

1. 100 Costas Mas 11 A

| | | | | | | | | |
|----|-----------|-----------------------------|------|----------|---------|------|-----|-------------|
| 1 | 054153351 | LUACES CALVIN ALEJANDRO | 2004 | CNLICEO | 1:25.46 | M 25 | 187 | BERGANTIÑOS |
| | | 50E: 40.62 | | | | | | |
| 2 | 039513963 | CABANA DEL AMO PABLO | 2004 | NPONTEA | 1:26.01 | M 25 | 184 | PONTEVEDRA |
| | | 50E: 41.55 | | | | | | |
| 3 | 991126468 | FERNANDEZ CAMPOS RODRIGO | 2004 | NCORUÑA | 1:27.27 | M 25 | 176 | BERGANTIÑOS |
| | | 50E: 42.30 | | | | | | |
| 4 | 032726650 | SEIJO BERMUDEZ DANIEL | 2004 | CNFERRO | 1:28.39 | M 25 | 169 | FERROL |
| | | 50E: 44.13 | | | | | | |
| 5 | 034278219 | SANCHEZ VAZQUEZ ANTONIO | 2004 | POR-MIÑA | 1:28.50 | M 25 | 169 | LUGO |
| | | 50E: 43.50 | | | | | | |
| 6 | 053863891 | GONZALEZ DOMINGUEZ DANIEL | 2004 | GALAICO | 1:28.85 | M 25 | 167 | PONTEVEDRA |
| | | 50E: 42.58 | | | | | | |
| 7 | 058000710 | SUAREZ MATO YOEL | 2004 | CDELMAR | 1:29.25 | M 25 | 164 | BERGANTIÑOS |
| | | 50E: 42.86 | | | | | | |
| 8 | 991126469 | PICALLO MARANTE BRUNO | 2004 | NCORUÑA | 1:30.04 | M 25 | 160 | BERGANTIÑOS |
| | | 50E: 45.30 | | | | | | |
| 9 | 034303656 | RABANAL FREIRE MARIO | 2004 | POR-MIÑA | 1:30.32 | M 25 | 159 | LUGO |
| | | 50E: 42.35 | | | | | | |
| 10 | 032722141 | RODRIGUEZ RILO ALEJANDRO | 2004 | CNFERRO | 1:31.17 | M 25 | 154 | FERROL |
| | | 50E: 43.92 | | | | | | |
| 11 | 991125130 | SANCHEZ BARREIRO RAUL | 2004 | CMARINA | 1:31.21 | M 25 | 154 | FERROL |
| | | 50E: 43.71 | | | | | | |
| 12 | 049470731 | NUÑEZ MATO FRANCISCO | 2004 | CDELMAR | 1:31.47 | M 25 | 153 | BERGANTIÑOS |
| | | 50E: 45.02 | | | | | | |
| 13 | 991125115 | BUSTABAD VAZQUEZ FERNANDO | 2004 | CMARINA | 1:31.64 | M 25 | 152 | FERROL |
| | | 50E: 44.09 | | | | | | |
| 14 | 991124632 | GODAY VILAS ENRIQUE | 2004 | SDBOIRO | 1:32.00 | M 25 | 150 | A FIEITEIRA |
| | | 50E: 44.25 | | | | | | |
| 15 | 032721095 | ROMERO CARBALLEIRA SAMUEL | 2004 | CNFERRO | 1:32.70 | M 25 | 147 | FERROL |
| | | 50E: 44.67 | | | | | | |
| 16 | 054157646 | ABELENDA PEREZ MIGUEL ANGEL | 2004 | ADFOGAR | 1:32.89 | M 25 | 146 | BERGANTIÑOS |
| | | 50E: 45.61 | | | | | | |
| 17 | 032724847 | PESENTI FRADE EMILIO | 2004 | CMARINA | 1:33.01 | M 25 | 145 | FERROL |
| | | 50E: 45.53 | | | | | | |
| 18 | 991126174 | REY PITA SIMON | 2004 | NCORUÑA | 1:33.10 | M 25 | 145 | BERGANTIÑOS |
| | | 50E: 44.66 | | | | | | |
| 19 | 991124358 | LOSADA JIMENEZ SERGIO | 2004 | CNFERRO | 1:33.52 | M 25 | 143 | FERROL |
| | | 50E: 46.81 | | | | | | |
| 20 | 991127357 | SANTANA TRIGO GABRIEL | 2004 | CULLERED | 1:33.60 | M 25 | 142 | BERGANTIÑOS |
| | | 50E: 43.62 | | | | | | |
| 21 | 032737349 | MARIELLA VILLARINO MATIAS | 2004 | CMARINA | 1:33.96 | M 25 | 141 | FERROL |
| | | 50E: 45.89 | | | | | | |
| 22 | 035601704 | VICENTE FERREIRA DANIEL | 2004 | CNVILAG | 1:35.42 | M 25 | 134 | PONTEVEDRA |
| | | 50E: 45.39 | | | | | | |
| 23 | 077546080 | GOMEZ CAMPOLLO PABLO | 2004 | GALAICO | 1:35.56 | M 25 | 134 | PONTEVEDRA |
| | | 50E: 46.08 | | | | | | |
| 24 | 048116970 | GARABOA MACEIRAS PABLO | 2004 | CULLERED | 1:35.80 | M 25 | 133 | BERGANTIÑOS |
| | | 50E: 46.01 | | | | | | |
| 25 | 099112737 | FIGUEROA FERNANDEZ GABRIEL | 2004 | RBAIXAS | 1:36.03 | M 25 | 132 | RCN |
| | | 50E: 45.72 | | | | | | |
| 26 | 054131680 | VAZQUEZ SANCHEZ JAVIER | 2004 | CULLERED | 1:36.41 | M 25 | 130 | BERGANTIÑOS |
| | | 50E: 46.92 | | | | | | |
| 27 | 079341631 | PARDO BELLO DANIEL | 2004 | ADFOGAR | 1:37.06 | M 25 | 128 | BERGANTIÑOS |
| | | 50E: 47.53 | | | | | | |
| 28 | 032728876 | DIZ NIEVES DAVID | 2004 | CNFERRO | 1:37.59 | M 25 | 0 | FERROL |

| | | | | | | | | |
|----|-----------|----------------------------------|------|------------|---------|------|-----|-------------|
| | | 50E: 47.44 | | | | | | |
| 29 | 032726134 | ANEIROS SUAREZ DIEGO | 2004 | CEDEIRA | 1:37.61 | M 25 | 126 | FERROL |
| | | 50E: 46.61 | | | | | | |
| 30 | 077479282 | PEREIRA CASTRO PEDRO | 2004 | GALAICO | 1:38.15 | M 25 | 123 | PONTEVEDRA |
| | | 50E: 47.21 | | | | | | |
| 31 | 048827379 | AVILES ZHUAVLEV SANTIAGO | 2004 | NCORUÑA | 1:38.31 | M 25 | 123 | BERGANTIÑOS |
| | | 50E: 46.02 | | | | | | |
| 32 | 035674363 | GONZALEZ MARTINEZ NICOLAS | 2004 | RBAIXAS | 1:38.58 | M 25 | 122 | RCN |
| | | 50E: 47.28 | | | | | | |
| 33 | 049471753 | SONEIRA LOPEZ IGNACIO | 2004 | NCORUÑA | 1:38.83 | M 25 | 0 | BERGANTIÑOS |
| | | 50E: 47.39 | | | | | | |
| 34 | 053799323 | SANLES DIESTE HUGO | 2004 | SDBOIRO | 1:39.26 | M 25 | 119 | A FIEITEIRA |
| | | 50E: 46.85 | | | | | | |
| 35 | 034304035 | LOPEZ CASANOVA IVAN | 2004 | POR-MIÑA | 1:39.28 | M 25 | 119 | LUGO |
| | | 50E: 47.67 | | | | | | |
| 36 | 007144782 | CARJAN DENISOV NICOLAS | 2004 | GALAICO | 1:39.56 | M 25 | 118 | PONTEVEDRA |
| | | 50E: 46.28 | | | | | | |
| 37 | 054152633 | VICENTE GARCIA DIEGO | 2004 | CDELMAR | 1:40.00 | M 25 | 117 | BERGANTIÑOS |
| | | 50E: 48.30 | | | | | | |
| 38 | 991125712 | RODRIGUEZ DOMINGUEZ FRANCISCO J. | 2004 | NPONTEA | 1:40.49 | M 25 | 115 | PONTEVEDRA |
| | | 50E: 54.31 | | | | | | |
| 39 | 044665142 | FERNANDEZ VAZQUEZ BRAIS | 2004 | MIRAFLORES | 1:40.88 | M 50 | 136 | OURENSE |
| 40 | 034289095 | CASTRO ARIAS XABIER | 2004 | POR-MIÑA | 1:41.30 | M 25 | 112 | LUGO |
| | | 50E: 47.69 | | | | | | |
| 41 | 054152522 | VEGA SANJUAS JACOBO | 2004 | CDELMAR | 1:41.32 | M 25 | 112 | BERGANTIÑOS |
| | | 50E: 47.58 | | | | | | |
| 42 | 044663627 | QUINTAS RODRIGUEZ IGOR | 2004 | POURENSE | 1:41.97 | M 50 | 132 | OURENSE |
| 43 | 045145417 | ARAUJO SANCHEZ ANDRES | 2004 | POURENSE | 1:42.24 | M 50 | 131 | OURENSE |
| 44 | 032736823 | MORADO RUIZ RUBEN | 2004 | CNFERRO | 1:42.26 | M 25 | 0 | FERROL |
| | | 50E: 50.08 | | | | | | |
| 45 | 034286135 | GONZALEZ COCIÑA JORGE | 2004 | CFVLUGO | 1:45.20 | M 25 | 100 | LUGO |
| | | 50E: 51.09 | | | | | | |
| 46 | 032723985 | LOPEZ GOMEZ ALEJANDRO | 2004 | CNFERRO | 1:46.35 | M 25 | 0 | FERROL |
| | | 50E: 50.18 | | | | | | |
| 47 | 054159321 | CRESPO GARCIA GONZALO | 2004 | NCORUÑA | 1:46.78 | M 25 | 0 | BERGANTIÑOS |
| | | 50E: 50.36 | | | | | | |
| 48 | 041581252 | GESTEIRA PINO JOEL | 2004 | RBAIXAS | 1:46.88 | M 25 | 96 | RCN |
| | | 50E: 51.76 | | | | | | |
| 49 | 078593028 | CASARES GARCIA BRAIS | 2004 | NPONTEA | 1:46.99 | M 25 | 95 | PONTEVEDRA |
| | | 50E: 48.95 | | | | | | |
| 50 | 039514612 | VAZQUEZ PADIN ANTON | 2004 | RCNVIGO | 1:47.09 | M 25 | 95 | RCN |
| | | 50E: 50.03 | | | | | | |
| 51 | 032720141 | HERMIDA SOTO GUILLERMO | 2004 | CNFERRO | 1:47.16 | M 25 | 0 | FERROL |
| | | 50E: 52.46 | | | | | | |
| 52 | 035591571 | ROUCO BASANTA LUIS | 2004 | CNXOVE | 1:47.25 | M 25 | 95 | LUGO |
| | | 50E: 51.08 | | | | | | |
| 53 | 032737618 | GONZALEZ CALVO HUGO | 2004 | NTNARON | 1:47.91 | M 25 | 93 | FERROL |
| | | 50E: 49.40 | | | | | | |
| 54 | 044660474 | LECOMPTE SACO JOSE RAMON | 2004 | POURENSE | 1:48.00 | M 50 | 111 | OURENSE |
| 55 | 991125859 | CALVO MANSO NICOLAS | 2004 | CMARINA | 1:48.26 | M 25 | 0 | FERROL |
| | | 50E: 50.93 | | | | | | |
| 56 | 045147147 | RUAS BARAZAL OSCAR | 2004 | POURENSE | 1:49.20 | M 50 | 107 | OURENSE |
| 57 | 034303025 | MENDEZ LINARES ALVARO | 2004 | POR-MIÑA | 1:49.28 | M 25 | 0 | LUGO |
| | | 50E: 51.27 | | | | | | |
| 58 | 045952501 | ZAMAR PAN JOEL | 2004 | CIDSANTI | 1:49.40 | M 25 | 89 | A FIEITEIRA |
| | | 50E: 53.02 | | | | | | |
| 59 | 045165979 | REBOREDO FERNANDEZ TEO | 2004 | MIRAFLORES | 1:50.06 | M 50 | 105 | OURENSE |
| 60 | 034285702 | SANFIZ JANEIRO MAURO | 2004 | CFVLUGO | 1:50.25 | M 25 | 87 | LUGO |

