

1. 400 m Libre Feminino

20+										
1	1140796	DIAZ DO PICO SABELA	2002	CNFERRO	5:03.66	M 25	2022-11-12	BATALLONES	13	
		50L: 33.66			100L: 1:10.69					200L: 2:28.16
2	1039634	LAGO CASTILLO NATALIA	1999	NCORUÑA	5:17.54	M 25	2022-11-13	CARBALLO CALERO	10	
		50L: 34.83			100L: 1:13.74					200L: 2:34.26
3	1038929	GONZALEZ AVENDAÑO LUCIA	1999	GALAICO	5:29.73	M 25	2022-11-06	ÁLVARO PINO	8	
		50L: 37.58			100L: 1:17.91					200L: 2:41.27
4	1144257	FERNANDEZ GONZALEZ ELENA	2001	HERCULES	5:50.81	M 25	2022-11-13	CARBALLO CALERO	7	
		50L: 34.51			100L: 1:23.44					200L: 2:52.11
5	1232978	LOPEZ MORADO MARIA	2001	CULLERED	5:55.00	M 25	2022-11-13	CARBALLO CALERO	6	
		50L: 41.05			100L: 1:28.16					
6	1037965	COSTA FERNANDEZ LAURA	2001	NPONTEA	6:05.44	M 25	2022-11-06	ÁLVARO PINO	5	
		50L: 39.21			100L: 1:22.38					200L: 2:52.98
7	1041231	RODRIGUEZ PEREZ LORENA	2001	NPONTEA	6:28.83	M 25	2022-11-06	ÁLVARO PINO	4	
		50L: 39.06			100L: 1:22.72					200L: 2:58.10
25+										
1	1075328	LOPEZ SANMARTIN NEREA	1996	CNFERRO	5:08.49	M 25	2022-11-12	BATALLONES	13	
		50L: 33.91			100L: 1:11.48					200L: 2:29.66
2	1130789	GARCIA MIGUEZ ROSALIA	1998	GALAICO	5:15.58	M 25	2022-11-06	ÁLVARO PINO	10	
		50L: 35.86			100L: 1:14.99					200L: 2:36.33
3	1178773	CHAMADOIRA DOMÍNGUEZ JENNIFER	1994	NPONTEA	5:20.56	M 25	2022-11-06	ÁLVARO PINO	8	
		50L: 34.24			100L: 1:12.78					200L: 2:34.07
4	1038608	SUAREZ GARCIA SOFIA	1997	RBAIXAS	5:46.25	M 25	2022-11-06	ÁLVARO PINO	7	
		50L: 37.06			100L: 1:18.52					200L: 2:47.04
5	1078925	SALGADO CASTELO MARTA	1994	POR-MIÑA	6:44.78	M 25	2022-11-12	BATALLONES	6	
		50L: 47.28			100L: 1:37.61					200L: 3:21.78
6	1035411	FERNANDEZ GARCIA MARINA	1997	GALAICO	7:04.44	M 25	2022-11-06	ÁLVARO PINO	5	
		50L: 46.28			100L: 1:37.43					200L: 3:26.23
30+										
1	1040731	GESTO ALONSO CLARISA	1989	NPONTEA	5:56.53	M 25	2022-11-06	ÁLVARO PINO	13	
		50L: 39.58			100L: 1:22.59					200L: 2:55.78
2	1143565	ARAÚJO CASTRO PAULA	1991	CDELMAR	6:13.67	M 25	2022-11-13	CARBALLO CALERO	10	
		50L: 36.57			100L: 1:22.52					200L: 2:59.52
3	1218233	SANCHEZ DE LLANO M. NIEVES	1992	CASINOC	7:14.78	M 25	2022-11-13	CARBALLO CALERO	8	
		50L: 50.08			100L: 1:44.57					200L: 3:36.64
35+										
1	1144894	VINAGRE SENDINO CORA	1988	CASINOC	5:37.34	M 25	2022-11-13	CARBALLO CALERO	13	

	50L: 35.08	100L: 1:15.91	200L: 2:42.89						
2	1144403 SILVA SILVA NATALIA		1986 CNMOS	5:50.26	M 25	2022-11-06	ÁLVARO PINO	10	
	50L: 37.55	100L: 1:18.46	200L: 2:46.43						
3	1144948 GONZALEZ PEREZ JESSICA		1987 RBAIXAS	6:03.48	M 25	2022-11-06	ÁLVARO PINO	8	
	50L: 40.17	100L: 1:24.32	200L: 2:55.65						
4	1147098 SANTOS DA GRACA FRANCELINA		1987 ADFOGAR	7:14.18	M 25	2022-11-13	CARBALLO CALERO	7	
	50L: 47.19	100L: 1:39.58	200L: 3:31.34						
40+									
1	1013486 GONZALEZ RODRIGUEZ MARIA		1982 POURENSE	5:22.19	M 25	2022-11-12	BATALLONES	13	
	50L: 34.87	100L: 1:12.37	200L: 2:32.55						
2	1075221 HERMIDA RODRIGUEZ BLANCA		1981 CMARINA	5:24.40	M 25	2022-11-12	BATALLONES	10	
	50L: 36.19	100L: 1:16.65	200L: 2:38.97						
3	1143598 MIRA VAZQUEZ MARTA		1981 ESCUALOS	6:13.92	M 25	2022-11-12	BATALLONES	8	
	50L: 42.57	100L: 1:28.14	200L: 3:02.71						
4	1144200 RODRIGUEZ LOPEZ BELEN		1981 RBAIXAS	6:31.75	M 25	2022-11-06	ÁLVARO PINO	7	
	50L: 42.90	100L: 1:31.47	200L: 3:11.37						
5	1144042 HERMIDA MARTINEZ VANESA		1983 RBAIXAS	6:34.74	M 25	2022-11-06	ÁLVARO PINO	6	
	50L: 46.44	100L: 1:35.69	200L: 3:16.03						
6	1144598 OLMO VAQUEIRO LETICIA		1981 NPONTEA	6:35.50	M 25	2022-11-06	ÁLVARO PINO	5	
	50L: 44.94	100L: 1:33.66	200L: 3:14.54						
7	1145082 FARIÑA SOUSA NOEMI		1983 GALAICO	7:35.38	M 25	2022-11-06	ÁLVARO PINO	4	
	50L: 46.57	100L: 1:40.82	200L: 3:37.22						
8	1075224 BROZOS VAZQUEZ ELENA MARÍA		1982 CIDSANTI	7:38.92	M 25	2022-11-13	CARBALLO CALERO	3	
	50L: 48.92	100L: 1:43.12	200L: 3:40.05						
9	1224727 AMOR BARBEITO SONIA		1979 CNORDES	8:04.66	M 25	2022-11-13	CARBALLO CALERO	2	
	50L: 52.29	100L: 1:52.62	200L: 3:57.54						
45+									
1	1221213 CAGIAO RODRIGUEZ NATALIA		1978 CASINOC	5:47.40	M 25	2022-11-13	CARBALLO CALERO	13	
	50L: 38.08	100L: 1:20.51	200L: 2:49.34						
2	1040944 VARELA REDONDO VERONICA		1975 NPONTEA	6:04.37	M 25	2022-11-06	ÁLVARO PINO	10	
	50L: 39.78	100L: 1:23.93	200L: 2:55.60						
3	1143894 DE LORENZO FERNANDEZ MARIA		1978 ESCUALOS	6:12.47	M 25	2022-11-12	BATALLONES	8	
	50L: 41.90	100L: 1:28.00	200L: 3:02.94						
4	1143813 REGUEIRA MARTINEZ MARIA J.		1975 HERCULES	6:38.12	M 25	2022-11-13	CARBALLO CALERO	7	
	50L: 42.43	100L: 1:31.24	200L: 3:14.86						
5	1178775 COVELO SAAVEDRA NAHIR		1978 NPONTEA	6:45.37	M 25	2022-11-06	ÁLVARO PINO	6	
	50L: 45.93	100L: 1:35.44	200L: 3:18.37						
6	1180238 GARCÍA SEOANE CRISTINA MARÍA		1975 CASINOC	6:59.98	M 25	2022-11-13	CARBALLO CALERO	5	
	50L: 44.43	100L: 1:36.00	200L: 3:21.39						
7	1144791 LORENZO LODEIRO M.D.C.		1978 HERCULES	7:29.06	M 25	2022-11-13	CARBALLO CALERO	4	
	50L: 49.59	100L: 1:44.03	200L: 3:39.32						
8	1224731 RIVEIRA CAAMAÑO REBECA		1977 CNORDES	7:31.28	M 25	2022-11-13	CARBALLO CALERO	3	

	50L: 48.16	100L: 1:44.46	200L: 3:42.14						
9	1197606	CARBALLO BALOIRA SUSANA MARÍA	1975	HERCULES	8:22.11	M 25	2022-11-13	CARBALLO CALERO	2
	50L: 55.09	100L: 1:57.22	200L: 4:08.79						
10	1178771	BESADA FERNÁNDEZ ANA M.	1978	NPONTEA	8:26.61	M 25	2022-11-06	ÁLVARO PINO	1
	50L: 55.55	100L: 1:59.68	200L: 4:10.59						
50+									
1	1197600	SANDERSON HELEN JANE	1970	CULLERED	6:17.52	M 25	2022-11-13	CARBALLO CALERO	13
	50L: 39.96	100L: 1:25.48	200L: 3:02.98						
2	1076154	ABREU FERNANDEZ MARTA	1971	NPONTEA	7:08.86	M 25	2022-11-06	ÁLVARO PINO	10
	50L: 50.79	100L: 1:43.96	200L: 3:32.40						
3	1199642	GARNACHO GAYARRE NURIA	1969	CASINOC	7:42.34	M 25	2022-11-13	CARBALLO CALERO	8
	50L: 52.11	100L: 1:48.01	200L: 3:45.87						
4	1127346	SOBRINO EIRIZ MARIA DEL VALLE	1972	NPONTEA	8:10.98	M 25	2022-11-06	ÁLVARO PINO	7
	50L: 51.88	100L: 1:51.75	200L: 4:00.04						
5	1143584	FERNANDEZ SESTELO MARIA JOSE	1970	NPONTEA	8:47.58	M 25	2022-11-06	ÁLVARO PINO	6
	50L: 58.53	100L: 2:04.96	200L: 4:22.46						
6	1226313	FERNANDEZ CHICO Mª BEGOÑA	1971	CULLERED	9:10.51	M 25	2022-11-13	CARBALLO CALERO	5
	50L: 50.58	100L: 1:53.54	200L: 4:21.04						
7	1145007	MELON PARENTE M. LOURDES	1969	NPONTEA	9:18.45	M 25	2022-11-06	ÁLVARO PINO	4
	50L: 1:08.47	100L: 2:18.30	200L: 4:39.69						
55+									
1	1147048	REGUEIRO RODRIGUEZ ANA	1966	RBAIXAS	6:32.09	M 25	2022-11-06	ÁLVARO PINO	13
	50L: 44.39	100L: 1:32.27	200L: 3:11.21						
2	1037970	CALVIÑO CANCELA MARIA CRISTINA	1968	NPONTEA	6:52.39	M 25	2022-11-06	ÁLVARO PINO	10
	50L: 46.95	100L: 1:38.60	200L: 3:23.83						
3	1076506	MARTY PAZOS MARIA VICTORIA	1965	CTRAVIE	7:27.78	M 25	2022-11-06	ÁLVARO PINO	8
	50L: 53.43	100L: 1:49.40	200L: 3:43.54						
60+									
1	1144331	TERCEIRO DELGADO MARÍA DEL MAR	1963	CDELMAR	6:06.20	M 25	2022-11-13	CARBALLO CALERO	13
	50L: 40.38	100L: 1:24.51	200L: 2:58.74						
2	1039437	BALADO LOPEZ ANA MARIA	1961	POURENSE	6:23.22	M 25	2022-11-12	BATALLONES	10
	50L: 45.09	100L: 1:32.94	200L: 3:09.62						
3	1214851	SÁNCHEZ CEBRIÁN OLGA	1962	TRICORUÑ	6:31.78	M 25	2022-11-13	CARBALLO CALERO	8
	50L: 43.02	100L: 1:30.88	200L: 3:16.79						
4	1127105	PEREIRA ALONSO ISABEL	1961	ADFOGAR	7:18.68	M 25	2022-11-13	CARBALLO CALERO	7
	50L: 48.68	100L: 1:41.82	200L: 3:32.17						
5	1170586	OREIRO PAZOS M. GLORIA	1960	ARTEIXO	7:35.04	M 25	2022-11-13	CARBALLO CALERO	6
	50L: 49.53	100L: 1:44.53	200L: 3:40.96						
6	1145099	LOPEZ MAHIA PURIFICACION	1963	HERCULES	7:37.23	M 25	2022-11-13	CARBALLO CALERO	5
	50L: 47.64	100L: 1:41.92	200L: 3:38.51						
7	1212074	LOPEZ BLANCO Mª ISABEL	1963	CULLERED	8:09.70	M 25	2022-11-13	CARBALLO CALERO	4



LIGA GALEGA MÁSTER XOR. 1 (UNIFICADOS)

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50L: 53.13

100L: 1:57.89

200L: 3:58.91

65+

1	1075178	SAR MORANO DOLORES	1955	CULLERED	8:06.52	M 25	2022-11-13	CARBALLO CALERO	13
		50L: 50.40			100L: 1:50.07				
					200L: 3:56.90				
2	1076494	SUEIRO COSTAS M ^a CARMEN	1956	NPONTEA	10:22.46	M 25	2022-11-06	ÁLVARO PINO	10
		50L: 1:12.68			100L: 2:30.27				
					200L: 5:05.60				

80+

1	1058045	MORAL RUBIO ISABEL	1942	NPONTEA	12:06.89	M 25	2022-11-06	ÁLVARO PINO	13
		50L: 1:18.63			100L: 2:49.60				
					200L: 5:54.50				

