

Mellores Marcas Femininas P25						
Proba	12A	13A	14A	15A	16A	17A
50L	28.99 CARANZA LOPEZ SANMARTIN NEREA 1996 CNFERRO 20081228	0:28.25 SABADELL RAQUEL RASCADO 1994 NPONTEV 20070309	0:27.59 BAÑOLAS SUSANA GARABATOS 1979 RCNVIGO 19930220	26.44 CASTELLON GOMEZ CORTES BEATRIZ 1994 GALAICO 20091128	26.27 PALMA M. GOMEZ CORTES BEATRIZ 1994 GALAICO 20101202	26.02 J. GOMEZ NOYA GOMEZ CORTES BEATRIZ 1994 GALAICO 20111230
100L	1:03.39 SANTIAGO RAQUEL RASCADO 1994 NPONTEV 20060625	1:00.74 SABADELL RAQUEL RASCADO 1994 NPONTEV 20070309	59.56 BATALLONES LAGO AROBES JUDITH 1995 RIVEIRA 20090425	56.90 CASTELLON GOMEZ CORTES BEATRIZ 1994 GALAICO 20091128	56.16 PALMA M. GOMEZ CORTES BEATRIZ 1994 GALAICO 20101202	55.40 J. GOMEZ NOYA GOMEZ CORTES BEATRIZ 1994 GALAICO 20111229
200L	2:14.71 J. GOMEZ NOYA LAGO AROBES ANAIS 1999 RIVEIRA 20111229	2:10.48 J. GOMEZ NOYA GARCIA RODEJA ARIAS CRISTINA 1998 CFVLUGO 20111229	2:06.20 SANTA ISABEL VILAS VIDAL MARIA 1996 RIVEIRA 20101229	2:02.72 PALMA M. LAGO AROBES JUDITH 1995 RIVEIRA 20101205	2:00.54 PALMA M. GOMEZ CORTES BEATRIZ 1994 GALAICO 20101203	1:58.15 MADRID GOMEZ CORTES BEATRIZ 1994 GALAICO 20111217
400L	4:44.21 CARANZA VILAS VIDAL MARIA 1996 RIVEIRA 20081229	4:34.04 J. GOMEZ NOYA GOYANES GARCIA PAULA 1998 GALAICO 20111228	4:14.18 SANTA ISABEL VILAS VIDAL MARIA 1996 RIVEIRA 20101229	4:14.12 MADRID VILAS VIDAL MARIA 1996 RIVEIRA 20111218	4:12.92 SANTA ISABEL GOMEZ CORTES BEATRIZ 1994 GALAICO 20101229	4:06.89 MADRID GOMEZ CORTES BEATRIZ 1994 GALAICO 20111217
800L	9:31.65 CARANZA VILAS VIDAL MARIA 1996 RIVEIRA 20081229	9:24.95 PALMA DE M. LAGO AROBES ANAIS 1999 RIVEIRA 20120309	8:43.12 PALMA M. VILAS VIDAL MARIA 1996 RIVEIRA 20101204	8:31.48 MADRID VILAS VIDAL MARIA 1996 RIVEIRA 20111218	9:02.47 CASTELLON PIMENTEL PEREZ LAURA 1993 POURENSE 20091128	8:50.53 CARANZA VILARINO GARCIA XENIA 1991 GALAICO 20081229
1500L	19:19.39 - MARTA FRA 1988 CNXOVE 20001125	18:05.46 J. GOMEZ NOYA DE LA FUENTE FIAÑO NAROA 1998 ADLICEO 20111229	17:35.15 J. GOMEZ NOYA ARANGUREN ABEIGON ITZIAR 1997 GALAICO 20111229	16:16.39 J. GOMEZ NOYA VILAS VIDAL MARIA 1996 RIVEIRA 20111229	17:21.97 CASTELLON PIMENTEL PEREZ LAURA 1993 POURENSE 20091126	16:52.68 PALMA M. PIMENTEL PEREZ LAURA 1993 POURENSE 20101202
50M	33.03 J. GOMEZ NOYA LAGO AROBES ANAIS 1999 RIVEIRA 20111228	32.04 CARANZA LAGO AROBES JUDITH 1995 RIVEIRA 20081227	29.54 J. GOMEZ NOYA FERNANDEZ TEJIDO RAQUEL 1997 NITNARON 20111229	0:29.30 - PATRICIA RGUEZ 1983 CMARINA 19981128	28.82 PALMA M. GOMEZ CORTES BEATRIZ 1994 GALAICO 20101204	28.89 J. GOMEZ NOYA GOMEZ CORTES BEATRIZ 1994 GALAICO 20111228
100M	1:12.63 SANTA ISABEL GANDARA DIEZ SARA 1998 NPONTEA 20101229	1:07.18 - MIREN VICENTE 1990 NPONTEV 20030629	1:05.65 SANTA ISABEL LAGO AROBES JUDITH 1995 RIVEIRA 20090705	1:03.54 SANTA ISABEL LAGO AROBES JUDITH 1995 RIVEIRA 20101229	1:01.70 PALMA M. GOMEZ CORTES BEATRIZ 1994 GALAICO 20101204	1:01.27 J. GOMEZ NOYA GOMEZ CORTES BEATRIZ 1994 GALAICO 20111228
