

1. 100 m Libre Feminino

20+									
1	7052	CANO ROSALES NURIA	2001	GALAICO	1:10.59	M 25	2021-04-18	Álvaro Pino	11
		50L: 34.04							
2	5360	SUAREZ GARCIA SOFIA	1997	RBAIXAS	1:14.39	M 25	2021-04-18	Álvaro Pino	8
		50L: 35.77							
3	21716	TASENDE LOPEZ XEILA	1997	ARTEIXO	1:26.63	M 25	2021-04-18	J. Gómez Noya	6
		50L: 41.38							
25+									
1	1294	LOPEZ SANMARTIN NEREA	1996	CNFERRO	1:02.45	M 25	2021-04-18	J. Gómez Noya	11
		50L: 28.75							
30+									
1	16677	RIVAS TENREIRO ARANTZA	1989	NTNARON	1:10.77	M 25	2021-04-18	J. Gómez Noya	11
		50L: 33.48							
2	19311	LOPEZ SANMARTIN TANIA	1991	CNFERRO	1:12.43	M 25	2021-04-18	J. Gómez Noya	8
		50L: 34.23							
3	19086	ESPASANDIN MARTÍNEZ MARÍA	1990	CNLICEO	1:13.26	M 25	2021-04-18	J. Gómez Noya	6
		50L: 35.59							
4	4614	RIVAS CARCACIA NATALIA	1991	ESCUALOS	1:15.47	M 25	2021-04-18	Álvaro Pino	5
		50L: 38.21							
5	20464	GARCÍA LORENZO IRIA	1987	NPONTEA	1:25.68	M 25	2021-04-18	Álvaro Pino	4
		50L: 41.81							
6	17288	ARAUJO CASTRO PAULA	1991	CDELMAR	1:26.48	M 25	2021-04-18	J. Gómez Noya	3
		50L: 40.13							
7	745	LOPEZ CORTABITARTE BELEN	1987	CNLICEO	1:28.31	M 25	2021-04-18	J. Gómez Noya	2
		50L: 43.19							
8	21701	DEL CURA MIRANDA VIRGINIA	1991	CNLICEO	1:31.56	M 25	2021-04-18	J. Gómez Noya	1
		50L: 43.07							
9	21066	ABELENDA POSE MARÍA ESTEFANIA	1989	CNLICEO	1:35.28	M 25	2021-04-18	J. Gómez Noya	0
		50L: 42.90							
35+									
1	628	BROZOS VAZQUEZ ELENA MARIA	1982	CIDSANTI	1:50.19	M 25	2021-04-18	J. Gómez Noya	11
		50L: 48.69							
40+									
1	20443	RODRIGUEZ RODRIGUEZ ZELTIA	1981	NTNARON	1:17.79	M 25	2021-04-18	J. Gómez Noya	11
		50L: 38.02							
2	18322	RODRIGUEZ LOPEZ BELEN	1981	RBAIXAS	1:23.95	M 25	2021-04-18	Álvaro Pino	8

50L: 40.31

3 17694 DE LORENZO FERNANDEZ MARIA 1978 ESCUALOS 1:24.30 M 25 2021-04-18 Álvaro Pino 6

50L: 42.43

4 19183 OLMO VAQUEIRO LETICIA 1981 NPONTEA 1:31.76 M 25 2021-04-18 Álvaro Pino 5

50L: 44.66

5 20155 COVELO SAAVEDRA NAHIR 1978 NPONTEA 1:34.07 M 25 2021-04-18 Álvaro Pino 4

50L: 47.13

6 19583 MANTIÑÁN PAREDES MARÍA 1977 CNLICEO 1:41.07 M 25 2021-04-18 J. Gómez Noya 3

50L: 49.07

45+

1 17164 REGUEIRA MARTINEZ MARIA J. 1975 CNLICEO 1:19.42 M 25 2021-04-18 J. Gómez Noya 11

50L: 38.24

2 1652 DE LA MONTAÑA ALCANTARA GLORIA 1973 RSDH 1:22.91 M 25 2021-04-18 J. Gómez Noya 8

50L: 38.63

3 15481 VARELA REDONDO VERONICA 1975 NPONTEA 1:23.48 M 25 2021-04-18 Álvaro Pino 6

50L: 39.76

4 21723 PITA REGUEIRO RAQUEL 1972 CNLICEO 1:58.52 M 25 2021-04-18 J. Gómez Noya 5

50L: 52.87

50+

1 490 JIMENEZ PEREZ VICTORIA 1969 CNFERRO 1:22.35 M 25 2021-04-18 J. Gómez Noya 11

50L: 38.45

2 2696 ABREU FERNANDEZ MARTA 1971 NPONTEA 1:34.23 M 25 2021-04-18 Álvaro Pino 8

50L: 45.72

55+

1 17749 PEREZ GALLARDO TERESA 1964 POURENSE 2:12.32 M 25 2021-04-18 Álvaro Pino 11

50L: 1:04.00

60+

1 15374 BALADO LOPEZ ANA MARIA 1961 POURENSE 1:27.52 M 25 2021-04-18 Álvaro Pino 11

50L: 41.68

2 7937 PEREIRA ALONSO ISABEL 1961 ADFOGAR 1:35.91 M 25 2021-04-18 J. Gómez Noya 8

50L: 45.98

65+

1 3452 GONZÁLEZ ALEGRE ANA M. 1952 RCNVIGO 1:39.48 M 25 2021-04-18 Álvaro Pino 11

50L: 46.99

2 3458 SUEIRO COSTAS Mª CARMEN 1956 NPONTEA 2:30.40 M 25 2021-04-18 Álvaro Pino 8

50L: 1:12.44

75+

1 3441 GONZALEZ RODRIGUEZ S. MARTA 1946 NPONTEA 3:06.92 M 25 2021-04-18 Álvaro Pino 11



LIGA GALEGA MÁSTER XOR. 4 (UNIFICADOS)

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50L: 1:30.65

2	20154	CHANTADA GÓMEZ M. DEL CARMEN	1943	NPONTEA	3:41.38	M 25	2021-04-18	Álvaro Pino	8
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50L: 1:37.30

