



## X SPANISH OPEN SWIMMING CHAMPIONSHIPS P.50M

### Málaga, 2-5 abril 2009

- 1. DATES :** 02-05 of April 2009  
**2. PLACE:** Málaga.  
**Pool :** Municipal Swimming Center - 50 m., 10 lanes.  
**3. AGES :** All ages

#### 4. PROGRAM

| Thursday, 02.April.2009<br>Heats   | Friday, 03.April.2009<br>Heats   | Saturday, 04.April.2009<br>Heats   | Sunday, 05.April.2009<br>Heats   |
|--|--|--|--|
| 01- 50 Freestyle M.<br>02- 50 Freestyle W.<br>03- 100 Breaststroke M.<br>04- 100 Breaststroke W.<br>05- 200 Butterfly M.<br>06- 200 Butterfly W.<br>07- 200 Backstroke M.<br>08- 200 Backstroke W.<br>09- 1500 Freestyle M.<br>10- 800 Freestyle W.  | 11- 50 Backstroke W.<br>12- 50 Backstroke M.<br>13- 100 Butterfly W.<br>14- 100 Butterfly M.<br>15- 400 Indv. Medley W.<br>16- 400 Indv. Medley M.<br>17- 200 Freestyle W.<br>18- 200 Freestyle M.   | 19- 50 Breaststroke M.<br>20- 50 Breaststroke W.<br>21- 100 Freestyle M.<br>22- 100 Freestyle W.<br>23- 100 Backstroke M.<br>24- 100 Backstroke W.<br>25- 800 Freestyle M. C/R<br>26- 1500 Freestyle W. C/R  | 27- 50 Butterfly W.<br>28- 50 Butterfly M.<br>29- 200 Breaststroke W.<br>30- 200 Breaststroke M.<br>31- 400 Freestyle W.<br>32- 400 Freestyle M.<br>33- 200 Indv. Medley W.<br>34- 200 Indv. Medley M.   |
| Thursday , 02.April.2009<br>Semis&Finales  | Friday, 03.April.2009<br>Semis&Finales   | Saturday, 04.April .2009<br>Semis&Finales  | Sunday 05.April.2009<br>Semis&Finales  |
| 201- 50 Freestyle M. SEMIFINALS<br>202- 50 Freestyle W. SEMIFINALS<br>203- 100 Breaststroke M. SEMIFINALS<br>204- 100 Breaststroke W SEMIFINALS<br>105- 200 Butterfly M. A-B FINALS<br>106- 200 Butterfly W. A-B FINALS<br>107- 200 Backstroke M. A-B FINALS<br>108- 200 Backstroke W. A-B FINALS<br>09- 1500 Freestyle M. Last HEAT<br>10- 800 Freestyle W. Last HEAT<br>101- 50 Freestyle M. FINAL<br>102- 50 Freestyle W. FINAL | 211- 50 Backstroke W SEMIFINALS<br>212- 50 Backstroke M. SEMIFINALS<br>213- 100 Butterfly W. SEMIFINALS<br>214- 100 Butterfly M. SEMIFINALS<br>104- 100 Breaststroke W. FINAL<br>103- 100 Breaststroke M. FINAL<br>115- 400 Indv. Medley W omen. A FINAL<br>116- 400 Indv. Medley M. A FINAL<br>117- 200 Freestyle W. A-B FINALS<br>118- 200 Freestyle M. A-B FINALS<br>111- 50 Backstroke W. FINAL<br>112- 50 Backstroke M. FINAL | 219- 50 Breaststroke M. SEMIFINALS<br>220- 50 Breaststroke W SEMIFINALS<br>221- 100 Freestyle M. SEMIFINALS<br>222- 100 Freestyle W. SEMIFINALS<br>223- 100 Backstroke M. SEMIFINALS<br>224- 100 Backstroke W. SEMIFINALS<br>25- 800 Freestyle M. Last HEAT<br>26- 1500 Freestyle W. Last HEAT<br>114- 100 Butterfly M. FINAL<br>113- 100 Butterfly W. FINAL<br>119- 50 Breaststroke M. FINAL<br>120- 50 Breaststroke W. FINAL | 227- 50 Butterfly W. SEMIFINALS<br>228- 50 Butterfly M. SEMIFINALS<br>131- 400 Freestyle W. A FINAL<br>132- 400 Freestyle M. A FINAL<br>129- 200 Breaststroke W. A-B FINALS<br>130- 200 Breaststroke M. A-B FINALS<br>124- 100 Backstroke W. FINAL<br>123- 100 Backstroke M. FINAL<br>122- 100 Freestyle W. FINAL<br>121- 100 Freestyle M. FINAL<br>133- 200 Indv. Medley W. A-B FINALS<br>134- 200 Indv. Medley M. A-B FINALS<br>127- 50 Butterfly W. FINAL<br>128- 50 Butterfly M. FINAL |

