

CTO GAL NAT INFA VER, 7-8 XULLO 2012

Datos técnicos: Piscina de 50 m., Cronometraje Electrónico

ROSARIO DUEÑAS (OUR)
07/07/2012

RK	Club	Nombre	Club	T.R.	Pts.	Resultado
1	00784	GALAICO	GALAICO		1.134	9:17.97
	1	PEREZ GARCIA PICHER ANA	1998	50 - 31.85 100 - 1:06.41 150 - 1:42.59 200 - 2:18.84 31.85 34.56 36.18 36.25		
	2	GOYANES GARCIA PAULA	1998	250 - 2:50.11 300 - 3:25.01 350 - 4:00.75 400 - 4:35.57 31.27 34.90 35.74 34.82		
	3	GONZALEZ AVENDAÑO LUCIA	1999	450 - 5:08.51 500 - 5:45.48 550 - 6:23.44 600 - 7:00.49 32.94 36.97 37.96 37.05		
	4	CONDE PAZO ALICIA	1998	650 - 7:32.23 700 - 8:07.61 750 - 8:43.29 800 - 9:17.97 31.74 35.38 35.68 34.68		
2	01156	POR-MIÑA	POR-MIÑA		1.058	9:31.19
	1	MUÑOZ LOPEZ CRISTINA	1998	50 - 32.63 100 - 1:08.51 150 - 1:45.62 200 - 2:23.13 32.63 35.88 37.11 37.51		
	2	FREIJE TORNEIRO AROA	1998	250 - 2:55.31 300 - 3:32.56 350 - 4:10.04 400 - 4:46.55 32.18 37.25 37.48 36.51		
	3	SANCHEZ VAZQUEZ CARMEN	1999	450 - 5:19.31 500 - 5:55.97 550 - 6:33.76 600 - 7:10.82 32.76 36.66 37.79 37.06		
	4	PIROSCIA PONTIDE CARLA	1999	650 - 7:43.81 700 - 8:19.88 750 - 8:56.44 800 - 9:31.19 32.99 36.07 36.56 34.75		
3	00101	POURENSE	POURENSE		1.052	9:32.38
	1	VELEZ MELLADO MARA	1998	50 - 32.51 100 - 1:07.94 150 - 1:45.15 200 - 2:21.91 32.51 35.43 37.21 36.76		
	2	OBAYA ALVAREZ ANA KARINA	1998	250 - 2:53.67 300 - 3:29.01 350 - 4:06.49 400 - 4:43.32 31.76 35.34 37.48 36.83		
	3	ALVAREZ GONZALEZ CLAUDIA	1998	450 - 5:16.31 500 - 5:53.60 550 - 6:31.95 600 - 7:08.83 32.99 37.29 38.35 36.88		
	4	BLANCO PEREZ PAULA	1999	650 - 7:41.04 700 - 8:17.65 750 - 8:56.28 800 - 9:32.38 32.21 36.61 38.63 36.10		
4	00186	NCORUÑA	NCORUÑA		1.004	9:41.33
	1	BALAYO CAAMAÑO MARIA	1998	50 - 32.76 100 - 1:07.97 150 - 1:44.17 200 - 2:19.86 32.76 35.21 36.20 35.69		
	2	MELLA VAZQUEZ PATRICIA	1999	250 - 2:53.86 300 - 3:31.56 350 - 4:10.42 400 - 4:48.90 34.00 37.70 38.86 38.48		
	3	LAGO CASTILLO NATALIA	1999	450 - 5:22.68 500 - 6:00.64 550 - 6:39.91 600 - 7:17.89 33.78 37.96 39.27 37.98		
	4	GARCIA LAMELA AIDA	1999	650 - 7:50.51 700 - 8:26.04 750 - 9:03.78 800 - 9:41.33 32.62 35.53 37.74 37.55		
5	01269	ADLICEO	ADLICEO		966	9:48.57
	1	ABELED AREAL PAULA	1998	50 - 32.88 100 - 1:08.84 150 - 1:46.13 200 - 2:21.62 32.88 35.96 37.29 35.49		
	2	GARCIA PEREIRO REBECA	1998	250 - 2:54.25 300 - 3:31.82 350 - 4:11.00 400 - 4:49.05 32.63 37.57 39.18 38.05		
	3	AMOROSO SANMIGUEL CHEYENNE	1998	450 - 5:25.23 500 - 6:05.38 550 - 6:47.27 600 - 7:28.24 36.18 40.15 41.89 40.97		
	4	DE LA FUENTE FIAÑO NAROA	1998	650 - 8:01.03 700 - 8:36.96 750 - 9:13.56 800 - 9:48.57 32.79 35.93 36.60 35.01		

