

**CTO GAL NAT ABSO INV, 27-29 DEC 2013**

Datos técnicos: Piscina de 25 m., Crono Electrónico

**J. GOMEZ NOYA**
**28/12/2013**

R.C.	8:22.94	GALAICO	J. GOMEZ NOYA	29/12/2011
R.G.	8:19.12	GALAICO	PALMA M.	03/12/2010

RK	Club	Nome	Club	T.R.	Pts.	Resultado
1	00784	<b>GALAICO</b>	GALAICO		1.436	8:29.10
	1	GOMEZ CORTES BEATRIZ	1994	50 - 27.86   100 - 57.45   150 - 1:27.83   200 - 1:58.16   27.86   29.59   30.38   30.33		
	2	MONTES PEREZ LAURA PAOLA	1991	250 - 2:27.96   300 - 3:00.77   350 - 3:34.32   400 - 4:08.00   29.80   32.81   33.55   33.68		
	3	GOYANES GARCIA PAULA	1998	450 - 4:38.36   500 - 5:11.93   550 - 5:45.75   600 - 6:18.77   30.36   33.57   33.82   33.02		
	4	GARCIA PARDAVILA IRIA	1991	650 - 6:48.43   700 - 7:21.90   750 - 7:55.73   800 - 8:29.10   29.66   33.47   33.83   33.37		
2	00186	<b>NCORUÑA</b>	NCORUÑA		1.314	8:44.41
	1	GONZALEZ EIROA IRENE	1997	50 - 30.50   100 - 1:04.38   150 - 1:39.07   200 - 2:13.06   30.50   33.88   34.69   33.99		
	2	PEREZ FDEZ.DE CORDOBA AURORA	1991	250 - 2:42.58   300 - 3:15.42   350 - 3:49.58   400 - 4:24.06   29.52   32.84   34.16   34.48		
	3	MARTINEZ CANOSA RAQUEL	1991	450 - 4:52.30   500 - 5:23.51   550 - 5:56.07   600 - 6:29.11   28.24   31.21   32.56   33.04		
	4	BALAYO CAAMAÑO ANDREA	1997	650 - 6:59.43   700 - 7:33.90   750 - 8:09.20   800 - 8:44.41   30.32   34.47   35.30   35.21		
3	00101	<b>POURENSE</b>	POURENSE		1.306	8:45.39
	1	PIMENTEL PEREZ LAURA	1993	50 - 30.07   100 - 1:02.75   150 - 1:35.91   200 - 2:09.27   30.07   32.68   33.16   33.36		
	2	ALVAREZ ALVAREZ ESTHER	1997	250 - 2:38.72   300 - 3:12.68   350 - 3:47.34   400 - 4:21.67   29.45   33.96   34.66   34.33		
	3	SANTISO PRADO ANA MARIA	1996	450 - 4:51.42   500 - 5:25.56   550 - 6:00.74   600 - 6:35.64   29.75   34.14   35.18   34.90		
	4	PRESAS PEREZ SANDRA	1990	650 - 7:05.68   700 - 7:38.67   750 - 8:12.62   800 - 8:45.39   30.04   32.99   33.95   32.77		
4	00398	<b>CFVLUGO</b>	CFVLUGO		1.302	8:45.84
	1	GARCIA RODEJA ARIAS CRISTINA	1998	50 - 29.53   100 - 1:01.99   150 - 1:34.28   200 - 2:07.50   29.53   32.46   32.29   33.22		
	2	VAZQUEZ PEREZ CARLA	1997	250 - 2:37.70   300 - 3:12.39   350 - 3:47.61   400 - 4:21.61   30.20   34.69   35.22   34.00		
	3	VAZQUEZ VILLASANTE LARA	1995	450 - 4:51.72   500 - 5:25.81   550 - 6:01.52   600 - 6:37.46   30.11   34.09   35.71   35.94		
	4	FRANCO CAL ALBA	1991	650 - 7:06.82   700 - 7:39.39   750 - 8:12.82   800 - 8:45.84   29.36   32.57   33.43   33.02		
5	01269	<b>ADLICEO</b>	ADLICEO		1.268	8:50.51
	1	DE LA FUENTE FIAÑO ANE	2001	50 - 30.31   100 - 1:03.15   150 - 1:37.86   200 - 2:12.68   30.31   32.84   34.71   MMG 34.82		
	2	ABELEDIO AREAL PAULA	1998	250 - 2:42.04   300 - 3:15.25   350 - 3:50.45   400 - 4:23.99   29.36   33.21   35.20   33.54		
	3	TORAL PAZOS ANTONIA VICTORIA	2001	450 - 4:55.31   500 - 5:30.01   550 - 6:05.96   600 - 6:42.18   31.32   34.70   35.95   36.22		
	4	BALAYO CAAMAÑO MARIA	1998	650 - 7:10.96   700 - 7:43.07   750 - 8:16.74   800 - 8:50.51   28.78   32.11   33.67   33.77		

