

**CAMPEONATO GALEGO LONGA DISTANCIA, 31 DE OUTUBRO DE 2009**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**RIAS DO SUR**
**31/10/2009**
**LDABS MAS**

| RK | Licencia  | Nombre                 |      |          |      |          |      |          |      |          |      |          |      |          |      |          |      |          |      | Año      | Club     | Pts.     | Resultado |
|----|-----------|------------------------|------|----------|------|----------|------|----------|------|----------|------|----------|------|----------|------|----------|------|----------|------|----------|----------|----------|-----------|
| 1  | 052932348 | BRION SAMPEDRO IVAN    |      |          |      |          |      |          |      |          |      |          |      |          |      |          |      |          |      | 1989     | RIVEIRA  | 19,0     |           |
|    | 50        | 30.15                  | 100  | 1:01.58  | 200  | 2:04.06  | 300  | 3:06.77  | 400  | 4:09.69  | 500  | 5:12.61  | 600  | 6:15.42  | 700  | 7:18.62  | 800  | 8:21.54  | 900  | 9:25.04  |          | 31:33.54 |           |
|    |           | 30.15                  |      | 31.43    |      | :04.06   |      | :06.77   |      | :09.69   |      | :12.61   |      | :15.42   |      | :18.62   |      | :21.54   |      | :25.04   |          |          |           |
|    | 1000      | 10:27.87               | 1100 | 11:31.23 | 1200 | 12:34.47 | 1300 | 13:37.69 | 1400 | 14:40.73 | 1500 | 15:43.87 | 1600 | 16:46.90 | 1700 | 17:50.29 | 1800 | 18:53.74 | 1900 | 19:57.07 |          |          |           |
|    |           | :27.87                 |      | :31.23   |      | :34.47   |      | :37.69   |      | :40.73   |      | :43.87   |      | :46.90   |      | :50.29   |      | :53.74   |      | :57.07   |          |          |           |
|    | 2000      | 21:00.54               | 2100 | 22:03.69 | 2200 | 23:07.23 | 2300 | 24:10.92 | 2400 | 25:14.75 | 2500 | 26:18.00 | 2600 | 27:21.26 | 2700 | 28:24.87 | 2800 | 29:28.26 | 2900 | 30:31.42 |          |          |           |
|    |           | :00.54                 |      | :03.69   |      | :07.23   |      | :10.92   |      | :14.75   |      | :18.00   |      | :21.26   |      | :24.87   |      | :28.26   |      | :31.42   |          |          |           |
|    | 3000      | 31:33.54               |      |          |      |          |      |          |      |          |      |          |      |          |      |          |      |          |      |          |          |          |           |
|    |           | :33.54                 |      |          |      |          |      |          |      |          |      |          |      |          |      |          |      |          |      |          |          |          |           |
| 2  | 053483035 | REGUERIA SUAREZ RUFINO |      |          |      |          |      |          |      |          |      |          |      |          |      |          |      |          |      | 1990     | RIVEIRA  | 16,0     |           |
|    | 50        | 30.83                  | 100  | 1:03.05  | 200  | 2:08.52  | 300  | 3:15.02  | 400  | 4:22.11  | 500  | 5:29.12  | 600  | 6:36.21  | 700  | 7:43.15  | 800  | 8:49.52  | 900  | 9:56.30  |          | 33:39.80 |           |
|    |           | 30.83                  |      | 32.22    |      | :08.52   |      | :15.02   |      | :22.11   |      | :29.12   |      | :36.21   |      | :43.15   |      | :49.52   |      | :56.30   |          |          |           |
|    | 1000      | 11:02.41               | 1100 | 12:08.61 | 1200 | 13:15.55 | 1300 | 14:22.71 | 1400 | 15:30.21 | 1500 | 16:37.81 | 1600 | 17:45.11 | 1700 | 18:52.81 | 1800 | 20:00.21 | 1900 | 21:07.33 |          |          |           |
|    |           | :02.41                 |      | :08.61   |      | :15.55   |      | :22.71   |      | :30.21   |      | :37.81   |      | :45.11   |      | :52.81   |      | :00.21   |      | :07.33   |          |          |           |
|    | 2000      | 22:15.02               | 2100 | 23:21.70 | 2200 | 24:29.34 | 2300 | 25:38.39 | 2400 | 26:47.24 | 2500 | 27:56.27 | 2600 | 29:04.81 | 2700 | 30:13.49 | 2800 | 31:22.39 | 2900 | 32:31.92 |          |          |           |
|    |           | :15.02                 |      | :21.70   |      | :29.34   |      | :38.39   |      | :47.24   |      | :56.27   |      | :04.81   |      | :13.49   |      | :22.39   |      | :31.92   |          |          |           |
|    | 3000      | 33:39.80               |      |          |      |          |      |          |      |          |      |          |      |          |      |          |      |          |      |          |          |          |           |
