABLO       | 1979 | CIDSANTI | 2:58.06 | M 25 | 2024-05-19 | Carballo Calero | 6  |
|   |         | 50M: 39.19                  |      |          |         |      |            |                 |    |
| 6 | 1224729 | FERNADEZ BARREIROS CLAUDIO  | 1975 | CNORDES  | 3:09.78 | M 25 | 2024-05-19 | Carballo Calero | 5  |
|   |         | 50M: 43.32                  |      |          |         |      |            |                 |    |
| 7 | 1144297 | LAMAS SOTO CESAR            | 1975 | CULLERED | 3:10.42 | M 25 | 2024-05-11 | Riazor          | 4  |
|   |         | 50M: 38.71                  |      |          |         |      |            |                 |    |
| 8 | 1215947 | VAZQUEZ PEREZ LUIS FERNANDO | 1979 | CULLERED | 3:36.88 | M 25 | 2024-05-11 | Riazor          | 3  |
|   |         | 50M: 45.77                  |      |          |         |      |            |                 |    |
| 9 | 1143542 | FERNANDEZ GONZALEZ BRUNO    | 1977 | POURENSE | 3:44.56 | M 25 | 2024-05-19 | Carballo Calero | 2  |
|   |         | 50M: 49.88                  |      |          |         |      |            |                 |    |

50+

|   |         |                                |      |         |         |      |            |             |    |
|---|---------|--------------------------------|------|---------|---------|------|------------|-------------|----|
| 1 | 1079343 | MOURIÑO ORTIGUERA ROBERTO C.   | 1974 | NPONTEA | 2:54.92 | M 25 | 2024-05-12 | Álvaro Pino | 13 |
|   |         | 50M: 35.36                     |      |         |         |      |            |             |    |
| 2 | 1051938 | SOTO HECTOR OSCAR              | 1970 | RBAIXAS | 2:59.70 | M 25 | 2024-05-12 | Álvaro Pino | 10 |
|   |         | 50M: 42.11                     |      |         |         |      |            |             |    |
| 3 | 1076553 | FERNANDEZ-TESTA BARREIRO DAVID | 1974 | RBAIXAS | 3:22.79 | M 25 | 2024-05-12 | Álvaro Pino | 8  |
|   |         | 50M: 47.18                     |      |         |         |      |            |             |    |

55+

|   |         |                             |      |          |         |      |            |                 |    |
|---|---------|-----------------------------|------|----------|---------|------|------------|-----------------|----|
| 1 | 1037161 | TOME NOGUEIRA ALBERTO M.    | 1968 | ADFOGAR  | 3:24.34 | M 25 | 2024-05-19 | Carballo Calero | 13 |
|   |         | 50M: 43.15                  |      |          |         |      |            |                 |    |
| 2 | 1143575 | FERREIRA GONZALEZ XOSE ANXO | 1966 | CNREDON  | 3:26.40 | M 25 | 2024-05-12 | Álvaro Pino     | 10 |
|   |         | 50M: 40.46                  |      |          |         |      |            |                 |    |
| 3 | 1193949 | LAMELO OTERO RAMÓN JESUS    | 1968 | CIDSANTI | 3:57.68 | M 25 | 2024-05-19 | Carballo Calero | 8  |
|   |         | 50M: 51.10                  |      |          |         |      |            |                 |    |
| 4 | 1228047 | PEREZ GARCIA MANUEL         | 1967 | CULLERED | 4:04.50 | M 25 | 2024-05-11 | Riazor          | 7  |
|   |         | 50M: 51.17                  |      |          |         |      |            |                 |    |
| 5 | 1106828 | TRILLO CARLIN JOSE FDO.     | 1968 | ADFOGAR  | 4:20.98 | M 25 | 2024-05-19 | Carballo Calero | 6  |
|   |         | 50M: 1:03.29                |      |          |         |      |            |                 |    |

60+

|   |         |                                      |      |          |         |      |            |                 |    |
|---|---------|--------------------------------------|------|----------|---------|------|------------|-----------------|----|
| 1 | 1076173 | FERNANDEZ NUÑEZ SANTIAGO             | 1963 | CIDSANTI | 3:07.26 | M 25 | 2024-05-19 | Carballo Calero | 13 |
|   |         | 50M: 38.72                           |      |          |         |      |            |                 |    |
| 2 | 1106829 | RODRIGUEZ FERNANDEZ FRANCISCO XABIER | 1964 | ADFOGAR  | 4:01.09 | M 25 | 2024-05-19 | Carballo Calero | 10 |

50M: 52.80

|              |         |                             |      |          |         |      |            |                 |   |
|--------------|---------|-----------------------------|------|----------|---------|------|------------|-----------------|---|
| 3            | 1075770 | RODRIGUEZ BASANTA FCO. JOSE | 1961 | VALDEORR | 4:05.33 | M 25 | 2024-05-19 | Carballo Calero | 8 |
| 50M: 1:00.33 |         |                             |      |          |         |      |            |                 |   |