2. 400 m Libre Masculino

20+												
1	1075292	GOMEZ CASAL LUIS	2002	CMARINA	4:34.12	M 25	2022-11-12	BATALLONES	13	50L: 29.19	100L: 1:01.40	200L: 2:09.75
2	1076409	CANCELA GOMEZ HUGO	2003	NPONTEA	4:41.88	M 25	2022-11-06	ÁLVARO PINO	10	50L: 29.78	100L: 1:03.93	200L: 2:15.00
3	1078716	HERMIDA RAMOS RAUL	2000	NTNARON	5:01.02	M 25	2022-11-12	BATALLONES	8	50L: 33.66	100L: 1:10.69	200L: 2:27.62
4	1130804	CASTRO RODRIGUEZ FRANCISCO	2000	GALAICO	5:10.73	M 25	2022-11-06	ÁLVARO PINO	7	50L: 33.82	100L: 1:11.41	200L: 2:28.16
5	1141093	VILLAMOR FERRO RUBÉN	2000	ARTEIXO	5:14.30	M 25	2022-11-13	CARBALLO CALERO	6	50L: 34.49	100L: 1:13.37	200L: 2:33.41
25+												
1	1039297	DOPICO REY ANTON	1997	CNFERRO	4:28.11	M 25	2022-11-12	BATALLONES	13	50L: 31.03	100L: 1:04.68	200L: 2:13.07
2	1039568	BLANCO PEREZ ADRIAN	1994	POURENSE	4:53.53	M 25	2022-11-12	BATALLONES	10	50L: 32.21	100L: 1:08.28	200L: 2:22.28
3	1040621	SEQUEIROS LAGO SAUL	1998	CNMOS	4:57.15	M 25	2022-11-06	ÁLVARO PINO	8	50L: 32.27	100L: 1:08.06	200L: 2:22.58
4	1078908	MEILAN SANCHEZ SERGIO JOSE	1996	POR-MIÑA	5:54.66	M 25	2022-11-12	BATALLONES	7	50L: 33.57	100L: 1:13.14	200L: 2:42.49
30+												
1	1174868	BRION FERNANDEZ MANUEL JOAQUIN	1992	CIDSANTI	5:27.67	M 25	2022-11-13	CARBALLO CALERO	13	50L: 36.75	100L: 1:16.68	200L: 2:40.75
2	1178769	RODRÍGUEZ GONZÁLEZ A.J.	1991	CNFERRO	5:27.87	M 25	2022-11-12	BATALLONES	10	50L: 35.69	100L: 1:16.23	200L: 2:40.99
3	1143997	CORES VÁZQUEZ RICARDO	1992	NTNARON	5:38.69	M 25	2022-11-12	BATALLONES	8	50L: 36.46	100L: 1:15.06	200L: 2:36.78
35+												
1	1041444	FERNANDEZ VARELA PABLO JOSE	1984	ADFOGAR	4:54.15	M 25	2022-11-13	CARBALLO CALERO	13	50L: 34.02	100L: 1:11.64	200L: 2:27.56
2	1076287	PAZOS ALONSO JOSUE	1986	ESCUALOS	5:03.23	M 25	2022-11-12	BATALLONES	10	50L: 33.34	100L: 1:10.41	200L: 2:28.06
3	1086712	FREIRE DONADO GUILLERMO	1984	CIDSANTI	5:23.12	M 25	2022-11-13	CARBALLO CALERO	8	50L: 36.37	100L: 1:15.86	200L: 2:38.05
4	1199549	MARTINEZ DOPAZO DAVID	1987	GALAICO	5:23.19	M 25	2022-11-06	ÁLVARO PINO	7	50L: 36.57	100L: 1:16.05	200L: 2:37.71
5	1226258	BERNARDEZ FERRO JUAN JOSE	1987	GALAICO	5:27.26	M 25	2022-11-06	ÁLVARO PINO	6			

	50L: 35.61	100L: 1:16.85	200L: 2:41.03						
6	1228067	MONTEAGUDO LEAL JONATHAN	1987	TRICORUÑ	5:27.30	M 25	2022-11-13	CARBALLO CALERO	5
	50L: 30.14	100L: 1:07.38	200L: 2:31.88						
7	1126597	FERNANDEZ GAYOSO JOSE MANUEL	1986	CNMOS	5:37.86	M 25	2022-11-06	ÁLVARO PINO	4
	50L: 34.53	100L: 1:12.78	200L: 2:33.70						
8	1141095	LOPEZ BERMUDEZ GABRIEL	1984	RSDH	5:44.02	M 25	2022-11-13	CARBALLO CALERO	3
	50L: 35.08	100L: 1:14.70	200L: 2:40.57						
9	1145090	MARTÍNEZ DOMÍNGUEZ IVÁN	1988	NPONTEA	5:51.20	M 25	2022-11-06	ÁLVARO PINO	2
	50L: 37.19	100L: 1:18.94	200L: 2:48.87						
10	1036745	BARCIA SIXTO FRANCISCO JOSÉ	1985	NTNARON	5:55.57	M 25	2022-11-12	BATALLONES	1
	50L: 37.32	100L: 1:18.68	200L: 2:45.97						
11	1214823	GONZALEZ PEÑAS DAVID	1984	POR-MIÑA	5:59.12	M 25	2022-11-12	BATALLONES	0
	50L: 40.94	100L: 1:24.50	200L: 2:55.72						
12	1136629	FIGUEIRA DOMINGUEZ J.G.	1988	RBAIXAS	6:05.96	M 25	2022-11-06	ÁLVARO PINO	0
	50L: 40.79	100L: 1:24.40	200L: 2:55.82						
13	1226234	COTELO SENANDE ALBERTO	1988	ADFOGAR	6:08.62	M 25	2022-11-13	CARBALLO CALERO	0
	50L: 35.01	100L: 1:18.45	200L: 2:54.26						
14	1178928	FIDALGO SERRANO GUILLERMO	1986	CTRAVIE	6:40.97	M 25	2022-11-06	ÁLVARO PINO	0
	50L: 43.51	100L: 1:30.41	200L: 3:11.91						
15	1222392	SANMARTIN GOMEZ JOSE MANUEL	1987	MPVETUS	7:11.27	M 25	2022-11-06	ÁLVARO PINO	0
	50L: 44.96	100L: 1:37.15	200L: 3:27.06						
40+									
1	1107942	GARCIA RODRIGUEZ SERGIO	1981	RBAIXAS	5:00.92	M 25	2022-11-06	ÁLVARO PINO	13
	50L: 34.56	100L: 1:10.71	200L: 2:25.57						
2	1228089	MERA MONTECELOS PABLO	1983	HERCULES	5:02.04	M 25	2022-11-13	CARBALLO CALERO	10
	50L: 34.17	100L: 1:11.80	200L: 2:28.37						
3	1093448	VAZQUEZ ESMORIS PABLO	1979	ADFOGAR	5:27.84	M 25	2022-11-13	CARBALLO CALERO	8
	50L: 36.13	100L: 1:15.44	200L: 2:37.62						
4	1199899	DOMINGUEZ PHILOCREON TICIANO	1981	CIDSANTI	5:36.82	M 25	2022-11-13	CARBALLO CALERO	7
	50L: 36.82	100L: 1:16.29	200L: 2:39.60						
5	1144789	MATIAS DUARTE ERICK	1982	HERCULES	5:43.28	M 25	2022-11-13	CARBALLO CALERO	6
	50L: 38.32	100L: 1:19.97	200L: 2:46.66						
6	1190909	CARBALLA BARROSO R.M.	1981	GALAICO	5:45.29	M 25	2022-11-06	ÁLVARO PINO	5
	50L: 37.84	100L: 1:19.50	200L: 2:48.41						
7	1180237	FOUZ ROUCO RUBÉN	1979	HERCULES	5:50.81	M 25	2022-11-13	CARBALLO CALERO	4
	50L: 39.52	100L: 1:22.25	200L: 2:51.71						
8	1143899	PEREZ LOPEZ MANUEL	1981	ESCUALOS	5:54.66	M 25	2022-11-12	BATALLONES	3
	50L: 37.83	100L: 1:19.90	200L: 2:48.05						
9	1144865	ALVAREZ IGLESIAS RUBEN	1980	RBAIXAS	5:58.20	M 25	2022-11-06	ÁLVARO PINO	2
	50L: 39.09	100L: 1:21.54	200L: 2:52.68						
10	1215947	VAZQUEZ PEREZ LUIS FERNANDO	1979	CULLERED	6:25.06	M 25	2022-11-13	CARBALLO CALERO	1
	50L: 38.64	100L: 1:24.65	200L: 3:03.84						
11	1141126	GOLPE IGLESIAS JOSE ANTONIO	1982	MPVETUS	6:28.04	M 25	2022-11-06	ÁLVARO PINO	0

	50L: 40.03	100L: 1:25.63	200L: 3:03.16						
12	1144671	COSTA PEREIRA MARCOS	1982	RBAIXAS	6:33.04	M 25	2022-11-06	ÁLVARO PINO	0
	50L: 42.13	100L: 1:28.94	200L: 3:09.13						
13	1178772	CARRERA RODRÍGUEZ RUBÉN	1979	NPONTEA	6:48.08	M 25	2022-11-06	ÁLVARO PINO	0
	50L: 46.40	100L: 1:38.42	200L: 3:23.35						
14	1038913	SUAREZ GARCIA PEDRO LOIS	1980	NPONTEA	6:51.08	M 25	2022-11-06	ÁLVARO PINO	0
	50L: 43.23	100L: 1:31.47	200L: 3:15.15						
15	1039360	POSE MATO CESAR	1983	ADFOGAR	7:51.07	M 25	2022-11-13	CARBALLO CALERO	0
	50L: 52.70	100L: 1:51.95	200L: 3:53.83						

45+

1	1143480	ABADES REBOREDO DANIEL	1978	HERCULES	5:07.43	M 25	2022-11-13	CARBALLO CALERO	13
	50L: 33.96	100L: 1:12.27	200L: 2:31.68						
2	1079343	MOURIÑO ORTIGUERA ROBERTO C.	1974	NPONTEA	5:08.59	M 25	2022-11-06	ÁLVARO PINO	10
	50L: 34.82	100L: 1:13.10	200L: 2:31.50						
3	1205935	GUIRADO CARABEL OSCAR	1976	CULLERED	5:15.75	M 25	2022-11-13	CARBALLO CALERO	8
	50L: 33.23	100L: 1:10.18	200L: 2:30.72						
4	1076549	FERNÁNDEZ MAROTO DIEGO	1978	RCNVIGO	5:23.21	M 25	2022-11-06	ÁLVARO PINO	7
	50L: 35.30	100L: 1:14.76	200L: 2:37.22						
5	1212075	GONZALEZ PARIS DAVID	1978	HERCULES	5:26.60	M 25	2022-11-13	CARBALLO CALERO	6
	50L: 35.77	100L: 1:15.14	200L: 2:37.34						
6	1147010	SANJURJO POVEDA PABLO	1974	CNFERRO	5:40.97	M 25	2022-11-12	BATALLONES	5
	50L: 37.44	100L: 1:18.51	200L: 2:44.97						
7	1192271	MOURIÑO FORTES VICTOR MANUEL	1977	NPONTEA	5:53.84	M 25	2022-11-06	ÁLVARO PINO	4
	50L: 39.54	100L: 1:22.56	200L: 2:52.14						
8	1224729	FERNADEZ BARREIROS CLAUDIO	1975	CNORDES	6:00.33	M 25	2022-11-13	CARBALLO CALERO	3
	50L: 36.09	100L: 1:19.84	200L: 2:50.72						
9	1144269	LOPEZ PAYO MARIO	1977	SALESTRA	6:50.66	M 25	2022-11-12	BATALLONES	2
	50L: 38.94	100L: 1:23.87	200L: 3:08.22						
10	1224728	CARBALLIDO MOSQUERA OSCAR	1978	CNORDES	6:59.37	M 25	2022-11-13	CARBALLO CALERO	1
	50L: 42.90	100L: 1:32.35	200L: 3:18.33						

50+

1	1076185	PEREIRA DIAZ ANGEL	1972	ESCUALOS	5:06.22	M 25	2022-11-12	BATALLONES	13
	50L: 34.41	100L: 1:12.30	200L: 2:29.72						
2	1146934	DIEGUEZ ARANDA HECTOR	1973	POR-MIÑA	5:27.87	M 25	2022-11-12	BATALLONES	10
	50L: 37.84	100L: 1:18.31	200L: 2:42.21						
3	1180192	SAAVEDRA GONZÁLEZ RAUL	1973	HERCULES	5:28.84	M 25	2022-11-13	CARBALLO CALERO	8
	50L: 36.66	100L: 1:16.61	200L: 2:40.67						
4	1076538	FUENTES FERNANDEZ EUGENIO	1972	RBAIXAS	5:45.61	M 25	2022-11-06	ÁLVARO PINO	7
	50L: 39.59	100L: 1:22.50	200L: 2:52.76						
5	1144117	PREGO MARTINEZ BENJAMIN	1973	NPONTEA	5:48.18	M 25	2022-11-06	ÁLVARO PINO	6
	50L: 38.97	100L: 1:20.59	200L: 2:47.49						
6	1197597	HERNAEZ OUBIÑA DAVID	1973	CULLERED	5:51.42	M 25	2022-11-13	CARBALLO CALERO	5