#### 5. ENTRY

**5.1.** Every swimmer may take part in a maximum of FOUR individual events, provided that the swimmer has the minimum qualification standards.

#### **5.2 Deadline for entries**

Entries should be in hands of the Royal Spanish Swimming Federation (Juan Esplandiu 1, 28007 Madrid) **by March 24, 2009 Tuesday**, at 12:00 hours. Late entries will not be accepted.

Late entries or not duly filled will be sent back to sender.





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### 6. PARTICIPATION

- 6.1. Each club/national team will be able to enter as much swimmers as they wish, but always following the present rules.
- 6.2. Only swimmers with the minimum qualification standards will be accepted (From July 1, 2008 to March 22, 2009)

### 7. COMPETITION RULES : Heats, semi-finals (50-100) and finals

- 7.1. Heats in 50, 100 200 and 400 m. events, the last two heats will be swum according to the FINA Rules SW.3. The rest will be swum on a timed final basis.
- 7.2. **50 and 100m events:** Two semi-finals will be made with the 16 best performances of the heats.

In both Semifinals, the participation of swimmers not eligible for the Spanish team will be limited to four per event and in the finals to two per event, **except the events of 100m men and women where the Final will be only composed of swimmers eligible for the Spanish team.**

**200 m events:** A Final "A" will be made with the 8 best performances and a Final "B" with the 8 following which will be swum in the evening session.

In both finals, the participation of swimmers not eligible for the Spanish team will be limited to two per event/final, **except the events of 200m freestyle men and women where the FINAL "A" will be only composed of swimmers eligible for the Spanish team.**

**400 m events:** Only one final will be made with the 8 best performances of the heats, with a maximum of 2 swimmers who are not eligible for participation with the Spanish team.

**800-1500 events:** It will be swum on a timed final basis. Heats with the 8 best entry times of each event will be swum in the evening session according to the program. The rest, in the morning session.

- 7.3. Two alternates will be selected to each final.
- 7.4. A final qualification for youth and under (male born in 1989 and after and female 1991 and after), will be made based on the results of the heats.

### 8. QUALIFICATION PER CLUBS

There will not be a qualification for clubs

### 9. AWARDS

**Individuals:** Medals of gold, silver and bronze for the first, second and third qualified, in each event.





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#### 10. Minimum standards

Minimum qualification standards got from the 1 of July 2008 till the 22 of March 2009.

Minimum qualification standards referred to Long Course times.

