

## 1. 50 m Costas Feminino

20+										
1	1099697	CHANS FANEGO PAULA	2003	CNFERRO	33.82	M 25	2023-02-12	Santa Isabel	13	
2	1075380	SALVANTE LAGO AINHOA	2003	CNFERRO	34.40	M 25	2023-02-12	Santa Isabel	10	
3	1038179	IBAÑEZ CARRERA SARA	2001	NPONTEA	34.58	M 25	2023-02-12	ÁLVARO PINO	8	
4	1079226	CASTRO DE LA FUENTE UXIA	2003	MOLEMOS	36.73	M 25	2023-02-12	MONFORTE	7	
5	1039634	LAGO CASTILLO NATALIA	1999	NCORUÑA	37.04	M 25	2023-02-12	Santa Isabel	6	
6	1089303	ABASOLO RUEDA CLAUDIA	2000	NCORUÑA	39.16	M 25	2023-02-12	Santa Isabel	5	
7	1194207	VALIÑO FERRAZ TATYANA	2003	NPONTEA	39.77	M 25	2023-02-12	ÁLVARO PINO	4	
8	1076318	LEMONS FERNANDEZ ZAIRA	2002	NPONTEA	42.56	M 25	2023-02-12	ÁLVARO PINO	3	
9	1201604	BARBADILLO ECHEVARRIA SOFIA	1999	CMARINA	1:08.60	M 25	2023-02-12	Santa Isabel	2	
10	1222772	RODRIGUEZ-TOUBES FORRYAN IRENE	1999	NPONTEA	1:12.69	M 25	2023-02-12	ÁLVARO PINO	1	
25+										
1	1178773	CHAMADOIRA DOMÍNGUEZ JENNIFER	1994	NPONTEA	34.22	M 25	2023-02-12	ÁLVARO PINO	13	
2	1115644	FERNÁNDEZ JUAN MARÍA	1998	CIDSANTI	41.08	M 25	2023-02-12	Santa Isabel	10	
3	1221887	CARRERA PEREZ CAROLINA	1994	CNMOS	43.43	M 25	2023-02-12	ÁLVARO PINO	8	
4	1217434	CRESPO ESTEVEZ LAURA	1994	GALAICO	44.42	M 25	2023-02-12	Santa Isabel	7	
5	1191499	GONZALEZ MACIA ALBA	1994	MOLEMOS	53.41	M 25	2023-02-12	MONFORTE	6	
6	1236853	GARCIA SANCHEZ FRANCIS MARIAM	1994	NPONTEA	1:00.75	M 25	2023-02-12	ÁLVARO PINO	5	
30+										
1	1237382	MUIÑO ANDREA	1991	NCORUÑA	40.96	M 25	2023-02-12	Santa Isabel	13	
2	1230340	SANTORUM FONTAN IRIA MARTA	1992	GALAICO	41.18	M 25	2023-02-12	Santa Isabel	10	
3	1040457	FREIJO LÓPEZ LUCÍA	1992	NCORUÑA	41.50	M 25	2023-02-12	Santa Isabel	8	
4	1236745	RODRIGUEZ GONZÁLEZ RAQUEL	1993	MOLEMOS	42.50	M 25	2023-02-12	MONFORTE	7	
5	1204918	MARTINEZ GARCIA SUSANA	1991	MOLEMOS	54.16	M 25	2023-02-12	MONFORTE	6	
6	1129954	GONZALEZ GARCIA COVADONGA	1989	GALAICO	57.93	M 25	2023-02-12	Santa Isabel	5	
7	1202705	MARTINEZ BARCIELA MARIA OLGA	1990	CTRAVIE	1:09.57	M 25	2023-02-12	ÁLVARO PINO	4	
35+										
1	1212097	LOUREIRO AMOR BELEN MARTINA	1988	NTNARON	34.92	M 25	2023-02-12	Santa Isabel	13	
2	1224939	VÁZQUEZ FUENTES CINTIA	1987	MOLEMOS	38.80	M 25	2023-02-12	MONFORTE	10	
3	1075225	SOUTO DERUNGS CRISTINA	1985	CNFERRO	41.66	M 25	2023-02-12	Santa Isabel	8	
4	1146780	DURÁN VEIRAS RAQUEL	1984	ARTEIXO	42.40	M 25	2023-02-12	Santa Isabel	7	
5	1141313	MIRA VAZQUEZ PAULA	1986	ESCUALOS	45.71	M 25	2023-02-12	MONFORTE	6	
6	1093454	PINO AGUIRRE CRISTINA	1988	TRICORUÑ	45.90	M 25	2023-02-12	Santa Isabel	5	
40+										
1	1210700	ROMERO GOYANES VANESA	1982	CIDSANTI	42.22	M 25	2023-02-12	Santa Isabel	13	
2	1170812	MARTIN CHRISTELLE	1981	ESCUALOS	43.74	M 25	2023-02-12	MONFORTE	10	

3	1236743	RIVAS RODRIGUEZ LUCIA	1979	NCORUÑA	53.37	M 25	2023-02-12	Santa Isabel	8
4	1228068	VARELA BAO SORAYA	1980	TRICORUÑ	56.74	M 25	2023-02-12	Santa Isabel	7
5	1075224	BROZOS VAZQUEZ ELENA MARÍA	1982	CIDSANTI	1:02.86	M 25	2023-02-12	Santa Isabel	6
6	1036387	VAZQUEZ PARCERO MARTA	1980	CMARINA	1:04.12	M 25	2023-02-12	Santa Isabel	5
<b>45+</b>									
1	1040944	VARELA REDONDO VERONICA	1975	NPONTEA	49.70	M 25	2023-02-12	ÁLVARO PINO	13
2	1145023	SALES MANTIÑAN CARMEN	1974	CASINOC	50.02	M 25	2023-02-12	Santa Isabel	10
3	1144051	DIEGUEZ VARELA CARINA	1977	RBAIXAS	50.13	M 25	2023-02-12	ÁLVARO PINO	8
4	1208841	PORTELA VILLANUEVA GEMA	1974	NPONTEA	1:01.57	M 25	2023-02-12	ÁLVARO PINO	7
5	1076525	SOUSA CARNEIRO ALICIA	1974	CNMOS	1:02.96	M 25	2023-02-12	ÁLVARO PINO	6
<b>50+</b>									
1	1147115	HERNANDEZ ALFAGEME RITA	1971	RBAIXAS	44.99	M 25	2023-02-12	ÁLVARO PINO	13
2	1076524	SOUSA CARNEIRO ROSANA	1971	CNMOS	48.38	M 25	2023-02-12	ÁLVARO PINO	10
3	1226313	CHICO FERNANDEZ MARIA BEGOÑA	1971	CULLERED	54.98	M 25	2023-02-12	Santa Isabel	8
4	1199642	GARNACHO GAYARRE NURIA	1969	CASINOC	59.62	M 25	2023-02-12	Santa Isabel	7
5	1143584	FERNANDEZ SESTELO MARIA JOSE	1970	NPONTEA	1:09.38	M 25	2023-02-12	ÁLVARO PINO	6
<b>55+</b>									
1	1086162	BARJA BARJA LILIANA	1965	CTRAVIE	46.41	M 25	2023-02-12	ÁLVARO PINO	13
2	1038729	DEL AMO BLANCO MARGARITA	1967	NPONTEA	47.17	M 25	2023-02-12	ÁLVARO PINO	10
3	1076506	MARTY PAZOS MARIA VICTORIA	1965	CTRAVIE	56.17	M 25	2023-02-12	ÁLVARO PINO	8
<b>60+</b>									
1	1214851	SÁNCHEZ CEBRIÁN OLGA	1962	TRICORUÑ	50.02	M 25	2023-02-12	Santa Isabel	13
2	1127105	PEREIRA ALONSO ISABEL	1961	ADFOGAR	58.10	M 25	2023-02-12	Santa Isabel	10
3	1141154	CELEMIN PORRERO MARIA TERESA	1959	GALAICO	58.97	M 25	2023-02-12	Santa Isabel	8
4	1143893	REBORDA MORILLO SUSANA	1962	ESCUALOS	1:05.07	M 25	2023-02-12	MONFORTE	7
<b>65+</b>									
1	1075178	SAR MORANO DOLORES	1955	CULLERED	58.97	M 25	2023-02-12	Santa Isabel	13
<b>75+</b>									
1	1076482	GONZALEZ RODRIGUEZ S. MARTA	1946	NPONTEA	1:41.06	M 25	2023-02-12	ÁLVARO PINO	13
2	1143507	PEREZ DOMINGUEZ MARIA LUISA	1944	RBAIXAS	2:05.82	M 25	2023-02-12	ÁLVARO PINO	10
<b>80+</b>									
1	1058045	MORAL RUBIO ISABEL	1942	NPONTEA	1:37.34	M 25	2023-02-12	ÁLVARO PINO	13
2	1178774	CHANTADA GÓMEZ M. DEL CARMEN	1943	NPONTEA	2:22.48	M 25	2023-02-12	ÁLVARO PINO	10

## 2. 50 m Costas Masculino

20+										
1	1040558	PONTON RODRIGUEZ JUAN	2002	MOLEMOS	28.95	M 25	2023-02-12	MONFORTE		13
2	1144927	SUAREZ RIPOLL XIAN	2003	CIDSANTI	30.26	M 25	2023-02-12	Santa Isabel		10
3	1078716	HERMIDA RAMOS RAUL	2000	NTNARON	32.80	M 25	2023-02-12	Santa Isabel		8
4	1040450	ARDAO GRANDAL DANIEL	2002	CMARINA	33.54	M 25	2023-02-12	Santa Isabel		7
5	1076409	CANCELA GOMEZ HUGO	2003	NPONTEA	33.55	M 25	2023-02-12	ÁLVARO PINO		6
6	1141093	VILLAMOR FERRO RUBÉN	2000	ARTEIXO	34.12	M 25	2023-02-12	Santa Isabel		5
25+										
1	1038178	IBAÑEZ CARRERA MANUEL GABRIEL	1996	NPONTEA	32.96	M 25	2023-02-12	ÁLVARO PINO		13
2	1039270	TRILLO RODRIGUEZ ADRIAN	1997	CNMOS	37.21	M 25	2023-02-12	ÁLVARO PINO		10
3	1038356	AZNAR GRILLE CARLOS JAVIER	1995	CMARINA	38.48	M 25	2023-02-12	Santa Isabel		8
30+										
1	1207051	LAVIA PINTOS DAVID	1993	MPVETUS	48.34	M 25	2023-02-12	ÁLVARO PINO		13
2	1078909	RODRIGUEZ BALIÑA MAURO	1990	NPONTEA	48.78	M 25	2023-02-12	ÁLVARO PINO		10
35+										
1	1005819	LAZARO GUERRERO VICTOR	1988	CMARINA	33.54	M 25	2023-02-12	Santa Isabel		13
2	1226258	BERNARDEZ FERRO JUAN JOSE	1987	GALAICO	34.88	M 25	2023-02-12	Santa Isabel		10
3	1126597	FERNANDEZ GAYOSO JOSE MANUEL	1986	CNMOS	34.94	M 25	2023-02-12	ÁLVARO PINO		8
4	1226234	COTELO SENANDE ALBERTO	1988	ADFOGAR	41.34	M 25	2023-02-12	Santa Isabel		7
5	1230338	MUIÑO REY DANIEL	1984	CNFERRO	43.34	M 25	2023-02-12	Santa Isabel		6
6	1223126	ALVAREZ FERRIN PABLO	1984	CIDSANTI	44.40	M 25	2023-02-12	Santa Isabel		5
7	1178928	FIDALGO SERRANO GUILLERMO	1986	CTRAVIE	45.21	M 25	2023-02-12	ÁLVARO PINO		4
8	1145090	MARTÍNEZ DOMÍNGUEZ IVÁN	1988	NPONTEA	47.32	M 25	2023-02-12	ÁLVARO PINO		3
9	1236854	GIRALDEZ VILLANUEVA IVAN	1987	NPONTEA	1:15.13	M 25	2023-02-12	ÁLVARO PINO		2
40+										
1	1190909	CARBALLA BARROSO ROGELIO MANUE	1981	GALAICO	37.76	M 25	2023-02-12	Santa Isabel		13
2	1079215	MENDES FERRAS ARTUR LEONEL	1981	MOLEMOS	38.79	M 25	2023-02-12	MONFORTE		9.0
3	1143895	PADIN CHARLIN JOAQUIN	1980	ESCUALOS	38.79	M 25	2023-02-12	MONFORTE		9.0
4	1178765	ESPAÑA CABEZAS JESÚS	1981	CIDSANTI	39.64	M 25	2023-02-12	Santa Isabel		7
5	1190529	CERVELA DEBER MOISES	1982	SALESTRA	39.65	M 25	2023-02-12	Santa Isabel		6
6	1143899	PEREZ LOPEZ MANUEL	1981	ESCUALOS	42.73	M 25	2023-02-12	MONFORTE		5
7	1076542	GONZALEZ CONDE RODRIGO	1982	NPONTEA	47.61	M 25	2023-02-12	ÁLVARO PINO		4
8	1238132	FIDALGO SERRANO MANUEL A.	1981	CTRAVIE	49.43	M 25	2023-02-12	ÁLVARO PINO		3
9	1215947	VAZQUEZ PEREZ LUIS FERNANDO	1979	CULLERED	49.52	M 25	2023-02-12	Santa Isabel		2
10	1238677	MARIÑO GONZALEZ RAMÓN	1980	POURENSE	49.55	M 25	2023-02-12	MONFORTE		1

