

1. 100 m Libre Feminino

20+									
1	1075323	LOPEZ HERMIDA CLARA	2002	CNFERRO	1:03.69	M 25	2022-04-23	Santa Isabel	11
		50L: 30.24							
2	1115615	PASCUAL GUTIERREZ MARIA TERESA	1998	HERCULES	1:04.59	M 25	2022-04-23	Santa Isabel	8
		50L: 30.42							
3	1037173	GONZALEZ BLANCO PATRICIA	2000	MOLEMOS	1:04.86	M 25	2022-04-24	AS POZAS	6
		50L: 30.99							
4	1145079	RIVADULLA MALLO M IRENE	1998	SALESTRA	1:08.45	M 25	2022-04-23	Santa Isabel	5
		50L: 32.36							
5	1038929	GONZALEZ AVENDAÑO LUCIA	1999	GALAICO	1:11.83	M 25	2022-04-24	AS POZAS	4
		50L: 33.93							
6	1037966	FERNANDEZ PARDO IRENE	2001	NPONTEA	1:12.66	M 25	2022-04-24	AS POZAS	3
		50L: 33.62							
7	1037177	RODRIGUEZ SANCHEZ ISABEL	2000	HERCULES	1:14.97	M 25	2022-04-23	Santa Isabel	2
		50L: 34.37							
8	1201851	BARCIA GARCIA MARINA	2002	GALAICO	1:22.23	M 25	2022-04-24	AS POZAS	1
		50L: 39.07							
9	1222213	ALBARELLOS GAREA LUCÍA	2001	ESCUALOS	1:35.18	M 25	2022-04-24	AS POZAS	0
		50L: 44.65							
25+									
1	1178773	CHAMADOIRA DOMÍNGUEZ JENNIFER	1994	NPONTEA	1:05.59	M 25	2022-04-24	AS POZAS	11
		50L: 31.39							
2	1038608	SUAREZ GARCIA SOFIA	1997	RBAIXAS	1:13.61	M 25	2022-04-24	AS POZAS	8
		50L: 34.99							
3	1219499	ESPIÑO ALBELA ANDREA	1994	HERCULES	1:15.78	M 25	2022-04-23	Santa Isabel	6
		50L: 36.29							
4	1212077	PEREZ MONTOYA MARIA DEL CARMEN	1993	HERCULES	1:21.66	M 25	2022-04-23	Santa Isabel	5
		50L: 38.65							
5	1217434	CRESPO ESTEVEZ LAURA	1994	GALAICO	1:27.93	M 25	2022-04-24	AS POZAS	4
		50L: 39.81							
6	1035411	FERNANDEZ GARCIA MARINA	1997	GALAICO	1:33.93	M 25	2022-04-24	AS POZAS	3
		50L: 44.13							
7	1215890	FERNANDEZ PARADA CLARA	1993	POURENSE	2:06.65	M 25	2022-04-24	AS POZAS	2
		50L: 1:01.93							
30+									
1	1212097	LOUREIRO AMOR BELEN MARTINA	1988	NTNARON	1:09.26	M 25	2022-04-23	Santa Isabel	11
		50L: 33.06							
2	1075742	VALIÑO GÓMEZ ESTHER	1988	RBAIXAS	1:10.75	M 25	2022-04-24	AS POZAS	8

		50L: 33.56								
3	1141212	RIVAS TENREIRO ARANTZA	1989	NTNARON	1:12.67	M 25	2022-04-23	Santa Isabel	6	
		50L: 34.62								
4	1222211	SANZ BARRIONUEVO MARIA LUISA	1991	CIDSANTI	1:14.35	M 25	2022-04-23	Santa Isabel	5	
		50L: 33.98								
5	1086350	RIVAS CARCACIA NATALIA	1991	ESCUALOS	1:17.34	M 25	2022-04-24	AS POZAS	4	
		50L: 36.19								
6	1129954	GONZALEZ GARCIA COVADONGA	1989	GALAICO	1:33.27	M 25	2022-04-24	AS POZAS	3	
		50L: 45.01								
7	1143566	FRANQUEIRA LOSADA LUCÍA	1989	CDELMAR	1:35.45	M 25	2022-04-23	Santa Isabel	2	
		50L: 46.48								
8	1194024	ABELENDA POSE MARÍA ESTEFANIA	1989	CNLICEO	1:35.83	M 25	2022-04-23	Santa Isabel	1	
		50L: 44.44								
9	1202705	MARTINEZ BARGIELA MARIA OLGA	1990	RBAIXAS	1:39.29	M 25	2022-04-24	AS POZAS	0	
		50L: 49.14								
10	1144979	SEOANE GOMEZ ANA	1992	GALAICO	1:43.57	M 25	2022-04-24	AS POZAS	0	
		50L: 47.40								
35+										
1	1219500	FRIAS DEL PALACIO SOLEDAD	1986	HERCULES	1:13.10	M 25	2022-04-23	Santa Isabel	11	
		50L: 34.12								
2	1203741	QUEREDA RODRÍGUEZ ALMUDENA	1985	CNLICEO	1:19.45	M 25	2022-04-23	Santa Isabel	8	
		50L: 38.28								
3	1041646	MOLANES PIÑEIRO MARIA ELENA	1984	RCNVIGO	1:34.09	M 25	2022-04-24	AS POZAS	6	
		50L: 44.71								
4	1145082	FARIÑA SOUSA NOEMI	1983	MPVETUS	1:35.15	M 25	2022-04-24	AS POZAS	5	
		50L: 44.00								
40+										
1	1195584	ALAYON MORIN CRISTINA	1982	HERCULES	1:14.41	M 25	2022-04-23	Santa Isabel	11	
		50L: 35.30								
2	1143894	DE LORENZO FERNANDEZ MARIA	1978	ESCUALOS	1:19.56	M 25	2022-04-24	AS POZAS	8	
		50L: 39.18								
3	1144791	LORENZO LODEIRO MARIA DEL CARM	1978	HERCULES	1:29.25	M 25	2022-04-23	Santa Isabel	6	
		50L: 42.20								
4	1144598	OLMO VAQUEIRO LETICIA	1981	NPONTEA	1:29.27	M 25	2022-04-24	AS POZAS	5	
		50L: 43.54								
5	1075224	BROZOS VAZQUEZ ELENA MARIA	1982	CIDSANTI	1:41.29	M 25	2022-04-23	Santa Isabel	4	
		50L: 47.80								
6	1144293	BARREIRO QUINTAS MARIA J.	1982	TRICORUÑ	1:49.07	M 25	2022-04-23	Santa Isabel	3	
		50L: 48.06								
7	1036387	VAZQUEZ PARCERO MARTA	1980	CMARINA	1:58.68	M 25	2022-04-23	Santa Isabel	2	
		50L: 54.60								
8	1197602	SUAREZ LAMAS AIDA	1980	CULLERED	2:13.35	M 25	2022-04-23	Santa Isabel	1	

50L: 58.84

45+

1	1144068	RODRIGUEZ OLIVEIRA MANUELA	1977	ESCUALOS	1:13.17	M 25	2022-04-24	AS POZAS	11
		50L: 33.72							
2	1214850	CORCOBA CARBIA RAQUEL	1977	SALESTRA	1:20.75	M 25	2022-04-23	Santa Isabel	8
		50L: 37.86							
3	1040944	VARELA REDONDO VERONICA	1975	NPONTEA	1:21.05	M 25	2022-04-24	AS POZAS	6
		50L: 39.41							
4	1208832	CORREDOIRA KARINA HAYDEE	1974	NPONTEA	1:25.93	M 25	2022-04-24	AS POZAS	5
		50L: 40.95							
5	1075503	DE LA MONTAÑA ALCANTARA GLORIA	1973	RSDH	1:27.19	M 25	2022-04-23	Santa Isabel	4
		50L: 39.66							
6	1197606	CARBALLO BALOIRA SUSANA MARÍA	1975	HERCULES	1:41.17	M 25	2022-04-23	Santa Isabel	3
		50L: 47.20							
7	1144074	SERRANO AVENDAÑO SILVIA	1975	CTRAVIE	1:44.56	M 25	2022-04-24	AS POZAS	2
		50L: 50.96							

50+

1	1147115	HERNÁNDEZ ALFAGEME RITA	1971	RCNVIGO	1:19.56	M 25	2022-04-24	AS POZAS	11
		50L: 38.44							
2	1058998	MUTILBA OBREGON NURIA	1969	NPONTEA	1:19.58	M 25	2022-04-24	AS POZAS	8
		50L: 37.17							
3	1075200	JIMENEZ PEREZ VICTORIA	1969	CNFERRO	1:29.99	M 25	2022-04-23	Santa Isabel	6
		50L: 41.22							
4	1037970	CALVIÑO CANCELA MARIA CRISTINA	1968	NPONTEA	1:33.21	M 25	2022-04-24	AS POZAS	5
		50L: 43.18							
5	1076154	ABREU FERNANDEZ MARTA	1971	NPONTEA	1:35.05	M 25	2022-04-24	AS POZAS	4
		50L: 46.08							
6	1127346	SOBRINO EIRIZ MARIA DEL VALLE	1972	NPONTEA	1:38.18	M 25	2022-04-24	AS POZAS	3
		50L: 44.62							
7	1202971	PEREZ PEREZ SONIA	1972	ESCUALOS	1:38.41	M 25	2022-04-24	AS POZAS	2
		50L: 44.87							
8	1189938	LOPEZ RODRIGUEZ ADELA ELENA	1968	POURENSE	1:40.82	M 25	2022-04-24	AS POZAS	1
		50L: 49.57							
9	1143584	FERNANDEZ SESTELO MARIA JOSE	1970	NPONTEA	1:49.53	M 25	2022-04-24	AS POZAS	0
		50L: 51.96							

55+

1	1212074	LOPEZ BLANCO Mº ISABEL	1963	CULLERED	1:44.61	M 25	2022-04-23	Santa Isabel	11
		50L: 50.04							
2	1144697	ACEVEDO REGO ERMITAS	1966	POURENSE	1:51.71	M 25	2022-04-24	AS POZAS	8
		50L: 56.67							
3	1144231	PEREZ GALLARDO TERESA	1964	POURENSE	2:11.02	M 25	2022-04-24	AS POZAS	6

50L: 1:05.12

4	1078803	MUIÑO ANDRADE MARIA JOSE	1964	ARTEIXO	2:11.75	M 25	2022-04-23	Santa Isabel	5
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50L: 58.56

60+

1	1214851	SÁNCHEZ CEBRIÁN OLGA	1962	TRICORUÑ	1:28.29	M 25	2022-04-23	Santa Isabel	11
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50L: 41.02

2	1170586	OREIRO PAZOS M. GLORIA	1960	ARTEIXO	1:40.43	M 25	2022-04-23	Santa Isabel	8
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50L: 47.56

