

Prueba 1
12/12/2020

Masc., 2000m Libre

INFANTIL MASCULINO LD
Resultados

Clasificación

AN

Marca

1. RAMOS PEREZ, Nicolas Anton	06	NFERROL	23:03.63	19,00
100m: 1:07.09 1:07.09	600m: 6:58.41 1:09.86	1100m: 12:43.31 1:09.37	1600m: 18:31.81 1:10.37	
200m: 2:17.02 1:09.93	700m: 8:07.08 1:08.67	1200m: 13:52.69 1:09.38	1700m: 19:42.18 1:10.37	
300m: 3:27.68 1:10.66	800m: 9:15.91 1:08.83	1300m: 15:02.91 1:10.22	1800m: 20:52.41 1:10.23	
400m: 4:38.44 1:10.76	900m: 10:24.44 1:08.53	1400m: 16:10.98 1:08.07	1900m: 22:00.73 1:08.32	
500m: 5:48.55 1:10.11	1000m: 11:33.94 1:09.50	1500m: 17:21.44 1:10.46	2000m: 23:03.63 1:02.90	
2. MANEIROS PAZ, Mario	06	NFERROL	23:04.12	16,00
100m: 1:06.55 1:06.55	600m: 6:57.61 1:09.97	1100m: 12:42.57 1:08.96	1600m: 18:31.03 1:09.86	
200m: 2:16.61 1:10.06	700m: 8:06.25 1:08.64	1200m: 13:51.96 1:09.39	1700m: 19:41.47 1:10.44	
300m: 3:27.21 1:10.60	800m: 9:14.42 1:08.17	1300m: 15:02.43 1:10.47	1800m: 20:52.07 1:10.60	
400m: 4:38.05 1:10.84	900m: 10:23.91 1:09.49	1400m: 16:10.11 1:07.68	1900m: 21:59.41 1:07.34	
500m: 5:47.64 1:09.59	1000m: 11:33.61 1:09.70	1500m: 17:21.17 1:11.06	2000m: 23:04.12 1:04.71	
3. NAVARRO LOSADA, Sergi	07	NFERROL	23:45.31	-
100m: 1:07.50 1:07.50	600m: 7:04.53 1:12.32	1100m: 13:05.71 1:11.18	1600m: 19:00.50 1:11.39	
200m: 2:17.31 1:09.81	700m: 8:16.28 1:11.75	1200m: 14:15.96 1:10.25	1700m: 20:12.61 1:12.11	
300m: 3:28.25 1:10.94	800m: 9:28.86 1:12.58	1300m: 15:26.53 1:10.57	1800m: 21:25.04 1:12.43	
400m: 4:40.21 1:11.96	900m: 10:41.86 1:13.00	1400m: 16:37.53 1:11.00	1900m: 22:37.56 1:12.52	
500m: 5:52.21 1:12.00	1000m: 11:54.53 1:12.67	1500m: 17:49.11 1:11.58	2000m: 23:45.31 1:07.75	
4. VAZQUEZ COSTA, Miguel	06	GALAICO	23:48.70	14,00
100m: 1:06.36 1:06.36	600m: 7:09.09 1:12.37	1100m: 13:07.97 1:11.08	1600m: 19:04.78 1:11.40	
200m: 2:18.07 1:11.71	700m: 8:21.35 1:12.26	1200m: 14:18.34 1:10.37	1700m: 20:16.77 1:11.99	
300m: 3:30.56 1:12.49	800m: 9:32.98 1:11.63	1300m: 15:29.08 1:10.74	1800m: 21:27.81 1:11.04	
400m: 4:43.69 1:13.13	900m: 10:45.02 1:12.04	1400m: 16:40.63 1:11.55	1900m: 22:39.69 1:11.88	
500m: 5:56.72 1:13.03	1000m: 11:56.89 1:11.87	1500m: 17:53.38 1:12.75	2000m: 23:48.70 1:09.01	
5. VAZQUEZ FERNANDEZ, Nicolas	06	GALAICO	24:30.22	13,00
100m: 1:07.29 1:07.29	600m: 7:15.01 1:13.29	1100m: 13:25.87 1:14.24	1600m: 16:36.75	
200m: 2:19.47 1:12.18	700m: 8:29.26 1:14.25	1200m: 14:39.94 1:14.07	1700m: 20:50.11 4:13.36	
300m: 3:33.07 1:13.60	800m: 9:43.40 1:14.14	1300m: 15:54.26 1:14.32	1800m: 22:04.03 1:13.92	
400m: 4:47.47 1:14.40	900m: 10:57.59 1:14.19	1400m: 17:08.97 1:14.71	1900m: 23:18.18 1:14.15	
500m: 6:01.72 1:14.25	1000m: 12:11.63 1:14.04	1500m: 18:23.21 1:14.24	2000m: 24:30.22 1:12.04	
6. CUBEIRO ROSENDE, Xoel	07	LICEO	24:44.66	12,00
100m: 1:10.94 1:10.94	600m: 7:24.87 1:15.24	1100m: 13:37.91 1:14.75	1600m: 19:45.41 1:11.07	
200m: 2:16.13 1:05.19	700m: 8:38.91 1:14.04	1200m: 14:52.41 1:14.50	1700m: 21:04.56 1:19.15	
300m: 3:40.41 1:24.28	800m: 9:52.81 1:13.90	1300m: 16:05.31 1:12.90	1800m: 22:20.06 1:15.50	
400m: 4:54.98 1:14.57	900m: 11:07.66 1:14.85	1400m: 17:19.38 1:14.07	1900m: 23:34.41 1:14.35	
500m: 6:09.63 1:14.65	1000m: 12:23.16 1:15.50	1500m: 18:34.34 1:14.96	2000m: 24:44.66 1:10.25	
7. GIL-RIVERA BARBEITO, Pablo	06	CDELMAR	24:54.95	11,00
100m: 1:10.66 1:10.66	600m: 7:25.53 1:14.75	1100m: 13:39.56 1:14.72	1600m: 19:56.78 1:14.90	
200m: 2:25.98 1:15.32	700m: 8:41.63 1:16.10	1200m: 14:54.28 1:14.72	1700m: 21:13.13 1:16.35	
300m: 3:41.13 1:15.15	800m: 9:55.53 1:13.90	1300m: 16:09.88 1:15.60	1800m: 22:27.88 1:14.75	
400m: 4:56.13 1:15.00	900m: 11:10.06 1:14.53	1400m: 17:25.34 1:15.46	1900m: 23:43.06 1:15.18	
500m: 6:10.78 1:14.65	1000m: 12:24.84 1:14.78	1500m: 18:41.88 1:16.54	2000m: 24:54.95 1:11.89	
8. TEIJEIRO PRADO, Xoel	06	FLUVIAL	25:09.53	10,00
100m: 1:10.59 1:10.59	600m: 7:28.09 1:15.71	1100m: 13:51.66 1:16.96	1600m: 20:12.16 1:15.78	
200m: 2:25.88 1:15.29	700m: 8:44.48 1:16.39	1200m: 15:06.98 1:15.32	1700m: 21:28.84 1:16.68	
300m: 3:41.23 1:15.35	800m: 10:01.16 1:16.68	1300m: 16:22.78 1:15.80	1800m: 22:44.41 1:15.57	
400m: 4:56.45 1:15.22	900m: 11:17.84 1:16.68	1400m: 17:39.13 1:16.35	1900m: 23:59.03 1:14.62	
500m: 6:12.38 1:15.93	1000m: 12:34.70 1:16.86	1500m: 18:56.38 1:17.25	2000m: 25:09.53 1:10.50	