200M	2:35.54 J. GOMEZ NOYA LAGO AROBES ANAIS 1999 SDBOIRO 20110611	2:28.37 J. GOMEZ NOYA GOYANES GARCIA PAULA 1998 GALAICO 20111230	2:21.79 PALMA DE M. GOYANES GARCIA PAULA 1998 GALAICO 20120311	2:19.07 SANTA ISABEL LAGO AROBES JUDITH 1995 RIVEIRA 20101228	2:15.67 CASTELLON ALVAREZ LIZ IRIA 1993 POURENSE 20091126	2:14.71 J. GOMEZ NOYA GOMEZ CORTES BEATRIZ 1994 GALAICO 20111230
50E	33.02 INEFF GALICIA BLANCO PEREZ PAULA 1999 POURENSE 20111203	0:32.00 VIGO NEREA RODIÑO 1989 GALAICO 20021206	0:31.07 P. MALLORCA NEREA RODIÑO 1989 GALAICO 20030502	0:30.69 VALENCIA NEREA RODIÑO 1989 GALAICO 20041218	0:29.76 P. MALLORCA NEREA RODIÑO 1989 GALAICO 20051217	29.65 J. GOMEZ NOYA GOMEZ CORTES BEATRIZ 1994 GALAICO 20111228
100E	1:10.33 FERROL ESTELA PORTA 1996 CMARINA 20080607	1:08.45 NARÓN ALBA RUBIAL 1991 CNLALIN 20040229	1:06.65 J. GOMEZ NOYA ALVAREZ ALVAREZ ESTHER 1997 POURENSE 20111229	1:05.93 SANTA ISABEL LAGO AROBES JUDITH 1995 RIVEIRA 20101230	1:04.29 SABADELL NEREA RODIÑO 1989 GALAICO 20050312	1:04.23 J. GOMEZ NOYA GOMEZ CORTES BEATRIZ 1994 GALAICO 20111230
200E	2:30.13 J. GOMEZ NOYA BLANCO PEREZ PAULA 1999 POURENSE 20111230	2:26.50 NARÓN ALBA RUBIAL 1991 CNLALIN 20040228	2:21.25 J. GOMEZ NOYA VILAS VIDAL MARIA 1996 RIVEIRA 20100626	2:20.70 CASTELLON VALIÑAS MONTEAGUDO LAURA 1994 GALAICO 20090328	2:20.33 VALENCIA BELEN LOUREIRO 1988 CMARINA 20041216	2:14.01 J. GOMEZ NOYA GOMEZ CORTES BEATRIZ 1994 GALAICO 20111230
50B	36.00 J. GOMEZ NOYA RODRIGUEZ HUERTAS IRIA 1999 RCNVIGO 20111230	35.94 PALMA DE M. RODRIGUEZ HUERTAS IRIA 1999 RCNVIGO 20120311	0:33.72 SANTIAGO ESTEFANIA LIPPO 1993 PORENSE 20071230	33.45 MADRID LIPPO DE LA TORRE ESTEFANIA 1993 PORENSE 20081221	33.36 PALMA M. GOMEZ CORTES BEATRIZ 1994 GALAICO 20101203	0:32.86 MADRID AURORA PEREZ 1991 NCDRUÑA 20081221
100B	1:17.19 J. GOMEZ NOYA RODRIGUEZ HUERTAS IRIA 1999 RCNVIGO 20111230	1:15.53 - SUSANA MOSQUERA 1976 RCNVIGO 19891217	1:10.90 SANTA ISABEL VILAS VIDAL MARIA 1996 RIVEIRA 20101228	1:12.45 J. GOMEZ NOYA VILAS VIDAL MARIA 1996 RIVEIRA 20111229	1:10.20 PALMA M. GOMEZ CORTES BEATRIZ 1994 GALAICO 20101203	1:09.57 CARANZA PEREZ Y FERNANDEZ DE CORD A. 1991 NCDRUÑA 20081228
200B	2:39.73 CARANZA VILAS VIDAL MARIA 1996 RIVEIRA 20081227	2:38.47 DON BENITO VILAS VIDAL MARIA 1996 RIVEIRA 20091212	2:31.21 PALMA M. VILAS VIDAL MARIA 1996 RIVEIRA 20101203	2:31.27 J. GOMEZ NOYA VILAS VIDAL MARIA 1996 RIVEIRA 20111229	2:25.48 EINDHOVEN (NED) GOMEZ CORTES BEATRIZ 1994 GALAICO 20101126	2:25.29 J. GOMEZ NOYA GOMEZ CORTES BEATRIZ 1994 GALAICO 20111229
100S	1:11.51 J. GOMEZ NOYA RODRIGUEZ HUERTAS IRIA 1999 RCNVIGO 20111229	1:09.18 CARANZA LAGO AROBES JUDITH 1995 RIVEIRA 20081229	1:06.80 SANTA ISABEL LAGO AROBES JUDITH 1995 RIVEIRA 20090704	1:04.55 VÁSBY (SWE) LAGO AROBES JUDITH 1995 RIVEIRA 20101031	1:02.79 VIGO (RCNV) GOMEZ CORTES BEATRIZ 1994 GALAICO 20101212	1:04.10 CARANZA MARTINEZ CANDAS RAQUEL 1991 NCDRUÑA 20081229
200S	2:31.22 RCNVIGO MARIA VILAS 1996 RIVEIRA 20081206	2:25.24 CARANZA LAGO AROBES JUDITH 1995 RIVEIRA 20081227	2:18.69 SANTA ISABEL VILAS VIDAL MARIA 1996 RIVEIRA 20101230	2:14.56 CASTELLON GOMEZ CORTES BEATRIZ 1994 GALAICO 20091127	2:13.23 SANTA ISABEL GOMEZ CORTES BEATRIZ 1994 GALAICO 20101230	2:12.21 MADRID GOMEZ CORTES BEATRIZ 1994 GALAICO 20111218
