

CTO. GALEGO NATACIÓN ABSOLUTO INV. , 28-30 DECEMBRO 2017
SANTA ISABEL

Datos técnicos: Piscina de 25 m., Cronometraxe Electrónica

28/12/2017

R. G.	7:31.38	POURENSE	POURENSE	17/12/2005
R. C.	7:35.50	CNFERRO	CNFERRO	28/12/2008

RK	Club	Nome	Club	T.R.	Pts.	Resultado
1	00769	ABSO C.N. RIVEIRA	RIVEIRA		38,0	7:43.47
	1	DAVILA LUSTRES MANUEL	1996	50 - 26.80 100 - 55.39 150 - 1:24.51 200 - 1:53.52 26.80 28.59 29.12 29.01		
	2	LAGES BRION ALEXANDRE	2001	250 - 2:20.17 300 - 2:50.33 350 - 3:21.19 400 - 3:51.53 26.65 30.16 30.86 30.34		
	3	GONZALEZ MARIÑO JORGE	2001	450 - 4:18.74 500 - 4:49.60 550 - 5:20.73 600 - 5:51.85 27.21 30.86 31.13 31.12		
	4	TOME SANLES MANUEL	1999	650 - 6:17.82 700 - 6:46.03 750 - 7:14.98 800 - 7:43.47 25.97 28.21 28.95 28.49		
2	00186	ABSO C.N. CORUÑA	NCORUÑA		32,0	7:43.92
	1	GONZALEZ TIZON PABLO	2000	50 - 27.11 100 - 56.80 150 - 1:27.32 200 - 1:57.31 27.11 29.69 30.52 29.99		
	2	CAMINO PARDO RODRIGO	2000	250 - 2:25.08 300 - 2:56.52 350 - 3:27.31 400 - 3:57.35 27.77 31.44 30.79 30.04		
	3	CAMPOS VARELA SERGIO	1996	450 - 4:22.35 500 - 4:50.35 550 - 5:18.97 600 - 5:47.72 25.00 28.00 28.62 28.75		
	4	RODRIGUEZ-MORET ORGEIRA MANUEL	2000	650 - 6:14.29 700 - 6:44.15 750 - 7:14.62 800 - 7:43.92 26.57 29.86 30.47 29.30		
3	00784	ABSO C.N. GALAICO	GALAICO		28,0	7:49.01
	1	FERNANDEZ NIETO CRISTIAN	1992	50 - 27.48 100 - 56.97 150 - 1:27.06 200 - 1:56.54 27.48 29.49 30.09 29.48		
	2	LORENZO SOTO IAGO	1992	250 - 2:23.62 300 - 2:53.66 350 - 3:24.71 400 - 3:55.10 27.08 30.04 31.05 30.39		
	3	SANCHEZ LOUZAN DANIEL	1998	450 - 4:21.76 500 - 4:51.97 550 - 5:22.76 600 - 5:51.98 26.66 30.21 30.79 29.22		
	4	CIURANA ROCA MARC	1992	650 - 6:19.07 700 - 6:48.68 750 - 7:18.84 800 - 7:49.01 27.09 29.61 30.16 30.17		
4	00282	ABSO CLUB DEL MAR	CDELMAR		26,0	7:52.99
	1	CARNEIRO VIQUEIRA XABIER	2000	50 - 27.55 100 - 57.52 150 - 1:27.99 200 - 1:57.32 27.55 29.97 30.47 29.33		
	2	GALAN VICENTE PABLO	2002	250 - 2:24.76 300 - 2:55.30 350 - 3:25.85 400 - 3:55.84 27.44 30.54 30.55 29.99		
	3	RODRIGUEZ GARCIA MANUEL A.	2000	450 - 4:22.34 500 - 4:53.00 550 - 5:24.24 600 - 5:54.27 26.50 30.66 31.24 30.03		
	4	GARCIA GARAY MARCOS	2001	650 - 6:20.88 700 - 6:51.23 750 - 7:22.34 800 - 7:52.99 26.61 30.35 31.11 30.65		
5	00398	ABSO C. FLUVIAL DE LUGO	CFVLUGO		24,0	7:58.90
	1	BURGO BEIRO MARCOS	2000	50 - 28.28 100 - 59.27 150 - 1:30.73 200 - 2:01.87 28.28 30.99 31.46 31.14		
	2	ALVAREZ FERNANDEZ BORJA	1996	250 - 2:27.85 300 - 2:57.41 350 - 3:28.33 400 - 3:59.23 25.98 29.56 30.92 30.90		
	3	POMBO LOPEZ SERGIO	1991	450 - 4:26.51 500 - 4:57.19 550 - 5:28.43 600 - 5:59.54 27.28 30.68 31.24 31.11		
	4	PARDO PERNAS MARTIN	2002	650 - 6:27.07 700 - 6:57.09 750 - 7:27.73 800 - 7:58.90 27.53 30.02 30.64 31.17		

