

1. 100 m Libre Feminino

20+										
1	1143380	SUAREZ GARCIA MARTA	2003	RBAIXAS	1:24.65	M 25	2023-05-07	ÁLVARO PINO	13	50L: 39.35
2	1219491	FUENTES LORENZO CARLA	1999	CNFERRO	1:26.38	M 25	2023-05-06	J. GÓMEZ NOYA	10	50L: 40.95
3	1230349	VICENTE RODRIGUEZ ANDREA	2002	NPONTEA	1:29.31	M 25	2023-05-07	ÁLVARO PINO	8	50L: 40.88
4	1212511	NOVOA VAZQUEZ LAURA	2000	CMARINA	1:56.17	M 25	2023-05-06	J. GÓMEZ NOYA	7	50L: 52.67
5	1222772	RODRIGUEZ-TOUBES FORRYAN IRENE	1999	NPONTEA	2:01.67	M 25	2023-05-07	ÁLVARO PINO	6	50L: 56.97
6	1201604	BARBADILLO ECHEVARRIA SOFIA	1999	CMARINA	2:05.22	M 25	2023-05-06	J. GÓMEZ NOYA	5	50L: 57.29
25+										
1	1178773	CHAMADOIRA DOMÍNGUEZ JENNIFER	1994	NPONTEA	1:07.31	M 25	2023-05-07	ÁLVARO PINO	13	50L: 32.50
2	1130789	GARCIA MIGUEZ ROSALIA	1998	GALAICO	1:08.05	M 25	2023-05-07	Santa Isabel	10	50L: 33.02
3	1079047	BALEA CASAS TANIA	1996	GALAICO	1:10.31	M 25	2023-05-07	Santa Isabel	8	50L: 32.89
4	1115644	FERNÁNDEZ JUAN MARÍA	1998	CIDSANTI	1:15.56	M 25	2023-05-07	Santa Isabel	7	50L: 35.89
5	1039299	DIAZ TOIMIL CARLA	1998	NTNARON	1:15.58	M 25	2023-05-06	J. GÓMEZ NOYA	6	50L: 35.22
6	1236853	GARCIA SANCHEZ FRANCIS MARIAM	1994	NPONTEA	1:31.98	M 25	2023-05-07	ÁLVARO PINO	5	50L: 44.88
7	1108841	DA FORTUNA VAZQUEZ NOEMI	1994	CTRAVIE	1:37.22	M 25	2023-05-07	ÁLVARO PINO	4	50L: 43.84
8	1240953	SIMOIS MORAIS YOLANDA	1994	SALESTRA	1:50.78	M 25	2023-05-07	Santa Isabel	3	50L: 49.58
30+										
1	1040545	POMBO LOPEZ BELEN	1992	CFVLUGO	1:10.59	M 25	2023-05-07	Santa Isabel	13	50L: 33.47
2	1144580	PEREZ GARCIA EVA	1990	RBAIXAS	1:14.14	M 25	2023-05-07	ÁLVARO PINO	10	50L: 34.39
3	1226235	EIRIS CASTRO ANDREA	1990	ADFOGAR	1:14.79	M 25	2023-05-07	Santa Isabel	8	50L: 35.74
4	1236745	RODRIGUEZ GONZÁLEZ RAQUEL	1993	MOLEMOS	1:17.62	M 25	2023-05-06	J. GÓMEZ NOYA	7	

50L: 37.07

5	1224940	PAZOS GANDARA ANDREA	1992	NPONTEA	1:22.29	M 25	2023-05-07	ÁLVARO PINO	6
		50L: 39.13							
6	1218233	SANCHEZ DE LLANO M. NIEVES	1992	CASINOC	1:36.63	M 25	2023-05-06	J. GÓMEZ NOYA	5
		50L: 46.20							
7	1129954	GONZALEZ GARCIA COVADONGA	1989	GALAICO	1:37.31	M 25	2023-05-07	Santa Isabel	4
		50L: 47.54							
8	1215890	FERNANDEZ PARADA CLARA	1993	POURENSE	2:00.89	M 25	2023-05-07	Santa Isabel	3
		50L: 58.86							

35+

1	1193947	ALCALDE BALADO TANIA	1986	CIDSANTI	1:06.81	M 25	2023-05-07	Santa Isabel	13
		50L: 32.36							
2	1203741	QUEREDA RODRÍGUEZ ALMUDENA	1985	CNLICEO	1:16.63	M 25	2023-05-06	J. GÓMEZ NOYA	10
		50L: 36.78							
3	1144948	GONZALEZ PEREZ JESSICA	1987	RBAIXAS	1:19.07	M 25	2023-05-07	ÁLVARO PINO	8
		50L: 37.70							
4	1236642	ABBATEMARCO CRISTINA	1984	SALESTRA	1:24.95	M 25	2023-05-07	Santa Isabel	7
		50L: 39.39							
5	1144592	ACUÑA MELLA MARIA	1988	NPONTEA	1:28.89	M 25	2023-05-07	ÁLVARO PINO	6
		50L: 42.44							

40+

1	1013486	GONZALEZ RODRIGUEZ MARIA	1982	POURENSE	1:05.77	M 25	2023-05-07	Santa Isabel	13
		50L: 31.40							
2	1075221	HERMIDA RODRIGUEZ BLANCA	1981	CMARINA	1:10.73	M 25	2023-05-06	J. GÓMEZ NOYA	10
		50L: 33.23							
3	1143597	SANCHEZ LEDO CIRA	1981	ESCUALOS	1:23.75	M 25	2023-05-07	Santa Isabel	8
		50L: 41.58							
4	1144598	OLMO VAQUEIRO LETICIA	1981	NPONTEA	1:27.26	M 25	2023-05-07	ÁLVARO PINO	7
		50L: 42.33							
5	1145082	FARIÑA SOUSA NOEMI	1983	GALAICO	1:36.67	M 25	2023-05-07	Santa Isabel	6
		50L: 43.99							
6	1224727	AMOR BARBEITO SONIA	1979	CNORDES	1:53.82	M 25	2023-05-07	Santa Isabel	5
		50L: 55.40							
7	1036387	VAZQUEZ PARCERO MARTA	1980	CMARINA	1:58.61	M 25	2023-05-06	J. GÓMEZ NOYA	4
		50L: 55.92							

45+

1	1143894	DE LORENZO FERNANDEZ MARIA	1978	ESCUALOS	1:20.09	M 25	2023-05-07	Santa Isabel	13
		50L: 39.27							
2	1214850	CORCOBA CARBIA RAQUEL	1977	SALESTRA	1:21.37	M 25	2023-05-07	Santa Isabel	10
		50L: 39.27							
3	1172138	ROIG SANCHEZ BLANCA ANA	1974	RBAIXAS	1:24.16	M 25	2023-05-07	ÁLVARO PINO	8

50L: 39.33

4 1180238 GARCÍA SEOANE CRISTINA MARÍA 1975 CASINOC 1:27.78 M 25 2023-05-06 J. GÓMEZ NOYA 7

50L: 41.53

5 1224731 RIVEIRA CAAMAÑO REBECA 1977 CNORDES 1:35.46 M 25 2023-05-07 Santa Isabel 6

50L: 45.11

6 1217442 VILLASANTE ARMAS MARIA ROSA 1975 NCORUÑA 1:36.81 M 25 2023-05-06 J. GÓMEZ NOYA 5

50L: 47.23

50+

1 1039438 RODRIGUEZ REY MARIA J. 1973 ADFOGAR 1:30.39 M 25 2023-05-07 Santa Isabel 13

50L: 42.14

2 1076524 SOUSA CARNEIRO ROSANA 1971 CNMOS 1:30.57 M 25 2023-05-07 ÁLVARO PINO 10

50L: 44.61

3 1202971 PEREZ PEREZ SONIA 1972 ESCUALOS 1:31.91 M 25 2023-05-07 Santa Isabel 8

50L: 44.39

4 1199642 GARNACHO GAYARRE NURIA 1969 CASINOC 1:36.62 M 25 2023-05-06 J. GÓMEZ NOYA 7

50L: 48.18

5 1143584 FERNANDEZ SESTELO MARIA JOSE 1970 NPONTEA 1:52.80 M 25 2023-05-07 ÁLVARO PINO 6

50L: 52.73

6 1145007 MELON PARENTE M. LOURDES 1969 NPONTEA 2:10.33 M 25 2023-05-07 ÁLVARO PINO 5

50L: 1:05.78

55+

1 1147048 REGUEIRO RODRIGUEZ ANA 1966 RBAIXAS 1:29.31 M 25 2023-05-07 ÁLVARO PINO 13

50L: 41.89

2 1187918 FERNÁNDEZ ARRIZABALO MARÍA 1966 CTRAVIE 1:39.68 M 25 2023-05-07 ÁLVARO PINO 10

50L: 47.13

3 1144231 PEREZ GALLARDO TERESA 1964 POURENSE 2:15.28 M 25 2023-05-07 Santa Isabel 8

50L: 1:04.86

60+

1 1212074 LOPEZ BLANCO M^o ISABEL 1963 CULLERED 1:46.95 M 25 2023-05-06 J. GÓMEZ NOYA 13

50L: 49.45

2 1217937 RODRÍGUEZ TRONCOSO MARINA 1959 NPONTEA 2:09.48 M 25 2023-05-07 ÁLVARO PINO 10

50L: 1:02.07

65+

1 1076494 SUEIRO COSTAS M^o CARMEN 1956 NPONTEA 2:18.99 M 25 2023-05-07 ÁLVARO PINO 13

50L: 1:05.77

70+

1 1076490 GONZALEZ-ALEGRE BURGUEÑO A.M. 1952 CTRAVIE 1:42.13 M 25 2023-05-07 ÁLVARO PINO 13

50L: 47.76

75+

1	1076482	GONZALEZ RODRIGUEZ S. MARTA	1946	NPONTEA	2:56.08	M 25	2023-05-07	ÁLVARO PINO	13
		50L: 1:25.18							
2	1143507	PEREZ DOMINGUEZ MARIA LUISA	1944	RBAIXAS	4:17.89	M 25	2023-05-07	ÁLVARO PINO	10
		50L: 2:06.71							

80+

1	1178774	CHANTADA GÓMEZ M. DEL CARMEN	1943	NPONTEA	3:59.82	M 25	2023-05-07	ÁLVARO PINO	13
		50L: 1:49.10							

2. 100 m Libre Masculino

20+										
1	1092303	MEIJIDE GIADAS DIEGO	2000	CIDSANTI	55.64	M 25	2023-05-07	Santa Isabel		13
		50L: 26.43								
2	1144927	SUAREZ RIPOLL XIAN	2003	CIDSANTI	58.08	M 25	2023-05-07	Santa Isabel		10
		50L: 28.06								
3	1230348	GONZALEZ ALONSO ALEJANDRO	2002	NPONTEA	1:16.25	M 25	2023-05-07	ÁLVARO PINO		8
		50L: 35.28								
4	1203718	ABUIN VILARIÑO ENRIQUE	2003	CMARINA	1:57.16	M 25	2023-05-06	J. GÓMEZ NOYA		7
		50L: 46.80								
5	1208836	GÓMEZ MÉNDEZ BORJA	2002	NPONTEA	2:01.11	M 25	2023-05-07	ÁLVARO PINO		6
		50L: 57.22								
25+										
1	1093458	MUIÑO ALONSO ANTON	1994	NCORUÑA	56.91	M 25	2023-05-06	J. GÓMEZ NOYA		13
		50L: 27.30								
2	1037180	CARRERA COSTAS MARTIN	1996	NPONTEA	1:02.80	M 25	2023-05-07	ÁLVARO PINO		10
		50L: 31.11								
3	1144045	FERREÑO COMESAÑA CRISTIAN	1996	RBAIXAS	1:07.17	M 25	2023-05-07	ÁLVARO PINO		8
		50L: 33.10								
4	1078908	MEILAN SANCHEZ SERGIO JOSE	1996	POR-MIÑA	1:10.42	M 25	2023-05-07	Santa Isabel		7
		50L: 32.58								
30+										
1	1174868	BRION FERNANDEZ MANUEL JOAQUIN	1992	CIDSANTI	1:08.14	M 25	2023-05-07	Santa Isabel		13
		50L: 32.41								
2	1025801	FERNANDEZ VARELA ADRIAN	1991	CFVLUGO	1:08.79	M 25	2023-05-07	Santa Isabel		10
		50L: 30.64								
3	1076271	NOVALES BLANCO XABIER	1991	RBAIXAS	1:15.54	M 25	2023-05-07	ÁLVARO PINO		8
		50L: 37.68								
4	1078909	RODRIGUEZ BALIÑA MAURO	1990	NPONTEA	1:19.89	M 25	2023-05-07	ÁLVARO PINO		7
		50L: 36.80								
5	1222771	LAGO GONZALEZ IVAN	1993	NPONTEA	1:43.25	M 25	2023-05-07	ÁLVARO PINO		6
		50L: 47.24								
35+										
1	1041444	FERNANDEZ VARELA PABLO J.	1984	ADFOGAR	1:00.33	M 25	2023-05-07	Santa Isabel		13
		50L: 28.74								
2	1143515	BLANCO PEREZ JESUS	1986	NTNARON	1:02.44	M 25	2023-05-06	J. GÓMEZ NOYA		10
		50L: 28.70								
3	1199549	MARTINEZ DOPAZO DAVID	1987	GALAICO	1:02.73	M 25	2023-05-07	Santa Isabel		8