400S	5:08.56 CARANZA VILAS VIDAL MARIA 1996 RIVEIRA 20081228	5:03.55 DON BENITO VILAS VIDAL MARIA 1996 RIVEIRA 20091212	4:46.04 PALMA M. VILAS VIDAL MARIA 1996 RIVEIRA 20101205	4:43.12 J. GOMEZ NOYA VILAS VIDAL MARIA 1996 RIVEIRA 20111230	4:37.42 PALMA M. GOMEZ CORTES BEATRIZ 1994 GALAICO 20101205	4:36.73 MADRID GOMEZ CORTES BEATRIZ 1994 GALAICO 20111217

Mellores Marcas Masculinas P25						
Proba	12A	13A	14A	15A	16A	17A
50L	0:29.50 VIGO JAVIER ASENSIO 1977 RCNVIGO 19891217	0:27.33 VIGO FLORO ANDRÉS 1981 RCNVIGO 19941218	25.81 PALMA DE M. PASSARETTI PEREIRA ALEJANDRO 1998 CIDSANTI 20120310	0:24.95 - MARCOS VAZQUEZ 1988 CNSANTI 20031227	24.30 SABADELL ACEVEDO GARCIA MATIAS 1995 GALAICO 20110319	0:23.66 BARCELONA JOSÉ MANUEL GLEZ 1989 PORENSE 20061214
100L	1:02.37 PONTEVEDRA IAGO VILLAVERDE 1989 GALAICO 20011111	58.74 J. GOMEZ NOYA PASSARETTI PEREIRA ALEJANDRO 1998 CIDSANTI 20110611	0:55.38 A CORUÑA FLORO ANDRES 1981 RCNVIGO 19951229	0:54.01 SANTIAGO MARCOS VAZQUEZ 1988 CNSANTI 20031018	0:52.82 - MARCOS VAZQUEZ 1988 CNSANTI 20040320	0:51.19 P. MALLORCA MARCOS VAZQUEZ 1988 CNSANTI 20051218
200L	2:17.50 VIGO JESÚS VALERO 1967 RCNVIGO 19790803	2:07.31 SANTA ISABEL TOME SANLES MANUEL 1999 SDBOIRO 20120617	2:01.75 SANTA ISABEL SANJORGE NODAR FRANCISCO 1996 ARTEIXO 20101228	1:56.89 MADRID ALONSO GATO OSCAR 1995 FEGAN 20101211	1:53.25 MADRID ALONSO GATO OSCAR 1995 CIDSANTI 20111216	1:52.37 MADRID RUFINO REGUEIRA 1990 RIVEIRA 20070318
400L	4:42.60 VIGO ANTONIO OTERO 1972 RCNVIGO 19841222	4:23.98 SANTA ISABEL TOME SANLES MANUEL 1999 SDBOIRO 20120617	4:11.14 MADRID DAVILA LUSTRES MANUEL 1996 RIVEIRA 20101211	4:00.98 MADRID DAVILA LUSTRES MANUEL 1996 RIVEIRA 20111210	3:58.41 BARCELONA RUFINO REGUEIRA 1990 RIVEIRA 20061215	3:57.52 MADRID RUFINO REGUEIRA 1990 RIVEIRA 20070317
800L	9:55.34 CARANZA DAVILA LUSTRES MANUEL 1996 BOIRO 20080607	9:06.77 DON BENITO DAVILA LUSTRES MANUEL 1996 RIVEIRA 20091213	8:45.32 SANTA ISABEL DAVILA LUSTRES MANUEL 1996 RIVEIRA 20101230	8:17.95 MADRID DAVILA LUSTRES MANUEL 1996 RIVEIRA 20111216	8:20.36 PALMA DE M. DAVILA LUSTRES MANUEL 1996 RIVEIRA 20120309	8:22.08 MADRID RUFINO REGUEIRA 1990 RIVEIRA 20070316
1500L	18:33.01 VIGO ANTONIO OTERO 1972 RCNVIGO 19840722	17:14.87 SANTA ISABEL TOME SANLES MANUEL 1999 SDBOIRO 20120616	16:43.92 MADRID DAVILA LUSTRES MANUEL 1996 RIVEIRA 20100326	15:36.89 MADRID DAVILA LUSTRES MANUEL 1996 RIVEIRA 20111216	15:45.40 PALMA DE M. DAVILA LUSTRES MANUEL 1996 RIVEIRA 20120309	15:45.00 MADRID RUFINO REGUEIRA 1990 RIVEIRA 20070316
50M	0:32.00 LUGO IAGO VILLAVERDE 1989 GALAICO 20010602	0:29.91 LUGO IAGO VILLAVERDE 1989 GALAICO 20020615	0:27.61 VIGO IAGO VILLAVERDE 1989 GALAICO 20031019	26.93 SANTA ISABEL ACEVEDO GARCIA MATIAS 1995 GALAICO 20101230	25.84 J. GOMEZ NOYA ORTIZ ANEIRO LORENZO 1995 NITNARON 20111228	25.84 J. GOMEZ NOYA ORTIZ ANEIRO LORENZO 1995 PORENSE 20061215
100M	1:11.20 AVILES MANSO FRAGA TOMAS 1999 CMARINA 20110416	1:03.98 OURENSE ENRIQUE TOUZA 1975 RCNVIGO 19881228	1:01.74 VIGO (RCN) MARTINEZ OUTEIRAL JACOBO 1992 RCNVIGO 20061202	59.94 DON BENITO FERNANDEZ GONZALEZ DIEGO 1994 RCNVIGO 20091212	55.73 MADRID ORTIZ ANEIRO LORENZO 1995 NITNARON 20111216	55.73 MADRID ORTIZ ANEIRO LORENZO 1995 PORENSE 20060312