RT: Retirado

NP: Non presentado
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RK	Club	Nome	Club	T.R.	Pts.	Resultado
6	01269	ABSO C.N. LICEO	CNLICEO		22,0	7:59.15
	1	DEL RIO REGUEIRA MARCOS	1993	50 26.82 100 56.56 150 1:27.37 200 1:58.10 26.82 29.74 30.81 30.73		
	2	SIMON COTELO MANUEL	2001	250 2:25.21 300 2:55.65 350 3:26.27 400 3:56.26 27.11 30.44 30.62 29.99		
	3	DEL RIO REGUEIRA RUBEN	1993	450 4:23.38 500 4:54.72 550 5:27.54 600 6:00.18 27.12 31.34 32.82 32.64		
	4	ARES BARRAL ANTON	2000	650 6:27.16 700 6:57.18 750 7:28.00 800 7:59.15 26.98 30.02 30.82 31.15		
7	00101	ABSO C.N. PABELLON OURENS	POURENSE		20,0	8:05.05
	1	GUTIERREZ MARIÑO SANTIAGO	2002	50 27.94 100 59.71 150 1:32.12 200 2:03.24 27.94 31.77 32.41 31.12		
	2	QUIROGA RAMOS NOEL	2000	250 2:30.55 300 3:00.33 350 3:31.07 400 4:02.02 27.31 29.78 30.74 30.95		
	3	GONZALEZ GARCIA DAVID	2000	450 4:29.17 500 5:00.18 550 5:32.51 600 6:04.22 27.15 31.01 32.33 31.71		
	4	CARIDE CID JACOBO	2000	650 6:31.24 700 7:01.71 750 7:33.09 800 8:05.05 27.02 30.47 31.38 31.96		
8	00146	ABSO C. MARINA FERROL	CMARINA		18,0	8:06.94
	1	LUQUE ROMERO NICOLAS	1998	50 27.48 100 56.77 150 1:27.25 200 1:57.53 27.48 29.29 30.48 30.28		
	2	GOMEZ CASAL LUIS	2002	250 2:24.84 300 2:55.60 350 3:27.54 400 3:59.53 27.31 30.76 31.94 31.99		
	3	SOUTO SILVAR DANIEL A.	2000	450 4:26.81 500 4:58.97 550 5:32.41 600 6:05.19 27.28 32.16 33.44 32.78		
	4	DEL RIO FOCES VICTOR	2000	650 6:31.52 700 7:01.42 750 7:33.68 800 8:06.94 26.33 29.90 32.26 33.26		
9	01133	ABSO C.N. ARTEIXO	ARTEIXO		16,0	8:08.26
	1	PREGO PITA XIAN	1999	50 28.17 100 59.03 150 1:29.72 200 2:01.02 28.17 30.86 30.69 31.30		
	2	GOMEZ LOPEZ CARLOS	2000	250 2:29.57 300 3:01.57 350 3:34.42 400 4:06.64 28.55 32.00 32.85 32.22		
	3	FERNANDEZ COTELO DANIEL	1999	450 4:33.35 500 5:03.77 550 5:35.90 600 6:08.48 26.71 30.42 32.13 32.58		
	4	SANJORGE NODAR FRANCISCO	1996	650 6:36.12 700 7:06.63 750 7:37.67 800 8:08.26 27.64 30.51 31.04 30.59		
10	00674	ABSO C.N. FERROL	CNFERRO		14,0	8:10.92
	1	GARCIA SOTO MARCOS	1988	50 26.69 100 57.16 150 1:29.06 200 2:01.45 26.69 30.47 31.90 32.39		
	2	LOPEZ ANIDO NELSON ANDRES	2000	250 2:28.78 300 2:59.28 350 3:31.17 400 4:02.33 27.33 30.50 31.89 31.16		
	3	PEDRE SALIDO JULIO	2003	450 4:30.29 500 5:01.80 550 5:34.12 600 6:05.26 27.96 31.51 32.32 31.14		
	4	PARDIÑAS BALIÑO ADRIAN	1999	650 6:34.01 700 7:05.66 750 7:38.52 800 8:10.92 28.75 31.65 32.86 32.40		

