

1 - Viernes, 26 de Abril de 2019

26/04/2019 - 9:30

Prueba 1  
26/04/2019

3000m Libre

20 - 94 años  
Resultados

Clasificación

AN

Tiempo

20+, Masc.

1.	FLORES PORCUNA, Antonio			95	C.N. Monteverde				38:35.23	19,00		
	100m:	1:08.96	1:08.96	900m:	11:14.76	1:16.99	1700m:	21:38.45	1:19.11	2500m:	32:12.05	1:19.42
	200m:	2:20.37	1:11.41	1000m:	12:32.47	1:17.71	1800m:	22:56.67	1:18.22	2600m:	33:32.64	1:20.59
	300m:	3:33.35	1:12.98	1100m:	13:50.16	1:17.69	1900m:	24:14.62	1:17.95	2700m:	34:51.10	1:18.46
	400m:	4:49.72	1:16.37	1200m:	15:07.04	1:16.88	2000m:	25:33.56	1:18.94	2800m:	36:06.60	1:15.50
	500m:	6:06.45	1:16.73	1300m:	16:25.42	1:18.38	2100m:	26:53.56	1:20.00	2900m:	37:16.76	1:10.16
	600m:	7:24.09	1:17.64	1400m:	17:42.89	1:17.47	2200m:	28:14.12	1:20.56	3000m:	38:35.23	1:18.47
	700m:	8:40.56	1:16.47	1500m:	19:01.23	1:18.34	2300m:	29:32.91	1:18.79			
	800m:	9:57.77	1:17.21	1600m:	20:19.34	1:18.11	2400m:	30:52.63	1:19.72			
2.	CONDE ALVAREZ, Joaquin			98	C.N. Camargo				40:06.68	16,00		
	100m:	1:11.23	1:11.23	900m:	11:43.64	1:20.14	1700m:	22:26.36	1:20.83	2500m:	33:20.05	1:22.09
	200m:	2:26.65	1:15.42	1000m:	13:04.00	1:20.36	1800m:	23:47.70	1:21.34	2600m:	34:42.78	1:22.73
	300m:	3:44.72	1:18.07	1100m:	14:23.79	1:19.79	1900m:	25:08.87	1:21.17	2700m:	36:04.31	1:21.53
	400m:	5:02.77	1:18.05	1200m:	15:43.53	1:19.74	2000m:	26:29.81	1:20.94	2800m:	37:25.63	1:21.32
	500m:	6:22.62	1:19.85	1300m:	17:03.56	1:20.03	2100m:	27:51.88	1:22.07	2900m:	38:45.73	1:20.10
	600m:	7:43.38	1:20.76	1400m:	18:25.01	1:21.45	2200m:	29:13.13	1:21.25	3000m:	40:06.68	1:20.95
	700m:	9:03.51	1:20.13	1500m:	19:45.30	1:20.29	2300m:	30:35.32	1:22.19			
	800m:	10:23.50	1:19.99	1600m:	21:05.53	1:20.23	2400m:	31:57.96	1:22.64			
3.	OJEDA PEREZ, Heriberto			97	C.N. Monteverde				40:20.00	14,00		
	100m:	1:10.94	1:10.94	900m:	11:43.40	1:18.92	1700m:	22:32.77	1:22.16	2500m:	33:34.95	1:23.44
	200m:	2:28.21	1:17.27	1000m:	13:04.12	1:20.72	1800m:	23:54.39	1:21.62	2600m:	34:57.69	1:22.74
	300m:	3:46.16	1:17.95	1100m:	14:24.47	1:20.35	1900m:	25:16.75	1:22.36	2700m:	36:18.96	1:21.27
	400m:	5:05.17	1:19.01	1200m:	15:44.56	1:20.09	2000m:	26:39.24	1:22.49	2800m:	37:39.86	1:20.90
	500m:	6:24.60	1:19.43	1300m:	17:05.95	1:21.39	2100m:	28:02.02	1:22.78	2900m:	38:59.51	1:19.65
	600m:	7:44.56	1:19.96	1400m:	18:27.85	1:21.90	2200m:	29:24.72	1:22.70	3000m:	40:20.00	1:20.49
	700m:	9:04.66	1:20.10	1500m:	19:47.93	1:20.08	2300m:	30:47.99	1:23.27			
	800m:	10:24.48	1:19.82	1600m:	21:10.61	1:22.68	2400m:	32:11.51	1:23.52			
4.	ROMERO GOMEZ, Jose Vicente			95	Club Soc Turis Natacio				41:43.49	13,00		
	100m:	1:20.31	1:20.31	900m:	12:26.86	1:22.43	1700m:	23:32.43	1:23.64	2500m:	34:45.08	1:24.25
	200m:	2:44.53	1:24.22	1000m:	13:49.73	1:22.87	1800m:	24:55.91	1:23.48	2600m:	36:09.64	1:24.56
	300m:	4:08.65	1:24.12	1100m:	15:12.25	1:22.52	1900m:	26:19.47	1:23.56	2700m:	37:33.69	1:24.05
	400m:	5:32.14	1:23.49	1200m:	16:34.95	1:22.70	2000m:	27:43.88	1:24.41	2800m:	38:57.60	1:23.91
	500m:	6:54.68	1:22.54	1300m:	17:57.82	1:22.87	2100m:	29:08.34	1:24.46	2900m:	40:23.30	1:25.70
	600m:	8:17.25	1:22.57	1400m:	19:21.59	1:23.77	2200m:	30:32.40	1:24.06	3000m:	41:43.49	1:20.19
	700m:	9:40.67	1:23.42	1500m:	20:45.47	1:23.88	2300m:	31:56.84	1:24.44			
	800m:	11:04.43	1:23.76	1600m:	22:08.79	1:23.32	2400m:	33:20.83	1:23.99			

25+, Masc.

Prueba 1, Masc., 3000m Libre, 25+

Clasificación

AN

Tiempo

1. HUERTAS IGLESIAS, David	90	C. Tenis Chamartin	<b>35:28.58</b>	19,00
100m: 1:10.30 1:10.30	900m: 10:36.24 1:10.68	1700m: 20:00.96 1:11.20	2500m: 29:33.96 1:11.63	
200m: 2:20.82 1:10.52	1000m: 11:46.91 1:10.67	1800m: 21:13.49 1:12.53	2600m: 30:45.28 1:11.32	
300m: 3:31.53 1:10.71	1100m: 12:57.82 1:10.91	1900m: 22:24.78 1:11.29	2700m: 31:56.73 1:11.45	
400m: 4:42.45 1:10.92	1200m: 14:08.37 1:10.55	2000m: 23:35.71 1:10.93	2800m: 33:08.29 1:11.56	
500m: 5:53.40 1:10.95	1300m: 15:18.93 1:10.56	2100m: 24:47.04 1:11.33	2900m: 34:19.51 1:11.22	
600m: 7:04.34 1:10.94	1400m: 16:29.43 1:10.50	2200m: 25:58.67 1:11.63	3000m: 35:28.58 1:09.07	
700m: 8:14.87 1:10.53	1500m: 17:39.78 1:10.35	2300m: 27:10.50 1:11.83		
800m: 9:25.56 1:10.69	1600m: 18:49.76 1:09.98	2400m: 28:22.33 1:11.83		
2. RODRÍGUEZ PÉREZ-CEJUELA, Álvaro	93	C.N. Monteverde	<b>36:12.38</b>	16,00
100m: 1:08.81 1:08.81	900m: 10:43.76 1:12.53	1700m: 20:24.80 1:12.68	2500m: 30:08.31 1:13.91	
200m: 2:20.10 1:11.29	1000m: 11:56.77 1:13.01	1800m: 21:36.97 1:12.17	2600m: 31:21.65 1:13.34	
300m: 3:31.82 1:11.72	1100m: 13:09.46 1:12.69	1900m: 22:49.37 1:12.40	2700m: 32:35.08 1:13.43	
400m: 4:43.35 1:11.53	1200m: 14:22.08 1:12.62	2000m: 24:01.47 1:12.10	2800m: 33:48.51 1:13.43	
500m: 5:54.68 1:11.33	1300m: 15:35.06 1:12.98	2100m: 25:13.64 1:12.17	2900m: 35:01.61 1:13.10	
600m: 7:06.49 1:11.81	1400m: 16:47.13 1:12.07	2200m: 26:27.19 1:13.55	3000m: 36:12.38 1:10.77	
700m: 8:18.65 1:12.16	1500m: 17:59.60 1:12.47	2300m: 27:40.56 1:13.37		
800m: 9:31.23 1:12.58	1600m: 19:12.12 1:12.52	2400m: 28:54.40 1:13.84		
3. ZAPATERO DE MURGA, Gonzalo	91	C. Tenis Chamartin	<b>37:35.78</b>	14,00
100m: 1:10.51 1:10.51	900m: 11:08.22 1:15.28	1700m: 21:09.42 1:15.23	2500m: 31:16.71 1:16.86	
200m: 2:22.75 1:12.24	1000m: 12:23.51 1:15.29	1800m: 22:25.33 1:15.91	2600m: 32:32.57 1:15.86	
300m: 3:37.29 1:14.54	1100m: 13:38.73 1:15.22	1900m: 23:40.59 1:15.26	2700m: 33:49.30 1:16.73	
400m: 4:52.36 1:15.07	1200m: 14:54.02 1:15.29	2000m: 24:56.64 1:16.05	2800m: 35:06.06 1:16.76	
500m: 6:07.29 1:14.93	1300m: 16:08.82 1:14.80	2100m: 26:12.27 1:15.63	2900m: 36:22.06 1:16.00	
600m: 7:22.62 1:15.33	1400m: 17:23.92 1:15.10	2200m: 27:27.98 1:15.71	3000m: 37:35.78 1:13.72	
700m: 8:37.86 1:15.24	1500m: 18:38.90 1:14.98	2300m: 28:44.06 1:16.08		
800m: 9:52.94 1:15.08	1600m: 19:54.19 1:15.29	2400m: 29:59.85 1:15.79		
4. PEREZ LOPEZ, Daniel	92	C.N. Villa De Navia	<b>39:58.44</b>	13,00
100m: 1:13.19 1:13.19	900m: 11:40.30 1:20.31	1700m: 22:24.74 1:20.24	2500m: 33:16.56 1:23.25	
200m: 2:28.59 1:15.40	1000m: 13:00.60 1:20.30	1800m: 23:46.62 1:21.88	2600m: 34:39.07 1:22.51	
300m: 3:45.80 1:17.21	1100m: 14:20.30 1:19.70	1900m: 25:08.52 1:21.90	2700m: 36:00.76 1:21.69	
400m: 5:03.76 1:17.96	1200m: 15:39.90 1:19.60	2000m: 26:29.44 1:20.92	2800m: 37:22.71 1:21.95	
500m: 6:22.18 1:18.42	1300m: 17:00.30 1:20.40	2100m: 27:50.74 1:21.30	2900m: 38:44.25 1:21.54	
600m: 7:40.25 1:18.07	1400m: 18:22.01 1:21.71	2200m: 29:11.19 1:20.45	3000m: 39:58.44 1:14.19	
700m: 8:59.99 1:19.74	1500m: 19:43.82 1:21.81	2300m: 30:31.70 1:20.51		
800m: 10:19.99 1:20.00	1600m: 21:04.50 1:20.68	2400m: 31:53.31 1:21.61		
5. REI, Ludovic	90	C.N. Master Madrid	<b>40:32.67</b>	12,00
100m: 1:17.46 1:17.46	900m: 12:03.14 1:20.38	1700m: 22:47.51 1:21.61	2500m: 33:44.55 1:22.08	
200m: 2:38.92 1:21.46	1000m: 13:23.28 1:20.14	1800m: 24:08.76 1:21.25	2600m: 35:06.85 1:22.30	
300m: 3:59.59 1:20.67	1100m: 14:43.69 1:20.41	1900m: 25:30.86 1:22.10	2700m: 36:29.65 1:22.80	
400m: 5:20.38 1:20.79	1200m: 16:04.02 1:20.33	2000m: 26:52.70 1:21.84	2800m: 37:52.03 1:22.38	
500m: 6:41.22 1:20.84	1300m: 17:24.17 1:20.15	2100m: 28:14.41 1:21.71	2900m: 39:14.34 1:22.31	
600m: 8:01.71 1:20.49	1400m: 18:44.70 1:20.53	2200m: 29:37.10 1:22.69	3000m: 40:32.67 1:18.33	
700m: 9:22.35 1:20.64	1500m: 20:05.39 1:20.69	2300m: 30:59.69 1:22.59		
800m: 10:42.76 1:20.41	1600m: 21:25.90 1:20.51	2400m: 32:22.47 1:22.78		

### Prueba 1, Masc., 3000m Libre, 25+

Clasificación	AN								Tiempo			
6.	GUARDIOLA PONCET, Borja			94	C.N. Alcobendas					<b>40:37.51</b>	11,00	
	100m:	1:13.06	1:13.06	900m:	11:47.63	1:19.75	1700m:	22:39.33	1:21.75	2500m:	33:48.17	1:23.66
	200m:	2:29.34	1:16.28	1000m:	13:08.60	1:20.97	1800m:	24:02.01	1:22.68	2600m:	35:10.81	1:22.64
	300m:	3:48.32	1:18.98	1100m:	14:30.22	1:21.62	1900m:	25:24.88	1:22.87	2700m:	36:33.87	1:23.06
	400m:	5:08.31	1:19.99	1200m:	15:51.07	1:20.85	2000m:	26:48.52	1:23.64	2800m:	37:56.24	1:22.37
	500m:	6:28.63	1:20.32	1300m:	17:12.42	1:21.35	2100m:	28:12.72	1:24.20	2900m:	39:18.03	1:21.79
	600m:	7:48.56	1:19.93	1400m:	18:33.64	1:21.22	2200m:	29:37.16	1:24.44	3000m:	40:37.51	1:19.48
	700m:	9:08.22	1:19.66	1500m:	19:55.25	1:21.61	2300m:	31:01.47	1:24.31			
	800m:	10:27.88	1:19.66	1600m:	21:17.58	1:22.33	2400m:	32:24.51	1:23.04			
7.	ROJAS RODRÍGUEZ, Santiago			90	Cn Master Torrijos					<b>41:15.47</b>	10,00	
	100m:	1:13.19	1:13.19	900m:	12:03.75	1:22.06	1700m:	23:07.70	1:22.86	2500m:	34:20.47	1:24.73
	200m:	2:31.88	1:18.69	1000m:	13:26.82	1:23.07	1800m:	24:31.94	1:24.24	2600m:	35:44.66	1:24.19
	300m:	3:52.58	1:20.70	1100m:	14:49.43	1:22.61	1900m:	25:55.73	1:23.79	2700m:	37:08.26	1:23.60
	400m:	5:13.86	1:21.28	1200m:	16:12.93	1:23.50	2000m:	27:19.40	1:23.67	2800m:	38:32.62	1:24.36
	500m:	6:35.59	1:21.73	1300m:	17:35.82	1:22.89	2100m:	28:43.29	1:23.89	2900m:	39:56.62	1:24.00
	600m:	7:57.83	1:22.24	1400m:	18:59.01	1:23.19	2200m:	30:07.39	1:24.10	3000m:	41:15.47	1:18.85
	700m:	9:19.65	1:21.82	1500m:	20:21.74	1:22.73	2300m:	31:31.74	1:24.35			
	800m:	10:41.69	1:22.04	1600m:	21:44.84	1:23.10	2400m:	32:55.74	1:24.00			
8.	CERDAN MENOR, Alberto			90	C.N. Master Naturalswim Petrer					<b>42:01.43</b>	9,00	
	100m:	1:19.41	1:19.41	900m:	12:20.80	1:22.81	1700m:	23:31.48	1:24.14	2500m:	34:54.86	1:26.45
	200m:	2:40.52	1:21.11	1000m:	13:44.19	1:23.39	1800m:	24:56.36	1:24.88	2600m:	36:20.30	1:25.44
	300m:	4:03.43	1:22.91	1100m:	15:08.50	1:24.31	1900m:	26:21.73	1:25.37	2700m:	37:46.55	1:26.25
	400m:	5:26.92	1:23.49	1200m:	16:31.81	1:23.31	2000m:	27:46.85	1:25.12	2800m:	39:13.25	1:26.70
	500m:	6:49.35	1:22.43	1300m:	17:55.59	1:23.78	2100m:	29:12.91	1:26.06	2900m:	40:38.57	1:25.32
	600m:	8:12.09	1:22.74	1400m:	19:19.12	1:23.53	2200m:	30:37.70	1:24.79	3000m:	42:01.43	1:22.86
	700m:	9:34.96	1:22.87	1500m:	20:43.24	1:24.12	2300m:	32:02.60	1:24.90			
	800m:	10:57.99	1:23.03	1600m:	22:07.34	1:24.10	2400m:	33:28.41	1:25.81			
9.	MELILLO, Jorge Humberto			90	C.N. Easo					<b>49:07.23</b>	8,00	
	100m:	1:29.15	1:29.15	900m:	14:26.21	1:36.64	1700m:	27:29.16	1:39.55	2500m:	40:49.17	1:39.13
	200m:	3:03.94	1:34.79	1000m:	16:01.59	1:35.38	1800m:	29:09.02	1:39.86	2600m:	42:28.91	1:39.74
	300m:	4:41.24	1:37.30	1100m:	17:36.43	1:34.84	1900m:	30:48.36	1:39.34	2700m:	44:09.17	1:40.26
	400m:	6:18.52	1:37.28	1200m:	19:13.37	1:36.94	2000m:	32:28.43	1:40.07	2800m:	45:50.23	1:41.06
	500m:	7:56.83	1:38.31	1300m:	20:51.96	1:38.59	2100m:	34:08.19	1:39.76	2900m:	47:30.10	1:39.87
	600m:	9:34.85	1:38.02	1400m:	22:31.00	1:39.04	2200m:	35:48.43	1:40.24	3000m:	49:07.23	1:37.13
	700m:	11:12.60	1:37.75	1500m:	24:09.37	1:38.37	2300m:	37:28.85	1:40.42			
	800m:	12:49.57	1:36.97	1600m:	25:49.61	1:40.24	2400m:	39:10.04	1:41.19			
10.	VICENT CARREGUI, David			93	Vila-Swim Fondistas Club Natación					<b>50:36.69</b>	7,00	
	100m:	1:31.54	1:31.54	900m:	15:15.89	1:40.90	1700m:	28:49.96	1:41.11	2500m:	42:24.82	1:39.08
	200m:	3:13.29	1:41.75	1000m:	16:57.34	1:41.45	1800m:	30:31.56	1:41.60	2600m:	44:04.03	1:39.21
	300m:	4:56.17	1:42.88	1100m:	18:38.06	1:40.72	1900m:	32:13.30	1:41.74	2700m:	45:44.54	1:40.51
	400m:	6:39.14	1:42.97	1200m:	20:19.71	1:41.65	2000m:	33:56.28	1:42.98	2800m:	47:25.13	1:40.59
	500m:	8:23.71	1:44.57	1300m:	22:01.58	1:41.87	2100m:	35:38.04	1:41.76	2900m:	49:04.19	1:39.06
	600m:	10:07.46	1:43.75	1400m:	23:45.52	1:43.94	2200m:	37:19.32	1:41.28	3000m:	50:36.69	1:32.50
	700m:	11:51.20	1:43.74	1500m:	25:26.14	1:40.62	2300m:	39:02.31	1:42.99			
	800m:	13:34.99	1:43.79	1600m:	27:08.85	1:42.71	2400m:	40:45.74	1:43.43			

Prueba 1, 3000m Libre

30+, Masc.

1.	MARQUES VELASCO, Jaime				87	C.N. Monteverde				34:13.07		34,00	RE
	100m:	1:04.50	1:04.50	900m:	10:06.18	1:08.17	1700m:	19:13.49	1:09.04	2500m:	28:26.38	1:09.24	
	200m:	2:10.67	1:06.17	1000m:	11:14.48	1:08.30	1800m:	20:22.67	1:09.18	2600m:	29:36.02	1:09.64	
	300m:	3:18.44	1:07.77	1100m:	12:22.77	1:08.29	1900m:	21:31.82	1:09.15	2700m:	30:45.72	1:09.70	
	400m:	4:26.15	1:07.71	1200m:	13:31.14	1:08.37	2000m:	22:40.71	1:08.89	2800m:	31:54.85	1:09.13	
	500m:	5:34.14	1:07.99	1300m:	14:39.35	1:08.21	2100m:	23:49.58	1:08.87	2900m:	33:03.38	1:08.53	
	600m:	6:41.97	1:07.83	1400m:	15:47.65	1:08.30	2200m:	24:58.53	1:08.95	3000m:	34:13.07	1:09.69	
	700m:	7:49.97	1:08.00	1500m:	16:56.13	1:08.48	2300m:	26:07.81	1:09.28				
	800m:	8:58.01	1:08.04	1600m:	18:04.45	1:08.32	2400m:	27:17.14	1:09.33				
2.	ARANGUREN FUERTES, Haigor				89	Kairoscore				34:33.43		16,00	
	100m:	1:06.56	1:06.56	900m:	10:11.56	1:07.93	1700m:	19:22.13	1:09.08	2500m:	28:42.12	1:10.34	
	200m:	2:14.03	1:07.47	1000m:	11:19.87	1:08.31	1800m:	20:31.32	1:09.19	2600m:	29:52.50	1:10.38	
	300m:	3:22.11	1:08.08	1100m:	12:28.60	1:08.73	1900m:	21:40.96	1:09.64	2700m:	31:03.63	1:11.13	
	400m:	4:30.60	1:08.49	1200m:	13:37.21	1:08.61	2000m:	22:50.69	1:09.73	2800m:	32:14.06	1:10.43	
	500m:	5:39.04	1:08.44	1300m:	14:46.13	1:08.92	2100m:	24:01.15	1:10.46	2900m:	33:24.89	1:10.83	
	600m:	6:47.53	1:08.49	1400m:	15:55.30	1:09.17	2200m:	25:11.37	1:10.22	3000m:	34:33.43	1:08.54	
	700m:	7:55.66	1:08.13	1500m:	17:04.35	1:09.05	2300m:	26:21.82	1:10.45				
	800m:	9:03.63	1:07.97	1600m:	18:13.05	1:08.70	2400m:	27:31.78	1:09.96				
3.	RODRIGUEZ LAGO, David				86	C.D.N. Ciudad De Santiago				36:50.23		14,00	
	100m:	1:10.88	1:10.88	900m:	10:57.15	1:13.36	1700m:	20:45.41	1:13.90	2500m:	30:40.67	1:14.73	
	200m:	2:22.97	1:12.09	1000m:	12:10.46	1:13.31	1800m:	21:59.48	1:14.07	2600m:	31:55.43	1:14.76	
	300m:	3:36.03	1:13.06	1100m:	13:23.84	1:13.38	1900m:	23:14.01	1:14.53	2700m:	33:09.89	1:14.46	
	400m:	4:49.71	1:13.68	1200m:	14:37.21	1:13.37	2000m:	24:28.60	1:14.59	2800m:	34:23.73	1:13.84	
	500m:	6:03.05	1:13.34	1300m:	15:50.75	1:13.54	2100m:	25:42.84	1:14.24	2900m:	35:37.64	1:13.91	
	600m:	7:16.56	1:13.51	1400m:	17:04.03	1:13.28	2200m:	26:57.01	1:14.17	3000m:	36:50.23	1:12.59	
	700m:	8:30.27	1:13.71	1500m:	18:18.02	1:13.99	2300m:	28:11.08	1:14.07				
	800m:	9:43.79	1:13.52	1600m:	19:31.51	1:13.49	2400m:	29:25.94	1:14.86				
4.	SAN MARTIN TRESOLS, Luis				88	C.N. Vilanova				38:54.42		13,00	
	100m:	1:11.99	1:11.99	900m:	11:25.00	1:16.93	1700m:	21:50.57	1:18.10	2500m:	32:22.20	1:18.75	
	200m:	2:26.71	1:14.72	1000m:	12:42.74	1:17.74	1800m:	23:08.97	1:18.40	2600m:	33:41.99	1:19.79	
	300m:	3:44.24	1:17.53	1100m:	14:00.72	1:17.98	1900m:	24:28.35	1:19.38	2700m:	35:01.39	1:19.40	
	400m:	5:01.28	1:17.04	1200m:	15:19.72	1:19.00	2000m:	25:47.86	1:19.51	2800m:	36:21.23	1:19.84	
	500m:	6:17.57	1:16.29	1300m:	16:38.24	1:18.52	2100m:	27:06.64	1:18.78	2900m:	37:39.76	1:18.53	
	600m:	7:34.11	1:16.54	1400m:	17:56.35	1:18.11	2200m:	28:25.56	1:18.92	3000m:	38:54.42	1:14.66	
	700m:	8:51.00	1:16.89	1500m:	19:14.31	1:17.96	2300m:	29:44.78	1:19.22				
	800m:	10:08.07	1:17.07	1600m:	20:32.47	1:18.16	2400m:	31:03.45	1:18.67				
5.	CABRERA VAZQUEZ, Pablo				88	C.N. Mako Carabanchel				41:09.25		12,00	
	100m:	1:18.02	1:18.02	900m:	12:08.36	1:21.16	1700m:	23:09.10	1:22.58	2500m:	34:13.41	1:22.90	
	200m:	2:39.55	1:21.53	1000m:	13:30.50	1:22.14	1800m:	24:33.65	1:24.55	2600m:	35:36.22	1:22.81	
	300m:	4:01.71	1:22.16	1100m:	14:52.75	1:22.25	1900m:	25:58.16	1:24.51	2700m:	36:58.70	1:22.48	
	400m:	5:24.43	1:22.72	1200m:	16:15.18	1:22.43	2000m:	27:20.98	1:22.82	2800m:	38:22.80	1:24.10	
	500m:	6:43.67	1:19.24	1300m:	17:38.49	1:23.31	2100m:	28:41.34	1:20.36	2900m:	39:47.32	1:24.52	
	600m:	8:04.24	1:20.57	1400m:	19:00.93	1:22.44	2200m:	30:03.76	1:22.42	3000m:	41:09.25	1:21.93	
	700m:	9:25.27	1:21.03	1500m:	20:23.61	1:22.68	2300m:	31:26.74	1:22.98				
	800m:	10:47.20	1:21.93	1600m:	21:46.52	1:22.91	2400m:	32:50.51	1:23.77				

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6.	MATEOS MATEOS, Ioseba				86	C.D. Fortuna				42:58.85	11,00	
	100m:	1:18.94	1:18.94	900m:	12:34.51	1:25.17	1700m:	24:04.61	1:27.01	2500m:	35:44.83	1:27.56
	200m:	2:40.96	1:22.02	1000m:	13:59.91	1:25.40	1800m:	25:31.88	1:27.27	2600m:	37:12.30	1:27.47
	300m:	4:04.76	1:23.80	1100m:	15:25.68	1:25.77	1900m:	26:58.19	1:26.31	2700m:	38:39.42	1:27.12
	400m:	5:28.88	1:24.12	1200m:	16:50.98	1:25.30	2000m:	28:25.60	1:27.41	2800m:	40:07.02	1:27.60
	500m:	6:54.15	1:25.27	1300m:	18:17.76	1:26.78	2100m:	29:53.50	1:27.90	2900m:	41:34.33	1:27.31
	600m:	8:19.03	1:24.88	1400m:	19:44.18	1:26.42	2200m:	31:22.00	1:28.50	3000m:	42:58.85	1:24.52
	700m:	9:44.06	1:25.03	1500m:	21:10.14	1:25.96	2300m:	32:50.17	1:28.17			
	800m:	11:09.34	1:25.28	1600m:	22:37.60	1:27.46	2400m:	34:17.27	1:27.10			

7. GAMARRA OLMEDO, Jorge	85	Cd Upstream	44:22.50	10,00			
100m: 1:22.81	1:22.81	900m: 13:04.39	1:27.14	1700m: 24:50.68	1:29.71	2500m: 36:54.70	1:30.67
200m: 2:52.00	1:29.19	1000m: 14:31.17	1:26.78	1800m: 26:20.72	1:30.04	2600m: 38:26.07	1:31.37
300m: 4:21.30	1:29.30	1100m: 15:58.81	1:27.64	1900m: 27:50.86	1:30.14	2700m: 39:55.45	1:29.38
400m: 5:50.36	1:29.06	1200m: 17:25.98	1:27.17	2000m: 29:20.40	1:29.54	2800m: 41:26.33	1:30.88
500m: 7:18.24	1:27.88	1300m: 18:54.27	1:28.29	2100m: 30:50.96	1:30.56	2900m: 42:56.28	1:29.95
600m: 8:44.30	1:26.06	1400m: 20:22.50	1:28.23	2200m: 32:22.27	1:31.31	3000m: 44:22.50	1:26.22
700m: 10:10.71	1:26.41	1500m: 21:51.33	1:28.83	2300m: 33:53.50	1:31.23		
800m: 11:37.25	1:26.54	1600m: 23:20.97	1:29.64	2400m: 35:24.03	1:30.53		

8. PEREZ LOZANO, Hector	88	C.N. Master Madrid	47:09.70	9,00			
100m: 1:27.01	1:27.01	900m: 13:48.42	1:33.46	1700m: 26:27.72	1:36.00	2500m: 39:18.80	1:37.22
200m: 2:58.18	1:31.17	1000m: 15:22.10	1:33.68	1800m: 28:03.61	1:35.89	2600m: 40:54.87	1:36.07
300m: 4:30.56	1:32.38	1100m: 16:56.33	1:34.23	1900m: 29:39.39	1:35.78	2700m: 42:29.99	1:35.12
400m: 6:03.62	1:33.06	1200m: 18:31.40	1:35.07	2000m: 31:15.70	1:36.31	2800m: 44:05.23	1:35.24
500m: 7:36.44	1:32.82	1300m: 20:06.40	1:35.00	2100m: 32:51.32	1:35.62	2900m: 45:38.18	1:32.95
600m: 9:09.18	1:32.74	1400m: 21:41.21	1:34.81	2200m: 34:27.82	1:36.50	3000m: 47:09.70	1:31.52
700m: 10:41.98	1:32.80	1500m: 23:16.01	1:34.80	2300m: 36:04.38	1:36.56		
800m: 12:14.96	1:32.98	1600m: 24:51.72	1:35.71	2400m: 37:41.58	1:37.20		

9. LINARES RUIZ, Miguel		86	C.N. Master Madrid			47:13.49	8,00				
100m:	1:29.07	1:29.07	900m:	13:52.30	1:32.89	1700m:	26:27.60	1:35.53	2500m:	39:17.99	1:36.13
200m:	3:01.93	1:32.86	1000m:	15:25.65	1:33.35	1800m:	28:03.00	1:35.40	2600m:	40:55.81	1:37.82
300m:	4:35.55	1:33.62	1100m:	16:58.53	1:32.88	1900m:	29:39.45	1:36.45	2700m:	42:32.43	1:36.62
400m:	6:08.19	1:32.64	1200m:	18:31.43	1:32.90	2000m:	31:16.19	1:36.74	2800m:	44:08.44	1:36.01
500m:	7:41.23	1:33.04	1300m:	20:05.38	1:33.95	2100m:	32:52.28	1:36.09	2900m:	45:43.64	1:35.20
600m:	9:13.37	1:32.14	1400m:	21:41.06	1:35.68	2200m:	34:29.21	1:36.93	3000m:	47:13.49	1:29.85
700m:	10:46.02	1:32.65	1500m:	23:16.37	1:35.31	2300m:	36:05.57	1:36.36			
800m:	12:19.41	1:33.39	1600m:	24:52.07	1:35.70	2400m:	37:41.86	1:36.29			

Baja LOPEZ DE LA ROSA, Daniel 89 C.N. Alcobendas -

35+, Masc.

1. HERVAS JODAR, Francisco Jose	81	Vila-Swim Fondistas Club Natación	35:17.54	19,00			
100m: 1:07.20	1:07.20	900m: 10:25.75	1:10.24	1700m: 19:48.14	1:10.18	2500m: 29:19.39	1:12.23
200m: 2:15.58	1:08.38	1000m: 11:36.63	1:10.88	1800m: 20:58.95	1:10.81	2600m: 30:32.01	1:12.62
300m: 3:25.06	1:09.48	1100m: 12:47.39	1:10.76	1900m: 22:10.19	1:11.24	2700m: 31:43.86	1:11.85
400m: 4:35.19	1:10.13	1200m: 13:57.71	1:10.32	2000m: 23:21.10	1:10.91	2800m: 32:55.87	1:12.01
500m: 5:45.00	1:09.81	1300m: 15:08.18	1:10.47	2100m: 24:32.31	1:11.21	2900m: 34:07.05	1:11.18
600m: 6:55.03	1:10.03	1400m: 16:18.27	1:10.09	2200m: 25:43.84	1:11.53	3000m: 35:17.54	1:10.49
700m: 8:05.30	1:10.27	1500m: 17:28.18	1:09.91	2300m: 26:55.38	1:11.54		
800m: 9:15.51	1:10.21	1600m: 18:37.96	1:09.78	2400m: 28:07.16	1:11.78		



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2.	HERRERA MARTINEZ, Francisco Jose 82			C.N. Vilanova			<b>38:43.76</b>			16,00		
	100m:	1:10.19	1:10.19	900m:	11:25.90	1:17.92	1700m:	21:49.29	1:17.41	2500m:	32:17.10	1:18.23
	200m:	2:24.77	1:14.58	1000m:	12:43.96	1:18.06	1800m:	23:07.16	1:17.87	2600m:	33:35.73	1:18.63
	300m:	3:40.11	1:15.34	1100m:	14:01.46	1:17.50	1900m:	24:25.13	1:17.97	2700m:	34:53.55	1:17.82
	400m:	4:56.86	1:16.75	1200m:	15:19.70	1:18.24	2000m:	25:43.63	1:18.50	2800m:	36:11.31	1:17.76
	500m:	6:13.94	1:17.08	1300m:	16:38.21	1:18.51	2100m:	27:02.49	1:18.86	2900m:	37:28.44	1:17.13
	600m:	7:31.51	1:17.57	1400m:	17:56.45	1:18.24	2200m:	28:20.94	1:18.45	3000m:	38:43.76	1:15.32
	700m:	8:49.58	1:18.07	1500m:	19:14.70	1:18.25	2300m:	29:39.97	1:19.03			
	800m:	10:07.98	1:18.40	1600m:	20:31.88	1:17.18	2400m:	30:58.87	1:18.90			
3.	CHURNIN, Stephen Henry 81			C.N. Master Madrid			<b>41:28.32</b>			14,00		
	100m:	1:17.52	1:17.52	900m:	12:16.10	1:22.46	1700m:	23:19.04	1:22.74	2500m:	34:30.98	1:24.72
	200m:	2:39.60	1:22.08	1000m:	13:39.56	1:23.46	1800m:	24:42.77	1:23.73	2600m:	35:55.02	1:24.04
	300m:	4:02.27	1:22.67	1100m:	15:02.30	1:22.74	1900m:	26:06.14	1:23.37	2700m:	37:19.14	1:24.12
	400m:	5:23.85	1:21.58	1200m:	16:25.26	1:22.96	2000m:	27:29.51	1:23.37	2800m:	38:42.64	1:23.50
	500m:	6:46.64	1:22.79	1300m:	17:48.61	1:23.35	2100m:	28:53.10	1:23.59	2900m:	40:06.93	1:24.29
	600m:	8:08.62	1:21.98	1400m:	19:11.67	1:23.06	2200m:	30:16.92	1:23.82	3000m:	41:28.32	1:21.39
	700m:	9:31.12	1:22.50	1500m:	20:34.58	1:22.91	2300m:	31:40.90	1:23.98			
	800m:	10:53.64	1:22.52	1600m:	21:56.30	1:21.72	2400m:	33:06.26	1:25.36			
4.	PEREZ DIAZ, Alberto 80			Cn Master Torrijos			<b>42:53.03</b>			13,00		
	100m:	1:15.65	1:15.65	900m:	12:32.12	1:25.80	1700m:	24:01.76	1:27.25	2500m:	35:41.70	1:27.00
	200m:	2:36.57	1:20.92	1000m:	13:57.96	1:25.84	1800m:	25:29.09	1:27.33	2600m:	37:09.39	1:27.69
	300m:	3:58.98	1:22.41	1100m:	15:22.96	1:25.00	1900m:	26:56.47	1:27.38	2700m:	38:37.09	1:27.70
	400m:	5:22.50	1:23.52	1200m:	16:48.89	1:25.93	2000m:	28:24.53	1:28.06	2800m:	40:04.43	1:27.34
	500m:	6:47.65	1:25.15	1300m:	18:14.28	1:25.39	2100m:	29:51.98	1:27.45	2900m:	41:30.83	1:26.40
	600m:	8:13.50	1:25.85	1400m:	19:40.68	1:26.40	2200m:	31:19.48	1:27.50	3000m:	42:53.03	1:22.20
	700m:	9:39.49	1:25.99	1500m:	21:06.75	1:26.07	2300m:	32:47.42	1:27.94			
	800m:	11:06.32	1:26.83	1600m:	22:34.51	1:27.76	2400m:	34:14.70	1:27.28			
5.	MARTINEZ YAÑEZ, Daniel 81			C.N. Fuenlabrada			<b>45:22.58</b>			12,00		
	100m:	1:21.66	1:21.66	900m:	13:21.71	1:29.71	1700m:	25:25.44	1:31.86	2500m:	37:44.89	1:32.48
	200m:	2:48.20	1:26.54	1000m:	14:51.20	1:29.49	1800m:	26:57.77	1:32.33	2600m:	39:17.82	1:32.93
	300m:	4:17.56	1:29.36	1100m:	16:20.56	1:29.36	1900m:	28:29.40	1:31.63	2700m:	40:49.31	1:31.49
	400m:	5:47.08	1:29.52	1200m:	17:50.47	1:29.91	2000m:	30:01.50	1:32.10	2800m:	42:20.09	1:30.78
	500m:	7:17.60	1:30.52	1300m:	19:21.05	1:30.58	2100m:	31:33.80	1:32.30	2900m:	43:52.60	1:32.51
	600m:	8:49.42	1:31.82	1400m:	20:51.66	1:30.61	2200m:	33:05.48	1:31.68	3000m:	45:22.58	1:29.98
	700m:	10:21.09	1:31.67	1500m:	22:22.48	1:30.82	2300m:	34:38.80	1:33.32			
	800m:	11:52.00	1:30.91	1600m:	23:53.58	1:31.10	2400m:	36:12.41	1:33.61			
6.	PEREZ MARCANO, Victor 80			C.N. Camargo			<b>46:36.86</b>			11,00		
	100m:	1:25.02	1:25.02	1000m:	15:08.18	1:32.87	1800m:	27:37.70	1:33.47	2600m:	40:19.22	1:35.30
	200m:	2:53.82	1:28.80	1100m:	16:41.66	1:33.48	1900m:	29:12.14	1:34.44	2700m:	41:55.08	1:35.86
	300m:	4:24.33	1:30.51	1200m:	18:14.82	1:33.16	2000m:	30:47.62	1:35.48	2800m:	43:28.77	1:33.69
	400m:	5:55.48	1:31.15	1300m:	19:48.22	1:33.40	2100m:	32:23.42	1:35.80	2900m:	45:06.49	1:37.72
	500m:	7:26.65	1:31.17	1400m:	21:22.38	1:34.16	2200m:	33:58.57	1:35.15	3000m:	46:36.86	1:30.37
	600m:	8:58.79	1:32.14	1500m:	22:56.78	1:34.40	2300m:	35:32.78	1:34.21			
	700m:	10:22.50	1:30.71	1600m:	24:31.00	1:34.22	2400m:	37:08.58	1:35.80			
	800m:	13:35.31	1:32.81	1700m:	26:04.23	1:33.23	2500m:	38:43.92	1:35.34			

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7. BENITO GOMEZ, Mariano	80		C.N. Fuenlabrada		46:44.82		10,00	
100m: 1:18.65	1:18.65	900m: 13:29.67	1:34.00	1700m: 26:05.92	1:33.60	2500m: 38:46.12	1:34.12	
200m: 2:45.55	1:26.90	1000m: 15:04.55	1:34.88	1800m: 27:39.41	1:33.49	2600m: 40:27.34	1:41.22	
300m: 4:15.78	1:30.23	1100m: 16:38.22	1:33.67	1900m: 29:13.96	1:34.55	2700m: 42:03.75	1:36.41	
400m: 5:46.96	1:31.18	1200m: 18:13.42	1:35.20	2000m: 30:49.72	1:35.76	2800m: 43:38.14	1:34.39	
500m: 7:19.34	1:32.38	1300m: 19:45.81	1:32.39	2100m: 32:24.82	1:35.10	2900m: 45:12.48	1:34.34	
600m: 8:50.57	1:31.23	1400m: 21:20.77	1:34.96	2200m: 34:01.23	1:36.41	3000m: 46:44.82	1:32.34	
700m: 10:22.70	1:32.13	1500m: 22:56.37	1:35.60	2300m: 35:38.06	1:36.83			
800m: 11:55.67	1:32.97	1600m: 24:32.32	1:35.95	2400m: 37:12.00	1:33.94			

8.	ARAGON VALVERDE, Juan Carlos				80	C.N. Master Murcia				46:48.13	9,00	
	100m:	1:26.50	1:26.50	900m:	13:38.66	1:31.59	1700m:	25:52.64	1:32.12	2500m:	38:30.16	1:36.55
	200m:	2:56.26	1:29.76	1000m:	15:09.68	1:31.02	1800m:	27:24.97	1:32.33	2600m:	40:05.81	1:35.65
	300m:	4:27.50	1:31.24	1100m:	16:41.47	1:31.79	1900m:	28:57.70	1:32.73	2700m:	41:56.16	1:50.35
	400m:	5:59.13	1:31.63	1200m:	18:12.95	1:31.48	2000m:	30:31.57	1:33.87	2800m:	43:38.84	1:42.68
	500m:	7:31.68	1:32.55	1300m:	19:43.93	1:30.98	2100m:	32:06.84	1:35.27	2900m:	45:14.76	1:35.92
	600m:	9:03.71	1:32.03	1400m:	21:15.84	1:31.91	2200m:	33:42.42	1:35.58	3000m:	46:48.13	1:33.37
	700m:	10:35.43	1:31.72	1500m:	22:48.28	1:32.44	2300m:	35:18.03	1:35.61			
	800m:	12:07.07	1:31.64	1600m:	24:20.52	1:32.24	2400m:	36:53.61	1:35.58			

9. MIRANDA CUCHET, Alejandro	80	C.N. Master Madrid	53:15.65	8,00			
100m: 1:38.69	1:38.69	900m: 16:02.38	1:48.43	1700m: 30:13.39	1:47.36	2500m: 44:29.84	1:47.36
200m: 3:23.88	1:45.19	1000m: 17:49.22	1:46.84	1800m: 32:01.46	1:48.07	2600m: 46:16.90	1:47.06
300m: 5:11.84	1:47.96	1100m: 19:34.38	1:45.16	1900m: 33:48.88	1:47.42	2700m: 48:03.95	1:47.05
400m: 7:01.37	1:49.53	1200m: 21:20.68	1:46.30	2000m: 35:36.45	1:47.57	2800m: 49:51.02	1:47.07
500m: 8:50.36	1:48.99	1300m: 23:06.51	1:45.83	2100m: 37:21.16	1:44.71	2900m: 51:35.44	1:44.42
600m: 10:38.76	1:48.40	1400m: 24:51.94	1:45.43	2200m: 39:08.73	1:47.57	3000m: 53:15.65	1:40.21
700m: 12:26.36	1:47.60	1500m: 26:38.68	1:46.74	2300m: 40:55.91	1:47.18		
800m: 14:13.95	1:47.59	1600m: 28:26.03	1:47.35	2400m: 42:42.48	1:46.57		

10. VELEZ PATINO, Daniel	84				Vila-Swim Fondistas Club Natación				<b>54:08.79</b>	7,00
100m: 1:32.31	1:32.31	900m: 15:31.28	1:45.73	1700m: 29:53.15	1:47.93	2500m: 44:45.95	1:52.38			
200m: 3:13.49	1:41.18	1000m: 17:17.93	1:46.65	1800m: 31:40.97	1:47.82	2600m: 46:39.08	1:53.13			
300m: 4:55.56	1:42.07	1100m: 19:04.70	1:46.77	1900m: 33:30.37	1:49.40	2700m: 48:31.52	1:52.44			
400m: 6:40.14	1:44.58	1200m: 20:49.22	1:44.52	2000m: 35:23.51	1:53.14	2800m: 50:25.71	1:54.19			
500m: 8:26.52	1:46.38	1300m: 22:35.69	1:46.47	2100m: 37:18.51	1:55.00	2900m: 52:15.04	1:49.33			
600m: 10:13.81	1:47.29	1400m: 24:23.60	1:47.91	2200m: 39:10.95	1:52.44	3000m: 54:08.79	1:53.75			
700m: 11:59.83	1:46.02	1500m: 26:13.84	1:50.24	2300m: 41:02.94	1:51.99					
800m: 13:45.55	1:45.72	1600m: 28:05.22	1:51.38	2400m: 42:53.57	1:50.63					

NP LOPETEGI URIA, Garikoitz	82	C.N. Easo		-
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40+, Masc.

1. VERDEJO BARROETA, Guillermo	78	Getxo Igeriketa Bolue K.E.	36:33.38	34,00	RE		
100m: 1:12.23	1:12.23	900m: 10:52.69	1:12.53	1700m: 20:36.29	1:13.18	2500m: 30:27.20	1:14.35
200m: 2:25.46	1:13.23	1000m: 12:05.34	1:12.65	1800m: 21:49.55	1:13.26	2600m: 31:41.54	1:14.34
300m: 3:37.65	1:12.19	1100m: 13:18.29	1:12.95	1900m: 23:02.82	1:13.27	2700m: 32:55.77	1:14.23
400m: 4:50.17	1:12.52	1200m: 14:31.07	1:12.78	2000m: 24:16.10	1:13.28	2800m: 34:09.31	1:13.54
500m: 6:02.54	1:12.37	1300m: 15:43.87	1:12.80	2100m: 25:30.05	1:13.95	2900m: 35:22.25	1:12.94
600m: 7:15.07	1:12.53	1400m: 16:56.99	1:13.12	2200m: 26:43.71	1:13.66	3000m: 36:33.38	1:11.13
700m: 8:27.72	1:12.65	1500m: 18:10.04	1:13.05	2300m: 27:58.09	1:14.38		
800m: 9:40.16	1:12.44	1600m: 19:23.11	1:13.07	2400m: 29:12.85	1:14.76		

### Prueba 1, Masc., 3000m Libre, 40+

Clasificación	AN										Tiempo	
2. BANCELLS SABORIT, Isidre	76 C.N. Vic-Etb										<b>38:24.29</b>	16,00
100m:	1:12.89	1:12.89	900m:	11:19.63	1:16.55	1700m:	21:38.74	1:17.55	2500m:	31:59.46	1:17.98	
200m:	2:27.21	1:14.32	1000m:	12:36.42	1:16.79	1800m:	22:56.95	1:18.21	2600m:	33:17.13	1:17.67	
300m:	3:42.10	1:14.89	1100m:	13:53.55	1:17.13	1900m:	24:14.79	1:17.84	2700m:	34:34.66	1:17.53	
400m:	4:58.26	1:16.16	1200m:	15:10.62	1:17.07	2000m:	25:31.16	1:16.37	2800m:	35:52.42	1:17.76	
500m:	6:14.54	1:16.28	1300m:	16:28.05	1:17.43	2100m:	26:47.73	1:16.57	2900m:	37:08.95	1:16.53	
600m:	7:30.93	1:16.39	1400m:	17:45.16	1:17.11	2200m:	28:05.12	1:17.39	3000m:	38:24.29	1:15.34	
700m:	8:46.73	1:15.80	1500m:	19:03.23	1:18.07	2300m:	29:23.48	1:18.36				
800m:	10:03.08	1:16.35	1600m:	20:21.19	1:17.96	2400m:	30:41.48	1:18.00				
3. PERALES PEREZ, Andres	77 C.D. Halegatos										<b>39:08.71</b>	14,00
100m:	1:13.72	1:13.72	900m:	11:27.57	1:17.37	1700m:	21:52.35	1:17.80	2500m:	32:30.13	1:19.97	
200m:	2:29.24	1:15.52	1000m:	12:45.27	1:17.70	1800m:	23:11.03	1:18.68	2600m:	33:50.31	1:20.18	
300m:	3:45.38	1:16.14	1100m:	14:03.67	1:18.40	1900m:	24:29.72	1:18.69	2700m:	35:10.44	1:20.13	
400m:	5:01.96	1:16.58	1200m:	15:21.68	1:18.01	2000m:	25:48.57	1:18.85	2800m:	36:30.78	1:20.34	
500m:	6:18.66	1:16.70	1300m:	16:39.96	1:18.28	2100m:	27:07.86	1:19.29	2900m:	37:50.70	1:19.92	
600m:	7:36.06	1:17.40	1400m:	17:58.23	1:18.27	2200m:	28:27.87	1:20.01	3000m:	39:08.71	1:18.01	
700m:	8:52.99	1:16.93	1500m:	19:16.00	1:17.77	2300m:	29:49.31	1:21.44				
800m:	10:10.20	1:17.21	1600m:	20:34.55	1:18.55	2400m:	31:10.16	1:20.85				
4. FERNANDEZ GORGOJO, Mario	79 C.N. Villa De Navia										<b>41:03.57</b>	13,00
100m:	1:18.93	1:18.93	900m:	12:14.59	1:22.13	1700m:	23:11.82	1:22.61	2500m:	34:15.84	1:22.98	
200m:	2:39.86	1:20.93	1000m:	13:36.78	1:22.19	1800m:	24:34.94	1:23.12	2600m:	35:39.43	1:23.59	
300m:	4:01.82	1:21.96	1100m:	14:59.22	1:22.44	1900m:	25:58.05	1:23.11	2700m:	37:02.46	1:23.03	
400m:	5:24.53	1:22.71	1200m:	16:20.57	1:21.35	2000m:	27:21.07	1:23.02	2800m:	38:24.86	1:22.40	
500m:	6:45.59	1:21.06	1300m:	17:42.31	1:21.74	2100m:	28:43.53	1:22.46	2900m:	39:46.24	1:21.38	
600m:	8:08.15	1:22.56	1400m:	19:04.24	1:21.93	2200m:	30:06.55	1:23.02	3000m:	41:03.57	1:17.33	
700m:	9:30.63	1:22.48	1500m:	20:26.57	1:22.33	2300m:	31:29.58	1:23.03				
800m:	10:52.46	1:21.83	1600m:	21:49.21	1:22.64	2400m:	32:52.86	1:23.28				
5. DEL AMO GALAN, Ruben	75 A.D. Rivas Natación										<b>41:21.52</b>	12,00
100m:	1:17.44	1:17.44	900m:	12:13.33	1:22.08	1700m:	23:14.45	1:22.97	2500m:	34:25.39	1:25.15	
200m:	2:38.52	1:21.08	1000m:	13:35.54	1:22.21	1800m:	24:38.42	1:23.97	2600m:	35:49.64	1:24.25	
300m:	4:01.21	1:22.69	1100m:	14:58.09	1:22.55	1900m:	26:02.01	1:23.59	2700m:	37:13.36	1:23.72	
400m:	5:23.77	1:22.56	1200m:	16:20.71	1:22.62	2000m:	27:26.40	1:24.39	2800m:	38:37.16	1:23.80	
500m:	6:46.15	1:22.38	1300m:	17:43.77	1:23.06	2100m:	28:50.32	1:23.92	2900m:	40:00.67	1:23.51	
600m:	8:08.10	1:21.95	1400m:	19:05.85	1:22.08	2200m:	30:13.29	1:22.97	3000m:	41:21.52	1:20.85	
700m:	9:29.28	1:21.18	1500m:	20:28.60	1:22.75	2300m:	31:36.63	1:23.34				
800m:	10:51.25	1:21.97	1600m:	21:51.48	1:22.88	2400m:	33:00.24	1:23.61				
6. OTEIZA LACALLE, Francisco	76 C.N. Iregua-Villamediana										<b>41:54.53</b>	11,00
100m:	1:18.70	1:18.70	900m:	12:19.55	1:22.78	1700m:	23:36.46	1:24.90	2500m:	35:00.68	1:26.03	
200m:	2:40.20	1:21.50	1000m:	13:43.44	1:23.89	1800m:	25:00.85	1:24.39	2600m:	36:25.30	1:24.62	
300m:	4:01.79	1:21.59	1100m:	15:07.75	1:24.31	1900m:	26:26.80	1:25.95	2700m:	37:50.13	1:24.83	
400m:	5:24.30	1:22.51	1200m:	16:32.82	1:25.07	2000m:	27:51.93	1:25.13	2800m:	39:14.03	1:23.90	
500m:	6:46.60	1:22.30	1300m:	17:57.38	1:24.56	2100m:	29:18.37	1:26.44	2900m:	40:37.36	1:23.33	
600m:	8:09.90	1:23.30	1400m:	19:22.47	1:25.09	2200m:	30:44.42	1:26.05	3000m:	41:54.53	1:17.17	
700m:	9:33.11	1:23.21	1500m:	20:46.67	1:24.20	2300m:	32:09.38	1:24.96				
800m:	10:56.77	1:23.66	1600m:	22:11.56	1:24.89	2400m:	33:34.65	1:25.27				



### Prueba 1, Masc., 3000m Libre, 40+

Clasificación	AN						Tiempo	
7. RODRIGUEZ FARALDOS, Carlos	77	Cn Master Torrijos					<b>41:54.88</b>	10,00
100m: 1:16.66	1:16.66	900m: 12:24.53	1:23.19	1700m: 23:31.35	1:24.18	2500m: 34:49.72	1:25.61	
200m: 2:37.33	1:20.67	1000m: 13:47.86	1:23.33	1800m: 24:55.21	1:23.86	2600m: 36:16.00	1:26.28	
300m: 4:00.88	1:23.55	1100m: 15:11.73	1:23.87	1900m: 26:20.55	1:25.34	2700m: 37:42.01	1:26.01	
400m: 5:24.40	1:23.52	1200m: 16:35.26	1:23.53	2000m: 27:45.32	1:24.77	2800m: 39:07.67	1:25.66	
500m: 6:48.93	1:24.53	1300m: 17:57.58	1:22.32	2100m: 29:09.63	1:24.31	2900m: 40:33.98	1:26.31	
600m: 8:13.33	1:24.40	1400m: 19:20.50	1:22.92	2200m: 30:33.69	1:24.06	3000m: 41:54.88	1:20.90	
700m: 9:37.34	1:24.01	1500m: 20:43.76	1:23.26	2300m: 31:58.44	1:24.75			
800m: 11:01.34	1:24.00	1600m: 22:07.17	1:23.41	2400m: 33:24.11	1:25.67			
8. FINS SEOANE, Juan Miguel	77	C.N. E Salvamento A Estrada					<b>43:02.58</b>	9,00
100m: 1:17.65	1:17.65	900m: 12:34.05	1:25.86	1700m: 24:06.18	1:27.05	2500m: 35:47.92	1:28.78	
200m: 2:40.22	1:22.57	1000m: 13:59.96	1:25.91	1800m: 25:33.82	1:27.64	2600m: 37:16.62	1:28.70	
300m: 4:03.35	1:23.13	1100m: 15:25.96	1:26.00	1900m: 27:01.15	1:27.33	2700m: 38:44.83	1:28.21	
400m: 5:27.73	1:24.38	1200m: 16:51.60	1:25.64	2000m: 28:28.58	1:27.43	2800m: 40:11.66	1:26.83	
500m: 6:53.81	1:26.08	1300m: 18:18.14	1:26.54	2100m: 29:56.31	1:27.73	2900m: 41:38.49	1:26.83	
600m: 8:18.42	1:24.61	1400m: 19:44.84	1:26.70	2200m: 31:23.83	1:27.52	3000m: 43:02.58	1:24.09	
700m: 9:43.21	1:24.79	1500m: 21:11.90	1:27.06	2300m: 32:51.48	1:27.65			
800m: 11:08.19	1:24.98	1600m: 22:39.13	1:27.23	2400m: 34:19.14	1:27.66			
9. YAGÜE ANDRÉS, Jorge	77	C.N. Master Madrid					<b>43:07.58</b>	8,00
100m: 1:18.77	1:18.77	900m: 12:43.47	1:25.43	1700m: 24:12.85	1:26.53	2500m: 35:53.58	1:27.11	
200m: 2:44.32	1:25.55	1000m: 14:09.69	1:26.22	1800m: 25:39.99	1:27.14	2600m: 37:22.64	1:29.06	
300m: 4:09.28	1:24.96	1100m: 15:35.20	1:25.51	1900m: 27:07.26	1:27.27	2700m: 38:50.56	1:27.92	
400m: 5:34.08	1:24.80	1200m: 17:02.09	1:26.89	2000m: 28:34.98	1:27.72	2800m: 40:18.25	1:27.69	
500m: 7:00.18	1:26.10	1300m: 18:28.39	1:26.30	2100m: 30:02.38	1:27.40	2900m: 41:44.72	1:26.47	
600m: 8:25.66	1:25.48	1400m: 19:54.01	1:25.62	2200m: 31:30.26	1:27.88	3000m: 43:07.58	1:22.86	
700m: 9:52.13	1:26.47	1500m: 21:19.82	1:25.81	2300m: 32:58.40	1:28.14			
800m: 11:18.04	1:25.91	1600m: 22:46.32	1:26.50	2400m: 34:26.47	1:28.07			
10. AGUILAR CONTRERAS, Antonio Angel	79	C.N. Master Madrid					<b>45:53.63</b>	7,00
100m: 1:26.42	1:26.42	900m: 13:37.85	1:31.60	1700m: 25:44.41	1:30.51	2500m: 37:58.16	1:33.79	
200m: 2:56.65	1:30.23	1000m: 15:09.52	1:31.67	1800m: 27:14.23	1:29.82	2600m: 39:31.89	1:33.73	
300m: 4:28.08	1:31.43	1100m: 16:42.37	1:32.85	1900m: 28:45.02	1:30.79	2700m: 41:08.70	1:36.81	
400m: 5:59.64	1:31.56	1200m: 18:13.39	1:31.02	2000m: 30:17.39	1:32.37	2800m: 42:44.83	1:36.13	
500m: 7:31.92	1:32.28	1300m: 19:43.67	1:30.28	2100m: 31:49.52	1:32.13	2900m: 44:23.85	1:39.02	
600m: 9:03.77	1:31.85	1400m: 21:13.74	1:30.07	2200m: 33:19.74	1:30.22	3000m: 45:53.63	1:29.78	
700m: 10:35.16	1:31.39	1500m: 22:43.71	1:29.97	2300m: 34:52.22	1:32.48			
800m: 12:06.25	1:31.09	1600m: 24:13.90	1:30.19	2400m: 36:24.37	1:32.15			
11. AGUADO ANDRES, Gustavo	77	C.N. Monteverde					<b>47:00.41</b>	6,00
100m: 1:18.59	1:18.59	900m: 13:31.03	1:34.43	1700m: 26:06.57	1:35.02	2500m: 38:56.48	1:37.80	
200m: 2:45.93	1:27.34	1000m: 15:04.79	1:33.76	1800m: 27:42.26	1:35.69	2600m: 40:33.32	1:36.84	
300m: 4:14.95	1:29.02	1100m: 16:39.33	1:34.54	1900m: 29:17.55	1:35.29	2700m: 42:10.70	1:37.38	
400m: 5:45.68	1:30.73	1200m: 18:13.76	1:34.43	2000m: 30:52.97	1:35.42	2800m: 43:47.55	1:36.85	
500m: 7:17.36	1:31.68	1300m: 19:48.41	1:34.65	2100m: 32:28.81	1:35.84	2900m: 45:25.53	1:37.98	
600m: 8:49.84	1:32.48	1400m: 21:23.54	1:35.13	2200m: 34:04.50	1:35.69	3000m: 47:00.41	1:34.88	
700m: 10:23.34	1:33.50	1500m: 22:56.89	1:33.35	2300m: 35:41.16	1:36.66			
800m: 11:56.60	1:33.26	1600m: 24:31.55	1:34.66	2400m: 37:18.68	1:37.52			

Prueba 1, Masc., 3000m Libre, 40+

Clasificación

AN

Tiempo

12.	ARRASTIO LOPEZ, Xabier			75	C.N. Playa Salve				48:11.39		5,00	
	100m:	1:28.00	1:28.00	900m:	14:17.88	1:36.03	1700m:	27:07.34	1:35.72	2500m:	40:08.26	1:38.67
	200m:	3:04.40	1:36.40	1000m:	15:53.32	1:35.44	1800m:	28:44.63	1:37.29	2600m:	41:48.27	1:40.01
	300m:	4:39.03	1:34.63	1100m:	17:28.78	1:35.46	1900m:	30:22.08	1:37.45	2700m:	43:27.27	1:39.00
	400m:	6:16.13	1:37.10	1200m:	19:04.96	1:36.18	2000m:	31:58.88	1:36.80	2800m:	45:03.67	1:36.40
	500m:	7:52.78	1:36.65	1300m:	20:41.46	1:36.50	2100m:	33:36.49	1:37.61	2900m:	46:39.43	1:35.76
	600m:	9:30.64	1:37.86	1400m:	22:18.01	1:36.55	2200m:	35:13.46	1:36.97	3000m:	48:11.39	1:31.96
	700m:	11:06.67	1:36.03	1500m:	23:55.07	1:37.06	2300m:	36:51.56	1:38.10			
	800m:	12:41.85	1:35.18	1600m:	25:31.62	1:36.55	2400m:	38:29.59	1:38.03			
13.	MORENO MARTINEZ, Jorge			77	Albacete Master N.				48:12.66		4,00	
	100m:	1:29.56	1:29.56	900m:	14:26.02	1:36.98	1700m:	27:18.45	1:39.55	2500m:	40:22.34	1:37.09
	200m:	3:06.87	1:37.31	1000m:	16:00.72	1:34.70	1800m:	28:56.12	1:37.67	2600m:	41:56.28	1:33.94
	300m:	4:42.48	1:35.61	1100m:	17:34.91	1:34.19	1900m:	30:33.77	1:37.65	2700m:	43:31.49	1:35.21
	400m:	6:19.34	1:36.86	1200m:	19:10.31	1:35.40	2000m:	32:11.66	1:37.89	2800m:	45:06.78	1:35.29
	500m:	7:57.06	1:37.72	1300m:	20:46.97	1:36.66	2100m:	33:48.28	1:36.62	2900m:	46:42.32	1:35.54
	600m:	9:34.69	1:37.63	1400m:	22:23.91	1:36.94	2200m:	35:25.80	1:37.52	3000m:	48:12.66	1:30.34
	700m:	11:12.72	1:38.03	1500m:	24:01.08	1:37.17	2300m:	37:06.14	1:40.34			
	800m:	12:49.04	1:36.32	1600m:	25:38.90	1:37.82	2400m:	38:45.25	1:39.11			
14.	RÍOS MUÑOZ, Francisco Javier			75	C.D. Halegatos				49:13.61		3,00	
	100m:	1:32.54	1:32.54	900m:	14:30.60	1:37.94	1700m:	27:37.88	1:38.47	2500m:	40:50.82	1:38.74
	200m:	3:09.04	1:36.50	1000m:	16:08.35	1:37.75	1800m:	29:16.44	1:38.56	2600m:	42:30.43	1:39.61
	300m:	4:46.55	1:37.51	1100m:	17:47.02	1:38.67	1900m:	30:55.93	1:39.49	2700m:	44:10.07	1:39.64
	400m:	6:23.94	1:37.39	1200m:	19:25.38	1:38.36	2000m:	32:35.57	1:39.64	2800m:	45:51.08	1:41.01
	500m:	8:01.44	1:37.50	1300m:	21:02.79	1:37.41	2100m:	34:13.97	1:38.40	2900m:	47:33.01	1:41.93
	600m:	9:37.38	1:35.94	1400m:	22:41.79	1:39.00	2200m:	35:53.61	1:39.64	3000m:	49:13.61	1:40.60
	700m:	11:15.16	1:37.78	1500m:	24:20.79	1:39.00	2300m:	37:33.13	1:39.52			
	800m:	12:52.66	1:37.50	1600m:	25:59.41	1:38.62	2400m:	39:12.08	1:38.95			
15.	OLIVA NIETO, David			75	C.N. Fuenlabrada				49:55.14		2,00	
	100m:	1:29.96	1:29.96	900m:	14:49.54	1:40.62	1700m:	28:16.13	1:39.41	2500m:	41:44.78	1:43.11
	200m:	3:05.57	1:35.61	1000m:	16:30.27	1:40.73	1800m:	29:55.83	1:39.70	2600m:	43:25.46	1:40.68
	300m:	4:45.10	1:39.53	1100m:	18:10.90	1:40.63	1900m:	31:35.74	1:39.91	2700m:	45:06.80	1:41.34
	400m:	6:26.02	1:40.92	1200m:	19:52.66	1:41.76	2000m:	33:16.63	1:40.89	2800m:	46:45.03	1:38.23
	500m:	8:06.96	1:40.94	1300m:	21:30.52	1:37.86	2100m:	34:57.37	1:40.74	2900m:	48:23.67	1:38.64
	600m:	9:47.62	1:40.66	1400m:	23:13.67	1:43.15	2200m:	36:38.46	1:41.09	3000m:	49:55.14	1:31.47
	700m:	11:29.36	1:41.74	1500m:	24:54.89	1:41.22	2300m:	38:19.12	1:40.66			
	800m:	13:08.92	1:39.56	1600m:	26:36.72	1:41.83	2400m:	40:01.67	1:42.55			
16.	RUIZ MARTÍNEZ, Emilio José			79	Cn Master Torrijos				51:35.81		1,00	
	100m:	1:36.93	1:36.93	900m:	15:28.61	1:44.05	1700m:	29:11.48	1:42.81	2500m:	43:01.45	1:42.63
	200m:	3:20.97	1:44.04	1000m:	17:11.66	1:43.05	1800m:	30:54.66	1:43.18	2600m:	44:44.44	1:42.99
	300m:	5:05.38	1:44.41	1100m:	18:53.56	1:41.90	1900m:	32:37.67	1:43.01	2700m:	46:26.94	1:42.50
	400m:	6:48.84	1:43.46	1200m:	20:36.04	1:42.48	2000m:	34:21.86	1:44.19	2800m:	48:10.35	1:43.41
	500m:	8:34.81	1:45.97	1300m:	22:18.22	1:42.18	2100m:	36:06.68	1:44.82	2900m:	49:53.44	1:43.09
	600m:	10:18.08	1:43.27	1400m:	24:01.17	1:42.95	2200m:	37:51.88	1:45.20	3000m:	51:35.81	1:42.37
	700m:	12:01.54	1:43.46	1500m:	25:44.52	1:43.35	2300m:	39:35.90	1:44.02			
	800m:	13:44.56	1:43.02	1600m:	27:28.67	1:44.15	2400m:	41:18.82	1:42.92			

Prueba 1, Masc., 3000m Libre, 40+

Clasificación	AN			Tiempo		
17. CHAMIZO QUILIS, Luis	77	C.N. Master Murcia		<b>57:13.47</b>	-	
100m: 1:36.85	1:36.85	900m: 16:32.19	1:51.56	1700m: 31:44.45	1:53.51	2500m: 47:22.45
200m: 3:22.95	1:46.10	1000m: 18:23.72	1:51.53	1800m: 33:40.43	1:55.98	2600m: 49:20.95
300m: 5:12.76	1:49.81	1100m: 20:14.54	1:50.82	1900m: 35:39.00	1:58.57	2700m: 51:21.69
400m: 7:05.67	1:52.91	1200m: 22:07.54	1:53.00	2000m: 37:34.41	1:55.41	2800m: 53:19.16
500m: 8:59.56	1:53.89	1300m: 24:02.48	1:54.94	2100m: 39:32.30	1:57.89	2900m: 55:16.44
600m: 10:54.12	1:54.56	1400m: 25:56.85	1:54.37	2200m: 41:29.74	1:57.44	3000m: 57:13.47
700m: 12:46.72	1:52.60	1500m: 27:54.58	1:57.73	2300m: 43:27.84	1:58.10	
800m: 14:40.63	1:53.91	1600m: 29:50.94	1:56.36	2400m: 45:26.63	1:58.79	

NP SEDEÑO LAFUENTE, Gonzalo 77 C.D. Halegatos -

45+, Masc.

