

Prueba 1  
08/06/2024

Mixto, 4 x 50m Estilos

AG 80 - 359  
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
<b>+80 (PRE-MASTER)</b>						
PONTEAREAS 1		+80	(PIPONTEAREAS	2:07.00	25m	2:09.70
PORTAMIÑA 1		+80	(PIPORTAMIÑA	2:16.77	50m	2:16.77
<b>+100</b>						
NCORUÑA 1		+100	NCORUÑA	2:07.43	50m	2:07.43
RIASBAIXAS 1		+100	RIASBAIXAS	2:12.06	25m	2:14.76
PONTEAREAS 2		+100	PONTEAREAS	2:19.43	25m	2:22.13
PORTAMIÑA 2		+100	PORTAMIÑA	2:28.48	50m	2:28.48
<b>+120</b>						
PONTEAREAS 4		+120	PONTEAREAS	2:02.92	25m	2:05.62
NCORUÑA 2		+120	NCORUÑA	2:12.16	25m	2:15.05
ARTEIXO 1		+120	ARTEIXO	2:15.88	50m	2:15.88
NTNARON 1		+120	NTNARON	2:14.20	25m	2:17.09
PORTAMIÑA 3		+120	PORTAMIÑA	2:22.84	50m	2:22.84
ESCUALOS 1		+120	ESCUALOS	2:20.46	25m	2:23.35
RIASBAIXAS 2		+120	RIASBAIXAS	2:20.82	25m	2:23.71
GALAICO 1		+120	GALAICO	2:21.98	25m	2:24.68
XOVE 1		+120	XOVE	2:25.46	25m	2:28.16
HERCULES 2		+120	HERCULES	2:29.27	50m	2:29.27
MONFORTE 1		+120	MONFORTE	2:27.90	25m	2:30.79
CULLEREDO 1		+120	CULLEREDO	2:36.68	50m	2:36.68
SALESTRA 2		+120	SALESTRA	3:01.13	50m	3:01.13
POURENSE 1		+120	POURENSE	2:59.38	25m	3:02.08
<b>+160</b>						
CIDSANTIAG 1		+160	CIDSANTIAG	2:12.06	50m	2:12.06
CMARINA 1		+160	CMARINA	2:10.46	25m	2:13.16
RIASBAIXAS 3		+160	RIASBAIXAS	2:10.86	25m	2:13.56
FLUVIAL 1		+160	FLUVIAL	2:20.32	50m	2:20.32
PORTAMIÑA 4		+160	PORTAMIÑA	2:22.73	50m	2:22.73
ESCUALOS 2		+160	ESCUALOS	2:21.67	25m	2:24.37
NCORUÑA 3		+160	NCORUÑA	2:24.55	25m	2:27.25
ARTEIXO 2		+160	ARTEIXO	2:32.22	50m	2:32.22
PONTEAREAS 3		+160	PONTEAREAS	2:30.10	25m	2:32.99
SALESTRA 1		+160	SALESTRA	2:36.00	50m	2:36.00
GALAICO 2		+160	GALAICO	2:39.60	25m	2:42.30
POURENSE 2		+160	POURENSE	3:10.21	25m	3:12.91
VALDEORRAS 2		+160	VALDEORRAS	3:19.52	50m	3:19.52

Prueba 1, Mixto, 4 x 50m Estilos

+200

ESCUALOS 3	+200	ESCUALOS	2:30.78	25m	2:33.48
RIASBAIXAS 4	+200	RIASBAIXAS	2:30.93	25m	2:33.63
PORTAMIÑA 5	+200	PORTAMIÑA	2:36.29	50m	2:36.29
PONTEAREAS 5	+200	PONTEAREAS	2:38.37	25m	2:41.07
CULLEREDO 2	+200	CULLEREDO	2:40.05	25m	2:42.75
SCASINO 1	+200	SCASINO	2:44.68	25m	2:47.38
GALAICO 3	+200	GALAICO	3:06.01	25m	3:08.71
VALDEORRAS 1	+200	VALDEORRAS	3:11.53	25m	3:14.42
POURENSE 3	+200	POURENSE	3:35.48	25m	3:38.18

+240

HERCULES 1	+240	HERCULES	2:52.16	50m	2:52.16
POURENSE 4	+240	POURENSE	2:55.13	25m	2:57.83
PONTEAREAS 6	+240	PONTEAREAS	3:07.28	25m	3:09.98
ARTEIXO 3	+240	ARTEIXO	3:18.20	50m	3:18.20
TRAVIESAS 1	+240	TRAVIESAS	3:45.91	25m	3:48.80

+280

PONTEAREAS 7	+280	PONTEAREAS	4:44.67	25m	4:47.37
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Prueba 2  
08/06/2024

Fem., 400m Estilos

2004 y mayores  
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
<u>20+</u>						
VALIÑO FERRAZ, Tatyana	21	20+	PONTEAREAS	6:40.93	25m	6:47.42
<u>25+</u>						
GONZALEZ AVENDAÑO, Lucia	25	25+	GALAICO	6:25.25	25m	6:31.74
LAGO CASTILLO, Natalia	25	25+	NCORUÑA	6:25.47	25m	6:31.96
GONZALEZ PEREZ, Paula	28	25+	PONTEAREAS	7:19.44	25m	7:25.93
<u>30+</u>						
BUGALLO PÉREZ, Estíbaliz	34	30+	RCNVIGO	5:34.04	25m	5:40.34
MUIÑO, Andrea	33	30+	NCORUÑA	6:40.34	25m	6:46.83
<u>40+</u>						
MIRA VAZQUEZ, Marta	43	40+	ESCUALOS	6:59.41	25m	7:05.90
<u>45+</u>						
VIDAL BELLO, Mara	47	45+	VALDEORRAS	9:28.47	25m	9:34.96
<u>50+</u>						
GARCIA RODRIGUEZ, Teresa	52	50+	PORTAMIÑA	8:29.58	25m	8:36.07
<u>55+</u>						
MELON PARENTE, M. Lourdes	55	55+	PONTEAREAS	11:55.25	25m	12:01.74
<u>60+</u>						
GARCIA COLOMO, Maria Cristina	62	60+	POURENSE	7:17.14	50m	7:17.14

Prueba 3  
08/06/2024

Masc., 400m Estilos

2004 y mayores  
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
<u>20+</u>						
DIZ NIEVES, David	20	20+	NFERROL	5:31.40	25m	5:40.39
<u>25+</u>						
PASTORIZA SANTA CLARA, Jorge	27	25+	RIASBAIXAS	4:50.55	25m	4:59.35
<u>30+</u>						
TENORIO FREIRE, Martin	32	30+	GALAICO	5:07.67	25m	5:16.47
FREIRE GONZALEZ, Javier	31	30+	RIASBAIXAS	5:51.31	25m	6:00.30
<u>35+</u>						
VILA CID, Marcos	37	35+	POURENSE	4:44.93	25m	4:53.73
FIGUEIRA DOMINGUEZ, Javier Guzman	36	35+	RIASBAIXAS	6:57.14	25m	7:05.94
<u>40+</u>						
CALLE FACAL, Telmo	41	40+	GALAICO	5:10.99	25m	5:19.98
MERA MONTECELOS, Pablo	41	40+	HERCULES	5:43.36	25m	5:52.16
DOMINGUEZ PHILOCREON, Ticiano	43	40+	CIDSANTIAG	6:40.81	25m	6:49.61
DE LORENZO FERNÁNDEZ, Javier	43	40+	ESCUALOS	6:59.26	25m	7:08.25
POSE MATO, Cesar	41	40+	ADFOGAR	9:18.80	25m	9:27.79
<u>45+</u>						
SANCHEZ GORDON, Roman	46	45+	RIASBAIXAS	5:21.87	25m	5:30.67
<u>50+</u>						
MOURIÑO ORTIGUERA, Roberto C.	50	50+	PONTEAREAS	6:10.05	25m	6:18.85
PEREZ ARIAS, Hector	53	50+	PORTAMIÑA	6:27.42	25m	6:36.41
BOUSO FUENTECILLA, Fernando	53	50+	ESCUALOS	6:40.41	25m	6:49.21
FERNANDEZ-TESTA BARREIRO, David	50	50+	RIASBAIXAS	6:45.73	25m	6:54.72
CANO PELAEZ, Alberto J.	54	50+	CMARINA	8:35.25	25m	8:44.24
<u>55+</u>						
FERREIRA GONZALEZ, Xose Anxo	58	55+	REDONDELA	7:23.01	25m	7:32.00
LAMELO OTERO, Ramón Jesus	56	55+	CIDSANTIAG	8:27.31	25m	8:36.30
<u>60+</u>						
RODRIGUEZ BASANTA, Fco. Jose	63	60+	VALDEORRAS	8:20.83	25m	8:29.82
<u>65+</u>						
ROS ROSILLO, Alejandro	66	65+	RIASBAIXAS	6:58.29	25m	7:07.28

Prueba 3, Masc., 400m Estilos

70+

SUANZES PEREZ, Fernando	71	70+	HERCULES	7:18.25	25m	7:27.24
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Prueba 4  
08/06/2024

Fem., 100m Libre

2004 y mayores  
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
<b>20+</b>						
SUAREZ GONZALEZ, Gracia	24	20+	PONTEAREAS	59.65	25m	1:00.75
ABASOLO RUEDA, Claudia	24	20+	NCORUÑA	1:06.26	25m	1:07.36
BLANCO PEREZ, Laura	20	20+	PONTEAREAS	1:06.94	25m	1:08.23
FILGUEIRAS OLMO, Helena	20	20+	PORTAMIÑA	1:13.11	25m	1:14.40
GARCÉS FERNÁNDEZ, Erea	21	20+	RIASBAIXAS	1:19.44	25m	1:20.54
LOPEZ MORADO, Maria	23	20+	CULLEREDO	1:22.07	25m	1:23.17
VALIÑO FERRAZ, Tatyana	21	20+	PONTEAREAS	1:28.99	25m	1:30.28
ALVAREZ SOUTO, Claudia	23	20+	ESCUALOS	1:33.35	25m	1:34.64
<b>25+</b>						
PASCUAL GUTIERREZ, Maria Teresa	26	25+	HERCULES	1:02.78	50m	1:02.78
FREIJE TORNEIRO, Aroa	26	25+	PORTAMIÑA	1:02.16	25m	1:03.26
SANCHEZ VAZQUEZ, Carmen	25	25+	PORTAMIÑA	1:09.23	50m	1:09.23
MENDEZ SEIJO, Nerea	25	25+	RIASBAIXAS	1:10.51	25m	1:11.80
SAAVEDRA BUIDE, Carlota	25	25+	PORTAMIÑA	1:11.00	25m	1:12.29
FUENTES LORENZO, Carla	25	25+	GALAICO	1:26.38	25m	1:27.67
RODRIGUEZ-TOUBES FORRYAN, Irene	25	25+	PONTEAREAS	1:54.71	25m	1:56.00
<b>30+</b>						
FRANCO CAL, Alba	33	30+	FLUVIAL	59.45	25m	1:00.55
RAMOS LOBO, Raquel	31	30+	PORTAMIÑA	1:06.52	25m	1:07.62
PEREZ GARCIA, Eva	34	30+	RIASBAIXAS	1:13.45	25m	1:14.55
CUBA KOSTER, Esmeralda	32	30+	XOVE	1:24.39	25m	1:25.68
SALGADO CASTELO, Marta	30	30+	MULLEREF	1:26.08	25m	1:27.18
OTERO FERNANDEZ, Maria Luisa	31	30+	SALESTRA	1:29.60	25m	1:30.70
MARTINEZ BARCIELA, Maria Olga	34	30+	RIASBAIXAS	1:34.73	50m	1:34.73
GANDARA SUAREZ, Tania	31	30+	ORDES	1:36.41	25m	1:37.51
SIMOIS MORAIS, Yolanda	30	30+	SALESTRA	1:50.78	25m	1:52.07
<b>35+</b>						
ROZADOS LUIS, Adriana	39	35+	SALESTRA	1:15.44	25m	1:16.54
GONZALEZ PEREZ, Jessica	37	35+	RIASBAIXAS	1:18.22	25m	1:19.32
GONZALEZ GARCIA, Covadonga	35	35+	GALAICO	1:30.54	25m	1:31.64
BEN CILLERO, Natalia	35	35+	XOVE	1:44.00	25m	1:45.29
<b>40+</b>						
GONZALEZ RODRIGUEZ, Maria	42	40+	CIDSANTIAG	1:05.77	25m	1:07.06
FKEQUI OMARI, Salma	42	40+	ESCUALOS	1:14.19	25m	1:15.29
VILARIÑO CACHO, Elvira	43	40+	SALESTRA	1:18.06	25m	1:19.16
ABBATEMARCO, Cristina	40	40+	SALESTRA	1:20.30	25m	1:21.59
OLMO VAQUEIRO, Leticia	43	40+	PONTEAREAS	1:27.25	25m	1:28.35
MOLANES PIÑEIRO, Maria Elena	40	40+	PONTEAREAS	1:31.92	25m	1:33.21
MARTIN VILAS, Maria Jesus	42	40+	ORDES	1:49.44	25m	1:50.73
VAZQUEZ PARCERO, Marta	44	40+	CMARINA	1:58.61	25m	1:59.90
MENDEZ ABELAIRA, Jessica	42	40+	VALDEORRAS	2:08.42	25m	2:09.71

Prueba 4, Fem., 100m Libre

45+

VARELA REDONDO, Veronica	49	45+	PONTEAREAS	1:18.38	25m	1:19.48
DE LORENZO FERNANDEZ, Maria	46	45+	ESCUALOS	1:18.76	25m	1:19.86
ANDON YAÑEZ, Lorena	46	45+	SCASINO	1:29.55	25m	1:30.65
RIVEIRA CAAMAÑO, Rebeca	47	45+	ORDES	1:31.69	25m	1:32.98
VILLASANTE ARMAS, Maria Rosa	49	45+	NCORUÑA	1:36.81	25m	1:38.10
BESADA FERNÁNDEZ, Ana M.	46	45+	PONTEAREAS	1:37.88	25m	1:39.17
SERRANO AVENDAÑO, Silvia	49	45+	TRAVIESAS	1:38.13	25m	1:39.23
RODRIGUEZ LOPEZ, Rosa Maria	49	45+	POURENSE	1:47.77	25m	1:48.87
VAZQUEZ GONZALEZ, Yolanda	48	45+	VALDEORRAS	2:03.94	50m	2:04.13

50+

OJEA DE CASTRO, Macarena	51	50+	PORTAMIÑA	1:18.20	25m	1:19.30
SALES MANTIÑAN, Carmen	50	50+	SCASINO	1:22.68	25m	1:23.97
PEREZ PEREZ, Sonia	52	50+	ESCUALOS	1:28.31	25m	1:29.41
SOUSA CARNEIRO, Rosana	53	50+	CNMOS	1:30.57	25m	1:31.86
RODRIGUEZ VAZQUEZ, Maria Teresa	52	50+	POURENSE	1:36.83	50m	1:36.83
SOBRINO EIRIZ, Maria Del Valle	52	50+	PONTEAREAS	1:47.46	50m	1:47.46
FERNANDEZ SESTELO, Maria Jose	54	50+	PONTEAREAS	1:52.80	25m	1:54.09

55+

CASTRO MAESTRE, Isaura	55	55+	FLUVIAL	1:25.33	25m	1:26.43
REGUEIRO RODRIGUEZ, Ana	58	55+	RIASBAIXAS	1:27.89	25m	1:28.99
CHUB SAVCHENKO, Lyudmyla	59	55+	GALAICO	1:47.02	25m	1:48.31

60+

TERCEIRO DELGADO, María Del Mar	61	60+	CDELMAR	1:15.34	50m	1:15.34
LOPEZ MAHIA, Purificacion	61	60+	HERCULES	1:32.22	50m	1:32.22
PEREZ GALLARDO, Teresa	60	60+	POURENSE	2:09.23	25m	2:10.33

65+

GOMEZ DOVAL, Maria Angela	68	65+	TRAVIESAS	1:54.79	50m	1:54.79
SUEIRO COSTAS, Maria Del Carmen	68	65+	PONTEAREAS	2:18.99	25m	2:20.28

70+

GONZALEZ-ALEGRE BURGUEÑO, Ana	72	70+	TRAVIESAS	1:38.80	50m	1:38.80
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75+

GONZALEZ RODRIGUEZ, S. Marta	78	75+	PONTEAREAS	2:51.60	25m	2:52.70
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80+

MORAL RUBIO, Isabel	82	80+	PONTEAREAS	2:32.19	50m	2:32.19
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Prueba 5  
08/06/2024

Masc., 100m Libre

2004 y mayores  
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
<b>20+</b>						
SUAREZ RIPOLL, Xian	21	20+	CIDSANTIAG	55.50	25m	57.29
MARTINEZ MARTINEZ, Marcos	21	20+	PONTEAREAS	55.78	25m	57.38
CANCELA GOMEZ, Hugo	21	20+	PONTEAREAS	56.23	25m	58.02
OTERO VILLARES, Daniel	23	20+	PORTAMIÑA	59.80	50m	59.80
CASTRO RODRIGUEZ, Francisco	24	20+	GALAICO	1:00.22	50m	1:00.22
LOPEZ LOPEZ, Jaime Borja	24	20+	PORTAMIÑA	58.77	25m	1:00.37
RODRIGUEZ ARES, Alejandro	24	20+	PORTAMIÑA	1:01.48	25m	1:03.08
GONZÁLEZ MARTÍNEZ, Cristian	21	20+	ARTEIXO	1:02.66	25m	1:04.26
MÉNDEZ LORENZO, Bruno	20	20+	NFERROL	1:15.21	25m	1:17.00
<b>25+</b>						
CARRERA COSTAS, Martin	28	25+	PONTEAREAS	57.43	25m	59.03
PICALLO MATO, Adrian	29	25+	SALESTRA	1:08.25	25m	1:10.04
MEILAN SANCHEZ, Sergio Jose	28	25+	PORTAMIÑA	1:10.42	25m	1:12.21
<b>30+</b>						
DEL RIO REGUEIRA, Marcos	31	30+	ARTEIXO	55.25	50m	55.25
VALDES REY, Enol	31	30+	XOVE	54.51	25m	56.11
DEL RIO REGUEIRA, Ruben	31	30+	ARTEIXO	55.06	25m	56.66
MUIÑO ALONSO, Anton	30	30+	NCORUÑA	56.90	25m	58.50
ANDRES DUASO, Olmo	31	30+	ARTEIXO	1:09.37	25m	1:11.16
BELLO PORTO, David	34	30+	NCORUÑA	1:09.41	25m	1:11.20
SANMARTIN GARCÍA, Jorge	33	30+	NTNARON	1:10.33	25m	1:11.93
NOVALES BLANCO, Xabier	33	30+	RIASBAIXAS	1:16.18	50m	1:16.18
FONTAN SEIJO, Adrian	31	30+	CNMOS	1:18.35	25m	1:19.95
RODRIGUEZ BALIÑA, Mauro	34	30+	PONTEAREAS	1:19.89	25m	1:21.68
LAGO GONZALEZ, Ivan	31	30+	PONTEAREAS	1:38.67	50m	1:38.67
<b>35+</b>						
MARTINEZ DOPAZO, David	37	35+	GALAICO	1:00.89	25m	1:02.49
DÍAZ RODRÍGUEZ, Andrés	35	35+	NTNARON	1:03.70	25m	1:05.49
BERNARDEZ FERRO, Juan Jose	37	35+	CIDSANTIAG	1:04.59	25m	1:06.19
PEREZ VAZQUEZ, Telmo	36	35+	CMARINA	1:06.45	25m	1:08.24
MANEIRO BETANZOS, Javier	39	35+	ESCUALOS	1:09.81	25m	1:11.41
MARTÍNEZ DOMÍNGUEZ, Iván	36	35+	PONTEAREAS	1:16.29	25m	1:18.08
FIDALGO SERRANO, Guillermo	38	35+	TRAVIESAS	1:17.39	25m	1:19.18
GIRALDEZ VILLANUEVA, Ivan	37	35+	PONTEAREAS	1:59.33	25m	2:00.93
<b>40+</b>						
GARCIA RODRIGUEZ, Sergio	43	40+	RIASBAIXAS	59.52	25m	1:01.12
SEVILLA AROCA, Javier	41	40+	ESCUALOS	1:01.78	25m	1:03.38
CANOSA RODRÍGUEZ, Juan José	44	40+	NTNARON	1:01.86	25m	1:03.46
MENDES FERRAS, Artur Leonel	43	40+	MONFORTE	1:05.88	50m	1:05.88
BASTIDA CAMPOS, Alejandro	42	40+	SALESTRA	1:10.42	25m	1:12.02
PEREZ LOPEZ, Manuel	43	40+	ESCUALOS	1:10.28	25m	1:12.07