| | | | | | | | | |
|----|-----------|------------------------------|------|----------|---------|------|----|-------------|
| | | 50E: 54.87 | | | | | | |
| 61 | 044662763 | NARANJO ESTEVEZ ROI | 2004 | POURENSE | 1:50.92 | M 50 | 0 | OURENSE |
| 62 | 015493913 | ALONSO FERNANDEZ MAURO | 2004 | CODESAL | 1:50.97 | M 25 | 85 | RCN |
| | | 50E: 54.43 | | | | | | |
| 63 | 032724491 | MOURENTE LOPEZ MARIO | 2004 | CNFERRO | 1:51.49 | M 25 | 0 | FERROL |
| | | 50E: 53.20 | | | | | | |
| 64 | 035582575 | VAZQUEZ VICENTE MARIO | 2004 | CODESAL | 1:51.49 | M 25 | 84 | RCN |
| | | 50E: 53.21 | | | | | | |
| 65 | 015493634 | MAURI PORTELA BORJA | 2004 | CODESAL | 1:51.50 | M 25 | 84 | RCN |
| | | 50E: 55.03 | | | | | | |
| 66 | 079345432 | PADIN TORRENTE DIEGO | 2004 | NTNARON | 1:52.48 | M 25 | 82 | FERROL |
| | | 50E: 54.56 | | | | | | |
| 67 | 047438671 | GERPE RODRIGUEZ IAGO | 2004 | CN LICEO | 1:53.61 | M 25 | 79 | BERGANTIÑOS |
| | | 50E: 55.12 | | | | | | |
| 68 | 035623188 | SANTOS DUARTE HUGO | 2004 | CNXOVE | 1:53.83 | M 25 | 79 | LUGO |
| | | 50E: 54.34 | | | | | | |
| 69 | 049200744 | ALLENDE MUÑOZ PABLO | 2004 | NCORUÑA | 1:53.90 | M 25 | 0 | BERGANTIÑOS |
| | | 50E: 54.70 | | | | | | |
| 70 | 054229453 | IGLESIAS ALLICA MARCOS | 2004 | RBAIXAS | 1:53.92 | M 25 | 79 | RCN |
| | | 50E: 52.50 | | | | | | |
| 71 | 045145282 | LOPEZ FERNANDEZ MARTIN | 2004 | POURENSE | 1:54.49 | M 50 | 0 | OURENSE |
| 72 | 049470354 | GAREA GOMEZ CARLOS | 2004 | CULLERED | 1:54.62 | M 25 | 77 | BERGANTIÑOS |
| | | 50E: 54.24 | | | | | | |
| 73 | 020624997 | FERNANDEZ VILA PEDRO LUIS | 2004 | ADFOGAR | 1:54.73 | M 25 | 77 | BERGANTIÑOS |
| | | 50E: 53.45 | | | | | | |
| 74 | 035587948 | DOMINGUEZ FERNANDEZ NICOLAS | 2004 | RCNVIGO | 1:54.85 | M 25 | 77 | RCN |
| | | 50E: 53.68 | | | | | | |
| 75 | 077484130 | MELLID LOSADA MANOEL | 2004 | GALAICO | 1:57.28 | M 25 | 0 | PONTEVEDRA |
| | | 50E: 55.02 | | | | | | |
| 76 | 048117043 | ALFEIRAN ESPINO LUCAS | 2004 | ADFOGAR | 1:57.76 | M 25 | 71 | BERGANTIÑOS |
| | | 50E: 55.80 | | | | | | |
| 77 | 045149824 | SANTISO PRADO ALEJANDRO | 2004 | POURENSE | 1:58.73 | M 50 | 0 | OURENSE |
| 78 | 991125850 | RAJO PEREZ DIEGO | 2004 | CNFERRO | 1:59.92 | M 25 | 0 | FERROL |
| | | 50E: 56.56 | | | | | | |
| 79 | 053854555 | SANCHEZ MARTINEZ LEO LOMBOSO | 2004 | ARTEIXO | 2:01.71 | M 25 | 65 | BERGANTIÑOS |
| | | 50E: 59.45 | | | | | | |
| 80 | 020628817 | MARTINEZ CAMPAÑA MARIO | 2004 | SDBOIRO | 2:01.81 | M 25 | 64 | A FIEITEIRA |
| | | 50E: 54.66 | | | | | | |
| 81 | 032727961 | PAZ CALVO SANTIAGO | 2004 | NTNARON | 2:02.10 | M 25 | 64 | FERROL |
| | | 50E: 1:01.95 | | | | | | |
| 82 | 991125846 | MAYORAL ACEDO DANIEL | 2004 | CNFERRO | 2:02.32 | M 25 | 0 | FERROL |
| | | 50E: 1:01.18 | | | | | | |
| 83 | 053819396 | CARBALLO FERNANDEZ NOEL | 2004 | RCNVIGO | 2:03.59 | M 25 | 62 | RCN |
| | | 50E: 59.28 | | | | | | |
| 84 | 039495795 | SANJUAS FERNANDEZ ALEJANDRO | 2004 | RCNVIGO | 2:04.28 | M 25 | 61 | RCN |
| | | 50E: 59.75 | | | | | | |
| 85 | 045147146 | RUAS BARAZAL PABLO | 2004 | POURENSE | 2:05.01 | M 50 | 0 | OURENSE |
| 86 | 054224785 | NUÑEZ LOPEZ ADRIAN | 2004 | SDBOIRO | 2:07.81 | M 25 | 56 | A FIEITEIRA |
| | | 50E: 1:02.59 | | | | | | |
| 87 | 053820320 | CARIDE BORRAJO XURXO | 2004 | RCNVIGO | 2:08.10 | M 25 | 0 | RCN |
| | | 50E: 59.92 | | | | | | |
| 88 | 015493638 | SANZ BERRIDY JAVIER | 2004 | CODESAL | 2:12.08 | M 25 | 50 | RCN |
| | | 50E: 1:04.80 | | | | | | |
| 89 | 039485125 | DEL RIO ALVAREZ MARTIN | 2004 | RCNVIGO | 2:12.60 | M 25 | 0 | RCN |
| | | 50E: 1:05.06 | | | | | | |

2. 100 Costas Fem 10 A

| | | | | | | | | |
|----|-----------|--|------|----------|---------|------|-----|-------------|
| 1 | 991125148 | CARRASCO DE CASTRO PAULA 50E: 45.97 | 2005 | CMARINA | 1:34.61 | M 25 | 198 | FERROL |
| 2 | 032726212 | RICO MARTINEZ MARTINA XIA 50E: 45.29 | 2005 | CMARINA | 1:34.92 | M 25 | 196 | FERROL |
| 3 | 032729112 | ACCION TEIJEIRO CARLA 50E: 46.09 | 2005 | CNFERRO | 1:36.25 | M 25 | 188 | FERROL |
| 4 | 991125299 | BOUZAS PEDREIRA ALICIA 50E: 46.92 | 2005 | GALAICO | 1:36.40 | M 25 | 188 | PONTEVEDRA |
| 5 | 049332071 | SUAREZ KITAMORI NANA SOFIA 50E: 46.38 | 2005 | ADFOGAR | 1:37.01 | M 25 | 184 | BERGANTIÑOS |
| 6 | 991126351 | CARRON MUIÑA CARLA 50E: 46.45 | 2005 | ARZUA | 1:37.21 | M 25 | 183 | A FIEITEIRA |
| 7 | 053861363 | FERNANDEZ PRIETO NAYARA 50E: 47.38 | 2005 | GALAICO | 1:38.51 | M 25 | 176 | PONTEVEDRA |
| 8 | 032729909 | FERNANDEZ ROBLES AIDA 50E: 47.62 | 2005 | CNFERRO | 1:39.00 | M 25 | 173 | FERROL |
| 9 | 077484246 | CONS GESTIDO VICTORIA ANNA 50E: 47.04 | 2005 | GALAICO | 1:40.30 | M 25 | 166 | PONTEVEDRA |
| 10 | 991125843 | PANTIN MERINO LAURA 50E: 47.41 | 2005 | CNFERRO | 1:40.61 | M 25 | 165 | FERROL |
| 11 | 034282625 | REGUEIRO CASANOVA EMMA 50E: 48.84 | 2005 | POR-MIÑA | 1:40.80 | M 25 | 164 | LUGO |
| 12 | 991126645 | RUIZ VILLARINO ANDREA 50E: 49.95 | 2005 | CMARINA | 1:41.44 | M 25 | 161 | FERROL |
| 13 | 054155550 | GOMEZ TAIBO ANTIA 50E: 49.33 | 2005 | ARTEIXO | 1:42.96 | M 25 | 154 | BERGANTIÑOS |
| 14 | 034303715 | REBOLO MARTINEZ DANIELA 50E: 48.88 | 2005 | POR-MIÑA | 1:43.52 | M 25 | 151 | LUGO |
| 15 | 077465540 | BEMPOSTA PENAS ALEJANDRA 50E: 50.28 | 2005 | GALAICO | 1:43.79 | M 25 | 150 | PONTEVEDRA |
| 16 | 034284642 | NOVO LOPEZ AINARA 50E: 50.21 | 2005 | POR-MIÑA | 1:44.63 | M 25 | 147 | LUGO |
| 17 | 032729247 | GRAÑA DEL SOLAR SABELA 50E: 50.58 | 2005 | CNFERRO | 1:47.49 | M 25 | 135 | FERROL |
| 18 | 034282507 | MOLDES LOZANO NAYRA 50E: 49.31 | 2005 | POR-MIÑA | 1:47.52 | M 25 | 135 | LUGO |
| 19 | 032721689 | CANEIRO HERMIDA SABELA 50E: 50.65 | 2005 | CNFERRO | 1:48.77 | M 25 | 0 | FERROL |
| 20 | 034290877 | PIN LAGE NOA 50E: 52.50 | 2005 | POR-MIÑA | 1:48.90 | M 25 | 0 | LUGO |
| 21 | 077466085 | LORENZO GARCIA PAULA 50E: 49.13 | 2005 | GALAICO | 1:49.21 | M 25 | 0 | PONTEVEDRA |
| 22 | 034290763 | NUÑEZ GARCIA ANTIA 50E: 55.12 | 2005 | CFVLUGO | 1:49.53 | M 25 | 128 | LUGO |
| 23 | 035676291 | RAMALLO GROBA MARIA ALBA 50E: 52.08 | 2005 | NPONTEA | 1:50.35 | M 25 | 125 | PONTEVEDRA |
| 24 | 034291740 | BALSA RICO NOELIA 50E: 51.59 | 2005 | POR-MIÑA | 1:50.86 | M 25 | 0 | LUGO |
| 25 | 034286752 | PAZ GONZALEZ CARLA 50E: 55.39 | 2005 | CFVLUGO | 1:51.01 | M 25 | 123 | LUGO |
| 26 | 049472688 | SOMOZA PRADO IRENE 50E: 53.14 | 2005 | CNLICEO | 1:51.08 | M 25 | 122 | BERGANTIÑOS |
| 27 | 034275586 | SUAREZ FERNANDEZ CARMEN | 2005 | MOLEMOS | 1:51.16 | M 50 | 142 | OURENSE |
| 28 | 991126936 | SOTO RODRIGUEZ MARIA 50E: 53.21 | 2005 | CNLICEO | 1:51.27 | M 25 | 122 | BERGANTIÑOS |
| 29 | 032736190 | GIZ CASTRO GISELA 50E: 53.82 | 2005 | NTNARON | 1:51.66 | M 25 | 121 | FERROL |
| 30 | 053799025 | PEGO SAMPEDRO SILVIA | 2005 | SDBOIRO | 1:51.78 | M 25 | 120 | A FIEITEIRA |

| | | | | | | | |
|----|-----------|---------------------------|------|----------|---------|------|-----------------|
| | | 50E: 55.17 | | | | | |
| 31 | 035601412 | CASCON CALDAS KAROLINA | 2005 | CNVILAG | 1:51.86 | M 25 | 120 PONTEVEDRA |
| | | 50E: 52.36 | | | | | |
| 32 | 045142448 | CAMBA PRADA ALEXIA | 2005 | POURENSE | 1:52.26 | M 50 | 138 OURENSE |
| 33 | 049204663 | CARRO BARROS CANDELA | 2005 | CULLERED | 1:52.84 | M 25 | 117 BERGANTIÑOS |
| | | 50E: 55.21 | | | | | |
| 34 | 991126221 | BOUZA SANCHEZ SARA | 2005 | CMARINA | 1:53.62 | M 25 | 114 FERROL |
| | | 50E: 54.11 | | | | | |
| 35 | 054157248 | TRILLO MOUZO JULIA | 2005 | CNLICEO | 1:53.93 | M 25 | 113 BERGANTIÑOS |
| | | 50E: 54.33 | | | | | |
| 36 | 046095061 | GARCIA ROZAS NOELIA | 2005 | CIDSANTI | 1:54.23 | M 25 | 113 A FIEITEIRA |
| | | 50E: 54.52 | | | | | |
| 37 | 034289290 | FERNANDEZ VIZCAINO ALICIA | 2005 | POR-MIÑA | 1:54.30 | M 25 | O LUGO |
| | | 50E: 54.37 | | | | | |
| 38 | 053796912 | MARIÑO SILVA UXIA | 2005 | SDBOIRO | 1:54.79 | M 25 | 111 A FIEITEIRA |
| | | 50E: 53.29 | | | | | |
| 39 | 991126880 | CAMPOS TATO UXIA | 2005 | POURENSE | 1:54.80 | M 50 | 129 OURENSE |
| 40 | 991124786 | RODRIGUEZ ALONSO JULIA | 2005 | RCNVIGO | 1:54.85 | M 25 | 111 RCN |
| | | 50E: 54.10 | | | | | |
| 41 | 034292163 | DURAN PALEO SABELA | 2005 | CFVLUGO | 1:56.17 | M 25 | 107 LUGO |
| | | 50E: 56.38 | | | | | |
| 42 | 034285521 | SANTOALLA NAVAL ANDREA | 2005 | CFVLUGO | 1:56.30 | M 25 | 107 LUGO |
| | | 50E: 56.60 | | | | | |
| 43 | 032726141 | FERNANDEZ VAZQUEZ ALBA | 2005 | CNFERRO | 1:56.61 | M 25 | O FERROL |
| | | 50E: 54.43 | | | | | |
| 44 | 046096116 | GONTAN IGLESIAS AINOA | 2005 | CIDSANTI | 1:57.18 | M 25 | 104 A FIEITEIRA |
| | | 50E: 55.82 | | | | | |
| 45 | 053797752 | REY OLVEIRA ELENA | 2005 | SDBOIRO | 1:57.24 | M 25 | 104 A FIEITEIRA |
| | | 50E: 57.02 | | | | | |
| 46 | 991126435 | MARTINEZ MACEIRAS SOFIA | 2005 | CMARINA | 1:57.70 | M 25 | O FERROL |
| | | 50E: 54.81 | | | | | |
| 47 | 034292728 | DIAZ GONZALEZ SILVIA | 2005 | POR-MIÑA | 1:58.18 | M 25 | O LUGO |
| | | 50E: 55.61 | | | | | |
| 48 | 021116472 | VICENTE GONZALEZ ANGELA | 2005 | CODESAL | 1:58.36 | M 25 | 101 RCN |
| | | 50E: 57.40 | | | | | |
| 49 | 991126508 | DUPUY ALVAREZ CARLOTA | 2005 | RCNVIGO | 1:59.96 | M 25 | 97 RCN |
| | | 50E: 58.50 | | | | | |
| 50 | 991125187 | RUIZ GARCIA ISABEL | 2005 | CMARINA | 2:00.32 | M 25 | O FERROL |
| | | 50E: 56.13 | | | | | |
| 51 | 053818734 | PRADO LORENZO HELENA | 2005 | RCNVIGO | 2:01.61 | M 25 | 93 RCN |
| | | 50E: 57.44 | | | | | |
| 52 | 991125465 | GARRIDO BALBOA MARIA | 2005 | ADFOGAR | 2:02.32 | M 25 | 92 BERGANTIÑOS |
| | | 50E: 59.63 | | | | | |
| 53 | 034281363 | VILLAMOR YAÑEZ NURIA | 2005 | CFVLUGO | 2:02.45 | M 25 | O LUGO |
| | | 50E: 1:00.75 | | | | | |
| 54 | 034276493 | VALDES FERNANDEZ ARIADNA | 2005 | MOLEMOS | 2:03.25 | M 50 | 104 OURENSE |
| 55 | 046090450 | LOSADA CRESPO MARIA | 2005 | CIDSANTI | 2:04.00 | M 25 | 88 A FIEITEIRA |
| | | 50E: 59.90 | | | | | |
| 56 | 034281215 | ARMESTO PALLARES NAHIR | 2005 | POR-MIÑA | 2:05.05 | M 25 | O LUGO |
| | | 50E: 1:01.57 | | | | | |
| 57 | 991126676 | MENDEZ LEAL BLANCA | 2005 | CMARINA | 2:05.48 | M 25 | O FERROL |
| | | 50E: 1:01.58 | | | | | |
| 58 | 035589149 | RODRIGUEZ ALONSO AITANA | 2005 | NPONTEA | 2:05.60 | M 25 | 85 PONTEVEDRA |
| | | 50E: 59.45 | | | | | |
| 59 | 034282019 | DIAZ FIDALGO SOFIA | 2005 | CFVLUGO | 2:06.01 | M 25 | O LUGO |
| | | 50E: 1:00.75 | | | | | |
| 60 | 077465461 | ROO FORNOS IRIA | 2005 | GALAICO | 2:08.48 | M 25 | O PONTEVEDRA |
| | | 50E: 59.21 | | | | | |