Prueba 1, Masc., 2000m Libre, INFANTIL MASCULINO LD

Clasificación

AN

Marca

9.	NAVARRO LOSADA, Miquel	06	NFERROL	25:59.06	-
	100m: 1:11.45 1:11.45	600m: 7:36.15 1:17.94	1100m: 14:06.75 1:19.17	1600m: 20:47.22 1:20.90	
	200m: 2:27.09 1:15.64	700m: 8:53.24 1:17.09	1200m: 15:26.26 1:19.51	1700m: 22:07.67 1:20.45	
	300m: 3:44.28 1:17.19	800m: 10:11.43 1:18.19	1300m: 16:46.27 1:20.01	1800m: 23:26.73 1:19.06	
	400m: 5:01.53 1:17.25	900m: 11:29.61 1:18.18	1400m: 18:05.84 1:19.57	1900m: 24:43.68 1:16.95	
	500m: 6:18.21 1:16.68	1000m: 12:47.58 1:17.97	1500m: 19:26.32 1:20.48	2000m: 25:59.06 1:15.38	
10.	BARROS DA SILVA, PEDRO	07	GALAICO	26:07.61	-
	100m: 1:12.78 1:12.78	600m: 7:45.66 1:19.01	1100m: 14:21.26 1:19.32	1600m: 20:54.65 1:18.46	
	200m: 2:30.66 1:17.88	700m: 9:04.20 1:18.54	1200m: 15:40.46 1:19.20	1700m: 22:13.49 1:18.84	
	300m: 3:48.90 1:18.24	800m: 10:22.68 1:18.48	1300m: 16:59.86 1:19.40	1800m: 23:32.15 1:18.66	
	400m: 5:08.00 1:19.10	900m: 11:42.41 1:19.73	1400m: 18:18.94 1:19.08	1900m: 24:52.45 1:20.30	
	500m: 6:26.65 1:18.65	1000m: 13:01.94 1:19.53	1500m: 19:36.19 1:17.25	2000m: 26:07.61 1:15.16	
11.	FARO MARTINEZ, Yoel	07	PONTEA	26:17.56	9,00
	100m: 1:13.28 1:13.28	600m: 7:50.46 1:19.15	1100m: 14:32.14 1:20.55	1600m: 21:05.09 1:18.02	
	200m: 2:32.28 1:19.00	700m: 9:10.57 1:20.11	1200m: 15:52.39 1:20.25	1700m: 22:23.92 1:18.83	
	300m: 3:51.28 1:19.00	800m: 10:31.17 1:20.60	1300m: 17:11.03 1:18.64	1800m: 23:42.21 1:18.29	
	400m: 5:11.46 1:20.18	900m: 11:51.74 1:20.57	1400m: 18:29.17 1:18.14	1900m: 25:01.53 1:19.32	
	500m: 6:31.31 1:19.85	1000m: 13:11.59 1:19.85	1500m: 19:47.07 1:17.90	2000m: 26:17.56 1:16.03	
12.	ORTEGO PORTA, ANDRE	07	GALAICO	27:06.97	-
	100m: 1:15.34 1:15.34	600m: 8:03.09 1:21.79	1100m: 14:52.94 1:22.26	1600m: 21:42.72 1:21.10	
	200m: 2:35.66 1:20.32	700m: 9:24.72 1:21.63	1200m: 16:15.28 1:22.34	1700m: 23:04.55 1:21.83	
	300m: 3:56.84 1:21.18	800m: 10:46.47 1:21.75	1300m: 17:37.47 1:22.19	1800m: 24:26.25 1:21.70	
	400m: 5:18.34 1:21.50	900m: 12:08.30 1:21.83	1400m: 18:59.09 1:21.62	1900m: 25:48.22 1:21.97	
	500m: 6:41.30 1:22.96	1000m: 13:30.68 1:22.38	1500m: 20:21.62 1:22.53	2000m: 27:06.97 1:18.75	
13.	CACHEDA IGLESIAS, NICOLAS	07	GALAICO	27:09.89	-
	100m: 1:15.34 1:15.34	600m: 8:04.17 1:22.36	1100m: 14:53.78 1:22.50	1600m: 21:44.67 1:22.28	
	200m: 2:36.09 1:20.75	700m: 9:25.81 1:21.64	1200m: 16:16.24 1:22.46	1700m: 23:06.57 1:21.90	
	300m: 3:57.99 1:21.90	800m: 10:46.99 1:21.18	1300m: 17:38.49 1:22.25	1800m: 24:28.81 1:22.24	
	400m: 5:19.21 1:21.22	900m: 12:08.81 1:21.82	1400m: 19:00.81 1:22.32	1900m: 25:51.07 1:22.26	
	500m: 6:41.81 1:22.60	1000m: 13:31.28 1:22.47	1500m: 20:22.39 1:21.58	2000m: 27:09.89 1:18.82	
14.	ACEVEDO MENDEZ, Gabriel	06	PONTEA	27:12.53	8,00
	100m: 1:13.84 1:13.84	600m: 7:57.53 1:22.46	1100m: 14:52.31 1:21.97	1600m: 21:47.59 1:25.17	
	200m: 2:32.21 1:18.37	700m: 9:20.39 1:22.86	1200m: 16:16.46 1:24.15	1700m: 23:11.28 1:23.69	
	300m: 3:52.07 1:19.86	800m: 10:43.39 1:23.00	1300m: 17:38.21 1:21.75	1800m: 24:32.84 1:21.56	
	400m: 5:13.31 1:21.24	900m: 12:06.09 1:22.70	1400m: 18:59.99 1:21.78	1900m: 25:54.09 1:21.25	
	500m: 6:35.07 1:21.76	1000m: 13:30.34 1:24.25	1500m: 20:22.42 1:22.43	2000m: 27:12.53 1:18.44	
15.	PEREZ GARCIA, IKER	07	GALAICO	27:40.87	-
	100m: 1:17.14 1:17.14	600m: 8:06.92 1:23.00	1100m: 15:10.04 1:25.68	1600m: 22:15.80 1:23.29	
	200m: 2:37.97 1:20.83	700m: 9:30.30 1:23.38	1200m: 16:35.17 1:25.13	1700m: 23:39.48 1:23.68	
	300m: 4:01.02 1:23.05	800m: 10:54.59 1:24.29	1300m: 18:02.46 1:27.29	1800m: 25:03.77 1:24.29	
	400m: 5:21.44 1:20.42	900m: 12:19.84 1:25.25	1400m: 19:27.79 1:25.33	1900m: 36:24.69 11:20.92	
	500m: 6:43.92 1:22.48	1000m: 13:44.36 1:24.52	1500m: 20:52.51 1:24.72	2000m: 27:40.87	
16.	ESTEVEZ DOMINGUEZ, Xavi	07	PONTEA	27:41.29	-
	100m: 1:18.51 1:18.51	600m: 8:15.36 1:23.35	1100m: 15:16.95 1:24.16	1600m: 22:15.94 1:21.20	
	200m: 2:42.01 1:23.50	700m: 9:38.88 1:23.52	1200m: 16:41.86 1:24.91	1700m: 23:38.73 1:22.79	
	300m: 4:05.24 1:23.23	800m: 11:04.26 1:25.38	1300m: 18:05.82 1:23.96	1800m: 25:01.44 1:22.71	
	400m: 5:28.32 1:23.08	900m: 12:28.96 1:24.70	1400m: 19:29.98 1:24.16	1900m: 26:24.06 1:22.62	
	500m: 6:52.01 1:23.69	1000m: 13:52.79 1:23.83	1500m: 20:54.74 1:24.76	2000m: 27:41.29 1:17.23	

Prueba 1, Masc., 2000m Libre, INFANTIL MASCULINO LD

Clasificación	AN				Marca			
17. OTERO GARCIA, ISAAC	07 GALAICO				27:52.30 -			
100m: 1:16.84 1:16.84	600m: 8:16.36 1:23.82	1100m: 15:17.51 1:24.83	1600m: 22:16.23 1:23.99					
200m: 2:40.29 1:23.45	700m: 9:40.43 1:24.07	1200m: 16:40.93 1:23.42	1700m: 23:40.48 1:24.25					
300m: 4:04.65 1:24.36	800m: 11:04.54 1:24.11	1300m: 18:04.92 1:23.99	1800m: 25:05.39 1:24.91					
400m: 5:29.05 1:24.40	900m: 12:28.47 1:23.93	1400m: 19:28.57 1:23.65	1900m: 36:20.10 11:14.71					
500m: 6:52.54 1:23.49	1000m: 13:52.68 1:24.21	1500m: 20:52.24 1:23.67	2000m: 27:52.30					

Prueba 2
12/12/2020

Fem., 2000m Libre

INFANTIL FEMENINO LD
Resultados

Clasificación

AN

Marca

1. LEMOS FERNANDEZ, Iria	06	PONTEA	24:12.12	19,00
100m: 1:09.38 1:09.38	600m: 7:14.00 1:12.44	1100m: 13:17.28 1:12.42	1600m: 19:23.53 1:14.08	
200m: 2:22.05 1:12.67	700m: 8:26.91 1:12.91	1200m: 14:29.56 1:12.28	1700m: 20:35.65 1:12.12	
300m: 3:34.69 1:12.64	800m: 9:39.88 1:12.97	1300m: 15:42.11 1:12.55	1800m: 22:28.51 1:52.86	
400m: 4:47.76 1:13.07	900m: 10:52.54 1:12.66	1400m: 16:54.69 1:12.58	1900m: 23:01.28 32.77	
500m: 6:01.56 1:13.80	1000m: 12:04.86 1:12.32	1500m: 18:09.45 1:14.76	2000m: 24:12.12 1:10.84	
2. CARBALLO GONZALEZ, Sofia	06	PONTEA	24:22.06	16,00
100m: 1:11.64 1:11.64	600m: 7:16.31 1:13.45	1100m: 13:22.93 1:13.31	1600m: 19:19.82 3.57	
200m: 2:23.41 1:11.77	700m: 8:29.33 1:13.02	1200m: 14:36.20 1:13.27	1700m: 20:43.01 1:23.19	
300m: 3:36.58 1:13.17	800m: 9:42.70 1:13.37	1300m: 15:49.35 1:13.15	1800m: 21:56.17 1:13.16	
400m: 4:49.36 1:12.78	900m: 10:55.81 1:13.11	1400m: 17:02.75 1:13.40	1900m: 23:09.64 1:13.47	
500m: 6:02.86 1:13.50	1000m: 12:09.62 1:13.81	1500m: 19:16.25 2:13.50	2000m: 24:22.06 1:12.42	
3. FARIÑA MARTINEZ, Paula	07	GALAICO	25:32.17	14,00
100m: 1:12.54 1:12.54	600m: 7:31.87 1:16.48	1100m: 13:51.99 1:15.86	1600m: 20:19.31 1:17.77	
200m: 2:27.61 1:15.07	700m: 8:47.74 1:15.87	1200m: 15:09.67 1:17.68	1700m: 21:37.51 1:18.20	
300m: 3:42.86 1:15.25	800m: 10:03.67 1:15.93	1300m: 16:26.62 1:16.95	1800m: 22:56.66 1:19.15	
400m: 4:58.82 1:15.96	900m: 11:19.92 1:16.25	1400m: 17:43.57 1:16.95	1900m: 24:14.39 1:17.73	
500m: 6:15.39 1:16.57	1000m: 12:36.13 1:16.21	1500m: 19:01.54 1:17.97	2000m: 25:32.17 1:17.78	
4. MARTÍNEZ NOVOA, Silvia	06	RCNV	25:41.96	13,00
100m: 1:09.71 1:09.71	600m: 7:28.51 1:16.73	1100m: 13:57.79 1:18.41	1600m: 20:28.14 1:18.03	
200m: 2:23.28 1:13.57	700m: 8:44.93 1:16.42	1200m: 15:16.29 1:18.50	1700m: 21:47.48 1:19.34	
300m: 3:38.28 1:15.00	800m: 10:02.08 1:17.15	1300m: 16:34.64 1:18.35	1800m: 23:06.43 1:18.95	
400m: 4:54.68 1:16.40	900m: 11:19.89 1:17.81	1400m: 17:52.39 1:17.75	1900m: 24:25.04 1:18.61	
500m: 6:11.78 1:17.10	1000m: 12:39.38 1:19.49	1500m: 19:10.11 1:17.72	2000m: 25:41.96 1:16.92	
5. BLANCO ROUCO, Carmen	06	RBAIXAS	25:44.51	12,00
100m: 1:15.78 1:15.78	600m: 7:42.08 1:18.10	1100m: 14:12.13 1:17.85	1600m: 20:39.48 1:17.30	
200m: 2:33.19 1:17.41	700m: 9:00.18 1:18.10	1200m: 15:28.78 1:16.65	1700m: 21:57.09 1:17.61	
300m: 3:49.87 1:16.68	800m: 10:18.02 1:17.84	1300m: 16:47.23 1:18.45	1800m: 23:14.73 1:17.64	
400m: 5:07.08 1:17.21	900m: 11:36.18 1:18.16	1400m: 18:05.28 1:18.05	1900m: 24:31.84 1:17.11	
500m: 6:23.98 1:16.90	1000m: 12:54.28 1:18.10	1500m: 19:22.18 1:16.90	2000m: 25:44.51 1:12.67	
6. ALVAREZ PAZOS, Maria	07	RBAIXAS	25:49.66	11,00
100m: 1:15.55 1:15.55	600m: 7:41.85 1:17.84	1100m: 14:12.82 1:18.02	1600m: 20:41.48 1:17.79	
200m: 2:32.87 1:17.32	700m: 8:59.73 1:17.88	1200m: 15:29.80 1:16.98	1700m: 21:59.10 1:17.62	
300m: 3:49.60 1:16.73	800m: 10:18.01 1:18.28	1300m: 16:47.91 1:18.11	1800m: 23:16.54 1:17.44	
400m: 5:06.40 1:16.80	900m: 11:36.22 1:18.21	1400m: 18:06.37 1:18.46	1900m: 24:34.36 1:17.82	
500m: 6:24.01 1:17.61	1000m: 12:54.80 1:18.58	1500m: 19:23.69 1:17.32	2000m: 25:49.66 1:15.30	
7. NOVO DIOS, Marta	06	GALAICO	25:52.37	10,00
100m: 1:12.89 1:12.89	600m: 7:32.85 1:16.68	1100m: 13:58.28 1:17.09	1600m: 20:34.82 1:19.09	
200m: 2:27.55 1:14.66	700m: 8:49.25 1:16.40	1200m: 15:17.08 1:18.80	1700m: 21:55.69 1:20.87	
300m: 3:43.78 1:16.23	800m: 10:05.33 1:16.08	1300m: 16:35.66 1:18.58	1800m: 23:15.91 1:20.22	
400m: 4:59.85 1:16.07	900m: 11:22.42 1:17.09	1400m: 17:55.07 1:19.41	1900m: 24:35.11 1:19.20	
500m: 6:16.17 1:16.32	1000m: 12:41.19 1:18.77	1500m: 19:15.73 1:20.66	2000m: 25:52.37 1:17.26	
8. VILARNOVO SUAREZ, Noelia	06	BOIRO	26:02.45	9,00
100m: 1:11.67 1:11.67	600m: 7:35.87 1:17.62	1100m: 14:08.25 1:18.40	1600m: 20:45.60 1:19.93	
200m: 2:27.77 1:16.10	700m: 8:53.42 1:17.55	1200m: 15:27.77 1:19.52	1700m: 22:05.20 1:19.60	
300m: 3:44.52 1:16.75	800m: 10:12.81 1:19.39	1300m: 16:47.42 1:19.65	1800m: 23:25.10 1:19.90	
400m: 5:01.31 1:16.79	900m: 11:31.35 1:18.54	1400m: 18:05.95 1:18.53	1900m: 24:44.20 1:19.10	
500m: 6:18.25 1:16.94	1000m: 12:49.85 1:18.50	1500m: 19:25.67 1:19.72	2000m: 26:02.45 1:18.25	

