

Prueba nº 1 - 3000 metros - Categoría INFANTIL MASCULINO (2001-2002)

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Puesto	1º	2º	3º	4º	5º	6º	7º	8º	9º	10º
Apellidos	VILAREGUT DE MINGO	PUEBLA MARTINEZ	QUIJADA ROLDAN	GONZALEZ MARIÑO	JUAREZ VILLARREAL	DOROTEO PINEDA	PEDROSA CAÑERO	PEROSANZ LOPEZ	ZABALO ECHANIZ	DOMENECH AZPITARTE
Nombre	ERIC	ALEJANDRO	CARLOS	JORGE	JUAN ALFONSO	ADRIAN	RAUL	GUILLERMO	ANDER	JAIME
Año	2001	2002	2001	2001	2001	2001	2001	2001	2001	2001
Licencia	048037701	024450507	050341005	053799711	046071852	031029705	048195785	021788571	018076879	076629689
Club	C.N. SABADELL	C.N.CARTAGONOVA CART	CD. GREDOS SAN DIEGO	C.N. RIVEIRA	NAVAL	FUENGIROLA SWIMMING	C.N. SABADELL	C.N. SABADELL	C.N. LOGROÑO	C.N. CHURRIANA
Serie-Calle-Ld	1-1-D	1-2-D	1-4-D	1-3-D	1-3-I	1-1-I	1-2-I	1-0-D	1-4-I	1-0-I
Tiempo	33:59,30	34:13,88	34:13,93	34:24,81	35:39,56	35:42,49	35:58,88	36:09,62	36:40,62	36:48,86
Puntos	19,0	16,0	14,0	12,0	11,0	10,0	9,0	---	8,0	7,0
Establece MMN/14 a.										
100	1:06,09	1:06,96	1:06,03	1:06,08	1:05,97	1:05,97	1:08,49	1:05,35	1:11,50	1:06,53
200	2:14,46	2:15,93	2:14,54	2:14,60	2:14,65	2:14,89	2:18,75	2:14,31	2:20,69	2:17,15
400	4:30,04	4:34,95	4:31,11	4:29,93	4:33,89	4:35,13	4:40,00	4:32,57	4:45,20	4:39,68
500	5:38,45	5:44,03	5:39,48	5:37,95	5:44,20	5:45,74	5:50,65	5:42,84	5:58,13	5:51,73
800	8:57,58	9:09,09	9:05,73	9:01,91	9:15,89	9:19,99	9:23,98	9:16,57	9:38,94	9:28,25
1000	11:14,44	11:26,45	11:22,95	11:17,86	11:37,92	11:42,80	11:46,93	11:39,96	12:04,65	11:54,09
1500	16:56,75	17:12,48	17:07,32	16:59,79	17:36,36	17:43,19	17:43,28	17:41,46	18:13,27	18:01,30
2000	22:37,01	22:52,91	22:53,01	22:44,88	23:36,20	23:45,96	23:44,69	23:46,92	24:22,49	24:15,49
2500	28:17,59	28:33,78	28:36,71	28:33,50	29:40,38	29:46,44	29:52,32	29:59,67	30:31,70	30:34,37
3000	33:59,30	34:13,88	34:13,93	34:24,81	35:39,56	35:42,49	35:58,88	36:09,62	36:40,62	36:48,86
500	5:38,45	5:44,03	5:39,48	5:37,95	5:44,20	5:45,74	5:50,65	5:42,84	5:58,13	5:51,73
1000	5:35,99	5:42,42	5:43,47	5:39,91	5:53,72	5:57,06	5:56,28	5:57,12	6:06,52	6:02,36
1500	5:42,31	5:46,03	5:44,37	5:41,93	5:58,44	6:00,39	5:56,35	6:01,50	6:08,62	6:07,21
2000	5:40,26	5:40,43	5:45,69	5:45,09	5:59,84	6:02,77	6:01,41	6:05,46	6:09,22	6:14,19
2500	5:40,58	5:40,87	5:43,70	5:48,62	6:04,18	6:00,48	6:07,63	6:12,75	6:09,21	6:18,88
3000	5:41,71	5:40,10	5:37,22	5:51,31	5:59,18	5:56,05	6:06,56	6:09,95	6:08,92	6:14,49
1000	11:14,44	11:26,45	11:22,95	11:17,86	11:37,92	11:42,80	11:46,93	11:39,96	12:04,65	11:54,09
2000	11:22,57	11:26,46	11:30,06	11:27,02	11:58,28	12:03,16	11:57,76	12:06,96	12:17,84	12:21,40
3000	11:22,29	11:20,97	11:20,92	11:39,93	12:03,36	11:56,53	12:14,19	12:22,70	12:18,13	12:33,37
prom./1000	11:19,77	11:24,63	11:24,64	11:28,27	11:53,19	11:54,16	11:59,63	12:03,21	12:13,54	12:16,29
prom./500	5:39,88	5:42,31	5:42,32	5:44,13	5:56,59	5:57,08	5:59,81	6:01,60	6:06,77	6:08,14
prom./100	1:07,98	1:08,46	1:08,46	1:08,83	1:11,32	1:11,42	1:11,96	1:12,32	1:13,35	1:13,63

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 Consejo Superior de Deportes
 












Prueba nº 3 - 5000 metros - Categoría JUNIOR-1 MASCULINO (1999-2000)