Splash Meet Manager, 11.79567

Registered to Galicia

31/05/2024 13:04 - Página 8

Prueba 5, Masc., 100m Libre

RODRIGUEZ GARCIA, Jose Bernardo	41	40+	RIASBAIXAS	1:20.77	25m	1:22.37
GONZALEZ PEÑAS, David	40	40+	PORTAMIÑA	1:21.76	25m	1:23.36
FIDALGO SERRANO, Manuel A.	43	40+	TRAVIESAS	1:23.83	25m	1:25.62
MELLA BARBEITO, Javier	41	40+	ARTEIXO	1:23.95	25m	1:25.74

45+

IGLESIAS GOMEZ, Gonzalo	45	45+	HERCULES	1:01.19	50m	1:01.19
FINS SEOANE, Juan Miguel	47	45+	SALESTRA	1:02.71	50m	1:02.71
GUIRADO CARABEL, Oscar	48	45+	CULLEREDO	1:02.82	25m	1:04.61
RODRÍGUEZ SALGADO, Manuel	49	45+	CIDSANTIAG	1:03.88	25m	1:05.48
VAZQUEZ IGLESIAS, Daniel	45	45+	RIASBAIXAS	1:05.17	25m	1:06.77
SANCHEZ GORDON, Roman	46	45+	RIASBAIXAS	1:05.47	25m	1:07.07
BAIZ ROCA, Gabriel	45	45+	ARTEIXO	1:05.96	25m	1:07.56
MOURIÑO FORTES, Víctor Manuel	47	45+	PONTEAREAS	1:09.06	25m	1:10.66
VEIGA PILLADO, Jose	46	45+	SCASINO	1:13.00	50m	1:13.00
ORGEIRA CRESPO, Pedro	48	45+	POURENSE	1:12.51	25m	1:14.30
GOMEZ MARTIN, Ruben	46	45+	FLUVIAL	1:12.52	25m	1:14.31
LOPEZ PAYO, Mario	47	45+	SALESTRA	1:16.47	25m	1:18.07
TRONCOSO CAAMAÑO, Fernando	49	45+	ESCUALOS	1:17.84	25m	1:19.44
FERNANDEZ FERNANDEZ, Miguel Ange	47	45+	RIASBAIXAS	1:26.47	25m	1:28.26
BRIOSÓ DÍAZ, Manuel	47	45+	REDONDELA	1:28.42	25m	1:30.21
RODRIGUEZ BLANCO, Jose Francisco	48	45+	POURENSE	1:30.31	25m	1:31.91
GONZALEZ SANDEZ, Carlos	45	45+	VALDEORRAS	1:59.80	25m	2:01.59

50+

ANEIROS GARCIA, Jose M.	50	50+	CMARINA	1:07.87	25m	1:09.66
GARCIA CASTIÑEIRA, Daniel	50	50+	GALAICO	1:09.03	25m	1:10.63
IGLESIAS CARRERA, Pio	51	50+	CIDSANTIAG	1:09.57	25m	1:11.36
RODRIGUEZ BALIÑA, Marcos	53	50+	PONTEAREAS	1:11.42	50m	1:11.42
FERREIRO SEOANE, Jose Raul	51	50+	RIASBAIXAS	1:13.09	50m	1:13.09
FERNANDEZ-TESTA BARREIRO, David	50	50+	RIASBAIXAS	1:13.20	25m	1:14.99
DURO GONZALEZ, Antonio	50	50+	SALESTRA	1:14.52	25m	1:16.12
LORENZO FERNANDEZ, Jose Manuel	52	50+	RIASBAIXAS	1:16.86	50m	1:16.86
REY RODRIGUEZ, Oscar	50	50+	PORTAMIÑA	1:18.87	25m	1:20.66
DE LA VEGA GÁNDARAS, Felipe	51	50+	HERCULES	1:20.53	25m	1:22.32
FERNANDEZ MARTINEZ, Alberto	53	50+	ESCUALOS	1:20.74	25m	1:22.34
PEREIRO LOPEZ-QUECUTY, Simon	51	50+	RIASBAIXAS	1:21.41	25m	1:23.01
CRESPO PÉREZ, Albarino	54	50+	ESCUALOS	1:24.09	25m	1:25.69
LORENZO GONZALEZ-VISO, Carlos	53	50+	POURENSE	1:30.43	50m	1:30.43
BURGO, Carlos D.	50	50+	SCASINO	1:29.17	25m	1:30.96
CADAVID NUÑEZ, Jose	54	50+	POURENSE	1:49.13	50m	1:49.32

55+

RIVAS FEAL, Antonio	58	55+	SCASINO	1:06.78	25m	1:08.38
NISTAL GARCÍA, Eduardo	56	55+	SCASINO	1:12.52	50m	1:12.52
COUCEIRO SANCHEZ, Gonzalo	58	55+	SCASINO	1:19.22	25m	1:20.82
PEREZ LEIVA, Manuel	56	55+	RIASBAIXAS	1:25.83	25m	1:27.62
REY ROMERO, Jorge J.	58	55+	PORTAMIÑA	1:28.28	50m	1:28.28
PEREZ GARCIA, Manuel	57	55+	CULLEREDO	1:36.31	25m	1:38.10
RODRIGUEZ LOPEZ, Eloy Jesus	56	55+	VALDEORRAS	1:45.35	50m	1:45.54

Prueba 5, Masc., 100m Libre

60+

FERNANDEZ NUÑEZ, Santiago	61	60+	CIDSANTIAG	1:02.90	25m	1:04.69
SOLLEIRO TIZON, Juan Jose	61	60+	NCORUÑA	1:12.69	25m	1:14.48
MARTINEZ BERJANO, Jose Manuel	61	60+	MONFORTE	1:22.23	25m	1:23.83
BLANCO PEREZ, Angel	60	60+	POURENSE	1:24.72	50m	1:24.72
SANCHEZ VAZQUEZ, Jesus	62	60+	PORTAMIÑA	1:23.32	25m	1:24.92
SANJORGE PEDREIRA, Carmelo	62	60+	ARTEIXO	1:24.87	25m	1:26.47
HERNANZ MORAL, Fausto	62	60+	RIASBAIXAS	1:27.40	25m	1:29.19
GONZALEZ ANTON, Jose Luis	62	60+	GALAICO	1:36.04	25m	1:37.64
ROMERO PENA, Juan Ramon	61	60+	HERCULES	1:36.02	25m	1:37.81

65+

FERNANDEZ ARRUTI, Jose Angel	65	65+	CIDSANTIAG	1:11.18	25m	1:12.78
CODESIDO LOPEZ, José	65	65+	CIDSANTIAG	1:12.53	25m	1:14.32
SEGUÍN CID, Severino	65	65+	TRAVIESAS	1:36.79	25m	1:38.39

70+

GARCIA COLOMO, Manuel Ramon	70	70+	POURENSE	1:20.21	25m	1:21.81
MONROY FERNÁNDEZ, Manuel	74	70+	PONTEAREAS	1:30.56	25m	1:32.16

75+

VILLORIA CARAMES, Alejandro	79	75+	TRAVIESAS	1:53.59	25m	1:55.38
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80+

ARAUJO DOMINGUEZ, Francisco	84	80+	PONTEAREAS	2:50.55	25m	2:52.15
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85+

FOLCH MALLOFRE, Ramon	87	85+	ARTEIXO	1:49.63	25m	1:51.23
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Prueba 6  
08/06/2024

Fem., 50m Mariposa

2004 y mayores  
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
<u>20+</u>						
DIAZ DOPICO, Sabela	22	20+	NFERROL	31.72	50m	32.01
PAZOS MARTÍNEZ, Nerea	22	20+	ARTEIXO	33.28	25m	33.87
<u>25+</u>						
PASCUAL GUTIERREZ, Maria Teresa	26	25+	HERCULES	29.74	50m	29.74
GONZÁLEZ TOJO, Raquel	25	25+	CIDSANTIAG	30.48	25m	30.78
SANCHEZ VAZQUEZ, Carmen	25	25+	PORTAMIÑA	34.23	25m	34.53
MENDEZ SEIJO, Nerea	25	25+	RIASBAIXAS	34.42	25m	35.01
LOPEZ RODRIGUEZ, Aroa	27	25+	PORTAMIÑA	38.21	50m	38.21
TORTOSA MENDOZA, Maria Gabriela	28	25+	CULLEREDO	38.15	25m	38.74
RODRIGUEZ-TOUBES FORRYAN, Irene	25	25+	PONTEAREAS	1:14.39	25m	1:14.98
<u>30+</u>						
BEN CILLERO, Sabela	32	30+	XOVE	34.90	25m	35.49
DEL RIO REGUEIRA, Sara	33	30+	NCORUÑA	35.53	25m	36.12
MUIÑO, Andrea	33	30+	NCORUÑA	37.53	25m	38.12
ARAÚJO CASTRO, Paula	33	30+	CDELMAR	40.27	25m	40.57
CUBA KOSTER, Esmeralda	32	30+	XOVE	42.13	25m	42.43
GANDARA SUAREZ, Tania	31	30+	ORDES	48.16	25m	48.46
GONZALEZ MACIA, Alba	30	30+	MONFORTE	49.68	25m	50.27
MARTINEZ BARCIELA, Maria Olga	34	30+	RIASBAIXAS	59.73	50m	59.73
<u>35+</u>						
LOUREIRO AMOR, Belen Martina	36	35+	NTNARON	32.51	25m	33.10
GONZÁLEZ RIVAS, Sara	35	35+	ARTEIXO	34.67	50m	34.67
VÁZQUEZ FUENTES, Cintia	37	35+	MONFORTE	35.70	25m	36.00
RIVAS TENREIRO, Arantza	35	35+	NTNARON	36.34	25m	36.93
TORRE GONZALEZ, Elisa	39	35+	RIASBAIXAS	41.90	25m	42.49
MIRA VAZQUEZ, Paula	38	35+	ESCUALOS	43.49	25m	43.79
GONZALEZ GARCIA, Covadonga	35	35+	GALAICO	1:05.90	25m	1:06.49
<u>40+</u>						
HERMIDA RODRIGUEZ, Blanca	43	40+	CMARINA	32.16	25m	32.75
ABBATEMARCO, Cristina	40	40+	SALESTRA	50.03	25m	50.62
OLMO VAQUEIRO, Leticia	43	40+	PONTEAREAS	53.93	25m	54.52
<u>45+</u>						
GARCÍA SEOANE, Cristina María	49	45+	HERCULES	43.35	25m	43.65
COVELO SAAVEDRA, Nahir	46	45+	PONTEAREAS	46.12	25m	46.42
RIVAS RODRIGUEZ, Lucia	45	45+	NCORUÑA	47.00	25m	47.59
RIVEIRA CAAMAÑO, Rebeca	47	45+	ORDES	48.74	25m	49.33
VILLASANTE ARMAS, Maria Rosa	49	45+	NCORUÑA	52.07	25m	52.66
VARELA REDONDO, Veronica	49	45+	PONTEAREAS	52.59	25m	52.89
BESADA FERNÁNDEZ, Ana M.	46	45+	PONTEAREAS	59.53	25m	1:00.12

Prueba 6, Fem., 50m Mariposa

50+

SALES MANTIÑAN, Carmen	50	50+	SCASINO	49.80	25m	50.10
MAZAIRO CASTRO, Carmen	51	50+	ESCUALOS	51.84	50m	52.13
SOUSA CARNEIRO, Rosana	53	50+	CNMOS	55.42	25m	55.72

55+

BARJA BARJA, Liliana	59	55+	TRAVIESAS	46.69	25m	46.99
REGUEIRO RODRIGUEZ, Ana	58	55+	RIASBAIXAS	47.48	25m	47.78
JIMENEZ PEREZ, Victoria	55	55+	NFERROL	51.06	25m	51.65

60+

GARCIA COLOMO, Maria Cristina	62	60+	POURENSE	41.02	50m	41.02
TERCEIRO DELGADO, María Del Mar	61	60+	CDELMAR	42.04	25m	42.34

70+

GONZALEZ-ALEGRE BURGUEÑO, Ana 72aria	70+	TRAVIESAS	56.08	25m	56.38
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Prueba 7  
08/06/2024

Masc., 50m Mariposa

2004 y mayores  
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
<u>20+</u>						
OTERO VILLARES, Daniel	23	20+	PORTAMIÑA	28.59	50m	28.59
CASTRO RODRIGUEZ, Francisco	24	20+	GALAICO	29.39	50m	29.39
SUAREZ RIPOLL, Xian	21	20+	CIDSANTIAG	29.67	50m	29.67
DIZ NIEVES, David	20	20+	NFERROL	30.63	25m	31.32
MÉNDEZ LORENZO, Bruno	20	20+	NFERROL	33.65	25m	34.34
CASARES GARCIA, Brais	20	20+	PONTEAREAS	34.90	25m	35.59
<u>25+</u>						
SUAREZ FERNÁNDEZ, Santiago	29	25+	MONFORTE	27.80	25m	28.20
CARRERA COSTAS, Martin	28	25+	PONTEAREAS	28.82	50m	28.82
RIVAS MACEIRAS, Isaac	25	25+	HERCULES	29.55	25m	30.24
<u>30+</u>						
BORRAZAS RUMBO, Manuel	31	30+	NCORUÑA	26.63	25m	27.32
GRACIA CARBAJO, Miguel	30	30+	NTNARON	27.26	25m	27.95
LAGO LOPEZ, Diego	33	30+	NCORUÑA	28.72	25m	29.41
ANDRES DUASO, Olmo	31	30+	ARTEIXO	35.88	25m	36.57
SANMARTIN GARCÍA, Jorge	33	30+	NTNARON	35.96	25m	36.65
RODRIGUEZ BALIÑA, Mauro	34	30+	PONTEAREAS	36.79	50m	36.79
DIÉGUEZ GONZALEZ, Bruno	34	30+	CIDSANTIAG	39.24	25m	39.93
PENIDE CALVO, Gabriel	31	30+	RIASBAIXAS	39.38	25m	40.07
<u>35+</u>						
CAO LAGO, Pablo	37	35+	RIASBAIXAS	30.80	25m	31.20
LAZARO GUERRERO, Victor	36	35+	CMARINA	30.57	25m	31.26
DÍAZ RODRÍGUEZ, Andrés	35	35+	NTNARON	31.87	25m	32.56
FORTES NOVOA, Martiño	36	35+	ESCUALOS	33.39	25m	33.79
ROADE MORADO, Aitor	39	35+	NTNARON	34.00	25m	34.69
IGLESIAS LAPIDO, Miguel	39	35+	FLUVIAL	34.70	50m	34.99
BARCIA SIXTO, Francisco José	39	35+	NTNARON	34.78	25m	35.47
MARTÍNEZ DOMÍNGUEZ, Iván	36	35+	PONTEAREAS	44.21	25m	44.90
FIDALGO SERRANO, Guillermo	38	35+	TRAVIESAS	47.81	25m	48.50
<u>40+</u>						
MUIÑO REY, Daniel	40	40+	NFERROL	32.51	25m	33.20
GUTIERREZ COSTAS, Oscar	42	40+	RIASBAIXAS	32.53	25m	33.22
CANOSA RODRÍGUEZ, Juan José	44	40+	NTNARON	32.91	25m	33.60
MENDES FERRAS, Artur Leonel	43	40+	MONFORTE	33.10	25m	33.79
ARANGO GAYAR, Saul	44	40+	RIASBAIXAS	34.28	25m	34.68
ALVAREZ SILVA, Ruben	43	40+	ESCUALOS	36.07	25m	36.76
RODRIGUEZ GARCIA, Jose Bernardo	41	40+	RIASBAIXAS	40.89	50m	40.89

Prueba 7, Masc., 50m Mariposa

45+

SONEIRA REBOREDO, Oscar	49	45+	CIDSANTIAG	29.41	50m	29.70
EIRIZ DIEGUEZ, Daniel	46	45+	CNMOS	29.77	50m	29.77
RODRÍGUEZ SALGADO, Manuel	49	45+	CIDSANTIAG	31.19	25m	31.59
NOGUEIRA-PINTO CRESPO, Hugo	46	45+	ESCUALOS	31.74	25m	32.14
MUÑO LOPEZ, Iago	47	45+	CIDSANTIAG	31.55	25m	32.24
MOURIZ LOMBAO, Fco. Javier	49	45+	PORTAMIÑA	33.49	50m	33.49
PEREZ CARRERA, Elias	45	45+	RIASBAIXAS	33.51	25m	33.91
BALSA MOSQUERA, Pablo	46	45+	CMARINA	33.68	25m	34.37
FERNANDEZ IGLESIAS, Emilio J.	47	45+	PONTEAREAS	35.81	25m	36.50
ALONSO ORTIZ, Mariano	48	45+	FLUVIAL	36.93	25m	37.62
MOURIÑO FORTES, Víctor Manuel	47	45+	PONTEAREAS	37.86	25m	38.26
GOMEZ MARTIN, Ruben	46	45+	FLUVIAL	38.64	25m	39.33
LAMAS SOTO, Cesar	49	45+	CULLEREDO	38.71	25m	39.40
FIGUEIRA JALLAS, Andres Felipe	48	45+	NCORUÑA	38.97	25m	39.66
VEIGA PILLADO, Jose	46	45+	SCASINO	41.74	50m	41.74
PEXEGUEIRO BALADRON, Nicolas	47	45+	CNMOS	42.36	25m	43.05
FERNANDEZ FERNANDEZ, Miguel Ange	47	45+	RIASBAIXAS	47.85	25m	48.54
FERNANDEZ GONZALEZ, Bruno	47	45+	POURENSE	49.88	25m	50.57
BRIOSÓ DÍAZ, Manuel	47	45+	REDONDELA	57.51	25m	58.20

50+

SAAVEDRA GONZÁLEZ, Raul	51	50+	HERCULES	29.33	25m	29.73
ANEIROS GARCIA, Jose M.	50	50+	CMARINA	30.47	25m	31.16
PEREZ ARIAS, Hector	53	50+	PORTAMIÑA	32.05	50m	32.34
MUÑIZ CAL, Rafael	50	50+	ARTEIXO	34.43	25m	35.12
GARCIA CASTIÑEIRA, Daniel	50	50+	GALAICO	34.54	25m	35.23
PUENTE DÍAZ, Javier	53	50+	CIDSANTIAG	36.09	25m	36.49
RODRÍGUEZ RODRÍGUEZ, Santiago	52	50+	CIDSANTIAG	36.98	25m	37.67
FERREIRO SEOANE, Jose Raul	51	50+	RIASBAIXAS	38.14	25m	38.83
RODRIGUEZ BALIÑA, Marcos	53	50+	PONTEAREAS	41.38	25m	42.07
CARNERO FIRVIDA, Jose Ramón	50	50+	ESCUALOS	42.39	50m	42.39
DURO GONZALEZ, Antonio	50	50+	SALESTRA	43.60	25m	44.00
PEREIRO LOPEZ-QUECUTY, Simon	51	50+	RIASBAIXAS	48.83	25m	49.23
ARAUJO FERNÁNDEZ, Jose	53	50+	ESCUALOS	53.73	50m	53.73