1.	MORENO VIDAL, Victor Manuel			72	Club Natacion Acuatico Morvedre Sagur			37:19.39	19,00			
	100m:	1:10.64	1:10.64	900m:	10:59.00	1:13.73	1700m:	20:54.73	1:14.87	2500m:	30:59.58	1:16.14
	200m:	2:23.15	1:12.51	1000m:	12:13.28	1:14.28	1800m:	22:10.37	1:15.64	2600m:	32:15.78	1:16.20
	300m:	3:36.32	1:13.17	1100m:	13:27.34	1:14.06	1900m:	23:25.54	1:15.17	2700m:	33:32.29	1:16.51
	400m:	4:49.85	1:13.53	1200m:	14:41.54	1:14.20	2000m:	24:40.33	1:14.79	2800m:	34:49.30	1:17.01
	500m:	6:03.61	1:13.76	1300m:	15:55.76	1:14.22	2100m:	25:55.59	1:15.26	2900m:	36:05.73	1:16.43
	600m:	7:17.27	1:13.66	1400m:	17:10.30	1:14.54	2200m:	27:11.31	1:15.72	3000m:	37:19.39	1:13.66
	700m:	8:31.41	1:14.14	1500m:	18:24.82	1:14.52	2300m:	28:27.26	1:15.95			
	800m:	9:45.27	1:13.86	1600m:	19:39.86	1:15.04	2400m:	29:43.44	1:16.18			
2.	MARTINEZ LUCAS, Francisco			74	Albacete Master N.					38:47.21	16,00	
	100m:	1:12.35	1:12.35	900m:	11:26.14	1:17.84	1700m:	21:51.12	1:17.69	2500m:	32:14.55	1:18.39
	200m:	2:27.20	1:14.85	1000m:	12:44.15	1:18.01	1800m:	23:09.08	1:17.96	2600m:	33:33.37	1:18.82
	300m:	3:42.54	1:15.34	1100m:	14:02.69	1:18.54	1900m:	24:26.42	1:17.34	2700m:	34:52.47	1:19.10
	400m:	4:59.48	1:16.94	1200m:	15:20.84	1:18.15	2000m:	25:44.14	1:17.72	2800m:	36:11.88	1:19.41
	500m:	6:16.25	1:16.77	1300m:	16:39.20	1:18.36	2100m:	27:01.91	1:17.77	2900m:	37:31.18	1:19.30
	600m:	7:33.92	1:17.67	1400m:	17:57.71	1:18.51	2200m:	28:19.69	1:17.78	3000m:	38:47.21	1:16.03
	700m:	8:50.96	1:17.04	1500m:	19:15.48	1:17.77	2300m:	29:38.01	1:18.32			
	800m:	10:08.30	1:17.34	1600m:	20:33.43	1:17.95	2400m:	30:56.16	1:18.15			
3.	ALAEZ FARRERES, Juan Luis			72	E.M. El Olivar					39:20.39	14,00	
	100m:	1:11.61	1:11.61	900m:	11:38.98	1:19.54	1700m:	22:10.83	1:19.09	2500m:	32:47.75	1:19.60
	200m:	2:27.88	1:16.27	1000m:	12:57.73	1:18.75	1800m:	23:30.29	1:19.46	2600m:	34:07.78	1:20.03
	300m:	3:45.56	1:17.68	1100m:	14:16.38	1:18.65	1900m:	24:49.39	1:19.10	2700m:	35:28.22	1:20.44
	400m:	5:04.42	1:18.86	1200m:	15:35.58	1:19.20	2000m:	26:08.68	1:19.29	2800m:	36:46.42	1:18.20
	500m:	6:22.67	1:18.25	1300m:	16:54.57	1:18.99	2100m:	27:28.24	1:19.56	2900m:	38:04.70	1:18.28
	600m:	7:41.66	1:18.99	1400m:	18:14.29	1:19.72	2200m:	28:48.61	1:20.37	3000m:	39:20.39	1:15.69
	700m:	9:00.51	1:18.85	1500m:	19:32.99	1:18.70	2300m:	30:08.32	1:19.71			
	800m:	10:19.44	1:18.93	1600m:	20:51.74	1:18.75	2400m:	31:28.15	1:19.83			
4.	ESPINA VELAZ, Fernando			71	C.E. Mediterrani					40:24.53	13,00	
	100m:	1:18.45	1:18.45	900m:	11:55.17	1:19.69	1700m:	22:39.13	1:20.51	2500m:	33:31.54	1:22.49
	200m:	2:38.30	1:19.85	1000m:	13:15.39	1:20.22	1800m:	23:59.62	1:20.49	2600m:	34:54.21	1:22.67
	300m:	3:57.91	1:19.61	1100m:	14:35.41	1:20.02	1900m:	25:20.73	1:21.11	2700m:	36:17.28	1:23.07
	400m:	5:17.71	1:19.80	1200m:	15:56.16	1:20.75	2000m:	26:42.12	1:21.39	2800m:	37:40.40	1:23.12
	500m:	6:36.78	1:19.07	1300m:	17:16.82	1:20.66	2100m:	28:03.61	1:21.49	2900m:	39:03.16	1:22.76
	600m:	7:56.34	1:19.56	1400m:	18:37.77	1:20.95	2200m:	29:25.07	1:21.46	3000m:	40:24.53	1:21.37
	700m:	9:15.87	1:19.53	1500m:	19:58.17	1:20.40	2300m:	30:47.25	1:22.18			
	800m:	10:35.48	1:19.61	1600m:	21:18.62	1:20.45	2400m:	32:09.05	1:21.80			

Prueba 1, Masc., 3000m Libre, 45+

Clasificación

AN

Tiempo

5.	HERNÁNDEZ REDONDO, Alberto	71	C.N. Monteverde	42:16.36	12,00			
	100m: 1:21.59	1:21.59	900m: 12:34.05	1:23.35	1700m: 23:50.55	1:24.14	2500m: 35:10.08	1:24.43
	200m: 2:45.53	1:23.94	1000m: 13:57.93	1:23.88	1800m: 25:14.80	1:24.25	2600m: 36:35.27	1:25.19
	300m: 4:10.63	1:25.10	1100m: 15:22.10	1:24.17	1900m: 26:40.86	1:26.06	2700m: 38:00.21	1:24.94
	400m: 5:35.65	1:25.02	1200m: 16:46.75	1:24.65	2000m: 28:06.39	1:25.53	2800m: 39:25.99	1:25.78
	500m: 6:59.50	1:23.85	1300m: 18:10.69	1:23.94	2100m: 29:32.07	1:25.68	2900m: 40:52.09	1:26.10
	600m: 8:22.37	1:22.87	1400m: 19:36.37	1:25.68	2200m: 30:56.52	1:24.45	3000m: 42:16.36	1:24.27
	700m: 9:46.62	1:24.25	1500m: 21:01.71	1:25.34	2300m: 32:21.46	1:24.94		
	800m: 11:10.70	1:24.08	1600m: 22:26.41	1:24.70	2400m: 33:45.65	1:24.19		
6.	GOMEZ RAMOS, Jesús	70	Real Canoe N.C.	42:47.95	11,00			
	100m: 1:19.49	1:19.49	900m: 12:40.08	1:25.23	1700m: 24:05.32	1:25.83	2500m: 35:37.40	1:27.05
	200m: 2:43.30	1:23.81	1000m: 14:05.24	1:25.16	1800m: 25:30.81	1:25.49	2600m: 37:03.77	1:26.37
	300m: 4:07.06	1:23.76	1100m: 15:30.99	1:25.75	1900m: 26:57.55	1:26.74	2700m: 38:31.11	1:27.34
	400m: 5:32.85	1:25.79	1200m: 16:56.54	1:25.55	2000m: 28:23.20	1:25.65	2800m: 39:57.90	1:26.79
	500m: 6:58.51	1:25.66	1300m: 18:22.24	1:25.70	2100m: 29:49.29	1:26.09	2900m: 41:24.16	1:26.26
	600m: 8:23.58	1:25.07	1400m: 19:47.05	1:24.81	2200m: 31:16.19	1:26.90	3000m: 42:47.95	1:23.79
	700m: 9:48.98	1:25.40	1500m: 21:13.26	1:26.21	2300m: 32:43.19	1:27.00		
	800m: 11:14.85	1:25.87	1600m: 22:39.49	1:26.23	2400m: 34:10.35	1:27.16		
7.	SEGLAR VALIENTE, Miguel Angel	72	Vila-Swim Fondistas Club Natación	43:13.93	10,00			
	100m: 1:21.38	1:21.38	900m: 12:51.34	1:25.55	1700m: 24:20.39	1:26.82	2500m: 35:55.07	1:27.28
	200m: 2:47.01	1:25.63	1000m: 14:17.07	1:25.73	1800m: 25:46.24	1:25.85	2600m: 37:22.84	1:27.77
	300m: 4:13.64	1:26.63	1100m: 15:42.24	1:25.17	1900m: 27:12.82	1:26.58	2700m: 38:50.45	1:27.61
	400m: 5:40.53	1:26.89	1200m: 17:08.61	1:26.37	2000m: 28:38.92	1:26.10	2800m: 40:18.54	1:28.09
	500m: 7:06.62	1:26.09	1300m: 18:34.82	1:26.21	2100m: 30:05.39	1:26.47	2900m: 41:46.42	1:27.88
	600m: 8:32.36	1:25.74	1400m: 20:01.34	1:26.52	2200m: 31:32.17	1:26.78	3000m: 43:13.93	1:27.51
	700m: 9:59.17	1:26.81	1500m: 21:27.23	1:25.89	2300m: 33:00.25	1:28.08		
	800m: 11:25.79	1:26.62	1600m: 22:53.57	1:26.34	2400m: 34:27.79	1:27.54		
8.	OCAMPO GISBERT, David	71	C.N. Master Madrid	43:20.05	9,00			
	100m: 1:24.70	1:24.70	900m: 13:02.20	1:27.58	1700m: 24:41.05	1:25.74	2500m: 36:13.25	1:27.70
	200m: 2:50.77	1:26.07	1000m: 14:30.82	1:28.62	1800m: 26:06.93	1:25.88	2600m: 37:40.99	1:27.74
	300m: 4:18.11	1:27.34	1100m: 16:00.33	1:29.51	1900m: 27:32.41	1:25.48	2700m: 39:08.21	1:27.22
	400m: 5:44.72	1:26.61	1200m: 17:28.94	1:28.61	2000m: 28:58.71	1:26.30	2800m: 40:35.71	1:27.50
	500m: 7:11.90	1:27.18	1300m: 18:56.76	1:27.82	2100m: 30:24.68	1:25.97	2900m: 42:02.04	1:26.33
	600m: 8:39.21	1:27.31	1400m: 20:23.96	1:27.20	2200m: 31:51.03	1:26.35	3000m: 43:20.05	1:18.01
	700m: 10:06.69	1:27.48	1500m: 21:50.52	1:26.56	2300m: 33:18.71	1:27.68		
	800m: 11:34.62	1:27.93	1600m: 23:15.31	1:24.79	2400m: 34:45.55	1:26.84		
9.	GARCÍA GARVÍN, Demetrio Julian	74	C.N. Monteverde	43:29.15	8,00			
	100m: 1:20.73	1:20.73	900m: 12:36.73	1:26.11	1700m: 24:13.75	1:28.05	2500m: 36:03.45	1:29.76
	200m: 2:43.88	1:23.15	1000m: 14:02.65	1:25.92	1800m: 25:42.62	1:28.87	2600m: 37:33.00	1:29.55
	300m: 4:07.81	1:23.93	1100m: 15:28.96	1:26.31	1900m: 27:11.69	1:29.07	2700m: 39:02.36	1:29.36
	400m: 5:32.57	1:24.76	1200m: 16:55.48	1:26.52	2000m: 28:40.20	1:28.51	2800m: 40:32.50	1:30.14
	500m: 6:56.24	1:23.67	1300m: 18:22.27	1:26.79	2100m: 30:07.77	1:27.57	2900m: 42:01.44	1:28.94
	600m: 8:20.81	1:24.57	1400m: 19:49.18	1:26.91	2200m: 31:36.05	1:28.28	3000m: 43:29.15	1:27.71
	700m: 9:45.09	1:24.28	1500m: 21:16.21	1:27.03	2300m: 33:04.78	1:28.73		
	800m: 11:10.62	1:25.53	1600m: 22:45.70	1:29.49	2400m: 34:33.69	1:28.91		



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Clasificación	AN		Tiempo	
10. LIDÓN GIMÉNEZ, Alfonso	70	C.N. Master Murcia	<b>45:18.45</b>	7,00
100m: 1:23.11 1:23.11	900m: 13:25.30 1:31.79	1700m: 25:32.36 1:30.98	2500m: 37:42.55 1:32.21	
200m: 2:49.95 1:26.84	1000m: 14:56.52 1:31.22	1800m: 27:03.53 1:31.17	2600m: 39:15.27 1:32.72	
300m: 4:19.30 1:29.35	1100m: 16:27.43 1:30.91	1900m: 28:34.49 1:30.96	2700m: 40:48.24 1:32.97	
400m: 5:49.39 1:30.09	1200m: 17:57.60 1:30.17	2000m: 30:05.49 1:31.00	2800m: 42:21.44 1:33.20	
500m: 7:20.44 1:31.05	1300m: 19:28.12 1:30.52	2100m: 31:36.85 1:31.36	2900m: 43:51.25 1:29.81	
600m: 8:51.15 1:30.71	1400m: 20:59.68 1:31.56	2200m: 33:08.23 1:31.38	3000m: 45:18.45 1:27.20	
700m: 10:22.19 1:31.04	1500m: 22:29.93 1:30.25	2300m: 34:39.53 1:31.30		
800m: 11:53.51 1:31.32	1600m: 24:01.38 1:31.45	2400m: 36:10.34 1:30.81		
11. GARCIA COLOME, David	74	C.N. L' Hospitalet	<b>45:47.37</b>	6,00
100m: 1:25.57 1:25.57	900m: 13:25.86 1:30.35	1700m: 25:43.85 1:33.16	2500m: 38:04.86 1:34.05	
200m: 2:54.64 1:29.07	1000m: 14:56.71 1:30.85	1800m: 27:16.46 1:32.61	2600m: 39:39.23 1:34.37	
300m: 4:24.03 1:29.39	1100m: 16:28.34 1:31.63	1900m: 28:48.36 1:31.90	2700m: 41:13.60 1:34.37	
400m: 5:54.08 1:30.05	1200m: 18:00.13 1:31.79	2000m: 30:20.68 1:32.32	2800m: 42:46.66 1:33.06	
500m: 7:24.22 1:30.14	1300m: 19:32.47 1:32.34	2100m: 31:52.02 1:31.34	2900m: 44:19.09 1:32.43	
600m: 8:54.56 1:30.34	1400m: 21:05.12 1:32.65	2200m: 33:23.77 1:31.75	3000m: 45:47.37 1:28.28	
700m: 10:25.21 1:30.65	1500m: 22:37.83 1:32.71	2300m: 34:57.36 1:33.59		
800m: 11:55.51 1:30.30	1600m: 24:10.69 1:32.86	2400m: 36:30.81 1:33.45		
12. ALVAREZ CABO, Cesar	72	C.N. Master Madrid	<b>46:18.54</b>	5,00
100m: 1:21.41 1:21.41	900m: 13:48.11 1:32.89	1700m: 26:12.58 1:32.68	2500m: 38:38.78 1:33.50	
200m: 2:52.61 1:31.20	1000m: 15:21.07 1:32.96	1800m: 27:46.07 1:33.49	2600m: 40:11.73 1:32.95	
300m: 4:25.25 1:32.64	1100m: 16:53.67 1:32.60	1900m: 29:19.27 1:33.20	2700m: 41:45.84 1:34.11	
400m: 5:59.65 1:34.40	1200m: 18:26.13 1:32.46	2000m: 30:52.97 1:33.70	2800m: 43:17.81 1:31.97	
500m: 7:34.57 1:34.92	1300m: 19:59.68 1:33.55	2100m: 32:26.27 1:33.30	2900m: 44:50.43 1:32.62	
600m: 9:08.50 1:33.93	1400m: 21:32.88 1:33.20	2200m: 33:59.02 1:32.75	3000m: 46:18.54 1:28.11	
700m: 10:42.26 1:33.76	1500m: 23:06.67 1:33.79	2300m: 35:32.14 1:33.12		
800m: 12:15.22 1:32.96	1600m: 24:39.90 1:33.23	2400m: 37:05.28 1:33.14		
13. DE ARRIBA GOMEZ, Luis	74	C.N. Master Madrid	<b>47:03.57</b>	4,00
100m: 1:27.70 1:27.70	900m: 13:49.01 1:33.57	1700m: 26:28.38 1:36.17	2500m: 39:19.18 1:37.34	
200m: 2:58.51 1:30.81	1000m: 15:22.66 1:33.65	1800m: 28:03.67 1:35.29	2600m: 40:52.10 1:32.92	
300m: 4:31.32 1:32.81	1100m: 16:56.87 1:34.21	1900m: 29:39.85 1:36.18	2700m: 42:24.91 1:32.81	
400m: 6:04.27 1:32.95	1200m: 18:31.64 1:34.77	2000m: 31:16.15 1:36.30	2800m: 43:56.53 1:31.62	
500m: 7:37.03 1:32.76	1300m: 20:06.81 1:35.17	2100m: 32:51.65 1:35.50	2900m: 45:33.09 1:36.56	
600m: 9:10.03 1:33.00	1400m: 21:41.21 1:34.40	2200m: 34:28.40 1:36.75	3000m: 47:03.57 1:30.48	
700m: 10:42.40 1:32.37	1500m: 23:16.49 1:35.28	2300m: 36:04.94 1:36.54		
800m: 12:15.44 1:33.04	1600m: 24:52.21 1:35.72	2400m: 37:41.84 1:36.90		
14. MERLO GARCIA, Francisco Manuel	70	C.N. Fuenlabrada	<b>50:01.11</b>	3,00
100m: 1:32.06 1:32.06	900m: 14:38.67 1:39.26	1700m: 27:56.43 1:40.12	2500m: 41:33.03 1:46.13	
200m: 3:08.81 1:36.75	1000m: 16:18.41 1:39.74	1800m: 29:36.88 1:40.45	2600m: 43:13.48 1:40.45	
300m: 4:46.49 1:37.68	1100m: 17:57.59 1:39.18	1900m: 31:16.19 1:39.31	2700m: 44:55.58 1:42.10	
400m: 6:24.33 1:37.84	1200m: 19:36.62 1:39.03	2000m: 32:56.18 1:39.99	2800m: 46:37.07 1:41.49	
500m: 8:02.51 1:38.18	1300m: 21:16.24 1:39.62	2100m: 34:37.76 1:41.58	2900m: 48:21.44 1:44.37	
600m: 9:40.79 1:38.28	1400m: 22:55.68 1:39.44	2200m: 36:21.25 1:43.49	3000m: 50:01.11 1:39.67	
700m: 11:19.45 1:38.66	1500m: 24:35.85 1:40.17	2300m: 38:02.81 1:41.56		
800m: 12:59.41 1:39.96	1600m: 26:16.31 1:40.46	2400m: 39:46.90 1:44.09		



### Prueba 1, Masc., 3000m Libre, 45+

Clasificación	AN										Tiempo	
15. ALONSO - CASTRILLO ALMSTRÖM, F73ancC.N. Master Madrid											<b>53:04.95</b>	2,00
100m:	1:40.89	1:40.89	900m:	16:04.79	1:49.49	1700m:	30:24.73	1:46.34	2500m:	44:23.44	1:43.45	
200m:	3:27.43	1:46.54	1000m:	17:52.41	1:47.62	1800m:	32:08.80	1:44.07	2600m:	46:09.54	1:46.10	
300m:	5:14.93	1:47.50	1100m:	19:39.10	1:46.69	1900m:	33:54.48	1:45.68	2700m:	47:54.54	1:45.00	
400m:	7:04.08	1:49.15	1200m:	21:26.57	1:47.47	2000m:	35:39.89	1:45.41	2800m:	49:38.48	1:43.94	
500m:	8:51.49	1:47.41	1300m:	23:13.91	1:47.34	2100m:	37:24.85	1:44.96	2900m:	51:26.15	1:47.67	
600m:	10:39.17	1:47.68	1400m:	25:01.92	1:48.01	2200m:	39:11.07	1:46.22	3000m:	53:04.95	1:38.80	
700m:	12:27.29	1:48.12	1500m:	26:51.87	1:49.95	2300m:	40:55.35	1:44.28				
800m:	14:15.30	1:48.01	1600m:	28:38.39	1:46.52	2400m:	42:39.99	1:44.64				
NP FERNANDEZ REINOSA, Maximiliano	72	C.N. Master Naturalswim Petrer										-
Baja LEAL ARCAS, Javier	72	C.N. Master Murcia										-
Baja OLMEDO FERNÁNDEZ, Fernando	71	C.N. Master Murcia										-
Baja CAPUTTO CAMARENA, Javier	71	C.N. Monteverde										-

### 50+, Masc.

1. CARBAJO RUEDA, Maximo	66	C.N. Master Madrid										<b>41:05.12</b>	19,00
100m:	1:17.22	1:17.22	900m:	12:09.90	1:21.48	1700m:	23:07.29	1:22.65	2500m:	34:09.46	1:23.25		
200m:	2:38.60	1:21.38	1000m:	13:31.48	1:21.58	1800m:	24:30.06	1:22.77	2600m:	35:33.46	1:24.00		
300m:	4:00.69	1:22.09	1100m:	14:53.15	1:21.67	1900m:	25:52.08	1:22.02	2700m:	36:57.49	1:24.03		
400m:	5:22.94	1:22.25	1200m:	16:15.01	1:21.86	2000m:	27:14.95	1:22.87	2800m:	38:21.73	1:24.24		
500m:	6:44.94	1:22.00	1300m:	17:37.13	1:22.12	2100m:	28:37.36	1:22.41	2900m:	39:44.48	1:22.75		
600m:	8:06.10	1:21.16	1400m:	18:59.27	1:22.14	2200m:	30:00.02	1:22.66	3000m:	41:05.12	1:20.64		
700m:	9:27.46	1:21.36	1500m:	20:21.85	1:22.58	2300m:	31:22.76	1:22.74					
800m:	10:48.42	1:20.96	1600m:	21:44.64	1:22.79	2400m:	32:46.21	1:23.45					
2. FARRONA CLAVERO, Manuel	65	C.N. Master Murcia										<b>41:17.16</b>	16,00
100m:	1:17.14	1:17.14	900m:	12:13.23	1:22.04	1700m:	23:14.69	1:22.83	2500m:	34:25.37	1:24.43		
200m:	2:38.60	1:21.46	1000m:	13:35.90	1:22.67	1800m:	24:38.49	1:23.80	2600m:	35:49.40	1:24.03		
300m:	4:01.16	1:22.56	1100m:	14:58.55	1:22.65	1900m:	26:02.08	1:23.59	2700m:	37:13.21	1:23.81		
400m:	5:23.80	1:22.64	1200m:	16:21.06	1:22.51	2000m:	27:26.70	1:24.62	2800m:	38:36.77	1:23.56		
500m:	6:46.12	1:22.32	1300m:	17:43.83	1:22.77	2100m:	28:50.37	1:23.67	2900m:	40:00.54	1:23.77		
600m:	8:08.21	1:22.09	1400m:	19:06.57	1:22.74	2200m:	30:14.56	1:24.19	3000m:	41:17.16	1:16.62		
700m:	9:29.66	1:21.45	1500m:	20:29.10	1:22.53	2300m:	31:37.08	1:22.52					
800m:	10:51.19	1:21.53	1600m:	21:51.86	1:22.76	2400m:	33:00.94	1:23.86					
3. YÑIGO DE LOS RIOS, Miguel	68	C.N. Master Madrid										<b>43:47.42</b>	14,00
100m:	1:24.67	1:24.67	900m:	13:02.62	1:26.85	1700m:	24:37.29	1:26.64	2500m:	36:22.85	1:28.50		
200m:	2:51.81	1:27.14	1000m:	14:30.26	1:27.64	1800m:	26:04.72	1:27.43	2600m:	37:52.70	1:29.85		
300m:	4:19.38	1:27.57	1100m:	15:56.68	1:26.42	1900m:	27:32.25	1:27.53	2700m:	39:22.23	1:29.53		
400m:	5:46.84	1:27.46	1200m:	17:23.24	1:26.56	2000m:	29:00.25	1:28.00	2800m:	40:52.28	1:30.05		
500m:	7:14.59	1:27.75	1300m:	18:49.54	1:26.30	2100m:	30:28.07	1:27.82	2900m:	42:22.40	1:30.12		
600m:	8:42.08	1:27.49	1400m:	20:16.51	1:26.97	2200m:	31:56.78	1:28.71	3000m:	43:47.42	1:25.02		
700m:	10:09.28	1:27.20	1500m:	21:43.26	1:26.75	2300m:	33:25.47	1:28.69					
800m:	11:35.77	1:26.49	1600m:	23:10.65	1:27.39	2400m:	34:54.35	1:28.88					
4. CLEMENTE PESUDO, Pere Xavier	69	Vila-Swim Fondistas Club Natación										<b>44:03.74</b>	13,00
100m:	1:23.66	1:23.66	900m:	12:55.17	1:27.52	1700m:	24:45.73	1:30.49	2500m:	36:44.74	1:29.91		
200m:	2:49.87	1:26.21	1000m:	14:22.77	1:27.60	1800m:	26:16.22	1:30.49	2600m:	38:14.75	1:30.01		
300m:	4:15.73	1:25.86	1100m:	15:50.48	1:27.71	1900m:	27:46.01	1:29.79	2700m:	39:45.09	1:30.34		
400m:	5:41.73	1:26.00	1200m:	17:18.85	1:28.37	2000m:	29:15.81	1:29.80	2800m:	41:14.93	1:29.84		
500m:	7:07.78	1:26.05	1300m:	18:47.73	1:28.88	2100m:	30:45.19	1:29.38	2900m:	42:42.01	1:27.08		
600m:	8:34.28	1:26.50	1400m:	20:16.58	1:28.85	2200m:	32:14.06	1:28.87	3000m:	44:03.74	1:21.73		
700m:	10:01.09	1:26.81	1500m:	21:46.06	1:29.48	2300m:	33:43.95	1:29.89					
800m:	11:27.65	1:26.56	1600m:	23:15.24	1:29.18	2400m:	35:14.83	1:30.88					

Prueba 1, Masc., 3000m Libre, 50+

Clasificación

AN

Tiempo

5.	MAESO VERGARA, Miguel Benito	67	C.N. Camargo						<b>45:01.53</b>	12,00
	100m: 1:28.94	1:28.94	900m: 13:34.26	1:30.64	1700m: 25:35.60	1:30.60	2500m: 37:30.52	1:28.71		
	200m: 2:59.32	1:30.38	1000m: 15:03.89	1:29.63	1800m: 27:06.21	1:30.61	2600m: 39:00.51	1:29.99		
	300m: 4:30.21	1:30.89	1100m: 16:34.13	1:30.24	1900m: 28:37.42	1:31.21	2700m: 40:31.44	1:30.93		
	400m: 6:01.49	1:31.28	1200m: 18:04.44	1:30.31	2000m: 30:08.26	1:30.84	2800m: 42:02.10	1:30.66		
	500m: 7:32.20	1:30.71	1300m: 19:34.95	1:30.51	2100m: 31:37.33	1:29.07	2900m: 43:33.01	1:30.91		
	600m: 9:02.32	1:30.12	1400m: 21:05.62	1:30.67	2200m: 33:05.51	1:28.18	3000m: 45:01.53	1:28.52		
	700m: 10:32.88	1:30.56	1500m: 22:34.55	1:28.93	2300m: 34:33.62	1:28.11				
	800m: 12:03.62	1:30.74	1600m: 24:05.00	1:30.45	2400m: 36:01.81	1:28.19				
6.	RODRIGUEZ SUAREZ, Juan Pedro	67	C.N. Metropole						<b>45:35.28</b>	11,00
	100m: 1:28.54	1:28.54	900m: 13:34.50	1:31.50	1700m: 25:49.14	1:32.78	2500m: 38:04.91	1:31.26		
	200m: 2:58.43	1:29.89	1000m: 15:05.94	1:31.44	1800m: 27:22.00	1:32.86	2600m: 39:35.92	1:31.01		
	300m: 4:28.65	1:30.22	1100m: 16:36.93	1:30.99	1900m: 28:54.69	1:32.69	2700m: 41:07.07	1:31.15		
	400m: 5:59.19	1:30.54	1200m: 18:08.63	1:31.70	2000m: 30:26.24	1:31.55	2800m: 42:37.26	1:30.19		
	500m: 7:29.70	1:30.51	1300m: 19:41.00	1:32.37	2100m: 31:57.49	1:31.25	2900m: 44:07.73	1:30.47		
	600m: 9:00.04	1:30.34	1400m: 21:13.02	1:32.02	2200m: 33:29.35	1:31.86	3000m: 45:35.28	1:27.55		
	700m: 10:31.63	1:31.59	1500m: 22:44.72	1:31.70	2300m: 35:01.04	1:31.69				
	800m: 12:03.00	1:31.37	1600m: 24:16.36	1:31.64	2400m: 36:33.65	1:32.61				
7.	ALCARAZ GOBITTA, Sergio	65	C.N. Master Murcia						<b>45:58.67</b>	10,00
	100m: 1:24.73	1:24.73	900m: 13:40.20	1:32.94	1700m: 26:03.69	1:32.38	2500m: 38:24.70	1:33.04		
	200m: 2:55.32	1:30.59	1000m: 15:13.25	1:33.05	1800m: 27:35.82	1:32.13	2600m: 39:57.21	1:32.51		
	300m: 4:25.90	1:30.58	1100m: 16:45.94	1:32.69	1900m: 29:08.16	1:32.34	2700m: 41:29.56	1:32.35		
	400m: 5:57.26	1:31.36	1200m: 18:19.20	1:33.26	2000m: 30:40.12	1:31.96	2800m: 43:01.63	1:32.07		
	500m: 7:29.11	1:31.85	1300m: 19:52.58	1:33.38	2100m: 32:12.72	1:32.60	2900m: 44:32.14	1:30.51		
	600m: 9:02.52	1:33.41	1400m: 21:25.90	1:33.32	2200m: 33:45.12	1:32.40	3000m: 45:58.67	1:26.53		
	700m: 10:35.33	1:32.81	1500m: 22:58.56	1:32.66	2300m: 35:18.07	1:32.95				
	800m: 12:07.26	1:31.93	1600m: 24:31.31	1:32.75	2400m: 36:51.66	1:33.59				
8.	ARIAS SALGADO, Gabriel	68	C. Tenis Chamartin						<b>46:27.96</b>	9,00
	100m: 1:27.95	1:27.95	900m: 13:49.89	1:33.31	1700m: 26:16.01	1:34.09	2500m: 38:45.74	1:33.84		
	200m: 3:01.04	1:33.09	1000m: 15:23.16	1:33.27	1800m: 27:49.76	1:33.75	2600m: 40:19.96	1:34.22		
	300m: 4:33.40	1:32.36	1100m: 16:56.19	1:33.03	1900m: 29:23.01	1:33.25	2700m: 41:53.07	1:33.11		
	400m: 6:06.17	1:32.77	1200m: 18:30.10	1:33.91	2000m: 30:56.35	1:33.34	2800m: 43:25.69	1:32.62		
	500m: 7:37.91	1:31.74	1300m: 20:03.74	1:33.64	2100m: 32:29.50	1:33.15	2900m: 44:57.51	1:31.82		
	600m: 9:10.18	1:32.27	1400m: 21:36.40	1:32.66	2200m: 34:03.11	1:33.61	3000m: 46:27.96	1:30.45		
	700m: 10:43.38	1:33.20	1500m: 23:08.72	1:32.32	2300m: 35:37.56	1:34.45				
	800m: 12:16.58	1:33.20	1600m: 24:41.92	1:33.20	2400m: 37:11.90	1:34.34				
9.	COMINERO GARCIA, Eduardo	67	Cn Master Torrijos						<b>46:36.64</b>	8,00
	100m: 1:28.73	1:28.73	900m: 13:45.46	1:32.44	1700m: 26:17.49	1:34.29	2500m: 38:48.01	1:32.69		
	200m: 3:00.86	1:32.13	1000m: 15:19.20	1:33.74	1800m: 27:51.46	1:33.97	2600m: 40:20.98	1:32.97		
	300m: 4:32.67	1:31.81	1100m: 16:52.75	1:33.55	1900m: 29:26.42	1:34.96	2700m: 41:53.62	1:32.64		
	400m: 6:04.13	1:31.46	1200m: 18:26.10	1:33.35	2000m: 31:01.26	1:34.84	2800m: 43:26.75	1:33.13		
	500m: 7:36.12	1:31.99	1300m: 19:59.86	1:33.76	2100m: 32:34.77	1:33.51	2900m: 46:30.67	3:03.92		
	600m: 9:07.54	1:31.42	1400m: 21:33.89	1:34.03	2200m: 34:08.41	1:33.64	3000m: 46:36.64	5.97		
	700m: 10:40.41	1:32.87	1500m: 23:08.88	1:34.99	2300m: 35:41.86	1:33.45				
	800m: 12:13.02	1:32.61	1600m: 24:43.20	1:34.32	2400m: 37:15.32	1:33.46				

### Prueba 1, Masc., 3000m Libre, 50+

Clasificación	AN										Tiempo	
10. ALVAREZ GARCIA, Fernando	67 C. Tenis Chamartin										<b>47:06.15</b>	7,00
100m:	1:30.04	1:30.04	900m:	13:52.37	1:33.05	1700m:	26:16.83	1:33.56	2500m:	38:44.16	1:33.44	
200m:	3:02.76	1:32.72	1000m:	15:25.68	1:33.31	1800m:	27:49.74	1:32.91	2600m:	40:18.81	1:34.65	
300m:	4:35.53	1:32.77	1100m:	16:58.60	1:32.92	1900m:	29:23.77	1:34.03	2700m:	41:56.07	1:37.26	
400m:	6:08.51	1:32.98	1200m:	18:31.03	1:32.43	2000m:	30:57.02	1:33.25	2800m:	43:31.21	1:35.14	
500m:	7:41.23	1:32.72	1300m:	20:03.91	1:32.88	2100m:	32:30.36	1:33.34	2900m:	45:21.65	1:50.44	
600m:	9:13.82	1:32.59	1400m:	21:37.03	1:33.12	2200m:	34:03.52	1:33.16	3000m:	47:06.15	1:44.50	
700m:	10:46.03	1:32.21	1500m:	23:10.24	1:33.21	2300m:	35:37.12	1:33.60				
800m:	12:19.32	1:33.29	1600m:	24:43.27	1:33.03	2400m:	37:10.72	1:33.60				
11. BOIXADER GIL, Jose Manuel	65 Vila-Swim Fondistas Club Natación										<b>47:40.29</b>	6,00
100m:	1:29.50	1:29.50	900m:	14:04.16	1:34.29	1700m:	26:49.29	1:36.67	2500m:	39:42.63	1:36.98	
200m:	3:02.69	1:33.19	1000m:	15:39.39	1:35.23	1800m:	28:25.09	1:35.80	2600m:	41:18.92	1:36.29	
300m:	4:36.66	1:33.97	1100m:	17:14.69	1:35.30	1900m:	30:02.02	1:36.93	2700m:	42:56.19	1:37.27	
400m:	6:11.22	1:34.56	1200m:	18:50.54	1:35.85	2000m:	31:38.39	1:36.37	2800m:	44:33.20	1:37.01	
500m:	7:46.31	1:35.09	1300m:	20:26.40	1:35.86	2100m:	33:15.33	1:36.94	2900m:	46:08.69	1:35.49	
600m:	9:21.33	1:35.02	1400m:	22:01.44	1:35.04	2200m:	34:51.64	1:36.31	3000m:	47:40.29	1:31.60	
700m:	10:55.15	1:33.82	1500m:	23:36.83	1:35.39	2300m:	36:29.15	1:37.51				
800m:	12:29.87	1:34.72	1600m:	25:12.62	1:35.79	2400m:	38:05.65	1:36.50				
12. MUÑOZ PEREZ, Angel Andres	67 C.N. Monteverde										<b>48:15.00</b>	5,00
100m:	1:24.87	1:24.87	900m:	14:10.39	1:37.14	1700m:	27:14.66	1:37.87	2500m:	40:14.70	1:37.78	
200m:	2:56.81	1:31.94	1000m:	15:48.26	1:37.87	1800m:	28:53.08	1:38.42	2600m:	41:52.60	1:37.90	
300m:	4:32.21	1:35.40	1100m:	17:25.63	1:37.37	1900m:	30:30.77	1:37.69	2700m:	43:29.66	1:37.06	
400m:	6:07.60	1:35.39	1200m:	19:03.43	1:37.80	2000m:	32:08.06	1:37.29	2800m:	45:05.96	1:36.30	
500m:	7:43.22	1:35.62	1300m:	20:41.65	1:38.22	2100m:	33:45.04	1:36.98	2900m:	46:43.83	1:37.87	
600m:	9:19.98	1:36.76	1400m:	22:20.02	1:38.37	2200m:	35:21.57	1:36.53	3000m:	48:15.00	1:31.17	
700m:	10:56.33	1:36.35	1500m:	23:58.41	1:38.39	2300m:	36:59.55	1:37.98				
800m:	12:33.25	1:36.92	1600m:	25:36.79	1:38.38	2400m:	38:36.92	1:37.37				
13. PEREZ POLA, Ignacio	69 Stadium Casablanca										<b>51:45.63</b>	4,00
100m:	1:34.13	1:34.13	900m:	15:05.94	1:40.65	1700m:	28:45.30	1:43.53	2500m:	42:46.55	1:47.80	
200m:	3:13.74	1:39.61	1000m:	16:47.58	1:41.64	1800m:	30:28.38	1:43.08	2600m:	44:32.91	1:46.36	
300m:	4:54.76	1:41.02	1100m:	18:29.20	1:41.62	1900m:	32:12.25	1:43.87	2700m:	46:21.91	1:49.00	
400m:	6:37.28	1:42.52	1200m:	20:11.46	1:42.26	2000m:	33:55.60	1:43.35	2800m:	48:10.72	1:48.81	
500m:	8:18.43	1:41.15	1300m:	21:53.05	1:41.59	2100m:	35:39.25	1:43.65	2900m:	50:00.00	1:49.28	
600m:	10:00.71	1:42.28	1400m:	23:36.51	1:43.46	2200m:	37:25.20	1:45.95	3000m:	51:45.63	1:45.63	
700m:	11:43.11	1:42.40	1500m:	25:19.04	1:42.53	2300m:	39:11.96	1:46.76				
800m:	13:25.29	1:42.18	1600m:	27:01.77	1:42.73	2400m:	40:58.75	1:46.79				
14. PEREZ ARROYO, Dionisio	69 C.N. Fuenlabrada										<b>58:35.27</b>	3,00
100m:	1:34.84	1:34.84	900m:	16:43.32	1:51.80	1700m:	31:48.15	1:53.62	2500m:	48:03.43	2:06.82	
200m:	3:21.44	1:46.60	1000m:	18:36.30	1:52.98	1800m:	33:42.26	1:54.11	2600m:	50:09.94	2:06.51	
300m:	5:11.67	1:50.23	1100m:	20:28.41	1:52.11	1900m:	35:38.88	1:56.62	2700m:	52:18.57	2:08.63	
400m:	7:05.98	1:54.31	1200m:	22:19.76	1:51.35	2000m:	37:36.97	1:58.09	2800m:	54:24.79	2:06.22	
500m:	9:01.33	1:55.35	1300m:	24:12.32	1:52.56	2100m:	39:38.05	2:01.08	2900m:	56:28.49	2:03.70	
600m:	10:59.61	1:58.28	1400m:	26:07.71	1:55.39	2200m:	41:43.03	2:04.98	3000m:	58:35.27	2:06.78	
700m:	12:56.96	1:57.35	1500m:	28:00.74	1:53.03	2300m:	43:50.12	2:07.09				
800m:	14:51.52	1:54.56	1600m:	29:54.53	1:53.79	2400m:	45:56.61	2:06.49				
NP RIVERA DOMENECH, Javier	65 C. Tenis Chamartin										-	-
NP INFANTE CABELLO, Pablo Carlos	69 C.D. Halegatos										-	-

Prueba 1, 3000m Libre

55+, Masc.

1.	TELLEZ ECHEANDIA, Fernando	62	Getxo Igeriketa Bolue K.E.	39:42.72	34,00	RE		
	100m: 1:17.27	1:17.27	900m: 12:04.42	1:18.94	1700m: 22:29.65	1:19.41	2500m: 33:04.27	1:19.89
	200m: 2:38.68	1:21.41	1000m: 13:21.34	1:16.92	1800m: 23:48.31	1:18.66	2600m: 34:24.27	1:20.00
	300m: 4:00.88	1:22.20	1100m: 14:39.09	1:17.75	1900m: 25:07.70	1:19.39	2700m: 35:44.50	1:20.23
	400m: 5:22.93	1:22.05	1200m: 15:57.19	1:18.10	2000m: 26:27.39	1:19.69	2800m: 37:05.28	1:20.78
	500m: 6:44.52	1:21.59	1300m: 17:15.16	1:17.97	2100m: 27:46.37	1:18.98	2900m: 38:25.20	1:19.92
	600m: 8:05.12	1:20.60	1400m: 18:33.81	1:18.65	2200m: 29:05.29	1:18.92	3000m: 39:42.72	1:17.52
	700m: 9:25.52	1:20.40	1500m: 19:52.24	1:18.43	2300m: 30:24.60	1:19.31		
	800m: 10:45.48	1:19.96	1600m: 21:10.24	1:18.00	2400m: 31:44.38	1:19.78		
2.	RUIZ LÓPEZ, Javier	61	C.N. Playa Salve	40:29.38	16,00			
	100m: 1:17.08	1:17.08	900m: 12:05.60	1:19.32	1700m: 22:55.07	1:22.09	2500m: 33:43.99	1:21.08
	200m: 2:39.15	1:22.07	1000m: 13:25.18	1:19.58	1800m: 24:17.00	1:21.93	2600m: 35:05.64	1:21.65
	300m: 4:01.62	1:22.47	1100m: 14:46.04	1:20.86	1900m: 25:39.18	1:22.18	2700m: 36:26.82	1:21.18
	400m: 5:23.39	1:21.77	1200m: 16:07.35	1:21.31	2000m: 27:01.52	1:22.34	2800m: 37:47.73	1:20.91
	500m: 6:45.01	1:21.62	1300m: 17:28.58	1:21.23	2100m: 28:21.12	1:19.60	2900m: 39:09.24	1:21.51
	600m: 8:06.02	1:21.01	1400m: 18:49.72	1:21.14	2200m: 29:40.82	1:19.70	3000m: 40:29.38	1:20.14
	700m: 9:26.13	1:20.11	1500m: 20:11.37	1:21.65	2300m: 31:01.56	1:20.74		
	800m: 10:46.28	1:20.15	1600m: 21:32.98	1:21.61	2400m: 32:22.91	1:21.35		
3.	SANGUINO ALONSO, Luis Joaquin	64	C.N. Master Madrid	43:29.96	14,00			
	100m: 1:24.87	1:24.87	900m: 12:55.62	1:26.28	1700m: 24:30.93	1:27.28	2500m: 36:15.01	1:28.35
	200m: 2:51.24	1:26.37	1000m: 14:22.23	1:26.61	1800m: 25:58.22	1:27.29	2600m: 37:42.86	1:27.85
	300m: 4:17.48	1:26.24	1100m: 15:48.66	1:26.43	1900m: 27:26.16	1:27.94	2700m: 39:10.85	1:27.99
	400m: 5:43.63	1:26.15	1200m: 17:15.09	1:26.43	2000m: 28:54.55	1:28.39	2800m: 40:39.15	1:28.30
	500m: 7:10.23	1:26.60	1300m: 18:41.85	1:26.76	2100m: 30:22.25	1:27.70	2900m: 42:06.35	1:27.20
	600m: 8:36.71	1:26.48	1400m: 20:09.03	1:27.18	2200m: 31:51.40	1:29.15	3000m: 43:29.96	1:23.61
	700m: 10:02.93	1:26.22	1500m: 21:36.30	1:27.27	2300m: 33:18.88	1:27.48		
	800m: 11:29.34	1:26.41	1600m: 23:03.65	1:27.35	2400m: 34:46.66	1:27.78		
4.	GONZALEZ PEREZ, Domingo	61	C. Tenerife Masters	44:59.36	13,00			
	100m: 1:22.39	1:22.39	900m: 12:54.48	1:28.11	1700m: 24:53.86	1:31.10	2500m: 37:12.06	1:33.58
	200m: 2:47.74	1:25.35	1000m: 14:22.24	1:27.76	1800m: 26:24.20	1:30.34	2600m: 38:45.47	1:33.41
	300m: 4:12.96	1:25.22	1100m: 15:51.95	1:29.71	1900m: 27:55.48	1:31.28	2700m: 40:18.90	1:33.43
	400m: 5:39.53	1:26.57	1200m: 17:21.95	1:30.00	2000m: 29:26.56	1:31.08	2800m: 41:52.81	1:33.91
	500m: 7:05.80	1:26.27	1300m: 18:52.48	1:30.53	2100m: 30:58.46	1:31.90	2900m: 43:26.09	1:33.28
	600m: 8:32.05	1:26.25	1400m: 20:22.41	1:29.93	2200m: 32:31.83	1:33.37	3000m: 44:59.36	1:33.27
	700m: 9:58.49	1:26.44	1500m: 21:52.53	1:30.12	2300m: 34:05.56	1:33.73		
	800m: 11:26.37	1:27.88	1600m: 23:22.76	1:30.23	2400m: 35:38.48	1:32.92		
5.	MORALES LIMIA, Jose Luis	60	C.N. Master Murcia	45:53.28	12,00			
	100m: 1:27.84	1:27.84	900m: 13:49.21	1:33.01	1700m: 26:08.18	1:30.44	2500m: 38:19.00	1:31.27
	200m: 3:00.53	1:32.69	1000m: 15:22.33	1:33.12	1800m: 27:39.17	1:30.99	2600m: 39:50.94	1:31.94
	300m: 4:33.14	1:32.61	1100m: 16:57.05	1:34.72	1900m: 29:09.87	1:30.70	2700m: 41:22.80	1:31.86
	400m: 6:06.14	1:33.00	1200m: 18:29.92	1:32.87	2000m: 30:40.84	1:30.97	2800m: 42:55.01	1:32.21
	500m: 7:38.03	1:31.89	1300m: 20:03.36	1:33.44	2100m: 32:12.50	1:31.66	2900m: 44:26.08	1:31.07
	600m: 9:09.78	1:31.75	1400m: 21:35.92	1:32.56	2200m: 33:44.52	1:32.02	3000m: 45:53.28	1:27.20
	700m: 10:43.16	1:33.38	1500m: 23:07.11	1:31.19	2300m: 35:16.58	1:32.06		
	800m: 12:16.20	1:33.04	1600m: 24:37.74	1:30.63	2400m: 36:47.73	1:31.15		



Prueba 1, Masc., 3000m Libre, 55+

Clasificación

AN

Tiempo

6.	ARIAS FEBLES, Jose Manuel			64	C.N. Metropole				46:24.98	11,00		
	100m:	1:26.10	1:26.10	900m:	13:30.55	1:32.14	1700m:	25:54.55	1:33.90	2500m:	38:35.47	1:36.10
	200m:	2:55.80	1:29.70	1000m:	15:01.87	1:31.32	1800m:	27:28.32	1:33.77	2600m:	40:11.75	1:36.28
	300m:	4:25.20	1:29.40	1100m:	16:33.90	1:32.03	1900m:	29:02.92	1:34.60	2700m:	41:47.70	1:35.95
	400m:	5:56.35	1:31.15	1200m:	18:06.71	1:32.81	2000m:	30:37.64	1:34.72	2800m:	43:22.88	1:35.18
	500m:	7:26.40	1:30.05	1300m:	19:39.41	1:32.70	2100m:	32:12.51	1:34.87	2900m:	44:56.47	1:33.59
	600m:	8:56.95	1:30.55	1400m:	21:13.42	1:34.01	2200m:	33:47.26	1:34.75	3000m:	46:24.98	1:28.51
	700m:	10:27.57	1:30.62	1500m:	22:47.21	1:33.79	2300m:	35:23.52	1:36.26			
	800m:	11:58.41	1:30.84	1600m:	24:20.65	1:33.44	2400m:	36:59.37	1:35.85			
7.	COSTAS ALGARA, José Luis			62	C. Tenis Chamartin				48:51.21	10,00		
	100m:	1:35.10	1:35.10	900m:	14:42.75	1:37.74	1700m:	27:45.85	1:38.26	2500m:	40:54.10	1:38.94
	200m:	3:14.38	1:39.28	1000m:	16:20.67	1:37.92	1800m:	29:24.24	1:38.39	2600m:	42:32.78	1:38.68
	300m:	4:53.18	1:38.80	1100m:	17:57.49	1:36.82	1900m:	31:02.69	1:38.45	2700m:	44:10.79	1:38.01
	400m:	6:31.65	1:38.47	1200m:	19:34.82	1:37.33	2000m:	32:41.77	1:39.08	2800m:	45:47.79	1:37.00
	500m:	8:09.15	1:37.50	1300m:	21:12.02	1:37.20	2100m:	34:20.24	1:38.47	2900m:	47:23.55	1:35.76
	600m:	9:47.58	1:38.43	1400m:	22:50.01	1:37.99	2200m:	35:58.11	1:37.87	3000m:	48:51.21	1:27.66
	700m:	11:25.93	1:38.35	1500m:	24:28.55	1:38.54	2300m:	37:36.61	1:38.50			
	800m:	13:05.01	1:39.08	1600m:	26:07.59	1:39.04	2400m:	39:15.16	1:38.55			
8.	RODRIGUEZ CASTEDO, Alexis			62	Cn Master Torrijos				49:11.25	9,00		
	100m:	1:32.08	1:32.08	900m:	14:39.06	1:39.06	1700m:	27:55.87	1:40.57	2500m:	41:05.29	1:38.41
	200m:	3:08.68	1:36.60	1000m:	16:17.90	1:38.84	1800m:	29:35.42	1:39.55	2600m:	42:43.29	1:38.00
	300m:	4:46.31	1:37.63	1100m:	17:56.56	1:38.66	1900m:	31:14.65	1:39.23	2700m:	44:20.98	1:37.69
	400m:	6:24.75	1:38.44	1200m:	19:36.41	1:39.85	2000m:	32:53.20	1:38.55	2800m:	45:58.25	1:37.27
	500m:	8:02.98	1:38.23	1300m:	21:16.21	1:39.80	2100m:	34:30.76	1:37.56	2900m:	47:36.01	1:37.76
	600m:	9:42.21	1:39.23	1400m:	22:55.58	1:39.37	2200m:	36:09.06	1:38.30	3000m:	49:11.25	1:35.24
	700m:	11:22.02	1:39.81	1500m:	24:35.37	1:39.79	2300m:	37:47.94	1:38.88			
	800m:	13:00.00	1:37.98	1600m:	26:15.30	1:39.93	2400m:	39:26.88	1:38.94			
9.	FUNGAIRIÑO ABAD, Eduardo			64	C.N. Master Madrid				49:28.87	8,00		
	100m:	1:32.96	1:32.96	900m:	14:26.68	1:37.88	1700m:	27:46.72	1:40.15	2500m:	41:11.81	1:40.83
	200m:	3:09.47	1:36.51	1000m:	16:04.82	1:38.14	1800m:	29:27.30	1:40.58	2600m:	42:52.18	1:40.37
	300m:	4:44.61	1:35.14	1100m:	17:45.01	1:40.19	1900m:	31:07.52	1:40.22	2700m:	44:31.25	1:39.07
	400m:	6:20.71	1:36.10	1200m:	19:24.37	1:39.36	2000m:	32:48.86	1:41.34	2800m:	46:10.55	1:39.30
	500m:	7:56.22	1:35.51	1300m:	21:05.08	1:40.71	2100m:	34:28.87	1:40.01	2900m:	47:49.63	1:39.08
	600m:	9:33.49	1:37.27	1400m:	22:45.86	1:40.78	2200m:	36:10.45	1:41.58	3000m:	49:28.87	1:39.24
	700m:	11:10.76	1:37.27	1500m:	24:25.58	1:39.72	2300m:	37:50.53	1:40.08			
	800m:	12:48.80	1:38.04	1600m:	26:06.57	1:40.99	2400m:	39:30.98	1:40.45			
10.	SANJORGE PEDREIRA, Carmelo			62	C.N. Arteixo				55:28.86	7,00		
	100m:	1:42.03	1:42.03	900m:	16:31.56	1:51.02	1700m:	31:14.21	1:50.45	2500m:	46:09.39	1:50.75
	200m:	3:32.36	1:50.33	1000m:	18:22.11	1:50.55	1800m:	33:04.75	1:50.54	2600m:	48:01.51	1:52.12
	300m:	5:24.21	1:51.85	1100m:	20:11.88	1:49.77	1900m:	34:57.53	1:52.78	2700m:	49:52.76	1:51.25
	400m:	7:14.85	1:50.64	1200m:	22:03.50	1:51.62	2000m:	36:50.80	1:53.27	2800m:	51:45.81	1:53.05
	500m:	9:05.60	1:50.75	1300m:	23:53.80	1:50.30	2100m:	38:44.82	1:54.02	2900m:	53:39.14	1:53.33
	600m:	10:58.10	1:52.50	1400m:	25:43.60	1:49.80	2200m:	40:36.17	1:51.35	3000m:	55:28.86	1:49.72
	700m:	12:49.03	1:50.93	1500m:	27:33.74	1:50.14	2300m:	42:26.62	1:50.45			
	800m:	14:40.54	1:51.51	1600m:	29:23.76	1:50.02	2400m:	44:18.64	1:52.02			



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Clasificación	AN		Tiempo
11. GÓMEZ AREVALO, Daniel	61	C.N. Monteverde	<b>1:12:37.46</b> 6,00
100m: 2:16.32 2:16.32	900m: 21:03.89 2:22.99	1700m: 40:26.08 2:24.35	2500m: 1:00:24.22 2:27.92
200m: 4:40.86 2:24.54	1000m: 23:28.55 2:24.66	1800m: 42:51.91 2:25.83	2600m: 1:02:52.41 2:28.19
300m: 7:04.81 2:23.95	1100m: 25:53.53 2:24.98	1900m: 45:19.02 2:27.11	2700m: 1:05:23.12 2:30.71
400m: 9:25.18 2:20.37	1200m: 28:20.36 2:26.83	2000m: 47:47.44 2:28.42	2800m: 1:07:50.99 2:27.87
500m: 11:43.02 2:17.84	1300m: 30:45.40 2:25.04	2100m: 50:14.29 2:26.85	2900m: 1:10:16.53 2:25.54
600m: 14:01.56 2:18.54	1400m: 33:09.36 2:23.96	2200m: 52:49.17 2:34.88	3000m: 1:12:37.46 2:20.93
700m: 16:20.13 2:18.57	1500m: 35:34.30 2:24.94	2300m: 55:27.48 2:38.31	
800m: 18:40.90 2:20.77	1600m: 38:01.73 2:27.43	2400m: 57:56.30 2:28.82	
DSQ QUIROS GIL, Ricardo	60	C.N. Master Murcia	-
NP JAUREGI ZALAKAIN, Xabier	60	C.N. Easo	-

60+, Masc.