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Puesto	1º	2º	3º	4º	5º	6º	7º	8º	---	---
Apellidos	GOMEZ DIEZ	RINCON MARTINEZ	GODOY MARTINEZ	SANTISTEBAN ROMERO	TOME SANLES	CARNEIRO VIQUEIRA	ROCH TINTORE	RONDA BOU	ALCANTARILLA ROMERO	GARCIA RAMOS
Nombre	HECTOR DANIEL	RAUL	MARCOS	SERGIO	MANUEL	XABIER	POL	JAVIER	EUSEBIO	ELOY
Año	1999	1999	1999	2000	1999	2000	1999	2000	1999	1999
Licencia	070426255	048681992	015222742	002713791	053798276	054127368	047748832	025130426	053772293	047422403
Club	CD. GREDOS SAN DIEGO	CN TENIS ELCHE	C.N. LAS NORIAS	CD. GREDOS SAN DIEGO	C.N. RIVEIRA	C. DEL MAR	C.N. SITGES	CN TENIS ELCHE	C.N. MAIRENA ALJARAFA	C.N. SABADELL
Serie-Calle-Ld	2-3-D	2-2-I	2-2-D	2-4-D	2-1-D	2-4-I	2-1-I	2-0-I	2-0-D	2-3-I
Tiempo	55:53,42	56:28,12	56:35,64	57:29,05	57:37,78	58:14,58	58:18,73	59:25,09	BAJA	BAJA
Puntos	19,0	16,0	14,0	12,0	11,0	10,0	9,0	8,0	---	---
Establece MMN/16 a.										
100	1:02,74	1:05,73	1:05,95	1:06,51	1:06,65	1:07,18	1:06,94	1:08,37		
200	2:06,61	2:13,36	2:13,42	2:13,53	2:14,07	2:15,85	2:14,61	2:17,83		
400	4:17,46	4:28,74	4:28,70	4:28,10	4:30,17	4:33,25	4:32,37	4:37,02		
500	5:23,38	5:36,46	5:36,06	5:35,42	5:38,06	5:42,39	5:41,46	5:47,04		
800	8:40,57	8:59,19	8:58,85	8:56,44	9:01,34	9:11,96	9:09,10	9:14,98		
1000	10:51,79	11:14,42	11:13,70	11:11,20	11:16,31	11:31,83	11:27,21	11:32,98		
1500	16:24,29	16:52,80	16:42,59	16:46,14	16:56,59	17:20,83	17:14,51	17:20,78		
2000	21:59,17	22:32,68	22:32,27	22:22,71	22:41,19	23:12,49	23:04,26	23:13,23		
2500	27:36,16	28:11,67	28:10,85	28:01,92	28:28,13	29:04,71	28:53,92	29:06,78		
3000	33:15,56	33:50,73	33:49,77	33:43,47	34:16,43	34:53,35	34:47,19	35:04,63		
3500	38:58,62	39:27,10	39:26,38	39:32,48	40:05,59	40:43,40	40:40,34	41:07,65		
4000	44:38,97	45:09,81	45:09,20	45:30,22	45:57,49	46:36,97	46:34,41	47:08,24		
4500	50:19,32	50:50,82	50:52,27	51:27,91	51:47,75	52:35,38	52:28,87	53:16,34		
5000	55:53,42	56:28,12	56:35,64	57:29,05	57:37,78	58:14,58	58:18,73	59:25,09		
500	5:23,38	5:36,46	5:36,06	5:35,42	5:38,06	5:42,39	5:41,46	5:47,04		
1000	5:28,41	5:37,96	5:37,64	5:35,78	5:38,25	5:49,44	5:45,75	5:45,94		
1500	5:32,50	5:38,38	5:28,89	5:34,94	5:40,28	5:49,00	5:47,30	5:47,80		
2000	5:34,88	5:39,88	5:49,68	5:36,57	5:44,60	5:51,66	5:49,75	5:52,45		
2500	5:36,99	5:38,99	5:38,58	5:39,21	5:46,94	5:52,22	5:49,66	5:53,55		
3000	5:39,40	5:39,06	5:38,92	5:41,55	5:48,30	5:48,64	5:53,27	5:57,85		
3500	5:43,06	5:36,37	5:36,61	5:49,01	5:49,16	5:50,05	5:53,15	6:03,02		
4000	5:40,35	5:42,71	5:42,82	5:57,74	5:51,90	5:53,57	5:54,07	6:00,59		
4500	5:40,35	5:41,01	5:43,07	5:57,69	5:50,26	5:58,41	5:54,46	6:08,10		
5000	5:34,10	5:37,30	5:43,37	6:01,14	5:50,03	5:39,20	5:49,86	6:08,75		
1000	10:51,79	11:14,42	11:13,70	11:11,20	11:16,31	11:31,83	11:27,21	11:32,98		
2000	11:07,38	11:18,26	11:18,57	11:11,51	11:24,88	11:40,66	11:37,05	11:40,25		
3000	11:16,39	11:18,05	11:17,50	11:20,76	11:35,24	11:40,86	11:42,93	11:51,40		
4000	11:23,41	11:19,08	11:19,43	11:46,75	11:41,06	11:43,62	11:47,22	12:03,61		
5000	11:14,45	11:18,31	11:26,44	11:58,83	11:40,29	11:37,61	11:44,32	12:16,85		
prom./1000	11:10,68	11:17,62	11:19,13	11:29,81	11:31,56	11:38,92	11:39,75	11:53,02		
prom./500	5:35,34	5:38,81	5:39,56	5:44,91	5:45,78	5:49,46	5:49,87	5:56,51		
prom./100	1:07,07	1:07,76	1:07,91	1:08,98	1:09,16	1:09,89	1:09,97	1:11,30		