55+

FERREIRA GONZALEZ, Xose Anxo	58	55+	REDONDELA	35.23	25m	35.63
TIMIRAS CARRASCO, Fernando	59	55+	PORTAMIÑA	35.32	25m	35.72
TOURIÑO GONZALEZ, Victor M.	56	55+	CMARINA	36.31	25m	36.71
NISTAL GARCÍA, Eduardo	56	55+	SCASINO	47.18	25m	47.58
PIROSCIA PENADO, Jose	58	55+	PORTAMIÑA	53.64	50m	53.64

60+

FERNANDEZ NUÑEZ, Santiago	61	60+	CIDSANTIAG	31.20	50m	31.49
RODRIGUEZ GOMEZ, Emilio	63	60+	PONTEAREAS	46.23	25m	46.63

Prueba 7, Masc., 50m Mariposa

65+

YÑEZ WONENBURGER, Juan Carlos	65	65+	HERCULES	39.57	25m	39.97
CODESIDO LOPEZ, José	65	65+	CIDSANTIAG	42.27	25m	42.96
SEGUÍN CID, Severino	65	65+	TRAVIESAS	48.00	25m	48.40
TIMIRAOs CARRASCO, Luis	68	65+	POURENSE	1:27.63	25m	1:28.03

70+

SUANZES PEREZ, Fernando	71	70+	HERCULES	35.25	25m	35.65
IVANCHENKO, Yurii	71	70+	POURENSE	42.81	50m	42.81
BORDALLO CORTINA, Fernando	70	70+	HERCULES	46.22	25m	46.91
MONROY FERNÁNDEZ, Manuel	74	70+	PONTEAREAS	58.70	25m	59.10

Prueba 8  
08/06/2024

Fem., 100m Braza

2004 y mayores  
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
<b>20+</b>						
FILGUEIRAS OLMO, Helena	20	20+	PORTAMIÑA	1:32.71	50m	1:32.71
BLANCO PEREZ, Laura	20	20+	PONTEAREAS	1:34.22	25m	1:35.81
SOUTIÑO RAMIREZ, Carmen Victoria	23	20+	PORTAMIÑA	1:36.12	25m	1:37.52
ALVAREZ SOUTO, Claudia	23	20+	ESCUALOS	1:40.44	25m	1:41.84
<b>25+</b>						
PIROSCIA PONTIDE, Carla	25	25+	PORTAMIÑA	1:27.87	50m	1:27.87
GARCIA MIGUEZ, Rosalia	26	25+	GALAICO	1:28.13	25m	1:29.53
VEIGA RODRIGUEZ, Rosalia	25	25+	NCORUÑA	1:31.69	25m	1:33.28
<b>30+</b>						
BEN CILLERO, Sabela	32	30+	XOVE	1:24.48	25m	1:26.07
GONZALEZ MACIA, Alba	30	30+	MONFORTE	1:43.99	25m	1:45.39
OTERO FERNANDEZ, Maria Luisa	31	30+	SALESTRA	1:48.99	25m	1:50.39
MARTINEZ GARCIA, Susana	33	30+	MONFORTE	1:49.36	25m	1:50.76
SIMOIS MORAIS, Yolanda	30	30+	SALESTRA	1:57.31	50m	1:57.31
MELLA CASTRO, Ana Maria	30	30+	ORDES	2:01.49	25m	2:03.08
<b>35+</b>						
RIVAS TENREIRO, Arantza	35	35+	NTNARON	1:31.00	25m	1:32.59
TORRE GONZALEZ, Elisa	39	35+	RIASBAIXAS	1:37.24	25m	1:38.64
MIRA VAZQUEZ, Paula	38	35+	ESCUALOS	1:47.31	25m	1:48.71
GONZALEZ FERNANDEZ, Coral.M	37	35+	ESCUALOS	1:54.50	50m	1:54.69
<b>40+</b>						
DURÁN VEIRAS, Raquel	40	40+	ARTEIXO	1:29.92	25m	1:31.32
MIRA VAZQUEZ, Marta	43	40+	ESCUALOS	1:31.17	25m	1:32.57
CID ALVAREZ, Isabel	44	40+	ESCUALOS	1:46.78	25m	1:48.18
MOLANES PIÑEIRO, Maria Elena	40	40+	PONTEAREAS	1:51.70	25m	1:53.10
<b>45+</b>						
COVELO SAAVEDRA, Nahir	46	45+	PONTEAREAS	1:40.70	25m	1:42.10
CARBALLO BALOIRA, Susana María	49	45+	HERCULES	2:01.27	25m	2:02.67
<b>50+</b>						
SANDERSON KEOUGH, Helen Jane	54	50+	CULLEREDO	1:38.39	25m	1:39.79
OJEA DE CASTRO, Macarena	51	50+	PORTAMIÑA	1:46.99	25m	1:48.58
DE LA MONTAÑA ALCANTARA, Gloria	51	50+	RSDH	1:53.60	25m	1:55.00
MAZAIRO CASTRO, Carmen	51	50+	ESCUALOS	2:00.22	50m	2:00.41
PEREZ PEREZ, Sonia	52	50+	ESCUALOS	2:02.48	50m	2:02.67
RODRIGUEZ VAZQUEZ, Maria Teresa	52	50+	POURENSE	2:07.30	25m	2:08.70

Prueba 8, Fem., 100m Braza

55+

LOPEZ RODRIGUEZ, Adela Elena	56	55+	POURENSE	1:47.64	25m	1:49.04
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60+

BARJA BARJA, Ana	62	60+	TRAVIESAS	2:11.83	50m	2:11.83
PEREZ GALLARDO, Teresa	60	60+	POURENSE	2:52.94	25m	2:54.34

65+

SAR MORANO, Dolores	69	65+	CULLEREDO	2:06.00	50m	2:06.00
CELEMIN PORRERO, Maria Teresa	65	65+	GALAICO	2:09.34	25m	2:10.93
GOMEZ DOVAL, Maria Angela	68	65+	TRAVIESAS	2:18.46	25m	2:19.86
SUEIRO COSTAS, Maria Del Carmen	68	65+	PONTEAREAS	3:19.21	25m	3:20.61

75+

GONZALEZ RODRIGUEZ, S. Marta	78	75+	PONTEAREAS	5:04.16	25m	5:05.56
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Prueba 9  
08/06/2024

Masc., 100m Braza

2004 y mayores  
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
<u>20+</u>						
VILLAMOR FERRO, Rubén	24	20+	ARTEIXO	1:16.65	25m	1:19.05
RODRIGUEZ ARES, Alejandro	24	20+	PORTAMIÑA	1:19.15	25m	1:21.55
<u>25+</u>						
PASTORIZA SANTA CLARA, Jorge	27	25+	RIASBAIXAS	1:07.64	25m	1:10.23
<u>30+</u>						
BORRAZAS RUMBO, Manuel	31	30+	NCORUÑA	1:09.26	25m	1:11.85
GRACIA CARBAJO, Miguel	30	30+	NTNARON	1:09.72	25m	1:12.12
TENORIO FREIRE, Martín	32	30+	GALAICO	1:16.36	50m	1:16.36
CASTRO VILLAR, David	33	30+	FLUVIAL	1:31.97	25m	1:34.56
LAGO GONZALEZ, Ivan	31	30+	PONTEAREAS	2:03.34	25m	2:05.93
<u>35+</u>						
PAZOS ALONSO, Josue	38	35+	ESCUALOS	1:14.18	25m	1:16.58
FORTES NOVOA, Martiño	36	35+	ESCUALOS	1:18.50	50m	1:18.50
FIGUEIRA DOMINGUEZ, Javier Guzman	36	35+	RIASBAIXAS	1:17.12	25m	1:19.52
FERNANDEZ GAYOSO, Jose Manuel	38	35+	CNMOS	1:17.86	25m	1:20.26
GARCIA GARCIA, Anselmo	36	35+	XOVE	1:19.00	25m	1:21.40
IGLESIAS LAPIDO, Miguel	39	35+	FLUVIAL	1:20.59	25m	1:22.99
LAZARO GUERRERO, Victor	36	35+	CMARINA	1:26.50	25m	1:29.09
PEREZ VAZQUEZ, Telmo	36	35+	CMARINA	1:29.65	25m	1:32.24
MANEIRO BETANZOS, Javier	39	35+	ESCUALOS	1:34.11	25m	1:36.51
<u>40+</u>						
SEVILLA AROCA, Javier	41	40+	ESCUALOS	1:21.51	50m	1:21.70
PADIN CHARLIN, Joaquin	44	40+	ESCUALOS	1:25.37	25m	1:27.77
PÉREZ GONZÁLEZ, Iván	42	40+	MONFORTE	1:34.58	25m	1:37.17
CARRERA COSTAS, Andres	42	40+	PONTEAREAS	1:34.86	25m	1:37.26
GONZALEZ VICENTE, Ruben	43	40+	PORTAMIÑA	1:34.95	25m	1:37.35
TORRES FRAILE, Emilio	40	40+	MONFORTE	1:43.84	50m	1:43.84
MELLA BARBEITO, Javier	41	40+	ARTEIXO	2:02.16	25m	2:04.56
<u>45+</u>						
NOGUEIRA-PINTO CRESPO, Hugo	46	45+	ESCUALOS	1:18.25	50m	1:18.25
EIRIZ DIEGUEZ, Daniel	46	45+	CNMOS	1:15.92	25m	1:18.51
VAZQUEZ IGLESIAS, Daniel	45	45+	RIASBAIXAS	1:18.48	25m	1:20.88
GARCIA REBOLO, Alejandro	49	45+	POURENSE	1:19.83	25m	1:22.23
CARBALLO CABEZAS, Enrique	48	45+	POURENSE	1:22.66	25m	1:25.06
GUIMAREY VAZQUEZ, Marcos	47	45+	PORTAMIÑA	1:23.13	25m	1:25.53
HERMIDA SALIDO, Gustavo	47	45+	NTNARON	1:24.35	25m	1:26.94
ALONSO ORTIZ, Mariano	48	45+	FLUVIAL	1:32.52	25m	1:34.92
PEXEGUEIRO BALADRON, Nicolas	47	45+	CNMOS	1:37.78	25m	1:40.18
FERNANDEZ BARREIROS, Claudio	49	45+	ORDES	1:38.47	25m	1:41.06

Prueba 9, Masc., 100m Braza

LOPEZ PAYO, Mario	47	45+	SALESTRA	1:39.26	25m	1:41.66
ORGEIRA CRESPO, Pedro	48	45+	POURENSE	1:44.77	25m	1:47.36
CARRERA RODRÍGUEZ, Rubén	45	45+	PONTEAREAS	1:45.97	25m	1:48.56
GONZALEZ SANDEZ, Carlos	45	45+	VALDEORRAS	2:06.71	50m	2:06.90

50+

HERNAEZ OUBIÑA, David	51	50+	CULLEREDO	1:18.86	25m	1:21.45
PEREIRA DIAZ, Angel	52	50+	ESCUALOS	1:23.90	50m	1:23.90
BOUSO FUENTECILLA, Fernando	53	50+	ESCUALOS	1:29.74	50m	1:29.74
CRESPO PÉREZ, Albarino	54	50+	ESCUALOS	1:33.55	50m	1:33.55
CADAVID NUÑEZ, Jose	54	50+	POURENSE	1:44.51	50m	1:44.51
DIEZ RODRIGUEZ, Ignacio J.	52	50+	PORTAMIÑA	1:46.27	25m	1:48.67
ARAUJO FERNÁNDEZ, Jose	53	50+	ESCUALOS	1:49.03	25m	1:51.43
LORENZO GONZALEZ-VISO, Carlos	53	50+	POURENSE	1:56.76	25m	1:59.35
FERREIRO SANCHEZ, Luis	54	50+	POURENSE	2:05.57	50m	2:05.57

55+

TOURIÑO GONZALEZ, Victor M.	56	55+	CMARINA	1:21.69	25m	1:24.09
RIVAS FEAL, Antonio	58	55+	SCASINO	1:24.55	25m	1:26.95
GARCIA SANJURJO, Jose Manuel	57	55+	CDELMAR	1:31.67	25m	1:34.07
REY ROMERO, Jorge J.	58	55+	PORTAMIÑA	1:35.59	50m	1:35.59
SÁNCHEZ SECO, Manuel	56	55+	ESCUALOS	1:35.91	25m	1:38.31

60+

SOLLEIRO TIZON, Juan Jose	61	60+	NCORUÑA	1:28.82	25m	1:31.22
RODRIGUEZ GOMEZ, Emilio	63	60+	PONTEAREAS	1:41.49	25m	1:43.89
HERNANZ MORAL, Fausto	62	60+	RIASBAIXAS	1:56.25	25m	1:58.65
RODRIGUEZ BASANTA, Fco. Jose	63	60+	VALDEORRAS	1:59.50	50m	1:59.69
SANCHEZ VAZQUEZ, Jesus	62	60+	PORTAMIÑA	2:04.00	50m	2:04.19
GONZALEZ ANTON, Jose Luis	62	60+	GALAICO	2:08.04	50m	2:08.04

65+

ROS ROSILLO, Alejandro	66	65+	RIASBAIXAS	1:27.31	25m	1:29.71
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70+

IVANCHENKO, Yurii	71	70+	POURENSE	1:54.11	50m	1:54.30
GARCIA COLOMO, Manuel Ramon	70	70+	POURENSE	1:53.89	25m	1:56.29

75+

VILLORIA CARAMES, Alejandro	79	75+	TRAVIESAS	3:06.59	25m	3:09.18
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80+

ARAUJO DOMINGUEZ, Francisco	84	80+	PONTEAREAS	2:53.91	25m	2:56.50
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Prueba 10  
08/06/2024

Fem., 100m Mariposa

2004 y mayores  
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
<u>20+</u>						
DIAZ DOPICO, Sabela	22	20+	NFERROL	1:12.07	50m	1:12.07
LEMOS FERNANDEZ, Zaira	22	20+	PONTEAREAS	1:16.09	25m	1:16.98
PAZOS MARTÍNEZ, Nerea	22	20+	ARTEIXO	1:17.79	25m	1:18.68
<u>25+</u>						
GONZALEZ PEREZ, Paula	28	25+	PONTEAREAS	1:44.24	25m	1:44.94
<u>30+</u>						
FRANCO CAL, Alba	33	30+	FLUVIAL	1:04.42	25m	1:05.12
BUGALLO PÉREZ, Estíbaliz	34	30+	RCNVIGO	1:16.46	25m	1:17.16
PEREZ GARCIA, Eva	34	30+	RIASBAIXAS	1:30.28	25m	1:31.17
MARTINEZ GARCIA, Susana	33	30+	MONFORTE	1:46.32	25m	1:47.21
<u>35+</u>						
RODRIGUEZ DE DIOS, Amparo	37	35+	VALDEORRAS	2:07.45	25m	2:08.34
<u>40+</u>						
HERMIDA RODRIGUEZ, Blanca	43	40+	CMARINA	1:13.63	25m	1:14.33
CID ALVAREZ, Isabel	44	40+	ESCUALOS	1:44.83	25m	1:45.53
<u>45+</u>						
GARCÍA SEOANE, Cristina María	49	45+	HERCULES	1:41.32	25m	1:42.02
VIDAL BELLO, Mara	47	45+	VALDEORRAS	2:10.10	25m	2:10.99
<u>50+</u>						
SOBRINO EIRIZ, Maria Del Valle	52	50+	PONTEAREAS	1:59.65	25m	2:00.35
<u>55+</u>						
BARJA BARJA, Liliana	59	55+	TRAVIESAS	1:55.62	25m	1:56.32
MELON PARENTE, M. Lourdes	55	55+	PONTEAREAS	3:01.37	25m	3:02.26

Prueba 11  
08/06/2024

Masc., 100m Mariposa

2004 y mayores  
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
<u>20+</u>						
CANCELA GOMEZ, Hugo	21	20+	PONTEAREAS	1:02.81	25m	1:04.10
LOPEZ LOPEZ, Jaime Borja	24	20+	PORTAMIÑA	1:07.46	25m	1:08.75
GONZÁLEZ MARTÍNEZ, Cristian	21	20+	ARTEIXO	1:11.26	25m	1:12.36
CASARES GARCIA, Brais	20	20+	PONTEAREAS	1:15.33	25m	1:16.62
<u>25+</u>						
PICALLO MATO, Adrian	29	25+	SALESTRA	1:33.80	25m	1:35.09
<u>30+</u>						
DEL RIO REGUEIRA, Ruben	31	30+	ARTEIXO	58.59	25m	59.69
VALDES REY, Enol	31	30+	XOVE	1:02.66	25m	1:03.76
MUIÑO ALONSO, Anton	30	30+	NCORUÑA	1:03.39	25m	1:04.49
LAGO LOPEZ, Diego	33	30+	NCORUÑA	1:06.66	25m	1:07.95
FREIRE GONZALEZ, Javier	31	30+	RIASBAIXAS	1:09.77	25m	1:11.06
CASTRO VILLAR, David	33	30+	FLUVIAL	1:11.41	25m	1:12.51
<u>35+</u>						
DOMÍNGUEZ PARDELLAS, Rubén	36	35+	RCNVIGO	1:07.12	25m	1:08.22
CAO LAGO, Pablo	37	35+	RIASBAIXAS	1:15.19	25m	1:16.29
ROADE MORADO, Aitor	39	35+	NTNARON	1:17.57	25m	1:18.86
LAMEIRO SEOANE, Javier	37	35+	HERCULES	1:23.76	25m	1:24.86
BARCIA SIXTO, Francisco José	39	35+	NTNARON	1:24.18	25m	1:25.47
<u>40+</u>						
GARCIA RODRIGUEZ, Sergio	43	40+	RIASBAIXAS	1:16.94	25m	1:18.04
MUIÑO REY, Daniel	40	40+	NFERROL	1:18.15	25m	1:19.25
GUTIERREZ COSTAS, Oscar	42	40+	RIASBAIXAS	1:20.75	25m	1:22.04
ARANGO GAYAR, Saul	44	40+	RIASBAIXAS	1:28.15	50m	1:28.15
ALVAREZ SILVA, Ruben	43	40+	ESCUALOS	1:33.52	25m	1:34.81
POSE MATO, Cesar	41	40+	ADFOGAR	2:19.53	25m	2:20.63
<u>45+</u>						
SONEIRA REBOREDO, Oscar	49	45+	CIDSANTIAG	1:07.78	25m	1:09.07
IGLESIAS GOMEZ, Gonzalo	45	45+	HERCULES	1:11.27	25m	1:12.37
GUIRADO CARABEL, Oscar	48	45+	CULLEREDO	1:12.37	25m	1:13.66
FIGUEIRA JALLAS, Andres Felipe	48	45+	NCORUÑA	1:22.92	25m	1:24.21
FERNANDEZ IGLESIAS, Emilio J.	47	45+	PONTEAREAS	1:26.19	25m	1:27.29
CARRERA RODRÍGUEZ, Rubén	45	45+	PONTEAREAS	1:29.66	25m	1:30.76
FERNANDEZ CORRAL, Marcos	45	45+	PORTAMIÑA	1:56.23	25m	1:57.33
TRONCOSO CAAMAÑO, Fernando	49	45+	ESCUALOS	10:00:00.00	25m	10:00:01.29