| | | | | | | | | |
|----|-----------|--------------------------------|------|----------|---------|------|----|-------------|
| 61 | 049665093 | LOPEZ GONZALEZ CATALINA AMALIA | 2005 | CIDSANTI | 2:08.52 | M 25 | 79 | A FIEITEIRA |
| | | 50E: 1:02.49 | | | | | | |
| 62 | 032721301 | BELLON DOCE LUCIA | 2005 | NTNARON | 2:08.79 | M 25 | 78 | FERROL |
| | | 50E: 59.20 | | | | | | |
| 63 | 032735743 | COBO REY SABRINA | 2005 | CNFERRO | 2:12.14 | M 25 | 0 | FERROL |
| | | 50E: 1:03.29 | | | | | | |
| 64 | 039493585 | PAZOS DELFIN CARLOTA | 2005 | RCNVIGO | 2:13.08 | M 25 | 71 | RCN |
| | | 50E: 1:05.23 | | | | | | |
| 65 | 015494894 | ALVAREZ CARRERA IRIA | 2005 | CODESAL | 2:15.63 | M 25 | 67 | RCN |
| | | 50E: 1:06.53 | | | | | | |
| 66 | 048116871 | LIGERO PORTELA SOFIA | 2005 | CNLICEO | 2:15.64 | M 25 | 67 | BERGANTIÑOS |
| | | 50E: 1:04.89 | | | | | | |
| 67 | 035589956 | GREGORES LOPEZ VANIA | 2005 | NPONTEA | 2:18.00 | M 25 | 64 | PONTEVEDRA |
| | | 50E: 1:07.33 | | | | | | |
| 68 | 077479657 | VARELA ANDE ANTIA | 2005 | CNPREDON | 2:18.48 | M 25 | 63 | RCN |
| | | 50E: 1:07.14 | | | | | | |
| 69 | 053820587 | ESTEVEZ BASTERO ANA | 2005 | RBAIXAS | 2:26.38 | M 25 | 53 | RCN |
| | | 50E: 1:07.89 | | | | | | |
| 70 | 991127309 | GONZALEZ FERREIROS ELENA | 2005 | NPONTEA | 2:28.20 | M 25 | 51 | PONTEVEDRA |
| | | 50E: 1:12.39 | | | | | | |
| 71 | 991126502 | ALONSO VIDAL VIOLETA | 2005 | RCNVIGO | 2:28.76 | M 25 | 0 | RCN |
| | | 50E: 1:10.92 | | | | | | |
| 72 | 053974178 | ITALIANI VILAR SABELA | 2005 | NPONTEA | 2:31.02 | M 25 | 0 | PONTEVEDRA |
| | | 50E: 1:13.18 | | | | | | |

3. 50 Costas Mas 9-10A

| | | | | | | | | |
|----|-----------|-----------------------------|------|----------|-------|------|-----|-------------|
| 1 | 039490102 | CIDRAS PEREZ FABIAN | 2005 | RCNVIGO | 43.00 | M 25 | 145 | RCN |
| 2 | 032728998 | DIAZ COUCE RUBEN | 2006 | CNFERRO | 43.21 | M 25 | 143 | FERROL |
| 3 | 991126157 | OTERO PINTOS IAGO | 2005 | CIDSANTI | 43.95 | M 25 | 136 | A FIEITEIRA |
| 4 | 991125830 | VAZQUEZ GOMEZ JOEL | 2006 | CNFERRO | 44.34 | M 25 | 132 | FERROL |
| 5 | 049707203 | JANEIRO TEIXEIRA BREOGAN | 2005 | POURENSE | 44.84 | M 50 | 154 | OURENSE |
| 6 | 035583275 | SOLER LOMBA IAGO | 2005 | CODESAL | 44.85 | M 25 | 128 | RCN |
| 7 | 034275828 | RODRIGUEZ CARBALLO JUAN | 2006 | MOLEMOS | 45.03 | M 50 | 152 | OURENSE |
| 8 | 991127487 | CEBEY FIDALGO ALAN | 2006 | CNLICEO | 45.07 | M 25 | 126 | BERGANTIÑOS |
| 9 | 032728931 | TORRENTE LOPEZ MARIO | 2006 | CNFERRO | 45.26 | M 25 | 124 | FERROL |
| 10 | 054154768 | ARIAS GONZALEZ HECTOR | 2005 | CNLICEO | 45.71 | M 25 | 121 | BERGANTIÑOS |
| 11 | 078809215 | ALAMANCOS BALBOA MANUEL | 2005 | ARZUA | 45.84 | M 25 | 119 | A FIEITEIRA |
| 12 | 034297945 | CONDE VARELA DAVID | 2005 | MOLEMOS | 45.90 | M 50 | 143 | OURENSE |
| 13 | 058000362 | GARCIA CASTRO MATEO | 2005 | ARTEIXO | 45.99 | M 25 | 118 | BERGANTIÑOS |
| 14 | 034287943 | POUSADA TROITIÑO JARNO | 2005 | POR-MIÑA | 46.12 | M 25 | 117 | LUGO |
| 15 | 041011889 | MARTIN NOVAS PABLO | 2005 | GALAICO | 46.25 | M 25 | 116 | PONTEVEDRA |
| 16 | 034278525 | NUÑEZ SUARES ANTON | 2005 | CFVLUGO | 46.60 | M 25 | 114 | LUGO |
| 17 | 045145119 | DIAZ LOPEZ GAEL | 2005 | POURENSE | 46.90 | M 50 | 134 | OURENSE |
| 18 | 039491031 | RODRIGUEZ CELEMIN JAVIER | 2005 | GALAICO | 46.98 | M 25 | 111 | PONTEVEDRA |
| 19 | 054232578 | MIGUEZ FEIJOO SAMUEL | 2005 | CIDSANTI | 47.41 | M 25 | 108 | A FIEITEIRA |
| 20 | 053975165 | ALVAREZ PEREZ PEDRO | 2006 | RCNVIGO | 47.47 | M 25 | 108 | RCN |
| 21 | 045141269 | QUIROGA RAMOS YAGO | 2005 | POURENSE | 47.78 | M 50 | 127 | OURENSE |
| 22 | 032729107 | SANMARTIN HERNANDEZ BRUNO | 2005 | CNFERRO | 48.21 | M 25 | 103 | FERROL |
| 23 | 077014192 | LAGO FERNANDEZ XOEL | 2005 | CNPREDON | 48.43 | M 25 | 101 | RCN |
| 24 | 077484247 | CONS GESTIDO NICOLAS MANUEL | 2005 | GALAICO | 48.51 | M 25 | 101 | PONTEVEDRA |
| 25 | 039497908 | AHMED LAGO ANDRES NURAH | 2005 | RCNVIGO | 48.57 | M 25 | 100 | RCN |
| 26 | 032724654 | SUAREZ CARRO ADRIAN | 2006 | CNFERRO | 48.67 | M 25 | 0 | FERROL |
| 27 | 053199654 | RODRIGUEZ GONZALEZ PABLO | 2005 | RCNVIGO | 48.83 | M 25 | 99 | RCN |
| 28 | 054153791 | BRAVO CUENCA LUCAS | 2006 | CNLICEO | 48.95 | M 25 | 98 | BERGANTIÑOS |
| 29 | 991126244 | MANEIRO PAZ MARIO | 2006 | CMARINA | 49.01 | M 25 | 98 | FERROL |
| 30 | 079342962 | RIOS VAZQUEZ HECTOR | 2005 | ARTEIXO | 49.06 | M 25 | 97 | BERGANTIÑOS |
| 31 | 034288781 | GOMEZ TOJO ANDER | 2005 | CFVLUGO | 49.16 | M 25 | 97 | LUGO |