<b>45+</b>									
1	1231581	RODRÍGUEZ SALGADO MANUEL	1975	CIDSANTI	35.97	M 25	2023-02-12	Santa Isabel	13
2	1075220	MARTINEZ FERNANDEZ HECTOR	1977	NTNARON	37.16	M 25	2023-02-12	Santa Isabel	10
3	1141206	ANEIROS GARCIA JOSE M.	1974	CMARINA	37.27	M 25	2023-02-12	Santa Isabel	8
4	1143662	BALSA MOSQUERA PABLO	1978	CMARINA	43.52	M 25	2023-02-12	Santa Isabel	7
5	1174679	DE MARTIN DIAZ RUBEN	1976	POURENSE	45.34	M 25	2023-02-12	MONFORTE	6
6	1198885	COUTO WORNER SERGIO	1976	TRICORUÑ	49.30	M 25	2023-02-12	Santa Isabel	5
<b>50+</b>									
1	1144601	PUENTE DÍAZ JAVIER	1971	CIDSANTI	38.30	M 25	2023-02-12	Santa Isabel	13
2	1197597	HERNAEZ OUBIÑA DAVID	1973	CULLERED	38.42	M 25	2023-02-12	Santa Isabel	10
3	1144117	PREGO MARTINEZ BENJAMIN	1973	NPONTEA	42.85	M 25	2023-02-12	ÁLVARO PINO	8
4	1141356	GENDE DIAZ JUAN F.	1970	ADFOGAR	45.82	M 25	2023-02-12	Santa Isabel	7
5	1144602	PAZ URIBARRI PABLO	1972	CIDSANTI	49.30	M 25	2023-02-12	Santa Isabel	6
6	1178895	CRESPO PÉREZ ALBARINO	1970	ESCUALOS	50.66	M 25	2023-02-12	MONFORTE	5
7	1143494	IGLESIAS RODRIGUEZ CARLOS	1969	RBAIXAS	52.22	M 25	2023-02-12	ÁLVARO PINO	4
8	1208795	LORENZO GONZALEZ-VISO CARLOS	1971	POURENSE	54.00	M 25	2023-02-12	MONFORTE	3
9	1146902	PEREIRO LOPEZ-QUECUTY SIMON	1973	RBAIXAS	54.79	M 25	2023-02-12	ÁLVARO PINO	2
10	1145039	FERREIRO SANCHEZ LUIS	1970	POURENSE	59.09	M 25	2023-02-12	MONFORTE	1
<b>55+</b>									
1	1141209	DE LA PAZ VIGO AGUSTIN A.	1966	CMARINA	38.71	M 25	2023-02-12	Santa Isabel	13
2	1180234	SÁNCHEZ SECO MANUEL	1968	ESCUALOS	42.17	M 25	2023-02-12	MONFORTE	10
3	1143661	TOURIÑO GONZALEZ VICTOR M.	1968	CMARINA	42.48	M 25	2023-02-12	Santa Isabel	8
4	1143575	FERREIRA GONZALEZ XOSE ANXO	1966	CNREDON	45.64	M 25	2023-02-12	ÁLVARO PINO	7
5	1195569	PEREZ LEIVA MANUEL	1968	RBAIXAS	46.23	M 25	2023-02-12	ÁLVARO PINO	6
6	1193949	LAMELO OTERO RAMÓN JESUS	1968	CIDSANTI	53.58	M 25	2023-02-12	Santa Isabel	5
7	1143966	FERNANDEZ GONZALEZ ALVARO	1965	CNMOS	54.32	M 25	2023-02-12	ÁLVARO PINO	4
8	1228047	PEREZ GARCIA MANUEL	1967	CULLERED	1:02.19	M 25	2023-02-12	Santa Isabel	3
<b>60+</b>									
1	1170858	CODESIDO LOPEZ JOSÉ	1959	CIDSANTI	41.40	M 25	2023-02-12	Santa Isabel	13
2	1174449	FERNANDEZ ARRUTI JOSE ANGEL	1959	CIDSANTI	44.40	M 25	2023-02-12	Santa Isabel	10
3	1079361	RODRIGUEZ GOMEZ EMILIO	1961	NPONTEA	48.39	M 25	2023-02-12	ÁLVARO PINO	8
4	1076514	LAGO REY JOSE MANUEL	1963	RBAIXAS	1:48.58	M 25	2023-02-12	ÁLVARO PINO	7
<b>65+</b>									
1	1048207	ROS ROSILLO ALEJANDRO	1958	RBAIXAS	50.52	M 25	2023-02-12	ÁLVARO PINO	13
2	1191492	TIMIRAOS CARRASCO LUIS	1956	POURENSE	1:16.76	M 25	2023-02-12	MONFORTE	10
<b>70+</b>									
1	1076488	MONROY FERNÁNDEZ MANUEL	1950	NPONTEA	1:00.60	M 25	2023-02-12	ÁLVARO PINO	13
2	1076489	VIRUEL RODRÍGUEZ DIEGO	1952	CTRAVIE	1:22.98	M 25	2023-02-12	ÁLVARO PINO	10



# LIGA GALEGA MÁSTER XOR. 3 (UNIFICADOS)

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80+

1	1143430	ARAUJO DOMINGUEZ FRANCISCO	1940	NPONTEA	1:29.39	M 25	2023-02-12	ÁLVARO PINO	13
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### 3. 200 m Libre Feminino

20+										
1	1140796	DIAZ DO PICO SABELA	2002	CNFERRO	2:34.31	M 25	2023-02-12	Santa Isabel	13	
		50L: 34.34								100L: 1:12.61
2	1039634	LAGO CASTILLO NATALIA	1999	NCORUÑA	2:34.35	M 25	2023-02-12	Santa Isabel	10	
		50L: 35.52								100L: 1:14.43
3	1089303	ABASOLO RUEDA CLAUDIA	2000	NCORUÑA	2:34.91	M 25	2023-02-12	Santa Isabel	8	
		50L: 35.78								100L: 1:14.79
4	1038929	GONZALEZ AVENDAÑO LUCIA	1999	GALAICO	2:35.90	M 25	2023-02-12	Santa Isabel	7	
		50L: 36.34								100L: 1:15.50
5	1228009	SOUTIÑO RAMIREZ CARMEN VICTORI	2001	POR-MIÑA	2:46.32	M 25	2023-02-12	MONFORTE	6	
		50L: 37.80								100L: 1:19.71
6	1080427	BLAITEAU EVA	2003	CIDSANTI	2:59.67	M 25	2023-02-12	Santa Isabel	5	
		50L: 39.90								100L: 1:24.53
7	1219491	FUENTES LORENZO CARLA	1999	CNFERRO	3:21.27	M 25	2023-02-12	Santa Isabel	4	
		50L: 44.46								100L: 1:35.73
25+										
1	1178773	CHAMADOIRA DOMÍNGUEZ JENNIFER	1994	NPONTEA	2:37.01	M 25	2023-02-12	ÁLVARO PINO	13	
		50L: 34.74								100L: 1:14.16
2	1236853	GARCIA SANCHEZ FRANCIS MARIAM	1994	NPONTEA	4:01.08	M 25	2023-02-12	ÁLVARO PINO	10	
		50L: 52.29								100L: 1:52.48
30+										
1	1141212	RIVAS TENREIRO ARANTZA	1989	NTNARON	2:42.33	M 25	2023-02-12	Santa Isabel	13	
		50L: 35.96								100L: 1:16.45
2	1226235	EIRIS CASTRO ANDREA	1990	ADFOGAR	2:42.58	M 25	2023-02-12	Santa Isabel	10	
		50L: 35.15								100L: 1:15.49
3	1040731	GESTO ALONSO CLARISA	1989	NPONTEA	2:46.40	M 25	2023-02-12	ÁLVARO PINO	8	
		50L: 37.24								100L: 1:19.27
4	1040457	FREIJO LÓPEZ LUCÍA	1992	NCORUÑA	2:46.46	M 25	2023-02-12	Santa Isabel	7	
		50L: 38.49								100L: 1:19.52
5	1236745	RODRIGUEZ GONZÁLEZ RAQUEL	1993	MOLEMOS	2:54.45	M 25	2023-02-12	MONFORTE	6	
		50L: 37.80								100L: 1:21.41
6	1129954	GONZALEZ GARCIA COVADONGA	1989	GALAICO	3:19.59	M 25	2023-02-12	Santa Isabel	5	
		50L: 47.24								100L: 1:38.47
7	1110693	FERNANDEZ GUARDIOLA LOIRA	1989	NPONTEA	4:26.31	M 25	2023-02-12	ÁLVARO PINO	4	
		50L: 57.83								100L: 2:05.55
35+										
1	1193947	ALCALDE BALADO TANIA	1986	CIDSANTI	2:25.70	M 25	2023-02-12	Santa Isabel	13	

		50L: 34.55						100L: 1:11.36		
2	1144894	VINAGRE SENDINO CORA	1988	CASINOC	2:38.79	M 25	2023-02-12	Santa Isabel	10	
		50L: 35.58						100L: 1:16.33		
3	1076543	RODRIGUEZ PEREZ VANESA	1986	RBAIXAS	2:45.00	M 25	2023-02-12	ÁLVARO PINO	8	
		50L: 38.83						100L: 1:20.09		
4	1097627	GIL FERNANDEZ MARTA	1988	TRICORUÑ	2:48.58	M 25	2023-02-12	Santa Isabel	7	
		50L: 37.68						100L: 1:19.77		
5	1144948	GONZALEZ PEREZ JESSICA	1987	RBAIXAS	2:52.40	M 25	2023-02-12	ÁLVARO PINO	6	
		50L: 38.61						100L: 1:22.25		
6	1144270	ROZADOS LUIS ADRIANA	1985	SALESTRA	2:58.03	M 25	2023-02-12	Santa Isabel	5	
		50L: 37.54						100L: 1:22.89		
7	1203741	QUEREDA RODRÍGUEZ ALMUDENA	1985	CNLICEO	3:03.05	M 25	2023-02-12	Santa Isabel	4	
		50L: 41.94						100L: 1:27.29		
8	1147098	SANTOS DA GRACA FRANCELINA	1987	ADFOGAR	3:19.77	M 25	2023-02-12	Santa Isabel	3	
		50L: 43.76						100L: 1:34.51		
<b>40+</b>										
1	1013486	GONZALEZ RODRIGUEZ MARIA	1982	POURENSE	2:24.76	M 25	2023-02-12	MONFORTE	13	
		50L: 32.12						100L: 1:07.77		
2	1180232	FKEOUI OMARI SALMA	1982	ESCUALOS	2:50.37	M 25	2023-02-12	MONFORTE	10	
		50L: 41.23						100L: 1:24.45		
3	1143598	MIRA VAZQUEZ MARTA	1981	ESCUALOS	2:55.23	M 25	2023-02-12	MONFORTE	8	
		50L: 41.15						100L: 1:25.66		
4	1144200	RODRIGUEZ LOPEZ BELEN	1981	RBAIXAS	3:02.47	M 25	2023-02-12	ÁLVARO PINO	7	
		50L: 40.72						100L: 1:26.88		
5	1144598	OLMO VAQUEIRO LETICIA	1981	NPONTEA	3:09.20	M 25	2023-02-12	ÁLVARO PINO	6	
		50L: 44.61						100L: 1:32.50		
6	1075224	BROZOS VAZQUEZ ELENA MARÍA	1982	CIDSANTI	3:45.67	M 25	2023-02-12	Santa Isabel	5	
		50L: 50.82						100L: 1:48.57		
<b>45+</b>										
1	1143894	DE LORENZO FERNANDEZ MARIA	1978	ESCUALOS	2:53.76	M 25	2023-02-12	MONFORTE	13	
		50L: 40.86						100L: 1:24.95		
2	1040944	VARELA REDONDO VERONICA	1975	NPONTEA	2:54.66	M 25	2023-02-12	ÁLVARO PINO	10	
		50L: 39.50						100L: 1:23.88		
3	1145023	SALES MANTIÑAN CARMEN	1974	CASINOC	3:12.07	M 25	2023-02-12	Santa Isabel	8	
		50L: 42.72						100L: 1:32.11		
4	1180238	GARCÍA SEOANE CRISTINA MARÍA	1975	CASINOC	3:12.67	M 25	2023-02-12	Santa Isabel	7	
		50L: 43.80						100L: 1:32.77		
5	1204397	ESCUDEIRO FERNÁNDEZ RAQUEL	1977	MOLEMOS	3:33.77	M 25	2023-02-12	MONFORTE	6	
		50L: 48.80						100L: 1:41.66		
6	1224731	RIVEIRA CAAMAÑO REBECA	1977	CNORDES	3:38.98	M 25	2023-02-12	Santa Isabel	5	
		50L: 46.92						100L: 1:45.02		
7	1178771	BESADA FERNÁNDEZ ANA M.	1978	NPONTEA	3:43.67	M 25	2023-02-12	ÁLVARO PINO	4	