1.	ALVAREZ CARABALLO, Pedro			56	Sopela Igeriketa Swim				46:21.40		19,00	
	100m:	1:30.83	1:30.83	900m:	13:51.74	1:32.61	1700m:	26:13.24	1:33.41	2500m:	38:37.89	1:33.42
	200m:	3:04.19	1:33.36	1000m:	15:24.85	1:33.11	1800m:	27:45.65	1:32.41	2600m:	40:11.07	1:33.18
	300m:	4:36.98	1:32.79	1100m:	16:57.49	1:32.64	1900m:	29:18.86	1:33.21	2700m:	41:44.52	1:33.45
	400m:	6:08.78	1:31.80	1200m:	18:30.17	1:32.68	2000m:	30:52.05	1:33.19	2800m:	43:17.75	1:33.23
	500m:	7:41.34	1:32.56	1300m:	20:02.82	1:32.65	2100m:	32:24.94	1:32.89	2900m:	44:51.70	1:33.95
	600m:	9:13.50	1:32.16	1400m:	21:35.25	1:32.43	2200m:	33:57.92	1:32.98	3000m:	46:21.40	1:29.70
	700m:	10:46.31	1:32.81	1500m:	23:07.77	1:32.52	2300m:	35:31.01	1:33.09			
	800m:	12:19.13	1:32.82	1600m:	24:39.83	1:32.06	2400m:	37:04.47	1:33.46			
2.	PASCUAL DE RIQUELME Y TERRER, 58			just C.N.	Master Murcia				48:19.56		16,00	
	100m:	1:31.00	1:31.00	900m:	14:12.79	1:37.32	1700m:	27:12.58	1:37.84	2500m:	40:17.84	1:37.64
	200m:	3:04.06	1:33.06	1000m:	15:50.44	1:37.65	1800m:	28:50.41	1:37.83	2600m:	41:55.40	1:37.56
	300m:	4:38.24	1:34.18	1100m:	17:27.89	1:37.45	1900m:	30:28.00	1:37.59	2700m:	43:33.04	1:37.64
	400m:	6:12.47	1:34.23	1200m:	19:05.26	1:37.37	2000m:	32:06.45	1:38.45	2800m:	45:10.05	1:37.01
	500m:	7:47.31	1:34.84	1300m:	20:42.05	1:36.79	2100m:	33:44.45	1:38.00	2900m:	46:46.40	1:36.35
	600m:	9:22.93	1:35.62	1400m:	22:19.64	1:37.59	2200m:	35:22.50	1:38.05	3000m:	48:19.56	1:33.16
	700m:	10:58.86	1:35.93	1500m:	23:56.75	1:37.11	2300m:	37:01.54	1:39.04			
	800m:	12:35.47	1:36.61	1600m:	25:34.74	1:37.99	2400m:	38:40.20	1:38.66			
3.	VEIGA GALLEGO, Jose Luis			59	A. Cantabria Nat.				49:58.87		14,00	
	100m:	1:35.73	1:35.73	900m:	14:47.59	1:38.53	1700m:	28:03.31	1:39.60	2500m:	41:31.46	1:41.99
	200m:	3:14.91	1:39.18	1000m:	16:26.88	1:39.29	1800m:	29:43.70	1:40.39	2600m:	43:13.13	1:41.67
	300m:	4:55.87	1:40.96	1100m:	18:06.38	1:39.50	1900m:	31:24.33	1:40.63	2700m:	44:56.23	1:43.10
	400m:	6:35.41	1:39.54	1200m:	19:45.55	1:39.17	2000m:	33:04.95	1:40.62	2800m:	46:40.04	1:43.81
	500m:	8:13.86	1:38.45	1300m:	21:24.55	1:39.00	2100m:	34:45.55	1:40.60	2900m:	48:23.19	1:43.15
	600m:	9:52.46	1:38.60	1400m:	23:04.23	1:39.68	2200m:	36:31.03	1:45.48	3000m:	49:58.87	1:35.68
	700m:	11:30.61	1:38.15	1500m:	24:43.34	1:39.11	2300m:	38:07.75	1:36.72			
	800m:	13:09.06	1:38.45	1600m:	26:23.71	1:40.37	2400m:	39:49.47	1:41.72			
4.	RIGUAL DE HEREDIA, Carlos			57	C.D. Jerez Natacion Master				50:29.76		13,00	
	100m:	1:35.99	1:35.99	900m:	14:53.09	1:39.83	1700m:	28:23.94	1:41.05	2500m:	42:03.32	1:43.23
	200m:	3:15.26	1:39.27	1000m:	16:33.85	1:40.76	1800m:	30:04.86	1:40.92	2600m:	43:45.85	1:42.53
	300m:	4:53.76	1:38.50	1100m:	18:15.52	1:41.67	1900m:	31:46.88	1:42.02	2700m:	45:28.26	1:42.41
	400m:	6:32.93	1:39.17	1200m:	19:57.04	1:41.52	2000m:	33:29.08	1:42.20	2800m:	47:10.49	1:42.23
	500m:	8:13.11	1:40.18	1300m:	21:38.08	1:41.04	2100m:	35:11.58	1:42.50	2900m:	48:51.21	1:40.72
	600m:	9:52.42	1:39.31	1400m:	23:19.93	1:41.85	2200m:	36:54.25	1:42.67	3000m:	50:29.76	1:38.55
	700m:	11:32.50	1:40.08	1500m:	25:01.50	1:41.57	2300m:	38:37.21	1:42.96			
	800m:	13:13.26	1:40.76	1600m:	26:42.89	1:41.39	2400m:	40:20.09	1:42.88			

Prueba 1, Masc., 3000m Libre, 60+

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5. MARQUES DEL POZO, Antonio	56	C.N. Monteverde	52:51.66	12,00			
100m: 1:34.24	1:34.24	900m: 15:36.96	1:46.13	1700m: 29:40.76	1:46.05	2500m: 44:00.80	1:46.37
200m: 3:19.45	1:45.21	1000m: 17:21.87	1:44.91	1800m: 31:28.56	1:47.80	2600m: 45:47.12	1:46.32
300m: 5:04.58	1:45.13	1100m: 19:06.01	1:44.14	1900m: 33:17.11	1:48.55	2700m: 47:34.16	1:47.04
400m: 6:50.19	1:45.61	1200m: 20:51.81	1:45.80	2000m: 35:04.83	1:47.72	2800m: 49:24.18	1:50.02
500m: 8:34.91	1:44.72	1300m: 22:37.41	1:45.60	2100m: 36:53.69	1:48.86	2900m: 51:11.16	1:46.98
600m: 10:19.77	1:44.86	1400m: 24:22.97	1:45.56	2200m: 38:40.92	1:47.23	3000m: 52:51.66	1:40.50
700m: 12:05.08	1:45.31	1500m: 26:08.64	1:45.67	2300m: 40:28.00	1:47.08		
800m: 13:50.83	1:45.75	1600m: 27:54.71	1:46.07	2400m: 42:14.43	1:46.43		

6. CANO GUERAO, José Miguel	57	C.N. Master Murcia	56:22.30	11,00			
100m: 1:49.65	1:49.65	900m: 16:45.55	1:52.40	1700m: 31:48.11	1:54.46	2500m: 46:56.69	1:53.40
200m: 3:41.10	1:51.45	1000m: 18:37.57	1:52.02	1800m: 33:42.57	1:54.46	2600m: 48:51.73	1:55.04
300m: 5:33.94	1:52.84	1100m: 20:28.13	1:50.56	1900m: 35:35.68	1:53.11	2700m: 50:46.34	1:54.61
400m: 7:26.62	1:52.68	1200m: 22:19.16	1:51.03	2000m: 37:26.84	1:51.16	2800m: 52:40.80	1:54.46
500m: 9:17.97	1:51.35	1300m: 24:11.16	1:52.00	2100m: 39:21.30	1:54.46	2900m: 54:35.68	1:54.88
600m: 11:09.06	1:51.09	1400m: 26:07.80	1:56.64	2200m: 41:15.22	1:53.92	3000m: 56:22.30	1:46.62
700m: 13:00.50	1:51.44	1500m: 27:59.99	1:52.19	2300m: 43:08.45	1:53.23		
800m: 14:53.15	1:52.65	1600m: 29:53.65	1:53.66	2400m: 45:03.29	1:54.84		

Baja HEMPEL, Wilhelm	57	C.N. Master Murcia		-
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65+, Masc.

1. FERNANDEZ RODRIGUEZ, Rafael	54	C.N. Cuatro Caminos	45:30.68	19,00			
100m: 1:29.45	1:29.45	900m: 13:40.04	1:30.48	1700m: 25:48.50	1:30.98	2500m: 38:00.51	1:31.38
200m: 3:01.88	1:32.43	1000m: 15:10.66	1:30.62	1800m: 27:20.27	1:31.77	2600m: 39:32.30	1:31.79
300m: 4:33.92	1:32.04	1100m: 16:41.33	1:30.67	1900m: 28:51.91	1:31.64	2700m: 41:03.64	1:31.34
400m: 6:05.07	1:31.15	1200m: 18:12.43	1:31.10	2000m: 30:23.19	1:31.28	2800m: 42:34.65	1:31.01
500m: 7:36.35	1:31.28	1300m: 19:43.71	1:31.28	2100m: 31:54.20	1:31.01	2900m: 44:04.44	1:29.79
600m: 9:07.62	1:31.27	1400m: 21:15.05	1:31.34	2200m: 33:25.43	1:31.23	3000m: 45:30.68	1:26.24
700m: 10:38.40	1:30.78	1500m: 22:46.65	1:31.60	2300m: 34:57.17	1:31.74		
800m: 12:09.56	1:31.16	1600m: 24:17.52	1:30.87	2400m: 36:29.13	1:31.96		

2. MIGUEL PEREZ, Carlos A.	51	C.N. Alcobendas	45:48.59	16,00			
100m: 1:30.24	1:30.24	900m: 13:43.13	1:32.21	1700m: 25:56.73	1:31.69	2500m: 38:13.51	1:32.22
200m: 3:02.28	1:32.04	1000m: 15:14.05	1:30.92	1800m: 27:29.17	1:32.44	2600m: 39:46.64	1:33.13
300m: 4:34.86	1:32.58	1100m: 16:45.72	1:31.67	1900m: 29:01.29	1:32.12	2700m: 41:17.71	1:31.07
400m: 6:06.85	1:31.99	1200m: 18:17.43	1:31.71	2000m: 30:32.93	1:31.64	2800m: 42:49.01	1:31.30
500m: 7:38.35	1:31.50	1300m: 19:48.35	1:30.92	2100m: 32:04.61	1:31.68	2900m: 44:20.63	1:31.62
600m: 9:09.62	1:31.27	1400m: 21:20.75	1:32.40	2200m: 33:36.41	1:31.80	3000m: 45:48.59	1:27.96
700m: 10:40.01	1:30.39	1500m: 22:52.35	1:31.60	2300m: 35:08.94	1:32.53		
800m: 12:10.92	1:30.91	1600m: 24:25.04	1:32.69	2400m: 36:41.29	1:32.35		

3.	CAMARA SERRANO, Juan M <sup>a</sup>				54	Fundacion Claror				51:06.38	14,00	
	100m:	1:34.25	1:34.25	900m:	15:05.95	1:41.85	1700m:	28:45.03	1:43.28	2500m:	42:30.52	1:44.79
	200m:	3:14.17	1:39.92	1000m:	16:47.09	1:41.14	1800m:	30:28.61	1:43.58	2600m:	44:15.18	1:44.66
	300m:	4:55.79	1:41.62	1100m:	18:28.68	1:41.59	1900m:	32:12.74	1:44.13	2700m:	45:59.02	1:43.84
	400m:	6:37.35	1:41.56	1200m:	20:10.60	1:41.92	2000m:	33:53.05	1:40.31	2800m:	47:43.02	1:44.00
	500m:	8:18.77	1:41.42	1300m:	21:52.74	1:42.14	2100m:	35:35.44	1:42.39	2900m:	49:26.43	1:43.41
	600m:	10:01.47	1:42.70	1400m:	23:36.38	1:43.64	2200m:	37:17.45	1:42.01	3000m:	51:06.38	1:39.95
	700m:	11:42.94	1:41.47	1500m:	25:18.61	1:42.23	2300m:	39:00.76	1:43.31			
	800m:	13:24.10	1:41.16	1600m:	27:01.75	1:43.14	2400m:	40:45.73	1:44.97			

Prueba 1, Masc., 3000m Libre, 65+

Clasificación

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4.	ARDERIUS CHICHARRO, Luis Antonio	54	C.N. Master Madrid	<b>54:04.90</b>	13,00						
100m:	1:41.90	1:41.90	900m:	16:21.73	1:49.69	1700m:	31:00.36	1:49.23	2500m:	45:24.88	1:44.91
200m:	3:32.32	1:50.42	1000m:	18:10.95	1:49.22	1800m:	32:50.13	1:49.77	2600m:	47:11.65	1:46.77
300m:	5:22.92	1:50.60	1100m:	20:02.05	1:51.10	1900m:	34:38.83	1:48.70	2700m:	48:58.33	1:46.68
400m:	7:13.04	1:50.12	1200m:	21:52.45	1:50.40	2000m:	36:29.04	1:50.21	2800m:	50:43.35	1:45.02
500m:	9:03.42	1:50.38	1300m:	23:42.59	1:50.14	2100m:	38:18.24	1:49.20	2900m:	52:19.98	1:36.63
600m:	10:53.12	1:49.70	1400m:	25:32.07	1:49.48	2200m:	40:07.24	1:49.00	3000m:	54:04.90	1:44.92
700m:	12:43.17	1:50.05	1500m:	27:21.69	1:49.62	2300m:	41:55.38	1:48.14			
800m:	14:32.04	1:48.87	1600m:	29:11.13	1:49.44	2400m:	43:39.97	1:44.59			
5.	GOMEZ MARCANO, Fernando	54	A. Cantabra Nat.	<b>54:49.68</b>	12,00						
100m:	1:40.34	1:40.34	900m:	15:44.22	1:47.70	1700m:	30:29.53	1:51.48	2500m:	45:20.97	1:52.57
200m:	3:24.83	1:44.49	1000m:	17:32.58	1:48.36	1800m:	32:20.02	1:50.49	2600m:	47:15.20	1:54.23
300m:	5:09.40	1:44.57	1100m:	19:23.50	1:50.92	1900m:	34:12.04	1:52.02	2700m:	49:09.24	1:54.04
400m:	6:53.19	1:43.79	1200m:	21:14.06	1:50.56	2000m:	36:03.75	1:51.71	2800m:	51:02.45	1:53.21
500m:	8:37.80	1:44.61	1300m:	23:05.02	1:50.96	2100m:	37:55.56	1:51.81	2900m:	52:56.37	1:53.92
600m:	10:24.21	1:46.41	1400m:	24:55.76	1:50.74	2200m:	39:47.86	1:52.30	3000m:	54:49.68	1:53.31
700m:	12:10.75	1:46.54	1500m:	26:46.81	1:51.05	2300m:	41:38.38	1:50.52			
800m:	13:56.52	1:45.77	1600m:	28:38.05	1:51.24	2400m:	43:28.40	1:50.02			
6.	MARTIN MARTINEZ, Juan Jesus	54	C.N. Fuenlabrada	<b>55:07.25</b>	11,00						
100m:	1:37.93	1:37.93	900m:	16:11.26	1:47.50	1700m:	30:56.39	1:50.69	2500m:	45:44.12	1:50.91
200m:	3:26.06	1:48.13	1000m:	18:00.24	1:48.98	1800m:	32:49.05	1:52.66	2600m:	47:34.83	1:50.71
300m:	5:14.50	1:48.44	1100m:	19:51.97	1:51.73	1900m:	34:41.02	1:51.97	2700m:	49:29.68	1:54.85
400m:	7:04.58	1:50.08	1200m:	21:42.20	1:50.23	2000m:	36:35.39	1:54.37	2800m:	51:22.91	1:53.23
500m:	8:54.28	1:49.70	1300m:	23:34.02	1:51.82	2100m:	38:25.14	1:49.75	2900m:	53:16.27	1:53.36
600m:	10:44.62	1:50.34	1400m:	25:25.52	1:51.50	2200m:	40:14.72	1:49.58	3000m:	55:07.25	1:50.98
700m:	12:34.08	1:49.46	1500m:	27:14.90	1:49.38	2300m:	42:04.70	1:49.98			
800m:	14:23.76	1:49.68	1600m:	29:05.70	1:50.80	2400m:	43:53.21	1:48.51			
7.	IBAÑEZ GARCIA, Dimas	50	C.N. Monteverde	<b>1:15:40.12</b>	10,00						
100m:	2:05.95	2:05.95	900m:	20:41.42	2:23.77	1700m:	40:25.34	2:31.06	2500m	1:01:41.77	2:45.11
200m:	4:22.81	2:16.86	1000m:	23:05.11	2:23.69	1800m:	42:59.29	2:33.95	2600m	1:04:25.96	2:44.19
300m:	6:42.50	2:19.69	1100m:	25:29.02	2:23.91	1900m:	45:34.32	2:35.03	2700m	1:07:15.99	2:50.03
400m:	9:00.83	2:18.33	1200m:	27:53.50	2:24.48	2000m:	48:12.60	2:38.28	2800m	1:10:04.53	2:48.54
500m:	11:19.73	2:18.90	1300m:	30:20.04	2:26.54	2100m:	50:50.58	2:37.98	2900m	1:12:55.65	2:51.12
600m:	13:39.21	2:19.48	1400m:	32:51.66	2:31.62	2200m:	53:30.61	2:40.03	3000m	1:15:40.12	2:44.47
700m:	15:57.25	2:18.04	1500m:	35:25.41	2:33.75	2300m:	56:11.92	2:41.31			
800m:	18:17.65	2:20.40	1600m:	37:54.28	2:28.87	2400m:	58:56.66	2:44.74			

70+, Masc.

1.	FARRE GANDUXE, Josep			46	C.N. Sant Andreu				53:04.71	19,00		
	100m:	1:39.04	1:39.04	900m:	15:43.69	1:46.17	1700m:	29:56.43	1:47.38	2500m:	44:14.78	1:48.16
	200m:	3:24.73	1:45.69	1000m:	17:29.82	1:46.13	1800m:	31:41.89	1:45.46	2600m:	46:02.56	1:47.78
	300m:	5:10.76	1:46.03	1100m:	19:15.92	1:46.10	1900m:	33:28.83	1:46.94	2700m:	47:50.25	1:47.69
	400m:	6:56.18	1:45.42	1200m:	21:02.46	1:46.54	2000m:	35:15.90	1:47.07	2800m:	49:37.06	1:46.81
	500m:	8:41.95	1:45.77	1300m:	22:48.83	1:46.37	2100m:	37:03.25	1:47.35	2900m:	51:23.34	1:46.28
	600m:	10:27.10	1:45.15	1400m:	24:36.15	1:47.32	2200m:	38:50.63	1:47.38	3000m:	53:04.71	1:41.37
	700m:	12:11.93	1:44.83	1500m:	26:22.71	1:46.56	2300m:	40:38.89	1:48.26			
	800m:	13:57.52	1:45.59	1600m:	28:09.05	1:46.34	2400m:	42:26.62	1:47.73			

Prueba 1, Masc., 3000m Libre, 70+

Clasificación

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2. FORCAT GLEZ, Ricardo	47	C.N. Master Madrid	<b>59:10.21</b>	16,00
100m: 1:42.59 1:42.59	900m: 17:09.06 1:58.28	1700m: 33:12.17 2:00.57	2500m: 49:27.32 2:02.94	
200m: 3:35.69 1:53.10	1000m: 19:07.34 1:58.28	1800m: 35:12.81 2:00.64	2600m: 51:29.05 2:01.73	
300m: 5:29.78 1:54.09	1100m: 21:07.57 2:00.23	1900m: 37:14.06 2:01.25	2700m: 53:27.03 1:57.98	
400m: 7:23.56 1:53.78	1200m: 23:07.78 2:00.21	2000m: 39:14.11 2:00.05	2800m: 55:25.24 1:58.21	
500m: 9:18.52 1:54.96	1300m: 25:08.40 2:00.62	2100m: 41:15.67 2:01.56	2900m: 57:23.71 1:58.47	
600m: 11:15.01 1:56.49	1400m: 27:09.40 2:01.00	2200m: 43:19.01 2:03.34	3000m: 59:10.21 1:46.50	
700m: 13:12.72 1:57.71	1500m: 29:09.70 2:00.30	2300m: 45:21.93 2:02.92		
800m: 15:10.78 1:58.06	1600m: 31:11.60 2:01.90	2400m: 47:24.38 2:02.45		
3. CATALA BOVER, Ignacio	46	C.N. Monteverde	<b>1:18:32.22</b>	14,00
100m: 2:21.40 2:21.40	900m: 22:59.53 2:37.97	1700m: 44:16.32 2:41.18	2500m: 1:05:48.43 2:43.38	
200m: 4:54.38 2:32.98	1000m: 25:37.32 2:37.79	1800m: 46:56.87 2:40.55	2600m: 1:08:24.78 2:36.35	
300m: 7:28.78 2:34.40	1100m: 28:19.03 2:41.71	1900m: 49:40.21 2:43.34	2700m: 1:11:01.30 2:36.52	
400m: 10:04.26 2:35.48	1200m: 31:01.66 2:42.63	2000m: 52:16.21 2:36.00	2800m: 1:13:38.92 2:37.62	
500m: 12:36.93 2:32.67	1300m: 33:44.29 2:42.63	2100m: 54:58.07 2:41.86	2900m: 1:16:18.70 2:39.78	
600m: 15:13.21 2:36.28	1400m: 36:20.80 2:36.51	2200m: 57:41.45 2:43.38	3000m: 1:18:32.22 2:13.52	
700m: 17:46.18 2:32.97	1500m: 39:00.62 2:39.82	2300m: 1:00:19.57 2:38.12		
800m: 20:21.56 2:35.38	1600m: 41:35.14 2:34.52	2400m: 1:03:05.05 2:45.48		

80+, Masc.

1. FOLCH MALLOFRE, Ramon	37	C.N. Arteixo	<b>1:15:10.49</b>	34,00	RE
<i>ESTABLECE RE</i>					
100m: 2:13.00 2:13.00	900m: 21:30.55 2:27.45	1700m: 42:05.90 2:35.88	2500m: 1:02:57.20 2:34.37		
200m: 4:32.10 2:19.10	1000m: 24:02.23 2:31.68	1800m: 44:39.66 2:33.76	2600m: 1:05:32.58 2:35.38		
300m: 6:55.31 2:23.21	1100m: 26:38.04 2:35.81	1900m: 47:17.42 2:37.76	2700m: 1:08:02.99 2:30.41		
400m: 9:19.18 2:23.87	1200m: 29:12.08 2:34.04	2000m: 49:52.55 2:35.13	2800m: 1:10:37.15 2:34.16		
500m: 11:42.74 2:23.56	1300m: 31:45.42 2:33.34	2100m: 52:30.66 2:38.11	2900m: 1:13:07.45 2:30.30		
600m: 14:09.57 2:26.83	1400m: 34:17.68 2:32.26	2200m: 55:09.47 2:38.81	3000m: 1:15:10.49 2:03.04		
700m: 16:36.98 2:27.41	1500m: 36:52.60 2:34.92	2300m: 57:45.47 2:36.00			
800m: 19:03.10 2:26.12	1600m: 39:30.02 2:37.42	2400m: 1:00:22.83 2:37.36			

20+, Fem.

1. MOLINA HERREROS, Ana	97	Vila-Swim Fondistas Club Natación	<b>42:12.27</b>	19,00
100m: 1:16.07 1:16.07	900m: 12:20.81 1:20.91	1700m: 23:35.33 1:24.92	2500m: 35:05.95 1:27.36	
200m: 2:36.56 1:20.49	1000m: 13:44.01 1:23.20	1800m: 25:00.70 1:25.37	2600m: 36:32.32 1:26.37	
300m: 3:59.06 1:22.50	1100m: 15:08.05 1:24.04	1900m: 26:26.80 1:26.10	2700m: 37:57.73 1:25.41	
400m: 5:21.95 1:22.89	1200m: 16:32.47 1:24.42	2000m: 27:53.22 1:26.42	2800m: 39:24.09 1:26.36	
500m: 6:45.17 1:23.22	1300m: 17:57.55 1:25.08	2100m: 29:18.94 1:25.72	2900m: 40:50.05 1:25.96	
600m: 8:09.07 1:23.90	1400m: 19:22.79 1:25.24	2200m: 30:44.24 1:25.30	3000m: 42:12.27 1:22.22	
700m: 9:33.06 1:23.99	1500m: 20:46.23 1:23.44	2300m: 32:11.33 1:27.09		
800m: 10:59.90 1:26.84	1600m: 22:10.41 1:24.18	2400m: 33:38.59 1:27.26		
2. DÍAZ MILLÁN, María Isabel	95	Natacion Sevilla Master, C.D.	<b>43:18.17</b>	16,00
100m: 1:20.71 1:20.71	900m: 12:44.23 1:25.67	1700m: 24:12.36 1:27.00	2500m: 35:57.23 1:28.43	
200m: 2:44.48 1:23.77	1000m: 14:09.25 1:25.02	1800m: 25:39.26 1:26.90	2600m: 37:25.66 1:28.43	
300m: 4:10.95 1:26.47	1100m: 15:34.52 1:25.27	1900m: 27:06.36 1:27.10	2700m: 38:54.25 1:28.59	
400m: 5:36.29 1:25.34	1200m: 16:59.64 1:25.12	2000m: 28:34.09 1:27.73	2800m: 40:23.12 1:28.87	
500m: 7:01.89 1:25.60	1300m: 18:25.33 1:25.69	2100m: 30:02.65 1:28.56	2900m: 41:51.40 1:28.28	
600m: 8:27.49 1:25.60	1400m: 19:51.73 1:26.40	2200m: 31:30.94 1:28.29	3000m: 43:18.17 1:26.77	
700m: 9:52.89 1:25.40	1500m: 21:18.45 1:26.72	2300m: 33:00.26 1:29.32		
800m: 11:18.56 1:25.67	1600m: 22:45.36 1:26.91	2400m: 34:28.80 1:28.54		



Prueba 1, Fem., 3000m Libre, 20+

Clasificación	AN								Tiempo	
3. RIQUELME OROZCO, Maria	95 C. Tenis Chamartin								46:58.44	14,00
100m: 1:28.44 1:28.44	900m: 13:54.47	1:35.05	1700m: 26:41.41	1:34.36	2500m: 39:14.98	1:34.57				
200m: 3:00.58 1:32.14	1000m: 15:30.01	1:35.54	1800m: 28:15.82	1:34.41	2600m: 40:48.44	1:33.46				
300m: 4:31.19 1:30.61	1100m: 17:06.23	1:36.22	1900m: 29:50.55	1:34.73	2700m: 42:23.07	1:34.63				
400m: 6:03.53 1:32.34	1200m: 18:42.56	1:36.33	2000m: 31:24.34	1:33.79	2800m: 43:58.18	1:35.11				
500m: 7:37.00 1:33.47	1300m: 20:19.33	1:36.77	2100m: 32:58.14	1:33.80	2900m: 45:31.63	1:33.45				
600m: 9:10.59 1:33.59	1400m: 21:56.09	1:36.76	2200m: 34:32.04	1:33.90	3000m: 46:58.44	1:26.81				
700m: 10:45.53 1:34.94	1500m: 23:32.14	1:36.05	2300m: 36:05.94	1:33.90						
800m: 12:19.42 1:33.89	1600m: 25:07.05	1:34.91	2400m: 37:40.41	1:34.47						

DSQ ZARAUZA VILLA, Lucia 99 C.N. Monteverde -

25+, Fem.

1.	GONZALEZ MEGIA, Patricia			93	C.N. Monteverde				40:59.44	19,00		
	100m:	1:17.21	1:17.21	900m:	12:14.17	1:22.28	1700m:	23:16.90	1:21.78	2500m:	34:17.64	1:21.62
	200m:	2:39.52	1:22.31	1000m:	13:37.85	1:23.68	1800m:	24:39.60	1:22.70	2600m:	35:39.85	1:22.21
	300m:	4:02.11	1:22.59	1100m:	15:01.48	1:23.63	1900m:	26:02.31	1:22.71	2700m:	37:02.09	1:22.24
	400m:	5:25.04	1:22.93	1200m:	16:24.85	1:23.37	2000m:	27:25.55	1:23.24	2800m:	38:23.86	1:21.77
	500m:	6:47.35	1:22.31	1300m:	17:47.68	1:22.83	2100m:	28:48.87	1:23.32	2900m:	39:43.77	1:19.91
	600m:	8:08.59	1:21.24	1400m:	19:10.21	1:22.53	2200m:	30:11.21	1:22.34	3000m:	40:59.44	1:15.67
	700m:	9:30.24	1:21.65	1500m:	20:33.12	1:22.91	2300m:	31:33.77	1:22.56			
	800m:	10:51.89	1:21.65	1600m:	21:55.12	1:22.00	2400m:	32:56.02	1:22.25			
2.	MANCERA REINA, Ana			94	Cn Master Torrijos				42:17.88	16,00		
	100m:	1:17.26	1:17.26	900m:	12:29.36	1:24.93	1700m:	23:51.14	1:25.54	2500m:	35:15.38	1:25.45
	200m:	2:39.40	1:22.14	1000m:	13:53.96	1:24.60	1800m:	25:16.66	1:25.52	2600m:	36:40.87	1:25.49
	300m:	4:02.51	1:23.11	1100m:	15:19.27	1:25.31	1900m:	26:42.60	1:25.94	2700m:	38:06.78	1:25.91
	400m:	5:26.03	1:23.52	1200m:	16:44.35	1:25.08	2000m:	28:08.05	1:25.45	2800m:	39:32.52	1:25.74
	500m:	6:50.48	1:24.45	1300m:	18:08.50	1:24.15	2100m:	29:33.64	1:25.59	2900m:	40:57.83	1:25.31
	600m:	8:14.43	1:23.95	1400m:	19:32.89	1:24.39	2200m:	30:59.45	1:25.81	3000m:	42:17.88	1:20.05
	700m:	9:40.11	1:25.68	1500m:	20:59.12	1:26.23	2300m:	32:24.97	1:25.52			
	800m:	11:04.43	1:24.32	1600m:	22:25.60	1:26.48	2400m:	33:49.93	1:24.96			
3.	PALLARES PASTOR, Laura			93	C. Tenis Chamartin				46:27.03	14,00		
	100m:	1:31.15	1:31.15	900m:	14:11.79	1:34.52	1700m:	26:41.46	1:34.64	2500m:	39:01.69	1:31.51
	200m:	3:06.48	1:35.33	1000m:	15:45.58	1:33.79	1800m:	28:14.67	1:33.21	2600m:	40:32.82	1:31.13
	300m:	4:42.05	1:35.57	1100m:	17:18.23	1:32.65	1900m:	29:48.61	1:33.94	2700m:	42:03.61	1:30.79
	400m:	6:17.29	1:35.24	1200m:	18:51.22	1:32.99	2000m:	31:21.83	1:33.22	2800m:	43:34.96	1:31.35
	500m:	7:52.83	1:35.54	1300m:	20:24.55	1:33.33	2100m:	32:54.32	1:32.49	2900m:	45:04.86	1:29.90
	600m:	9:27.94	1:35.11	1400m:	21:58.67	1:34.12	2200m:	34:25.84	1:31.52	3000m:	46:27.03	1:22.17
	700m:	11:02.50	1:34.56	1500m:	23:33.16	1:34.49	2300m:	35:57.54	1:31.70			
	800m:	12:37.27	1:34.77	1600m:	25:06.82	1:33.66	2400m:	37:30.18	1:32.64			
4.	LEWIS, Lucy			90	C.N. Master Madrid				49:20.55	13,00		
	100m:	1:33.59	1:33.59	900m:	14:40.34	1:38.06	1700m:	27:55.56	1:39.49	2500m:	41:08.98	1:39.23
	200m:	3:11.87	1:38.28	1000m:	16:19.29	1:38.95	1800m:	29:34.76	1:39.20	2600m:	42:48.71	1:39.73
	300m:	4:50.00	1:38.13	1100m:	17:59.24	1:39.95	1900m:	31:13.65	1:38.89	2700m:	44:28.39	1:39.68
	400m:	6:29.12	1:39.12	1200m:	19:38.44	1:39.20	2000m:	32:53.42	1:39.77	2800m:	46:06.50	1:38.11
	500m:	8:07.68	1:38.56	1300m:	21:17.31	1:38.87	2100m:	34:32.37	1:38.95	2900m:	47:44.76	1:38.26
	600m:	9:47.05	1:39.37	1400m:	22:56.29	1:38.98	2200m:	36:11.78	1:39.41	3000m:	49:20.55	1:35.79
	700m:	11:24.57	1:37.52	1500m:	24:36.04	1:39.75	2300m:	37:50.70	1:38.92			
	800m:	13:02.28	1:37.71	1600m:	26:16.07	1:40.03	2400m:	39:29.75	1:39.05			



Prueba 1, Fem., 3000m Libre, 25+

Clasificación

AN

Tiempo

5.	SANCHEZ MARTINEZ, Ana			91	C.N. Master Murcia				50:29.56		12,00	
	100m:	1:32.02	1:32.02	900m:	14:49.93	1:42.42	1700m:	28:28.80	1:42.70	2500m:	42:07.66	1:42.91
	200m:	3:09.14	1:37.12	1000m:	16:31.88	1:41.95	1800m:	30:12.61	1:43.81	2600m:	43:49.50	1:41.84
	300m:	4:46.74	1:37.60	1100m:	18:13.17	1:41.29	1900m:	31:54.54	1:41.93	2700m:	45:30.79	1:41.29
	400m:	6:25.51	1:38.77	1200m:	19:55.86	1:42.69	2000m:	33:36.75	1:42.21	2800m:	47:12.10	1:41.31
	500m:	8:04.34	1:38.83	1300m:	21:41.14	1:45.28	2100m:	35:18.39	1:41.64	2900m:	48:55.61	1:43.51
	600m:	9:44.78	1:40.44	1400m:	23:21.75	1:40.61	2200m:	36:59.88	1:41.49	3000m:	50:29.56	1:33.95
	700m:	11:26.47	1:41.69	1500m:	25:04.17	1:42.42	2300m:	38:42.60	1:42.72			
	800m:	13:07.51	1:41.04	1600m:	26:46.10	1:41.93	2400m:	40:24.75	1:42.15			
6.	NUBLA MORENO, Virginia			93	Club Natación Urederra				1:02:09.90		11,00	
	100m:	1:53.08	1:53.08	900m:	18:20.17	2:03.74	1700m:	34:55.02	2:03.20	2500m:	51:46.40	2:06.30
	200m:	3:55.82	2:02.74	1000m:	20:24.40	2:04.23	1800m:	36:58.57	2:03.55	2600m:	53:54.25	2:07.85
	300m:	6:00.07	2:04.25	1100m:	22:29.96	2:05.56	1900m:	39:03.57	2:05.00	2700m:	56:01.77	2:07.52
	400m:	8:03.06	2:02.99	1200m:	24:34.93	2:04.97	2000m:	41:10.15	2:06.58	2800m:	58:08.11	2:06.34
	500m:	10:05.45	2:02.39	1300m:	26:39.00	2:04.07	2100m:	43:15.08	2:04.93	2900m	1:00:16.05	2:07.94
	600m:	12:07.53	2:02.08	1400m:	28:43.60	2:04.60	2200m:	45:22.08	2:07.00	3000m	1:02:09.90	1:53.85
	700m:	14:10.94	2:03.41	1500m:	30:46.91	2:03.31	2300m:	47:31.96	2:09.88			
	800m:	16:16.43	2:05.49	1600m:	32:51.82	2:04.91	2400m:	49:40.10	2:08.14			

30+, Fem.

1.	DE LA ROCHA CASTRILLO, Alba			88	C.N. Prat Llobregat			<b>41:46.45</b>			19,00	
	100m:	1:20.00	1:20.00	900m:	12:19.55	1:22.40	1700m:	23:22.91	1:23.94	2500m:	34:41.21	1:25.53
	200m:	2:41.68	1:21.68	1000m:	13:42.13	1:22.58	1800m:	24:47.30	1:24.39	2600m:	36:06.82	1:25.61
	300m:	4:04.19	1:22.51	1100m:	15:09.46	1:27.33	1900m:	26:11.86	1:24.56	2700m:	37:32.96	1:26.14
	400m:	5:26.42	1:22.23	1200m:	16:27.02	1:17.56	2000m:	27:36.63	1:24.77	2800m:	38:58.23	1:25.27
	500m:	6:48.91	1:22.49	1300m:	17:49.46	1:22.44	2100m:	29:01.65	1:25.02	2900m:	40:22.68	1:24.45
	600m:	8:11.65	1:22.74	1400m:	19:12.55	1:23.09	2200m:	30:26.48	1:24.83	3000m:	41:46.45	1:23.77
	700m:	9:34.40	1:22.75	1500m:	20:35.85	1:23.30	2300m:	31:50.88	1:24.40			
	800m:	10:57.15	1:22.75	1600m:	21:58.97	1:23.12	2400m:	33:15.68	1:24.80			
2.	SERRANO SANCHEZ, Maria Paz			87	C.N. Master Naturalswim Petrer			<b>45:51.74</b>			16,00	
	100m:	1:29.49	1:29.49	900m:	13:53.31	1:32.53	1700m:	26:13.01	1:33.21	2500m:	38:24.61	1:29.55
	200m:	3:01.37	1:31.88	1000m:	15:25.59	1:32.28	1800m:	27:45.99	1:32.98	2600m:	39:53.70	1:29.09
	300m:	4:34.85	1:33.48	1100m:	16:57.25	1:31.66	1900m:	29:18.86	1:32.87	2700m:	41:24.29	1:30.59
	400m:	6:08.42	1:33.57	1200m:	18:29.36	1:32.11	2000m:	30:51.76	1:32.90	2800m:	42:54.48	1:30.19
	500m:	7:42.21	1:33.79	1300m:	20:01.42	1:32.06	2100m:	32:24.23	1:32.47	2900m:	44:22.74	1:28.26
	600m:	9:15.63	1:33.42	1400m:	21:33.60	1:32.18	2200m:	33:55.56	1:31.33	3000m:	45:51.74	1:29.00
	700m:	10:48.22	1:32.59	1500m:	23:06.76	1:33.16	2300m:	35:25.30	1:29.74			
	800m:	12:20.78	1:32.56	1600m:	24:39.80	1:33.04	2400m:	36:55.06	1:29.76			
3.	ALVES RAMALHO, Sara Maria			85	C.N. Master Madrid			<b>47:10.19</b>			14,00	
	100m:	1:32.13	1:32.13	900m:	14:05.07	1:33.75	1700m:	26:40.71	1:34.52	2500m:	39:15.36	1:32.95
	200m:	3:07.55	1:35.42	1000m:	15:39.82	1:34.75	1800m:	28:16.18	1:35.47	2600m:	40:48.48	1:33.12
	300m:	4:42.99	1:35.44	1100m:	17:14.38	1:34.56	1900m:	29:52.63	1:36.45	2700m:	42:22.68	1:34.20
	400m:	6:17.29	1:34.30	1200m:	18:49.42	1:35.04	2000m:	31:28.11	1:35.48	2800m:	43:58.92	1:36.24
	500m:	7:50.97	1:33.68	1300m:	20:23.60	1:34.18	2100m:	33:02.44	1:34.33	2900m:	45:34.86	1:35.94
	600m:	9:24.17	1:33.20	1400m:	21:57.85	1:34.25	2200m:	34:36.84	1:34.40	3000m:	47:10.19	1:35.33
	700m:	10:57.76	1:33.59	1500m:	23:31.88	1:34.03	2300m:	36:10.50	1:33.66			
	800m:	12:31.32	1:33.56	1600m:	25:06.19	1:34.31	2400m:	37:42.41	1:31.91			

Prueba 1, Fem., 3000m Libre, 30+

Clasificación

AN

Tiempo

4. ARAHUETES HIDALGO, Ana	85	C.N. Master Murcia	<b>47:35.53</b>	13,00
100m: 1:28.10 1:28.10	900m: 14:03.18 1:35.29	1700m: 26:45.71 1:35.66	2500m: 39:36.32 1:36.54	
200m: 3:01.64 1:33.54	1000m: 15:38.77 1:35.59	1800m: 28:22.06 1:36.35	2600m: 41:12.48 1:36.16	
300m: 4:35.85 1:34.21	1100m: 17:14.29 1:35.52	1900m: 29:58.95 1:36.89	2700m: 42:49.10 1:36.62	
400m: 6:10.94 1:35.09	1200m: 18:50.14 1:35.85	2000m: 31:34.76 1:35.81	2800m: 44:25.52 1:36.42	
500m: 7:45.07 1:34.13	1300m: 20:25.49 1:35.35	2100m: 33:10.22 1:35.46	2900m: 46:01.50 1:35.98	
600m: 9:19.80 1:34.73	1400m: 22:00.31 1:34.82	2200m: 34:46.48 1:36.26	3000m: 47:35.53 1:34.03	
700m: 10:53.20 1:33.40	1500m: 23:34.82 1:34.51	2300m: 36:23.05 1:36.57		
800m: 12:27.89 1:34.69	1600m: 25:10.05 1:35.23	2400m: 37:59.78 1:36.73		

Baja VILANOVA GONZALEZ, Paula 85 Cn Master Torrijos -

35+, Fem.

1. MARTINEZ CASTELLANO, Saioa	84	C.N. Pamplona	<b>43:14.01</b>	19,00
100m: 1:22.77 1:22.77	900m: 12:44.02 1:25.53	1700m: 24:14.25 1:26.87	2500m: 35:53.90 1:27.88	
200m: 2:47.06 1:24.29	1000m: 14:10.07 1:26.05	1800m: 25:42.02 1:27.77	2600m: 37:21.76 1:27.86	
300m: 4:12.09 1:25.03	1100m: 15:35.42 1:25.35	1900m: 27:08.77 1:26.75	2700m: 38:49.53 1:27.77	
400m: 5:37.24 1:25.15	1200m: 17:01.52 1:26.10	2000m: 28:35.94 1:27.17	2800m: 40:18.18 1:28.65	
500m: 7:02.40 1:25.16	1300m: 18:27.88 1:26.36	2100m: 30:03.14 1:27.20	2900m: 41:46.47 1:28.29	
600m: 8:27.55 1:25.15	1400m: 19:54.17 1:26.29	2200m: 31:30.09 1:26.95	3000m: 43:14.01 1:27.54	
700m: 9:52.66 1:25.11	1500m: 21:21.03 1:26.86	2300m: 32:57.59 1:27.50		
800m: 11:18.49 1:25.83	1600m: 22:47.38 1:26.35	2400m: 34:26.02 1:28.43		
2. BARBEITO DOMINGUEZ, Marta	84	C. Tenis Chamartin	<b>43:17.87</b>	16,00
100m: 1:21.15 1:21.15	900m: 12:54.82 1:28.23	1700m: 24:33.12 1:28.16	2500m: 36:13.18 1:26.12	
200m: 2:45.90 1:24.75	1000m: 14:21.11 1:26.29	1800m: 26:00.96 1:27.84	2600m: 37:39.38 1:26.20	
300m: 4:13.60 1:27.70	1100m: 15:47.88 1:26.77	1900m: 27:28.34 1:27.38	2700m: 39:05.38 1:26.00	
400m: 5:40.41 1:26.81	1200m: 17:14.11 1:26.23	2000m: 28:56.66 1:28.32	2800m: 40:30.24 1:24.86	
500m: 7:06.06 1:25.65	1300m: 18:41.36 1:27.25	2100m: 30:24.31 1:27.65	2900m: 41:55.41 1:25.17	
600m: 8:31.97 1:25.91	1400m: 20:09.84 1:28.48	2200m: 31:52.64 1:28.33	3000m: 43:17.87 1:22.46	
700m: 9:58.66 1:26.69	1500m: 21:36.71 1:26.87	2300m: 33:19.43 1:26.79		
800m: 11:26.59 1:27.93	1600m: 23:04.96 1:28.25	2400m: 34:47.06 1:27.63		
3. MORIANA MARTIN, Fatima	82	C. Tenerife Masters	<b>43:58.10</b>	14,00
100m: 1:23.35 1:23.35	900m: 13:06.69 1:28.12	1700m: 24:48.24 1:28.13	2500m: 36:38.42 1:29.43	
200m: 2:51.31 1:27.96	1000m: 14:33.68 1:26.99	1800m: 26:16.34 1:28.10	2600m: 38:06.02 1:27.60	
300m: 4:19.10 1:27.79	1100m: 16:00.84 1:27.16	1900m: 27:44.69 1:28.35	2700m: 39:34.16 1:28.14	
400m: 5:47.55 1:28.45	1200m: 17:28.47 1:27.63	2000m: 29:13.10 1:28.41	2800m: 41:02.04 1:27.88	
500m: 7:15.92 1:28.37	1300m: 18:56.32 1:27.85	2100m: 30:42.14 1:29.04	2900m: 42:29.86 1:27.82	
600m: 8:43.47 1:27.55	1400m: 20:24.38 1:28.06	2200m: 32:10.66 1:28.52	3000m: 43:58.10 1:28.24	
700m: 10:11.49 1:28.02	1500m: 21:52.20 1:27.82	2300m: 33:39.75 1:29.09		
800m: 11:38.57 1:27.08	1600m: 23:20.11 1:27.91	2400m: 35:08.99 1:29.24		
4. PRIOR PALACIN, Almudena	81	C.N. Iregua-Villamediana	<b>45:16.45</b>	13,00
100m: 1:20.78 1:20.78	900m: 13:20.82 1:30.36	1700m: 25:28.22 1:32.44	2500m: 37:40.15 1:32.00	
200m: 2:48.49 1:27.71	1000m: 14:51.98 1:31.16	1800m: 26:59.81 1:31.59	2600m: 39:11.81 1:31.66	
300m: 4:17.63 1:29.14	1100m: 16:21.80 1:29.82	1900m: 28:31.13 1:31.32	2700m: 40:44.04 1:32.23	
400m: 5:47.94 1:30.31	1200m: 17:52.65 1:30.85	2000m: 30:02.30 1:31.17	2800m: 42:16.03 1:31.99	
500m: 7:18.82 1:30.88	1300m: 19:23.47 1:30.82	2100m: 31:32.92 1:30.62	2900m: 43:49.41 1:33.38	
600m: 8:49.14 1:30.32	1400m: 20:54.39 1:30.92	2200m: 33:04.55 1:31.63	3000m: 45:16.45 1:27.04	
700m: 10:19.87 1:30.73	1500m: 22:25.34 1:30.95	2300m: 34:35.91 1:31.36		
800m: 11:50.46 1:30.59	1600m: 23:55.78 1:30.44	2400m: 36:08.15 1:32.24		

Prueba 1, Fem., 3000m Libre, 35+

Clasificación

AN

Tiempo

5.	MARTINEZ FERRI, Marina	82	C.N. Master Madrid					<b>46:02.16</b>	12,00
	100m: 1:26.94	1:26.94	900m: 13:46.00	1:32.33	1700m: 26:05.27	1:32.83	2500m: 38:24.77	1:32.86	
	200m: 2:57.71	1:30.77	1000m: 15:17.99	1:31.99	1800m: 27:37.98	1:32.71	2600m: 39:57.87	1:33.10	
	300m: 4:30.17	1:32.46	1100m: 16:50.44	1:32.45	1900m: 29:09.92	1:31.94	2700m: 41:30.02	1:32.15	
	400m: 6:03.19	1:33.02	1200m: 18:21.50	1:31.06	2000m: 30:41.89	1:31.97	2800m: 43:02.58	1:32.56	
	500m: 7:35.78	1:32.59	1300m: 19:52.77	1:31.27	2100m: 32:14.61	1:32.72	2900m: 44:34.58	1:32.00	
	600m: 9:08.03	1:32.25	1400m: 21:25.42	1:32.65	2200m: 33:46.77	1:32.16	3000m: 46:02.16	1:27.58	
	700m: 10:41.07	1:33.04	1500m: 22:58.71	1:33.29	2300m: 35:19.16	1:32.39			
	800m: 12:13.67	1:32.60	1600m: 24:32.44	1:33.73	2400m: 36:51.91	1:32.75			
6.	PASCUAL LOPEZ, Celia	84	C.N. Master Madrid					<b>46:33.95</b>	11,00
	100m: 1:29.30	1:29.30	900m: 13:52.54	1:33.26	1700m: 26:17.32	1:33.54	2500m: 38:48.92	1:34.88	
	200m: 3:02.04	1:32.74	1000m: 15:25.54	1:33.00	1800m: 27:49.89	1:32.57	2600m: 40:23.72	1:34.80	
	300m: 4:35.55	1:33.51	1100m: 16:58.55	1:33.01	1900m: 29:23.90	1:34.01	2700m: 41:58.84	1:35.12	
	400m: 6:08.49	1:32.94	1200m: 18:31.29	1:32.74	2000m: 30:58.09	1:34.19	2800m: 43:31.20	1:32.36	
	500m: 7:41.59	1:33.10	1300m: 20:04.40	1:33.11	2100m: 32:31.77	1:33.68	2900m: 45:04.38	1:33.18	
	600m: 9:13.53	1:31.94	1400m: 21:37.19	1:32.79	2200m: 34:05.06	1:33.29	3000m: 46:33.95	1:29.57	
	700m: 10:46.25	1:32.72	1500m: 23:10.23	1:33.04	2300m: 35:39.27	1:34.21			
	800m: 12:19.28	1:33.03	1600m: 24:43.78	1:33.55	2400m: 37:14.04	1:34.77			
7.	CASTRO CAMARERO, Raquel	84	C.N. Master Madrid					<b>46:58.94</b>	10,00
	100m: 1:28.16	1:28.16	900m: 14:03.03	1:35.41	1700m: 26:42.47	1:34.86	2500m: 39:15.25	1:34.55	
	200m: 3:01.63	1:33.47	1000m: 15:38.35	1:35.32	1800m: 28:17.45	1:34.98	2600m: 40:48.08	1:32.83	
	300m: 4:35.83	1:34.20	1100m: 17:13.98	1:35.63	1900m: 29:51.71	1:34.26	2700m: 42:22.45	1:34.37	
	400m: 6:10.14	1:34.31	1200m: 18:49.70	1:35.72	2000m: 31:25.17	1:33.46	2800m: 43:57.64	1:35.19	
	500m: 7:44.82	1:34.68	1300m: 20:24.66	1:34.96	2100m: 32:59.22	1:34.05	2900m: 45:30.67	1:33.03	
	600m: 9:19.51	1:34.69	1400m: 21:59.39	1:34.73	2200m: 34:33.27	1:34.05	3000m: 46:58.94	1:28.27	
	700m: 10:52.86	1:33.35	1500m: 23:33.58	1:34.19	2300m: 36:06.51	1:33.24			
	800m: 12:27.62	1:34.76	1600m: 25:07.61	1:34.03	2400m: 37:40.70	1:34.19			
8.	CONSUEGRA ESTEBAN, Nuria	80	C.N. Master Madrid					<b>47:56.03</b>	9,00
	100m: 1:30.80	1:30.80	900m: 14:13.27	1:36.77	1700m: 27:03.69	1:34.62	2500m: 39:52.61	1:36.86	
	200m: 3:04.45	1:33.65	1000m: 15:50.03	1:36.76	1800m: 28:38.79	1:35.10	2600m: 41:30.45	1:37.84	
	300m: 4:38.46	1:34.01	1100m: 17:26.19	1:36.16	1900m: 30:13.83	1:35.04	2700m: 43:08.09	1:37.64	
	400m: 6:13.42	1:34.96	1200m: 19:02.65	1:36.46	2000m: 31:49.22	1:35.39	2800m: 44:45.63	1:37.54	
	500m: 7:49.13	1:35.71	1300m: 20:39.87	1:37.22	2100m: 33:25.54	1:36.32	2900m: 46:22.64	1:37.01	
	600m: 9:24.94	1:35.81	1400m: 22:16.25	1:36.38	2200m: 35:02.77	1:37.23	3000m: 47:56.03	1:33.39	
	700m: 11:00.02	1:35.08	1500m: 23:52.94	1:36.69	2300m: 36:39.11	1:36.34			
	800m: 12:36.50	1:36.48	1600m: 25:29.07	1:36.13	2400m: 38:15.75	1:36.64			
9.	RUBIO GOMEZ, Diana	82	C.N. Camargo					<b>50:14.46</b>	8,00
	100m: 1:31.89	1:31.89	900m: 14:49.85	1:41.56	1700m: 28:15.45	1:40.67	2500m: 41:48.05	1:42.19	
	200m: 3:10.13	1:38.24	1000m: 16:31.55	1:41.70	1800m: 29:56.39	1:40.94	2600m: 43:29.97	1:41.92	
	300m: 4:49.45	1:39.32	1100m: 18:11.32	1:39.77	1900m: 31:35.69	1:39.30	2700m: 45:14.23	1:44.26	
	400m: 6:29.30	1:39.85	1200m: 19:52.63	1:41.31	2000m: 33:16.05	1:40.36	2800m: 46:58.11	1:43.88	
	500m: 8:09.55	1:40.25	1300m: 21:33.10	1:40.47	2100m: 34:57.45	1:41.40	2900m: 48:40.88	1:42.77	
	600m: 9:49.23	1:39.68	1400m: 23:13.92	1:40.82	2200m: 36:40.49	1:43.04	3000m: 50:14.46	1:33.58	
	700m: 11:27.09	1:37.86	1500m: 24:54.28	1:40.36	2300m: 38:22.42	1:41.93			
	800m: 13:08.29	1:41.20	1600m: 26:34.78	1:40.50	2400m: 40:05.86	1:43.44			

Prueba 1, Fem., 3000m Libre, 35+

Clasificación

AN

Tiempo

10.	RUIZ VALDEPEÑAS, Cristina				81	Cn Master Torrijos				51:21.71	7,00
100m:	1:34.71	1:34.71	900m:	15:01.08	1:41.70	1700m:	28:43.93	1:44.24	2500m:	42:35.28	1:46.23
200m:	3:14.50	1:39.79	1000m:	16:43.55	1:42.47	1800m:	30:28.44	1:44.51	2600m:	44:21.69	1:46.41
300m:	4:55.45	1:40.95	1100m:	18:25.54	1:41.99	1900m:	32:13.35	1:44.91	2700m:	46:08.34	1:46.65
400m:	6:35.58	1:40.13	1200m:	20:08.91	1:43.37	2000m:	33:57.71	1:44.36	2800m:	47:54.03	1:45.69
500m:	8:14.91	1:39.33	1300m:	21:51.61	1:42.70	2100m:	35:38.18	1:40.47	2900m:	49:40.42	1:46.39
600m:	9:56.27	1:41.36	1400m:	23:34.46	1:42.85	2200m:	37:20.14	1:41.96	3000m:	51:21.71	1:41.29
700m:	11:37.80	1:41.53	1500m:	25:17.36	1:42.90	2300m:	39:03.95	1:43.81			
800m:	13:19.38	1:41.58	1600m:	26:59.69	1:42.33	2400m:	40:49.05	1:45.10			

40+, Fem.

1.	SANTOS ARRIAGA, Rebeca	77	Cn Master Torrijos	<b>36:35.27</b>	34,00	RE		
	100m: 1:11.39	1:11.39	900m: 10:58.05	1:12.79	1700m: 20:41.69	1:13.35	2500m: 30:29.20	1:13.18
	200m: 2:25.08	1:13.69	1000m: 12:10.76	1:12.71	1800m: 21:55.43	1:13.74	2600m: 31:42.44	1:13.24
	300m: 3:38.93	1:13.85	1100m: 13:23.32	1:12.56	1900m: 23:09.11	1:13.68	2700m: 32:56.47	1:14.03
	400m: 4:52.62	1:13.69	1200m: 14:35.83	1:12.51	2000m: 24:22.44	1:13.33	2800m: 34:10.27	1:13.80
	500m: 6:05.88	1:13.26	1300m: 15:48.59	1:12.76	2100m: 25:35.68	1:13.24	2900m: 35:24.07	1:13.80
	600m: 7:19.12	1:13.24	1400m: 17:01.74	1:13.15	2200m: 26:49.17	1:13.49	3000m: 36:35.27	1:11.20
	700m: 8:32.28	1:13.16	1500m: 18:15.09	1:13.35	2300m: 28:02.64	1:13.47		
	800m: 9:45.26	1:12.98	1600m: 19:28.34	1:13.25	2400m: 29:16.02	1:13.38		
2.	PEREZ MAYORGAS, Estibaliz	75	R.C. Mediterraneo	<b>41:43.87</b>	16,00			
	100m: 1:18.62	1:18.62	900m: 12:22.00	1:22.97	1700m: 23:30.23	1:24.39	2500m: 34:44.61	1:24.30
	200m: 2:41.17	1:22.55	1000m: 13:45.09	1:23.09	1800m: 24:54.13	1:23.90	2600m: 36:09.36	1:24.75
	300m: 4:03.60	1:22.43	1100m: 15:08.42	1:23.33	1900m: 26:19.23	1:25.10	2700m: 37:33.25	1:23.89
	400m: 5:26.34	1:22.74	1200m: 16:31.63	1:23.21	2000m: 27:43.68	1:24.45	2800m: 38:56.89	1:23.64
	500m: 6:49.44	1:23.10	1300m: 17:55.08	1:23.45	2100m: 29:08.55	1:24.87	2900m: 40:22.76	1:25.87
	600m: 8:12.84	1:23.40	1400m: 19:18.62	1:23.54	2200m: 30:32.17	1:23.62	3000m: 41:43.87	1:21.11
	700m: 9:35.81	1:22.97	1500m: 20:42.68	1:24.06	2300m: 31:56.52	1:24.35		
	800m: 10:59.03	1:23.22	1600m: 22:05.84	1:23.16	2400m: 33:20.31	1:23.79		
3.	DE MIGUEL SANCHEZ, Ana Isabel	76	C.N. Master Madrid	<b>46:55.51</b>	14,00			
	100m: 1:26.42	1:26.42	900m: 13:52.12	1:34.56	1700m: 26:22.05	1:33.20	2500m: 39:00.27	1:36.31
	200m: 2:58.02	1:31.60	1000m: 15:26.23	1:34.11	1800m: 27:55.34	1:33.29	2600m: 40:36.68	1:36.41
	300m: 4:31.23	1:33.21	1100m: 17:00.54	1:34.31	1900m: 29:29.41	1:34.07	2700m: 42:12.03	1:35.35
	400m: 6:04.48	1:33.25	1200m: 18:35.12	1:34.58	2000m: 31:04.00	1:34.59	2800m: 43:47.29	1:35.26
	500m: 7:37.91	1:33.43	1300m: 20:09.90	1:34.78	2100m: 32:37.73	1:33.73	2900m: 45:13.95	1:26.66
	600m: 9:10.78	1:32.87	1400m: 21:44.72	1:34.82	2200m: 34:13.00	1:35.27	3000m: 46:55.51	1:41.56
	700m: 10:44.24	1:33.46	1500m: 23:16.72	1:32.00	2300m: 35:47.93	1:34.93		
	800m: 12:17.56	1:33.32	1600m: 24:48.85	1:32.13	2400m: 37:23.96	1:36.03		
4.	GUTIERREZ GARCIA, Noelia	78	Club Velociraptor	<b>48:01.50</b>	13,00			
	100m: 1:29.15	1:29.15	900m: 14:15.82	1:36.07	1700m: 27:08.91	1:36.66	2500m: 40:01.02	1:36.26
	200m: 3:03.16	1:34.01	1000m: 15:51.93	1:36.11	1800m: 28:44.82	1:35.91	2600m: 41:37.31	1:36.29
	300m: 4:39.38	1:36.22	1100m: 17:28.30	1:36.37	1900m: 30:21.46	1:36.64	2700m: 43:15.25	1:37.94
	400m: 6:15.14	1:35.76	1200m: 19:04.42	1:36.12	2000m: 31:59.17	1:37.71	2800m: 44:52.35	1:37.10
	500m: 7:51.21	1:36.07	1300m: 20:40.54	1:36.12	2100m: 33:36.67	1:37.50	2900m: 46:27.82	1:35.47
	600m: 9:27.86	1:36.65	1400m: 22:16.41	1:35.87	2200m: 35:12.12	1:35.45	3000m: 48:01.50	1:33.68
	700m: 11:03.89	1:36.03	1500m: 23:56.31	1:39.90	2300m: 36:48.59	1:36.47		
	800m: 12:39.75	1:35.86	1600m: 25:32.25	1:35.94	2400m: 38:24.76	1:36.17		



Prueba 1, Fem., 3000m Libre, 40+

Clasificación

AN

Tiempo

5.	ISIDRO RODRIGO, Yesica				78	C.N. Master Madrid				1:05:37.47	12,00	
	100m:	2:02.34	2:02.34	900m:	19:25.82	2:10.42	1700m:	36:50.82	2:11.34	2500m:	54:31.58	2:15.33
	200m:	4:11.01	2:08.67	1000m:	21:33.41	2:07.59	1800m:	39:00.65	2:09.83	2600m:	56:48.27	2:16.69
	300m:	6:21.60	2:10.59	1100m:	23:42.13	2:08.72	1900m:	41:09.92	2:09.27	2700m:	59:02.35	2:14.08
	400m:	8:31.63	2:10.03	1200m:	25:52.28	2:10.15	2000m:	43:23.12	2:13.20	2800m:	1:01:13.48	2:11.13
	500m:	10:41.23	2:09.60	1300m:	28:04.21	2:11.93	2100m:	45:35.67	2:12.55	2900m:	1:03:23.67	2:10.19
	600m:	12:52.05	2:10.82	1400m:	30:14.97	2:10.76	2200m:	47:47.21	2:11.54	3000m:	1:05:37.47	2:13.80
	700m:	15:03.13	2:11.08	1500m:	32:27.64	2:12.67	2300m:	50:00.58	2:13.37			
	800m:	17:15.40	2:12.27	1600m:	34:39.48	2:11.84	2400m:	52:16.25	2:15.67			

45+, Fem.