3	1217937	RODRÍGUEZ TRONCOSO MARINA	1959	NPONTEA	2:16.28	M 25	2022-04-24	AS POZAS	6
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50L: 1:04.53

65+

1	1076494	SUEIRO COSTAS Mª CARMEN	1956	NPONTEA	2:18.17	M 25	2022-04-24	AS POZAS	11
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50L: 1:06.01

75+

1	1076482	GONZALEZ RODRIGUEZ S. MARTA	1946	NPONTEA	2:52.36	M 25	2022-04-24	AS POZAS	11
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50L: 1:23.43

2	1178774	CHANTADA GÓMEZ M. DEL CARMEN	1943	NPONTEA	3:44.74	M 25	2022-04-24	AS POZAS	8
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50L: 1:42.56

3	1143507	PEREZ DOMINGUEZ MARIA LUISA	1944	RBAIXAS	4:07.55	M 25	2022-04-24	AS POZAS	6
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50L: 2:03.71

80+

1	1058045	MORAL RUBIO ISABEL	1942	CTRAVIE	2:58.09	M 25	2022-04-24	AS POZAS	11
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50L: 1:24.22

2. 100 m Libre Masculino

20+										
1	1075914	VALCARCE DOMINGUEZ PABLO	1999	MOLEMOS	56.24	M 25	2022-04-24	AS POZAS		11
		50L: 37.31								
2	1037154	LOSADA JIMENEZ ALVARO	1999	CNFERRO	58.95	M 25	2022-04-23	Santa Isabel		8
		50L: 27.96								
3	1040558	PONTON RODRIGUEZ JUAN	2002	MOLEMOS	1:00.11	M 25	2022-04-24	AS POZAS		6
		50L: 28.55								
4	1078716	HERMIDA RAMOS RAUL	2000	NTNARON	1:02.51	M 25	2022-04-23	Santa Isabel		5
		50L: 30.46								
5	1075259	GOMEZ SANTALLA MATEO	2001	CNFERRO	1:02.69	M 25	2022-04-23	Santa Isabel		4
		50L: 30.02								
6	1143300	VOLLUZ ITALIANI FACUNDO J.	1998	CNMOS	1:04.44	M 25	2022-04-24	AS POZAS		3
		50L: 30.28								
7	1141093	VILLAMOR FERRO RUBÉN	2000	ARTEIXO	1:04.69	M 25	2022-04-23	Santa Isabel		2
		50L: 31.02								
8	1208836	GÓMEZ MÉNDEZ BORJA	2002	NPONTEA	2:05.37	M 25	2022-04-24	AS POZAS		1
		50L: 58.37								
25+										
1	1091951	COSTA PENA ANDRES	1996	CIDSANTI	54.21	M 25	2022-04-23	Santa Isabel		11
		50L: 25.92								
2	1144193	PASTORIZA SANTACLARA JORGE	1997	RBAIXAS	59.18	M 25	2022-04-24	AS POZAS		8
		50L: 28.62								
3	1217072	GONZÁLEZ MUIÑOS ALEJANDRO	1996	HERCULES	1:02.32	M 25	2022-04-23	Santa Isabel		6
		50L: 29.87								
4	1039270	TRILLO RODRIGUEZ ADRIAN	1997	CNMOS	1:04.84	M 25	2022-04-24	AS POZAS		5
		50L: 31.24								
5	1198267	DOMÍNGUEZ ROMERO BRAIS	1997	CNFERRO	1:19.20	M 25	2022-04-23	Santa Isabel		4
		50L: 37.12								
30+										
1	1010948	CAMPAÑA BARROS ADRIAN	1990	CIDSANTI	1:02.40	M 25	2022-04-23	Santa Isabel		11
		50L: 30.40								
2	1212081	VELO RODRIGUEZ JUAN LUIS	1991	TRICORUÑ	1:03.51	M 25	2022-04-23	Santa Isabel		8
		50L: 31.32								
3	1178769	RODRÍGUEZ GONZÁLEZ A.J.	1991	CNFERRO	1:06.53	M 25	2022-04-23	Santa Isabel		6
		50L: 32.48								
4	1174868	BRION FERNANDEZ MANUEL JOAQUIN	1992	CIDSANTI	1:10.36	M 25	2022-04-23	Santa Isabel		5
		50L: 34.04								
5	1212076	PAIS MILLAN PAULO	1990	HERCULES	1:11.23	M 25	2022-04-23	Santa Isabel		4

50L: 34.74

6 1023057 PEREZ VAZQUEZ TELMO 1988 CMARINA 1:12.03 M 25 2022-04-23 Santa Isabel 3

50L: 34.24

7 1170846 PRESA PRESA SANTIAGO 1988 GALAICO 1:12.93 M 25 2022-04-24 AS POZAS 2

50L: 34.27

8 1145090 MARTÍNEZ DOMÍNGUEZ IVÁN 1988 NPONTEA 1:16.59 M 25 2022-04-24 AS POZAS 1

50L: 35.87

35+

1 1140778 RODRIGUEZ LAGO DAVID 1986 CIDSANTI 56.87 M 25 2022-04-23 Santa Isabel 11

50L: 27.00

2 1089000 TABOADA VILA ALBERTO 1987 POURENSE 58.78 M 25 2022-04-24 AS POZAS 8

50L: 27.53

3 1143897 SEVILLA AROCA JAVIER 1983 ESCUALOS 1:02.49 M 25 2022-04-24 AS POZAS 6

50L: 29.98

4 1097263 LAMEIRO SEOANE JAVIER 1987 HERCULES 1:08.49 M 25 2022-04-23 Santa Isabel 5

50L: 32.58

5 1203519 KRUGLOV MYKOLA 1985 ESCUALOS 1:09.67 M 25 2022-04-24 AS POZAS 4

50L: 34.12

6 1145073 FERNANDES MAGALHAES ANDRE 1986 RBAIXAS 1:17.84 M 25 2022-04-24 AS POZAS 3

50L: 37.70

7 1214823 GONZALEZ PEÑAS DAVID 1984 POR-MIÑA 1:21.85 M 25 2022-04-23 Santa Isabel 2

50L: 39.98

8 1107557 MELLA BARBEITO JAVIER 1983 ARTEIXO 1:32.52 M 25 2022-04-23 Santa Isabel 1

50L: 43.46

40+

1 1076560 EIRIZ DIEGUEZ DANIEL 1978 CNMOS 1:00.11 M 25 2022-04-24 AS POZAS 11

50L: 29.09

2 1143480 ABADES REBOREDO DANIEL 1978 HERCULES 1:05.27 M 25 2022-04-23 Santa Isabel 8

50L: 32.00

3 1143601 NOGUEIRA-PINTO CRESPO HUGO 1978 ESCUALOS 1:06.34 M 25 2022-04-24 AS POZAS 6

50L: 32.90

4 1180237 FOUZ ROUCO RUBÉN 1979 HERCULES 1:07.49 M 25 2022-04-23 Santa Isabel 4.5

50L: 33.76

5 1144584 ALVAREZ SILVA RUBEN 1981 ESCUALOS 1:07.49 M 25 2022-04-24 AS POZAS 4.5

50L: 33.93

6 1076564 CABANELAS EIRAS PABLO 1979 CIDSANTI 1:10.25 M 25 2022-04-23 Santa Isabel 3

50L: 33.82

7 1199899 DOMINGUEZ PHILOCREON TICIANO 1981 CIDSANTI 1:11.13 M 25 2022-04-23 Santa Isabel 2

50L: 34.16

8 1212075 GONZALEZ PARIS DAVID 1978 HERCULES 1:11.23 M 25 2022-04-23 Santa Isabel 1

50L: 33.74

9 1202972 PÉREZ LÓPEZ MANUEL 1981 ESCUALOS 1:13.11 M 25 2022-04-24 AS POZAS 0

		50L: 33.91								
10	1144054	LOPEZ GONZALEZ JOAQUIN I.	1978	CIDSANTI	1:14.67	M 25	2022-04-23	Santa Isabel	0	
		50L: 35.18								
11	1143662	BALSA MOSQUERA PABLO	1978	CMARINA	1:15.07	M 25	2022-04-23	Santa Isabel	0	
		50L: 35.22								
12	1141126	GOLPE IGLESIAS JOSE ANTONIO	1982	MPVETUS	1:15.49	M 25	2022-04-24	AS POZAS	0	
		50L: 36.51								
13	1180167	COSTAS GONZALEZ PABLO	1979	NPONTEA	1:17.05	M 25	2022-04-24	AS POZAS	0	
		50L: 37.59								
14	1200126	TABOADA CALVELO JOSE CARLOS	1979	SALESTRA	1:17.21	M 25	2022-04-23	Santa Isabel	0	
		50L: 36.20								
15	1084041	SUAREZ GARCIA SERGIO	1980	MPVETUS	1:17.52	M 25	2022-04-24	AS POZAS	0	
		50L: 36.71								
16	1215947	VAZQUEZ PEREZ LUIS FERNANDO	1979	CULLERED	1:21.94	M 25	2022-04-23	Santa Isabel	0	
		50L: 39.84								
17	1204849	RICO CARAMES PABLO	1981	POURENSE	1:33.62	M 25	2022-04-24	AS POZAS	0	
		50L: 46.81								
45+										
1	1076544	GARABATOS RODRIGUEZ SANTIAGO	1974	RBAIXAS	56.80	M 25	2022-04-24	AS POZAS	11	
		50L: 26.69								
2	1174152	TORRES NEIRA FRANCISCO	1975	MPVETUS	1:00.94	M 25	2022-04-24	AS POZAS	8	
		50L: 29.57								
3	1050705	BELTRAN DIAZ EMILIO	1977	MOLEMOS	1:01.90	M 25	2022-04-24	AS POZAS	6	
		50L: 29.39								
4	1143482	COLLAZO ESMORIS GERARDO A.	1975	HERCULES	1:05.73	M 25	2022-04-23	Santa Isabel	5	
		50L: 32.36								
5	1192271	MOURIÑO FORTES VICTOR MANUEL	1977	NPONTEA	1:10.46	M 25	2022-04-24	AS POZAS	4	
		50L: 33.63								
6	1218110	HERMIDA SALIDO GUSTAVO	1977	NTNARON	1:10.97	M 25	2022-04-23	Santa Isabel	3	
		50L: 33.99								
7	1145005	FERNANDEZ IGLESIAS EMILIO J.	1977	NPONTEA	1:12.25	M 25	2022-04-24	AS POZAS	2	
		50L: 34.98								
8	1203306	DURO GONZALEZ ANTONIO	1974	SALESTRA	1:14.93	M 25	2022-04-23	Santa Isabel	1	
		50L: 35.92								
9	1127349	SOBRINO EIRIZ MANUEL	1975	NPONTEA	1:15.47	M 25	2022-04-24	AS POZAS	0	
		50L: 37.40								
10	1198887	FERNANDEZ BERMUDEZ VICENTE	1976	HERCULES	1:19.93	M 25	2022-04-23	Santa Isabel	0	
		50L: 38.84								
11	1198885	COUTO WORNER SERGIO	1976	TRICORUÑ	1:21.77	M 25	2022-04-23	Santa Isabel	0	
		50L: 38.78								
12	1078844	FERNANDEZ FERNANDEZ JOSE LUIS	1974	CIDSANTI	1:22.21	M 25	2022-04-23	Santa Isabel	0	
		50L: 39.66								
13	1191914	CARNERO FIRVIDA JOSE RAMÓN	1974	ESCUALOS	1:22.67	M 25	2022-04-24	AS POZAS	0	