VII CAMPEONATO DE ESPAÑA LARGA DISTANCIA

CATEGORÍAS INFANTIL- JUNIOR 1 - JUNIOR 2 - SENIOR

Organiza: Centre Natació Mataró
Compl. Joan Serra, 50x25 mts., 10 calles, descb.
Mataró (Bcn), 13 de febrero de 2016



Prueba nº 4 - 5000 metros - Categoría JUNIOR-1 FEMENINO (1999-2000)

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Puesto	1ª	2ª	3ª	4ª	5ª	6ª	7ª	8ª	9ª	10ª	---	---
Apellidos	CASTRO ATALAYA	RUIZ BRAVO	CONS GESTIDO	PEREZ PAY	PEREA BORDONABA	MENDOZA NAVARRO	IRIARTE LARRALDE	SANCHEZ CLARK	GONZALEZ SAN JOSE	VERA VALLS	SUAREZ GONZALEZ	MELENDO ROMERO
Nombre	MARINA	PAULA	AGUEDA BEATRIZ	CLAUDIA	MIREIA	ALICIA	AMAIA	ALEXANDRA	PAULA	NURIA	GRACIA	ANDREA
Año	1999	1999	2000	1999	2000	2000	2000	1999	2000	1999	2000	2000
Licencia	054249155	077186607	077421136	047420046	047176782	023951164	073481062	078596768	046420378	P00099267	053679181	077872657
Club	C.N. SABADELL	C.N. MAIRENA ALJARAFE	GALAICO	C.N. SABADELL	C.N. SABADELL	A.D. ANCORA	C.D. AMAYA	LAS ESCUEVAS	C.N. SANT ANDREU	C.N. GRANOLLERS	C.N. SANTA OLAYA	C.N. MAIRENA ALJARAFE
Serie-Calle-Ld	2-5-D	2-8-D	2-7-D	4-7-I	2-6-D	2-8-I	2-7-I	2-6-I	2-9-I	4-8-I	2-9-D	2-5-I
Tiempo	58:39,36	58:46,62	1:00:27,55	1:00:55,71	1:00:57,97	1:01:06,15	1:03:05,98	1:03:20,85	1:03:46,12	1:04:32,95	RETIRADA	BAJA
Puntos	19,0	16,0	14,0	12,0	---	11,0	10,0	9,0	8,0	7,0	---	---
MMN/17 a. antr. 58:46,12												
100	1:07,25	1:06,81	1:09,60	1:08,94	1:09,66	1:10,68	1:10,06	1:09,99	1:09,85	1:12,67		
200	2:14,90	2:15,13	2:19,70	2:19,34	2:20,46	2:22,95	2:22,59	2:20,84	2:22,97	2:27,67		
400	4:31,30	4:31,91	4:39,55	4:42,40	4:42,59	4:46,80	4:47,00	4:46,10	4:51,59	4:57,75		
500	5:39,37	5:40,73	5:49,82	5:53,28	5:53,93	5:59,37	6:00,25	5:59,31	6:06,68	6:12,70		
800	9:07,25	9:08,91	9:21,38	9:29,75	9:28,42	9:37,83	9:39,99	9:40,74	9:52,00	9:58,80		
1000	11:26,87	11:26,91	11:43,05	11:55,75	11:54,37	12:04,24	12:07,30	12:09,13	12:19,68	12:32,51		
1500	17:17,97	17:16,16	17:43,02	18:04,93	18:02,46	18:13,47	18:18,01	18:29,56	18:33,19	18:58,77		
2000	23:07,47	23:13,91	23:47,02	24:15,37	24:10,26	24:23,56	24:32,49	24:53,87	24:47,90	25:28,30		
2500	29:02,93	29:11,87	29:47,14	30:18,42	30:14,43	30:27,50	30:54,18	31:15,10	31:02,24	32:00,17		