1.	MARCHANTE LUJAN, Yolanda	73	Vila-Swim Fondistas Club Natación	44:07.69	19,00			
	100m: 1:23.79	1:23.79	900m: 13:02.61	1:27.39	1700m: 24:50.55	1:28.88	2500m: 36:44.44	1:29.62
	200m: 2:49.83	1:26.04	1000m: 14:30.82	1:28.21	1800m: 26:19.69	1:29.14	2600m: 38:13.73	1:29.29
	300m: 4:17.20	1:27.37	1100m: 15:59.10	1:28.28	1900m: 27:48.61	1:28.92	2700m: 39:42.94	1:29.21
	400m: 5:44.63	1:27.43	1200m: 17:27.23	1:28.13	2000m: 29:17.66	1:29.05	2800m: 41:12.04	1:29.10
	500m: 7:12.13	1:27.50	1300m: 18:55.48	1:28.25	2100m: 30:47.20	1:29.54	2900m: 42:40.82	1:28.78
	600m: 8:39.63	1:27.50	1400m: 20:24.00	1:28.52	2200m: 32:15.79	1:28.59	3000m: 44:07.64	1:26.82
	700m: 10:07.01	1:27.38	1500m: 21:52.95	1:28.95	2300m: 33:45.26	1:29.47		
	800m: 11:35.22	1:28.21	1600m: 23:21.67	1:28.72	2400m: 35:14.82	1:29.56		
2.	TAPIA ROMAN, Eva	74	C.N. Catalunya	45:19.87	16,00			
	100m: 1:23.13	1:23.13	900m: 13:27.17	1:30.80	1700m: 25:35.59	1:31.52	2500m: 37:45.52	1:31.23
	200m: 2:52.51	1:29.38	1000m: 14:57.90	1:30.73	1800m: 27:07.40	1:31.81	2600m: 39:17.06	1:31.54
	300m: 4:22.23	1:29.72	1100m: 16:29.24	1:31.34	1900m: 28:38.52	1:31.12	2700m: 40:48.19	1:31.13
	400m: 5:52.72	1:30.49	1200m: 18:00.13	1:30.89	2000m: 30:09.13	1:30.61	2800m: 42:19.83	1:31.64
	500m: 7:23.41	1:30.69	1300m: 19:30.95	1:30.82	2100m: 31:40.41	1:31.28	2900m: 43:50.79	1:30.96
	600m: 8:54.87	1:31.46	1400m: 21:02.00	1:31.05	2200m: 33:11.35	1:30.94	3000m: 45:19.87	1:29.08
	700m: 10:25.49	1:30.62	1500m: 22:33.43	1:31.43	2300m: 34:42.93	1:31.58		
	800m: 11:56.37	1:30.88	1600m: 24:04.07	1:30.64	2400m: 36:14.29	1:31.36		
3.	GARCIA ALVAREZ, Maria Jose	71	Club Benavente Natacion	45:38.89	14,00			
	100m: 1:28.16	1:28.16	900m: 13:43.42	1:32.03	1700m: 25:57.10	1:31.85	2500m: 38:11.23	1:30.25
	200m: 2:59.17	1:31.01	1000m: 15:15.41	1:31.99	1800m: 27:29.42	1:32.32	2600m: 39:41.61	1:30.38
	300m: 4:30.92	1:31.75	1100m: 16:47.34	1:31.93	1900m: 29:02.60	1:33.18	2700m: 41:11.40	1:29.79
	400m: 6:02.53	1:31.61	1200m: 18:19.82	1:32.48	2000m: 30:35.19	1:32.59	2800m: 42:41.45	1:30.05
	500m: 7:34.62	1:32.09	1300m: 19:51.02	1:31.20	2100m: 32:07.13	1:31.94	2900m: 44:11.91	1:30.46
	600m: 9:06.38	1:31.76	1400m: 21:22.10	1:31.08	2200m: 33:40.31	1:33.18	3000m: 45:38.89	1:26.98
	700m: 10:38.57	1:32.19	1500m: 22:53.21	1:31.11	2300m: 35:10.90	1:30.59		
	800m: 12:11.39	1:32.82	1600m: 24:25.25	1:32.04	2400m: 36:40.98	1:30.08		
4.	RUIZ DE LARRAMENDI FERNANDEZ, I71		Club Natación Urederra	50:13.36	13,00			
	100m: 1:33.32	1:33.32	900m: 14:45.30	1:39.40	1700m: 28:08.05	1:42.72	2500m: 41:47.32	1:42.17
	200m: 3:10.57	1:37.25	1000m: 16:24.67	1:39.37	1800m: 29:53.11	1:45.06	2600m: 43:29.33	1:42.01
	300m: 4:49.15	1:38.58	1100m: 18:04.12	1:39.45	1900m: 31:34.64	1:41.53	2700m: 45:11.72	1:42.39
	400m: 6:29.12	1:39.97	1200m: 19:43.95	1:39.83	2000m: 33:15.12	1:40.48	2800m: 46:55.25	1:43.53
	500m: 8:08.77	1:39.65	1300m: 21:23.63	1:39.68	2100m: 34:56.99	1:41.87	2900m: 48:38.82	1:43.57
	600m: 9:48.28	1:39.51	1400m: 23:03.95	1:40.32	2200m: 36:40.24	1:43.25	3000m: 50:13.36	1:34.54
	700m: 11:26.38	1:38.10	1500m: 24:44.70	1:40.75	2300m: 38:22.03	1:41.79		
	800m: 13:05.90	1:39.52	1600m: 26:25.33	1:40.63	2400m: 40:05.15	1:43.12		



Prueba 1, Fem., 3000m Libre, 45+

Clasificación

AN

Tiempo

5. ESCANERO MAICAS, Begoña	73	C.D. Jerez Natacion Master	50:55.66	12,00			
100m: 1:33.56	1:33.56	900m: 15:05.34	1:41.31	1700m: 28:44.22	1:43.25	2500m: 42:22.54	1:42.69
200m: 3:13.65	1:40.09	1000m: 16:46.59	1:41.25	1800m: 30:27.74	1:43.52	2600m: 44:05.51	1:42.97
300m: 4:54.88	1:41.23	1100m: 18:27.80	1:41.21	1900m: 32:11.49	1:43.75	2700m: 45:48.25	1:42.74
400m: 6:36.88	1:42.00	1200m: 20:09.98	1:42.18	2000m: 33:52.55	1:41.06	2800m: 47:31.18	1:42.93
500m: 8:18.42	1:41.54	1300m: 21:52.46	1:42.48	2100m: 35:33.60	1:41.05	2900m: 49:14.23	1:43.05
600m: 10:00.56	1:42.14	1400m: 23:35.46	1:43.00	2200m: 37:15.01	1:41.41	3000m: 50:55.66	1:41.43
700m: 11:42.17	1:41.61	1500m: 25:18.22	1:42.76	2300m: 38:56.52	1:41.51		
800m: 13:24.03	1:41.86	1600m: 27:00.97	1:42.75	2400m: 40:39.85	1:43.33		

6. LOPEZ FERNANDEZ, Maria Lorena	73	C.N. Villa De Torre Pacheco	1:02:10.39	11,00			
100m: 1:54.70	1:54.70	900m: 18:21.95	2:03.63	1700m: 34:54.37	2:05.21	2500m: 51:38.88	2:06.33
200m: 3:55.74	2:01.04	1000m: 20:25.36	2:03.41	1800m: 37:00.19	2:05.82	2600m: 53:44.16	2:05.28
300m: 6:01.64	2:05.90	1100m: 22:29.82	2:04.46	1900m: 39:05.67	2:05.48	2700m: 55:50.89	2:06.73
400m: 8:04.64	2:03.00	1200m: 24:33.99	2:04.17	2000m: 41:11.49	2:05.82	2800m: 57:56.96	2:06.07
500m: 10:06.25	2:01.61	1300m: 26:38.18	2:04.19	2100m: 43:16.62	2:05.13	2900m 1:00:02.73	2:05.77
600m: 12:10.31	2:04.06	1400m: 28:40.30	2:02.12	2200m: 45:22.20	2:05.58	3000m 1:02:10.39	2:07.66
700m: 14:15.06	2:04.75	1500m: 30:44.27	2:03.97	2300m: 47:28.14	2:05.94		
800m: 16:18.32	2:03.26	1600m: 32:49.16	2:04.89	2400m: 49:32.55	2:04.41		

DSQ SANCHEZ BENDALA, Ana 71 Natacion Sevilla Master, C.D. -

50+, Fem.

1. LLORENS BAGUR, Margarita	68	C.N. Jamma	45:17.55	34,00	RE		
100m: 1:29.12	1:29.12	900m: 13:34.41	1:30.59	1700m: 25:36.30	1:31.03	2500m: 37:42.95	1:30.67
200m: 2:59.50	1:30.38	1000m: 15:04.32	1:29.91	1800m: 27:06.48	1:30.18	2600m: 39:14.30	1:31.35
300m: 4:30.26	1:30.76	1100m: 16:34.59	1:30.27	1900m: 28:37.51	1:31.03	2700m: 40:45.58	1:31.28
400m: 6:01.35	1:31.09	1200m: 18:04.65	1:30.06	2000m: 30:08.71	1:31.20	2800m: 42:17.40	1:31.82
500m: 7:32.19	1:30.84	1300m: 19:35.07	1:30.42	2100m: 31:38.92	1:30.21	2900m: 43:48.98	1:31.58
600m: 9:02.50	1:30.31	1400m: 21:05.78	1:30.71	2200m: 33:09.78	1:30.86	3000m: 45:17.55	1:28.57
700m: 10:32.90	1:30.40	1500m: 22:35.04	1:29.26	2300m: 34:40.91	1:31.13		
800m: 12:03.82	1:30.92	1600m: 24:05.27	1:30.23	2400m: 36:12.28	1:31.37		

2. TEIXIDOR LEGOUX, Aurelia	68	G.E. I E.G.					45:37.46	16,00
100m: 1:29.22	1:29.22	900m: 13:40.11	1:30.63	1700m: 25:49.17	1:30.80	2500m: 38:00.64	1:31.31	
200m: 3:01.51	1:32.29	1000m: 15:10.83	1:30.72	1800m: 27:21.17	1:32.00	2600m: 39:32.79	1:32.15	
300m: 4:33.24	1:31.73	1100m: 16:42.03	1:31.20	1900m: 28:52.69	1:31.52	2700m: 41:03.95	1:31.16	
400m: 6:05.30	1:32.06	1200m: 18:12.55	1:30.52	2000m: 30:24.01	1:31.32	2800m: 42:35.09	1:31.14	
500m: 7:36.35	1:31.05	1300m: 19:44.05	1:31.50	2100m: 31:55.53	1:31.52	2900m: 44:06.77	1:31.68	
600m: 9:07.73	1:31.38	1400m: 21:15.39	1:31.34	2200m: 33:26.19	1:30.66	3000m: 45:37.46	1:30.69	
700m: 10:38.60	1:30.87	1500m: 22:47.14	1:31.75	2300m: 34:57.42	1:31.23			
800m: 12:09.48	1:30.88	1600m: 24:18.37	1:31.23	2400m: 36:29.33	1:31.91			

3. MURPHY, Nicola			69	C.N. Villa De Torre Pacheco				53:47.49	14,00		
100m:	1:37.89	1:37.89	900m:	15:36.22	1:47.15	1700m:	30:05.10	1:49.67	2500m:	44:46.32	1:48.84
200m:	3:20.81	1:42.92	1000m:	17:24.15	1:47.93	1800m:	31:52.68	1:47.58	2600m:	46:36.93	1:50.61
300m:	5:05.28	1:44.47	1100m:	19:12.28	1:48.13	1900m:	33:42.12	1:49.44	2700m:	48:27.85	1:50.92
400m:	6:48.90	1:43.62	1200m:	21:01.15	1:48.87	2000m:	35:33.42	1:51.30	2800m:	50:16.75	1:48.90
500m:	8:33.17	1:44.27	1300m:	22:50.50	1:49.35	2100m:	37:24.07	1:50.65	2900m:	52:04.67	1:47.92
600m:	10:19.41	1:46.24	1400m:	24:39.03	1:48.53	2200m:	39:13.37	1:49.30	3000m:	53:47.49	1:42.82
700m:	12:03.68	1:44.27	1500m:	26:25.99	1:46.96	2300m:	41:05.44	1:52.07			
800m:	13:49.07	1:45.39	1600m:	28:15.43	1:49.44	2400m:	42:57.48	1:52.04			

Prueba 1, Fem., 3000m Libre, 50+

Clasificación

AN

Tiempo

4.	IBÁÑEZ PÉREZ, Eva María			66	C.N. Master Murcia			<b>58:23.32</b>	13,00			
	100m:	1:56.79	1:56.79	900m:	17:10.79	1:54.12	1700m:	32:45.29	1:56.89	2500m:	48:29.05	1:57.67
	200m:	3:52.71	1:55.92	1000m:	19:07.43	1:56.64	1800m:	34:42.26	1:56.97	2600m:	50:27.91	1:58.86
	300m:	5:46.53	1:53.82	1100m:	21:03.11	1:55.68	1900m:	36:39.31	1:57.05	2700m:	52:27.52	1:59.61
	400m:	7:39.15	1:52.62	1200m:	23:00.55	1:57.44	2000m:	38:37.00	1:57.69	2800m:	54:27.15	1:59.63
	500m:	9:31.37	1:52.22	1300m:	24:58.13	1:57.58	2100m:	40:34.35	1:57.35	2900m:	56:26.98	1:59.83
	600m:	11:25.47	1:54.10	1400m:	26:54.40	1:56.27	2200m:	42:34.35	2:00.00	3000m:	58:23.32	1:56.34
	700m:	13:21.57	1:56.10	1500m:	28:50.70	1:56.30	2300m:	44:34.63	2:00.28			
	800m:	15:16.67	1:55.10	1600m:	30:48.40	1:57.70	2400m:	46:31.38	1:56.75			
5.	CASARES PERALES, Araceli			67	C.N. Monteverde			<b>58:25.17</b>	12,00			
	100m:	1:53.68	1:53.68	900m:	17:20.29	1:58.00	1700m:	32:56.46	1:57.57	2500m:	48:46.16	1:57.84
	200m:	3:50.77	1:57.09	1000m:	19:17.93	1:57.64	1800m:	34:55.62	1:59.16	2600m:	50:43.83	1:57.67
	300m:	5:43.65	1:52.88	1100m:	21:15.54	1:57.61	1900m:	36:54.39	1:58.77	2700m:	52:40.61	1:56.78
	400m:	7:37.99	1:54.34	1200m:	23:12.25	1:56.71	2000m:	38:52.77	1:58.38	2800m:	54:38.36	1:57.75
	500m:	9:32.81	1:54.82	1300m:	25:08.96	1:56.71	2100m:	40:51.18	1:58.41	2900m:	56:35.10	1:56.74
	600m:	11:29.01	1:56.20	1400m:	27:05.07	1:56.11	2200m:	42:50.51	1:59.33	3000m:	58:25.17	1:50.07
	700m:	13:25.52	1:56.51	1500m:	29:01.77	1:56.70	2300m:	44:49.56	1:59.05			
	800m:	15:22.29	1:56.77	1600m:	30:58.89	1:57.12	2400m:	46:48.32	1:58.76			
6.	RODRÍGUEZ PRADO, Gracia			69	Cn Master Torrijos			<b>59:43.85</b>	11,00			
	100m:	1:53.22	1:53.22	900m:	17:28.82	1:58.65	1700m:	33:31.79	1:59.16	2500m:	49:42.22	2:01.36
	200m:	3:50.05	1:56.83	1000m:	19:28.12	1:59.30	1800m:	35:31.63	1:59.84	2600m:	51:45.33	2:03.11
	300m:	5:45.19	1:55.14	1100m:	21:27.84	1:59.72	1900m:	37:33.81	2:02.18	2700m:	53:48.33	2:03.00
	400m:	7:40.40	1:55.21	1200m:	23:27.02	1:59.18	2000m:	39:34.25	2:00.44	2800m:	55:48.15	1:59.82
	500m:	9:36.54	1:56.14	1300m:	25:27.59	2:00.57	2100m:	41:37.67	2:03.42	2900m:	57:49.50	2:01.35
	600m:	11:33.94	1:57.40	1400m:	27:28.66	2:01.07	2200m:	43:38.39	2:00.72	3000m:	59:43.85	1:54.35
	700m:	13:31.85	1:57.91	1500m:	29:31.11	2:02.45	2300m:	45:40.25	2:01.86			
	800m:	15:30.17	1:58.32	1600m:	31:32.63	2:01.52	2400m:	47:40.86	2:00.61			
7.	MONTESINOS RÓDENAS, Maria Jose			68	C.N. Master Murcia			<b>1:08:44.83</b>	10,00			
	100m:	1:58.86	1:58.86	900m:	20:12.81	2:17.05	1700m:	38:35.85	2:18.46	2500m:	57:11.48	2:20.22
	200m:	4:15.15	2:16.29	1000m:	22:29.86	2:17.05	1800m:	40:55.91	2:20.06	2600m:	59:31.46	2:19.98
	300m:	6:32.24	2:17.09	1100m:	24:46.86	2:17.00	1900m:	43:14.99	2:19.08	2700m:	1:01:52.32	2:20.86
	400m:	8:49.56	2:17.32	1200m:	27:04.61	2:17.75	2000m:	45:34.41	2:19.42	2800m:	1:04:12.96	2:20.64
	500m:	11:06.48	2:16.92	1300m:	29:22.12	2:17.51	2100m:	47:53.32	2:18.91	2900m:	1:06:30.12	2:17.16
	600m:	13:23.45	2:16.97	1400m:	31:40.47	2:18.35	2200m:	50:12.54	2:19.22	3000m:	1:08:44.83	2:14.71
	700m:	15:39.46	2:16.01	1500m:	33:58.40	2:17.93	2300m:	52:32.62	2:20.08			
	800m:	17:55.76	2:16.30	1600m:	36:17.39	2:18.99	2400m:	54:51.26	2:18.64			

55+, Fem.

1. GARCIA OLIVAS, Rosario	64	Albacete Master N.	48:33.18	19,00			
100m: 1:30.34	1:30.34	900m: 13:56.30	1:36.00	1700m: 26:53.19	1:38.59	2500m: 40:08.19	1:40.46
200m: 3:01.25	1:30.91	1000m: 15:32.44	1:36.14	1800m: 28:31.32	1:38.13	2600m: 41:49.51	1:41.32
300m: 4:32.83	1:31.58	1100m: 17:08.40	1:35.96	1900m: 30:09.62	1:38.30	2700m: 43:29.61	1:40.10
400m: 6:06.04	1:33.21	1200m: 18:45.14	1:36.74	2000m: 31:47.37	1:37.75	2800m: 45:11.42	1:41.81
500m: 7:38.41	1:32.37	1300m: 20:22.01	1:36.87	2100m: 33:26.46	1:39.09	2900m: 46:52.54	1:41.12
600m: 9:11.47	1:33.06	1400m: 21:59.42	1:37.41	2200m: 35:07.04	1:40.58	3000m: 48:33.18	1:40.64
700m: 10:45.22	1:33.75	1500m: 23:36.78	1:37.36	2300m: 36:47.22	1:40.18		
800m: 12:20.30	1:35.08	1600m: 25:14.60	1:37.82	2400m: 38:27.73	1:40.51		

Prueba 1, Fem., 3000m Libre, 55+

Clasificación

AN

Tiempo

2.	MONEO HERNANDEZ, Idoia		63	C.D. Jerez Natacion Master				53:57.86		16,00		
	100m:	1:37.79	1:37.79	900m:	15:41.03	1:45.83	1700m:	29:51.63	1:46.78	2500m:	44:30.65	1:52.40
	200m:	3:23.14	1:45.35	1000m:	17:26.68	1:45.65	1800m:	31:38.39	1:46.76	2600m:	46:23.63	1:52.98
	300m:	5:08.91	1:45.77	1100m:	19:12.63	1:45.95	1900m:	33:26.92	1:48.53	2700m:	48:17.71	1:54.08
	400m:	6:53.29	1:44.38	1200m:	20:58.75	1:46.12	2000m:	35:15.73	1:48.81	2800m:	50:11.76	1:54.05
	500m:	8:38.65	1:45.36	1300m:	22:45.36	1:46.61	2100m:	37:05.46	1:49.73	2900m:	52:06.10	1:54.34
	600m:	10:24.55	1:45.90	1400m:	24:31.88	1:46.52	2200m:	38:55.81	1:50.35	3000m:	53:57.86	1:51.76
	700m:	12:09.48	1:44.93	1500m:	26:18.96	1:47.08	2300m:	40:46.19	1:50.38			
	800m:	13:55.20	1:45.72	1600m:	28:04.85	1:45.89	2400m:	42:38.25	1:52.06			
3.	YVETTE MARGARET, Nicole		62	C.N. Alcobendas				56:10.94		14,00		
	100m:	1:44.06	1:44.06	900m:	16:30.41	1:51.00	1700m:	31:23.33	1:52.34	2500m:	46:37.66	1:54.63
	200m:	3:33.83	1:49.77	1000m:	18:21.93	1:51.52	1800m:	33:16.70	1:53.37	2600m:	48:32.07	1:54.41
	300m:	5:24.87	1:51.04	1100m:	20:12.33	1:50.40	1900m:	35:09.75	1:53.05	2700m:	50:26.67	1:54.60
	400m:	7:15.73	1:50.86	1200m:	22:03.31	1:50.98	2000m:	37:02.97	1:53.22	2800m:	52:21.75	1:55.08
	500m:	9:06.68	1:50.95	1300m:	23:55.07	1:51.76	2100m:	38:57.16	1:54.19	2900m:	54:15.95	1:54.20
	600m:	10:58.12	1:51.44	1400m:	25:46.39	1:51.32	2200m:	40:52.18	1:55.02	3000m:	56:10.94	1:54.99
	700m:	12:49.29	1:51.17	1500m:	27:38.60	1:52.21	2300m:	42:47.94	1:55.76			
	800m:	14:39.41	1:50.12	1600m:	29:30.99	1:52.39	2400m:	44:43.03	1:55.09			
4.	MONTENEGRO ZAFRILLA, Avelina		61	C.N. Master Madrid				1:07:32.00		13,00		
	100m:	2:05.76	2:05.76	900m:	19:48.46	2:13.27	1700m:	37:40.55	2:17.63	2500m:	56:15.98	2:21.72
	200m:	4:17.16	2:11.40	1000m:	22:02.13	2:13.67	1800m:	39:58.50	2:17.95	2600m:	58:35.96	2:19.98
	300m:	6:28.51	2:11.35	1100m:	24:15.60	2:13.47	1900m:	42:16.81	2:18.31	2700m	1:00:53.13	2:17.17
	400m:	8:40.67	2:12.16	1200m:	26:30.57	2:14.97	2000m:	44:37.24	2:20.43	2800m	1:03:07.73	2:14.60
	500m:	10:53.99	2:13.32	1300m:	28:44.72	2:14.15	2100m:	46:57.53	2:20.29	2900m	1:05:24.37	2:16.64
	600m:	13:07.01	2:13.02	1400m:	30:58.16	2:13.44	2200m:	49:16.75	2:19.22	3000m	1:07:32.00	2:07.63
	700m:	15:21.64	2:14.63	1500m:	33:09.00	2:10.84	2300m:	51:34.53	2:17.78			
	800m:	17:35.19	2:13.55	1600m:	35:22.92	2:13.92	2400m:	53:54.26	2:19.73			

60+, Fem.

1.	IRAZOZ SANZOL, Natividad			55	C.N. Pamplona				<b>47:53.42</b>	34,00	RE	
	100m:	1:32.56	1:32.56	900m:	14:15.91	1:35.57	1700m:	27:00.81	1:36.23	2500m:	39:52.32	1:36.92
	200m:	3:08.24	1:35.68	1000m:	15:51.29	1:35.38	1800m:	28:36.85	1:36.04	2600m:	41:29.30	1:36.98
	300m:	4:43.77	1:35.53	1100m:	17:26.45	1:35.16	1900m:	30:12.63	1:35.78	2700m:	43:06.17	1:36.87
	400m:	6:18.96	1:35.19	1200m:	19:01.92	1:35.47	2000m:	31:48.77	1:36.14	2800m:	44:43.17	1:37.00
	500m:	7:54.22	1:35.26	1300m:	20:36.75	1:34.83	2100m:	33:25.36	1:36.59	2900m:	46:19.95	1:36.78
	600m:	9:29.64	1:35.42	1400m:	22:12.64	1:35.89	2200m:	35:01.84	1:36.48	3000m:	47:53.42	1:33.47
	700m:	11:04.71	1:35.07	1500m:	23:49.23	1:36.59	2300m:	36:38.30	1:36.46			
	800m:	12:40.34	1:35.63	1600m:	25:24.58	1:35.35	2400m:	38:15.40	1:37.10			
2.	NAVARRO ALCARAZ, Marina			59	C.N. Master Naturalswim Petrer				<b>51:19.35</b>	31,00		
	100m:	1:34.11	1:34.11	900m:	15:09.09	1:42.52	1700m:	28:53.64	1:43.32	2500m:	42:44.25	1:43.69
	200m:	3:13.26	1:39.15	1000m:	16:52.51	1:43.42	1800m:	30:37.65	1:44.01	2600m:	44:27.52	1:43.27
	300m:	4:54.94	1:41.68	1100m:	18:35.56	1:43.05	1900m:	32:21.93	1:44.28	2700m:	46:11.06	1:43.54
	400m:	6:36.18	1:41.24	1200m:	20:18.08	1:42.52	2000m:	34:06.77	1:44.84	2800m:	47:54.88	1:43.82
	500m:	8:18.67	1:42.49	1300m:	22:01.50	1:43.42	2100m:	35:49.13	1:42.36	2900m:	49:43.13	1:48.25
	600m:	10:00.99	1:42.32	1400m:	23:44.20	1:42.70	2200m:	37:32.23	1:43.10	3000m:	51:19.35	1:36.22
	700m:	11:43.54	1:42.55	1500m:	25:27.34	1:43.14	2300m:	39:16.61	1:44.38			
	800m:	13:26.57	1:43.03	1600m:	27:10.32	1:42.98	2400m:	41:00.56	1:43.95			

Prueba 1, Fem., 3000m Libre, 60+

Clasificación

AN

Tiempo

3.	DIEZ PERELLON, Belen			58	C.N. Master Madrid			1:05:42.97	14,00			
	100m:	2:03.63	2:03.63	900m:	19:24.96	2:09.51	1700m:	36:54.23	2:11.67	2500m:	54:34.57	2:14.45
	200m:	4:13.48	2:09.85	1000m:	21:35.62	2:10.66	1800m:	39:06.56	2:12.33	2600m:	56:48.54	2:13.97
	300m:	6:24.57	2:11.09	1100m:	23:46.55	2:10.93	1900m:	41:17.64	2:11.08	2700m:	59:01.28	2:12.74
	400m:	8:35.80	2:11.23	1200m:	25:57.81	2:11.26	2000m:	43:28.63	2:10.99	2800m	1:01:14.21	2:12.93
	500m:	10:45.28	2:09.48	1300m:	28:08.98	2:11.17	2100m:	45:40.21	2:11.58	2900m	1:03:29.10	2:14.89
	600m:	12:54.70	2:09.42	1400m:	30:19.48	2:10.50	2200m:	47:54.13	2:13.92	3000m	1:05:42.97	2:13.87
	700m:	15:04.89	2:10.19	1500m:	32:31.17	2:11.69	2300m:	50:06.59	2:12.46			
	800m:	17:15.45	2:10.56	1600m:	34:42.56	2:11.39	2400m:	52:20.12	2:13.53			

4. FERNANDEZ-TORIJA GARCIA, Maria P55r	C.N. Monteverde						1:11:53.33	13,00
100m: 2:03.03	2:03.03	900m: 20:55.16	2:34.76	1700m: 39:57.89	2:29.90	2500m: 59:54.06	2:30.27	
200m: 4:23.04	2:20.01	1000m: 23:01.93	2:06.77	1800m: 42:26.38	2:28.49	2600m 1:02:21.68	2:27.62	
300m: 6:43.54	2:20.50	1100m: 25:23.12	2:21.19	1900m: 44:53.57	2:27.19	2700m 1:04:47.25	2:25.57	
400m: 9:02.57	2:19.03	1200m: 27:46.56	2:23.44	2000m: 47:22.23	2:28.66	2800m 1:07:12.89	2:25.64	
500m: 11:21.52	2:18.95	1300m: 30:10.43	2:23.87	2100m: 49:51.96	2:29.73	2900m 1:09:41.97	2:29.08	
600m: 13:40.51	2:18.99	1400m: 32:34.14	2:23.71	2200m: 52:24.35	2:32.39	3000m 1:11:53.33	2:11.36	
700m: 16:00.99	2:20.48	1500m: 35:00.55	2:26.41	2300m: 54:54.03	2:29.68			
800m: 18:20.40	2:19.41	1600m: 37:27.99	2:27.44	2400m: 57:23.79	2:29.76			

Baja ARANEGA BENITEZ, Aranzazu	57	C. Tenerife Masters	-	
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65+, Fem.

1. ORTIZ DE GUINEA ARGÜELLES, Victo53	C.N. Santa Olaya						1:03:54.35		34,00	RE	
100m:	1:55.85	1:55.85	900m:	18:27.03	2:03.95	1700m:	35:17.61	2:06.67	2500m:	52:44.60	2:13.52
200m:	3:57.88	2:02.03	1000m:	20:31.43	2:04.40	1800m:	37:25.82	2:08.21	2600m:	54:59.75	2:15.15
300m:	6:00.99	2:03.11	1100m:	22:36.94	2:05.51	1900m:	39:35.92	2:10.10	2700m:	57:14.09	2:14.34
400m:	8:03.56	2:02.57	1200m:	24:42.73	2:05.79	2000m:	41:45.03	2:09.11	2800m:	59:29.09	2:15.00
500m:	10:07.25	2:03.69	1300m:	26:50.16	2:07.43	2100m:	43:55.38	2:10.35	2900m	1:01:45.18	2:16.09
600m:	12:12.04	2:04.79	1400m:	28:57.16	2:07.00	2200m:	46:06.39	2:11.01	3000m	1:03:54.35	2:09.17
700m:	14:17.39	2:05.35	1500m:	31:04.28	2:07.12	2300m:	48:17.12	2:10.73			
800m:	16:23.08	2:05.69	1600m:	33:10.94	2:06.66	2400m:	50:31.08	2:13.96			

2. CASTILLO MIQUEL, Roser	51	Fundacion Claror	1:08:36.55	16,00			
100m: 2:00.17	2:00.17	900m: 20:10.17	2:17.72	1700m: 38:31.07	2:18.41	2500m: 57:06.70	2:18.74
200m: 4:17.34	2:17.17	1000m: 22:26.99	2:16.82	1800m: 40:46.92	2:15.85	2600m: 59:25.94	2:19.24
300m: 6:33.35	2:16.01	1100m: 24:43.00	2:16.01	1900m: 43:05.40	2:18.48	2700m 1:01:45.54	2:19.60
400m: 8:48.70	2:15.35	1200m: 27:00.39	2:17.39	2000m: 45:25.34	2:19.94	2800m 1:04:06.09	2:20.55
500m: 11:04.31	2:15.61	1300m: 29:18.96	2:18.57	2100m: 47:45.82	2:20.48	2900m 1:06:26.74	2:20.65
600m: 13:20.54	2:16.23	1400m: 31:36.88	2:17.92	2200m: 50:06.43	2:20.61	3000m 1:08:36.55	2:09.81
700m: 15:35.99	2:15.45	1500m: 33:54.87	2:17.99	2300m: 52:27.43	2:21.00		
800m: 17:52.45	2:16.46	1600m: 36:12.66	2:17.79	2400m: 54:47.96	2:20.53		

70+, Fem.

1. TOMASENA ALZURI, Mª Rosario		46	Kairoscore				1:15:29.76	34,00	RE		
ESTABLECE RE											
100m:	2:16.38	2:16.38	900m:	21:47.55	2:30.26	1700m:	42:11.27	2:36.68	2500m	1:02:40.07	2:32.26
200m:	4:38.46	2:22.08	1000m:	24:16.42	2:28.87	1800m:	44:46.06	2:34.79	2600m	1:05:14.04	2:33.97
300m:	7:03.06	2:24.60	1100m:	26:47.45	2:31.03	1900m:	47:21.67	2:35.61	2700m	1:07:47.20	2:33.16
400m:	9:26.17	2:23.11	1200m:	29:19.81	2:32.36	2000m:	49:59.32	2:37.65	2800m	1:10:21.37	2:34.17
500m:	11:52.45	2:26.28	1300m:	31:52.06	2:32.25	2100m:	52:33.30	2:33.98	2900m	1:12:55.12	2:33.75
600m:	14:18.03	2:25.58	1400m:	34:25.38	2:33.32	2200m:	55:05.48	2:32.18	3000m	1:15:29.76	2:34.64
700m:	16:46.51	2:28.48	1500m:	36:59.92	2:34.54	2300m:	57:37.14	2:31.66			
800m:	19:17.29	2:30.78	1600m:	39:34.59	2:34.67	2400m	1:00:07.81	2:30.67			



## Prueba 1, 3000m Libre

75+, Fem.

1.	MORAL RUBIO, Isabel <i>ESTABLECE RE</i>	42	C. Traviesas Nat.	1:29:06.76	34,00	RE
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100m:	2:33.93	2:33.93	900m:	25:52.36	3:00.07	1700m:	50:01.31	3:02.01	2500m:	1:14:18.95	3:00.15
200m:	5:20.93	2:47.00	1000m:	28:50.88	2:58.52	1800m:	53:06.20	3:04.89	2600m:	1:17:19.37	3:00.42
300m:	8:12.02	2:51.09	1100m:	31:48.52	2:57.64	1900m:	56:11.73	3:05.53	2700m:	1:20:18.09	2:58.72
400m:	11:06.48	2:54.46	1200m:	34:48.77	3:00.25	2000m:	59:15.63	3:03.90	2800m:	1:23:13.09	2:55.00
500m:	14:02.81	2:56.33	1300m:	37:51.31	3:02.54	2100m:	1:02:18.82	3:03.19	2900m:	1:26:09.70	2:56.61
600m:	16:58.62	2:55.81	1400m:	40:50.78	2:59.47	2200m:	1:05:20.63	3:01.81	3000m:	1:29:06.76	2:57.06
700m:	19:56.10	2:57.48	1500m:	43:56.47	3:05.69	2300m:	1:08:19.58	2:58.95			
800m:	22:52.29	2:56.19	1600m:	46:59.30	3:02.83	2400m:	1:11:18.80	2:59.22			

2 - Sábado, 27 de Abril de 2019

27/04/2019 - 9:30

Prueba 2  
27/04/2019

Fem., 1500m Libre

20 - 94 años  
Resultados

Clasificación

AN

Tiempo

20+

1. CARDONA BOJADÓS, Elena	95	Vila-Swim Fondistas Club Natación	<b>19:55.87</b>	19,00
100m: 1:13.47 1:13.47	500m: 6:29.20 1:19.74	900m: 11:52.05 1:21.41	1300m: 17:16.87 1:21.84	
200m: 2:31.19 1:17.72	600m: 7:49.11 1:19.91	1000m: 13:13.96 1:21.91	1400m: 18:37.94 1:21.07	
300m: 3:49.64 1:18.45	700m: 9:09.68 1:20.57	1100m: 14:34.91 1:20.95	1500m: 19:55.87 1:17.93	
400m: 5:09.46 1:19.82	800m: 10:30.64 1:20.96	1200m: 15:55.03 1:20.12		
2. OCHOA DE ERIBE MUSITU, Leire	97	C.N. Pamplona	<b>20:45.64</b>	16,00
100m: 1:11.90 1:11.90	500m: 6:41.96 1:24.70	900m: 12:22.88 1:25.90	1300m: 18:00.35 1:24.39	
200m: 2:32.28 1:20.38	600m: 8:07.18 1:25.22	1000m: 13:46.29 1:23.41	1400m: 19:23.62 1:23.27	
300m: 3:54.84 1:22.56	700m: 9:32.72 1:25.54	1100m: 15:11.21 1:24.92	1500m: 20:45.64 1:22.02	
400m: 5:17.26 1:22.42	800m: 10:56.98 1:24.26	1200m: 16:35.96 1:24.75		
3. MOLINA HERREROS, Ana	97	Vila-Swim Fondistas Club Natación	<b>20:55.98</b>	14,00
100m: 1:14.34 1:14.34	500m: 6:48.86 1:24.43	900m: 12:28.68 1:25.28	1300m: 18:08.76 1:25.05	
200m: 2:37.03 1:22.69	600m: 8:13.48 1:24.62	1000m: 13:53.29 1:24.61	1400m: 19:33.49 1:24.73	
300m: 4:00.45 1:23.42	700m: 9:38.40 1:24.92	1100m: 15:18.93 1:25.64	1500m: 20:55.98 1:22.49	
400m: 5:24.43 1:23.98	800m: 11:03.40 1:25.00	1200m: 16:43.71 1:24.78		
4. AMUNDARAIN BERISTAIN, Erika	97	C.D. Fortuna	<b>21:44.95</b>	13,00
100m: 1:24.19 1:24.19	500m: 7:14.43 1:27.14	900m: 13:03.29 1:27.78	1300m: 18:51.62 1:27.24	
200m: 2:52.03 1:27.84	600m: 8:41.54 1:27.11	1000m: 14:30.73 1:27.44	1400m: 20:17.62 1:26.00	
300m: 4:19.74 1:27.71	700m: 10:08.48 1:26.94	1100m: 15:57.90 1:27.17	1500m: 21:44.95 1:27.33	
400m: 5:47.29 1:27.55	800m: 11:35.51 1:27.03	1200m: 17:24.38 1:26.48		
5. DÍAZ MILLÁN, María Isabel	95	Natacion Sevilla Master, C.D.	<b>22:16.29</b>	12,00
100m: 1:16.07 1:16.07	500m: 7:10.82 1:31.35	900m: 13:14.01 1:30.27	1300m: 19:17.92 1:30.60	
200m: 2:39.98 1:23.91	600m: 8:41.18 1:30.36	1000m: 14:45.19 1:31.18	1400m: 20:47.92 1:30.00	
300m: 4:08.60 1:28.62	700m: 10:12.65 1:31.47	1100m: 16:15.66 1:30.47	1500m: 22:16.29 1:28.37	
400m: 5:39.47 1:30.87	800m: 11:43.74 1:31.09	1200m: 17:47.32 1:31.66		
6. RIQUELME OROZCO, Maria	95	C. Tenis Chamartin	<b>23:09.05</b>	11,00
100m: 1:24.11 1:24.11	500m: 7:31.85 1:32.74	900m: 13:44.82 1:33.96	1300m: 20:05.16 1:34.88	
200m: 2:55.17 1:31.06	600m: 9:04.58 1:32.73	1000m: 15:20.02 1:35.20	1400m: 21:38.62 1:33.46	
300m: 4:26.62 1:31.45	700m: 10:37.84 1:33.26	1100m: 16:54.97 1:34.95	1500m: 23:09.05 1:30.43	
400m: 5:59.11 1:32.49	800m: 12:10.86 1:33.02	1200m: 18:30.28 1:35.31		

DSQ ZARAUZA VILLA, Lucia

99 C.N. Monteverde

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25+

1. GONZALEZ MEGIA, Patricia	93	C.N. Monteverde	<b>19:48.40</b>	19,00
100m: 1:11.57 1:11.57	500m: 6:25.25 1:19.13	900m: 11:46.36 1:21.14	1300m: 17:11.16 1:21.44	
200m: 2:29.10 1:17.53	600m: 7:44.11 1:18.86	1000m: 13:07.71 1:21.35	1400m: 18:31.30 1:20.14	
300m: 3:47.44 1:18.34	700m: 9:04.15 1:20.04	1100m: 14:28.52 1:20.81	1500m: 19:48.40 1:17.10	
400m: 5:06.12 1:18.68	800m: 10:25.22 1:21.07	1200m: 15:49.72 1:21.20		
2. MANCERA REINA, Ana	94	Cn Master Torrijos	<b>21:13.33</b>	16,00
100m: 1:17.33 1:17.33	500m: 6:53.61 1:26.50	900m: 12:41.15 1:27.75	1300m: 18:24.13 1:22.64	
200m: 2:39.17 1:21.84	600m: 8:20.08 1:26.47	1000m: 14:09.99 1:28.84	1400m: 19:49.62 1:25.49	
300m: 4:02.62 1:23.45	700m: 9:49.12 1:29.04	1100m: 15:38.19 1:28.20	1500m: 21:13.33 1:23.71	
400m: 5:27.11 1:24.49	800m: 11:13.40 1:24.28	1200m: 17:01.49 1:23.30		

Splash Meet Manager, 11.58908

Registered to Real Federacion Española de Natacion

28/04/2019 15:05 - Página 34

Prueba 2, Fem., 1500m Libre, 25+

Clasificación	AN								Tiempo	
3. PALLARES PASTOR, Laura	93 C. Tenis Chamartin								<b>21:40.92</b>	14,00
100m:	1:22.18	1:22.18	500m:	7:14.40	1:27.87	900m:	13:04.67	1:25.86	1300m:	18:52.69 1:27.06
200m:	2:49.96	1:27.78	600m:	8:42.88	1:28.48	1000m:	14:31.22	1:26.55	1400m:	20:19.19 1:26.50
300m:	4:18.21	1:28.25	700m:	10:11.70	1:28.82	1100m:	15:58.46	1:27.24	1500m:	21:40.92 1:21.73
400m:	5:46.53	1:28.32	800m:	11:38.81	1:27.11	1200m:	17:25.63	1:27.17		
4. LEWIS, Lucy	90 C.N. Master Madrid								<b>23:47.10</b>	13,00
100m:	1:29.77	1:29.77	500m:	7:54.13	1:36.24	900m:	14:16.94	1:34.73	1300m:	20:39.57 1:35.38
200m:	3:05.45	1:35.68	600m:	9:30.71	1:36.58	1000m:	15:52.82	1:35.88	1400m:	22:15.58 1:36.01
300m:	4:41.90	1:36.45	700m:	11:06.60	1:35.89	1100m:	17:28.63	1:35.81	1500m:	23:47.10 1:31.52
400m:	6:17.89	1:35.99	800m:	12:42.21	1:35.61	1200m:	19:04.19	1:35.56		
5. DEL VALLE FERNANDEZ-TORIIJA, Pau	94 C.N. Monteverde								<b>24:02.99</b>	12,00
100m:	1:29.91	1:29.91	500m:	8:01.69	1:38.07	900m:	14:30.16	1:36.59	1300m:	20:54.29 1:38.00
200m:	3:07.49	1:37.58	600m:	9:39.26	1:37.57	1000m:	16:05.06	1:34.90	1400m:	22:30.09 1:35.80
300m:	4:45.33	1:37.84	700m:	11:16.85	1:37.59	1100m:	17:39.89	1:34.83	1500m:	24:02.99 1:32.90
400m:	6:23.62	1:38.29	800m:	12:53.57	1:36.72	1200m:	19:16.29	1:36.40		
6. SANCHEZ MARTINEZ, Ana	91 C.N. Master Murcia								<b>24:17.57</b>	11,00
100m:	1:28.73	1:28.73	500m:	7:57.47	1:38.07	900m:	14:29.19	1:37.96	1300m:	21:03.90 1:39.05
200m:	3:04.50	1:35.77	600m:	9:36.09	1:38.62	1000m:	16:07.02	1:37.83	1400m:	22:43.12 1:39.22
300m:	4:41.55	1:37.05	700m:	11:13.71	1:37.62	1100m:	17:45.84	1:38.82	1500m:	24:17.57 1:34.45
400m:	6:19.40	1:37.85	800m:	12:51.23	1:37.52	1200m:	19:24.85	1:39.01		
7. CARRANZA MARTIN, Paula	90 C.D. Tizona Burgos								<b>24:29.42</b>	10,00
100m:	1:24.56	1:24.56	500m:	7:53.92	1:39.40	900m:	14:32.20	1:40.76	1300m:	21:11.13 1:39.78
200m:	2:59.47	1:34.91	600m:	9:33.45	1:39.53	1000m:	16:12.33	1:40.13	1400m:	22:50.19 1:39.06
300m:	4:37.31	1:37.84	700m:	11:12.26	1:38.81	1100m:	17:51.53	1:39.20	1500m:	24:29.42 1:39.23
400m:	6:14.52	1:37.21	800m:	12:51.44	1:39.18	1200m:	19:31.35	1:39.82		
8. SANCHEZ OLABE, Itziar	92 C.N. Master Madrid								<b>26:02.33</b>	9,00
100m:	1:33.50	1:33.50	500m:	8:37.40	1:45.79	900m:	15:41.24	1:45.99	1300m:	22:40.59 1:43.64
200m:	3:17.80	1:44.30	600m:	10:22.66	1:45.26	1000m:	17:26.42	1:45.18	1400m:	24:23.72 1:43.13
300m:	5:04.08	1:46.28	700m:	12:08.78	1:46.12	1100m:	19:12.09	1:45.67	1500m:	26:02.33 1:38.61
400m:	6:51.61	1:47.53	800m:	13:55.25	1:46.47	1200m:	20:56.95	1:44.86		
9. NUBLA MORENO, Virginia	93 Club Natación Urederra								<b>29:19.21</b>	8,00
100m:	1:42.47	1:42.47	500m:	9:29.14	1:58.00	900m:	17:24.25	1:59.29	1300m:	25:23.06 2:01.86
200m:	3:37.47	1:55.00	600m:	11:26.64	1:57.50	1000m:	19:22.65	1:58.40	1400m:	27:23.02 1:59.96
300m:	5:34.48	1:57.01	700m:	13:25.56	1:58.92	1100m:	21:22.33	1:59.68	1500m:	29:19.21 1:56.19
400m:	7:31.14	1:56.66	800m:	15:24.96	1:59.40	1200m:	23:21.20	1:58.87		
30+										
1. VILES HORNILLOS, Alazne	86 C.N. Santurtzi								<b>20:20.16</b>	19,00
100m:	1:15.05	1:15.05	500m:	6:42.30	1:21.85	900m:	12:12.21	1:23.13	1300m:	17:40.52 1:21.63
200m:	2:36.10	1:21.05	600m:	8:04.41	1:22.11	1000m:	13:34.79	1:22.58	1400m:	19:00.68 1:20.16
300m:	3:58.13	1:22.03	700m:	9:26.80	1:22.39	1100m:	14:56.92	1:22.13	1500m:	20:20.16 1:19.48
400m:	5:20.45	1:22.32	800m:	10:49.08	1:22.28	1200m:	16:18.89	1:21.97		
2. DE LA ROCHA CASTRILLO, Alba	88 C.N. Prat Llobregat								<b>20:22.41</b>	16,00
100m:	1:14.26	1:14.26	500m:	6:38.43	1:22.30	900m:	12:08.14	1:22.57	1300m:	17:39.25 1:22.75
200m:	2:34.22	1:19.96	600m:	8:00.25	1:21.82	1000m:	13:36.08	1:27.94	1400m:	19:01.83 1:22.58
300m:	3:54.86	1:20.64	700m:	9:22.65	1:22.40	1100m:	14:53.63	1:17.55	1500m:	20:22.41 1:20.58
400m:	5:16.13	1:21.27	800m:	10:45.57	1:22.92	1200m:	16:16.50	1:22.87		

Prueba 2, Fem., 1500m Libre, 30+

Clasificación	AN		Tiempo	
3. SAMANIEGO CAMARASA, Irati	86	Kairoscore	<b>20:42.38</b>	14,00
100m: 1:18.95 1:18.95 500m: 6:54.43 1:23.15 900m: 12:28.38 1:23.55 1300m: 18:01.91 1:23.43				
200m: 2:42.48 1:23.53 600m: 8:17.68 1:23.25 1000m: 13:51.51 1:23.13 1400m: 19:24.47 1:22.56				
300m: 4:06.75 1:24.27 700m: 9:40.98 1:23.30 1100m: 15:14.73 1:23.22 1500m: 20:42.38 1:17.91				
400m: 5:31.28 1:24.53 800m: 11:04.83 1:23.85 1200m: 16:38.48 1:23.75				
4. FERNANDEZ PEREZ, Sara	87	C.D. Tizona Burgos	<b>21:08.60</b>	13,00
100m: 1:16.09 1:16.09 500m: 6:59.08 1:26.89 900m: 12:41.69 1:25.07 1300m: 18:20.45 1:23.06				
200m: 2:40.22 1:24.13 600m: 8:25.38 1:26.30 1000m: 14:06.51 1:24.82 1400m: 19:46.17 1:25.72				
300m: 4:05.67 1:25.45 700m: 9:51.03 1:25.65 1100m: 15:32.51 1:26.00 1500m: 21:08.60 1:22.43				
400m: 5:32.19 1:26.52 800m: 11:16.62 1:25.59 1200m: 16:57.39 1:24.88				
5. SERRANO SANCHEZ, Maria Paz	87	C.N. Master Naturalswim Petrer	<b>22:13.13</b>	12,00
100m: 1:22.65 1:22.65 500m: 7:21.90 1:30.24 900m: 13:23.87 1:30.37 1300m: 19:18.18 1:28.42				
200m: 2:51.79 1:29.14 600m: 8:52.82 1:30.92 1000m: 14:51.77 1:27.90 1400m: 20:46.53 1:28.35				
300m: 4:21.61 1:29.82 700m: 10:23.22 1:30.40 1100m: 16:20.73 1:28.96 1500m: 22:13.13 1:26.60				
400m: 5:51.66 1:30.05 800m: 11:53.50 1:30.28 1200m: 17:49.76 1:29.03				
6. GARCIA CERVANTES, Laura	89	C. Tennis Chamartin	<b>22:44.68</b>	11,00
100m: 1:20.67 1:20.67 500m: 7:20.26 1:31.30 900m: 13:31.91 1:33.71 1300m: 19:46.01 1:32.11				
200m: 2:49.46 1:28.79 600m: 8:51.76 1:31.50 1000m: 15:05.02 1:33.11 1400m: 21:15.78 1:29.77				
300m: 4:19.60 1:30.14 700m: 10:24.73 1:32.97 1100m: 16:38.95 1:33.93 1500m: 22:44.68 1:28.90				
400m: 5:48.96 1:29.36 800m: 11:58.20 1:33.47 1200m: 18:13.90 1:34.95				
7. ALVES RAMALHO, Sara Maria	85	C.N. Master Madrid	<b>23:07.05</b>	10,00
100m: 1:20.32 1:20.32 500m: 7:22.08 1:32.49 900m: 13:41.64 1:34.79 1300m: 20:01.19 1:35.06				
200m: 2:48.05 1:27.73 600m: 8:57.00 1:34.92 1000m: 15:15.92 1:34.28 1400m: 21:35.51 1:34.32				
300m: 4:17.74 1:29.69 700m: 10:31.75 1:34.75 1100m: 16:51.30 1:35.38 1500m: 23:07.05 1:31.54				
400m: 5:49.59 1:31.85 800m: 12:06.85 1:35.10 1200m: 18:26.13 1:34.83				
8. ARAHUETES HIDALGO, Ana	85	C.N. Master Murcia	<b>23:24.51</b>	9,00
100m: 1:26.77 1:26.77 500m: 7:43.64 1:34.21 900m: 14:00.17 1:33.88 1300m: 20:17.58 1:34.81				
200m: 3:00.19 1:33.42 600m: 9:17.66 1:34.02 1000m: 15:34.57 1:34.40 1400m: 21:52.69 1:35.11				
300m: 4:34.30 1:34.11 700m: 10:52.12 1:34.46 1100m: 17:08.39 1:33.82 1500m: 23:24.51 1:31.82				
400m: 6:09.43 1:35.13 800m: 12:26.29 1:34.17 1200m: 18:42.77 1:34.38				
9. PINO HERNÁNDEZ, Carmen	85	C.N. Monteverde	<b>24:03.92</b>	8,00
100m: 1:31.49 1:31.49 500m: 8:02.56 1:37.12 900m: 14:30.34 1:36.85 1300m: 20:55.75 1:36.49				
200m: 3:08.95 1:37.46 600m: 9:40.03 1:37.47 1000m: 16:06.58 1:36.24 1400m: 22:31.01 1:35.26				
300m: 4:47.82 1:38.87 700m: 11:15.93 1:35.90 1100m: 17:43.01 1:36.43 1500m: 24:03.92 1:32.91				
400m: 6:25.44 1:37.62 800m: 12:53.49 1:37.56 1200m: 19:19.26 1:36.25				
10. DIAZ, Paola Soledad	88	C.N. Ovimaster	<b>28:29.85</b>	7,00
100m: 1:47.99 1:47.99 500m: 9:28.81 1:54.76 900m: 17:04.81 1:53.89 1300m: 24:42.58 1:56.36				
200m: 3:42.14 1:54.15 600m: 11:22.86 1:54.05 1000m: 18:58.31 1:53.50 1400m: 26:37.50 1:54.92				
300m: 5:38.13 1:55.99 700m: 13:18.48 1:55.62 1100m: 20:52.74 1:54.43 1500m: 28:29.85 1:52.35				
400m: 7:34.05 1:55.92 800m: 15:10.92 1:52.44 1200m: 22:46.22 1:53.48				
11. MENENDEZ GRANDA, Maria	86	C.N. Ovimaster	<b>31:09.40</b>	6,00
100m: 1:51.32 1:51.32 500m: 10:13.19 2:06.47 900m: 18:37.34 2:05.78 1300m: 27:08.81 2:07.28				
200m: 3:55.21 2:03.89 600m: 12:19.65 2:06.46 1000m: 20:44.85 2:07.51 1400m: 29:14.24 2:05.43				
300m: 6:01.18 2:05.97 700m: 14:26.09 2:06.44 1100m: 22:53.03 2:08.18 1500m: 31:09.40 1:55.16				
400m: 8:06.72 2:05.54 800m: 16:31.56 2:05.47 1200m: 25:01.53 2:08.50				
Baja VILANOVA GONZALEZ, Paula	85	Cn Master Torrijos	-	-



Prueba 2, Fem., 1500m Libre

35+

1.	DE MIGUEL GONZALEZ, Carolina	83	Vila-Swim Fondistas Club Natación	<b>20:22.53</b>	19,00
	100m: 1:17.89 1:17.89	500m: 6:41.13 1:20.61	900m: 12:07.47 1:21.59	1300m: 17:35.99 1:22.81	
	200m: 2:39.11 1:21.22	600m: 8:02.21 1:21.08	1000m: 13:29.23 1:21.76	1400m: 18:59.34 1:23.35	
	300m: 4:00.08 1:20.97	700m: 9:23.98 1:21.77	1100m: 14:50.56 1:21.33	1500m: 20:22.53 1:23.19	
	400m: 5:20.52 1:20.44	800m: 10:45.88 1:21.90	1200m: 16:13.18 1:22.62		
2.	MARTINEZ CASTELLANO, Saioa	84	C.N. Pamplona	<b>21:18.51</b>	16,00
	100m: 1:18.50 1:18.50	500m: 6:56.87 1:25.41	900m: 12:39.24 1:26.17	1300m: 18:26.94 1:26.63	
	200m: 2:41.96 1:23.46	600m: 8:22.35 1:25.48	1000m: 14:05.99 1:26.75	1400m: 19:54.02 1:27.08	
	300m: 4:06.80 1:24.84	700m: 9:47.92 1:25.57	1100m: 15:33.18 1:27.19	1500m: 21:18.51 1:24.49	
	400m: 5:31.46 1:24.66	800m: 11:13.07 1:25.15	1200m: 17:00.31 1:27.13		
3.	BARBEITO DOMINGUEZ, Marta	84	C. Tenis Chamartin	<b>21:23.87</b>	14,00
	100m: 1:16.30 1:16.30	500m: 6:55.33 1:26.24	900m: 12:42.11 1:27.27	1300m: 18:29.02 1:27.12	
	200m: 2:39.92 1:23.62	600m: 8:21.82 1:26.49	1000m: 14:08.12 1:26.01	1400m: 19:56.89 1:27.87	
	300m: 4:04.21 1:24.29	700m: 9:48.58 1:26.76	1100m: 15:34.93 1:26.81	1500m: 21:23.87 1:26.98	
	400m: 5:29.09 1:24.88	800m: 11:14.84 1:26.26	1200m: 17:01.90 1:26.97		
4.	MORIANA MARTIN, Fatima	82	C. Tenerife Masters	<b>21:30.79</b>	13,00
	100m: 1:18.00 1:18.00	500m: 7:02.37 1:26.54	900m: 12:49.83 1:27.48	1300m: 18:39.72 1:27.27	
	200m: 2:42.74 1:24.74	600m: 8:28.55 1:26.18	1000m: 14:17.60 1:27.77	1400m: 20:06.21 1:26.49	
	300m: 4:09.19 1:26.45	700m: 9:55.52 1:26.97	1100m: 15:45.00 1:27.40	1500m: 21:30.79 1:24.58	
	400m: 5:35.83 1:26.64	800m: 11:22.35 1:26.83	1200m: 17:12.45 1:27.45		
5.	MARTINEZ FERRI, Marina	82	C.N. Master Madrid	<b>22:19.25</b>	12,00
	100m: 1:22.55 1:22.55	500m: 7:19.90 1:29.89	900m: 13:19.63 1:30.31	1300m: 19:20.62 1:30.13	
	200m: 2:51.06 1:28.51	600m: 8:49.85 1:29.95	1000m: 14:50.08 1:30.45	1400m: 20:51.75 1:31.13	
	300m: 4:20.13 1:29.07	700m: 10:19.76 1:29.91	1100m: 16:20.37 1:30.29	1500m: 22:19.25 1:27.50	
	400m: 5:50.01 1:29.88	800m: 11:49.32 1:29.56	1200m: 17:50.49 1:30.12		
6.	CASTRO CAMARERO, Raquel	84	C.N. Master Madrid	<b>22:27.70</b>	11,00
	100m: 1:22.08 1:22.08	500m: 8:58.29 1:32.52	900m: 15:01.33 1:30.71	1300m: 21:01.86 1:29.35	
	200m: 2:52.90 1:30.82	600m: 10:29.44 1:31.15	1000m: 16:31.70 1:30.37	1400m: 22:27.70 1:25.84	
	300m: 4:23.70 1:30.80	700m: 11:59.34 1:29.90	1100m: 18:02.12 1:30.42		
	400m: 5:50.01 1:29.88	800m: 13:30.62 1:31.28	1200m: 19:32.51 1:30.39		
7.	PASCUAL LOPEZ, Celia	84	C.N. Master Madrid	<b>23:43.09</b>	10,00
	100m: 1:29.11 1:29.11	500m: 7:52.74 1:35.46	900m: 14:14.70 1:35.74	1300m: 20:36.18 1:35.27	
	200m: 3:05.41 1:36.30	600m: 9:28.66 1:35.92	1000m: 15:51.08 1:36.38	1400m: 22:11.02 1:34.84	
	300m: 4:42.02 1:36.61	700m: 11:03.47 1:34.81	1100m: 17:25.77 1:34.69	1500m: 23:43.09 1:32.07	
	400m: 6:17.28 1:35.26	800m: 12:38.96 1:35.49	1200m: 19:00.91 1:35.14		
8.	CONSUEGRA ESTEBAN, Nuria	80	C.N. Master Madrid	<b>23:51.18</b>	9,00
	100m: 1:26.69 1:26.69	500m: 7:48.05 1:35.72	900m: 14:12.27 1:35.90	1300m: 20:39.18 1:36.65	
	200m: 3:01.55 1:34.86	600m: 9:24.17 1:36.12	1000m: 15:48.11 1:35.84	1400m: 22:14.49 1:35.31	
	300m: 4:37.67 1:36.12	700m: 11:00.16 1:35.99	1100m: 17:24.62 1:36.51	1500m: 23:51.18 1:36.69	
	400m: 6:12.33 1:34.66	800m: 12:36.37 1:36.21	1200m: 19:02.53 1:37.91		
9.	RUBIO GOMEZ, Diana	82	C.N. Camargo	<b>24:34.97</b>	8,00
	100m: 1:27.27 1:27.27	500m: 8:09.01 1:40.93	900m: 14:49.05 1:40.81	1300m: 21:24.83 1:38.69	
	200m: 3:05.13 1:37.86	600m: 9:48.97 1:39.96	1000m: 16:29.09 1:40.04	1400m: 23:03.23 1:38.40	
	300m: 4:45.63 1:40.50	700m: 11:28.28 1:39.31	1100m: 18:08.58 1:39.49	1500m: 24:34.97 1:31.74	
	400m: 6:28.08 1:42.45	800m: 13:08.24 1:39.96	1200m: 19:46.14 1:37.56		
10.	RUIZ VALDEPEÑAS, Cristina	81	Cn Master Torrijos	<b>25:07.62</b>	7,00
	100m: 1:30.47 1:30.47	500m: 8:10.74 1:40.87	900m: 14:56.99 1:42.15	1300m: 21:44.61 1:42.40	
	200m: 3:08.62 1:38.15	600m: 9:52.39 1:41.65	1000m: 16:38.79 1:41.80	1400m: 23:26.20 1:41.59	
	300m: 4:49.60 1:40.98	700m: 11:33.43 1:41.04	1100m: 18:20.75 1:41.96	1500m: 25:07.62 1:41.42	
	400m: 6:29.87 1:40.27	800m: 13:14.84 1:41.41	1200m: 20:02.21 1:41.46		

Prueba 2, Fem., 1500m Libre, 35+

Clasificación	AN								Tiempo	
11. TARANCON ROMERO, Alicia	81	C.N. Master Madrid								<b>29:26.08</b> 6,00
100m:	1:53.51	1:53.51	500m:	9:49.92	1:59.87	900m:	17:45.60	1:59.21	1300m:	25:38.44 1:57.53
200m:	3:51.60	1:58.09	600m:	11:49.00	1:59.08	1000m:	19:44.10	1:58.50	1400m:	27:35.09 1:56.65
300m:	5:50.71	1:59.11	700m:	13:47.14	1:58.14	1100m:	21:43.02	1:58.92	1500m:	29:26.08 1:50.99
400m:	7:50.05	1:59.34	800m:	15:46.39	1:59.25	1200m:	23:40.91	1:57.89		

40+

1. SANTOS ARRIAGA, Rebeca	77	Cn Master Torrijos								<b>18:09.08</b> 19,00
100m:	1:09.01	1:09.01	500m:	6:02.85	1:13.29	900m:	10:55.16	1:13.14	1300m:	15:45.59 1:12.78
200m:	2:22.57	1:13.56	600m:	7:16.07	1:13.22	1000m:	12:07.72	1:12.56	1400m:	16:58.19 1:12.60
300m:	3:36.19	1:13.62	700m:	8:29.03	1:12.96	1100m:	13:20.39	1:12.67	1500m:	18:09.08 1:10.89
400m:	4:49.56	1:13.37	800m:	9:42.02	1:12.99	1200m:	14:32.81	1:12.42		
2. VEGA VALENCIA, Ana	76	Kairoscore								<b>19:41.13</b> 16,00
100m:	1:13.40	1:13.40	500m:	6:26.62	1:18.29	900m:	11:45.45	1:19.87	1300m:	17:05.13 1:20.12
200m:	2:31.57	1:18.17	600m:	7:45.77	1:19.15	1000m:	13:05.26	1:19.81	1400m:	18:24.68 1:19.55
300m:	3:49.77	1:18.20	700m:	9:05.51	1:19.74	1100m:	14:25.35	1:20.09	1500m:	19:41.13 1:16.45
400m:	5:08.33	1:18.56	800m:	10:25.58	1:20.07	1200m:	15:45.01	1:19.66		
3. PEREZ MAYORGAS, Estibaliz	75	R.C. Mediterraneo								<b>20:34.84</b> 14,00
100m:	1:16.25	1:16.25	500m:	6:46.95	1:22.91	900m:	12:18.28	1:22.18	1300m:	17:50.66 1:23.53
200m:	2:38.57	1:22.32	600m:	8:09.73	1:22.78	1000m:	13:41.17	1:22.89	1400m:	19:13.82 1:23.16
300m:	4:01.34	1:22.77	700m:	9:33.15	1:23.42	1100m:	15:04.26	1:23.09	1500m:	20:34.84 1:21.02
400m:	5:24.04	1:22.70	800m:	10:56.10	1:22.95	1200m:	16:27.13	1:22.87		
4. DE MIGUEL SANCHEZ, Ana Isabel	76	C.N. Master Madrid								<b>22:44.54</b> 13,00
100m:	1:21.52	1:21.52	500m:	7:23.98	1:31.49	900m:	13:31.92	1:31.37	1300m:	19:41.64 1:32.04
200m:	2:51.27	1:29.75	600m:	8:56.09	1:32.11	1000m:	15:04.66	1:32.74	1400m:	21:13.35 1:31.71
300m:	4:21.69	1:30.42	700m:	10:28.70	1:32.61	1100m:	16:37.24	1:32.58	1500m:	22:44.54 1:31.19
400m:	5:52.49	1:30.80	800m:	12:00.55	1:31.85	1200m:	18:09.60	1:32.36		
5. GUTIERREZ GARCIA, Noelia	78	Club Velociraptor								<b>23:28.76</b> 12,00
100m:	1:28.20	1:28.20	500m:	7:50.35	1:35.28	900m:	14:06.85	1:33.57	1300m:	20:22.65 1:34.23
200m:	3:03.30	1:35.10	600m:	9:24.79	1:34.44	1000m:	15:40.91	1:34.06	1400m:	21:57.26 1:34.61
300m:	4:39.28	1:35.98	700m:	10:59.40	1:34.61	1100m:	17:14.39	1:33.48	1500m:	23:28.76 1:31.50
400m:	6:15.07	1:35.79	800m:	12:33.28	1:33.88	1200m:	18:48.42	1:34.03		
6. MARTINEZ CASTELLANO, Leire	78	C.N. Pamplona								<b>26:25.05</b> 11,00
100m:	1:36.78	1:36.78	500m:	8:39.86	1:46.87	900m:	15:50.64	1:48.30	1300m:	22:56.83 1:45.95
200m:	3:20.55	1:43.77	600m:	10:26.03	1:46.17	1000m:	17:38.44	1:47.80	1400m:	24:42.38 1:45.55
300m:	5:06.76	1:46.21	700m:	12:13.90	1:47.87	1100m:	19:24.63	1:46.19	1500m:	26:25.05 1:42.67
400m:	6:52.99	1:46.23	800m:	14:02.34	1:48.44	1200m:	21:10.88	1:46.25		
7. ISIDRO RODRIGO, Yesica	78	C.N. Master Madrid								<b>31:47.90</b> 10,00
100m:	1:59.74	1:59.74	500m:	10:27.96	2:07.97	900m:	18:54.76	2:07.57	1300m:	27:29.35 2:09.36
200m:	4:06.84	2:07.10	600m:	12:34.60	2:06.64	1000m:	21:02.55	2:07.79	1400m:	29:39.32 2:09.97
300m:	6:14.25	2:07.41	700m:	14:40.13	2:05.53	1100m:	23:09.08	2:06.53	1500m:	31:47.90 2:08.58
400m:	8:19.99	2:05.74	800m:	16:47.19	2:07.06	1200m:	25:19.99	2:10.91		