		50L: 29.58								
4	1126597	FERNANDEZ GAYOSO JOSE MANUEL	1986	CNMOS	1:03.70	M 25	2023-05-07	ÁLVARO PINO	7	
		50L: 31.83								
5	1226258	BERNARDEZ FERRO JUAN JOSE	1987	GALAICO	1:04.62	M 25	2023-05-07	Santa Isabel	6	
		50L: 30.64								
6	1023057	PEREZ VAZQUEZ TELMO	1988	CMARINA	1:06.45	M 25	2023-05-06	J. GÓMEZ NOYA	5	
		50L: 30.99								
7	1226234	COTELO SENANDE ALBERTO	1988	ADFOGAR	1:07.43	M 25	2023-05-07	Santa Isabel	4	
		50L: 30.61								
8	1086708	ABUIN ARES MANUEL	1987	CIDSANTI	1:09.27	M 25	2023-05-07	Santa Isabel	3	
		50L: 31.99								
9	1145090	MARTÍNEZ DOMÍNGUEZ IVÁN	1988	NPONTEA	1:16.61	M 25	2023-05-07	ÁLVARO PINO	2	
		50L: 35.74								
10	1178928	FIDALGO SERRANO GUILLERMO	1986	CTRAVIE	1:17.39	M 25	2023-05-07	ÁLVARO PINO	1	
		50L: 37.42								
11	1170846	PRESA PRESA SANTIAGO	1988	GALAICO	1:17.39	M 25	2023-05-07	Santa Isabel	0	
		50L: 35.78								
12	1241049	RAMIL FREAN IGNACIO	1984	CASINOC	1:18.04	M 25	2023-05-06	J. GÓMEZ NOYA	0	
		50L: 36.82								
13	1241048	PUIG GONZALEZ PABLO	1986	CASINOC	1:18.85	M 25	2023-05-06	J. GÓMEZ NOYA	0	
		50L: 35.03								
14	1241140	DIEGUEZ GONZALEZ EDGAR	1987	CIDSANTI	1:21.50	M 25	2023-05-07	Santa Isabel	0	
		50L: 38.14								
15	1236854	GIRALDEZ VILLANUEVA IVAN	1987	NPONTEA	2:05.72	M 25	2023-05-07	ÁLVARO PINO	0	
		50L: 55.30								
40+										
1	1180237	FOUZ ROUCO RUBÉN	1979	HERCULES	1:02.39	M 25	2023-05-06	J. GÓMEZ NOYA	13	
		50L: 29.24								
2	1144584	ALVAREZ SILVA RUBEN	1981	ESCUALOS	1:08.53	M 25	2023-05-07	Santa Isabel	10	
		50L: 33.57								
3	1085888	CAMIÑA MARTINEZ OSCAR	1980	GALAICO	1:09.55	M 25	2023-05-07	Santa Isabel	8	
		50L: 31.71								
4	1076564	CABANELAS EIRAS PABLO	1979	CIDSANTI	1:09.80	M 25	2023-05-07	Santa Isabel	7	
		50L: 33.30								
5	1224733	ARANGO GAYAR SAUL	1980	RBAIXAS	1:09.95	M 25	2023-05-07	ÁLVARO PINO	6	
		50L: 32.95								
6	1143899	PEREZ LOPEZ MANUEL	1981	ESCUALOS	1:10.28	M 25	2023-05-07	Santa Isabel	5	
		50L: 33.77								
7	1093448	VAZQUEZ ESMORIS PABLO	1979	ADFOGAR	1:12.53	M 25	2023-05-07	Santa Isabel	4	
		50L: 35.02								
8	1220977	MIGUELEZ FERNANDEZ BRUNO	1980	RBAIXAS	1:14.15	M 25	2023-05-07	ÁLVARO PINO	3	
		50L: 35.23								
9	1144181	PEREZ CARRERA ELIAS	1979	RBAIXAS	1:16.61	M 25	2023-05-07	ÁLVARO PINO	2	

50L: 37.41

10	1200126	TABOADA CALVELO JOSE CARLOS	1979	SALESTRA	1:21.59	M 25	2023-05-07	Santa Isabel	1
		50L: 38.86							
11	1238132	FIDALGO SERRANO MANUEL A.	1981	CTRAVIE	1:25.56	M 25	2023-05-07	ÁLVARO PINO	0
		50L: 40.76							
12	1076542	GONZALEZ CONDE RODRIGO	1982	NPONTEA	1:29.16	M 25	2023-05-07	ÁLVARO PINO	0
		50L: 40.10							
13	1238677	MARIÑO GONZALEZ RAMÓN	1980	POURENSE	1:31.63	M 25	2023-05-07	Santa Isabel	0
		50L: 42.87							

45+

1	1231581	RODRÍGUEZ SALGADO MANUEL	1975	CIDSANTI	1:05.42	M 25	2023-05-07	Santa Isabel	13
		50L: 30.34							
2	1143480	ABADES REBOREDO DANIEL	1978	HERCULES	1:06.62	M 25	2023-05-06	J. GÓMEZ NOYA	10
		50L: 32.57							
3	1175127	MASSO AGUADO JORGE	1976	RBAIXAS	1:07.34	M 25	2023-05-07	ÁLVARO PINO	8
		50L: 32.64							
4	1079343	MOURIÑO ORTIGUERA ROBERTO C.	1974	NPONTEA	1:08.05	M 25	2023-05-07	ÁLVARO PINO	7
		50L: 32.44							
5	1192271	MOURIÑO FORTES VICTOR MANUEL	1977	NPONTEA	1:10.35	M 25	2023-05-07	ÁLVARO PINO	6
		50L: 34.03							
6	1143662	BALSA MOSQUERA PABLO	1978	CMARINA	1:11.52	M 25	2023-05-06	J. GÓMEZ NOYA	5
		50L: 33.07							
7	1076553	FERNANDEZ-TESTA BARREIRO DAVID	1974	RBAIXAS	1:13.20	M 25	2023-05-07	ÁLVARO PINO	4
		50L: 35.73							
8	1224729	FERNADEZ BARREIROS CLAUDIO	1975	CNORDES	1:14.62	M 25	2023-05-07	Santa Isabel	3
		50L: 35.27							
9	1078844	FERNÁNDEZ FERNÁNDEZ JOSÉ LUIS	1974	CIDSANTI	1:20.10	M 25	2023-05-07	Santa Isabel	2
		50L: 38.62							
10	1224728	CARBALLIDO MOSQUERA OSCAR	1978	CNORDES	1:22.31	M 25	2023-05-07	Santa Isabel	1
		50L: 39.17							
11	1230359	REGA RECAREY MANUEL	1975	CIDSANTI	1:28.47	M 25	2023-05-07	Santa Isabel	0
		50L: 40.05							
12	1197558	FERNANDEZ FERNANDEZ MIGUEL ANG	1977	RBAIXAS	1:29.24	M 25	2023-05-07	ÁLVARO PINO	0
		50L: 42.05							
13	1235958	BRIOSO DÍAZ MANUEL	1977	CNREDON	1:32.87	M 25	2023-05-07	ÁLVARO PINO	0
		50L: 44.45							

50+

1	1006006	FERNANDEZ TORRES DIEGO	1972	POR-MIÑA	1:03.88	M 25	2023-05-07	Santa Isabel	13
		50L: 30.18							
2	1171462	FERREIRO SEOANE JOSE RAUL	1973	RBAIXAS	1:15.13	M 25	2023-05-07	ÁLVARO PINO	10
		50L: 38.14							
3	1141071	LORENZO FERNANDEZ JOSE MANUEL	1972	RBAIXAS	1:18.03	M 25	2023-05-07	ÁLVARO PINO	8

50L: 36.60

4	1180236	DE LA VEGA GÁNDARAS FELIPE	1973	HERCULES	1:20.53	M 25	2023-05-06	J. GÓMEZ NOYA	7
		50L: 38.80							
5	1146902	PEREIRO LOPEZ-QUECUTY SIMON	1973	RBAIXAS	1:23.25	M 25	2023-05-07	ÁLVARO PINO	6
		50L: 39.37							
6	1230361	VERDE LEBORANS JOSÉ	1973	CIDSANTI	1:52.77	M 25	2023-05-07	Santa Isabel	5
		50L: 51.52							

55+

1	1232926	TAPIA PORTO ENRIQUE	1965	NCORUÑA	1:06.32	M 25	2023-05-06	J. GÓMEZ NOYA	13
		50L: 31.59							
2	1143661	TOURIÑO GONZALEZ VICTOR M.	1968	CMARINA	1:12.70	M 25	2023-05-06	J. GÓMEZ NOYA	10
		50L: 33.85							
3	1141209	DE LA PAZ VIGO AGUSTIN A.	1966	CMARINA	1:15.20	M 25	2023-05-06	J. GÓMEZ NOYA	8
		50L: 37.10							
4	1143575	FERREIRA GONZALEZ XOSE ANXO	1966	CNREDON	1:18.16	M 25	2023-05-07	ÁLVARO PINO	7
		50L: 36.97							
5	1057905	GURIDI HUERTA JESUS M.	1968	CFVLUGO	1:21.52	M 25	2023-05-07	Santa Isabel	6
		50L: 38.55							
6	1076251	MARQUEZ FERNANDEZ XOSE LUIS	1966	GALAICO	1:22.87	M 25	2023-05-07	Santa Isabel	5
		50L: 38.87							
7	1193949	LAMELO OTERO RAMÓN JESUS	1968	CIDSANTI	1:25.75	M 25	2023-05-07	Santa Isabel	4
		50L: 40.12							
8	1195569	PEREZ LEIVA MANUEL	1968	RBAIXAS	1:25.83	M 25	2023-05-07	ÁLVARO PINO	3
		50L: 40.47							
9	1143536	BLANCO PEREZ ANGEL	1964	POURENSE	1:28.13	M 25	2023-05-07	Santa Isabel	2
		50L: 42.96							
10	1180249	SUAREZ FREIRE DAVID MANUEL	1968	RBAIXAS	1:41.50	M 25	2023-05-07	ÁLVARO PINO	1
		50L: 47.87							

