

CAMPEONATO GALEGO LONGA DISTANCIA, 31 DE OUTUBRO DE 2009

Datos técnicos: Piscina de 25 m., Cronometraje Manual

RIAS DO SUR
31/10/2009
LD Inf FEM

RK	Licencia	Nombre	Año	Club	Pts.	Resultado																
1	053795247	LAGO AROBES YUDITH	1995	RIVEIRA	19,0																	
	50	35.85	100	1:12.51	200	2:24.79	300	3:36.92	400	4:49.17	500	6:01.41	600	7:13.15	700	8:24.99	800	9:36.79	900	10:48.99		24:04.29
		35.85		36.66		24.79		36.92		49.17		01.41		13.15		24.99		36.79		48.99		
	1000	12:01.24	1100	13:13.99	1200	14:26.52	1300	15:39.38	1400	16:51.99	1500	18:04.20	1600	19:17.03	1700	20:29.63	1800	21:41.57	1900	22:54.73		
		:01.24		:13.99		:26.52		:39.38		:51.99		:04.20		:17.03		:29.63		:41.57		:54.73		
	3000	24:04.29																				
		:04.29																				
2	053480735	BLANCO BERMUDEZ YAIZA	1995	RIVEIRA	16,0																	
	50	36.24	100	1:13.22	200	2:27.24	300	3:41.31	400	4:55.15	500	6:09.39	600	7:22.78	700	8:36.75	800	9:48.87	900	11:00.96		24:21.68
		36.24		36.98		:27.24		:41.31		:55.15		:09.39		:22.78		:36.75		:48.87		:00.96		
	1000	12:13.29	1100	13:26.29	1200	14:39.45	1300	15:52.47	1400	17:05.45	1500	18:18.21	1600	19:30.69	1700	20:43.46	1800	21:57.18	1900	23:10.94		
		:13.29		:26.29		:39.45		:52.47		:05.45		:18.21		:30.69		:43.46		:57.18		:10.94		
	3000	24:21.68																				
		:21.68																				
3	053190503	ROMERO ALVAREZ CARLA	1995	GALAICO	14,0																	
	50	35.71	100	1:12.33	200	2:25.42	300	3:37.46	400	4:50.02	500	6:02.71	600	7:15.15	700	8:27.74	800	9:41.01	900	10:54.51		24:29.21
		35.71		36.62		:25.42		:37.46		:50.02		:02.71		:15.15		:27.74		:41.01		:54.51		
	1000	12:08.37	1100	13:21.52	1200	14:34.83	1300	15:48.55	1400	17:02.75	1500	18:16.84	1600	19:30.36	1700	20:44.52	1800	21:59.51	1900	23:15.13		
		:08.37		:21.52		:34.83		:48.55		:02.75		:16.84		:30.36		:44.52		:59.51		:15.13		
	3000	24:29.21																				
		:29.21																				
4	047439904	SAKULSKI OTERO COSIMA	1995	NCORUÑA	13,0																	
	50	36.58	100	1:14.34	200	2:29.29	300	3:45.34	400	5:01.78	500	6:18.24	600	7:35.13	700	8:52.81	800	10:10.40	900	11:28.13		25:32.26
		36.58		37.76		:29.29		:45.34		:01.78		:18.24		:35.13		:52.81		:10.40		:28.13		
	1000	12:45.78	1100	14:03.78	1200	15:21.46	1300	16:38.90	1400	17:55.66	1500	19:12.00	1600	20:28.61	1700	21:45.88	1800	23:02.50	1900	24:19.61		
		:45.78		:03.78		:21.46		:38.90		:55.66		:12.00		:28.61		:45.88		:02.50		:19.61		
	3000	25:32.26																				
		:32.26																				
5	047435160	GALLARDO DE ARTAZA MARIA	1995	CDELMAR	12,0																	
	50	36.24	100	1:13.48	200	2:28.13	300	3:43.97	400	5:00.28	500	6:16.38	600	7:32.73	700	8:49.28	800	10:06.55	900	11:23.72		25:39.57
		36.24		37.24		:28.13		:43.97		:00.28		:16.38		:32.73		:49.28		:06.55		:23.72		
	1000	12:41.94	1100	14:00.47	1200	15:18.91	1300	16:37.40	1400	17:56.29	1500	19:14.99	1600	20:32.73	1700	21:50.32	1800	23:07.97	1900	24:24.92		
		:41.94		:00.47		:18.91		:37.40		:56.29		:14.99		:32.73		:50.32		:07.97		:24.92		
	3000	25:39.57																				
		:39.57																				
6	053119103	GARCIA COBAS NURIA	1995	GALAICO	11,0																	
	50	36.29	100	1:13.69	200	2:29.14	300	3:45.10	400	5:01.24	500	6:16.36	600	7:31.97	700	8:49.13	800	10:06.44	900	11:24.22		25:56.25
		36.29		37.40		:29.14		:45.10		:01.24		:16.36		:31.97		:49.13		:06.44		:24.22		
	1000	12:42.80	1100	14:00.14	1200	15:19.45	1300	16:37.36	1400	17:55.80	1500	19:16.54	1600	20:36.41	1700	21:58.22	1800	23:20.22	1900	25:19.14		
		:42.80		:00.14		:19.45		:37.36		:55.80		:16.54		:36.41		:58.22		:20.22		:19.14		
	3000	25:56.25																				
		:56.25																				
7	053795269	FERNANDEZ PAZ SABELA	1995	RIVEIRA	0,0																	
	50	37.53	100	1:17.25	200	2:37.25	300	3:58.32	400		500	6:37.31	600	7:57.21	700	9:16.88	800	10:37.13	900	11:57.21		26:04.69
		37.53		39.72		:37.25		:58.32				:37.31		:57.21		:16.88		:37.13		:57.21		
	1000	13:18.53	1100	14:38.34	1200	15:59.58	1300	17:21.48	1400	18:42.65	1500	20:01.60	1600	21:21.80	1700	22:41.37	1800	24:02.81	1900	25:23.61		
		:18.53		:38.34		:59.58		:21.48		:42.65		:01.60		:21.80		:41.37		:02.81		:23.61		
	3000	26:04.69																				
		:04.69																				