65+

|            |         |                               |      |          |         |      |            |             |    |
|------------|---------|-------------------------------|------|----------|---------|------|------------|-------------|----|
| 1          | 1048207 | ROS ROSILLO ALEJANDRO         | 1958 | RBAIXAS  | 3:15.57 | M 25 | 2024-05-12 | Álvaro Pino | 13 |
| 50M: 45.00 |         |                               |      |          |         |      |            |             |    |
| 2          | 1075185 | YAÑEZ WONENBURGER JUAN CARLOS | 1959 | HERCULES | 3:22.83 | M 25 | 2024-05-11 | Riazor      | 10 |
| 50M: 45.08 |         |                               |      |          |         |      |            |             |    |

## 7. 50 m Bolboreta Feminino

### 20+

|   |         |                                 |      |          |         |      |            |                 |    |
|---|---------|---------------------------------|------|----------|---------|------|------------|-----------------|----|
| 1 | 1076318 | LEMONS FERNANDEZ ZAIRA          | 2002 | NPONTEA  | 35.39   | M 25 | 2024-05-12 | Álvaro Pino     | 13 |
| 2 | 1228009 | SOUTIÑO RAMIREZ CARMEN VICTORIA | 2001 | POR-MIÑA | 39.73   | M 25 | 2024-05-19 | Carballo Calero | 10 |
| 3 | 1203517 | CABALEIRO FREIRIA LARA          | 2001 | NPONTEA  | 43.33   | M 25 | 2024-05-12 | Álvaro Pino     | 8  |
| 4 | 1230349 | VICENTE RODRIGUEZ ANDREA        | 2002 | NPONTEA  | 47.84   | M 25 | 2024-05-12 | Álvaro Pino     | 7  |
| 5 | 1212511 | NOVOA VAZQUEZ LAURA             | 2000 | CMARINA  | 1:10.82 | M 25 | 2024-05-11 | Riazor          | 6  |
| 6 | 1212510 | NOVOA VAZQUEZ EVA               | 2000 | CMARINA  | 1:13.26 | M 25 | 2024-05-11 | Riazor          | 5  |

### 25+

|   |         |                                |      |          |       |      |            |             |    |
|---|---------|--------------------------------|------|----------|-------|------|------------|-------------|----|
| 1 | 1115615 | PASCUAL GUTIERREZ MARIA TERESA | 1998 | HERCULES | 32.78 | M 25 | 2024-05-11 | Riazor      | 13 |
| 2 | 1037987 | MENDEZ SEIJO NEREA             | 1999 | RBAIXAS  | 34.42 | M 25 | 2024-05-12 | Álvaro Pino | 10 |
| 3 | 1257948 | TORTOSA MENDOZA MARIA GABRIELA | 1996 | CULLERED | 38.15 | M 25 | 2024-05-11 | Riazor      | 8  |
| 4 | 1145008 | GONZALEZ PEREZ PAULA           | 1996 | NPONTEA  | 46.20 | M 25 | 2024-05-12 | Álvaro Pino | 7  |
| 5 | 1201604 | BARBADILLO ECHEVARRIA SOFIA    | 1999 | CMARINA  | 58.56 | M 25 | 2024-05-11 | Riazor      | 6  |

### 30+

|   |         |                              |      |         |         |      |            |                 |    |
|---|---------|------------------------------|------|---------|---------|------|------------|-----------------|----|
| 1 | 1093459 | FRANCO CAL ALBA              | 1991 | CFVLUGO | 29.04   | M 25 | 2024-05-19 | Carballo Calero | 13 |
| 2 | 1041452 | BEN CILLERO SABELA           | 1992 | CNXOVE  | 35.97   | M 25 | 2024-05-11 | Riazor          | 10 |
| 3 | 1040719 | CUBA KOSTER ESMERALDA        | 1992 | CNXOVE  | 44.27   | M 25 | 2024-05-11 | Riazor          | 8  |
| 4 | 1224940 | PAZOS GANDARA ANDREA         | 1992 | NPONTEA | 44.54   | M 25 | 2024-05-12 | Álvaro Pino     | 7  |
| 5 | 1247615 | ALONSO PEREIRA FATIMA        | 1993 | RBAIXAS | 48.85   | M 25 | 2024-05-12 | Álvaro Pino     | 6  |
| 6 | 1202705 | MARTINEZ BARCIOLA MARIA OLGA | 1990 | RBAIXAS | 1:00.20 | M 25 | 2024-05-12 | Álvaro Pino     | 5  |

