



VI CAMPEONATO DE ESPAÑA LARGA DISTANCIA

CATEGORÍAS INFANTIL- JUNIOR - SENIOR

Organiza: Club Natació Sabadell
Centre Can Llong, 50 mts., 10 calles
Sabadell (Bcn), 07.febrero.2015



Prueba nº 1 - 3000 metros - Categoría INFANTIL MASCULINO

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Puesto	1º	2º	3º	4º	5º	6º	7º	8º	9º	----	----				
Apellidos	GOMEZ DIEZ	HONRUBIA CERDA	SANTISTEBAN ROMERO	CARAZO BARBERO	CHACON MATEOS	SALAZAR GONZALEZ	TOME SANLES	NOAIN LACAMARA	MOYA RUIZ	NOGUERA TOMAS	OLIVER GARCIA				
Nombre	HECTOR D.	ARNAU	SERGIO	ALONSO	FRANCISCO J.	IBON	MANUEL	ANDER	JUAN	MIQUEL	ROBERTO				
Año	1999	1999	2000	2000	1999	1999	1999	1999	1999	2000	2000				
Licencia	070426255	039403370	002713791	052903339	047429625	078957586	053798276	073449152	048853126	043214595	048751304				
Club	CD COVIBAR	C.N. SANT ANDREU	GREDOS S. DIEGO	GREDOS S. DIEGO	C.N. ALCALA	C.N. BARAKALDO	C.N. RIVEIRA	C.D. AMAYA	UCAM FUENSANTA	LLUCMA	CN MURCIA S.JORGE				
Serie-Calle-Ld	1-4-Dr	1-2-Dr	1-6-Dr	1-7-Dr	1-5-Dr	1-1-Dr	1-3-Dr	1-0-Dr	1-8-Dr	----	----				
Tiempo	32:52,26	33:33,26	33:56,45	34:20,74	34:31,78	34:43,20	34:47,97	35:25,90	36:34,58	baja	baja				
Puntos	19	16	14	12	11	10	9	8	7						
	MMN/16 a. antr.: 33:44,60		MMN/15 a. antr.: 34:29,82												
100	1:02,07	1:03,81	1:02,91	1:06,15	1:02,44	1:05,44	1:02,91	1:04,73	1:07,34						
200	2:06,90	2:09,97	2:07,79	2:14,00	2:07,32	2:12,82	2:08,40	2:12,33	2:17,31						
400	4:16,45	4:23,39	4:20,10	4:29,67	4:19,82	4:29,01	4:22,35	4:28,91	4:40,67						
500	5:21,70	5:30,15	5:26,99	5:38,32	5:26,80	5:38,03	5:29,85	5:37,78	5:53,56						
800	8:37,66	8:49,90	8:46,64	9:04,83	8:50,23	9:05,64	8:53,72	9:05,41	9:32,24						
1000	10:48,76	11:03,55	11:00,67	11:23,30	11:07,12	11:24,69	11:11,20	11:24,16	11:58,57						
1500	16:18,52	16:38,92	16:38,11	17:11,87	17:03,04	17:10,55	16:59,39	17:10,17	18:04,21						
2000	21:51,08	22:15,46	22:20,30	22:59,54	22:45,27	23:00,22	22:52,45	23:09,70	24:15,31						
2500	27:33,35	27:52,04	28:06,46	28:43,50	28:39,03	28:53,04	28:49,59	29:17,49	30:27,28						
3000	32:52,26	33:33,26	33:56,45	34:20,74	34:31,78	34:43,20	34:47,97	35:25,90	36:34,58						
500	5:21,70	5:30,15	5:26,99	5:38,32	5:26,80	5:38,03	5:29,85	5:37,78	5:53,56						
1000	5:27,06	5:33,40	5:33,68	5:44,98	5:40,32	5:46,66	5:41,35	5:46,38	6:05,01						
1500	5:29,76	5:35,37	5:37,44	5:48,57	5:55,92	5:45,86	5:48,19	5:46,01	6:05,64						
2000	5:32,56	5:36,54	5:42,19	5:47,67	5:42,23	5:49,67	5:53,06	5:59,53	6:11,10						
2500	5:42,27	5:36,58	5:46,16	5:43,96	5:53,76	5:52,82	5:57,14	6:07,79	6:11,97						
3000	5:18,91	5:41,22	5:49,99	5:37,24	5:52,75	5:50,16	5:58,38	6:08,41	6:07,30						
1000	10:48,76	11:03,55	11:00,67	11:23,30	11:07,12	11:24,69	11:11,20	11:24,16	11:58,57						
2000	11:02,32	11:11,91	11:19,63	11:36,24	11:38,15	11:35,53	11:41,25	11:45,54	12:16,74						
3000	11:01,18	11:17,80	11:36,15	11:21,20	11:46,51	11:42,98	11:55,52	12:16,20	12:19,27						
prom./1000	10:57,42	11:11,09	11:18,82	11:26,91	11:30,59	11:34,40	11:35,99	11:48,63	12:11,53						
prom./500	5:28,71	5:35,54	5:39,41	5:43,46	5:45,30	5:47,20	5:48,00	5:54,32	6:05,76						
prom./100	1:05,74	1:07,11	1:07,88	1:08,69	1:09,06	1:09,44	1:09,60	1:10,86	1:13,15						



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VI CAMPEONATO DE ESPAÑA LARGA DISTANCIA

CATEGORÍAS INFANTIL- JUNIOR - SENIOR

Organiza: Club Natació Sabadell
Centre Can Llong, 50 mts., 10 calles
Sabadell (Bcn), 07.febrero.2015



Prueba nº 2 - 3000 metros - Categoría INFANTIL FEMENINO

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Puesto	1ª	2ª	3ª	4ª	5ª	6ª	7ª	8ª	9ª	10ª	11ª			
Apellidos	CASTRO ATALAYA	RUIZ BRAVO	CONS GESTIDO	GARROTE MENDEZ	MENDOZA NAVARRO	SANCHEZ RODRIGUEZ	GOMEZ CORTES	GONZALEZ SAN JOSE	SUAREZ GONZALEZ	MARTI BLAZQUEZ	RODRIGUEZ D'ICORRAL			
Nombre	MARINA	PAULA	AGUEDA BEATRIZ	PATRICIA	ALICIA	ANDREA	LARA	PAULA	GRACIA	INES PILAR	MARIA V.			
Año	1999	1999	2000	2000	2000	1999	1999	2000	2000	1999	1999			
Licencia	054249155	077186607	077421136	050486521	023951164	015410185	077464998	046420378	053679181	099161363	030271013			
Club	C.N. SABADELL	R.C. MEDITERRANEO	GALAICO	REAL CANOE N.C.	A.D. ANCORA	C.N. ALCALA	GALAICO	C.N. SANT ANDREU	C.N. SANTA OLAYA	C.N. VILA-REAL	C.N. ALCALA			
Serie-Calle-Ld	1-5-lz	1-4-lz	1-3-lz	1-1-lz	1-0-lz	1-6-lz	1-8-lz	1-2-lz	1-7-lz	1-9-Dr	1-9-lz			