200M	2:37.60 VIGO ANTONIO OTERO 1972 RCNVIGO 19840721	2:26.32 SANTA ISABEL BOUZA MANSO TELMO 1997 CNFERRO 20101228	2:17.29 DON BENITO FERNANDEZ GONZALEZ DIEGO 1994 RCNVIGO 20081229	2:09.50 DON BENITO FERNANDEZ GONZALEZ DIEGO 1994 RCNVIGO 20091212	2:05.42 J. GOMEZ NOYA ORTIZ ANEIRO LORENZO 1995 NITNARON 20111230	2:06.66 CARANZA ALVAREZ MARTINEZ FCO. JAVIER 1991 GALAICO 20081229
50E	33.68 SANTA ISABEL SEGADE MARIÑO RAUL 2000 ARZUA 20120616	0:31.49 VIGO MANUEL VIANO 1992 CARBALL 20050702	0:30.03 OLEIROS MANUEL VIANO 1992 CARBALL 20061118	28.44 J. GOMEZ NOYA CAMPOS VARELA SERGIO 1996 NODRUÑA 20111229	0:27.96 VIGO PABLO GONZALEZ 1991 RCNVIGO 20071208	0:26.35 MADRID OSCAR PEREIRO CARRIL 1991 ARZUA 20081219
100E	1:11.09 SANTA ISABEL SEGADE MARIÑO RAUL 2000 ARZUA 20120616	1:06.67 VIGO MANUEL VIANO 1992 CARBALL 20050702	1:03.69 A CORUÑA IGOR LLORENS 1981 RCNVIGO 19951229	1:00.79 SABADELL MANUEL VIANO 1992 CARBALL 20070309	0:59.35 PONTEVEDRA MANUEL VIANO 1992 CARBALL 20080223	0:57.09 MADRID OSCAR PEREIRO CARRIL 1991 ARZUA 20081220
200E	2:28.94 SANTA ISABEL SEGADE MARIÑO RAUL 2000 ARZUA 20120616	2:24.94 FERROL RUBEN FONTENLA 1984 GALAICO 19971227	2:17.10 A CORUÑA IGOR LLORENS 1981 RCNVIGO 19951228	2:09.84 SABADELL MANUEL VIANO 1992 CARBALL 20070310	2:06.18 BARCELONA RUFINO REGUEIRA 1990 RIVEIRA 20061216	2:01.76 SANTIAGO RUFINO REGUEIRA 1990 RIVEIRA 20071229
50B	36.89 FLUVIAL DE LUGO LOPEZ LOPEZ JAIME 2000 POR-MIÑA 20120519	0:34.07 LUGO JOAQUÍN ABASCAL 1986 CMARINA 19990612	0:31.46 - JOAQUÍN ABASCAL 1986 CMARINA 20001202	0:30.26 - JOAQUÍN ABASCAL 1986 CMARINA 20010526	0:29.92 - JOAQUÍN ABASCAL 1986 CMARINA 20020504	29.65 INEF BORRAZAS RUMBO MANUEL 1993 NODRUÑA 20101120
100B	1:18.62 FERROL JOAQUÍN ABASCAL 1986 CMARINA 19981025	1:13.49 VIGO LUIS LEIRO 1990 RCNVIGO 20031206	1:08.25 CARANZA REY RODRIGUEZ JOSE RAMON 1994 ARZUA 20081228	1:04.69 BARCELONA JOAQUÍN ABASCAL 1986 CMARINA 20010505	1:04.76 - JOAQUÍN ABASCAL 1986 CMARINA 20020406	1:03.30 FERROL JOAQUÍN ABASCAL 1986 CMARINA 20030426
200B	2:50.18 NARÓN JOAQUÍN ABASCAL 1986 CMARINA 19981219	2:38.36 VIGO LUIS LEIRO 1990 RCNVIGO 20031206	2:26.13 FERROL JOAQUÍN ABASCAL 1986 CMARINA 20001111	2:21.07 J. GOMEZ NOYA GANDARA DIEZ ADRIAN 1996 NPONTEA 20111229	2:19.31 SABADELL JOAQUÍN ABASCAL 1986 CMARINA 20021220	2:16.34 - JOAQUÍN ABASCAL 1986 CMARINA 20030521
100S	1:15.00 SANTA ISABEL SOUTO VEIGA MARCOS 2000 CARBALL 20120616	1:09.38 INEFF GALICIA LUQUE ROMERO NICOLAS 1998 CNFERRO 20111203	1:02.19 FERROL JOAQUÍN ABASCAL 1986 CMARINA 20001111	1:00.43 A CORUÑA JOAQUÍN ABASCAL 1986 CMARINA 20010630	0:58.30 SABADELL JOAQUÍN ABASCAL 1986 CMARINA 20021220	0:58.43 - JOAQUÍN ABASCAL 1986 CMARINA 20030502
200S	2:33.87 PONTEVEDRA IAGO VILLAVERDE 1989 GALAICO 20011230	2:25.30 LUGO JOAQUÍN ABASCAL 1986 CMARINA 19990605	2:16.39 - JOAQUÍN ABASCAL 1986 CMARINA 20001216	2:10.20 J. GOMEZ NOYA GANDARA DIEZ ADRIAN 1996 NPONTEA 20111228	2:09.32 SANTIAGO ÁNGEL VILAS 1991 RIVEIRA 20061218	2:06.93 CARANZA ALVAREZ MARTINEZ FCO. JAVIER 1991 GALAICO 20081227