	50L: 38.39	100L: 1:19.73	200L: 2:48.59						
7	1171462 FERREIRO SEOANE JOSE RAUL		1973 RBAIXAS	6:21.93	M 25	2022-11-06	ÁLVARO PINO	4	
	50L: 40.70	100L: 1:25.05	200L: 3:00.85						
8	1144792 LORENZO MEJUTO MANUEL		1971 HERCULES	6:21.97	M 25	2022-11-13	CARBALLO CALERO	3	
	50L: 43.53	100L: 1:30.68	200L: 3:10.34						
9	1141071 LORENZO FERNANDEZ JOSE MANUEL		1972 RBAIXAS	6:22.13	M 25	2022-11-06	ÁLVARO PINO	2	
	50L: 41.34	100L: 1:27.22	200L: 3:02.59						
10	1079474 MANDADO RODRIGUEZ ENRIQUE		1972 HERCULES	6:38.99	M 25	2022-11-13	CARBALLO CALERO	1	
	50L: 40.68	100L: 1:25.80	200L: 3:04.83						
11	1180236 DE LA VEGA GÁNDARAS FELIPE		1973 HERCULES	7:02.17	M 25	2022-11-13	CARBALLO CALERO	0	
	50L: 46.91	100L: 1:38.86	200L: 3:24.81						
12	1078814 CANOSA RODRIGUEZ ALFONSO J.		1971 ADFOGAR	7:06.80	M 25	2022-11-13	CARBALLO CALERO	0	
	50L: 45.60	100L: 1:37.17	200L: 3:26.33						
55+									
1	1232926 TAPIA PORTO ENRIQUE		1965 NCORUÑA	5:27.87	M 25	2022-11-13	CARBALLO CALERO	13	
	50L: 37.76	100L: 1:18.11	200L: 2:40.63						
2	1175089 NISTAL GARCÍA EDUARDO		1968 CASINOC	5:57.95	M 25	2022-11-13	CARBALLO CALERO	10	
	50L: 38.76	100L: 1:20.84	200L: 2:52.82						
3	1145033 PIÑEIRO PEREZ ARMANDO		1966 NPONTEA	6:16.83	M 25	2022-11-06	ÁLVARO PINO	8	
	50L: 41.05	100L: 1:25.60	200L: 3:01.81						
4	1037161 TOME NOGUEIRA ALBERTO M.		1968 ADFOGAR	6:17.52	M 25	2022-11-13	CARBALLO CALERO	7	
	50L: 39.67	100L: 1:27.42	200L: 3:04.87						
5	1180234 SÁNCHEZ SECO MANUEL		1968 ESCUALOS	6:24.59	M 25	2022-11-12	BATALLONES	6	
	50L: 43.34	100L: 1:29.44	200L: 3:08.37						
6	1078802 CEGARRA GARCIA EUGENIO		1964 RSDH	6:28.08	M 25	2022-11-13	CARBALLO CALERO	5	
	50L: 40.20	100L: 1:26.45	200L: 3:07.12						
7	1193949 LAMELO OTERO RAMÓN JESUS		1968 CIDSANTI	6:29.92	M 25	2022-11-13	CARBALLO CALERO	4	
	50L: 43.30	100L: 1:32.41	200L: 3:12.30						
8	1195569 PEREZ LEIVA MANUEL		1968 RBAIXAS	6:35.55	M 25	2022-11-06	ÁLVARO PINO	3	
	50L: 44.30	100L: 1:33.34	200L: 3:13.90						
9	1144788 BEREÁ RUIZ MANUEL		1964 HERCULES	6:41.46	M 25	2022-11-13	CARBALLO CALERO	2	
	50L: 43.27	100L: 1:30.82	200L: 3:12.32						
10	1175217 CASTRO QUINTELA AVELINO		1967 GALAICO	7:29.86	M 25	2022-11-06	ÁLVARO PINO	1	
	50L: 46.83	100L: 1:41.24	200L: 3:37.55						
11	1106829 RODRIGUEZ FERNANDEZ F.X.		1964 ADFOGAR	7:31.88	M 25	2022-11-13	CARBALLO CALERO	0	
	50L: 49.22	100L: 1:44.74	200L: 3:39.18						
12	1106828 TRILLO CARLIN JOSE FDO.		1968 ADFOGAR	7:40.64	M 25	2022-11-13	CARBALLO CALERO	0	
	50L: 51.38	100L: 1:49.05	200L: 3:49.64						
13	1180249 SUAREZ FREIRE DAVID MANUEL		1968 RBAIXAS	7:47.22	M 25	2022-11-06	ÁLVARO PINO	0	
	50L: 57.49	100L: 1:47.53	200L: 3:44.67						
14	1226319 PORTO ARIAS FEDERICO		1967 TRICORUÑ	7:51.74	M 25	2022-11-13	CARBALLO CALERO	0	
	50L: 47.82	100L: 1:42.66	200L: 3:44.18						
15	1228047 PEREZ GARCIA MANUEL		1967 CULLERED	8:08.24	M 25	2022-11-13	CARBALLO CALERO	0	

50L: 48.64 100L: 1:45.04 200L: 3:51.17

60+

1	1174449	FERNANDEZ ARRUTI JOSE ANGEL	1959	CIDSANTI	6:02.93	M 25	2022-11-13	CARBALLO CALERO	13
		50L: 39.37			100L: 1:23.06			200L: 2:56.87	
2	1075185	YAÑEZ WONENBURGER J. CARLOS	1959	HERCULES	6:37.36	M 25	2022-11-13	CARBALLO CALERO	10
		50L: 44.41			100L: 1:35.86			200L: 3:20.11	
3	1078596	LOIS PEREZ ANTONIO	1961	NCORUÑA	6:40.66	M 25	2022-11-13	CARBALLO CALERO	8
		50L: 39.92			100L: 1:26.17			200L: 3:06.47	
4	1076514	LAGO REY JOSE MANUEL	1963	RBAIXAS	10:00.01	M 25	2022-11-06	ÁLVARO PINO	7
		50L: 1:00.65			100L: 2:15.05			200L: 4:52.04	

65+

1	1074846	PARRADO RAMOS ANTONIO	1956	RBAIXAS	6:46.40	M 25	2022-11-06	ÁLVARO PINO	13
		50L: 44.43			100L: 1:31.01			200L: 3:13.07	
2	1222391	AREA PEREIRA JOSE MANUEL	1957	GALAICO	8:26.55	M 25	2022-11-06	ÁLVARO PINO	10
		50L: 50.24			100L: 1:51.71			200L: 4:03.02	

70+

1	1075190	SUANZES PEREZ FERNANDO	1953	HERCULES	6:10.72	M 25	2022-11-13	CARBALLO CALERO	13
		50L: 41.87			100L: 1:26.06			200L: 2:59.28	
2	1076488	MONROY FERNÁNDEZ MANUEL	1950	NPONTEA	7:28.98	M 25	2022-11-06	ÁLVARO PINO	10
		50L: 46.88			100L: 1:40.53			200L: 3:36.68	

3. 50 m Bolboreta Feminino

20+										
1	1039295	PEREIRA FERY MARTA	2001	CMARINA	32.04	M 25	2022-11-12	BATALLONES	13	
2	1075323	LOPEZ HERMIDA CLARA	2002	CNFERRO	32.23	M 25	2022-11-12	BATALLONES	10	
3	1082318	DOSIL REY LUCIA	2003	CIDSANTI	33.16	M 25	2022-11-13	CARBALLO CALERO	8	
4	1038068	ANEIROS DOPICO LAURA	2000	CMARINA	34.06	M 25	2022-11-12	BATALLONES	7	
5	1076317	DOMINGUEZ CASABELLA ANDREA	2003	NPONTEA	34.80	M 25	2022-11-06	ÁLVARO PINO	6	
6	1039636	GALLARDO DE ARTAZA SARA	1999	CDELMAR	35.68	M 25	2022-11-13	CARBALLO CALERO	5	
7	1143296	EIJO GIL ANA PAULA	2003	NPONTEA	35.97	M 25	2022-11-06	ÁLVARO PINO	4	
8	1228009	SOUTIÑO RAMIREZ CARMEN VICTORI	2001	POR-MIÑA	36.28	M 25	2022-11-12	BATALLONES	3	
9	1038929	GONZALEZ AVENDAÑO LUCIA	1999	GALAICO	36.64	M 25	2022-11-06	ÁLVARO PINO	2	
10	1076318	LEMONS FERNANDEZ ZAIRA	2002	NPONTEA	37.76	M 25	2022-11-06	ÁLVARO PINO	1	
11	1037965	COSTA FERNANDEZ LAURA	2001	NPONTEA	37.90	M 25	2022-11-06	ÁLVARO PINO	0	
12	1110948	CANO ROSALES NURIA	2001	GALAICO	38.19	M 25	2022-11-06	ÁLVARO PINO	0	
13	1080427	BLAITEAU EVA	2003	CIDSANTI	39.83	M 25	2022-11-13	CARBALLO CALERO	0	
14	1222213	ALBARELLOS GAREA LUCÍA	2001	ESCUALOS	51.36	M 25	2022-11-12	BATALLONES	0	
15	1143380	SUAREZ GARCIA MARTA	2003	RBAIXAS	51.43	M 25	2022-11-06	ÁLVARO PINO	0	
16	1201604	BARBADILLO ECHEVARRIA SOFIA	1999	CMARINA	1:04.51	M 25	2022-11-12	BATALLONES	0	
25+										
1	1115615	PASCUAL GUTIERREZ MARIA TERESA	1998	HERCULES	31.27	M 25	2022-11-13	CARBALLO CALERO	13	
2	1221622	BUENADICHA AVILES INES	1995	NCORUÑA	36.43	M 25	2022-11-13	CARBALLO CALERO	10	
3	1217434	CRESPO ESTEVEZ LAURA	1994	GALAICO	45.20	M 25	2022-11-06	ÁLVARO PINO	8	
4	1145008	GONZALEZ PEREZ PAULA	1996	NPONTEA	46.16	M 25	2022-11-06	ÁLVARO PINO	7	
5	1221887	CARRERA PEREZ CAROLINA	1994	CNMOS	46.45	M 25	2022-11-06	ÁLVARO PINO	6	
30+										
1	1075230	GARCÍA SOTO PATRICIA	1991	CNFERRO	33.10	M 25	2022-11-12	BATALLONES	13	
2	1084044	GARCIA MARIN CRISTINA	1990	NPONTEA	33.33	M 25	2022-11-06	ÁLVARO PINO	10	
3	1222211	SANZ BARRIONUEVO MARIA LUISA	1991	CIDSANTI	36.30	M 25	2022-11-13	CARBALLO CALERO	8	
4	1141212	RIVAS TENREIRO ARANTZA	1989	NTNARON	36.44	M 25	2022-11-12	BATALLONES	7	
5	1040731	GESTO ALONSO CLARISA	1989	NPONTEA	40.57	M 25	2022-11-06	ÁLVARO PINO	6	
6	1144580	PEREZ GARCIA EVA	1990	RBAIXAS	41.12	M 25	2022-11-06	ÁLVARO PINO	5	
7	1143565	ARAÚJO CASTRO PAULA	1991	CDELMAR	41.67	M 25	2022-11-13	CARBALLO CALERO	4	
8	1110693	FERNANDEZ GUARDIOLA LOIRA	1989	NPONTEA	1:01.94	M 25	2022-11-06	ÁLVARO PINO	3	
35+										
1	1212097	LOUREIRO AMOR BELEN MARTINA	1988	NTNARON	32.87	M 25	2022-11-12	BATALLONES	13	
2	1144403	SILVA SILVA NATALIA	1986	CNMOS	35.81	M 25	2022-11-06	ÁLVARO PINO	10	
3	1075741	VALIÑO GOMEZ IRIA	1984	POR-MIÑA	37.56	M 25	2022-11-12	BATALLONES	8	
4	1144155	ALVAREZ COSTAS MARIA PAZ	1988	NPONTEA	39.85	M 25	2022-11-06	ÁLVARO PINO	7	

5	1146780	DURÁN VEIRAS RAQUEL	1984	ARTEIXO	40.80	M 25	2022-11-13	CARBALLO CALERO	6
6	1141313	MIRA VAZQUEZ PAULA	1986	ESCUALOS	44.16	M 25	2022-11-12	BATALLONES	5
40+									
1	1195584	ALAYON MORIN CRISTINA	1982	HERCULES	40.34	M 25	2022-11-13	CARBALLO CALERO	13
2	1144200	RODRIGUEZ LOPEZ BELEN	1981	RBAIXAS	46.06	M 25	2022-11-06	ÁLVARO PINO	10
3	1144201	ALVAREZ LARRAN MARIA DEL PILAR	1979	RBAIXAS	51.86	M 25	2022-11-06	ÁLVARO PINO	8
4	1224727	AMOR BARBEITO SONIA	1979	CNORDES	58.27	M 25	2022-11-13	CARBALLO CALERO	6.5
5	1144598	OLMO VAQUEIRO LETICIA	1981	NPONTEA	58.27	M 25	2022-11-06	ÁLVARO PINO	6.5
45+									
1	1172138	ROIG SANCHEZ BLANCA ANA	1974	RBAIXAS	45.31	M 25	2022-11-06	ÁLVARO PINO	13
2	1180238	GARCÍA SEOANE CRISTINA MARÍA	1975	CASINOC	46.48	M 25	2022-11-13	CARBALLO CALERO	10
3	1224731	RIVEIRA CAAMAÑO REBECA	1977	CNORDES	51.14	M 25	2022-11-13	CARBALLO CALERO	8
4	1190412	MARTINEZ NAYA LORETO	1975	CASINOC	1:00.46	M 25	2022-11-13	CARBALLO CALERO	7
5	1178771	BESADA FERNÁNDEZ ANA M.	1978	NPONTEA	1:02.63	M 25	2022-11-06	ÁLVARO PINO	6
6	1197606	CARBALLO BALOIRA SUSANA MARÍA	1975	HERCULES	1:09.12	M 25	2022-11-13	CARBALLO CALERO	5
50+									
1	1197600	SANDERSON HELEN JANE	1970	CULLERED	45.12	M 25	2022-11-13	CARBALLO CALERO	13
2	1039438	RODRIGUEZ REY MARIA J.	1973	ADFOGAR	45.71	M 25	2022-11-13	CARBALLO CALERO	10
3	1127346	SOBRINO EIRIZ MARIA DEL VALLE	1972	NPONTEA	52.46	M 25	2022-11-06	ÁLVARO PINO	8
4	1076154	ABREU FERNANDEZ MARTA	1971	NPONTEA	55.41	M 25	2022-11-06	ÁLVARO PINO	7
5	1145007	MELON PARENTE M. LOURDES	1969	NPONTEA	1:24.72	M 25	2022-11-06	ÁLVARO PINO	6
55+									
1	1037970	CALVIÑO CANCELA MARIA CRISTINA	1968	NPONTEA	52.01	M 25	2022-11-06	ÁLVARO PINO	13
60+									
1	1144331	TERCEIRO DELGADO MARÍA DEL MAR	1963	CDELMAR	42.66	M 25	2022-11-13	CARBALLO CALERO	13
70+									
1	1076490	GONZÁLEZ ALEGRE ANA M.	1952	CTRAVIE	56.74	M 25	2022-11-06	ÁLVARO PINO	13