Prueba 2, Fem., 2000m Libre, INFANTIL FEMENINO LD

Clasificación

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Marca

9. BORGE JUSTE, Ines	06	PONTEA	26:06.25	-
100m: 1:11.33 1:11.33	600m: 7:38.97 1:18.85	1100m: 14:53.75 1:18.03	1600m: 20:49.30 39.65	
200m: 2:27.22 1:15.89	700m: 8:58.30 1:19.33	1200m: 16:12.58 1:18.83	1700m: 22:09.25 1:19.95	
300m: 3:44.69 1:17.47	800m: 10:17.40 1:19.10	1300m: 17:30.97 1:18.39	1800m: 23:28.90 1:19.65	
400m: 5:01.97 1:17.28	900m: 11:36.79 1:19.39	1400m: 18:50.22 1:19.25	1900m: 24:48.08 1:19.18	
500m: 6:20.12 1:18.15	1000m: 13:35.72 1:58.93	1500m: 20:09.65 1:19.43	2000m: 26:06.25 1:18.17	
10. VILA RAMÍREZ, Noa	06	RCNV	26:09.85	8,00
100m: 1:14.46 1:14.46	600m: 7:44.59 1:18.33	1100m: 14:18.84 1:18.72	1600m: 20:53.12 1:19.59	
200m: 2:32.25 1:17.79	700m: 9:02.91 1:18.32	1200m: 15:37.13 1:18.29	1700m: 22:11.81 1:18.69	
300m: 3:50.26 1:18.01	800m: 10:22.18 1:19.27	1300m: 16:55.73 1:18.60	1800m: 23:52.87 1:41.06	
400m: 5:08.11 1:17.85	900m: 11:40.98 1:18.80	1400m: 18:14.46 1:18.73	1900m: 24:52.52 59.65	
500m: 6:26.26 1:18.15	1000m: 13:00.12 1:19.14	1500m: 19:33.53 1:19.07	2000m: 26:09.85 1:17.33	
11. GONZALEZ COVELO, Uxia	06	PONTEA	26:16.14	-
100m: 1:11.78 1:11.78	600m: 7:37.09 1:18.20	1100m: 14:14.07 1:19.26	1600m: 20:58.07 1:21.43	
200m: 2:26.34 1:14.56	700m: 8:55.74 1:18.65	1200m: 15:34.24 1:20.17	1700m: 22:18.57 1:20.50	
300m: 3:43.07 1:16.73	800m: 10:15.07 1:19.33	1300m: 16:54.81 1:20.57	1800m: 23:39.92 1:21.35	
400m: 5:00.59 1:17.52	900m: 11:34.81 1:19.74	1400m: 18:15.39 1:20.58	1900m: 24:58.24 1:18.32	
500m: 6:18.89 1:18.30	1000m: 12:54.81 1:20.00	1500m: 19:36.64 1:21.25	2000m: 26:16.14 1:17.90	
12. PEDREIRA GALEGO, Xiana	06	CDELMAR	26:35.08	7,00
100m: 1:14.30 1:14.30	600m: 7:50.23 1:20.33	1100m: 14:31.40 1:19.24	1600m: 21:13.83 1:17.90	
200m: 2:32.68 1:18.38	700m: 9:10.02 1:19.79	1200m: 15:51.08 1:19.68	1700m: 22:38.26 1:24.43	
300m: 3:51.73 1:19.05	800m: 10:30.16 1:20.14	1300m: 17:12.90 1:21.82	1800m: 23:58.55 1:20.29	
400m: 5:11.08 1:19.35	900m: 11:51.05 1:20.89	1400m: 18:33.55 1:20.65	1900m: 25:18.56 1:20.01	
500m: 6:29.90 1:18.82	1000m: 13:12.16 1:21.11	1500m: 19:55.93 1:22.38	2000m: 26:35.08 1:16.52	
13. RUIZ MARTINEZ, Xiana	07	NFERROL	26:47.89	6,00
100m: 1:15.68 1:15.68	600m: 7:54.43 1:20.86	1100m: 14:39.37 1:22.00	1600m: 21:28.22 1:20.72	
200m: 2:34.47 1:18.79	700m: 9:15.79 1:21.36	1200m: 16:01.65 1:22.28	1700m: 22:49.62 1:21.40	
300m: 3:54.00 1:19.53	800m: 10:37.22 1:21.43	1300m: 17:23.65 1:22.00	1800m: 24:09.68 1:20.06	
400m: 5:13.37 1:19.37	900m: 11:57.87 1:20.65	1400m: 18:44.65 1:21.00	1900m: 25:30.04 1:20.36	
500m: 6:33.57 1:20.20	1000m: 13:17.37 1:19.50	1500m: 20:07.50 1:22.85	2000m: 26:47.89 1:17.85	
14. BOTANA PEDREIRA, Lola	06	CDELMAR	27:07.29	5,00
100m: 1:15.33 1:15.33	600m: 7:51.59 1:20.28	1100m: 14:43.25 1:23.03	1600m: 21:38.08 1:22.83	
200m: 2:33.78 1:18.45	700m: 9:12.72 1:21.13	1200m: 16:06.31 1:23.06	1700m: 23:01.80 1:23.72	
300m: 3:51.45 1:17.67	800m: 10:35.03 1:22.31	1300m: 17:29.57 1:23.26	1800m: 24:24.71 1:22.91	
400m: 5:11.89 1:20.44	900m: 11:57.03 1:22.00	1400m: 18:52.22 1:22.65	1900m: 25:47.68 1:22.97	
500m: 6:31.31 1:19.42	1000m: 13:20.22 1:23.19	1500m: 20:15.25 1:23.03	2000m: 27:07.29 1:19.61	
15. EIJO GIL, Naiara	06	PONTEA	27:27.61	-
100m: 1:14.50 1:14.50	600m: 7:55.25 1:23.54	1100m: 14:50.75 1:22.04	1600m: 21:51.78 1:25.14	
200m: 2:31.86 1:17.36	700m: 9:14.28 1:19.03	1200m: 16:13.75 1:23.00	1700m: 23:15.61 1:23.83	
300m: 3:50.06 1:18.20	800m: 10:40.18 1:25.90	1300m: 17:37.56 1:23.81	1800m: 24:40.89 1:25.28	
400m: 5:10.00 1:19.94	900m: 13:02.78 2:22.60	1400m: 19:02.03 1:24.47	1900m: 26:05.78 1:24.89	
500m: 6:31.71 1:21.71	1000m: 13:28.71 25.93	1500m: 20:26.64 1:24.61	2000m: 27:27.61 1:21.83	
16. DE LA FUENTE PINTOS, Nadia	07	GALAICO	27:59.60	-
100m: 1:18.38 1:18.38	600m: 8:09.20 1:22.82	1100m: 15:12.13 1:25.28	1600m: 22:19.49 1:24.36	
200m: 2:39.99 1:21.61	700m: 9:32.74 1:23.54	1200m: 16:36.77 1:24.64	1700m: 23:44.49 1:25.00	
300m: 4:01.42 1:21.43	800m: 10:57.17 1:24.43	1300m: 18:02.03 1:25.26	1800m: 25:11.56 1:27.07	
400m: 5:23.60 1:22.18	900m: 12:22.06 1:24.89	1400m: 19:27.85 1:25.82	1900m: 26:36.31 1:24.75	
500m: 6:46.38 1:22.78	1000m: 13:46.85 1:24.79	1500m: 20:55.13 1:27.28	2000m: 27:59.60 1:23.29	

