

## PROXECTO MARCAS MÍNIMAS

Tempada 2013-2014. Circular 13-10.

### MARCAS MÍNIMAS XERAIS.

Masculino									Proba		Feminino							
Ano 01	Ano 00	Ano 99	Ano 98	Ano 97	Ano 96	Abso. Mozo 94-95 *	Abso.	Conv		Conv	Abso.	Abso. Mozo 96-97 *	Ano 98	Ano 99	Ano 00	Ano 01	Ano 02	Ano 03
	0.30.30	0.29.30	0.28.80	0.27.90	0.27.10	0.26.30	0.25.85	0.7	50 Libres	0.4	0.29.60	0.30.50	0.31.10	0.31.70	0.32.30	0.32.90		
1.12.70	1.07.70	1.04.20	1.01.70	1.00.50	0.59.00	0.57.80	0.56.70	1.6	100 Libres	1.0	1.04.20	1.06.20	1.07.30	1.08.50	1.09.70	1.13.70	1.18.50	1.22.50
2.36.20	2.26.20	2.20.00	2.16.00	2.13.00	2.11.00	2.07.50	2.05.00	3.4	200 Libres	2.4	2.19.00	2.23.50	2.24.50	2.28.00	2.31.70	2.38.50	2.53.00	3.01.50
5.36.00	5.16.00	4.55.20	4.47.20	4.41.00	4.37.20	4.30.00	4.25.00	7.2	400 Libres	5.2	4.52.00	4.57.00	5.03.00	5.09.50	5.14.00	5.35.00	5.58.00	6.20.00
						09.10.00	9.00.00	15.7	800 Libres	11.9	9.49.00	10.12.00	10.18.50	10.29.00	10.50.60	11.25.00	12.15.00	12.50.00
21.15.00	20.41.50	19.25.20	18.56.20	18.35.00	18.26.00	17.52.00	17.25.00	29.5	1500 Libres	22.3	18.45.00	19.00.00						
				0.31.20	0.30.80	0.29.25	0.28.75	0.3	50 Bolboreta	0.3	0.32.70	0.34.50	0.35.80	0.36.40				
1.27.00	1.22.00	1.15.20	1.10.50	1.09.20	1.08.80	1.03.20	1.02.50	1.3	100 Bolboreta	0.8	1.12.50	1.15.00	1.16.30	1.17.50	1.23.00	1.27.00	1.33.00	1.37.60
3.12.00	3.04.00	2.47.50	2.41.50	2.38.00	2.34.00	2.26.50	2.22.00	3.1	200 Bolboreta	2.4	2.38.70	2.48.00	2.50.00	2.53.00	3.06.00	3.15.00	3.24.00	3.34.20
				0.32.60	0.32.10	0.31.00	0.30.20	1.1	50 Costas	1.0	0.34.75	0.35.80	0.36.60	0.37.30				
1.24.00	1.19.00	1.15.20	1.11.20	1.09.50	1.08.00	1.05.20	1.04.10	2.5	100 Costas	2.2	1.13.10	1.15.90	1.17.00	1.18.20	1.20.00	1.24.50	1.30.00	1.34.50
2.59.50	2.49.70	2.42.00	2.37.50	2.33.00	2.30.00	2.25.00	2.21.50	5.7	200 Costas	5.7	2.38.00	2.43.00	2.45.00	2.48.00	2.52.50	2.58.50	3.10.50	3.20.00
				0.35.30	0.34.90	0.33.90	0.33.10	0.8	50 Braza	0.6	0.38.20	0.39.30	0.40.10	0.40.90				
1.31.00	1.26.70	1.21.70	1.18.70	1.17.00	1.16.50	1.13.50	1.12.50	2.3	100 Braza	2.0	1.21.50	1.24.00	1.25.10	1.26.10	1.28.00	1.32.50	1.37.50	1.42.00
3.17.00	3.08.00	2.58.90	2.50.50	2.45.00	2.43.50	2.38.00	2.36.00	6.0	200 Braza	4.5	2.57.00	3.02.70	3.05.20	3.07.00	3.10.00	3.17.00	3.30.00	3.40.50
1.23.00	1.19.00	1.14.20	1.12.00	1.10.20	1.08.80	1.06.00	1.04.50	---	100 Estilos	---	1.14.70	1.16.50	1.17.30	1.18.70	1.20.50	1.23.00	1.29.50	1.34.00
3.00.00	2.51.00	2.43.20	2.36.70	2.32.50	2.29.10	2.24.50	2.21.00	4.9	200 Estilos	3.1	2.39.80	2.46.00	2.48.00	2.50.50	2.53.50	3.00.00	3.13.00	3.22.60
6.23.50	6.03.50	5.41.00	5.32.00	5.27.00	5.25.00	5.08.00	5.04.00	10.0	400 Estilos	7.5	5.40.00	5.50.00	5.53.00	5.58.20	6.07.50	6.25.50	6.50.00	7.07.50
							1.45.00	2.8	4 x 50 Lib	1.6	2.01.50							
5.16.00		4.48.00		4.18.00			3.54.00	6.4	4 x 100 Lib	4.0	4.26.00		4.38.00		4.56.00		5.25.00	
11.50.00		10.24.00		9.18.50			8.40.00	13.6	4 x 200 Lib	9.6	9.40.00		10.05.00		10.42.00		12.10.00	
							2.01.30	2.9	4 x 50 Est	2.3	2.17.50							
5.55.00		5.30.00		4.45.20			4.18.00	7.7	4 x 100 Est	6.0	5.00.00		5.22.50		5.42.50		6.08.00	