Tiempo	35:18,35	35:29,03	35:54,85	35:59,66	37:22,28	37:32,01	37:56,31	38:03,84	38:15,82	38:20,78	38:25,02			
Puntos	19	16	14	12	11	10	9	8	7	6	5			

MMN/16, ant
35:29,59

100	1:06,98	1:05,86	1:07,58	1:05,46	1:09,83	1:09,06	1:11,77	1:10,57	1:11,88	1:13,08	1:13,27			
200	2:15,51	2:14,22	2:17,44	2:15,02	2:22,90	2:20,49	2:25,72	2:25,05	2:26,92	2:27,31	2:27,50			
400	4:31,35	4:31,20	4:37,74	4:37,71	4:49,91	4:47,33	4:53,97	4:54,81	4:55,36	4:57,28	4:57,40			
500	5:39,76	5:39,99	5:48,39	5:48,84	6:04,16	6:01,49	6:07,82	6:09,84	6:10,21	6:12,59	6:13,00			
800	9:07,35	9:11,09	9:22,10	9:23,24	9:46,34	9:45,25	9:51,47	9:57,81	9:56,60	10:00,83	10:01,12			
1000	11:28,09	11:34,56	11:46,06	11:47,52	12:15,97	12:14,54	12:22,09	12:29,98	12:30,43	12:34,37	12:34,72			
1500	17:23,67	17:32,68	17:47,03	17:48,33	18:31,19	18:31,35	18:43,26	18:52,48	18:54,96	18:59,44	18:59,73			
2000	23:20,78	23:31,14	23:49,89	23:54,23	24:46,54	24:53,01	25:05,90	25:20,29	25:26,08	25:25,20	25:25,97			
2500	29:22,06	29:34,69	29:54,24	29:58,15	31:05,89	31:16,76	31:30,90	31:45,33	31:53,34	31:54,38	31:55,10			
3000	35:18,35	35:29,03	35:54,85	35:59,66	37:22,28	37:32,01	37:56,31	38:03,84	38:15,82	38:20,78	38:25,02			

500	5:39,76	5:39,99	5:48,39	5:48,84	6:04,16	6:01,49	6:07,82	6:09,84	6:10,21	6:12,59	6:13,00			
1000	5:48,33	5:54,57	5:57,67	5:58,68	6:11,81	6:13,05	6:14,27	6:20,14	6:20,22	6:21,78	6:21,72			
1500	5:55,58	5:58,12	6:00,97	6:00,81	6:15,22	6:16,81	6:21,17	6:22,50	6:24,53	6:25,07	6:25,01			
2000	5:57,11	5:58,46	6:02,86	6:05,90	6:15,35	6:21,66	6:22,64	6:27,81	6:31,12	6:25,76	6:26,24			
2500	6:01,28	6:03,55	6:04,35	6:03,92	6:19,35	6:23,75	6:25,00	6:25,04	6:27,26	6:29,18	6:29,13			
3000	5:56,29	5:54,34	6:00,61	6:01,51	6:16,39	6:15,25	6:25,41	6:18,51	6:22,48	6:26,40	6:29,92			

1000	11:28,09	11:34,56	11:46,06	11:47,52	12:15,97	12:14,54	12:22,09	12:29,98	12:30,43	12:34,37	12:34,72			
2000	11:52,69	11:56,58	12:03,83	12:06,71	12:30,57	12:38,47	12:43,81	12:50,31	12:55,65	12:50,83	12:51,25			
3000	11:57,57	11:57,89	12:04,96	12:05,43	12:35,74	12:39,00	12:50,41	12:43,55	12:49,74	12:55,58	12:59,05			

prom./1000	11:46,12	11:49,68	11:58,28	11:59,89	12:27,43	12:30,67	12:38,77	12:41,28	12:45,27	12:46,93	12:48,34			
prom./500	5:53,06	5:54,84	5:59,14	5:59,94	6:13,71	6:15,34	6:19,38	6:20,64	6:22,64	6:23,46	6:24,17			
prom./100	1:10,61	1:10,97	1:11,83	1:11,99	1:14,74	1:15,07	1:15,88	1:16,13	1:16,53	1:16,69	1:16,83			





VI CAMPEONATO DE ESPAÑA LARGA DISTANCIA

CATEGORÍAS INFANTIL- JUNIOR - SENIOR

Organiza: Club Natació Sabadell
Centre Can Llong, 50 mts., 10 calles
Sabadell (Bcn), 07.febrero.2015



Prueba nº 3 - 5000 metros - Categoría JUNIOR MASCULINO

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Puesto	1º	2º	3º	4º	5º	6º	7º	8º	9º	10º	11º	12º	13º	14º	----
Apellidos	SANTIAGO BETANCOR	ALVAREZ GARCIA	PEDROSA CAÑERO	ANDRADE BUDIÑO	CURTU FRUTOS	MARIÑO DIAZ	MARTINEZ MURCIA	MENCHACA MOSTEIRO	TIERNO RECIO	BORDES ADELL	SANCHEZ LOUZAN	LEON ARAN	MEDRANO ENCINAS	CUENCA GARCÍA	COLLADO BOJADOS
Nombre	RAUL	MANUEL ANGEL	PABLO	GASPAR	PAU	DIEGO	ALBERTO	CARLOS	MARCOS	XAVIER	DANIEL	DAVID	JESUS	MARIO	IÑAKI
Año	1997	1997	1997	1998	1997	1998	1998	1998	1998	1998	1998	1998	1998	1997	1998
Licencia	45364292	071904700	048195786	046097678	048197203	078808914	023313530	071903291	072892416	020903944	991121808	020492529	020904552	048636036	099160102
Club	C.N. METROPOLE	C.N. LAS ANCLAS	C.N. SABADELL	C.N. ARZUA	C.N. SABADELL	C.N. SANTA OLAYA	A.D. ANCORA	C.N. LAS ANCLAS	PARQUESOL	C.N. VINAROS	GALAICO	C.N. VINAROS	CST-CST COSTA AZAHAR	UCAM FUENSANTA	C. AQUATIC CASTELLO
Serie-Calle-Ld	3-4-Dr	3-3-Dr	3-5-Dr	3-7-Dr	3-2-Dr	3-9-Dr	3-1-Dr	3-0-Dr	2-2-Dr	3-6-Dr	3-8-Dr	2-1-Dr	2-4-Dr	2-3-Dr	2-4-lz

