

Prueba 17
09/06/2024

Fem., 200m Libre

2004 y mayores
Resultados

Clasificación					Edad					Tiempo	Puntos
20+											
1.	1079883	RODRIGUEZ RODRIGUEZ, Nina	22	RIASBAIXAS						2:14.88	13,00 RG
	50m:	31.54	31.54	100m:	1:05.99	34.45	150m:	1:41.49	35.50	200m:	2:14.88 33.39
2.	1194207	VALIÑO FERRAZ, Tatyana	21	PONTEAREAS						3:02.62	10,00
	50m:	42.92	42.92	100m:	1:30.25	47.33	150m:	2:18.44	48.19	200m:	3:02.62 44.18
25+											
1.	1038096	FREIJE TORNEIRO, Aroa	26	PORTAMIÑA						2:19.66	13,00 RG
	50m:	31.98	31.98	100m:	1:07.10	35.12	150m:	1:43.40	36.30	200m:	2:19.66 36.26
2.	1038929	GONZALEZ AVENDAÑO, Lucia	25	GALAICO						2:45.06	10,00
	50m:	37.13	37.13	100m:	1:18.20	41.07	150m:	2:01.58	43.38	200m:	2:45.06 43.48
3.	1038608	SUAREZ GARCIA, Sofia	27	RIASBAIXAS						3:00.83	8,00
	50m:	38.05	38.05	100m:	1:22.91	44.86	150m:	2:11.36	48.45	200m:	3:00.83 49.47
4.	1238682	BARCA PENSADO, Maria	28	ADFOGAR						3:16.91	7,00
	50m:	43.98	43.98	100m:	1:33.30	49.32	150m:	2:25.77	52.47	200m:	3:16.91 51.14
30+											
1.	1116506	RAMOS LOBO, Raquel	31	PORTAMIÑA						2:35.07	13,00
	50m:	34.52	34.52	100m:	1:13.34	38.82	150m:	1:54.49	41.15	200m:	2:35.07 40.58
2.	1236745	RODRIGUEZ GONZÁLEZ, Raquel	31	MONFORTE						2:59.62	10,00
	50m:	37.53	37.53	100m:	1:21.66	44.13	150m:	2:11.05	49.39	200m:	2:59.62 48.57
3.	1078925	SALGADO CASTELO, Marta	30	MULLEREF						3:04.79	8,00
	50m:	42.34	42.34	100m:	1:29.28	46.94	150m:	2:17.95	48.67	200m:	3:04.79 46.84
4.	1143565	ARAÚJO CASTRO, Paula	33	CDELMAR						3:08.62	7,00
	50m:	40.97	40.97	100m:	1:27.52	46.55	150m:	2:17.14	49.62	200m:	3:08.62 51.48
5.	1247615	ALONSO PEREIRA, Fatima	31	RIASBAIXAS						3:12.23	6,00
	50m:	44.63	44.63	100m:	1:34.21	49.58	150m:	2:25.69	51.48	200m:	3:12.23 46.54
6.	1218233	SANCHEZ DE LLANO, M. Nieves	32	SCASINO						3:21.19	5,00
	50m:	46.18	46.18	100m:	1:37.82	51.64	150m:	2:31.00	53.18	200m:	3:21.19 50.19
7.	1221892	OTERO FERNANDEZ, Maria Luisa	31	SALESTRA						3:26.38	4,00
	50m:	46.37	46.37	100m:	1:37.20	50.83	150m:	2:31.74	54.54	200m:	3:26.38 54.64
35+											
1.	1144894	VINAGRE SENDINO, Cora	36	SCASINO						2:45.91	13,00
	50m:	36.76	36.76	100m:	1:19.22	42.46	150m:	2:03.02	43.80	200m:	2:45.91 42.89
2.	1144948	GONZALEZ PEREZ, Jessica	37	RIASBAIXAS						2:53.03	10,00
	50m:	39.12	39.12	100m:	1:22.96	43.84	150m:	2:08.29	45.33	200m:	2:53.03 44.74
Baja	1110693	FERNANDEZ GUARDIOLA, Loira	35	PONTEAREAS							-