50L: 38.27

14 1212079 LAGO CASTRO MARCOS 1974 TRICORUÑ 1:26.47 M 25 2022-04-23 Santa Isabel 0
50L: 41.90

15 1180236 DE LA VEGA GÁNDARAS FELIPE 1973 HERCULES 1:28.41 M 25 2022-04-23 Santa Isabel 0
50L: 42.24

50+

1 1076538 FUENTES FERNANDEZ EUGENIO 1972 RBAIXAS 1:09.03 M 25 2022-04-24 AS POZAS 11
50L: 33.25

2 1144601 PUENTE DÍAZ JAVIER 1971 CIDSANTI 1:12.03 M 25 2022-04-23 Santa Isabel 8
50L: 34.32

3 1144792 LORENZO MEJUTO MANUEL 1971 HERCULES 1:19.13 M 25 2022-04-23 Santa Isabel 6
50L: 37.34

4 1180234 SÁNCHEZ SECO MANUEL 1968 ESCUALOS 1:20.30 M 25 2022-04-24 AS POZAS 5
50L: 38.07

5 1195570 TERREN ENRUBIA LUCIO A 1970 RBAIXAS 1:20.94 M 25 2022-04-24 AS POZAS 4
50L: 36.90

6 1144602 PAZ URIBARRI PABLO 1972 CIDSANTI 1:23.14 M 25 2022-04-23 Santa Isabel 3
50L: 40.92

7 1141356 GENDE DIAZ JUAN FELIX 1970 ADFOGAR 1:23.37 M 25 2022-04-23 Santa Isabel 2
50L: 39.66

8 1195569 PEREZ LEIVA MANUEL 1968 RBAIXAS 1:27.72 M 25 2022-04-24 AS POZAS 1
50L: 42.59

9 1178895 CRESPO PÉREZ ALBARINO 1970 ESCUALOS 1:28.94 M 25 2022-04-24 AS POZAS 0
50L: 40.72

10 1078814 CANOSA RODRIGUEZ ALFONSO J. 1971 ADFOGAR 1:30.34 M 25 2022-04-23 Santa Isabel 0
50L: 43.67

11 1180239 MARTÍNEZ LEMA JOSÉ ANTONIO 1972 TRICORUÑ 1:35.99 M 25 2022-04-23 Santa Isabel 0
50L: 44.40

12 1208795 LORENZO GONZALEZ-VISO CARLOS 1971 POURENSE 1:37.46 M 25 2022-04-24 AS POZAS 0
50L: 49.23

13 1106828 TRILLO CARLIN JOSE FERNANDO 1968 ADFOGAR 1:37.65 M 25 2022-04-23 Santa Isabel 0
50L: 48.08

14 1196051 BELISARIO PERAZA RAFAEL E 1972 ADFOGAR 1:43.09 M 25 2022-04-23 Santa Isabel 0
50L: 51.02

15 1197594 BORRAZAS ZAS JOSE FERNANDO 1970 CULLERED 1:45.37 M 25 2022-04-23 Santa Isabel 0
50L: 50.16

16 1180249 SUAREZ FREIRE DAVID MANUEL 1968 RBAIXAS 1:49.17 M 25 2022-04-24 AS POZAS 0
50L: 52.25

55+

1 1143575 FERREIRA GONZALEZ XOSE ANXO 1966 CNREDON 1:17.43 M 25 2022-04-24 AS POZAS 11
50L: 36.58

2 1040281 MARTINEZ BERJANO JOSE MANUEL 1963 MOLEMOS 1:23.03 M 25 2022-04-24 AS POZAS 8

50L: 39.61

3 1143536 BLANCO PEREZ ANGEL 1964 POURENSE 1:25.82 M 25 2022-04-24 AS POZAS 6

50L: 41.17

4 1144712 MONTERO FERNANDEZ JOSE ANTONIO 1963 POURENSE 1:50.08 M 25 2022-04-24 AS POZAS 5

50L: 51.68

60+

1 1143896 PERDIZ GONZALEZ JOSE RAMON 1958 ESCUALOS 1:46.00 M 25 2022-04-24 AS POZAS 11

50L: 50.58

65+

1 1141150 RODRIGUEZ VIEITO RICARDO M. 1957 CNMOS 1:24.02 M 25 2022-04-24 AS POZAS 11

50L: 39.84

2 1076495 PAZOS CABAL MIGUEL 1955 ADFOGAR 2:09.87 M 25 2022-04-23 Santa Isabel 8

50L: 59.32

70+

1 1076488 MONROY FERNÁNDEZ MANUEL 1950 NPONTEA 1:31.57 M 25 2022-04-24 AS POZAS 11

50L: 42.56

80+

1 1143430 ARAUJO DOMINGUEZ FRANCISCO 1940 NPONTEA 2:57.21 M 25 2022-04-24 AS POZAS 11

50L: 1:21.85

3. 200 m Estilos Feminino

20+										
1	1140796	DIAZ DOPICO SABELA	2002	CNFERRO	2:42.14	M 25	2022-04-23	Santa Isabel	11	50M: 33.18
2	1130789	GARCIA MIGUEZ ROSALIA	1998	GALAICO	2:52.36	M 25	2022-04-24	AS POZAS	8	50M: 38.05
3	1038929	GONZALEZ AVENDAÑO LUCIA	1999	GALAICO	3:00.56	M 25	2022-04-24	AS POZAS	6	50M: 38.75
4	1039714	TABOADA ASOREY PAULA	2001	TRICORUÑ	3:01.42	M 25	2022-04-23	Santa Isabel	5	50M: 36.06
25+										
1	1145008	GONZALEZ PEREZ PAULA	1996	NPONTEA	3:29.32	M 25	2022-04-24	AS POZAS	11	50M: 46.96
2	1199647	TASENDE LÓPEZ XEILA	1997	ARTEIXO	3:36.91	M 25	2022-04-23	Santa Isabel	8	50M: 44.08
3	1217434	CRESPO ESTEVEZ LAURA	1994	GALAICO	3:52.75	M 25	2022-04-24	AS POZAS	6	50M: 49.03
30+										
1	1075231	VILLAR CAINZOS CLAUDIA	1992	CNFERRO	2:39.59	M 25	2022-04-23	Santa Isabel	11	50M: 33.55
2	1040545	POMBO LOPEZ BELEN	1992	CFVLUGO	2:56.91	M 25	2022-04-23	Santa Isabel	8	50M: 38.58
35+										
1	1203741	QUEREDA RODRÍGUEZ ALMUDENA	1985	CNLICEO	3:33.07	M 25	2022-04-23	Santa Isabel	11	50M: 48.58
2	1143898	GONZALEZ FERNANDEZ CORAL.M	1987	ESCUALOS	3:57.92	M 25	2022-04-24	AS POZAS	8	50M: 57.41
40+										
1	1075221	HERMIDA RODRIGUEZ BLANCA	1981	CMARINA	2:56.92	M 25	2022-04-23	Santa Isabel	11	50M: 36.61
2	1143598	MIRA VAZQUEZ MARTA	1981	ESCUALOS	3:14.39	M 25	2022-04-24	AS POZAS	8	50M: 45.33
3	1182364	RODRIGUEZ RODRIGUEZ ZELTIA	1981	NTNARON	3:17.68	M 25	2022-04-23	Santa Isabel	6	50M: 41.28
4	1146893	PRADO FRANCO MARTA E.	1979	RBAIXAS	3:41.11	M 25	2022-04-24	AS POZAS	5	50M: 47.26
5	1178775	COVELO SAAVEDRA NAHIR	1978	NPONTEA	3:42.55	M 25	2022-04-24	AS POZAS	4	

50M: 48.53

6	1170812	MARTIN CHRISTELLE	1981	ESCUALOS	3:45.88	M 25	2022-04-24	AS POZAS	3
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50M: 50.80

7	1144598	OLMO VAQUEIRO LETICIA	1981	NPONTEA	4:08.34	M 25	2022-04-24	AS POZAS	2
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50M: 57.39

50+

1	1197600	SANDERSON HELEN JANE	1970	CULLERED	3:31.79	M 25	2022-04-23	Santa Isabel	11
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50M: 47.84

2	1145007	MELON PARENTE M. LOURDES	1969	NPONTEA	5:32.43	M 25	2022-04-24	AS POZAS	8
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50M: 1:25.43

55+

1	1086162	BARJA BARJA LILIANA	1965	CTRAVIE	3:49.50	M 25	2022-04-24	AS POZAS	11
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50M: 55.27

2	1038729	DEL AMO BLANCO MARGARITA	1967	NPONTEA	3:51.86	M 25	2022-04-24	AS POZAS	8
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50M: 54.93

3	1144697	ACEVEDO REGO ERMITAS	1966	POURENSE	4:34.19	M 25	2022-04-24	AS POZAS	6
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50M: 1:03.20

60+

1	1170586	OREIRO PAZOS M. GLORIA	1960	ARTEIXO	4:13.43	M 25	2022-04-23	Santa Isabel	11
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50M: 1:05.94

2	1141154	CELEMIN PORRERO MARIA TERESA	1959	GALAICO	4:34.46	M 25	2022-04-24	AS POZAS	8
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50M: 1:07.81

65+

1	1037151	GOMEZ DOVAL MARIA ANGELA	1956	CTRAVIE	4:49.70	M 25	2022-04-24	AS POZAS	11
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50M: 1:08.68