Tiempo	54:40,11	55:09,25	55:57,68	56:12,08	56:38,85	57:28,48	57:38,91	57:52,42	58:05,08	58:24,60	58:41,63	58:57,23	59:58,06	1:00:55,76	retirado
Puntos	19	16	14	12	11	10	9	8	7	6	5	4	3	2	

MMN/18 a.
antr.: 56:41,41

100	1:05,26	1:06,39	1:04,15	1:05,02	1:04,25	1:07,96	1:06,83	1:06,48	1:08,55	1:07,25	1:07,47	1:09,02	1:10,26	1:08,39	
200	2:10,75	2:12,22	2:09,81	2:10,85	2:09,88	2:16,94	2:14,62	2:15,12	2:17,99	2:14,96	2:17,15	2:19,17	2:21,72	2:18,53	
400	4:22,40	4:24,65	4:21,77	4:23,30	4:22,34	4:34,61	4:30,32	4:31,78	4:34,38	4:31,85	4:36,00	4:37,98	4:44,81	4:37,54	
500	5:28,19	5:30,61	5:27,91	5:30,00	5:28,65	5:38,80	5:38,41	5:39,22	5:42,50	5:40,04	5:44,87	5:47,51	5:56,48	5:47,39	
800	8:45,87	8:48,03	8:47,73	8:48,93	8:46,51	9:01,46	9:03,31	9:03,34	9:07,50	9:05,19	9:12,58	9:16,18	9:29,94	9:19,96	
1000	10:57,37	10:59,49	11:01,46	11:01,51	10:58,01	11:17,75	11:20,21	11:19,38	11:25,08	11:21,20	11:29,47	11:35,86	11:52,74	11:42,51	
1500	16:25,28	16:27,98	16:34,67	16:35,94	16:30,41	17:00,39	17:04,69	17:05,20	17:11,01	17:00,06	17:19,75	17:28,90	17:50,32	17:40,63	
2000	21:54,02	21:58,14	22:14,36	22:10,18	22:04,12	22:45,25	22:53,61	22:53,85	22:59,88	22:45,19	23:14,15	23:22,18	23:50,55	23:44,88	
2500	27:21,47	27:27,60	27:56,09	27:47,48	27:44,69	28:32,22	28:42,94	28:43,24	28:52,55	28:30,99	29:05,55	29:16,54	29:51,06	29:45,43	
3000	32:47,95	32:58,80	33:37,02	33:26,15	33:27,34	34:18,22	34:33,09	34:33,17	34:46,22	34:24,03	34:58,40	35:12,71	35:53,00	35:51,81	
3500	38:13,61	38:31,10	39:08,42	39:07,43	39:12,58	40:04,77	40:20,97	40:21,59	40:40,46	40:23,47	40:55,83	41:07,89	41:53,75	42:03,51	
4000	43:39,97	44:04,82	44:44,86	44:48,44	44:58,72	45:56,14	46:10,48	46:10,71	46:35,05	46:22,45	46:52,69	47:06,81	47:54,94	48:19,65	
4500	49:09,88	49:38,13	50:24,86	50:33,01	50:50,41	51:44,01	51:56,07	52:00,94	52:22,72	52:26,62	52:51,05	53:03,99	53:57,30	54:40,28	
5000	54:40,11	55:09,25	55:57,68	56:12,08	56:38,85	57:28,48	57:38,91	57:52,42	58:05,08	58:24,60	58:41,63	58:57,23	59:58,06	1:00:55,76	

500	5:28,19	5:30,61	5:27,91	5:30,00	5:28,65	5:38,80	5:38,41	5:39,22	5:42,50	5:40,04	5:44,87	5:47,51	5:56,48	5:47,39	
1000	5:29,18	5:28,88	5:33,55	5:31,51	5:29,36	5:38,95	5:41,80	5:40,16	5:42,58	5:41,16	5:44,60	5:48,35	5:56,26	5:55,12	
1500	5:27,91	5:28,49	5:33,21	5:34,43	5:32,40	5:42,64	5:44,48	5:45,82	5:45,93	5:38,86	5:50,28	5:53,04	5:57,58	5:58,12	
2000	5:28,74	5:30,16	5:39,69	5:34,24	5:33,71	5:44,86	5:48,92	5:48,65	5:48,87	5:45,13	5:54,40	5:53,28	6:00,23	6:04,25	
2500	5:27,45	5:29,46	5:41,73	5:37,30	5:40,57	5:46,97	5:49,33	5:49,39	5:52,67	5:45,80	5:51,40	5:54,36	6:00,51	6:00,55	
3000	5:26,48	5:31,20	5:40,93	5:38,67	5:42,65	5:46,00	5:50,15	5:49,93	5:53,67	5:53,04	5:52,85	5:56,17	6:01,94	6:06,38	
3500	5:25,66	5:32,30	5:31,40	5:41,28	5:45,24	5:46,55	5:47,88	5:48,42	5:54,24	5:59,44	5:57,43	5:55,18	6:00,75	6:11,70	
4000	5:26,36	5:33,72	5:36,44	5:41,01	5:46,14	5:51,37	5:49,51	5:49,12	5:54,59	5:58,98	5:56,86	5:58,92	6:01,19	6:16,14	
4500	5:29,91	5:33,31	5:40,00	5:44,57	5:51,69	5:47,87	5:45,59	5:50,23	5:47,67	6:04,17	5:58,36	5:57,18	6:02,36	6:20,63	
5000	5:30,23	5:31,12	5:32,82	5:39,07	5:48,44	5:44,47	5:42,84	5:51,48	5:42,36	5:57,98	5:50,58	5:53,24	6:00,76	6:15,48	

