

Prueba 20
04/06/2023

Fem., 200m Espalda

2003 y mayores
Resultados

Clasificación	Edad										Tiempo	Puntos
20+												
1.	1087181	BLANCO PEREZ, Paula				24	POURENSE			2:49.92	13,00	
	50m:	39.42	39.42	100m:	1:22.33	42.91	150m:	2:06.20	43.87	200m:	2:49.92 43.72	
2.	1228009	SOUTIÑO RAMIREZ, Carmen Victoria				22	PORTAMIÑA			3:09.72	10,00	
	50m:	42.95	42.95	100m:	1:31.08	48.13	150m:	2:21.03	49.95	200m:	3:09.72 48.69	
3.	1037965	COSTA FERNANDEZ, Laura				22	PONTEAREAS			3:25.00	8,00	
	50m:	48.55	48.55	100m:	1:39.49	50.94	150m:	2:33.08	53.59	200m:	3:25.00 51.92	
25+												
1.	1038096	FREIJE TORNEIRO, Aroa				25	PORTAMIÑA			2:47.07	13,00 RG	
	50m:	38.10	38.10	100m:	1:19.56	41.46	150m:	2:03.67	44.11	200m:	2:47.07 43.40	
2.	1038199	SABUZ FORNEIRO, Andrea				25	POURENSE			2:52.26	10,00	
	50m:	38.48	38.48	100m:	1:20.90	42.42	150m:	2:06.08	45.18	200m:	2:52.26 46.18	
3.	1217434	CRESPO ESTEVEZ, Laura				29	GALAICO			3:32.23	8,00	
	50m:	48.79	48.79	100m:	1:41.93	53.14	150m:	2:39.03	57.10	200m:	3:32.23 53.20	
4.	1078925	SALGADO CASTELO, Marta				29	PORTAMIÑA			3:41.56	7,00	
	50m:	52.81	52.81	100m:	1:50.25	57.44	150m:	2:48.14	57.89	200m:	3:41.56 53.42	
5.	1145008	GONZALEZ PEREZ, Paula				27	PONTEAREAS			3:51.51	6,00	
	50m:	54.32	54.32	100m:	1:52.92	58.60	150m:	2:54.14	1:01.22	200m:	3:51.51 57.37	
30+												
1.	1040545	POMBO LOPEZ, Belen				31	FLUVIAL			2:53.75	13,00 RG	
	50m:	41.22	41.22	100m:	1:24.34	43.12	150m:	2:08.70	44.36	200m:	2:53.75 45.05	
2.	1040731	GESTO ALONSO, Clarisa				34	PONTEAREAS			3:00.90	10,00	
	50m:	42.79	42.79	100m:	1:29.76	46.97	150m:	2:18.74	48.98	200m:	3:00.90 42.16	
Baja	1174885	RUIZ MEILAN, Blanca				33	SCASINO				-	
35+												
1.	1212097	LOUREIRO AMOR, Belen Martina				35	NTNARON			2:58.09	13,00	
	50m:	41.27	41.27	100m:	1:26.81	45.54	150m:	2:12.51	45.70	200m:	2:58.09 45.58	
2.	1144894	VINAGRE SENDINO, Cora				35	SCASINO			3:06.60	10,00	
	50m:	42.49	42.49	100m:	1:29.42	46.93	150m:	2:18.34	48.92	200m:	3:06.60 48.26	
3.	1144948	GONZALEZ PEREZ, Jessica				36	RIASBAIXAS			3:32.82	8,00	
	50m:	48.77	48.77	100m:	1:42.38	53.61	150m:	2:37.44	55.06	200m:	3:32.82 55.38	
40+												
1.	1013486	GONZALEZ RODRIGUEZ, Maria				41	POURENSE			2:53.50	13,00 RG	
	50m:	40.74	40.74	100m:	1:24.24	43.50	150m:	2:08.56	44.32	200m:	2:53.50 44.94	
2.	1075221	HERMIDA RODRIGUEZ, Blanca				42	CMARINA			2:55.17	10,00	
	50m:	40.52	40.52	100m:	1:25.25	44.73	150m:	2:11.05	45.80	200m:	2:55.17 44.12	

