

1. 400 m Libre Feminino

20+										
1	3283	FERNANDEZ PARDO IRENE	2001	NPONTEA	5:07.96	M 25	2021-05-16	As Pozas		11
		50L: 33.09		100L: 1:10.61						200L: 2:29.21
2	7052	CANO ROSALES NURIA	2001	GALAICO	5:29.96	M 25	2021-05-16	As Pozas		8
		50L: 36.32		100L: 1:16.91						200L: 2:40.87
3	20574	CÁCERES-TERRADO CARDENES ANA ISABEL	2000	USC	6:50.37	M 25	2021-05-30	Carballo Calero		6
		50L: 44.57		100L: 1:33.95						200L: 3:17.76
25+										
1	658	VILLAR CAINZOS CLAUDIA	1992	CNFERRO	4:45.28	M 25	2021-05-30	Carballo Calero		11
		50L: 32.00		100L: 1:07.18						200L: 2:19.94
2	8253	MORGADAS IGLESIAS ANA CRISTINA	1994	CNMOS	5:31.05	M 25	2021-05-16	As Pozas		8
		50L: 34.37		100L: 1:12.47						200L: 2:34.29
30+										
1	3685	GONZALEZ PEREZ JESSICA	1987	RBAIXAS	6:06.65	M 25	2021-05-16	As Pozas		11
		50L: 40.44		100L: 1:25.54						200L: 3:00.03
2	20464	GARCÍA LORENZO IRIA	1987	NPONTEA	6:21.50	M 25	2021-05-16	As Pozas		8
		50L: 43.60		100L: 1:29.80						200L: 3:07.68
3	18889	SANTOS DA GRACA FRANCELINA	1987	ADFOGAR	7:08.41	M 25	2021-05-30	Carballo Calero		6
		50L: 45.84		100L: 1:38.00						200L: 3:30.36
4	21701	DEL CURA MIRANDA VIRGINIA	1991	CNLICEO	7:20.14	M 25	2021-05-30	Carballo Calero		5
		50L: 46.97		100L: 1:39.90						200L: 3:31.53
35+										
1	21257	ALAYON MORIN CRISTINA	1982	CNLICEO	6:00.41	M 25	2021-05-30	Carballo Calero		11
		50L: 39.47		100L: 1:23.39						200L: 2:54.22
2	20401	FKEOUI OMARI SALMA	1982	ESCUALOS	6:12.01	M 25	2021-05-16	As Pozas		8
		50L: 43.13		100L: 1:29.82						200L: 3:04.31
3	22048	QUEREDA RODRÍGUEZ ALMUDENA	1985	CNLICEO	6:58.97	M 25	2021-05-30	Carballo Calero		6
		50L: 46.22		100L: 1:36.59						200L: 3:22.47
40+										
1	16696	SANCHEZ LEDO CIRA	1981	ESCUALOS	6:03.02	M 25	2021-05-16	As Pozas		11
		50L: 43.60		100L: 1:30.16						200L: 3:02.63
2	17895	PRADO FRANCO MARTA E.	1979	RBAIXAS	6:14.50	M 25	2021-05-16	As Pozas		8
		50L: 40.21		100L: 1:23.24						200L: 2:56.47
3	16694	MIRA VAZQUEZ MARTA	1981	ESCUALOS	6:21.06	M 25	2021-05-16	As Pozas		6
		50L: 42.27		100L: 1:28.59						200L: 3:04.96
4	19183	OLMO VAQUEIRO LETICIA	1981	NPONTEA	6:56.38	M 25	2021-05-16	As Pozas		5

	50L: 46.69	100L: 1:37.14	200L: 3:23.58						
5	18322	RODRIGUEZ LOPEZ BELEN	1981	RBAIXAS	7:06.03	M 25	2021-05-16	As Pozas	4
	50L: 45.09	100L: 1:35.12	200L: 3:27.75						
6	19583	MANTIÑÁN PAREDES MARÍA	1977	CNLICEO	7:31.16	M 25	2021-05-30	Carballo Calero	3
	50L: 50.42	100L: 1:48.28	200L: 3:45.80						
7	20152	BESADA FERNÁNDEZ ANA M.	1978	NPONTEA	8:55.06	M 25	2021-05-16	As Pozas	2
	50L: 57.30	100L: 2:01.38	200L: 4:18.18						
45+									
1	17164	REGUEIRA MARTINEZ MARIA J.	1975	CNLICEO	6:10.89	M 25	2021-05-30	Carballo Calero	11
	50L: 41.48	100L: 1:26.64	200L: 3:01.26						
2	15481	VARELA REDONDO VERONICA	1975	NPONTEA	6:27.71	M 25	2021-05-16	As Pozas	8
	50L: 42.06	100L: 1:28.26	200L: 3:06.69						
3	1652	DE LA MONTAÑA ALCANTARA GLORIA	1973	RSDH	7:09.22	M 25	2021-05-30	Carballo Calero	6
	50L: 45.26	100L: 1:39.86	200L: 3:32.28						
4	21723	PITA REGUEIRO RAQUEL	1972	CNLICEO	8:40.62	M 25	2021-05-30	Carballo Calero	5
	50L: 56.37	100L: 2:02.06	200L: 4:15.57						
50+									
1	21454	SANDERSON HELEN JANE	1970	CULLERED	6:09.68	M 25	2021-05-30	Carballo Calero	11
	50L: 41.37	100L: 1:26.24	200L: 3:01.01						
2	2696	ABREU FERNANDEZ MARTA	1971	NPONTEA	7:07.48	M 25	2021-05-16	As Pozas	8
	50L: 48.41	100L: 1:40.16	200L: 3:28.74						
3	19444	MELON PARENTE M. LOURDES	1969	NPONTEA	9:17.05	M 25	2021-05-16	As Pozas	6
	50L: 1:06.18	100L: 2:16.76	200L: 4:37.34						
55+									
1	17640	REBORDA MORILLO SUSANA	1962	ESCUALOS	8:06.38	M 25	2021-05-16	As Pozas	11
	50L: 1:00.03	100L: 1:59.68	200L: 4:01.66						
60+									
1	15374	BALADO LOPEZ ANA MARIA	1961	POURENSE	6:29.14	M 25	2021-05-16	As Pozas	11
	50L: 43.95	100L: 1:31.23	200L: 3:09.97						
2	7937	PEREIRA ALONSO ISABEL	1961	ADFOGAR	7:24.93	M 25	2021-05-30	Carballo Calero	8
	50L: 48.70	100L: 1:42.06	200L: 3:32.39						