50L: 49.16

100L: 1:45.41

**50+**

1	1197600	SANDERSON HELEN JANE	1970	CULLERED	2:55.34	M 25	2023-02-12	Santa Isabel	13
		50L: 39.24			100L: 1:23.27				
2	1076524	SOUSA CARNEIRO ROSANA	1971	CNMOS	3:25.48	M 25	2023-02-12	ÁLVARO PINO	10
		50L: 48.53			100L: 1:42.11				
3	1076154	ABREU FERNANDEZ MARTA	1971	NPONTEA	3:27.30	M 25	2023-02-12	ÁLVARO PINO	8
		50L: 48.25			100L: 1:41.37				
4	1202971	PEREZ PEREZ SONIA	1972	ESCUALOS	3:28.55	M 25	2023-02-12	MONFORTE	7
		50L: 47.05			100L: 1:40.10				
5	1144710	RODRIGUEZ VAZQUEZ MARIA TERESA	1972	POURENSE	3:28.85	M 25	2023-02-12	MONFORTE	6
		50L: 47.05			100L: 1:40.57				
6	1199642	GARNACHO GAYARRE NURIA	1969	CASINOC	3:40.77	M 25	2023-02-12	Santa Isabel	5
		50L: 51.15			100L: 1:48.08				
7	1143584	FERNANDEZ SESTELO MARIA JOSE	1970	NPONTEA	4:06.22	M 25	2023-02-12	ÁLVARO PINO	4
		50L: 52.33			100L: 1:56.14				
8	1226313	CHICO FERNANDEZ MARIA BEGOÑA	1971	CULLERED	4:22.05	M 25	2023-02-12	Santa Isabel	3
		50L: 55.18			100L: 2:01.24				
9	1145007	MELON PARENTE M. LOURDES	1969	NPONTEA	4:26.66	M 25	2023-02-12	ÁLVARO PINO	2
		50L: 1:04.22			100L: 2:11.82				

**55+**

1	1037970	CALVIÑO CANCELA MARIA CRISTINA	1968	NPONTEA	3:18.15	M 25	2023-02-12	ÁLVARO PINO	13
		50L: 45.06			100L: 1:36.03				
2	1076506	MARTY PAZOS MARIA VICTORIA	1965	CTRAVIE	3:34.85	M 25	2023-02-12	ÁLVARO PINO	10
		50L: 52.58			100L: 1:47.03				
3	1144231	PEREZ GALLARDO TERESA	1964	POURENSE	4:31.88	M 25	2023-02-12	MONFORTE	8
		50L: 1:05.16			100L: 3:13.49				

**60+**

1	1039437	BALADO LOPEZ ANA MARIA	1961	POURENSE	3:02.77	M 25	2023-02-12	MONFORTE	13
		50L: 42.60			100L: 1:28.90				
2	1170586	OREIRO PAZOS M. GLORIA	1960	ARTEIXO	3:41.79	M 25	2023-02-12	Santa Isabel	10
		50L: 48.04			100L: 1:46.25				
3	1212074	LOPEZ BLANCO Mº ISABEL	1963	CULLERED	3:48.99	M 25	2023-02-12	Santa Isabel	8
		50L: 51.44			100L: 1:48.51				

**65+**

1	1076494	SUEIRO COSTAS Mª CARMEN	1956	NPONTEA	5:04.76	M 25	2023-02-12	ÁLVARO PINO	13
		50L: 1:08.21			100L: 2:26.80				

**75+**

1	1076482	GONZALEZ RODRIGUEZ S. MARTA	1946	NPONTEA	5:49.33	M 25	2023-02-12	ÁLVARO PINO	13
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		50L: 1:22.94		100L: 2:51.58						
2	1143507	PEREZ DOMINGUEZ MARIA LUISA	1944	RBAIXAS	8:56.05	M 25	2023-02-12	ÁLVARO PINO	10	
		50L: 2:07.30		100L: 4:20.32						
<b>80+</b>										
1	1058045	MORAL RUBIO ISABEL	1942	NPONTEA	6:15.10	M 25	2023-02-12	ÁLVARO PINO	13	
		50L: 1:19.45		100L: 2:54.30						

#### 4. 200 m Libre Masculino

20+										
1	1075438	PEDRE SALIDO JULIO	2003	CNFERRO	2:02.78	M 25	2023-02-12	Santa Isabel	13	
		50L: 28.49								100L: 59.30
2	1092303	MEJJIDE GIADAS DIEGO	2000	CIDSANTI	2:06.25	M 25	2023-02-12	Santa Isabel	10	
		50L: 29.16								100L: 1:01.87
3	1217804	SUAREZ URRUZOLA LEO	2000	CIDSANTI	2:06.27	M 25	2023-02-12	Santa Isabel	8	
		50L: 28.37								100L: 59.71
4	1075292	GOMEZ CASAL LUIS	2002	CMARINA	2:11.15	M 25	2023-02-12	Santa Isabel	7	
		50L: 28.25								100L: 1:01.02
5	1076409	CANCELA GOMEZ HUGO	2003	NPONTEA	2:14.44	M 25	2023-02-12	ÁLVARO PINO	6	
		50L: 29.83								100L: 1:03.06
25+										
1	1039568	BLANCO PEREZ ADRIAN	1994	POURENSE	2:08.84	M 25	2023-02-12	MONFORTE	13	
		50L: 28.70								100L: 1:00.00
2	1038181	BOUZA PADRON ADRIAN	1997	NPONTEA	2:08.88	M 25	2023-02-12	ÁLVARO PINO	10	
		50L: 29.97								100L: 1:02.09
3	1093458	MUIÑO ALONSO ANTON	1994	NCORUÑA	2:16.92	M 25	2023-02-12	Santa Isabel	8	
		50L: 33.19								100L: 1:08.24
4	1040621	SEQUEIROS LAGO SAUL	1998	CNMOS	2:21.57	M 25	2023-02-12	ÁLVARO PINO	7	
		50L: 32.56								100L: 1:08.80
5	1039270	TRILLO RODRIGUEZ ADRIAN	1997	CNMOS	2:25.71	M 25	2023-02-12	ÁLVARO PINO	6	
		50L: 31.90								100L: 1:08.32
6	1232980	PICALLO MATO ADRIAN	1995	SALESTRA	2:29.59	M 25	2023-02-12	Santa Isabel	5	
		50L: 35.86								100L: 1:14.33
7	1228049	RODRIGUEZ RAMOS MANUEL	1997	ESCUALOS	2:30.77	M 25	2023-02-12	MONFORTE	4	
		50L: 35.55								100L: 1:12.66
8	1145061	ROADE SÁNCHEZ VICTOR	1995	CULLERED	2:40.83	M 25	2023-02-12	Santa Isabel	3	
		50L: 34.93								100L: 1:15.33
30+										
1	1093472	DEL RIO REGUEIRA MARCOS	1993	ARTEIXO	1:58.01	M 25	2023-02-12	Santa Isabel	13	
		50L: 26.80								100L: 56.21
2	1204916	BALLESTER IBAÑEZ EDGAR	1991	MOLEMOS	2:05.12	M 25	2023-02-12	MONFORTE	10	
		50L: 29.37								100L: 1:01.21
3	1130602	TENORIO FREIRE MARTIN	1992	GALAICO	2:12.89	M 25	2023-02-12	Santa Isabel	8	
		50L: 29.44								100L: 1:02.23
4	1010948	CAMPAÑA BARROS ADRIAN	1990	CIDSANTI	2:17.59	M 25	2023-02-12	Santa Isabel	7	
		50L: 30.86								100L: 1:05.29
5	1038638	CASTRO VILLAR DAVID	1991	NCORUÑA	2:21.31	M 25	2023-02-12	Santa Isabel	6	

		50L: 33.26		100L: 1:09.13						
6	1174868	BRION FERNANDEZ MANUEL JOAQUIN	1992	CIDSANTI	2:29.03	M 25	2023-02-12	Santa Isabel	5	
		50L: 34.05		100L: 1:11.05						
7	1143997	CORES VÁZQUEZ RICARDO	1992	NTNARON	2:30.88	M 25	2023-02-12	Santa Isabel	4	
		50L: 34.15		100L: 1:12.12						
8	1178769	RODRÍGUEZ GONZÁLEZ A.J.	1991	CNFERRO	2:36.79	M 25	2023-02-12	Santa Isabel	3	
		50L: 34.98		100L: 1:14.11						
9	1236744	ALVAREZ CASTRO TEODORO	1990	MOLEMOS	2:58.68	M 25	2023-02-12	MONFORTE	2	
		50L: 37.29		100L: 1:21.77						
10	1207051	LAVIA PINTOS DAVID	1993	MPVETUS	3:19.71	M 25	2023-02-12	ÁLVARO PINO	1	
		50L: 44.84		100L: 1:35.62						
<b>35+</b>										
1	1084717	VILA CID MARCOS	1987	POURENSE	1:59.93	M 25	2023-02-12	MONFORTE	13	
		50L: 28.41		100L: 58.12						
2	1140778	RODRIGUEZ LAGO DAVID	1986	CIDSANTI	2:07.27	M 25	2023-02-12	Santa Isabel	10	
		50L: 30.28		100L: 1:02.42						
3	1041444	FERNANDEZ VARELA PABLO J.	1984	ADFOGAR	2:17.09	M 25	2023-02-12	Santa Isabel	8	
		50L: 30.84		100L: 1:04.95						
4	1076287	PAZOS ALONSO JOSUE	1986	ESCUALOS	2:17.54	M 25	2023-02-12	MONFORTE	7	
		50L: 31.00		100L: 1:05.80						
5	1084043	PIÑEIRO PEON ANTONIO	1984	GALAICO	2:17.81	M 25	2023-02-12	Santa Isabel	6	
		50L: 30.14		100L: 1:03.89						
6	1199549	MARTINEZ DOPAZO DAVID	1987	GALAICO	2:21.93	M 25	2023-02-12	Santa Isabel	5	
		50L: 32.00		100L: 1:07.55						
7	1086708	ABUIN ARES MANUEL	1987	CIDSANTI	2:30.17	M 25	2023-02-12	Santa Isabel	4	
		50L: 34.72		100L: 1:12.67						
8	1198278	MANEIRO BETANZOS JAVIER	1985	ESCUALOS	2:34.90	M 25	2023-02-12	MONFORTE	3	
		50L: 34.55		100L: 1:13.05						
9	1036745	BARCIA SIXTO FRANCISCO JOSÉ	1985	NTNARON	2:36.07	M 25	2023-02-12	Santa Isabel	2	
		50L: 35.10		100L: 1:12.47						
10	1212078	FERNÁNDEZ LAGUNA F.J.	1987	TRICORUÑ	2:39.10	M 25	2023-02-12	Santa Isabel	1	
		50L: 38.10		100L: 1:18.50						
11	1224976	RODRIGUEZ PEREZ LUIS	1987	CNMOS	2:43.82	M 25	2023-02-12	ÁLVARO PINO	0	
		50L: 34.52		100L: 1:15.03						
12	1226234	COTELO SENANDE ALBERTO	1988	ADFOGAR	2:47.35	M 25	2023-02-12	Santa Isabel	0	
		50L: 35.08		100L: 1:17.05						
13	1023057	PEREZ VAZQUEZ TELMO	1988	CMARINA	2:51.33	M 25	2023-02-12	Santa Isabel	0	
		50L: 39.30		100L: 1:24.13						
14	1145090	MARTÍNEZ DOMÍNGUEZ IVÁN	1988	NPONTEA	2:56.71	M 25	2023-02-12	ÁLVARO PINO	0	
		50L: 38.10		100L: 1:22.08						
15	1178928	FIDALGO SERRANO GUILLERMO	1986	CTRAVIE	3:01.58	M 25	2023-02-12	ÁLVARO PINO	0	
		50L: 40.87		100L: 1:26.39						
16	1236854	GIRALDEZ VILLANUEVA IVAN	1987	NPONTEA	4:57.99	M 25	2023-02-12	ÁLVARO PINO	0	