2. 100 m Libre Masculino

20+										
1	1371	DOPICO REY ANTON	1997	CNFERRO	57.12	M 25	2021-04-18	J. Gómez Noya	11	50L: 27.76
2	1042	LOSADA JIMENEZ ALVARO	1999	CNFERRO	58.19	M 25	2021-04-18	J. Gómez Noya	8	50L: 27.62
3	17847	PASTORIZA SANTACLARA JORGE	1997	RBAIXAS	58.85	M 25	2021-04-18	Álvaro Pino	6	50L: 28.66
4	262	INCUTTI TELLADO DENIS	2000	NPONTEA	1:00.82	M 25	2021-04-18	Álvaro Pino	5	50L: 28.75
5	11681	FERNANDEZ GARCIA JACOBO	2001	GALAICO	1:09.72	M 25	2021-04-18	Álvaro Pino	4	50L: 33.42
6	1144	BARJA RIVAS MARCOS	1999	NTNARON	1:10.31	M 25	2021-04-18	J. Gómez Noya	3	50L: 33.53
7	21521	DOMÍNGUEZ ROMERO BRAIS	1997	CNFERRO	1:15.44	M 25	2021-04-18	J. Gómez Noya	2	50L: 34.17
25+										
1	5900	DEL RIO REGUEIRA RUBEN	1993	CNLICEO	56.95	M 25	2021-04-18	J. Gómez Noya	11	50L: 26.88
2	2717	CARRERA COSTAS MARTIN	1996	NPONTEA	59.41	M 25	2021-04-18	Álvaro Pino	8	50L: 28.17
3	21039	SIMON PASCUAL DIEGO	1993	RBAIXAS	1:04.06	M 25	2021-04-18	Álvaro Pino	6	50L: 30.75
4	17393	CORES VAZQUEZ RICARDO	1992	NTNARON	1:05.77	M 25	2021-04-18	J. Gómez Noya	5	50L: 31.63
5	9597	TABOADA VILA DANIEL	1993	POURENSE	1:07.95	M 25	2021-04-18	Álvaro Pino	4	50L: 32.17
6	21205	BARCIA ANIDO VALENTÍN	1992	CNLICEO	1:10.44	M 25	2021-04-18	J. Gómez Noya	3	50L: 32.23
7	10249	BRION FERNANDEZ MANUEL JOAQUIN	1992	CIDSANTI	1:10.69	M 25	2021-04-18	J. Gómez Noya	2	50L: 33.22
30+										
1	20150	RODRÍGUEZ GONZÁLEZ ANTONIO JOAQUÍN	1991	CNFERRO	1:06.47	M 25	2021-04-18	J. Gómez Noya	11	50L: 31.26
2	17661	LOPEZ CAMARERO IGNACIO	1988	RSDH	1:06.71	M 25	2021-04-18	J. Gómez Noya	8	50L: 31.94
3	19993	RODRÍGUEZ OUTEIRIÑO ALEJANDRO	1990	ESCUALOS	1:12.58	M 25	2021-04-18	Álvaro Pino	6	50L: 36.08
4	5765	BECERRA GALEGO ALEXANDRE	1987	CNLICEO	1:13.23	M 25	2021-04-18	J. Gómez Noya	5	

50L: 35.19

35+

1	4821	RODRIGUEZ LAGO DAVID	1986	CIDSANTI	56.98	M 25	2021-04-18	J. Gómez Noya	11
		50L: 27.62							
2	17854	SEVILLA AROCA JAVIER	1983	ESCUALOS	1:03.21	M 25	2021-04-18	Álvaro Pino	8
		50L: 29.99							
3	19580	FIERRO FERNÁNDEZ JULIO	1982	CNLICEO	1:14.11	M 25	2021-04-18	J. Gómez Noya	6
		50L: 35.85							
4	8137	FERNANDEZ MONTEAGUDO RUBEN	1985	CIDSANTI	1:14.25	M 25	2021-04-18	J. Gómez Noya	5
		50L: 33.62							

40+

1	17799	FINS SEOANE JUAN MIGUEL	1977	SALESTRA	1:01.43	M 25	2021-04-18	Álvaro Pino	11
		50L: 29.04							
2	14699	SANCHEZ GORDON ROMAN	1978	RBAIXAS	1:01.98	M 25	2021-04-18	Álvaro Pino	8
		50L: 29.31							
3	20440	CANOSA RODRIGUEZ JUAN JOSE	1980	NTNARON	1:04.69	M 25	2021-04-18	J. Gómez Noya	6
		50L: 30.34							
4	5692	VAZQUEZ IGLESIAS DANIEL	1979	RBAIXAS	1:04.84	M 25	2021-04-18	Álvaro Pino	5
		50L: 30.53							
5	20405	FOUZ ROUCO RUBÉN	1979	HERCULES	1:06.84	M 25	2021-04-18	J. Gómez Noya	4
		50L: 32.91							
6	3720	CABANELAS EIRAS PABLO	1979	CIDSANTI	1:08.87	M 25	2021-04-18	J. Gómez Noya	3
		50L: 33.45							
7	19174	ALVAREZ IGLESIAS RUBEN	1980	RBAIXAS	1:14.67	M 25	2021-04-18	Álvaro Pino	2
		50L: 35.77							
8	20352	COSTAS GONZALEZ PABLO	1979	NPONTEA	1:18.42	M 25	2021-04-18	Álvaro Pino	1
		50L: 37.46							
9	21749	TABOADA CALVELO JOSE CARLOS	1979	SALESTRA	1:26.49	M 25	2021-04-18	Álvaro Pino	0
		50L: 40.82							

45+

1	3612	GARABATOS RODRIGUEZ SANTIAGO	1974	RBAIXAS	56.55	M 25	2021-04-18	Álvaro Pino	11
		50L: 26.31							
2	2943	TORRES NEIRA FRANCISCO	1975	MPVETUS	1:00.49	M 25	2021-04-18	Álvaro Pino	8
		50L: 28.50							
3	16788	COLLAZO ESMORIS GERARDO A.	1975	CNLICEO	1:06.10	M 25	2021-04-18	J. Gómez Noya	6
		50L: 32.13							
4	16336	ANEIROS GARCIA JOSE M.	1974	CMARINA	1:07.18	M 25	2021-04-18	J. Gómez Noya	4.5
		50L: 31.93							
5	14725	MOURIÑO ORTIGUERA ROBERTO C.	1974	RCNVIGO	1:07.18	M 25	2021-04-18	Álvaro Pino	4.5
		50L: 31.92							
6	14586	HOUT VARELA FADY	1974	CNLICEO	1:07.69	M 25	2021-04-18	J. Gómez Noya	3

		50L: 32.51								
7	4333	SAAVEDRA REINALDO PABLO	1975	NCORUÑA	1:09.78	M 25	2021-04-18	J. Gómez Noya	2	
		50L: 33.53								
8	19602	ESCUDERO DANS DAVID	1973	HERCULES	1:10.96	M 25	2021-04-18	J. Gómez Noya	1	
		50L: 34.68								
9	18218	SANJURJO POVEDA PABLO	1974	CNFERRO	1:11.03	M 25	2021-04-18	J. Gómez Noya	0	
		50L: 33.53								
10	19970	FERREIRO SEOANE JOSE RAUL	1973	RBAIXAS	1:13.61	M 25	2021-04-18	Álvaro Pino	0	
		50L: 34.46								
11	20108	DE MARTIN DIAZ RUBEN	1976	POURENSE	1:17.90	M 25	2021-04-18	Álvaro Pino	0	
		50L: 37.28								
12	15607	LORENZO FERNANDEZ JOSE MANUEL	1972	RBAIXAS	1:19.47	M 25	2021-04-18	Álvaro Pino	0	
		50L: 37.29								
13	21640	HERNANDEZ BERMUDEZ VICENTE	1976	HERCULES	1:20.60	M 25	2021-04-18	J. Gómez Noya	0	
		50L: 37.45								
14	20971	CARNERO FIRVIDA JOSE RAMÓN	1974	ESCUALOS	1:26.50	M 25	2021-04-18	Álvaro Pino	0	
		50L: 40.02								
15	20404	DE LA VEGA GÁNDARAS FELIPE	1973	HERCULES	1:34.81	M 25	2021-04-18	J. Gómez Noya	0	
		50L: 44.85								
16	17307	GARROCHO DURAN EMILIO JOSE	1972	CNFERRO	1:35.98	M 25	2021-04-18	J. Gómez Noya	0	
		50L: 43.16								
17	21266	BELISARIO PERAZA RAFAEL E	1972	ADFOGAR	1:41.34	M 25	2021-04-18	J. Gómez Noya	0	
		50L: 48.34								
50+										
1	21748	NOYA LOPEZ JOSE VIDAL	1967	SALESTRA	1:06.81	M 25	2021-04-18	Álvaro Pino	11	
		50L: 32.13								
2	20403	SÁNCHEZ SECO MANUEL	1968	ESCUALOS	1:22.40	M 25	2021-04-18	Álvaro Pino	8	
		50L: 40.56								
3	20168	CRESPO PÉREZ ALBARINO	1970	ESCUALOS	1:25.90	M 25	2021-04-18	Álvaro Pino	6	
		50L: 40.71								
4	19579	FERREIRO CRUZ EDUARDO	1970	CNLICEO	1:25.94	M 25	2021-04-18	J. Gómez Noya	5	
		50L: 41.19								
5	16065	GENDE DIAZ JUAN FELIX	1970	ADFOGAR	1:27.14	M 25	2021-04-18	J. Gómez Noya	4	
		50L: 40.50								
6	21061	LAMELO OTERO RAMÓN J.	1968	CIDSANTI	1:29.87	M 25	2021-04-18	J. Gómez Noya	3	
		50L: 42.25								
7	6593	TRILLO CARLIN JOSE FERNANDO	1968	ADFOGAR	1:34.00	M 25	2021-04-18	J. Gómez Noya	2	
		50L: 45.75								
55+										
1	466	RIVAS FEAL ANTONIO	1966	HERCULES	1:10.47	M 25	2021-04-18	J. Gómez Noya	11	
		50L: 34.22								
2	16735	FERREIRA GONZALEZ XOSE ANXO	1966	CTRAVIE	1:17.72	M 25	2021-04-18	Álvaro Pino	8	