2. 400 m Libre Masculino

20+										
1	5394	PASSARETTI PEREIRA ALEJANDRO	1998	CIDSANTI	4:12.69	M 25	2021-05-30	Carballo Calero	11	
		50L: 27.99		100L: 58.17				200L: 2:00.44		
2	1371	DOPICO REY ANTON	1997	CNFERRO	4:20.32	M 25	2021-05-30	Carballo Calero	8	
		50L: 30.09		100L: 1:02.04				200L: 2:07.47		
3	17847	PASTORIZA SANTACLARA JORGE	1997	RBAIXAS	4:23.73	M 25	2021-05-16	As Pozas	6	
		50L: 29.45		100L: 1:02.71				200L: 2:10.50		
4	213	PINO LORENZO BRAIS	2001	NPONTEA	5:01.56	M 25	2021-05-16	As Pozas	5	
		50L: 32.26		100L: 1:08.46				200L: 2:23.95		
5	1144	BARJA RIVAS MARCOS	1999	NTNARON	5:47.42	M 25	2021-05-30	Carballo Calero	4	
		50L: 36.56		100L: 1:18.68				200L: 2:46.27		
25+										
1	5899	DEL RIO REGUEIRA MARCOS	1993	CNLICEO	4:18.75	M 25	2021-05-30	Carballo Calero	11	
		50L: 29.05		100L: 1:00.86				200L: 2:06.68		
2	21274	MEDARD FACUNDO ISMAEL	1995	ARTEIXO	5:01.00	M 25	2021-05-30	Carballo Calero	8	
		50L: 33.79		100L: 1:11.04				200L: 2:26.74		
3	17393	CORES VAZQUEZ RICARDO	1992	NTNARON	5:13.46	M 25	2021-05-30	Carballo Calero	6	
		50L: 35.47		100L: 1:13.32				200L: 2:31.89		
4	9597	TABOADA VILA DANIEL	1993	POURENSE	5:30.23	M 25	2021-05-16	As Pozas	5	
		50L: 37.09		100L: 1:17.43				200L: 2:41.56		
5	21205	BARCIA ANIDO VALENTÍN	1992	CNLICEO	5:59.26	M 25	2021-05-30	Carballo Calero	4	
		50L: 38.83		100L: 1:21.56				200L: 2:51.07		
30+										
1	5225	TABOADA VILA ALBERTO	1987	POURENSE	4:26.22	M 25	2021-05-16	As Pozas	11	
		50L: 29.29		100L: 1:01.55				200L: 2:08.70		
2	5232	CAMPAÑA BARROS ADRIAN	1990	CIDSANTI	5:00.86	M 25	2021-05-30	Carballo Calero	8	
		50L: 34.67		100L: 1:12.18				200L: 2:28.51		
3	20150	RODRÍGUEZ GONZÁLEZ ANTONIO JOAQUÍN	1991	CNFERRO	5:31.79	M 25	2021-05-30	Carballo Calero	6	
		50L: 38.83		100L: 1:19.30				200L: 2:43.58		
4	5765	BECERRA GALEGO ALEXANDRE	1987	CNLICEO	5:31.88	M 25	2021-05-30	Carballo Calero	5	
		50L: 40.78		100L: 1:22.56				200L: 2:47.61		
5	19935	PRESA PRESA SANTIAGO	1988	GALAICO	5:39.22	M 25	2021-05-16	As Pozas	4	
		50L: 37.07		100L: 1:17.66				200L: 2:43.93		
6	19770	MARTÍNEZ DOMÍNGUEZ IVÁN	1988	NPONTEA	6:21.64	M 25	2021-05-16	As Pozas	3	
		50L: 39.53		100L: 1:23.48				200L: 3:01.59		
35+										
1	3137	PAZOS ALONSO JOSUE	1986	ESCUALOS	4:56.18	M 25	2021-05-16	As Pozas	11	

	50L: 31.80	100L: 1:07.46	200L: 2:23.04						
2	21314 VÁZQUEZ GÓMEZ RICARDO		1983 USC	4:57.08	M 25	2021-05-30	Carballo Calero	8	
	50L: 34.02	100L: 1:10.85	200L: 2:25.71						
3	19580 FIERRO FERNÁNDEZ JULIO		1982 CNLICEO	5:36.42	M 25	2021-05-30	Carballo Calero	6	
	50L: 37.46	100L: 1:19.02	200L: 2:43.91						
4	19937 BALSA CASTRO ALEJANDRO		1986 CNLICEO	5:40.08	M 25	2021-05-30	Carballo Calero	5	
	50L: 37.58	100L: 1:17.41	200L: 2:42.33						
5	19867 FERNANDES MAGALHAES ANDRE		1986 RBAIXAS	6:33.03	M 25	2021-05-16	As Pozas	4	
	50L: 40.06	100L: 1:23.31	200L: 2:58.96						
6	9186 POSE MATO CESAR		1983 ADFOGAR	7:27.68	M 25	2021-05-30	Carballo Calero	3	
	50L: 49.85	100L: 1:46.00	200L: 3:41.35						
40+									
1	16787 ABADES REBOREDO DANIEL		1978 CNLICEO	5:00.16	M 25	2021-05-30	Carballo Calero	11	
	50L: 34.70	100L: 1:12.75	200L: 2:29.89						
2	574 MARTINEZ FERNANDEZ HECTOR		1977 NTNARON	5:24.92	M 25	2021-05-30	Carballo Calero	8	
	50L: 36.18	100L: 1:16.02	200L: 2:39.36						
3	20145 ESPAÑA CABEZAS JESÚS		1981 USC	5:26.91	M 25	2021-05-30	Carballo Calero	6	
	50L: 38.00	100L: 1:18.07	200L: 2:41.17						
4	3720 CABANELAS EIRAS PABLO		1979 CIDSANTI	5:29.13	M 25	2021-05-30	Carballo Calero	5	
	50L: 37.32	100L: 1:18.11	200L: 2:41.02						
5	21724 DOMINGUEZ PHILOCREON TICIANO		1981 CIDSANTI	5:34.38	M 25	2021-05-30	Carballo Calero	4	
	50L: 34.76	100L: 1:13.15	200L: 2:37.68						
6	20983 MOURIÑO FORTES VICTOR MANUEL		1977 NPONTEA	5:47.46	M 25	2021-05-16	As Pozas	3	
	50L: 38.29	100L: 1:20.60	200L: 2:48.64						
7	19334 FERNANDEZ IGLESIAS EMILIO J.		1977 NPONTEA	5:55.96	M 25	2021-05-16	As Pozas	2	
	50L: 38.91	100L: 1:20.68	200L: 2:50.15						
8	19174 ALVAREZ IGLESIAS RUBEN		1980 RBAIXAS	5:56.25	M 25	2021-05-16	As Pozas	1	
	50L: 38.46	100L: 1:21.17	200L: 2:52.58						
9	20405 FOUZ ROUCO RUBÉN		1979 HERCULES	6:07.67	M 25	2021-05-30	Carballo Calero	0	
	50L: 38.98	100L: 1:21.98	200L: 2:53.52						
10	6273 ALIAGA SOLA ALBERTO		1977 NPONTEA	6:12.22	M 25	2021-05-16	As Pozas	0	
	50L: 42.04	100L: 1:26.51	200L: 3:00.90						
11	20352 COSTAS GONZALEZ PABLO		1979 NPONTEA	6:57.25	M 25	2021-05-16	As Pozas	0	
	50L: 42.13	100L: 1:28.75	200L: 3:14.72						
12	21749 TABOADA CALVELO JOSE CARLOS		1979 SALESTRA	7:03.98	M 25	2021-05-16	As Pozas	0	
	50L: 44.44	100L: 1:34.49	200L: 3:26.00						
13	17745 TABOAS BASTOS OSCAR		1977 CNMOS	7:35.43	M 25	2021-05-16	As Pozas	0	
	50L: 45.19	100L: 1:36.90	200L: 3:35.59						
45+									
1	2846 QUINTAS BARROS JESUS C.		1973 ESCUALOS	4:51.06	M 25	2021-05-16	As Pozas	11	
	50L: 32.11	100L: 1:08.28	200L: 2:22.42						
2	20127 MASSO AGUADO JORGE		1976 RBAIXAS	4:57.24	M 25	2021-05-16	As Pozas	8	