3000	34:59,75	35:09,87	35:51,11	36:24,34	36:18,26	36:31,24	37:20,05	37:44,25	37:30,65	38:30,86		
3500	40:57,96	41:04,81	41:59,80	42:33,02	42:30,48	42:38,45	43:49,56	44:09,85	44:05,41	44:58,46		
4000	46:55,20	47:02,09	48:10,90	48:43,28	48:43,88	48:46,51	50:24,37	50:27,81	50:40,53	51:27,29		
4500	52:49,50	52:53,37	54:22,46	54:50,98	54:48,41	54:54,68	56:48,36	56:52,06	57:17,24	58:03,16		
5000	58:39,36	58:46,62	1:00:27,55	1:00:55,71	1:00:57,97	1:01:06,15	1:03:05,98	1:03:20,85	1:03:46,12	1:04:32,95		
500	5:39,37	5:40,73	5:49,82	5:53,28	5:53,93	5:59,37	6:00,25	5:59,31	6:06,68	6:12,70		
1000	5:47,50	5:46,18	5:53,23	6:02,47	6:00,44	6:04,87	6:07,05	6:09,82	6:13,00	6:19,81		
1500	5:51,10	5:49,25	5:59,97	6:09,18	6:08,09	6:09,23	6:10,71	6:20,43	6:13,51	6:26,26		
2000	5:49,50	5:57,75	6:04,00	6:10,44	6:07,80	6:10,09	6:14,48	6:24,31	6:14,71	6:29,53		
2500	5:55,46	5:57,96	6:00,12	6:03,05	6:04,17	6:03,94	6:21,69	6:21,23	6:14,34	6:31,87		
3000	5:56,82	5:58,00	6:03,97	6:05,92	6:03,83	6:03,74	6:25,87	6:29,15	6:28,41	6:30,69		
3500	5:58,21	5:54,94	6:08,69	6:08,68	6:12,22	6:07,21	6:29,51	6:25,60	6:34,76	6:27,60		
4000	5:57,24	5:57,28	6:11,10	6:10,26	6:13,40	6:08,06	6:34,81	6:17,96	6:35,12	6:28,83		
4500	5:54,30	5:51,28	6:11,56	6:07,70	6:04,53	6:08,17	6:23,99	6:24,25	6:36,71	6:35,87		
5000	5:49,86	5:53,25	6:05,09	6:04,73	6:09,56	6:11,47	6:17,62	6:28,79	6:28,88	6:29,79		
1000	11:26,87	11:26,91	11:43,05	11:55,75	11:54,37	12:04,24	12:07,30	12:09,13	12:19,68	12:32,51		
2000	11:40,60	11:47,00	12:03,97	12:19,62	12:15,89	12:19,32	12:25,19	12:44,74	12:28,22	12:55,79		
3000	11:52,28	11:55,96	12:04,09	12:08,97	12:08,00	12:07,68	12:47,56	12:50,38	12:42,75	13:02,56		
4000	11:55,45	11:52,22	12:19,79	12:18,94	12:25,62	12:15,27	13:04,32	12:43,56	13:09,88	12:56,43		
5000	11:44,16	11:44,53	12:16,65	12:12,43	12:14,09	12:19,64	12:41,61	12:53,04	13:05,59	13:05,66		
prom./1000	5	11:43,87	11:45,32	12:05,51	12:11,14	12:11,59	12:13,23	12:37,20	12:40,17	12:45,22	12:54,59	
prom./500	10	5:51,94	5:52,66	6:02,76	6:05,57	6:05,80	6:06,62	6:18,60	6:20,09	6:22,61	6:27,30	
prom./100	50	1:10,39	1:10,53	1:12,55	1:13,11	1:13,16	1:13,32	1:15,72	1:16,02	1:16,52	1:17,46	