| | | | | | | | | |
|----|-----------|--|------|------------|-------|------|-----|-------------|
| 32 | 991126026 | BALIÑAS LOPEZ AARON | 2005 | POURENSE | 49.16 | M 50 | 116 | OURENSE |
| 33 | 058000338 | VEITES MEIJIDE LUCAS | 2005 | CULLERED | 49.21 | M 25 | 96 | BERGANTIÑOS |
| 34 | 991127483 | BANDIN CANDAMIO JAVIER | 2006 | CNLICEO | 49.50 | M 25 | 95 | BERGANTIÑOS |
| 35 | 032729650 | SANJURJO MUÑIZ ERIC | 2005 | CNFERRO | 49.76 | M 25 | 0 | FERROL |
| 36 | 991125564 | NAVARRO LOSADA MIQUEL | 2006 | CNFERRO | 49.83 | M 25 | 0 | FERROL |
| 37 | 039489873 | OUBIÑA SANCHEZ MIGUEL | 2005 | RCNVIGO | 50.05 | M 25 | 0 | RCN |
| 38 | 039499388 | GOMEZ ESTEVEZ ADRIAN | 2005 | CNREDON | 50.14 | M 25 | 91 | RCN |
| 39 | 035674288 | CASTRO BARROS ROBINSON | 2005 | NPONTEA | 50.34 | M 25 | 90 | PONTEVEDRA |
| 40 | 049203036 | ARES BARRAL MATEO | 2006 | CNLICEO | 50.44 | M 25 | 0 | BERGANTIÑOS |
| 41 | 032916450 | SECO MARQUEZ EDUARDO MANUEL | 2005 | CNFERRO | 50.58 | M 25 | 0 | FERROL |
| 42 | 034297624 | PONTON RODRIGUEZ JAVIER | 2005 | MOLEMOS | 50.95 | M 50 | 105 | OURENSE |
| 43 | 049203253 | FONTAN ROCA ALEJANDRO | 2005 | ADFOGAR | 51.01 | M 25 | 87 | BERGANTIÑOS |
| 44 | 032728053 | RAMOS PEREZ NICOLAS ANTON | 2006 | CNFERRO | 51.19 | M 25 | 0 | FERROL |
| 45 | 045148622 | VAZQUEZ GARCIA NICOLAS | 2006 | POURENSE | 51.29 | M 50 | 0 | OURENSE |
| 46 | 058020591 | SOBRINO BUJIA MATEO | 2006 | CULLERED | 51.38 | M 25 | 85 | BERGANTIÑOS |
| 47 | 991126567 | VEIRAS IGLESIAS IVAN | 2005 | CDELMAR | 51.50 | M 25 | 84 | BERGANTIÑOS |
| 48 | 054158246 | MARTINEZ OTERO ERNESTO | 2005 | CDELMAR | 51.53 | M 25 | 84 | BERGANTIÑOS |
| 49 | 047438701 | FERNANDEZ NEIRA DANIEL | 2005 | CDELMAR | 51.58 | M 25 | 84 | BERGANTIÑOS |
| 50 | 991125351 | PEREZ PAZ DARIO | 2005 | NPONTEA | 51.81 | M 25 | 83 | PONTEVEDRA |
| 51 | 045144095 | DA COSTA SANMARTIN ALEXANDRE | 2005 | POURENSE | 51.94 | M 50 | 0 | OURENSE |
| 52 | 034284125 | MORENO TEJEIRO HUGO | 2005 | CFVLUGO | 51.96 | M 25 | 82 | LUGO |
| 53 | 035674057 | CORRAL MOURIÑO DANIEL | 2005 | NPONTEA | 52.13 | M 25 | 81 | PONTEVEDRA |
| 54 | 035589043 | ACEVEDO MENDEZ GABRIEL | 2006 | NPONTEA | 52.17 | M 25 | 81 | PONTEVEDRA |
| 55 | 032722092 | MANSO DE LA IGLESIA CARLOS | 2005 | CNFERRO | 52.24 | M 25 | 0 | FERROL |
| 56 | 045148179 | ESTEVEZ CRESPO HUGO | 2006 | POURENSE | 52.32 | M 50 | 0 | OURENSE |
| 57 | 991127306 | PEREZ MENDES HECTOR | 2005 | NPONTEA | 52.61 | M 25 | 0 | PONTEVEDRA |
| 58 | 034287236 | MENDEZ GARCIA XOAN | 2006 | POR-MIÑA | 52.76 | M 25 | 78 | LUGO |
| 59 | 058000731 | QUELLE FERNANDEZ DANIEL | 2006 | CNLICEO | 52.96 | M 25 | 0 | BERGANTIÑOS |
| 60 | 034287944 | POUSADA TROITIÑO TIAGO | 2006 | POR-MIÑA | 53.03 | M 25 | 77 | LUGO |
| 61 | 034287945 | POUSADA TROITIÑO MARCO | 2006 | POR-MIÑA | 53.06 | M 25 | 77 | LUGO |
| 62 | 045162150 | LECOMPTE SACO ANTON | 2006 | POURENSE | 53.16 | M 50 | 0 | OURENSE |
| 63 | 991126233 | PUNTES CALVO SERGIO | 2005 | CMARINA | 53.20 | M 25 | 76 | FERROL |
| 64 | 047438636 | BARBEITO GARCIA OSCAR | 2005 | NCORUÑA | 53.28 | M 25 | 76 | BERGANTIÑOS |
| 65 | 049333936 | ALVAREZ DE SOTOMAYOR RODRIGUEZ RODRIGUEZ | 2005 | NCORUÑA | 53.37 | M 25 | 76 | BERGANTIÑOS |
| 66 | 032741478 | VIVERO VERGARA LUCAS | 2006 | CEDEIRA | 53.41 | M 25 | 75 | FERROL |
| 67 | 049472238 | BOUZA FERNANDEZ DIEGO | 2006 | CNFERRO | 53.54 | M 25 | 0 | FERROL |
| 68 | 991125856 | RODRIGUEZ SEIJAS ALVARO | 2005 | CNFERRO | 53.54 | M 25 | 0 | FERROL |
| 69 | 991127826 | FERNANDEZ VIDAL IKER | 2005 | SDBOIRO | 53.65 | M 25 | 74 | A FIEITEIRA |
| 70 | 077482950 | TOURIÑO FERNANDEZ TEO | 2006 | GALAICO | 53.88 | M 25 | 73 | PONTEVEDRA |
| 71 | 033326580 | FRAGA SAL ALEXANDRE | 2006 | POR-MIÑA | 53.90 | M 25 | 0 | LUGO |
| 72 | 034292417 | TEJEIRO PRADO XOEL | 2006 | POR-MIÑA | 54.29 | M 25 | 0 | LUGO |
| 73 | 079346929 | GONZALEZ FRAGUELA IVAN | 2005 | CEDEIRA | 54.40 | M 25 | 71 | FERROL |
| 74 | 034291980 | SUBIRAN GOMEZ TOMAS | 2005 | CFVLUGO | 54.48 | M 25 | 71 | LUGO |
| 75 | 991127481 | BLANCO VARELA HECTOR | 2006 | CNLICEO | 54.66 | M 25 | 0 | BERGANTIÑOS |
| 76 | 044663075 | RODRIGUEZ LOPEZ SAUL | 2005 | MIRAFLORES | 54.75 | M 50 | 84 | OURENSE |
| 77 | 991126650 | DOMINGUEZ HERMIDA SANTIAGO | 2005 | CMARINA | 54.87 | M 25 | 69 | FERROL |
| 78 | 058000862 | POSE FERNANDEZ PABLO | 2005 | ARTEIXO | 54.98 | M 25 | 69 | BERGANTIÑOS |
| 79 | 053199262 | RODRIGUEZ LESENDE MARTIN | 2005 | RCNVIGO | 55.07 | M 25 | 0 | RCN |
| 80 | 991127578 | SAA CORRAL JAVIER | 2006 | NTNARON | 55.20 | M 25 | 68 | FERROL |
| 81 | 034292030 | FERNANDEZ ALDARIZ PEDRO | 2005 | POR-MIÑA | 55.50 | M 25 | 0 | LUGO |
| 82 | 034290371 | PUNTE VAZQUEZ IAGO | 2005 | POR-MIÑA | 55.53 | M 25 | 0 | LUGO |
| 83 | 053861285 | TENORIO MARTINEZ MARCOS | 2005 | RBAIXAS | 55.86 | M 25 | 66 | RCN |
| 84 | 991125852 | VIDAL CIBEIRO ANGEL | 2005 | CNFERRO | 56.06 | M 25 | 0 | FERROL |
| 85 | 032739674 | FUENTES LOPEZ MIGUEL | 2005 | NTNARON | 56.17 | M 25 | 65 | FERROL |
| 86 | 058020755 | LAMAS CRUZ SERGIO | 2006 | CULLERED | 56.25 | M 25 | 64 | BERGANTIÑOS |
| 87 | 034285416 | VIÑO LOPEZ SAMUEL | 2006 | CFVLUGO | 56.25 | M 25 | 0 | LUGO |
| 88 | 034279595 | FOLGUEIRA DIAZ MIGUEL | 2005 | CFVLUGO | 56.30 | M 25 | 0 | LUGO |
| 89 | 079345321 | SOTO MANTEIGA SERGIO | 2005 | ADFOGAR | 56.56 | M 25 | 63 | BERGANTIÑOS |

| | | | | | | | | |
|-----|-----------|------------------------------|------|------------|---------|------|----|-------------|
| 90 | 034276008 | ARIAS FRANCO ODEI | 2006 | MOLEMOS | 56.58 | M 50 | 76 | OURENSE |
| 91 | 991126318 | MEDIN GARCIA ALEJANDRO | 2005 | CMARINA | 56.62 | M 25 | 63 | FERROL |
| 92 | 054381058 | LOPEZ RODRIGUEZ MANUEL | 2005 | RCNVIGO | 56.89 | M 25 | 0 | RCN |
| 93 | 991127336 | SANTOS FUENTES OSCAR | 2006 | NCORUÑA | 57.35 | M 25 | 61 | BERGANTIÑOS |
| 94 | 053862743 | ABOLLADO GONZALEZ MIGUEL | 2005 | GALAICO | 57.39 | M 25 | 0 | PONTEVEDRA |
| 95 | 032727530 | LIÑARES CASTRO PABLO | 2006 | CNFERRO | 57.44 | M 25 | 0 | FERROL |
| 96 | 039514769 | BASTIDA RIVEIRO JACOBO | 2005 | RCNVIGO | 57.51 | M 25 | 0 | RCN |
| 97 | 034285913 | DEVEZA LOPEZ JONATHAN | 2006 | POR-MIÑA | 57.71 | M 25 | 0 | LUGO |
| 98 | 078811464 | SANCHEZ PINTOS IKER | 2006 | CIDSANTI | 57.92 | M 25 | 59 | A FIEITEIRA |
| 99 | 035590715 | VIZCAINO MARTIN ANTON | 2005 | CNXOVE | 57.98 | M 25 | 59 | LUGO |
| 100 | 991126241 | FERNANDEZ VARELA MARCELO | 2006 | CMARINA | 58.07 | M 25 | 0 | FERROL |
| 101 | 054152787 | GIL-RIVERA BARBEITO PABLO | 2006 | CDELMAR | 58.27 | M 25 | 58 | BERGANTIÑOS |
| 102 | 034288288 | VAZQUEZ GUERRA SAMUEL | 2006 | POR-MIÑA | 58.60 | M 25 | 0 | LUGO |
| 103 | 034292337 | LOURES PUMARIÑO BRAIS | 2006 | POR-MIÑA | 58.82 | M 25 | 0 | LUGO |
| 104 | 045149056 | ALVAREZ HERNAN MARTIN | 2006 | POURENSE | 59.01 | M 50 | 0 | OURENSE |
| 105 | 032738510 | ROMERO FERNANDEZ ALEJANDRO | 2005 | NTNARON | 59.20 | M 25 | 55 | FERROL |
| 106 | 991125858 | ESPIÑEIRA NAVEIRA DANIEL | 2006 | CNFERRO | 59.31 | M 25 | 0 | FERROL |
| 107 | 032724185 | RODRIGUEZ COUCEIRO DAVID | 2006 | NTNARON | 59.50 | M 25 | 54 | FERROL |
| 108 | 991127332 | GOMEZ LIMIA PABLO | 2006 | NCORUÑA | 59.69 | M 25 | 54 | BERGANTIÑOS |
| 109 | 991126876 | RODRIGUEZ DEL RIO MIGUEL | 2006 | POURENSE | 59.75 | M 50 | 0 | OURENSE |
| 110 | 034302864 | SAINZ DE LA MAZA RIVAS PABLO | 2005 | POR-MIÑA | 59.77 | M 25 | 0 | LUGO |
| 111 | 034288093 | REGUERA VAZQUEZ JAVIER | 2006 | CFVLUGO | 59.87 | M 25 | 0 | LUGO |
| 112 | 077547676 | CASAL REYES HUGO | 2006 | GALAICO | 59.87 | M 25 | 0 | PONTEVEDRA |
| 113 | 035610514 | NOYA VAZQUEZ IAGO | 2005 | RBAIXAS | 1:00.03 | M 25 | 53 | RCN |
| 114 | 035589985 | ANTELA MARTINEZ NICOLAS | 2005 | NPONTEA | 1:00.38 | M 25 | 0 | PONTEVEDRA |
| 115 | 991127327 | JUANATEY OROL OSCAR | 2006 | NCORUÑA | 1:00.41 | M 25 | 0 | BERGANTIÑOS |
| 116 | 039510227 | CASTIÑEIRAS ROIG UNAI | 2006 | RCNVIGO | 1:00.46 | M 25 | 0 | RCN |
| 117 | 991127741 | CARREIRA MEJUTO SERGIO | 2006 | POR-MIÑA | 1:00.51 | M 25 | 0 | LUGO |
| 118 | 991126884 | AGROMAYOR DEL RIO MIGUEL | 2006 | POURENSE | 1:00.75 | M 50 | 0 | OURENSE |
| 119 | 991127574 | POSE CIBREIRO HUGO | 2006 | NTNARON | 1:01.02 | M 25 | 0 | FERROL |
| 120 | 045148386 | ALONSO GONZALEZ LUCAS | 2006 | MIRAFLORES | 1:01.44 | M 50 | 59 | OURENSE |
| 121 | 991125719 | BARAHONA CERVIÑO PABLO | 2005 | NPONTEA | 1:01.54 | M 25 | 0 | PONTEVEDRA |
| 122 | 032727045 | PICOS MUIÑO ANTON | 2005 | NTNARON | 1:01.96 | M 25 | 0 | FERROL |
| 123 | 077550182 | FERREIRA PORRIT ANXO | 2005 | CNREDON | 1:02.08 | M 25 | 48 | RCN |
| 124 | 991127331 | FERNANDEZ BUSTAMANTE HUGO | 2006 | NCORUÑA | 1:02.34 | M 25 | 0 | BERGANTIÑOS |
| 125 | 991126511 | RODRIGUEZ BASTERO LUCA | 2006 | RCNVIGO | 1:02.88 | M 25 | 0 | RCN |
| 126 | 054382723 | DE LUIS ROIBAS UNAI | 2005 | RCNVIGO | 1:03.59 | M 25 | 0 | RCN |
| 127 | 077546696 | RECOUSO DE DIEGO DAVID | 2006 | GALAICO | 1:04.04 | M 25 | 0 | PONTEVEDRA |
| 128 | 991125563 | SANTALLA CASTELO PABLO | 2005 | CNFERRO | 1:04.08 | M 25 | 0 | FERROL |
| 129 | 054153176 | FERREIRO MONTERO JUAN | 2005 | NCORUÑA | 1:04.21 | M 25 | 0 | BERGANTIÑOS |
| 130 | 034283753 | MORENO PEREZ JAVIER | 2006 | POR-MIÑA | 1:04.30 | M 25 | 0 | LUGO |
| 131 | 034286346 | RODRIGUEZ NAVARRETE XAN | 2006 | CFVLUGO | 1:04.30 | M 25 | 0 | LUGO |
| 132 | 035622118 | MIGUEZ CASTELO JOEL | 2005 | CNXOVE | 1:04.70 | M 25 | 42 | LUGO |
| 133 | 049674466 | PARDO MOSQUERA SAMUEL | 2005 | CIDSANTI | 1:04.82 | M 25 | 42 | A FIEITEIRA |
| 134 | 034283895 | MOURIZ SIERRA GABRIEL | 2006 | POR-MIÑA | 1:05.01 | M 25 | 0 | LUGO |
| 135 | 045142965 | RODRIGUEZ FOLGOSO IZAN | 2005 | MIRAFLORES | 1:05.06 | M 50 | 50 | OURENSE |
| 136 | 045149201 | ANTAS REDONDO ASER | 2006 | POURENSE | 1:05.13 | M 50 | 0 | OURENSE |
| 137 | 035641553 | BARCALA RIVEIRO BRAIS | 2005 | SDBOIRO | 1:05.58 | M 25 | 40 | A FIEITEIRA |
| 138 | 054156978 | BARCA TAIBO DIEGO | 2006 | ARTEIXO | 1:06.93 | M 25 | 38 | BERGANTIÑOS |
| 139 | 049401315 | PEREZ LORENZO MANUEL | 2005 | SDBOIRO | 1:07.40 | M 25 | 37 | A FIEITEIRA |
| 140 | 991125714 | GARCIA ABAD DIEGO | 2006 | NPONTEA | 1:07.41 | M 25 | 0 | PONTEVEDRA |
| 141 | 044664491 | CAMBRE FERNANDEZ JOSE JUAN | 2005 | POURENSE | 1:07.66 | M 50 | 0 | OURENSE |
| 142 | 054382527 | GARRIDO ALONSO CAMILO | 2006 | RBAIXAS | 1:09.78 | M 25 | 34 | RCN |
| 143 | 991126663 | VEIGA IGLESIAS ANXO | 2006 | CMARINA | 1:11.61 | M 25 | 0 | FERROL |
| 144 | 034304964 | BALLON LOPEZ SERGIO | 2006 | CFVLUGO | 1:15.34 | M 25 | 0 | LUGO |
| 145 | 039466883 | ALVAREZ GONZALEZ MARTIN | 2005 | RCNVIGO | 1:15.38 | M 25 | 0 | RCN |
| 146 | 053821703 | ALFONSO BOUZADA DIEGO | 2006 | RBAIXAS | 1:17.63 | M 25 | 24 | RCN |
| 147 | 035608022 | TENIENTE PENA MIGUEL | 2006 | CODESAL | 1:19.09 | M 25 | 23 | RCN |

| | | | | | | | |
|-----|-----------|--------------------------|------|----------|---------|------|----------------|
| 148 | 045348892 | BALLESTEROS PEREZ JAVIER | 2006 | POURENSE | 1:23.25 | M 50 | 0 OURENSE |
| 149 | 046291298 | VAZQUEZ ROMAY YAGO | 2006 | CIDSANTI | 1:24.46 | M 25 | 0 A FIEITEIRA |
| 150 | 991127395 | BALDO COMELLAS MANUEL | 2006 | ADFOGAR | 1:29.70 | M 25 | 16 BERGANTIÑOS |

