

Prueba 14
09/06/2019 - 10:51

Mas., 200m Braza

20 años y mayores
Resultados

Clasificación	AN		Tiempo	Puntos		50m	100m	150m	200m
20+									
1.	BOUZA PADRON, Adrian	97	RIASBAIXAS	2:33.79	13,00 RG	35.12	1:13.79	1:54.14	2:33.79
25+									
1.	GARCIA MERA, Rodrigo	92	CDELMAR	3:52.21	13,00	48.27	1:44.08	2:46.07	3:52.21
30+									
1.	PAZOS ALONSO, Josue	86	ESCUALOS	2:57.77	13,00 RG	39.26	1:24.78	2:12.39	2:57.77
2.	FORTES NOVOA, M.	88	ESCUALOS	3:14.02	10,00	43.06	1:31.87	2:22.85	3:14.02
3.	FIGUEIRA DOMINGUEZ, .	88	TRAVIESAS	3:16.16	8,00	44.61	1:34.40	2:25.80	3:16.16
4.	FERNANDEZ ENCINA, A.	85	RIASBAIXAS	3:36.45	7,00	50.18	1:45.22	2:42.08	3:36.45
35+									
1.	LOPEZ GALLEG0, Mario	84	PORTAMIÑA	3:15.80	13,00	44.16	1:32.69	2:23.45	3:15.80
2.	MATIAS DUARTE, Erick	82	HERCULES	3:21.01	10,00	45.07	1:34.48	2:27.48	3:21.01
3.	ALVAREZ SILVA, Ruben	81	ESCUALOS	3:23.90	8,00	46.13	1:39.51	2:33.17	3:23.90
4.	CARRERA COSTAS, A.	82	PONTEAREAS	3:31.84	7,00	47.38	1:41.41	2:36.92	3:31.84
5.	GONZALEZ VICENTE, R.	81	PORTAMIÑA	3:37.50	6,00	47.41	1:41.14	2:39.03	3:37.50
6.	SUAREZ GARCIA, P.	80	PONTEAREAS	3:42.98	5,00	48.98	1:44.82	2:43.46	3:42.98
7.	HACHERO ALVAREZ, J.	82	RIASBAIXAS	3:46.02	4,00	49.54	1:48.83	2:48.49	3:46.02
8.	POSE MATO, Cesar	83	ADFOGAR	4:36.96	3,00	1:03.17	2:14.70	3:26.63	4:36.96
40+									
1.	SANCHEZ GORDON, R.	78	RIASBAIXAS	2:59.85	13,00	38.88	1:24.05	2:11.35	2:59.85
2.	NOGUEIRA-PINTO CRESO, H.	78	ESCUALOS	3:17.03	10,00	48.48	1:38.13	2:31.65	3:17.03
3.	GOMEZ SOUSA, Manuel	76	POURENSE	3:34.47	8,00	48.24	1:42.91	2:38.14	3:34.47
4.	PORTAS MUINELO, C.	78	PORTAMIÑA	3:49.30	7,00	53.38	1:53.74	2:54.78	3:49.30
5.	FERNANDEZ IGLESIAS, E	77	PONTEAREAS	3:57.99	6,00	52.37	1:52.11	2:56.02	3:57.99
6.	ALIAGA SOLA, Alberto	77	PONTEAREAS	4:01.43	5,00	54.15	1:54.60	2:58.15	4:01.43
7.	COSTAS VÁZQUEZ, M.	79	RCNVIGO	5:05.76	4,00	1:11.54	2:28.04	3:48.08	5:05.76
DSQ	TABOAS BASTOS, Oscar	77	MASTMOS	-	-				
<i>Salida Anticipada</i>									
45+									
1.	ESTEVEZ SANTOS, M.	74	POURENSE	3:06.81	13,00	44.24	1:32.41	2:20.51	3:06.81
2.	QUINTAS BARROS, J.	73	ESCUALOS	3:08.34	10,00	42.55	1:31.28	2:20.10	3:08.34
3.	FERREIRO SUAREZ, J.	73	SCASINO	3:22.64	8,00	46.04	1:35.97	2:29.02	3:22.64
4.	PREGO MARTINEZ, B.	73	PONTEAREAS	3:27.18	7,00	46.75	1:38.28	2:33.95	3:27.18
5.	MOURIÑO ORTIGUERA, F	74	RCNVIGO	3:28.06	6,00	47.27	1:39.70	2:34.17	3:28.06
6.	PEREZ DE LIS NIETO, R.	74	GALAICO	3:31.84	5,00	48.18	1:40.49	2:35.52	3:31.84
7.	SANJURJO POVEDA, P.	74	NFERROL	3:36.22	4,00	47.71	1:42.04	2:41.02	3:36.22
8.	CADAVID NUÑEZ, Jose	70	POURENSE	3:55.36	3,00	54.17	1:54.67	2:55.44	3:55.36
9.	GOMEZ IGLESIAS, Juan	70	ESCUALOS	4:01.07	2,00	55.93	1:57.00	3:00.64	4:01.07
10.	GOICOECHEA PEREZ, F.	71	RIASBAIXAS	4:09.07	1,00	58.19	2:01.98	3:05.73	4:09.07
11.	PENEDO PADIN, Adolfo	72	GALAICO	4:12.85	-	54.63	1:58.90	3:06.42	4:12.85
DSQ	FERREIRO SANCHEZ, L.	70	POURENSE	-	-				
<i>Nado Irregular</i>									