\* Mínima só para participación

As marcas deste cadro refírense a piscina de 25 metros e cronometraxe electrónica.

Para a conversión de electrónico a manual restaranse 19 centésimas, a excepción das probas de 50 metros onde se restarán 29 centésimas.

## MARCAS MÍNIMAS DE NADADORES CON DISCAPACIDADE.

### CATEGORÍA JÚNIOR E ABSOLUTA.

Mínimas Femininas Nadadoras con Discapacidade										
	50L	100L	200L	50E	100E	50B	100B	50M	100M	200S
S1	3:12.60	6:57.30		3:12.60	6:57.30	3:12.60	7:13.35			
S2	2:27.66	4:59.60	10:42.00	2:24.45	4:48.90	2:29.80	5:21.00			
S3	1:36.30	3:34.00	7:40.10	1:47.00	3:44.70	1:30.95	3:28.65	2:08.40		7:29.40
S4	1:27.74	3:07.25	7:18.70	1:30.95	3:12.60	1:20.25	2:56.55	1:36.30		5:37.05
S5	1:04.20	2:24.45	5:21.00	1:09.55	2:35.15	1:14.90	2:45.85	1:09.55	2:35.15	5:10.30
S6	0:58.85	2:19.10	4:27.50	1:04.20	2:19.10	1:09.55	2:35.15	1:14.90	2:19.10	4:48.90
S7	0:56.71	2:13.75	3:55.40	0:56.71	2:08.40	1:04.20	2:24.45	1:09.55	2:08.40	4:27.50
S8	0:48.15	1:41.65	3:34.00	0:53.50	1:57.70	0:58.85	2:19.10	0:53.50	2:13.75	4:16.80
S9	0:42.80	1:32.02	3:07.25	0:50.29	1:47.00	0:53.50	2:03.05	0:48.15	1:47.00	3:44.70
S10	0:39.59	1:23.46	2:51.20	0:44.94	1:41.65			0:44.94	1:41.65	3:39.35
S11	0:56.71	2:13.75	3:55.40	0:56.71	2:08.40	1:04.20	2:24.45	1:09.55	2:08.40	4:27.50
S12	0:42.80	1:32.02	3:07.25	0:50.29	1:47.00	0:53.50	2:03.05	0:48.15	1:47.00	3:44.70
S13	0:42.80	1:32.02	3:07.25	0:50.29	1:47.00	0:53.50	2:03.05	0:48.15	1:47.00	3:44.70
Mínimas Masculinas Nadadores con Discapacidade										
	50L	100L	200L	50E	100E	50B	100B	50M	100M	200S
S1	2:40.50	5:53.10		2:40.50	5:53.10	2:40.50	6:03.80			
S2	2:08.40	4:38.20	10:09.90	2:08.40	4:38.20	1:36.30	3:34.00			
S3	1:25.60	2:40.50	5:21.00	1:30.95	2:40.50	1:22.39	2:40.50	1:36.30		7:08.00
S4	1:14.90	2:29.80	5:04.95	1:22.39	2:24.45	1:06.34	2:40.50	1:09.55		4:38.20
S5	0:58.85	2:08.40	4:11.45	0:58.85	2:13.75	1:00.99	2:29.80	1:04.20	2:19.10	4:16.80
S6	0:51.36	1:57.70	3:34.00	0:53.50	2:03.05	0:57.78	2:19.10	0:51.36	2:03.05	3:55.40
S7	0:46.01	1:47.00	3:17.95	0:48.15	1:54.49	0:54.57	2:08.40	0:48.15	1:47.00	3:39.35
S8	0:39.59	1:30.95	2:56.55	0:42.80	1:36.30	0:50.29	1:47.00	0:41.73	1:30.95	3:17.95
S9	0:35.31	1:25.60	2:45.85	0:38.52	1:25.60	0:44.94	1:36.30	0:38.52	1:20.25	3:01.90
S10	0:34.24	1:14.90	2:35.15	0:36.38	1:21.32			0:35.31	1:17.04	2:56.55
S11	0:46.01	1:47.00	3:17.95	0:48.15	1:54.49	0:54.57	2:08.40	0:48.15	1:47.00	3:39.35
S12	0:35.31	1:25.60	2:45.85	0:38.52	1:25.60	0:44.94	1:36.30	0:38.52	1:20.25	3:01.90
S13	0:35.31	1:25.60	2:45.85	0:38.52	1:25.60	0:44.94	1:36.30	0:38.52	1:20.25	3:01.90
As mínimas da presente táboa serán as mesmas para piscina de 25 e 50 metros con cronometraxe electrónica. A categoría de braza e estilos, serán as correspondentes á SB e SM, do certificado que acredita a discapacidade.										

