

Prueba 1
03/06/2023 - 10:00

Fem., 400m Libre

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
FRANCO CAL, Alba	32	30+	FLUVIAL	4:39.25	25m	4:45.64
FREIJE TORNEIRO, Aroa	25	25+	PORTAMIÑA	4:55.60	25m	5:01.99
SAAVEDRA BUIDE, Carlota	24	20+	PORTAMIÑA	5:05.40	25m	5:11.79
GONZALEZ RODRIGUEZ, Maria	41	40+	POURENSE	5:13.99	25m	5:20.38
POMBO LOPEZ, Belen	31	30+	FLUVIAL	5:14.82	25m	5:21.02
RAMOS LOBO, Raquel	30	30+	PORTAMIÑA	5:16.56	25m	5:22.95
GONZALEZ AVENDAÑO, Lucia	24	20+	GALAICO	5:23.82	25m	5:30.02
FERNANDEZ GONZALEZ, Elena	22	20+	HERCULES	5:28.73	25m	5:34.93
VINAGRE SENDINO, Cora	35	35+	SCASINO	5:35.02	25m	5:41.22
RODRIGUEZ PEREZ, Vanesa	37	35+	RIASBAIXAS	5:43.03	50m	5:43.03
HERNANDEZ ALFAGEME, Rita	52	50+	RIASBAIXAS	5:41.23	25m	5:47.43
QUEREDA RODRÍGUEZ, Almudena	38	35+	LICEO	5:44.59	25m	5:50.98
GARCIA SANCHEZ, Isabel	21	20+	MONFORTE	5:44.66	25m	5:51.05
EIRIS CASTRO, Andrea	33	30+	ADFOGAR	5:45.00	25m	5:51.39
CAGIAO RODRIGUEZ, Natalia	45	45+	SCASINO	5:47.40	25m	5:53.79
RODRIGUEZ GONZÁLEZ, Raquel	30	30+	MONFORTE	5:52.00	25m	5:58.39
SANCHEZ LEDO, Cira	42	40+	ESCUALOS	5:55.70	25m	6:01.90
VALIÑO GOMEZ, Iria	39	35+	PORTAMIÑA	5:56.32	25m	6:02.71
DE LORENZO FERNANDEZ, Maria	45	45+	ESCUALOS	5:57.78	25m	6:04.17
GONZALEZ PEREZ, Jessica	36	35+	RIASBAIXAS	6:00.21	25m	6:06.41
OJEA DE CASTRO, Macarena	50	50+	PORTAMIÑA	6:02.19	25m	6:08.58
VARELA REDONDO, Veronica	48	45+	PONTEAREAS	6:04.37	25m	6:10.76
COSTA FERNANDEZ, Laura	22	20+	PONTEAREAS	6:05.08	25m	6:11.28
LOPEZ GONZALEZ, Monica	53	50+	PORTAMIÑA	6:06.54	25m	6:12.93
MIRA VAZQUEZ, Marta	42	40+	ESCUALOS	6:07.01	25m	6:13.40
SANDERSON KEOUGH, Helen Jane	53	50+	CULLEREDO	6:08.03	25m	6:14.23
FERNANDEZ GARCIA, Marina	26	25+	GALAICO	6:26.27	25m	6:32.66
SALGADO CASTELO, Marta	29	25+	PORTAMIÑA	6:29.78	25m	6:35.98
VILARIÑO CACHO, Elvira	42	40+	SALESTRA	6:30.00	25m	6:36.39
RODRIGUEZ LOPEZ, Belen	42	40+	RIASBAIXAS	6:31.75	25m	6:38.14
REGUEIRO RODRIGUEZ, Ana	57	55+	RIASBAIXAS	6:32.09	25m	6:38.48
FUENTES LORENZO, Carla	24	20+	NFERROL	6:40.00	25m	6:46.39
GONZALEZ GARCIA, Covadonga	34	30+	GALAICO	6:40.81	25m	6:47.20
DIAZ TOIMIL, Carla	25	25+	NTNARON	6:43.75	25m	6:50.14
SALES MANTIÑAN, Carmen	49	45+	SCASINO	6:47.49	25m	6:53.69
CALVIÑO CANCELA, Maria Cristina	55	55+	PONTEAREAS	6:52.39	25m	6:58.78
GARCÍA SEOANE, Cristina María	48	45+	SCASINO	6:54.80	25m	7:01.19
SOUSA CARNEIRO, Rosana	52	50+	CNMOS	7:00.00	25m	7:06.39
RUIZ MEILAN, Blanca	33	30+	SCASINO	7:00.00	25m	7:06.39
GONZALEZ-ALEGRE BURGUEÑO, A.	71	70+	TRAVIESAS	7:05.00	25m	7:11.39
ABREU FERNANDEZ, Marta	52	50+	PONTEAREAS	7:06.28	25m	7:12.48
ANDON YAÑEZ, Lorena	45	45+	SCASINO	7:13.34	25m	7:19.54
SANCHEZ DE LLANO, M. Nieves	31	30+	SCASINO	7:13.66	25m	7:19.86
FARIÑA SOUSA, Noemi	40	40+	GALAICO	7:16.61	25m	7:22.81
GARNACHO GAYARRE, Nuria	54	50+	SCASINO	7:27.93	25m	7:34.13
RODRIGUEZ VAZQUEZ, Maria Teresa	51	50+	POURENSE	7:33.90	25m	7:40.29
PEREZ PEREZ, Sonia	51	50+	ESCUALOS	7:35.94	25m	7:42.14
OTERO FERNANDEZ, Maria Luisa	30	30+	SALESTRA	7:50.00	25m	7:56.39

Prueba 1, Fem., 400m Libre

REBOREDADA MORILLO, Susana	61	60+	ESCUALOS	7:54.27	25m	8:00.47
BESADA FERNÁNDEZ, Ana M.	45	45+	PONTEAREAS	8:26.61	25m	8:33.00
FERNANDEZ SESTELO, Maria Jose	53	50+	PONTEAREAS	8:34.28	25m	8:40.48
PEREZ GALLARDO, Teresa	59	55+	POURENSE	9:14.99	25m	9:21.19
SUEIRO COSTAS, M ^a Carmen	67	65+	PONTEAREAS	9:58.38	25m	10:04.77
MORAL RUBIO, Isabel	81	80+	PONTEAREAS	11:36.43	25m	11:42.63

Prueba 2
03/06/2023

Masc., 400m Libre

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
MOURE DOVAL, Jose	24	20+	POURENSE	4:04.65	25m	4:11.54
CIVEIRA CORRAL, Raul	21	20+	POURENSE	4:08.25	25m	4:15.14
GUTIERREZ MARIÑO, Santiago	21	20+	POURENSE	4:12.60	25m	4:19.49
PASTORIZA SANTACLARA, Jorge	26	25+	RIASBAIXAS	4:17.30	25m	4:24.00
SIMON COTELO, Manuel	22	20+	HERCULES	4:22.36	25m	4:29.06
BOUZA PADRON, Adrian	26	25+	PONTEAREAS	4:26.25	25m	4:33.14
SANCHEZ GORDON, Roman	45	45+	RIASBAIXAS	4:39.50	25m	4:46.20
CANCELA GOMEZ, Hugo	20	20+	PONTEAREAS	4:41.88	25m	4:48.77
QUINTAS BARROS, Jesus C.	50	50+	ESCUALOS	4:48.42	25m	4:55.12
INCUTTI TELLADO, Denis	23	20+	PONTEAREAS	4:50.19	25m	4:57.08
VIEITEZ PORTO, Ismael	31	30+	GALAICO	4:55.00	25m	5:01.89
PEREZ ARIAS, Hector	52	50+	PORTAMIÑA	4:55.01	25m	5:01.90
MASSO AGUADO, Jorge	47	45+	RIASBAIXAS	4:57.24	25m	5:04.13
MARTINEZ ARGIZ, David	23	20+	MONFORTE	4:58.80	25m	5:05.50
ABADES REBOREDO, Daniel	45	45+	HERCULES	4:59.03	25m	5:05.73
FINS SEOANE, Juan Miguel	46	45+	SALESTRA	4:59.85	25m	5:06.55
TIMIRAOS CARRASCO, Fernando	58	55+	PORTAMIÑA	5:00.08	25m	5:06.97
BLANCO PEREZ, Jesus	37	35+	NTNARON	5:01.37	25m	5:08.26
IGLESIAS GOMEZ, Gonzalo	44	40+	HERCULES	5:02.00	25m	5:08.89
MERA MONTECELOS, Pablo	40	40+	HERCULES	5:02.04	25m	5:08.93
TRILLO RODRIGUEZ, Adrian	26	25+	CNMOS	5:04.30	25m	5:11.19
BAIZ ROCA, Gabriel	44	40+	ARTEIXO	5:05.00	25m	5:11.89
MOURIÑO ORTIGUERA, Roberto C.	49	45+	PONTEAREAS	5:08.57	25m	5:15.27
AZNAR GRUILLE, Carlos J.	28	25+	CNMARINA	5:09.72	25m	5:16.61
NUÑEZ CORREDOIRA, Gonzalo	49	45+	PORTAMIÑA	5:25.19	25m	5:32.08
GONZALEZ PARIS, David	45	45+	HERCULES	5:26.60	25m	5:33.49
ALVAREZ SILVA, Ruben	42	40+	ESCUALOS	5:31.06	25m	5:37.76
MANEIRO BETANZOS, Javier	38	35+	ESCUALOS	5:38.30	25m	5:45.00
FERNANDEZ VARELA, Adrian	32	30+	FLUVIAL	5:40.18	25m	5:47.07
FERNANDEZ-TESTA BARREIRO, D.	49	45+	RIASBAIXAS	5:40.66	25m	5:47.36
IRIBARNEGARAY FERNANDEZ, J.	57	55+	GALAICO	5:43.00	25m	5:49.89
BETHENCOURT IGLESIAS, Sergio	60	60+	GALAICO	5:45.00	25m	5:51.89
GONZALEZ PEÑAS, David	39	35+	PORTAMIÑA	5:46.04	25m	5:52.74
BOUSO FUENTECILLA, Fernando	52	50+	ESCUALOS	5:46.43	25m	5:53.13
MOURIÑO FORTES, Victor Manuel	46	45+	PONTEAREAS	5:47.46	25m	5:54.35
GARCIA COLOMO, Carlos Luis	65	65+	POURENSE	5:48.35	25m	5:55.24
NISTAL GARCÍA, Eduardo	55	55+	SCASINO	5:51.40	25m	5:58.10
PEREZ LOPEZ, Manuel	42	40+	ESCUALOS	5:54.66	25m	6:01.55
MEILAN SANCHEZ, Sergio Jose	27	25+	PORTAMIÑA	5:54.66	25m	6:01.55
BARCIA SIXTO, Francisco José	38	35+	NTNARON	5:55.57	25m	6:02.46
ALONSO ORTIZ, Mariano	47	45+	FLUVIAL	5:57.23	25m	6:04.12
DURO GONZALEZ, Antonio	49	45+	SALESTRA	5:57.92	25m	6:04.62
RODRIGUEZ BALIÑA, Marcos	52	50+	PONTEAREAS	6:00.00	25m	6:06.89
FERNÁNDEZ LAGUNA, F.	36	35+	TRICORUÑA	6:00.00	25m	6:06.89
GURIDI HUERTA, Jesus M.	55	55+	FLUVIAL	6:01.67	25m	6:08.56
SUANZES PEREZ, Fernando	70	70+	HERCULES	6:10.72	25m	6:17.61
GARCIA COLOMO, Manuel Ramon	69	65+	POURENSE	6:11.01	25m	6:17.71
FERREIRO SEOANE, Jose Raul	50	50+	RIASBAIXAS	6:15.01	25m	6:21.71

Splash Meet Manager, 11.76727

Registered to Galicia

31/05/2023 8:05 - Página 3



Prueba 2, Masc., 400m Libre

LORENZO FERNANDEZ, Jose Manuel	51	50+	RIASBAIXAS	6:14.86	25m	6:21.75
PIÑEIRO PEREZ, Armando	57	55+	PONTEAREAS	6:16.83	25m	6:23.72
FERREIRO SUAREZ, Javier M.	50	50+	SCASINO	6:19.21	25m	6:25.91
SÁNCHEZ PARADA, Jose M ^a	45	45+	ARTEIXO	6:20.00	25m	6:26.89
RODRIGUEZ VIEITO, Ricardo M.	66	65+	CNMOS	6:22.43	25m	6:29.13
COUCEIRO SANCHEZ, Gonzalo	57	55+	SCASINO	6:23.47	25m	6:30.17
FERNANDEZ MARTINEZ, Alberto	52	50+	ESCUALOS	6:23.55	25m	6:30.44
CEGARRA GARCIA, Eugenio	59	55+	RSDH	6:27.88	25m	6:34.77
RODRIGUEZ PEREZ, Luis	36	35+	CNMOS	6:30.00	25m	6:36.89
GONZALEZ ALONSO, Alejandro	21	20+	PONTEAREAS	6:30.00	25m	6:36.89
FIDALGO SERRANO, Guillermo	37	35+	TRAVIESAS	6:33.29	25m	6:40.18
BLANCO PEREZ, Angel	59	55+	POURENSE	6:34.25	25m	6:40.95
DE LA VEGA GÁNDARAS, Felipe	50	50+	HERCULES	6:54.29	25m	7:01.18
MARTINEZ BERJANO, Jose Manuel	60	60+	MONFORTE	6:59.69	25m	7:06.39
TABOADA CALVELO, Jose Carlos	44	40+	SALESTRA	7:02.84	25m	7:09.73
MONROY FERNÁNDEZ, Manuel	73	70+	PONTEAREAS	7:08.39	25m	7:15.09
RICO CARAMES, Pablo	42	40+	POURENSE	7:18.70	25m	7:25.59
HERNANZ MORAL, Fausto	61	60+	RIASBAIXAS	7:20.00	25m	7:26.89
FERREIRO SANCHEZ, Luis	53	50+	POURENSE	7:28.54	25m	7:35.43
CASTRO QUINTELA, Avelino	56	55+	GALAICO	7:29.86	25m	7:36.75
REY ROMERO, Jorge J.	57	55+	PORTAMIÑA	7:31.34	25m	7:38.23
TABOAS BASTOS, Oscar	46	45+	CNMOS	7:35.43	25m	7:42.32
AREA PEREIRA, Jose Manuel	66	65+	GALAICO	8:26.55	25m	8:33.44
GONZALEZ ANTON, Luis	61	60+	GALAICO	8:46.00	25m	8:52.89
EIRAS DORADO, Juan Luis	61	60+	PORTAMIÑA	8:53.06	25m	8:59.76
FOLCH MALLOFRE, Ramon	86	85+	ARTEIXO	8:59.98	50m	8:59.98

Prueba 3
03/06/2023

Fem., 50m Espalda

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
MOURIZ CASANOVA, Sabela	22	20+	PORTAMIÑA	33.54	25m	34.73
BLANCO PEREZ, Paula	24	20+	POURENSE	33.67	25m	34.86
SOILAN FERNANDEZ, Raquel	22	20+	FLUVIAL	33.96	25m	35.15
PIROSCIA PONTIDE, Carla	24	20+	PORTAMIÑA	34.05	25m	35.24
SABUZ FORNEIRO, Andrea	25	25+	POURENSE	34.21	25m	35.40
SOUTIÑO RAMIREZ, Carmen Victoria	22	20+	PORTAMIÑA	35.05	25m	36.24
VARELA MENDEZ, Clara	20	20+	MONFORTE	36.00	25m	37.19
ABASOLO RUEDA, Claudia	23	20+	NCORUÑA	36.90	25m	38.09
GONZÁLEZ RIVAS, Sara	34	30+	ARTEIXO	37.00	25m	38.19
LOPEZ RODRIGUEZ, Aroa	26	25+	PORTAMIÑA	37.51	25m	38.70
GESTO ALONSO, Clarisa	34	30+	PONTEAREAS	37.98	25m	38.88
DOPEREIRO GARCIA, Alba	33	30+	NCORUÑA	39.16	25m	40.35
VALIÑO FERRAZ, Tatyana	20	20+	PONTEAREAS	39.77	25m	40.96
ESPASANDIN MARTÍNEZ, María	33	30+	HERCULES	39.98	25m	41.17
SANCHEZ LEDO, Cira	42	40+	ESCUALOS	41.98	50m	42.27
REGUEIRA MARTINEZ, Maria J.	48	45+	HERCULES	42.03	25m	42.93
GARCIA COLOMO, M. Cristina	61	60+	POURENSE	42.89	25m	43.79
OJEA DE CASTRO, Macarena	50	50+	PORTAMIÑA	42.98	25m	44.17
CARRERA PEREZ, Carolina	29	25+	CNMOS	43.02	25m	44.21
MARTIN, Christelle	42	40+	ESCUALOS	43.48	25m	44.38
ROMAR GASALLA, Aurora	46	45+	CNMARINA	43.62	25m	44.81
ALVAREZ SOUTO, Claudia	22	20+	ESCUALOS	44.00	25m	45.19
BARJA BARJA, Liliana	58	55+	TRAVIESAS	44.84	25m	45.74
SUAREZ GARCIA, Sofia	26	25+	RIASBAIXAS	44.65	25m	45.84
ROIG SANCHEZ, Blanca Ana	49	45+	RIASBAIXAS	45.33	25m	46.52
HERMIDA MARTINEZ, Vanesa	40	40+	RIASBAIXAS	46.25	25m	47.15
DEL AMO BLANCO, Margarita	56	55+	PONTEAREAS	46.81	25m	47.71
SÁNCHEZ CEBRIÁN, Olga	61	60+	TRICORUÑA	47.81	25m	49.00
VARELA REDONDO, Veronica	48	45+	PONTEAREAS	48.34	25m	49.24
LAGUNAS PEREZ, Sara	28	25+	CNMARINA	48.70	25m	49.89
LOPEZ RODRIGUEZ, Adela Elena	55	55+	POURENSE	48.85	25m	50.04
BALADO LOPEZ, Ana Maria	62	60+	POURENSE	48.88	25m	50.07
FUENTES LORENZO, Carla	24	20+	NFERROL	49.40	25m	50.59
SALES MANTIÑAN, Carmen	49	45+	SCASINO	50.17	25m	51.07
VILLASANTE ARMAS, Maria Rosa	48	45+	NCORUÑA	50.62	25m	51.52
LOPEZ MAHIA, Purificacion	60	60+	HERCULES	51.00	25m	51.90
ESCUDEIRO FERNÁNDEZ, Raquel	46	45+	MONFORTE	50.88	25m	52.07
SAR MORANO, Dolores	68	65+	CULLEREDO	51.24	25m	52.14
BARJA BARJA, Ana	61	60+	TRAVIESAS	51.39	25m	52.29
GONZALEZ GARCIA, Covadonga	34	30+	GALAICO	53.93	25m	54.83
SANCHEZ DE LLANO, M. Nieves	31	30+	SCASINO	54.39	25m	55.29
GARCIA SANCHEZ, Francis Mariam	29	25+	PONTEAREAS	55.14	25m	56.33
VAZQUEZ ALONSO, Patricia	54	50+	PONTEAREAS	56.02	25m	56.92
SOUZA CARNEIRO, Alicia	49	45+	CNMOS	56.89	25m	57.79
CELEMIN PORRERO, Maria Teresa	64	60+	GALAICO	57.38	25m	58.28
PORTELA VILLANUEVA, Gema	49	45+	PONTEAREAS	1:00.08	50m	1:00.37
MIGUEZ DE LA SIERRA, Angeles	57	55+	GALAICO	59.51	25m	1:00.70
ANDON YAÑEZ, Lorena	45	45+	SCASINO	1:00.78	25m	1:01.68

Prueba 3, Fem., 50m Espalda

LOPEZ BLANCO, M ^o Isabel	60	60+	CULLEREDO	1:02.99	25m	1:03.89
MARTINEZ BARCIELA, Maria Olga	33	30+	TRAVIESAS	1:05.26	25m	1:06.45
BESADA FERNÁNDEZ, Ana M.	45	45+	PONTEAREAS	1:06.86	25m	1:07.76
FERNANDEZ SESTELO, Maria Jose	53	50+	PONTEAREAS	1:07.28	25m	1:08.18
VAZQUEZ PARCERO, Marta	43	40+	CNMARINA	1:09.30	25m	1:10.49
FERNANDEZ PARADA, Clara	30	30+	POURENSE	1:16.12	25m	1:17.31
DIAZ PARDO, Nuria M	48	45+	PORTAMIÑA	1:16.40	25m	1:17.59
MORAL RUBIO, Isabel	81	80+	PONTEAREAS	1:29.76	50m	1:29.76
CARBALLEIRA LOIS, Barbara	47	45+	ESCUALOS	1:30.00	25m	1:31.19
GONZALEZ RODRIGUEZ, S. Marta	77	75+	PONTEAREAS	1:31.99	25m	1:33.18
PEREZ DOMINGUEZ, Maria Luisa	79	75+	RIASBAIXAS	1:47.73	25m	1:48.63
CHANTADA GÓMEZ, M. Del Carmen	80	80+	PONTEAREAS	2:02.45	25m	2:03.64

