



# III CAMPEONATO DE ESPAÑA LARGA DISTANCIA

## CATEGORIAS INFANTIL- JUNIOR - SENIOR

Organiza: Federación Madrileña de Natación  
Piscina: Centro M'86, 50 metros, 10 calles  
Madrid, 11 de febrero de 2012



### Prueba nº 1 - 3000 metros - Categoría INFANTIL MASCULINO

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Puesto	1º	2º	3º	4º	5º							
Apellidos	VICTORIA CAMPILLO	CEPEDANO ARCONES	BLANCO MOLLA	MARTINEZ ROCAMORA	GALENDE FDEZ.	SUAREZ PUERTA						
Nombre	PABLO	CESAR	LUCIO	OSCAR	ALBERTO	BORJA						
Año	1996	1997	1996	1996	1997	1996						
Licencia	48700856	5262117	48725030	48693967	52004909	43208474						
Club	CN FUENSANTA	R CANOE NC	CN ELCHE	CN FUENSANTA	R CANOE NC	CN PALMA MALLORCA						
Serie-Calle-Ld	1-5-DR	1-7-DR	1-6-DR	1-4-DR	1-3-DR							
Tiempo	34:45,99	35:01,82	35:17,61	36:05,58	36:10,11	BAJA						
Puntos	19	16	14	12	11							
100	1:09,34	1:09,04	1:09,11	1:10,71	1:08,99							
200	2:20,63	2:20,71	2:20,57	2:22,51	2:20,53							
400	4:41,00	4:42,31	4:41,96	4:45,97	4:42,56							
500	5:51,12	5:52,67	5:52,91	5:57,16	5:54,34							
800	9:19,24	9:25,30	9:24,74	9:31,86	9:28,89							
1000	11:37,99	11:45,70	11:45,22	11:55,42	11:51,91							
1500	17:23,18	17:35,03	17:36,54	17:52,89	17:52,77							
2000	23:09,82	23:23,81	23:31,34	23:53,13	23:56,33							
2500	28:58,12	29:14,04	29:26,12	29:59,89	30:05,25							
3000	34:45,99	35:01,82	35:17,61	36:05,58	36:10,11							
3500												
4000												
4500												
5000												
500	5:51,12	5:52,67	5:52,91	5:57,16	5:54,34							
1000	5:46,87	5:53,03	5:52,31	5:58,26	5:57,57							
1500	5:45,19	5:49,33	5:51,32	5:57,47	6:00,86							
2000	5:46,64	5:48,78	5:54,80	6:00,24	6:03,56							
2500	5:48,30	5:50,23	5:54,78	6:06,76	6:08,92							
3000	5:47,87	5:47,78	5:51,49	6:05,69	6:04,86							
3500												
4000												
4500												
5000												
1000	11:37,99	11:45,70	11:45,22	11:55,42	11:51,91							
2000	11:31,83	11:38,11	11:46,12	11:57,71	12:04,42							
3000	11:36,17	11:38,01	11:46,27	12:12,45	12:13,78							
4000												
5000												
prom./1000	3 11:35,33	11:40,61	11:45,87	12:01,86	12:03,37							
prom./500	6 5:47,66	5:50,30	5:52,94	6:00,93	6:01,69							
prom./100	30 1:09,53	1:10,06	1:10,59	1:12,19	1:12,34							







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## CATEGORIAS INFANTIL- JUNIOR - SENIOR

Organiza: Federación Madrileña de Natación  
Piscina: Centro M'86, 50 metros, 10 calles  
Madrid, 11 de febrero de 2012