|    |           | :39.80                 |      |          |      |          |      |          |      |          |      |          |      |          |      |          |      |          |      |          |          |          |           |
| 3  | 032712237 | GONZALEZ ROI           |      |          |      |          |      |          |      |          |      |          |      |          |      |          |      |          |      | 1987     | CNFERRO  | 14,0     |           |
|    | 50        | 33.00                  | 100  | 1:06.52  | 200  | 2:14.73  | 300  | 3:22.76  | 400  | 4:31.53  | 500  | 5:38.96  | 600  | 6:46.24  | 700  | 7:53.09  | 800  | 9:02.03  | 900  | 10:10.95 |          | 34:17.02 |           |
|    |           | 33.00                  |      | 33.52    |      | :14.73   |      | :22.76   |      | :31.53   |      | :38.96   |      | :46.24   |      | :53.09   |      | :02.03   |      | :10.95   |          |          |           |
|    | 1000      | 11:19.64               | 1100 | 12:27.77 | 1200 | 13:37.42 | 1300 | 14:45.07 | 1400 | 15:54.46 | 1500 | 17:04.22 | 1600 | 18:15.04 | 1700 | 19:24.86 | 1800 | 20:32.24 | 1900 | 21:40.43 |          |          |           |
|    |           | :19.64                 |      | :27.77   |      | :37.42   |      | :45.07   |      | :54.46   |      | :04.22   |      | :15.04   |      | :24.86   |      | :32.24   |      | :40.43   |          |          |           |
|    | 2000      | 22:48.57               | 2100 | 23:58.25 | 2200 | 25:08.38 | 2300 | 26:17.35 | 2400 | 27:26.54 | 2500 | 28:36.05 | 2600 | 29:44.54 | 2700 | 30:52.81 | 2800 | 32:01.88 | 2900 | 33:11.05 |          |          |           |
|    |           | :48.57                 |      | :58.25   |      | :08.38   |      | :17.35   |      | :26.54   |      | :36.05   |      | :44.54   |      | :52.81   |      | :01.88   |      | :11.05   |          |          |           |
|    | 3000      | 34:17.02               |      |          |      |          |      |          |      |          |      |          |      |          |      |          |      |          |      |          |          |          |           |
|    |           | :17.02                 |      |          |      |          |      |          |      |          |      |          |      |          |      |          |      |          |      |          |          |          |           |
| 4  | 045862302 | TABOADA VILA ALBERTO   |      |          |      |          |      |          |      |          |      |          |      |          |      |          |      |          |      | 1987     | POURENSE | 13,0     |           |
|    | 50        | 32.48                  | 100  | 1:05.35  | 200  | 2:12.24  | 300  | 3:19.57  | 400  | 4:27.70  | 500  | 5:35.96  | 600  | 6:49.76  | 700  | 7:53.65  | 800  | 9:03.21  | 900  | 10:13.77 |          | 35:08.96 |           |
|    |           | 32.48                  |      | 32.87    |      | :12.24   |      | :19.57   |      | :27.70   |      | :35.96   |      | :49.76   |      | :53.65   |      | :03.21   |      | :13.77   |          |          |           |
|    | 1000      | 11:23.07               | 1100 | 12:32.37 | 1200 | 13:42.65 | 1300 | 14:52.90 | 1400 | 16:03.17 | 1500 | 17:12.00 | 1600 | 18:21.75 | 1700 | 19:32.94 | 1800 | 20:44.77 | 1900 | 21:56.78 |          |          |           |
|    |           | :23.07                 |      | :32.37   |      | :42.65   |      | :52.90   |      | :03.17   |      | :12.00   |      | :21.75   |      | :32.94   |      | :44.77   |      | :56.78   |          |          |           |
|    | 2000      | 23:09.25               | 2100 | 24:21.34 | 2200 | 25:33.25 | 2300 | 26:45.75 | 2400 | 27:57.07 | 2500 | 29:09.39 | 2600 | 30:20.65 | 2700 | 31:32.78 | 2800 | 32:45.31 | 2900 | 33:57.42 |          |          |           |
|    |           | :09.25                 |      | :21.34   |      | :33.25   |      | :45.75   |      | :57.07   |      | :09.39   |      | :20.65   |      | :32.78   |      | :45.31   |      | :57.42   |          |          |           |
|    | 3000      | 35:08.96               |      |          |      |          |      |          |      |          |      |          |      |          |      |          |      |          |      |          |          |          |           |
|    |           | :08.96                 |      |          |      |          |      |          |      |          |      |          |      |          |      |          |      |          |      |          |          |          |           |