Prueba 4
03/06/2023

Masc., 50m Espalda

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
TABOADA VILA, Alberto	36	35+	POURENSE	27.61	25m	29.11
CIVEIRA CORRAL, Samuel	21	20+	POURENSE	28.69	25m	30.48
MARTINEZ MARTINEZ, Marcos	20	20+	PONTEAREAS	30.15	25m	31.65
SUAREZ RIPOLL, Xian	20	20+	CIDSANTIAG	30.26	25m	32.05
EIRIZ DIEGUEZ, Daniel	45	45+	CNMOS	30.65	25m	32.15
VAZQUEZ PRADO, Martin	27	25+	PORTAMIÑA	31.23	25m	33.02
FERNANDEZ TORRES, Diego	51	50+	PORTAMIÑA	32.33	25m	33.83
LAZARO GUERRERO, Victor	35	35+	CNMARINA	32.04	25m	33.83
HERMIDA RAMOS, Raul	23	20+	NTNARON	32.57	25m	34.36
FERNANDEZ NUÑEZ, Santiago	60	60+	ESCUALOS	33.42	25m	34.92
GUIRADO CARABEL, Oscar	47	45+	CULLEREDO	33.85	25m	35.35
VILLAMOR FERRO, Rubén	23	20+	ARTEIXO	34.12	25m	35.91
BELTRAN DIAZ, Emilio	46	45+	MONFORTE	34.48	25m	35.98
RODRÍGUEZ SALGADO, Manuel	48	45+	CIDSANTIAG	34.70	25m	36.49
BERNARDEZ FERRO, Juan Jose	36	35+	GALAICO	35.11	25m	36.61
MOURIZ LOMBAO, Fco. Javier	48	45+	PORTAMIÑA	35.54	25m	37.04
TIMIRAOs CARRASCO, Fernando	58	55+	PORTAMIÑA	36.00	25m	37.50
FERNANDEZ GARCIA, Jacobo	22	20+	GALAICO	35.79	25m	37.58
FORTES NOVOA, Martiño	35	35+	ESCUALOS	35.83	25m	37.62
FOUZ ROUCO, Rubén	44	40+	HERCULES	36.17	25m	37.67
TRILLO RODRIGUEZ, Adrian	26	25+	CNMOS	36.17	25m	37.67
IGLESIAS LAPIDO, Miguel	38	35+	FLUVIAL	35.95	25m	37.74
CARBALLA BARROSO, R.	42	40+	GALAICO	36.29	25m	37.79
DIEGUEZ ARANDA, Hector	50	50+	PORTAMIÑA	36.33	25m	37.83
PUENTE DÍAZ, Javier	52	50+	CIDSANTIAG	37.59	25m	39.38
TOURIÑO GONZALEZ, Victor	55	55+	CNMARINA	38.05	25m	39.84
FERNANDEZ RICO, Alvaro	42	40+	PORTAMIÑA	38.45	25m	39.95
DE LA PAZ VIGO, Agustin	57	55+	CNMARINA	38.43	25m	40.22
GOMEZ FREIRE, Domingo Jose	48	45+	SCASINO	38.74	25m	40.24
MEILAN SANCHEZ, Sergio Jose	27	25+	PORTAMIÑA	38.50	25m	40.29
PADIN CHARLIN, Joaquin	43	40+	ESCUALOS	38.79	25m	40.58
BASTIDA CAMPOS, Alejandro	41	40+	SALESTRA	38.80	25m	40.59
CAMIÑA MARTINEZ, Oscar	43	40+	GALAICO	39.09	25m	40.59
PEREZ CARRERA, Elias	44	40+	RIASBAIXAS	39.55	25m	41.05
PEREZ VAZQUEZ, Telmo	35	35+	CNMARINA	39.85	25m	41.64
LOIS PEREZ, Antonio	62	60+	NCORUÑA	40.05	25m	41.84
SÁNCHEZ SECO, Manuel	55	55+	ESCUALOS	40.52	25m	42.02
MATIAS DUARTE, Erick	41	40+	HERCULES	40.31	25m	42.10
GONZALEZ VICENTE, Ruben	42	40+	PORTAMIÑA	41.70	25m	43.20
ESTEVEZ SOTO, Ricardo	31	30+	POURENSE	42.23	25m	43.73
PEREZ LOPEZ, Manuel	42	40+	ESCUALOS	42.73	25m	44.52
GENDE DIAZ, Juan F.	53	50+	ADFOGAR	43.20	25m	44.99
DE MARTIN DIAZ, Ruben	47	45+	POURENSE	43.85	25m	45.35
PEREZ LEIVA, Manuel	55	55+	RIASBAIXAS	43.88	25m	45.38
ALVAREZ FERRIN, Pablo	39	35+	CIDSANTIAG	43.78	25m	45.57
FIDALGO SERRANO, Guillermo	37	35+	TRAVIESAS	44.08	25m	45.87
PASCUAL DE PEDRO, Jorge	37	35+	PONTEAREAS	44.23	25m	46.02
GURIDI HUERTA, Jesus M.	55	55+	FLUVIAL	45.91	50m	46.20

Prueba 4, Masc., 50m Espalda

RODRIGUEZ PEREZ, Luis	36	35+	CNMOS	45.00	25m	46.79
RICO CARAMES, Pablo	42	40+	POURENSE	46.12	25m	47.91
FONTAN SEIJO, Adrian	30	30+	CNMOS	48.00	25m	49.79
CADAVID NUÑEZ, Jose	53	50+	POURENSE	49.84	50m	50.13
RODRIGUEZ VIEITO, Ricardo M.	66	65+	CNMOS	49.70	25m	51.20
FIDALGO SERRANO, Manuel A.	42	40+	TRAVIESAS	49.43	25m	51.22
TRONCOSO CAAMAÑO, Fernando	48	45+	ESCUALOS	49.46	25m	51.25
BLANCO HORTAS, Jose Ramon	49	45+	PORTAMIÑA	50.03	25m	51.82
CRESPO PÉREZ, Albarino	53	50+	ESCUALOS	50.87	25m	52.37
TABOAS BASTOS, Oscar	46	45+	CNMOS	51.95	25m	53.45
GARCIA COLOMO, Manuel Ramon	69	65+	POURENSE	52.86	25m	54.65
FERNANDEZ GONZALEZ, Alvaro	58	55+	CNMOS	52.93	25m	54.72
LORENZO GONZALEZ-VISO, Carlos	52	50+	POURENSE	54.00	25m	55.79
MONROY FERNÁNDEZ, Manuel	73	70+	PONTEAREAS	54.62	25m	56.12
FOLCH MALLOFRE, Ramon	86	85+	ARTEIXO	54.72	25m	56.22
BLANCO PEREZ, Angel	59	55+	POURENSE	56.39	25m	57.89
BRIOSÓ DÍAZ, Manuel	46	45+	REDONDELA	1:01.86	25m	1:03.65
ARAUJO DOMINGUEZ, Francisco	83	80+	PONTEAREAS	1:02.57	25m	1:04.07
EIRAS DORADO, Juan Luis	61	60+	PORTAMIÑA	1:21.98	25m	1:23.48

Prueba 5
03/06/2023

Fem., 50m Mariposa

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
FRANCO CAL, Alba	32	30+	FLUVIAL	28.84	25m	29.14
PASCUAL GUTIERREZ, Maria Teresa	25	25+	HERCULES	30.35	50m	30.35
SANCHEZ VAZQUEZ, Carmen	24	20+	PORTAMIÑA	31.15	25m	31.74
SOILAN FERNANDEZ, Raquel	22	20+	FLUVIAL	31.16	25m	31.75
SAINZ DE LA MAZA RIVAS, Cristina	24	20+	PORTAMIÑA	31.40	25m	31.99
DIAZ DOPICO, Sabela	21	20+	NFERROL	31.82	25m	32.41
MOURIZ CASANOVA, Sabela	22	20+	PORTAMIÑA	32.02	25m	32.61
GARCIA MIGUEZ, Rosalia	25	25+	GALAICO	33.04	25m	33.34
LOUREIRO AMOR, Belen Martina	35	35+	NTNARON	32.87	25m	33.46
GONZÁLEZ RIVAS, Sara	34	30+	ARTEIXO	34.00	25m	34.59
CASTRO DE LA FUENTE, Uxia	20	20+	MONFORTE	34.70	25m	35.29
HERMIDA RODRIGUEZ, Blanca	42	40+	CNMARINA	34.88	25m	35.47
VALIÑO GOMEZ, Iria	39	35+	PORTAMIÑA	35.19	25m	35.49
MENDEZ SEIJO, Nerea	24	20+	RIASBAIXAS	35.63	25m	35.93
EIJO GIL, Ana Paula	20	20+	PONTEAREAS	35.97	25m	36.56
CORRAL SANTOS, Uxia	26	25+	REDONDELA	36.00	25m	36.59
VÁZQUEZ FUENTES, Cintia	36	35+	MONFORTE	36.73	25m	37.32
COSTA FERNANDEZ, Laura	22	20+	PONTEAREAS	37.16	25m	37.75
PRADO FRANCO, Marta E.	44	40+	RIASBAIXAS	37.16	25m	37.75
POMBO LOPEZ, Belen	31	30+	FLUVIAL	37.88	25m	38.18
LOPEZ RODRIGUEZ, Aroa	26	25+	PORTAMIÑA	37.96	25m	38.26
CANO ROSALES, Nuria	22	20+	GALAICO	37.69	25m	38.28
RIVAS CARCACIA, Natalia	32	30+	ESCUALOS	38.48	25m	38.78
PEREZ GARCIA, Eva	33	30+	RIASBAIXAS	38.82	25m	39.41
GARCIA COLOMO, M. Cristina	61	60+	POURENSE	39.87	25m	40.17
FKEOUI OMARI, Salma	41	40+	ESCUALOS	39.72	25m	40.31
ALVAREZ SOUTO, Claudia	22	20+	ESCUALOS	41.63	25m	42.22
RODRIGUEZ GONZÁLEZ, Raquel	30	30+	MONFORTE	42.56	25m	43.15
MIRA VAZQUEZ, Paula	37	35+	ESCUALOS	43.49	25m	43.79
RODRIGUEZ REY, Maria J.	50	50+	ADFOGAR	45.71	25m	46.30
DE LA MONTAÑA ALCANTARA, Gloria	50	50+	RSDH	45.81	25m	46.40
RODRIGUEZ LOPEZ, Belen	42	40+	RIASBAIXAS	46.06	25m	46.65
CARRERA PEREZ, Carolina	29	25+	CNMOS	46.45	25m	47.04
SÁNCHEZ CEBRIÁN, Olga	61	60+	TRICORUÑA	46.82	25m	47.41
REGUEIRO RODRIGUEZ, Ana	57	55+	RIASBAIXAS	47.48	25m	47.78
SOBRINO EIRIZ, Maria Del Valle	51	50+	PONTEAREAS	47.77	25m	48.07
RIVAS RODRIGUEZ, Lucia	44	40+	NCORUÑA	48.31	25m	48.90
GIL VILLARINO, Marta	46	45+	HERCULES	48.96	25m	49.55
VICENTE RODRIGUEZ, Andrea	21	20+	PONTEAREAS	49.47	25m	50.06
GONZALEZ MACIA, Alba	29	25+	MONFORTE	49.68	25m	50.27
GARCIA SANCHEZ, Francis Mariam	29	25+	PONTEAREAS	50.00	25m	50.59
SUAREZ GARCIA, Marta	20	20+	RIASBAIXAS	50.54	25m	51.13
OLMO VAQUEIRO, Leticia	42	40+	PONTEAREAS	51.94	25m	52.24
CALVIÑO CANCELA, Maria Cristina	55	55+	PONTEAREAS	51.67	25m	52.26
GONZALEZ-ALEGRE BURGUEÑO, A.	71	70+	TRAVIESAS	53.64	25m	53.94
SOUZA CARNEIRO, Rosana	52	50+	CNMOS	55.42	25m	55.72
MAZAIRO CASTRO, Carmen	50	50+	ESCUALOS	56.81	25m	57.40
MARTINEZ BARCIELA, Maria Olga	33	30+	TRAVIESAS	59.29	25m	59.88

Prueba 5, Fem., 50m Mariposa

GARNACHO GAYARRE, Nuria	54	50+	SCASINO	1:01.71	25m	1:02.30
CARBALLO BALOIRA, Susana María	48	45+	HERCULES	1:02.81	25m	1:03.11
MELON PARENTE, M. Lourdes	54	50+	PONTEAREAS	1:16.55	25m	1:17.14

Prueba 6
03/06/2023

Masc., 50m Mariposa

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
PONTON RODRIGUEZ, Juan	21	20+	MONFORTE	26.38	25m	27.07
BALBOA BLANCO, Ivan	29	25+	PORTAMIÑA	27.42	25m	27.82
TABOADA VILA, Alberto	36	35+	POURENSE	27.50	25m	28.19
SUAREZ FERNÁNDEZ, Santiago	28	25+	MONFORTE	28.57	50m	28.57
QUIROGA RAMOS, Ecequiel	28	25+	POURENSE	28.65	25m	29.34
MUIÑO ALONSO, Anton	29	25+	NCORUÑA	28.70	25m	29.39
CASTRO RODRIGUEZ, Francisco	23	20+	GALAICO	28.87	25m	29.56
CANCELA GOMEZ, Hugo	20	20+	PONTEAREAS	29.02	25m	29.71
SAAVEDRA GONZÁLEZ, Raul	50	50+	HERCULES	29.33	25m	29.73
SUAREZ RIPOLL, Xian	20	20+	CIDSANTIAG	29.35	25m	29.75
OTERO VILLARES, Daniel	22	20+	PORTAMIÑA	29.10	25m	29.79
BLANCO PEREZ, Adrian	29	25+	POURENSE	29.51	25m	29.91
EIRIZ DIEGUEZ, Daniel	45	45+	CNMOS	29.55	25m	29.95
CALLE FACAL, Telmo	40	40+	GALAICO	30.12	25m	30.81
FERNANDEZ TORRES, Diego	51	50+	PORTAMIÑA	30.33	25m	31.02
ANEIROS GARCIA, Jose	49	45+	CNMARINA	30.47	25m	31.16
GUIMAREY VAZQUEZ, Marcos	46	45+	PORTAMIÑA	31.14	25m	31.54
KRUGLOV, Mykola	38	35+	ESCUALOS	30.95	25m	31.64
GUTIERREZ COSTAS, Oscar	41	40+	RIASBAIXAS	31.40	25m	31.80
VILLAVARDE CAMPOS, Jose M	22	20+	GALAICO	31.61	25m	32.01
NOGUEIRA-PINTO CRESPO, Hugo	45	45+	ESCUALOS	31.74	25m	32.14
FERNANDEZ NUÑEZ, Santiago	60	60+	ESCUALOS	31.82	25m	32.51
SEQUEIROS LAGO, Saul	25	25+	CNMOS	32.15	25m	32.55
INCUTTI TELLADO, Denis	23	20+	PONTEAREAS	32.18	25m	32.58
PIÑEIRO PEON, Antonio	39	35+	GALAICO	32.00	25m	32.69
CAO LAGO, Pablo	36	35+	RIASBAIXAS	32.07	25m	32.76
FERNANDEZ GARCIA, Jacobo	22	20+	GALAICO	32.57	25m	32.97
TAPIA PORTO, Enrique	58	55+	NCORUÑA	32.70	25m	33.10
MARTINEZ DOPAZO, David	36	35+	GALAICO	33.01	25m	33.41
PEREZ CARRERA, Elias	44	40+	RIASBAIXAS	33.23	25m	33.63
MENDES FERRAS, Artur Leonel	42	40+	MONFORTE	33.10	25m	33.79
MUIÑO REY, Daniel	39	35+	NFERROL	33.16	25m	33.85
RODRÍGUEZ SALGADO, Manuel	48	45+	CIDSANTIAG	33.28	25m	33.97
MONTERO PRIETO, Carlos Eugenio	45	45+	GALAICO	33.63	25m	34.03
MENDEZ FERREIRO, Pablo	38	35+	PORTAMIÑA	33.40	25m	34.09
VAZQUEZ IGLESIAS, Daniel	44	40+	RIASBAIXAS	33.80	25m	34.20
MOURIZ LOMBAO, Fco. Javier	48	45+	PORTAMIÑA	33.77	25m	34.46
HERNAEZ OUBIÑA, David	50	50+	CULLEREDO	34.11	25m	34.51
LAMEIRO SEOANE, Javier	36	35+	HERCULES	33.89	25m	34.58
ARANGO GAYAR, Saul	43	40+	RIASBAIXAS	34.28	25m	34.68
BALSA MOSQUERA, Pablo	45	45+	CNMARINA	34.47	25m	35.16
FREIRE LOPEZ, Diego	32	30+	ARTEIXO	35.52	25m	36.21
RODRIGUEZ BALIÑA, Mauro	33	30+	PONTEAREAS	35.95	25m	36.35
IRIBARNEGARAY FERNANDEZ, J.	57	55+	GALAICO	36.00	25m	36.69
BETHENCOURT IGLESIAS, Sergio	60	60+	GALAICO	36.50	25m	36.90
IGLESIAS LAPIDO, Miguel	38	35+	FLUVIAL	36.29	25m	36.98
FERREIRA GONZALEZ, Xose Anxo	57	55+	REDONDELA	36.62	25m	37.31
PUENTE DÍAZ, Javier	52	50+	CIDSANTIAG	37.00	25m	37.69

Prueba 6, Masc., 50m Mariposa

MOURIÑO FORTES, Victor Manuel	46	45+	PONTEAREAS	37.86	25m	38.26
CARRERA RODRÍGUEZ, Rubén	44	40+	PONTEAREAS	38.00	25m	38.40
VEIGA PILLADO, Jose	45	45+	SCASINO	38.00	25m	38.69
CARBALLA BARROSO, R.	42	40+	GALAICO	38.34	25m	38.74
ALONSO ORTIZ, Mariano	47	45+	FLUVIAL	38.68	25m	39.37
NOVALES BLANCO, Xabier	32	30+	RIASBAIXAS	39.53	25m	40.22
DI FELICE VÁZQUEZ, Mario	61	60+	HERCULES	40.00	25m	40.69
FRANCISCO MACÍAS, Simón	27	25+	POURENSE	40.24	25m	40.93
FERREIRO SEOANE, Jose Raul	50	50+	RIASBAIXAS	41.32	25m	41.72
RODRIGUEZ GARCIA, Jose Bernardo	40	40+	RIASBAIXAS	41.48	25m	42.17
MARTÍNEZ LEMA, José Antonio	51	50+	TRICORUÑA	42.25	25m	42.65
CARNERO FIRVIDA, Jose Ramón	49	45+	ESCUALOS	43.94	25m	44.63
VAZQUEZ PEREZ, Luis Fernando	44	40+	CULLEREDO	45.71	25m	46.11
IVANCHENKO, Yurii	70	70+	POURENSE	46.16	50m	46.45
SANCHEZ VAZQUEZ, Jesus	61	60+	PORTAMIÑA	49.33	25m	49.73
LAMELO OTERO, Ramón Jesus	55	55+	CIDSANTIAG	51.99	25m	52.39
ARAUJO FERNÁNDEZ, Jose	52	50+	ESCUALOS	53.57	25m	54.26
FERNANDEZ CORRAL, Marcos	44	40+	PORTAMIÑA	53.93	25m	54.62
PIROSCIA PENADO, Jose	57	55+	PORTAMIÑA	56.10	25m	56.50
BRIOSÓ DÍAZ, Manuel	46	45+	REDONDELA	57.51	25m	58.20
DE LORENZO FERNÁNDEZ, Javier	42	40+	ESCUALOS	58.00	25m	58.69

Prueba 7
03/06/2023

Mixto, 4 x 50m Estilos

AG 80 - 359
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
PONTEAREAS 3		+120	PONTEAREAS	2:02.92	25m	2:05.62
PONTEAREAS 1		+80	(PIPONTEAREAS	2:07.00	25m	2:09.70
POURENSE 6		+80	(PIPOURENSE)	2:08.45	25m	2:11.34
HERCULES 1		+160	HERCULES	2:12.45	50m	2:12.45
GALAICO 1		+80	(PIGALAICOER)	2:13.39	25m	2:16.09
MONFORTE 2		+120	MONFORTE	2:18.21	50m	2:18.21
NTNARON 4		+120	NTNARON	2:15.45	25m	2:18.34
MONFORTE 1		+80	(PIMONFORTE)	2:18.37	50m	2:18.37
CNMARINA 1		+120	CNMARINA	2:17.50	25m	2:20.39
PORTAMIÑA 2		+80	(PIPORTAMIÑA)	2:18.32	25m	2:21.21
ESCUALOS 1		+120	ESCUALOS	2:18.55	25m	2:21.25
RIASBAIXAS 3		+160	RIASBAIXAS	2:21.69	50m	2:21.69
PORTAMIÑA 1		+100	PORTAMIÑA	2:22.93	50m	2:22.93
FLUVIAL 1		+120	FLUVIAL	2:23.15	50m	2:23.15
NCORUÑA 1		+120	NCORUÑA	2:20.46	25m	2:23.35
GALAICO 3		+120	GALAICO	2:21.98	25m	2:24.68
ESCUALOS 2		+160	ESCUALOS	2:22.58	25m	2:25.28
RIASBAIXAS 2		+120	RIASBAIXAS	2:27.12	50m	2:27.12
CNMARINA 1		+200	CNMARINA	2:24.50	25m	2:27.39
PORTAMIÑA 4		+160	PORTAMIÑA	2:27.45	50m	2:27.45
SCASINO 2		+160	SCASINO	2:28.47	50m	2:28.47
ESCUALOS 3		+200	ESCUALOS	2:30.78	25m	2:33.48
PORTAMIÑA 3		+120	PORTAMIÑA	2:34.05	50m	2:34.05
POURENSE 5		+100	POURENSE	2:32.02	25m	2:34.72
GALAICO 2		+100	GALAICO	2:33.53	25m	2:36.23
RIASBAIXAS 1		+80	(PRIASBAIXAS)	2:37.48	50m	2:37.48
SALESTRA 1		+120	SALESTRA	2:39.18	50m	2:39.18
PONTEAREAS 2		+100	PONTEAREAS	2:37.49	25m	2:40.19
GALAICO 4		+160	GALAICO	2:39.60	25m	2:42.30
HERCULES 2		+200	HERCULES	2:42.57	50m	2:42.57
CULLEREDO 1		+200	CULLEREDO	2:41.35	25m	2:44.05
PONTEAREAS 5		+200	PONTEAREAS	2:42.08	25m	2:44.97
PONTEAREAS 4		+160	PONTEAREAS	2:42.98	25m	2:45.68
RIASBAIXAS 4		+200	RIASBAIXAS	2:47.43	50m	2:47.43
CNMOS 1		+160	CNMOS	2:51.17	25m	2:54.06
PORTAMIÑA 5		+200	PORTAMIÑA	2:55.38	50m	2:55.38
TRAVIESAS 1		+200	TRAVIESAS	2:56.07	25m	2:58.77
SCASINO 3		+200	SCASINO	2:59.83	50m	2:59.83
MONFORTE 3		+160	MONFORTE	3:00.35	50m	3:00.35
POURENSE 4		+120	POURENSE	2:59.38	25m	3:02.08
SCASINO 1		+120	SCASINO	3:00.00	25m	3:02.70
PONTEAREAS 6		+240	PONTEAREAS	3:01.50	25m	3:04.20
POURENSE 1		+240	POURENSE	3:03.22	25m	3:05.92
GALAICO 5		+200	GALAICO	3:06.01	25m	3:08.71
POURENSE 3		+160	POURENSE	3:10.21	25m	3:12.91
GALAICO 6		+240	GALAICO	3:18.28	50m	3:18.28
RIASBAIXAS 5		+240	RIASBAIXAS	4:08.24	50m	4:08.24
POURENSE 2		+200	POURENSE	4:28.12	25m	4:31.01