Prueba 11, Masc., 100m Mariposa

50+

SAAVEDRA GONZÁLEZ, Raul	51	50+	HERCULES	1:11.34	25m	1:12.44
RODRÍGUEZ RODRÍGUEZ, Santiago	52	50+	CIDSANTIAG	1:28.27	25m	1:29.56
CARNERO FIRVIDA, Jose Ramón	50	50+	ESCUALOS	1:43.88	50m	1:43.88
DE LA VEGA GÁNDARAS, Felipe	51	50+	HERCULES	1:54.37	50m	1:54.37
CANO PELAEZ, Alberto J.	54	50+	CMARINA	1:54.20	25m	1:55.49

60+

MARTINEZ BERJANO, Jose Manuel	61	60+	MONFORTE	1:48.31	25m	1:49.41
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Prueba 12  
08/06/2024

Fem., 200m Estilos

2004 y mayores  
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
<b>20+</b>						
SUAREZ GONZALEZ, Gracia	24	20+	PONTEAREAS	2:32.42	50m	2:32.61
LEMONS FERNANDEZ, Zaira	22	20+	PONTEAREAS	2:51.68	25m	2:54.77
SOUTIÑO RAMIREZ, Carmen Victoria	23	20+	PORTAMIÑA	3:07.64	25m	3:10.54
<b>25+</b>						
FREIJE TORNEIRO, Aroa	26	25+	PORTAMIÑA	2:43.43	25m	2:46.33
GARCIA MIGUEZ, Rosalia	26	25+	GALAICO	2:43.98	25m	2:46.88
VEIGA RODRIGUEZ, Rosalia	25	25+	NCORUÑA	2:49.29	25m	2:52.38
LAGO CASTILLO, Natalia	25	25+	NCORUÑA	2:55.41	25m	2:58.50
GONZALEZ AVENDAÑO, Lucia	25	25+	GALAICO	3:02.79	50m	3:02.79
<b>30+</b>						
RAMOS LOBO, Raquel	31	30+	PORTAMIÑA	2:45.54	25m	2:48.44
DEL RIO REGUEIRA, Sara	33	30+	NCORUÑA	2:51.86	25m	2:54.95
<b>35+</b>						
LOUREIRO AMOR, Belen Martina	36	35+	NTNARON	2:42.41	25m	2:45.50
GONZALEZ PEREZ, Jessica	37	35+	RIASBAIXAS	3:16.81	25m	3:19.71
ROZADOS LUIS, Adriana	39	35+	SALESTRA	3:23.46	50m	3:23.46
RODRIGUEZ DE DIOS, Amparo	37	35+	VALDEORRAS	3:49.54	50m	3:49.73
GONZALEZ FERNANDEZ, Coral.M	37	35+	ESCUALOS	3:53.11	25m	3:56.01
<b>40+</b>						
GONZALEZ RODRIGUEZ, Maria	42	40+	CIDSANTIAG	2:43.25	25m	2:46.34
FKEOUI OMARI, Salma	42	40+	ESCUALOS	3:03.90	25m	3:06.80
DURÁN VEIRAS, Raquel	40	40+	ARTEIXO	3:10.52	25m	3:13.61
VILARIÑO CACHO, Elvira	43	40+	SALESTRA	3:18.39	25m	3:21.48
<b>45+</b>						
DE LORENZO FERNANDEZ, Maria	46	45+	ESCUALOS	3:18.42	25m	3:21.32
CARBALLO BALOIRA, Susana María	49	45+	HERCULES	4:08.63	25m	4:11.53
VAZQUEZ GONZALEZ, Yolanda	48	45+	VALDEORRAS	4:46.49	25m	4:49.58
<b>50+</b>						
SANDERSON KEOUGH, Helen Jane	54	50+	CULLEREDO	3:23.30	25m	3:26.20
GARCIA RODRIGUEZ, Teresa	52	50+	PORTAMIÑA	4:03.09	50m	4:03.09
<b>55+</b>						
CASTRO MAESTRE, Isaura	55	55+	FLUVIAL	3:48.54	25m	3:51.63
ACEVEDO REGO, Ermitas	58	55+	POURENSE	4:41.19	25m	4:44.09

Prueba 12, Fem., 200m Estilos

65+

SAR MORANO, Dolores	69	65+	CULLEREDO	4:29.48	25m	4:32.57
CELEMIN PORRERO, Maria Teresa	65	65+	GALAICO	4:38.09	25m	4:41.18

Prueba 13  
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Masc., 200m Estilos

2004 y mayores  
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
<u>20+</u>						
MARTINEZ MARTINEZ, Marcos	21	20+	PONTEAREAS	2:17.68	25m	2:21.38
VILLAMOR FERRO, Rubén	24	20+	ARTEIXO	2:40.81	25m	2:44.70
<u>25+</u>						
RIVAS MACEIRAS, Isaac	25	25+	HERCULES	2:30.19	50m	2:30.19
<u>30+</u>						
DEL RIO REGUEIRA, Marcos	31	30+	ARTEIXO	2:12.64	25m	2:16.34
NOVALES BLANCO, Xabier	33	30+	RIASBAIXAS	3:08.69	25m	3:12.58
<u>35+</u>						
VILA CID, Marcos	37	35+	POURENSE	2:13.59	25m	2:17.29
PAZOS ALONSO, Josue	38	35+	ESCUALOS	2:31.42	25m	2:35.12
MARTINEZ DOPAZO, David	37	35+	GALAICO	2:39.80	25m	2:43.50
GARCIA GARCIA, Anselmo	36	35+	XOVE	2:41.22	25m	2:44.92
LAMEIRO SEOANE, Javier	37	35+	HERCULES	2:53.57	50m	2:53.57
<u>40+</u>						
CALLE FACAL, Telmo	41	40+	GALAICO	2:18.10	25m	2:21.80
MERA MONTECELOS, Pablo	41	40+	HERCULES	2:35.66	25m	2:39.36
DOMINGUEZ PHILOCREON, Ticiano	43	40+	CIDSANTIAG	3:02.09	25m	3:05.79
GONZALEZ PEÑAS, David	40	40+	PORTAMIÑA	3:10.04	25m	3:13.74
DE LORENZO FERNÁNDEZ, Javier	43	40+	ESCUALOS	3:23.17	50m	3:23.17
CARRERA COSTAS, Andres	42	40+	PONTEAREAS	3:28.59	25m	3:32.48
<u>45+</u>						
FINS SEOANE, Juan Miguel	47	45+	SALESTRA	2:41.65	25m	2:45.35
MOURIZ LOMBAO, Fco. Javier	49	45+	PORTAMIÑA	2:46.44	25m	2:50.14
GUIMAREY VAZQUEZ, Marcos	47	45+	PORTAMIÑA	2:51.78	25m	2:55.48
FERNADEZ BARREIROS, Claudio	49	45+	ORDES	3:09.78	25m	3:13.67
LAMAS SOTO, Cesar	49	45+	CULLEREDO	3:10.42	25m	3:14.31
BALSA MOSQUERA, Pablo	46	45+	CMARINA	3:12.94	25m	3:16.64
VEIGA PILLADO, Jose	46	45+	SCASINO	3:19.28	50m	3:19.28
FERNANDEZ GONZALEZ, Bruno	47	45+	POURENSE	3:44.56	25m	3:48.45
FERNANDEZ CORRAL, Marcos	45	45+	PORTAMIÑA	4:11.38	25m	4:15.08
<u>50+</u>						
PEREIRA DIAZ, Angel	52	50+	ESCUALOS	2:51.60	25m	2:55.30
MOURIÑO ORTIGUERA, Roberto C.	50	50+	PONTEAREAS	2:52.88	25m	2:56.58
HERNAEZ OUBIÑA, David	51	50+	CULLEREDO	2:54.93	25m	2:58.82
FERNANDEZ MARTINEZ, Alberto	53	50+	ESCUALOS	3:21.14	50m	3:21.14
LORENZO FERNANDEZ, Jose Manuel	52	50+	RIASBAIXAS	3:28.61	25m	3:32.50
FERREIRO SANCHEZ, Luis	54	50+	POURENSE	4:24.82	25m	4:28.52

Prueba 13, Masc., 200m Estilos

55+

GARCIA SANJURJO, Jose Manuel	57	55+	CDELMAR	3:18.08	25m	3:21.78
SÁNCHEZ SECO, Manuel	56	55+	ESCUALOS	3:21.39	25m	3:25.09
COUCEIRO SANCHEZ, Gonzalo	58	55+	SCASINO	3:48.76	25m	3:52.46
LAMELO OTERO, Ramón Jesus	56	55+	CIDSANTIAG	3:57.68	25m	4:01.57
PEREZ GARCIA, Manuel	57	55+	CULLEREDO	4:04.50	25m	4:08.39
PIROSCIA PENADO, Jose	58	55+	PORTAMIÑA	4:29.40	50m	4:29.40

60+

SANJORGE PEDREIRA, Carmelo	62	60+	ARTEIXO	4:01.05	25m	4:04.75
BLANCO PEREZ, Angel	60	60+	POURENSE	4:11.04	25m	4:14.74

65+

FERNANDEZ ARRUTI, Jose Angel	65	65+	CIDSANTIAG	3:18.08	25m	3:21.78
YAÑEZ WONENBURGER, Juan Carlos	65	65+	HERCULES	3:20.61	25m	3:24.50
TIMIRAOS CARRASCO, Luis	68	65+	POURENSE	6:03.60	25m	6:07.30

Prueba 14  
08/06/2024

Fem., 4 x 50m Libre

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Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
<b>+80 (PRE-MASTER)</b>						
PORTAMIÑA 1		+80 (PI	PORTAMIÑA	2:05.96	50m	2:05.96
PONTEAREAS 1		+80 (PI	PONTEAREAS	2:19.63	25m	2:21.23
<b>+100</b>						
PORTAMIÑA 2		+100	PORTAMIÑA	2:03.07	50m	2:03.07
NCORUÑA 1		+100	NCORUÑA	2:09.74	25m	2:11.53
GALAICO 1		+100	GALAICO	2:23.40	25m	2:25.00
PONTEAREAS 2		+100	PONTEAREAS	2:41.40	50m	2:41.40
<b>+120</b>						
RIASBAIXAS 1		+120	RIASBAIXAS	2:13.45	25m	2:15.05
SALESTRA 1		+120	SALESTRA	2:22.33	50m	2:22.33
PONTEAREAS 3		+120	PONTEAREAS	2:21.13	25m	2:22.73
MONFORTE 1		+120	MONFORTE	2:26.49	50m	2:26.49
ESCUALOS 3		+120	ESCUALOS	2:36.99	25m	2:38.59
ORDES 1		+120	ORDES	2:55.39	50m	2:55.39
<b>+160</b>						
ESCUALOS 1		+160	ESCUALOS	2:21.41	25m	2:23.20
PONTEAREAS 4		+160	PONTEAREAS	2:30.14	25m	2:31.74
CULLEREDO 1		+160	CULLEREDO	2:33.88	50m	2:33.88
GALAICO 2		+160	GALAICO	2:43.47	50m	2:43.47
VALDEORRAS 1		+160	VALDEORRAS	3:12.07	25m	3:13.86
POURENSE 1		+160	POURENSE	3:22.49	50m	3:22.49
<b>+200</b>						
PONTEAREAS 5		+200	PONTEAREAS	2:37.16	25m	2:38.95
POURENSE 2		+200	POURENSE	2:44.66	25m	2:46.26
ESCUALOS 2		+200	ESCUALOS	2:49.83	25m	2:51.43
TRAVIESAS 1		+200	TRAVIESAS	2:56.13	50m	2:56.13
<b>+240</b>						
POURENSE 3		+240	POURENSE	2:57.11	25m	2:58.71
PONTEAREAS 6		+240	PONTEAREAS	3:33.73	25m	3:35.52
<b>+280</b>						
PONTEAREAS 7		+280	PONTEAREAS	4:47.02	25m	4:48.62

Prueba 15  
08/06/2024

Masc., 4 x 50m Libre

AG 80 - 359  
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
<u>+80 (PRE-MASTER)</u>						
PONTEAREAS 1		+80	(PIPONTEAREAS	1:45.38	25m	1:47.78
PORTAMIÑA 1		+80	(PIPORTAMIÑA	1:55.91	50m	1:55.91
<u>+100</u>						
PONTEAREAS 2		+100	PONTEAREAS	1:56.72	25m	1:59.12
<u>+120</u>						
NCORUÑA 1		+120	NCORUÑA	1:46.50	25m	1:48.90
GALAICO 1		+120	GALAICO	1:50.69	25m	1:53.09
HERCULES 2		+120	HERCULES	1:53.18	50m	1:53.18
POURENSE 1		+120	POURENSE	1:56.49	25m	1:58.89
ESCUALOS 1		+120	ESCUALOS	1:58.74	25m	2:01.14
ARTEIXO 1		+120	ARTEIXO	2:01.20	50m	2:01.20
NTNARON 1		+120	NTNARON	1:59.31	25m	2:01.90
RIASBAIXAS 1		+120	RIASBAIXAS	2:00.17	25m	2:02.57
PONTEAREAS 3		+120	PONTEAREAS	2:05.33	25m	2:07.92
<u>+160</u>						
GALAICO 2		+160	GALAICO	1:51.36	25m	1:53.76
ESCUALOS 2		+160	ESCUALOS	1:54.79	25m	1:57.38
PONTEAREAS 4		+160	PONTEAREAS	1:58.18	25m	2:00.58
CMARINA 1		+160	CMARINA	1:58.28	25m	2:00.87
RIASBAIXAS 2		+160	RIASBAIXAS	1:58.96	25m	2:01.36
NTNARON 2		+160	NTNARON	1:58.94	25m	2:01.53
FLUVIAL 1		+160	FLUVIAL	2:06.81	50m	2:06.81
PORTAMIÑA 2		+160	PORTAMIÑA	2:07.32	50m	2:07.32
SALESTRA 1		+160	SALESTRA	2:07.56	50m	2:07.56
CIDSANTIAG 1		+160	CIDSANTIAG	2:08.76	50m	2:08.76
MONFORTE 1		+160	MONFORTE	2:11.39	50m	2:11.39
ARTEIXO 2		+160	ARTEIXO	2:09.43	25m	2:11.83
POURENSE 2		+160	POURENSE	2:13.61	25m	2:16.01
CNMOS 1		+160	CNMOS	2:20.36	50m	2:20.36
<u>+200</u>						
CIDSANTIAG 2		+200	CIDSANTIAG	2:02.59	50m	2:02.59
ESCUALOS 3		+200	ESCUALOS	2:07.64	25m	2:10.23
CULLEREDO 1		+200	CULLEREDO	2:10.52	25m	2:12.92
GALAICO 3		+200	GALAICO	2:13.49	25m	2:15.89
PONTEAREAS 5		+200	PONTEAREAS	2:14.57	25m	2:16.97
SCASINO 1		+200	SCASINO	2:15.42	25m	2:17.82
RIASBAIXAS 3		+200	RIASBAIXAS	2:17.96	25m	2:20.36
POURENSE 3		+200	POURENSE	2:31.99	25m	2:34.58
ARTEIXO 3		+200	ARTEIXO	2:35.54	50m	2:35.54
PORTAMIÑA 3		+200	PORTAMIÑA	2:43.56	50m	2:43.56
VALDEORRAS 1		+200	VALDEORRAS	2:42.89	25m	2:45.48

Prueba 15, Masc., 4 x 50m Libre

TRAVIESAS 1	+200	TRAVIESAS	3:00.69	25m	3:03.09
<u>+240</u>					
HERCULES 1	+240	HERCULES	2:09.51	50m	2:09.51
CIDSANTIAG 3	+240	CIDSANTIAG	2:14.60	50m	2:14.60
ARTEIXO 4	+240	ARTEIXO	2:28.55	25m	2:31.14
POURENSE 4	+240	POURENSE	2:39.01	25m	2:41.41
PONTEAREAS 6	+240	PONTEAREAS	2:59.44	25m	3:01.84

Prueba 16  
09/06/2024

Mixto, 4 x 50m Libre

AG 80 - 359  
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
<b>+80 (PRE-MASTER)</b>						
PORTAMIÑA 1		+80 (PI	PORTAMIÑA	1:58.65	50m	1:58.65
PONTEAREAS 1		+80 (PI	PONTEAREAS	1:57.68	25m	1:59.68
<b>+100</b>						
NCORUÑA 1		+100	NCORUÑA	1:55.25	50m	1:55.25
PONTEAREAS 2		+100	PONTEAREAS	1:58.50	25m	2:00.69
RIASBAIXAS 1		+100	RIASBAIXAS	1:58.74	25m	2:00.74
PORTAMIÑA 2		+100	PORTAMIÑA	2:11.21	50m	2:11.21
<b>+120</b>						
ARTEIXO 1		+120	ARTEIXO	1:58.01	50m	1:58.01
GALAICO 1		+120	GALAICO	1:58.18	25m	2:00.37
MONFORTE 1		+120	MONFORTE	1:58.42	25m	2:00.42
PONTEAREAS 3		+120	PONTEAREAS	1:58.62	25m	2:00.62
HERCULES 2		+120	HERCULES	2:00.89	50m	2:00.89
NTNARON 1		+120	NTNARON	2:01.42	25m	2:03.61
PORTAMIÑA 3		+120	PORTAMIÑA	2:03.69	50m	2:03.69
NCORUÑA 2		+120	NCORUÑA	2:04.97	50m	2:04.97
RIASBAIXAS 2		+120	RIASBAIXAS	2:05.43	25m	2:07.43
CULLEREDO 2		+120	CULLEREDO	2:11.33	50m	2:11.33
ESCUALOS 1		+120	ESCUALOS	2:10.54	25m	2:12.54
SALESTRA 1		+120	SALESTRA	2:11.46	25m	2:13.46
POURENSE 1		+120	POURENSE	2:17.29	25m	2:19.29
<b>+160</b>						
CMARINA 1		+160	CMARINA	2:01.27	25m	2:03.27
NCORUÑA 3		+160	NCORUÑA	2:03.79	25m	2:05.79
ARTEIXO 2		+160	ARTEIXO	2:05.04	25m	2:07.04
ESCUALOS 2		+160	ESCUALOS	2:05.14	25m	2:07.14
PORTAMIÑA 4		+160	PORTAMIÑA	2:09.01	50m	2:09.01
SALESTRA 2		+160	SALESTRA	2:10.26	50m	2:10.26
RIASBAIXAS 3		+160	RIASBAIXAS	2:09.23	25m	2:11.23
PONTEAREAS 7		+160	PONTEAREAS	2:13.88	25m	2:15.88
SCASINO 1		+160	SCASINO	2:20.98	25m	2:23.17
GALAICO 2		+160	GALAICO	2:22.48	25m	2:24.67
ADFOGAR 1		+160	ADFOGAR	2:24.95	50m	2:24.95
RSDH 1		+160	RSDH	2:27.39	25m	2:29.39
MONFORTE 2		+160	MONFORTE	2:33.97	50m	2:33.97
FLUVIAL 1		+160	FLUVIAL	2:37.18	50m	2:37.18
POURENSE 2		+160	POURENSE	2:40.38	25m	2:42.38
VALDEORRAS 1		+160	VALDEORRAS	2:47.61	50m	2:47.61

Prueba 16, Mixto, 4 x 50m Libre

+200

CIDSANTIAG 1	+200	CIDSANTIAG	2:12.20	50m	2:12.20
RIASBAIXAS 4	+200	RIASBAIXAS	2:11.86	25m	2:13.86
ESCUALOS 3	+200	ESCUALOS	2:12.65	25m	2:14.65
PONTEAREAS 6	+200	PONTEAREAS	2:15.60	25m	2:17.60
SCASINO 2	+200	SCASINO	2:17.54	25m	2:19.54
PORTAMIÑA 5	+200	PORTAMIÑA	2:22.34	50m	2:22.34
CULLEREDO 1	+200	CULLEREDO	2:21.70	25m	2:23.89
GALAICO 3	+200	GALAICO	2:37.16	25m	2:39.16
POURENSE 3	+200	POURENSE	2:54.65	25m	2:56.65