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6	00282	C. DEL MAR SAN AMARO	CDELMAR							964	9:48.98
	1	GARCIA GARAY MACARENA	1999	50	34.42	100	1:11.14	150	1:49.04	200	2:25.40
					34.42		36.72		37.90		36.36
	2	ABELEIRA ALVAREZ RAQUEL	1999	250	2:58.81	300	3:36.07	350	4:15.37	400	4:54.43
					33.41		37.26		39.30		39.06
	3	GALLARDO DE ARTAZA SARA	1999	450	5:29.43	500	6:07.94	550	6:47.05	600	7:25.53
					35.00		38.51		39.11		38.48
	4	VEIGA SOUTO ANA	1998	650	7:57.78	700	8:35.03	750	9:11.17	800	9:48.98
					32.25		37.25		36.14		37.81
7	00146	C. MARINA FERROL	CMARINA							962	9:49.44
	1	CASTRO DAFONTE SABELA	1999	50	33.02	100	1:09.90	150	1:46.03	200	2:21.47
					33.02		36.88		36.13		35.44
	2	ARDAO SUAREZ RAQUEL	1998	250	2:55.02	300	3:32.39	350	4:10.14	400	4:47.51
					33.55		37.37		37.75		37.37
	3	ARNOSI FREIRE LUCIA	1998	450	5:21.76	500	6:00.30	550	6:40.07	600	7:18.48
					34.25		38.54		39.77		38.41
	4	PEREIRA FERY NATALIA	1999	650	7:53.10	700	8:32.89	750	9:12.94	800	9:49.44
					34.62		39.79		40.05		36.50
8	00071	RCNVIGO	RCNVIGO							946	9:52.73
	1	RODRIGUEZ HUERTAS IRIA	1999	50	32.82	100	1:08.95	150	1:47.30	200	2:25.50
					32.82		36.13		38.35		38.20
	2	FIGUEROA POUSA MARIA	1998	250	2:57.71	300	3:34.29	350	4:13.05	400	4:51.32
					32.21		36.58		38.76		38.27
	3	PUGA DIAZ NATALIA	1999	450	5:22.80	500	5:58.83	550	6:36.44	600	7:14.08
					31.48		36.03		37.61		37.64
	4	MOURIÑO LOMBA ANTIA	1999	650	7:49.60	700	8:30.62	750	9:12.69	800	9:52.73
					35.52		41.02		42.07		40.04
9	01295	CIDSANTI	CIDSANTI							878	10:07.78
	1	PAZOS SUAREZ PAULA	1999	50	33.15	100	1:09.57	150	1:48.37	200	2:26.33
					33.15		36.42		38.80		37.96
	2	BLANCO FARIÑAS LUCIA	1999	250	3:01.35	300	3:41.05	350	4:21.09	400	4:59.74
					35.02		39.70		40.04		38.65
	3	NOYA VAZQUEZ CRISTINA	1998	450	5:35.13	500	6:15.52	550	6:57.28	600	7:39.01
					35.39		40.39		41.76		41.73
	4	ALONSO GATO MARIA	1998	650	8:12.14	700	8:49.75	750	9:29.34	800	10:07.78
					33.13		37.61		39.59		38.44
10	00639	AGRUP. DEP. NAUTICO DE NARON	NTNARON							870	10:09.76
	1	PITA LOPEZ UXIA	1999	50	34.72	100	1:12.79	150	1:51.40	200	2:28.67
					34.72		38.07		38.61		37.27
	2	CASTRO FORMOSO CARLA	1999	250	3:03.32	300	3:43.61	350	4:24.98	400	5:04.18
					34.65		40.29		41.37		39.20
	3	CANO VAZQUEZ SUSANA	1999	450	5:39.43	500	6:18.57	550	6:59.00	600	7:37.55
					35.25		39.14		40.43		38.55
	4	SOTO PICO CARLA	1998	650	8:12.86	700	8:52.42	750	9:32.59	800	10:09.76
					35.31		39.56		40.17		37.17

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11	00878	NPONTEA	NPONTEA							800	10:26.65
	1	RODRIGUEZ DA SILVA IRIA	1998	50	35.11	100	1:12.98	150	1:52.85	200	2:33.19
					35.11		37.87		39.87		40.34
	2	SOUTULLO RODRIGUEZ CLARA	1999	250	3:08.29	300	3:46.81	350	4:27.63	400	5:07.73
					35.10		38.52		40.82		40.10
	3	JIMENEZ MARIÑO MENCIA	1999	450	5:43.47	500	6:24.82	550	7:08.90	600	7:49.43
					35.74		41.35		44.08		40.53
	4	PIÑEIRO RAMOS NOELIA	1998	650	8:26.10	700	9:06.63	750	9:47.07	800	10:26.65
					36.67		40.53		40.44		39.58
12	01133	ARTEIXO	ARTEIXO							758	10:38.33
	1	BECERRA MARTIN EMMA	1998	50	33.11	100	1:09.38	150	1:47.01	200	2:24.88
					33.11		36.27		37.63		37.87
	2	FONTEBOA SANMARTIN AMELIA	1999	250	3:05.43	300	3:50.77	350		400	5:20.22
					40.55		45.34				5:20.2
	3	BECERRA MARTIN LAURA	1998	450	5:54.96	500	6:33.86	550	7:14.10	600	7:54.46
					34.74		38.90		40.24		40.36
	4	FREIRE LOPEZ ANA	1999	650	8:30.60	700		750	9:57.25	800	10:38.33
					36.14				9:57.2		41.08
13	00674	CNFERRO	CNFERRO							0	10:58.26
	1	DIAZ TOIMIL CARLA	1998	50	35.26	100	1:15.07	150	1:55.95	200	2:36.81
					35.26		39.81		40.88		40.86
	2	MASSA TEIJEIRO ELENA	1999	250	3:12.28	300	3:53.18	350	4:35.08	400	5:16.02
					35.47		40.90		41.90		40.94
	3	RAMOS BOGO IRENE	1999	450	5:55.02	500	6:38.23	550	7:23.30	600	8:05.96
					39.00		43.21		45.07		42.66
	4	CENDAN PEREZ EREA	1999	650	8:45.55	700	9:29.90	750	10:15.26	800	10:58.26
					39.59		44.35		45.36		43.00

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