4. 200 m Estilos Masculino

20+										
1	1111716	SIMON COTELO MANUEL	2001	HERCULES	2:21.03	M 25	2022-04-23	Santa Isabel		11
		50M: 30.02								
2	1039755	RIVAS MACEIRAS ISAAC	1999	HERCULES	2:26.57	M 25	2022-04-23	Santa Isabel		8
		50M: 30.38								
25+										
1	1093472	DEL RIO REGUEIRA MARCOS	1993	CNLICEO	2:19.07	M 25	2022-04-23	Santa Isabel		11
		50M: 29.58								
2	1037076	COBELO REPRESAS FRANCISCO	1996	NPONTEA	2:35.30	M 25	2022-04-24	AS POZAS		8
		50M: 31.81								
3	1038178	IBAÑEZ CARRERA MANUEL GABRIEL	1996	NPONTEA	2:39.58	M 25	2022-04-24	AS POZAS		6
		50M: 32.29								
4	1038356	AZNAR GRILLE CARLOS JAVIER	1995	CMARINA	2:46.75	M 25	2022-04-23	Santa Isabel		5
		50M: 38.00								
5	1217072	GONZÁLEZ MUIÑOS ALEJANDRO	1996	HERCULES	2:50.57	M 25	2022-04-23	Santa Isabel		4
		50M: 35.28								
35+										
1	1089000	TABOADA VILA ALBERTO	1987	POURENSE	2:24.03	M 25	2022-04-24	AS POZAS		11
		50M: 31.38								
2	1141144	ARIETTO GARCIA JORGE	1986	RCNVIGO	2:29.61	M 25	2022-04-24	AS POZAS		8
		50M: 31.96								
3	1076287	PAZOS ALONSO JOSUE	1986	ESCUALOS	2:36.71	M 25	2022-04-24	AS POZAS		6
		50M: 34.30								
4	1097263	LAMEIRO SEOANE JAVIER	1987	HERCULES	2:57.49	M 25	2022-04-23	Santa Isabel		5
		50M: 37.76								
5	1214823	GONZALEZ PEÑAS DAVID	1984	POR-MIÑA	3:14.65	M 25	2022-04-23	Santa Isabel		4
		50M: 48.46								
6	1039360	POSE MATO CESAR	1983	ADFOGAR	4:25.97	M 25	2022-04-23	Santa Isabel		3
		50M: 1:05.02								
40+										
1	1141441	VAZQUEZ IGLESIAS JORGE	1981	CDELMAR	2:43.77	M 25	2022-04-23	Santa Isabel		11
		50M: 36.22								
2	1144789	MATIAS DUARTE ERICK	1982	HERCULES	2:52.51	M 25	2022-04-23	Santa Isabel		8
		50M: 37.92								
3	1143480	ABADES REBOREDO DANIEL	1978	HERCULES	2:55.55	M 25	2022-04-23	Santa Isabel		6
		50M: 35.30								
4	1076564	CABANELAS EIRAS PABLO	1979	CIDSANTI	2:56.92	M 25	2022-04-23	Santa Isabel		5

		50M: 37.92								
5	1178765	ESPAÑA CABEZAS JESÚS	1981	CIDSANTI	2:58.17	M 25	2022-04-23	Santa Isabel	4	
		50M: 37.12								
6	1093446	VAZQUEZ IGLESIAS DANIEL	1979	RBAIXAS	2:58.76	M 25	2022-04-24	AS POZAS	3	
		50M: 36.38								
7	1145052	FIERRO FERNÁNDEZ JULIO	1982	HERCULES	3:06.19	M 25	2022-04-23	Santa Isabel	2	
		50M: 40.14								
8	1144584	ALVAREZ SILVA RUBEN	1981	ESCUALOS	3:06.37	M 25	2022-04-24	AS POZAS	1	
		50M: 43.34								
9	1076282	CARRERA COSTAS ANDRES	1982	NPONTEA	3:18.19	M 25	2022-04-24	AS POZAS	0	
		50M: 41.84								
10	1143662	BALSA MOSQUERA PABLO	1978	CMARINA	3:31.15	M 25	2022-04-23	Santa Isabel	0	
		50M: 41.32								
45+										
1	1076544	GARABATOS RODRIGUEZ SANTIAGO	1974	RBAIXAS	2:29.26	M 25	2022-04-24	AS POZAS	11	
		50M: 30.93								
2	1205935	GUIRADO CARABEL OSCAR	1976	CULLERED	2:48.43	M 25	2022-04-23	Santa Isabel	8	
		50M: 31.92								
3	1079343	MOURIÑO ORTIGUERA ROBERTO C.	1974	NPONTEA	2:54.54	M 25	2022-04-24	AS POZAS	6	
		50M: 35.46								
4	1147287	ESCUDERO DANS DAVID	1973	HERCULES	3:06.20	M 25	2022-04-23	Santa Isabel	5	
		50M: 40.70								
5	1144117	PREGO MARTINEZ BENJAMIN	1973	NPONTEA	3:12.07	M 25	2022-04-24	AS POZAS	4	
		50M: 43.89								
6	1145005	FERNANDEZ IGLESIAS EMILIO J.	1977	NPONTEA	3:14.17	M 25	2022-04-24	AS POZAS	3	
		50M: 41.78								
7	1076535	DE LUIS GONZÁLEZ AITOR	1974	RCNVIGO	3:15.16	M 25	2022-04-24	AS POZAS	2	
		50M: 43.33								
50+										
1	1141504	BOUSO FUENTECILLA FERNANDO	1971	ESCUALOS	3:18.08	M 25	2022-04-24	AS POZAS	11	
		50M: 43.72								
2	1037161	TOME NOGUEIRA ALBERTO M.	1968	ADFOGAR	3:19.96	M 25	2022-04-23	Santa Isabel	8	
		50M: 42.68								
3	1079474	MANDADO RODRIGUEZ ENRIQUE	1972	HERCULES	3:25.99	M 25	2022-04-23	Santa Isabel	6	
		50M: 42.62								
4	1144698	CADAVID NUÑEZ JOSE	1970	POURENSE	3:45.88	M 25	2022-04-24	AS POZAS	5	
		50M: 54.05								
5	1193949	LAMELO OTERO RAMÓN J.	1968	CIDSANTI	4:08.43	M 25	2022-04-23	Santa Isabel	4	
		50M: 53.78								
6	1145039	FERREIRO SANCHEZ LUIS	1970	POURENSE	4:09.37	M 25	2022-04-24	AS POZAS	3	
		50M: 57.29								

55+										
1	1076516	JORGE IGLESIAS MARCELINO	1966	CNMOS	2:42.11	M 25	2022-04-24	AS POZAS		11
		50M: 35.34								
2	1141191	GARCIA SANJURJO JOSE MANUEL	1967	CDELMAR	3:19.57	M 25	2022-04-23	Santa Isabel		8
		50M: 40.42								
3	1143575	FERREIRA GONZALEZ XOSE ANXO	1966	CNREDON	3:28.60	M 25	2022-04-24	AS POZAS		6
		50M: 38.75								
65+										
1	1191492	TIMIRAOS CARRASCO LUIS	1956	POURENSE	6:13.61	M 25	2022-04-24	AS POZAS		11
		50M: 1:29.78								
70+										
1	1076487	RODRIGUEZ LEMOS ANDRES J.	1949	CNMOS	4:08.64	M 25	2022-04-24	AS POZAS		11
		50M: 56.36								

5. 100 m Costas Feminino

20+										
1	1038179	IBAÑEZ CARRERA SARA	2001	NPONTEA	1:13.63	M 25	2022-04-24	AS POZAS		11
		50E: 35.16								
2	1115615	PASCUAL GUTIERREZ MARIA TERESA	1998	HERCULES	1:16.75	M 25	2022-04-23	Santa Isabel		8
		50E: 37.48								
3	1037966	FERNANDEZ PARDO IRENE	2001	NPONTEA	1:18.38	M 25	2022-04-24	AS POZAS		6
		50E: 37.19								
4	1130789	GARCIA MIGUEZ ROSALIA	1998	GALAICO	1:20.31	M 25	2022-04-24	AS POZAS		5
		50E: 39.59								
5	1039634	LAGO CASTILLO NATALIA	1999	NCORUÑA	1:22.43	M 25	2022-04-23	Santa Isabel		4
		50E: 40.40								
6	1037177	RODRIGUEZ SANCHEZ ISABEL	2000	HERCULES	1:25.63	M 25	2022-04-23	Santa Isabel		3
		50E: 41.56								
25+										
1	1178773	CHAMADOIRA DOMÍNGUEZ JENNIFER	1994	NPONTEA	1:15.74	M 25	2022-04-24	AS POZAS		11
		50E: 36.30								
2	1038608	SUAREZ GARCIA SOFIA	1997	RBAIXAS	1:30.13	M 25	2022-04-24	AS POZAS		8
		50E: 44.65								
3	1038928	PARADA PACHECO PATRICIA	1995	MPVETUS	1:41.12	M 25	2022-04-24	AS POZAS		6
		50E: 47.65								
30+										
1	1212097	LOUREIRO AMOR BELEN MARTINA	1988	NTNARON	1:15.22	M 25	2022-04-23	Santa Isabel		11
		50E: 35.71								
2	1038086	VAZQUEZ GOMEZ LORENA	1989	CDELMAR	1:24.29	M 25	2022-04-23	Santa Isabel		8
		50E: 40.10								
3	1075742	VALIÑO GÓMEZ ESTHER	1988	RBAIXAS	1:25.25	M 25	2022-04-24	AS POZAS		6
		50E: 41.62								
4	1093454	PINO AGUIRRE CRISTINA	1988	TRICORUÑ	1:38.89	M 25	2022-04-23	Santa Isabel		5
		50E: 48.44								
5	1129954	GONZALEZ GARCIA COVADONGA	1989	GALAICO	1:58.84	M 25	2022-04-24	AS POZAS		4
		50E: 58.34								
35+										
1	1075225	SOUTO DERUNGS CRISTINA	1985	CNFERRO	1:31.19	M 25	2022-04-23	Santa Isabel		11
		50E: 43.70								
2	1146780	DURÁN VEIRAS RAQUEL	1984	ARTEIXO	1:34.29	M 25	2022-04-23	Santa Isabel		8
		50E: 45.24								
3	1141313	MIRA VAZQUEZ PAULA	1986	ESCUALOS	1:38.45	M 25	2022-04-24	AS POZAS		6

50E: 49.91

4	1036315	LOPEZ CORTABITARTE BELEN	1987	HERCULES	1:42.02	M 25	2022-04-23	Santa Isabel	5
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50E: 53.00

40+

1	1075221	HERMIDA RODRIGUEZ BLANCA	1981	CMARINA	1:21.31	M 25	2022-04-23	Santa Isabel	11
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50E: 39.62

2	1195584	ALAYON MORIN CRISTINA	1982	HERCULES	1:25.05	M 25	2022-04-23	Santa Isabel	8
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50E: 40.98

3	1143894	DE LORENZO FERNANDEZ MARIA	1978	ESCUALOS	1:37.37	M 25	2022-04-24	AS POZAS	6
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50E: 48.83

4	1170812	MARTIN CHRISTELLE	1981	ESCUALOS	1:42.19	M 25	2022-04-24	AS POZAS	5
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50E: 50.14

5	1075224	BROZOS VAZQUEZ ELENA MARIA	1982	CIDSANTI	2:11.81	M 25	2022-04-23	Santa Isabel	4
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50E: 1:02.86

6	1221624	RODRIGUEZ SOUTO MARIA	1978	NCORUÑA	2:23.05	M 25	2022-04-23	Santa Isabel	3
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50E: 1:08.78