+240

HERCULES 1	+240	HERCULES	2:32.45	50m	2:32.45
POURENSE 4	+240	POURENSE	2:32.71	25m	2:34.71
PONTEAREAS 5	+240	PONTEAREAS	2:37.31	25m	2:39.50
ARTEIXO 3	+240	ARTEIXO	2:52.33	50m	2:52.33
TRAVIESAS 1	+240	TRAVIESAS	3:09.35	25m	3:11.54

+280

PONTEAREAS 4	+280	PONTEAREAS	4:03.94	25m	4:06.13
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Prueba 17  
09/06/2024

Fem., 200m Libre

2004 y mayores  
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
<u>20+</u>						
RODRIGUEZ RODRIGUEZ, Nina	22	20+	RIASBAIXAS	2:13.18	25m	2:15.68
VALIÑO FERRAZ, Tatyana	21	20+	PONTEAREAS	3:00.59	25m	3:03.28
<u>25+</u>						
FREIJE TORNEIRO, Aroa	26	25+	PORTAMIÑA	2:13.12	25m	2:15.62
GONZALEZ AVENDAÑO, Lucia	25	25+	GALAICO	2:35.90	25m	2:38.59
SUAREZ GARCIA, Sofia	27	25+	RIASBAIXAS	2:43.37	25m	2:46.06
BARCA PENSADO, Maria	28	25+	ADFOGAR	3:23.32	50m	3:23.51
<u>30+</u>						
RAMOS LOBO, Raquel	31	30+	PORTAMIÑA	2:30.06	25m	2:32.56
ARAÚJO CASTRO, Paula	33	30+	CDELMAR	2:53.38	50m	2:53.38
RODRIGUEZ GONZÁLEZ, Raquel	31	30+	MONFORTE	2:54.45	25m	2:57.14
SALGADO CASTELO, Marta	30	30+	MULLEREF	3:06.93	25m	3:09.43
SANCHEZ DE LLANO, M. Nieves	32	30+	SCASINO	3:18.28	25m	3:20.97
ALONSO PEREIRA, Fatima	31	30+	RIASBAIXAS	3:20.96	25m	3:23.65
OTERO FERNANDEZ, Maria Luisa	31	30+	SALESTRA	3:30.84	25m	3:33.34
<u>35+</u>						
VINAGRE SENDINO, Cora	36	35+	SCASINO	2:38.79	25m	2:41.48
GONZALEZ PEREZ, Jessica	37	35+	RIASBAIXAS	2:50.59	25m	2:53.09
FERNANDEZ GUARDIOLA, Loira	35	35+	PONTEAREAS	4:26.31	25m	4:29.00
<u>40+</u>						
HERMIDA RODRIGUEZ, Blanca	43	40+	CMARINA	2:21.93	25m	2:24.62
FKEOUI OMARI, Salma	42	40+	ESCUALOS	2:44.97	25m	2:47.47
VILARIÑO CACHO, Elvira	43	40+	SALESTRA	3:03.85	25m	3:06.35
OLMO VAQUEIRO, Leticia	43	40+	PONTEAREAS	3:07.03	25m	3:09.53
MOLANES PIÑEIRO, Maria Elena	40	40+	PONTEAREAS	3:18.77	25m	3:21.27
BROZOS VAZQUEZ, Elena María	42	40+	CIDSANTIAG	3:40.05	25m	3:42.74
MENDEZ ABELAIRA, Jessica	42	40+	VALDEORRAS	5:30.29	50m	5:30.48
<u>45+</u>						
DE LORENZO FERNANDEZ, Maria	46	45+	ESCUALOS	2:52.06	25m	2:54.56
VARELA REDONDO, Veronica	49	45+	PONTEAREAS	2:54.40	25m	2:56.90
GARCÍA SEOANE, Cristina María	49	45+	HERCULES	3:07.17	25m	3:09.86
COVELO SAAVEDRA, Nahir	46	45+	PONTEAREAS	3:18.37	25m	3:21.06
ANDON YAÑEZ, Lorena	46	45+	SCASINO	3:21.24	25m	3:23.93
SERRANO AVENDAÑO, Silvia	49	45+	TRAVIESAS	3:37.06	25m	3:39.75
SANCHEZ BARREIRO, Maria Carmen	48	45+	PONTEAREAS	3:37.90	25m	3:40.59
BESADA FERNÁNDEZ, Ana M.	46	45+	PONTEAREAS	3:43.67	25m	3:46.36
RODRIGUEZ LOPEZ, Rosa Maria	49	45+	POURENSE	3:51.41	25m	3:53.91
VAZQUEZ GONZALEZ, Yolanda	48	45+	VALDEORRAS	4:07.79	50m	4:07.98

Prueba 17, Fem., 200m Libre

50+

HERNANDEZ ALFAGEME, Rita	53	50+	RIASBAIXAS	2:43.20	25m	2:45.70
SANDERSON KEOUGH, Helen Jane	54	50+	CULLEREDO	2:55.71	50m	2:55.71
SALES MANTIÑAN, Carmen	50	50+	SCASINO	3:09.36	25m	3:11.86
PEREZ PEREZ, Sonia	52	50+	ESCUALOS	3:12.24	25m	3:14.74
RODRIGUEZ VAZQUEZ, Maria Teresa	52	50+	POURENSE	3:27.93	25m	3:30.43
SOBRINO EIRIZ, Maria Del Valle	52	50+	PONTEAREAS	4:00.04	25m	4:02.73

55+

REGUEIRO RODRIGUEZ, Ana	58	55+	RIASBAIXAS	3:09.25	25m	3:11.75
CALVIÑO CANCELA, Maria Cristina	56	55+	PONTEAREAS	3:18.15	25m	3:20.84
ACEVEDO REGO, Ermitas	58	55+	POURENSE	3:57.48	25m	4:00.17

60+

TERCEIRO DELGADO, María Del Mar	61	60+	CDELMAR	2:49.13	50m	2:49.13
REBOREDA MORILLO, Susana	62	60+	ESCUALOS	3:55.00	25m	3:57.50
PEREZ GALLARDO, Teresa	60	60+	POURENSE	4:31.88	25m	4:34.57

65+

SUEIRO COSTAS, Maria Del Carmen	68	65+	PONTEAREAS	4:54.34	25m	4:56.84
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70+

GONZALEZ-ALEGRE BURGUEÑO, Ana 72aria	70+	TRAVIESAS	3:32.71	25m	3:35.21
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Prueba 18  
09/06/2024

Masc., 200m Libre

2004 y mayores  
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
<u>20+</u>						
MARTINEZ MARTINEZ, Marcos	21	20+	PONTEAREAS	2:00.05	25m	2:03.55
INCUTTI TELLADO, Denis	24	20+	PONTEAREAS	2:10.98	25m	2:14.67
CANCELA GOMEZ, Hugo	21	20+	PONTEAREAS	2:12.04	25m	2:15.54
GONZÁLEZ MARTÍNEZ, Cristian	21	20+	ARTEIXO	2:16.80	25m	2:20.30
LOPEZ LOPEZ, Jaime Borja	24	20+	PORTAMIÑA	2:20.92	50m	2:21.11
GÓMEZ MÉNDEZ, Borja	22	20+	PONTEAREAS	4:24.14	25m	4:27.64
<u>25+</u>						
PASTORIZA SNTACLARA, Jorge	27	25+	RIASBAIXAS	2:00.67	25m	2:04.17
TRILLO RODRIGUEZ, Adrian	27	25+	CNMOS	2:18.00	25m	2:21.50
IBAÑEZ CARRERA, Manuel Gabriel	28	25+	PONTEAREAS	2:29.00	25m	2:32.69
PICALLO MATO, Adrian	29	25+	SALESTRA	2:29.59	25m	2:33.28
<u>30+</u>						
DEL RIO REGUEIRA, Marcos	31	30+	ARTEIXO	1:56.66	25m	2:00.16
VALDES REY, Enol	31	30+	XOVE	2:01.00	25m	2:04.50
DEL RIO REGUEIRA, Ruben	31	30+	ARTEIXO	2:03.49	25m	2:06.99
TENORIO FREIRE, Martin	32	30+	GALAICO	2:13.50	50m	2:13.50
MUIÑO ALONSO, Anton	30	30+	NCORUÑA	2:10.48	25m	2:14.17
BELLO PORTO, David	34	30+	NCORUÑA	2:44.34	25m	2:48.03
SANMARTIN GARCÍA, Jorge	33	30+	NTNARON	2:47.62	25m	2:51.31
<u>35+</u>						
PAZOS ALONSO, Josue	38	35+	ESCUALOS	2:17.54	25m	2:21.23
MARTINEZ DOPAZO, David	37	35+	GALAICO	2:17.87	25m	2:21.37
BLANCO PEREZ, Jesus	38	35+	NTNARON	2:29.87	50m	2:29.87
MANEIRO BETANZOS, Javier	39	35+	ESCUALOS	2:34.90	25m	2:38.59
BARCIA SIXTO, Francisco José	39	35+	NTNARON	2:36.07	25m	2:39.76
FIDALGO SERRANO, Guillermo	38	35+	TRAVIESAS	3:01.58	25m	3:05.27
<u>40+</u>						
GOMEZ MARQUEZ, Hugo	41	40+	POURENSE	2:10.82	50m	2:11.01
SEVILLA AROCA, Javier	41	40+	ESCUALOS	2:17.85	25m	2:21.35
CANOSA RODRÍGUEZ, Juan José	44	40+	NTNARON	2:19.76	25m	2:23.26
PEREZ LOPEZ, Manuel	43	40+	ESCUALOS	2:35.48	25m	2:38.98
CARBALLA BARROSO, Rogelio Manuel	43	40+	GALAICO	2:41.42	25m	2:45.11
GONZALEZ PEÑAS, David	40	40+	PORTAMIÑA	2:47.89	25m	2:51.39
<u>45+</u>						
SONEIRA REBOREDO, Oscar	49	45+	CIDSANTIAG	2:14.19	25m	2:17.69
IGLESIAS GOMEZ, Gonzalo	45	45+	HERCULES	2:14.84	25m	2:18.53
BAIZ ROCA, Gabriel	45	45+	ARTEIXO	2:18.51	25m	2:22.01
FINS SEOANE, Juan Miguel	47	45+	SALESTRA	2:19.40	25m	2:22.90
CABANELAS EIRAS, Pablo	45	45+	CIDSANTIAG	2:34.78	25m	2:38.28

Prueba 18, Masc., 200m Libre

FERNADEZ BARREIROS, Claudio	49	45+	ORDES	2:42.85	25m	2:46.54
LAMAS SOTO, Cesar	49	45+	CULLEREDO	2:44.45	25m	2:48.14
FERNANDEZ IGLESIAS, Emilio J.	47	45+	PONTEAREAS	2:49.88	25m	2:53.57
ALONSO ORTIZ, Mariano	48	45+	FLUVIAL	2:59.88	50m	2:59.88
TRONCOSO CAAMAÑO, Fernando	49	45+	ESCUALOS	3:04.99	50m	3:05.18
FERNANDEZ FERNANDEZ, Miguel Ange	47	45+	RIASBAIXAS	3:17.28	25m	3:20.97

50+

PEREIRA DIAZ, Angel	52	50+	ESCUALOS	2:20.56	25m	2:24.06
MOURIÑO ORTIGUERA, Roberto C.	50	50+	PONTEAREAS	2:27.35	25m	2:30.85
GARCIA CASTIÑEIRA, Daniel	50	50+	GALAICO	2:32.51	25m	2:36.01
BOUSO FUENTECILLA, Fernando	53	50+	ESCUALOS	2:42.17	25m	2:45.67
FERREIRO SEOANE, Jose Raul	51	50+	RIASBAIXAS	2:44.53	25m	2:48.22
DURO GONZALEZ, Antonio	50	50+	SALESTRA	2:46.21	25m	2:49.90
LORENZO FERNANDEZ, Jose Manuel	52	50+	RIASBAIXAS	2:56.61	50m	2:56.61
FERNANDEZ MARTINEZ, Alberto	53	50+	ESCUALOS	2:57.29	25m	3:00.98
DE LA VEGA GÁNDARAS, Felipe	51	50+	HERCULES	3:07.42	25m	3:10.92
LORENZO GONZALEZ-VISO, Carlos	53	50+	POURENSE	3:18.51	25m	3:22.01

55+

RIVAS FEAL, Antonio	58	55+	SCASINO	2:25.52	25m	2:29.02
TIMIRAOs CARRASCO, Fernando	59	55+	PORTAMIÑA	2:39.38	50m	2:39.38
NISTAL GARCÍA, Eduardo	56	55+	SCASINO	2:42.60	25m	2:46.10
GURIDI HUERTA, Jesus M.	56	55+	FLUVIAL	3:04.81	50m	3:05.00
REY ROMERO, Jorge J.	58	55+	PORTAMIÑA	3:06.42	50m	3:06.42
COUCEIRO SANCHEZ, Gonzalo	58	55+	SCASINO	3:03.06	25m	3:06.56
TRILLO CARLIN, Jose Fdo.	56	55+	ADFOGAR	3:34.16	25m	3:37.66
SUAREZ FREIRE, David Manuel	56	55+	RIASBAIXAS	3:42.38	25m	3:46.07

60+

HERNANZ MORAL, Fausto	62	60+	RIASBAIXAS	3:04.33	25m	3:07.83
BLANCO PEREZ, Angel	60	60+	POURENSE	3:11.55	25m	3:15.05
RODRIGUEZ BASANTA, Fco. Jose	63	60+	VALDEORRAS	3:27.83	50m	3:28.02
SANJORGE PEDREIRA, Carmelo	62	60+	ARTEIXO	3:29.46	50m	3:29.65

65+

CODESIDO LOPEZ, José	65	65+	CIDSANTIAG	2:44.17	25m	2:47.86
FERNANDEZ ARRUTI, Jose Angel	65	65+	CIDSANTIAG	2:53.93	50m	2:54.12

70+

GARCIA COLOMO, Manuel Ramon	70	70+	POURENSE	2:57.31	25m	3:00.81
SUANZES PEREZ, Fernando	71	70+	HERCULES	2:59.28	25m	3:02.97

Prueba 19  
09/06/2024

Fem., 50m Espalda

2004 y mayores  
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
<b>20+</b>						
GONZALEZ BLANCO, Patricia	24	20+	MONFORTE	32.42	25m	33.32
SOUTIÑO RAMIREZ, Carmen Victoria	23	20+	PORTAMIÑA	34.75	25m	35.65
ABASOLO RUEDA, Claudia	24	20+	NCORUÑA	36.90	25m	38.09
VALIÑO FERRAZ, Tatyana	21	20+	PONTEAREAS	40.78	50m	40.78
LOPEZ MORADO, Maria	23	20+	CULLEREDO	49.93	25m	51.12
<b>25+</b>						
PASCUAL GUTIERREZ, Maria Teresa	26	25+	HERCULES	33.17	50m	33.17
PIROSCIA PONTIDE, Carla	25	25+	PORTAMIÑA	33.74	50m	33.74
BLANCO PEREZ, Paula	25	25+	POURENSE	34.67	50m	34.67
SAAVEDRA BUIDE, Carlota	25	25+	PORTAMIÑA	34.60	25m	35.79
LAGO CASTILLO, Natalia	25	25+	NCORUÑA	35.15	25m	36.05
LAGO LOPEZ, Raquel	29	25+	RIASBAIXAS	34.93	25m	36.12
LOPEZ RODRIGUEZ, Aroa	27	25+	PORTAMIÑA	37.51	25m	38.70
MENDEZ SEIJO, Nerea	25	25+	RIASBAIXAS	38.06	25m	38.96
<b>30+</b>						
DEL RIO REGUEIRA, Sara	33	30+	NCORUÑA	36.16	25m	37.35
MUIÑO, Andrea	33	30+	NCORUÑA	39.96	25m	40.86
GANDARA SUAREZ, Tania	31	30+	ORDES	45.12	25m	46.31
GONZALEZ MACIA, Alba	30	30+	MONFORTE	50.87	25m	51.77
SANCHEZ DE LLANO, M. Nieves	32	30+	SCASINO	52.58	25m	53.48
MARTINEZ BARCIELA, Maria Olga	34	30+	RIASBAIXAS	1:04.10	25m	1:05.29
<b>35+</b>						
LOUREIRO AMOR, Belen Martina	36	35+	NTNARON	33.54	25m	34.73
OTERO RODRIGUEZ, Sandra	37	35+	ESCUALOS	39.28	25m	40.47
GONZALEZ FERNANDEZ, Coral.M	37	35+	ESCUALOS	55.12	25m	56.31
GONZALEZ GARCIA, Covadonga	35	35+	GALAICO	56.24	25m	57.14
<b>40+</b>						
ABBATEMARCO, Cristina	40	40+	SALESTRA	44.00	25m	44.90
SUAREZ BUJAN, Rebeca	41	40+	CIDSANTIAG	50.22	25m	51.41
VAZQUEZ PARCERO, Marta	44	40+	CMARINA	57.84	25m	59.03
BROZOS VAZQUEZ, Elena María	42	40+	CIDSANTIAG	59.05	25m	1:00.24
<b>45+</b>						
DIEGUEZ VARELA, Carina	47	45+	RIASBAIXAS	48.48	25m	49.38
VILLASANTE ARMAS, Maria Rosa	49	45+	NCORUÑA	50.85	50m	50.85
CARBALLO BALOIRA, Susana María	49	45+	HERCULES	53.31	25m	54.21
ANDON YAÑEZ, Lorena	46	45+	SCASINO	58.46	25m	59.65
VAZQUEZ GONZALEZ, Yolanda	48	45+	VALDEORRAS	1:04.53	25m	1:05.72

Prueba 19, Fem., 50m Espalda

50+

OJEA DE CASTRO, Macarena	51	50+	PORTAMIÑA	40.86	25m	41.76
ROIG SANCHEZ, Blanca Ana	50	50+	RIASBAIXAS	45.25	25m	46.15
SEARA JALON, Monica	54	50+	POURENSE	1:02.76	25m	1:03.66
FERNANDEZ SESTELO, Maria Jose	54	50+	PONTEAREAS	1:07.28	25m	1:08.18

55+

BARJA BARJA, Liliana	59	55+	TRAVIESAS	44.84	25m	45.74
LOPEZ RODRIGUEZ, Adela Elena	56	55+	POURENSE	49.85	50m	49.85
JIMENEZ PEREZ, Victoria	55	55+	NFERROL	49.33	25m	50.52
GARNACHO GAYARRE, Nuria	55	55+	SCASINO	53.98	25m	55.17

60+

GARCIA COLOMO, Maria Cristina	62	60+	POURENSE	42.67	50m	42.67
LOPEZ MAHIA, Purificacion	61	60+	HERCULES	51.64	50m	51.64
PEREIRA ALONSO, Isabel	63	60+	ADFOGAR	56.70	25m	57.60

65+

SAR MORANO, Dolores	69	65+	CULLEREDO	51.24	25m	52.14
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75+

GONZALEZ RODRIGUEZ, S. Marta	78	75+	PONTEAREAS	1:32.68	25m	1:33.87
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80+

MORAL RUBIO, Isabel	82	80+	PONTEAREAS	1:29.76	50m	1:29.76
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Prueba 20  
09/06/2024