 RT: Retirado  
 NP: Non presentado  
 DES: Descualificado  
 BAJ: Baixa

SW.RESULTADOS\_PRUEBA\_CA Información correcta a 10:43:08 03/11/2009

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**CAMPEONATO GALEGO LONGA DISTANCIA, 31 DE OUTUBRO DE 2009**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**RIAS DO SUR**
**31/10/2009**
**LD JUNIOR MAS**

| RK   | Licencia  | Nombre                       | Año      | Club    | Pts.     | Resultado |          |      |          |      |          |      |          |      |          |      |          |      |          |  |          |
|------|-----------|------------------------------|----------|---------|----------|-----------|----------|------|----------|------|----------|------|----------|------|----------|------|----------|------|----------|--|----------|
| 1    | 033444193 | POMBO LOPEZ SERGIO           | 1991     | CFVLUGO | 19,0     |           |          |      |          |      |          |      |          |      |          |      |          |      |          |  |          |
| 50   | 32.62     | 100                          | 1:04.69  | 200     | 2:09.51  | 300       | 3:15.37  | 400  | 4:21.97  | 500  | 5:29.19  | 600  | 6:36.17  | 700  | 7:43.07  | 800  | 8:49.41  | 900  | 9:56.15  |  | 33:16.27 |
|      | 32.62     |                              | 32.07    |         | :09.51   |           | :15.37   |      | :21.97   |      | :29.19   |      | :36.17   |      | :43.07   |      | :49.41   |      | :56.15   |  |          |
| 1000 | 11:02.15  | 1100                         | 12:07.84 | 1200    | 13:14.88 | 1300      | 14:22.49 | 1400 | 15:29.88 | 1500 | 16:37.73 | 1600 | 17:45.13 | 1700 | 18:52.58 | 1800 | 19:59.84 | 1900 | 21:07.29 |  |          |
|      | :02.15    |                              | :07.84   |         | :14.88   |           | :22.49   |      | :29.88   |      | :37.73   |      | :45.13   |      | :52.58   |      | :59.84   |      | :07.29   |  |          |
| 2000 | 22:44.63  | 2100                         | 23:51.84 | 2200    | 24:24.58 | 2300      | 25:30.65 | 2400 | 26:37.28 | 2500 | 27:43.88 | 2600 | 28:50.82 | 2700 | 29:58.39 | 2800 | 31:05.27 | 2900 | 32:12.58 |  |          |
|      | :44.63    |                              | :51.84   |         | :24.58   |           | :30.65   |      | :37.28   |      | :43.88   |      | :50.82   |      | :58.39   |      | :05.27   |      | :12.58   |  |          |
| 3000 | 33:16.27  |                              |          |         |          |           |          |      |          |      |          |      |          |      |          |      |          |      |          |  |          |
|      | :16.27    |                              |          |         |          |           |          |      |          |      |          |      |          |      |          |      |          |      |          |  |          |
| 2    | 047377400 | SUAREZ HORTAS ANTON          | 1993     | NCORUÑA | 16,0     |           |          |      |          |      |          |      |          |      |          |      |          |      |          |  |          |
| 50   | 32.64     | 100                          | 1:05.85  | 200     | 2:12.63  | 300       | 3:19.18  | 400  | 4:25.92  | 500  | 5:32.59  | 600  | 6:39.11  | 700  | 7:45.66  | 800  | 8:52.30  | 900  | 9:58.89  |  | 33:19.23 |
|      | 32.64     |                              | 33.21    |         | :12.63   |           | :19.18   |      | :25.92   |      | :32.59   |      | :39.11   |      | :45.66   |      | :52.30   |      | :58.89   |  |          |
| 1000 | 11:05.48  | 1100                         | 12:11.86 | 1200    | 13:18.12 | 1300      | 14:24.83 | 1400 | 15:31.46 | 1500 | 16:38.31 | 1600 | 17:44.92 | 1700 | 18:51.77 | 1800 | 19:58.44 | 1900 | 21:05.38 |  |          |
|      | :05.48    |                              | :11.86   |         | :18.12   |           | :24.83   |      | :31.46   |      | :38.31   |      | :44.92   |      | :51.77   |      | :58.44   |      | :05.38   |  |          |
| 2000 | 22:12.13  | 2100                         | 23:18.98 | 2200    | 24:25.70 | 2300      | 25:32.47 | 2400 | 26:39.78 | 2500 | 27:46.85 | 2600 | 28:54.09 | 2700 | 30:01.52 | 2800 | 31:08.66 | 2900 | 32:15.57 |  |          |
|      | :12.13    |                              | :18.98   |         | :25.70   |           | :32.47   |      | :39.78   |      | :46.85   |      | :54.09   |      | :01.52   |      | :08.66   |      | :15.57   |  |          |
| 3000 | 33:19.23  |                              |          |         |          |           |          |      |          |      |          |      |          |      |          |      |          |      |          |  |          |
|      | :19.23    |                              |          |         |          |           |          |      |          |      |          |      |          |      |          |      |          |      |          |  |          |
| 3    | 053182810 | LORENZO SOTO IAGO            | 1992     | GALAICO | 14,0     |           |          |      |          |      |          |      |          |      |          |      |          |      |          |  |          |
| 50   | 33.45     | 100                          | 1:07.73  | 200     | 2:17.01  | 300       | 3:26.51  | 400  | 4:35.60  | 500  | 5:42.97  | 600  | 6:58.79  | 700  | 7:59.50  | 800  | 9:08.88  | 900  | 10:17.59 |  | 34:24.94 |
|      | 33.45     |                              | 34.28    |         | :17.01   |           | :26.51   |      | :35.60   |      | :42.97   |      | :58.79   |      | :59.50   |      | :08.88   |      | :17.59   |  |          |