Prueba 2, Fem., 1500m Libre

45+

1.	MARCHANTE LUJAN, Yolanda	73	Vila-Swim Fondistas Club Natación	<b>22:10.69</b>	19,00
	100m: 1:20.54 1:20.54	500m: 7:14.54 1:29.56	900m: 13:13.98 1:30.26	1300m: 19:13.63 1:29.32	
	200m: 2:47.74 1:27.20	600m: 8:43.94 1:29.40	1000m: 14:44.27 1:30.29	1400m: 20:42.85 1:29.22	
	300m: 4:16.19 1:28.45	700m: 10:13.77 1:29.83	1100m: 16:14.47 1:30.20	1500m: 22:10.69 1:27.84	
	400m: 5:44.98 1:28.79	800m: 11:43.72 1:29.95	1200m: 17:44.31 1:29.84		
2.	GARCIA ALVAREZ, Maria Jose	71	Club Benavente Natacion	<b>22:21.89</b>	16,00
	100m: 1:26.61 1:26.61	500m: 7:30.57 1:30.67	900m: 13:28.81 1:29.34	1300m: 19:25.46 1:29.97	
	200m: 2:57.03 1:30.42	600m: 9:00.77 1:30.20	1000m: 14:57.65 1:28.84	1400m: 20:54.96 1:29.50	
	300m: 4:28.70 1:31.67	700m: 10:30.42 1:29.65	1100m: 16:26.26 1:28.61	1500m: 22:21.89 1:26.93	
	400m: 5:59.90 1:31.20	800m: 11:59.47 1:29.05	1200m: 17:55.49 1:29.23		
3.	TAPIA ROMAN, Eva	74	C.N. Catalunya	<b>22:30.46</b>	14,00
	100m: 1:22.08 1:22.08	500m: 7:25.12 1:30.76	900m: 13:28.18 1:30.41	1300m: 19:31.58 1:31.18	
	200m: 2:52.61 1:30.53	600m: 8:55.56 1:30.44	1000m: 14:58.96 1:30.78	1400m: 21:02.77 1:31.19	
	300m: 4:23.62 1:31.01	700m: 10:26.50 1:30.94	1100m: 16:29.29 1:30.33	1500m: 22:30.46 1:27.69	
	400m: 5:54.36 1:30.74	800m: 11:57.77 1:31.27	1200m: 18:00.40 1:31.11		
4.	SANCHEZ BENDALA, Ana	71	Natacion Sevilla Master, C.D.	<b>22:49.39</b>	13,00
	100m: 1:23.94 1:23.94	500m: 7:29.62 1:32.14	900m: 13:36.20 1:31.76	1300m: 19:46.72 1:33.07	
	200m: 2:53.88 1:29.94	600m: 9:01.38 1:31.76	1000m: 15:08.57 1:32.37	1400m: 21:20.04 1:33.32	
	300m: 4:25.65 1:31.77	700m: 10:32.96 1:31.58	1100m: 16:41.31 1:32.74	1500m: 22:49.39 1:29.35	
	400m: 5:57.48 1:31.83	800m: 12:04.44 1:31.48	1200m: 18:13.65 1:32.34		
5.	ZABALLA DEL PASO, Virginia	72	Sopela Igeriketa Swim	<b>24:03.30</b>	12,00
	100m: 1:31.65 1:31.65	500m: 7:59.85 1:37.26	900m: 14:28.19 1:37.14	1300m: 20:55.36 1:37.15	
	200m: 3:08.42 1:36.77	600m: 9:36.42 1:36.57	1000m: 16:05.31 1:37.12	1400m: 22:32.12 1:36.76	
	300m: 4:45.62 1:37.20	700m: 11:13.61 1:37.19	1100m: 17:41.37 1:36.06	1500m: 24:03.30 1:31.18	
	400m: 6:22.59 1:36.97	800m: 12:51.05 1:37.44	1200m: 19:18.21 1:36.84		
6.	ESCANERO MAICAS, Begoña	73	C.D. Jerez Natacion Master	<b>24:44.18</b>	11,00
	100m: 1:27.34 1:27.34	500m: 8:02.15 1:40.16	900m: 14:42.86 1:40.33	1300m: 21:25.51 1:40.80	
	200m: 3:03.47 1:36.13	600m: 9:41.75 1:39.60	1000m: 16:23.62 1:40.76	1400m: 23:05.87 1:40.36	
	300m: 4:41.96 1:38.49	700m: 11:22.05 1:40.30	1100m: 18:04.12 1:40.50	1500m: 24:44.18 1:38.31	
	400m: 6:21.99 1:40.03	800m: 13:02.53 1:40.48	1200m: 19:44.71 1:40.59		
7.	RUIZ DE LARRAMENDI FERNANDEZ, I71	Club Natación Urederra	<b>24:50.44</b>	10,00	
	100m: 1:31.01 1:31.01	500m: 8:10.51 1:40.17	900m: 14:55.60 1:39.61	1300m: 21:35.32 1:40.21	
	200m: 3:09.83 1:38.82	600m: 9:52.24 1:41.73	1000m: 16:34.93 1:39.33	1400m: 23:16.27 1:40.95	
	300m: 4:49.63 1:39.80	700m: 11:34.09 1:41.85	1100m: 18:15.06 1:40.13	1500m: 24:50.44 1:34.17	
	400m: 6:30.34 1:40.71	800m: 13:15.99 1:41.90	1200m: 19:55.11 1:40.05		
8.	LOPEZ FERNANDEZ, Maria Lorena	73	C.N. Villa De Torre Pacheco	<b>29:11.61</b>	9,00
	100m: 1:48.51 1:48.51	500m: 9:40.66 1:57.79	900m: 17:31.03 1:56.69	1300m: 25:20.40 1:58.66	
	200m: 3:44.13 1:55.62	600m: 11:37.64 1:56.98	1000m: 19:27.81 1:56.78	1400m: 27:19.56 1:59.16	
	300m: 5:43.28 1:59.15	700m: 13:35.52 1:57.88	1100m: 21:24.69 1:56.88	1500m: 29:11.61 1:52.05	
	400m: 7:42.87 1:59.59	800m: 15:34.34 1:58.82	1200m: 23:21.74 1:57.05		
NP	GONZALEZ ALBUJAR, Maria Rosa	70	C.N. Metropole	-	

Prueba 2, Fem., 1500m Libre

50+

1.	GARCIA COLOMO, Maite	65	C.N. Pabellon Ourense	<b>20:07.46</b>	34,00	RE
	100m: 1:13.69 1:13.69	500m: 6:36.08 1:21.34	900m: 12:00.19 1:21.52	1300m: 17:26.60 1:21.46		
	200m: 2:33.49 1:19.80	600m: 7:56.70 1:20.62	1000m: 13:21.93 1:21.74	1400m: 18:48.76 1:22.16		
	300m: 3:53.70 1:20.21	700m: 9:17.57 1:20.87	1100m: 14:43.32 1:21.39	1500m: 20:07.46 1:18.70		
	400m: 5:14.74 1:21.04	800m: 10:38.67 1:21.10	1200m: 16:05.14 1:21.82			
2.	GRILO, Ana Paula	69	Núcleo Desportivo e Cultural de Odemir	<b>21:25.58</b>	16,00	
	100m: 1:23.93 1:23.93	500m: 7:11.28 1:26.30	900m: 12:53.59 1:24.93	1300m: 18:37.42 1:25.79		
	200m: 2:51.67 1:27.74	600m: 8:37.28 1:26.00	1000m: 14:18.90 1:25.31	1400m: 20:03.22 1:25.80		
	300m: 4:18.76 1:27.09	700m: 10:02.83 1:25.55	1100m: 15:45.61 1:26.71	1500m: 21:25.58 1:22.36		
	400m: 5:44.98 1:26.22	800m: 11:28.66 1:25.83	1200m: 17:11.63 1:26.02			
3.	TEIXIDOR LEGOUX, Aurelia	68	G.E. I E.G.	<b>22:10.46</b>	14,00	
	100m: 1:21.75 1:21.75	500m: 7:15.20 1:28.19	900m: 13:11.30 1:29.52	1300m: 19:11.33 1:29.95		
	200m: 2:49.82 1:28.07	600m: 8:43.76 1:28.56	1000m: 14:41.95 1:30.65	1400m: 20:41.11 1:29.78		
	300m: 4:18.55 1:28.73	700m: 10:12.68 1:28.92	1100m: 16:11.59 1:29.64	1500m: 22:10.46 1:29.35		
	400m: 5:47.01 1:28.46	800m: 11:41.78 1:29.10	1200m: 17:41.38 1:29.79			
4.	LLORENS BAGUR, Margarita	68	C.N. Jamma	<b>22:50.53</b>	13,00	
	100m: 1:26.33 1:26.33	500m: 7:29.42 1:32.48	900m: 13:37.37 1:31.81	1300m: 19:46.43 1:32.16		
	200m: 2:55.59 1:29.26	600m: 9:01.02 1:31.60	1000m: 15:09.11 1:31.74	1400m: 21:19.82 1:33.39		
	300m: 4:25.90 1:30.31	700m: 10:32.81 1:31.79	1100m: 16:41.66 1:32.55	1500m: 22:50.53 1:30.71		
	400m: 5:56.94 1:31.04	800m: 12:05.56 1:32.75	1200m: 18:14.27 1:32.61			
5.	DEL RIO REDONDO, Emma	69	Real Canoe N.C.	<b>24:18.51</b>	12,00	
	100m: 1:27.73 1:27.73	500m: 7:55.79 1:38.05	900m: 14:26.66 1:39.34	1300m: 21:03.54 1:39.49		
	200m: 3:02.48 1:34.75	600m: 9:33.43 1:37.64	1000m: 16:05.98 1:39.32	1400m: 22:42.92 1:39.38		
	300m: 4:40.15 1:37.67	700m: 11:09.74 1:36.31	1100m: 17:44.90 1:38.92	1500m: 24:18.51 1:35.59		
	400m: 6:17.74 1:37.59	800m: 12:47.32 1:37.58	1200m: 19:24.05 1:39.15			
6.	MURPHY, Nicola	69	C.N. Villa De Torre Pacheco	<b>25:29.44</b>	11,00	
	100m: 1:34.06 1:34.06	500m: 8:20.32 1:42.19	900m: 15:11.99 1:44.13	1300m: 22:07.90 1:44.00		
	200m: 3:14.84 1:40.78	600m: 10:02.51 1:42.19	1000m: 16:55.16 1:43.17	1400m: 23:51.70 1:43.80		
	300m: 4:56.46 1:41.62	700m: 11:44.64 1:42.13	1100m: 18:39.55 1:44.39	1500m: 25:29.44 1:37.74		
	400m: 6:38.13 1:41.67	800m: 13:27.86 1:43.22	1200m: 20:23.90 1:44.35			
7.	UBIETA ORTIZ, Maria Jose	68	Sopela Igeriketa Swim	<b>26:43.24</b>	10,00	
	100m: 1:40.94 1:40.94	500m: 8:53.29 1:47.39	900m: 16:02.68 1:48.30	1300m: 23:11.74 1:48.03		
	200m: 3:28.61 1:47.67	600m: 10:40.53 1:47.24	1000m: 17:49.65 1:46.97	1400m: 24:58.00 1:46.26		
	300m: 5:17.00 1:48.39	700m: 12:27.23 1:46.70	1100m: 19:36.58 1:46.93	1500m: 26:43.24 1:45.24		
	400m: 7:05.90 1:48.90	800m: 14:14.38 1:47.15	1200m: 21:23.71 1:47.13			
8.	CASARES PERALES, Araceli	67	C.N. Monteverde	<b>29:07.80</b>	9,00	
	100m: 1:43.22 1:43.22	500m: 9:28.04 1:55.74	900m: 17:22.28 1:57.23	1300m: 25:16.07 2:00.55		
	200m: 3:37.90 1:54.68	600m: 11:26.79 1:58.75	1000m: 19:19.38 1:57.10	1400m: 27:14.55 1:58.48		
	300m: 5:36.29 1:58.39	700m: 13:25.39 1:58.60	1100m: 21:17.03 1:57.65	1500m: 29:07.80 1:53.25		
	400m: 7:32.30 1:56.01	800m: 15:25.05 1:59.66	1200m: 23:15.52 1:58.49			
9.	IBÁÑEZ PÉREZ, Eva María	66	C.N. Master Murcia	<b>29:11.53</b>	8,00	
	100m: 1:53.93 1:53.93	500m: 9:40.36 1:57.14	900m: 17:27.03 1:56.53	1300m: 25:16.21 1:57.70		
	200m: 3:50.17 1:56.24	600m: 11:37.10 1:56.74	1000m: 19:24.15 1:57.12	1400m: 27:15.11 1:58.90		
	300m: 5:45.93 1:55.76	700m: 13:34.11 1:57.01	1100m: 21:21.37 1:57.22	1500m: 29:11.53 1:56.42		
	400m: 7:43.22 1:57.29	800m: 15:30.50 1:56.39	1200m: 23:18.51 1:57.14			
10.	RODRÍGUEZ PRADO, Gracia	69	Cn Master Torrijos	<b>29:32.30</b>	7,00	
	100m: 1:47.99 1:47.99	500m: 9:39.76 1:58.70	900m: 17:39.01 1:59.98	1300m: 25:42.37 2:02.09		
	200m: 3:45.74 1:57.75	600m: 11:40.69 2:00.93	1000m: 19:38.16 1:59.15	1400m: 27:40.37 1:58.00		
	300m: 5:43.17 1:57.43	700m: 13:39.69 1:59.00	1100m: 21:38.86 2:00.70	1500m: 29:32.30 1:51.93		
	400m: 7:41.06 1:57.89	800m: 15:39.03 1:59.34	1200m: 23:40.28 2:01.42			



Prueba 2, Fem., 1500m Libre, 50+

Clasificación	AN								Tiempo	
11. MONTESINOS RÓDENAS, Maria Jose	68	C.N. Master Murcia								<b>33:48.08</b> 6,00
100m:	2:01.09	2:01.09	500m:	10:57.48	2:15.59	900m:	20:05.75	2:16.87	1300m:	29:21.33 2:19.70
200m:	4:12.92	2:11.83	600m:	13:12.75	2:15.27	1000m:	22:23.38	2:17.63	1400m:	31:37.81 2:16.48
300m:	6:26.95	2:14.03	700m:	15:29.22	2:16.47	1100m:	24:42.45	2:19.07	1500m:	33:48.08 2:10.27
400m:	8:41.89	2:14.94	800m:	17:48.88	2:19.66	1200m:	27:01.63	2:19.18		

NP BENITO VIOQUE, Carmen 67 C.N. Ovimaster -

55+

1. GARCIA OLIVAS, Rosario	64	Albacete Master N.								<b>22:59.62</b> 19,00
100m:	1:27.17	1:27.17	500m:	7:33.21	1:31.25	900m:	13:40.84	1:32.41	1300m:	19:51.93 1:32.91
200m:	2:58.65	1:31.48	600m:	9:04.95	1:31.74	1000m:	15:13.35	1:32.51	1400m:	21:25.56 1:33.63
300m:	4:30.52	1:31.87	700m:	10:36.59	1:31.64	1100m:	16:45.85	1:32.50	1500m:	22:59.62 1:34.06
400m:	6:01.96	1:31.44	800m:	12:08.43	1:31.84	1200m:	18:19.02	1:33.17		
2. GARCIA COLOMO, M. Cristina	62	C.N. Pabellon Ourense								<b>23:41.59</b> 16,00
100m:	1:25.02	1:25.02	500m:	7:45.37	1:35.21	900m:	14:07.34	1:35.23	1300m:	20:32.46 1:36.80
200m:	2:58.27	1:33.25	600m:	9:21.72	1:36.35	1000m:	15:42.87	1:35.53	1400m:	22:07.52 1:35.06
300m:	4:33.40	1:35.13	700m:	10:56.67	1:34.95	1100m:	17:19.02	1:36.15	1500m:	23:41.59 1:34.07
400m:	6:10.16	1:36.76	800m:	12:32.11	1:35.44	1200m:	18:55.66	1:36.64		
3. TERCEIRO DELGADO, Maria Del Mar	63	Club Del Mar								<b>24:06.14</b> 14,00
100m:	1:30.09	1:30.09	500m:	8:01.87	1:37.71	900m:	14:31.60	1:37.61	1300m:	20:59.24 1:36.96
200m:	3:08.98	1:38.89	600m:	9:39.07	1:37.20	1000m:	16:08.15	1:36.55	1400m:	22:34.62 1:35.38
300m:	4:46.52	1:37.54	700m:	11:16.14	1:37.07	1100m:	17:44.88	1:36.73	1500m:	24:06.14 1:31.52
400m:	6:24.16	1:37.64	800m:	12:53.99	1:37.85	1200m:	19:22.28	1:37.40		
4. MONEO HERNANDEZ, Idoia	63	C.D. Jerez Natacion Master								<b>26:07.58</b> 13,00
100m:	1:37.11	1:37.11	500m:	8:37.49	1:43.92	900m:	15:35.47	1:44.02	1300m:	22:38.67 1:47.23
200m:	3:23.40	1:46.29	600m:	10:21.85	1:44.36	1000m:	17:21.12	1:45.65	1400m:	24:23.52 1:44.85
300m:	5:09.00	1:45.60	700m:	12:06.37	1:44.52	1100m:	19:06.75	1:45.63	1500m:	26:07.58 1:44.06
400m:	6:53.57	1:44.57	800m:	13:51.45	1:45.08	1200m:	20:51.44	1:44.69		
5. YVETTE MARGARET, Nicole	62	C.N. Alcobendas								<b>26:59.84</b> 12,00
100m:	1:43.18	1:43.18	500m:	8:59.86	1:48.21	900m:	16:12.69	1:49.01	1300m:	23:25.20 1:48.28
200m:	3:32.22	1:49.04	600m:	10:47.37	1:47.51	1000m:	18:00.72	1:48.03	1400m:	25:14.14 1:48.94
300m:	5:22.24	1:50.02	700m:	12:35.50	1:48.13	1100m:	19:49.42	1:48.70	1500m:	26:59.84 1:45.70
400m:	7:11.65	1:49.41	800m:	14:23.68	1:48.18	1200m:	21:36.92	1:47.50		
6. GALDEANO DE ALBA, Teresa	62	C.N. Monteverde								<b>27:42.86</b> 11,00
100m:	1:39.63	1:39.63	500m:	9:00.49	1:51.88	900m:	16:26.63	1:51.24	1300m:	23:56.98 1:52.61
200m:	3:29.03	1:49.40	600m:	10:51.18	1:50.69	1000m:	18:18.94	1:52.31	1400m:	25:50.72 1:53.74
300m:	5:19.21	1:50.18	700m:	12:44.09	1:52.91	1100m:	20:10.99	1:52.05	1500m:	27:42.86 1:52.14
400m:	7:08.61	1:49.40	800m:	14:35.39	1:51.30	1200m:	22:04.37	1:53.38		
7. GOMEZ RAMOS, Almudena	64	C.N. Master Madrid								<b>30:13.29</b> 10,00
100m:	1:47.05	1:47.05	500m:	9:54.16	2:02.05	900m:	18:04.36	2:04.48	1300m:	26:13.32 2:04.35
200m:	3:46.89	1:59.84	600m:	11:54.81	2:00.65	1000m:	20:06.53	2:02.17	1400m:	28:16.38 2:03.06
300m:	5:49.58	2:02.69	700m:	13:57.29	2:02.48	1100m:	22:05.45	1:58.92	1500m:	30:13.29 1:56.91
400m:	7:52.11	2:02.53	800m:	15:59.88	2:02.59	1200m:	24:08.97	2:03.52		
8. MONTENEGRO ZAFRILLA, Avelina	61	C.N. Master Madrid								<b>31:57.27</b> 9,00
100m:	1:59.25	1:59.25	500m:	10:29.10	2:08.65	900m:	19:06.10	2:09.79	1300m:	27:46.47 2:08.21
200m:	4:04.64	2:05.39	600m:	12:37.75	2:08.65	1000m:	21:17.56	2:11.46	1400m:	29:53.59 2:07.12
300m:	6:12.11	2:07.47	700m:	14:46.93	2:09.18	1100m:	23:28.50	2:10.94	1500m:	31:57.27 2:03.68
400m:	8:20.45	2:08.34	800m:	16:56.31	2:09.38	1200m:	25:38.26	2:09.76		

Prueba 2, Fem., 1500m Libre, 55+

Clasificación	AN		Tiempo	
9. GUMBAU LOPEZ, Maria Dolores	63	Vila-Swim Fondistas Club Natación	<b>32:33.65</b>	8,00
100m: 2:03.06 2:03.06	500m: 10:45.14 2:10.03	900m: 19:27.60 2:10.52	1300m: 28:14.31 2:11.96	
200m: 4:13.72 2:10.66	600m: 12:55.65 2:10.51	1000m: 21:38.48 2:10.88	1400m: 30:27.30 2:12.99	
300m: 6:24.48 2:10.76	700m: 15:06.11 2:10.46	1100m: 23:49.88 2:11.40	1500m: 32:33.65 2:06.35	
400m: 8:35.11 2:10.63	800m: 17:17.08 2:10.97	1200m: 26:02.35 2:12.47		
Baja MARTÍN CRESPO, Mercedes	62	C.D. Halegatos	-	
60+				
1. BALBUENA ESPARZA, Loli	59	C.N. Sabadell	<b>21:25.39</b>	19,00
100m: 1:21.15 1:21.15	500m: 7:04.96 1:25.43	900m: 12:49.99 1:26.67	1300m: 18:34.91 1:27.04	
200m: 2:47.39 1:26.24	600m: 8:30.88 1:25.92	1000m: 14:16.21 1:26.22	1400m: 20:01.38 1:26.47	
300m: 4:13.58 1:26.19	700m: 9:56.87 1:25.99	1100m: 15:42.01 1:25.80	1500m: 21:25.39 1:24.01	
400m: 5:39.53 1:25.95	800m: 11:23.32 1:26.45	1200m: 17:07.87 1:25.86		
2. LIZARRIBAR SANS, Patricia Josefa	58	Kairoscore	<b>23:54.12</b>	16,00
100m: 1:28.18 1:28.18	500m: 7:58.94 1:36.82	900m: 14:21.32 1:35.00	1300m: 20:43.78 1:36.03	
200m: 3:06.34 1:38.16	600m: 9:35.19 1:36.25	1000m: 15:57.00 1:35.68	1400m: 22:20.42 1:36.64	
300m: 4:44.01 1:37.67	700m: 11:10.82 1:35.63	1100m: 17:32.21 1:35.21	1500m: 23:54.12 1:33.70	
400m: 6:22.12 1:38.11	800m: 12:46.32 1:35.50	1200m: 19:07.75 1:35.54		
3. NAVARRO ALCARAZ, Marina	59	C.N. Master Naturalswim Petrer	<b>25:21.53</b>	14,00
100m: 1:31.70 1:31.70	500m: 8:16.68 1:41.86	900m: 15:07.78 1:42.92	1300m: 22:00.49 1:44.20	
200m: 3:11.85 1:40.15	600m: 9:58.96 1:42.28	1000m: 16:50.05 1:42.27	1400m: 23:43.57 1:43.08	
300m: 4:52.58 1:40.73	700m: 11:41.90 1:42.94	1100m: 18:33.38 1:43.33	1500m: 25:21.53 1:37.96	
400m: 6:34.82 1:42.24	800m: 13:24.86 1:42.96	1200m: 20:16.29 1:42.91		
4. DIEZ PERELLON, Belen	58	C.N. Master Madrid	<b>31:47.13</b>	13,00
100m: 1:57.77 1:57.77	500m: 10:31.71 2:07.78	900m: 19:05.38 2:07.48	1300m: 27:33.93 2:05.96	
200m: 4:06.67 2:08.90	600m: 12:40.40 2:08.69	1000m: 21:13.05 2:07.67	1400m: 29:41.22 2:07.29	
300m: 6:16.73 2:10.06	700m: 14:49.95 2:09.55	1100m: 23:20.84 2:07.79	1500m: 31:47.13 2:05.91	
400m: 8:23.93 2:07.20	800m: 16:57.90 2:07.95	1200m: 25:27.97 2:07.13		
5. FERNANDEZ FERNANDEZ, Maria Isabel	59	C.N. Monteverde	<b>33:17.82</b>	12,00
100m: 2:03.94 2:03.94	500m: 10:51.08 2:13.34	900m: 19:51.68 2:15.13	1300m: 28:48.09 2:14.20	
200m: 4:14.20 2:10.26	600m: 13:06.39 2:15.31	1000m: 22:05.67 2:13.99	1400m: 31:05.00 2:16.91	
300m: 6:25.31 2:11.11	700m: 15:20.16 2:13.77	1100m: 24:19.25 2:13.58	1500m: 33:17.82 2:12.82	
400m: 8:37.74 2:12.43	800m: 17:36.55 2:16.39	1200m: 26:33.89 2:14.64		
6. GOMEZ DOVAL, M. Angela	56	C. Traviesas Nat.	<b>33:35.06</b>	11,00
100m: 1:59.38 1:59.38	500m: 10:41.82 2:14.20	900m: 19:45.08 2:19.24	1300m: 29:01.95 2:20.08	
200m: 4:05.05 2:05.67	600m: 12:56.96 2:15.14	1000m: 22:05.10 2:20.02	1400m: 31:20.09 2:18.14	
300m: 6:16.20 2:11.15	700m: 15:11.71 2:14.75	1100m: 24:23.32 2:18.22	1500m: 33:35.06 2:14.97	
400m: 8:27.62 2:11.42	800m: 17:25.84 2:14.13	1200m: 26:41.87 2:18.55		
7. FERNANDEZ-TORIJA GARCIA, Maria P55r	55	C.N. Monteverde	<b>36:50.02</b>	10,00
100m: 1:54.65 1:54.65	500m: 11:04.62 2:20.51	900m: 20:58.14 2:48.12	1300m: 31:38.71 2:41.81	
200m: 4:05.92 2:11.27	600m: 13:24.28 2:19.66	1000m: 23:28.84 2:30.70	1400m: 34:19.55 2:40.84	
300m: 6:24.57 2:18.65	700m: 15:46.54 2:22.26	1100m: 26:12.03 2:43.19	1500m: 36:50.02 2:30.47	
400m: 8:44.11 2:19.54	800m: 18:10.02 2:23.48	1200m: 28:56.90 2:44.87		
Baja ARANEGA BENITEZ, Aranzazu	57	C. Tenerife Masters	-	
Baja IRAIZOZ SANZOL, Natividad	55	C.N. Pamplona	-	

## Prueba 2, Fem., 1500m Libre

65+

1.	ORTIZ DE GUINEA ARGÜELLES, Victo53				C.N. Santa Olaya				31:18.91		19,00	
	100m:	1:55.69	1:55.69	500m:	10:09.92	2:04.19	900m:	18:38.34	2:07.93	1300m:	27:08.02	2:07.55
	200m:	3:57.84	2:02.15	600m:	12:15.41	2:05.49	1000m:	20:45.15	2:06.81	1400m:	29:16.42	2:08.40
	300m:	6:01.80	2:03.96	700m:	14:22.53	2:07.12	1100m:	22:52.91	2:07.76	1500m:	31:18.91	2:02.49
	400m:	8:05.73	2:03.93	800m:	16:30.41	2:07.88	1200m:	25:00.47	2:07.56			
2.	GOMEZ DIAZ, Purificacion				51 C.N. Torrelavega				31:40.49		16,00	
	100m:	1:54.98	1:54.98	500m:	10:30.38	2:08.58	900m:	19:01.29	2:07.56	1300m:	27:30.73	2:07.32
	200m:	4:04.11	2:09.13	600m:	12:38.37	2:07.99	1000m:	21:08.63	2:07.34	1400m:	29:37.47	2:06.74
	300m:	6:12.88	2:08.77	700m:	14:45.84	2:07.47	1100m:	23:15.54	2:06.91	1500m:	31:40.49	2:03.02
	400m:	8:21.80	2:08.92	800m:	16:53.73	2:07.89	1200m:	25:23.41	2:07.87			

70+

1.	TOMASENA ALZURI, M <sup>a</sup> Rosario				46	Kairoscore				35:36.58		19,00
	100m:	2:11.41	2:11.41	500m:	11:36.03	2:22.81	900m:	21:08.19	2:25.35	1300m:	30:48.02	2:24.10
	200m:	4:30.10	2:18.69	600m:	13:59.24	2:23.21	1000m:	23:35.08	2:26.89	1400m:	33:13.85	2:25.83
	300m:	6:49.50	2:19.40	700m:	16:21.09	2:21.85	1100m:	26:01.41	2:26.33	1500m:	35:36.58	2:22.73
	400m:	9:13.22	2:23.72	800m:	18:42.84	2:21.75	1200m:	28:23.92	2:22.51			

Prueba 3  
27/04/2019

Masc., 1500m Libre

20 - 94 años  
Resultados

## Clasificación

AN

Tiempo

20+

1.	FLORES PORCUNA, Antonio				95	C.N. Monteverde					18:25.72	19,00
	100m:	1:05.01	1:05.01	500m:	6:00.21	1:15.54	900m:	11:03.70	1:16.35	1300m:	16:04.86	1:15.26
	200m:	2:16.35	1:11.34	600m:	7:15.09	1:14.88	1000m:	12:19.53	1:15.83	1400m:	17:18.93	1:14.07
	300m:	3:30.15	1:13.80	700m:	8:29.86	1:14.77	1100m:	13:34.55	1:15.02	1500m:	18:25.72	1:06.79
	400m:	4:44.67	1:14.52	800m:	9:47.35	1:17.49	1200m:	14:49.60	1:15.05			
2.	FERNANDEZ ASIAIN, Aritz				99	C.N. Pamplona					18:28.06	16,00
	100m:	1:05.97	1:05.97	500m:	6:00.80	1:15.87	900m:	11:05.07	1:15.49	1300m:	16:04.61	1:15.33
	200m:	2:16.68	1:10.71	600m:	7:16.79	1:15.99	1000m:	12:19.85	1:14.78	1400m:	17:17.88	1:13.27
	300m:	3:30.04	1:13.36	700m:	8:33.20	1:16.41	1100m:	13:34.44	1:14.59	1500m:	18:28.06	1:10.18
	400m:	4:44.93	1:14.89	800m:	9:49.58	1:16.38	1200m:	14:49.28	1:14.84			
3.	OJEDA PEREZ, Heriberto				97	C.N. Monteverde					19:32.12	14,00
	100m:	1:09.46	1:09.46	500m:	6:18.39	1:18.36	900m:	11:35.00	1:20.34	1300m:	16:55.58	1:20.17
	200m:	2:25.23	1:15.77	600m:	7:37.00	1:18.61	1000m:	12:54.83	1:19.83	1400m:	18:14.77	1:19.19
	300m:	3:42.39	1:17.16	700m:	8:55.78	1:18.78	1100m:	14:14.78	1:19.95	1500m:	19:32.12	1:17.35
	400m:	5:00.03	1:17.64	800m:	10:14.66	1:18.88	1200m:	15:35.41	1:20.63			
4.	CONDE ALVAREZ, Joaquin				98	C.N. Camargo					19:39.53	13,00
	100m:	1:06.02	1:06.02	500m:	6:17.51	1:20.97	900m:	11:40.75	1:20.57	1300m:	17:01.55	1:19.46
	200m:	2:19.31	1:13.29	600m:	7:38.00	1:20.49	1000m:	13:01.58	1:20.83	1400m:	18:21.50	1:19.95
	300m:	3:36.89	1:17.58	700m:	8:59.12	1:21.12	1100m:	14:22.41	1:20.83	1500m:	19:39.53	1:18.03
	400m:	4:56.54	1:19.65	800m:	10:20.18	1:21.06	1200m:	15:42.09	1:19.68			

Prueba 3, Masc., 1500m Libre, 20+

Clasificación	AN										Tiempo	
5.	ROMERO GOMEZ, Jose Vicente			95	Club Soc Turis Natacio						<b>20:16.47</b>	12,00
	100m:	1:13.25	1:13.25	500m:	6:33.29	1:20.12	900m:	11:56.66	1:21.83	1300m:	17:31.22	1:24.57
	200m:	2:32.00	1:18.75	600m:	7:53.59	1:20.30	1000m:	13:19.39	1:22.73	1400m:	18:54.76	1:23.54
	300m:	3:52.24	1:20.24	700m:	9:13.30	1:19.71	1100m:	14:42.06	1:22.67	1500m:	20:16.47	1:21.71
	400m:	5:13.17	1:20.93	800m:	10:34.83	1:21.53	1200m:	16:06.65	1:24.59			
6.	PUERTO PALOMERO, Héctor			95	Vila-Swim Fondistas Club Natación						<b>23:56.86</b>	11,00
	100m:	1:31.44	1:31.44	500m:	8:03.86	1:36.48	900m:	14:25.38	1:35.26	1300m:	20:50.49	1:36.06
	200m:	3:10.54	1:39.10	600m:	9:39.98	1:36.12	1000m:	16:01.30	1:35.92	1400m:	22:24.12	1:33.63
	300m:	4:50.90	1:40.36	700m:	11:14.97	1:34.99	1100m:	17:37.82	1:36.52	1500m:	23:56.86	1:32.74
	400m:	6:27.38	1:36.48	800m:	12:50.12	1:35.15	1200m:	19:14.43	1:36.61			
7.	ORIOLA ALBA, Jose Luis			95	Vila-Swim Fondistas Club Natación						<b>24:43.30</b>	10,00
	100m:	1:30.05	1:30.05	500m:	8:06.34	1:39.90	900m:	14:43.89	1:39.26	1300m:	21:24.87	1:42.01
	200m:	3:07.45	1:37.40	600m:	9:45.79	1:39.45	1000m:	16:22.83	1:38.94	1400m:	23:04.54	1:39.67
	300m:	4:46.90	1:39.45	700m:	11:24.82	1:39.03	1100m:	18:02.48	1:39.65	1500m:	24:43.30	1:38.76
	400m:	6:26.44	1:39.54	800m:	13:04.63	1:39.81	1200m:	19:42.86	1:40.38			
Baja	ARBELOA ARISTU, Carlos			95	C.N. Pamplona							

25+

1.	HUERTAS IGLESIAS, David	90	C. Tenis Chamartin							17:31.93	19,00
	100m: 1:04.09	1:04.09	500m: 5:41.85	1:10.60	900m: 10:27.15	1:11.55	1300m: 15:12.27	1:11.39			
	200m: 2:12.08	1:07.99	600m: 6:52.53	1:10.68	1000m: 11:38.54	1:11.39	1400m: 16:23.09	1:10.82			
	300m: 3:21.27	1:09.19	700m: 8:04.12	1:11.59	1100m: 12:49.39	1:10.85	1500m: 17:31.93	1:08.84			
	400m: 4:31.25	1:09.98	800m: 9:15.60	1:11.48	1200m: 14:00.88	1:11.49					
2.	ZAPATERO DE MURGA, Gonzalo	91	C. Tenis Chamartin							18:22.56	16,00
	100m: 1:08.10	1:08.10	500m: 6:03.75	1:14.66	900m: 10:59.92	1:13.94	1300m: 15:55.76	1:14.67			
	200m: 2:21.09	1:12.99	600m: 7:17.68	1:13.93	1000m: 12:14.03	1:14.11	1400m: 17:10.11	1:14.35			
	300m: 3:34.87	1:13.78	700m: 8:31.50	1:13.82	1100m: 13:27.66	1:13.63	1500m: 18:22.56	1:12.45			
	400m: 4:49.09	1:14.22	800m: 9:45.98	1:14.48	1200m: 14:41.09	1:13.43					
3.	ZULAIKA ARAMBURU, Jurgi	92	Kairoscore							18:25.25	14,00
	100m: 1:07.15	1:07.15	500m: 6:03.38	1:15.13	900m: 11:01.80	1:14.35	1300m: 15:58.63	1:14.40			
	200m: 2:19.48	1:12.33	600m: 7:18.44	1:15.06	1000m: 12:15.96	1:14.16	1400m: 17:12.84	1:14.21			
	300m: 3:33.58	1:14.10	700m: 8:33.09	1:14.65	1100m: 13:29.35	1:13.39	1500m: 18:25.25	1:12.41			
	400m: 4:48.25	1:14.67	800m: 9:47.45	1:14.36	1200m: 14:44.23	1:14.88					
4.	PEREZ LOPEZ, Daniel	92	C.N. Villa De Navia							19:20.14	13,00
	100m: 1:09.15	1:09.15	500m: 6:13.90	1:17.89	900m: 11:28.83	1:19.51	1300m: 16:46.87	1:20.69			
	200m: 2:23.43	1:14.28	600m: 7:32.25	1:18.35	1000m: 12:47.45	1:18.62	1400m: 18:05.59	1:18.72			
	300m: 3:40.06	1:16.63	700m: 8:50.75	1:18.50	1100m: 14:06.63	1:19.18	1500m: 19:20.14	1:14.55			
	400m: 4:56.01	1:15.95	800m: 10:09.32	1:18.57	1200m: 15:26.18	1:19.55					
5.	GUARDIOLA PONCET, Borja	94	C.N. Alcobendas							19:38.26	12,00
	100m: 1:08.32	1:08.32	500m: 6:17.74	1:19.60	900m: 11:36.44	1:19.82	1300m: 17:00.29	1:21.87			
	200m: 2:23.04	1:14.72	600m: 7:37.54	1:19.80	1000m: 12:56.48	1:20.04	1400m: 18:22.06	1:21.77			
	300m: 3:40.33	1:17.29	700m: 8:56.38	1:18.84	1100m: 14:17.02	1:20.54	1500m: 19:38.26	1:16.20			
	400m: 4:58.14	1:17.81	800m: 10:16.62	1:20.24	1200m: 15:38.42	1:21.40					
6.	REI, Ludovic	90	C.N. Master Madrid							19:45.01	11,00
	100m: 1:13.02	1:13.02	500m: 6:30.30	1:19.66	900m: 11:46.25	1:19.99	1300m: 17:09.02	1:21.41			
	200m: 2:31.77	1:18.75	600m: 7:48.80	1:18.50	1000m: 13:06.63	1:20.38	1400m: 18:29.41	1:20.39			
	300m: 3:51.18	1:19.41	700m: 9:07.20	1:18.40	1100m: 14:27.12	1:20.49	1500m: 19:45.01	1:15.60			
	400m: 5:10.64	1:19.46	800m: 10:26.26	1:19.06	1200m: 15:47.61	1:20.49					



Prueba 3, Masc., 1500m Libre, 25+

Clasificación	AN				Tiempo			
7. ROJAS RODRÍGUEZ, Santiago	90	Cn Master Torrijos	20:09.40		10,00			
100m: 1:12.42	1:12.42	500m: 6:32.71	1:19.49	900m: 11:53.41	1:21.42	1300m: 17:24.76	1:23.30	
200m: 2:32.73	1:20.31	600m: 7:52.46	1:19.75	1000m: 13:15.70	1:22.29	1400m: 18:47.56	1:22.80	
300m: 3:53.37	1:20.64	700m: 9:12.28	1:19.82	1100m: 14:38.47	1:22.77	1500m: 20:09.40	1:21.84	
400m: 5:13.22	1:19.85	800m: 10:31.99	1:19.71	1200m: 16:01.46	1:22.99			
8. RAMIREZ CARTON, Joseba	91	Kairoscore	20:36.38		9,00			
100m: 1:13.32	1:13.32	500m: 6:35.09	1:21.62	900m: 12:09.30	1:24.33	1300m: 17:49.16	1:25.21	
200m: 2:32.36	1:19.04	600m: 7:57.55	1:22.46	1000m: 13:34.16	1:24.86	1400m: 19:14.21	1:25.05	
300m: 3:52.29	1:19.93	700m: 9:21.17	1:23.62	1100m: 14:58.78	1:24.62	1500m: 20:36.38	1:22.17	
400m: 5:13.47	1:21.18	800m: 10:44.97	1:23.80	1200m: 16:23.95	1:25.17			
9. Cerdan Menor, Alberto	90	C.N. Master Naturalswim Petrer	20:41.88		8,00			
100m: 1:14.89	1:14.89	500m: 6:47.26	1:24.01	900m: 12:23.29	1:23.61	1300m: 17:57.30	1:23.47	
200m: 2:36.60	1:21.71	600m: 8:11.84	1:24.58	1000m: 13:46.89	1:23.60	1400m: 19:20.41	1:23.11	
300m: 3:59.99	1:23.39	700m: 9:35.51	1:23.67	1100m: 15:10.23	1:23.34	1500m: 20:41.88	1:21.47	
400m: 5:23.25	1:23.26	800m: 10:59.68	1:24.17	1200m: 16:33.83	1:23.60			
10. DE FRUTOS DE PABLOS, Alvaro	93	C.D. Tizona Burgos	21:30.39		7,00			
100m: 1:12.96	1:12.96	500m: 6:51.44	1:28.03	900m: 12:42.57	1:28.08	1300m: 18:37.86	1:28.39	
200m: 2:33.60	1:20.64	600m: 8:19.35	1:27.91	1000m: 14:10.95	1:28.38	1400m: 20:06.88	1:29.02	
300m: 3:57.63	1:24.03	700m: 9:46.66	1:27.31	1100m: 15:40.97	1:30.02	1500m: 21:30.39	1:23.51	
400m: 5:23.41	1:25.78	800m: 11:14.49	1:27.83	1200m: 17:09.47	1:28.50			
11. LOPEZ RUIZ, Javier	92	Club Velociraptor	21:37.25		6,00			
100m: 1:12.73	1:12.73	500m: 6:56.43	1:27.87	900m: 12:48.54	1:28.68	1300m: 18:46.05	1:27.90	
200m: 2:36.33	1:23.60	600m: 8:24.18	1:27.75	1000m: 14:18.31	1:29.77	1400m: 20:14.61	1:28.56	
300m: 4:01.57	1:25.24	700m: 9:51.15	1:26.97	1100m: 15:48.32	1:30.01	1500m: 21:37.25	1:22.64	
400m: 5:28.56	1:26.99	800m: 11:19.86	1:28.71	1200m: 17:18.15	1:29.83			
12. SANCHEZ LOPEZ, Ismael	90	G. Madrid Sports	22:52.34		5,00			
100m: 1:18.85	1:18.85	500m: 7:26.27	1:33.34	900m: 13:39.71	1:33.40	1300m: 19:49.70	1:33.14	
200m: 2:47.81	1:28.96	600m: 8:59.50	1:33.23	1000m: 15:12.56	1:32.85	1400m: 21:23.33	1:33.63	
300m: 4:19.40	1:31.59	700m: 10:33.24	1:33.74	1100m: 16:45.00	1:32.44	1500m: 22:52.34	1:29.01	
400m: 5:52.93	1:33.53	800m: 12:06.31	1:33.07	1200m: 18:16.56	1:31.56			
13. HERVÁS TRAPERO, José Luis	90	C.D. Halegatos	23:02.30		4,00			
100m: 1:23.03	1:23.03	500m: 7:32.84	1:33.45	900m: 13:44.12	1:33.43	1300m: 19:57.55	1:35.29	
200m: 2:54.74	1:31.71	600m: 9:05.26	1:32.42	1000m: 15:17.03	1:32.91	1400m: 21:32.34	1:34.79	
300m: 4:26.64	1:31.90	700m: 10:37.99	1:32.73	1100m: 16:48.92	1:31.89	1500m: 23:02.30	1:29.96	
400m: 5:59.39	1:32.75	800m: 12:10.69	1:32.70	1200m: 18:22.26	1:33.34			
14. MELILLO, Jorge Humberto	90	C.N. Easo	23:29.49		3,00			
100m: 1:22.90	1:22.90	500m: 7:41.02	1:36.75	900m: 14:01.97	1:34.28	1300m: 20:23.31	1:35.64	
200m: 2:54.48	1:31.58	600m: 9:17.95	1:36.93	1000m: 15:36.52	1:34.55	1400m: 21:59.71	1:36.40	
300m: 4:29.29	1:34.81	700m: 10:53.10	1:35.15	1100m: 17:12.12	1:35.60	1500m: 23:29.49	1:29.78	
400m: 6:04.27	1:34.98	800m: 12:27.69	1:34.59	1200m: 18:47.67	1:35.55			
15. PRIETO MONEDERO, Victor	92	Cd Upstream	23:56.46		2,00			
100m: 1:25.10	1:25.10	500m: 7:48.71	1:38.17	900m: 14:17.76	1:36.96	1300m: 20:47.75	1:37.68	
200m: 2:56.79	1:31.69	600m: 9:26.36	1:37.65	1000m: 15:55.88	1:38.12	1400m: 22:24.25	1:36.50	
300m: 4:33.05	1:36.26	700m: 11:04.59	1:38.23	1100m: 17:32.94	1:37.06	1500m: 23:56.46	1:32.21	
400m: 6:10.54	1:37.49	800m: 12:40.80	1:36.21	1200m: 19:10.07	1:37.13			

Prueba 3, Masc., 1500m Libre

30+

1.	MARQUES VELASCO, Jaime	87	C.N. Monteverde							16:55.57	19,00
	100m: 1:02.26	1:02.26	500m: 5:32.63	1:08.31	900m: 10:06.77	1:08.44	1300m: 14:41.77	1:09.02			
	200m: 2:08.59	1:06.33	600m: 6:41.33	1:08.70	1000m: 11:15.42	1:08.65	1400m: 15:49.73	1:07.96			
	300m: 3:15.96	1:07.37	700m: 7:49.52	1:08.19	1100m: 12:24.20	1:08.78	1500m: 16:55.57	1:05.84			
	400m: 4:24.32	1:08.36	800m: 8:58.33	1:08.81	1200m: 13:32.75	1:08.55					
2.	SANCHEZ AVELLANO, Rafael	89	C.D. Natacion Cordoba							19:07.97	16,00
	100m: 1:10.36	1:10.36	500m: 6:14.88	1:16.96	900m: 11:24.85	1:17.48	1300m: 16:34.72	1:18.50			
	200m: 2:25.04	1:14.68	600m: 7:32.28	1:17.40	1000m: 12:41.79	1:16.94	1400m: 17:52.97	1:18.25			
	300m: 3:40.82	1:15.78	700m: 8:49.85	1:17.57	1100m: 13:59.15	1:17.36	1500m: 19:07.97	1:15.00			
	400m: 4:57.92	1:17.10	800m: 10:07.37	1:17.52	1200m: 15:16.22	1:17.07					
3.	SAN MARTIN TRESOLS, Luis	88	C.N. Vilanova							19:11.24	14,00
	100m: 1:07.89	1:07.89	500m: 6:12.58	1:17.27	900m: 11:25.93	1:19.27	1300m: 16:38.70	1:18.16			
	200m: 2:21.58	1:13.69	600m: 7:30.02	1:17.44	1000m: 12:44.04	1:18.11	1400m: 17:57.97	1:19.27			
	300m: 3:38.36	1:16.78	700m: 8:48.29	1:18.27	1100m: 14:01.92	1:17.88	1500m: 19:11.24	1:13.27			
	400m: 4:55.31	1:16.95	800m: 10:06.66	1:18.37	1200m: 15:20.54	1:18.62					
4.	TRISTAN ZUBIZARRETA, Miguel Angel	89	C.N. Alcobendas							19:17.23	13,00
	100m: 1:07.67	1:07.67	500m: 6:12.16	1:18.18	900m: 11:26.31	1:18.83	1300m: 16:41.80	1:19.62			
	200m: 2:21.24	1:13.57	600m: 7:30.88	1:18.72	1000m: 12:44.99	1:18.68	1400m: 18:00.71	1:18.91			
	300m: 3:36.66	1:15.42	700m: 8:49.45	1:18.57	1100m: 14:02.79	1:17.80	1500m: 19:17.23	1:16.52			
	400m: 4:53.98	1:17.32	800m: 10:07.48	1:18.03	1200m: 15:22.18	1:19.39					
5.	GARCÍA RODRÍGUEZ, Alberto	85	Masters Wisła Kraków							19:28.41	12,00
	100m: 1:08.99	1:08.99	500m: 6:16.42	1:18.50	900m: 11:37.84	1:20.39	1300m: 16:55.50	1:19.40			
	200m: 2:24.03	1:15.04	600m: 7:37.08	1:20.66	1000m: 12:56.51	1:18.67	1400m: 18:15.22	1:19.72			
	300m: 3:39.83	1:15.80	700m: 8:57.63	1:20.55	1100m: 14:16.81	1:20.30	1500m: 19:28.41	1:13.19			
	400m: 4:57.92	1:18.09	800m: 10:17.45	1:19.82	1200m: 15:36.10	1:19.29					
6.	CABRERA VAZQUEZ, Pablo	88	C.N. Mako Carabanchel							19:46.80	11,00
	100m: 1:13.10	1:13.10	500m: 6:30.62	1:19.52	900m: 11:50.01	1:20.73	1300m: 17:10.58	1:20.49			
	200m: 2:31.58	1:18.48	600m: 7:48.17	1:17.55	1000m: 13:10.39	1:20.38	1400m: 18:29.87	1:19.29			
	300m: 3:50.99	1:19.41	700m: 9:08.66	1:20.49	1100m: 14:30.47	1:20.08	1500m: 19:46.80	1:16.93			
	400m: 5:11.10	1:20.11	800m: 10:29.28	1:20.62	1200m: 15:50.09	1:19.62					
7.	ESPAÑA VIDAL, Daniel	86	C.N. Master Madrid							20:22.34	10,00
	100m: 1:12.64	1:12.64	500m: 6:39.60	1:21.95	900m: 12:09.10	1:22.60	1300m: 17:39.10	1:22.00			
	200m: 2:33.01	1:20.37	600m: 8:01.98	1:22.38	1000m: 13:31.41	1:22.31	1400m: 19:01.59	1:22.49			
	300m: 3:55.18	1:22.17	700m: 9:24.33	1:22.35	1100m: 14:54.36	1:22.95	1500m: 20:22.34	1:20.75			
	400m: 5:17.65	1:22.47	800m: 10:46.50	1:22.17	1200m: 16:17.10	1:22.74					
8.	MATEOS MATEOS, Ioseba	86	C.D. Fortuna							21:28.01	9,00
	100m: 1:14.29	1:14.29	500m: 6:53.17	1:25.83	900m: 12:40.92	1:27.62	1300m: 18:33.85	1:27.68			
	200m: 2:37.13	1:22.84	600m: 8:19.22	1:26.05	1000m: 14:08.86	1:27.94	1400m: 20:01.79	1:27.94			
	300m: 4:01.86	1:24.73	700m: 9:46.21	1:26.99	1100m: 15:37.37	1:28.51	1500m: 21:28.01	1:26.22			
	400m: 5:27.34	1:25.48	800m: 11:13.30	1:27.09	1200m: 17:06.17	1:28.80					
9.	GAMARRA OLMEDO, Jorge	85	Cd Upstream							21:36.52	8,00
	100m: 1:18.53	1:18.53	500m: 7:08.42	1:28.29	900m: 12:59.30	1:27.67	1300m: 18:48.32	1:26.51			
	200m: 2:46.01	1:27.48	600m: 8:35.88	1:27.46	1000m: 14:27.49	1:28.19	1400m: 20:14.50	1:26.18			
	300m: 4:12.56	1:26.55	700m: 10:03.47	1:27.59	1100m: 15:55.49	1:28.00	1500m: 21:36.52	1:22.02			
	400m: 5:40.13	1:27.57	800m: 11:31.63	1:28.16	1200m: 17:21.81	1:26.32					
10.	LINARES RUIZ, Miguel	86	C.N. Master Madrid							22:35.66	7,00
	100m: 1:25.37	1:25.37	500m: 7:30.56	1:30.80	900m: 13:35.74	1:31.39	1300m: 19:42.48	1:31.92			
	200m: 2:56.07	1:30.70	600m: 9:01.66	1:31.10	1000m: 15:07.14	1:31.40	1400m: 21:13.29	1:30.81			
	300m: 4:28.73	1:32.66	700m: 10:32.96	1:31.30	1100m: 16:38.64	1:31.50	1500m: 22:35.66	1:22.37			
	400m: 5:59.76	1:31.03	800m: 12:04.35	1:31.39	1200m: 18:10.56	1:31.92					

Prueba 3, Masc., 1500m Libre, 30+

Clasificación	AN		Tiempo	
11. SABORIDO ANDÚ, Carlos	85	C.D. Halegatos	<b>22:45.49</b>	6,00
100m: 1:22.21 1:22.21	500m: 7:25.64 1:32.30	900m: 13:35.97 1:32.10	1300m: 19:42.57 1:30.96	
200m: 2:50.01 1:27.80	600m: 8:58.80 1:33.16	1000m: 15:08.68 1:32.71	1400m: 21:14.84 1:32.27	
300m: 4:20.34 1:30.33	700m: 10:31.35 1:32.55	1100m: 16:40.44 1:31.76	1500m: 22:45.49 1:30.65	
400m: 5:53.34 1:33.00	800m: 12:03.87 1:32.52	1200m: 18:11.61 1:31.17		
12. PEREZ LOZANO, Hector	88	C.N. Master Madrid	<b>22:54.11</b>	5,00
100m: 1:21.58 1:21.58	500m: 7:28.46 1:32.90	900m: 13:39.41 1:32.65	1400m: 21:24.79 1:32.00	
200m: 2:51.24 1:29.66	600m: 9:01.46 1:33.00	1100m: 16:45.52 3:06.11	1500m: 22:54.11 1:29.32	
300m: 4:22.78 1:31.54	700m: 10:34.05 1:32.59	1200m: 18:19.37 1:33.85		
400m: 5:55.56 1:32.78	800m: 12:06.76 1:32.71	1300m: 19:52.79 1:33.42		
13. PIÑA LANZO, Javier	88	C.N. Cuatro Caminos	<b>25:10.26</b>	4,00
100m: 1:31.79 1:31.79	500m: 8:22.73 1:43.19	900m: 15:13.00 1:42.12	1300m: 21:57.40 1:40.89	
200m: 3:11.56 1:39.77	600m: 10:05.06 1:42.33	1000m: 16:53.95 1:40.95	1400m: 23:37.98 1:40.58	
300m: 4:55.08 1:43.52	700m: 11:48.03 1:42.97	1100m: 18:34.67 1:40.72	1500m: 25:10.26 1:32.28	
400m: 6:39.54 1:44.46	800m: 13:30.88 1:42.85	1200m: 20:16.51 1:41.84		
Baja RODRIGUEZ LAGO, David	86	C.D.N. Ciudad De Santiago	-	-
Baja LOPEZ DE LA ROSA, Daniel	89	C.N. Alcobendas	-	-

35+

1. HERVAS JODAR, Francisco Jose	81	Vila-Swim Fondistas Club Natación	<b>17:14.55</b>	19,00
100m: 1:05.52 1:05.52	500m: 5:40.35 1:08.92	900m: 10:19.47 1:10.03	1300m: 14:56.88 1:09.40	
200m: 2:13.40 1:07.88	600m: 6:50.13 1:09.78	1000m: 11:29.01 1:09.54	1400m: 16:06.27 1:09.39	
300m: 3:22.11 1:08.71	700m: 8:00.01 1:09.88	1100m: 12:38.35 1:09.34	1500m: 17:14.55 1:08.28	
400m: 4:31.43 1:09.32	800m: 9:09.44 1:09.43	1200m: 13:47.48 1:09.13		
2. SOLER LLORCA, Carlos	82	C.N. Master Naturalswim Petrer	<b>17:56.20</b>	16,00
100m: 1:05.60 1:05.60	500m: 5:47.78 1:10.87	900m: 10:38.06 1:13.09	1300m: 15:31.57 1:13.08	
200m: 2:15.72 1:10.12	600m: 6:59.02 1:11.24	1000m: 11:51.32 1:13.26	1400m: 16:44.92 1:13.35	
300m: 3:26.17 1:10.45	700m: 8:11.85 1:12.83	1100m: 13:05.17 1:13.85	1500m: 17:56.20 1:11.28	
400m: 4:36.91 1:10.74	800m: 9:24.97 1:13.12	1200m: 14:18.49 1:13.32		
3. OBREGON IMAZ, Cesar	80	Cn Master Torrijos	<b>18:13.37</b>	14,00
100m: 1:08.53 1:08.53	500m: 5:57.53 1:12.26	900m: 10:49.40 1:13.27	1300m: 15:46.02 1:14.70	
200m: 2:20.10 1:11.57	600m: 7:10.84 1:13.31	1000m: 12:03.27 1:13.87	1400m: 17:02.23 1:16.21	
300m: 3:32.66 1:12.56	700m: 8:23.25 1:12.41	1100m: 13:17.76 1:14.49	1500m: 18:13.37 1:11.14	
400m: 4:45.27 1:12.61	800m: 9:36.13 1:12.88	1200m: 14:31.32 1:13.56		
4. HERRERA MARTINEZ, Francisco Jose	82	C.N. Vilanova	<b>19:03.62</b>	13,00
100m: 1:07.20 1:07.20	500m: 6:08.56 1:16.55	900m: 11:18.66 1:17.94	1300m: 16:30.81 1:17.93	
200m: 2:20.10 1:12.90	600m: 7:25.44 1:16.88	1000m: 12:36.50 1:17.84	1400m: 17:48.56 1:17.75	
300m: 3:35.50 1:15.40	700m: 8:43.08 1:17.64	1100m: 13:54.67 1:18.17	1500m: 19:03.62 1:15.06	
400m: 4:52.01 1:16.51	800m: 10:00.72 1:17.64	1200m: 15:12.88 1:18.21		
5. CHURNIN, Stephen Henry	81	C.N. Master Madrid	<b>20:14.95</b>	12,00
100m: 1:15.31 1:15.31	500m: 6:41.95 1:21.41	900m: 12:06.11 1:21.23	1300m: 17:34.79 1:23.00	
200m: 2:36.55 1:21.24	600m: 8:02.25 1:20.30	1000m: 13:27.87 1:21.76	1400m: 18:56.46 1:21.67	
300m: 3:58.40 1:21.85	700m: 9:23.16 1:20.91	1100m: 14:49.49 1:21.62	1500m: 20:14.95 1:18.49	
400m: 5:20.54 1:22.14	800m: 10:44.88 1:21.72	1200m: 16:11.79 1:22.30		
6. ELIZEGI BELOKI, Xabier	81	Kairoscore	<b>20:51.75</b>	11,00
100m: 1:17.04 1:17.04	500m: 6:45.54 1:22.33	900m: 12:19.91 1:24.35	1300m: 18:00.98 1:26.38	
200m: 2:38.70 1:21.66	600m: 8:08.69 1:23.15	1000m: 13:44.53 1:24.62	1400m: 19:27.51 1:26.53	
300m: 4:00.72 1:22.02	700m: 9:32.13 1:23.44	1100m: 15:09.78 1:25.25	1500m: 20:51.75 1:24.24	
400m: 5:23.21 1:22.49	800m: 10:55.56 1:23.43	1200m: 16:34.60 1:24.82		

Prueba 3, Masc., 1500m Libre, 35+

Clasificación	AN								Tiempo	
7. PEREZ DIAZ, Alberto	80 Cn Master Torrijos								<b>21:05.79</b>	10,00
100m: 1:14.76	1:14.76	500m: 6:52.16	1:25.13	900m: 12:34.53	1:25.77	1300m: 18:17.87	1:25.40			
200m: 2:37.15	1:22.39	600m: 8:17.47	1:25.31	1000m: 14:00.66	1:26.13	1400m: 19:42.56	1:24.69			
300m: 4:02.05	1:24.90	700m: 9:43.19	1:25.72	1100m: 15:26.56	1:25.90	1500m: 21:05.79	1:23.23			
400m: 5:27.03	1:24.98	800m: 11:08.76	1:25.57	1200m: 16:52.47	1:25.91					
8. FRAILE SEIJAS, Miguel Angel	81 C.N. Santurtzi								<b>21:29.40</b>	9,00
100m: 1:12.21	1:12.21	500m: 6:44.22	1:24.10	900m: 12:30.27	1:28.23	1300m: 18:32.43	1:31.15			
200m: 2:34.20	1:21.99	600m: 8:08.95	1:24.73	1000m: 14:00.58	1:30.31	1400m: 20:02.63	1:30.20			
300m: 3:57.49	1:23.29	700m: 9:35.18	1:26.23	1100m: 15:30.92	1:30.34	1500m: 21:29.40	1:26.77			
400m: 5:20.12	1:22.63	800m: 11:02.04	1:26.86	1200m: 17:01.28	1:30.36					
9. BALSAS FALAGUERA, Jose Maria	84 C.N. Master Madrid								<b>21:45.94</b>	8,00
100m: 1:21.49	1:21.49	500m: 7:04.51	1:25.50	900m: 12:51.53	1:27.84	1300m: 18:47.65	1:29.78			
200m: 2:47.39	1:25.90	600m: 8:30.33	1:25.82	1000m: 14:20.08	1:28.55	1400m: 20:17.65	1:30.00			
300m: 4:13.47	1:26.08	700m: 9:57.04	1:26.71	1100m: 15:48.57	1:28.49	1500m: 21:45.94	1:28.29			
400m: 5:39.01	1:25.54	800m: 11:23.69	1:26.65	1200m: 17:17.87	1:29.30					
10. DIAZ-GUIJARRO HERRERA, Jorge	82 Vila-Swim Fondistas Club Natación								<b>21:54.53</b>	7,00
100m: 1:16.56	1:16.56	500m: 7:07.82	1:28.40	900m: 13:07.41	1:30.31	1300m: 19:01.94	1:27.70			
200m: 2:42.49	1:25.93	600m: 8:37.04	1:29.22	1000m: 14:36.66	1:29.25	1400m: 20:30.79	1:28.85			
300m: 4:10.77	1:28.28	700m: 10:07.13	1:30.09	1100m: 16:06.07	1:29.41	1500m: 21:54.53	1:23.74			
400m: 5:39.42	1:28.65	800m: 11:37.10	1:29.97	1200m: 17:34.24	1:28.17					
11. AREVALO NAVARRO, José Manuel	84 C.N. Monteverde								<b>21:55.34</b>	6,00
100m: 1:15.88	1:15.88	500m: 7:02.78	1:28.56	900m: 13:06.69	1:31.83	1300m: 19:02.26	1:28.15			
200m: 2:38.69	1:22.81	600m: 8:32.80	1:30.02	1000m: 14:36.41	1:29.72	1400m: 20:30.76	1:28.50			
300m: 4:04.06	1:25.37	700m: 10:04.74	1:31.94	1100m: 16:05.82	1:29.41	1500m: 21:55.34	1:24.58			
400m: 5:34.22	1:30.16	800m: 11:34.86	1:30.12	1200m: 17:34.11	1:28.29					
12. ARAGON VALVERDE, Juan Carlos	80 C.N. Master Murcia								<b>22:19.58</b>	5,00
100m: 1:20.37	1:20.37	500m: 7:25.01	1:31.48	900m: 13:25.56	1:29.77	1300m: 19:22.96	1:28.78			
200m: 2:49.97	1:29.60	600m: 8:55.83	1:30.82	1000m: 14:56.38	1:30.82	1400m: 20:52.66	1:29.70			
300m: 4:21.02	1:31.05	700m: 10:25.83	1:30.00	1100m: 16:25.09	1:28.71	1500m: 22:19.58	1:26.92			
400m: 5:53.53	1:32.51	800m: 11:55.79	1:29.96	1200m: 17:54.18	1:29.09					
13. CALVO FERNANDEZ, Pablo	82 Vila-Swim Fondistas Club Natación								<b>22:23.59</b>	4,00
100m: 1:20.99	1:20.99	500m: 7:21.15	1:31.47	900m: 13:24.73	1:31.50	1300m: 19:26.80	1:30.37			
200m: 2:49.71	1:28.72	600m: 8:51.45	1:30.30	1000m: 14:55.87	1:31.14	1400m: 20:57.06	1:30.26			
300m: 4:19.45	1:29.74	700m: 10:21.31	1:29.86	1100m: 16:25.98	1:30.11	1500m: 22:23.59	1:26.53			
400m: 5:49.68	1:30.23	800m: 11:53.23	1:31.92	1200m: 17:56.43	1:30.45					
14. PEREZ MARCANO, Victor	80 C.N. Camargo								<b>22:44.30</b>	3,00
100m: 1:22.03	1:22.03	500m: 7:28.68	1:32.02	900m: 13:39.03	1:31.97	1300m: 19:47.82	1:30.36			
200m: 2:52.19	1:30.16	600m: 9:00.95	1:32.27	1000m: 15:12.00	1:32.97	1400m: 21:17.90	1:30.08			
300m: 4:24.24	1:32.05	700m: 10:33.84	1:32.89	1100m: 16:44.74	1:32.74	1500m: 22:44.30	1:26.40			
400m: 5:56.66	1:32.42	800m: 12:07.06	1:33.22	1200m: 18:17.46	1:32.72					
15. LOPETEGI URIA, Garikoitz	82 C.N. Easo								<b>23:30.33</b>	2,00
100m: 1:28.09	1:28.09	500m: 7:46.58	1:35.10	900m: 14:08.63	1:36.67	1300m: 20:29.20	1:35.27			
200m: 3:03.64	1:35.55	600m: 9:21.40	1:34.82	1000m: 15:44.01	1:35.38	1400m: 22:02.69	1:33.49			
300m: 4:37.03	1:33.39	700m: 10:56.11	1:34.71	1100m: 17:18.57	1:34.56	1500m: 23:30.33	1:27.64			
400m: 6:11.48	1:34.45	800m: 12:31.96	1:35.85	1200m: 18:53.93	1:35.36					
16. MIRANDA CUCHET, Alejandro	80 C.N. Master Madrid								<b>25:57.36</b>	1,00
100m: 1:30.69	1:30.69	500m: 8:24.42	1:45.57	900m: 15:29.90	1:46.86	1300m: 22:32.39	1:45.43			
200m: 3:10.97	1:40.28	600m: 10:09.98	1:45.56	1000m: 17:16.41	1:46.51	1400m: 24:17.45	1:45.06			
300m: 4:54.64	1:43.67	700m: 11:56.11	1:46.13	1100m: 19:01.53	1:45.12	1500m: 25:57.36	1:39.91			
400m: 6:38.85	1:44.21	800m: 13:43.04	1:46.93	1200m: 20:46.96	1:45.43					