60+

1	1078596	LOIS PEREZ ANTONIO	1961	NCORUÑA	1:06.70	M 25	2023-05-06	J. GÓMEZ NOYA	13
		50L: 31.90							
2	1174449	FERNANDEZ ARRUTI JOSE ANGEL	1959	CIDSANTI	1:11.84	M 25	2023-05-07	Santa Isabel	10
		50L: 34.93							
3	1076250	BETHENCOURT IGLESIAS SERGIO	1963	GALAICO	1:12.24	M 25	2023-05-07	Santa Isabel	8
		50L: 34.90							
4	1078597	SOLLEIRO TIZON JUAN JOSE	1963	NCORUÑA	1:13.70	M 25	2023-05-06	J. GÓMEZ NOYA	7
		50L: 34.90							
5	1040281	MARTINEZ BERJANO JOSE MANUEL	1963	MOLEMOS	1:22.35	M 25	2023-05-07	ÁLVARO PINO	6
		50L: 38.31							
6	1144940	HERNANZ MORAL FAUSTO	1962	RBAIXAS	1:27.40	M 25	2023-05-07	ÁLVARO PINO	5
		50L: 42.35							
7	1076514	LAGO REY JOSE MANUEL	1963	RBAIXAS	2:13.43	M 25	2023-05-07	ÁLVARO PINO	4

50L: 1:01.32

65+

1	1076168	GARCIA COLOMO CARLOS LUIS	1958	POURENSE	1:10.91	M 25	2023-05-07	Santa Isabel	13
		50L: 34.05							
2	1076165	GARCIA COLOMO MANUEL RAMON	1954	POURENSE	1:21.00	M 25	2023-05-07	Santa Isabel	10
		50L: 39.80							
3	1222391	AREA PEREIRA JOSE MANUEL	1957	GALAICO	1:49.15	M 25	2023-05-07	Santa Isabel	8
		50L: 49.30							

70+

1	1075190	SUANZES PEREZ FERNANDO	1953	HERCULES	1:17.81	M 25	2023-05-06	J. GÓMEZ NOYA	13
		50L: 37.06							
2	1076488	MONROY FERNÁNDEZ MANUEL	1950	NPONTEA	1:35.06	M 25	2023-05-07	ÁLVARO PINO	10
		50L: 51.42							

3. 50 m Bolboreta Feminino

20+										
1	1037951	SOILAN FERNANDEZ RAQUEL	2001	CFVLUGO	31.16	M 25	2023-05-07	Santa Isabel		13
2	1037987	MENDEZ SEIJO NEREA	1999	RBAIXAS	36.24	M 25	2023-05-07	ÁLVARO PINO		10
3	1143296	EIJO GIL ANA PAULA	2003	NPONTEA	36.41	M 25	2023-05-07	ÁLVARO PINO		8
4	1228048	ALVAREZ SOUTO CLAUDIA	2001	ESCUALOS	42.54	M 25	2023-05-07	Santa Isabel		7
5	1203517	CABALEIRO FREIRIA LARA	2001	NPONTEA	44.50	M 25	2023-05-07	ÁLVARO PINO		6
6	1230349	VICENTE RODRIGUEZ ANDREA	2002	NPONTEA	49.47	M 25	2023-05-07	ÁLVARO PINO		5
7	1143380	SUAREZ GARCIA MARTA	2003	RBAIXAS	50.54	M 25	2023-05-07	ÁLVARO PINO		4
25+										
1	1130789	GARCIA MIGUEZ ROSALIA	1998	GALAICO	35.90	M 25	2023-05-07	Santa Isabel		13
2	1221887	CARRERA PEREZ CAROLINA	1994	CNMOS	47.17	M 25	2023-05-07	ÁLVARO PINO		10
3	1145008	GONZALEZ PEREZ PAULA	1996	NPONTEA	49.58	M 25	2023-05-07	ÁLVARO PINO		8
4	1191499	GONZALEZ MACIA ALBA	1994	MOLEMOS	49.68	M 25	2023-05-06	J. GÓMEZ NOYA		7
30+										
1	1093459	FRANCO CAL ALBA	1991	CFVLUGO	28.81	M 25	2023-05-07	Santa Isabel		13
2	1144580	PEREZ GARCIA EVA	1990	RBAIXAS	38.82	M 25	2023-05-07	ÁLVARO PINO		10
3	1236745	RODRIGUEZ GONZÁLEZ RAQUEL	1993	MOLEMOS	42.56	M 25	2023-05-06	J. GÓMEZ NOYA		8
4	1204918	MARTINEZ GARCIA SUSANA	1991	MOLEMOS	46.95	M 25	2023-05-06	J. GÓMEZ NOYA		7
5	1202705	MARTINEZ BARCIELA MARIA OLGA	1990	CTRAVIE	59.53	M 25	2023-05-07	ÁLVARO PINO		6
35+										
1	1193947	ALCALDE BALADO TANIA	1986	CIDSANTI	34.52	M 25	2023-05-07	Santa Isabel		13
2	1144155	ALVAREZ COSTAS MARIA PAZ	1988	NPONTEA	41.12	M 25	2023-05-07	ÁLVARO PINO		10
3	1141313	MIRA VAZQUEZ PAULA	1986	ESCUALOS	43.75	M 25	2023-05-07	Santa Isabel		8
4	1144592	ACUÑA MELLA MARIA	1988	NPONTEA	49.89	M 25	2023-05-07	ÁLVARO PINO		7
40+										
1	1075221	HERMIDA RODRIGUEZ BLANCA	1981	CMARINA	35.62	M 25	2023-05-06	J. GÓMEZ NOYA		13
2	1146893	PRADO FRANCO MARTA E.	1979	RBAIXAS	37.73	M 25	2023-05-07	ÁLVARO PINO		10
3	1180232	FKEOUI OMARI SALMA	1982	ESCUALOS	39.72	M 25	2023-05-07	Santa Isabel		8
4	1182364	RODRÍGUEZ RODRÍGUEZ ZELTIA	1981	NTNARON	40.53	M 25	2023-05-06	J. GÓMEZ NOYA		7
5	1170812	MARTIN CHRISTELLE	1981	ESCUALOS	47.78	M 25	2023-05-07	Santa Isabel		6
6	1236743	RIVAS RODRIGUEZ LUCIA	1979	NCORUÑA	48.31	M 25	2023-05-06	J. GÓMEZ NOYA		5
7	1144598	OLMO VAQUEIRO LETICIA	1981	NPONTEA	53.93	M 25	2023-05-07	ÁLVARO PINO		4
8	1224727	AMOR BARBEITO SONIA	1979	CNORDES	1:03.44	M 25	2023-05-07	Santa Isabel		3
45+										
1	1143813	REGUEIRA MARTINEZ MARIA J.	1975	HERCULES	45.25	M 25	2023-05-06	J. GÓMEZ NOYA		13

2	1222316	GIL VILLARINO MARTA	1977	HERCULES	48.96	M 25	2023-05-06	J. GÓMEZ NOYA	10
3	1224731	RIVEIRA CAAMAÑO REBECA	1977	CNORDES	50.85	M 25	2023-05-07	Santa Isabel	8
50+									
1	1058998	MUTILBA OBREGON NURIA	1969	NPONTEA	41.75	M 25	2023-05-07	ÁLVARO PINO	13
2	1075503	DE LA MONTAÑA ALCANTARA GLORIA	1973	RSDH	45.81	M 25	2023-05-06	J. GÓMEZ NOYA	10
3	1127346	SOBRINO EIRIZ MARIA DEL VALLE	1972	NPONTEA	51.29	M 25	2023-05-07	ÁLVARO PINO	8
4	1207084	MAZAIRA CASTRO CARMEN	1973	ESCUALOS	56.81	M 25	2023-05-07	Santa Isabel	7
5	1199642	GARNACHO GAYARRE NURIA	1969	CASINOC	1:01.71	M 25	2023-05-06	J. GÓMEZ NOYA	6
55+									
1	1086162	BARJA BARJA LILIANA	1965	CTRAVIE	51.02	M 25	2023-05-07	ÁLVARO PINO	13
60+									
1	1127105	PEREIRA ALONSO ISABEL	1961	ADFOGAR	49.03	M 25	2023-05-07	Santa Isabel	13
70+									
1	1076490	GONZALEZ-ALEGRE BURGUEÑO A.M.	1952	CTRAVIE	59.08	M 25	2023-05-07	ÁLVARO PINO	13

4. 50 m Bolboreta Masculino

20+										
1	1130804	CASTRO RODRIGUEZ FRANCISCO	2000	GALAICO	28.87	M 25	2023-05-07	Santa Isabel	13	
2	1230348	GONZALEZ ALONSO ALEJANDRO	2002	NPONTEA	43.73	M 25	2023-05-07	ÁLVARO PINO	10	
25+										
1	1037180	CARRERA COSTAS MARTIN	1996	NPONTEA	30.76	M 25	2023-05-07	ÁLVARO PINO	13	
2	1144045	FERREÑO COMESAÑA CRISTIAN	1996	RBAIXAS	35.65	M 25	2023-05-07	ÁLVARO PINO	10	
30+										
1	1076267	TRIGO CASTRO CARLOS	1993	GALAICO	28.50	M 25	2023-05-07	Santa Isabel	13	
2	1078909	RODRIGUEZ BALIÑA MAURO	1990	NPONTEA	37.57	M 25	2023-05-07	ÁLVARO PINO	10	
3	1076271	NOVALES BLANCO XABIER	1991	RBAIXAS	40.71	M 25	2023-05-07	ÁLVARO PINO	8	
35+										
1	1203519	KRUGLOV MYKOLA	1985	ESCUALOS	31.53	M 25	2023-05-07	Santa Isabel	13	
2	1191119	CAO LAGO PABLO	1987	RBAIXAS	32.85	M 25	2023-05-07	ÁLVARO PINO	10	
3	1230338	MUIÑO REY DANIEL	1984	CNFERRO	33.30	M 25	2023-05-06	J. GÓMEZ NOYA	8	
4	1041444	FERNANDEZ VARELA PABLO J.	1984	ADFOGAR	33.36	M 25	2023-05-07	Santa Isabel	7	
5	1218108	IGLESIAS LAPIDO MIGUEL	1985	CFVLUGO	36.29	M 25	2023-05-07	Santa Isabel	6	
6	1226234	COTELO SENANDE ALBERTO	1988	ADFOGAR	38.65	M 25	2023-05-07	Santa Isabel	5	
7	1217936	PASCUAL DE PEDRO JORGE	1986	NPONTEA	39.75	M 25	2023-05-07	ÁLVARO PINO	4	
40+										
1	1224733	ARANGO GAYAR SAUL	1980	RBAIXAS	34.50	M 25	2023-05-07	ÁLVARO PINO	13	
2	1093448	VAZQUEZ ESMORIS PABLO	1979	ADFOGAR	36.35	M 25	2023-05-07	Santa Isabel	10	
3	1190909	CARBALLA BARROSO R.M.	1981	GALAICO	38.38	M 25	2023-05-07	Santa Isabel	8	
4	1144946	RODRIGUEZ GARCIA JOSE BERNARDO	1983	RBAIXAS	41.48	M 25	2023-05-07	ÁLVARO PINO	7	
5	1076282	CARRERA COSTAS ANDRES	1982	NPONTEA	42.05	M 25	2023-05-07	ÁLVARO PINO	6	
45+										
1	1143601	NOGUEIRA-PINTO CRESPO HUGO	1978	ESCUALOS	32.69	M 25	2023-05-07	Santa Isabel	13	
2	1175127	MASSO AGUADO JORGE	1976	RBAIXAS	33.92	M 25	2023-05-07	ÁLVARO PINO	10	
3	1143480	ABADES REBOREDO DANIEL	1978	HERCULES	34.08	M 25	2023-05-06	J. GÓMEZ NOYA	8	
4	1145005	FERNANDEZ IGLESIAS EMILIO J.	1977	NPONTEA	37.04	M 25	2023-05-07	ÁLVARO PINO	7	
5	1143662	BALSA MOSQUERA PABLO	1978	CMARINA	37.62	M 25	2023-05-06	J. GÓMEZ NOYA	6	
6	1201621	ALONSO ORTIZ MARIANO	1976	CFVLUGO	38.68	M 25	2023-05-07	Santa Isabel	5	
7	1192271	MOURIÑO FORTES VICTOR MANUEL	1977	NPONTEA	39.71	M 25	2023-05-07	ÁLVARO PINO	4	
8	1076535	DE LUIS GONZÁLEZ AITOR	1974	RCNVIGO	41.60	M 25	2023-05-07	ÁLVARO PINO	3	
9	1197558	FERNANDEZ FERNANDEZ MIGUEL ANG	1977	RBAIXAS	52.12	M 25	2023-05-07	ÁLVARO PINO	2	
10	1235958	BRIOSO DÍAZ MANUEL	1977	CNREDON	57.51	M 25	2023-05-07	ÁLVARO PINO	1	

