



COPA CLUBES PRE PROG A, 20 OUTUBRO 2012

Datos técnicos: Piscina de 25 m., Cronometraje Manual

CARBALLO

20/10/2012

RK	Club	Nombre	Club	Pts.	Resultado
1	01156	C. NAT. PORTAMIÑA LUGO A	POR-MIÑA	30,0	4:16.10
		50' - 29.93' 100' - 1:02.59' 200' - 2:07.41' 300' - 3:12.28' 400' - 4:16.10'			
		29.93' 32.66' 33.78' 33.95' :03.82'			
2	01269	ADLICEO A	ADLICEO	24,0	4:16.79
		50' - 30.45' 100' - 1:03.19' 200' - 2:10.48' 300' - 3:14.47' 400' - 4:16.79'			
		30.45' 32.74' 35.46' 33.38' :02.32'			
3	00282	C. DEL MAR SAN AMARO A	CDELMAR	20,0	4:17.95
		50' - 31.96' 100' - 1:05.29' 200' - 2:07.42' 300' - 3:12.67' 400' - 4:17.95'			
		31.96' 33.33' 32.58' 33.87' :05.28'			
4	01156	C. NAT. PORTAMIÑA LUGO B	POR-MIÑA	18,0	4:24.39
		50' - 31.90' 100' - 1:06.39' 200' - 2:10.45' 300' - 3:18.13' 400' - 4:24.39'			
		31.90' 34.49' 33.64' 35.49' :06.26'			
5	P1112	C. NATACION ARZUA A	ARZUA	16,0	4:27.52
		50' - 32.15' 100' - 1:06.84' 200' - 2:08.82' 300' - 3:19.70' 400' - 4:27.52'			
		32.15' 34.69' 32.67' 36.86' :07.82'			
6	00617	A.D.FOGAR A	CARBALL	14,0	4:32.28
		50' - 32.66' 100' - 1:10.64' 200' - 2:16.34' 300' - 3:24.35' 400' - 4:32.28'			
		32.66' 37.98' 35.18' 35.97' :07.93'			
7	00282	C. DEL MAR SAN AMARO B	CDELMAR	12,0	4:38.20
		50' - 31.40' 100' - 1:07.58' 200' - 2:16.10' 300' - 3:28.77' 400' - 4:38.20'			
		31.40' 36.18' 35.73' 37.87' :09.43'			
8	P1112	ARZUA B	ARZUA	10,0	4:42.64
		50' - 34.33' 100' - 1:10.53' 200' - 2:22.80' 300' - 3:33.35' 400' - 4:42.64'			
		34.33' 36.20' 38.27' 37.18' :09.29'			
9	01269	ADLICEO B	ADLICEO	8,0	4:52.13
		50' - 33.56' 100' - 1:10.70' 200' - 2:23.84' 300' - 3:39.14' 400' - 4:52.13'			
		33.56' 37.14' 38.42' 39.84' :12.99'			
10	00873	C. NAUTICO REDONDELA A	CNREDON	6,0	4:54.47
		50' - 34.42' 100' - 1:11.94' 200' - 2:25.44' 300' - 3:42.16' 400' - 4:54.47'			
		34.42' 37.52' 37.89' 40.11' :12.31'			
11	00617	A.D.FOGAR B	CARBALL	4,0	5:06.62
		50' - 31.41' 100' - 1:06.64' 200' - 2:25.56' 300' - 3:40.96' 400' - 5:06.62'			
		31.41' 35.23' 41.69' 38.78' :25.66'			
12	00873	C. NAUTICO REDONDELA B	CNREDON	2,0	5:15.16
		50' - 34.77' 100' - 1:12.10' 200' - 2:31.77' 300' - 3:55.95' 400' - 5:15.16'			
		34.77' 37.33' 42.34' 44.10' :19.21'			

RT: Retirado
NP: Non presentadoDES: Descualificado
BAJ: Baixa