1000	10:57,37	10:59,49	11:01,46	11:01,51	10:58,01	11:17,75	11:20,21	11:19,38	11:25,08	11:21,20	11:29,47	11:35,86	11:52,74	11:42,51	
2000	10:56,65	10:58,65	11:12,90	11:08,67	11:06,11	11:27,50	11:33,40	11:34,47	11:34,80	11:23,99	11:44,68	11:46,32	11:57,81	12:02,37	
3000	10:53,93	11:00,66	11:22,66	11:15,97	11:23,22	11:32,97	11:39,48	11:39,32	11:46,34	11:38,84	11:44,25	11:50,53	12:02,45	12:06,93	
4000	10:52,02	11:06,02	11:07,84	11:22,29	11:31,38	11:37,92	11:37,39	11:37,54	11:48,83	11:58,42	11:54,29	11:54,10	12:01,94	12:27,84	
5000	11:00,14	11:04,43	11:12,82	11:23,64	11:40,13	11:32,34	11:28,43	11:41,71	11:30,03	12:02,15	11:48,94	11:50,42	12:03,12	12:36,11	

prom./1000	6:33,59	6:35,76	6:43,40	6:41,23	6:41,47	6:51,64	6:54,62	6:54,63	6:57,24	6:52,81	6:59,68	7:02,54	7:10,60	7:10,36	
prom./500	5:28,01	5:30,93	5:35,77	5:37,21	5:39,88	5:44,85	5:45,89	5:47,24	5:48,51	5:50,46	5:52,16	5:53,72	5:59,81	6:05,58	
prom./100	1:05,60	1:06,19	1:07,15	1:07,44	1:07,98	1:08,97	1:09,18	1:09,45	1:09,70	1:10,09	1:10,43	1:10,74	1:11,96	1:13,12	





VI CAMPEONATO DE ESPAÑA LARGA DISTANCIA

CATEGORÍAS INFANTIL- JUNIOR - SENIOR

Organiza: Club Natació Sabadell
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Sabadell (Bcn), 07.febrero.2015



Prueba nº 4 - 5000 metros - Categoría JUNIOR FEMENINO

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Puesto	1º	2º	3º	4º	5º	6º	7º	8º	9º	10º	11º	12º	13º	14º	15º
Apellidos	PEREZ BLANCO	DE VALDES ALVAREZ	ARTIGAS FERNANDEZ	SANCHEZ MORALES	TORRAS PIEDIEHIERRO	ORTIZ DE GUINEA B.	GOYANES GARCIA	IBAN BAKER	MARTI BALLESTER	ALCAIDE DOMINGUEZ	RODRIGUEZ CAO	GALINDO VIVES	LOPEZ PADILLA	CAMPOS CAÑEDO	DE LA TORRE GUIL
Nombre	JIMENA	MARIA	ISABEL	ELISA	JUDITH	ALBA	PAULA	MARIA DEL MAR	MARILO	MARIA	LAURA	MARTA	LILIAN	ANDREA	MARINA
Año	1997	1998	1998	1998	1998	1997	1998	1998	1998	1998	1998	1997	1997	1997	1997
Licencia	002566129	079031206	073225224	077142311	047920887	053781271	039469584	047252703	020052392	047178957	077129806	018957828	043223350	071727444	077180920
Club	GREDOS S. DIEGO	FUENGIROLA SWIM	REAL CANOE N.C.	C.N. CHURRIANA	C.N. GRANOLLERS	C.N. SANTA OLAYA	GALAICO	C.N. STA.EULALIA RIO	CST-CST COSTA AZAHAR	C.N. SABADELL	C.N. SABADELL	CST-CST COSTA AZAHAR	CN.PALMA DE MALLORCA	C.N. SANTA OLAYA	R.C. MEDITERRANEO
Serie-Calle-Ld	4-4-Dr	4-3-Dr	4-8-Dr	4-7-Dr	2-8-Dr	2-6-Dr	4-1-Dr	2-9-Dr	4-9-Dr	4-6-Dr	4-5-Dr	2-5-Dr	4-2-Dr	2-7-Dr	4-0-Dr

Tiempo	57:11,05	59:53,00	1:00:43,95	1:00:49,87	1:01:33,33	1:01:39,75	1:01:45,01	1:01:53,62	1:01:57,79	1:02:11,07	1:02:35,46	1:02:41,70	1:03:01,63	1:03:30,86	baja
Puntos	19	16	14	12	11	10	9	8	7	6	5	4	3	2	

MMN/18a.
57:15,80

100	1:06,73	1:07,53	1:08,98	1:08,10	1:11,64	1:10,63	1:10,33	1:11,39	1:11,72	1:07,00	1:06,76	1:11,04	1:09,82	1:10,02	
200	2:14,43	2:17,03	2:19,27	2:16,93	2:24,03	2:22,40	2:21,57	2:24,24	2:24,70	2:16,97	2:17,36	2:24,04	2:21,01	2:21,86	
400	4:27,92	4:36,41	4:34,87	4:35,81	4:49,49	4:47,48	4:43,56	4:49,64	4:50,43	4:36,25	4:39,39	4:51,49	4:44,68	4:48,36	
500	5:34,91	5:46,25	5:50,10	5:45,41	6:02,31	5:59,82	5:54,18	6:02,30	6:03,28	5:47,00	5:50,84	6:04,98	5:57,05	6:02,64	
800	8:56,57	9:16,00	9:22,32	9:16,30	9:41,21	9:36,61	9:28,37	9:40,36	9:42,62	9:22,31	9:28,39	9:48,02	9:37,29	9:45,70	
1000	11:11,34	11:37,15	11:44,81	11:37,50	12:07,56	12:02,21	11:53,55	12:06,68	12:10,36	11:47,43	11:55,96	12:16,67	12:06,09	12:15,36	
1500	16:51,17	17:33,49	17:43,60	17:36,53	18:17,64	18:06,52	18:01,00	18:16,83	18:21,01	17:57,03	18:07,78	18:30,61	18:21,24	18:31,75	
2000	22:31,49	23:32,36	23:43,93	23:44,53	24:29,99	24:15,27	24:09,79	24:30,00	24:35,32	24:11,00	24:21,57	24:47,65	24:38,84	24:54,82	
2500	28:17,26	29:34,68	29:47,01	29:54,92	30:43,06	30:26,33	30:20,94	30:43,39	30:52,08	30:27,49	30:39,51	31:06,96	31:01,82	31:18,53	
3000	34:06,15	35:34,08	35:53,00	36:06,25	36:55,64	36:38,51	36:35,30	36:56,11	36:59,32	36:45,52	37:02,02	37:25,83	37:25,94	37:43,53	
3500	39:56,50	41:36,02	42:03,00	42:19,66	43:06,34	42:50,18	42:53,02	43:08,80	43:16,18	43:08,62	43:25,85	43:47,99	43:47,38	44:06,57	
4000	45:43,49	47:41,02	48:16,03	48:33,52	49:17,24	49:04,03	49:12,44	49:19,99	49:30,39	49:33,71	49:51,88	50:10,89	50:14,16	50:33,59	
4500	51:31,81	53:47,25	54:31,31	54:45,57	55:25,96	55:23,18	55:31,04	55:37,70	55:45,57	55:54,57	56:16,85	56:29,59	56:42,01	57:02,76	
5000	57:11,05	59:53,00	1:00:43,95	1:00:49,87	1:01:33,33	1:01:39,75	1:01:45,01	1:01:53,62	1:01:57,79	1:02:11,07	1:02:35,46	1:02:41,70	1:03:01,63	1:03:30,86	