VII CAMPEONATO DE ESPAÑA LARGA DISTANCIA

CATEGORÍAS INFANTIL- JUNIOR 1 - JUNIOR 2 - SENIOR

Organiza: Centre Natació Mataró
Piscina: Compl. Joan Serra, 50x25 mts., 10 calles, descb.
Mataró (Bcn), 13 de febrero de 2016



Prueba nº 3 - 5000 metros - Categoría JUNIOR-2 MASCULINO (1997-1998)

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Puesto	1º	2º	3º	4º	5º	6º	7º	8º
Apellidos	SANTIAGO BETANCOR	ANDRADE BUDIÑO	GUILLEM	CURTU FRUTOS	MARTINEZ MURCIA	TIERNO RECIO	BASTIAN ANTON	COLLADO BOJADOS
Nombre	RAUL	GASPAR	PUJOL BELMONTE	PAU	ALBERTO	MARCOS	ANGEL	IÑAKI
Año	1997	1998	1997	1997	1998	1998	1998	1998
Licencia	045364292	046097678	045967744	048197203	023313530	072892416	058427860	099160102
Club	C.N. METROPOLE	C.N. ARZUA	C.N. MATARO	C.N. SABADELL	A.D. ANCORA	PARQUESOL	C.N. SANTA OLAYA	C. AQUATIC CASTELLO
Serie-Calle-Ld	3-2-D	3-4-D	3-1-I	3-3-D	3-2-I	3-3-I	3-4-I	3-0-I
Tiempo	54:07,37	55:16,73	55:22,40	55:38,65	56:14,31	58:09,70	58:26,76	59:23,65
Puntos	19,0	16,0	14,0	12,0	11,0	10,0	9,0	8,0
MMN/19 a., antr. 55:12,55								
100	1:04,91	1:04,40	1:04,68	1:04,83	1:05,31	1:05,55	1:08,63	1:04,95
200	2:11,34	2:10,98	2:11,57	2:11,49	2:11,67	2:12,19	2:19,66	2:13,63
400	4:22,62	4:23,26	4:22,99	4:23,94	4:24,00	4:26,04	4:41,39	4:32,98
500	5:28,37	5:29,23	5:28,41	5:29,43	5:29,50	5:34,17	5:51,96	5:43,13
800	8:43,47	8:45,81	8:44,49	8:45,65	8:45,61	8:59,34	9:22,74	9:14,09
1000	10:51,72	10:56,34	10:56,52	10:56,57	10:56,68	11:17,06	11:43,00	11:34,63
1500	16:12,94	16:23,86	16:30,22	16:26,47	16:26,61	17:06,29	17:34,14	17:29,06
2000	21:35,09	21:53,69	22:04,46	21:59,90	22:00,35	23:01,08	23:24,66	23:26,66
2500	26:57,19	27:25,83	27:39,37	27:31,46	27:36,84	28:56,76	29:14,24	29:25,95
3000	32:19,28	32:59,28	33:16,02	33:04,39	33:21,13	34:55,54	35:05,34	35:24,36
3500	37:43,54	38:32,66	38:49,54	38:40,42	39:07,05	40:40,87	40:51,06	41:23,70
4000	43:13,90	44:09,08	44:20,21	44:16,93	44:50,97	46:35,03	46:42,83	47:28,03
4500	48:41,17	49:44,02	49:51,00	49:53,94	50:36,55	52:23,01	52:36,66	53:29,53
5000	54:07,37	55:16,73	55:22,40	55:38,65	56:14,31	58:09,70	58:26,76	59:23,65
500	5:28,37	5:29,23	5:28,41	5:29,43	5:29,50	5:34,17	5:51,96	5:43,13
1000	5:23,35	5:27,11	5:28,11	5:27,14	5:27,18	5:42,89	5:51,04	5:51,50
1500	5:21,22	5:27,52	5:33,70	5:29,90	5:29,93	5:49,23	5:51,14	5:54,43
2000	5:22,15	5:29,83	5:34,24	5:33,43	5:33,74	5:54,79	5:50,52	5:57,60
2500	5:22,10	5:32,14	5:34,91	5:31,56	5:36,49	5:55,68	5:49,58	5:59,29
3000	5:22,09	5:33,45	5:36,65	5:32,93	5:44,29	5:58,78	5:51,10	5:58,41
3500	5:24,26	5:33,38	5:33,52	5:36,03	5:45,92	5:45,33	5:45,72	5:59,34
4000	5:30,36	5:36,42	5:30,67	5:36,51	5:43,92	5:54,16	5:51,77	6:04,33
4500	5:27,27	5:34,94	5:30,79	5:37,01	5:45,58	5:47,98	5:53,83	6:01,50
5000	5:26,20	5:32,71	5:31,40	5:44,71	5:37,76	5:46,69	5:50,10	5:54,12
1000	10:51,72	10:56,34	10:56,52	10:56,57	10:56,68	11:17,06	11:43,00	11:34,63
2000	10:43,37	10:57,35	11:07,94	11:03,33	11:03,67	11:44,02	11:41,66	11:52,03
3000	10:44,19	11:05,59	11:11,56	11:04,49	11:20,78	11:54,46	11:40,68	11:57,70
4000	10:54,62	11:09,80	11:04,19	11:12,54	11:29,84	11:39,49	11:37,49	12:03,67
5000	10:53,47	11:07,65	11:02,19	11:21,72	11:23,34	11:34,67	11:43,93	11:55,62
prom./1000	5	10:49,47	11:03,35	11:04,48	11:07,73	11:14,86	11:37,94	11:52,73
prom./500	10	5:24,74	5:31,67	5:32,24	5:33,86	5:37,43	5:48,97	5:56,36
prom./100	50	1:04,95	1:06,33	1:06,45	1:06,77	1:07,49	1:09,79	1:11,27