Prueba 3, Masc., 1500m Libre, 35+

Clasificación	AN	Tiempo
Baja AGUADO DOMÍNGUEZ, Ismael	82	C.D. Halegatos -
40+		
1. VERDEJO BARROETA, Guillermo	78	Getxo Igeriketa Bolue K.E. 17:55.26 19,00
100m: 1:08.07 1:08.07	500m: 5:54.88 1:11.70	900m: 10:43.18 1:12.01
200m: 2:19.85 1:11.78	600m: 7:06.66 1:11.78	1000m: 11:55.20 1:12.02
300m: 3:31.57 1:11.72	700m: 8:18.97 1:12.31	1100m: 13:08.19 1:12.99
400m: 4:43.18 1:11.61	800m: 9:31.17 1:12.20	1200m: 14:20.72 1:12.53
1300m: 15:33.46 1:12.74	1400m: 16:45.71 1:12.25	1500m: 17:55.26 1:09.55
2. RODRIGUEZ GUTIERREZ, Alberto	76	A.D. Manuel Llana 19:06.53 16,00
100m: 1:11.41 1:11.41	500m: 6:15.27 1:16.50	900m: 11:20.89 1:16.43
200m: 2:26.85 1:15.44	600m: 7:31.47 1:16.20	1000m: 12:37.78 1:16.89
300m: 3:42.44 1:15.59	700m: 8:47.92 1:16.45	1100m: 13:55.49 1:17.71
400m: 4:58.77 1:16.33	800m: 10:04.46 1:16.54	1200m: 15:14.17 1:18.68
1300m: 16:32.80 1:18.63	1400m: 17:50.76 1:17.96	1500m: 19:06.53 1:15.77
3. PERALES PEREZ, Andres	77	C.D. Halegatos 19:20.00 14,00
100m: 1:11.73 1:11.73	500m: 6:15.12 1:17.05	900m: 11:26.50 1:18.07
200m: 2:25.98 1:14.25	600m: 7:32.01 1:16.89	1000m: 12:45.77 1:19.27
300m: 3:41.90 1:15.92	700m: 8:49.87 1:17.86	1100m: 14:04.93 1:19.16
400m: 4:58.07 1:16.17	800m: 10:08.43 1:18.56	1200m: 15:23.95 1:19.02
1300m: 16:43.66 1:19.71	1400m: 18:02.79 1:19.13	1500m: 19:20.00 1:17.21
4. VICENTE BULLON, Alejandro	78	C.N. Santurtzi 19:43.98 13,00
100m: 1:11.79 1:11.79	500m: 6:22.49 1:18.80	900m: 11:43.33 1:20.53
200m: 2:28.60 1:16.81	600m: 7:42.05 1:19.56	1000m: 13:03.96 1:20.63
300m: 3:45.64 1:17.04	700m: 9:02.04 1:19.99	1100m: 14:25.87 1:21.91
400m: 5:03.69 1:18.05	800m: 10:22.80 1:20.76	1200m: 15:47.66 1:21.79
1300m: 17:08.98 1:21.32	1400m: 18:29.04 1:20.06	1500m: 19:43.98 1:14.94
5. VILARIÑO FACAL, Ander	79	Kairoscore 19:44.45 12,00
100m: 1:13.07 1:13.07	500m: 6:26.94 1:19.25	900m: 11:47.18 1:20.88
200m: 2:30.45 1:17.38	600m: 7:46.21 1:19.27	1000m: 13:08.04 1:20.86
300m: 3:48.87 1:18.42	700m: 9:05.67 1:19.46	1100m: 14:28.19 1:20.15
400m: 5:07.69 1:18.82	800m: 10:26.30 1:20.63	1200m: 15:48.97 1:20.78
1300m: 17:08.94 1:19.97	1400m: 18:28.88 1:19.94	1500m: 19:44.45 1:15.57
6. FERNANDEZ GORGOJO, Mario	79	C.N. Villa De Navia 19:45.80 11,00
100m: 1:13.47 1:13.47	500m: 6:31.34 1:19.85	900m: 11:50.45 1:19.78
200m: 2:31.82 1:18.35	600m: 7:50.85 1:19.51	1000m: 13:10.60 1:20.15
300m: 3:51.66 1:19.84	700m: 9:10.42 1:19.57	1100m: 14:30.33 1:19.73
400m: 5:11.49 1:19.83	800m: 10:30.67 1:20.25	1200m: 15:50.10 1:19.77
1300m: 17:09.69 1:19.59	1400m: 18:29.58 1:19.89	1500m: 19:45.80 1:16.22
7. LASHERAS MORENO, Carlos	76	C. Tenis Pamplona 19:51.66 10,00
100m: 1:11.01 1:11.01	500m: 6:25.59 1:19.62	900m: 11:47.61 1:21.22
200m: 2:27.68 1:16.67	600m: 7:45.71 1:20.12	1000m: 13:09.43 1:21.82
300m: 3:46.17 1:18.49	700m: 9:05.87 1:20.16	1100m: 14:31.02 1:21.59
400m: 5:05.97 1:19.80	800m: 10:26.39 1:20.52	1200m: 15:52.33 1:21.31
1300m: 17:13.39 1:21.06	1400m: 18:34.41 1:21.02	1500m: 19:51.66 1:17.25
8. RODRIGUEZ FARALDOS, Carlos	77	Cn Master Torrijos 20:17.43 9,00
100m: 1:13.42 1:13.42	500m: 6:37.09 1:22.25	900m: 12:04.76 1:22.47
200m: 2:32.50 1:19.08	600m: 7:59.39 1:22.30	1000m: 13:27.04 1:22.28
300m: 3:53.43 1:20.93	700m: 9:20.73 1:21.34	1100m: 14:49.33 1:22.29
400m: 5:14.84 1:21.41	800m: 10:42.29 1:21.56	1200m: 16:12.20 1:22.87
1300m: 17:35.38 1:23.18	1400m: 18:57.39 1:22.01	1500m: 20:17.43 1:20.04
9. DEL AMO GALAN, Ruben	75	A.D. Rivas Natación 20:22.70 8,00
100m: 1:13.46 1:13.46	500m: 6:38.06 1:21.81	900m: 12:05.92 1:21.96
200m: 2:33.11 1:19.65	600m: 7:59.70 1:21.64	1000m: 13:28.09 1:22.17
300m: 3:54.44 1:21.33	700m: 9:21.57 1:21.87	1100m: 14:50.92 1:22.83
400m: 5:16.25 1:21.81	800m: 10:43.96 1:22.39	1200m: 16:13.80 1:22.88
1300m: 17:37.38 1:23.58	1400m: 19:01.36 1:23.98	1500m: 20:22.70 1:21.34

Prueba 3, Masc., 1500m Libre, 40+

Clasificación	AN								Tiempo			
10.	OTEIZA LACALLE, Francisco			76	C.N. Iregua-Villamediana				20:40.71	7,00		
	100m:	1:16.86	1:16.86	500m:	6:53.24	1:25.26	900m:	12:30.61	1:23.28	1300m:	18:02.69	1:22.01
	200m:	2:39.77	1:22.91	600m:	8:17.90	1:24.66	1000m:	13:53.42	1:22.81	1400m:	19:23.88	1:21.19
	300m:	4:03.51	1:23.74	700m:	9:42.51	1:24.61	1100m:	15:17.09	1:23.67	1500m:	20:40.71	1:16.83
	400m:	5:27.98	1:24.47	800m:	11:07.33	1:24.82	1200m:	16:40.68	1:23.59			
11.	YAGÜE ANDRÉS, Jorge			77	C.N. Master Madrid				20:43.85	6,00		
	100m:	1:14.96	1:14.96	500m:	6:52.23	1:24.35	900m:	12:30.25	1:24.85	1300m:	18:05.69	1:22.85
	200m:	2:38.67	1:23.71	600m:	8:17.16	1:24.93	1000m:	13:54.27	1:24.02	1400m:	19:29.62	1:23.93
	300m:	4:03.82	1:25.15	700m:	9:41.21	1:24.05	1100m:	15:18.88	1:24.61	1500m:	20:43.85	1:14.23
	400m:	5:27.88	1:24.06	800m:	11:05.40	1:24.19	1200m:	16:42.84	1:23.96			
12.	CALDERON ZAPATERIA, Diego			78	C.N. Judizmendi				20:53.86	5,00		
	100m:	1:13.53	1:13.53	500m:	6:46.11	1:24.90	900m:	12:28.11	1:25.19	1300m:	18:07.03	1:24.71
	200m:	2:34.34	1:20.81	600m:	8:12.62	1:26.51	1000m:	13:53.96	1:25.85	1400m:	19:30.89	1:23.86
	300m:	3:56.28	1:21.94	700m:	9:38.04	1:25.42	1100m:	15:17.57	1:23.61	1500m:	20:53.86	1:22.97
	400m:	5:21.21	1:24.93	800m:	11:02.92	1:24.88	1200m:	16:42.32	1:24.75			
13.	GUTIERREZ FUENTES, Ruben Antonio			76	C.N. Monteverde				20:53.96	4,00		
	100m:	1:15.79	1:15.79	500m:	6:47.88	1:23.86	900m:	12:28.24	1:25.21	1300m:	18:09.98	1:24.83
	200m:	2:37.09	1:21.30	600m:	8:12.68	1:24.80	1000m:	13:54.48	1:26.24	1400m:	19:34.12	1:24.14
	300m:	4:00.04	1:22.95	700m:	9:37.61	1:24.93	1100m:	15:19.61	1:25.13	1500m:	20:53.96	1:19.84
	400m:	5:24.02	1:23.98	800m:	11:03.03	1:25.42	1200m:	16:45.15	1:25.54			
14.	LANIELLA FERNANDEZ, Igor			78	C.D. Fortuna				21:03.15	3,00		
	100m:	1:14.71	1:14.71	500m:	6:48.11	1:24.45	900m:	12:23.35	1:24.25	1300m:	18:10.12	1:27.93
	200m:	2:36.96	1:22.25	600m:	8:12.76	1:24.65	1000m:	13:49.51	1:26.16	1400m:	19:39.16	1:29.04
	300m:	4:00.19	1:23.23	700m:	9:36.08	1:23.32	1100m:	15:15.09	1:25.58	1500m:	21:03.15	1:23.99
	400m:	5:23.66	1:23.47	800m:	10:59.10	1:23.02	1200m:	16:42.19	1:27.10			
15.	FINS SEOANE, Juan Miguel			77	C.N. E Salvamento A Estrada				21:03.45	2,00		
	100m:	1:12.27	1:12.27	500m:	6:45.68	1:24.74	900m:	12:31.47	1:27.31	1300m:	18:18.07	1:26.26
	200m:	2:33.55	1:21.28	600m:	8:11.37	1:25.69	1000m:	13:58.66	1:27.19	1400m:	19:42.93	1:24.86
	300m:	3:56.40	1:22.85	700m:	9:37.18	1:25.81	1100m:	15:25.86	1:27.20	1500m:	21:03.45	1:20.52
	400m:	5:20.94	1:24.54	800m:	11:04.16	1:26.98	1200m:	16:51.81	1:25.95			
16.	TOMAS MARTINEZ-LOSA, Juan Carlos			76	C.N. Iregua-Villamediana				21:38.31	1,00		
	100m:	1:18.00	1:18.00	500m:	6:56.01	1:26.00	900m:	12:47.63	1:27.51	1300m:	18:43.57	1:29.90
	200m:	2:41.23	1:23.23	600m:	8:24.50	1:28.49	1000m:	14:15.58	1:27.95	1400m:	20:11.78	1:28.21
	300m:	4:04.84	1:23.61	700m:	9:53.09	1:28.59	1100m:	15:45.41	1:29.83	1500m:	21:38.31	1:26.53
	400m:	5:30.01	1:25.17	800m:	11:20.12	1:27.03	1200m:	17:13.67	1:28.26			
17.	AGUILAR CONTRERAS, Antonio Angel			79	C.N. Master Madrid				21:41.39	-		
	100m:	1:21.28	1:21.28	500m:	7:13.84	1:27.89	900m:	13:02.54	1:27.08	1300m:	18:50.58	1:27.57
	200m:	2:49.27	1:27.99	600m:	8:40.72	1:26.88	1000m:	14:29.43	1:26.89	1400m:	20:16.38	1:25.80
	300m:	4:17.67	1:28.40	700m:	10:08.37	1:27.65	1100m:	15:56.43	1:27.00	1500m:	21:41.39	1:25.01
	400m:	5:45.95	1:28.28	800m:	11:35.46	1:27.09	1200m:	17:23.01	1:26.58			
18.	MORENO MARTINEZ, Jorge			77	Albacete Master N.				22:37.78	-		
	100m:	1:27.22	1:27.22	500m:	7:37.43	1:31.09	900m:	13:38.85	1:30.61	1300m:	19:42.70	1:30.59
	200m:	3:01.59	1:34.37	600m:	9:08.69	1:31.26	1000m:	15:10.70	1:31.85	1400m:	21:12.48	1:29.78
	300m:	4:34.91	1:33.32	700m:	10:37.66	1:28.97	1100m:	16:42.00	1:31.30	1500m:	22:37.78	1:25.30
	400m:	6:06.34	1:31.43	800m:	12:08.24	1:30.58	1200m:	18:12.11	1:30.11			
19.	ARRASTIO LOPEZ, Xabier			75	C.N. Playa Salve				23:27.88	-		
	100m:	1:23.21	1:23.21	500m:	7:37.58	1:34.36	900m:	13:59.86	1:34.74	1300m:	20:21.19	1:34.82
	200m:	2:55.28	1:32.07	600m:	9:13.34	1:35.76	1000m:	15:35.83	1:35.97	1400m:	21:56.20	1:35.01
	300m:	4:29.30	1:34.02	700m:	10:48.71	1:35.37	1100m:	17:10.41	1:34.58	1500m:	23:27.88	1:31.68
	400m:	6:03.22	1:33.92	800m:	12:25.12	1:36.41	1200m:	18:46.37	1:35.96			

### Prueba 3, Masc., 1500m Libre, 40+

Clasificación	AN										Tiempo	
20.	AGUADO ANDRES, Gustavo				77	C.N. Monteverde					23:52.12	-
	100m:	1:23.73	1:23.73	500m:	7:48.72	1:36.60	900m:	14:22.16	1:37.45	1300m:	20:42.42	1:35.73
	200m:	2:57.28	1:33.55	600m:	9:26.27	1:37.55	1000m:	15:55.89	1:33.73	1400m:	22:17.92	1:35.50
	300m:	4:34.29	1:37.01	700m:	11:05.58	1:39.31	1100m:	17:31.38	1:35.49	1500m:	23:52.12	1:34.20
	400m:	6:12.12	1:37.83	800m:	12:44.71	1:39.13	1200m:	19:06.69	1:35.31			
21.	RÍOS MUÑOZ, Francisco Javier				75	C.D. Halegatos					23:56.05	-
	100m:	1:25.90	1:25.90	500m:	7:53.70	1:37.37	900m:	14:18.64	1:36.62	1300m:	20:44.55	1:37.32
	200m:	3:00.00	1:34.10	600m:	9:30.10	1:36.40	1000m:	15:54.39	1:35.75	1400m:	22:22.43	1:37.88
	300m:	4:37.83	1:37.83	700m:	11:05.86	1:35.76	1100m:	17:31.20	1:36.81	1500m:	23:56.05	1:33.62
	400m:	6:16.33	1:38.50	800m:	12:42.02	1:36.16	1200m:	19:07.23	1:36.03			
22.	RUIZ MARTÍNEZ, Emilio José				79	Cn Master Torrijos					24:27.35	-
	100m:	1:29.74	1:29.74	500m:	8:05.91	1:39.04	900m:	14:40.27	1:37.63	1300m:	21:12.42	1:38.16
	200m:	3:07.36	1:37.62	600m:	9:45.34	1:39.43	1000m:	16:18.32	1:38.05	1400m:	22:50.68	1:38.26
	300m:	4:46.40	1:39.04	700m:	11:24.62	1:39.28	1100m:	17:56.92	1:38.60	1500m:	24:27.35	1:36.67
	400m:	6:26.87	1:40.47	800m:	13:02.64	1:38.02	1200m:	19:34.26	1:37.34			
23.	SANCHEZ RODRIGUEZ, Jose Luis				78	C.N. Master Madrid					24:51.53	-
	100m:	1:26.56	1:26.56	500m:	8:06.45	1:41.03	900m:	14:49.66	1:41.39	1300m:	21:32.92	1:41.05
	200m:	3:06.17	1:39.61	600m:	9:47.22	1:40.77	1000m:	16:31.03	1:41.37	1400m:	23:13.35	1:40.43
	300m:	4:46.66	1:40.49	700m:	11:27.87	1:40.65	1100m:	18:12.22	1:41.19	1500m:	24:51.53	1:38.18
	400m:	6:25.42	1:38.76	800m:	13:08.27	1:40.40	1200m:	19:51.87	1:39.65			
24.	ROZADOS SANCHEZ, Carlos				79	C.N. E Salvamento A Estrada					24:52.38	-
	100m:	1:23.55	1:23.55	500m:	7:56.09	1:39.21	900m:	14:44.62	1:42.90	1300m:	21:33.84	1:43.37
	200m:	2:58.27	1:34.72	600m:	9:38.10	1:42.01	1000m:	16:27.21	1:42.59	1400m:	23:14.35	1:40.51
	300m:	4:37.48	1:39.21	700m:	11:20.23	1:42.13	1100m:	18:09.22	1:42.01	1500m:	24:52.38	1:38.03
	400m:	6:16.88	1:39.40	800m:	13:01.72	1:41.49	1200m:	19:50.47	1:41.25			
25.	ANDRÉS MERINO, Roberto				79	C.N. Iregua-Villamediana					25:04.86	-
	100m:	1:29.03	1:29.03	500m:	8:13.31	1:42.98	900m:	15:01.65	1:41.57	1300m:	21:46.22	1:41.12
	200m:	3:06.76	1:37.73	600m:	9:55.08	1:41.77	1000m:	16:43.47	1:41.82	1400m:	23:27.98	1:41.76
	300m:	4:47.92	1:41.16	700m:	11:37.68	1:42.60	1100m:	18:24.57	1:41.10	1500m:	25:04.86	1:36.88
	400m:	6:30.33	1:42.41	800m:	13:20.08	1:42.40	1200m:	20:05.10	1:40.53			
26.	GUISASOLA FERNANDEZ, Iñigo				75	C.N. Santurtzi					25:07.82	-
	100m:	1:34.38	1:34.38	500m:	8:21.53	1:41.56	900m:	15:08.60	1:41.50	1300m:	21:49.29	1:39.82
	200m:	3:16.03	1:41.65	600m:	10:03.48	1:41.95	1000m:	16:49.71	1:41.11	1400m:	23:28.88	1:39.59
	300m:	4:57.64	1:41.61	700m:	11:45.15	1:41.67	1100m:	18:29.92	1:40.21	1500m:	25:07.82	1:38.94
	400m:	6:39.97	1:42.33	800m:	13:27.10	1:41.95	1200m:	20:09.47	1:39.55			
27.	CHAMIZO QUILIS, Luis				77	C.N. Master Murcia					28:19.66	-
	100m:	1:31.32	1:31.32	500m:	8:58.57	1:54.01	900m:	16:40.19	1:55.36	1300m:	24:28.11	1:57.14
	200m:	3:18.39	1:47.07	600m:	10:54.62	1:56.05	1000m:	18:36.41	1:56.22	1400m:	26:24.93	1:56.82
	300m:	5:10.36	1:51.97	700m:	12:50.16	1:55.54	1100m:	20:34.95	1:58.54	1500m:	28:19.66	1:54.73
	400m:	7:04.56	1:54.20	800m:	14:44.83	1:54.67	1200m:	22:30.97	1:56.02			
Baja	SEDEÑO LAFUENTE, Gonzalo				77	C.D. Halegatos						

Prueba 3, Masc., 1500m Libre

45+

1.	MORENO VIDAL, Victor Manuel	72	Club Natacion Acuatico Morvedre Sagur	<b>18:27.58</b>	19,00
	100m: 1:08.21 1:08.21	500m: 6:02.68 1:14.17	900m: 11:01.63 1:14.97	1300m: 16:00.01 1:14.42	
	200m: 2:20.86 1:12.65	600m: 7:17.39 1:14.71	1000m: 12:17.12 1:15.49	1400m: 17:14.95 1:14.94	
	300m: 3:34.34 1:13.48	700m: 8:31.81 1:14.42	1100m: 13:31.63 1:14.51	1500m: 18:27.58 1:12.63	
	400m: 4:48.51 1:14.17	800m: 9:46.66 1:14.85	1200m: 14:45.59 1:13.96		
2.	MARTINEZ LUCAS, Francisco	74	Albacete Master N.	<b>18:52.70</b>	16,00
	100m: 1:08.35 1:08.35	500m: 6:09.98 1:16.01	900m: 11:16.13 1:15.97	1300m: 16:22.07 1:16.11	
	200m: 2:22.45 1:14.10	600m: 7:26.72 1:16.74	1000m: 12:32.93 1:16.80	1400m: 17:38.35 1:16.28	
	300m: 3:37.59 1:15.14	700m: 8:43.56 1:16.84	1100m: 13:49.73 1:16.80	1500m: 18:52.70 1:14.35	
	400m: 4:53.97 1:16.38	800m: 10:00.16 1:16.60	1200m: 15:05.96 1:16.23		
3.	GOÑI IRADI, Luis	73	Kairoscore	<b>18:53.62</b>	14,00
	100m: 1:07.78 1:07.78	500m: 5:59.61 1:13.69	900m: 11:00.98 1:16.40	1300m: 16:13.58 1:19.39	
	200m: 2:20.19 1:12.41	600m: 7:14.23 1:14.62	1000m: 12:18.13 1:17.15	1400m: 17:33.78 1:20.20	
	300m: 3:33.04 1:12.85	700m: 8:29.30 1:15.07	1100m: 13:35.74 1:17.61	1500m: 18:53.62 1:19.84	
	400m: 4:45.92 1:12.88	800m: 9:44.58 1:15.28	1200m: 14:54.19 1:18.45		
4.	ESPINA VELAZ, Fernando	71	C.E. Mediterrani	<b>19:14.08</b>	13,00
	100m: 1:12.65 1:12.65	500m: 6:21.55 1:17.42	900m: 11:29.99 1:17.37	1300m: 16:41.69 1:18.21	
	200m: 2:30.00 1:17.35	600m: 7:39.04 1:17.49	1000m: 12:47.56 1:17.57	1400m: 17:59.36 1:17.67	
	300m: 3:47.50 1:17.50	700m: 8:55.63 1:16.59	1100m: 14:05.54 1:17.98	1500m: 19:14.08 1:14.72	
	400m: 5:04.13 1:16.63	800m: 10:12.62 1:16.99	1200m: 15:23.48 1:17.94		
5.	GUTIERREZ ASCANIO, Ciro	70	C.N. Metropole	<b>19:29.13</b>	12,00
	100m: 1:11.57 1:11.57	500m: 6:19.40 1:16.98	900m: 11:31.76 1:18.95	1300m: 16:49.97 1:20.16	
	200m: 2:27.94 1:16.37	600m: 7:36.98 1:17.58	1000m: 12:51.12 1:19.36	1400m: 18:10.17 1:20.20	
	300m: 3:44.77 1:16.83	700m: 8:54.47 1:17.49	1100m: 14:10.40 1:19.28	1500m: 19:29.13 1:18.96	
	400m: 5:02.42 1:17.65	800m: 10:12.81 1:18.34	1200m: 15:29.81 1:19.41		
6.	ROVIRA BODI, Juan Manuel	74	C.N. Albacora	<b>20:35.95</b>	11,00
	100m: 1:12.38 1:12.38	500m: 6:34.15 1:21.62	900m: 12:06.53 1:23.64	1300m: 17:45.52 1:25.32	
	200m: 2:30.70 1:18.32	600m: 7:57.05 1:22.90	1000m: 13:31.11 1:24.58	1400m: 19:10.85 1:25.33	
	300m: 3:50.98 1:20.28	700m: 9:19.97 1:22.92	1100m: 14:55.73 1:24.62	1500m: 20:35.95 1:25.10	
	400m: 5:12.53 1:21.55	800m: 10:42.89 1:22.92	1200m: 16:20.20 1:24.47		
7.	HERNÁNDEZ REDONDO, Alberto	71	C.N. Monteverde	<b>20:44.32</b>	10,00
	100m: 1:15.68 1:15.68	500m: 6:50.23 1:24.59	900m: 12:28.55 1:24.58	1300m: 18:02.39 1:23.07	
	200m: 2:37.65 1:21.97	600m: 8:15.18 1:24.95	1000m: 13:53.17 1:24.62	1400m: 19:24.57 1:22.18	
	300m: 4:00.77 1:23.12	700m: 9:40.07 1:24.89	1100m: 15:18.01 1:24.84	1500m: 20:44.32 1:19.75	
	400m: 5:25.64 1:24.87	800m: 11:03.97 1:23.90	1200m: 16:39.32 1:21.31		
8.	TRUEBA AGUIRRE, Francisco Javier	74	C.N. Santurtzi	<b>20:45.39</b>	9,00
	100m: 1:19.12 1:19.12	500m: 6:53.82 1:23.86	900m: 12:26.98 1:23.38	1300m: 18:00.66 1:23.29	
	200m: 2:41.99 1:22.87	600m: 8:17.29 1:23.47	1000m: 13:50.52 1:23.54	1400m: 19:24.05 1:23.39	
	300m: 4:05.92 1:23.93	700m: 9:40.56 1:23.27	1100m: 15:14.24 1:23.72	1500m: 20:45.39 1:21.34	
	400m: 5:29.96 1:24.04	800m: 11:03.60 1:23.04	1200m: 16:37.37 1:23.13		
9.	OCAMPO GISBERT, David	71	C.N. Master Madrid	<b>20:55.27</b>	8,00
	100m: 1:16.39 1:16.39	500m: 6:56.24 1:24.97	900m: 12:36.11 1:24.89	1300m: 18:13.82 1:24.35	
	200m: 2:40.79 1:24.40	600m: 8:21.83 1:25.59	1000m: 14:00.35 1:24.24	1400m: 19:37.56 1:23.74	
	300m: 4:05.89 1:25.10	700m: 9:46.75 1:24.92	1100m: 15:24.93 1:24.58	1500m: 20:55.27 1:17.71	
	400m: 5:31.27 1:25.38	800m: 11:11.22 1:24.47	1200m: 16:49.47 1:24.54		
10.	SEGLAR VALIENTE, Miguel Angel	72	Vila-Swim Fondistas Club Natación	<b>21:03.55</b>	7,00
	100m: 1:18.64 1:18.64	500m: 6:55.22 1:24.59	900m: 12:33.01 1:24.78	1300m: 18:15.76 1:25.49	
	200m: 2:42.15 1:23.51	600m: 8:19.53 1:24.31	1000m: 13:58.50 1:25.49	1400m: 19:40.18 1:24.42	
	300m: 4:06.42 1:24.27	700m: 9:44.17 1:24.64	1100m: 15:24.79 1:26.29	1500m: 21:03.55 1:23.37	
	400m: 5:30.63 1:24.21	800m: 11:08.23 1:24.06	1200m: 16:50.27 1:25.48		



Prueba 3, Masc., 1500m Libre, 45+

Clasificación	AN								Tiempo	
11. GARCÍA GARVÍN, Demetrio Julian	74	C.N. Monteverde								<b>21:13.22</b> 6,00
100m:	1:15.95	1:15.95	500m:	6:57.62	1:27.19	900m:	12:41.20	1:24.93	1300m:	18:27.52 1:26.89
200m:	2:39.45	1:23.50	600m:	8:24.08	1:26.46	1000m:	14:07.56	1:26.36	1400m:	19:52.06 1:24.54
300m:	4:04.38	1:24.93	700m:	9:50.89	1:26.81	1100m:	15:34.50	1:26.94	1500m:	21:13.22 1:21.16
400m:	5:30.43	1:26.05	800m:	11:16.27	1:25.38	1200m:	17:00.63	1:26.13		
12. GOMEZ RAMOS, Jesús	70	Real Canoe N.C.								<b>21:15.52</b> 5,00
100m:	1:15.93	1:15.93	500m:	6:54.10	1:26.44	900m:	12:40.32	1:26.81	1300m:	18:26.74 1:26.90
200m:	2:38.79	1:22.86	600m:	8:20.19	1:26.09	1000m:	14:06.23	1:25.91	1400m:	19:51.78 1:25.04
300m:	4:02.46	1:23.67	700m:	9:46.62	1:26.43	1100m:	15:32.70	1:26.47	1500m:	21:15.52 1:23.74
400m:	5:27.66	1:25.20	800m:	11:13.51	1:26.89	1200m:	16:59.84	1:27.14		
13. BOLOS SANTANA, Jose Angel	73	Sopela Igeriketa Swim								<b>21:31.21</b> 4,00
100m:	1:17.40	1:17.40	500m:	7:00.00	1:27.03	900m:	12:47.22	1:26.66	1300m:	18:37.07 1:28.03
200m:	2:41.35	1:23.95	600m:	8:26.28	1:26.28	1000m:	14:14.13	1:26.91	1400m:	20:05.09 1:28.02
300m:	4:06.72	1:25.37	700m:	9:53.25	1:26.97	1100m:	15:41.89	1:27.76	1500m:	21:31.21 1:26.12
400m:	5:32.97	1:26.25	800m:	11:20.56	1:27.31	1200m:	17:09.04	1:27.15		
14. MERINO GONZÁLEZ, Raúl	74	Cd Upstream								<b>21:34.04</b> 3,00
100m:	1:18.00	1:18.00	500m:	7:09.03	1:27.08	900m:	12:57.89	1:27.60	1300m:	18:46.16 1:26.88
200m:	2:45.63	1:27.63	600m:	8:35.54	1:26.51	1000m:	14:25.01	1:27.12	1400m:	20:12.20 1:26.04
300m:	4:14.25	1:28.62	700m:	10:02.13	1:26.59	1100m:	15:52.12	1:27.11	1500m:	21:34.04 1:21.84
400m:	5:41.95	1:27.70	800m:	11:30.29	1:28.16	1200m:	17:19.28	1:27.16		
15. LIDÓN GIMÉNEZ, Alfonso	70	C.N. Master Murcia								<b>21:48.49</b> 2,00
100m:	1:17.11	1:17.11	500m:	7:07.15	1:28.69	900m:	13:03.42	1:29.17	1300m:	18:56.44 1:27.43
200m:	2:41.91	1:24.80	600m:	8:35.83	1:28.68	1000m:	14:32.84	1:29.42	1400m:	20:24.34 1:27.90
300m:	4:09.96	1:28.05	700m:	10:05.14	1:29.31	1100m:	16:01.00	1:28.16	1500m:	21:48.49 1:24.15
400m:	5:38.46	1:28.50	800m:	11:34.25	1:29.11	1200m:	17:29.01	1:28.01		
16. GARCIA COLOME, David	74	C.N. L' Hospitalet								<b>22:17.66</b> 1,00
100m:	1:21.56	1:21.56	500m:	7:15.16	1:28.39	900m:	13:14.74	1:29.93	1300m:	19:17.76 1:30.71
200m:	2:49.26	1:27.70	600m:	8:45.58	1:30.42	1000m:	14:45.47	1:30.73	1400m:	20:48.36 1:30.60
300m:	4:17.71	1:28.45	700m:	10:15.16	1:29.58	1100m:	16:16.66	1:31.19	1500m:	22:17.66 1:29.30
400m:	5:46.77	1:29.06	800m:	11:44.81	1:29.65	1200m:	17:47.05	1:30.39		
17. MARTINEZ GONZALEZ, Raul	72	C.N. Ovimaster								<b>22:24.40</b> -
100m:	1:19.37	1:19.37	500m:	7:16.39	1:31.48	900m:	13:20.30	1:31.05	1300m:	19:25.16 1:31.24
200m:	2:46.00	1:26.63	600m:	8:47.06	1:30.67	1000m:	14:51.93	1:31.63	1400m:	20:56.25 1:31.09
300m:	4:14.78	1:28.78	700m:	10:17.99	1:30.93	1100m:	16:23.01	1:31.08	1500m:	22:24.40 1:28.15
400m:	5:44.91	1:30.13	800m:	11:49.25	1:31.26	1200m:	17:53.92	1:30.91		
18. ALVAREZ CABO, Cesar	72	C.N. Master Madrid								<b>22:28.65</b> -
100m:	1:17.75	1:17.75	500m:	7:23.22	1:31.91	900m:	13:31.48	1:31.45	1300m:	19:35.18 1:30.79
200m:	2:47.05	1:29.30	600m:	8:55.45	1:32.23	1000m:	15:03.36	1:31.88	1400m:	21:03.66 1:28.48
300m:	4:18.73	1:31.68	700m:	10:27.90	1:32.45	1100m:	16:33.80	1:30.44	1500m:	22:28.65 1:24.99
400m:	5:51.31	1:32.58	800m:	12:00.03	1:32.13	1200m:	18:04.39	1:30.59		
19. NUÑEZ BARACALDO, Jorge	74	Sopela Igeriketa Swim								<b>22:58.02</b> -
100m:	1:23.00	1:23.00	500m:	7:31.01	1:32.91	900m:	13:42.62	1:33.74	1300m:	19:57.83 1:33.70
200m:	2:53.27	1:30.27	600m:	9:02.70	1:31.69	1000m:	15:16.17	1:33.55	1400m:	21:30.17 1:32.34
300m:	4:25.61	1:32.34	700m:	10:35.74	1:33.04	1100m:	16:49.75	1:33.58	1500m:	22:58.02 1:27.85
400m:	5:58.10	1:32.49	800m:	12:08.88	1:33.14	1200m:	18:24.13	1:34.38		
20. MORCHON FUENTES, Oscar J	72	Cd Upstream								<b>23:11.25</b> -
100m:	1:24.22	1:24.22	500m:	7:33.96	1:33.00	900m:	13:48.99	1:33.51	1300m:	20:04.00 1:33.22
200m:	2:56.20	1:31.98	600m:	9:07.61	1:33.65	1000m:	15:23.08	1:34.09	1400m:	21:37.80 1:33.80
300m:	4:28.99	1:32.79	700m:	10:41.56	1:33.95	1100m:	16:56.89	1:33.81	1500m:	23:11.25 1:33.45
400m:	6:00.96	1:31.97	800m:	12:15.48	1:33.92	1200m:	18:30.78	1:33.89		

Prueba 3, Masc., 1500m Libre, 45+

Clasificación	AN		Tiempo	
21. CAPUTTO CAMARENA, Javier	71	C.N. Monteverde	<b>23:48.37</b>	-
100m: 1:22.74 1:22.74	500m: 7:37.10 1:36.49	900m: 14:11.08 1:38.15	1300m: 20:41.83 1:36.90	
200m: 2:52.92 1:30.18	600m: 9:15.89 1:38.79	1000m: 15:48.13 1:37.05	1400m: 22:17.88 1:36.05	
300m: 4:26.32 1:33.40	700m: 10:55.28 1:39.39	1100m: 17:26.35 1:38.22	1500m: 23:48.37 1:30.49	
400m: 6:00.61 1:34.29	800m: 12:32.93 1:37.65	1200m: 19:04.93 1:38.58		
22. GUTIERREZ ARTEAGA, Jose	74	C. Tenerife Masters	<b>23:52.40</b>	-
100m: 1:28.23 1:28.23	500m: 7:51.17 1:35.98	900m: 14:20.21 1:37.34	1300m: 20:49.84 1:36.60	
200m: 3:02.51 1:34.28	600m: 9:29.53 1:38.36	1000m: 15:57.96 1:37.75	1400m: 22:25.70 1:35.86	
300m: 4:39.25 1:36.74	700m: 11:06.70 1:37.17	1100m: 17:35.66 1:37.70	1500m: 23:52.40 1:26.70	
400m: 6:15.19 1:35.94	800m: 12:42.87 1:36.17	1200m: 19:13.24 1:37.58		
23. MERLO GARCIA, Francisco Manuel	70	C.N. Fuenlabrada	<b>24:23.06</b>	-
100m: 1:28.28 1:28.28	500m: 7:52.54 1:36.86	1000m: 16:06.40 1:38.69	1400m: 22:44.95 1:38.84	
200m: 3:02.83 1:34.55	600m: 9:31.13 1:38.59	1100m: 17:46.54 1:40.14	1500m: 24:23.06 1:38.11	
300m: 4:39.34 1:36.51	800m: 12:48.15 3:17.02	1200m: 19:26.69 1:40.15		
400m: 6:15.68 1:36.34	900m: 14:27.71 1:39.56	1300m: 21:06.11 1:39.42		
24. ALONSO - CASTRILLO ALMSTRÖM, Francisco	73	C.N. Master Madrid	<b>25:03.04</b>	-
100m: 1:32.92 1:32.92	500m: 8:21.29 1:42.36	900m: 15:02.18 1:40.59	1300m: 21:41.35 1:40.60	
200m: 3:15.27 1:42.35	600m: 10:00.97 1:39.68	1000m: 16:40.78 1:38.60	1400m: 23:22.07 1:40.72	
300m: 4:56.62 1:41.35	700m: 11:41.46 1:40.49	1100m: 18:20.44 1:39.66	1500m: 25:03.04 1:40.97	
400m: 6:38.93 1:42.31	800m: 13:21.59 1:40.13	1200m: 20:00.75 1:40.31		
25. LUQUE CABO, Jorge Javier	73	C.N. Master Madrid	<b>25:07.01</b>	-
100m: 1:30.62 1:30.62	500m: 8:12.10 1:42.32	900m: 15:01.68 1:42.40	1300m: 21:50.12 1:41.46	
200m: 3:08.06 1:37.44	600m: 9:54.92 1:42.82	1000m: 16:44.25 1:42.57	1400m: 23:32.37 1:42.25	
300m: 4:47.75 1:39.69	700m: 11:36.53 1:41.61	1100m: 18:27.71 1:43.46	1500m: 25:07.01 1:34.64	
400m: 6:29.78 1:42.03	800m: 13:19.28 1:42.75	1200m: 20:08.66 1:40.95		
26. GABIOLA BASTERRETXEA, Bittor	71	C.N. Santurtzi	<b>25:09.45</b>	-
100m: 1:34.07 1:34.07	500m: 8:21.26 1:41.78	900m: 15:08.61 1:41.93	1300m: 21:51.09 1:40.23	
200m: 3:15.07 1:41.00	600m: 10:03.28 1:42.02	1000m: 16:50.30 1:41.69	1400m: 23:32.14 1:41.05	
300m: 4:57.03 1:41.96	700m: 11:44.92 1:41.64	1100m: 18:30.72 1:40.42	1500m: 25:09.45 1:37.31	
400m: 6:39.48 1:42.45	800m: 13:26.68 1:41.76	1200m: 20:10.86 1:40.14		
27. PINTO SANCHEZ, Jose Luis	74	C.D. Tizona Burgos	<b>26:33.92</b>	-
100m: 1:26.55 1:26.55	500m: 8:32.67 1:50.22	900m: 15:48.74 1:48.67	1300m: 23:04.90 1:48.70	
200m: 3:07.85 1:41.30	600m: 10:23.60 1:50.93	1000m: 17:37.97 1:49.23	1400m: 24:52.04 1:47.14	
300m: 4:53.97 1:46.12	700m: 12:12.36 1:48.76	1100m: 19:28.80 1:50.83	1500m: 26:33.92 1:41.88	
400m: 6:42.45 1:48.48	800m: 14:00.07 1:47.71	1200m: 21:16.20 1:47.40		
28. LORENZO FERNANDEZ, Jose Manuel	72	C.N. Rias Baixas	<b>27:09.44</b>	-
100m: 1:35.86 1:35.86	500m: 8:53.39 1:51.42	900m: 16:12.09 1:50.33	1300m: 23:35.78 1:52.38	
200m: 3:22.74 1:46.88	600m: 10:44.05 1:50.66	1000m: 18:02.22 1:50.13	1400m: 25:24.71 1:48.93	
300m: 5:10.37 1:47.63	700m: 12:31.92 1:47.87	1100m: 19:52.57 1:50.35	1500m: 27:09.44 1:44.73	
400m: 7:01.97 1:51.60	800m: 14:21.76 1:49.84	1200m: 21:43.40 1:50.83		
NP DELGADO ALVARO, Jose Antonio	71	Guadalajara C.N.	-	-
Baja LEAL ARCAS, Javier	72	C.N. Master Murcia	-	-
Baja OLMEDO FERNÁNDEZ, Fernando	71	C.N. Master Murcia	-	-
Baja FERNANDEZ REINOSA, Maximiliano	72	C.N. Master Naturalswim Petrer	-	-
Baja ALAEZ FARRERES, Juan Luis	72	E.M. El Olivar	-	-

Prueba 3, Masc., 1500m Libre

50+

1.	ADELL LLOSAS, Joan Carles	68	Cambrils C.N.	<b>19:32.81</b>	19,00
	100m: 1:12.90 1:12.90	500m: 6:23.70 1:18.26	900m: 11:38.03 1:18.58	1300m: 16:55.37 1:19.69	
	200m: 2:29.58 1:16.68	600m: 7:42.11 1:18.41	1000m: 12:56.91 1:18.88	1400m: 18:14.77 1:19.40	
	300m: 3:47.36 1:17.78	700m: 9:00.65 1:18.54	1100m: 14:16.58 1:19.67	1500m: 19:32.81 1:18.04	
	400m: 5:05.44 1:18.08	800m: 10:19.45 1:18.80	1200m: 15:35.68 1:19.10		
2.	FARRONA CLAVERO, Manuel	65	C.N. Master Murcia	<b>19:41.28</b>	16,00
	100m: 1:11.90 1:11.90	500m: 6:26.63 1:19.03	900m: 11:45.26 1:19.51	1300m: 17:04.99 1:19.77	
	200m: 2:29.16 1:17.26	600m: 7:46.28 1:19.65	1000m: 13:05.41 1:20.15	1400m: 18:25.21 1:20.22	
	300m: 3:48.26 1:19.10	700m: 9:06.19 1:19.91	1100m: 14:24.92 1:19.51	1500m: 19:41.28 1:16.07	
	400m: 5:07.60 1:19.34	800m: 10:25.75 1:19.56	1200m: 15:45.22 1:20.30		
3.	LOYOLA IRIONDO, Rafael	66	Kairoscore	<b>19:44.45</b>	14,00
	100m: 1:15.86 1:15.86	500m: 6:34.29 1:19.65	900m: 11:52.19 1:19.15	1300m: 17:09.25 1:19.44	
	200m: 2:35.47 1:19.61	600m: 7:53.57 1:19.28	1000m: 13:11.38 1:19.19	1400m: 18:28.85 1:19.60	
	300m: 3:54.98 1:19.51	700m: 9:13.15 1:19.58	1100m: 14:30.48 1:19.10	1500m: 19:44.45 1:15.60	
	400m: 5:14.64 1:19.66	800m: 10:33.04 1:19.89	1200m: 15:49.81 1:19.33		
4.	SANCHEZ APARICIO, Enrique	68	A.D. Manuel Llana	<b>19:46.08</b>	13,00
	100m: 1:13.30 1:13.30	500m: 6:31.28 1:19.92	900m: 11:49.13 1:19.72	1300m: 17:10.57 1:20.75	
	200m: 2:32.09 1:18.79	600m: 7:49.94 1:18.66	1000m: 13:09.33 1:20.20	1400m: 18:30.59 1:20.02	
	300m: 3:51.63 1:19.54	700m: 9:09.66 1:19.72	1100m: 14:29.30 1:19.97	1500m: 19:46.08 1:15.49	
	400m: 5:11.36 1:19.73	800m: 10:29.41 1:19.75	1200m: 15:49.82 1:20.52		
5.	CARBAJO RUEDA, Maximo	66	C.N. Master Madrid	<b>20:34.30</b>	12,00
	100m: 1:13.78 1:13.78	500m: 6:41.19 1:22.26	900m: 12:14.61 1:23.44	1300m: 17:49.95 1:23.61	
	200m: 2:34.37 1:20.59	600m: 8:04.42 1:23.23	1000m: 13:37.74 1:23.13	1400m: 19:13.75 1:23.80	
	300m: 3:56.20 1:21.83	700m: 9:27.38 1:22.96	1100m: 15:01.76 1:24.02	1500m: 20:34.30 1:20.55	
	400m: 5:18.93 1:22.73	800m: 10:51.17 1:23.79	1200m: 16:26.34 1:24.58		
6.	CLEMENTE PESUDO, Pere Xavier	69	Vila-Swim Fondistas Club Natación	<b>21:23.13</b>	11,00
	100m: 1:21.14 1:21.14	500m: 7:06.47 1:25.90	900m: 12:48.44 1:25.62	1300m: 18:34.79 1:27.55	
	200m: 2:47.30 1:26.16	600m: 8:32.11 1:25.64	1000m: 14:14.27 1:25.83	1400m: 20:00.79 1:26.00	
	300m: 4:14.23 1:26.93	700m: 9:57.49 1:25.38	1100m: 15:40.09 1:25.82	1500m: 21:23.13 1:22.34	
	400m: 5:40.57 1:26.34	800m: 11:22.82 1:25.33	1200m: 17:07.24 1:27.15		
7.	YÑIGO DE LOS RIOS, Miguel	68	C.N. Master Madrid	<b>21:34.48</b>	10,00
	100m: 1:18.73 1:18.73	500m: 7:07.86 1:26.83	900m: 12:57.56 1:27.72	1300m: 18:45.98 1:26.74	
	200m: 2:45.39 1:26.66	600m: 8:34.05 1:26.19	1000m: 14:25.04 1:27.48	1400m: 20:12.17 1:26.19	
	300m: 4:13.67 1:28.28	700m: 10:01.53 1:27.48	1100m: 15:51.88 1:26.84	1500m: 21:34.48 1:22.31	
	400m: 5:41.03 1:27.36	800m: 11:29.84 1:28.31	1200m: 17:19.24 1:27.36		
8.	MAESO VERGARA, Miguel Benito	67	C.N. Camargo	<b>21:36.98</b>	9,00
	200m: 2:42.42 1:26.26	600m: 8:28.97 1:27.27	1000m: 14:18.84 1:27.98	1400m: 20:13.08 1:28.22	
	300m: 4:08.68 1:26.26	700m: 9:56.48 1:27.51	1100m: 15:47.80 1:28.96	1500m: 21:36.98 1:23.90	
	400m: 5:34.73 1:26.05	800m: 11:23.91 1:27.43	1200m: 17:16.11 1:28.31		
	500m: 7:01.70 1:26.97	900m: 12:50.86 1:26.95	1300m: 18:44.86 1:28.75		
9.	TOLOSA TELLO, Ignacio	67	Kairoscore	<b>21:40.61</b>	8,00
	100m: 1:17.00 1:17.00	500m: 6:57.91 1:27.14	900m: 12:50.28 1:28.28	1300m: 18:46.25 1:28.98	
	200m: 2:40.14 1:23.14	600m: 8:24.88 1:26.97	1000m: 14:19.21 1:28.93	1400m: 20:15.53 1:29.28	
	300m: 4:04.66 1:24.52	700m: 9:53.26 1:28.38	1100m: 15:48.62 1:29.41	1500m: 21:40.61 1:25.08	
	400m: 5:30.77 1:26.11	800m: 11:22.00 1:28.74	1200m: 17:17.27 1:28.65		
10.	ALCARAZ GOBITTA, Sergio	65	C.N. Master Murcia	<b>22:21.43</b>	7,00
	100m: 1:24.37 1:24.37	500m: 7:27.63 1:31.12	900m: 13:33.89 1:31.80	1300m: 19:30.39 1:29.82	
	200m: 2:55.20 1:30.83	600m: 8:58.68 1:31.05	1000m: 15:02.98 1:29.09	1400m: 20:57.50 1:27.11	
	300m: 4:25.60 1:30.40	700m: 10:30.70 1:32.02	1100m: 16:32.38 1:29.40	1500m: 22:21.43 1:23.93	
	400m: 5:56.51 1:30.91	800m: 12:02.09 1:31.39	1200m: 18:00.57 1:28.19		

Prueba 3, Masc., 1500m Libre, 50+

Clasificación	AN										Tiempo	
11. RODRIGUEZ SUAREZ, Juan Pedro	67	C.N. Metropole										22:22.05 6,00
100m:	1:22.49	1:22.49	500m:	7:23.28	1:30.80	900m:	13:23.19	1:29.91	1300m:	19:22.05	1:29.21	
200m:	2:52.29	1:29.80	600m:	8:54.27	1:30.99	1000m:	14:53.36	1:30.17	1400m:	20:52.05	1:30.00	
300m:	4:22.23	1:29.94	700m:	10:23.32	1:29.05	1100m:	16:23.66	1:30.30	1500m:	22:22.05	1:30.00	
400m:	5:52.48	1:30.25	800m:	11:53.28	1:29.96	1200m:	17:52.84	1:29.18				
12. ARIAS SALGADO, Gabriel	68	C. Tenis Chamartin										22:39.79 5,00
100m:	1:23.19	1:23.19	500m:	7:27.98	1:30.96	900m:	13:33.76	1:31.02	1300m:	19:40.05	1:31.38	
200m:	2:54.32	1:31.13	600m:	9:00.03	1:32.05	1000m:	15:05.79	1:32.03	1400m:	21:11.12	1:31.07	
300m:	4:25.48	1:31.16	700m:	10:31.34	1:31.31	1100m:	16:37.12	1:31.33	1500m:	22:39.79	1:28.67	
400m:	5:57.02	1:31.54	800m:	12:02.74	1:31.40	1200m:	18:08.67	1:31.55				
13. ALVAREZ GARCIA, Fernando	67	C. Tenis Chamartin										22:40.06 4,00
100m:	1:24.87	1:24.87	500m:	7:28.94	1:31.93	900m:	13:34.06	1:30.50	1300m:	19:39.30	1:31.63	
200m:	2:56.08	1:31.21	600m:	9:00.53	1:31.59	1000m:	15:05.03	1:30.97	1400m:	21:08.86	1:29.56	
300m:	4:26.41	1:30.33	700m:	10:31.73	1:31.20	1100m:	16:36.48	1:31.45	1500m:	22:40.06	1:31.20	
400m:	5:57.01	1:30.60	800m:	12:03.56	1:31.83	1200m:	18:07.67	1:31.19				
14. COMINERO GARCIA, Eduardo	67	Cn Master Torrijos										23:10.29 3,00
100m:	1:27.46	1:27.46	500m:	7:40.88	1:33.06	900m:	13:51.00	1:32.23	1300m:	20:05.05	1:33.90	
200m:	3:01.36	1:33.90	600m:	9:13.38	1:32.50	1000m:	15:23.26	1:32.26	1400m:	21:39.27	1:34.22	
300m:	4:34.95	1:33.59	700m:	10:46.10	1:32.72	1100m:	16:57.19	1:33.93	1500m:	23:10.29	1:31.02	
400m:	6:07.82	1:32.87	800m:	12:18.77	1:32.67	1200m:	18:31.15	1:33.96				
15. MUÑOZ PEREZ, Angel Andres	67	C.N. Monteverde										23:20.09 2,00
100m:	1:19.67	1:19.67	500m:	7:30.36	1:34.01	900m:	13:49.68	1:34.20	1300m:	20:12.11	1:35.94	
200m:	2:49.89	1:30.22	600m:	9:04.34	1:33.98	1000m:	15:24.34	1:34.66	1400m:	21:48.90	1:36.79	
300m:	4:22.65	1:32.76	700m:	10:40.03	1:35.69	1100m:	16:59.98	1:35.64	1500m:	23:20.09	1:31.19	
400m:	5:56.35	1:33.70	800m:	12:15.48	1:35.45	1200m:	18:36.17	1:36.19				
16. DOMINGUEZ NEGRILLO, Raul	67	C.N.D. Fuengirola Swimming										23:21.62 1,00
100m:	1:28.55	1:28.55	500m:	7:38.38	1:32.30	900m:	13:53.83	1:35.54	1300m:	20:17.98	1:37.01	
200m:	3:00.92	1:32.37	600m:	9:11.05	1:32.67	1000m:	15:28.80	1:34.97	1400m:	21:54.35	1:36.37	
300m:	4:33.39	1:32.47	700m:	10:43.84	1:32.79	1100m:	17:03.81	1:35.01	1500m:	23:21.62	1:27.27	
400m:	6:06.08	1:32.69	800m:	12:18.29	1:34.45	1200m:	18:40.97	1:37.16				
17. BOIXADER GIL, Jose Manuel	65	Vila-Swim Fondistas Club Natación										23:22.52 -
100m:	1:25.40	1:25.40	500m:	7:41.75	1:34.79	900m:	14:01.09	1:34.69	1300m:	20:19.90	1:34.49	
200m:	2:58.00	1:32.60	600m:	9:17.06	1:35.31	1000m:	15:36.19	1:35.10	1400m:	21:53.79	1:33.89	
300m:	4:32.74	1:34.74	700m:	10:51.73	1:34.67	1100m:	17:10.99	1:34.80	1500m:	23:22.52	1:28.73	
400m:	6:06.96	1:34.22	800m:	12:26.40	1:34.67	1200m:	18:45.41	1:34.42				
18. NAVARRO AGUIRRE, Juan Carlos	65	Sopela Igeriketa Swim										23:42.48 -
100m:	1:28.69	1:28.69	600m:	9:26.56	1:35.18	1000m:	15:50.04	1:35.73	1400m:	22:08.99	1:34.96	
200m:	3:03.91	1:35.22	700m:	11:03.07	1:36.51	1100m:	17:25.14	1:35.10	1500m:	23:42.48	1:33.49	
300m:	4:39.92	1:36.01	800m:	12:38.79	1:35.72	1200m:	18:59.84	1:34.70				
500m:	7:51.38	3:11.46	900m:	14:14.31	1:35.52	1300m:	20:34.03	1:34.19				
19. SALGUERO CASTILLERO, Antonio	67	Sopela Igeriketa Swim										24:05.78 -
100m:	1:26.45	1:26.45	500m:	7:47.39	1:36.77	900m:	14:21.22	1:38.08	1300m:	20:53.92	1:37.97	
200m:	3:00.34	1:33.89	600m:	9:26.09	1:38.70	1000m:	15:59.35	1:38.13	1400m:	22:31.98	1:38.06	
300m:	4:35.18	1:34.84	700m:	11:04.83	1:38.74	1100m:	17:38.18	1:38.83	1500m:	24:05.78	1:33.80	
400m:	6:10.62	1:35.44	800m:	12:43.14	1:38.31	1200m:	19:15.95	1:37.77				
20. PRIETO MIGUEL, Raul	66	C.N. Monteverde										24:18.60 -
100m:	1:26.33	1:26.33	500m:	7:55.70	1:38.64	900m:	14:32.07	1:38.07	1300m:	21:06.34	1:39.20	
200m:	3:01.76	1:35.43	600m:	9:35.73	1:40.03	1000m:	16:10.45	1:38.38	1400m:	22:43.82	1:37.48	
300m:	4:39.19	1:37.43	700m:	11:14.65	1:38.92	1100m:	17:48.74	1:38.29	1500m:	24:18.60	1:34.78	
400m:	6:17.06	1:37.87	800m:	12:54.00	1:39.35	1200m:	19:27.14	1:38.40				





Prueba 3, Masc., 1500m Libre, 55+

Clasificación	AN								Tiempo			
6.	GONZALEZ PEREZ, Domingo				61	C. Tenerife Masters				21:41.47	11,00	
	100m:	1:19.01	1:19.01	500m:	6:59.84	1:26.01	900m:	12:49.13	1:27.82	1300m:	18:44.32	1:29.76
	200m:	2:43.33	1:24.32	600m:	8:26.68	1:26.84	1000m:	14:17.23	1:28.10	1400m:	20:13.23	1:28.91
	300m:	4:08.57	1:25.24	700m:	9:53.91	1:27.23	1100m:	15:45.88	1:28.65	1500m:	21:41.47	1:28.24
	400m:	5:33.83	1:25.26	800m:	11:21.31	1:27.40	1200m:	17:14.56	1:28.68			
7.	RUIZ CALVO, Juan Antonio				63	A.D. Rivas Natación				21:57.07	10,00	
	100m:	1:19.45	1:19.45	500m:	7:07.18	1:28.33	900m:	13:01.31	1:28.86	1300m:	19:00.68	1:29.93
	200m:	2:44.53	1:25.08	600m:	8:35.30	1:28.12	1000m:	14:30.75	1:29.44	1400m:	20:31.21	1:30.53
	300m:	4:11.59	1:27.06	700m:	10:04.04	1:28.74	1100m:	16:00.51	1:29.76	1500m:	21:57.07	1:25.86
	400m:	5:38.85	1:27.26	800m:	11:32.45	1:28.41	1200m:	17:30.75	1:30.24			
8.	ARIAS FEBLES, Jose Manuel				64	C.N. Metropole				22:01.96	9,00	
	100m:	1:22.26	1:22.26	500m:	7:14.98	1:28.42	900m:	13:09.53	1:28.82	1300m:	19:07.56	1:30.12
	200m:	2:50.04	1:27.78	600m:	8:43.15	1:28.17	1000m:	14:38.30	1:28.77	1400m:	20:37.78	1:30.22
	300m:	4:18.26	1:28.22	700m:	10:11.55	1:28.40	1100m:	16:07.58	1:29.28	1500m:	22:01.96	1:24.18
	400m:	5:46.56	1:28.30	800m:	11:40.71	1:29.16	1200m:	17:37.44	1:29.86			
9.	MORALES LIMIA, Jose Luis				60	C.N. Master Murcia				22:20.73	8,00	
	100m:	1:20.49	1:20.49	500m:	7:17.42	1:29.22	900m:	13:22.78	1:34.72	1300m:	19:24.93	1:30.14
	200m:	2:49.48	1:28.99	600m:	8:46.74	1:29.32	1000m:	14:54.07	1:31.29	1400m:	20:53.45	1:28.52
	300m:	4:18.95	1:29.47	700m:	10:17.67	1:30.93	1100m:	16:23.80	1:29.73	1500m:	22:20.73	1:27.28
	400m:	5:48.20	1:29.25	800m:	11:48.06	1:30.39	1200m:	17:54.79	1:30.99			
10.	COSTAS ALGARA, José Luis				62	C. Tennis Chamartin				23:15.00	7,00	
	100m:	1:27.16	1:27.16	500m:	7:45.89	1:34.51	900m:	14:01.86	1:33.72	1300m:	20:15.66	1:33.53
	200m:	3:01.73	1:34.57	600m:	9:20.39	1:34.50	1000m:	15:35.41	1:33.55	1400m:	21:48.52	1:32.86
	300m:	4:37.15	1:35.42	700m:	10:53.94	1:33.55	1100m:	17:08.78	1:33.37	1500m:	23:15.00	1:26.48
	400m:	6:11.38	1:34.23	800m:	12:28.14	1:34.20	1200m:	18:42.13	1:33.35			
11.	RODRIGUEZ CASTEDO, Alexis				62	Cn Master Torrijos				23:36.65	6,00	
	100m:	1:26.78	1:26.78	500m:	7:40.39	1:33.97	900m:	14:03.19	1:35.84	1300m:	20:27.15	1:36.51
	200m:	2:58.81	1:32.03	600m:	9:15.62	1:35.23	1000m:	15:38.91	1:35.72	1400m:	22:04.55	1:37.40
	300m:	4:32.40	1:33.59	700m:	10:51.45	1:35.83	1100m:	17:14.53	1:35.62	1500m:	23:36.65	1:32.10
	400m:	6:06.42	1:34.02	800m:	12:27.35	1:35.90	1200m:	18:50.64	1:36.11			
12.	QUIROS GIL, Ricardo				60	C.N. Master Murcia				23:53.45	5,00	
	100m:	1:26.40	1:26.40	500m:	7:57.78	1:39.05	900m:	14:25.15	1:36.23	1300m:	20:49.02	1:36.60
	200m:	3:01.79	1:35.39	600m:	9:35.05	1:37.27	1000m:	16:01.20	1:36.05	1400m:	22:23.95	1:34.93
	300m:	4:39.80	1:38.01	700m:	11:11.84	1:36.79	1100m:	17:36.49	1:35.29	1500m:	23:53.45	1:29.50
	400m:	6:18.73	1:38.93	800m:	12:48.92	1:37.08	1200m:	19:12.42	1:35.93			
13.	FUNGAIRIÑO ABAD, Eduardo				64	C.N. Master Madrid				23:53.74	4,00	
	100m:	1:29.29	1:29.29	500m:	7:56.99	1:37.71	900m:	14:23.76	1:36.71	1300m:	20:46.70	1:35.02
	200m:	3:05.28	1:35.99	600m:	9:33.39	1:36.40	1000m:	15:59.99	1:36.23	1400m:	22:21.98	1:35.28
	300m:	4:42.01	1:36.73	700m:	11:10.35	1:36.96	1100m:	17:36.05	1:36.06	1500m:	23:53.74	1:31.76
	400m:	6:19.28	1:37.27	800m:	12:47.05	1:36.70	1200m:	19:11.68	1:35.63			
14.	BLANCO PEREZ, Angel				64	C.N. Pabellon Ourense				28:51.60	3,00	
	100m:	1:47.92	1:47.92	500m:	9:33.28	1:55.72	900m:	17:18.19	1:55.97	1300m:	25:05.17	1:57.47
	200m:	3:43.55	1:55.63	600m:	11:30.99	1:57.71	1000m:	19:14.44	1:56.25	1400m:	27:01.57	1:56.40
	300m:	5:40.47	1:56.92	700m:	13:27.37	1:56.38	1100m:	21:11.34	1:56.90	1500m:	28:51.60	1:50.03
	400m:	7:37.56	1:57.09	800m:	15:22.22	1:54.85	1200m:	23:07.70	1:56.36			
15.	GÓMEZ AREVALO, Daniel				61	C.N. Monteverde				35:00.31	2,00	
	100m:	2:12.46	2:12.46	500m:	11:38.32	2:21.68	900m:	21:09.55	2:22.83	1300m:	30:29.65	2:17.62
	200m:	4:35.93	2:23.47	600m:	14:01.96	2:23.64	1000m:	23:33.53	2:23.98	1400m:	32:48.40	2:18.75
	300m:	6:56.82	2:20.89	700m:	16:24.07	2:22.11	1100m:	25:51.69	2:18.16	1500m:	35:00.31	2:11.91
	400m:	9:16.64	2:19.82	800m:	18:46.72	2:22.65	1200m:	28:12.03	2:20.34			