### 35+

|   |         |                             |      |         |       |      |            |             |    |
|---|---------|-----------------------------|------|---------|-------|------|------------|-------------|----|
| 1 | 1212097 | LOUREIRO AMOR BELEN MARTINA | 1988 | NTNARON | 34.23 | M 25 | 2024-05-11 | Riazor      | 13 |
| 2 | 1243130 | TORRE GONZALEZ ELISA        | 1985 | RBAIXAS | 41.90 | M 25 | 2024-05-12 | Álvaro Pino | 10 |
| 3 | 1110693 | FERNANDEZ GUARDIOLA LOIRA   | 1989 | NPONTEA | 59.19 | M 25 | 2024-05-12 | Álvaro Pino | 8  |

### 40+

|   |         |                          |      |          |         |      |            |                 |    |
|---|---------|--------------------------|------|----------|---------|------|------------|-----------------|----|
| 1 | 1075221 | HERMIDA RODRIGUEZ BLANCA | 1981 | CMARINA  | 32.16   | M 25 | 2024-05-11 | Riazor          | 13 |
| 2 | 1144200 | RODRIGUEZ LOPEZ BELEN    | 1981 | RBAIXAS  | 42.74   | M 25 | 2024-05-12 | Álvaro Pino     | 10 |
| 3 | 1237395 | VILARIÑO CACHO ELVIRA    | 1981 | SALESTRA | 47.23   | M 25 | 2024-05-19 | Carballo Calero | 8  |
| 4 | 1236642 | ABBATEMARCO CRISTINA     | 1984 | SALESTRA | 50.03   | M 25 | 2024-05-19 | Carballo Calero | 7  |
| 5 | 1036387 | VAZQUEZ PARCERO MARTA    | 1980 | CMARINA  | 1:10.35 | M 25 | 2024-05-11 | Riazor          | 6  |

### 45+

|   |         |                             |      |          |       |      |            |                 |    |
|---|---------|-----------------------------|------|----------|-------|------|------------|-----------------|----|
| 1 | 1205780 | ROMAR GASALLA AURORA FATIMA | 1977 | CMARINA  | 44.82 | M 25 | 2024-05-11 | Riazor          | 13 |
| 2 | 1236743 | RIVAS RODRIGUEZ LUCIA       | 1979 | NCORUÑA  | 47.91 | M 25 | 2024-05-11 | Riazor          | 10 |
| 3 | 1224731 | RIVEIRA CAAMAÑO REBECA      | 1977 | CNORDES  | 50.10 | M 25 | 2024-05-19 | Carballo Calero | 8  |
| 4 | 1222316 | GIL VILLARINO MARTA         | 1977 | HERCULES | 51.50 | M 25 | 2024-05-11 | Riazor          | 7  |

|   |         |                             |      |          |         |      |            |             |   |
|---|---------|-----------------------------|------|----------|---------|------|------------|-------------|---|
| 5 | 1217442 | VILLASANTE ARMAS MARIA ROSA | 1975 | NCORUÑA  | 52.07   | M 25 | 2024-05-11 | Riazor      | 6 |
| 6 | 1144074 | SERRANO AVENDAÑO SILVIA     | 1975 | CTRAVIE  | 56.23   | M 25 | 2024-05-12 | Álvaro Pino | 5 |
| 7 | 1258213 | NAVEIRA VANESA              | 1977 | TRICORUÑ | 59.62   | M 25 | 2024-05-11 | Riazor      | 4 |
| 8 | 1178771 | BESADA FERNÁNDEZ ANA M.     | 1978 | NPONTEA  | 1:03.66 | M 25 | 2024-05-12 | Álvaro Pino | 3 |

**50+**

|   |         |                               |      |         |       |      |            |             |    |
|---|---------|-------------------------------|------|---------|-------|------|------------|-------------|----|
| 1 | 1145023 | SALES MANTIÑAN CARMEN         | 1974 | CASINOC | 49.87 | M 25 | 2024-05-11 | Riazor      | 13 |
| 2 | 1127346 | SOBRINO EIRIZ MARIA DEL VALLE | 1972 | NPONTEA | 54.55 | M 25 | 2024-05-12 | Álvaro Pino | 10 |

**55+**

|   |         |                          |      |         |         |      |            |             |    |
|---|---------|--------------------------|------|---------|---------|------|------------|-------------|----|
| 1 | 1086162 | BARJA BARJA LILIANA      | 1965 | CTRAVIE | 53.63   | M 25 | 2024-05-12 | Álvaro Pino | 13 |
| 2 | 1145007 | MELON PARENTE M. LOURDES | 1969 | NPONTEA | 1:22.59 | M 25 | 2024-05-12 | Álvaro Pino | 10 |

**60+**

|   |         |                       |      |         |       |      |            |                 |    |
|---|---------|-----------------------|------|---------|-------|------|------------|-----------------|----|
| 1 | 1127105 | PEREIRA ALONSO ISABEL | 1961 | ADFOGAR | 50.10 | M 25 | 2024-05-19 | Carballo Calero | 13 |
|---|---------|-----------------------|------|---------|-------|------|------------|-----------------|----|

