

**CTO GAL NAT ABSO VER, 2-4XULLO2010**

Datos técnicos: Piscina de 50 m., Crono Electrónico

**RIAS DO SUR**
**03/07/2010**

RK	Club	Nome	Club	T.R.	Pts.	Resultado
1	00784	<b>CNGALAICO-SERCOISA</b>	GALAICO		1.560 RC	8:38.95
	1	GOMEZ CORTES BEATRIZ	1994	50 - 29.28   100 - 1:00.96   150 - 1:33.70   200 - 2:05.62   29.28   31.68   32.74   -   31.92		
	2	VILARIÑO GARCIA XENIA	1991	250 - 2:35.39   300 - 3:08.04   350 - 3:40.89   400 - 4:13.53   29.77   32.65   32.85   -   32.64		
	3	MONTES PEREZ LAURA PAOLA	1991	450 - 4:45.12   500 - 5:19.16   550 - 5:54.05   600 - 6:28.12   31.59   34.04   34.89   -   34.07		
	4	GARCÍA PARDAVILA IRIA	1991	650 - 6:57.96   700 - 7:31.26   750 - 8:05.26   800 - 8:38.95   29.84   33.30   34.00   RC   33.69		
2	00186	<b>CNCORUÑA</b>	NCORUÑA		1.364	8:44.78
	1	MARTINEZ CANOSA RAQUEL	1991	50 - 29.40   100 - 1:01.64   150 - 1:34.68   200 - 2:07.73   29.40   32.24   33.04   -   33.05		
	2	IGLESIAS RODRIGUEZ BEATRIZ	1994	250 - 2:37.86   300 - 3:11.43   350 - 3:45.77   400 - 4:20.15   30.13   33.57   34.34   -   34.38		
	3	ABELEDIO MAQUIEIRA LUISA MARIA	1992	450 - 4:49.98   500 - 5:23.71   550 - 5:57.74   600 - 6:31.66   29.83   33.73   34.03   -   33.92		
	4	PEREZ FERNANDEZ DE CORDOB A.	1991	650 - 7:01.53   700 - 7:35.42   750 - 8:10.02   800 - 8:44.78   29.87   33.89   34.60   34.76		
3	00769	<b>CNRIVEIRA</b>	RIVEIRA		1.362 MMG	8:45.04
	1	LAGO AROBES JUDITH	1995	50 - 30.27   100 - 1:02.65   150 - 1:35.83   200 - 2:07.80   30.27   32.38   33.18   -   31.97		
	2	BLANCO BERMUDEZ YAIZA	1995	250 - 2:38.11   300 - 3:11.24   350 - 3:45.32   400 - 4:18.82   30.31   33.13   34.08   -   33.50		
	3	VILAS VIDAL MARIA	1996	450 - 4:49.21   500 - 5:22.52   550 - 5:57.34   600 - 6:31.10   30.39   33.31   34.82   -   33.76		
	4	YÁÑEZ MARIÑO SHEILA	1996	650 - 7:01.79   700 - 7:35.79   750 - 8:10.98   800 - 8:45.04   30.69   34.00   35.19   34.06		
4	00101	<b>CNPOURENSE</b>	POURENSE		1.336	8:48.37
	1	PIMENTEL PEREZ LAURA	1993	50 - 30.32   100 - 1:03.31   150 - 1:36.81   200 - 2:09.92   30.32   32.99   33.50   -   33.11		
	2	RAÑA RUIZ MARIA ISABEL	1992	250 - 2:39.70   300 - 3:12.61   350 - 3:46.32   400 - 4:20.29   29.78   32.91   33.71   -   33.97		
	3	GARCIA OTERO PAULA	1994	450 - 4:51.21   500 - 5:25.98   550 - 6:02.00   600 - 6:38.22   30.92   34.77   36.02   -   36.22		
	4	ALVAREZ LIZ IRIA	1993	650 - 7:08.11   700 - 7:41.00   750 - 8:14.84   800 - 8:48.37   29.89   32.89   33.84   33.53		
5	00674	<b>CNFERROL-ELINCO</b>	CNFERRO		1.154	9:14.86
	1	VILLAR CAINZOS CLAUDIA	1992	50 - 31.91   100 - 1:06.57   150 - 1:42.45   200 - 2:17.70   31.91   34.66   35.88   -   35.25		
	2	PRADA TELLADO MARTA	1993	250 - 2:50.27   300 - 3:26.06   350 - 4:02.95   400 - 4:39.68   32.57   35.79   36.89   -   36.73		
	3	GARCIA SOTO PATRICIA	1991	450 - 5:10.20   500 - 5:43.79   550 - 6:19.07   600 - 6:54.33   30.52   33.59   35.28   -   35.26		
	4	LOPEZ SANMARTIN NEREA	1996	650 - 7:26.08   700 - 8:01.54   750 - 8:38.33   800 - 9:14.86   31.75   35.46   36.79   36.53		