Prueba 2, Fem., 2000m Libre, INFANTIL FEMENINO LD

Clasificación	AN								Marca	
17. REY PITA, Clara	07 FOGAR								28:13.74	4,00
100m:	1:15.12	1:15.12	600m:	8:09.64	1:26.84	1100m:	15:24.29	1:27.38	1600m:	22:39.61 1:25.92
200m:	2:34.20	1:19.08	700m:	9:35.79	1:26.15	1200m:	16:52.06	1:27.77	1700m:	24:03.02 1:23.41
300m:	3:54.51	1:20.31	800m:	11:02.43	1:26.64	1300m:	18:19.44	1:27.38	1800m:	25:26.54 1:23.52
400m:	5:17.54	1:23.03	900m:	12:29.63	1:27.20	1400m:	19:47.01	1:27.57	1900m:	26:50.88 1:24.34
500m:	6:42.80	1:25.26	1000m:	13:56.91	1:27.28	1500m:	21:13.69	1:26.68	2000m:	28:13.74 1:22.86
18. FERNANDEZ GRATEROL, Sofia Antia	07 POURENSE								28:20.34	3,00
100m:	1:21.07	1:21.07	600m:	8:26.99	1:25.00	1100m:	15:35.92	1:26.89	1600m:	22:47.34 1:26.03
200m:	2:45.81	1:24.74	700m:	9:52.92	1:25.93	1200m:	17:01.49	1:25.57	1700m:	24:10.28 1:22.94
300m:	4:11.34	1:25.53	800m:	11:18.84	1:25.92	1300m:	18:27.57	1:26.08	1800m:	25:36.31 1:26.03
400m:	5:36.78	1:25.44	900m:	12:42.99	1:24.15	1400m:	19:54.31	1:26.74	1900m:	26:59.39 1:23.08
500m:	7:01.99	1:25.21	1000m:	14:09.03	1:26.04	1500m:	21:21.31	1:27.00	2000m:	28:20.34 1:20.95
19. BARTUREN GOMEZ, LAURA	07 CDELMAR								29:03.79	-
100m:	1:19.94	1:19.94	600m:	8:31.19	1:24.28	1100m:	15:57.94	1:28.25	1600m:	23:18.67 1:27.33
200m:	2:46.30	1:26.36	700m:	10:02.05	1:30.86	1200m:	17:26.79	1:28.85	1700m:	24:44.94 1:26.27
300m:	4:12.34	1:26.04	800m:	11:31.44	1:29.39	1300m:	18:53.12	1:26.33	1800m:	26:13.66 1:28.72
400m:	5:39.47	1:27.13	900m:	13:00.69	1:29.25	1400m:	20:22.26	1:29.14	1900m:	27:40.87 1:27.21
500m:	7:06.91	1:27.44	1000m:	14:29.69	1:29.00	1500m:	21:51.34	1:29.08	2000m:	29:03.79 1:22.92

Prueba 3
12/12/2020

Masc., 3000m Libre

JUNIOR 1
Resultados

Clasificación

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Marca

1. CABANA DEL AMO, Pablo	04	PONTEA	31:56.36	19,00
100m: 1:01.07 1:01.07	900m: 9:32.31 1:03.60	1700m: 18:02.18 1:04.16	2500m: 26:35.36 1:04.20	
200m: 2:04.15 1:03.08	1000m: 10:35.94 1:03.63	1800m: 19:06.35 1:04.17	2600m: 27:39.79 1:04.43	
300m: 3:08.51 1:04.36	1100m: 11:39.35 1:03.41	1900m: 20:10.22 1:03.87	2700m: 28:44.54 1:04.75	
400m: 4:12.89 1:04.38	1200m: 12:42.61 1:03.26	2000m: 21:14.11 1:03.89	2800m: 29:49.77 1:05.23	
500m: 5:16.97 1:04.08	1300m: 13:46.21 1:03.60	2100m: 22:17.79 1:03.68	2900m: 30:53.02 1:03.25	
600m: 6:20.96 1:03.99	1400m: 14:50.14 1:03.93	2200m: 23:22.45 1:04.66	3000m: 31:56.36 1:03.34	
700m: 7:25.03 1:04.07	1500m: 15:53.91 1:03.77	2300m: 24:26.61 1:04.16		
800m: 8:28.71 1:03.68	1600m: 16:58.02 1:04.11	2400m: 25:31.16 1:04.55		
2. AVILES ZHUAVLEV, Santiago	04	CDELMAR	33:44.68	16,00
100m: 1:02.71 1:02.71	900m: 9:55.43 1:07.05	1700m: 18:55.50 1:07.89	2500m: 28:03.89 1:08.58	
200m: 2:08.21 1:05.50	1000m: 11:02.53 1:07.10	1800m: 20:03.98 1:08.48	2600m: 29:12.89 1:09.00	
300m: 3:14.04 1:05.83	1100m: 12:10.08 1:07.55	1900m: 21:12.14 1:08.16	2700m: 30:21.25 1:08.36	
400m: 4:20.21 1:06.17	1200m: 13:17.11 1:07.03	2000m: 22:20.48 1:08.34	2800m: 31:29.64 1:08.39	
500m: 5:26.96 1:06.75	1300m: 14:24.81 1:07.70	2100m: 23:29.04 1:08.56	2900m: 32:37.68 1:08.04	
600m: 6:34.00 1:07.04	1400m: 15:32.61 1:07.80	2200m: 24:37.79 1:08.75	3000m: 33:44.68 1:07.00	
700m: 7:41.18 1:07.18	1500m: 16:40.31 1:07.70	2300m: 25:46.88 1:09.09		
800m: 8:48.38 1:07.20	1600m: 17:47.61 1:07.30	2400m: 26:55.31 1:08.43		
3. GOMEZ TOJO, Ander	05	FLUVIAL	34:09.70	14,00
100m: 1:04.10 1:04.10	900m: 10:02.52 1:08.07	1700m: 19:12.70 1:09.03	2500m: 28:28.27 1:09.89	
200m: 2:10.25 1:06.15	1000m: 11:11.03 1:08.51	1800m: 20:21.99 1:09.29	2600m: 29:37.60 1:09.33	
300m: 3:14.17 1:03.92	1100m: 12:19.10 1:08.07	1900m: 21:31.56 1:09.57	2700m: 30:47.42 1:09.82	
400m: 4:24.60 1:10.43	1200m: 13:27.31 1:08.21	2000m: 22:40.95 1:09.39	2800m: 31:57.06 1:09.64	
500m: 5:31.67 1:07.07	1300m: 14:35.81 1:08.50	2100m: 23:50.35 1:09.40	2900m: 33:05.60 1:08.54	
600m: 6:39.38 1:07.71	1400m: 15:45.35 1:09.54	2200m: 24:59.42 1:09.07	3000m: 34:09.70 1:04.10	
700m: 7:47.13 1:07.75	1500m: 16:54.67 1:09.32	2300m: 26:08.52 1:09.10		
800m: 8:54.45 1:07.32	1600m: 18:03.67 1:09.00	2400m: 27:18.38 1:09.86		
4. MORENO TEIJEIRO, Hugo	05	FLUVIAL	34:47.05	13,00
100m: 1:05.40 1:05.40	900m: 10:20.55 1:09.30	1700m: 19:33.94 1:09.72	2500m: 28:58.22 1:10.64	
200m: 2:13.50 1:08.10	1000m: 11:29.87 1:09.32	1800m: 20:43.87 1:09.93	2600m: 30:08.97 1:10.75	
300m: 3:22.69 1:09.19	1100m: 12:39.47 1:09.60	1900m: 21:54.05 1:10.18	2700m: 31:18.90 1:09.93	
400m: 4:32.69 1:10.00	1200m: 13:48.00 1:08.53	2000m: 23:04.62 1:10.57	2800m: 32:28.58 1:09.68	
500m: 5:43.00 1:10.31	1300m: 15:46.75 1:58.75	2100m: 24:14.87 1:10.25	2900m: 33:37.97 1:09.39	
600m: 6:52.83 1:09.83	1400m: 16:06.22 19.47	2200m: 25:25.44 1:10.57	3000m: 34:47.05 1:09.08	
700m: 8:02.22 1:09.39	1500m: 17:15.00 1:08.78	2300m: 26:36.40 1:10.96		
800m: 9:11.25 1:09.03	1600m: 18:24.22 1:09.22	2400m: 27:47.58 1:11.18		
5. MARTIN NOVAS, Pablo	05	GALAICO	35:22.99	12,00
100m: 1:05.20 1:05.20	900m: 10:10.09 1:09.35	1700m: 19:35.45 1:11.21	2500m: 29:18.27 1:12.65	
200m: 2:11.92 1:06.72	1000m: 11:19.42 1:09.33	1800m: 20:46.87 1:11.42	2600m: 30:31.81 1:13.54	
300m: 3:18.81 1:06.89	1100m: 12:29.67 1:10.25	1900m: 21:58.92 1:12.05	2700m: 31:45.37 1:13.56	
400m: 4:26.34 1:07.53	1200m: 13:40.27 1:10.60	2000m: 23:12.12 1:13.20	2800m: 32:58.84 1:13.47	
500m: 5:34.09 1:07.75	1300m: 15:41.20 2:00.93	2100m: 24:24.77 1:12.65	2900m: 34:11.59 1:12.75	
600m: 6:42.77 1:08.68	1400m: 16:02.27 21.07	2200m: 25:37.81 1:13.04	3000m: 35:22.99 1:11.40	
700m: 7:51.62 1:08.85	1500m: 17:13.27 1:11.00	2300m: 26:50.87 1:13.06		
800m: 9:00.74 1:09.12	1600m: 18:24.24 1:10.97	2400m: 28:05.62 1:14.75		