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11	P1112	ABSO C.N. ARZUA	ARZUA		12,0	8:12.72
	1	SEGADE MARIÑO RAUL	2000	50 26.83 100 56.36 150 1:26.67 200 1:56.68 26.83 29.53 30.31 30.01		
	2	ANDRADE BUDIÑO GASPAR	1998	250 2:23.56 300 2:53.54 350 3:24.10 400 3:54.26 26.88 29.98 30.56 30.16		
	3	ESTRADAS PARDO JOSE MANUEL	1999	450 4:23.66 500 4:57.51 550 5:32.19 600 6:07.85 29.40 33.85 34.68 35.66		
	4	SEGADE CURROS MANUEL	1999	650 6:35.86 700 7:07.37 750 7:40.58 800 8:12.72 28.01 31.51 33.21 32.14		
12	00878	ABSO C.N. PONTEAREAS	NPONTEA		10,0	8:14.84
	1	CABANA DEL AMO PABLO	2004	50 28.85 100 1:00.62 150 1:32.83 200 2:04.50 28.85 31.77 32.21 MMG 31.67		
	2	PINO LORENZO BRAIS	2001	250 2:33.80 300 3:07.19 350 3:37.99 400 4:09.80 29.30 33.39 30.80 31.81		
	3	ALONSO RODRIGUEZ JAVIER	2001	450 4:37.90 500 5:09.91 550 5:41.20 600 6:13.18 28.10 32.01 31.29 31.98		
	4	CARRERA COSTAS MARTIN	1996	650 6:40.93 700 7:11.67 750 7:43.65 800 8:14.84 27.75 30.74 31.98 31.19		
13	01295	ABSO CDN CIDADE DE SANTIA	CIDSANTI		8,0	8:16.64
	1	ARCE RODRIGUEZ IGOR	2002	50 28.13 100 1:00.32 150 1:33.58 200 2:05.41 28.13 32.19 33.26 31.83		
	2	LATA RIOS DAVID	1995	250 2:33.09 300 3:03.57 350 3:33.42 400 4:03.77 27.68 30.48 29.85 30.35		
	3	FRANCO PREGO ELIAS	2001	450 4:32.69 500 5:04.19 550 5:36.21 600 6:07.81 28.92 31.50 32.02 31.60		
	4	VILARELLE ALMAZAN PABLO	1999	650 6:37.27 700 7:09.97 750 7:43.22 800 8:16.64 29.46 32.70 33.25 33.42		
14	00071	ABSO R.C.N. VIGO	RCNVIGO		6,0	8:18.98
	1	GARCIA LEON LEVI D	2001	50 28.33 100 59.51 150 1:31.50 200 2:03.51 28.33 31.18 31.99 32.01		
	2	INFESTAS CARAZO SAMUEL	2003	250 2:32.52 300 3:06.18 350 3:40.06 400 4:13.39 29.01 33.66 33.88 33.33		
	3	CIDRAS PEREZ MATEO	2001	450 4:42.12 500 5:14.04 550 5:47.48 600 6:20.98 28.73 31.92 33.44 33.50		
	4	MARTINEZ NOVOA MIGUEL	2000	650 6:48.17 700 7:18.27 750 7:48.78 800 8:18.98 27.19 30.10 30.51 30.20		
15	00617	ABSO A.D. FOGAR	ADFOGAR		4,0	8:19.53
	1	PARDO BELLO ALEJANDRO	1998	50 28.78 100 1:00.33 150 1:33.25 200 2:05.88 28.78 31.55 32.92 32.63		
	2	CAÑETE VAZQUEZ MARTIN	1999	250 2:33.81 300 3:05.34 350 3:39.76 400 4:14.87 27.93 31.53 34.42 35.11		
	3	VERDES COLLAZO MANUEL	2000	450 4:42.20 500 5:13.26 550 5:44.87 600 6:15.68 27.33 31.06 31.61 30.81		
	4	FERNANDEZ VARELA PABLO JOSE	1984	650 6:44.22 700 7:15.33 750 7:47.35 800 8:19.53 28.54 31.11 32.02 32.18		

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RK	Club	Nome	Club	T.R.									Pts.	Resultado
16	01156	ABSO C.N. PORTAMIÑA LUGO	PORTAMIÑA										2,0	8:30.08
		1 BALBOA BLANCO IVAN	1994	50	28.27	100	59.35	150	1:31.57	200	2:04.26			
					28.27		31.08		32.22		32.69			
		2 VAZQUEZ PRADO MARTIN	1996	250	2:32.15	300	3:03.48	350	3:35.23	400	4:06.63			
					27.89		31.33		31.75		31.40			
		3 PEDROUZO ARES JAVIER	2000	450	4:35.86	500	5:09.13	550	5:43.72	600	6:17.91			
					29.23		33.27		34.59		34.19			
		4 VAZQUEZ LOPEZ MARTIN	2003	650	6:46.37	700	7:19.81	750	7:55.79	800	8:30.08			
					28.46		33.44		35.98		34.29			
17	00639	A.D. NAUT. DE NARON	NTNARON										0,0	8:32.71
		1 GOMEZ SALGADO ESTEBAN	2001	50	29.08	100	1:00.96	150	1:34.05	200	2:06.93			
					29.08		31.88		33.09		32.88			
		2 FERREIRO CASTRO BRUNO	2003	250	2:35.10	300	3:06.63	350	3:40.19	400	4:14.91			
					28.17		31.53		33.56		34.72			
		3 PADIN TORRENTE HECTOR	2000	450	4:42.99	500	5:14.96	550	5:48.04	600	6:22.30			
					28.08		31.97		33.08		34.26			
		4 FREIRE CORRAL ROI	1999	650	6:51.43	700	7:24.88	750	7:58.93	800	8:32.71			
					29.13		33.45		34.05		33.78			
00765		ABSO C.N. RIAS BAIXAS	RBAIXAS										0,0	BAJ

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