**CATEGORÍA INFANTIL.**

	Mínimas Femininas Nadadoras con Discapacidade						
	50L	100L	200L	100E	100B	100M	200S
S1	3:30.90	7:36.94		7:36.94	7:54.52		
S2	2:41.69	5:28.06	11:42.99	5:16.35	5:51.50		
S3	1:45.45	3:54.33	8:23.81	4:06.05	3:48.47		8:12.09
S4	1:36.08	3:25.04	8:00.38	3:30.90	3:13.32		6:09.07
S5	1:10.30	2:38.17	5:51.50	2:49.89	3:01.61	2:49.89	5:39.78
S6	1:04.44	2:32.31	4:52.91	2:32.31	2:49.89	2:32.31	5:16.35
S7	1:02.10	2:26.46	4:17.76	2:20.60	2:38.17	2:20.60	4:52.91
S8	0:52.72	1:51.31	3:54.33	2:08.88	2:32.31	2:26.46	4:41.20
S9	0:46.87	1:40.76	3:25.04	1:57.17	2:14.74	1:57.17	4:06.05
S10	0:43.35	1:31.39	3:07.46	1:51.31		1:51.31	4:00.19
S11	1:02.10	2:26.46	4:17.76	2:20.60	2:38.17	2:20.60	4:52.91
S12	0:46.87	1:40.76	3:25.04	1:57.17	2:14.74	1:57.17	4:06.05
S13	0:46.87	1:40.76	3:25.04	1:57.17	2:14.74	1:57.17	4:06.05
	Mínimas Masculinas Nadadores con Discapacidade						
	50L	100L	200L	100E	100B	100M	200S
S1	2:55.75	6:26.64		6:26.64	6:38.36		
S2	2:20.60	5:04.63	11:07.84	5:04.63	3:54.33		
S3	1:33.73	2:55.75	5:51.50	2:55.75	2:55.75		7:48.66
S4	1:22.02	2:44.03	5:33.92	2:38.17	2:55.75		5:04.63
S5	1:04.44	2:20.60	4:35.34	2:26.46	2:44.03	2:32.31	4:41.20
S6	0:56.24	2:08.88	3:54.33	2:14.74	2:32.31	2:14.74	4:17.76
S7	0:50.38	1:57.17	3:36.76	2:05.37	2:20.60	1:57.17	4:00.19
S8	0:43.35	1:39.59	3:13.32	1:45.45	1:57.17	1:39.59	3:36.76
S9	0:38.66	1:33.73	3:01.61	1:33.73	1:45.45	1:27.87	3:19.18
S10	0:37.49	1:22.02	2:49.89	1:29.05		1:24.36	3:13.32
S11	0:50.38	1:57.17	3:36.76	2:05.37	2:20.60	1:57.17	4:00.19
S12	0:38.66	1:33.73	3:01.61	1:33.73	1:45.45	1:27.87	3:19.18
S13	0:38.66	1:33.73	3:01.61	1:33.73	1:45.45	1:27.87	3:19.18
As mínimas da presente táboa serán as mesmas para piscina de 25 e 50 metros con cronometraxe electrónica. A categoría de braza e estilos, serán as correspondentes á SB e SM, do certificado que acredita a discapacidade.							