400S	5:31.39 A FIEITEIRA LUQUE ROMERO NICOLAS 1998 CMARINA 20100613	4:59.22 DON BENITO DAVILA LUSTRES MANUEL 1996 RIVEIRA 20091212	4:44.82 SANTA ISABEL DAVILA LUSTRES MANUEL 1996 RIVEIRA 20101228	4:34.79 INEFF GALICIA DAVILA LUSTRES MANUEL 1996 RIVEIRA 20111203	4:26.78 SABADELL JOAQUÍN ABASCAL 1986 CMARINA 20021220	4:26.45 CARANZA ALVAREZ MARTINEZ FCO. JAVIER 1991 GALAICO 20081228

Mellores Marcas Femininas P50						
Proba	12A	13A	14A	15A	16A	17A
50L	29.55 RIAS DO SUR OTERO PEREZ CLARA 2000 SDBOIRO 20120630	28.13 RIAS DO SUR LOPEZ SANMARTIN NEREA 1996 CNFERRO 20090627	27.93 PALMA M. LOPEZ SANMARTIN NEREA 1996 CNFERRO 20100714	27.37 OURENSE GOMEZ CORTES BEATRIZ 1994 GALAICO 20090717	26.90 BARCELONA GOMEZ CORTES BEATRIZ 1994 GALAICO 20100725	26.80 RIAS DO SUR GOMEZ CORTES BEATRIZ 1994 GALAICO 20110702
100L	1:03.48 CADIZ OTERO PEREZ CLARA 2000 SDBOIRO 20120706	1:02.49 RIAS DO SUR RASCADO HUERGA RAQUEL 1994 NPONTEV 20070708	1:00.77 BARCELONA GARCIA RODEJA ARIAS CRISTINA 1998 CFVLUGO 20120721	59.59 LAS PALMAS GC GOMEZ CORTES BEATRIZ 1994 GALAICO 20090723	57.18 RIAS DO SUR GOMEZ CORTES BEATRIZ 1994 GALAICO 20100704	57.25 RIAS DO SUR GOMEZ CORTES BEATRIZ 1994 GALAICO 20110701
200L	2:17.92 CADIZ OTERO PEREZ CLARA 2000 SDBOIRO 20120707	2:14.01 PALMA M. SANTOS HERMO ESMERALDA 1997 RIVEIRA 20100716	2:10.95 CATANIA (ITA) VILAS VIDAL MARIA 1996 RIVEIRA 20100620	2:06.86 BARCELONA LAGO AROBES JUDITH 1995 RIVEIRA 20100723	2:04.27 BARCELONA GOMEZ CORTES BEATRIZ 1994 GALAICO 20100723	2:01.21 LIMA (PER) GOMEZ CORTES BEATRIZ 1994 GALAICO 20110816
400L	4:44.24 RIAS DO SUR LAGO AROBES ANAIS 1999 SDBOIRO 20110702	4:38.12 PALMA M. SANTOS HERMO ESMERALDA 1997 RIVEIRA 20100718	4:27.41 RIAS DO SUR VILAS VIDAL MARIA 1996 RIVEIRA 20100704	4:17.98 PALMA DE M. VILAS VIDAL MARIA 1996 RIVEIRA 20110717	4:17.03 RIAS DO SUR VILAS VIDAL MARIA 1996 RIVEIRA 20120224	4:19.93 RIAS DO SUR GOMEZ CORTES BEATRIZ 1994 GALAICO 20110703
800L	9:50.24 CARTAGENA LAGO AROBES ANAIS 1999 SDBOIRO 20110710	9:39.92 VALLADOLID GOYANES GARCIA PAULA 1998 GALAICO 20110802	8:59.60 RIAS DO SUR VILAS VIDAL MARIA 1996 RIVEIRA 20100704	8:44.72 LIMA (PER) VILAS VIDAL MARIA 1996 RIVEIRA 20110820	8:42.41 AMBERES (BEL) VILAS VIDAL MARIA 1996 RIVEIRA 20120704	8:43.63 RIAS DO SUR GOMEZ CORTES BEATRIZ 1994 GALAICO 20110703
1500L	59:59.99 - O FEGAN 19000101	19:15.34 OURENSE ANDREA MURAS 1989 GALAICO 20020705	18:26.82 OURENSE MARTA FRA 1988 CNXOVE 20020705	16:27.75 LIMA (PER) VILAS VIDAL MARIA 1996 RIVEIRA 20110820	16:37.28 AMBERES (BEL) VILAS VIDAL MARIA 1996 RIVEIRA 20120706	17:03.92 BARCELONA PIMENTEL PEREZ LAURA 1993 POURENSE 20100722
50M	0:32.99 OURENSE MIREN VICENTE 1990 NPONTEV 20020705	32.15 RIAS DO SUR MELLA VAZQUEZ PATRICIA 1999 NCORUÑA 20120630	0:30.60 OURENSE ALBA RUBIAL 1991 CNLALIN 20050709	29.40 RIAS DO SUR LAGO AROBES JUDITH 1995 RIVEIRA 20100704	0:29.60 - PATRICIA RGUEZ 1983 CMARINA 19990724	0:29.23 PONTEVEDRA MIREN VICENTE 1990 NPONTEV 20070707