Prueba 14, Mas., 200m Braza, 45+

Clasificación	AN		Tiempo	Puntos	50m	100m	150m	200m
BAJ PEREIRA DIAZ, Angel	72	PORTAMIÑA		-				
BAJ MIGUEZ MACHO, G.	71	USC		-				

50+

1. CERDEIRA FERNANDEZ, 66.	MASTMOS	3:23.48	13,00	48.66	1:42.30	2:36.19	3:23.48
2. IGLESIAS RODRIGUEZ, C69	RIASBAIXAS	3:42.49	10,00	49.52	1:45.66	2:44.45	3:42.49
3. GARCIA SANJURJO, J. 67	CDELMAR	3:52.70	8,00	47.75	1:43.44	2:46.29	3:52.70
4. FERNANDEZ GONZALEZ, 65.	MASTMOS	4:30.98	7,00	58.95	2:07.60	3:20.21	4:30.98
5. PIROSCIA PENADO, J. 66	PORTAMIÑA	4:59.14	6,00	1:04.51	2:24.03	3:28.56	4:59.14

55+

1. SANCHEZ MUÑOZ, J. 61	RIASBAIXAS	3:49.59	13,00	52.49	1:52.13	2:53.73	3:49.59
2. RODRIGUEZ GOMEZ, E. 61	PONTEAREAS	3:52.06	10,00	51.59	1:49.22	2:51.01	3:52.06
3. MONTERO FERNANDEZ, 63	POURENSE	4:11.19	8,00	58.90	2:02.72	3:10.38	4:11.19
DSQ HERNANZ MORAL, F. 62	RIASBAIXAS		-				

Llegada Irregular

60+

1. ROS ROSILLO, Alejandro 58	TRAVIESAS	3:18.46	13,00	45.50	1:35.68	2:27.01	3:18.46
2. MENDEZ RODEIRO, J. 55	ADFOGAR	3:54.19	10,00	52.66	1:52.17	2:53.64	3:54.19
3. PERDIZ GONZALEZ, J. 58	ESCUALOS	4:43.55	8,00	1:06.95	2:19.41	3:32.96	4:43.55

65+

1. GARCIA COLOMO, M. 54	POURENSE	3:51.71	13,00 RG	53.48	1:51.84	2:52.34	3:51.71
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75+

1. ARAUJO DOMINGUEZ, F.40	PONTEAREAS	6:08.66	13,00	1:06.69	2:58.27	4:36.26	6:08.66
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