Prueba 7, Mixto, 4 x 50m Estilos

PONTEAREAS 7	+280 PONTEAREAS	4:55.67	25m	4:58.37
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Prueba 8
03/06/2023 - 16:00

Fem., 100m Mariposa

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
RODRIGUEZ RODRIGUEZ, Nina	21	20+	RIASBAIXAS	1:08.72	25m	1:09.42
DIAZ DOPICO, Sabela	21	20+	NFERROL	1:11.56	25m	1:12.45
PASCUAL GUTIERREZ, Maria Teresa	25	25+	HERCULES	1:13.70	25m	1:14.59
FREIJE TORNEIRO, Aroa	25	25+	PORTAMIÑA	1:15.21	25m	1:16.10
HERMIDA RODRIGUEZ, Blanca	42	40+	CNMARINA	1:16.40	25m	1:17.29
SAINZ DE LA MAZA RIVAS, Cristina	24	20+	PORTAMIÑA	1:19.04	25m	1:19.93
SANCHEZ VAZQUEZ, Carmen	24	20+	PORTAMIÑA	1:20.30	25m	1:21.19
GONZALEZ AVENDAÑO, Lucia	24	20+	GALAICO	1:24.01	50m	1:24.01
CASTRO DE LA FUENTE, Uxia	20	20+	MONFORTE	1:23.63	25m	1:24.52
PRADO FRANCO, Marta E.	44	40+	RIASBAIXAS	1:29.40	25m	1:30.10
GARCIA SANCHEZ, Isabel	21	20+	MONFORTE	1:30.21	25m	1:30.91
FERNANDEZ GONZALEZ, Elena	22	20+	HERCULES	1:31.04	25m	1:31.93
REGUEIRA MARTINEZ, Maria J.	48	45+	HERCULES	1:37.49	25m	1:38.19
PEREZ GARCIA, Eva	33	30+	RIASBAIXAS	1:41.15	25m	1:42.04
CID ALVAREZ, Isabel	43	40+	ESCUALOS	1:44.83	25m	1:45.53
MARTIN, Christelle	42	40+	ESCUALOS	1:46.76	25m	1:47.46
GARCÍA SEOANE, Cristina María	48	45+	SCASINO	1:48.04	25m	1:48.74
CRESPO ESTEVEZ, Laura	29	25+	GALAICO	1:51.63	25m	1:52.33
BARJA BARJA, Liliana	58	55+	TRAVIESAS	1:52.22	25m	1:53.11
QUEREDA RODRÍGUEZ, Almudena	38	35+	LICEO	1:53.00	25m	1:53.89
SALGADO CASTELO, Marta	29	25+	PORTAMIÑA	1:54.63	25m	1:55.52
ABREU FERNANDEZ, Marta	52	50+	PONTEAREAS	1:55.66	25m	1:56.36
SOBRINO EIRIZ, Maria Del Valle	51	50+	PONTEAREAS	1:57.05	25m	1:57.94
ALVAREZ LARRAN, Maria Del Pilar	44	40+	RIASBAIXAS	1:57.40	25m	1:58.10
GARCIA RODRIGUEZ, Teresa	51	50+	PORTAMIÑA	1:58.43	25m	1:59.32

Prueba 9
03/06/2023

Masc., 100m Mariposa

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
CIVEIRA CORRAL, Raul	21	20+	POURENSE	1:01.11	25m	1:02.40
BALBOA BLANCO, Ivan	29	25+	PORTAMIÑA	1:03.23	25m	1:04.33
BLANCO PEREZ, Adrian	29	25+	POURENSE	1:04.41	25m	1:05.70
RIVAS MACEIRAS, Isaac	24	20+	HERCULES	1:07.00	25m	1:08.29
CASTRO RODRIGUEZ, Francisco	23	20+	GALAICO	1:07.99	25m	1:09.09
SEQUEIROS LAGO, Saul	25	25+	CNMOS	1:08.90	25m	1:10.00
BELTRAN DIAZ, Emilio	46	45+	MONFORTE	1:09.81	25m	1:10.91
HERMIDA RAMOS, Raul	23	20+	NTNARON	1:10.49	25m	1:11.78
PEREZ ARIAS, Hector	52	50+	PORTAMIÑA	1:11.18	25m	1:12.28
OTERO VILLARES, Daniel	22	20+	PORTAMIÑA	1:11.15	25m	1:12.44
VIEITEZ PORTO, Ismael	31	30+	GALAICO	1:12.00	25m	1:13.29
PONTON RODRIGUEZ, Juan	21	20+	MONFORTE	1:12.50	25m	1:13.79
SAAVEDRA GONZÁLEZ, Raul	50	50+	HERCULES	1:12.78	25m	1:14.07
PORTO CASTAÑO, Alexandre	46	45+	SALESTRA	1:12.99	25m	1:14.09
IGLESIAS GOMEZ, Gonzalo	44	40+	HERCULES	1:13.00	25m	1:14.29
ABADES REBOREDO, Daniel	45	45+	HERCULES	1:14.22	25m	1:15.32
TAPIA PORTO, Enrique	58	55+	NCORUÑA	1:14.79	25m	1:15.89
MUIÑO REY, Daniel	39	35+	NFERROL	1:18.87	25m	1:20.16
MONTERO PRIETO, Carlos Eugenio	45	45+	GALAICO	1:20.99	25m	1:22.09
RODRIGUEZ BALIÑA, Mauro	33	30+	PONTEAREAS	1:21.83	25m	1:22.93
SIO LOURIDO, J. Salvador	62	60+	CNMOS	1:23.80	25m	1:24.90
KRUGLOV, Mykola	38	35+	ESCUALOS	1:24.47	25m	1:25.76
ESCUDEIRO DANS, David	50	50+	TRICORUÑA	1:25.53	25m	1:26.82
FERNANDEZ IGLESIAS, Emilio J.	46	45+	PONTEAREAS	1:26.19	25m	1:27.29
CAO LAGO, Pablo	36	35+	RIASBAIXAS	1:27.09	25m	1:28.19
CARRERA RODRÍGUEZ, Rubén	44	40+	PONTEAREAS	1:29.66	25m	1:30.76
TOME NOGUEIRA, Alberto M.	55	55+	ADFOGAR	1:31.52	25m	1:32.81
FIGUEIRA DOMINGUEZ, J.	35	35+	RIASBAIXAS	1:31.94	25m	1:33.23
ALVAREZ SILVA, Ruben	42	40+	ESCUALOS	1:33.52	25m	1:34.81
ARANGO GAYAR, Saul	43	40+	RIASBAIXAS	1:35.00	25m	1:36.29
DI FELICE VÁZQUEZ, Mario	61	60+	HERCULES	1:37.00	25m	1:38.29
FERREIRA GONZALEZ, Xose Anxo	57	55+	REDONDELA	1:37.56	25m	1:38.66
TRONCOSO CAAMAÑO, Fernando	48	45+	ESCUALOS	1:39.39	25m	1:40.68
BARCIA SIXTO, Francisco José	38	35+	NTNARON	1:40.48	25m	1:41.77
MANDADO RODRIGUEZ, Enrique	51	50+	HERCULES	1:42.71	25m	1:43.81
CANOSA RODRIGUEZ, Alfonso J.	52	50+	ADFOGAR	1:42.75	25m	1:43.85
SUAREZ GARCIA, Pedro Lois	43	40+	PONTEAREAS	1:45.07	25m	1:46.17
MARTINEZ BERJANO, Jose Manuel	60	60+	MONFORTE	1:46.45	25m	1:47.55
VAZQUEZ PEREZ, Luis Fernando	44	40+	CULLEREDO	1:47.25	25m	1:48.54
DE LA VEGA GÁNDARAS, Felipe	50	50+	HERCULES	1:56.15	25m	1:57.44
PENEDO PADIN, Adolfo	51	50+	GALAICO	2:04.48	25m	2:05.58
FERREIRO SANCHEZ, Luis	53	50+	POURENSE	2:08.66	25m	2:09.76
POSE MATO, Cesar	40	40+	ADFOGAR	2:10.78	25m	2:11.88
CARNERO FIRVIDA, Jose Ramón	49	45+	ESCUALOS	2:30.00	25m	2:31.29
TIMIRAOS CARRASCO, Luis	67	65+	POURENSE	2:58.98	25m	3:00.08

Prueba 10
03/06/2023

Fem., 200m Estilos

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
RODRIGUEZ RODRIGUEZ, Nina	21	20+	RIASBAIXAS	2:33.58	25m	2:36.48
BUGALLO PÉREZ, Estíbaliz	33	30+	RCNVIGO	2:40.00	50m	2:40.00
GARCIA MIGUEZ, Rosalia	25	25+	GALAICO	2:43.98	25m	2:46.88
RAMOS LOBO, Raquel	30	30+	PORTAMIÑA	2:45.54	25m	2:48.44
LOUREIRO AMOR, Belen Martina	35	35+	NTNARON	2:46.80	25m	2:49.89
SAAVEDRA BUIDE, Carlota	24	20+	PORTAMIÑA	2:48.58	25m	2:51.48
GONZALEZ RODRIGUEZ, Maria	41	40+	POURENSE	2:51.13	25m	2:54.22
VINAGRE SENDINO, Cora	35	35+	SCASINO	2:59.17	25m	3:02.07
EIJO GIL, Ana Paula	20	20+	PONTEAREAS	3:01.13	25m	3:04.03
FKEOUI OMARI, Salma	41	40+	ESCUALOS	3:04.33	25m	3:07.23
VÁZQUEZ FUENTES, Cintia	36	35+	MONFORTE	3:12.88	25m	3:15.97
VALIÑO FERRAZ, Tatyana	20	20+	PONTEAREAS	3:13.17	25m	3:16.26
GONZALEZ PEREZ, Jessica	36	35+	RIASBAIXAS	3:16.81	25m	3:19.71
GESTO ALONSO, Clarisa	34	30+	PONTEAREAS	3:17.58	25m	3:20.67
DE LORENZO FERNANDEZ, Maria	45	45+	ESCUALOS	3:18.42	25m	3:21.32
HERNANDEZ ALFAGEME, Rita	52	50+	RIASBAIXAS	3:22.82	25m	3:25.72
GONZALEZ PEREZ, Paula	27	25+	PONTEAREAS	3:24.13	25m	3:27.03
CAGIAO RODRIGUEZ, Natalia	45	45+	SCASINO	3:24.24	25m	3:27.14
HERMIDA MARTINEZ, Vanesa	40	40+	RIASBAIXAS	3:28.39	25m	3:31.29
SANDERSON KEOUGH, Helen Jane	53	50+	CULLEREDO	3:30.20	25m	3:33.10
ROIG SANCHEZ, Blanca Ana	49	45+	RIASBAIXAS	3:31.55	25m	3:34.64
COVELO SAAVEDRA, Nahir	45	45+	PONTEAREAS	3:33.38	25m	3:36.28
ROZADOS LUIS, Adriana	38	35+	SALESTRA	3:35.00	25m	3:38.09
CRESPO ESTEVEZ, Laura	29	25+	GALAICO	3:44.03	25m	3:46.93
SUAREZ GARCIA, Marta	20	20+	RIASBAIXAS	3:45.00	25m	3:48.09
GIL VILLARINO, Marta	46	45+	HERCULES	3:49.00	25m	3:52.09
PAZOS GANDARA, Andrea	31	30+	PONTEAREAS	3:50.00	25m	3:53.09
VICENTE RODRIGUEZ, Andrea	21	20+	PONTEAREAS	3:50.00	25m	3:53.09
GARCIA RODRIGUEZ, Teresa	51	50+	PORTAMIÑA	4:06.67	25m	4:09.57
CARBALLO BALOIRA, Susana María	48	45+	HERCULES	4:11.61	25m	4:14.70
ACEVEDO REGO, Ermitas	57	55+	POURENSE	4:34.19	25m	4:37.28
MELON PARENTE, M. Lourdes	54	50+	PONTEAREAS	5:29.08	25m	5:31.98

Prueba 11
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Masc., 200m Estilos

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
MOURE DOVAL, Jose	24	20+	POURENSE	2:06.23	25m	2:10.12
PASTORIZA SANTACLARA, Jorge	26	25+	RIASBAIXAS	2:18.56	25m	2:22.26
SABUZ FORNEIRO, Martin	29	25+	POURENSE	2:21.00	25m	2:24.89
MARTINEZ MARTINEZ, Marcos	20	20+	PONTEAREAS	2:21.42	25m	2:25.31
TENORIO FREIRE, Martin	31	30+	GALAICO	2:27.84	50m	2:27.84
RIVAS MACEIRAS, Isaac	24	20+	HERCULES	2:30.19	50m	2:30.19
CALLE FACAL, Telmo	40	40+	GALAICO	2:26.97	25m	2:30.67
SUAREZ FERNÁNDEZ, Santiago	28	25+	MONFORTE	2:29.00	25m	2:32.89
SANCHEZ GORDON, Roman	45	45+	RIASBAIXAS	2:29.36	25m	2:33.06
PAZOS ALONSO, Josue	37	35+	ESCUALOS	2:32.77	25m	2:36.47
MUIÑO ALONSO, Anton	29	25+	NCORUÑA	2:32.69	25m	2:36.58
MERA MONTECELOS, Pablo	40	40+	HERCULES	2:35.66	25m	2:39.36
MASSO AGUADO, Jorge	47	45+	RIASBAIXAS	2:41.02	25m	2:44.72
VAZQUEZ PRADO, Martin	27	25+	PORTAMIÑA	2:41.32	25m	2:45.21
FINS SEOANE, Juan Miguel	46	45+	SALESTRA	2:41.65	25m	2:45.35
MARTINEZ DOPAZO, David	36	35+	GALAICO	2:44.71	25m	2:48.41
FERNANDEZ GAYOSO, Jose Manuel	37	35+	CNMOS	2:45.02	25m	2:48.72
MENDES FERRAS, Artur Leonel	42	40+	MONFORTE	2:45.00	25m	2:48.89
LAMEIRO SEOANE, Javier	36	35+	HERCULES	2:53.57	50m	2:53.57
SEVILLA AROCA, Javier	40	40+	ESCUALOS	2:50.00	25m	2:53.89
MATIAS DUARTE, Erick	41	40+	HERCULES	2:52.51	25m	2:56.40
MOURIÑO ORTIGUERA, Roberto C.	49	45+	PONTEAREAS	2:52.88	25m	2:56.58
TABOADA VILA, Daniel	30	30+	POURENSE	2:53.92	25m	2:57.81
FOUZ ROUCO, Rubén	44	40+	HERCULES	2:58.97	25m	3:02.67
PEREIRA DIAZ, Angel	51	50+	ESCUALOS	3:00.00	25m	3:03.89
ANEIROS GARCIA, Jose	49	45+	CNMARINA	3:02.71	25m	3:06.60
GOMEZ FREIRE, Domingo Jose	48	45+	SCASINO	3:05.13	25m	3:08.83
GARCIA COLOMO, Carlos Luis	65	65+	POURENSE	3:05.02	25m	3:08.91
ESCUDEIRO DANS, David	50	50+	TRICORUÑA	3:06.20	25m	3:10.09
PREGO MARTINEZ, Benjamin	50	50+	PONTEAREAS	3:06.52	25m	3:10.22
LOIS PEREZ, Antonio	62	60+	NCORUÑA	3:09.61	25m	3:13.50
GONZALEZ PEÑAS, David	39	35+	PORTAMIÑA	3:10.04	25m	3:13.74
DE LA PAZ VIGO, Agustin	57	55+	CNMARINA	3:10.00	25m	3:13.89
TOME NOGUEIRA, Alberto M.	55	55+	ADFOGAR	3:13.93	25m	3:17.63
FERNANDEZ IGLESIAS, Emilio J.	46	45+	PONTEAREAS	3:14.03	25m	3:17.73
VEIGA PILLADO, Jose	45	45+	SCASINO	3:15.00	25m	3:18.89
CARRERA COSTAS, Andres	41	40+	PONTEAREAS	3:16.97	25m	3:20.67
SUAREZ GARCIA, Pedro Lois	43	40+	PONTEAREAS	3:16.91	25m	3:20.80
GONZALEZ PARIS, David	45	45+	HERCULES	3:17.22	25m	3:20.92
SUANZES PEREZ, Fernando	70	70+	HERCULES	3:20.15	25m	3:23.85
FERNÁNDEZ LAGUNA, F.	36	35+	TRICORUÑA	3:20.00	25m	3:23.89
FERNANDEZ MARTINEZ, Alberto	52	50+	ESCUALOS	3:20.48	25m	3:24.18
PEXEGUEIRO BALADRON, Nicolas	46	45+	CNMOS	3:21.31	25m	3:25.01
SÁNCHEZ SECO, Manuel	55	55+	ESCUALOS	3:21.39	25m	3:25.09
ROS ROSILLO, Alejandro	65	65+	RIASBAIXAS	3:21.97	25m	3:25.67
MANDADO RODRIGUEZ, Enrique	51	50+	HERCULES	3:25.99	25m	3:29.88
FRANCISCO MACÍAS, Simón	27	25+	POURENSE	3:28.16	25m	3:32.05
LORENZO FERNANDEZ, Jose Manuel	51	50+	RIASBAIXAS	3:28.61	25m	3:32.50

Prueba 11, Masc., 200m Estilos

NOVALES BLANCO, Xabier	32	30+	RIASBAIXAS	3:30.00	25m	3:33.89
RAMIL FREAN, Ignacio	39	35+	SCASINO	3:30.00	25m	3:33.89
CANOSA RODRIGUEZ, Alfonso J.	52	50+	ADFOGAR	3:31.05	25m	3:34.94
BALSA MOSQUERA, Pablo	45	45+	CNMARINA	3:31.75	25m	3:35.64
LORENZO GONZALEZ-VISO, Carlos	52	50+	POURENSE	3:45.86	25m	3:49.75
COUCEIRO SANCHEZ, Gonzalo	57	55+	SCASINO	3:48.76	25m	3:52.46
SANCHEZ VAZQUEZ, Jesus	61	60+	PORTAMIÑA	3:49.18	25m	3:52.88
RODRIGUEZ GOMEZ, Emilio	62	60+	PONTEAREAS	3:50.00	25m	3:53.89
SÁNCHEZ PARADA, Jose M ^a	45	45+	ARTEIXO	4:00.00	25m	4:03.89
DURO GONZALEZ, Antonio	49	45+	SALESTRA	4:00.00	25m	4:03.89
DE LORENZO FERNÁNDEZ, Javier	42	40+	ESCUALOS	4:00.00	25m	4:03.89
LAMELO OTERO, Ramón Jesus	55	55+	CIDSANTIAG	4:00.56	25m	4:04.45
RODRIGUEZ LEMOS, Andres J.	74	70+	CNMOS	4:03.64	25m	4:07.34
TRILLO CARLIN, Jose Fdo.	55	55+	ADFOGAR	4:04.89	25m	4:08.78
POSE MATO, Cesar	40	40+	ADFOGAR	4:06.73	25m	4:10.43
FERNANDEZ CORRAL, Marcos	44	40+	PORTAMIÑA	4:11.38	25m	4:15.08
GENDE DIAZ, Juan F.	53	50+	ADFOGAR	4:16.42	25m	4:20.12
PIROSCIA PENADO, Jose	57	55+	PORTAMIÑA	4:26.36	25m	4:30.06
TIMIRAOS CARRASCO, Luis	67	65+	POURENSE	6:03.60	25m	6:07.30