	50L: 32.41		100L: 1:08.36		200L: 2:24.58					
3	16788	COLLAZO ESMORIS GERARDO A.	1975	CNLICEO	5:06.35	M 25	2021-05-30	Carballo Calero	6	
	50L: 34.74		100L: 1:13.11		200L: 2:30.94					
4	14586	HOUT VARELA FADY	1974	CNLICEO	5:09.97	M 25	2021-05-30	Carballo Calero	5	
	50L: 35.10		100L: 1:13.68		200L: 2:31.79					
5	14725	MOURIÑO ORTIGUERA ROBERTO	1974	RCNVIGO	5:12.18	M 25	2021-05-16	As Pozas	4	
	50L: 33.06		100L: 1:10.04		200L: 2:28.56					
6	3573	DE LUIS GONZALEZ AITOR	1974	RCNVIGO	5:44.96	M 25	2021-05-16	As Pozas	3	
	50L: 39.53		100L: 1:21.29		200L: 2:48.33					
7	17405	PREGO MARTINEZ BENJAMIN	1973	NPONTEA	5:46.14	M 25	2021-05-16	As Pozas	2	
	50L: 38.29		200L: 2:47.87							
8	3645	FERNANDEZ-TESTA BARREIRO DAVID	1974	RBAIXAS	5:47.81	M 25	2021-05-16	As Pozas	1	
	50L: 39.38		100L: 1:21.83		200L: 2:47.17					
9	21640	HERNANDEZ BERMUDEZ VICENTE	1976	HERCULES	6:09.91	M 25	2021-05-30	Carballo Calero	0	
	50L: 40.77		100L: 1:24.98		200L: 2:58.45					
10	15607	LORENZO FERNANDEZ JOSE MANUEL	1972	RBAIXAS	6:14.86	M 25	2021-05-16	As Pozas	0	
	50L: 40.71		100L: 1:25.77		200L: 3:00.34					
11	19970	FERREIRO SEOANE JOSE RAUL	1973	RBAIXAS	6:32.95	M 25	2021-05-16	As Pozas	0	
	50L: 39.51		100L: 1:23.17		200L: 2:58.76					
12	16754	PENEDO PADIN ADOLFO	1972	GALAICO	6:36.90	M 25	2021-05-16	As Pozas	0	
	50L: 43.09		100L: 1:31.80		200L: 3:14.44					
13	21901	BARREIRO RODRIGUEZ CRISTOBAL	1974	CNMOS	6:40.46	M 25	2021-05-16	As Pozas	0	
	50L: 41.15		100L: 1:26.29		200L: 3:06.29					
14	22005	DURO GONZALEZ ANTONIO	1974	SALESTRA	6:41.77	M 25	2021-05-16	As Pozas	0	
	50L: 40.84		100L: 1:25.81		200L: 3:00.92					
15	17906	LOPEZ FRANCISCO FRANCISCO JOSE	1976	RBAIXAS	7:21.31	M 25	2021-05-16	As Pozas	0	
	50L: 44.97		100L: 1:34.57		200L: 3:25.02					
16	21266	BELISARIO PERAZA RAFAEL E	1972	ADFOGAR	8:05.11	M 25	2021-05-30	Carballo Calero	0	
	50L: 54.23		100L: 1:54.67		200L: 4:01.17					
50+										
1	20762	TRINCADO FERNANDEZ ALBERTO	1967	CNMOS	5:47.53	M 25	2021-05-16	As Pozas	11	
	50L: 38.78		100L: 1:20.71		200L: 2:49.09					
2	512	FRANCISCO FERNÁNDEZ MARIO	1970	CNLICEO	5:48.65	M 25	2021-05-30	Carballo Calero	8	
	50L: 38.36		100L: 1:20.98		200L: 2:49.54					
3	1688	TOME NOGUEIRA ALBERTO M.	1968	ADFOGAR	6:06.49	M 25	2021-05-30	Carballo Calero	6	
	50L: 39.95		100L: 1:25.08		200L: 2:58.84					
4	16198	BOUSO FUENTECILLA FERNANDO	1971	ESCUALOS	6:11.21	M 25	2021-05-16	As Pozas	5	
	50L: 41.03		100L: 1:24.97		200L: 2:57.73					
5	19579	FERREIRO CRUZ EDUARDO	1970	CNLICEO	6:29.11	M 25	2021-05-30	Carballo Calero	4	
	50L: 42.19		100L: 1:29.63		200L: 3:10.49					
6	21061	LAMELO OTERO RAMÓN J.	1968	CIDSANTI	6:36.00	M 25	2021-05-30	Carballo Calero	3	
	50L: 43.27		100L: 1:32.63		200L: 3:15.71					
7	21242	PEREZ LEIVA MANUEL	1968	RBAIXAS	6:36.77	M 25	2021-05-16	As Pozas	2	

	50L: 43.54	100L: 1:32.81	200L: 3:15.76						
8	20403	SÁNCHEZ SECO MANUEL	1968	ESCUALOS	6:37.05	M 25	2021-05-16	As Pozas	1
	50L: 42.90	100L: 1:29.55	200L: 3:09.93						
9	6593	TRILLO CARLIN JOSE FERNANDO	1968	ADFOGAR	7:08.32	M 25	2021-05-30	Carballo Calero	0
	50L: 46.80	100L: 1:39.11	200L: 3:30.66						
10	19644	FERREIRO SANCHEZ LUIS	1970	POURENSE	7:28.54	M 25	2021-05-16	As Pozas	0
	50L: 47.65	100L: 1:42.46	200L: 3:38.46						
55+									
1	466	RIVAS FEAL ANTONIO	1966	HERCULES	5:22.67	M 25	2021-05-30	Carballo Calero	11
	50L: 38.67	100L: 1:20.48	200L: 2:43.50						
2	1568	CEGARRA GARCIA EUGENIO	1964	RSDH	6:27.88	M 25	2021-05-30	Carballo Calero	8
	50L: 42.01	100L: 1:28.73	200L: 3:07.26						
3	16735	FERREIRA GONZALEZ XOSE ANXO	1966	CTRAVIE	6:42.03	M 25	2021-05-16	As Pozas	6
	50L: 45.26	100L: 1:35.78	200L: 3:21.63						
4	2809	BLANCO PEREZ ANGEL	1964	POURENSE	7:06.96	M 25	2021-05-16	As Pozas	5
	50L: 49.28	100L: 1:42.12	200L: 3:30.55						
5	3532	LAGO REY JOSE MANUEL	1963	RBAIXAS	9:43.76	M 25	2021-05-16	As Pozas	4
	50L: 1:03.46	100L: 2:13.99	200L: 4:44.72						
60+									
1	20088	FERNANDEZ ARRUTI JOSE ANGEL	1959	CIDSANTI	5:51.69	M 25	2021-05-30	Carballo Calero	11
	50L: 39.36	100L: 1:22.48	200L: 2:52.00						
2	19938	CODESIDO LOPEZ JOSE	1959	CIDSANTI	6:08.86	M 25	2021-05-30	Carballo Calero	8
	50L: 37.97	100L: 1:20.84	200L: 2:53.92						
65+									
1	20951	TIMIRAOS CARRASCO LUIS	1956	POURENSE	9:37.42	M 25	2021-05-16	As Pozas	11
	50L: 1:05.75	100L: 2:19.64	200L: 4:46.21						
70+									
1	3449	MONROY FERNÁNDEZ MANUEL	1950	NPONTEA	7:13.06	M 25	2021-05-16	As Pozas	11
	50L: 49.02	100L: 1:40.97	200L: 3:30.41						