4. 50 m Bolboreta Masculino

20+										
1	1037154	LOSADA JIMENEZ ALVARO	1999	CNFERRO	27.34	M 25	2022-11-12	BATALLONES	13	
2	1076409	CANCELA GOMEZ HUGO	2003	NPONTEA	29.02	M 25	2022-11-06	ÁLVARO PINO	10	
3	1039755	RIVAS MACEIRAS ISAAC	1999	HERCULES	29.71	M 25	2022-11-13	CARBALLO CALERO	8	
4	1075292	GOMEZ CASAL LUIS	2002	CMARINA	29.93	M 25	2022-11-12	BATALLONES	7	
5	1217804	SUAREZ URRUZOLA LEO	2000	CIDSANTI	30.15	M 25	2022-11-13	CARBALLO CALERO	6	
6	1130804	CASTRO RODRIGUEZ FRANCISCO	2000	GALAICO	30.80	M 25	2022-11-06	ÁLVARO PINO	5	
7	1144982	VILLAVERDE CAMPOS JOSE M	2001	GALAICO	31.72	M 25	2022-11-06	ÁLVARO PINO	4	
8	1142927	FERNANDEZ GARCIA JACOBO	2001	GALAICO	32.51	M 25	2022-11-06	ÁLVARO PINO	3	
25+										
1	1037180	CARRERA COSTAS MARTIN	1996	NPONTEA	29.11	M 25	2022-11-06	ÁLVARO PINO	13	
2	1039568	BLANCO PEREZ ADRIAN	1994	POURENSE	30.23	M 25	2022-11-12	BATALLONES	10	
3	1038178	IBAÑEZ CARRERA MANUEL GABRIEL	1996	NPONTEA	31.37	M 25	2022-11-06	ÁLVARO PINO	8	
4	1038356	AZNAR GRILLE CARLOS JAVIER	1995	CMARINA	35.40	M 25	2022-11-12	BATALLONES	7	
5	1144045	FERREÑO COMESAÑA CRISTIAN	1996	RBAIXAS	35.80	M 25	2022-11-06	ÁLVARO PINO	6	
6	1198267	DOMÍNGUEZ ROMERO BRAIS	1997	CNFERRO	40.47	M 25	2022-11-12	BATALLONES	5	
30+										
1	1110754	FREIRE LOPEZ DIEGO	1991	ARTEIXO	35.52	M 25	2022-11-13	CARBALLO CALERO	13	
2	1174868	BRION FERNANDEZ MANUEL JOAQUIN	1992	CIDSANTI	38.34	M 25	2022-11-13	CARBALLO CALERO	10	
3	1076271	NOVALES BLANCO XABIER	1991	RBAIXAS	40.25	M 25	2022-11-06	ÁLVARO PINO	8	
35+										
1	1140778	RODRIGUEZ LAGO DAVID	1986	CIDSANTI	28.31	M 25	2022-11-13	CARBALLO CALERO	13	
2	1075232	SAAVEDRA SEOANE DAVID	1985	CMARINA	29.67	M 25	2022-11-12	BATALLONES	10	
3	1107406	DOMÍNGUEZ PARDELLAS RUBÉN	1988	RCNVIGO	31.37	M 25	2022-11-06	ÁLVARO PINO	8	
4	1191119	CAO LAGO PABLO	1987	RBAIXAS	32.07	M 25	2022-11-06	ÁLVARO PINO	7	
5	1076287	PAZOS ALONSO JOSUE	1986	ESCUALOS	32.97	M 25	2022-11-12	BATALLONES	6	
6	1230338	MUIÑO REY DANIEL	1984	CNFERRO	33.16	M 25	2022-11-12	BATALLONES	5	
7	1097263	LAMEIRO SEOANE JAVIER	1987	HERCULES	33.89	M 25	2022-11-13	CARBALLO CALERO	4	
8	1126597	FERNANDEZ GAYOSO JOSE MANUEL	1986	CNMOS	34.23	M 25	2022-11-06	ÁLVARO PINO	3	
9	1023057	PEREZ VAZQUEZ TELMO	1988	CMARINA	34.45	M 25	2022-11-12	BATALLONES	2	
10	1036745	BARCIA SIXTO FRANCISCO JOSÉ	1985	NTNARON	36.10	M 25	2022-11-12	BATALLONES	1	
11	1199549	MARTINEZ DOPAZO DAVID	1987	GALAICO	39.74	M 25	2022-11-06	ÁLVARO PINO	0	
12	1214823	GONZALEZ PEÑAS DAVID	1984	POR-MIÑA	47.56	M 25	2022-11-12	BATALLONES	0	
40+										
1	1141151	CALLE FACAL TELMO	1983	GALAICO	30.12	M 25	2022-11-06	ÁLVARO PINO	13	
2	1107942	GARCIA RODRIGUEZ SERGIO	1981	RBAIXAS	31.20	M 25	2022-11-06	ÁLVARO PINO	10	

3	1228089	MERA MONTECELOS PABLO	1983	HERCULES	32.18	M 25	2022-11-13	CARBALLO CALERO	8
4	1143702	GUTIERREZ COSTAS OSCAR	1982	RBAIXAS	32.53	M 25	2022-11-06	ÁLVARO PINO	7
5	1182358	CANOSA RODRÍGUEZ JUAN JOSÉ	1980	NTNARON	33.53	M 25	2022-11-12	BATALLONES	6
6	1178765	ESPAÑA CABEZAS JESÚS	1981	CIDSANTI	34.20	M 25	2022-11-13	CARBALLO CALERO	5
7	1144181	PEREZ CARRERA ELIAS	1979	RBAIXAS	34.23	M 25	2022-11-06	ÁLVARO PINO	4
8	1224733	ARANGO GAYAR SAUL	1980	RBAIXAS	34.61	M 25	2022-11-06	ÁLVARO PINO	3
9	1093446	VAZQUEZ IGLESIAS DANIEL	1979	RBAIXAS	34.97	M 25	2022-11-06	ÁLVARO PINO	2
10	1093448	VAZQUEZ ESMORIS PABLO	1979	ADFOGAR	36.34	M 25	2022-11-13	CARBALLO CALERO	1
11	1199899	DOMINGUEZ PHILOCREON TICIANO	1981	CIDSANTI	39.09	M 25	2022-11-13	CARBALLO CALERO	0
12	1076282	CARRERA COSTAS ANDRES	1982	NPONTEA	41.02	M 25	2022-11-06	ÁLVARO PINO	0
13	1084041	SUAREZ GARCIA SERGIO	1980	MPVETUS	42.20	M 25	2022-11-06	ÁLVARO PINO	0
14	1144865	ALVAREZ IGLESIAS RUBEN	1980	RBAIXAS	42.38	M 25	2022-11-06	ÁLVARO PINO	0
15	1141126	GOLPE IGLESIAS JOSE ANTONIO	1982	MPVETUS	42.80	M 25	2022-11-06	ÁLVARO PINO	0
16	1144946	RODRIGUEZ GARCIA JOSE BERNARDO	1983	RBAIXAS	42.88	M 25	2022-11-06	ÁLVARO PINO	0
17	1215947	VAZQUEZ PEREZ LUIS FERNANDO	1979	CULLERED	45.90	M 25	2022-11-13	CARBALLO CALERO	0
18	1190398	FERNANDEZ CORRAL MARCOS	1979	POR-MIÑA	55.23	M 25	2022-11-12	BATALLONES	0
19	1039360	POSE MATO CESAR	1983	ADFOGAR	1:03.24	M 25	2022-11-13	CARBALLO CALERO	0

45+

1	1141206	ANEIROS GARCIA JOSE M.	1974	CMARINA	30.47	M 25	2022-11-12	BATALLONES	13
2	1076549	FERNÁNDEZ MAROTO DIEGO	1978	RCNVIGO	32.03	M 25	2022-11-06	ÁLVARO PINO	10
3	1231581	RODRÍGUEZ SALGADO MANUEL	1975	CIDSANTI	33.45	M 25	2022-11-13	CARBALLO CALERO	8
4	1143601	NOGUEIRA-PINTO CRESPO HUGO	1978	ESCUALOS	33.80	M 25	2022-11-12	BATALLONES	7
5	1198273	MONTERO PRIETO CARLOS EUGENIO	1978	GALAICO	34.23	M 25	2022-11-06	ÁLVARO PINO	6
6	1079343	MOURIÑO ORTIGUERA ROBERTO C.	1974	NPONTEA	35.05	M 25	2022-11-06	ÁLVARO PINO	5
7	1143662	BALSA MOSQUERA PABLO	1978	CMARINA	35.34	M 25	2022-11-12	BATALLONES	4
8	1084040	GARCIA CASTIÑEIRA DANIEL	1974	GALAICO	35.75	M 25	2022-11-06	ÁLVARO PINO	3
9	1145005	FERNANDEZ IGLESIAS EMILIO J.	1977	NPONTEA	35.81	M 25	2022-11-06	ÁLVARO PINO	2
10	1192271	MOURIÑO FORTES VICTOR MANUEL	1977	NPONTEA	39.54	M 25	2022-11-06	ÁLVARO PINO	1
11	1224729	FERNANDEZ BARREIROS CLAUDIO	1975	CNORDES	42.22	M 25	2022-11-13	CARBALLO CALERO	0
12	1127402	PEXEGUEIRO BALADRON NICOLAS	1977	CNMOS	42.69	M 25	2022-11-06	ÁLVARO PINO	0

50+

1	1147287	ESCUDERO DANS DAVID	1973	TRICORUÑ	36.88	M 25	2022-11-13	CARBALLO CALERO	13
2	1144601	PUENTE DÍAZ JAVIER	1971	CIDSANTI	37.07	M 25	2022-11-13	CARBALLO CALERO	10
3	1141356	GENDE DIAZ JUAN F.	1970	ADFOGAR	37.71	M 25	2022-11-13	CARBALLO CALERO	8
4	1141071	LORENZO FERNANDEZ JOSE MANUEL	1972	RBAIXAS	39.13	M 25	2022-11-06	ÁLVARO PINO	7
5	1171462	FERREIRO SEOANE JOSE RAUL	1973	RBAIXAS	41.84	M 25	2022-11-06	ÁLVARO PINO	6
6	1079474	MANDADO RODRIGUEZ ENRIQUE	1972	HERCULES	43.76	M 25	2022-11-13	CARBALLO CALERO	5
7	1180239	MARTÍNEZ LEMA JOSÉ ANTONIO	1972	TRICORUÑ	44.08	M 25	2022-11-13	CARBALLO CALERO	4
8	1180236	DE LA VEGA GÁNDARAS FELIPE	1973	HERCULES	45.93	M 25	2022-11-13	CARBALLO CALERO	3
9	1146902	PEREIRO LOPEZ-QUECUTY SIMON	1973	RBAIXAS	48.96	M 25	2022-11-06	ÁLVARO PINO	2

55+

1	1232926	TAPIA PORTO ENRIQUE	1965	NCORUÑA	32.69	M 25	2022-11-13	CARBALLO CALERO	13
2	1143661	TOURIÑO GONZALEZ VICTOR M.	1968	CMARINA	38.11	M 25	2022-11-12	BATALLONES	10
3	1037161	TOME NOGUEIRA ALBERTO M.	1968	ADFOGAR	38.22	M 25	2022-11-13	CARBALLO CALERO	8
4	1106829	RODRIGUEZ FERNANDEZ F.X.	1964	ADFOGAR	51.07	M 25	2022-11-13	CARBALLO CALERO	7
5	1106828	TRILLO CARLIN JOSE FDO.	1968	ADFOGAR	1:00.88	M 25	2022-11-13	CARBALLO CALERO	6

60+

1	1076173	FERNANDEZ NUÑEZ SANTIAGO	1963	ESCUALOS	32.31	M 25	2022-11-12	BATALLONES	13
2	1076250	BETHENCOURT IGLESIAS SERGIO	1963	GALAICO	36.31	M 25	2022-11-06	ÁLVARO PINO	10
3	1075185	YAÑEZ WONENBURGER J. CARLOS	1959	HERCULES	39.82	M 25	2022-11-13	CARBALLO CALERO	8
4	1078596	LOIS PEREZ ANTONIO	1961	NCORUÑA	41.50	M 25	2022-11-13	CARBALLO CALERO	7
5	1170858	CODESIDO LOPEZ JOSÉ	1959	CIDSANTI	46.61	M 25	2022-11-13	CARBALLO CALERO	6
6	1141399	SANCHEZ MUÑOZ JOSE IGNACIO	1961	RBAIXAS	46.98	M 25	2022-11-06	ÁLVARO PINO	5
7	1079361	RODRIGUEZ GOMEZ EMILIO	1961	NPONTEA	48.51	M 25	2022-11-06	ÁLVARO PINO	4
8	1075589	SANCHEZ VAZQUEZ JESUS	1962	POR-MIÑA	50.20	M 25	2022-11-12	BATALLONES	3
9	1144180	SEGUÍN CID SEVERINO	1959	CTRAVIE	51.05	M 25	2022-11-06	ÁLVARO PINO	2

65+

1	1048207	ROS ROSILLO ALEJANDRO	1958	RBAIXAS	42.51	M 25	2022-11-06	ÁLVARO PINO	13
2	1074846	PARRADO RAMOS ANTONIO	1956	RBAIXAS	54.62	M 25	2022-11-06	ÁLVARO PINO	10
3	1191492	TIMIRAOS CARRASCO LUIS	1956	POURENSE	1:28.05	M 25	2022-11-12	BATALLONES	8