## 8. 50 m Bolboreta Masculino

### 20+

|   |         |                            |      |         |       |      |            |             |    |
|---|---------|----------------------------|------|---------|-------|------|------------|-------------|----|
| 1 | 1130804 | CASTRO RODRIGUEZ FRANCISCO | 2000 | GALAICO | 30.57 | M 25 | 2024-05-12 | Álvaro Pino | 13 |
| 2 | 1097741 | GONZÁLEZ MARTÍNEZ CRISTIAN | 2003 | ARTEIXO | 31.60 | M 25 | 2024-05-11 | Riazor      | 10 |
| 3 | 1230348 | GONZALEZ ALONSO ALEJANDRO  | 2002 | NPONTEA | 40.05 | M 25 | 2024-05-12 | Álvaro Pino | 8  |

### 25+

|   |         |                      |      |          |       |      |            |        |    |
|---|---------|----------------------|------|----------|-------|------|------------|--------|----|
| 1 | 1039755 | RIVAS MACEIRAS ISAAC | 1999 | HERCULES | 29.55 | M 25 | 2024-05-11 | Riazor | 13 |
|---|---------|----------------------|------|----------|-------|------|------------|--------|----|

### 30+

|   |         |                        |      |          |       |      |            |                 |    |
|---|---------|------------------------|------|----------|-------|------|------------|-----------------|----|
| 1 | 1038638 | CASTRO VILLAR DAVID    | 1991 | CFVLUGO  | 30.62 | M 25 | 2024-05-19 | Carballo Calero | 13 |
| 2 | 1037824 | FREIRE GONZALEZ JAVIER | 1993 | RBAIXAS  | 31.26 | M 25 | 2024-05-12 | Álvaro Pino     | 10 |
| 3 | 1255452 | MARCOS PAZOS PABLO     | 1991 | HERCULES | 32.32 | M 25 | 2024-05-11 | Riazor          | 8  |
| 4 | 1251210 | ANDRES DUASO OLMO      | 1993 | ARTEIXO  | 35.88 | M 25 | 2024-05-11 | Riazor          | 7  |
| 5 | 1241139 | DIÉGUEZ GONZALEZ BRUNO | 1990 | CIDSANTI | 39.24 | M 25 | 2024-05-19 | Carballo Calero | 6  |
| 6 | 1256973 | PENIDE CALVO GABRIEL   | 1993 | RBAIXAS  | 39.38 | M 25 | 2024-05-12 | Álvaro Pino     | 5  |
| 7 | 1076271 | NOVALES BLANCO XABIER  | 1991 | RBAIXAS  | 41.66 | M 25 | 2024-05-12 | Álvaro Pino     | 4  |

### 35+

|    |         |                              |      |          |       |      |            |                 |    |
|----|---------|------------------------------|------|----------|-------|------|------------|-----------------|----|
| 1  | 1005819 | LAZARO GUERRERO VICTOR       | 1988 | CMARINA  | 30.57 | M 25 | 2024-05-11 | Riazor          | 13 |
| 2  | 1191119 | CAO LAGO PABLO               | 1987 | RBAIXAS  | 30.75 | M 25 | 2024-05-12 | Álvaro Pino     | 10 |
| 3  | 1185622 | DÍAZ RODRÍGUEZ ANDRÉS        | 1989 | NTNARON  | 31.87 | M 25 | 2024-05-11 | Riazor          | 8  |
| 4  | 1126597 | FERNANDEZ GAYOSO JOSE MANUEL | 1986 | CNMOS    | 32.70 | M 25 | 2024-05-12 | Álvaro Pino     | 7  |
| 5  | 1144194 | TELLA FERREIRO MIGUEL        | 1988 | CNORDES  | 33.26 | M 25 | 2024-05-19 | Carballo Calero | 6  |
| 6  | 1235475 | ROADE MORADO AITOR           | 1985 | NTNARON  | 34.00 | M 25 | 2024-05-11 | Riazor          | 5  |
| 7  | 1036745 | BARCIA SIXTO FRANCISCO JOSÉ  | 1985 | NTNARON  | 34.88 | M 25 | 2024-05-11 | Riazor          | 4  |
| 8  | 1097263 | LAMEIRO SEOANE JAVIER        | 1987 | HERCULES | 34.92 | M 25 | 2024-05-11 | Riazor          | 3  |
| 9  | 1226234 | COTELO SENANDE ALBERTO       | 1988 | ADFOGAR  | 35.82 | M 25 | 2024-05-19 | Carballo Calero | 2  |
| 10 | 1241048 | PUIG GONZALEZ PABLO          | 1986 | CASINOC  | 39.15 | M 25 | 2024-05-11 | Riazor          | 1  |
| 11 | 1145090 | MARTÍNEZ DOMÍNGUEZ IVÁN      | 1988 | NPONTEA  | 44.21 | M 25 | 2024-05-12 | Álvaro Pino     | 0  |
| 12 | 1178928 | FIDALGO SERRANO GUILLERMO    | 1986 | CTRAVIE  | 47.81 | M 25 | 2024-05-12 | Álvaro Pino     | 0  |