Prueba 12
03/06/2023

Fem., 100m Braza

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
VAZQUEZ PRADO, Maria	23	20+	PORTAMIÑA	1:26.45	25m	1:28.04
RODRIGUEZ PEREZ, Vanesa	37	35+	RIASBAIXAS	1:27.09	25m	1:28.49
RIVAS CARCACIA, Natalia	32	30+	ESCUALOS	1:29.22	25m	1:30.62
PIROSCIA PONTIDE, Carla	24	20+	PORTAMIÑA	1:30.17	25m	1:31.76
CANO ROSALES, Nuria	22	20+	GALAICO	1:31.61	25m	1:33.01
BLANCO PEREZ, Paula	24	20+	POURENSE	1:32.60	25m	1:34.19
MIRA VAZQUEZ, Marta	42	40+	ESCUALOS	1:34.59	25m	1:35.99
SUAREZ GARCIA, Sofia	26	25+	RIASBAIXAS	1:36.06	25m	1:37.46
SOUTIÑO RAMIREZ, Carmen Victoria	22	20+	PORTAMIÑA	1:36.12	25m	1:37.52
BALEA CASAS, Tania	27	25+	GALAICO	1:36.00	25m	1:37.59
MENDEZ SEIJO, Nerea	24	20+	RIASBAIXAS	1:37.14	25m	1:38.73
LOPEZ GONZALEZ, Monica	53	50+	PORTAMIÑA	1:37.82	25m	1:39.41
BALADO LOPEZ, Ana Maria	62	60+	POURENSE	1:38.09	25m	1:39.49
ROZADOS LUIS, Adriana	38	35+	SALESTRA	1:39.91	25m	1:41.50
VILARIÑO CACHO, Elvira	42	40+	SALESTRA	1:42.00	25m	1:43.59
COVELO SAAVEDRA, Nahir	45	45+	PONTEAREAS	1:44.96	25m	1:46.36
GONZALEZ PEREZ, Paula	27	25+	PONTEAREAS	1:45.61	25m	1:47.01
CID ALVAREZ, Isabel	43	40+	ESCUALOS	1:46.78	25m	1:48.18
PAZOS GANDARA, Andrea	31	30+	PONTEAREAS	1:47.07	25m	1:48.47
MIRA VAZQUEZ, Paula	37	35+	ESCUALOS	1:47.31	25m	1:48.71
GONZALEZ MACIA, Alba	29	25+	MONFORTE	1:47.26	25m	1:48.85
DEL AMO BLANCO, Margarita	56	55+	PONTEAREAS	1:47.45	25m	1:48.85
LOPEZ RODRIGUEZ, Adela Elena	55	55+	POURENSE	1:47.64	25m	1:49.04
DE LA MONTAÑA ALCANTARA, Gloria	50	50+	RSDH	1:47.70	25m	1:49.29
ALVAREZ LARRAN, Maria Del Pilar	44	40+	RIASBAIXAS	1:54.16	25m	1:55.56
OTERO FERNANDEZ, Maria Luisa	30	30+	SALESTRA	1:55.20	25m	1:56.60
FARIÑA SOUSA, Noemi	40	40+	GALAICO	1:56.22	25m	1:57.62
MARTINEZ GARCIA, Susana	32	30+	MONFORTE	1:58.25	25m	1:59.84
FERNANDEZ GARCIA, Marina	26	25+	GALAICO	1:58.62	25m	2:00.02
BARJA BARJA, Ana	61	60+	TRAVIESAS	1:58.76	25m	2:00.16
SIMOIS MORAIS, Yolanda	29	25+	SALESTRA	2:00.00	25m	2:01.59
REBOREDA MORILLO, Susana	61	60+	ESCUALOS	2:02.37	25m	2:03.77
LOPEZ MAHIA, Purificacion	60	60+	HERCULES	2:02.70	25m	2:04.10
PEREZ PEREZ, Sonia	51	50+	ESCUALOS	2:03.77	25m	2:05.36
VAZQUEZ PARCERO, Marta	43	40+	CNMARINA	2:05.60	25m	2:07.19
MAZAIRO CASTRO, Carmen	50	50+	ESCUALOS	2:09.05	25m	2:10.64
CELEMIN PORRERO, Maria Teresa	64	60+	GALAICO	2:09.34	25m	2:10.93
SAR MORANO, Dolores	68	65+	CULLEREDO	2:09.75	25m	2:11.34
LOPEZ BLANCO, M ^o Isabel	60	60+	CULLEREDO	2:17.01	25m	2:18.60
FERNANDEZ PARADA, Clara	30	30+	POURENSE	2:22.29	25m	2:23.88
PORTELA VILLANUEVA, Gema	49	45+	PONTEAREAS	2:25.47	25m	2:27.06
ACEVEDO REGO, Ermitas	57	55+	POURENSE	2:27.20	25m	2:28.60
PEREZ GALLARDO, Teresa	59	55+	POURENSE	2:52.94	25m	2:54.34
SUEIRO COSTAS, M ^a Carmen	67	65+	PONTEAREAS	3:19.21	25m	3:20.61
GONZALEZ RODRIGUEZ, S. Marta	77	75+	PONTEAREAS	4:21.31	25m	4:22.71
CHANTADA GÓMEZ, M. Del Carmen	80	80+	PONTEAREAS	5:08.13	50m	5:08.32

Prueba 13
03/06/2023

Masc., 100m Braza

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
CIVEIRA CORRAL, Samuel	21	20+	POURENSE	1:09.67	25m	1:12.26
SABUZ FORNEIRO, Martin	29	25+	POURENSE	1:09.82	25m	1:12.41
BOUZA PADRON, Adrian	26	25+	PONTEAREAS	1:11.28	25m	1:13.68
TENORIO FREIRE, Martin	31	30+	GALAICO	1:12.98	25m	1:15.38
VAZQUEZ IGLESIAS, Daniel	44	40+	RIASBAIXAS	1:14.68	25m	1:17.08
PAZOS ALONSO, Josue	37	35+	ESCUALOS	1:14.69	25m	1:17.09
GUTIERREZ MARIÑO, Santiago	21	20+	POURENSE	1:16.03	25m	1:18.62
NOGUEIRA-PINTO CRESPO, Hugo	45	45+	ESCUALOS	1:16.63	25m	1:19.03
MARTINEZ ARGIZ, David	23	20+	MONFORTE	1:16.82	25m	1:19.22
FORTES NOVOA, Martiño	35	35+	ESCUALOS	1:17.30	25m	1:19.70
BLANCO PEREZ, Jesus	37	35+	NTNARON	1:18.29	25m	1:20.88
HERNAEZ OUBIÑA, David	50	50+	CULLEREDO	1:18.86	25m	1:21.45
FIGUEIRA DOMINGUEZ, J.	35	35+	RIASBAIXAS	1:19.83	25m	1:22.42
BAIZ ROCA, Gabriel	44	40+	ARTEIXO	1:20.00	25m	1:22.59
PIÑEIRO PEON, Antonio	39	35+	GALAICO	1:20.03	25m	1:22.62
SEVILLA AROCA, Javier	40	40+	ESCUALOS	1:23.21	50m	1:23.40
AZNAR GRUILLE, Carlos J.	28	25+	CNMARINA	1:20.93	25m	1:23.52
PEREIRA DIAZ, Angel	51	50+	ESCUALOS	1:20.94	25m	1:23.53
VILLAMOR FERRO, Rubén	23	20+	ARTEIXO	1:21.20	25m	1:23.60
PORTO CASTAÑO, Alexandre	46	45+	SALESTRA	1:21.27	25m	1:23.67
TOURIÑO GONZALEZ, Victor	55	55+	CNMARINA	1:21.69	25m	1:24.28
MENDEZ FERREIRO, Pablo	38	35+	PORTAMIÑA	1:22.81	25m	1:25.21
GUIMAREY VAZQUEZ, Marcos	46	45+	PORTAMIÑA	1:24.38	25m	1:26.78
HERMIDA SALIDO, Gustavo	46	45+	NTNARON	1:24.35	25m	1:26.94
TABOADA VILA, Daniel	30	30+	POURENSE	1:25.12	25m	1:27.52
PADIN CHARLIN, Joaquin	43	40+	ESCUALOS	1:25.37	25m	1:27.77
FERREIRO SUAREZ, Javier M.	50	50+	SCASINO	1:25.37	25m	1:27.77
DIEGUEZ ARANDA, Hector	50	50+	PORTAMIÑA	1:26.88	25m	1:29.28
ROS ROSILLO, Alejandro	65	65+	RIASBAIXAS	1:27.23	25m	1:29.63
FERNANDEZ GAYOSO, Jose Manuel	37	35+	CNMOS	1:27.61	25m	1:30.20
BOUSO FUENTECILLA, Fernando	52	50+	ESCUALOS	1:27.92	25m	1:30.32
MIRAS LOPEZ, Raul	36	35+	NCORUÑA	1:28.40	25m	1:30.99
SIO LOURIDO, J. Salvador	62	60+	CNMOS	1:28.99	25m	1:31.39
PEREZ VAZQUEZ, Telmo	35	35+	CNMARINA	1:29.45	25m	1:32.04
PREGO MARTINEZ, Benjamin	50	50+	PONTEAREAS	1:29.73	25m	1:32.13
BERNARDEZ FERRO, Juan Jose	36	35+	GALAICO	1:29.81	25m	1:32.21
LAZARO GUERRERO, Victor	35	35+	CNMARINA	1:29.76	25m	1:32.35
SOLLEIRO TIZON, Juan Jose	60	60+	NCORUÑA	1:30.00	25m	1:32.40
FREIRE LOPEZ, Diego	32	30+	ARTEIXO	1:30.05	25m	1:32.45
CRESPO PÉREZ, Albarino	53	50+	ESCUALOS	1:31.00	25m	1:33.59
GUTIERREZ COSTAS, Oscar	41	40+	RIASBAIXAS	1:32.11	25m	1:34.70
CARRERA COSTAS, Andres	41	40+	PONTEAREAS	1:33.99	25m	1:36.39
GONZALEZ VICENTE, Ruben	42	40+	PORTAMIÑA	1:34.34	25m	1:36.93
PRESA PRESA, Santiago	35	35+	GALAICO	1:35.81	25m	1:38.21
FERNANDEZ-TESTA BARREIRO, D.	49	45+	RIASBAIXAS	1:36.02	25m	1:38.61
DE MARTIN DIAZ, Ruben	47	45+	POURENSE	1:39.34	50m	1:39.53
MARTÍNEZ LEMA, José Antonio	51	50+	TRICORUÑA	1:37.35	25m	1:39.94
PASCUAL DE PEDRO, Jorge	37	35+	PONTEAREAS	1:37.56	25m	1:39.96

Prueba 13, Masc., 100m Braza

PEXEGUEIRO BALADRON, Nicolas	46	45+	CNMOS	1:37.78	25m	1:40.18
TABOADA CALVELO, Jose Carlos	44	40+	SALESTRA	1:39.50	25m	1:41.90
MANEIRO BETANZOS, Javier	38	35+	ESCUALOS	1:39.95	25m	1:42.54
ALVAREZ FERRIN, Pablo	39	35+	CIDSANTIAG	1:40.43	25m	1:43.02
MARIÑO GONZALEZ, Ramón	43	40+	POURENSE	1:42.08	25m	1:44.67
CADAVID NUÑEZ, Jose	53	50+	POURENSE	1:42.64	25m	1:45.04
REY ROMERO, Jorge J.	57	55+	PORTAMIÑA	1:43.17	25m	1:45.76
RODRIGUEZ GOMEZ, Emilio	62	60+	PONTEAREAS	1:43.45	25m	1:46.04
TORRES FRAILE, Emilio	39	35+	MONFORTE	1:44.37	25m	1:46.96
RAMIL FREAN, Ignacio	39	35+	SCASINO	1:45.00	25m	1:47.59
PENEDO PADIN, Adolfo	51	50+	GALAICO	1:46.06	25m	1:48.46
RODRIGUEZ GARCIA, Jose Bernardo	40	40+	RIASBAIXAS	1:47.99	25m	1:50.39
PIÑEIRO PEREZ, Armando	57	55+	PONTEAREAS	1:48.04	25m	1:50.44
GONZALEZ ALONSO, Alejandro	21	20+	PONTEAREAS	1:50.00	25m	1:52.59
RODRIGUEZ LEMOS, Andres J.	74	70+	CNMOS	1:51.88	25m	1:54.28
ARAUJO FERNÁNDEZ, Jose	52	50+	ESCUALOS	1:52.09	25m	1:54.68
MONTERO FERNANDEZ, J.	60	60+	POURENSE	1:52.66	25m	1:55.06
FERNANDEZ GONZALEZ, Alvaro	58	55+	CNMOS	1:52.82	25m	1:55.41
HERNANZ MORAL, Fausto	61	60+	RIASBAIXAS	1:54.68	25m	1:57.08
TRILLO CARLIN, Jose Fdo.	55	55+	ADFOGAR	1:55.05	25m	1:57.64
LAGO GONZALEZ, Ivan	30	30+	PONTEAREAS	2:06.06	25m	2:08.65
GONZALEZ ANTON, Luis	61	60+	GALAICO	2:14.00	25m	2:16.59
ARAUJO DOMINGUEZ, Francisco	83	80+	PONTEAREAS	2:41.55	25m	2:43.95
AREA PEREIRA, Jose Manuel	66	65+	GALAICO	2:42.25	25m	2:44.65

Prueba 14
03/06/2023

Fem., 4 x 50m Libre

AG 80 - 359
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
HERCULES 1		+120	HERCULES	2:08.32	25m	2:09.92
PORTAMIÑA 1		+80 (P	PORTAMIÑA	2:10.23	25m	2:12.02
RIASBAIXAS 1		+80 (P	RIASBAIXAS	2:13.46	50m	2:13.46
PORTAMIÑA 2		+120	PORTAMIÑA	2:14.72	50m	2:14.72
CNMARINA 1		+120	CNMARINA	2:19.25	25m	2:21.04
PONTEAREAS 1		+80 (P	PONTEAREAS	2:19.63	25m	2:21.23
GALAICO 1		+80 (P	GALAICOER	2:20.83	25m	2:22.43
RIASBAIXAS 2		+120	RIASBAIXAS	2:24.12	50m	2:24.12
ESCUALOS 2		+160	ESCUALOS	2:26.35	25m	2:27.95
MONFORTE 2		+120	MONFORTE	2:28.35	50m	2:28.35
PONTEAREAS 6		+160	PONTEAREAS	2:30.14	25m	2:31.74
SCASINO 1		+120	SCASINO	2:33.29	50m	2:33.29
ESCUALOS 1		+120	ESCUALOS	2:31.97	25m	2:33.57
RIASBAIXAS 3		+200	RIASBAIXAS	2:35.37	50m	2:35.37
GALAICO 3		+120	GALAICO	2:34.04	25m	2:35.64
PONTEAREAS 5		+200	PONTEAREAS	2:38.36	25m	2:39.96
SALESTRA 1		+120	SALESTRA	2:40.00	25m	2:41.79
MONFORTE 1		+80 (P	MONFORTE)	2:41.00	25m	2:42.79
PONTEAREAS 2		+120	PONTEAREAS	2:44.00	50m	2:44.19
SCASINO 2		+160	SCASINO	2:45.15	50m	2:45.15
POURENSE 3		+200	POURENSE	2:44.66	25m	2:46.26
POURENSE 1		+120	POURENSE	2:45.94	25m	2:47.54
POURENSE 2		+160	POURENSE	2:48.53	50m	2:48.53
ESCUALOS 3		+200	ESCUALOS	2:49.83	25m	2:51.43
PORTAMIÑA 3		+200	PORTAMIÑA	2:54.74	50m	2:54.74
GALAICO 4		+160	GALAICO	2:56.82	25m	2:58.42
POURENSE 4		+240	POURENSE	3:01.37	50m	3:01.37
PONTEAREAS 4		+240	PONTEAREAS	3:33.73	25m	3:35.52
PONTEAREAS 3		+280	PONTEAREAS	4:47.02	25m	4:48.62

Prueba 15
03/06/2023

Masc., 4 x 50m Libre

AG 80 - 359
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
POURENSE 1	+80	(PIPOURENSE)	1:42.56	25m	1:45.15
PONTEAREAS 1	+80	(PIPONTEAREAS	1:45.38	25m	1:47.78
MONFORTE 1	+120	MONFORTE	1:49.38	50m	1:49.38
GALAICO 1	+120	GALAICO	1:50.69	25m	1:53.09
GALAICO 5	+80	(PIGALAICOER)	1:53.33	50m	1:53.33
POURENSE 3	+120	POURENSE	1:53.34	50m	1:53.34
HERCULES 1	+160	HERCULES	1:54.63	50m	1:54.63
PONTEAREAS 3	+120	PONTEAREAS	1:53.89	25m	1:56.29
PORTAMIÑA 1	+120	PORTAMIÑA	1:54.69	25m	1:57.09
ESCUALOS 2	+160	ESCUALOS	1:54.99	25m	1:57.39
PORTAMIÑA 3	+200	PORTAMIÑA	1:57.76	50m	1:57.76
CNMOS 1	+100	CNMOS	1:56.93	25m	1:59.33
RIASBAIXAS 2	+160	RIASBAIXAS	1:59.72	50m	1:59.72
PONTEAREAS 4	+160	PONTEAREAS	1:58.18	25m	2:00.58
POURENSE 2	+100	POURENSE	2:00.74	50m	2:00.74
CNMARINA 1	+160	CNMARINA	1:58.25	25m	2:00.84
ESCUALOS 1	+120	ESCUALOS	1:58.74	25m	2:01.14
POURENSE 4	+160	POURENSE	2:04.24	50m	2:04.24
RIASBAIXAS 1	+120	RIASBAIXAS	2:07.47	50m	2:07.47
GALAICO 2	+160	GALAICO	2:05.14	25m	2:07.54
NCORUÑA 6	+240	NCORUÑA	2:05.36	25m	2:07.95
ESCUALOS 3	+200	ESCUALOS	2:07.64	25m	2:10.23
HERCULES 2	+200	HERCULES	2:10.42	50m	2:10.42
SALESTRA 1	+160	SALESTRA	2:10.50	50m	2:10.50
POURENSE 5	+200	POURENSE	2:15.34	50m	2:15.34
SCASINO 1	+200	SCASINO	2:15.94	50m	2:15.94
ARTEIXO 1	+200	ARTEIXO	2:16.15	50m	2:16.15
PONTEAREAS 5	+200	PONTEAREAS	2:15.56	25m	2:17.96
PORTAMIÑA 2	+160	PORTAMIÑA	2:18.35	50m	2:18.35
ADFOGAR 1	+200	ADFOGAR	2:21.37	50m	2:21.37
GALAICO 3	+200	GALAICO	2:24.06	25m	2:26.65
RIASBAIXAS 3	+200	RIASBAIXAS	2:28.16	50m	2:28.16
CNMOS 4	+240	CNMOS	2:27.39	25m	2:29.79
GALAICO 4	+240	GALAICO	2:35.97	50m	2:35.97
POURENSE 6	+240	POURENSE	2:42.35	50m	2:42.35
PONTEAREAS 6	+240	PONTEAREAS	2:59.44	25m	3:01.84

Prueba 16
04/06/2023 - 10:00

Fem., 50m Libre

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
PASCUAL GUTIERREZ, Maria Teresa	25	25+	HERCULES	27.56	25m	27.96
FRANCO CAL, Alba	32	30+	FLUVIAL	27.58	25m	27.98
RODRIGUEZ RODRIGUEZ, Nina	21	20+	RIASBAIXAS	28.74	25m	29.14
SAINZ DE LA MAZA RIVAS, Cristina	24	20+	PORTAMIÑA	29.10	25m	29.79
SOILAN FERNANDEZ, Raquel	22	20+	FLUVIAL	29.19	25m	29.88
SANCHEZ VAZQUEZ, Carmen	24	20+	PORTAMIÑA	29.55	25m	30.24
GARCIA MIGUEZ, Rosalia	25	25+	GALAICO	29.88	25m	30.28
SAAVEDRA BUIDE, Carlota	24	20+	PORTAMIÑA	29.78	25m	30.47
MOURIZ CASANOVA, Sabela	22	20+	PORTAMIÑA	29.99	25m	30.68
VARELA MENDEZ, Clara	20	20+	MONFORTE	29.99	25m	30.68
VAZQUEZ PRADO, Maria	23	20+	PORTAMIÑA	30.01	25m	30.70
RAMOS LOBO, Raquel	30	30+	PORTAMIÑA	30.47	25m	30.87
ABASOLO RUEDA, Claudia	23	20+	NCORUÑA	30.72	25m	31.12
VALIÑO GOMEZ, Iria	39	35+	PORTAMIÑA	30.90	25m	31.59
GONZÁLEZ RIVAS, Sara	34	30+	ARTEIXO	31.00	25m	31.69
DOPEREIRO GARCIA, Alba	33	30+	NCORUÑA	31.34	25m	31.74
FERNANDEZ GONZALEZ, Elena	22	20+	HERCULES	31.62	25m	32.31
MENDEZ SEIJO, Nerea	24	20+	RIASBAIXAS	32.04	25m	32.73
LOPEZ RODRIGUEZ, Aroa	26	25+	PORTAMIÑA	32.54	25m	32.94
ROZADOS LUIS, Adriana	38	35+	SALESTRA	32.44	25m	33.13
ALVAREZ COSTAS, Maria Paz	35	35+	PONTEAREAS	32.85	25m	33.54
GARCIA COLOMO, M. Cristina	61	60+	POURENSE	33.30	25m	33.70
ESPASANDIN MARTÍNEZ, María	33	30+	HERCULES	33.31	25m	33.71
SANTORUM FONTAN, Iria Marta	31	30+	GALAICO	33.43	25m	33.83
POMBO LOPEZ, Belen	31	30+	FLUVIAL	33.47	25m	33.87
EIJO GIL, Ana Paula	20	20+	PONTEAREAS	33.69	25m	34.09
PEREZ GARCIA, Eva	33	30+	RIASBAIXAS	33.43	25m	34.12
EIRIS CASTRO, Andrea	33	30+	ADFOGAR	33.99	25m	34.39
CASTRO DE LA FUENTE, Uxia	20	20+	MONFORTE	33.77	25m	34.46
CORRAL SANTOS, Uxia	26	25+	REDONDELA	33.80	25m	34.49
VARELA REDONDO, Veronica	48	45+	PONTEAREAS	35.10	25m	35.79
DIAZ TOIMIL, Carla	25	25+	NTNARON	35.22	25m	35.91
CRESPO ESTEVEZ, Laura	29	25+	GALAICO	35.53	25m	35.93
RODRIGUEZ GONZÁLEZ, Raquel	30	30+	MONFORTE	35.89	25m	36.29
QUEREDA RODRÍGUEZ, Almudena	38	35+	LICEO	35.75	25m	36.44
CORCOBA CARBIA, Raquel	46	45+	SALESTRA	36.02	25m	36.71
ABBATEMARCO, Cristina	39	35+	SALESTRA	36.14	25m	36.83
RODRIGUEZ LOPEZ, Belen	42	40+	RIASBAIXAS	36.41	25m	37.10
SUAREZ GARCIA, Marta	20	20+	RIASBAIXAS	36.78	25m	37.47
SALES MANTIÑAN, Carmen	49	45+	SCASINO	37.09	25m	37.49
ROMAR GASALLA, Aurora	46	45+	CNMARINA	36.87	25m	37.56
LOPEZ GONZALEZ, Monica	53	50+	PORTAMIÑA	36.88	25m	37.57
RODRIGUEZ REY, Maria J.	50	50+	ADFOGAR	37.63	25m	38.03
SÁNCHEZ CEBRIÁN, Olga	61	60+	TRICORUÑA	38.15	25m	38.84
FUENTES LORENZO, Carla	24	20+	NFERROL	38.28	25m	38.97
PEREZ PEREZ, Sonia	51	50+	ESCUALOS	38.46	25m	39.15
REGUEIRO RODRIGUEZ, Ana	57	55+	RIASBAIXAS	38.84	25m	39.24
CASTRO TENREIRO, Rosa Mª	30	30+	NTNARON	38.58	25m	39.27