5. 50 m Costas Feminino

20+										
1	1039295	PEREIRA FERY MARTA	2001	CMARINA	33.85	M 25	2022-11-12	BATALLONES	13	
2	1075323	LOPEZ HERMIDA CLARA	2002	CNFERRO	34.38	M 25	2022-11-12	BATALLONES	10	
3	1039634	LAGO CASTILLO NATALIA	1999	NCORUÑA	35.39	M 25	2022-11-13	CARBALLO CALERO	8	
4	1228009	SOUTIÑO RAMIREZ CARMEN VICTORI	2001	POR-MIÑA	36.36	M 25	2022-11-12	BATALLONES	7	
5	1089303	ABASOLO RUEDA CLAUDIA	2000	NCORUÑA	36.90	M 25	2022-11-13	CARBALLO CALERO	6	
6	1039636	GALLARDO DE ARTAZA SARA	1999	CDELMAR	38.42	M 25	2022-11-13	CARBALLO CALERO	5	
7	1037987	MENDEZ SEIJO NEREA	1999	RBAIXAS	39.86	M 25	2022-11-06	ÁLVARO PINO	4	
8	1144257	FERNANDEZ GONZALEZ ELENA	2001	HERCULES	44.00	M 25	2022-11-13	CARBALLO CALERO	3	
9	1222213	ALBARELLOS GAREA LUCÍA	2001	ESCUALOS	49.54	M 25	2022-11-12	BATALLONES	2	
10	1232978	LOPEZ MORADO MARIA	2001	CULLERED	49.93	M 25	2022-11-13	CARBALLO CALERO	1	
11	1219491	FUENTES LORENZO CARLA	1999	CNFERRO	50.67	M 25	2022-11-12	BATALLONES	0	
12	1230349	VICENTE RODRIGUEZ ANDREA	2002	NPONTEA	51.03	M 25	2022-11-06	ÁLVARO PINO	0	
13	1212511	NOVOA VAZQUEZ LAURA	2000	CMARINA	1:02.94	M 25	2022-11-12	BATALLONES	0	
14	1201604	BARBADILLO ECHEVARRIA SOFIA	1999	CMARINA	1:05.56	M 25	2022-11-12	BATALLONES	0	
25+										
1	1178773	CHAMADOIRA DOMÍNGUEZ JENNIFER	1994	NPONTEA	34.23	M 25	2022-11-06	ÁLVARO PINO	13	
2	1115615	PASCUAL GUTIERREZ MARIA TERESA	1998	HERCULES	34.43	M 25	2022-11-13	CARBALLO CALERO	10	
3	1198880	LOPEZ RODRIGUEZ AROA	1997	POR-MIÑA	37.51	M 25	2022-11-12	BATALLONES	8	
4	1227967	LAGUNAS PEREZ SARA	1995	CMARINA	42.76	M 25	2022-11-12	BATALLONES	7	
5	1221887	CARRERA PEREZ CAROLINA	1994	CNMOS	43.22	M 25	2022-11-06	ÁLVARO PINO	6	
6	1217434	CRESPO ESTEVEZ LAURA	1994	GALAICO	44.92	M 25	2022-11-06	ÁLVARO PINO	5	
7	1078925	SALGADO CASTELO MARTA	1994	POR-MIÑA	45.46	M 25	2022-11-12	BATALLONES	4	
30+										
1	1213810	TORRES GUTIERREZ CRISTINA	1990	CMARINA	32.47	M 25	2022-11-12	BATALLONES	13	
2	1075230	GARCÍA SOTO PATRICIA	1991	CNFERRO	35.78	M 25	2022-11-12	BATALLONES	10	
3	1230340	SANTORUM FONTAN IRIA MARTA	1992	GALAICO	40.16	M 25	2022-11-06	ÁLVARO PINO	8	
4	1226235	EIRIS CASTRO ANDREA	1990	ADFOGAR	40.59	M 25	2022-11-13	CARBALLO CALERO	7	
5	1228002	PELETEIRO FRANCO ANGELA MARIA	1989	GALAICO	47.45	M 25	2022-11-06	ÁLVARO PINO	6	
6	1230332	CASTRO TENREIRO ROSA Mª	1993	NTNARON	48.34	M 25	2022-11-12	BATALLONES	5	
7	1218233	SANCHEZ DE LLANO M. NIEVES	1992	CASINOC	54.64	M 25	2022-11-13	CARBALLO CALERO	4	
8	1230333	DOPICO OTERO MARTA	1993	NTNARON	1:00.22	M 25	2022-11-12	BATALLONES	3	
9	1202705	MARTINEZ BARCIELA MARIA OLGA	1990	CTRAVIE	1:11.84	M 25	2022-11-06	ÁLVARO PINO	2	
35+										
1	1212097	LOUREIRO AMOR BELEN MARTINA	1988	NTNARON	34.47	M 25	2022-11-12	BATALLONES	13	
2	1005926	DORADO GARCIA LAURA	1984	HERCULES	38.17	M 25	2022-11-13	CARBALLO CALERO	10	
3	1144894	VINAGRE SENDINO CORA	1988	CASINOC	38.97	M 25	2022-11-13	CARBALLO CALERO	8	

4	1075741	VALIÑO GOMEZ IRIA	1984	POR-MIÑA	40.38	M 25	2022-11-12	BATALLONES	7
5	1075225	SOUTO DERUNGS CRISTINA	1985	CNFERRO	40.78	M 25	2022-11-12	BATALLONES	6
6	1219500	FRIAS DEL PALACIO SOLEDAD	1986	HERCULES	42.50	M 25	2022-11-13	CARBALLO CALERO	5
7	1097627	GIL FERNANDEZ MARTA	1988	TRICORUÑ	43.68	M 25	2022-11-13	CARBALLO CALERO	4
8	1144948	GONZALEZ PEREZ JESSICA	1987	RBAIXAS	44.90	M 25	2022-11-06	ÁLVARO PINO	3
9	1093454	PINO AGUIRRE CRISTINA	1988	TRICORUÑ	45.05	M 25	2022-11-13	CARBALLO CALERO	2
10	1141313	MIRA VAZQUEZ PAULA	1986	ESCUALOS	45.16	M 25	2022-11-12	BATALLONES	1
40+									
1	1075221	HERMIDA RODRIGUEZ BLANCA	1981	CMARINA	37.07	M 25	2022-11-12	BATALLONES	13
2	1195584	ALAYON MORIN CRISTINA	1982	HERCULES	39.90	M 25	2022-11-13	CARBALLO CALERO	10
3	1144042	HERMIDA MARTINEZ VANESA	1983	RBAIXAS	47.01	M 25	2022-11-06	ÁLVARO PINO	8
4	1228068	VARELA BAO SORAYA	1980	TRICORUÑ	55.90	M 25	2022-11-13	CARBALLO CALERO	7
5	1036387	VAZQUEZ PARCERO MARTA	1980	CMARINA	59.89	M 25	2022-11-12	BATALLONES	6
6	1075224	BROZOS VAZQUEZ ELENA MARÍA	1982	CIDSANTI	1:00.84	M 25	2022-11-13	CARBALLO CALERO	5
45+									
1	1172138	ROIG SANCHEZ BLANCA ANA	1974	RBAIXAS	45.33	M 25	2022-11-06	ÁLVARO PINO	13
2	1143813	REGUEIRA MARTINEZ MARIA J.	1975	HERCULES	45.89	M 25	2022-11-13	CARBALLO CALERO	10
3	1143894	DE LORENZO FERNANDEZ MARIA	1978	ESCUALOS	45.99	M 25	2022-11-12	BATALLONES	8
4	1144051	DIEGUEZ VARELA CARINA	1977	RBAIXAS	49.98	M 25	2022-11-06	ÁLVARO PINO	7
5	1040944	VARELA REDONDO VERONICA	1975	NPONTEA	50.02	M 25	2022-11-06	ÁLVARO PINO	6
6	1144791	LORENZO LODEIRO M.D.C.	1978	HERCULES	54.90	M 25	2022-11-13	CARBALLO CALERO	5
7	1208841	PORTELA VILLANUEVA GEMA	1974	NPONTEA	59.33	M 25	2022-11-06	ÁLVARO PINO	4
50+									
1	1076524	SOUSA CARNEIRO ROSANA	1971	CNMOS	48.77	M 25	2022-11-06	ÁLVARO PINO	13
2	1199642	GARNACHO GAYARRE NURIA	1969	CASINOC	53.98	M 25	2022-11-13	CARBALLO CALERO	10
3	1226313	FERNANDEZ CHICO Mª BEGOÑA	1971	CULLERED	57.54	M 25	2022-11-13	CARBALLO CALERO	8
4	1171721	VAZQUEZ ALONSO PATRICIA	1969	NPONTEA	1:08.12	M 25	2022-11-06	ÁLVARO PINO	7
5	1143584	FERNANDEZ SESTELO MARIA JOSE	1970	NPONTEA	1:13.62	M 25	2022-11-06	ÁLVARO PINO	6
55+									
1	1038729	DEL AMO BLANCO MARGARITA	1967	NPONTEA	47.01	M 25	2022-11-06	ÁLVARO PINO	13
2	1076506	MARTY PAZOS MARIA VICTORIA	1965	CTRAVIE	56.61	M 25	2022-11-06	ÁLVARO PINO	10
3	1076253	MIGUEZ DE LA SIERRA ANGELES	1966	GALAICO	59.51	M 25	2022-11-06	ÁLVARO PINO	8
4	1075484	MÉNDEZ CEA Mª JESÚS	1966	ARTEIXO	1:05.74	M 25	2022-11-13	CARBALLO CALERO	7
5	1076508	BASTOS ALONSO M. CARMEN	1965	CNMOS	1:06.81	M 25	2022-11-06	ÁLVARO PINO	6
60+									
1	1039437	BALADO LOPEZ ANA MARIA	1961	POURENSE	49.81	M 25	2022-11-12	BATALLONES	13
2	1214851	SÁNCHEZ CEBRIÁN OLGA	1962	TRICORUÑ	50.36	M 25	2022-11-13	CARBALLO CALERO	10
3	1145099	LOPEZ MAHIA PURIFICACION	1963	HERCULES	56.01	M 25	2022-11-13	CARBALLO CALERO	8
4	1141154	CELEMIN PORRERO MARIA TERESA	1959	GALAICO	57.54	M 25	2022-11-06	ÁLVARO PINO	7



LIGA GALEGA MÁSTER XOR. 1 (UNIFICADOS)

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5	1170586	OREIRO PAZOS M. GLORIA	1960	ARTEIXO	58.06	M 25	2022-11-13	CARBALLO CALERO	6
6	1217937	RODRÍGUEZ TRONCOSO MARINA	1959	NPONTEA	1:10.65	M 25	2022-11-06	ÁLVARO PINO	5
65+									
1	1075178	SAR MORANO DOLORES	1955	CULLERED	54.10	M 25	2022-11-13	CARBALLO CALERO	13
75+									
1	1076482	GONZALEZ RODRIGUEZ S. MARTA	1946	NPONTEA	1:36.72	M 25	2022-11-06	ÁLVARO PINO	13
2	1143507	PEREZ DOMINGUEZ MARIA LUISA	1944	RBAIXAS	1:59.63	M 25	2022-11-06	ÁLVARO PINO	10
80+									
1	1058045	MORAL RUBIO ISABEL	1942	NPONTEA	1:38.07	M 25	2022-11-06	ÁLVARO PINO	13
2	1178774	CHANTADA GÓMEZ M. DEL CARMEN	1943	NPONTEA	2:33.58	M 25	2022-11-06	ÁLVARO PINO	10

6. 50 m Costas Masculino

20+										
1	1037841	PINO LORENZO BRAIS	2001	NPONTEA	31.25	M 25	2022-11-06	ÁLVARO PINO	13	
2	1037154	LOSADA JIMENEZ ALVARO	1999	CNFERRO	31.88	M 25	2022-11-12	BATALLONES	10	
3	1078716	HERMIDA RAMOS RAUL	2000	NTNARON	33.58	M 25	2022-11-12	BATALLONES	8	
4	1217804	SUAREZ URRUZOLA LEO	2000	CIDSANTI	35.07	M 25	2022-11-13	CARBALLO CALERO	7	
5	1230348	GONZALEZ ALONSO ALEJANDRO	2002	NPONTEA	46.23	M 25	2022-11-06	ÁLVARO PINO	6	
25+										
1	1078908	MEILAN SANCHEZ SERGIO JOSE	1996	POR-MIÑA	40.17	M 25	2022-11-12	BATALLONES	13	
30+										
1	1110754	FREIRE LOPEZ DIEGO	1991	ARTEIXO	39.92	M 25	2022-11-13	CARBALLO CALERO	13	
2	1207051	LAVIA PINTOS DAVID	1993	MPVETUS	45.80	M 25	2022-11-06	ÁLVARO PINO	10	
35+										
1	1005819	LAZARO GUERRERO VICTOR	1988	CMARINA	32.90	M 25	2022-11-12	BATALLONES	13	
2	1075232	SAAVEDRA SEOANE DAVID	1985	CMARINA	34.31	M 25	2022-11-12	BATALLONES	10	
3	1226258	BERNARDEZ FERRO JUAN JOSE	1987	GALAICO	35.51	M 25	2022-11-06	ÁLVARO PINO	8	
4	1097263	LAMEIRO SEOANE JAVIER	1987	HERCULES	38.11	M 25	2022-11-13	CARBALLO CALERO	7	
5	1143890	FORTES NOVOA MARTIÑO	1988	ESCUALOS	38.66	M 25	2022-11-12	BATALLONES	6	
6	1086712	FREIRE DONADO GUILLERMO	1984	CIDSANTI	39.18	M 25	2022-11-13	CARBALLO CALERO	5	
7	1228067	MONTEAGUDO LEAL JONATHAN	1987	TRICORUÑ	40.38	M 25	2022-11-13	CARBALLO CALERO	4	
8	1226234	COTELO SENANDE ALBERTO	1988	ADFOGAR	40.78	M 25	2022-11-13	CARBALLO CALERO	3	
9	1230338	MUIÑO REY DANIEL	1984	CNFERRO	41.73	M 25	2022-11-12	BATALLONES	2	
10	1223126	ALVAREZ FERRIN PABLO	1984	CIDSANTI	43.78	M 25	2022-11-13	CARBALLO CALERO	1	
11	1145090	MARTÍNEZ DOMÍNGUEZ IVÁN	1988	NPONTEA	43.96	M 25	2022-11-06	ÁLVARO PINO	0	
12	1217936	PASCUAL DE PEDRO JORGE	1986	NPONTEA	44.23	M 25	2022-11-06	ÁLVARO PINO	0	
13	1178928	FIDALGO SERRANO GUILLERMO	1986	CTRAVIE	45.17	M 25	2022-11-06	ÁLVARO PINO	0	
40+										
1	1180237	FOUZ ROUCO RUBÉN	1979	HERCULES	36.10	M 25	2022-11-13	CARBALLO CALERO	13	
2	1053922	BAIZ ROCA GABRIEL	1979	ARTEIXO	36.88	M 25	2022-11-13	CARBALLO CALERO	10	
3	1190909	CARBALLA BARROSO R.M.	1981	GALAICO	39.15	M 25	2022-11-06	ÁLVARO PINO	8	
4	1178765	ESPAÑA CABEZAS JESÚS	1981	CIDSANTI	40.07	M 25	2022-11-13	CARBALLO CALERO	7	
5	1144789	MATIAS DUARTE ERICK	1982	HERCULES	40.31	M 25	2022-11-13	CARBALLO CALERO	6	
6	1144181	PEREZ CARRERA ELIAS	1979	RBAIXAS	41.88	M 25	2022-11-06	ÁLVARO PINO	5	
7	1143899	PEREZ LOPEZ MANUEL	1981	ESCUALOS	45.25	M 25	2022-11-12	BATALLONES	4	
8	1180167	COSTAS GONZALEZ PABLO	1979	NPONTEA	47.03	M 25	2022-11-06	ÁLVARO PINO	3	
9	1144671	COSTA PEREIRA MARCOS	1982	RBAIXAS	47.95	M 25	2022-11-06	ÁLVARO PINO	2	
10	1076542	GONZALEZ CONDE RODRIGO	1982	NPONTEA	49.54	M 25	2022-11-06	ÁLVARO PINO	1	