### 40+

|   |         |                                 |      |          |       |      |            |                 |    |
|---|---------|---------------------------------|------|----------|-------|------|------------|-----------------|----|
| 1 | 1041444 | FERNANDEZ VARELA PABLO J.       | 1984 | ADFOGAR  | 32.35 | M 25 | 2024-05-19 | Carballo Calero | 13 |
| 2 | 1182358 | CANOSA RODRÍGUEZ JUAN JOSÉ      | 1980 | NTNARON  | 32.91 | M 25 | 2024-05-11 | Riazor          | 10 |
| 3 | 1224733 | ARANGO GAYAR SAUL               | 1980 | RBAIXAS  | 34.75 | M 25 | 2024-05-12 | Álvaro Pino     | 8  |
| 4 | 1199899 | DOMINGUEZ PHILOCREON TICIANO    | 1981 | CIDSANTI | 36.11 | M 25 | 2024-05-19 | Carballo Calero | 7  |
| 5 | 1190909 | CARBALLA BARROSO ROGELIO MANUEL | 1981 | GALAICO  | 39.31 | M 25 | 2024-05-12 | Álvaro Pino     | 6  |
| 6 | 1141126 | GOLPE IGLESIAS JOSE ANTONIO     | 1982 | MPVETUS  | 40.61 | M 25 | 2024-05-12 | Álvaro Pino     | 5  |
| 7 | 1084041 | SUAREZ GARCIA SERGIO            | 1980 | MPVETUS  | 41.30 | M 25 | 2024-05-12 | Álvaro Pino     | 4  |
| 8 | 1076282 | CARRERA COSTAS ANDRES           | 1982 | NPONTEA  | 45.44 | M 25 | 2024-05-12 | Álvaro Pino     | 3  |