| SPANISH OPEN SWIMMING CHAMPIONSHIPS 2009 |      |          |                              |          |                              |
|--|------|----------|------------------------------|----------|------------------------------|
|  |      | MEN      |                              | WOMEN    |                              |
|  |      | SENIOR   | YOUTH<br>(1989 and<br>under) | SENIOR   | YOUTH<br>(1991 and<br>under) |
| FREE                                     | 50   | 0:24,05  | 0:24,60                      | 0:27,73  | 0:28,14                      |
|  | 100  | 0:52,80  | 0:53,65                      | 0:59,66  | 1:00,54                      |
|  | 200  | 1:56,55  | 1:58,35                      | 2:08,71  | 2:10,60                      |
|  | 400  | 4:06,33  | 4:10,00                      | 4:30,22  | 4:34,20                      |
|  | 800  | 8:41,33  | 8:50,10                      | 9:19,00  | 9:26,97                      |
|  | 1500 | 16:32,00 | 16:48,84                     | 17:57,00 | 18:14,00                     |
| BACK                                     | 50   | 0:28,21  | 0:28,68                      | 0:32,13  | 0:32,60                      |
|  | 100  | 1:00,40  | 1:01,40                      | 1:08,01  | 1:09,00                      |
|  | 200  | 2:12,70  | 2:14,80                      | 2:27,11  | 2:29,23                      |
| BREAST                                   | 50   | 0:30,20  | 0:30,85                      | 0:35,30  | 0:35,91                      |
|  | 100  | 1:07,45  | 1:08,68                      | 1:16,89  | 1:17,95                      |
|  | 200  | 2:28,00  | 2:30,45                      | 2:46,51  | 2:48,80                      |
| FLY                                      | 50   | 0:25,75  | 0:26,35                      | 0:29,74  | 0:30,18                      |
|  | 100  | 0:57,88  | 0:58,87                      | 1:06,10  | 1:07,08                      |
|  | 200  | 2:10,82  | 2:12,70                      | 2:26,61  | 2:28,60                      |
| MEDLEY                                   | 200  | 2:13,15  | 2:15,39                      | 2:27,26  | 2:29,42                      |
|  | 400  | 4:44,90  | 4:49,00                      | 5:09,03  | 5:13,55                      |

### ENTRY FORM MEN





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|                        |                    |
|------------------------|--------------------|
| <b>CLUB:</b>           | <b>FEDERATION:</b> |
| <b>Contact person:</b> | <b>Phone:</b>      |
|                        | <b>Fax:</b>        |

|               | Year of Birth | Event | Nº | Best Time | 25 or 50 meters Pool | Date | Place |
|---------------|---------------|-------|----|-----------|----------------------|------|-------|
| Name _____    |               |       |    |           |                      |      |       |
| Surname _____ |               |       |    |           |                      |      |       |
| Name _____    |               |       |    |           |                      |      |       |
| Surname _____ |               |       |    |           |                      |      |       |
| Name _____    |               |       |    |           |                      |      |       |
| Surname _____ |               |       |    |           |                      |      |       |
| Name _____    |               |       |    |           |                      |      |       |
| Surname _____ |               |       |    |           |                      |      |       |
| Name _____    |               |       |    |           |                      |      |       |
| Surname _____ |               |       |    |           |                      |      |       |
| Name _____    |               |       |    |           |                      |      |       |
| Surname _____ |               |       |    |           |                      |      |       |

**Entries should be sent by 12:00 h. of March 24th, 2009**

**Retur to:** REAL FEDERACION ESPAÑOLA DE NATACION  
 C/ Juan Esplandiu, 1 Fax.: +34 91.409.70.62  
 28007 MADRID (Spain) Phone: +34 91.557.20.06  
 e-mail: [rfen@rfen.es](mailto:rfen@rfen.es)

**ENTRY FORM WOMEN**





**X SPANISH OPEN SWIMMING CHAMPIONSHIPS P.50M**  
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|                        |                    |
|------------------------|--------------------|
| <b>CLUB:</b>           | <b>FEDERATION:</b> |
| <b>Contact person:</b> | <b>Phone:</b>      |
|                        | <b>Fax:</b>        |

|               | Year of Birth | Event | Nº | Best Time | 25 or 50 m Pool | Date | Place |
|---------------|---------------|-------|----|-----------|-----------------|------|-------|
| Name _____    |               |       |    |           |                 |      |       |
| Surname _____ |               |       |    |           |                 |      |       |
| Name _____    |               |       |    |           |                 |      |       |
| Surname _____ |               |       |    |           |                 |      |       |
| Name _____    |               |       |    |           |                 |      |       |
| Surname _____ |               |       |    |           |                 |      |       |
| Name _____    |               |       |    |           |                 |      |       |
| Surname _____ |               |       |    |           |                 |      |       |
| Name _____    |               |       |    |           |                 |      |       |
| Surname _____ |               |       |    |           |                 |      |       |
| Name _____    |               |       |    |           |                 |      |       |
| Surname _____ |               |       |    |           |                 |      |       |
| Name _____    |               |       |    |           |                 |      |       |
| Surname _____ |               |       |    |           |                 |      |       |
| Name _____    |               |       |    |           |                 |      |       |
| Surname _____ |               |       |    |           |                 |      |       |