		50L: 37.47							
3	18910	BEREA RUIZ MANUEL	1964	HERCULES	1:17.86	M 25	2021-04-18	J. Gómez Noya	6
		50L: 37.74							
4	1568	CEGARRA GARCIA EUGENIO	1964	RSDH	1:20.39	M 25	2021-04-18	J. Gómez Noya	5
		50L: 37.86							
5	2809	BLANCO PEREZ ANGEL	1964	POURENSE	1:27.24	M 25	2021-04-18	Álvaro Pino	4
		50L: 41.81							
6	17844	FERNANDEZ GONZALEZ ALVARO	1965	CNMOS	1:40.45	M 25	2021-04-18	Álvaro Pino	3
		50L: 44.53							
7	19138	MONTERO FERNANDEZ JOSE ANTONIO	1963	POURENSE	1:43.31	M 25	2021-04-18	Álvaro Pino	2
		50L: 48.42							
8	3532	LAGO REY JOSE MANUEL	1963	RBAIXAS	2:02.03	M 25	2021-04-18	Álvaro Pino	1
		50L: 56.13							
60+									
1	20088	FERNANDEZ ARRUTI JOSE ANGEL	1959	CIDSANTI	1:10.85	M 25	2021-04-18	J. Gómez Noya	11
		50L: 33.81							
2	19938	CODESIDO LOPEZ JOSE	1959	CIDSANTI	1:16.49	M 25	2021-04-18	J. Gómez Noya	8
		50L: 36.18							
3	16756	PEREZ SOLIÑO CONSTANTE	1958	GALAICO	1:31.89	M 25	2021-04-18	Álvaro Pino	6
		50L: 44.89							
4	17848	PERDIZ GONZALEZ JOSE RAMON	1958	ESCUALOS	1:42.15	M 25	2021-04-18	Álvaro Pino	5
		50L: 49.88							
65+									
1	2784	GARCIA COLOMO MANUEL RAMON	1954	POURENSE	1:21.40	M 25	2021-04-18	Álvaro Pino	11
		50L: 39.74							
2	20147	CANEDO GARCIA MARCELINO	1956	ADFOGAR	1:53.56	M 25	2021-04-18	J. Gómez Noya	8
		50L: 53.83							
70+									
1	376	MENDEZ FERNANDEZ EDMUNDO	1950	ESCUALOS	1:33.78	M 25	2021-04-18	Álvaro Pino	11
		50L: 45.99							
2	3449	MONROY FERNÁNDEZ MANUEL	1950	NPONTEA	1:35.40	M 25	2021-04-18	Álvaro Pino	8
		50L: 47.66							

3. 50 m Bolboreta Feminino

20+									
1	3283	FERNANDEZ PARDO IRENE	2001	NPONTEA	31.65	M 25	2021-04-18	Álvaro Pino	11
2	3235	COSTA FERNANDEZ LAURA	2001	NPONTEA	37.16	M 25	2021-04-18	Álvaro Pino	8
3	7052	CANO ROSALES NURIA	2001	GALAICO	37.69	M 25	2021-04-18	Álvaro Pino	6
30+									
1	1806	VALIÑO GÓMEZ ESTHER	1988	RBAIXAS	32.51	M 25	2021-04-18	Álvaro Pino	11
2	4374	GARCIA MARIN CRISTINA	1990	NPONTEA	32.54	M 25	2021-04-18	Álvaro Pino	8
3	20464	GARCÍA LORENZO IRIA	1987	NPONTEA	45.50	M 25	2021-04-18	Álvaro Pino	6
4	17288	ARAUJO CASTRO PAULA	1991	CDELMAR	46.07	M 25	2021-04-18	J. Gómez Noya	5
5	20331	DOMINGUEZ SANCHEZ MIRIAM	1991	RBAIXAS	48.80	M 25	2021-04-18	Álvaro Pino	4
6	5923	FRANQUEIRA LOSADA LUCIA	1989	CDELMAR	58.09	M 25	2021-04-18	J. Gómez Noya	3
35+									
1	16888	DURAN VEIRAS RAQUEL	1984	ARTEIXO	39.57	M 25	2021-04-18	J. Gómez Noya	11
2	641	SOUTO DERUNGS CRISTINA	1985	CNFERRO	41.03	M 25	2021-04-18	J. Gómez Noya	8
40+									
1	17895	PRADO FRANCO MARTA E.	1979	RBAIXAS	37.70	M 25	2021-04-18	Álvaro Pino	11
2	20443	RODRIGUEZ RODRIGUEZ ZELTIA	1981	NTNARON	38.34	M 25	2021-04-18	J. Gómez Noya	8
3	585	HERMIDA RODRIGUEZ BLANCA	1981	CMARINA	39.16	M 25	2021-04-18	J. Gómez Noya	6
4	3616	MOLINOS LAMAS BIBIANA	1977	RBAIXAS	42.99	M 25	2021-04-18	Álvaro Pino	5
5	17694	DE LORENZO FERNANDEZ MARIA	1978	ESCUALOS	49.68	M 25	2021-04-18	Álvaro Pino	4
6	18312	ALVAREZ LARRAN MARIA DEL PILAR	1979	RBAIXAS	52.07	M 25	2021-04-18	Álvaro Pino	3
45+									
1	14219	HERNANDEZ TENREIRO MARTA	1975	CNFERRO	42.36	M 25	2021-04-18	J. Gómez Noya	11
50+									
1	2696	ABREU FERNANDEZ MARTA	1971	NPONTEA	55.49	M 25	2021-04-18	Álvaro Pino	11
2	19444	MELON PARENTE M. LOURDES	1969	NPONTEA	1:16.55	M 25	2021-04-18	Álvaro Pino	8
65+									
1	3452	GONZÁLEZ ALEGRE ANA M.	1952	RCNVIGO	59.13	M 25	2021-04-18	Álvaro Pino	11