100M	1:11.17 ZARAGOZA MIREN VICENTE 1990 NPONTEV 20020627	1:07.26 VALENCIA MIREN VICENTE 1990 NPONTEV 20030713	1:06.88 REUS MIREN VICENTE 1990 NPONTEV 20040709	1:04.44 BARCELONA LAGO AROBES JUDITH 1995 RIVEIRA 20100725	1:03.95 RIAS DO SUR GOMEZ CORTES BEATRIZ 1994 GALAICO 20100703	1:03.92 CN SABADELL GOMEZ CORTES BEATRIZ 1994 GALAICO 20110305
200M	2:40.42 CARTAGENA LAGO AROBES ANAIS 1999 SDBOIRO 20110708	2:29.87 VALLADOLID GOYANES GARCIA PAULA 1998 GALAICO 20110804	2:26.59 RIAS DO SUR GOYANES GARCIA PAULA 1998 GALAICO 20120224	2:20.58 RIAS DO SUR IRIA ALVAREZ LIZ 1993 PORENSE 20080713	2:16.96 OURENSE ALVAREZ LIZ IRIA 1993 PORENSE 20090717	2:17.56 MAR DEL PLATA (ARG) ALVAREZ LIZ IRIA 1993 POURENSE 20100520
50E	34.88 CADIZ ERSELLE MARTINEZ NURIA 2000 GALAICO 20120707	33.34 RIAS DO SUR RASCADO HUERGA RAQUEL 1994 NPONTEV 20070706	0:31.72 MADRID NEREA RODIÑO 1989 GALAICO 20030412	0:31.97 OURENSE NEREA RODIÑO 1989 GALAICO 20040730	0:30.66 CÁDIZ NEREA RODIÑO 1989 GALAICO 20050402	0:31.31 SABADELL NEREA RODIÑO 1989 GALAICO 20060302
100E	1:12.74 CADIZ ERSELLE MARTINEZ NURIA 2000 GALAICO 20120707	1:10.24 REUS RUBIAL LALIN ALBA 1991 CNLALIN 20040710	1:09.10 LISBOA ALBA RUBIAL 1991 CNLALIN 20050528	1:07.82 OURENSE GOMEZ CORTES BEATRIZ 1994 GALAICO 20090716	1:06.39 MURCIA PATRICIA RGUEZ 1983 CMARINA 19990730	1:07.19 PONTEVEDRA SANDRA PRESAS 1990 PORENSE 20070708
200E	2:29.78 VALLADOLID BELEN LOUREIRO 1988 CMARINA 20000627	2:30.27 REUS ALBA RUBIAL 1991 CNLALIN 20040711	2:27.95 RIAS DO SUR GOYANES GARCIA PAULA 1998 GALAICO 20120701	2:24.86 OURENSE GOMEZ CORTES BEATRIZ 1994 GALAICO 20090718	2:23.45 GIJÓN ESTELA ALONSO 1983 RCNVIGO 19990320	2:22.89 GIJÓN GOMEZ CORTES BEATRIZ 1994 GALAICO 20110522
50B	37.29 RIAS DO SUR RODRIGUEZ HUERTAS IRIA 1999 RCNVIGO 20110703	36.47 RIAS DO SUR RODRIGUEZ HUERTAS IRIA 1999 RCNVIGO 20120701	34.67 MADRID_M86 VILAS VIDAL MARIA 1996 RIVEIRA 20100613	0:34.39 - SARA FONTEROSA 1982 CNFERRO 19970725	33.62 OURENSE LIPPO DE LA TORRE ESTEFANIA 1993 PORENSE 20090716	0:33.91 CADIZ SARA FONTEROSA 1982 CNFERRO 19990326
100B	1:18.85 MERIDA MARIA VILAS 1996 RIVEIRA 20080708	1:17.80 BARCELONA VILAS VIDAL MARIA 1996 RIVEIRA 20090727	1:14.03 RIAS DO SUR VILAS VIDAL MARIA 1996 RIVEIRA 20100702	1:13.96 MADRID VILAS VIDAL MARIA 1996 RIVEIRA 20110331	1:11.93 MADRID_M86 LAGO AROBES JUDITH 1995 RIVEIRA 20110611	1:11.96 MADRID GOMEZ CORTES BEATRIZ 1994 GALAICO 20110331
200B	2:53.74 MERIDA MARIA VILAS 1996 RIVEIRA 20080710	2:45.07 BARCELONA VILAS VIDAL MARIA 1996 RIVEIRA 20090729	2:37.13 MÁLAGA VILAS VIDAL MARIA 1996 RIVEIRA 20100425	2:36.54 MATARO VILAS VIDAL MARIA 1996 RIVEIRA 20110722	2:30.34 BARCELONA GOMEZ CORTES BEATRIZ 1994 GALAICO 20100725	2:29.45 MATARO GOMEZ CORTES BEATRIZ 1994 GALAICO 20110722
200S	2:36.61 RIAS DO SUR LAGO AROBES ANAIS 1999 SDBOIRO 20110703	2:30.37 BARCELONA VILAS VIDAL MARIA 1996 RIVEIRA 20090730	2:22.91 CATANIA (ITA) VILAS VIDAL MARIA 1996 RIVEIRA 20100619	2:19.74 BARCELONA LAGO AROBES JUDITH 1995 RIVEIRA 20100724	2:14.65 HELSINKI (FIN) GOMEZ CORTES BEATRIZ 1994 GALAICO 20100718	2:13.57 LIMA (PER) GOMEZ CORTES BEATRIZ 1994 GALAICO 20110819