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6.	FIGUEROA FERNANDEZ, Gabriel	04	RCNV					35:45.84	11,00
	100m: 1:04.17	1:04.17	900m: 10:20.51	1:10.52	1700m: 19:57.04	1:13.10	2500m: 29:41.08	1:13.13	
	200m: 2:11.80	1:07.63	1000m: 11:32.39	1:11.88	1800m: 21:10.09	1:13.05	2600m: 30:54.12	1:13.04	
	300m: 3:20.44	1:08.64	1100m: 12:44.07	1:11.68	1900m: 22:23.05	1:12.96	2700m: 32:06.87	1:12.75	
	400m: 4:29.25	1:08.81	1200m: 13:55.99	1:11.92	2000m: 23:36.44	1:13.39	2800m: 33:20.12	1:13.25	
	500m: 5:39.83	1:10.58	1300m: 15:07.52	1:11.53	2100m: 24:49.85	1:13.41	2900m: 34:32.89	1:12.77	
	600m: 6:50.33	1:10.50	1400m: 16:19.31	1:11.79	2200m: 26:02.15	1:12.30	3000m: 35:45.84	1:12.95	
	700m: 7:58.99	1:08.66	1500m: 17:31.70	1:12.39	2300m: 27:15.55	1:13.40			
	800m: 9:09.99	1:11.00	1600m: 18:43.94	1:12.24	2400m: 28:27.95	1:12.40			
7.	PEREZ LORENZO, Manuel	05	BOIRO					36:46.13	10,00
	100m: 1:06.98	1:06.98	900m: 10:52.66	1:13.53	1700m: 20:40.41	1:14.78	2500m: 30:39.78	1:14.55	
	200m: 2:19.53	1:12.55	1000m: 12:06.38	1:13.72	1800m: 21:55.13	1:14.72	2600m: 31:54.56	1:14.78	
	300m: 3:32.63	1:13.10	1100m: 13:19.20	1:12.82	1900m: 23:09.06	1:13.93	2700m: 33:07.98	1:13.42	
	400m: 4:45.20	1:12.57	1200m: 14:31.41	1:12.21	2000m: 24:24.95	1:15.89	2800m: 34:21.84	1:13.86	
	500m: 5:58.66	1:13.46	1300m: 15:44.91	1:13.50	2100m: 25:40.38	1:15.43	2900m: 35:34.59	1:12.75	
	600m: 7:11.53	1:12.87	1400m: 6:57.13		2200m: 26:53.84	1:13.46	3000m: 36:46.13	1:11.54	
	700m: 8:25.38	1:13.85	1500m: 18:10.66	11:13.53	2300m: 28:09.63	1:15.79			
	800m: 9:39.13	1:13.75	1600m: 19:25.63	1:14.97	2400m: 29:25.23	1:15.60			
8.	SANLES DIESTE, Hugo	04	BOIRO					36:58.28	9,00
	100m: 1:05.81	1:05.81	900m: 10:41.49	1:14.25	1700m: 20:36.31	1:15.00	2500m: 30:38.71	1:16.14	
	200m: 2:14.09	1:08.28	1000m: 11:56.31	1:14.82	1800m: 21:50.71	1:14.40	2600m: 31:55.07	1:16.36	
	300m: 3:24.64	1:10.55	1100m: 13:09.17	1:12.86	1900m: 23:05.64	1:14.93	2700m: 33:10.78	1:15.71	
	400m: 4:36.07	1:11.43	1200m: 14:22.35	1:13.18	2000m: 24:20.39	1:14.75	2800m: 34:26.57	1:15.79	
	500m: 5:48.31	1:12.24	1300m: 15:36.24	1:13.89	2100m: 25:35.31	1:14.92	2900m: 35:43.28	1:16.71	
	600m: 7:00.81	1:12.50	1400m: 16:51.07	1:14.83	2200m: 26:50.46	1:15.15	3000m: 36:58.28	1:15.00	
	700m: 8:13.92	1:13.11	1500m: 18:06.71	1:15.64	2300m: 28:06.07	1:15.61			
	800m: 9:27.24	1:13.32	1600m: 19:21.31	1:14.60	2400m: 29:22.57	1:16.50			
9.	PEREIRA CASTRO, Pedro	04	GALAICO					37:45.27	8,00
	100m: 1:10.18	1:10.18	900m: 11:07.82	1:15.21	1700m: 21:18.64	1:16.69	2500m: 31:29.50	1:16.75	
	200m: 2:23.07	1:12.89	1000m: 12:23.57	1:15.75	1800m: 22:35.64	1:17.00	2600m: 32:44.50	1:15.00	
	300m: 3:36.70	1:13.63	1100m: 13:40.43	1:16.86	1900m: 23:51.00	1:15.36	2700m: 34:00.00	1:15.50	
	400m: 4:51.46	1:14.76	1200m: 14:57.21	1:16.78	2000m: 25:06.84	1:15.84	2800m: 35:18.07	1:18.07	
	500m: 6:06.95	1:15.49	1300m: 16:12.29	1:15.08	2100m: 26:23.05	1:16.21	2900m: 36:33.36	1:15.29	
	600m: 7:22.07	1:15.12	1400m: 17:29.25	1:16.96	2200m: 27:39.59	1:16.54	3000m: 37:45.27	1:11.91	
	700m: 8:37.82	1:15.75	1500m: 18:45.40	1:16.15	2300m: 28:58.29	1:18.70			
	800m: 9:52.61	1:14.79	1600m: 20:01.95	1:16.55	2400m: 30:12.75	1:14.46			
10.	RODRIGUEZ DOMINGUEZ, Fco. Javier	04	PONTEA					37:57.09	7,00
	100m: 1:11.61	1:11.61	900m: 11:17.43	1:14.72	1700m: 21:26.81	1:16.86	2500m: 31:40.27	1:16.70	
	200m: 2:26.75	1:15.14	1000m: 12:33.02	1:15.59	1800m: 22:43.18	1:16.37	2600m: 32:56.07	1:15.80	
	300m: 3:42.51	1:15.76	1100m: 13:48.42	1:15.40	1900m: 23:59.68	1:16.50	2700m: 34:11.83	1:15.76	
	400m: 4:57.93	1:15.42	1200m: 15:03.79	1:15.37	2000m: 25:16.53	1:16.85	2800m: 35:27.59	1:15.76	
	500m: 6:14.54	1:16.61	1300m: 16:20.05	1:16.26	2100m: 26:33.61	1:17.08	2900m: 36:42.08	1:14.49	
	600m: 7:30.48	1:15.94	1400m: 17:36.62	1:16.57	2200m: 27:50.25	1:16.64	3000m: 37:57.09	1:15.01	
	700m: 8:46.24	1:15.76	1500m: 18:52.97	1:16.35	2300m: 29:06.98	1:16.73			
	800m: 10:02.71	1:16.47	1600m: 20:09.95	1:16.98	2400m: 30:23.57	1:16.59			

Prueba 4
12/12/2020

Masc., 3000m Libre

YOB 1921 - 2003
Resultados

Clasificación

AN

Marca

JUNIOR 2

1. MENDEZ PUGA, Mario	03	RBAIXAS	32:49.85	19,00
100m: 1:00.99 1:00.99	900m: 9:38.67 1:04.73	1700m: 18:25.89 1:07.07	2500m: 27:18.85 1:07.36	
200m: 2:05.28 1:04.29	1000m: 10:44.13 1:05.46	1800m: 19:32.19 1:06.30	2600m: 28:25.44 1:06.59	
300m: 3:09.78 1:04.50	1100m: 11:49.28 1:05.15	1900m: 20:38.40 1:06.21	2700m: 29:32.22 1:06.78	
400m: 4:14.32 1:04.54	1200m: 12:54.90 1:05.62	2000m: 21:44.38 1:05.98	2800m: 30:39.98 1:07.76	
500m: 5:19.33 1:05.01	1300m: 14:01.03 1:06.13	2100m: 22:52.45 1:08.07	2900m: 31:46.93 1:06.95	
600m: 6:24.15 1:04.82	1400m: 15:07.47 1:06.44	2200m: 23:58.43 1:05.98	3000m: 32:49.85 1:02.92	
700m: 7:29.36 1:05.21	1500m: 16:13.10 1:05.63	2300m: 25:04.81 1:06.38		
800m: 8:33.94 1:04.58	1600m: 17:18.82 1:05.72	2400m: 26:11.49 1:06.68		
2. MARTINEZ MARTINEZ, Marcos	03	PONTEA	39:21.94	16,00
100m: 1:09.05 1:09.05	900m: 11:13.87 1:16.18	1700m: 21:43.22 1:20.03	2500m: 32:39.81 1:21.89	
200m: 2:22.19 1:13.14	1000m: 12:31.16 1:17.29	1800m: 23:04.37 1:21.15	2600m: 34:01.37 1:21.56	
300m: 3:36.94 1:14.75	1100m: 13:48.94 1:17.78	1900m: 24:25.66 1:21.29	2700m: 35:22.44 1:21.07	
400m: 4:51.95 1:15.01	1200m: 15:06.94 1:18.00	2000m: 25:47.16 1:21.50	2800m: 36:42.94 1:20.50	
500m: 6:08.51 1:16.56	1300m: 16:25.16 1:18.22	2100m: 27:08.69 1:21.53	2900m: 38:03.69 1:20.75	
600m: 7:24.37 1:15.86	1400m: 17:43.79 1:18.63	2200m: 28:31.41 1:22.72	3000m: 39:21.94 1:18.25	
700m: 8:40.59 1:16.22	1500m: 19:03.16 1:19.37	2300m: 29:54.97 1:23.56		
800m: 9:57.69 1:17.10	1600m: 20:23.19 1:20.03	2400m: 31:17.92 1:22.95		

