

Prueba 18
04/06/2023

Fem., 200m Braza

2003 y mayores
Resultados

Clasificación				Edad					Tiempo	Puntos
20+										
1.	1140796	DIAZ DOPICO, Sabela	21	NFERROL					3:17.14	13,00 RG
	50m:	45.08	45.08	100m:	1:34.93	49.85	150m:	2:26.12	51.19	200m: 3:17.14 51.02
2.	1038929	GONZALEZ AVENDAÑO, Lucia	24	GALAICO					3:42.51	10,00
	50m:	53.39	53.39	100m:	1:49.66	56.27	150m:	2:45.92	56.26	200m: 3:42.51 56.59
3.	1230349	VICENTE RODRIGUEZ, Andrea	21	PONTEAREAS					4:14.53	8,00
	50m:	56.27	56.27	100m:	1:59.92	1:03.65	150m:	3:07.33	1:07.41	200m: 4:14.53 1:07.20
25+										
1.	1130789	GARCIA MIGUEZ, Rosalia	25	GALAICO					3:24.77	13,00
	50m:	47.84	47.84	100m:	1:40.45	52.61	150m:	2:33.69	53.24	200m: 3:24.77 51.08
2.	1079047	BALEA CASAS, Tania	27	GALAICO					3:42.06	10,00
	50m:	49.22	49.22	100m:	1:45.54	56.32	150m:	2:43.17	57.63	200m: 3:42.06 58.89
3.	1191499	GONZALEZ MACIA, Alba	29	MONFORTE					3:51.71	8,00
	50m:	54.77	54.77	100m:	1:55.68	1:00.91	150m:	2:56.43	1:00.75	200m: 3:51.71 55.28
4.	1145008	GONZALEZ PEREZ, Paula	27	PONTEAREAS					4:03.50	7,00
	50m:	57.13	57.13	100m:	1:58.68	1:01.55	150m:	3:01.80	1:03.12	200m: 4:03.50 1:01.70
30+										
1.	1093459	FRANCO CAL, Alba	32	FLUVIAL					2:58.39	13,00 RG
	50m:	41.80	41.80	100m:	1:27.31	45.51	150m:	2:13.16	45.85	200m: 2:58.39 45.23
2.	1141212	RIVAS TENREIRO, Arantza	34	NTNARON					3:28.29	10,00
	50m:	47.28	47.28	100m:	1:40.55	53.27	150m:	2:34.83	54.28	200m: 3:28.29 53.46
3.	1204918	MARTINEZ GARCIA, Susana	32	MONFORTE					4:13.35	8,00
	50m:	54.03	54.03	100m:	2:00.06	1:06.03	150m:	3:08.18	1:08.12	200m: 4:13.35 1:05.17
4.	1221892	OTERO FERNANDEZ, Maria Luisa	30	SALESTRA					4:21.63	7,00
	50m:	56.67	56.67	100m:	2:01.99	1:05.32	150m:	3:12.19	1:10.20	200m: 4:21.63 1:09.44
35+										
1.	1144270	ROZADOS LUIS, Adriana	38	SALESTRA					3:37.38	13,00
	50m:	48.28	48.28	100m:	1:43.05	54.77	150m:	2:40.47	57.42	200m: 3:37.38 56.91
40+										
1.	1180232	FKEOUI OMARI, Salma	41	ESCUALOS					3:27.50	13,00
	50m:	49.59	49.59	100m:	1:42.90	53.31	150m:	2:36.21	53.31	200m: 3:27.50 51.29
2.	1143598	MIRA VAZQUEZ, Marta	42	ESCUALOS					3:27.88	10,00
	50m:	47.40	47.40	100m:	1:41.82	54.42	150m:	2:35.58	53.76	200m: 3:27.88 52.30
3.	1170845	CID ALVAREZ, Isabel	43	ESCUALOS					3:51.83	8,00
	50m:	53.63	53.63	100m:	1:53.45	59.82	150m:	2:53.29	59.84	200m: 3:51.83 58.54

Prueba 18, Fem., 200m Braza

45+

1.	1057273	MARCOS VARELA, Laura	47	RIASBAIXAS	3:13.07	13,00		
	50m:	43.85 43.85	100m:	1:32.73 48.88	150m:	2:23.36 50.63	200m:	3:13.07 49.71
2.	1143813	REGUEIRA MARTINEZ, Maria J.	48	HERCULES	3:45.62	10,00		
	50m:	52.48 52.48	100m:	1:49.05 56.57	150m:	2:46.57 57.52	200m:	3:45.62 59.05
3.	1221213	CAGIAO RODRIGUEZ, Natalia	45	SCASINO	3:56.16	8,00		
	50m:	54.81 54.81	100m:	1:55.67 1:00.86	150m:	2:56.81 1:01.14	200m:	3:56.16 59.35
4.	1217806	PAZ BERMUDEZ, Maria	47	SALESTRA	4:00.25	7,00		
	50m:	57.65 57.65	100m:	2:01.07 1:03.42	150m:	3:03.82 1:02.75	200m:	4:00.25 56.43
5.	1178775	COVELO SAAVEDRA, Nahir	45	PONTEAREAS	4:00.38	6,00		
	50m:	56.26 56.26	100m:	1:57.31 1:01.05	150m:	3:00.40 1:03.09	200m:	4:00.38 59.98

50+

1.	1197600	SANDERSON KEOUGH, Helen Jane	53	CULLEREDO	3:45.67	13,00						
	50m:	52.78	52.78	100m:	1:52.32	59.54	150m:	2:51.07	58.75	200m:	3:45.67	54.60
2.	1075503	DE LA MONTAÑA ALCANTARA, Gloria	50	RSDH	4:37.54	10,00						
	50m:	1:01.61	1:01.61	100m:	2:11.36	1:09.75	150m:	3:25.89	1:14.53	200m:	4:37.54	1:11.65
3.	1145007	MELON PARENTE, M. Lourdes	54	PONTEAREAS	6:41.40	8,00						
	50m:	1:36.33	1:36.33	100m:	3:19.75	1:43.42	150m:	5:01.22	1:41.47	200m:	6:41.40	1:40.18

55+

1.	1189938	LOPEZ RODRIGUEZ, Adela Elena	55	POURENSE	4:00.87	13,00						
	50m:	54.40	54.40	100m:	1:54.03	59.63	150m:	2:58.22	1:04.19	200m:	4:00.87	1:02.65
2.	1144231	PEREZ GALLARDO, Teresa	59	POURENSE	6:20.74	10,00						
	50m:	1:29.33	1:29.33	100m:	3:07.54	1:38.21	150m:	4:46.84	1:39.30	200m:	6:20.74	1:33.90

60+

1.	1039437	BALADO LOPEZ, Ana Maria				62	POURENSE			3:45.28	13,00	RG
	50m:	52.91	52.91	100m:	1:49.89	56.98	150m:	2:48.59	58.70	200m:	3:45.28	56.69
2.	1143893	REBORDA MORILLO, Susana				61	ESCUALOS			4:43.08	10,00	
	50m:	1:07.53	1:07.53	100m:	2:19.03	1:11.50	150m:	3:34.97	1:15.94	200m:	4:43.08	1:08.11
3.	1217937	RODRÍGUEZ TRONCOSO, Marina				64	PONTEAREAS			5:05.42	8,00	
	50m:	1:07.27	1:07.27	100m:	2:27.65	1:20.38	150m:	3:48.79	1:21.14	200m:	5:05.42	1:16.63