4. 50 m Bolboreta Masculino

20+										
1	3234	COSTA FERNANDEZ LUCAS	1998	NPONTEA	27.35	M 25	2021-04-18	Álvaro Pino	11	
2	1042	LOSADA JIMENEZ ALVARO	1999	CNFERRO	28.16	M 25	2021-04-18	J. Gómez Noya	8	
3	7740	ALONSO RODRIGUEZ JAVIER	2001	NPONTEA	28.50	M 25	2021-04-18	Álvaro Pino	6	
4	11681	FERNANDEZ GARCIA JACOBO	2001	GALAICO	32.70	M 25	2021-04-18	Álvaro Pino	5	
25+										
1	5899	DEL RIO REGUEIRA MARCOS	1993	CNLICEO	27.28	M 25	2021-04-18	J. Gómez Noya	11	
2	3167	RODRIGUEZ LOPEZ ROI	1995	CNMOS	28.05	M 25	2021-04-18	Álvaro Pino	8	
30+										
1	5232	CAMPAÑA BARROS ADRIAN	1990	CIDSANTI	30.76	M 25	2021-04-18	J. Gómez Noya	11	
2	17109	FORTES NOVOA MARTIÑO	1988	ESCUALOS	35.17	M 25	2021-04-18	Álvaro Pino	8	
3	18803	ABOY CASTRO ADRIÁN	1990	SALESTRA	38.27	M 25	2021-04-18	Álvaro Pino	6	
4	17661	LOPEZ CAMARERO IGNACIO	1988	RSDH	38.53	M 25	2021-04-18	J. Gómez Noya	5	
5	5765	BECERRA GALEGO ALEXANDRE	1987	CNLICEO	49.87	M 25	2021-04-18	J. Gómez Noya	4	
35+										
1	17139	MARES GONZALEZ ABEL	1986	ESCUALOS	37.13	M 25	2021-04-18	Álvaro Pino	11	
2	8137	FERNANDEZ MONTEAGUDO RUBEN	1985	CIDSANTI	40.36	M 25	2021-04-18	J. Gómez Noya	8	
3	19326	RODRIGUEZ GARCIA JOSE BERNARDO	1983	RBAIXAS	45.40	M 25	2021-04-18	Álvaro Pino	6	
40+										
1	597	FRAGA DIAZ ALVARO	1981	CNFERRO	28.84	M 25	2021-04-18	J. Gómez Noya	11	
2	16718	NOGUEIRA-PINTO CRESPO HUGO	1978	ESCUALOS	34.14	M 25	2021-04-18	Álvaro Pino	8	
3	20405	FOUZ ROUCO RUBÉN	1979	HERCULES	36.25	M 25	2021-04-18	J. Gómez Noya	6	
4	19334	FERNANDEZ IGLESIAS EMILIO J.	1977	NPONTEA	36.66	M 25	2021-04-18	Álvaro Pino	5	
5	19174	ALVAREZ IGLESIAS RUBEN	1980	RBAIXAS	41.37	M 25	2021-04-18	Álvaro Pino	4	
45+										
1	14586	HOUT VARELA FADY	1974	CNLICEO	35.72	M 25	2021-04-18	J. Gómez Noya	11	
2	21687	IGLESIAS DE LA TORRE FELIPE	1976	POURENSE	38.06	M 25	2021-04-18	Álvaro Pino	8	
3	15607	LORENZO FERNANDEZ JOSE MANUEL	1972	RBAIXAS	41.92	M 25	2021-04-18	Álvaro Pino	6	
4	19970	FERREIRO SEOANE JOSE RAUL	1973	RBAIXAS	43.50	M 25	2021-04-18	Álvaro Pino	5	
5	20404	DE LA VEGA GÁNDARAS FELIPE	1973	HERCULES	49.48	M 25	2021-04-18	J. Gómez Noya	4	
50+										
1	21748	NOYA LOPEZ JOSE VIDAL	1967	SALESTRA	34.60	M 25	2021-04-18	Álvaro Pino	11	
2	18466	PUENTE DÍAZ JAVIER	1971	CIDSANTI	37.55	M 25	2021-04-18	J. Gómez Noya	8	
3	16065	GENDE DIAZ JUAN FELIX	1970	ADFOGAR	44.09	M 25	2021-04-18	J. Gómez Noya	6	

55+										
1	466	RIVAS FEAL ANTONIO	1966	HERCULES	36.89	M 25	2021-04-18	J. Gómez Noya	11	
60+										
1	20	ROS ROSILLO ALEJANDRO	1958	RBAIXAS	40.25	M 25	2021-04-18	Álvaro Pino	11	
2	3829	SANTAMARINA LOPEZ JAVIER	1958	CTRAVIE	1:15.04	M 25	2021-04-18	Álvaro Pino	8	
65+										
1	420	SUANZES PEREZ FERNANDO	1953	RSDH	36.06	M 25	2021-04-18	J. Gómez Noya	11	

5. 200 m Estilos Feminino

20+									
1	5360	SUAREZ GARCIA SOFIA	1997	RBAIXAS	3:07.28	M 25	2021-04-18	Álvaro Pino	11
		50M: 44.54							
2	3235	COSTA FERNANDEZ LAURA	2001	NPONTEA	3:08.24	M 25	2021-04-18	Álvaro Pino	8
		50M: 38.97							
3	15351	RODRIGUEZ PEREZ LORENA	2001	NPONTEA	3:14.60	M 25	2021-04-18	Álvaro Pino	6
		50M: 40.43							
25+									
1	658	VILLAR CAINZOS CLAUDIA	1992	CNFERRO	2:33.59	M 25	2021-04-18	J. Gómez Noya	11
		50M: 32.19							
2	19536	GONZALEZ PEREZ PAULA	1996	NPONTEA	3:35.42	M 25	2021-04-18	Álvaro Pino	8
		50M: 48.81							
30+									
1	1806	VALIÑO GÓMEZ ESTHER	1988	RBAIXAS	2:43.56	M 25	2021-04-18	Álvaro Pino	11
		50M: 33.72							
2	19086	ESPASANDIN MARTÍNEZ MARÍA	1990	CNLICEO	3:05.56	M 25	2021-04-18	J. Gómez Noya	8
		50M: 41.31							
3	3685	GONZALEZ PEREZ JESSICA	1987	RBAIXAS	3:19.69	M 25	2021-04-18	Álvaro Pino	6
		50M: 47.81							
35+									
1	20401	FKEOUI SALMA	1982	ESCUALOS	3:21.11	M 25	2021-04-18	Álvaro Pino	11
		50M: 45.87							
2	21257	ALAYON MORIN CRISTINA	1982	CNLICEO	3:22.33	M 25	2021-04-18	J. Gómez Noya	8
		50M: 42.50							
40+									
1	16696	SANCHEZ LEDO CIRA	1981	ESCUALOS	3:15.35	M 25	2021-04-18	Álvaro Pino	11
		50M: 50.28							
2	3616	MOLINOS LAMAS BIBIANA	1977	RBAIXAS	3:23.65	M 25	2021-04-18	Álvaro Pino	8
		50M: 46.78							
3	19183	OLMO VAQUEIRO LETICIA	1981	NPONTEA	4:03.55	M 25	2021-04-18	Álvaro Pino	6
		50M: 53.85							
4	19583	MANTIÑÁN PAREDES MARÍA	1977	CNLICEO	4:21.37	M 25	2021-04-18	J. Gómez Noya	5
		50M: 1:04.19							
45+									
1	20366	BRAÑA MENENDEZ SONIA	1975	CNLICEO	2:48.63	M 25	2021-04-18	J. Gómez Noya	11