ABSOLUTO AA

1. MARTÍNEZ NOVOA, Miguel	00	RCNV	31:36.34	19,00
100m: 59.44 59.44	900m: 9:20.62 1:03.28	1700m: 17:42.62 1:02.28	2500m: 26:12.22 1:04.63	
200m: 2:01.51 1:02.07	1000m: 10:24.09 1:03.47	1800m: 18:46.22 1:03.60	2600m: 27:17.47 1:05.25	
300m: 3:04.30 1:02.79	1100m: 11:27.29 1:03.20	1900m: 19:48.28 1:02.06	2700m: 28:23.94 1:06.47	
400m: 4:07.18 1:02.88	1200m: 12:30.30 1:03.01	2000m: 20:51.59 1:03.31	2800m: 29:29.57 1:05.63	
500m: 5:09.78 1:02.60	1300m: 13:32.79 1:02.49	2100m: 21:54.68 1:03.09	2900m: 3:03.30	
600m: 6:11.87 1:02.09	1400m: 14:35.18 1:02.39	2200m: 22:59.58 1:04.90	3000m: 31:36.34 28:33.04	
700m: 7:14.84 1:02.97	1500m: 15:37.68 1:02.50	2300m: 24:03.12 1:03.54		
800m: 8:17.34 1:02.50	1600m: 16:40.34 1:02.66	2400m: 25:07.59 1:04.47		
2. GARCIA MORENO, Jorge	00	LICEO	32:10.11	16,00
100m: 1:00.83 1:00.83	900m: 9:35.20 1:04.40	1700m: 18:10.13 1:05.18	2500m: 26:47.41 1:04.93	
200m: 2:04.74 1:03.91	1000m: 10:39.43 1:04.23	1800m: 19:14.85 1:04.72	2600m: 27:52.49 1:05.08	
300m: 3:09.00 1:04.26	1100m: 11:43.37 1:03.94	1900m: 20:19.60 1:04.75	2700m: 28:57.32 1:04.83	
400m: 4:13.38 1:04.38	1200m: 12:47.73 1:04.36	2000m: 21:23.92 1:04.32	2800m: 30:01.79 1:04.47	
500m: 5:17.88 1:04.50	1300m: 13:52.14 1:04.41	2100m: 22:28.06 1:04.14	2900m: 31:06.06 1:04.27	
600m: 6:20.41 1:02.53	1400m: 14:56.10 1:03.96	2200m: 23:38.58 1:10.52	3000m: 32:10.11 1:04.05	
700m: 7:26.54 1:06.13	1500m: 16:00.33 1:04.23	2300m: 24:37.34 58.76		
800m: 8:30.80 1:04.26	1600m: 17:04.95 1:04.62	2400m: 25:42.48 1:05.14		
3. ANDRADE BUDIÑO, Gaspar	98	ARZUA	32:29.80	14,00
100m: 1:01.80 1:01.80	900m: 9:34.78 1:04.72	1700m: 18:14.54 1:06.46	2500m: 26:54.52 1:06.62	
200m: 2:05.37 1:03.57	1000m: 10:38.77 1:03.99	1800m: 19:18.75 1:04.21	2600m: 28:01.53 1:07.01	
300m: 3:09.14 1:03.77	1100m: 11:42.55 1:03.78	1900m: 20:23.02 1:04.27	2700m: 29:09.10 1:07.57	
400m: 4:13.12 1:03.98	1200m: 12:47.28 1:04.73	2000m: 21:27.62 1:04.60	2800m: 30:16.90 1:07.80	
500m: 5:17.38 1:04.26	1300m: 13:52.51 1:05.23	2100m: 22:31.47 1:03.85	2900m: 31:24.69 1:07.79	
600m: 6:21.15 1:03.77	1400m: 14:57.10 1:04.59	2200m: 23:36.53 1:05.06	3000m: 32:29.80 1:05.11	
700m: 7:25.77 1:04.62	1500m: 16:02.20 1:05.10	2300m: 24:42.47 1:05.94		
800m: 8:30.06 1:04.29	1600m: 17:08.08 1:05.88	2400m: 25:47.90 1:05.43		

Prueba 4, Masc., 3000m Libre, ABSOLUTO AA

Clasificación

AN

Marca

4. COSTA FERNANDEZ, Lucas	98	PONTEA	32:49.49	13,00
100m: 1:02.64 1:02.64	900m: 9:46.01 1:05.60	1700m: 18:30.47 1:04.58	2500m: 27:20.74 1:05.60	
200m: 2:08.03 1:05.39	1000m: 10:51.20 1:05.19	1800m: 19:36.25 1:05.78	2600m: 28:26.60 1:05.86	
300m: 3:13.86 1:05.83	1100m: 11:56.68 1:05.48	1900m: 20:42.65 1:06.40	2700m: 29:32.86 1:06.26	
400m: 4:19.41 1:05.55	1200m: 13:02.08 1:05.40	2000m: 21:49.33 1:06.68	2800m: 30:40.16 1:07.30	
500m: 5:24.82 1:05.41	1300m: 14:08.21 1:06.13	2100m: 22:55.83 1:06.50	2900m: 31:47.13 1:06.97	
600m: 6:29.93 1:05.11	1400m: 15:14.20 1:05.99	2200m: 24:02.15 1:06.32	3000m: 32:49.49 1:02.36	
700m: 7:35.16 1:05.23	1500m: 16:20.21 1:06.01	2300m: 25:08.76 1:06.61		
800m: 8:40.41 1:05.25	1600m: 17:25.89 1:05.68	2400m: 26:15.14 1:06.38		
5. FERNANDEZ NIETO, Cristian	92	GALAICO	33:44.13	12,00
100m: 1:03.77 1:03.77	900m: 9:59.45 1:07.50	1700m: 19:02.38 1:07.78	2500m: 28:04.35 1:08.48	
200m: 2:09.85 1:06.08	1000m: 11:07.10 1:07.65	1800m: 20:09.52 1:07.14	2600m: 29:12.35 1:08.00	
300m: 3:16.13 1:06.28	1100m: 12:14.60 1:07.50	1900m: 21:17.25 1:07.73	2700m: 30:20.99 1:08.64	
400m: 4:22.60 1:06.47	1200m: 13:22.27 1:07.67	2000m: 22:24.60 1:07.35	2800m: 31:29.35 1:08.36	
500m: 5:29.60 1:07.00	1300m: 14:30.10 1:07.83	2100m: 23:32.45 1:07.85	2900m: 32:37.38 1:08.03	
600m: 6:37.06 1:07.46	1400m: 15:38.31 1:08.21	2200m: 24:39.74 1:07.29	3000m: 33:44.13 1:06.75	
700m: 7:44.45 34.39	1500m: 16:46.31 1:08.00	2300m: 25:47.85 1:08.11		
800m: 8:51.95 1:40.50	1600m: 17:54.60 1:08.29	2400m: 26:55.87 1:08.02		
6. GUIOTTO SANCHEZ, Marco	01	CDELMAR	34:09.30	11,00
100m: 1:04.12 1:04.12	900m: 10:02.37 1:07.11	1700m: 19:04.62 1:07.71	2500m: 28:18.55	
200m: 2:11.66 1:07.54	1000m: 11:09.84 1:07.47	1800m: 20:13.30 1:08.68	2600m: 29:29.19 1:10.64	
300m: 3:18.02 1:06.36	1100m: 12:17.62 1:07.78	1900m: 21:21.19 1:07.89	2700m: 30:39.87 1:10.68	
400m: 4:25.41 1:07.39	1200m: 13:25.41 1:07.79	2000m: 22:30.44 1:09.25	2800m: 31:50.44 1:10.57	
500m: 5:32.94 1:07.53	1300m: 14:32.62 1:07.21	2100m: 23:39.34 1:08.90	2900m: 33:00.79 1:10.35	
600m: 6:40.34 1:07.40	1400m: 15:40.76 38.14	2200m: 24:49.59 1:10.25	3000m: 34:09.30 1:08.51	
700m: 7:47.51 1:07.17	1500m: 16:48.91 1:38.15	2300m: 25:59.16 1:09.57		
800m: 8:55.26 1:07.75	1600m: 17:56.91 1:08.00	2400m: 37:08.72 11:09.56		
7. CARNEIRO VIQUEIRA, Xabier	00	CDELMAR	35:43.18	10,00
100m: 1:04.75 1:04.75	900m: 10:24.36 1:09.43	1700m: 20:00.32 1:12.57	2500m: 29:39.57 1:14.92	
200m: 2:12.65 1:07.90	1000m: 11:36.90 1:12.54	1800m: 21:13.32 1:13.00	2600m: 30:53.25 1:13.68	
300m: 3:21.36 1:08.71	1100m: 12:49.72 1:12.82	1900m: 22:26.28 1:12.96	2700m: 32:05.82 1:12.57	
400m: 4:31.00 1:09.64	1200m: 14:00.25 1:10.53	2000m: 23:39.57 1:13.29	2800m: 32:41.78 35.96	
500m: 5:40.90 1:09.90	1300m: 15:12.40 1:12.15	2100m: 24:49.90 1:10.33	2900m: 33:55.25 1:13.47	
600m: 6:51.36 1:10.46	1400m: 16:24.28 1:11.88	2200m: 26:00.90 1:11.00	3000m: 35:43.18 1:47.93	
700m: 8:03.36 1:12.00	1500m: 17:36.78 1:12.50	2300m: 27:15.28 1:14.38		
800m: 9:14.93 1:11.57	1600m: 18:47.75 1:10.97	2400m: 28:24.65 1:09.37		

