



## COPA CLUBES PRE PROG C, 6NOV2010

Datos técnicos: Piscina de 25 m., Cronometraje Manual

A CORUÑA

06/11/2010

RK	Licencia	Nombre	Año	Club	T.R.	Pts.	Resultado
1	077420795	VILARIÑO GARCIA XENIA	1991	GALAICO		15,0	8:41.91
		50 - 30.44   100 - 1:02.30   150 - 1:34.31   200 - 2:06.97   250 - 2:39.99   300 - 3:12.98   350 - 3:45.96   400 - 4:19.14   450 - 4:52.20   500 - 5:25.31   550 - 5:58.55   600 - 6:31.63   650 - 7:04.13   700 - 7:37.30   750 - 8:10.02   800 - 8:41.91					
		30.44   31.86   32.01   32.66   33.02   32.99   32.98   33.18   33.06   33.11					
		550 - 5:58.55   600 - 6:31.63   650 - 7:04.13   700 - 7:37.30   750 - 8:10.02   800 - 8:41.91					
		33.24   33.08   32.50   33.17   32.72   31.89					
2	044659339	PIMENTEL PEREZ LAURA	1993	POURENSE		12,0	9:07.06
		50 - 31.21   100 - 1:04.70   150 - 1:38.84   200 - 2:13.41   250 - 2:47.62   300 - 3:22.26   350 - 3:56.90   400 - 4:31.38   450 - 5:06.20   500 - 5:40.71   550 - 6:15.59   600 - 6:50.31   650 - 7:25.01   700 - 7:59.70   750 - 8:33.64   800 - 9:07.06					
		31.21   33.49   34.14   34.57   34.21   34.64   34.64   34.48   34.82   34.51					
		550 - 6:15.59   600 - 6:50.31   650 - 7:25.01   700 - 7:59.70   750 - 8:33.64   800 - 9:07.06					
		34.88   34.72   34.70   34.69   33.94   33.42					
3	039498243	NONTES PEREZ LAURA PAOLA	1991	GALAICO		10,0	9:08.18
		50 - 32.29   100 - 1:06.86   150 - 1:42.03   200 - 2:16.91   250 - 2:51.45   300 - 3:26.13   350 - 4:01.06   400 - 4:35.68   450 - 5:10.02   500 - 5:44.46   550 - 6:18.96   600 - 6:53.32   650 - 7:27.59   700 - 8:01.65   750 - 8:35.34   800 - 9:08.18					
		32.29   34.57   35.17   34.88   34.54   34.68   34.93   34.62   34.34   34.44					
		550 - 6:18.96   600 - 6:53.32   650 - 7:27.59   700 - 8:01.65   750 - 8:35.34   800 - 9:08.18					
		34.50   34.36   34.27   34.06   33.69   32.84					
4	047436594	LOPEZ SOUTO ALBA	1993	NCORUÑA		9,0	9:26.02
		50 - 31.44   100 - 1:05.38   150 - 1:40.13   200 - 2:15.15   250 - 2:50.09   300 - 3:25.57   350 - 4:01.04   400 - 4:36.74   450 - 5:12.59   500 - 5:48.52   550 - 6:24.84   600 - 7:02.84   650 - 7:37.52   700 - 8:13.82   750 - 8:50.51   800 - 9:26.02					
		31.44   33.94   34.75   35.02   34.94   35.48   35.47   35.70   35.85   35.93					
		550 - 6:24.84   600 - 7:02.84   650 - 7:37.52   700 - 8:13.82   750 - 8:50.51   800 - 9:26.02					
		36.32   38.00   34.68   36.30   36.69   35.51					
5	032708842	SANCHEZ PALACIOS FATIMA	1994	CNFERRO		8,0	9:37.82
		50 - 32.22   100 - 1:06.95   150 - 1:42.40   200 - 2:18.30   250 - 2:54.70   300 - 3:30.88   350 - 4:07.71   400 - 4:44.36   450 - 5:21.35   500 - 5:58.22   550 - 6:35.09   600 - 7:12.35   650 - 7:49.13   700 - 8:25.82   750 - 9:02.20   800 - 9:37.82					
		32.22   34.73   35.45   35.90   36.40   36.18   36.83   36.65   36.99   36.87					
		550 - 6:35.09   600 - 7:12.35   650 - 7:49.13   700 - 8:25.82   750 - 9:02.20   800 - 9:37.82					
		36.87   37.26   36.78   36.69   36.38   35.62					
6	053795250	PARADA SUAREZ ANA	1994	RIVEIRA		7,0	9:39.51
		50 - 33.15   100 - 1:08.56   150 - 1:44.52   200 - 2:20.45   250 - 2:56.85   300 - 3:33.37   350 - 4:09.90   400 - 4:46.58   450 - 5:23.07   500 - 5:59.73   550 - 6:36.46   600 - 7:13.56   650 - 7:50.41   700 - 8:27.36   750 - 9:04.42   800 - 9:39.51					
		33.15   35.41   35.96   35.93   36.40   36.52   36.53   36.68   36.49   36.66					
		550 - 6:36.46   600 - 7:13.56   650 - 7:50.41   700 - 8:27.36   750 - 9:04.42   800 - 9:39.51					
		36.73   37.10   36.85   36.95   37.06   35.09					
7	047439904	SAKULSKI OTERO COSIMA	1995	NCORUÑA		6,0	9:39.95
		50 - 32.78   100 - 1:09.00   150 - 1:44.93   200 - 2:21.26   250 - 2:57.56   300 - 3:33.94   350 - 4:10.67   400 - 4:47.33   450 - 5:24.10   500 - 6:01.16   550 - 6:38.14   600 - 7:14.94   650 - 7:51.95   700 - 8:28.34   750 - 9:04.98   800 - 9:39.95					
		32.78   36.22   35.93   36.33   36.30   36.38   36.73   36.66   36.77   37.06					
		550 - 6:38.14   600 - 7:14.94   650 - 7:51.95   700 - 8:28.34   750 - 9:04.98   800 - 9:39.95					
		36.98   36.80   37.01   36.39   36.64   34.97					
8	033556867	GUEIMONDE MENDEZ SUSANA	1996	CFVLUGO		5,0	9:48.23
		50 - 33.51   100 - 1:10.14   150 - 1:46.93   200 - 2:23.40   250 - 2:59.94   300 - 3:36.83   350 - 4:13.58   400 - 4:50.06   450 - 5:27.27   500 - 6:04.15   550 - 6:41.47   600 - 7:19.05   650 - 7:56.95   700 - 8:34.95   750 - 9:12.37   800 - 9:48.23					
		33.51   36.63   36.79   36.47   36.54   36.89   36.75   36.48   37.21   36.88					
		550 - 6:41.47   600 - 7:19.05   650 - 7:56.95   700 - 8:34.95   750 - 9:12.37   800 - 9:48.23					
		37.32   37.58   37.90   38.00   37.42   35.86					
9	044659381	SANTISO PRADO ANA MARIA	1996	POURENSE		4,0	9:50.44
		50 - 32.82   100 - 1:09.27   150 - 1:47.20   200 - 2:24.31   250 - 3:04.22   300 - 3:38.40   350 - 4:15.62   400 - 4:52.96   450 - 5:30.20   500 - 6:07.35   550 - 6:44.64   600 - 7:24.70   650 - 7:59.01   700 - 8:36.66   750 - 9:14.83   800 - 9:50.44					
		32.82   36.45   37.93   37.11   39.91   34.18   37.22   37.34   37.24   37.15					
		550 - 6:44.64   600 - 7:24.70   650 - 7:59.01   700 - 8:36.66   750 - 9:14.83   800 - 9:50.44					
		37.29   40.06   34.31   37.65   38.17   35.61					
10	032719919	PRADA TELLADO MARTA	1993	CNFERRO		3,0	9:57.10
		50 - 33.23   100 - 1:08.78   150 - 1:45.41   200 - 2:22.93   250 - 3:00.28   300 - 3:37.70   350 - 4:14.95   400 - 4:53.06   450 - 5:30.41   500 - 6:07.91   550 - 6:45.45   600 - 7:22.95   650 - 8:01.41   700 - 8:40.02   750 - 9:18.80   800 - 9:57.10					
		33.23   35.55   36.63   37.52   37.35   37.42   37.25   38.11   37.35   37.50					
		550 - 6:45.45   600 - 7:22.95   650 - 8:01.41   700 - 8:40.02   750 - 9:18.80   800 - 9:57.10					
		37.54   37.50   38.46   38.61   38.78   38.30					