4. 50 Costas Fem 9 A

| | | | | | | | |
|----|-----------|---------------------------------|------|------------|---------|------|-----------------|
| 1 | 034284951 | MENDEZ MARTINEZ EMMA | 2006 | CFVLUGO | 48.53 | M 25 | 148 LUGO |
| 2 | 058001569 | GOMEZ IGLESIAS CARLA | 2006 | CDELMAR | 49.68 | M 25 | 138 BERGANTIÑOS |
| 3 | 046294456 | RUA COSTOYA ANDREA | 2006 | ARZUA | 49.86 | M 25 | 136 A FIEITEIRA |
| 4 | 991125241 | NIETO RUIZ PAULA | 2006 | CMARINA | 50.30 | M 25 | 133 FERROL |
| 5 | 049205203 | MARTINEZ VALES CLAUDIA | 2006 | CNLICEO | 51.02 | M 25 | 127 BERGANTIÑOS |
| 6 | 032725866 | MANEIROS RODRIGUEZ JULIA | 2006 | CMARINA | 51.63 | M 25 | 123 FERROL |
| 7 | 032727139 | LOPEZ RODRIGUEZ CARLA | 2006 | CNFERRO | 51.63 | M 25 | 123 FERROL |
| 8 | 049205393 | GONZALEZ OUTEIRO LARA | 2006 | ADFOGAR | 52.28 | M 25 | 118 BERGANTIÑOS |
| 9 | 077544999 | NOVO DIOS MARTA | 2006 | GALAICO | 52.49 | M 25 | 117 PONTEVEDRA |
| 10 | 054152760 | PEDREIRA GALEGO XIANA | 2006 | CDELMAR | 52.54 | M 25 | 117 BERGANTIÑOS |
| 11 | 032728378 | VEIGA MONTERO CELIA | 2006 | CNFERRO | 52.62 | M 25 | 116 FERROL |
| 12 | 991127486 | BELTRAN MAQUEZ PAULA | 2006 | CNLICEO | 54.09 | M 25 | 107 BERGANTIÑOS |
| 13 | 039469118 | ARROJO DEAÑO NAIARA | 2006 | RBAIXAS | 54.37 | M 25 | 105 RCN |
| 14 | 991127328 | PICALLO MARANTE CLAUDIA | 2006 | NCORUÑA | 54.58 | M 25 | 104 BERGANTIÑOS |
| 15 | 991127326 | LAGO BELLO FLAVIA | 2006 | NCORUÑA | 54.98 | M 25 | 102 BERGANTIÑOS |
| 16 | 053817857 | MARTINEZ NOVOA SILVIA | 2006 | RBAIXAS | 55.04 | M 25 | 101 RCN |
| 17 | 035592824 | BARRO ALVAREZ EMILIA | 2006 | CNXOVE | 55.07 | M 25 | 101 LUGO |
| 18 | 053799322 | SANLES DIESTE LORENA | 2006 | SDBOIRO | 55.20 | M 25 | 100 A FIEITEIRA |
| 19 | 017463172 | CARBALLO GONZALEZ SOFIA | 2006 | NPONTEA | 55.58 | M 25 | 98 PONTEVEDRA |
| 20 | 991126601 | VILLANUEVA FREIRE ANDREA | 2006 | GALAICO | 55.58 | M 25 | 98 PONTEVEDRA |
| 21 | 034277738 | PRATS MOREIRAS XIMENA | 2006 | MOLEMOS | 55.88 | M 50 | 113 OURENSE |
| 22 | 054151275 | AMOR CASTRO SUSANA | 2006 | CDELMAR | 55.99 | M 25 | 96 BERGANTIÑOS |
| 23 | 021117415 | GONZALEZ COVELO UXIA | 2006 | NPONTEA | 56.06 | M 25 | 96 PONTEVEDRA |
| 24 | 034298889 | GARCIA VAZQUEZ MARTA | 2006 | MOLEMOS | 56.20 | M 50 | 111 OURENSE |
| 25 | 049470284 | OTERO DE LA IGLESIA AMANDA | 2006 | CNLICEO | 56.52 | M 25 | 94 BERGANTIÑOS |
| 26 | 034291556 | CARREIRA TORNEIRO LUCIA | 2006 | POR-MIÑA | 56.55 | M 25 | 93 LUGO |
| 27 | 034287492 | MUÑOZ LOPEZ CLARA | 2006 | POR-MIÑA | 56.65 | M 25 | 93 LUGO |
| 28 | 034292798 | LONGARELA YAÑEZ XIANA | 2006 | POR-MIÑA | 56.65 | M 25 | 93 LUGO |
| 29 | 049676860 | BOTANA PEDREIRA LOLA | 2006 | CDELMAR | 56.68 | M 25 | 93 BERGANTIÑOS |
| 30 | 035588431 | LEMONS FERNANDEZ IRIA | 2006 | NPONTEA | 56.83 | M 25 | 92 PONTEVEDRA |
| 31 | 053614533 | RESILLE SANTOME EVA | 2006 | NPONTEA | 57.04 | M 25 | 91 PONTEVEDRA |
| 32 | 034276897 | LOPEZ AIRA EVA | 2006 | MOLEMOS | 57.17 | M 50 | 106 OURENSE |
| 33 | 042248764 | FERNANDEZ HERVES PAULA | 2006 | SDBOIRO | 57.24 | M 25 | 90 A FIEITEIRA |
| 34 | 034291555 | CARREIRA TORNEIRO PAULA | 2006 | POR-MIÑA | 57.40 | M 25 | 89 LUGO |
| 35 | 017464248 | PORTELA RODRIGUEZ CIES | 2006 | CODESAL | 57.71 | M 25 | 88 RCN |
| 36 | 034307408 | DE ANDRES MAJO ALEJANDRA | 2006 | POR-MIÑA | 57.72 | M 25 | 0 LUGO |
| 37 | 034276455 | ARIAS PACHECO ELENA | 2006 | MOLEMOS | 57.87 | M 50 | 102 OURENSE |
| 38 | 034284217 | DIEGUEZ GOMEZ LUCIA | 2006 | CFVLUGO | 59.13 | M 25 | 82 LUGO |
| 39 | 032737790 | MERINO GARROTE ANGELA MARIA | 2006 | CNFERRO | 59.25 | M 25 | 81 FERROL |
| 40 | 046090857 | ALONSO DOPAZO ELENA | 2006 | CNLICEO | 59.41 | M 25 | 80 BERGANTIÑOS |
| 41 | 045140714 | PEREZ RIVO ALEXIA | 2006 | MIRAFLORES | 59.49 | M 50 | 94 OURENSE |
| 42 | 991127129 | RAMIREZ MATEO LUCIA | 2006 | CMARINA | 59.64 | M 25 | 80 FERROL |
| 43 | 053820778 | BORGE JUSTE INES | 2006 | NPONTEA | 59.70 | M 25 | 0 PONTEVEDRA |
| 44 | 034280730 | SILVOSA CANTALAPIEDRA ALESANDRA | 2006 | CFVLUGO | 1:00.67 | M 25 | 76 LUGO |
| 45 | 034286072 | PARDO PIÑEIRO MARIA | 2006 | CFVLUGO | 1:01.09 | M 25 | 74 LUGO |
| 46 | 991127046 | MASIDE GIL MARA | 2006 | CNXOVE | 1:01.24 | M 25 | 73 LUGO |
| 47 | 991125857 | URBANO VILAR SARA | 2006 | CNFERRO | 1:02.07 | M 25 | 70 FERROL |
| 48 | 991125211 | MARTINEZ VAZQUEZ NURIA | 2006 | NTNARON | 1:02.95 | M 25 | 68 FERROL |
| 49 | 077015138 | LAGO FERNANDEZ PAULA | 2006 | CNREDON | 1:03.07 | M 25 | 67 RCN |
| 50 | 048117993 | ESTEVEZ MARTINEZ CELIA | 2006 | CDELMAR | 1:03.09 | M 25 | 0 BERGANTIÑOS |
| 51 | 032740033 | RODRIGUEZ SEDES PAULA | 2006 | CNFERRO | 1:03.40 | M 25 | 0 FERROL |
| 52 | 054229845 | RAMALLO ALONSO UXIA | 2006 | RBAIXAS | 1:03.73 | M 25 | 65 RCN |

| | | | | | | | | |
|----|-----------|--------------------------------|------|------------|---------|------|----|-------------|
| 53 | 035624012 | IGLESIAS ALONSO IVANA | 2006 | CNXOVE | 1:04.28 | M 25 | 63 | LUGO |
| 54 | 991125249 | GONZALEZ GONZALEZ AMALIA | 2006 | CMARINA | 1:04.30 | M 25 | 63 | FERROL |
| 55 | 032741177 | PITA DA VEIGA RAMONDE PAULA | 2006 | NTNARON | 1:04.46 | M 25 | 63 | FERROL |
| 56 | 991127011 | SALGADO VILA ANA | 2006 | CFVLUGO | 1:05.15 | M 25 | 0 | LUGO |
| 57 | 034283687 | GIL RIVERAS CANDELA | 2006 | POR-MIÑA | 1:05.75 | M 25 | 0 | LUGO |
| 58 | 039492444 | PEREIRA LORENZO MARIA | 2006 | RCNVIGO | 1:05.82 | M 25 | 59 | RCN |
| 59 | 045160030 | PEREA PENEDO MARTA | 2006 | POURENSE | 1:05.88 | M 50 | 69 | OURENSE |
| 60 | 032735282 | TENREIRO RICO ELENA | 2006 | NTNARON | 1:06.08 | M 25 | 58 | FERROL |
| 61 | 046090807 | LAMAS AGRA DANIELA | 2006 | CIDSANTI | 1:06.15 | M 25 | 58 | A FIEITEIRA |
| 62 | 045161975 | MOJON RODRIGUEZ ADA | 2006 | MIRAFLORES | 1:06.88 | M 50 | 66 | OURENSE |
| 63 | 991127575 | POSE CIBREIRO MARIA | 2006 | NTNARON | 1:06.96 | M 25 | 56 | FERROL |
| 64 | 035608669 | GONZALEZ MARTINEZ CLAUDIA | 2006 | CODESAL | 1:07.69 | M 25 | 54 | RCN |
| 65 | 034291456 | LOPEZ IGLESIAS AITANA | 2006 | POR-MIÑA | 1:08.06 | M 25 | 0 | LUGO |
| 66 | 034291849 | TORRON NUÑEZ OLALLA | 2006 | CFVLUGO | 1:08.21 | M 25 | 0 | LUGO |
| 67 | 991125257 | GARCIA TENREIRO ANTIA | 2006 | CMARINA | 1:08.23 | M 25 | 0 | FERROL |
| 68 | 991127829 | MARTINEZ OTERO ALBA MARIA | 2006 | CDELMAR | 1:08.49 | M 25 | 0 | BERGANTIÑOS |
| 69 | 045149170 | SOBRINO GOMEZ EMMA | 2006 | MIRAFLORES | 1:09.45 | M 50 | 59 | OURENSE |
| 70 | 034297810 | MARTINEZ PULIDO NURIA | 2006 | MOLEMOS | 1:09.96 | M 50 | 0 | OURENSE |
| 71 | 054231250 | CASTRO RODRIGUEZ CARMEN | 2006 | CFVLUGO | 1:10.40 | M 25 | 0 | LUGO |
| 72 | 042254094 | FUENTES REZA ANDREA | 2006 | GALAICO | 1:11.00 | M 25 | 47 | PONTEVEDRA |
| 73 | 058004574 | SANTOS SANCHEZ CARLA | 2006 | CDELMAR | 1:12.08 | M 25 | 0 | BERGANTIÑOS |
| 74 | 035592957 | LEAL PAZ ISABEL | 2006 | CNXOVE | 1:13.04 | M 25 | 43 | LUGO |
| 75 | 032725793 | POSE FURELOS CARLA | 2006 | NTNARON | 1:13.97 | M 25 | 0 | FERROL |
| 76 | 991127084 | GONZALEZ DRAGO AMANDA | 2006 | GALAICO | 1:14.64 | M 25 | 40 | PONTEVEDRA |
| 77 | 991127819 | BOGHIU SHAKIR YASMIN-TEODORA | 2006 | MOLEMOS | 1:14.84 | M 50 | 0 | OURENSE |
| 78 | 021116232 | BAZ OLIVEIRA ABRIL | 2006 | CODESAL | 1:14.90 | M 25 | 40 | RCN |
| 79 | 039497697 | ZULUETA IZQUIERDO XELA | 2006 | RBAIXAS | 1:18.37 | M 25 | 35 | RCN |
| 80 | 039514220 | FERNANDEZ GONZALEZ XIANA PAULA | 2006 | RBAIXAS | 1:21.47 | M 25 | 0 | RCN |