DSQ ALONSO RODRIGUEZ, Javier
Viraje irregular

01 PONTEA

-

Prueba 5
12/12/2020

Fem., 3000m Libre

JUNIOR 1
Resultados

Clasificación

AN

Marca

1. OTERO FERNANDEZ, Paula	04	ARTEIXO	33:30.32	19,00
100m: 1:05.27 1:05.27	900m: 9:55.06 1:06.96	1700m: 18:51.15 1:07.54	2500m: 27:51.87 1:07.94	
200m: 2:11.17 1:05.90	1000m: 11:02.18 1:07.12	1800m: 19:59.22 1:08.07	2600m: 28:59.47 1:07.60	
300m: 3:17.19 1:06.02	1100m: 12:08.75 1:06.57	1900m: 21:06.97 1:07.75	2700m: 30:07.77 1:08.30	
400m: 4:23.08 1:05.89	1200m: 13:15.74 1:06.99	2000m: 22:14.68 1:07.71	2800m: 31:15.68 1:07.91	
500m: 5:29.18 1:06.10	1300m: 14:22.98 1:07.24	2100m: 23:21.72 1:07.04	2900m: 32:23.78 1:08.10	
600m: 6:35.28 1:06.10	1400m: 15:29.48 1:06.50	2200m: 24:29.03 1:07.31	3000m: 33:30.32 1:06.54	
700m: 7:41.39 1:06.11	1500m: 16:36.62 1:07.14	2300m: 25:36.31 1:07.28		
800m: 8:48.10 1:06.71	1600m: 17:43.61 1:06.99	2400m: 26:43.93 1:07.62		
2. BOUZAS PEDREIRA, Alicia	05	GALAICO	34:28.42	16,00
100m: 1:08.28 1:08.28	900m: 10:20.09 1:09.02	1700m: 19:31.24 1:09.00	2500m: 28:44.57 1:08.90	
200m: 2:17.09 1:08.81	1000m: 11:28.81 1:08.72	1800m: 20:40.07 1:08.83	2600m: 29:53.67 1:09.10	
300m: 3:26.03 1:08.94	1100m: 12:37.39 1:08.58	1900m: 21:49.59 1:09.52	2700m: 31:02.81 1:09.14	
400m: 4:35.09 1:09.06	1200m: 13:46.53 1:09.14	2000m: 22:58.89 1:09.30	2800m: 32:11.84 1:09.03	
500m: 5:44.21 1:09.12	1300m: 14:55.48 1:08.95	2100m: 24:08.07 1:09.18	2900m: 33:20.39 1:08.55	
600m: 6:53.28 1:09.07	1400m: 16:04.57 1:09.09	2200m: 25:17.84 1:09.77	3000m: 34:28.42 1:08.03	
700m: 8:02.07 1:08.79	1500m: 17:13.64 1:09.07	2300m: 26:26.67 1:08.83		
800m: 9:11.07 1:09.00	1600m: 18:22.24 1:08.60	2400m: 27:35.67 1:09.00		
3. CAMBA PRADA, Alexia	05	POURENSE	37:50.03	14,00
100m: 1:07.47 1:07.47	900m: 10:55.66 1:14.57	1700m: 20:58.52 1:16.27	2500m: 31:22.04 1:20.02	
200m: 2:19.65 1:12.18	1000m: 12:10.16 1:14.50	1800m: 22:15.17 1:16.65	2600m: 32:41.03 1:18.99	
300m: 3:33.07 1:13.42	1100m: 13:24.81 1:14.65	1900m: 23:31.83 1:16.66	2700m: 33:59.93 1:18.90	
400m: 4:46.38 1:13.31	1200m: 14:39.53 1:14.72	2000m: 24:49.14 1:17.31	2800m: 35:17.44 1:17.51	
500m: 6:00.61 1:14.23	1300m: 15:54.73 1:15.20	2100m: 26:07.48 1:18.34	2900m: 36:35.08 1:17.64	
600m: 7:13.91 1:13.30	1400m: 17:10.69 1:15.96	2200m: 27:24.77 1:17.29	3000m: 37:50.03 1:14.95	
700m: 8:27.33 1:13.42	1500m: 18:26.42 1:15.73	2300m: 28:42.91 1:18.14		
800m: 9:41.09 1:13.76	1600m: 19:42.25 1:15.83	2400m: 30:02.02 1:19.11		
4. VISO VARELA, Lucia	04	CDELMAR	39:02.47	13,00
100m: 1:12.47 1:12.47	900m: 11:27.47 1:17.50	1700m: 21:52.72 1:18.07	2500m: 32:27.22 1:19.57	
200m: 2:27.94 1:15.47	1000m: 12:45.19 1:17.72	1800m: 23:11.22 1:18.50	2600m: 33:46.72 1:19.50	
300m: 3:44.33 1:16.39	1100m: 14:02.90 1:17.71	1900m: 24:30.55 1:19.33	2700m: 35:06.05 1:19.33	
400m: 5:00.83 1:16.50	1200m: 15:20.79 1:17.89	2000m: 25:49.90 1:19.35	2800m: 36:25.72 1:19.67	
500m: 6:17.87 1:17.04	1300m: 16:38.72 1:17.93	2100m: 27:08.97 1:19.07	2900m: 37:44.00 1:18.28	
600m: 7:35.19 1:17.32	1400m: 17:57.33 1:18.61	2200m: 28:28.00 1:19.03	3000m: 39:02.47 1:18.47	
700m: 8:52.72 1:17.53	1500m: 19:16.12 1:18.79	2300m: 29:47.22 1:19.22		
800m: 10:09.97 1:17.25	1600m: 20:34.65 1:18.53	2400m: 31:07.65 1:20.43		
5. GARCIA ROZAS, Noelia	05	CIDSANTI	39:57.36	12,00
100m: 1:13.69 1:13.69	900m: 11:41.32 1:20.38	1700m: 22:25.74 1:19.99	2500m: 33:19.72 1:19.83	
200m: 2:30.89 1:17.20	1000m: 13:01.83 1:20.51	1800m: 23:47.06 1:21.32	2600m: 34:39.21 1:19.49	
300m: 3:49.07 1:18.18	1100m: 14:22.82 1:20.99	1900m: 25:08.85 1:21.79	2700m: 35:59.38 1:20.17	
400m: 5:07.17 1:18.10	1200m: 15:43.35 1:20.53	2000m: 26:31.12 1:22.27	2800m: 37:20.02 1:20.64	
500m: 6:24.91 1:17.74	1300m: 17:03.91 1:20.56	2100m: 27:53.74 1:22.62	2900m: 38:39.75 1:19.73	
600m: 7:46.13 1:21.22	1400m: 18:24.44 1:20.53	2200m: 29:15.55 1:21.81	3000m: 39:57.36 1:17.61	
700m: 9:02.71 1:16.58	1500m: 19:45.67 1:21.23	2300m: 30:37.58 1:22.03		
800m: 10:20.94 1:18.23	1600m: 21:05.75 1:20.08	2400m: 31:59.89 1:22.31		

Prueba 5, Fem., 3000m Libre, JUNIOR 1

Clasificación	AN				Marca			
6. MARTÍNEZ NOVOA, Ángela	04 RCNV				40:02.40 11,00			
100m: 1:12.36 1:12.36	900m: 11:45.03 1:20.67	1700m: 22:30.00 1:21.57	2500m: 33:22.53 1:20.38					
200m: 2:30.68 1:18.32	1000m: 13:05.15 1:20.12	1800m: 23:52.47 1:22.47	2600m: 34:42.25 1:19.72					
300m: 3:49.25 1:18.57	1100m: 14:26.25 1:21.10	1900m: 25:15.28 1:22.81	2700m: 36:06.18 1:23.93					
400m: 5:07.61 1:18.36	1200m: 15:47.25 1:21.00	2000m: 26:37.00 1:21.72	2800m: 37:24.93 1:18.75					
500m: 6:26.50 1:18.89	1300m: 17:07.12 1:19.87	2100m: 27:58.47 1:21.47	2900m: 38:04.58 39.65					
600m: 7:44.86 1:18.36	1400m: 18:28.43 1:21.31	2200m: 29:19.97 1:21.50	3000m: 40:02.40 1:57.82					
700m: 9:04.50 1:19.64	1500m: 19:49.25 1:20.82	2300m: 30:41.50 1:21.53						
800m: 10:24.36 1:19.86	1600m: 21:08.43 1:19.18	2400m: 32:02.15 1:20.65						
7. GONZALEZ COVELO, Iria	04 PONTEA				41:20.25 10,00			
100m: 1:12.48 1:12.48	900m: 11:59.43 1:22.29	1700m: 23:11.36 1:24.18	2500m: 34:29.30 1:22.70					
200m: 2:30.19 1:17.71	1000m: 13:21.61 1:22.18	1800m: 24:35.33 1:23.97	2600m: 35:52.03 1:22.73					
300m: 3:49.26 1:19.07	1100m: 14:46.42 1:24.81	1900m: 26:00.07 1:24.74	2700m: 37:15.57 1:23.54					
400m: 5:08.55 1:19.29	1200m: 16:10.30 1:23.88	2000m: 27:26.34 1:26.27	2800m: 38:38.58 1:23.01					
500m: 6:31.14 1:22.59	1300m: 17:33.80 1:23.50	2100m: 28:52.81 1:26.47	2900m: 40:00.91 1:22.33					
600m: 7:53.57 1:22.43	1400m: 18:59.03 1:25.23	2200m: 30:16.50 1:23.69	3000m: 41:20.25 1:19.34					
700m: 9:15.31 1:21.74	1500m: 20:23.93 1:24.90	2300m: 31:42.02 1:25.52						
800m: 10:37.14 1:21.83	1600m: 21:47.18 1:23.25	2400m: 33:06.60 1:24.58						
Baja enf. BEMPOSTA PENAS, Alejandra	05 GALAICO				-			