**Entries should be sent by 12:00 h. of March 24th, 2009**

**Return to:** REAL FEDERACION ESPAÑOLA DE NATACION  
 C/ Juan Esplandiú, 1  
 28007 MADRID (Spain)

Fax.: +34 91.409.70.62  
 Phone: +34 91.557.20.06

e-mail: [rfen@rfen.es](mailto:rfen@rfen.es)

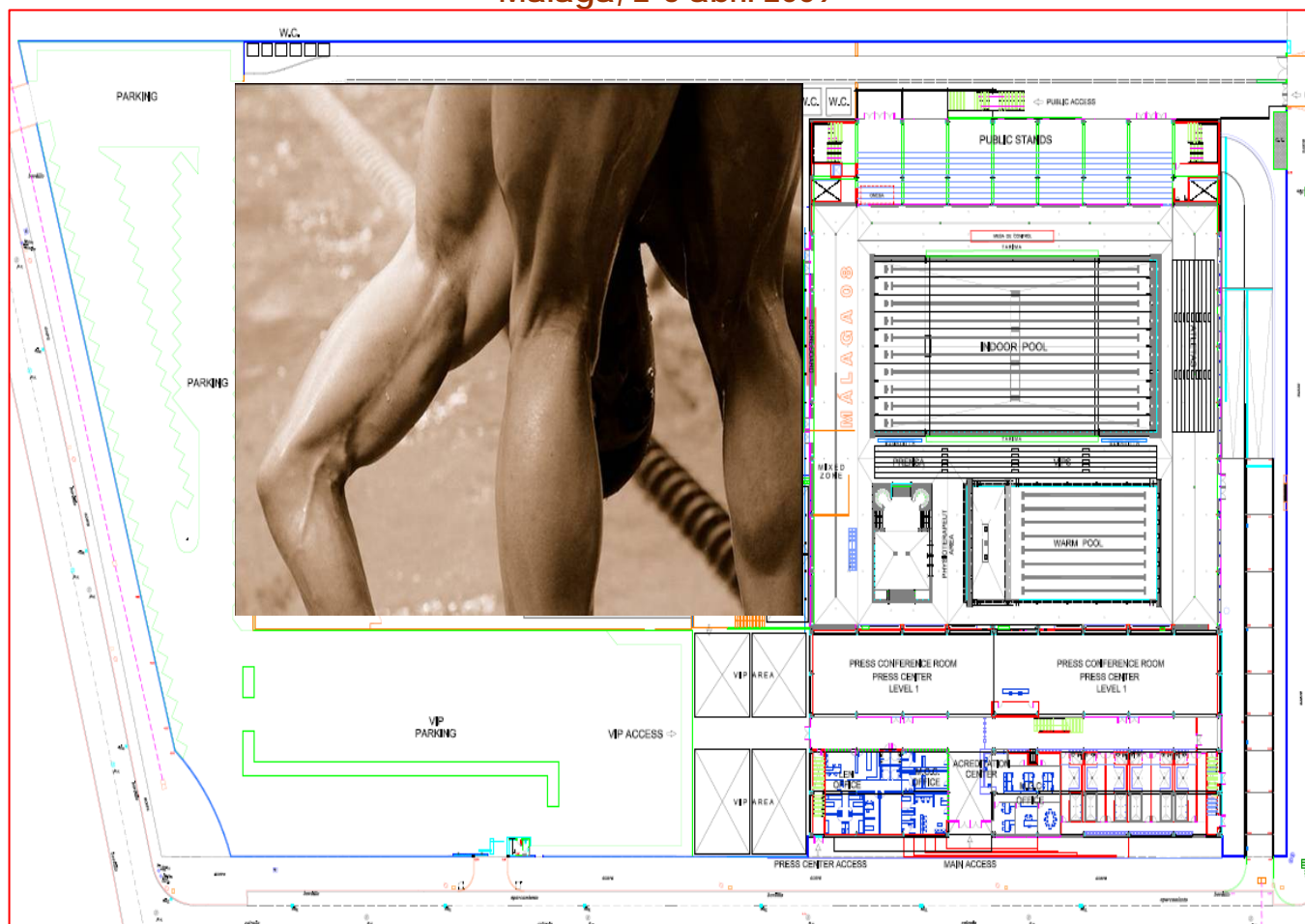
**PLAN OF THE VENUE**



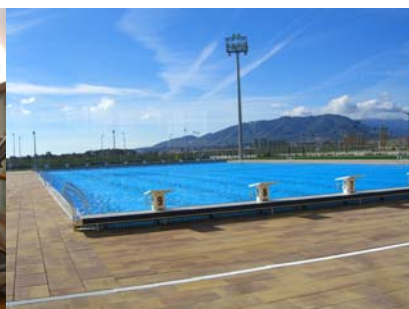


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Stands with capacity for 1500 persons.  
Fixed Stands for audience: 860 seats  
Stands for Athletes: 600 seats  
Vips and authorities  
Media



## ACCOMMODATION







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The travel Agency **Carlson Wagon Lit Travel** (Fax: +34 91 724 99 40 – Phone: +34 91 724 99 50 e-mail: [ncorrales@carlsonwagonlit.es](mailto:ncorrales@carlsonwagonlit.es)) makes the following proposal for the accommodation of the Teams.

**Prices per person/day in full board (7% Taxes included)**

### HOTELS

#### Silken Puerta Málaga\*\*\*\*

|             |             |
|-------------|-------------|
| Single Room | 107,82 euro |
| Double Room | 81,00 euro  |
| Triple Room | 61,00 euro  |

#### Tryp Guadalmar\*\*\*\*

|             |             |
