



## II CAMPEONATO DE ESPAÑA DE NATACIÓN LARGA DISTANCIA

Categorías INFANTIL, JUNIOR y SENIOR

Organiza: Federación Madrileña de Natación

Piscina: Centro Natación M'86, 50 mts. - 10 calles

Madrid, 11 de Febrero de 2011



### Prueba nº 4 - 5000 metros - Categoría SENIOR FEMENINO

Puntos

		100	200	400	500	800	1000	1500	2000	2500	3000	3500	4000	4500	5000	
01	RECIO PANEQUE, MARTA - 1990	0:58:53,60														14
	076427117	1:10,26	2:18,19	4:39,13	5:49,40	9:18,82	11:42,20	17:39,87	23:34,45	29:22,40	35:13,08	41:06,57	47:00,39	52:54,82	0:58:53,60	
	R.C. MEDITERRANEO	PROMEDIOS	100	500	1000		5:52,80	5:57,67	5:54,58	5:50,68	5:53,49	5:53,82	5:54,43	5:58,78		
	3-6-DR	1:10,67	5:53,36	11:46,72			11:42,20		11:52,25		11:38,63		11:47,31		11:53,21	
02	VILARIÑO GARCIA, XENIA - 1991	0:59:22,63														11
	077420795	1:08,20	2:17,31	4:38,78	5:49,48	9:20,06	11:41,64	17:39,98	23:30,63	29:31,22	35:24,27	41:20,02	47:22,23	53:21,67	0:59:22,63	
	GALAICO-SERCOYSA	PROMEDIOS	100	500	1000		5:52,16	5:58,34	5:50,65	6:00,59	5:53,05	5:55,75	6:02,21	5:59,44	6:00,96	
	3-4-DR	1:11,25	5:56,26	11:52,53			11:41,64		11:48,99		11:53,64		11:57,96		12:00,40	
03	DOMINGUEZ CABEZAS, MARGARITA - 1987	0:59:48,04														9
	023045572	1:09,85	2:20,16	4:40,33	5:50,92	9:23,41	11:45,28	17:40,72	23:39,40	29:40,14	35:38,17	41:36,17	47:34,61	53:41,35	0:59:48,04	
	A.D. ANCORA	PROMEDIOS	100	500	1000		5:54,36	5:55,44	5:58,68	6:00,74	5:58,03	5:58,00	5:58,44	6:06,74	6:06,69	
	3-3-DR	1:11,76	5:58,80	11:57,61			11:45,28		11:54,12		11:58,77		11:56,44		12:13,43	
04	MAYOL ANDURELL, MARTA - 1991	1:00:32,59														7
	043559001	1:09,06	2:18,13	4:37,20	5:48,20	9:18,38	11:41,86	17:39,57	23:33,97	29:30,57	35:32,17	41:36,74	47:52,37	54:12,44	1:00:32,59	
	C.N. SABADELL	PROMEDIOS	100	500	1000		5:53,66	5:57,71	5:54,40	5:56,60	6:01,60	6:04,57	6:15,63	6:20,07	6:20,15	
	3-5-DR	1:12,65	6:03,26	12:06,52			11:41,86		11:52,11		11:58,20		12:20,20		12:40,22	
05	TENA QUINTILLA, LAIA - 1992	1:00:45,00														6
	047415104	1:09,48	2:20,14	4:40,45	5:51,17	9:24,45	11:47,74	17:49,91	23:55,53	29:59,90	36:06,28	42:14,91	48:25,99	54:34,55	1:00:45,00	
	C.N. SABADELL	PROMEDIOS	100	500	1000		5:56,57	6:02,17	6:05,62	6:04,37	6:06,38	6:08,63	6:11,08	6:08,56	6:10,45	
	3-2-DR	1:12,90	6:04,50	12:09,00			11:47,74		12:07,79		12:10,75		12:19,71		12:19,01	
06	MONTES PEREZ, LAURA PAOLA - 1991	1:01:54,38														5
	039498243	1:11,38	2:23,94	4:50,88	6:04,36	9:44,08	12:10,83	18:21,39	24:32,89	30:44,83	36:58,83	43:13,38	49:29,36	55:44,01	1:01:54,38	
	GALAICO-SERCOYSA	PROMEDIOS	100	500	1000		6:06,47	6:10,56	6:11,50	6:11,94	6:14,00	6:14,55	6:15,98	6:14,65	6:10,37	
	3-7-DR	1:14,29	6:11,44	12:22,88			12:10,83		12:22,06		12:25,94		12:30,53		FALSO	
07	GARCIA PARDAVILA, IRIA - 1991	1:02:28,44														4
	044733600	1:09,91	2:21,60	4:44,54	5:56,74	9:35,31	12:02,08	18:15,79	24:33,60	30:53,31	37:14,27	43:34,45	50:00,26	56:11,70	1:02:28,44	
	GALAICO-SERCOYSA	PROMEDIOS	100	500	1000		6:05,34	6:13,71	6:17,81	6:19,71	6:20,96	6:20,18	6:25,81	6:11,44	6:16,74	
	3-1-DR	1:14,97	6:14,84	12:29,69			12:02,08		12:31,52		12:40,67		12:45,99		12:28,18	
08	GONZALEZ PEREZ, ELENA - 1992	1:04:56,22														3
	053518285	1:12,98	2:27,74	4:59,30	6:15,68	10:05,00	12:39,74	19:04,93	25:32,67	32:05,04	38:31,67	45:05,94	51:41,66	58:20,22	1:04:56,22	
	R.C. MEDITERRANEO	PROMEDIOS	100	500	1000		6:24,06	6:25,19	6:27,74	6:32,37	6:26,63	6:34,27	6:35,72	6:38,56	6:36,00	
	3-0-DR	1:17,92	6:29,62	12:59,24			12:39,74		12:52,93		12:59,00		13:09,99		13:14,56	