

**CTO GAL NAT ABSO VER, 6-9 XULLO 2017**

Datos técnicos: Piscina de 50 m., Crono Electrónico

**RÍAS DO SUR**
**07/07/2017**

R.G.	8:26.39	GALAICO	GALAICO	25/06/2016
R.C.	8:26.39	GALAICO	GALAICO	25/06/2016

RK	Club	Nome	Club	T.R.	Pts.	Resultado
1	00784	<b>GALAICO-2 ABSO</b>	GALAICO		38,0	8:30.29
	1	CONS GESTIDO AGUEDA BEATRIZ	2000	50 - 29.25   100 - 1:00.43   150 - 1:34.24   200 - 2:05.70   29.25   31.18   33.81   31.46		
	2	GOMEZ RODRIGUEZ INES	2000	250 - 2:35.19   300 - 3:08.57   350 - 3:42.32   400 - 4:15.49   29.49   33.38   33.75   33.17		
	3	GOYANES GARCIA PAULA	1998	450 - 4:46.23   500 - 5:18.67   550 - 5:51.43   600 - 6:24.22   30.74   32.44   32.76   32.79		
	4	GOMEZ CORTES BEATRIZ	1994	650 - 6:53.10   700 - 7:25.23   750 - 7:57.73   800 - 8:30.29   28.88   32.13   32.50   32.56		
2	01269	<b>ABSO C.N. LICEO</b>	CN.LICEO		32,0	8:52.47
	1	DE LA FUENTE FIAÑO ANE	2001	50 - 29.96   100 - 1:02.53   150 - 1:36.06   200 - 2:09.66   29.96   32.57   33.53   33.60		
	2	BLAS RODRIGUEZ AMALIA	2004	250 - 2:40.43   300 - 3:14.51   350 - 3:49.34   400 - 4:23.81   30.77   34.08   34.83   34.47		
	3	OTERO FERNANDEZ PAULA	2004	450 - 4:53.92   500 - 5:27.76   550 - 6:03.11   600 - 6:37.58   30.11   33.84   35.35   34.47		
	4	GONZALEZ VAZQUEZ IRIA	2000	650 - 7:08.62   700 - 7:43.05   750 - 8:18.08   800 - 8:52.47   31.04   34.43   35.03   34.39		
3	01133	<b>ABSO C.N. ARTEIXO</b>	ARTEIXO		28,0	8:57.35
	1	GOMEZ MESIAS ALBA	2000	50 - 30.13   100 - 1:02.42   150 - 1:34.89   200 - 2:06.94   30.13   32.29   32.47   32.05		
	2	GOMEZ LOPEZ NOELIA	1997	250 - 2:38.67   300 - 3:13.69   350 - 3:49.54   400 - 4:25.20   31.73   35.02   35.85   35.66		
	3	IGLESIAS MUIÑO NEREA	2003	450 - 4:56.24   500 - 5:30.88   550 - 6:07.21   600 - 6:43.84   31.04   34.64   36.33   36.63		
	4	NAYA MATO VIRGINIA	1996	650 - 7:14.62   700 - 7:48.21   750 - 8:22.74   800 - 8:57.35   30.78   33.59   34.53   34.61		
4	00398	<b>ABSO C. FLUVIAL DE LUGO</b>	CFVLUGO		26,0	9:01.58
	1	FRANCO CAL ALBA	1991	50 - 30.33   100 - 1:03.60   150 - 1:37.47   200 - 2:11.36   30.33   33.27   33.87   33.89		
	2	SOILAN FERNANDEZ RAQUEL	2001	250 - 2:40.78   300 - 3:14.61   350 - 3:49.72   400 - 4:24.68   29.42   33.83   35.11   34.96		
	3	IBÁÑEZ CHAS SUSANA	2003	450 - 4:57.21   500 - 5:33.21   550 - 6:09.81   600 - 6:46.11   32.53   36.00   36.60   36.30		
	4	CERNADAS GONZALEZ ANA	2004	650 - 7:16.33   700 - 7:50.58   750 - 8:25.73   800 - 9:01.58   30.22   34.25   35.15   35.85		
5	00674	<b>ABSO C.N. FERROL</b>	CNFERRO		24,0	9:10.47
	1	LOPEZ HERMIDA CLARA	2002	50 - 30.31   100 - 1:03.67   150 - 1:38.32   200 - 2:13.99   30.31   33.36   34.65   35.67		
	2	LOPEZ SANMARTIN NEREA	1996	250 - 2:44.44   300 - 3:19.90   350 - 3:56.52   400 - 4:32.81   30.45   35.46   36.62   36.29		
	3	SANTALLA TRIGO LAURA	1996	450 - 5:04.91   500 - 5:40.57   550 - 6:17.23   600 - 6:54.13   32.10   35.66   36.66   36.90		
	4	MASSA TEIJEIRO ELENA	1999	650 - 7:24.65   700 - 7:59.50   750 - 8:34.74   800 - 9:10.47   30.52   34.85   35.24   35.73		