50L: 1:04.70

100L: 2:16.41

**40+**

1	1141151	CALLE FACAL TELMO	1983	GALAICO	2:15.19	M 25	2023-02-12	Santa Isabel	13
		50L: 29.60							100L: 1:03.37
2	1143897	SEVILLA AROCA JAVIER	1983	ESCUALOS	2:18.59	M 25	2023-02-12	MONFORTE	10
		50L: 31.48							100L: 1:06.49
3	1038961	MARTINEZ PENA ADRIAN	1983	ADFOGAR	2:24.93	M 25	2023-02-12	Santa Isabel	8
		50L: 34.90							100L: 1:12.55
4	1093446	VAZQUEZ IGLESIAS DANIEL	1979	RBAIXAS	2:30.18	M 25	2023-02-12	ÁLVARO PINO	7
		50L: 32.63							100L: 1:09.18
5	1144584	ALVAREZ SILVA RUBEN	1981	ESCUALOS	2:34.29	M 25	2023-02-12	MONFORTE	6
		50L: 35.90							100L: 1:14.96
6	1199899	DOMINGUEZ PHILOCREON TICIANO	1981	CIDSANTI	2:34.63	M 25	2023-02-12	Santa Isabel	5
		50L: 35.74							100L: 1:14.63
7	1076564	CABANELAS EIRAS PABLO	1979	CIDSANTI	2:35.45	M 25	2023-02-12	Santa Isabel	4
		50L: 35.68							100L: 1:14.83
8	1143899	PEREZ LOPEZ MANUEL	1981	ESCUALOS	2:42.96	M 25	2023-02-12	MONFORTE	3
		50L: 37.41							100L: 1:18.88
9	1170841	BASTIDA CAMPOS ALEJANDRO	1982	SALESTRA	2:43.86	M 25	2023-02-12	Santa Isabel	2
		50L: 39.27							100L: 1:20.58
10	1084041	SUAREZ GARCIA SERGIO	1980	MPVETUS	2:50.62	M 25	2023-02-12	ÁLVARO PINO	1
		50L: 38.07							100L: 1:20.46
11	1141126	GOLPE IGLESIAS JOSE ANTONIO	1982	MPVETUS	2:57.62	M 25	2023-02-12	ÁLVARO PINO	0
		50L: 37.77							100L: 1:21.47
12	1220977	MIGUELEZ FERNANDEZ BRUNO	1980	RBAIXAS	2:57.64	M 25	2023-02-12	ÁLVARO PINO	0
		50L: 36.98							100L: 1:20.27
13	1200126	TABOADA CALVELO JOSE CARLOS	1979	SALESTRA	3:11.30	M 25	2023-02-12	Santa Isabel	0
		50L: 42.43							100L: 1:29.99
14	1238132	FIDALGO SERRANO MANUEL A.	1981	CTRAVIE	3:22.72	M 25	2023-02-12	ÁLVARO PINO	0
		50L: 42.23							100L: 1:31.82
15	1039360	POSE MATO CESAR	1983	ADFOGAR	3:40.80	M 25	2023-02-12	Santa Isabel	0
		50L: 48.60							100L: 1:44.48

**45+**

1	1118746	SANCHEZ GORDON ROMAN	1978	RBAIXAS	2:17.18	M 25	2023-02-12	ÁLVARO PINO	13
		50L: 31.43							100L: 1:05.58
2	1175127	MASSO AGUADO JORGE	1976	RBAIXAS	2:21.23	M 25	2023-02-12	ÁLVARO PINO	10
		50L: 32.07							100L: 1:07.66
3	1079343	MOURIÑO ORTIGUERA ROBERTO C.	1974	NPONTEA	2:27.72	M 25	2023-02-12	ÁLVARO PINO	8
		50L: 33.20							100L: 1:09.99
4	1134332	GIGOSO BLAS DAVID	1976	RBAIXAS	2:28.30	M 25	2023-02-12	ÁLVARO PINO	7
		50L: 32.99							100L: 1:08.68
5	1076549	FERNÁNDEZ MAROTO DIEGO	1978	RCNVIGO	2:28.91	M 25	2023-02-12	ÁLVARO PINO	6

	50L: 34.55	100L: 1:12.23								
6	1224729	FERNADEZ BARREIROS CLAUDIO	1975	CNORDES	2:42.85	M 25	2023-02-12	Santa Isabel	5	
	50L: 37.58	100L: 1:18.95								
7	1203306	DURO GONZALEZ ANTONIO	1974	SALESTRA	2:46.21	M 25	2023-02-12	Santa Isabel	4	
	50L: 37.20	100L: 1:18.69								
8	1146885	GRAÑA FERNANDEZ ALFONSO	1976	NTNARON	2:48.25	M 25	2023-02-12	Santa Isabel	3	
	50L: 40.18	100L: 1:23.57								
9	1145005	FERNANDEZ IGLESIAS EMILIO J.	1977	NPONTEA	2:49.88	M 25	2023-02-12	ÁLVARO PINO	2	
	50L: 39.04	100L: 1:21.85								
10	1144054	LOPEZ GONZALEZ JOAQUIN ISAAC	1978	CIDSANTI	2:51.55	M 25	2023-02-12	Santa Isabel	1	
	50L: 37.08	100L: 1:18.61								
11	1078844	FERNÁNDEZ FERNÁNDEZ JOSÉ LUIS	1974	CIDSANTI	3:03.09	M 25	2023-02-12	Santa Isabel	0	
	50L: 40.92	100L: 1:26.61								
12	1198885	COUTO WORNER SERGIO	1976	TRICORUÑ	3:05.13	M 25	2023-02-12	Santa Isabel	0	
	50L: 39.80	100L: 1:25.55								
13	1143964	TABOAS BASTOS OSCAR	1977	CNMOS	3:29.34	M 25	2023-02-12	ÁLVARO PINO	0	
	50L: 44.53	100L: 1:35.72								

**50+**

1	1075597	RODRIGUEZ BALIÑA MARCOS	1971	NPONTEA	2:42.59	M 25	2023-02-12	ÁLVARO PINO	13
	50L: 36.71	100L: 1:17.46							
2	1147287	ESCUDERO DANS DAVID	1973	TRICORUÑ	2:46.09	M 25	2023-02-12	Santa Isabel	10
	50L: 36.70	100L: 1:18.33							
3	1141504	BOUSO FUENTECILLA FERNANDO	1971	ESCUALOS	2:46.24	M 25	2023-02-12	MONFORTE	8
	50L: 38.74	100L: 1:21.07							
4	1171462	FERREIRO SEOANE JOSE RAUL	1973	RBAIXAS	2:48.91	M 25	2023-02-12	ÁLVARO PINO	7
	50L: 40.52	100L: 1:24.86							
5	1141071	LORENZO FERNANDEZ JOSE MANUEL	1972	RBAIXAS	2:55.12	M 25	2023-02-12	ÁLVARO PINO	6
	50L: 39.39	100L: 1:23.09							
6	1143605	FERNANDEZ MARTINEZ ALBERTO	1971	ESCUALOS	2:57.29	M 25	2023-02-12	MONFORTE	5
	50L: 41.70	100L: 1:26.29							
7	1143612	PENEDO PADIN ADOLFO	1972	GALAICO	3:18.83	M 25	2023-02-12	Santa Isabel	4
	50L: 42.49	100L: 1:31.77							
8	1145039	FERREIRO SANCHEZ LUIS	1970	POURENSE	3:43.68	M 25	2023-02-12	MONFORTE	3
	50L: 49.91	100L: 1:47.20							

**55+**

1	1085112	RIVAS FEAL ANTONIO	1966	HERCULES	2:27.00	M 25	2023-02-12	MONFORTE	13
	50L: 34.79	100L: 1:12.54							
2	1193949	LAMELO OTERO RAMÓN JESUS	1968	CIDSANTI	3:05.19	M 25	2023-02-12	Santa Isabel	10
	50L: 41.52	100L: 1:29.77							
3	1195569	PEREZ LEIVA MANUEL	1968	RBAIXAS	3:12.27	M 25	2023-02-12	ÁLVARO PINO	8
	50L: 42.54	100L: 1:30.57							
4	1143536	BLANCO PEREZ ANGEL	1964	POURENSE	3:14.96	M 25	2023-02-12	MONFORTE	7

		50L: 46.57						100L: 1:37.10		
5	1175217	CASTRO QUINTELA AVELINO	1967	GALAICO	3:26.75	M 25	2023-02-12	Santa Isabel		6
		50L: 43.17						100L: 1:34.06		
6	1228047	PEREZ GARCIA MANUEL	1967	CULLERED	4:03.35	M 25	2023-02-12	Santa Isabel		5
		50L: 48.50						100L: 1:50.03		
<b>60+</b>										
1	1170858	CODESIDO LOPEZ JOSÉ	1959	CIDSANTI	2:44.17	M 25	2023-02-12	Santa Isabel		13
		50L: 37.98						100L: 1:19.77		
2	1076250	BETHENCOURT IGLESIAS SERGIO	1963	GALAICO	2:54.24	M 25	2023-02-12	Santa Isabel		10
		50L: 39.71						100L: 1:24.46		
3	1180241	COLLAZO LÓPEZ VICTOR ELISEO	1963	SALESTRA	3:03.67	M 25	2023-02-12	Santa Isabel		8
		50L: 39.23						100L: 1:23.20		
4	1141399	SANCHEZ MUÑOZ JOSE IGNACIO	1961	RBAIXAS	3:11.45	M 25	2023-02-12	ÁLVARO PINO		7
		50L: 42.34						100L: 1:31.00		
5	1144940	HERNANZ MORAL FAUSTO	1962	RBAIXAS	3:15.78	M 25	2023-02-12	ÁLVARO PINO		6
		50L: 44.93						100L: 1:33.83		
6	1144712	MONTERO FERNANDEZ JOSE ANTONIO	1963	POURENSE	3:58.27	M 25	2023-02-12	MONFORTE		5
		50L: 52.29						100L: 1:52.73		
7	1076514	LAGO REY JOSE MANUEL	1963	RBAIXAS	4:44.05	M 25	2023-02-12	ÁLVARO PINO		4
		50L: 1:01.44						100L: 2:14.48		
<b>65+</b>										
1	1222391	AREA PEREIRA JOSE MANUEL	1957	GALAICO	4:06.61	M 25	2023-02-12	Santa Isabel		13
		50L: 51.68						100L: 1:48.73		
2	1191492	TIMIRAOS CARRASCO LUIS	1956	POURENSE	4:59.07	M 25	2023-02-12	MONFORTE		10
		50L: 1:11.70						100L: 2:29.50		

## 5. 50 m Bolboreta Feminino

20+									
1	1099697	CHANS FANEGO PAULA	2003	CNFERRO	31.41	M 25	2023-02-12	Santa Isabel	13
2	1075323	LOPEZ HERMIDA CLARA	2002	CNFERRO	32.49	M 25	2023-02-12	Santa Isabel	10
3	1038068	ANEIROS DOPICO LAURA	2000	CMARINA	33.44	M 25	2023-02-12	Santa Isabel	8
4	1038179	IBAÑEZ CARRERA SARA	2001	NPONTEA	33.91	M 25	2023-02-12	ÁLVARO PINO	7
5	1075380	SALVANTE LAGO AINHOA	2003	CNFERRO	34.18	M 25	2023-02-12	Santa Isabel	6
6	1079226	CASTRO DE LA FUENTE UXIA	2003	MOLEMOS	34.70	M 25	2023-02-12	MONFORTE	5
7	1037987	MENDEZ SEIJO NEREA	1999	RBAIXAS	35.81	M 25	2023-02-12	ÁLVARO PINO	4
8	1076318	LEMONS FERNANDEZ ZAIRA	2002	NPONTEA	37.99	M 25	2023-02-12	ÁLVARO PINO	3
9	1038929	GONZALEZ AVENDAÑO LUCIA	1999	GALAICO	38.46	M 25	2023-02-12	Santa Isabel	2
10	1143296	EIJO GIL ANA PAULA	2003	NPONTEA	39.49	M 25	2023-02-12	ÁLVARO PINO	1
11	1228048	ALVAREZ SOUTO CLAUDIA	2001	ESCUALOS	41.63	M 25	2023-02-12	MONFORTE	0
12	1203517	CABALEIRO FREIRIA LARA	2001	NPONTEA	44.10	M 25	2023-02-12	ÁLVARO PINO	0
13	1201604	BARBADILLO ECHEVARRIA SOFIA	1999	CMARINA	1:03.82	M 25	2023-02-12	Santa Isabel	0
14	1222772	RODRIGUEZ-TOUBES FORRYAN IRENE	1999	NPONTEA	1:14.39	M 25	2023-02-12	ÁLVARO PINO	0
25+									
1	1130789	GARCIA MIGUEZ ROSALIA	1998	GALAICO	34.18	M 25	2023-02-12	Santa Isabel	13
2	1217434	CRESPO ESTEVEZ LAURA	1994	GALAICO	47.24	M 25	2023-02-12	Santa Isabel	10
3	1221887	CARRERA PEREZ CAROLINA	1994	CNMOS	47.39	M 25	2023-02-12	ÁLVARO PINO	8
4	1145008	GONZALEZ PEREZ PAULA	1996	NPONTEA	47.65	M 25	2023-02-12	ÁLVARO PINO	7
30+									
1	1222211	SANZ BARRIONUEVO MARIA LUISA	1991	CIDSANTI	35.31	M 25	2023-02-12	Santa Isabel	13
2	1237382	MUIÑO ANDREA	1991	NCORUÑA	38.92	M 25	2023-02-12	Santa Isabel	10
3	1040731	GESTO ALONSO CLARISA	1989	NPONTEA	41.81	M 25	2023-02-12	ÁLVARO PINO	8
4	1202705	MARTINEZ BARCIELA MARIA OLGA	1990	CTRAVIE	59.29	M 25	2023-02-12	ÁLVARO PINO	7
5	1110693	FERNANDEZ GUARDIOLA LOIRA	1989	NPONTEA	1:02.26	M 25	2023-02-12	ÁLVARO PINO	6
35+									
1	1212097	LOUREIRO AMOR BELEN MARTINA	1988	NTNARON	33.78	M 25	2023-02-12	Santa Isabel	13
2	1193947	ALCALDE BALADO TANIA	1986	CIDSANTI	33.94	M 25	2023-02-12	Santa Isabel	10
3	1144894	VINAGRE SENDINO CORA	1988	CASINOC	36.52	M 25	2023-02-12	Santa Isabel	8
4	1224939	VÁZQUEZ FUENTES CINTIA	1987	MOLEMOS	36.73	M 25	2023-02-12	MONFORTE	7
5	1097627	GIL FERNANDEZ MARTA	1988	TRICORUÑ	42.94	M 25	2023-02-12	Santa Isabel	6
6	1141313	MIRA VAZQUEZ PAULA	1986	ESCUALOS	43.74	M 25	2023-02-12	MONFORTE	5
40+									
1	1146893	PRADO FRANCO MARTA E.	1979	RBAIXAS	37.16	M 25	2023-02-12	ÁLVARO PINO	13
2	1170812	MARTIN CHRISTELLE	1981	ESCUALOS	43.34	M 25	2023-02-12	MONFORTE	10