| 1000 | 11:26.40  | 1100                         | 12:34.59 | 1200    | 13:43.89 | 1300      | 14:52.72 | 1400 | 16:01.70 | 1500 | 17:10.00 | 1600 | 18:18.72 | 1700 | 19:27.90 | 1800 | 20:36.90 | 1900 | 21:45.91 |  |          |
|      | :26.40    |                              | :34.59   |         | :43.89   |           | :52.72   |      | :01.70   |      | :10.00   |      | :18.72   |      | :27.90   |      | :36.90   |      | :45.91   |  |          |
| 2000 | 22:55.31  | 2100                         | 24:05.23 | 2200    | 25:15.10 | 2300      | 26:24.76 | 2400 | 27:34.50 | 2500 | 28:43.60 | 2600 | 29:52.75 | 2700 | 31:02.10 | 2800 | 32:10.74 | 2900 | 33:19.31 |  |          |
|      | :55.31    |                              | :05.23   |         | :15.10   |           | :24.76   |      | :34.50   |      | :43.60   |      | :52.75   |      | :02.10   |      | :10.74   |      | :19.31   |  |          |
| 3000 | 34:24.94  |                              |          |         |          |           |          |      |          |      |          |      |          |      |          |      |          |      |          |  |          |
|      | :24.94    |                              |          |         |          |           |          |      |          |      |          |      |          |      |          |      |          |      |          |  |          |
| 4    | 036169494 | ALVAREZ MARTINEZ FRANCISCO J | 1991     | GALAICO | 13,0     |           |          |      |          |      |          |      |          |      |          |      |          |      |          |  |          |
| 50   | 33.35     | 100                          | 1:06.54  | 200     | 2:14.14  | 300       | 3:22.00  | 400  | 4:30.79  | 500  | 5:39.38  | 600  | 6:47.86  | 700  | 7:56.60  | 800  | 9:05.29  | 900  | 10:13.82 |  | 34:28.00 |
|      | 33.35     |                              | 33.19    |         | :14.14   |           | :22.00   |      | :30.79   |      | :39.38   |      | :47.86   |      | :56.60   |      | :05.29   |      | :13.82   |  |          |
| 1000 | 11:23.08  | 1100                         | 12:32.64 | 1200    | 13:42.44 | 1300      | 14:52.64 | 1400 | 16:01.32 | 1500 | 17:09.70 | 1600 | 18:18.63 | 1700 | 19:27.10 | 1800 | 20:35.44 | 1900 | 21:44.05 |  |          |
|      | :23.08    |                              | :32.64   |         | :42.44   |           | :52.64   |      | :01.32   |      | :09.70   |      | :18.63   |      | :27.10   |      | :35.44   |      | :44.05   |  |          |
| 2000 | 22:52.95  | 2100                         | 24:01.83 | 2200    | 25:11.38 | 2300      | 26:20.41 | 2400 | 27:29.95 | 2500 | 28:39.95 | 2600 | 29:50.60 | 2700 | 31:00.82 | 2800 | 32:10.70 | 2900 | 33:20.32 |  |          |
|      | :52.95    |                              | :01.83   |         | :11.38   |           | :20.41   |      | :29.95   |      | :39.95   |      | :50.60   |      | :00.82   |      | :10.70   |      | :20.32   |  |          |
| 3000 | 34:28.00  |                              |          |         |          |           |          |      |          |      |          |      |          |      |          |      |          |      |          |  |          |
|      | :28.00    |                              |          |         |          |           |          |      |          |      |          |      |          |      |          |      |          |      |          |  |          |
| 5    | 991120663 | MARTINEZ CASTRO PEDRO        | 1993     | ARZUA   | 12,0     |           |          |      |          |      |          |      |          |      |          |      |          |      |          |  |          |
| 50   | 33.45     | 100                          | 1:07.91  | 200     | 2:17.11  | 300       | 3:26.50  | 400  | 4:36.55  | 500  | 5:46.52  | 600  | 6:56.40  | 700  | 8:06.89  | 800  | 9:16.82  | 900  | 10:26.94 |  | 34:37.99 |
|      | 33.45     |                              | 34.46    |         | :17.11   |           | :26.50   |      | :36.55   |      | :46.52   |      | :56.40   |      | :06.89   |      | :16.82   |      | :26.94   |  |          |
| 1000 | 11:36.20  | 1100                         | 12:45.62 | 1200    | 13:54.43 | 1300      | 15:03.47 | 1400 | 16:12.69 | 1500 | 17:21.70 | 1600 | 18:30.37 | 1700 | 19:39.12 | 1800 | 20:47.87 | 1900 | 21:57.05 |  |          |
|      | :36.20    |                              | :45.62   |         | :54.43   |           | :03.47   |      | :12.69   |      | :21.70   |      | :30.37   |      | :39.12   |      | :47.87   |      | :57.05   |  |          |
| 2000 | 23:06.38  | 2100                         | 24:15.40 | 2200    | 25:25.01 | 2300      | 26:35.80 | 2400 | 27:46.08 | 2500 | 28:55.51 | 2600 | 30:05.25 | 2700 | 31:13.74 | 2800 | 32:22.25 | 2900 | 33:31.12 |  |          |
|      | :06.38    |                              | :15.40   |         | :25.01   |           | :35.80   |      | :46.08   |      | :55.51   |      | :05.25   |      | :13.74   |      | :22.25   |      | :31.12   |  |          |
| 3000 | 34:37.99  |                              |          |         |          |           |          |      |          |      |          |      |          |      |          |      |          |      |          |  |          |
|      | :37.99    |                              |          |         |          |           |          |      |          |      |          |      |          |      |          |      |          |      |          |  |          |