### Prueba nº 2 - 3000 metros - Categoría INFANTIL FEMENINO

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Puesto	1º	2º	3º	4º	5º	6º	7º	8º	9º			
Apellidos	HERRADON MORENO	ARANGUREN A.	PEREZ BLANCO	BERTRAN IZQUIERDO	RUIZ DOMINGUEZ	GOLOBARDAS R.	SANTISO PRADO	COLLADO GAMIZ	ALEDO CARMONA	TOBARUELA DIAZ		
Nombre	CARMEN	ITZIAR	JIMENA	AIDA	MARTA	AIHHOA	ANA MARIAS	TATIANA	SOFIA	PALOMA		
Año	1996	1997	1997	1996	1996	1997	1996	1997	1997	1997		
Licencia	49097038	77409512	2566129	47329264	2299420	77412731	44659381	48202783	74387831	47228319		
Club	CN MADRID MOSC.	CN GALAICO	CN GREDOS S.D.	CE MEDITERRANI	CN MADRID MOSC.	CN GALAICO	CN P. OURENSE	CN MADRID MOSC.	C TENIS ELCHE	CD COVIBAR RIVAS		
Serie-Calle-Ld	1-6-IZ	1-4-IZ	1-3-IZ	1-8-IZ	1-5-IZ	1-7-IZ	1-2-IZ	1-9-IZ	1-2-DR			
Tiempo	36:22,52	36:37,57	37:06,79	38:05,10	38:21,78	38:37,04	38:55,18	39:24,07	39:27,89	BAJA		
Puntos	19	16	14	12	11	10	9	8	7			
100	1:09,54	1:11,14	1:11,52	1:12,46	1:09,68	1:12,65	1:13,68	1:14,34	1:13,23			
200	2:21,10	2:23,11	2:23,84	2:27,17	2:21,75	2:27,01	2:29,79	2:30,68	2:29,77			
400	4:43,67	4:46,33	4:49,42	4:57,05	4:47,90	4:56,86	5:03,17	5:04,61	5:04,15			
500	5:55,33	5:57,77	6:02,34	6:12,45	6:02,49	6:12,25	6:19,10	6:22,06	6:22,45			
800	9:32,26	9:35,54	9:43,62	9:59,91	9:52,24	10:00,03	10:08,89	10:15,51	10:17,23			
1000	11:56,63	12:02,08	12:12,19	12:31,91	12:28,18	12:32,28	12:43,56	12:51,99	12:56,00			
1500	18:00,01	18:09,96	18:28,42	18:49,55	18:47,41	18:58,84	19:14,92	19:28,25	19:33,20			
2000	24:07,21	24:21,82	24:41,94	25:10,84	25:25,44	25:30,44	25:46,93	26:07,54	26:12,12			
2500	30:17,58	30:29,81	30:52,38	31:36,58	31:54,80	32:04,22	32:20,61	32:46,30	32:55,61			
3000	36:22,52	36:37,57	37:06,79	38:05,10	38:21,78	38:37,04	38:55,18	39:24,07	39:27,89			
3500												
4000												
4500												
5000												
500	5:55,33	5:57,77	6:02,34	6:12,45	6:02,49	6:12,25	6:19,10	6:22,06	6:22,45			
1000	6:01,30	6:04,31	6:09,85	6:19,46	6:25,69	6:20,03	6:24,46	6:29,93	6:33,55			
1500	6:03,38	6:07,88	6:16,23	6:17,64	6:19,23	6:26,56	6:31,36	6:36,26	6:37,20			
2000	6:07,20	6:11,86	6:13,52	6:21,29	6:38,03	6:31,60	6:32,01	6:39,29	6:38,92			
2500	6:10,37	6:07,99	6:10,44	6:25,74	6:29,36	6:33,78	6:33,68	6:38,76	6:43,49			
3000	6:04,94	6:07,76	6:14,41	6:28,52	6:26,98	6:32,82	6:34,57	6:37,77	6:32,28			
3500												
4000												
4500												
5000												
1000	11:56,63	12:02,08	12:12,19	12:31,91	12:28,18	12:32,28	12:43,56	12:51,99	12:56,00			
2000	12:10,58	12:19,74	12:29,75	12:38,93	12:57,26	12:58,16	13:03,37	13:15,55	13:16,12			
3000	12:15,31	12:15,75	12:24,85	12:54,26	12:56,34	13:06,60	13:08,25	13:16,53	13:15,77			
4000												
5000												
prom./1000	12:07,51	12:12,52	12:22,26	12:41,70	12:47,26	12:52,35	12:58,39	13:08,02	13:09,30			
prom./500	6:03,75	6:06,26	6:11,13	6:20,85	6:23,63	6:26,17	6:29,20	6:34,01	6:34,65			
prom./100	1:12,75	1:13,25	1:14,23	1:16,17	1:16,73	1:17,23	1:17,84	1:18,80	1:18,93			



