

**CTO GAL NAT ABSO VER, 29-1 XUÑO 2012**

Datos técnicos: Piscina de 50 m., Crono Electrónico

**RIAS DO SUR**
**30/06/2012**

R.G.	08:29.56	GALAICO	MATARO	23/07/2011
R.C.	08:36.63	GALAICO	RIAS DO SUR	02/07/2011

RK	Club	Nome	Club	T.R.	Pts.	Resultado
1	00784	<b>CNGALAICO</b>	GALAICO		1.378	8:43.11
	1	GOMEZ CORTES BEATRIZ	1994	50 - 28.90   100 - 1:00.42   150 - 1:32.39   200 - 2:02.79   28.90   31.52   31.97   30.40		
	2	ARANGUREN ABEIGON ITZIAR	1997	250 - 2:33.45   300 - 3:07.37   350 - 3:42.10   400 - 4:16.03   30.66   33.92   34.73   33.93		
	3	GOYANES GARCIA PAULA	1998	450 - 4:47.76   500 - 5:22.81   550 - 5:57.72   600 - 6:31.95   31.73   35.05   34.91   34.23		
	4	GARCIA PARDAVILA IRIA	1991	650 - 7:01.73   700 - 7:35.31   750 - 8:09.43   800 - 8:43.11   29.78   33.58   34.12   33.68		
2	00186	<b>CNCORUÑA</b>	NCORUÑA		1.304	8:52.83
	1	MARTINEZ CANOSA RAQUEL	1991	50 - 30.07   100 - 1:02.37   150 - 1:35.63   200 - 2:09.02   30.07   32.30   33.26   33.39		
	2	IGLESIAS RODRIGUEZ BEATRIZ	1994	250 - 2:40.31   300 - 3:14.26   350 - 3:49.09   400 - 4:23.56   31.29   33.95   34.83   34.47		
	3	PEREZ FDEZ.DE CORDOBA AURORA	1991	450 - 4:53.24   500 - 5:26.85   550 - 6:01.28   600 - 6:35.62   29.68   33.61   34.43   34.34		
	4	BALAYO CAAMAÑO MARIA	1998	650 - 7:06.84   700 - 7:41.35   750 - 8:17.30   800 - 8:52.83   31.22   34.51   35.95   35.53		
3	00101	<b>CNPOURENSE</b>	POURENSE		1.272	8:57.26
	1	PIMENTEL PEREZ LAURA	1993	50 - 30.57   100 - 1:03.19   150 - 1:35.97   200 - 2:08.75   30.57   32.62   32.78   32.78		
	2	PRESAS PEREZ SANDRA	1990	250 - 2:40.57   300 - 3:15.13   350 - 3:50.67   400 - 4:26.18   31.82   34.56   35.54   35.51		
	3	BLANCO SEARA LAURA	1995	450 - 4:55.38   500 - 5:29.93   550 - 6:05.17   600 - 6:40.41   29.20   34.55   35.24   35.24		
	4	RAÑA RUIZ MARIA ISABEL	1992	650 - 7:11.41   700 - 7:46.18   750 - 8:21.07   800 - 8:57.26   31.00   34.77   34.89   36.19		
4	00674	<b>CNFERROL-ELINCO</b>	CNFERRO		1.232	9:02.78
	1	LOPEZ SANMARTIN NEREA	1996	50 - 31.19   100 - 1:06.15   150 - 1:42.10   200 - 2:17.87   31.19   34.96   35.95   35.77		
	2	GARCIA SOTO PATRICIA	1991	250 - 2:47.61   300 - 3:21.37   350 - 3:55.58   400 - 4:30.01   29.74   33.76   34.21   34.43		
	3	SANTALLA TRIGO LAURA	1996	450 - 5:01.92   500 - 5:38.11   550 - 6:14.86   600 - 6:49.80   31.91   36.19   36.75   34.94		
	4	VILLAR CAINZOS CLAUDIA	1992	650 - 7:19.75   700 - 7:53.14   750 - 8:28.07   800 - 9:02.78   29.95   33.39   34.93   34.71		
5	00769	<b>CNRIVEIRA</b>	RIVEIRA		1.212	9:05.86
	1	LAGO AROBES JUDITH	1995	50 - 30.20   100 - 1:02.95   150 - 1:36.25   200 - 2:09.33   30.20   32.75   33.30   33.08		
	2	LAGO AROBES ANAIS	1999	250 - 2:41.69   300 - 3:17.21   350 - 3:53.33   400 - 4:28.20   32.36   35.52   36.12   34.87		
	3	BLANCO BERMUDEZ YAIZA	1995	450 - 5:00.74   500 - 5:36.74   550 - 6:13.69   600 - 6:48.76   32.54   36.00   36.95   35.07		
	4	HERMO SANTOS ESMERALDA	1997	650 - 7:20.13   700 - 7:55.01   750 - 8:30.90   800 - 9:05.86   31.37   34.88   35.89   34.96		

 RT: Retirado  
 NP: Non presentado  
 DES: Descualificado  
 BAJ: Baixa  
 MMG: M.M. Terr. (Para Edades)  
 RG: Record Fed. Territorial  
 RC: Record Campeonato