RT: Retirado

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6	00071	<b>ABSO R.C.N. VIGO</b>	RCNVIGO		22,0	9:11.63
	1	OSTER LUQUE CAROLINE M.	1997	50 30.00 100 1:03.26 150 1:37.66 200 2:10.67 30.00 33.26 34.40 33.01		
	2	RODRIGUEZ HUERTAS IRIA	1999	250 2:42.46 300 3:16.99 350 3:51.93 400 4:26.74 31.79 34.53 34.94 34.81		
	3	RIVAS LOPEZ CARLOTA	2001	450 4:58.76 500 5:33.69 550 6:10.07 600 6:45.77 32.02 34.93 36.38 35.70		
	4	BARBIER URCULLU MARIA	2001	650 7:18.89 700 7:56.07 750 8:33.70 800 9:11.63 33.12 37.18 37.63 37.93		
7	00101	<b>ABSO C.N. PABELLON OURENS</b>	PORENSE		20,0	9:17.71
	1	FEIJOO GOMEZ EVA	2004	50 30.19 100 1:03.90 150 1:39.65 200 2:16.88 30.19 33.71 35.75 37.23		
	2	GOMEZ NOVOA UXIA	1999	250 2:47.86 300 3:22.71 350 3:59.75 400 4:38.07 30.98 34.85 37.04 38.32		
	3	ESTEVEZ CRESPO ALDARA	2004	450 5:09.91 500 5:46.53 550 6:23.47 600 7:00.35 31.84 36.62 36.94 36.88		
	4	SANTISO PRADO ANA MARIA	1996	650 7:30.87 700 8:06.14 750 8:42.24 800 9:17.71 30.52 35.27 36.10 35.47		
8	00769	<b>ABSO C.N. RIVEIRA</b>	RIVEIRA		18,0	9:18.00
	1	MARTINEZ PARADA ALBA	2002	50 31.51 100 1:06.60 150 1:42.88 200 2:18.76 31.51 35.09 36.28 35.88		
	2	RIBEIRO SORAIA VANESSA	1992	250 2:48.52 300 3:22.11 350 3:57.24 400 4:32.71 29.76 33.59 35.13 35.47		
	3	BUCETA LAGO ANA	2003	450 5:03.51 500 5:38.34 550 6:14.15 600 6:49.65 30.80 34.83 35.81 35.50		
	4	FERNANDEZ FALQUE CANDELA	2001	650 7:23.06 700 8:01.23 750 8:40.84 800 9:18.00 33.41 38.17 39.61 37.16		
9	00282	<b>C. DEL MAR-2 ABSO</b>	CDELMAR		16,0	9:18.41
	1	CHANS FANEGO PAULA	2003	50 31.50 100 1:07.78 150 1:44.96 200 2:20.60 31.50 36.28 37.18 35.64		
	2	GARCIA GARAY MACARENA	1999	250 2:52.03 300 3:26.08 350 4:01.95 400 4:37.53 31.43 34.05 35.87 35.58		
	3	CAÑETE VAZQUEZ LUCIA	2003	450 5:10.04 500 5:46.49 550 6:24.38 600 7:01.13 32.51 36.45 37.89 36.75		
	4	VEIGA SOUTO ANA	1998	650 7:32.04 700 8:07.36 750 8:43.83 800 9:18.41 30.91 35.32 36.47 34.58		
10	00878	<b>ABSO C.N. PONTEAREAS</b>	NPONTEA		14,0	9:19.98
	1	RODRIGUEZ NOVOA LAURA	2000	50 31.10 100 1:05.18 150 1:39.92 200 2:14.08 31.10 34.08 34.74 34.16		
	2	FARO MARTINEZ CARLA	2003	250 2:44.53 300 3:19.55 350 3:56.72 400 4:31.82 30.45 35.02 37.17 35.10		
	3	DOMINGUEZ CASABELLA ANDREA	2003	450 5:05.89 500 5:43.62 550 6:21.73 600 6:59.13 34.07 37.73 38.11 37.40		
	4	IBAÑEZ CARRERA SARA	2001	650 7:29.60 700 8:04.96 750 8:42.51 800 9:19.98 30.47 35.36 37.55 37.47		

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11	01156	<b>ABSO PORTAMIÑA LUGO</b>	PORTAMIÑA		12,0	9:41.50
	1	FREIJE TORNEIRO AROA	1998	50 30.59 100 1:05.37 150 1:43.09 200 2:20.70 30.59 34.78 37.72 37.61		
	2	RODRIGUEZ RODRIGUEZ SILVIA	2001	250 2:53.09 300 3:29.18 350 4:06.74 400 4:44.20 32.39 36.09 37.56 37.46		
	3	PIÑEIRO PUENTE CLARA	2003	450 5:17.17 500 5:54.50 550 6:32.92 600 7:12.26 32.97 37.33 38.42 39.34		
	4	FERNANDEZ RODRIGUEZ REBECA	2001	650 7:45.68 700 8:23.67 750 9:02.28 800 9:41.50 33.42 37.99 38.61 39.22		
12	00186	<b>C.N. CORUÑA-2 ABSO</b>	NCORUÑA		0,0	9:54.85
	1	CORRAL BLASCO ANDREA	2000	50 32.66 100 1:09.41 150 1:47.54 200 2:25.62 32.66 36.75 38.13 38.08		
	2	MARTINEZ PRIETO IRENE	2001	250 2:58.25 300 3:36.24 350 4:15.73 400 4:54.70 32.63 37.99 39.49 38.97		
	3	LAGO CASTILLO NATALIA	1999	450 5:27.36 500 6:04.03 550 6:43.00 600 7:20.94 32.66 36.67 38.97 37.94		
	4	SENDINO GESTOSO CARME	2001	650 7:54.76 700 8:33.51 750 9:14.25 800 9:54.85 33.82 38.75 40.74 40.60		
00837	<b>ABSO CN.MONFORTE DE LEMOS</b>	MOLEMOS			0,0	BAJ
00765	<b>ABSO CNVIGORIASBAIXAS</b>	RBAIXAS			0,0	BAJ

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