

**CAMPEONATO GALEGO LONGA DISTANCIA, 31 DE OUTUBRO DE 2009**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**RIAS DO SUR**
**31/10/2009**
**LDABS FEM**

RK	Licencia	Nombre										Año	Club	Pts.	Resultado						
1	077420795	VILARIÑO GARCIA XENIA										1991	GALAICO	19,0							
50	32.97	100	1:06.78	200	2:14.89	300	3:23.73	400	4:32.36	500	5:40.99	600	6:48.96	700	7:56.67	800	9:04.58	900	10:12.79		34:35.84
	32.97		33.81		:14.89		:23.73		:32.36		:40.99		:48.96		:56.67		:04.58		:12.79		
1000	11:21.44	1100	12:30.22	1200	13:39.15	1300	14:47.94	1400	15:57.12	1500	17:06.28	1600	18:15.37	1700	19:25.07	1800	20:33.98	1900	21:43.72		
	:21.44		:30.22		:39.15		:47.94		:57.12		:06.28		:15.37		:25.07		:33.98		:43.72		
2000	22:54.39	2100	24:03.91	2200	25:14.48	2300	26:24.66	2400	27:34.39	2500	28:44.69	2600	29:54.75	2700	31:04.80	2800	32:15.04	2900	33:25.22		
	:54.39		:03.91		:14.48		:24.66		:34.39		:44.69		:54.75		:04.80		:15.04		:25.22		
3000	34:35.84																				
	:35.84																				
2	044733600	GARCIA PARDAVILA IRIA										1991	GALAICO	16,0							
50	30.75	100	1:05.15	200	2:13.93	300	3:22.65	400	4:31.36	500	5:40.15	600	6:48.37	700	7:57.37	800	9:07.05	900	10:17.18		35:00.58
	30.75		34.40		:13.93		:22.65		:31.36		:40.15		:48.37		:57.37		:07.05		:17.18		
1000	11:27.88	1100	12:38.44	1200	13:50.66	1300	15:01.24	1400	16:12.00	1500	17:22.80	1600	18:33.41	1700	19:44.12	1800	20:55.18	1900	22:06.00		
	:27.88		:38.44		:50.66		:01.24		:12.00		:22.80		:33.41		:44.12		:55.18		:06.00		
2000	23:17.12	2100	25:03.51	2200	25:38.63	2300	26:49.13	2400	27:59.91	2500	29:10.49	2600	30:21.00	2700	31:31.75	2800	32:42.10	2900	33:52.50		
	:17.12		:03.51		:38.63		:49.13		:59.91		:10.49		:21.00		:31.75		:42.10		:52.50		
3000	35:00.58																				
	:00.58																				
3	032714463	MIER RAZIEL										1991	CNFERRO	14,0							
50	37.85	100	1:16.78	200	2:34.63	300	3:53.41	400	5:13.07	500	6:30.89	600	7:50.03	700	9:09.22	800	10:29.11	900	11:49.16		39:38.34
	37.85		38.93		:34.63		:53.41		:13.07		:30.89		:50.03		:09.22		:29.11		:49.16		
1000	13:09.41	1100	14:28.62	1200	15:48.50	1300	17:08.11	1400	18:28.61	1500	19:49.24	1600	21:09.80	1700	22:29.53	1800	23:49.99	1900	25:11.03		
	:09.41		:28.62		:48.50		:08.11		:28.61		:49.24		:09.80		:29.53		:49.99		:11.03		
2000	26:30.15	2100	27:49.25	2200	29:08.40	2300	30:27.81	2400	31:40.90	2500	33:06.25	2600	34:25.62	2700	35:45.09	2800	37:02.84	2900	38:21.94		
	:30.15		:49.25		:08.40		:27.81		:40.90		:06.25		:25.62		:45.09		:02.84		:19.94		
3000	39:38.34																				
	:38.34																				