45+										
1	1076560	EIRIZ DIEGUEZ DANIEL	1978	CNMOS	31.73	M 25	2022-11-06	ÁLVARO PINO	13	
2	1205935	GUIRADO CARABEL OSCAR	1976	CULLERED	33.57	M 25	2022-11-13	CARBALLO CALERO	10	
3	1141206	ANEIROS GARCIA JOSE M.	1974	CMARINA	35.41	M 25	2022-11-12	BATALLONES	8	
4	1143480	ABADES REBOREDO DANIEL	1978	HERCULES	40.94	M 25	2022-11-13	CARBALLO CALERO	7	
5	1143662	BALSA MOSQUERA PABLO	1978	CMARINA	42.58	M 25	2022-11-12	BATALLONES	6	
6	1144915	SÁNCHEZ PARADA JOSE M ^a	1978	ARTEIXO	48.00	M 25	2022-11-13	CARBALLO CALERO	5	
7	1143964	TABOAS BASTOS OSCAR	1977	CNMOS	54.73	M 25	2022-11-06	ÁLVARO PINO	4	
8	1203264	FERNANDEZ SOBRINO DAVID	1974	CMARINA	1:33.33	M 25	2022-11-12	BATALLONES	3	
50+										
1	1180192	SAAVEDRA GONZÁLEZ RAUL	1973	HERCULES	35.62	M 25	2022-11-13	CARBALLO CALERO	13	
2	1144601	PUENTE DÍAZ JAVIER	1971	CIDSANTI	37.59	M 25	2022-11-13	CARBALLO CALERO	10	
3	1076538	FUENTES FERNANDEZ EUGENIO	1972	RBAIXAS	39.41	M 25	2022-11-06	ÁLVARO PINO	8	
4	1147287	ESCUDERO DANS DAVID	1973	TRICORUÑ	43.25	M 25	2022-11-13	CARBALLO CALERO	7	
5	1141356	GENDE DIAZ JUAN F.	1970	ADFOGAR	54.70	M 25	2022-11-13	CARBALLO CALERO	6	
6	1143263	BUSTABAD FERREIRO FERNANDO	1971	CMARINA	57.40	M 25	2022-11-12	BATALLONES	5	
55+										
1	1141209	DE LA PAZ VIGO AGUSTIN A.	1966	CMARINA	37.55	M 25	2022-11-12	BATALLONES	13	
2	1180234	SÁNCHEZ SECO MANUEL	1968	ESCUALOS	42.92	M 25	2022-11-12	BATALLONES	10	
3	1195569	PEREZ LEIVA MANUEL	1968	RBAIXAS	45.99	M 25	2022-11-06	ÁLVARO PINO	8	
4	1143966	FERNANDEZ GONZALEZ ALVARO	1965	CNMOS	54.93	M 25	2022-11-06	ÁLVARO PINO	7	
5	1193949	LAMELO OTERO RAMÓN JESUS	1968	CIDSANTI	1:00.29	M 25	2022-11-13	CARBALLO CALERO	6	
6	1228047	PEREZ GARCIA MANUEL	1967	CULLERED	1:00.71	M 25	2022-11-13	CARBALLO CALERO	5	
7	1180249	SUAREZ FREIRE DAVID MANUEL	1968	RBAIXAS	1:05.03	M 25	2022-11-06	ÁLVARO PINO	4	
60+										
1	1076173	FERNANDEZ NUÑEZ SANTIAGO	1963	ESCUALOS	35.11	M 25	2022-11-12	BATALLONES	13	
2	1170858	CODESIDO LOPEZ JOSÉ	1959	CIDSANTI	40.14	M 25	2022-11-13	CARBALLO CALERO	10	
3	1076250	BETHENCOURT IGLESIAS SERGIO	1963	GALAICO	40.47	M 25	2022-11-06	ÁLVARO PINO	8	
4	1076279	SIO LOURIDO J. SALVADOR	1961	CNMOS	47.03	M 25	2022-11-06	ÁLVARO PINO	7	
5	1053394	SANJORGE PEDREIRA CARMELO	1962	ARTEIXO	47.92	M 25	2022-11-13	CARBALLO CALERO	6	
65+										
1	1141150	RODRIGUEZ VIEITO RICARDO M.	1957	CNMOS	51.33	M 25	2022-11-06	ÁLVARO PINO	13	
2	1191492	TIMIRAO S CARRASCO LUIS	1956	POURENSE	1:21.00	M 25	2022-11-12	BATALLONES	10	
3	1076495	PAZOS CABAL MIGUEL	1955	ADFOGAR	1:31.74	M 25	2022-11-13	CARBALLO CALERO	8	
70+										
1	1076487	RODRIGUEZ LEMOS ANDRES J.	1949	CNMOS	52.84	M 25	2022-11-06	ÁLVARO PINO	13	
2	1076488	MONROY FERNÁNDEZ MANUEL	1950	NPONTEA	56.22	M 25	2022-11-06	ÁLVARO PINO	10	
3	1076489	VIRUEL RODRÍGUEZ DIEGO	1952	CTRAVIE	1:22.10	M 25	2022-11-06	ÁLVARO PINO	8	



80+										
1	1143430	ARAUJO DOMINGUEZ FRANCISCO	1940	NPONTEA	1:25.42	M 25	2022-11-06	ÁLVARO PINO		13

7. 50 m Braza Feminino

20+										
1	1038068	ANEIROS DOPICO LAURA	2000	CMARINA	39.80	M 25	2022-11-12	BATALLONES		13
2	1076317	DOMINGUEZ CASABELLA ANDREA	2003	NPONTEA	40.60	M 25	2022-11-06	ÁLVARO PINO		10
3	1140796	DIAZ DOPICO SABELA	2002	CNFERRO	41.28	M 25	2022-11-12	BATALLONES		8
4	1082318	DOSIL REY LUCIA	2003	CIDSANTI	42.17	M 25	2022-11-13	CARBALLO CALERO		7
5	1080427	BLAITEAU EVA	2003	CIDSANTI	42.71	M 25	2022-11-13	CARBALLO CALERO		6
6	1143296	EIJO GIL ANA PAULA	2003	NPONTEA	44.25	M 25	2022-11-06	ÁLVARO PINO		5
7	1037987	MENDEZ SEIJO NEREA	1999	RBAIXAS	45.77	M 25	2022-11-06	ÁLVARO PINO		4
8	1110948	CANO ROSALES NURIA	2001	GALAICO	46.72	M 25	2022-11-06	ÁLVARO PINO		3
9	1076318	LEMONS FERNANDEZ ZAIRA	2002	NPONTEA	47.29	M 25	2022-11-06	ÁLVARO PINO		2
10	1041231	RODRIGUEZ PEREZ LORENA	2001	NPONTEA	48.56	M 25	2022-11-06	ÁLVARO PINO		1
11	1203517	CABALEIRO FREIRIA LARA	2001	NPONTEA	49.59	M 25	2022-11-06	ÁLVARO PINO		0
12	1143380	SUAREZ GARCIA MARTA	2003	RBAIXAS	50.69	M 25	2022-11-06	ÁLVARO PINO		0
13	1230349	VICENTE RODRIGUEZ ANDREA	2002	NPONTEA	53.90	M 25	2022-11-06	ÁLVARO PINO		0
14	1219491	FUENTES LORENZO CARLA	1999	CNFERRO	57.51	M 25	2022-11-12	BATALLONES		0
15	1212510	NOVOA VAZQUEZ EVA	2000	CMARINA	1:03.81	M 25	2022-11-12	BATALLONES		0
16	1212511	NOVOA VAZQUEZ LAURA	2000	CMARINA	1:05.16	M 25	2022-11-12	BATALLONES		0
25+										
1	1075328	LOPEZ SANMARTIN NEREA	1996	CNFERRO	36.56	M 25	2022-11-12	BATALLONES		13
2	1221622	BUENADICHA AVILES INES	1995	NCORUÑA	41.66	M 25	2022-11-13	CARBALLO CALERO		10
3	1130789	GARCIA MIGUEZ ROSALIA	1998	GALAICO	43.37	M 25	2022-11-06	ÁLVARO PINO		8
4	1038608	SUAREZ GARCIA SOFIA	1997	RBAIXAS	44.10	M 25	2022-11-06	ÁLVARO PINO		7
5	1145008	GONZALEZ PEREZ PAULA	1996	NPONTEA	50.23	M 25	2022-11-06	ÁLVARO PINO		6
6	1035411	FERNANDEZ GARCIA MARINA	1997	GALAICO	59.63	M 25	2022-11-06	ÁLVARO PINO		5
30+										
1	1084044	GARCIA MARIN CRISTINA	1990	NPONTEA	39.37	M 25	2022-11-06	ÁLVARO PINO		13
2	1222211	SANZ BARRIONUEVO MARIA LUISA	1991	CIDSANTI	43.12	M 25	2022-11-13	CARBALLO CALERO		10
3	1141212	RIVAS TENREIRO ARANTZA	1989	NTNARON	43.84	M 25	2022-11-12	BATALLONES		8
4	1224940	PAZOS GANDARA ANDREA	1992	NPONTEA	47.97	M 25	2022-11-06	ÁLVARO PINO		7
5	1144580	PEREZ GARCIA EVA	1990	RBAIXAS	50.48	M 25	2022-11-06	ÁLVARO PINO		6
6	1143566	FRANQUEIRA LOSADA LUCÍA	1989	CDELMAR	54.22	M 25	2022-11-13	CARBALLO CALERO		5
7	1202705	MARTINEZ BARCIELA MARIA OLGA	1990	CTRAVIE	1:02.54	M 25	2022-11-06	ÁLVARO PINO		4
35+										
1	1219500	FRIAS DEL PALACIO SOLEDAD	1986	HERCULES	40.88	M 25	2022-11-13	CARBALLO CALERO		13
2	1146780	DURÁN VEIRAS RAQUEL	1984	ARTEIXO	42.17	M 25	2022-11-13	CARBALLO CALERO		10
3	1144155	ALVAREZ COSTAS MARIA PAZ	1988	NPONTEA	42.97	M 25	2022-11-06	ÁLVARO PINO		8
4	1097627	GIL FERNANDEZ MARTA	1988	TRICORUÑ	44.66	M 25	2022-11-13	CARBALLO CALERO		7

5	1075225	SOUTO DERUNGS CRISTINA	1985	CNFERRO	47.61	M 25	2022-11-12	BATALLONES	6
6	1093454	PINO AGUIRRE CRISTINA	1988	TRICORUÑ	49.76	M 25	2022-11-13	CARBALLO CALERO	5
40+									
1	1143598	MIRA VAZQUEZ MARTA	1981	ESCUALOS	44.62	M 25	2022-11-12	BATALLONES	13
2	1145082	FARIÑA SOUSA NOEMI	1983	GALAICO	53.12	M 25	2022-11-06	ÁLVARO PINO	10
3	1144201	ALVAREZ LARRAN MARIA DEL PILAR	1979	RBAIXAS	53.86	M 25	2022-11-06	ÁLVARO PINO	8
4	1093456	RAMIREZ INSUA JULIA	1983	RSDH	54.44	M 25	2022-11-13	CARBALLO CALERO	7
5	1228068	VARELA BAO SORAYA	1980	TRICORUÑ	55.31	M 25	2022-11-13	CARBALLO CALERO	6
6	1036387	VAZQUEZ PARCERO MARTA	1980	CMARINA	1:07.02	M 25	2022-11-12	BATALLONES	5
45+									
1	1178775	COVELO SAAVEDRA NAHIR	1978	NPONTEA	46.88	M 25	2022-11-06	ÁLVARO PINO	13
2	1221213	CAGIAO RODRIGUEZ NATALIA	1978	CASINOC	47.38	M 25	2022-11-13	CARBALLO CALERO	10
3	1144051	DIEGUEZ VARELA CARINA	1977	RBAIXAS	51.81	M 25	2022-11-06	ÁLVARO PINO	8
4	1190412	MARTINEZ NAYA LORETO	1975	CASINOC	57.18	M 25	2022-11-13	CARBALLO CALERO	7
5	1208841	PORTELA VILLANUEVA GEMA	1974	NPONTEA	1:03.93	M 25	2022-11-06	ÁLVARO PINO	6
50+									
1	1039438	RODRIGUEZ REY MARIA J.	1973	ADFOGAR	50.34	M 25	2022-11-13	CARBALLO CALERO	13
2	1141202	VAZQUEZ MENDEZ MARIA CARMEN	1971	CMARINA	50.92	M 25	2022-11-12	BATALLONES	10
3	1144040	SANCHEZ DOMINGUEZ MARIA JESUS	1971	RBAIXAS	1:04.29	M 25	2022-11-06	ÁLVARO PINO	8
4	1171721	VAZQUEZ ALONSO PATRICIA	1969	NPONTEA	1:11.19	M 25	2022-11-06	ÁLVARO PINO	7
55+									
1	1038729	DEL AMO BLANCO MARGARITA	1967	NPONTEA	49.69	M 25	2022-11-06	ÁLVARO PINO	13
2	1147048	REGUEIRO RODRIGUEZ ANA	1966	RBAIXAS	51.45	M 25	2022-11-06	ÁLVARO PINO	10
3	1076508	BASTOS ALONSO M. CARMEN	1965	CNMOS	53.12	M 25	2022-11-06	ÁLVARO PINO	8
60+									
1	1127105	PEREIRA ALONSO ISABEL	1961	ADFOGAR	51.48	M 25	2022-11-13	CARBALLO CALERO	13
2	1141154	CELEMIN PORRERO MARIA TERESA	1959	GALAICO	58.50	M 25	2022-11-06	ÁLVARO PINO	10
3	1212074	LOPEZ BLANCO Mº ISABEL	1963	CULLERED	1:02.56	M 25	2022-11-13	CARBALLO CALERO	8
4	1217937	RODRÍGUEZ TRONCOSO MARINA	1959	NPONTEA	1:06.56	M 25	2022-11-06	ÁLVARO PINO	7
65+									
1	1076494	SUEIRO COSTAS Mª CARMEN	1956	NPONTEA	1:35.21	M 25	2022-11-06	ÁLVARO PINO	13
70+									
1	1076490	GONZÁLEZ ALEGRE ANA M.	1952	CTRAVIE	59.61	M 25	2022-11-06	ÁLVARO PINO	13
75+									
1	1076482	GONZALEZ RODRIGUEZ S. MARTA	1946	NPONTEA	2:07.36	M 25	2022-11-06	ÁLVARO PINO	13