3. 50 m Bolboreta Feminino

20+										
1	15351	RODRIGUEZ PEREZ LORENA	2001	NPONTEA	41.58	M 25	2021-05-16	As Pozas		11
2	22023	CABALEIRO FREIRIA LARA	2001	NPONTEA	46.84	M 25	2021-05-16	As Pozas		8
3	20574	CÁCERES-TERRADO CARDENES ANA ISABEL	2000	USC	49.46	M 25	2021-05-30	Carballo Calero		6
25+										
1	1294	LOPEZ SANMARTIN NEREA	1996	CNFERRO	31.74	M 25	2021-05-30	Carballo Calero		11
2	3229	CHAMADOIRA DOMINGUEZ ESTEFANIA	1993	NPONTEA	33.93	M 25	2021-05-16	As Pozas		8
3	19536	GONZALEZ PEREZ PAULA	1996	NPONTEA	48.51	M 25	2021-05-16	As Pozas		6
30+										
1	1806	VALIÑO GÓMEZ ESTHER	1988	RBAIXAS	32.46	M 25	2021-05-16	As Pozas		11
2	16677	RIVAS TENREIRO ARANTZA	1989	NTNARON	36.09	M 25	2021-05-30	Carballo Calero		8
3	5799	VINAGRE SENDINO CORA	1988	ADFOGAR	36.80	M 25	2021-05-30	Carballo Calero		6
4	19311	LOPEZ SANMARTIN TANIA	1991	CNFERRO	37.41	M 25	2021-05-30	Carballo Calero		5
5	17654	ALVAREZ COSTAS MARIA PAZ	1988	NPONTEA	39.87	M 25	2021-05-16	As Pozas		4
6	21066	ABELENDA POSE MARÍA ESTEFANIA	1989	CNLICEO	44.92	M 25	2021-05-30	Carballo Calero		3
7	20464	GARCÍA LORENZO IRIA	1987	NPONTEA	46.52	M 25	2021-05-16	As Pozas		2
8	20331	DOMINGUEZ SANCHEZ MIRIAM	1991	RBAIXAS	50.53	M 25	2021-05-16	As Pozas		1
35+										
1	5634	PICHEL GARCIA ELISA	1984	ADFOGAR	33.69	M 25	2021-05-30	Carballo Calero		11
2	641	SOUTO DERUNGS CRISTINA	1985	CNFERRO	43.13	M 25	2021-05-30	Carballo Calero		8
40+										
1	20443	RODRIGUEZ RODRIGUEZ ZELTIA	1981	NTNARON	38.37	M 25	2021-05-30	Carballo Calero		11
2	585	HERMIDA RODRIGUEZ BLANCA	1981	CMARINA	39.56	M 25	2021-05-30	Carballo Calero		7.0
3	17895	PRADO FRANCO MARTA E.	1979	RBAIXAS	39.56	M 25	2021-05-16	As Pozas		7.0
4	3616	MOLINOS LAMAS BIBIANA	1977	RBAIXAS	41.40	M 25	2021-05-16	As Pozas		5
5	20155	COVELO SAAVEDRA NAHIR	1978	NPONTEA	49.00	M 25	2021-05-16	As Pozas		4
6	18312	ALVAREZ LARRAN MARIA DEL PILAR	1979	RBAIXAS	51.65	M 25	2021-05-16	As Pozas		3
7	19183	OLMO VAQUEIRO LETICIA	1981	NPONTEA	54.84	M 25	2021-05-16	As Pozas		2
8	20152	BESADA FERNÁNDEZ ANA M.	1978	NPONTEA	1:01.14	M 25	2021-05-16	As Pozas		1
45+										
1	20366	BRAÑA MENENDEZ SONIA	1975	CNLICEO	36.09	M 25	2021-05-30	Carballo Calero		11
2	14219	HERNANDEZ TENREIRO MARTA	1975	CNFERRO	41.20	M 25	2021-05-30	Carballo Calero		8
3	20000	ROIG SANCHEZ BLANCA ANA	1974	RBAIXAS	45.68	M 25	2021-05-16	As Pozas		6
50+										

1	180	MUTILBA OBREGON NURIA	1969	NPONTEA	42.65	M 25	2021-05-16	As Pozas	11
2	490	JIMENEZ PEREZ VICTORIA	1969	CNFERRO	47.67	M 25	2021-05-30	Carballo Calero	8
3	2696	ABREU FERNANDEZ MARTA	1971	NPONTEA	55.34	M 25	2021-05-16	As Pozas	6
4	19444	MELON PARENTE M. LOURDES	1969	NPONTEA	1:19.37	M 25	2021-05-16	As Pozas	5
55+									
1	18879	ACEVEDO REGO ERMITAS	1966	POURENSE	1:00.21	M 25	2021-05-16	As Pozas	11
65+									
1	3452	GONZALEZ ALEGRE ANA	1952	RCNVIGO	58.53	M 25	2021-05-16	As Pozas	11