45+

1	1214850	CORCOBA CARBIA RAQUEL	1977	SALESTRA	1:46.32	M 25	2022-04-23	Santa Isabel	11
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50E: 50.96

2	1185620	GRUEIRO CERCIDO PATRICIA	1976	NTNARON	1:55.05	M 25	2022-04-23	Santa Isabel	8
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50E: 56.36

3	1197606	CARBALLO BALOIRA SUSANA MARÍA	1975	HERCULES	2:08.69	M 25	2022-04-23	Santa Isabel	6
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50E: 1:01.59

4	1208841	PORTELA VILLANUEVA GEMA	1974	NPONTEA	2:14.53	M 25	2022-04-24	AS POZAS	5
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50E: 1:05.93

50+

1	1147115	HERNÁNDEZ ALFAGEME RITA	1971	RCNVIGO	1:34.66	M 25	2022-04-24	AS POZAS	11
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50E: 45.92

2	1037970	CALVIÑO CANCELA MARIA CRISTINA	1968	NPONTEA	2:00.33	M 25	2022-04-24	AS POZAS	8
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50E: 59.40

3	1076154	ABREU FERNANDEZ MARTA	1971	NPONTEA	2:13.31	M 25	2022-04-24	AS POZAS	6
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50E: 1:06.28

4	1143584	FERNANDEZ SESTELO MARIA JOSE	1970	NPONTEA	2:28.31	M 25	2022-04-24	AS POZAS	5
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50E: 1:12.94

5	1171721	VAZQUEZ ALONSO PATRICIA	1969	NPONTEA	2:34.23	M 25	2022-04-24	AS POZAS	4
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50E: 1:14.65

6	1145007	MELON PARENTE M. LOURDES	1969	NPONTEA	2:50.97	M 25	2022-04-24	AS POZAS	3
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50E: 1:27.89

55+

1	1086162	BARJA BARJA LILIANA	1965	CTRAVIE	1:44.04	M 25	2022-04-24	AS POZAS	11
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50E: 49.80

60+

1	1039437	BALADO LOPEZ ANA MARIA	1961	POURENSE	1:45.84	M 25	2022-04-24	AS POZAS	11
		50E: 53.55							
2	1141154	CELEMIN PORRERO MARIA TERESA	1959	GALAICO	2:10.15	M 25	2022-04-24	AS POZAS	8
		50E: 1:02.75							
3	1143893	REBOREDA MORILLO SUSANA	1962	ESCUALOS	2:22.90	M 25	2022-04-24	AS POZAS	6
		50E: 1:12.20							

65+

1	1075178	SAR MORANO DOLORES	1955	CULLERED	2:02.07	M 25	2022-04-23	Santa Isabel	11
		50E: 57.56							
2	1037151	GOMEZ DOVAL MARIA ANGELA	1956	CTRAVIE	2:34.23	M 25	2022-04-24	AS POZAS	8
		50E: 1:16.90							

75+

1	1076482	GONZALEZ RODRIGUEZ S. MARTA	1946	NPONTEA	3:26.84	M 25	2022-04-24	AS POZAS	11
		50E: 1:39.59							
2	1143507	PEREZ DOMINGUEZ MARIA LUISA	1944	RBAIXAS	4:15.18	M 25	2022-04-24	AS POZAS	8
		50E: 2:08.56							

80+

1	1058045	MORAL RUBIO ISABEL	1942	CTRAVIE	3:43.06	M 25	2022-04-24	AS POZAS	11
		50E: 1:44.99							

90+

1	1076485	IGLESIAS BLANCO CELIA	1932	CNMOS	5:10.22	M 25	2022-04-24	AS POZAS	11
		50E: 2:34.65							

6. 100 m Costas Masculino

20+									
1	1075914	VALCARCE DOMINGUEZ PABLO	1999	MOLEMOS	1:03.81	M 25	2022-04-24	AS POZAS	11
		50E: 30.91							
2	1039755	RIVAS MACEIRAS ISAAC	1999	HERCULES	1:09.71	M 25	2022-04-23	Santa Isabel	8
		50E: 34.06							
3	1141093	VILLAMOR FERRO RUBÉN	2000	ARTEIXO	1:14.47	M 25	2022-04-23	Santa Isabel	6
		50E: 36.70							
25+									
1	1093472	DEL RIO REGUEIRA MARCOS	1993	CNLICEO	1:06.65	M 25	2022-04-23	Santa Isabel	11
		50E: 32.24							
2	1144193	PASTORIZA SANTACLARA JORGE	1997	RBAIXAS	1:09.83	M 25	2022-04-24	AS POZAS	8
		50E: 33.87							
3	1037076	COBELO REPRESAS FRANCISCO	1996	NPONTEA	1:12.63	M 25	2022-04-24	AS POZAS	6
		50E: 34.68							
4	1039270	TRILLO RODRIGUEZ ADRIAN	1997	CNMOS	1:19.54	M 25	2022-04-24	AS POZAS	5
		50E: 39.37							
30+									
1	1010948	CAMPAÑA BARROS ADRIAN	1990	CIDSANTI	1:13.01	M 25	2022-04-23	Santa Isabel	11
		50E: 35.72							
2	1143890	FORTES NOVOA MARTIÑO	1988	ESCUALOS	1:19.06	M 25	2022-04-24	AS POZAS	8
		50E: 38.59							
3	1145090	MARTÍNEZ DOMÍNGUEZ IVÁN	1988	NPONTEA	1:39.30	M 25	2022-04-24	AS POZAS	6
		50E: 49.06							
35+									
1	1140778	RODRIGUEZ LAGO DAVID	1986	CIDSANTI	1:07.60	M 25	2022-04-23	Santa Isabel	11
		50E: 33.11							
2	1141144	ARIETTO GARCIA JORGE	1986	RCNVIGO	1:07.82	M 25	2022-04-24	AS POZAS	8
		50E: 33.41							
3	1076287	PAZOS ALONSO JOSUE	1986	ESCUALOS	1:18.46	M 25	2022-04-24	AS POZAS	6
		50E: 39.31							
4	1145073	FERNANDES MAGALHAES ANDRE	1986	RBAIXAS	1:46.46	M 25	2022-04-24	AS POZAS	5
		50E: 50.84							
5	1107557	MELLA BARBEITO JAVIER	1983	ARTEIXO	1:50.23	M 25	2022-04-23	Santa Isabel	4
		50E: 52.86							
6	1039360	POSE MATO CESAR	1983	ADFOGAR	2:11.10	M 25	2022-04-23	Santa Isabel	3
		50E: 1:02.52							

40+										
1	1199899	DOMINGUEZ PHILOCREON TICIANO	1981	CIDSANTI	1:31.66	M 25	2022-04-23	Santa Isabel	11	50E: 45.30
2	1178765	ESPAÑA CABEZAS JESÚS	1981	CIDSANTI	1:31.81	M 25	2022-04-23	Santa Isabel	8	50E: 45.74
3	1212075	GONZALEZ PARIS DAVID	1978	HERCULES	1:33.51	M 25	2022-04-23	Santa Isabel	6	50E: 43.72
4	1076542	GONZALEZ CONDE RODRIGO	1982	NPONTEA	1:50.28	M 25	2022-04-24	AS POZAS	5	50E: 53.71
45+										
1	1174152	TORRES NEIRA FRANCISCO	1975	MPVETUS	1:15.45	M 25	2022-04-24	AS POZAS	11	50E: 37.26
2	1050705	BELTRAN DIAZ EMILIO	1977	MOLEMOS	1:20.42	M 25	2022-04-24	AS POZAS	8	50E: 39.95
3	1197597	HERNAEZ OUBIÑA DAVID	1973	CULLERED	1:24.39	M 25	2022-04-23	Santa Isabel	6	50E: 40.90
4	1174679	DE MARTIN DIAZ RUBEN	1976	POURENSE	1:31.86	M 25	2022-04-24	AS POZAS	5	50E: 46.25
5	1127402	PEXEGUEIRO BALADRON NICOLAS	1977	CNMOS	1:34.05	M 25	2022-04-24	AS POZAS	4	50E: 46.71
6	1180236	DE LA VEGA GÁNDARAS FELIPE	1973	HERCULES	1:53.55	M 25	2022-04-23	Santa Isabel	3	50E: 48.20
50+										
1	1144601	PUENTE DÍAZ JAVIER	1971	CIDSANTI	1:26.39	M 25	2022-04-23	Santa Isabel	11	50E: 42.08
2	1076538	FUENTES FERNANDEZ EUGENIO	1972	RBAIXAS	1:31.47	M 25	2022-04-24	AS POZAS	8	50E: 44.57
3	1037161	TOME NOGUEIRA ALBERTO M.	1968	ADFOGAR	1:34.77	M 25	2022-04-23	Santa Isabel	6	50E: 46.76
4	1195569	PEREZ LEIVA MANUEL	1968	RBAIXAS	1:40.30	M 25	2022-04-24	AS POZAS	5	50E: 49.62
5	1141356	GENDE DIAZ JUAN FELIX	1970	ADFOGAR	1:42.53	M 25	2022-04-23	Santa Isabel	4	50E: 51.00
6	1144698	CADAVID NUÑEZ JOSE	1970	POURENSE	1:49.20	M 25	2022-04-24	AS POZAS	3	50E: 52.72
7	1195570	TERREN ENRUBIA LUCIO A	1970	RBAIXAS	1:55.22	M 25	2022-04-24	AS POZAS	2	50E: 53.92
8	1180249	SUAREZ FREIRE DAVID MANUEL	1968	RBAIXAS	2:19.46	M 25	2022-04-24	AS POZAS	1	50E: 1:10.48
55+										
1	1040281	MARTINEZ BERJANO JOSE MANUEL	1963	MOLEMOS	1:44.23	M 25	2022-04-24	AS POZAS	11	

50E: 50.81

2	1143966	FERNANDEZ GONZALEZ ALVARO	1965	CNMOS	1:55.01	M 25	2022-04-24	AS POZAS	8
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50E: 56.94

65+

1	1191492	TIMIRAOS CARRASCO LUIS	1956	POURENSE	2:55.36	M 25	2022-04-24	AS POZAS	11
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50E: 1:23.32

70+

1	1076487	RODRIGUEZ LEMOS ANDRES J.	1949	CNMOS	1:56.13	M 25	2022-04-24	AS POZAS	11
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50E: 58.99

2	1076488	MONROY FERNÁNDEZ MANUEL	1950	NPONTEA	2:05.12	M 25	2022-04-24	AS POZAS	8
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50E: 58.92

