



## LIGA GAL CLUBES PRE XOR 2 DIV. 1, 20200125

Datos técnicos: Piscina de 25 m., Crono Manual

FRIGSA

25/01/2020

RK	Club	Nome	Club	T.R.	Pts.	Resultado
1	00398	<b>CFVLUGO 01</b>	CFVLUGO		30,0	8:01.45
	1	POMBO LOPEZ SERGIO	1991	50 - 28.20   100 - 59.52   150 - 1:31.39   200 - 2:01.64 28.20   31.32   31.87   30.25		
	2	PARDO PERNAS MARTIN	2002	250 - 2:28.31   300 - 2:57.04   350 - 3:26.40   400 - 2:55.70 26.67   28.73   29.36   0.00		
	3	GOMEZ TOJO ANDER	2005	450 - 4:23.59   500 - 4:55.32   550 - 5:28.75   600 - 6:02.05 1:27.8   31.73   33.43   33.30		
	4	ALVAREZ FERNANDEZ BORJA	1996	650 - 6:28.41   700 - 6:58.13   750 - 7:29.90   800 - 8:01.45 26.36   29.72   31.77   8:01.4		
2	01156	<b>POR-MIÑA 01</b>	POR-MIÑA		24,0	8:03.01
	1	VAZQUEZ LOPEZ MARTIN	2003	50 - 26.01   100 - 55.87   150 - 1:26.96   200 - 1:57.15 26.01   29.86   31.09   30.19		
	2	VAZQUEZ LIZ ALEJANDRO	2003	250 - 2:25.56   300 - 2:57.05   350 - 3:24.67   400 - 1:02.81 28.41   31.49   27.62   0.00		
	3	NOVO LOPEZ BRAIS	2003	450 - 1:24.89   500 - 5:00.27   550 - 5:32.21   600 - 6:03.51 22.08   3:35.3   31.94   31.30		
	4	RODRIGUEZ SANCOSMED PABLO	2003	650 - 6:30.40   700 - 7:00.81   750 - 7:32.17   800 - 8:03.01 26.89   30.41   31.36   8:03.0		
3	01295	<b>CIDSANTI 01</b>	CIDSANTI		20,0	8:04.29
	1	LUGO BLANCO CARLOS	2004	50 - 28.30   100 - 58.48   150 - 1:31.09   200 - 2:02.26 28.30   30.18   32.61   31.17		
	2	PASSARETTI PEREIRA ALEJANDRO	1998	250 - 2:29.03   300 - 2:57.95   350 - 3:28.56   400 - 4:00.25 26.77   28.92   30.61   31.69		
	3	ARCE RODRIGUEZ IGOR	2002	450 - 4:27.77   500 - 4:58.85   550 - 5:31.34   600 - 6:03.22 27.52   31.08   32.49   31.88		
	4	LANA GOMEZ PAU	2001	650 - 6:30.15   700 - 7:00.76   750 - 7:32.80   800 - 8:04.29 26.93   30.61   32.04   8:04.2		
4	00674	<b>CNFERRO 01</b>	CNFERRO		18,0	8:08.41
	1	SEIJO BERMUDEZ DANIEL	2004	50 - 28.14   100 - 59.48   150 - 1:30.59   200 - 2:01.40 28.14   31.34   31.11   30.81		
	2	LOPEZ ANIDO NELSON ANDRES	2000	250 - 2:29.39   300 - 3:00.08   350 - 3:32.12   400 - 4:04.90 27.99   30.69   32.04   32.78		
	3	DOPICO REY ANTON	1997	450 - 4:33.15   500 - 5:04.32   550 - 5:35.62   600 - 6:06.55 28.25   31.17   31.30   30.93		
	4	PEDRE SALIDO JULIO	2003	650 - 6:34.00   700 - 7:05.07   750 - 7:36.99   800 - 8:08.41 27.45   31.07   31.92   8:08.4		
5	00674	<b>CNFERRO 02</b>	CNFERRO		16,0	8:26.95
	1	LOSADA JIMENEZ SERGIO	2004	50 - 28.06   100 - 59.15   150 - 1:31.04   200 - 2:04.99 28.06   31.09   31.89   33.95		
	2	ACCION TEIJEIRO JACOBO	2003	250 - 2:33.14   300 - 3:05.64   350 - 3:40.40   400 - 4:14.57 28.15   32.50   34.76   34.17		
	3	LOSADA JIMENEZ ALVARO	1999	450 - 4:43.70   500 - 5:16.01   550 - 5:48.43   600 - 6:20.95 29.13   32.31   32.42   32.52		
	4	RODRIGUEZ RILO ALEJANDRO	2004	650 - 6:50.25   700 - 7:23.17   750 - 7:55.74   800 - 8:26.95 29.30   32.92   32.57   8:26.9		

RT: Retirado

NP: Non presentado  
DVI: Desc. Viraxe IrregularDSI: Desc. Saida Irregular  
DSA: Desc. Saida AnticipadaDNI: Desc. Nado Irregular  
DLI: Desc. Chegada IrregularDES: Descualificado  
BAJ: BaixaMMG: M.M. Terr. (Para Edades)  
RG: Record Fed. Territorial