Prueba 6
12/12/2020

Fem., 3000m Libre

YOB 1921 - 2003
Resultados

Clasificación

AN

Marca

JUNIOR 2

1. FARO MARTINEZ, Carla	03	PONTEA	36:46.84	19,00
100m: 1:07.97 1:07.97	900m: 10:47.31 1:13.64	1700m: 20:35.33 1:13.94	2500m: 30:32.64 1:15.59	
200m: 2:18.89 1:10.92	1000m: 12:00.58 1:13.27	1800m: 21:49.76 1:14.43	2600m: 31:47.82 1:15.18	
300m: 3:30.53 1:11.64	1100m: 13:13.66 1:13.08	1900m: 23:04.00 1:14.24	2700m: 33:03.20 1:15.38	
400m: 4:42.92 1:12.39	1200m: 14:26.91 1:13.25	2000m: 24:18.81 1:14.81	2800m: 34:18.07 1:14.87	
500m: 5:55.25 1:12.33	1300m: 15:40.28 1:13.37	2100m: 25:32.85 1:14.04	2900m: 35:32.83 1:14.76	
600m: 7:07.95 1:12.70	1400m: 16:53.63 1:13.35	2200m: 26:47.16 1:14.31	3000m: 36:46.84 1:14.01	
700m: 8:20.11 1:12.16	1500m: 18:07.33 1:13.70	2300m: 28:02.11 1:14.95		
800m: 9:33.67 1:13.56	1600m: 19:21.39 1:14.06	2400m: 29:17.05 1:14.94		
2. DOMINGUEZ CASABELLA, Andrea	03	PONTEA	37:01.93	16,00
100m: 1:09.44 1:09.44	900m: 10:56.56 1:13.83	1700m: 20:53.59 1:14.86	2500m: 30:49.74 1:14.47	
200m: 2:21.18 1:11.74	1000m: 12:10.63 1:14.07	1800m: 22:07.56 1:13.97	2600m: 32:04.21 1:14.47	
300m: 3:33.89 1:12.71	1100m: 13:25.12 1:14.49	1900m: 23:21.81 1:14.25	2700m: 33:19.14 1:14.93	
400m: 4:46.90 1:13.01	1200m: 14:40.16 1:15.04	2000m: 24:36.59 1:14.78	2800m: 34:33.73 1:14.59	
500m: 6:00.41 1:13.51	1300m: 15:53.73 1:13.57	2100m: 25:51.09 1:14.50	2900m: 35:48.77 1:15.04	
600m: 7:14.13 1:13.72	1400m: 17:08.79 1:15.06	2200m: 27:05.82 1:14.73	3000m: 37:01.93 1:13.16	
700m: 8:28.52 1:14.39	1500m: 18:23.37 1:14.58	2300m: 28:20.88 1:15.06		
800m: 9:42.73 1:14.21	1600m: 19:38.73 1:15.36	2400m: 29:35.27 1:14.39		
3. CAL FERNÁNDEZ, Lucía	03	RCNV	37:21.28	14,00
100m: 1:06.86 1:06.86	900m: 10:51.00 1:14.32	1700m: 20:47.78 1:15.00	2500m: 31:00.78 1:17.38	
200m: 2:18.63 1:11.77	1000m: 12:05.08 1:14.08	1800m: 22:03.00 1:15.22	2600m: 32:17.08 1:16.30	
300m: 3:30.33 1:11.70	1100m: 13:19.36 1:14.28	1900m: 23:18.72 1:15.72	2700m: 33:33.43 1:16.35	
400m: 4:43.00 1:12.67	1200m: 14:33.97 1:14.61	2000m: 24:34.33 1:15.61	2800m: 34:49.93 1:16.50	
500m: 5:56.00 1:13.00	1300m: 15:48.00 1:14.03	2100m: 25:51.22 1:16.89	2900m: 36:06.75 1:16.82	
600m: 7:09.50 1:13.50	1400m: 17:02.72 1:14.72	2200m: 27:07.75 1:16.53	3000m: 37:21.28 1:14.53	
700m: 8:22.47 1:12.97	1500m: 18:17.65 1:14.93	2300m: 28:25.83 1:18.08		
800m: 9:36.68 1:14.21	1600m: 19:32.78 1:15.13	2400m: 29:43.40 1:17.57		
4. DOSIL PEREZ, Marta Qin	03	CDELMAR	37:25.39	13,00
100m: 1:09.36 1:09.36	900m: 10:54.68 1:14.14	1700m: 20:57.57 1:16.32	2500m: 31:12.13 1:15.56	
200m: 2:21.75 1:12.39	1000m: 12:09.71 1:15.03	1800m: 22:13.86 1:16.29	2600m: 32:27.76 1:15.63	
300m: 3:34.54 1:12.79	1100m: 13:23.96 1:14.25	1900m: 23:30.87 1:17.01	2700m: 33:42.76 1:15.00	
400m: 4:47.50 1:12.96	1200m: 14:39.55 1:15.59	2000m: 24:48.76 1:17.89	2800m: 34:57.86 1:15.10	
500m: 6:00.87 1:13.37	1300m: 15:54.64 1:15.09	2100m: 26:06.86 1:18.10	2900m: 36:12.84 1:14.98	
600m: 7:14.08 1:13.21	1400m: 17:09.86 1:15.22	2200m: 27:24.99 1:18.13	3000m: 37:25.39 1:12.55	
700m: 8:27.31 1:13.23	1500m: 18:25.86 1:16.00	2300m: 28:40.46 1:16.11		
800m: 9:40.54 1:13.23	1600m: 19:41.25 1:15.39	2400m: 29:56.57 4:16.11		
5. CHANS FANEGO, Paula	03	CDELMAR	37:39.49	12,00
100m: 1:12.28 1:12.28	900m: 11:08.39 1:15.08	1700m: 21:18.74 1:16.93	2500m: 31:28.81 1:16.39	
200m: 2:26.67 1:14.39	1000m: 12:24.84 1:16.45	1800m: 22:34.34 1:15.60	2600m: 32:44.31 1:15.50	
300m: 3:40.52 1:13.85	1100m: 13:40.03 1:15.19	1900m: 23:50.46 1:16.12	2700m: 33:59.57 1:15.26	
400m: 4:54.74 1:14.22	1200m: 14:56.53 1:16.50	2000m: 25:06.17 1:15.71	2800m: 35:14.34 1:14.77	
500m: 6:09.24 1:14.50	1300m: 16:12.64 1:16.11	2100m: 26:23.07 1:16.90	2900m: 36:27.17 1:12.83	
600m: 7:24.49 1:15.25	1400m: 17:29.81 1:17.17	2200m: 27:39.07 1:16.00	3000m: 37:39.49 1:12.32	
700m: 8:39.64 1:15.15	1500m: 18:45.71 1:15.90	2300m: 28:55.96 1:16.89		
800m: 9:53.31 1:13.67	1600m: 20:01.81 1:16.10	2400m: 30:12.42 1:16.46		

Prueba 6, Fem., 3000m Libre

ABSOLUTO AA

1. DE VALDES ALVAREZ, Maria	98	LICEO	32:30.54	19,00
100m: 1:02.87 1:02.87	900m: 9:40.39 1:05.16	1700m: 18:19.60 1:05.09	2500m: 27:02.67 1:05.78	
200m: 2:07.08 1:04.21	1000m: 10:45.23 1:04.84	1800m: 19:24.77 1:05.17	2600m: 28:08.36 1:05.69	
300m: 3:11.51 1:04.43	1100m: 11:50.09 1:04.86	1900m: 20:29.95 1:05.18	2700m: 29:14.07 1:05.71	
400m: 4:16.36 1:04.85	1200m: 12:54.79 1:04.70	2000m: 21:35.17 1:05.22	2800m: 30:19.72 1:05.65	
500m: 5:20.88 1:04.52	1300m: 13:59.66 1:04.87	2100m: 22:40.41 1:05.24	2900m: 31:25.62 1:05.90	
600m: 6:25.43 1:04.55	1400m: 15:04.45 1:04.79	2200m: 23:45.64 1:05.23	3000m: 32:30.54 1:04.92	
700m: 7:30.10 1:04.67	1500m: 16:09.25 1:04.80	2300m: 24:51.32 1:05.68		
800m: 8:35.23 1:05.13	1600m: 17:14.51 1:05.26	2400m: 25:56.89 1:05.57		
2. VEIGA SOUTO, Ana	98	CDELMAR	36:26.81	16,00
100m: 1:07.71 1:07.71	900m: 10:41.06 1:12.75	1700m: 20:24.53 1:13.10	2500m: 30:15.64 1:14.36	
200m: 2:18.06 1:10.35	1000m: 11:53.61 1:12.55	1800m: 21:38.46 1:13.93	2600m: 31:30.28 1:14.64	
300m: 3:28.46 1:10.40	1100m: 13:06.68 1:13.07	1900m: 22:52.06 1:13.60	2700m: 32:44.28 1:14.00	
400m: 4:39.31 1:10.85	1200m: 14:19.68 1:13.00	2000m: 24:05.43 1:13.37	2800m: 33:58.53 1:14.25	
500m: 5:51.43 1:12.12	1300m: 15:32.28 1:12.60	2100m: 25:19.28 1:13.85	2900m: 35:13.04 1:14.51	
600m: 7:04.04 1:12.61	1400m: 16:45.03 1:12.75	2200m: 26:33.25 1:13.97	3000m: 36:26.81 1:13.77	
700m: 8:15.61 1:11.57	1500m: 17:58.14 1:13.11	2300m: 27:47.00 1:13.75		
800m: 9:28.31 1:12.70	1600m: 19:11.43 1:13.29	2400m: 29:01.28 1:14.28		
3. ALVITE BERGARA, Nerea	99	CDELMAR	37:01.17	14,00
100m: 1:11.31 1:11.31	900m: 10:57.59 1:13.50	1700m: 20:52.57 1:15.11	2500m: 30:49.89	
200m: 2:24.07 1:12.76	1000m: 12:11.46 1:13.87	1800m: 22:07.81 1:15.24	2600m: 32:04.42 1:14.53	
300m: 3:37.07 1:13.00	1100m: 13:25.14 1:13.68	1900m: 23:22.84 1:15.03	2700m: 33:18.81 1:14.39	
400m: 4:50.14 1:13.07	1200m: 14:39.28 1:14.14	2000m: 24:37.81 1:14.97	2800m: 34:33.46 1:14.65	
500m: 6:03.31 1:13.17	1300m: 15:53.14 1:13.86	2100m: 25:52.17 1:14.36	2900m: 35:48.42 1:14.96	
600m: 7:16.46 1:13.15	1400m: 17:07.84 1:14.70	2200m: 27:06.21 1:14.04	3000m: 37:01.17 1:12.75	
700m: 8:30.07 1:13.61	1500m: 18:22.71 1:14.87	2300m: 28:20.95 1:14.74		
800m: 9:44.09 1:14.02	1600m: 19:37.46 1:14.75	2400m: 29:35.31 1:14.36		
4. SEOANE BAHILLO, Sara	00	RCNV	38:25.53	13,00
100m: 1:10.81 1:10.81	900m: 11:25.09 1:16.78	1700m: 21:38.59 1:17.42	2500m: 31:58.14 1:17.83	
200m: 2:26.53 1:15.72	1000m: 12:42.39 1:17.30	1800m: 22:58.24 1:19.65	2600m: 33:15.96 1:17.82	
300m: 3:42.74 1:16.21	1100m: 13:58.07 1:15.68	1900m: 24:14.99 1:16.75	2700m: 34:33.99 1:18.03	
400m: 4:59.64 1:16.90	1200m: 15:14.81 1:16.74	2000m: 25:32.59 1:17.60	2800m: 35:51.92 1:17.93	
500m: 6:17.03 1:17.39	1300m: 16:31.21 1:16.40	2100m: 26:49.49 1:16.90	2900m: 37:09.89 1:17.97	
600m: 7:33.99 1:16.96	1400m: 17:47.89 1:16.68	2200m: 28:06.07 1:16.58	3000m: 38:25.53 1:15.64	
700m: 8:51.03 1:17.04	1500m: 19:04.49 1:16.60	2300m: 29:11.71 1:05.64		
800m: 10:08.31 1:17.28	1600m: 20:21.17 1:16.68	2400m: 30:40.31 1:28.60		
5. ORTEGO PORTA, ANTIA	01	GALAICO	41:22.38	12,00
100m: 1:13.29 1:13.29	900m: 12:00.16 1:22.63	1700m: 23:07.96 1:24.13	2500m: 34:26.14 1:25.21	
200m: 2:31.21 1:17.92	1000m: 13:22.73 1:22.57	1800m: 24:32.52 1:24.56	2600m: 35:50.29 1:24.15	
300m: 3:50.72 1:19.51	1100m: 14:45.10 1:22.37	1900m: 25:56.51 1:23.99	2700m: 37:14.07 1:23.78	
400m: 5:10.87 1:20.15	1200m: 16:08.48 1:23.38	2000m: 27:21.45 1:24.94	2800m: 38:37.03 1:22.96	
500m: 6:32.54 1:21.67	1300m: 17:32.28 1:23.80	2100m: 28:46.52 1:25.07	2900m: 40:00.32 1:23.29	
600m: 7:53.77 1:21.23	1400m: 18:55.75 1:23.47	2200m: 30:11.40 1:24.88	3000m: 41:22.38 1:22.06	
700m: 9:15.70 1:21.93	1500m: 20:19.84 1:24.09	2300m: 31:35.84 1:24.44		
800m: 10:37.53 1:21.83	1600m: 21:43.83 1:23.99	2400m: 33:00.93 1:25.09		