50+										
1	1144601	PUENTE DÍAZ JAVIER	1971	CIDSANTI	37.00	M 25	2023-05-07	Santa Isabel		13
2	1141356	GENDE DIAZ JUAN F.	1970	ADFOGAR	39.33	M 25	2023-05-07	Santa Isabel		10
3	1171462	FERREIRO SEOANE JOSE RAUL	1973	RBAIXAS	43.68	M 25	2023-05-07	ÁLVARO PINO		8
4	1180239	MARTÍNEZ LEMA JOSÉ ANTONIO	1972	TRICORUÑ	44.78	M 25	2023-05-06	J. GÓMEZ NOYA		7
5	1146902	PEREIRO LOPEZ-QUECUTY SIMON	1973	RBAIXAS	49.40	M 25	2023-05-07	ÁLVARO PINO		6
6	1145039	FERREIRO SANCHEZ LUIS	1970	POURENSE	53.47	M 25	2023-05-07	Santa Isabel		5
55+										
1	1143575	FERREIRA GONZALEZ XOSE ANXO	1966	CNREDON	38.95	M 25	2023-05-07	ÁLVARO PINO		13
2	1144788	BEREA RUIZ MANUEL	1964	HERCULES	43.22	M 25	2023-05-06	J. GÓMEZ NOYA		10
3	1106829	RODRIGUEZ FERNANDEZ F.X.	1964	ADFOGAR	51.08	M 25	2023-05-07	Santa Isabel		8
60+										
1	1076173	FERNANDEZ NUÑEZ SANTIAGO	1963	ESCUALOS	31.82	M 25	2023-05-07	Santa Isabel		13
2	1076250	BETHENCOURT IGLESIAS SERGIO	1963	GALAICO	37.00	M 25	2023-05-07	Santa Isabel		10
3	1076279	SIO LOURIDO J. SALVADOR	1961	CNMOS	37.67	M 25	2023-05-07	ÁLVARO PINO		8
4	1040281	MARTINEZ BERJANO JOSE MANUEL	1963	MOLEMOS	46.32	M 25	2023-05-07	ÁLVARO PINO		7
5	1079361	RODRIGUEZ GOMEZ EMILIO	1961	NPONTEA	48.37	M 25	2023-05-07	ÁLVARO PINO		6
6	1075589	SANCHEZ VAZQUEZ JESUS	1962	POR-MIÑA	50.24	M 25	2023-05-07	Santa Isabel		5
65+										
1	1191492	TIMIRAOS CARRASCO LUIS	1956	POURENSE	1:34.89	M 25	2023-05-07	Santa Isabel		13

5. 200 m Estilos Feminino

20+										
1	1037951	SOILAN FERNANDEZ RAQUEL	2001	CFVLUGO	2:54.78	M 25	2023-05-07	Santa Isabel	13	50M: 34.64
2	1194207	VALIÑO FERRAZ TATYANA	2003	NPONTEA	3:13.17	M 25	2023-05-07	ÁLVARO PINO	10	50M: 46.10
3	1203517	CABALEIRO FREIRIA LARA	2001	NPONTEA	3:32.46	M 25	2023-05-07	ÁLVARO PINO	8	50M: 48.14
25+										
1	1145008	GONZALEZ PEREZ PAULA	1996	NPONTEA	3:35.85	M 25	2023-05-07	ÁLVARO PINO	13	50M: 50.75
30+										
1	1093459	FRANCO CAL ALBA	1991	CFVLUGO	2:30.61	M 25	2023-05-07	Santa Isabel	13	50M: 30.77
2	1040731	GESTO ALONSO CLARISA	1989	NPONTEA	3:17.58	M 25	2023-05-07	ÁLVARO PINO	10	50M: 41.90
35+										
1	1203741	QUEREDA RODRÍGUEZ ALMUDENA	1985	CNLICEO	3:16.81	M 25	2023-05-06	J. GÓMEZ NOYA	13	50M: 43.95
40+										
1	1143598	MIRA VAZQUEZ MARTA	1981	ESCUALOS	3:17.69	M 25	2023-05-07	Santa Isabel	13	50M: 47.27
2	1180232	FKEOUI OMARI SALMA	1982	ESCUALOS	3:17.71	M 25	2023-05-07	Santa Isabel	10	50M: 44.90
3	1146893	PRADO FRANCO MARTA E.	1979	RBAIXAS	3:20.77	M 25	2023-05-07	ÁLVARO PINO	8	50M: 47.49
4	1237395	VILARIÑO CACHO ELVIRA	1981	SALESTRA	3:32.72	M 25	2023-05-07	Santa Isabel	7	50M: 52.18
45+										
1	1143894	DE LORENZO FERNANDEZ MARIA	1978	ESCUALOS	3:21.65	M 25	2023-05-07	Santa Isabel	13	50M: 48.90
2	1143813	REGUEIRA MARTINEZ MARIA J.	1975	HERCULES	3:28.63	M 25	2023-05-06	J. GÓMEZ NOYA	10	50M: 47.96
3	1172138	ROIG SANCHEZ BLANCA ANA	1974	RBAIXAS	3:31.55	M 25	2023-05-07	ÁLVARO PINO	8	50M: 47.39
4	1178775	COVELO SAAVEDRA NAHIR	1978	NPONTEA	3:33.36	M 25	2023-05-07	ÁLVARO PINO	7	

50M: 49.68

5	1214850	CORCOBA CARBIA RAQUEL	1977	SALESTRA	3:34.57	M 25	2023-05-07	Santa Isabel	6
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50M: 52.40

6	1180238	GARCÍA SEOANE CRISTINA MARÍA	1975	CASINOC	3:49.78	M 25	2023-05-06	J. GÓMEZ NOYA	5
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50M: 46.23

7	1040944	VARELA REDONDO VERONICA	1975	NPONTEA	4:00.37	M 25	2023-05-07	ÁLVARO PINO	4
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50M: 58.78

50+

1	1144710	RODRIGUEZ VAZQUEZ MARIA TERESA	1972	POURENSE	4:17.28	M 25	2023-05-07	Santa Isabel	13
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50M: 1:01.77

2	1171721	VAZQUEZ ALONSO PATRICIA	1969	NPONTEA	5:18.83	M 25	2023-05-07	ÁLVARO PINO	10
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50M: 1:13.17

3	1145007	MELON PARENTE M. LOURDES	1969	NPONTEA	5:37.88	M 25	2023-05-07	ÁLVARO PINO	8
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50M: 1:21.72

55+

1	1147048	REGUEIRO RODRIGUEZ ANA	1966	RBAIXAS	3:44.10	M 25	2023-05-07	ÁLVARO PINO	13
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50M: 53.71

2	1076506	MARTY PAZOS MARIA VICTORIA	1965	CTRAVIE	4:15.10	M 25	2023-05-07	ÁLVARO PINO	10
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50M: 1:03.19

60+

1	1214851	SÁNCHEZ CEBRIÁN OLGA	1962	TRICORUÑ	3:42.71	M 25	2023-05-06	J. GÓMEZ NOYA	13
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50M: 48.06

6. 200 m Estilos Masculino

20+										
1	1068314	MARTINEZ MARTINEZ MARCOS	2003	NPONTEA	2:21.42	M 25	2023-05-07	ÁLVARO PINO	13	50M: 29.90
2	1130804	CASTRO RODRIGUEZ FRANCISCO	2000	GALAICO	2:32.03	M 25	2023-05-07	Santa Isabel	10	50M: 29.96
25+										
1	1093458	MUIÑO ALONSO ANTON	1994	NCORUÑA	2:32.69	M 25	2023-05-06	J. GÓMEZ NOYA	13	50M: 29.80
2	1038178	IBAÑEZ CARRERA MANUEL GABRIEL	1996	NPONTEA	2:36.90	M 25	2023-05-07	ÁLVARO PINO	10	50M: 32.22
3	1038356	AZNAR GRILLE CARLOS JAVIER	1995	CMARINA	2:45.13	M 25	2023-05-06	J. GÓMEZ NOYA	8	50M: 38.97
4	1216460	FRANCISCO MACÍAS SIMÓN	1996	POURENSE	3:28.16	M 25	2023-05-07	Santa Isabel	7	50M: 40.24
35+										
1	1089000	TABOADA VILA ALBERTO	1987	POURENSE	2:21.25	M 25	2023-05-07	Santa Isabel	13	50M: 29.58
2	1076287	PAZOS ALONSO JOSUE	1986	ESCUALOS	2:41.72	M 25	2023-05-07	Santa Isabel	10	50M: 35.68
3	1199549	MARTINEZ DOPAZO DAVID	1987	GALAICO	2:45.53	M 25	2023-05-07	Santa Isabel	8	50M: 36.21
4	1086708	ABUIN ARES MANUEL	1987	CIDSANTI	2:51.04	M 25	2023-05-07	Santa Isabel	7	50M: 36.82
40+										
1	1141151	CALLE FACAL TELMO	1983	GALAICO	2:26.95	M 25	2023-05-07	Santa Isabel	13	50M: 30.71
2	1107942	GARCIA RODRIGUEZ SERGIO	1981	RBAIXAS	2:35.89	M 25	2023-05-07	ÁLVARO PINO	10	50M: 34.31
3	1076564	CABANELAS EIRAS PABLO	1979	CIDSANTI	2:56.52	M 25	2023-05-07	Santa Isabel	8	50M: 37.89
4	1144584	ALVAREZ SILVA RUBEN	1981	ESCUALOS	3:04.06	M 25	2023-05-07	Santa Isabel	7	50M: 42.40
5	1180237	FOUZ ROUCO RUBÉN	1979	HERCULES	3:05.29	M 25	2023-05-06	J. GÓMEZ NOYA	6	50M: 38.45
6	1215947	VAZQUEZ PEREZ LUIS FERNANDO	1979	CULLERED	3:38.40	M 25	2023-05-06	J. GÓMEZ NOYA	5	50M: 47.15
7	1200126	TABOADA CALVELO JOSE CARLOS	1979	SALESTRA	3:51.71	M 25	2023-05-07	Santa Isabel	4	

50M: 50.92

8	1039360	POSE MATO CESAR	1983	ADFOGAR	4:30.21	M 25	2023-05-07	Santa Isabel	3
		50M: 1:08.21							

45+

1	1079343	MOURIÑO ORTIGUERA ROBERTO C.	1974	NPONTEA	2:53.73	M 25	2023-05-07	ÁLVARO PINO	13
		50M: 34.70							
2	1224729	FERNADEZ BARREIROS CLAUDIO	1975	CNORDES	3:13.69	M 25	2023-05-07	Santa Isabel	10
		50M: 41.89							
3	1076553	FERNANDEZ-TESTA BARREIRO DAVID	1974	RBAIXAS	3:16.51	M 25	2023-05-07	ÁLVARO PINO	8
		50M: 45.68							
4	1145005	FERNANDEZ IGLESIAS EMILIO J.	1977	NPONTEA	3:22.70	M 25	2023-05-07	ÁLVARO PINO	7
		50M: 44.17							