Masc., 50m Espalda

2004 y mayores  
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
<u>20+</u>						
CASTRO RODRIGUEZ, Francisco	24	20+	GALAICO	31.46	25m	32.96
RODRIGUEZ ARES, Alejandro	24	20+	PORTAMIÑA	31.56	25m	33.06
CASARES GARCIA, Brais	20	20+	PONTEAREAS	34.60	25m	36.39
<u>25+</u>						
RIVAS MACEIRAS, Isaac	25	25+	HERCULES	30.06	25m	31.56
TRILLO RODRIGUEZ, Adrian	27	25+	CNMOS	36.17	25m	37.67
MEILAN SANCHEZ, Sergio Jose	28	25+	PORTAMIÑA	40.15	50m	40.15
<u>30+</u>						
LAGO LOPEZ, Diego	33	30+	NCORUÑA	30.44	25m	31.94
FREIRE GONZALEZ, Javier	31	30+	RIASBAIXAS	34.36	50m	34.36
PENIDE CALVO, Gabriel	31	30+	RIASBAIXAS	41.00	25m	42.79
FONTAN SEIJO, Adrian	31	30+	CNMOS	41.36	25m	42.86
<u>35+</u>						
LAZARO GUERRERO, Victor	36	35+	CMARINA	32.04	25m	33.54
FERNANDEZ GAYOSO, Jose Manuel	38	35+	CNMOS	33.06	25m	34.56
BERNARDEZ FERRO, Juan Jose	37	35+	CIDSANTIAG	35.67	50m	35.67
COTELO SENANDE, Alberto	36	35+	ADFOGAR	40.66	25m	42.16
GIRALDEZ VILLANUEVA, Ivan	37	35+	PONTEAREAS	55.43	25m	57.22
<u>40+</u>						
CALLE FACAL, Telmo	41	40+	GALAICO	31.07	25m	32.57
MERA MONTECELOS, Pablo	41	40+	HERCULES	34.45	50m	34.45
CARBALLA BARROSO, Rogelio Manuel	43	40+	GALAICO	36.29	25m	37.79
BASTIDA CAMPOS, Alejandro	42	40+	SALESTRA	39.53	50m	39.53
CAMIÑA MARTINEZ, Oscar	44	40+	GALAICO	41.08	50m	41.08
GONZALEZ VICENTE, Ruben	43	40+	PORTAMIÑA	42.88	50m	42.88
FIDALGO SERRANO, Manuel A.	43	40+	TRAVIESAS	49.50	50m	49.50
MELLA BARBEITO, Javier	41	40+	ARTEIXO	49.90	25m	51.69
<u>45+</u>						
DE MARTIN DIAZ, Ruben	48	45+	POURENSE	31.73	50m	31.73
GUIRADO CARABEL, Oscar	48	45+	CULLEREDO	34.26	50m	34.26
RODRÍGUEZ SALGADO, Manuel	49	45+	CIDSANTIAG	36.21	50m	36.21
MOURIZ LOMBAO, Fco. Javier	49	45+	PORTAMIÑA	35.54	25m	37.04
CARBALLO CABEZAS, Enrique	48	45+	POURENSE	37.66	25m	39.45
VAZQUEZ IGLESIAS, Daniel	45	45+	RIASBAIXAS	39.20	25m	40.99
PEREZ CARRERA, Elias	45	45+	RIASBAIXAS	39.55	25m	41.05
CABANELAS EIRAS, Pablo	45	45+	CIDSANTIAG	40.93	25m	42.43
LOPEZ PAYO, Mario	47	45+	SALESTRA	47.38	25m	48.88

Prueba 20, Masc., 50m Espalda

50+

SAAVEDRA GONZÁLEZ, Raul	51	50+	HERCULES	34.73	25m	36.23
DIEGUEZ ARANDA, Hector	51	50+	PORTAMIÑA	36.37	25m	37.87
PEREZ ARIAS, Hector	53	50+	PORTAMIÑA	36.38	25m	38.17
PUENTE DÍAZ, Javier	53	50+	CIDSANTIAG	36.97	25m	38.47
FUENTES FERNANDEZ, Eugenio	52	50+	RIASBAIXAS	38.27	25m	39.77
HERNAEZ OUBIÑA, David	51	50+	CULLEREDO	38.42	25m	40.21
RODRÍGUEZ RODRÍGUEZ, Santiago	52	50+	CIDSANTIAG	39.31	25m	41.10
GENDE DIAZ, Juan F.	54	50+	ADFOGAR	44.09	50m	44.09
CARNERO FIRVIDA, Jose Ramón	50	50+	ESCUALOS	44.24	25m	45.74
CADAVID NUÑEZ, Jose	54	50+	POURENSE	49.45	25m	50.95
REBANAL ALFAYA, Fernando	53	50+	VALDEORRAS	50.84	25m	52.63

55+

TOURIÑO GONZALEZ, Victor M.	56	55+	CMARINA	40.12	50m	40.12
PEREZ LEIVA, Manuel	56	55+	RIASBAIXAS	43.41	25m	44.91
GURIDI HUERTA, Jesus M.	56	55+	FLUVIAL	45.77	50m	45.77

60+

SANCHEZ VAZQUEZ, Jesus	62	60+	PORTAMIÑA	47.54	25m	49.04
ROMERO PENA, Juan Ramon	61	60+	HERCULES	59.19	25m	1:00.98

65+

YAÑEZ WONENBURGER, Juan Carlos	65	65+	HERCULES	39.53	25m	41.03
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70+

BORDALLO CORTINA, Fernando	70	70+	HERCULES	47.66	25m	49.45
MONROY FERNÁNDEZ, Manuel	74	70+	PONTEAREAS	53.93	25m	55.72
NOVOA GONZALEZ, Edmundo	72	70+	MULLEREF	58.77	25m	1:00.56
LOPEZ VIDAL, Antonio	72	70+	GALAICO	1:10.27	50m	1:10.27

75+

VILLORIA CARAMES, Alejandro	79	75+	TRAVIESAS	59.55	25m	1:01.05
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80+

ARAUJO DOMINGUEZ, Francisco	84	80+	PONTEAREAS	1:23.40	25m	1:24.90
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85+

FOLCH MALLOFRE, Ramon	87	85+	ARTEIXO	55.42	50m	55.42
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Prueba 23  
09/06/2024

Fem., 200m Mariposa

2004 y mayores  
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
<u>20+</u>						
DIAZ DOPICO, Sabela	22	20+	NFERROL	2:42.03	25m	2:43.73
FERNANDEZ GONZALEZ, Elena	23	20+	HERCULES	3:24.02	25m	3:25.91
<u>25+</u>						
GONZALEZ PEREZ, Paula	28	25+	PONTEAREAS	3:55.21	25m	3:57.10
<u>35+</u>						
RODRIGUEZ DE DIOS, Amparo	37	35+	VALDEORRAS	4:27.46	25m	4:29.35
<u>40+</u>						
HERMIDA RODRIGUEZ, Blanca	43	40+	CMARINA	2:38.21	25m	2:40.10
MIRA VAZQUEZ, Marta	43	40+	ESCUALOS	3:46.94	25m	3:48.83
CID ALVAREZ, Isabel	44	40+	ESCUALOS	3:46.94	25m	3:48.83
<u>45+</u>						
VIDAL BELLO, Mara	47	45+	VALDEORRAS	4:37.81	25m	4:39.70
<u>55+</u>						
MELON PARENTE, M. Lourdes	55	55+	PONTEAREAS	6:21.54	25m	6:23.43

Prueba 24  
09/06/2024

Masc., 200m Mariposa

2004 y mayores  
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
<u>20+</u>						
DIZ NIEVES, David	20	20+	NFERROL	2:24.24	50m	2:24.24
<u>25+</u>						
PASTORIZA SANTA CLARA, Jorge	27	25+	RIASBAIXAS	2:23.66	25m	2:26.56
<u>35+</u>						
FIGUEIRA DOMINGUEZ, Javier Guzman	36	35+	RIASBAIXAS	3:35.94	25m	3:38.84
<u>40+</u>						
MUIÑO REY, Daniel	40	40+	NFERROL	3:17.62	25m	3:20.71
<u>45+</u>						
IGLESIAS GOMEZ, Gonzalo	45	45+	HERCULES	2:42.63	25m	2:45.72
CARRERA RODRÍGUEZ, Rubén	45	45+	PONTEAREAS	3:51.00	25m	3:53.90
TRONCOSO CAAMAÑO, Fernando	49	45+	ESCUALOS	4:01.21	25m	4:04.11
IGLESIAS DE LA TORRE, Felipe	48	45+	POURENSE	4:11.19	25m	4:14.28
<u>50+</u>						
CANO PELAEZ, Alberto J.	54	50+	CMARINA	4:02.93	25m	4:06.02
<u>55+</u>						
ISASTI MAIZA, Patxi Xabier	59	55+	XOVE	3:10.75	25m	3:13.84
TOME NOGUEIRA, Alberto M.	56	55+	ADFOGAR	3:38.88	25m	3:41.97
FERREIRA GONZALEZ, Xose Anxo	58	55+	REDONDELA	3:47.76	25m	3:50.85
<u>65+</u>						
ROS ROSILLO, Alejandro	66	65+	RIASBAIXAS	3:34.07	25m	3:36.97

Prueba 25  
09/06/2024

Fem., 100m Espalda

2004 y mayores  
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
<b>20+</b>						
RODRIGUEZ RODRIGUEZ, Nina	22	20+	RIASBAIXAS	1:10.38	25m	1:12.67
SOUTIÑO RAMIREZ, Carmen Victoria	23	20+	PORTAMIÑA	1:17.63	25m	1:19.92
FERNANDEZ GONZALEZ, Elena	23	20+	HERCULES	1:30.11	25m	1:32.40
<b>25+</b>						
FREIJE TORNEIRO, Aroa	26	25+	PORTAMIÑA	1:11.63	25m	1:13.92
PIROSCIA PONTIDE, Carla	25	25+	PORTAMIÑA	1:14.44	50m	1:14.44
BLANCO PEREZ, Paula	25	25+	POURENSE	1:15.81	50m	1:15.81
LAGO CASTILLO, Natalia	25	25+	NCORUÑA	1:17.84	25m	1:19.94
GONZALEZ AVENDAÑO, Lucia	25	25+	GALAICO	1:24.34	25m	1:26.44
RODRIGUEZ-TOUBES FORRYAN, Irene	25	25+	PONTEAREAS	2:34.41	25m	2:36.70
<b>30+</b>						
RODRIGUEZ GONZÁLEZ, Raquel	31	30+	MONFORTE	1:30.57	25m	1:32.86
ALONSO PEREIRA, Fatima	31	30+	RIASBAIXAS	1:43.80	25m	1:46.09
<b>35+</b>						
LOUREIRO AMOR, Belen Martina	36	35+	NTNARON	1:11.39	25m	1:13.68
VINAGRE SENDINO, Cora	36	35+	SCASINO	1:22.61	25m	1:24.90
OTERO RODRIGUEZ, Sandra	37	35+	ESCUALOS	1:28.00	25m	1:30.29
GONZALEZ PEREZ, Jessica	37	35+	RIASBAIXAS	1:34.04	25m	1:36.14
MIRA VAZQUEZ, Paula	38	35+	ESCUALOS	1:37.82	25m	1:39.92
<b>40+</b>						
GONZALEZ RODRIGUEZ, Maria	42	40+	CIDSANTIAG	1:16.10	25m	1:18.39
DURÁN VEIRAS, Raquel	40	40+	ARTEIXO	1:32.82	25m	1:34.92
ABBATEMARCO, Cristina	40	40+	SALESTRA	1:38.35	25m	1:40.64
VAZQUEZ PARCERO, Marta	44	40+	CMARINA	2:16.72	25m	2:18.82
MENDEZ ABELAIRA, Jessica	42	40+	VALDEORRAS	2:37.04	25m	2:39.33
<b>45+</b>						
DE LORENZO FERNANDEZ, Maria	46	45+	ESCUALOS	1:36.38	25m	1:38.67
VILLASANTE ARMAS, Maria Rosa	49	45+	NCORUÑA	1:51.84	25m	1:53.94
CARBALLO BALOIRA, Susana María	49	45+	HERCULES	1:56.59	25m	1:58.69
GARCÍA NAVAS, Carolina	45	45+	MULLEREF	2:00.34	25m	2:02.63
VIDAL BELLO, Mara	47	45+	VALDEORRAS	2:07.32	25m	2:09.61
<b>50+</b>						
OJEA DE CASTRO, Macarena	51	50+	PORTAMIÑA	1:27.79	25m	1:30.08
SANDERSON KEOUGH, Helen Jane	54	50+	CULLEREDO	1:33.06	25m	1:35.35
ROIG SANCHEZ, Blanca Ana	50	50+	RIASBAIXAS	1:33.22	25m	1:35.51
SEARA JALON, Monica	54	50+	POURENSE	2:19.64	25m	2:21.74
FERNANDEZ SESTELO, Maria Jose	54	50+	PONTEAREAS	2:31.64	25m	2:33.93

Prueba 25, Fem., 100m Espalda

55+

BARJA BARJA, Liliana	59	55+	TRAVIESAS	1:36.82	25m	1:38.92
MELON PARENTE, M. Lourdes	55	55+	PONTEAREAS	2:49.02	25m	2:51.12

60+

PEREIRA ALONSO, Isabel	63	60+	ADFOGAR	2:02.81	25m	2:05.10
OTERO LOPEZ, Maria Elisa	64	60+	POURENSE	2:08.79	25m	2:10.89

65+

GOMEZ DOVAL, Maria Angela	68	65+	TRAVIESAS	2:52.89	25m	2:54.99
FERNANDEZ FERNANDEZ, Maria Teres	68	65+	MULLEREF	3:00.62	25m	3:02.91

Prueba 26  
09/06/2024

Masc., 100m Espalda

2004 y mayores  
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
<u>20+</u>						
MARTINEZ MARTINEZ, Marcos	21	20+	PONTEAREAS	1:03.92	50m	1:03.92
VILLAMOR FERRO, Rubén	24	20+	ARTEIXO	1:10.25	25m	1:13.15
<u>25+</u>						
RIVAS MACEIRAS, Isaac	25	25+	HERCULES	1:08.59	50m	1:08.59
MEILAN SANCHEZ, Sergio Jose	28	25+	PORTAMIÑA	1:26.37	50m	1:26.37
<u>30+</u>						
LAGO LOPEZ, Diego	33	30+	NCORUÑA	1:05.21	25m	1:08.30
FREIRE GONZALEZ, Javier	31	30+	RIASBAIXAS	1:16.33	50m	1:16.33
<u>35+</u>						
LAZARO GUERRERO, Victor	36	35+	CMARINA	1:16.03	50m	1:16.03
BERNARDEZ FERRO, Juan Jose	37	35+	CIDSANTIAG	1:17.71	50m	1:17.71
FORTES NOVOA, Martiño	36	35+	ESCUALOS	1:16.12	25m	1:19.02
FIDALGO SERRANO, Guillermo	38	35+	TRAVIESAS	1:34.89	25m	1:37.98
<u>40+</u>						
CALLE FACAL, Telmo	41	40+	GALAICO	1:09.48	50m	1:09.48
PADIN CHARLIN, Joaquin	44	40+	ESCUALOS	1:24.42	25m	1:27.32
BASTIDA CAMPOS, Alejandro	42	40+	SALESTRA	1:28.00	25m	1:31.09
PEREZ LOPEZ, Manuel	43	40+	ESCUALOS	1:28.61	25m	1:31.51
CARRERA COSTAS, Andres	42	40+	PONTEAREAS	1:33.66	25m	1:36.56
GONZALEZ PEÑAS, David	40	40+	PORTAMIÑA	1:33.97	25m	1:37.06
SUAREZ GARCIA, Pedro Lois	44	40+	PONTEAREAS	1:41.10	25m	1:44.19
MELLA BARBEITO, Javier	41	40+	ARTEIXO	1:49.02	25m	1:51.92
<u>45+</u>						
GUIRADO CARABEL, Oscar	48	45+	CULLEREDO	1:17.73	50m	1:17.73
MOURIZ LOMBAO, Fco. Javier	49	45+	PORTAMIÑA	1:16.28	25m	1:19.18
FINS SEOANE, Juan Miguel	47	45+	SALESTRA	1:17.87	25m	1:20.96
GUIMAREY VAZQUEZ, Marcos	47	45+	PORTAMIÑA	1:18.24	25m	1:21.33
LAMAS SOTO, Cesar	49	45+	CULLEREDO	1:30.98	25m	1:34.07
<u>50+</u>						
PUENTE DÍAZ, Javier	53	50+	CIDSANTIAG	1:20.54	25m	1:23.44
PEREZ ARIAS, Hector	53	50+	PORTAMIÑA	1:24.35	50m	1:24.35
CARNERO FIRVIDA, Jose Ramón	50	50+	ESCUALOS	1:39.78	50m	1:39.78
REBANAL ALFAYA, Fernando	53	50+	VALDEORRAS	1:41.18	25m	1:44.27
CRESPO PÉREZ, Albarino	54	50+	ESCUALOS	1:42.75	25m	1:45.84
GENDE DIAZ, Juan F.	54	50+	ADFOGAR	1:49.64	50m	1:49.64
DE LA VEGA GÁNDARAS, Felipe	51	50+	HERCULES	1:50.34	25m	1:53.43
CANO PELAEZ, Alberto J.	54	50+	CMARINA	1:55.54	25m	1:58.63
FERREIRO SANCHEZ, Luis	54	50+	POURENSE	2:00.30	25m	2:03.20

Prueba 26, Masc., 100m Espalda

55+

TIMIRAO CARRASCO, Fernando	59	55+	PORTAMIÑA	1:20.90	50m	1:20.90
JORGE IGLESIAS, Marcelino	58	55+	RIASBAIXAS	1:18.93	25m	1:22.02
SÁNCHEZ SECO, Manuel	56	55+	ESCUALOS	1:29.01	25m	1:31.91
TOME NOGUEIRA, Alberto M.	56	55+	ADFOGAR	1:34.29	25m	1:37.19
PEREZ LEIVA, Manuel	56	55+	RIASBAIXAS	1:36.96	25m	1:39.86
GARCIA SANJURJO, Jose Manuel	57	55+	CDELMAR	1:37.32	25m	1:40.22
FERNANDEZ GONZALEZ, Alvaro	59	55+	CNMOS	1:55.24	25m	1:58.14

60+

FERNANDEZ NUÑEZ, Santiago	61	60+	CIDSANTIAG	1:10.88	25m	1:13.78
SANJORGE PEDREIRA, Carmelo	62	60+	ARTEIXO	1:42.72	25m	1:45.62
RODRIGUEZ GOMEZ, Emilio	63	60+	PONTEAREAS	1:44.96	25m	1:47.86
MARTINEZ BERJANO, Jose Manuel	61	60+	MONFORTE	1:49.28	50m	1:49.28

65+

CODESIDO LOPEZ, José	65	65+	CIDSANTIAG	1:28.15	25m	1:31.05
YÁÑEZ WONENBURGER, Juan Carlos	65	65+	HERCULES	1:29.11	25m	1:32.01

70+

GARCIA COLOMO, Manuel Ramon	70	70+	POURENSE	1:44.53	25m	1:47.43
LOPEZ VIDAL, Antonio	72	70+	GALAICO	2:23.10	50m	2:23.10