## CATEGORÍA ALEVÍN

Mínimas Femininas Nadadoras con Discapacidade						
	100L	200L	100E	100B	100M	200S
S1	7:24.64		7:24.64	7:38.11		
S2	5:50.32	12:48.02	5:50.32	4:29.48		
S3	3:22.11	6:44.23	3:22.11	3:22.11		8:58.96
S4	3:08.63	6:24.01	3:01.90	3:22.11		5:50.32
S5	2:41.69	5:16.64	2:48.43	3:08.63	2:55.16	5:23.38
S6	2:28.21	4:29.48	2:34.95	2:55.16	2:34.95	4:56.42
S7	2:14.75	4:09.27	2:24.18	2:41.69	2:14.75	4:36.22
S8	1:54.53	3:42.32	2:01.27	2:14.75	1:54.53	4:09.27
S9	1:47.79	3:28.85	1:47.79	2:01.27	1:41.05	3:49.06
S10	1:34.32	3:15.37	1:42.41		1:37.01	3:42.32
S11	2:14.75	4:09.27	2:24.18	2:41.69	2:14.75	4:36.22
S12	1:47.79	3:28.85	1:47.79	2:01.27	1:41.05	3:49.06
S13	1:47.79	3:28.85	1:47.79	2:01.27	1:41.05	3:49.06
Mínimas Masculinas Nadadores con Discapacidade						
	100L	200L	100E	100B	100M	200S
S1	8:45.48		8:45.48	9:05.70		
S2	6:17.27	13:28.44	6:03.80	6:44.23		
S3	4:29.48	9:39.38	4:42.96	4:22.74		9:25.90
S4	3:55.80	9:12.44	4:02.53	3:42.32		7:04.43
S5	3:01.90	6:44.23	3:15.37	3:28.85	3:15.37	6:30.75
S6	2:55.16	5:36.85	2:55.16	3:15.37	2:55.16	6:03.80
S7	2:48.43	4:56.42	2:41.69	3:01.90	2:41.69	5:36.85
S8	2:08.01	4:29.48	2:28.21	2:55.16	2:48.43	5:23.38
S9	1:55.87	3:55.80	2:14.75	2:34.95	2:14.75	4:42.96
S10	1:45.10	3:35.58	2:08.01		2:08.01	4:36.22
S11	2:48.43	4:56.42	2:41.69	3:01.90	2:41.69	5:36.85
S12	1:55.87	3:55.80	2:14.75	2:34.95	2:14.75	4:42.96
S13	1:55.87	3:55.80	2:14.75	2:34.95	2:14.75	4:42.96
As mínimas da presente táboa serán as mesmas para piscina de 25 e 50 metros con cronometraxe electrónica. A categoría de braza e estilos, serán as correspondentes á SB e SM, do certificado que acredita a discapacidade.						