Prueba 16, Fem., 50m Libre

LAGUNAS PEREZ, Sara	28	25+	CNMARINA	38.65	25m	39.34
GARCÍA SEOANE, Cristina María	48	45+	SCASINO	39.84	25m	40.24
RIVAS RODRIGUEZ, Lucia	44	40+	NCORUÑA	39.94	25m	40.63
GONZALEZ GARCIA, Covadonga	34	30+	GALAICO	40.42	25m	40.82
GIL VILLARINO, Marta	46	45+	HERCULES	40.58	25m	40.98
ANDON YAÑEZ, Lorena	45	45+	SCASINO	40.81	25m	41.21
SOBRINO EIRIZ, Maria Del Valle	51	50+	PONTEAREAS	41.38	25m	42.07
BARJA BARJA, Ana	61	60+	TRAVIESAS	41.48	25m	42.17
LOPEZ MAHIA, Purificacion	60	60+	HERCULES	41.80	25m	42.20
SEOANE GOMEZ, Ana	31	30+	GALAICO	42.30	50m	42.30
GONZALEZ-ALEGRE BURGUEÑO, A.	71	70+	TRAVIESAS	42.38	50m	42.38
SANTOS DA GRACA, Francelina	36	35+	ADFOGAR	41.79	25m	42.48
CALVIÑO CANCELA, Maria Cristina	55	55+	PONTEAREAS	41.89	25m	42.58
GARNACHO GAYARRE, Nuria	54	50+	SCASINO	42.46	25m	42.86
SANCHEZ DE LLANO, M. Nieves	31	30+	SCASINO	42.98	25m	43.38
RAMIREZ INSUA, Julia	40	40+	RSDH	43.05	25m	43.45
BESADA FERNÁNDEZ, Ana M.	45	45+	PONTEAREAS	44.43	25m	45.12
GARCIA SANCHEZ, Francis Mariam	29	25+	PONTEAREAS	44.88	25m	45.57
MIGUEZ DE LA SIERRA, Angeles	57	55+	GALAICO	45.62	25m	46.02
BROZOS VAZQUEZ, Elena María	41	40+	CIDSANTIAG	45.38	25m	46.07
FERNANDEZ SESTELO, Maria Jose	53	50+	PONTEAREAS	46.84	25m	47.24
LOPEZ BLANCO, M ^o Isabel	60	60+	CULLEREDO	47.53	25m	47.93
ESCUDEIRO FERNÁNDEZ, Raquel	46	45+	MONFORTE	48.80	25m	49.49
SIMOIS MORAIS, Yolanda	29	25+	SALESTRA	49.58	25m	50.27
VAZQUEZ PARCERO, Marta	43	40+	CNMARINA	49.79	25m	50.48
FERNANDEZ GUARDIOLA, Loira	34	30+	PONTEAREAS	50.13	25m	50.82
MAZAIRO CASTRO, Carmen	50	50+	ESCUALOS	52.84	25m	53.53
FERNANDEZ PARADA, Clara	30	30+	POURENSE	53.17	25m	53.57
MENDEZ TORRES, Isabel	63	60+	PORTAMIÑA	54.04	25m	54.44
DIAZ PARDO, Nuria M	48	45+	PORTAMIÑA	58.51	25m	58.91
RODRÍGUEZ TRONCOSO, Marina	64	60+	PONTEAREAS	59.51	25m	1:00.20
SUEIRO COSTAS, M ^a Carmen	67	65+	PONTEAREAS	1:02.83	25m	1:03.52
MORAL RUBIO, Isabel	81	80+	PONTEAREAS	1:12.42	50m	1:12.42
GONZALEZ RODRIGUEZ, S. Marta	77	75+	PONTEAREAS	1:19.99	25m	1:20.68
CARBALLEIRA LOIS, Barbara	47	45+	ESCUALOS	1:30.00	25m	1:30.69
CHANTADA GÓMEZ, M. Del Carmen	80	80+	PONTEAREAS	1:33.07	25m	1:33.47

Prueba 17
04/06/2023

Masc., 50m Libre

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
MOURE DOVAL, Jose	24	20+	POURENSE	24.03	25m	24.92
CIVEIRA CORRAL, Raul	21	20+	POURENSE	24.31	25m	25.20
PONTON RODRIGUEZ, Juan	21	20+	MONFORTE	25.12	25m	25.72
BALLESTER IBAÑEZ, Edgar	32	30+	MONFORTE	25.46	25m	26.06
QUIROGA RAMOS, Ecequiel	28	25+	POURENSE	25.31	25m	26.20
BALBOA BLANCO, Ivan	29	25+	PORTAMIÑA	25.65	25m	26.25
MEIJIDE GIADAS, Diego	23	20+	CIDSANTIAG	25.83	25m	26.72
GUTIERREZ MARIÑO, Santiago	21	20+	POURENSE	25.86	25m	26.75
MUIÑO ALONSO, Anton	29	25+	NCORUÑA	25.87	25m	26.76
BLANCO PEREZ, Adrian	29	25+	POURENSE	26.19	25m	26.79
BELTRAN DIAZ, Emilio	46	45+	MONFORTE	26.81	25m	27.41
INCUTTI TELLADO, Denis	23	20+	PONTEAREAS	27.01	25m	27.61
PIÑEIRO PEON, Antonio	39	35+	GALAICO	26.88	25m	27.77
VIEITEZ PORTO, Ismael	31	30+	GALAICO	27.00	25m	27.89
CASTRO RODRIGUEZ, Francisco	23	20+	GALAICO	27.35	25m	27.95
SAAVEDRA GONZÁLEZ, Raul	50	50+	HERCULES	27.40	25m	28.00
FERNANDEZ TORRES, Diego	51	50+	PORTAMIÑA	27.42	25m	28.02
BOUZA PADRON, Adrian	26	25+	PONTEAREAS	27.53	25m	28.13
MERA MONTECELOS, Pablo	40	40+	HERCULES	27.32	25m	28.21
BLANCO PEREZ, Jesus	37	35+	NTNARON	27.65	25m	28.25
SANCHEZ GORDON, Roman	45	45+	RIASBAIXAS	27.66	25m	28.26
FERNÁNDEZ MAROTO, Diego	45	45+	RCNVIGO	27.82	25m	28.42
VAZQUEZ PRADO, Martin	27	25+	PORTAMIÑA	27.59	25m	28.48
FREIRE LOPEZ, Diego	32	30+	ARTEIXO	28.02	25m	28.62
FERNANDEZ NUÑEZ, Santiago	60	60+	ESCUALOS	28.23	25m	28.83
OTERO VILLARES, Daniel	22	20+	PORTAMIÑA	28.02	25m	28.91
HERMIDA RAMOS, Raul	23	20+	NTNARON	28.44	25m	29.04
FOUZ ROUCO, Rubén	44	40+	HERCULES	28.21	25m	29.10
MENDES FERRAS, Artur Leonel	42	40+	MONFORTE	28.35	25m	29.24
IGLESIAS GOMEZ, Gonzalo	44	40+	HERCULES	28.43	25m	29.32
DIEGUEZ ARANDA, Hector	50	50+	PORTAMIÑA	28.73	25m	29.33
PORTO CASTAÑO, Alexandre	46	45+	SALESTRA	28.78	25m	29.38
GUIRADO CARABEL, Oscar	47	45+	CULLEREDO	28.51	25m	29.40
RODRÍGUEZ SALGADO, Manuel	48	45+	CIDSANTIAG	29.11	25m	29.71
KRUGLOV, Mykola	38	35+	ESCUALOS	29.17	25m	29.77
MENDEZ FERREIRO, Pablo	38	35+	PORTAMIÑA	28.90	25m	29.79
LOIS PEREZ, Antonio	62	60+	NCORUÑA	29.28	25m	29.88
PEREZ VAZQUEZ, Telmo	35	35+	CNMARINA	29.15	25m	30.04
ABADES REBOREDO, Daniel	45	45+	HERCULES	29.49	25m	30.09
LAMEIRO SEOANE, Javier	36	35+	HERCULES	30.11	50m	30.11
TRILLO RODRIGUEZ, Adrian	26	25+	CNMOS	29.23	25m	30.12
TABOADA VILA, Daniel	30	30+	POURENSE	29.54	25m	30.14
COTELO SENANDE, Alberto	35	35+	ADFOGAR	29.58	25m	30.18
FERNANDEZ VARELA, Adrian	32	30+	FLUVIAL	29.37	25m	30.26
CAO LAGO, Pablo	36	35+	RIASBAIXAS	29.60	25m	30.49
ANEIROS GARCIA, Jose	49	45+	CNMARINA	29.70	25m	30.59
TAPIA PORTO, Enrique	58	55+	NCORUÑA	30.12	25m	30.72
CAMIÑA MARTINEZ, Oscar	43	40+	GALAICO	30.31	25m	30.91

Prueba 17, Masc., 50m Libre

ESCUADERO DANS, David	50	50+	TRICORUÑA	30.39	25m	30.99
BALSA MOSQUERA, Pablo	45	45+	CNMARINA	30.10	25m	30.99
MONTERO PRIETO, Carlos Eugenio	45	45+	GALAICO	30.47	25m	31.07
CABANELAS EIRAS, Pablo	44	40+	CIDSANTIAG	30.51	25m	31.11
PEREZ LOPEZ, Manuel	42	40+	ESCUALOS	30.58	25m	31.18
MIRAS LOPEZ, Raul	36	35+	NCORUÑA	30.34	25m	31.23
LOPEZ BERMUDEZ, Gabriel	39	35+	RSDH	30.44	25m	31.33
RODRIGUEZ BALIÑA, Marcos	52	50+	PONTEAREAS	31.09	25m	31.69
FERNANDEZ GARCIA, Jacobo	22	20+	GALAICO	31.10	25m	31.70
FERREÑO COMESAÑA, Cristian	27	25+	RIASBAIXAS	30.99	25m	31.88
MANEIRO BETANZOS, Javier	38	35+	ESCUALOS	31.29	25m	31.89
ESTEVEZ SOTO, Ricardo	31	30+	POURENSE	31.44	25m	32.04
PEREZ CARRERA, Elias	44	40+	RIASBAIXAS	31.52	25m	32.12
FERNANDEZ ARRUTI, Jose Angel	64	60+	CIDSANTIAG	32.15	50m	32.15
FERREIRA GONZALEZ, Xose Anxo	57	55+	REDONDELA	31.97	25m	32.57
FERREIRO SEOANE, Jose Raul	50	50+	RIASBAIXAS	32.41	50m	32.70
NISTAL GARCÍA, Eduardo	55	55+	SCASINO	32.34	25m	32.94
VEIGA PILLADO, Jose	45	45+	SCASINO	32.20	25m	33.09
FERNÁNDEZ LAGUNA, F.	36	35+	TRICORUÑA	32.21	25m	33.10
GOMEZ FREIRE, Domingo Jose	48	45+	SCASINO	32.54	25m	33.14
BRION FERNANDEZ, Manuel Joaquín	31	30+	CIDSANTIAG	32.41	25m	33.30
FERNANDEZ RICO, Alvaro	42	40+	PORTAMIÑA	32.83	25m	33.43
GENDE DIAZ, Juan F.	53	50+	ADFOGAR	32.82	25m	33.71
LORENZO FERNANDEZ, Jose Manuel	51	50+	RIASBAIXAS	32.96	25m	33.85
SUANZES PEREZ, Fernando	70	70+	HERCULES	33.48	25m	34.08
GARCIA COLOMO, Carlos Luis	65	65+	POURENSE	33.26	25m	34.15
GONZALEZ VICENTE, Ruben	42	40+	PORTAMIÑA	33.72	25m	34.32
GONZALEZ CONDE, Rodrigo	41	40+	PONTEAREAS	33.51	25m	34.40
MUIÑO REY, Daniel	39	35+	NFERROL	33.53	25m	34.42
COUCEIRO SANCHEZ, Gonzalo	57	55+	SCASINO	34.14	25m	34.74
DE MARTIN DIAZ, Ruben	47	45+	POURENSE	34.17	25m	34.77
CEGARRA GARCIA, Eugenio	59	55+	RSDH	34.34	25m	34.94
SOLLEIRO TIZON, Juan Jose	60	60+	NCORUÑA	34.21	25m	35.10
NOVALES BLANCO, Xabier	32	30+	RIASBAIXAS	34.45	25m	35.34
RODRIGUEZ PEREZ, Luis	36	35+	CNMOS	34.52	25m	35.41
RODRIGUEZ BALIÑA, Mauro	33	30+	PONTEAREAS	35.13	25m	35.73
VAZQUEZ PEREZ, Luis Fernando	44	40+	CULLEREDO	35.16	25m	35.76
PUIG GONZALEZ, Pablo	37	35+	SCASINO	35.03	25m	35.92
ALONSO ORTIZ, Mariano	47	45+	FLUVIAL	35.07	25m	35.96
ALVAREZ FERRIN, Pablo	39	35+	CIDSANTIAG	35.67	25m	36.56
SANCHEZ VAZQUEZ, Jesus	61	60+	PORTAMIÑA	35.96	25m	36.56
FONTAN SEIJO, Adrian	30	30+	CNMOS	36.00	25m	36.89
GURIDI HUERTA, Jesus M.	55	55+	FLUVIAL	36.14	25m	37.03
BLANCO HORTAS, Jose Ramon	49	45+	PORTAMIÑA	36.80	25m	37.40
CRESPO PIÑEIRO, Natalio	54	50+	RIASBAIXAS	38.00	25m	38.89
BRIOSÓ DÍAZ, Manuel	46	45+	REDONDELA	38.41	25m	39.01
MARTÍNEZ LEMA, José Antonio	51	50+	TRICORUÑA	38.50	25m	39.39
MONROY FERNÁNDEZ, Manuel	73	70+	PONTEAREAS	39.42	25m	40.02
CASTRO QUINTELA, Avelino	56	55+	GALAICO	39.16	25m	40.05
IVANCHENKO, Yurii	70	70+	POURENSE	40.24	50m	40.53
DI FELICE VÁZQUEZ, Mario	61	60+	HERCULES	40.03	25m	40.92

Prueba 17, Masc., 50m Libre

FERNANDEZ GONZALEZ, Alvaro	58	55+	CNMOS	41.37	25m	42.26
FOLCH MALLOFRE, Ramon	86	85+	ARTEIXO	42.37	25m	42.97
AREA PEREIRA, Jose Manuel	66	65+	GALAICO	43.45	25m	44.05
SUAREZ FREIRE, David Manuel	55	55+	RIASBAIXAS	45.19	25m	46.08
PARTIDA GARCÍA, Diego	40	40+	POURENSE	46.18	25m	47.07
RICO CARAMES, Pablo	42	40+	POURENSE	46.81	25m	47.70
RODRIGUEZ BLANCO, J.	47	45+	POURENSE	51.05	25m	51.94
EIRAS DORADO, Juan Luis	61	60+	PORTAMIÑA	52.75	25m	53.35
GÓMEZ MÉNDEZ, Borja	21	20+	PONTEAREAS	52.64	25m	53.53
GIRALDEZ VILLANUEVA, Ivan	36	35+	PONTEAREAS	54.74	25m	55.63
SOTO REGUEIRA, Roi	40	40+	RIASBAIXAS	55.00	25m	55.89

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Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
FRANCO CAL, Alba	32	30+	FLUVIAL	2:50.18	25m	2:54.77
MARCOS VARELA, Laura	47	45+	RIASBAIXAS	3:00.05	25m	3:04.45
DIAZ DOPICO, Sabela	21	20+	NFERROL	3:04.46	25m	3:08.86
RIVAS TENREIRO, Arantza	34	30+	NTNARON	3:19.53	25m	3:24.12
FKEOUI OMARI, Salma	41	40+	ESCUALOS	3:20.17	25m	3:24.57
MIRA VAZQUEZ, Marta	42	40+	ESCUALOS	3:24.54	25m	3:28.94
BALEA CASAS, Tania	27	25+	GALAICO	3:30.00	25m	3:34.59
ROZADOS LUIS, Adriana	38	35+	SALESTRA	3:36.24	25m	3:40.83
BALADO LOPEZ, Ana Maria	62	60+	POURENSE	3:37.63	25m	3:42.03
SANDERSON KEOUGH, Helen Jane	53	50+	CULLEREDO	3:38.88	25m	3:43.47
GONZALEZ AVENDAÑO, Lucia	24	20+	GALAICO	3:40.00	25m	3:44.59
GARCIA MIGUEZ, Rosalia	25	25+	GALAICO	3:40.00	25m	3:44.59
CAGIAO RODRIGUEZ, Natalia	45	45+	SCASINO	3:45.25	25m	3:49.65
COVELO SAAVEDRA, Nahir	45	45+	PONTEAREAS	3:46.58	25m	3:51.17
GONZALEZ PEREZ, Paula	27	25+	PONTEAREAS	3:47.37	25m	3:51.96
GONZALEZ MACIA, Alba	29	25+	MONFORTE	3:48.07	25m	3:52.66
REGUEIRA MARTINEZ, Maria J.	48	45+	HERCULES	3:51.05	25m	3:55.64
CID ALVAREZ, Isabel	43	40+	ESCUALOS	3:51.85	25m	3:56.25
LOPEZ RODRIGUEZ, Adela Elena	55	55+	POURENSE	3:56.36	25m	4:00.95
DE LA MONTAÑA ALCANTARA, Gloria	50	50+	RSDH	3:57.39	25m	4:01.98
PAZ BERMUDEZ, Maria	47	45+	SALESTRA	4:02.03	25m	4:06.62
OTERO FERNANDEZ, Maria Luisa	30	30+	SALESTRA	4:10.00	25m	4:14.59
VICENTE RODRIGUEZ, Andrea	21	20+	PONTEAREAS	4:10.00	25m	4:14.59
MARTINEZ GARCIA, Susana	32	30+	MONFORTE	4:14.03	25m	4:18.62
REBOREDA MORILLO, Susana	61	60+	ESCUALOS	4:22.11	25m	4:26.70
RODRÍGUEZ TRONCOSO, Marina	64	60+	PONTEAREAS	4:56.88	25m	5:01.47
PEREZ GALLARDO, Teresa	59	55+	POURENSE	6:01.66	25m	6:06.06
MELON PARENTE, M. Lourdes	54	50+	PONTEAREAS	6:44.00	25m	6:48.59