50+

1	1180192	SAAVEDRA GONZÁLEZ RAUL	1973	HERCULES	2:49.13	M 25	2023-05-06	J. GÓMEZ NOYA	13
		50M: 33.95							
2	1144117	PREGO MARTINEZ BENJAMIN	1973	NPONTEA	3:09.12	M 25	2023-05-07	ÁLVARO PINO	10
		50M: 42.85							
3	1141504	BOUSO FUENTECILLA FERNANDO	1971	ESCUALOS	3:19.49	M 25	2023-05-07	Santa Isabel	8
		50M: 45.18							
4	1141071	LORENZO FERNANDEZ JOSE MANUEL	1972	RBAIXAS	3:28.61	M 25	2023-05-07	ÁLVARO PINO	7
		50M: 42.65							
5	1078814	CANOSA RODRIGUEZ ALFONSO J.	1971	ADFOGAR	3:31.05	M 25	2023-05-07	Santa Isabel	6
		50M: 45.09							

55+

1	1232926	TAPIA PORTO ENRIQUE	1965	NCORUÑA	2:50.29	M 25	2023-05-06	J. GÓMEZ NOYA	13
		50M: 34.11							
2	1037161	TOME NOGUEIRA ALBERTO M.	1968	ADFOGAR	3:20.25	M 25	2023-05-07	Santa Isabel	10
		50M: 43.21							
3	1180234	SÁNCHEZ SECO MANUEL	1968	ESCUALOS	3:21.85	M 25	2023-05-07	Santa Isabel	8
		50M: 45.87							
4	1145033	PIÑEIRO PEREZ ARMANDO	1966	NPONTEA	3:36.34	M 25	2023-05-07	ÁLVARO PINO	7
		50M: 49.58							
5	1193949	LAMELO OTERO RAMÓN JESUS	1968	CIDSANTI	4:00.56	M 25	2023-05-07	Santa Isabel	6
		50M: 53.39							
6	1106828	TRILLO CARLIN JOSE FDO.	1968	ADFOGAR	4:09.96	M 25	2023-05-07	Santa Isabel	5
		50M: 1:01.30							
7	1106829	RODRIGUEZ FERNANDEZ F.X.	1964	ADFOGAR	4:13.58	M 25	2023-05-07	Santa Isabel	4
		50M: 56.36							
8	1180249	SUAREZ FREIRE DAVID MANUEL	1968	RBAIXAS	4:33.50	M 25	2023-05-07	ÁLVARO PINO	3
		50M: 1:04.46							

60+

1	1078596	LOIS PEREZ ANTONIO	1961	NCORUÑA	3:09.61	M 25	2023-05-06	J. GÓMEZ NOYA	13
		50M: 41.09							
2	1075185	YAÑEZ WONENBURGER J. CARLOS	1959	HERCULES	3:20.61	M 25	2023-05-06	J. GÓMEZ NOYA	10
		50M: 45.17							
3	1170858	CODESIDO LOPEZ JOSÉ	1959	CIDSANTI	3:50.77	M 25	2023-05-07	Santa Isabel	8
		50M: 46.76							

7. 100 m Costas Feminino

20+										
1	1228009	SOUTIÑO RAMIREZ CARMEN VICTORI	2001	POR-MIÑA	1:19.55	M 25	2023-05-07	Santa Isabel	13	50E: 36.93
2	1212510	NOVOA VAZQUEZ EVA	2000	CMARINA	2:08.21	M 25	2023-05-06	J. GÓMEZ NOYA	10	50E: 1:00.34
25+										
1	1115615	PASCUAL GUTIERREZ MARIA TERESA	1998	HERCULES	1:13.53	M 25	2023-05-06	J. GÓMEZ NOYA	13	50E: 35.84
2	1178773	CHAMADOIRA DOMÍNGUEZ JENNIFER	1994	NPONTEA	1:16.38	M 25	2023-05-07	ÁLVARO PINO	10	50E: 36.91
3	1221887	CARRERA PEREZ CAROLINA	1994	CNMOS	1:35.12	M 25	2023-05-07	ÁLVARO PINO	8	50E: 47.22
4	1236853	GARCIA SANCHEZ FRANCIS MARIAM	1994	NPONTEA	1:54.50	M 25	2023-05-07	ÁLVARO PINO	7	50E: 55.14
30+										
1	1040545	POMBO LOPEZ BELEN	1992	CFVLUGO	1:22.81	M 25	2023-05-07	Santa Isabel	13	50E: 40.64
2	1040457	FREIJO LÓPEZ LUCÍA	1992	NCORUÑA	1:29.28	M 25	2023-05-06	J. GÓMEZ NOYA	10	50E: 43.03
3	1129954	GONZALEZ GARCIA COVADONGA	1989	GALAICO	1:59.37	M 25	2023-05-07	Santa Isabel	8	50E: 59.60
35+										
1	1144894	VINAGRE SENDINO CORA	1988	CASINOC	1:22.61	M 25	2023-05-06	J. GÓMEZ NOYA	13	50E: 39.28
2	1144948	GONZALEZ PEREZ JESSICA	1987	RBAIXAS	1:36.24	M 25	2023-05-07	ÁLVARO PINO	10	50E: 46.51
3	1236642	ABBATEMARCO CRISTINA	1984	SALESTRA	1:41.01	M 25	2023-05-07	Santa Isabel	8	50E: 48.33
40+										
1	1143597	SANCHEZ LEDO CIRA	1981	ESCUALOS	1:28.90	M 25	2023-05-07	Santa Isabel	13	50E: 44.71
2	1170812	MARTIN CHRISTELLE	1981	ESCUALOS	1:42.65	M 25	2023-05-07	Santa Isabel	10	50E: 50.58
3	1075224	BROZOS VAZQUEZ ELENA MARÍA	1982	CIDSANTI	2:18.74	M 25	2023-05-07	Santa Isabel	8	50E: 1:05.14

45+										
1	1144051	DIEGUEZ VARELA CARINA	1977	RBAIXAS	1:47.11	M 25	2023-05-07	ÁLVARO PINO	13	
		50E: 52.12								
2	1040944	VARELA REDONDO VERONICA	1975	NPONTEA	1:47.84	M 25	2023-05-07	ÁLVARO PINO	10	
		50E: 53.80								
3	1217442	VILLASANTE ARMAS MARIA ROSA	1975	NCORUÑA	1:55.87	M 25	2023-05-06	J. GÓMEZ NOYA	8	
		50E: 57.35								
50+										
1	1076524	SOUSA CARNEIRO ROSANA	1971	CNMOS	1:42.94	M 25	2023-05-07	ÁLVARO PINO	13	
		50E: 52.85								
2	1143584	FERNANDEZ SESTELO MARIA JOSE	1970	NPONTEA	2:35.60	M 25	2023-05-07	ÁLVARO PINO	10	
		50E: 1:15.60								
55+										
1	1038729	DEL AMO BLANCO MARGARITA	1967	NPONTEA	1:42.40	M 25	2023-05-07	ÁLVARO PINO	13	
		50E: 49.85								
2	1076506	MARTY PAZOS MARIA VICTORIA	1965	CTRAVIE	1:58.75	M 25	2023-05-07	ÁLVARO PINO	10	
		50E: 1:00.22								
3	1144231	PEREZ GALLARDO TERESA	1964	POURENSE	2:44.58	M 25	2023-05-07	Santa Isabel	8	
		50E: 1:21.33								
60+										
1	1127105	PEREIRA ALONSO ISABEL	1961	ADFOGAR	2:07.93	M 25	2023-05-07	Santa Isabel	13	
		50E: 1:03.45								
2	1143893	REBOREDA MORILLO SUSANA	1962	ESCUALOS	2:19.62	M 25	2023-05-07	Santa Isabel	10	
		50E: 1:07.64								
65+										
1	1075178	SAR MORANO DOLORES	1955	CULLERED	2:01.65	M 25	2023-05-06	J. GÓMEZ NOYA	13	
		50E: 57.70								
75+										
1	1076482	GONZALEZ RODRIGUEZ S. MARTA	1946	NPONTEA	3:31.81	M 25	2023-05-07	ÁLVARO PINO	13	
		50E: 1:40.12								
2	1143507	PEREZ DOMINGUEZ MARIA LUISA	1944	RBAIXAS	4:10.49	M 25	2023-05-07	ÁLVARO PINO	10	
		50E: 2:04.74								

8. 100 m Costas Masculino

20+										
1	1068314	MARTINEZ MARTINEZ MARCOS	2003	NPONTEA	1:04.87	M 25	2023-05-07	ÁLVARO PINO	13	50E: 31.60
25+										
1	1078908	MEILAN SANCHEZ SERGIO JOSE	1996	POR-MIÑA	1:25.33	M 25	2023-05-07	Santa Isabel	13	50E: 41.96
30+										
1	1025801	FERNANDEZ VARELA ADRIAN	1991	CFVLUGO	1:28.81	M 25	2023-05-07	Santa Isabel	13	50E: 43.36
35+										
1	1226258	BERNARDEZ FERRO JUAN JOSE	1987	GALAICO	1:16.20	M 25	2023-05-07	Santa Isabel	13	50E: 37.21
2	1143890	FORTES NOVOA MARTIÑO	1988	ESCUALOS	1:17.36	M 25	2023-05-07	Santa Isabel	10	50E: 39.08
3	1126597	FERNANDEZ GAYOSO JOSE MANUEL	1986	CNMOS	1:17.56	M 25	2023-05-07	ÁLVARO PINO	8	50E: 37.91
4	1217936	PASCUAL DE PEDRO JORGE	1986	NPONTEA	1:32.76	M 25	2023-05-07	ÁLVARO PINO	7	50E: 45.71
5	1230338	MUIÑO REY DANIEL	1984	CNFERRO	1:33.61	M 25	2023-05-06	J. GÓMEZ NOYA	6	50E: 46.01
6	1178928	FIDALGO SERRANO GUILLERMO	1986	CTRAVIE	1:34.89	M 25	2023-05-07	ÁLVARO PINO	5	50E: 47.59
7	1145090	MARTÍNEZ DOMÍNGUEZ IVÁN	1988	NPONTEA	1:37.83	M 25	2023-05-07	ÁLVARO PINO	4	50E: 48.23
40+										
1	1231535	GOMEZ MARQUEZ HUGO	1983	POURENSE	1:07.49	M 25	2023-05-07	Santa Isabel	13	50E: 33.24
2	1141151	CALLE FACAL TELMO	1983	GALAICO	1:09.12	M 25	2023-05-07	Santa Isabel	10	50E: 34.15
3	1190909	CARBALLA BARROSO R.M.	1981	GALAICO	1:24.44	M 25	2023-05-07	Santa Isabel	8	50E: 40.93
4	1143895	PADIN CHARLIN JOAQUIN	1980	ESCUALOS	1:29.65	M 25	2023-05-07	Santa Isabel	7	50E: 43.70
5	1143899	PEREZ LOPEZ MANUEL	1981	ESCUALOS	1:35.97	M 25	2023-05-07	Santa Isabel	6	50E: 47.24
6	1144181	PEREZ CARRERA ELIAS	1979	RBAIXAS	1:38.56	M 25	2023-05-07	ÁLVARO PINO	5	

50E: 48.76

7	1238132	FIDALGO SERRANO MANUEL A.	1981	CTRAVIE	1:52.44	M 25	2023-05-07	ÁLVARO PINO	4
		50E: 55.30							
8	1215947	VAZQUEZ PEREZ LUIS FERNANDO	1979	CULLERED	1:53.00	M 25	2023-05-06	J. GÓMEZ NOYA	3
		50E: 53.50							
9	1039360	POSE MATO CESAR	1983	ADFOGAR	2:10.14	M 25	2023-05-07	Santa Isabel	2
		50E: 1:03.19							

45+

1	1076560	EIRIZ DIEGUEZ DANIEL	1978	CNMOS	1:07.83	M 25	2023-05-07	ÁLVARO PINO	13
		50E: 32.95							
2	1076535	DE LUIS GONZÁLEZ AITOR	1974	RCNVIGO	1:32.60	M 25	2023-05-07	ÁLVARO PINO	10
		50E: 46.06							