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50M: 38.09

2	17164	REGUEIRA MARTINEZ MARIA J.	1975	CNLICEO	3:23.10	M 25	2021-04-18	J. Gómez Noya	8
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50M: 47.92

50+

1	19444	MELON PARENTE M. LOURDES	1969	NPONTEA	5:40.66	M 25	2021-04-18	Álvaro Pino	11
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50M: 1:20.61

55+

1	2803	GARCIA COLOMO M. CRISTINA	1962	POURENSE	3:16.52	M 25	2021-04-18	Álvaro Pino	11
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50M: 43.84

6. 200 m Estilos Masculino

20+									
1	7740	ALONSO RODRIGUEZ JAVIER	2001	NPONTEA	2:19.64	M 25	2021-04-18	Álvaro Pino	11
		50M: 30.35							
2	17847	PASTORIZA SANTACLARA JORGE	1997	RBAIXAS	2:23.57	M 25	2021-04-18	Álvaro Pino	8
		50M: 30.79							
3	262	INCUTTI TELLADO DENIS	2000	NPONTEA	2:36.96	M 25	2021-04-18	Álvaro Pino	6
		50M: 33.21							
25+									
1	5899	DEL RIO REGUEIRA MARCOS	1993	CNLICEO	2:18.07	M 25	2021-04-18	J. Gómez Noya	11
		50M: 28.61							
2	5900	DEL RIO REGUEIRA RUBEN	1993	CNLICEO	2:27.78	M 25	2021-04-18	J. Gómez Noya	8
		50M: 28.93							
3	260	COBELO REPRESAS FRANCISCO	1996	NPONTEA	2:32.75	M 25	2021-04-18	Álvaro Pino	6
		50M: 30.97							
4	3253	IBAÑEZ CARRERA MANUEL GABRIEL	1996	NPONTEA	2:41.50	M 25	2021-04-18	Álvaro Pino	5
		50M: 33.13							
5	9597	TABOADA VILA DANIEL	1993	POURENSE	2:53.92	M 25	2021-04-18	Álvaro Pino	4
		50M: 39.28							
30+									
1	5225	TABOADA VILA ALBERTO	1987	POURENSE	2:14.91	M 25	2021-04-18	Álvaro Pino	11
		50M: 29.89							
2	19993	RODRÍGUEZ OUTEIRIÑO ALEJANDRO	1990	ESCUALOS	3:07.74	M 25	2021-04-18	Álvaro Pino	8
		50M: 38.42							
35+									
1	4821	RODRIGUEZ LAGO DAVID	1986	CIDSANTI	2:20.25	M 25	2021-04-18	J. Gómez Noya	11
		50M: 29.75							
2	3137	PAZOS ALONSO JOSUE	1986	ESCUALOS	2:34.87	M 25	2021-04-18	Álvaro Pino	8
		50M: 33.27							
3	18975	MATIAS DUARTE ERICK	1982	HERCULES	2:55.41	M 25	2021-04-18	J. Gómez Noya	6
		50M: 37.19							
4	19580	FIERRO FERNÁNDEZ JULIO	1982	CNLICEO	3:06.35	M 25	2021-04-18	J. Gómez Noya	5
		50M: 41.03							
5	21258	ARIAS LÓPEZ JAIME	1982	CNLICEO	3:12.96	M 25	2021-04-18	J. Gómez Noya	4
		50M: 40.84							
6	3105	CARRERA COSTAS ANDRES	1982	NPONTEA	3:19.65	M 25	2021-04-18	Álvaro Pino	3
		50M: 41.37							
7	9186	POSE MATO CESAR	1983	ADFOGAR	4:09.29	M 25	2021-04-18	J. Gómez Noya	2

50M: 58.02

40+

1	15691	GARCIA RODRIGUEZ SERGIO	1981	RCNVIGO	2:30.35	M 25	2021-04-18	Álvaro Pino	11
		50M: 33.01							
2	574	MARTINEZ FERNANDEZ HECTOR	1977	NTNARON	2:49.96	M 25	2021-04-18	J. Gómez Noya	8
		50M: 33.99							
3	3720	CABANELAS EIRAS PABLO	1979	CIDSANTI	2:51.55	M 25	2021-04-18	J. Gómez Noya	6
		50M: 36.88							
4	16787	ABADES REBOREDO DANIEL	1978	CNLICEO	2:54.10	M 25	2021-04-18	J. Gómez Noya	5
		50M: 36.31							
5	21724	DOMINGUEZ PHILOCREON TICIANO	1981	CIDSANTI	3:07.10	M 25	2021-04-18	J. Gómez Noya	4
		50M: 38.45							
6	8120	SUAREZ GARCIA PEDRO LOIS	1980	NPONTEA	3:16.91	M 25	2021-04-18	Álvaro Pino	3
		50M: 45.04							
7	16715	FERNANDEZ GONZALEZ BRUNO	1977	POURENSE	3:37.44	M 25	2021-04-18	Álvaro Pino	2
		50M: 50.21							

45+

1	2943	TORRES NEIRA FRANCISCO	1975	MPVETUS	2:37.81	M 25	2021-04-18	Álvaro Pino	11
		50M: 32.17							
2	14725	MOURIÑO ORTIGUERA ROBERTO C.	1974	RCNVIGO	2:53.93	M 25	2021-04-18	Álvaro Pino	8
		50M: 35.70							
3	17405	PREGO MARTINEZ BENJAMIN	1973	NPONTEA	3:08.85	M 25	2021-04-18	Álvaro Pino	6
		50M: 44.93							
4	19602	ESCUDERO DANS DAVID	1973	HERCULES	3:10.95	M 25	2021-04-18	J. Gómez Noya	5
		50M: 41.74							
5	16200	TRONCOSO CAAMAÑO FERNANDO	1975	ESCUALOS	3:32.25	M 25	2021-04-18	Álvaro Pino	4
		50M: 48.09							
6	16754	PENEDO PADIN ADOLFO	1972	GALAICO	3:43.62	M 25	2021-04-18	Álvaro Pino	3
		50M: 54.64							

50+

1	1688	TOME NOGUEIRA ALBERTO M.	1968	ADFOGAR	3:16.50	M 25	2021-04-18	J. Gómez Noya	11
		50M: 41.93							
2	16198	BOUSO FUENTECILLA FERNANDO	1971	ESCUALOS	3:18.48	M 25	2021-04-18	Álvaro Pino	8
		50M: 44.48							
3	19579	FERREIRO CRUZ EDUARDO	1970	CNLICEO	3:51.64	M 25	2021-04-18	J. Gómez Noya	6
		50M: 51.03							
4	6593	TRILLO CARLIN JOSE FERNANDO	1968	ADFOGAR	4:04.89	M 25	2021-04-18	J. Gómez Noya	5
		50M: 58.84							

55+

1	16735	FERREIRA GONZALEZ XOSE ANXO	1966	CTRAVIE	3:29.86	M 25	2021-04-18	Álvaro Pino	11
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50M: 39.92