5. 50 Braza Mas 11 A

| | | | | | | | | |
|----|-----------|---------------------------|------|------------|-------|------|-----|-------------|
| 1 | 032724847 | PESENTI FRADE EMILIO | 2004 | CMARINA | 44.72 | M 25 | 180 | FERROL |
| 2 | 053863891 | GONZALEZ DOMINGUEZ DANIEL | 2004 | GALAICO | 45.26 | M 25 | 173 | PONTEVEDRA |
| 3 | 032722141 | RODRIGUEZ RILO ALEJANDRO | 2004 | CNFERRO | 45.89 | M 25 | 166 | FERROL |
| 4 | 039513963 | CABANA DEL AMO PABLO | 2004 | NPONTEA | 46.38 | M 25 | 161 | PONTEVEDRA |
| 5 | 058000710 | SUAREZ MATO YOEL | 2004 | CDELMAR | 46.81 | M 25 | 156 | BERGANTIÑOS |
| 6 | 032737349 | MARIELLA VILLARINO MATIAS | 2004 | CMARINA | 47.91 | M 25 | 146 | FERROL |
| 7 | 991124358 | LOSADA JIMENEZ SERGIO | 2004 | CNFERRO | 47.91 | M 25 | 146 | FERROL |
| 8 | 054153351 | LUACES CALVIN ALEJANDRO | 2004 | CNLICEO | 48.19 | M 25 | 143 | BERGANTIÑOS |
| 9 | 991125115 | BUSTABAD VAZQUEZ FERNANDO | 2004 | CMARINA | 48.19 | M 25 | 143 | FERROL |
| 10 | 046096663 | RIVAS SANCHEZ ENRIQUE | 2004 | CIDSANTI | 48.19 | M 25 | 143 | A FIEITEIRA |
| 11 | 032736823 | MORADO RUIZ RUBEN | 2004 | CNFERRO | 48.91 | M 25 | 137 | FERROL |
| 12 | 032726650 | SEJO BERMUDEZ DANIEL | 2004 | CNFERRO | 48.97 | M 25 | 137 | FERROL |
| 13 | 049665340 | LUGO BLANCO CARLOS | 2004 | CIDSANTI | 49.04 | M 25 | 136 | A FIEITEIRA |
| 14 | 034278219 | SANCHEZ VAZQUEZ ANTONIO | 2004 | POR-MIÑA | 49.29 | M 25 | 134 | LUGO |
| 15 | 049470731 | NUÑEZ MATO FRANCISCO | 2004 | CDELMAR | 49.34 | M 25 | 134 | BERGANTIÑOS |
| 16 | 077546080 | GOMEZ CAMPOLLO PABLO | 2004 | GALAICO | 50.52 | M 25 | 124 | PONTEVEDRA |
| 17 | 991126468 | FERNANDEZ CAMPOS RODRIGO | 2004 | NCORUÑA | 50.92 | M 25 | 121 | BERGANTIÑOS |
| 18 | 035582575 | VAZQUEZ VICENTE MARIO | 2004 | CODESAL | 51.10 | M 25 | 120 | RCN |
| 19 | 044665142 | FERNANDEZ VAZQUEZ BRAIS | 2004 | MIRAFLORES | 51.13 | M 50 | 141 | OURENSE |
| 20 | 991125130 | SANCHEZ BARREIRO RAUL | 2004 | CMARINA | 51.49 | M 25 | 117 | FERROL |
| 21 | 015493913 | ALONSO FERNANDEZ MAURO | 2004 | CODESAL | 51.56 | M 25 | 117 | RCN |
| 22 | 049471753 | SONEIRA LOPEZ IGNACIO | 2004 | NCORUÑA | 51.72 | M 25 | 116 | BERGANTIÑOS |
| 23 | 991126469 | PICALLO MARANTE BRUNO | 2004 | NCORUÑA | 51.80 | M 25 | 115 | BERGANTIÑOS |
| 24 | 032722140 | ARMESTO OLIVEIRA GONZALO | 2004 | CNFERRO | 51.99 | M 25 | 0 | FERROL |
| 25 | 991127357 | SANTANA TRIGO GABRIEL | 2004 | CULLERED | 52.14 | M 25 | 113 | BERGANTIÑOS |
| 26 | 035591571 | ROUCO BASANTA LUIS | 2004 | CNXOVE | 52.57 | M 25 | 110 | LUGO |
| 27 | 079341631 | PARDO BELLO DANIEL | 2004 | ADFOGAR | 52.87 | M 25 | 108 | BERGANTIÑOS |

| | | | | | | | | |
|----|-----------|------------------------------|------|------------|---------|------|-----|-------------|
| 28 | 039514612 | VAZQUEZ PADIN ANTON | 2004 | RCNVIGO | 53.24 | M 25 | 106 | RCN |
| 29 | 007144782 | CARJAN DENISOV NICOLAS | 2004 | GALAICO | 53.31 | M 25 | 106 | PONTEVEDRA |
| 30 | 054131680 | VAZQUEZ SANCHEZ JAVIER | 2004 | CULLERED | 53.38 | M 25 | 105 | BERGANTIÑOS |
| 31 | 034286135 | GONZALEZ COCIÑA JORGE | 2004 | CFVLUGO | 53.49 | M 25 | 105 | LUGO |
| 32 | 034304035 | LOPEZ CASANOVA IVAN | 2004 | POR-MIÑA | 53.56 | M 25 | 104 | LUGO |
| 33 | 034303656 | RABANAL FREIRE MARIO | 2004 | POR-MIÑA | 54.09 | M 25 | 101 | LUGO |
| 34 | 054152633 | VICENTE GARCIA DIEGO | 2004 | CDELMAR | 54.20 | M 25 | 101 | BERGANTIÑOS |
| 35 | 048116970 | GARABOA MACEIRAS PABLO | 2004 | CULLERED | 54.30 | M 25 | 100 | BERGANTIÑOS |
| 36 | 077479282 | PEREIRA CASTRO PEDRO | 2004 | GALAICO | 54.39 | M 25 | 100 | PONTEVEDRA |
| 37 | 099112737 | FIGUEROA FERNANDEZ GABRIEL | 2004 | RBAIXAS | 54.46 | M 25 | 99 | RCN |
| 38 | 034303025 | MENDEZ LINARES ALVARO | 2004 | POR-MIÑA | 54.59 | M 25 | 98 | LUGO |
| 39 | 054157646 | ABELENDA PEREZ MIGUEL ANGEL | 2004 | ADFOGAR | 54.64 | M 25 | 98 | BERGANTIÑOS |
| 40 | 049200744 | ALLENDE MUÑOZ PABLO | 2004 | NCORUÑA | 54.70 | M 25 | 98 | BERGANTIÑOS |
| 41 | 032721095 | ROMERO CARBALLEIRA SAMUEL | 2004 | CNFERRO | 54.72 | M 25 | 0 | FERROL |
| 42 | 032724491 | MOURENTE LOPEZ MARIO | 2004 | CNFERRO | 55.25 | M 25 | 0 | FERROL |
| 43 | 035587948 | DOMINGUEZ FERNANDEZ NICOLAS | 2004 | RCNVIGO | 55.28 | M 25 | 95 | RCN |
| 44 | 053854555 | SANCHEZ MARTINEZ LEO LOMBOSO | 2004 | ARTEIXO | 55.38 | M 25 | 94 | BERGANTIÑOS |
| 45 | 044663627 | QUINTAS RODRIGUEZ IGOR | 2004 | POURENSE | 55.55 | M 50 | 110 | OURENSE |
| 46 | 045165979 | REBOREDO FERNANDEZ TEO | 2004 | MIRAFLORES | 55.56 | M 50 | 110 | OURENSE |
| 47 | 054229453 | IGLESIAS ALLICA MARCOS | 2004 | RBAIXAS | 55.65 | M 25 | 93 | RCN |
| 48 | 991126174 | REY PITA SIMON | 2004 | NCORUÑA | 55.69 | M 25 | 0 | BERGANTIÑOS |
| 49 | 045145417 | ARAUJO SANCHEZ ANDRES | 2004 | POURENSE | 55.77 | M 50 | 109 | OURENSE |
| 50 | 077484130 | MELLID LOSADA MANOEL | 2004 | GALAICO | 56.11 | M 25 | 0 | PONTEVEDRA |
| 51 | 035674363 | GONZALEZ MARTINEZ NICOLAS | 2004 | RBAIXAS | 56.18 | M 25 | 90 | RCN |
| 52 | 035601704 | VICENTE FERREIRA DANIEL | 2004 | CNVILAG | 56.19 | M 25 | 90 | PONTEVEDRA |
| 53 | 045952501 | ZAMAR PAN JOEL | 2004 | CIDSANTI | 56.45 | M 25 | 89 | A FIEITEIRA |
| 54 | 054159321 | CRESPO GARCIA GONZALO | 2004 | NCORUÑA | 56.57 | M 25 | 0 | BERGANTIÑOS |
| 55 | 991124632 | GODAY VILAS ENRIQUE | 2004 | SDBOIRO | 57.02 | M 25 | 86 | A FIEITEIRA |
| 56 | 047438671 | GERPE RODRIGUEZ IAGO | 2004 | CNLICEO | 57.45 | M 25 | 84 | BERGANTIÑOS |
| 57 | 078593028 | CASARES GARCIA BRAIS | 2004 | NPONTEA | 57.66 | M 25 | 83 | PONTEVEDRA |
| 58 | 045147147 | RUAS BARAZAL OSCAR | 2004 | POURENSE | 57.93 | M 50 | 97 | OURENSE |
| 59 | 034289095 | CASTRO ARIAS XABIER | 2004 | POR-MIÑA | 58.00 | M 25 | 0 | LUGO |
| 60 | 054224785 | NUÑEZ LOPEZ ADRIAN | 2004 | SDBOIRO | 58.16 | M 25 | 81 | A FIEITEIRA |
| 61 | 054152522 | VEGA SANJUAS JACOBO | 2004 | CDELMAR | 58.39 | M 25 | 80 | BERGANTIÑOS |
| 62 | 053819396 | CARBALLO FERNANDEZ NOEL | 2004 | RCNVIGO | 58.58 | M 25 | 80 | RCN |
| 63 | 020628817 | MARTINEZ CAMPAÑA MARIO | 2004 | SDBOIRO | 58.68 | M 25 | 79 | A FIEITEIRA |
| 64 | 991125846 | MAYORAL ACEDO DANIEL | 2004 | CNFERRO | 58.89 | M 25 | 0 | FERROL |
| 65 | 044662763 | NARANJO ESTEVEZ ROI | 2004 | POURENSE | 59.21 | M 50 | 91 | OURENSE |
| 66 | 015493634 | MAURI PORTELA BORJA | 2004 | CODESAL | 59.68 | M 25 | 75 | RCN |
| 67 | 045959607 | RODRIGUEZ LIJO ANGEL | 2004 | CIDSANTI | 59.90 | M 25 | 74 | A FIEITEIRA |
| 68 | 045145282 | LOPEZ FERNANDEZ MARTIN | 2004 | POURENSE | 1:00.02 | M 50 | 0 | OURENSE |
| 69 | 020624997 | FERNANDEZ VILA PEDRO LUIS | 2004 | ADFOGAR | 1:00.33 | M 25 | 73 | BERGANTIÑOS |
| 70 | 032723985 | LOPEZ GOMEZ ALEJANDRO | 2004 | CNFERRO | 1:01.05 | M 25 | 0 | FERROL |
| 71 | 079345432 | PADIN TORRENTE DIEGO | 2004 | NTNARON | 1:01.18 | M 25 | 70 | FERROL |
| 72 | 032737618 | GONZALEZ CALVO HUGO | 2004 | NTNARON | 1:01.27 | M 25 | 69 | FERROL |
| 73 | 034285702 | SANFIZ JANEIRO MAURO | 2004 | CFVLUGO | 1:01.70 | M 25 | 68 | LUGO |
| 74 | 053820320 | CARIDE BORRAJO XURXO | 2004 | RCNVIGO | 1:01.84 | M 25 | 68 | RCN |
| 75 | 041581252 | GESTEIRA PINO JOEL | 2004 | RBAIXAS | 1:01.90 | M 25 | 67 | RCN |
| 76 | 045149824 | SANTISO PRADO ALEJANDRO | 2004 | POURENSE | 1:01.99 | M 50 | 0 | OURENSE |
| 77 | 032727961 | PAZ CALVO SANTIAGO | 2004 | NTNARON | 1:02.33 | M 25 | 66 | FERROL |
| 78 | 991125776 | PEREIRA FONSECA XOEL | 2004 | ADFOGAR | 1:02.83 | M 25 | 64 | BERGANTIÑOS |
| 79 | 044660474 | LECOMPT SACO JOSE RAMON | 2004 | POURENSE | 1:03.06 | M 50 | 0 | OURENSE |
| 80 | 035601488 | CALDAS IGLESIAS JOEL | 2004 | CNVILAG | 1:03.06 | M 25 | 64 | PONTEVEDRA |
| 81 | 991125850 | RAJO PEREZ DIEGO | 2004 | CNFERRO | 1:03.98 | M 25 | 0 | FERROL |
| 82 | 032720141 | HERMIDA SOTO GUILLERMO | 2004 | CNFERRO | 1:04.46 | M 25 | 0 | FERROL |
| 83 | 991125859 | CALVO MANSO NICOLAS | 2004 | CMARINA | 1:04.80 | M 25 | 0 | FERROL |
| 84 | 039495795 | SANJUAS FERNANDEZ ALEJANDRO | 2004 | RCNVIGO | 1:05.23 | M 25 | 0 | RCN |
| 85 | 047404494 | VAZQUEZ CARNOTA RODRIGO | 2004 | CNLICEO | 1:05.92 | M 25 | 56 | BERGANTIÑOS |

| | | | | | | | | |
|----|-----------|----------------------------------|------|----------|---------|------|----|-------------|
| 86 | 991125775 | PEREIRA FONSECA MARTIN | 2004 | ADFOGAR | 1:06.24 | M 25 | 0 | BERGANTIÑOS |
| 87 | 045147146 | RUJAS BARAZAL PABLO | 2004 | POURENSE | 1:06.70 | M 50 | 0 | OURENSE |
| 88 | 039485125 | DEL RIO ALVAREZ MARTIN | 2004 | RCNVIGO | 1:06.92 | M 25 | 0 | RCN |
| 89 | 048117043 | ALFEIRAN ESPÍÑO LUCAS | 2004 | ADFOGAR | 1:07.05 | M 25 | 0 | BERGANTIÑOS |
| 90 | 015493638 | SANZ BERRIDY JAVIER | 2004 | CODESAL | 1:07.34 | M 25 | 52 | RCN |
| 91 | 053799323 | SANLES DIESTE HUGO | 2004 | SDBOIRO | 1:07.85 | M 25 | 51 | A FIEITEIRA |
| 92 | 032728876 | DIZ NIEVES DAVID | 2004 | CNFERRO | 1:10.28 | M 25 | 0 | FERROL |
| 93 | 077012971 | SANTOS CASTRO MANUEL XAVIER | 2004 | CNPREDON | 1:10.98 | M 25 | 45 | RCN |
| 94 | 049470354 | GAREA GOMEZ CARLOS | 2004 | CULLERED | 1:11.78 | M 25 | 43 | BERGANTIÑOS |
| 95 | 991125712 | RODRIGUEZ DOMINGUEZ FRANCISCO J. | 2004 | NPONTEA | 1:13.36 | M 25 | 40 | PONTEVEDRA |