 RT: Retirado
 NP: Non presentado
 DES: Descualificado
 BAJ: Baixa

MSW.RESULTADOS_PRUEBA_CA Información correcta a 13:18:16 02/11/2009

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CAMPEONATO GALEGO LONGA DISTANCIA, 31 DE OUTUBRO DE 2009

Datos técnicos: Piscina de 25 m., Cronometraje Manual

RIAS DO SUR
31/10/2009
LD Inf FEM

RK	Licencia	Nombre																		Año	Club	Pts.	Resultado
8	053796643	OTERO PEREZ LAURA																		1995	RIVEIRA	0,0	
		50	36.73	100	1:14.44	200	2:31.54	300	3:48.96	400	5:06.66	500	6:24.79	600	7:42.96	700	9:01.56	800	10:19.71	900	11:38.51	26:07.89	
			36.73		37.71		:31.54		:48.96		:06.66		:24.79		:42.96		:01.56		:19.71		:38.51		
		1000	12:57.66	1100	14:17.12	1200	15:37.60	1300	16:57.34	1400	18:17.07	1500	19:36.14	1600	20:54.79	1700	22:15.29	1800	23:34.85	1900	24:52.00		
			:57.66		:17.12		:37.60		:57.34		:17.07		:36.14		:54.79		:15.29		:34.85		:52.00		
		3000	26:07.89																				
			:07.89																				
9	044659381	SANTISO PRADO ANA MARIA																		1996	POURENSE	10,0	
		50	37.48	100	1:16.20	200	2:34.60	300	3:53.00	400	5:10.80	500	6:28.20	600	7:45.70	700	9:03.00	800	10:21.10	900	11:39.50	26:12.40	
			37.48		38.72		:34.60		:53.00		:10.80		:28.20		:45.70		:03.00		:21.10		:39.50		
		1000	12:57.40	1100	14:15.90	1200	15:34.10	1300	16:53.20	1400	18:12.90	1500	19:32.70	1600	20:52.10	1700	22:12.20	1800	23:32.40	1900	24:53.10		
			:57.40		:15.90		:34.10		:53.20		:12.90		:32.70		:52.10		:12.20		:32.40		:53.10		
		3000	26:12.40																				
			:12.40																				
10	032724472	SANTALLA LAURA																		1996	CNFERRO	9,0	
		50	38.07	100	1:18.08	200	2:38.07	300	3:58.86	400	5:20.53	500	6:42.08	600	8:04.29	700	9:25.09	800	10:46.45	900	12:05.56	26:36.00	
			38.07		40.01		:38.07		:58.86		:20.53		:42.08		:04.29		:25.09		:46.45		:05.56		
		1000	13:26.17	1100	14:45.68	1200	16:05.39	1300	17:24.40	1400	18:43.35	1500	20:02.61	1600	21:21.70	1700	22:41.41	1800	24:00.35	1900	25:19.40		
			:26.17		:45.68		:05.39		:24.40		:43.35		:02.61		:21.70		:41.41		:00.35		:19.40		
		3000	26:36.00																				
			:36.00																				
11	032724473	LOPEZ NEREA																		1995	CNFERRO	8,0	
		50	38.00	100	1:17.59	200	2:38.00	300	3:58.84	400	5:20.28	500	6:42.00	600	8:04.23	700	9:25.44	800	10:47.03	900	12:08.20	27:37.20	