7. 100 m Costas Feminino

20+									
1	3283	FERNANDEZ PARDO IRENE	2001	NPONTEA	1:10.17	M 25	2021-04-18	Álvaro Pino	11
		50E: 33.21							
25+									
1	658	VILLAR CAINZOS CLAUDIA	1992	CNFERRO	1:09.09	M 25	2021-04-18	J. Gómez Noya	11
		50E: 33.50							
30+									
1	19311	LOPEZ SANMARTIN TANIA	1991	CNFERRO	1:23.95	M 25	2021-04-18	J. Gómez Noya	11
		50E: 40.23							
2	3685	GONZALEZ PEREZ JESSICA	1987	RBAIXAS	1:35.83	M 25	2021-04-18	Álvaro Pino	8
		50E: 46.54							
3	745	LOPEZ CORTABITARTE BELEN	1987	CNLICEO	1:44.53	M 25	2021-04-18	J. Gómez Noya	6
		50E: 51.45							
4	21701	DEL CURA MIRANDA VIRGINIA	1991	CNLICEO	1:55.14	M 25	2021-04-18	J. Gómez Noya	5
		50E: 56.09							
35+									
1	641	SOUTO DERUNGS CRISTINA	1985	CNFERRO	1:26.19	M 25	2021-04-18	J. Gómez Noya	11
		50E: 41.72							
2	21257	ALAYON MORIN CRISTINA	1982	CNLICEO	1:29.33	M 25	2021-04-18	J. Gómez Noya	8
		50E: 43.90							
3	628	BROZOS VAZQUEZ ELENA MARIA	1982	CIDSANTI	2:13.75	M 25	2021-04-18	J. Gómez Noya	6
		50E: 1:05.68							
40+									
1	585	HERMIDA RODRIGUEZ BLANCA	1981	CMARINA	1:24.59	M 25	2021-04-18	J. Gómez Noya	11
		50E: 42.76							
2	16696	SANCHEZ LEDO CIRA	1981	ESCUALOS	1:26.72	M 25	2021-04-18	Álvaro Pino	8
		50E: 43.83							
3	17397	DIEGUEZ VARELA CARINA	1977	RBAIXAS	1:51.98	M 25	2021-04-18	Álvaro Pino	6
		50E: 55.42							
4	18322	RODRIGUEZ LOPEZ BELEN	1981	RBAIXAS	1:52.05	M 25	2021-04-18	Álvaro Pino	5
		50E: 54.80							
5	592	VAZQUEZ PARCERO MARTA	1980	CMARINA	2:05.88	M 25	2021-04-18	J. Gómez Noya	4
		50E: 1:01.63							
45+									
1	20366	BRAÑA MENENDEZ SONIA	1975	CNLICEO	1:24.47	M 25	2021-04-18	J. Gómez Noya	11

50E: 42.05

2	15481	VARELA REDONDO VERONICA	1975	NPONTEA	1:46.52	M 25	2021-04-18	Álvaro Pino	8
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50E: 52.33

3	16659	ALVARIÑO PEREZ CRISTINA	1975	NTNARON	1:49.62	M 25	2021-04-18	J. Gómez Noya	6
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50E: 53.54

4	20589	GRUEIRO CERCIDO PATRICIA	1976	NTNARON	1:52.76	M 25	2021-04-18	J. Gómez Noya	5
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50E: 54.16

5	21723	PITA REGUEIRO RAQUEL	1972	CNLICEO	2:05.28	M 25	2021-04-18	J. Gómez Noya	4
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50E: 59.25

50+

1	6575	DEL AMO BLANCO MARGARITA	1967	NPONTEA	1:43.40	M 25	2021-04-18	Álvaro Pino	11
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50E: 50.30

55+

1	17749	PEREZ GALLARDO TERESA	1964	POURENSE	2:47.44	M 25	2021-04-18	Álvaro Pino	11
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50E: 1:21.25

60+

1	15374	BALADO LOPEZ ANA MARIA	1961	POURENSE	1:43.02	M 25	2021-04-18	Álvaro Pino	11
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50E: 50.75

2	7937	PEREIRA ALONSO ISABEL	1961	ADFOGAR	2:04.68	M 25	2021-04-18	J. Gómez Noya	8
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50E: 1:01.25

75+

1	3441	GONZALEZ RODRIGUEZ S. MARTA	1946	NPONTEA	3:22.87	M 25	2021-04-18	Álvaro Pino	11
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50E: 1:36.46

8. 100 m Costas Masculino

25+									
1	260	COBELO REPRESAS FRANCISCO	1996	NPONTEA	1:09.79	M 25	2021-04-18	Álvaro Pino	11
		50E: 39.10							
2	21039	SIMON PASCUAL DIEGO	1993	RBAIXAS	1:14.27	M 25	2021-04-18	Álvaro Pino	8
		50E: 36.44							
30+									
1	699	LAZARO GUERRERO VICTOR	1988	CMARINA	1:12.38	M 25	2021-04-18	J. Gómez Noya	11
		50E: 36.16							
2	5232	CAMPAÑA BARROS ADRIAN	1990	CIDSANTI	1:12.45	M 25	2021-04-18	J. Gómez Noya	8
		50E: 36.16							
3	18803	ABOY CASTRO ADRIÁN	1990	SALESTRA	1:32.20	M 25	2021-04-18	Álvaro Pino	6
		50E: 44.82							
4	19770	MARTÍNEZ DOMÍNGUEZ IVÁN	1988	NPONTEA	1:42.71	M 25	2021-04-18	Álvaro Pino	5
		50E: 49.96							
35+									
1	17139	MARES GONZALEZ ABEL	1986	ESCUALOS	1:28.23	M 25	2021-04-18	Álvaro Pino	11
		50E: 44.12							
2	19945	ROMERO ALVAREZ JULIAN	1984	ESCUALOS	1:40.42	M 25	2021-04-18	Álvaro Pino	8
		50E: 49.47							
3	9186	POSE MATO CESAR	1983	ADFOGAR	2:02.27	M 25	2021-04-18	J. Gómez Noya	6
		50E: 59.38							
40+									
1	14699	SANCHEZ GORDON ROMAN	1978	RBAIXAS	1:10.10	M 25	2021-04-18	Álvaro Pino	11
		50E: 33.56							
2	17799	FINS SEOANE JUAN MIGUEL	1977	SALESTRA	1:18.42	M 25	2021-04-18	Álvaro Pino	8
		50E: 38.57							
3	8120	SUAREZ GARCIA PEDRO LOIS	1980	NPONTEA	1:36.46	M 25	2021-04-18	Álvaro Pino	6
		50E: 47.25							
45+									
1	16336	ANEIROS GARCIA JOSE M.	1974	CMARINA	1:21.28	M 25	2021-04-18	J. Gómez Noya	11
		50E: 40.36							
2	20368	SAAVEDRA GONZÁLEZ RAUL	1973	CNLICEO	1:22.45	M 25	2021-04-18	J. Gómez Noya	8
		50E: 40.45							
3	16200	TRONCOSO CAAMAÑO FERNANDO	1975	ESCUALOS	1:50.38	M 25	2021-04-18	Álvaro Pino	6
		50E: 54.89							