7. 50 m Braza Feminino

20+										
1	1075323	LOPEZ HERMIDA CLARA	2002	CNFERRO	39.38	M 25	2022-04-23	Santa Isabel		11
2	1037173	GONZALEZ BLANCO PATRICIA	2000	MOLEMOS	39.68	M 25	2022-04-24	AS POZAS		8
3	1140796	DIAZ DOPICO SABELA	2002	CNFERRO	40.12	M 25	2022-04-23	Santa Isabel		6
4	1039714	TABOADA ASOREY PAULA	2001	TRICORUÑ	41.45	M 25	2022-04-23	Santa Isabel		5
5	1145079	RIVADULLA MALLO M IRENE	1998	SALESTRA	44.82	M 25	2022-04-23	Santa Isabel		4
6	1038179	IBAÑEZ CARRERA SARA	2001	NPONTEA	46.64	M 25	2022-04-24	AS POZAS		3
25+										
1	1010173	ALVAREZ LIZ IRIA	1993	POURENSE	37.75	M 25	2022-04-24	AS POZAS		11
2	1221622	BUENADICHA AVILES INES	1995	NCORUÑA	41.45	M 25	2022-04-23	Santa Isabel		8
3	1038928	PARADA PACHECO PATRICIA	1995	MPVETUS	48.23	M 25	2022-04-24	AS POZAS		6
4	1145008	GONZALEZ PEREZ PAULA	1996	NPONTEA	50.48	M 25	2022-04-24	AS POZAS		5
5	1215890	FERNANDEZ PARADA CLARA	1993	POURENSE	1:08.48	M 25	2022-04-24	AS POZAS		4
30+										
1	1075231	VILLAR CAINZOS CLAUDIA	1992	CNFERRO	37.44	M 25	2022-04-23	Santa Isabel		11
2	1086350	RIVAS CARCACIA NATALIA	1991	ESCUALOS	40.46	M 25	2022-04-24	AS POZAS		8
3	1141212	RIVAS TENREIRO ARANTZA	1989	NTNARON	42.04	M 25	2022-04-23	Santa Isabel		6
4	1040545	POMBO LOPEZ BELEN	1992	CFVLUGO	44.02	M 25	2022-04-23	Santa Isabel		5
5	1038086	VAZQUEZ GOMEZ LORENA	1989	CDELMAR	44.16	M 25	2022-04-23	Santa Isabel		4
6	1144155	ALVAREZ COSTAS MARIA PAZ	1988	NPONTEA	45.30	M 25	2022-04-24	AS POZAS		3
7	1093454	PINO AGUIRRE CRISTINA	1988	TRICORUÑ	49.34	M 25	2022-04-23	Santa Isabel		2
8	1194024	ABELENDA POSE MARÍA ESTEFANIA	1989	CNLICEO	51.54	M 25	2022-04-23	Santa Isabel		1
9	1144979	SEOANE GOMEZ ANA	1992	GALAICO	52.78	M 25	2022-04-24	AS POZAS		0
10	1143566	FRANQUEIRA LOSADA LUCÍA	1989	CDELMAR	54.16	M 25	2022-04-23	Santa Isabel		0
11	1202705	MARTINEZ BARGIELA MARIA OLGA	1990	RBAIXAS	57.05	M 25	2022-04-24	AS POZAS		0
35+										
1	1219500	FRIAS DEL PALACIO SOLEDAD	1986	HERCULES	40.12	M 25	2022-04-23	Santa Isabel		11
2	1146780	DURÁN VEIRAS RAQUEL	1984	ARTEIXO	42.08	M 25	2022-04-23	Santa Isabel		8
3	1141313	MIRA VAZQUEZ PAULA	1986	ESCUALOS	48.19	M 25	2022-04-24	AS POZAS		6
4	1036315	LOPEZ CORTABITARTE BELEN	1987	HERCULES	50.34	M 25	2022-04-23	Santa Isabel		5
5	1145082	FARIÑA SOUSA NOEMI	1983	MPVETUS	52.17	M 25	2022-04-24	AS POZAS		4
6	1143898	GONZALEZ FERNANDEZ CORAL.M	1987	ESCUALOS	52.65	M 25	2022-04-24	AS POZAS		3
7	1041646	MOLANES PIÑEIRO MARIA ELENA	1984	RCNVIGO	52.74	M 25	2022-04-24	AS POZAS		2
8	1075225	SOUTO DERUNGS CRISTINA	1985	CNFERRO	53.10	M 25	2022-04-23	Santa Isabel		1
40+										
1	1143598	MIRA VAZQUEZ MARTA	1981	ESCUALOS	42.53	M 25	2022-04-24	AS POZAS		11

2	1182364	RODRIGUEZ RODRIGUEZ ZELTIA	1981	NTNARON	46.92	M 25	2022-04-23	Santa Isabel	8
3	1178775	COVELO SAAVEDRA NAHIR	1978	NPONTEA	48.34	M 25	2022-04-24	AS POZAS	6
4	1170845	CID ALVAREZ ISABEL	1980	ESCUALOS	51.57	M 25	2022-04-24	AS POZAS	5
5	1036387	VAZQUEZ PARCERO MARTA	1980	CMARINA	1:08.90	M 25	2022-04-23	Santa Isabel	4
6	1197602	SUAREZ LAMAS AIDA	1980	CULLERED	1:41.47	M 25	2022-04-23	Santa Isabel	3
45+									
1	1144068	RODRIGUEZ OLIVEIRA MANUELA	1977	ESCUALOS	43.82	M 25	2022-04-24	AS POZAS	11
2	1075209	HERNANDEZ TENREIRO MARTA	1975	CNFERRO	44.82	M 25	2022-04-23	Santa Isabel	8
3	1208832	CORREDOIRA KARINA HAYDEE	1974	NPONTEA	51.54	M 25	2022-04-24	AS POZAS	6
4	1075503	DE LA MONTAÑA ALCANTARA GLORIA	1973	RSDH	51.99	M 25	2022-04-23	Santa Isabel	4.5
5	1185620	GRUEIRO CERCIDO PATRICIA	1976	NTNARON	51.99	M 25	2022-04-23	Santa Isabel	4.5
6	1217806	PAZ BERMUDEZ MARIA	1976	SALESTRA	53.08	M 25	2022-04-23	Santa Isabel	3
7	1107383	CAMINO GONZALEZ CATUXA	1977	MPVETUS	54.50	M 25	2022-04-24	AS POZAS	2
8	1208841	PORTELA VILLANUEVA GEMA	1974	NPONTEA	1:02.03	M 25	2022-04-24	AS POZAS	1
50+									
1	1058998	MUTILBA OBREGON NURIA	1969	NPONTEA	46.37	M 25	2022-04-24	AS POZAS	11
2	1197600	SANDERSON HELEN JANE	1970	CULLERED	47.38	M 25	2022-04-23	Santa Isabel	8
3	1189938	LOPEZ RODRIGUEZ ADELA ELENA	1968	POURENSE	49.81	M 25	2022-04-24	AS POZAS	6
4	1075200	JIMENEZ PEREZ VICTORIA	1969	CNFERRO	49.88	M 25	2022-04-23	Santa Isabel	5
5	1202971	PEREZ PEREZ SONIA	1972	ESCUALOS	57.23	M 25	2022-04-24	AS POZAS	4
6	1171721	VAZQUEZ ALONSO PATRICIA	1969	NPONTEA	1:10.12	M 25	2022-04-24	AS POZAS	3
55+									
1	1038729	DEL AMO BLANCO MARGARITA	1967	NPONTEA	49.82	M 25	2022-04-24	AS POZAS	11
2	1212074	LOPEZ BLANCO M ^o ISABEL	1963	CULLERED	1:03.38	M 25	2022-04-23	Santa Isabel	8
3	1076253	MIGUEZ DE LA SIERRA ANGELES	1966	GALAICO	1:03.49	M 25	2022-04-24	AS POZAS	6
4	1144231	PEREZ GALLARDO TERESA	1964	POURENSE	1:19.53	M 25	2022-04-24	AS POZAS	5
5	1078803	MUIÑO ANDRADE MARIA JOSE	1964	ARTEIXO	1:24.14	M 25	2022-04-23	Santa Isabel	4
60+									
1	1214851	SÁNCHEZ CEBRIÁN OLGA	1962	TRICORUÑ	54.76	M 25	2022-04-23	Santa Isabel	11
2	1143893	REBOREDA MORILLO SUSANA	1962	ESCUALOS	57.26	M 25	2022-04-24	AS POZAS	8
3	1217937	RODRÍGUEZ TRONCOSO MARINA	1959	NPONTEA	1:04.08	M 25	2022-04-24	AS POZAS	6
65+									
1	1075178	SAR MORANO DOLORES	1955	CULLERED	57.24	M 25	2022-04-23	Santa Isabel	11
2	1076494	SUEIRO COSTAS M ^o CARMEN	1956	NPONTEA	1:30.36	M 25	2022-04-24	AS POZAS	8
75+									
1	1178774	CHANTADA GÓMEZ M. DEL CARMEN	1943	NPONTEA	2:31.01	M 25	2022-04-24	AS POZAS	11