VII CAMPEONATO DE ESPAÑA LARGA DISTANCIA

CATEGORÍAS INFANTIL- JUNIOR 1 - JUNIOR 2 - SENIOR

Organiza: Centre Natació Mataró
Piscina: Compl. Joan Serra, 50x25 mts., 10 calles, descb.
Mataró (Bcn), 13 de febrero de 2016



Prueba nº 3 - 5000 metros - Categoría SENIOR MASCULINO (1996 y anteriores)

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Puesto	1º	2º	3º	4º	5º	6º	7º	8º	9º	---
Apellidos	GIL TARAZONA	PENEDES FRADERA	RIVERA GOMIS	GONZALEZ DIANEZ	BOSCH PLANAS	CABANILLAS QUINTANILLA	DAVILA LUSTRES	GEBREL	VALLINA GUERRA	RABASSA IGLESIAS
Nombre	POL	MARTI	CARLOS	ADRIAN	JORDI	RAFAEL	MANUEL	AHMED	ADRIAN	ROGER
Año	1996	1996	1994	1990	1994	1987	1996	1991	1993	1981
Licencia	047893607	039946239	099164696	039430585	047440881	047896144	053798301	0Y2312109	053677981	038855819
Club	C.N. VALLIRANA	C.N. MATARO	C.N. SAN VICENTE	C.N. MATARO	C.N. SANT ANDREU	CST-CST COSTA AZAHAR	C.N. RIVEIRA	CN PIERA 2012	C.N. SANTA OLAYA	C.N. MATARO
Serie-Calle-Ld	3-6-I	3-8-D	3-7-D	3-5-I	3-7-I	3-6-D	3-9-D	3-8-I	3-9-I	3-5-D
Tiempo	53:59,67	55:30,06	56:03,77	56:27,65	57:13,21	57:27,37	57:50,33	58:15,55	1:01:02,37	NP
Puntos	19,0	16,0	14,0	12,0	11,0	10,0	9,0	8,0	7,0	
100	1:04,25	1:06,08	1:04,73	1:05,95	1:06,50	1:06,08	1:06,74	1:09,85	1:08,25	
200	2:10,33	2:13,50	2:10,72	2:13,19	2:14,52	2:13,45	2:13,30	2:19,00	2:18,96	
400	4:21,00	4:25,75	4:21,62	4:27,91	4:30,94	4:28,31	4:28,48	4:36,73	4:40,12	
500	5:26,25	5:32,03	5:27,00	5:34,06	5:39,50	5:35,85	5:35,73	5:45,30	5:50,65	
800	8:39,72	8:48,03	8:41,25	8:54,22	9:03,79	8:58,00	8:56,34	9:11,40	9:22,73	
1000	10:48,30	10:59,75	10:52,67	11:08,15	11:20,55	11:13,21	11:09,64	11:28,64	11:44,98	
1500	16:09,47	16:31,50	16:25,40	16:44,40	17:02,61	16:53,20	16:47,32	17:12,63	17:42,50	
2000	21:30,58	22:04,83	22:01,93	22:22,34	22:46,34	22:37,95	22:29,75	22:56,32	23:40,21	
2500	26:52,05	27:41,33	27:36,67	28:02,21	28:29,51	28:21,82	28:17,17	28:43,52	29:41,61	
3000	32:14,90	33:16,36	33:14,85	33:43,22	34:16,21	34:10,34	34:06,63	34:34,71	35:48,32	
3500	37:40,94	38:49,00	38:52,77	39:24,55	40:01,62	40:00,20	39:56,93	40:27,51	42:00,68	
4000	43:06,87	44:25,28	44:37,78	45:07,17	45:46,38	45:47,65	45:54,28	46:28,21	48:18,14	
4500	48:35,19	49:59,03	50:23,25	50:50,19	51:32,62	51:39,68	51:50,70	52:22,31	54:44,14	
5000	53:59,67	55:30,06	56:03,77	56:27,65	57:13,21	57:27,37	57:50,33	58:15,55	1:01:02,37	
500	5:26,25	5:32,03	5:27,00	5:34,06	5:39,50	5:35,85	5:35,73	5:45,30	5:50,65	
1000	5:22,05	5:27,72	5:25,67	5:34,09	5:41,05	5:37,36	5:33,91	5:43,34	5:54,33	
1500	5:21,17	5:31,75	5:32,73	5:36,25	5:42,06	5:39,99	5:37,68	5:43,99	5:57,52	
2000	5:21,11	5:33,33	5:36,53	5:37,94	5:43,73	5:44,75	5:42,43	5:43,69	5:57,71	
2500	5:21,47	5:36,50	5:34,74	5:39,87	5:43,17	5:43,87	5:47,42	5:47,20	6:01,40	
3000	5:22,85	5:35,03	5:38,18	5:41,01	5:46,70	5:48,52	5:49,46	5:51,19	6:06,71	
3500	5:26,04	5:32,64	5:37,92	5:41,33	5:45,41	5:49,86	5:50,30	5:52,80	6:12,36	
4000	5:25,93	5:36,28	5:45,01	5:42,62	5:44,76	5:47,45	5:57,35	6:00,70	6:17,46	
4500	5:28,32	5:33,75	5:45,47	5:43,02	5:46,24	5:52,03	5:56,42	5:54,10	6:26,00	
5000	5:24,48	5:31,03	5:40,52	5:37,46	5:40,59	5:47,69	5:59,63	5:53,24	6:18,23	
1000	10:48,30	10:59,75	10:52,67	11:08,15	11:20,55	11:13,21	11:09,64	11:28,64	11:44,98	
2000	10:42,28	11:05,08	11:09,26	11:14,19	11:25,79	11:24,74	11:20,11	11:27,68	11:55,23	
3000	10:44,32	11:11,53	11:12,92	11:20,88	11:29,87	11:32,39	11:36,88	11:38,39	12:08,11	
4000	10:51,97	11:08,92	11:22,93	11:23,95	11:30,17	11:37,31	11:47,65	11:53,50	12:29,82	
5000	10:52,80	11:04,78	11:25,99	11:20,48	11:26,83	11:39,72	11:56,05	11:47,34	12:44,23	
prom./1000	5	10:47,93	11:06,01	11:12,75	11:17,53	11:26,64	11:29,47	11:34,07	11:39,11	12:12,47
prom./500	10	5:23,97	5:33,01	5:36,38	5:38,77	5:43,32	5:44,74	5:47,03	5:49,56	6:06,24
prom./100	50	1:04,79	1:06,60	1:07,28	1:07,75	1:08,66	1:08,95	1:09,41	1:09,91	1:13,25