RT: Retirado  
NP: Non presentadoDES: Descualificado  
BAJ: Baixa



## COPA CLUBES PRE PROG C, 6NOV2010

Datos técnicos: Piscina de 25 m., Cronometraje Manual

A CORUÑA

06/11/2010

RK	Licencia	Nombre				Año	Club	T.R.							Pts.	Resultado			
11	053796643	OTERO PEREZ LAURA				1995 RIVEIRA										2,0	10:06.04		
50	33.82	100	1:10.89	150	11:48.42	200	2:26.23	250	3:04.13	300	3:41.84	350	4:19.95	400	4:58.56	450	5:36.93	500	6:15.41
	33.82		37.07		10:37.		0.00		37.90		37.71		38.11		38.61		38.37		38.48
550	6:53.72	600	7:32.02	650	8:10.36	700	8:49.21	750	9:27.70	800	10:06.04								
	38.31		38.30		38.34		38.85		38.49		38.34								
12	033556659	VAZQUEZ VILLASANTE LARA				1995 CFVLUGO										1,0	10:20.84		
50	35.34	100	1:12.01	150	1:49.91	200	2:28.69	250	3:07.16	300	3:46.06	350	4:25.29	400	5:04.32	450	5:42.18	500	6:20.81
	35.34		36.67		37.90		38.78		38.47		38.90		39.23		39.03		37.86		38.63
550	7:02.18	600	7:41.12	650	8:21.41	700	9:02.29	750	9:41.14	800	10:20.84								
	41.37		38.94		40.29		40.88		38.85		39.70								

RT: Retirado  
NP: Non presentadoDES: Descualificado  
BAJ: Baixa