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R.G.	08:29.56	GALAICO	MATARO	23/07/2011
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RK	Club	Nome	Club	T.R.	Pts.	Resultado
6	00398	<b>CFLUVIALUGO</b>	CFVLUGO		1.210	9:06.10
	1	VAZQUEZ PEREZ CARLA	1997	50 31.37 100 1:07.44 150 1:44.52 200 2:20.35 31.37 36.07 37.08 35.83		
	2	GARCIA RODEJA ARIAS CRISTINA	1998	250 2:50.77 300 3:25.03 350 3:59.49 400 4:33.71 30.42 34.26 34.46 34.22		
	3	FRANCO CAL ALBA	1991	450 5:04.41 500 5:38.33 550 6:13.09 600 6:46.58 30.70 33.92 34.76 33.49		
	4	VAZQUEZ VILLASANTE LARA	1995	650 7:18.10 700 7:53.11 750 8:30.10 800 9:06.10 31.52 35.01 36.99 36.00		
7	01269	<b>A.D. LICEO</b>	ADLICEO		1.106	9:22.72
	1	SAKULSKI OTERO COSIMA	1995	50 31.56 100 1:06.83 150 1:42.54 200 2:17.70 31.56 35.27 35.71 35.16		
	2	DOMINGUEZ CASTIÑEIRA NEREA	1997	250 2:48.97 300 3:23.35 350 3:59.43 400 4:35.89 31.27 34.38 36.08 36.46		
	3	ABELEDIO AREAL PAULA	1998	450 5:08.50 500 5:45.36 550 6:23.47 600 7:00.62 32.61 36.86 38.11 37.15		
	4	DE LA FUENTE FIAÑO NAROA	1998	650 7:33.21 700 8:09.79 750 8:46.78 800 9:22.72 32.59 36.58 36.99 35.94		
8	00282	<b>CDELMAR</b>	CDELMAR		1.100	9:23.87
	1	VEIGA SOUTO ANA	1998	50 32.43 100 1:08.37 150 1:45.42 200 2:22.08 32.43 35.94 37.05 36.66		
	2	GARCIA GARAY MACARENA	1999	250 2:54.62 300 3:30.77 350 4:08.44 400 4:44.43 32.54 36.15 37.67 35.99		
	3	VEIGA SOUTO MARIA	1996	450 5:16.07 500 5:52.82 550 6:31.05 600 7:07.72 31.64 36.75 38.23 36.67		
	4	GALLARDO DE ARTAZA MARIA	1995	650 7:38.27 700 8:12.98 750 8:48.62 800 9:23.87 30.55 34.71 35.64 35.25		
9	00071	<b>RCNVIGO</b>	RCNVIGO		1.080	9:27.41
	1	RODRIGUEZ HUERTAS IRIA	1999	50 32.92 100 1:09.34 150 1:46.87 200 2:23.87 32.92 36.42 37.53 37.00		
	2	PUGA DIAZ NATALIA	1999	250 2:56.06 300 3:32.09 350 4:10.21 400 4:47.55 32.19 36.03 38.12 37.34		
	3	FIGUEROA POUSA PAULA	1993	450 5:18.94 500 5:55.43 550 6:33.07 600 7:10.68 31.39 36.49 37.64 37.61		
	4	TORNERO VIÑAS INES	1993	650 7:40.56 700 8:14.43 750 8:50.52 800 9:27.41 29.88 33.87 36.09 36.89		
10	01133	<b>CN ARTEIXO</b>	ARTEIXO		1.070	9:29.08
	1	NAYA MATO VIRGINIA	1996	50 31.94 100 1:06.43 150 1:41.27 200 2:16.02 31.94 34.49 34.84 34.75		
	2	GOMEZ LOPEZ NOELIA	1997	250 2:49.36 300 3:26.39 350 4:03.06 400 4:39.33 33.34 37.03 36.67 36.27		
	3	BECERRA MARTIN ENMA	1998	450 5:12.42 500 5:48.94 550 6:26.76 600 7:04.95 33.09 36.52 37.82 38.19		
	4	FOLGUEIRA SUAREZ TAMARA	1994	650 7:36.81 700 8:13.33 750 8:51.30 800 9:29.08 31.86 36.52 37.97 37.78		

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RK	Club	Nome	Club	T.R.	Pts.	Resultado
11	01295	<b>CIDADE SANTIAGO</b>	CIDSANTI		1.062	9:30.45
	1	PAZOS SUAREZ PAULA	1999	50 33.25 100 1:09.99 150 1:48.23 200 2:25.62 33.25 36.74 38.24 37.39		
	2	SEOANE VIAÑO IRIA	1992	250 2:56.63 300 3:32.61 350 4:09.03 400 4:45.40 31.01 35.98 36.42 36.37		
	3	FERNANDEZ MENDEZ ALICIA	1995	450 5:18.31 500 5:55.31 550 6:33.88 600 7:11.72 32.91 37.00 38.57 37.84		
	4	BLANCO FARIÑAS SARA	1995	650 7:43.52 700 8:18.67 750 8:55.01 800 9:30.45 31.80 35.15 36.34 35.44		
12	01156	<b>CNPORTAMIÑA</b>	POR-MIÑA		1.044	9:33.70
	1	PIROSCIA PONTIDE CARLA	1999	50 33.26 100 1:10.69 150 1:48.67 200 2:25.36 33.26 37.43 37.98 36.69		
	2	MUÑOZ LOPEZ CRISTINA	1998	250 2:57.49 300 3:33.98 350 4:11.35 400 4:49.55 32.13 36.49 37.37 38.20		
	3	BALEA CASAS TANIA	1996	450 5:21.35 500 5:56.33 550 6:31.91 600 7:10.75 31.80 34.98 35.58 38.84		
	4	MARTINEZ GRANDIO CLARA MARIA	1998	650 7:43.82 700 8:19.49 750 8:56.82 800 9:33.70 33.07 35.67 37.33 36.88		

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