 RT: Retirado DES: Descualificado MMG: M.M. Terr. (Para Edades) RG: Record Fed. Territorial  
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**CTO GAL NAT ABSO VER, 2-4XULLO2010**

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**RIAS DO SUR**
**03/07/2010**

RK	Club	Nome	Club	T.R.							Pts.	Resultado
6	00071	<b>RCNVIGO</b>	RCNVIGO								992	9:43.57
	1	LAGO LOPEZ RAQUEL	1995	50	32.11	100	1:08.19	150	1:45.99	200	2:24.60	
					32.11		36.08		37.80	--	38.61	
	2	LAMEIRO LOPEZ MARIA	1994	250	2:56.97	300	3:33.30	350	4:13.31	400	4:54.38	
					32.37		36.33		40.01	--	41.07	
	3	FIGUEROA POUSA PAULA	1993	450	5:26.06	500	6:02.90	550	6:41.60	600	7:20.57	
					31.68		36.84		38.70	--	38.97	
	4	TORNERO VIÑAS INES	1993	650	7:51.98	700	8:27.61	750	9:05.71	800	9:43.57	
					31.41		35.63		38.10		37.86	
7	00398	<b>CFLUVIALUGO</b>	CFVLUGO								988	9:44.37
	1	VAZQUEZ VILLASANTE LARA	1995	50	34.67	100	1:11.76	150	1:49.85	200	2:27.70	
					34.67		37.09		38.09	--	37.85	
	2	GUEIMONDE MENDEZ SUSANA	1996	250	3:00.16	300	3:36.81	350	4:13.74	400	4:49.67	
					32.46		36.65		36.93	--	35.93	
	3	BARRO GARCIA INES	1995	450	5:23.84	500	6:00.84	550	6:38.19	600	7:14.20	
					34.17		37.00		37.35	--	36.01	
	4	CASTRO VEIGA INES	1995	650	7:49.78	700	8:28.27	750	9:07.39	800	9:44.37	
					35.58		38.49		39.12		36.98	
8	00146	<b>CMARINAF</b>	CMARINA								978	9:46.12
	1	PORTA PEÑA ESTELA	1996	50	33.03	100	1:09.27	150	1:46.07	200	2:21.40	
					33.03		36.24		36.80	--	35.33	
	2	GARCIA MORENO CRISTINA	1993	250	2:55.64	300	3:33.03	350	4:12.71	400	4:50.87	
					34.24		37.39		39.68	--	38.16	
	3	CABADAS BERMUDEZ BARBARA	1996	450	5:24.70	500	6:02.62	550	6:41.90	600	7:20.09	
					33.83		37.92		39.28	--	38.19	
	4	SANJURJO MUÑOZ CLAUDIA	1996	650	7:52.84	700	8:29.89	750	9:08.51	800	9:46.12	
					32.75		37.05		38.62		37.61	
9	01133	<b>C LEYMA N ARTEIXO</b>	ARTEIXO								0	9:55.02
	1	DOMINGUEZ CASTIÑEIRA NEREA	1997	50	34.16	100	1:11.52	150	1:49.04	200	2:25.31	
					34.16		37.36		37.52	--	36.27	
	2	ARIJON BUSTO GABRIELA	1993	250	2:58.06	300	3:36.27	350	4:15.59	400	4:53.80	
					32.75		38.21		39.32	--	38.21	
	3	FOLGUEIRA SUAREZ TAMARA	1994	450	5:27.08	500	6:06.88	550	6:48.41	600	7:29.01	
					33.28		39.80		41.53	--	40.60	
	4	NAYA MATO VIRGINIA	1996	650	8:01.87	700	8:38.73	750	9:16.64	800	9:55.02	
					32.86		36.86		37.91		38.38	
10	00314	<b>CNPONTEVEDRA</b>	NPONTEV								0	10:02.41
	1	GOLOBARDAS RIVAS AINHOA	1997	50	35.03	100	1:13.06	150	1:51.85	200	2:30.25	
					35.03		38.03		38.79	--	38.40	
	2	ALEJANDRA GEROSA PATRICIA	1995	250	3:04.28	300	3:43.81	350	4:25.15	400	5:06.44	
					34.03		39.53		41.34	--	41.29	
	3	PEREIRA MOLEDO ALVA	1997	450	5:40.75	500	6:19.55	550	6:59.77	600	7:38.48	
					34.31		38.80		40.22	--	38.71	
	4	ARANGUREN ABEIGON ITZIAR	1997	650	8:10.84	700	8:46.89	750	9:24.82	800	10:02.41	
					32.36		36.05		37.93		37.59	

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RK	Club	Nome	Club	T.R.	Pts.	Resultado
00878	CNPONTEAREAS		NPONTEA		0	BAJ
00511	CNSANTIAGO		CNSANTI		0	BAJ

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 NP: Non presentado  
 DES: Descualificado  
 BAJ: Baixa  
 MMG: M.M. Terr. (Para Edades)  
 RC: Record Campeonato

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