 RT: Retirado  
 NP: Non presentado  
 DES: Descualificado  
 BAJ: Baixa

SW.RESULTADOS\_PRUEBA\_CA Información correcta a 10:43:08 03/11/2009

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**31/10/2009**
**LD JUNIOR MAS**

| RK   | Licencia  | Nombre                     |          |      |          |      |          |      |          |      |          | Año  | Club     | Pts. | Resultado |      |          |      |          |  |          |
|------|-----------|----------------------------|----------|------|----------|------|----------|------|----------|------|----------|------|----------|------|-----------|------|----------|------|----------|--|----------|
| 6    | 077404524 | FERNANDEZ NIETO CRISTIAN   |          |      |          |      |          |      |          |      |          | 1992 | GALAICO  | 0,0  |           |      |          |      |          |  |          |
| 50   | 33.83     | 100                        | 1:07.41  | 200  | 2:16.70  | 300  | 3:26.32  | 400  | 4:35.58  | 500  | 5:43.65  | 600  | 6:52.68  | 700  | 8:01.44   | 800  | 9:10.73  | 900  | 10:18.72 |  | 34:43.32 |
|      | 33.83     |                            | 33.58    |      | :16.70   |      | :26.32   |      | :35.58   |      | :43.65   |      | :52.68   |      | :01.44    |      | :10.73   |      | :18.72   |  |          |
| 1000 | 11:27.37  | 1100                       | 12:36.15 | 1200 | 13:45.90 | 1300 | 14:55.40 | 1400 | 16:04.90 | 1500 | 17:14.63 | 1600 | 18:25.15 | 1700 | 19:34.19  | 1800 | 20:44.25 | 1900 | 21:53.92 |  |          |
|      | :27.37    |                            | :36.15   |      | :45.90   |      | :55.40   |      | :04.90   |      | :14.63   |      | :25.15   |      | :34.19    |      | :44.25   |      | :53.92   |  |          |
| 2000 | 23:04.47  | 2100                       | 24:14.70 | 2200 | 25:25.22 | 2300 | 26:35.29 | 2400 | 27:45.86 | 2500 | 28:55.25 | 2600 | 30:05.69 | 2700 | 31:15.64  | 2800 | 32:26.19 | 2900 | 33:35.87 |  |          |
|      | :04.47    |                            | :14.70   |      | :25.22   |      | :35.29   |      | :45.86   |      | :55.25   |      | :05.69   |      | :15.64    |      | :26.19   |      | :35.87   |  |          |
| 3000 | 34:43.32  |                            |          |      |          |      |          |      |          |      |          |      |          |      |           |      |          |      |          |  |          |
|      | :43.32    |                            |          |      |          |      |          |      |          |      |          |      |          |      |           |      |          |      |          |  |          |
| 7    | 077461179 | PEREIRA IGLESIAS ERNESTO   |          |      |          |      |          |      |          |      |          | 1992 | GALAICO  | 0,0  |           |      |          |      |          |  |          |
| 50   | 33.48     | 100                        | 1:06.76  | 200  | 2:14.34  | 300  | 3:21.86  | 400  | 4:31.26  | 500  | 5:40.41  | 600  | 6:50.26  | 700  | 8:00.55   | 800  | 9:11.40  | 900  | 10:21.19 |  | 34:45.03 |
|      | 33.48     |                            | 33.28    |      | :14.34   |      | :21.86   |      | :31.26   |      | :40.41   |      | :50.26   |      | :00.55    |      | :11.40   |      | :21.19   |  |          |
| 1000 | 11:31.70  | 1100                       | 12:42.91 | 1200 | 13:52.33 | 1300 | 15:02.82 | 1400 | 16:12.40 | 1500 | 17:22.04 | 1600 | 18:30.76 | 1700 | 19:39.75  | 1800 | 20:49.37 | 1900 | 21:59.04 |  |          |
|      | :31.70    |                            | :42.91   |      | :52.33   |      | :02.82   |      | :12.40   |      | :22.04   |      | :30.76   |      | :39.75    |      | :49.37   |      | :59.04   |  |          |
| 2000 | 23:09.25  | 2100                       | 24:19.55 | 2200 | 25:30.69 | 2300 | 26:41.72 | 2400 | 27:51.65 | 2500 | 29:01.83 | 2600 | 30:11.01 | 2700 | 31:19.44  | 2800 | 32:29.01 | 2900 | 33:38.34 |  |          |
|      | :09.25    |                            | :19.55   |      | :30.69   |      | :41.72   |      | :51.65   |      | :01.83   |      | :11.01   |      | :19.44    |      | :29.01   |      | :38.34   |  |          |
| 3000 | 34:45.03  |                            |          |      |          |      |          |      |          |      |          |      |          |      |           |      |          |      |          |  |          |
|      | :45.03    |                            |          |      |          |      |          |      |          |      |          |      |          |      |           |      |          |      |          |  |          |
| 8    | 044484991 | BALSA PEREZ PALBO ROI      |          |      |          |      |          |      |          |      |          | 1991 | POURENSE | 11,0 |           |      |          |      |          |  |          |
| 50   | 33.81     | 100                        | 1:08.46  | 200  | 2:18.89  | 300  | 3:30.25  | 400  | 4:41.75  | 500  | 5:52.59  | 600  | 7:03.83  | 700  | 8:14.96   | 800  | 9:25.36  | 900  | 10:36.73 |  | 35:43.59 |
|      | 33.81     |                            | 34.65    |      | :18.89   |      | :30.25   |      | :41.75   |      | :52.59   |      | :03.83   |      | :14.96    |      | :25.36   |      | :36.73   |  |          |