500	5:34,91	5:46,25	5:50,10	5:45,41	6:02,31	5:59,82	5:54,18	6:02,30	6:03,28	5:47,00	5:50,84	6:04,98	5:57,05	6:02,64	
1000	5:36,43	5:50,90	5:54,71	5:52,09	6:05,25	6:02,39	5:59,37	6:04,38	6:07,08	6:00,43	6:05,12	6:11,69	6:09,04	6:12,72	
1500	5:39,83	5:56,34	5:58,79	5:59,03	6:10,08	6:04,31	6:07,45	6:10,15	6:10,65	6:09,60	6:11,82	6:13,94	6:15,15	6:16,39	
2000	5:40,32	5:58,87	6:00,33	6:08,00	6:12,35	6:08,75	6:08,79	6:13,17	6:14,31	6:13,97	6:13,79	6:17,04	6:17,60	6:23,07	
2500	5:45,77	6:02,32	6:03,08	6:10,39	6:13,07	6:11,06	6:11,15	6:13,39	6:16,76	6:16,49	6:17,94	6:19,31	6:22,98	6:23,71	
3000	5:48,89	5:59,40	6:05,99	6:11,33	6:12,58	6:12,18	6:14,36	6:12,72	6:07,24	6:18,03	6:22,51	6:18,87	6:24,12	6:25,00	
3500	5:50,35	6:01,94	6:10,00	6:13,41	6:10,70	6:11,67	6:17,72	6:12,69	6:16,86	6:23,10	6:23,83	6:22,16	6:21,44	6:23,04	
4000	5:46,99	6:05,00	6:13,03	6:13,86	6:10,90	6:13,85	6:19,42	6:11,19	6:14,21	6:25,09	6:26,03	6:22,90	6:26,78	6:27,02	
4500	5:48,32	6:06,23	6:15,28	6:12,05	6:08,72	6:19,15	6:18,60	6:17,71	6:15,18	6:20,86	6:24,97	6:18,70	6:27,85	6:29,17	
5000	5:39,24	6:05,75	6:12,64	6:04,30	6:07,37	6:16,57	6:13,97	6:15,92	6:12,22	6:16,50	6:18,61	6:12,11	6:19,62	6:28,10	

1000	11:11,34	11:37,15	11:44,81	11:37,50	12:07,56	12:02,21	11:53,55	12:06,68	12:10,36	11:47,43	11:55,96	12:16,67	12:06,09	12:15,36	
2000	11:20,15	11:55,21	11:59,12	12:07,03	12:22,43	12:13,06	12:16,24	12:23,32	12:24,96	12:23,57	12:25,61	12:30,98	12:32,75	12:39,46	
3000	11:34,66	12:01,72	12:09,07	12:21,72	12:25,65	12:23,24	12:25,51	12:26,11	12:24,00	12:34,52	12:40,45	12:38,18	12:47,10	12:48,71	
4000	11:37,34	12:06,94	12:23,03	12:27,27	12:21,60	12:25,52	12:37,14	12:23,88	12:31,07	12:48,19	12:49,86	12:45,06	12:48,22	12:50,06	
5000	11:27,56	12:11,98	12:27,92	12:16,35	12:16,09	12:35,72	12:32,57	12:33,63	12:27,40	12:37,36	12:43,58	12:30,81	12:47,47	12:57,27	

prom./1000	11:26,21	11:58,60	12:08,79	12:09,97	12:18,67	12:19,95	12:21,00	12:22,72	12:23,56	12:26,21	12:31,09	12:32,34	12:36,33	12:42,17	
prom./500	5:43,11	5:59,30	6:04,40	6:04,99	6:09,33	6:09,98	6:10,50	6:11,36	6:11,78	6:13,11	6:15,55	6:16,17	6:18,16	6:21,09	
prom./100	1:08,62	1:11,86	1:12,88	1:13,87	1:13,87	1:14,00	1:14,10	1:14,27	1:14,36	1:14,62	1:15,11	1:15,23	1:15,63	1:16,22	





VI CAMPEONATO DE ESPAÑA LARGA DISTANCIA

CATEGORÍAS INFANTIL- JUNIOR - SENIOR

Organiza: Club Natació Sabadell
Centre Can Lilong, 50 mts., 10 calles
Sabadell (Bcn), 07.febrero.2015