6. 50 Braza Fem 10 A

| | | | | | | | | |
|----|-----------|--------------------------------|------|----------|---------|------|-----|-------------|
| 1 | 032729909 | FERNANDEZ ROBLES AIDA | 2005 | CNFERRO | 48.10 | M 25 | 214 | FERROL |
| 2 | 053861363 | FERNANDEZ PRIETO NAYARA | 2005 | GALAICO | 48.90 | M 25 | 204 | PONTEVEDRA |
| 3 | 991126351 | CARRON MUIÑA CARLA | 2005 | ARZUA | 49.52 | M 25 | 196 | A FIEITEIRA |
| 4 | 991125299 | BOUZAS PEDREIRA ALICIA | 2005 | GALAICO | 49.76 | M 25 | 193 | PONTEVEDRA |
| 5 | 991125148 | CARRASCO DE CASTRO PAULA | 2005 | CMARINA | 49.88 | M 25 | 192 | FERROL |
| 6 | 077484246 | CONS GESTIDO VICTORIA ANNA | 2005 | GALAICO | 50.07 | M 25 | 190 | PONTEVEDRA |
| 7 | 032721689 | CANEIRO HERMIDA SABELA | 2005 | CNFERRO | 51.81 | M 25 | 171 | FERROL |
| 8 | 032726212 | RICO MARTINEZ MARTINA XIA | 2005 | CMARINA | 52.08 | M 25 | 169 | FERROL |
| 9 | 034282625 | REGUEIRO CASANOVA EMMA | 2005 | POR-MIÑA | 52.18 | M 25 | 168 | LUGO |
| 10 | 034275586 | SUAREZ FERNANDEZ CARMEN | 2005 | MOLEMOS | 52.53 | M 50 | 182 | OURENSE |
| 11 | 034303715 | REBOLO MARTINEZ DANIELA | 2005 | POR-MIÑA | 53.29 | M 25 | 157 | LUGO |
| 12 | 034291740 | BALSA RICO NOELIA | 2005 | POR-MIÑA | 53.35 | M 25 | 157 | LUGO |
| 13 | 991126936 | SOTO RODRIGUEZ MARIA | 2005 | CNLICEO | 53.63 | M 25 | 154 | BERGANTIÑOS |
| 14 | 034284642 | NOVO LOPEZ AINARA | 2005 | POR-MIÑA | 53.82 | M 25 | 153 | LUGO |
| 15 | 991124786 | RODRIGUEZ ALONSO JULIA | 2005 | RCNVIGO | 55.09 | M 25 | 142 | RCN |
| 16 | 054155550 | GOMEZ TAIBO ANTIA | 2005 | ARTEIXO | 55.58 | M 25 | 139 | BERGANTIÑOS |
| 17 | 991126645 | RUIZ VILLARINO ANDREA | 2005 | CMARINA | 56.30 | M 25 | 133 | FERROL |
| 18 | 053818734 | PRADO LORENZO HELENA | 2005 | RCNVIGO | 56.30 | M 25 | 133 | RCN |
| 19 | 991126676 | MENDEZ LEAL BLANCA | 2005 | CMARINA | 56.33 | M 25 | 133 | FERROL |
| 20 | 046095061 | GARCIA ROZAS NOELIA | 2005 | CIDSANTI | 56.41 | M 25 | 133 | A FIEITEIRA |
| 21 | 034282507 | MOLDES LOZANO NAYRA | 2005 | POR-MIÑA | 56.95 | M 25 | 0 | LUGO |
| 22 | 048117093 | VARELA GONZALEZ LAURA | 2005 | CNLICEO | 57.01 | M 25 | 128 | BERGANTIÑOS |
| 23 | 058023579 | SEIVANE PEREZ CLAUDIA | 2005 | CDELMAR | 57.17 | M 25 | 127 | BERGANTIÑOS |
| 24 | 046096116 | GONTAN IGLESIAS AINOA | 2005 | CIDSANTI | 57.45 | M 25 | 125 | A FIEITEIRA |
| 25 | 991126880 | CAMPOS TATO UXIA | 2005 | POURENSE | 57.53 | M 50 | 138 | OURENSE |
| 26 | 991126508 | DUPUY ALVAREZ CARLOTA | 2005 | RCNVIGO | 57.64 | M 25 | 124 | RCN |
| 27 | 034289290 | FERNANDEZ VIZCAINO ALICIA | 2005 | POR-MIÑA | 57.87 | M 25 | 0 | LUGO |
| 28 | 032729247 | GRAÑA DEL SOLAR SABELA | 2005 | CNFERRO | 57.96 | M 25 | 122 | FERROL |
| 29 | 049332071 | SUAREZ KITAMORI NANA SOFIA | 2005 | ADFOGAR | 57.98 | M 25 | 122 | BERGANTIÑOS |
| 30 | 991126221 | BOUZA SANCHEZ SARA | 2005 | CMARINA | 58.30 | M 25 | 0 | FERROL |
| 31 | 045142448 | CAMBA PRADA ALEXIA | 2005 | POURENSE | 58.73 | M 50 | 130 | OURENSE |
| 32 | 035601412 | CASCON CALDAS KAROLINA | 2005 | CNVILAG | 58.82 | M 25 | 117 | PONTEVEDRA |
| 33 | 077466085 | LORENZO GARCIA PAULA | 2005 | GALAICO | 59.45 | M 25 | 113 | PONTEVEDRA |
| 34 | 053799025 | PEGO SAMPEDRO SILVIA | 2005 | SDBOIRO | 59.59 | M 25 | 112 | A FIEITEIRA |
| 35 | 991125843 | PANTIN MERINO LAURA | 2005 | CNFERRO | 1:00.00 | M 25 | 110 | FERROL |
| 36 | 034286752 | PAZ GONZALEZ CARLA | 2005 | CFVLUGO | 1:00.15 | M 25 | 109 | LUGO |
| 37 | 035676291 | RAMALLO GROBA MARIA ALBA | 2005 | NPONTEA | 1:00.34 | M 25 | 108 | PONTEVEDRA |
| 38 | 053796912 | MARIÑO SILVA UXIA | 2005 | SDBOIRO | 1:00.35 | M 25 | 108 | A FIEITEIRA |
| 39 | 049204663 | CARRO BARROS CANDELA | 2005 | CULLERED | 1:00.46 | M 25 | 108 | BERGANTIÑOS |
| 40 | 991126541 | MARTINEZ ARCA LORENA | 2005 | ARTEIXO | 1:00.67 | M 25 | 106 | BERGANTIÑOS |
| 41 | 034290877 | PIN LAGE NOA | 2005 | POR-MIÑA | 1:00.90 | M 25 | 0 | LUGO |
| 42 | 049472688 | SOMOZA PRADO IRENE | 2005 | CNLICEO | 1:01.02 | M 25 | 105 | BERGANTIÑOS |
| 43 | 034290763 | NUÑEZ GARCIA ANTIA | 2005 | CFVLUGO | 1:01.62 | M 25 | 102 | LUGO |
| 44 | 017463967 | ARAUJO FERNANDEZ ELENA | 2005 | CODESAL | 1:02.27 | M 25 | 98 | RCN |
| 45 | 049665093 | LOPEZ GONZALEZ CATALINA AMALIA | 2005 | CIDSANTI | 1:02.29 | M 25 | 98 | A FIEITEIRA |

| | | | | | | | | |
|----|-----------|--------------------------|------|-----------|---------|------|----|-------------|
| 46 | 034292728 | DIAZ GONZALEZ SILVIA | 2005 | POR-MIÑA | 1:02.32 | M 25 | 0 | LUGO |
| 47 | 053797752 | REY OLVEIRA ELENA | 2005 | SDBOIRO | 1:02.38 | M 25 | 98 | A FIEITEIRA |
| 48 | 077479657 | VARELA ANDE ANTIA | 2005 | CNREDON | 1:02.69 | M 25 | 96 | RCN |
| 49 | 054157248 | TRILLO MOUZO JULIA | 2005 | CNLICENSE | 1:02.90 | M 25 | 95 | BERGANTIÑOS |
| 50 | 991126435 | MARTINEZ MACEIRAS SOFIA | 2005 | CMARINA | 1:02.90 | M 25 | 0 | FERROL |
| 51 | 034281215 | ARMESTO PALLARES NAHIR | 2005 | POR-MIÑA | 1:03.22 | M 25 | 0 | LUGO |
| 52 | 039495596 | PEREZ LEMA ANA | 2005 | RCNVIGO | 1:03.31 | M 25 | 94 | RCN |
| 53 | 032726141 | FERNANDEZ VAZQUEZ ALBA | 2005 | CNFERRO | 1:03.51 | M 25 | 0 | FERROL |
| 54 | 077465540 | BEMPOSTA PENAS ALEJANDRA | 2005 | GALAICO | 1:03.61 | M 25 | 0 | PONTEVEDRA |
| 55 | 034292163 | DURAN PALEO SABELA | 2005 | CFVLUGO | 1:05.54 | M 25 | 84 | LUGO |
| 56 | 049667666 | VAZQUEZ VILA UXIA | 2005 | ARZUA | 1:05.54 | M 25 | 84 | A FIEITEIRA |
| 57 | 039493585 | PAZOS DELFIN CARLOTA | 2005 | RCNVIGO | 1:05.64 | M 25 | 0 | RCN |
| 58 | 991125465 | GARRIDO BALBOA MARIA | 2005 | ADFOGAR | 1:06.18 | M 25 | 82 | BERGANTIÑOS |
| 59 | 046090450 | LOSADA CRESPO MARIA | 2005 | CIDSANTI | 1:06.61 | M 25 | 80 | A FIEITEIRA |
| 60 | 034276493 | VALDES FERNANDEZ ARIADNA | 2005 | MOLEMOS | 1:07.94 | M 50 | 84 | OURENSE |
| 61 | 048116871 | LIGERO PORTELA SOFIA | 2005 | CNLICENSE | 1:08.55 | M 25 | 0 | BERGANTIÑOS |
| 62 | 035589956 | GREGORES LOPEZ VANIA | 2005 | NPONTEA | 1:08.70 | M 25 | 73 | PONTEVEDRA |
| 63 | 991127309 | GONZALEZ FERREIROS ELENA | 2005 | NPONTEA | 1:09.64 | M 25 | 70 | PONTEVEDRA |
| 64 | 991125187 | RUIZ GARCIA ISABEL | 2005 | CMARINA | 1:11.24 | M 25 | 0 | FERROL |
| 65 | 034282019 | DIAZ FIDALGO SOFIA | 2005 | CFVLUGO | 1:14.14 | M 25 | 58 | LUGO |
| 66 | 032735743 | COBO REY SABRINA | 2005 | CNFERRO | 1:16.73 | M 25 | 0 | FERROL |
| 67 | 015494894 | ALVAREZ CARRERA IRIA | 2005 | CODESAL | 1:17.99 | M 25 | 50 | RCN |
| 68 | 077542690 | GARRIDO PIÑEIRO ANTIA | 2005 | GALAICO | 1:22.77 | M 25 | 0 | PONTEVEDRA |
| 69 | 053974178 | ITALIANI VILAR SABELA | 2005 | NPONTEA | 1:24.52 | M 25 | 39 | PONTEVEDRA |
| 70 | 991127379 | VAZQUEZ GONZALEZ ZOE | 2005 | RBAIXAS | 1:35.40 | M 25 | 27 | RCN |
| 71 | 053820587 | ESTEVEZ BASTERO ANA | 2005 | RBAIXAS | 1:38.26 | M 25 | 25 | RCN |

7. 4X50 Braza Mas 10 A

| | | | | | | | |
|---|----------------------------------|---|----------|---------|------|-----|-------------|
| 1 | CNFERRO A | 0 | CNFERRO | 3:39.85 | M 25 | 203 | FERROL |
| | SANMARTIN HERNANDEZ BRUNO (2005) | | | | | | |
| | 50B: 52.93 | | | | | | |
| 2 | CNGALAICO | 0 | GALAICO | 3:42.94 | M 25 | 200 | PONTEVEDRA |
| 3 | CFLUVIALLUGO | 0 | CFVLUGO | 3:45.83 | M 25 | 198 | LUGO |
| | NUÑEZ SUARES ANTON (2005) | | | | | | |
| | 50B: 56.33 | | | | | | |
| 4 | RCNVIGO | 0 | RCNVIGO | 3:55.21 | M 25 | 197 | RCN |
| | CIDRAS PEREZ FABIAN (2005) | | | | | | |
| | 50B: 47.51 | | | | | | |
| 5 | CNPORTAMIÑA | 0 | POR-MIÑA | 4:01.16 | M 25 | 196 | LUGO |
| | POUSADA TROITIÑO JARNO (2005) | | | | | | |
| | 50B: 55.04 | | | | | | |
| 6 | CNPONTEAREAS | 0 | NPONTEA | 4:10.00 | M 25 | 195 | PONTEVEDRA |
| | PEREZ PAZ DARIO (2005) | | | | | | |
| | 50B: 56.63 | | | | | | |
| 7 | CN ARTEIXO A | 0 | ARTEIXO | 4:15.45 | M 25 | 194 | BERGANTIÑOS |
| | POSE FERNANDEZ PABLO (2005) | | | | | | |
| | 50B: 55.88 | | | | | | |
| 8 | CN CORUÑA | 0 | NCORUÑA | 4:27.02 | M 25 | 193 | BERGANTIÑOS |
| | BARBEITO GARCIA OSCAR (2005) | | | | | | |
| | 50B: 1:01.96 | | | | | | |