50+										
1	18466	PUENTE DÍAZ JAVIER	1971	CIDSANTI	1:24.49	M 25	2021-04-18	J. Gómez Noya	11	
		50E: 40.84								
55+										
1	17844	FERNANDEZ GONZALEZ ALVARO	1965	CNMOS	2:01.28	M 25	2021-04-18	Álvaro Pino	11	
		50E: 1:00.45								
2	2809	BLANCO PEREZ ANGEL	1964	POURENSE	2:13.65	M 25	2021-04-18	Álvaro Pino	8	
		50E: 1:07.47								
60+										
1	19938	CODESIDO LOPEZ JOSE	1959	CIDSANTI	1:30.44	M 25	2021-04-18	J. Gómez Noya	11	
		50E: 43.74								
2	399	YAÑEZ WONENBURGER J. CARLOS	1959	RSDH	1:31.23	M 25	2021-04-18	J. Gómez Noya	8	
		50E: 44.45								
3	16756	PEREZ SOLIÑO CONSTANTE	1958	GALAICO	1:57.59	M 25	2021-04-18	Álvaro Pino	6	
		50E: 57.60								
4	3829	SANTAMARINA LOPEZ JAVIER	1958	CTRAVIE	2:44.18	M 25	2021-04-18	Álvaro Pino	5	
		50E: 1:20.74								
70+										
1	3447	RODRIGUEZ LEMOS ANDRES J.	1949	CNMOS	1:59.69	M 25	2021-04-18	Álvaro Pino	11	
		50E: 1:00.21								
80+										
1	16629	ARAUJO DOMINGUEZ FRANCISCO	1940	NPONTEA	2:57.62	M 25	2021-04-18	Álvaro Pino	11	
		50E: 1:25.31								

9. 50 m Braza Feminino

20+									
1	15351	RODRIGUEZ PEREZ LORENA	2001	NPONTEA	45.96	M 25	2021-04-18	Álvaro Pino	11
2	8794	FERNANDEZ GARCIA MARINA	1997	GALAICO	55.63	M 25	2021-04-18	Álvaro Pino	8
3	21716	TASENDE LOPEZ XEILA	1997	ARTEIXO	57.67	M 25	2021-04-18	J. Gómez Noya	6
25+									
1	1294	LOPEZ SANMARTIN NEREA	1996	CNFERRO	37.06	M 25	2021-04-18	J. Gómez Noya	11
2	19536	GONZALEZ PEREZ PAULA	1996	NPONTEA	51.38	M 25	2021-04-18	Álvaro Pino	8
30+									
1	4374	GARCIA MARIN CRISTINA	1990	NPONTEA	38.21	M 25	2021-04-18	Álvaro Pino	11
2	4614	RIVAS CARCACIA NATALIA	1991	ESCUALOS	39.91	M 25	2021-04-18	Álvaro Pino	8
3	16677	RIVAS TENREIRO ARANTZA	1989	NTNARON	42.33	M 25	2021-04-18	J. Gómez Noya	6
4	21066	ABELENDA POSE MARÍA ESTEFANIA	1989	CNLICEO	48.48	M 25	2021-04-18	J. Gómez Noya	5
5	5923	FRANQUEIRA LOSADA LUCIA	1989	CDELMAR	55.27	M 25	2021-04-18	J. Gómez Noya	4
35+									
1	16888	DURAN VEIRAS RAQUEL	1984	ARTEIXO	41.30	M 25	2021-04-18	J. Gómez Noya	11
2	20401	FKEOUI SALMA	1982	ESCUALOS	50.59	M 25	2021-04-18	Álvaro Pino	8
40+									
1	17895	PRADO FRANCO MARTA E.	1979	RBAIXAS	46.38	M 25	2021-04-18	Álvaro Pino	11
2	20155	COVELO SAAVEDRA NAHIR	1978	NPONTEA	49.21	M 25	2021-04-18	Álvaro Pino	8
3	18312	ALVAREZ LARRAN MARIA DEL PILAR	1979	RBAIXAS	50.68	M 25	2021-04-18	Álvaro Pino	6
4	17397	DIEGUEZ VARELA CARINA	1977	RBAIXAS	52.61	M 25	2021-04-18	Álvaro Pino	5
5	592	VAZQUEZ PARCERO MARTA	1980	CMARINA	1:04.86	M 25	2021-04-18	J. Gómez Noya	4
45+									
1	14219	HERNANDEZ TENREIRO MARTA	1975	CNFERRO	43.47	M 25	2021-04-18	J. Gómez Noya	11
2	1652	DE LA MONTAÑA ALCANTARA GLORIA	1973	RSDH	47.78	M 25	2021-04-18	J. Gómez Noya	8
3	16659	ALVARIÑO PEREZ CRISTINA	1975	NTNARON	48.79	M 25	2021-04-18	J. Gómez Noya	6
4	20589	GRUEIRO CERCIDO PATRICIA	1976	NTNARON	49.94	M 25	2021-04-18	J. Gómez Noya	5
50+									
1	490	JIMENEZ PEREZ VICTORIA	1969	CNFERRO	48.73	M 25	2021-04-18	J. Gómez Noya	11
2	6575	DEL AMO BLANCO MARGARITA	1967	NPONTEA	50.02	M 25	2021-04-18	Álvaro Pino	8
55+									
1	2803	GARCIA COLOMO M. CRISTINA	1962	POURENSE	48.51	M 25	2021-04-18	Álvaro Pino	11
2	17640	REBORDA MORILLO SUSANA	1962	ESCUALOS	57.67	M 25	2021-04-18	Álvaro Pino	8

65+										
1	3458	SUEIRO COSTAS Mª CARMEN	1956	NPONTEA	1:27.88	M 25	2021-04-18	Álvaro Pino		11
75+										
1	20154	CHANTADA GÓMEZ M. DEL CARMEN	1943	NPONTEA	2:31.52	M 25	2021-04-18	Álvaro Pino		11