3	1144200	RODRIGUEZ LOPEZ BELEN	1981	RBAIXAS	46.72	M 25	2023-02-12	ÁLVARO PINO	8
4	1236743	RIVAS RODRIGUEZ LUCIA	1979	NCORUÑA	48.75	M 25	2023-02-12	Santa Isabel	7
5	1144201	ALVAREZ LARRAN MARIA DEL PILAR	1979	RBAIXAS	50.83	M 25	2023-02-12	ÁLVARO PINO	6
6	1144598	OLMO VAQUEIRO LETICIA	1981	NPONTEA	55.11	M 25	2023-02-12	ÁLVARO PINO	5
7	1036387	VAZQUEZ PARCERO MARTA	1980	CMARINA	1:09.08	M 25	2023-02-12	Santa Isabel	4

**45+**

1	1057273	MARCOS VARELA LAURA	1976	RBAIXAS	34.40	M 25	2023-02-12	ÁLVARO PINO	13
2	1180238	GARCÍA SEOANE CRISTINA MARÍA	1975	CASINOC	47.92	M 25	2023-02-12	Santa Isabel	10
3	1224731	RIVEIRA CAAMAÑO REBECA	1977	CNORDES	48.74	M 25	2023-02-12	Santa Isabel	8
4	1178771	BESADA FERNÁNDEZ ANA M.	1978	NPONTEA	59.53	M 25	2023-02-12	ÁLVARO PINO	7

**50+**

1	1147115	HERNANDEZ ALFAGEME RITA	1971	RBAIXAS	46.77	M 25	2023-02-12	ÁLVARO PINO	13
2	1075503	DE LA MONTAÑA ALCANTARA GLORIA	1973	RSDH	46.80	M 25	2023-02-12	MONFORTE	10
3	1127349	SOBRINO EIRIZ MARIA DEL VALLE	1972	NPONTEA	52.03	M 25	2023-02-12	ÁLVARO PINO	8
4	1076154	ABREU FERNANDEZ MARTA	1971	NPONTEA	54.54	M 25	2023-02-12	ÁLVARO PINO	7
5	1145007	MELON PARENTE M. LOURDES	1969	NPONTEA	1:20.81	M 25	2023-02-12	ÁLVARO PINO	6

**55+**

1	1086162	BARJA BARJA LILIANA	1965	CTRAVIE	50.60	M 25	2023-02-12	ÁLVARO PINO	13
2	1037970	CALVIÑO CANCELA MARIA CRISTINA	1968	NPONTEA	51.67	M 25	2023-02-12	ÁLVARO PINO	10

**60+**

1	1214851	SÁNCHEZ CEBRIÁN OLGA	1962	TRICORUÑ	46.82	M 25	2023-02-12	Santa Isabel	13
2	1127105	PEREIRA ALONSO ISABEL	1961	ADFOGAR	51.94	M 25	2023-02-12	Santa Isabel	10
3	1039437	BALADO LOPEZ ANA MARIA	1961	POURENSE	52.48	M 25	2023-02-12	MONFORTE	8



## 6. 50 m Bolboreta Masculino

20+										
1	1040558	PONTON RODRIGUEZ JUAN	2002	MOLEMOS	26.38	M 25	2023-02-12	MONFORTE		13
2	1075438	PEDRE SALIDO JULIO	2003	CNFERRO	29.26	M 25	2023-02-12	Santa Isabel		10
3	1040450	ARDAO GRANDAL DANIEL	2002	CMARINA	29.40	M 25	2023-02-12	Santa Isabel		8
4	1075292	GOMEZ CASAL LUIS	2002	CMARINA	29.56	M 25	2023-02-12	Santa Isabel		7
5	1144927	SUAREZ RIPOLL XIAN	2003	CIDSANTI	29.78	M 25	2023-02-12	Santa Isabel		6
6	1078716	HERMIDA RAMOS RAUL	2000	NTNARON	29.88	M 25	2023-02-12	Santa Isabel		5
7	1092303	MEIJIDE GIADAS DIEGO	2000	CIDSANTI	30.00	M 25	2023-02-12	Santa Isabel		4
8	1217804	SUAREZ URRUZOLA LEO	2000	CIDSANTI	30.38	M 25	2023-02-12	Santa Isabel		3
9	1068314	MARTINEZ MARTINEZ MARCOS	2003	NPONTEA	30.46	M 25	2023-02-12	ÁLVARO PINO		2
25+										
1	1093458	MUIÑO ALONSO ANTON	1994	NCORUÑA	28.70	M 25	2023-02-12	Santa Isabel		13
2	1119327	SUAREZ FERNÁNDEZ SANTIAGO	1995	MOLEMOS	28.84	M 25	2023-02-12	MONFORTE		10
3	1037180	CARRERA COSTAS MARTIN	1996	NPONTEA	29.80	M 25	2023-02-12	ÁLVARO PINO		8
4	1040621	SEQUEIROS LAGO SAUL	1998	CNMOS	32.87	M 25	2023-02-12	ÁLVARO PINO		7
5	1145061	ROADE SÁNCHEZ VICTOR	1995	CULLERED	39.66	M 25	2023-02-12	Santa Isabel		6
30+										
1	1093472	DEL RIO REGUEIRA MARCOS	1993	ARTEIXO	27.53	M 25	2023-02-12	Santa Isabel		13
2	1076267	TRIGO CASTRO CARLOS	1993	GALAICO	28.96	M 25	2023-02-12	Santa Isabel		10
3	1010948	CAMPAÑA BARROS ADRIAN	1990	CIDSANTI	30.58	M 25	2023-02-12	Santa Isabel		8
4	1204916	BALLESTER IBAÑEZ EDGAR	1991	MOLEMOS	31.46	M 25	2023-02-12	MONFORTE		7
5	1038638	CASTRO VILLAR DAVID	1991	NCORUÑA	32.34	M 25	2023-02-12	Santa Isabel		6
6	1143997	CORES VÁZQUEZ RICARDO	1992	NTNARON	36.96	M 25	2023-02-12	Santa Isabel		5
7	1078909	RODRIGUEZ BALIÑA MAURO	1990	NPONTEA	37.31	M 25	2023-02-12	ÁLVARO PINO		4
8	1174868	BRION FERNANDEZ MANUEL JOAQUIN	1992	CIDSANTI	37.32	M 25	2023-02-12	Santa Isabel		3
9	1076271	NOVALES BLANCO XABIER	1991	RBAIXAS	39.53	M 25	2023-02-12	ÁLVARO PINO		2
10	1178769	RODRÍGUEZ GONZÁLEZ A.J.	1991	CNFERRO	40.65	M 25	2023-02-12	Santa Isabel		1
35+										
1	1140778	RODRIGUEZ LAGO DAVID	1986	CIDSANTI	28.72	M 25	2023-02-12	Santa Isabel		13
2	1084717	VILA CID MARCOS	1987	POURENSE	29.24	M 25	2023-02-12	MONFORTE		10
3	1005819	LAZARO GUERRERO VICTOR	1988	CMARINA	30.71	M 25	2023-02-12	Santa Isabel		8
4	1203519	KRUGLOV MYKOLA	1985	ESCUALOS	30.95	M 25	2023-02-12	MONFORTE		7
5	1126597	FERNANDEZ GAYOSO JOSE MANUEL	1986	CNMOS	31.79	M 25	2023-02-12	ÁLVARO PINO		6
6	1191119	CAO LAGO PABLO	1987	RBAIXAS	32.37	M 25	2023-02-12	ÁLVARO PINO		5
7	1230338	MUIÑO REY DANIEL	1984	CNFERRO	33.69	M 25	2023-02-12	Santa Isabel		4
8	1086708	ABUIN ARES MANUEL	1987	CIDSANTI	34.25	M 25	2023-02-12	Santa Isabel		3
9	1143890	FORTES NOVOA MARTIÑO	1988	ESCUALOS	34.45	M 25	2023-02-12	MONFORTE		2

10	1036745	BARCIA SIXTO FRANCISCO JOSÉ	1985	NTNARON	34.78	M 25	2023-02-12	Santa Isabel	1
11	1226258	BERNARDEZ FERRO JUAN JOSE	1987	GALAICO	36.14	M 25	2023-02-12	Santa Isabel	0
12	1136629	FIGUEIRA DOMINGUEZ J.G.	1988	RBAIXAS	36.26	M 25	2023-02-12	ÁLVARO PINO	0
13	1212078	FERNÁNDEZ LAGUNA F.J.	1987	TRICORUÑ	40.03	M 25	2023-02-12	Santa Isabel	0
<b>40+</b>									
1	1141151	CALLE FACAL TELMO	1983	GALAICO	30.66	M 25	2023-02-12	Santa Isabel	13
2	1107942	GARCIA RODRIGUEZ SERGIO	1981	RBAIXAS	30.67	M 25	2023-02-12	ÁLVARO PINO	10
3	1079215	MENDES FERRAS ARTUR LEONEL	1981	MOLEMOS	33.10	M 25	2023-02-12	MONFORTE	8
4	1143702	GUTIERREZ COSTAS OSCAR	1982	RBAIXAS	33.58	M 25	2023-02-12	ÁLVARO PINO	7
5	1178765	ESPAÑA CABEZAS JESÚS	1981	CIDSANTI	33.69	M 25	2023-02-12	Santa Isabel	6
6	1076564	CABANELAS EIRAS PABLO	1979	CIDSANTI	35.08	M 25	2023-02-12	Santa Isabel	5
7	1144584	ALVAREZ SILVA RUBEN	1981	ESCUALOS	36.07	M 25	2023-02-12	MONFORTE	4
8	1190909	CARBALLA BARROSO ROGELIO MANUE	1981	GALAICO	38.56	M 25	2023-02-12	Santa Isabel	3
9	1141126	GOLPE IGLESIAS JOSE ANTONIO	1982	MPVETUS	40.88	M 25	2023-02-12	ÁLVARO PINO	2
10	1076282	CARRERA COSTAS ANDRES	1982	NPONTEA	42.22	M 25	2023-02-12	ÁLVARO PINO	1
11	1144946	RODRIGUEZ GARCIA JOSE BERNARDO	1983	RBAIXAS	42.32	M 25	2023-02-12	ÁLVARO PINO	0
12	1038913	SUAREZ GARCIA PEDRO LOIS	1980	NPONTEA	43.85	M 25	2023-02-12	ÁLVARO PINO	0
<b>45+</b>									
1	1076560	EIRIZ DIEGUEZ DANIEL	1978	CNMOS	29.69	M 25	2023-02-12	ÁLVARO PINO	13
2	1205935	GUIRADO CARABEL OSCAR	1976	CULLERED	30.76	M 25	2023-02-12	Santa Isabel	10
3	1050705	BELTRAN DIAZ EMILIO	1977	MOLEMOS	31.04	M 25	2023-02-12	MONFORTE	8
4	1141206	ANEIROS GARCIA JOSE M.	1974	CMARINA	31.31	M 25	2023-02-12	Santa Isabel	7
5	1075220	MARTINEZ FERNANDEZ HECTOR	1977	NTNARON	32.19	M 25	2023-02-12	Santa Isabel	6
6	1076549	FERNÁNDEZ MAROTO DIEGO	1978	RCNVIGO	32.49	M 25	2023-02-12	ÁLVARO PINO	5
7	1175127	MASSO AGUADO JORGE	1976	RBAIXAS	32.55	M 25	2023-02-12	ÁLVARO PINO	4
8	1143601	NOGUEIRA-PINTO CRESPO HUGO	1978	ESCUALOS	33.00	M 25	2023-02-12	MONFORTE	3
9	1231581	RODRÍGUEZ SALGADO MANUEL	1975	CIDSANTI	33.28	M 25	2023-02-12	Santa Isabel	2
10	1143662	BALSA MOSQUERA PABLO	1978	CMARINA	34.24	M 25	2023-02-12	Santa Isabel	1
11	1145005	FERNANDEZ IGLESIAS EMILIO J.	1977	NPONTEA	37.54	M 25	2023-02-12	ÁLVARO PINO	0
12	1127402	PEXEGUEIRO BALADRON NICOLAS	1977	CNMOS	42.36	M 25	2023-02-12	ÁLVARO PINO	0
13	1076535	DE LUIS GONZÁLEZ AITOR	1974	RCNVIGO	43.08	M 25	2023-02-12	ÁLVARO PINO	0
14	1203306	DURO GONZALEZ ANTONIO	1974	SALESTRA	43.96	M 25	2023-02-12	Santa Isabel	0
15	1197558	FERNANDEZ FERNANDEZ MIGUEL ANG	1977	RBAIXAS	52.99	M 25	2023-02-12	ÁLVARO PINO	0
<b>50+</b>									
1	1144601	PUENTE DÍAZ JAVIER	1971	CIDSANTI	38.22	M 25	2023-02-12	Santa Isabel	13
2	1141356	GENDE DIAZ JUAN F.	1970	ADFOGAR	40.03	M 25	2023-02-12	Santa Isabel	10
3	1141071	LORENZO FERNANDEZ JOSE MANUEL	1972	RBAIXAS	41.56	M 25	2023-02-12	ÁLVARO PINO	8
4	1171462	FERREIRO SEOANE JOSE RAUL	1973	RBAIXAS	41.81	M 25	2023-02-12	ÁLVARO PINO	7
5	1078814	CANOSA RODRIGUEZ ALFONSO J.	1971	ADFOGAR	44.54	M 25	2023-02-12	Santa Isabel	5.5
6	1180239	MARTÍNEZ LEMA JOSÉ ANTONIO	1972	TRICORUÑ	44.54	M 25	2023-02-12	Santa Isabel	5.5
7	1146902	PEREIRO LOPEZ-QUECUTY SIMON	1973	RBAIXAS	51.05	M 25	2023-02-12	ÁLVARO PINO	4