50+

1	1006006	FERNANDEZ TORRES DIEGO	1972	POR-MIÑA	1:13.63	M 25	2023-05-07	Santa Isabel	13
		50E: 36.65							
2	1144601	PUENTE DÍAZ JAVIER	1971	CIDSANTI	1:22.03	M 25	2023-05-07	Santa Isabel	10
		50E: 39.96							
3	1180192	SAAVEDRA GONZÁLEZ RAUL	1973	HERCULES	1:23.90	M 25	2023-05-06	J. GÓMEZ NOYA	8
		50E: 41.28							
4	1144117	PREGO MARTINEZ BENJAMIN	1973	NPONTEA	1:34.12	M 25	2023-05-07	ÁLVARO PINO	7
		50E: 48.07							
5	1178895	CRESPO PÉREZ ALBARINO	1970	ESCUALOS	1:46.43	M 25	2023-05-07	Santa Isabel	6
		50E: 52.21							
6	1180236	DE LA VEGA GÁNDARAS FELIPE	1973	HERCULES	1:50.34	M 25	2023-05-06	J. GÓMEZ NOYA	5
		50E: 54.26							

55+

1	1141209	DE LA PAZ VIGO AGUSTIN A.	1966	CMARINA	1:23.88	M 25	2023-05-06	J. GÓMEZ NOYA	13
		50E: 41.63							
2	1037161	TOME NOGUEIRA ALBERTO M.	1968	ADFOGAR	1:36.29	M 25	2023-05-07	Santa Isabel	10
		50E: 47.70							
3	1195569	PEREZ LEIVA MANUEL	1968	RBAIXAS	1:36.99	M 25	2023-05-07	ÁLVARO PINO	8
		50E: 48.65							
4	1057905	GURIDI HUERTA JESUS M.	1968	CFVLUGO	1:46.62	M 25	2023-05-07	Santa Isabel	7
		50E: 51.83							
5	1143536	BLANCO PEREZ ANGEL	1964	POURENSE	2:06.97	M 25	2023-05-07	Santa Isabel	6
		50E: 1:05.76							
6	1106828	TRILLO CARLIN JOSE FDO.	1968	ADFOGAR	2:08.35	M 25	2023-05-07	Santa Isabel	5
		50E: 1:03.81							

60+

1	1170858	CODESIDO LOPEZ JOSÉ	1959	CIDSANTI	1:30.34	M 25	2023-05-07	Santa Isabel	13
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50E: 44.96

2	1075589	SANCHEZ VAZQUEZ JESUS	1962	POR-MIÑA	1:54.85	M 25	2023-05-07	Santa Isabel	10

50E: 54.77

65+

1	1076165	GARCIA COLOMO MANUEL RAMON	1954	POURENSE	1:44.77	M 25	2023-05-07	Santa Isabel	13

50E: 52.86

2	1191492	TIMIRAOS CARRASCO LUIS	1956	POURENSE	3:06.44	M 25	2023-05-07	Santa Isabel	10

50E: 1:31.81

70+

1	1076487	RODRIGUEZ LEMOS ANDRES J.	1949	CNMOS	1:59.61	M 25	2023-05-07	ÁLVARO PINO	13

50E: 58.67

80+

1	1143430	ARAUJO DOMINGUEZ FRANCISCO	1940	NPONTEA	3:00.12	M 25	2023-05-07	ÁLVARO PINO	13

50E: 1:27.58

9. 50 m Braza Feminino

20+										
1	1143296	EIJO GIL ANA PAULA	2003	NPONTEA	43.61	M 25	2023-05-07	ÁLVARO PINO	13	
2	1037987	MENDEZ SEIJO NEREA	1999	RBAIXAS	44.19	M 25	2023-05-07	ÁLVARO PINO	10	
3	1194207	VALIÑO FERRAZ TATYANA	2003	NPONTEA	44.77	M 25	2023-05-07	ÁLVARO PINO	8	
4	1228048	ALVAREZ SOUTO CLAUDIA	2001	ESCUALOS	45.06	M 25	2023-05-07	Santa Isabel	7	
5	1228009	SOUTIÑO RAMIREZ CARMEN VICTORI	2001	POR-MIÑA	46.25	M 25	2023-05-07	Santa Isabel	6	
6	1219491	FUENTES LORENZO CARLA	1999	CNFERRO	54.57	M 25	2023-05-06	J. GÓMEZ NOYA	5	
25+										
1	1115615	PASCUAL GUTIERREZ MARIA TERESA	1998	HERCULES	41.13	M 25	2023-05-06	J. GÓMEZ NOYA	13	
2	1079047	BALEA CASAS TANIA	1996	GALAICO	41.88	M 25	2023-05-07	Santa Isabel	10	
3	1115644	FERNÁNDEZ JUAN MARÍA	1998	CIDSANTI	43.53	M 25	2023-05-07	Santa Isabel	8	
4	1238682	BARCA PENSADO MARIA	1996	ADFOGAR	44.32	M 25	2023-05-07	Santa Isabel	7	
5	1191499	GONZALEZ MACIA ALBA	1994	MOLEMOS	46.84	M 25	2023-05-06	J. GÓMEZ NOYA	6	
6	1039299	DIAZ TOIMIL CARLA	1998	NTNARON	52.17	M 25	2023-05-06	J. GÓMEZ NOYA	5	
7	1240953	SIMOIS MORAIS YOLANDA	1994	SALESTRA	54.01	M 25	2023-05-07	Santa Isabel	4	
30+										
1	1224940	PAZOS GANDARA ANDREA	1992	NPONTEA	48.59	M 25	2023-05-07	ÁLVARO PINO	13	
2	1040731	GESTO ALONSO CLARISA	1989	NPONTEA	51.42	M 25	2023-05-07	ÁLVARO PINO	10	
3	1204918	MARTINEZ GARCIA SUSANA	1991	MOLEMOS	51.87	M 25	2023-05-06	J. GÓMEZ NOYA	8	
4	1144979	SEOANE GOMEZ ANA	1992	GALAICO	55.86	M 25	2023-05-07	Santa Isabel	7	
5	1202705	MARTINEZ BARCIELA MARIA OLGA	1990	CTRAVIE	57.31	M 25	2023-05-07	ÁLVARO PINO	6	
6	1215890	FERNANDEZ PARADA CLARA	1993	POURENSE	1:15.75	M 25	2023-05-07	Santa Isabel	5	
35+										
1	1144155	ALVAREZ COSTAS MARIA PAZ	1988	NPONTEA	43.99	M 25	2023-05-07	ÁLVARO PINO	13	
2	1144894	VINAGRE SENDINO CORA	1988	CASINOC	45.81	M 25	2023-05-06	J. GÓMEZ NOYA	10	
3	1224939	VÁZQUEZ FUENTES CINTIA	1987	MOLEMOS	47.50	M 25	2023-05-06	J. GÓMEZ NOYA	8	
4	1141313	MIRA VAZQUEZ PAULA	1986	ESCUALOS	48.56	M 25	2023-05-07	Santa Isabel	7	
40+										
1	1143598	MIRA VAZQUEZ MARTA	1981	ESCUALOS	42.72	M 25	2023-05-07	Santa Isabel	13	
2	1237395	VILARIÑO CACHO ELVIRA	1981	SALESTRA	47.88	M 25	2023-05-07	Santa Isabel	10	
3	1182364	RODRÍGUEZ RODRÍGUEZ ZELTIA	1981	NTNARON	48.46	M 25	2023-05-06	J. GÓMEZ NOYA	8	
4	1093456	RAMIREZ INSUA JULIA	1983	RSDH	53.53	M 25	2023-05-06	J. GÓMEZ NOYA	7	
5	1145082	FARIÑA SOUSA NOEMI	1983	GALAICO	56.81	M 25	2023-05-07	Santa Isabel	6	
6	1036387	VAZQUEZ PARCERO MARTA	1980	CMARINA	1:09.25	M 25	2023-05-06	J. GÓMEZ NOYA	5	
45+										

1	1178775	COVELO SAAVEDRA NAHIR	1978	NPONTEA	47.28	M 25	2023-05-07	ÁLVARO PINO	13
2	1144051	DIEGUEZ VARELA CARINA	1977	RBAIXAS	53.01	M 25	2023-05-07	ÁLVARO PINO	10
3	1222316	GIL VILLARINO MARTA	1977	HERCULES	53.73	M 25	2023-05-06	J. GÓMEZ NOYA	8
50+									
1	1058998	MUTILBA OBREGON NURIA	1969	NPONTEA	46.67	M 25	2023-05-07	ÁLVARO PINO	13
2	1075503	DE LA MONTAÑA ALCANTARA GLORIA	1973	RSDH	50.95	M 25	2023-05-06	J. GÓMEZ NOYA	10
3	1039438	RODRIGUEZ REY MARIA J.	1973	ADFOGAR	52.03	M 25	2023-05-07	Santa Isabel	8
4	1207084	MAZAIRA CASTRO CARMEN	1973	ESCUALOS	54.01	M 25	2023-05-07	Santa Isabel	7
5	1202971	PEREZ PEREZ SONIA	1972	ESCUALOS	57.16	M 25	2023-05-07	Santa Isabel	6
6	1127346	SOBRINO EIRIZ MARIA DEL VALLE	1972	NPONTEA	57.91	M 25	2023-05-07	ÁLVARO PINO	5
7	1144710	RODRIGUEZ VAZQUEZ MARIA TERESA	1972	POURENSE	1:00.00	M 25	2023-05-07	Santa Isabel	4
55+									
1	1187918	FERNÁNDEZ ARRIZABALO MARÍA	1966	CTRAVIE	49.73	M 25	2023-05-07	ÁLVARO PINO	13
2	1038729	DEL AMO BLANCO MARGARITA	1967	NPONTEA	50.49	M 25	2023-05-07	ÁLVARO PINO	10
3	1086162	BARJA BARJA LILIANA	1965	CTRAVIE	50.87	M 25	2023-05-07	ÁLVARO PINO	8
4	1076253	MIGUEZ DE LA SIERRA ANGELES	1966	GALAICO	1:04.26	M 25	2023-05-07	Santa Isabel	7
60+									
1	1214851	SÁNCHEZ CEBRIÁN OLGA	1962	TRICORUÑ	53.48	M 25	2023-05-06	J. GÓMEZ NOYA	13
2	1143893	REBOREDA MORILLO SUSANA	1962	ESCUALOS	57.70	M 25	2023-05-07	Santa Isabel	10
3	1217937	RODRÍGUEZ TRONCOSO MARINA	1959	NPONTEA	1:03.61	M 25	2023-05-07	ÁLVARO PINO	8
4	1212074	LOPEZ BLANCO Mº ISABEL	1963	CULLERED	1:03.71	M 25	2023-05-06	J. GÓMEZ NOYA	7
65+									
1	1075178	SAR MORANO DOLORES	1955	CULLERED	58.41	M 25	2023-05-06	J. GÓMEZ NOYA	13
2	1076494	SUEIRO COSTAS Mª CARMEN	1956	NPONTEA	1:36.84	M 25	2023-05-07	ÁLVARO PINO	10
80+									
1	1178774	CHANTADA GÓMEZ M. DEL CARMEN	1943	NPONTEA	2:35.55	M 25	2023-05-07	ÁLVARO PINO	13