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80+

1	1178774	CHANTADA GÓMEZ M. DEL CARMEN	1943	NPONTEA	2:35.45	M 25	2022-11-06	ÁLVARO PINO	13
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8. 50 m Braza Masculino

20+										
1	1037841	PINO LORENZO BRAIS	2001	NPONTEA	34.10	M 25	2022-11-06	ÁLVARO PINO	13	
2	1141093	VILLAMOR FERRO RUBÉN	2000	ARTEIXO	37.86	M 25	2022-11-13	CARBALLO CALERO	10	
3	1144982	VILLAVERDE CAMPOS JOSE M	2001	GALAICO	38.18	M 25	2022-11-06	ÁLVARO PINO	8	
4	1142927	FERNANDEZ GARCIA JACOBO	2001	GALAICO	44.61	M 25	2022-11-06	ÁLVARO PINO	7	
5	1230348	GONZALEZ ALONSO ALEJANDRO	2002	NPONTEA	47.10	M 25	2022-11-06	ÁLVARO PINO	6	
25+										
1	1039297	DOPICO REY ANTON	1997	CNFERRO	32.09	M 25	2022-11-12	BATALLONES	13	
2	1037180	CARRERA COSTAS MARTIN	1996	NPONTEA	34.18	M 25	2022-11-06	ÁLVARO PINO	10	
3	1038356	AZNAR GRILLE CARLOS JAVIER	1995	CMARINA	35.97	M 25	2022-11-12	BATALLONES	8	
4	1038178	IBAÑEZ CARRERA MANUEL GABRIEL	1996	NPONTEA	39.41	M 25	2022-11-06	ÁLVARO PINO	7	
5	1144045	FERREÑO COMESAÑA CRISTIAN	1996	RBAIXAS	42.73	M 25	2022-11-06	ÁLVARO PINO	6	
6	1198267	DOMÍNGUEZ ROMERO BRAIS	1997	CNFERRO	43.38	M 25	2022-11-12	BATALLONES	5	
30+										
1	1143997	CORES VÁZQUEZ RICARDO	1992	NTNARON	38.30	M 25	2022-11-12	BATALLONES	13	
2	1178769	RODRÍGUEZ GONZÁLEZ A.J.	1991	CNFERRO	40.37	M 25	2022-11-12	BATALLONES	10	
3	1076271	NOVALES BLANCO XABIER	1991	RBAIXAS	44.80	M 25	2022-11-06	ÁLVARO PINO	8	
4	1222771	LAGO GONZALEZ IVAN	1993	NPONTEA	55.36	M 25	2022-11-06	ÁLVARO PINO	7	
5	1207051	LAVIA PINTOS DAVID	1993	MPVETUS	1:01.46	M 25	2022-11-06	ÁLVARO PINO	6	
35+										
1	1140778	RODRIGUEZ LAGO DAVID	1986	CIDSANTI	32.68	M 25	2022-11-13	CARBALLO CALERO	13	
2	1041444	FERNANDEZ VARELA PABLO JOSE	1984	ADFOGAR	34.69	M 25	2022-11-13	CARBALLO CALERO	10	
3	1143890	FORTES NOVOA MARTIÑO	1988	ESCUALOS	35.56	M 25	2022-11-12	BATALLONES	8	
4	1191119	CAO LAGO PABLO	1987	RBAIXAS	36.31	M 25	2022-11-06	ÁLVARO PINO	7	
5	1136629	FIGUEIRA DOMINGUEZ J.G.	1988	RBAIXAS	36.76	M 25	2022-11-06	ÁLVARO PINO	6	
6	1005819	LAZARO GUERRERO VICTOR	1988	CMARINA	39.13	M 25	2022-11-12	BATALLONES	5	
7	1203519	KRUGLOV MYKOLA	1985	ESCUALOS	39.59	M 25	2022-11-12	BATALLONES	4	
8	1023057	PEREZ VAZQUEZ TELMO	1988	CMARINA	39.81	M 25	2022-11-12	BATALLONES	3	
9	1217936	PASCUAL DE PEDRO JORGE	1986	NPONTEA	43.75	M 25	2022-11-06	ÁLVARO PINO	2	
10	1223126	ALVAREZ FERRIN PABLO	1984	CIDSANTI	47.61	M 25	2022-11-13	CARBALLO CALERO	1	
40+										
1	1093446	VAZQUEZ IGLESIAS DANIEL	1979	RBAIXAS	35.27	M 25	2022-11-06	ÁLVARO PINO	13	
2	1141151	CALLE FACAL TELMO	1983	GALAICO	35.45	M 25	2022-11-06	ÁLVARO PINO	10	
3	1053922	BAIZ ROCA GABRIEL	1979	ARTEIXO	36.89	M 25	2022-11-13	CARBALLO CALERO	8	
4	1224733	ARANGO GAYAR SAUL	1980	RBAIXAS	39.15	M 25	2022-11-06	ÁLVARO PINO	7	
5	1182358	CANOSA RODRÍGUEZ JUAN JOSÉ	1980	NTNARON	39.84	M 25	2022-11-12	BATALLONES	6	

6	1076282	CARRERA COSTAS ANDRES	1982	NPONTEA	41.19	M 25	2022-11-06	ÁLVARO PINO	5
7	1143702	GUTIERREZ COSTAS OSCAR	1982	RBAIXAS	41.62	M 25	2022-11-06	ÁLVARO PINO	4
8	1144946	RODRIGUEZ GARCIA JOSE BERNARDO	1983	RBAIXAS	44.17	M 25	2022-11-06	ÁLVARO PINO	3
9	1076542	GONZALEZ CONDE RODRIGO	1982	NPONTEA	44.55	M 25	2022-11-06	ÁLVARO PINO	2
10	1084041	SUAREZ GARCIA SERGIO	1980	MPVETUS	45.10	M 25	2022-11-06	ÁLVARO PINO	1
11	1178772	CARRERA RODRÍGUEZ RUBÉN	1979	NPONTEA	45.53	M 25	2022-11-06	ÁLVARO PINO	0
12	1038913	SUAREZ GARCIA PEDRO LOIS	1980	NPONTEA	47.54	M 25	2022-11-06	ÁLVARO PINO	0
13	1190398	FERNANDEZ CORRAL MARCOS	1979	POR-MIÑA	1:02.05	M 25	2022-11-12	BATALLONES	0
45+									
1	1143601	NOGUEIRA-PINTO CRESPO HUGO	1978	ESCUALOS	33.80	M 25	2022-11-12	BATALLONES	13
2	1076560	EIRIZ DIEGUEZ DANIEL	1978	CNMOS	34.71	M 25	2022-11-06	ÁLVARO PINO	10
3	1231581	RODRÍGUEZ SALGADO MANUEL	1975	CIDSANTI	38.56	M 25	2022-11-13	CARBALLO CALERO	8
4	1218110	HERMIDA SALIDO GUSTAVO	1977	NTNARON	38.77	M 25	2022-11-12	BATALLONES	7
5	1084040	GARCIA CASTIÑEIRA DANIEL	1974	GALAICO	42.61	M 25	2022-11-06	ÁLVARO PINO	6
6	1224728	CARBALLIDO MOSQUERA OSCAR	1978	CNORDES	44.17	M 25	2022-11-13	CARBALLO CALERO	5
7	1127402	PEXEGUEIRO BALADRON NICOLAS	1977	CNMOS	44.90	M 25	2022-11-06	ÁLVARO PINO	4
8	1198273	MONTERO PRIETO CARLOS EUGENIO	1978	GALAICO	45.15	M 25	2022-11-06	ÁLVARO PINO	3
9	1145005	FERNANDEZ IGLESIAS EMILIO J.	1977	NPONTEA	45.50	M 25	2022-11-06	ÁLVARO PINO	2
10	1144269	LOPEZ PAYO MARIO	1977	SALESTRA	47.69	M 25	2022-11-12	BATALLONES	1
11	1143964	TABOAS BASTOS OSCAR	1977	CNMOS	52.74	M 25	2022-11-06	ÁLVARO PINO	0
12	1144915	SÁNCHEZ PARADA JOSE Mª	1978	ARTEIXO	55.90	M 25	2022-11-13	CARBALLO CALERO	0
50+									
1	1076185	PEREIRA DIAZ ANGEL	1972	ESCUALOS	36.03	M 25	2022-11-12	BATALLONES	13
2	1197597	HERNAEZ OUBIÑA DAVID	1973	CULLERED	37.58	M 25	2022-11-13	CARBALLO CALERO	10
3	1146934	DIEGUEZ ARANDA HECTOR	1973	POR-MIÑA	39.42	M 25	2022-11-12	BATALLONES	8
4	1144117	PREGO MARTINEZ BENJAMIN	1973	NPONTEA	41.19	M 25	2022-11-06	ÁLVARO PINO	7
5	1180239	MARTÍNEZ LEMA JOSÉ ANTONIO	1972	TRICORUÑ	42.32	M 25	2022-11-13	CARBALLO CALERO	6
6	1143494	IGLESIAS RODRIGUEZ CARLOS	1969	RBAIXAS	43.56	M 25	2022-11-06	ÁLVARO PINO	5
7	1078814	CANOSA RODRIGUEZ ALFONSO J.	1971	ADFOGAR	48.98	M 25	2022-11-13	CARBALLO CALERO	4
8	1146902	PEREIRO LOPEZ-QUECUTY SIMON	1973	RBAIXAS	49.40	M 25	2022-11-06	ÁLVARO PINO	3
9	1143263	BUSTABAD FERREIRO FERNANDO	1971	CMARINA	1:03.16	M 25	2022-11-12	BATALLONES	2
55+									
1	1143661	TOURIÑO GONZALEZ VICTOR M.	1968	CMARINA	35.81	M 25	2022-11-12	BATALLONES	13
2	1106827	GARCIA AÑON J. RAFAEL	1967	ADFOGAR	45.85	M 25	2022-11-13	CARBALLO CALERO	10
3	1144788	BEREA RUIZ MANUEL	1964	HERCULES	47.32	M 25	2022-11-13	CARBALLO CALERO	8
4	1145033	PIÑEIRO PEREZ ARMANDO	1966	NPONTEA	49.79	M 25	2022-11-06	ÁLVARO PINO	7
5	1143966	FERNANDEZ GONZALEZ ALVARO	1965	CNMOS	50.18	M 25	2022-11-06	ÁLVARO PINO	6
60+									
1	1174449	FERNANDEZ ARRUTI JOSE ANGEL	1959	CIDSANTI	40.90	M 25	2022-11-13	CARBALLO CALERO	13
2	1141399	SANCHEZ MUÑOZ JOSE IGNACIO	1961	RBAIXAS	45.71	M 25	2022-11-06	ÁLVARO PINO	10

3	1079361	RODRIGUEZ GOMEZ EMILIO	1961	NPONTEA	47.74	M 25	2022-11-06	ÁLVARO PINO	8
4	1144180	SEGUÍN CID SEVERINO	1959	CTRAVIE	48.22	M 25	2022-11-06	ÁLVARO PINO	7
5	1053394	SANJORGE PEDREIRA CARMELO	1962	ARTEIXO	1:02.94	M 25	2022-11-13	CARBALLO CALERO	6
6	1076514	LAGO REY JOSE MANUEL	1963	RBAIXAS	1:24.96	M 25	2022-11-06	ÁLVARO PINO	5
65+									
1	1141150	RODRIGUEZ VIEITO RICARDO M.	1957	CNMOS	48.80	M 25	2022-11-06	ÁLVARO PINO	13
2	1076495	PAZOS CABAL MIGUEL	1955	ADFOGAR	1:19.52	M 25	2022-11-13	CARBALLO CALERO	10
70+									
1	1075190	SUANZES PEREZ FERNANDO	1953	HERCULES	47.46	M 25	2022-11-13	CARBALLO CALERO	13
2	1076487	RODRIGUEZ LEMOS ANDRES J.	1949	CNMOS	51.06	M 25	2022-11-06	ÁLVARO PINO	10
3	1076489	VIRUEL RODRÍGUEZ DIEGO	1952	CTRAVIE	1:10.65	M 25	2022-11-06	ÁLVARO PINO	8
80+									
1	1143430	ARAUJO DOMINGUEZ FRANCISCO	1940	NPONTEA	1:15.82	M 25	2022-11-06	ÁLVARO PINO	13

9. 4x50 m Libre Mixta

+80									
1	C. MARINA FERROL	CMARINA	1:54.12	M 25	2022-11-12	BATALLONES	26		
	AZNAR GRILLE CARLOS JAVIER (1995)	50L: 29.11							
	ANEIROS DOPICO LAURA (2000)								
	PEREIRA FERY MARTA (2001)								
	GOMEZ CASAL LUIS (2002)								
2	C. N. PONTEAREAS	NPONTEA	1:55.03	M 25	2022-11-06	ÁLVARO PINO	20		
	CANCELA GOMEZ HUGO (2003)	50L: 26.01							
	PINO LORENZO BRAIS (2001)								
	DOMINGUEZ CASABELLA ANDREA (2003)								
	EIJO GIL ANA PAULA (2003)								
3	C. N. FERROL	CNFERRO	1:56.62	M 25	2022-11-12	BATALLONES	16		
	LOPEZ HERMIDA CLARA (2002)	50L: 29.87							
	DIAZ DOPICO SABELA (2002)								
	RODRÍGUEZ GONZÁLEZ A.J. (1991)								
	LOSADA JIMENEZ ALVARO (1999)								
4	C. N. GALAICO	GALAICO	2:02.55	M 25	2022-11-06	ÁLVARO PINO	14		
	CASTRO RODRIGUEZ FRANCISCO (2000)	50L: 27.80							
	CANO ROSALES NURIA (2001)								
	GONZALEZ AVENDAÑO LUCIA (1999)								
	VILLVERDE CAMPOS JOSE M (2001)								
+100									
1	C. N. PONTEAREAS	NPONTEA	1:58.50	M 25	2022-11-06	ÁLVARO PINO	26		
	CARRERA COSTAS MARTIN (1996)	50L: 27.20							
	IBAÑEZ CARRERA MANUEL GABRIEL (1996)								
	CHAMADOIRA DOMÍNGUEZ JENNIFER (1994)								
	GESTO ALONSO CLARISA (1989)								
2	C. N. VIGO RÍAS BAIXAS	RBAIXAS	2:14.71	M 25	2022-11-06	ÁLVARO PINO	20		
	SUAREZ GARCIA SOFIA (1997)	50L: 33.07							
	NOVALES BLANCO XABIER (1991)								
	PEREZ GARCIA EVA (1990)								
	FERREÑO COMESAÑA CRISTIAN (1996)								
+120									
1	C. N. FERROL	CNFERRO	1:54.76	M 25	2022-11-12	BATALLONES	26		
	LOPEZ SANMARTIN NEREA (1996)	50L: 28.30							
	MUIÑO REY DANIEL (1984)								
	GARCÍA SOTO PATRICIA (1991)								
	DOPICO REY ANTON (1997)								