| 1000 | 11:48.77  | 1100                       | 13:00.03 | 1200 | 14:12.69 | 1300 | 15:25.38 | 1400 | 16:37.15 | 1500 | 17:49.06 | 1600 | 19:00.75 | 1700 | 20:12.84  | 1800 | 21:25.15 | 1900 | 22:36.55 |  |          |
|      | :48.77    |                            | :00.03   |      | :12.69   |      | :25.38   |      | :37.15   |      | :49.06   |      | :00.75   |      | :12.84    |      | :25.15   |      | :36.55   |  |          |
| 2000 | 23:47.95  | 2100                       | 24:59.53 | 2200 | 26:10.59 | 2300 | 27:21.78 | 2400 | 28:33.09 | 2500 | 29:45.00 | 2600 | 30:56.93 | 2700 | 32:08.90  | 2800 | 33:21.65 | 2900 | 34:33.71 |  |          |
|      | :47.95    |                            | :59.53   |      | :10.59   |      | :21.78   |      | :33.09   |      | :45.00   |      | :56.93   |      | :08.90    |      | :21.65   |      | :33.71   |  |          |
| 3000 | 35:43.59  |                            |          |      |          |      |          |      |          |      |          |      |          |      |           |      |          |      |          |  |          |
|      | :43.59    |                            |          |      |          |      |          |      |          |      |          |      |          |      |           |      |          |      |          |  |          |
| 9    | 045871492 | GARCIA TORRES FRANCISCO    |          |      |          |      |          |      |          |      |          | 1993 | RIVEIRA  | 10,0 |           |      |          |      |          |  |          |
| 50   | 34.16     | 100                        | 1:09.21  | 200  | 2:18.68  | 300  | 3:28.38  | 400  | 4:38.50  | 500  | 5:48.56  | 600  | 6:58.01  | 700  | 8:07.53   | 800  | 9:17.58  | 900  | 10:37.86 |  | 36:18.34 |
|      | 34.16     |                            | 35.05    |      | :18.68   |      | :28.38   |      | :38.50   |      | :48.56   |      | :58.01   |      | :07.53    |      | :17.58   |      | :37.86   |  |          |
| 1000 | 11:38.86  | 1100                       | 12:49.33 | 1200 | 14:00.69 | 1300 | 15:13.95 | 1400 | 16:27.46 | 1500 | 17:41.15 | 1600 | 18:55.95 | 1700 | 20:10.28  | 1800 | 21:24.19 | 1900 | 22:38.47 |  |          |
|      | :38.86    |                            | :49.33   |      | :00.69   |      | :13.95   |      | :27.46   |      | :41.15   |      | :55.95   |      | :10.28    |      | :24.19   |      | :38.47   |  |          |
| 2000 | 23:53.06  | 2100                       | 25:07.95 | 2200 | 26:22.77 | 2300 | 27:37.36 | 2400 | 28:52.16 | 2500 | 30:07.36 | 2600 | 31:22.41 | 2700 | 32:37.79  | 2800 | 33:53.06 | 2900 | 35:07.46 |  |          |
|      | :53.06    |                            | :07.95   |      | :22.77   |      | :37.36   |      | :52.16   |      | :07.36   |      | :22.41   |      | :37.79    |      | :53.06   |      | :07.46   |  |          |
| 3000 | 36:18.34  |                            |          |      |          |      |          |      |          |      |          |      |          |      |           |      |          |      |          |  |          |
|      | :18.34    |                            |          |      |          |      |          |      |          |      |          |      |          |      |           |      |          |      |          |  |          |
| 10   | 076931043 | VILLAVERDE CORTEGOSO JULIO |          |      |          |      |          |      |          |      |          | 1992 | GALAICO  | 0,0  |           |      |          |      |          |  |          |
| 50   | 34.02     | 100                        | 1:09.19  | 200  | 2:20.64  | 300  | 3:31.95  | 400  | 4:43.69  | 500  | 5:55.95  | 600  | 7:08.69  | 700  | 8:21.02   | 800  | 9:33.05  | 900  | 10:45.95 |  | 36:20.00 |
|      | 34.02     |                            | 35.17    |      | :20.64   |      | :31.95   |      | :43.69   |      | :55.95   |      | :08.69   |      | :21.02    |      | :33.05   |      | :45.95   |  |          |
| 1000 | 11:58.32  | 1100                       | 13:11.33 | 1200 | 14:24.47 | 1300 | 15:38.11 | 1400 | 16:49.79 | 1500 | 18:03.12 | 1600 | 19:16.88 | 1700 | 20:30.26  | 1800 | 21:43.15 | 1900 | 22:56.04 |  |          |
|      | :58.32    |                            | :11.33   |      | :24.47   |      | :38.11   |      | :49.79   |      | :03.12   |      | :16.88   |      | :30.26    |      | :43.15   |      | :56.04   |  |          |
| 2000 | 24:09.29  | 2100                       | 25:22.51 | 2200 | 26:36.47 | 2300 | 27:49.29 | 2400 | 29:02.36 | 2500 | 30:15.23 | 2600 | 31:27.69 | 2700 | 32:40.19  | 2800 | 33:53.11 | 2900 | 35:06.72 |  |          |
|      | :09.29    |                            | :22.51   |      | :36.47   |      | :49.29   |      | :02.36   |      | :15.23   |      | :27.69   |      | :40.19    |      | :53.11   |      | :06.72   |  |          |
| 3000 | 36:20.00  |                            |          |      |          |      |          |      |          |      |          |      |          |      |           |      |          |      |          |  |          |
|      | :20.00    |                            |          |      |          |      |          |      |          |      |          |      |          |      |           |      |          |      |          |  |          |