|-------------|-------------|
| Single Room | 119,30 euro |
| Double Room | 93,09 euro  |

#### Tryp Alameda\*\*\*\*

|             |             |
|-------------|-------------|
| Single Room | 119,30 euro |
| Double Room | 93,09 euro  |

#### Novotel\*\*\*\*

|             |             |
|-------------|-------------|
| Single Room | 100,00 euro |
| Double Room | 73,00 euro  |

#### Vincci Málaga \*\*\*\*

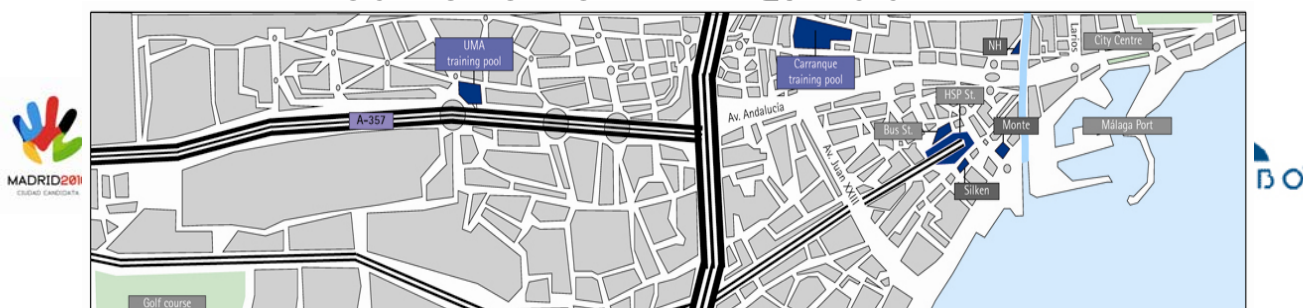
|             |            |
|-------------|------------|
| Single Room | 95,00 euro |
| Double Room | 75,00 euro |
| Triple Room | 50,00 euro |

### Transfer (Optional)

|          |                                    |
|----------|------------------------------------|
| 08:30 h. | Hotels in Málaga to Aquatic Center |
| 13:00 h. | Aquatic Center to Hotels in Malaga |
| 15:00 h. | Hotels in Málaga to Aquatic Center |
| 20:00 h. | Aquatic Center to Hotels in Malaga |

**Total Price 600 € day/bus**

### LOCATION OF HOTEL AND AQUATIC CENTER





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3

4

5

2

← Aquatic Center

1

1.-Trip Guadalmar / 2.- Novotel / 3.- Tryp Alameda / 4.- Silken / 5.-Vincci