Prueba 3, Masc., 1500m Libre, 55+

Clasificación	AN	Tiempo
NP JAUREGI ZALAKAIN, Xabier	60 C.N. Easo	-
60+		
1. CASTELLO AUQUE, Antoni	58 C.N. Reus Ploms	20:55.68 19,00
100m: 1:19.01 1:19.01 500m: 6:50.91 1:23.33 900m: 12:26.59 1:24.48 1300m: 18:07.65 1:25.77		
200m: 2:41.73 1:22.72 600m: 8:14.02 1:23.11 1000m: 13:51.53 1:24.94 1400m: 19:32.54 1:24.89		
300m: 4:04.32 1:22.59 700m: 9:37.43 1:23.41 1100m: 15:16.36 1:24.83 1500m: 20:55.68 1:23.14		
400m: 5:27.58 1:23.26 800m: 11:02.11 1:24.68 1200m: 16:41.88 1:25.52		
2. ALVAREZ CARABALLO, Pedro	56 Sopela Igeriketa Swim	22:47.16 16,00
100m: 1:27.14 1:27.14 500m: 7:35.48 1:31.81 900m: 13:41.73 1:31.55 1300m: 19:47.47 1:31.73		
200m: 2:59.81 1:32.67 600m: 9:07.17 1:31.69 1000m: 15:13.29 1:31.56 1400m: 21:18.97 1:31.50		
300m: 4:32.29 1:32.48 700m: 10:38.50 1:31.33 1100m: 16:44.52 1:31.23 1500m: 22:47.16 1:28.19		
400m: 6:03.67 1:31.38 800m: 12:10.18 1:31.68 1200m: 18:15.74 1:31.22		
3. VEIGA GALLEGO, Jose Luis	59 A. Cantabra Nat.	23:58.23 14,00
100m: 1:31.02 1:31.02 500m: 8:00.47 1:37.12 900m: 14:27.44 1:36.62 1300m: 20:51.78 1:35.97		
200m: 3:09.12 1:38.10 600m: 9:37.81 1:37.34 1000m: 16:03.51 1:36.07 1400m: 22:26.95 1:35.17		
300m: 4:46.39 1:37.27 700m: 11:15.06 1:37.25 1100m: 17:39.96 1:36.45 1500m: 23:58.23 1:31.28		
400m: 6:23.35 1:36.96 800m: 12:50.82 1:35.76 1200m: 19:15.81 1:35.85		
4. PASCUAL DE RIQUELME Y TERRER, 58	justC.N. Master Murcia	24:11.39 13,00
100m: 1:33.44 1:33.44 500m: 8:01.79 1:37.15 900m: 14:33.02 1:37.85 1300m: 21:01.15 1:36.44		
200m: 3:09.97 1:36.53 600m: 9:39.43 1:37.64 1000m: 16:10.74 1:37.72 1400m: 22:38.05 1:36.90		
300m: 4:47.21 1:37.24 700m: 11:16.88 1:37.45 1100m: 17:47.80 1:37.06 1500m: 24:11.39 1:33.34		
400m: 6:24.64 1:37.43 800m: 12:55.17 1:38.29 1200m: 19:24.71 1:36.91		
5. RIGUAL DE HEREDIA, Carlos	57 C.D. Jerez Natacion Master	24:17.94 12,00
100m: 1:31.10 1:31.10 500m: 8:07.47 1:38.94 900m: 14:41.10 1:38.68 1300m: 21:09.15 1:36.21		
200m: 3:10.10 1:39.00 600m: 9:45.52 1:38.05 1000m: 16:18.57 1:37.47 1400m: 22:45.40 1:36.25		
300m: 4:48.70 1:38.60 700m: 11:24.04 1:38.52 1100m: 17:56.20 1:37.63 1500m: 24:17.94 1:32.54		
400m: 6:28.53 1:39.83 800m: 13:02.42 1:38.38 1200m: 19:32.94 1:36.74		
6. VICENTE ANZA, Gonzalo	58 Kairoscore	24:25.65 11,00
100m: 1:34.17 1:34.17 500m: 8:06.16 1:38.04 900m: 14:35.19 1:37.16 1300m: 21:09.93 1:38.67		
200m: 3:12.52 1:38.35 600m: 9:42.97 1:36.81 1000m: 16:13.27 1:38.08 1400m: 22:50.26 1:40.33		
300m: 4:50.92 1:38.40 700m: 11:20.84 1:37.87 1100m: 17:51.62 1:38.35 1500m: 24:25.65 1:35.39		
400m: 6:28.12 1:37.20 800m: 12:58.03 1:37.19 1200m: 19:31.26 1:39.64		
7. MARQUES DEL POZO, Antonio	56 C.N. Monteverde	26:16.83 10,00
100m: 1:28.62 1:28.62 500m: 8:35.62 1:47.21 900m: 15:43.09 1:46.86 1300m: 22:51.14 1:46.98		
200m: 3:14.58 1:45.96 600m: 10:22.97 1:47.35 1000m: 17:30.33 1:47.24 1400m: 24:38.25 1:47.11		
300m: 5:01.14 1:46.56 700m: 12:09.91 1:46.94 1100m: 19:17.60 1:47.27 1500m: 26:16.83 1:38.58		
400m: 6:48.41 1:47.27 800m: 13:56.23 1:46.32 1200m: 21:04.16 1:46.56		
8. CANO GUERAO, José Miguel	57 C.N. Master Murcia	27:29.37 9,00
100m: 1:46.23 1:46.23 500m: 9:16.48 1:51.38 900m: 16:35.86 1:50.42 1300m: 23:58.04 1:50.18		
200m: 3:43.64 1:57.41 600m: 11:06.49 1:50.01 1000m: 18:25.71 1:49.85 1400m: 25:48.11 1:50.07		
300m: 5:33.73 1:50.09 700m: 12:55.90 1:49.41 1100m: 20:16.71 1:51.00 1500m: 27:29.37 1:41.26		
400m: 7:25.10 1:51.37 800m: 14:45.44 1:49.54 1200m: 22:07.86 1:51.15		
9. ZORITA PUERTA, Miguel Angel	55 C. Tenis Chamartin	29:33.78 8,00
100m: 1:48.09 1:48.09 500m: 9:44.20 1:59.48 900m: 17:40.03 2:00.09 1300m: 25:41.44 1:59.23		
200m: 3:47.25 1:59.16 600m: 11:43.55 1:59.35 1000m: 19:41.56 2:01.53 1400m: 27:40.61 1:59.17		
300m: 5:46.47 1:59.22 700m: 13:41.05 1:57.50 1100m: 21:42.14 2:00.58 1500m: 29:33.78 1:53.17		
400m: 7:44.72 1:58.25 800m: 15:39.94 1:58.89 1200m: 23:42.21 2:00.07		
Baja HEMPEL, Wilhelm	57 C.N. Master Murcia	-

Splash Meet Manager, 11.58908

Registered to Real Federacion Española de Natacion

28/04/2019 15:05 - Página 59

Prueba 3, Masc., 1500m Libre

65+

1.	CAMARA SERRANO, Juan M <sup>a</sup>	54	Fundacion Claror	<b>24:43.26</b>	19,00
	100m: 1:29.88 1:29.88	500m: 8:09.58 1:40.29	900m: 14:49.91 1:40.64	1300m: 21:29.05 1:39.27	
	200m: 3:09.48 1:39.60	600m: 9:49.31 1:39.73	1000m: 16:29.50 1:39.59	1400m: 23:09.29 1:40.24	
	300m: 4:49.01 1:39.53	700m: 11:28.90 1:39.59	1100m: 18:09.11 1:39.61	1500m: 24:43.26 1:33.97	
	400m: 6:29.29 1:40.28	800m: 13:09.27 1:40.37	1200m: 19:49.78 1:40.67		
2.	GOMEZ MARCANO, Fernando	54	A. Cantabria Nat.	<b>25:45.39</b>	16,00
	100m: 1:35.09 1:35.09	500m: 8:26.50 1:43.05	900m: 15:23.21 1:44.70	1300m: 22:19.90 1:44.37	
	200m: 3:17.83 1:42.74	600m: 10:10.49 1:43.99	1000m: 17:07.42 1:44.21	1400m: 24:05.25 1:45.35	
	300m: 5:00.43 1:42.60	700m: 11:53.95 1:43.46	1100m: 18:50.91 1:43.49	1500m: 25:45.39 1:40.14	
	400m: 6:43.45 1:43.02	800m: 13:38.51 1:44.56	1200m: 20:35.53 1:44.62		
3.	ARDERIUS CHICHARRO, Luis Antonio	54	C.N. Master Madrid	<b>26:30.57</b>	14,00
	100m: 1:39.21 1:39.21	500m: 8:57.15 1:50.28	900m: 16:11.66 1:48.02	1300m: 23:15.55 1:44.71	
	200m: 3:28.51 1:49.30	600m: 10:46.99 1:49.84	1000m: 17:58.76 1:47.10	1400m: 24:59.72 1:44.17	
	300m: 5:17.54 1:49.03	700m: 12:35.68 1:48.69	1100m: 19:45.77 1:47.01	1500m: 26:30.57 1:30.85	
	400m: 7:06.87 1:49.33	800m: 14:23.64 1:47.96	1200m: 21:30.84 1:45.07		
4.	MARTIN MARTINEZ, Juan Jesus	54	C.N. Fuenlabrada	<b>26:45.78</b>	13,00
	100m: 1:36.68 1:36.68	500m: 8:47.49 1:49.64	1000m: 17:45.04 3:33.38	1400m: 24:57.62 1:48.29	
	200m: 3:23.27 1:46.59	600m: 10:36.04 1:48.55	1100m: 19:33.61 1:48.57	1500m: 26:45.78 1:48.16	
	300m: 5:10.74 1:47.47	700m: 12:23.71 1:47.67	1200m: 21:21.40 1:47.79		
	400m: 6:57.85 1:47.11	800m: 14:11.66 1:47.95	1300m: 23:09.33 1:47.93		
5.	IBAÑEZ GARCIA, Dimas	50	C.N. Monteverde	<b>37:02.93</b>	12,00
	100m: 2:03.36 2:03.36	500m: 11:43.74 2:26.07	900m: 21:44.76 2:31.90	1300m: 31:59.68 2:31.88	
	200m: 4:26.26 2:22.90	600m: 14:14.30 2:30.56	1000m: 24:18.65 2:33.89	1400m: 34:33.78 2:34.10	
	300m: 6:51.72 2:25.46	700m: 16:43.36 2:29.06	1100m: 26:53.02 2:34.37	1500m: 37:02.93 2:29.15	
	400m: 9:17.67 2:25.95	800m: 19:12.86 2:29.50	1200m: 29:27.80 2:34.78		

70+

1.	FARRE GANDUXE, Josep	46	C.N. Sant Andreu	<b>25:58.14</b>	19,00
	100m: 1:37.13 1:37.13	500m: 8:39.37 1:45.74	900m: 15:38.73 1:44.34	1300m: 22:34.80 1:44.00	
	200m: 3:21.15 1:44.02	600m: 10:24.86 1:45.49	1000m: 17:22.73 1:44.00	1400m: 24:18.91 1:44.11	
	300m: 5:07.05 1:45.90	700m: 12:09.88 1:45.02	1100m: 19:07.08 1:44.35	1500m: 25:58.14 1:39.23	
	400m: 6:53.63 1:46.58	800m: 13:54.39 1:44.51	1200m: 20:50.80 1:43.72		
2.	GALAN PEÑA, Jose Luis	49	C. Tennis Chamartin	<b>28:13.00</b>	16,00
	100m: 1:45.63 1:45.63	500m: 9:13.72 1:53.22	900m: 16:46.29 1:54.00	1300m: 24:24.60 1:55.97	
	200m: 3:38.11 1:52.48	600m: 11:07.01 1:53.29	1000m: 18:39.97 1:53.68	1400m: 26:20.96 1:56.36	
	300m: 5:28.85 1:50.74	700m: 12:59.78 1:52.77	1100m: 20:35.14 1:55.17	1500m: 28:13.00 1:52.04	
	400m: 7:20.50 1:51.65	800m: 14:52.29 1:52.51	1200m: 22:28.63 1:53.49		
3.	FORCAT GLEZ, Ricardo	47	C.N. Master Madrid	<b>28:46.29</b>	14,00
	100m: 1:42.47 1:42.47	500m: 9:27.25 1:56.30	900m: 17:15.87 1:57.64	1300m: 25:05.04 1:56.17	
	200m: 3:37.91 1:55.44	600m: 11:23.94 1:56.69	1000m: 19:13.23 1:57.36	1400m: 26:59.99 1:54.95	
	300m: 5:34.85 1:56.94	700m: 13:20.94 1:57.00	1100m: 21:11.59 1:58.36	1500m: 28:46.29 1:46.30	
	400m: 7:30.95 1:56.10	800m: 15:18.23 1:57.29	1200m: 23:08.87 1:57.28		
4.	RIERA MONTAL, Agustin	49	C. Tenerife Masters	<b>32:09.22</b>	13,00
	100m: 1:49.90 1:49.90	500m: 10:20.40 2:10.18	900m: 19:09.16 2:11.32	1300m: 27:56.00 2:11.61	
	200m: 3:54.27 2:04.37	600m: 12:35.90 2:15.50	1000m: 21:19.49 2:10.33	1400m: 30:04.99 2:08.99	
	300m: 6:01.76 2:07.49	700m: 14:47.55 2:11.65	1100m: 23:31.09 2:11.60	1500m: 32:09.22 2:04.23	
	400m: 8:10.22 2:08.46	800m: 16:57.84 2:10.29	1200m: 25:44.39 2:13.30		



Prueba 3, Masc., 1500m Libre, 70+

Clasificación	AN				Tiempo			
5. CATALA BOVER, Ignacio	46	C.N. Monteverde				<b>38:23.54</b>	12,00	
100m: 2:21.83 2:21.83	500m: 12:43.74	2:36.36	900m: 23:13.08	2:33.34	1300m: 33:38.66	2:38.14		
200m: 4:56.64 2:34.81	600m: 15:20.99	2:37.25	1000m: 25:46.63	2:33.55	1400m: 36:06.76	2:28.10		
300m: 7:32.16 2:35.52	700m: 17:59.62	2:38.63	1100m: 28:24.82	2:38.19	1500m: 38:23.54	2:16.78		
400m: 10:07.38 2:35.22	800m: 20:39.74	2:40.12	1200m: 31:00.52	2:35.70				

Prueba 4  
27/04/2019

Mixto, 4 x 200m Libre

AG 80 - 399  
Resultados

Clasificación				Tiempo			
+80							
1.	Vila-Swim Fondistas Club Natación 17			Vila-Swim Fondistas Club Natación		<b>10:16.56</b>	38,00
	CARDONA BOJADÓS, Elena	95		32.44	35.05	36.94	37.11
	MOLINA HERREROS, Ana	97		33.25	38.60	39.46	40.05
	PUERTO PALOMERO, Héctor	95		37.21	42.12	43.29	40.36
	VICENT CARREGUI, David	93		35.20	41.77	43.10	40.61
							2:21.54
							2:31.36
							2:42.98
							2:40.68
Baja	C.N. Monteverde 999			C.N. Monteverde			-
+100							
1.	C.N. Monteverde 998			C.N. Monteverde		<b>8:39.12</b>	83,00 WR
	MARQUES VELASCO, Jaime	87		28.60	30.41	31.24	30.97
	RODRÍGUEZ PÉREZ-CEJUELA, Álvaro	93		29.17	31.93	33.69	33.01
	REDONDO MARTIN, Samanta	93		31.16	33.59	35.34	34.85
	GONZALEZ MEGIA, Patricia	93		29.63	33.93	35.75	35.85
							2:01.22
							2:07.80
							2:14.94
							2:15.16
2.	C. Tennis Chamartin 22			C. Tennis Chamartin		<b>9:45.93</b>	32,00
	ZAPATERO DE MURGA, Gonzalo	91		30.31	33.64	36.00	36.20
	BARBEITO DOMINGUEZ, Marta	84		33.82	40.28	42.80	42.93
	PALLARES PASTOR, Laura	93		33.89	38.46	39.24	38.76
	HUERTAS IGLESIAS, David	90		31.53	34.84	37.01	36.22
							2:16.15
							2:39.83
							2:30.35
							2:19.60
3.	C.N. Master Madrid 169			C.N. Master Madrid		<b>10:33.97</b>	28,00
	ESPAÑA VIDAL, Daniel	86		32.94	35.65	37.75	36.72
	SANCHEZ OLABE, Itziar	92		40.50	46.69	52.11	48.59
	LEWIS, Lucy	90		37.45	41.97	43.82	42.79
	REI, Ludovic	90		30.40	33.32	38.11	35.16
							2:23.06
							3:07.89
							2:46.03
							2:16.99
Baja	C.N. Alcobendas 25			C.N. Alcobendas			-

Prueba 4, Mixto, 4 x 200m Libre

+120

1.	Kairoscore 19	Kairoscore	8:58.21	53,00	RE		
	ZULAIKA ARAMBURU, Jurgi	92	29.20	32.35	33.46	32.69	2:07.70
	SAMANIEGO CAMARASA, Irati	86	33.24	37.35	39.52	36.52	2:26.63
	VEGA VALENCIA, Ana	76	33.01	36.03	37.54	36.31	2:22.89
	ARANGUREN FUERTES, Haigor	89	27.62	30.04	31.80	31.53	2:00.99
2.	Vila-Swim Fondistas Club Natación 170	Vila-Swim Fondistas Club Natación	9:45.53	32,00			
	DE MIGUEL GONZALEZ, Carolina	83	33.02	36.53	37.38	37.28	2:24.21
	DIAZ-GUIJARRO HERRERA, Jorge	82	31.81	36.84	38.76	39.28	2:26.69
	MARCHANTE LUJAN, Yolanda	73	37.14	41.38	42.57	42.32	2:43.41
	HERVAS JODAR, Francisco Jose	81	30.50	33.72	34.08	32.92	2:11.22
3.	C.D. Tizona Burgos 5	C.D. Tizona Burgos	9:46.46	28,00			
	LOSANTOS PRIETO, Esther	83	33.00	37.37	38.50	39.03	2:27.90
	DE FRUTOS DE PABLOS, Alvaro	93	31.02	36.57	38.13	38.97	2:24.69
	FERNANDEZ PEREZ, Sara	87	34.24	39.85	41.47	41.44	2:37.00
	MARTIN ANGULO, Daniel	82	31.04	34.51	35.67	35.65	2:16.87
4.	C.N. Master Madrid 12	C.N. Master Madrid	10:06.05	26,00			
	PASCUAL LOPEZ, Celia	84	36.48	40.69	43.60	43.32	2:44.09
	ALVES RAMALHO, Sara Maria	85	35.65	40.34	41.48	41.20	2:38.67
	BALSAS FALAGUERA, Jose Maria	84	32.85	34.92	36.40	37.00	2:21.17
	CHURNIN, Stephen Henry	81	32.56	35.92	37.72	35.92	2:22.12
5.	Cn Master Torrijos 10	Cn Master Torrijos	10:51.75	24,00			
	ROJAS RODRÍGUEZ, Santiago	90	29.90	34.69	35.62	34.36	2:14.57
	MANCERA REINA, Ana	94	32.97	39.65	41.95	41.22	2:35.79
	RODRÍGUEZ PRADO, Gracia	69	45.99	53.92	58.04	55.67	3:33.62
	PEREZ DIAZ, Alberto	80	32.24	37.97	39.01	38.55	2:27.77
6.	C.N. Monteverde 997	C.N. Monteverde	10:53.32	22,00			
	GUTIERREZ FUENTES, Ruben Antonio	76	34.28	38.41	39.28	37.48	2:29.45
	GARRIDO JARA, Maria Soledad	74	46.36	49.68	51.86	46.46	3:14.36
	AREVALO NAVARRO, José Manuel	84	32.47	35.51	39.06	38.19	2:25.23
	DEL VALLE FERNANDEZ-TORIIJA, Paula	94	37.05	40.34	43.98	42.91	2:44.28
DSQ	Getxo Igeriketa Bolue K.E. 23	Getxo Igeriketa Bolue K.E.					-
	BILDOSOA GUIRREGOMEZKORTA, Mikel	83	26.11	29.08	30.87	33.67	1:59.73
	OLABARRIETA GAMINDE, Jokin	89	27.85	31.03	32.78	33.84	2:05.50
	TARDAGUILLA FERNANDEZ, Itziar	89					
	VICANDI TELLERIA, Lara	90					
Baja	C.N. Alcobendas 250	C.N. Alcobendas					-

+160

1.	C.N. Santurtzi 7		C.N. Santurtzi					9:30.47	53,00	RE
	MUÑOZ LEGORBURU, Mikel	75	30.97	33.69	35.76	38.09	2:18.51			
	VICENTE BULLON, Alejandro	78	30.44	34.06	36.92	37.55	2:18.97			
	VILES HORNILLOS, Alazne	86	33.85	37.26	39.65	37.70	2:28.46			
	LLANO PALACIOS, Sonia	75	33.44	35.74	37.69	37.66	2:24.53			
2.	Cn Master Torrijos 11		Cn Master Torrijos					9:49.56	47,00	
	SANTOS ARRIAGA, Rebeca	77	31.93	34.88	34.84	35.38	2:17.03			
	RODRIGUEZ FARALDOS, Carlos	77	32.04	36.99	37.93	37.67	2:24.63			
	RUIZ VALDEPEÑAS, Cristina	81	36.83	45.69	47.79	49.27	2:59.58			
	OBREGON IMAZ, Cesar	80	28.16	33.15	33.07	33.94	2:08.32			



## Prueba 4, Mixto, 4 x 200m Libre, +200

## Clasificación

## Tiempo

3.	C.D. Tizona Burgos 9		C.D. Tizona Burgos				11:55.25	28,00
	FERNANDEZ LEBRATO, Mª Angeles	70	37.61	44.37	44.78	43.78	2:50.54	
	PINTO SANCHEZ, Jose Luis	74	39.77	45.09	50.87	49.15	3:04.88	
	AYALA GUTIERREZ, Angeles	64	40.35	45.98	47.04	44.62	2:57.99	
	SOLA CASAS, Marcel	67	41.06	47.32	46.83	46.63	3:01.84	
4.	C.N. Monteverde 995		C.N. Monteverde				12:11.97	26,00
	MUÑOZ PEREZ, Angel Andres	67	35.26	40.70	41.75	41.95	2:39.66	
	CASARES PERALES, Araceli	67	44.17	52.74	53.19	54.38	3:24.48	
	AGUADO ANDRES, Gustavo	77	34.42	40.87	44.22	45.22	2:44.73	
	GALDEANO DE ALBA, Teresa	62	44.28	50.13	53.46	55.23	3:23.10	
5.	C.N. Master Murcia 1		C.N. Master Murcia				12:42.61	24,00
	IBÁÑEZ PÉREZ, Eva María	66	48.90	53.55	54.47	51.06	3:27.98	
	ALCARAZ GOBITTA, Sergio	65	36.31	42.21	43.87	37.79	2:40.18	
	MONTESINOS RÓDENAS, Maria Jose	68	51.24	59.63	1:03.80	1:02.93	3:57.60	
	MORALES LIMIA, Jose Luis	60	34.55	39.85	42.68	39.77	2:36.85	

## Baja C. Tenerife Masters 6

### C. Tenerife Masters

.

+240

1.	C.N. Pabellon Ourense 18		C.N. Pabellon Ourense		11:29.87	53,00	RE
	GARCIA COLOMO, Maite	65	33.38	35.85	39.08	39.16	2:27.47
	GARCIA COLOMO, Manuel Ramon	54	41.24	45.44	48.29	43.08	2:58.05
	GARCIA COLOMO, Antonio Victor	50	43.89	49.03	52.50	48.96	3:14.38
	GARCIA COLOMO, M. Cristina	62	38.29	42.26	44.39	45.03	2:49.97
2.	Kairoscore 21		Kairoscore		13:01.70	32,00	
	ARAMBURU GARCÍA, Txuri	63	42.03	48.46	50.73	50.97	3:12.19
	TOMASENA ALZURI, Mª Rosario	46	59.76	1:04.71	1:07.25	1:06.21	4:17.93
	VICENTE ANZA, Gonzalo	58	41.57	45.67	47.51	42.16	2:56.91
	TOLOSA TELLO, Ignacio	67	35.13	38.13	39.84	41.57	2:34.67
3.	C.N. Master Madrid 15		C.N. Master Madrid		13:20.39	28,00	
	SANGUINO ALONSO, Luis Joaquin	64	35.56	39.30	40.26	38.35	2:33.47
	MONTENEGRO ZAFRILLA, Avelina	61	55.61	1:00.50	1:03.23	56.36	3:55.70
	GOMEZ RAMOS, Almudena	64	47.50	54.68	59.42	55.68	3:37.28
	FORCAT GLEZ, Ricardo	47	42.52	50.14	53.82	47.46	3:13.94
4.	C.N. Monteverde 994		C.N. Monteverde		13:59.02	26,00	
	PRIETO MIGUEL, Raul	66	36.51	42.35	45.59	44.24	2:48.69
	FERNANDEZ FERNANDEZ, Maria Isabel	59	57.57	1:04.53	1:06.18	1:04.79	4:13.07
	MARQUES DEL POZO, Antonio	56	39.26	48.08	50.71	48.05	3:06.10
	FERNANDEZ-TORIIJA GARCIA, Maria Pilar	55	49.51	1:00.85	1:02.40	58.40	3:51.16

+280

1. C.N. Master Madrid 16		C.N. Master Madrid					17:22.08	38,00
FUNGAIRIÑO ABAD, Eduardo	64	36.74	42.50	44.45	44.37		2:48.06	
DIEZ PERELLON, Belen	58	53.60	1:03.99	1:05.36	1:05.04		4:07.99	
DIEZ RUIZ, Concepcion	47	1:04.92	1:15.68	1:17.18	1:18.15		4:55.93	
DOMINGUEZ FERNÁNDEZ, Juan Francisco	27						5:30.10	



3 - Domingo, 28 de Abril de 2019

28/04/2019 - 9:30

Prueba 5  
28/04/2019

Masc., 800m Libre

20 - 94 años  
Resultados

Clasificación

AN

Tiempo

20+

1.	ETXEBERRIA ARANO, Pablo	97	C.N. Izarraitz	<b>9:19.79</b>	19,00
	100m: 1:04.53 1:04.53 300m: 3:22.22 1:09.31 500m: 5:44.05 1:11.29 700m: 8:08.34 1:12.79				
	200m: 2:12.91 1:08.38 400m: 4:32.76 1:10.54 600m: 6:55.55 1:11.50 800m: 9:19.79 1:11.45				
2.	FLORES PORCUNA, Antonio	95	C.N. Monteverde	<b>9:34.44</b>	16,00
	100m: 1:04.48 1:04.48 300m: 3:29.23 1:13.71 500m: 5:57.48 1:14.13 700m: 8:25.76 1:14.51				
	200m: 2:15.52 1:11.04 400m: 4:43.35 1:14.12 600m: 7:11.25 1:13.77 800m: 9:34.44 1:08.68				
3.	FERNANDEZ ASIAIN, Aritz	99	C.N. Pamplona	<b>9:36.66</b>	14,00
	100m: 1:06.01 1:06.01 300m: 3:28.81 1:12.54 500m: 5:56.50 1:13.84 700m: 8:25.12 1:14.25				
	200m: 2:16.27 1:10.26 400m: 4:42.66 1:13.85 600m: 7:10.87 1:14.37 800m: 9:36.66 1:11.54				
4.	OJEDA PEREZ, Heriberto	97	C.N. Monteverde	<b>10:08.80</b>	13,00
	100m: 1:07.17 1:07.17 300m: 3:38.00 1:16.73 500m: 6:13.32 1:18.41 700m: 8:51.81 1:19.33				
	200m: 2:21.27 1:14.10 400m: 4:54.91 1:16.91 600m: 7:32.48 1:19.16 800m: 10:08.80 1:16.99				
5.	JÍMEÑEZ OLIVA, Ignacio	99	C.N. Monteverde	<b>10:09.95</b>	12,00
	100m: 1:10.21 1:10.21 300m: 3:43.75 1:17.70 500m: 6:19.49 1:17.03 700m: 8:57.23 1:19.04				
	200m: 2:26.05 1:15.84 400m: 5:02.46 1:18.71 600m: 7:38.19 1:18.70 800m: 10:09.95 1:12.72				
6.	CONDE ALVAREZ, Joaquin	98	C.N. Camargo	<b>10:28.84</b>	11,00
	100m: 1:03.48 1:03.48 300m: 3:37.00 1:19.35 500m: 6:21.52 1:23.69 700m: 9:05.99 1:22.25				
	200m: 2:17.65 1:14.17 400m: 4:57.83 1:20.83 600m: 7:43.74 1:22.22 800m: 10:28.84 1:22.85				
7.	ROMERO GOMEZ, Jose Vicente	95	Club Soc Turis Natacio	<b>10:35.02</b>	10,00
	100m: 1:13.83 1:13.83 300m: 3:53.46 1:20.07 500m: 6:34.16 1:19.63 700m: 9:16.62 1:21.31				
	200m: 2:33.39 1:19.56 400m: 5:14.53 1:21.07 600m: 7:55.31 1:21.15 800m: 10:35.02 1:18.40				
8.	PUERTO PALOMERO, Héctor	95	Vila-Swim Fondistas Club Natación	<b>12:24.71</b>	9,00
	100m: 1:27.66 1:27.66 300m: 4:38.57 1:36.56 500m: 7:49.29 1:34.67 700m: 10:54.98 1:31.78				
	200m: 3:02.01 1:34.35 400m: 6:14.62 1:36.05 600m: 9:23.20 1:33.91 800m: 12:24.71 1:29.73				
9.	ORIOLA ALBA, Jose Luis	95	Vila-Swim Fondistas Club Natación	<b>12:38.52</b>	8,00
	100m: 1:27.13 1:27.13 300m: 4:39.70 1:37.00 500m: 7:53.67 1:36.96 700m: 11:06.07 1:35.98				
	200m: 3:02.70 1:35.57 400m: 6:16.71 1:37.01 600m: 9:30.09 1:36.42 800m: 12:38.52 1:32.45				

Baja ARBELOA ARISTU, Carlos

95 C.N. Pamplona

-

25+

1.	RODRÍGUEZ PÉREZ-CEJUELA, Álvaro	93	C.N. Monteverde	<b>9:11.15</b>	19,00
	100m: 1:05.70 1:05.70 300m: 3:23.86 1:09.49 500m: 5:43.09 1:09.64 700m: 8:03.35 1:10.05				
	200m: 2:14.37 1:08.67 400m: 4:33.45 1:09.59 600m: 6:53.30 1:10.21 800m: 9:11.15 1:07.80				
2.	HUERTAS IGLESIAS, David	90	C. Tenis Chamartin	<b>9:11.52</b>	16,00
	100m: 1:03.74 1:03.74 300m: 3:19.70 1:08.57 500m: 5:39.75 1:10.40 700m: 8:01.65 1:11.02				
	200m: 2:11.13 1:07.39 400m: 4:29.35 1:09.65 600m: 6:50.63 1:10.88 800m: 9:11.52 1:09.87				
3.	ZULAIKA ARAMBURU, Jurgi	92	Kairoscore	<b>9:35.06</b>	14,00
	100m: 1:07.45 1:07.45 300m: 3:32.67 1:12.56 500m: 5:57.75 1:12.51 700m: 8:23.71 1:12.72				
	200m: 2:20.11 1:12.66 400m: 4:45.24 1:12.57 600m: 7:10.99 1:13.24 800m: 9:35.06 1:11.35				

Prueba 5, Masc., 800m Libre, 25+

Clasificación	AN								Tiempo	
4. PEREZ LOPEZ, Daniel	92	C.N. Villa De Navia							<b>10:03.80</b>	13,00
100m: 1:05.73 1:05.73	300m: 3:35.44 1:15.39	500m: 6:10.86 1:18.44	700m: 8:47.74 1:17.80							
200m: 2:20.05 1:14.32	400m: 4:52.42 1:16.98	600m: 7:29.94 1:19.08	800m: 10:03.80 1:16.06							
5. REI, Ludovic	90	C.N. Master Madrid							<b>10:11.45</b>	12,00
100m: 1:10.14 1:10.14	300m: 3:43.50 1:17.16	500m: 6:17.97 1:17.77	700m: 8:56.22 1:19.11							
200m: 2:26.34 1:16.20	400m: 5:00.20 1:16.70	600m: 7:37.11 1:19.14	800m: 10:11.45 1:15.23							
6. Cerdan Menor, Alberto	90	C.N. Master Naturalswim Petrer							<b>10:30.52</b>	11,00
100m: 1:14.13 1:14.13	300m: 3:54.22 1:20.34	500m: 6:34.82 1:19.58	700m: 9:13.13 1:19.75							
200m: 2:33.88 1:19.75	400m: 5:15.24 1:21.02	600m: 7:53.38 1:18.56	800m: 10:30.52 1:17.39							
7. ROJAS RODRÍGUEZ, Santiago	90	Cn Master Torrijos							<b>10:33.20</b>	10,00
100m: 1:09.63 1:09.63	300m: 3:45.96 1:18.91	500m: 6:27.70 1:21.13	700m: 9:12.43 1:22.79							
200m: 2:27.05 1:17.42	400m: 5:06.57 1:20.61	600m: 7:49.64 1:21.94	800m: 10:33.20 1:20.77							
8. RAMIREZ CARTON, Joseba	91	Kairoscore							<b>10:34.77</b>	9,00
100m: 1:12.22 1:12.22	300m: 3:51.10 1:20.07	500m: 6:32.80 1:20.99	700m: 9:14.98 1:21.31							
200m: 2:31.03 1:18.81	400m: 5:11.81 1:20.71	600m: 7:53.67 1:20.87	800m: 10:34.77 1:19.79							
9. DE FRUTOS DE PABLOS, Alvaro	93	C.D. Tizona Burgos							<b>10:54.60</b>	8,00
100m: 1:11.88 1:11.88	300m: 3:53.99 1:23.21	500m: 6:43.84 1:25.38	700m: 9:33.78 1:24.06							
200m: 2:30.78 1:18.90	400m: 5:18.46 1:24.47	600m: 8:09.72 1:25.88	800m: 10:54.60 1:20.82							
10. LOPEZ RUIZ, Javier	92	Club Velociraptor							<b>11:05.34</b>	7,00
100m: 1:13.09 1:13.09	300m: 3:59.01 1:23.94	500m: 6:49.11 1:25.57	700m: 9:41.87 1:26.29							
200m: 2:35.07 1:21.98	400m: 5:23.54 1:24.53	600m: 8:15.58 1:26.47	800m: 11:05.34 1:23.47							
11. PRIETO MONEDERO, Victor	92	Cd Upstream							<b>12:17.60</b>	6,00
100m: 1:23.25 1:23.25	300m: 4:27.08 1:33.09	500m: 7:35.48 1:34.57	700m: 10:45.07 1:34.83							
200m: 2:53.99 1:30.74	400m: 6:00.91 1:33.83	600m: 9:10.24 1:34.76	800m: 12:17.60 1:32.53							
12. MELILLO, Jorge Humberto	90	C.N. Easo							<b>12:22.42</b>	5,00
100m: 1:20.68 1:20.68	300m: 4:25.38 1:34.65	500m: 7:38.62 1:36.76	700m: 10:50.94 1:35.86							
200m: 2:50.73 1:30.05	400m: 6:01.86 1:36.48	600m: 9:15.08 1:36.46	800m: 12:22.42 1:31.48							
13. VICENT CARREGUI, David	93	Vila-Swim Fondistas Club Natación							<b>12:23.14</b>	4,00
100m: 1:26.42 1:26.42	300m: 4:37.38 1:36.64	500m: 7:49.78 1:35.33	700m: 10:58.14 1:34.00							
200m: 3:00.74 1:34.32	400m: 6:14.45 1:37.07	600m: 9:24.14 1:34.36	800m: 12:23.14 1:25.00							

30+

1. MARQUES VELASCO, Jaime	87	C.N. Monteverde							<b>9:02.21</b>	19,00
100m: 1:02.79 1:02.79	300m: 3:18.11 1:08.43	500m: 5:35.71 1:08.70	700m: 7:54.03 1:09.21							
200m: 2:09.68 1:06.89	400m: 4:27.01 1:08.90	600m: 6:44.82 1:09.11	800m: 9:02.21 1:08.18							
2. SAN MARTIN TRESOLS, Luis	88	C.N. Vilanova							<b>9:49.37</b>	16,00
100m: 1:06.98 1:06.98	300m: 3:34.18 1:14.50	500m: 6:05.65 1:15.67	700m: 8:37.34 1:15.46							
200m: 2:19.68 1:12.70	400m: 4:49.98 1:15.80	600m: 7:21.88 1:16.23	800m: 9:49.37 1:12.03							
3. SANCHEZ AVELLANO, Rafael	89	C.D. Natacion Cordoba							<b>9:52.72</b>	14,00
100m: 1:07.86 1:07.86	300m: 3:35.71 1:14.57	500m: 6:07.92 1:16.45	700m: 8:40.83 1:16.52							
200m: 2:21.14 1:13.28	400m: 4:51.47 1:15.76	600m: 7:24.31 1:16.39	800m: 9:52.72 1:11.89							
4. TRISTAN ZUBIZARRETA, Miguel Angel	89	C.N. Alcobendas							<b>9:53.49</b>	13,00
100m: 1:04.84 1:04.84	300m: 3:31.56 1:14.23	500m: 6:04.31 1:17.14	700m: 8:39.16 1:17.03							
200m: 2:17.33 1:12.49	400m: 4:47.17 1:15.61	600m: 7:22.13 1:17.82	800m: 9:53.49 1:14.33							

Prueba 5, Masc., 800m Libre, 30+

Clasificación	AN		Tiempo
5. GARCÍA RODRÍGUEZ, Alberto	85	Masters Wisła Kraków	<b>9:53.80</b> 12,00
100m: 1:08.06 1:08.06	300m: 3:35.52 1:13.93	500m: 6:08.31 1:16.83	700m: 8:41.56 1:16.71
200m: 2:21.59 1:13.53	400m: 4:51.48 1:15.96	600m: 7:24.85 1:16.54	800m: 9:53.80 1:12.24
6. GAMARRA OLMEDO, Jorge	85	Cd Upstream	<b>11:08.26</b> 11,00
100m: 1:16.42 1:16.42	300m: 4:06.17 1:25.46	500m: 6:58.64 1:26.18	700m: 9:48.57 1:24.57
200m: 2:40.71 1:24.29	400m: 5:32.46 1:26.29	600m: 8:24.00 1:25.36	800m: 11:08.26 1:19.69
7. LINARES RUIZ, Miguel	86	C.N. Master Madrid	<b>11:52.49</b> 10,00
100m: 1:21.40 1:21.40	300m: 4:23.28 1:31.18	500m: 7:26.86 1:32.17	700m: 10:27.85 1:29.88
200m: 2:52.10 1:30.70	400m: 5:54.69 1:31.41	600m: 8:57.97 1:31.11	800m: 11:52.49 1:24.64

35+

1. HERVAS JODAR, Francisco Jose	81	Vila-Swim Fondistas Club Natación	<b>9:10.32</b> 19,00
100m: 1:05.22 1:05.22	300m: 3:23.79 1:09.38	500m: 5:42.92 1:09.63	700m: 8:03.09 1:09.90
200m: 2:14.41 1:09.19	400m: 4:33.29 1:09.50	600m: 6:53.19 1:10.27	800m: 9:10.32 1:07.23
2. SOLER LLORCA, Carlos	82	C.N. Master Naturalswim Petrer	<b>9:17.69</b> 16,00
100m: 1:04.43 1:04.43	300m: 3:23.91 1:09.79	500m: 5:45.03 1:10.73	700m: 8:07.89 1:11.15
200m: 2:14.12 1:09.69	400m: 4:34.30 1:10.39	600m: 6:56.74 1:11.71	800m: 9:17.69 1:09.80
3. HERRERA MARTINEZ, Francisco Jose	82	C.N. Vilanova	<b>9:54.10</b> 14,00
100m: 1:07.59 1:07.59	300m: 3:33.10 1:13.02	500m: 6:05.42 1:17.09	700m: 8:38.81 1:16.95
200m: 2:20.08 1:12.49	400m: 4:48.33 1:15.23	600m: 7:21.86 1:16.44	800m: 9:54.10 1:15.29
4. MARTIN ANGULO, Daniel	82	C.D. Tizona Burgos	<b>10:29.42</b> 13,00
100m: 1:10.34 1:10.34	300m: 3:44.50 1:18.19	500m: 6:25.15 1:21.04	700m: 9:08.88 1:21.85
200m: 2:26.31 1:15.97	400m: 5:04.11 1:19.61	600m: 7:47.03 1:21.88	800m: 10:29.42 1:20.54
5. CHURNIN, Stephen Henry	81	C.N. Master Madrid	<b>10:33.84</b> 12,00
100m: 1:12.35 1:12.35	300m: 3:52.45 1:20.96	500m: 6:35.37 1:21.40	700m: 9:17.76 1:20.95
200m: 2:31.49 1:19.14	400m: 5:13.97 1:21.52	600m: 7:56.81 1:21.44	800m: 10:33.84 1:16.08
6. ELIZEGI BELOKI, Xabier	81	Kairoscore	<b>10:45.98</b> 11,00
100m: 1:15.83 1:15.83	300m: 3:56.48 1:20.57	500m: 6:39.69 1:21.85	700m: 9:24.86 1:22.88
200m: 2:35.91 1:20.08	400m: 5:17.84 1:21.36	600m: 8:01.98 1:22.29	800m: 10:45.98 1:21.12
7. PEREZ DIAZ, Alberto	80	Cn Master Torrijos	<b>10:52.86</b> 10,00
100m: 1:15.30 1:15.30	300m: 4:00.10 1:23.53	500m: 6:47.60 1:23.21	700m: 9:33.90 1:22.81
200m: 2:36.57 1:21.27	400m: 5:24.39 1:24.29	600m: 8:11.09 1:23.49	800m: 10:52.86 1:18.96
8. BALSAS FALAGUERA, Jose Maria	84	C.N. Master Madrid	<b>11:02.44</b> 9,00
100m: 1:16.36 1:16.36	300m: 4:03.07 1:23.67	500m: 6:51.32 1:24.00	700m: 9:40.07 1:24.65
200m: 2:39.40 1:23.04	400m: 5:27.32 1:24.25	600m: 8:15.42 1:24.10	800m: 11:02.44 1:22.37
9. AREVALO NAVARRO, José Manuel	84	C.N. Monteverde	<b>11:07.96</b> 8,00
100m: 1:15.23 1:15.23	300m: 4:00.32 1:23.98	500m: 6:51.15 1:25.63	700m: 9:43.60 1:26.86
200m: 2:36.34 1:21.11	400m: 5:25.52 1:25.20	600m: 8:16.74 1:25.59	800m: 11:07.96 1:24.36
10. DIAZ-GUIJARRO HERRERA, Jorge	82	Vila-Swim Fondistas Club Natación	<b>11:13.69</b> 7,00
100m: 1:16.24 1:16.24	300m: 4:05.52 1:26.45	500m: 7:00.48 1:27.44	700m: 9:51.94 1:25.57
200m: 2:39.07 1:22.83	400m: 5:33.04 1:27.52	600m: 8:26.37 1:25.89	800m: 11:13.69 1:21.75
11. ALVAREZ TAPIA, Asier	83	Sopela Igeriketa Swim	<b>11:44.60</b> 6,00
100m: 1:17.07 1:17.07	300m: 4:16.80 1:31.54	500m: 7:21.36 1:32.30	700m: 10:23.42 1:30.25
200m: 2:45.26 1:28.19	400m: 5:49.06 1:32.26	600m: 8:53.17 1:31.81	800m: 11:44.60 1:21.18

Prueba 5, Masc., 800m Libre, 35+

Clasificación	AN	Tiempo
12. ARAGON VALVERDE, Juan Carlos	80 C.N. Master Murcia	<b>11:51.80</b> 5,00
100m: 1:22.76 1:22.76 300m: 4:22.92 1:30.86 500m: 7:26.50 1:31.01 700m: 10:25.31 1:29.53		
200m: 2:52.06 1:29.30 400m: 5:55.49 1:32.57 600m: 8:55.78 1:29.28 800m: 11:51.80 1:26.49		
13. PEREZ MARCANO, Victor	80 C.N. Camargo	<b>12:10.58</b> 4,00
100m: 1:23.78 1:23.78 300m: 4:26.86 1:32.20 500m: 7:33.90 1:32.81 700m: 10:40.03 1:32.40		
200m: 2:54.66 1:30.88 400m: 6:01.09 1:34.23 600m: 9:07.63 1:33.73 800m: 12:10.58 1:30.55		
14. VELEZ PATINO, Daniel	84 Vila-Swim Fondistas Club Natación	<b>13:33.73</b> 3,00
100m: 1:27.71 1:27.71 300m: 4:50.19 1:43.33 500m: 8:22.69 1:45.96 700m: 11:54.16 1:45.23		
200m: 3:06.86 1:39.15 400m: 6:36.73 1:46.54 600m: 10:08.93 1:46.24 800m: 13:33.73 1:39.57		
15. MIRANDA CUCHET, Alejandro	80 C.N. Master Madrid	<b>13:39.80</b> 2,00
100m: 1:30.17 1:30.17 300m: 4:52.86 1:43.57 500m: 8:27.27 1:47.80 700m: 11:59.51 1:45.66		
200m: 3:09.29 1:39.12 400m: 6:39.47 1:46.61 600m: 10:13.85 1:46.58 800m: 13:39.80 1:40.29		
NP LOPETEGI URIA, Garikoitz	82 C.N. Easo	-

40+

1. PERALES PEREZ, Andres	77 C.D. Halegatos	<b>10:09.90</b> 19,00
100m: 1:09.01 1:09.01 300m: 3:41.74 1:16.79 500m: 6:17.31 1:18.04 700m: 8:53.65 1:18.18		
200m: 2:24.95 1:15.94 400m: 4:59.27 1:17.53 600m: 7:35.47 1:18.16 800m: 10:09.90 1:16.25		
2. GUTIERREZ FUENTES, Ruben Antonio	76 C.N. Monteverde	<b>10:33.85</b> 16,00
100m: 1:12.79 1:12.79 300m: 3:52.89 1:20.34 500m: 6:34.55 1:21.11 700m: 9:17.60 1:21.18		
200m: 2:32.55 1:19.76 400m: 5:13.44 1:20.55 600m: 7:56.42 1:21.87 800m: 10:33.85 1:16.25		
3. RODRIGUEZ FARALDOS, Carlos	77 Cn Master Torrijos	<b>10:33.91</b> 14,00
100m: 1:10.64 1:10.64 300m: 3:49.27 1:20.27 500m: 6:33.76 1:22.34 700m: 9:18.26 1:21.78		
200m: 2:29.00 1:18.36 400m: 5:11.42 1:22.15 600m: 7:56.48 1:22.72 800m: 10:33.91 1:15.65		
4. OTEIZA LACALLE, Francisco	76 C.N. Iregua-Villamediana	<b>10:40.98</b> 13,00
100m: 1:13.66 1:13.66 300m: 3:56.84 1:21.73 500m: 6:40.40 1:21.86 700m: 9:23.46 1:21.24		
200m: 2:35.11 1:21.45 400m: 5:18.54 1:21.70 600m: 8:02.22 1:21.82 800m: 10:40.98 1:17.52		
5. CALDERON ZAPATERIA, Diego	78 C.N. Judizmendi	<b>10:51.78</b> 12,00
100m: 1:13.88 1:13.88 300m: 3:55.98 1:21.88 500m: 6:43.04 1:24.10 700m: 9:31.06 1:23.31		
200m: 2:34.10 1:20.22 400m: 5:18.94 1:22.96 600m: 8:07.75 1:24.71 800m: 10:51.78 1:20.72		
6. FINS SEOANE, Juan Miguel	77 C.N. E Salvamento A Estrada	<b>10:52.75</b> 11,00
100m: 1:12.06 1:12.06 300m: 3:53.09 1:21.95 500m: 6:40.21 1:23.42 700m: 9:29.78 1:24.85		
200m: 2:31.14 1:19.08 400m: 5:16.79 1:23.70 600m: 8:04.93 1:24.72 800m: 10:52.75 1:22.97		
7. YAGÜE ANDRÉS, Jorge	77 C.N. Master Madrid	<b>10:57.47</b> 10,00
100m: 1:16.22 1:16.22 300m: 4:01.66 1:23.51 500m: 6:50.21 1:24.64 700m: 9:38.56 1:23.42		
200m: 2:38.15 1:21.93 400m: 5:25.57 1:23.91 600m: 8:15.14 1:24.93 800m: 10:57.47 1:18.91		
8. TOMAS MARTINEZ-LOSA, Juan Carlos	76 C.N. Iregua-Villamediana	<b>11:05.16</b> 9,00
100m: 1:15.39 1:15.39 300m: 4:00.04 1:23.46 500m: 6:51.89 1:26.71 700m: 9:43.49 1:25.81		
200m: 2:36.58 1:21.19 400m: 5:25.18 1:25.14 600m: 8:17.68 1:25.79 800m: 11:05.16 1:21.67		
9. AGUILAR CONTRERAS, Antonio Angel	79 C.N. Master Madrid	<b>11:23.98</b> 8,00
100m: 1:18.36 1:18.36 300m: 4:08.29 1:25.99 500m: 7:01.80 1:26.78 700m: 9:57.53 1:27.88		
200m: 2:42.30 1:23.94 400m: 5:35.02 1:26.73 600m: 8:29.65 1:27.85 800m: 11:23.98 1:26.45		
10. ARRASTIO LOPEZ, Xabier	75 C.N. Playa Salve	<b>11:53.20</b> 7,00
100m: 1:20.70 1:20.70 300m: 4:17.29 1:28.75 500m: 7:22.34 1:33.39 700m: 10:24.42 1:31.73		
200m: 2:48.54 1:27.84 400m: 5:48.95 1:31.66 600m: 8:52.69 1:30.35 800m: 11:53.20 1:28.78		



Prueba 5, Masc., 800m Libre, 40+

Clasificación	AN	Tiempo
11. MORENO MARTINEZ, Jorge	77 Albacete Master N.	11:59.49 6,00
100m: 1:25.61 1:25.61 300m: 4:29.60 1:30.73 500m: 7:32.99 1:31.72 700m: 10:33.75 1:30.17		
200m: 2:58.87 1:33.26 400m: 6:01.27 1:31.67 600m: 9:03.58 1:30.59 800m: 11:59.49 1:25.74		
12. AGUADO ANDRES, Gustavo	77 C.N. Monteverde	12:11.16 5,00
100m: 1:22.33 1:22.33 300m: 4:24.89 1:31.43 500m: 7:29.17 1:32.74 700m: 10:37.37 1:34.69		
200m: 2:53.46 1:31.13 400m: 5:56.43 1:31.54 600m: 9:02.68 1:33.51 800m: 12:11.16 1:33.79		
13. ROZADOS SANCHEZ, Carlos	79 C.N. E Salvamento A Estrada	12:48.92 4,00
100m: 1:22.63 1:22.63 300m: 4:29.99 1:35.18 500m: 7:51.66 1:40.96 700m: 11:13.20 1:39.78		
200m: 2:54.81 1:32.18 400m: 6:10.70 1:40.71 600m: 9:33.42 1:41.76 800m: 12:48.92 1:35.72		
14. RUIZ MARTÍNEZ, Emilio José	79 Cn Master Torrijos	12:54.70 3,00
100m: 1:27.90 1:27.90 300m: 4:42.76 1:38.96 500m: 7:59.52 1:38.25 700m: 11:16.88 1:38.31		
200m: 3:03.80 1:35.90 400m: 6:21.27 1:38.51 600m: 9:38.57 1:39.05 800m: 12:54.70 1:37.82		
15. CHAMIZO QUILIS, Luis	77 C.N. Master Murcia	14:44.52 2,00
100m: 1:32.35 1:32.35 300m: 5:11.83 1:51.71 500m: 9:02.76 1:56.60 700m: 12:51.07 1:52.59		
200m: 3:20.12 1:47.77 400m: 7:06.16 1:54.33 600m: 10:58.48 1:55.72 800m: 14:44.52 1:53.45		
16. GASCON Y MARIN DE LA PUENTE, Jc77	LuC.N. Master Madrid	15:08.78 1,00
100m: 1:38.79 1:38.79 300m: 5:30.59 1:57.72 500m: 9:27.20 1:57.84 700m: 13:19.61 1:55.10		
200m: 3:32.87 1:54.08 400m: 7:29.36 1:58.77 600m: 11:24.51 1:57.31 800m: 15:08.78 1:49.17		

45+

1. MORENO VIDAL, Victor Manuel	72 Club Natacion Acuatico Morvedre Sagunt	9:41.02 19,00
100m: 1:07.73 1:07.73 300m: 3:31.96 1:12.35 500m: 5:59.47 1:14.03 700m: 8:28.31 1:14.76		
200m: 2:19.61 1:11.88 400m: 4:45.44 1:13.48 600m: 7:13.55 1:14.08 800m: 9:41.02 1:12.71		
2. MARTINEZ LUCAS, Francisco	74 Albacete Master N.	9:50.66 16,00
100m: 1:08.03 1:08.03 300m: 3:35.55 1:14.06 500m: 6:06.02 1:15.58 700m: 8:37.23 1:15.66		
200m: 2:21.49 1:13.46 400m: 4:50.44 1:14.89 600m: 7:21.57 1:15.55 800m: 9:50.66 1:13.43		
3. ROVIRA BODI, Juan Manuel	74 C.N. Albacora	10:33.50 14,00
100m: 1:12.14 1:12.14 300m: 3:48.11 1:18.91 500m: 6:27.97 1:20.63 700m: 9:11.88 1:22.28		
200m: 2:29.20 1:17.06 400m: 5:07.34 1:19.23 600m: 7:49.60 1:21.63 800m: 10:33.50 1:21.62		
4. GARCÍA GARVÍN, Demetrio Julian	74 C.N. Monteverde	10:57.73 13,00
100m: 1:14.68 1:14.68 300m: 4:00.06 1:23.37 500m: 6:48.57 1:24.90 700m: 9:36.95 1:24.64		
200m: 2:36.69 1:22.01 400m: 5:23.67 1:23.61 600m: 8:12.31 1:23.74 800m: 10:57.73 1:20.78		
5. SEGLAR VALIENTE, Miguel Angel	72 Vila-Swim Fondistas Club Natación	11:03.91 12,00
100m: 1:16.10 1:16.10 300m: 4:02.22 1:23.41 500m: 6:49.79 1:24.19 700m: 9:39.64 1:25.01		
200m: 2:38.81 1:22.71 400m: 5:25.60 1:23.38 600m: 8:14.63 1:24.84 800m: 11:03.91 1:24.27		
6. MERINO GONZÁLEZ, Raúl	74 Cd Upstream	11:11.75 11,00
100m: 1:17.18 1:17.18 300m: 4:06.76 1:25.86 500m: 7:00.06 1:25.46 700m: 9:50.30 1:24.91		
200m: 2:40.90 1:23.72 400m: 5:34.60 1:27.84 600m: 8:25.39 1:25.33 800m: 11:11.75 1:21.45		
7. LIDÓN GIMÉNEZ, Alfonso	70 C.N. Master Murcia	11:20.78 10,00
100m: 1:15.75 1:15.75 300m: 4:08.25 1:26.91 500m: 7:02.52 1:27.27 700m: 9:56.85 1:27.05		
200m: 2:41.34 1:25.59 400m: 5:35.25 1:27.00 600m: 8:29.80 1:27.28 800m: 11:20.78 1:23.93		
8. MARTINEZ GONZALEZ, Raul	72 C.N. Ovimaster	11:42.08 9,00
100m: 1:17.98 1:17.98 300m: 4:13.27 1:29.19 500m: 7:13.79 1:30.79 700m: 10:14.82 1:30.27		
200m: 2:44.08 1:26.10 400m: 5:43.00 1:29.73 600m: 8:44.55 1:30.76 800m: 11:42.08 1:27.26		

A collage of logos from various sponsors and partners of the Madrid Marathon. The logos are arranged in several rows:

- Row 1:** ADO, ESPAÑA (Spanish flag), PREMAAT (Sociedad y Amor), LOTERÍAS (Comel Deporte), TOPSEC (Libria), Galenika, Carizt (Pacimientos).
- Row 2:** CSD, Coreo Olanco Spain, Astralpool Fluidra, errea, TURBO, speedo, Lorena Morlote (Lorena & Vici Management S.L.), AITEKO, SPORTBUS (www.sportbus.es), Vital (Fundación Fundación).
- Row 3:** Andalucía-Foru Andalusí (Distribución Porcel de Aljibe), kirolaraba, Halcónvajes, LaLiga Sports, CAVALES, aecc (Club de Fútbol), Marro Aldany, Spotify, AIT. PISCINAS (AIT. Piscinas), LVN (SPORT), althaia (Realización de Actividades), kyrocream (Kyro Cream), FINISHER (Kern).
- Row 4:** Ayuntamiento de Villavieja-González, ELIJO MARGARITA (El Busto Negro), M D + Programas Mujer y Deporte.