Prueba 27  
09/06/2024

Fem., 50m Libre

2004 y mayores  
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
<b>20+</b>						
GONZALEZ BLANCO, Patricia	24	20+	MONFORTE	28.04	25m	28.44
BLANCO PEREZ, Laura	20	20+	PONTEAREAS	30.98	50m	30.98
PAZOS MARTÍNEZ, Nerea	22	20+	ARTEIXO	30.36	25m	31.05
ABASOLO RUEDA, Claudia	24	20+	NCORUÑA	30.68	25m	31.08
FILGUEIRAS OLMO, Helena	20	20+	PORTAMIÑA	33.06	50m	33.06
SUAREZ GARCIA, Marta	21	20+	RIASBAIXAS	35.91	25m	36.60
GARCÉS FERNÁNDEZ, Erea	21	20+	RIASBAIXAS	36.45	25m	36.85
ALVAREZ SOUTO, Claudia	23	20+	ESCUALOS	44.65	25m	45.34
<b>25+</b>						
PASCUAL GUTIERREZ, Maria Teresa	26	25+	HERCULES	27.71	50m	27.71
SAINZ DE LA MAZA RIVAS, Cristina	25	25+	PORTAMIÑA	27.39	25m	27.79
SANCHEZ VAZQUEZ, Carmen	25	25+	PORTAMIÑA	29.50	25m	30.19
GARCIA MIGUEZ, Rosalia	26	25+	GALAICO	29.88	25m	30.28
SAAVEDRA BUIDE, Carlota	25	25+	PORTAMIÑA	29.78	25m	30.47
LAGO LOPEZ, Raquel	29	25+	RIASBAIXAS	31.52	25m	31.92
SUAREZ GARCIA, Sofia	27	25+	RIASBAIXAS	32.17	25m	32.57
MENDEZ SEIJO, Nerea	25	25+	RIASBAIXAS	32.04	25m	32.73
LOPEZ RODRIGUEZ, Aroa	27	25+	PORTAMIÑA	32.54	25m	32.94
TORTOSA MENDOZA, Maria Gabriela	28	25+	CULLEREDO	33.50	25m	34.19
DARRIBA CASTRO, Maria	28	25+	RIASBAIXAS	42.20	25m	42.60
PUENTE MARIN, Cristina	29	25+	FLUVIAL	48.26	25m	48.95
<b>30+</b>						
RAMOS LOBO, Raquel	31	30+	PORTAMIÑA	30.47	25m	30.87
DEL RIO REGUEIRA, Sara	33	30+	NCORUÑA	31.00	25m	31.69
ARAÚJO CASTRO, Paula	33	30+	CDELMAR	35.30	25m	35.70
GANDARA SUAREZ, Tania	31	30+	ORDES	36.95	25m	37.64
MARTINEZ GARCIA, Susana	33	30+	MONFORTE	37.74	25m	38.43
SALGADO CASTELO, Marta	30	30+	MULLEREF	38.01	25m	38.70
MELLA CASTRO, Ana Maria	30	30+	ORDES	45.74	25m	46.43
<b>35+</b>						
GONZÁLEZ RIVAS, Sara	35	35+	ARTEIXO	29.83	25m	30.23
RIVAS TENREIRO, Arantza	35	35+	NTNARON	31.42	25m	32.11
ROZADOS LUIS, Adriana	39	35+	SALESTRA	32.44	25m	32.84
VÁZQUEZ FUENTES, Cintia	37	35+	MONFORTE	32.89	25m	33.29
ALVAREZ COSTAS, Maria Paz	36	35+	PONTEAREAS	32.60	25m	33.29
TORRE GONZALEZ, Elisa	39	35+	RIASBAIXAS	36.98	25m	37.67
GONZALEZ GARCIA, Covadonga	35	35+	GALAICO	40.14	25m	40.54
COMESAÑA REGUEIRA, Miriam	35	35+	RIASBAIXAS	40.62	25m	41.02
FERNANDEZ GUARDIOLA, Loira	35	35+	PONTEAREAS	50.13	25m	50.82

Prueba 27, Fem., 50m Libre

40+

FKEOUI OMARI, Salma	42	40+	ESCUALOS	34.24	25m	34.93
SUAREZ BUJAN, Rebeca	41	40+	CIDSANTIAG	38.90	25m	39.59
OLMO VAQUEIRO, Leticia	43	40+	PONTEAREAS	40.85	25m	41.25
RAMIREZ INSUA, Julia	41	40+	RSDH	43.05	25m	43.45
MARTIN VILAS, Maria Jesus	42	40+	ORDES	49.25	25m	49.94

45+

VARELA REDONDO, Veronica	49	45+	PONTEAREAS	35.10	25m	35.79
MOLINOS LAMAS, Bibiana	47	45+	RIASBAIXAS	35.94	25m	36.34
GARCÍA SEOANE, Cristina María	49	45+	HERCULES	38.38	25m	39.07
ANDON YAÑEZ, Lorena	46	45+	SCASINO	38.40	25m	39.09
RIVAS RODRIGUEZ, Lucia	45	45+	NCORUÑA	39.62	50m	39.62
RIVEIRA CAAMAÑO, Rebeca	47	45+	ORDES	40.69	25m	41.38
BESADA FERNÁNDEZ, Ana M.	46	45+	PONTEAREAS	44.24	25m	44.93
RODRIGUEZ LOPEZ, Rosa Maria	49	45+	POURENSE	47.17	25m	47.57

50+

HERNANDEZ ALFAGEME, Rita	53	50+	RIASBAIXAS	36.54	25m	37.23
SALES MANTIÑAN, Carmen	50	50+	SCASINO	37.09	25m	37.49
PEREZ PEREZ, Sonia	52	50+	ESCUALOS	38.75	50m	38.75
DE LA MONTAÑA ALCANTARA, Gloria	51	50+	RSDH	38.38	25m	38.78
MAZAIRO CASTRO, Carmen	51	50+	ESCUALOS	38.47	25m	39.16

55+

CASTRO MAESTRE, Isaura	55	55+	FLUVIAL	38.18	25m	38.87
JIMENEZ PEREZ, Victoria	55	55+	NFERROL	38.65	25m	39.05
GARNACHO GAYARRE, Nuria	55	55+	SCASINO	42.46	25m	42.86
CALVIÑO CANCELA, Maria Cristina	56	55+	PONTEAREAS	42.31	25m	43.00
ACEVEDO REGO, Ermitas	58	55+	POURENSE	49.39	25m	49.79
DIAZ RODRIGUEZ, Maria Pilar	57	55+	MULLEREF	56.13	25m	56.82

60+

TERCEIRO DELGADO, María Del Mar	61	60+	CDELMAR	33.48	25m	34.17
GARCIA COLOMO, Maria Cristina	62	60+	POURENSE	34.05	25m	34.45
OTERO LOPEZ, Maria Elisa	64	60+	POURENSE	47.52	25m	48.21
PEREZ GALLARDO, Teresa	60	60+	POURENSE	1:00.96	25m	1:01.36

65+

SUEIRO COSTAS, Maria Del Carmen	68	65+	PONTEAREAS	1:03.05	25m	1:03.74
GUARDIOLA MEDEL, Nuria	68	65+	PONTEAREAS	1:12.63	25m	1:13.32

75+

GONZALEZ RODRIGUEZ, S. Marta	78	75+	PONTEAREAS	1:21.15	25m	1:21.55
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80+

MORAL RUBIO, Isabel	82	80+	PONTEAREAS	1:12.42	50m	1:12.42
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Prueba 28  
09/06/2024

Masc., 50m Libre

2004 y mayores  
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
<u>20+</u>						
CANCELA GOMEZ, Hugo	21	20+	PONTEAREAS	25.64	50m	25.64
OTERO VILLARES, Daniel	23	20+	PORTAMIÑA	27.18	50m	27.18
INCUTTI TELLADO, Denis	24	20+	PONTEAREAS	26.93	25m	27.82
CASARES GARCIA, Brais	20	20+	PONTEAREAS	28.23	25m	29.12
DIZ NIEVES, David	20	20+	NFERROL	30.31	25m	31.20
GÓMEZ MÉNDEZ, Borja	22	20+	PONTEAREAS	52.00	25m	52.89
<u>25+</u>						
SUAREZ FERNÁNDEZ, Santiago	29	25+	MONFORTE	26.23	25m	26.83
PICALLO MATO, Adrian	29	25+	SALESTRA	31.58	25m	32.47
FRANCISCO MACÍAS, Simón	28	25+	POURENSE	35.30	25m	36.19
<u>30+</u>						
MUIÑO ALONSO, Anton	30	30+	NCORUÑA	24.68	25m	25.57
GRACIA CARBAJO, Miguel	30	30+	NTNARON	25.21	25m	25.81
BORRAZAS RUMBO, Manuel	31	30+	NCORUÑA	25.22	25m	25.82
VALDES REY, Enol	31	30+	XOVE	25.43	25m	26.03
SANMARTIN GARCÍA, Jorge	33	30+	NTNARON	30.20	25m	30.80
IGLESIAS DE LEON, Cristian	30	30+	NCORUÑA	30.32	25m	30.92
ANDRES DUASO, Olmo	31	30+	ARTEIXO	30.40	25m	31.29
BELLO PORTO, David	34	30+	NCORUÑA	31.90	25m	32.50
NOVALES BLANCO, Xabier	33	30+	RIASBAIXAS	33.54	50m	33.54
FONTAN SEIJO, Adrian	31	30+	CNMOS	33.89	25m	34.78
LAGO GONZALEZ, Ivan	31	30+	PONTEAREAS	44.13	50m	44.13
<u>35+</u>						
BLANCO PEREZ, Jesus	38	35+	NTNARON	27.65	25m	28.25
MARTINEZ DOPAZO, David	37	35+	GALAICO	28.32	25m	28.92
BARCIA SIXTO, Francisco José	39	35+	NTNARON	28.80	25m	29.69
PEREZ VAZQUEZ, Telmo	36	35+	CMARINA	29.13	25m	29.73
COTELO SENANDE, Alberto	36	35+	ADFOGAR	29.80	50m	29.80
MIRAS LOPEZ, Raul	37	35+	NCORUÑA	29.94	25m	30.54
MANEIRO BETANZOS, Javier	39	35+	ESCUALOS	31.59	50m	31.59
DÍAZ RODRÍGUEZ, Andrés	35	35+	NTNARON	31.06	25m	31.95
GIRALDEZ VILLANUEVA, Ivan	37	35+	PONTEAREAS	53.79	25m	54.39
<u>40+</u>						
MERA MONTECELOS, Pablo	41	40+	HERCULES	27.29	50m	27.29
GOMEZ MARQUEZ, Hugo	41	40+	POURENSE	26.70	25m	27.30
CANOSA RODRÍGUEZ, Juan José	44	40+	NTNARON	28.31	25m	28.91
CAMIÑA MARTINEZ, Oscar	44	40+	GALAICO	30.24	50m	30.24
GUTIERREZ COSTAS, Oscar	42	40+	RIASBAIXAS	29.70	25m	30.30
ALVAREZ SILVA, Ruben	43	40+	ESCUALOS	30.69	25m	31.58
DE LORENZO FERNÁNDEZ, Javier	43	40+	ESCUALOS	31.20	25m	32.09
GONZALEZ CONDE, Rodrigo	42	40+	PONTEAREAS	33.83	25m	34.72

Prueba 28, Masc., 50m Libre

FIDALGO SERRANO, Manuel A.	43	40+	TRAVIESAS	37.02	25m	37.91
TORRES FRAILE, Emilio	40	40+	MONFORTE	37.63	25m	38.52
PÉREZ GONZÁLEZ, Iván	42	40+	MONFORTE	38.94	25m	39.83

45+

BELTRAN DIAZ, Emilio	47	45+	MONFORTE	26.87	50m	26.87
SONEIRA REBOREDO, Oscar	49	45+	CIDSANTIAG	27.23	25m	27.83
NOGUEIRA-PINTO CRESPO, Hugo	46	45+	ESCUALOS	27.96	25m	28.85
MUIÑO LOPEZ, Iago	47	45+	CIDSANTIAG	29.75	25m	30.64
PEREZ CARRERA, Elias	45	45+	RIASBAIXAS	31.91	50m	31.91
HERMIDA SALIDO, Gustavo	47	45+	NTNARON	32.33	25m	32.93
VEIGA PILLADO, Jose	46	45+	SCASINO	33.28	50m	33.28
ORGEIRA CRESPO, Pedro	48	45+	POURENSE	32.56	25m	33.45
IGLESIAS DE LA TORRE, Felipe	48	45+	POURENSE	34.45	25m	35.05
FIGUEIRA JALLAS, Andres Felipe	48	45+	NCORUÑA	35.43	25m	36.32
RODRIGUEZ BLANCO, Jose Francisco	48	45+	POURENSE	36.51	25m	37.11
FERNANDEZ FERNANDEZ, Miguel Ange	47	45+	RIASBAIXAS	38.12	25m	38.72
BRIOSO DÍAZ, Manuel	47	45+	REDONDELA	38.06	25m	38.95
FERNANDEZ GONZALEZ, Bruno	47	45+	POURENSE	39.06	25m	39.95
GONZALEZ SANDEZ, Carlos	45	45+	VALDEORRAS	55.13	25m	56.02

50+

SAAVEDRA GONZÁLEZ, Raul	51	50+	HERCULES	27.40	25m	28.00
DIEGUEZ ARANDA, Hector	51	50+	PORTAMIÑA	28.58	25m	29.47
FUENTES FERNANDEZ, Eugenio	52	50+	RIASBAIXAS	29.71	25m	30.31
ANEIROS GARCIA, Jose M.	50	50+	CMARINA	29.60	25m	30.49
GARCIA CASTIÑEIRA, Daniel	50	50+	GALAICO	30.19	25m	30.79
MOURIÑO ORTIGUERA, Roberto C.	50	50+	PONTEAREAS	30.37	25m	30.97
MUÑIZ CAL, Rafael	50	50+	ARTEIXO	30.23	25m	31.12
IGLESIAS CARRERA, Pio	51	50+	CIDSANTIAG	31.13	25m	32.02
FERREIRO SEOANE, Jose Raul	51	50+	RIASBAIXAS	32.94	50m	32.94
DURO GONZALEZ, Antonio	50	50+	SALESTRA	33.39	25m	33.99
LORENZO FERNANDEZ, Jose Manuel	52	50+	RIASBAIXAS	33.76	25m	34.65
TERREN ENRUBIA, Lucio A	54	50+	RIASBAIXAS	34.40	25m	35.00
FERNANDEZ MARTINEZ, Alberto	53	50+	ESCUALOS	35.16	25m	36.05
AÑON RODRIGUEZ, Eduardo	53	50+	RSDH	35.81	25m	36.70
PEREIRO LOPEZ-QUECUTY, Simon	51	50+	RIASBAIXAS	36.00	25m	36.89
BURGO, Carlos D.	50	50+	SCASINO	36.00	25m	36.89
DIEZ RODRIGUEZ, Ignacio J.	52	50+	PORTAMIÑA	36.16	25m	37.05
LORENZO GONZALEZ-VISO, Carlos	53	50+	POURENSE	40.45	25m	41.05

55+

RIVAS FEAL, Antonio	58	55+	SCASINO	30.31	25m	30.91
FERREIRA GONZALEZ, Xose Anxo	58	55+	REDONDELA	31.64	25m	32.24
NISTAL GARCÍA, Eduardo	56	55+	SCASINO	32.34	25m	32.94
COUCEIRO SANCHEZ, Gonzalo	58	55+	SCASINO	34.14	25m	34.74
PEREZ GARCIA, Manuel	57	55+	CULLEREDO	39.03	25m	39.63
PIROSCIA PENADO, Jose	58	55+	PORTAMIÑA	39.50	25m	40.39
RODRIGUEZ LOPEZ, Eloy Jesus	56	55+	VALDEORRAS	40.25	25m	41.14
SUAREZ FREIRE, David Manuel	56	55+	RIASBAIXAS	45.19	25m	46.08

Prueba 28, Masc., 50m Libre

60+

FERNANDEZ NUÑEZ, Santiago	61	60+	CIDSANTIAG	28.49	25m	29.09
SOLLEIRO TIZON, Juan Jose	61	60+	NCORUÑA	33.27	50m	33.27
MARTINEZ BERJANO, Jose Manuel	61	60+	MONFORTE	34.89	25m	35.49
BLANCO PEREZ, Angel	60	60+	POURENSE	36.96	25m	37.56
SANCHEZ VAZQUEZ, Jesus	62	60+	PORTAMIÑA	36.76	25m	37.65
ROMERO PENA, Juan Ramon	61	60+	HERCULES	39.74	25m	40.63
LAGO REY, Jose Manuel	61	60+	RIASBAIXAS	54.07	25m	54.67

65+

FERNANDEZ ARRUTI, Jose Angel	65	65+	CIDSANTIAG	31.70	25m	32.59
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70+

SUANZES PEREZ, Fernando	71	70+	HERCULES	33.75	25m	34.35
IVANCHENKO, Yurii	71	70+	POURENSE	38.57	50m	38.57
MONROY FERNÁNDEZ, Manuel	74	70+	PONTEAREAS	39.99	25m	40.59
NOVOA GONZALEZ, Edmundo	72	70+	MULLEREF	41.11	25m	42.00

75+

VILLORIA CARAMES, Alejandro	79	75+	TRAVIESAS	44.63	25m	45.23
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85+

FOLCH MALLOFRE, Ramon	87	85+	ARTEIXO	47.53	50m	47.53
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Prueba 29  
09/06/2024

Fem., 4 x 50m Estilos

AG 80 - 359  
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
<u>+80 (PRE-MASTER)</u>						
PORTAMIÑA 1		+80	(PI)PORTAMIÑA	2:14.88	50m	2:14.88
RIASBAIXAS 1		+80	(PI)RIASBAIXAS	2:32.59	25m	2:34.69
PONTEAREAS 1		+80	(PI)PONTEAREAS	2:45.16	25m	2:47.26
<u>+100</u>						
PORTAMIÑA 2		+100	PORTAMIÑA	2:25.52	50m	2:25.52
NCORUÑA 1		+100	NCORUÑA	2:30.31	50m	2:30.31
PONTEAREAS 2		+100	PONTEAREAS	3:08.68	50m	3:08.68
<u>+120</u>						
RIASBAIXAS 2		+120	RIASBAIXAS	2:26.62	25m	2:28.72
PONTEAREAS 3		+120	PONTEAREAS	2:33.51	25m	2:35.61
ESCUALOS 1		+120	ESCUALOS	2:43.53	25m	2:45.63
MONFORTE 1		+120	MONFORTE	2:46.29	25m	2:48.39
GALAICO 1		+120	GALAICO	2:51.89	25m	2:53.99
SALESTRA 1		+120	SALESTRA	2:55.64	50m	2:55.64
ORDES 1		+120	ORDES	3:22.48	50m	3:22.48
<u>+160</u>						
ESCUALOS 2		+160	ESCUALOS	2:37.77	25m	2:39.87
CULLEREDO 1		+160	CULLEREDO	2:54.48	50m	2:54.48
HERCULES 1		+160	HERCULES	2:57.04	50m	2:57.04
SCASINO 1		+160	SCASINO	2:57.00	25m	2:59.10
PONTEAREAS 4		+160	PONTEAREAS	3:08.10	25m	3:10.20
POURENSE 1		+160	POURENSE	3:16.07	25m	3:18.17
VALDEORRAS 1		+160	VALDEORRAS	3:35.86	50m	3:36.05
<u>+200</u>						
PONTEAREAS 5		+200	PONTEAREAS	2:50.96	25m	2:53.25
RIASBAIXAS 3		+200	RIASBAIXAS	3:01.79	25m	3:03.89
ESCUALOS 3		+200	ESCUALOS	3:09.04	25m	3:11.14
TRAVIESAS 1		+200	TRAVIESAS	3:20.82	25m	3:23.11
POURENSE 2		+200	POURENSE	3:47.89	25m	3:49.99
MULLEREF 1		+200	MULLEREF	4:08.62	50m	4:08.62
<u>+240</u>						
POURENSE 3		+240	POURENSE	3:33.92	25m	3:36.02
PONTEAREAS 6		+240	PONTEAREAS	3:41.17	25m	3:43.27
<u>+280</u>						
PONTEAREAS 7		+280	PONTEAREAS	4:38.31	25m	4:40.41