2	C. HÉRCULES TERMARIA	HERCULES	1:59.41	M 25	2022-11-13	CARBALLO CALERO	20
	MERA MONTECELOS PABLO (1983)	50L: 27.32					
	LAMEIRO SEOANE JAVIER (1987)						
	FRIAS DEL PALACIO SOLEDAD (1986)						
	PASCUAL GUTIERREZ MARIA TERESA (1998)						
3	C. N. GALAICO	GALAICO	2:00.91	M 25	2022-11-06	ÁLVARO PINO	16
	MARTINEZ DOPAZO DAVID (1987)	50L: 29.29					
	SANTORUM FONTAN IRIA MARTA (1992)						
	GARCIA MIGUEZ ROSALIA (1998)						
	CALLE FACAL TELMO (1983)						
4	AGRUP. DEP. NÁUTICO DE NARÓN	NTNARON	2:01.42	M 25	2022-11-12	BATALLONES	14
	LOUREIRO AMOR BELEN MARTINA (1988)	50L: 30.31					
	RIVAS TENREIRO ARANTZA (1989)						
	CORES VÁZQUEZ RICARDO (1992)						
	CANOSA RODRÍGUEZ JUAN JOSÉ (1980)						
5	C. N. MOS	CNMOS	2:05.94	M 25	2022-11-06	ÁLVARO PINO	12
	FERNANDEZ GAYOSO JOSE MANUEL (1986)	50L: 29.12					
	CARRERA PEREZ CAROLINA (1994)						
	SILVA SILVA NATALIA (1986)						
	EIRIZ DIEGUEZ DANIEL (1978)						
6	C. N. PONTEAREAS	NPONTEA	2:08.02	M 25	2022-11-06	ÁLVARO PINO	10
	GARCIA MARIN CRISTINA (1990)	50L: 30.09					
	MOURIÑO FORTES VICTOR MANUEL (1977)						
	MARTÍNEZ DOMÍNGUEZ IVÁN (1988)						
	ALVAREZ COSTAS MARIA PAZ (1988)						
7	C. TRIATLÓN CORUÑA	TRICORUÑ	2:15.54	M 25	2022-11-13	CARBALLO CALERO	8
	ESCUDERO DANS DAVID (1973)	50L: 32.79					
	MONTEAGUDO LEAL JONATHAN (1987)						
	PINO AGUIRRE CRISTINA (1988)						
	GIL FERNANDEZ MARTA (1988)						
8	C. N. VIGO RÍAS BAIXAS	RBAIXAS	2:15.67	M 25	2022-11-06	ÁLVARO PINO	6
	FIGUEIRA DOMINGUEZ J.G. (1988)	50L: 31.57					
	HERMIDA MARTINEZ VANESA (1983)						
	GONZALEZ PEREZ JESSICA (1987)						
	CAO LAGO PABLO (1987)						
9	C. N. PORTAMIÑA LUGO	POR-MIÑA	2:23.37	M 25	2022-11-12	BATALLONES	4
	DIEGUEZ ARANDA HECTOR (1973)	50L: 29.34					
	GONZALEZ PEÑAS DAVID (1984)						
	VALIÑO GOMEZ IRIA (1984)						
	SALGADO CASTELO MARTA (1994)						
10	C. MARINA FERROL	CMARINA	2:27.84	M 25	2022-11-12	BATALLONES	2
	LAZARO GUERRERO VICTOR (1988)	50L: 27.91					
	LAGUNAS PEREZ SARA (1995)						
	PEREZ VAZQUEZ TELMO (1988)						

TORRES GUTIERREZ CRISTINA (1990)

+160

1	C. HÉRCULES TERMARIA	HERCULES	2:01.40	M 25	2022-11-13	CARBALLO CALERO	26
	SAAVEDRA GONZÁLEZ RAUL (1973)	50L: 28.38					
	FOUZ ROUCO RUBÉN (1979)						
	ALAYON MORIN CRISTINA (1982)						
	DORADO GARCIA LAURA (1984)						
2	AGRUP. DEP. FOGAR	ADFOGAR	2:10.11	M 25	2022-11-13	CARBALLO CALERO	20
	FERNANDEZ VARELA PABLO JOSE (1984)	50L: 26.66					
	EIRIS CASTRO ANDREA (1990)						
	VAZQUEZ ESMORIS PABLO (1979)						
	RODRIGUEZ REY MARIA J. (1973)						
3	C. MARINA FERROL	CMARINA	2:13.10	M 25	2022-11-12	BATALLONES	16
	BALSA MOSQUERA PABLO (1978)	50L: 30.87					
	HERMIDA RODRIGUEZ BLANCA (1981)						
	VAZQUEZ MENDEZ MARIA CARMEN (1971)						
	ANEIROS GARCIA JOSE M. (1974)						
4	C. N. ESCUALOS	ESCUALOS	2:16.41	M 25	2022-11-12	BATALLONES	14
	PAZOS ALONSO JOSUE (1986)	50L: 29.41					
	NOGUEIRA-PINTO CRESPO HUGO (1978)						
	MIRA VAZQUEZ PAULA (1986)						
	MIRA VAZQUEZ MARTA (1981)						
5	C. N. VIGO RÍAS BAIXAS	RBAIXAS	2:20.22	M 25	2022-11-06	ÁLVARO PINO	12
	ARANGO GAYAR SAUL (1980)	50L: 30.49					
	DIEGUEZ VARELA CARINA (1977)						
	RODRIGUEZ LOPEZ BELEN (1981)						
	VAZQUEZ IGLESIAS DANIEL (1979)						
6	C. N. PONTEAREAS	NPONTEA	2:20.69	M 25	2022-11-06	ÁLVARO PINO	10
	FERNANDEZ IGLESIAS EMILIO J. (1977)	50L: 33.82					
	COSTAS GONZALEZ PABLO (1979)						
	VARELA REDONDO VERONICA (1975)						
	COVELO SAAVEDRA NAHIR (1978)						
7	C. N. GALAICO	GALAICO	2:22.48	M 25	2022-11-06	ÁLVARO PINO	8
	CARBALLA BARROSO R.M. (1981)	50L: 34.44					
	FARIÑA SOUSA NOEMI (1983)						
	CRESPO ESTEVEZ LAURA (1994)						
	GARCIA CASTIÑEIRA DANIEL (1974)						
8	REAL SOC. DEP. HÍPICA	RSDH	2:28.00	M 25	2022-11-13	CARBALLO CALERO	6
	RAMIREZ INSUA JULIA (1983)	50L: 44.35					
	DE LA MONTAÑA ALCANTARA GLORIA (1973)						
	CEGARRA GARCIA EUGENIO (1964)						
	LOPEZ BERMUDEZ GABRIEL (1984)						
9	C. N. ORDES	CNORDES	2:36.18	M 25	2022-11-13	CARBALLO CALERO	4

	FERNADEZ BARREIROS CLAUDIO (1975)	50L: 34.23						
	RIVEIRA CAAMAÑO REBECA (1977)							
	CARBALLIDO MOSQUERA OSCAR (1978)							
	AMOR BARBEITO SONIA (1979)							
10	C. N. CULLEREDO	CULLERED	2:42.55	M 25	2022-11-13	CARBALLO CALERO	2	
	FERNANDEZ CHICO M ^º BEGOÑA (1971)	50L: 49.47						
	PEREZ GARCIA MANUEL (1967)							
	LOPEZ MORADO MARIA (2001)							
	VAZQUEZ PEREZ LUIS FERNANDO (1979)							
11	C. N. PABELLÓN OURENSE	POURENSE	2:46.55	M 25	2022-11-12	BATALLONES	0	
	BALADO LOPEZ ANA MARIA (1961)	50L: 40.63						
	TIMIRAOS CARRASCO LUIS (1956)							
	GONZALEZ RODRIGUEZ MARIA (1982)							
	BLANCO PEREZ ADRIAN (1994)							
+200								
1	C. N. CULLEREDO	CULLERED	2:21.70	M 25	2022-11-13	CARBALLO CALERO	26	
	SANDERSON HELEN JANE (1970)	50L: 36.75						
	LOPEZ BLANCO M ^º ISABEL (1963)							
	HERNAEZ OUBIÑA DAVID (1973)							
	GUIRADO CARABEL OSCAR (1976)							
2	C. DEP. N. CIDADE DE SANTIAGO	CIDSANTI	2:25.90	M 25	2022-11-13	CARBALLO CALERO	20	
	BROZOS VAZQUEZ ELENA MARÍA (1982)	50L: 46.21						
	FERNANDEZ ARRUTI JOSE ANGEL (1959)							
	CODESIDO LOPEZ JOSÉ (1959)							
	SANZ BARRIONUEVO MARIA LUISA (1991)							
3	C. N. PONTEAREAS	NPONTEA	2:28.02	M 25	2022-11-06	ÁLVARO PINO	16	
	MOURIÑO ORTIGUERA ROBERTO C. (1974)	50L: 31.75						
	PREGO MARTINEZ BENJAMIN (1973)							
	DEL AMO BLANCO MARGARITA (1967)							
	SOBRINO EIRIZ MARIA DEL VALLE (1972)							
4	C. N. VIGO RÍAS BAIAS	RBAIXAS	2:28.75	M 25	2022-11-06	ÁLVARO PINO	14	
	ROIG SANCHEZ BLANCA ANA (1974)	50L: 38.20						
	ALVAREZ LARRAN MARIA DEL PILAR (1979)							
	SANCHEZ MUÑOZ JOSE IGNACIO (1961)							
	FUENTES FERNANDEZ EUGENIO (1972)							
5	C. HÉRCULES TERMARIA	HERCULES	2:30.36	M 25	2022-11-13	CARBALLO CALERO	12	
	BEREA RUIZ MANUEL (1964)	50L: 35.50						
	LORENZO MEJUTO MANUEL (1971)							
	REGUEIRA MARTINEZ MARIA J. (1975)							
	LORENZO LODEIRO M.D.C. (1978)							
6	AGRUP. DEP. FOGAR	ADFOGAR	2:33.21	M 25	2022-11-13	CARBALLO CALERO	10	
	GENDE DIAZ JUAN F. (1970)	50L: 33.08						
	SANTOS DA GRACA FRANCELINA (1987)							

	PEREIRA ALONSO ISABEL (1961)								
	TOME NOGUEIRA ALBERTO M. (1968)								
7	C. TRIATLÓN CORUÑA	TRICORUÑ	2:44.02	M 25	2022-11-13	CARBALLO CALERO			8
	SÁNCHEZ CEBRIÁN OLGA (1962)	50L: 38.63							
	MARTÍNEZ LEMA JOSÉ ANTONIO (1972)								
	PORTO ARIAS FEDERICO (1967)								
	VARELA BAO SORAYA (1980)								
8	C. N. GALAICO	GALAICO	2:44.90	M 25	2022-11-06	ÁLVARO PINO			6
	BETHENCOURT IGLESIAS SERGIO (1963)	50L: 31.69							
	MIGUEZ DE LA SIERRA ANGELES (1966)								
	CASTRO QUINTELA AVELINO (1967)								
	PELETEIRO FRANCO ANGELA MARIA (1989)								
9	C. N. ARTEIXO	ARTEIXO	2:46.66	M 25	2022-11-13	CARBALLO CALERO			4
	SANJORGE PEDREIRA CARMELO (1962)	50L: 40.33							
	SÁNCHEZ PARADA JOSE Mª (1978)								
	MÉNDEZ CEA Mª JESÚS (1966)								
	OREIRO PAZOS M. GLORIA (1960)								
+240									
1	C. HÉRCULES TERMARIA	HERCULES	2:39.80	M 25	2022-11-13	CARBALLO CALERO			26
	SUANZES PEREZ FERNANDO (1953)	50L: 34.75							
	YAÑEZ WONENBURGER J. CARLOS (1959)								
	LOPEZ MAHIA PURIFICACION (1963)								
	CARBALLO BALOIRA SUSANA MARÍA (1975)								
2	C. N. VIGO RÍAS BAIAS	RBAIXAS	2:49.88	M 25	2022-11-06	ÁLVARO PINO			20
	ROS ROSILLO ALEJANDRO (1958)	50L: 39.27							
	PARRADO RAMOS ANTONIO (1956)								
	SANCHEZ DOMINGUEZ MARIA JESUS (1971)								
	REGUEIRO RODRIGUEZ ANA (1966)								
3	C. N. MOS	CNMOS	2:50.91	M 25	2022-11-06	ÁLVARO PINO			16
	RODRIGUEZ LEMOS ANDRES J. (1949)	50L: 45.46							
	BASTOS ALONSO M. CARMEN (1965)								
	RODRIGUEZ VIEITO RICARDO M. (1957)								
	SOUSA CARNEIRO ROSANA (1971)								
4	C. N. PONTEAREAS	NPONTEA	3:04.84	M 25	2022-11-06	ÁLVARO PINO			14
	PIÑEIRO PEREZ ARMANDO (1966)	50L: 37.40							
	RODRIGUEZ GOMEZ EMILIO (1961)								
	CALVIÑO CANCELA MARIA CRISTINA (1968)								
	SUEIRO COSTAS Mª CARMEN (1956)								
5	C. TRAVIESAS N.	CTRAVIE	3:09.35	M 25	2022-11-06	ÁLVARO PINO			12
	VIRUEL RODRÍGUEZ DIEGO (1952)	50L: 52.66							
	GONZÁLEZ ALEGRE ANA M. (1952)								
	SEGUÍN CID SEVERINO (1959)								
	MARTY PAZOS MARIA VICTORIA (1965)								



+280

1	C. N. PONTEAREAS	NPONTEA	4:05.43	M 25	2022-11-06	ÁLVARO PINO	26
	MORAL RUBIO ISABEL (1942)	50L: 1:19.08					
	MONROY FERNÁNDEZ MANUEL (1950)						
	FERNANDEZ SESTELO MARIA JOSE (1970)						
	ARAUJO DOMINGUEZ FRANCISCO (1940)						