|            |         |                                      |      |          |         |      |            |                 |    |
|------------|---------|--------------------------------------|------|----------|---------|------|------------|-----------------|----|
| 9          | 1039360 | POSE MATO CESAR                      | 1983 | ADFOGAR  | 1:05.09 | M 25 | 2024-05-19 | Carballo Calero | 2  |
| <b>45+</b> |         |                                      |      |          |         |      |            |                 |    |
| 1          | 1247553 | MUIÑO LOPEZ IAGO                     | 1977 | CIDSANTI | 31.55   | M 25 | 2024-05-19 | Carballo Calero | 13 |
| 2          | 1143662 | BALSA MOSQUERA PABLO                 | 1978 | CMARINA  | 33.68   | M 25 | 2024-05-11 | Riazor          | 10 |
| 3          | 1144181 | PEREZ CARRERA ELIAS                  | 1979 | RBAIXAS  | 35.74   | M 25 | 2024-05-12 | Álvaro Pino     | 8  |
| 4          | 1201621 | ALONSO ORTIZ MARIANO                 | 1976 | CFVLUGO  | 36.93   | M 25 | 2024-05-19 | Carballo Calero | 7  |
| 5          | 1079491 | GOMEZ MARTIN RUBEN                   | 1978 | CFVLUGO  | 38.64   | M 25 | 2024-05-19 | Carballo Calero | 6  |
| 6          | 1178772 | CARRERA RODRÍGUEZ RUBÉN              | 1979 | NPONTEA  | 42.63   | M 25 | 2024-05-12 | Álvaro Pino     | 5  |
| 7          | 1197558 | FERNANDEZ FERNANDEZ MIGUEL ANGEL     | 1977 | RBAIXAS  | 48.81   | M 25 | 2024-05-12 | Álvaro Pino     | 4  |
| <b>50+</b> |         |                                      |      |          |         |      |            |                 |    |
| 1          | 1180192 | SAAVEDRA GONZÁLEZ RAUL               | 1973 | HERCULES | 30.53   | M 25 | 2024-05-11 | Riazor          | 13 |
| 2          | 1141206 | ANEIROS GARCIA JOSE M.               | 1974 | CMARINA  | 31.10   | M 25 | 2024-05-11 | Riazor          | 10 |
| 3          | 1197597 | HERNAEZ OUBIÑA DAVID                 | 1973 | CULLERED | 34.34   | M 25 | 2024-05-11 | Riazor          | 8  |
| 4          | 1258336 | MUÑIZ CAL RAFAEL                     | 1974 | ARTEIXO  | 34.43   | M 25 | 2024-05-11 | Riazor          | 7  |
| 5          | 1084040 | GARCIA CASTIÑEIRA DANIEL             | 1974 | GALAICO  | 34.54   | M 25 | 2024-05-12 | Álvaro Pino     | 6  |
| 6          | 1255450 | RODRÍGUEZ RODRÍGUEZ SANTIAGO         | 1972 | CIDSANTI | 36.98   | M 25 | 2024-05-19 | Carballo Calero | 5  |
| 7          | 1251882 | IGLESIAS CARRERA PIO                 | 1973 | CIDSANTI | 37.09   | M 25 | 2024-05-19 | Carballo Calero | 4  |
| 8          | 1141356 | GENDE DIAZ JUAN F.                   | 1970 | ADFOGAR  | 39.33   | M 25 | 2024-05-19 | Carballo Calero | 3  |
| 9          | 1180239 | MARTÍNEZ LEMA JOSÉ ANTONIO           | 1972 | TRICORUÑ | 40.89   | M 25 | 2024-05-11 | Riazor          | 2  |
| 10         | 1141071 | LORENZO FERNANDEZ JOSE MANUEL        | 1972 | RBAIXAS  | 41.58   | M 25 | 2024-05-12 | Álvaro Pino     | 1  |
| 11         | 1078844 | FERNÁNDEZ FERNÁNDEZ JOSÉ LUIS        | 1974 | CIDSANTI | 43.05   | M 25 | 2024-05-19 | Carballo Calero | 0  |
| 12         | 1180236 | DE LA VEGA GÁNDARAS FELIPE           | 1973 | HERCULES | 48.41   | M 25 | 2024-05-11 | Riazor          | 0  |
| 13         | 1146902 | PEREIRO LOPEZ-QUECUTY SIMON          | 1973 | RBAIXAS  | 48.91   | M 25 | 2024-05-12 | Álvaro Pino     | 0  |
| <b>55+</b> |         |                                      |      |          |         |      |            |                 |    |
| 1          | 1232926 | TAPIA PORTO ENRIQUE                  | 1965 | NCORUÑA  | 32.30   | M 25 | 2024-05-11 | Riazor          | 13 |
| 2          | 1076516 | JORGE IGLESIAS MARCELINO             | 1966 | RBAIXAS  | 33.36   | M 25 | 2024-05-12 | Álvaro Pino     | 10 |
| 3          | 1143661 | TOURIÑO GONZALEZ VICTOR M.           | 1968 | CMARINA  | 38.86   | M 25 | 2024-05-11 | Riazor          | 8  |
| 4          | 1037161 | TOME NOGUEIRA ALBERTO M.             | 1968 | ADFOGAR  | 40.50   | M 25 | 2024-05-19 | Carballo Calero | 7  |
| <b>60+</b> |         |                                      |      |          |         |      |            |                 |    |
| 1          | 1079361 | RODRIGUEZ GOMEZ EMILIO               | 1961 | NPONTEA  | 47.81   | M 25 | 2024-05-12 | Álvaro Pino     | 13 |
| 2          | 1053394 | SANJORGE PEDREIRA CARMELO            | 1962 | ARTEIXO  | 50.94   | M 25 | 2024-05-11 | Riazor          | 10 |
| 3          | 1106829 | RODRIGUEZ FERNANDEZ FRANCISCO XABIER | 1964 | ADFOGAR  | 53.33   | M 25 | 2024-05-19 | Carballo Calero | 8  |
| 4          | 1143536 | BLANCO PEREZ ANGEL                   | 1964 | POURENSE | 58.91   | M 25 | 2024-05-19 | Carballo Calero | 7  |
| 5          | 1250479 | ROMERO PENA JUAN RAMON               | 1963 | HERCULES | 1:05.86 | M 25 | 2024-05-11 | Riazor          | 6  |
| <b>65+</b> |         |                                      |      |          |         |      |            |                 |    |
| 1          | 1170858 | CODESIDO LOPEZ JOSÉ                  | 1959 | CIDSANTI | 42.27   | M 25 | 2024-05-19 | Carballo Calero | 13 |
| 2          | 1144180 | SEGUÍN CID SEVERINO                  | 1959 | CTRAVIE  | 49.77   | M 25 | 2024-05-12 | Álvaro Pino     | 10 |
| 3          | 1079748 | SANTAMARINA LÓPEZ JAVIER             | 1958 | CTRAVIE  | 1:21.77 | M 25 | 2024-05-12 | Álvaro Pino     | 8  |

70+

|   |         |                           |      |          |       |      |            |        |    |
|---|---------|---------------------------|------|----------|-------|------|------------|--------|----|
| 1 | 1075190 | SUANZES PEREZ FERNANDO    | 1953 | HERCULES | 36.60 | M 25 | 2024-05-11 | Riazor | 13 |
| 2 | 1048954 | BORDALLO CORTINA FERNANDO | 1954 | HERCULES | 46.22 | M 25 | 2024-05-11 | Riazor | 10 |