Prueba nº 4 - 5000 metros - Categoría JUNIOR-2 FEMENINO (1997-1998)

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Puesto	1ª	2ª	3ª	4ª	5ª	6ª	7ª	8ª	9ª	10ª	---	---
Apellidos	PEREZ BLANCO	NAVARRO SILVESTRE	ORTIZ DE GUINEA BASTON	GOYANES GARCIA	ARTIGAS FERNANDEZ	TORRAS PIEDEHIERRO	MARTI BALLESTER	GALINDO VIVES	BENAVENTE LOPEZ	VEIGA SOUTO	DE VALDES ALVAREZ	IBAN BAKER
Nombre	JIMENA	JUDITH	ALBA	PAULA	ISABEL	JUDITH	MARILO	MARTA	AINHOA	ANA	MARIA	MARIA DEL MAR
Año	1997	1997	1997	1998	1998	1998	1998	1997	1998	1998	1998	1998
Licencia	002566129	046997145	053781271	039469584	073225224	047920887	020052392	018957828	078096699	054127559	079031206	047252703
Club	CD. GREDOS SAN DIEGO	C.N. SANT ANDREU	C.N. SANTA OLAYA	GALAICO	REAL CANOE N.C.	C.N. GRANOLLERS	CST-CST COSTA AZAHAR	CST-CST COSTA AZAHAR	CERVERA	C. DEL MAR	FUENGIROLA SWIMMING	C.N.STA.EULALIA RIO
Serie-Calle-Ld	4-1-D	4-3-D	4-3-I	4-0-D	4-2-I	4-1-I	4-4-D	4-4-I	4-0-I	4-9-I	4-2-D	4-6-I
Tiempo	55:45,97	58:30,15	1:00:29,75	1:00:45,76	1:01:16,68	1:01:21,49	1:01:38,55	1:02:29,39	1:04:58,14	1:07:07,65	RETIRADA	NP
Puntos	19,0	16,0	14,0	12,0	11,0	10,0	9,0	8,0	7,0	6,0		
Establece MMN/19 a.												
100	1:06,19	1:06,13	1:09,85	1:10,22	1:09,43	1:09,98	1:08,29	1:11,68	1:11,92	1:13,63		
200	2:11,77	2:13,70	2:21,58	2:21,20	2:20,40	2:21,91	2:18,01	2:24,62	2:26,53	2:30,12		
400	4:23,33	4:29,43	4:44,40	4:43,86	4:42,67	4:46,16	4:40,23	4:51,91	4:57,81	5:02,70		
500	5:29,18	5:38,08	5:55,24	5:55,50	5:54,03	5:58,29	5:52,12	6:05,45	6:13,61	6:19,15		
800	8:46,67	9:02,91	9:28,10	9:31,68	9:27,97	9:35,55	9:28,31	9:47,25	10:00,61	10:09,37		
1000	10:58,48	11:22,27	11:51,96	11:56,22	11:51,70	12:01,31	11:52,21	12:15,96	12:32,89	12:43,72		
1500	16:30,40	17:14,22	17:53,87	18:00,22	17:54,19	18:08,75	17:54,11	18:31,79	18:57,54	19:14,04		
2000	22:04,42	23:08,33	23:54,62	24:07,40	23:58,49	24:16,78	23:57,97	24:50,60	25:23,29	25:46,94		
2500	27:41,12	29:00,33	29:55,80	30:11,36	30:02,09	30:26,96	30:05,71	31:08,73	31:53,76	32:28,99		
3000	33:17,58	34:47,83	36:01,15	36:19,86	36:09,94	36:37,89	36:23,02	37:26,97	38:25,46	39:13,24		
3500	38:54,87	40:38,74	42:07,65	42:29,86	42:22,37	42:47,26	42:41,08	43:42,68	45:03,71	46:04,55		
4000	44:33,62	46:37,65	48:15,65	48:36,22	48:39,63	48:58,23	48:58,41	50:00,40	51:45,63	52:57,62		
4500	50:12,57	52:37,53	54:24,22	54:42,36	54:58,77	55:11,91	55:19,42	56:18,26	58:25,79	1:00:03,22		
5000	55:45,97	58:30,15	1:00:29,75	1:00:45,76	1:01:16,68	1:01:21,49	1:01:38,55	1:02:29,39	1:04:58,14	1:07:07,65		
500	5:29,18	5:38,08	5:55,24	5:55,50	5:54,03	5:58,29	5:52,12	6:05,45	6:13,61	6:19,15		
1000	5:29,30	5:44,19	5:56,72	6:00,72	5:57,67	6:03,02	6:00,09	6:10,51	6:19,28	6:24,57		
1500	5:31,92	5:51,95	6:01,91	6:04,00	6:02,49	6:07,44	6:01,90	6:15,83	6:24,65	6:30,32		
2000	5:34,02	5:54,11	6:00,75	6:07,18	6:04,30	6:08,03	6:03,86	6:18,81	6:25,75	6:32,90		
2500	5:36,70	5:52,00	6:01,18	6:03,96	6:03,60	6:10,18	6:07,74	6:18,13	6:30,47	6:42,05		
3000	5:36,46	5:47,50	6:05,35	6:08,50	6:07,85	6:10,93	6:17,31	6:18,24	6:31,70	6:44,25		
3500	5:37,29	5:50,91	6:06,50	6:10,00	6:12,43	6:09,37	6:18,06	6:15,71	6:38,25	6:51,31		
4000	5:38,75	5:58,91	6:08,00	6:06,36	6:17,26	6:10,97	6:17,33	6:17,72	6:41,92	6:53,07		
4500	5:38,95	5:59,88	6:08,57	6:06,14	6:19,14	6:13,68	6:21,01	6:17,86	6:40,16	7:05,60		
5000	5:33,40	5:52,62	6:05,53	6:03,40	6:17,91	6:09,58	6:19,13	6:11,13	6:32,35	7:04,43		
1000	10:58,48	11:22,27	11:51,96	11:56,22	11:51,70	12:01,31	11:52,21	12:15,96	12:32,89	12:43,72		
2000	11:05,94	11:46,06	12:02,66	12:11,18	12:06,79	12:15,47	12:05,76	12:34,64	12:50,40	13:03,22		
3000	11:13,16	11:39,50	12:06,53	12:12,46	12:11,45	12:21,11	12:25,05	12:36,37	13:02,17	13:26,30		
4000	11:16,04	11:49,82	12:14,50	12:16,36	12:29,69	12:20,34	12:35,39	12:33,43	13:20,17	13:44,38		
5000	11:12,35	11:52,50	12:14,10	12:09,54	12:37,05	12:23,26	12:40,14	12:28,99	13:12,51	14:10,03		
prom./1000	11:09,19	11:42,03	12:05,95	12:09,15	12:15,34	12:16,30	12:19,71	12:29,88	12:59,63	13:25,53		
prom./500	5:34,60	5:51,02	6:02,98	6:04,58	6:07,67	6:08,15	6:09,85	6:14,94	6:29,81	6:42,76		
prom./100	1:06,92	1:10,20	1:12,59	1:12,92	1:13,53	1:13,63	1:13,97	1:14,99	1:17,96	1:20,55		

Prueba nº 4 - 5000 metros - Categoría SENIOR FEMENINO (1996 y anteriores)