# III CAMPEONATO DE ESPAÑA LARC

## CATEGORIAS INFANTIL- JUNIOR - SENIOR

Organiza: Federación Madrileña de Nata  
Piscina: Centro M'86, 50 metros, 10 c  
Madrid, 11 de febrero de 2012

### Prueba nº 3 (1) - 5000 metros - Categoría JUNIOR MASCULINO

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Puesto	1º	2º	3º	4º	5º	6º	7º	8º	9º	10º	11º	12º	13º	
Apellido	STOLOSOLA	LAZAROS	BOSCH PLAN	BLIDO GAR	CAUATISTA B	ORGASCIA DI	FERRER EST	TELGER PERE	GONZALEZ R	CANOVAS J	SARZONI ARE	VIAO DEZ JIM	NEZINA TRA	
Nombre	JUAN	LEONARDO	JORDI	JESUS	MIGUEL	FRANCISCO	JOSE	BERNANDO	PABLO	BORJA	VICTOR	SERGIO	PABLO	VICTOR
Año	1994	1995	1994	1994	1994	1995	1994	1994	1995	1994	1995	1994	1994	1994
Licencia	44569950	15412876	47440881	49120606	P0008803	1 533553676	53787536	48693844	44497467	77824258	2309722	3142123	47924657	
Club	CDN BIDAS	OGANXALCALA	TECNISANT	ANDRENU UTRE	RACN MAIRENA	ANLJMAIRENA	ALN.VILA-RE	ALN FUENSA	ACTNA PAB. OU	RENSMAIRENA	SLAJFA MADR	GUADALAJA	RAMONANET	
Serie-Calle	Ld 2-3-DR	2-5-DR	2-6-DR	2-4-DR	2-2-DR	2-0-DR	2-7-DR	2-9-DR	2-1-DR	2-8-DR	1-1-DR	1-0-IZ	1-1-IZ	

Tiempo	56:41,41	57:00,49	57:36,82	57:36,92	58:37,47	59:52,51	59:53,84	1:00:35,52	1:00:46,81	1:01:00,31	1:02:31,82	1:07:58,77	1:08:23,23
Puntos	19	16	14	12	11	10	9	8	7	6	5	4	3