4. 50 m Bolboreta Masculino

20+										
1	3234	COSTA FERNANDEZ LUCAS	1998	NPONTEA	27.70	M 25	2021-05-16	As Pozas		11
2	8293	MORGADAS IGLESIAS PABLO	1998	CNMOS	31.37	M 25	2021-05-16	As Pozas		8
3	21521	DOMÍNGUEZ ROMERO BRAIS	1997	CNFERRO	40.85	M 25	2021-05-30	Carballo Calero		6
25+										
1	5900	DEL RIO REGUEIRA RUBEN	1993	CNLICEO	27.26	M 25	2021-05-30	Carballo Calero		11
2	2717	CARRERA COSTAS MARTIN	1996	NPONTEA	29.00	M 25	2021-05-16	As Pozas		8
3	3161	GARCIA GONZALEZ CARLOS	1996	CNMOS	31.44	M 25	2021-05-16	As Pozas		6
4	3253	IBAÑEZ CARRERA MANUEL GABRIEL	1996	NPONTEA	31.84	M 25	2021-05-16	As Pozas		5
30+										
1	5225	TABOADA VILA ALBERTO	1987	POURENSE	27.50	M 25	2021-05-16	As Pozas		11
2	17109	FORTES NOVOA MARTIÑO	1988	ESCUALOS	35.29	M 25	2021-05-16	As Pozas		8
3	5672	LAMEIRO SEOANE JAVIER	1987	HERCULES	36.82	M 25	2021-05-30	Carballo Calero		6
4	5765	BECERRA GALEGO ALEXANDRE	1987	CNLICEO	50.12	M 25	2021-05-30	Carballo Calero		5
35+										
1	21314	VÁZQUEZ GÓMEZ RICARDO	1983	USC	29.91	M 25	2021-05-30	Carballo Calero		11
2	17139	MARES GONZALEZ ABEL	1986	ESCUALOS	36.45	M 25	2021-05-16	As Pozas		8
3	3105	CARRERA COSTAS ANDRES	1982	NPONTEA	40.28	M 25	2021-05-16	As Pozas		6
4	21258	ARIAS LÓPEZ JAIME	1982	CNLICEO	41.31	M 25	2021-05-30	Carballo Calero		5
5	19326	RODRIGUEZ GARCIA JOSE BERNARDO	1983	RBAIXAS	42.61	M 25	2021-05-16	As Pozas		4
6	19945	ROMERO ALVAREZ JULIAN	1984	ESCUALOS	44.02	M 25	2021-05-16	As Pozas		3
7	9186	POSE MATO CESAR	1983	ADFOGAR	1:01.92	M 25	2021-05-30	Carballo Calero		2
40+										
1	21224	PANTOJA GUIO JOSUE	1978	ADFOGAR	29.73	M 25	2021-05-30	Carballo Calero		11
2	21956	RODRÍGUEZ LAMAS JOSE RAMÓN	1980	ESCUALOS	31.92	M 25	2021-05-16	As Pozas		8
3	574	MARTINEZ FERNANDEZ HECTOR	1977	NTNARON	32.18	M 25	2021-05-30	Carballo Calero		6
4	17799	FINS SEOANE JUAN MIGUEL	1977	SALESTRA	32.40	M 25	2021-05-16	As Pozas		5
5	3720	CABANELAS EIRAS PABLO	1979	CIDSANTI	35.39	M 25	2021-05-30	Carballo Calero		4
6	19334	FERNANDEZ IGLESIAS EMILIO J.	1977	NPONTEA	36.01	M 25	2021-05-16	As Pozas		3
7	20405	FOUZ ROUCO RUBÉN	1979	HERCULES	36.08	M 25	2021-05-30	Carballo Calero		2
8	21724	DOMINGUEZ PHILOCREON TICIANO	1981	CIDSANTI	38.32	M 25	2021-05-30	Carballo Calero		1
9	19174	ALVAREZ IGLESIAS RUBEN	1980	RBAIXAS	42.83	M 25	2021-05-16	As Pozas		0
45+										
1	20368	SAAVEDRA GONZÁLEZ RAUL	1973	CNLICEO	30.68	M 25	2021-05-30	Carballo Calero		11
2	16336	ANEIROS GARCIA JOSE M.	1974	CMARINA	31.09	M 25	2021-05-30	Carballo Calero		8

3	20127	MASSO AGUADO JORGE	1976	RBAIXAS	31.40	M 25	2021-05-16	As Pozas	6
4	2846	QUINTAS BARROS JESUS C.	1973	ESCUALOS	34.06	M 25	2021-05-16	As Pozas	5
5	21451	HERNAEZ OUBIÑA DAVID	1973	CULLERED	34.49	M 25	2021-05-30	Carballo Calero	4
6	14586	HOUT VARELA FADY	1974	CNLICEO	34.85	M 25	2021-05-30	Carballo Calero	3
7	1750	MON FERNÁNDEZ JAVIER	1976	ARTEIXO	35.02	M 25	2021-05-30	Carballo Calero	2
8	19602	ESCUDEIRO DANS DAVID	1973	HERCULES	35.55	M 25	2021-05-30	Carballo Calero	1
9	16788	COLLAZO ESMORIS GERARDO A.	1975	CNLICEO	36.59	M 25	2021-05-30	Carballo Calero	0
10	19970	FERREIRO SEOANE JOSE RAUL	1973	RBAIXAS	42.61	M 25	2021-05-16	As Pozas	0
11	20407	MARTÍNEZ LEMA JOSÉ ANTONIO	1972	HERCULES	43.28	M 25	2021-05-30	Carballo Calero	0
12	19104	RASKIN TALLER MARIANO	1975	CIDSANTI	45.25	M 25	2021-05-30	Carballo Calero	0
13	17307	GARROCHO DURAN EMILIO JOSE	1972	CNFERRO	58.06	M 25	2021-05-30	Carballo Calero	0
50+									
1	1688	TOME NOGUEIRA ALBERTO M.	1968	ADFOGAR	37.10	M 25	2021-05-30	Carballo Calero	11
2	20762	TRINCADO FERNANDEZ ALBERTO	1967	CNMOS	42.78	M 25	2021-05-16	As Pozas	8
3	19579	FERREIRO CRUZ EDUARDO	1970	CNLICEO	50.12	M 25	2021-05-30	Carballo Calero	6
4	6593	TRILLO CARLIN JOSE FERNANDO	1968	ADFOGAR	51.66	M 25	2021-05-30	Carballo Calero	5
55+									
1	466	RIVAS FEAL ANTONIO	1966	HERCULES	34.55	M 25	2021-05-30	Carballo Calero	11
2	16735	FERREIRA GONZALEZ XOSE ANXO	1966	CTRAVIE	39.47	M 25	2021-05-16	As Pozas	8
60+									
1	20	ROS ROSILLO ALEJANDRO	1958	RBAIXAS	41.72	M 25	2021-05-16	As Pozas	11
2	3092	RODRIGUEZ GOMEZ EMILIO	1961	NPONTEA	46.67	M 25	2021-05-16	As Pozas	8
3	16756	PEREZ SOLIÑO CONSTANTE	1958	GALAICO	53.28	M 25	2021-05-16	As Pozas	6
4	3829	SANTAMARINA LOPEZ JAVIER	1958	CTRAVIE	1:08.87	M 25	2021-05-16	As Pozas	5
65+									
1	20951	TIMIRAOS CARRASCO LUIS	1956	POURENSE	1:20.59	M 25	2021-05-16	As Pozas	11