Prueba nº 5 - 5000 metros - Categoría SENIOR MASCULINO

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Puesto	1º	2º	3º	4º	5º	6º	7º	8º	9º	10º	11º	12º	13º	----	
Apellidos	ARROYO PEREZ	GIL TARAZONA	RIVERA GOMIS	CABANILLAS QUINTANILLA	BOSCH PLANAS	FERRATER ROCA	FERNANDEZ NIETO	GONZALEZ DIANEZ	GARCIA DIAZ	CONTRERAS GONZALEZ	ESQUITINO GARRIDO	BAUTISTA BORRAS	GÓMEZ GÓMEZ	RUIZ PEREZ HECTOR	
Nombre	ANTONIO	POL	CARLOS	RAFAEL	JORDI	MARC	CRISTIAN	ADRIAN	FRANCISCO JOSÉ	ANTONIO	ALBERTO	MIGUEL	TOMAS	HECTOR	
Año	1994	1996	1994	1987	1994	1993	1992	1990	1995	1996	1995	1994	1995	1991	
Licencia	053318867	047893607	099164696	047896144	047440881	039926141	077404524	039430585	053353676	030258471	P10350028	P00088031	053259226	041555996	
Club	ATC. BARCELONETA	C.N. VALLIRANA	C.N. SAN VICENTE	CST-CST COSTA AZAHAR	C.N. SANT ANDREU	C.E. MEDITERRANI	GALAICO	C.N. MATARO	C.N. MAIRENA ALJF.	C.N. ALCALA	C.N. CHURRIANA	C.N. MAIRENA ALJF.	C.N. PISCIS-MISLATA	C.N. MATARO	
Serie-Calle-Ld	3-4-lz	3-7-lz	3-5-lz	3-3-lz	3-6-lz	2-3-lz	3-1-lz	2-2-lz	3-9-lz	3-2-lz	3-0-lz	3-8-lz	2-1-lz		

Tiempo	53:23,53	55:28,38	55:39,83	55:58,87	56:58,75	57:00,82	57:48,76	58:17,36	58:31,85	58:52,23	59:05,61	59:21,41	1:00:15,53	baja	
Puntos	19	16	14	12	11	10	9	8	7	6	5	4	3		

RESPAÑA
R.CAMPTO
antr.: 53:38,60

100	1:03,38	1:05,25	1:06,00	1:07,36	1:07,25	1:08,57	1:06,42	1:08,34	1:08,41	1:06,92	1:06,82	1:08,16	1:09,22		
200	2:06,75	2:10,57	2:11,94	2:14,81	2:15,05	2:18,67	2:14,28	2:18,11	2:17,62	2:15,30	2:15,35	2:17,48	2:19,95		
400	4:12,18	4:21,08	4:24,36	4:30,68	4:31,60	4:36,99	4:30,50	4:34,25	4:34,52	4:33,90	4:32,51	4:34,11	4:43,51		
500	5:14,85	5:26,42	5:30,22	5:38,41	5:39,76	5:46,53	5:38,65	5:42,40	5:43,23	5:43,91	5:41,02	5:42,10	5:55,55		
800	8:22,53	8:41,91	8:47,07	9:01,30	9:04,86	9:12,45	9:03,34	9:07,39	9:10,09	9:08,38	9:08,08	9:08,52	9:29,93		
1000	10:27,41	10:52,12	10:58,13	11:15,66	11:20,84	11:28,64	11:19,86	11:24,77	11:28,86	11:27,67	11:26,45	11:27,75	11:53,02		
1500	15:41,27	16:21,36	16:30,37	16:49,55	17:00,26	17:10,26	17:03,77	17:10,90	17:19,73	17:23,84	17:16,70	17:19,94	17:50,59		
2000	20:56,60	21:52,00	22:07,55	22:24,16	22:44,40	22:51,71	22:45,00	22:59,82	23:13,61	23:23,16	23:09,73	23:13,10	23:49,77		
2500	26:15,06	27:24,25	27:46,44	27:57,17	28:24,48	28:34,20	28:27,86	28:52,32	29:06,74	29:18,91	29:07,67	29:04,59	29:49,03		
3000	31:36,71	32:59,20	33:26,44	33:31,83	34:05,18	34:15,30	34:14,41	34:36,13	35:00,15	35:08,87	35:05,97	35:02,93	35:48,27		
3500	37:01,64	38:35,39	38:59,50	39:08,60	39:48,56	39:56,23	40:05,35	40:40,38	40:50,66	40:57,91	41:05,09	41:11,66	41:52,76		
4000	42:29,80	44:14,74	44:36,85	44:46,25	45:31,16	45:39,31	45:57,52	46:35,42	46:43,67	46:56,12	47:05,20	47:07,22	47:59,65		
4500	47:59,20	49:50,60	50:09,65	50:23,76	51:17,00	51:21,75	51:54,35	52:27,28	52:38,81	52:54,23	53:05,90	53:15,73	54:10,00		
5000	53:23,53	55:28,38	55:39,83	55:58,87	56:58,75	57:00,82	57:48,76	58:17,36	58:31,85	58:52,23	59:05,61	59:21,41	1:00:15,53		

500	5:14,85	5:26,42	5:30,22	5:38,41	5:39,76	5:46,53	5:38,65	5:42,40	5:43,23	5:43,91	5:41,02	5:42,10	5:55,55		
1000	5:12,56	5:25,70	5:27,91	5:37,25	5:41,08	5:42,11	5:41,21	5:42,37	5:45,63	5:43,76	5:45,43	5:45,65	5:57,47		
1500	5:13,86	5:29,24	5:32,24	5:33,89	5:39,42	5:41,62	5:43,91	5:46,13	5:50,87	5:56,17	5:50,25	5:52,19	5:57,57		
2000	5:15,33	5:30,64	5:37,18	5:34,61	5:44,14	5:41,45	5:41,23	5:48,92	5:53,88	5:59,32	5:53,03	5:53,16	5:59,18		
2500	5:18,46	5:32,25	5:38,89	5:33,01	5:40,08	5:42,49	5:42,86	5:52,50	5:53,13	5:55,75	5:57,94	5:51,49	5:59,26		
3000	5:21,65	5:34,95	5:40,00	5:34,66	5:40,70	5:41,10	5:46,55	5:43,81	5:53,41	5:49,96	5:58,30	5:58,34	5:59,24		
3500	5:24,93	5:36,19	5:33,06	5:36,77	5:43,38	5:40,93	5:50,94	6:04,25	5:50,51	5:49,04	5:59,12	6:08,73	6:04,49		
4000	5:28,16	5:39,35	5:37,35	5:37,65	5:42,60	5:43,08	5:52,17	5:55,04	5:53,01	5:58,21	6:00,11	5:55,56	6:06,89		
4500	5:29,40	5:35,86	5:32,80	5:37,51	5:45,84	5:42,44	5:56,83	5:51,86	5:55,14	5:58,11	6:00,70	6:08,51	6:10,35		
5000	5:24,33	5:37,78	5:30,18	5:35,11	5:41,75	5:39,07	5:54,41	5:50,08	5:53,04	5:58,00	5:59,71	6:05,68	6:05,53		