10. 50 m Braza Masculino

20+										
1	1092303	MEIJIDE GIADAS DIEGO	2000	CIDSANTI	34.88	M 25	2023-05-07	Santa Isabel		13
2	1144927	SUAREZ RIPOLL XIAN	2003	CIDSANTI	35.10	M 25	2023-05-07	Santa Isabel		10
25+										
1	1038356	AZNAR GRILLE CARLOS JAVIER	1995	CMARINA	35.37	M 25	2023-05-06	J. GÓMEZ NOYA		13
2	1038178	IBAÑEZ CARRERA MANUEL GABRIEL	1996	NPONTEA	40.07	M 25	2023-05-07	ÁLVARO PINO		10
3	1216460	FRANCISCO MACÍAS SIMÓN	1996	POURENSE	40.35	M 25	2023-05-07	Santa Isabel		8
30+										
1	1076267	TRIGO CASTRO CARLOS	1993	GALAICO	33.59	M 25	2023-05-07	Santa Isabel		13
2	1174868	BRION FERNANDEZ MANUEL JOAQUIN	1992	CIDSANTI	41.87	M 25	2023-05-07	Santa Isabel		10
3	1222771	LAGO GONZALEZ IVAN	1993	NPONTEA	57.68	M 25	2023-05-07	ÁLVARO PINO		8
35+										
1	1089000	TABOADA VILA ALBERTO	1987	POURENSE	31.25	M 25	2023-05-07	Santa Isabel		13
2	1143890	FORTES NOVOA MARTIÑO	1988	ESCUALOS	35.13	M 25	2023-05-07	Santa Isabel		10
3	1143515	BLANCO PEREZ JESUS	1986	NTNARON	35.76	M 25	2023-05-06	J. GÓMEZ NOYA		8
4	1076287	PAZOS ALONSO JOSUE	1986	ESCUALOS	35.81	M 25	2023-05-07	Santa Isabel		7
5	1136629	FIGUEIRA DOMINGUEZ J.G.	1988	RBAIXAS	36.10	M 25	2023-05-07	ÁLVARO PINO		6
6	1191119	CAO LAGO PABLO	1987	RBAIXAS	36.38	M 25	2023-05-07	ÁLVARO PINO		5
7	1218108	IGLESIAS LAPIDO MIGUEL	1985	CFVLUGO	38.66	M 25	2023-05-07	Santa Isabel		4
8	1203519	KRUGLOV MYKOLA	1985	ESCUALOS	39.18	M 25	2023-05-07	Santa Isabel		3
9	1023057	PEREZ VAZQUEZ TELMO	1988	CMARINA	40.60	M 25	2023-05-06	J. GÓMEZ NOYA		2
10	1170846	PRESA PRESA SANTIAGO	1988	GALAICO	44.62	M 25	2023-05-07	Santa Isabel		1
11	1204315	TORRES FRAILE EMILIO	1984	MOLEMS	46.35	M 25	2023-05-07	ÁLVARO PINO		0
40+										
1	1107942	GARCIA RODRIGUEZ SERGIO	1981	RBAIXAS	35.40	M 25	2023-05-07	ÁLVARO PINO		13
2	1143895	PADIN CHARLIN JOAQUIN	1980	ESCUALOS	41.19	M 25	2023-05-07	Santa Isabel		10
3	1220977	MIGUELEZ FERNANDEZ BRUNO	1980	RBAIXAS	42.47	M 25	2023-05-07	ÁLVARO PINO		8
4	1076282	CARRERA COSTAS ANDRES	1982	NPONTEA	42.95	M 25	2023-05-07	ÁLVARO PINO		7
5	1085888	CAMIÑA MARTINEZ OSCAR	1980	GALAICO	43.96	M 25	2023-05-07	Santa Isabel		6
6	1238677	MARIÑO GONZALEZ RAMÓN	1980	POURENSE	44.28	M 25	2023-05-07	Santa Isabel		5
7	1076542	GONZALEZ CONDE RODRIGO	1982	NPONTEA	44.48	M 25	2023-05-07	ÁLVARO PINO		4
8	1144946	RODRIGUEZ GARCIA JOSE BERNARDO	1983	RBAIXAS	45.63	M 25	2023-05-07	ÁLVARO PINO		3
45+										
1	1143601	NOGUEIRA-PINTO CRESPO HUGO	1978	ESCUALOS	33.84	M 25	2023-05-07	Santa Isabel		13
2	1076560	EIRIZ DIEGUEZ DANIEL	1978	CNMOS	35.48	M 25	2023-05-07	ÁLVARO PINO		10

3	1231581	RODRÍGUEZ SALGADO MANUEL	1975	CIDSANTI	36.56	M 25	2023-05-07	Santa Isabel	8
4	1224728	CARBALLIDO MOSQUERA OSCAR	1978	CNORDES	41.96	M 25	2023-05-07	Santa Isabel	7
5	1201621	ALONSO ORTIZ MARIANO	1976	CFVLUGO	42.17	M 25	2023-05-07	Santa Isabel	6
6	1145058	VALCUENDE RODRIGUEZ J.M.	1976	HERCULES	42.84	M 25	2023-05-06	J. GÓMEZ NOYA	5
7	1078844	FERNÁNDEZ FERNÁNDEZ JOSÉ LUIS	1974	CIDSANTI	48.21	M 25	2023-05-07	Santa Isabel	4
50+									
1	1141504	BOUSO FUENTECILLA FERNANDO	1971	ESCUALOS	41.64	M 25	2023-05-07	Santa Isabel	13
2	1178895	CRESPO PÉREZ ALBARINO	1970	ESCUALOS	42.20	M 25	2023-05-07	Santa Isabel	10
3	1079474	MANDADO RODRIGUEZ ENRIQUE	1972	HERCULES	42.57	M 25	2023-05-06	J. GÓMEZ NOYA	8
4	1180239	MARTÍNEZ LEMA JOSÉ ANTONIO	1972	TRICORUÑ	43.84	M 25	2023-05-06	J. GÓMEZ NOYA	7
5	1141356	GENDE DIAZ JUAN F.	1970	ADFOGAR	44.43	M 25	2023-05-07	Santa Isabel	6
6	1230361	VERDE LEBORANS JOSÉ	1973	CIDSANTI	47.90	M 25	2023-05-07	Santa Isabel	5
7	1078814	CANOSA RODRIGUEZ ALFONSO J.	1971	ADFOGAR	48.44	M 25	2023-05-07	Santa Isabel	4
8	1145039	FERREIRO SANCHEZ LUIS	1970	POURENSE	54.34	M 25	2023-05-07	Santa Isabel	3
55+									
1	1143661	TOURIÑO GONZALEZ VICTOR M.	1968	CMARINA	35.98	M 25	2023-05-06	J. GÓMEZ NOYA	13
2	1180234	SÁNCHEZ SECO MANUEL	1968	ESCUALOS	43.78	M 25	2023-05-07	Santa Isabel	10
3	1145033	PIÑEIRO PEREZ ARMANDO	1966	NPONTEA	50.45	M 25	2023-05-07	ÁLVARO PINO	8
60+									
1	1076279	SIO LOURIDO J. SALVADOR	1961	CNMOS	40.59	M 25	2023-05-07	ÁLVARO PINO	13
2	1076173	FERNANDEZ NUÑEZ SANTIAGO	1963	ESCUALOS	40.64	M 25	2023-05-07	Santa Isabel	10
3	1174449	FERNANDEZ ARRUTI JOSE ANGEL	1959	CIDSANTI	40.87	M 25	2023-05-07	Santa Isabel	8
4	1079361	RODRIGUEZ GOMEZ EMILIO	1961	NPONTEA	47.60	M 25	2023-05-07	ÁLVARO PINO	7
5	1144940	HERNANZ MORAL FAUSTO	1962	RBAIXAS	53.11	M 25	2023-05-07	ÁLVARO PINO	6
6	1076514	LAGO REY JOSE MANUEL	1963	RBAIXAS	1:23.16	M 25	2023-05-07	ÁLVARO PINO	5
65+									
1	1076168	GARCIA COLOMO CARLOS LUIS	1958	POURENSE	40.65	M 25	2023-05-07	Santa Isabel	13
2	1222391	AREA PEREIRA JOSE MANUEL	1957	GALAICO	1:12.55	M 25	2023-05-07	Santa Isabel	10
70+									
1	1076487	RODRIGUEZ LEMOS ANDRES J.	1949	CNMOS	51.58	M 25	2023-05-07	ÁLVARO PINO	13
2	1076488	MONROY FERNÁNDEZ MANUEL	1950	NPONTEA	58.92	M 25	2023-05-07	ÁLVARO PINO	10
80+									
1	1143430	ARAUJO DOMINGUEZ FRANCISCO	1940	NPONTEA	1:19.86	M 25	2023-05-07	ÁLVARO PINO	13

11. 4x50 m Libre Feminino

+80									
1	C. N. PONTEAREAS	NPONTEA	2:25.36	M 25	2023-05-07	ÁLVARO PINO	26		
	VICENTE RODRIGUEZ ANDREA (2002)	50L: 37.40							
	EIJO GIL ANA PAULA (2003)								
	VALIÑO FERRAZ TATYANA (2003)								
	CABALEIRO FREIRIA LARA (2001)								
+100									
1	C. N. PONTEAREAS	NPONTEA	2:27.62	M 25	2023-05-07	ÁLVARO PINO	26		
	CHAMADOIRA DOMÍNGUEZ JENNIFER (1994)	50L: 29.58							
	PAZOS GANDARA ANDREA (1992)								
	GONZALEZ PEREZ PAULA (1996)								
	GARCIA SANCHEZ FRANCIS MARIAM (1994)								
+120									
1	C. N. GALAICO	GALAICO	2:26.08	M 25	2023-05-07	Santa Isabel	26		
	GARCIA MIGUEZ ROSALIA (1998)	50L: 31.18							
	GONZALEZ GARCIA COVADONGA (1989)								
	FARIÑA SOUSA NOEMI (1983)								
	BALEA CASAS TANIA (1996)								
2	C. N. MONFORTE DE LEMOS	MOLEMOS	2:29.39	M 25	2023-05-06	J. GÓMEZ NOYA	20		
	RODRIGUEZ GONZÁLEZ RAQUEL (1993)	50L: 35.76							
	MARTINEZ GARCIA SUSANA (1991)								
	VÁZQUEZ FUENTES CINTIA (1987)								
	GONZALEZ MACIA ALBA (1994)								
+160									
1	C. N. PONTEAREAS	NPONTEA	2:17.60	M 25	2023-05-07	ÁLVARO PINO	26		
	GESTO ALONSO CLARISA (1989)	50L: 33.52							
	ALVAREZ COSTAS MARIA PAZ (1988)								
	MUTILBA OBREGON NURIA (1969)								
	VARELA REDONDO VERONICA (1975)								
2	C. N. ESCUALOS	ESCUALOS	2:26.08	M 25	2023-05-07	Santa Isabel	20		
	MIRA VAZQUEZ MARTA (1981)	50L: 36.73							
	MIRA VAZQUEZ PAULA (1986)								
	DE LORENZO FERNANDEZ MARIA (1978)								
	FKEOUI OMARI SALMA (1982)								
3	AGRUP. DEP. FOGAR	ADFOGAR	2:39.59	M 25	2023-05-07	Santa Isabel	16		
	RODRIGUEZ REY MARIA J. (1973)	50L: 38.77							
	PEREIRA ALONSO ISABEL (1961)								