5. 50 m Costas Feminino

25+										
1	658	VILLAR CAINZOS CLAUDIA	1992	CNFERRO	32.04	M 25	2021-05-30	Carballo Calero	11	
2	3230	CHAMADOIRA DOMÍNGUEZ JENNIFER	1994	NPONTEA	33.88	M 25	2021-05-16	As Pozas	8	
3	3229	CHAMADOIRA DOMINGUEZ ESTEFANIA	1993	NPONTEA	37.38	M 25	2021-05-16	As Pozas	6	
30+										
1	19311	LOPEZ SANMARTIN TANIA	1991	CNFERRO	38.22	M 25	2021-05-30	Carballo Calero	11	
2	5799	VINAGRE SENDINO CORA	1988	ADFOGAR	38.99	M 25	2021-05-30	Carballo Calero	8	
3	19086	ESPASANDIN MARTÍNEZ MARÍA	1990	CNLICEO	39.98	M 25	2021-05-30	Carballo Calero	6	
4	4614	RIVAS CARCACIA NATALIA	1991	ESCUALOS	40.25	M 25	2021-05-16	As Pozas	5	
5	3685	GONZALEZ PEREZ JESSICA	1987	RBAIXAS	44.20	M 25	2021-05-16	As Pozas	4	
6	21701	DEL CURA MIRANDA VIRGINIA	1991	CNLICEO	55.25	M 25	2021-05-30	Carballo Calero	3	
35+										
1	641	SOUTO DERUNGS CRISTINA	1985	CNFERRO	39.82	M 25	2021-05-30	Carballo Calero	11	
2	22048	QUEREDA RODRÍGUEZ ALMUDENA	1985	CNLICEO	1:01.63	M 25	2021-05-30	Carballo Calero	8	
40+										
1	585	HERMIDA RODRIGUEZ BLANCA	1981	CMARINA	39.60	M 25	2021-05-30	Carballo Calero	11	
2	16696	SANCHEZ LEDO CIRA	1981	ESCUALOS	42.77	M 25	2021-05-16	As Pozas	8	
3	18322	RODRIGUEZ LOPEZ BELEN	1981	RBAIXAS	50.45	M 25	2021-05-16	As Pozas	6	
4	592	VAZQUEZ PARCERO MARTA	1980	CMARINA	59.08	M 25	2021-05-30	Carballo Calero	5	
5	19583	MANTIÑÁN PAREDES MARÍA	1977	CNLICEO	59.85	M 25	2021-05-30	Carballo Calero	4	
45+										
1	17164	REGUEIRA MARTINEZ MARIA J.	1975	CNLICEO	44.91	M 25	2021-05-30	Carballo Calero	11	
2	20000	ROIG SANCHEZ BLANCA ANA	1974	RBAIXAS	47.19	M 25	2021-05-16	As Pozas	8	
3	16659	ALVARIÑO PEREZ CRISTINA	1975	NTNARON	49.31	M 25	2021-05-30	Carballo Calero	6	
4	15481	VARELA REDONDO VERONICA	1975	NPONTEA	51.58	M 25	2021-05-16	As Pozas	5	
5	20589	GRUEIRO CERCIDO PATRICIA	1976	NTNARON	51.62	M 25	2021-05-30	Carballo Calero	4	
6	21723	PITA REGUEIRO RAQUEL	1972	CNLICEO	57.15	M 25	2021-05-30	Carballo Calero	3	
50+										
1	21454	SANDERSON HELEN JANE	1970	CULLERED	46.64	M 25	2021-05-30	Carballo Calero	11	
2	19988	VAZQUEZ ALONSO PATRICIA	1969	NPONTEA	1:10.68	M 25	2021-05-16	As Pozas	8	
55+										
1	17749	PEREZ GALLARDO TERESA	1964	POURENSE	1:22.71	M 25	2021-05-16	As Pozas	11	
60+										



LIGA GALEGA MÁSTER XOR. 5 (UNIFICADOS)

Federación Galega de Natación

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1	7937	PEREIRA ALONSO ISABEL	1961	ADFOGAR	53.35	M 25	2021-05-30	Carballo Calero	11
65+									
1	3458	SUEIRO COSTAS M ^a CARMEN	1956	NPONTEA	1:36.56	M 25	2021-05-16	As Pozas	11
75+									
1	3441	GONZALEZ RODRIGUEZ S. MARTA	1946	NPONTEA	1:32.81	M 25	2021-05-16	As Pozas	11
2	20154	CHANTADA GÓMEZ M. DEL CARMEN	1943	NPONTEA	2:10.92	M 25	2021-05-16	As Pozas	8
85+									
1	3443	IGLESIAS BLANCO CELIA	1932	CNMOS	2:09.46	M 25	2021-05-16	As Pozas	11

6. 50 m Costas Masculino

20+										
1	3234	COSTA FERNANDEZ LUCAS	1998	NPONTEA	30.88	M 25	2021-05-16	As Pozas		11
2	17847	PASTORIZA SANTACLARA JORGE	1997	RBAIXAS	31.91	M 25	2021-05-16	As Pozas		8
3	8293	MORGADAS IGLESIAS PABLO	1998	CNMOS	32.66	M 25	2021-05-16	As Pozas		6
25+										
1	5900	DEL RIO REGUEIRA RUBEN	1993	CNLICEO	30.34	M 25	2021-05-30	Carballo Calero		11
2	2717	CARRERA COSTAS MARTIN	1996	NPONTEA	31.69	M 25	2021-05-16	As Pozas		8
3	3161	GARCIA GONZALEZ CARLOS	1996	CNMOS	34.04	M 25	2021-05-16	As Pozas		6
4	3253	IBAÑEZ CARRERA MANUEL GABRIEL	1996	NPONTEA	35.09	M 25	2021-05-16	As Pozas		5
30+										
1	5672	LAMEIRO SEOANE JAVIER	1987	HERCULES	38.90	M 25	2021-05-30	Carballo Calero		11
2	19770	MARTÍNEZ DOMÍNGUEZ IVÁN	1988	NPONTEA	46.10	M 25	2021-05-16	As Pozas		8
35+										
1	651	GARCIA SOTO HECTOR	1985	ADFOGAR	34.07	M 25	2021-05-30	Carballo Calero		11
2	17139	MARES GONZALEZ ABEL	1986	ESCUALOS	40.93	M 25	2021-05-16	As Pozas		8
3	19867	FERNANDES MAGALHAES ANDRE	1986	RBAIXAS	47.66	M 25	2021-05-16	As Pozas		6
4	3601	GONZALEZ CONDE RODRIGO	1982	NPONTEA	47.71	M 25	2021-05-16	As Pozas		5
5	21258	ARIAS LÓPEZ JAIME	1982	CNLICEO	48.66	M 25	2021-05-30	Carballo Calero		4
6	6872	MELLA BARBEITO JAVIER	1983	ARTEIXO	50.31	M 25	2021-05-30	Carballo Calero		3
40+										
1	21956	RODRÍGUEZ LAMAS JOSE RAMÓN	1980	ESCUALOS	37.66	M 25	2021-05-16	As Pozas		11
2	15539	FERNANDEZ MAROTO DIEGO	1978	RCNVIGO	37.80	M 25	2021-05-16	As Pozas		8
3	16787	ABADES REBOREDO DANIEL	1978	CNLICEO	38.95	M 25	2021-05-30	Carballo Calero		6
4	16718	NOGUEIRA-PINTO CRESPO HUGO	1978	ESCUALOS	39.41	M 25	2021-05-16	As Pozas		5
5	17832	PADIN CHARLIN JOAQUIN	1980	ESCUALOS	42.72	M 25	2021-05-16	As Pozas		4
6	6273	ALIAGA SOLA ALBERTO	1977	NPONTEA	42.98	M 25	2021-05-16	As Pozas		3
7	20352	COSTAS GONZALEZ PABLO	1979	NPONTEA	45.92	M 25	2021-05-16	As Pozas		2
45+										
1	16336	ANEIROS GARCIA JOSE M.	1974	CMARINA	37.34	M 25	2021-05-30	Carballo Calero		11
2	16754	PENEDO PADIN ADOLFO	1972	GALAICO	49.67	M 25	2021-05-16	As Pozas		8
50+										
1	512	FRANCISCO FERNÁNDEZ MARIO	1970	CNLICEO	45.87	M 25	2021-05-30	Carballo Calero		11
2	21242	PEREZ LEIVA MANUEL	1968	RBAIXAS	46.63	M 25	2021-05-16	As Pozas		8
3	16065	GENDE DIAZ JUAN FELIX	1970	ADFOGAR	50.22	M 25	2021-05-30	Carballo Calero		6