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Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
BOUZA PADRON, Adrian	26	25+	PONTEAREAS	2:32.96	25m	2:38.55
SABUZ FORNEIRO, Martin	29	25+	POURENSE	2:35.28	25m	2:40.87
SUAREZ FERNÁNDEZ, Santiago	28	25+	MONFORTE	2:40.00	25m	2:45.59
TENORIO FREIRE, Martin	31	30+	GALAICO	2:41.59	25m	2:47.18
PAZOS ALONSO, Josue	37	35+	ESCUALOS	2:45.28	25m	2:50.68
VAZQUEZ IGLESIAS, Daniel	44	40+	RIASBAIXAS	2:52.09	25m	2:57.68
NOGUEIRA-PINTO CRESPO, Hugo	45	45+	ESCUALOS	2:53.07	25m	2:58.47
SEVILLA AROCA, Javier	40	40+	ESCUALOS	2:54.23	25m	2:59.82
BAIZ ROCA, Gabriel	44	40+	ARTEIXO	2:55.00		3:00.40
AZNAR GRUILLE, Carlos J.	28	25+	CNMARINA	2:55.68	25m	3:01.27
FERNANDEZ GAYOSO, Jose Manuel	37	35+	CNMOS	2:58.01	25m	3:03.60
QUINTAS BARROS, Jesus C.	50	50+	ESCUALOS	2:58.33	25m	3:03.73
PEREIRA DIAZ, Angel	51	50+	ESCUALOS	3:00.00	25m	3:05.59
PORTO CASTAÑO, Alexandre	46	45+	SALESTRA	3:00.86	25m	3:06.26
HERNAEZ OUBIÑA, David	50	50+	CULLEREDO	3:01.15	25m	3:06.74
FORTES NOVOA, Martiño	35	35+	ESCUALOS	3:03.01	25m	3:08.41
HERMIDA SALIDO, Gustavo	46	45+	NTNARON	3:03.53	25m	3:09.12
TOURIÑO GONZALEZ, Victor	55	55+	CNMARINA	3:04.23	25m	3:09.82
FRANCISCO MACÍAS, Simón	27	25+	POURENSE	3:05.22	25m	3:10.81
GUIMAREY VAZQUEZ, Marcos	46	45+	PORTAMIÑA	3:09.34	25m	3:14.74
MATIAS DUARTE, Erick	41	40+	HERCULES	3:10.13	25m	3:15.53
FIGUEIRA DOMINGUEZ, J.	35	35+	RIASBAIXAS	3:10.18	25m	3:15.77
PADIN CHARLIN, Joaquin	43	40+	ESCUALOS	3:10.73	25m	3:16.13
BOUSO FUENTECILLA, Fernando	52	50+	ESCUALOS	3:11.08	25m	3:16.48
FERREIRO SUAREZ, Javier M.	50	50+	SCASINO	3:11.69	25m	3:17.09
ROS ROSILLO, Alejandro	65	65+	RIASBAIXAS	3:13.00	25m	3:18.40
MARTINEZ DOPAZO, David	36	35+	GALAICO	3:14.66	25m	3:20.25
MOURIÑO ORTIGUERA, Roberto C.	49	45+	PONTEAREAS	3:14.73	25m	3:20.32
CABANELAS EIRAS, Pablo	44	40+	CIDSANTIAG	3:15.00	25m	3:20.59
MANDADO RODRIGUEZ, Enrique	51	50+	HERCULES	3:15.28	25m	3:20.68
PREGO MARTINEZ, Benjamin	50	50+	PONTEAREAS	3:17.99	25m	3:23.39
CARRERA COSTAS, Andres	41	40+	PONTEAREAS	3:21.39	25m	3:26.98
GONZALEZ PEÑAS, David	39	35+	PORTAMIÑA	3:24.83	25m	3:30.42
SIO LOURIDO, J. Salvador	62	60+	CNMOS	3:25.51	25m	3:31.10
ALONSO ORTIZ, Mariano	47	45+	FLUVIAL	3:26.49	25m	3:32.08
CARRERA RODRÍGUEZ, Rubén	44	40+	PONTEAREAS	3:29.86	25m	3:35.45
SUAREZ GARCIA, Pedro Lois	43	40+	PONTEAREAS	3:30.90	25m	3:36.30
FERNANDEZ MARTINEZ, Alberto	52	50+	ESCUALOS	3:33.28	25m	3:38.87
TORRES FRAILE, Emilio	39	35+	MONFORTE	3:33.77	25m	3:39.36
REY ROMERO, Jorge J.	57	55+	PORTAMIÑA	3:35.06	25m	3:40.65
MARIÑO GONZALEZ, Ramón	43	40+	POURENSE	3:39.38	25m	3:44.97
TABOADA CALVELO, Jose Carlos	44	40+	SALESTRA	3:42.80	25m	3:48.39
PIÑEIRO PEREZ, Armando	57	55+	PONTEAREAS	3:43.65	25m	3:49.24
VERDE LEBORANS, José	50	50+	CIDSANTIAG	3:45.00	25m	3:50.59
CADAVID NUÑEZ, Jose	53	50+	POURENSE	3:47.24	25m	3:52.83
GONZALEZ CONDE, Rodrigo	41	40+	PONTEAREAS	3:47.79	25m	3:53.38
GONZALEZ ALONSO, Alejandro	21	20+	PONTEAREAS	3:55.00	25m	4:00.59
HERNANZ MORAL, Fausto	61	60+	RIASBAIXAS	4:01.68	25m	4:07.27

Prueba 19, Masc., 200m Braza

ARAUJO FERNÁNDEZ, Jose	52	50+	ESCUALOS	4:11.82	25m	4:17.22
FERNANDEZ GONZALEZ, Alvaro	58	55+	CNMOS	4:16.49	25m	4:22.08
POSE MATO, Cesar	40	40+	ADFOGAR	4:27.76	25m	4:33.16
FERREIRO SANCHEZ, Luis	53	50+	POURENSE	4:28.52	25m	4:34.11
MONTERO FERNANDEZ, J.	60	60+	POURENSE	4:31.50	25m	4:36.90
ARAUJO DOMINGUEZ, Francisco	83	80+	PONTEAREAS	5:54.42	25m	6:00.01

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Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
BLANCO PEREZ, Paula	24	20+	POURENSE	2:41.12	25m	2:45.21
LOUREIRO AMOR, Belen Martina	35	35+	NTNARON	2:42.91	25m	2:47.00
FREIJE TORNEIRO, Aroa	25	25+	PORTAMIÑA	2:45.20	25m	2:49.29
HERMIDA RODRIGUEZ, Blanca	42	40+	CNMARINA	2:45.99	25m	2:50.08
GONZALEZ RODRIGUEZ, Maria	41	40+	POURENSE	2:47.31	25m	2:51.40
SOUTIÑO RAMIREZ, Carmen Victoria	22	20+	PORTAMIÑA	2:47.80	25m	2:51.89
POMBO LOPEZ, Belen	31	30+	FLUVIAL	2:49.75	25m	2:53.65
SABUZ FORNEIRO, Andrea	25	25+	POURENSE	2:50.43	25m	2:54.52
OJEA DE CASTRO, Macarena	50	50+	PORTAMIÑA	3:02.34	50m	3:02.53
VINAGRE SENDINO, Cora	35	35+	SCASINO	2:59.67	25m	3:03.57
SANCHEZ LEDO, Cira	42	40+	ESCUALOS	3:06.00	50m	3:06.19
GESTO ALONSO, Clarisa	34	30+	PONTEAREAS	3:02.34	25m	3:06.43
COSTA FERNANDEZ, Laura	22	20+	PONTEAREAS	3:15.03	50m	3:15.22
DE LORENZO FERNANDEZ, Maria	45	45+	ESCUALOS	3:17.79	25m	3:21.69
GONZALEZ PEREZ, Jessica	36	35+	RIASBAIXAS	3:20.88	25m	3:24.78
REGUEIRA MARTINEZ, Maria J.	48	45+	HERCULES	3:21.06	25m	3:24.96
GARCIA COLOMO, M. Cristina	61	60+	POURENSE	3:24.78	50m	3:24.97
BARJA BARJA, Liliana	58	55+	TRAVIESAS	3:23.87	25m	3:27.77
MARTIN, Christelle	42	40+	ESCUALOS	3:25.71	25m	3:29.61
SALGADO CASTELO, Marta	29	25+	PORTAMIÑA	3:39.01	25m	3:42.91
DEL AMO BLANCO, Margarita	56	55+	PONTEAREAS	3:39.94	25m	3:44.03
CRESPO ESTEVEZ, Laura	29	25+	GALAICO	3:40.00	25m	3:44.09
GONZALEZ PEREZ, Paula	27	25+	PONTEAREAS	3:42.54	25m	3:46.44
RUIZ MEILAN, Blanca	33	30+	SCASINO	3:43.88	25m	3:47.97
CARBALLO BALOIRA, Susana María	48	45+	HERCULES	3:57.00	25m	4:01.09
MARTY PAZOS, Maria Victoria	58	55+	TRAVIESAS	4:12.09	25m	4:16.18
PEREZ GALLARDO, Teresa	59	55+	POURENSE	4:18.37	50m	4:18.56
PEREIRA ALONSO, Isabel	62	60+	ADFOGAR	4:19.08	25m	4:22.98
BROZOS VAZQUEZ, Elena María	41	40+	CIDSANTIAG	4:30.78	25m	4:34.87
ABREU FERNANDEZ, Marta	52	50+	PONTEAREAS	4:34.61	25m	4:38.70
FERNANDEZ SESTELO, Maria Jose	53	50+	PONTEAREAS	5:10.13	25m	5:14.03
FERNÁNDEZ ARRIZABALO, María	57	55+	TRAVIESAS	5:10.00	25m	5:14.09
PEREZ DOMINGUEZ, Maria Luisa	79	75+	RIASBAIXAS	8:12.00	25m	8:16.09

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Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
TABOADA VILA, Alberto	36	35+	POURENSE	2:13.61	50m	2:13.80
CIVEIRA CORRAL, Samuel	21	20+	POURENSE	2:09.34	25m	2:15.03
SIMON COTELO, Manuel	22	20+	HERCULES	2:12.74	25m	2:18.24
PASTORIZA SANTACLARA, Jorge	26	25+	RIASBAIXAS	2:19.10	25m	2:24.60
MARTINEZ MARTINEZ, Marcos	20	20+	PONTEAREAS	2:20.00	25m	2:25.69
GOMEZ MARQUEZ, Hugo	40	40+	POURENSE	2:25.48	25m	2:31.17
RIVAS MACEIRAS, Isaac	24	20+	HERCULES	2:25.69	25m	2:31.19
SANCHEZ GORDON, Roman	45	45+	RIASBAIXAS	2:29.44	25m	2:35.13
CALLE FACAL, Telmo	40	40+	GALAICO	2:30.00	25m	2:35.69
VILLAMOR FERRO, Rubén	23	20+	ARTEIXO	2:34.41	25m	2:40.10
PEREZ ARIAS, Hector	52	50+	PORTAMIÑA	2:43.54	25m	2:49.23
FINS SEOANE, Juan Miguel	46	45+	SALESTRA	2:44.96	25m	2:50.46
TIMIRAO CARRASCO, Fernando	58	55+	PORTAMIÑA	2:45.88	25m	2:51.38
MOURIZ LOMBAO, Fco. Javier	48	45+	PORTAMIÑA	2:48.18	25m	2:53.68
LAZARO GUERRERO, Victor	35	35+	CNMARINA	2:48.25	25m	2:53.94
BERNARDEZ FERRO, Juan Jose	36	35+	GALAICO	2:49.85	25m	2:55.54
FREIRE GONZALEZ, Javier	30	30+	RIASBAIXAS	2:50.00	25m	2:55.69
QUINTAS BARROS, Jesus C.	50	50+	ESCUALOS	2:57.27	50m	2:57.46
FERNÁNDEZ MAROTO, Diego	45	45+	RCNVIGO	2:54.58	25m	3:00.27
MEILAN SANCHEZ, Sergio Jose	27	25+	PORTAMIÑA	2:55.43	25m	3:01.12
BARCIA SIXTO, Francisco José	38	35+	NTNARON	2:56.21	25m	3:01.90
DE LA PAZ VIGO, Agustin	57	55+	CNMARINA	3:01.57	25m	3:07.26
LAMEIRO SEOANE, Javier	36	35+	HERCULES	3:04.00	25m	3:09.69
GONZALEZ PARIS, David	45	45+	HERCULES	3:07.00	25m	3:12.69
CARBALLA BARROSO, R.	42	40+	GALAICO	3:11.40	25m	3:17.09
DE LUIS GONZÁLEZ, Aitor	49	45+	RCNVIGO	3:19.31	50m	3:19.50
CODESIDO LOPEZ, José	64	60+	CIDSANTIAG	3:16.19	25m	3:21.69
GURIDI HUERTA, Jesus M.	55	55+	FLUVIAL	3:21.32	25m	3:27.01
SUAREZ GARCIA, Pedro Lois	43	40+	PONTEAREAS	3:23.28	25m	3:28.78
BASTIDA CAMPOS, Alejandro	41	40+	SALESTRA	3:26.34	25m	3:32.03
FERREIRA GONZALEZ, Xose Anxo	57	55+	REDONDELA	3:30.00	25m	3:35.69
PEREZ LEIVA, Manuel	55	55+	RIASBAIXAS	3:30.62	25m	3:36.12
FIDALGO SERRANO, Guillermo	37	35+	TRAVIESAS	3:35.11	25m	3:40.80
FERNANDEZ CORRAL, Marcos	44	40+	PORTAMIÑA	3:36.54	25m	3:42.23
ROS ROSILLO, Alejandro	65	65+	RIASBAIXAS	3:38.95	25m	3:44.64
PENEDO PADIN, Adolfo	51	50+	GALAICO	3:40.00	25m	3:45.69
PIROSCIA PENADO, Jose	57	55+	PORTAMIÑA	3:40.21	25m	3:45.90
ALVAREZ SILVA, Ruben	42	40+	ESCUALOS	3:41.56	25m	3:47.25
BETHENCOURT IGLESIAS, Sergio	60	60+	GALAICO	3:45.24	25m	3:50.74
GARCIA COLOMO, Manuel Ramon	69	65+	POURENSE	3:58.00	25m	4:03.69
TRONCOSO CAAMAÑO, Fernando	48	45+	ESCUALOS	3:58.93	25m	4:04.43
DE LORENZO FERNÁNDEZ, Javier	42	40+	ESCUALOS	4:00.00	25m	4:05.69
SÁNCHEZ PARADA, Jose M ^a	45	45+	ARTEIXO	4:09.93	25m	4:15.62
POSE MATO, Cesar	40	40+	ADFOGAR	4:12.46	25m	4:18.15
BLANCO PEREZ, Angel	59	55+	POURENSE	4:38.52	25m	4:44.21
LOPEZ VIDAL, Antonio	71	70+	GALAICO	4:40.00	25m	4:45.69
CARNERO FIRVIDA, Jose Ramón	49	45+	ESCUALOS	5:00.00	25m	5:05.69
TIMIRAO CARRASCO, Luis	67	65+	POURENSE	6:17.99	25m	6:23.68

Prueba 22
04/06/2023

Mixto, 4 x 50m Libre

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Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
HERCULES 1	+80	(PIHERCULES)	1:53.41	50m	1:53.41
POURENSE 4	+80	(PIPOURENSE)	1:56.90	25m	1:59.09
PONTEAREAS 1	+80	(PIPONTEAREAS	1:57.68	25m	1:59.68
GALAICO 1	+80	(PIGALAICOER)	1:58.55	25m	2:00.55
PONTEAREAS 2	+100	PONTEAREAS	1:58.50	25m	2:00.69
PORTAMIÑA 2	+100	PORTAMIÑA	2:00.99	50m	2:00.99
RIASBAIXAS 1	+80	(PRIASBAIXAS)	1:59.05	25m	2:01.05
MONFORTE 2	+120	MONFORTE	2:02.31	50m	2:02.31
NCORUÑA 1	+120	NCORUÑA	2:00.18	25m	2:02.37
GALAICO 3	+120	GALAICO	2:00.91	25m	2:03.10
HERCULES 2	+160	HERCULES	2:03.29	50m	2:03.29
PORTAMIÑA 1	+80	(PIPORTAMIÑA)	2:01.81	25m	2:03.81
PONTEAREAS 3	+120	PONTEAREAS	2:01.85	25m	2:03.85
RIASBAIXAS 4	+160	RIASBAIXAS	2:06.86	50m	2:06.86
SALESTRA 1	+160	SALESTRA	2:07.88	50m	2:07.88
ESCUALOS 1	+120	ESCUALOS	2:06.08	25m	2:08.08
CNMARINA 6	+120	CNMARINA	2:06.25	25m	2:08.44
ESCUALOS 2	+160	ESCUALOS	2:06.74	25m	2:08.74
PORTAMIÑA 4	+160	PORTAMIÑA	2:09.06	50m	2:09.06
POURENSE 5	+100	POURENSE	2:09.55	25m	2:11.55
CNMARINA 6	+200	CNMARINA	2:10.75	25m	2:12.94
PORTAMIÑA 3	+120	PORTAMIÑA	2:14.62	50m	2:14.62
ESCUALOS 3	+200	ESCUALOS	2:12.65	25m	2:14.65
RIASBAIXAS 2	+100	RIASBAIXAS	2:14.78	50m	2:14.78
FLUVIAL 1	+160	FLUVIAL	2:14.84	50m	2:14.84
GALAICO 2	+100	GALAICO	2:13.74	25m	2:15.74
PONTEAREAS 4	+160	PONTEAREAS	2:13.88	25m	2:15.88
RIASBAIXAS 3	+120	RIASBAIXAS	2:16.06	50m	2:16.06
ADFOGAR 1	+160	ADFOGAR	2:16.31	50m	2:16.31
RIASBAIXAS 5	+240	RIASBAIXAS	2:14.64	25m	2:16.64
MONFORTE 1	+80	(PIMONFORTE)	2:16.96	50m	2:16.96
HERCULES 3	+200	HERCULES	2:18.92	50m	2:18.92
POURENSE 1	+120	POURENSE	2:17.29	25m	2:19.29
NTNARON 2	+120	NTNARON	2:19.33	50m	2:19.33
SCASINO 3	+200	SCASINO	2:20.16	50m	2:20.16
CULLEREDO 1	+200	CULLEREDO	2:21.70	25m	2:23.89
GALAICO 4	+160	GALAICO	2:22.48	25m	2:24.67
MONFORTE 3	+160	MONFORTE	2:24.69	50m	2:24.69
SALESTRA 2	+120	SALESTRA	2:25.46	50m	2:25.46
SCASINO 1	+120	SCASINO	2:26.15	50m	2:26.15
PONTEAREAS 5	+200	PONTEAREAS	2:26.10	25m	2:28.10
RSDH 1	+160	RSDH	2:28.00	25m	2:30.19
POURENSE 3	+160	POURENSE	2:29.89	25m	2:31.89
POURENSE 2	+240	POURENSE	2:30.49	25m	2:32.49
SCASINO 2	+160	SCASINO	2:32.49	50m	2:32.49
TRAVIESAS 1	+200	TRAVIESAS	2:33.42	25m	2:35.42
GALAICO 5	+200	GALAICO	2:37.16	25m	2:39.16
PONTEAREAS 6	+240	PONTEAREAS	2:43.63	25m	2:45.63

Prueba 22, Mixto, 4 x 50m Libre

PORTAMIÑA 5	+200	PORTAMIÑA	2:49.67	50m	2:49.67
POURENSE 6	+200	POURENSE	2:54.65	25m	2:56.65
GALAICO 6	+240	GALAICO	3:18.09	50m	3:18.09
PONTEAREAS 7	+280	PONTEAREAS	4:05.43	25m	4:07.62

Prueba 23
04/06/2023 - 16:00

Fem., 100m Espalda

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
BLANCO PEREZ, Paula	24	20+	POURENSE	1:13.34	25m	1:15.63
PASCUAL GUTIERREZ, Maria Teresa	25	25+	HERCULES	1:13.53	25m	1:15.82
LOUREIRO AMOR, Belen Martina	35	35+	NTNARON	1:15.22	25m	1:17.51
PIROSCIA PONTIDE, Carla	24	20+	PORTAMIÑA	1:16.40	25m	1:18.69
SABUZ FORNEIRO, Andrea	25	25+	POURENSE	1:17.05	25m	1:19.34
SOUTIÑO RAMIREZ, Carmen Victoria	22	20+	PORTAMIÑA	1:17.63	25m	1:19.92
GESTO ALONSO, Clarisa	34	30+	PONTEAREAS	1:21.99	25m	1:24.09
HERMIDA RODRIGUEZ, Blanca	42	40+	CNMARINA	1:22.09	25m	1:24.38
VINAGRE SENDINO, Cora	35	35+	SCASINO	1:22.61	25m	1:24.90
OJEA DE CASTRO, Macarena	50	50+	PORTAMIÑA	1:25.36	25m	1:27.65
SANCHEZ LEDO, Cira	42	40+	ESCUALOS	1:26.72	25m	1:29.01
GONZALEZ PEREZ, Jessica	36	35+	RIASBAIXAS	1:34.04	25m	1:36.14
BARJA BARJA, Liliana	58	55+	TRAVIESAS	1:36.82	25m	1:38.92
ALVAREZ SOUTO, Claudia	22	20+	ESCUALOS	1:37.00	25m	1:39.29
MIRA VAZQUEZ, Paula	37	35+	ESCUALOS	1:37.82	25m	1:39.92
MARTIN, Christelle	42	40+	ESCUALOS	1:38.22	25m	1:40.32
ROIG SANCHEZ, Blanca Ana	49	45+	RIASBAIXAS	1:39.13	25m	1:41.23
SANDERSON KEOUGH, Helen Jane	53	50+	CULLEREDO	1:40.34	25m	1:42.44
ABBATEMARCO, Cristina	39	35+	SALESTRA	1:41.01	25m	1:43.30
DEL AMO BLANCO, Margarita	56	55+	PONTEAREAS	1:42.40	25m	1:44.69
PAZOS GANDARA, Andrea	31	30+	PONTEAREAS	1:45.00	25m	1:47.29
SERRANO AVENDAÑO, Silvia	48	45+	TRAVIESAS	1:45.00	25m	1:47.29
COVELO SAAVEDRA, Nahir	45	45+	PONTEAREAS	1:46.28	25m	1:48.57
CORCOBA CARBIA, Raquel	46	45+	SALESTRA	1:46.32	25m	1:48.61
SALES MANTIÑAN, Carmen	49	45+	SCASINO	1:47.14	25m	1:49.24
CASTRO TENREIRO, Rosa Mª	30	30+	NTNARON	1:54.78	25m	1:57.07
CARBALLO BALOIRA, Susana María	48	45+	HERCULES	1:56.59	25m	1:58.69
MARTY PAZOS, Maria Victoria	58	55+	TRAVIESAS	1:58.75	25m	2:01.04
GONZALEZ GARCIA, Covadonga	34	30+	GALAICO	1:58.84	25m	2:01.13
LOPEZ MAHIA, Purificacion	60	60+	HERCULES	1:59.16	25m	2:01.26
ANDON YAÑEZ, Lorena	45	45+	SCASINO	2:00.00	25m	2:02.29
SAR MORANO, Dolores	68	65+	CULLEREDO	2:01.65	25m	2:03.94
PEREIRA ALONSO, Isabel	62	60+	ADFOGAR	2:04.34	25m	2:06.44
CELEMIN PORRERO, Maria Teresa	64	60+	GALAICO	2:11.93	50m	2:11.93
RODRIGUEZ-TOUBES FORRYAN, I.	24	20+	PONTEAREAS	2:15.00	25m	2:17.29
ACEVEDO REGO, Ermitas	57	55+	POURENSE	2:35.11	25m	2:37.21
MELON PARENTE, M. Lourdes	54	50+	PONTEAREAS	2:47.99	25m	2:50.09
GONZALEZ RODRIGUEZ, S. Marta	77	75+	PONTEAREAS	3:17.76	25m	3:19.86
PEREZ DOMINGUEZ, Maria Luisa	79	75+	RIASBAIXAS	4:01.00	25m	4:03.29