8. 50 m Braza Masculino

20+										
1	1040558	PONTON RODRIGUEZ JUAN	2002	MOLEMOS	34.07	M 25	2022-04-24	AS POZAS		11
2	1111716	SIMON COTELO MANUEL	2001	HERCULES	34.76	M 25	2022-04-23	Santa Isabel		8
3	1037154	LOSADA JIMENEZ ALVARO	1999	CNFERRO	37.12	M 25	2022-04-23	Santa Isabel		6
4	1078716	HERMIDA RAMOS RAUL	2000	NTNARON	40.02	M 25	2022-04-23	Santa Isabel		5
5	1075259	GOMEZ SANTALLA MATEO	2001	CNFERRO	40.56	M 25	2022-04-23	Santa Isabel		4
25+										
1	1091951	COSTA PENA ANDRES	1996	CIDSANTI	32.40	M 25	2022-04-23	Santa Isabel		11
2	1038356	AZNAR GRILLE CARLOS JAVIER	1995	CMARINA	36.13	M 25	2022-04-23	Santa Isabel		8
3	1038178	IBAÑEZ CARRERA MANUEL GABRIEL	1996	NPONTEA	39.15	M 25	2022-04-24	AS POZAS		6
4	1198267	DOMÍNGUEZ ROMERO BRAIS	1997	CNFERRO	43.10	M 25	2022-04-23	Santa Isabel		5
30+										
1	1143890	FORTES NOVOA MARTIÑO	1988	ESCUALOS	35.94	M 25	2022-04-24	AS POZAS		11
2	1110754	FREIRE LOPEZ DIEGO	1991	ARTEIXO	38.80	M 25	2022-04-23	Santa Isabel		8
3	1023057	PEREZ VAZQUEZ TELMO	1988	CMARINA	39.53	M 25	2022-04-23	Santa Isabel		6
4	1212081	VELO RODRIGUEZ JUAN LUIS	1991	TRICORUÑ	39.81	M 25	2022-04-23	Santa Isabel		5
5	1178769	RODRÍGUEZ GONZÁLEZ A.J.	1991	CNFERRO	40.24	M 25	2022-04-23	Santa Isabel		4
6	1212076	PAIS MILLAN PAULO	1990	HERCULES	40.48	M 25	2022-04-23	Santa Isabel		3
7	1170846	PRESA PRESA SANTIAGO	1988	GALAICO	41.82	M 25	2022-04-24	AS POZAS		2
35+										
1	1143897	SEVILLA AROCA JAVIER	1983	ESCUALOS	36.21	M 25	2022-04-24	AS POZAS		11
2	1199549	MARTINEZ DOPAZO DAVID	1987	GALAICO	38.16	M 25	2022-04-24	AS POZAS		8
3	1203519	KRUGLOV MYKOLA	1985	ESCUALOS	39.70	M 25	2022-04-24	AS POZAS		6
40+										
1	1143601	NOGUEIRA-PINTO CRESPO HUGO	1978	ESCUALOS	34.15	M 25	2022-04-24	AS POZAS		11
2	1076560	EIRIZ DIEGUEZ DANIEL	1978	CNMOS	34.42	M 25	2022-04-24	AS POZAS		8
3	1093446	VAZQUEZ IGLESIAS DANIEL	1979	RBAIXAS	34.90	M 25	2022-04-24	AS POZAS		6
4	1141441	VAZQUEZ IGLESIAS JORGE	1981	CDELMAR	36.57	M 25	2022-04-23	Santa Isabel		5
5	1145052	FIERRO FERNÁNDEZ JULIO	1982	HERCULES	37.62	M 25	2022-04-23	Santa Isabel		4
6	1144789	MATIAS DUARTE ERICK	1982	HERCULES	39.68	M 25	2022-04-23	Santa Isabel		3
7	1180237	FOUZ ROUCO RUBÉN	1979	HERCULES	41.40	M 25	2022-04-23	Santa Isabel		2
8	1076282	CARRERA COSTAS ANDRES	1982	NPONTEA	42.41	M 25	2022-04-24	AS POZAS		1
9	1200126	TABOADA CALVELO JOSE CARLOS	1979	SALESTRA	43.38	M 25	2022-04-23	Santa Isabel		0
10	1178772	CARRERA RODRÍGUEZ RUBÉN	1979	NPONTEA	43.57	M 25	2022-04-24	AS POZAS		0
11	1084041	SUAREZ GARCIA SERGIO	1980	MPVETUS	45.31	M 25	2022-04-24	AS POZAS		0
12	1076542	GONZALEZ CONDE RODRIGO	1982	NPONTEA	45.46	M 25	2022-04-24	AS POZAS		0

13	1180167	COSTAS GONZALEZ PABLO	1979	NPONTEA	45.85	M 25	2022-04-24	AS POZAS	0
14	1215947	VAZQUEZ PEREZ LUIS FERNANDO	1979	CULLERED	57.28	M 25	2022-04-23	Santa Isabel	0
45+									
1	1205935	GUIRADO CARABEL OSCAR	1976	CULLERED	35.24	M 25	2022-04-23	Santa Isabel	11
2	1218110	HERMIDA SALIDO GUSTAVO	1977	NTNARON	38.80	M 25	2022-04-23	Santa Isabel	8
3	1147287	ESCUDERO DANS DAVID	1973	HERCULES	40.60	M 25	2022-04-23	Santa Isabel	6
4	1145058	VALCUENDE RODRIGUEZ JUAN MANUE	1976	HERCULES	41.24	M 25	2022-04-23	Santa Isabel	5
5	1079343	MOURIÑO ORTIGUERA ROBERTO C.	1974	NPONTEA	41.88	M 25	2022-04-24	AS POZAS	4
6	1174679	DE MARTIN DIAZ RUBEN	1976	POURENSE	42.86	M 25	2022-04-24	AS POZAS	3
7	1198887	FERNANDEZ BERMUDEZ VICENTE	1976	HERCULES	42.87	M 25	2022-04-23	Santa Isabel	2
8	1127402	PEXEGUEIRO BALADRON NICOLAS	1977	CNMOS	44.54	M 25	2022-04-24	AS POZAS	1
9	1144269	LOPEZ PAYO MARIO	1977	SALESTRA	44.92	M 25	2022-04-23	Santa Isabel	0
10	1191914	CARNERO FIRVIDA JOSE RAMÓN	1974	ESCUALOS	46.05	M 25	2022-04-24	AS POZAS	0
11	1144117	PREGO MARTINEZ BENJAMIN	1973	NPONTEA	46.10	M 25	2022-04-24	AS POZAS	0
12	1143482	COLLAZO ESMORIS GERARDO A.	1975	HERCULES	46.26	M 25	2022-04-23	Santa Isabel	0
13	1076535	DE LUIS GONZÁLEZ AITOR	1974	RCNVIGO	47.08	M 25	2022-04-24	AS POZAS	0
14	1078844	FERNANDEZ FERNANDEZ JOSE LUIS	1974	CIDSANTI	47.20	M 25	2022-04-23	Santa Isabel	0
15	1127349	SOBRINO EIRIZ MANUEL	1975	NPONTEA	47.68	M 25	2022-04-24	AS POZAS	0
16	1192271	MOURIÑO FORTES VICTOR MANUEL	1977	NPONTEA	47.75	M 25	2022-04-24	AS POZAS	0
50+									
1	1141504	BOUSO FUENTECILLA FERNANDO	1971	ESCUALOS	40.65	M 25	2022-04-24	AS POZAS	11
2	1178895	CRESPO PÉREZ ALBARINO	1970	ESCUALOS	40.84	M 25	2022-04-24	AS POZAS	8
3	1079474	MANDADO RODRIGUEZ ENRIQUE	1972	HERCULES	41.32	M 25	2022-04-23	Santa Isabel	6
4	1180239	MARTÍNEZ LEMA JOSÉ ANTONIO	1972	TRICORUÑ	42.80	M 25	2022-04-23	Santa Isabel	5
5	1180234	SÁNCHEZ SECO MANUEL	1968	ESCUALOS	43.63	M 25	2022-04-24	AS POZAS	4
6	1078814	CANOSA RODRIGUEZ ALFONSO J.	1971	ADFOGAR	48.94	M 25	2022-04-23	Santa Isabel	3
7	1197604	ARAUJO FERNÁNDEZ JOSE	1971	ESCUALOS	50.85	M 25	2022-04-24	AS POZAS	2
8	1208795	LORENZO GONZALEZ-VISO CARLOS	1971	POURENSE	51.08	M 25	2022-04-24	AS POZAS	1
9	1196051	BELISARIO PERAZA RAFAEL E	1972	ADFOGAR	51.30	M 25	2022-04-23	Santa Isabel	0
10	1145039	FERREIRO SANCHEZ LUIS	1970	POURENSE	51.40	M 25	2022-04-24	AS POZAS	0
11	1106828	TRILLO CARLIN JOSE FERNANDO	1968	ADFOGAR	53.47	M 25	2022-04-23	Santa Isabel	0
12	1197594	BORRAZAS ZAS JOSE FERNANDO	1970	CULLERED	59.34	M 25	2022-04-23	Santa Isabel	0
55+									
1	1076516	JORGE IGLESIAS MARCELINO	1966	CNMOS	34.12	M 25	2022-04-24	AS POZAS	11
2	1141191	GARCIA SANJURJO JOSE MANUEL	1967	CDELMAR	43.20	M 25	2022-04-23	Santa Isabel	8
3	1143966	FERNANDEZ GONZALEZ ALVARO	1965	CNMOS	48.97	M 25	2022-04-24	AS POZAS	6
4	1144712	MONTERO FERNANDEZ JOSE ANTONIO	1963	POURENSE	58.71	M 25	2022-04-24	AS POZAS	5
60+									
1	1143896	PERDIZ GONZALEZ JOSE RAMON	1958	ESCUALOS	53.45	M 25	2022-04-24	AS POZAS	11

65+										
1	1141150	RODRIGUEZ VIEITO RICARDO M.	1957	CNMOS	49.24	M 25	2022-04-24	AS POZAS		11
2	1076495	PAZOS CABAL MIGUEL	1955	ADFOGAR	1:27.06	M 25	2022-04-23	Santa Isabel		8
80+										
1	1143430	ARAUJO DOMINGUEZ FRANCISCO	1940	NPONTEA	1:18.23	M 25	2022-04-24	AS POZAS		11

9. 4x100 m Libre Mixta

+80									
1	C. HÉRCULES TERMARIA	HERCULES	4:09.30	M 25	2022-04-23	Santa Isabel	22		
	RIVAS MACEIRAS ISAAC (1999)	50L: 28.02	100L: 59.03						
	PASCUAL GUTIERREZ MARIA TERESA (1998)								
	RODRIGUEZ SANCHEZ ISABEL (2000)								
	SIMON COTELO MANUEL (2001)								
2	C. N. FERROL	CNFERRO	4:09.97	M 25	2022-04-23	Santa Isabel	16		
	DIAZ DOPICO SABELA (2002)	50L: 32.06	100L: 1:06.39						
	GOMEZ SANTALLA MATEO (2001)								
	LOPEZ HERMIDA CLARA (2002)								
	LOSADA JIMENEZ ALVARO (1999)								
3	C. N. PONTEAREAS	NPONTEA	5:43.09	M 25	2022-04-24	AS POZAS	12		
	IBAÑEZ CARRERA SARA (2001)	50L: 31.96	100L: 1:07.54						
	MARTÍNEZ DOMÍNGUEZ IVÁN (1988)								
	FERNANDEZ PARDO IRENE (2001)								
	GÓMEZ MÉNDEZ BORJA (2002)								
+100									
1	C. N. PONTEAREAS	NPONTEA	4:31.32	M 25	2022-04-24	AS POZAS	22		
	CHAMADOIRA DOMÍNGUEZ JENNIFER (1994)	50L: 32.10	100L: 1:07.60						
	COBELO REPRESAS FRANCISCO (1996)								
	IBAÑEZ CARRERA MANUEL GABRIEL (1996)								
	ALVAREZ COSTAS MARIA PAZ (1988)								
2	C. HÉRCULES TERMARIA	HERCULES	4:44.65	M 25	2022-04-23	Santa Isabel	16		
	LAMEIRO SEOANE JAVIER (1987)	50L: 32.46	100L: 1:08.37						
	ESPIÑO ALBELA ANDREA (1994)								
	PEREZ MONTOYA MARIA DEL CARMEN (1993)								
	GONZÁLEZ MUIÑOS ALEJANDRO (1996)								
+120									
1	C. N. VIGO RÍAS BAIXAS	RBAIXAS	4:31.62	M 25	2022-04-24	AS POZAS	22		
	VALIÑO GÓMEZ ESTHER (1988)	50L: 35.15	100L: 1:12.12						
	VAZQUEZ IGLESIAS DANIEL (1979)								
	SUAREZ GARCIA SOFIA (1997)								
	GARABATOS RODRIGUEZ SANTIAGO (1974)								
2	C. DEP. N. CIDADE DE SANTIAGO	CIDSANTI	4:47.77	M 25	2022-04-23	Santa Isabel	16		
	BROZOS VAZQUEZ ELENA MARIA (1982)	50L: 48.00	100L: 1:41.59						
	COSTA PENA ANDRES (1996)								
	RODRIGUEZ LAGO DAVID (1986)								
	SANZ BARRIONUEVO MARIA LUISA (1991)								