Prueba 17, Fem., 200m Libre

40+

1.	1075221	HERMIDA RODRIGUEZ, Blanca	43	CMARINA	2:23.13	13,00	RG					
	50m:	32.55	32.55	100m:	1:08.88	36.33	150m:	1:46.13	37.25	200m:	2:23.13	37.00
2.	1180232	FKEOUI OMARI, Salma	42	ESCUALOS	2:52.56	10,00						
	50m:	41.34	41.34	100m:	1:25.43	44.09	150m:	2:09.62	44.19	200m:	2:52.56	42.94
3.	1237395	VILARIÑO CACHO, Elvira	43	SALESTRA	2:52.75	8,00						
	50m:	40.61	40.61	100m:	1:24.67	44.06	150m:	2:09.54	44.87	200m:	2:52.75	43.21
4.	1144598	OLMO VAQUEIRO, Leticia	43	PONTEAREAS	3:12.83	7,00						
	50m:	44.91	44.91	100m:	1:33.92	49.01	150m:	2:24.32	50.40	200m:	3:12.83	48.51
5.	1041646	MOLANES PIÑEIRO, Maria Elena	40	PONTEAREAS	3:25.16	6,00						
	50m:	48.33	48.33	100m:	1:39.93	51.60	150m:	2:34.09	54.16	200m:	3:25.16	51.07
6.	1075224	BROZOS VAZQUEZ, Elena María	42	CIDSANTIAG	3:44.70	5,00						
	50m:	50.73	50.73	100m:	1:46.87	56.14	150m:	2:46.06	59.19	200m:	3:44.70	58.64
7.	1250481	MENDEZ ABELAIRA, Jessica	42	VALDEORRAS	4:41.40	4,00						
	50m:	59.80	59.80	100m:	2:11.31	1:11.51	200m:	4:41.40	2:30.09			

45+

1.	1143894	DE LORENZO FERNANDEZ, Maria	46	ESCUALOS	3:02.25	13,00						
	50m:	42.41	42.41	100m:	1:29.14	46.73	150m:	2:16.71	47.57	200m:	3:02.25	45.54
2.	1040944	VARELA REDONDO, Veronica	49	PONTEAREAS	3:05.73	10,00						
	50m:	42.18	42.18	100m:	1:29.66	47.48	150m:	2:18.86	49.20	200m:	3:05.73	46.87
3.	1180238	GARCÍA SEOANE, Cristina María	49	HERCULES	3:13.53	8,00						
	50m:	44.05	44.05	100m:	1:32.87	48.82	150m:	2:23.98	51.11	200m:	3:13.53	49.55
4.	1178775	COVELO SAAVEDRA, Nahir	46	PONTEAREAS	3:16.08	7,00						
	50m:	43.84	43.84	100m:	1:33.89	50.05	150m:	2:26.04	52.15	200m:	3:16.08	50.04
5.	1223050	ANDON YAÑEZ, Lorena	46	SCASINO	3:26.65	6,00						
	50m:	45.79	45.79	100m:	1:37.00	51.21	150m:	2:32.18	55.18	200m:	3:26.65	54.47
6.	1246144	SANCHEZ BARREIRO, Maria Carmen	48	PONTEAREAS	3:38.55	5,00						
	50m:	48.59	48.59	100m:	1:43.47	54.88	150m:	2:43.39	59.92	200m:	3:38.55	55.16
7.	1178771	BESADA FERNÁNDEZ, Ana M.	46	PONTEAREAS	3:43.75	4,00						
	50m:	48.59	48.59	100m:	1:45.53	56.94	150m:	2:46.23	1:00.70	200m:	3:43.75	57.52
8.	1250484	VAZQUEZ GONZALEZ, Yolanda	48	VALDEORRAS	3:53.02	3,00						
	50m:	54.91	54.91	100m:	1:54.83	59.92	150m:	2:56.11	1:01.28	200m:	3:53.02	56.91