400S	5:28.08 CARTAGENA LAGO AROBES ANAIS 1999 SDBOIRO 20110709	5:14.72 RIAS DO SUR JUDITH LAGO 1995 RIVEIRA 20080712	4:56.06 CATANIA (ITA) VILAS VIDAL MARIA 1996 RIVEIRA 20100620	4:49.78 BELGRADO (SBR) VILAS VIDAL MARIA 1996 RIVEIRA 20110706	4:44.87 HELSINKI (FIN) GOMEZ CORTES BEATRIZ 1994 GALAICO 20100714	4:44.70 MATARO GOMEZ CORTES BEATRIZ 1994 GALAICO 20110723

Mellores Marcas Masculinas P50						
Proba	12A	13A	14A	15A	16A	17A
50L	33.56 RIAS DO SUR DOMINGUEZ GONZALEZ OMAR 1997 CODESAL 20090328	29.04 CADIZ MANSO FRAGA TOMAS 1999 CMARINA 20120707	25.87 BARCELONA PASSARETTI PEREIRA ALEJANDRO 1998 CIDSANTI 20120718	0:25.41 REUS IAGO VILLAVEVERDE 1989 GALAICO 20040708	24.71 ROSARIO DUEÑAS ACEVEDO GARCIA MATIAS 1995 GALAICO 20110625	0:24.35 PONTEVEDRA J MGLEZREGUEIRO 1989 PORENSE 20060701
100L	1:09.62 RIAS DO SUR DOMINGUEZ GONZALEZ OMAR 1997 CODESAL 20090328	1:00.39 CARTAGENA PASSARETTI PEREIRA ALEJANDRO 1998 CIDSANTI 20110710	55.74 BARCELONA PASSARETTI PEREIRA ALEJANDRO 1998 CIDSANTI 20120721	0:55.40 BARCELONA RUFINO REGUEIRA 1990 RIVEIRA 20050728	54.10 VALLADOLID ACEVEDO GARCIA MATIAS 1995 GALAICO 20110805	0:53.14 BARCELONA MARCOS VAZQUEZ 1988 CNSANTI 20050306
200L	2:28.80 RIAS DO SUR RIVEIRO FIDALGO HUGO 1998 SDBOIRO 20100327	2:08.68 CADIZ TOME SANLES MANUEL 1999 SDBOIRO 20120707	2:01.37 BARCELONA PASSARETTI PEREIRA ALEJANDRO 1998 CIDSANTI 20120719	2:01.57 PALMA M. ALONSO GATO OSCAR 1995 CNSANTI 20100715	1:58.11 BARCELONA RUFINO REGUEIRA 1990 RIVEIRA 20060728	1:56.66 TARRASA RUFINO REGUEIRA 1990 RIVEIRA 20070804
400L	5:08.65 RIAS DO SUR SANCHEZ LOUZAN DANIEL 1998 CNREDON 20100327	4:29.27 CADIZ TOME SANLES MANUEL 1999 SDBOIRO 20120706	4:24.21 PALMA M. DAVILA LUSTRES MANUEL 1996 RIVEIRA 20100716	4:12.94 BARCELONA RUFINO REGUEIRA 1990 RIVEIRA 20050731	4:06.34 TRABZON (TUR) ALONSO GATO OSCAR 1995 CIDSANTI 20110726	4:03.90 TARRASA RUFINO REGUEIRA 1990 RIVEIRA 20070805
800L	59:59.99 - - O FEGAN 19000101	9:23.52 XIXÓN DAVILA LUSTRES MANUEL 1996 BOIRO 20090708	9:04.85 PALMA M. DAVILA LUSTRES MANUEL 1996 RIVEIRA 20100714	8:49.83 VALLADOLID DAVILA LUSTRES MANUEL 1996 RIVEIRA 20110802	8:34.97 RIAS DO SUR DAVILA LUSTRES MANUEL 1996 RIVEIRA 20120224	8:25.03 MADRID RUFINO REGUEIRA 1990 RIVEIRA 20070701
1500L	59:59.99 - - O FEGAN 19000101	17:37.16 XIXÓN DAVILA LUSTRES MANUEL 1996 BOIRO 20090708	17:03.97 BARCELONA ANDRADE BUDINO GASPAS 1998 ARZUA 20120718	16:34.61 VALLADOLID DAVILA LUSTRES MANUEL 1996 RIVEIRA 20110802	16:17.93 PORTUGAL/RIO M RUFINO REGUEIRA 1990 RIVEIRA 20060702	16:12.67 TARRASA RUFINO REGUEIRA 1990 RIVEIRA 20070802
50M	33.96 PONTEVEDRA MANSO FRAGA TOMAS 1999 CMARINA 20110327	30.59 CADIZ MANSO FRAGA TOMAS 1999 CMARINA 20120706	0:28.20 OURENSE IAGO VILLAVEVERDE 1989 GALAICO 20030716	0:27.56 PONTEVEDRA JACOBO MARTINEZ 1992 RCNVIGO 20070707	0:26.52 BARCELONA J MANUEL GLEZ 1989 PORENSE 20050729	26.07 MALAGA ORTIZ ANEIRO LORENZO 1995 NTNARON 20120330
100M	1:14.19 PONTEVEDRA MANSO FRAGA TOMAS 1999 CMARINA 20110327	1:03.98 OURENSE ENRIQUE TOUZA 1975 RCNVIGO 19881228	1:03.09 BARCELONA JACOBO MARTINEZ 1992 RCNVIGO 20060729	1:00.67 MADRID JACOBO MARTINEZ 1992 RCNVIGO 20070701	0:59.49 OURENSE MATEO BRUQUETAS 1985 CMARINA 20010727	56.06 MALAGA ORTIZ ANEIRO LORENZO 1995 NTNARON 20120330