100	BKAF=H	BKAF=A	BKAF=A	BKAF=E	J BKAG=I	F BKAF=E	BKAI=D	BKBA=I	E BKAH=I	B BKAH=J	D BKBA=E	G BKBA=C	C BKBA=D
200	CKBC=E	CKBB=G	CKBC=D	CKBC=B	I CKBE=H	F CKBD=D	H CKBH=I	I CKCC=F	I CKBH=I	C CKBG=F	E CKCF=G	C CKCF=B	D CKCG=B
400	EKCG=A	EKCF=G	EKCI=C	EKCD=H	C EKCI=F	D EKDA=D	B EKDG=C	E KEK=D	E EKDI=D	F EKDH=A	E EKFE=F	F EKFF=A	F KAA=G
500	FKDD=H	FKDD=B	FKDG=B	FKCJ=J	G FKDI=A	H FKDI=J	C FKEF=F	C FKFI=D	D FKEJ=B	C FKEI=D	E GKAI=E	GKAJ=A	D GKBH=H
800	IKFG=F	IKFG=D	J KAA=D	I KEJ=E	E JKAD=H	H JKAH=G	G JKBF=H	H JKDF=G	A JKCA=H	A JKCB=C	B JKFD=A	H JKFD=F	J BAKBD=D
1000	BBKBC=E	ED BBKBB=	HC BBKBG=	EI BBKAC=	GI BBKCC=	I BBKCI=	AG BBKDF=	EB BCKAA=	HE BBKEC=	DB BBKED=	I H BCKCA=	I D BCKCE=	HA BCKEJ=
1500	BGKFD=H	BGKEJ=A	BGKFF=G	C BGKEB=	DH BHKBE=	DH BHKCI=	AC BHKDA=	HF BIKAE=	CG BHKED=	GJ BHKED=	DE BIKDB=	I C BIKFD=	HJ BJKCI=
2000	CCKDH=B	J D CCKDB=	J D CCKDD=	FF CCKCC=	I J CDKAG=	BE CDKDB=	CH CDKDE=	FB CEKAJ=	I A CDKED=	J G CDKEJ=	J E CEKEG=	J E CFKCG=	GJ CGKBC=
2500	CIKCA=B	H CIKBC=	J D CIKGB=	F C CIKAF=	I A CIKFE=	J D CJKDE=	E F CJKEA=	B D DAKBD=	B F CJKEF=	G F CJKFH=	GJ DBKAB=	I A DCKAC=	B I DCKFF=
3000	DEKAC=D	F DEKCFH=	E C DEKBG=	I J DDKFA=	G A DEKEG=	I C DFKDJ=	I D DFKEF=	F H DGKBA=	C J DFKFC=	A F DGKAH=	H F DHKBH=	J J DIKEH=	E G DJKCI=
3500	DJKDI=I	DJKDH=C	I EAKBG=	E D DJKDJ=	F D EAKEG=	G B EBKEF=	H E BKEH=	D H ECKCA=	G I ECKAA=	G F ECKCC=	G A EDKDF=	D H EFKEE=	C E EGKCA=
4000	EFKBJ=J	G EFKCA=	F F EGKAG=	I C EFKDF=	G J EGKEI=	H A EHKFB=	D B EHKEH=	J I EIKBH=	I A EIKBD=	A A EIKEA=	G G EJKFH=	I D FCKFH=	C F FDKCH=
4500	FBKAB=J	D FBKAJ=	J H FBKFG=	D E FBKDG=	B F FCKEF=	B D FDKFH=	I E FDKEI=	C E FEKCD=	J D FEKCJ=	I H FEKFB=	C G FGKBH=	C A BKAACJ=	J =FBKAAKF=
5000	56:41,41	57:00,49	57:36,82	57:36,92	58:37,47	59:52,51	59:53,84	1:00:35,52	1:00:46,81	1:01:00,31	1:02:31,82	1:07:58,77	1:08:23,23