 RT: Retirado DES: Descualificado MMG: M.M. Terr. (Para Edades) RG: Record Fed. Territorial  
 NP: Non presentado BAJ: Baixa RC: Record Campeonato

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RK	Club	Nome	Club	T.R.	Pts.	Resultado
6	00769	<b>RIVEIRA</b>	RIVEIRA		1.254	8:52.55
	1	VILAS VIDAL MARIA	1996	50 28.32 100 58.77 150 1:30.32 200 2:01.88 28.32 30.45 31.55 31.56		
	2	OTERO PEREZ CLARA	2000	250 2:32.38 300 3:06.40 350 3:41.25 400 4:15.28 30.50 34.02 34.85 34.03		
	3	BLANCO BERMUDEZ YAIZA	1995	450 4:47.34 500 5:22.18 550 5:57.97 600 6:33.72 32.06 34.84 35.79 35.75		
	4	PARDO PEREZ LAURA	1999	650 7:05.05 700 7:39.91 750 8:16.56 800 8:52.55 31.33 34.86 36.65 35.99		
7	00674	<b>CNFERRO</b>	CNFERRO		1.236	8:55.10
	1	SANTALLA TRIGO LAURA	1996	50 31.18 100 1:04.50 150 1:38.53 200 2:12.10 31.18 33.32 34.03 33.57		
	2	LOPEZ SANMARTIN NEREA	1996	250 2:43.28 300 3:17.08 350 3:51.53 400 4:27.48 31.18 33.80 34.45 35.95		
	3	MIER MOURIÑO RAZIEL	1991	450 4:57.81 500 5:32.46 550 6:07.95 600 6:43.52 30.33 34.65 35.49 35.57		
	4	VILLAR CAINZOS CLAUDIA	1992	650 7:13.99 700 7:47.23 750 8:21.03 800 8:55.10 30.47 33.24 33.80 34.07		
8	00282	<b>CDELMAR</b>	CDELMAR		1.202	8:59.99
	1	GARCIA GARAY MACARENA	1999	50 29.90 100 1:02.35 150 1:36.06 200 2:08.95 29.90 32.45 33.71 32.89		
	2	ABELEIRA ALVAREZ RAQUEL	1999	250 2:39.62 300 3:14.41 350 3:50.45 400 4:27.12 30.67 34.79 36.04 36.67		
	3	GALLARDO DE ARTAZA MARIA	1995	450 4:58.34 500 5:32.73 550 6:08.18 600 6:43.05 31.22 34.39 35.45 34.87		
	4	VEIGA SOUTO ANA	1998	650 7:13.87 700 7:49.19 750 8:24.74 800 8:59.99 30.82 35.32 35.55 35.25		
9	01156	<b>C. NAT. PORTAMIÑA LUGO</b>	POR-MIÑA		1.176	9:04.02
	1	FREIJE TORNEIRO AROA	1998	50 30.30 100 1:04.04 150 1:39.03 200 2:13.18 30.30 33.74 34.99 34.15		
	2	VILLAMIL FERNANDEZ ANDREA	1999	250 2:43.71 300 3:17.72 350 3:52.85 400 4:27.72 30.53 34.01 35.13 34.87		
	3	SAINZ DE LA MAZA RIVAS C.	1999	450 4:59.28 500 5:34.97 550 6:11.99 600 6:47.64 31.56 35.69 37.02 35.65		
	4	PIROSCIA PONTIDE CARLA	1999	650 7:18.05 700 7:52.75 750 8:28.73 800 9:04.02 30.41 34.70 35.98 35.29		
10	01133	<b>C. NAT. ARTEIXO</b>	ARTEIXO		1.166	9:05.78
	1	NAYA MATO VIRGINIA	1996	50 30.76 100 1:04.17 150 1:38.67 200 2:12.96 30.76 33.41 34.50 34.29		
	2	GOMEZ MESIAS ALBA	2000	250 2:43.92 300 3:18.06 350 3:53.28 400 4:28.34 30.96 34.14 35.22 35.06		
	3	CRESPO GONZALEZ MIRIAM	1990	450 5:00.05 500 5:34.77 550 6:10.36 600 6:46.45 31.71 34.72 35.59 36.09		
	4	GOMEZ LOPEZ NOELIA	1997	650 7:18.50 700 7:53.86 750 8:30.38 800 9:05.78 32.05 35.36 36.52 35.40		