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RK	Club	Nome	Club	T.R.	Pts.	Resultado
6	P1112	<b>ARZUA 01</b>	ARZUA		14,0	8:27.74
	1	MARTINEZ VALIÑO ALEX	2003	50 - 29.59   100 - 1:03.96   150 - 1:41.14   200 - 2:17.60 29.59   34.37   37.18   36.46		
	2	PAMPIN IGLESIAS DAVID	1998	250 - 2:47.56   300 - 3:20.71   350 - 3:54.95   400 - 4:28.32 29.96   33.15   34.24   33.37		
	3	SEGADE MARIÑO RAUL	2000	450 - 4:55.19   500 - 5:25.00   550 - 5:56.29   600 - 6:28.43 26.87   29.81   31.29   32.14		
	4	GARCIA SOTO MARCOS	1988	650 - 6:55.60   700 - 7:26.39   750 - 7:57.67   800 - 8:27.74 27.17   30.79   31.28   8:27.74		
7	00398	<b>CFVLUGO 02</b>	CFVLUGO		12,0	8:28.25
	1	BURGO BEIRO MARCOS	2000	50 - 27.76   100 - 59.33   150 - 1:30.89   200 - 2:01.36 27.76   31.57   31.56   30.47		
	2	MARTINEZ SUAREZ DIEGO	1999	250 - 2:29.42   300 - 3:00.63   350 - 3:33.32   400 - 4:03.89 28.06   31.21   32.69   30.57		
	3	ARES IAGO	2000	450 - 4:32.86   500 - 5:05.04   550 - 5:38.79   600 - 6:13.91 28.97   32.18   33.75   35.12		
	4	SUBIRAN TOMAS	2000	650 - 6:44.24   700 - 7:17.76   750 - 7:53.05   800 - 8:28.25 30.33   33.52   35.29   8:28.25		
8	01295	<b>CIDSANTI 02</b>	CIDSANTI		10,0	8:34.99
	1	GARCIA DOMINGUEZ EMILIANO	2003	50 - 29.22   100 - 1:03.13   150 - 1:38.07   200 - 2:10.17 29.22   33.91   34.94   32.10		
	2	COSTA PENA ANDRES	1996	250 - 2:37.84   300 - 3:09.52   350 - 3:42.75   400 - 4:16.62 27.67   31.68   33.23   33.87		
	3	ABUIN VILARIÑO ANTON	1998	450 - 4:45.84   500 - 5:18.50   550 - 5:51.72   600 - 6:24.71 29.22   32.66   33.22   32.99		
	4	MEIJIDE DIEGO	2000	650 - 6:53.43   700 - 7:26.58   750 - 7:59.88   800 - 8:34.99 28.72   33.15   33.30   8:34.99		
9	00186	<b>NCORUÑA 01</b>	NCORUÑA		8,0	8:42.05
	1	RODRIGUEZ-MORET ORGEIRA MANUEL	2000	50 - 28.55   100 - 1:00.02   150 - 1:33.35   200 - 2:04.17 28.55   31.47   33.33   30.82		
	2	FERNANDEZ CAMPOS RODRIGO	2004	250 - 2:33.66   300 - 3:07.25   350 - 3:41.27   400 - 4:14.46 29.49   33.59   34.02   33.19		
	3	SANCHEZ TABOADA JORGE	1999	450 - 4:43.53   500 - 5:16.41   550 - 5:51.57   600 - 6:27.11 29.07   32.88   35.16   35.54		
	4	PICALLO MARANTE SERGIO	2001	650 - 6:56.25   700 - 7:29.31   750 - 8:04.75   800 - 8:42.05 29.14   33.06   35.44   8:42.05		
10	01156	<b>POR-MIÑA 02</b>	POR-MIÑA		6,0	8:43.68
	1	SANCHEZ VAZQUEZ ANTONIO	2004	50 - 28.37   100 - 1:00.61   150 - 1:33.93   200 - 2:07.76 28.37   32.24   33.32   33.83		
	2	VAZQUEZ PRADO MARTIN	1996	250 - 2:37.65   300 - 3:12.05   350 - 3:45.02   400 - 4:19.62 29.89   34.40   32.97   34.60		
	3	FERNANDEZ IGLESIAS RAMON	2002	450 - 4:49.55   500 - 5:23.38   550 - 5:59.16   600 - 6:35.44 29.93   33.83   35.78   36.28		
	4	CRUZ MENDEZ DANIEL	2003	650 - 7:03.65   700 - 7:36.42   750 - 8:10.20   800 - 8:43.68 28.21   32.77   33.78   8:43.68		

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11	00186	<b>NCORUÑA 02</b>	NCORUÑA										4,0	8:55.15
	1	GONZALEZ TIZON YAGO	2005	50	29.73	100	1:03.07	150	1:37.17	200	2:10.24			
					29.73		33.34		34.10		33.07			
	2	FERNANDEZ MENENDEZ ADRIAN	1997	250	2:40.18	300	3:13.06	350	3:45.42	400	4:17.58			
					29.94		32.88		32.36		32.16			
	3	VAZQUEZ SANCHEZ JAVIER	2004	450	4:49.25	500	5:23.88	550	5:58.90	600	6:30.80			
					31.67		34.63		35.02		31.90			
	4	CAMINO PARDO RODRIGO	2000	650	7:04.31	700	7:49.41	750	8:17.06	800	8:55.15			
					33.51		45.10		27.65		8:55.15			
12	P1112	<b>ARZUA 02</b>	ARZUA										2,0	9:27.45
	1	SENIN MOURIÑO XIAN	2003	50	32.65	100	1:10.53	150	1:49.74	200	2:29.09			
					32.65		37.88		39.21		39.35			
	2	SENIN MOURIÑO BRAIS	1998	250	3:00.24	300	3:35.64	350	4:13.42	400	4:53.41			
					31.15		35.40		37.78		39.99			
	3	REY RODRIGUEZ JOSE RAMON	1994	450	5:24.55	500	5:58.01	550	6:35.61	600	7:14.70			
					31.14		33.46		37.60		39.09			
	4	PEREIRO CARRIL OSCAR	1991	650	7:44.12	700	8:17.85	750	8:52.22	800	9:27.45			
					29.42		33.73		34.37		9:27.45			

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