4	20168	CRESPO PÉREZ ALBARINO	1970	ESCUALOS	52.63	M 25	2021-05-16	As Pozas	5
5	21061	LAMELO OTERO RAMÓN J.	1968	CIDSANTI	56.78	M 25	2021-05-30	Carballo Calero	4
6	19644	FERREIRO SANCHEZ LUIS	1970	POURENSE	1:01.96	M 25	2021-05-16	As Pozas	3
60+									
1	19938	CODESIDO LOPEZ JOSE	1959	CIDSANTI	40.92	M 25	2021-05-30	Carballo Calero	11
2	16756	PEREZ SOLIÑO CONSTANTE	1958	GALAICO	51.26	M 25	2021-05-16	As Pozas	8
3	3829	SANTAMARINA LOPEZ JAVIER	1958	CTRAVIE	1:20.58	M 25	2021-05-16	As Pozas	6
65+									
1	20147	CANEDO GARCIA MARCELINO	1956	ADFOGAR	1:06.69	M 25	2021-05-30	Carballo Calero	11
70+									
1	3449	MONROY FERNÁNDEZ MANUEL	1950	NPONTEA	55.35	M 25	2021-05-16	As Pozas	11
80+									
1	16629	ARAUJO DOMINGUEZ FRANCISCO	1940	NPONTEA	1:22.31	M 25	2021-05-16	As Pozas	11

7. 50 m Braza Feminino

20+										
1	3283	FERNANDEZ PARDO IRENE	2001	NPONTEA	41.81	M 25	2021-05-16	As Pozas		11
2	7052	CANO ROSALES NURIA	2001	GALAICO	43.78	M 25	2021-05-16	As Pozas		8
3	15351	RODRIGUEZ PEREZ LORENA	2001	NPONTEA	47.09	M 25	2021-05-16	As Pozas		6
4	22023	CABALEIRO FREIRIA LARA	2001	NPONTEA	51.16	M 25	2021-05-16	As Pozas		5
25+										
1	1294	LOPEZ SANMARTIN NEREA	1996	CNFERRO	36.24	M 25	2021-05-30	Carballo Calero		11
2	3230	CHAMADOIRA DOMÍNGUEZ JENNIFER	1994	NPONTEA	42.84	M 25	2021-05-16	As Pozas		8
3	19536	GONZALEZ PEREZ PAULA	1996	NPONTEA	49.36	M 25	2021-05-16	As Pozas		6
30+										
1	1806	VALIÑO GÓMEZ ESTHER	1988	RBAIXAS	37.63	M 25	2021-05-16	As Pozas		11
2	4614	RIVAS CARCACIA NATALIA	1991	ESCUALOS	39.93	M 25	2021-05-16	As Pozas		8
3	16677	RIVAS TENREIRO ARANTZA	1989	NTNARON	41.93	M 25	2021-05-30	Carballo Calero		6
4	17654	ALVAREZ COSTAS MARIA PAZ	1988	NPONTEA	43.87	M 25	2021-05-16	As Pozas		5
5	21066	ABELENDA POSE MARÍA ESTEFANIA	1989	CNLICEO	48.68	M 25	2021-05-30	Carballo Calero		4
6	18889	SANTOS DA GRACA FRANCELINA	1987	ADFOGAR	51.56	M 25	2021-05-30	Carballo Calero		3
7	20331	DOMINGUEZ SANCHEZ MIRIAM	1991	RBAIXAS	54.74	M 25	2021-05-16	As Pozas		2
35+										
1	5634	PICHEL GARCIA ELISA	1984	ADFOGAR	38.46	M 25	2021-05-30	Carballo Calero		11
2	20401	FKEOUI OMARI SALMA	1982	ESCUALOS	48.09	M 25	2021-05-16	As Pozas		8
40+										
1	16694	MIRA VAZQUEZ MARTA	1981	ESCUALOS	44.29	M 25	2021-05-16	As Pozas		11
2	20443	RODRIGUEZ RODRIGUEZ ZELTIA	1981	NTNARON	44.62	M 25	2021-05-30	Carballo Calero		8
3	3616	MOLINOS LAMAS BIBIANA	1977	RBAIXAS	45.25	M 25	2021-05-16	As Pozas		6
4	20155	COVELO SAAVEDRA NAHIR	1978	NPONTEA	48.73	M 25	2021-05-16	As Pozas		5
5	18312	ALVAREZ LARRAN MARIA DEL PILAR	1979	RBAIXAS	50.29	M 25	2021-05-16	As Pozas		4
6	592	VAZQUEZ PARCERO MARTA	1980	CMARINA	1:06.92	M 25	2021-05-30	Carballo Calero		3
45+										
1	20366	BRAÑA MENENDEZ SONIA	1975	CNLICEO	39.94	M 25	2021-05-30	Carballo Calero		11
2	14219	HERNANDEZ TENREIRO MARTA	1975	CNFERRO	43.70	M 25	2021-05-30	Carballo Calero		8
3	16659	ALVARIÑO PEREZ CRISTINA	1975	NTNARON	46.72	M 25	2021-05-30	Carballo Calero		6
4	20589	GRUEIRO CERCIDO PATRICIA	1976	NTNARON	50.17	M 25	2021-05-30	Carballo Calero		5
50+										
1	180	MUTILBA OBREGON NURIA	1969	NPONTEA	46.87	M 25	2021-05-16	As Pozas		11

2	490	JIMENEZ PEREZ VICTORIA	1969	CNFERRO	48.39	M 25	2021-05-30	Carballo Calero	8
55+									
1	17640	REBOREDA MORILLO SUSANA	1962	ESCUALOS	1:03.40	M 25	2021-05-16	As Pozas	11
2	18879	ACEVEDO REGO ERMITAS	1966	POURENSE	1:08.46	M 25	2021-05-16	As Pozas	8
3	17749	PEREZ GALLARDO TERESA	1964	POURENSE	1:28.40	M 25	2021-05-16	As Pozas	6
60+									
1	15374	BALADO LOPEZ ANA MARIA	1961	POURENSE	46.42	M 25	2021-05-16	As Pozas	11
65+									
1	3452	GONZALEZ ALEGRE ANA	1952	RCNVIGO	1:01.57	M 25	2021-05-16	As Pozas	11
2	3458	SUEIRO COSTAS M ^a CARMEN	1956	NPONTEA	1:31.08	M 25	2021-05-16	As Pozas	8
75+									
1	3441	GONZALEZ RODRIGUEZ S. MARTA	1946	NPONTEA	2:05.84	M 25	2021-05-16	As Pozas	11
2	20154	CHANTADA GÓMEZ M. DEL CARMEN	1943	NPONTEA	2:37.96	M 25	2021-05-16	As Pozas	8