Baja 1144074 SERRANO AVENDAÑO, Silvia 49 TRAVIESAS -

50+

1.	1147115	HERNANDEZ ALFAGEME, Rita	53	RIASBAIXAS	2:48.73	13,00						
	50m:	39.39	39.39	100m:	1:22.07	42.68	150m:	2:05.85	43.78	200m:	2:48.73	42.88
2.	1197600	SANDERSON KEOUGH, Helen Jane	54	CULLEREDO	3:08.53	10,00						
	50m:	42.65	42.65	100m:	1:30.91	48.26	150m:	2:21.68	50.77	200m:	3:08.53	46.85
3.	1202971	PEREZ PEREZ, Sonia	52	ESCUALOS	3:18.30	8,00						
	50m:	46.70	46.70	100m:	1:36.62	49.92	150m:	2:29.00	52.38	200m:	3:18.30	49.30
4.	1144710	RODRIGUEZ VAZQUEZ, Maria Teresa	52	POURENSE	3:46.44	7,00						
	50m:	50.33	50.33	100m:	1:47.34	57.01	150m:	2:47.48	1:00.14	200m:	3:46.44	58.96

Prueba 17, Fem., 200m Libre, 50+

Clasificación		Edad		Tiempo	Puntos
5.	1127346 SOBRINO EIRIZ, Maria Del Valle	52	PONTEAREAS	3:51.21	6,00
	50m: 49.41 49.41 100m: 1:48.57 59.16 200m: 3:51.21 2:02.64				

Baja 1145023 SALES MANTIÑAN, Carmen 50 SCASINO -

55+

1.	1147048 REGUEIRO RODRIGUEZ, Ana	58	RIASBAIXAS	3:13.52	13,00
	50m: 45.58 45.58 100m: 1:34.46 48.88 150m: 2:24.33 49.87 200m: 3:13.52 49.19				
2.	1037970 CALVIÑO CANCELA, Maria Cristina	56	PONTEAREAS	3:24.87	10,00
	50m: 47.97 47.97 100m: 1:42.27 54.30 150m: 2:34.76 52.49 200m: 3:24.87 50.11				
3.	1144697 ACEVEDO REGO, Ermitas	58	POURENSE	4:19.32	8,00
	50m: 1:00.71 1:00.71 100m: 2:07.29 1:06.58 150m: 3:15.87 1:08.58 200m: 4:19.32 1:03.45				

60+

1.	1144331 TERCEIRO DELGADO, María Del Mar	61	CDELMAR	2:57.03	13,00
	50m: 40.28 40.28 100m: 1:25.24 44.96 150m: 2:12.20 46.96 200m: 2:57.03 44.83				
2.	1143893 REBORED A MORILLO, Susana	62	ESCUALOS	4:13.69	10,00
	50m: 55.07 55.07 100m: 1:59.55 1:04.48 150m: 3:05.85 1:06.30 200m: 4:13.69 1:07.84				
3.	1144231 PEREZ GALLARDO, Teresa	60	POURENSE	4:38.51	8,00
	50m: 1:05.65 1:05.65 100m: 2:17.07 1:11.42 150m: 3:28.41 1:11.34 200m: 4:38.51 1:10.10				

65+

1.	1076494 SUEIRO COSTAS, Maria Del Carmen	68	PONTEAREAS	5:04.97	13,00
	50m: 1:09.65 1:09.65 100m: 2:27.12 1:17.47 150m: 3:46.53 1:19.41 200m: 5:04.97 1:18.44				

70+

1.	1076490 GONZALEZ-ALEGRE BURGUEÑO, A.	72	TRAVIESAS	3:42.81	13,00
	50m: 49.75 49.75 100m: 1:45.36 55.61 150m: 2:44.13 58.77 200m: 3:42.81 58.68				