Prueba 24
04/06/2023

Masc., 100m Espalda

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
TABOADA VILA, Alberto	36	35+	POURENSE	58.98	25m	1:01.88
CIVEIRA CORRAL, Samuel	21	20+	POURENSE	59.75	25m	1:02.84
RIVAS MACEIRAS, Isaac	24	20+	HERCULES	1:08.59	50m	1:08.59
GOMEZ MARQUEZ, Hugo	40	40+	POURENSE	1:06.11	25m	1:09.01
BLANCO PEREZ, Adrian	29	25+	POURENSE	1:06.71	25m	1:09.61
CALLE FACAL, Telmo	40	40+	GALAICO	1:09.12	25m	1:12.21
LAZARO GUERRERO, Victor	35	35+	CNMARINA	1:09.70	25m	1:12.79
HERMIDA RAMOS, Raul	23	20+	NTNARON	1:12.17	25m	1:15.07
MERA MONTECELOS, Pablo	40	40+	HERCULES	1:14.00	25m	1:17.09
FREIRE GONZALEZ, Javier	30	30+	RIASBAIXAS	1:15.00	25m	1:18.09
GUIRADO CARABEL, Oscar	47	45+	CULLEREDO	1:15.30	25m	1:18.20
MOURIZ LOMBAO, Fco. Javier	48	45+	PORTAMIÑA	1:16.28	25m	1:19.18
BERNARDEZ FERRO, Juan Jose	36	35+	GALAICO	1:16.31	25m	1:19.21
PEREZ ARIAS, Hector	52	50+	PORTAMIÑA	1:16.51	25m	1:19.60
TIMIRAOs CARRASCO, Fernando	58	55+	PORTAMIÑA	1:21.70	25m	1:24.60
PUENTE DÍAZ, Javier	52	50+	CIDSANTIAG	1:22.03	25m	1:25.12
DE LA PAZ VIGO, Agustin	57	55+	CNMARINA	1:23.62	25m	1:26.71
PADIN CHARLIN, Joaquin	43	40+	ESCUALOS	1:24.42	25m	1:27.32
CARBALLA BARROSO, R.	42	40+	GALAICO	1:24.44	25m	1:27.53
MEILAN SANCHEZ, Sergio Jose	27	25+	PORTAMIÑA	1:25.33	25m	1:28.42
GOMEZ FREIRE, Domingo Jose	48	45+	SCASINO	1:28.78	25m	1:31.68
SÁNCHEZ SECO, Manuel	55	55+	ESCUALOS	1:29.01	25m	1:31.91
CODESIDO LOPEZ, José	64	60+	CIDSANTIAG	1:29.29	25m	1:32.19
GONZALEZ PARIS, David	45	45+	HERCULES	1:29.42	25m	1:32.32
DE LUIS GONZÁLEZ, Aitor	49	45+	RCNVIGO	1:29.48	25m	1:32.38
BASTIDA CAMPOS, Alejandro	41	40+	SALESTRA	1:31.29	25m	1:34.19
DE MARTIN DIAZ, Ruben	47	45+	POURENSE	1:31.86	25m	1:34.95
PASCUAL DE PEDRO, Jorge	37	35+	PONTEAREAS	1:32.76	25m	1:35.85
CARRERA COSTAS, Andres	41	40+	PONTEAREAS	1:33.66	25m	1:36.56
PEXEGUEIRO BALADRON, Nicolas	46	45+	CNMOS	1:33.97	25m	1:36.87
BETHENCOURT IGLESIAS, Sergio	60	60+	GALAICO	1:34.89	25m	1:37.79
FIDALGO SERRANO, Guillermo	37	35+	TRAVIESAS	1:34.89	25m	1:37.98
PEREZ LEIVA, Manuel	55	55+	RIASBAIXAS	1:35.11	25m	1:38.01
PEREZ LOPEZ, Manuel	42	40+	ESCUALOS	1:35.97	25m	1:39.06
CARNERO FIRVIDA, Jose Ramón	49	45+	ESCUALOS	1:38.22	25m	1:41.12
GENDE DIAZ, Juan F.	53	50+	ADFOGAR	1:42.53	25m	1:45.62
TRONCOSO CAAMAÑO, Fernando	48	45+	ESCUALOS	1:43.31	25m	1:46.21
MARTINEZ BERJANO, Jose Manuel	60	60+	MONFORTE	1:44.23	25m	1:47.32
CRESPO PÉREZ, Albarino	53	50+	ESCUALOS	1:46.43	25m	1:49.52
SÁNCHEZ PARADA, Jose Mª	45	45+	ARTEIXO	1:47.71	25m	1:50.61
RODRIGUEZ GOMEZ, Emilio	62	60+	PONTEAREAS	1:50.00	25m	1:53.09
DE LA VEGA GÁNDARAS, Felipe	50	50+	HERCULES	1:50.34	25m	1:53.43
FIDALGO SERRANO, Manuel A.	42	40+	TRAVIESAS	1:52.44	25m	1:55.53
FERREIRO SANCHEZ, Luis	53	50+	POURENSE	1:59.44	25m	2:02.34
MONROY FERNÁNDEZ, Manuel	73	70+	PONTEAREAS	2:05.12	25m	2:08.21
FERNANDEZ CORRAL, Marcos	44	40+	PORTAMIÑA	2:14.33	25m	2:17.23
LOPEZ VIDAL, Antonio	71	70+	GALAICO	2:20.00	25m	2:23.09
TIMIRAOs CARRASCO, Luis	67	65+	POURENSE	2:55.36	25m	2:58.45

Prueba 25
04/06/2023

Fem., 100m Libre

2003 y mayores
Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
RODRIGUEZ RODRIGUEZ, Nina	21	20+	RIASBAIXAS	1:01.02	25m	1:02.12
FREIJE TORNEIRO, Aroa	25	25+	PORTAMIÑA	1:03.36	25m	1:04.65
MOURIZ CASANOVA, Sabela	22	20+	PORTAMIÑA	1:03.45	25m	1:04.74
SAINZ DE LA MAZA RIVAS, Cristina	24	20+	PORTAMIÑA	1:04.00	25m	1:05.29
SANCHEZ VAZQUEZ, Carmen	24	20+	PORTAMIÑA	1:04.20	25m	1:05.49
SAAVEDRA BUIDE, Carlota	24	20+	PORTAMIÑA	1:05.27	25m	1:06.37
RAMOS LOBO, Raquel	30	30+	PORTAMIÑA	1:05.80	25m	1:06.90
GONZALEZ RODRIGUEZ, Maria	41	40+	POURENSE	1:05.77	25m	1:07.06
ABASOLO RUEDA, Claudia	23	20+	NCORUÑA	1:06.26	25m	1:07.36
VARELA MENDEZ, Clara	20	20+	MONFORTE	1:09.00	25m	1:10.29
CANO ROSALES, Nuria	22	20+	GALAICO	1:09.57	25m	1:10.67
FERNANDEZ GONZALEZ, Elena	22	20+	HERCULES	1:10.06	25m	1:11.16
DOPEREIRO GARCIA, Alba	33	30+	NCORUÑA	1:10.50	25m	1:11.79
SUAREZ GARCIA, Sofia	26	25+	RIASBAIXAS	1:10.86	25m	1:11.96
GONZALEZ AVENDAÑO, Lucia	24	20+	GALAICO	1:12.29	50m	1:12.29
LOPEZ RODRIGUEZ, Aroa	26	25+	PORTAMIÑA	1:13.82	25m	1:14.92
EIRIS CASTRO, Andrea	33	30+	ADFOGAR	1:14.25	25m	1:15.35
PEREZ GARCIA, Eva	33	30+	RIASBAIXAS	1:14.14	25m	1:15.43
CORRAL SANTOS, Uxia	26	25+	REDONDELA	1:15.00	25m	1:16.29
VALIÑO GOMEZ, Iria	39	35+	PORTAMIÑA	1:15.46	25m	1:16.75
DIAZ TOIMIL, Carla	25	25+	NTNARON	1:15.58	25m	1:16.87
QUEREDA RODRÍGUEZ, Almudena	38	35+	LICEO	1:16.63	25m	1:17.92
CAGIAO RODRIGUEZ, Natalia	45	45+	SCASINO	1:16.93	25m	1:18.03
COSTA FERNANDEZ, Laura	22	20+	PONTEAREAS	1:17.52	25m	1:18.62
RODRIGUEZ GONZÁLEZ, Raquel	30	30+	MONFORTE	1:17.62	25m	1:18.91
VARELA REDONDO, Veronica	48	45+	PONTEAREAS	1:18.38	25m	1:19.48
DE LORENZO FERNANDEZ, Maria	45	45+	ESCUALOS	1:18.76	25m	1:19.86
MUTILBA OBREGON, Nuria	54	50+	PONTEAREAS	1:19.58	25m	1:20.87
MARTINEZ GARCIA, Susana	32	30+	MONFORTE	1:20.00	25m	1:21.29
ROMAR GASALLA, Aurora	46	45+	CNMARINA	1:20.36	25m	1:21.65
VILARIÑO CACHO, Elvira	42	40+	SALESTRA	1:22.00		1:23.10
RODRIGUEZ LOPEZ, Belen	42	40+	RIASBAIXAS	1:23.81	25m	1:24.91
ROIG SANCHEZ, Blanca Ana	49	45+	RIASBAIXAS	1:24.16	25m	1:25.45
RODRIGUEZ REY, Maria J.	50	50+	ADFOGAR	1:24.50	25m	1:25.60
FERNANDEZ GARCIA, Marina	26	25+	GALAICO	1:25.74	50m	1:25.93
SUAREZ GARCIA, Marta	20	20+	RIASBAIXAS	1:24.65	25m	1:25.94
LAGUNAS PEREZ, Sara	28	25+	CNMARINA	1:25.60	25m	1:26.89
FUENTES LORENZO, Carla	24	20+	NFERROL	1:26.38	25m	1:27.67
SÁNCHEZ CEBRIÁN, Olga	61	60+	TRICORUÑA	1:27.03	25m	1:28.13
OLMO VAQUEIRO, Leticia	42	40+	PONTEAREAS	1:27.25	25m	1:28.35
REGUEIRO RODRIGUEZ, Ana	57	55+	RIASBAIXAS	1:27.89	25m	1:28.99
GARCÍA SEOANE, Cristina María	48	45+	SCASINO	1:27.78	25m	1:29.07
SALGADO CASTELO, Marta	29	25+	PORTAMIÑA	1:28.29	25m	1:29.39
VICENTE RODRIGUEZ, Andrea	21	20+	PONTEAREAS	1:29.31	25m	1:30.60
CALVIÑO CANCELA, Maria Cristina	55	55+	PONTEAREAS	1:31.89	25m	1:32.99
PEREZ PEREZ, Sonia	51	50+	ESCUALOS	1:31.91	25m	1:33.20
GARCIA SANCHEZ, Francis Mariam	29	25+	PONTEAREAS	1:31.98	25m	1:33.27
FARIÑA SOUSA, Noemi	40	40+	GALAICO	1:33.25	25m	1:34.35

Prueba 25, Fem., 100m Libre

ABREU FERNANDEZ, Marta	52	50+	PONTEAREAS	1:34.23	25m	1:35.52
SANTOS DA GRACA, Francelina	36	35+	ADFOGAR	1:34.51	25m	1:35.80
GARNACHO GAYARRE, Nuria	54	50+	SCASINO	1:36.41	25m	1:37.51
SANCHEZ DE LLANO, M. Nieves	31	30+	SCASINO	1:36.76	25m	1:37.86
MARTINEZ BARCIELA, Maria Olga	33	30+	TRAVIESAS	1:36.91	25m	1:38.01
RODRIGUEZ VAZQUEZ, Maria Teresa	51	50+	POURENSE	1:36.98	25m	1:38.08
DA FORTUNA VAZQUEZ, Noemi	29	25+	TRAVIESAS	1:37.22	25m	1:38.51
SOBRINO EIRIZ, Maria Del Valle	51	50+	PONTEAREAS	1:38.18	25m	1:39.47
SERRANO AVENDAÑO, Silvia	48	45+	TRAVIESAS	1:40.00	25m	1:41.29
BESADA FERNÁNDEZ, Ana M.	45	45+	PONTEAREAS	1:41.26	25m	1:42.36
ESCUDEIRO FERNÁNDEZ, Raquel	46	45+	MONFORTE	1:41.66	25m	1:42.95
LOPEZ BLANCO, M ^o Isabel	60	60+	CULLEREDO	1:43.91	25m	1:45.01
ACEVEDO REGO, Ermitas	57	55+	POURENSE	1:51.71	25m	1:53.00
MENDEZ TORRES, Isabel	63	60+	PORTAMIÑA	1:53.46	25m	1:54.56
FERNANDEZ PARADA, Clara	30	30+	POURENSE	2:00.89	25m	2:02.18
FERNANDEZ GUARDIOLA, Loira	34	30+	PONTEAREAS	2:03.43	25m	2:04.53
SUEIRO COSTAS, M ^a Carmen	67	65+	PONTEAREAS	2:18.17	25m	2:19.46
MORAL RUBIO, Isabel	81	80+	PONTEAREAS	2:32.19	50m	2:32.19
FERNANDEZ LOPEZ, Sonia	42	40+	PORTAMIÑA	2:36.81	25m	2:38.10
CHANTADA GÓMEZ, M. Del Carmen	80	80+	PONTEAREAS	3:31.80	25m	3:32.90

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Introducir conversión: ESP:Conversion Spanish Rules

Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
MOURE DOVAL, Jose	24	20+	POURENSE	52.13	25m	53.92
CIVEIRA CORRAL, Raul	21	20+	POURENSE	53.75	25m	55.54
QUIROGA RAMOS, Ecequiel	28	25+	POURENSE	55.42	25m	57.21
MEIJIDE GIADAS, Diego	23	20+	CIDSANTIAG	55.64	25m	57.43
BALLESTER IBAÑEZ, Edgar	32	30+	MONFORTE	56.19	25m	57.79
MUIÑO ALONSO, Anton	29	25+	NCORUÑA	56.91	25m	58.70
MARTINEZ MARTINEZ, Marcos	20	20+	PONTEAREAS	58.17	25m	59.77
SUAREZ FERNÁNDEZ, Santiago	28	25+	MONFORTE	58.00	25m	59.79
SIMON COTELO, Manuel	22	20+	HERCULES	58.04	25m	59.83
INCUTTI TELLADO, Denis	23	20+	PONTEAREAS	59.25	25m	1:00.85
VAZQUEZ PRADO, Martin	27	25+	PORTAMIÑA	59.87	25m	1:01.66
CASTRO RODRIGUEZ, Francisco	23	20+	GALAICO	1:00.00	25m	1:01.79
PONTON RODRIGUEZ, Juan	21	20+	MONFORTE	1:00.11	25m	1:01.90
FINS SEOANE, Juan Miguel	46	45+	SALESTRA	1:01.43	25m	1:03.22
PIÑEIRO PEON, Antonio	39	35+	GALAICO	1:01.76	25m	1:03.36
BELTRAN DIAZ, Emilio	46	45+	MONFORTE	1:01.90	25m	1:03.69
VIEITEZ PORTO, Ismael	31	30+	GALAICO	1:02.00	25m	1:03.79
OTERO VILLARES, Daniel	22	20+	PORTAMIÑA	1:02.02	25m	1:03.81
SAAVEDRA GONZÁLEZ, Raul	50	50+	HERCULES	1:02.26	25m	1:03.86
TENORIO FREIRE, Martin	31	30+	GALAICO	1:03.97	50m	1:03.97
FOUZ ROUCO, Rubén	44	40+	HERCULES	1:02.39	25m	1:04.18
MARTINEZ DOPAZO, David	36	35+	GALAICO	1:02.62	25m	1:04.22
BLANCO PEREZ, Jesus	37	35+	NTNARON	1:02.44	25m	1:04.23
PAZOS ALONSO, Josue	37	35+	ESCUALOS	1:02.48	25m	1:04.27
FERNANDEZ NUÑEZ, Santiago	60	60+	ESCUALOS	1:02.93	25m	1:04.53
IGLESIAS GOMEZ, Gonzalo	44	40+	HERCULES	1:03.00	25m	1:04.79
PEREIRA DIAZ, Angel	51	50+	ESCUALOS	1:03.81	25m	1:05.41
FERNANDEZ GAYOSO, Jose Manuel	37	35+	CNMOS	1:03.70	25m	1:05.49
FERNANDEZ TORRES, Diego	51	50+	PORTAMIÑA	1:03.88	25m	1:05.67
DIEGUEZ ARANDA, Hector	50	50+	PORTAMIÑA	1:04.24	25m	1:05.84
TRILLO RODRIGUEZ, Adrian	26	25+	CNMOS	1:04.36	25m	1:05.96
ABADES REBOREDO, Daniel	45	45+	HERCULES	1:04.37	25m	1:05.97
FREIRE LOPEZ, Diego	32	30+	ARTEIXO	1:04.55	25m	1:06.15
KRUGLOV, Mykola	38	35+	ESCUALOS	1:05.06	25m	1:06.66
BAIZ ROCA, Gabriel	44	40+	ARTEIXO	1:05.00	25m	1:06.79
MENDES FERRAS, Artur Leonel	42	40+	MONFORTE	1:05.43	25m	1:07.22
ALVAREZ SILVA, Ruben	42	40+	ESCUALOS	1:06.38	25m	1:07.98
TAPIA PORTO, Enrique	58	55+	NCORUÑA	1:06.32	25m	1:08.11
LOIS PEREZ, Antonio	62	60+	NCORUÑA	1:06.70	25m	1:08.49
FERREÑO COMESAÑA, Cristian	27	25+	RIASBAIXAS	1:07.17	25m	1:08.96
MOURIÑO ORTIGUERA, Roberto C.	49	45+	PONTEAREAS	1:07.18	25m	1:08.97
COTELO SENANDE, Alberto	35	35+	ADFOGAR	1:07.43	25m	1:09.22
ANEIROS GARCIA, Jose	49	45+	CNMARINA	1:07.52	25m	1:09.31
BRION FERNANDEZ, Manuel Joaquin	31	30+	CIDSANTIAG	1:08.14	25m	1:09.93
CAMIÑA MARTINEZ, Oscar	43	40+	GALAICO	1:08.38	25m	1:09.98
ESCUDEIRO DANS, David	50	50+	TRICORUÑA	1:08.87	25m	1:10.47
MANEIRO BETANZOS, Javier	38	35+	ESCUALOS	1:09.81	25m	1:11.41
LOPEZ BERMUDEZ, Gabriel	39	35+	RSDH	1:10.50	25m	1:12.10