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**FEGAN**

8	1144602	PAZ URIBARRI PABLO	1972	CIDSANTI	53.10	M 25	2023-02-12	Santa Isabel	3
9	1197604	ARAUJO FERNÁNDEZ JOSE	1971	ESCUALOS	53.57	M 25	2023-02-12	MONFORTE	2
<b>55+</b>									
1	1143575	FERREIRA GONZALEZ XOSE ANXO	1966	CNREDON	38.93	M 25	2023-02-12	ÁLVARO PINO	13
2	1106829	RODRIGUEZ FERNANDEZ FCO. XABIE	1964	ADFOGAR	52.30	M 25	2023-02-12	Santa Isabel	10
3	1143536	BLANCO PEREZ ANGEL	1964	POURENSE	1:02.32	M 25	2023-02-12	MONFORTE	8
<b>60+</b>									
1	1076250	BETHENCOURT IGLESIAS SERGIO	1963	GALAICO	37.66	M 25	2023-02-12	Santa Isabel	13
2	1174449	FERNANDEZ ARRUTI JOSE ANGEL	1959	CIDSANTI	42.06	M 25	2023-02-12	Santa Isabel	10
3	1144180	SEGUÍN CID SEVERINO	1959	CTRAVIE	51.52	M 25	2023-02-12	ÁLVARO PINO	8
<b>70+</b>									
1	1076487	RODRIGUEZ LEMOS ANDRES J.	1949	CNMOS	55.24	M 25	2023-02-12	ÁLVARO PINO	13

## 7. 100 m Braza Feminino

<b>20+</b>										
1	1075323	LOPEZ HERMIDA CLARA	2002	CNFERRO	1:28.51	M 25	2023-02-12	Santa Isabel	13	50B: 41.84
2	1140796	DIAZ DOPICO SABELA	2002	CNFERRO	1:33.41	M 25	2023-02-12	Santa Isabel	10	50B: 43.89
3	1080427	BLAITEAU EVA	2003	CIDSANTI	1:36.15	M 25	2023-02-12	Santa Isabel	8	50B: 45.54
4	1037987	MENDEZ SEIJO NEREA	1999	RBAIXAS	1:37.14	M 25	2023-02-12	ÁLVARO PINO	7	50B: 46.38
5	1143296	EIJO GIL ANA PAULA	2003	NPONTEA	1:38.66	M 25	2023-02-12	ÁLVARO PINO	6	50B: 46.21
6	1228048	ALVAREZ SOUTO CLAUDIA	2001	ESCUALOS	1:40.43	M 25	2023-02-12	MONFORTE	5	50B: 48.71
7	1228009	SOUTIÑO RAMIREZ CARMEN VICTORI	2001	POR-MIÑA	1:44.59	M 25	2023-02-12	MONFORTE	4	50B: 48.59
8	1203517	CABALEIRO FREIRIA LARA	2001	NPONTEA	1:52.08	M 25	2023-02-12	ÁLVARO PINO	3	50B: 53.22
9	1219491	FUENTES LORENZO CARLA	1999	CNFERRO	2:02.51	M 25	2023-02-12	Santa Isabel	2	50B: 57.54
<b>25+</b>										
1	1130789	GARCIA MIGUEZ ROSALIA	1998	GALAICO	1:33.02	M 25	2023-02-12	Santa Isabel	13	50B: 43.80
2	1115644	FERNÁNDEZ JUAN MARÍA	1998	CIDSANTI	1:35.43	M 25	2023-02-12	Santa Isabel	10	50B: 45.72
3	1191499	GONZALEZ MACIA ALBA	1994	MOLEMOS	1:47.26	M 25	2023-02-12	MONFORTE	8	50B: 50.11
4	1145008	GONZALEZ PEREZ PAULA	1996	NPONTEA	1:51.81	M 25	2023-02-12	ÁLVARO PINO	7	50B: 54.32
5	1035411	FERNANDEZ GARCIA MARINA	1997	GALAICO	2:07.59	M 25	2023-02-12	Santa Isabel	6	50B: 58.78
<b>30+</b>										
1	1141212	RIVAS TENREIRO ARANTZA	1989	NTNARON	1:34.01	M 25	2023-02-12	Santa Isabel	13	50B: 43.82
2	1230340	SANTORUM FONTAN IRIA MARTA	1992	GALAICO	1:37.79	M 25	2023-02-12	Santa Isabel	10	50B: 45.40
3	1222211	SANZ BARRIONUEVO MARIA LUISA	1991	CIDSANTI	1:40.19	M 25	2023-02-12	Santa Isabel	8	50B: 43.92
4	1204918	MARTINEZ GARCIA SUSANA	1991	MOLEMOS	2:04.64	M 25	2023-02-12	MONFORTE	7	

50B: 54.83

**35+**

1	1146780	DURÁN VEIRAS RAQUEL	1984	ARTEIXO	1:33.41	M 25	2023-02-12	Santa Isabel	13
		50B: 43.24							
2	1076543	RODRIGUEZ PEREZ VANESA	1986	RBAIXAS	1:37.34	M 25	2023-02-12	ÁLVARO PINO	10
		50B: 47.14							
3	1144270	ROZADOS LUIS ADRIANA	1985	SALESTRA	1:39.91	M 25	2023-02-12	Santa Isabel	8
		50B: 45.68							
4	1144948	GONZALEZ PEREZ JESSICA	1987	RBAIXAS	1:42.37	M 25	2023-02-12	ÁLVARO PINO	7
		50B: 48.36							
5	1093454	PINO AGUIRRE CRISTINA	1988	TRICORUÑ	1:48.43	M 25	2023-02-12	Santa Isabel	6
		50B: 52.16							
6	1075225	SOUTO DERUNGS CRISTINA	1985	CNFERRO	1:52.27	M 25	2023-02-12	Santa Isabel	5
		50B: 51.64							
7	1203741	QUEREDA RODRÍGUEZ ALMUDENA	1985	CNLICEO	1:55.21	M 25	2023-02-12	Santa Isabel	4
		50B: 55.90							

**40+**

1	1143598	MIRA VAZQUEZ MARTA	1981	ESCUALOS	1:34.68	M 25	2023-02-12	MONFORTE	13
		50B: 44.41							
2	1180232	FKEOUI OMARI SALMA	1982	ESCUALOS	1:39.13	M 25	2023-02-12	MONFORTE	10
		50B: 48.00							
3	1146893	PRADO FRANCO MARTA E.	1979	RBAIXAS	1:44.98	M 25	2023-02-12	ÁLVARO PINO	8
		50B: 49.35							
4	1228068	VARELA BAO SORAYA	1980	TRICORUÑ	1:57.35	M 25	2023-02-12	Santa Isabel	7
		50B: 54.70							
5	1144201	ALVAREZ LARRAN MARIA DEL PILAR	1979	RBAIXAS	1:58.37	M 25	2023-02-12	ÁLVARO PINO	6
		50B: 55.50							

**45+**

1	1057273	MARCOS VARELA LAURA	1976	RBAIXAS	1:26.19	M 25	2023-02-12	ÁLVARO PINO	13
		50B: 41.42							
2	1143894	DE LORENZO FERNANDEZ MARIA	1978	ESCUALOS	1:48.60	M 25	2023-02-12	MONFORTE	10
		50B: 52.32							
3	1144051	DIEGUEZ VARELA CARINA	1977	RBAIXAS	1:50.75	M 25	2023-02-12	ÁLVARO PINO	8
		50B: 52.38							
4	1208841	PORTELA VILLANUEVA GEMA	1974	NPONTEA	2:25.47	M 25	2023-02-12	ÁLVARO PINO	7
		50B: 1:07.89							

**50+**

1	1197600	SANDERSON HELEN JANE	1970	CULLERED	1:43.87	M 25	2023-02-12	Santa Isabel	13
		50B: 50.24							
2	1202971	PEREZ PEREZ SONIA	1972	ESCUALOS	2:03.77	M 25	2023-02-12	MONFORTE	10

50B: 1:00.40

3	1144710	RODRIGUEZ VAZQUEZ MARIA TERESA	1972	POURENSE	2:09.00	M 25	2023-02-12	MONFORTE	8
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50B: 1:02.59

4	1207084	MAZAIRA CASTRO CARMEN	1973	ESCUALOS	2:09.05	M 25	2023-02-12	MONFORTE	7
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50B: 58.05

**55+**

1	1038729	DEL AMO BLANCO MARGARITA	1967	NPONTEA	1:48.23	M 25	2023-02-12	ÁLVARO PINO	13
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50B: 51.73

2	1144231	PEREZ GALLARDO TERESA	1964	POURENSE	2:59.00	M 25	2023-02-12	MONFORTE	10
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50B: 1:24.05

**60+**

1	1143893	REBOREDA MORILLO SUSANA	1962	ESCUALOS	2:02.63	M 25	2023-02-12	MONFORTE	13
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50B: 58.22

2	1170586	OREIRO PAZOS M. GLORIA	1960	ARTEIXO	2:05.75	M 25	2023-02-12	Santa Isabel	10
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50B: 59.52

3	1141154	CELEMIN PORRERO MARIA TERESA	1959	GALAICO	2:09.34	M 25	2023-02-12	Santa Isabel	8
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50B: 59.21

4	1212074	LOPEZ BLANCO Mº ISABEL	1963	CULLERED	2:17.01	M 25	2023-02-12	Santa Isabel	7
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50B: 1:04.18

**65+**

1	1075178	SAR MORANO DOLORES	1955	CULLERED	2:09.75	M 25	2023-02-12	Santa Isabel	13
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50B: 59.74

2	1076494	SUEIRO COSTAS Mª CARMEN	1956	NPONTEA	3:34.78	M 25	2023-02-12	ÁLVARO PINO	10
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50B: 1:39.39

**80+**

1	1178774	CHANTADA GÓMEZ M. DEL CARMEN	1943	NPONTEA	5:23.39	M 25	2023-02-12	ÁLVARO PINO	13
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50B: 2:31.30

## 8. 100 m Braza Masculino

<b>20+</b>										
1	1068314	MARTINEZ MARTINEZ MARCOS	2003	NPONTEA	1:18.45	M 25	2023-02-12	ÁLVARO PINO	13	50B: 36.75
2	1141093	VILLAMOR FERRO RUBÉN	2000	ARTEIXO	1:22.00	M 25	2023-02-12	Santa Isabel	10	50B: 38.12
<b>25+</b>										
1	1037284	SABUZ FORNEIRO MARTIN	1994	POURENSE	1:09.82	M 25	2023-02-12	MONFORTE	13	50B: 32.80
2	1119327	SUAREZ FERNÁNDEZ SANTIAGO	1995	MOLEMOS	1:11.13	M 25	2023-02-12	MONFORTE	10	50B: 33.09
3	1038181	BOUZA PADRON ADRIAN	1997	NPONTEA	1:15.21	M 25	2023-02-12	ÁLVARO PINO	8	50B: 34.88
4	1038356	AZNAR GRILLE CARLOS JAVIER	1995	CMARINA	1:22.77	M 25	2023-02-12	Santa Isabel	7	50B: 39.14
5	1228049	RODRIGUEZ RAMOS MANUEL	1997	ESCUALOS	1:27.90	M 25	2023-02-12	MONFORTE	6	50B: 41.46
6	1038178	IBAÑEZ CARRERA MANUEL GABRIEL	1996	NPONTEA	1:29.83	M 25	2023-02-12	ÁLVARO PINO	5	50B: 41.56
<b>30+</b>										
1	1076267	TRIGO CASTRO CARLOS	1993	GALAICO	1:13.53	M 25	2023-02-12	Santa Isabel	13	50B: 34.80
2	1130602	TENORIO FREIRE MARTIN	1992	GALAICO	1:14.05	M 25	2023-02-12	Santa Isabel	10	50B: 34.36
3	1222771	LAGO GONZALEZ IVAN	1993	NPONTEA	2:06.06	M 25	2023-02-12	ÁLVARO PINO	8	50B: 53.99
<b>35+</b>										
1	1076287	PAZOS ALONSO JOSUE	1986	ESCUALOS	1:15.27	M 25	2023-02-12	MONFORTE	13	50B: 35.88
2	1041444	FERNANDEZ VARELA PABLO J.	1984	ADFOGAR	1:18.13	M 25	2023-02-12	Santa Isabel	10	50B: 36.37
3	1136629	FIGUEIRA DOMINGUEZ J.G.	1988	RBAIXAS	1:19.83	M 25	2023-02-12	ÁLVARO PINO	8	50B: 37.20
4	1084043	PIÑEIRO PEON ANTONIO	1984	GALAICO	1:20.03	M 25	2023-02-12	Santa Isabel	7	50B: 37.28
5	1199549	MARTINEZ DOPAZO DAVID	1987	GALAICO	1:22.17	M 25	2023-02-12	Santa Isabel	6	50B: 38.90
6	1143890	FORTES NOVOA MARTIÑO	1988	ESCUALOS	1:22.82	M 25	2023-02-12	MONFORTE	5	