Prueba 5, Masc., 800m Libre, 50+

Clasificación	AN								Tiempo	
6. MAESO VERGARA, Miguel Benito	67	C.N. Camargo							<b>11:17.31</b>	11,00
100m:	1:18.66	1:18.66	300m:	4:07.90	1:25.47	500m:	7:01.91	1:26.89	700m:	9:54.65 1:26.09
200m:	2:42.43	1:23.77	400m:	5:35.02	1:27.12	600m:	8:28.56	1:26.65	800m:	11:17.31 1:22.66
7. RODRIGUEZ SUAREZ, Juan Pedro	67	C.N. Metropole							<b>11:21.27</b>	10,00
100m:	1:21.19	1:21.19	300m:	4:15.43	1:27.36	500m:	7:07.90	1:25.72	700m:	10:01.05 1:26.18
200m:	2:48.07	1:26.88	400m:	5:42.18	1:26.75	600m:	8:34.87	1:26.97	800m:	11:21.27 1:20.22
8. YÑIGO DE LOS RIOS, Miguel	68	C.N. Master Madrid							<b>11:39.18</b>	9,00
100m:	1:22.01	1:22.01	300m:	4:22.21	1:29.97	500m:	7:19.24	1:27.96	700m:	10:16.23 1:28.22
200m:	2:52.24	1:30.23	400m:	5:51.28	1:29.07	600m:	8:48.01	1:28.77	800m:	11:39.18 1:22.95
9. ALCARAZ GOBITTA, Sergio	65	C.N. Master Murcia							<b>11:43.21</b>	8,00
100m:	1:21.07	1:21.07	300m:	4:18.50	1:29.78	500m:	7:18.22	1:30.48	700m:	10:18.57 1:29.22
200m:	2:48.72	1:27.65	400m:	5:47.74	1:29.24	600m:	8:49.35	1:31.13	800m:	11:43.21 1:24.64
10. DOMINGUEZ NEGRILLO, Raul	67	C.N.D. Fuengirola Swimming							<b>12:00.31</b>	7,00
100m:	1:25.43	1:25.43	300m:	4:27.70	1:30.64	500m:	7:30.91	1:32.25	700m:	10:34.26 1:30.89
200m:	2:57.06	1:31.63	400m:	5:58.66	1:30.96	600m:	9:03.37	1:32.46	800m:	12:00.31 1:26.05
11. BOIXADER GIL, Jose Manuel	65	Vila-Swim Fondistas Club Natación							<b>12:00.55</b>	6,00
100m:	1:22.98	1:22.98	300m:	4:25.74	1:32.83	500m:	7:30.73	1:32.24	700m:	10:33.46 1:31.74
200m:	2:52.91	1:29.93	400m:	5:58.49	1:32.75	600m:	9:01.72	1:30.99	800m:	12:00.55 1:27.09
12. COMINERO GARCIA, Eduardo	67	Cn Master Torrijos							<b>12:09.33</b>	5,00
100m:	1:25.12	1:25.12	300m:	4:29.29	1:32.48	500m:	7:33.88	1:32.29	700m:	10:38.65 1:32.81
200m:	2:56.81	1:31.69	400m:	6:01.59	1:32.30	600m:	9:05.84	1:31.96	800m:	12:09.33 1:30.68
13. MUÑOZ PEREZ, Angel Andres	67	C.N. Monteverde							<b>12:10.35</b>	4,00
100m:	1:20.71	1:20.71	300m:	4:23.43	1:32.64	500m:	7:31.90	1:34.36	700m:	10:39.94 1:33.57
200m:	2:50.79	1:30.08	400m:	5:57.54	1:34.11	600m:	9:06.37	1:34.47	800m:	12:10.35 1:30.41
14. BEDIA HERRERO, Angel	65	C.N. Camargo							<b>12:37.05</b>	3,00
100m:	1:29.94	1:29.94	300m:	4:39.85	1:35.56	500m:	7:51.22	1:36.33	700m:	11:06.15 1:37.34
200m:	3:04.29	1:34.35	400m:	6:14.89	1:35.04	600m:	9:28.81	1:37.59	800m:	12:37.05 1:30.90
15. PRIETO MIGUEL, Raul	66	C.N. Monteverde							<b>12:40.77</b>	2,00
100m:	1:26.11	1:26.11	300m:	4:37.39	1:37.45	500m:	7:53.41	1:38.32	700m:	11:08.74 1:37.72
200m:	2:59.94	1:33.83	400m:	6:15.09	1:37.70	600m:	9:31.02	1:37.61	800m:	12:40.77 1:32.03
16. PEREZ ARROYO, Dionisio	69	C.N. Fuenlabrada							<b>14:28.00</b>	1,00
100m:	1:30.38	1:30.38	300m:	5:05.85	1:50.10	500m:	8:54.85	1:54.35	700m:	12:40.25 1:52.37
200m:	3:15.75	1:45.37	400m:	7:00.50	1:54.65	600m:	10:47.88	1:53.03	800m:	14:28.00 1:47.75
17. SOLA CASAS, Marcel	67	C.D. Tizona Burgos							<b>14:43.35</b>	-
100m:	1:42.56	1:42.56	300m:	5:28.86	1:53.78	500m:	9:12.85	1:51.16	700m:	12:59.13 1:52.52
200m:	3:35.08	1:52.52	400m:	7:21.69	1:52.83	600m:	11:06.61	1:53.76	800m:	14:43.35 1:44.22
Baja	MARIMON ORTIZ DE ZARATE, J. Maria66	C.D. Fortuna								-

55+

1. RUIZ LÓPEZ, Javier	61	C.N. Playa Salve							<b>10:17.76</b>	19,00
100m:	1:12.09	1:12.09	300m:	3:48.98	1:19.27	500m:	6:26.10	1:17.71	700m:	9:02.17 1:18.14
200m:	2:29.71	1:17.62	400m:	5:08.39	1:19.41	600m:	7:44.03	1:17.93	800m:	10:17.76 1:15.59
2. TELLEZ ECHEANDIA, Fernando	62	Getxo Igeriketa Bolue K.E.							<b>10:20.55</b>	16,00
100m:	1:15.87	1:15.87	300m:	3:52.51	1:17.84	500m:	6:28.85	1:18.11	700m:	9:04.66 1:17.94
200m:	2:34.67	1:18.80	400m:	5:10.74	1:18.23	600m:	7:46.72	1:17.87	800m:	10:20.55 1:15.89





Prueba 5, Masc., 800m Libre, 60+

Clasificación	AN	Tiempo
5. RIGUAL DE HEREDIA, Carlos	57 C.D. Jerez Natacion Master	<b>12:53.98</b> 12,00
100m: 1:32.35 1:32.35 300m: 4:50.81 1:39.33 500m: 8:07.12 1:37.30 700m: 11:21.35 1:37.00		
200m: 3:11.48 1:39.13 400m: 6:29.82 1:39.01 600m: 9:44.35 1:37.23 800m: 12:53.98 1:32.63		
6. MARQUES DEL POZO, Antonio	56 C.N. Monteverde	<b>14:17.22</b> 11,00
100m: 1:29.31 1:29.31 300m: 5:05.92 1:51.32 500m: 8:49.04 1:52.60 700m: 12:33.72 1:51.55		
200m: 3:14.60 1:45.29 400m: 6:56.44 1:50.52 600m: 10:42.17 1:53.13 800m: 14:17.22 1:43.50		
7. CANO GUERAO, José Miguel	57 C.N. Master Murcia	<b>14:37.82</b> 10,00
100m: 1:47.20 1:47.20 300m: 5:33.24 1:51.78 500m: 9:13.00 1:49.59 700m: 12:55.10 1:51.86		
200m: 3:41.46 1:54.26 400m: 7:23.41 1:50.17 600m: 11:03.24 1:50.24 800m: 14:37.82 1:42.72		
Baja HEMPEL, Wilhelm	57 C.N. Master Murcia	-

65+

1. FERNANDEZ RODRIGUEZ, Rafael	54 C.N. Cuatro Caminos	<b>11:22.42</b> 19,00
100m: 1:20.15 1:20.15 300m: 4:13.75 1:27.06 500m: 7:06.23 1:26.13 700m: 9:58.30 1:25.91		
200m: 2:46.69 1:26.54 400m: 5:40.10 1:26.35 600m: 8:32.39 1:26.16 800m: 11:22.42 1:24.12		
2. EYMAR ALONSO, Carlos	51 C.N. Master Madrid	<b>12:43.72</b> 16,00
100m: 1:26.55 1:26.55 300m: 4:41.56 1:38.10 500m: 7:56.70 1:36.86 700m: 11:11.90 1:37.22		
200m: 3:03.46 1:36.91 400m: 6:19.84 1:38.28 600m: 9:34.68 1:37.98 800m: 12:43.72 1:31.82		
3. GARCIA COLOMO, Manuel Ramon	54 C.N. Pabellon Ourense	<b>12:53.87</b> 14,00
100m: 1:31.68 1:31.68 300m: 4:52.46 1:40.50 500m: 8:09.97 1:38.03 700m: 11:22.11 1:35.71		
200m: 3:11.96 1:40.28 400m: 6:31.94 1:39.48 600m: 9:46.40 1:36.43 800m: 12:53.87 1:31.76		
4. GOMEZ MARCANO, Fernando	54 A. Cantabra Nat.	<b>13:38.69</b> 13,00
100m: 1:31.70 1:31.70 300m: 4:58.78 1:44.06 500m: 8:28.23 1:44.07 700m: 11:57.45 1:44.55		
200m: 3:14.72 1:43.02 400m: 6:44.16 1:45.38 600m: 10:12.90 1:44.67 800m: 13:38.69 1:41.24		
5. ARDERIUS CHICHARRO, Luis Antonio	54 C.N. Master Madrid	<b>13:40.92</b> 12,00
100m: 1:37.09 1:37.09 300m: 5:10.10 1:46.77 500m: 8:42.83 1:45.87 700m: 12:08.86 1:41.90		
200m: 3:23.33 1:46.24 400m: 6:56.96 1:46.86 600m: 10:26.96 1:44.13 800m: 13:40.92 1:32.06		
6. MARTIN MARTINEZ, Juan Jesus	54 C.N. Fuenlabrada	<b>13:51.35</b> 11,00
100m: 1:31.95 1:31.95 300m: 5:00.46 1:44.90 500m: 8:32.24 1:45.07 700m: 12:10.01 1:47.63		
200m: 3:15.56 1:43.61 400m: 6:47.17 1:46.71 600m: 10:22.38 1:50.14 800m: 13:51.35 1:41.34		
7. IBÁÑEZ GARCIA, Dimas	50 C.N. Monteverde	<b>18:11.52</b> 10,00
100m: 1:55.52 1:55.52 300m: 6:29.94 2:20.27 500m: 11:11.81 2:20.73 700m: 15:53.24 2:21.39		
200m: 4:09.67 2:14.15 400m: 8:51.08 2:21.14 600m: 13:31.85 2:20.04 800m: 18:11.52 2:18.28		

70+

1. FORCAT GLEZ, Ricardo	47 C.N. Master Madrid	<b>14:55.98</b> 19,00
100m: 1:38.91 1:38.91 300m: 5:29.93 1:56.15 500m: 9:18.42 1:54.43 700m: 13:11.53 1:56.13		
200m: 3:33.78 1:54.87 400m: 7:23.99 1:54.06 600m: 11:15.40 1:56.98 800m: 14:55.98 1:44.45		
2. RIERA MONTAL, Agustin	49 C. Tenerife Masters	<b>16:57.12</b> 16,00
100m: 1:50.78 1:50.78 300m: 6:06.50 2:08.99 500m: 10:28.85 2:11.18 700m: 14:50.15 2:10.25		
200m: 3:57.51 2:06.73 400m: 8:17.67 2:11.17 600m: 12:39.90 2:11.05 800m: 16:57.12 2:06.97		
3. CATALA BOVER, Ignacio	46 C.N. Monteverde	<b>20:23.83</b> 14,00
100m: 2:18.51 2:18.51 300m: 7:34.02 2:39.29 500m: 12:53.17 2:39.10 700m: 17:58.34 2:26.94		
200m: 4:54.73 2:36.22 400m: 10:14.07 2:40.05 600m: 15:31.40 2:38.23 800m: 20:23.83 2:25.49		

## Prueba 5, Masc., 800m Libre

90+

1.	DOMINGUEZ FERNÁNDEZ, Juan Franc27:o C.N. Master Madrid								23:43.21	34,00	RE	
	100m:	3:07.63	3:07.63	300m:	9:15.98	3:00.59	500m:	15:17.66	3:00.22	700m:	21:03.19	2:50.46
	200m:	6:15.39	3:07.76	400m:	12:17.44	3:01.46	600m:	18:12.73	2:55.07	800m:	23:43.21	2:40.02

Prueba 6  
28/04/2019

## Fem., 800m Libre

20 - 94 años  
Resultados

Clasificación	AN										Tempo
20+											
1.	CARDONA BOJADÓS, Elena	95	Vila-Swim Fondistas Club Natación							<b>10:13.35</b>	19,00
	100m: 1:12.48	1:12.48	300m: 3:46.86	1:17.37	500m: 6:23.31	1:18.00	700m: 8:59.09	1:17.36			
	200m: 2:29.49	1:17.01	400m: 5:05.31	1:18.45	600m: 7:41.73	1:18.42	800m: 10:13.35	1:14.26			
2.	OCHOA DE ERIBE MUSITU, Leire	97	C.N. Pamplona							<b>10:32.90</b>	16,00
	100m: 1:12.07	1:12.07	300m: 3:52.38	1:20.36	500m: 6:33.28	1:19.88	700m: 9:16.47	1:21.43			
	200m: 2:32.02	1:19.95	400m: 5:13.40	1:21.02	600m: 7:55.04	1:21.76	800m: 10:32.90	1:16.43			
3.	MOLINA HERREROS, Ana	97	Vila-Swim Fondistas Club Natación							<b>10:47.04</b>	14,00
	100m: 1:13.09	1:13.09	300m: 3:55.59	1:22.15	500m: 6:41.81	1:22.98	700m: 9:26.86	1:22.60			
	200m: 2:33.44	1:20.35	400m: 5:18.83	1:23.24	600m: 8:04.26	1:22.45	800m: 10:47.04	1:20.18			
4.	DÍAZ MILLÁN, María Isabel	95	Natacion Sevilla Master, C.D.							<b>10:48.99</b>	13,00
	100m: 1:13.68	1:13.68	300m: 3:55.05	1:21.93	500m: 6:40.58	1:22.61	700m: 9:27.43	1:22.93			
	200m: 2:33.12	1:19.44	400m: 5:17.97	1:22.92	600m: 8:04.50	1:23.92	800m: 10:48.99	1:21.56			
5.	SEQUERA CARO, Miriam	97	C.N. Leon							<b>11:52.19</b>	12,00
	100m: 1:18.29	1:18.29	300m: 4:11.74	1:29.36	500m: 7:16.05	1:32.41	700m: 10:21.77	1:33.06			
	200m: 2:42.38	1:24.09	400m: 5:43.64	1:31.90	600m: 8:48.71	1:32.66	800m: 11:52.19	1:30.42			
6.	RIQUELME OROZCO, Maria	95	C. Tennis Chamartin							<b>11:54.67</b>	11,00
	100m: 1:21.65	1:21.65	300m: 4:21.12	1:30.36	500m: 7:23.35	1:31.92	700m: 10:27.38	1:32.04			
	200m: 2:50.76	1:29.11	400m: 5:51.43	1:30.31	600m: 8:55.34	1:31.99	800m: 11:54.67	1:27.29			
DSQ	ZARAUZA VILLA, Lucia	99	C.N. Monteverde								

25+

1.	REDONDO MARTIN, Samanta	93	C.N. Monteverde								<b>10:00.81</b>	19,00
	100m:	1:10.09	1:10.09	300m:	3:40.49	1:16.03	500m:	6:13.13	1:16.60	700m:	8:46.35	1:16.31
	200m:	2:24.46	1:14.37	400m:	4:56.53	1:16.04	600m:	7:30.04	1:16.91	800m:	10:00.81	1:14.46
2.	GONZALEZ MEGIA, Patricia	93	C.N. Monteverde								<b>10:18.19</b>	16,00
	100m:	1:09.96	1:09.96	300m:	3:41.57	1:17.03	500m:	6:18.78	1:19.59	700m:	9:00.00	1:20.73
	200m:	2:24.54	1:14.58	400m:	4:59.19	1:17.62	600m:	7:39.27	1:20.49	800m:	10:18.19	1:18.19
3.	MANCERA REINA, Ana	94	Cn Master Torrijos								<b>10:54.63</b>	14,00
	100m:	1:16.58	1:16.58	300m:	3:59.57	1:21.69	500m:	6:46.27	1:24.18	700m:	9:35.01	1:25.07
	200m:	2:37.88	1:21.30	400m:	5:22.09	1:22.52	600m:	8:09.94	1:23.67	800m:	10:54.63	1:19.62
4.	PALLARES PASTOR, Laura	93	C. Tenis Chamartin								<b>11:05.09</b>	13,00
	100m:	1:19.31	1:19.31	300m:	4:08.15	1:24.69	500m:	6:56.80	1:24.46	700m:	9:45.11	1:24.60
	200m:	2:43.46	1:24.15	400m:	5:32.34	1:24.19	600m:	8:20.51	1:23.71	800m:	11:05.09	1:19.98

Prueba 6, Fem., 800m Libre, 25+

Clasificación	AN								Tiempo			
5.	MARTIN SANCHEZ, Lorena			91	C.N. Alcobendas				<b>11:33.74</b>	12,00		
	100m:	1:18.68	1:18.68	300m:	4:11.06	1:26.83	500m:	7:08.42	1:28.74	700m:	10:08.74	1:30.60
	200m:	2:44.23	1:25.55	400m:	5:39.68	1:28.62	600m:	8:38.14	1:29.72	800m:	11:33.74	1:25.00
6.	LEWIS, Lucy			90	C.N. Master Madrid				<b>12:09.05</b>	11,00		
	100m:	1:23.32	1:23.32	300m:	4:26.28	1:32.13	500m:	7:33.93	1:34.32	700m:	10:40.17	1:32.61
	200m:	2:54.15	1:30.83	400m:	5:59.61	1:33.33	600m:	9:07.56	1:33.63	800m:	12:09.05	1:28.88
7.	DEL VALLE FERNANDEZ-TORIJA, Pau			94	C.N. Monteverde				<b>12:15.09</b>	10,00		
	100m:	1:26.20	1:26.20	300m:	4:31.77	1:33.14	500m:	7:40.56	1:34.78	700m:	10:47.31	1:32.95
	200m:	2:58.63	1:32.43	400m:	6:05.78	1:34.01	600m:	9:14.36	1:33.80	800m:	12:15.09	1:27.78
8.	CARRANZA MARTIN, Paula			90	C.D. Tizona Burgos				<b>12:20.50</b>	9,00		
	100m:	1:23.43	1:23.43	300m:	4:28.92	1:33.86	500m:	7:37.79	1:33.73	700m:	10:48.28	1:35.00
	200m:	2:55.06	1:31.63	400m:	6:04.06	1:35.14	600m:	9:13.28	1:35.49	800m:	12:20.50	1:32.22
9.	SANCHEZ MARTINEZ, Ana			91	C.N. Master Murcia				<b>12:32.47</b>	8,00		
	100m:	1:25.36	1:25.36	300m:	4:32.48	1:33.82	500m:	7:45.17	1:37.00	700m:	10:59.17	1:36.82
	200m:	2:58.66	1:33.30	400m:	6:08.17	1:35.69	600m:	9:22.35	1:37.18	800m:	12:32.47	1:33.30
10.	SANCHEZ OLABE, Itziar			92	C.N. Master Madrid				<b>13:43.41</b>	7,00		
	100m:	1:35.40	1:35.40	300m:	5:07.04	1:46.78	500m:	8:39.68	1:47.01	700m:	12:05.00	1:41.72
	200m:	3:20.26	1:44.86	400m:	6:52.67	1:45.63	600m:	10:23.28	1:43.60	800m:	13:43.41	1:38.41
11.	ARAUJO CASTRO, Paula			91	Club Del Mar				<b>14:10.56</b>	6,00		
	100m:	1:29.55	1:29.55	300m:	5:02.78	1:49.29	500m:	8:41.65	1:49.68	700m:	12:27.46	1:55.96
	200m:	3:13.49	1:43.94	400m:	6:51.97	1:49.19	600m:	10:31.50	1:49.85	800m:	14:10.56	1:43.10
12.	NUBLA MORENO, Virginia			93	Club Natación Urederra				<b>15:04.61</b>	5,00		
	100m:	1:39.93	1:39.93	300m:	5:27.19	1:55.57	500m:	9:21.35	1:57.37	700m:	13:15.10	1:56.84
	200m:	3:31.62	1:51.69	400m:	7:23.98	1:56.79	600m:	11:18.26	1:56.91	800m:	15:04.61	1:49.51

30+

1.	DE LA ROCHA CASTRILLO, Alba	88	C.N. Prat Llobregat					<b>10:33.50</b>	19,00
	100m: 1:12.71	1:12.71	300m: 3:52.35	1:20.39	500m: 6:33.85	1:20.61	700m: 9:14.99	1:20.46	
	200m: 2:31.96	1:19.25	400m: 5:13.24	1:20.89	600m: 7:54.53	1:20.68	800m: 10:33.50	1:18.51	
2.	SAMANIEGO CAMARASA, Irati	86	Kairoscore					<b>10:41.82</b>	16,00
	100m: 1:16.54	1:16.54	300m: 3:58.26	1:20.47	500m: 6:39.34	1:20.92	700m: 9:23.59	1:22.01	
	200m: 2:37.79	1:21.25	400m: 5:18.42	1:20.16	600m: 8:01.58	1:22.24	800m: 10:41.82	1:18.23	
3.	LOPEZ DE LA ROSA, Irene	89	C.N. Alcobendas					<b>11:05.14</b>	14,00
	100m: 1:18.03	1:18.03	300m: 4:05.45	1:23.89	500m: 6:53.61	1:24.54	700m: 9:42.06	1:24.24	
	200m: 2:41.56	1:23.53	400m: 5:29.07	1:23.62	600m: 8:17.82	1:24.21	800m: 11:05.14	1:23.08	
4.	SERRANO SANCHEZ, Maria Paz	87	C.N. Master Naturalswim Petrer					<b>11:33.12</b>	13,00
	100m: 1:21.66	1:21.66	300m: 4:17.28	1:28.11	500m: 7:13.69	1:27.86	700m: 10:08.97	1:27.43	
	200m: 2:49.17	1:27.51	400m: 5:45.83	1:28.55	600m: 8:41.54	1:27.85	800m: 11:33.12	1:24.15	
5.	ALVES RAMALHO, Sara Maria	85	C.N. Master Madrid					<b>11:37.15</b>	12,00
	100m: 1:21.84	1:21.84	300m: 4:19.60	1:29.33	500m: 7:17.24	1:28.49	700m: 10:12.12	1:27.15	
	200m: 2:50.27	1:28.43	400m: 5:48.75	1:29.15	600m: 8:44.97	1:27.73	800m: 11:37.15	1:25.03	
6.	VERA VERA, Patricia Maria	86	C. Tennis Chamartin					<b>11:41.68</b>	11,00
	100m: 1:18.55	1:18.55	300m: 4:10.76	1:27.53	500m: 7:09.96	1:30.28	700m: 10:11.66	1:31.03	
	200m: 2:43.23	1:24.68	400m: 5:39.68	1:28.92	600m: 8:40.63	1:30.67	800m: 11:41.68	1:30.02	

Prueba 6, Fem., 800m Libre, 30+

Clasificación	AN	Tiempo
7. ARAHUETES HIDALGO, Ana	85 C.N. Master Murcia	<b>12:08.87</b> 10,00
100m: 1:23.21 1:23.21 300m: 4:27.09 1:32.70 500m: 7:34.57 1:33.61 700m: 10:39.54 1:31.82		
200m: 2:54.39 1:31.18 400m: 6:00.96 1:33.87 600m: 9:07.72 1:33.15 800m: 12:08.87 1:29.33		
8. SANCHEZ DE LOS SANTOS, Lourdes	87 C.N. Monteverde	<b>12:22.82</b> 9,00
100m: 1:24.76 1:24.76 300m: 4:28.63 1:32.93 500m: 7:37.85 1:35.79 700m: 10:50.34 1:36.13		
200m: 2:55.70 1:30.94 400m: 6:02.06 1:33.43 600m: 9:14.21 1:36.36 800m: 12:22.82 1:32.48		
9. GÓMEZ RUIZ, Lourdes	86 C.N. Monteverde	<b>12:27.12</b> 8,00
100m: 1:24.40 1:24.40 300m: 4:32.53 1:35.18 500m: 7:45.25 1:36.97 700m: 10:57.09 1:35.66		
200m: 2:57.35 1:32.95 400m: 6:08.28 1:35.75 600m: 9:21.43 1:36.18 800m: 12:27.12 1:30.03		
10. PINO HERNÁNDEZ, Carmen	85 C.N. Monteverde	<b>12:27.99</b> 7,00
100m: 1:29.39 1:29.39 300m: 4:34.71 1:33.35 500m: 7:44.65 1:34.65 700m: 10:54.74 1:34.91		
200m: 3:01.36 1:31.97 400m: 6:10.00 1:35.29 600m: 9:19.83 1:35.18 800m: 12:27.99 1:33.25		
Baja FRANQUEIRA LOSADA, Lucia	89 Club Del Mar	-
Baja VILANOVA GONZALEZ, Paula	85 Cn Master Torrijos	-

35+

1. DE MIGUEL GONZALEZ, Carolina	83 Vila-Swim Fondistas Club Natación	<b>10:31.45</b> 19,00
100m: 1:16.24 1:16.24 300m: 3:56.28 1:19.82 500m: 6:35.93 1:19.62 700m: 9:15.46 1:20.22		
200m: 2:36.46 1:20.22 400m: 5:16.31 1:20.03 600m: 7:55.24 1:19.31 800m: 10:31.45 1:15.99		
2. URSUA SANTOS, Susana	82 C.D. Amaya	<b>10:43.71</b> 16,00
100m: 1:14.83 1:14.83 300m: 3:57.04 1:21.98 500m: 6:40.47 1:21.92 700m: 9:24.91 1:22.21		
200m: 2:35.06 1:20.23 400m: 5:18.55 1:21.51 600m: 8:02.70 1:22.23 800m: 10:43.71 1:18.80		
3. LOSANTOS PRIETO, Esther	83 C.D. Tizona Burgos	<b>10:44.23</b> 14,00
100m: 1:15.37 1:15.37 300m: 3:58.17 1:21.35 500m: 6:41.48 1:21.89 700m: 9:27.45 1:23.01		
200m: 2:36.82 1:21.45 400m: 5:19.59 1:21.42 600m: 8:04.44 1:22.96 800m: 10:44.23 1:16.78		
4. MARTINEZ CASTELLANO, Saioa	84 C.N. Pamplona	<b>10:57.20</b> 13,00
100m: 1:17.40 1:17.40 300m: 4:01.99 1:22.72 500m: 6:48.00 1:23.11 700m: 9:35.30 1:23.78		
200m: 2:39.27 1:21.87 400m: 5:24.89 1:22.90 600m: 8:11.52 1:23.52 800m: 10:57.20 1:21.90		
5. BARBEITO DOMINGUEZ, Marta	84 C. Tennis Chamartin	<b>10:59.94</b> 12,00
100m: 1:18.18 1:18.18 300m: 4:03.40 1:22.53 500m: 6:48.99 1:22.94 700m: 9:36.87 1:24.23		
200m: 2:40.87 1:22.69 400m: 5:26.05 1:22.65 600m: 8:12.64 1:23.65 800m: 10:59.94 1:23.07		
6. CASTRO CAMARERO, Raquel	84 C.N. Master Madrid	<b>11:32.70</b> 11,00
100m: 1:20.18 1:20.18 300m: 4:17.27 1:28.94 500m: 7:15.75 1:28.52 700m: 10:10.52 1:27.32		
200m: 2:48.33 1:28.15 400m: 5:47.23 1:29.96 600m: 8:43.20 1:27.45 800m: 11:32.70 1:22.18		
7. PASCUAL LOPEZ, Celia	84 C.N. Master Madrid	<b>11:57.09</b> 10,00
100m: 1:22.20 1:22.20 300m: 4:22.49 1:30.70 500m: 7:24.45 1:30.83 700m: 10:28.23 1:32.34		
200m: 2:51.79 1:29.59 400m: 5:53.62 1:31.13 600m: 8:55.89 1:31.44 800m: 11:57.09 1:28.86		
8. TARANCON ROMERO, Alicia	81 C.N. Master Madrid	<b>15:08.41</b> 9,00
100m: 1:51.89 1:51.89 300m: 5:45.63 1:56.31 500m: 9:35.18 1:54.70 700m: 13:23.23 1:53.06		
200m: 3:49.32 1:57.43 400m: 7:40.48 1:54.85 600m: 11:30.17 1:54.99 800m: 15:08.41 1:45.18		



Prueba 6, Fem., 800m Libre

40+

1.	SANTOS ARRIAGA, Rebeca	77	Cn Master Torrijos	<b>9:32.56</b>	19,00
	100m: 1:08.30 1:08.30 300m: 3:33.45 1:12.72 500m: 5:58.29 1:12.33 700m: 8:23.23 1:12.29				
	200m: 2:20.73 1:12.43 400m: 4:45.96 1:12.51 600m: 7:10.94 1:12.65 800m: 9:32.56 1:09.33				
2.	PEREZ MAYORGAS, Estibaliz	75	R.C. Mediterraneo	<b>10:43.72</b>	16,00
	100m: 1:15.50 1:15.50 300m: 3:57.10 1:21.30 500m: 6:41.02 1:21.83 700m: 9:24.13 1:21.01				
	200m: 2:35.80 1:20.30 400m: 5:19.19 1:22.09 600m: 8:03.12 1:22.10 800m: 10:43.72 1:19.59				
3.	DE MIGUEL SANCHEZ, Ana Isabel	76	C.N. Master Madrid	<b>12:03.10</b>	14,00
	100m: 1:21.44 1:21.44 300m: 4:22.26 1:31.37 500m: 7:26.32 1:32.11 700m: 10:31.58 1:32.54				
	200m: 2:50.89 1:29.45 400m: 5:54.21 1:31.95 600m: 8:59.04 1:32.72 800m: 12:03.10 1:31.52				
4.	MARTIN-ALONSO JORGE, Raquel	76	C.N. Alcobendas	<b>12:21.57</b>	13,00
	100m: 1:27.27 1:27.27 300m: 4:35.35 1:34.05 500m: 7:43.47 1:33.79 700m: 10:49.61 1:32.93				
	200m: 3:01.30 1:34.03 400m: 6:09.68 1:34.33 600m: 9:16.68 1:33.21 800m: 12:21.57 1:31.96				
5.	GUTIERREZ GARCIA, Noelia	78	Club Velociraptor	<b>12:21.86</b>	12,00
	100m: 1:25.54 1:25.54 300m: 4:31.09 1:34.02 500m: 7:41.74 1:35.36 700m: 10:50.87 1:34.50				
	200m: 2:57.07 1:31.53 400m: 6:06.38 1:35.29 600m: 9:16.37 1:34.63 800m: 12:21.86 1:30.99				
6.	CALLEJA RODRIGUEZ, Maria	77	C.D. Tizona Burgos	<b>12:35.35</b>	11,00
	100m: 1:26.83 1:26.83 300m: 4:32.39 1:34.43 500m: 7:46.06 1:36.79 700m: 11:00.57 1:37.36				
	200m: 2:57.96 1:31.13 400m: 6:09.27 1:36.88 600m: 9:23.21 1:37.15 800m: 12:35.35 1:34.78				
7.	MARTINEZ CASTELLANO, Leire	78	C.N. Pamplona	<b>13:35.73</b>	10,00
	100m: 1:31.23 1:31.23 300m: 4:55.28 1:43.70 500m: 8:23.57 1:44.37 700m: 11:53.26 1:44.83				
	200m: 3:11.58 1:40.35 400m: 6:39.20 1:43.92 600m: 10:08.43 1:44.86 800m: 13:35.73 1:42.47				
8.	HERAS VIDAURRE, Elena	77	C.D. Tizona Burgos	<b>13:43.60</b>	9,00
	100m: 1:28.24 1:28.24 300m: 4:51.00 1:43.08 500m: 8:24.74 1:47.88 700m: 11:59.42 1:47.04				
	200m: 3:07.92 1:39.68 400m: 6:36.86 1:45.86 600m: 10:12.38 1:47.64 800m: 13:43.60 1:44.18				
9.	ISIDRO RODRIGO, Yesica	78	C.N. Master Madrid	<b>16:41.26</b>	8,00
	100m: 1:56.46 1:56.46 300m: 6:03.95 2:06.59 500m: 10:20.52 2:07.90 700m: 14:36.53 2:09.69				
	200m: 3:57.36 2:00.90 400m: 8:12.62 2:08.67 600m: 12:26.84 2:06.32 800m: 16:41.26 2:04.73				
10.	GARCIA BOBADILLA, Piedad	77	C.N. Ovimaster	<b>16:49.91</b>	7,00
	100m: 1:53.91 1:53.91 300m: 6:05.04 2:07.41 500m: 10:23.65 2:09.21 700m: 14:42.33 2:08.70				
	200m: 3:57.63 2:03.72 400m: 8:14.44 2:09.40 600m: 12:33.63 2:09.98 800m: 16:49.91 2:07.58				

45+

1.	MARCHANTE LUJAN, Yolanda	73	Vila-Swim Fondistas Club Natación	<b>11:37.59</b>	19,00
	100m: 1:20.45 1:20.45 300m: 4:15.57 1:28.46 500m: 7:13.40 1:28.89 700m: 10:10.82 1:28.83				
	200m: 2:47.11 1:26.66 400m: 5:44.51 1:28.94 600m: 8:41.99 1:28.59 800m: 11:37.59 1:26.77				
2.	SANCHEZ BENDALA, Ana	71	Natacion Sevilla Master, C.D.	<b>11:46.25</b>	16,00
	100m: 1:21.56 1:21.56 300m: 4:20.82 1:29.84 500m: 7:22.16 1:30.29 700m: 10:20.89 1:28.93				
	200m: 2:50.98 1:29.42 400m: 5:51.87 1:31.05 600m: 8:51.96 1:29.80 800m: 11:46.25 1:25.36				
3.	GARCIA ALVAREZ, Maria Jose	71	Club Benavente Natacion	<b>11:58.36</b>	14,00
	100m: 1:25.49 1:25.49 300m: 4:26.31 1:31.05 500m: 7:30.82 1:31.52 700m: 10:31.87 1:29.54				
	200m: 2:55.26 1:29.77 400m: 5:59.30 1:32.99 600m: 9:02.33 1:31.51 800m: 11:58.36 1:26.49				
4.	FERNANDEZ LEBRATO, Mª Angeles	70	C.D. Tizona Burgos	<b>12:34.12</b>	13,00
	100m: 1:25.13 1:25.13 300m: 4:30.51 1:33.13 500m: 7:40.01 1:35.42 700m: 10:57.57 1:39.70				
	200m: 2:57.38 1:32.25 400m: 6:04.59 1:34.08 600m: 9:17.87 1:37.86 800m: 12:34.12 1:36.55				

Prueba 6, Fem., 800m Libre, 45+

Clasificación	AN								Tiempo	
5. ESCANERO MAICAS, Begoña	73	C.D. Jerez Natacion Master								<b>12:49.96</b> 12,00
100m:	1:25.71	1:25.71	300m:	4:38.66	1:38.13	500m:	7:56.67	1:39.12	700m:	11:13.69 1:38.12
200m:	3:00.53	1:34.82	400m:	6:17.55	1:38.89	600m:	9:35.57	1:38.90	800m:	12:49.96 1:36.27
6. RUIZ DE LARRAMENDI FERNANDEZ, I71		Club Natación Urederra								<b>12:53.25</b> 11,00
100m:	1:27.32	1:27.32	300m:	4:42.23	1:38.41	500m:	7:59.78	1:38.61	700m:	11:17.25 1:38.67
200m:	3:03.82	1:36.50	400m:	6:21.17	1:38.94	600m:	9:38.58	1:38.80	800m:	12:53.25 1:36.00
7. GARRIDO JARA, Maria Soledad	74	C.N. Monteverde								<b>13:54.30</b> 10,00
100m:	1:37.08	1:37.08	300m:	5:06.97	1:45.70	500m:	8:41.39	1:47.61	700m:	12:16.12 1:46.79
200m:	3:21.27	1:44.19	400m:	6:53.78	1:46.81	600m:	10:29.33	1:47.94	800m:	13:54.30 1:38.18
8. LOPEZ FERNANDEZ, Maria Lorena	73	C.N. Villa De Torre Pacheco								<b>15:38.57</b> 9,00
100m:	1:47.56	1:47.56	300m:	5:46.76	2:01.58	500m:	9:49.01	2:00.44	700m:	13:47.52 1:58.26
200m:	3:45.18	1:57.62	400m:	7:48.57	2:01.81	600m:	11:49.26	2:00.25	800m:	15:38.57 1:51.05

50+

1. RODRÍGUEZ NIDAGUILA, Mª Mar	69	C.D. Tizona Burgos								<b>12:14.47</b> 19,00
100m:	1:23.02	1:23.02	300m:	4:27.04	1:33.07	500m:	7:34.99	1:33.90	700m:	10:42.49 1:33.83
200m:	2:53.97	1:30.95	400m:	6:01.09	1:34.05	600m:	9:08.66	1:33.67	800m:	12:14.47 1:31.98
2. DEL RIO REDONDO, Emma	69	Real Canoe N.C.								<b>12:36.73</b> 16,00
100m:	1:24.87	1:24.87	300m:	4:35.17	1:36.33	500m:	7:49.04	1:37.41	700m:	11:03.24 1:36.95
200m:	2:58.84	1:33.97	400m:	6:11.63	1:36.46	600m:	9:26.29	1:37.25	800m:	12:36.73 1:33.49
3. MURPHY, Nicola	69	C.N. Villa De Torre Pacheco								<b>13:12.22</b> 14,00
100m:	1:31.91	1:31.91	300m:	4:56.68	1:42.30	500m:	8:17.30	1:39.39	700m:	11:36.07 1:38.16
200m:	3:14.38	1:42.47	400m:	6:37.91	1:41.23	600m:	9:57.91	1:40.61	800m:	13:12.22 1:36.15
4. IBÁÑEZ PÉREZ, Eva María	66	C.N. Master Murcia								<b>14:50.91</b> 13,00
100m:	1:46.52	1:46.52	300m:	5:29.62	1:50.82	500m:	9:14.60	1:52.85	700m:	13:00.59 1:52.59
200m:	3:38.80	1:52.28	400m:	7:21.75	1:52.13	600m:	11:08.00	1:53.40	800m:	14:50.91 1:50.32
5. RODRÍGUEZ PRADO, Gracia	69	Cn Master Torrijos								<b>15:07.57</b> 12,00
100m:	1:43.61	1:43.61	300m:	5:34.02	1:57.30	500m:	9:25.13	1:55.86	700m:	13:17.79 1:55.65
200m:	3:36.72	1:53.11	400m:	7:29.27	1:55.25	600m:	11:22.14	1:57.01	800m:	15:07.57 1:49.78
6. CASARES PERALES, Araceli	67	C.N. Monteverde								<b>15:10.66</b> 11,00
100m:	1:44.58	1:44.58	300m:	5:34.44	1:56.03	500m:	9:28.12	1:57.40	700m:	13:19.52 1:55.30
200m:	3:38.41	1:53.83	400m:	7:30.72	1:56.28	600m:	11:24.22	1:56.10	800m:	15:10.66 1:51.14
7. MONTESINOS RÓDENAS, Maria Jose	68	C.N. Master Murcia								<b>17:34.47</b> 10,00
100m:	1:58.90	1:58.90	300m:	6:28.76	2:16.03	500m:	10:57.02	2:14.48	700m:	15:29.05 2:14.70
200m:	4:12.73	2:13.83	400m:	8:42.54	2:13.78	600m:	13:14.35	2:17.33	800m:	17:34.47 2:05.42

55+

1. GARCIA OLIVAS, Rosario	64	Albacete Master N.								<b>11:54.98</b> 19,00
100m:	1:25.25	1:25.25	300m:	4:22.50	1:29.05	500m:	7:22.42	1:30.61	700m:	10:24.76 1:31.56
200m:	2:53.45	1:28.20	400m:	5:51.81	1:29.31	600m:	8:53.20	1:30.78	800m:	11:54.98 1:30.22
2. GARCIA COLOMO, M. Cristina	62	C.N. Pabellon Ourense								<b>12:27.68</b> 16,00
100m:	1:25.35	1:25.35	300m:	4:38.30	1:35.87	500m:	7:47.13	1:34.47	700m:	10:55.47 1:34.75
200m:	3:02.43	1:37.08	400m:	6:12.66	1:34.36	600m:	9:20.72	1:33.59	800m:	12:27.68 1:32.21

Prueba 6, Fem., 800m Libre, 55+

Clasificación	AN	Tiempo
3. TERCEIRO DELGADO, Maria Del Mar	63 Club Del Mar	<b>12:30.07</b> 14,00
100m: 1:27.13 1:27.13 300m: 4:42.94 1:37.36 500m: 7:54.90 1:35.44 700m: 11:03.22 1:33.92		
200m: 3:05.58 1:38.45 400m: 6:19.46 1:36.52 600m: 9:29.30 1:34.40 800m: 12:30.07 1:26.85		
4. MONEO HERNANDEZ, Idoia	63 C.D. Jerez Natacion Master	<b>13:47.99</b> 13,00
100m: 1:34.76 1:34.76 300m: 5:04.20 1:44.55 500m: 8:35.23 1:45.05 700m: 12:05.04 1:44.91		
200m: 3:19.65 1:44.89 400m: 6:50.18 1:45.98 600m: 10:20.13 1:44.90 800m: 13:47.99 1:42.95		
5. GALDEANO DE ALBA, Teresa	62 C.N. Monteverde	<b>14:19.02</b> 12,00
100m: 1:38.75 1:38.75 300m: 5:12.98 1:47.94 500m: 8:52.72 1:50.57 700m: 12:32.19 1:50.35		
200m: 3:25.04 1:46.29 400m: 7:02.15 1:49.17 600m: 10:41.84 1:49.12 800m: 14:19.02 1:46.83		
6. GOMEZ RAMOS, Almudena	64 C.N. Master Madrid	<b>15:38.47</b> 11,00
100m: 1:44.42 1:44.42 300m: 5:44.15 2:00.26 500m: 9:43.92 1:59.02 700m: 13:42.78 1:59.68		
200m: 3:43.89 1:59.47 400m: 7:44.90 2:00.75 600m: 11:43.10 1:59.18 800m: 15:38.47 1:55.69		
7. DIAZ ISABEL, Maria Luisa	61 C.N. Master Madrid	<b>16:26.89</b> 10,00
100m: 1:48.88 1:48.88 300m: 5:58.74 2:06.45 500m: 10:11.33 2:05.69 700m: 14:20.78 2:04.66		
200m: 3:52.29 2:03.41 400m: 8:05.64 2:06.90 600m: 12:16.12 2:04.79 800m: 16:26.89 2:06.11		
8. MONTENEGRO ZAFRILLA, Avelina	61 C.N. Master Madrid	<b>16:34.24</b> 9,00
100m: 2:00.27 2:00.27 300m: 6:11.39 2:05.16 500m: 10:23.44 2:05.33 700m: 14:33.90 2:05.54		
200m: 4:06.23 2:05.96 400m: 8:18.11 2:06.72 600m: 12:28.36 2:04.92 800m: 16:34.24 2:00.34		
9. GUMBAU LOPEZ, Maria Dolores	63 Vila-Swim Fondistas Club Natación	<b>16:46.44</b> 8,00
100m: 1:58.19 1:58.19 300m: 6:12.10 2:06.94 500m: 10:26.56 2:07.12 700m: 14:42.89 2:08.93		
200m: 4:05.16 2:06.97 400m: 8:19.44 2:07.34 600m: 12:33.96 2:07.40 800m: 16:46.44 2:03.55		
10. PEREZ GALLARDO, Teresa	64 C.N. Pabellon Ourense	<b>19:43.44</b> 7,00
100m: 2:18.87 2:18.87 300m: 7:15.80 2:28.91 500m: 12:15.41 2:30.98 700m: 17:13.83 2:29.83		
200m: 4:46.89 2:28.02 400m: 9:44.43 2:28.63 600m: 14:44.00 2:28.59 800m: 19:43.44 2:29.61		
DSQ AYALA GUTIERREZ, Angeles	64 C.D. Tizona Burgos	-

60+

1. LIZARRIBAR SANS, Patricia Josefa	58 Kairoscore	<b>12:32.14</b> 19,00
100m: 1:28.12 1:28.12 300m: 4:41.31 1:36.45 500m: 7:52.68 1:35.25 700m: 11:01.83 1:34.52		
200m: 3:04.86 1:36.74 400m: 6:17.43 1:36.12 600m: 9:27.31 1:34.63 800m: 12:32.14 1:30.31		
2. FERNANDEZ-TORIJA GARCIA, Maria P55r	C.N. Monteverde	<b>17:25.61</b> 16,00
100m: 1:54.55 1:54.55 300m: 6:18.96 2:13.45 500m: 10:50.67 2:17.48 700m: 15:18.66 2:12.75		
200m: 4:05.51 2:10.96 400m: 8:33.19 2:14.23 600m: 13:05.91 2:15.24 800m: 17:25.61 2:06.95		
3. DIEZ PERELLON, Belen	58 C.N. Master Madrid	<b>17:26.94</b> 14,00
100m: 2:00.12 2:00.12 300m: 6:29.39 2:15.19 500m: 10:56.89 2:12.78 700m: 15:18.05 2:09.68		
200m: 4:14.20 2:14.08 400m: 8:44.11 2:14.72 600m: 13:08.37 2:11.48 800m: 17:26.94 2:08.89		
4. FERNANDEZ FERNANDEZ, Maria Isab	59 C.N. Monteverde	<b>17:33.34</b> 13,00
100m: 2:02.77 2:02.77 300m: 6:28.36 2:10.96 500m: 10:56.74 2:13.98 700m: 15:26.40 2:14.40		
200m: 4:17.40 2:14.63 400m: 8:42.76 2:14.40 600m: 13:12.00 2:15.26 800m: 17:33.34 2:06.94		
5. GOMEZ DOVAL, M. Angela	56 C. Traviesas Nat.	<b>17:58.91</b> 12,00
100m: 1:58.29 1:58.29 300m: 6:30.53 2:18.73 500m: 11:07.72 2:17.95 700m: 15:44.21 2:18.35		
200m: 4:11.80 2:13.51 400m: 8:49.77 2:19.24 600m: 13:25.86 2:18.14 800m: 17:58.91 2:14.70		
6. MAYORGA FERNANDEZ, Elena	56 C. Aquatico Aviles Solras	<b>19:09.49</b> 11,00
100m: 2:09.33 2:09.33 300m: 7:08.28 2:28.08 500m: 12:03.96 2:27.29 700m: 16:58.15 2:25.67		
200m: 4:40.20 2:30.87 400m: 9:36.67 2:28.39 600m: 14:32.48 2:28.52 800m: 19:09.49 2:11.34		

Prueba 6, Fem., 800m Libre, 60+

Clasificación	AN	Tiempo
Baja ARANEGA BENITEZ, Aranzazu	57 C. Tenerife Masters	-

65+

1. ORTIZ DE GUINEA ARGÜELLES, Victo53	C.N. Santa Olaya	<b>16:08.44</b>	19,00
100m: 1:54.85 1:54.85 300m: 5:59.04 2:01.87 500m: 10:03.80 2:02.39 700m: 14:09.84 2:03.24			
200m: 3:57.17 2:02.32 400m: 8:01.41 2:02.37 600m: 12:06.60 2:02.80 800m: 16:08.44 1:58.60			
2. GOMEZ DIAZ, Purificacion	51 C.N. Torrelavega	<b>16:42.24</b>	16,00
100m: 1:56.03 1:56.03 300m: 6:12.01 2:07.61 500m: 10:25.45 2:05.97 700m: 14:38.54 2:06.73			
200m: 4:04.40 2:08.37 400m: 8:19.48 2:07.47 600m: 12:31.81 2:06.36 800m: 16:42.24 2:03.70			

70+

1. TOMASENA ALZURI, Mª Rosario	46 Kairoscore	<b>18:15.27</b>	19,00
100m: 2:09.66 2:09.66 300m: 6:47.14 2:21.06 500m: 11:23.73 2:17.30 700m: 15:58.94 2:18.91			
200m: 4:26.08 2:16.42 400m: 9:06.43 2:19.29 600m: 13:40.03 2:16.30 800m: 18:15.27 2:16.33			
2. DIEZ RUIZ, Concepcion	47 C.N. Master Madrid	<b>21:46.23</b>	16,00
100m: 2:19.79 2:19.79 300m: 7:48.02 2:45.28 500m: 13:21.89 2:47.71 700m: 19:01.26 2:49.33			
200m: 5:02.74 2:42.95 400m: 10:34.18 2:46.16 600m: 16:11.93 2:50.04 800m: 21:46.23 2:44.97			



## CLASIFICACION CLUBES

Todas las pruebas

### Masc., Open

1. C.N. Master Madrid	01189	508,00
2. C.N. Monteverde	01554	442,00
3. C.N. Master Murcia	01355	235,00
4. Vila-Swim Fondistas Club Natación	01577	211,00
5. Kairoscore	01491	156,00
6. Cn Master Torrijos	CLM54	155,00
7. C. Tenis Chamartin	00171	150,00
8. Getxo Igeriketa Bolue K.E.	00353	134,00
9. C.N. Camargo	00124	93,00
10. C.N. Vilanova	00606	86,00
11. A. Cantabra Nat.	00413	85,00
12. C.N. Playa Salve	P0608	81,00
13. Sopela Igeriketa Swim	01124	77,00
14. C.N. Metropole	00054	71,00
15. C.N. Fuenlabrada	00616	66,00
16. C.N. Alcobendas	00636	65,00
17. C.N. Villa De Navia	00682	63,00
18. C.D. Halegatos	01170	60,00
C.N. Master Naturalswim Petrer	01616	60,00
20. Albacete Master N.	01261	58,00
C. Tenerife Masters	00738	58,00
Cd Upstream	01514	58,00
23. Club Natacion Acuatico Morvedre Sagunto	01652	57,00
24. A.D. Manuel Llana	00640	43,00
25. C.N. Cuatro Caminos	00006	42,00
26. C.N. Arteixo	01133	41,00
C.N. Iregua-Villamediana	01255	41,00
28. C.N. Sant Andreu	00061	38,00
Cambrils C.N.	00858	38,00
30. C.D. Jerez Natacion Master	01570	37,00
31. Club Soc Turis Natacio	01669	35,00
32. Fundacion Claror	00759	33,00
33. C.N. Santurtzi	00237	31,00
34. C.D. Natacion Cordoba	00663	30,00
C.N. Pamplona	00091	30,00
A.D. Rivas Natación	00827	30,00
37. C.D. Tizona Burgos	01358	28,00
38. C.E. Mediterrani	00076	26,00
C.N. E Salvamento A Estrada	01576	26,00
40. C.N. Albacora	01431	25,00
C.N. Easo	00147	25,00
42. C. Tenis Pamplona	00300	24,00
Masters Wisla Kraków	101806	24,00
44. C.N. Pabellon Ourense	00101	23,00
C.N. Mako Carabanchel	01571	23,00
C.D. Fortuna	00123	23,00
47. C.N. Izarraitz	00484	19,00
C.N. Reus Ploms	00073	19,00
49. C.N. Judizmendi	00108	17,00
50. C.N. Vic-Etb	00250	16,00

Real Canoe N.C.	00053	16,00
52. C.N. Ovimeter	01080	15,00
C.N. L' Hospitalet	00069	15,00
54. C.D.N. Ciudad De Santiago	01295	14,00
E.M. El Olivar	00136	14,00
56. Club Velociraptor	01675	13,00
57. C.N.D. Fuengirola Swimming	01084	8,00
58. G. Madrid Sports	01405	5,00
59. Stadium Casablanca	00149	4,00
60. C.N. Rias Baixas	00765	1,00
61. C. Aquatico Aviles Solras	01549	-
C. Traviesas Nat.	00824	-
C.N. Catalunya	00062	-
C.N. Jamma	01095	-
C.N. Leon	00480	-
C.N. Prat Llobregat	00141	-
C.N. Sabadell	00058	-
C.N. Santa Olaya	00135	-
C.N. Torrelavega	01119	-
C.N. Villa De Torre Pacheco	01132	-
Club Benavente Natacion	P0909	-
Club Del Mar	00282	-
Club Natación Urederra	00N24	-
G.E. I.E.G.	00068	-
Guadalajara C.N.	00262	-
Natacion Sevilla Master, C.D.	01445	-
R.C. Mediterraneo	00110	-
C.D. Amaya	00103	-
Núcleo Desportivo e Cultural de Odemira	NDCO	-

Fem., Open

1. C.N. Master Madrid	01189	399,00
2. C.N. Monteverde	01554	256,00
3. Vila-Swim Fondistas Club Natación	01577	196,00
4. Cn Master Torrijos	CLM54	162,00
5. Kairoscore	01491	153,00
6. C. Tennis Chamartin	00171	141,00
7. C.N. Pamplona	00091	135,00
8. C.N. Master Murcia	01355	123,00
9. C.D. Tizona Burgos	01358	98,00
10. C.N. Master Naturalswim Petrer	01616	86,00
11. C.D. Jerez Natacion Master	01570	77,00
12. C.N. Pabellon Ourense	00101	73,00
13. C.N. Santa Olaya	00135	72,00
14. Natacion Sevilla Master, C.D.	01445	70,00
15. C.N. Villa De Torre Pacheco	01132	68,00
16. C.N. Alcobendas	00636	65,00
17. Club Natación Urederra	00N24	58,00
18. Albacete Master N.	01261	57,00
C. Traviesas Nat.	00824	57,00
20. C.N. Prat Llobregat	00141	54,00
21. C.N. Jamma	01095	47,00
22. R.C. Mediterraneo	00110	46,00

23. Club Benavente Natacion	P0909	44,00
24. Club Velociraptor	01675	37,00
25. Club Del Mar	00282	34,00
26. C.N. Torrelavega	01119	32,00
27. C.N. Catalunya	00062	30,00
G.E. I.E.G.	00068	30,00
29. Real Canoe N.C.	00053	28,00
30. C. Tenerife Masters	00738	27,00
31. Sopela Igeriketa Swim	01124	22,00
32. C.N. Ovimaster	01080	20,00
33. C.N. Sabadell	00058	19,00
C.N. Santurtzi	00237	19,00
35. Fundacion Claror	00759	16,00
C.D. Amaya	00103	16,00
Núcleo Desportivo e Cultural de Odemira	NDCO	16,00
C.N. Camargo	00124	16,00
39. C.D. Fortuna	00123	13,00
C.N. Iregua-Villamediana	01255	13,00
41. C.N. Leon	00480	12,00
42. C. Aquatico Aviles Solras	01549	11,00
43. A. Cantabra Nat.	00413	-
A.D. Manuel Llana	00640	-
A.D. Rivas Natación	00827	-
C. Tennis Pamplona	00300	-
C.D. Halegatos	01170	-
C.D. Natacion Cordoba	00663	-
C.D.N. Ciudad De Santiago	01295	-
C.E. Mediterrani	00076	-
C.N. Albacora	01431	-
C.N. Arteixo	01133	-
C.N. Cuatro Caminos	00006	-
C.N. E Salvamento A Estrada	01576	-
C.N. Easo	00147	-
C.N. Fuenlabrada	00616	-
C.N. Izarraitz	00484	-
C.N. Judizmendi	00108	-
C.N. L' Hospitalet	00069	-
C.N. Mako Carabanchel	01571	-
C.N. Metropole	00054	-
C.N. Playa Salve	P0608	-
C.N. Reus Ploms	00073	-
C.N. Rias Baixas	00765	-
C.N. Sant Andreu	00061	-
C.N. Vic-Etb	00250	-
C.N. Vilanova	00606	-
C.N. Villa De Navia	00682	-
C.N.D. Fuengirola Swimming	01084	-
Cambrils C.N.	00858	-
Cd Upstream	01514	-
Club Natacion Acuatico Morvedre Sagunto	01652	-
Club Soc Turis Natacio	01669	-
E.M. El Olivar	00136	-
G. Madrid Sports	01405	-
Getxo Igeriketa Bolue K.E.	00353	-

Guadalajara C.N.	00262	-
Stadium Casablanca	00149	-
Masters Wisła Kraków	101806	-

Conjunta, Open

1. C.N. Master Madrid	01189	1.091,00
2. C.N. Monteverde	01554	879,00
3. Vila-Swim Fondistas Club Natación	01577	477,00
4. Kairoscore	01491	422,00
5. C.N. Master Murcia	01355	404,00
6. Cn Master Torrijos	CLM54	388,00
7. C. Tenis Chamartin	00171	341,00
8. C.D. Tizona Burgos	01358	198,00
9. C.N. Pamplona	00091	165,00
10. C.N. Pabellon Ourense	00101	149,00
11. C.N. Master Naturalswim Petrer	01616	146,00
12. Getxo Igeriketa Bolue K.E.	00353	134,00
13. Sopela Igeriketa Swim	01124	131,00
14. C.N. Alcobendas	00636	130,00
15. Albacete Master N.	01261	115,00
16. C.D. Jerez Natacion Master	01570	114,00
17. C.N. Camargo	00124	109,00
18. C.N. Santurtzi	00237	103,00
19. C.N. Vilanova	00606	86,00
20. A. Cantabra Nat.	00413	85,00
C. Tenerife Masters	00738	85,00
22. C.N. Playa Salve	P0608	81,00
23. C.N. Santa Olaya	00135	72,00
24. C.N. Metropole	00054	71,00
25. Natacion Sevilla Master, C.D.	01445	70,00
26. C.N. Villa De Torre Pacheco	01132	68,00
27. C.N. Fuenlabrada	00616	66,00
28. C.N. Villa De Navia	00682	63,00
29. C.D. Halegatos	01170	60,00
30. Club Natación Urederra	00N24	58,00
Cd Upstream	01514	58,00
32. Club Natacion Acuatico Morvedre Sagunto	01652	57,00
C. Traviesas Nat.	00824	57,00
34. C.N. Prat Llobregat	00141	54,00
C.N. Iregua-Villamediana	01255	54,00
36. Club Velociraptor	01675	50,00
37. Fundacion Claror	00759	49,00
38. C.N. Jamma	01095	47,00
39. R.C. Mediterraneo	00110	46,00
40. Club Benavente Natacion	P0909	44,00
Real Canoe N.C.	00053	44,00
C. Tenis Pamplona	00300	44,00
43. A.D. Manuel Llana	00640	43,00
44. C.N. Cuatro Caminos	00006	42,00
45. C.N. Arteixo	01133	41,00
46. C.N. Sant Andreu	00061	38,00
Cambrils C.N.	00858	38,00
48. C.D. Fortuna	00123	36,00



49. Club Soc Turis Natacio	01669	35,00
C.N. Ovimaster	01080	35,00
51. Club Del Mar	00282	34,00
52. C.N. Torrelavega	01119	32,00
53. C.D. Natacion Cordoba	00663	30,00
C.N. Catalunya	00062	30,00
G.E. I.E.G.	00068	30,00
A.D. Rivas Natación	00827	30,00
57. C.E. Mediterrani	00076	26,00
C.N. E Salvamento A Estrada	01576	26,00
59. C.N. Albacora	01431	25,00
C.N. Easo	00147	25,00
61. Masters Wisła Kraków	101806	24,00
62. C.N. Mako Carabanchel	01571	23,00
63. C.N. Izarraitz	00484	19,00
C.N. Reus Ploms	00073	19,00
C.N. Sabadell	00058	19,00
66. C.N. Judizmendi	00108	17,00
67. C.N. Vic-Etb	00250	16,00
C.D. Amaya	00103	16,00
Núcleo Desportivo e Cultural de Odemira	NDCO	16,00
70. C.N. L' Hospitalet	00069	15,00
71. C.D.N. Ciudad De Santiago	01295	14,00
E.M. El Olivar	00136	14,00
73. C.N. Leon	00480	12,00
74. C. Aquatico Aviles Solras	01549	11,00
75. C.N.D. Fuengirola Swimming	01084	8,00
76. G. Madrid Sports	01405	5,00
77. Stadium Casablanca	00149	4,00
78. C.N. Rias Baixas	00765	1,00
79. Guadalajara C.N.	00262	-

Récords batidos por prueba...

Todas las pruebas

**Masc., 800m Libre**

5. Serie 1 Dominguez Fernández, J. 27 01189 23:43.21 RECORD DE ESPAÑA 90+

**Masc., 1500m Libre**

1. Serie 15 Tellez Echeandia, Fernando 62 00353 19:52.24 RECORD DE ESPAÑA 55+  
3. Serie 14 Tellez Echeandia, Fernando 62 00353 19:37.61 RECORD DE ESPAÑA 55+  
3. Serie 15 Ruiz López, Javier 61 P0608 19:37.28 RECORD DE ESPAÑA 55+

**Masc., 3000m Libre**

1. Serie 2 Folch Mallofre, Ramon 37 01133 1:15:10.49 RECORD DE ESPAÑA 80+  
1. Serie 15 Tellez Echeandia, Fernando 62 00353 39:42.72 RECORD DE ESPAÑA 55+  
1. Serie 18 Verdejo Barroeta, Guillermo 78 00353 36:33.38 RECORD DE ESPAÑA 40+  
1. Serie 18 Marques Velasco, Jaime 87 01554 34:13.07 RECORD DE ESPAÑA 30+

**Fem., 1500m Libre**

2. Serie 9 Garcia Colomo, Maite 65 00101 20:07.46 RECORD DE ESPAÑA 50+

**Fem., 3000m Libre**

1. Serie 1 Moral Rubio, Isabel 42 00824 1:29:06.76 RECORD DE ESPAÑA 75+  
1. Serie 1 Tomasena Alzuri, Mª Rosario 46 01491 1:15:29.76 RECORD DE ESPAÑA 70+  
1. Serie 2 Ortiz De Guinea Argüelles, Victo 53 00135 1:03:54.35 RECORD DE ESPAÑA 65+  
1. Serie 4 Navarro Alcaraz, Marina 59 01616 51:19.35 RECORD DE ESPAÑA 60+  
1. Serie 8 Iraizoz Sanzol, Natividad 55 00091 47:53.42 RECORD DE ESPAÑA 60+  
1. Serie 11 Llorens Bagur, Margarita 68 01095 45:17.55 RECORD DE ESPAÑA 50+  
1. Serie 18 Santos Arriaga, Rebeca 77 CLM54 36:35.27 RECORD DE ESPAÑA 40+

**Mixto, 4 x 200m Libre**

4. Serie 2 C.N. Pabellon Ourense 00101 11:29.87 RECORD DE ESPAÑA +240  
GARCIA COLOMO, Maite, GARCIA COLOMO, Manuel Ramon, GARCIA COLOMO, Antonio Victor, GARCIA COLOMO, M. Cristina  
4. Serie 3 Cn Master Torrijos CLM54 9:49.56 RECORD DE ESPAÑA +160  
SANTOS ARRIAGA, Rebeca, RODRIGUEZ FARALDOS, Carlos, RUIZ VALDEPEÑAS, Cristina, OBREGON IMAZ, Cesar  
4. Serie 4 C.N. Santurtzi 00237 9:30.47 RECORD DE ESPAÑA +160  
MUÑOZ LEGORBURU, Mikel, VICENTE BULLON, Alejandro, VILES HORNILLOS, Alazne, LLANO PALACIOS, Sonia  
4. Serie 4 Kairoscore 01491 8:58.21 RECORD DE ESPAÑA +120  
ZULAIKA ARAMBURU, Jurgi, SAMANIEGO CAMARASA, Irati, VEGA VALENCIA, Ana, ARANGUREN FUERTES, Haigor  
4. Serie 4 C.N. Monteverde 01554 8:39.12 RECORD DEL MUNDO +100  
MARQUES VELASCO, Jaime, RODRÍGUEZ PÉREZ-CEJUELA, Álvaro, REDONDO MARTIN, Samanta, GONZALEZ MEGIA, Patricia



# FICHA TÉCNICA

COMPETICIÓN	II CTO. DE ESPAÑA DE FONODO DE NATACION MASTER
FECHAS	26 al 28 de abril de 2019
LUGAR DE CELEBRACIÓN	Vitoria (Alava)
ENTIDAD ORGANIZADORA	Federación Alavesa de Natación Real Federación Española de Natación
PISCINA	Complejo Deportivo Mendizorrotza – Piscina Jose Luis Compañón 50 m. 10 calles – Crono Electrónico (Omega Ares 21)
TEMPERATURA DEL AGUA	26,5° C. Agua dulce
COMPOSICIÓN DEL JURADO	Según hoja adjunta.
EQUIPOS PARTICIPANTES	Según hoja adjunta.

Certificamos la veracidad de los datos reflejados en la mencionada competición.

Vitoria, 28 de abril de 2019

Fdo.: Pablo García Escribano  
Juez Árbitro I

Fdo.: Alberto Javier Cano Peláez  
Juez Árbitro II





# COMPOSICIÓN DEL JURADO

<b>JUEZ ÁRBITRO I</b>	Pablo García Escribano		
<b>JUEZ ÁRBITRO II</b>	Alberto Javier Cano Peláez		
<b>JUEZ SALIDAS I</b>	Juan M. Corujo Díaz		
<b>JUEZ SALIDAS II</b>	Francisco J. Escribano Sevilla		
<b>JUEZ CARRERA I</b>	Jose A. de Vera Cabañes		
<b>JUEZ CARRERA II</b>	Enrique Sánchez Pastor		
<b>LOCUTORA</b>	Teresa Sicilia		
<b>JEFE DE CRONOMETRADORES</b>	Julio Díaz		
<b>CRONOMETRADORES</b>	Aarón Mulvey Adrián Groppa Ana Lopez Ander Mulvey Daniel Pérez Garbiñe Alava Iñigo Contrasta Imanol Mugarza Javier Contrasta John Mulvey Leire Ochoa María Guijo María Villanueva Markel Prada Nuria Múgica Patricia García Santiago Murua Susana Zarate	Angela Delgado Ander Jiménez Ander López Beatriz Lomas Eduardo Arizti Ibón Briñas Ión González Irati Aguirre Javier Durana Juan Pérez Maialén Bañuelos Mikel Najera Marisol Yurre María Villanueva Mikel Zarate Pedro Monte Silvia Martínez	Amair Díaz Ane López Andrea Monte Betxu Sanvicente Esther Fernández Iker Bañuelos Iker Irigoien Igor Vilches Jon Ander Fernández Juliana Groppa Maite de Felipe Markel Prada Mikel Zárte Marisol Yurre Nerea Rituerto Rubén Vara Saioa Mateo
<b>CÁMARA DE SALIDAS</b>	Iñigo Arizti		
<b>PRECÁMARA DE SALIDAS</b>	Juan Marimón		
<b>CRONOMETRAJE ELECTRÓNICO</b>	Esteban Ortega	Jose A. García	Javier Ochoa
<b>PROGAMA COMPETICION RFEN</b>	Marcos Zarza		
<b>DIRECTOR DE COMPETICIÓN</b>	Sergio de la Calle		