10. 50 m Braza Masculino

20+										
1	1371	DOPICO REY ANTON	1997	CNFERRO	31.32	M 25	2021-04-18	J. Gómez Noya	11	
2	3234	COSTA FERNANDEZ LUCAS	1998	NPONTEA	33.13	M 25	2021-04-18	Álvaro Pino	8	
3	1144	BARJA RIVAS MARCOS	1999	NTNARON	43.35	M 25	2021-04-18	J. Gómez Noya	6	
4	21521	DOMÍNGUEZ ROMERO BRAIS	1997	CNFERRO	43.95	M 25	2021-04-18	J. Gómez Noya	5	
25+										
1	3167	RODRIGUEZ LOPEZ ROI	1995	CNMOS	33.69	M 25	2021-04-18	Álvaro Pino	11	
2	2717	CARRERA COSTAS MARTIN	1996	NPONTEA	33.85	M 25	2021-04-18	Álvaro Pino	8	
3	17393	CORES VAZQUEZ RICARDO	1992	NTNARON	37.87	M 25	2021-04-18	J. Gómez Noya	6	
4	21205	BARCIA ANIDO VALENTÍN	1992	CNLICEO	40.92	M 25	2021-04-18	J. Gómez Noya	5	
30+										
1	5225	TABOADA VILA ALBERTO	1987	POURENSE	31.49	M 25	2021-04-18	Álvaro Pino	11	
2	17109	FORTES NOVOA MARTIÑO	1988	ESCUALOS	36.44	M 25	2021-04-18	Álvaro Pino	8	
3	699	LAZARO GUERRERO VICTOR	1988	CMARINA	39.64	M 25	2021-04-18	J. Gómez Noya	6	
4	20150	RODRÍGUEZ GONZÁLEZ ANTONIO JOAQUÍN	1991	CNFERRO	40.81	M 25	2021-04-18	J. Gómez Noya	5	
35+										
1	3137	PAZOS ALONSO JOSUE	1986	ESCUALOS	34.76	M 25	2021-04-18	Álvaro Pino	11	
2	17854	SEVILLA AROCA JAVIER	1983	ESCUALOS	36.07	M 25	2021-04-18	Álvaro Pino	8	
3	18975	MATIAS DUARTE ERICK	1982	HERCULES	39.28	M 25	2021-04-18	J. Gómez Noya	6	
4	21258	ARIAS LÓPEZ JAIME	1982	CNLICEO	41.48	M 25	2021-04-18	J. Gómez Noya	5	
5	3105	CARRERA COSTAS ANDRES	1982	NPONTEA	42.14	M 25	2021-04-18	Álvaro Pino	4	
6	3601	GONZALEZ CONDE RODRIGO	1982	NPONTEA	43.47	M 25	2021-04-18	Álvaro Pino	3	
7	19326	RODRIGUEZ GARCIA JOSE BERNARDO	1983	RBAIXAS	45.81	M 25	2021-04-18	Álvaro Pino	2	
40+										
1	15691	GARCIA RODRIGUEZ SERGIO	1981	RCNVIGO	33.61	M 25	2021-04-18	Álvaro Pino	11	
2	16718	NOGUEIRA-PINTO CRESPO HUGO	1978	ESCUALOS	34.73	M 25	2021-04-18	Álvaro Pino	8	
3	5692	VAZQUEZ IGLESIAS DANIEL	1979	RBAIXAS	35.38	M 25	2021-04-18	Álvaro Pino	6	
4	597	FRAGA DIAZ ALVARO	1981	CNFERRO	37.97	M 25	2021-04-18	J. Gómez Noya	5	
5	574	MARTINEZ FERNANDEZ HECTOR	1977	NTNARON	40.25	M 25	2021-04-18	J. Gómez Noya	4	
6	20440	CANOSA RODRIGUEZ JUAN JOSE	1980	NTNARON	41.23	M 25	2021-04-18	J. Gómez Noya	3	
7	21724	DOMINGUEZ PHILOCREON TICIANO	1981	CIDSANTI	43.36	M 25	2021-04-18	J. Gómez Noya	2	
8	21749	TABOADA CALVELO JOSE CARLOS	1979	SALESTRA	44.04	M 25	2021-04-18	Álvaro Pino	1	
9	16715	FERNANDEZ GONZALEZ BRUNO	1977	POURENSE	45.37	M 25	2021-04-18	Álvaro Pino	0	
10	20352	COSTAS GONZALEZ PABLO	1979	NPONTEA	49.72	M 25	2021-04-18	Álvaro Pino	0	
45+										

1	3612	GARABATOS RODRIGUEZ SANTIAGO	1974	RBAIXAS	33.68	M 25	2021-04-18	Álvaro Pino	11
2	3637	MANDADO RODRIGUEZ ENRIQUE	1972	CNLICEO	41.00	M 25	2021-04-18	J. Gómez Noya	8
3	17405	PREGO MARTINEZ BENJAMIN	1973	NPONTEA	41.10	M 25	2021-04-18	Álvaro Pino	6
4	20407	MARTÍNEZ LEMA JOSÉ ANTONIO	1972	HERCULES	42.75	M 25	2021-04-18	J. Gómez Noya	5
5	18218	SANJURJO PVEDA PABLO	1974	CNFERRO	43.28	M 25	2021-04-18	J. Gómez Noya	4
6	20108	DE MARTIN DIAZ RUBEN	1976	POURENSE	43.94	M 25	2021-04-18	Álvaro Pino	3
7	16754	PENEDO PADIN ADOLFO	1972	GALAICO	45.80	M 25	2021-04-18	Álvaro Pino	2
8	20971	CARNERO FIRVIDA JOSE RAMÓN	1974	ESCUALOS	51.40	M 25	2021-04-18	Álvaro Pino	1
9	21266	BELISARIO PERAZA RAFAEL E	1972	ADFOGAR	56.75	M 25	2021-04-18	J. Gómez Noya	0
10	17307	GARROCHO DURAN EMILIO JOSE	1972	CNFERRO	59.36	M 25	2021-04-18	J. Gómez Noya	0
50+									
1	17186	TOURIÑO GONZALEZ VICTOR	1968	RSDH	35.56	M 25	2021-04-18	J. Gómez Noya	11
2	20168	CRESPO PÉREZ ALBARINO	1970	ESCUALOS	42.31	M 25	2021-04-18	Álvaro Pino	8
3	16198	BOUSO FUENTECILLA FERNANDO	1971	ESCUALOS	42.40	M 25	2021-04-18	Álvaro Pino	6
4	20403	SÁNCHEZ SECO MANUEL	1968	ESCUALOS	44.19	M 25	2021-04-18	Álvaro Pino	5
5	1688	TOME NOGUEIRA ALBERTO M.	1968	ADFOGAR	44.56	M 25	2021-04-18	J. Gómez Noya	4
6	19644	FERREIRO SANCHEZ LUIS	1970	POURENSE	52.32	M 25	2021-04-18	Álvaro Pino	3
7	21458	ARAUJO FERNÁNDEZ JOSE	1971	ESCUALOS	52.43	M 25	2021-04-18	Álvaro Pino	2
8	21061	LAMELO OTERO RAMÓN J.	1968	CIDSANTI	1:05.87	M 25	2021-04-18	J. Gómez Noya	1
55+									
1	18910	BEREA RUIZ MANUEL	1964	HERCULES	45.91	M 25	2021-04-18	J. Gómez Noya	11
2	19138	MONTERO FERNANDEZ JOSE ANTONIO	1963	POURENSE	55.06	M 25	2021-04-18	Álvaro Pino	8
3	3532	LAGO REY JOSE MANUEL	1963	RBAIXAS	1:23.81	M 25	2021-04-18	Álvaro Pino	6
60+									
1	20	ROS ROSILLO ALEJANDRO	1958	RBAIXAS	39.77	M 25	2021-04-18	Álvaro Pino	11
2	20088	FERNANDEZ ARRUTI JOSE ANGEL	1959	CIDSANTI	41.11	M 25	2021-04-18	J. Gómez Noya	8
3	17848	PERDIZ GONZALEZ JOSE RAMON	1958	ESCUALOS	55.97	M 25	2021-04-18	Álvaro Pino	6
65+									
1	420	SUANZES PEREZ FERNANDO	1953	RSDH	46.13	M 25	2021-04-18	J. Gómez Noya	11
2	2784	GARCIA COLOMO MANUEL RAMON	1954	POURENSE	49.93	M 25	2021-04-18	Álvaro Pino	8
3	20147	CANEDO GARCIA MARCELINO	1956	ADFOGAR	1:01.57	M 25	2021-04-18	J. Gómez Noya	6
70+									
1	3447	RODRIGUEZ LEMOS ANDRES J.	1949	CNMOS	49.23	M 25	2021-04-18	Álvaro Pino	11
2	376	MENDEZ FERNANDEZ EDMUNDO	1950	ESCUALOS	57.12	M 25	2021-04-18	Álvaro Pino	8
3	3449	MONROY FERNÁNDEZ MANUEL	1950	NPONTEA	58.86	M 25	2021-04-18	Álvaro Pino	6
80+									
1	16629	ARAUJO DOMINGUEZ FRANCISCO	1940	NPONTEA	1:14.41	M 25	2021-04-18	Álvaro Pino	11