		50B: 40.50								
7	1191119	CAO LAGO PABLO	1987	RBAIXAS	1:28.71	M 25	2023-02-12	ÁLVARO PINO	4	
		50B: 40.76								
8	1203519	KRUGLOV MYKOLA	1985	ESCUALOS	1:28.88	M 25	2023-02-12	MONFORTE	3	
		50B: 42.50								
9	1023057	PEREZ VAZQUEZ TELMO	1988	CMARINA	1:29.65	M 25	2023-02-12	Santa Isabel	2	
		50B: 42.28								
10	1198278	MANEIRO BETANZOS JAVIER	1985	ESCUALOS	1:39.95	M 25	2023-02-12	MONFORTE	1	
		50B: 47.41								
11	1223126	ALVAREZ FERRIN PABLO	1984	CIDSANTI	1:40.43	M 25	2023-02-12	Santa Isabel	0	
		50B: 47.87								
12	1204315	TORRES FRAILE EMILIO	1984	MOLEMOS	1:44.37	M 25	2023-02-12	MONFORTE	0	
		50B: 49.99								
<b>40+</b>										
1	1107942	GARCIA RODRIGUEZ SERGIO	1981	RBAIXAS	1:16.04	M 25	2023-02-12	ÁLVARO PINO	13	
		50B: 35.94								
2	1093446	VAZQUEZ IGLESIAS DANIEL	1979	RBAIXAS	1:18.45	M 25	2023-02-12	ÁLVARO PINO	10	
		50B: 36.79								
3	1038961	MARTINEZ PENNA ADRIAN	1983	ADFOGAR	1:19.55	M 25	2023-02-12	Santa Isabel	8	
		50B: 38.24								
4	1143897	SEVILLA AROCA JAVIER	1983	ESCUALOS	1:21.40	M 25	2023-02-12	MONFORTE	7	
		50B: 38.59								
5	1143895	PADIN CHARLIN JOAQUIN	1980	ESCUALOS	1:26.43	M 25	2023-02-12	MONFORTE	6	
		50B: 40.29								
6	1143702	GUTIERREZ COSTAS OSCAR	1982	RBAIXAS	1:32.11	M 25	2023-02-12	ÁLVARO PINO	5	
		50B: 42.81								
7	1199899	DOMINGUEZ PHILOCREON TICIANO	1981	CIDSANTI	1:33.16	M 25	2023-02-12	Santa Isabel	4	
		50B: 44.34								
8	1190529	CERVELA DEBER MOISES	1982	SALESTRA	1:34.77	M 25	2023-02-12	Santa Isabel	3	
		50B: 44.30								
9	1076282	CARRERA COSTAS ANDRES	1982	NPONTEA	1:37.42	M 25	2023-02-12	ÁLVARO PINO	2	
		50B: 45.68								
10	1038913	SUAREZ GARCIA PEDRO LOIS	1980	NPONTEA	1:38.78	M 25	2023-02-12	ÁLVARO PINO	1	
		50B: 47.38								
11	1076542	GONZALEZ CONDE RODRIGO	1982	NPONTEA	1:39.33	M 25	2023-02-12	ÁLVARO PINO	0	
		50B: 46.33								
12	1084041	SUAREZ GARCIA SERGIO	1980	MPVETUS	1:41.11	M 25	2023-02-12	ÁLVARO PINO	0	
		50B: 47.70								
13	1200126	TABOADA CALVELO JOSE CARLOS	1979	SALESTRA	1:41.67	M 25	2023-02-12	Santa Isabel	0	
		50B: 47.60								
14	1238677	MARIÑO GONZALEZ RAMÓN	1980	POURENSE	1:43.21	M 25	2023-02-12	MONFORTE	0	
		50B: 50.04								
15	1144946	RODRIGUEZ GARCIA JOSE BERNARDO	1983	RBAIXAS	1:51.08	M 25	2023-02-12	ÁLVARO PINO	0	



50B: 49.60

16	1039360	POSE MATO CESAR	1983	ADFOGAR	2:12.67	M 25	2023-02-12	Santa Isabel	0
		50B: 1:02.20							

**45+**

1	1076560	EIRIZ DIEGUEZ DANIEL	1978	CNMOS	1:15.92	M 25	2023-02-12	ÁLVARO PINO	13
		50B: 35.64							
2	1143601	NOGUEIRA-PINTO CRESPO HUGO	1978	ESCUALOS	1:19.29	M 25	2023-02-12	MONFORTE	10
		50B: 38.45							
3	1118746	SANCHEZ GORDON ROMAN	1978	RBAIXAS	1:20.92	M 25	2023-02-12	ÁLVARO PINO	8
		50B: 37.82							
4	1205935	GUIRADO CARABEL OSCAR	1976	CULLERED	1:22.43	M 25	2023-02-12	Santa Isabel	7
		50B: 39.12							
5	1134332	GIGOSO BLAS DAVID	1976	RBAIXAS	1:24.31	M 25	2023-02-12	ÁLVARO PINO	6
		50B: 39.75							
6	1218110	HERMIDA SALIDO GUSTAVO	1977	NTNARON	1:24.35	M 25	2023-02-12	Santa Isabel	5
		50B: 39.70							
7	1079343	MOURIÑO ORTIGUERA ROBERTO C.	1974	NPONTEA	1:28.63	M 25	2023-02-12	ÁLVARO PINO	4
		50B: 41.75							
8	1224729	FERNADEZ BARREIROS CLAUDIO	1975	CNORDES	1:38.47	M 25	2023-02-12	Santa Isabel	3
		50B: 46.22							
9	1146885	GRAÑA FERNANDEZ ALFONSO	1976	NTNARON	1:38.51	M 25	2023-02-12	Santa Isabel	2
		50B: 48.08							
10	1174679	DE MARTIN DIAZ RUBEN	1976	POURENSE	1:39.95	M 25	2023-02-12	MONFORTE	1
		50B: 48.00							
11	1076535	DE LUIS GONZÁLEZ AITOR	1974	RCNVIGO	1:39.97	M 25	2023-02-12	ÁLVARO PINO	0
		50B: 48.55							
12	1127402	PEXEGUEIRO BALADRON NICOLAS	1977	CNMOS	1:40.46	M 25	2023-02-12	ÁLVARO PINO	0
		50B: 47.37							
13	1078844	FERNÁNDEZ FERNÁNDEZ JOSÉ LUIS	1974	CIDSANTI	1:48.41	M 25	2023-02-12	Santa Isabel	0
		50B: 51.18							
14	1143964	TABOAS BASTOS OSCAR	1977	CNMOS	1:56.76	M 25	2023-02-12	ÁLVARO PINO	0
		50B: 55.06							

**50+**

1	1197597	HERNAEZ OUBIÑA DAVID	1973	CULLERED	1:21.69	M 25	2023-02-12	Santa Isabel	13
		50B: 37.44							
2	1141504	BOUSO FUENTECILLA FERNANDO	1971	ESCUALOS	1:30.85	M 25	2023-02-12	MONFORTE	10
		50B: 43.13							
3	1178895	CRESPO PÉREZ ALBARINO	1970	ESCUALOS	1:31.00	M 25	2023-02-12	MONFORTE	8
		50B: 42.64							
4	1143605	FERNANDEZ MARTINEZ ALBERTO	1971	ESCUALOS	1:35.04	M 25	2023-02-12	MONFORTE	7
		50B: 46.94							
5	1144117	PREGO MARTINEZ BENJAMIN	1973	NPONTEA	1:35.25	M 25	2023-02-12	ÁLVARO PINO	6

		50B: 42.95								
6	1147287	ESCUADERO DANS DAVID	1973	TRICORUÑ	1:36.25	M 25	2023-02-12	Santa Isabel	5	
		50B: 44.58								
7	1143494	IGLESIAS RODRIGUEZ CARLOS	1969	RBAIXAS	1:40.39	M 25	2023-02-12	ÁLVARO PINO	4	
		50B: 48.44								
8	1180239	MARTÍNEZ LEMA JOSÉ ANTONIO	1972	TRICORUÑ	1:41.06	M 25	2023-02-12	Santa Isabel	3	
		50B: 48.55								
9	1078814	CANOSA RODRIGUEZ ALFONSO J.	1971	ADFOGAR	1:45.13	M 25	2023-02-12	Santa Isabel	2	
		50B: 49.32								
10	1143612	PENEDO PADIN ADOLFO	1972	GALAICO	1:51.45	M 25	2023-02-12	Santa Isabel	1	
		50B: 50.04								
11	1197604	ARAUJO FERNÁNDEZ JOSE	1971	ESCUALOS	1:52.09	M 25	2023-02-12	MONFORTE	0	
		50B: 52.76								
12	1208795	LORENZO GONZALEZ-VISO CARLOS	1971	POURENSE	1:56.76	M 25	2023-02-12	MONFORTE	0	
		50B: 52.50								
<b>55+</b>										
1	1143661	TOURIÑO GONZALEZ VICTOR M.	1968	CMARINA	1:23.55	M 25	2023-02-12	Santa Isabel	13	
		50B: 39.36								
2	1085112	RIVAS FEAL ANTONIO	1966	HERCULES	1:26.18	M 25	2023-02-12	MONFORTE	10	
		50B: 39.93								
3	1180234	SÁNCHEZ SECO MANUEL	1968	ESCUALOS	1:40.76	M 25	2023-02-12	MONFORTE	8	
		50B: 45.55								
4	1143966	FERNANDEZ GONZALEZ ALVARO	1965	CNMOS	1:52.82	M 25	2023-02-12	ÁLVARO PINO	7	
		50B: 53.26								
5	1106829	RODRIGUEZ FERNANDEZ FCO. XABIE	1964	ADFOGAR	2:03.91	M 25	2023-02-12	Santa Isabel	6	
		50B: 57.74								
<b>60+</b>										
1	1180241	COLLAZO LÓPEZ VICTOR ELISEO	1963	SALESTRA	1:43.37	M 25	2023-02-12	Santa Isabel	13	
		50B: 47.04								
2	1144940	HERNANZ MORAL FAUSTO	1962	RBAIXAS	1:57.15	M 25	2023-02-12	ÁLVARO PINO	10	
		50B: 55.51								
3	1144712	MONTERO FERNANDEZ JOSE ANTONIO	1963	POURENSE	2:01.05	M 25	2023-02-12	MONFORTE	8	
		50B: 57.12								
<b>65+</b>										
1	1048207	ROS ROSILLO ALEJANDRO	1958	RBAIXAS	1:30.43	M 25	2023-02-12	ÁLVARO PINO	13	
		50B: 44.27								
2	1222391	AREA PEREIRA JOSE MANUEL	1957	GALAICO	2:50.75	M 25	2023-02-12	Santa Isabel	10	
		50B: 1:17.77								
<b>70+</b>										
1	1076487	RODRIGUEZ LEMOS ANDRES J.	1949	CNMOS	1:56.25	M 25	2023-02-12	ÁLVARO PINO	13	



## LIGA GALEGA MÁSTER XOR. 3 (UNIFICADOS)

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50B: 55.11

2	1076488	MONROY FERNÁNDEZ MANUEL	1950	NPONTEA	2:22.42	M 25	2023-02-12	ÁLVARO PINO	10
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50B: 1:04.21

3	1076489	VIRUEL RODRÍGUEZ DIEGO	1952	CTRAVIE	2:40.23	M 25	2023-02-12	ÁLVARO PINO	8
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50B: 1:13.49

### 80+

1	1143430	ARAUJO DOMINGUEZ FRANCISCO	1940	NPONTEA	2:59.92	M 25	2023-02-12	ÁLVARO PINO	13
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50B: 1:24.84