 RT: Retirado  
 NP: Non presentado  
 DES: Descualificado  
 BAJ: Baixa

**CAMPEONATO GALEGO LONGA DISTANCIA, 31 DE OUTUBRO DE 2009**

Datos técnicos: Piscina de 25 m., Cronometraje Manual

**RIAS DO SUR**
**31/10/2009**
**LD JUNIOR FEM**

RK	Licencia	Nombre										Año	Club	Pts.	Resultado
1	077464997	GOMEZ CORTES BEATRIZ										1994	GALAICO	19,0	
50	33.21	1:07.69	2:18.47	3:29.19	4:40.20	5:51.25	7:02.39	8:13.15	9:24.24	10:35.91				35:22.75	
	33.21	34.48	18.47	29.19	40.20	51.25	02.39	13.15	24.24	35.91					
1000	11:46.63	12:57.36	14:08.12	15:18.85	16:29.86	17:41.48	18:52.77	20:03.89	21:14.64	22:25.61					
	46.63	57.36	08.12	18.85	29.86	41.48	52.77	03.89	14.64	25.61					
2000	23:37.14	24:47.42	25:57.44	27:07.98	28:18.86	29:29.80	30:40.50	31:50.93	33:02.11	34:13.15					
	37.14	47.42	57.44	07.98	18.86	29.80	40.50	50.93	02.11	13.15					
3000	35:22.75														
	22.75														
2	044659339	PIMENTEL PEREZ LAURA										1993	POURENSE	16,0	
50	33.02	1:06.92	2:15.87	3:25.19	4:35.07	5:45.25	6:55.66	8:06.13	9:16.43	10:27.60				35:41.74	
	33.02	33.90	15.87	25.19	35.07	45.25	55.66	06.13	16.43	27.60					
1000	11:38.82	12:49.93	14:01.39	15:12.98	16:24.60	17:36.10	18:47.88	19:59.84	21:11.33	22:23.20					
	38.82	49.93	01.39	12.98	24.60	36.10	47.88	59.84	11.33	23.20					
2000	23:35.77	24:48.09	25:59.55	27:12.16	28:25.06	29:38.29	30:51.15	32:04.69	33:17.74	34:30.71					
	35.77	48.09	59.55	12.16	25.06	38.29	51.15	04.69	17.74	30.71					
3000	35:41.74														
	41.74														
3	047436594	LOPEZ SOUTO ALBA										1993	NCORUÑA	14,0	
50	33.09	1:07.38	2:16.57	3:26.32	4:36.27	5:46.84	6:57.88	8:08.95	9:20.50	10:32.54				36:04.19	
	33.09	34.29	16.57	26.32	36.27	46.84	57.88	08.95	20.50	32.54					
1000	11:44.69	12:57.01	14:09.76	15:22.83	16:35.81	17:49.05	19:02.66	20:16.42	21:29.21	22:42.58					
	44.69	57.01	09.76	22.83	35.81	49.05	02.66	16.42	29.21	42.58					
2000	23:56.18	25:09.34	26:22.45	27:38.65	28:51.79	30:03.54	31:16.33	32:29.86	33:41.69	34:53.96					
	56.18	09.34	22.45	38.65	51.79	03.54	16.33	29.86	41.69	53.96					
3000	36:04.19														
	04.19														
4	044664302	ALVAREZ LIZ IRIA										1993	POURENSE	13,0	
50	33.86	1:08.72	2:18.70	3:28.77	4:39.00	5:49.89	7:00.89	8:12.08	9:22.58	10:33.49				36:23.09	
	33.86	34.86	18.70	28.77	39.00	49.89	00.89	12.08	22.58	33.49					
1000	11:43.78	12:55.15	14:06.57	15:19.07	16:31.60	17:44.66	18:58.25	20:12.29	21:25.95	22:40.48					
	43.78	55.15	06.57	19.07	31.60	44.66	58.25	12.29	25.95	40.48					
2000	23:54.57	25:08.16	26:22.64	27:37.08	28:50.59	30:05.44	31:20.39	32:36.01	33:52.22	35:09.42					
	54.57	08.16	22.64	37.08	50.59	05.44	20.39	36.01	52.22	09.42					
3000	36:23.09														
	23.09														
5	053795250	PARADA SUAREZ ANA										1994	RIVEIRA	12,0	
50	34.55	1:10.17	2:21.33	3:32.94	4:45.00	5:57.36	7:09.59	8:22.11	9:35.21	10:48.39				36:39.82	
	34.55	35.62	21.33	32.94	45.00	57.36	09.59	22.11	35.21	48.39					
1000	12:01.10	13:14.67	14:27.68	15:40.96	16:55.12	18:09.54	19:23.18	20:36.78	21:50.82	23:04.71					
	01.10	14.67	27.68	40.96	55.12	09.54	23.18	36.78	50.82	04.71					
2000	24:18.39	25:32.43	26:46.72	28:01.43	29:15.96	30:31.18	31:45.24	32:59.24	34:13.04	35:27.54					
	18.39	32.43	46.72	01.43	15.96	31.18	45.24	59.24	13.04	27.54					
3000	36:39.82														
	39.82														

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Datos técnicos: Piscina de 25 m., Cronometraje Manual

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**31/10/2009**
**LD JUNIOR FEM**