Prueba 26, Masc., 100m Libre

PRESA PRESA, Santiago	35	35+	GALAICO	1:10.57	25m	1:12.17
RODRIGUEZ BALIÑA, Marcos	52	50+	PONTEAREAS	1:10.91	25m	1:12.51
GARCIA COLOMO, Carlos Luis	65	65+	POURENSE	1:10.91	25m	1:12.70
NISTAL GARCÍA, Eduardo	55	55+	SCASINO	1:11.56	25m	1:13.16
BALSA MOSQUERA, Pablo	45	45+	CNMARINA	1:11.52	25m	1:13.31
MONTERO PRIETO, Carlos Eugenio	45	45+	GALAICO	1:12.05	25m	1:13.65
VEIGA PILLADO, Jose	45	45+	SCASINO	1:12.00	25m	1:13.79
FERNANDEZ IGLESIAS, Emilio J.	46	45+	PONTEAREAS	1:12.25	25m	1:14.04
BARCIA SIXTO, Francisco José	38	35+	NTNARON	1:12.47	25m	1:14.26
FERREIRO SEOANE, Jose Raul	50	50+	RIASBAIXAS	1:13.61	25m	1:15.40
FERNANDEZ RICO, Alvaro	42	40+	PORTAMIÑA	1:14.35	25m	1:15.95
DURO GONZALEZ, Antonio	49	45+	SALESTRA	1:14.52	25m	1:16.12
NOVALES BLANCO, Xabier	32	30+	RIASBAIXAS	1:14.88	25m	1:16.48
ESTEVEZ SOTO, Ricardo	31	30+	POURENSE	1:15.12	25m	1:16.72
RODRIGUEZ PEREZ, Luis	36	35+	CNMOS	1:15.03	25m	1:16.82
LORENZO FERNANDEZ, Jose Manuel	51	50+	RIASBAIXAS	1:16.86	50m	1:16.86
PEREZ CARRERA, Elias	44	40+	RIASBAIXAS	1:16.39	25m	1:17.99
GONZALEZ ALONSO, Alejandro	21	20+	PONTEAREAS	1:16.25	25m	1:18.04
BLANCO HORTAS, Jose Ramon	49	45+	PORTAMIÑA	1:16.34	25m	1:18.13
SUANZES PEREZ, Fernando	70	70+	HERCULES	1:17.01	25m	1:18.61
VAZQUEZ PEREZ, Luis Fernando	44	40+	CULLEREDO	1:18.02	25m	1:19.62
FERNÁNDEZ LAGUNA, F.	36	35+	TRICORUÑA	1:18.19	25m	1:19.98
PIÑEIRO PEREZ, Armando	57	55+	PONTEAREAS	1:18.42	25m	1:20.02
CEGARRA GARCIA, Eugenio	59	55+	RSDH	1:18.71	25m	1:20.31
PUIG GONZALEZ, Pablo	37	35+	SCASINO	1:18.85	25m	1:20.64
COUCEIRO SANCHEZ, Gonzalo	57	55+	SCASINO	1:19.22	25m	1:20.82
RODRIGUEZ BALIÑA, Mauro	33	30+	PONTEAREAS	1:19.89	25m	1:21.68
GARCIA COLOMO, Manuel Ramon	69	65+	POURENSE	1:20.21	25m	1:21.81
RODRIGUEZ VIEITO, Ricardo M.	66	65+	CNMOS	1:20.25	25m	1:21.85
DE LA VEGA GÁNDARAS, Felipe	50	50+	HERCULES	1:20.53	25m	1:22.32
GONZALEZ PEÑAS, David	39	35+	PORTAMIÑA	1:21.76	25m	1:23.36
MARTINEZ BERJANO, Jose Manuel	60	60+	MONFORTE	1:22.35	25m	1:24.14
SANCHEZ VAZQUEZ, Jesus	61	60+	PORTAMIÑA	1:23.32	25m	1:24.92
FIDALGO SERRANO, Manuel A.	42	40+	TRAVIESAS	1:25.56	25m	1:27.35
BLANCO PEREZ, Angel	59	55+	POURENSE	1:25.79	25m	1:27.39
PENEDO PADIN, Adolfo	51	50+	GALAICO	1:27.68	25m	1:29.28
DI FELICE VÁZQUEZ, Mario	61	60+	HERCULES	1:29.00	25m	1:30.79
MARTÍNEZ LEMA, José Antonio	51	50+	TRICORUÑA	1:31.59	25m	1:33.19
LORENZO GONZALEZ-VISO, Carlos	52	50+	POURENSE	1:32.38	25m	1:33.98
CASTRO QUINTELA, Avelino	56	55+	GALAICO	1:34.06	25m	1:35.85
SUAREZ FREIRE, David Manuel	55	55+	RIASBAIXAS	1:41.50	25m	1:43.29
PIROSCIA PENADO, Jose	57	55+	PORTAMIÑA	1:42.81	25m	1:44.41
LAGO GONZALEZ, Ivan	30	30+	PONTEAREAS	1:43.25	25m	1:45.04
RODRIGUEZ LEMOS, Andres J.	74	70+	CNMOS	1:54.24	25m	1:56.03
EIRAS DORADO, Juan Luis	61	60+	PORTAMIÑA	1:54.62	25m	1:56.22
GÓMEZ MÉNDEZ, Borja	21	20+	PONTEAREAS	2:01.11	25m	2:02.90
GIRALDEZ VILLANUEVA, Ivan	36	35+	PONTEAREAS	2:05.72	25m	2:07.51

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Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
MARCOS VARELA, Laura	47	45+	RIASBAIXAS	37.87	25m	38.37
RIVAS CARCACIA, Natalia	32	30+	ESCUALOS	38.82	25m	39.32
VAZQUEZ PRADO, Maria	23	20+	PORTAMIÑA	39.02	25m	39.81
DIAZ DOPICO, Sabela	21	20+	NFERROL	40.12	25m	40.91
CANO ROSALES, Nuria	22	20+	GALAICO	40.45	25m	40.95
PIROSCIA PONTIDE, Carla	24	20+	PORTAMIÑA	41.23	25m	42.02
MIRA VAZQUEZ, Marta	42	40+	ESCUALOS	42.12	25m	42.62
BALEA CASAS, Tania	27	25+	GALAICO	41.88	25m	42.67
RIVAS TENREIRO, Arantza	34	30+	NTNARON	41.93	25m	42.72
ESPASANDIN MARTÍNEZ, María	33	30+	HERCULES	43.14	25m	43.64
EIJO GIL, Ana Paula	20	20+	PONTEAREAS	43.61	25m	44.40
MENDEZ SEIJO, Nerea	24	20+	RIASBAIXAS	44.22	25m	44.72
SUAREZ GARCIA, Sofia	26	25+	RIASBAIXAS	44.10	25m	44.89
FKEOUI OMARI, Salma	41	40+	ESCUALOS	44.40	25m	44.90
BALADO LOPEZ, Ana Maria	62	60+	POURENSE	44.88	25m	45.38
ALVAREZ SOUTO, Claudia	22	20+	ESCUALOS	45.06	25m	45.85
SANTORUM FONTAN, Iria Marta	31	30+	GALAICO	45.40	25m	46.19
MUTILBA OBREGON, Nuria	54	50+	PONTEAREAS	46.37	25m	47.16
PRADO FRANCO, Marta E.	44	40+	RIASBAIXAS	46.38	25m	47.17
GONZALEZ MACIA, Alba	29	25+	MONFORTE	46.84	25m	47.63
LOPEZ GONZALEZ, Monica	53	50+	PORTAMIÑA	47.58	25m	48.08
DE LA MONTAÑA ALCANTARA, Gloria	50	50+	RSDH	47.78	25m	48.57
VILARIÑO CACHO, Elvira	42	40+	SALESTRA	47.88	25m	48.67
MIRA VAZQUEZ, Paula	37	35+	ESCUALOS	48.26	25m	48.76
PAZOS GANDARA, Andrea	31	30+	PONTEAREAS	47.97	25m	48.76
LOPEZ RODRIGUEZ, Adela Elena	55	55+	POURENSE	49.10	25m	49.60
CID ALVAREZ, Isabel	43	40+	ESCUALOS	49.70	25m	50.49
FERNÁNDEZ ARRIZABALO, María	57	55+	TRAVIESAS	49.73	25m	50.52
PAZ BERMUDEZ, Maria	47	45+	SALESTRA	51.92	25m	52.42
OTERO FERNANDEZ, Maria Luisa	30	30+	SALESTRA	52.16	25m	52.66
MARTINEZ BARCIELA, Maria Olga	33	30+	TRAVIESAS	52.07	25m	52.86
FARIÑA SOUSA, Noemi	40	40+	GALAICO	52.17	25m	52.96
SEOANE GOMEZ, Ana	31	30+	GALAICO	53.33	50m	53.33
RAMIREZ INSUA, Julia	40	40+	RSDH	52.76	25m	53.55
GIL VILLARINO, Marta	46	45+	HERCULES	53.57	25m	54.36
SAR MORANO, Dolores	68	65+	CULLEREDO	53.97	25m	54.47
SIMOIS MORAIS, Yolanda	29	25+	SALESTRA	54.01	25m	54.80
MAZAIRO CASTRO, Carmen	50	50+	ESCUALOS	54.01	25m	54.80
OLMO VAQUEIRO, Leticia	42	40+	PONTEAREAS	54.13	25m	54.92
FERNANDEZ GARCIA, Marina	26	25+	GALAICO	54.92	25m	55.42
BARJA BARJA, Ana	61	60+	TRAVIESAS	54.97	25m	55.47
REBOREDA MORILLO, Susana	61	60+	ESCUALOS	56.28	50m	56.57
CELEMIN PORRERO, Maria Teresa	64	60+	GALAICO	57.60	25m	58.10
RODRIGUEZ VAZQUEZ, Maria Teresa	51	50+	POURENSE	57.72	25m	58.51
DA FORTUNA VAZQUEZ, Noemi	29	25+	TRAVIESAS	1:01.35	25m	1:02.14
VAZQUEZ PARCERO, Marta	43	40+	CNMARINA	1:02.67	25m	1:03.46
MIGUEZ DE LA SIERRA, Angeles	57	55+	GALAICO	1:03.13	25m	1:03.92
RODRIGUEZ-TOUBES FORRYAN, I.	24	20+	PONTEAREAS	1:15.00	25m	1:15.79

Prueba 27, Fem., 50m Braza

CARBALLEIRA LOIS, Barbara	47	45+	ESCUALOS	1:30.00	25m	1:30.79
FERNANDEZ LOPEZ, Sonia	42	40+	PORTAMIÑA	1:59.43	25m	2:00.22

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Nome	Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
BALBOA BLANCO, Ivan	29	25+	PORTAMIÑA	31.01	25m	32.00
SABUZ FORNEIRO, Martin	29	25+	POURENSE	31.70	25m	32.40
PASTORIZA SANTACLARA, Jorge	26	25+	RIASBAIXAS	32.64	25m	33.34
NOGUEIRA-PINTO CRESPO, Hugo	45	45+	ESCUALOS	33.71	25m	34.41
FORTES NOVOA, Martiño	35	35+	ESCUALOS	34.38	25m	35.08
VAZQUEZ IGLESIAS, Daniel	44	40+	RIASBAIXAS	34.41	25m	35.11
GUTIERREZ MARIÑO, Santiago	21	20+	POURENSE	34.82	25m	35.81
AZNAR GRUILLE, Carlos J.	28	25+	CNMARINA	35.37	25m	36.36
GUIMAREY VAZQUEZ, Marcos	46	45+	PORTAMIÑA	36.04	25m	36.74
CAO LAGO, Pablo	36	35+	RIASBAIXAS	36.13	25m	36.83
TOURIÑO GONZALEZ, Victor	55	55+	CNMARINA	35.85	25m	36.84
FIGUEIRA DOMINGUEZ, J.	35	35+	RIASBAIXAS	36.29	25m	36.99
SEVILLA AROCA, Javier	40	40+	ESCUALOS	36.07	25m	37.06
HERNAEZ OUBIÑA, David	50	50+	CULLEREDO	36.40	25m	37.10
VILLAMOR FERRO, Rubén	23	20+	ARTEIXO	36.49	25m	37.19
MENDEZ FERREIRO, Pablo	38	35+	PORTAMIÑA	37.31	25m	38.01
FERREIRO SUAREZ, Javier M.	50	50+	SCASINO	37.51	25m	38.21
SIO LOURIDO, J. Salvador	62	60+	CNMOS	37.89	25m	38.59
TABOADA VILA, Daniel	30	30+	POURENSE	38.31	25m	39.01
HERMIDA SALIDO, Gustavo	46	45+	NTNARON	38.32	25m	39.02
FRANCISCO MACÍAS, Simón	27	25+	POURENSE	38.56	25m	39.26
MATIAS DUARTE, Erick	41	40+	HERCULES	38.93	25m	39.92
BOUSO FUENTECILLA, Fernando	52	50+	ESCUALOS	40.05	25m	40.75
PEREZ VAZQUEZ, Telmo	35	35+	CNMARINA	39.81	25m	40.80
PREGO MARTINEZ, Benjamin	50	50+	PONTEAREAS	40.32	25m	41.02
CRESPO PÉREZ, Albarino	53	50+	ESCUALOS	40.42	25m	41.12
MIRAS LOPEZ, Raul	36	35+	NCORUÑA	40.18	25m	41.17
FERNANDEZ ARRUTI, Jose Angel	64	60+	CIDSANTIAG	40.19	25m	41.18
PRESA PRESA, Santiago	35	35+	GALAICO	40.46	25m	41.45
MANDADO RODRIGUEZ, Enrique	51	50+	HERCULES	40.79	25m	41.49
NUÑEZ CORREDOIRA, Gonzalo	49	45+	PORTAMIÑA	41.09	25m	42.08
GONZALEZ VICENTE, Ruben	42	40+	PORTAMIÑA	42.22	25m	42.92
CARRERA RODRÍGUEZ, Rubén	44	40+	PONTEAREAS	43.11	25m	43.81
SÁNCHEZ SECO, Manuel	55	55+	ESCUALOS	42.93	25m	43.92
SOLLEIRO TIZON, Juan Jose	60	60+	NCORUÑA	43.24	25m	43.94
TABOADA CALVELO, Jose Carlos	44	40+	SALESTRA	43.36	25m	44.06
PASCUAL DE PEDRO, Jorge	37	35+	PONTEAREAS	43.75	25m	44.74
PEXEGUEIRO BALADRON, Nicolas	46	45+	CNMOS	44.20	25m	45.19
MARIÑO GONZALEZ, Ramón	43	40+	POURENSE	44.28	25m	45.27
FERNANDEZ GARCIA, Jacobo	22	20+	GALAICO	44.61	25m	45.60
FERNANDEZ IGLESIAS, Emilio J.	46	45+	PONTEAREAS	45.04	25m	46.03
FERNANDEZ MARTINEZ, Alberto	52	50+	ESCUALOS	45.45	25m	46.15
IVANCHENKO, Yuri	70	70+	POURENSE	46.83	50m	47.12
RODRIGUEZ GOMEZ, Emilio	62	60+	PONTEAREAS	46.51	25m	47.21
TORRES FRAILE, Emilio	39	35+	MONFORTE	46.35	25m	47.34
CADAVID NUÑEZ, Jose	53	50+	POURENSE	46.64	25m	47.63
VERDE LEBORANS, José	50	50+	CIDSANTIAG	47.90	25m	48.89
RODRIGUEZ VIEITO, Ricardo M.	66	65+	CNMOS	48.69	25m	49.39

Prueba 28, Masc., 50m Braza

RODRIGUEZ LEMOS, Andres J.	74	70+	CNMOS	48.71	25m	49.41
REY ROMERO, Jorge J.	57	55+	PORTAMIÑA	48.70	25m	49.69
ARAUJO FERNÁNDEZ, Jose	52	50+	ESCUALOS	49.95	25m	50.65
MONTERO FERNANDEZ, J.	60	60+	POURENSE	50.05	25m	50.75
LORENZO GONZALEZ-VISO, Carlos	52	50+	POURENSE	51.08	25m	52.07
HERNANZ MORAL, Fausto	61	60+	RIASBAIXAS	51.38	25m	52.37
CRESPO PIÑEIRO, Natalio	54	50+	RIASBAIXAS	53.00	25m	53.99
LAGO GONZALEZ, Ivan	30	30+	PONTEAREAS	54.11	25m	54.81
PARTIDA GARCÍA, Diego	40	40+	POURENSE	55.12	25m	56.11
BRIOSÓ DÍAZ, Manuel	46	45+	REDONDELA	56.87	25m	57.57
DE LORENZO FERNÁNDEZ, Javier	42	40+	ESCUALOS	58.00	25m	58.99
DURO GONZALEZ, Antonio	49	45+	SALESTRA	59.77	25m	1:00.76
RODRIGUEZ BLANCO, J.	47	45+	POURENSE	1:03.45	25m	1:04.44
SOTO REGUEIRA, Roi	40	40+	RIASBAIXAS	1:05.00	25m	1:05.99
ARAUJO DOMINGUEZ, Francisco	83	80+	PONTEAREAS	1:06.99	25m	1:07.69
AREA PEREIRA, Jose Manuel	66	65+	GALAICO	1:07.09	25m	1:08.08
FOLCH MALLOFRE, Ramon	86	85+	ARTEIXO	1:20.00	25m	1:20.99

Prueba 29
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Fem., 4 x 50m Estilos

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Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
PORTAMIÑA 1	+80 (P	PORTAMIÑA)	2:25.69	25m	2:27.98
CNMARINA 1	+120	CNMARINA	2:30.57		2:32.67
PORTAMIÑA 2	+100	PORTAMIÑA	2:32.11	25m	2:34.21
MONFORTE 1	+80 (P	MONFORTE)	2:34.40	50m	2:34.40
RIASBAIXAS 2	+160	RIASBAIXAS	2:35.37	50m	2:35.37
PONTEAREAS 2	+120	PONTEAREAS	2:33.51	25m	2:35.61
RIASBAIXAS 1	+80 (P	RIASBAIXAS)	2:35.69	50m	2:35.69
NTNARON 2	+120	NTNARON	2:35.00	25m	2:37.29
GALAICO 1	+80 (P	GALAICOER)	2:40.65	25m	2:42.75
ESCUALOS 1	+120	ESCUALOS	2:42.67	25m	2:44.96
PONTEAREAS 1	+80 (P	PONTEAREAS	2:45.16	25m	2:47.26
ESCUALOS 2	+160	ESCUALOS	2:45.79	25m	2:47.89
PONTEAREAS 4	+200	PONTEAREAS	2:50.96	25m	2:53.25
SCASINO 2	+160	SCASINO	2:57.38	50m	2:57.38
GALAICO 2	+100	GALAICO	2:59.58	50m	2:59.58
PORTAMIÑA 3	+200	PORTAMIÑA	3:02.18	50m	3:02.18
HERCULES 1	+200	HERCULES	3:00.28	25m	3:02.38
ADFOGAR 1	+160	ADFOGAR	3:02.83	50m	3:02.83
MONFORTE 2	+120	MONFORTE	3:03.16	50m	3:03.16
POURENSE 1	+120	POURENSE	3:01.21	25m	3:03.31
SALESTRA 1	+160	SALESTRA	3:04.95	50m	3:04.95
PONTEAREAS 3	+160	PONTEAREAS	3:09.92	25m	3:12.02
ESCUALOS 3	+200	ESCUALOS	3:11.68	25m	3:13.78
POURENSE 2	+160	POURENSE	3:16.07	25m	3:18.17
GALAICO 3	+120	GALAICO	3:19.20	25m	3:21.30
POURENSE 3	+200	POURENSE	3:20.92	25m	3:23.02
TRAVIESAS 1	+200	TRAVIESAS	3:20.82	25m	3:23.11
SCASINO 1	+120	SCASINO	3:29.22	50m	3:29.22
GALAICO 4	+160	GALAICO	3:32.92	25m	3:35.02
POURENSE 4	+240	POURENSE	3:47.51	25m	3:49.61
RIASBAIXAS 3	+200	RIASBAIXAS	3:51.20	50m	3:51.20
PONTEAREAS 6	+240	PONTEAREAS	4:10.34	25m	4:12.44
PONTEAREAS 5	+280	PONTEAREAS	5:14.67	25m	5:16.77

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Masc., 4 x 50m Estilos

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Listado de inscrito

Introducir conversión: ESP:Conversion Spanish Rules

Ano	Cat.	Clube	Marca	Pisc.	Marca Pond.
POURENSE 1	+80	(PIPOURENSE)	1:51.98	25m	1:55.37
PONTEAREAS 1	+80	(PIPONTEAREAS	1:56.80	25m	2:00.00
MONFORTE 1	+120	MONFORTE	2:07.15	50m	2:07.15
GALAICO 1	+120	GALAICO	2:05.39	25m	2:08.59
POURENSE 2	+100	POURENSE	2:09.24	25m	2:12.44
RIASBAIXAS 1	+100	RIASBAIXAS	2:12.95	50m	2:12.95
ESCUALOS 3	+200	ESCUALOS	2:10.13	25m	2:13.33
ESCUALOS 2	+160	ESCUALOS	2:10.08	25m	2:13.47
HERCULES 1	+160	HERCULES	2:14.37	50m	2:14.37
PORTAMIÑA 2	+160	PORTAMIÑA	2:11.43	25m	2:14.63
ESCUALOS 1	+120	ESCUALOS	2:13.01	25m	2:16.21
PORTAMIÑA 1	+120	PORTAMIÑA	2:13.63	25m	2:16.83
NTNARON 1	+160	NTNARON	2:19.00	25m	2:22.39
CNMARINA 1	+200	CNMARINA	2:20.50	25m	2:23.89
GALAICO 2	+160	GALAICO	2:23.06	25m	2:26.45
NCORUÑA 1	+240	NCORUÑA	2:24.55	25m	2:27.94
PONTEAREAS 4	+160	PONTEAREAS	2:26.45	25m	2:29.65
POURENSE 3	+160	POURENSE	2:26.62	25m	2:29.82
HERCULES 2	+200	HERCULES	2:29.85	50m	2:29.85
PONTEAREAS 3	+120	PONTEAREAS	2:27.17	25m	2:30.56
SALESTRA 1	+160	SALESTRA	2:31.73	50m	2:31.73
CIDSANTIAG 1	+200	CIDSANTIAG	2:34.05	50m	2:34.05
SCASINO 1	+200	SCASINO	2:31.62	25m	2:34.82
PORTAMIÑA 3	+200	PORTAMIÑA	2:35.10	50m	2:35.10
GALAICO 3	+200	GALAICO	2:32.21	25m	2:35.41
RIASBAIXAS 2	+160	RIASBAIXAS	2:37.23	50m	2:37.23
PONTEAREAS 5	+200	PONTEAREAS	2:37.71	25m	2:41.10
ARTEIXO 1	+200	ARTEIXO	2:44.39	50m	2:44.39
POURENSE 4	+200	POURENSE	2:46.11	25m	2:49.31
RIASBAIXAS 3	+200	RIASBAIXAS	2:54.90	25m	2:58.29
CNMOS 1	+240	CNMOS	2:55.20	25m	2:58.40
PONTEAREAS 6	+240	PONTEAREAS	2:56.15	25m	2:59.35
POURENSE 5	+240	POURENSE	3:06.00	50m	3:06.00
GALAICO 4	+240	GALAICO	3:41.04	50m	3:41.04