	BARCA PENSADO MARIA (1996)								
	EIRIS CASTRO ANDREA (1990)								
4	SPORTING C. CASINO	CASINOC	2:41.42	M 25	2023-05-06	J. GÓMEZ NOYA	14		
	GARNACHO GAYARRE NURIA (1969)	50L: 42.71							
	GARCÍA SEOANE CRISTINA MARÍA (1975)								
	VINAGRE SENDINO CORA (1988)								
	SANCHEZ DE LLANO M. NIEVES (1992)								
5	C. N. PABELLÓN OURENSE	POURENSE	3:16.31	M 25	2023-05-07	Santa Isabel	12		
	RODRIGUEZ VAZQUEZ MARIA TERESA (1972)	50L: 46.58							
	PEREZ GALLARDO TERESA (1964)								
	GONZALEZ RODRIGUEZ MARIA (1982)								
	FERNANDEZ PARADA CLARA (1993)								
+200									
1	C. N. ESCUALOS	ESCUALOS	2:54.88	M 25	2023-05-07	Santa Isabel	26		
	MAZAIRO CASTRO CARMEN (1973)	50L: 52.84							
	REBOREDA MORILLO SUSANA (1962)								
	SANCHEZ LEDO CIRA (1981)								
	PEREZ PEREZ SONIA (1972)								
2	C. N. PONTEAREAS	NPONTEA	3:08.40	M 25	2023-05-07	ÁLVARO PINO	20		
	DEL AMO BLANCO MARGARITA (1967)	50L: 41.42							
	FERNANDEZ SESTELO MARIA JOSE (1970)								
	SOBRINO EIRIZ MARIA DEL VALLE (1972)								
	VAZQUEZ ALONSO PATRICIA (1969)								
3	C. N. VIGO RÍAS BAIXAS	RBAIXAS	4:09.39	M 25	2023-05-07	ÁLVARO PINO	16		
	PEREZ DOMINGUEZ MARIA LUISA (1944)	50L: 2:09.62							
	DIEGUEZ VARELA CARINA (1977)								
	ROIG SANCHEZ BLANCA ANA (1974)								
	REGUEIRO RODRIGUEZ ANA (1966)								
+240									
1	C. TRAVIESAS N.	CTRAVIE	2:58.49	M 25	2023-05-07	ÁLVARO PINO	26		
	GONZALEZ-ALEGRE BURGUEÑO A.M. (1952)	50L: 45.77							
	FERNÁNDEZ ARRIZABALO MARÍA (1966)								
	MARTY PAZOS MARIA VICTORIA (1965)								
	BARJA BARJA LILIANA (1965)								
+280									
1	C. N. PONTEAREAS	NPONTEA	5:07.75	M 25	2023-05-07	ÁLVARO PINO	26		
	CHANTADA GÓMEZ M. DEL CARMEN (1943)	50L: 1:40.75							
	RODRÍGUEZ TRONCOSO MARINA (1959)								
	SUEIRO COSTAS Mª CARMEN (1956)								
	GONZALEZ RODRIGUEZ S. MARTA (1946)								

12. 4x50 m Libre Masculino

+80									
1	C. N. PONTEAREAS	NPONTEA	2:33.15	M 25	2023-05-07	ÁLVARO PINO	26		
	MARTINEZ MARTINEZ MARCOS (2003)	50L: 27.53							
	GÓMEZ MÉNDEZ BORJA (2002)								
	GONZALEZ ALONSO ALEJANDRO (2002)								
	RODRIGUEZ BALIÑA MAURO (1990)								
+100									
1	C. N. PONTEAREAS	NPONTEA	2:18.87	M 25	2023-05-07	ÁLVARO PINO	26		
	CARRERA COSTAS MARTIN (1996)	50L: 28.52							
	IBAÑEZ CARRERA MANUEL GABRIEL (1996)								
	MARTÍNEZ DOMÍNGUEZ IVÁN (1988)								
	LAGO GONZALEZ IVAN (1993)								
+120									
1	C. N. GALAICO	GALAICO	1:52.04	M 25	2023-05-07	Santa Isabel	26		
	CALLE FACAL TELMO (1983)	50L: 27.32							
	MARTINEZ DOPAZO DAVID (1987)								
	BERNARDEZ FERRO JUAN JOSE (1987)								
	TRIGO CASTRO CARLOS (1993)								
2	C. DEP. N. CIDADE DE SANTIAGO	CIDSANTI	2:01.35	M 25	2023-05-07	Santa Isabel	20		
	CABANELAS EIRAS PABLO (1979)	50L: 31.27							
	RODRÍGUEZ SALGADO MANUEL (1975)								
	BRION FERNANDEZ MANUEL JOAQUIN (1992)								
	ABUIN ARES MANUEL (1987)								
3	C. N. VIGO RÍAS BAIXAS	RBAIXAS	2:02.38	M 25	2023-05-07	ÁLVARO PINO	16		
	FIGUEIRA DOMINGUEZ J.G. (1988)	50L: 31.81							
	FERREÑO COMESAÑA CRISTIAN (1996)								
	CAO LAGO PABLO (1987)								
	ARANGO GAYAR SAUL (1980)								
4	C. N. ESCUALOS	ESCUALOS	2:05.03	M 25	2023-05-07	Santa Isabel	14		
+160									
1	C. N. ESCUALOS	ESCUALOS	1:57.11	M 25	2023-05-07	Santa Isabel	26		
	PAZOS ALONSO JOSUE (1986)	50L: 28.74							
	NOGUEIRA-PINTO CRESPO HUGO (1978)								
	ALVAREZ SILVA RUBEN (1981)								
	FERNANDEZ NUÑEZ SANTIAGO (1963)								
2	C. MARINA FERROL	CMARINA	2:01.56	M 25	2023-05-06	J. GÓMEZ NOYA	20		
	AZNAR GRILLE CARLOS JAVIER (1995)	50L: 29.58							

	DE LA PAZ VIGO AGUSTIN A. (1966)							
	BALSA MOSQUERA PABLO (1978)							
	PEREZ VAZQUEZ TELMO (1988)							
3	AGRUP. DEP. FOGAR	ADFOGAR	2:03.83	M 25	2023-05-07	Santa Isabel		16
	FERNANDEZ VARELA PABLO J. (1984)	50L: 27.08						
	GENDE DIAZ JUAN F. (1970)							
	VAZQUEZ ESMORIS PABLO (1979)							
	COTELO SENANDE ALBERTO (1988)							
4	C. HÉRCULES TERMARIA	HERCULES	2:04.95	M 25	2023-05-06	J. GÓMEZ NOYA		14
	MANDADO RODRIGUEZ ENRIQUE (1972)	50L: 35.34						
	VALCUENDE RODRIGUEZ J.M. (1976)							
	ABADES REBOREDO DANIEL (1978)							
	FOUZ ROUCO RUBÉN (1979)							
5	C. N. VIGO RÍAS BAIXAS	RBAIXAS	2:06.19	M 25	2023-05-07	ÁLVARO PINO		12
	GARCIA RODRIGUEZ SERGIO (1981)	50L: 27.67						
	FERNANDEZ-TESTA BARREIRO DAVID (1974)							
	MIGUELEZ FERNANDEZ BRUNO (1980)							
	MASSO AGUADO JORGE (1976)							
6	C. N. GALAICO	GALAICO	2:10.36	M 25	2023-05-07	Santa Isabel		10
	CARBALLA BARROSO R.M. (1981)	50L: 33.70						
	PRESA PRESA SANTIAGO (1988)							
	CAMIÑA MARTINEZ OSCAR (1980)							
	BETHENCOURT IGLESIAS SERGIO (1963)							
7	C. FLUVIAL LUGO	CFVLUGO	2:10.82	M 25	2023-05-07	Santa Isabel		8
	IGLESIAS LAPIDO MIGUEL (1985)	50L: 30.37						
	ALONSO ORTIZ MARIANO (1976)							
	GURIDI HUERTA JESUS M. (1968)							
	FERNANDEZ VARELA ADRIAN (1991)							
8	C. DEP. N. CIDADE DE SANTIAGO	CIDSANTI	2:21.00	M 25	2023-05-07	Santa Isabel		6
	PUEENTE DÍAZ JAVIER (1971)	50L: 32.89						
	FERNÁNDEZ FERNÁNDEZ JOSÉ LUIS (1974)							
	LAMELO OTERO RAMÓN JESUS (1968)							
	DIEGUEZ GONZALEZ EDGAR (1987)							
9	C. N. PONTEAREAS	NPONTEA	2:35.39	M 25	2023-05-07	ÁLVARO PINO		4
	FERNANDEZ IGLESIAS EMILIO J. (1977)	50L: 34.38						
	PASCUAL DE PEDRO JORGE (1986)							
	CARRERA COSTAS ANDRES (1982)							
	GIRALDEZ VILLANUEVA IVAN (1987)							
10	C. N. PABELLÓN OURENSE	POURENSE	2:50.74	M 25	2023-05-07	Santa Isabel		2
	GOMEZ MARQUEZ HUGO (1983)	50L: 26.83						
	MARIÑO GONZALEZ RAMÓN (1980)							
	FRANCISCO MACÍAS SIMÓN (1996)							
	TIMIRAOS CARRASCO LUIS (1956)							

+200

1	C. N. CORUÑA	NCORUÑA	1:56.19	M 25	2023-05-06	J. GÓMEZ NOYA	26
	MUIÑO ALONSO ANTON (1994)	50L: 25.87					
	LOIS PEREZ ANTONIO (1961)						
	SOLLEIRO TIZON JUAN JOSE (1963)						
	TAPIA PORTO ENRIQUE (1965)						
2	C. N. MOS	CNMOS	2:11.40	M 25	2023-05-07	ÁLVARO PINO	20
	SIO LOURIDO J. SALVADOR (1961)	50L: 33.29					
	RODRIGUEZ LEMOS ANDRES J. (1949)						
	EIRIZ DIEGUEZ DANIEL (1978)						
	FERNANDEZ GAYOSO JOSE MANUEL (1986)						
3	C. N. PONTEAREAS	NPONTEA	2:14.36	M 25	2023-05-07	ÁLVARO PINO	16
	MOURIÑO ORTIGUERA ROBERTO C. (1974)	50L: 31.26					
	PREGO MARTINEZ BENJAMIN (1973)						
	MOURIÑO FORTES VICTOR MANUEL (1977)						
	PIÑEIRO PEREZ ARMANDO (1966)						
4	C. DEP. N. CIDADE DE SANTIAGO	CIDSANTI	2:27.81	M 25	2023-05-07	Santa Isabel	14
	VERDE LEBORANS JOSÉ (1973)	50L: 45.27					
	FERNANDEZ ARRUTI JOSE ANGEL (1959)						
	CODESIDO LOPEZ JOSÉ (1959)						
	REGA RECAREY MANUEL (1975)						
5	C. N. VIGO RÍAS BAIXAS	RBAIXAS	2:27.93	M 25	2023-05-07	ÁLVARO PINO	12
	PEREZ LEIVA MANUEL (1968)	50L: 38.94					
	LORENZO FERNANDEZ JOSE MANUEL (1972)						
	HERNANZ MORAL FAUSTO (1962)						
	PEREIRO LOPEZ-QUECUTY SIMON (1973)						
6	AGRUP. DEP. FOGAR	ADFOGAR	2:36.09	M 25	2023-05-07	Santa Isabel	10
	TOME NOGUEIRA ALBERTO M. (1968)	50L: 35.14					
	RODRIGUEZ FERNANDEZ F.X. (1964)						
	TRILLO CARLIN JOSE FDO. (1968)						
	CANOSA RODRIGUEZ ALFONSO J. (1971)						

+240

1	C. HÉRCULES TERMARIA	HERCULES	2:18.22	M 25	2023-05-06	J. GÓMEZ NOYA	26
	SUANZES PEREZ FERNANDO (1953)	50L: 34.25					
	YAÑEZ WONENBURGER J. CARLOS (1959)						
	BEREA RUIZ MANUEL (1964)						
	DE LA VEGA GÁNDARAS FELIPE (1973)						
2	C. N. PABELLÓN OURENSE	POURENSE	2:29.63	M 25	2023-05-07	Santa Isabel	20
	GARCIA COLOMO CARLOS LUIS (1958)	50L: 33.26					
	FERREIRO SANCHEZ LUIS (1970)						
	GARCIA COLOMO MANUEL RAMON (1954)						
	BLANCO PEREZ ANGEL (1964)						
3	C. N. PONTEAREAS	NPONTEA	3:08.82	M 25	2023-05-07	ÁLVARO PINO	16



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GONZALEZ CONDE RODRIGO (1982)

50L: 33.83

RODRIGUEZ GOMEZ EMILIO (1961)

MONROY FERNÁNDEZ MANUEL (1950)

ARAUJO DOMINGUEZ FRANCISCO (1940)