RK	Licencia	Nombre	Año	Club	Pts.	Resultado															
6	044655718	RAÑA RUIZ ISABEL	1992	POURENSE	0,0																
50	35.81	100	1:13.16	200	2:27.57	300	3:42.36	400	4:57.27	500	6:13.77	600	7:29.31	700	8:44.74	800	10:00.38	900	11:16.09		38:07.15
	35.81		37.35		27.57		42.36		57.27		13.77		29.31		44.74		00.38		16.09		
1000	12:31.90	1100	13:48.56	1200	15:05.80	1300	16:22.96	1400	17:40.40	1500	18:57.87	1600	20:13.60	1700	21:30.48	1800	22:47.59	1900	24:04.25		
	:31.90		:48.56		:05.80		:22.96		:40.40		:57.87		:13.60		:30.48		:47.59		:04.25		
2000	25:21.06	2100	26:37.81	2200	27:54.80	2300	29:10.66	2400	30:26.77	2500	31:43.41	2600	33:00.37	2700	34:17.50	2800	35:34.86	2900	36:51.84		
	:21.06		:37.81		:54.80		:10.66		:26.77		:43.41		:00.37		:17.50		:34.86		:51.84		
3000	38:07.15																				
	:07.15																				
7	048110420	IGLESIAS RODRIGUEZ BEATRIZ	1994	NCORUÑA	11,0																
50	35.26	100	1:11.00	200	2:23.70	300	3:37.29	400	4:51.07	500	6:05.80	600	7:20.01	700	8:35.35	800	9:50.10	900	11:05.42		38:09.60
	35.26		35.74		23.70		37.29		51.07		05.80		20.01		35.35		50.10		05.42		
1000	12:21.11	1100	13:36.67	1200	14:53.11	1300	16:09.79	1400	17:27.01	1500	18:44.15	1600	20:01.20	1700	21:17.88	1800	22:35.14	1900	23:52.82		
	:21.11		:36.67		:53.11		:09.79		:27.01		:44.15		:01.20		:17.88		:35.14		:52.82		
2000	25:10.92	2100	26:29.14	2200	27:47.77	2300	29:06.20	2400	30:24.24	2500	31:41.77	2600	32:59.63	2700	34:16.55	2800	35:35.35	2900	36:50.11		
	:10.92		:29.14		:47.77		:06.20		:24.24		:41.77		:59.63		:16.55		:35.35		:50.11		
3000	38:09.60																				
	:09.60																				
8	032708842	SANCHEZ FATIMA	1994	CNFERRO	10,0																
50	35.62	100	1:13.12	200	2:28.37	300	3:42.86	400	4:57.83	500	6:13.57	600	7:28.54	700	8:44.61	800	10:00.17	900	11:16.83		38:20.72
	35.62		37.50		28.37		42.86		57.83		13.57		28.54		44.61		00.17		16.83		
1000	12:32.65	1100	13:48.82	1200	15:06.34	1300	16:23.31	1400	17:40.78	1500	18:58.72	1600	20:15.26	1700	21:32.70	1800	22:49.89	1900	24:09.86		
	:32.65		:48.82		:06.34		:23.31		:40.78		:58.72		:15.26		:32.70		:49.89		:09.86		
2000	25:22.11	2100	26:38.40	2200	27:55.35	2300	29:12.40	2400	30:30.40	2500	31:50.02	2600	33:08.40	2700	34:26.40	2800	35:44.86	2900	37:03.40		
	:22.11		:38.40		:55.35		:12.40		:30.40		:50.02		:08.40		:26.40		:44.86		:03.40		
3000	38:20.72																				
	:20.72																				
9	076735172	GARCIA OTERO PAULA	1994	POURENSE	0,0																
50	37.13	100	1:16.60	200	2:36.19	300	3:56.26	400	5:16.60	500	6:36.79	600	7:58.28	700	9:20.20	800	10:42.13	900	12:04.75		41:23.59
	37.13		39.47		36.19		56.26		16.60		36.79		58.28		20.20		42.13		04.75		
1000	14:49.47	1100	16:12.65	1200	17:35.54	1300	18:59.44	1400	20:23.35	1500	21:47.79	1600	23:11.59	1700	24:35.65	1800	25:59.79				
	:49.47		:12.65		:35.54		:59.44		:23.35		:47.79		:11.59		:35.65		:59.79				
2000	27:23.78	2100	28:48.07	2200	30:12.50	2300	31:37.14	2400	33:02.29	2500	34:17.75	2600	35:50.94	2700	37:14.97	2800	38:38.87	2900	40:02.26		
	:23.78		:48.07		:12.50		:37.14		:02.29		:17.75		:50.94		:14.97		:38.87		:02.26		
3000	41:23.59																				
	:23.59																				
	079343053	NEBRIL SONIA	1994	CNFERRO	0,0																
																					RT

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