## 9. 4x50 m Estilos Mixta

<b>+80</b>							
1	C. N. FERROL	CNFERRO	2:10.06	M 25	2023-02-12	Santa Isabel	26
	CHANS FANEGO PAULA (2003)	50E: 33.26					
	LOPEZ HERMIDA CLARA (2002)						
	PEDRE SALIDO JULIO (2003)						
	RODRÍGUEZ GONZÁLEZ A.J. (1991)						
2	C. N. PONTEAREAS	NPONTEA	2:12.75	M 25	2023-02-12	ÁLVARO PINO	20
	IBAÑEZ CARRERA SARA (2001)	50E: 35.23					
	MARTINEZ MARTINEZ MARCOS (2003)						
	EIJO GIL ANA PAULA (2003)						
	CANCELA GOMEZ HUGO (2003)						
3	C. N. MONFORTE DE LEMOS	MOLEMOS	2:16.73	M 25	2023-02-12	MONFORTE	16
	RODRIGUEZ GONZÁLEZ RAQUEL (1993)	50E: 44.10					
	SUAREZ FERNÁNDEZ SANTIAGO (1995)						
	CASTRO DE LA FUENTE UXIA (2003)						
	PONTON RODRIGUEZ JUAN (2002)						
4	C. MARINA FERROL	CMARINA	2:18.07	M 25	2023-02-12	Santa Isabel	14
	ANEIROS DOPICO LAURA (2000)	50E: 34.90					
	GOMEZ CASAL LUIS (2002)						
	ARDAO GRANDAL DANIEL (2002)						
	LORENZO SENRA NOEMI (2002)						
5	C. DEP. N. CIDADE DE SANTIAGO	CIDSANTI	2:18.21	M 25	2023-02-12	Santa Isabel	12
	SUAREZ RIPOLL XIAN (2003)	50E: 30.40					
	BLAITEAU EVA (2003)						
	SUAREZ URRUZOLA LEO (2000)						
	FERNÁNDEZ JUAN MARÍA (1998)						
<b>+100</b>							
1	C. N. PONTEAREAS	NPONTEA	2:32.46	M 25	2023-02-12	ÁLVARO PINO	26
	CHAMADOIRA DOMÍNGUEZ JENNIFER (1994)	50E: 34.62					
	IBAÑEZ CARRERA MANUEL GABRIEL (1996)						
	RODRIGUEZ BALIÑA MAURO (1990)						
	GONZALEZ PEREZ PAULA (1996)						
<b>+120</b>							
1	C. N. PONTEAREAS	NPONTEA	2:16.92	M 25	2023-02-12	ÁLVARO PINO	26
	GESTO ALONSO CLARISA (1989)	50E: 38.24					
	BOUZA PADRON ADRIAN (1997)						
	CARRERA COSTAS MARTIN (1996)						
	VARELA REDONDO VERONICA (1975)						

2	C. N. GALAICO	GALAICO	2:17.75	M 25	2023-02-12	Santa Isabel	20
	GARCIA MIGUEZ ROSALIA (1998)	50E: 37.27					
	SANTORUM FONTAN IRIA MARTA (1992)						
	TRIGO CASTRO CARLOS (1993)						
	CALLE FACAL TELMO (1983)						
3	C. N. VIGO RÍAS BAIXAS	RBAIXAS	2:28.31	M 25	2023-02-12	ÁLVARO PINO	16
	GONZALEZ PEREZ JESSICA (1987)	50E: 45.04					
	FIGUEIRA DOMINGUEZ J.G. (1988)						
	PRADO FRANCO MARTA E. (1979)						
	CAO LAGO PABLO (1987)						
4	C. N. MONFORTE DE LEMOS	MOLEMOS	2:30.73	M 25	2023-02-12	MONFORTE	14
	VÁZQUEZ FUENTES CINTIA (1987)	50E: 39.87					
	GONZALEZ MACIA ALBA (1994)						
	BALLESTER IBAÑEZ EDGAR (1991)						
	ALVAREZ CASTRO TEODORO (1990)						
5	C. N. ESCUALOS	ESCUALOS	2:31.60	M 25	2023-02-12	MONFORTE	12
	MIRA VAZQUEZ PAULA (1986)	50E: 45.84					
	MIRA VAZQUEZ MARTA (1981)						
	SEVILLA AROCA JAVIER (1983)						
	MANEIRO BETANZOS JAVIER (1985)						
6	AGRUP. DEP. FOGAR	ADFOGAR	2:40.15	M 25	2023-02-12	Santa Isabel	10
	COTELO SENANDE ALBERTO (1988)	50E: 41.92					
	SANTOS DA GRACA FRANCELINA (1987)						
	FERNANDEZ VARELA PABLO J. (1984)						
	EIRIS CASTRO ANDREA (1990)						
7	C. TRIATLÓN CORUÑA	TRICORUÑ	2:40.90	M 25	2023-02-12	Santa Isabel	8
	PINO AGUIRRE CRISTINA (1988)	50E: 46.39					
	GIL FERNANDEZ MARTA (1988)						
	ESCUDEIRO DANS DAVID (1973)						
	FERNÁNDEZ LAGUNA F.J. (1987)						
8	C. N. MONFORTE DE LEMOS	MOLEMOS	2:48.00	M 25	2023-02-12	MONFORTE	6
	PONTON RODRIGUEZ JUAN (2002)	50E: 38.86					
	MARTINEZ GARCIA SUSANA (1991)						
	BELTRAN DIAZ EMILIO (1977)						
	ESCUDEIRO FERNÁNDEZ RAQUEL (1977)						
<b>+160</b>							
1	AGRUP. DEP. NÁUTICO DE NARÓN	NTNARON	2:15.87	M 25	2023-02-12	Santa Isabel	26
	LOUREIRO AMOR BELEN MARTINA (1988)	50E: 35.52					
	HERMIDA SALIDO GUSTAVO (1977)						
	MARTINEZ FERNANDEZ HECTOR (1977)						
	RIVAS TENREIRO ARANTZA (1989)						
2	C. N. VIGO RÍAS BAIXAS	RBAIXAS	2:17.48	M 25	2023-02-12	ÁLVARO PINO	20
	SANCHEZ GORDON ROMAN (1978)	50E: 33.68					

	RODRIGUEZ PEREZ VANESA (1986)							
	GARCIA RODRIGUEZ SERGIO (1981)							
	MARCOS VARELA LAURA (1976)							
3	C. DEP. N. CIDADE DE SANTIAGO	CIDSANTI	2:21.25	M 25	2023-02-12	Santa Isabel	16	
	PUENTE DÍAZ JAVIER (1971)	50E: 37.88						
	RODRÍGUEZ SALGADO MANUEL (1975)							
	SANZ BARRIONUEVO MARIA LUISA (1991)							
	ALCALDE BALADO TANIA (1986)							
4	C. N. ESCUALOS	ESCUALOS	2:26.32	M 25	2023-02-12	MONFORTE	14	
	MARTIN CHRISTELLE (1981)	50E: 44.55						
	NOGUEIRA-PINTO CRESPO HUGO (1978)							
	PAZOS ALONSO JOSUE (1986)							
	FKEOUI OMARI SALMA (1982)							
5	C. N. PABELLÓN OURENSE	POURENSE	2:38.43	M 25	2023-02-12	MONFORTE	12	
	RODRIGUEZ VAZQUEZ MARIA TERESA (1972)	50E: 55.80						
	DE MARTIN DIAZ RUBEN (1976)							
	VILA CID MARCOS (1987)							
	GONZALEZ RODRIGUEZ MARIA (1982)							
6	C. N. MOS	CNMOS	2:51.17	M 25	2023-02-12	ÁLVARO PINO	10	
	SOUSA CARNEIRO ALICIA (1974)	50E: 1:02.25						
	EIRIZ DIEGUEZ DANIEL (1978)							
	SEQUEIROS LAGO SAUL (1998)							
	SOUSA CARNEIRO ROSANA (1971)							
7	C. N. GALAICO	GALAICO	2:58.45	M 25	2023-02-12	Santa Isabel	8	
	BETHENCOURT IGLESIAS SERGIO (1963)	50E: 42.78						
	GONZALEZ GARCIA COVADONGA (1989)							
	PIÑEIRO PEON ANTONIO (1984)							
	CRESPO ESTEVEZ LAURA (1994)							
8	C. N. PONTEAREAS	NPONTEA	3:04.90	M 25	2023-02-12	ÁLVARO PINO	6	
	MARTÍNEZ DOMÍNGUEZ IVÁN (1988)	50E: 47.57						
	OLMO VAQUEIRO LETICIA (1981)							
	FERNANDEZ IGLESIAS EMILIO J. (1977)							
	BESADA FERNÁNDEZ ANA M. (1978)							
9	C. TRAVIESAS N.	CTRAVIE	3:26.69	M 25	2023-02-12	ÁLVARO PINO	4	
	SEGUÍN CID SEVERINO (1959)	50E: 50.89						
	MARTINEZ BARCIELA MARIA OLGA (1990)							
	MARTY PAZOS MARIA VICTORIA (1965)							
	FIDALGO SERRANO GUILLERMO (1986)							
<b>+200</b>								
1	C. N. VIGO RÍAS BAIXAS	RBAIXAS	2:36.48	M 25	2023-02-12	ÁLVARO PINO	26	
	HERNANDEZ ALFAGEME RITA (1971)	50E: 45.72						
	ROS ROSILLO ALEJANDRO (1958)							
	MASSO AGUADO JORGE (1976)							

	RODRIGUEZ LOPEZ BELEN (1981)							
2	C. N. PONTEAREAS	NPONTEA	2:45.93	M 25	2023-02-12	ÁLVARO PINO	20	
	DEL AMO BLANCO MARGARITA (1967) 50E: 47.49							
	PREGO MARTINEZ BENJAMIN (1973)							
	MOURIÑO ORTIGUERA ROBERTO C. (1974)							
	SOBRINO EIRIZ MARIA DEL VALLE (1972)							
3	C. N. ESCUALOS	ESCUALOS	2:50.24	M 25	2023-02-12	MONFORTE	16	
	DE LORENZO FERNANDEZ MARIA (1978) 50E: 45.18							
	CRESPO PÉREZ ALBARINO (1970)							
	FERNANDEZ MARTINEZ ALBERTO (1971)							
	PEREZ PEREZ SONIA (1972)							
4	AGRUP. DEP. FOGAR	ADFOGAR	2:52.34	M 25	2023-02-12	Santa Isabel	14	
	PEREIRA ALONSO ISABEL (1961) 50E: 57.96							
	MARTINEZ PENA ADRIAN (1983)							
	GENDE DIAZ JUAN F. (1970)							
	RODRIGUEZ REY MARIA J. (1973)							
5	C. N. CULLEREDO	CULLERED	3:05.91	M 25	2023-02-12	Santa Isabel	12	
	GUIRADO CARABEL OSCAR (1976) 50E: 35.49							
	SAR MORANO DOLORES (1955)							
	VAZQUEZ PEREZ LUIS FERNANDO (1979)							
	LOPEZ BLANCO M° ISABEL (1963)							
6	C. DEP. N. CIDADE DE SANTIAGO	CIDSANTI	3:06.71	M 25	2023-02-12	Santa Isabel	10	
	BROZOS VAZQUEZ ELENA MARÍA (1982) 50E: 1:03.16							
	FERNANDEZ ARRUTI JOSE ANGEL (1959)							
	CODESIDO LOPEZ JOSÉ (1959)							
	ROMERO GOYANES VANESA (1982)							
7	C. N. GALAICO	GALAICO	3:40.16	M 25	2023-02-12	Santa Isabel	8	
	CELEMIN PORRERO MARIA TERESA (1959) 50E: 59.83							
	FERNANDEZ GARCIA MARINA (1997)							
	PENEDO PADIN ADOLFO (1972)							
	AREA PEREIRA JOSE MANUEL (1957)							

**+240**

1	C. N. PONTEAREAS	NPONTEA	3:35.64	M 25	2023-02-12	ÁLVARO PINO	26	
	RODRIGUEZ GOMEZ EMILIO (1961) 50E: 50.12							
	MONROY FERNÁNDEZ MANUEL (1950)							
	ABREU FERNANDEZ MARTA (1971)							
	FERNANDEZ SESTELO MARIA JOSE (1970)							
2	C. N. PABELLÓN OURENSE	POURENSE	3:43.50	M 25	2023-02-12	MONFORTE	20	
	PEREZ GALLARDO TERESA (1964) 50E: 1:19.30							
	MONTERO FERNANDEZ JOSE ANTONIO (1963)							
	BALADO LOPEZ ANA MARIA (1961)							
	BLANCO PEREZ ANGEL (1964)							
3	C. TRAVIESAS N.	CTRAVIE	3:45.91	M 25	2023-02-12	ÁLVARO PINO	16	

VIRUEL RODRÍGUEZ DIEGO (1952) 50E: 1:19.84

BARJA BARJA LILIANA (1965)

GONZALEZ-ALEGRE BURGUEÑO A.M. (1952)

FIDALGO SERRANO MANUEL A. (1981)

4 C. N. VIGO RÍAS BAIXAS RBAIXAS 4:28.21 M 25 2023-02-12 ÁLVARO PINO 14

PEREZ DOMINGUEZ MARIA LUISA (1944) 50E: 2:05.89

ALVAREZ LARRAN MARIA DEL PILAR (1979)

SANCHEZ MUÑOZ JOSE IGNACIO (1961)

HERNANZ MORAL FAUSTO (1962)

**+280**

1 C. N. PONTEAREAS NPONTEA 5:01.97 M 25 2023-02-12 ÁLVARO PINO 26

MORAL RUBIO ISABEL (1942) 50E: 1:40.27

ARAUJO DOMINGUEZ FRANCISCO (1940)

SUAREZ GARCIA PEDRO LOIS (1980)

GONZALEZ RODRIGUEZ S. MARTA (1946)