 RT: Retirado  
 NP: Non presentado  
 DES: Descualificado  
 BAJ: Baixa

**CAMPEONATO GALEGO LONGA DISTANCIA, 31 DE OUTUBRO DE 2009**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**RIAS DO SUR**
**31/10/2009**
**LD JUNIOR MAS**

| RK   | Licencia  | Nombre                  | Año      | Club     | Pts.     | Resultado |          |      |          |      |          |      |          |      |          |      |          |      |          |  |          |
|------|-----------|-------------------------|----------|----------|----------|-----------|----------|------|----------|------|----------|------|----------|------|----------|------|----------|------|----------|--|----------|
| 11   | 047388996 | DEL RIO REGUEIRA MARCOS | 1993     | CARBALL  | 9,0      |           |          |      |          |      |          |      |          |      |          |      |          |      |          |  |          |
| 50   | 34.34     | 100                     | 1:09.14  | 200      | 2:21.29  | 300       | 3:33.60  | 400  | 4:47.26  | 500  | 6:00.19  | 600  | 7:13.27  | 700  | 8:25.94  | 800  | 9:38.94  | 900  | 10:51.03 |  | 36:55.78 |
|      | 34.34     |                         | 34.80    |          | :21.29   |           | :33.60   |      | :47.26   |      | :00.19   |      | :13.27   |      | :25.94   |      | :38.94   |      | :51.03   |  |          |
| 1000 | 12:02.87  | 1100                    | 13:15.43 | 1200     | 14:28.58 | 1300      | 15:41.81 | 1400 | 16:56.25 | 1500 | 18:10.85 | 1600 | 19:25.80 | 1700 | 20:41.95 | 1800 | 21:56.36 | 1900 | 23:11.51 |  |          |
|      | :02.87    |                         | :15.43   |          | :28.58   |           | :41.81   |      | :56.25   |      | :10.85   |      | :25.80   |      | :41.95   |      | :56.36   |      | :11.51   |  |          |
| 2000 | 24:26.80  | 2100                    | 25:41.43 | 2200     | 26:56.53 | 2300      | 28:11.61 | 2400 | 29:27.17 | 2500 | 30:41.65 | 2600 | 31:56.11 | 2700 | 33:11.85 | 2800 | 34:27.93 | 2900 | 35:43.62 |  |          |
|      | :26.80    |                         | :41.43   |          | :56.53   |           | :11.61   |      | :27.17   |      | :41.65   |      | :56.11   |      | :11.85   |      | :27.93   |      | :43.62   |  |          |
| 3000 | 36:55.78  |                         |          |          |          |           |          |      |          |      |          |      |          |      |          |      |          |      |          |  |          |
|      | :55.78    |                         |          |          |          |           |          |      |          |      |          |      |          |      |          |      |          |      |          |  |          |
| 12   | 077460362 | SANTOS ROSALES IGNACIO  | 1992     | GALAICO  | 0,0      |           |          |      |          |      |          |      |          |      |          |      |          |      |          |  |          |
| 50   | 34.32     | 100                     | 1:09.81  | 200      | 2:20.52  | 300       | 3:31.58  | 400  | 4:44.20  | 500  | 5:57.16  | 600  | 7:11.59  | 700  | 8:25.93  | 800  | 9:41.07  | 900  | 10:56.28 |  | 36:57.56 |
|      | 34.32     |                         | 35.49    |          | :20.52   |           | :31.58   |      | :44.20   |      | :57.16   |      | :11.59   |      | :25.93   |      | :41.07   |      | :56.28   |  |          |
| 1000 | 12:11.02  | 1100                    | 13:23.54 | 1200     | 14:37.37 | 1300      | 15:50.70 | 1400 | 17:04.49 | 1500 | 18:18.75 | 1600 | 19:33.53 | 1700 | 20:47.53 | 1800 | 22:01.56 | 1900 | 23:16.23 |  |          |
|      | :11.02    |                         | :23.54   |          | :37.37   |           | :50.70   |      | :04.49   |      | :18.75   |      | :33.53   |      | :47.53   |      | :01.56   |      | :16.23   |  |          |