## 9. 4x50 m Libre Feminino

|             |                                     |            |         |      |            |             |  |    |
|-------------|-------------------------------------|------------|---------|------|------------|-------------|--|----|
| <b>+80</b>  |                                     |            |         |      |            |             |  |    |
| 1           | C. N. PONTEAREAS                    | NPONTEA    | 2:26.06 | M 25 | 2024-05-12 | Álvaro Pino |  | 26 |
|             | LEMONS FERNANDEZ ZAIRA (2002)       | 50L: 32.88 |         |      |            |             |  |    |
| <b>+100</b> |                                     |            |         |      |            |             |  |    |
| 1           | C. N. CORUÑA                        | NCORUÑA    | 2:09.74 | M 25 | 2024-05-11 | Riazor      |  | 26 |
|             | LAGO CASTILLO NATALIA (1999)        | 50L: 32.60 |         |      |            |             |  |    |
| <b>+120</b> |                                     |            |         |      |            |             |  |    |
| 1           | C. N. PONTEAREAS                    | NPONTEA    | 2:35.36 | M 25 | 2024-05-12 | Álvaro Pino |  | 26 |
|             | GESTO ALONSO CLARISA (1989)         | 50L: 34.59 |         |      |            |             |  |    |
| 2           | C. MARINA FERROL                    | CMARINA    | 2:56.88 | M 25 | 2024-05-11 | Riazor      |  | 20 |
|             | BARBADILLO ECHEVARRIA SOFIA (1999)  | 50L: 56.39 |         |      |            |             |  |    |
| <b>+160</b> |                                     |            |         |      |            |             |  |    |
| 1           | C. HÉRCULES TERMARIA                | HERCULES   | 2:33.41 | M 25 | 2024-05-11 | Riazor      |  | 26 |
|             | GARCÍA SEOANE CRISTINA MARÍA (1975) | 50L: 39.70 |         |      |            |             |  |    |
| 2           | C. N. PONTEAREAS                    | NPONTEA    | 3:27.22 | M 25 | 2024-05-12 | ÁLVARO PINO |  | 20 |
|             | FERNANDEZ GUARDIOLA LOIRA (1989)    | 50L: 55.34 |         |      |            |             |  |    |
| <b>+200</b> |                                     |            |         |      |            |             |  |    |
| 1           | C. N. PONTEAREAS                    | NPONTEA    | 2:46.59 | M 25 | 2024-05-12 | Álvaro Pino |  | 26 |
|             | COVELO SAAVEDRA NAHIR (1978)        | 50L: 40.50 |         |      |            |             |  |    |
| <b>+240</b> |                                     |            |         |      |            |             |  |    |
| 1           | C. N. PONTEAREAS                    | NPONTEA    | 4:41.55 | M 25 | 2024-05-12 | Álvaro Pino |  | 26 |
|             | MELON PARENTE M. LOURDES (1969)     | 50L: 59.33 |         |      |            |             |  |    |



## 10. 4x50 m Libre Masculino

### +120

|   |                                  |            |         |      |            |                 |    |
|---|----------------------------------|------------|---------|------|------------|-----------------|----|
| 1 | C. N. CORUÑA                     | NCORUÑA    | 1:54.48 | M 25 | 2024-05-11 | Riazor          | 26 |
|   | LAGO LOPEZ DIEGO (1991)          | 50L: 27.84 |         |      |            |                 |    |
| 2 | C. N. VIGO RÍAS BAIXAS           | RBAIXAS    | 2:01.11 | M 25 | 2024-05-12 | Álvaro Pino     | 20 |
|   | CAO LAGO PABLO (1987)            | 50L: 28.71 |         |      |            |                 |    |
| 3 | C. DEP. N. CIDADE DE SANTIAGO    | CIDSANTI   | 2:10.10 | M 25 | 2024-05-19 | Carballo Calero | 16 |
|   | BERNARDEZ FERRO JUAN JOSE (1987) | 50L: 29.26 |         |      |            |                 |    |
| 4 | C. N. PONTEAREAS                 | NPONTEA    | 2:46.22 | M 25 | 2024-05-12 | Álvaro Pino     | 14 |
|   | MARTÍNEZ DOMÍNGUEZ IVÁN (1988)   | 50L: 34.38 |         |      |            |                 |    |