			38.00		39.59		:38.00		:58.84		:20.28		:42.00		:04.23		:25.44		:47.03		:08.20		
		1000	13:30.28	1100	14:53.21	1200	16:17.04	1300	17:41.10	1400	19:05.88	1500	20:31.14	1600	21:57.00	1700	23:22.60	1800	24:47.54	1900	26:13.19		
			:30.28		:53.21		:17.04		:41.10		:05.88		:31.14		:57.00		:22.60		:47.54		:13.19		
		3000	27:37.20																				
			:37.20																				
12	032719840	SANJURJO MUÑIZ CLAUDIA																		1996	CMARINA	7,0	
		50	37.91	100	1:17.73	200	2:38.86	300	4:00.93	400	5:24.47	500	6:48.93	600	8:12.86	700	9:37.62	800	11:02.26	900	12:27.86	28:01.83	
			37.91		39.82		:38.86		:00.93		:24.47		:48.93		:12.86		:37.62		:02.26		:27.86		
		1000	13:53.08	1100	15:18.48	1200	16:43.42	1300	18:08.55	1400	19:33.54	1500	21:00.04	1600	22:24.79	1700	23:50.36	1800	25:17.18	1900	26:42.79		
			:53.08		:18.48		:43.42		:08.55		:33.54		:00.04		:24.79		:50.36		:17.18		:42.79		
		3000	28:01.83																				
			:01.83																				
13	077009195	CASTRO PEREZ MARTA																		1995	NPONTEA	6,0	
		50	38.43	100	1:18.05	200	2:40.03	300	4:03.43	400	5:26.90	500	6:50.38	600	8:14.07	700	9:39.10	800	11:03.33	900	12:29.22	28:18.72	
			38.43		39.62		:40.03		:03.43		:26.90		:50.38		:14.07		:39.10		:03.33		:29.22		
		1000	13:57.03	1100	15:23.65	1200	16:49.61	1300	18:17.53	1400	19:44.43	1500	21:11.14	1600	22:38.01	1700	24:04.90	1800	25:32.50	1900	26:56.50		
			:57.03		:23.65		:49.61		:17.53		:44.43		:11.14		:38.01		:04.90		:32.50		:56.50		
		3000	28:18.72																				
			:18.72																				
14	032713030	TRASANCOS SILVIA																		1996	CNFERRO	0,0	
		50	38.72	100	1:19.52	200	3:27.33	300	4:11.18	400	5:38.47	500	7:07.47	600	8:37.24	700	10:08.03	800	11:38.30	900	13:09.55	30:33.97	
			38.72		40.80		:27.33		:11.18		:38.47		:07.47		:37.24		:08.03		:38.30		:09.55		
		1000	14:42.53	1100	16:18.37	1200	17:51.92	1300	19:28.20	1400	21:07.71	1500	22:45.43	1600	24:22.00	1700	25:38.31	1800	27:32.33	1900	29:04.44		
			:42.53		:18.37		:51.92		:28.20		:07.71		:45.43		:22.00		:38.31		:32.33		:04.44		
		3000	30:33.97																				
			:33.97																				

 RT: Retirado
 NP: Non presentado
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 BAJ: Baixa

SW.RESULTADOS_PRUEBA_CA Información correcta a 13:18:16 02/11/2009

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