8. 50 m Braza Masculino

20+										
1	5394	PASSARETTI PEREIRA ALEJANDRO	1998	CIDSANTI	29.66	M 25	2021-05-30	Carballo Calero	11	
2	1371	DOPICO REY ANTON	1997	CNFERRO	31.32	M 25	2021-05-30	Carballo Calero	8	
3	213	PINO LORENZO BRAIS	2001	NPONTEA	35.28	M 25	2021-05-16	As Pozas	6	
4	21521	DOMÍNGUEZ ROMERO BRAIS	1997	CNFERRO	40.61	M 25	2021-05-30	Carballo Calero	5	
5	1144	BARJA RIVAS MARCOS	1999	NTNARON	41.92	M 25	2021-05-30	Carballo Calero	4	
25+										
1	5899	DEL RIO REGUEIRA MARCOS	1993	CNLICEO	32.89	M 25	2021-05-30	Carballo Calero	11	
2	17393	CORES VAZQUEZ RICARDO	1992	NTNARON	38.62	M 25	2021-05-30	Carballo Calero	8	
3	9597	TABOADA VILA DANIEL	1993	POURENSE	38.87	M 25	2021-05-16	As Pozas	6	
4	21205	BARCIA ANIDO VALENTÍN	1992	CNLICEO	40.90	M 25	2021-05-30	Carballo Calero	5	
30+										
1	17109	FORTES NOVOA MARTIÑO	1988	ESCUALOS	36.25	M 25	2021-05-16	As Pozas	11	
2	5232	CAMPAÑA BARROS ADRIAN	1990	CIDSANTI	40.09	M 25	2021-05-30	Carballo Calero	8	
3	20150	RODRÍGUEZ GONZÁLEZ ANTONIO JOAQUÍN	1991	CNFERRO	40.49	M 25	2021-05-30	Carballo Calero	6	
35+										
1	651	GARCIA SOTO HECTOR	1985	ADFOGAR	34.27	M 25	2021-05-30	Carballo Calero	11	
2	3137	PAZOS ALONSO JOSUE	1986	ESCUALOS	34.91	M 25	2021-05-16	As Pozas	8	
3	19580	FIERRO FERNÁNDEZ JULIO	1982	CNLICEO	36.84	M 25	2021-05-30	Carballo Calero	6	
4	3601	GONZALEZ CONDE RODRIGO	1982	NPONTEA	43.79	M 25	2021-05-16	As Pozas	5	
5	3105	CARRERA COSTAS ANDRES	1982	NPONTEA	43.81	M 25	2021-05-16	As Pozas	4	
6	19937	BALSA CASTRO ALEJANDRO	1986	CNLICEO	43.91	M 25	2021-05-30	Carballo Calero	3	
7	19326	RODRIGUEZ GARCIA JOSE BERNARDO	1983	RBAIXAS	45.89	M 25	2021-05-16	As Pozas	2	
8	6872	MELLA BARBEITO JAVIER	1983	ARTEIXO	59.45	M 25	2021-05-30	Carballo Calero	1	
40+										
1	16718	NOGUEIRA-PINTO CRESPO HUGO	1978	ESCUALOS	34.72	M 25	2021-05-16	As Pozas	11	
2	21224	PANTOJA GUIO JOSUE	1978	ADFOGAR	36.37	M 25	2021-05-30	Carballo Calero	8	
3	17799	FINS SEOANE JUAN MIGUEL	1977	SALESTRA	37.10	M 25	2021-05-16	As Pozas	6	
4	20145	ESPAÑA CABEZAS JESÚS	1981	USC	40.91	M 25	2021-05-30	Carballo Calero	5	
5	17832	PADIN CHARLIN JOAQUIN	1980	ESCUALOS	41.74	M 25	2021-05-16	As Pozas	4	
6	21749	TABOADA CALVELO JOSE CARLOS	1979	SALESTRA	43.85	M 25	2021-05-16	As Pozas	3	
7	15539	FERNANDEZ MAROTO DIEGO	1978	RCNVIGO	46.62	M 25	2021-05-16	As Pozas	2	
8	17745	TABOAS BASTOS OSCAR	1977	CNMOS	54.31	M 25	2021-05-16	As Pozas	1	
45+										
1	21451	HERNAEZ OUBIÑA DAVID	1973	CULLERED	37.34	M 25	2021-05-30	Carballo Calero	11	

2	21640	HERNANDEZ BERMUDEZ VICENTE	1976	HERCULES	41.27	M 25	2021-05-30	Carballo Calero	8
3	19602	ESCUDERO DANS DAVID	1973	HERCULES	41.72	M 25	2021-05-30	Carballo Calero	6
4	14725	MOURIÑO ORTIGUERA ROBERTO	1974	RCNVIGO	41.81	M 25	2021-05-16	As Pozas	5
5	17405	PREGO MARTINEZ BENJAMIN	1973	NPONTEA	41.94	M 25	2021-05-16	As Pozas	4
6	20407	MARTÍNEZ LEMA JOSÉ ANTONIO	1972	HERCULES	43.49	M 25	2021-05-30	Carballo Calero	3
7	19104	RASKIN TALLER MARIANO	1975	CIDSANTI	44.82	M 25	2021-05-30	Carballo Calero	2
8	3645	FERNANDEZ-TESTA BARREIRO DAVID	1974	RBAIXAS	46.47	M 25	2021-05-16	As Pozas	1
9	17906	LOPEZ FRANCISCO FRANCISCO JOSE	1976	RBAIXAS	53.33	M 25	2021-05-16	As Pozas	0
10	21266	BELISARIO PERAZA RAFAEL E	1972	ADFOGAR	53.77	M 25	2021-05-30	Carballo Calero	0
11	22005	DURO GONZALEZ ANTONIO	1974	SALESTRA	59.77	M 25	2021-05-16	As Pozas	0
12	17307	GARROCHO DURAN EMILIO JOSE	1972	CNFERRO	1:03.62	M 25	2021-05-30	Carballo Calero	0
50+									
1	16198	BOUSO FUENTECILLA FERNANDO	1971	ESCUALOS	41.60	M 25	2021-05-16	As Pozas	11
2	20168	CRESPO PÉREZ ALBARINO	1970	ESCUALOS	42.86	M 25	2021-05-16	As Pozas	8
3	20403	SÁNCHEZ SECO MANUEL	1968	ESCUALOS	43.15	M 25	2021-05-16	As Pozas	6
4	21448	BORRAZAS ZAS JOSE FERNANDO	1970	CULLERED	1:01.50	M 25	2021-05-30	Carballo Calero	5
55+									
1	2809	BLANCO PEREZ ANGEL	1964	POURENSE	1:00.11	M 25	2021-05-16	As Pozas	11
2	3532	LAGO REY JOSE MANUEL	1963	RBAIXAS	1:21.36	M 25	2021-05-16	As Pozas	8
60+									
1	20	ROS ROSILLO ALEJANDRO	1958	RBAIXAS	39.43	M 25	2021-05-16	As Pozas	11
2	20088	FERNANDEZ ARRUTI JOSE ANGEL	1959	CIDSANTI	40.19	M 25	2021-05-30	Carballo Calero	8
3	3092	RODRIGUEZ GOMEZ EMILIO	1961	NPONTEA	46.33	M 25	2021-05-16	As Pozas	6
65+									
1	20147	CANEDO GARCIA MARCELINO	1956	ADFOGAR	1:01.67	M 25	2021-05-30	Carballo Calero	11
80+									
1	16629	ARAUJO DOMINGUEZ FRANCISCO	1940	NPONTEA	1:13.20	M 25	2021-05-16	As Pozas	11