### +160

|   |                                    |            |         |      |            |                 |    |
|---|------------------------------------|------------|---------|------|------------|-----------------|----|
| 1 | C. N. GALAICO                      | GALAICO    | 1:54.28 | M 25 | 2024-05-12 | Álvaro Pino     | 26 |
|   | CALLE FACAL TELMO (1983)           | 50L: 27.46 |         |      |            |                 |    |
| 2 | C. MARINA FERROL                   | CMARINA    | 1:58.28 | M 25 | 2024-05-11 | Riazor          | 20 |
|   | LAZARO GUERRERO VICTOR (1988)      | 50L: 30.30 |         |      |            |                 |    |
| 3 | AGRUP. DEP. NÁUTICO DE NARÓN       | NTNARON    | 1:58.94 | M 25 | 2024-05-11 | Riazor          | 16 |
|   | BARCIA SIXTO FRANCISCO JOSÉ (1985) | 50L: 28.80 |         |      |            |                 |    |
| 4 | C. HÉRCULES TERMARIA               | HERCULES   | 2:04.10 | M 25 | 2024-05-11 | Riazor          | 14 |
|   | RIVAS MACEIRAS ISAAC (1999)        | 50L: 27.01 |         |      |            |                 |    |
| 5 | C. DEP. N. CIDADE DE SANTIAGO      | CIDSANTI   | 2:08.06 | M 25 | 2024-05-19 | Carballo Calero | 12 |
|   | IGLESIAS CARRERA PIO (1973)        | 50L: 31.13 |         |      |            |                 |    |
| 6 | AGRUP. DEP. FOGAR                  | ADFOGAR    | 2:08.67 | M 25 | 2024-05-19 | Carballo Calero | 10 |
|   | FERNANDEZ VARELA PABLO J. (1984)   | 50L: 28.69 |         |      |            |                 |    |
| 7 | C. N. VIGO RÍAS BAIXAS             | RBAIXAS    | 2:24.96 | M 25 | 2024-05-12 | Álvaro Pino     | 8  |
|   | PENIDE CALVO GABRIEL (1993)        | 50L: 32.68 |         |      |            |                 |    |

### +200

|   |                                     |            |         |      |            |                 |    |
|---|-------------------------------------|------------|---------|------|------------|-----------------|----|
| 1 | C. DEP. N. CIDADE DE SANTIAGO       | CIDSANTI   | 2:00.56 | M 25 | 2024-05-19 | Carballo Calero | 26 |
|   | RODRÍGUEZ SALGADO MANUEL (1975)     | 50L: 28.60 |         |      |            |                 |    |
| 2 | C. N. CULLEREDO                     | CULLERED   | 2:11.43 | M 25 | 2024-05-11 | Riazor          | 20 |
|   | LAMAS SOTO CESAR (1975)             | 50L: 31.71 |         |      |            |                 |    |
| 3 | C. N. VIGO RÍAS BAIXAS              | RBAIXAS    | 2:19.63 | M 25 | 2024-05-12 | Álvaro Pino     | 16 |
|   | SOTO HECTOR OSCAR (1970)            | 50L: 32.04 |         |      |            |                 |    |
| 4 | C. N. PONTEAREAS                    | NPONTEA    | 2:21.71 | M 25 | 2024-05-12 | Álvaro Pino     | 14 |
|   | MOURIÑO ORTIGUERA ROBERTO C. (1974) | 50L: 31.55 |         |      |            |                 |    |
| 5 | C. N. PABELLÓN OURENSE              | POURENSE   | 2:34.19 | M 25 | 2024-05-19 | Carballo Calero | 12 |
|   | FERNANDEZ GONZALEZ BRUNO (1977)     | 50L: 39.06 |         |      |            |                 |    |
| 6 | AGRUP. DEP. FOGAR                   | ADFOGAR    | 2:51.11 | M 25 | 2024-05-19 | Carballo Calero | 10 |
|   | CANOSA RODRIGUEZ ALFONSO J. (1971)  | 50L: 39.87 |         |      |            |                 |    |

**+240**

|   |                                                       |                        |         |      |            |             |    |
|---|-------------------------------------------------------|------------------------|---------|------|------------|-------------|----|
| 1 | C. HÉRCULES TERMARIA<br>SUANZES PEREZ FERNANDO (1953) | HERCULES<br>50L: 35.83 | 2:26.87 | M 25 | 2024-05-11 | Riazor      | 26 |
| 2 | C. N. ARTEIXO<br>MUÑIZ CAL RAFAEL (1974)              | ARTEIXO<br>50L: 30.23  | 2:28.55 | M 25 | 2024-05-11 | Riazor      | 20 |
| 3 | C. TRAVIESAS N.<br>VILLORIA CARAMES ALEJANDRO (1945)  | CTRAVIE<br>50L: 48.97  | 3:05.06 | M 25 | 2024-05-12 | Álvaro Pino | 16 |
| 4 | C. N. PONTEAREAS<br>SUAREZ GARCIA PEDRO LOIS (1980)   | NPONTEA<br>50L: 39.20  | 3:09.40 | M 25 | 2024-05-12 | Álvaro Pino | 14 |