1000	10:27,41	10:52,12	10:58,13	11:15,66	11:20,84	11:28,64	11:19,86	11:24,77	11:28,86	11:27,67	11:26,45	11:27,75	11:53,02		
2000	10:29,19	10:59,88	11:09,42	11:08,50	11:23,56	11:23,07	11:25,14	11:35,05	11:44,75	11:55,49	11:43,28	11:45,35	11:56,75		
3000	10:40,11	11:07,20	11:18,89	11:07,67	11:20,78	11:23,59	11:29,41	11:36,31	11:46,54	11:45,71	11:56,24	11:49,83	11:58,50		
4000	10:53,09	11:15,54	11:10,41	11:14,42	11:25,98	11:24,01	11:43,11	11:59,29	11:43,52	11:47,25	11:59,23	12:04,29	12:11,38		
5000	10:53,73	11:13,64	11:02,98	11:12,62	11:27,59	11:21,51	11:51,24	11:41,94	11:48,18	11:56,11	12:00,41	12:14,19	12:15,88		

prom./1000	10:40,71	11:05,68	11:07,97	11:11,77	11:23,75	11:24,16	11:33,75	11:39,47	11:42,37	11:46,45	11:49,12	11:52,28	12:03,11		
prom./500	5:20,35	5:32,84	5:33,98	5:35,89	5:41,88	5:42,08	5:46,88	5:49,74	5:51,19	5:53,22	5:54,56	5:56,14	6:01,55		
prom./100	1:04,07	1:06,57	1:06,80	1:07,18	1:08,38	1:08,42	1:09,38	1:09,95	1:10,24	1:10,64	1:10,91	1:11,23	1:12,31		





VI CAMPEONATO DE ESPAÑA LARGA DISTANCIA

CATEGORÍAS INFANTIL- JUNIOR - SENIOR

Organiza: Club Natació Sabadell
Centre Can Llong, 50 mts., 10 calles
Sabadell (Bcn), 07.febrero.2015



Prueba nº 6 - 5000 metros - Categoría SENIOR FEMENINO

página: 06 de 07

Puesto	1ª	2ª	3ª	4ª	5ª	6ª	7ª	8ª	9ª	10ª	----	----	----	----	
Apellidos	VILAS VIDAL	VILLAECIJA GARCIA	MORALES GIL	DOMINGUEZ CABEZAS	BERTRAN IZQUIERDO	CIURO BOIXADERA	PIMENTEL PEREZ	ALONSO LORENZO	HERRADON MORENO	ARTILES CARBALLO	MENDIA GARCIA	POMAR SOLANA	SANTISO PRADO	BELMONTE GARCIA	
Nombre	MARIA	ERIKA	LUISA MAR	MARGARITA	AIDA	NURIA	LAURA	PAULA	CARMEN	IRENE	IRATI	SARA	ANA MARIA	MIREIA	
Año	1996	1984	1994	1987	1996	1993	1993	1995	1996	1996	1994	1995	1996	1990	
Licencia	053487155	044021228	42226434	023045572	047329264	047417071	044659339	071174037	049097038	045780748	072500934	043223837	044659381	043540480	
Club	C.N. RIVEIRA	C.N. SABADELL	C.N. METROPOLE	A.D. ANCORA	C.E. MEDITERRANI	C.N. SANT ANDREU	C.N. PABELLON OURENSE	PARQUESOL	MADRID MOSCARDO	C.N. LAS PALMAS	C.D.N. BIDASOA XXI	C.N. CHURRIANA	C.N. PABELLON OURENSE	UCAM FUENSANTA	
Serie-Calle-Ld	4-4-lz	4-3-lz	4-2-lz	4-6-lz	4-0-lz	4-8-lz	4-7-lz	2-6-lz	4-9-lz	2-5-lz	4-1-lz	2-7-lz	2-8-lz	4-5-lz	

Tiempo	56:19,55	57:12,42	58:08,83	58:57,31	59:21,35	59:33,64	1:00:39,90	1:01:23,20	1:02:26,11	1:05:08,04	retirada	baja	baja	baja	
Puntos	19	16	14	12	11	10	9	8	7	6					

100	1:04,73	1:06,01	1:06,00	1:07,85	1:10,17	1:12,29	1:09,09	1:10,87	1:11,81	1:10,88					
200	2:10,82	2:12,55	2:14,83	2:16,61	2:21,30	2:24,50	2:19,18	2:22,63	2:24,87	2:24,43					
400	4:23,91	4:25,99	4:33,25	4:35,33	4:43,06	4:50,20	4:39,78	4:47,68	4:50,75	4:52,59					
500	5:30,58	5:32,68	5:42,19	5:45,01	5:54,14	6:02,88	5:50,08	6:00,05	6:03,71	6:07,97					
800	8:50,84	8:53,40	9:11,30	9:15,87	9:26,16	9:37,24	9:22,37	9:37,09	9:42,76	10:01,34					
1000	11:04,27	11:08,15	11:30,13	11:37,07	11:48,04	11:58,91	11:44,52	12:02,72	12:10,45	12:39,15					
1500	16:39,23	16:48,54	17:17,59	17:30,00	17:41,00	17:52,32	17:43,57	18:06,89	18:21,39	19:09,83					
2000	22:16,35	22:31,52	23:07,96	23:26,11	23:34,45	23:49,69	23:43,79	24:15,54	24:35,74	25:41,49					
2500	27:53,90	28:17,36	28:59,08	29:19,28	29:28,43	29:46,42	29:46,28	30:26,63	30:52,28	32:14,30					
3000	33:31,57	34:06,23	34:49,34	35:15,25	35:26,49	35:46,20	35:51,14	36:38,63	37:06,10	38:47,46					
3500	39:10,97	39:56,45	40:37,16	41:10,88	41:25,63	41:42,92	42:00,11	42:50,48	43:25,22	45:22,61					
4000	44:52,53	45:43,75	46:29,80	47:08,93	47:26,35	47:41,46	48:12,54	49:02,58	49:45,35	52:00,97					
4500	50:35,58	51:31,52	52:21,53	53:06,13	53:26,08	53:38,56	54:26,50	55:11,82	56:07,24	58:40,45					
5000	56:19,55	57:12,42	58:08,83	58:57,31	59:21,35	59:33,64	1:00:39,90	1:01:23,20	1:02:26,11	1:05:08,04					