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Puesto	1º	2º	3º	5º	4º
Apellidos	VILLAECIJA GARCIA	BERTRAN IZQUIERDO	ALONSO LORENZO	ARTILES CARBALLO	CHAPARRO CANELA
Nombre	ERIKA	AIDA	PAULA	IRENE	PALMIRA
Año	1984	1996	1995	1996	1996
Licencia	044021228	047329264	071174037	045780748	P00099144
Club	C.N. SABADELL	C.E. MEDITERRANI	PARQUESOL	C.N. LAS PALMAS	C.N. MAIRENA ALJARAFE
Serie-Calle-Ld	4-7-D	4-8-D	4-6-D	4-5-D	4-9-D
Tiempo	56:27,91	1:00:45,87	1:02:59,91	1:04:54,71	BAJA
Puntos	19,0	16,0	14,0	12,0	
100	1:06,37	1:08,12	1:11,35	1:11,88	
200	2:13,27	2:17,91	2:24,18	2:25,26	
400	4:26,56	4:39,84	4:51,43	4:52,91	
500	5:33,33	5:51,12	6:05,57	6:07,55	
800	8:54,06	9:24,19	9:47,08	9:54,02	
1000	11:07,79	11:46,76	12:14,69	12:27,03	
1500	16:44,00	17:47,34	18:25,88	18:52,47	
2000	22:21,30	23:52,37	24:38,80	25:24,24	
2500	28:00,50	29:59,09	30:53,85	31:55,65	
3000	33:39,85	36:06,16	37:11,25	38:29,21	
3500	39:21,02	42:17,84	43:34,36	45:02,76	
4000	45:03,13	48:29,51	50:00,49	51:41,63	
4500	50:47,19	54:04,09	56:31,45	58:19,66	
5000	56:27,91	1:00:45,87	1:02:59,91	1:04:54,71	
500	5:33,33	5:51,12	6:05,57	6:07,55	
1000	5:34,46	5:55,64	6:09,12	6:19,48	
1500	5:36,21	6:00,58	6:11,19	6:25,44	
2000	5:37,30	6:05,03	6:12,92	6:31,77	
2500	5:39,20	6:06,72	6:15,05	6:31,41	
3000	5:39,35	6:07,07	6:17,40	6:33,56	
3500	5:41,17	6:11,68	6:23,11	6:33,55	
4000	5:42,11	6:11,67	6:26,13	6:38,87	
4500	5:44,06	6:14,58	6:30,96	6:38,03	
5000	5:40,72	6:41,78	6:28,46	6:35,05	
1000	11:07,79	11:46,76	12:14,69	12:27,03	
2000	11:13,51	12:05,61	12:24,11	12:57,21	
3000	11:18,55	12:13,79	12:32,45	13:04,97	
4000	11:23,28	12:23,35	12:49,24	13:12,42	
5000	11:24,78	12:16,36	12:59,42	13:13,08	
prom./1000	11:17,58	12:09,17	12:35,98	12:58,94	
prom./500	5:38,79	6:04,59	6:17,99	6:29,47	
prom./100	1:07,76	1:12,92	1:15,60	1:17,89	



VII CAMPEONATO DE ESPAÑA - LARGA DISTANCIA P50

Categorías INFANTIL, JUNIOR-1, JUNIOR-2 y SENIOR

Organiza: Centre Natació Mataró

Piscina: Complex Joan Serra, 50x25 mts., 10 calles, descb.

Mataró (Bcn), 13 de febrero de 2016



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CLASIFICACION FINAL POR CLUBES

CATEGORIA FEMENINA

Clasif.	CLUB	INFANTIL	JUNIOR-1	JUNIOR-2	SENIOR	TOTAL
01	C.N. SABADELL	35	31	0	19	85
02	C.N. SANT ANDREU	11	8	16	0	35
03	GALAICO	0	14	12	0	26
04	C.N. LICEO	21	0	0	0	21
05	CD. GREDOS SAN DIEGO	0	0	19	0	19
06	C.N. GRANOLLERS	0	7	10	0	17
06	CST-CST COSTA AZAHAR	0	0	17	0	17
08	C.E. MEDITERRANI	0	0	0	16	16
08	C.N. MAIRENA ALJARAFA	0	16	0	0	16
10	CERVERA	8	0	7	0	15
11	C.N. SANTA OLAYA	0	0	14	0	14
11	PARQUESOL	0	0	0	14	14
13	C.N. LAS PALMAS	0	0	0	12	12
13	C.N. LOGROÑO	12	0	0	0	12
15	A.D. ANCORA	0	11	0	0	11
15	REAL CANOE N.C.	0	0	11	0	11
17	A.D. MANUEL LLANEZA	10	0	0	0	10
17	C.D. AMAYA	0	10	0	0	10
19	C.N. CORNELLA	9	0	0	0	9
19	LAS ESCUEVAS	0	9	0	0	9
21	C. DEL MAR	0	0	6	0	6

CATEGORIA MASCULINA

Clasif.	CLUB	INFANTIL	JUNIOR-1	JUNIOR-2	SENIOR	TOTAL
01	CD. GREDOS SAN DIEGO	14	31	0	0	45
02	C.N. MATARO	0	0	14	28	42
03	C.N. SABADELL	28	0	12	0	40
04	C.N. RIVEIRA	12	11	0	9	32
05	CN TENIS ELCHE	0	24	0	0	24
06	C.N. METROPOLE	0	0	19	0	19
06	C.N. VALLIRANA	0	0	0	19	19
08	C.N. ARZUA	0	0	16	0	16
08	C.N. SANTA OLAYA	0	0	9	7	16
08	C.N. CARTAGONOVA CART	16	0	0	0	16
11	C.N. LAS NORIAS	0	14	0	0	14
11	C.N. SAN VICENTE	0	0	0	14	14
13	A.D. ANCORA	0	0	11	0	11
13	C.N. SANT ANDREU	0	0	0	11	11
13	NAVIAL	11	0	0	0	11
16	C. DEL MAR	0	10	0	0	10
16	CST-CST COSTA AZAHAR	0	0	0	10	10
16	FUENGIROLA SWIMMING	10	0	0	0	10
16	PARQUESOL	0	0	10	0	10
20	C.N. SITGES	0	9	0	0	9
21	C. AQUATIC CASTELLO	0	0	8	0	8
21	CN PIERA 2012	0	0	0	8	8
21	C.N. LOGROÑO	8	0	0	0	8
24	C.N. CHURRIANA	7	0	0	0	7