200M	59:59.99 - - O FEGAN 19000101	2:25.67 CADIZ MANSO FRAGA TOMAS 1999 CMARINA 20120707	2:21.77 RIAS DO SUR BOUZA MANSO TELMO 1997 CNFERRO 20110701	2:14.01 BARCELONA FERNANDEZ GONZALEZ DIEGO 1994 RCNVIGO 20090728	2:10.56 PALMA M. FERNANDEZ GONZALEZ DIEGO 1994 RCNVIGO 20100716	2:06.64 MALAGA ORTIZ ANEIRO LORENZO 1995 NTNARON 20120401
50E	37.87 RIAS DO SUR LOPEZ LOPEZ JAIME 2000 POR-MIÑA 20120331	33.64 CADIZ VALCARCE DOMINGUEZ PABLO 1999 MOLEMS 20120708	0:30.66 OURENSE RUBÉN FONTENLA 1984 GALAICO 19980705	0:29.85 BARCELONA PABLO GONZALEZ 1991 RCNVIGO 20060727	0:28.71 RIAS DO SUR CAMPOS VARELA SERGIO 1996 NCDRUÑA 20120630	0:28.09 PONTEVEDRA OSCAR PEREIRO CARRIL 1991 ARZUA 20080711
100E	1:17.19 RIAS DO SUR LOPEZ LOPEZ JAIME 2000 POR-MIÑA 20120331	1:08.93 CADIZ VALCARCE DOMINGUEZ PABLO 1999 MOLEMS 20120708	1:04.08 P. MALLORCA RUBÉN FONTENLA 1984 GALAICO 19980623	1:02.12 OURENSE RUFINO REGUEIRA 1990 RIVEIRA 20050717	1:01.30 BARCELONA CAMPOS VARELA SERGIO 1996 NCDRUÑA 20120721	0:58.91 GIJÓN RUFINO REGUEIRA 1990 RIVEIRA 20071220
200E	2:56.22 RIAS DO SUR MONTERO VAZQUEZ JOAQUIN 1995 CNARZUA 20070331	2:23.19 CADIZ VALCARCE DOMINGUEZ PABLO 1999 MOLEMS 20120706	2:18.92 BARCELONA VIANO VARELA MANUEL 1992 CARBALL 20060729	2:14.65 OURENSE RUFINO REGUEIRA 1990 RIVEIRA 20050716	2:08.39 BARCELONA RUFINO REGUEIRA 1990 RIVEIRA 20060728	2:06.31 GIJÓN RUFINO REGUEIRA 1990 RIVEIRA 20071218
50B	41.45 PONTEVEDRA HERNANDEZ NIÑO JUAN DAVID 1999 GALAICO 20110327	0:34.06 OURENSE JOAQUÍN ABASCAL 1986 CMARINA 19990710	0:32.84 OURENSE JOAQUÍN ABASCAL 1986 CMARINA 20000708	0:31.42 OURENSE JOAQUÍN ABASCAL 1986 CMARINA 20010729	0:30.82 OURENSE JOAQUÍN ABASCAL 1986 CMARINA 20020705	0:30.49 P. MALLORCA JOAQUÍN ABASCAL 1986 CMARINA 20030806
100B	1:27.35 PONTEVEDRA HERNANDEZ NIÑO JUAN DAVID 1999 GALAICO 20110327	1:15.42 OURENSE JOAQUÍN ABASCAL 1986 CMARINA 19990709	1:09.70 OURENSE JOAQUÍN ABASCAL 1986 CMARINA 20000707	1:07.53 BARCELONA JOAQUÍN ABASCAL 1986 CMARINA 20010712	1:06.19 BARCELONA JOAQUÍN ABASCAL 1986 CMARINA 20020726	1:05.72 P. MALLORCA JOAQUÍN ABASCAL 1986 CMARINA 20030806
200B	3:16.19 OURENSE GONZALEZ VAN GENT LUCIANO 1999 CNREDON 20110709	2:43.83 OURENSE JOAQUÍN ABASCAL 1986 CMARINA 19990711	2:32.98 GIJÓN LUIS LEIRO 1990 RCNVIGO 20040630	2:27.43 BARCELONA JOAQUÍN ABASCAL 1986 CMARINA 20010714	2:23.45 BARCELONA GANDARA DIEZ ADRIAN 1996 NPONTEA 20120721	2:19.70 TARRASA LUIS LEIRO 1990 RCNVIGO 20070803
200S	3:06.79 OURENSE NOEL BLANCO 1992 PORENSE 20040619	2:29.65 CADIZ CASAR COCHETEUX IAGO 1999 MOLEMS 20120706	2:21.24 OURENSE JOAQUÍN ABASCAL 1986 CMARINA 20000707	2:16.85 VALLADOLID GANDARA DIEZ ADRIAN 1996 NPONTEA 20110806	2:13.15 BARCELONA LUIS LEIRO 1990 RCNVIGO 20060728	2:09.70 MADRID JOAQUÍN ABASCAL 1986 CMARINA 20030410
400S	59:59.99 - - O FEGAN 19000101	5:14.03 CADIZ CASAR COCHETEUX IAGO 1999 MOLEMS 20120707	4:57.89 PALMA M. DAVILA LUSTRES MANUEL 1996 RIVEIRA 20100715	4:47.00 VALLADOLID GANDARA DIEZ ADRIAN 1996 NPONTEA 20110803	4:38.51 BARCELONA GANDARA DIEZ ADRIAN 1996 NPONTEA 20120719	4:35.25 MADRID JOAQUÍN ABASCAL 1986 CMARINA 20030410