Prueba 30  
09/06/2024

Masc., 4 x 50m Estilos

AG 80 - 359  
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
<b>+80 (PRE-MASTER)</b>						
PONTEAREAS 1		+80	(PIPONTEAREAS	1:56.80	25m	2:00.00
PORTAMIÑA 1		+80	(PIPORTAMIÑA	2:09.46	50m	2:09.46
<b>+100</b>						
PONTEAREAS 2		+100	PONTEAREAS	2:07.39	25m	2:10.59
<b>+120</b>						
NCORUÑA 1		+120	NCORUÑA	1:57.75	25m	2:01.14
RIASBAIXAS 1		+120	RIASBAIXAS	2:02.42	25m	2:05.62
GALAICO 1		+120	GALAICO	2:05.39	25m	2:08.59
NTNARON 1		+120	NTNARON	2:08.04	25m	2:11.24
POURENSE 1		+120	POURENSE	2:11.78	25m	2:14.98
ARTEIXO 1		+120	ARTEIXO	2:15.86	50m	2:15.86
ESCUALOS 1		+120	ESCUALOS	2:15.83	25m	2:19.03
PONTEAREAS 3		+120	PONTEAREAS	2:27.17	25m	2:30.56
<b>+160</b>						
GALAICO 2		+160	GALAICO	2:04.95	25m	2:08.15
NTNARON 2		+160	NTNARON	2:09.86	25m	2:13.06
ESCUALOS 2		+160	ESCUALOS	2:10.08	25m	2:13.47
HERCULES 2		+160	HERCULES	2:10.91	25m	2:14.11
RIASBAIXAS 2		+160	RIASBAIXAS	2:11.74	25m	2:14.94
CMARINA 1		+160	CMARINA	2:12.28	25m	2:15.48
CIDSANTIAG 1		+160	CIDSANTIAG	2:17.06	50m	2:17.06
PORTAMIÑA 2		+160	PORTAMIÑA	2:21.04	50m	2:21.04
POURENSE 2		+160	POURENSE	2:23.41	50m	2:23.60
MONFORTE 1		+160	MONFORTE	2:26.91	50m	2:26.91
PONTEAREAS 4		+160	PONTEAREAS	2:26.45	25m	2:29.65
SALESTRA 1		+160	SALESTRA	2:31.31	50m	2:31.31
ARTEIXO 2		+160	ARTEIXO	2:35.76	25m	2:38.96
NCORUÑA 2		+160	NCORUÑA	2:41.39	50m	2:41.39
<b>+200</b>						
ESCUALOS 3		+200	ESCUALOS	2:10.13	25m	2:13.33
RIASBAIXAS 3		+200	RIASBAIXAS	2:19.42	25m	2:22.62
ARTEIXO 3		+200	ARTEIXO	2:27.67	50m	2:27.67
PORTAMIÑA 3		+200	PORTAMIÑA	2:28.87	50m	2:28.87
CULLEREDO 1		+200	CULLEREDO	2:30.86	25m	2:34.06
SCASINO 1		+200	SCASINO	2:31.62	25m	2:34.82
CIDSANTIAG 2		+200	CIDSANTIAG	2:34.97	50m	2:34.97
GALAICO 3		+200	GALAICO	2:32.21	25m	2:35.41
PONTEAREAS 5		+200	PONTEAREAS	2:33.09	25m	2:36.48
ADFOGAR 1		+200	ADFOGAR	2:45.56	50m	2:45.56
POURENSE 3		+200	POURENSE	2:59.35	25m	3:02.55
VALDEORRAS 1		+200	VALDEORRAS	3:19.50	50m	3:19.69

Prueba 30, Masc., 4 x 50m Estilos

+240

CIDSANTIAG 3	+240	CIDSANTIAG	2:19.92	50m	2:19.92
HERCULES 1	+240	HERCULES	2:31.81	50m	2:31.81
RIASBAIXAS 4	+240	RIASBAIXAS	2:37.32	25m	2:40.71
ARTEIXO 4	+240	ARTEIXO	2:56.05	50m	2:56.05
PONTEAREAS 6	+240	PONTEAREAS	2:56.15	25m	2:59.35
POURENSE 4	+240	POURENSE	3:08.16	25m	3:11.36



Prueba 31  
09/06/2024

25m Libre

Absoluto Mixto  
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
<u>Absoluto Masculino, Masc.</u>						
ESPINOSA MIRA, Jorge	46	ABSO	VALDEORRAS	NT		NT
POMAR VARELA, Pedro	37	ABSO	TRAVIESAS	NT		NT

Prueba 32  
09/06/2024

Fem., 50m Braza

2004 y mayores  
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
<u>20+</u>						
DIAZ DOPICO, Sabela	22	20+	NFERROL	40.47	25m	40.97
ALVAREZ SOUTO, Claudia	23	20+	ESCUALOS	41.95	25m	42.45
FILGUEIRAS OLMO, Helena	20	20+	PORTAMIÑA	41.68	25m	42.47
BLANCO PEREZ, Laura	20	20+	PONTEAREAS	42.49	25m	42.99
SUAREZ GARCIA, Marta	21	20+	RIASBAIXAS	47.62	25m	48.41
GARCÉS FERNÁNDEZ, Erea	21	20+	RIASBAIXAS	49.10	25m	49.89
LOPEZ MORADO, María	23	20+	CULLEREDO	49.13	25m	49.92
<u>25+</u>						
PIROSCIA PONTIDE, Carla	25	25+	PORTAMIÑA	40.07	50m	40.07
GARCIA MIGUEZ, Rosalia	26	25+	GALAICO	41.41	25m	41.91
BARCA PENSADO, Maria	28	25+	ADFOGAR	42.31	25m	43.10
VEIGA RODRIGUEZ, Rosalia	25	25+	NCORUÑA	43.58	25m	44.37
TORTOSA MENDOZA, Maria Gabriela	28	25+	CULLEREDO	44.17	25m	44.96
GONZALEZ PEREZ, Paula	28	25+	PONTEAREAS	49.30	25m	50.09
DARRIBA CASTRO, Maria	28	25+	RIASBAIXAS	52.46	25m	53.25
PUENTE MARIN, Cristina	29	25+	FLUVIAL	55.37	25m	56.16
RODRIGUEZ-TOUBES FORRYAN, Irene	25	25+	PONTEAREAS	1:11.50	25m	1:12.29
<u>30+</u>						
GONZALEZ MACIA, Alba	30	30+	MONFORTE	46.83	25m	47.62
MARTINEZ GARCIA, Susana	33	30+	MONFORTE	48.92	25m	49.71
OTERO FERNANDEZ, Maria Luisa	31	30+	SALESTRA	49.29	25m	50.08
SIMOIS MORAIS, Yolanda	30	30+	SALESTRA	51.82	25m	52.61
MARTINEZ BARCIELA, Maria Olga	34	30+	RIASBAIXAS	54.74	25m	55.24
MELLA CASTRO, Ana Maria	30	30+	ORDES	56.11	25m	56.90
<u>35+</u>						
GONZÁLEZ RIVAS, Sara	35	35+	ARTEIXO	38.13	25m	38.92
RIVAS TENREIRO, Arantza	35	35+	NTNARON	41.61	25m	42.40
ALVAREZ COSTAS, Maria Paz	36	35+	PONTEAREAS	43.22	25m	43.72
TORRE GONZALEZ, Elisa	39	35+	RIASBAIXAS	43.13	25m	43.92
MIRA VAZQUEZ, Paula	38	35+	ESCUALOS	48.26	25m	48.76
GONZALEZ FERNANDEZ, Coral.M	37	35+	ESCUALOS	54.67	25m	55.17
COMESAÑA REGUEIRA, Miriam	35	35+	RIASBAIXAS	58.69	25m	59.48
<u>40+</u>						
MIRA VAZQUEZ, Marta	43	40+	ESCUALOS	41.13	25m	41.63
DURÁN VEIRAS, Raquel	40	40+	ARTEIXO	41.81	25m	42.31
GONZALEZ RODRIGUEZ, Maria	42	40+	CIDSANTIAG	41.58	25m	42.37
VILARIÑO CACHO, Elvira	43	40+	SALESTRA	45.94	25m	46.44
CID ALVAREZ, Isabel	44	40+	ESCUALOS	50.27	25m	50.77
MOLANES PIÑEIRO, Maria Elena	40	40+	PONTEAREAS	50.56	25m	51.35
RAMIREZ INSUA, Julia	41	40+	RSDH	52.46	25m	53.25
MARTIN VILAS, Maria Jesus	42	40+	ORDES	54.16	25m	54.95

Prueba 32, Fem., 50m Braza

45+

COVELO SAAVEDRA, Nahir	46	45+	PONTEAREAS	45.08	25m	45.58
MOLINOS LAMAS, Bibiana	47	45+	RIASBAIXAS	45.47	25m	46.26
RIVEIRA CAAMAÑO, Rebeca	47	45+	ORDES	49.79	25m	50.58
DIEGUEZ VARELA, Carina	47	45+	RIASBAIXAS	50.26	25m	51.05
SANCHEZ BARREIRO, Maria Carmen	48	45+	PONTEAREAS	59.47	25m	1:00.26

50+

DE LA MONTAÑA ALCANTARA, Gloria	51	50+	RSDH	49.76	25m	50.26
MAZAIRO CASTRO, Carmen	51	50+	ESCUALOS	52.44	25m	53.23
SOBRINO EIRIZ, Maria Del Valle	52	50+	PONTEAREAS	54.99	25m	55.49
RODRIGUEZ VAZQUEZ, Maria Teresa	52	50+	POURENSE	57.72	25m	58.51

55+

CASTRO MAESTRE, Isaura	55	55+	FLUVIAL	48.71	25m	49.50
LOPEZ RODRIGUEZ, Adela Elena	56	55+	POURENSE	49.11	25m	49.61
CHUB SAVCHENKO, Lyudmyla	59	55+	GALAICO	54.06	25m	54.85
DIAZ RODRIGUEZ, Maria Pilar	57	55+	MULLEREF	1:06.68	25m	1:07.47

60+

LOPEZ MAHIA, Purificacion	61	60+	HERCULES	55.62	25m	56.41
BARJA BARJA, Ana	62	60+	TRAVIESAS	57.47	50m	57.47
REBOREDA MORILLO, Susana	62	60+	ESCUALOS	57.20	25m	57.70

65+

SAR MORANO, Dolores	69	65+	CULLEREDO	53.97	25m	54.47
GOMEZ DOVAL, Maria Angela	68	65+	TRAVIESAS	1:02.47	25m	1:02.97
GUARDIOLA MEDEL, Nuria	68	65+	PONTEAREAS	1:13.83	25m	1:14.33
FERNANDEZ FERNANDEZ, Maria Teres	68	65+	MULLEREF	1:20.21	25m	1:21.00

Prueba 33  
09/06/2024

Masc., 50m Braza

2004 y mayores  
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
<u>20+</u>						
RODRIGUEZ ARES, Alejandro	24	20+	PORTAMIÑA	34.63	25m	35.33
GONZÁLEZ MARTÍNEZ, Cristian	21	20+	ARTEIXO	34.85	25m	35.55
LOPEZ LOPEZ, Jaime Borja	24	20+	PORTAMIÑA	34.65	25m	35.64
VILLAMOR FERRO, Rubén	24	20+	ARTEIXO	35.04	25m	35.74
<u>25+</u>						
SUAREZ FERNÁNDEZ, Santiago	29	25+	MONFORTE	32.04	25m	32.74
FRANCISCO MACÍAS, Simón	28	25+	POURENSE	39.02	50m	39.02
IBAÑEZ CARRERA, Manuel Gabriel	28	25+	PONTEAREAS	39.41	25m	40.40
<u>30+</u>						
SABUZ FORNEIRO, Martin	30	30+	POURENSE	30.94	25m	31.64
BORRAZAS RUMBO, Manuel	31	30+	NCORUÑA	31.20	25m	31.90
GRACIA CARBAJO, Miguel	30	30+	NTNARON	31.66	25m	32.36
TENORIO FREIRE, Martin	32	30+	GALAICO	33.11	25m	33.81
PENIDE CALVO, Gabriel	31	30+	RIASBAIXAS	44.42	25m	45.41
NOVALES BLANCO, Xabier	33	30+	RIASBAIXAS	44.88	25m	45.58
ANDRES DUASO, Olmo	31	30+	ARTEIXO	45.06	25m	45.76
LAGO GONZALEZ, Ivan	31	30+	PONTEAREAS	53.65	50m	53.65
<u>35+</u>						
PEREZ FERNANDEZ DE CORDOBA, Pe38o	35+	35+	RSDH	32.47	25m	33.46
FORTES NOVOA, Martiño	36	35+	ESCUALOS	34.30	50m	34.30
PAZOS ALONSO, Josue	38	35+	ESCUALOS	33.95	25m	34.65
CAO LAGO, Pablo	37	35+	RIASBAIXAS	34.63	25m	35.62
GARCIA GARCIA, Anselmo	36	35+	XOVE	35.14	25m	35.84
FIGUEIRA DOMINGUEZ, Javier Guzman	36	35+	RIASBAIXAS	34.90	25m	35.89
MIRAS LOPEZ, Raul	37	35+	NCORUÑA	37.29	50m	37.29
FERNANDEZ GAYOSO, Jose Manuel	38	35+	CNMOS	36.82	25m	37.52
DÍAZ RODRÍGUEZ, Andrés	35	35+	NTNARON	39.00	25m	39.99
PEREZ VAZQUEZ, Telmo	36	35+	CMARINA	39.70	25m	40.40
<u>40+</u>						
SEVILLA AROCA, Javier	41	40+	ESCUALOS	34.72	25m	35.71
GUTIERREZ COSTAS, Oscar	42	40+	RIASBAIXAS	39.68	25m	40.67
DE LORENZO FERNÁNDEZ, Javier	43	40+	ESCUALOS	41.51	50m	41.51
CARRERA COSTAS, Andres	42	40+	PONTEAREAS	41.19	25m	42.18
GONZALEZ VICENTE, Ruben	43	40+	PORTAMIÑA	42.00	25m	42.99
ALVAREZ SILVA, Ruben	43	40+	ESCUALOS	42.87	25m	43.57
PÉREZ GONZÁLEZ, Iván	42	40+	MONFORTE	43.52	25m	44.51
GONZALEZ CONDE, Rodrigo	42	40+	PONTEAREAS	44.40	25m	45.10
TORRES FRAILE, Emilio	40	40+	MONFORTE	44.12	25m	45.11
SUAREZ GARCIA, Pedro Lois	44	40+	PONTEAREAS	44.42	25m	45.41

Prueba 33, Masc., 50m Braza

45+

NOGUEIRA-PINTO CRESPO, Hugo	46	45+	ESCUALOS	33.56	50m	33.56
VAZQUEZ IGLESIAS, Daniel	45	45+	RIASBAIXAS	35.45	50m	35.45
GARCIA REBOLO, Alejandro	49	45+	POURENSE	34.84	25m	35.83
CARBALLO CABEZAS, Enrique	48	45+	POURENSE	35.26	25m	36.25
BAIZ ROCA, Gabriel	45	45+	ARTEIXO	35.78	25m	36.48
GUIMAREY VAZQUEZ, Marcos	47	45+	PORTAMIÑA	36.04	25m	36.74
RODRÍGUEZ SALGADO, Manuel	49	45+	CIDSANTIAG	36.43	25m	37.13
HERMIDA SALIDO, Gustavo	47	45+	NTNARON	37.76	25m	38.75
ALONSO ORTIZ, Mariano	48	45+	FLUVIAL	39.57	25m	40.56
CARRERA RODRÍGUEZ, Rubén	45	45+	PONTEAREAS	43.11	25m	43.81
FERNADEZ BARREIROS, Claudio	49	45+	ORDES	43.07	25m	44.06
FERNANDEZ IGLESIAS, Emilio J.	47	45+	PONTEAREAS	44.50	50m	44.50
ORGEIRA CRESPO, Pedro	48	45+	POURENSE	43.99	25m	44.98
LOPEZ PAYO, Mario	47	45+	SALESTRA	44.58	25m	45.28
DE MARTIN DIAZ, Ruben	48	45+	POURENSE	47.59	50m	47.59
FERNANDEZ GONZALEZ, Bruno	47	45+	POURENSE	48.41	25m	49.40
BRIOSÓ DÍAZ, Manuel	47	45+	REDONDELA	52.51	25m	53.50
GONZALEZ SANDEZ, Carlos	45	45+	VALDEORRAS	53.12	25m	54.11
FERNANDEZ CORRAL, Marcos	45	45+	PORTAMIÑA	1:01.20	25m	1:01.90

50+

PEREIRA DIAZ, Angel	52	50+	ESCUALOS	36.03	25m	37.02
HERNAEZ OUBIÑA, David	51	50+	CULLEREDO	36.40	25m	37.10
BOUSO FUENTECILLA, Fernando	53	50+	ESCUALOS	39.21	50m	39.21
CRESPO PÉREZ, Albarino	54	50+	ESCUALOS	39.56	25m	40.26
AÑÓN RODRIGUEZ, Eduardo	53	50+	RSDH	43.78	25m	44.77
REY RODRIGUEZ, Oscar	50	50+	PORTAMIÑA	46.24	25m	47.23
CADAVID NUÑEZ, Jose	54	50+	POURENSE	46.40	25m	47.39
ARAUJO FERNÁNDEZ, Jose	53	50+	ESCUALOS	47.69	25m	48.39
DIEZ RODRIGUEZ, Ignacio J.	52	50+	PORTAMIÑA	49.68	25m	50.38
FERREIRO SANCHEZ, Luis	54	50+	POURENSE	52.97	25m	53.96

55+

JORGE IGLESIAS, Marcelino	58	55+	RIASBAIXAS	34.75	25m	35.74
TOURIÑO GONZALEZ, Victor M.	56	55+	CMARINA	35.81	25m	36.80
GARCIA SANJURJO, Jose Manuel	57	55+	CDELMAR	40.80	25m	41.50
REY ROMERO, Jorge J.	58	55+	PORTAMIÑA	41.66	50m	41.66
SÁNCHEZ SECO, Manuel	56	55+	ESCUALOS	43.24	50m	43.24
FERNANDEZ GONZALEZ, Alvaro	59	55+	CNMOS	48.04	25m	49.03
PEREZ GARCIA, Manuel	57	55+	CULLEREDO	51.41	25m	52.11
TRILLO CARLIN, Jose Fdo.	56	55+	ADFOGAR	52.76	25m	53.75
PIROSCIA PENADO, Jose	58	55+	PORTAMIÑA	54.66	25m	55.65
RODRIGUEZ LOPEZ, Eloy Jesus	56	55+	VALDEORRAS	1:11.33	25m	1:12.32

Prueba 33, Masc., 50m Braza

60+

SOLLEIRO TIZON, Juan Jose	61	60+	NCORUÑA	41.67	25m	42.37
RODRIGUEZ GOMEZ, Emilio	63	60+	PONTEAREAS	46.51	25m	47.21
RODRIGUEZ BASANTA, Fco. Jose	63	60+	VALDEORRAS	49.50	25m	50.49
HERNANZ MORAL, Fausto	62	60+	RIASBAIXAS	53.11	25m	54.10
LAGO REY, Jose Manuel	61	60+	RIASBAIXAS	1:23.16	25m	1:24.15

65+

ROS ROSILLO, Alejandro	66	65+	RIASBAIXAS	39.30	25m	40.00
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70+

IVANCHENKO, Yurii	71	70+	POURENSE	46.56	50m	46.56
BORDALLO CORTINA, Fernando	70	70+	HERCULES	46.14	25m	47.13

80+

ARAUJO DOMINGUEZ, Francisco	84	80+	PONTEAREAS	1:00.67	50m	1:00.67
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