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RK	Club	Nome	Club	T.R.	Pts.	Resultado
11	00639	<b>AGRUP. DEP. NAUTICO DE NARON</b>	NTNARON		1.142	9:09.46
	1	SANTIAGO MORON INES	1997	50 31.97 100 1:05.67 150 1:40.02 200 2:13.82 31.97 33.70 34.35 33.80		
	2	GUERRERO MANSO SARA	1997	250 2:44.85 300 3:19.22 350 3:54.35 400 4:30.02 31.03 34.37 35.13 35.67		
	3	FERNANDEZ TEIJIDO RAQUEL	1997	450 5:01.34 500 5:36.31 550 6:11.58 600 6:46.69 31.32 34.97 35.27 35.11		
	4	PITA LOPEZ UXIA	1999	650 7:18.89 700 7:55.28 750 8:32.73 800 9:09.46 32.20 36.39 37.45 36.73		
12	00837	<b>C. NAT. MONFORTE DE LEMOS</b>	MOLEMOS		1.134	9:10.64
	1	SUÑER DIAZ SANDRA	2000	50 31.44 100 1:05.84 150 1:41.11 200 2:15.94 31.44 34.40 35.27 34.83		
	2	GONZALEZ BLANCO PATRICIA	2000	250 2:47.79 300 3:23.39 350 3:59.32 400 4:34.45 31.85 35.60 35.93 35.13		
	3	RODRIGUEZ SANCHEZ ISABEL	2000	450 5:06.68 500 5:42.69 550 6:19.53 600 6:55.59 32.23 36.01 36.84 36.06		
	4	GARCIA RODRIGUEZ UXIA	2000	650 7:26.60 700 8:01.09 750 8:37.72 800 9:10.64 31.01 34.49 36.63 32.92		
13	01295	<b>CIDSANTI</b>	CIDSANTI		1.132	9:10.93
	1	LOPEZ SOUTO ALBA	1993	50 31.15 100 1:04.59 150 1:39.06 200 2:13.69 31.15 33.44 34.47 34.63		
	2	PAZOS SUAREZ PAULA	1999	250 2:46.00 300 3:21.03 350 3:58.07 400 4:34.89 32.31 35.03 37.04 36.82		
	3	SEOANE VIAÑO IRIA	1992	450 5:06.31 500 5:41.68 550 6:17.24 600 6:52.58 31.42 35.37 35.56 35.34		
	4	BLANCO FARIÑAS SARA	1995	650 7:24.18 700 7:59.22 750 8:35.35 800 9:10.93 31.60 35.04 36.13 35.58		
14	00765	<b>C. NATACION RIAS BAIXAS</b>	RBAIXAS		1.110	9:14.78
	1	PEREZ GARCIA-PICHER ANA	1998	50 32.08 100 1:05.70 150 1:40.24 200 2:15.32 32.08 33.62 34.54 35.08		
	2	RODRIGUEZ PENA ANGELA	1998	250 2:47.13 300 3:23.33 350 4:00.78 400 4:37.31 31.81 36.20 37.45 36.53		
	3	RIVAS LOPEZ SARA	1997	450 5:10.14 500 5:45.98 550 6:23.95 600 7:02.10 32.83 35.84 37.97 38.15		
	4	CONDE PAZO ALICIA	1998	650 7:32.54 700 8:06.42 750 8:41.06 800 9:14.78 30.44 33.88 34.64 33.72		
15	00878	<b>CNPONTEAREAS</b>	NPONTEA		992	9:35.91
	1	FERNANDEZ PARDO IRENE	2001	50 31.96 100 1:07.86 150 1:45.29 200 2:21.89 31.96 35.90 37.43 36.60		
	2	GANDARA DIEZ SARA	1998	250 2:52.41 300 3:26.63 350 4:03.86 400 4:41.98 30.52 34.22 37.23 38.12		
	3	JIMENEZ MARIÑO MENCIA	1999	450 5:13.71 500 5:50.88 550 6:31.18 600 7:10.82 31.73 37.17 40.30 39.64		
	4	IBÁÑEZ CARRERA SARA	2001	650 7:42.05 700 8:18.07 750 8:56.72 800 9:35.91 31.23 36.02 38.65 39.19		

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R.C.	8:22.94	GALAICO	J. GOMEZ NOYA	29/12/2011
R.G.	8:19.12	GALAICO	PALMA M.	03/12/2010

RK	Club	Nome	Club	T.R.	Pts.	Resultado
16	00071	<b>RCNVIGO</b>	RCNVIGO		988	9:36.67
	1	PUGA DIAZ NATALIA	1999	50 31.34 100 1:05.80 150 1:41.04 200 2:15.71 31.34 34.46 35.24 34.67		
	2	SEOANE BAHILLO SARA	2000	250 2:48.01 300 3:24.76 350 4:02.93 400 4:40.99 32.30 36.75 38.17 38.06		
	3	GARCIA GOYANES CARLA	2001	450 5:14.56 500 5:52.83 550 6:30.95 600 7:08.77 33.57 38.27 38.12 37.82		
	4	BARBIER URCULLU MARIA	2001	650 7:41.76 700 8:19.44 750 8:59.40 800 9:36.67 32.99 37.68 39.96 37.27		
00146	<b>C. MARINA FERROL</b>	CMARINA			0	BAJ

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