8. 4X50 Braza Fem 9 A

| | | | | | | | |
|---|------------------------------|---|---------|---------|------|-----|-------------|
| 1 | CNFERROL A | 0 | CNFERRO | 4:10.08 | M 25 | 203 | FERROL |
| | LOPEZ RODRIGUEZ CARLA (2006) | | | | | | |
| | 50B: 54.77 | | | | | | |
| 2 | CDELMAR A | 0 | CDELMAR | 4:17.93 | M 25 | 200 | BERGANTIÑOS |

| | | | | | | | |
|---|--|---|----------|---------|------|-----|------------|
| | GOMEZ IGLESIAS CARLA (2006) 50B: 1:00.99 | | | | | | |
| 3 | CNPONTEAREAS CARBALLO GONZALEZ SOFIA (2006) 50B: 54.16 | O | NPONTEA | 4:18.37 | M 25 | 198 | PONTEVEDRA |
| 4 | CNMONFORTE GARCIA VAZQUEZ MARTA (2006) 50B: 59.73 | O | MOLEMOS | 4:30.44 | M 50 | 197 | OURENSE |
| 5 | CNPORTAMIÑA MUÑOZ LOPEZ CLARA (2006) 50B: 1:18.67 | O | POR-MIÑA | 5:02.97 | M 25 | 196 | LUGO |

9. 4X50 Libre Mas 11 A

| | | | | | | | |
|----|---|---|----------|---------|------|-----|-------------|
| 1 | CNFERRO A RODRIGUEZ RILO ALEJANDRO (2004) 50L: 33.82 | O | CNFERRO | 2:23.07 | M 25 | 203 | FERROL |
| 2 | C. MARINA FERROL BUSTABAD VAZQUEZ FERNANDO (2004) 50L: 34.70 | O | CMARINA | 2:25.14 | M 25 | 200 | FERROL |
| 3 | CN CORUÑA FERNANDEZ CAMPOS RODRIGO (2004) 50L: 35.36 | O | NCORUÑA | 2:31.26 | M 25 | 198 | BERGANTIÑOS |
| 4 | CNGALAICO GONZALEZ DOMINGUEZ DANIEL (2004) 50L: 35.71 | O | GALAICO | 2:33.17 | M 25 | 197 | PONTEVEDRA |
| 5 | CNPORTAMIÑA RABANAL FREIRE MARIO (2004) 50L: 39.60 | O | POR-MIÑA | 2:35.56 | M 25 | 196 | LUGO |
| 6 | C. NATACION RIAS BAIXAS FIGUEROA FERNANDEZ GABRIEL (2004) 50L: 38.28 | O | RBAIXAS | 2:40.95 | M 25 | 195 | RCN |
| 7 | CIDADE SANTIAGO RIVAS SANCHEZ ENRIQUE (2004) 50L: 39.37 | O | CIDSANTI | 2:42.93 | M 25 | 194 | A FIEITEIRA |
| 8 | CN CULLEREDO GARABOA MACEIRAS PABLO (2004) 50L: 37.99 | O | CULLERED | 2:47.97 | M 25 | 193 | BERGANTIÑOS |
| 9 | CNFERRO B MORADO RUIZ RUBEN (2004) 50L: 41.10 | O | CNFERRO | 2:57.30 | M 25 | O | FERROL |
| 10 | POURENSE A NARANJO ESTEVEZ ROI (2004) 50L: 53.43 | O | POURENSE | 2:57.34 | M 50 | 192 | OURENSE |
| 11 | SDBOIRO A SANLES DIESTE HUGO (2004) 50L: 40.63 | O | SDBOIRO | 2:57.79 | M 25 | 191 | A FIEITEIRA |
| 12 | AD FOGAR FERNANDEZ VILA PEDRO LUIS (2004) 50L: 46.42 | O | ADFOGAR | 3:02.26 | M 25 | 190 | BERGANTIÑOS |
| 13 | REAL C. NAUTICO DE VIGO A DOMINGUEZ FERNANDEZ NICOLAS (2004) 50L: 45.25 | O | RCNVIGO | 3:05.13 | M 25 | 189 | RCN |
| 14 | CN CORUÑA B ALLENDE MUÑOZ PABLO (2004) 50L: 45.66 | O | NCORUÑA | 3:08.08 | M 25 | O | BERGANTIÑOS |

10. 4X50 Libre Fem 10 A

| | | | | | | | |
|----|---|---|----------|---------|------|-----|-------------|
| 1 | C. NAT. GALAICO A FERNANDEZ PRIETO NAYARA (2005) 50L: 37.99 | 0 | GALAICO | 2:43.16 | M 25 | 203 | PONTEVEDRA |
| 2 | C.N. PORTAMIÑA A REGUEIRO CASANOVA EMMA (2005) 50L: 39.80 | 0 | POR-MIÑA | 2:44.60 | M 25 | 200 | LUGO |
| 3 | CNFERRO A FERNANDEZ ROBLES AIDA (2005) 50L: 40.91 | 0 | CNFERRO | 2:47.00 | M 25 | 198 | FERROL |
| 4 | CMARINAF A RICO MARTINEZ MARTINA XIA (2005) 50L: 39.26 | 0 | CMARINA | 2:47.23 | M 25 | 197 | FERROL |
| 5 | CFLUVIALLUGO NUÑEZ GARCIA ANTIA (2005) 50L: 42.97 | 0 | CFVLUGO | 3:06.05 | M 25 | 196 | LUGO |
| 6 | REAL C. NAUTICO DE VIGO A DUPUY ALVAREZ CARLOTA (2005) 50L: 47.35 | 0 | RCNVIGO | 3:06.60 | M 25 | 195 | RCN |
| 7 | C.N. LICEO LIGERO PORTELA SOFIA (2005) 50L: 57.55 | 0 | CNLICEO | 3:11.56 | M 25 | 194 | BERGANTIÑOS |
| 8 | AD FOGAR | 0 | ADFOGAR | 3:11.81 | M 25 | 193 | BERGANTIÑOS |
| 9 | C.N. PORTAMIÑA B BALSA RICO NOELIA (2005) 50L: 45.17 | 0 | POR-MIÑA | 3:21.11 | M 25 | 0 | LUGO |
| 10 | CNFERRO B GRAÑA DEL SOLAR SABELA (2005) 50L: 52.50 | 0 | CNFERRO | 3:30.47 | M 25 | 0 | FERROL |
| 11 | CMARINAF B RUIZ GARCIA ISABEL (2005) 50L: 51.16 50B: 1:12.90 | 0 | CMARINA | 3:42.29 | M 25 | 0 | FERROL |
| 12 | CNPONTEAREAS RAMALLO GROBA MARIA ALBA (2005) 50L: 49.90 | 0 | NPONTEA | 4:08.31 | M 25 | 192 | PONTEVEDRA |

11. 4X50 Libre Mas Benxamín

| | | | | | | | |
|---|---|---|----------|---------|------|-----|-------------|
| 1 | CNLICEO A ARIAS GONZALEZ HECTOR (2005) 50L: 41.06 | 0 | CNLICEO | 2:39.22 | M 25 | 203 | BERGANTIÑOS |
| 2 | CNFERRO B TORRENTE LOPEZ MARIO (2006) 50L: 40.90 | 0 | CNFERRO | 2:40.99 | M 25 | 200 | FERROL |
| 3 | CNPONTEAREAS A CABANA DEL AMO PABLO (2004) 50L: 34.28 | 0 | NPONTEA | 2:52.68 | M 25 | 198 | PONTEVEDRA |
| 4 | CNPOURENSE B QUIROGA RAMOS YAGO (2005) 50L: 44.10 | 0 | POURENSE | 2:55.95 | M 50 | 197 | OURENSE |
| 5 | CNMONFORTE RODRIGUEZ CARBALLO JUAN (2006) 50L: 40.86 | 0 | MOLEMOS | 2:58.07 | M 50 | 196 | OURENSE |
| 6 | CNFERRO A BOUZA FERNANDEZ DIEGO (2006) 50L: 51.52 | 0 | CNFERRO | 2:58.99 | M 25 | 0 | FERROL |
| 7 | C. MARINA FERROL A PICOS SEIJO JUAN PABLO (2006) | 0 | CMARINA | 3:00.32 | M 25 | 195 | FERROL |

| | | | | | | | |
|----|---|---|------------|---------|------|-----|-------------|
| | 50L: 37.92 | | | | | | |
| 8 | CN LICEOB ARES BARRAL MATEO (2006) 50L: 44.50 | 0 | CN LICEO | 3:00.37 | M 25 | 0 | BERGANTIÑOS |
| 9 | C.N. PORTAMIÑA A MENDEZ GARCIA XOAN (2006) 50L: 46.60 | 0 | POR-MIÑA | 3:08.86 | M 25 | 194 | LUGO |
| 10 | AGRUP. DEP. NAUTICO DE NARON A PADIN TORRENTE DIEGO (2004) 50L: 47.27 | 0 | NTNARON | 3:09.54 | M 25 | 193 | FERROL |
| 11 | C.N. CEDEIRA A ANEIROS SUAREZ DIEGO (2004) 50L: 40.86 | 0 | CEDEIRA | 3:09.76 | M 25 | 192 | FERROL |
| 12 | REAL C. NAUTICO DE VIGO A ALVAREZ PEREZ PEDRO (2006) 50L: 44.17 | 0 | RCNVIGO | 3:10.92 | M 25 | 191 | RCN |
| 13 | CN REDON A LAGO FERNANDEZ XOEL (2005) 50L: 41.71 | 0 | CN REDON | 3:11.77 | M 25 | 190 | RCN |
| 14 | CD MIRAFLORES RODRIGUEZ FOLGOSO IZAN (2005) 50L: 54.55 | 0 | MIRAFLORES | 3:12.23 | M 50 | 189 | OURENSE |
| 15 | ARTEIXO A SANCHEZ MARTINEZ LEO LOMBOSO (2004) 50L: 46.72 | 0 | ARTEIXO | 3:17.03 | M 25 | 188 | BERGANTIÑOS |
| 16 | CN FERRO C NAVARRO LOSADA MIGUEL (2006) 50L: 44.75 | 0 | CN FERRO | 3:17.94 | M 25 | 0 | FERROL |
| 17 | CDEL MAR MARTINEZ OTERO ERNESTO (2005) 50L: 46.20 | 0 | CDEL MAR | 3:18.80 | M 25 | 187 | BERGANTIÑOS |
| 18 | AD FOGAR FONTAN ROCA ALEJANDRO (2005) 50L: 44.24 | 0 | ADFOGAR | 3:19.06 | M 25 | 186 | BERGANTIÑOS |
| 19 | CN FERROL D RODRIGUEZ SEIJAS ALVARO (2005) 50L: 46.73 | 0 | CN FERRO | 3:19.45 | M 25 | 0 | FERROL |
| 20 | CN POURENSE VAZQUEZ GARCIA NICOLAS (2006) 50L: 51.40 | 0 | POURENSE | 3:30.19 | M 50 | 0 | OURENSE |
| 21 | C. NAT. GALAICO A TOURIÑO FERNANDEZ TEO (2006) 50L: 50.08 | 0 | GALAICO | 3:33.50 | M 25 | 185 | PONTEVEDRA |
| 22 | C.N. PORTAMIÑA B POUSADA TROITIÑO TIAGO (2006) 50L: 50.81 | 0 | POR-MIÑA | 3:35.85 | M 25 | 0 | LUGO |
| 23 | CN LICEO C BLANCO VARELA HECTOR (2006) 50L: 48.99 | 0 | CN LICEO | 3:37.01 | M 25 | 0 | BERGANTIÑOS |
| 24 | RCNVIGO B RODRIGUEZ LESENDE MARTIN (2005) 50L: 45.67 | 0 | RCNVIGO | 3:40.00 | M 25 | 0 | RCN |
| 25 | CF LUVIALLUGO GONZALEZ COCIÑA JORGE (2004) 50L: 40.09 | 0 | CFVLUGO | 3:40.49 | M 25 | 184 | LUGO |
| 26 | AGRUP. DEP. NAUTICO DE NARON B RODRIGUEZ COUCEIRO DAVID (2006) 50L: 54.15 | 0 | NTNARON | 3:43.29 | M 25 | 0 | FERROL |

| | | | | | | | |
|----|---|---|----------|---------|------|-----|---------|
| 27 | CNRIASBAIXAS NOYA VAZQUEZ IAGO (2005) 50L: 52.52 | 0 | RBAIXAS | 3:53.13 | M 25 | 183 | RCN |
| 28 | POURENSE A ESTEVEZ CRESPO HUGO (2006) 50L: 57.52 | 0 | POURENSE | 4:05.01 | M 50 | 0 | OURENSE |
| 29 | C. MARINA FERROL B VEIGA IGLESIAS ANXO (2006) 50L: 59.56 | 0 | CMARINA | 4:13.21 | M 25 | 0 | FERROL |
| 30 | C.N. PORTAMIÑÁ C CARREIRA MEJUTO SERGIO (2006) 50L: 1:07.24 | 0 | POR-MIÑA | 4:40.98 | M 25 | 0 | LUGO |