

Prueba 2
08/06/2024

Fem., 400m Estilos

2004 y mayores
Resultados

Clasificación	Edad										Tiempo	Puntos
20+												
1.	1194207	VALIÑO FERRAZ, Tatyana				21	PONTEAREAS				6:58.78	13,00 RG
	50m:	49.36	49.36	150m:	2:40.02	53.40	250m:	4:29.86	57.08	350m:	6:15.78	47.45
	100m:	1:46.62	57.26	200m:	3:32.78	52.76	300m:	5:28.33	58.47	400m:	6:58.78	43.00
25+												
1.	1039634	LAGO CASTILLO, Natalia				25	NCORUÑA				6:23.14	13,00
	50m:	42.73	42.73	150m:	2:23.22	49.46	250m:	4:05.06	54.96	350m:	5:41.23	42.22
	100m:	1:33.76	51.03	200m:	3:10.10	46.88	300m:	4:59.01	53.95	400m:	6:23.14	41.91
2.	1038929	GONZALEZ AVENDAÑO, Lucia				25	GALAICO				6:35.85	10,00
	50m:	42.96	42.96	150m:	2:20.79	49.54	250m:	4:08.19	59.36	350m:	5:51.02	44.13
	100m:	1:31.25	48.29	200m:	3:08.83	48.04	300m:	5:06.89	58.70	400m:	6:35.85	44.83
3.	1145008	GONZALEZ PEREZ, Paula				28	PONTEAREAS				7:39.25	8,00
	50m:	51.87	51.87	150m:	3:00.44	1:03.87	250m:	4:59.78	59.15	350m:	6:52.81	51.80
	100m:	1:56.57	1:04.70	200m:	4:00.63	1:00.19	300m:	6:01.01	1:01.23	400m:	7:39.25	46.44
30+												
1.	1084714	BUGALLO PÉREZ, Estíbaliz				34	RCNVIGO				5:59.54	13,00
	50m:	37.96	37.96	150m:	2:08.54	46.08	250m:	3:45.38	50.61	350m:	5:19.03	41.32
	100m:	1:22.46	44.50	200m:	2:54.77	46.23	300m:	4:37.71	52.33	400m:	5:59.54	40.51
2.	1237382	MUIÑO, Andrea				33	NCORUÑA				7:12.13	10,00
	50m:	43.05	43.05	150m:	2:38.21	1:04.21	250m:	4:33.79	1:00.05	350m:	6:23.59	49.99
	100m:	1:34.00	50.95	200m:	3:33.74	55.53	300m:	5:33.60	59.81	400m:	7:12.13	48.54
40+												
1.	1143598	MIRA VAZQUEZ, Marta				43	ESCUALOS				7:37.95	13,00
	50m:	52.42	52.42	150m:	2:58.62	1:04.40	250m:	4:58.46	57.05	350m:	6:49.48	51.44
	100m:	1:54.22	1:01.80	200m:	4:01.41	1:02.79	300m:	5:58.04	59.58	400m:	7:37.95	48.47
45+												
1.	1119241	VIDAL BELLO, Mara				47	VALDEORRAS				9:12.41	13,00
	50m:	1:01.10	1:01.10	150m:	3:13.61	1:08.39	250m:	5:48.29	1:25.96	350m:	8:15.10	1:01.67
	100m:	2:05.22	1:04.12	200m:	4:22.33	1:08.72	300m:	7:13.43	1:25.14	400m:	9:12.41	57.31
50+												
1.	1171727	GARCIA RODRIGUEZ, Teresa				52	PORTAMIÑA				8:47.38	13,00
	50m:	1:00.31	1:00.31	150m:	3:20.89	1:14.39	250m:	5:44.86	1:11.56	350m:	7:52.79	58.24
	100m:	2:06.50	1:06.19	200m:	4:33.30	1:12.41	300m:	6:54.55	1:09.69	400m:	8:47.38	54.59
55+												
1.	1145007	MELON PARENTE, M. Lourdes				55	PONTEAREAS				12:13.89	13,00
	50m:	1:33.66	1:33.66	150m:	4:50.77	1:35.79	250m:	8:10.47	1:45.41	350m:	11:03.36	1:12.34
	100m:	3:14.98	1:41.32	200m:	6:25.06	1:34.29	300m:	9:51.02	1:40.55	400m:	12:13.89	1:10.53

Prueba 2, Fem., 400m Estilos

60+

1.	1076172	GARCIA COLOMO, Maria Cristina				62	POURENSE				7:42.16	13,00
	50m:	47.82	47.82	150m:	2:48.03	59.50	250m:	4:51.91	1:07.35	350m:	6:53.03	50.60
	100m:	1:48.53	1:00.71	200m:	3:44.56	56.53	300m:	6:02.43	1:10.52	400m:	7:42.16	49.13