| 2000 | 24:30.56  | 2100                    | 25:45.35 | 2200     | 27:00.28 | 2300      | 28:15.03 | 2400 | 29:29.97 | 2500 | 30:45.29 | 2600 | 32:00.47 | 2700 | 33:15.73 | 2800 | 34:30.59 | 2900 | 35:44.51 |  |          |
|      | :30.56    |                         | :45.35   |          | :00.28   |           | :15.03   |      | :29.97   |      | :45.29   |      | :00.47   |      | :15.73   |      | :30.59   |      | :44.51   |  |          |
| 3000 | 36:57.56  |                         |          |          |          |           |          |      |          |      |          |      |          |      |          |      |          |      |          |  |          |
|      | :57.56    |                         |          |          |          |           |          |      |          |      |          |      |          |      |          |      |          |      |          |  |          |
| 13   | 032716622 | PARDO JORGE             | 1992     | CNFERRO  | 8,0      |           |          |      |          |      |          |      |          |      |          |      |          |      |          |  |          |
| 50   | 35.84     | 100                     | 1:12.64  | 200      | 2:27.46  | 300       | 3:43.37  | 400  | 4:58.93  | 500  | 6:15.41  | 600  | 7:30.93  | 700  | 8:47.86  | 800  | 10:03.73 | 900  | 11:20.19 |  | 37:27.23 |
|      | 35.84     |                         | 36.80    |          | :27.46   |           | :43.37   |      | :58.93   |      | :15.41   |      | :30.93   |      | :47.86   |      | :03.73   |      | :20.19   |  |          |
| 1000 | 12:36.20  | 1100                    | 13:51.95 | 1200     | 15:08.22 | 1300      | 16:24.53 | 1400 | 17:40.80 | 1500 | 18:56.75 | 1600 | 20:13.55 | 1700 | 21:29.64 | 1800 | 22:46.40 | 1900 | 24:03.45 |  |          |
|      | :36.20    |                         | :51.95   |          | :08.22   |           | :24.53   |      | :40.80   |      | :56.75   |      | :13.55   |      | :29.64   |      | :46.40   |      | :03.45   |  |          |
| 2000 | 25:18.84  | 2100                    | 26:35.37 | 2200     | 27:52.09 | 2300      | 29:09.20 | 2400 | 30:26.70 | 2500 | 31:43.25 | 2600 | 33:00.31 | 2700 | 34:17.36 | 2800 | 35:33.98 | 2900 | 36:49.45 |  |          |
|      | :18.84    |                         | :35.37   |          | :52.09   |           | :09.20   |      | :26.70   |      | :43.25   |      | :00.31   |      | :17.36   |      | :33.98   |      | :49.45   |  |          |
| 3000 | 37:27.23  |                         |          |          |          |           |          |      |          |      |          |      |          |      |          |      |          |      |          |  |          |
|      | :27.23    |                         |          |          |          |           |          |      |          |      |          |      |          |      |          |      |          |      |          |  |          |
|      | 035591745 | VALDES REY ENOL         | 1993     | CNXOVE   | 0,0      |           |          |      |          |      |          |      |          |      |          |      |          |      |          |  |          |
|      |           |                         |          |          |          |           |          |      |          |      |          |      |          |      |          |      |          |      |          |  | BAJ      |
|      | 044479752 | SUAREZ GARCIA MARIO     | 1993     | POURENSE | 0,0      |           |          |      |          |      |          |      |          |      |          |      |          |      |          |  |          |
|      |           |                         |          |          |          |           |          |      |          |      |          |      |          |      |          |      |          |      |          |  | BAJ      |

 RT: Retirado  
 NP: Non presentado

 DES: Descualificado  
 BAJ: Baixa

SW.RESULTADOS\_PRUEBA\_CA Información correcta a 10:43:08 03/11/2009

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