3	C. N. FERROL	CNFERRO	4:50.33	M 25	2022-04-23	Santa Isabel	12
	RODRÍGUEZ GONZÁLEZ A.J. (1991)	50L: 32.20	100L: 1:07.15				
	HERNANDEZ TENREIRO MARTA (1975)						
	DOMÍNGUEZ ROMERO BRAIS (1997)						
	VILLAR CAINZOS CLAUDIA (1992)						
4	C. N. ESCUALOS	ESCUALOS	5:05.89	M 25	2022-04-24	AS POZAS	10
	PAZOS ALONSO JOSUE (1986)	50L: 30.15	100L: 1:02.48				
	ALVAREZ SILVA RUBEN (1981)						
	MARTIN CHRISTELLE (1981)						
	RIVAS CARCACIA NATALIA (1991)						
5	C. N. MASTER PONS VETUS	MPVETUS	5:23.72	M 25	2022-04-24	AS POZAS	8
	PARADA PACHECO PATRICIA (1995)	50L: 41.75	100L: 1:28.19				
	GOLPE IGLESIAS JOSE ANTONIO (1982)						
	FARIÑA SOUSA NOEMI (1983)						
	TORRES NEIRA FRANCISCO (1975)						
6	C. N. GALAICO	GALAICO	5:23.74	M 25	2022-04-24	AS POZAS	6
	MARTINEZ DOPAZO DAVID (1987)	50L: 32.34	100L: 1:07.74				
	FERNANDEZ GARCIA MARINA (1997)						
	CRESPO ESTEVEZ LAURA (1994)						
	PRESA PRESA SANTIAGO (1988)						
7	C. N. ARTEIXO	ARTEIXO	5:25.99	M 25	2022-04-23	Santa Isabel	4
	FREIRE LOPEZ DIEGO (1991)	50L: 29.76	100L: 1:05.45				
	DURÁN VEIRAS RAQUEL (1984)						
	MELLA BARBEITO JAVIER (1983)						
	TASENDE LÓPEZ XEILA (1997)						
8	C. N. PONTEAREAS	NPONTEA	5:32.52	M 25	2022-04-24	AS POZAS	2
	COSTAS GONZALEZ PABLO (1979)	50L: 36.47	100L: 1:16.56				
	GONZALEZ PEREZ PAULA (1996)						
	CARRERA COSTAS ANDRES (1982)						
	OLMO VAQUEIRO LETICIA (1981)						
9	C. HÉRCULES TERMARIA	HERCULES	5:32.95	M 25	2022-04-23	Santa Isabel	0
	FOUZ ROUCO RUBÉN (1979)	50L: 33.34	100L: 1:05.87				
	LOPEZ CORTABITARTE BELEN (1987)						
	CARBALLO BALOIRA SUSANA MARÍA (1975)						
	PAIS MILLAN PAULO (1990)						
10	C. MARINA FERROL	CMARINA	5:37.47	M 25	2022-04-23	Santa Isabel	0
	HERMIDA RODRIGUEZ BLANCA (1981)	50L: 34.04	100L: 1:11.41				
	BALSA MOSQUERA PABLO (1978)						
	VAZQUEZ PARCERO MARTA (1980)						
	AZNAR GRILLE CARLOS JAVIER (1995)						
11	C. N. PABELLÓN OURENSE	POURENSE	6:14.58	M 25	2022-04-24	AS POZAS	0
	ALVAREZ LIZ IRIA (1993)	50L: 33.18	100L: 1:07.84				
	LORENZO GONZALEZ-VISO CARLOS (1971)						
	FERNANDEZ PARADA CLARA (1993)						

RICO CARAMES PABLO (1981)

+160

1	C. HÉRCULES TERMARIA	HERCULES	4:37.53	M 25	2022-04-23	Santa Isabel	22
	ABADES REBOREDO DANIEL (1978)	50L: 32.33	100L: 1:05.36				
	FRIAS DEL PALACIO SOLEDAD (1986)						
	ALAYON MORIN CRISTINA (1982)						
	COLLAZO ESMORIS GERARDO A. (1975)						
2	C. N. ESCUALOS	ESCUALOS	4:43.88	M 25	2022-04-24	AS POZAS	16
	SEVILLA AROCA JAVIER (1983)	50L: 30.15	100L: 1:02.40				
	NOGUEIRA-PINTO CRESPO HUGO (1978)						
	RODRIGUEZ OLIVEIRA MANUELA (1977)						
	MIRA VAZQUEZ MARTA (1981)						
3	C. DEL MAR DE SAN AMARO	CDELMAR	5:04.59	M 25	2022-04-23	Santa Isabel	12
	VAZQUEZ IGLESIAS JORGE (1981)	50L: 29.90	100L: 1:03.43				
	VAZQUEZ GOMEZ LORENA (1989)						
	GARCIA SANJURJO JOSE MANUEL (1967)						
	FRANQUEIRA LOSADA LUCÍA (1989)						
4	C. N. E SALVAMENTO A ESTRADA	SALESTRA	5:10.95	M 25	2022-04-23	Santa Isabel	10
	RIVADULLA MALLO M IRENE (1998)	50L: 33.14	100L: 1:09.87				
	CORCOBA CARBIA RAQUEL (1977)						
	DURO GONZALEZ ANTONIO (1974)						
	LOPEZ PAYO MARIO (1977)						
5	REAL C. NÁUTICO DE VIGO	RCNVIGO	5:13.46	M 25	2022-04-24	AS POZAS	8
	ARIETTO GARCIA JORGE (1986)	50L: 28.23	100L: 58.71				
	HERNÁNDEZ ALFAGEME RITA (1971)						
	MOLANES PIÑEIRO MARIA ELENA (1984)						
	DE LUIS GONZÁLEZ AITOR (1974)						
6	C. TRIATLÓN CORUÑA	TRICORUÑ	5:17.03	M 25	2022-04-23	Santa Isabel	6
	SÁNCHEZ CEBRIÁN OLGA (1962)	50L: 42.00	100L: 1:27.59				
	VELO RODRIGUEZ JUAN LUIS (1991)						
	PINO AGUIRRE CRISTINA (1988)						
	FERNÁNDEZ LAGUNA F.J. (1987)						
7	C. N. PONTEAREAS	NPONTEA	5:18.99	M 25	2022-04-24	AS POZAS	4
	MOURIÑO FORTES VICTOR MANUEL (1977)	50L: 34.66	100L: 1:12.56				
	FERNANDEZ IGLESIAS EMILIO J. (1977)						
	VARELA REDONDO VERONICA (1975)						
	CORREDOIRA KARINA HAYDEE (1974)						

+200

1	C. N. CULLEREDO	CULLERED	5:21.81	M 25	2022-04-23	Santa Isabel	22
	SANDERSON HELEN JANE (1970)	50L: 39.78	100L: 1:21.55				
	LOPEZ BLANCO Mº ISABEL (1963)						
	HERNAEZ OUBIÑA DAVID (1973)						

	GUIRADO CARABEL OSCAR (1976)							
2	C. N. PONTEAREAS	NPONTEA	5:30.12	M 25	2022-04-24	AS POZAS		16
	MOURIÑO ORTIGUERA ROBERTO C. (1974)	50L: 32.98	100L: 1:08.65					
	SOBRINO EIRIZ MANUEL (1975)							
	MUTILBA OBREGON NURIA (1969)							
	DEL AMO BLANCO MARGARITA (1967)							
3	C. N. ESCUALOS	ESCUALOS	5:54.24	M 25	2022-04-24	AS POZAS		12
	BOUSO FUENTECILLA FERNANDO (1971)	50L: 39.05	100L: 1:18.00					
	SÁNCHEZ SECO MANUEL (1968)							
	DE LORENZO FERNANDEZ MARIA (1978)							
	REBOREDA MORILLO SUSANA (1962)							
4	C. N. PABELLÓN OURENSE	POURENSE	7:28.12	M 25	2022-04-24	AS POZAS		10
	CADAVID NUÑEZ JOSE (1970)	50L: 43.86	100L: 1:39.40					
	PEREZ GALLARDO TERESA (1964)							
	MONTERO FERNANDEZ JOSE ANTONIO (1963)							
	LOPEZ RODRIGUEZ ADELA ELENA (1968)							
5	C. N. CULLEREDO	CULLERED	7:35.55	M 25	2022-04-23	Santa Isabel		8
	SAR MORANO DOLORES (1955)	50L: 51.44	100L: 1:52.97					
	VAZQUEZ PEREZ LUIS FERNANDO (1979)							
	SUAREZ LAMAS AIDA (1980)							
	BORRAZAS ZAS JOSE FERNANDO (1970)							
6	C. N. VIGO RÍAS BAIXAS	RBAIXAS	9:02.21	M 25	2022-04-24	AS POZAS		6
	PEREZ DOMINGUEZ MARIA LUISA (1944)	50L: 2:04.53	100L: 4:12.94					
	MARTINEZ BARGIELA MARIA OLGA (1990)							
	SUAREZ FREIRE DAVID MANUEL (1968)							
	TERREN ENRUBIA LUCIO A (1970)							

+240

1	C. N. PONTEAREAS	NPONTEA	6:41.64	M 25	2022-04-24	AS POZAS		22
	PREGO MARTINEZ BENJAMIN (1973)	50L: 36.53	100L: 1:16.74					
	MONROY FERNÁNDEZ MANUEL (1950)							
	CALVIÑO CANCELA MARIA CRISTINA (1968)							
	SUEIRO COSTAS M ^a CARMEN (1956)							
2	C. N. PABELLÓN OURENSE	POURENSE	7:14.66	M 25	2022-04-24	AS POZAS		16
	BLANCO PEREZ ANGEL (1964)	50L: 41.18	100L: 1:26.61					
	BALADO LOPEZ ANA MARIA (1961)							
	TIMIRAOS CARRASCO LUIS (1956)							
	ACEVEDO REGO ERMITAS (1966)							

+280

1	C. N. PONTEAREAS	NPONTEA	10:49.49	M 25	2022-04-24	AS POZAS		22
	CHANTADA GÓMEZ M. DEL CARMEN (1943)	50L: 1:38.96	100L: 3:40.83					
	CARRERA RODRÍGUEZ RUBÉN (1979)							
	ARAUJO DOMINGUEZ FRANCISCO (1940)							



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