500	FKDD=H	FKDD=B	FKDG=B	FKCJ=J	G FKDI=A	H FKDI=J	C FKEF=F	C FKFI=D	D FKEJ=B	C FKEI=D	E GKAI=E	GKAJ=A	D GKBH=H
1000	FKDI=G	FKDI=C	A FKEA=D	G FKDC=H	C FKEE=I	B FKFA=B	E FKEJ=I	J GKAC=E	B FKFD=B	J FKFF=F	D GKBC=D	F GKBF=H	J GKDB=J
1500	FKEB=D	C FKDI=E	I FKDJ=E	E FKDI=D	J FKFB=E	J FKFI=J	G FKFF=D	E GKAD=F	C GKAB=D	I FKFI=J	H GKBA=J	J GKCI=A	J GKDI=D
2000	FKED=E	E FKEC=A	D FKDH=J	D FKEB=F	C FKFB=H	H GKAD=C	F GKAD=F	G GKAF=F	E GKAA=C	H GKAG=C	A GKBF=B	C GKDC=J	A GKEE=F
2500	FKEC=J	I FKEB=A	A FKEC=J	H FKEC=J	B FKEI=H	J GKAD=B	I GKAF=C	GKAD=D	F GKAB=C	J GKAH=F	F GKBE=I	G GKDF=B	J GKEC=C
3000	FKEC=I	I FKEE=E	J GKAA=C	H FKEE=I	A FKFB=I	J GKAF=D	I GKAF=E	E GKAE=B	E GKAG=E	A GKBA=A	G GKBG=B	J GKFE=C	I GKDC=I
3500	FKDG=F	D FKDJ=I	G FKFI=J	E FKEI=J	D FKFI=J	J GKAF=I	E GKAB=I	A GKAD=D	J GKAI=C	A GKBE=I	F GKBH=C	I GKFG=H	G KFC=B
4000	FKEB=A	I FKED=C	H FKFA=D	J FKFG=B	G GKAC=A	J GKAF=C	E GKAA=B	B FKFH=B	C GKBC=D	F GKBI=A	G GKCC=E	G HKBD=A	B HKAH=A
4500	FKEB=J	H FKEJ=E	C FKEJ=F	C GKAA=B	G FKFG=D	D GKAG=F	D GKAA=C	G GKAG=B	D GKBG=I	H GKBA=C	A GKBJ=C	H HKDC=C	F HKCE=E
5000	FKDJ=E	I FKFA=F	C FKEA=E	I GKAA=H	H FKFC=D	E FKFE=C	H GKAF=C	A GKBB=F	J GKBG=J	E GKAJ=A	F GKBE=C	C HKCJ=C	H HKDB=I

1000	BBKBC=E	ED BBKBB=	HC BBKBG=	EI BBKAC=	GI BBKCC=	I BBKCI=	AG BBKDF=	EB BCKAA=	HE BBKEC=	DB BBKED=	I H BCKCA=	I D BCKCE=	HA BCKEJ=
2000	BBKCE=H	G BBKCA=	C BBKBBH=	AH BBKCA=	C BBKED=	C BBKAC=	C BBKFI=	B A BCKAJ=	A BCKAB=	G BCKAG=	AH BCKCG=	BB BDKAB=	J J BDKCC=
3000	BBKCF=B	G BBKCF=	EJ BBKED=	D BBKCH=	H BBKEA=	G BCKAI=	F BCKBB=	A BCKAH=	EJ BCKAI=	AJ BCKBH=	I B BCKDB=	A BDKCA=	H BDKBF=
4000	BBKCD=A	F BBKDC=	GJ BBKDJ=	J B BBKFG=	G BCKFI=	F C BCKBC=	B BCKAD=	I H BCKAD=	C BCKCJ=	C C BCKCI=	G BCKEB=	I D BEKEF=	C BCKED=
5000	BBKCB=E	F BBKDJ=	J E BBKDA=	A A BCKAB=	C D BBKEI=	H H BCKAB=	C A BCKAF=	I G BCKBH=	H C BCKDD=	I B BCKBJ=	G F BCKDD=	J J BFKAB=	F C BEKFG=

prom. 1000	BBKCA=I	BBKCE=	BA BBKDB=	DG BBKDB=	D I BBKED=	EJ BBKFI=	FA BBKFI=	H H BCKAH=	BA BCKAJ=	DG BCKBC=	AG BCKDA=	DG BDKDF=	H F BDKEA=
prom. 500	FKEA=B	E FKEC=A	F FKEF=C	I FKEF=C	J FKFB=H	F FKFI=C	F FKFI=C	I GKAD=F	F GKAE=C	I GKAG=A	D GKBF=B	I GKEH=I	I GKFA=D
prom. 1000	BKAI=A	D BKAI=E	B BKAJ=B	E BKAJ=B	E BKBA=D	F BKBB=I	F BKBB=I	I BKBC=H	B BKBC=J	E BKBD=C	B BKBF=A	E BKCB=F	I BKCC=A