500	5:30,58	5:32,68	5:42,19	5:45,01	5:54,14	6:02,88	5:50,08	6:00,05	6:03,71	6:07,97					
1000	5:33,69	5:35,47	5:47,94	5:52,06	5:53,90	5:56,03	5:54,44	6:02,67	6:06,74	6:31,18					
1500	5:34,96	5:40,39	5:47,46	5:52,93	5:52,96	5:53,41	5:59,05	6:04,17	6:10,94	6:30,68					
2000	5:37,12	5:42,98	5:50,37	5:56,11	5:53,45	5:57,37	6:00,22	6:08,65	6:14,35	6:31,66					
2500	5:37,55	5:45,84	5:51,12	5:53,17	5:53,98	5:56,73	6:02,49	6:11,09	6:16,54	6:32,81					
3000	5:37,67	5:48,87	5:50,26	5:55,97	5:58,06	5:59,78	6:04,86	6:12,00	6:13,82	6:33,16					
3500	5:39,40	5:50,22	5:47,82	5:55,63	5:59,14	5:56,72	6:08,97	6:11,85	6:19,12	6:35,15					
4000	5:41,56	5:47,30	5:52,64	5:58,05	6:00,72	5:58,54	6:12,43	6:12,10	6:20,13	6:38,36					
4500	5:43,05	5:47,77	5:51,73	5:57,20	5:59,73	5:57,10	6:13,96	6:09,24	6:21,89	6:39,48					
5000	5:43,97	5:40,90	5:47,30	5:51,18	5:55,27	5:55,08	6:13,40	6:11,38	6:18,87	6:27,59					

1000	11:04,27	11:08,15	11:30,13	11:37,07	11:48,04	11:58,91	11:44,52	12:02,72	12:10,45	12:39,15					
2000	11:12,08	11:23,37	11:37,83	11:49,04	11:46,41	11:50,78	11:59,27	12:12,82	12:25,29	13:02,34					
3000	11:15,22	11:34,71	11:41,38	11:49,14	11:52,04	11:56,51	12:07,35	12:23,09	12:30,36	13:05,97					
4000	11:20,96	11:37,52	11:40,46	11:53,68	11:59,86	11:55,26	12:21,40	12:23,95	12:39,25	13:13,51					
5000	11:27,02	11:28,67	11:39,03	11:48,38	11:55,00	11:52,18	12:27,36	12:20,62	12:40,76	13:07,07					

prom./1000	11:15,91	11:26,48	11:37,77	11:47,46	11:52,27	11:54,73	12:07,98	12:16,64	12:29,22	13:01,61					
prom./500	5:37,96	5:43,24	5:48,88	5:53,73	5:56,14	5:57,36	6:03,99	6:08,32	6:14,61	6:30,80					
prom./100	1:07,59	1:08,65	1:09,78	1:10,75	1:11,23	1:11,47	1:12,80	1:13,66	1:14,92	1:18,16					



VI CAMPEONATO DE ESPAÑA LARGA DISTANCIA P50

Categorías INFANTIL, JUNIOR y SENIOR

Organiza: Club Natació Sabadell

Centre Can Llong - Piscines Carles Ibars, 50 mts., 10 calles Sabadell (Bcn), 07 de febrero de 2015



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CLASIFICACION FINAL POR EQUIPOS

CATEGORIA MASCULINA						CATEGORIA FEMENINA					
Clasif.	CLUB	INFANTIL	JUNIOR	SENIOR	TOTAL	Clasif.	CLUB	INFANTIL	JUNIOR	SENIOR	TOTAL
01	00061 C.N. SANT ANDREU	16		11	27	01	00058 C.N. SABADELL	19	11	16	46
02	P1202 C.D. GREDOS SAN DIEGO	26			26	02	00784 C.N. GALAICO	23	9		32
03	00058 C.N. SABADELL		25		25	03	00053 REAL CANOE N.C.	12	14		26
04	P0304 C.N. LAS ANCLAS CASTRILLON		24		24	04	00713 A.D. ANCORA	11		12	23
	00054 C.N. METROPOLE		19		19		00135 C.N. SANTA OLAYA	7	12		19
05-exq.	00063 C.N. ATLETIC-BARCELONETA			19	19	05-exq.	00769 C.N. RIVEIRA			19	19
	00826 C.D. COVIBAR RIVAS	19			19		P1202 C.D. GREDOS SAN DIEGO		19		19
08	00563 C.N. ALCALA	11		6	17	08	00061 C.N. SANT ANDREU	08		10	18
09	00176 C.N. VALLIRANA			16	16	09-exq.	00110 R.C. MEDITERRANEO	16			16
10	00183 CST-CST COSTA AZAHAR		3	12	15		01084 C.N.D. FUENGIROLA UN SOL DE CIUDAD		16		16
	00362 C.N. SAN VICENTE			14	14	11	00563 C.N. ALCALA	15			15
11-exq.	00784 C.N. GALAICO		5	9	14	12	00054 C.N. METROPOLE			14	14
13	P1112 C.N. ARZUA		12		12	13	01035 C.N. CHURRIANA		12		12
14	00088 C.N. MAIRENA ALJARAFE			11	11		00076 C.E. MEDITERRANI			11	11
	00135 C.N. SANTA OLAYA		10		10	14-exq.	00099 C.N. GRANOLLERS		11		11
15-exq.	00076 C.E. MEDITERRANI			10	10		00183 CST-CST COSTA AZAHAR		11		11
	00409 C.N. BARAKALDO	10			10	17	00101 C.N. PABELLON OURENSE			9	9
	00416 C.N. VINAROS		10		10	18-exq.	00895 C.N. STA.EULALIA RIO		8		8
	00298 UCAM C.N. FUENSANTA	7	2		9		P0904 C.D. PARQUESOL			8	8
19-exq.	00769 C.N. RIVEIRA	9			9	20	00109 C.N. MADRID MOSCARDO			7	7
	00713 A.D. ANCORA		9		9	21-exq.	00060 C.N. LAS PALMAS			6	6
22-exq.	00106 C.N. MATARO			8	8		00376 C.N. VILA-REAL	6			6
	00103 C.D. AMAYA	8			8	23	00056 CN.PALMA DE MALLORCA		3		3
24	P0904 C.D. PARQUESOL		7		7						
25	01035 C.N. CHURRIANA			5	5						
26	00514 C.N. PISCIS-MISLATA			3	3						