Prueba 20, Fem., 200m Espalda, 40+

Clasificación						Edad					Tiempo	Puntos
3.	1143597	SANCHEZ LEDO, Cira	42	ESCUALOS							3:08.17	8,00
	50m:	46.91	46.91	100m:	1:34.15	47.24	150m:	2:21.93	47.78	200m:	3:08.17	46.24
4.	1170812	MARTIN, Christelle	42	ESCUALOS							3:38.79	7,00
	50m:	52.35	52.35	100m:	1:48.21	55.86	150m:	2:45.05	56.84	200m:	3:38.79	53.74
5.	1075224	BROZOS VAZQUEZ, Elena María	41	CIDSANTIAG							4:39.37	6,00
	50m:	1:09.16	1:09.16	100m:	2:18.85	1:09.69	150m:	3:29.94	1:11.09	200m:	4:39.37	1:09.43

45+

1.	1143894	DE LORENZO FERNANDEZ, Maria	45	ESCUALOS							3:27.13	13,00
	50m:	50.44	50.44	100m:	1:42.92	52.48	150m:	2:35.99	53.07	200m:	3:27.13	51.14
2.	1143813	REGUEIRA MARTINEZ, Maria J.	48	HERCULES							3:43.14	10,00
	50m:	49.39	49.39	100m:	1:46.51	57.12	150m:	2:46.18	59.67	200m:	3:43.14	56.96
3.	1197606	CARBALLO BALOIRA, Susana María	48	HERCULES							4:16.21	8,00
	50m:	1:01.99	1:01.99	100m:	2:08.40	1:06.41	150m:	3:14.52	1:06.12	200m:	4:16.21	1:01.69

50+

1.	1228008	OJEA DE CASTRO, Macarena	50	PORTAMIÑA							3:21.19	13,00
	50m:	48.04	48.04	100m:	1:39.76	51.72	150m:	2:32.26	52.50	200m:	3:21.19	48.93
2.	1076154	ABREU FERNANDEZ, Marta	52	PONTEAREAS							4:45.43	10,00
	50m:	1:09.97	1:09.97	100m:	2:24.16	1:14.19	150m:	3:36.87	1:12.71	200m:	4:45.43	1:08.56
3.	1143584	FERNANDEZ SESTELO, Maria Jose	53	PONTEAREAS							5:25.99	8,00
	50m:	1:16.84	1:16.84	100m:	2:42.80	1:25.96	150m:	4:06.58	1:23.78	200m:	5:25.99	1:19.41

55+

1.	1086162	BARJA BARJA, Liliana	58	TRAVIESAS							3:32.68	13,00
	50m:	50.46	50.46	100m:	1:45.32	54.86	150m:	2:39.57	54.25	200m:	3:32.68	53.11
2.	1038729	DEL AMO BLANCO, Margarita	56	PONTEAREAS							3:48.96	10,00
	50m:	53.52	53.52	100m:	1:52.41	58.89	150m:	2:52.54	1:00.13	200m:	3:48.96	56.42
3.	1076506	MARTY PAZOS, Maria Victoria	58	TRAVIESAS							4:17.25	8,00
	50m:	1:03.38	1:03.38	100m:	2:09.02	1:05.64	200m:	4:17.25	2:08.23			
4.	1187918	FERNÁNDEZ ARRIZABALO, María	57	TRAVIESAS							4:26.09	7,00
	50m:	1:04.45	1:04.45	100m:	2:13.06	1:08.61	150m:	3:22.79	1:09.73	200m:	4:26.09	1:03.30
5.	1144231	PEREZ GALLARDO, Teresa	59	POURENSE							5:30.08	6,00
	50m:	1:20.35	1:20.35	100m:	2:45.07	1:24.72	150m:	4:10.70	1:25.63	200m:	5:30.08	1:19.38

60+

1.	1076172	GARCIA COLOMO, M. Cristina	61	POURENSE							3:29.36	13,00 RG
	50m:	47.47	47.47	100m:	1:39.60	52.13	150m:	2:34.62	55.02	200m:	3:29.36	54.74
2.	1127105	PEREIRA ALONSO, Isabel	62	ADFOGAR							4:47.66	10,00
	50m:	1:08.62	1:08.62	100m:	2:22.62	1:14.00	150m:	3:37.05	1:14.43	200m:	4:47.66	1:10.61

Prueba 20, Fem., 200m Espalda

75+

1.	1143507 PEREZ DOMINGUEZ, Maria Luisa	79	RIASBAIXAS	8:56.67	13,00
	50m: 2:06.80 2:06.80	100m: 4:16.56 2:09.76	150m: 6:48.54 2:31.98	200m: 8:56.67	2:08.13